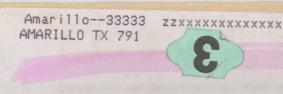
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### Football games

Haskell Indians vs Roscoe (Scrimmage) Fri., 6:00 p.m. at Roscoe

PC Pirates vs. Vernon Northside (Scrimmage) Fri., 6:00 p.m. at Vernon

### Calendar

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### Sunday in the Park

Sunday, Aug. 24 marks the ninth annual "Sunday in the Park", sponsored by the City of Haskell and the Haskell Chamber of Commerce. Service groups, clubs, organizations and all are invited to set up concession stands, activity booths, arts and crafts and etc. Take advantage of this special day to have a fund raiser for your group. Everyone is invited to attend. Admission is free. Sunday in the Park will be from 1 to 5 p.m. at the Haskell City Park on Aug. 24.

### HGSA Fajita supper

The Haskell Girls Softball Association will sponsor a fajita supper Sept. 5 from 5 to 7:30 p.m. prior to the Haskell-Munday football game in the Haskell High School cafeteria. Meal tickets are \$5 for adults and \$3 for chlidren. Tickets are available at Sport-About, First National Bank, Haskell National Bank, and West Texas Utilities. Salad luncheon/

### fashion show

A salad luncheon and fashion show is set Sat., Aug. 23 at 11:30 a.m. at Macias Ballroom sponsored by Haskell Co. Youth Football/Cheerleaders. Tickets are \$5 and are available at the door or from any youth football player or cheerleader and at Lane-Felker, Heads or Tails Western Wear, or the Personality/Slipper Shoppe. Fashions will be featured from Heads or Tails Western Wear, Lane-Felker, The Wear House, Hassen's Kids Kottage and Personality-Slipper Shoppe.

### Season tickets

Haskell Indian football tickets will be on sale soon. Reserve seat tickets for last year's holders will be on sale Aug. 21 through Aug.



VOL. 111-NO. 34, ©AUGUST 21, 1997

"The People's Choice"

12 PAGES-ONE SECTIONS-50 CENTS



WORKOUTS-60 Indians, including 19 seniors, have been participating in football workouts in preparation for the upcoming season. The Indians will scrimmage Roscoe Friday evening in Roscoe at 6 p.m. Haskell Indian Boosters have planned a 'Meet the Indians' night on Monday at the football field at 6 p.m. Fans are encouraged to join the Booster Club and support the Indians!

# Cotton growers should begin receiving 1997 assessment statements this week

Beginning this week growers and crop sharing landowners will be receiving their 1997 Texas Boll Weevil Eradication Foundation assessment statements. It is important to note two things: 1. some statements may not arrive before the Commissioner approved August 15 due date; and 2. failed

acres have not been deducted from the overall amount reflected on the statement.

"The August 15 assessment due date was set prior to the Farm Service Agency's (FSA) cotton According to Eliason, the Foundation is working in every way to communicate the billing delay to growers. "As always, the lines of communication need to remain open," she said. "The Producers with failed acres can also opt to pay the full statement amount with any over-or underpayment reflected in a later statement and refunds issued.

to benefit ECC

A butterfly appliqued quilt made

by Helen Cox at age 91 will be

Quilt raffle

# Classic Car Show set Saturday

The Haskell Volunteer Fire Department will host a classic car show and swap meet this Saturday in downtown Haskell. Trophies will be awarded for first, second and third places in 10 classes.

Classes include 1. Late Great-64, 2. Street Machines, 3. Hot Rods, 4. Older pickups-70, 5. Pickups '71 and up, 6. Cars '65 and up, 7. Antique Cars and Trucks 50 & down, 8. Antique Tractors, 9. Motorcycles and 10. Best of Show (selected by the public).

A Hot Wheels race will be held for the kids. Food will be available.

The department is holding a raffle for a Remington 870 shotgun and a breadmachine. Tickets are \$1 each or 6 for \$5.00 and are available from any fireman or at the show.

Entry fee is \$15. Late entries made on the day of the show will be \$18.

# Meet the Indians Monday

Come "Meet the Indians" Mon. night, Aug. 25 at 6:00 p.m. at the football field. The event is sponsored by the Haskell Indians Booster Club.

After opening remarks made by the president, Dale Huff, the coaching staff, led by Dwane Gray, will introduce each of the football players in grades 7-12. This year's high school squad is made up of 60 players, 19 of which are seniors. Following introductions, homemade ice cream will be served. All interested fans are encouraged to attend. For your convenience, registration tables will be set up that evening so that Booster Club registrations can be completed. Forms have been placed in several businesses around town. Plan now to pick-up one, fill it out, and bring it with you when you come. "We'd like to get our memberships going as soon as possible," said Dale Huff. Parents of boy or girl athletes in grades 7 through 12 are especially encouraged to become a member. However, everyone is welcome to ioin!

28. Tickets will be on sale to the public Aug. 29 through Sept. 5. Tickets are available at the High School Office from 8 a.m. to 4 p.m. Mon.-Fri.

#### **Booster Club**

"Meet the Indians" will be hosted by the Haskell Indian Booster Club Mon. night, Aug. 25 at 6 p.m. at the football field. All football players will be introduced. Homemade ice cream will be served.

### Old Glory musical

The Old Glory Musical will be held Sat., Aug. 23 at the Community Center in Old Glory. The best little concession stand in Texas will open at 5:30 and the music will start at 6 p.m. There is no admission charge. Proceeds of the concessions and any donations will go to offset Community Center expenses. For further information call 940-989-2925 or 989-2833.

### **Play Night set**

The Haskell Horse Club will sponsor a point playnight on Sat., Aug. 23 at 7 p.m. Events will include barrels, flags and poles. Age groups are 8 and under novice, 8 and under regular, 9 through 12, 13 through 15, and 16 through 19. An open barrel race will also be held.

#### Lock-in

The Assembly of God Youth will host a lock-in Fri., Aug. 22 from 7 p.m. to 7 p.m. Students in grades 7-12 are invited. Games, door prizes and movies will be available. For more information call Gary or Kelly Barnett 864-2044.

#### Index

Obituaries	Page 2
	Page 2
	Page 4
	Page 10
	Page 10-11
	Page 12



TEACHER AWARD—Pierce Key, (left), president of the Vocational Agriculture Teachers Association of Texas, presents James Bevel the 35 Year Tenure Award.

# James Bevel receives 35 year award from Vocational Ag teachers

James Bevel, agricultural science teacher at Haskell High School, has met a milestone.

Bevil is receiving the 35 Year Tenure Award by the Vocational Agriculture Teachers Association of Texas, and he was presented this award during the Agricultural Science Teachers' Professional Development Conference held in Corpus Christi on Wed., July 30.

During his 15 years at Haskell, Bevel said he is proud to have supervised the Grand Champion barrows at the San Antonio Stock Show in 1976 as well as supervising two state winning Radio Broadcasting Teams in 1994 and 1996. certification extension of August 1," Said Teresa Eliason, Foundation public information director.

Bevel is also extremely proud

that both of his sons have followed in his footsteps. His son Berl

teaches agricultural science at

Natalia High School, and his son

Brad teaches agricultural science at

Section Society for Range

Management State Award, the

Conservation Teacher 1966 and

1988, the Honorary State Farmer

and the Woodmen of the World

agriculture, Bevel works with his

community as Deacon in East Side

Baptist Church and as a member of

In addition to his involvement in

His awards include the Texas

Perrin-Whitt High School.

Outstanding Citizen.

the Lion's Club.

Foundation understands that every grower is in a unique situation, and therefore, encourages producers to call 800-687-1212 if they have any questions."

Furthermore, as in years past, any acres failed, destroyed and plowed up prior to the first diapause application in the zone, are not subject to a 1997 assessment.

Those producers who are eligible to deduct failed acres from their assessment will need to completely fill out the failed acre form accompanying their statement, deduct the failed acre amount from the statement balance and then remit payment to Texas Boll Weevil Eradication Foundation, Inc., P.O. Box 672109, Dallas, Texas, 75267-2109. An area has been provided on the form to calculate the failed acre deduction.

ior to the first diapause in the zone are not 997 assessment. ducers who are eligible iled acres from their vill need to completely e failed acre form ng their statement, iled acre amount from nt balance and then tent to Texas Boll dication Foundation, Box 672109, Dallas,

allas, a has m to on. Tickets for the drawing are \$1.00 each or six for \$5.00. They are available at the ECC or the Country Daizie.



FACELIFT FOR SCHOOL—Haskell High School has a new look and a new handicap accessible ramp as work is continued this week at both Haskell school buildings. Rest rooms at both buildings, and the Elementary band hall and workroom have been renovated, and new lighting for the wing classrooms added. Visitor parking has been designated behind the High School, on the east side of the building. An open house is planned in the near future.

FOR NEWS ITEMS OR TO SUBSCRIBE, CALL 864-2686

### Page 2-Thursday, August 21, 1997-Thu MASKELL FREE PRESS Yearbook pictures to be taken

Yearbook pictures will be taken on Friday, Aug. 22, for students in grades 7-11. Senior pictures will be taken on Sat., Aug. 23, at the Haskell National Bank Community Building.

The Chieftain staff asks that all students, faculty, administrators and staff have their pictures taken for the 1998 yearbook. Those who wish to order school pictures will need to select a package and use the

return envelops distributed the first day of school to purchase pictures.

Seniors are to bring a \$20 deposit for their pictures on Saturday. Pictures taken will include cap and gown, tux and drape and one casual. Several poses of the students will be taken in each outfit. Students are encouraged to. bring props to use with the casual pictures. Props such as a 98 sign, sponsor, at 864-8535.

ladders, etc. will be furnished by the studio. Also a tux, drape, cap and gown will be furnished by the studio. Boys need to bring ties and shirts with collars for the cap and gown pictures.

Seniors may add additional outfits for \$10.

For more information, please call Jill Druesedow, Chieftain

## **Treat pecan weevils now**

#### by Greg Kaase Haskell Co. Extension Agent

The pecan weevil is the most damaging late-season pest of pecans in Texas. Adult weevils begin to emerge from the soil in August and feed on nuts in the water stage,

causing them to drop. Once the nuts reach the gel state, they are suitable for egg laying. For this reason, early maturing varieties are infested first. The female weevil drills a hoe through the shell and deposits one or more eggs within the developing kernel. A single female lays eggs in about 30 nuts.

Larvae hatch from the eggs and feed inside the nut, destroying the

Foliar insecticides are currently the most effective treatment for pecan weevils. Once nuts reach the gel stage, insecticide should be applied if adult weevils are present. In Haskell County, pecans should be reaching the gel stage this week.

Home owners can treat their pecan trees with Carbaryl (Common Name-Sevin). Follow label recommendations for proper rates. A second or third application, 10 to 14 days later may be necessary. Homeowners should only treat areas with a history of pecan weevil infestation. Also, expect aphid populations to

# Obituaries

### Jack O. Larned, Sr.

San Antonio were held Wed., Aug. 13 at 10 a.m. at owned a pub in the Northern Territory for the duration of Shearer Hills Baptist Church in San Antonio. Burial was the stay. Upon returning to San Antonio, he returned to in Fort Sam Houston National Cemetery under the work as a Detention Officer until 1978. He went into direction of The Alamo Funeral Directors.

Mr. Larned died Fri., Aug. 8.

Antonio and joined the police department as a patrolman tournaments for the United States Marine Corps and the and was made detective. In 1942, he joined the United San Antonio Police Dept. In 1967, he won the U S. States Marine Corps during World War II. He Pistol Championship and placed second in the World participated in action against the Japanese on Saipan, Pistol Matches. He used his pistol skills for competition Tinian, Okinawa and the occupation of Japan. He and for charity exhibitions for civic organizations and received numerous battlefield decorations and was church groups. nominated for the Silver Star. After the war, he returned to the San Antonio Police Dept. and became a Burglary Detective moving up in the ranks, eventually becoming Lieutenant. He was president of the San Antonio Police John and Claudette Larned; one daughter and son-in-law, Officers Association for three years, and was Patricia Park-Cardenas and husband, David; three instrumental in bargaining in the Legislature for many brothers, Grover Larned, Willis Larned and Tommy of the rights that police officers enjoy today, to include Larned; one sister, Venita Kreger; and 8 grandchildren, Civil Service status and Protection of Pension.

