

**PLANTING TIME**  
Clean and pure seeds only will grow.  
Save money by cleaning.

# The Friona Star

Hens grow from Chicks.  
Chicks grow from Good Feed.

DEVOTED TO THE INTEREST OF FRIONA AND PARMER COUNTY

Vol. 13 FRIONA, PARMER COUNTY, TEXAS, FRIDAY, MAY 26 1939. No. 43

## COGITATIONS and APHORISMS of JODOK

Well! Another school year has passed into history so far as the 1938-39 term of the Friona High School is concerned, and thirteen more fine boys and thirteen splendid girls have completed another step of their education, and are now ready for other and more strenuous laps in their race for an education; whether it be in higher institutions of learning or in going up against the cold and hard realities of life, it will be, nevertheless, another lap in the race for an education, we all must take, secure or accept as the case may be, whether we will it or not.

To the best of my recollection, this was the first commencement program to be held by the Friona High School, that I have not attended, and it was owing to a slight attack of illness, last Friday, which persisted in hanging on until in the evening that I was not present at the commencement last Friday night.

I always enjoy seeing the splendid young people file into the auditorium, the Juniors from one side of the room and the Seniors from the opposite side and march in single file up the side aisles, and passing across the rear of the room to the center aisle, form a double column and march down the aisle to the front of the room where they take their respective places, and await their turn to pass to the stage and receive their diplomas.

All this, with the music, the songs, the invocation, the commencement address, and the benediction, constitute, in my opinion, one of the prettiest, as well as one of the most serious and helpful programs we are ever permitted to enjoy.

Well! This thinking of the Commencement exercises of our school has brought about a little retrospection, and called me back to some of the things that I said last week in regard to the Youth of our country, herein I said that, in my opinion, it is up to the youth of the present generation to decide what the country has in store for him, by deciding what he has in store for the country, by making for himself, a place, if one has not already been handed to him on a platter by some good friend or relative.

One of the first things he needs to do, in my opinion, is to get this popular "gimme" idea out of his head and get the "Make-it" idea in its place, and keep it there, and I believe there is little doubt but that he will soon learn that this is practically the only idea that he will need in finding out what the country has to offer him.

On former occasions I have enumerated a few of the things that the youth of Friona can do for himself, and do it without entering into competition with any of his fellow citizens. Perhaps no one paid any attention to those statements, but I will not take time to renumerate them her now.

I will just mention the fact that I heard one of our young men only last week, state his intention of entering upon one of those same projects that I had mentioned, when he said he is planning to and making arrangements this year, to raise something like 2,000 hens next year, by providing the necessary buildings and raising the needed feed this year, to house and feed these same hens.

Not only does he intend to produce a large quantity of eggs, which he will do if he properly feeds and houses his hens, but he will provide his own transportation for placing them on the markets by having his own truck and doing his own driving. Not only this, but he will take proper care of his eggs and market them always while they are guaranteed absolutely fresh and therefore have absolutely no added eggs.

In doing this he will not be entering directly in competition with any of his fellow citizens at Friona nor elsewhere, for his plan is original and not being practiced by anyone in this territory, nor anywhere else, so far as I know. He reasons thus: that if the local produce dealers can buy their eggs from the farmers and pay them a price sufficient to enable them to produce them and then bear all of the "overhead" of caring for them and delivering them to the markets, why should not I be able to produce my own eggs on the market with my own equipment, and at the same time be able to guarantee fresh eggs with a good prospect of a better price, and not be a competitor on Page Four

# Jr. Club Sponsoring Clean-up Week

## Proclamation Issued By Mayor

WHAT ADEQUATE NATIONAL DEFENSE MEANS to AMERICAN YOUTH.

By Miss Kathalene Thompson

National Defense is the protection and guarding of a nation against invading countries. To have a strong, adequate national defense a nation must have a strong army and navy. Not only must our nation have a strong army and navy, but it must have established in the minds of American people the importance of defense for the sole purpose of maintaining peace. There is only one power that can make peace, and that is the power of God at work in the hearts and minds of the human race. I do not agree with those who say that our defense is solely to protect us in time of war; it is to help prevent war.

At the present time our armed forces and our natural defenses are sufficient to prevent any enemy from penetrating our territorial seas or continental boundaries. Our navy is perhaps our first line of defense, and if it remains at home and defends our own country, it is not likely that any opposing side will wage a battle on us. By the time a naval fleet from any other country would sail to the American coast, their fighting effectiveness would be low and our naval forces would be strong enough to defend our country. In other words, if our American navy stays on its own seas, it cannot be beaten. If the navy should be defeated the invading enemies could be attacked as they entered the harbors, which could be adequately protected "by forts, mines and submarines." They would be thousands of miles away from home and solely depending on the equipment and supplies brought by them. Our army, which would be defending our soil, would soon take care of the remains.

If the United States would build its army and navy larger, thus making it stronger, this could be applied to the naval battles, but now that poisonous gases, bombing airplanes, and commerce-destroying submarines have been added to the weapons of war, our National defense against war must be increased and made stronger than any opposing side. The world is arming fast, and if it continues there will be a war of great demolition, more people will be killed, and many, many, houses and cities will be destroyed. Millions of men, women and children, all of whom are supported by an economic mechanism of life, will be left to discomfort and poverty, or even starvation, due to a destructive war. I think we should only fight in self-defense and stay at home and leave the other countries' affairs alone. As far as the actual appropriations for ships and guns, munitions and planes, and training for preparedness toward war is concerned, Congress will help President Roosevelt all it can, but it disagrees with him of the purposes of increased national defense spending. I agree with Congress when it says that "the United States should mind her own business and not give too much tongue-lashing to the nations that are doing things which we cordially disapprove. I am impressed with the idea that the best way to preserve peace is to be so strong that it would be a foolish act for any foreign country to get us into war.

Women all over America want peace. They don't want war, but their opinions as to war are; that if a certain occasion justifies a war they would not keep their sons from going unless it was an overseas war; they also think that America should not fight for its commercial interests abroad, and that we should not lend money or send munitions or supplies to countries at war. The women don't think that they should fight alongside of the men in the next war. This was a survey taken of the views of women over America toward war and the larger per cent voted on these things. The great words "Freedom," "Honor," "Peace," "Justice," boom out their thrilling challenge, and reaching down beneath reason, wake ancient instincts from their sleep, sending men out to play their brothers in an ecstasy of sacrifice. To sacrifice their husbands to go to war so that they might sacrifice their lives for our country is a very sad and hard thing to do, but the women of America would have to do it if another war is declared. They would have to take their children and move to tents in concentration camps, although many of them would be left homeless, if we fought in the United States. Even in Europe the same situation would come to pass. After all, the people in Europe are human beings as well as we people in America, so their lives mean as much as ours.

### ADOPT RESOLUTIONS FOR CLEAN-UP WEEK

Realizing that our little city should present the neatest and cleanest appearance possible, for the promotion of health and the reduction of fire hazards, as well as for beauty of appearance, and further realizing the fact that there is now no organization of the city sponsoring such a move this year, we, the members of the Friona Junior Woman's Club, have taken upon ourselves as an organization to sponsor such a move. We have, therefore, in regular business session of our club voted unanimously that—

The Friona Junior Woman's Club shall sponsor a City-wide Clean-Up Week, for the City of Friona, and designate the week beginning May 29 and ending June 3, inclusive, as such week. And it is further Resolved: that the owners of all business places, and private residences, and all civic and social organizations of the city, be invited to cooperate in this worthwhile move, by collecting all refuse of every kind whatsoever, about their respective premises, and place same in suitable containers and place them near the alleys in readiness to be removed to the city dump ground. It is further Resolved: that the Mayor of the city be asked to issue a proclamation declaring the above-stated week, to be Official Clean-up Week for the City of Friona.

Friona Junior Woman's Club.

### MAYOR'S PROCLAMATION

It is a self-evident fact that a clean city is more attractive in appearance, not only to its citizens, but to all who may visit us, even to the stranger within our gates. And realizing that such a condition promotes good health, decreases fire hazards and improves the sanitary conditions of the city generally, and being informed that the Friona Junior Woman's Club is sponsoring a "Clean-Up Week" for our city, I do hereby proclaim the week of May 29th to June 3rd, inclusive, as Official "Clean-Up Week" for the City of Friona, Texas.

F. W. Reeve, Mayor of Friona.

### GLAD TO COOPERATE

The following list of business concerns and local organizations, have signed the resolutions given above, signifying their willingness to cooperate with the Junior Woman's Club, in its efforts during Clean-Up Week.

Friona Woman's Club, Mrs. Diger, Pres.; Chamber of Commerce, J. A. Blackwell, Pres.; City Commission, F. W. Reeve, Mayor, and F. L. Spring and Carl Maurer, Commissioners; Friona Star; Churches: Methodist, L. L. Hill, pastor; Baptist, Joe Wilson, pastor; Pentecostal, E. E. Houlette, pastor; Congregational, C. Carl Dollar, pastor; Business Houses: T. J. Crawford, W. B. Wright, Dan Ehrbridge Agency Dwight's Garage, Smiley's Cafe, Pioneer Cafe, City

Cont. on page 4

### Teachers, I Thank You.

Owing to the fact that I was unable to be present at the Commencement Exercises last Friday night, and thus be able to give a verbal expression of my gratitude for the honor conferred upon me by Superintendent W. L. Edelman, and his faculty of splendid teachers, I am taking this means of such expression.

I sincerely thank you, Mr. Edelman, and each and all of your excellent teachers (I would like to call each by name, but do not know all of them), for the very beautiful tokens of appreciation which you have given me, and which, on my part, was so unexpected. I further thank you, not only for the visible evidence, but even more, for the very nice things that you said in my behalf to the public gathered at the school auditorium at that time.

It is useless for me to attempt to tell you in words, just how I appreciate this kindness on your part. I find that words cannot express that deep feeling of genuine joy, gratitude and satisfaction, that I feel away back in my heart, or soul, or mind, or wherever it may be located, and I have arrived at the conclusion that language in the form of mere words, was never intended to express such feelings.

When each of you have passed the seventy-first mile stone in your journey of life, during all of which time you have earnestly tried to do the best you could for all your fellow men, at all times and in all places, and then some good superintendent and his force of teachers; or, perhaps some former student or pupil, comes to you with just such an expression of appreciation of your services, as you have done in this instance, then, and not until then, will you realize the thrills of joy and satisfaction that are now surging throughout my entire being; and it is my guess that your efforts at expressing this joy in words, will be just as feeble and inefficient, as mine are on this occasion; but I have made an honest effort at making such an expression, and shall continue so to live in thought, word and deed, that I may be worthy of your continued appreciation and confidence.

Sincerely yours,  
John White.

### Dr. Stover Critically Ill.

At this writing, Wednesday afternoon, the last word from Dr. Stover, who is seriously ill at the Memorial Hospital in Clovis, New Mexico, was to the effect that the Doctor was slightly improved. This information was received Tuesday afternoon, since which time no further word has been received.

Dr. Stover was taken to the hospital on Wednesday of last week, and is reported as suffering from a severe attack of typhoid-pneumonia, aggravated by asthma. Grave fears for his recovery were entertained throughout Saturday and Sunday. The fact that no further word had been received on Wednesday concerning his condition led his many friends here to hope that he was still improving.

Miss Lora Mae McFarland, who has been teaching at Deer Park during the past term, returned home Wednesday for the summer.

### C of C Banquet

The local Chamber of Commerce will hold its regular meeting Monday night May 29, in the basement of the Congregational Church.

