

Calendar

Early deadline

Deadline for news and advertising for the, Thurs., July 6 edition of the Haskell Free Press will be Thurs., June 29 at 5 p.m. The Free Press office will be closed Tues., July 4.

Story time

Haskell Co. Library will hold four school age story times, in cooperation with the Haskell CISD summer program, on July 13 and July 20 at 9:30 a.m. The theme is 'Reading-Sport of Champions.' For more information, call 864-2747.

Old Glory days

Old Glory Days will be held from noon until 11 p.m. July 1 in Old Glory. The 7th annual celebration will feature a parade, flag raising, auction, bingo, egg toss, bike games, horseshoe tournament, food, fireworks and a dance. For information call 940-989-3609 or 817-281-3273.

Burn ban issued

A burn ban is in effect for Haskell County. The use of combustible materials in an outdoor environment by any person is prohibited. Combustible materials specifically include, but are not limited to, fireworks, camp fires, welding and any other pyrotechnic material, which in the manner or means of its use could result in a wildfire. The ban will continue until conditions warrant otherwise, stated Haskell County Judge David C. Davis. A person who knowingly or intentionally violates this order commits a Class C misdemeanor, punishable by a fine of up to \$500.

Open house

A new church, Church in the Wind, will host an open house July 1, 2, 3, and 4 at 203 S. First St. East in Haskell, said pastor C.C. Curran, former outlaw biker. A bike blessing will be held Sat. and Sun at 1 p.m. followed by a barbecue beginning at 2:30 p.m. Tom and Glenda Stanley are music directors. Fellowship will be held each Sunday at 5 p.m. followed by church services at 6. A Bible class will be held Tuesdays at 7:30 p.m. Call 864-3505 for more information.

July 4th parade

The fourth annual Fourth of July Scott Memorial Park Anchor Marina Parade is set Sat., July 1 at Lake Stamford at 7 p.m. Parade registration and line up will begin at 6 p.m. and end at 6:45. The parade entries may be decorated golf carts, wagons, mowers, bicycles, tricycles, scooters, power chairs or any slow moving vehicle. All golf carts must have a licensed driver on board. Donations will benefit the Scott Memorial Park Storm Cellar Improvement Fund. Prizes will be awarded.

Page family visit

The David Page family will be welcomed during a brief visit to Haskell by a finger food fellowship meal at East Side Baptist Church Sat., July 1 from 6 to 8 p.m. The family will be sharing their experiences since leaving Haskell.

Enchilada dinner

A benefit enchilada dinner for Tabitha Lerma will be held Fri., June 30 from 11 a.m. to 2 p.m. at St. George Catholic Church hall. Cost is \$5 per plate. Call 864-3171 or 256-2366 for deliveries.

Society to meet

The Haskell County Historical & Genealogical Society will meet Mon., July 10 in Haskell City Hall at 7 p.m.

Index

Around Town Page 3
Out of the Past Page 4
Summer menus Page 8
Classifieds Pages 8-9

Have a safe Fourth of July

The Haskell Free Press

VOL. 120-NO. 26, ©JUNE 29, 2006

"The People's Choice"

10 PAGES-ONE SECTION-75 CENTS



TOURNAMENT CHAMPIONS—Displaying their trophy after taking first place in the Quad-County Baseball League tournament in Anson, are the Haskell Pony League Team members and coaches. Top row, l-r, are Coach Ben Benton, Ethan Frierson, Tucker

McCormick, Jacob Rodriguez, Scotty Rodriguez, Coach Carlos Rodriguez, A. J. Benton and Coach Sam Rodriguez. Front row, Steven Fillmon, Tyler Rodriguez, Ricky Barrett, James Williams, John English and D. J. Macias. Not pictured is Simon Rodriguez.

Haskell Pony league team wins tournament

The Haskell Pony League Team, one of ten teams in the Quad-County Baseball League, won 1st place in the tournament held in Anson, June 22-24.

After losing to Knox City in the first game, the Haskell team went on to win all the rest of its games, taking top honors. Haskell's Steven Fillmon was named MVP.

Daily scores for the local team were:

Thurs., Haskell vs Knox City, 7-10; Haskell vs Rotan, 4-1.

Fri., Haskell vs Stamford Bulldogs, 16-10; Haskell vs Knox City, 13-9.

Sat., Haskell vs Hamlin, 16-13; Haskell vs Stamford Astros, 20-9; Haskell vs Anson Braves, 20-10; Haskell vs Anson Braves, 7-6.

Coaches for the local team are Ben Benton, Sam Rodriguez and Carlos Rodriguez.

Annual Singing School to be held July 9-14 at Haskell Church of Christ

The 41st Annual Haskell Singing School, hosted by the Haskell Church of Christ, will be held July 9-14 at

the local church facility.

Approximately 150 youth, ages ten years and up, and adults from

several states, are expected to attend. The theme of this year's event will be "Famous One."

Most of the students will stay with host families who provide lodging and meals, but local students can stay in their own homes, and their expense will be a minimal cost of \$30.00, which covers materials and five noon meals.

Six outstanding instructors from around the country will teach students skills in reading music, voice, song writing, harmony, song leading and worship.

Classes will be conducted, based on musical ability, from 8:45 a.m. until 3:45 p.m., with a break until 7:00 p.m.

An area-wide Summer Youth Program will be hosted at 6:30 p.m. on Tues., July 11, and a closing acapella singing program, open to the public, will be presented at 6:30 p.m. Fri., July 14.

For information, or to register, call the church office at 864-3101.

City Council holds meeting

At the Haskell City Council regular meeting, held Mon., June 26, Mayor Ken Lane called the meeting to order. The invocation was given by Bob Smith.

The Haskell County Appraisal District's proposed budget was approved.

The matter of a request to close the alley between 103 N. Ave. M and 105 N. Ave. M, was tabled until a later date.

The request by Randy Hise, Chairman of Haskell Economic Development Corporation, was approved for doing an audit of revenue bonds and certificates of obligation for the city in Denver, Colorado.

The adding of W.L. Wolf to the Haskell Country Club Board was approved.

Tabled until a later date was the possible purchase of property on the west side of Haskell.

The open meeting and Public Information Act training was tentatively set for Tues., July 11, from 2:00 to 4:00 p.m.

In City Administrator Brandon Anderson's report, he said the city has hired three high school aged boys for summer employment. Carl Dean Thomas has reached his three month trial period, is working out great, and upon approval of his supervisors, he will be retained by the city.

He also reported that the city will be having a public hearing in July to discuss the Texas Capital Fund Project grant to improve the infrastructure around the area of the new assisted living center.

A copy of the current city ordinances was given to the council members for review and for making possible changes on certain ordinances that may need to be

changed. A report was also made on the order given by the county, prohibiting certain fireworks in certain areas of Haskell County.

Model airplane FlyIn draws large crowd

The annual Texas Chiefs Open House FlyIn, held Sat., June 24, at the Haskell Model Airport, quickly turned into a reunion, as many friends and ex-club members showed up.

Although not as much flying was done as usual at the event, everyone had a good time, with a lot of memories being recalled during the day.

Training models, sports models, scale models and sailplanes were on display, and most were flown. Regrettably, no military designs were present.

David Brilley of Anson was

awarded a plaque for the Best Civilian Aircraft, a CAP 32 Aerobatic design with a large "weedeater" type engine. Corey Mize, young son of club members, Jennifer and Wade Mize, received a kit for a radio control model. Jim Bevel, of Plainview, received an almost-ready-to-fly model.

At noon a delicious meal was prepared and served by wives of the club members.

With this year's event enjoying some of the best weather conditions it has had in years, the group is already planning for next year.

Sr. roping to be held

The Senior Calf Roping Association will host a July 4th celebration tie down and breakaway roping at the Howard Hopkins Memorial Arena in Haskell Fri., June 30 and Sun., July 2.

Events on Friday will include: 4 p.m.: 45 years and over, tie down and breakaway; 6 p.m.: 65 years and over, tie down and breakaway; and 8 p.m.: 55 years and over, tie down

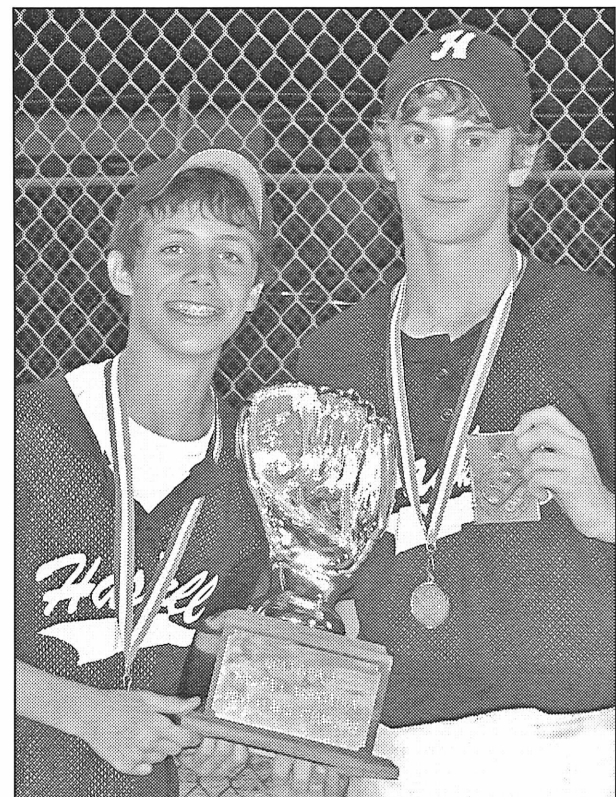
and breakaway. Events on Sunday will include:

8 a.m.: 65 years and over, tie down and breakaway;

10 a.m.: 55 years and over, tie down and breakaway; and

12 noon: 45 years and over, tie down and breakaway.

Average winners will receive buckles in each event on both days. Ladies breakaway high point buckle over both days.



PONY LEAGUE WINNERS—John English, left, and Steven Fillmon, right, fifteen-year-old members of the Haskell team, hold the trophy the team was awarded as winners of the Quad-County Baseball League tournament in Anson. Fillmon holds his award for being named MVP for the tournament.

FOR NEWS ITEMS OR TO SUBSCRIBE, CALL 864-2686

Enjoy your trip; don't take 'rage' on the road

Now that summer travel season is here, experts from Texas Cooperative Extension urge drivers to watch out for a danger that's becoming more common every year.

Aggressive driving—sometimes called 'road rage' in its more extreme forms—can be a killer, said Bev Kellner of Extension's Passenger Safety program.

The phenomenon isn't new. A study by the AAA Foundation for

Traffic Safety found that between January 1990 and Sept. 1, 1996, 218 people were killed and 12,610 were injured because of aggressive driving, Kellner said. Of these victims, 94 were younger than 15.

Aggressive driving can affect any driver, any time, anywhere, Kellner said. Examples can include tailgating, passing on the wrong side, and weaving in and out of traffic.

Aggressive driving can cause

collisions and personal attacks, as well as fines of up to \$200, which can increase insurance rates, she said.

More severe cases can involve verbal abuse and even physical violence. A recent news report tells of a driver who allegedly was so enraged at being cut off in traffic that he chased the offending car into a cemetery, where he crashed into a mausoleum and died. (<http://www.msnbc.msn.com/id/13139663/>)

"Driving is not a contest," Kellner said. "It's not about winning. You can't control the drivers around you. You can control only the way you react to them."

The Texas Department of Transportation and the Network of Employers for Traffic Safety offered some tips:

- Be cautious and considerate when driving. Follow the rules of the road, such as using the passing lane only when passing, signaling when changing lanes, pulling over and stopping to use your cell phone, and using only one space when parking.
- Don't tailgate.
- If you are traveling in the left lane

and someone wants to pass you, move over and let the other vehicle through.

• Don't make inappropriate gestures or honk your horn unnecessarily.

• Avoid eye contact with other drivers.

• Give angry drivers plenty of room and put as much distance as possible between yourself and the angry driver.

• If you find yourself in a situation with an angry driver, try to keep things calm. Don't challenge angry drivers or react in any way. If necessary, get the other vehicle's license number and report the encounter to police.

Triggers for aggressive driving are often trivial and may include loud music, slow driving or failure to use a turn signal, said Terri Miller, director of Extension's Safe Communities project.

"These disputes are rarely the result of a single incident, but rather are the cumulative result of a series of stressors in the motorist's life," she said. "It's often just the last straw."

To help prevent reaching that 'last straw' in the first place, Miller suggested stress-reducing driving practices such as listening to soothing music, adjusting your seat for maximum comfort and allowing plenty of travel time.

"Before reacting to another driver's mistake, ask yourself: How many times have I made the same mistake?" Miller said.

"Remember, your car is not a tank, it is not bulletproof and the truly

aggressive driver may follow you home. And finally, is an impulsive action worth ruining the rest of your life?"

Kellner suggested taking the 'Are You an Aggressive Driver' quiz at <http://www.aaafoundation.org/>

quizzes/index.cfm?button=aggressive.

For more information on this and other safety issues, visit Extension's Family and Consumer Sciences Web site at <http://fcs.tamu.edu/> and click on the link to Safety.

Weather Whys

Tornadoes By State

Q: In what state do most tornadoes form?

A: The answer is Texas, because of its sheer size and location, says Brent McRoberts of Texas A&M University.

