Softball games

V Maidens **Eula Tournament** March 10-12 JV-V Maidens vs Breckenridge Fri., March 11, 4:30 p.m. at Breckenridge V Maidens vs Snyder Tues., March 15, 5 p.m. at Snyder JV Maidens vs Wylie Tues., March 15, 4:30 p.m. at Haskell (double)

Track

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Haskell Relays Sat., March 12 Prelims 9 a.m.; Finals 1 p.m.

Calendar

Retired teachers

The Haskell Co. Retired Teachers will meet at the Red Rooster restaurant, 1006 S. Ave. E in Haskell, Wed., March 16 at 11:30 a.m. All retired school personnel are invited to attend.

New pastor

The Greater Independent Baptist Church, 301 N. Third Street in Haskell, will hold an installation ceremony for their new pastor, T. L. Griffin, Sun., March 13 at 3 p.m. Rev. Billy Young of Crenshaw Memorial Nondenominational Church of San Angelo will speak using Ephesians 4:11-12 as the theme.

Noah Project

The Noah Project-North Advisory Committee will meet at the Red Rooster restaurant in Haskell Fri., March 11 at noon. Plans will be finalized for the 'Spring Fling' to be held Sat., April 9 at the Civic Center. Entertainment will be the 'Imitation Stats.' A brisket dinner and trimmings will be served along with homemade desserts. The silent auction will begin when the doors open and continue until the program ends. Tickets are \$10 for adults and \$5 for children 12 and under. Tickets are available from any Advisory Committee member, from the Noah Project office or at the door. Call 864-2551 for more information.

Auction items

The Noah Project-North is seeking auction items for the annual dinner and silent auction to be held Sat., April 9 at the Civic Center. To donate an item or cash, contact the Noah Project-North at 84-2551 or P.O. Box 52, Haskell, Texas 79521. Proceeds of the auction help victims of family violence.

Hee-Haw

The annual Sagerton Community Hee-Haw is set for March 31, April 1 and 2 beginning at 8 p.m. nightly. Music and singing will begin at approximately 7 p.m. The Thursday night performance is for groups only. Tickets for the April 1 and 2 performances will go on sale Tues., March 15 at 3 p.m. at the Sagerton Community Center or thereafter by calling 940-997-2688 for tickets. Tickets are \$5 each and are limited to 10 tickets per person. Plate lunches, sandwiches and pies will be available in the cafeteria nightly from 5:30 until 7 p.m.

Art Association

The Brazos West Art Association will meet Mon., March 14 at 7 p.m. at the Haskell National Bank Community Room. Patti Rae Welborn of Abilene will give a demonstration.

Flea market

A flea market will be held Sat., March 19 in conjunction with the Haskell Fire Department's Classic Car Show. To reserve a space for the flea market, call the Haskell Chamber of Commerce at 864-2477.

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Support your hometown merchants

VOL. 119-NO. 10, @MARCH 10, 2005

"The People's Choice"

8 PAGES-ONE SECTION-50 CENTS

GEARING UP FOR CAR SHOW—Car owners and enthusiasts from a wide area are hoping for a pretty weekend Sat., March 19, during the 9th annual Haskell Fire Department's Car Show. The crowds

attending last year's show, shown above on the square around the courthouse, enjoyed a full day of viewing the classic autos, family activities, shopping and sunshine.

At the regular meeting of the Haskell City Council, Mon., Feb. 28, members approved a request from the Haskell Volunteer Fire Department to pursue a Texas Forestry Grant for

purchase of various new equipment for the Fire Dept. With a limit of \$10,000, this would be a 25% matching grant, with the city picking up 25% of the total.

for May 7 elections

With the filing period for candidates running in county municipal and school elections now ended, the following names will be on the ballots in the May 7 General

Filing for three seats open for City of Haskell alderman are W. L. Wolf and Sue Medford, both incumbents, and Jimmy Roberts.

Filing for place open on the Haskell CISD Board single member District 3, is incumbent Mynea Short. Filing for single member District 2, are Brandon Anderson and incumbent, Donnie Rieger.

Filing for three places open on Rule City Council are Cathey Casey, Bill Bowles and Jackie Whorton,

Indians receive

Haskell Indians named to the 6-A All-District 1st Team were: Jakaan Hodge, Nate Webb, Kendall Mitchell and Miquel Chavez.

D. J. McCulloch was named Newcomer of the Year, and L. J. McCulloch was named as Honorable Mention.

With a record of 18 wins and 8 losses, the Indians were District Champs, Bi-District Champs, Area Champs and Regional Semi-finals Qualifier.

Named to the Class 1-A Region 1 All-Region Başketball Team was Haskell Indian, Nate Webb, seniór 6'4" post player with the average of 13 points per game, 7.6 rebounds per game, and shooting 51% in the field. He was one of 20 players in the Region named to the All-Region Team.

Filing for two places on the Rule ISD Board are incumbents Robert Ace Turner and Lynn Dale Dudensing. No other names had

incumbents, and Robert Saffel,

Marsha Vasquez and Bailey Anne

continued on page 8

The Haskell Indian Baseball Team

Having recently received a grant to purchase a new city police car, bids were considered for the sale of the old police car. Two bids were received for the old car, and the bid from Steve Grand was accepted.

Agreement was given to a request to close the alley between Rodriquez Inn and Smitty's Auto Supply. between lots 7 and 8, Block 10, Brown and Roberts Addition, and to sell 1/2 of the closed alley to Rodriguez Inn and 1/2 to Smitty's,

The annual racial profiling reports were presented by City Police Chief Tom Bassett.

Acceptance was given by the council to a resolution approving a grant application in the amount of \$225,000 through the Texas Department of Agriculture, Texas Capital Fund, for the building of infrastructure to replace the water main from South 1st East to FM 600. While that is being done, the water lines will be replaced going from South 1st to North 1st on Ave. J. East. This will allow the city to lay lines from the proposed assisted living facility to the sewer lines, and then allow the city to pave and curb on that

In his report, City Administrator, Sam Watson, presented the report of Texas Comptroller Carole Keeton Strayhorn on February sales tax allocations to the City, primarily representing sales made in December. The City of Haskell received a 1.86 percent increase for Feb. 2005 in comparision to Feb.

Car show set Sat.,

The 9th Annual Haskell Volunteer Fire Dept. Car Show will be held on Sat., Mar. 19, in downtown Haskell around the Haskell County Courthouse square.

With its widespread reputation of being a major show, featuring something of fun and interest for everyone in the family, the popular event is expected to again bring numbers of entries and visitors to the city. As in previous years, entries are coming in from around the country.

Along with the ten classes of vehicles in the show, other entertainments and activities will include the Kids Tractor Pull and Hot Wheels Races for Kids, (with an entry fee of \$1.00 per car).

Hamburgers and french fries will be served on the Courthouse square during the noon hour by members of the Volunteer Fire Dept.

A flea market sponsored by the Haskell Chamber of Commerce will feature vendor spaces at \$10.00 each on sidewalks in front of businesses around the square.

Classes for this year's Car Show

Cars Pre-'64; Cars '65 and up; Antique Cars, Trucks thru '50; Street Rods Pre-'49; Race Cars; Older Pickups Pre-'84; Pickups '85 and up; Motorcycles; Restoration in Progress; Scooters.

First, second and third places in each class will receive a trophy. Entries are \$20 each. Judging will be held at 12:30 p.m., with trophy presentation at 3:30. Trophy and cash will be given for Best of Show and People's Choice, and a trophy given for Farthest Distance Traveled.

Registration forms for the show may be obtained from any Haskell Volunteer Fireman. For more information, call Randy Shaw at 940-864-2023 or e-mail: haskellfdcarshow@hotmail.com.

was on the warpath this weekend, bringing home a championship from the Hamlin Rock Field Tournament.

The Indians took the field first on Thursday against Winters, racking up ten runs in five innings behind a onehit pitching performance by Brad Blanks. Winters' only hit was a push bunt that was out of reach from the pitcher and 3rd baseman. Final score: 10-0.

Friday would bring two opponents on the same day. The Roby Lions would come to the plate next.

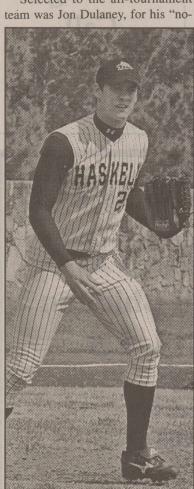
Jon Dulaney took the mound in this second game of the tournament, and shut the Lions down. Dulaney would pitch 5 complete innings and allow no hits. In the 4th inning, two hitters found their way to the base pads by way of walks. Dulaney worked his way out of the inning, striking out two, and went on to throw the no-hitter. Final score: 10-0.

Friday evening, the Indians faced off with the Bulldogs of Stamford. The Indians kept the bats alive, racking up 13 hits and 14 runs. Ronald Chapman provided a very solid pitching performance, allowing one run in five innings. Final score:

Saturday brought Championship game against Winters. Kendall Mitchell took the mound and shut them down, allowing just one run in 4 innings. Brad Blanks came in relief in the 5th inning and pitched two shut out innings before the game

would be called due to rain. Final score: 8-1.

Selected to the all-tournament



HAVING PERFECT PITCH-Jon Dulaney throws a no-hitter during the Hamlin Tournament, and was named to the All-Tournament team.

hitter" pitching performance; Cameron Short, who went 7 for 9 at the plate in the tournament (Batting Average=778); and Brandon



ON BASE-Working second base during the Hamlin Tournament, Brandon McClatchey was named to the All-Tournament Team.