There will be a banquet; and a splendid program is being arranged with probably a guest speaker.

### Edith Johnson Deaton

Edith Glen Johnson was born July 14, 1919 in Kaufman County Texas. She came to west Texas and Friona with her parents in 1927. She died at her home at Black, Texas, Saturday, May 20th.

Edith was married to Leslie L. Deaton Jan 14, 1937. To this union was born one baby girl, Lois Marie, age 17 months.

Edith was converted and united with the Church of Christ here in Friona. A good many of her friends remember with satisfaction her dedication some few years ago.

Edith leaves to mourn her passing her husband, Leslie Deaton, her baby girl, Lois Marie, her parents, Mr. and Mrs. W. W. Johnson, brothers, Homer, Ernest, Roy and Herbert—sisters, Bernice and Louise, Uncle and Aunt Mr. and Mrs. Louie Johnson and a host of friends.

Funeral services were conducted here Sunday afternoon, at the Baptist church, conducted by the pastor, Rev. Joe Wilson; Following the services, the remains were laid to rest in the Friona cemetery.

The Star joins the host of friends here in extending sympathy to the bereaved loved ones.

### DR. STOVER REPORTED BETTER.

Just before going to press we are informed by Miss Mary Emma Stover that her father, Dr. J. E. Stover, seems much improved.

This will be agreeable news to his many Friona friends. We hope that he will be with us again soon.

The remains of Mrs. Erickson, who formerly lived here, were brought here for burial Wednesday. She was a sister of Mrs. J. W. Highfill, who formerly was a resident of this locality. No particulars of the death were learned. Funeral services were held at the Methodist Church.

### Local Valedictorian Wins Reader's Digest Award.

E. W. Boedecker, principal of Friona High School, announces that the coveted Reader's Digest Award for scholastic achievement has been won by the valedictorian of the class of 1939, Martin Todd, this city.

He has received an embossed parchment certificate upon graduation.

The Reader's Digest confers this annual award as encouragement to young men and women throughout the nation who, by their scholastic achievement, give promise of growing into leadership in their communities.

Principals of progressive preparatory and high schools increasingly advocate an interest among students in the most significant articles which appear in current magazines. Their belief is that vital contact with the living, quickening thought of our day is essential to education, both before and after graduation. As one principal expressed this thought in a letter to The Reader's Digest, "Your award and your magazine appeal to me as a way to keep our best students in the mental vanguard through the difficult transition from school to society at large."

Our own local educators are among the progressives of the nation who use this method of relating text material in magazines to current modern life. It is their broad-minded foresight which has made it possible for our students to compete for The Reader's Digest Award.

### A CORRECTION

The Star takes pleasure in correcting a typographical error in an item in last week's issue of the Star, in which Mr. L. G. Sympton's name was erroneously spelled "Simpson" instead of "SYMPTON" as it should have been. A further correction is that Mr. Sympton arrived in Friona with his wife on Sunday afternoon, instead of Sunday evening, as was stated in the item in the Star.



### Friona Legion Auxiliary To Observe "Poppy Day"

Profitable employment for hundreds of disabled war veterans has been provided by the memorial poppies which will be worn on Poppy Day, Saturday, May 27, in tribute to the World War dead, explained Mrs. V. B. Whitley, Poppy chairman of Friona unit No. 206, of the American Legion Auxiliary, as the Auxiliary women prepared for the annual observance of Poppy Day here.

Poppies have been made this year at seventy-eight government hospitals and Auxiliary workrooms in fifty-one states, where disabled veterans unable to do other work have been given employment during the winter and spring months. The work has been restricted largely to veterans receiving little or no government compensation and to those with dependent families. The bulk of the money earned has gone to the support

of families left in need when the veteran father became disabled.

The poppies, which will be distributed here on Poppy Day, have been made at Legion Hospitals where many disabled veterans have been engaged in shaping the little red memorial flowers. Materials have been supplied by the Auxiliary and the workers paid at regular intervals from Auxiliary funds. Poppy earnings have been a great boon to many families in our community during past months.

The disabled veterans are the only paid workers in the Auxiliary's poppy program. The women who distribute the flowers serve as unpaid workers and all contributions they receive go to the rehabilitation and welfare work of The American Legion and Auxiliary.

See Page Four



# Shoshone Indians Win Suit In Lengthy Legal Warfare

### Wyoming Tribe Wins Judgment Over Land Taken From Them by Arapahoes; Litigation Begun in 1913.

FORT WASHAKIE, WYO. — A white man who saw their point of view and refused to let his brothers break a treaty without later financial remuneration is the hero of 1,000 members of the Shoshone Indian tribe.

The handful of tribesmen, remnant of the once-powerful Shoshone nation, recently won a 26-year legal suit against the federal government for suspension of an ancient treaty guaranteeing them a reservation far removed from their traditional enemies, the Arapahoes.

Charles and Marshall Washakie, representatives of the tribe, led their people in the fight to obtain payment for being forced to share the land with the Arapahoe tribe. But they attribute the majority of their success to George M. Tunison, Omaha (Neb.) attorney.

Sons of the famous Shoshone chief, Washakie, the two redmen joined Tunison in the lengthy legal battle. Litigation was begun in 1913, but in the court of claims.

#### Shoshones Peaceful Tribe.

To Tunison the government dispute with the Shoshones was ironical.

"The tribe," he explained, "is one of the most intelligent, law-abiding and most friendly of the Indian nations. Chief Washakie gave the army every assistance in dealing with hostile tribes. Sacajawea, with a papoose on her back, guided Lewis and Clark over trackless mountains to Oregon. The Shoshones were the first tribe to sign the Fort Bridger treaty with the government."

Tunison became interested in Washakie's tribe as a young government attorney. He discovered that the white men had broken the agreement in 1868 when they placed the Arapahoes on half of Shoshone land. The Arapahoes, more warlike than their neighbors, had staged numerous raiding parties on settlers in their native Black Hills.

Tunison resigned his position and became the Shoshone legal repre-

sentative. Eventually he enlisted the aid of two assistants in his fight to obtain for the Indians what he considered their rightful heritage.

After he won consent to sue the government in the Court of Claims he spent the next nine years in arguing claims and counterclaims. In 1936 the Indians were awarded \$80,000, but he continued litigation in an effort to obtain the \$26,000,000 originally asked.

After several rehearings, upheld later by the United States Supreme court, value of land taken from the Shoshones and awarded to the Arapahoes was adjudged to be \$1,581,889. Interest brought the figure to \$6,364,677, from which \$1,956,233 was deducted for governmental expenses on the reservation.

Thus the tribe was awarded the remainder of \$4,035,000.

Tunison and his associates were given several hundred thousand dollars for their battle, but the Omaha attorney considered this award secondary.

## Chorus Girls Stage Unscheduled Battle



A press agent's "gag" backfired recently when a brief, exciting and wholly unscheduled battle took place at the Burbank (Calif.) Union Air terminal. When 14 sophisticated show girls, imported from New York for a show at the Golden Gate fair, stepped off the plane they mistook the press agent's picket line of local chorines for the real thing. Male bystanders and airline officials braved the fray and ended the battle.

## Blackie the Crow Finds That Scarecrow Won't Bother Him

By THORNTON BURGESS

"Unless you know a thing is safe You better let it be  
No wise crow ever takes a chance; A wise plan you'll agree."

THIS is one of the sayings of Blackie the Crow, than whom there is no one smarter or craftier on the Green Meadows or in the Green Forest. And Blackie always lives up to it. He may be just as curious about a thing as Peter Rabbit, but he never makes the mistake that Peter so often does and allow his curiosity to lead him into trouble. He just remains patient and keeps his eyes open until he is absolutely sure that a thing is harmless.

away Blackie fixed his bright eyes on that little spot. Was it a rag fluttering in the wind?  
"I don't think so," muttered Blackie. "Ha! As sure as I'm alive it is a mouse, a little meadow mouse! Now I know that it is nothing but a scarecrow and perfectly harmless!"  
He spread his black wings and sailed out over the cornfield straight



They took turns sitting on a fence post watching for Farmer Brown's Boy.

toward the scarecrow, and as he flew he shrieked at the top of his voice:

"Caw, caw, caw! Caw, caw, caw! Caw, caw, caw!" he shouted that all his relatives might hear.

"There's nothing here to do us harm. There's nothing here to cause alarm! The corn is tender, young and fine; Come on! Come on with me and dine!"

Little Mite, the runaway baby of Danny Meadow Mouse, who, you know, had found a lovely home in the scarecrow, was terribly frightened when he heard all that racket and saw Blackie coming straight toward him. He thought, of course, Blackie was coming for him, and with a frightened squeak he scrambled into the pocket of the scarecrow, where he had made himself a lovely soft bed. As a matter of fact, Blackie wouldn't have objected in the least to a tender, young meadow mouse for lunch, but he was much more interested in the corn. When at last Little Mite got up courage to peep out, what do you think he saw? Why, Blackie and all his relatives pulling up Farmer Brown's corn as fast as ever they could, and talking as fast as they could while they were doing it. They certainly were having a good time, and he wished with all his might that he could have just as good a time. You see, he didn't know that they were in mischief. They did, however, for they took turns in sitting on a fence post to watch for Farmer Brown's Boy.

© T. W. Burgess—WNU Service.

#### King Pine Dethroned

Minnesota has 7,000,000 acres of land that is either forfeited or liable to forfeiture for non-payment of taxes, the state department of conservation reports to the National Wildlife federation. A large part of this acreage was once forest land, including vast tracts of white pine. Forest products are still important in Minnesota, and about one-third of them come from farm woodlots.

## Flat Top Desks Found Efficient For Housewife

By BETTY WELLS

Half the trouble with housekeeping is simply that too many of us try to run the works on the fly. We depend on keeping all the details in our head and in a jumble. In short we're operating a complicated and important business in a way that would get us fired from any office we ever heard of.

We don't keep books. We don't schedule our work. We don't organize. We don't buy ahead. We don't keep desk supplies on hand.

And that brings us to the root of a lot of our troubles. How many of us have desks anyway? Plenty of women in charge of big households don't! Those who do are often content with little spindly affairs that couldn't be expected to function properly for much besides personal correspondence.

No, it's really impossible to do a businesslike job of housekeeping without good equipment which begins with an adequate desk. If we're to do our work as a profession we'll find that the more we work at our desk with pencil and paper the less actual physical labor will be required to run our homes pleasantly and well.

That desk will be the center of our organization; from it we will outline our work by the year, by the month, by the week, by the day. Here we will keep records of what we need, what we buy. Here we will make out orders, menus, schedules. Naturally this desk will have to be kept supplied with sharp pencils, pen points, note pads, stamps,



The George Washington desk is a handsome useful style.

stationery, rubber bands, clips and all of that—which we'll buy in quantity as we do staple groceries and light globes.

We favor a flat-top desk for the purpose, for the same reason that a business man chooses that type . . . it's more efficient. There are many flat top desks that have great distinction of design. The Queen Anne kneehole desk is lovely and graceful. So is the George Washington flat top desk illustrated today. But a Secretary type desk has its points too. Choose one that seems to suit your needs best.

© Betty Wells—WNU Service.

### Woman Succeeds Her Husband as Sheriff

ABERDEEN, S. D.—Mrs. Bertha G. Solberg enjoys the distinction of being the only woman sheriff in South Dakota. She succeeds her husband, Ole, who died recently after an auto accident. Brown county commissioners appointed her to the office after a petition bearing several thousand names, urging the appointment, had been filed with the auditor.



