

Opinion

Herald opinion

Contra plan a worthy one

It was symbolically significant, at least, that the five Central American heads of state meeting in Tela, Honduras, this week stayed in weather-beaten beachfront cottages built years ago when the town served as headquarters for giant American fruit companies. The United States is no less a looming presence over Central America than it was earlier this century when United Fruit and other American companies kept their banana republics in thrall, but today those republics aren't quite as pliable as they used to be.

In Tela this week, in the old cottages that now function as a hotel, the Central American leaders defied the wishes of the United States and approved a plan of their own to solve the simmering problem of the Contra rebels. The plan, developed after hours of intense negotiation, deserves Washington's support.

Under the agreement, the U.S.-backed Contras will surrender their weapons on a voluntary basis by Dec. 5. An international peacekeeping force will guard the border between Nicaragua and Honduras, and an international commission will oversee the relocation or repatriation of rebel troops, some 11,000 in all. If the plan succeeds, an eight-year-long war that has taken more than 50,000 lives will have ended.

A few days before the Tela summit, the Sandinista government of Nicaragua made a series of concessions to its political opponents, and those concessions probably made the agreement possible. They included suspension of the military draft during the period leading up to the February elections and relaxation of press control and other government police powers. In addition, Nicaraguan President Daniel Ortega Saavedra came to the conference armed with an agreement his government had reached with some 20 internal opposition parties. The agreement called for Contra demobilization.

The United States opposed demobilization, arguing that the Contras should be kept intact to keep the Sandinistas from reneging on their agreement to hold free elections next year. The Central American leaders realized that an armed rebel force holed up in Honduras was more a danger to the region — particularly to Honduras — than to the Sandinistas.

The Nicaraguan opposition realized that a rebel army supplied by the United States continued to provide a convenient excuse for Sandinista repression. In a country brought to its knees by economic mismanagement and Sandinista bumbling, opposition leaders decided to take their chances at the ballot box.

The fragile plan could still crumble; it has happened before. But the United States can help assure its success. We can use already-allocated Contra-aid money to help the rebels and their families find safe haven, either in Nicaragua or elsewhere. We can cooperate with international organizations that will be overseeing the demobilization plan. And, we can encourage the Nicaraguan opposition parties as they press for genuinely free elections.

The Central American leaders not only took matters into their own hands at Tela. They gave their looming neighbor to the north an opportunity to join them — to join them in a daring effort to use diplomacy, not guns, to end a debilitating war. The United States should take advantage of the opportunity.

Mailbag

Use of logo questioned

To the editor:
I would like to call your attention to the Sunday paper, Aug. 6th edition. On page 5-A there was an advertisement for the Rural/Metro Corporation. At the bottom right corner of this ad was a Maltese Cross (this is a Fire Department logo) with the words Rural/Metro Fire Dept. and five pieces of fire equipment in the center. I feel like the Rural/Metro Corporation used bad taste and poor judgment in displaying a fire hoop in a state where they are unlicensed, uncertified and unrecognized as fire fighters.

I want the citizens of Big Spring to know that your fire department is in no way connected with these people or their company, and we will continue to serve you in the most professional way we can. This letter is my opinion only and not those of the Big Spring Fire Department or any organization associated with them.

Stacia Gill
Mitch Gill
205 Jefferson

They saved my life

To the editor:
I want to give sincere thanks and deep appreciation to the system working in Big Spring that saved my life.