McClatchey, who went 8 for 13 at the plate in the tournament (Batting Average=615). This improved the team's record to 6-1 for the year.



ROUNDING THIRD-Cameron Short runs in during the Hamlin Tournament, in which he was named to the All-Tournament Team.

FOR NEWS ITEMS OR TO SUBSCRIBE, CALL 864-2686

Sheriff appeals to citizens in fight against crime

Responding to the increased number of citizens wanting to assist law enforcement officials and build a stronger partnership in the fight against crime, Sheriff David Halliburton announced Monday that Haskell County citizens are being invited to become Associate Members of the Sheriff's Association of Texas.

Membership appeals will go out in the mail shortly. The funding provides critically technical resources, training and legislative support of key criminal justice issues.

In addition, dues will be used to support crime prevention and awareness programs, promote public safety, fight drug abuse, provide additional training for Sheriffs and their Deputies, and provide scholarships for children of law enforcement officers.

Contributions are tax-deductible. "The Associate Membership Drive helps provide the funding which is vital to helping us carry out our mission of making our communities safer places to live, work and play," said Sheriff Halliburton.

Citizens not receiving a

membership appeal or desiring more information, can obtain it by contacting the Sheriff's Association of Texas at 1601 S. IH-35, Austin,

"As the need for building stronger public-private law enforcement partnerships in this county continues to escalate, programs such as this continue to grow in importance," Halliburton said. "I encourage every citizen and business receiving a membership appeal to consider joining forces with us by becoming an Associate Member. It is a valuable investment in our future."

Founded in 1874, the Sheriff's Association of Texas is a non-profit professional and educational organization dedicated to the preservation of peace and the protection of the lives and property of the citizens of Texas. Steve Westbrook serves as the Executive Director, with headquarters located

The Sheriff's Association does not make solicitations by telephone. All such calls from someone using the Association's name, should be reported to the local Sheriff or County/District Attorney.

Beet prices to remain steady

by Jane Rowan Haskell Co. Extension Agent The nation's beef cattle inventory

is at 33 million head. Extension livestock economists say this one percent increase signals a rebuilding phase in beef herds.

Heifers are being held from slaughter and retained for breeding.

Texas replacement heifers were up 70,000 head, accounting for one-third of the nation's increase.

Economists say cattle prices are expected to remain high through the summer. This has caused high prices at retail markets, likely causing consumers to choose more chicken or pork at the grocery outlets.

City Storm Warning Siren Testing Fridays at noon

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Calendar

Classic car show

The 9th annual Haskell Fire Dept. Classic Car Show will be held Sat., March 19 around the courthouse in Haskell. Entries are \$20. Registration will be from 8 a.m. to 11 a.m. at the Fire Station. Judging will be at 12:30 p.m. followed by a trophy presentation at 3:30 p.m. Hot Wheel races will be held for the kids. A kids tractor pull will be held. For more information contact Randy Shaw at 864-2023.

TCROT lunch

The Texas Cowboy Reunion Oldtimers Assn. (TCROT) will host a stew and cornbread lunch Fri., March 11 from 11:30 a.m. until 1:30 p.m. at the Bunkhouse, just southwest of the TCR main entrance in Stamford. Tickets are \$6. Proceeds will help pay for needed repairs to the Bunkhouse and Round-Up Hall. Advance tickets may be purchased by calling 864-2411 or contacting any TCROT member. Carryouts will be available.

Benefit walk

A walk for Autism research will be held in Abilene Sat., April 2 beginning at 9 a.m. Those wishing to join 'Taylor's team' should contact Melissa Burson. Sponsors, donations and team members are needed. Proceeds benefit the National Alliance for Autism Research.

Food distribution

The Haskell County Ministerial Alliance Food Distribution Center will distribute food Sat., March 19 from 10 a.m. til 11:30 a.m. at 206 S. 2nd (building east of Civic Center) in Haskell. Volunteers are needed.

Chamber banquet

The Haskell Chamber of Commerce will hold their annual banquet Thurs., March 31. Charlie Stenholm will speak. An appreciation day will be held in conjunction with the banquet.

Recipes needed

Friends of Old Glory School are seeking recipes for their new cookbook. Deadline for submitting your favorite recipes is April 1. Mail recipes to Friends of Old Glory School, P.O. Box 3, Old Glory, Texas 79540.

Storm sirens

The City of Haskell will test the storm sirens at noon on

Like what you're reading? Call 940-864-2686 to Subscribe.

Obituaries

Alberta Ila McKinney/VanMeter



Funeral services for Alberta Ila McKinney/VanMeter, 89, of Rule will be held Fri., March 11 at 2 p.m. at Sweet Home Baptist Church in Rule with Rev. Bill Trice officiating. Services are under the direction of McCauley-Robinson Funeral Home

Mrs. McKinney/VanMeter died Sun., March 6 at her residence.

Born Sept. 25, 1916 in Cleburne, she was the daughter of Tom Henry and Eugene Simpson Riza.

She was preceded in death by her

parents; husband, Vernon McKinney; husband, Raymond Gene VanMeter; one sister, Lou Doris Moore; and one brother, E.T. Riza.

Survivors include three daughters, Emily Jean Baugh of Old Glory, Patricia Ann Reddick of Seattle, Washington and Margaret Tanner of Rule; three brothers, Randal Riza of Fort Worth, John Riza of Arlington and Jack Riza Sr. of Cleburne; four grandchildren and three great PD. NOTICE grandchildren.

Alzheimer's affects millions

by Jane Rowan

Haskell Co. Extension Agent Throughout recorded human history, many names have been given to what we now know as dementia, the most common form of which is Alzheimer's Disease. Though many know the name, few people can tell you much about this devastating

Alzheimer's Disease is a chronic, degenerative disease which means that it progresses slowly and gets worse as it progresses. More than four million Americans have Alzheimer's Disease, a number that is expected to reach 14 million by the year 2050.

Americans incorrectly assume that Alzheimer's patients reside in nursing homes-not true! Close to half of the Alzheimer's patients in the United States reside at home.

It seems that the incidence of Alzheimer's Disease has increased in recent years to near epidemic proportions. While improvement in diagnosis has contributed to the rise, the real answer lies in the average length of life for human beings. At the end of the 18th Century, the average lifespan of individuals was 35 to 40 years. Currently, average lifespan for someone living in the United States is about 77 years. Studies show that about 10% of those over age 65 have Alzheimer's Disease, 20% of those over 77 and half of those over 85.

Alzheimer's is more prevalent now because more and more people are living long enough to develop the disease.

plaque with an award or something that our dentist warns us about when we go in for a check-up. Plaque is a major part of the process.

This particular type of plaque forms in the brain between nerve cells causing nerve signals in the brain to be interrupted. Imagine that your nerve cells are like electric lines that transmit signals back and forth. Now imagine that a piece of insulation blocking the electricity is Alzheimer's Disease put in that line. All of a sudden, the signal cannot get through anymore. That is how plaque affects your brain-it prevents brain signals from getting from one place

Plaque is made up of a protein that your body produces normally. In a normal brain, that protein would be eliminated. In the Alzheimer's brain, that protein clumps together with other pieces and forms a plaque.

Another hallmark of Alzheimer's Disease is the formation of tangles. Imagine that the nerve cells in your brain are like railroad tracks. You have two side pieces and a ladderlike structure in the middle holding everything in place. These ladder-like structures are made up of a protein that becomes abnormal in the Alzheimer's brain and causes the ladder to weaken and collapse.

If enough of these proteins become abnormal, the whole nerve cell may collapse on itself and prevent nerve signals from being

Alzheimer's Disease begins its destruction in an area of the brain called the hippocampus.

The hippocampus is responsible for taking in new information and processing it through your memory. As the disease spreads, it works its way up through the outer layers of your brain affecting judgment, emotions and language. Eventually enough of the brain is overrun by plaques and tangles that even the most basic functions are impaired, such as the ability to toilet, communicate and walk.

Alzheimer's Disease completely destroys the ability of an individual to be independent. His or her state of dependency may last for years. The average length of time from diagnosis of Alzheimer's Disease to death is three to ten years, though disease progression may take as long as 20 years.

To-date, the only way to make a 100% certain diagnosis of Alzheimer's Disease is autopsy of the brain upon death. However, medical science has progressed such that through various mental tests, physical exam and ruling out other illnesses, a 90% certain diagnosis may be made. Early diagnosis is important so that prescription drug therapy may be started.

Though there is no cure for Alzheimer's Disease, many prescription medications may help control the symptoms and slow the disease progression.

Testing and diagnosis by a trained health professional is very important since other conditions may resemble Alzheimer's Disease. These other conditions may be treatable completely reversible.

For more information, contact the Haskell County Extension Office at 864-2546 or go to the Alzheimer's Association website at http:// www.alz.orgor call 1-800-272-3900.

Don't be tempted to eat wild mushrooms

place to find mushrooms for cooking. destroys the toxins.

March rains may make your lawn look like a fairyland, full of toadstools that look a lot like the mushrooms you find in the supermarket, but don't be tempted to eat any you find in the wild.

Doctors at UT Southwestern Medical Center at Dallas say you should consider all mushrooms you find in the wild-whether in your lawn or out in the woods-toxic. Don't eat any mushrooms you pick for yourself.

It's difficult to determine which mushrooms are poisonous and which ones are safe to eat.

Dr. Brett Roth, at UT Southwestern poison expert and emergency physician, says that most myths and clues about which mushrooms are safe to eat are inaccurate. For example, there's a common belief that if you see an animal eating a mushroom, that type of mushroom is safe to eat. But there are mushrooms that are poisonous to humans that won't hurt animals. It's

The grocery store is the safest also not true that cooking mushrooms

Books about mushrooms can be incorrect, and even if they're accurate, you may not interpret the information in the book correctly if you're not a mushroom expert Making the wrong call can be deadly. While most poisonous mushrooms only cause stomach upset, some can cause neurological problems and kidney damage. If you're craving mushrooms, visit the grocery store.