"Data from the National Weather Service shows that from 1950-1994, Texas had more than 5,400 tornadoes," McRoberts explains. "That's twice as many as the second-place state, Oklahoma, which recorded 2,300, while Kansas had 2,110 and Florida had 2009. By contrast, Alaska reported only 1 tornado in that time period."

Q: Why does Texas have so many?

A: Because of its large land area and its closeness to the Gulf of Mexico, he says.

"The warm waters of the Gulf put a lot of moisture into the air, and when cold fronts hit Texas, this can create violent weather and often, many tornadoes," he adds.

"Tornadoes can have winds that approach 300 miles per hour. But it's believed Oklahoma City has been hit by more tornadoes than any other major city. Weather experts estimate

it has been hit at least 100 times by tornadoes since records were kept over the past century."

Tornadoes Around the World

Q: You never hear much about tornadoes happening in other countries. Do they occur all over the world?

A: The answer is yes, says Brent McRoberts of Texas A&M University.

"The reason you hear so much about tornadoes in the United States is because we have so many, by far the most in the world," he points out. "Each year, there are about 1,200 tornadoes that form in the U.S. That compares with only about 80 per year in Canada and only about 20 per year in Australia. There are documented reports of tornadoes occurring in every continent except Antarctica. Oddly, The Netherlands has the greatest incidence of tornadoes anywhere on Earth when you consider relative land size."

Q: What are some other places in the world that have tornadoes?

A: There have been some strong tornadoes reported in South America, McRoberts adds.

"In 1973 a tornado hit Argentina that killed 54 people and was unusually strong for that part of the world," he reports. "Also that year, a tornado did some heavy damage in Brazil. A series of tornadoes hit Bangladesh, located near India, in 1996 that killed more than 600 people and injured 12,000. And Germany has reported more than 500 tornadoes since 1900. There are probably more tornadoes worldwide than we know about because in many countries, the actual confirmation and reporting of a tornado tends to be very sketchy."

BERNARD E. GODLEY, INC.
TAX SERVICE AND BOOKKEEPING
 Specializing in Farm, Ranch & Agri-business
 Over 35 Years Experience
940-889-8809
 98 Hill Drive • Seymour, Texas
 Fax 940-889-4908

Make sure your vehicle is getting the best gas mileage possible!



Come by Haskell Tire & Appliance for a free tire pressure check!

Haskell Tire & Appliance
 206 S. Ave. E • 864-2900

BURN BAN IN EFFECT



DYLAN DEAN

Small Town Musician Hits it BIG!

Coming from the heart of the small North Central Texas town of Throckmorton, Dylan Dean is a rising songwriter, singer, who successfully connects with his audience through the soul of his music, touching the senses; sometimes funny, sometimes sad, but always from the heart of soul.

It all began on a hot, sultry July morning in 1973, with the sound of an old upright piano ringing out from a small ranch house in Western Knox County.

Old-time gospel hymns filled the air as Doris Dean Anderson poured her heart and soul into every note she played. Her six-year-old grandson, Robbie Dean Anderson, Jr., perched quietly and attentively beside her, watched the move of every finger. Consumed with the art of the piano, he took her place at the ivories when she left to go out to work in her garden. Carefully finding each note, he reproduced the melodies played by his grandmother, and continued to work hard with the old piano, spending every possible minute trying to copy the sound of music she made.

Some things have changed after thirty-three years, but many are still the same. His piano playing has evolved with time, as he adds his own flavor and style, mixing it with other flavors of such greats as Floyd Cramer, Jerry Lee Lewis, Billy Powell and Mickey Gilley. He has changed his name to Dylan Dean, but his country roots and gospel piano style can still be heard around the country. He also plays acoustic, being mostly self taught, yet giving his dad, Robbie Anderson, Sr. a lot of credit for his guitar work.

But, the real driving force behind this fast-moving musical train is Dean's song writing ability. Whether playing in a large stage production with his band, or seated quietly in his backyard playing for family and friends, Dylan Dean is truly an accomplished showman and lover of Texas music, who is rapidly making a mark as an entertainer.

'Steals the show at recent Judfest and Boomtown Musical Festival in Burkburnett!'

Newly Released CD "Last Call"

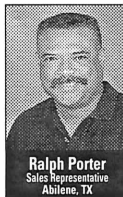
Keep Secondary Worm Pests Under Control in Cotton

Loopers, armyworms and saltmarsh caterpillars can cause extensive damage to cotton plants and a headache for growers because of their year-to-year appearance.

When a population strikes, **Intrepid® 2F insecticide** is effective in controlling these pests. At labeled rates, Intrepid reduces the percent of leaf defoliation. In addition, Intrepid:

- Provides residual effectiveness on treated foliage for at least 14 days
- Contains the active ingredient methoxyfenozide, which mimics the natural insect molting hormone in targeted pests, causing a premature, lethal molt of the larvae within hours of ingestion
- Is selective, so it allows growers to maintain populations of key beneficial insects such as ladybeetles, parasitic wasps and honeybees
- Is ideal for use in Integrated Pest Management and Insect Resistance Management programs.

To learn more about Intrepid and other Dow AgroSciences cotton protection products, see your local ag retailer or visit www.ProtectMyCotton.com.



Ralph Porter
Sales Representative
Abilene, TX

Dow AgroSciences

Trademark of Dow AgroSciences LLC
Always read and follow label directions.
www.FarmSmart.com

Many thyroid diseases go undiagnosed

by Jane Rowan
CEA/FCS, Haskell County

Diseases of the thyroid gland are very common, affecting millions of Americans. In fact, 27 million Americans have overactive or underactive thyroid glands but more than half remain undiagnosed. Of those that are diagnosed, 80 percent are women. The incidence of underactive thyroid increases with age: by age 60, as many as 17 percent of women and 9 percent of men have an underactive thyroid.

The thyroid gland is one of the endocrine glands, which make hormones to regulate body function. It is a small, butterfly-shaped gland found just below the Adam's apple. The thyroid gland manufactures thyroid hormone, which influences essentially every organ, tissue and cell in the body. In short, if the thyroid does not work properly, neither do you. If left untreated, thyroid disease may cause elevated cholesterol levels and subsequent heart disease, infertility, muscle weakness, osteoporosis and, in extreme cases, coma or death, among other things.

The most common diseases are an over- or under-active gland. These conditions are called hyperthyroidism (overactive) and hypothyroidism (underactive). The

thyroid's activity level is related to the amount of thyroid hormone it produces. Sometimes the thyroid gland can become enlarged from either hyper- or hypothyroidism. An enlarged thyroid gland is often called a "goiter." Additionally, patients may develop lumps or masses in their thyroid glands, which may appear gradually or very rapidly. A health care professional should evaluate all lumps or masses associated with the thyroid gland.

The following symptoms are commonly associated with hyper- and hypothyroidism:

Common symptoms of hyperthyroidism:

- Heat intolerance
- Sweating
- Weight loss
- Altered appetite
- Frequent bowel movements
- Changes in vision
- Fatigue and muscle weakness
- Sleep disturbances
- Tremors

Common symptoms of hypothyroidism:

- Fatigue
- Forgetfulness
- Depression
- Dry, course hair
- Mood swings
- Weight gain
- Hoarse voice

- Dry, course skin
- Constipation

While thyroid disorders are fairly easy to diagnose, often signs and symptoms of a thyroid disorder are overlooked because they resemble so many other conditions. Remind your health provider to check your thyroid on your next office visit.

The diagnosis of a thyroid abnormality is made, in part, by taking a medical history and a physical examination. Specifically, your health provider will examine your neck and ask you to lift up your chin to make your thyroid gland more prominent. You may be asked to swallow during the examination, which helps to feel the thyroid and any mass that may be in it. Other tests your health provider may order include, but are not limited to

- an ultrasound examination of your neck and thyroid
- blood tests to determine the level of thyroid hormone in the blood
- a radioactive thyroid scan

If a lump in your thyroid is

diagnosed, your health provider may recommend a fine needle aspiration biopsy. This is a safe, relatively painless procedure. This test gives the health provider more information on the nature of the lump in your thyroid gland and specifically will help to differentiate a benign from a malignant thyroid mass.

Abnormalities of thyroid function (hyper- or hypothyroidism) are usually treated with prescription medications. If there is insufficient production of thyroid hormone, you may be directed by your health provider to take a pill to supplement your thyroid hormone production. Hyperthyroidism is treated mostly by medical means, but occasionally it may require the surgical removal of the thyroid gland or inactivation of the gland using radioactive iodine.

For more information, contact your County Extension Agent. You may also find additional information from the American Thyroid Association: <http://www.thyroid.org>.

Rochester Methodist Church disbands

One hundred years ago, in 1906, the Methodist Church was established in Rochester.

Sun., July 9, at 2:00 p.m., after being an important part of the life of many community families through the years, it will close its doors as a congregation in a bittersweet event marked by a special service and reception.

In a move made necessary by changing population relocations and shifts in the Rochester population during the last two years, the members recently voted to discontinue

operating as a local church group. The members will now be welcomed a part of the First United Methodist Church of Haskell.

The United Methodist Northwest Texas Conference District Superintendent, Rev. Ava Berry, of Abilene, said the district is exploring the possibility of maintaining the building and property as a future retreat center or training events facility for the region.

Ava Berry will preside over the service, along with several other pastors who have served Rochester.

Skin care can be obtained on a budget

There are four easy steps to younger-looking skin, without using high-end products that employ fancy marketing, says Dr. Sarah Weitzul, assistant professor of dermatology at UT Southwestern Medical Center, who heads the Clinical Center for Cosmetic Dermatology.

"Resist the temptation to buy 'Hope in a bottle,'" she says.

The single most important step is to apply a sunscreen that blocks both UV-A and UV-B, the solar radiation that cause skin damage and cancer.

Next, use a retinoid—a vitamin A derivative that helps build collagen, minimize fine wrinkles, and reverse some sun damage. The most effective retinoids are available by prescription only. These products may be irritating, however, and they must be used in only small amounts every

other night when you begin using them.

Third, use a cream containing hydroxy acids such as glycolic acid, lactic acid or salicylic acid. These stimulate collagen, among other actions. Don't buy a "soup" of ingredients—get a cream that has one of these as a single ingredient. To work properly, these acids must be around pH3 or pH4.

Finally, use antioxidants such as vitamins C or E that can slow aging, she says. A good diet can also provide antioxidants.

These items don't need to be expensive, Dr. Weitzul says. For advice on the best products to apply to your skin, go to a board-certified dermatologist instead of the cosmetics counter.

Negative calories? Not with those add-ons

Information on Web sites and in some diet books can be misleading when it comes to the facts about metabolism.

"You hear about how eating celery actually burns more calories than are present in the vegetable itself, but this is not true," says Lona Sandon, a registered dietitian at UT Southwestern Medical Center.

"Most people don't just chew on raw celery sticks," she says. "They dip them in ranch dressing or put peanut butter on them. Those kinds

of additions cancel out any benefit you might get from eating a low-calorie food."

The same goes for coffee and spicy foods, says Sandon. Both have been shown to raise the resting metabolism rate of the body slightly, but in the long run, milk, sugar and recipes with spices tend to add on more calories.

So what is the best way to burn off excess calories and rev up your metabolism?

"Exercise," she says.

Around Town

By Joyce Hawkins

Hyrum and Jean Richards have recently returned from a two weeks vacation in some northern states. They visited son and grandchildren, Brady Henshaw, Savannah and Philip in Albuquerque. They then went to Casper, Wyoming and visited son and family, Scott and Diane Henshaw, Ben, Sam, Connor and Lauren; also, son and family, Dan and Mary Richards, Myshell, Rachel and Brittny. They attended the wedding of granddaughter, Shelby Moore and Mark Hamrick. From Casper, they went to Soda Springs, Idaho to visit friends, John and Carol Holland. On the way home, they stopped in Albuquerque and visited Brady, Savannah and Philip again.

Recently returning home from their farm in Wayland, Vern and Charlotte Foreman came by and

picked up Charlotte's mother, Lois Redwine, and took her to Odessa with them. While in Haskell, they visited with son and family, Flint and Lisa Nanny and Austin. While Lois was in Odessa, she visited with friends and granddaughter and family, John and Monica Childs, Alan, Richard, Joshua and Matthew of Midland. Flint and Austin drove out to Odessa and brought Lois home.

Gean Blair and Gary and Vickie Hawkins attended the Baxter family reunion at Fort Belknap over the weekend with about 35 in attendance.

Christopher and Melissa Tatum and children Zachery, Garrett, Taylor and Krislyn along with Aubrey and Caden of Amarillo and Grandpa Billy Tatum of Abilene enjoyed a trip to Six Flags over Texas on Saturday.

Celebrate the holidays!
Have a Happy 4th of July!
We will be closed Mon. & Tues., July 3-4!
Bridal Selections for
Missy Teague and John Mark Hodgins Heather Steele and Casey Riley
Christi Sorrells and David Thompson Brittnay Criswell and B.J. Opsahl
Whitney Hise and Chris Halsell Amy Jackson and Lane Murphy

The Carousel Gift Shop
Erlinda Mayfield
Open M-F 10 to 5:30. Sat. 10 to 4
Southside of the square in Haskell • 864-2069

Spring and Summer
CLEARANCE SALE
30-40% off Clothes
Buy 1 Pair of Shoes and Get 2nd Pair
1/2 price
Paying for the most expensive pair.
Sale begins Thurs., June 29!
We will be closed July 3 and 4th!
Personality-Slipper Shoppe
940/864-2501 • 864-3051
South Side of Square Haskell, Texas

We will be closing Mon., July 3 at 2 p.m.
and will be closed Tues., July 4th!