EARLY FILIAL FIDELITY

One of the clerks at the employment agency was a bit of a wit, and he was preparing to gain a laugh at the expense of the next in line.

"Where were you born?" he asked the man, a Scotchman. "Glasca," was the reply. "Glasgow! Whatever for?" continued the funny one. "I wanted to be near mother," said the other with devastating meekness.

#### Call the Union!

A little girl had been to church for the first time. When she returned home her mother asked her what she thought of church.

"I like it very much," she said, "but there was one thing I didn't thnk was fair."

"What was that, dear?" asked her mother. "Why, one man did all the work and then another man came around and got all the money."

#### ASSOCIATION



Mr. Jones (viewing Niagara)—What a stupendous sight!  
Mrs. Jones—Robert, are you sure you turned off the water in the bath room before we left home?

#### His Middle Name

Teacher—What is your name, young man?  
New Boy—Tommy Jones.  
"And what is your other name—your middle name?"  
"Don't, miss."  
"Don't? Are you sure that is your middle name?"  
"Well, they're always calling me Tommy Don't at home."—Stray Stories.

#### And Licenses?

"We were out on the steppes of Siberia in our sleigh," related the "woman's club" explorer. "Suddenly we heard an awful howling—and soon, looking back, we could see the dark muzzles of bloodthirsty wolves!"  
"G gracious!" gasped a sweet young thing. "How fortunate for you they had on their muzzles!"

#### Two Good Reasons

"You never read the weather predictions?"  
"Nope. I skip 'em for two reasons. One is that there's no use o' worrying about what you can't help, an' the other is that you never can rely on a prophecy till after it's come true, an' then it's too late to make any difference."

#### No Danger

Teacher—Jimmy, is it true that your mother has diphtheria?  
Jimmy—Yes, pa'am.  
"But don't you know you mustn't come to school? You might get it from your mother and then give it to the whole class."  
"No, ma'am; it's only my step-mother, an' she never gives me nothin'!"

#### Annoying

Aged Patient—I'm very much concerned. I've got into the habit of talking to myself.  
Doctor—That's nothing. Many elderly people do. I do.  
Patient—That's different. The trouble with me is that I'm such a confounded bore!

#### FAST FELLOW



"Frank's car is a speedy one—why does he say it is slow?"  
"Because it can't keep up with him, I suppose."

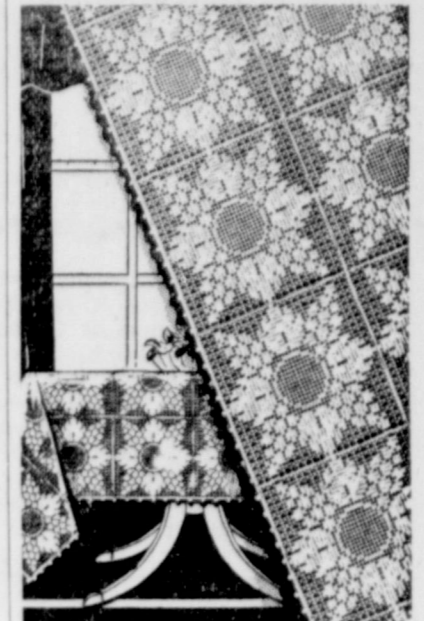
#### That Snore

Smith—My wife and I suffer from alternate insomnia.  
Brown—Alternate insomnia! What is that?  
Smith—Whichever gets to sleep first keeps the other awake all night.

#### Can't Help It

"Is your father always as glum as this?"  
"By no means. He laughs twice a year—spring and autumn—when the women's new hats come in."—Philadelphia Bulletin.

## Of Mercerized String, Using But One Square



Pattern 6307

Think how your finest china will sparkle on a flit cloth formed of these luxurious squares—and what could be more appropriate for a dinner cloth than this choice grape design? Crochet these 10-inch squares (smaller in finer cotton) of mercerized string. Make a scarf as well. Pattern 6307 contains instructions and charts for making the square; materials needed; illustration of square and of stitches.

To obtain this pattern, send 15 cents in coins to The Sewing Circle, Household Arts Dept., 259 W. 14th St., New York, N. Y.

Please write your name, address and pattern number plainly.

#### Life's Battle

WE ARE constantly speaking of the "struggle for life," and calling life "a battle"; but we do not see that our very existence, and the fact that we have a battle to fight, are due to the struggles and triumphs of those who have gone before us. We think that some strange thing has happened to us, and that our lot is an unusually hard one.

But such thoughts are altogether unworthy. Our fathers found life as hard a battle as we do, and if they had not fought we should not be alive to fight. Every stage of human history is the outworking of the same destiny; and it is in fulfilling ours, and entering well into the struggle for life as arranged for us, that we do our part toward perpetuating the moral life of humanity.

We are descendants, and somebody is responsible for us. We are progenitors, and we are responsible for somebody.

## Constipation Relief That Also Pepsin-izes Stomach

When constipation brings on acid indigestion, bloating, dizzy spells, gas, coated tongue, sour taste, and bad breath, your stomach is probably loaded up with certain undigested food and your bowels don't move. So you need both Pepsin to help break up fast that rich undigested food in your stomach, and Laxative Senna to pull the trigger on those lazy bowels. So be sure your laxative also contains Pepsin. Take Dr. Caldwell's Laxative, because its Syrup Pepsin helps you gain that wonderful stomach-relief, while the Laxative Senna moves your bowels. Tests prove the power of Pepsin to dissolve those lumps of undigested protein food which may linger in your stomach, to cause belching, gastric acidity and nausea. This is how pepsinizing your stomach helps relieve it of such distress. At the same time this medicine wakes up lazy nerves and muscles in your bowels to relieve your constipation. So see how much better you feel by taking the laxative that also puts Pepsin to work on that stomach discomfort, too. Even finicky children love to taste this pleasant family laxative. Buy Dr. Caldwell's Laxative—Senna with Syrup Pepsin at your druggist today! (Adv.)

A Forlorn Heart  
Is there a heart that music cannot melt? Alas! how is that rugged heart forlorn!—James Beattie.



### NEW IDEAS

ADVERTISEMENTS are your guide to modern living. They bring you today's NEWS about the food you eat and the clothes you wear, the stores you visit and the home you live in. Factories everywhere are turning out new and interesting products.

● And the place to find out about these new things is right here in this newspaper. Its columns are filled with important messages which you should read.

## NIP and TUCK

By BESS GOE WILLIS  
© Public Ledger, Inc.



Lookit th' smart guy! Wonder if he came down here to pick a fight?

## Recruiting for Britain's Territorials



Demonstrations and parades have been held throughout all of Britain in the drive to double the strength of the Territorial army. Here an officer of the army demonstrates the handling of a Bren gun to a group of interested men and boys.

## HIDDEN BUTTER TAXES REACH \$50,000 MARK IN 1938

CHICAGO.—Hidden taxes paid by American families in the retail purchase of butter alone amounted to \$50,000,000 last year, the National Consumers Tax commission estimates.

This burden, paid by all butter purchasers as an unseen part of the retail price, is made up of taxes originally levied against dairy farmer, trucker, creamery, railroad, wholesaler and retailer, an N. C. T.

C. study states. It places average annual consumption at 12¾ pounds for every person in the country.

The commission, non-partisan women's organization with study groups in 4,200 communities opposing "consumer-penalizing taxes," lists 17 state and local taxes and 29 federal levies involved in the manufacture and distribution of butter. "These taxes make up 11.3 per cent of the cost of an average-price

pound of butter," states the report, made public at N. C. T. C. headquarters in Chicago. "Thus a pound selling for 27 cents produces more than three cents for the hidden tax collector."

The commission declares that the taxes against the various steps of producing and selling butter are "too heavy to be absorbed and the businesses, of necessity, must pass on at least part of the burden."

The N. C. T. C. study was based on reports of the U. S. department of agriculture which placed butter production in the country last year at 1,780,000,000 pounds.

Coverlet 150 Years Old  
PAWHUSKA, OKLA. — Mrs. Blanche King displayed here recently a "colonial counterpane," 150 years old. The coverlet was made on a hand loom on a Virginia farm.

# The Friona Star

**JOHN W. WHITE**  
Editor and Publisher

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Any erroneous reflection upon the character, standing or reputation of any person, firm or corporation which may appear in the columns of the Friona Star will be gladly corrected upon its being brought to the attention of the publisher. Local reading notices, 2 cents per word per insertion. Display rates quoted on application to the publisher.

### JODOK

And why should he not do just this? I do not know of a more desirable country anywhere for the production of laying hens than we have right here at Friona. In raising, grinding and mixing his own feed on his own land, he will save the grain dealer's profit. He will save the cost of transportation of his feed products from the farm to the mills and back to the farm. He will save the manufacturer's profits. He will save the distributor's profits. He will save the cost of bags or other containers. He will save rents on store building, and he will save handling charges by doing his own work. By carefully selecting his markets, he is practically sure of receiving a premium over the regular market prices. Why not?

And just while I am writing this, comes report of a venture that is being undertaken by another of our dependable young men, but I have not enough definite information regarding it to go into detail concerning it, but as I get it, the plan is just as remarkable, just as practical, just as honorable as the one I have just mentioned, and at the same time, it will not come in any way in competition with the one I have just mentioned, although honest competition is not a bad thing. It has been said that "Competition is the life of trade." I believe it is also just as true, that too much competition is the death of trade, for each town and each community can support just so much business in any particular line, and when that limit has been reached, those engaged in that particular line must suffer some economic loss.

Now, I have related and described the expressed plans of one of our fine and dependable young men; and I have mentioned the report of assumed plans of another of our worthy young men, and I am just going to mention one more, which is or may be just an idle fancy of mine, and may run entirely amiss.

This fancy of mine is that there will, within a very few years, be a well arranged, well tilled and well managed farm opened in this locality, where all the grains and, perhaps, many of the vegetables and possibly a few of the fruits that are suitable to this soil and climate, will be grown for the sole purpose of producing absolutely pure, and guaranteed pedigreed certified seed of all these varieties of grains, vegetables and fruits, that are adapted to this soil and climate, and that this farm will be owned and operated by another one of our most intelligent, qualified and dependable young men. Yes, I even have that particular young man in mind.

Of course, as I have just stated, this visionary plan of mine may go entirely and far amiss; but if it should materialize, this farm and its manager will command the esteem, respect and confidence, as well as the gratitude of everyone in the community, and that of all others, who may come in contact with them; and his plant will be found to be, perhaps, the greatest boon the Plains country has, thus far, ever had.

The youth who is minded to do something worthwhile, and uses every possible opportunity to fit himself for doing such things, usually finds such things to do, and will, as a rule, receive the support and confidence of his fellow youths in putting his plans into execution; but the youth who is always expecting the country to have a job saved up for him, all wrapped and decorated to his most minute desires, will be likely to find that his country has no such jobs to offer.

Then, here is the youth who will take his stand.  
Endowed with brain and brawn,  
And do his best for himself and his land—  
The best the sun ever shone on;  
But the youth who make "Gimmee"  
His motto in life.  
And does not a thing for himself  
Is not worth one's effort  
In word, deed, or self.

## CHURCH ANNOUNCEMENTS

### UNION CONGREGATIONAL

CHRISTIAN CHARACTER is a SUFFICIENT TEST of fellowship and of Church membership.

The right of PRIVATE JUDGMENT and the LIBERTY OF CONSCIENCE is a RIGHT and a PRIVILEGE that should be accorded to and exercised by ALL.