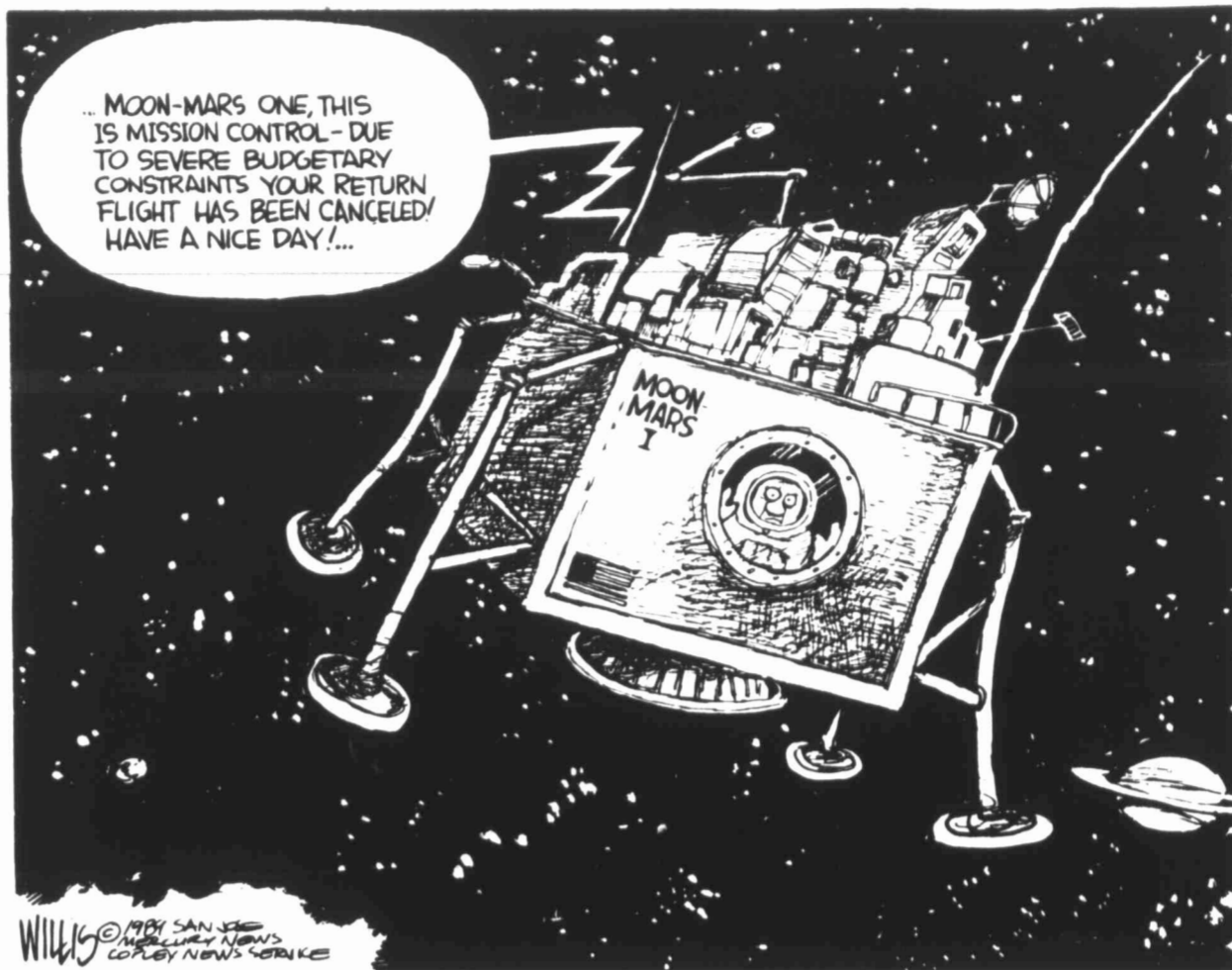
When I couldn't breathe my son called for an ambulance. The police arrived promptly to see if they could help until the ambulance got to me. The medics with the oxygen and their know-how, the emergency room at Scenic Mountain Hospital and its organization of people gave me better care than any I've ever been in, and I've been in the finest.

I can't say enough about the kind caring nurses. The clean sanitary conditions — I was treated like royalty. Even the food is delicious. My good doctor, Dr. Park carried me through my illness, and sent me home feeling great.

I hadn't given the system a thought — just took it for granted — but it isn't there just by accident. It would be tragic living here without the hospital. Let's patronize it. Keep it — if all this hadn't been here, I wouldn't be here today.

