### **Basketball games**

HASKELL SUMMER LEAGUE Tues., June 28 at Munday Crowell vs Rule 5 p.m. Haskell vs Munday 6 p.m. Rule vs Throckmorton 7 p.m.

### Calendar

#### Early deadline

Deadline for news and advertising for the July 7 edition of the Haskell Free Press will be Thurs., June 30 at 5 p.m. The offices of the Haskell Free Press will be closed Mon., July 4. Social security

#### seminar set

Personnel from the Social Security Administration office in Abilene will host a local one-time seminar at the Experienced Citizens Center in Haskell Tues. June 28 from 8:30 a.m. to 10:30 p.m. to provide information related to the new Medicare Part D prescription drug coverage program. Personnel will assist those attending complete applications in advance of the next month's sign-up date. Applicants will need to state the amount of their monthly income and assets. If entitled to full benefits, applicants may be able to get extra help to pay for the annual deductible, premiums and co-payments related to Medicare. Persons already entitled to Medicaid will be automatically enrolled in this new program and do not need to attend this event or need to apply.

#### Pack meeting

Cub Scout Pack 136 will hold a pack meeting Tues., June 28 at 7:30 p.m. at the City Park. Summer food

#### service continues

Haskell CISD will sponsor the summer food service program through Fri., July 29. Meals will be served at Haskell Elementary School Cafeteria located at 306 S. Ave. G, from 11:30 a.m. to 1 p.m. Monday through Friday. Those ages 1 to 18 are invited to eat free. Adults may eat for \$2.50 each.

#### Rule cleanup

The City of Rule will have two trailers available north of City Hall for metal and burnables during the June city-wide cleanup.

### Medical fund

A medical fund has been established at First National Bank in Haskell for Tammy Parham who is in an Abilene hospital following complications from surgery

### Bible school

The Christian, Methodist, Presbyterian and Lutheran churches will host Vacation Bible School Sun., June 26 through Thurs., June 30 beginning at 6:30 each evening at the Trinity Lutheran Church in Haskell. The school's theme is Davey and Goliath's Circus Spectacular, "A High Flying Gospel Adventure." Benefit luncheon

### Watch for children playing The distance II Fre e Pr **(e**) 2

VOL. 119-NO. 25, ©JUNE 23, 2005

"The People's Choice'

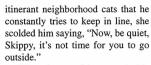
8 PAGES-ONE SECTION-50 CENTS

# anine companion saves woman's li

by Mary Kaigler Their kind has long been known as "man's best friend." Certainly that proved to be true of

one small Haskell dog last week who became Larita Myatt's best friend by saving her life. Skippy, Myatt's one and a halfyear-old Pembroke Welsh corgi sleeps through the night in a dog crate in her bedroom closet. Wednesday, after the two of them had retired for

the night, about 10:30 Skippy began to bark loudly, rousing Larita from sleep. Thinking he must have heard something, possibly one of the



When he would not quit his incessant barking, she got up. Immediately, she smelled fumes of some kind and felt her eyes burning. Calling her daughter, Kristi

Gibson on the phone, she told her, "Something is not right, Skippy is having a barking fit and won't quit. I think it's gas in the house."

Coming right over, Kristi also smelled heavy fumes and called the gas company. The representatives there told them to open all windows, and not turn on any lights or start up the car in the garage.

Soon arriving, the utility company crew took a reading and found a high count of carbon monoxide in the house. Although the cooling system was on, through a malfunction of the system, somehow the gas furnace was pouring the fumes into the house.

Larita and Skippy spent the rest of the night with Kristi and Chad Gibson in their home. A new cooling system and furnace will soon replace the older unit in her home.

Having moved into the house only one month ago, Myatt was still into the process of getting settled and having some changes and repairs done to the place. The smoke and carbon monoxide detector she brought with her still remained in the box it came in, never having been installed.

"This is a wake up call for me, and I hope it will be for others, to install alarms and regularly check the batteries," Myatt said, knowing that her experience could have been very serious.

Myatt retired from 40 years of teaching school at Abernathy, and moved to Haskell in 2003 to be nearer to her daughter and grandchildren, Kortney and Chase Gibson. Glad to be here, even with the events of last week, she said she likes living in Haskell.

Deeply thankful for the timely warning, and acutely aware of the dangerous situation she was unknowingly living in, Myatt said, "Without Skippy to raise the alarm, I would probably be dead."

Sitting on her lap, licking her face, and looking into her eyes as she spoke about it, Skippy seemed to be happy and thankful for it, too.

pet corgi, pause for a happy picture together after the dog saved her life by waking and alerting her to danger Wednesday night,

### Prison related industry proposed; awaits approva

by Mary Kaigler At a called luncheon meeting Tues., June 14, of the Haskell County Commissioners, the Haskell City

Council and Development Corporation of Haskell, a proposal for establishment of a prison related industry within the Rolling Plains

Coaches Association's 1A All State

Named as All State team pitcher

was Brad Blanks. Named as All-State

outfielder was Ronald Chapman

Responding to a call, gas company workers quickly cut off the gas supply to the malfunctioning furnace/AC unit.

> Leonard Handford of Scott, Louisiana, director of Emerald Prison Enterprises, which operates the local

facility, and Dave Lewis, of Fresno, California, Vice President of Allwire, continued on page 8



A benefit luncheon will be held Sat., June 25 from 11 a.m. to 3 p.m. at Hopewell Baptist Church, 908 N. Ave. A in Haskell to help Llovd Bennett with medical expenses. Plates will be BBO chicken, red beans, Southwestern rice salad, potato salad, bread, dessert and tea. Cost is \$5 per plate. A benefit musical will be held Sat., June 25 beginning at 7:30 p.m. at the church. Donations will be accepted.

### PC homecoming

Paint Creek will hold their homecoming this fall. To update your mailing/email address, contact Max Calk, 3200 Golden Oaks Circle, Granbury, Texas 76049 or maxcalk@earthlink.net.

#### Index

Obituaries	Page 2
Out of the Past	Page 4
Menus	
Classifieds	Page 7

## Players named to all-state

Team.

Two members of the successful Haskell High School baseball, team that went all the way to the Region finals, were recently named to the 2005 Texas High School Baseball

**RONALD CHAPMAN** 

**BRAD BLANKS** 

# Band students earn state medals

Three Haskell High School students competed at the Texas State Solo Ensemble contests held over Memorial Day weekend at Texas State University in San Marcos.

Regional Jail and Detention Center

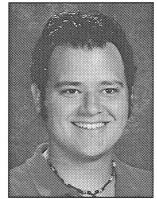
grounds was presented for approval.

Making the presentation were

Robbyn Tribbey and Kristen Martinez each performed twirling solos and were honored with silver medals for a Second Division Rating. Caleb Hudgens performed a piece



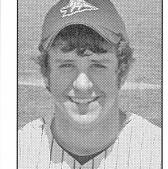
of piano music written by French composer, Claud Debussey. Playing from memory, Hudgens earned state level distinction by earning a gold medal for a First Division Rating.



CALEB HUDGENS

#### FOR NEWS ITEMS OR TO SUBSCRIBE, CALL 864-2686

**ROBBYN TRIBBEY** 



# New generation of lenses changes need for glasses

The need for reading glasses or bifocals as we age may begin fading from sight with the latest generation of intraocular lenses

Doctors at UT Southwestern Medical Center are among the first to receive the ReSTOR lens, a new surgically implanted lens that can allow patients who have trouble seeing at arms length to see near, intermediate and far distances without glasses or contacts.

"It's a huge evolutionary step,"

said Dr. James McCulley, professor and chairman of ophthalmology. "We all want a glasses-free and contact lens-free society and we are very rapidly moving toward that."

The lens' introduction in May came as Medicare announced revisions to some of its payment guidelines, allowing patients covered for cataract surgery to choose the new lens at an added fee. Previous payment rules did not allow the patient to choose this lens, which

SWIM LESSONS JIMMY LISLE, Instructor June 27-July 1 at City Pool Cost \$35 **CLASS SCHEDULE:** Early Beginner 11 a.m.; Beginner 12 noon Novice 5 p.m.; Intermediate 6 p.m. To register call 864-3820 & leave message. Pool Phone Number 864-8185 Hours: Tues. ~ Sun. 2 to 6 p.m. Closed Monday

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curtailed interest since the intraocular lenses are particularly beneficial to that age group.

"Had Medicare not done that, the Medicare population would have been excluded and the most frequent operation done for the Medicare population is cataract surgery," said Dr. McCulley, who directs the Jean H. & John T. Walter Jr. Center for Research in Age-Related Macular Degeneration and the Theodore and Mart Beasley Laboratory for Ocular Surface Research.

Previous generations of implanted lenses corrected for cloudiness caused by cataracts and could improve seeing far distances, but most patients still needed reading glasses to see intermediate distances and close up.

Surgical techniques using the ReSTOR lens can fix far-sightedness and near-sightedness, and improve vision at computer and reading distances as well. Techniques using the ReSTOR lens also can correct presbyopia, a pre-cataract condition in which near vision becomes blurry, with a procedure called refractive lens exchange for those who do not yet have cataracts, but want to be glasses free, said Dr. McCulley.

Aging also causes the eye's natural lens to become more opaque, which scatters light and creates cloudy vision, called cataracts. More than half of Americans 65 and older have cataracts, which can be hastened by diabetes, smoking, poor nutrition and other factors.