Each Sunday:  
Church school at 10 o'clock, J. M. W. Alexander, superintendent.  
Church services at 11 o'clock, C. Carl Dollar, minister; Mrs. F. W. Reeve, pianist; Milford Alexander, chorister.  
Young People's meeting held each Wednesday evening, 8 o'clock.  
Monthly business meeting, Monday night after each third Sunday.

### SIXTH STREET CHURCH OF CHRIST

Church School, each Sunday at 10:00 a. m.  
Preaching Services, 11 a. m. and p. m., each Sunday.  
Young People's Meeting, 7:15 p. m. each Sunday.  
L. C. Chapin, Minister.

### FRIONA METHODIST CHURCH

"The Friendly Church"  
Weekly Calendar of Activities  
Sunday  
10 A. M., Church School.  
11 A. M., Church Services.  
7:15 P. M., Group meetings for all ages.  
8 P. M., Church Services.  
Monday  
3 P. M., Women's Missionary Society.  
Wednesday  
8 P. M., Fellowship meeting.

### BAPTIST CHURCH ANNOUNCEMENTS

Sunday Services:  
Bible School 10:00 a. m.  
Preaching Services 11:00 a. m.  
B. T. U., 6:45, Evening.  
Prayer Meeting, Wednesday Evening, 7:30.  
W. M. S., Tuesday, 2:30 p. m.  
Joe Wilson, Pastor.

### Notice of Services Summerfield Baptist Church

Sunday school each Sunday at 10:00 a. m.  
Preaching each second and fourth Sunday at 11:00 a. m. and 7:30 p. m.  
W. T. Legg, Sunday school director.  
Thurman Atchley, B. T. U. director.  
Rev. H. B. Naylor, Pastor, Evangelist

### Lazbuddy Baptist Church

Sunday school each Sunday at 10:00 a. m.  
Preaching services each first and third Sunday at 11:00 a. m. and 7:30 p. m.  
G. C. Tiner, Sunday school supervisor.

### PENTECOSTAL CHURCH NOTES

Pentecostal Order of Services  
Sunday school each Sunday at 10:00 a. m.  
Preaching Service each Sunday at 11:00 a. m. and 8:15 p. m.  
Prayer meeting each Wednesday night.  
Rev. E. E. Houlette, Pastor.

### CLEAN-UP WEEK From Page 1

Water Department, Reiser's Grocery, Friona Feed & Produce, Clements Tailor Shop, Blackwell's Hdw. & Furniture, Post Office Department, B. T. Galloway, Friona Credit Association, J. L. Riddle, Reeve Chevrolet Company, Wright Williams, Houlette's Helpy-Selfy Laundry, Buchanan Implement Co., Friona State Bank, Jack's Barber Shop, F. L. Spring Grocery, Ataway Variety, Friona Supply Store, Gladys' Beauty Shop, City Drug Store, Rockwell Bros. & Co., Fred White, Regal Theatre, Farmers' Produce, F. S. Truitt Lumber Co., Dorothy's Beauty Shoppe, Friona Wheat Growers, Inc., Friona Consumers Co., Friona Independent Oil Co., J. A. Guyer's Feed Mill, M. A. Crum, Real Estate, Friona Planing Mill, Santa Fe Grain Co., Maurer Machinery Co., Coal Agency.

### VOCATIONAL BIBLE SCHOOL

The Daily Vocational Bible School of the Baptist church, will open June 5th and continue through June 16th. A very successful school was held last year, and we hope to have a larger and better school this year. All children are welcome.

For you'll get nothing back for your strife.  
—Homade & Boughton.

## WHAT NATIONAL DEFENSE MEANS TO AMERICAN YOUTH

The Youth of America (given through a survey of young people) who will either go or stay, declare that they will not be led into war if they can help it. They are very careful about making things "safe" outside our own borders. Whatever their ideals may be for international cooperation, they have lost all belief in the soundness of treaty structures. I think peace treaties are by themselves and in themselves about as much protection against war as candies in the wind. The Youth do not think the war will come soon, but they see its threat on every hand and are apprehensive as to what will happen "when the heat is put on" to their thinking and to their persons. One youth expressed this, "Remove all possibility of gain and you won't have wars." I also think this is true because if America's defenses are strong enough to defeat invading countries, these countries will not try to fight because they know they can't gain anything. A disturbance involving the United States, whatever it is called—War or Peace—which would involve the use of our armed forces in combats, and would as far as we are concerned put our personal destinies, not to say health, in the hands of and at the disposal of the nation.

Everyone wants peace and when civilization gets what it wants the world will be free from war. War would slow the world progress down for several years and would probably set it back for some time. Possibly it would end with hardly any civilization, if it were a very destructive war. A slogan used for war is "Stop Hitler and Save Civilization." This is true; but not only must we stop Hitler, but we must remain on peaceful terms with other opposing countries. It is more important to prevent war anywhere than to steer our own course after the war has come. War is no longer a contest between two nations which the rest of the world can stand by and watch. It is like a prairie fire which will spread with great rapidity and become immensely destructive. Therefore, it is the business of the whole world to unite for the purpose of preventing it from starting, if necessary, and if it starts, stamping it out at once. The future of civilization depends not on an alliance but on a thorough understanding between Great Britain and the United States. Rhondda, in his topic "The World As I Want It," said that he wanted this world to be a world in which peace is insured—no war or fear of war. A world where there is enough food, good housing, warmth, and comfort for all, work for all, where men are healthy and where there are no barriers. We need peace, not to stop adventure, but to give it a chance to increase—not to stop men risking their lives, but to give them more chances to risk their lives for the things that are worth while. Would a war help the United States of America to be a part of this ideal world? No, indeed! War kills enormous numbers of people, both soldiers, civilians, and neutrals; and with fewer people, there are fewer houses; fewer children will give fewer schools. This causes business to drop off, and people can't keep up the agricultural land, and, therefore, there will not be enough food for those alive. War would cause much waste of property also, and much of the fine work of the people is destroyed in a few days by war and it took them years to cultivate and prepare so as to make a good crop. The people or a larger part of the population would have to move out of the city into concentration camps, tent cities and small villages in the country. Those who have tasks in town would remain in the day time and retreat to the country at night, and in these unhygienic camps there is not an adequate pure water supply or a place for sewage disposal, which they are accustomed to and this results in dangerous diseases, some of which are cholera, small pox, typhus and influenza. The psychological effects should also affect the morale of the people and hence their physical well-being. This disease could spread and a larger part of the population would die from it. A war with inevitable restraints on food and its disorganization in the economic sphere, will cause a fertile field for disease. Not only will these people die, but thousands of others who are on the battlefields fighting for their country and its rights. Why can't we stay out of war and let the people live? We can profit much by staying out of war and can surely save our property by not having it destroyed in war.

Man's passion for peace, its abhorrence of war, its contempt for statesmanship which covers before the duty of taking war by the throat; all these emotions are rising throughout the earth and they are crystallizing into effective measures for peace. The national policy of an American Navy and air-force, second to none, is a sound method of insuring us against being drawn into another great war. This is not the only way we can keep peace, because peace cannot be had without everyone working for it. The spirit and the will of the nation are more important than arms. The health, happiness, and patriotism of a nation are more important than arms, because arms are

## CARD OF THANKS

We wish to express our appreciation to all of the many people who gave so many beautiful flowers, and who have been so kind during these sad hours, in the loss of our dear loved one, Edith Glenn Deaton.  
Leslie L. Deaton.  
Lois Marie Deaton.  
Mr. and Mrs. W. W. Johnson.  
Bernice Meeks.  
Louise Johnson.  
Homer Johnson.  
Ernest Johnson.  
Roy Johnson.  
Herbert Johnson.  
Mrs. Sarah L. Deaton.  
Mrs. Z. M. Holly.  
Mrs. D. E. Mitchell.  
Kermie Deaton.  
Everett Deaton.  
Mrs. W. H. Flower.  
Marshall Deaton.  
Geneva Deaton.

## W. M. U. REPORT

Both Circles of the W. M. U. met at the church house Tuesday, with Circle No. 1 rendering the program. The topic for the month was "The Great Commission and the Ministry of Healing." Eighteen members were present. Both circles will meet next Wednesday in the home of Mrs. Dixon, with a covered dish luncheon and Bible study in the afternoon. All members are urged to be present.  
Reporter.

## PENTECOSTAL REVIVAL

The revival at the Pentecostal Church, under the inspiring leadership of Rev. Virgil Pace, is pushing ahead with good crowds and fine interest.

Brother Pace is a very spiritual man, and his preaching is of a nature to inspire and lead one to a higher plane of living and service. If you miss these meetings you will have missed a feast of spiritual things. Come and let us worship together in the spirit of purity and holiness. Rev. E. E. Houlette, Pastor.

## HAS INSTALLED AIR CONDITIONING

Rev. E. E. Houlette, owner and manager of the Helpy-Selfy Laundry, on 5th Street, has recently installed an air-conditioning arrangement for the main washroom of the laundry. While the system as not so large or so satisfactory as Rev. Houlette would like, it is a great help toward the comfort of those who are working in the room. The system now installed is the largest he could get at this time, but he plans to enlarge it as soon as he can get the larger fixtures. His effort, however, to make working conditions as comfortable as possible for his customers is deserving of commendation.

S. V. Chitwood, of Seguin, Texas is here visiting his parents, Mr. and Mrs. Bert Chitwood.

useless, even for defense, except in the hands of strong nations, nations strong in body, morale and intelligence.

As long as nations persist in erecting selfish trade barriers that obstruct the natural flow of goods, we can expect war. This selfish effort to obstruct free trade not only creates hatred between nations, but eventually lowers the standards of living and best interests of all the people of the earth. "No nation can continue to exist within itself alone, due to the needed exports and imports of goods."

The greatest advances in culture and the various sciences in any nation are always made in time of peace. Is it not more patriotic to help build up and improve your country than to undermine her morale, morals and health by war?

The peacemaker is one who is devoted to the task of seeking for himself and others that abundant life in which true patriotism is found to be an expression of the Will of God for men everywhere. Peacemakers have an interest toward war, in that they are working to prevent it, but only those who believe that they have something personal to gain from the suppression of all liberal movements can oppose the idealistic, humane and socially minded fight against the waste, horrors and deprivations of war. An example of this is the Capitalists who are interested in fomenting war; namely, the makers of munitions.

It is inevitable that these companies should be interested in promoting "preparedness," and persuading our Congress that larger appropriations are needed for army, navy and air-forces, and in arousing enthusiasm, through movies and radio propaganda, for larger and better battleships and tanks. I think that public opinion should demand that the chief executives, and this type of capitalists of the nations involved, fight a duel first. This would cause a compromise and perhaps prevent the fears of war. It would at least stop much of our war propaganda.

Why not make this nation a nation of "Peace on Earth, and Good Will Toward Men." Frankly, I believe the Youths of America will agree with Honorable W. Lee O'Daniel's slogan, "If God be for us, who can we be against us?"

## ADULT LADIES' HOME MAKERS CLASS

You are welcome and urged to attend the Ladies Adult Class, beginning Friday, May 26th, at three o'clock.

The subject for discussion will be chosen at the time from the three following: 1, Foods and Related Subjects; 2, Clothing and Related Subjects; 3, Home Furnishing.

Your help and your attendance are needed to make this class a more interesting one. Come and bring your neighbor.

The class will be conducted in the Clothing Laboratory in the high school building by the Homemaking Teacher, Miss Helen White. The time of meeting may be changed to suit the majority of those who wish to attend.

## FRIONA WEATHER

During the past seven days, the Friona vicinity has experienced several days of the warmest weather we have had this season, the thermometer registering well up in the 90's a few days.

