

Haskell Seniors to graduate Friday

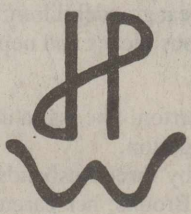
The Haskell Free Press

VOL. 113-NO. 21, ©MAY 27, 1999

"The People's Choice"

22 PAGES-TWO SECTIONS-50 CENTS

Calendar



Wild Horse Prairie Days Parade

Individuals, groups and organizations are encouraged to participate in Haskell's Wild Horse Prairie Days Parade Fri., June 4 at 5 p.m. Cash prizes will be awarded. Contact Loutina White 940-864-3507 for more information.

John Wallace Memorial calf roping

The second annual John Wallace Memorial Calf Roping held in conjunction with Wild Horse Prairie Days will be held Sun., May 30 at 2 p.m. The event is limited to 50 entries. For more information call Carl Hopkins 940-849-3257 or Fred Hernandez 940-864-2493.

Auction

The Church of God will hold an auction Sat., June 5 at 9:30 a.m. at the church. Proceeds will benefit the church.

Rural School reunion

The Haskell Rural School Reunion will be held Sat., May 29 at the Haskell Memorial Civic Center from 10 a.m. until 2:30 p.m. Lunch will be served at 1 p.m. Plates are \$6.50 each.

McCaulley musical

The McCaulley Recreational Corporation will host a special 5th Saturday musical Sat., May 29 beginning at 7 p.m. in the community center. No admission is charged. A concession stand will be open. For more information call 915-962-5441.

Erika Sanders Memorial Scholarship

The Class of 1999 has established a memorial scholarship fund in memory of Erika Sanders. To donate to the fund, contact the superintendent's office at Rule High School 997-2521.

Early deadlines

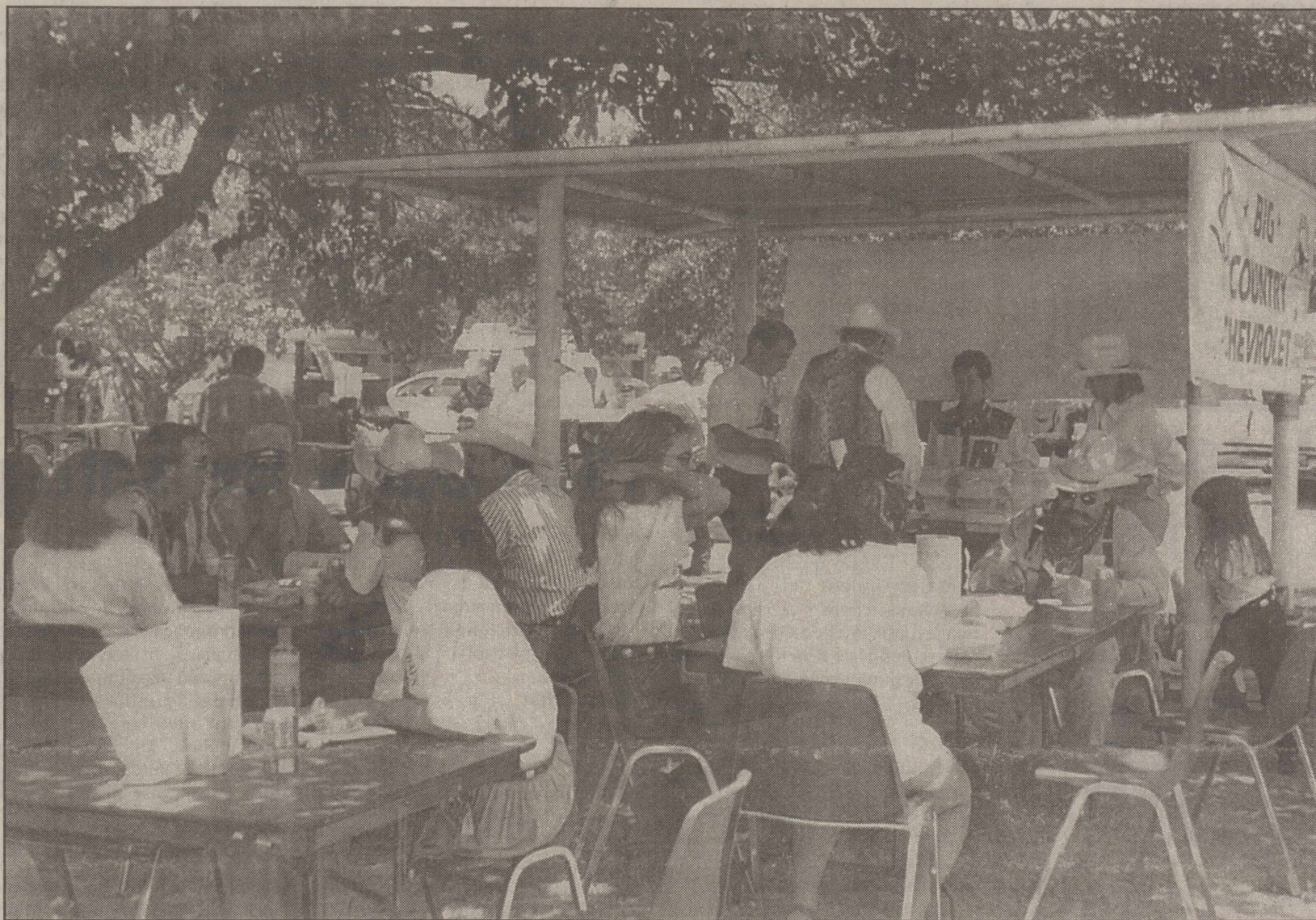
The Haskell Free Press will be closed Mon., May 31 in honor of Memorial Day. Early deadlines for the June 3 edition will be Thurs., May 27 at 5 p.m.

Social Security

A representative from the Social Security Administration will be in Haskell at the old City Hall annex, 305 N. 1st, Thurs., June 3 at 9:30 a.m.

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BBQ COOKOFF—Crowds attending last year's Wild Horse Prairie Days enjoyed relaxing in the shade while sampling brisket,

chicken, pork ribs, and pinto beans from the menus cooked up by the area teams that enter the cooking competition each year.

4th BBQ cookoff slated

Covered wagons, ranch cowboys and horses will soon be turning the city of Haskell into the Old West, during the 4th Annual Wild Horse Prairie Days, June 4, 5, and 6.

Haskell is a century-old town, rich in cowboy heritage and still bordered by working ranches.

During the three day event there will be plenty of entertainment for all to enjoy all weekend.

One popular event will be the colorful 4th Annual BBQ Cookoff, located at the R. V. Park east of the Haskell City Park. Sponsored by Baily Toliver Chevrolet & Oldsmobile, the cookoff is sanctioned by the Lone Star Barbecue Society. Under specific rules, teams from a wide area will be competing for awards by cooking up chicken, pork spare ribs, brisket and jackpot pinto beans.

An Overall Grand Champion will be named, an award will be given for Most Attractive Cooking Area, Custom Plaques will be given for 1st through 3rd place winners, and Certificates will be awarded for 4th through 10th places.

53 to graduate from Haskell High Friday

Fifty-three graduating senior students at Haskell High School will receive diplomas during the school's commencement exercises Fri., June 28, beginning at 8:00 p.m. at Indian Stadium.

Bree Burgess, daughter of Brian and Jennifer Burgess, is the class

Valedictorian, and Cy McGuire, son of Mike and Jo McGuire, is the Salutatorian.

Congratulations are due all of these young people as they come to the end of their public school days and to the beginning of new days ahead.

Those receiving diplomas are: Alex Abila, Amy Aycock, Angela Aycock, Billy Bible, Chad Brendle, Ethan Brown, Jamie Brown, Jenny Brzozowski, Richard Brown, Bree Burgess, Tiffany Cadenhead, Trey Cheyne, Lee Christian, Joseph Clem, Kerre Cole, J. J. Comedy, Daisy Cothron, Amanda Crawford, Johnny Diaz;

Annie Erwin, Erik Everett, Charisse Felty, Veronica Fuentes, Michael Gonzales, Rosalinda Gonzales, Jesse Guadalcazar, Heath Guess, Crispin Guzman, Michael Guzman, Paula Harvey, Rob Hengstenberg, Misti Henson, John Hernandez, Jason Hobgood, Mindy Howard;

Ruben Martinez, Cassie McFadden, Cy McGuire, Shayne McKenzie, Stephen Middleton, Kelli Moeller, T. Nichols, Conrad Palacios, Amanda Hackney Plemister, Joseph Plemister, Amanda Rapp, Leland Reid, Trey Rogers, Josh Roysdon, Santana Silvas, Shane Stelle, Missy Teague, and Shauna Williams.

Best wishes to this Class of '99.

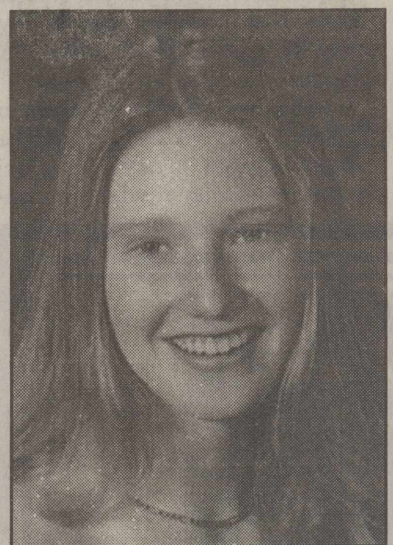
City closes alley, allots park funds

During the May 24 meeting of the Haskell City Council, approval was given to the petition made to close the alley at Bill Wilson Motor Co. which runs through their parking lot. No buildings will be built on the property. The City will retain easement and no city services will be affected by the closing.

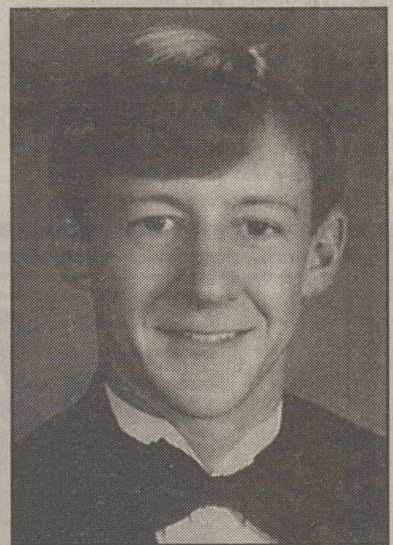
The Council also approved the City Appraisal Board acceptance of bids for the sale of three pieces of property. The action will get the properties back on the city tax roll. The properties are located at 1102 North Ave. D, 206 South Ave. N,

and the 200 block of South Ave. P.

For the next three years, \$15,000.00 has been allocated for buying of playground equipment for the park. Also, the opportunity and option that each city water and sewer user now has to donate an extra dollar to the city when paying their city services bill will now benefit the park. Listed on the bill as being for Rehab, the revenue raised will be concentrated on the park fund. Anyone who is not presently adding the extra dollar when paying their bill, is asked to consider beginning this help to our park system.



BREE BURGESS
Valedictorian - Haskell



CY MCGUIRE
Salutatorian - Haskell

Monthly sales tax receipts continue to show decline

Texas Comptroller Carole Keeton Rylander delivered a total of \$265.9 million in monthly sales tax payments to 1,098 Texas cities and 118 counties, a 12.6 percent increase over the \$236 million allocated in May 1998. Rebates to cities and counties are up 8.6 percent over the same period last year.

This month's sales tax rebates include local sales taxes collected in March and reported by businesses filing monthly tax returns in April and quarterly returns for the first three months of the year.

"Our economy is still growing at a healthy rate," Comptroller Rylander said.

Texas cities received sales tax rebates of \$245.4 million, 12.7 percent higher than last May's payments of \$217.6 million. Rebates to Texas counties totaled

\$20.5 million, 11.4 percent higher than the \$18.3 million in May 1998. Another \$7.6 million went to 39 special purpose districts around the state.

Haskell County had a 3.69 percent decrease for May, 1999 of \$36,939.91 in comparison to \$38,357.43 for May, 1998. 1999 payments to date of \$143,849.77 reflect a 6.24 percent decrease over 1998 payments to date of \$153,434.48.

The City of Haskell had a 2.84 percent decrease for May, 1999 of \$33,230.99 in comparison to \$34,205.16 for May, 1998. 1999 payments to date of \$132,833.51 reflect a 5.89 percent decrease over 1998 payments to date of \$141,148.25.

O'Brien had a 40.46 percent decrease for May, 1999 of \$208.50 in comparison to \$350.23 for May, 1998. 1999 payments to date of

\$483.77 reflect a 45.31 percent decrease over 1998 payments to date of \$884.69.

Rochester had a 1.57 percent increase for May, 1999 of \$942.23 in comparison to \$927.58 for May, 1998. 1999 payments to date of \$2,928.09 reflect a 5.16 percent decrease over 1998 payments to date of \$3,087.58.

Rule had a 13.04 percent decrease for May, 1999 of \$2,158.01 in comparison to \$2,481.84 for May, 1998. 1999 payments to date of \$6,575.14 reflect a 12.21 percent decrease over 1998 payments to date of \$7,490.09.

Weinert had a 1.92 percent increase for May, 1999 of \$400.18 in comparison to \$392.62 for May, 1998. 1999 payments to date of \$1,029.26 reflect a 24.92 percent increase over 1998 payments to date of \$823.87.



WALMART GRANT—In conjunction with Earth Day activities, the Walmart Foundation awarded an Environmental Grant to Paint Creek ISD for their role in helping educate and inform students about the problems facing our environment. The funding is being used to plant trees on the campus as part of the beautification project. Pictured are eighth grade science students, left back, Eric Hobbs, Jason Biba, and Josh Salazar. Front left, are Diana Gonzales, Cassie Lamb and Hattie Walton.

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DHS now requires finger images

The Texas Department of Human Services (DHS) is installing its fraud prevention system, known as the Lone Star Image System, in all DHS offices in the state. The Lone Star Image System uses finger image technology to prevent individuals from receiving duplicate benefits.

Under this program, all adults applying for Temporary Assistance for Needy Families (TANF) or Food Stamps will supply finger images.

The deterrent effect of the Lone Star Image System is assessed by determining how many individuals apply for TANF and/or Food Stamps, but refuse to provide finger images, and do not give any explanation for the refusal. Evaluation of the pilot data found a significant number of applicants withdrawing their requests for benefits when asked to provide finger images.

The finger image process includes electronic capture of both index fingers and a photograph of the applicant. A household cannot receive TANF or food stamps benefits unless all required household members provide finger images. An intentional attempt to receive duplicate benefits can result in prosecution and/or suspension of benefits.

DHS Commissioner, Eric M. Bost said, "The Lone Star Image System emphasizes fraud deterrence, not detection. With the Lone Star System in place, individuals are discouraged from even attempting to commit fraud in the first place."

"As stewards of taxpayer funds, it is our responsibility to ensure that dollars go only to the truly needy," Bost said.

CLASSIFIED ADVERTISING PAYS 864-2686

Obituaries

Annie McDonald Williams

Funeral services for Annie McDonald Williams, 71, of Cisco were held Thurs., May 20 at the Church of Christ in Haskell with Bob Pipes officiating. Burial was in Willow Cemetery under the direction of Holden-McCauley Funeral Directors.

Mrs. Williams died Thurs., May 13 at her home in Cisco.

Born June 21, 1927 in Haskell, she married Edwin E. Williams June 27, 1943 in Haskell. She retired as owner-

operator of Sew Terrific in Wichita Falls and was a "Million Dollar Club" consultant at Memorial-Park Cemetery in Wichita Falls.

Survivors include her husband of Cisco; three sons, Eddie Don Williams and his wife, Mary, of Wichita Falls, Joe A. Williams and his wife, Leonel, of Possum Kingdom Lake and Ralph E. Williams of Waco; one brother, J. C. McDonald of Eastland; five grandchildren and one great grandchild.

Exa Lorene Lott

Graveside services for Exa Lorene Lott, 95, of Fort Worth were held Mon., May 24 in Mount Olivet Cemetery in Fort Worth. Mount Olivet Funeral Home directed the services.

Mrs. Lott died May 22 after a brief illness.

Born July 1, 1903 on a farm in Haskell County near Rule, she had traveled with her family to West Texas by covered wagon from East Texas in 1900 to claim farm land. She married Ernest Lott, and they lived on the family farm until his death in 1946. She moved to Rule and worked at Rule Cotton Compress. Upon retirement she

moved to Fort Worth in 1976 to be near her family. She was a member of First Baptist Church in Lake Worth.

She was preceded in death by her husband, Ernest; two sons, Ledell Lott and Howard Don Lott; one daughter, Mary Ernestine Williams.

Survivors include one daughter-in-law, Loris Lott; grandsons, Dan Williams and wife, Louise, Ernest Lott and wife, Cindy, David Lott and wife, Patty; one granddaughter, Gwenda Barnett; 9 great grandchildren; 5 great great grandchildren and numerous nieces and nephews.

John Landiss Brooks

Funeral services for John Landiss Brooks, 90, of Collinsville, Okla., formerly of Sagerton, were held Wed., May 26 at Faith Lutheran Church in Sagerton with Rev. Jeff Zell officiating. Burial was in Fairview Cemetery in Sagerton under the direction of Holden-McCauley Funeral Directors.

Mrs. Brooks died Sat., May 22 in Tulsa, Okla.

Born April 18, 1909 in Paint Rock, she was the daughter of Jim and Minnie (Pierce) Summers. She served as Postmaster for 37 years. She had lived in Collinsville for

three months, moving from Sagerton. She was a member of Faith Lutheran Church in Sagerton.

She was preceded in death by three husbands, Billy Tabor, Rector Guinn and Paul Brooks; her parents, Jim and Minnie Summers; one brother and one sister.

Survivors include two sons, Jacky C. Tabor of Sagerton and Billy D. Tabor of Sweetwater; one daughter, Judy C. Thompson of Talala, Okla.; 8 grandchildren and 10 great grandchildren.

Plan early for safe pregnancy

For those who have decided to have a baby, and want to make sure the pregnancy and the baby will be healthy, the physicians of Texas Medical Association are urging some important steps of preparation.

The first step is to get a thorough check-up from a physician. A doctor can evaluate overall health and make recommendations for managing any persistent health problems. It is also important to have a doctor monitor health throughout the pregnancy. The doctor really needs to know about any existing or suspected sexually transmitted diseases, which can pose a real threat to a healthy pregnancy.

also can cause severe problems in infants, causing them to be born too small or hindering intellectual or emotional development. Illegal drugs can cause birth defects, developmental disorders, respiratory problems and disabilities. Children born under the influence of illegal drugs are often born addicted and must endure severe withdrawal symptoms at birth. Also, illegal drugs often cause miscarriages or stillbirths.

It helps develop the baby's nervous system.

If you are overweight, now is the time to eat healthy and exercise to lose weight. Diet only before you get pregnant, not after, and only under a doctor's supervision. Though moderate exercise such as walking is usually good for mother and baby, very strenuous exercise generally is not recommended.

Finally, if you are using birth control pills for contraception, discontinue use of them for at least two months before attempting to get pregnant. The rate of miscarriage is higher if a woman conceives too soon after stopping birth control pills.

Even some prescription medications can lead to problems. Check with the doctor to see if they are safe to take during pregnancy.

It's not too soon to take prenatal vitamins and improve your diet. Women planning to get pregnant need to get enough of the mineral folate in their diets. Found in foods such as liver, fortified cereal, lentils, garbanzo beans and spinach.

Women planning to get pregnant need to get enough of the mineral folate in their diets. Found in foods such as liver, fortified cereal, lentils, garbanzo beans and spinach.

Watch out for your emotional health. Gather a support system of family and friends to help you through the pregnancy. Try to minimize the stress level of your life.

Around Town

By Joyce Hawkins

Dan and Sandra Safford of Great Falls, Mont. visited several days with her parents Mr. and Mrs. Ted Jetton.

James and Shirley Hawkins of Wichita Falls visited with mother Joyce on Sat. They spent Fri. night in Abilene with son and

family, Kevin Hawkins. Visiting Ernestine Herren a few days ago was her grandson and wife, Will and Melendia Archibald of Anaheim, Calif., who were her to help with the Adventure Races U. S. on the Coody Ranch. There were 83 people who participated in the events from all over Texas and other states.

On Sun. George and Faye Gray's cousins from Munday came and spent the day. They are Annie Floyd and her son Harold Floyd and her daughter La Ceratia Phillips.

Bernice Hilliard had her sons Kenneth from Waco and Ron and wife from Odessa for the weekend. They all attended the graduation services of May Jane Short in Rochester.

Frankie Don White of Jacksboro visited with parents Frank and Joyce White on Sun.

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The Haskell Free Press

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Rule High School
\$25

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0315-105 and C1425



MR. AND MRS. BRAD BUFORD

Bufords celebrate 50th anniversary

Haskell natives, Bradley and Jean Conner Buford, of Weatherford, observed their 50th anniversary Sat., May 22.

The couple graduated from Haskell High School in 1940. Jean Conner graduated from Texas Tech University and served in the WAVES during World War II. Brad Buford served in the Army Air Force and graduated from Texas A&M University.

The Bufords married in Haskell in May, 1949. They have lived in many places during their marriage, including Stamford, Sweetwater, Fort Stockton, Bryan-College Station, Marshall and Weatherford.

Brad Buford is a retired civil engineer. He enjoys golf, sports, the outdoors, mind-challenging puzzles, and is an avid reader.

Jean Conner Buford was a substitute music teacher while living in Sweetwater, and sang at various churches in the area. She enjoys crochet and collects mailboxes.

The Bufords are both active in their church Senior Adult ministry in Weatherford.

They have one daughter and son-in-law, Ann and J. D. Stephenson of Houston. Their son, Forrest Buford, died in 1967.



MR. AND MRS. CARL HOPKINS

Brady, Hopkins repeat vows in Dickens Springs

Mr. and Mrs. Jim Draper of Seagraves and Mr. and Mrs. Howard Hopkins of Haskell announce the marriage of their children, Darlene Draper Brady and Carl Hopkins. The wedding was held April 29 at Dickens Springs in Dickens County with Judge Woodie McArthur performing the ceremony.

Darlene graduated from

Seagraves High School in 1986. She attended Texas Tech University and graduated from Tarleton State University in 1990. She is employed by the Texas Agriculture Extension Service.

Carl graduated from Haskell High School in 1981 and from Tarleton State University in 1986. He is employed by Throckmorton Land and Cattle Co.

Grain products in diet add complex carbohydrates

Is your diet complex or contain complex carbohydrates? Eating enough grain products such as breads, cereals, pasta and rice every day can add protein, carbohydrates, vitamins and minerals to your diet.

When you look at the USDA Food Guide Pyramid, the three food groups that have complex carbohydrates are breads, cereals, pasta and whole grains; vegetables; and fruits.

Choosing a diet with plenty of grain products is encouraged by the Dietary Guidelines for Americans, just revised by the Department of Agriculture and the Department of Health and Human Services. The guidelines recommend that Americans eat at least six servings of grain products, such as breads, cereals, pasta and rice, with an emphasis on whole grains.

Whole grains are natural sources of complex carbohydrates, dietary fiber, and other food components linked to good health. These foods are generally low in fats, and by choosing the suggested amounts, you are likely to increase carbohydrates and decrease the fats

as well as calories in your diet.

Dietary fiber is found in whole-grain breads and cereals, dry beans and peas, vegetables and fruits. Eating foods with dietary fiber is important for proper bowel function and can reduce the symptoms of chronic constipation, diverticular disease and hemorrhoids. It may have benefits in prevention and treatment of chronic diseases such as cancer of the colon, diabetes and coronary artery disease.

Do most people eat enough fiber daily? In a recent USDA nationwide survey of consumer knowledge and attitudes about diet and health, eight to ten thought it was important to eat foods with adequate fiber. Five of ten thought they were getting enough fiber, perhaps because they had been trying to increase fiber and had now achieved their goal. However, recent food consumption studies show both men and women get about half the amount of fiber recommended by some nutrition experts (women get about 11 grams and men about 15 grams per day).

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Drought, warm weather produce fewer peaches

by Lou Gilly
Haskell Co. Extension Agent
The 1998 drought coupled with a warm winter means fewer peaches this year. Extension horticulturist Marty Baker says it is worst combination of weather conditions for peaches he has ever seen.

Last year's drought hurt peach trees as much as any other tree in Texas, but the trouble for orchard owners began with the hot, dry weather of late August and September. Baker says the weather stunted new bud growth. Many of those that were produced did not reach full maturity. He says this could lead to a tremendous drop of fruit in late April and May.

Peach orchards were dealt a second blow by the extremely warm winter. Depending on the region, the trees need 700 to 850 hours at temperature between forty-

two and forty-five degrees. some varieties now have as few as one leaf every two feet. Trees with naked branches are subject to sun scald, limb loss and death. Baker advises owners with damaged trees to thin all fruit off the tree and to not fertilize. He also suggests whitewashing the tree limbs and trunk and pruning off all dead limbs.