Eye surgeons correct the cataract problem by removing the clouded lens and replacing it with an artificial lens called an intraocular lens implant, or IOL. Younger patients with presbyopia-but prior to cataract formation-may have all glasses needs fixed with a multifocal IOL, a procedure typically not covered by insurance.

The ReSTOR lens, made by Fort Worth-based Alcon Inc. and approved by the FDA in March 2005, uses a new strategy for collecting and distributing light and doesn't rely on the ciliary muscle, which looses its effectiveness with age.

In clinical trials for ReSTOR, Alcon reported that 80 percent of patients reported "never" wearing reading glasses or bifocals following bilateral cataract surgery. Clinical results showed 84 percent of patients receiving the ReSTOR lens in both eyes achieved distance visual acuity of 20/25 or better, and near visual acuity of 20/32 or better without glasses. That compared with only 23 percent of the control group.

"As part of our approach to this for patients who want to have this done, our commitment to them is that we will get them as close to glasses and contact free as we can within reason with current technology," said Dr. McCulley.



# **Obituaries**

#### Raymond Brzozowski

Graveside services for Raymond Brzozowski, 80, of Smiley were held Mon., June 20 at the Hermann Sons Cemetery in Gonzales with Rev. Ildiko Rigney officiating. Services were under the direction of Seydler-Hill Funeral Home of Gonzales.

Mr. Brzozowski died Sat., June 18 at his ranch in Smiley.

Born Oct. 24, 1924 in Stieren Community, Gonzales County, he was the son of Joseph and Julia Roznovsky Brzozowski. He served in the U.S. Army Air Corps in World War II. He was a member of Gonzales Elks Lodge, Hermann Sons Lodge and Westhoff American Legion. He was a carpenter, farmer, rancher and did custom hay baling in the Smiley area. He was a member of St. James Catholic Church.

He was preceded in death by his parents; two sisters, or the donor's favorite charity.

#### Skyler Rain Lerma

Graveside services for Skyler Rain Lerma, infant daughter of Suzan Lerma and Rafino Escabedo III, were held Mon., June 20 at O'Brien Cemetery with Kendall Bryant officiating. Services were under the direction of Smith Funeral Home of Rochester.

She died Fri., June 17 at Anson General Hospital in Anson.

She was preceded in death by maternal great grandfathers, Conrad Saucedo Sr. and Beto Lerma, paternal great grandfather Amador Benivedas and great W.P. 'Billy' Hise

W.P. 'Billy' Hise, 78, of Lingleville died Sun., June

Born April 20, 1927 in Haskell, he married Ouida Hammit June 22, 1947 in Haskell. He was a Baptist and had lived in Haskell most of his life before moving to Stephenville in 2000. He was a water well driller.

He was preceded in death by one grandson, Ryan Meier.

# **Everybody's Science**

by Sandy Miller Hays, Agricultural Research Service

Anna Marie Smith and Virgie Semmler; and two brothers,

Lavern of Gonzales, Dwayne Brzozowski and wife,

Sondra of Westoff; eight grandchildren, Corie Bishop,

Brian Brzozowski, Kenna Lucas, Le Ann Brzozowski,

Jenny Brzozowski, Maggie Brzozowski, Justin

Brzozowski and Ashley Brzozowski; three great

grandchildren, Rudy Espinosa, III, Gavin Brzozowski and

Brayden Silvas; two sisters, Lily Neitsch of Gonzales and

Carlena Bush of Tuleta; and one brother, Joe Bailey

Memorials may be made to the American Heart Assn.

Survivors include her mother, Suzan Lerma; her father,

Rafino Escabedo III: maternal grandmother. Elvira

Johnson; maternal grandfather, Henry Lerma; paternal

grandparents, Emily and Rafino Escabedo II; maternal

great grandparents, Emma and Robert Hernandez; paternal

great grandmothers, Juanita Lerma and Angie Benivedas:

Survivors include his wife, Ouida; three daughters, Ann

Kile Brendle; two great grandchildren, Alexandra and

and aunt and uncle, Jennifer and Jeffery Johnson.

PD. NOTICE

PD. NOTICE

PD. NOTICE

Brzozowski of West Columbia.

aunt Suzan Saucedo.

Benjamin Bradshaw

Survivors include three sons, Glenn Brzozowski and wife, Janis of Haskell, Kenneth Brzozowski and wife,

Ernest (Slim) Brzozowski and Leon Brzozowski.

**Gaining Ground** in Shellfish Safety Okay, "true confession" time: I

never met an oyster I didn't like. Oysters on the half shell, oysters Rockefeller, fried oysters, smoked oysters-there's practically nothing you can do to an oyster that will make me not want to eat my weight in them. Here's a true, but embarrassing, story: One time, a wonderful seafood restaurant that I frequented was offering a very special deal, a dozen oysters on the half shell for just \$5. "Aha," I thought, "I will finally get to eat all the oysters I want!" I'd just tucked away my second dozen, and was ready to order my third, when into the restaurant walked some acquaintances-and I was too embarrassed to let them see what a glutton I was. So I've still never had my fill of oysters!

If you're like me-a serious oyster aficionado-vou'll be happy to hear that scientists with the Agricultural Research Service at Dover, Del., are taking on some very important research pertaining to shellfish safety. You probably know that these days, eating raw oysters is often discouraged because of environmental contamination.

But the ARS scientists are hoping to reverse that trend with their studies of the bacterial and viral safety of these tasty treats. Shellfish are "filter feeders," which means they concentrate pollutants, including human pathogens, from seawater. The ARS lab is focusing on developing rapid, cost-effective and practical methods to detect microorganisms not only in oysters, but also in clams and mussels. They're also evaluating processing strategies to eliminate these potentially harmful pathogens.

Shellfish live along the shore, where they can become contaminated with pathogens from improperly treated municipal waste, leaking septic systems, floodwaters, runoff, or overboard discharge of boat wastes. They also can become contaminated by unclean hands and surfaces at harvest, processing and preparation facilities.

Three groups of pathogens are of the greatest concern: noroviruses. hepatitis A virus and Vibrio bacteria. You may have heard of noroviruses from news stories about outbreaks on cruise ships, but that's far from the whole story; there are an estimated 9.2 million cases of food-related norovirus infection in the United States annually.

Hepatitis A is far less prevalent than noroviruses, accounting for only about 23,000 cases in the U.S. each year. But this virus infects the liver and can be much more serious-even deadly. As for the Vibrio bacteria. there are two that are particularly worrisome: Vibrio vulnificus and Vibrio parahaemolyticus. While consumption of V. vulnificus isn't a problem for healthy individuals, it can be quite serious for elderly or immunocompromised people, especially people with liver disease or diabetes. V. parahaemolyticus causes a gastrointestinal illness that's generally not life-threatening.

The ARS scientists want to know more about how V. vulnificus and other bacteria invade the human host (that's us). They've succeeded in discovering and identifying an enzyme in V. vulnificus that may actually enhance the bacteria's invasiveness. The scientists have found the enzyme in virtually all species of Vibrio tested so far, but not in other pathogens.

They've developed a quick and

samples of food and water as well as clinical samples. That test is currently being evaluated collaboratively with the Haskin Shellfish Research Laboratory at Rutgers University in New Jersey to detect Vibrio in oysters and seawater.

The scientists have also developed a rapid method to detect a broad range of noroviruses in shellfish, and a technique to extract viral RNA from shellfish, a method that lets them do relatively rapid purification of hepatitis A virus and norovirus genetic material from shellfish tissues.

More good news: They're studying a way to sanitize raw shellfish and other viruscontaminated foods using highpressure processing (HPP). No heat or chemicals are involved, so the shellfish retain their uncooked flavor and character. This process is already being used commercially to pasteurize fruit juices in Japan and treat sliced deli meats in Spain.

So, thanks to those ARS scientists, it sounds like someday, I might still realize my dream of eating my fill of those scrumptious oysters on the half shell!

### Students in the News

Haskell students, Tammi Renea Hawkins, a senior majoring in Applied Studies, and Jillian Hope Thomas, a junior majoring in Communication Disorders, were recently named to the Abilene Christian University Dean's Honor Roll.

To make the ACU Dean's Honor Roll a student must complete at least 12 semester hours and earn a 3.45 or higher grade point average.

12 at Harris Methodist Erath County Hospital. Reyes of Pearland, Janna Brendle of Stephenville and Lesa Meier of Haskell; one son, Randy Hise of Haskell; one sister, Vera Smith of Haskell; one brother-in-law, Glenn Walton of Hammond, Louisiana; one sister-in-law, Geraldine Baker of Haskell; six grandchildren, Joey Reyes, Cherish Bradshaw, Christopher Meier, Chad, Heath and

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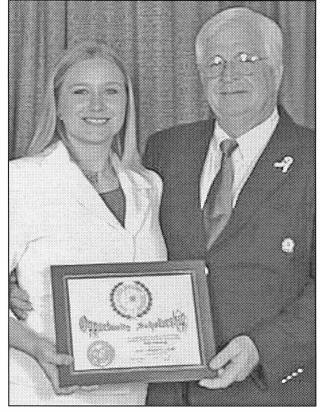






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4-H AWARD-Abby Dudensing of Sagerton, receives the 2005 Texas 4-H Volunteer Leader Association's Collegiate 4-H award from outgoing association president, Bob Williams, during the State 4-H Round-up held at Texas A&M University.