We have had no additional moisture worth mentioning, over or near Friona, but showers were reported in more distant parts of the county, Tuesday afternoon and Wednesday were both partly cloudy and showers could be seen several miles away, but none fell here. Late in the afternoon Tuesday, a severe wind swept in from the southeast and blew fiercely for about two hours, it being one of the most disconcerting winds we have ever had here, especially from the southeast, and was also one of the fiercest, although no serious damage has been reported. A board wind-break and shed on the Flippen farm about seven or eight miles east of Friona was reported blown down.

Mrs. C. E. McLean and her sister, Miss Ferroll Cox, were Amarillo visitors Wednesday.

## IMPROVING BUSINESS PREMISES

The Blackwell Hdw. & Furn. Co. has a force of men at work making noteworthy improvements on the front of its store building on Main Street.

The old porch and awning that was originally built with the store, has been removed and a new porch will be built to extend the entire width of the building.

## GIRL SCOUTS' CHUCK WAGON SUPPER

If you want to enjoy a picnic and a good old fashioned "chuck-wagon" supper, and at the same time be entertained by an excellent musical program, meet with the Girl Scouts in the Friona City Park, Wednesday night, May 31st at 8:00 o'clock.

## FORMER RESIDENT HERE

Our good friend, and neighbor and citizen, J. R. Walker, of Harlingen, arrived here last Saturday and remained here visiting his many Friona friends and neighbors until Tuesday morning. He came here in company with his nephew, Kinney Walker and wife, who were on their way to New Mexico to visit Mrs. Walker's parents.

Mr. Walker has been a plainsman for so long and has so many friends here at Friona, that he plans to build a small home here and spend his summers here with these same good friends. He departed for his home, Tuesday forenoon. He favored the Star man with two appreciated visits while here.

## OPENING PIANO STUDIO

Mrs. Ollie Hinds is opening a piano studio here in the home of Mrs. A. B. Short, on Friday, May 26th. She will be teaching there each Tuesday and Friday all summer.

Mrs. Hinds has had twenty years experience as a teacher and is also a writer and composer of music; Mr. Bulls having sung her recent publication—"Zolona," just off the press from Toronto Canada at his recital.

SEEDS SEEDS  
We have been able to obtain an additional stock of Certified SEEDS  
Disease Resistant Milo  
Hegari  
Texas Blackhul Kafir  
Friona Wheat Growers, Inc.  
Federal Licensed and Bonded Warehouse

Combine Canvass  
Can be repaired now, while there is time.  
Bring it in now  
S. Mitchell Friona Texas.

Whatever you Haul..  
LET INTERNATIONAL TRUCKS HAUL IT  
Above: The popular 1 1/2-ton International Model D-30 with stock rack.  
Left: Pick-up trucks are available in half-ton and 3/4 to 1-ton sizes. This is the half-ton Model D-2.  
BUCHANAN  
Implement Company  
"Where Service Is Actual And Permanent"

WHEN IN TOWN  
Come in and get a Hair Cut and Shave  
IT PAYS TO LOOK WELL.  
Post Office Barber Shop E. L. Price, Prop.



**NUTRITIONAL VALUE OF MEAT**

Plan your meals around meat and you are assured of satisfying, nourishing meals that all of the family will enjoy. What other food offers as much? Meat satisfies; practically everyone enjoys its flavor; it is easily and thoroughly digested, though somewhat slower than some other foods; it contains more of the recognized nutritional essentials than any other food and is therefore called one of our "protective foods."

The U. S. Department of Agriculture, many state experiment stations, and the National Livestock and Meat Board have been doing co-operative research on meat for many years and are responsible for our newer knowledge of meat cookery as well as on nutrition. They point out nine food essentials found in meat:

1. Proteins—builds and repairs body tissues.
2. Iron—prevents anemia.
3. Copper—helps body use iron.
4. Phosphorus—builds strong bones and teeth; regulates the body; needed for body processes.
5. Fat—produces heat and energy, carries certain important vitamins.
6. Vitamin A—promotes growth; increases body resistance.
7. Vitamin B. Complex (Thiamin)—stimulates appetite; promotes growth; prevents and cures beriberi; is necessary for utilization of carbohydrates.
8. Vitamin B. Complex (Riboflavin)—promotes growth; protects against certain nervous disorders and liver disturbances.
9. Vitamin B. Complex (Nicotinic Acid)—prevents and cures pellagra.

The dietary habits and conditions which have been so much publicized and condemned are not typical of Southwestern rural diets, and where they exist can be corrected when people understand the dangers in a poor diet and the elements which go to the making of an adequate, health-giving, disease-preventing habit of eating. While the "Three M's" of diet (meat, meal and molasses) is not as common as its publicity implies, it is too common—like smallpox, one case is too many—and is responsible for the scourge of pellagra which still plagues the South.

The Breeder-Feeder Movement has enlisted the cooperation of various

home economists and dietitians throughout the state in a concerted effort to touch the subject from many angles. The Safe Diet is being explained and publicized. This diet calls for lean meat at least once a day with liver once a week.

Medical science now prevents and even cures pellagra with nicotinic acid, an identified substance in vitamin B complex or G, as some authorities call it, of which meat is an excellent source. If the substance is present in the regular diet, pellagra will not occur.

Dr. Joseph Goldberger of the U. S. Public Health service laid the foundation for pellagra research and his work today is still used as basis for further study. He once stated that the only way to prevent pellagra is to be sure that the diet included the foods containing the pellagra-preventive factor at all seasons of the year such as lean meat, milk, and such vegetables as turnip greens, tomatoes, green peas, spinach and cow peas.

Only by practicing each day the Safe Diet can we insure the family diet against the deficiency diseases. Use of the protective foods liberally, with daily menus containing meat, milk, fruit and vegetables in variety, and in sufficient quantity to satisfy the bodily requirements of the family is the best insurance against doctor's bills.

City people dependent upon cash earnings may find it impossible to buy all the elements of a safe diet. Country people can produce them for themselves, regardless of what they cost their city neighbors.

**MOVED CAFE TO NEW QUARTERS**

Julius (Smiley) Fulk on Wednesday moved his cafe from the former location to its new quarters in the Crawford building.

The room has been neatly refurnished and decorated, until it is one of the most inviting places in the city, and is thoroughly air-conditioned. See his ad on another page of this issue of the Star.

Charles Reeve, having completed his term of school at Tulla, returned home Tuesday night.

**Wanted Ads**

**CLASSIFIED**

**FOR SALE**—320 acres improved farm 10 miles west of Friona. One half Federal Loan and terms of balance. Also 160 acres, 2 miles west of Summerfield. W. F. Laurence, 407 W. Mag. Ave., Fort Worth, Texas.

**FOR SALE**—One second-hand John Deere Combine, all in good running order. J. B. McFarland

**PLAY DAY CONTESTS**

Following is a list of the entrants and winners in the various games and sports that were entered into here at the school grounds on Monday, May 15th, giving the first, second, third and fourth place winners.

This had been planned for a county-wide play day, which was to have been held here on Saturday, the 13th, but weather conditions interfered and the affair had to be called off on that date so the play day held here on the 15th embraced only pupils of the Friona Grade School.

The results are as follows:  
Hop Scotch: 11 and 12 years old, 1st Ernestine Gatlin.

Jumping Rope: 10 years and under, 1st Mildred Taylor; 2nd, Vivian Weis; 3rd, Nevolene Pace.

Jacks, 10 years and under: 1st, Wanda Ann Hughes; 2nd, Geraldine Niece; 3rd, Gertrude Ehler.

Skating, 10 years and under: 1st, Betty Lou Reid; 2nd, Juanita Roden; 3rd, Betty Jean Turner.

100 yard dash, over 14 years: Pace, Lunsford, Slagle.

50 yard dash: Lunsford, Slagle, Key.

Chinning Bar: Elmo Lunsford.

Broad Jump: Key, Slagle, Allen, 16'4".

High Jump: Key, Pace, Allen, 3'2".  
Marbles: Carol Swackhammer.

440 relay: Pace, Allen, Lunsford, Key.

500 Bike Race: Pace, Allen, Collier, Newmon, Collier.

1 Mile Bike Relay: Pace, Allen, Newmon, Collier.

13-14  
100 Yard Dash: Williams, Collier, Weis.

50 Yard Dash: Collier, Reed, Owens, Chinning Bar: Simpson.

Broad Jump: Owens, Collier, Williams.

High Jump: Newmon, Williams, Marbles: Artis Pallwell.

440 Relay: Williams, Frost, Collier, Newmon.

440 Bike Race: Collier, Horton.

1 Mile Bike Race: Jones, Jr., Day, W. C. Reid, Roden.

11-12  
100 Yard Dash: Johnson, Jones, Baxter.

50 Yard Dash: Johnson, Baxter, Jones.

Chinning Bar: York, Hill, Jones.

Broad Jump: Jones, Talkington, Treider.

High Jump: Blackburn, Johnson, Treider.

Marbles: Dale Treider.

440 Bike Race: Roden, Jones.

1 Mile Bike Race: 10 and Under

50 Yard Dash: Loeffel, D. York, Jr., Day.

Chinning Bar: L. Rector, D. York, L. Owens.

440 Bike Race: Jr. Day, R. Bennett, J. Moseley.

1 Mile Bike Relay: High Jump: D. York, H. Day, Jr., D. Day.

Broad Jump: L. Rector, Loeffel, D. Hall.

Marbles: Eugene Hines.

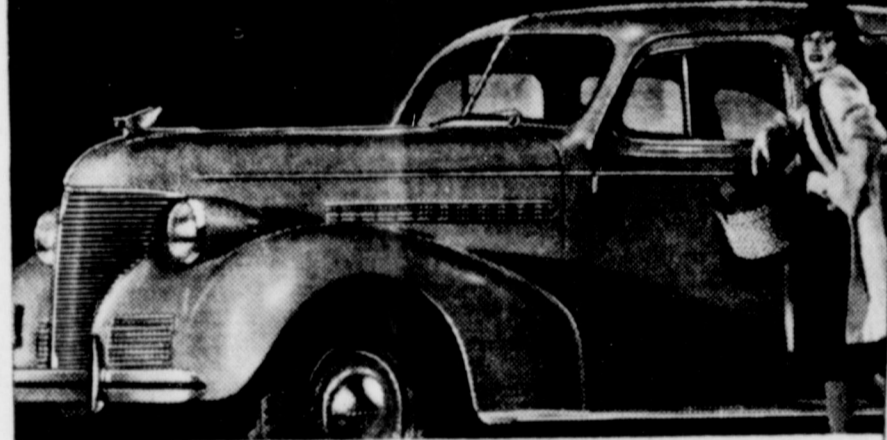
**WILL PREACH AT RHEA**

Rev. Joe Wilson, pastor of the local Baptist church, will fill his regular appointment to preach at the Rhea school house this Sunday afternoon at 3:00 o'clock. All are invited.

**No Time To Waste**  
When Tilling Harvest Begin  
Then You Will Need  
THE PEPIEST GAS ON THE MARKET  
**PANHANDLE IS JUST RIGHT**  
*Friona Independent Oil Co.*  
Sheets Brothers, Proprietors

**Sales Leader.. Performance Leader.. Value Leader..**

**THAT'S CHEVROLET!**



It's first in sales.. just as it's first in acceleration  
.. first in hill-climbing .. first in all-round value!

Of course, it's the sales leader! Of course, over half a million 1939 Chevrolets have been sold, and the demand is steadily increasing!