Hospital

Admissions
Pauline Ross, Rule
Edna Grubbs, Haskell
Juanita Posey, Knox City
Dismissals
Zora Medford, Margaret Santerre, Mary Kierepka

Gifts for All Occasions

<p style="text-align: center; font-size: small;">the healing garden</p> <p style="text-align: center; font-weight: bold;">Aroma Therapy Gift Sets</p> <p style="text-align: center;">Reg. \$12.95 \$9.99</p>	<p style="text-align: center; font-weight: bold;">Vidal Sassoon Gift Set</p> <p style="text-align: center; font-size: small;">Comb, Brush & Mirror</p> <p style="text-align: center; font-weight: bold;">\$7.50</p>				
<p style="text-align: center; font-size: small;">Plush Graduate Bear with cap and gown</p> <p style="text-align: center;">Reg. \$11.99 \$7.99</p>	<p style="text-align: center; font-size: small;">A Prayer for the Graduate Label Pin</p> <p style="text-align: center;">Reg. \$4.00 \$2.00</p>				
<p style="text-align: center; font-weight: bold;">Mickey Mouse Watches</p> <p style="text-align: center; font-size: large; font-weight: bold;">30% off</p>	<p style="text-align: center; font-weight: bold;">All 'Golf' Gift Items</p> <p style="text-align: center; font-size: large; font-weight: bold;">30% off</p> <p style="text-align: center; font-size: x-small;">REGULAR PRICE</p>				
<p style="text-align: center; font-weight: bold;">All Ladies' or Mens' Wallets</p> <p style="text-align: center; font-size: large; font-weight: bold;">25% off</p>	<p style="text-align: center; font-weight: bold;">All Clocks</p> <p style="text-align: center; font-size: large; font-weight: bold;">25% off</p> <p style="text-align: center; font-size: x-small;">REGULAR PRICE</p>				
<p style="text-align: center; font-weight: bold;">The 'Tie System'</p> <p style="text-align: center; font-size: small;">Automatic revolving tie holder</p> <p style="text-align: center;">Reg. \$18.49 \$12.99</p>	<p style="text-align: center; font-size: small;">Little Playmate Elite Igloo Ice Chest</p> <p style="text-align: center;">Reg. \$14.99 \$10.00</p>				
<p style="text-align: center; font-size: small;">Hanging Jewelry Organizer</p> <p style="text-align: center;">Reg. \$19.99 \$14.99</p>	<p style="text-align: center; font-size: small;">20" 3 speed Portable Fan</p> <p style="text-align: center;">Reg. \$19.99 \$14.99</p>				
<p style="text-align: center; font-size: small;">All Packaged Thank You Notes</p> <p style="text-align: center; font-size: large; font-weight: bold;">20% off</p>	<p style="text-align: center; font-size: small;">Memorial Day, May 31 Display your flag proudly!</p> <p style="text-align: center; font-weight: bold;">U. S. Flag Set</p> <p style="text-align: center; font-size: x-small;">3'x5' US flag, 3 section 6 ft. steel pole, gold eagle ornament, metal bracket with screws</p> <p style="text-align: center;">Reg. \$8.99 \$6.99</p>				
<p style="text-align: center; font-weight: bold;">Bridal Selections</p> <p style="text-align: center; font-size: x-small;">Now on display for</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none; vertical-align: top;"> <p style="font-size: x-small;"><i>Jennifer Lehmann</i> Bride-elect of Paul Page</p> </td> <td style="width: 50%; border: none; vertical-align: top;"> <p style="font-size: x-small;"><i>Amanda (Colthron) Arendall</i> Bride of Justin Arendall</p> </td> </tr> <tr> <td style="border: none; vertical-align: top;"> <p style="font-size: x-small;"><i>Jenna Lea (Byrd) Manske</i> Bride of Philip Manske</p> </td> <td style="border: none; vertical-align: top;"> <p style="font-size: x-small;"><i>Alama E. Fierro</i> Bride-elect of Nick Jinemez</p> </td> </tr> </table> <p style="text-align: center; font-size: x-small;">Prices Good May 27, 28 and 29. Limited supply on some items.</p>		<p style="font-size: x-small;"><i>Jennifer Lehmann</i> Bride-elect of Paul Page</p>	<p style="font-size: x-small;"><i>Amanda (Colthron) Arendall</i> Bride of Justin Arendall</p>	<p style="font-size: x-small;"><i>Jenna Lea (Byrd) Manske</i> Bride of Philip Manske</p>	<p style="font-size: x-small;"><i>Alama E. Fierro</i> Bride-elect of Nick Jinemez</p>
<p style="font-size: x-small;"><i>Jennifer Lehmann</i> Bride-elect of Paul Page</p>	<p style="font-size: x-small;"><i>Amanda (Colthron) Arendall</i> Bride of Justin Arendall</p>				
<p style="font-size: x-small;"><i>Jenna Lea (Byrd) Manske</i> Bride of Philip Manske</p>	<p style="font-size: x-small;"><i>Alama E. Fierro</i> Bride-elect of Nick Jinemez</p>				
<p style="text-align: center; font-weight: bold; font-size: large;">THE DRUG STORE</p> <p style="text-align: center; font-size: x-small;">Hours: 8-6 M-F; 8-5 Sat.; Sundays & Holidays 8:30-9:30 940-864-2673</p>					

OPINION

State Capital



HIGHLIGHTS

By Ed Sterling
TEXAS PRESS ASSOCIATION

Texans would be able to carry a concealed handgun without anyone's knowledge except law enforcement agencies under a bill that gained tentative approval in the Texas House last week.

The measure, which is an amendment to a larger bill that authorizes the continued operation of the Texas Department of Public Safety, passed on a 76-68 vote. If approved by another House vote, the bill then would head to the Senate, which already has stamped its approval on the DPS bill.

"This is nobody's business except you and law-enforcement agencies," the sponsor Rep. Suzanna Gratia Hupp, R-Lampasas, told *The Dallas Morning News*.

Under current law residents can submit a person's name and ZIP code along with a \$5 fee and find out whether the person has a permit to carry a concealed handgun. Hupp said that public access allows stalkers and criminals to prey on victims who are not armed.

Another gun-related bill that bans most local government lawsuits against gun makers and sellers passed the House and was sent to Gov. George W. Bush for final approval last week. A Bush spokesman told the *Morning News* the governor plans to sign the legislation.

Sponsored by Rep. Rick Green, D-Dripping Springs, the bill allows governmental suits against gun makers to be filed only by the attorney general or with the Legislature's approval.

Workshop targets diabetes in kids

Participants in an international one-day workshop last week in Austin called for the development of a statewide strategy to address what health officials believe may be an epidemic of type 2 diabetes in children.

The May 14 workshop, prompted by Gov. Bush, was co-sponsored by the Texas Department of Health and Juvenile Diabetes Foundation (JDF) International to find ways to combat a rising incidence of type 2 diabetes in youth in Texas.

"No one knows what causes diabetes," said Dr. William R. Archer, Texas Commissioner of Health, "but we know there is a link between increased obesity in kids and increased type 2 diabetes in kids."

Dr. Robert Goldstein, research vice president for JDF, said Texas' approach to dealing with the in-

creased incidence of type 2 diabetes in children could become a model for the rest of the country.

Type 2 diabetes is marked by an inability to properly use insulin to control blood sugar levels.

AG revives Triads
Texas Attorney General John Cornyn signed a statewide Triad agreement May 17 and pledged 100 additional Triads by the end of the year 2000.

Cornyn was joined by state law enforcement officials and American Association of Retired Persons (AARP) representatives in signing the agreement that recognizes and re-establishes Triads currently operating statewide. Triads are groups of local law enforcement officials and older or retired citizens working together to prevent crimes against the elderly.

Texas leads the nation with 100 Triads. More than 600 operate nationwide.

Other Highlights

• Secretary of State Elton Bomer intends to secure \$25 million to fund water and sewer connections for about 100,000 colonias residents along the 1,248-mile Texas-Mexico border. If funding for the TEXAS Plan is approved, nearly one-third of the state's 400,000 colonias residents would be eligible for service.

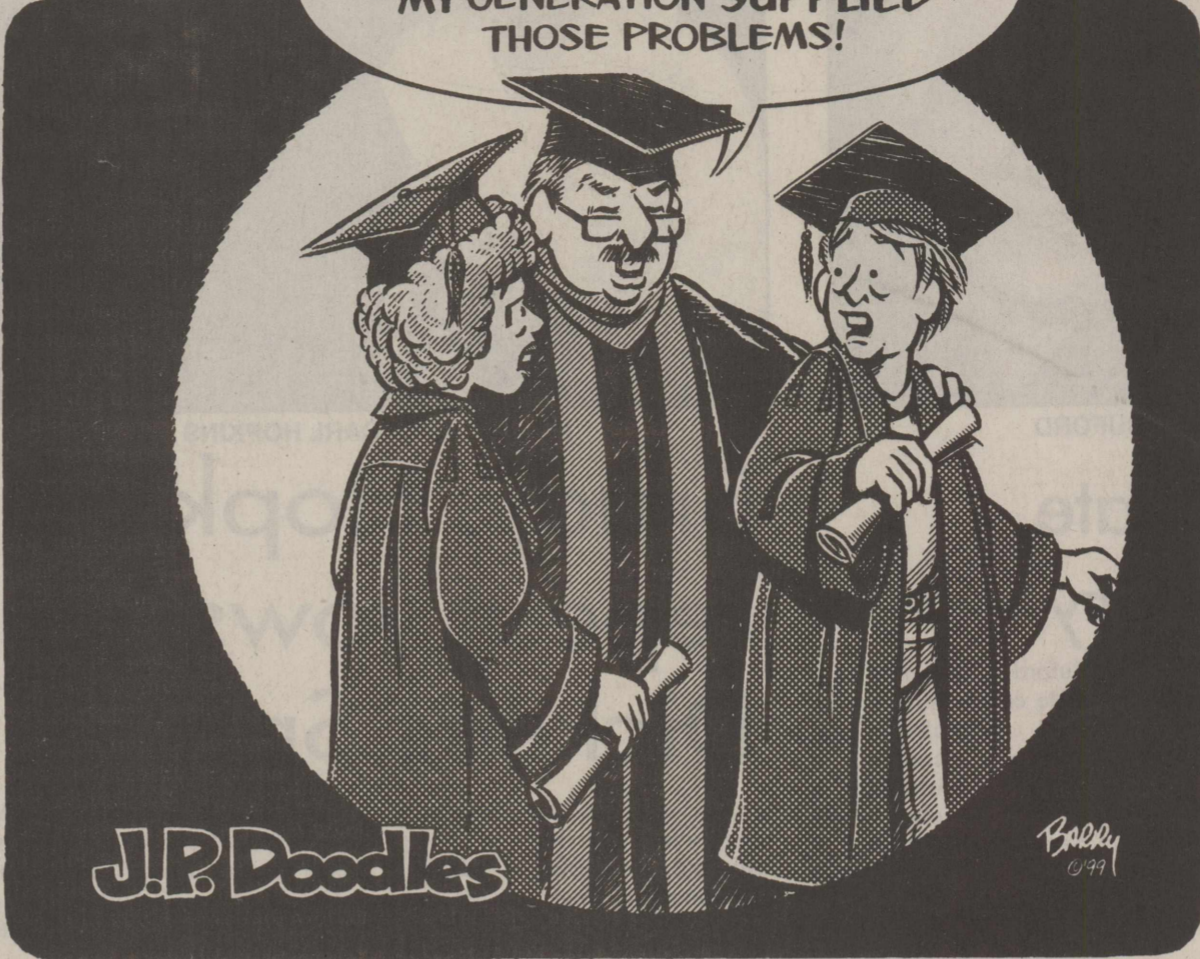
• Texas Comptroller Carole Keeton Rylander revised her biennial revenue estimate May 13, and told the Texas Legislature and Gov. Bush an additional \$807 million in revenue would be available.

• Texas Parks and Wildlife has started a life jacket loaner program for children through a cooperative effort with BOAT US Foundation. Life jackets will be loaned to parents for children to use until they are outgrown.

• Beginning next year, state employees could take off May 31 for Cesar Chavez Day, the first Texas holiday honoring a Hispanic. The Texas Legislature last week approved designating the day as an optional holiday in honor of the Arizona native who fought for fair wages and safe working conditions for farm workers.

• Texas Land Commissioner David Dewhurst last week referred 107 houses located entirely on Texas public beaches to the attorney general to take appropriate action under the Texas Open Beaches Act. The houses shifted onto the beach due to coastal erosion caused by storms.

WHEN YOU'RE OUT THERE TRIUMPHING OVER THE WORLD'S PROBLEMS, DON'T FORGET -MY GENERATION SUPPLIED THOSE PROBLEMS!



GIVE CREDIT WHERE CREDIT IS DUE?



From The Inside Out

By Mary Kaigler

Graduation is at hand. Another class of our young people is finishing a twelve year phase of learning and are leaving our school system to go their separate ways into another phase. We are proud of these young citizens of our community and our very best wishes and hopes go with them where ever their own individual road takes them. Whether it is on to college or on to work, it too will be a phase of learning for them.

Life is a series of phases and opportunities for learning, regardless of how old we become. What we learn about living and take with us from one phase into the next determines the way we will live out the next one. What any of us are as responsible, humanitarian citizens in any phase of our life is basically contingent on our early training and our earliest concepts.

During the last month, as we've seen the heart-breaking tragedy of the students unfolding at Columbine High School in Colorado, we question and begin to look for answers and things to blame it on.

There are no quick, sure answers for the reasons behind hate, bitterness and resentment that causes some children to insensitively act out these hurtful wishes on others. We wonder why some children walk in the path of hate and violence.

Perhaps it is because we teach our children how to walk but not where to walk. I'm reminded of a story told about a welfare worker

who found a crippled boy in a poverty-stricken section of a city. She took great interest in the boy and longed to see him walk and be a boy among boys. She decided to consult a famous surgeon, who agreed to help.

Examination was made and an operation was performed. Slow, tedious days of recovery proved the operation was a success. Gradually, the child could walk, then run, then play. He was a boy among boys.

In telling her story, the welfare worker paused to say, "He is now a grown man. And I want you go guess where he is and what he is doing." There were several guesses made: "He's a doctor," said one; "He is a great humanitarian"; "He's a minister"; Is he a welfare worker?"

"No, you are all wrong," she said. "He is in San Quentin Prison, serving a life sentence for murder." Then she continued, "We spent all of our time training him how to walk, but failed to teach him where to walk."

This story points up one of our greatest challenges in this life; that of teaching our young people where to walk and how to build their lives. We send them to school where they are taught skills and facts and words and how to compete. But learning the basics of being caring, responsive and empathetic to the feelings of others begins and must be done at home.

For many parents, the question may be, "How do you train children to be helpers rather than hurters?"

In an article in TEACH

magazine, Alfie Kohn gives some insight about this.

First of all, if you believe that aggressive behavior is natural or even desirable in a child's development towards being independent, or if you find it amusing even while you are telling a child to stop, you are unlikely to curb such behavior. But if you communicate a deeply felt disapproval of the act of hurting another person, you will be far more effective at discouraging children from doing so.

Restraining aggressive behavior, however, is not enough to make helpers out of children. Helping is more than just the absence of hurting. Those who study child development recommend the following for encouraging specifically pro-social, humanitarian behavior:

•Focus on the positive. Help a child to understand how (and why) to help. Telling him what *not* to do isn't enough. Make positive suggestions about specific ways the child can help.

•Explain the reason. Just as children ought to be told why aggression is bad, so should they hear why altruism is desirable. "When you share your toys, Dianne gets to play too, and that makes her happy."

•Set an example. An adult who normally responds to another's distress teaches a child to do likewise. Actions speak louder than words.

•Let them help. Give children the chance to try out what they've learned about being sensitive to others. Let them help you or help others.

•Promote a pro-social self-image. Help children think of themselves as caring, responsible people. "You're such a kind helper, Jamie."

•Be a warm, responsive adult. Children who form a secure attachment to adults (especially parents), feel that the world is basically a safe place. Such children are more likely to respond to the needs of others than children trained by adults who emphasize power and control.

These are perhaps just some of the early things parents can do that may help their child be able to responsibly deal with a world caught up in what seems to me to be an unhealthy fascination and interest in accumulating the instruments of killing, and in the connotation of "power by might" they embody and convey.

With all of the wonderful "how-tos" we want our children to learn, maybe we need to pay a little more attention to teaching them the importance of the "where-tos" in which they choose to walk.

From Out of the Past

From the files of
The Haskell Free Press

10 Years Ago
May 25, 1989

The Rochester Hobby Club met in the bank building with 13 members present. Annie Marshall, hostess, served old-fashion apricot fried pies as dessert after the club ate hamburgers at Sharon's Cafe. The threatening clouds caused an early dismissal.

Haskell High School hosted its annual spring band concert in the high school gymnasium. Awards were presented to outstanding band students. The Outstanding Bandsman of the year was awarded to Susan Jarred. The Arion award was presented to Missy Phemister by the Lion's Club and Eric Harvey was given the Director's award.

Sagerton Hobby Club met for a salad luncheon at the Community Center with hostess Dorothy Toney to work on the bazaar quilt. Club members cut and sewed and accomplished a great deal of work.

20 Years Ago
May 24, 1979

Shannon Lane and David Wheatley were recently presented the American Legion award by County Veterans Service Officer Bud Herren. The award is presented annually to eighth grade students. Shannon is the daughter of Mr. and Mrs. Ken Lane and David is the son of Mr. and Mrs. John Wheatley.

The Major League of the Haskell Girls Little Dribbler All-Stars played in the Regional Tournament in Breckenridge. They won their first game, but were defeated in their second and third games. High point girl for Haskell was Holly McBroom with 18 points.

30 Years Ago
May 22, 1969

Linda Steele, daughter of Mr. and Mrs. W. C. (Bill) Steele, was the recipient of the Lions' Club Arion Award as the most outstanding senior band student. Presentation was made by Dr. Frank Cadenhead.

The Naomi Sunday School class of the First Baptist Church met for their monthly social and business meeting in the home of Mrs. Clyde Bland.

The Hobby Club of Rochester met in the home of Mrs. Bobb Steele. Hattie Clark demonstrated to the club on how to make Indian art on a loom.

40 Years Ago
May 21, 1959

A four year average of 94.54 earned the honor of Haskell High School valedictorian for Jimmy Vaughter, son of Dr. and Mrs. J. G. Vaughter. Salutatorian is Dianne Montgomery, daughter of Mr. and Mrs. H. B. Montgomery.

Despite the rain which has plagued the annual Rice Springs Roundup each year the rodeo and horse show was highly successful.

The Paint Creek Baptist Church honored the senior class of Paint Creek High School with a "Pioneer Party" and picnic at the church.

50 Years Ago
May 26, 1949

Leon Stone, who has been working in South Texas for the past several months, has accepted a position as appliance salesman with Walling Butane Appliance.

At the regular meeting of the City Council city officials approved a joint proposal by the West Texas Utilities to the city and school officials for installation of 16 additional street lights around the grounds of Haskell High and North Ward schools and along North Ave. E between the courthouse square and school grounds.

High-ranking students in the 1949 class of Haskell High School are Betty Oates, valedictorian and Nabeela Hassen, salutatorian.

90 Years Ago
May 29, 1909

A. C. Foster and J. L. Jones of Rule transacted business in Haskell the first of the week.

Miss Una Foster, who has an art studio in Boston, Mass., is spending the summer in the home of her parents, Judge and Mrs. A. C. Foster in Rule.

Monroe Howard of Buffalo Creek is breaking an outlaw horse and he says the critter is the highest jumper this side of Mexico.

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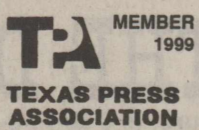
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Keeping an eye on Texas

Texans remember veterans

Memorial Day, May 31, is more than a long weekend. It is a reminder of the tens of thousands of Texans who gave their lives in America's wars this century.

Texas war casualties	
World War I	1,729
World War II	14,248
Korea	1,718
Vietnam	2,759
Persian Gulf	16
TOTAL	20,470

SOURCES: Texas Comptroller of Public Accounts, (www.window.state.tx.us), and Texas Veterans Commission.



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MR. AND MRS. GILES M. KEMP

Kemps celebrate 50th anniversary

Mr. and Mrs. Giles M. Kemp of Haskell celebrated their 40th wedding anniversary with a dinner at Texas Roadhouse in Abilene hosted by their children.

Giles Marion Kemp and Jean Bickham were married May 26,

1959 in Baytown.

They have four children, Kerry Simpson of Burleson, Giles Bryan Kemp of Snyder, Donna Rifenburg of Merkel and Kathy Copeland of Slaton. They have eight grandchildren.

Laser can correct farsightedness

The holmium YAG laser, which uses laser light to heat the cornea of the eye, is the first device of its kind designed to correct farsightedness.

The laser was used for the first time by physicians from the Alkek Eye Center at Baylor College of Medicine in Houston and is currently being studied to evaluate effectiveness and safety.

"The technique involves gently heating the peripheral cornea to steepen the curvature of the center of the cornea," said Dr. Douglas Koch, professor of ophthalmology at Baylor and director of the holmium study at the Alkek Eye Center. "By changing the shape of the cornea, we're able to correct farsightedness up to about +2.5, which covers the majority of farsighted patients."

The laser might also benefit people over the age of 40, whose vision undergoes age-related changes, requiring them to use reading glasses.

"In these patients who have good distance vision, we can treat one eye with the laser to induce some nearsightedness and turn the distance eye into an eye for reading," he said.

For many individuals, this approach can reduce their dependency on or eliminate the need for reading glasses. But Koch advises that not all patients can adjust to different focusing power in each eye. Patients considering the treatment first wear a contact lens for a trial period to ensure they can manage the change in vision.

Initial results in the holmium clinical trial have been positive.

"It's a very gentle treatment, and we have yet to see any patients who've lost any significant vision," said Koch. "We've been able to correct low amounts of farsightedness with very little discomfort."

As with any laser vision treatment, the goal is to reduce dependency on corrective lenses. Due to age-related vision changes, nearly all patients will require corrective lenses at some point in their lives.

Koch expects the Food and Drug



ROSS ROBERTS - JODY BROOKS

Brooks, Roberts set July wedding

Mr. and Mrs. Roger Brooks of Stanton are proud to announce the engagement of their daughter, Jody Lynne Brooks, to Ross Taylor Roberts of Big Spring. Ross is the son of Mr. and Mrs. Neal Roberts of Big Spring. The wedding is planned for July 31 at the First United Methodist Church in Stanton.

Jody is a 1996 graduate of Stanton High School and is attending Midland College pursuing a degree in nursing. She

is the granddaughter of Mr. and Mrs. Gene Perry of Big Spring and Mrs. Kay Brooks of Sweetwater. She is the great granddaughter of Mrs. Helen Turnbow of Weinert.

Her fiancé is a 1994 graduate of Big Spring High School and plans a degree in Criminal Justice. He is employed with the Texas Department of Criminal Justice. Ross is the grandson of Mrs. Hughtta Roberts of Big Spring and Mr. and Mrs. Glen Taylor of Wellington.

Don't miss the Haskell County Alcohol/Drug Free All Night Party. All county high school and college students are invited to join the fun at the Haskell Civic Center after graduation May 28.

RULES FOR

Haskell County All Night Party

1. Doors will open at 9:00 p.m.
2. \$2.00 admission fee, except Seniors will be free.
3. EVERYONE must sign in.
4. NO outside food or drinks allowed.
5. NO ONE admitted after twelve o'clock midnight.
6. MUST BE grades 9-12 or college students for the 98-99 school year.
7. NO ONE may leave the building without an escort.
8. If you leave, you must sign out. If you sign out, you CANNOT come back.
9. If you leave before 5:00 a.m., you will automatically forfeit your gift and any purchases from the store.
10. ABSOLUTELY NO alcohol or tobacco. YOU will be subject to check.
11. ONLY high school students are eligible for gifts.
12. All forfeited gifts will be drawn and given away to those students who are still here at 5:00 a.m.
13. Inappropriate behavior WILL NOT be permitted i.e. vulgar dancing or language, etc.

If you attend, please bring the following:

Freshmen: Bring dessert; Sophomores: Bring chips or dip; Juniors: Bring six-pack or 2-liter of soft drink.

Come join us for fun, prizes and food!

Deal with stress by dealing with cause

Although taking a walk or picturing yourself on a sunny beach can provide temporary relief from stress, a "quick fix" is not a way to deal with stress. The problems will not go away until you deal with the cause.

"Some stress results from the way you react to the things happening in your life, but more often it stems from the people you live or work with," said Dr. Ernest Fruge, a psychologist at Baylor College of Medicine in Houston. Fruge recommends identifying

people and situations which might be causing you stress. If it is a family member, pinpoint the problem and discuss ways to fix what is wrong. For job-related stress caused by a co-worker, discuss the problem directly with your co-worker. If that fails, talk with your supervisor or seek help from your company's human resources department. If you cannot identify and remedy the cause of your stress, speak with a trusted friend, family counselor or physician.

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HASKELL

Childhood ear infections

About 25 million times a year, young children become fussy, their fevers exceed 102 degrees, their appetites diminish, they wake at night and they tug at their ears. They are suffering from otitis media, or an ear infection, which can cause much more serious problems if not treated.

"If the infection spreads to the brain, it can cause meningitis," says Dr. Michael Biavati, an assistant professor of otorhinolaryngology at UT Southwestern Medical Center at Dallas who specializes in children's ear, nose and throat problems. "Ear infections can impair hearing, which can cause significant delays in speech development."

As many as one-third of childhood ear infections are otitis media with effusion, which is a buildup of fluid. This infection often goes unnoticed because the only symptom is hearing loss, and parents might not notice their young child isn't hearing properly.

Biavati says otitis media can be diagnosed only by an ear exam, and antibiotics or ear ventilation tubes are the only effective treatments.

New tools

New endoscopic surgical tools used by plastic surgeons have made large scars—once a sign of brow lifts and other cosmetic surgery—common.

"With the aid of a special small, well-lit scope, we need only make small incisions to be able to see and correct areas that required long incisions in the past," says Dr. Rod Rohrich, chairman of plastic surgery at UT Southwestern Medical Center at Dallas.

The video endoscope, which is attached to the end of a thin tube, transmits the picture to a TV screen and allows surgeons to do complete procedures without having to make large incisions.

Rohrich says patients who have had endoscopic surgery often return to work more easily and report less postoperative swelling and scarring.



RANGE TEAM—Haskell High School's FFA Range Team won seventh place in the state. From the left are Joseph Clem, Lee Christian, Justin Teague, Dr. Roshere, Range Scientist at Tarleton State University, and Cy McGuire.

The 'ABC' approach to building better burgers

One question that rings across pool-side decks and city parks every evening and weekend from Memorial Day to Labor Day is: "What's for Grilling?"

It's a dilemma that puzzles and perplexes Texans as they take to the outdoors at every opportunity during this unofficial grilling season.

Beef, of course, is the easy answer. With its flavor and nutrition, beef represents a perennial grilling favorite. But the question then follows: "What cut?"

"Grilling season presents a whole new set of criteria when it comes to meal planning," said Anne Bried, Texas Beef Council chef. "You want quick-cooking meal ideas just as you do when planning dinner in your home. But you also want something your family or guests can participate in creating, because, more often than not, grilling is associated with fun, activity and companionship."

Bried has found that nothing satisfies families and friends around the outdoor grill more than the American favorite—the burger. Always tasty, the burger offers Texans an ideal way to enjoy outdoor dining with minimal planning, quick preparation and easy clean-up. And everyone can be involved in the cooking and creation of a burger.

With May being Burger Month, Bried offers Texans these simple

"ABC" steps to grilling the ideal burger during the outdoor season.

"A" stands for "be Adventurous." Part of the fun of grilling burgers outdoors is that you can be as bold as you want. You can create anything from a basic old-fashioned cheeseburger with onions and tomatoes to a fancy burger like the Dilly Cheeseburger, which combines ground beef seasoned with fresh dill and adorned with Provolone cheese, sauteed mushrooms and grilled onions. You just need to open your mind to different kinds of toppings to create that new, delicious burger.

If you're on the cautious side, Bried advises that you explore new possibilities with each burger grilling occasion. Introduce new ingredients and experiment with different flavors. For added variety, try different kinds of breads. For instance, substitute focaccia or pita bread or Texas toast for the standard hamburger bun.

"B" stands for "Buy selectively." Ground beef's beauty lies in its variety. A consumer can choose from 70 percent lean to 90 percent lean patties. And if you don't have time to create fresh ground-beef burgers, frozen patties offer convenience in that they can go straight from the package to the grill.