Virginia Stewart
1519 Tucson

"I may not agree with what you say, but I will defend to the death your right to say it." — Voltaire



Cash government checks or else

By JACK ANDERSON and DALE VAN ATTA

WASHINGTON — Nearly \$3 billion of the taxpayers' money is in limbo in the federal treasury because millions of people forgot to cash their checks.

The checks, some dating back decades, are buried in desk drawers, stuffed in pockets of old suits or tucked away in boxes, forgotten by the people who received them.

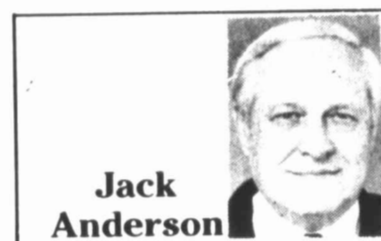
They range from pennies to thousands of dollars, and Uncle Sam is tired of carrying them on the books.

Every year, a few hundred people clean out the attic or send old clothes to the laundry and find a check from the federal government for a tax refund or interest on a forgotten war bond. About 420 such checks issued before 1956 were presented for payment last year. They averaged about \$65 each. Among the recently cashed checks were:

- A 2-cent tax refund issued to a Massachusetts man in 1945;
- An \$8,606 compensation check for unknown services written to a Michigan man in 1964;
- A \$1.01 check for interest on World War I Liberty Bonds issued to a Nebraska woman in 1919.

Why would anyone bother to cash a 2-cent check at all, let alone 43 years after it was issued? Treasury officials say many of the checks surface when relatives and lawyers are settling estates, and they are obliged to clean up the loose ends, no matter how small.

A bank may balk at cashing an old check, but the Treasury Department has been more accommodating. It has patiently honored the checks and carried the lost ones on the books, paying number crunchers to account for them every year. But, no more.



Jack Anderson

All government checks issued after Oct. 1, 1989 will be canceled if they are not cashed within a year. They will carry a "Void after one year" code. As for the old checks, the Treasury Department is giving people one year to find them and present them for payment. After Sept. 30, 1990, the checks are no good.

The new law doesn't completely wipe out the government's obligations, but it will allow accountants to take them off the books. Anyone holding an expired check will have to convince the agency that issued it to write a fresh one.

About 5.7 million old checks valued at \$2.7 billion have never been cashed, Treasury officials told our associate Scott Sleek. Private businesses routinely cancel checks that are not quickly cashed, but up until now the federal government has imposed no such limits.

The people who misplace or forget their government checks cause a problem. The checks cost money to keep track of, often more than they are worth, so the government saves little by not having to honor the checks. They are also considered a government expense and figure into the federal deficit.

W.F. Douglas, commissioner at the Treasury Department's Financial Management Services, is happy to see the change. "Not only is it poor business practice to keep the government's books open forever,"

he said. "It is also an expensive thing to do. It's the taxpayers who have to pick up the tab."

THE REAL DEFICIT — The gap between what the government collects and what it spends will swell to \$159 billion this year. Unless deficit spending is halted, the accumulated \$2.8 trillion public debt will soar beyond the taxpayers' ability to pay it off. The government will have to borrow billions of dollars just to pay the finance charges. Already this year, interest payments will eat up almost all the income taxes raised west of the Mississippi River.

The debt is bound to have a devastating effect on American living standards. We can see the future by examining what has already happened south of the border. The Mexican government has engaged in deficit financing until it can no longer pay the interest on its debts. As a result, living standards have declined by half during the past seven years. Health and education are being neglected. A million new job seekers every year simply can't find full-time employment.

FALLOUT FROM JAPAN — The overwhelming electoral defeat of Japan's ruling party will have some unpleasant repercussions in the United States.