Student in the News

Bonnie Emert of Paint Creek has been recognized for academic honors during the fall semester at Vernon College.

Emert was named to the Dean's List in recognition of a GPA of 3.5 or above by a full-time student.

She is the daughter of Randy and Susan Emert of Paint Creek.

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Pick-Up Orders at Brown's Store Saturday, March 12, before 1:00 P.M. **Country Store**

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Batten, Hawkins to wed March 26

Hawkins, both of Trent, have announced their engagement and approaching marriage. A wedding is planned for the morning of Mar. 26 at the First Baptist Church in Trent, followed by a wedding trip cruise to the Caribbean.

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A graduate of Ropes High School, the bride-elect graduated from Methodist School of Nursing in Lubbock, and is employed as OB Nurse Manager at Rolling Plains Memorial Hospital in Sweetwater.

She is the daughter of Merlin and Nell Hobbs of Stamford. She has four children, T. J., Joshua, Jarred and

The prospective bridegroom is a graduate of Mangum High School, Oklahoma. He served 21 years in the USAF, and later moved to Trent, where he operates an advertising business and works as assistant manager at Skinny's. His parents are Hazel and the late Paul Hawkins of Mangum, Oklahoma. He has three children, James, Paige and Jeremy.

Abilene event to honor women of distinction

The West Texas Girl Scout Council has announced a special Women of Distinction luncheon to be held Sat., Mar. 19 at the Abilene Civic Center, to honor fourteen outstanding women from throughout the Council's sixteen counties.

Ruby Turner of Haskell is one of the special luncheon honorees, who were nominated for showing extraordinary leadership, making major contributions within their communities, having a history of selfless service and accomplishment, and are positive role models and influences; pacesetters and examples of what Girl Scouts are learning to

Special speaker for the luncheon will be Deanie Parrish, one of the original WASP (Women's Airforce Service Pilots), who were the first U.S. female pilots unit organized during World War II. These women were credited with making a major contribution to the Allied victory. Some 18 hundred women were admitted to the program, and fewer than 500 are still alive. A dynamic speaker, Parrish is a woman of

The Girl Scout movement's purpose is to inspire girls with the highest ideals of character, conduct, patriotism and service, so that they may become happy, resourceful citizens and future leaders. The goal is to develop their full potential, teaching them to relate to others with understanding, skill and respect, develop guiding values for sound decision making, and contribute to the improvement of society by using their abilities and leadership skills. Girls Scouting is open to girls ages

The Women of Distinction luncheon is the Girl Scout Council's major fund-raiser and program awareness event of the year. For more ticket information or to make reservations call the Council office

Josselet family

The annual Josselet family reunion will be held Sat., Mar. 26, at the Haskell Civic Center.

Activities will begin at 9:00 a.m., with lunch served at 12:00 noon. Meat, beans and bread will be furnished. Vegetables, salads or desserts will be brought by those attending.

An Easter egg hunt and other

entertainment will be provided for the children. Organizers ask that parents let them know how many children to prepare for by calling Sandy Sanford at 940-864-2192 or 940-864-2874 or Debbie Brister at 940-864-3538.

An adult and kids auction will be held following the meal and business

Heart failure: Not a

Heart failure. The words often create shock and fear. But experts say the words don't mean the heart is beyond treatment. And they don't mean the entire heart is damaged; many of the organ's multiple functions may be unaffected, says Dr. Clyde Yancy, associate professor of internal medicine at UT Southwestern Medical Center.

"People need to understand that it's not a death sentence anymore," Dr. Yancy says. "We know a lot more about the condition now. There are

new treatments and medications that can allow patients to live long,

healthy lives.' Nearly 5 million Americans are living with heart failure-when the heart's pumping power is weaker than normal; not that it's stopped working-and 550,000 new cases are diagnosed each year, according to the American Heart Association. The condition can be caused by such events as heart attack, birth defect, coronary artery disease or high blood pressure.

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OPTION #2 - Individual \$50 Membership Fee/ \$30 per Month

Lifetime MF & 1 year contract Includes 2 Fitness Classes Free! Bank Draft Available.

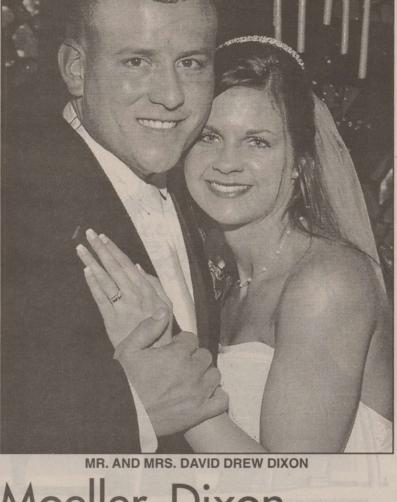
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Moeller, Dixon

Kelli Jo Moeller of Haskell and David Drew Dixon of Abilene were married, Jan. 8 in a ceremony at Logsdon Chapel at Hardin-Simmons University, with Paul Irby officiating.

The bride is the daughter of Allen and Rhonda Moeller of Haskell. Her grandparents are Loretta Hewitt of O'Brien and the late Coy Hewitt, Evelyn Moeller of Haskell and the late Frank Moeller.

The bridegroom is the son of Dr. Joseph and Rose Dixon of Abilene. He is the grandson of Dr. and Mrs. Bill Dixon of Abilene, Mr. and Mrs. Feliciano Martinez of O'Donnell, Cleo Parker of Lamesa and the late William Darrell Parker, Sr.

Given in marriage by her father, Allen Moeller, the bride wore an aline strapless gown decorated with embroidered lace and pearls, with a chapel train. Her handmade fingertip angel cut veil had beadwork to match her beaded dress, and she wore a tiara adorned with pearls. She carried a bouquet of two dozen red roses. For something old, she carried her grandmother's own wedding handkerchief. Something new was a pearl necklace, a gift of the groom. Something blue was a lace garter, and something borrowed were her greatgrandmother's pearl earrings.

Serving as the matron of honor was Misti Hobgood of College Station. The maid of honor was Crystal Early of Burleson. Bridesmaids were Adrienne Kerbow of Goldthwaite and Sarah Dixon of Abilene, sister of the groom. The

bride's attendants wore full-length a-line gowns of red satin and carried bouquets of white roses.

Flower girl was Aubrey Neal of Wichita Falls, cousin of the bride.

Serving as best man was the groom's father, Joseph Dixon. Groomsmen were Joey Dixon and Timmy Dixon, of Abilene, brothers of the groom, and Casey Moeller of Gainesville, brother of the bride.

Ushers were Mitchell Payne of Lubbock, and Joe Salinas of Plano.

Organist Barbara Perkins, pianist Teresa New, and flutist Karen Lehrmann, presented the wedding music. Soloist Karen Dubroc sang "How Beautiful" by Twila Paris.

Following the ceremony, a reception and dance was held at Fairway Oaks Country. The bride's cake was Italian cream with four tiers separated with red roses. The groom's cake was chocolate, featuring a Marine Corps emblem on the top layer.

A wedding rehearsal dinner at Joe Allen's Corral Room was hosted by the groom's parents. Soloist at the dinner was Melinda Seale of Abilene.

The bride is a 1999 graduate of Haskell High School, and a 2003 graduate of McMurry University with a Bachelor of Science degree in Elementary Education.

The groom graduated from Wylie High School in 1997, and serves with the United States Marine Corps.

Following a wedding trip to Maui, Hawaii; the couple will reside in San Diego, California.



Around Town

By Joyce Hawkins

John and Carol Holland of Three Forks, Montana visited with friends, Hyrum and Jean Richards. The Hollands had spent the winter in Phoenix and visited the Richards before returning home.

Hyrum and Jean Richards were in Big Spring recently visiting with Jean's uncle, Gaylon Head. He lives in the Texas State Veterans Home

Joyce Hawkins went to Fort Worth with Fannie Mae Barton on Feb. 26. Her son and daughter-in-law, Mr. and Mrs. Bobby Hawkins of Lewisville, picked her up so she could spend a week with them. Barton spent the week with her daughter, Kaye Derrick and kept great grandchildren Rachel and Austin Walkman while their parents, Mr. and Mrs. Brian Walkman were moving from St. Louis, Missouri to San Antonio. The ladies returned to Haskell March 5.

Mr. and Mrs. Charles Blair celebrated their 54th wedding anniversary on Sunday with children Mr. and Mrs. Nathan Blair, Mr. and Mrs. Gary Hawkins and grandchildren, Shawnee, Alice and Ariel Blair.

Mr. and Mrs. Charles Blair were in Quanah to pickup up granddaughter, Abbie. She spent the weekend with them.

Alice Ballard spent the weekend with her aunt, Daisy King of Cross

City Storm Warning Siren Testing Fridays at noon

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HIGHLIGHTS

By Mike Cox

Sales tax bill would make Texas highest in nation

AUSTIN-The House Ways and Means Committee has approved a bill that would allow the state to increase the sales tax rate by nearly 1 percent, giving Texas the highest sales tax in the nation. Members voted 6-2 in favor of the measure on March 2.

The bill still has a long way to go before becoming law, but if it does, the sales tax rate would increase from the current 6.25 percent to 7.2 percent. Since cities and other governmental entities also can levy sales taxes, in some places the sales tax rate could exceed 9 percent.