"When shopping, remember that the leanest burgers have the name 'round' or 'loin' on the labels,"

Bried said. "For example, ground round is one of the leanest patties you can buy and offers great flavor for the burger lover."

"C" stand for "Cool it, Cook it, Clean it." You avoid food safety problems with any food by following these three Cs.

"Cool it" means keeping cold foods in the refrigerator until they are ready to cook. If you have frozen ground beef, plan ahead and defrost it in the refrigerator. And never refreeze defrosted ground beef.

Always cook ground beef until an instant-read thermometer for each patty registers an internal temperature of 160 degrees or until the juices run clear.

Finally, keep your preparation surfaces and your hands clean by washing them in hot, soapy water. Don't allow uncooked foods to come into contact with cooked foods or to allow raw meats to come into contact with raw vegetables.

"If you follow the ABCs of grilling, you will experience great summer meals for years to come," Bried said. "They're the kinds of meals that identify you as a smart summer chef. And it will help you ease into outdoors meals with little planning but guaranteed success."

To build great burgers this grilling season, call TBC at 1-800-284-BEEF for additional great burger ideas.

Property Tax Protest and Appeal Procedures

The law gives property owners the right to protest actions concerning their property tax appraisals. You may follow these procedures if you have a concern about:

- the market or special appraised value placed on your property
- the unequal appraisal of your property
- the inclusion of your property on the appraisal roll
- any exemptions that may apply to you
- the qualification for an agricultural or timber appraisal
- the taxable status of your property
- the local governments which should be taxing your property
- the ownership or property
- the change of use of land receiving special appraisal
- any action taken by the chief appraiser, appraisal district or appraisal review board that applies to and adversely affected you.

Informal Review: Taxpayers are encouraged to make an appointment with an appraiser to discuss their property value. This may be done by calling (940) 864-3805. They should bring information to substantiate why they feel that their property value is incorrect. The appraiser will discuss their property and may recommend an adjustment to the Appraisal Review Board. If the taxpayer is satisfied with the adjustment, he does not have to appear before the ARB.

Review by the Appraisal Review Board: If you can't resolve your problem informally with the appraisal district (CAD) staff, you may have your case heard by the appraisal review board (ARB).

The ARB is an independent board of citizens that review problems with appraisals and other concerns listed above. It has the power to order the CAD to make the necessary changes to solve problems. If you file a written request for an ARB hearing (called a notice of protest) before the deadline, the ARB will set your case for a hearing. You'll receive written notice of the time, date, and place of the hearing. If necessary, you may request a hearing in the evening, Saturday or Sunday. Prior to your hearing, you may ask to review the evidence the CAD will use to uphold their determination. The CAD may ask you for a copy of the evidence you plan to present. The hearing will be informal. You or a designated agent may appear in person to present evidence or you may send notarized evidence for the ARB to review at your hearing. The CAD representative will present evidence about your case. You may cross-examine the CAD representative. The ARB will make its decision based on the evidence presented. The CAD has the burden of establishing the property's value by a preponderance of the evidence presented. You can get a copy of a protest form from the appraisal district office at 604 North First, Haskell, Texas.

Note: You shouldn't try to contact ARB members outside of the hearing. The law requires ARB members to sign an affidavit saying that they haven't talked

about your case before the ARB hears it.

Review by the District Court: After it decides your case, the ARB must send you a copy of its order by certified mail. If you're not satisfied with the decision you have the right to appeal to district court. If you choose to go to court, you must start the process by filing a petition within 45 days of the date you receive the ARB's order.

Tax Payment: If you appeal and your case is pending, you must pay the lesser of the amount of taxes due on the portion of the taxable value not in dispute or the amount of taxes due on the property under the order from which the appeal is taken.

More information: You can get more information by contacting your appraisal district at Haskell County Appraisal District 604 North First • P.O. Box 467 Haskell, Texas 79521 (940) 864-3805

You can also get a pamphlet describing how to prepare a protest from the appraisal district or from the State Comptroller's Property Tax Division, P.O. Box 13528, Austin, Texas 78711-3528.

Deadline for filing protests with the ARB*

Usual deadline

On or before May 31 (or 30 days after a notice of appraised value was mailed to you, whichever is later).

Late protests are allowed if you miss the usual deadline for good cause. Good cause is some reason beyond your control, like a medical emergency. The ARB decides whether you have good cause.

Late protests are due the day before the appraisal review board approves records for the year. Contact your appraisal district for more information.

Special deadlines

For change of use (the appraisal district informed you that you are losing agricultural appraisal because you changed the use of your land), the deadline is before the 30th day after the notice of the determination was mailed to you.

For ARB changes (the ARB has informed you of a change that increases your tax liability and the change didn't result from a protest you filed), the deadline is before the 30th day after the notice of the determination was mailed to you.

If you believe the appraisal district or ARB should have sent you a notice and did not, you may file a protest until the day before taxes become delinquent (usually February 1). The ARB decides whether it will hear your case based on evidence about whether a required notice was mailed to you.

*The deadline is postponed to the next business day if it falls on a weekend or holiday.

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Phone 864-8014

SPECIAL OF THE WEEK

OIL CHANGE

\$15.95

Includes: Filter and up to 5 quarts oil

\$15.00

Complete Car Wash

\$8.00 ea.

Rotate & Balance Tires

NEW TIRES: WE CAN GET 'EM!

8 Lb. Bagged Ice \$1.00	Dr. Pepper, Pepsi, 7-Up, Orange, R.B. ICE COLD LONG NECKS 69¢	Dr. Pepper or Pepsi 2 12 pks \$5.00
Super Grab Chips Frito Lay 99¢	Dr. Pepper or Pepsi 2 liter 99¢ ea.	Tire Repair \$6.50

**PICK UP AND DELIVERY SERVICE
DIAL 864-8014**

CONOCO CONOCO CONOCO CONOCO CONOCO

WE REMEMBER

FIRST American BANK
 517 South Second
 P. O. Box 848
 Haskell, TX 79521
 (940) 864-8577

**American Legion
 Post 221
 &
 American Legion
 Auxiliary**
 Haskell, Texas

**Hanson Paint
 &
 Body Shop**
 864-3631
 Haskell, Texas

**Davis and
 Wardlaw
 Oil Co., Inc.**
 Two N. First • Haskell
 864-2959

**Larned
 Sales
 Center**
 864-2749
 Haskell, Texas

**Holden-
 McCauley
 Funeral Home**
 864-2151
 304 N. 2nd
 Haskell, Texas

**Haskell
 National
 Bank**
 864-2631
 Haskell, Texas
 Member FDIC

**Steele
 Machine**
 864-2208
 Highway 380 East
 Haskell, Texas

**Rice
 Springs
 Care Home**
 864-2652
 1302 N. First • Haskell

**Bill Wilson
 Motor Co.**
 864-2611
 209 S. Ave. E
 Haskell, Texas

**Kay's
 Cleaners**
 516 N. 1st
 Haskell

**Double A
 Drive Inn**
 864-2466
 1103 N. 1st
 Haskell, Texas

**Nemir's
 Medical
 Supply**
 864-2258
 510 N. Second • Haskell

**Cecil's
 Country
 Meat Market
 & Grocery**
 864-2511
 Haskell, Texas

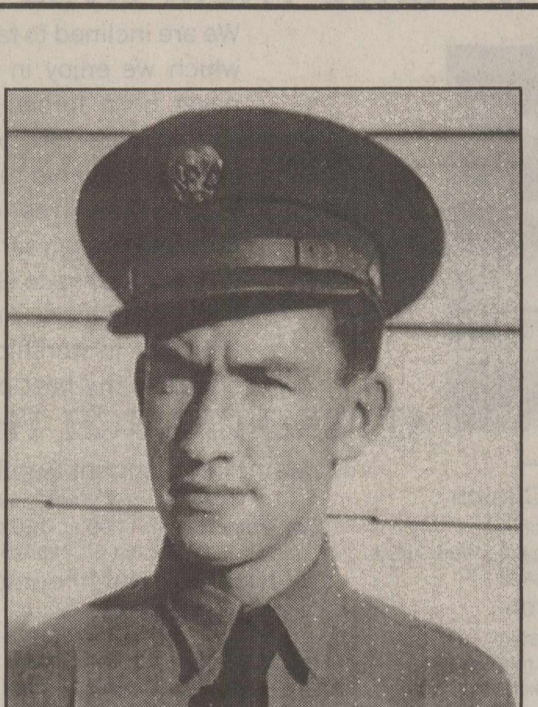
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 Your FRIENDLY
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 Where you get everyday key
 buys and special savings
 without the gimmicks!
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L. L. STEWART



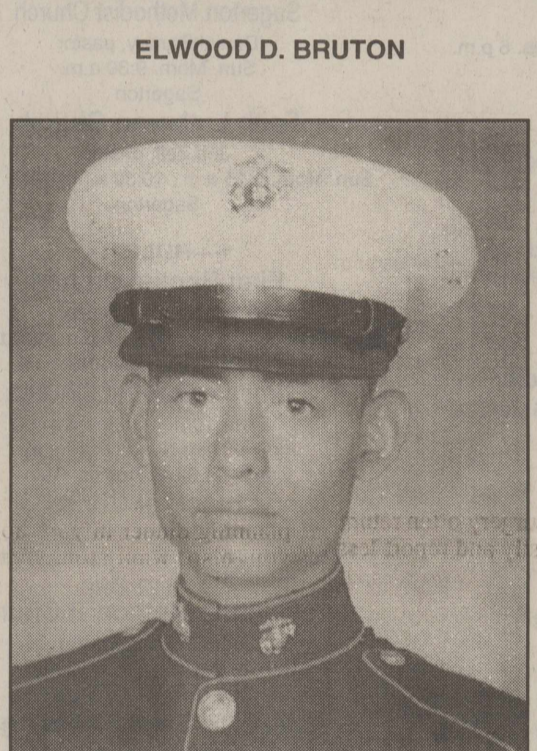
ELWOOD D. BRUTON



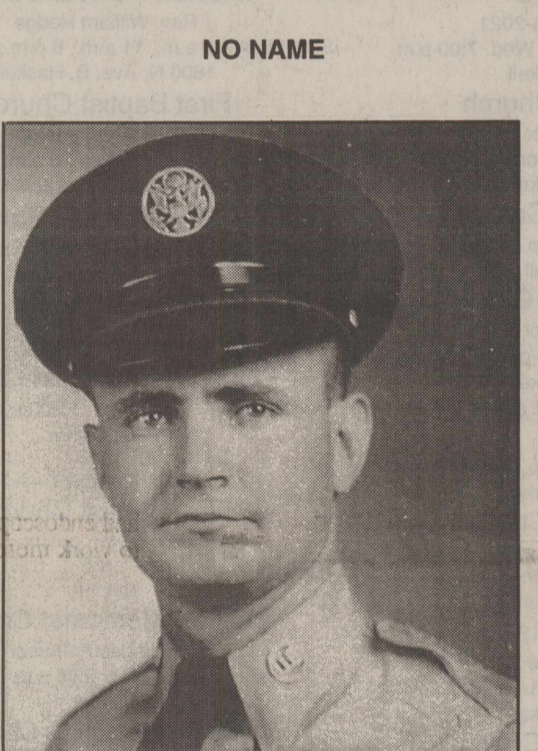
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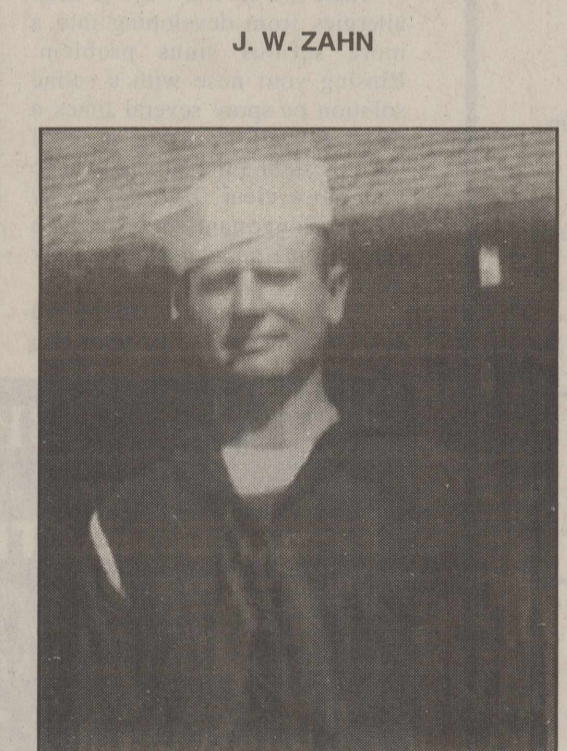
J. W. ZAHN



ESTRADA



PEAVY



J. B. BEARDEN



WILLIAM NORTON - PAUL VILLARREAL

OUT OF THE PAST--All of the pictures above were taken from the files of The Haskell Free Press. They will be returned to owners or relatives of the person in the picture upon request.

**Haskell
 Livestock
 Auction**
 864-2624
 Haskell, Texas

**Haskell
 Healthcare
 Center**
 864-8537
 Sandra Givens
 Administrator

**Big Country
 Blinds**
 864-2692
 5 N. 1st
 Haskell, Texas

**Eddie Briles
 James E.
 Lindsey & Co.**
 997-2414
 P. O. Box 127
 Rule, TX 79547

**The Farmers
 NATIONAL BANK**
 Box 10 • Rule, Texas 79547
 940-997-2216
 Member FDIC

**Haskell Co.
 Insurance
 Agency**
 864-2665
 417 S. First • Haskell

**Richardson's
 Case IH
 & True Value**
 864-8551 • Haskell

**Haskell
 Save-A-\$**
 864-2146
 Haskell, Texas

**Dulaney
 Abstract**
 864-2301
 318 N. 1st
 Haskell, Texas

**First
 National Bank**
 200 S. Ave. E
 864-8555 • Haskell
 Member FDIC

**The Haskell
 Free Press**
 read by more people
 in Haskell County
 than any other
 print media.

**Jay's
 Tire
 Center**
 864-2908
 506 N. 1st East • Haskell

**Home State
 Bank**
 Member FDIC
 1-800-343-3511
 410 Carruthers 610 Columbia
 Rochester Stamford
 940-743-3511 915-773-2122

MEMORIAL DAY

Insurance



- ✓ PROTECTION FOR YOU!
- ✓ PROTECTION FOR YOUR FAMILY!
- ✓ PROTECTION FOR YOUR PROPERTY!
- ✓ PROTECTION FOR YOUR AUTOMOBILE!
- ✓ PROTECTION FOR YOUR INCOME!

**DON WELCH dba
LANCO INSURANCE COMPANY**

510 N. 1st Haskell, Texas 864-2629

Help to correct erroneous credit information available

Many consumers find themselves grappling with erroneous credit reports. But in an industry that collects more than two billion pieces of credit information monthly and generates more than 550 million credit reports on 80 million consumers every year, there will be mistakes.

At one point, it was estimated that up to 50 percent of credit reports contained errors. However, thanks to new federal legislation, it is easier for consumers to correct

erroneous information in their credit files. Once you inform a credit bureau of a mistake in your report, the bureau must investigate and resolve the matter promptly.

A new federal law also puts requirements on lenders and other companies that report information. If a mistake is found, the lender or company must provide corrections to all of the major credit bureaus to which they reported the erroneous information.

Previously, employers could

review employees' and prospective employees' credit files. Under the new legislation, you must give written permission for your files to be reviewed.

When you tell a creditor you are closing an account, it is his responsibility to notify the credit bureau that the account was closed at the customer's request.

Credit bureaus must provide you with the full name or business name of anyone requesting a copy of your credit report during the past year.

Consumers can also have the option to block their credit report from pre-screening by companies extending "pre-approved offers".

One way to help reduce the potential for error in your credit file is to use the same name each time you fill out a credit application. For example, if your name is Deborah Kay Jones, then don't use Debbie Jones on one application, Deborah K Jones on another and D. K. Jones on yet another application. Be consistent.

If you discover inaccurate information in your credit report, complete the special form that comes with your report and return it to the credit bureau. You may also want to attach a letter with an explanation of why you feel your report is in error. Putting your

concerns in writing is beneficial to you in several ways.

*It gives you a record of what you said and the date you said it.

*You will know when to follow up with a phone call if you have not heard from the credit bureau a reasonable amount of time.

*Lastly, if legal action is necessary, you'll have a record of how you attempted to resolve the problem.

Once your credit report is resolved to your satisfaction, the credit bureau will send a corrected copy of your report. It would probably be in your best interest to then wait a few months and request another copy to make sure that the problem does not reappear on your record.

If information that you believe is important is omitted from the report, contact the credit bureau in writing. Information you may want in your report includes:

*Details on loans for which you have a good history.

*Active accounts with good payment histories that were not included in the report.

*Information related to your mortgage, especially if you have paid in full.

*Settlement of tax liens, judgement or disputed bills.

This Week's Devotional Message:

THEY GAVE THEIR LIVES TO PRESERVE YOUR FREEDOM



We are inclined to take for granted the many forms of freedom which we enjoy in this country, perhaps because we have never been forced to live without them; and yet we must remind ourselves of the sacrifices that have been made in order to preserve them for us, by those who were called upon to give their lives in battle. Not only on Memorial Day but throughout the year we should honor those brave heroes, and give our thanks to God for this wonderful free nation we have because of them. And since the list of our freedoms includes the right to worship God as we choose, the Church of your choice is the best place to express your gratitude.

ATTEND CHURCH THIS SUNDAY

HASKELL

- East Side Baptist Church**
David Page, pastor
Sun. 8:30 a.m., 9:45 a.m., 11 a.m., 6 p.; Wed. 7 p.m.
600 N. 1st East, Haskell
- Christian Church**
Dusty Garison, minister
Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m.
107 N. Ave. F, Haskell
- Church of God**
Eric Clark, pastor • 864-2021
Sun. 9:45 a.m., 11 a.m., 6 p.m.; Wed. 7:00 p.m.
East Hwy 380, Haskell
- Trinity Lutheran Church**
Gary Bruns, pastor
Sunday School 9:30 a.m., Worship 10:30
Hwy 380 East, Haskell
- Iglesia Bautista El Calvario**
Sun. Morn. 9:45 a., 10:45 a.m., 5 p.m.; Wed. 7 p.m.
607 S. 7th, Haskell
- First United Methodist Church**
Shane Brue, pastor
Sun. Morn. 9:45 a.m., 10:50 a.m. 6 p.m.; Wed. 6 p.m.
201 N. Ave. F, Haskell
- First Assembly of God**
Rev. J.C. Amburn
Sun. Morn. 9:45 a., 10:45 a.m., 6 p.m.; Wed. 7 p.m.
1500 N. Ave. E, Haskell
- St. George Catholic Church**
Father Michael Melcher
Sat. Mass 7:15 p.m.; Sun. Morn. 9:00 a.m.
901 N. 16th, Haskell
- Church of Christ**
Dale Huff, minister
Sun. Morn. 9:30 a., 10:30 a., 6 p.m.; Wed. 7:30 p.m.
510 N. Ave. E, Haskell
- First Presbyterian Church**
Luther S. Hollowell, II, pastor
Sun. Morn. 9:45 a.m., 11:00 a.m.
306 N. Ave. E, Haskell
- Trinity Baptist Church**
Rev. Kenneth Blair
Sun. Morn. 10 a., 11 a., 6:30 p.m.; Wed. 7:30 p.
401 S. Ave. D, Haskell
- Hopewell Baptist Church**
John Lewis, pastor
Sun. Morn. 9:30 a.m., 11:00 a.m.; Wed. 7 p.m.
908 N. Ave. A, Haskell

GREATER INDEPENDENT BAPTIST CHURCH

Rev. Camellia Wade, pastor
Sun. Morn. 9:30 a., 11:00 a., 6:30 p.; Wed. 7 p.
301 N. 3rd St., Haskell

NEW COVENANT FOURSQUARE

Freddy Perez, pastor
Bilingual Services
Sun. Morn. 10 a., 11:00 a., 6:30 p.; Wed. 7 p.m.
200 S. Ave. F, Haskell

MISSION REVIVAL CENTER

Rev. William Hodge
Sun. Morn. 10 a.m., 11 a.m., 6 p.m.; Tues. 6 p.m.
1600 N. Ave. B, Haskell

FIRST BAPTIST CHURCH

Jim Turner, pastor
Sun. Morn. 9:45 a., 10:55 a., 6 p.m.; Wed. 7 p.m.
301 N. Ave. E, Haskell

CHURCH IN THE PARK

Rev. Tim and Suzann Townsend
Sun. Morn. 10:30 a.m. Wed. 7 p.m.
Gazebo or Pavillion

PAINT CREEK

Paint Creek Baptist Church
Sun. Morn. 10:00 a.m., 11:00 a.m., 6 p.m.
Paint Creek

WEINERT

First Baptist Church
Joel Rister, pastor
Sun. Morn. 10:00 a., 11:00 a., 6 p.; Wed. 7 p.m.
Weinert

WEINERT METHODIST CHURCH

Rev. James Patterson
Sun. Morn. 9:45 a.m.
Weinert

WEINERT FOURSQUARE CHURCH

Rev. Joyce Goossen and Rev. Diane Crowmover
Sun. Morn. 10 a.m., 11 a.m. Wed. 7 p.m.
Weinert

ROCHESTER

Church of Christ
Steve Willis, minister
Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 6 p.m.
West on Main Street, Rochester

FIRST BAPTIST CHURCH

Ed Buerkle, pastor
Sun. 11:00 a.m., 6 p.m.; Wed. 7:00 p.m.
500 Main, Rochester

UNION CHAPEL BAPTIST CHURCH

Rev. Clarence Walker
Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m.
Rochester

FAITH CHAPEL OF ROCHESTER

Katherine Byrd, minister
Sun. Morn. 10 a.m., 11 a.m., 7 p.m.
Hwy 6, Rochester

FIRST UNITED METHODIST CHURCH

Dolan Brinson, pastor
Sun. Morn. 10:00 a.m., 11:00 a.m.
Rochester

SAGERTON

Sagerton Methodist Church
Daniel Ramey, pastor
Sun. Morn. 9:30 a.m.
Sagerton

FAITH LUTHERAN CHURCH

Jeff Zell, pastor
Sun. Morn. 9:15 a.m., 10:30 a.m.; Wed. 7 p.m.
Sagerton

RULE

First Baptist Church
Scott Hensley, pastor
Sun. Morn. 9:45 a., 11:00 a., 6 p.m.; Wed. 7 p.m.
1001 Union Ave., Rule

PRIMITIVE BAPTIST CHURCH

Dale Turner Jr., pastor
First & Third Sundays 10 a.m.
Corner of 8th & Robins, Rule

CHURCH OF CHRIST

John Greeson, minister
Sun. Morn. 9:45 a., 10:40 a., 6 p.m.; Wed. 7 p.m.
811 Union, Rule

FIRST UNITED METHODIST CHURCH

Daniel Ramey, pastor
Sun. Morn. 10:50 a.m., 6 p.m.
1000 Union Ave., Rule

NEW LIFE BAPTIST MISSION

Jesus Herrera
Sun. Morn. 10:00 a.m., 11:00 a.m.
Elm Street+Hwy 380 E, Rule

SWEET HOME BAPTIST CHURCH

Matt Herrington, pastor
Sun. Morn. 10:00 a., 11:00 a., 6 p.; Wed. 7 p.m.
Gladstone Ave., Rule

WEST BETHAL BAPTIST CHURCH

Rev. Robert Sweet
Sun. Morn. 10 a., 11 a., 8 p.m.; Wed. 7:30 p.m.
300 Sunny Ave., Rule

Cattle Market Report

The market at the Haskell Livestock Auction was on a run of 1,495 head of cattle at its sale on Sat., May 22, according to Gary Tate, reporter.

Active demand good all classes. Stockers 1-3 higher; packers 1-2 higher and cows steady.

Cows: fat, .35-.39; cutters, .34-.42; canners, .18-.28.

Bulls: bologna, .44-.49; feeder, .55-.68; utility, .40-.46.

Steers: medium and large frame No. 1 200-300 lbs., 1.05-1.18; 300-400 lbs., .82-1.12; 400-500 lbs., .80-1.00; 500-600 lbs., .74-.86; 600-700 lbs., .69-.75; 700-

800 lbs., .64-.71; 800-up lbs., .58-.69.

Heifers: medium and large frame No. 1 200-300 lbs., .90-.98; 300-400 lbs., .85-.96; 400-500 lbs., .73-.84; 500-600 lbs., .70-.82; 600-up lbs., .49-.68.

Bred Heifers: medium frame 425-525.

Bred Cows: young to middle aged, 500-650; aged or small, 375-550.

Cows with calves: medium frame No. 1 young and middle aged, 625-775; aged or small, 550-675.

Sinus problems can be avoided

When the weather begins to get warmer, many people with allergies will start to snifle, blow, sneeze and wheeze.

There are several ways to keep allergies from developing into a more serious sinus problem. Rinsing your nose with a saline solution or spray several times a day, as well as using a nasal decongestant pill can help keep your nose clear. But stay away from decongestant sprays, which can become addictive if used for more than a few days.

"Drinking plenty of fluids can also keep your nasal discharge thin

and prevent thick secretions that stagnate in the sinuses," says Dr. Richard Mabry, professor of otolaryngology at UT Southwestern Medical Center at Dallas.

Mabry says these measures are especially important during air travel, which can dry nasal membranes and subject sinuses to air pressure changes. Of course, the best way to stay out of trouble is to avoid contact with the things you know spark your allergy attacks, or consult a specialist, Mabry says.

Sonic Drive-In

1402 N. Ave. E
864-8533
Managers: Leon & Carolyn Herring

Steele Machine

Hwy. 280 • 864-2208

Modern Way Food Store

1202 N. Ave. E • 864-3763

Jay's Tire Center

506 N. 1st East • 864-2908
"See You In Church"

Smitty's Auto Parts

204 N. 1st St. • 864-2607

Rice Springs Care Home, Inc.

1302 N. 1st • 864-2652
Medicare • Medicaid • Therapy

Committed To Excellence
In Service

HANSON PAINT & BODY SHOP

207 S. 1st • 864-3631
Professional Auto Body Repair
Glass Installation • 24 Hour Wrecker Service

Rule Co-op Gin & Elevator

301 Adams • Rule • 997-2421

The Carpet Express

15 S. Ave. E • 864-8128

M-System

112 N. Ave. E • 864-3033
Haskell, Texas

Attend Church This Sunday

Haskell Tire & Appliance Center, Inc.

206 South Avenue E
864-2900

Personality Slipper Shoppe

413 S. 1st (South Side of Square)
864-2501 and 864-3051
"One Stop Shopping"

McGee's Lumber Yard

105 N. 1st



COMPLETE CARE SERVICES

Sandra Givens, Adm.
940-864-8537

Sport About of Haskell

864-3891 • "Where Winners Shop"

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FREE DIABETIC SUPPLIES!