The Japanese government may react by putting domestic politics ahead of foreign policy. For example, it could reverse its promise to open Japanese markets to more American imports. It could also resist U.S. pressure to reform its complex distribution system which squeezes out foreign competitors. Those reforms could hurt Japanese retailers and cause unemployment — both of which are now politically unacceptable in Japan.

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Wishful thinking

By LEWIS GRIZZARD

My neighbor, Art Harris, has more journalism credits than I can possibly name here. Simply know his work has appeared in the *Washington Post* and *Penthouse* magazine and many other publications in between.

The other day, he sent over the following. Read it. Pretending is good for a troubled soul.

Dear Lewis:
After reading so many explanations of why America, the most powerful nation in the world, can't bring home citizens taken hostage abroad, I wonder how it would feel to write a different kind of story. Here goes:

BEIRUT, Lebanon — American commandos from the U.S. Army's elite Delta Force, firing silenced automatic weapons, today broke into hideouts of pro-Iranian Moslem extremists in the predawn darkness and rescued American and European hostages held by the radical Shiite militias.

"We have brought our citizens home," declared President Bush. "Let this be a lesson to those who would attack Americans abroad. America will never be intimidated again."

The armed extremists' hideouts were pinpointed after Israeli shared intelligence information extracted from the radical Moslem cleric, Sheik Abdul Karim Obeid, who was abducted by Israeli commandos.

That kidnapping was reported to have triggered the murder of kidnapped American Marine Lt. Col. William R. Higgins by Shiite extremists who had demanded Israel return Obeid along with Shiite commandos in Israeli jails.

Sheik Obeid, spiritual leader in southern Lebanon of the Party of God, a pro-Iranian group, is believed to have masterminded the abduction of Lt. Col. Higgins. One intelligence source said he "sang like a canary. We didn't even need truth serum. He wasn't so brave without his gunmen."

In Teheran, there were reports of riots outside the former U.S. Embassy, where effigies of President Bush and former President Reagan were burned in protest. "American dogs will die for this," declared one firebrand.

"Let them yap," said a beaming Ronald Reagan. "Our boys finally won one for the Gipper."

A Defense Department spokesman said the hostages were flown to the America, a U.S. aircraft carrier with the Sixth Fleet task force off the coast of war-torn Lebanon.

A team of Navy physicians examined the hostages, some held as long as five years, and said they were in surprisingly good shape.

"Several hostages said it was the first time they'd laughed in years," said one Navy doctor.

Carrying Israeli intelligence information pinpointing the hostages, Cobra gunships took off before dawn from a Sixth Fleet aircraft carrier with an undisclosed number of American commandos disguised as Moslem militiamen, said a Defense Department spokesman.

Faces blackened, Uzi sub-machine guns and grenades under their robes, they fanned out in Moslem East Beirut, hitting hideout after hideout. Dozens of radical Shites were killed. Two Americans were wounded.

"I think the bad guys will have a few nightmares after this," said one Delta Force commando with a smile.

"I only wish the Ayatollah were alive to read about us." "I'll tell you something, Lewis: it felt good to write that."

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WASHINGTON of Marine Lt. says she is p Bush's efforts U.S. hostages acknowledges certainly is de Robin Hig Marine Corps ing in a calm acknowledged Tuesday it is her husband is "Now is not and bitterness and blame. I calm reflecti time to tell R love him and said

Meanwhile, day quoted Bu optimistic the hostages will plans to cont acts to obtain "I have that ... if I c and get the rel hostage and c view or in the putting others taken hostage. "I have no rea see in the sho tion of the An blem. I wish I Higgins was U.N. peace southern Leba ducted on Feb His Shiite

Nation

Market climb worries some

NEW YORK (AP) — The stock market's recent climb toward record highs is worrying some investors who wonder whether the elevation in stock prices will be followed by a plunge like the October 1987 crash.

Nearly a third of the paper value of stocks was wiped out in the crash and the weeks preceding it. With the market on a path remarkably similar to the one it followed the months before the crash, comparisons to 1987 are being drawn.