# 4-H'ers take top honors at state Round-up

Haskell County 4-H members, Emery Dudensing and Kiel Rowan, took first place honors recently at the State 4-H Round-up in the Meat Science category. These youth developed a power point presentation dealing with quality assurance in keeping the food supply safe.

A panel of meat science experts judged the presentations on subject matter, ability to answer questions and presentation skills. In addition to receiving trophies for their win, these young men will split a cash award of \$250. Renee Dudensing and County Extension Agent, Jane Rowan, also received a plaque in recognition of coaching the state winning team.

Caleb Hudgens was among the top contenders in the 4-H Food Show. Hudgens competed in the Fruit and Vegetable Group with his recipe, Six-Veggie Casserole, where he placed third.

Other Haskell County youth who qualified at the district level and participated in the state event were: Candace Brister, Food Show; Cheyene Favor and Candace Brister, Fashion Show: and Kiel Rowan, Emery Dudensing and Gay Lynn Gary, Food and Nutrition Quiz Bowl Team.

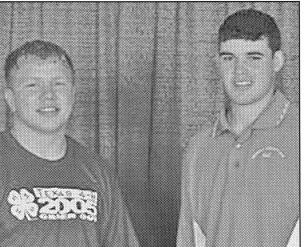
State 4-H Round-up was held June 6-10 on the campus of Texas A&M University and hosted over 2,000 youth participating in 40 contest areas

In addition to the qualifying competition, State 4-H Round-up included the announcement of State award winners. Abby 4-H Dudensing, was recipient of a Collegiate 4-H award given by the Texas Volunteer Leader Association and awarded to a former 4-H member who is currently attending college.

4-H is the youth development and leadership program of Texas Cooperative Extension, a part of the Texas A&M University system. Local County Extension Agents, provide leadership for the 4-H program in each county. The Haskell County Extension Office is located at 101 S. Ave. D in Haskell.



WINNING COOK-Haskell County 4-H member, Caleb Hudgens, holds his 'Six Veggie Casserole' that took third place in the Fruit and Vegetable Group at the 4-H Food Show held at Texas A&M.



MEAT SCIENCE WINNERS-Emery Dudensing of Sagerton and Kiel Rowan of O'Brien, took first place honors in the State 4-H Meat Science competition during the State 4-H Round-up held at Texas A&M University June 6-10.



## **Births**

Hallie Rebecca Watson, daughter of Bo and Trina Fry Watson of Wichita Falls, was born Wed., June 15, at 5:25 a.m., in Wichita Falls. She weighed 7 pounds, 11 ounces and was 20 inches long. Grandparents are Keith and

Sandra Fry of Rochester and Kenny

and Doris Watson of Haskell. Great grandparents are Elna Davis and John Watson of Haskell. Her aunts are Traci Fry McNeff, Wendi Watson Dowd and Mary Kay Watson.

She was welcomed home by big sister, Taylor, and big brother, Matthew.



# Juick Draw event set

The "Quick Draw" event at the Preview Party for the Stamford Art Foundation Show will feature fourteen artists. In this event, the artists participating are given one hour to complete a painting from scratch and then the painting is auctioned with all proceeds benefiting the West Texas Rehabilitation Center.

Those attending the Preview Party can watch the artists as they are painting. No one will duck, flinch, or reach for a gun when "Draw" is will be a special feature at the "Quick

Draw" event. Also in the auction is a print of canvas donated by Cowboy Hall of Fame artist, Wayne Baize of Fort Davis with all proceeds benefiting the Rehab. Baize was an original artist in the Stamford Art Show in 1974 and continues to be supportive.

The Preview Party will be Tues., June 28 at the John Selmon Memorial Gallery. Besides the "Quick Draw" event there will be a steak dinner served and music by the Muddy Creek Band. The art for the 2005 show will be viewed for the first time and those attending will have the opportunity to visit with the artists. Forty-two artists are participating. For more information about tickets for the Preview Party call the office of Dawn Ham and 325-773-3654

shouted. Instead the artists will start painting and in one hour will have an original painting ready to be auctioned. Patrons can mingle and observe these miracle works in the making and then try to outbid each other in the auction.

The official State of Texas Artist for 2006, George Boutwell of Clifton,

> Rainey's Scrapbook Store 408 North First • Haskell, Texas • 940-864-5119 We will be closed for cleaning and adding a new section to the store June 23–Julv 4.

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# **OPINION**

**TEXAS PRESS ASSOCIATION** 



#### Governor calls immediate special session

Gov. Rick Perry announced June 18 that he was calling lawmakers back to Austin for a special session to solve the school finance issue left hanging during the just-ended regular session.

And just to give the call some teeth, he used his line-item veto authority to strip \$35.3 billion in public school funding from the state's new budget. That forces the Legislature to act soon or face the prospect of schools being unable to open in August.

The Legislature was scheduled to convene at noon on June 21 to come up with a plan.

#### "One tough grandma" enters fight...

The governor announced his veto and legislative call at noon June 18, which happened to be the same time Comptroller Carole Keeton Strayhorn staged an event in downtown Austin to make an announcement of her own-her intention to try for Perry's job in next year's Republican primary.

"Now is the time to replace this do-nothin' drugstore cowboy with one tough grandma," she said.

Strayhorn's formalization of her long-obvious aspiration for higher office came after U.S. Sen. Kay Bailey Hutchison ended speculation that she might also run for governor. The Texas senator issued a statement June 17 that she would run for another six-year term in Washington.

#### Reading the budgetary fine print...

Line items in the state's budget have given some state agency heads as much as \$48,000 more a year in salary.

The biggest increase will go to Col. Tommy Davis, director of the Texas Department of Public Safety, who will see his salary jump from \$102,000 annually to \$150,000. The attorney general, comptroller, and land and railroad commissioners will get \$32,000-a-year pay hikes Transportation bill signed...

HIGHLIGHTS

By Mike Cox

The governor signed into law last week a bill that gives the electorate the power to decide if an existing highway paid for with gas tax revenue can be converted into a revenuegenerating toll road.

The measure also requires the Texas Department of Transportation to pick up the tab for any private land made much less valuable by a new roadway. Sponsor Rep. Mike Krusee (R-Round Rock) had said the bill and its provisions were intended in part to ease public concerns over the planned Trans-Texas Corridor.

#### **Transportation Commission** member stepping down...

When the Texas Transportation Commission meets June 30, the fivemember panel will be down to only four members following the resignation of Commissioner Robert Nichols of Jacksonville.

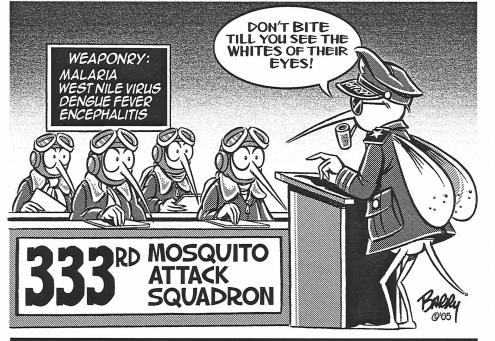
Appointed in 1997 by then-Gov. George W. Bush, Nichols has said he intends to step down from the commission to run for the state Senate seat being vacated by Todd Staples (R-Palestine). Staples announced earlier this month that he intended to seek election as agriculture commissioner.

#### Yellow light for red light runners...

A bill that would have prohibited cities from setting up photographic red light enforcement programs got stuck in traffic in the Legislature, with the Senate declining to take up the measure.

Accordingly, the city of Houston is planning to continue its existing program.

Proponents say the idea saves lives prevents injuries by and photographing and then fining drivers who bust red lights. Critics say traffic-signal cameras contribute to more accidents and are an invasion



# From The Inside Out

#### By Mary Kaigler

My favorite TV show/program is "The Price is Right," and western movies.

My favorite types of music are gospel and country western. My favorite songs are "Farther

Along" and "The Old Rugged Cross." I like to travel and have been to Europe, Africa, Hungary, Israel, Canada, and all of the U.S. states except Alaska.

My favorite food/meal is barbecue.

My favorite places in Texas are Haskell and the Gulf Coast beach.

My favorite vacation spot in the world is the Holy Land and Israel. My best quality is being a nice and

friendly person. My worst qualities are many! The person from history I'd like

most to talk with is Ronald Reagan.

For me, the best thing about Haskell is the friendly people and the churches.

Watch next week for my identity.

#### A Thought for the Week

"We drop like pebbles into the ponds of each other's souls, and the orbit of our ripples continues to expand, intersecting with countless Joan Borysenko, PhD. Minding the Body, Mending the Soul others.'

represented Stamford Electric

Cooperative, Inc. on the annual

Government-in-Action Youth Tour to

40 Years Ago

June 24, 1965

Harlan Miller, Bill Perry and

Jimmy Nebhut were the winners of

the "Open Class" and Bryan Dulaney,

Tommy Perry and Riley Couch took

the "Novice" class honors in the

Haskell Jaycee Junior Golf

Washington, D. C.

Tournament.

Weather Whys

**Ball Lightning** Q: What exactly is ball lightning?

A: Ball lightning is one of the strangest of all weather occurrences, says Brent McRoberts of Texas A&M University.

"It is usually associated with thunderstorms, but unlike normal lightning, ball lightning appears as a glowing ball or orb. Ball lightning discharges energy a bit differently than common lightning. And unlike common lightning, ball lightning does not last for an instant-there are reports of it lasting five to 10 seconds or even longer," McRoberts says.

