

Speak your mind: Relief route hearing Tuesday

By THOMAS JENKINS
Staff Writer

Area residents will get a chance to provide their input on a proposed truck reliever route Tuesday evening, as the Texas Department of Transportation hosts a public meeting concerning future construction.

The forum, which is slated for 6:30 p.m. at the Dora Roberts Community Center, will discuss the

Trans-Texas Corridor, an effort designed to help the state survive its transportation growing pains.

"The doors will open at 6:30 p.m. so people can come in and look at some of the drawings and schematics we have set up for the proposed route," said Matt Evans, a transportation engineer with TxDOT. "The meeting itself will start at 7 p.m."

"We're really hoping

"We're really hoping people will come out and provide us with their input on this project, especially those people living south of Big Spring near the Buffalo Fina."

—Matt Evans, TxDOT engineer

people will come out and provide us with their input on this project, especially those people living south of Big Spring

near the Buffalo Fina. This route could change the way they get around." The Big Spring route, which would alleviate the

congestion anticipated as a result of the corridor effort by taking truck traffic around Big Spring and away from Gregg Street, received \$7,320,000 from federal funding in 2005, accounting for approximately 10 percent of the route's \$70 million cost.

Evans said letters have already gone out to land owners who may be in the path of the route.

"We want people to be

able to see it now," said Evans. "That way there's no big surprises later. The route is not locked in at this point, and information from the people in that area could have a tremendous impact on where we go from here."

Evans said it's currently unclear when the project will be "set in stone."

"Input from the public plays such a vital role in

See ROUTE, Page 3A

Budget

\$2.7 trillion proposal leans to defense at home and abroad

By MARTIN CRUTSINGER
AP Economics Writer

WASHINGTON — President Bush is sending Congress a \$2.7 trillion spending plan that provides big increases for the military and homeland security but squeezes many other government programs in an effort to get soaring deficits under control.

Bush hopes to use the election-year budget to get his domestic agenda back on track after a frustrating year in which Congress spurned his top domestic priority of overhauling Social Security in advance of the retirement of 78 million baby boomers.

The plan, for the budget year that begins next Oct. 1, seeks to address more immediate voter concerns about soaring energy and medical bills and worries about the loss of America's economic edge to global competitors such as China and India.

People lined up in the cold outside the Government Printing



Courtesy photo
President Bush is sending Congress a proposed budget that is strong on defense.

Office several blocks from the Capitol to buy the massive four-volume budget documents, this year wrapped in a green and beige cover.

Even before the documents were released, Democrats were attacking the plan's call for \$36 billion in Medicare cuts over five years. Senate Minority Leader Harry Reid, D-Nev., said that

See BUDGET, Page 3A

SCOUTS GATHER FOOD



Stormy Emery, left, and Daniel Budke sack canned goods they collected during the annual Boy Scouts Food Drive Saturday morning.

Herald photo/Steve Reagan

Valentine's Day shopping made easy by volunteers

It's time again for state hospital's fund-raiser to benefit patients

By VALERIE AVERY
Special to the Herald

Valentine's Day shopping at the Big Spring State Hospital Community Relations office can make two groups happy: your sweetheart and the hospital's patients.

The shopping has been sim-

plified for anyone who is short on time: just call, place your order, pay for the item through the mail, and the volunteers will hand-deliver the item at no extra cost.

"We really have worked on simplifying the process and catering to as many tastes and needs as possible," said co-

chairman Shirley Bodin. "We have items appropriate for a co-worker, a cherished friend, a relative, or a loved one. And you can't beat the prices."

The cost of the items range from \$10 to \$35 and delivery is included in the purchase price, said co-chair Dorothy Sheppard.

Deliveries will be made Tuesday, Feb. 14.

The Valentine's Day program is the second largest fund-raiser for the patients at Big Spring

State Hospital, said Billie-Christie-Morgan, Big Spring State Hospital director of community relations.

The Texas Department of State Health Services pays for patient care but any extra items, such as clothing, personal grooming items and special events must come from private donations.

"The state pays for patient care, but we have found that the small extra items, such as the Fall Festival and the

Summer Fun Day and birthday parties assists in their treatment to a great extent."

The popular singing telegrams will be available for Valentine's Day, and purchasers can choose the song, and where and what time the telegrams will be delivered.

"We have had them ordered to be sung just about everywhere," Sheppard said. "Nursing homes, restaurants,

See GIFTS, Page 3A

INDEX

Classified 3-5B
Health 6A
Obituaries 2A
Opinion 4A
Sports 1-2B



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TO YOUR HEALTH

When the government spelled out new dietary and fitness guidelines last year — calling for up to 90 minutes of exercise per day for those trying to maintain a weight loss — a lot of Americans were ready to throw in their gym towels.

But experts say the message got lost in the backlash. Yes, those who have lost a radical amount of weight need to put in extra time to keep from gaining it back. But that doesn't mean the average person requires an hour and a half per day. Instead, there is a sort of minimum daily requirement for exercise — if your goal is to lessen the risk of chronic disease.

See Page 5A

WORKSHOP COMING

MP Productions, a specialized leadership training company for the law enforcement industry, will present a two-day workshop, "Developing Effective and Successful Leaders — Learning How to Coach and Develop Generation X and Y" Feb. 8 and 9.

The workshop, which will be hosted by the Big Spring Police Department, is designed to help law enforcement agencies overcome challenges in cultivating new leaders.

The program is open to municipal, state and federal law enforcement employees. For more information or to register, contact MP Productions at 646-519-7400.

CONTEST WINNERS

Three individuals tied to win the Big Spring Herald Super Bowl contest. Each picked Pittsburgh as the winner and predicted 35 points would be scored in the contest. Pittsburgh won the game over Seattle, 21-10.

Because of the tie, a drawing was held to determine places. Donald R. Douglass of 113 Hooser Road won first place, \$25. Second was Sherry Warden of 1608 Bluebird, \$15. Third was Mike Evans, 705 Craigmont, \$10. Sponsors were 87 Auto Sales, John Wesley's Pick Pocket Billiards, Mom & Pop's Tattoo Shop & Body Piercing, 700 Auto Sales and Domino's Pizza.

Obituaries

Camilo T. Ramirez Sr.



Camilo T. Ramirez Sr., 76, of San Angelo, formerly of Big Spring, died Friday, Feb. 3, 2006, at his residence. Funeral services will be held at 11 a.m. Tuesday, Feb. 7, 2006, at the St. Thomas Catholic Church with the Rev. James Plagens officiating. Interment will follow in Mount Olive Memorial Park. A vigil service will be held Monday, Feb. 6, 2006, at 7 p.m. at the Nalley-Pickle & Welch Rosewood Chapel.

He was born Oct. 5, 1929, in Del Rio and married Evelia Castaneda. He served in the United States Army from Dec. 8, 1950, until Dec. 2, 1952, and worked for civil service at Webb Air Force Base, the Big Spring VA Hospital and Goodfellow Air Force Base for a total of 30 years service. Upon retiring from civil service he worked for the City of San Angelo Transit System as a bus driver for four years.

Camilo enjoyed working on cars, doing carpenter work and enjoyed being just a handy-man.

He was a Catholic.

Survivors include his wife, Evelia Ramirez of San Angelo; two sons, Felipe Ramirez and wife, Carmen of San Antonio and Camilo Ramirez Jr. and wife, Cindy of San Angelo; four daughters, Rachael Amaya of San Antonio, Tammy Bauer and husband, Tom of Frisco, Araceli Hernandez of Laredo and Bernice Ramirez and husband, Randy Moya of San Angelo; one brother, Felipe Ramirez Jr. of Dallas; two sisters, Guadalupe Gonzales and Teodora Ramirez, both of Big Spring; 13 grandchildren; and seven great-grandchildren.

He was preceded in death by his parents, Felipe and Teodora Ramirez, two brothers, Jose and Octaviano "Tano" Ramirez, one brother-in-law, Carmen Gonzales and one sister, Francis Carrillo.

Arrangements under the direction of Nalley-Pickle & Welch Funeral Home & Crematory of Big Spring. Online condolences can be made at www.npwelch.com.

Paid obituary

Sue Ann Miller Born



Sue Ann Miller Born, 70, of Big Spring died Saturday, Feb. 4, 2006, in a Midland hospital. Funeral services will be held at 2 p.m. Tuesday, Feb. 7, 2006, at the Nalley-Pickle & Welch Rosewood Chapel with the Rev. Donita Lea, pastor of the First United Methodist Church of Coahoma, officiating. Interment will follow at Mount Olive Memorial Park.

The family will receive friends from 6 p.m. until 7 p.m. today at the funeral home.

She was born June 28, 1935, in Big Spring and married Kenneth Born Oct. 15, 1954, in Lovington, N.M. He preceded her in death in 1972.

Mrs. Born was a lifetime resident of Big Spring and had worked as Chief Deputy of the Howard County Tax Assessors office from 1972 to 1995, when she retired.

She was a member of the First United Methodist Church of Coahoma, a member of the United Methodist Women, a member of Church Women United, was a pioneer member of the United Methodist Corps, a mission outreach group, and a member of the Wesley Sunday School Class. Sue was also a member of the American Business Women's Association.

Sue was a devoted mother, grandmother and great-grandmother. She loved her children very much. She was also a strong, pleasant and loving woman.

Survivors include one daughter and son-in-law, Kenda and Jack H. Jones of Big Spring; one son and daughter-in-law, Allan and Terri Born of Big Spring; one granddaughter and her husband, Anna and Gerald King of Big Spring; four grandsons, Brice Born, Justin Born and Chad Born, all of Big Spring and Jacoby Jones of Big Spring and his fiancée, Chelsey Pruitt of Sonora; one great-granddaughter, Ashton Beach of Big Spring; and a host of friends.

She was also preceded in death by her parents, Claude C. and Margaret Miller and one brother, Curtis Miller.

The family suggests memorials be made to the American Cancer Society Memorial Program, in care of Lucy Bonner, P.O. Box 2121, Big Spring 79721-2121 or the First United Methodist Church of Coahoma, P.O. Box 50, Coahoma 79511.

Arrangements under the direction of Nalley-Pickle & Welch Funeral Home & Crematory of Big Spring. Online condolences can be made at www.npwelch.com.

Paid obituary

Madeline Trees

Madeline Trees, 94, of Big Spring died Sunday, Feb. 5, 2006, in Odessa. Her services are pending with Nalley-Pickle & Welch Funeral Home & Crematory of Big Spring.

Mary Elizabeth McPeak

Mary Elizabeth McPeak, 81, of Big Spring, formerly of Lamesa, died Friday, Feb. 3, 2006, in Big Spring. Funeral services are Tuesday, Feb. 7, 2006, at the First Baptist Church Chapel in Lamesa with the Rev. Randy Hardman officiating. Burial follows in Lamesa Memorial Park.

She was born June 12, 1924, in Red River County and married Albert McPeak July 26, 1947, in New Boston. He preceded her in death in April 2005. She had been a resident of Lamesa since 1957, and moved to Big Spring in 2005 after his death. She worked as a cashier.

She was a loving and devoted wife, mother and friend.

She was also preceded in death by two brothers, Tommy Hardman and Robert Hardman Jr.

She is survived by her daughter, Gail Martin and her husband, Jimmy of Andrews; her son, Joe McPeak and his wife, Brenda of Big Spring; her brother, Harry Hardman of Avery; and four grandchildren, Nicole, Shana and Jamie Martin and Beau McPeak.

The family suggests memorials be made to the Senior Citizens in Lamesa.

Arrangements are under the direction of Branon Funeral Home in Lamesa.

Paid obituary

Willie D. Bateman



Willie D. Bateman, 66, of Big Spring died Saturday, Feb. 4, 2006, in a local nursing home. Funeral services are 10 a.m. Wednesday, Feb. 8, 2006, at the Nalley-Pickle & Welch Rosewood Chapel with the Rev. Kenneth Noble, chaplain for Home Hospice, officiating. Interment will follow in Mount Olive Memorial Park.

The family will receive friends Tuesday, Feb. 7, 2006, from 6:30 p.m.

until 7:30 p.m. at the funeral home.

She was born April 17, 1939, in Apple Springs and married Lloyd Bateman Oct. 20, 1956, in Greenville, Miss. He preceded her in death in 1982. She had lived in Big Spring since 1977. She was a Baptist.

Survivors include three daughters, Ginger Austin, Charlotte James and Carolyn Bateman, all of Big Spring; three sisters, Lena Mae Johnson of Pine Bluff, Ark., and Elaine Brantley and Nancy Hardie both of Dermott, Ark.; and 10 grandchildren.

She was also preceded in death by her parents, McDuffie and Ada Mae Steel, three sisters, Pauline Cessor, Mickie Strickland and Betty Zane Cessor and one brother, Nathan Steel.

The family suggests memorials be sent to the American Diabetes Association, Midland Office, 10 Desta Drive, Suite 220 E, Midland 79705.

Arrangements under the direction of Nalley-Pickle & Welch Funeral Home & Crematory of Big Spring. Online condolences can be made at www.npwelch.com.

David King

David King, 74, of Big Spring died Sunday, Feb. 05, 2006. Wake Services are 7 p.m. Tuesday at Myers & Smith Chapel. Funeral Mass is 2 p.m. Wednesday, Feb. 8, 2006, at Immaculate Heart of Mary Catholic Church.

He was born, Feb. 28, 1931, in Nueces County to Sol and Ann King and married Susan Craven in 1958 in Corpus Christi, and they came to Big Spring in 1966. He was professor at Howard College for 30 years and named Professor Emeritus after his retirement. He served as a police officer for the Big Spring Police Department and also served with the Howard County Sheriff's Department. He was a member of Immaculate Heart of Mary Catholic Church. He served in the U.S. Army in Europe.

He is survived by his wife, Susan King; one son, Bill King; one daughter, Elizabeth Treece, all of Big Spring; one brother, Roy King of South Texas; and four grandchildren.

Arrangements are by Myers & Smith Funeral Home. Pay your respects online at www.myersandsmith.com.

Lucille Proctor

Lucille Proctor, 86, of Colorado City, formerly of Big Spring, died Monday, Feb. 6, 2006, in the Mitchell County Hospital. Her services are pending with Nalley-Pickle & Welch Funeral Home & Crematory of Big Spring.

Take Note

• BSHS THEATRE DEPARTMENT PRESENTS THE 2006 WINTER REVUE "WE LOVE THE 80s" at 7 p.m. Feb. 9 in the high school auditorium. Tickets are \$3 for adults and \$2 for students. For more information, call the theatre department at 264-3641, ext. 165.

Bulletin Board

If you have items for the Bulletin board, contact the Herald news room at 263-7331 or email editor@bigspringherald.com

TODAY

• Take Off Pounds Sensibly (TOPS) No. 21 meets at 5 p.m. in the Dora Roberts Rehabilitation Center, 306 W. Third for weigh-in. The meeting begins at 5:30 p.m. Call 1-800-392-8677 or 263-0391 or 263-1758.

• Big Spring Band Boosters meet at 5:30 p.m. in the Big Spring High School band hall.

• Take Off Pounds Sensibly (TOPS) No. TX 1756 meets at 5:30 p.m. Monday in the 11th and Birdwell Lane Church of Christ. A different program is offered every week, and anyone 7 years old or older is welcome to attend. Please enter through the northwest door. Call 263-2786 for more information.

• Coahoma Lions Club meets at 6 p.m. in the Coahoma Community Center at 306 North Ave.

• Evening Lions Club meets at 6:30 p.m. in the La Posada Restaurant.

• Archeology Society for Howard and Borden counties meets at 7 p.m. in the Howard County Library Community Room in the basement. Call 270-2615 for more information.

• Prospector's Club work night begins at 7 p.m. at 606 E. Third.

• Big Spring Society of the Order of Beacients meets at 6:30 p.m. for a meal with meeting that begins at 7:30 p.m. at 221 Main.

• Big Spring Commandry meets at 7:30 p.m. at 221 Main.

TUESDAY

• Big Spring Rotary Club meets at noon in the Howard College Cactus Room, 1001 Birdwell Lane.

• The Big Spring Symphony Association Board of Directors meeting is at 5:30 p.m. at the symphony office, 808 Scurry.

WEDNESDAY

• Optimist Club meets at 7 a.m. in the Howard College Cactus Room, 1001 Birdwell Lane.

• Senior Circle meets at 10:30 a.m. at Scenic Mountain Medical Center for Sit and Be Fit Chair Aerobics. Those 50 years and older are invited to attend. Call 268-4721.

• Senior Circle meets at 11 a.m. at Scenic Mountain Medical Center classroom for Stretch and Tone. Call 268-4721.

• Downtown Lions Club meets at noon at the Howard College Cactus Room.