Australia for three years and during that time, they were Larned, Victoria Larned and Trevor Larned.

### James H. 'Jim' Love

Funeral services for James H. 'Jim' Love, 59, of Kemp were held Sun., Aug. 17 in the Shiloh Cemetery of Kemp; two sons, James A. Love and Sheila of Kemp in Kaufman County with Rev. James Renfro officiating. Burial was under the direction of Eubank Funeral Home Fred Love of Lake Tawakoni; one sister, Peggy Jones of Mabank.

following a short battle with cancer.

Born Jan. 5, 1938 in San Antonio, he was the son of Fred Addison and Artie T. (West) Love. A former resident of K. I. Sawyer Air Force Base in Michigan, he had lived in Kemp since 1978. He was Baptist. A 1956 graduate of Haskell High School, he retired from the

Funeral services for Jack Orville Larned, Sr., 81, of briefly shipwrecked off the coast of the Fiji Islands. He real estate and eventually opened his own real estate company, True Blue Realty. Throughout his life, he was Born Feb. 12, 1916 in Tolar, he moved to San a champion pistol shooter, winning numerous

Survivors include three sons and daughters-in-law, Jack Jr. and Carolyn Larned, Michael and Laurie Park, Dr. Michelle Scanian, Kimberly Oerkfitz, David After retiring in 1968, he moved his family to Cardenas, Angelica Cardenas, Travis Larned, Tyler

Survivors include his wife of 32 years, Terri N. Love

and Larry Love and Stephanie of Austin; one brother, and Wendell of Murchison; two grandchildren, Candice Mr. Love died Fri., Aug. 15 at his residence and Colton Love of Kemp; numerous nieces, nephews, aunts, uncles and other relatives.

> Pallbearers were Jack Boyd, James Whiteley, Donald Linder, Jack Ellison, Craig Plunk, Duff Greathouse and David Henderson. Honorary pallbearers were James Jones, Russell Jones and Jason McNair.

Memorials may be made to the American Cancer Society, 8900 John W. Carpenter Freeway, Dallas, TX 75247.

### David Hilliard

Funeral services for David Hilliard, 43, were held Aug. 13 at the St. Mark's Catholic Church in Plano with Father Noel J. Jetajobe officiating. Burial was in Ridgeview Memorial Park under the direction of Turrentine, Jackson Morrow Funeral Directors.

Born March 21, 1954 in Fort Worth, he was the son of Len and Florence Hilliard. He was a cashier with Albertson's Food Store and member of St. Mark's Catholic Church in Plano.

Survivors include his parents, Len and Florence Hilliard of Plano; two sisters, Cheryl Ann Murray of Bloomington, Mn. and Kelly Jo Hilliard of Plano; one brother, Larry Hilliard of Plano; several nieces and nephews and a number of aunts and uncles.

# **Around Town**

#### **By Joyce Hawkins**

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Bernice Hilliard, Ellen Hilliard, Linda Short, Pat Shaw and Howard Scheets attended the funeral service of David Hilliard in Plano on Wed.

Jona Caddell has returned home after a three week visit with her daughter and family Lo and Joe Davis and children of Kingsport, Tenn. They spent one week at a

beach in North Carolina.

and children also sang Happy Birthday to Rev. Johnson. His three sisters-in-law were with him. They are Susie, Birdie and Mae Lou Yeldell.

Visiting in Mae Lou Yeldell's home this week was her cousins from Dallas, Rev. and Mrs. Charles Taylor, and their two boys, Miland and Charles, Jr. Also visiting her was her granddaughter, Angela



ON THE SQUARE IN STAMFORD Rated Now Showing PG-13 "My Best Friend's Wedding" FRI. AUG. 22 THRU TUES. AUG. 26 Showtime 7:30 915-773-2405

kernel.

Mr. and Mrs. Jess Leonard had her brother and wife, Clarence and Juanita Ramsey of Mineral Wells for a couple days' visit. They had lunch at E.C.C on Wed.

Rev. L.C. Johnson, Sr. celebrated his 80th birthday Sunday, with all his children home except one, Robert Earl Sr. He served roast lamb, fried turkey and all the trimmings. The also went to church with him.

Birdie Goudeau wants to thank everyone for helping make their youth day a success. Youth director Jordan.

Frank Jordan, Jr. is still in the V.A. Hospital in Dallas, and is asking for people to remember him in their prayers.

The Community Brotherhood was in Knox City Tuesday night at C.O.G.I.C.

Also visiting this week was Earlene Lewis of Marlin and Linda and baby, and her Daddy, Major Lewis III. They are the grandchildren of the late Mr. and Mrs. Major Lewis, Sr.





FIVE GENERATIONS—Together recently, (from the left), were great-grandmother, Dorothy Clark, of Sagerton, great-great grandmother, Emma Raphelt, of Stamford, great-great grand daughters, Mikala and Megan Clark, their father, great grandson, Phillip Clark, of Ft. Riley, Kansas, and grandson, Ray Clark of Stamford.

# Shower honors Cam Klose, Wade King

A gift tea was held Sun., Aug. 10, honoring newly weds, Cam Klose and Wade King at the Haskell National Bank Community Room.

The building was decorated with an authentic western atmosphere, including saddles, cowboy boots, spurs, ropes, branding irons and other traditional western adornments. The display tables were covered with an assortment of family heirloom quilts, that held an array of pottery, crystal, linens, towels, kitchen appliances and utensils, and other bridal gifts.

The serving tables were covered with denim cloths tied with red bandanas, and held a centerpiece made with a fruit basket filled with red geraniums, and red cowboy boots. Icy cold lemonade was served from a large country crock and ladled from a tin dipper.

Guests were served from a bountiful supply of party food, using red bandana patterned plates, cups and napkins. Serving were Cam's nieces, Trac and Tenille Mathis, assisted by Casey Williams of Stephenville, and Caitlin Frierson of Haskell. Tina Morris

Edwards of Abilene registered guests at a small table covered in muslin and red bandana cloth, and a basket of red flowers and a small brass candle lantern.

Hostesses were Jane Coston, Charlcie Henry, Thelma King, Delight Jones, Mynea Short, Carolyn Everett, Carolyn Reynolds, Pauline Couch, Elaine Glover, Lottie Cook, Kay Croft, Marianne Ballard, Mary Sue Guess, Kay Morris, Tina Morris Edwards, Melba Howard, Pansy Harris, and Letha Newton.

# Mae Lou Yeldell shares her story of growing up in the black community with local group

The Haskell County Historical and Genealogical Society met on Mon., Aug. 4, for their regular monthly meeting. Mae Lou Yeldell was guest speaker.

She gave a most informative speech on "Growing Up In the Black Community". She moved to Haskell with her parents, Mr. and Mrs. Major Lewis, Sr. in 1940. She, along with her parents and other siblings, had lived in Marlin before moving to Haskell. She had completed to tenth grade in Marlin,

but when they arrived in Haskell there was only a one room converted Army barracks with grade one through seven for the black children, with only one teacher for all. This ended her schooling.

She went to work for Mr. and Mrs. J. U. Fields, making four dollars a week. Each week she gave two dollars to her mother, saved some, and bought material for 15 cents a yard to make her dresses.

Going to the laundry was a comical experience for her. Blacks

had one kind of washer and whites had another. Whites drank from one fountain and blacks another. In the restaurants, black people were only allowed to eat in the hot kitchen on a little table.

After getting married at age eighteen, she and her husband left Haskell. when they returned in 1957, the school for the black children had three rooms. One room was for grades four through six and the other for grades seven

## The HASKELL FREE PRESS-Thursday, August 21, 1997-Page 3 Anderson, Fields repeat vows in Fourth of July wedding ceremony

Scott Fields and Sharon Anderson were united in marriage on Fri., July 4. The ceremony was held at the fountain in front of the Pioneer Memorial Library in Fredericksburg, and was performed by Janet Barnes, Justice of the Peace.

The bride is the manager of "On the Road Again, Inc." a travel agency in Fredericksburg.

The groom, a 1988 graduate of Texas Tech University is employed by the Fredericksburg Independent School District. He teaches agriculture classes at the high school.

For her wedding, the bride wore a lined, sleeveless knee length sheath of ivory designed in Dallas. The sheath was scattered with pearls and the scooped neckline was circled by a band of seed pearls. The bride carried a bouquet of white roses, stephanotis and English ivy tied with ivory ribbon.

The bride was give in marriage by her son, John-David Anderson.

Diane Kammlah and Sheren Stehling, both of Fredericksburg, were bridesmaids. They wore floral printed black sundresses and carried bouquets of white roses, stephanotis and English ivy.

Howard Ballard of Fredericksburg and Walter McBroom of Taft were groomsmen.

Haskell FCE Club meets

The Homespun F.C.E. Club met Aug. 14 in the Extension Kitchen and each member brought a sack lunch. While enjoying our lunch, Joetta Burnett gave a report on the Cultural Arts meeting at Archer City and also some things about the State meeting, which will be in Wichita Falls on Sept. 9-12.

After lunch, we had our regular meeting with Pres. Dolores Medford presiding. Roll call was answered with members sharing a school memory.

Club officers for 1997-98 were elected. They are President-Joetta Burnett; Vice President-Dorothy Trussell; Secretary/Treasurer-Lennie R. Blankenship; Reporter-

Attending the ceremony from Haskell were the groom's parents, Tommy and Nancy Matthews. Unable to attend was the groom's grandmothers, Mrs. Sarah Hodge and Mrs. Mac Matthews.

A reception and dinner was held following the ceremony at the home of Bert and Sassy Franz. The patio and yard were decorated in a Fourth of July theme. Tables under the tent were set with white table cloths and table runners of star spangled red, white, and blue fabric. Candles in antique mason jars tied with ribbons lit the tables in the evening hours. A "Lovers Knot" ADV.

#### Dear Jane,

planning a honeymoon to Los Cabos, Mexico in the fall. How is everything going? Things are great here. We have

bowls.

quilt in red, white and blue was

hung as a back drop for the buffet

table. Clay pots painted with stars

and stripes were used as serving

tiered Italian cream, decorated with fresh white and red roses and

English ivy. Star shaped cut-out

cookies, decorated with red, white-

and blue icing were served on cut

glass trays. Guests enjoyed a

display of fireworks in the evening.

home in Fredericksburg and are

The couple will make their

The wedding cake was a three.

been doing a lot of back to school shopping for the girls. We found the nicest little store in Haskell, The Wear House. They had the most beautiful slinky skirts and tops that are perfect for school. There are some great colors and styles in them.

The girls were as happy as they could be finding so many great clothes. We found shorts and skorts and Nike and Tommy tee shirts and more. I even bought me a beautiful dress for work.

Even better the prices are very reasonable.

Tell your guys hello for me and we will see you later. Love,

Joyce



# Homespun FCE Club elects new officers

The Homespun F.C.E. Club met Aug. 14 in the Extension Kitchen and each member brought a sack lunch. While enjoying our lunch, Joetta Burnett gave a report on the Cultural Arts meeting at Archer City and also some things about the State meeting, which will be in Wichita Falls on Sept. 9-12.

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Burnett; Vice President-Dorothy Trussell; Secretary/Treasurer-Lennie R. Blankenship; Reporter-Lena Tidwell; Council Delegate-Ophelia Newsom; and Alternate Co-Delegate-Mildred Robertson.

Some discussion about Information Day, Sept. 24 was done, we will discuss more at our next meeting.

Members attending the meeting were: Dorothy Trussell, Peggy Burnett, Mildred Robertson, Lennie Blankenship, Lena Tidwell, Dolores Medford, Ophelia Newsom and Joetta Burnett.

#### inrough nine. I nree teachers and no high school.

There were three churches; two Baptists and one Holiness.

Through out all this adversity, Ms. Yeldell kept her sense of humor and is now a leader in the black community. She is devoted to her church, The Greater Independent Baptist Church, and said with the help of God, The First Baptist Church, the Couch Estate, and Mr. and Mrs. Jim Isbell their church is completely paid for.

Ms. Yeldell now works for Miss Martha Meadows.

Lena Tidwell; Council Delegate-Ophelia Newsom; and Alternate Co-Delegate-Mildred Robertson.

Some discussion about Information Day, Sept. 24 was done, we will discuss more at our next meeting.