New

Just arrived from Dallas Market!

- *Red, White & Blue Bracelets
- *Rhinestone Horseshoe Bracelets
- *Rhinestone Cross Bracelets
- *Cross Leather Purses
- *Rhinestone Studded Wallets
- *Just Too Cute Signs
- *Jeweled Hoop Earrings
- *Star Bracelets
- *Circle Necklaces and Earrings
- *Metal Texas Stars

<p>Just arrived Bracelets over 40 to choose from \$4.99</p>	<p>Patriotic Windsocks Blue or Red Splatterware Flag Pins 25% off REGULAR PRICE</p>
---	--

Come in Mon., July 3rd
to receive a **FREE**
American Flag!
while supplies last!

We have flags in assorted sizes...
perfect for the cemetery, your home
or your business.

Bridal Registry
Heather Steele Brittnay Criswell
Bride-elect of Casey Riley Bride-elect of B.J. Opsahl

Did you know?
If you have a Medicare Part D card or
other prescription insurance card,
the price you pay is the same at any
participating pharmacy.

*Bring your prescriptions to The Drug Store!
We'll give you fast, friendly service.*

We accept most Medicare Part D cards and
many other prescription insurance cards.

Prices good June 29, 30 and July 1
www.haskelldrugstore.com

THE DRUG STORE
Haskell • 864-2673

Carla's Sweet Shop
We will be closed
July and August!
We appreciate your business!
507 N. Ave. E • Haskell • 864-2711

Cancun *Hawaii*
Where do you want to go?
The Travel Store
can get you there
Call Sally at 940-864-3617

Alaska **LAS VEGAS**

YOUR MORNING DRINK STOP!

BACON EGG & CHEESE BURRITO

SEE MENU FOR BREAKFAST BURRITO PRICING

No Waiting 864-8533
Call In Orders

SONIC
America's Drive-In.
Limited Time Only!
Only at participating SONIC Drive-Ins. ©2005 American's Drive-In Corp.

OPINION

TEXAS PRESS ASSOCIATION

State Capital



HIGHLIGHTS

By Ed Sterling

Ballot will show 5 candidates running for governor

AUSTIN—Independent candidates for governor Kinky Friedman and Carole Keeton Strayhorn will be on the Nov. 7 ballot.

On June 21, the secretary of state's office told the two they gathered several times more than the required number of valid signatures.

Independents must petition for a ballot spot, because they have no statewide primaries. Their campaigns had the 62 days prior to May 11 to come up with at least 45,540 signatures, or 1 percent of the total number of registered voters in the state.

Secretary of State Roger Williams, the state's chief elections officer, indicated ballots probably will list the two as Richard S. "Kinky" Friedman and Carole Keeton Strayhorn.

Strayhorn wants "Grandma" added to her name. Williams said Grandma is more of a slogan than a nickname, and state law prohibits slogans on the ballot.

Also running for governor are incumbent Republican Rick Perry, Democrat Chris Bell and Libertarian James Werner.

"Not one but two viable independent candidates have made the ballot for the first time in nearly 150 years," Friedman said. "This tells us what we've long suspected: the two-party system has failed our state...."

Strayhorn decries foster system

Comptroller Strayhorn said her agency has turned up a list of problems with the state's foster care system.

She cited reports of Medicaid prescription fraud and abuse, poisonings, rapes and pregnancies of children in the state's foster care system.

Strayhorn said Fiscal 2003 information from the Texas Department of Family and Protective Services documents that 30 foster children died in the state's care; in Fiscal 2004, 38 foster children died; and in Fiscal 2005, 48 foster children died.

Strayhorn said she urged Gov. Perry to create a family and protective services crisis

management team by executive order in 2004, but the governor failed to act.

Chevron joins cigarette pact

Texas Attorney General Greg Abbott announced Chevron has agreed to do more to prevent minors from buying cigarettes.

CVS Pharmacy, Conoco Phillips 7-Eleven, Wal-Mart, BP Amoco, Walgreen Drug Stores and Exxon Mobil have already agreed to do the same.

These companies post "We Card Under 30" notices and verify the age of the cigarette purchaser. And, they don't display self-serve tobacco kiosks, vending machines, free samples and cigarette look-alike products.

Redistricting decision due

A case over the Texas Legislature's remapping of congressional districts is on the U.S. Supreme Court docket and may soon be decided.

The Republican Party gained five seats in Congress after lawmakers redrew the boundaries in the 2003 legislative session. The legislation prompted many House and Senate Democrats to temporarily leave the state in protest.

The high court heard oral arguments in late February. The outcome may affect the Nov. 7 election.

Skeptic dishes border plan

CNN commentator Lou Dobbs has been calling states' sending National Guard troops to duty assignments on the U.S.-Mexico border a publicity stunt.

Dobbs most recently made the remark June 25 on ABC-TV's "This Week" with George Stephanopoulos.

Gov. Perry has sent about 100 troops for border duty so far. He plans to send about 2,000 Texas-based troops to assist in a federal homeland security operation to protect the border.

Katrina money goes to Houston

Gov. Perry released \$19.5 million in federal money to the city of Houston and Harris County to support public safety efforts in response to the ongoing impact of Hurricane Katrina. The federal grant funds are part of a congressional earmark to support hurricane recovery efforts in Texas.



From the AG

By Greg Abbott

Warning Families About Online Predators

Child predators using the Internet to target young victims are a national crisis. One in five children will be solicited for sex online. As parents and concerned Texans, we must do everything we can to prevent our children from being victimized by this new breed of child predator.

My Cyber Crimes Unit investigators have been working undercover since 2003, patrolling chat rooms frequented by children and presenting themselves as underage girls and boys. Within minutes after entering a chat room, investigators are approached by adult predators on the prowl, using the Internet to set up what they think will be a sexual rendezvous with a young teen.

Although we have arrested 80 of these offenders, many more remain at large. That is why my office has launched a new effort to educate parents and children about the kind of criminal activity that goes on in connection with Internet diaries, chat rooms, and wildly popular social networking sites like MySpace, Facebook and Xanga.

For the past few months, my top Cyber Crimes investigators and I have been holding a unique series of town hall meetings for parents and students to teach them about Internet safety. We have been met with overflow crowds and urgent questions from parents and students alike. In Plano, for example, a standing-room only crowd of over 700 parents and children filled the high school auditorium to participate in our interactive presentation about the risks of online child predators and the steps parents can take to protect their children online.

We have visited several Texas cities and talked to hundreds of concerned Texans about the danger of posting personal information in chat rooms, on networking sites and on blogs. Parents should be aware that within 20 minutes, an online predator can find out a teen's first name, last name, phone number, family member names, e-mail and home address, age, interests, school name, location, and directions to the teen's house, all from a screen name that contained the teen's first name.

Through videos, slideshows and a behind-the-scenes look at our Cyber Crimes lab, our town hall meetings are driving home the fact that people online are not always who they say they are. Children should not trust individuals they meet online.

Cyber Crimes investigators advise teens that what happens online can hurt them and urge them to talk to a parent or guardian if they are approached by a stranger online. We also remind teens that they should never arrange a face-to-face meeting with someone they meet online.

The most important safety tip our investigators offer to parents is to keep the computer in a common room in the house. Parents are also encouraged to speak openly with their family about online safety issues. Children will be more likely to come to an adult that they feel is calm and comfortable discussing the subject matter.

Parents should get involved with their children's Internet habits and ask their children to show them the sites they like to visit. Parents should have passwords readily accessible in order to access a child's account regularly and should limit their child's use of Web cameras.

Our town hall meetings help arm parents with the tools they need to keep their children safe online. Computers and the Internet have revolutionized the way we live. But along with this great progress comes new dangers and responsibilities. I thank Texas parents for their commitment to the safety of their children and the future of Texas.

From Out of the Past

From the files of The Haskell Free Press

10 Years Ago June 27, 1996

Melisa Robison, president of the Rotary club, presented Justin Lisle with a U.S. Savings Bond for writing the winning essay on the "4-Way Test."

Michael Copeland, Besty McManamon and Cathy Bartley of Haskell CISD attended the 9th annual Texas All Well Health Promotion Conference in San Marcos.

Visiting Audrie McCallum was her son and wife, Mr. and Mrs. J. Brian McCallum of Oklahoma City, Oklahoma.

20 Years Ago June 26, 1986

A New Zealand couple left after spending several days here renewing a friendship with a Haskell couple which began in New Zealand in 1977. Don and Jean Walker visited with Mr. and Mr. Charles Swinson. It was the Walkers' fourth trip to Haskell. They visited with the Swinsons in 1977, 1980, 1983.

Dayln Gilly and Penny Peden placed fifth in the natural resources division during the State 4-H Roundup at Texas A&M. They presented an illustrated talk entitled "Water Conservation Hits Home." Others from Haskell County participating in the Roundup were Chad Ballard and Michelle Scoggins, both of Rochester.

30 Years Ago June 24, 1976

Members of the Haskell Volunteer Fire Department voted Mr. and Mrs. Charles Swinson as honorary members of the Department and

placed a portrait of the couple in the fire station with the inscription; "Mr. and Mrs. Charles Swinson honorary members, Haskell Volunteer Fire Department, in appreciation of their concern and support of this Department 1976."

A salad luncheon was held at the home of Mrs. James Davis for the girls of Haskell High School class of 1963. Attending were Betty Hill, Bobbye Zolakar Owens, Marilu Sue Crawford, Elaine Phelps Campbell, Elaine Middleton Davis, Dewanna Helweg Lively, Nancy Hodge Matthews, Jan Matthews Alexander and Lowell Wallace Geilhausen.

40 Years Ago June 30, 1966

Four Haskell Indians students have been accepted for the 19th annual two week summer vacation band and twirling school opening on the McMurry College campus. Students are Joyce Cook, Donna Gordon, Belinda McKelvain and Suzie Montgomery.

Tom Watson was re-elected for his seventh term as Chief of the Haskell Volunteer Fire Department. George Neely was re-elected secretary treasurer for the eighteenth time in the department's annual election.

Hugh Ratliff, newly elected president of the Haskell Lions Club, was handed the gravel of authority by the retiring president, Jim Sampson, at the meeting of the club.

Bobbye Zalokar was home over the weekend to attend the wedding of Dorcas Ann Sealy. She visited in the home of her mother, Mrs.

Moreland Glass and family, and also with her grandparents, Mr. and Mrs. T.C. Conner of Rule.

50 Years Ago June 28, 1956

Twenty race drivers or more will take part in the midget automobile race meet to be held in Saddle Tramp Arena in Fair Park.

Marshall Neelly has to keep a schedule to keep track of his traveling daughter, Elouise Neely, featured skater with the famed Ice Capades.

Mr. and Mrs. George Covey and children Ronnie, Reba, Sue, Barbara and Carl of Highland, California spent last week in the home of Mr. and Mrs. Carrol Thompson.

100 Years Ago June 23, 1906

J.N. Ellis, Booth English and Walter Marsh have purchased the lot adjoining Alexander's Mercantile Store and will build a concrete stone building for a market house.

M.L. Lynch has completed a building on the south side of the square, where he will open a restaurant.

W.T. McDaniel has the building completed for his new cotton gin plant, and some of the machinery is being received.

Mrs. John Ellis and little daughter, Merle, returned from Indian Territory where they visited the family of Mrs. Ellis' father, Rev. D. James.

G.L. Atchison of the Irby community was in town and told us that crops where fine out that way. He thinks some of the wheat will make 40 bushels per acre.

Be very careful with fireworks; Texas landscape ripe to burn

Hot, dry weather continues to bake Texas landscapes, lawns, gardens, fields and forests—and increasing both the number and the risk of wildfires.

An extended weather pattern of hot days relieved by only isolated showers has left grasses and other vegetation much drier than normal. The result: without significant widespread, long-duration rains, Texas firefighters foresee a growing threat of wildfires.

Conditions now are similar to those that occurred in summer 1998, during which Texas experienced one of the worst years on record for wildfires, according to Tom Spencer, wildfire risk assessment coordinator with Texas Forest Service.

"The similarities between weather and vegetation conditions in 1998 and now are very alarming, from a wildfire standpoint," said Spencer. "Texans could be facing a bad summer fire siege if increased winds should accompany hot, dry weather. Strong, gusty winds contributed greatly to the major wildfires experienced earlier this year."

What the whole state needs is slow, steady rainfall spread over many hours so most of the rain will soak into the ground and not run off,

Spencer added. Many areas of the state, particularly in far West Texas, haven't received enough rain to stimulate full spring green-up, and even where green-up has occurred, grasses are wilting and turning brown in the heat.

Regional fire coordinators have also reported that wildfire activity has picked up across the state.

"Local fire departments everywhere are making more frequent runs on wildfires, and our own fire crews have battled many wildfires, including several recent fires more than 100 acres in size," said Bill Rose, Texas Forest Service chief regional forester for resource protection in East Texas.