• Line dancing begins at 1 p.m. at the Spring City Senior Citizen's Center in the Industrial Park. Call 267-6966 or 267-1628.

• Duplicate Bridge Club meets at 1 p.m. in the Big Spring Country Club.

• Eagles Lodge Ladies Auxilliary meets at 7 p.m. in the Eagles Lodge, 703 W. Third.

THURSDAY

• Gideon International Big Spring Camp U42060 meets at 7 a.m. in Herman's Restaurant.

• Coffee Club meets at 10 a.m. in Gale's Sweet Shoppe.

• Kiwanis Club meets at noon in the Howard College Cactus Room, 1001 Birdwell Lane. Call 267-6479.

• Friends of the Library meets at noon in the Howard County Library, 500 S. Main.

• Big Spring Main Street meets at noon in the Railroad Museum located at Second and Main streets.

• American Legion Auxilliary meets at 6 p.m. at 3203 W. Highway 80.

• The Prospector's Club meets at 7:30 p.m. at 606 E. Third St. The public is invited to these meetings. For more information contact Lola Lamb at 263-3340 or Doyle and Virginia McClain at 263-8407.

Weather

Tonight...Mostly clear. Lows in the upper 20s. Light and variable winds.

Tuesday...Mostly sunny. Highs in the lower 60s. Southwest winds 10 to 15 mph.

Tuesday night...Mostly clear. Lows in the lower 30s. Light and variable winds.

Wednesday...Mostly sunny. Highs around 60. East winds around 10 mph.

Wednesday night...Mostly clear. Lows in the upper 20s.

Thursday...Partly cloudy. Highs in the lower 50s.

Thursday night...Partly cloudy. Lows in the mid 30s.

Friday...Partly cloudy. Highs in the upper 50s.

Friday night...Partly cloudy. Lows in the lower 30s.

Saturday...Partly cloudy. Highs around 50.

Saturday night...Mostly clear. Lows in the upper 20s.

Sunday...Mostly sunny. Highs in the mid 50s.

BIG SPRING HERALD

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The Big Spring Herald is a member of The Big Spring Area Chamber of Commerce, Texas Press Association, West Texas Press Association, Texas Daily Newspaper Association, The Associated Press.

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POSTMASTER: Send address changes to Big Spring Herald, P.O. Box 1431, Big Spring, TX 79721. Periodicals postage paid at Big Spring, Texas.

USPS 1431-48 USPS 0055-940 ISSN 0746-6811
BY THE MONTH HOME DELIVERY: \$8.65 monthly; \$93.42 yearly (includes 10% discount). MAIL SUBSCRIPTIONS: \$12.50 monthly Howard & Martin Counties; \$13.25 elsewhere.

A special tour for a special event

BirthPlace Tour: Monday, February 6 at 7:00pm

For over fifty years, little Midlanders and their families have counted on Midland Memorial Hospital... for life.

Meet us at the first floor lobby to take part in our special BirthPlace Tour. Visit our Postpartum, Labor, Delivery, Nursery, and our new Breast Feeding Shoppe, Beautiful Beginnings. Meet our outstanding staff and find out what to expect when your special time arrives.

The smallest details matter most to us. Labor, Delivery, Recovery, and Beautiful Beginnings in The BirthPlace at Midland Memorial Hospital West Campus.



MIDLAND MEMORIAL HOSPITAL
WEST CAMPUS
Count On Us. For Life.

4214 Andrews Highway 432-522-3260
www.midland-memorial.com

Police blotter

The Big Spring Police Department reported the following activity between 10 a.m. Saturday and 8 a.m. today:

- **RICHARD MCCUTCHAN**, 37, of 417 Westover Road, was arrested Saturday on two local warrants.
- **KEITH VINCENT**, 17, of 538 Westover Road Apt. 222, was arrested Saturday on a charge of driving while license suspended/invalid.
- **MANUEL ARMEN-DARIZ**, 32, of Abilene, was arrested Saturday on two local warrants.
- **JAY BILLINGSLEY**, 40, of 300 Tulane Apt. 4, was arrested Saturday on a charge of driving while license suspended/invalid.
- **ALFREDO RIOS**, 51, of 1000 E. 13th Street, was arrested Saturday on two local warrants and charges of driving while intoxicated - third or more offense and possession of a controlled substance.
- **ALBERT MARTINEZ**, 27, of 2503 Central, was arrested Saturday on a charge of driving while license suspended/invalid.
- **KYLE HUMPHRIES**, 23, of 1401 N. Highway 87 Apt. 604, was arrested Saturday on a charge of driving while license suspended/invalid.
- **DONALD KARAVATOS**, 17, of 413 Driver Road, was arrested Sunday on charges of possession of marijuana and tampering with evidence.
- **TROY CONNER**, 44, of 1802 N. FM 700, was arrested Sunday on a charge of driving while intoxicated - second offense.
- **BEVERLY ARMSTRONG**, 44, of 1105 Mulberry, was arrested Sunday and held for the HCSO.
- **DONNIE RODRIGUEZ**, 33, of 609 Holbert, was arrested Sunday on a charge of public intoxication.
- **ROBERT SANCHEZ**, 41, of Colorado City, was arrested Sunday on a charge of public intoxication.
- **OSCAR MIER**, 31, of 1201 Mulberry, was arrested Sunday on charges of evading arrest and public intoxication.
- **RICHARD HUCKABEE**, 45, of 1516 Stadium, was arrested Sunday on 12 local warrants.
- **SELESTINO HERNANDEZ**, 20, of 1115 Lloyd, was arrested Sunday on a charge of possession of drug paraphernalia.
- **ALBERTO FRANCO**, 53, of 407 Benton, was arrested Sunday on a charge of disobeying a police officer's order.
- **CHRISTOPHER DANTE RYAN**, 18, of 1304 Mount Vernon, was arrested Monday on a charge of possession of marijuana - two ounces or less.
- **DOMINIQUE XAVIER WILLIAMS**, 17, of 1501 Lincoln Apt. B., was arrested Monday on charges of possession of marijuana - two ounces or less and driving while license suspended/invalid.
- **THEFT** was reported:
 - in the 2900 block of Highway 80.
 - in the 2000 block of Gregg Street.
- **TAMPERING WITH EVIDENCE** was reported in the 1200 block of State.
- **POSSESSION OF A CONTROLLED SUBSTANCE** was reported in the 1200 block of 11th Place.
- **POSSESSION OF MARIJUANA - TWO OUNCES OR LESS** was

- reported:
 - in the 1200 block of State.
 - in the 1200 block of 11th Place.
- **CRIMINAL MISCHIEF** was reported:
 - in the 1500 block of Fourth Street.
 - in the 200 block of 10th Street.
- **BURGLARY OF A HABITATION** was reported in the 1000 block of Main Street.
- **ASSAULT/CLASS C** was reported in the 1700 block of FM 700.
- **UNATTENDED DEATH** was reported in the 600 block of George.
- **EVADING ARREST OR DETENTION** was reported:
 - in the 1000 block of Second Street.
 - in the 1200 block of 16th Street.
- **ASSAULT WITH INTENT TO CAUSE BODILY INJURY/FAMILY VIOLENCE** was reported in the 600 block of Lancaster.

Sheriff's Office

The Howard County Sheriff's Office reported the following activity:

- **JASON LARUE WOODRUFF**, 23, was arrested Friday by the HCSO on a charge of possession of marijuana - two ounces or less.
- **MICHAEL NEAL BIRMELIN**, 25, was arrested Friday by the HCSO on charges of driving while intoxicated, evading arrest or detention with a vehicle and driving while license invalid.
- **JIMMY DEE KILMAN**, 56, was arrested Friday by the HCSO on a charge of theft of services.
- **MATTHEW CLINT COLLINS**, 24, was arrested Friday by the HCSO on a motion to revoke probation for possession of marijuana - two ounces or less.
- **VICENTE GARDEA**, 24, was arrested Friday by the HCSO on a charge of failure to appear.
- **NATHAN HOUSTON CAHOON**, 44, was transferred to the county jail Friday by the BSPD on a charge of theft.
- **WILLIAM ALLEN TILLEY**, 25, was arrested Friday on a charge of driving while license invalid.
- **JESSIE RIOS**, 22, was transferred to the county jail Friday by the BSPD on charges of criminal mischief and aggravated assault with a deadly weapon.
- **JASON MAURICE THREATS**, 28, was transferred to the county jail Friday by the BSPD on a charge of criminal mischief.
- **MARIA DELORES RESENDIZ**, 20, was arrested Friday by the HCSO on charges of no liability insurance, no valid driver's license and violation of a promise to appear.
- **JERRY RAY MANN II**, 25, was transferred to the county jail Friday by the BSPD on a charge of driving while intoxicated.
- **JOHNNY RAY PAYNE JR.**, 26, was arrested Friday by the HCSO on a motion to revoke probation for theft.
- **ERIC ANTHONY VALENCIA**, 21, was

arrested Friday by the HCSO on charges of bondsman off bond for assault with intent to commit bodily injury/family violence, three counts of bondsman off bond for violation of a protective order and bondsman off bond for burglary of a habitation with intent to commit other felony.

- **ERMELINDA CHAVARRIA CANO**, 40, was transferred to the county jail Friday by the BSPD on a charge of hindering arrest/prosecution.
- **ANGEL VILLA**, 32, was transferred to the county jail Friday by the BSPD on a parole violation and a charge of failure to identify as a fugitive from justice - giving false information.
- **ALFREDO EDWARD GARZA**, 34, was arrested Friday by the HCSO on a judgment/sentence on an attorney general charge.
- **MAURICE EDWARD FRANKS**, 26, was arrested Saturday by the HCSO on a charge of possession of a controlled substance.
- **EDWARD LEE HURRINGTON**, 51, was arrested Saturday by the HCSO on a charge of possession of a controlled substance.
- **LONNIE GREEN**, 46, was arrested Saturday by the HCSO on a charge of bondsman off bond for theft by check.
- **BEVERLY ARMSTRONG**, 44, was arrested Sunday by the HCSO on a charge of possession of drug paraphernalia.
- **DENNIS EUGENE SCROGGINS**, 43, was arrested Sunday by the HCSO on a charge of public intoxication.
- **JAY BILLINGSLEY**, 40, was transferred to the county jail Sunday by the BSPD on a charge of driving while license invalid.
- **TROY DON CONNER JR.**, 44, was transferred to the county jail Sunday by the BSPD on a charge of driving while intoxicated - second offense.
- **KYLE THOMAS HUMPHRIES**, 23, was transferred to the county jail Sunday by the BSPD on a charge of driving while license suspended/invalid.
- **ALFREDO RIOS**, 51, was transferred to the county jail Sunday by the BSPD on a charge of driving while intoxicated 0 third or more offense.
- **OSCAR MIER**, 31, was transferred to the county jail Sunday by the BSPD on a charge of resisting arrest, search or transportation.
- **ALBERT MARTINEZ JR.**, 27, was transferred to the county jail Sunday by the BSPD on a charge of driving while license suspended/invalid.
- **KEITH VINCENT**, 17, was transferred to the county jail Sunday by the BSPD on a charge of driving while license invalid.
- **DONALD JAMES KARAVATOS**, 17, was transferred to the county jail Sunday by the BSPD on charges of possession of marijuana - two ounces or less and tampering with physical evidence with intent to impair.
- **HENRY JOHN RAYMOND**, 32, was transferred to the county jail Sunday by the BSPD on a charge of possession of a controlled substance.

ROUTE

Continued from Page 1A

what we're planning, it's extremely hard, to say when a route will be settled on," said Evans. "We have schematics and drawings now, but information from the meeting Tuesday could force us to toss all of that out. "Until we reach the point where we set up a public hearing on the route, nothing's written

in stone. That's why it's so important for area residents to take part in these meetings." According to Howard County commissioner Bill Crooker, who also serves on the board of directors for the Ports to Plains Corridor, said the route isn't just important to Big Spring, it's important to the state's economy. "The route is quite vital from our standpoint along the corridor," said Crooker. "Truck traffic along Highway 87 is still

increasing, and is expected to continue to grow. In Laredo, which is also part of the corridor, they've seen steady increases in truck traffic each quarter." Crooker said the Ports to Plains board hopes to see the route completed within the next eight to 10 years.

Contact Staff Writer Thomas Jenkins at 263-7331 ext. 232 or by e-mail at citydesk@bigspringherald.com

GIFTS

Continued from Page 1A

- offices, homes. We will accommodate nearly every request." Singing telegrams are \$20 and recipients also are presented with a box of chocolates. Other items are:
 1. A large tub or basket holding a large stuffed animal, a 1-pound box of candy, sparkling cider, lotion, candle, potpourri, pillow and two champagne glasses. \$35.
 2. Snack basket holding

- assorted snacks, bottled water and a soft drink. \$20.
- 3. Hand-crafted basket made of Hershey bars and filled with candy. \$15
- 4. Stuffed animal with heart box of candy. \$15
- 5. Glass jar filled with assorted candy. \$12
- 6. Glass jar decorated with flowers and filled with potpourri. \$12
- 7. Small metal bucket decorated with a clip-on bear, and filled with conversation hearts and assorted candy. \$10
- 8. Bud vase filled with fresh flowers. \$10
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- Supplies are limited. For more information or to order a Valentine gift, call (432) 268-7533, 268-7536 or 268-7271. Cash and carry sales and orders also will be taken Feb. 11 from 9 a.m. to 6 p.m. and Feb. 12 from 10 a.m. to 6 p.m. at the Sun Travel Centers of American Rest Stop Restaurant, formerly known as Rip Griffin's Truck Stop.

BUDGET

Continued from Page 1A

Bush's budget was "filled with pages of giveaways to special interests and cuts to those who can least afford it."

Republicans countered that the president was being responsible by beginning the effort of restraining the spending in Medicare so that the program will be better able to deal with the looming retirement of 78 million baby boomers.

"We have to face up to the fiscal reality that this baby boom generation is going to retire soon and we need to do something about it," said Senate Budget Committee Chairman Judd Gregg, R-N.H.

In addition to the reductions in Medicare, Bush's budget also proposes imposing tight controls on the budgets of many government agencies outside the Defense and Homeland Security departments.

In all, Bush targets 141 programs for elimination or sharp reductions for savings of \$14.5 billion next year.

The effort allows him to meet his pledge to cut the deficit in half by the end of his term in 2009, while still preserving his other major priority: making permanent his first-term tax cuts, which are due to expire at the end of 2010.

Conservative Republicans, who have urged the president to get tougher in dealing with the deficit, expressed pleasure with his efforts

to slow the growth of Medicare spending by \$36 billion over the next five years.

But Democrats said Bush was making very little progress in reducing budget deficits that have soared during his administration in large part, they contend, because of his huge tax cuts that primarily have benefited the wealthy.

Because of the huge deficits, the administration will be forced to ask Congress in coming weeks to raise the national debt limit, now at \$8.18 trillion.

"The debt is exploding and the president isn't facing up to it," said Sen. Kent Conrad, North Dakota, the top Democrat on the Senate Budget Committee.

The administration has said the deficit for this year will top \$400 billion, driven upward by the costs of the war in Iraq and rebuilding the hurricane-ravaged Gulf Coast.

It said last week it would submit a supplemental spending request for \$18 billion for hurricane relief for the current budget year and ask Congress for \$120 billion to pay for the wars in Iraq and Afghanistan for the rest of this year and into 2007.

The war spending is on top of a nearly 5 percent rise in the Pentagon budget to \$439.3 billion for 2007. Bush's budget would also provide about a 5 percent increase in spending at Homeland Security, not counting hurricane-recovery costs.

To achieve the goal of

halving the deficit by 2009, the administration again wants to put a squeeze on the one-sixth of the budget that funds the nonsecurity operations of government - everything from running the national parks to buying paper clips.

Even programs not targeted for elimination are subject to tight budgets including such previously favored agencies such as the National Institutes of Health.

Bush's proposed Medicare reductions are expected to draw determined opposition in Congress, which just approved a reduction of \$4.7 billion in spending for Medicaid.

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David King, 74, died Sunday. Wake Services will be at 7 p.m. Tuesday at Myers & Smith Chapel. Funeral Mass will be at 2 p.m. Wednesday at Immaculate Heart of Mary Catholic Church.

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EDITORIAL

"Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances."

-FIRST AMENDMENT

Opinions expressed on this page are those of the Editorial Board of the Big Spring Herald unless otherwise indicated.

Suzanne Reed
Publisher

John A. Moseley
Managing Editor

Bill McClellan
News Editor

OUR VIEWS

Alliance an important step forward

The good news in the vote by the International Atomic Energy Agency to report Iran's nuclear program to the U.N. Security Council is that the United States and its allies have managed to broaden the international coalition that seeks to prevent Tehran from acquiring atomic weapons. A year ago the Bush administration was nearly alone in its effort to bring Iran before the Security Council; now it is allied not only with the major European powers but with Russia and China, which agreed to support the referral in an unprecedented big-power strategy meeting in London on Monday. By the time the IAEA board voted this weekend, the allies had persuaded 27 of its 35 members, while only three voted no; at least for a day, the Iranian government was all but isolated.