The bill also would add bottled water, car washes, vehicle repair and outdoor advertising to the list of goods and services that can be taxed when sold.

As long predicted, the state franchise tax would go away, replaced by a 1.1 percent business payroll tax.

Finally, smokers would pay \$1 more a pack, the tax jumping from 41 cents to \$1.41, and the tax on motor vehicle sales would go from 6.25 to 7.35 percent.

Bye-bye free wi-fi?

With the state and local governments moving to provide citizens free wireless Internet service, Rep. Phil King (R-Weatherford) has introduced a bill that would prohibit cities from doing

The prohibition is only one aspect of King's telecommunications bill, House Bill 789. King's chief of staff said last week that the lawmaker objects to free wi-fi because it puts government in competition with private businesses.

No Pass, No Drive...

The Legislature is considering a bill that links passing grades to a teenager's ability to get a driver's license.

Under House Bill 643, filed by Rep. Sid Miller (R-Stephenville), a Texan younger than 18 would need to have a grade-point average of at least 2.0 to get a driver's license. As it stands now, the only educationrelated requirement (other than being able to pass a test on traffic laws and safe-driving techniques) is that someone under 18 be enrolled in school and abiding by attendance requirements.

Arkansas has had a similar law since 1991, but it is not widespread among the states.

What should be official Texas vehicle?

The obvious answer is the pickup truck, but that would be wrong. In Senate Concurrent Resolution 8, Sen. Kel Seliger (R-Amarillo) has proposed that the chuck wagon be designated by the Legislature as the official vehicle of Texas.

Invented in 1866 by Panhandle pioneer Charles Goodnight, the foodcarrying chuck wagon supported the state's cattle industry well into the 20th century by playing a vital role in keeping cowboys fed.

On some big ranches, the distinctive wagons with chuck (cowboy talk for food) boxes on the back are still used, though today most chuck wagons are for display and cooking competitions.

Going Dutch oven...

Proving that both major political parties can work together, Rep. Jesse Jones (D-Dallas) has filed a resolution that would declare the Dutch oven the official state cooking implement. Dutch ovens, of course, are what chuck wagon cooks use to prepare sourdough biscuits, perhaps the future official state bread.

Weathers Whys

Q: Why does the wind seem to die down at night?

A: The simple and quick answer is that there's no sun, says Kelsey Curtiss of Texas A&M University.

"Wind is a form of energy and it gets much of its strength from the sun," Curtiss explains.

"You can think of wind as a huge river of air over land, and it does this day or night. But as the sun rises and starts heating up the ground, rising warm air mixes with slower air near the ground and with air moving faster that is above ground. This faster-moving air is pushing downward, and it creates windy and breezy conditions as the day

A: When the sun starts to set, this mixing of conditions doesn't happen as much, so the winds start to slow

radiation, so there is a lack of heat and energy and these directly affect air currents. So the winds at night and in the early morning hours are usually the weakest. But remember that cold fronts and storms can occur and these directly affect wind speed,

progresses."

Q: So what happens at night?

and eventually die down.

"Remember that hot or warmer air expands and rises," Curtiss adds. "At night, the ground begins to cool. Air closer to the ground cools by

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This issue mailed Wed., March 9, 2005



From Out of the Past

From the files of The Haskell Free Press

10 Years Ago March 9, 1995

Feb. 26, was Erma Monke Liles Day at Weinert Baptist Church. She was honored with a dinner and a plaque with the inscription "Weinert Baptist Church honors Erma Monke Liles Pianist-Organist-1950-1995."

Rochester High School band members Mary Jane Short, Mary Belle Turner and Dusty Garcia received division I's at the Region II South Zone UIL Solo and Ensemble

At the Haskell Roping Club Eddy McIlwain won first place in the class B roping on a three calf average. Second place went to Jim Pope and third place to Ross Montgomery.

Haskell High School students Jill Mullen, Wendy Gray and Veronica Gonzales were named to the alldistrict 7-2A team. Anita Rapp was the recipient of the Fighting Heart

Haskell native Tom Barnett, a TDCJ corrections officer in the Holliday prison unit, was part of a mentoring program at the Huntsville Elementary School.

20 Years Ago March 14, 1985

Faye Schnuriger was voted "Artist of the Month" by the Creative Art Club of Abilene for the month of March. The winning picture was also accepted in the juried McMurry's Women Only Art Show in February.

Members of the Haskell varsity

boys track team Sonny Pena, Todd Harris, Joseph Perez and Mark Young qualified for the finals at the Ranger track meet.

Dalyn Gilly of Haskell exhibited the light weight class winner at the Houston Livestock Show and Rodeo.

Eighth grade Maidens Joy McKeever, Gloria Castillo, LaKay Gibbs, Dala Harris, Teresa Rodriquez and Warriors Derrick Billington, Chan Guess, Paul Harvey and Fred Shaw were first place winners at the Hamlin Junior High Relays.

Charles Swinson was named outstanding Citizen of the Year at the 49th annual banquet of the Haskell Chamber of Commerce.

30 Years Ago March 13, 1975

Reida Mullino, daughter of Mr. and Mrs. George Mullino of Rochester, exhibited the champion heifer in the junior Hereford female division of the Houston Livestock Show and Rodeo.

Haskell's Amanda Mathis, Jana Overton and Sharla Drinnon were district winners in the California Creek and Soil Conservation District Poster contest.

Kenneth W. Medley, son of Everett R. Medley of Haskell, was appointed as editor of 'Nation's Business,' the largest circulation of any business-oriented journal in the United States.

Jim Pope of Haskell won first

Be a germ tighterwash your hands

Something you have in your home could help cut the rate of a potentially deadly disease around the world.

About 5,000 children around the world die every day of diarrhea, according to the World Health Organization. Researchers with the U.S. Centers for Disease Control and Prevention found that death rate could drop drastically with the regular use of soap and water. In a recent study conducted among the refugee slums of Pakistan, doctors were able to cut the rate of diarrhea in infants and small children almost in half by issuing soap to families.

The children the most affected by diarrhea are too young to wash their hands, but researchers found that getting family members to wash their hands frequently helped lower the rate of disease among small children. People used their regular waterwhich is often dirty and

contaminated-to wash their hands. Health education teams issued free soap and taught families to wash after using the bathroom or changing a diaper and before preparing food, eating or feeding a baby. The study didn't continue long enough to measure whether or not the death rate dropped, but the rate of disease did drop dramatically.

You don't have to live in the slums of a third-world country to see the benefits of soap and water. Doctors at UT Southwestern Medical Center say hand washing can help Americans avoid a number of illnesses. Germs are often carried or transmitted on the hands, so washing them can help prevent many infections. Dr. Paul Pepe, UT Southwestern's chairman of emergency medicine, suggests using warm water and soap and rubbing hands together for at least 30 seconds.

City Storm Warning Siren Testing Fridays at noon

place in the 1st go round of the Jackpot Roping contest sponsored by the Haskell Roping Club.

Joe Thigpen caught a 6 1/2 pound bass, estimated when weighed by two fisherman, at Lake Stamford.

40 Years Ago March 11, 1965

Mary Alice Davis, the daughter of Mr. and Mrs. J. D. Davis of Weinert, was selected by her classmates at Texas Woman's University as a redbud princess in the annual Redbud Coronation and Festival.

Mr. and Mrs. Adron Field of Haskell were crowned national king and queen of the Great Commonwealth Life Insurance Co.

Mr. and Mrs. T. C. Patterson and Mr. and Mrs. James Lee Andress received special invitations to take part as talented square dancers in forthcoming events in both Abilene and Dallas.

Friends and relatives of Phillip Jack Gauntt were special guests at a meeting of the Rochester Rotary Club when he was awarded the rank of Eagle Scout.

"The Singing Six," Jo Nell Anderson, Dana Bland, Pam Reeves, Marijane McAdoo, Margaret Cook and Paula Terrell entertained at the Haskell Chamber of Commerce's 29th annual membership event.

50 Years Ago March 10, 1955

Minnie E. Norman of Rule celebrated her 80th birthday. Norman has lived in Rule since 1897 where she reared 15 children, of which nine families were present.

Three Haskell High Indians, Wendell Dixon, Glenn Kreger and David Josselet, received honorable mention in the 8A all-district basketball selections. Sue Bell of the girls team made the all-district

Mary Sue Wilson of Haskell returned from a month's vacation trip to Hawaii and in San Francisco, Calfornia. She made the trip across the Pacific on the S. S. Lurline.

Southwestern Life Insurance Company, represented in Haskell by Wix B. Currie, Jr., set new records in insurance sales and payment of policy benefits.

In celebration of 4-H Week, Frank W. Martin and Miss Wirges entertained the 4-H boys and girls with a party in the Paint Creek High School Gym.

100 Years Ago March 11, 1905

A. G. Lambert and E. L. Northcutt said they made a pretty good record last week plowing in oats, having turned in 24 acres in five days.

J. W. Johnson and son sold their herd of Hereford cattle to Cum Hudson.

A. M. Allen of the north side, and all around farmer, chicken and hog man, was in town this week and placed an advertisement in The Free

W. D. Dickenson returned from his sheep ranch near Del Rio.

M. P. Miller moved out to the Marcy neighborhood.

From the AG

By Greg Abbott

When do consumers have a 3-day right to cancel a contract or purchase?