He noted that accidental fires due to escaped debris burning continue to be the primary cause of wildfires, particularly in the eastern half of the state. Sparks-producing equipment, hot vehicle exhaust systems and careless disposal of smoking materials also cause many wildfires.

Firefighters across the state could also face a seasonal wildfire risk if dry conditions continue.

"Irresponsible fireworks use through the Fourth of July holiday period could spark additional fires, if dry conditions prevail and

vegetative fuels, particularly grasses, continue to dry out," said Rose. "We don't want to put a damper on holiday celebrations, but we do urge folks to use common sense and celebrate safely during the upcoming holiday period."

Calendar

Rochester anniversary

Rochester exes are asked to email both physical and email addresses to Sandra Fry at sfryrochester@yahoo.com. Pictures for a presentation for the Rochester 100th anniversary and homecoming weekend to be held Oct. 13-14 are also needed.

Summer lunches

Haskell CISD will serve summer food service meals at the Haskell Elementary School cafeteria, 306 S. Ave. G, Monday through Friday through July 28 from 11:30 a.m. to 1 p.m. Those ages 1-18 years of age will eat free. Adults may eat for \$2.50 per plate. No meals will be served on July 4.

Have a safe and happy July 4th!

The Haskell Free Press
 Established January 1, 1886
 PUBLISHED EVERY THURSDAY
 420 North First Street • P. O. Box 555
 HASKELL, TEXAS 79521
 Phone 940-864-2686 • Fax 940-864-2687
 http://valornet.com

John McDougal Publisher
 Lisa Shaw Business Manager
 Mary Kaigler Editor
 Doris McDougal Production
 Bill Blankenship Staff Photographer

Periodical Paid Haskell, Texas 79521
 (USPS 237-040)

SUBSCRIPTION RATES:
 Haskell County, one year, \$25.00.
 Outside of Haskell County, one year, \$34.00.

NOTICE TO PUBLIC—Any erroneous reflection upon the character, reputation or standing of any firm, individual or corporation will be gladly corrected upon being called to the attention of the publisher.

POSTMASTER: Send address changes to The Haskell Free Press, P.O. Box 555, Haskell, TX, 79521-0555.


MEMBER 2006
TEXAS PRESS ASSOCIATION

This issue mailed Wed., June 28, 2006

**Steele
Fire
Apparatus**
864-2208
Hwy. 380 East
Haskell


**Federal Land Bank
Association
of Haskell**
550 S. Second • 864-8565

**Hanson
Paint &
Body Shop**
864-3631
Haskell, Texas


play on
500 N. 8th St. • Haskell
940-864-3522
Mon.-Thurs. 11 to 9
Fri. & Sat. 10 to 10
Sunday noon to 9

**Haskell Co.
Insurance
Agency**
864-2665
103 N. Ave. E • Haskell

**D & S
AERIAL**
864-3115
Haskell Airport

**Larned
Sales
Center**
864-2749
Haskell, Texas

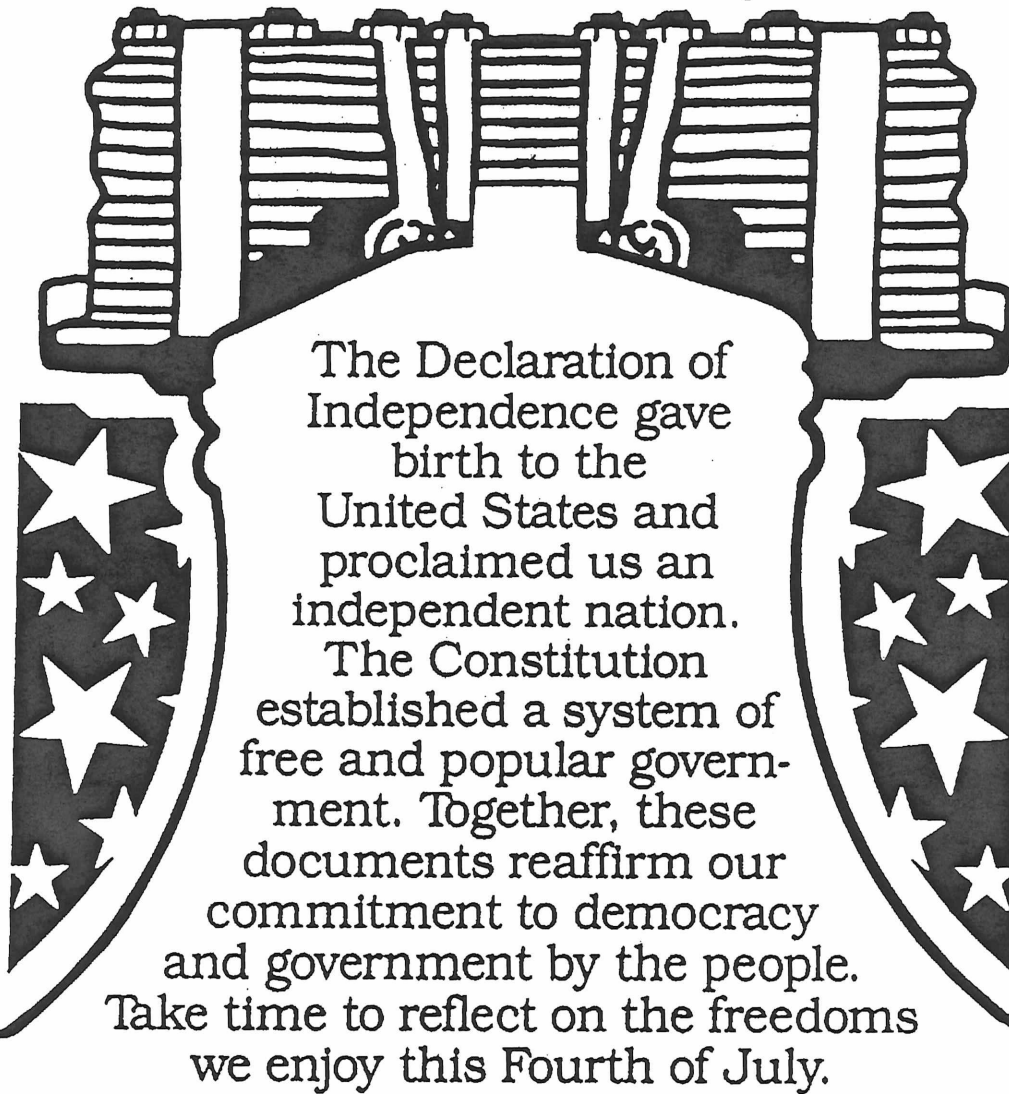
**Haskell Tire
& Appliance**
864-2900
206 S. Ave. E
Haskell, Texas

**Double A
Drive Inn**
864-2466
1103 N. 1st
Haskell, Texas



INDEPENDENCE DAY

JULY 4th



This July 4th holiday, please be extra careful in your summer activities . . . and please don't drink and drive. Remember to buckle your safety belt. We want you to have a safe holiday this year!

**Haskell
Co-Op Gin**
864-2046
Leon Jones, Manager
Haskell, Texas

WAL-MART
Always The Low Price
Always
Stamford, Texas

**Cecil's
Country
Meat Market
& Grocery**
864-2511
Haskell, Texas

**Smitty's
Auto Supply**
864-2607
107 N. 1st East
Haskell

Rule 
Banking Center
A Branch of Hamlin National Bank
P. O. Box 10
Rule, Texas 79547
940-997-2216
Member FDIC

The Haskell
Free Press
*read by more people
in Haskell County
than any other
print media.*


**Haskell
Save-A-\$**
864-2146
Haskell, Texas

**Nemir's
Medical
Supply**
864-2258
510 N. Second
Haskell, Texas

**Nanny
Plumbing**
864-3043
Haskell, Texas


**VALOR
TELECOM**
864-2200

*Big Country Electric
Cooperative*

**Big Country
Electric
Cooperative**
Stamford • Roby • Snyder

SANTA ROSA
Telephone Cooperative

~ Our new office is now open! ~
Come by 113 N. Ave. D, Haskell and greet Pam Waldron
Our Customer Service Representative for Haskell

Rolling Plains Health Care System Assisted Living

We are now accepting reservation deposits in the amount of \$500 for our new 20 unit Assisted Living Community in Haskell. We will be under construction very soon. We anticipate completion in the fall of 2007. Please call Margaret Evans at 1-888-883-6663 for detailed information. You can make your reservations with her or with Wallace Emerson at 864-8555 or Brandon Anderson at 864-2355 locally. Remember it will be a first come, first serve basis. So hurry and don't miss out!

C&S Flooring and Lumber Yard

105 N. 1st • Haskell • 940-864-3753
742-4021 Home • 325-338-3048 Cell
Conrad and Sylvia Saucedo, Owners

See us for all your flooring needs!



Safety Glasses

We have all your roofing supplies!

Kelly Moore Paints, Roofing, Lumber, Insulation
Hardware, Plumbing, Screen Repairs, Glass

We can help with all your installation needs!

Treat Yourself.



When you're hungry for the best tasting treats in Texas, there's no better place to find 'em than DQ®!

That's What I Like About Texas.®

Available in a limited time at participating DQ® restaurants. Blizzard, DQ and the yellow script logo are trademarks of Am. D.Q. Corp. © 2006. ® Reg. U.S. Pat. & TM Off. In D.Q. Co. Can.

Cool off this summer with great-tasting Texas ice cream

From farms come cows. From cows come milk. From milk comes ice cream. From ice cream comes happy Texans in the throes of a summer with soaring temperatures.

Someone once said that without ice cream, there would be darkness and chaos. While that may be a stretch, it's not far off-base. As Texans, we know the soft cool taste of ice cream in the heat of a Texas summer does have a calming and satisfying effect.

July is National Ice Cream Month and Sun., July 16, will be National Ice Cream Day; but that doesn't mean Texans don't enjoy the cool and creamy concoction all year long.

Texans' fondness for the sweet stuff is a boon to Texas ice cream producers. In 2005, Texas was ranked the country's fifth-largest producer, churning out 58.7 million gallons of ice cream, according to the Texas Agricultural Statistics Service.

Fresh Texas peaches, pecans, strawberries and even cantaloupe are used to make delicious new ice cream flavors. With summer fruits in season, it's the perfect time to look for new flavors of fresh and fruity ice creams on the market.

"Texas ranks high in milk production and much of that goes to ice cream and various ice cream mixes," said Agriculture Commissioner Susan Combs. "There's no doubt that Texans love ice cream."

One cup of ice cream provides

about 20 percent of the daily recommended value for calcium, the mineral necessary to build and maintain strong bones. Cutting back on calories and fat? Try the light and fat-free varieties. Light ice cream has half the fat of regular ice cream, and fat-free ice cream contains no more than 4 grams of fat per 1 cup serving.

Texans who want to add some flavor to their summer vacation may decide to include a day trip to the Blue Bell Creameries in Brenham, to

tour the plant and sample ice cream (www.bluebell.com).

An easy way to tell if your ice cream was made in Texas is to look for the GO TEXAN logo—a brand in the shape of Texas. The GO TEXAN program is a unified initiative promoting the wide array of agricultural products grown and processed in Texas—from food, wine and livestock to plants, flowers and more. To find the Texas ice cream company nearest you, visit http://

www.gotexan.org/, and click on "GO TEXAN Search."

If you'd like to top your ice cream with some delicious Texas fruit, the Texas Department of Agriculture is your best source to see what's fresh and in season. Visit http://www.picktexas.com/ and click on "Product Guide" for listings of what's cropping up across our state.

So go ahead—you scream and I'll scream, and let's go get our Texas ice cream.

Opening up arteries—with oats

by Sandy Miller Hays
Agricultural Research Service

There's been a running debate at my house for years about the all-time best cookie: My husband insists it's peanut butter, but I vote for oats.

In fact, I can't seem to get enough of oats. A few months back, a colleague of mine gave me a terrific recipe for homemade granola (no sugar—you sweeten it with honey), and that's what I now have for lunch every day. I like to think that not only is my granola delicious, it's also good for me (plus it keeps me from eating those cheeseburgers, fries and chocolate malts that seem to be always calling my name).

Now there's more scientific evidence to keep me on the dietary "straight and narrow." Research funded by the Agricultural Research Service has shown that there are

compounds in oats that hinder the ability of blood cells to stick to your artery walls.

The oat compounds have a name that should be useful in championship rounds of spelling bees: avenanthramides. According to the research, done at the Jean Mayer USDA Human Nutrition Research Center on Aging in Boston, Mass., these compounds do a good job of suppressing certain molecules that "glue" blood cells to artery walls.

Why is this a big deal? Here's why: When blood cells start sticking to your artery walls, they can cause inflammation, and plaque starts building up inside your arteries. That buildup also has a 25-cent name, but it may be one you've heard before: atherosclerosis. It can eventually block the blood vessel, and you don't have to be a scientist to figure out that that's going to be seriously bad news for your health.

To find out whether oats could really help, the scientists in Boston purified avenanthramides from oats and exposed them to human cells from artery walls for 24 hours. When the scientists studied the mixture under incubation, they saw significant reductions in the amount of blood cells sticking to the artery wall cells.