The coalition-building nevertheless has had a clear cost: The action taken is slow and weak. To win support, the United States had to agree that the Security Council wouldn't discuss Iran before March. Even then, as Greg Schulte, U.S. ambassador to the IAEA, put it, "we foresee a graduated approach to bring additional pressure on the leadership in Tehran to achieve a negotiated settlement." That means the Security Council won't do more than issue statements, at least at first. Any action with teeth, such as sanctions, will require more help from Russia and China than either appears likely to agree to.

Iran, meanwhile, shows little interest in the negotiated settlement that is the announced goal of all this diplomacy. After pretending to be studying a Russian proposal to enrich Iranian uranium in the days before the IAEA meeting, Tehran now says it won't consider it further. It also threatens to stop "voluntary" cooperation with enhanced IAEA inspections and to resume full-scale work on enrichment. Rather than take advantage of the month or more of additional time allotted by the IAEA for talk, the Iranian government may choose to escalate what has been a simmering standoff into a crisis.

It's possible the mullahs are merely seeking to bluff Russia and the West into a better offer before settling down to make a deal. It's at least as likely, though, that the regime calculates that the United States, bogged down in Iraq, is unwilling or unable to stop a sprint for weapons. U.S. allies won't support military action and might not even back sanctions; even if they do, Iran has the benefit of its oil and the ability to disrupt international markets by withholding it.

Unless and until it sees evidence that the Security Council or some other ad hoc alliance is prepared to take action that could do serious harm to the Iranian economy or the regime's security, the Iranian leadership is likely to press ahead with steps to build weapons. For the Bush administration, the question becomes whether a deterrent of sufficient strength and credibility can be mustered to prompt Iranian second thoughts — with or without a global alliance.

THE WASHINGTON POST

LETTER POLICIES

The Herald welcomes letters to the editor.

- Limit your letters to no more than 300 words.
- Sign your letter.
- Provide a daytime telephone number, as well as a street address for verification purposes.
- We reserve the right to edit for style and clarity.
- We reserve the right to limit publication to one letter per 30-day period per author.
- Letters that are unsigned or do not include a telephone number or address will not be considered.
- Letters should be submitted to Editor, Big Spring Herald, P.O. Box 1431, Big Spring, 79721. They can also be e-mailed to editor@bigspringherald.com

Recurring politics of race exploitation

When conservatives criticize liberals for being soft on national security, the latter recoil in indignation and deny being unpatriotic — though they weren't accused of it. To hear liberals tell it, such stereotypical characterizations are about as low as it gets. Yet, many among their ranks routinely and unapologetically cast conservatives as racists.

NAACP Chairman Julian Bond, during a speech at Fayetteville State University in North Carolina, likened Republicans to Nazis. "The Republican Party would have the American flag and the swastika flying side by side," he said. "We now find ourselves refighting old battles we thought we had already won. We have to fight discrimination whenever it raises its ugly head."

Columnist Les Payne, in the Long Island newspaper *Newsday*, wrote, "The conviction of the 80-year-old Mississippi racist for a 41-year-old murder reminds us that the new Republican Party, the GOP that gave us Nixon, Ford and Reagan, Bush 41 and his unspeakable son, rode into power on the backs of the Ku Klux Klan."

Let you think these are just atypical outbursts from an extremist fringe that do not represent mainstream liberal thinking or the Democratic Party leadership, consider a few other prominent examples.

Several years ago, no less an organization than the Missouri Democratic Party aired radio ads saying, "When you don't vote, you let another church explode. When you don't vote, you allow another

cross to burn. When you don't vote, you let another assault wound a brother or sister." You may also recall the NAACP ads likening President Bush's opposition to a hate crimes bill, to killing black dragging victim James Byrd "all over again."

Then virtually the entire liberal establishment embraced the perverse notion that inadequacies in the federal response to Hurricane Katrina were attributable to an underlying racism infecting the Bush administration. The allegedly disproportionate impact of the disaster on blacks, they argued, could be chalked up to Republican racism.

And if all that escapes your memory, you'll surely remember the rash of generalized, unsubstantiated charges Democrats leveled against Republicans concerning black voter intimidation in the 2000 and 2004 elections. Their failure to offer a shred of credible evidence in support of their incendiary allegations caused them no shame or embarrassment because specific proof is unnecessary when your mind is made up in advance, irrespective of the facts.

These indictments aren't just coming from party hacks. Bill Clinton himself has been known to take not-so-subtle digs at Republicans and their attitude toward "people of color."

Likewise, John Kerry demagogues the issue whenever it suits him. Sen. Ted Kennedy hysterically predicted on the Senate floor that with the confirmation of such judicial ogres as John Roberts and Sam Alito, the Supreme Court would roll back the clock on civil rights. Many of Kennedy's colleagues preposterously agreed that Alito has a bias against minorities and the little guy.

The *Washington Post* went so far as to report on a social psychology study finding, among other things,

"that supporters of President Bush and other conservatives had stronger self-admitted and implicit biases against blacks than liberals did." Aha! Now science confirms conservative racism. It was only a matter of time.

Though some play the race card purely for political gain, what is perhaps more disturbing is that there are far too many people, in their ideological confusion, who believe conservatism is inherently racist. That's presumably why they don't feel they're required to produce evidence to prove their claims. They've already tried and convicted conservatives of racism; the particular infractions they cite are merely symptomatic of their prejudice.

They apparently think the conservatives' general opposition to affirmative action, quotas or the welfare state spring from an innate racism, when precisely the reverse is true. Conservatism stands for the equal dignity of all races and strives toward color-blindness and genuinely equal protection under the law.

It's regrettable that so many on the political scene today insist on exploiting race and that we view everything through a racial prism. This opportunistic and patronizing approach does incalculable harm to blacks and race relations, all in the name of helping them.

Someday, the left may receive a startling wake-up call, when the minority constituencies they've so long taken for granted come to the belated realization that their collective trust in the Democratic Party has been woefully misplaced and decide to align themselves with the party that doesn't condescend to them, but offers them equal respect.

To find out more about David Limbaugh, please visit his Web site at www.davidlimbaugh.com.



DAVID
LIMBAUGH

Iraq war rallying tool for terrorists

"We're on the offensive in Iraq, with a clear plan for victory. First, we are helping Iraqis build an inclusive government, so that old resentments will be eased and the insurgency will be marginalized. Second, we're continuing reconstruction efforts and helping the Iraqi government to fight corruption and build a modern economy, so all Iraqis can experience the benefit of freedom. And, third, we're striking terrorist targets while we train Iraqi forces that are increasingly capable of defeating the enemy." — George W. Bush

"The Iraq war has been a disaster." — CNN reporter Christiane Amanpour.

— The number of terrorist attacks per day in Iraq grew from 55 in December 2004 to 77 per day in December 2005.

— Electricity production in Iraq has not yet recovered to prewar levels, and the electricity in Baghdad is on less today than it was under Saddam Hussein. On the other hand, telephone and Internet use are up.

— While there are no hard numbers, there are repeated reports of the loss of educated, middle-class Iraqis, especially doctors, fleeing the country because of lack of security.

— Iraq today produces less oil than it did under Saddam Hussein. The current oil minister is Ahmad Chalabi, onetime darling of the neo-con set and convicted of bank fraud in Jordan.

— The majority of Iraqis favor complete American troop withdrawal, though the timeframes they prefer vary.

"To the extent we stay there with big forces indefinitely, Iraqis will come up with all these theories that we really want to stay here for their oil. We want to use their country as a springboard for more aggression. They still see us as occupiers..." — Michael O'Hanlon, Brookings Institute.

— "A sudden withdrawal of our forces from Iraq would abandon our allies to death and prison ... and put men like bin Laden and Zarqawi in charge of a strategic country." — George W. Bush.

Actually, the insurgency in Iraq is comprised mostly of native Iraqis — old Baathists and others who don't like being occupied by infidels. International terrorist

jihadists are a negligible fraction of those fighting, and they are there to fight Americans, not to take over Iraq.

— The war in Iraq costs the United States \$1 billion per week, \$251 billion so far. Bush originally said it would cost \$70 billion. Before the war, he fired his top economic adviser, Larry Lindsay, who said it would cost \$200 billion.

Joseph Stiglitz, the Nobel economist, now estimates the total cost between \$1 trillion and \$2 trillion. He includes lifetime care of the wounded, the economic value of destroyed and lost lives, and the opportunity cost of resources diverted to the war.

— Over 2,200 Americans have been killed in action in Iraq and 16,000 seriously wounded. Because we are doing a better job saving the lives of the wounded, those who survive often have devastating injuries from which there is no recovery.

— After our main purpose in invading Iraq stopped being the presence of weapons of mass destruction (the smoking gun in the form of a mushroom cloud), or the nonexistent linkage between Saddam Hussein and 9-11, or alleged links between Saddam Hussein and terrorists in general, our main purpose in invading Iraq became the spread of democracy in the Middle East. So far, we've boosted the electoral results for Hamas in Palestine, Hezbollah in Lebanon and, next, the Muslim Brotherhood in Egypt.

— The remaining allies in Iraq plan to withdraw 25 percent or more of their 22,000 troops this year.

— The special inspector general for Iraqi reconstruction released an audit last week containing extensive findings of fraud, incompetence and confusion. Among the billions of dollars listed as wasted, I especially liked the \$100,000 someone decided to spend to refurbish an Olympic-sized swimming pool, except that all that got done was shining the pumps. Soldiers used reconstruction money for gambling, and millions were stored in footlockers and bathrooms. Three Iraqis fell to their deaths in a supposedly rebuilt hospital elevator that had been certi-

fied as safe. — Because of its total misjudgment of the war in Iraq, the administration has failed to enlarge the regular Army and has therefore put the entire institution under immense strain. The "stop-loss" refusal to let people leave at the end of their enlistments now affects 50,000 soldiers, and mobilization of the reserves and extended service are a form of draft.

Despite chipper denials from the Pentagon, the Army has serious problems with recruiting, especially getting quality recruits, and with regular Army re-enlistment. The reason the numbers are not worse is because of the bonuses being offered.

The officer corps is also being hollowed out, as younger officers quit in such numbers that 100 percent of those remaining are automatically moved up the ladder. For example, last year the Army promoted 97 percent of all eligible captains, up from as historical average of 70 percent to 80 percent. This information is from Pentagon data in a report by the Center for Strategic and Budgetary Assessments. It is quite possible this administration is destroying the professional Army.

— The most important question about the war in Iraq is whether it is doing any good, and an increasing pool of evidence shows that it has become a rallying and recruiting tool for global terrorists. Like the other information in this article, the evidence comes from official reports.

I do hope this is responsible criticism that aims for cures, not defeatism that refuses to acknowledge anything but failure.

...
Crow Eaten Here: In Monday's column, I mentioned that the Bush administration was still blocking the release of a Commerce Department report on the outsourcing of jobs. A sanitized version of the report was, in fact, released in September 2005, with all discussion of the harmful effects of outsourcing removed.

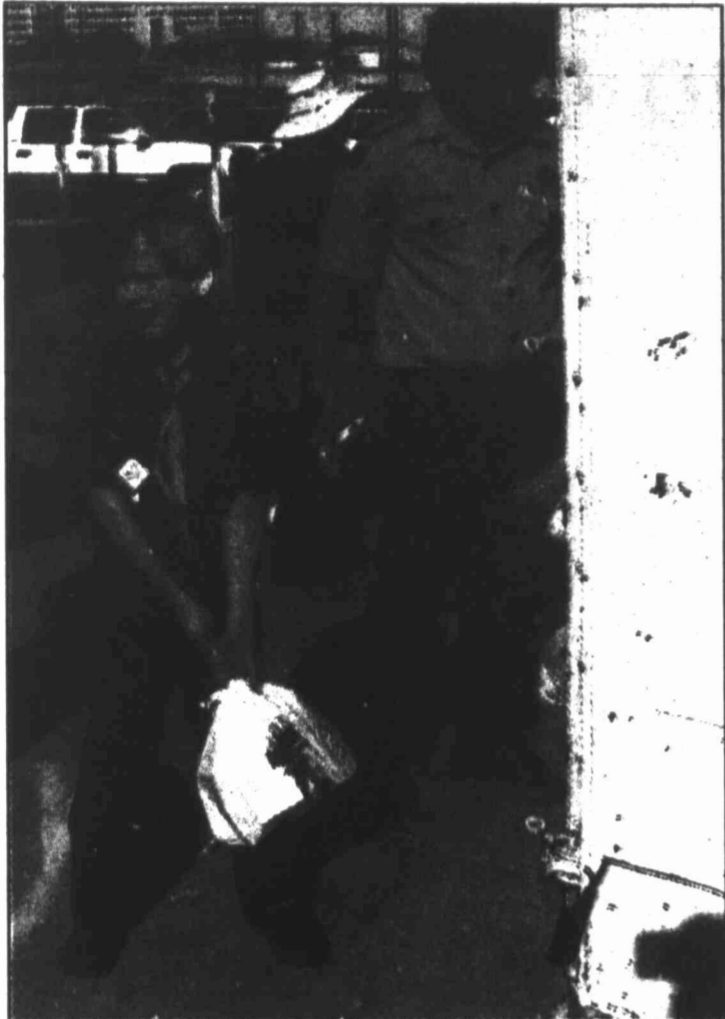
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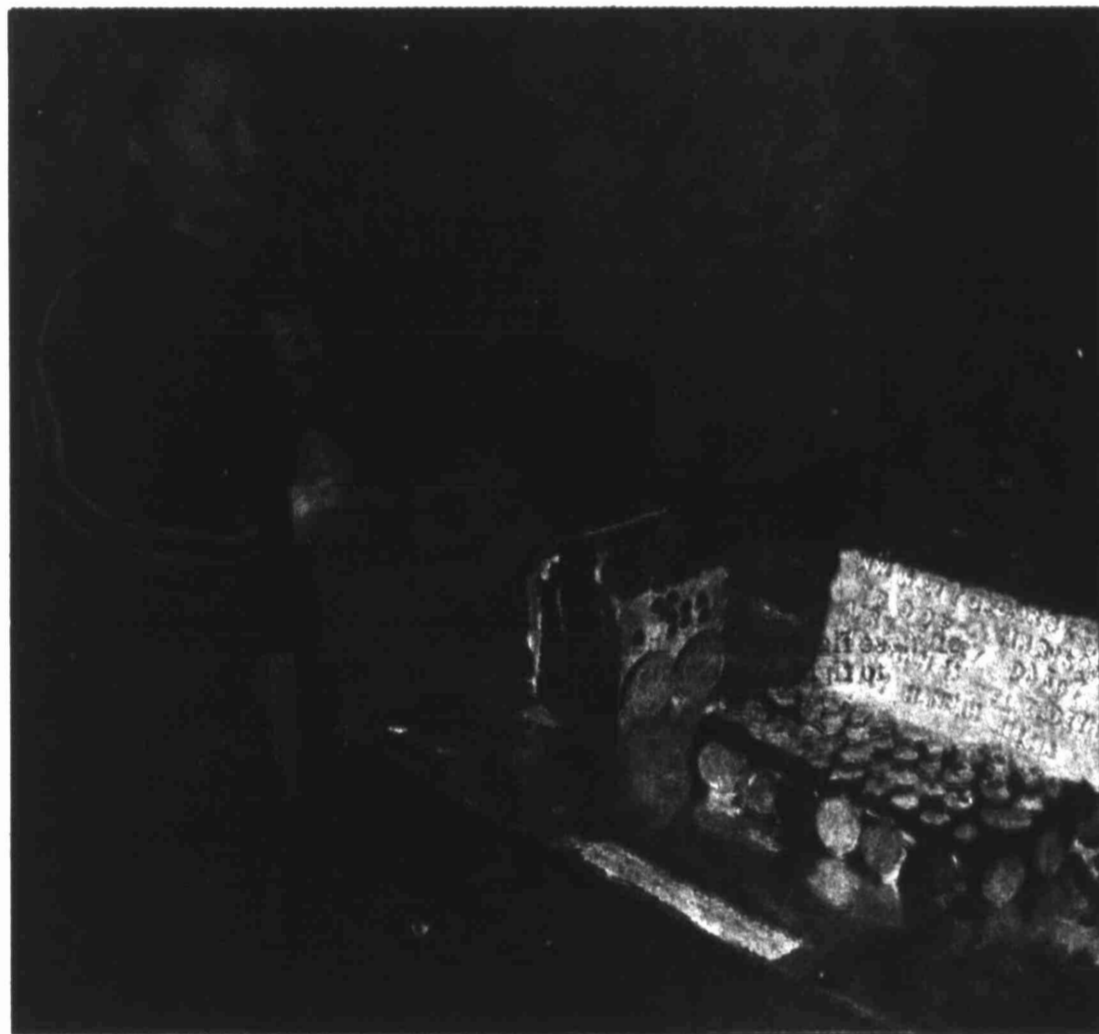
Good news!