The Dow Jones average of 30 industrial stocks was up 6.07 points at 2,705.24 in the first half hour of trading today, approaching the record 2,722.42 close of Aug. 25, 1987. On Tuesday, the Dow rose 4.18 points.

The current rally's apologists point to dissimilarities in market conditions between then and now that they contend should lead to a much happier outcome this time.

Rain cools western forest blazes

Light rain and cooler weather slowed dozens of blazes in the Northwest and fire control officials said they were in position to handle any new burst of lightning strikes.

Firefighters reported progress in Idaho, Washington, Oregon, Utah and California.

"The temperatures have been lowering, the humidity has been coming up," said spokeswoman Rebecca Burkhead of the Boise Interagency Fire Center, the nation's wildfire command post.

Lobbyist facing NY charges

WASHINGTON (AP) — Craig Spence, a flamboyant lobbyist who has been a headline figure in the federal investigation of a Washington call-boy ring, is facing cocaine and gun possession charges in New York City, it was reported today.

Spence, 48, was arrested July 31 along with a male prostitute at a Manhattan hotel, The Washington Times and The Washington Post reported.

North begins community service

WASHINGTON (AP) — Former Marine Lt. Col. Oliver North is beginning his service as a draftee in the war against narcotics by helping reformed drug dealers and other underworld figures to repay their crimes.

The national security aide who directed some of the Reagan administration's boldest covert ventures abroad now will be plotting forays much nearer the White House as five men calling themselves the "New Pied Pipers" attempt to clean up their old neighborhoods in the capital.

North will "most definitely" be given a tour of the worst drug neighborhoods, but he won't be active on the streets, program coordinator Donald Lewis said Tuesday. "He's not a street-wise individual — we know that. His element is administration."

North, conscripted into the drug battle by the judge who sentenced him in the Iran-Contra trial, began his orientation Monday as a management adviser to Save Our Youth, Inc., a private umbrella group for several anti-drug projects. He will focus, to start with, on the "Pipers" initiative.



Associated Press photo
TEL AVIV — Undersecretary-General Murrack Goulding, right, points out something of interest to Israeli Defense Minister Yitzhak Rabin before they discuss the hostage crisis Tuesday.

Truck bomb wounds five Israeli soldiers

TYRE, Lebanon (AP) — A Shiite Moslem clergyman on a suicide mission today detonated a bomb-laden truck near an Israeli military convoy and wounded five Israeli soldiers, Israel's army and the pro-Iranian Hezbollah said.

A Hezbollah leader said the attacker was a "comrade" of Sheid Abdul Karim Obeid, a Shiite Moslem clergyman held by Israel. The Hezbollah spokesman, Sheikh Sobhi Tofaili, did not say if the attack was in retaliation for the abduction.

The pickup truck blew up in Israel's self-proclaimed security zone in south Lebanon as a joint Israeli-South Lebanon Army convoy was passing by.

Israeli's army said five Israeli soldiers and one of the allied Lebanese militiamen were wounded. One soldier suffered serious injuries and the others suffered light or moderate injuries. Two people in the truck were killed, the army said.

Tofaili said there was only one attacker and identified him as Sheikh Asaad Birro, a Shiite clergyman.

Hezbollah also released a statement saying, "The Mujahid (holy warrior) detonated the car he was driving as an enemy military convoy drove past."

Israel radio said the blast left a crater six feet deep, overturned an army vehicle and damaged nearby houses. The radio said the pickup was carrying 550 pounds of explosives.

Hezbollah, or Party of God, said the "martyrdom operation" was carried out at the entrance to the Christian village of Qleiaa, about two miles north of Israel's border, at 9:45 a.m.

Hezbollah, believed to be the umbrella for factions holding most of the 16 Western hostages in Lebanon, said in the statement that the attack was carried out to "declare our loyalty to the course of Imam Khomeini and his successor Ayatollah Khamenei" of Iran.