Of course, this is hardly the first time we've all heard that oats are good for you (starting with Mom and all those bowls of oatmeal, way back when). But oats' primary claim to fame has been, until now, their high fiber content. Fiber is an amazing thing; it actually washes cholesterol right out of your digestive system—cholesterol that otherwise would be hanging around in your bloodstream.

While we're all supposed to watch what we eat, the truth is that 85 percent of your cholesterol is produced by your own body—primarily your liver and small intestine. And in reality, cholesterol

isn't all bad; you need cholesterol to protect nerve fibers and do other important tasks in the body.

But as we all know, you can definitely have too much of a good thing with cholesterol. The problem arises when certain molecules in your body, called apolipoproteins, join up with cholesterol that doesn't dissolve in water (which means that it won't dissolve in your blood, either). When these molecules get together with the non-water-soluble cholesterol, they form lipoproteins.

There are "good" lipoproteins—known as HDL, for "high-density lipoprotein"—that actually flush the excess cholesterol out of your arteries and then ship it down to your liver to be sent packing by natural means. But there are also "bad" lipoproteins, called LDL for "low-density lipoprotein"; you definitely don't want these hanging around in your arteries.

Happily, oats contain water-soluble fiber that's believed to help cut down on the amount of LDL circulating in your blood. So while you can't stop your body from producing cholesterol (not that you'd want to, anyway), you can help yourself by cutting down on those high-fat, high-cholesterol foods that just throw another log on the cholesterol fire, and also by eating oats.

Oats aren't hard to come by; they're in enriched cereals and breads, oat meal, and you can get them in the form of oat bran used in muffins and other baked foods. And now that we know about the value of avenanthramides, it's possible that someone will come up with a variety of oats with an extra dose of those artery-flushing good guys. In the meantime—granola, anyone?

The Agricultural Research Service is the chief in-house scientific research agency of the U.S. Department of Agriculture.

Enroll Now! for CNA Classes

at Munday Nursing Center

Course is administered by



Classes are scheduled:
Tuesday and Thursday Nights
6 p.m. to 10 p.m.

at Munday Nursing Center
(times and days subject to change)
Enrollment information available on request at
Munday Nursing Center
940-422-4541

Like what you're reading?

We'll send it to you each week for just \$25 a year. (in Haskell County)

Yearly Subscription Rates
\$25 a year in county
\$34 out-of-county

Name _____
Address _____
City _____ State _____ Zip _____

Clip and Mail Coupon, Along with Check or Money Order to:

The Haskell Free Press

P. O. Box 555, 420 N. First, Haskell, TX 79521

The Haskell Free Press

READ BY MORE PEOPLE
IN HASKELL COUNTY
THAN ANY OTHER
NEWSPAPER.



MOVIE GALLERY

play on™

FREE Rental Days

Free Gallery Rentals
All Weekend

Fri., June 30 ~ Tues., July 4

One free gallery rental per account per day. Valid on initial rental period only. Valid on any Gallery movie rental. Membership required for rental. Limited time offer. Movie Gallery reserves the right to change or cancel program at any time. Replay fees apply. Restrictions may apply. Ask for details.

500 N. 8th St. • Haskell • 940-864-3522
Hours: Mon.-Thurs. 11 a.m. to 9 p.m.
Fri. & Sat. 10 a.m. to 10 p.m.
Sunday noon to 9 p.m.

Drought conditions bring additional worries for producers

by Wes Utley
CEA-Ag/NR, Haskell Co.
Besides the effect of reduced production due to lack of moisture, drought also creates other negative aspects for cattle and hay producers. Warm-season annual grasses, such as forage sorghums, sorghum-sudan hybrids (haygrazer types), and the various millets can also accumulate nitrates to a level that is toxic to cattle during periods of dry weather. Typical nitrate accumulation occurs with excessive N fertilization followed by a period of drought, although toxic levels of nitrates have been observed in warm-season

annual grasses with as little as 50 lbs. of N/ac under drought conditions. While aboveground plant growth is reduced, nitrate uptake continues to occur and concentrates in the forage tissue. Ruminants are affected because microbes in the rumen are able to convert nitrate to nitrite. Nitrite is then absorbed into the bloodstream where it converts hemoglobin, which carries oxygen throughout the bloodstream, into methemoglobin, which does not carry oxygen. Cattle death is due to asphyxiation.
The total level of nitrate in forage will determine whether or not the

forage is safe to feed. Remember: Nitrate levels in hay do not diminish with time! Nitrate levels, however, in silage, may be reduced by 50% or more, but may still be excessive for safe feeding. Only a forage analysis for Nitrate (currently \$5.00 at the Texas A&M University Soil Testing Lab) will determine whether or not the fresh forage, hay, or silage is safe to feed to livestock. Nitrate levels of 5000 ppm or greater may be dangerous to feed to animals and greater than 15,000 ppm are toxic to most classes of livestock. The official Texas A&M University advisory is not to feed forages that contain

greater than 10,000 ppm nitrate. The more conservative number of 5,000 ppm, however, may be a much safer number to use in actual practice.

Producers using warm-season annual forages or johnsongrass should have their hay crops tested prior to harvesting. Look at the forages carefully. If the forage to be harvested for hay has been under drought stress, there is a good likelihood that it is high in nitrates. If a good precipitation event occurs and plant growth is reinitiated (good green color, no droopy leaves), then the forage may be safe to feed, but a

forage analysis for nitrate would still be advisable. Do not harvest the forage and then test! To do so could wind up costing you time, effort, and money and result in a hay crop that you will not be able to feed. Likewise, cattle should not be pastured on warm-season annual grasses or johnsongrass if conditions are such that nitrate levels could be elevated to a toxic level. Again, only a forage analysis can determine if the forage is safe to graze.

If nitrate toxicity was not enough to worry about, there is also the issue of prussic acid (hydrogen cyanide) poisoning. Forages belonging to the genus Sorghum can produce prussic

acid following light frosts or drought. In well-cured hay crops, prussic acid is not a concern since volatilization of the compound into the atmosphere occurs during the field curing process. Cattle, however, may succumb to prussic acid poisoning while grazing if plants have been subjected to drought stress. Again, do not turn cattle into pastures of drought-stressed sorghums or johnsongrass. Wait until better growing conditions before pasturing cattle on any stressed warm-season annual plant or johnsongrass. Millets, while still capable of accumulating nitrates to a toxic level, do not produce prussic acid.

Everybody's Science

by Sandy Miller Hays, Agricultural Research Service

Making Melons Even Better

You've probably read in the past few months about how good watermelon is for you—how it's loaded with lycopene, a natural substance linked to reduced incidence of certain cancer types and lower risk of heart attack.

But what if you're in a one- or two-person household and a whole watermelon is a bit much for your refrigerator or your diet? Or what if you're a diabetic and you're trying to watch your sugar levels? Does this mean melons, despite all their merits, won't work for you?

Not at all, thanks to scientists with the Agricultural Research Service at Lane, Okla.

First of all, as you cruise the produce section of your local grocery store, you may have seen the relatively new "mini-melons"—just the right size for one person (or two, if you're not absolutely ravenous). These little beauties weigh between three and seven pounds, and measure about six inches in diameter (and best of all, they're usually seedless).

The mini-melons are known for their uniform flavor from first bite to last, but until recently, one question was still unanswered: Are they as nutritious as their bigger cousins?

An ARS plant physiologist at Lane has tested 15 lines of mini-melons that are on the market. It turns out that they're absolutely cram-packed with not only lycopene, but also beta-carotene, another "good guy" natural substance. The body converts beta-carotene to Vitamin A, which promotes clear vision, bone growth and healthy reproduction.

In fact, the mini-melons tested had average lycopene concentrations of 6,700 to 9,600 micrograms per 100 grams of melon. Several varieties had even higher lycopene scores than the bigger melons, which range from 3,700 to 6,900 micrograms of lycopene.

As for beta-carotene, two of the mini-melon varieties had an average of 1,100 to 1,400 micrograms per 100 grams of

melon—more than three times the beta-carotene levels of full-size seeded melons.

The mini-melons on the market are the result of careful plant breeding, and it's their genetics, not their size, that makes them so nutritious. It's good to know that if you treat yourself to one of these little melons, you're really treating yourself to great nutrition!

But what about melons' sugar levels? If you're one of the millions of Americans watching their carb intake, are melons forever forbidden?

Again, there's good news from ARS. A plant geneticist at the ARS lab in Lane is developing low-sugar watermelons that still have those wonderfully high lycopene levels. The scientist says the low-sugar melons she's developed are just like regular watermelons—crisp and refreshing.

Through the years, in response to consumer demand, plant breeders have developed watermelons with a higher sugar content—called "total soluble

solids," or TSS—from the previous 10 percent up to about 14 percent. That's worrisome to consumers watching their sugar intake.

What worried the scientists, though, was earlier independent research that linked the TSS levels with the red color that consumers expect in their watermelon. The fear was that if you reduced TSS levels, you'd also reduce that gorgeous red color, and no one would want to buy or eat the melon because they'd view it as "unripe."

To sort out whether TSS actually was connected to color, ARS scientists at Lane compared sugar content and color in more than 150 watermelon lines. Of the 77 red watermelons tested, seven had a TSS of less than 6 percent; among the 80 pink melons tested, 33 percent had a TSS below 6 percent. This means that it is possible to get that great red color without sending sugar levels soaring.

There's still more work to do, the scientists report. They've developed a watermelon line that produces crisp, red-fleshed watermelon and a TSS content of only about 5 percent, but it's not quite ready for prime time, because its flesh color can be inconsistent. But it shouldn't be long now before you'll be able to enjoy all the terrific health benefits of fresh watermelon without worrying about too much sugar.

The Agricultural Research Service is the chief in-house scientific research agency of the U.S. Department of Agriculture.

Work week a/c, weekend exercise is dangerous summer combination

The business axiom "Work hard, play harder" doesn't apply if you're not ready for scorching outdoor activity.

"In the past, the typical people who used to get in trouble were the ones who couldn't fend for

themselves—the very young and the very old," says Dr. Paul Pepe, chairman of emergency medicine at UT Southwestern Medical Center. "But what we see a lot of today are the young weekend warriors who have been in super cool environments

all week and get out, exercise and get into trouble."

As the mercury rises, there are several precautions to take to stay healthy and hydrated. Dr. Pepe offers these tips to stay safe outdoors:

- Wear lightweight, loose-fitting and light-colored clothing.
- Stay in a well-ventilated area, even if you're working indoors.
- Water, water, water. Too much sugar and caffeine is not good if you're outdoors.
- Avoid alcohol—a cool beer might sound good but it only dehydrates you more and impairs your ability to know that you're getting into trouble.
- Use a buddy system so that you can keep an eye on each other.

Cattle Market Report

The market at the Haskell Livestock Auction was on a run of 1,008 head of cattle at its sale on Sat., June 24, according to Bill Cox, reporter. 64 sellers and 36 buyers were present.

Packers \$2-5 higher. Feeders \$1-2 higher. Stockers steady, higher.

Cows: fat, .42-.4950; cutters, .40-.53; canners, .30-.39.

Bulls: bologna, .54-.62; feeders, .58-.78; utility, .52-.58.

Steers: medium and large frame No. 1 200-300 lbs., 1.45-1.95; 300-400 lbs., 1.30-1.52; 400-500 lbs., 1.25-1.38; 500-600 lbs., 1.15-1.30; 600-700 lbs., 1.05-1.20; 700-800 lbs., .90-1.14; 800-up lbs., .76-1.04.

Heifers: medium and large frame No. 1 200-300 lbs., 1.30-1.80; 300-400 lbs., 1.20-1.35; 400-500 lbs., 1.10-1.28; 500-600 lbs., .90-1.24;

600-up lbs., .68-1.10.

Bred heifers medium frame, 700-850.

Bred cows young to middle aged 825-950; aged or small, 500-725.

Cows with calves: medium frame No. 1 young and middle aged, 900-1350; aged or small, 725-890.

QUASQUICENTENNIAL
CELEBRATE 125 HISTORIC YEARS
July 1 - Arts & Crafts, Classic Cars, Western Heritage, Great Food
July 2 - Picnicking, Music, Fireworks
July 3 - Big Country Dance
July 4 - Parade, Concert in the Park
Call 235-5488 for information
SWEETWATER

OVERWEIGHT?
Candy Lost 75lbs!
Ask us how to lose up to 25 lbs. in 25 weeks!
2 FOR 1 MEMBERSHIP SPECIAL
CALL NOW! Start losing tonight!
325-692-6992
Coming every Thursday 1:30 to 5:30 p.m. at the ECC!
FREE CONSULTATION!

Student in the News

Justin J. Parrott graduated May 27 with a Doctorate of Medicine degree from the University of Texas Health science Center in Houston. He will begin his residency training in Psychiatry in July in Houston.

Parrott is the son of Cindy and Mike Zint of Eliasville and Stacy Parrott of Lubbock. He is the grandson of Doris and Jerry Walker of Weinert and Bobby and Joanna Parrott of Lubbock.