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National Diabetic Support Program

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Indian Baseball Camp

June 14-15-16

9 a.m. to noon

Haskell High School Baseball Field

3rd thru 9th Graders (Next Year)

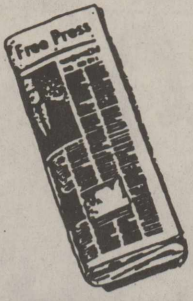
Cost: \$40 (Includes T-Shirt)
\$50 after June 1st Deadline

Camp Focus: Fielding, Hitting, Throwing
Game Situations, Pitching

EQUIPMENT NEEDED: GLOVE, BAT

Coach Greg Darden, Director

Phone 864-2539 8 a.m. to 3:30 p.m.



Shop The Haskell Free Press CLASSIFIEDS

864-2686

ALL DEADLINES MONDAY 5 P.M.



864-2686

Cars For Sale

FOR SALE: 1984 Buick LaSabre. Extra clean inside and out. 743-3350. 20-21c

FOR SALE: 1984 White Chrysler. Clean inside and out. A/C, two owner car. 72,000 miles. 940-864-3880, 940-864-8137. 21p

FOR SALE: 1988 Dodge Caravan. Clean, one owner. \$3995 or make offer. 673-8288. 21c

Help Wanted

RNs and LVNs NEEDED. Apply in person to Rice Springs Care Home. Shirley Brock, RN-DON. 1302 N. 1st, Haskell. 12fc

WEEKEND RN for Haskell Healthcare Center. Apply to DON. Great job for extra money!! 18-21c

FULL-TIME CNAs needed. Haskell Healthcare Center. See DON or Asst. DON. Fun place to work!. 18-21c

WANTED: Full time LVNs and aides, PRN LVN and aides. Contact Judy Ingram, Adm., 940-989-3551. 20-21c

HELP WANTED: Young man to work at Cecil's Country Meat Market & Grocery. Full or part time. Go by and talk to Cecil if you want to work, if not, don't apply. 21c

POSTING NOTICE: American Habilitation Services, Inc. has direct care positions available working with a developmentally disabled lady in Knox City. Starting wage is \$7.20 per hour plus benefits. Hours applicant must be available during the week including 7:00 a.m.-9:00 a.m. and/or 3:00 p.m.-7:00 p.m. Weekend shifts also available on Saturday from 9:00 a.m.-1:00 p.m. and 4:00 p.m.-8:00 p.m. Minimum qualifications include high school diploma or GED. Preferred qualification includes experience in nursing or home health related field. To schedule an interview please call 940-691-1104 in Wichita Falls. AHS is an equal opportunity employer. 21p

PART TIME RN. Throckmorton Hospital. Contact LaVelle Evans 940-849-2151. 21-23c

SALES ASST. Position available immediately. Hourly wages plus benefits. Call Russell or Lisa 864-2611 for appointment. Bill Wilson Motor, Haskell. 21c

Military service is what happened to many of us when we were making other plans. To show our appreciation for everyone who served in the military, we will pay the sales tax for all veterans and their spouses who make purchases on Memorial Day, May 31. Open 10-4. Kinney Furniture in Stamford. 21c

Guadalcazar Roofing

Daniel or Lupe
940-864-5009
Free Estimates.
All Types. 18-21c

IRRIGATED FARM!
160 Acres near Munday.
4-6" wells, house and domestic well.
DRYLAND FARMS
102 Acre tract.
258 Acre tract.
Call for details.

DALZELL, Realtors
Jack Corn, Agent
915-854-2501
915-677-2246
18-21c

For Sale

GARDEN SEED available. Smitty's Feed & Seed, 107 N. East 1st, Haskell, 864-5097. 11fc

Varieties of HAYGRAZER at Smitty's Feed & Seed, 107 N. East 1st, Haskell, 864-5097. 11fc

FOR SALE OR LEASE: Lease by the day. Heavy duty post driver. Smitty's Feed and Seed. 864-5097.

FOR SALE: 1/2 beef, club calf. Contact Glen at Pogue Meat Processing 864-3388. 21c

FOR SALE: Lanier copier; Brother fax machine. Good condition. Contact Chan Guess at 864-2665 or 864-6142. 21c

FOR SALE: 21 Cu. Ft. GE upright freezer; evaporative cooler. 997-9019. 21c

FOR SALE: Zenith data system computer 433D. Win 95, internet ready. \$250. 864-3499. 8 a.m. to 1 p.m. 21-22c

FOR SALE: Snowcone building, 2 bedrooms, dining room, city and well water. 658-3495 Knox City. 21c

FOR SALE: King mattress and box springs. New. 864-3526. 21p

FOR SALE: Loveseat; 2 desk chairs, like new; garbage disposal, still in box. 864-2488 after 6 p.m.

For Rent

FOR RENT: 1107 N. 10th. Available June 1. Nice 2 bedroom apartment, CH/A, covered parking. 864-3762. 21c

FOR RENT: 604 N. 3rd. Nice 1 bedroom apartment. CH/A. New carpet. 864-3762. 21c

FOR RENT: Available June 1. 200 S. Ave. C. Newly remodeled 2 bedroom, 1 bath. Ceiling fans, washer/dryer hook-ups. 864-3762. 21c

HASKELL HOUSE FOR RENT: 2 bedroom, wash room, carport. Newly painted inside. New carpet added. 997-2105. 21p

Medicare Supplements Long Term Care Life Insurance Call Hess Hartsfield 864-2665 30fc

COMPUTER SOLUTIONS!
Special orders, upgrades troubleshooting & Y2K testing.
Randy Bowers 864-2964 10fc

JOHNSON REAL ESTATE
5 AVE. E HASKELL 864-2951
LORRAINE JOHNSON, BROKER
TIM JOHNSON, AGENT 11fc

For Rent

FOR RENT: 402 N. 4th. 2 bedroom house. 864-3762. 21c

FOR RENT: 1207 N. 11th. 1 bedroom house. 864-3762. 21c

Real Estate

FOR SALE OR TRADE: 1407 N. Ave. J. Newly remodeled 3 bedroom, 2 bath. \$34,900 or best offer. 864-2238. 20fc

FOR SALE OR TRADE: New construction 1606 Robbyn Lane. 3 bedroom, 2 bath. Energy efficient home. 864-2238. 20fc

HOUSE FOR SALE: (Corner) extra lot, 6 rooms, utility room and 2 full baths, hardwood floors, garage, three large pecan trees. Corner of 700 Union and Hwy. 6 in Rule. 940-997-2384. 20-21p

FOR SALE OR LEASE: 3 bedroom, 1 bath, fenced yard, water well, covered patio, storage shed, carport. 864-3597 or 673-5419. 20fc

HOUSE FOR SALE in Weinert. 4 bedroom, 2 bath with carport. Must sell, make offer. 940-433-3040. 21-22c

Wanted

CASH PAID for old lever action Winchester rifles, Colt pistols and most other guns and western memorabilia. A. C. Richardson at store Hwy. 277 N. 12fc

Public Notices

PUBLIC NOTICE
Haskell County will accept bids on Surplus Office Equipment and Computers. For more information contact County Judge's Office. Bids will be opened on June 14, 1999 at 10:00 o'clock a.m. Haskell County reserves the right to accept or reject any or all bids.
Haskell County Judge
David C. Davis. 21-22c

WE'VE GOT IT!
ACCO FEEDS
RICHARDSON'S
Hwy. 277 N. • Haskell • Open All Day Saturdays
940-864-8551

After middle age most of us are still doing the same things we did at twenty-nine, it just takes longer. You might do things faster if you got a good night's sleep on a Spring Air Back Supporter mattress set. Save an extra \$100 on the famous Aristocrat set during the factory rebate now through Memorial Day. Kinney Furniture in Stamford. Open Memorial Day 10-4. 21c

EXPERT AUTO WORK
REASONABLE RATES
See us for all your auto mechanic needs. 20 years experience. We do it right the first time.
117 North Ave. E • Haskell, TX

Jobs Wanted

HOUSE LEVELING. Floor bracing, slab, pier and beam. Insurance claims, free estimates. References. No payment until work satisfactorily completed. David Lee & Company, 915-675-6369 50fc

NEED YOUR HOUSE cleaned? Call D & A Services. Honest, dependable, reasonable, flexible. Call 864-2742 or 864-2826. 21p

FOR DEPENDABLE yard work, call 940-864-2182, leave message. 21p

Simmons BEAUTY REST BEDDING
'The Do Not Disturb Mattress'
BOGGS & JOHNSON
864-2346
East Side Sq. • Haskell

If you are up to your waist in alligators, it's hard to remember your mission is to drain the swamp. However, nothing is a waste of time if you use the experience wisely. You will be glad you took the time to visit Kinney Furniture in Stamford when you see the low prices and large selection of La-Z-Boy recliners. Get 2 great recliners for one low price right now. Free delivery and no high pressure salesmen since 1932. Open Memorial Day 10-4. 21c

Garage Sales

GARAGE SALE: 610 Adams, Rule. Inside Old TV shop. Some furniture. Sat., May 29. 8 a.m. til ?

4 FAMILY HUGE Garage Sale: Sat., May 29, 8 to 1. 206 S. Ave. I. Maternity, Jr.'s, Name Brand, 4T little boys, Newborn and up little girl's clothes. Lots more. 21p

Dodson Concrete Construction
Commercial - Residential
David Dodson
704 N. Ave. F • Haskell
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Over 20 Years in the Business
FREE ESTIMATES 18fc

Frances Arend Real Estate & Insurance

NORTHSIDE: Two story, 4 bedroom, 3 full baths, central heat and cooling on large lot and garage.

ROCHESTER: 3 bedroom, 2 bath, carport, CH/A on 3 city lots.

O'BRIEN. Two lots and shed.
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Long Term Care
The Texas Plan Life Insurance
Ages 1 yr.-75 yrs.
408 N. 1st
940-864-3880 21c

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Water Storage Tanks
All Kinds of Metal Duct Work
See or call:
Guinn Sheet Metal & Plumbing
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We wish to thank our relatives, neighbors and friends for their love and support shown during the loss of our loved one. We are grateful for your visits, food, flowers, cards, memorials and other acts of kindness. We love you all.
B. K. & Jo Nored Lane
Sid and K. B. Woods
Nored and Shauna Lane

The family of Annie Margaret Williams would like to thank all who came by to comfort us during our time of loss. A special thanks to the Church of Christ, the singers, those who brought and served food and for the many other acts of kindness. In a very special way our lives have been blessed because of you.
We would also like to thank the staff of Holden-McCauley Funeral Home for all of their help.

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Ways to help fight roach infestations

Because of the havoc they're capable of wreaking and the degree of difficulty involved in treating them, cockroaches can take on monstrous proportions.

There are 55 known species of roaches living in the United States. The American roach grows between one and a half to two inches long while the Smokybrown roach gets to be about an inch long. In Texas the most bothersome and prevalent is the German cockroach.

A pair of German cockroaches can produce 500,000 offspring in one year. Their bean-shaped egg capsule produces more than other species and has a development period as short as two months. A troublesome infestation can develop rapidly from a few individuals.

The adult German roach is light brown and a half to five-eighths of an inch in length. Its head shield has two dark stripes running lengthwise. Fully winged, adults rarely fly. Nymphal German roaches are smaller, darker and wingless.

According to Roger Gold, an entomologist with the Texas Agricultural Extension Service, these cockroaches thrive in all types of buildings, but are found most often in homes, apartments, condominiums and eating establishments. They usually enter with bottled drinks, containers, potatoes, onions, dry pet food, grocery sacks, corrugated cartons and even furniture.

But, there are ways to combat a

roach infestation.

German roaches usually seek dark shelters near moisture and food, such as kitchens and bathrooms.

Henry Howell, an urban entomologist with Texas A&M University advises, "Wash down kitchen cabinets. Then, wipe a solution of boric acid to one gallon of warm water and one tablespoon of baking soda inside cabinets. Let them dry and then it will be OK to put dishes in them."

Boric acid is available at drug stores and must be asked for.

Howell also recommends containerized roach baits.

Place the baits back into corners where they meet both sides at a 90-degree angle.

Although the baits may say they are good for a certain number of weeks, depending on the size of the infestation, that may not always be true. If you see roaches walking around in the daytime, replace baits every two weeks.

Do not leave unwashed dishes, kitchen utensils and uncovered food out over night. It is also good to clean behind appliances like stoves and dishwashers regularly.

Use sealed containers for foods. Keeping all food in the refrigerator is a good idea. The outer layers of a roach's body are waxen, and the cold temperatures cause the wax to harden, preventing them from movement.

Keep dry pet food in a tightly rolled bag fastened with clothes pins or in snap lid containers.

Don't leave food or water bowls out.

Take out the garbage every day. If recycling, wash materials and drop them off at least once a week.

Reduce clutter. It cuts down on the breeding rate.

People who don't have roaches should protect against them.

"Frequent, thorough inspections will enable someone to detect conditions that foster the development of infestations," Gold says. "Also inspect incoming materials like groceries, dry cleaning, luggage, used furniture and appliances."

If groceries are bought in bulk, like a restaurant or fraternity house, Howell recommends having a storage area. Take the goods out of packaging and throw away all paper and boxes.



JUDGING TEAM—Haskell High School's FFA State Judging Team members are, front l-r, Levi Terry, Zach Collins, Mindy Howard, Amy Aycock, Angela Aycock and Lee Christian. Back l-r, are Evan Everett, B. J. Opshal, Max Rojo, Brent Watson, Conrad Palacios, Brittany Bartley, Reena Harris, Justin Teague, Ernest Palacios, Loren Cole, and Cliff McGuire.

Mammograms can be tailored just for you

Most mammograms are screening mammograms, the routine X-ray exams designed to discover abnormalities in the breast that may require additional attention.

But if you or your physician have detected a lump, mass or other problem—or if a screening mammogram did—then diagnostic mammography is needed. That is why it is important, when making an appointment of a routine screening mammogram, to inform the physician or technologist of any abnormality you may have discovered on your own.

Dr. John Coscia, assistant professor of radiology at UT Southwestern Medical Center at Dallas, says the diagnostic mammogram will be designed to see more views of the breast, and the exam may include ultrasound for diagnosis.

"The type of exam that is appropriate for you depends on your personal medical history," says Coscia, director of clinical breast radiology at UT Southwestern. "Diagnostic mammography is necessary only if you or your physician has detected a mass or has a specific concern."

New ultrasound technique available

A new liposuction technique may cause less bruising and pain to patients and better remove fat from some areas of the body.

Dr. Rod J. Rohrich, chairman of plastic surgery at UT Southwestern Medical Center at Dallas, is teaching plastic surgeons across the country to use ultrasound liposuction, the newest way to remove fat.

Rohrich injects a fluid containing local anesthetic into the fatty area between the patient's skin and muscle, then carefully guides the ultrasound wand through fatty deposits.

"The tip of the liposuction wand emits ultrasound waves that break

the fat cell walls, making the cells release the fat inside," Rohrich says. "This makes it easier to suction out the fat with the wand."

Traditional ultrasound, which suction fat that is more solid, still is appropriate and may produce better results for some areas of the body, particularly the head, neck and below the waist.

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Parties: \$30 per 1 1/2 hours; \$40 for 2 hours

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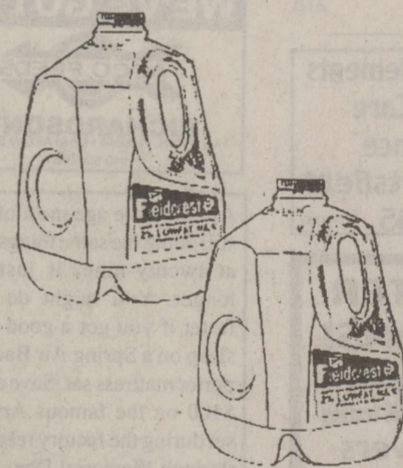
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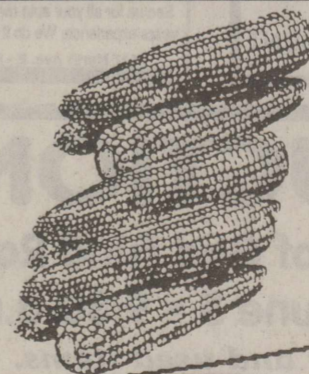
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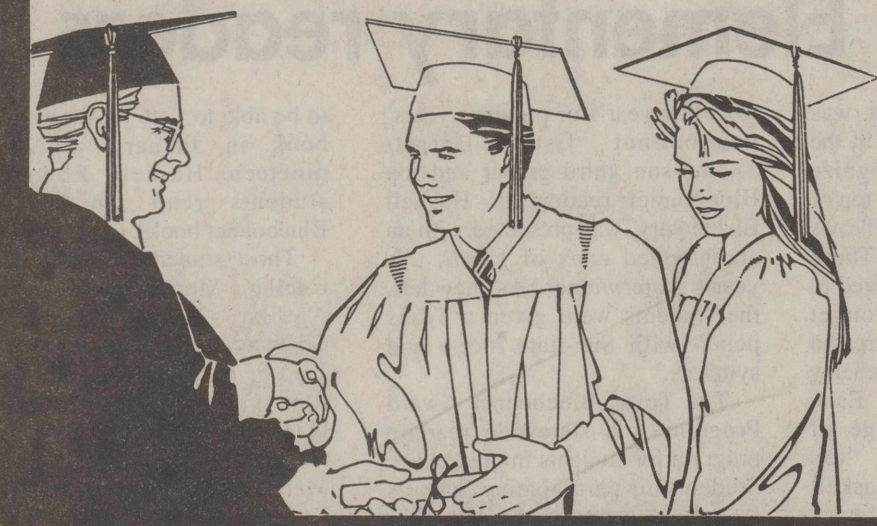
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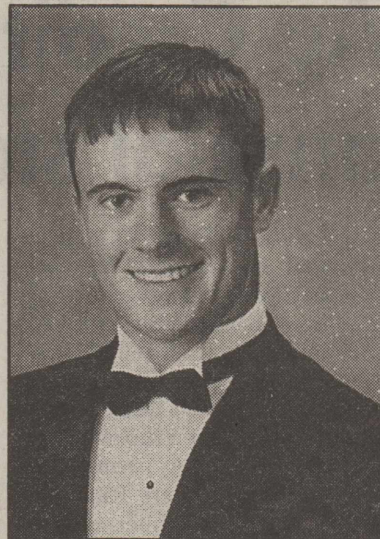
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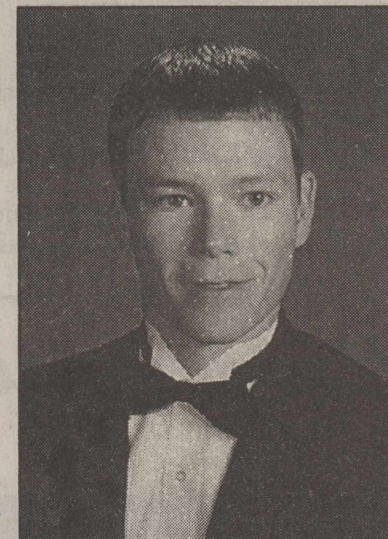
BREE BURGESS
Valedictorian
Haskell



JODIE REEL
Valedictorian
Paint Creek

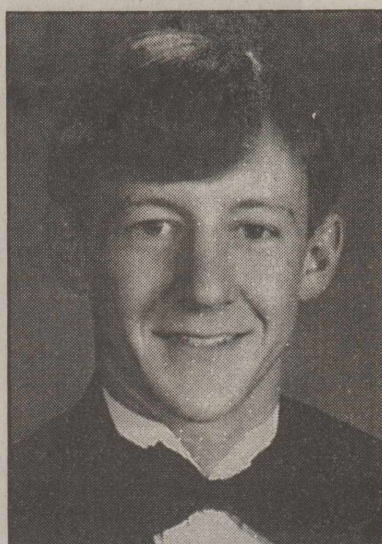


MARY JANE SHORT
Valedictorian
Rochester

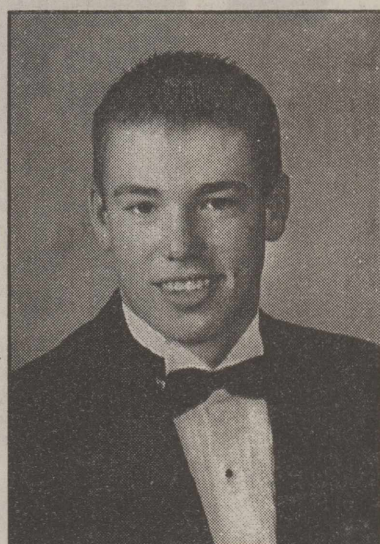


ERIC ROBINSON
Valedictorian
Rule

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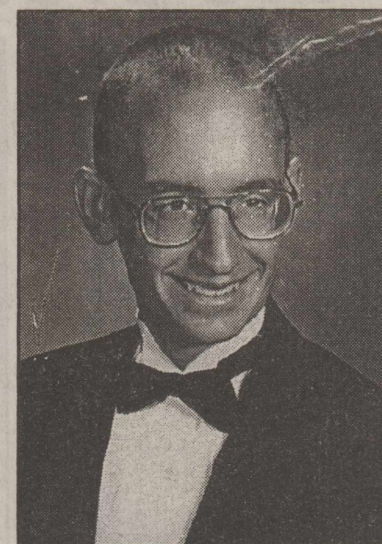
CY MCGUIRE
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ERIC HEARN
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READERS BREAKFAST—Haskell Elementary students, grades three through six, who read ten or more of the 1998-99 Texas Bluebonnet Award Books attended the Bluebonnet Breakfast, May 4.

Bluebonnet Breakfast honors Haskell Elementary readers

A Bluebonnet Breakfast was held Tues. morning, May 4 in the elementary library to recognize those students who have read ten or more of the 1998-99 Texas Bluebonnet Award books. These students were personally invited to this first annual Bluebonnet Breakfast, where they were treated to blueberry pancakes, blueberry muffins and orange juice. Each student was given a badge of recognition for being a "top Bluebonnet reader" at Haskell Elementary.

A drawing was held for books

from this year's or previous years' Bluebonnet lists. Barrett Thomasson, third grader and top Bluebonnet reader for Haskell Elementary, was presented with an autographed copy of *Verdi*, this year's state winner. As they left, the students were given a Texas pencil with the state motto and symbols.

The Texas Bluebonnet Award Program is a statewide reading program for students in grades 3-6. Students in participating schools are encouraged to read at least five of the twenty nominees each year

to be able to vote for their favorite book in January. This year, nineteen Haskell Elementary students read ten or more Bluebonnet books.

Those students include: Ramon Cuellar, Monica Buerger, Julie Aguilar, Kory Foster, Josh Caraway, Cody Kretschmer, Tasha Zarate, Lindsay Pannell, Nancy Ruiz, Callie Thomasson, Tamisha Dever, Sarah Garcia, Billy Lusk, Alexa Roberts, Ashley Rodriguez, Meredith Harvey, Kyla Jones, Lacey Peiser and Barrett Thomasson.

Ag Credit of Texas holds annual stockholders meeting

Ag Credit of Texas, PCA held its Annual Stockholders' Meeting in six locations beginning April 19 in El Paso and concluding April 30 in Stamford. Re-elected to three-year terms as Directors were: Keith Corzine of Sagerton; Dean Turner of Matador; Garner Schoenhals of Canadian; Don A. Jones of Fluvanna; and Robert Rieck of Menard. Other member-elected Board members are Garon B. Tidwell of Munday, Dan Henard, Jr. of Wellington, John R. Beagle of Perryton, Thomas R. Helton of Wheeler, Lance D. Morris of Crosbyton, Nolan Niehues of San Angelo, Arlie Weatherman of Ft. Stockton, Dr. Paul Weyerts of Alpine and Jim Wright of Menard. The two appointed Directors are Jack Reese of Abilene and Ray Russell of Big Spring.

Thomas Helton gave the Board

Report to the gathering. The Association's loan volume reached 90 million in 1998 and the Association made a net profit after taxes of \$2,186,068. On January 1, 1999 Texas Production Credit Association merged with Rolling Plains PCA with the continuing Association forming Ag Credit of Texas, PCA. The merged entity serves 1,525 member/borrowers in 62 counties and maintains offices in Abilene, Canadian, Childress, El Paso, Marfa, Matador, Munday, Pampa, Perryton, San Angelo, Snyder, Spur, Wheeler and Stamford. The Central Office is also in Stamford.

The Association's Board of Directors declared a patronage dividend for the former Rolling Plains PCA members of \$1,296,316 based on 1998 fiscal year earnings. Member/borrowers received 40% of the patronage in cash with 60% retained by the PCA in its allocated surplus account for future distribution. This patronage returned 18 1/6 cents for every one dollar of loan interest accrued on loans of stockholder-members in 1998.

The Nominating Committee Report was presented by J. D. Paris of Miami at Canadian, Andy Henard of Wellington at Childress

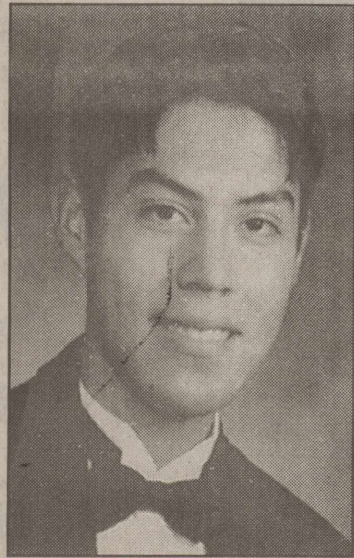
and Terry White of Anson at Stamford for the old Rolling Plains division of Ag Credit of Texas, PCA. For the old Texas division, this duty was handled by Jerry Polk of Ft. Hancock in El Paso, John S. Rike III in Marfa and Carl Kothmann of Menard in San Angelo.

Maynard "Fish" Wilson of Quitaque was honored in the Childress session by Gene Bruce, Vice President and Office Manager, as a 50-year member. In the Stamford session Mr. and Mrs. Gene Watts of Avoca, Mr. and Mrs. E. L. Elmore of Rule and Ms. June Coker of Anson were recognized by Mike Guess, Vice President and Office Manager.

Special recognition was given to Ms. Wanda Vojkufka who retired after 27 years as Office Assistant in the Munday Branch Office in the Stamford session. Suzanne Wyatt, President of Ag-Related Services, Inc. in Fort Worth, was also honored for providing credit life insurance for members for over 20 years.

Cash prizes totaling \$400 were awarded at each session in a drawing from PCA stockholders in attendance. Entertainment was provided by the popular Cooper Fiddlers of Abilene.