Quentin Gaston helps load canned goods onto a trailer at the Wal-Mart Supercenter during the Boy Scouts' annual Food Drive Saturday morning.



Big Spring Junior High School Choir members performed well at the recent UIL Solo and Ensemble Contest in Midland. First division winners for BSJHS were, top row, left to right: Leticia Bazaldua, Lacey Lawrence, Ashley Aaron, Tahlea Green and Holly Kennedy; second row, left to right: Mikael Gonzales, Paula Mills, Mindy Rawiston, and Shayla Drake; bottom row, left to right: Blanca Mancha, Blake Broman, Susan Carnagle, Tiffany Garcia and Zach Ball. In front is Kathleen Tedesco, retired choir director



Hannah Minchew admires a computer created from Girl Scout Cookies at the organization's Cookie Creation event at Big Spring Mall Saturday. The event helped local Girl Scouts begin their annual cookie sale drive.



Adrianna Marlow, right, gives a back rub to a visitor to the "Beauty in Big Spring" exhibit, which opened Saturday at the Heritage Museum on Scurry Street. The exhibit details the evolution of the beauty industry in Big Spring.

Odds and Ends

PHILADELPHIA (AP) — A 22-year-old man ate 173 chicken wings in 30 minutes, setting a record at the annual Wing Bowl. Joey Chestnut, of San Jose, Calif., bested a field of 27 eaters Friday to take the title and top prize, a 2006 Suzuki Grand Vitara.

The 14th annual Wing Bowl was open only to competitors who had never before participated in the event. That meant 100-pound Sonya Thomas, who set the previous record of 167 wings in 2004, was excluded.

Thomas, who is known as the "Black Widow" on the competitive circuit, won the World Grilled Cheese Eating Championship earlier this week. Chestnut, a project engineer for a construction company, took second place.

He qualified for the Wing Bowl by downing a gallon of milk in 41 seconds.

The event was sponsored by sports-talk station WIP-AM.

ORLANDO, Fla. (AP) — Deputy Ed Johnson was

in uniform. He was also sitting in a marked patrol car. So he was surprised when a man approached him and allegedly offered to sell him some cocaine.

Michael Garibay, 34, of Orlando, walked up to Johnson's car at a gas station Friday and asked the Orange County deputy if he was "straight," arrest records say.

When Johnson said that he was, Garibay asked,

"Do you know what that means? ... It means do you want to buy some cocaine."

Johnson said "yes," and Garibay pulled out a plastic bag containing several pieces of flat white rock substances and asked for cash, records show.

The deputy took the bag and arrested Garibay after the contents tested positive for cocaine, according to the records.

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10116

Every little bit helps

Minimum of exercise leads to health boost

By KATE SANTICH

The Orlando Sentinel

When the government spelled out new dietary and fitness guidelines last year — calling for up to 90 minutes of exercise per day for those trying to maintain a weight loss — a lot of Americans were ready to throw in their gym towels.

"That's a wonderful thing for athletes, but probably not for the average person," says Joan Snyder, a 37-year-old Orlando, Fla., guidance counselor. "It doesn't sound realistic."

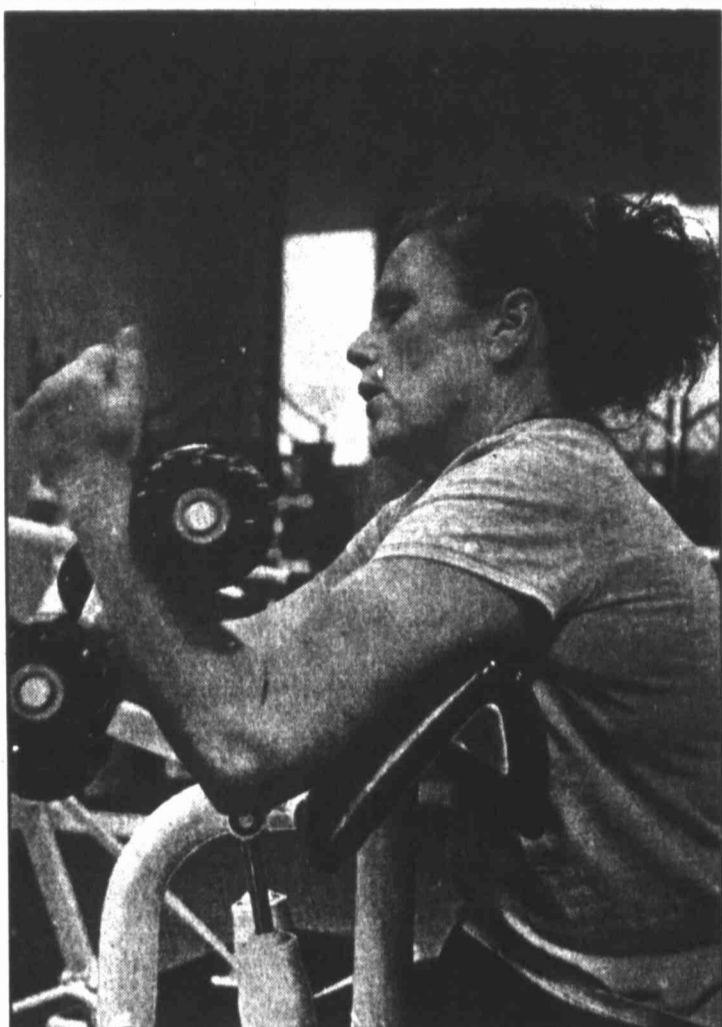
But experts say the message got lost in the backlash. Yes, those who have lost a radical amount of weight need to put in extra time to keep from gaining it back. But that doesn't mean the average person requires an hour and a half per day.

Instead, there is a sort of minimum daily requirement for exercise — if your goal is simply to lessen the risk of chronic disease.

"By far, the best-supported public-health guideline on physical activity calls for adults to accumulate at least 30 minutes of moderate physical activity on most days of the week," said Russell Pate, a professor of exercise science at the University of South Carolina's Arnold School of Public Health. Pate served on the advisory committee that helped revamp the government guidelines on nutrition and exercise last year.

Research shows that a half-hour per day of moderate physical activity — walking briskly, swimming laps, even mowing the lawn or dancing — lowers risks of suffering such problems as heart disease and diabetes. But, Pate adds, the evidence for how much exercise you need to lose weight or keep it off is less clear-cut — because it can vary among individuals, depending on age, metabolism, current fitness level and eating habits.

"The first thing we have to do with people when they come in is sit down and talk to them about their goals," says Molly Faust, personal-training coordinator at the downtown Orlando YMCA. "And then we get an exercise and health history and see what they've been doing — or not doing. For some people, even 30 minutes of exercise is too



Christy Nerren works out hard and follows the circuit three times making her work out time 40 minutes at Curves in Orlando, Fla.

much at first."

That may mean starting with only 10 minutes or so a day if you've been sedentary for a long time or are seriously overweight. Or you might start with 10 minutes in the morning, 10 minutes at lunch and perhaps another 10 minutes after dinner.

"If you can accumulate 30 minutes of exercise over the course of the day, it's the same as doing it consecutively in terms of benefits — except if you're training for some specific event," says Walter Thompson, a professor of exercise physiology and health at Georgia State University. "We'd rather have people doing something at a pretty good intensity for 10 minutes three times a day than push themselves for a half-hour nonstop and not be able to walk the next morning."

The latter, Thompson says, is one of the main reasons people tend to quit exercise programs soon after starting. They push themselves too hard too fast and get injured, discouraged or both.

"I don't want to send discouraging messages to people," Pate says, "but, sadly, the best evidence right now does suggest that people who have been substantially overweight and lose it and want to maintain that loss are probably going to have to be highly active."

On the other hand, Dr. William Roberts, who teaches family and sports medicine at the University of Minnesota, says less dramatic weight loss needn't be so time-consuming. He recommends as little as 40 minutes five to seven days

per week.

"And instead of trying to work at a level where you're just barely able to talk, you're working at a more comfortable level but for a longer period," Roberts says. "That way your metabolic rate stays up for a longer period of time. You sort of reset your thermostat at a higher level."

Keep in mind, too, that exercise is a continuum. A little is good; more is better. So even if you don't lose a lot of weight, you can still benefit.

Research shows regular exercise can control high blood pressure; reduce your risk for type II diabetes, heart attack and colon cancer; ease symptoms of depression and anxiety; lessen arthritis pain and disability; and reduce the risk of osteoporosis — the thinning of bones. One recent study even showed that regular exercisers were at lower risk for Alzheimer's disease.

"I think exercise is good holistically," she says. "I know, it's a stress reliever, and it makes you feel good just to move around."

Most exercise physiologists now recommend strength training in addition to aerobic exercise. But unlike the recommendations for the latter, there is no carved-in-stone guideline for how much strength training you need, nor which method is best.

For instance, strength training can be done using machines such as Cybex or Nautilus, with free weights or elastic resistance bands, or by doing such calisthenics as push-ups, pull-ups and sit-ups.

How you can 'break' bucking dentures

Do you have one or both dentures that jump, jerk, skitter, and buck like a wild horse? Do you ever get so frustrated that you want to break them? Instead, let's talk about how to "break," or tame, them.

Some people try to tame a wild denture by using gobs of goo (denture adhesive). Denture adhesive is helpful for people learning to eat with dentures and some people will always feel more confident with a little adhesive. Using gobs of goo, however, is a very poor way to make a badly fitting denture more useful...and it's messy too.

Actually, how you use denture adhesive can tell you a lot about your dentures. If you don't need any adhesive, or if a powdered adhesive does the trick, then your denture probably still fits fairly well. If you

have to use a lot of gooey type adhesive to fill in space under the denture, then your fit is likely poor. If you need a pad type adhesive, then your denture has probably not fit well for many years, if it ever did!

So how do we get a good fit with your dentures? First, you need a reasonably good quality denture to start with. There is a huge difference in the "qualities" of dentures. I see people every month who are trying to eat with dentures that are so bad that I don't know how they manage.

Unfortunately, if you got cheap dentures, you probably got what you paid for. If so, or if your dentures are badly cracked or severely worn, you may need to consider new ones. As the saying goes, "You can't make a silk purse out of sow's ear."

What can we do with dentures that fit

well at one time, but no longer stay put? A reline — which is adding acrylic to readapt the underside of the denture — may be all you need. Ridge shrinkage, due to bone loss, occurs rapidly in the first six months following tooth removal and then continues more slowly forever. A denture inserted when the teeth came out needs to be relined in six months, and any denture needs to be relined every three to five years. This rule also applies to partials. Be aware that a poorly done reline can actually make things worse.

The ideal options to "break" wild dentures involve implants or the new mini-implants. These allow the dentures to actually snap into place and provide great stability, especially for lowers. The difference between even a well-fitting lower denture and one stabilized with implants or mini-implants is "night and day". In many cases, your existing denture can even be retrofitted to mini-implants, with the whole procedure taking only about two hours. You can literally have the procedure done first thing in the morning and eat lunch with your stabilized denture!

If you're having problems with your dentures, please see a dentist who can offer you all of these solutions. You should be seeing a dentist once a year anyway for a denture check and an oral cancer exam. Oral cancer is very disfiguring, quite deadly, and far more common than most people realize. Your exam will hopefully result in options to chew better and may actually help you live longer!

Dr. David Ward practices family dentistry in Big Spring. He is currently president-elect of the Permian Basin Dental Society. He is also a member of the Texas and American Dental Associations and the Academies of Cosmetic Dentistry and Gp Orthodontics.



DR. DAVID WARD

The ideal options to "break" wild dentures involve implants or the new mini-implants. These allow the dentures to actually snap into place and provide great stability, especially for lowers.

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Sports

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Do you have an interesting sports item or story idea? Call Troy Hyde at 263-7331, Ext. 237. Email results to: sports@bigspringherald.com

Page 1B
Monday, February 6, 2006

IN BRIEF

Big Spring Softball Association sets date for signups

The Big Spring Girls Softball Association will be holding signups to register for the upcoming season and they will be held each Saturday from Feb. 18 through March 18 from 10 a.m. to 5 p.m. at the Big Spring Mall.

The league is for girls and women ages four and up. The registration fee is \$30 and there is a \$5 discount for a second child.

For more information, contact Ron Shafer at 432-213-3747.

HC to host regional cheer competition

The Western Junior College Athletic Conference Regional Cheer Competition will be hosted by Howard College at the Dorothy Garrett Coliseum Saturday, beginning at 1 p.m.

The Howard College cheerleaders will perform in the co-ed category against Midland College. There will also be an all-girl category. The competition is free to the public.

For more information, contact Linda Berry at 264-5024.

B.S. Country Club sets golf scramble

The Big Spring Country Club has announced a four-person golf scramble will take place Feb. 25-26.

The entry fee is \$75 per player plus golf cart, but private carts are welcome. The scramble will have a shotgun start at 1 p.m. both days. The entry fee includes BBQ on the course both days and practice rounds are available Friday.

The field will be flighted by first-round score. The number of flights will be determined by the number of entries.

For more information, contact the pro shop at 432-267-5354.

Longhorns, Tucker cruise past Aggies

AUSTIN (AP) — P.J. Tucker scored 25 points and Texas survived a 31-point effort from Texas A&M's Joseph Jones to keep its lead in the Big 12 as the Horns defeated the rival Aggies, 83-70.

Tucker grabbed 12 rebounds for his eighth double-double of the season for the Longhorns (19-3, 7-1).

Iowa grabs first place after rout

IOWA CITY, Iowa (AP) — Adam Haluska scored 18 points and No. 23 Iowa remained undefeated at home after beating No. 21 Michigan, 94-66.

Greg Brunner had 17 points and Jeff Horner added 14 for the Hawkeyes (15-5, 7-2 Big Ten), who notched their highest point total of the season and moved into first place all by themselves in the Big 10.

Daniel Horton had 19 points for Michigan.

Andrews duo powers Howard past Cisco, UTPB

• Rodriguez goes five-for-six with two HRs, Corbin solid in first outing on mound

By TROY HYDE

Sports Editor
ODESSA — Howard freshman Honda Rodriguez went five-for-six from the plate and crushed two home runs in

the Hawks' two games Saturday at the Odessa College round-robin tournament, while freshman Kendra Corbin threw five solid innings against Cisco and homered against UTPB.

The Hawks took down Cisco, 7-0, in five innings (time limit) and rolled past UTPB, 16-6, in a game which also went only five innings.

Corbin got a win in her first start of the season as she threw all five innings, gave up four hits and struck out four. Rodriguez was the catalyst at the plate as she went two-for-three with two doubles, a run and two RBIs. Both Corbin and Rodriguez played their high school ball at Andrews.