Q: Does ball lightning happen frequently?

A: Not at all, and sightings of ball lightning are rare indeed, McRoberts adds.

"It's so rare that there appear to be few if any photographs of ball lightning," he notes. "People who have seen ball lightning report that it appears to float in the air for several seconds, and colors can range from white to red, orange or vellow and it can be oval, rod-like or even teardrop in shape. There have been attempts to create ball lightning in a laboratory, but with no much success. Because of its shape and the way it tends to float in the air, many people have mistaken ball lightning for UFOs, which only adds to the mystery of this rare weather phenomenon."

## Student in the News

Kimberly Nicole Hammes of Haskell was among 180 students graduating from McMurry University at the spring 2005 commencement Sat., May 7 at Radford Auditorium. Bishop Dan E. Solomon of McMurry, president of the Texas United Methodist College Association, was speaker at the ceremony.

Hammes received a General Business degree.

# of privacy. WTRC to hold lamb, goat sale

The West Texas Rehab Center will hold their annual Club Lamb and Meat Goat Sale June 25, at the Wylie FFA Show Barn. The goat sale will be at 3:00 p.m. and the lamb sale will be at 6:00 p.m.

The Rehab Center has lambs and goats that have been donated by some of the top show goat breeders in Texas, Oklahoma and New Mexico.

Haskell Fr D

The animals will be at the Wylie FFA Show Barn Thurs., June 23 for your viewing.

The Annual Jackpot Show will be held Dec. 10, for only the animals that are purchased at these sales. Prizes and buckles and money will be given to the exhibitors that return to the

Jackpot Show

#### Each life in our community has a story, and each story is different and important, as it contributes, or has contributed, to the overall picture of the community of Haskell; yesterday,

town.

From Out of the Past

From the files of The Haskell Free Press

were awarded Eagle Scout honors in a ceremony held in the First United Amy Burson, Nisha Patel and Methodist Church.

Shannon Sanford, and Vanessa Miller Dudley Phelps was awarded a and Kaki Stapleton were recognized plaque of appreciation from Haskell Mayor Abe Turner for the past 27 as top winners in the District years of service to the City of Haskell Jason Briles and Jim Crawford

and its citizens. Bernie Gonzales, Sam Rodriquez, James Espinoza, Adam Coleman, Chad Gibson, Michael Rodriquez, Jay Miller, Craig Hanson, Rusty Stocks, Alex Casarez, Jeremy Fuentez, Raul Chevez, Johnny

Albert Roberts, employee of the

Mr. and Mrs. W. J. Bragg, prominent pioneer Rochester couple, were honored by their son and daughter at a tea in Lubbock on the occasion of their Golden Wedding anniversary.

The Zion Lutheran Church in Sagerton was the scene of a happy celebration of the 50th anniversary of their pastor, Rev. F. R. Zucker, as an active minister.

Culver Carney, Pat Henry and Sam Eubanks attended the 39th annual Methodist Youth Fellowship

#### I am single, and have three children. I attended school at Gilliam and Weinert and Odessa Jr. College. No one knows that I once was the

superintendent of a gasoline plant for a major oil company.

With that in mind, once again, as the saying goes, "due to popular demand." (or at least due to many requests), we plan to reinstate the weekly Mystery Free Press Reader column for a bit of light (and perhaps

'really cool') summer entertainment, as we look at some of the community 'stories.'

As in the past, we have again asked a number of our readers to be a Mystery Reader by responding to a questionnaire designed to pique your interest, and test yourself as to how well you know your friends and neighbors, or even former residents. now living across the nation, who continue to read the Free Press.

Thanks to those who are responding to our invitation, each week we will present a different Mystery Reader and profile the previous week's 'Reader' with an

update about their identity. Who is this Mystery Reader? I was born in Haskell, east of

#### naskell ress

Established January 1, 1886 PUBLISHED EVERY THURSDAY 420 North First Street • P. O. Box 555 HASKELL, TEXAS 79521 Phone 940-864-2686 • Fax 940-864-2687 hfp@valornet.com

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Joshua Jaime Granada, grandson of Pluto and Wilma Pruett and Nino and Lupe Granada, all of Haskell, a member of the Lorena Lions team finished his baseball season with homeruns.

One of the best things about living

in a smaller town, (besides being able

to get anywhere you want or need to

go in five minutes), is the feeling of

community, of belonging, and being

a part of something whole. In

community with one another we find

the ties that bind us in friendship and

Anonymity is not a by product of

small town living. Thinking to lose

oneself by moving to a small town is

a misguided daydream. Sooner or

later, depending on the individual's

innate nature, they will become

integrated in some way into the local.

people-to-people landscape; a part of

a part of the whole, we are not alike.

Life of the Beloved, "Your life and

my life are, each of them, one of a

kind. No one has lived your life or

my life before, and no one will ever

live them again. Our lives are unique

stones in the mosaic of human

priceless

**10 Years Ago** 

June 22, 1995

received first-place honors in the

Electric Energy contest with their

method demonstration on building an

electric fence at the State 4-H

Roundup held on the Texas A&M

and

Yet, although each one makes up

As Henri J. M. Nouwen wrote in

caring.

community.

existence:

irreplaceable."

today and tomorrow.

Roundup.

University.

Rev. L. C. Johnson Sr. was surprised with a Father's Day celebration which included a barbeque dinner, cooked and served

by son, L. C. Johnson Jr.

Henrietta Rueffer, Mabel Overton and Agnes Winchester were honored during the District FCE meeting in recognition of 50 years of membership in the Haskell County FCE organization.

#### 20 Years Ago June 27, 1985 Haskell Boy Scout members Bo Watson, Seth Pace and Jerry Davis

Shop Haskell First

Rodriguez and Lee Decker were named to the Haskell's Little League All-Star team.

Bo Watson, Michael Lane, Jimmy Johnston and Scoutmaster Ed Hester Jr. were awarded the Camp Tonkawa Soil Conservation Award Patch and tied for first place for having the cleanest campsite.

#### 30 Years Ago June 26, 1975

Bailey Toliver of Bailey Toliver Chevrolet, Haskell, was appointed to the key post of Area Director of the Texas Automobile Dealers Association.

Norma Sherman was named Frontier Day Queen during the annual pageant in the City Park. Marijane Cunningham was named most authentic and Susie Gilliam was named most original.

Shelby Harris, member of Haskell Council 119 R&SM, received his 50 year pin from Deputy Grand Master of the Grand Council C. W. Wesbrooks.

Tammy Peiser of Paint Creek

Haskell Butane Company, was cited as the "Jaycee of the Month."

Danny Ivy was announced as the winner of the DeKalb Agricultural Accomplishment Award given to the vocational agriculture department at Paint Creek High School.

Leonardo E. Villarreal, son of Mr. and Mrs. Manuel Villarreal of Haskell, was promoted to airman 2nd class in the U.S. Air Force at Tyndall AFB, Florida.

J. A. Wimberly, 99 years old, was recognized as the oldest father and Rex Herricks, 24 years old, as the youngest father at the Foursquare Gospel Church in Haskell.

#### 50 Years Ago June 23, 1955

Mr. and Mrs. Paris Trimmer and grandson, Eddie Trimmer of Lamesa were fishing at the lake and spent some time in the home of Mr. and Mrs. Frank Underwood.

Fred Kupatt of Sagerton went to Amarillo for a Luther League meeting in the Lubbock district of American Lutheran Churches

assembly of the Northwest Texas Conference.

#### 100 Years Ago June 24, 1905

Mrs. Watt Fitzgerald and children and Messrs. S. R. Rike and Ed Ellis and their wives and Mamie Kelly left on a fishing trip.

G. C. Nance took in the big picnic at Sylvester, where he owns some land near there on which there are valuable gypsum deposits.

S. L. Robertson, one of our leading merchants and cotton buyers, informed us that the farmers are turning loose their held over cotton at a lively rate. He said he bought 140 bales in the last 10 days.

A. J. Norman, who came here last fall and bought the Choate farm north of town, and also is farming the Mixson place was in town and said he is highly pleased with the country.

Whit Williams, who lives a few miles south of Haskell, was in town and told a reporter he had the best crop prospects now that he had ever seen.

signing it.

yourself.

office.

By Greg Abbott

buy a car but found out later that they

were actually leasing the car. Be sure

to read the contract carefully before

Finally if you want the best deal,

have patience and be prepared for

several waiting sessions. During your

negotiations, the sales associate will

more than likely have to "check with

his manager." The longer you wait,

the more frustrated you get and the

more likely you are to agree to any

deal. You might want to bring a

magazine to read while you wait. You

may also want to bring a calculator

so you can check the math for

honest business people. However, if

you encounter questionable business

tactics, do not hesitate to contact my

Student

in the News

Candace Michelle Everhart of

Haskell, was named to the McMurry

University 2005 spring semester

Dean's List. The senior student is a

a student must have maintained at

least a 3.5 grade point average while

taking 12 or more credit hours.

To be eligible for the Dean's List,

770/6

Philosophy major.

Bridal Selections

for

Jordan Leming and Will Trammell

Charisse Felty and Crispin Guzman

Becca Reed and Ryan Nanny Going to market ~ Check store for new items!

Shop with us through lunch!

Open M-F 10 to 5:30. Sat. 10 to 4

Southside of the square in Haskell • 864-2069

The Carousel Gift Shop

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HEALTH ... AT HOME!