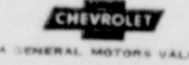
Because people everywhere definitely know that Chevrolet is the style leader—the performance leader—the value leader among all cars in its price range!

Visit your Chevrolet dealer and buy the car that's first in sales and first in value—a new 1939 Chevrolet!

Over **HALF A MILLION** 1939 CHEVROLETS sold to date!

Every 40 seconds of every day, Somebody buys a new Chevrolet!

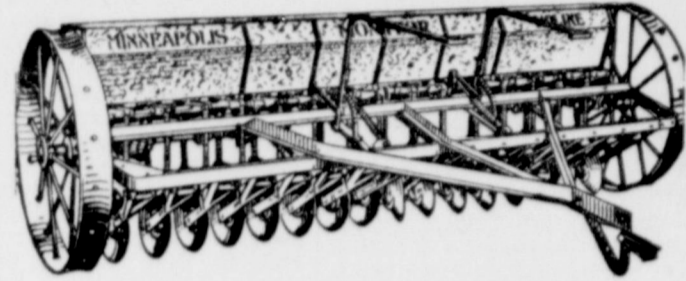
- No other car combines all these famous features:
1. EXCLUSIVE VACUUM SHARSHOFT.
  2. NEW AIR-STREAM STYLING, NEW BODIES BY FISHER.
  3. NEW LONGER RIDING-BASE.
  4. 85 HORSEPOWER VALVE-IN-HEAD SIX.
  5. PERFECTED HYDRAULIC BRAKES.
  6. NEW "OBSERVATION CAR" VISIBILITY.
  7. PERFECTED KNEE ACTION RIDING SEAT WITH IMPROVED SHOCKPROOF STEERING. (Available on Master Buick models only.)
  8. TURRET TOP.
  9. FRONT END STABILIZER.
  10. NO DRAFT VENTILATION.
  11. HAND BRAKE MOUNTED UNDER DASH AT LEFT.
  12. SYNCHRO-MESH TRANSMISSION.
  13. TIPTOE-MATIC CLUTCH.
  14. EXCLUSIVE FOX-BODIE CHASSIS FRAME.
  15. DUCO FINISHES.
  16. HYPOID DRIVE SHAFT AXLE AND UNIVERSAL JOINT DRIVE.
  17. DELCO-REMY STARTING, LIGHTING, IGNITION.
- and scores of other important features.



**REEVE CHEVROLET CO.**

*New* **ALL STEEL MONITOR DRILLS**  
for *Bigger Yields*  
and **LONGER LIFE**

**NOW you can get all the famous MONITOR drill features plus all-steel construction, roller bearings, and several new refinements in design.**



No matter whether you're interested in a horse or tractor drawn drill, there's a New Steel MONITOR that will bring you years of service, plus the assurance of good yields and light draft that only a GENUINE MONITOR drill can give you.

ASK for the booklet that tells you the complete story of these new better balanced MONITOR drills. Sizes and spacings to suit your needs in either single or double disc types with either fluted or double-run feeds. Remember the hopper is built entirely of COPPER BEARING galvanized steel—ends and all.



**Maurer Machinery Co.**  
Friona - Texas

**VISITING DAUGHTER HERE**  
Mr. and Mrs. Fred Snyder and daughter, of Victoria, arrived here latter part of last week for a short visit with Mr. and Mrs. A. E. (Slim) Taylor and daughters.  
Mr. and Mrs. Snyder are Mrs. Taylor's parents.

**AMERICANISM DAY AND LAKE OPENING FOR WEEKEND**  
AMARILLO (Special)—The entire

Panhandle of Texas will celebrate Saturday and Sunday for a two-fold purpose that promises to be filled with excitement, entertainment and colorful presentations by the leading banks, organizations and merchants of the plains region.

Saturday, while National Poppy Day will be devoted to the first AMERICANISM DAY ever staged in America. One of the most glamorous parades ever planned will get under way at 10:30 that morning and be headed by Dr. H. H. Bennett, chief of the Soil Conservation Service, of Washington, D. C. Bands, delegations and floats are registering daily to lend additional color to the demonstration.

Following the parade Dr. Bennett will be guest at a luncheon for the Panhandle Water Conservation Authority whose members have worked long in obtaining lakes for the Panhandle.

The grand ball will be held Saturday evening in the recreational building at Buffalo Lake for the visiting officials and their guests.

Sunday will witness a scene never presented in the Panhandle before. Promptly at 12:30 o'clock following the Service Men's Church program a police escort will pick up Dr. Bennett and other dignitaries in Amarillo, and at given signal airplanes will fly overhead to escort the Chief to the lake site. Before the dedication ceremonies begin, the planes will swoop low over the lake, dropping flowers on the water in memory of the Navy Heroes who gave their lives in the last war.

Following the ceremonies, nine professional races will be run for the crowd's entertainment by the fastest drivers in the Southwest. Next comes the Bathing Revue where contestants from over the Panhandle will vie for the title of Miss Tierra Blanca, Queen of Buffalo Lake.

Cash awards will be given for the parade races and revue.

Not forgetting the Gold Star Mothers, the Veteran of Foreign Wars Post 1907 will have these honored mothers as their guests in the parade.

Bones Hooks, leader of Amarillo's negro population and a colorful character in his own rights, has entered his "dogies" for the parade, and promises every boy in his knowledge to march in Americanism spirit.

Every patriotic person in the Southwest is urged to be in the parade and attend the entertaining programs prepared. There are no charges for any of the attractions.

**FREE**  
*Coffee and Doughnuts*

*Saturday, May 27, 1939*  
**OUR OPENING DAY**

Having moved our Cafe from the Turner Building, Two Doors north of the Friona State Bank, to the Crawford building, one door north of the Post Office.

We are inviting all our friends and customers to meet us in our new location on the named and date, and enjoy our hospitality in the form of our choice coffee and doughnuts.

WE APPRECIATE YOUR PAST PATRONAGE AND FAVOR AND SHALL STRIVE TO MERIT YOUR FUTURE TRADE AND GOOD WILL.

**SMILEY'S CAFE**

The only Air Conditioned Cafe in Parmer County.

A Cool and Friendly Place to Eat.

**It Makes No Difference**

If It's a Hog Trough or a Brick Building

You Are Planning,

Let Me Figure On It

**Friona Planing Mill**

Fred Dennis

Prop

NATIONAL AFFAIRS

Reviewed by CARTER FIELD

New Dealers disappointed in Representative Smith's debating abilities... Democratic politicians erred in praising Taft as weak speaker...

WASHINGTON.—New Dealers are tremendously disappointed in the popular reaction to the debates between Senator Robert A. Taft and Representative T. V. Smith of Illinois...

Whereas Senator Taft is simply anathema to the New Deal. He is stoutly expressing views which seem to the administration a turning back to the Grand Old Party...

But there is another angle. After the Gridiron dinner, followed by the editors' convention here, most observers in Washington had virtually wiped Senator Taft off the slate of Republican possibilities for the presidential nomination next year.



ROBERT A. TAFT

This was manna from heaven for the New Dealers. They do not want the Republican candidate to be hitting from the shoulder next year. They want a Republican nominee who will be a pussyfoot on most of the "reforms..."

In appraising Taft as a weak speaker, however, they are now afraid they were counting their chickens prematurely. Taft is certainly not in Dewey's class as a speaker...

Believed Taft Too Reactionary. This has caused some hurried recalculations on the part of Republican leaders too. Many of them had been saying, especially after the Taft fiasco...

Higher-Bracket Tax Reduction. Reduction in higher-bracket personal income taxes from a maximum of 75 per cent to a maximum of 60 per cent.

Elimination of present undistributed profits, capital stock and excess profits taxes. Substitution of a flat rate corporation income levy of not more than 22 per cent...

To appreciate this, it must be remembered that the Republican leader of the senate is Charles L. McNary of Oregon...

New Deal Earns Thanks Of Canned Milk Industry

In almost every city and town of the country, statistics show, the amount of canned milk has increased by leaps and bounds in the last few years...

Without in the slightest degree intending any such thing, the New Deal in general, and the milk agreements in particular, have earned the gratitude of the canned milk industry...

preference for fresh milk in hundreds of thousands of homes. Back in the early days of the fumbling attempts of AAA to regulate the milk industry...

Turnover Profits. This is not a defense of the morals of the chain store operators. No one thought anything else than that the operators thought they would make more money by selling a lot of cream at a smaller profit...

But that was not what happened. When the price was put up in the chain stores, people stopped buying so much. In fact chain store sales of cream approached the vanishing point...

There was no attack on the delivery price of cream as being unreasonable. The profit was not exorbitant. But the chain stores were able to sell more cheaply because they had no delivery expense...

Result: Poorer people, to whom a few cents on a bottle of cream is important, turned to canned milk, not because they wanted to, but because it was that or no cream at all.

Tax Changes Await End of Waiting Game

Tax changes to aid business recovery are long on lip service and short on action, with President Roosevelt, the treasury and congress all playing a waiting game.

The President leaves it to congress to take the initiative but doesn't like any setup for tax revision that he has seen.

The treasury knows just what it wants and finds itself in rather surprising agreement with the conservative Democrats on Capitol Hill...

Authorization for corporations to carry over tax credits for losses for three years instead of one.

Modification of the capital gains tax to encourage investment.

Under Secretary John W. Hanes, leading agitator for tax revision as a business aid, now has 100 items in his "little black book..."

Hence the importance of this surprising showing that Taft has made as a result of his debates with Smith.

In his own political career McNary has been so successful, as contrasted with such a hard hitter as L. J. Dickinson, of Iowa, for example...

Meanwhile plenty of conservative Democrats on Capitol Hill are taking private satisfaction in evidence that the President will not support action. The result, they think, will be the nomination of a conservative by the Democratic convention next year...

Yugoslavia Is Europe's New Tinder Box; Minority Problem May Force Its Collapse

Repetition of Czech Coup Seen for Dictators; Italy's Turn Now.

By JULES DORMIER Last year it was Czecho-Slovakia. This year it's Yugoslavia. The cast is different, the locale changed. But the drama is the same—a stubborn minority versus the strong central government.

This is what happens when uninformed treaty makers disregard centuries of tradition, tossing cats and dogs in the same pen. Eventually the cats (or the dogs) subdue their enemies, who cringe vengefully in the corner awaiting the time to strike back.

Just as Sudeten Germans could legitimately complain that Czechs and Slovaks were purposely subduing them, so can Yugoslavia's Croats claim discrimination on the part of the more powerful Serbs who run the Belgrade government.

Planned Federalist State. But the pressure of war sometimes makes strange bedfellows. In 1917 the Croats—anticipating break-up of the Austro-Hungarian empire—joined the Slovenes and Serbs in formation of a new state in which all three groups were to have equal constituent rights.

Any Croat, like Dr. Vladimir Matchek, the groups "Gandhi," will readily outline the succeeding 20 years' grievances.

Yugoslavia's army has 202 generals, only two of whom are Croats, though there are about 6,000,000 Croats and 9,000,000 Serbs in the nation. Croats have no hand in running the state and they say—are regarded by Belgrade as good for only one thing: paying taxes.

Feeling that his regularly elected deputies have a right to speak for the people, Dr. Matchek founded an extra-legal Croatian national assembly which sits at Zagreb and refuses to recognize the present Yugoslav government.

Unsigned Settlement. A settlement was almost reached April 27 when Dr. Matchek claims he signed an agreement with Premier Dragisa Cvetkovitch under which Yugoslavia would be divided into three autonomous provinces as shown on the accompanying map.