"Kendra pitched well in

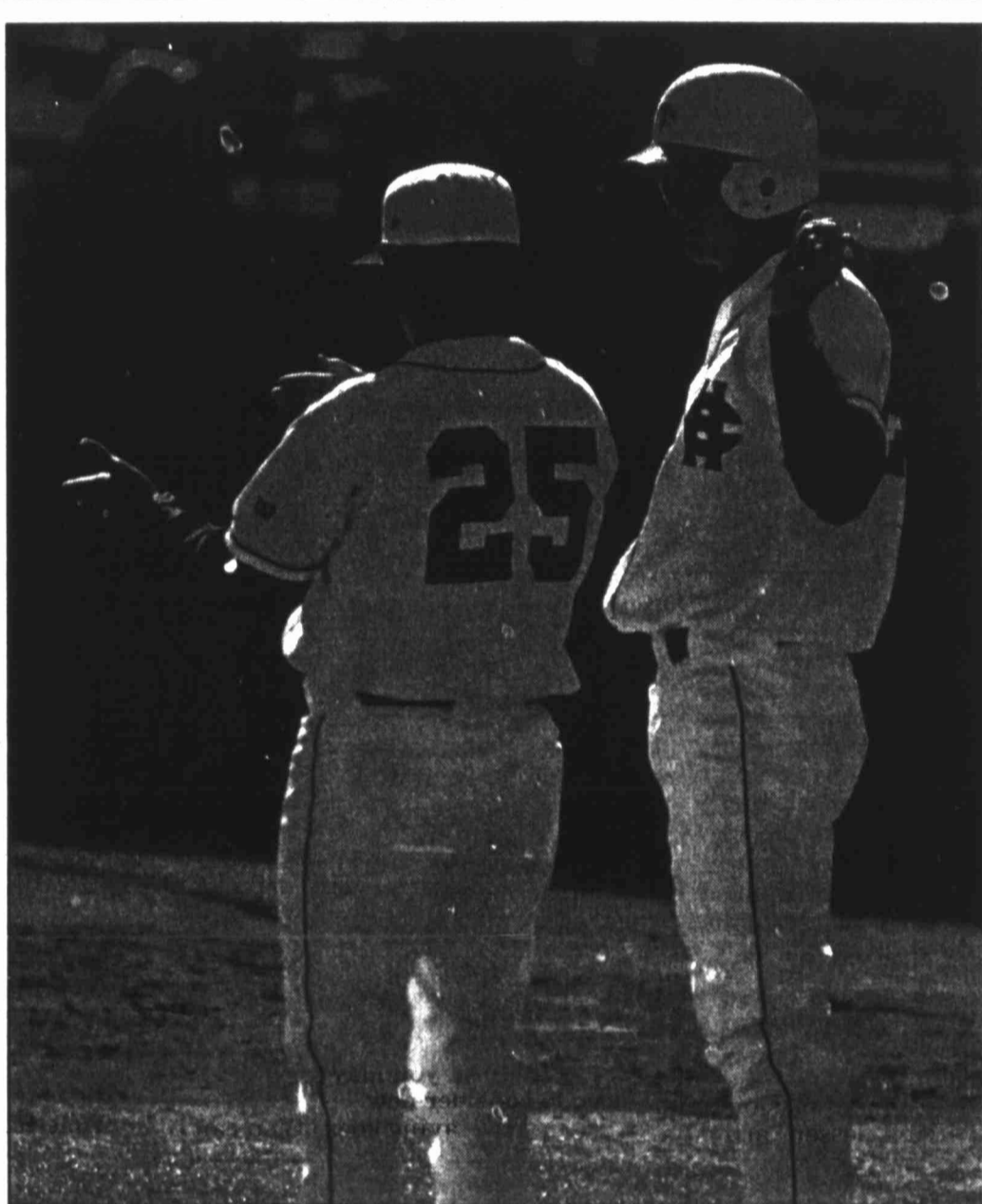
her first start," said first-year head coach Kelly Raines, who has begun her coaching career at Howard with a 4-0 mark. "Cisco got runners on second and third in the first inning, but Kendra was able to get out of it. We also helped her out a bit by scoring seven runs."

The Hawk women scored all seven runs in the first two innings,

including a five-run second inning.

Freshman Jessica Garcia also went two-for-three at the plate. She had a double, scored two runs and had an RBI. Freshman Laura Lopez went two-for-three with a double and three RBIs.

The Hawks smashed in 16 runs against UTPB in the first two innings. See HOWARD, Page 2B



Howard head baseball coach Britt Smith, left, talks to freshman Kenny Smalley during a Cisco pitching change in Game 1 of Howard's doubleheader sweep Saturday at Jack Barber Field.

Howard takes control early, holds on against Cisco JC

By TROY HYDE

Sports Editor
The Howard College baseball team jumped on Cisco early in both games of a doubleheader at Jack Barber Field Saturday afternoon, but then had to hold off two late rallies from the Wranglers to record their first two wins of the season.

The Hawks won Game 1, 9-8, and grabbed the victory in the second

game, 9-7.

Like last year, the Hawks' offense was just fine. Howard jumped out to a 9-0 lead in Game 1 with two runs in the first, four runs in the second and three runs combined in the third and fourth innings. Then the offense was shut out the rest of the way, but it was just enough to hold off a feisty Wranglers bunch. Gabe Marchant, a

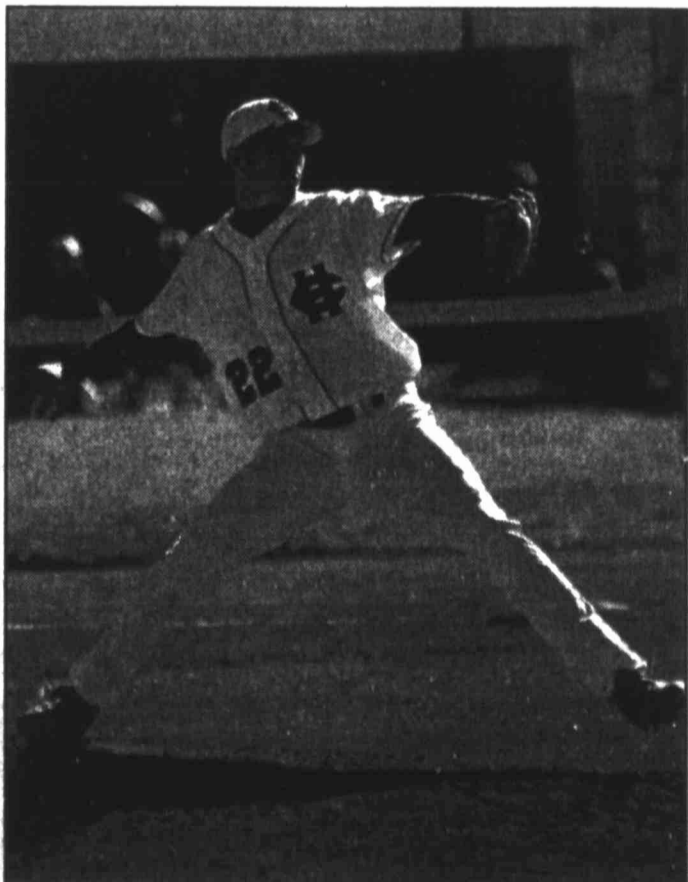
transfer from Baylor University, started the first off with a single and then stole second before sophomore Darby Brown brought him home on an RBI double. Brown later scored on an RBI single from freshman catcher Ryan Pruitt.

Marchant walked in the second inning and then scored one batter after David Fonseca, who was drafted to the pros this past offseason, homered. Brown reached base again on a single and then stole second. He later scored his second run of the game after an RBI double from freshman Kenny Smalley. Smalley scored the fourth run of the inning after sophomore designated hitter Will Basom drove him on an RBI single.

Sophomore Jeff Storms led off the third inning with a single and then stole second later. Marchant knocked Storms in on an RBI single and then later scored himself after an RBI single by Brown, who will play for Texas A&M next season.

The final run of the game for Howard came in the fourth inning as Pruitt crushed a home run.

Cisco got two runs in the sixth inning off Howard starter Ryan



Howard sophomore Parker Slek delivers a pitch to the plate during Howard's season-opening wins against Cisco Saturday at Jack Barber Field. Slek pitched an inning in the first game and gave up six runs.

Super Steelers

• Ward leads Pittsburgh to fifth title

By BARRY WILNER

AP Football Writer
DETROIT — The Pittsburgh Steelers finally gave coach Bill Cowher some Super Bowl satisfaction.

Moments after the Rolling Stones rocked a Ford Field filled with Terrible Towels, Willie Parker broke a record 75-yard touchdown run, sparking Pittsburgh's 21-10 victory Sunday over the Seattle Seahawks.

Not only did the Steelers earn that elusive fifth championship ring and their first since 1980, but they completed a magic Bus ride that made Jerome Bettis' homecoming — and likely farewell — a success.

"I'm a champion. I think the Bus' last stop is here in Detroit," Bettis said.

On this night, satisfaction was more than Mick Jagger's signature song that closed the halftime show.

It was sweet validation for Cowher with a title in his 14th season as their coach, the longest tenure in the NFL. The tough guy teared up as he walked to midfield to embrace Seahawks coach Mike Holmgren.

"It's surreal," Cowher said. "I'm going to tell you, this is a special group of coaches, a special group of players. I was one small part of this."

Pittsburgh tied San Francisco and Dallas with its five Super Bowl titles.

And the Steelers certainly got plenty of help from the Seahawks, too. Seattle was plagued by penalties, drops, poor clock management and a critical fourth-quarter interception of Matt Hasselbeck just when the NFC champions seemed ready to take the lead.

Instead, Pittsburgh (15-5) got the clinching score with the kind of trickery that has carried it through an eight-game winning streak.

Versatile wide receiver Antwaan Randle El, a quarterback in college, took a handoff from Parker, sprinted right and threw perfectly to Super Bowl MVP Hines Ward for a 43-yard TD with 9:04 remaining.

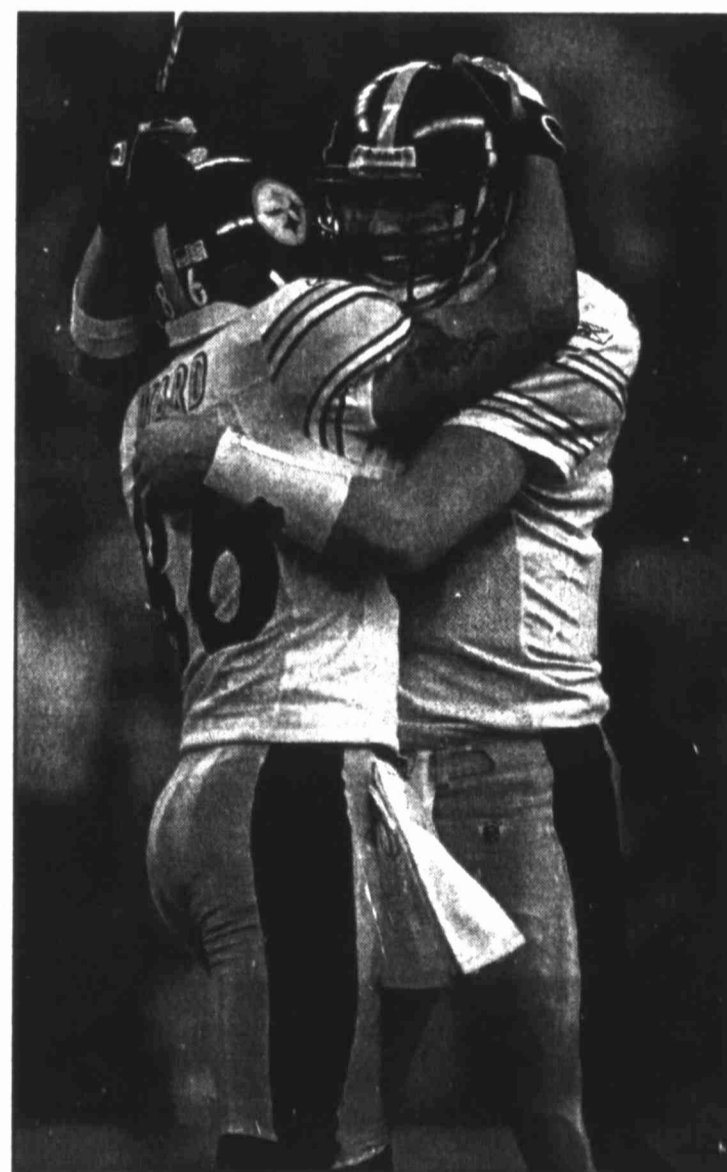
Bettis' role was minimal in what might be the final game for the NFL's No. 5 career rusher.

So was quarterback Ben Roethlisberger's impact — the most noteworthy play for the youngest quarterback to win a Super Bowl was a horrid pass that Kelly Herndon of the Seahawks (15-4) returned a record 76 yards.

That set up the Seahawks' only touchdown, a 16-yard pass to Jerramy Stevens — Joey Porter, his verbal sparring partner all week, was nowhere in sight.

But with Parker's burst and Seattle's self-destructive tendencies, the Steelers completed their postseason march

See SUPER, Page 2B



Pittsburgh Steelers quarterback Ben Roethlisberger, right, and receiver Hines Ward (86) celebrate a touchdown by Willie Parker against Seattle in the second half of Super Bowl XL Sunday in Detroit, Mich. The Steelers won the game, 21-10 and Ward was named game MVP.

HAWKS

Continued from Page 1B

Robinson, but nearly tied the score in the seventh off reliever Parker Sisk as the Wranglers sent six runners past homeplate.

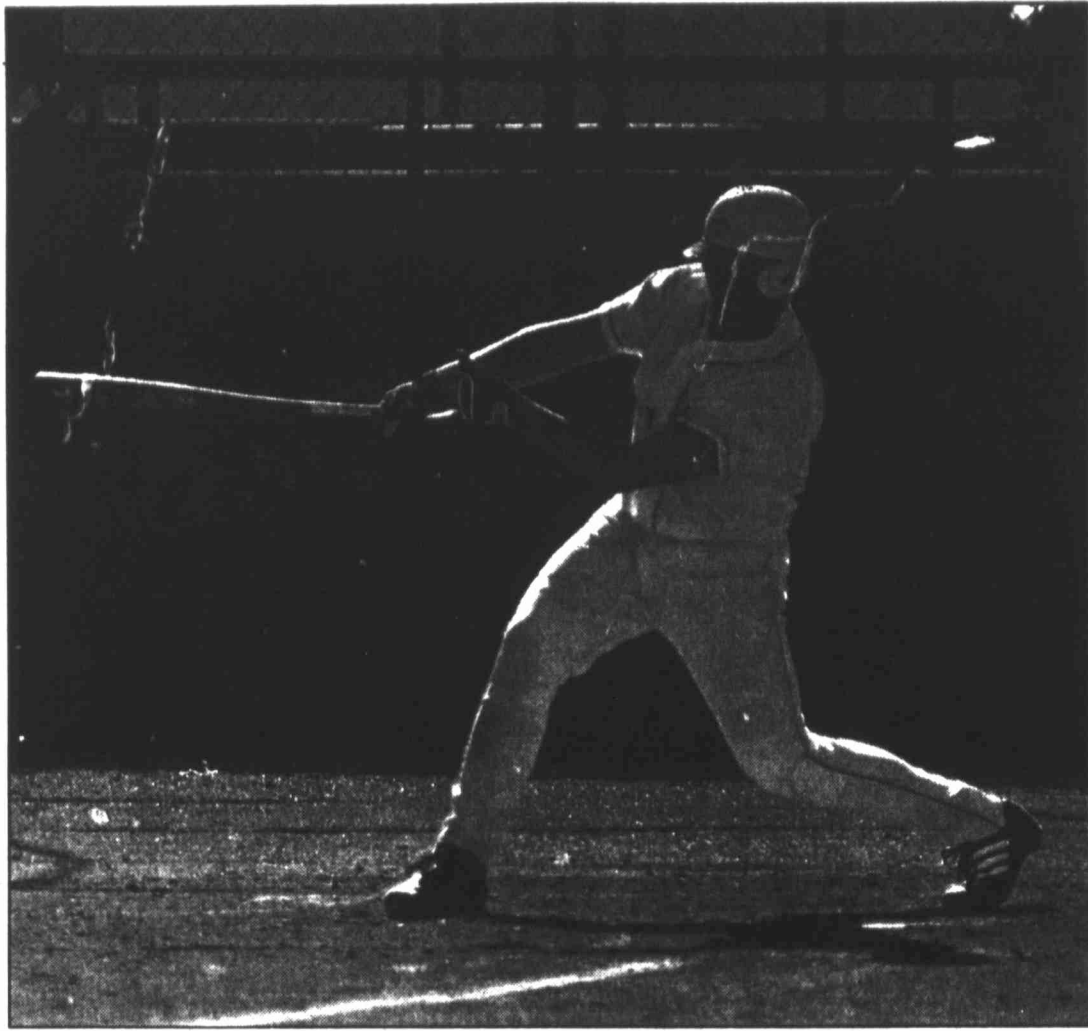
Robinson got the win on the mound as he gave up three hits — all singles — and two earned runs in six innings. He struck out two and walked four. Sisk pitched one inning and gave up four earned runs on four hits, while striking out two.

Clay Kelly had two runs for Cisco, while Jeffrey Kello and Heston Johnson each scored run and had two RBIs.

The second game started out with a four-run first inning for Howard. Marchant started the inning off with a walk and then reached second after Fonseca reached on an error. Brown walked to load the bases and Smalley drove in Marchant and Fonseca with a two-RBI double. Smalley later scored the inning's final run on an RBI single by Pruitt.

Brown and Smalley started the third inning off with back-to-back singles. Barrett Lowenstein, who started at third base for Howard, knocked in Brown later with an RBI double. Daman Aaron added a sacrifice RBI groundout and then the final run of the inning was scored by Lowenstein as he was knocked in by Storms' RBI single.

Pruitt tripled and scored in the fifth inning, while Marchant scored Howard's final run in the sixth inning.



HERALD photo/Troy Hyde
Howard sophomore Darby Brown slaps a single into the outfield during action at Jack Barber Field Saturday afternoon. The Hawks opened the new season with a doubleheader against Cisco and Howard came away with two wins. In the two games, Brown went six-for-seven from the plate with two doubles, four runs and two RBIs.

Cisco scored one run in the first and third innings and then got back in the game with a four-run fourth inning.