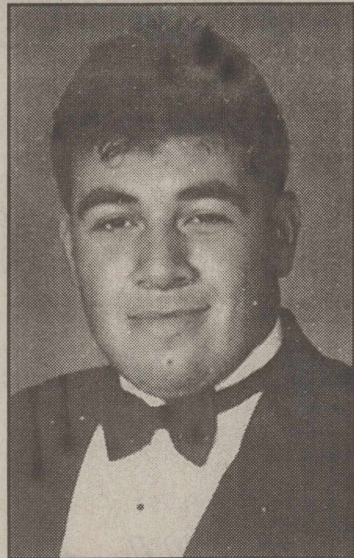
'99 Congratulations, Seniors



JOHNNY DIAZ



JAMIE BROWN



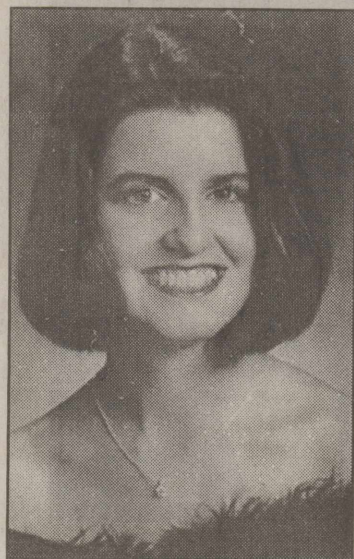
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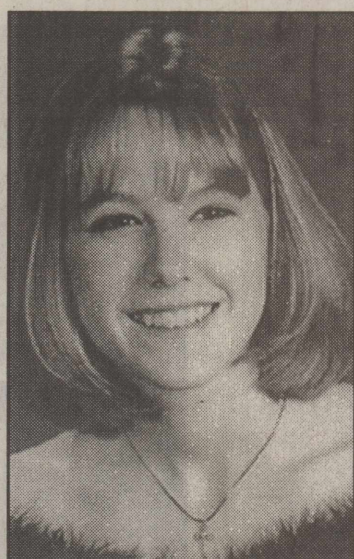


ANGELA AYCOCK

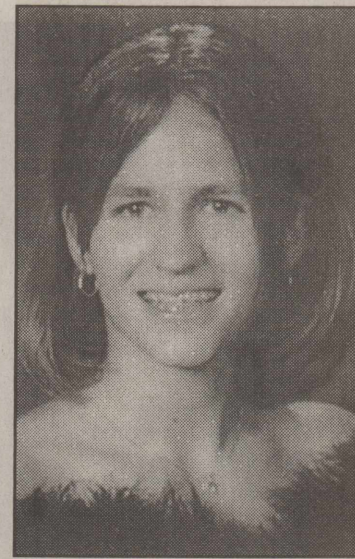
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'99 Congratulations, Graduates



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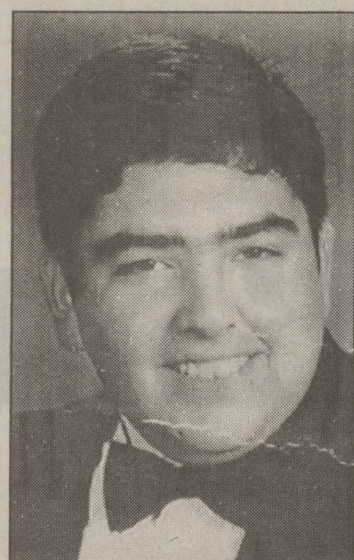


AMANDA CRAWFORD

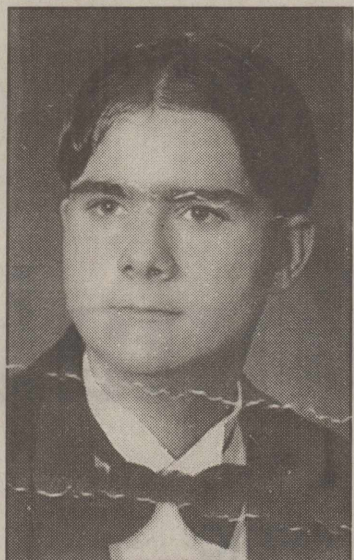
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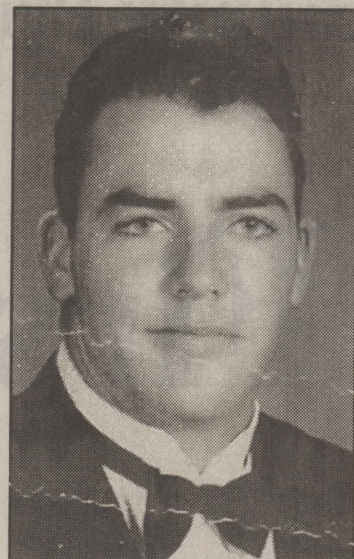


LELAND REID

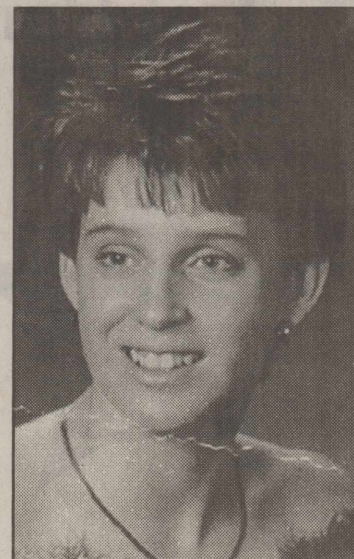
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Bird, Hagadone honored by local Kiwanis Club

Haskell Kiwanis Club has recently honored two Haskell High School sophomore girls through two Kiwanis programs designed to recognize and encourage students in leadership.

The club awarded its Sophomore of the Year award to Megan Bird. She will be the club's representative in the district area.

Megan is the daughter of Sharon and Ricky Bird. At Haskell High School she is on the A+ Honor Roll, is class secretary, and active in UIL, student council and FFA. She has been a member of several athletic organizations including cheerleading, band, Haskell Girls Athletic Association and Fellowship of Christian Athletes. She participates in the sports of cross country, basketball, and track.

A member of the East Side Baptist Youth, she helps to set up programs for the younger children to help them to get involved and learn from the Bible. She has also helped with the Little Dribblers program.

Sophomore Paige Hagadone, daughter of Sue and Eddie Medford, was chosen as an "Ambassador" to

attend and participate in the three-day Hugh O'Brian Youth Foundation (HOBY) seminars later this summer.

At Haskell High School Paige is reporter of the Senior 4-H Club and Sophomore Class vice-president. Among her activities are playing basketball, golf, and softball, in which she lettered. As a band member and twirler, she went to Austin for the inaugural parade. She is a member of the Fellowship of Christian Athletes, and the Haskell Girls Athletic Association. She also participated in the UIL literary events.

A member of the Methodist Youth, Paige participates with the group in delivering meals to shut ins. This spring she will be a part of Spirit Wind, a large group of Northwest Texas Methodist Youth who travel extensively, singing in concert.

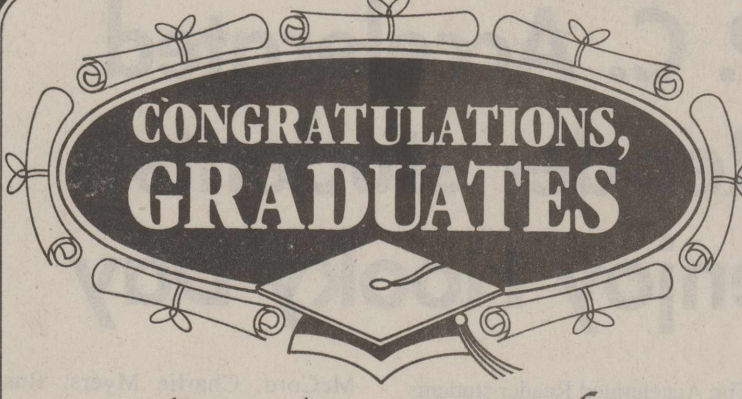
In making the announcement of the awards, Haskell Kiwanis Club president, Chan Guess, said the local club is very proud to have these two young sophomore girls representing them in the district and at the leadership seminars.



MEGAN BIRD



PAIGE HAGADONE



**CONGRATULATIONS,
GRADUATES**

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Student in the News

Patrick Middleton, son of Patti and David Middleton of Haskell, has received the Cal C. Wright Ministerial Scholarship from McMurry University.

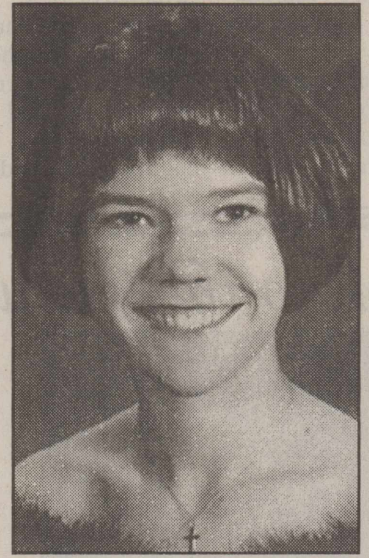
The academic award was made to Middleton as an honor student in the Religion and Philosophy

Department at the four year liberal arts institution in Abilene.

The school is affiliated with the Northwest Texas and New Mexico Conference of the United Methodist church, offering educational opportunities through 42 majors and eight professional sequences.



Congratulations Class of '99



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Ender family holds 12th family reunion

The 12th reunion of the descendants of August Reinhold and Johanna Christine Vietze Ender was held April 25 on the homestead of their youngest son, Charles Ernest Ender.

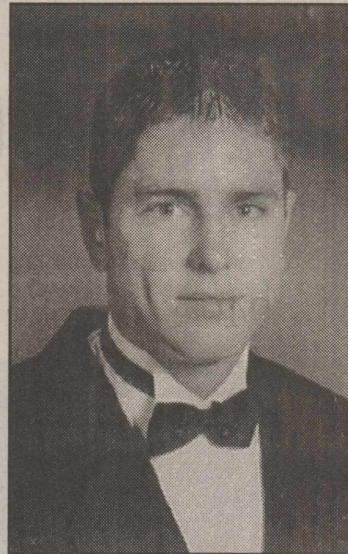
August Reinhold and Christine landed in America on Ellis Island, July 10, 1882. With three sons and a daughter, they settled on 160 acres of land between Fedor and Lexington, Texas.

After August Reinhold and Christine died the boys went their separate ways. Karl August took wife Emma Domke Ender and moved to Sagerton. Karl Gustav married Ernestine, "Tina", Wagner

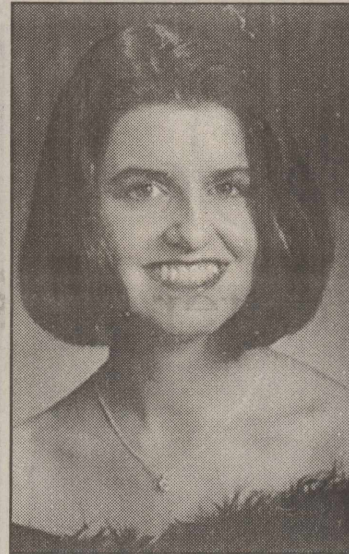
Ender and stayed in Fedor. Charles Ernest married Johanna Emma Symmank Ender and went on to found the town of Penelope before settling in Waco. The only daughter, Ernestine married Karl Domaschk.

Those at the reunion gathered at noon for a pot luck lunch. Pastor Jack Ender of Georgetown and Susan Ender Zoch of Giddings shared the genealogy of the Ender family. Pictures were taken of the descendants of Charles Ernest and Karl Gustav. There were no descendants of Karl August Ender present. John Angermann ended the day with accordian music.

GOOD LUCK ... CLASS OF '99



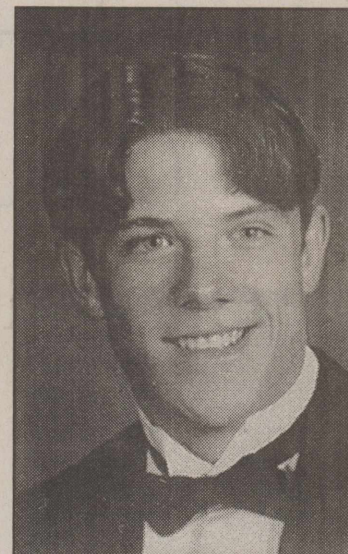
MICHAEL ADKINS



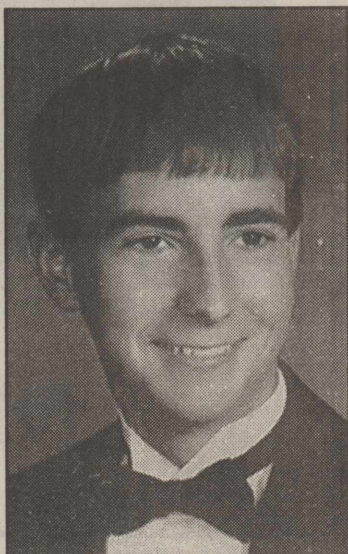
AMY AYCOCK



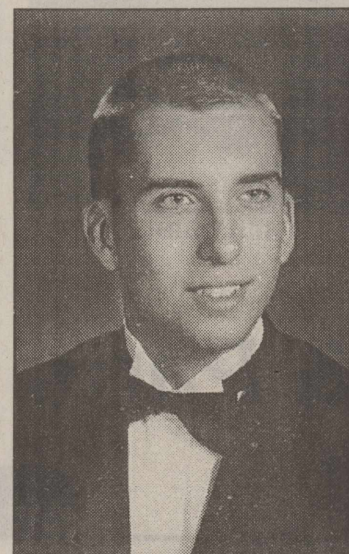
ANGELA AYCOCK



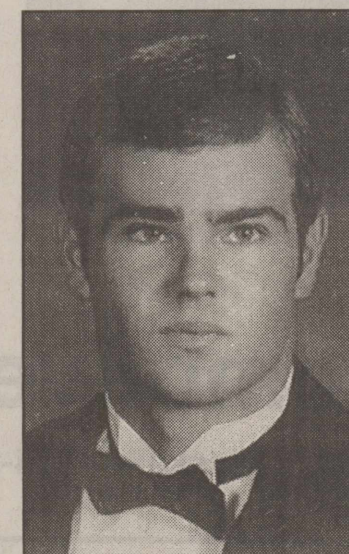
ETHAN BROWN



LEE CHRISTIAN



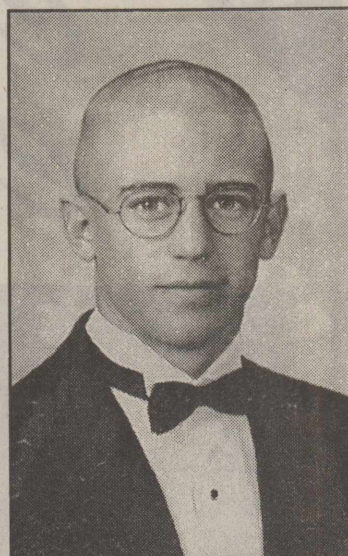
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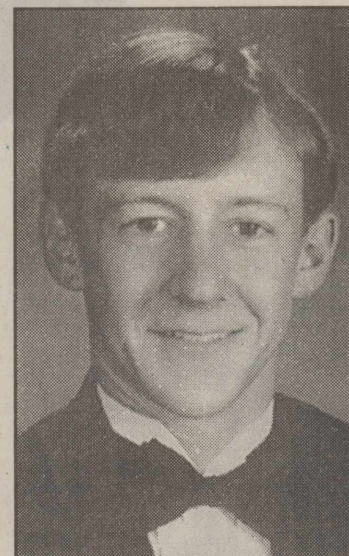
ERIK EVERETT



MINDY HOWARD



WESLEY LEFEVRE



CY MCGUIRE

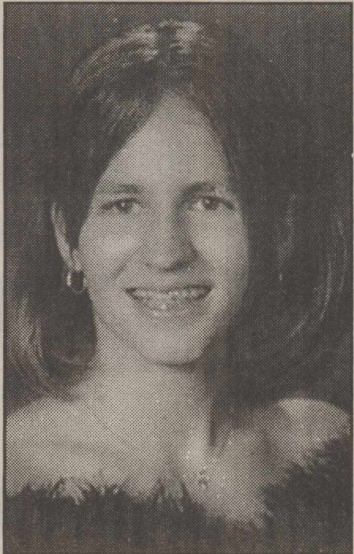


MARY BELLE TURNER



HALEE WALTON

The Best Is Yet To Come

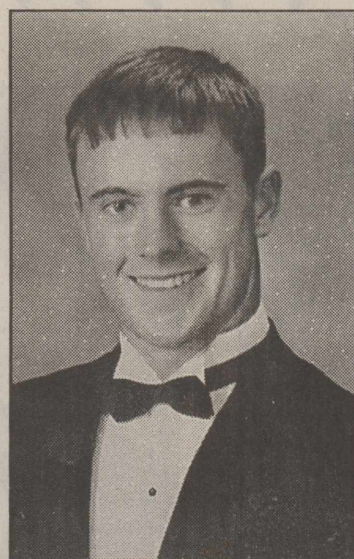


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Paint Creek students read up a storm

The Paint Creek Accelerated Reader Students read up a storm this year. Students were able to work towards a Hooky Day trip and spending points in a new Accelerated Reader store. From the beginning of the year until May 5 the classes read a great deal, took tests over the books they read and accumulated a large amount of points.

Results of their efforts include: 2nd grade had six students participate in the program, took 199 tests, accumulated 119.2

points and had an overall test average of 81.6. Second grade did not begin Accelerated Reader until Jan.

3rd grade had eleven students participate in the program, took 562 tests, accumulated 430.2 points and had an overall test average of 78.4.

4th grade had six students participate in the program, took 186 tests, accumulated 293.3 points and had an overall test average of 80.4.

5th grade had twelve students

participate in the Accelerated Reader program, took 303 tests, accumulated 588.8 points and had an overall test average of 74.6.

6th grade had seven students participate in the program, took 178 tests, accumulated 264.5 points and had an overall test average of 85.7.

7th grade had sixteen students participate in the program, took 424 tests, accumulated 1,113.8 points and had an overall test average of 84.7.

8th grade had eleven students

participate in the program, took 447 test, accumulated 684.3 points and had an overall test average of 86.9.

A total of sixty-nine students participated, took 2,299 tests, accumulated 3,494.1 points and the school test average is 81.8.

The library circulation increased from last year's numbers as well. In the 1997-1998 school year, Paint Creek students checked out 1,474 books. This year Paint Creek students checked out 2,226 books!

Food for thought

"Wherefore hast thou afflicted by servant?" Numbers 11:11

Our heavenly Father sends us frequent troubles to try our faith. If our faith be worth anything, it will stand the test. Gilt is afraid of fire, but gold is not: the paste gem dreads to be touched by the diamond, but the true jewel fears no test.

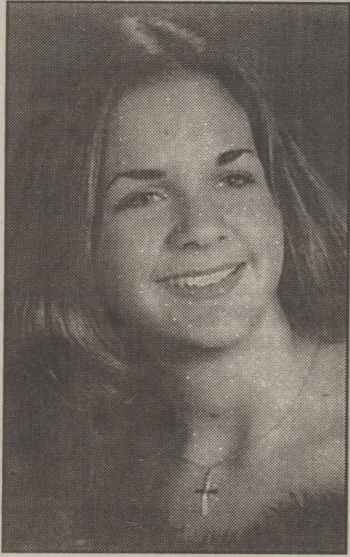
It is a poor faith which can only trust God when friends are true, the body full of health and the business profitable; but that is true faith which holds by the Lord's faithfulness when friends are gone, when the body is sick, when spirits are depressed and the light of our Father's countenance is hidden. A faith which can say, in the direst trouble, "Though he slay me, yet will I trust in him," is a heaven-born faith. The Lord afflicts his servants to glorify himself, for he is greatly glorified in the graces of his people, which are his own handiwork.

When "tribulation worketh patience; and patience, experience; and experience, hope," the Lord is

honoured by these growing virtues. We should never know the music of the harp if the strings were left untouched; nor enjoy the juice of the grape if it were not trodden in the winepress; nor discover the sweet perfume of cinnamon if it were not pressed and beaten; nor feel the warmth of fire if the coals were not utterly consumed. The wisdom and power of the great Workman are discovered by the trials through which his vessels of mercy are permitted to pass.

Present afflictions tend also to heighten future joy. There must be shades in the picture to bring out the beauty of the lights. Could we be so supremely blessed in heaven, if we had not known the curse of sin and the sorrow of earth? Will not peace be sweeter after conflict and rest more welcome after toil? Will not the recollection of past sufferings enhance the bliss of the glorified? There are many other comfortable answers to the question with which we opened our brief meditation, let us muse upon it all.

Look to the Future



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P. C. Accelerated Reader students enjoy Hooky Day

The Accelerated Reader students at Paint Creek School worked hard this year reading and taking tests. Many of these students reached their personal point total goals for the year and were awarded by attending Hooky Day in Abilene. The students went to the First Baptist Church Family Life Center for bowling, skating and games and to Mr. Gatti's for pizza and fun. These students' teachers and parents are very proud of their hard work and accomplishment of this feat.

The following students attended Hooky Day Thurs., May 6: 2nd grade: Ariel Blair, Steven Fillmon and Caleb Whitfield.

3rd grade: Alice Blair, Ashlyn Green, Jeremy McCasland, Kailey

McCord, Charlie Myers, Rusty Rogers and Matt Ruiz.

4th grade: Kristen Barr, Abel Cisneros and Kim Medford.

5th grade: Chris Bailey, Amy Gray, Justin Hannsz, Wade Ivy and Lindsay Reel.

6th grade: Johnny Baldwin, Chase Hopkins and Misty Woodall.

7th grade: Scarlett Adkins, Alecia Bailey, Bobby Baldwin, Courtney Buerger, Justin Crowson, Amanda Dancer, Bonnie Emert, Jesse Medford, Brian Scifres, Kelly Thompson and Nichole Wade.

8th grade: Diana Gonzales, Eric Hobbs, Lesli Isbell, Cassie Lamb, Jamie Rollins and Hattie Walton.

Weekend Jackpot roping results

Results of Haskell Jackpot Roping held Sun., May 23 include:

Open Roping: Round 1: 1. Fred Hernandez 1. Carl Hopkins (tie)

Round 2: 1. Carl Hopkins 2. Kirt Keen

Round 3: 1. Billy Morrow 2. Fred Hernandez

Average winners were: 1. Kirt Keen 2. Carl Hopkins

B-Roping: Round 1: 1. Billy Lamb 2. Johnny Edmondson 3. Jim Pope

Round 2: 1. Johnny Edmondson 2. Don Elmore 3. Scott Williamson

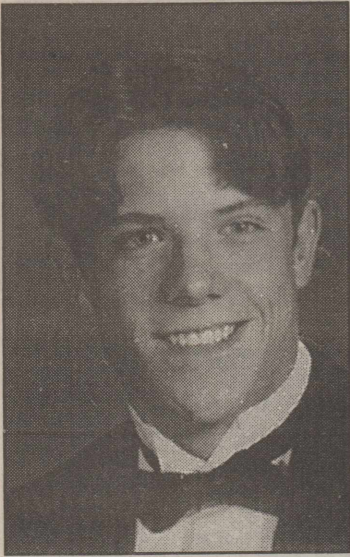
Round 3: 1. Billy Lamb 2. Roman Morgan 3. Rex Bland

Average winners were: 1. Jim Pope 2. Billy Lamb 3. Jay Hirt

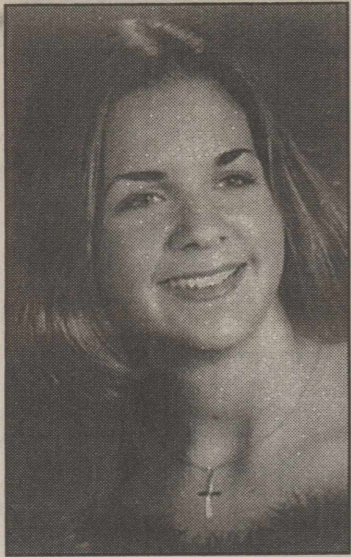
Winners of the ropicans donated by Heads or Tails were Jim Pope and Kirt Keen.

The John Wallace Memorial Roping will be Sun., May 30 at 2:00 p.m.

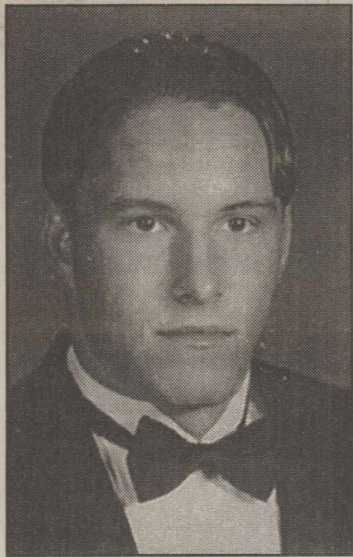
'99 Our Hats are off to You!



ETHAN BROWN



KELLI MOELLER

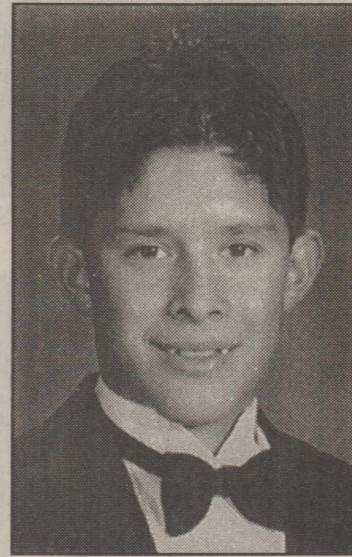


BILLY BIBLE

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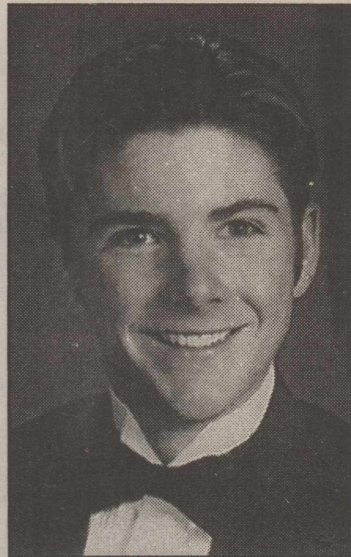
'99 CONGRATULATIONS CLASS OF 1999!