Members attending the meeting were: Dorothy Trussell, Peggy Burnett, Mildred Robertson, Lennie Blankenship, Lena Tidwell, Dolores Medford, Ophelia Newsom and Joetta Burnett.

\$2.49 Windex 32 oz. Refill \$1.39 Pledge Wood Cleaner 16 oz. 2/884 Baking Soda 1 lb. Joy Dishwashing Liq. 22 oz. \$1.29 \$2.99 Dynamo 50 oz. Detergent \$2.59 Arm & Hammer 4.5 lb. Detergent

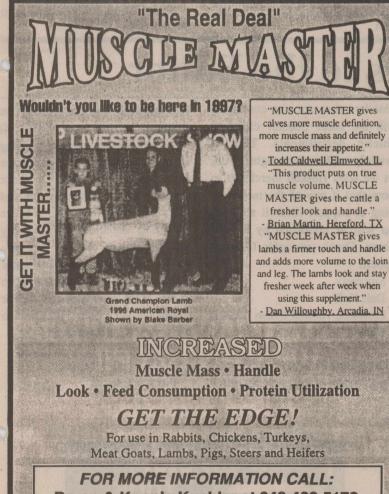
Fantastik 32 oz. Aluminum Foil 25 sq. ft. Burly Trash Bags Asst. Sizes

Standard Light Bulbs 3pk 100 watt Ross School Glue 5 fl. oz. **Magla Latex Gloves** 20" 3 speed Box Fan Angel Soft 4 roll Bath Tissue **Brawny Paper Towels** 10 ct. Tubular Hangers Ultra Final Touch 40 fl. oz. **Kleenex 100 ct. Facial Tissue** Fuji 3 pk. T-120 Video Tapes

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Bryan & Konnie Kuehler at 940-422-5172 Mobile - 940-422-4537 O.D. 03062304 940-256-2574 or 940-256-3145

Page 4-Thursday, August 21, 1997-The HASKELL FREE PRESS

# OPINION

HIGHLIGHTS By Lyndell Williams & Ed Sterling **TEXAS PRESS ASSOCIATION** 

Lt. Gov. Bob Bullock last week created a special Senate committee to examine the state's open government process to determine if access to government records can be improved for all Texans.

State 🖾 Capital

Bullock, who presides over the Senate, picked Sen. Jeff Wentworth, R-San Antonio, to chair the Senate Interim Committee.

The lieutenant governor also appointed Sen. Ken Armbrister, D-Victoria, Sen. John Whitmire, D-Houston, Sen. John Carona, R-Dallas and Sen. Eliot Shapleigh, D-El Paso, to serve on the committee.

"The study is designed to explore all aspects of the Public Information Act and pinpoint areas of concern within the current framework-if they exist," Bullock said

"The people of Texas have a genuine right to know how their government is being run. While agencies have an obligation to keep government open to public view, they also should have the opportunity to do so in a reasonable and resourceful way."

The committee will consider access to open records, roadblocks by government agencies, costs of providing information, abuses of the process, privacy issues and technological advances.

Bullock asked the committee to submit a status report by March 1, 1998 and a final report by Oct. 1, 1998. The panel is to make recommendations to the Legislature in 1999 if it is determined that problems exist in the public information process, Bullock said.

> Nursing Home Exec Punished

The Texas Board of Nursing Home Administrators voted 8-0 last

The Texas Legislature voted to create that office after the Austin American-Statesman reported on the failure of the current, industrydominated board to punish administrators of substandard homes.

**Voters Approve Tax Break** About 94 percent of those who cast ballots in the Aug. 11 constitutional amendment election voted in favor of the tripling of the homestead tax exemption from \$5,000 to \$15,000.

The tax break will save the average homeowner about \$140 a year.

Gov. George W. Bush lauded the results. "The people endorsed my efforts and the efforts of the Legislature to cut property taxes," he said.

The final count was 690,678 votes for the \$1 billion property tax cut and 41,388 against.

In November, voters will decide on 14 other proposed constitutional amendments, including whether increases in property values should be capped at 10 percent per year.

Math Scores Up, English Down

Texas students showed improved math skills on the ACT test this year, but English and reading scores dipped slightly, according to test results released last week.

Assessing the scores, Education Commissioner Mike Moses said he believes a statewide focus on reading in the early grades and new curriculum standards will help turn around the dip in English and reading scores.

On Math, the average Texas score rose from 19.9 in 1996 to 20.2 this year. The national math average was 20.6.

Other Capital Highlights



# From Out of the Past

From the files of The Haskell Free Press

and Mrs. Melvin Hill of Haskell.

**30 Years Ago** August 24, 1967

Jill Ann Adkins, seven-year old daughter of Mr. and Mrs. Royce Adkins, of Haskell, receives her

Day," from last year's title holder, Miss Emily Thigpen, during the Little Miss Hey-Day activities at the Elementary School Friday night.

Marsha Shaver, of Rochester, Miss Hey-Day of 1966, presents a trophy to the new "Miss Hey-Day", Patricia Jewell, of Haskell, at the conclusion of the Miss Hey-Day pageant at the Texas Theatre last Thursday night.

August 22, 1957 Dick Gaines of Corsicana, Social Studies, has been na

# From The **Inside Out**

**By Mary Kaigler** 

"Oh would some power the gift would give us to see ourselves as others see us. It would from many a blunder free us, and many a foolish notion."

Mama often quoted this paraphrase of Robert Burns, along with other pithy quotes from her favorite great poets and essayists, anytime she thought we needed a pin poked into our inflated ego balloon. (Heaven help us if we behaved unseemly or seemed to be unduly harboring a bit of pride in ourselves over anything.) As a result, I became my own worst wetblanket-throwing critic. However, her wise feet-on-the-ground lessons generally 'took' with me and I didn't doubt their validity.

But, recently, I had occasion () doubt Burns' theory that it was a "gift" to see myself as others see me.

When I met nice looking Downing Bolls of Abilene's TV Channel 9, my first impression was that he is even nicer looking in person than on camera. When he asked if I would be on their new Sunday night news segment showcasing senior citizens, I was pleased, of course.

So, I got all cleaned up and ready. for my television debut.

Channel 9's talented, award winning LeeAnn Kelly came to Haskell on Wednesday to do the interview. It was an interesting, fun experience. She's a delightful girl, and made me feel right 'at home' being filmed right at home.

The rest of the week I walked around in the glow of 'celeb' until air time Sunday night. Tuned in to Channel 9 News at 10:00 p.m., the 84 games stopped, the room got quiet-and there I was for my domino bunch and everyone else in the Big Country and the Concho Valley to see. A virtual West Texas Minnie Pearl, minus a hat.

LeeAnn Kelly, who is well accustomed to interviewing endangered species such as rare snakes and retired seniors, did her usual good job with the subject at hand.

Even so, as exciting as the whole process had been-as glad as I

attend. She is the daughter of Mr.

crown as 1967 "Little Miss Hey-

40 Years Ago

summer graduate of Sam Houston State College with a major in Physical Education and minor in

50 Years Ago August 1947 Laura Thornton of the Mattson

4-H Club and Lois Allison of the Rule club will be the Haskell county representatives to the second 4-H Round Up and Agents Conference for 4-H boys and girls at College Station. Martin's Department Store, the newest business concern to open here, have planned their store opening for Monday, if work of installing fixtures can be completed and merchandise arranged by that time. 90 Years Ago

August 1907

R. E. Sherrill and family and Rev. L. A. Cunningham spent several days this week fishing on Paint Creek.

Robt. Simmons has been employed by the Alexander Store.

mesquite timber on the ranch was

A disastrous prairie fire swept most of the S. W. Scott ranch southeast of Haskell the first of the week. It is believed that most of the

killed.

week to place a Rockdale nursing home administrator on probation for six months.

According to a 1994 report, state inspectors found urine and fecal odors, filthy linens and rooms; roaches in the kitchen and flies on residents; a broken emergency call button system; and bottles of prescription medication in an unlocked box on the floor of the administrator's office.

In the four years the state board has been in existence, the Rockdale case is the only one that has resulted in the punishment of a nursing home administrator.

The board, however, voted to close 109 cases of complaints against nursing home administrators.

On Sept. 1, the board's duties will transfer to an office in the Texas Department of Human Services, which licenses and inspects the nearly 1,200 nursing homes in Texas.

Haskell Free

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•After Dec. 31, the public will no longer have access to audits that determine whether oil and gas companies are paying the royalty they owe the state for operating on public land in West Texas. Gov. Bush signed the audit-closing legislation into law in June.

•Under a plan signed by **Education Commissioner Mike** Moses and officials from Spain, teachers from Spain will be allowed to teach in Texas classrooms for one to six years. Under the same initiative, Texas teachers who teach Spanish will exchange jobs for one year with Spanish educators who teach English.

•The Texas Lottery Commission is considering contracting with more than one company to operate its online games. Vendors who want to bid must file a letter of intent by Aug. 22 and submit a proposal by Dec. 3. The commission will announce the winners, if any, in March.

ress

MEMBER

**TEXAS PRESS** 

ASSOCIATION

1997

winner to represent Dist. III in the State Queen's Contest in Houston if for any reason the winner can not High School.

**10 Years Ago** 

August 27, 1987

Investigators are at a loss for the

cause of the deaths of 14 cattle on

the Walton Ranch. One dead animal

and one live animal have been sent

to Amarillo in an effort to

Robert Ace and Brenda Turner

20 Years Ago

August 25, 1977

Randy Hale has been appointed

manager at Perry Brothers in

Haskell effective Aug. 15. Hale and

his wife, Sherita, moved here from

Memphis where he was the

queen, Miss Brenda Hill, was

runner-up over a field of five other

contestants in the District III

Oueen's Contest held in Iowa Park.

She will be next in line to the

Haskell County Farm Bureau's

are proud to announce the arrival of

their son, Sammuel Lee.

assistant manager.

determine the cause of the deaths.

assistant football coach of Haskell

# DPS offers phone numbers to report information about illegal drug activity

If you have information about illegal drug trafficking anywhere in Texas, the Department of Public Safety would like to hear from you.

You can help fight illegal drug sales in Texas by calling the DPS toll-free at 1-800-525-5555 to report suspected drug activity; anywhere in the state. A headquarters communications officer in Austin will relay your information to the

### Check your credit report

by Lou Gilly Haskell Co. Extension Agent

When is the last time you checked your credit report? In the U.S., 180 million people have credit cards and loans. With that many accounts, it's easy to get things mixed up. You may have bad credit and not know it.

That's why Extension family economics specialist Dr. Joyce Cavanagh says you need to check your credit report every year or so. If you find a mistake, file an appeal right away by writing the credit bureau and asking for an investigation. If your claim is found to be true, the inaccurate information will be removed from your credit report.

On the other hand, if the bureau's original information is right, Cavanagh says there's not much you can do other than get a statement attached to it explaining the situation.

Late payments, delinquencies and repossessions will remain on your credit report for seven years. Bankruptcies will stay ten years.

There are three major credit bureaus: Equifax, TransUnion and Experian, formerly TRW. Check your phone book for the one serving your area. Cavanagh says a credit check will cost you \$8-15.

appropriate Highway Patrol or Narcotics officer in your area.

If you believe a drug shipment is being transported, provide the dispatcher with as much information as possible about the vehicle, its location, direction of travel and license plate number. If the drugs are being stored at a building or residence, provide the location and any available information about when the drugs might be moved.

Please contact your local police or sheriff's department if you would

like to report individuals possessing small quantities of marijuana or other drugs.

The main DPS 1-800 number also may be used to report erratic or drunken drivers or to seek assistance if you become stranded on the highway. When calling for these purposes, make sure to pinpoint your location and direction of travel using mile markers, crossroads or other landmarks.

To report marijuana under cultivation, contact the DPS Narcotics Service at 1-800-868-6274

was to have the opportunity 🕠 share my viewpoint about being older and still wanting to be activeafter viewing the segment I sure didn't need any help sticking a pin in the balloon of any daydreams I may have even subconsciously harbored about doing television appearances. My feet-on-the-ground lesson from the experience is that, at least I'm free from the blunder of ever entertaining that foolish notion. Unlike Downing Bolls, who looks better both ways, I don" look better either way, on or off the TV screen.

I'm comfortable with my inner self, and I readily bare it at the drop of a Macintosh keyboard. However, I'm definitely looking in the mouth of this 'gift-horse' of seeing my outer self as others see it on television.