City Storm Warning Siren Testing Fridays at noon

ABC Greenhouse
Reduced Prices on:
Hanging Baskets
Mixed Containers
and Bedding Plants
Located just past 2nd house North of Trinity Lutheran Church
Debbie Earles, owner
Pre-Vacation Sale
We will be closed July 5-12

SANTA ROSA Telephone Cooperative INC.
~ Our new office is now open! ~
Come by 113 N. Ave. D, Haskell and greet Pam Waldron
Our Customer Service Representative for Haskell
Watch for our Grand Opening!

Save on premium paint.
\$7 INSTANT SAVINGS
When YOU BUY any GALLON of E-Z Kare, WeatherAll or Simply Red paint
Limit 5 gallons per customer.
COLOR made simple.
www.truevaluepaint.com
Find the right tools and expert, local advice for your paint projects.
Richardson's FARM • RANCH • HOME • AUTO
True Value S'TART RIGHT. S'TART HERE.
Hwy. 277 North • Haskell, Texas
Phone 940-864-8551
Store Hours: Mon.-Fri. 7:30 to 5:30; Sat. 7:30 to 5:30
Open July 4th!
Offer good July 1-8, 2006

Pets need extra attention in summer months

The summer season is an excellent time to enjoy the outdoors. Yet, along with benefiting from the great weather and fun activities, pet owners must take extra precautions in order to ensure the safety of their furry family members.

•Never leave your pet in an unattended car. On warm days, the temperature in your car can rise to 120 degrees in a matter of minutes, even with the windows slightly open.

•When you bring your pet along on a car ride, use a pet safety harness. If an accident were to occur, a pet safety harness can ensure that every passenger is protected.

•If your dog must ride in the back of a pick-up truck, make sure that he or she is in a crate that is secured to

the bed of the truck. If you were to suddenly hit the brakes, swerve or be hit by a car, it could result in serious injury not only to your pet, but to other drivers.

•Do not travel with your pet on an airplane unless it's absolutely necessary. If you plan on bringing your pet on vacation, consider driving to your destination. Otherwise, think about leaving your pet behind under the care of a pet sitter or boarding kennel.

•Only use veterinarian-approved flea and tick control products. Over-the-counter products may contain ingredients that have been found to harm pets.

•Make sure that your pet is protected from heartworm. Dogs and

cats are at higher risk of contracting heartworm during the summer because there is an increase of mosquitoes, which transfer the disease. Contact your veterinarian in order to determine the best schedule for heartworm testing and preventive medication for your pet.

•Protect your pet from the heat by providing him/her with large amounts of fresh water and keeping them indoors with you and providing plenty of shade when they are spending time outdoors.

•On hot days, limit your pet's exercise to the early morning or evening hours. Also, keep in mind that the hot asphalt can burn your pet's paws.

•Learn to identify the signs of heat stress: heavy panting, glazed eyes, a rapid pulse, unsteadiness, a staggering gait, vomiting, or a deep red or purple tongue. If your pet does become overheated, immediately lower his/her body temperature by applying cool (not cold) water over his/her body, and giving small amounts of water or ice cubes. Most importantly, get immediate help from a veterinarian.

•Teach your dog how to get out of your pool. Like people, many dogs like cooling off in pools. Even if your dog can swim, tragedy can occur if he/she does not know how to exit the pool. This can be prevented by showing your pooch how to enter the pool via the stairs and guiding him or her back out. Never leave your pet unattended around a pool.

•Make sure that your pet is always wearing a collar with an updated identification tag. Even if your pet has an implanted microchip, as of late 2003, animal shelters and humane societies may not have a universal scanner that can read every brand of microchip.

•Spay or neuter your pet in order to prevent unwanted puppy or kitten litters. Although this is a year-round concern, the spring and summer months heighten the need for spaying and neutering because animal shelters often become filled to capacity with unwanted puppies and kittens. Other benefits of spaying and neutering include a greatly reduced risk of cancer and reduced potential for aggressive behavior in your pet.

Shop the Haskell Free Press

CLASSIFIEDS

864-2686 **864-2686**

Public Notices

NOTICE

The City of Haskell is accepting bids for a contractor to dig a pit at the City of Haskell Landfill. The specifications on the pit are 80 ft. wide x 17 ft. deep x 600 ft. long. Bids should be figured by the cubic yard and please list the price per cubic yard and a total dollar figure for the job.

For more specifications you can contact Brandon Anderson, City Administrator with the City of Haskell at 940-864-2355. Please send sealed bids to City of Haskell P.O. Box 1003, Haskell, Texas 79521.

Sealed bids will be accepted until Noon on June 30, 2006.

25-26c

NOTICE TO THE CITIZENS OF WEINERT

The Texas Natural Resource Conservation Commission (TNRCC) has notified the Haskell County Water District #1 water system that the drinking water being supplied to customers had exceeded the Maximum Contaminant Level (MCL) for Nitrate. The U. S. Environmental Protection Agency (EPA) has established the MCL for Nitrate at 10 mg/L, and has

determined that it is a health concern at levels above the MCL. Analysis of drinking water in your community for Nitrate indicates a level of 18.9 mg/L.

Infants below the age of six months who drink water containing nitrate in excess of the MCL could become seriously ill and, if untreated, may die. Symptoms include shortness of breath and blue baby syndrome.

You do not need to use an alternative water supply. However, if you have health concerns, you may want to talk to your doctor to get more information about how this may affect you.

At the present time we are currently looking into ways to correct this problem. If you are pregnant or have an infant under six months including in this public water system as a customer, we have made arrangements with local grocery store in Haskell (Modern Way) so that you may get bottled water at the City of Weinert's expense.

If you have any questions or would like to know if you are currently being served as a customer of this public water system please feel free to call or contact the City Secretary Robert Horan, c/o City of Weinert, Box 248, Weinert, Texas 76388 at 940-673-8223.

Our Public Water System ID# is 1040004.

26c

Haskell Summer Lunch Menu

July 3-7

Milk is served daily.

Monday: Popcorn chicken, gravy, mashed potatoes, fried okra, hot rolls, apple crisp

Tuesday: Closed

Wednesday: Corn dogs, french fries,

pickle spear, pork and beans, cantaloupe

Thursday: Tacos, pinto beans, salad, sour cream, jello

Friday: BBQ buns, assorted chips, baby carrots, strawberries

This Week's Devotional Message:



FAITH TELLS US TO PRESERVE OUR HERITAGE OF FREEDOM

We're living in a land that's free,
Because throughout our history
Our founding fathers' legacy
Established the machinery
By which our nation came to be
A system of democracy,
Where we're allowed to disagree
With governmental policy,

And thus our ingenuity
And enterprise provide the key
To progress and prosperity;
A model for the world to see.
Our house of worship makes this plea:
To pray for all humanity,
While we preserve eternally
Our precious land of liberty.

ATTEND CHURCH THIS SUNDAY

HASKELL

East Side Baptist Church

Danny Manross, pastor

Sun. 9:45 a.m., 11 a.m., 6 p.; Wed. 7 p.m.

Christian Church

Dusty Garrison, minister

Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m.

Church of God

Bruce Ray, pastor

Sun. 10 a.m., 11 a.m., 6 p.m., Wed. 7:00 p.m.

Trinity Lutheran Church

Ron Rennegarbe, pastor

Sunday School 9:30 a.m., Worship 10:30

Iglesia Bautista El Calvario

Art Flores, Interim pastor

Sun. Morn. 9:45 a., 10:45 a.m., 5 p.m.; Wed. 7 p.m.

First United Methodist Church

Rev. Daniel Echols, pastor

Sun. Morn. 9:45 a.m., 10:50 a.m. 6 p.m.; Wed. 6 p.m.

First Assembly of God

Rev. J.C. Amburn

Sun. Morn. 9:45 a., 10:45 a.m., 6 p.m.; Wed. 7 p.m.

St. George Catholic Church

Father George Roney

Sat. Mass 7 p.m.; Sun. Morn. 9:00 a.m.

Church of Christ

Jim Yates, minister

Sun. Morn. 9:30 a.m., 10:30 a.m., 6 p.m.; Wed. 7 p.m.

First Presbyterian Church

Kelly Pigott, interim pastor

Sun. Morn. 9:30 a.m., 11:00 a.m.; Wed. 7 p.m.

Trinity Baptist Church

Tony Grand, pastor

Sun. Morn. 10 a., 11 a., 6:30 p.m.; Wed. 6:30 p.

Hopewell Baptist Church

908 N. Ave. A, Haskell

Greater Independent Baptist Church

Sun. Morn. 9:30 a., 11:00 a., 6:30 p.; Wed. 7 p.

301 N. 3rd St., Haskell

New Covenant Foursquare

Bill and Renee Glass, pastors

Sun. Morn. 10 a.m., 11 a.m., 6:30 p.m.; Wed. 7 p.

Mission Revival Center

Rev. William Hodge

Sun. Morn. 10 a.m., 11 a.m., 6 p.m.; Tues. 6 p.m.

First Baptist Church

Greg Gasaway, pastor

Sun. Morn. 9:45 a., 10:55 a., 6 p.m.; Wed. 7 p.m.

Church in the Wind

C.C. Curran, pastor

Sun. fellowship 5 p.m. Church 6 p.m.;

Cornerstone Fellowship Baptist Church

Dr. Larry Nail, pastor

Sun. 9:30 a.m. 10:45 a.m., 6 p.m., Wed. 7 p.m.

WEINERT

First Baptist Church

J. C. Baker, pastor

Sun. Morn. 10 a.m., 11 a.m., Wed. 7 p.m.

Weinert Foursquare Church

Rev. Robert Harrison

Sun. Morn. 10 a.m., 11 a.m. Wed. 7 p.m.

ROCHESTER

Church of Christ

Steve Willis, minister

Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 6 p.m.

First Baptist Church

Fred Garvin, pastor

Sun. 11:00 a.m., 6 p.m.; Wed. 6:00 p.m.

Union Chapel Baptist Church

Clovis Dever

Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m.

Faith Chapel of Rochester

Katherine Byrd, minister

Sun. Morn. 10 a.m., 11 a.m., 7 p.m.

First United Methodist Church

Rev. Daniel Echols, pastor

Sun. Morn. 9:00 a.m., 11:00 a.m.

O'BRIEN

O'Brien Baptist Church

Jim Reid, pastor

Sun. 9:45 a., 11 a., 5 p., 6 p, Wed. 6 p.m.

Sonic Drive-In

1402 N. Ave. E
864-8533
Managers: Leon & Carolyn Herring

Steele Machine

Hwy. 280 • 864-2208

Modern Way Food Store

1202 N. Ave. E • 864-3763

Smitty's Auto Parts

107 N. 1st East • 864-2607

HANSON PAINT & BODY SHOP

207 S. 1st • 864-3631
Professional Auto Body Repair
Glass Installation • 24 Hour Wrecker Service

Rule Co-op Gin & Elevator

301 Adams • Rule • 996-2421

Rice Springs Care Home, Inc.

1302 N. 1st • 864-2652
Medicare • Medicaid • Therapy

Committed To Excellence
In Service

Attend Church This Sunday

The Haskell Free Press

"The People's Choice"

420 N. First Haskell, Texas 940-864-2686



Serving Haskell County Since 1886

City Storm Warning

Siren Testing

Fridays at noon

The Hard Way.

Sure, you can stand in the street in the middle of a major intersection every day for a week with an item you want to sell, put a couple of huge signs on it, and hope someone takes you up on the offer. It might just get the job done. Or you might just end up looking foolish.

The Easy Way.

For Sale:

Or, you can place a Classified Ad with us and have people from all over the area clamoring to take your unwanted items off your hands for a handsome profit. Quickly and easily. And for a very small investment. So what are you waiting for? Call now!

The Haskell Free Press

P. O. Box 555
420 N. First Street
Haskell, Texas 79521
Serving Haskell County for over 100 years



Shop The Haskell Free Press CLASSIFIEDS



864-2686

ALL DEADLINES MONDAY 5 P.M.

864-2686

For Sale

FOR SALE: Beagle puppies, tri-color. 940-864-3376. 26p

FOR SALE: 2003 Jayco Eagle 34 ft. 5th wheel. Excellent condition. Two slide-outs. Low mileage. C. Gibson, 940-864-2595. 26p

TO GIVE AWAY: 9 month old female 1/2 Catahoula, 1/2 pit bull. Call 864-8589. 26p

Garage Sale

ESTATE SALE: Furniture, refrigerator, washer/dryer, dishes, A/C. Lots of misc. 508 S. 12th St. Sat., July 8, 8 a.m. 26c

ESTATESALE: 1020 N. Munday Ave., Munday. June 30 and July 1. Furniture, appliances, dishes, glassware, collectibles, misc. household items and tools. 9 til 5. No early birds. 26p

GARAGE SALE: 800 S. 8th St. Next to Maximino's. Sat. 26

CARPOR SALE: 916 N. 6th., Sat., July 1. High chair, kids' clothes-girls and boys. Misc. 26p

3 FAMILY GARAGESALE: Sat., 8 to 2 p.m. Some furniture, toys, clothes. Lots of misc. 1801 N. Ave. F. 26p

GARAGE SALE: Sat., July 1. 8 til 7 900 S. 1st. Washer, dryer, futon bed. Lots of misc. 26p

Miscellaneous

HOUSE LEVELLING and foundation repair. No payments until work is satisfactorily completed. David Lee & Co. 325-675-6369. 1-888-486-8588. 6fc

ENROLL NOW FOR CNA classes at Munday Nursing Center. Course is administered by Vernon College. Classes are scheduled: Tuesday and Thursday nights 6 p.m. to 10 p.m. at Munday Nursing Center. Times and days subject to change. Enrollment information available on request at Munday Nursing Center. 940-422-4541. 25-26c

LET YOUR SHEEP or goats graze free on our 20 acres-outskirts of Rule. 806-467-2000. 26p

Real Estate

FOR SALE: House on lakefront property at Veda's Camp, Lake Stamford. 5 bedroom, 2 bath. New metal roof, carport and garage. Partially remodeled \$25,000. Chad Roberts 940-575-1933, 940-210-0365. 26-27c

HOUSE FOR SALE: 2 bedroom, 2 bath, 2 car garage, 2 living areas. New roof, new carpet, new CHA unit. Call Kevin 673-1071 or 230-0537. 26-27 c

FOR SALE: 700 Union, Rule. 3/2. 4 lots, detached garage. \$22,900. \$900 down. \$350 month includes taxes/insurance. 806-467-2000.