CRISPIN GUZMAN



ANNIE ERWIN

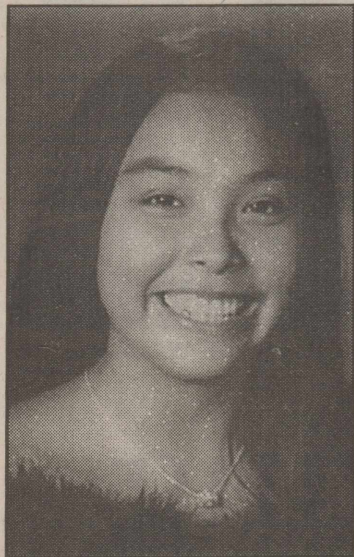


JOSEPH CLEM

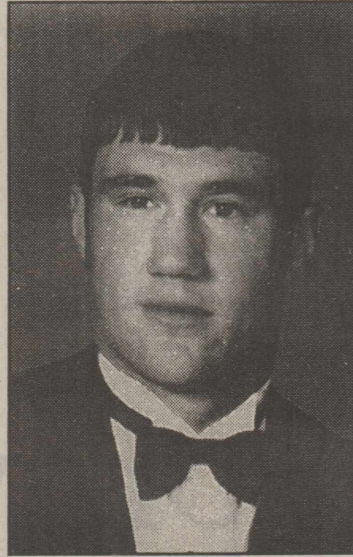
M-System

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ROSALINDA GONZALES



TREY CHEYNE

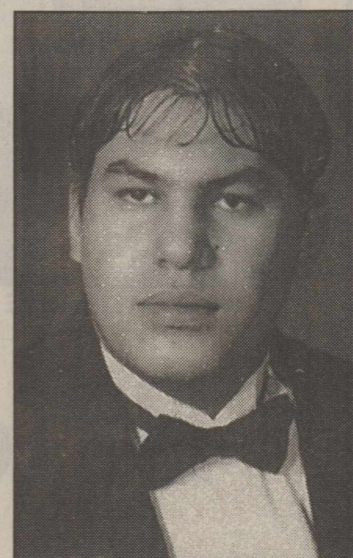


JENNY BRZOZOWSKI

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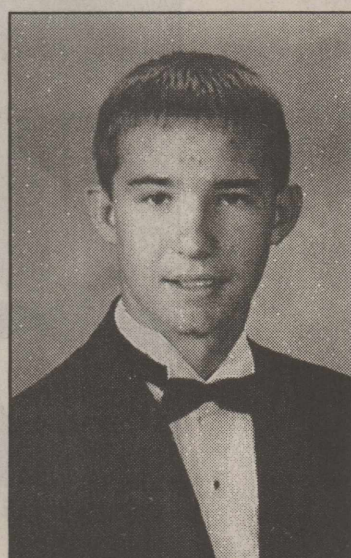
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ALEX ABILA



SHAUNA WILLIAMS



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Christy Cadenhead to serve as missionary in Guatemala

Haskell native, Christy Cadenhead, daughter of Dr. Wayne and Yuvi Cadenhead, will leave July 15th to fly to Guatemala, where she will spend a part of the summer as a Journeyman Missionary representing Southern Baptists.

The 1995 graduate of Haskell High School graduated from Hardin-Simmons University May 8, receiving a bachelors of arts degree in Graphic Arts/Design, with a minor in Missions.

With her home church, Haskell First Baptist, always being an integral part of her life, she says that its fellowship served as an example of a big loving family of caring and guidance.

Because she felt led to be a missionary at age fourteen, confirming her call to her church while a junior student in high school, Christy knew she would be taking Missions courses at Hardin-Simmons.

Finding that she must take some type of Fine Arts at the university, Christy chose Art, an area of study she had never considered before. She sees her choice of study as a miracle of God. Receiving recognition from her art teacher for her skills and natural artistic abilities, much of her studies and work at the university centered around her artistic skills.

Attending classes at Hardin-Simmons reinforced and enhanced Christy's calling to share the message of the Gospel where ever God leads her.

During the summer of 1996, spent doing Home Missions work near and around Modesto, California, her work involved both planning and leading Vacation Bible Schools in different churches in the area.

At Hardin-Simmons Christy was active in Baptist Student Ministry, belonged to AIO Social Club, and gave much of her time, talent, and interest to Elmcree Baptist and Belt Way Baptist Church.

In March this year Christy joined approximately 130 college graduates from across the United States in attending a Journeyman

selection and appointment time in Richmond, Virginia, sponsored by the Southern Baptist Convention. She and each of these young college graduates will be serving under fully appointed Southern Baptist Missionaries in nations all around the world. One of Christy's close friends, Leah Dubber of Alaska, will serve her two years in England.

Christy will fly to Richmond, Virginia June 8, for a three week period of orientation. While there, each newly appointed Journeyman will receive information on the language, culture, and customs of the nation in which they will work and serve for the next two years.

Christy will fly from Dallas/Fort Worth to Atlanta and then on to Guatemala on the morning of July 15.



CHRISTY CADENHEAD

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Wishing All of the Seniors a Great Future!

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In the Service

Joshua Wayne New of Haskell, son of Teresa and Mike New, enlisted in the Air Force's Delayed Enlistment Program on May 12 according to Sergeant Wade Roberts, Air Force Representative, Abilene.

New, a 1998 graduate of Haskell High School, is scheduled for enlistment in the Regular Air Force on July 28. Upon graduation from the Air Force's six-week basic training course at Lackland Air Force Base, San Antonio, he is scheduled to receive technical training in the Security Forces Apprentice career field.

He will be earning credits toward an Associate Degree in Applied Sciences through the Community College of the Air Force while attending basic and technical training schools.

Rapp to join research program

Anita Rapp, 1996 Haskell graduate, has been selected to participate in the University Undergraduate Research Fellows Program at Texas A&M. This is the most prestigious research opportunity available for undergraduate at Texas A&M.

The Fellows Program offers a two semester, directed, independent research experience that culminates in a Senior Honors Thesis. This program provides participants with access to faculty supervision and research resources usually only extended to students pursuing graduate research degrees.

The designation "University Undergraduate Research Fellow" is

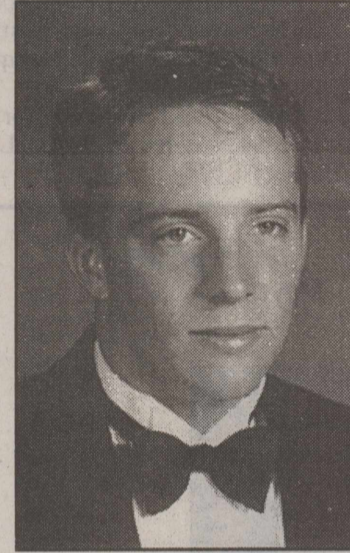
placed upon the permanent university transcript and is one of just five honors distinctions accorded by the University. Over the past several years, 40 to 70 students per year have been selected annually as Fellows based upon faculty review of research proposals submitted to the University Honors Program. Texas A&M has an enrollment of 40,000 plus students making this an even more prestigious award.

Rapp has also been chosen to serve as an assistant scientist on the Science Operations Team and will operate an S-band Doppler Radar on Kwajalein Island in the Republic of the Marshall Islands.

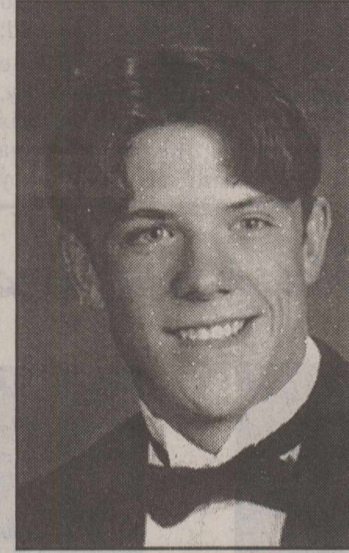
Kwajalein is located about 9 degrees latitude and 167 degrees longitude in the Pacific Ocean.

The Kwajalein Experiment, named KWJEX, is part of the Tropical Rainfall Measuring Mission, TRMM, whose goals include providing Ground Validation, GV, for instruments on board the TRMM satellite launched in November of 1997. The KWJEX field campaign is the only TRMM campaign to be conducted over the tropical open ocean. The campaign is being conducted as part of an ongoing study by the National Aeronautics and Space Administration, commonly referred to as NASA.

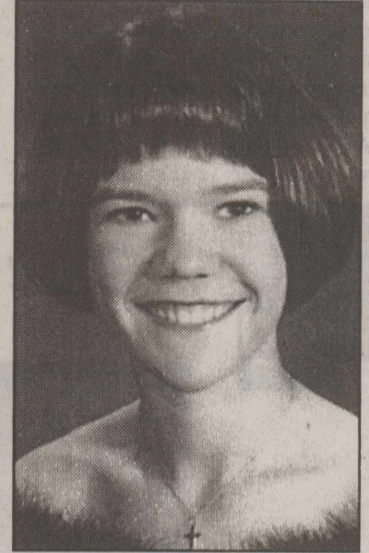
Good Luck, Class of 99!



CHAD BRENDELE



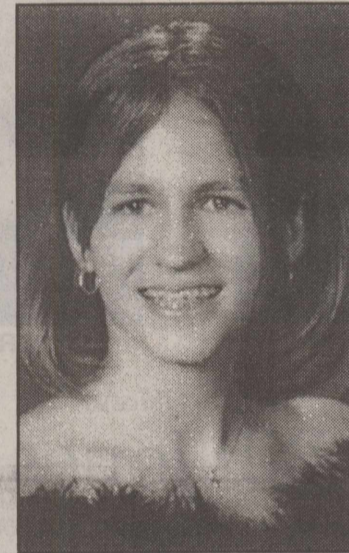
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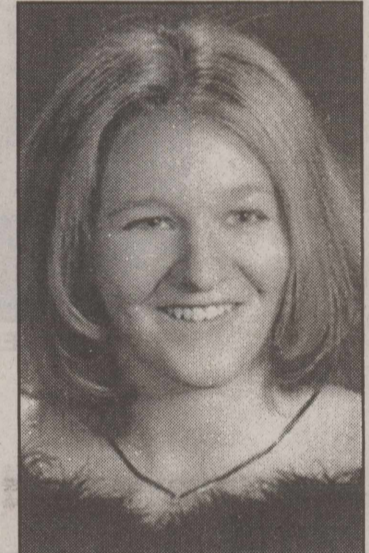
JJ COMEDY



DAISY COTHRON



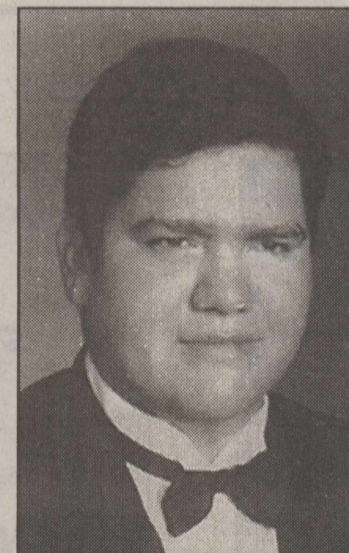
AMANDA CRAWFORD



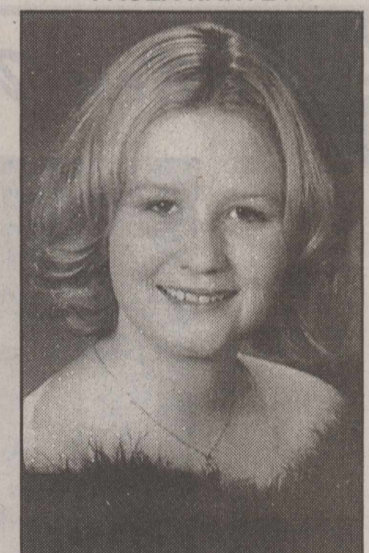
PAULA HARVEY



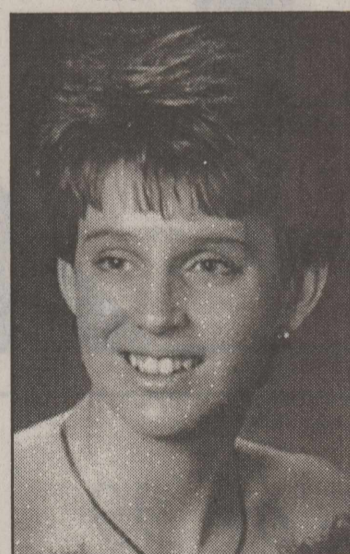
MISTI HENSON



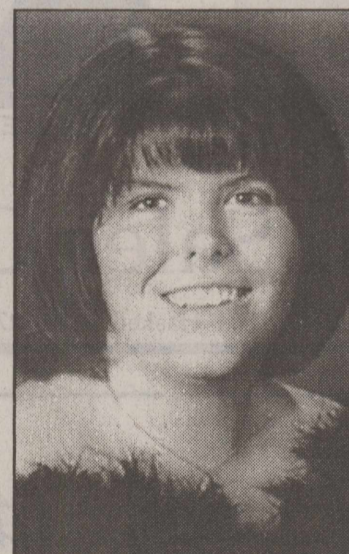
JOHN HERNANDEZ



CASSIE MCFADDEN



SHAYNE MCKENZIE



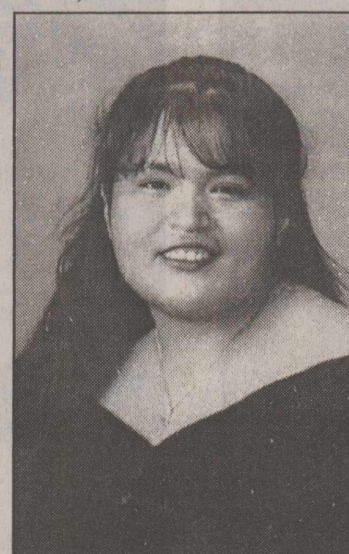
AMANDA RAPP



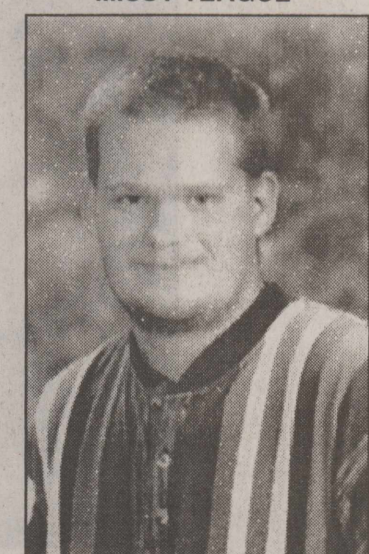
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Progressive Study Club holds annual installation of officers

For their last meeting of the 1998-99 club year, the Progressive Study Club of Haskell met in the home of member Linda Lane Bloise for a program on "Focusing on the Future" with the installation of a new slate of officers, and a salad supper "Focusing on Taste."

Club president, Frances Lane welcomed the group to focus on food before the program.

Each member brought a favorite salad for the supper served outside on the back patio. Hostesses were Sammie Turner, Mattie English, Joyce Howard, and Evelyn Cobb. Table grace was led by Nelda Lane. Thirty-four members and three out-of-town guests, Virginia Carpenter, Elva Allen, and Lois Bean, were seated at covered tables decorated with arrangements of fresh flowers.

After the supper, Joyce Howard introduced the guest speaker,

Virginia Carpenter of Burkburnett. Mrs. Carpenter is the oldest living past-president of the Texas Federation of Women's Clubs, having served in that office in 1970-72. She was the first president of the Santa Rosa District, and has been a member of the Burkburnett Study Club since 1930.

As she installed each Study Club officer for the 1999-2000 term, Mrs. Carpenter instructed each one in the duties of their office, and gave them a china "friendship" bell. Those installed were: president, Frances Lane; 1st vice-president, Marjorie Huss; 2nd vice-president, Dorothy Hartsfield; recording secretary, Bettie Waincott; corresponding secretary, Eva Dunnam; treasurer, Doris Reeves-Jordan; historian, Erma Liles; and board member, Nancy

Toliver. An appreciation gift from the club was presented to Mrs. Carpenter by Doris Reeves-Jordan.

During a short session of "focusing on the future," Marjorie Huss gave a preview of programs and projects planned for the next club year, beginning this fall.

Three state awards certificates, won by the club for reports made on club programs, were displayed by Frances Lane. Second place awards were received for Women in the Arts, and Home Life-Special Project. The club yearbook received a Superior rating in the state.

Mary Kaigler received first place in the state for her District President-elect resume of Mesquite District workshops.

The closing benediction for the club year was led by Linda Lane Bloise.

TV creates couch-potato kids

Although today's children are not, on average, consuming more calories than previous generations, they certainly might be moving less.

More than one-fourth of America's children spend four or more hours each day watching television, and a full two-thirds spend at least two hours a day in front of "the tube," according to a

recent study. Not surprisingly, the more television the children watched, the fatter they tended to be.

"Kids sprawled in front of the television won't burn calories," says Dr. Marta Fiorotto of the USDA's Children's Nutrition Research Center in Houston. "They need to get on their feet, go out and play."

While time spent sitting in classrooms, doing homework and reading is not negotiable, parents can help their couch-potato kids become more active. Fiorotto suggests replacing unnecessary sitting with family walks, bike rides, hopscotch, soccer drills, or even dances in the living room.

Keeping a food diary might help overweight children. "Most obese children like to graze. A food diary will help them keep track of exactly what they eat," said Dr. William Klish, head of pediatric nutrition at Baylor College of Medicine and Texas Children's Hospital.

A food diary should include what, when and why food is eaten, as well as specifics on amounts of food and nutritional information.

Parents should keep in mind that a food diary alone will not help children lose weight. For most children, a moderate diet and exercise can control weight.

Encourage children to take part in activities such as sports, school functions, and other hobbies to divert their attention away from sitting so long in front of the television while munching out on goodies.

Student in the News

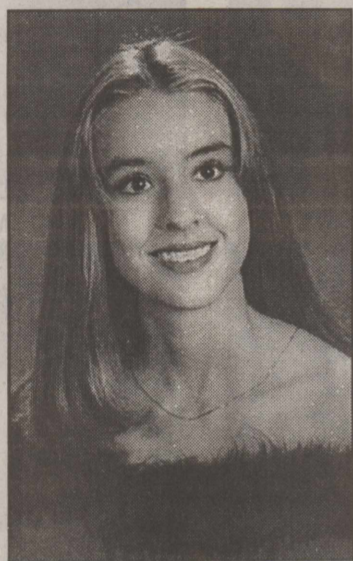
Carissa Carolin Hix, who will graduate from S. H. Rider High School, Wichita Falls, has been accepted into the Baylor University School of Music following the piano audition. She will be awarded the Provost Scholarship based on her SAT scores. Honors include Who's Who, two years; Rider Orchestra; A Capella Choir; Rider Band; voted Outstanding Choir Student by her peers; All District Choir, two years; All Region Choir, one year; Superior in State Solo; State Solo in piano; Texas Baptist All State Choir; and Texas State Speakers Tournament, two

years. She directed First Grade Choir at Faith Baptist Church and teaches private piano.

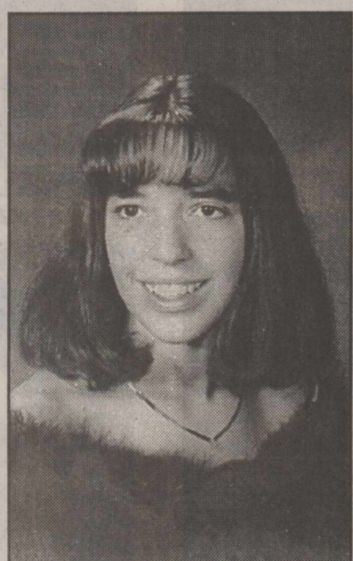
Carissa is the daughter of Paul and Chris Hix and Dale and Carrie Mincar, Wichita Falls. Grandparents are Lelia (Lee) Wetsel, Bowie; Richard and Dorothy Hix; and the late Louis and Alma Whittenberg, all of Wichita Falls. Great grandparents are the late Jesse and Annie Jones, Haskell, and the late Joe and Maudie Hix, Weinert; great-great grandparents are the late Chess and Nellie Jones and the late C. E. and Lela Curry.

Best Wishes Class of '99

'99



LEZLI JENKINS

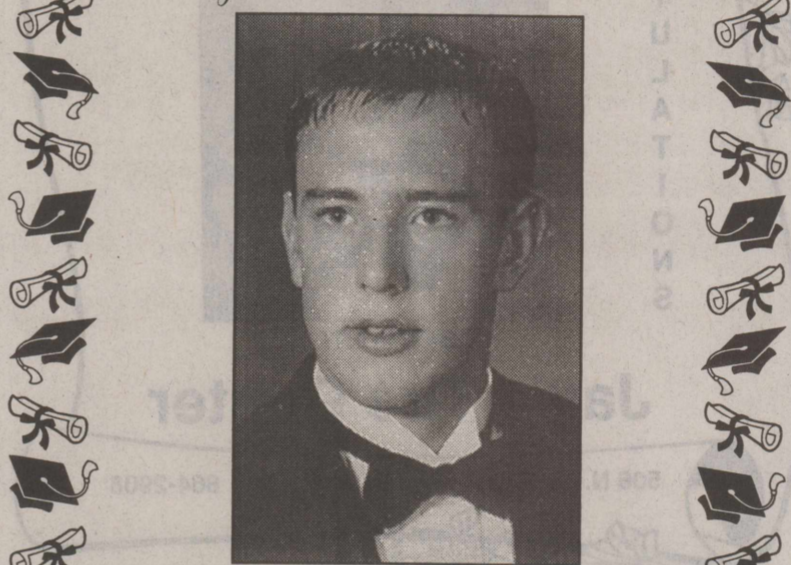


DEBORAH WILSON

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Congratulations, Seniors!



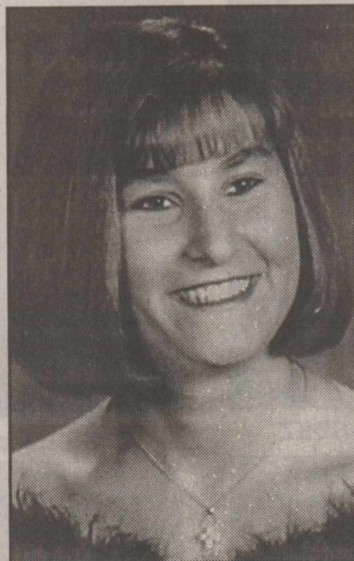
T NICHOLS

Dodson Concrete Construction

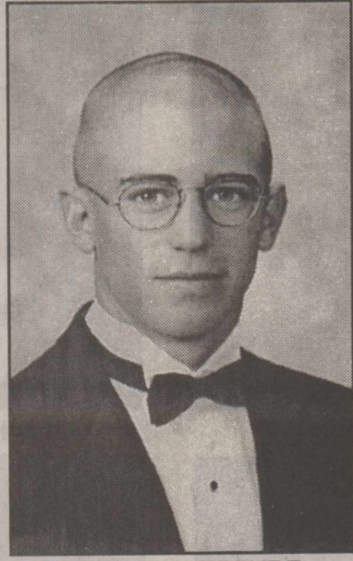
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MISTI HENSON



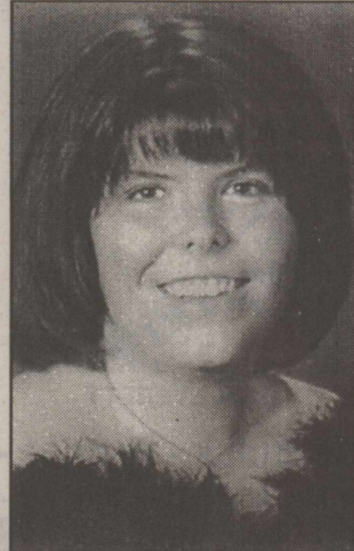
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Best Wishes Seniors '99

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AMANDA RAPP



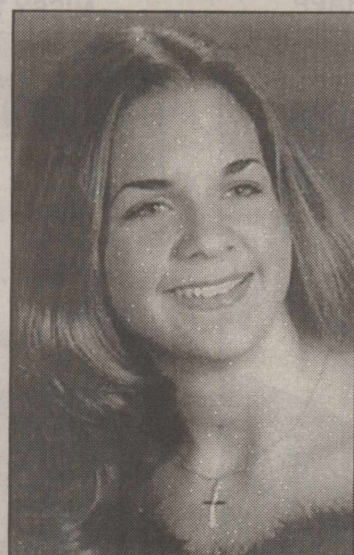
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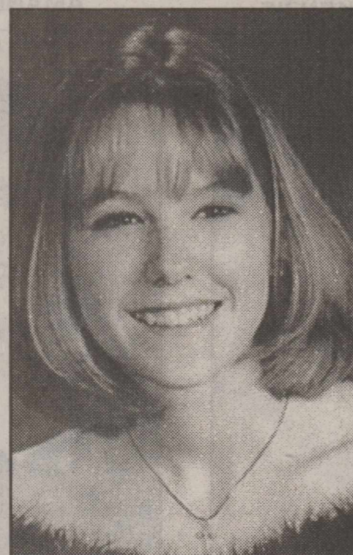
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SISTERS CERTIFIED—Kim Crawford, left, and Kristen Grand, recently graduated from Cisco Junior College School of Vocational Nursing in Abilene. They completed their course work for LVN certification and will continue work toward RN certification. They are daughters of Gwen Campbell and the late Duward Campbell of Haskell.

Strickland named All-American Scholar

The United States Achievement Academy announced that Delinda Strickland from Haskell has been named an All-American Scholar.

The USAA has established the All-American Scholar Award Program to offer deserved recognition to superior students who excel in the academic disciplines. The All-American Scholars must earn a 3.3, or higher, grade point average. These are awards few students can ever hope to attain.

Strickland, who attends Paint Creek High, will appear in the All-American Scholar Yearbook, which is published nationally.

"Recognizing and supporting our youth is more important than ever before in America's history. Certainly, United States Achievement Academy winners should be congratulated and appreciated for their dedication to excellence and achievement," said Dr. George Stevens, Executive Director of the United States Achievement Academy.

Strickland is the daughter of Linda Strickland from Haskell. Grandparents are Farris Letz and the late Lisbon (Boop) Letz from Old Glory and Alfred "Doc" Letz from Aspermont.

Tips for traveling with an ill child

Traveling with an ill child presents special challenges and requires extra preparation, but the benefits to your child's morale can make a trip worth the effort, according to psychologist Dr. Ernest Fruge, director of Psychosocial Programs at Texas Children's Cancer Center and Hematology Service at Texas Children's Hospital, Houston.

Fruge offers these tips:
*Consult with your physician about the advisability of the trip and the precautions that may be required.

*Pack all of the child's medications. Keep medications in their original prescription bottles so the name of the prescribing physician, pharmacy and the prescription numbers at your fingertips should you need an emergency re-fill.

*If the child is on a special diet, pack an adequate supply of special foods.

*Allow enough travel time to get to your destination. Traveling with an ill child may take longer than normal, because of frequent

bathroom stops or rest periods.

Carry the following lists and paperwork:

*A list of all medications and their doses. If available, take a copy of the discharge summary from any recent hospital stays. Also, list the child's allergies, including allergies to specific medications. Emergency physicians will need this information.

*Your child's health insurance card.

*A list of all of your child's physicians, their office and emergency phone numbers.

*A list of emergency family contacts, including addresses, phone numbers and their relationship to you. If you and your child are both ill, emergency healthcare workers will need to notify your family.