Sorry Oprah, I think I'll stick to the newspaper business.

# Letters to the Editor

#### Dear Editor:

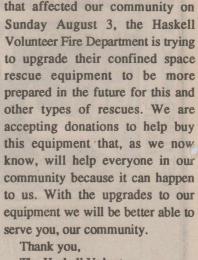
I just want to take this opportunity to say "Thank You" to the merchants and businesses of Haskell for their support of our young people. We had one of the best responses ever to advertising sales for our Indian and Maiden Booster Club Calendar. Half of the money was returned from the Calendar Company to the Booster Club and much of that has already been used to purchase training equipment that will be used by all Haskell athletes. Personally, I was impressed by the willingness of almost everyone contacted to participate. Many of those who chose not to participate in the calendar support our young people in other ways. We know you are often contacted to help and it can become a burden. Thank you for responding to our young people in the way that you do!

Along the same lines, it has come to our attention that some companies are selling ads to athletic

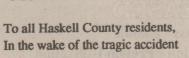
calendars that are not connected with the local booster clubs or athletic departments. This is certainly within their right to do, but we want Haskell merchants to know that if any of the money is going to support Haskell athletes, you will be contacted by a local person. Thank you again for your support!



Dale Huff President, Haskell Indian Booster Club



The Haskell Volunteer **Fire Department** 





The HASKELL FREE PRESS-Thursday, August 21, 1997-Page 5

# AGRICULTURE

# **Rogers is new Valley** dealer in Rochester

Craig Rogers of Rochester. operator of Brazos Irrigation has joined the Valley Dealer organization.

After purchasing Knox Valley Irrigation of Munday from David Kuehler, Rogers has become the new Valley dealer for Haskell and Knox Counties and the surrounding areas. He has just returned from Valmont Industries in Valley, Nebraska, where he was approved as the new Valley dealer.

Having years of experience with all kinds of irrigation needs, including undergound irrigation line installation and repair, Rogers is prepared with service know-how and in-stock parts for all brands of pivots.

He is a life-time resident of Rochester and is married to the former Amy Morgan of Munday. They have a six-month old son, Colton.

Brazos Valley Irrigation will be located in Rochester.

# Free soil testing offered by Seymour Aquifer Project

The Seymour Aquifer Project office is sponsoring a free soil testing program for the Water Quality Project Area. The free soil testing program will extend through Sept. 1.

Soil sample bags and information sheets can be obtained by calling the Seymour Aquifer Project office at (940) 864-3334 or (940) 864-3583.

The soil sample should be taken from a uniform area of the field. Take 10 to 15 small sample cores to a depth of six inches for each field to be tested. Mix the samples in a clean plastic bucket, and place about a pint of the composite sample in the bag to be sent in for analysis.

Be sure to fill out an information sheet to send in along with the sample. The information sheet asks about the type of crop to be grown and the yield goal of the crop. The soil sample results will be sent back to you in about two weeks.

# Ground cover can grow in tough areas

Do you have a tough area in your yard where nothing seems to grow well? Dr. Doug Welsh suggests planting jasmine or juniper in sunny areas to establish

ground cover. In shaded area, he recommends planting ivy, vinca or monkey grass. He says it is important to till organic matter into the top four to six inches of the soil before you plant. Welsh says you need to keep

the weeds out until the ground cover is established.

To make the plants spread quicker, he recommends nipping the tips of the buds that are growing upward instead of outward and fertilizing every two to three weeks. Plants should be watered every few days until the ground cover takes off. At that point, Mother Nature's rainfall should be enough.

## **Cattle Market Report**

The market at the Haskell Livestock Auction was on a run of 610 head of cattle at its sale on Saturday, August 16, according to Gary Tate, reporter.

Packer cows and bulls were \$1 to \$2 lower. Bred cows and pairs steady. Feeder starters heifers \$1 to \$2 lower. Stocker calves fully steady.

Cows: fat, .32-.385; cutters, .32-.39; canners, .25-.35.

Bulls: bologna, .46-.50, feeder, .55-.65; utility, .35-.46. Steers: medium and large frame

No. 1 200-300 lbs., .95-1.20; 300-

### Ambrosia beetle intesting Texas trees fungi she carries with her. She

grows the fungi to feed her young.

As the fungi grows, it clogs up the vascular system of the tree. Water and nutrients can't reach increasingly bigger hole in the plant cells and the tree wilts and Texas tree population. It seems to dies. The way you tell if a tree has be progressing even faster this year. ambrosia beetles is to look for And entomologists are at a loss for lines of sawdust and tree sap kicked how to stop the Asian ambrosia out by the burrowing insect. beetle. It is about the size of a Robinson likens them to white pencil tip and you probably will

toothpicks. He says the Asian ambrosia beetle strikes more than 100 species of trees including pecan, peach, plum and pear. Young trees are usually the target.

Robinson says if a tree is infested, it's best to destroy it and spray Dursban or Diazinon on your other trees to try to keep the beetles away from them.

### Pecan tree breeding takes patience of the most patient people you

could ever meet.

cultivars.

If patience is a virtue, the people who breed pecan trees are among the most virtuous because it takes a quarter of a century to produce a new pecan variety, and there's only one place in the world that does it. Texas is the only place in the world with a pecan breeding program.

not notice it until it is deep inside

make an ideal environment. The

Asian ambrosia beetle appeared in

Texas a decade ago and now infests

the eastern half of the state.

Extension entomologist Dr. James

Robinson says ironically, it's not

the insect that kills the tree. It's the

Mild winters and wet springs

the tree and impossible to reach.

It began in 1930 in Brownwood. and now has a branch office just outside College Station on the Brazos River. USDA pecan breeder Dr. Tommy Thompson says this area is the best in the world for growing pecans. Thompson is one

400 lbs., .85-1.15; 400-500 lbs., .80-1.05; 500-600 lbs., .75-.90; 600-700 lbs., .74-.85; 700-800 lbs., .70-.78; 800-up lbs., .65-.75. Heifers: medium and large

frame No. 1 200-300 lbs., .85-1.00; 300-400 lbs., .80-.95; 400-500 lbs., .75-.85; 500-600 lbs., .72-.80; 600-up lbs., .65-.72.

Bred cows: young to middle aged \$450-\$600; aged or small, \$300-\$450.

Cows with calves: medium frame No. 1 young and middle aged, \$600-\$750; small or aged, \$500-\$650.

Stocker cattle clinic set Aug. 26 in Stamford

by Greg Kaase

The Haskell and Jones County Extension Service will be hosting their Stocker Cattle Clinic on Aug. 26. The event will be in Stamford at the Stamford Farmers & Ranchers Livestock Auction Co. beginning at 5:30 p.m.

The clinic will feature Stan Bevers, Extension Economist; Preston Hollis, Aztec Cattle Feeders; and Gary Bomar, Taylor County Extension Agent.

Topics will include videos on detecting sickness and injection sites, break-even analysis on stocker cattle, raising the value of one steer above another, and effects of deep placed phosphorus on small grain forage production and grain yield.

A sponsored meal for participants will be served. Respond to the Haskell or Jones County Extension Offices by August 22 so that the meal may be planned.

Contact Greg Kaase, Haskell County Extension Office at 940-864-2658 or Todd Vineyard, Jones County Extension Office at 915-823-2432.

### Rehab club pig sale set Oct. 6

The Rehab Club Pig sale is set for Oct. 6, 7:00 p.m. at the Wylie FFA Showbarn, Abilene. Russ Baise of Stamford is the Jones and Haskell County area chairman for this event from which the proceeds help West Texas Rehabilitation Center provide out-patient services to more than 17,000 disabled children and adults each year.

Persons wanting to donate a pig or get more information about the sale can contact Baize at 915-773-3554 or the Rehab Center in Abilene at 915-691-7290 or San Angelo 915-949-9535.



#### by Greg Kaase Haskell Co. Extension Agent A tiny insect is boring an

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841 North Judge Ely Blvd. August 18 & 19 9 a.m. to 3 p.m. and 6 p.m. to 8 p.m. August 20 9 a.m. to 12 noon (Check with office in Abilene to reserve a time for registration)

### **CISCO CAMPUS**

Harrell Fine Arts Building August 21 (Sophomores & Night Students Only) 6 p.m. to 8 p.m. August 22 9 a.m. to 3 p.m.

> First Class Day August 25, 1997

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Page 6-Thursday, August 21, 1997-The HASKELL FREE PRESS

# Amarillo flyers take sailplane awards

Radio controlled sailplaners gathered in Haskell July 16 and 17 for the Texas Chiefs 3rd Annual Sailplane Contest.

Four events were flown in fairly strong winds with a few models being damaged. Fliers from the Amarillo Club showed up in force and managed to capture most of the awards.

Winners were: Hand Launch: 1.

Mark Hassinger, 2. Dwayne Landreth, 3. Jeff Taylor

Rudder-Elevator: 1. John Rice, 2. Jeff Taylor, 3. Mark Hassinger 2 Meter: 1. Jeff Taylor, 2. Mark

Hassinger, 3. Dwayne Landreth
Unlimited: 1. Mark Hassinger,
Alex Critchfield, 3. Dwayne

Landreth. The next competition for area

modelers will be in Amarillo, Sept. 13 and 14.

### **NOTICE** Farmers Co-op Gin Society #1 of Haskell will hold an

annual meeting Tues., Aug. 26, 1997 at 6:30 p.m. at the Haskell Country Club. All patrons, stockholders and their guests are invited.

# TAX PLANNING

Written By Richard E. Rodgers, CPA

#### **VACATION TIME? NOT FOR TAX PLANNING**

Summer is vacation time, and you might find it appealing to take a vacation from financial matters, including tax planning. But if you want a lower tax bill for 1997, midyear is an excellent time to size up your tax situation and make the necessary adjustments to your tax-cutting strategies.

First, do an estimate of your income for 1997. Then consider which tax-cutting strategies will work best for you. Some ideas to consider:

•If you own a business, consider hiring your children to work for you. Your business gets a tax deduction for the wages paid, and your child pays no income tax on earnings up to \$4,150. So you've cut the overall family tax bill. Be sure the wages paid are reasonable for the work performed.

•As you review your investment portfolio, consider investing in nontaxable municipal bonds. Work through the numbers here to be sure you're not passing up a better taxable investment that will return higher

# Lizette Hastey earns scholarship

Lizette Hastey, Rochester ISD Test Coordinator, received a \$2,000 National Scholarship from the Stephen Bufton Memorial Educational Fund, Kansas City, Mo.

The scholarship was presented to Lizette through the Abilene Business Women's Association, West Texas Heritage Chapter, on August 11, at the Royal Inn.

Lizette is working toward a Master's Degree in Counseling with an LPC Credential, and will graduate from Hardin Simmons University in May, '98.

Attending the award presentation were her mother, Fretta Wright and aunt, Estalynn Liles.

# Babies need to ride backwards to save their necks

#### by Lou Gilly Haskell Co. Extension Agent

Why should babies ride backward? And why should they ride facing the back of the car for the entire first year of life? The American Academy of Pediatrics new guidelines, published in "Pediatrics" in recently, say there is a very good reason for infants under age one to ride facing the rear: to protect their necks from spinal cord injury.

A reclined, rearward-facing restraint cushions the baby's back, head, and neck in a frontal impact. Recent research has led pediatricians to push for babies to ride rearfacing for a minimum of one year. This is because a baby's neck muscles take time to develop. Under age one these muscles often are not strong enough to protect the spinal cord adequately. Very serious injuries have been documented to babies riding facing forward.

A common sight, however, is a young baby riding facing forward!



LIZETTE HASTEY

Parents usually have no idea why

the front-facing position is less safe

for a baby. They need encouragement to keep their baby

turned backwards. This is especially

try when they are also being told

that their baby should ride in the

rear seat, even when the driver is

the only adult in the vehicle. With

passenger side air bags, the back

seat for a rear-facing restraint is

1. Keep baby, up to age one, in

2. When a baby outgrows an

a rear-facing restraint in the rear

infant-only restraint, he/she should

be moved to a larger convertible

seat that allows them to ride rear-

facing in the rear seat until age one.

on the child restraint you have.

Realize, however, that if your baby

is average or heavier than average,

you may want to switch to a

different restraint that can

accommodate rear-facing.