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**Haskell Home** 

**Health Agency** 

The majority of car dealers are

# Irresistible baby animals may be covered with germs

Kittens, puppies, chicks, lambs, ducklings, calves-baby animals are hard to resist. That's why petting areas at zoos and fairs are so popular.

These little animals "look cute and fuzzy and furry and nice," said Dr. Carol Rice, Texas Cooperative Extension health specialist.

But that's not all they are, she warned. In some instances petting zoos, fairs and other places of humananimal contact have been linked to illness outbreaks.

"In a number of instances peoplenot just children-have gotten sick" after visiting petting zoos and exhibits, she said.

The Centers for Disease Control and Prevention lists some of the disease outbreaks that have been attributed to human-animal contact. They include E. coli salmonella, tuberculosis and ringworm.

But visits to these baby animals don't have to be avoided-provided a few simple precautions are followed, Rice said.

She advised parents to use common sense before letting their children to visit areas where they will come in contact with animals.

"If the place does'nt look clean, it's probably not," Rice said. Don't go into those areas.

"Even if it looks clean, the animals may still carry germs," she said. "You can't always tell by looking." That's why food, drink and

associated anything with consumables-such as baby bottles or sippy cups-should never be taken into animal petting areas.

"Don't take anything that goes into the mouth into the petting area," Rice said. "If the child still sucks his or her thumb, wash their hands quickly (after petting the animals) or don't take them into the petting zoo." In that instance, a good rule of

thumb-so to speak-is to not allow children younger than age 5 into petting areas at all, she said. And that's especially true if chicks, ducklings or other baby poultry are involved. Young birds are likely to carry some kind of pathogen that children can easily get on their hands.

"Any time an animal or bird is penned up and (that animal is) not kept scrupulously clean, they could get contaminated," Rice said.

Animals who are stressed are also more likely to be germ-spreaders, she said, and petting areas can be highly stressful for animals, especially young ones.

"If the animals look stressed or sick, do not touch them," Rice said. "They are more likely to pass off pathogens if they are stressed or sick.

Strollers shouldn't be taken into

petting areas either, Rice said, especially if the floor isn't clean.

Wheeling strollers across floors covered with animal fur, feathers and droppings means "there's a high probability you're taking some of those germs out with you," she said. But children love to pet baby animals and keeping them out of petting areas might be too much to ask. Rice said parents can let their kids enjoy the animals and protect them from disease by keeping three

words in mind: "Wash your hands." "Wash your hands as soon as you leave the petting area," she said.

Each person should wash his or her hands under running water and use some kind of liquid-not bar-soap. Lather "long enough to sing the 'Happy Birthday' song completely through. Parents need to wash younger kids' hands to make sure they are clean. Make sure to wash tops of hands and between fingers," she said.

"Baby wipes are not adequate but hand sanitizers are second-best to washing with soap and water," she said. "Baby wipes do not usually have a disinfectant.

Check the labels, she said. Alcohol-based hand sanitizers should be labeled as germ-killers or disinfectant.

# From the AG

Take into account the rate of interest.

the duration of the loan, and the

bottom-line price of the car when

Let's say you've found the car you

want for a good price. The dealer has

offered a fair price for your trade-in

vehicle and financing at a

competitive rate of interest, with a

monthly payment you can afford. All

this had been drawn up on paper. You

have read through it carefully, and

you are ready to buy. All that is

needed is final approval on the

financing. The dealer says, "Why

don't you just take it home with you

over the weekend. See how you like

You can't wait-but you should.

Don't ever leave your old car at the

dealership and drive away in the new

car until all the paperwork is

absolutely final. The financing may

fall through, the monthly payment

could go up and your old car could

get sold. This is a tough predicament

for the buyer and, believe me, it

Make sure you know whether you

are buying or leasing. We have

received complaints, often from

Spanish-speaking consumers who

thought they had signed a contract to

it!'

happens.

choosing the best terms.

find the best financing, but don't **Buying a Car:** How to be a Smart Negotiator forget to check with other lenders, A car is a major purchase. If you such as your own bank, to be sure that you are getting the best deal.

are planning to buy a car, you need to know what kind of car you want and what you can afford. But it is also a good idea to know something about the car sales process.

Watch out for add-on fees. Recently, we discovered that more than a dozen Houston-area dealers were forcing consumers to purchase unwanted gas or maintenance coupons. Dealers ran print and broadcast ads without mentioning that the purchase of a coupon booklet costing hundreds of dollars would be a condition of the sale of the car. Consumers were not aware of this requirement until the charge appeared on the final bill.

My office filed a lawsuit that persuaded dealers to refund the price of the coupons and discontinue the practice of adding on mandatory costs to advertised prices. We are actively discouraging this practice statewide.

Many car sellers try to get buyers to negotiate the sale on the basis of monthly payments. You are better off negotiating the full price of the car. If you agree to a monthly payment, the dealer may actually end up charging you more for the car in the long run. First negotiate the best possible price for the vehicle. Then figure out the financing.

Beware of diversionary tactics, such as the "four squares." If the sales person starts to draw out four squares and write numbers in them, he or she may simply be trying to lead you back to working from monthly payments. Keep it simple. The most important number is the total price. After you get a good price, you can look at ways to finance it with the best interest rate and lowest possible monthly payment.

Car dealers can often help you



## Misty McMeans RN, BSN

Dear Misty,

Q

How can a patient be sure that his or her desires and needs for medical treatment are followed if they become unconscious or incompetent? Advance Directives are documents that provide instruction on health care for the patient when the patient is unable to speak for themselves. Texas law allows Texans to use four different advance directives.

(1) Out-of-Hospital DNR Order (explained in previous column)

(2) Medical Power of Attorney for Health Care (MPOA) This document names the agent(s) who are to make medical treatment decisions for the patient should the patient become incapacitated. "Medical" indicates that the "Power of Attorney" only covers medical decisions and cannot be used for financial transactions. "Power of Attorney" gives the agent(s) named the power to authorize or reject medical treatment on behalf of the patient. Several alternate agents may be named should the primary agent be unavailable when the need arises. It is understood in the MPOA process that the patient has discussed his/her health care wishes with the agent(s) named and trusts them to follow those desires

(3) Directive to Physician (also known as Living Will)

This document only becomes effective after the patient has been certified by a physician to be terminally ill. The Directive to Physician informs the physician which life sustaining treatments (any medical procedure which would prolong the life of a terminal patient) should not be used. It also provides an opportunity to name an agent to make medical decisions; however, naming an agent is not required on a living will. A Directive to

# Summer safety begins with the use of sun screen

School is out for summer. Hot weather means shorts, shades and sandals. But before donning lightweight summer clothes, do a little basic cover-up, said a Texas Cooperative Extension specialist.

Use sun screen on skin that will be exposed to the sun, said Dr. Carol Rice, Extension health specialist. And wear a hat.

It can literally be a matter of life and death, she said.

The Centers for Disease Control and Prevention put it this way: "Exposure to the sun's ultraviolet rays appears to be the most important environmental factor involved in the development of skin cancer. When used consistently, sun-protective practices can prevent skin cancer."

What about recent concerns that sun screens can cause possible vitamin D deficiencies by blocking the sun's good radiation? Those concerns may be unfounded, Rice said.

"You need, at most, 10 to 15 minutes (exposure to the sun) three days a week on your arms and hands and you'll get plenty (of sunshine) for your body to produce enough vitamin D," she said.

That concern pales in comparison to this one, she said: The American Cancer Society estimates about 1 million new cases of basal cell or squamous cell carcinoma cancer will be diagnosed this year, as will almost 60,000 cases of malignant melanoma.

According to 2004 figures from the Texas Cancer Council, about 700 new cases of melanoma are diagnosed each year in the Lone Star state, and about 450 people die, she said.

said. "Anyone who works outdoors is at greater risk" of developing this potentially deadly form of cancer. The CDC lists other risk factors

for developing skin cancer: •Light skin, hair and/or eye color;

·Family and/or personal history of skin cancer; •Chronic exposure to the sun;

•History of childhood sunburns;

•Certain types of moles or a large number of moles; and

•Freckles, an indicator of sun sensitivity and damage.

Even people without these risk factors should use sun screen to protect themselves from damage by the sun's rays, Rice said. When used correctly, sun screen can block most of the sun's harmful radiation.

In the past, the CDC recommends using sun screen with at least a 15 sun protection factor, Rice said. While that still holds true, anyone who plans to be out in the sun for more than a few minutes should use sun screen with a higher sun protection factor, she said.

New labels should list sun screens of two to 11 SPF as minimum protection, Rice said, those of 12-29 SPF as moderate, and those listed 30 SPF and above as high.

"Sun screens above 45 SPF don't offer additional protection, but they don't hurt," she said. "And price does not predict effectiveness.

To get the most benefit from a sun screen, apply it about 30 minutes before going outside, Rice said. That way the sun screen will dry onto the skin and not be rubbed off she added Sun screen will need to be reapplied every two hours, or if the person is perspiring heavily or going into the water, Rice said. "Sun screens are not waterproof,"

screens are effective for 40 minutes: 'very water resistant' sun screens retain their SPF for 80 minutes."

> When using sun screens, check the expiration date on the container, Rice said. "Like most other items that have an impact on health, they do wear out.'

she said. "'Water resistant' sun

And don't store sun screens in a car or boat or other areas of high heat, she advised. Sun screens can lose effectiveness if stored under these conditions for long periods of time.