"Travel is often a stressful experience, and an illness can make a child fatigued and emotionally fragile. Careful planning and a leisurely schedule can reduce some of the stress and help your child and family have the best travel experience possible," said Fruge.

Congratulations, Seniors!

Good Luck!

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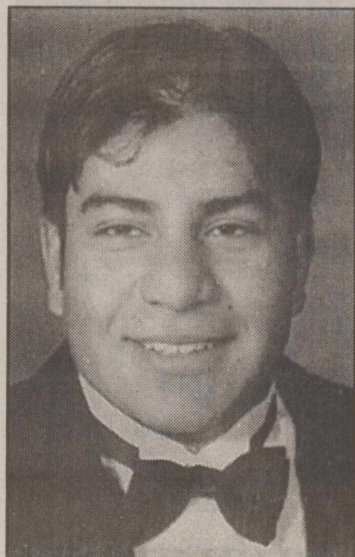
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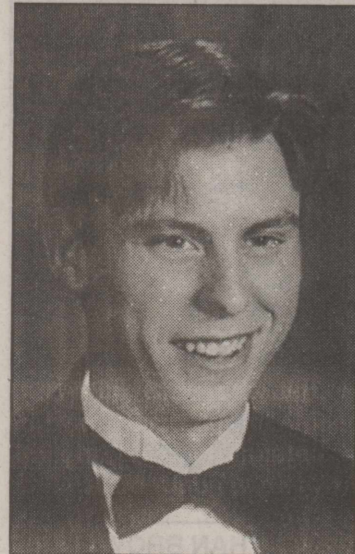


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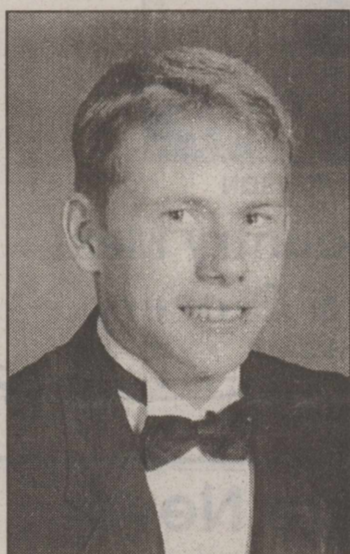


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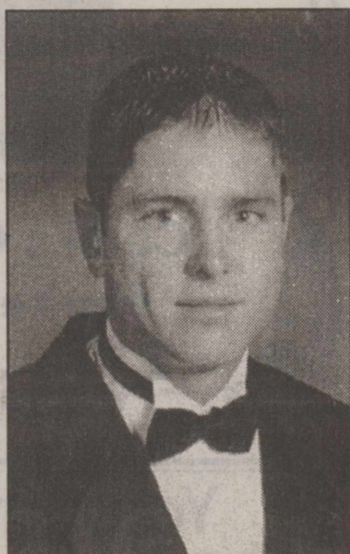
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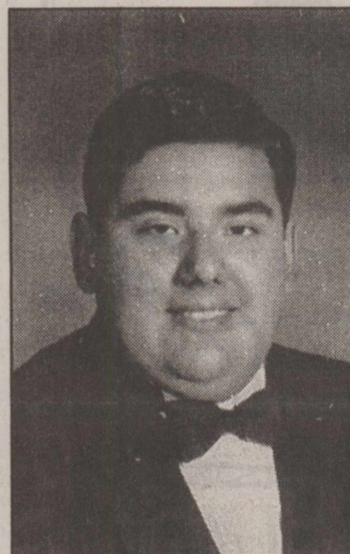
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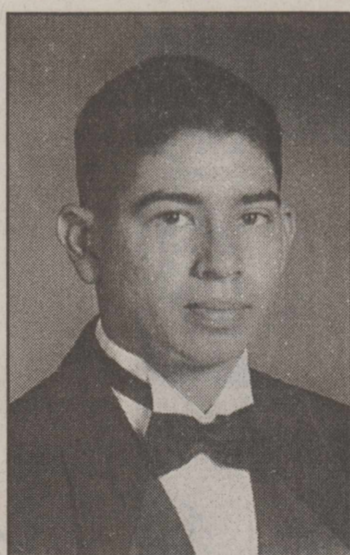
MICHAEL ADKINS



DUSTY GARCIA



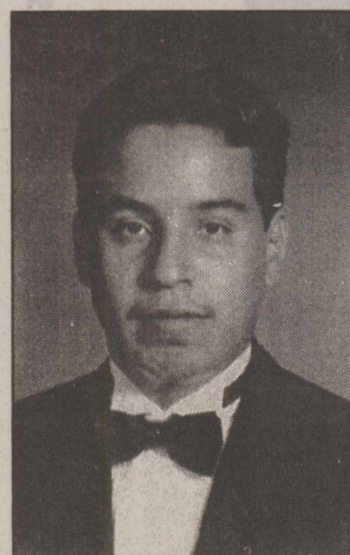
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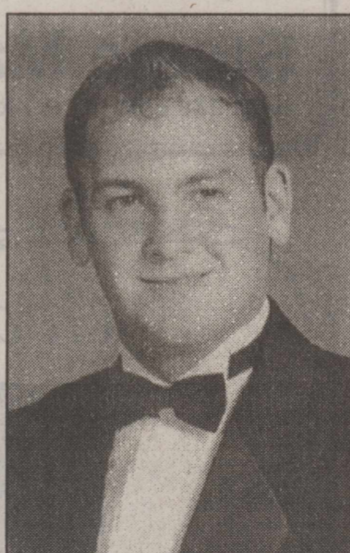
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Updating attitudes about Alzheimer's disease

"She's in her second childhood."
"Granddad has hardening of the arteries."

"Mom is just getting senile."
If you've ever caught yourself saying or thinking any of the above, you need to modernize your ideas about Alzheimer's disease. It is not an inevitable part of growing old.

Alzheimer's disease is a progressive, irreversible loss of brain function. It can be characterized as a slow but steady process of "brain failure." When the disease is present, brain cells become clogged with the abnormal accumulation of a protein which forms insoluble plaques and tangles of fibers. These plaques and "neurofibrillary tangles" are the physical hallmarks of Alzheimer's Disease. The symptoms are most likely a result

of the death of these brain cells and the connections between them.

Alzheimer's disease causes dementia that leads to the gradual, permanent loss of memory, judgement, language skills, and the ability to reason.

Alzheimer's patients often feel confused and disoriented, and slowly lose awareness of self and surroundings until, in the later stages, they lose physical coordination, even the ability to swallow. Alzheimer's is always fatal.

While Alzheimer's is not an inevitable part of aging, your lifetime chance of developing it does seem to depend on how long you live. If you're over 65, your chances of having it are one in ten. The risk goes up dramatically as you age, so that by age 85, your chances are almost one in two.

There are now two prescription drugs available for treating Alzheimer's disease. Cognex has been shown to improve the functioning of Alzheimer's patients, and temporarily slow the progress of the disease. Aricept provides similar results but with a lower incidence of side effects, such as liver damage. Both drugs can delay the later stages of the disease for a significant amount of time, but neither drug arrests the disease itself.

For basic information to help you understand the disease, call the American Health Assistance Foundation at 1-800-437-2423. Another excellent source of information is the Alzheimer's Disease Education and Referral (ADEAR) Center, in Silver Spring, MD. The toll-free number is 1-800-438-4380.

Physicians offer advice concerning dog attacks

When a Rottweiler sheared the scalp off a 3-year-old boy in Austin, attending physicians called upon plastic surgeons at UT Southwestern Medical Center at Dallas to reconstruct the child's delicate head and neck region. It was the second such complex reconstructive procedure performed by UT Southwestern physicians on a toddler in recent months resulting from a dog attack.

"We've seen an increase in tragic cases involving children and dog attacks," said Dr. William Adams, assistant professor of plastic surgery. "A significant portion of the three million dog attacks on children each year could be prevented with education. Eighty percent of dogs that attack children belong to a friend or family member of the child, and aren't strays."

Adams, along with Drs. Jeffrey Kenkel and Jamie Burt, conducted an intricate, multi-phased scalp reconstruction on the 3-year-old. Some of these same doctors and nurses also took part in a 39-hour reconstruction of the face of another toddler mauled by a family dog two months ago.

Some people commonly purchase a dog because they think it will prevent them from becoming the victim of a crime. But according to United States Humane Society statistics, the probability that the victim of a fatal dog bite is a burglar is only one in 177.

Dr. Charles Ginsburg, chairman of pediatrics at UT Southwestern said, "Between 1979 and 1996, there were 304 fatalities from dog bites reported in the United States. The breed of dog involved in the attacks on children varied; however, Rottweilers, pit bulls and German shepherds accounted for greater than 50 percent of all fatal bite-related injuries."

According to the United States Humane Society, 70 percent of dog bites are inflicted on children under age 10.

"These are truly devastating injuries for the children involved," Adams said. "In the fortunate

cases, we can repair the injuries, however, this involves multiple procedures. The most important aspect is prevention, and most attacks on children are potentially preventable."

Dr. Adams said he would urge all parents to never leave young children around any dog unattended. "Chows, pit bulls, Rottweilers and Doberman pinschers should probably never be allowed near young children because of their histories of vicious attacks," he said.

In *Animal and Human Bites*, a textbook by Dr. Charles M. Ginsburg, suggestions given for reducing the risk of serious injury from household pets include:

*During prenatal visits and routine health maintenance examinations, parents should discuss the risks of having potentially biting pets in the household.

*Parents should be cautious and well-informed about harboring exotic animals for pets.

*Parents should be aware of the proclivity of certain breeds of dogs to inflict serious injuries.

*All young children should be closely supervised, particularly when in the presence of animals, and, from an early age, taught to respect animals and to be aware of their potential to inflict injury.

HNB receives superior rating

Once again, Haskell National Bank has earned a 5-Star Superior rating...its 28th in a row, according to Bauer Financial Reports, Inc., Coral Gables, Florida, the nation's leading independent bank research firm. The 5-Star award recognizes Haskell National Bank's continual superior financial performance and strength.

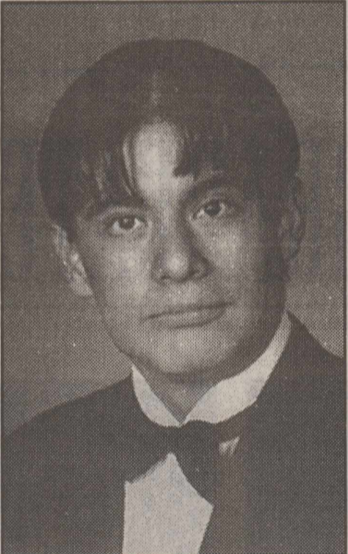
"Earning a 5-Star Superior rating, our highest award, is a mark of excellence. Earning 5-Stars twenty-eight times is truly remarkable - evidence of sound management, financial strength and performance over time," said Paul

A. Bauer, president of the research firm.

"The combination of 5-Star performance, up-to-date technology and traditional values, as represented by Haskell National Bank, culminates in a bank that is safe, strong, Y2K-OK and ready to enter the 21st Century with enthusiasm and optimism," he added.

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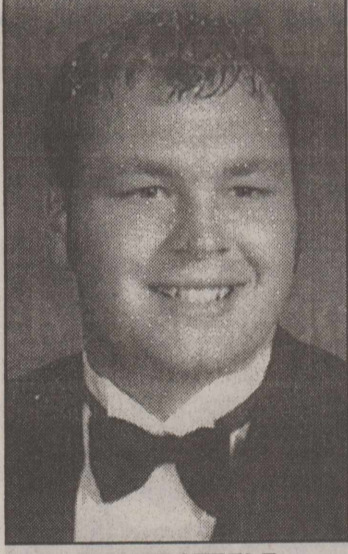
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Sagerton News

By Dorothy M. Clark

Well, school is out and students and teachers are breathing a sigh of relief. Parents probably are too after the hustle and bustle of the past nine months and especially the end of school parties, banquets, graduations, etc.

Sagerton students at Rule received many special awards and honors at the closing activities as follows: Kortney Kupatt: Readers Are Leaders, Pee Wee track meet, Book-it All-Star Award, A honor roll, Texas Bluebonnet reading award, math, U.I.L. Oral Reading and perfect attendance. Kristin Hertel: dictionary skills, map, graph and charts, number sense, math, spelling, calculator application, on the math team with M'Lynn Lehmann and Abby Dudensing, number sense team with M'Lynn Lehmann and Abby Dudensing and spelling team with Abby Dudensing and perfect attendance.

Michael Hertel: Army Athletic Scholarship, Bettye J. Wallace Community Scholarship for Outreach Health Services and a perfect attendance. Jeremy Hertel: Math Team that went to the State Meet. Emery and Abby Dudensing: perfect attendance. Molly Dudensing: Citizenship Award; Andrew Hertel: Citizenship Award; M'Lynn Lehmann: Citizenship Award.

Perfect attendance awards also go to Kami Baitz, Brian Lehmann and Richie Culpepper. Brady Standefer was vice president of the graduating

8th grade class.

Kymbree Kupatt was the honoree at a birthday party hosted by her parents Sun. afternoon commemorating her upcoming 5th birthday. Cake and ice cream were served and decorations featured Looney Tunes characters. Family members enjoying the day included her parents, Kraig and Leslie, sister Kortney, grandmother Billie and Aunt Kris and cousin Jaydee of Hamlin.

The Friendship Club met at Faith Lutheran Thurs. noon with the following people in attendance: J. B. and Dorothy Toney, Pastor Jeff, Marie and Thomas Zell, Larry LeFevre, Delbert LeFevre, Ed Fouts, Michelle, Clay and Megan Toney, Jack Tabor, Alvin and Ev Ulmer, Frances Clark, Isabell Mrazek, Minnie Monse and Ronnie Joete.

Ladies from the Hobby Club were in Abilene Thurs. for the Southern Living Cooking Show held at the Civic Center. Members going were Mary Neinaast, Joyce LeFevre, Jo Brown, Peggy Tabor, Yvonne Swofford, Margaret Wendeborn and guest Ruby Carpenter.

We are glad to have Bill and Margie Hertel back in the community after spending several weeks at Baylor Medical Center in Dallas where Bill received extensive treatment for cancer. Leslie Baitz of Leander spent the weekend visiting in the Hertel home and helping with the cotton planting.

The Rule 4-H Club had their monthly meeting at the school last week and elected new officers for the coming year. Sagerton students elected include vice president-Abby Dudensing; secretary-Kortney Kupatt; reporter-Emery Dudensing and recreational chairman-Jacob Manske. Renee Dudensing is one of the adult sponsors for the club.

Friends and relatives of Clancy and Helen Lehmann are invited to their 50th wedding anniversary reception to be held at Faith Lutheran Church on Sat., May 29 from 2 to 4 p.m. Clancy was born and raised at Sagerton and has been involved in farming and ranching all his adult life. Helen is a native of Old Glory, a homemaker and they are both actively involved in Faith Lutheran Church.

Congratulations to Melanie Teichelman, daughter of Ronnie and Kathy, upon receiving the George and Gladys Abell Scholarship at Texas Lutheran University in Seguin. Melanie is a sophomore biology major.

Confirmation services were held Sun. at Faith Lutheran Church for Samuel Turner, son of Robert Ace and Brenda and Tarah Toney, daughter of Bruce Toney and Tempa.

Sat. night a large crowd attended the wedding ceremony for Phillip Manske and Jenna Byrd of Rochester. Parents of the couple are Tommy and Kathy Manske and Mr. and Mrs. Clifford Byrd. The service was held at Faith Lutheran Church.

Termite baits have disadvantages

by Brandon Anderson
Haskell Co. Extension Agent
What about baits? That's the question homeowners are asking about termite control this year. Extension entomologist Mike Merchant says there's no simple answer. While the popularity of

termite baits has soared, so has the confusion. Merchant says the termite bait market is currently dominated by three products. The Center for Urban and Public Health Entomology at Texas A&M is evaluating these and other baits to determine their effectiveness.

Merchant says while the idea of using baits to destroy termite colonies sounds good, there are

some disadvantages. He says the first is higher costs and another is the unpredictable wait for results. Merchant explains that baits may be the best treatment for consumers looking for safer treatments that don't risk damage to expensive flooring, but for most consumers, a conventional soil application of liquid termiticide is probably the best treatment value.

First aid for splinter removal

Climbing trees and building forts: Those blithe adventures of childhood can be accompanied by painful encounters with sharp, irritating splinters.

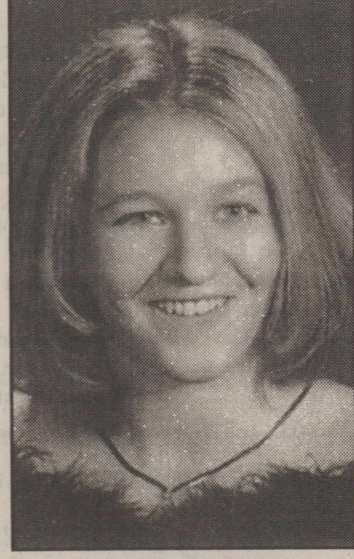
Typically, a small splinter projecting from the skin can be removed by a gentle pull with clean tweezers. Splinters embedded slightly deeper in the skin may require more effort but can usually be nudged from hiding with a sterilized needle.

"For those stubborn splinters: First clean the skin with soap and water, but avoid soaking it because the splinter can expand," says Dr. Pamela Okada, an assistant professor of pediatrics at UT Southwestern Medical Center at Dallas. "Then free the splinter end with the tip of a sterilized needle and lift up the end of the splinter with the needle tip."

You can then remove the splinter with clean tweezers.

If redness or drainage occurs at the splinter site, seek care from your physician.

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Use credit cards wisely to prevent fraud

Credit card buying is here to stay. Most every U. S. household has at least two major credit cards if not more. All of us recognize the convenience of having a card. According to the Independent Bankers Association of Texas, (IBAT), the benefits of buying with cards outweigh the chance of fraud.

Yet, all of us are aware that anytime we make a credit card transaction, we are vulnerable.

For example:
•You hand your credit card to a waiter at your favorite restaurant and he disappears with it for five minutes.

•You pick up the phone and order merchandise by relaying your credit card number to a total stranger on the other end of the line.

•You mail or fax an order to a mail-order company where anyone opening the mail or walking by the fax machine has access to your credit card number.

•You call a hotel or airline and secure your reservation with your credit card number.

*You send credit card information over the Internet when making a purchase.

There has been much anxiety about fraud over the Internet. Perhaps you should be more concerned that the company you choose to do business with is a legitimate company rather than worrying about a computer hacker picking your credit card number out of cyberspace.

In fact, the IBAT says it is probably wiser to use your credit card whether you're purchasing something over the Internet or at your local mall. Why?

Because federal law requires credit companies to investigate any disputed charges applied to your account. And, if they determine that your card has been used fraudulently, they may reverse the charges. Most importantly, if your credit card number is used fraudulently, your maximum liability for unauthorized use is \$50.00 whether your credit card is stolen or your number is discovered by a computer hacker.

On the other hand, if you send cash, personal check, cashier's check or money order, you have no recourse if something goes wrong or the company goes out of business without shipping your merchandise.

Some tips from your community banker, provided by the IBAT, will help you avoid credit card fraud:

*Never give out your credit card number other than to make a purchase or reservation that you have initiated.

*Never give out your credit card number to someone else to use on your behalf.


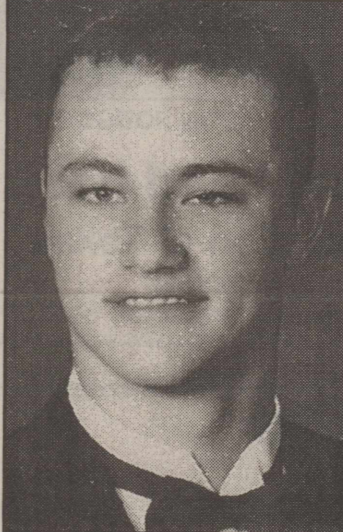
*Save all receipts and reconcile them on your monthly statement.

*Report all discrepancies immediately.

*Be sure to sign the backs of all of your cards to validate them.

*Most importantly, be careful with whom you choose to do business.

'99 Best Wishes, Class of 1999!

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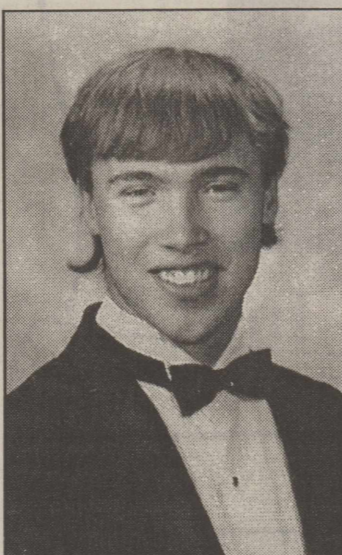
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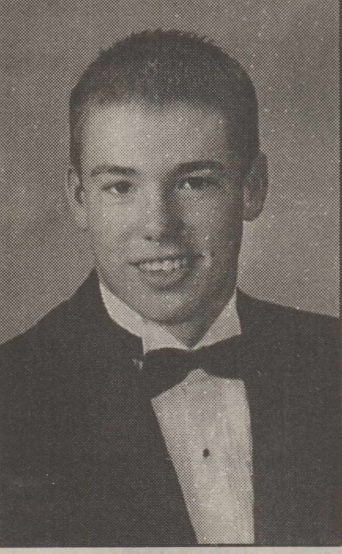
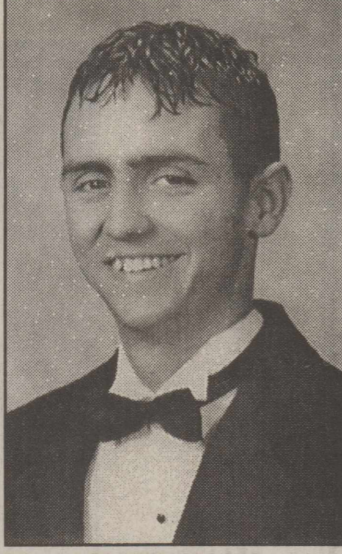
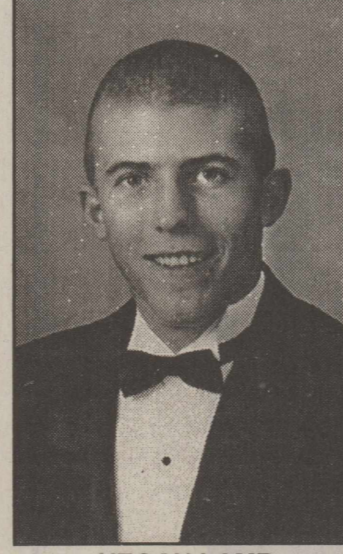
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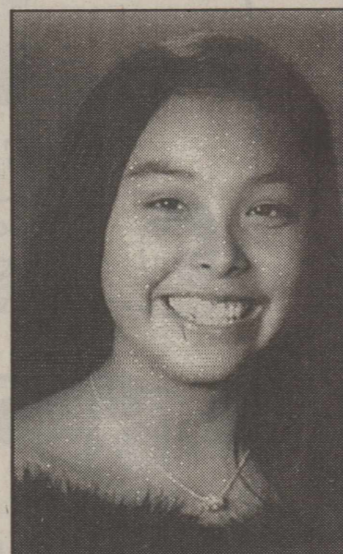
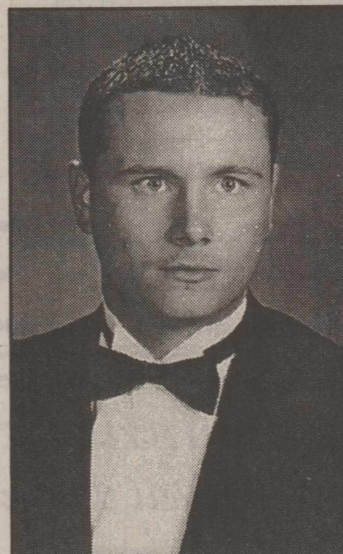
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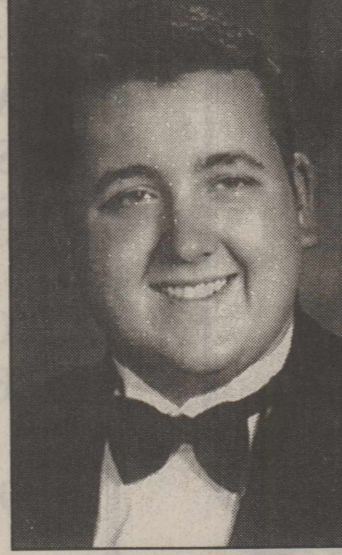
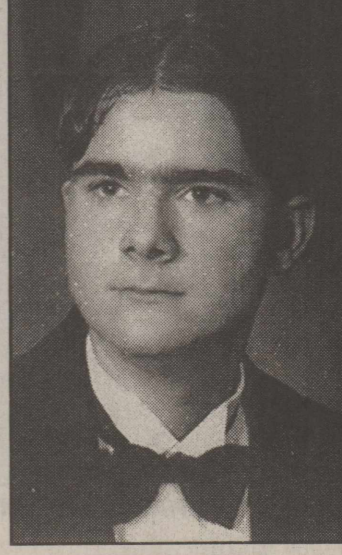
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Junior chefs can learn food preparation and nutrition

Baking can be a fun way to help junior chefs learn about food preparation and nutrition.

Young children love to help, and they really take pride in showing adults how much they can do. By inviting them to assist with holiday baking, parents can help build their children's self-esteem, as well as skills, creativity and knowledge of food and nutrition," said Becky Gorham, a registered dietitian and research nutritionist with the United States Department of Agriculture/ARS Children's Nutrition Research Center at Baylor University College of Medicine in Houston.

According to Gorham, children who learn to enjoy food preparation at a young age might be more inclined to cook for themselves, and less dependent on convenience and fast foods as they become adults.

She offers the following tips to help them get started:

*Teach children to wash their hands before and after preparing any food.

*Read recipes before starting, and decide what tasks small hands can do. Assemble all ingredients and equipment.

*Small children have short attention spans, so choose recipes that are simple and offer lots of opportunities to stir, add ingredients and decorate.

*Keep nutrition in mind. Fruit and nut breads, oatmeal and peanut butter cookies, carrot and fresh apple cakes, and peanut-dense peanut brittle are more nutritious than high-fat brownies and fudge. Decorate cookies with dried fruits and nuts.

*Expect a mess. Place an old bed sheet or newspapers over the area where small chefs are working. Cut down on cleanup by teaching children to stay organized and to

"clean as you go."

*Give older children lessons on using the can opener, measuring ingredients, setting timers and reading recipes. Older children can also help locate and assemble ingredients and equipment before baking begins.

Kitchens can be dangerous if children are not well supervised. Children who cannot reach the counter should stand on a sturdy stepstool, not a chair. Teach young children to avoid touching hot baking pans, ovens and sharp knives. Instruct older children to turn pot handles toward the back of the stove, wipe floor spills immediately and use padded potholders instead of damp towels to remove hot pans from the oven.