3. Follow the weight guidelines

Key points to remember:

critically important.

# Grapefruit juice can increase absorption of some medications

by Lou Gilly Haskell Co. Extension

Agent Scientists have discovered that grapefruit juice increases the absorption of certain medications, including some blood pressure lowering drugs and sedatives. the finding has raised concern that people who take these drugs with grapefruit juice might be getting too much of the medications in their systems. But in the vast majority of cases, mixing drugs with grapefruit juice is nothing to worry about.

The only thing people need to do is be consistent, says Paul Watkins, MD, the director of the University of Michigan General Clinical Research Center in Ann Arbor. If you're on one of the drugs and you've always taken it with grapefruit juice, don't stop. And if you haven't, don't start. Sticking to your established routine insures that you will consistently get the same dose of medication in your bloodstream.

Drug companies are suddenly very interested in grapefruit juice. There is a worldwide race to find the ingredient in grapefruit juice that enhances absorption, Dr. Watkins says. Not only does the substance, whatever it is, improve the absorption of various drugs; it also makes absorption rates more constant from person to person. As Dr. Watkins explains, some people might absorb only 30% of the drug in a pill, while others absorb as much as 80%. That makes prescribing a particular dosage of certain drugs a bit of a crap shoot. But identifying the elusive grapefruit juice ingredient should solve the problem.

Grapefruit juice's effect on drug absorption, incidentally, was found completely by chance. A Toronto researcher, David Bailey, Ph.D., was asked to conduct a study to determine whether it was safe to take the blood pressure drug Plendil with alcohol. to make his study results more legitimate, he wanted to mask the taste of alcohol so his subjects' reactions would be purely

physiologic, rather than influenced by any preconceived expectation of how they would respond if they knew they were imbibing. Many beverages were tried to disguise alcohol's taste, but grapefruit juice was the only one that did the trick.

It turned out the alcohol had nc effect. But the subjects' blood levels of Plendil were higher than anybody had ever seen.

Apparently, something in grapefruit juice changes the rate at which an enzyme in the intestine breaks down Plendil, allowing for more complete absorption by the body. That same enzyme also is responsible for controlling the absorption rate of several other drugs. That is how the connection between grapefruit juice and a variety of medications was made.

Some drugs affected by grapefruit juice include:

Sedatives: Triazolam (generic name), Halcioin (trade name), Midazolam (generic name), Versed (trade name)

Antihypertensives: Felodipine (generic name), Plendil (trade name), Nifedipine (generic name), Procardia (trade name), Antihistamine: Terfanadine

Antihistamine: Terfanadine (generic name), Seldane (trade name)

Immunosuppressant: Cyclosporine (generic name), Sandimmune (trade name)

### Couch potatoes may feel the 'ouch'

Couch potatoes may trade the couch for "ouch" if they pursue an exercise program too aggressively.

"It's not uncommon at this time of year for patients to complain of chest-wall pain near the rib cage," said Dr. Wayne J. Riley, a general internist and an assistant professor of medicine at Baylor College of

TEXAS NATURAL RESOURCE CONSERVATION COMMISSION Public Drinking Water Section of the Water Utilities Division

after-tax dollars than a non-taxable investment such as munis.

•Review your debt. If any of the interest you're paying is not taxdeductible (such as interest on auto loans, credit cards, or school loans), consider paying off the debt or converting it to debt that will allow for deductible interest (such as a home-equity loan, where available).

•Don't overlook the 1996 changes in the tax law that could cut your 1997 taxes significantly. For example, married couples with only one wage-earner can now contribute up to \$4,000 to their IRAs (an increase from \$2,250). If you're adopting a child, check into the new adoption tax credit. Certain long-term health care insurance and long-term care costs are not tax-deductible. A pilot program for medical savings accounts went into effect this year. If you qualify for one of these accounts, your contributions to the plan would be tax-deductible, and withdrawals to pay medical expenses would be tax-free.

If you'd like details on the best 1997 tax-cutting ideas for your specific circumstances, contact our office. We're here to help you minimize your taxes.

RODGERS & COMPANY Certified Public Accountant

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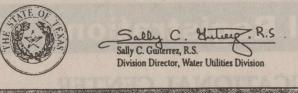
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"Often, they are sedentary people who have made a resolution to exercise. Instead of getting back into shape slowly, they try to achieve their athletic goals immediately by playing basketball for six hours or doing 50 stomach crunches on an abdominal-flexor machine," he said.

The chest-wall pain usually stems from sprained muscle or an inflamation of the rib cartilage.

"If your left side hurts when you press on your ribs or take a deep breath or move your shoulder, that's a strong indication you have injured a chest muscle or rib cartilage," Riley said.

The injury can be treated with over-the-counter nonsteroidal drugs that decrease inflammation and pain. Riley also recommends applying an ice pack to the chest during the first two days after the injury.

If the intensity of the pain does not decrease within 48 to 72 hours, see your physician. X-rays may be needed to determine whether you have broken a rib or dislocated a shoulder.

Rest at least a week before exercising again to allow time for the muscle to recover.

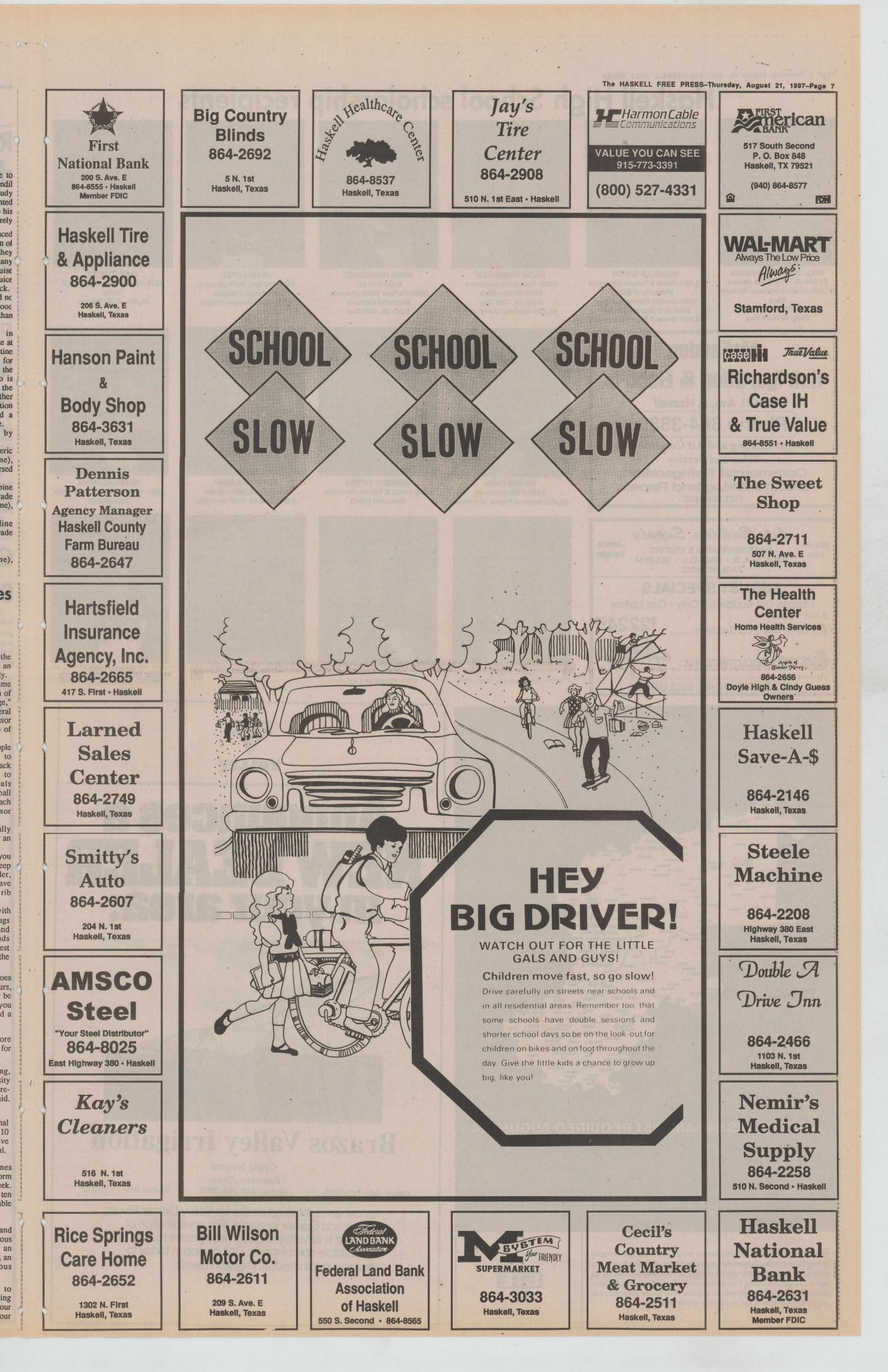
"When you resume exercising, start at a lower level of intensity and pace yourself to avoid reinjuring the muscle," Riley said. His recommendations:

Instead of doing 50 abdominal crunches at the start, begin with 10 and increase the number by five each day until you reach your goal.

Start weight-lifting routines with a moderate load and perform repetitions several times a week. Increase the volume by five to ten percent as you become comfortable with the weight load.

Limit tennis, basketball and other sports that require strenuous shoulder-arm movements to an hour of play the first few times, an build up to more strenuous workouts.

"Those good intentions to improve your health by exercising can be salvaged if you expand your workout gradually and give your body time to adjust," Riley said.



Page 8-Thursday, August 21, 1997-The HASKELL FREE PRESS



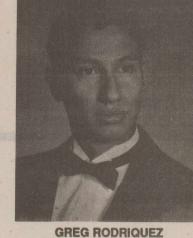
**KELLI KAY CUNNINGHAM** \$1,000-R. W. & Anita Herren \$1,000-Haskell-Mattson-Weinert Exes \$200-FUM Members \$400-Dr. Cliff Ray



**MICHELLE GREEN** \$1,000-Hazel & Robert Reynolds Memorial (FBC) \$250-Jordan Claims Service/ Mike and Deanna Jordan \$8,000-Howard Payne University



**DACIA PHEMISTER** \$500-Young Homemakers \$500-Rotary Club \$400-Dr. Cliff Ray \$6,400-Harding University



\$200-LULAC \$500-Herbert Bellinghausen **Memorial Catholic** \$400-Dr. Cliff Ray



\$500-Herbert Bellinghausen **Memorial Catholic** \$750-J. W. & Irene Collins



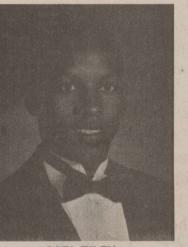
**JACY CYPERT** \$250-Health Care Centers of Texas \$4,000-ACU Trustee



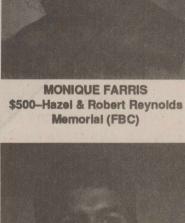


\$200-FUM Members \$8,000-Howard Payne University





CARL RILEY \$275-Pete Beecher Memorial





JOE SALINAS \$250-American Legion



**BETSY COLEMAN** \$800-Crawford-Conoco \$250-Haskell CISD Memorial



\$200-LULAC

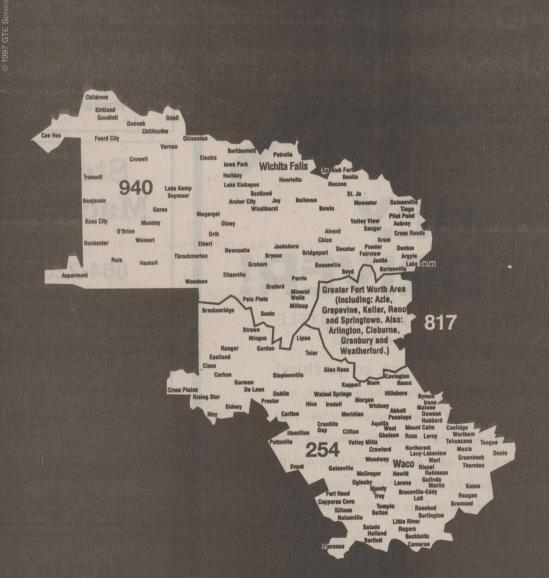


MARIO ALVAREZ \$250-Haskell CISD Educational Foundation



**BOBBY ORTIZ** \$250-Progressive Study Club





### **AREA CODES 940 AND 254 REQUIRED AUGUST 24**

Because population growth, business expansion and growing technologies are rapidly draining the pool of available telephone numbers, the 817 area code split into three area codes earlier this year. But little else has changed. Just remember, you must use the correct area code when calling. If you are located within the new area codes, be sure to inform callers from other areas of your new area code. While the new area codes are an industry requirement, we at GTE are helping to simplify the process.