Israel Army radio said Israeli soldiers and allied militiamen put up roadblocks and were searching for suspects. It said a number of Lebanese residents had been detained.

In Beirut, Hezbollah released a second statement today saying that efforts to free Western hostages in Lebanon suffered "their greatest setback" as a result of Israel's abduction of Obeid on July 28 from his home in south Lebanon.

"It is clear that things have backfired adversely on the enemy after this foolish crime. It has become impossible to release the Israeli POWs and all ways for a possible swap have been blocked," the statement said.

World

Kaifu declared Prime Minister

TOKYO (AP) — The president of the governing Liberal Democratic Party, Toshiki Kaifu, today was declared prime minister after an unprecedented parliamentary clash over who should have the job.

Kaifu, 58, became Japan's third prime minister in 10 weeks after sex and money scandals and a major loss in upper house elections forced his two predecessors to step down.

"There are many difficulties awaiting the Liberal Democratic Party, and I will try to work hard and express my frank feelings to the people," Kaifu said after his selection by the lower house, where his party has a comfortable majority.

The less powerful upper house supported Socialist Party leader Takako Doi.

It was the first time in 41 years that the two houses had clashed over who should head the government. Under the constitution, if the houses cannot agree on a prime minister, the lower house decision prevails.

Canadian court lifts abortion ban

OTTAWA (AP) — A Quebec woman defied a court order obtained by her former boyfriend and had an abortion, but the Supreme Court voted unanimously to lift the restriction anyway.

The case of Chantal Daigle, 21, was the latest and most dramatic in a series this summer that brought attention to Canada's lack of a federal abortion law.

In ruling Tuesday, the Supreme Court said it would give its reasons later for lifting the in-

Teen killed in sporadic rioting

BELFAST, Northern Ireland (AP) — Young IRA supporters clashed with security forces on the anniversary of a defunct British policy of detaining people without trial, and a teen-ager was killed, police said. Two people were injured in related violence.

Police said more than 20 people were arrested during disturbances that occurred in Roman Catholic areas of west Belfast Tuesday night and continued early today.

British news reports said a 15-year-old boy died after being struck by a plastic bullet fired by security troops trying to control young IRA supporters throwing gasoline bombs and stones and burning British flags.

The Royal Ulster Constabulary, Northern Ireland's police force, would not comment on the incident.

"The death is being investigated," said a police spokesman, speaking anonymously in keeping with British custom.

Marines disarm Panamanians

PANAMA CITY, Panama (AP) — In another confrontation between U.S. and Panamanian forces, Marines disarmed a group of Panamanian soldiers and civilians who followed the Marines into an area the United States controls.

The group of 29 Panamanians, including 10 military officers and lower-ranking soldiers, was briefly detained and then released after Tuesday's incident, said Mercedes Morris, a spokeswoman for the U.S. Southern Command. One of the soldiers was Maj. Manuel Siero, Noriega's brother-in-law, she said. Siero commands the Chorrera military zone, where the incident took place.

A local mayor said the Panamanians began following the Americans after the Marines encountered an anti-American demonstration. The pro-government news media had called the American maneuvers a provocation.

Higgins: Now not the time for bitterness

WASHINGTON (AP) — The wife of Marine Lt. Col. William Higgins says she is praying for President Bush's efforts to "save the living" U.S. hostages in Lebanon as she acknowledges her husband almost certainly is dead.

Robin Higgins, wearing her Marine Corps uniform and speaking in a calm and steady voice, acknowledged for the first time Tuesday it is a "virtual certainty" her husband is dead.

"Now is not the time for anger and bitterness, for recrimination and blame. Now is the time for calm reflection. Now is the time to tell Rich Higgins that we love him and we miss him," she said.

Meanwhile, the Boston Globe today quoted Bush as saying he isn't optimistic the eight remaining U.S. hostages will soon go free, but plans to continue exploring contacts to obtain their release.

"I have no problem with that... if I can talk to somebody and get the release of an American hostage and do it without, in my view or in the view of the experts, putting others at risk" of being taken hostage, Bush told the paper.