There has been much confusion about contracts and the three-day right of rescission law, commonly referred to as the "cooling off period." Many consumers are under the impression that these laws apply to any and all consumer purchases. However, this is not true. The right of rescission law applies only to very specific situations. The three day right of rescission law applies to sales made at facilities other than the seller's place of business. Such locations may be the consumers residence and areas rented on a temporary or short-term basis, such as hotel rooms or convention

There are several exceptions to the law. There is no three-day right of recision for goods or services purchased for less than \$25, or for the purchase of insurance and farm equipment. Other exceptions are real estate purchases of less than \$100 made at a place other than the merchant's place of business, a sale involving an attorney or broker, and sales made pursuant to prior negotiations at the merchant's business establishment, where the sale is the result of those negotiations. Finally, the law does not apply to sales conducted entirely by mail or telephone, with no other contact between the buyer

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Under the law, the salesperson must tell you about your cancellation rights at the time of sale. The salesperson also must give you two copies of a cancellation form, one to keep and one to send, and a copy of your contract or receipt. The contract or receipt should be dated, show the name and address of the seller, and explain your right to cancel.

If the salesperson provided you with the right forms, to cancel the sale you may simply sign the one titled "notice of cancellation," date it, and mail it back to the seller. To obtain a full refund, you must do this before midnight of the third business day after the sale. Keep a copy of the form.

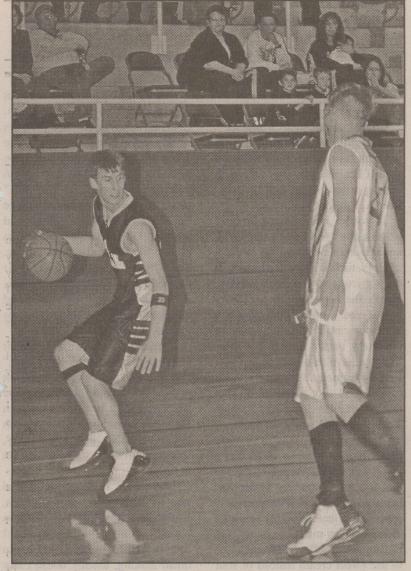
If the salesperson did not provide a cancellation form, you may still cancel your contract. Because the seller violated the law by not providing the form, you have extra time. But remember, you must cancel in writing. Be sure to keep a copy of the contract and your letter notifying the seller of the cancellation. It is a good idea to get this done as soon as possible. We have also received inquiries

from consumers who speak languages other than English. The law provides protection for these consumers as well. The receipt or contract and notice of the right to cancel must be written in the same language principally used in the sales presentation. For example, if buyer and seller spoke Spanish during the sale, the receipt or the contract must also be in Spanish. If you decide to cancel, the seller

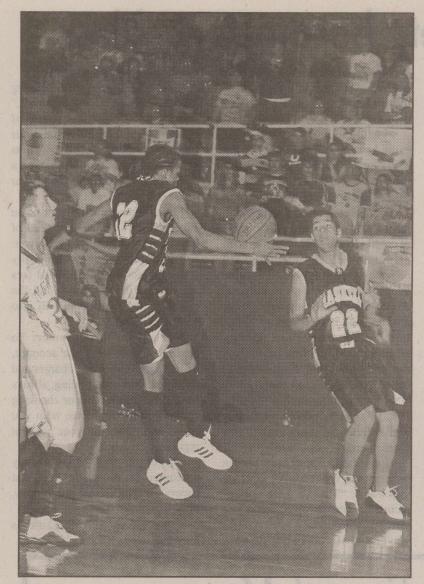
has ten business days to refund your money, return any note you may have signed concerning the sale, and return any trade-in items. The seller of the goods must notify you within ten days whether he or she intends to retrieve the goods or abandon them. He or she may not require you to mail or ship the goods back.

If the seller fails to notify you of his or her intention to repossess the goods within 20 days of cancellation, you may not be forced to return the goods at a later date. You are not obligated to return goods to the seller until you have recovered either your money or your note.

If you are unsure or concerned about signing a contract, you should consult with a private attorney before you sign it.



BALL CONTROL-Haskell Indian, Kendall Mitchell #10, maneuvers the ball in the Regional Semi-Final game.



INDIAN TEAMWORK-Jakaan Hodge #12, passes the ball to D. J. McCulloch #22 at the Regional Semi-Final game. Photo by Bill Blankenship



MOVING ON NEW DEAL-Miquel Chavez #40 soars to score in Haskell's Regional Semi-Final at Snyder.

Get your lawnmower ready for spring

As Old Man Winter departs, many start to put shovels and snowthrowers into hibernation, only to trade them in for the lawnmower and a bag of fertilizer. It is estimated that more than two-thirds of all lawnmowers do not receive the annual tune-up necessary to run in tip-top shape. Regular tune-ups reduce fuel consumption and emission levels and help to increase mower life and reliability. With springtime quickly approaching, now is the time to get your mower ready for the season with a few simple tune-up tasks.

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Hopefully you remembered to run the gas tank empty before the mower was stored away last fall. If not, drain the old fuel. After completing the following maintenance items, replace with fresh gas. Gasoline older than 90 days can gel and clog the carburetor, hindering engine start up. Once the fuel tank is empty and the spark plug wire is disconnected, you're ready to get started.

Sharpen or replace the blade. It is a good idea to get the blade sharpened once a year. A dull blade can harm the grass and make it more susceptible to disease. Have the blade professionally sharpened or replaced if there are large knicks or dings. Please refer to your owner's

manual for additional information. Change the oil. Fresh oil keeps the engine properly lubricated and ensures that clean oil is continuously distributed to critical engine components, reducing friction. Manufacturers may recommend specific oil removal techniques so refer to your owner's manual before starting this process. Clean the oil fill area, remove the dipstick and place a catch can under the mower. Allow the oil to drain completely and if necessary, replace the drain plug. Refill the engine with oil.

Change the spark plug. Replacing the spark plug every spring ensures a consistent spark, reliable starting and improved fuel economy. Remove the old spark plug. Before installing the new plug, be sure to check its gap (refer to your owner's manual for specifications). Once you have checked for proper gap, screw it in tight with your fingers. Then

give it a 1/4 turn more with a socket.

Replace the air filter. A clogged air filter reduces the air/fuel ratio, resulting in higher fuel consumption and a rough running engine. The air filter should be cleaned or replaced each spring and checked periodically throughout the season. Check your owner's manual to see which type of filter your mower requires. There are generally two types: paper or foam. If your mower requires a foam filter, be sure to saturate the filter with fresh engine oil, wrap it in a clean rag and then squeeze out the excess oil before installing.

Lubricate moving parts. Spray all linkages, cables and wheel areas with WD-40. Do not use oil to do this because oil will retain dirt and eventually clog the area.

equipment dealer or hardware store for the necessary parts. When the tune-up is completed, replace the spark plug wire and fill the gas tank with fresh fuel. Your mower is now ready for the mowing season.

Shelf Life of Everyday Yardcare Products

•Gasoline: Gasoline has a shelf life of around 90 days. Like milk, gasoline can go bad and may significantly harm a lawnmower's life span.

•Oil: Oil can have a shelf life of up to three years, but it is important to change mower engine oil at least once a year.

*Remember; when discarding old fuel or oil, make sure to dispose of it properly in places such as a service station or waste disposal station.

•Grass Seed: Depending upon the storage, grass seeds can last two to three years. In order to test its vitality; plant a few seeds in a small flowerpot, keep them moist and cover them with a plastic bag. Good seeds will germinate within a week

•Fertilizer: Fertilizer never goes bad. Even when it becomes compacted and hard, all you need to do is take a hammer and break it apart. However, spread the compacted pieces sparingly to not destroy the roots.

*Store all products in your garage. Do not keep in a shed or Visit your local outdoor other type of outdoor storage, due to weather extremities (i.e. too not in summer, too cold in winter), for this may alter product shelf life.

> City Storm Warning Siren Testing Fridays at noon

The next time you reach for a cotton swab to clean your ears you might want to think twice. The ears are self-cleaning so you shouldn't do anything to them.

Haskell Co. Gin Report

March 7, 2005	
Haskell	
Haskell County Gin	4,000
Haskell Co-op Gin	14,051
O'Brien	
O'Brien Co-op Gin	22,592
Rule	
Rule Co-op Gin	13,300
Sagerton Gin	2,700
Weinert	
Griff's Gin	8,843
Wainant Cin	11 619

Total Bales77,104

"Wax is protective to the ear. It has antibiotic properties and keeps the ear moist," says Dr. Ravi N. Samy, professor otolaryngology-head and neck surgery at UT Southwestern Medical Center. "No swabs should be used because they increase the risk of eardrum perforation and infection."

Instead, for relief of severe wax buildup, use a few drops of hydrogen peroxide. It will loosen the wax so that it comes out easily and can be wiped away. If your ears itch on the inside, try using baby or mineral oil, administered with a medicine dropper. This is not recommended for those with a hole in their eardrum. In fact, says Dr. Samy, "Make sure to avoid placing anything, including oil or hydrogen peroxide, in the ear of patients with either eardrum perforations or ear infections."

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sale on Sat., March 19 at 10:00 a.m., at the Abilene Auction in Abilene.

The sale will include 50 selected Brangus bulls, 25 registered females, pairs, bred cows, bred heifers, open heifers, 500 commercial, selected pairs, bred cows, bred heifers, and choice open replacement heifers.

A good selection of quality replacement cattle will be available. The sale will start at 10:00 a.m. with females followed by bulls.

Anyone desiring a sale catalogue

information can contact Tommy Milliorn, Sales Chairman, at 325-698-7014 during business hours or 325-338-3610 after business hours. Sammy Pierce, Sales Manager can be reached at 979-865-1410 and Ronnie Ledbetter, President, can be reached at 254-442-3640.