With these simple tips, junior chefs and parents alike can have a happy and healthy baking experience.

Q: What's a rave party? My kid wants to go to one. She's a good kid and hasn't ever been in trouble. She says she knows the kids that will be there and that I worry too much. Should I let her go?

A: Rave parties have become increasingly popular with high school and college aged youth around the country who may or may not be involved in gangs.

Of main concern to law enforcement are the parties organized by groups of youth that call themselves "Party" or "Rave" Crews. These crews have been known to take on many of the characteristics commonly associated with gangs - a group name, hand signs, rivals and competition which often leads to criminal offenses.

These parties are often held in abandoned warehouses or buildings without the owner's knowledge. Law enforcement agencies have

Ask the AG

By John Cornyn, Attorney General

reported that some of these "party crew" members are in fact known gang members who are now claiming that they are not in a gang but a party crew. In other instances, crew members claim that they are not a gang when, in fact, their actions meet the legal definition of "criminal street gang."

These parties are dangerous for a number of reasons. Even if your child has no intention of drinking or doing drugs, there is the possibility that she could be slipped a harmful or deadly substance such as rohypnol, the date-rape drug.

Because of the drugs and alcohol that tend to be available at these parties and the likelihood that youth attending may be armed, there is an increased risk of violence. There are accounts of people, often innocent bystanders, being injured or killed at these parties as a result of gang-related violence.

Every child should have the chance to go to parties with his or her peers; however, before letting your child go to any party, make sure that you know where it is and be sure that there will be plenty of responsible adult supervision. Even for good kids, rave parties are not worth the risk.

Q: We are having problems with kids dressing up like gang members and hanging out. What can we do

before it gets out of hand?

A: Youth gangs are one of the most serious and costly problems we face today. Parents, schools, and communities all must take action to reduce the danger of gang crime and help get their gang-involved youth back on track. The crucial first step is to acknowledge that a gang problem exists. Once you recognize that there is a problem, you can begin to fight it.

Another step is to learn about gangs and their activities. Parents must be aware that emulating gang dress and attitude puts their children at greater risk of harm.

Equally important is not to assume that every young person dressed like a gangster is actually in a gang. Look for other identifiers such as the use of hand signs, gang tattoos, colors, graffiti and criminal behavior. Not everyone that associates with gang members is a gangster.

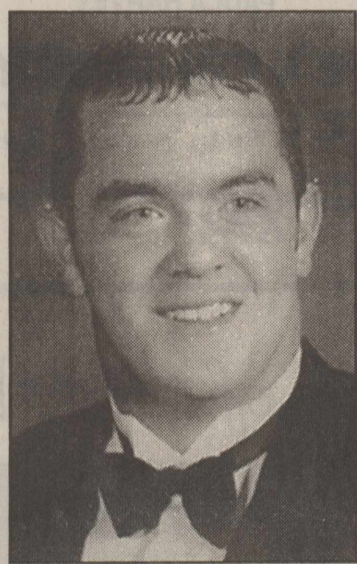
Your community needs to send a clear message to the gangs that they will not be tolerated. Call neighborhood meetings, involve parents, schools, business and church leaders, neighbors and the media. Work with law enforcement officers to prevent the spread of gang-related activity.

It is important to remember that gangs are not strictly a law enforcement problem. Communities must work together to prevent youth from joining gangs in the first place. Make sure there are opportunities and alternatives available for youth other than gangs.

The Juvenile Crime Intervention Division of the Attorney General's Office offers training sessions for communities on ways to recognize, prevent and fight gang activity.

If you would like our Juvenile Crime Intervention staff to present a gang awareness training session to your community, please contact our offices at 512-463-4024.

Our Sincere Congratulations to all of the Seniors - Wishing You a Great Future!



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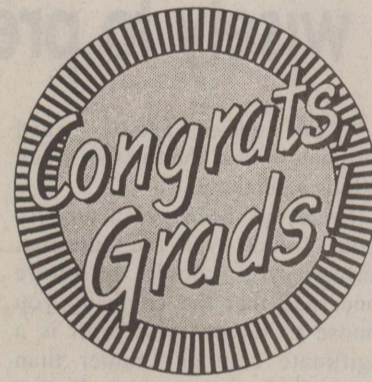


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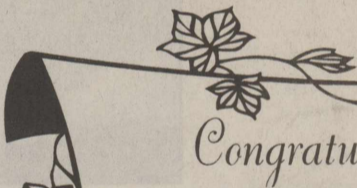


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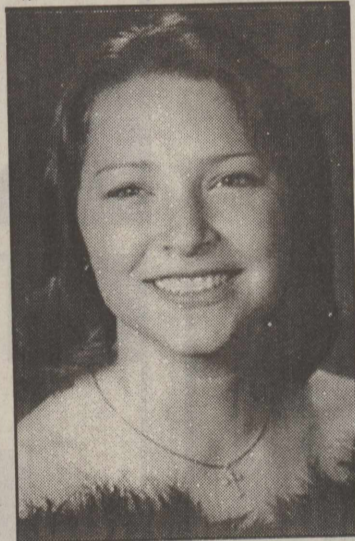
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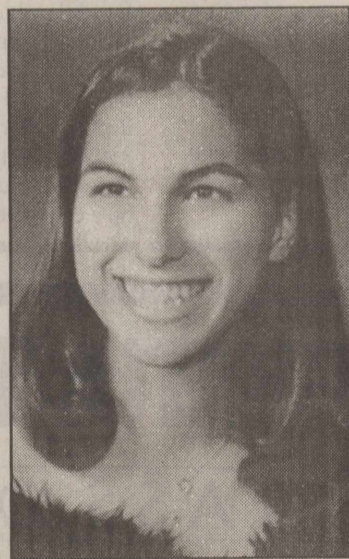
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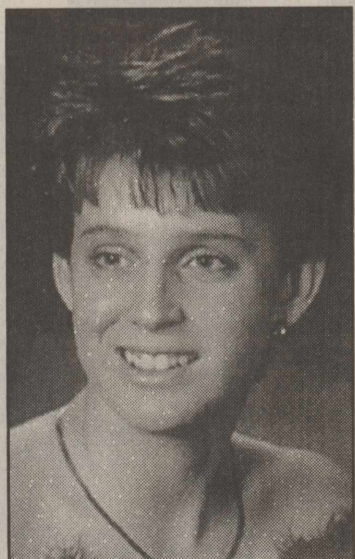
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Dining out can be healthy

Dining out is one of the American ways of life. We like the convenience of not having to spend time to shop and prepare the variety of foods available on restaurant menus.

However, sometimes it is difficult for us to know whether we are getting the nutrition we really need from all those foods we love to consume. With almost all restaurants serving in portions totally unrealistic with what we need for our caloric and activity needs, according to registered dietitian Claudia Barner, it is hard to stop eating when we are full.

Just because you're watching your weight, you don't have to give up the pleasure of dining out with friends. With a little forethought, you can eat out as often as you like.

Many restaurants offer healthy fare, which they note on the menu with an asterisk or a heart or some other symbol. Choose those or ask the chef to prepare menu items to your specifications, says Barner.

Even at the most decadent restaurants, she recommends sticking to your diet by carrying your own packets of low fat dressing and powdered butter substitute. Split an entree with a friend, or pack it up for tomorrow's lunch.

Even eating ethnic has its healthy choices. Of course, ethnic diets are not always healthy, but knowing what to order when eating out can keep you from falling into a fat trap.

Lynne Scott, a registered dietician and director of the Diet

Modification Clinic at Baylor College of Medicine in Houston, said, "Ethnic restaurants tend to Americanize traditional dishes by adding fatty ingredients like cheese and nuts. With so many unfamiliar ingredients found in ethnic cuisines,

it can be difficult to identify low-fat foods."

Scott recommends the following tip when ethnic food is on the menu:

- *Request that creamy dressings be served on the side.
- *Forgo deep-fried appetizers and side orders.
- *When ordering Chinese, order steamed instead of fried rice.
- *Choose chicken instead of beef fajitas, and corn instead of flour tortillas.
- *Order plain, steamed or grilled vegetables, fish and chicken.

Heartburn symptoms can be helped

One out of four healthy adults experience it at least once a month--that painful sensation of warmth behind the breastbone, or sour taste and burning and pressure that occurs when small amounts of stomach acid rise into the throat. Antacids which neutralize stomach acid can help but can also cause side effects, such as diarrhea.

Some relatively simple lifestyle and diet changes can prevent heartburn before it even starts.

For an alternate remedy, Dr. Stuart Spechler of the UT Southwestern Medical Center at Dallas suggests chewing a stick of gum. "Chewing gum increases the flow of alkaline saliva, which neutralizes gastric acid and stimulates contraction of the esophageal muscles," he said. He also recommends avoiding fatty foods, chocolate, bedtime snacks and lying down after eating.

"Foods that are acidic and direct irritants to the esophagus should be avoided," said Dr. Gulchin Ergun, medical director of the Reflux Center 231 at Baylor College of Medicine and the Methodist Hospital in Houston. She lists orange, grapefruit and pineapple juices, foods that contain large amounts of vinegar, aspirin, alcohol, caffeine, tomato products, and chocolate as potential "heart burners."

However, there is a point when

heartburn symptoms can become more than a nuisance. If symptoms occur more than two to three times a week, are present for long periods of time, do not respond to over-the-counter medications, or include vomiting blood, excessive pain and swallowing difficulties, Ergun recommends consulting a physician for further evaluation.

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Keep kitchen gadgets clean to stop deadly bacteria

Your can opener could become potentially dangerous for spreading bacteria through your kitchen.

If the can opener is not cleaned after each use, bacteria like staphylococcus and streptococcus can multiply on the blade and contaminate the next can that is opened. Staphylococcus can cause food poisoning, skin infections and pneumonia, while streptococcus often causes a sore throat or upper-respiratory infections.

While healthy adults might be able to fend off these bacteria, babies and older adults with chronic disease have a greater risk of becoming ill. People with suppressed immune systems are also more likely to get sick if exposed to the bacteria. At this time of year, the influenza virus can make people more vulnerable to bacterial pathogens because it lowers the body's resistance.

Broadbuss recommends detaching the electric-can-opener blade and scrubbing it with a cloth in hot water for at least two minutes. Manual can openers can be cleaned the same way.

Kitchen knives and cutting boards can also become havens for bacteria.

Cutting raw chicken or beef and then using the same knife to cut vegetables without washing it first could spread salmonella or E.coli bacteria, causing severe gastrointestinal distress.

A combination of hot water, scrubbing action and time will remove the bacteria better than rinsing in cold water or wiping it off with a paper towel.

Counter tops near the cutting

board should be cleaned with soapy hot water in case raw meat juices drained off or splattered.

If meat is set to thaw and then put into the refrigerator, leaking juices can drip onto the shelf. Although cold temperatures retard the growth of bacteria, they can still multiply. Wiping the shelf with a rag soaked in hot water should get rid of any potentially harmful bacteria.

Tiny drops of food on

countertops, tables, floors and doorknobs, "chocolate fingerprints" on counter tops, and food residue on the keypad for microwave ovens, need to be cleaned promptly.

Rags and sponges used to clean up food juices need to be rinsed out well with steaming hot water and soap for several minutes to ensure they don't become sources of cross-contamination.

 **Hats Off To The**

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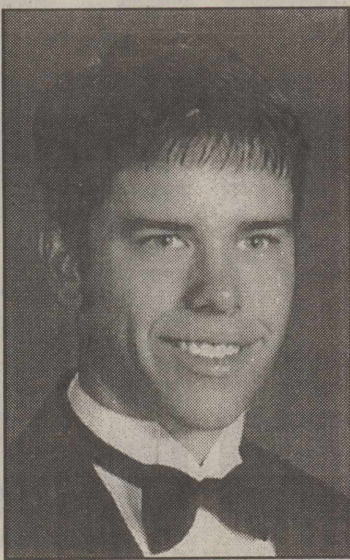
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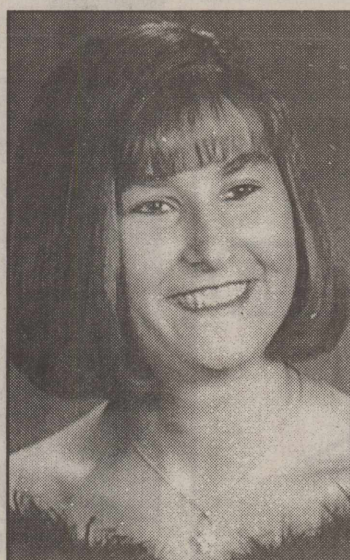
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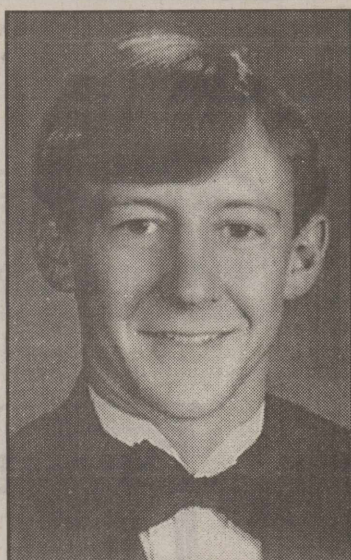
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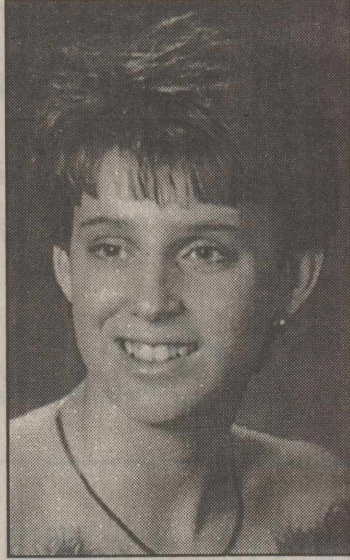
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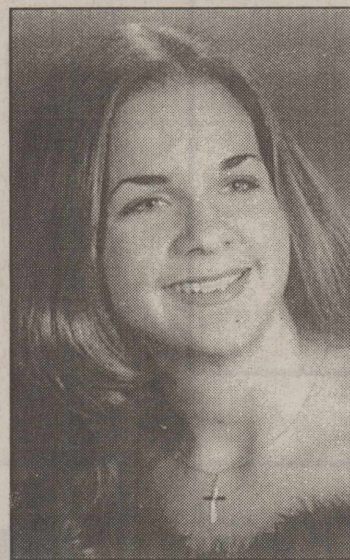

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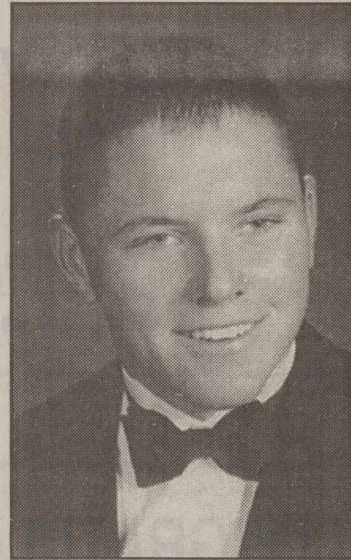

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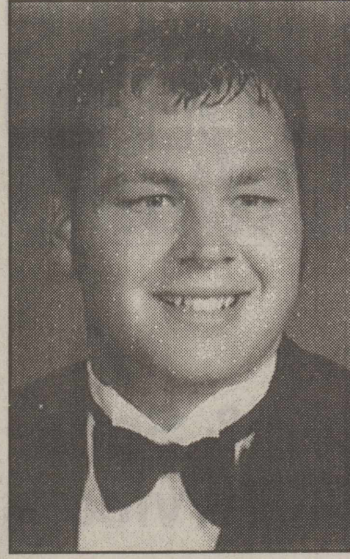

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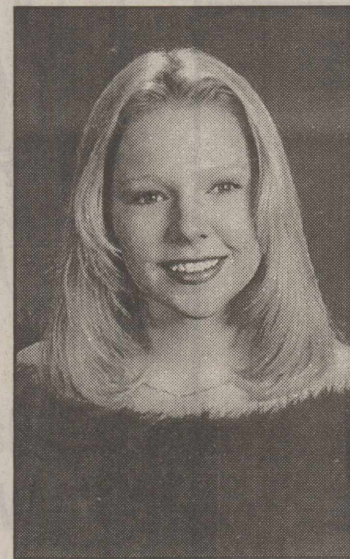

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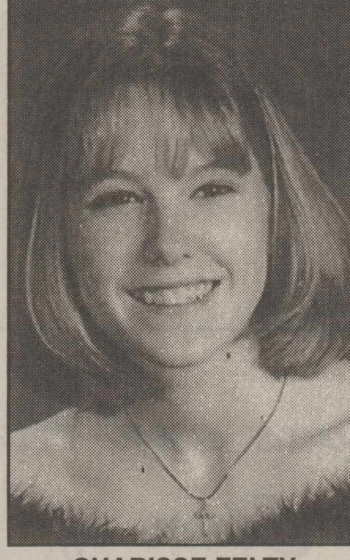
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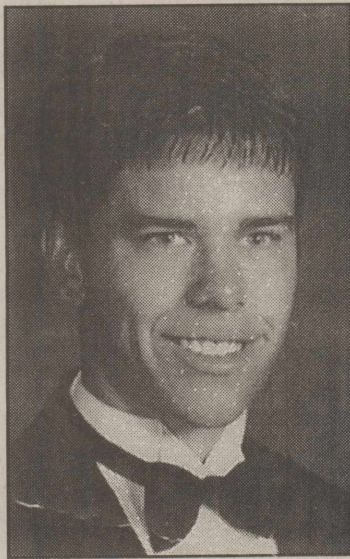
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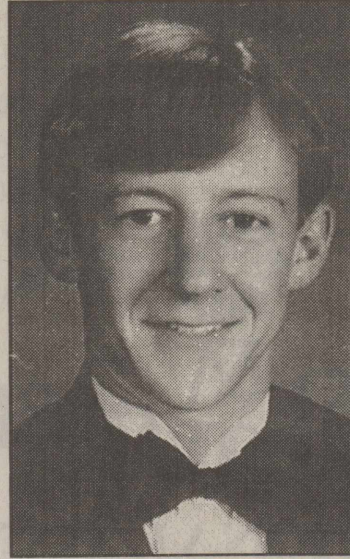
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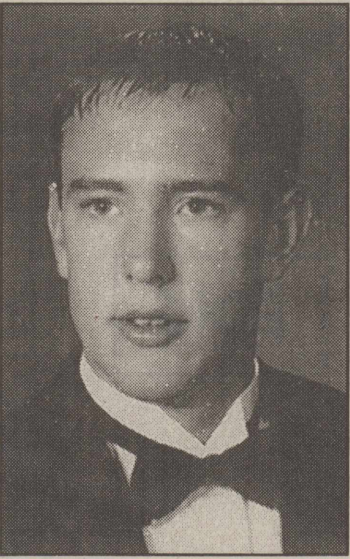

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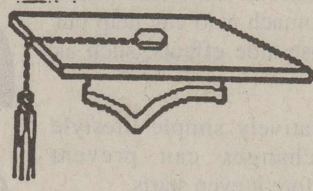
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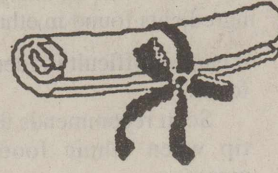
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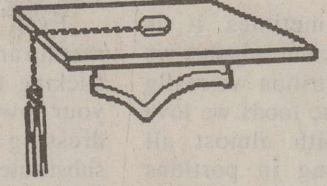
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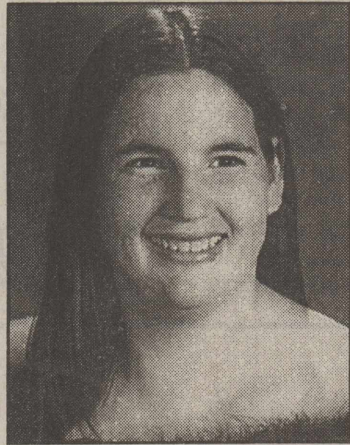
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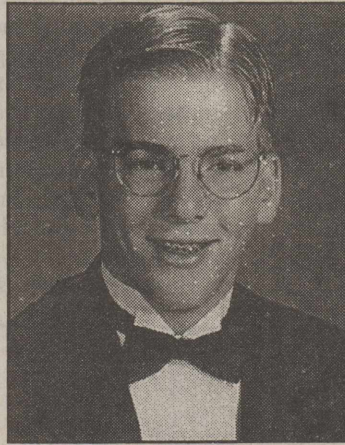


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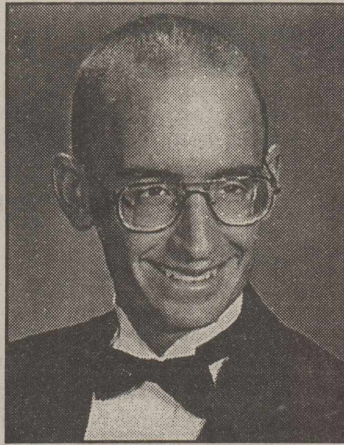
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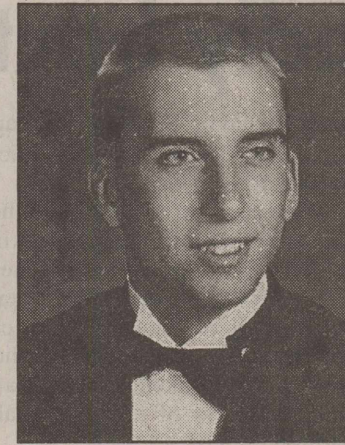
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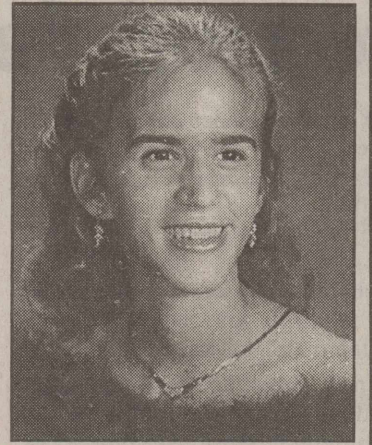
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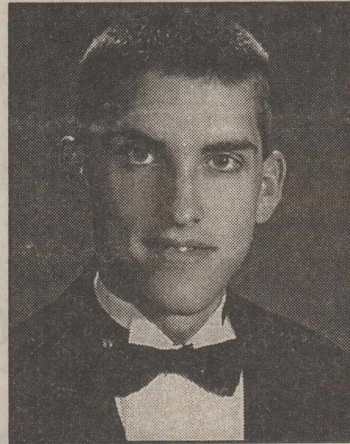
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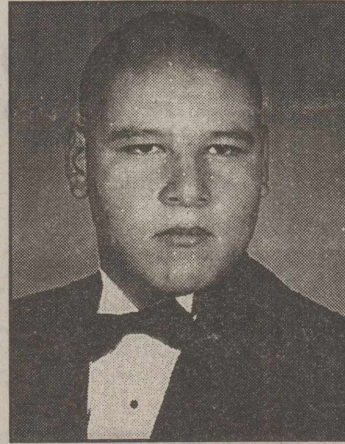
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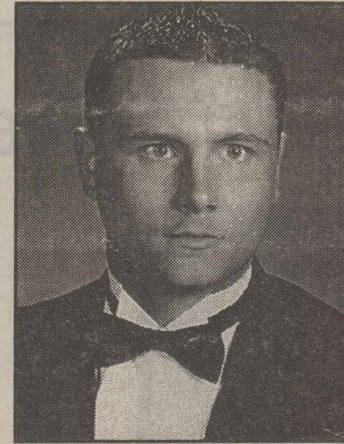
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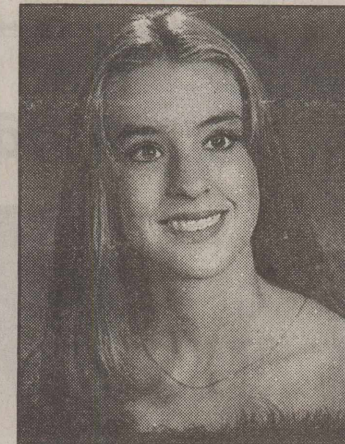
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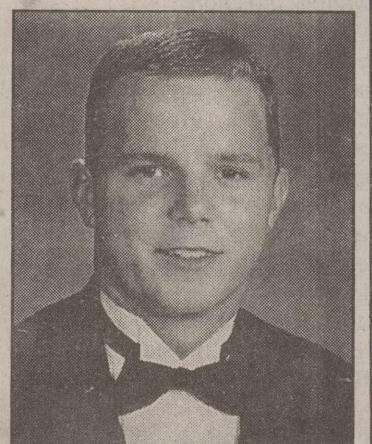
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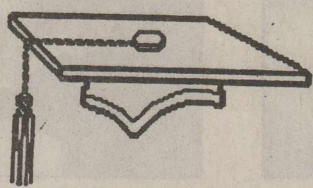


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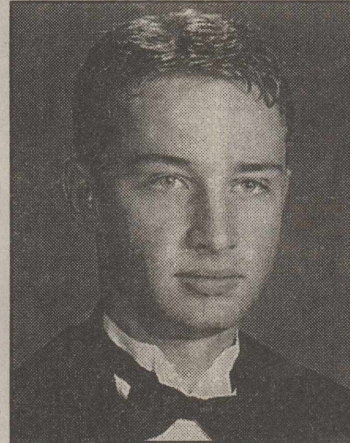
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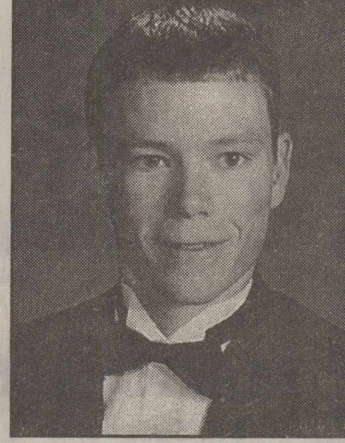
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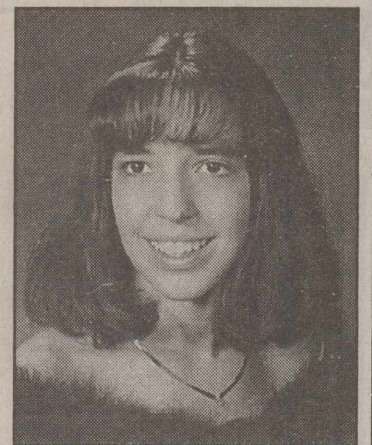


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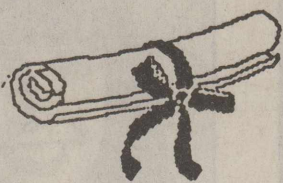
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