"I have no reason to say that I can see in the short run a total resolution of the American hostage problem. I wish I could."

Higgins was the commander of a U.N. peacekeeping force in southern Lebanon when he was abducted on Feb. 17, 1988.

His Shiite Moslem kidnapers released a 30-second videotape a week ago that purported to show him dangling by a rope, bound and gagged. The terrorists said the U.S. officer was hanged in retaliation for Israel's kidnapping of Sheikh Abdul Karim Obeid, a Moslem cleric.

State Department officials rejected any suggestion tying the fate of the eight American hostages to billions of dollars of Iranian assets frozen in this country nearly a decade ago.

The questions of the assets have no connection or linkage whatsoever with the hostage issue, spokesman Richard Boucher told reporters.

A report in the English-language Tehran Times quoted a source saying Iran would definitely intercede to gain the release of the hostages if Washington gave assurances it would release frozen Iranian assets.

While Mrs. Higgins issued her call for reflection, Pentagon spokesman Pete Williams noted that U.S. warships remain on patrol in the Mideast region, pointing out that 26 U.S. vessels are in the Mediterranean while 21 are stationed in the Indian Ocean.

While Williams termed the movements "routine operations," other Pentagon officials have said the warships — including two aircraft carriers — are conducting "show-the-flag" maneuvers in readiness for any possible military strike ordered by the president.



Associated Press photo
WASHINGTON — Marine Maj. Robin Higgins, wife of slain hostage Lt. Col. William Higgins, reads a statement to reporters at the Pentagon Tuesday.

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Food

Snacks can score high in taste, nutrition

Snacking is an all-American habit — one all too often associated with fat, sodium and calorie-laden "junk" foods. However, there's really no need to get the guilt: the good news is that most nutritionists do, in fact, recommend frequent mini-meals rather than three heavy ones each day. Without abandoning those mid-morning, mid-afternoon and late night nibbles, there is a better way. And what better time to build a healthier equation than now when it's back to school, back to business.

FIGGY CARAMEL ALMOND CRUNCH
3 quarts popped popcorn
2 cups granola cereal
1 cup coarsely chopped California Mission figs
1 cup whole natural almonds, toasted
1/2 cup margarine
1 cup light corn syrup
1/2 cup brown sugar
2 tsp. vanilla extract
1 tsp. baking soda

Toss together popcorn, granola cereal, figs and almonds in large mixing bowl. Melt margarine in heavy saucepan. Stir in corn syrup and brown sugar. Bring to a rolling boil; boil 5 minutes, stirring frequently. Remove from heat; stir in vanilla and baking soda. Pour caramel over popcorn mixture in bowl; toss to coat evenly. Turn popcorn mixture onto baking sheets. Bake at 300 degrees F. for 20 minutes, stirring halfway through. Remove from oven; loosen on pan and cool. Store in airtight containers. Makes 12 servings.

SMORREBROD SANDWICHES
8 ounces light cream cheese
1 tbs. lemon juice
1/2 tsp. dill weed
6 thick or rye-bran style Kavli Norwegian crispbreads
6 thin slices lean smoked ham (about 1/4 pound)
6 Calimyrna figs, sliced
1 cup sliced cucumber rounds
Fresh dill sprigs, optional
Mix together cream cheese, lemon juice and dill weed. To assemble sandwiches, spread 2 tbs. cream cheese mixture on each crispbread. Top each with 1 slice



Snacks don't have to be high-calorie, high-salt "junk food." A variety of nutritional snacks can be made quickly and easily and are satisfying as well as good for you.

ham, 1 sliced fig and 3-4 slices cucumber. Garnish with dill, if desired. Serve immediately. Makes 6 servings.

Cream cheese mixture may be made in advance and stored, tightly covered, up to one week in refrigerator.