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Paper or plastic? Society becomes cashless

In the 1986 movie "Star Trek: The Voyage Home," Capt. James T. Kirk of the 23rd century finds himself in a 20th century pizza restaurant with no way to pay for his pizza and

"I suppose you're going to tell me they don't carry money in the 23rd century," scoffs his dinner companion, as she digs into her wallet. "Well," Kirk says, "we don't."

The idea might have seemed straight out of science fiction 20 years ago, but that cashless society may be here sooner than the 23rd century. In fact, said a Texas Cooperative Extension expert, many people today are opting to carry only plastic-credit cards, debit cards and automatic teller machine cards-instead of currency.

And why not, said Nancy Granovsky, Extension family economics specialist. Paying with debit and/or credit cards is fast and easy, and comes with a certain amount of consumer protection.

But knowing the difference between the cards is important, she said. "They may look identical, but they are not."

Debit cards draw "straight out of

your checking account," Granovsky said. "The money is taken out of your account almost instantly. Debit cards are faster than writing checks, and

With debit cards, she said, "you buy now, pay now.

"With credit cards, you buy now, pay later. Credit cards bear interest that you pay if you carry a balance and don't pay it all off when the statement is due."

Credit cards have some features that debit cards don't, Granovsky said. For instance, some credit cards provide a cash rebate and bonus points that count toward travel.

But credit cards also come with some hazards, she added.

"It's easy to spend more than you can really afford.'

Debit cards, on the other hand, carry no interest charges because the money comes directly out of the cardcarrier's checking account. That also means spending is limited to the amount of money in the checking account, Granovsky said.

Most debit cards can be used as ATM cards to withdraw cash from a checking account at an ATM.

However, she added, the reverse is not true-ATM cards cannot be used to purchase merchandise the way debit cards can.

Plastic credit, debit and ATM cards have the advantage of being replaceable, Granovsky said. If one is lost or stolen, it can be replaced. If cash is lost or stolen, it's gone.

The Federal Trade Commission advises consumers to report the loss of credit, debit or ATM cards as soon as possible. Many of these card companies provide 24-hour toll-free telephone numbers for this purpose. After calling, follow up with a letter advising the card company of the loss. Include the account number, when the card was first missed and the date when the company was called to report the lost card.

For more information visit the FTC's Web site at http://www.ftc.gov and click on the link "For Consumers."

Going cashless may seem perfect in many ways, Granovsky said, but she warns: "There a great deal of record keeping involved when you start spending money in alternative ways, and it comes out of your checking account," she said.

"If it comes from your checking account, you've got to write it down," she said. "If life is a series of expenditures coming from your checking account, life is also a series of subtractions and additions. With a debit card, you can overdraw your account if you're not careful.

"Not keeping track can result in expensive fees and the potential of having your account closed by your financial institution," Granvosky warned. "Non-sufficient funds fees are charged by the bank, and the retailer you bought from will also charge a fee."

Her advice to consumer: To prevent overdrawing the account, being charged overdraft charges and damaging your credit rating, always keep close watch on your checking account by writing down what you spend and balancing your account regularly.

Maybe in the 23rd century consumers won't have to do all that paperwork themselves, but for now, they do, Granovsky said.

"The name of the game is knowing where it's going."

Everybody's Science

by Sandy Miller Hays, Agricultural Research Service

Eat Your Science, Dear-It's Good for You by Sandy Miller Hays **Agricultural Research Service**

Recently, while doing a little research in preparation for writing a speech, I came across one of the great unsung heroes of American science: Lore A. Rogers.

If you've never heard of Lore Rogers, don't feel bad; neither had I, until I found a mention of his moment of glory, tucked away in a history of the Agricultural Research Service. Here's the background: A century ago, if you wanted butter, you had three choices: 1) Take a chance on creamery butter, which was very likely to have an oily or fishy taste. 2) Buy homemade butter from a farmer, and take a chance on that particular farm's cleanliness. 3) Keep a cow and make your own butter.

Lore Rogers was a young bacteriologist who, in 1902, had a revolutionary idea. He was convinced that the way creamery butter was made was a big part of the problemspecifically, that the highly acid sour cream used to make the butter was causing the bad flavor. His idea was to use sweet cream instead of sour cream, and when he tested his theory in small batches, the resultant butter not only tasted better, but kept longer.

The next part was considerably tougher: convincing the creameries that, even though their method had been used for centuries, they were "doing it wrong." And there was another factor bound to make Lore's idea unpopular; cream was typically bought in small quantities and kept for several days before churning, and the only practical way to keep that cream sweet was to pasteurize it, which meant even more expense for

But Lore had an unexpected ally: the U.S. Navy. Around that time, the Navy asked the U.S. Department of Agriculture to locate large quantities of butter that would keep for long periods of time aboard ship. Backed up by the purchasing power of the Navy, young Lore was able to convince creameries to "try it his way" if they wanted a share of that lucrative naval market; they took a chance and switched to pasteurized sweet cream, and the rest, as they say,

Sweet butter isn't the only culinary delight for which we can thank USDA researchers. Just after World War II, frozen orange juice was a flop; to get orange juice, you either had to squeeze it fresh, mix it from a mostly flavorless concentrate, or pour it from a can...and in the case of that last option, there was a very definite "flavor"-of the can itself!

The then-director of research for the Florida Citrus Commission, Louis G. MacDowell, thought there simply had to be a better way. So he asked USDA researchers to try his idea of adding a little single-strength fresh orange juice, called "cut-back," to slightly overconcentrated orange juice, to try to restore the flavor and aroma lost in the vacuum evaporation process used to produce concentrate. The USDA scientists used their expertise to fine-tune the technique, it worked beautifully and we've had delicious frozen concentrated orange juice ever since.

Then there's what we in ARS refer to as the "Great Sourdough Caper." Did you know that years ago, San Francisco's famous sourdough bread simply couldn't be made more than 50 miles from the center of San Francisco? No one knew why, though-until ARS scientists got on

One oddity of sourdough bread was its high acetic acid content, which gave the bread its distinctive "tang." What's odd about that? Simple: Yeast, the key ingredient in bread making, usually doesn't like acetic acid.

But one ARS scientist got samples of sourdough starter dough from five San Francisco bakeries and began investigating. He found that all five contained a bacterium never before discovered! It seemed only fair to name that bacterium Lactobacillus sanfrancisco. But discovering and naming the new bug definitely turned out to be the easy part; it took that scientist months and months-and tests with more than 30 different substances-before he found one on which the finicky new bacterium would grow.

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He also made another important discovery-an unusually acid-tolerant yeast called Saccharomyces exiquus. It turns out that if you put S. exiquus and L. sanfrancisco together, you wind up with bread with that great sourdough flavor, crust and texture.

The result: Today you can bake your own sourdough bread anywhere from Seattle to Key West. And, in case you're wondering, this wasn't a disaster for the City by the Bay; these days, pure cultures of that "good bug" L. sanfrancisco are grown commercially and are used by San Francisco bakers to ensure the quality of their famous treat.

Hmmmm...seems like a good time for a snack, doesn't it?

The Agricultural Research Service is the chief in-house scientific research agency of the U.S. Department of Agriculture.

Lonesome? Walk out your door

The first step to combating loneliness could to be just walking out your front door, says Dr. Alan LaGrone, assistant professor of psychiatry at UT Southwestern Medical Center.

"The biggest single issue I see in my practice-more than depression, substance abuse and other mental disorders-is loneliness," says Dr. LaGrone, medical director of psychiatric emergency services at Parkland Health & Hospital System. "There are a huge number of people out there who are lonely. It's an ongoing theme in today's societyfeeling isolated and alone.

"And, if you're waiting for someone to come and knock on your door, it ain't going to happen."

Instead, Dr. LaGrone suggests getting involved in an activity that interests you. And with warmer weather approaching, outside activities can bring interaction with others who have similar interestswhether that includes taking scuba diving or canoeing lessons, joining a bicycle or camping club, getting involved in community outreach or church groups, or any number of creative alternatives.

"Don't wait until summer, or you'll miss the preparing and joining phases," he says. "Do something you like. Make lifestyle changes that will stick, and new and better relationships will follow."

Helping the caregiver

Those caring for a loved one who is seriously ill have an incredibly challenging and demanding job, and often friends and family don't know what they should do to help, says Dr. Elizabeth Paulk, assistant professor of internal medicine and medical director of the palliative care team at UT Southwestern Medical Center and Parkland Health & Hospital System.

"Caregivers need your help," she says. "If you don't know what to say, just be there and do something-good

intentions don't count. Serious illness brings many problems, but it also provides opportunities for closeness and emotional and spiritual growth."

Some of the best gifts for caregivers include: making a meal and leaving it at the door; asking how the caregiver is and being open to hearing the answer; give gifts or make gestures you would feel comfortable receiving from the recipient; and always ask first, "How can I help?" and be as specific as possible in your offer.

This Week's Devotional Message:



and birds of God's creation, but throughout the ages some species have fallen by the wayside while others have managed to remain viable despite all the storms, floods, droughts and earthquakes that nature could inflict upon them. However, our increasing demands for progress and recreation have encroached upon the wilderness areas, putting our wildlife in

Our world was once filled with the animals greater jeopardy than from all the natural disasters combined. Even those hardy survivors may not be able to withstand the cruel of unthinking actions of human beings. We must act humanely toward them, and by example teach our children to do likewise. The denizens of the wild, as well as the family pets, are all God's creatures, so let's treat them with all due respect and kindness.

First United Methodist Church

Dolan Brinson, pastor

Sun. Morn. 10:00 a.m., 11:00 a.m.

-SAGERTON-

Sagerton Methodist Church

Philip Houston, pastor

Sun. Morn. 9:30 a.m.