You know you're getting old-if nothing excites you any more. You might not feel so old if you had a leather La-Z-Boy recliner to relax in. Kinney Furniture in Stamford. 325-773-2232. 26c

Help Wanted

NOW TAKING applications for all positions at Sonic Drive In, Haskell. Apply in person. 25tf

GIBSON CARE Center, Aspermont needs CNAs for all shifts. Call Melissa Prew, ADON at 940-989-3526. E.O.E. 9fbc

HIRING experienced waitresses. Apply in person at Red Rooster Restaurant, 1006 S. Ave. E, Haskell. 24-27c

RICE SPRINGS Care Home is making a difference. We are taking applications for LVNs and CNAs. Contact Melissa at 864-2652. 26c

ROLLING PLAINS Correctional Facility is currently accepting applications for food service specialist. Benefits include medical and life insurance no cost. Call Lorrie Rodriguez at 940-864-5694 or stop by facility to pick up an application. 24-27c

MUNDAY NURSING Center is accepting applications for full-time and part-time positions in the dietary department. Contact Dorothy Rodriguez at 940-422-4541. 25tf

INDEPENDENT CONTRACT CARRIER: Paper carrier needed for the Abilene Reporter-News for Rule area. Must have reliable transportation, current driver's license and car insurance. Early morning hours. 7 days a week. Profit analysis \$650 a month. Must live in Rule area. Please call Connie 325-670-5266. 25tf

DRIVERS NEEDED. Must have CDL. Apply in person. Strickland Bridge, Haskell. 26-28c

DELTA AND PINE LAND Company Research Station in Haskell, Texas, seeks to fill position of Research Technician. Person filling this position will be working with a cotton breeding program, including planting, treating, harvesting, ginning, delinting and other field work along with other duties as assigned. High school diploma or equivalent required. Please apply at D&P Research Station, 247 U.S. Hwy. 380 W., Haskell, Texas. Applications will be accepted until a suitable applicant is found. Equal Opportunity Employer. Drug testing required. 25-27c

For Rent

FOR RENT: Furnished rooms for rent. Nightly, weekly. Call Lone Star Lodging 864-2238. 21tf

FOR RENT: 712 S. 7th. Brick 3 bedroom, den, covered patio, fenced, storage building. \$400 month. \$300 deposit. 806-467-2000. 26p

NOTICE
The Haskell Free Press reserves the right to edit and/or delete all news stories and locals for length and liability and to refuse to print anything deemed not newsworthy.

Public Notices

FINAL NOTICE AND PUBLIC EXPLANATION OF A PROPOSED ACTIVITY IN THE 100-YEAR FLOODPLAIN AND WETLAND

To: All interested Agencies, Groups and Individuals

This is to give notice that the County of Haskell has conducted an evaluation as required by Executive Order 11988 and 11990 in accordance with HUD regulations at 24 CFR 55.20 to determine the potential affect that its activity in the floodplain and wetland will have on the human environment for Owner Occupied Program under HOME Contract #1000407. The proposed project(s) which is located in the County of Haskell will be reconstructed or rehabilitated:

(1) 406 S. Ave. F, Haskell, Texas

The County of Haskell has reevaluated the alternatives to rebuild in the floodplain and has determined that the proposed housing reconstruction activities cannot be undertaken in any other location since relocation activities are not an option under the HOME Owner Occupied Program. There is no alternative other than to perform reconstruction activities which would not serve the purpose of the HOME Program in providing safe, decent and sanitary housing for low-income homeowners who currently reside in sub-standard housing and that it has no practicable alternative other than to demolish and reconstruct or do major rehabilitation of the unit(s). This activity will have no significant impact on the environment for the following reasons:

1. The proposed project site locations are already occupied by homes and therefore existing sub-standard homes will be replaced with standard dwellings.
2. Failure to provide reconstruction assistance would result in the continued unsafe and unhealthy living condition for the nine households.
3. The new homes will be elevated above the base flood elevation, which will prevent

flooding.

4. Flood insurance will be provided for the homes.

It is the County of Haskell's judgment that reconstruction of existing structures outweighs consideration of Executive Order 11988/1990 and the County will proceed with this housing reconstruction project.

The Environmental Review Record is on file at Haskell County at the address below.

Written comments must be received by the County of Haskell at the following address on or before July 6, 2006.

Haskell County, County Courthouse, 1 Ave. D, Haskell, Texas 79521. Attention: David Davis, County Judge. 26c

NOTICE

The City of Haskell will be accepting bids for a 2007 full size pickup, 2 wheel drive, crew cab, white in color to be used by the Police Department.

1. V-8 engine 5.3 or comparable;
2. Auto O/D transmission;
3. Cloth seats;
4. Font bucket seats with no console;
5. AC;
6. Full size spare;
7. Heavy

Shop Haskell First

AMERITEX CONCRETE FOUNDATION REPAIR.
Concrete slab/pier and beam foundation repair. Floor and attic bracing. Brick and mortar repair. Foundation coating. Pressure washing. Brick sealing. Driveway repair. Free estimates. 325-677-4470. Stamford and Haskell. References available. Low prices. Excellent work.

OWNER FINANCE IN HASKELL
1305 N. Ave. F: 2 bedroom.
605 N. 5th: 1 bedroom.
1007 N. Ave. D: 2 bedroom.
LOW DOWN LOW MONTHLY
Call Tyler at 325-829-3276 or Jim at 325-518-8128

I BUY HOUSES
Quick cash and closing on homes \$25,000 or less.
Call Jim at 325-518-8128

Nanny Plumbing, Inc.
301 S. Ave. E • Haskell 940-864-3043
Sales and Service for Residential Plumbing and Heating/Cooling, Pump Installer and Sprinkler Systems.
License numbers available upon request.

duty cooling and alternator; 8. Power windows; 9. AM/FM radio with CD player; 10. Cruise control; 11. Trailer towing package.

Submit bids for straight sale and also bids for trade in of a 1999 Ford Crown Victoria Interceptor. Sealed bids will be accepted until noon on June 30, 2006. 25-26c

Need A New ROOF? Call Ben McGee 864-3431 Home 864-4555 Cell WARRANTY

WILD HORSE TRADING POST
Haskell's General Store and RadioShack. **Sprint phones and plans are ready to go!**
Don't forget - We also have guns and ammo, gifts, musical instruments and ladies clothing!
419 S. 1st, Haskell • 864-2200
Hours: M-F 9-6; Sat. 9-3

CASE 480 F back hoe. 1990 model. 3500 hours. Cab, windows. Very good condition. Beishe tongue pull trailer to haul back hoe. **1979 White Road Boss.** Cummings engine. 5th wheel tandem. Excellent county truck. Lots of miles left. **5088 Case International.** Low hours. 2355 mount o matic front end loader. Bucket mounted spray rig with 10' boom. Hydraulic pump sprayer. **15' 3 point Bush Hog shredder.** Very few hours. Excellent shape. **4000' of Highway guard rail.** Excellent shape. Will load.
Will open bids on **June 29, 2006.**

Send bids to: Haskell County Judge's Office 1 Ave. D Haskell, Texas 79521
Please call: 940-864-8602 or 940-673-8364 (night) for more information.

BURN BAN IN EFFECT

We want to thank everyone for all of the cards, phone calls, prayers, care and concern during Alden's kidney transplant. Also thanks to everyone involved in the bake sale for your hard work and donations. We appreciate your kindness and generosity. Thanks again!
Alden and Janis Lowack

LANGFORD ROUSTABOUT SERVICE
SCOTT LANGFORD
Roustabouts Backhoes Winch Trucks Dump Trucks Welders
Mobile: 940-256-0535 Office: 940-864-3490 Home: 940-864-2565
8348 N. Hwy. 277 Haskell, Texas 79521
Specializing In: Oilfield Repair, Maintenance & Construction

Our many thanks go out to all our friends and family in their support of prayers, visits, cards, flowers, food and memorials, which we received during the illness and death of our dearest Dad and Grandad, Albert Roberts. We are so grateful to Bro. Danny and everyone at East Side Baptist Church for their compassion and generosity. We thank Bro. Jimmy Griffith for his kind words and comments on he and Albert's many years of shared memories beginning at Paint Creek Schools, and going through the wonderful days spent attending East Side Baptist. Our special thanks to Dr. Hudman, Clay Bulls, PA and their staff for going the extra mile. We are especially thankful to his sister, Doris Jean McMeans, and his close friend, Jerry Spinks, for being there with him to attend to his needs on days when we couldn't. We will miss him so very much, but he will always be in our hearts and our memories.
Tonya and Ron, Lee, Chad and Vickie Neta and grandchildren

Haskell County REALTY
1603 DERRICK DR. Brand new home. 3 bedroom, 2 bath. Priced to sell. \$85,000. 3 BEDROOM, 2 bath. One acre. CHA. Water well. \$24,900. 1409 N. AVE. J. 2 bedroom, 1 bath. Water well. 1 car garage. Fenced backyard. Cute home. 206 N. AVE. M. 3 bedroom, 2 bath. Fenced yard with dog run. \$39,900. 1206 N. AVE. J. 3 bedroom, 2 bath. Large two car garage. Fenced. Corner lot with water well. REDUCED TO \$56,900. 1706 N. AVE. G. 3 bedroom, 2 bath on corner lot. Over 1500 sq. ft. living area. Fireplace insert. 2 car carport. Storm cellar. Water well. Great shade and pecan trees. 610 MAIN STREET, ROCHESTER. Great deal. 2 bedroom, 1 bath. Brick home. Nice storage. Carport. Fenced yard. Corner lot. Priced to sell. REDUCED. 75 ACRES approximately 7 miles from Haskell off of E 1765 South southeast Haskell County. 2.2 acres. Irrigated. 50 acres pastured. One tank. City water availability. 103 N. Ave. E 940-864-2665 1-800-658-6342 or call Bridget or Chan Guess 864-6142 Hess Hartsfield, Broker 864-2004

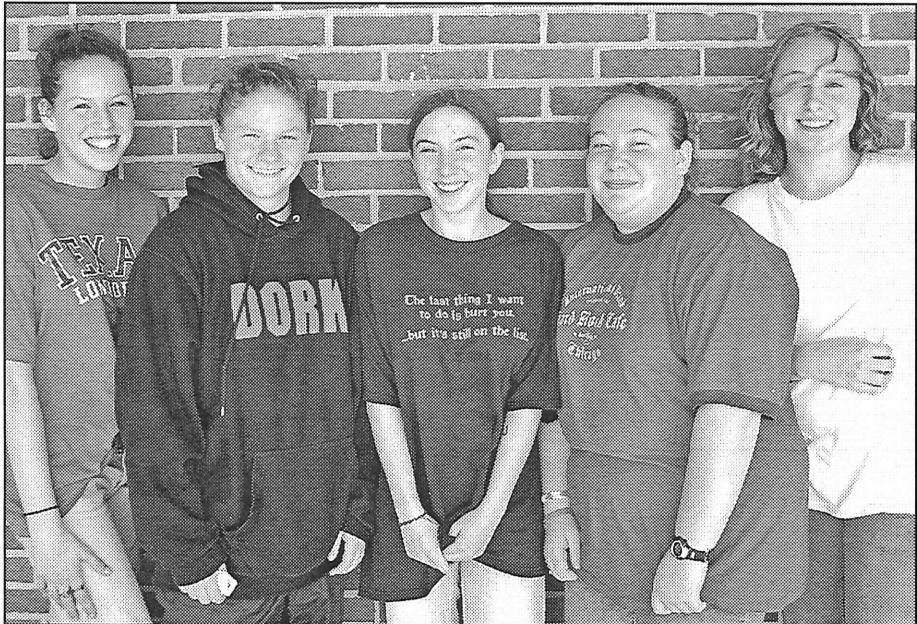
RIKE REAL ESTATE
Mary Rike, Broker John Rike, Agent
411 1/2 S. First Street Haskell, Texas 79521
940 864 2411 940 864 2332
mrike@dtmspeed.net www.rikerealestate.com
7 AVE. K EAST. 3-2-2. Large den plus living room, large kitchen with built-in appliances, utility room, fireplace, C/HA, covered patio with great east view, cellar, well and sprinkler system.
1507 N. AVE F. Large home in immaculate condition. Property has three bedrooms, living room and upstairs den, some knotty pine paneling with beautiful hardwood floors, utility room, C/HA, attic storage, cellar and much more.
1507 N. AVE E. Four or five bedroom, two story with three baths. Amenities include C/HA with separate units for each level, large living and dining, lots of wood floors, two fireplaces, large kitchen and a third floor for storage or additional rooms. Zoned Commercial. REDUCED to only \$99,900.
Come by Rike Real Estate for a complete list.