# **Brazos Valley Irrigation**

#### **Craig Rogers Rochester**, Texas Mobile: 940-256-2353

Office: 940-743-3403

Home: 940-743-3315

is now an authorized dealer for Valley Center Pivots, Linear and Corner systems. The combination of our staff and Valley irrigation equipment makes an unbeatable combination. Call or stop in today to discuss your individual irrigation needs.

FILLING THE BOOT FOR MUSCULAR DYSTROPHY— Members of the Haskell Volunteer Fire Department collected \$1,060.00 from motorists around the square Sat. during their annual Fill a Boot campaign to benefit the Muscular Dystrophy Association. They were pleased with the cooperation of the public, and are appreciative of all who participated.

# **Legal Matters**

**By Attorney General Dan Morales** 

Car repairs can be one of the final bill, and keep every piece of biggest headaches a consumer faces. paper. •If your charge is much higher Today's cars and trucks are so

than the estimate, or if the work was done without your authorization, politely, but firmly, question the bill.

•Try to settle the matter amicably before taking any other action.

Honest repair shops know that their business depends on their good reputation. They will try to resolve the problem to everyone's satisfaction.

For more information

We're here to help. If you have a repair problem that the shop will not correct to your satisfaction, contact the Attorney General's **Consumer Protection Office nearest** you and ask for a complaint form. Or call us toll free at (800) 621-0508. Also, the consumer complaint form is available at our web site on the Internet at http://www.oag.state.tx.us.

•Knowingly make a false or misleading statement about the need for parts or repair. State that work has been done or that parts were replaced when

complex that is sometimes very

difficult to diagnose problems. This

can make it hard for the average

consumer to know if the proposed

unscrupulous mechanic to include

unnecessary but expensive work as

part of the repair job, use second-

hand parts, or bill you for repair

work that was not done. We at the

Office of the Attorney General want

to assist you in avoiding this kind

**DTPA** protects consumers

Texas has no law specifically

governing auto repairs. However,

the Texas Deceptive Trade Practices

Act-the state's most

comprehensive consumer protection

law-includes several sections that

cover repairs. Under this act, it is

of "repair" job.

illegal to:

It can also make it easy for an

repair will actually fix the car.

that is not true. ·Claim that the parts used in the

**Haskell Consolidated Independent School District** 

The President of the Board of Trustees of the Haskell Consolidated Independent School District, pursuant to Section 23.45 of the Texas Education Code and Article 29e, V.A.T.S., has called a meeting of the Board of Trustees for the purpose of adopting a budget for the 1997-1998 fiscal year of the District, that shall cover all expenditures for the fiscal year of the District, that shall cover all expenditures for the fiscal year.

The meeting shall be held on the 28<sup>th</sup> day of August, 1997 at 7:00 o'clock p.m. at the Haskell Consolidated Independent School District Administration Building, in Haskell, Texas.

Any taxpayer of the District may be present and participate in the hearing.

The HASKELL FREE PRESS-Thursday, August 21, 1997-Page 9

# Kids need lots of water to weather the sweltering heat

For kids on the go, do not forget the h2o this summer.

"Kids can become dehydrated very quickly in the sweltering heat," said Dr. Robert Shulman at USDA/ARS Children's the Nutrition Research Center in Houston. "The best thing to do is to fill kids up with plenty of water before they go outside."

In addition to water, sports drinks and fruit juices are also good to give children. It is best to stay away from drinks that contain high levels of caffeine. Caffeine is known to increase the flow of urine, so instead of replenishing the body, it can contribute to dehydration.

"Dehydration can cause a child to become dizzy or drowsy, develop headaches and a dry mouth, and in severe cases become unconscious," said Shulman, a professor of pediatrics at Baylor College of Medicine and director of the nutritional support team at Texas Children's Hospital. "In infants, symptoms would include decreased urination, and sunken eyes. Parents should be concerned if the baby's diaper is consistently dry."

Infants should never be exposed to the sun for long periods of time, and never placed in direct sunlight. Always dress them in light-colored clothing and put a hat on their head, even when going outside for a short time. A light blanket can also protect their arms and legs. They tend to become dehydrated quicker than older kids because they

sometimes have trouble communicating when they are thirsty.

Many times older kids are so pre-occupied with what they are doing outside that they will play to the point of heat exhaustion. The amount of liquid children need depends on the heat, degree of activity, and how long they play outside.

"Parents need to step in and make sure children have plenty to drink before and during play time," said Shulman.



O P L E Y 0. K. N O W CANCER CARE FROM PE U

Fourteen years ago, Dr. Victor Hirsch opened Abilene's first oncology practice,

repair are new or original, when in fact they are second-hand or reconditioned.

Do your homework The simplest way to avoid a problem is to find a reputable mechanic or repair shop to do your repairs. Ask your relatives or friends for referrals. Call the local Better Business Bureau and our office to see whether anyone has complained about the shops you are considering. Also ask of the names of customers you may contact to see if they are satisfied with the work done by the shop. If you suspect the repair shop has violated the law, and you cannot get the problem resolved to your satisfaction, take you car to another shop and have the repair work inspected. Get the second shop's report in writing. you will need it in the event of mediation or a lawsuit. Remember, if you refuse to pay

a repair bill, the shop owner has the legal right to keep, your car until you pay. You may find the only way to resolve the situation is to pay the bill (making clear to the mechanic that you do not agree to it), then either seek mediation or file suit against the shop under the DTPA in small claims court. Don't go broke when your

car breaks To reduce the risk of becoming a victim, consider the following tips: ·Always get a written estimate

before any work is done. •Tell the mechanic to call you in advance if additional work is needed.

•Ask to have the old parts returned to you.

•Get everything in writing, including an explanation of the difference between the estimate and

**Medicare Supplement Nursing Home Care Home Health Care** Easy Issue Life Insurance To age 85, No Physicals

**Hess Hartsfield** Hartsfield Agency 864-2665

# We've set the standard for **Cancer** Care in the Big Country since 1982.

#### and with it came a commitment to cancer care that hasn't been equaled since.

When Dr. Hirsch affiliated with Texas Oncology, P.A., he fulfilled his longstanding goal to bring state-of-the-art cancer care to the people of the Big Country. Since that time, Dr. Hirsch's practice has grown to include Ralph Heaven, M.D., board certified in hematology and oncology and Anton Melnyk, M.D., board certified in hematology and oncology, also the only M.D. Anderson-trained oncologist in Abilene. Board-certified radiation oncologist Stephen Sorgen, M.D. joined the practice in May, rounding out the full array of care to include both medical and radiation oncology.

The new Texas Cancer Center-Abilene South opened May 27. The new center is located at 1957 Antilley and will provide high quality cancer treatment, including radiation therapy.



experienced in brachytherapy and dosimetr

As part of our on-going committment to provide cancer care close to home, a new office has opened in Haskell, offering the following services:

■ chemotherapy ■ lab service ■ clinical research ■ patient education ■ community resources To find out more about how we're growing bigger to serve you better call us at 1-888-783-8386 We are currently treating patients at: Haskell Memorial, 1 North Avenue N, Haskell (new patients by referral, existing patients by appointment by calling 1-888-783-8386) Texas Cancer Center-Abilene South, 1957 Antilley Road, 692-0188 Texas Oncology, 1100 North 19th, Suite 1A, Abilene, 672-4368



Texas Oncology, P.A.

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Page 10-Thursday, August 21, 1997-The HASKELL FREE PRESS



## Haskell School Menu

#### Aug. 25-29 Breakfast

Juice or fruit and milk are served daily on the breakfast menu. Monday: Cereal, cinnamon roll **Tuesday:** Breakfast burritos Wednesday: Pancakes/syrup Thursday: Biscuits/gravy, sausage Friday: Cereal, toast/jelly

Lunch

A choice of baked potato with choice of topping or a salad bar are offered daily at the High School.

Milk and juice are served daily at the Elementary School Monday: Beef Nachos, pinto beans, cornbread, diced pears Tuesday: Chicken and spaghetti, fried okra, tossed salad, hot rolls, sliced peaches Wednesday: Corn dog, macaroni/cheese, pickle spears, fruit cocktail Thursday: Pizza, cole slaw,

seasoned corn, frosted jello Friday: Hamburger, curly fries, hamburger trimmings, cookie

# This Week's Devotional Message: IF THERE IS NO CHURCH OF YOUR CHOICE, FIND ONE

ou are repeatedly urged, with many compelling arguments, to attend the Church of your choice. However, like many others, you may never have had occasion to make that choice; for a variety of reasons. Perhaps your parents were of different faiths, an increasingly common occurrence; or else they somehow drifted away from any close religious ties and

### ATTEND CHURCH THIS SUNDAY

**Greater Independent Baptist** 

Church

Rev. Camellia Wade, pastor

Sun. Morn. 9:30 a., 11:00 a., 6:30 p.; Wed. 7 p.

301 N. 3rd St., Haskell

**New Covenant Foursquare** 

Freddy Perez, pastor

200 S. Ave. F, Haskell

**Mission Revival Center** 

Rev. William Hodge

1600 N. Ave. B, Haskell

**First Baptist Church** 

Jim Turner, pastor

301 N. Ave. E, Haskell

Church in the Park

Rev. Tim and Suzann Townsend

Sun. Morn. 10:30 a.m. Wed. 7 p.m.

**Gazebo or Pavillion** 

-PAINT CREEK-

**Paint Creek Baptist Church** 

Sun. Morn. 10:00 a.m., 11:00 a.m., 6 p.m.

**Paint Creek** 

**First Baptist Church** 

Joel Rister, pastor

Weinert

Weinert Methodist Church

-WEINERT----

-HASKELL-**East Side Baptist Church** David Page, pastor Sun. Morn. 9:45 a.m., 10:55 a.m. 6 p.m.; Wed. 7 p.m. 600 N. 1st East, Haskell **Christian Church** Dusty Garison, minister Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m. Sun. Morn. 10 a., 11:00 a., 6:30 p.; Wed. 7 p.m. 107 N. Ave. F, Haskell Church of God Eric Clark, pastor • 864-2021 Sun. 9:45 a.m., 11 a.m., 6 p.m., Wed. 7:00 p.m. Sun. Morn. 10 a.m., 11 a.m., 6 p.m.; Tues. 6 p.m. East Hwy 380, Haskell **Trinity Lutheran Church** Gary Bruns, pastor Sunday School 9:30 a.m., Worship 10:30 Sun. Morn. 9:45 a., 10:55 a., 6 p.m.; Wed. 7 p.m. Hwy 380 East, Haskell Iglesia Bautista El Calvario Vergil Smith, interim pastor Sun. Morn. 9:45 a., 10:45 a.m., 6 p.m.; Wed. 7 p.m. 607 S. 7th, Haskel **First United Methodist Church** Shane Brue, pastor Sun. Morn. 9:45 a.m., 10:50 a.m. 6 p.m.; Wed. 6 p.m. 201 N. Ave. F, Haskell **First Assembly of God** Rev. J.C. Amburn Sun. Morn. 9:45 a., 10:45 a.m., 6 p.m.; Wed. 7 p.m. 1500 N. Ave. E, Haskell St. George Catholic Church Sun. Morn. 10:00 a., 11:00 a., 6 p.; Wed. 7 p.m. Father Michael Melcher Sat. Mass 7:15 p.m.; Sun. Morn. 9:00 a.m. 901 N. 16th, Haskell **Church of Christ** 

did not find room in their lives for Church attendance, or Sunday school for their children. Nevertheless, it's not too late! Find the Church directory in this newspaper or your telephone book and, beginning next Sunday, go to a different Church each week until you find one that's right for you. These will be the bestspent hours of your life, because you will see the whole course of it change for the better.