In addition to using sun screen, "Be careful about when you go out," she said. "Between 10 a.m. and 4 p.m. is the highest risk (of damaging UV rays)."

And please, she said, remember that there's no such thing as "a healthy tan."

"Tanning is evidence that damage to the skin has occurred," Rice said And it doesn't matter if the damage is from the sun or from an indoor tanning bed-it's still damage.

Got A Row To Hoe?

No one needs to tell you that farming

is more than seed, fertilizer and hope-

"Texas' intense, year-round sunshine puts us at greater risk," Rice





Physician cannot be used by anyone known to be pregnant. For persons under 18 years of age, a different Directive to Physician must be signed by a parent guardian.

(4) Declaration for Mental Health Treatment

This document allows a competent person to declare their preference in advance for mental health treatment with psychoactive medication, electroconvulsive or other convulsive treatment, or emergency medical care should they be declared to be incapacitated at a later time by a court of law.

This article is for information purposes only, and it not intended to be legal advice. This information is not intended to be exhaustive.

What questions regarding home care do you have for the nurse? Send your questions to Haskell Home Health Agency, 417 S. First, Haskell, TX 79521 or call 940-864-5074 or 1-877-864-5074.

HERE'S TO YOUR HEALTH-AT HOME is brought to you by Haskell Home Health Agency providing home care services in Haskell, Knox, Stonewall, Throckmorton and Jones Counties



to weather the inevitable financial storms.

it's a business. And

vital. To make hay

like any business, sound

money management is

while the sun shines,

We know that. That's why area farmers have trusted their business to us.

Stop in soon.

We're ready to help you plan for your future.

# Stamford Art Show to benefit Rehab Center

Foundation Show and Sale is June 29 through July 2, at the John Selmon Memorial Gallery, held in conjunction with the Texas Cowboy Reunion. All the proceeds benefit the West Texas Rehabilitation Center.

Artwork in the show and sale will include oil and watercolor paintings, pencil drawings, and bronze sculptures with a Western influence. The art of 43 participation artists

can be seen at the show including Victor Armstrong, Barry Arthur, Brian Asher, Gary Bailey, Don Baker, Teresa Baker, Bill Barrick, George Boutwell, Karen Brown, R.Russell Brown, Garnet Buster, June Cade,

Hugh Campbell, David Clark, Garv Clawson, Gail Copeland, Dane Ellsworth, Paul Friske, Glen O. Harding, Erwin Hearne, M. S. Hollis, Shirley Hullum, Jan Hurley, Mike Irvin, Melissa Kohout, Mike Lanier, Daniel Maldanado, Teresa Martin, Vel Miller, Steven Napper, Tom Paulson, Doug Prine, Theda Rhea, Paul Cameron Smith, Paul Tadlock, Kathy Tate, Buck Taylor, Gary Ward, Jim Ward, Roy Lee Ward, Tanner Wells and K. W. Whitley.

The art show is dedicated to Ray and Ann Kinney. Ray was a founding member of the Stamford Art Foundation in 1974 serving as the first treasurer. Ann is a director and

# **CLASSIFIED SELLS** CALL 864-2686

time at the preview party June 28 at 6:30 p.m. Many artists will be in attendance. A steak dinner will be served and the music of the Muddy Creek Bank will be enjoyed. A highlight of the evening will be the "Quick Draw" event in which fourteen artists are participating. In this contest, artists will be given one hour to complete a painting, and then the artwork will be auctioned. Also to be auctioned is a print on canvas painted and donated by artist, Wayne Baize of Fort Davis. Baize was one of the original artists at the first show in 1974.

> Reservations for the preview party are requested and can be made by writing the Stamford Art Foundation, Box 609, Stamford, Texas 79553 and enclosing a check payable to the West Texas Rehabilitation Center or call Dawn Ham at 325-773-3654.

ast-president of the organization

The art can be seen for the first

# Turner earns award

One of the Golden Spread Electric Cooperative directors memorial awards has been awarded to Samuel Turner. The award is given to an entering freshmen college or university student who is a member, or spouse or child of a member, or child whose guardian is a member of a rural electric cooperative.

Turner is the son of Big Country Electric Cooperative members Robert and Brenda Turner of Rule. He was Salutatorian of Rule High School for the 2004-05 school year and plans to attend South Plains College in Levelland this fall. Students must possess the

qualities of honor, integrity, thrift, good moral character and a sincere desire to achieve their educational goals.

**Big Country Electric Cooperative** is a member of Golden Spread Electric Cooperative where power for is purchased for distribution to member-owners.

# Brain food has cardiac advantages

Fish may have a reputation as "brain food," but it can also be good for your heart-if you eat it the right way

Studies have shown that eating a couple of servings of fish a week raises levels of HDL, the good cholesterol that helps protect you from heart disease. One study of older adults found that those who ate just one serving of fatty fish a week were 44 percent less likely to die of a heart attack that people who didn't eat fish.

Fatty fish include salmon, tuna, sardines, mackerel and herring. While we usually think of lean meats as being better for us, fatty fish contain high levels of omega 3 fatty acids, which are good for you.

They're essential for growth and development, and they aren't manufactured by the human body.

But nutrition experts at UT Southwestern Medical Center say that how you prepare your fish fillet sandwich is going to count toward your omega 3 fatty acid requirement. The high heat of frying changes the structure of the fatty acids so they're no longer as beneficial. Frying also adds unnecessary fat and calories to your diet.

Baking or grilling fish will give you the most benefit from fish. If you aren't accustomed to cooking fish, find a good cookbook or talk to the seafood expert at your grocery store for tips.

## ECC Calendar and Menu

Mon., June 27 11:00 a.m. Blood pressure check Lunch-Sloppy Joe's on bun, pinto beans, mac and cheese salad, onions, pickles, lemon cake, milk, tea, or coffee

Wed., June 29 Lunch-Ham and beans, buttered corn, garden salad, sliced onions, cornbread, peach cobbler, milk, tea, or coffee

Fri., July 1 Lunch-Meatloaf, creamy potatoes, fresh veggies, squash, cornbread, peach cobbler, milk, tea,

or coffee Announcements begin at 11:45 a.m. followed by lunch.

# This Week's Devotional Message:



HASKELL

## SUMMER BRINGS US CLOSER TO GOD'S CREATION

The sun has reached the zenith in the sky, And casts no noonday shadow from up high; But warms with gentle breezes through the air A world of life that's teeming everywhere.

The grass and trees attain their deepest green. While lazy streams reflect the summer scene;

And time to take a holiday from chores, But never from your faith; for on vacation, You'll learn first hand the beauty of Creation.

A season meant for living out of doors;

So, in the church to which your faith has bound you,

Give thanks to God, who made this world around you.

#### ATTEND CHURCH THIS SUNDAY Greater Independent Baptist Church

East Side Baptist Church Danny Manross, pastor Sun. 9:45 a.m., 11 a.m., 6 p.; Wed. 7 p.m. 600 N. 1st East, Haskell Christian Church Dusty Garison, minister Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m. 107 N. Ave. F, Haskell New Vision Family Worship Center Joe and Loretta Stulir, pastors 864-3465 Sun. 9:45 a.m., 11 a.m., 6 p.m., Wed. 7:00 p.m. East Hwy 380, Haskell Trinity Lutheran Church Ron Rennegarbe, pastor Sunday School 9:30 a.m., Worship 10:30 Hwy 380 East, Haskell Iglesia Bautista El Calvario Art Flores, Interim pastor Sun. Morn. 9:45 a., 10:45 a.m., 5 p.m.; Wed. 7 p.m. 607 S. 7th, Haskell First United Methodist Church Rev. Daniel Echols, pastor Sun. Morn. 9:45 a.m., 10:50 a.m. 6 p.m.; Wed. 6 p.m. 201 N. Ave. F, Haskell First Assembly of God Rev. J.C. Amburn Sun. Morn. 9:45 a., 10:45 a.m., 6 p.m.; Wed. 7 p.m. 1500 N. Ave. E, Haske St. George Catholic Church Father George Roney Sat. Mass 7 p.m.; Sun. Morn. 9:00 a.m. 901 N. 16th, Haskell Church of Christ Jim Yates, minister Sun. Morn. 9:30 a.m., 10:30 a.m., 6 p.m.; Wed. 7 p.m. 510 N. Ave. E, Haskell First Presbyterian Church Steve Beatty, pastor Sun. Morn. 9:30 a.m. 306 N. Ave. E, Haskell **Trinity Baptist Church** Tony Grand, pastor Sun. Morn. 10 a., 11 a., 6:30 p.m.; Wed. 6 :30 p. 114 S. Ave. D, Haskell Hopewell Baptist Church Sun. Morn. 9:30 a.m., 11:00 a.m.; Wed. 7 p.m. 908 N. Ave. A, Haskell

Rev. T. L. Griffin Sun. Morn. 9:30 a., 11:00 a., 6:30 p.; Wed. 7 p. 301 N. 3rd St., Haskell New Covenant Foursquare Bill and Renee Glass, pastors Sun. Morn. 10 a.m., 11 a.m., 6:30 p.m.; Wed. 7 p. 200 S. Ave. F, Haskell **Mission Revival Center** Rev. William Hodge Sun. Morn. 10 a.m., 11 a.m., 6 p.m.; Tues. 6 p.m. 1600 N. Ave. B, Haskell First Baptist Church Sun. Morn. 9:45 a., 10:55 a., 6 p.m.; Wed. 7 p.m. 301 N. Ave. E, Haskell Church in the Park Rev. Tim and Suzann Townsend Sun. Morn. 10:30 a.m. Wed. 7 p.m. Gazebo or Pavillion Cornerstone Fellowship Baptist Church Dr. Larry Nail, pastor Sun. 9:30 a.m. 10:45 a.m., 6 p.m., Wed. 7 p.m. 1600 N. First St., Haskell -WEINERT-**First Baptist Church** J. C. Baker, pastor Sun. Morn. 10 a.m., 11 a.m., Wed. 7 p.m. Weinert Weinert Foursquare Church Rev. Robert Harrison Sun. Morn. 10 a.m., 11 a.m. Wed. 7 p.m. Weinert -ROCHESTER-Church of Christ Steve Wilis, minister Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 6 p.m. West on Main Street, Rochester First Baptist Church Fred Garvin, interim pastor Sun. 11:00 a.m., 6 p.m.; Wed. 6:00 p.m. 500 Main, Rochester Union Chapel Baptist Church Rev. Clarence Walker Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m. Rochester

Faith Chapel of Rochester Katherine Byrd, minister Sun. Morn. 10 a.m., 11 a.m., 7 p.m.