Elimination of present undistributed profits, capital stock and excess profits taxes. Substitution of a flat rate corporation income levy of not more than 22 per cent, with special treatment for incomes under \$25,000.

Higher-Bracket Tax Reduction. Reduction in higher-bracket personal income taxes from a maximum of 75 per cent to a maximum of 60 per cent.

Authorization for corporations to carry over tax credits for losses for three years instead of one.

Modification of the capital gains tax to encourage investment.

Under Secretary John W. Hanes, leading agitator for tax revision as a business aid, now has 100 items in his "little black book..."

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In his own political career McNary has been so successful, as contrasted with such a hard hitter as L. J. Dickinson, of Iowa, for example...



TROUBLE AREA—Map shows Yugoslavia, with minority groups which might be "liberated" by Greece, Bulgaria, Rumania and Hungary in case internal revolt developed from the Croatian issue. Boundaries of the proposed autonomous states for Slovenes, Croats and Serbs are shown by broken lines.

This plan for a strong federated state might have saved Yugoslavia but Prince Paul, senior regent until 15-year-old King Peter comes of age, is said to have rejected it. Later, newspaper correspondents were shown the official draft of the agreement and found it carried no signatures.

Stage Is Set for Italy. This is the typical powder-keg situation which aggressive Germany and Italy love to "solve" by sending in troops to "keep peace."

Croats Dislike Fascists. The Croats want no truck with dictators; a few months ago they looked favorably on Germany and thought of inviting Der Fuehrer to "liberate" them.

It is recalled that when Germany seized Czecho-Slovakia all her neighbors rushed in to get their share of the spoils. Since Yugoslavia's story parallels Czecho-Slovakia's thus far, its coming history might be written in advance this way:

A Croat uprising could get so bad that Prince Paul would invite Mussolini's aid, immediately available from the "colony" of Albania.

At a moment's notice Greece would invade to recapture her Macedonians, Bulgaria to free her nationals, Rumania to get hers, and Hungary to liberate the Germans and Magyars placed under Yugoslavia's care by the Versailles treaty.

Pianos Up, Too. Piano shipments of 25,548 instruments in the first quarter of this year far exceeded the 19,911 total for the first quarter of 1938, and almost equaled the 1937 figure of 25,649 pianos shipped in the first three months of that year.

The public are also buying more luggage, furniture, furs and costume jewelry than this time last year, the companies figures for 236 department stores show.

Classics Revived. Dollar sales of phonographs and records for March climbed to within 2 per cent of March, 1937, and exceeded March, 1938, by 40 per cent.

Sporting goods sales still lag behind the spring of 1938, but are gaining. Favorable golfing weather is having its effect, and the centennial of baseball's beginnings has resulted in gains exceeding 25 per cent in that field.

Without in the slightest degree intending any such thing, the New Deal in general, and the milk agreements in particular, have earned the gratitude of the canned milk industry...

Charming Patterns For Cotton Materials

No. 1747: For junior sizes. A precious play frock, with snug, wide sleeves, blouse bodice, high at the neck, and a very wide skirt in the swirling skating silhouette. Included are tailored shorts, with a fitted yoke that fits snugly. A perfect thing for outdoor sports and summer daytimes.



The blouse is cut on basic shirt-waist lines, with a plain front panel, side fullness, round collar. Gay little frills give it a feminine, summery touch. For this, choose linen, gingham, dotted swiss or flat crepe.

The Patterns. No. 1747 is designed for sizes 11, 13, 15, 17 and 19. Size 13 requires 4 1/2 yards of 35-inch material for the ensemble; 10 yards of ric-rac.

No. 1527 is designed for sizes 32, 34, 36, 38, 40 and 42. Size 32 requires 5 yards of 35-inch material; 2 1/4 yards of pleating or ruffling.

Spring and Summer Pattern Book. Send 15 cents for the Barbara Bell Spring and Summer Pattern Book, which is now ready. Make yourself attractive, practical and becoming clothes, selecting designs from the Barbara Bell well-planned, easy-to-make patterns.

Send your order to The Sewing Circle Pattern Dept., Room 1324, 211 W. Wacker Dr., Chicago, Ill. Price of patterns, 15 cents (in coins) each.

CONSTIPATED! Gas Crowds Heart.

For thirty years constipation caused me headaches and pains in the back. A awful gas blowing crowded my heart. Adierka helped right away. Now I eat sausage, bananas, etc., anything I want and never feel better. Mrs. Mabel Schott, Chicago, Ill.

III-Placed Reward The world more often rewards the appearance of merit than merit itself.—La Rochefoucauld.

NERVOUS?

Do you feel so nervous you want to scream? Are you cross and irritable? Do you feel those dizziness to you? If your nerves are on edge and you feel you need a good general system tonic, try Lydia E. Pinkham's Vegetable Compound, made especially for women.

Vain Attempts It is impossible for a man who attempts many things to do them all well.—Xenophon.

That Nagging Backache

May Warn of Disordered Kidney Action. Modern life with its hurry and worry, irregular habits, improper eating and drinking—its risk of exposure and infection—throws heavy strain on the work of the kidneys. They are apt to become over-taxed and fail to filter excess acid and other impurities from the life-giving blood.



Released by Western Newspaper Union.

Absent Treatment

By GORDON EMSLIE  
© Associated Newspapers,  
WNU Service.

THE doctor had just gone and Peter Kane lay looking up at his nurse with an expression of intense exasperation, the immediate reason for his disgust being the decree that he could not hope to leave his bed for at least another week. Peter felt suspicious of that "at least." It smacked too much of the "on the point of death but must not be told" treatment. Not that he was possessed of any terrors, but he wanted tremendously to be up and about.

"Head ache?" asked his nurse kindly.

"No!" lied Peter crossly.

Something wet and deliciously cold descended on his hot forehead.

"There, that'll make your head feel better," murmured a soft voice. "I'll lower the shade so the light won't be too—"

"The light's all right," grumbled Peter, reaching for a book that was just beyond his grasp. Almost at once the book was miraculously in his hand, his pillows were plumped up, a glass of fresh ice-water was by his side and the nurse was unobtrusively seated by the farthest window. Still Peter felt disgruntled. His illness had reached that not-very-bad, rather-headachy, want-to-be-let-alone stage, when everything within sight and sound becomes at times intolerably irksome and nerve-wracking.

"Miss Rogers," said Peter finally, "you must be tired. Why don't you go and take your walk?"

"It will be time for your medicine shortly," was the reply.

"But, my dear girl," said Peter testily, "I still have the use of my hands, you know, even if that fussy doctor won't let me use my feet."

"You might forget to shake the bottle."

Peter raised himself a little in order to get a better view of her face. Her voice made him suspect that she was laughing at him. If such were the case he knew that a certain elusive dimple would make her well worth looking at.

"I'll promise to shake it."

"And then put the bottle back without opening," remarked Miss Constance Rogers sagely.

Peter considered the point.

"If I promise to shake the bottle and take a dose of that da—that extremely unpleasant stuff, will you go and take your daily constitutional immediately?"

"It's time for your medicine now," said Constance.

After the medicine there seemed to be all sorts of little things that needed attention; the window had to be raised, the shade lowered, the counterpane straightened. He fretted and fumed inwardly. How he hated to be fussed over as if he were an infant!

"I believe," proposed Peter hopefully, "that the best thing for me will be to be left alone in order that I may sleep."

Constance made no move to go. Obviously that had been an injudicious statement, decided Peter. Perhaps she thought it a subterfuge meant to cover a plan to disobey the doctor's orders and get up and dress.

"I think, after all, I'll read awhile," said Peter, sitting up and thumping his pillows truculently. "Just hand me that Cellini autobiography, please—the one on the table over there."

Constance brought him the book, plumped his pillows, raised the shade and started for her seat by the window.

"Now that you have done everything you can possibly think of, you may as well start, don't you think?" suggested Peter.

"I believe I shall," was the unexpected reply.

Five minutes after his nurse's departure Benvenuto Cellini's autobiography slipped to the floor, the cloth on his head felt so unbearably hot that Peter hurled it viciously over the footboard, the tassel on the shade tapped maddeningly against the window pane, the ice in his glass of water had melted; in short, he felt thoroughly miserable. By the time the clock had ticked away 30 minutes he felt abused; here he was lying helpless, neglected, in pain, for his head was pounding harder than ever. Nobody came in response to his bell—where on earth was June? Sisters never could be depended upon anyway. She'd probably run in next door for a minute—a minute that as usual meant a solid hour. It was Thursday, his mother's club day, he remembered; yes, and the maid's day off, too. No wonder his bell remained unanswered. A fine sister he had to desert him at a time like this! When 55 minutes had passed he was gloomily reflecting upon his fast approaching end.

Promptly on the hour Constance returned. When she laid a cool bunch of violets against his hot face she found her hands seized and held tightly.

"Connie," said Peter earnestly, "promise that you'll never leave me again as long as we live."

"Never!" asked Constance a little breathlessly, the dimple beginning to appear.

"Never!" said Peter emphatically.

WHAT to EAT and WHY

C. Houston Goudiss Describes the Role of Phosphorus In Nutrition; Tells Where to Obtain This Mineral

By C. HOUSTON GOUDISS

THERE are at least 11 different mineral salts which are essential to the structure or functioning of the human body. But of these, only four—calcium, phosphorus, iron and iodine—require the careful consideration of the homemaker. That is because a diet which furnishes adequate amounts of these four will automatically provide the others. But when the diet is deficient in any one of these four minerals, disastrous consequences may result.

It is therefore of the utmost importance that every homemaker should know something of their functions, and what foods supply them. In this article, we shall deal specifically with phosphorus.

Versatile Phosphorus

It has been said that if the biographies of the elements could be written, that of phosphorus would be the most interesting of all. That is because there are 14 different ways in which compounds of phosphorus may function in the body. In fact, it is doubtful if any other inorganic element enters into such a diversity of compounds or plays an important part in so many functions.

This mineral is indispensable for all the active tissues of the body and likewise helps in regulating the neutrality of the blood. It is found abundantly in nerve tissue.

Needed for Teeth and Bones

Its most significant role, however, is to team with calcium in giving rigidity to the bones and teeth. Approximately 90 per cent of the total phosphorus of the body and 99 per cent of the calcium are found in the bones and teeth.

Both these minerals are required in generous amounts, but almost twice as much phosphorus as calcium should be supplied every day. Moreover, children should have about one-and-one-half times as much phosphorus as adults, to meet the requirements for growth.

The muscles and soft tissues need phosphorus as well as the bones, and in the dietary of the child, they must share with the bones, the phosphorus that is provided by the food. Hence, the greater need for this mineral during childhood.

Phosphorus and Rickets

If a child's diet is deficient in phosphorus or calcium, or if conditions are not favorable for their proper absorption, rickets will occur. This devastating nutritional disease may result in deformities of the chest and pelvic bones, as well as the more familiar bow legs and knock-knees.

Investigators have spent many years in discovering how to prevent and cure this disease which has made life miserable for so many children and which has far-reaching effects that carry over into later life. For example, adults who have bow-legs or a pigeon breast as a result of childhood rickets, are always self-conscious because of their defects. And motherhood may be far more difficult for young women whose pelvic bones were deformed by rickets in their early years.

A Low-Phosphorus Diet

It was found that rickets may be associated with a low-phosphorus diet, even when the calcium content is high. And investigations also determined that there is a seasonal tide of blood phosphorus which corresponds to the amount of available sunlight. This led to the realization that sunlight—which we now know helps the body to manufacture vitamin D—is closely related to the proper utilization of phosphorus. And today it is well established that rickets can be prevented, or cured, by a diet containing liberal amounts of phosphorus, calcium and vitamin D. Vitamin D can be obtained from direct sunshine, but where this is not available in adequate amounts, cod-liver oil, irradiated foods, or those fortified with a vitamin D concentrate will supply this necessary substance.