Sagerton

Faith Lutheran Church

Deborah Nissen, pastor

Sun. Morn. 9:15 a.m., 10:30 a.m.; Wed. 7 p.m.

Sagerton

---RULE-

First Baptist Church

Josh Stowe, pastor

Sun. Morn. 9:45 a., 11:00 a., 5 p.m.; Wed. 7 p.m.

1001 Union Ave., Rule

Primitive Baptist Church

Dale Turner Jr., pastor

First & Third Sundays 10 a.m.

Corner of 8th & Robins, Rule

Church of Christ

John Greeson, minister

Sun. Morn. 9:45 a., 10:40 a., 6 p.m.; Wed. 7 p.m.

811 Union, Rule

First United Methodist Church

Wendall Fergerson, pastor

Sun. Morn. Worship 8:30 a.m.

1000 Union Ave., Rule

Primera Iglesia Bautista

Alfa y Omegs

Manuel Marin, pastor

Sun. Morn. 10 a., 11:00 a., 5 p.m.; Wed. 6 p.m.

500 Elm Street, Rule

Sweet Home Baptist Church

Bill Trice, pastor

Sun. Morn. 10:00 a., 11:00 a., 6 p.; Wed. 7 p.m.

Gladstone Ave., Rule

West Bethal Baptist Church

Rev. Robert Sweet

Sun. Morn. 10 a.., 11 a., 8 p.m.; Wed. 7:30 p.m.

300 Sunny Ave., Rule

---PAINT CREEK---

Paint Creek Baptist Church

Sun. Morn. 10:00 a.m., 11:00 a.m., 6 p.m.

Paint Creek

---O'BRIEN-

O'Brien Baptist Church

Jim Reid, pastor

Sun. 9:45 a.., 11 a., 5 p., 6 p, Wed. 6 p.m. O'Brien

Rocheste

ATTEND CHURCH THIS SUNDAY

-HASKELL-East Side Baptist Church Danny Manross, pastor Sun. 9:45 a.m., 11 a.m., 6 p.; Wed. 7 p.m. 600 N. 1st East, Haskell Christian Church Dusty Garison, minister Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m.

107 N. Ave. F, Haskell New Vision Family Worship Center Joe and Loretta Stulir, pastors 864-3465 Sun. 9:45 a.m., 11 a.m., 6 p.m., Wed. 7:00 p.m.

East Hwy 380, Haskell Trinity Lutheran Church Ron Rennegarbe, pastor Sunday School 9:30 a.m., Worship 10:30 Hwy 380 East, Haskell Iglesia Bautista El Calvario Art Flores, Interim pastor

Sun. Morn. 9:45 a., 10:45 a.m., 5 p.m.; Wed. 7 p.m. 607 S. 7th, Haskell First United Methodist Church Allen Brooks, pastor

Sun. Morn. 9:45 a.m., 10:50 a.m. 6 p.m.; Wed. 6 p.m. 201 N. Ave. F, Haskell First Assembly of God

Rev. J.C. Amburn Sun. Morn. 9:45 a., 10:45 a.m., 6 p.m.; Wed. 7 p.m. 1500 N. Ave. E, Haskell St. George Catholic Church Father George Roney Sat. Mass 7 p.m.; Sun. Morn. 9:00 a.m.

901 N. 16th, Haskell Church of Christ Brett Anderson, minister Sun. Morn. 9:30 a., 10:30 a., 6 p.m.; Wed. 7:30 p.m. 510 N. Ave. E, Haskell

First Presbyterian Church Steve Beatty, pastor Sun. Morn. 9:30 a.m. 306 N. Ave. E, Haskell **Trinity Baptist Church** Tony Grand, pastor

Sun. Morn. 10 a., 11 a., 6:30 p.m.; Wed. 6:30 p. 114 S. Ave. D, Haskell Hopewell Baptist Church Sun. Morn. 9:30 a.m., 11:00 a.m.; Wed. 7 p.m. 908 N. Ave. A, Haskell

Greater Independent Baptist Church Rev. T. L. Griffin

Sun. Morn. 9:30 a., 11:00 a., 6:30 p.; Wed. 7 p. 301 N. 3rd St., Haskell **New Covenant Foursquare** Bill and Renee Glass, pastors Sun. Morn. 10 a.m., 11 a.m., 6:30 p.m.; Wed. 7 p. 200 S. Ave. F, Haskell Mission Revival Center

Rev. William Hodge Sun. Morn. 10 a.m., 11 a.m., 6 p.m.; Tues. 6 p.m. 1600 N. Ave. B, Haskell First Baptist Church

Sun. Morn. 9:45 a., 10:55 a., 6 p.m.; Wed. 7 p.m. 301 N. Ave. E, Haskell Church in the Park Rev. Tim and Suzann Townsend

Sun. Morn. 10:30 a.m. Wed. 7 p.m. Gazebo or Pavillion Cornerstone Fellowship Baptist Church Dr. Gibbie McMillan, Interim pastor Sun. Morn. 9:30 a.m. 10:45 a.m. Wed. 6 p.m. 1303 N. Ave. I, Haskell

---WEINERT-First Baptist Church J. C. Baker, pastor Sun. Morn. 10 a.m., 11 a.m., Wed. 7 p.m.

Weinert Foursquare Church Rev. Robert Harrison Sun. Morn. 10 a.m., 11 a.m. Wed. 7 p.m. Weinert

---ROCHESTER---Church of Christ Steve Willis minister Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 6 p.m. West on Main Street, Rochester First Baptist Church Jackie Brem, pastor Sun. 11:00 a.m., 6 p.m.; Wed. 7:00 p.m. 500 Main, Rochester

Union Chapel Baptist Church Rev. Clarence Walker Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m. Rochester

> Faith Chapel of Rochester Katherine Byrd, minister Sun. Morn. 10 a.m., 11 a.m., 7 p.m. Hwy 6, Rochester

> > HANSON PAINT & BODY SHOP

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FOR SALE: Livestock bedding. Approximately 10 cu. ft. \$5 per bag. See Sam at Modern Way or call 864-3763.

FOR SALE: New dryer, used one month. Have no dryer connection now. \$225. Call 864-3748. 10p

BRANGUS: March 19th Annual WTBBA Sale at Abilene Auction. Reg. bulls and females, commerical females and replacement heifers. Tommy Milliorn 325-698-7014. 10-11c

FOR SALE: Dining room suites with 6 chairs, computer desk, rolltop desk, coffee table, daybed with trundle mattress included. Call 657-3132. 10p

PROM DRESSES FOR SALE. Call 864-3010.

Cars For Sale

FOR SALE: 2002 GMC Yukon XL. Excellent condition. 43,000 miles. \$19,500. 864-3882. 8-11c

Garage Sales

GARAGE SALE: Sat. from 8 a.m. to noon. 507 N. Ave. G.

GARAGE SALE: Boys, girls, Jr. and ladies clothes, seasonal items, toys and much misc. Sat., 8 a.m. to 1 p.m. 1107 N. Ave. I.

GARAGE SALE: Sat., March 12. 8 to 1. Furniture, household items, decorative items, good clothing (baby-toddler-women's), toys, play equipment. 807 N. 9th. 10p

GARAGE SALE: Fri. and Sat. Dryer, boys and girls clothes, toys, misc. 1002 S. Ave. J.

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ROLLING PLAINS JAIL & Detention Center is now accepting applications for correctional officer and cook specialist. Medical insurance and life insurance provided at no cost. Please contact Lorie or Gwen in Human Resources for all inquiries at 940-864-5694.

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ROLLING PLAINS REGIONAL Detention Center in Haskell, Texas is seeking full time LVN, EMT, or Paramedic and a full time CNA to work in the Healthcare Unit. Great salary package. Apply in person to Gwen Swaringen at 118 CR 206, Haskell, Texas. EOE.

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LOST OR STRAYED from near road side park, south of Haskell: Young black bull, approx. 1,000 lbs. Has ear tag with 88? Branded -D- on right hip. Biggon Drinnon 940-864-3147 or 940-256-3541. 8-11c

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HOUSE FOR SALE: 925 N. 6th. 3 bedroom, 2 bath. 2 car garage. Living room, den. Hardwood floors. Well. Sprinkler system. Extra large corner lot. Call 940-864-2716, leave message. 7-10c

FARM-RANCH ACREAGE. 160 acres, Stonewall County. Excellent hunting. CRP, one well, electric. \$103,000. www.wtx ranch.com. Phone 817-320-5090. 8-13c

HOUSE FOR SALE by owner: 1206 N. Ave. M. 3 bedroom, 1 1/2 bath. Fenced-in backyard. Well. Sprinkler system. Call Kimberly, 325-725-3806. 9tfc

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Public Notices

PUBLIC NOTICE

Haskell County Commissioners' Court will accept sealed bids until 10:00 a.m. on March 14, 2005 at the office of the County Judge in Haskell County Courthouse to sale the following used equipment:

Prec. 1: 7225 gallon propane tank trailer; Prec. 2: 1984 GMC 3/4 ton pickup; Prec.3: 1977 equipment trailer-Tech Steel, large fuel storage tank, 1993 Chevy Pickup, bad motor; Prec. 4: 1964 Ford winch truck, 1973 F-600 Truck, 1974 F-600 dump truck, 1980 Mack tandem axle truck, 1984 Mack single axle, and 2-1,000 gallon fuel tanks with pumps; Treasurer's Office: Panasonic matrix printer, and battery backup.