#### **Union Chapel Baptist Church** Rev. Andrew Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m. Rochester Faith Chapel of Rochester Katherine Byrd, minister Sun. Morn. 10 a.m., 11 a.m., 7 p.m. Hwy 6, Rochester **First United Methodist Church** Dolan Brinson, pastor Sun. Morn. 10:00 a.m., 11:00 a.m. Rochester

-SAGERTON-Sagerton Methodist Church **Daniel Ramey**, pastor Sun. Morn. 9:30 a.m. Sagerton Faith Lutheran Church

Jeff Zell, pastor Sun. Morn. 9:15 a.m., 10:30 a.m.; Wed. 7 p.m. Sagerton

-RULE-**First Baptist Church** Troy Culpepper, pastor Sun. Morn. 9:45 a., 11:00 a., 6 p.m.; Wed. 7 p.m. 1001 Union Ave., Rule **Primitive Baptist Church** Dale Turner Jr., pastor First & Third Sundays 10 a.m. Corner of 8th & Robins, Rule **Church of Christ** John Greeson, minister Sun. Morn. 9:45 a., 10:40 a., 6 p.m.; Wed. 7 p.m.

# Food for thought

#### by Charles H. Spurgeon "The foundation of God standeth sure."

2 Timothy 2:19 The foundation upon which our faith rests is this, that "God was in Christ reconciling the world unto himself, not imputing their trespasses unto them." The great fact on which genuine faith relies is, that "the Word was made flesh and dwelt among us," and that "Christ also hath suffered for sin, the just for the unjust, that he might bring us to God", "Who himself bare our sins in his own body on the tree"; "For the chastisement of our peace was upon him, and by his stripes we are healed."

In one word, the great pillar of the Christian's hope is substitution. The vicarious sacrifice of Christ for the guilty. The vicarious sacrifice of Christ for the guilty, Christ being made sin for us that we might be made the righteousness of God in him, Christ offering up a true and proper expiatory and substitutionary sacrifice in the room, place, and stead of as many as the Father gave him, who are know to God by name, and are recognized in their own hearts by their trusting in Jesus-this is the cardinal fact of the gospel.

If this foundation were removed, what could we do? But it standeth firm as the throne of God. We know it; we rest on it; we rejoice in it; and our delight is to hold it. to mediate upon it, and to proclaim it, while we desire to be actuated and moved by gratitude for it in every part of our life and conversation.

In these days a direct attack is made upon the doctrine of the atonement. Men cannot bear substitution. They gnash their teeth at the thought of the Lamb of God bearing the sin of man. But we, who know by the experience the preciousness of this truth, will proclaim it in defiance of them confidently and unceasingly. We will neither dilute it nor change it, nor fritter it away in any shape or fashion. It shall still be Christ, a positive substitute, bearing human guilt and suffering in the stead of men.

### **Community-wide supper** planned in Weinert Aug. 24 church. Deacons will serve the

meal.

around Weinert.

A community-wide brisket supper will be held in the church yard of Weinert First Baptist Church on Sun., Aug. 24 at 7:00 p.m. The menu will include brisket cooked by new pastor Joel Rister and family, along with peach cobbler and all the trimmings, furnished by members of the

# **Rochester First Baptist sets** revival Aug. 31-Sept. 3

The First Baptist Church in Rochester will host a true-Texas style revival service Aug. 31 through Sept. 3 with motivational and youth conference speaker, Jon Randles from Lubbock. Bro. Randles has participated in such collegiate work with the football teams of the University of Nebraska, Oklahoma, Hardin-Simmons, and Texas A&M, Kingsville, plus serving as a regular team member of the Texas Tech program in Lubbock.

There is no charge for the event

and everyone is urged and invited to

come eat, welcome new-comers to

the community and enjoy visiting

old friends. It will be an evening of

food, fun, folks and buggy rides

The worship/revival hours are Sun., Aug. 31 at 11 a.m. and 6 p.m. and Mon. through Wed., Sept. 1-3 at 7 p.m. A nursery will be provided for babies and toddlers. For more information, call the church at 743-3520.

# **ECC Calendar and Menu**

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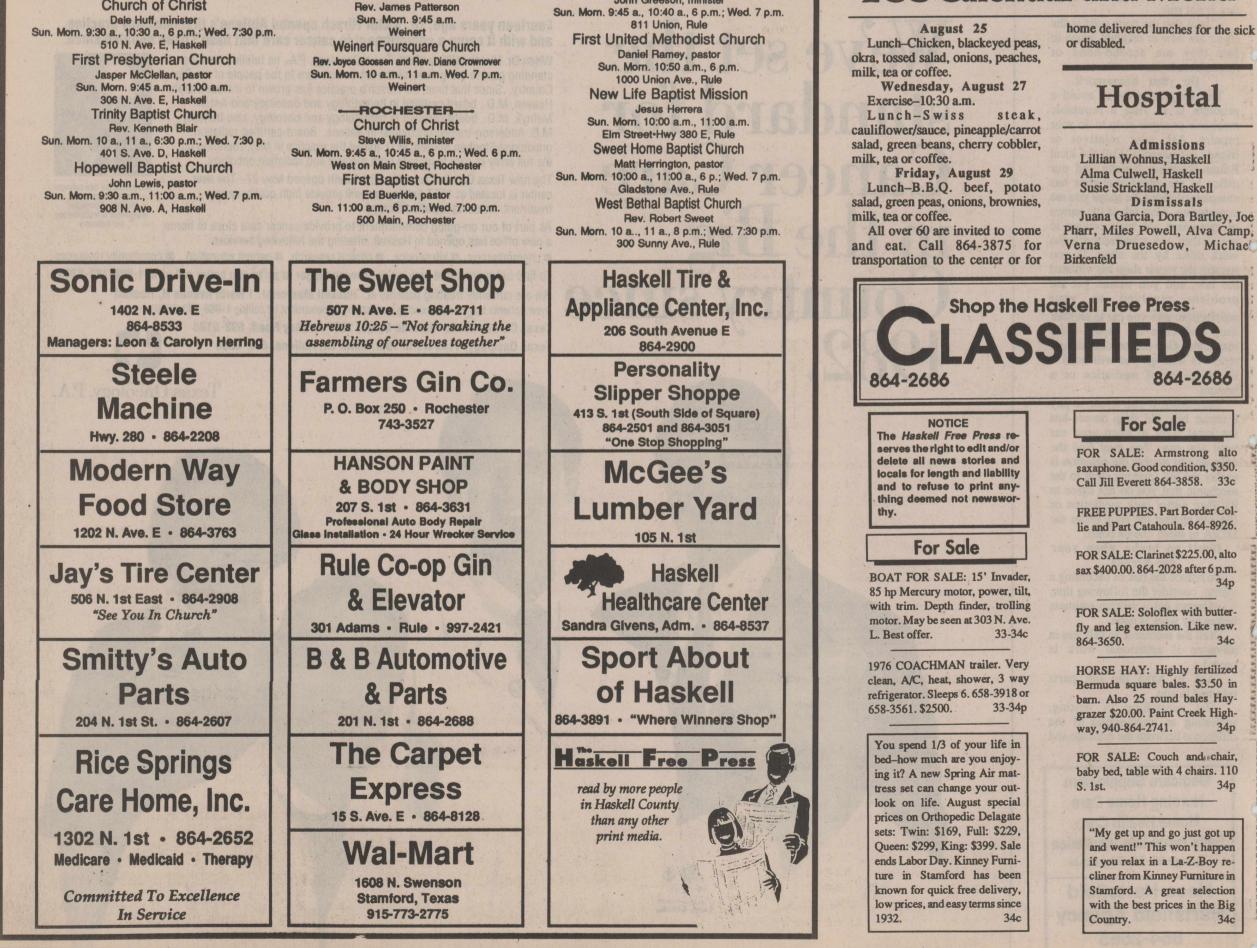
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The HASKELL FREE PRESS-Thursday, August 21, 1997-Page 11



# **Shop The Haskell Free Press** CLASSIFIEDS

ALL DEADLINES MONDAY 5 P.M.

room, 1 bath, brick house in Has-

HOUSE FOR SALE: Nice brick.

1303 N. Ave. F. Reduced. 915-

HOUSE, LAND, Shop/barn. 2.9

acres. SE edge of Haskell city

limits. 940-864-3459. 31-34p

FOR SALE: 70 acres 5 miles

south of Haskell. 100 acres 5 miles

west of Haskell. \$400 acre. David

Burson, 505-627-8307 days or

home in Addison addition. 1607

Derrick Dr. 3 bedroom, 2 bath,

double garage. Approximately

1550 sq. ft. \$79,900.00. Building

lots for sale with financing avail-

able. Call Robert Tribbey 864-

FOR SALE: 154 acres. 5 miles

west Haskell. All cultivation.

Good productivity. 940-864-

FOR SALE: Lake cabin at Veda's

HOUSE FOR SALE: 2 bedroom,

1 1/2 bath, water well, double car-

and Summer 33-34c

Camp. Call 940-864-2087.

port. 605 N. 6th. 864-3497.

2238 or 864-3301.

3476.

505-627-0059 nights.

yard. Call 864-6108.

735-2380.

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#### **For Sale**

ROUND HAY bales for sale: \$20.00 each. 864-2424 or 864-32-35c 2718.

"Time and tide wait for no man!" We are not concerned with tides here in West Texas, but time is very important in the \$399 sofa, \$369 love seat, and \$569 queen sleeper sale that starts today at Kinney Furniture in Stamford. For 10 days only (until Labor Day) we are offering these sturdy, handsome living room pieces in attractive fabrics, and good looking styles at unheard of prices. They sit good too! Take a look at these pieces in our show windows and see for yourself what extraordinary values we have. If you are going to need a sofa, love seat, or queen sleeper this fall, now is the time to place your order. Yes, we offer quick, free delivery to Haskell County. Questions? Call us free at 1-800-256-2232. Open anytime by appointment. 34c

#### **Garage Sales**

GARAGE SALE: Clothes, dishes, tools, misc. Sat. 7 til noon. 1007 N. Ave. L. 34p

GARAGE SALE: Fri. & Sat. Old antique bottles, insulators, rototiller, 2 old desks, coffee table, clothes, shoes and other misc. Highway 6, Rochester. 34c

#### GARAGE SALE: Fri. & Sat. 910 N. Ave. K. 8 til 3. 34c

MOVING SALE: Over 1000 sq. ft. good used carpet; used wall oven and counter cooktop; end table, wood settee, cabinet stereo, weight bench, clothes and lots of odds and ends. Fri., 6 p.m. to 8 p.m.; Sat. morning 8 a.m. to noon. East of City limits at Cofield's residence. 340

GARAGE SALE: Furniture, lots of misc. 1021 N. 6th St. All week or

### **Cars For Sale**

FOR SALE: 1989 Cutlass SE. See at Mike's Garage across from Conoco or call 864-2087 or 864-2422. 33-34c

FOR SALE: 1986 Mercury Marquis. Excellent condition. 864-3917. 34-35c

#### **Jobs Wanted**

HOUSE LEVELING. Floor bracing. Free estimates. References. Call 915-675-6369 anytime. 19tfc David Lee.

SHREDDING, CRP and grass; plowing. Call David days 864-2607 or 864-3340 nights. 22tfc

I WILL DO babysitting in my home. Jane Green 864-3237. 34c

### Wanted

CASH PAID for old lever action Winchester rifles, Colt pistols and most other guns and western memorabilia. A. C. Richardson at store Hwy. 277 N. 12tfc

NEED: Small acreage. 20 to 300 acres. 864-3394. 34-35c

WANT TO BUY: Water bed. Phone days 864-3320 or nights 864-2838. 34c

#### **Help Wanted**

**CORNERSTONE** Home Health Agency is now accepting applications for PRN LVNs. Areas include Munday, Haskell, Stamford, Seymour and Throckmorton and surrounding communities. For application or information, contact Cornerstone Home Health at 940-422-4512 or 1-800-321-7757. 33-35c

THE KNOX CITY-O'Brien School is accepting applications for Maintenance/Transportation Supervisor. Applicants may apply at the administration office at 606 East Main Street, Knox City, 33-34c Texas.

### **Help Wanted**

CONSULTANT/SOCIAL FOR SALE OR RENT: 3 bed-WORKER: Long-Term Care Fa- room, 1 bath, new central heat/air. cility, has position for exceptional 1100 N. Ave. E. 864-3104. 31tfc consultant. Flexible hours and

schedule. Please telephone 940-658-3543 or fax 940-658-5068 Administrator, Brazos Valley Care Home, Knox City, Texas 79529.