Smalley earned the win on the mound, but hardly showed his best stuff. He went three and two-thirds and gave up six runs, while striking out four and walking three.

Bobby Gonsoulin finished the final three and one-third innings and gave up just one run. He struck out four batters and had one walk.

For the day, Brown

went six-for-seven at the plate. He scored four runs, had two doubles and added two RBIs. Pruitt had four hits, including a triple and a home run and add three RBIs.

Marchant went two-for-three in Game 1 with two runs, two stolen bases and an RBI and had two runs and two walks in the second game.

Cisco was led in Game 2 by Kello and Kelly, who each went two-for-three at the plate. Kello doubled and scored twice, while

Kelly doubled and scored once. Johnson added a single and two runs.

Howard travels to Abilene Christian University Wednesday and then travels to Tyler to play three nine-inning games in three days against Texarkana, Vernon and Tyler JC starting Thursday.

The next home games will be Feb. 17-18 against Lubbock Christian. The Hawks will play two games each day starting at 1 p.m. both days.

SUPER

Continued from Page 1B

through the NFL's top four teams: Cincinnati, Indianapolis, Denver and Seattle, with all the wins coming away from Heinz Field.

Ward had five receptions for 123 yards and a touchdown.

Seattle, looking nothing like a team that rampaged through its conference, damaged itself all day. It had four penalties for 40 yards in the opening half, one that nullified a touchdown pass.

The second half wasn't much better, and Ike Taylor's 24-yard return with Hasselbeck's poor throw gave Pittsburgh the one last opportunity it needed.

The 23-year-old Roethlisberger achieved it more with his legs than his arm. He dived into the end zone from the 1 late

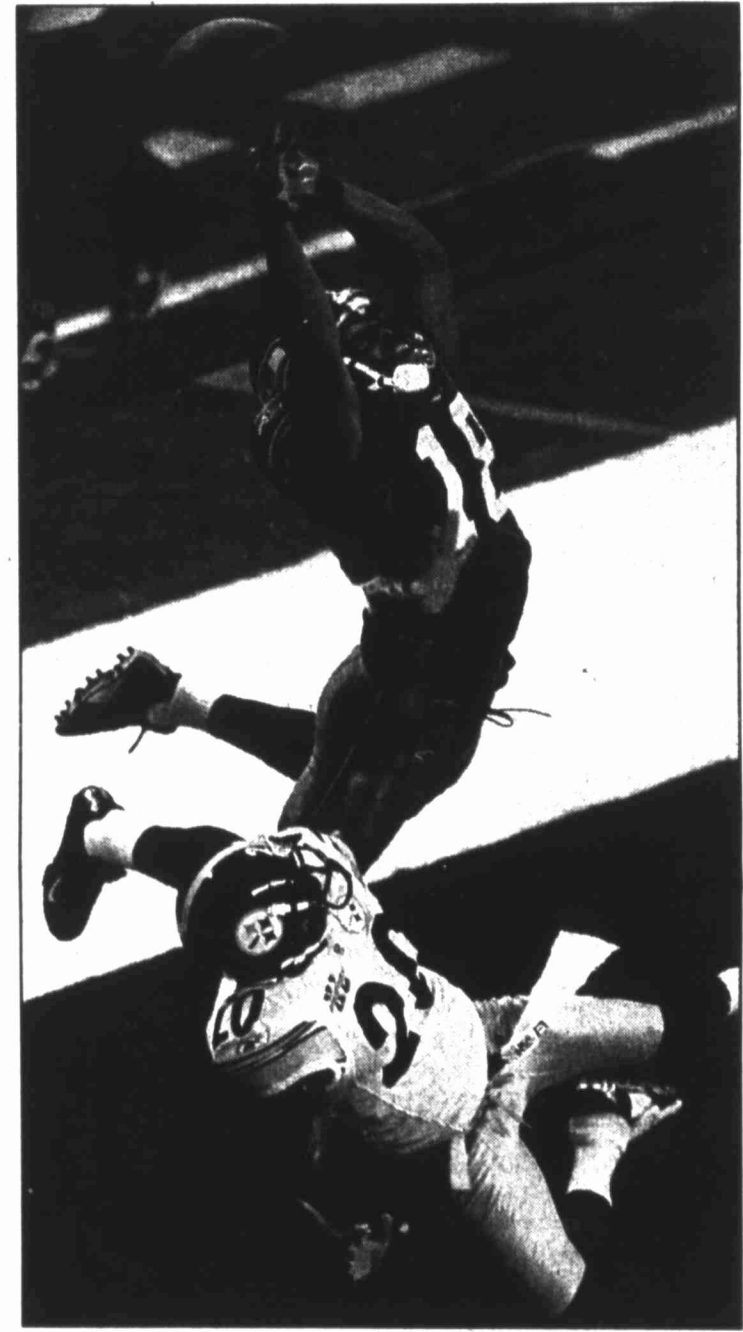
in the first half — the TD was upheld on replay — and converted enough second-half first downs to wind down the clock.

Usually, that is Bettis' job. But this Sunday, he was just along for his final ride.

What a journey it has been.

The Steelers were 7-5, then won their final four regular-season games to secure the AFC's last playoff spot. They went to Cincinnati and won a wild-card game. They won at Indianapolis, which had the league's best record. And then they handed Denver its first home loss in the AFC championship game.

And now they — and 73-year-old owner Dan Rooney — have their "One for the Thumb" — the first four came in their Steel Curtain days, won by the likes of Mean Joe Greene, Terry Bradshaw and Franco Harris.



KRT photo/Amy Laang, Detroit Free Press
Seattle Seahawks' D.J. Hackett (18) grasps for a reception in the endzone as Pittsburgh Steelers' defender Bryant McFadden (20) goes after him during Super Bowl XL at Ford Field in Detroit, Mich., Sunday. The Steelers won the game, 21-10.

Rockets find grooving as stars return

By KRISTIE RIEKEN

AP Sports Writer

NEW YORK — With Tracy McGrady and Yao Ming healthy, the Houston Rockets are better than they have been in months.

But even after a tough 93-89 win over the struggling New York Knicks on Sunday, the Rockets know they still need to improve.

McGrady scored 23 points and David Wesley added 19, including several key free throws late, as Houston won its third straight game.

Yao, in his fourth game back since missing 21 after toe surgery, looked to have shaken off any lingering effects of the injury with a strong start and scored 15 points. Houston's record is 12-6 when he and McGrady play. McGrady had missed five games with back spasms.

With both its stars healthy, Houston has its longest winning streak since it captured five in a row from Dec. 6-15.

The Knicks had a chance to tie with 6.9 seconds left, but a 3-point attempt by Jalen Rose

was partially blocked by Stromile Swift, and fell short. Wesley, who made four free throws in the last 23 seconds, hit his final one with 3 seconds remaining to ensure the victory.

Rose scored 16 points and had 11 assists in his debut with the Knicks after being traded from Toronto on Friday, and received a warm reception from the crowd. Rose and a first-round draft pick went to the Knicks for Antonio Davis. Rose started to make it the 29th different starting lineup the Knicks have used this

season.

Jamal Crawford scored 24 points and Eddy Curry had 15 for the Knicks, who have lost five straight and 11 of the last 12.

Knicks scoring leader Stephon Marbury missed his second straight game with an injured left shoulder.

This is the fourth time this season the Knicks have had a losing streak of five games or longer. The only good news Sunday was that they kept the score close after losing their last four by an average of 20 points

HOWARD

Continued from Page 1B

the second game of the day Saturday. Howard opened the game with a five-run first inning and then followed that up with four runs in the second and fifth innings.

U T P B scored two runs in the first off Nicole Dickson and added four runs in the fifth off Jennifer Oso.

Dickson improved to 2-0 on the year with a solid pitching performance. She gave up another home run in the first inning, but settled down the rest of the way, said Raines. She threw three innings to start the game,

gave up two runs on two hits, while striking out four and then returned to the game in the fifth and got the final two outs in the game.

"She gave up another home run, but as long as we score 16 I think it is OK for her to give up one," said Raines.

Oso threw a solid fourth inning, but ran into trouble in the fifth. She recorded one out in the fifth inning, but gave up four runs.

"I went back to Nicole in the fifth inning because I just wanted to end the game," said Raines. "We were already passed our time limit and the inning was lasting forever."

Rodriguez again the led

offense for Howard as she went three-for-three with two solo home runs and four runs total. Corbin added another blast over the fence and got a single and a double and scored three times.

Freshman Alisha Rams went three-for-three with three runs and a double. Eight of the nine Howard batters in the starting lineup recorded at least one hit.

"It's a good sign when you get hits up and down the lineup," said Raines. "We were good offensively and improved defensively, as well. We did what we needed to do to win, but we still need to stay focus because the competition will only get harder."

The Hawks host Western Nebraska Thursday in a home-opening doubleheader. The games are set to begin at 2 p.m. and 4 p.m.

Forsan girls fall short at Iraan

By JEFF LANE

Special to the Herald

IRAAN — The Lady Buffs varsity team traveled to Iraan Friday night losing 51-36 in a game which was much closer than the score indicated.

The ladies played the newly crowned district champs close, never being outscored by more than four in a quarter.

Forsan pulled to within five midway through the third, 27-22. But a 10-2 run by Iraan to end the period proved to be too much as the Lady Buffs could not get any closer.

Alyssa Hodnett played a strong fourth quarter, netting seven of the ladies' 12 points in the period. However, the Bravettes countered going six-for-eight from the line and nailing a big 3-pointer to end the game.

Hodnett finished with 11 points and seven rebounds.

Kaylon Stanley led all Forsan scorers with 12 points. Stanley also pulled down seven boards.

Forsan will finish its season Tuesday at home against Wink. Game time is 6:30 p.m.

Forsan junior varsity vs. Iraan

The Forsan Buffalo junior varsity squads traveled to Iraan last Friday night with the ladies falling, 43-36, and the boys pulling out a close one, 31-28.

The Lady Buffs played better as a team than they had all year, said head coach Kim McFadden.

At one point in the game the ladies enjoyed a 10-point lead. But foul

trouble and a big third quarter from the Bravettes took a toll on Forsan.

Faith Belew led all Forsan scorers as she was responsible for nearly half the Lady Buff offense, going for 17 points on the night.

The Buffaloes also enjoyed a big lead only to see it disappear late, being outscored 11-5 in the fourth.

Poor free throw shooting down the stretch by the Buffs helped Iraan get back in the game. But two clutch shots from the line by Cody Frietag helped seal the deal and helped Forsan move to 17-1.

Frietag finished the night with nine points to lead Forsan.

Both teams will finish the season Tuesday night against Wink in Forsan.

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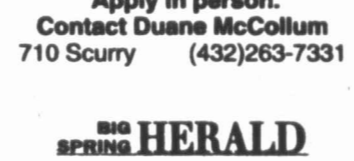
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<p>HOME IMPROVEMENT</p> <p>R S HOME REPAIR Custom Wood Decks, Remodel, Carpenter, Painting, Plumbing, Minor Electrical</p> <p>FREE ESTIMATES Garage door repair, Appliances installed 816-3030</p>	<p>HOME IMPROVEMENT</p> <p>Gibbs Remodeling New home Construction • Room Additions Dry Wall Hanging & Finishing Ceramic Tile • Installation & Repair All Remodel Needs Of Any Room In Your Home. Call 263-8285</p>	<p>HOME IMPROVEMENT</p> <p>Speedy Construction We Do It All! Residential & Commercial Ceramic Tiles, Cabinets, Drywall, Textures, Plumbing, Electrical AC, Roof, New Additions & Lawn Service</p> <p>Phone: 432-263-2911 Cell: 432-816-3832</p>	<p>LAWN SERVICE</p> <p>MOWING • ALLEYS HAULING • TILLING TREE TRIMMING STUMP REMOVAL</p> <p>CALL 432-267-5460 CELL 816-6150</p>	<p>PEST CONTROL</p> <p>SOUTHWESTERN A-1 PEST CONTROL Since 1954 432-263-6514</p> <p>2006 Birdwell Lane Max F. Moore www.swalpc.com mm@swalpc.com</p>	<p>RENTALS</p> <p>VENTURA COMPANY 432-267-2655 Houses • Storages Commercial Buildings 1082, 07, 11 E. 11th Pl. For rent/sale 811 Galind 1511 Main 204 11th Place</p>
<p>ROOFING</p> <p>PALACIOS ROOFING & HOME IMPROVEMENT Roofs, Room Additions, Ceramic Tile, Fences, Painting Insured & Bonded Home-Phone 432-263-8430 Cell 432-213-0363</p>	<p>ROOFING</p> <p>JOHNNY FLORES ROOFING Shingles, Hot Tar & Gravel. All type of repairs Work Guaranteed. Specializing in Hot Tar Roofs and Doctor of Repair Free Estimates!! Big Spring & Surrounding Areas. 267-1110</p>	<p>STORAGE</p> <p>AAA Mini-Storage Special 1/2 Unit On Select Unit</p> <p>Now Have Large or Small Units Available, We Store It All! Now Accepting Visa & Mastercard 3301 E. FM 700 263-0732</p>	<p>TAX SERVICES</p> <p>FAST CASH On Income Tax Refund Refund Loan Within 24 Hrs. TAX ASSOCIATES 400 Runnels Phone: 432-264-6134 CALL (432) 264-6134 "The Mobile Specialist" With IRS Approval</p>	<p>TREE TRIMMING</p> <p>DONALD'S TREE SERVICE Holiday Specials Tree Removal Specialist. Minor/Major trim- ming, stump removal, flower bed cleaned, hedges trimmed. Prices negotiable. (432) 570-0617 (432) 238-6776, cell.</p>	<p>TREE TRIMMING</p> <p>LUPE'S TREE TRIMMING More than 20 years of experience. Stump grinder available. For Tree Trimming and removal. Call Lupe Villalpando 432-268-6408</p>

Help Wanted

GREAT OPPORTUNITY for Advancement for Part-time or Full-time RN or LVN available with growing home health agency. Will train. Send resume: Caring Hearts Home Health, 1510 Scurry Suite C, Big Spring, Tx 79720 or fax (432)714-4511.

HIRING FOR 2006! AVERAGE POSTAL EMPLOYEE EARNS \$57,000/YR. Minimum starting pay \$18.00/hr. benefits/paid training and vacations. No experience needed. 1-800-584-1775 ref#9020.

HOME CARE RN

Are you a patient advocate and looking for a job where people value your expertise? We are looking for a caring, qualified and dependable RN who would love to work in home care. If interested, send resume to Alicia Anderson of Accolade Home Care at 810 N. Dixie Ste 202A, Midland, Tx to fill out an application, or call (432)335-5699 or come by.

IF YOU enjoy a teamwork approach to nursing & have a passion to ensure high quality care to the elderly, we want to meet you! Parkview Nursing & Rehabilitation. Now Hiring for Charge Nurse Position. Please apply in person at 3200 Parkway.

IMMEDIATE OPENING for a Physical Therapy Tech/ Assistant at Big Spring Physical Therapy. Experience preferred but will train a self-motivated, eager person. Fax resumes to (432)267-3581 or come by 1707 Lancaster for an application.

LIQUID PLANT ASSISTANT

Helena Chemical Company, a national agricultural-chemical company, has an immediate opening for a Liquid Plant Assistant. This position includes loading and unloading liquid and dry fertilizer, weighing trucks, fertilizer spreaders, and general warehouse duties. Requires high school diploma or equivalent. We offer an excellent working environment and outstanding compensation and benefits package. For consideration, please apply in person: Helena Chemical Company 100 S. St. Peter Stanton, Tx 79782 Pre-employment drug screen required. EOE M/F/V/H

MAINTENANCE POSITION AVAILABLE

The Colorado River Municipal Water District has an opening for a Maintenance Worker for the Lake Thomas area. A CDL license and mechanical experience are helpful. District benefits include paid vacation and holidays sick leave, retirement plan, and group insurance. The District is an equal opportunity employer. Applications are required to be considered for employment and are available at the District's office, 400 East 24th Street, Big Spring, Texas.

MARTIN CO. Hospital Home Health is looking for a full-time RN and a PRN to join their energetic staff. Must be willing to travel to surrounding areas. Bilingual preferred and salary DOE. Interested parties may call Allison @ (432)756-3259 or fax resume to (432)756-4510.

MIDWESTERN SERVICES, Inc.

Tank Cleaners needed. In & out of state travel & work 60+ hrs. per week. Transportation to and from job site. Hotel paid & \$175 a week per diem. Hourly wage & bonuses. 100% drug free. EOE. Apply at 749 South County Rd. 221, Snyder, Texas.

WAREHOUSE/ DELIVERY

Wanted for local Rental Store. Benefits include paid vacation, retirement & health insurance. Requirements are back ground check, drug screening, good driving record and be at least 21 years old. Apply in person, Credit World, 1611 Gregg.