Haskell County reserves the right to accept or reject any or all

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9-10c County Judge

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Public Notices

NOTICE OF SHERIFF'S SALE THE STATE OF TEXAS§

By virtue of an Order of Sale issued out of the Honorable 39th Judicial District Court of Haskell County, on the 4th day of March, 2005, by the Clerk thereof, in the case(s) styled as follows:

Cause No. 10,354: Styled: Haskell County Appraisal District, et al v. Bertha Shuvley. Legal description: 1. Lot 15, Block 1, Harrell Addition to the Town of Haskell, Haskell County, Texas.

Haskell County Appraisal District, 2. Lot 7, Block 2, Sherrill Addition to the Town of Haskell, Haskell

Haskell County Appraisal District, Ruth Wilcox, Deceased. 3. 1.46 acres. Block Part of 3 (453.5X140) Mason Addition (Abst 906) to City of Rule, Haskell County, Texas.

Cause No. 11,070: Styled: Haskell County Appraisal District, et al v. Alberto Alvarez. 5. Lot 4, Block 14, College Heights Addition to the City of Haskell, Haskell

Cause No. 11,077: Styled: Haskell County Appraisal District, et al v. Rita Whitley Ind/Heir of Donald E. Whitley. 7. Lot 11, 12, Block 26, A.B. Carothers Addition to the City of Rochester, Haskell

Cause No. 11,191: Styled: Haskell County Appraisal District, et al v. John Camp. 8. Lot 5, Block 41, Original Town Addition to the City of Rule, Haskell County,

Cause No. 11,192: Styled: Haskell County Appraisal District, et al v. A.M. Hill, Deceased. 9. Lots. 1, 2, 3, and Lots 8, 9, 10, Block P, Johnson Addition (OL 129) to the City of Haskell, Haskell County, Texas.

The deadline for Classified Advertising is 5 p.m. on

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Addition to the City of Rochester, Haskell County, Texas. **COUNTY OF HASKELL§** Cause No. 11,197: Styled:

Haskell County Appraisal District, et al v. Mount Olive Baptist Church. 13. East Half of Section 12, J.B. Shaw BBB & C Ry Co. Lands, Abstract 1066, Tract 30, Haskell, County, Texas.

and delivered, I will proceed to sell, at 10:00 o'clock a.m. on the 5th day of April 2005, which is the first Tuesday of said month, at the Cause No. 10,507: Styled: South door of the Courthouse of Haskell County, in the City of

et al v. Sam Rodriquez dba Rodriquez Inn. Legal description: County, Texas. Cause No. 10,530: Styled:

et al v. S.M. Wilcox Ind/Heir of

Cause No. 10,926: Styled: Haskell County Appraisal District et al v. Sam S. Lyles, Deceased. 4. Lots 11, 12, Block 6, A.B. Carothers Addition to the City of Rochester, Haskell County, Texas.

County, Texas.

County, Texas.

Cause No. 11,195: Styled: Haskell County Appraisal District, et al v. Catherine Langford, Ind/ Heir of Minnie Whitemore, Deceased. 10. Tract 5, Block 1, A.B. Carothers Addition to the City of Rochester, Haskell County,

NOTICE

Haskell Free Press

CHAN GUESS 940-864-2665 Alletzes Life Insurance Company, Home Office, Plorthbrook, IL. Securities offered through Alletze Finencia Services, LLC (ISA Securities in LA and PA), Registered Broker-Dealer, Plantier NASC, 1970. Office of Supervision Jurisdiction: 2920 South 64th Street, Lincoln, NE 68506, (877) 525-5725; GAlletzet Insurance Company altetate.com



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509 N. AVE. F. Brick Street location, 3-3, Carport, C/HA, well, cellar and basement, two enclosed porches.

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large beautiful den, fireplace, vaulted ceilings, master bath has shower and tub, C/HA.

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We would like to express our thanks and gratitude to friends and family who helped us through our time of loss. Thanks to the Trinity Baptist church that fed us a wonderful meal and to Brother Tony Grand for the service. Thanks to First Baptist Church for letting us use their church. Thanks to Larry and Mark at the funeral home for their kindness; and to all others who called, sent food, flowers or cards.

The family of Shorty Messenger Beatrice, Randy, Kenneth, Rick, Roger and Brenda

DANCE at Rhineland K-MAC

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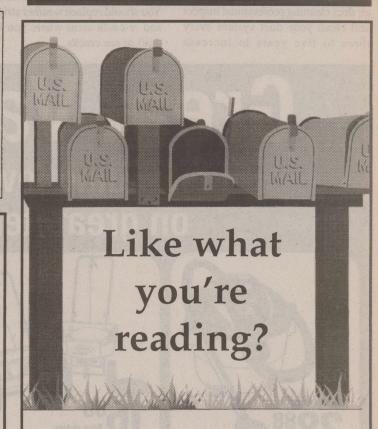
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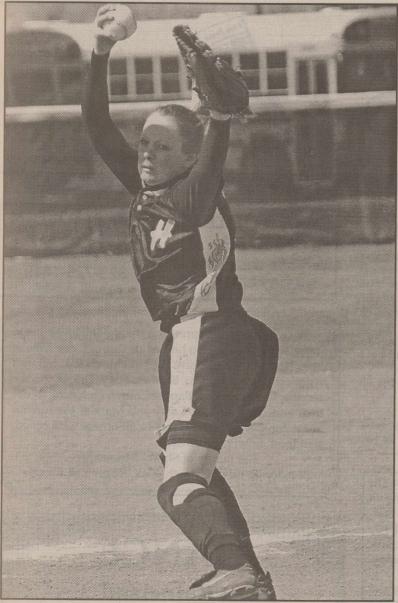
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MAIDEN PITCHER-Haskell's Paige Wheatley delivers a pitch with a punch during action in the Breckenridge Boomtown Classic, Thurs., Mar. 3.



MAIDEN SHORT STOP-Calina Kendall stops a hit in the game during Haskell's participation in the Breckenridge Boomtown Classic, Thurs. Mar. 3.

Every spring, two-thirds of Americans do a thorough cleaning of their homes. The following tidy tips about cleaning can help manage your energy costs that could mean energy efficiency throughout the year.

Air Conditioning:

Dust mites, pet dander, mold and mildew are drawn into your air conditioner's filtration system year 'round. Developing a regular routine to replace your air conditioner's filter will prevent germs and allergens from being re-circulated throughout your home later. When selecting a filter, determine which ones are best for your home. Be aware that some filters are effective for removing mold, plant and pollen spores, but not necessarily animal dander and

Don't think that replacing your filter cleans your entire air conditioning system. Have a licensed air duct cleaning professional inspect and clean your duct system every three to five years to increase

efficiency and lower the amount of irritants and contaminants being propelled back into the air. Thermostat:

Remove the cover of the thermostat and vacuum away dust and dirt to make sure your thermostat is reading the correct room temperature. Installing programmable thermostat to automatically adjust the temperature will maximize energy savings.

Weather stripping and caulking:

Thirty percent of an average home's energy load is wasted by air leakage, according to the National Association of Home Builders. To decrease temperature loss, inspect the weather stripping and caulking around windows, doors and electrical outlets throughout your home. Outside, inspect around plumbing and pipes, the dryer and kitchen vents and at the TV antenna wire entrance. You should replace weather stripping and re-caulk areas where you feel a draft or see cracks.

Appliances:

Don't forget that your appliances need a good cleaning too. In the kitchen, vacuum your refrigerator coils to reduce the amount of energy needed to maintain its internal temperature. You should wipe down the stove's exhaust hood with a nonabrasive cleaner or a hot, soapy water and ammonia mixture. Also clean the stove's exhaust hood air filter by submerging the filter in water and ammonia mixture, letting it soak for at least 15 minutes. In the laundry room, remove lint buildup in the clothes dryer exhaust duct, damper and vacuum the space underneath the

Lighting:

When dusting, wipe light bulbs with a paper towel and glass cleaner to extend the life of the bulb. You should check the required wattage for each light fixture and replace bulbs that have a higher wattage then recommended to prevent overheating. Also, replace burnt-out

bulbs with high-efficiency compact fluorescent lights to reduce energy consumption.

Smoke and carbon monoxide

Finish your spring cleaning by replacing the batteries and cleaning the exterior casing of smoke and carbon monoxide detectors. If you don't have a carbon monoxide detector, consider installing one outside sleeping areas and at least 15 feet away from fuel-burning appliances such as fireplaces, wood stoves and fuel-burning stoves.

Preventive maintenance is the key to having an energy efficient home.

continued from page 1 been reported at end of the filing period.

Filing for places 1, 2 and 3 on the Paint Creek ISD Board are incumbents Gina Buerger, Brenda Reel and Randy Emert.

Filing for three seats open on the

Rochester City Council are Joyce Easterling, Betty White and Bobby O'Neal, all incumbents. Filing for the office of Rochester Mayor is incumbent, Marvin Stegemoller.

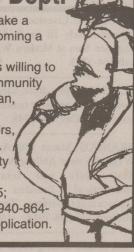
Filing for three seats on the Weinert City Council are incumbents, Stanley Hager, W. R. Hager and Donald Griffis.

Haskell Volunteer Fire Dept.

is seeking volunteers who are willing to make a commitment to community service by becoming a volunteer fireman.

The department is in need of volunteers willing to be active in meeting the needs of this community in many ways including serving as a fireman, helping with weather watches, working on equipment, helping with various fund-raisers, earning firefighting certification and others.

If you would like to pursue an opportunity to serve your community, call Bill Steele 940-864-2208; Sam Watson 940-864-2355; Randy Shaw 940-864-2023; Jerry Stocks 940-864-3455 or ask any Haskell fireman for an application.





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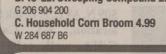




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