First United Methodist Church Dolan Brinson, pastor Sun. Morn. 10:00 a.m., 11:00 a.m. Rochester -SAGERTON-Sagerton Methodist Church Philip Houston, pastor Sun. Morn. 9:30 a.m. Sagerton Faith Lutheran Church Deborah Nissen, pastor Sun. Morn. 9:15 a.m., 10:30 a.m.; Wed. 7 p.m. Sagerton First Baptist Church Josh Stowe, pastor Sun. Morn. 9:45 a., 11:00 a., 5 p.m.; Wed. 7 p.m. 1001 Union Ave., Rule **Primitive Baptist Church** Dale Turner Jr., pastor First & Third Sundays 10 a.m. Corner of 8th & Robins, Rule Church of Christ John Greeson, minister Sun. Morn. 9:45 a., 10:40 a., 6 p.m.; Wed. 7 p.m. 811 Union, Rule First United Methodist Church

Wendall Fergerson, pastor Sun, Morn, Worship 8:30 a.m. 1000 Union Ave., Rule Primera Iglesia Bautista Alfa y Omegs Manuel Marin, pastor Sun. Morn. 10 a., 11:00 a., 5 p.m.; Wed. 6 p.m. 500 Elm Street, Rule Sweet Home Baptist Church Bill Trice, pastor Sun. Morn. 10:00 a., 11:00 a., 6 p.; Wed. 7 p.m. Gladstone Ave., Rule West Bethal Baptist Church Rev. Robert Sweet Sun. Morn. 10 a.., 11 a., 8 p.m.; Wed. 7:30 p.m. 300 Sunny Ave., Rule Paint Creek Baptist Church Sun. Morn. 10:00 a.m., 11:00 a.m., 6 p.m. Paint Creek -O'BRIEN-O'Brien Baptist Church

June 27-July 1 Milk is served daily. Monday: German sausage wrap, curly fries, pickle spears, brownies Tuesday: Stew, grilled cheese sandwiches, applesauce, cookies Wednesday: Beef enchiladas, pinto

beans, garden salad, tortilla chips and salsa, pineapple tidbits Thursday: Pizza, salad, fried okra, cantaloupe

Friday: Chili dogs, french fries, pickles, ice cream with toppings

## **Cattle Market Report**

Haskell Summer Lunch Menu

The market at the Haskell Livestock Auction was on a run of 387 head of cattle at its sale on Sat. June 18, according to Gary Tate, reporter.

Packers \$2 to 3 higher. Stockers, feeders steady.

Cows: fat, .55-.61; cutters, .52-.64; canners, .32-.47.

Bulls: bologna, .65-.72; feeders, .85-97; utility, .58-.68.

Steers: medium and large frame No. 1 200-300 lbs., 1.45-1.80; 300-400 lbs., 1.30-1.55; 400-500 lbs., 1.25-1.40; 500-600 lbs., 1.15-1.29; 600-700 lbs., 1.05-1.20; 700-800 lbs., .97-1.15; 800-up lbs., .84-1.05. Heifers: medium and large frame

No. 1 200-300 lbs., 1.35-1.75; 300-400 lbs., 1.25-1.38; 400-500 lbs., 1.15-1.30; 500-600 lbs., .95-1.25; 600-up lbs., .80-1.10.

950.

Bred Cows: young to middle aged, 900-1100; aged or small, 675-875. Cows with calves: medium frame

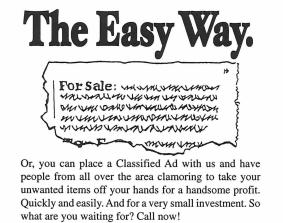


Sure, you can stand in the street in the middle of a major intersection every day for a week with an item you want to sell, put a couple of huge signs on it, and hope someone takes you up on the offer. It might just get the job done. Or you might just end up looking foolish.

Bred heifers medium frame, 725-

No. 1 young and middle aged, 975-1400; aged or small, 750-900.







420 N. First Street Haskell, Texas 79521 Serving Haskell County for over 100 years

The HASKELL FREE PRESS-Thursday, June 16, 2005-Page 7



NOTICE TO CONTRACTORS OF PROPOSED TEXAS DEPARTMENT OF TRANSPORTATION (TxDOT) CONTRACTS aled proposals for contracts listed below will be re

by TxDOT until the date(s) shown below, and then publicly read. CONSTRUCTION/MAINTENANCE/BUILDING FACILITIES CONTRACT(S)

#### Dist/Div: Abilene

Contract 6133-24-001 for PICNIC AREA MAINTENANCE in HASKELL County, etc. will be opened on July 7, 2005 at 10:30 a.m. at the District Office for an estimate of \$11,600.00.

Plans and specifications are available for inspection, along with bidding proposals, and applications for the TxDOT Prequalified Contractor's list, at the applicable State and/or Dist/ Div Offices listed below. If applicable, bidders must submit prequalification information to TxDOT at least 10 days prior to the bid date to be eligible to bid on a project. Prequalification materials may be requested from the State Office listed below. Plans for the above contract(s) are available from TxDOT's website at www.dot.state.tx.us and from reproduction companies at the expense of the contractor.

#### NPO: 16858

State Office: Constr./Maint. Division, 200 E. Riverside Dr., Austin, Texas 78704. Phone 512-416-2540.

Dist/Div Office(s): Abilene District, District Engineer, 4250 N. Clack, Abilene, Texas 79604-0150. Phone 325-676-6800.

Minimum wage rates are set out in bidding documents and the rates will be part of the contract. TxDOT ensures that bidders will not be discriminated against on the grounds of race, color, sex, or national origin. 24-25c

411 1/2 S. First Street Haskell, Texas 79521 940 864 2411 940 864 2332 mrike@dtnspeed.net www.rikerea state.com

Mary Rike, Broker John Rike, Agent



COUNTRY LIVING. 3-1-2. Large play room or office over garage, on 1.24 ac., lg. kitchen and dining, large utility, cellar and metal shop building. Located on FM 618. REDUCED.



509 N. AVE. F. Brick Street location, 3-3, Carport, C/HA, well, cellar and basement, two enclosed porches. REDUCED.

100 ACRES. Cultivated farm located approximately five miles southwest of Haskell. Farm has established wheat and cotton bases. \$425/ac. firm.

167 ACRES. 80 acres of cultivation with one well, 87 acres of old CRP in Love Grass (still has crop bases). Property is located on FM 618 on the east and CR140 on the west. There is irrigation water on three sides of this property.

Come by Rike Real Estate for a complete list.

| ea                                                                | ch week for just                                                     |  |
|-------------------------------------------------------------------|----------------------------------------------------------------------|--|
|                                                                   | <sup>\$</sup> 20 a year.                                             |  |
| (in Haskell County)                                               |                                                                      |  |
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|                                                                   | Haskell Free Press<br>P. O. Box 555, 420 N. First, Haskell, TX 79521 |  |

### dustr continued from page 1

Inc., which manufactures and distributes specialty wire and cable under Sierra Cable Products, a division of Allwire.

The two men were here to speak of the proposal to set up a plant inside the prison, hiring and training inmates to make plastic covered extruded copper wire.

The proposed operation will be housed in two buildings assembled on the prison grounds to accommodate training of both men and women in use of tools and basic shop skills, and will have extrusion lines of 150 feet. With the approval of the DCOH, City and County, the plant setup can be started in July and ready for production in October or November. The federally certified program is operated under the approval of the Department of Justice.

Lewis said the training of inmates in work ethics and skills to prepare them for work outside prison reduces

the return rate to 4%, and that without skills, 60 to 80% will return. Instructors in the program will have the qualifications to conduct the training.

A distribution center for the local products produced will be added in conjunction with the manufacturing plant. The wire will be sold in the southeastern part of the country. Copper ore for the extruded wire will be brought in from El Paso.

Speaking of Allwire's experience and reputation as a quality custom wire, cable and cable-in-conduit manufacturer since 1967, with a 25,000 square foot distribution center in Fresco, California, and production facilities located on 13 acres in Chowchilla, California, Dave Lewis said the company has had 12 years experience in similar cable assembly business in women's prisons. This summer the company will have an operating 16,000 square foot cablein-conduit production facility in the Women's Correctional Facility in Las

who has earned 21 merit badges (10

from the required list), demonstrated

the principles of the Scout Oath and

Law in daily life, been an active

member of the troop and planned,

developed and given leadership to

Hudgens repainted the city pool in

Short made the Christmas lights

Haskell and repaired the sides. He

also repaired the benches and tables.

on the Haskell courthouse and around

others in a service project.