Help Wanted



MW BUILDERS of Texas, Inc.
Construction Managers for the New Snyder Elementary School Project

Now taking applications for the following positions:
Carpenters, Rod Busters, Concrete Finishers, Laborers
Please apply at MW Builders project offices, 3601 El Paso Ave.

Scaled Wages E.O.E.
Drug Test Required

NEWSPAPER DELIVERY

Big Spring Area Routes Midland Reporter-Telegram The Midland Reporter-Telegram has delivery positions available in the Big Spring Area for both Home Delivery and Retail Outlet distribution. General knowledge of the Big Spring area, good organization for customer tracking, a reliable vehicle and a dependable commitment to early morning deliveries ranging from 2:00am-6:00 am. If interested please call 432-687-9002.

PARKVIEW NURSING & Rehabilitation

Now Hiring for CNA position. 2pm-10pm Shift. Please apply at Parkview Nursing & Rehabilitation, 3200 Parkway.

TRUCK DRIVER

Helena Chemical Company, a national agricultural-chemical company, has an immediate opening for an experienced truck driver. This position will make deliveries, load and unload product, utilize a forklift, and perform general warehouse duties. Requires high school diploma or equivalent, CDL with HAZMAT endorsement. We offer an excellent working environment and outstanding compensation and benefits package. For consideration, please apply in person: Helena Chemical Company 100 S. St. Peter Stanton, Tx 79782 Pre-employment drug screen required. EOE M/F/V/H

TRUCK DRIVERS

\$500 SIGN-ON BONUS
Drivers earn up to \$50 thousand per year plus a \$500 sign-on bonus. Benefits include: Medical, Life and Dental Insurance and paid vacation. Applicants should have 3 years driving experience. Oilfield driving experience hauling sand, dry cement, or other equipment operating experience helpful. Class A CDL, good driving record, DOT drug & alcohol testing required. Call 432-563-0722 M-F from 8am-5pm to schedule interview.

WAITRESSES NEEDED

Split Shift
Must be 18
Monday-Saturday
Apply in person,
Red Mesa Grill
2401 Gregg

Items for Sale

NEW BALANCE Elliptical & Bow Flex. Sell both for \$1200. Call (432)267-7449 or (432)557-5604.

Miscellaneous

\$149. FULL size mattress and foundation. Never Used, Full Warranty, In Plastic. Call (806)549-3110.

FREE PALLETS.

Good for do it yourself wood projects. Pick up behind the Big Spring Herald's office at 710 Scurry.

ORLANDO/ DISNEY Area.

7/6 night stay. Paid \$600.00 Will sell for \$199. Good for one year. Call 915-233-2010.

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Metal insulated portable building on skids, with bathroom and 2 windows. \$8500.00 or Best Offer! Call (432)756-2888.

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\$500 POLICE Impounds! Tax Repos, US Marshall sales! Also Trucks, SUV's, and more! For Listings Call 1-800-425-1730 ext. 1012.

\$500! POLICE IMPOUNDS! Hondas/ Chevys/ Fords/ Jeeps. Cars, trucks, SUV's from \$500! Listings: 800-749-8116 xA148.

*****\$50,000.++ FREE CASH GRANTS! 2006!***AVOID DEADLINES! CALL NOW!** For Personal/Medical Bills, School, New Business/Home. NEVER REPAY! ALMOST EVERYONE QUALIFIES! Live Operators! 1-800-274-5086 ext. 12.

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*****\$500-\$50,000.++ FREE CASH GRANTS! 2006!*** NEVER REPAY!** Personal/Medical Bills, School, New Business/Home. Almost EVERYONE qualifies! FIRST COME-FIRST SERVE! Live Operators! 1-800-681-5732 ext. 13.

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BANK REPO'S 1-6 UNITS! Low or No Money Down! For Listings: 1-800-924-4512 ext. C-1358.

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National Ads

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1406 YOUNG. 1 Bedroom, 1 bath, \$235. month, \$100. deposit. 707 E. 13th. 2 Bedroom, 1 bath, \$300. month, \$150. deposit. (432)263-1792, 816-9984.

1408 DONLEY. Extra Clean, Furnished 1 bedroom 1 bath Apartment. Water & Gas Paid. \$325. month, \$150. deposit. Sorry No Pets. (432)263-4922.

1501 JOHNSON rear apartment. Newly remodeled 1 bdrm. Stove, refrigerator, washer & dryer furnished, AC. No Pets. Call Mary, (432)213-0828. 9:00-7:00 p.m.

2 Thru 6 Bedroom Homes. Pool, 24 hour maintenance, Central Heat and Air, stove, refrigerator, dishwasher, furnished. Washer/ dryer connections. (432)263-3461 -Tom.

3005 CACTUS. 2 bedroom, 1 bath. Unfurnished. Call Mary, (432)213-0828. 9:00-7:00 p.m.

306 EAST 6th - 1 Bedroom, 1 bath. Refrigerator & Stove Furnished. No pets. \$275. Month, \$200 deposit. Call (432)263-7653.

407-1/2 East 8th- 1/1 bath. Stove & refrigerator. \$275. month, \$175. deposit. CH/A. No HUD and no pets. No Bills Paid. Call (432)267-2296.

620 STATE, 3 bedroom, 1 bath, CH/A, Large House. \$550. Month, \$300. deposit. Call (432)270-3848 for more information.

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Possible 4 bedrooms, 2 bath Stove & Refrigerator furnished Washer/ Dryer connections Fenced backyard Deposit \$100. Rent \$450. Call (432)267-2112 Leave message.

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BUILDING for LEASE for retail or office. 1712 Gregg. Approximately 5,000 sq. ft. \$600. month +deposit. Call WESTEX Auto Parts (432)263-5000.

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HEIGHTS APARTMENTS
1 Bedroom - \$400. month
\$200. deposit
All Bills Paid
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Call (432)267-2771

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4109 DIXON. 4/2, refrig. air/gas heat, storm windows, large back yard with steel fence, work/storage bldg. Much more. \$39,000.00. Call 1-979-324-2072 or 287-3074.

"AS IS" 609 Holbart. \$285.00 per month for 180 months. Call 1-800-804-7110.

FOR SALE, Deeded lot. Covered roof on. 1990 29' Wilderness travel trailer. West of Cherry Creek bridge. \$14,500. Call (325)282-2095 or (325)721-530.

NEAR ELBOW School, 2 bedroom 2 bath with 3 car garage on 10 secluded acres. Shade trees, good water well plus 2 irrigation wells. A barn and two storage buildings. \$89,000 firm. Call (432)213-1800 after 5pm.

NEW CONSTRUCTION Owner Anxious. 3 Bedroom, 2 bath, 2 car garage. Wonderful closets, pretty cabinets with marble counter tops. Priced Reduced \$180's. Call Joe Hughes @ Home Realtors (432)263-1284 Cell 270-7877 Home 353-4751.

OWNER FINANCE 1804 Main. Two bedroom, one bath. \$18,900. Easy Terms. Call (325)893-1973.

OWNER FINANCE. 19605 North Hwy. 87 in Ackerly, 2.64 acres. 3 Bedroom, 1 bath w/barn. On 87 and 2230. \$26,000.00, \$3,000 Down. Toll Free 866-894-4591.

OWNER FINANCED 506 State 2 bedroom, 1 bath, large kitchen. \$1500 down, payment approx. \$240/month for 12 yrs. Call (432)263-8005 or 816-1330.

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Legals

NOTICE OF APPLICATION FOR FLUID INJECTION WELL PERMIT
Whiting Oil and Gas Corporation, 1700 Broadway, Ste. 2300 Denver, CO 80290-2300 is applying to the Railroad Commission of Texas for a permit to inject fluid into a formation which is productive of oil and gas. The applicant proposes to inject fluid in the Lower Clear Fork Formation, Yarbrough Lease, Well Number 4. The proposed injection well is located 5 miles NW of Big Spring, Texas in the Would Have (Clear Fork) Field, in Howard County, Texas. Fluid will be injected into strata in the subsurface depth interval from 5500 to 5710 feet.

LEGAL AUTHORITY: Chapter 27 of the Texas Water Code, as amended, Title 3 of the Texas Natural Resources Code, as amended, and the Statewide Rules of the Oil and Gas Division of the Railroad Commission of Texas.

Requests for a public hearing from persons who can show they are adversely affected, or requests for further information concerning any aspect of the application should be submitted in writing, within fifteen days of publication, to the Environmental Services Section, Oil and Gas Division, Railroad Commission of Texas, P.O. Box 12967, Capitol Station, Austin, Texas 78711 (Telephone 512/463-6792). #4866 February 6, 2006

Legals

NOTICE OF APPLICATION FOR FLUID INJECTION WELL PERMIT
Whiting Oil and Gas Corporation, 1700 Broadway, Ste. 2300 Denver, CO 80290-2300 is applying to the Railroad Commission of Texas for a permit to inject fluid into a formation which is productive of oil and gas. The applicant proposes to inject fluid in the Lower Clear Fork Formation, Slater Lease, Well Number 8. The proposed injection well is located 5 miles NW of Big Spring, Texas in the Would Have (Clear Fork) Field, in Howard County, Texas. Fluid will be injected into strata in the subsurface depth interval from 5478 to 5686 feet.

LEGAL AUTHORITY: Chapter 27 of the Texas Water Code, as amended, Title 3 of the Texas Natural Resources Code, as amended, and the Statewide Rules of the Oil and Gas Division of the Railroad Commission of Texas.

Requests for a public hearing from persons who can show they are adversely affected, or requests for further information concerning any aspect of the application should be submitted in writing, within fifteen days of publication, to the Environmental Services Section, Oil and Gas Division, Railroad Commission of Texas, P.O. Box 12967, Capitol Station, Austin, Texas 78711 (Telephone 512/463-6792). #4867 February 6, 2006

**EXERCISE YOUR RIGHTS!
VOTE!**

Tomorrow's Horoscope

The Gemini moon is a master of mischief. So, if your inner voice suddenly seems to be playing truth or dare with you, you're not the only one. Playfulness is one of the ways this moon expresses its energy, which, by the way, blends perfectly with the Aquarian agenda of madcap wonder. Eccentricity is the norm!

ARIES (March 21-April 19). You feel as though you're standing on the intersection of life pushing the "walk" button and expecting that it will have an influence over the traffic pattern. Whether or not it actually does remains to be seen.

TAURUS (April 20-May 20). Close your eyes, and imagine you are where you want to be. Life supports your desires for positive change. Take advantage of this! You can start by recognizing your many good qualities.

GEMINI (May 21-June 21). Your destiny seems to catch you off guard. You wind up in the perfect place at the perfect time without the slightest bit of planning or foresight. It's all about trusting that you were meant for good things.

CANCER (June 22-July 22). It's time to state your intention with regard to work and your career. Be straightforward but not overbearing — you catch more flies with honey. In the end, this is the best way to let your brilliance flow.

LEO (July 23-Aug. 22). The stars feature your friendships. Being a good friend is all about masterful timing. You're quiet and attentive when you need to be. You speak up when it feels right and you let your friend make his or her own mistake when he needs to.

VIRGO (Aug. 23-Sept. 22). The stars suggest a long walk or a movie with a friend. Reflection is necessary in order to move you into the great new self you are becoming. Your time is now. Don't miss it.

LIBRA (Sept. 23-Oct. 23). It is said that you can never go back. What it really means is that when you go back, it's just not the same, so you're not really back. Nonetheless, today you get as close to "back" as possible without really being there.

SCORPIO (Oct. 24-Nov. 21). Playfulness is an attribute you possess in the best of times. Bring that quality into a more serious situation, and watch how it transforms you and those around you.

SAGITTARIUS (Nov. 22-Dec. 21). To be brutally frank, there are some people you will never feel close to — you just won't. In order for someone to become your friend at this very busy time in your life, he or she will have to be very special, indeed.

CAPRICORN (Dec. 22-Jan. 19). Time is irrelevant to the heart. You may want to revisit a dream you thought was impossible. New pathways are opening, and it is up to you to travel them.

AQUARIUS (Jan. 20-Feb. 18). In order to get where you want to go, you'll have to lighten your load. Whatever is bringing you down, get rid of it. Identify it, and push it out, shake it off, drop it.

PISCES (Feb. 19-March 20). This is the ideal time to see where you can begin to expand your weekly routine to include some form of meditative relaxation. Begin simply, and allow some daydream time. Have fun with it.

LOVE IN THE TIME OF 2006: SCORPIO: Who are your winning partners for the new year? Part 8 of 12: Scorpio has a deeply emotional connection with other water signs, so these relationships are smooth sailing. The signs

belonging to the element of water are: Scorpio, Pisces and Cancer. But 2006 isn't about the ease of glassy seas. The storms of love build excitement and character simultaneously. Aries brings on tumultuous times, lighting Scorpio's heart on fire! Virgo is a challenge for Scorpio, and things don't get easier, but the sweet rewards are worth it. The tie between Scorpio and Capricorn is filled with knots — the artful kind that is hard to undo. Aquarius can play games like the best of loves but always lets Scorpio win in the end. Sagittarius and Taurus introduce Scorpio to a new world of opportunity, and their connection could usher Scorpio into an impossibly exclusive situation. Everyone else will be so jealous! Gemini and Libra are big fans of Scorpio and will make concessions, even by moving across the globe, in order to have Scorpio's love. Leo is sure to take charge of a relationship with Scorpio, offering many benefits if Scorpio is amenable to suggestions.

CELEBRITY PROFILES: Aquarius Carole King is one of the most lauded songwriters of the past 40 years, and her Aquarius sun kicks in to help her keep the music true and perennially current. She continues writing and playing because music is a central part of her entire being; intellectual expression is central to the survival of the Aquarian soul! 2006 finds this "natural woman" on tour, playing to fans age 8 to 80.

If you would like to write to Holiday Mathis, please go to www.creators.com and click on "Write the Author" on the Holiday Mathis page, or you may send her a postcard in the mail. To find out more about Holiday Mathis and read her past columns, visit the Creators Syndicate Web page at www.creators.com.

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Dear Prudence

Dear Prudence: During the holidays, my young niece secretly eloped with an older man who is a convicted felon. None of the family, including her parents, was aware of it until after the new year.

It suddenly occurred to the bride that she missed out on an opportunity to receive some nice wedding presents. She conned her doting grandparents into hosting and paying for a "wedding" with the white dress, seven bridesmaids, and a barbecue for 100 expected guests.



MARGO HOWARD

I wouldn't have had a problem had it been billed as a wedding reception, but the invitations were the schmaltzy "you are invited to celebrate the beginning of Jack & Jill's life together," and included business cards from the merchants where she was registered for gifts. One of the cards even had a dollar figure on it as a minimum gift amount.

I declined the invitation, even after the bride's grandmother threatened never to speak to me again if I didn't attend. I'm all for marital bliss, but not as a fund-raiser, and announcing that you won't be my friend if I don't come to your party is a little too much like junior high school for me. Am I being picky? — Ticked

Dear Tic: Even with a thesaurus, Prudence is having trouble coming up with a word to apply to a minimum dollar amount written on a merchant's business card enclosed in a party invitation. (We will not even deal with an almost certainly immature bride and the groom's alma mater, as it were.)

The odds are good that you are not the only one to look askance at this charade, and that Granny will be threatening quite a few others on the guest list. — Prudence, indelibly

Dear Prudence: I feel really sad and guilty about saying this, but the truth is, I don't like my mother. In fact, I don't know if I can honestly say that I love her. In the past, I thought that putting a continent between us would help the situation, but it hasn't. I found that when she called, I would still feel irritated and ultimately drained by her negativity, dependence and constant offering of unsolicited advice.

When she visited, I felt anxious at the thought of her being alone in my house all day while I was at work and took some of my belongings to work for safekeeping. For years, our conversations consisted (and still do) of her doing most of the talking. She is clingy, very needy and doesn't understand personal boundaries. I feel that she seeks to live through me, and I resent it. I feel angry that she made her children her life, and now that we are all well into adulthood, she doesn't have a life of her own.

To complicate matters, my husband absolutely loves her and wants her around more frequently than I am comfortable with. The situation is complex. I don't want to hurt her, and I have given a lot of thought to having a discussion with her about my feelings, but I'm afraid she will get sulky and/or play the martyr.

Prudence, I know that I can't change her, but how do I get past my anger and resentment? — Tired of Being Angry

Dear Tire: Ditch the guilt. Being related by blood is an accident of DNA. Nowhere is it written that everyone must love everyone, and these discordant notes happen in the best of families. Forget having a "discussion" with her. Because of her age, her lifelong pattern and her neuroses, you wouldn't get very far.