Make Use of Sunlight

As we approach the season when the greatest amount of sunshine is available, homemakers should see to it that not only the children, but every member of the family spend as much time as possible in the sunlight. This will help to promote the proper utilization of phosphorus and calcium. And both teeth and bones will benefit, as well as the general health.

Where to Find Phosphorus

Every homemaker should acquaint herself with the foods that supply phosphorus most abundantly.



QUICK QUOTES

ESSENTIAL LIBERTY

"THEY that can give up essential liberty to obtain a little temporary safety deserve neither liberty nor safety."—Benjamin Franklin.

ASK ME ANOTHER

A Quiz With Answers Offering Information on Various Subjects

The Questions

- 1. What is the difference between a bridge, a viaduct and an aqueduct?
2. How many stars has the President's flag?
3. What is the origin of the round table?
4. What is a wash-bear?
5. When a ship's clock strikes five bells, what time is it?
6. Who are the cajuns?
7. Is it possible to impeach or accuse any national officer?
8. Is it possible to stand at the North pole and walk any other direction than south?
9. What are the verses in the Bible which seem to prophesy the automobile?
10. Does the sun go around the earth or does the earth rotate around the sun?

The Answers

- 1. A bridge is usually over water, a viaduct usually over land, such as a railroad bridge, but an aqueduct is a conduit for carrying water.
2. There are four stars in the President's flag.
3. Boswell traced it to a sailor's

- custom followed when they entered into a conspiracy so as to hide the identity of the first signer.
4. A raccoon.
5. It is 2:30, 6:30 or 10:30 of the night or day.
6. Descendants of the Acadians, banished from Nova Scotia by the British.
7. Yes. The Constitution provides for the bringing of the impeachment by a member of the house with the senate sitting as a court.
8. No.
9. Nahum II, 3-4: "The chariots shall be with flaming torches... The chariots shall rage in the streets, they shall jostle one against another in the broad ways: they shall seem like torches, they shall run like the lightnings."
10. The earth goes around the sun.

Calm Interchange

That is the happiest conversation where there is no competition, no vanity, but a calm, quiet interchange of sentiment.—Dr. S. Johnson.

HOW TO SEW

by Ruth Wyeth Spears



Oilcloth Scallops and Red Rick Rack.

"DEAR MRS. SPEARS: The curtains I made from your Book 1—SEWING, for the Home Decorator, are so smart and modern looking that they have given our living room an entirely new appearance. Right now I need an idea that will pep up my kitchen windows. Everything is up to date but the curtains. They look old-fashioned. The color scheme is red and white, but please don't tell me to use red and white checked gingham because I have done that before.—J. B."

Alright, no checked gingham! How about some nice crisp dotted swiss with the widest red rick rack

you can find for the edge? Then make a border around the top and sides of the window by pasting scalloped red oilcloth on the window frame, using wall paper paste. Cut the oilcloth in strips first, then mortise the corners by cutting them on the bias. Start marking the scallops at the corners, as shown here, making the center top scallop wider than the others. The tie-backs for the curtains may also be made of the red oilcloth.

With the help of Book 1, SEWING, for the Home Decorator, you can make many of the things you have been wanting for your home. Book 2—Embroidery and Gifts, is full of ideas for ways to use your spare time in making useful things. Books are 25 cents each. Enclose 50 cents for both books, and leaflet illustrating 36 authentic embroidery stitches will be included FREE. Address, Mrs. Spears, 210 S. Desplaines St., Chicago, Ill.

JUST FUN

- First Dare: Dzudi—The first time you contradict me I'm going to kiss you. Miss Polyxeni—You are not.
That's War: The young wife was confiding her troubles to her mother. "Jack's inclined to make a fuss over trifles," she said. "Why, he got quite huffy just because I used his tennis racket to strain the potatoes."
Words of doom: "You're next"—when you're sitting in the dentist's waiting-room.
Among Her Own: Mrs. Neerby—Your house seems so home-like. Mrs. Grabley—Thanks! Do you really think so? Mrs. Neerby—Yes, you've got so many of my cooking utensils borrowed that your kitchen seems more natural to me than my own.
Saddest Yet: He—I can think of nothing sadder than a man without a country. She—I can. A country without a man.
Wrong Man: Joe got the job of unloading cattle at the docks. After only an hour down in the hold, he appeared on deck covered with cuts and bruises. "Give me my cards," he cried to the foreman. "I'm a stevedore, not a toreador!"

LOST YOUR PEP? Here is Amazing Relief for Conditions Due to Stagnant Bowels. Nature's Remedy. Without Risk. ALWAYS CARRY IT WITH YOU. QUICK RELIEF FOR ACID INDIGESTION.

MODERNIZE Whether you're planning a party or remodeling a room you should follow the advertisements... to learn what's new... and cheaper... and better.

HAVE YOU GOT WHAT IT TAKES TO SPIN UP "MAKIN'S" SMOKES FASTER, NEATER?

PRINCE ALBERT 70 THE NATIONAL JOY SMOKE. I CAN ROLL UP NEAT, FIRM 'MAKIN'S' SMOKES IN PRACTICALLY NO TIME WITH PRINCE ALBERT. P.A. IS CRIMP CUT TO LAY RIGHT WITHOUT SPILLING. EXTRA MILD? I'LL SAY - RICH-TASTING TOO. JOHN HOBGOOD (left, with tin) sure agrees there's no other tobacco like Prince Albert for rolling 'makin's' smokes FASTER, PLUMPER. P.A. is extra easy on your tongue, too. It's choice tobacco, "no-bite" treated. Get P.A.'s joy in your papers now!

Jerry on the Job!



Open All Day!



I GOTTA IDEA!



HERE YARE DOUBLE-FLAVOR SUPER-SCUMMUS GRAPE-NUTS FLAKES



GET 'EM FROM YOUR GROCERS IN THE RED AND WHITE BOX AT THE NEW LOW PRICE!



A. A. NEWS

The county office has received over one hundred thousand dollars in checks to Farmer County farmers in payment of 1938 Agricultural Conservation Benefits.

Many tenants are finding out that the payment made the owner is larger than the 1-3 or 1/4 would appear to be in comparison with the tenant's check. It should be kept in mind that there is an increase of all individual checks under \$200. Therefore, if the payment computed for the tenant is over \$200 and the payment computed for the owner is less than \$200, the increase of small payments will apply to owner's check whereas, tenant's check will not be increased. If it appears that your check is not in the proper proportion to your land owner's check we will be glad to explain how any increase was made.

All 1938 checks are made as previously explained. Payments are made on allotments as follows as an average for the county:

Cotton allotment, \$3.90 per acre.  
Wheat allotment, \$1.11 per acre.  
General allotment 91c per acre.

From the above listed rates of payment it may be seen that those with large cotton allotments earn most while those without cotton or wheat have smallest payment. The above rates are for 1938 only. Rates for 1939 are different from those in '38. By Garlon A. Harper, Secretary Farmer A. C. A.

WENT FISHING

On Monday afternoon, Rev. Joe Wilson and Messrs. F. S. Truitt, F. L. Spring, W. H. Attaway, and Cecil Malone, departed for the big lake near San Angelo, for a few days fishing.

During the past few weeks several groups from Friona and vicinity have visited the big lake, and have been quite successful in securing a goodly amount of fish.

REV. L. L. HILL TO REMAIN HERE

The Star is authorized to announce that Rev. L. L. Hill will remain here as pastor of the local Methodist church, and will not move to Lefors as was stated in last week's issue of the Star.

When the members of the local congregation heard of the arrangement to remove him to Lefors, they at once got in communication with the higher officers of the church and succeeded in making arrangements for Rev. Hill to remain at Friona. He will fill his regular appointments at the local church the coming Sunday.

The Oldest Cities

The oldest city in the United States is St. Augustine, Fla. It was settled by the Spanish in 1565, and the site has been continuously occupied ever since. The second oldest city in the United States is Santa Fe, N. M. It was founded by the Spanish, also, about the year 1605, on the site of a deserted Indian pueblo. Santo Domingo, capital of the Dominican republic, founded in 1496, is the oldest settlement of white people in the New world. The oldest settlement of white people on the mainland of the Americas is Panama, capital of the republic of Panama. This city was founded in 1519.

The Three Pious Monkeys

The three pious monkey statuettes of Japan that "speak no evil, see no evil and hear no evil" are not good advocates of such a fine threefold moral. These animals are macaques, says Collier's Weekly, which are among the most quarrelsome, thievish and untrustworthy of all primates.

Gave Venezuela Its Name

Americus Vesputius, also known as Amerigo Vespucci, made his first voyage of discovery in 1497. It is believed that he landed in Honduras and was thus the first white man to set foot on the mainland of the western continent. He is the man who gave Venezuela its name. The word means "Little Venice."

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HEALTH NOTES

AUSTIN—The main trouble with Rhus toxicodendron, which is blooming now, is that most of us do not recognize it.

Not knowing this plant, many Texans, particularly those city folks who seldom go to the country, may contract a severe case of skin poisoning if they are not careful on picnics, camping and fishing trips.

Warning that several cases of poisoning have been reported already this year, Dr. Geo. W. Cox, State Health Officer, describes Rhus toxicodendron for the benefit of those not familiar with it. The plant has 3 leaves which are now green, and later become red or bright yellow. It grows on a low but erect plant, varying from several inches to three or four feet in height. The plant bears smooth, whitish wax berries containing a stony seed.

The easiest way you can distinguish the plant is by its leaves. Two of them are on short stalks and the third is on a longer one. They are one to four inches long, dark green on top and lighter underneath. The leaves also have notched margins.

If you are susceptible to it, slight contact with the plant may result in violent skin irritation caused by a resinous substance in the sap. First manifestations will appear within a few hours to five days. Itching, burning sensations and redness, swelling and development of small blisters on the affected parts are symptoms of rhus poisoning.

Early use of soap and hot water soon after exposure will prevent poisoning, but a brush should not be used for washing. The most effective method of prevention, however, is to avoid the plant entirely.

Ignore Rhus toxicodendron as you would poison ivy, for if you haven't guessed it yet, they are one and the same.

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The Mice Will Play,  
And the housewife will also have some time to play,  
When she brings her wash to  
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Franklin Founded Junta Society

In 1727, among his cronies in Philadelphia, Benjamin Franklin founded a society known as the Junta-Spanish for "council." Established "for the perpetuation of useful knowledge," the Junta survived after Franklin's death, becoming the American Philosophical society.

Breaking Color in Art

Breaking color in art is painting directly on the canvas without first mixing colors. Turner, the famous British landscape artist, is said to have been the first to use this method. The most striking quality of his work is the brilliant, sometimes almost unreal, color effects.

Life-Savers Fully Dressed

Every New Year's day Copenhagen holds a gala swimming fete in Hellerup harbor, at which swimmers of all ages and both sexes enter a life-saving race fully dressed. The event is known as "the cold shiver."

NO RIBS TO SPARE



"It's lucky that Adam was the only man on earth, when he married Eve."  
"How so?"  
"Just think how he would have felt, if he had seen his rib walking around with another fellow."

Treasures in Indian Chapel

Among the treasures to be seen in the Indian chapel at Caugnawaga, opposite Lachine, Que., are a two-century old wampum belt and an ostensorium dating back to 1600.