Haskell Volunteer Fire Dept.
is accepting donations to build Fire Station #2 at 300 S. 1st
to house donated Texas Forest Service firefighting equipment and provide a larger training facility. If you would like information on making a donation or how you can help contact Fire Chief Bill Steele 940-864-2208; Randy Shaw 940-864-2023; or ask any Haskell fireman for details.
Donations may be mailed to:
Haskell Volunteer Fire Dept.
301 N. First St., Haskell, TX 79521

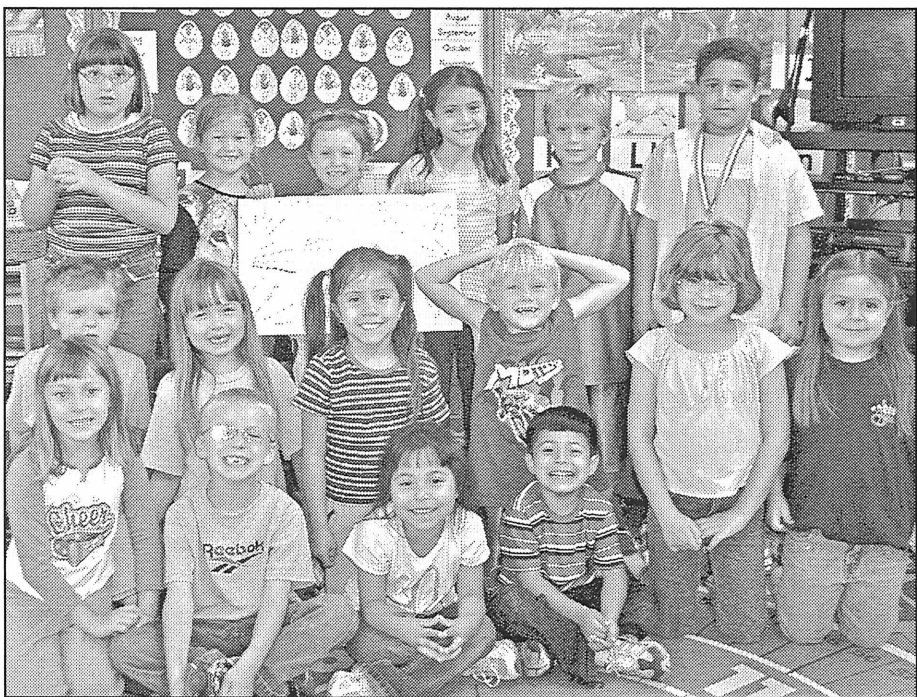
"I HAVE A HOUSE AND TWO CARS. IS THERE SUCH A THING AS ONE-STOP INSURANCE SHOPPING?"
YES. CALL ME ABOUT OUR HOME AND AUTO DISCOUNTS.
CHAN GUESS
P O BOX 617
HASKELL
(940) 864 2665
P.S. Call or stop by for a free quote
Allstate.
You're in good hands.
Discount and insurance offered only with select companies and subject to availability and qualifications. Discount amount may be lower. Allstate County Mutual Insurance Company and Allstate Texas Lloyd's; Irving, TX © 2003 Allstate Insurance Company.

Dodson Concrete Construction
Commercial - Residential
David Dodson
704 N. Ave. F • Haskell
940-864-2038
Over 20 Years in the Business
FREE ESTIMATES

EXPERT AUTO WORK
REASONABLE RATES
See us for all your auto mechanic needs. 20 years experience. We do it right the first time.
117 North Ave. E • Haskell



STOP THE VIOLENCE—The Paint Creek eleventh graders won their class division in the Paint Creek FCCLA Stop the Violence contest. Class members participating include, I-r, Cassidy Cooper, Kristen Barr, Melinda Brueggeman, Melanie Bishop and Paula Isbell.



CONTEST WINNERS—Paint Pre K-2nd grade students won their division of the Paint Creek FCCLA Stop the Violence contest. Class members are I-r, back row, Sabrina Conn, Catherine Lemond, Sara Edwards, Samantha Martinez, Ron Mitchell and Taylor Hunt. Middle row, Devery Reed, Keely James, Alex Martinez, Brandon Mitchell, Amber Conn and Cheyenne Elias. Front row, Audrey Cochran, Logan Hearn, Brittany Yanez and Antonio Yanez.

Paint Creek FCCLA holds poster contest

As a part of the Paint Creek FCCLA "Stop the Violence" project, a child abuse prevention awareness month poster contest and weekly activities were recently held. The theme of the contest was "Children First—Safe and Secure." This was sponsored by the Haskell County Child Welfare Board and Paint Creek FCCLA advisor Darlene Hopkins.

Class divisions were: Division 1, PreK-2nd grade, 3rd-4th grade, 5th-6th grade, 7th-8th grade; and Division 2: 9th grade, 10th grade, 11th grade and 12th grade. The winning class of each division received an ice cream bar party and the posters were hung in the school foyer.

Class division winners were Division 1, PreK-2nd grade and Division 2, 11th grade.

Other activities conducted were: Week One: Blue ribbons were given to every K-12 Paint Creek student and names were randomly drawn throughout the week for prizes. Week Two: Poster and ice cream bar party contest. Week Three: Bookmarks. Child abuse prevention/family violence prevention awareness bookmarks were provided. Week Four: Pencils and activity sheets—child abuse and family violence prevention awareness pencils with hotline numbers were furnished for K-12 students.

The goal of the Paint Creek FCCLA "Stop the Violence" project is to call attention to the problem of child abuse and family violence and to educate students and people in our school and community with tips to prevent it.

BURN BAN IN EFFECT

STAR STOP
706 N. 1st • Haskell • 864-2062

Hamburger Baskets
with fries and 24 oz fountain drink

Steak Finger and Chicken Strip Baskets
with fries, gravy, Texas toast, and 24 oz fountain drink

\$1.00 off

Fireworks banned

With the Texas Forest Service making the determination that drought conditions exist in Haskell County, the Commissioner's Court determined that the normal danger of fire in the unincorporated areas of Haskell County is greatly enhanced by the extremely dry conditions now existing. As a result, an order was issued prohibiting the sale or use of certain fireworks in those areas.

Under the order, no person may sell, detonate, ignite, or in any way use fireworks classified as "skyrockets with sticks" and "missiles with fins" in any

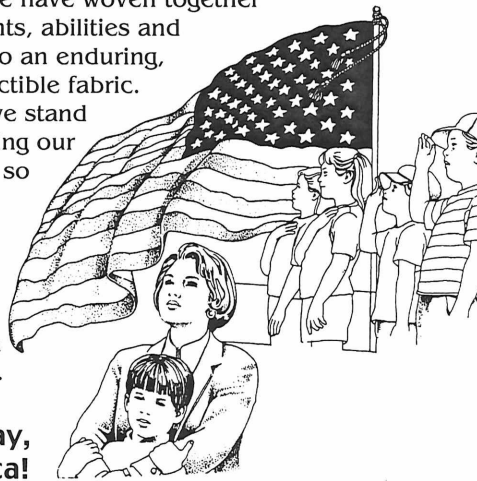
portion of the unincorporated area of Haskell County.

The order does not prohibit common fireworks, small in size classified as Class C explosives; large fireworks devices designed primarily to produce visible or audible effects by combustion, deflagration, or detonation, and classified as Class B explosives by the U.S. Dept. of Transportation.

A person commits an offense if the person knowingly or intentionally violates a prohibition established by this order. An offense under this order is a Class C misdemeanor.

FREEDOM

Let's celebrate the birth of our nation and the founding of democracy, a blueprint so accurately planned by our forefathers to protect the rights of all. A combination of many, we have woven together our talents, abilities and skills into an enduring, indestructible fabric. United we stand in saluting our heritage so that together we may create a future rich with promise. **Happy Birthday, America!**



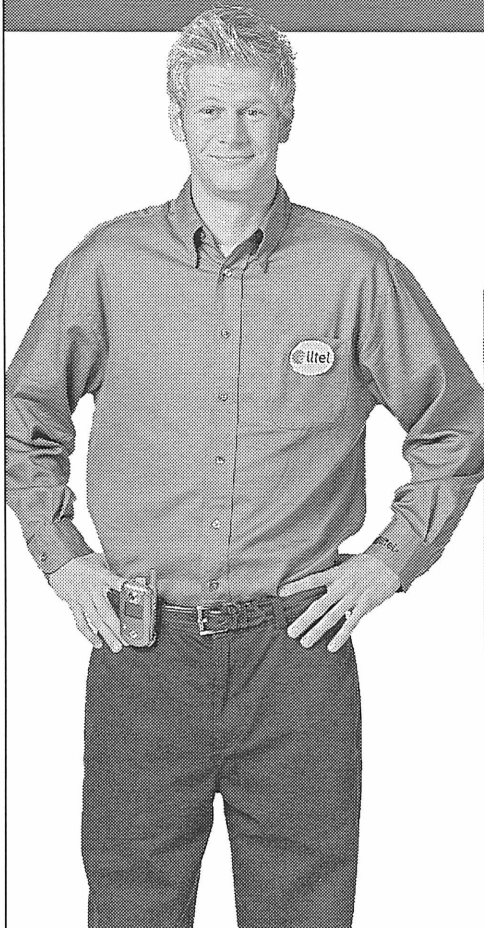
First National Bank Haskell

200 South Avenue E Haskell, Texas 79521

940-864-8555

FDIC Other Convenient Locations to Serve You: First National Bank Munday - Stamford - Rochester

Switch to Alltel and choose the people you call for free — no matter what network they're on.



Motorola RAZR V3c

Most Advanced RAZR \$9999

after \$100 mail-in rebate with 2-year service agreement

Video & MP3 phone \$7999

after \$50 mail-in rebate with 2-year service agreement



Motorola E815

Both phones feature:
1.3 Megapixel Camera/Video
Bluetooth® Wireless Technology
Access TV & Radio Capability

come and get your love™



For exclusive online deals shopalltel.com 1-800-alltel-1

Retail Stores				Authorized Agents			
Abilene 4149 Southwest Dr. (325) 437-0800	Graham 1221 Hwy. 16 S. (940) 549-1885	Snyder 4109 College Ave. (325) 573-7907	Vernon 807 Hillcrest Dr. (940) 553-1885	Abilene Cellular Connection 1150 S. Treadway Blvd. (325) 672-3841	Trio Wireless 4565 S. 1st St. (325) 692-5776	Colorado City Lone Wolf Cellular 1040 Hickory (325) 728-8000	Trio Wireless 407 N.E. Georgia Ave. (325) 235-1210
Breckenridge 3722 W. Walker St. (254) 559-3664	Haskell 10 Ave. D N. (940) 864-8585	Sweetwater 1418 Hatley St., Ste. C (325) 235-0300	Trio Wireless 4310 Buffalo Gap, #K1110 (325) 692-5195	Aspermont Trinity Cellular 612 E. Broadway (940) 889-2543	Sweetwater Sierra Satellite Systems Inc. 1102 A Lamar (325) 235-5445	Proud Sponsor of: 	

Federal, state & local taxes apply. In addition, Alltel charges a monthly connectivity, regulatory & administrative surcharge up to \$1.70; federal & state Universal Service Fund fees (both vary by customer usage); & a 911 fee of up to \$1.94 (where 911 service is available). These additional fees may not be taxes or government-required charges & are subject to change. My Circle: Available to new and existing customers on current select rate plans \$59.99/mo & higher. My Circle applies to ten numbers per account, which must be shared among all lines on account. Not available on prepaid plans. Customer may not designate own wireless or voice mail number, Directory Assistance or 900 numbers as any of the ten available numbers. Calls must begin & end in your plan's calling area. Designated numbers must be within the U.S. Program may be discontinued at the discretion of Alltel. Phone Promotions: Phones available at sale prices to new customers & eligible existing customers. Qualifying Alltel rate plan required. Contact Alltel to determine if you are eligible. Mail-In Rebates: Phones & applicable rebates available for a limited time, while supplies last, with activation of a qualifying rate plan. Limit 1 rebate per qualifying purchase. Phone cannot be returned once mail-in rebate certificate has been submitted. Customer pays applicable taxes. See rebate certificate for details. Bluetooth Wireless Technology: The Bluetooth features of these handsets may not be compatible with all devices that are Bluetooth enabled; Alltel cannot be responsible for compatibility with devices not sold by Alltel. Additional Information: Limited-time offer at participating locations. While supplies last. Qualifying Alltel rate plan, credit approval & approved handset required. \$20 non-refundable activation fee applies per line. \$200 early termination fee may apply per line. Offers are subject to the Alltel Terms & Conditions for Communications Services available at any Alltel store or alltel.com. All product & service marks referenced are the names, trade names, trademarks & logos of their respective owners. Screen images are simulated. ©2006 Alltel Communications, Inc. All rights reserved.