The thing for you to do is spend a little time with a good therapist so you can get to the point where you can achieve some

combination of understanding and tuning out. You may even discover, in this process, some buried stuff of your own. — Prudence, therapeutically

Dear Prudence: I'm an admitted homophobe. Often at my university, issues such as gay rights are brought up in discussion, and, needless to say, my point of view is not shared by many others. I do not volunteer my opinion, but when I am asked, I respectfully give it. I also do not try to "fix" anyone.

However, several people have tried to "fix" me, saying I need to change my views and embrace a broader spectrum of beliefs. Others have simply resorted to ridiculing me for my opinions. As much as I disagree with homosexuality, I do not ridicule anyone who engages in it, and I respect the fact that it is their belief. Is it too much to ask for the same thing in return?

In this day and age, is it wrong to be a homophobe? If I am indeed entitled to my own opinion, how can I avoid being ridiculed for it? — Conservatively Signed

Dear Con: Of course you are entitled to your opinion, but being phobic about "any" category of people leaves you open to charges of being intolerant. Fair or not, your homophobia will make you unacceptable to quite a few people.

The problem is that these days, your view of homosexuality is considered by many to be unkind, narrow and somewhat backward. Enlightened thinking today is such that you probably can't avoid being ridiculed in certain circles, especially in a college setting. Take comfort, however, that you are not the only one with this attitude, so you will not wind up entirely friendless.

You are wrong about one thing, however. You refer to people's homosexuality as "their belief." It ain't a belief, cupcake, it is who they are. Perhaps with time and maturity your views will change, or at least soften. — Prudence, divergently

Dear Pru: I frequently encounter a situation I'm never quite sure how to handle. I am an avid reader. At any given time, I have a novel in my hand. I always keep a book in my purse to read in long lines, on my lunch break, etc.

My question is this: What do I say when people ask, "What are you reading?" My usual response is, "A book," but that comes off as snotty, and then they always go, "What book?" I like to read unusual books or those by little-known authors, so it's not like I can say, "Catcher in the Rye," and they'll go, "Oh!"

I know they won't know what I'm talking about, and they usually give me a puzzled look when I name the book, so then I feel like I have to give them a rough outline of the book when I know they were just asking to make simple conversation or be polite.

So what is a quick, polite answer to what I'm sure is meant to be a quick, polite question? — Always Reading

Dear Al: Prudence, like you, always carries something to read. The interesting thing is that no one has ever asked for the title; well, hardly ever. You are correct that your usual response, "A book," is more terse than it needs to be. You err, Prudence believes, in feeling you must tender an "outline" of what the book is about. We are talking about strangers, after all.

As for offering a title that should guarantee an end to the conversation, you could go one of two ways. Tell them something arcane, like "Incompleteness: The Proof and Paradox of Kurt Godel," or name a good old, girly chestnut, like "Little Women." Then put your nose back into your book. — Prudence, briefly

Dear Prudence is written by Margo Howard, Ann Landers' daughter. © 2006 SLATE.COM DISTRIBUTED BY CREATORS SYNDICATE, INC.

Annie's Mailbox : Advice for those in need

Dear Annie: I'm a teenager, and a few months ago, I tripped over something I wish I'd never seen. My father's e-mail happened to be open, and I saw one with the subject line "I love you." I was curious, thinking it was a sweet note from my mother, so I looked inside. It turned out to be written by a girl named "Mary."

I decided to read more, to make sure it wasn't just an e-mail sent to the wrong address, and I was disgusted by what I found. Turns out there have been several e-mails, from both my father and Mary, proclaiming their love for each other. My father apparently has seen her on numerous occasions and talked about being intimate with her. I did my research and learned that Mary works with my father, is significantly younger and is still in college.

I'm not sure how to deal with this. I cannot bear the sight of my father without thinking of what he has done. I do not want to tell my mother, because I am afraid they will get a divorce and rip our family apart, and the blame will be on me.

I still cannot get over the fact that my father has cheated, and may still be cheating, on my mother. Any advice? — Horrified Teen

Dear Horrified: This is why snooping is such a

bad idea. You discover things you wish you'd never known.

Talk to Dad, and tell him what you found and how upset you are. Let him know that you don't feel comfortable keeping his secret, so he'd better come clean to Mom. You are not responsible for your parents' happiness. If they are having problems, they should seek professional help, and you might want to discuss this with your school counselor or a trusted adult who will be discreet.

Dear Annie: My husband became ill and eventually lost his job. We then had to claim bankruptcy. I am wondering if, after the bankruptcy is finalized, there is any way we can start rebuilding our credit in spite of the seven- to 10-year it is on our credit report. — Ashamed and Embarrassed Couple

Dear Ashamed: Sometimes circumstances spiral out of control, and there is no shame in using the bankruptcy laws to get back on your feet. Unfortunately,

bankruptcy will stay on your credit record for seven years and may reduce your "credit score" for even longer. You still will have some access to credit (you will probably continue to receive solicitations for high-interest credit cards), but it will be more expensive. While you are waiting for the time to pass, be sure to pay all your bills promptly and keep your financial noses clean. Good luck.

Dear Annie: This is in response to "Sober Only Child," whose father called while drunk and berated her.

Years ago, when I was in my late 20s, I was in a similar situation with an alcoholic father. I waited eight years to become pregnant, and then lovingly, but firmly, told Dad how much I wanted him to be involved in his new grandchild's life, but it could not take place unless he stayed completely sober.

To my great surprise, my father made that commitment. It was wonderful. For the next two years, he and my daughter shared precious, priceless moments that



KATHY MITCHELL
MARCY SUGAR

she still can recollect. My father died of pancreatic cancer just two months after my daughter's second birthday. I am so grateful that they were able to share time together and that my actions made a difference in my father's life.

Thank you for recommending Adult Children of Alcoholics. It is a great place to gain the knowledge, courage and support to make important decisions regarding alcoholism and the family. — Sober Mom

Dear Mom: How touching that you, your daughter and your father had this special time together. We hope your story will help others in similar situations.

Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column. Please e-mail your questions to anniesmailbox@comcast.net, or write to: Annie's Mailbox, P.O. Box 118190, Chicago, IL 60611. To find out more about Annie's Mailbox, and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate Web page at www.creators.com.

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Want to have the adventure of a lifetime without all the fuss? Read!

MONDAY

	WFAA (2)	KMID (3)	UNI (4)	KPEJ (5)	KOSA (7)	KYLE (8)	KWES (9)	WTBS (11)	KMLM (12)	KOCV (13)	DISC (20)	AMC (21)	SPIKE (22)	TNT (23)	BET (26)	DISN (27)	ESPN2 (28)	ESPN (29)	SCIFI (34)
6	News (CC)	News (CC)	Spanish	My Wife-Kids	News	La Tomerita	News	Raymond	Van Impe Press	News-Laher	Discovery	Classics	Spike TV	Atlanta	Black Ent.	Disney	College	Champions	Science Fic.
7	Ent. Tonight	Wheal-Fortune	Plat de Otono	Skating With	News	El Cuerpo del	Surface (CC)	Friends (CC)	Update/Israel	Antiques	Rough Racing	Classics	CSI: Crime	Law & Order	Live	PHI of Future	College	Champions	Surface (CC)
8	Whe Swap (CC)	Whe Swap (CC)	Contra Viento y Marea	24 (CC)	King How I Met	El Cuerpo del	Las Vegas (CC)	Friends (CC)	Light of the	Roadshow	Biker Build-Off	Movie: Dazed and Confused	CSI: Crime	Law & Order	Movie	Movie: The Jungle Book 2	Louisville at	Two	Stargate SG-1 (CC)
9	News (CC)	News (CC)	Cristina	My Wife-Kids	CSI: Miami	Decisiones	Medium (CC)	Family Guy	The Hour of	To Be Announced	Overhaul/	Movie: The In-Laws	CSI: Crime	Law & Order	The Parkers	Naturally Sadie	Texas at Texas	Stargate SG-1 (CC)	
10	News (CC)	News (CC)	Primer Impacto	70s Show	News	Noticias	News	Movie: Road	The Hour of	Charlie Rose	Rough Racing	UFC	CSI: Crime	Law & Order	The Parkers	Naturally Sadie	Texas at Texas	Stargate SG-1 (CC)	
11	Ent. Tonight	Jimmy Kimmel	La Hora	Backer (CC)	Letterman	Late Late	Al Rojo Vivo	Movie: Boat	Biblical Israel	Sign Off	Biker Build-Off	Movie: Super Troopers	TNA IMPACT!	The X-Files	Comiclaw	St. Mary's at	SportsCenter	The Outer	
12	Live (CC)	Extra (CC)	Amigas y	Backer (CC)	Show	The Insider	King of the Hill	Update/Israel	John Hague	Overhaul/	Real TV (CC)	The X-Files	Comiclaw	That's-Raven	SportsCenter	The Twilight	Zone (CC)		

DENNIS THE MENACE



"NEXT TIME LET'S GO TO ONE OF THOSE NICE RESTAURANTS THAT HAS A PLAYGROUND."

THE FAMILY CIRCUS



"Mommy, where are the eyes you said you had to have back here?"

HAGAR



BLONDIE



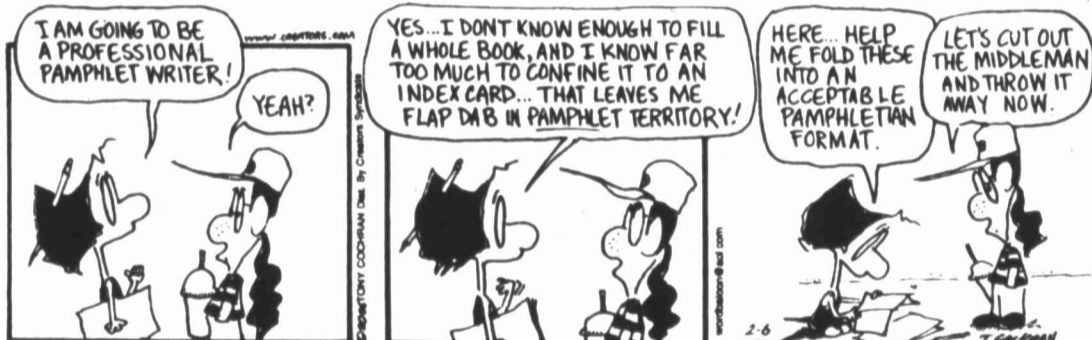
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HI AND LOIS



THE OTHER COAST



SNUFFY SMITH



BETLE BAILEY



This Date In History

Today is Monday, Feb. 6, the 37th day of 2006. There are 328 days left in the year.

Today's Highlight in History:

On Feb. 6, 1911, Ronald Wilson Reagan, the 40th president of the United States, was born in Tampico, Ill.

On this date:

In 1756, America's third vice president, Aaron Burr, was born in Newark, N.J.

In 1778, the United States won official recognition from France with the signing of treaties in Paris.

In 1788, Massachusetts became the sixth state to ratify the U.S. Constitution.

In 1895, baseball legend Babe Ruth was born in Baltimore.

In 1899, a peace treaty between the United States and Spain was ratified by the U.S. Senate.

In 1933, the 20th Amendment to the Constitution, the so-called "lame duck" amendment, was declared in effect.

In 1952, Britain's King George VI died; he was succeeded as reigning monarch by his daughter, Elizabeth II.

In 1959, the United States successfully test-fired for the first time a Titan intercontinental ballistic missile from Cape Canaveral, Fla.

In 1992, 16 people were killed when a C-130 military transport plane crashed in Evansville, Ind.

In 1998, President Clinton signed a bill changing the name of Washington National Airport to Ronald Reagan Washington National Airport.

One year ago: The New England Patriots won their third Super Bowl in four years, defeating the Philadelphia Eagles, 24-21.

Walmsley is 50. Actress Kathy Najimy is 49. Rock musician Simon Phillips (Toto) is 49. Actor-director Robert Townsend is 49. Actor Barry Miller is 48. Actress Megan Gallagher is 46. Rock singer Axl Rose (Guns N' Roses) is 44. Country singer Richie McDonald (Lonestar) is 44. Singer Rick Astley is 40. Rock musician Tim Brown (Boo Radleys) is 37. Actor Brandon Hammond is 22.

Thought for Today:

"Politics is not a bad profession. If you succeed there are many rewards, if you disgrace yourself you can always write a book."

President Reagan (1911-2004).

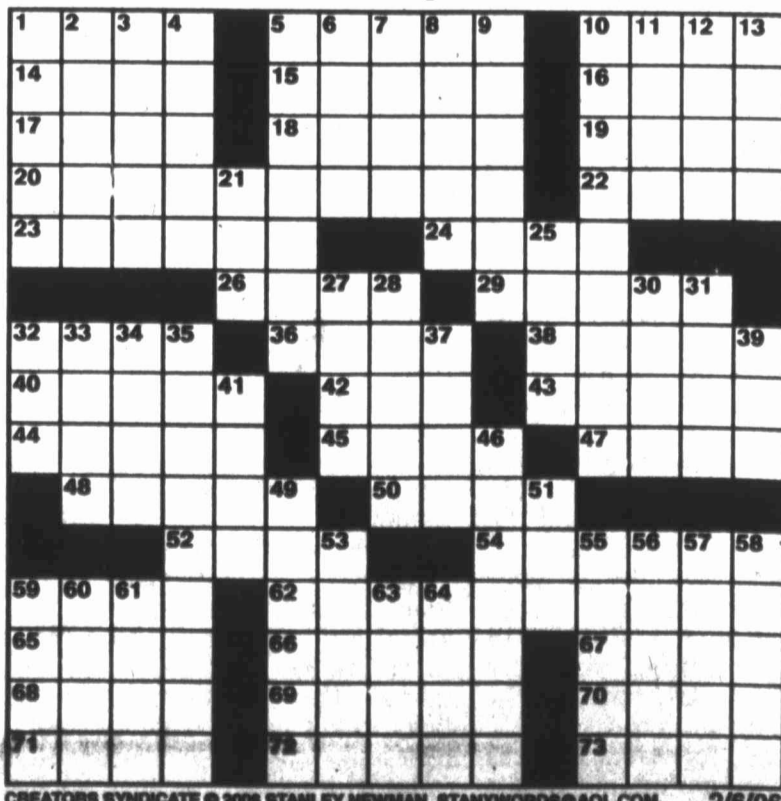
Answer to previous puzzle

CRYSTAL	APRICOT
REUNITE	THERAPY
ESCAPES	MOLESUP
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ABES	ABES
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ANAR	COMET
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RIM	MINUS
LADLE	LADLE
EVADING	ELATION
SARALEE	LICENSE
SLYNESS	FLEDGED

Newsday Crossword

AT THE AIRPORT by Gail Grabowski
Edited by Stanley Newman
www.stanxwords.com

- ACROSS**
- 1 Strikes firmly
 - 5 Elevated barn areas
 - 10 Waterproof cover
 - 14 Aid in a crime
 - 15 Dole out
 - 16 Creme-filled cookie
 - 17 Director Ephron
 - 18 "Cool!"
 - 19 Banana covering
 - 20 Place removed from reality
 - 22 Counterfeit
 - 23 Small sofa
 - 24 Whipper
 - 26 Up in (outraged)
 - 29 Polo or tee
 - 32 Declare openly
 - 36 Cairo's river
 - 38 Once more
 - 40 Lay the lawn anew
 - 42 Coupe or convertible
 - 43 Midafternoon hour
 - 44 Western lake
 - 45 Heroic tale
 - 47 Exam
 - 48 Soup server
 - 50 Stitched line
 - 52 Architect's design
 - 54 Study, with "on"
 - 59 Aquatic mammal
 - 62 San Francisco bridge
 - 65 Mystical glow
- DOWN**
- 1 Indian princesses
 - 2 On top of
 - 3 H. Ross
 - 4 Begin
 - 5 Portable light
 - 6 Butter substitute
 - 7 Defect
 - 8 Carved pole
 - 9 Mall tenants
 - 10 High-quality
 - 11 Region
 - 12 Small awful
 - 13 One from Warsaw
 - 21 Thumbs-up vote
 - 25 "Huh?"
 - 27 Rat relatives
 - 28 Open-handed hits
 - 30 Steak preference
 - 31 Secures, as a shoelace
 - 32 Mural or sculpture
 - 33 Cutlet meat
 - 34 Govt. workplace watchdog
 - 35 Carpenter's tool
 - 37 Pennsylvania port
 - 39 Tennis-court feature
 - 41 Wooded valley
 - 46 Vocations
 - 49 National birds
 - 51 Fellows
 - 53 Not a soul
 - 55 See eye to eye
 - 56 Every 24 hours
 - 57 Say out loud
 - 58 Serenity
 - 59 Go to sea
 - 60 Money in Italy
 - 61 Saudi citizen
 - 63 Minstrel's instrument
 - 64 Conked out



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