Vegas.

Allwire was recruited by Leonard Handson of Emerald to consider the Haskell location, Lewis said, "From our experience with prison related manufacturing, we know how to behave ourselves in those places," he said.

According to Lewis, the manufacturing plant will be an environmentally safe 'green operation.' "There will be no contaminants in the soil, air or water." he assured, citing the fact that in the Chowchilla plant, the waste water comes out pure at 68 degrees temperature.

In addition to inmate employees, the local plant will employ 8 to 10 civilians. The inmates pay will be put into an account for them and will go to pay for any victim restitution, fines, court costs or child support they may owe. A mandatory savings will be set up for them, so that they will have some money when they get out of prison. That, along with the training

skills they have learned, will help them to begin a new life.

Speaking of the proposed prison related industry, Randy Hise, president of the Development Corporation of Haskell, said the DCOH has agreed to it in principle, but that it also requires the approval of the City and County to become a reality. "It seems to be a really good opportunity, helping inmates to learn a trade, offering jobs for 8 to 10 civilians, and retail sales to numerous truckers coming in and out. It is also possible that a large, accessible truck stop may be constructed," he said.

Monday, Haskell County Judge David Davis, said, "Yes, the county is in support of anything in line with improving the economic structure. We are looking forward to this being a positive way to do that." However, he said that further study will be required before any formal contract is signed.

The City's disposition on the matter was not available at press time.

#### onor three scouts Lagle ceremony to h

A Court of Honor ceremony will be held Sun., June 26 at 2 p.m. at the First United Methodist Church in Haskell to officially award the prestigious rank of Eagle Scout to Caleb Hudgens, Cameron Short and Charlie Smith.

Parents of these Life Scouts of Troop 136 are Jerry Don and Donita Hudgens, Cliff and Mynea Short, and Darrell and Kay Smith.

To earn this rank, a Life Scout

the square permanent.

Smith put markers on unmarked graves the Pleasant Valley Cemetery southeast of Weinert. He also repaired markers.

"The rank of Eagle is more than just a medal or certificate to hang on the wall-its about a lifelong commitment to integrity, leadership, faith and respect of others," Eagle Scout Drew Garison said.

In Haskell County, 98 young men

have attained the Eagle rank since 1959. Because records do not go back any further, the troop is unable to identify earlier Eagle Scouts for a wall of honor in the scout room. Kay Smith has undertaken the project and asks that all Eagle Scouts prior to 1959 contact her with their name and year of award.

All Eagle Scouts in attendance will be recognized at the ceremony of Sunday.

# **USDA Farm Bill forum and topics** are subject of public comments

Agriculture Secretary Mike Johanns has announced the first Farm Bill Forum and the topics on which the U.S. Department of Agriculture (USDA) will be seeking input from America's farmers, ranchers and rural residents regarding the development of the 2007 Farm Bill.

"The next farm bill will affect America's entire agricultural community," said Johanns."That's why I want to ask America's farmers and ranchers how our farm policy is working and how we can make it better. I believe very strongly that they deserve a voice in this process.' The first Farm Bill Forum will be

# Fly In set Sat., June 25

The Texas Chiefs Model Airplane Club announces the 20th open house fly in will be held Sat., June 25, at the Haskell Model Airport 3 miles East on Highway 380. Many types of radio control models are expected to be on display.

Plaques will be awarded for the best military model and the best civilian model. Flying begins at 9 a.m.

Visitors are welcome anytime. Club members will be glad to show held in Nashville, Tenn. on July 7 from 6:00 to 10:00 p.m. CDT at RFD-TV Northstar Studios. The public is invited to attend and participate in the forum, which will be broadcast live on RFD-TV. In addition to accommodating approximately 300 in the audience, the forum also will accept calls from across the nation.

Johanns made the announcement in remarks to the State Convention of the Illinois FFA in Springfield, Ill. The 2002 Farm Bill, which authorizes many of the programs operated by USDA, expires with the 2007 crop year.

Johanns noted that in his remarks that he was approaching the Farm Bill Forums with an open mind. "I do not begin this process with preconceived notions about the direction future farm policy should take," said Johanns. "We will use the feedback we receive to help us determine the best course for a new Farm Bill.'

Throughout 2005, Johanns and other senior USDA officials will participate in the Farm Bill Forums that will be held across the country. The dates, locations and times of the forums will be announced as they are scheduled and be available on the USDA website at http:// www.usda.gov/farmbill. The public will be invited to attend the forums and to present oral comments.

As the current Farm Bill covers a diverse array of program areas, six topics have been identified to provide a framework for the forums. The primary topics addressed at the commodity, conservation, and rural economic development issues. In addition, some forums will be dedicated to other important programs authorized by the farm bill such as food assistance, research and education programs.

USDA will be seeking public discussion on farm policy considerations regarding: the competitiveness of U.S. agriculture in global and domestic markets; challenges facing new farmers and ranchers as they enter agriculture; appropriateness and effectiveness of the distribution of farm program benefits: achievement of conservation and environmental goals; and enhancement of rural economic growth and opportunities to expand agricultural products, markets and research.

The public will be invited to provide comments on six specific questions based on these policy considerations:

1. How should farm policy be designed to maximize U.S. competitiveness and our country's ability to effectively compete in global markets?

2. How should farm policy address any unintended consequences and ensure that such consequences do not discourage new farmers and the next generation of farmers from entering production agriculture?

3. How should farm policy be designed to effectively and fairly distribute assistance to producers? 4. How can farm policy best

achieve conservation and

programs provide effective assistance in rural areas? 6. How should agricultural

product development, marketing and research-related issues be addressed in the next farm bill? Notice of these questions will be published in the June 17 Federal Register. Comments will be accepted at public forums and may also be submitted electronically via the Internet at the USDA home page (http://www.usda.gov/farmbill) by selecting "Farm Bill Forums," by

email to FarmBill@usda.gov or by mail to Secretary of Agriculture Mike Johanns, Farm Bill, 1400 Independence Avenue, SW., Washington, DC 20250-3355.

USDA will review the public comments received by Dec. 30, 2005, including any analyses, reports, studies and other material submitted with comments that address the six questions.



All deadlines are 5 p.m. Monday.





### AUCTION Byrd Tractor Service

Sat., June 25 • 10 a.m. at Carothers & Main • Rochester, Texas from Hwy. 6 at Rochester, West on 618 to sale site. Clifford has taken a position with Quality Implement.

EQUIPMENT: Ingersoll-Rand, twin cycle air compressor, 60 gal. tank, single phase 220, like new; 2-2 ton 'A' frames; 2-2 ton chain hoists; 1-10 ton cherry picker; 1-2 ton cherry picker; 1-Kent-Moore rolling engine stand, H.D.; 1-20 ton floor jack; 2-10 ton floor jacks; 1-2 ton floor jack; 2-tractor tire jacks; tractor splitting stands; 1 set 10 ton jack stands; 1 set 2 ton jack stands; 1-Hotsy pressure washer/steam cleaner; gear lube dispenser pump with meter. Office furnishings. Large shop heaters. TOOLS: 2-Snap on battery chargers; mechanics creepers; 1/2" drill press; steel shop tables; 48" shop fan; bench vises; Snap on refrigerant recovery unit; 4 Seasons refrigerant recovery unit; misc. shop and hand tools. MISC: 1 lot 3 pc. hitch pins; 1-Cat. 1 center link; 1 lot bearings; 1 lot wheel hubs; 1 lot tie rod ends; 1 lot PTO yokes, shafts; 1 lot U-joints; 1 lot new starter parts; 1 lot new alternator parts; PTO shaft guards; BG additives; fuel treatment; snap ring assortment; electrical connection assortment; organizer bins; misc. new air filters; misc. auto trans filters; exhaust rain caps; lift arm ball joints; small lot roller chain; metal part shelving. Much more not listed. Also offering REAL ESTATE at noon: 75'x75' heated shop with 50'x75' office/parts showroom with central H/A. Real estate terms: 10% earnest money on sale day. Due to close in 45 days. Sale subject to acceptance or refusal of final bid. Accepting large consignments. Please call Scott at 940-657-5125 or 940-256-2068.

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you how the models are controlled and constructed.

forums will reflect various concerns affecting rural America such as

environmental goals? 5. How can Federal rural and farm

Dear Friends, Neighbors and Patients.

After 14 years in Munday, the nature of my dental practice will be changing. A dental hygienist will be available for appointments in the office at 131 W. Main St. in Munday on two Fridays a month. Appointments can be made from 8 a.m. to 12 noon, Monday through Friday, by calling the office at 940-422-4102.

I will be practicing dentistry in Eastland, Texas for the Cross Timbers Community Healthcare Center. I will be available for limited appointments at the office in Munday on two Fridays a month. I will be limiting my practice in Munday to prosthodontics (dentures and replacement of missing teeth). Examination and diagnosis will be available with a hygiene appointment.

It has been my pleasure to be the general dentist in Munday and to have provided care for the community and surrounding areas.

On behalf of my staff, family and myself, I thank you for your patronage and continued support.

> Sincerely, David B. Neal, DDS



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