**CERTIFIED NURSE-AIDE: Cer**tified Nurse-Aide position available for enthusiastic, dedicated individual at Brazos Valley Care Home. Please apply in person at 605 South Avenue F, Knox City, TX 8:30 a.m. to 5 p.m., Monday through Friday. 29tfc

LVNs, CNAs. We are interviewing reliable professionals for the following: LVNs, FT, (relief, evenings and nights). CNAs, FT, (call for details). Good wages, benefits and a friendly work environment await you! Apply at Haskell Healthcare Center, 1504 N. First

For Rent

St., Haskell, 864-8537, EOE.

bedroom mobile home. CH/A. 864-3762.

bedroom apartment. Central air. 864-3762.

bedroom house, central air. 864-3762. 34c

Come to 107 N. Ave. C. Rock house behind M-System. from 8 33-36p a.m. to 7 p.m. only.

nished house. 940-864-2647 or 864-3504. 34tfc

backyard. 864-3434. 34p

FOR RENT: 1 1/2 story 3 bedsecurity deposit \$200.00. Refer-

#### For Rent **Public Notices**

25tfc

31tfc

32-35c

32tfc

33-40p

34-35p

NOTICE Haskell County Commissioners' will accept bids until 10:00 o'clock A.M., August 26, 1997 at the Office of County Judge in the Haskell Courthouse, Haskell, **Real Estate** Texas to buy a used Mack truck,

for Precinct #1 with the following specifications: 1987-1990 Mack Truck, Model RD 688 or 690, Camel well, central A/C & heat. Fenced Back Suspension, Suspension-10tfc 38000 or greater on rear and 12000 front, 6 speed Mack transmission, 188 to 205 wheel base, bud wheels (no spoke wheels).

> Contact Commissioner Bill Hester for more information. Telephone number 940-864-4581.

Haskell County reserves the right to accept or reject any or all 33-34c bids.

#### NOTICE

I, Joseph Clyde Williams, would like it to be known that I will not be responsible for any debts incurred by Annie S. Williams or any one 34p else.

#### NOTICE

Pursuant to section 152.905 of the Local Government Code of the State of Texas, a public hearing will be held to set the annual compensation of the Official Court Reporter of the 39th Judicial District, at Haskell, Texas, in the **District Courtroom on September** 12, 1997, at 10:00 p.m. 34c

#### NOTICE

**The Haskell County Country** Club 19th Hole has applied to the Texas Alcoholic Beverage Commission to renew their Private Club permit at **Country Club Road North** Side 1.5 miles East int. Hwy 277, Haskell, Haskell County, Texas. James Markey-President, Eddie Medford-Sec.-Treas., David Jim Strickland-Vice Pres. 34-35c



864-2686

The family of Rufus Schmidt thanks relatives, friends, Pastor Gary Bruns, Ruth Ann Klose, Ann Decker, Trinity Lutheran Church, Holden-McCauley, Funeral Home and all employees of Rice Springs Care Home. Thanks for the flowers, cards, food, comforting words and visits. He will be greatly missed as a loving husband, father, and grandfather.

God bless you all,

**Elvira Schmidt** Alvin Schmidt and family Milton Schmidt and family Edith and John Paul Leek **Derrel Schmidt** 



Hartsfield **Insurance** Agency 417 S. 1st St. Haskell, TX 79521

**HISTATE** 

ou're in good hands

COUNTRY HOME FOR SALE on 20.4 acres. 4 bedroom, 3 bath, satellite system, water well, sprin-FOR RENT: 101 N. 3rd. Nice 2 kler system, barn, cellar. Lots of extras. 864-2718 or 864-2424. 34c FOR RENT: 604 N. 3rd. Nice 2 FOR SALE: New energy efficient

FOR RENT: 202 N. Ave. D. One

HOUSE FOR RENT: 3 bedroom.

FOR RENT: One bedroom fur-

FOR RENT: 201 N. Ave. M. 3 bedroom house, 2 carports, fenced

room, built-ins, privacy fence,

FOR SALE BY OWNER: 3 bed-29tfc kell. Metal storage building, water



Page 12-Thursday, August 21, 1997-The HASKELL FREE PRESS

### **Sagerton News** By Dorothy M. Clark

We're enjoying the cooler weather and as usual, have been feasting at various functions. It can certainly be said of the folks of Sagerton...we are well nourished! But, along with all the eating, we enjoy visiting with our neighbors.

The regular monthly ladies breakfast was held at the community center Wednesday morning with Dorothy Toney, **Peggy Tabor and Odene Dudensing** preparing the meal. Others in attendance included Hazel Letz, Edna Diers and Anita Dozier of Old Glory and Sagerton ladies Mary Neinast, Helen Lehrmann, Yvonne Swofford and Joyce LeFevre.

The monthly men's breakfast was held at Faith Lutheran Church Friday morning with Lewis Corzine, Marchel Nauert and Marvin Stegemoeller as chefs. Those enjoying the early morning devotion and fellowship were Clarence Teichelman, Gene Teichelman, Ronnie Teichelman, Alvin Bredthauer, Carl Lunn, Clancy Lehrmann, Clayton Stegemoeller, J.B. Toney, Dean Quade, J.F. Dozier and Pastor Jeff Zell.

The ladies of Faith Circle met in the home of Dorothy Toney for their regular monthly meeting with Barbara Nauert hostess. Dorothy Toney led the topic discussion for the day. Others present were LaVerne Stanhope, Helen Lehrmann, Odene Dudensing, Mary Neinast, Izabell Mrazek and Freida Knipling. Joining the group later were J.B. Toney, Pastor Jeff Zell and Marchel Nauert.

Frances Clark and Mozelle Manske have returned from a trip to Houston where they visited with Ladain Anderson, Louise Busby, Gail and Ben Dyer, and to Anahuac where they spent some time with Grady and Helen Laughlin and Dick and Marlene Swope. They were glad to return to our slow-paced traffic and safe country living.

Jack and Peggy Tabor hosted a family barbecue at their home Saturday in honor of their son, Jim,

who graduated from Texas State Technical College in Sweetwater. Family members coming for the event were Bill, Denise, Amberly and Miranda Tabor of Austin,

Vanessa, Larry, Hawk and Hunter Griffin of Little Elm, Bobby and Regina O'Neal of Rochester, Judy and Maxey Thompson of Colleyville, Bill Tabor and Wanda Hartgraves of Sweetwater and John L. Brooks. Congratulations to Jim. He plans to be working in Austin in computer networking.

G.W. and Ophelia attended the funeral services for his sister-inlaw, Mrs. Earl LeFevre of Odessa. They had just visited in Sagerton a short time ago. She died of a massive stroke at her home. We extend our sympathy to G.W. and Ophelia.

Melvin and Annella Baitz, Bill and Margie Hertel and Kenneth and Eloise Hertel of Hamlin went to Coleman, Oklahoma last weekend for the sixtieth wedding anniversary party honoring Johnny and Kathryn Hertel. The dinner and reception was hosted by the children and grandchildren of the couple. Johnny is the brother of the late Alfred and Carl Hertel and Kathryn is the sister of the late Lee Bivins. The family attended church in Sagerton at Zion Lutheran many years ago. Congratulations to the couple.

Joe and Dorothy Clark and Ray and Nancy Clark of Stamford were in Valley View Saturday for the housewarming party at Don and Patsy Bivins. The Bivins family hosted a thank-you picnic and party for all the people that had a hand in helping them after their home was destroyed by a fire last Christmas Day. A large group of friends and relatives enjoyed the afternoon of games, food and fellowship and Don, Patsy, Tom, and Emmalee expressed their thanks to all their many friends who helped make the day possible. They still have much work to do on their house, and they look forward to its completion in the not too distant future.

### **Paint Creek High School scholarship** recipients



**AMY BARBOUR** \$3600-C. J. Davidson, sponsored by Texas Assn. of FHA 1 year tuition-Valedictorian

and

**ERIN MONGRAIN Barnes Trust to Clarendon Jr. College** 

### Use caution when co-signing

by Lou Gilly Haskell Co. Extension Agent

Now is the time for graduates headed to college to ask their parents for a helping hand with finances for a new car or house. Extension family economics specialist Dr. Lynn White says parents need to consider the consequences before agreeing to cosign a loan. The loan shows up as a liability for the cosigner and may affect future borrowing potential.

White says three out of four times, the co-signer gets stuck with the payment. She says there are better ways to help a loved one without adding to your indebtedness.

She says showing them how to build their own credit reference through credit cards or smaller loans that can be paid off in a month or two is more beneficial in the long run. Even utility and phone bills can help a person establish credit on their own.

# Early detection can minimize complication of diabetes

People over age 40 who are at high risk of diabetes should be tested yearly for the disease even if they don't have symptoms, says a diabetes expert at Baylor College of Medicine in Houston.

"By diagnosing diabetes before symptoms develop, physicians can intervene sooner with medication and recommend life-style changes to minimize the complications of this potentially deadly disease," said Dr. Alan J. Garber, Baylor professor of medicine.

This new emphasis on detecting diabetes before there are such symptoms as frequent urination and extreme thirst and hunger may help researchers determine whether borderline cases can be prevented from developing into full-blown diabetes, Garber said.

Most of the 16 million Americans with diabetes have type II diabetes, also known as adultonset diabetes or non-insulindependent diabetes mellitus. Either their bodies don't produce enough insulin or the insulin that is produced is not completely effective.

Over time, this results in high levels of blood vessels, leading to heart disease, stroke, blindness, kidney failure, impotence, circulatory problems and nerve damage. The disease can also complicate pregnancy and increase the risk of birth defects.

'More than half of the newly diagnosed diabetics already have heart disease," said Garber, chief of endocrinology, diabetes and metabolism at The Methodist

Hospital. "So the more risk factors you have, the more urgent it is for you to be tested for diabetes every year after you turn 40, through measurements of your blood-sugar levels after fasting or even a glucose-tolerance test."

**Risk factors include:** •A family history of diabetes

•Obesity—especially being more than 30 percent over the standard body weight for your height

•Age-people over 50 being at greater risk

•Ethnic background-Hispanics,

African-Americans and American Indians are more likely to develop diabetes and run a greater risk of complications.

Diabetes is best treated through a combination of diet, exercise and medication.

In the past, medications for diabetes focused on getting the pancreas to secrete more insulin. But newer medications overcome the cells' resistance to insulin already produced so that the pancreas is not overburdened to secrete more.

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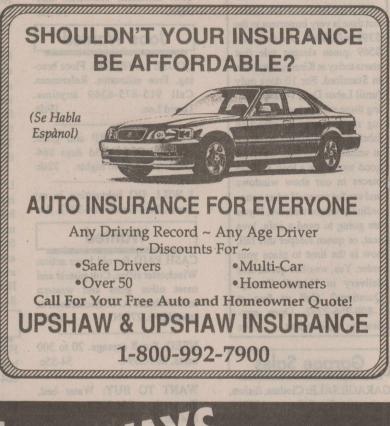
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#### prevent illnesses Cook and handle foods properly to

#### by Lou Gilly

Cookouts on a grill are a favorite activity of the summer season. Often, during this season, family sport-type activities, family or social events or vacation events

\*Shopping for foods. When shopping for meat, poultry and seafood for cookouts, put them in the shopping cart last. When available use the plastic bags usually available in these departments to corral these

recommend to marinate foods to be grilled, either to tenderize or to flavor. Always marinate foods in the refrigerator, not on the kitchen counter. It's best not to reuse marinade that has been used for raw meat, poultry or fish.

involve transporting, preparing and serving foods. Safe food handling practices are important to prevent the incidence of foodborne illness.

Warm weather temperatures are ideal for dangerous bacteria to grow if safe food handling guidelines are not followed. Following are suggestions for keeping grill-out foods safe.

products, so juices from raw products won't drip on other foods. Juices from these raw products may contaminate other products. For storage until cooking, store these products on the lowest shelf of the refrigerator so raw juices won't drip on other foods.

\*Marinating. Some recipes

Thawing and precooking. thawing in the refrigerator is the safest way. Food may be thawed and then partially cooked in the microwave prior to grilling. Food safety precautions recommend that these products be immediately and thoroughly cooked after thawing or precooking, with no interruption between defrosting and cooking.