GRILLED GREEK-STYLE SANDWICHES
1/2 cup part-skim milk ricotta cheese
1/2 cup crumbled feta cheese
1/2 cup sliced natural almonds, toasted
1 tbs. thinly sliced green onion (scallions)
1 tbs. lemon juice
1/2 tsp. oregano
1/4 tsp. garlic powder
8 thick style Kavli Norwegian crispbreads

Green and red bell pepper rings
Combine all ingredients except crispbreads and peppers in small mixing bowl; mix until well blended. Spread two tablespoons cheese

mixture evenly on each Kavli crispbread. Place on baking sheet. Broil, 4 inches from heat source, 1 minute. Remove from heat and serve at once, topped with pepper rings. Makes 8 servings.

MIDDLE EASTERN EGGPLANT DIP
1 medium eggplant (about 1-1/4 pounds), unpeeled
1 tsp. salt
1/2 cup whole natural almonds, toasted
1/2 cup olive oil
2 tbs. lemon juice
1 clove garlic, minced
1/2 tsp. ground cumin
Pepper, to taste
1/4 cup chopped parsley
24 thick or thin style Kavli Norwegian crispbreads
Cut eggplant into 2-inch cubes. Place in 9x9-inch square glass baking dish. Toss with salt. Cover and microwave on High power, 8 minutes. Remove from oven; place eggplant in colander to drain and

cool. Grind almonds in blender or food processor with metal blade in place. Add cooled eggplant, olive oil, lemon juice, garlic and cumin; process until smooth. Season with pepper, to taste. Stir in chopped parsley. Spoon dip into serving bowl. Place Kavli crispbreads around dip to serve. Makes 12 servings (approx. 2-1/4 cups).

APPLE FIG CONSERVE
3 cups apple juice
2 cups chopped California Calimyrna figs
1 medium Granny Smith apple, chopped
1/2 cup sugar
1/2 tsp. grated lemon peel
1/4 cup lemon juice
1 tsp. whole cloves
24 ultra thin or rye-bran style Kavli Norwegian crispbreads

Combine all ingredients except crispbreads in medium saucepan. Bring to a boil. Simmer, stirring occasionally, 20-25 minutes, until mixture is thick and fruit is very soft. Remove from heat; pour conserve into sterilized jars and cool. Chill until ready to serve. To serve, spread Apple Fig Conserve on Kavli crispbreads. Makes 12 servings (3 cups conserve).

NUTTY HONEY ICE
1-1/2 cups low-fat milk
3 egg yolks, lightly beaten
1/2 cup honey
1 cup plain low-fat yogurt
1/2 cup coarsely chopped California Calimyrna figs
1/2 cup whole natural almonds, toasted and chopped
Heat milk to scalding in heavy saucepan. Whisk in egg yolks. Cook, stirring constantly, over low heat, until mixture coats the back of a spoon. DO NOT LET CUSTARD BOIL. Remove from heat; stir in honey. Cool. Blend in yogurt. Pour custard mixture into ice cream freezer and freeze according to manufacturer's directions. When mixture is almost firm, stir in figs and almonds. Continue to churn until firm. Makes 4 servings (1 quart).

Sherbets are low in fat

Many Americans, looking for ways to cut down on the amount of fat they eat, are taking a new look at sherbet. Most sherbets contain about 1 gram of fat per half cup, compared to 7 grams in ice milk and 14 grams in ice cream. This easy homemade sherbet tastes terrific; yogurt gives it tang and orange marmalade supplies just enough sweetness.

ORANGE SHERBET
1 envelope unflavored gelatin
1/4 cup cold water
1/2 of a 6-ounce can (1-3rd cup) frozen orange juice concentrate, thawed
1/2 cup orange marmalade
Two 8-ounce cartons vanilla low-fat yogurt
In a small saucepan combine gelatin and cold water; let stand 5

minutes. Cook and stir until gelatin is dissolved. Stir in orange juice concentrate. Remove from heat. Stir in marmalade, then yogurt.

Turn yogurt mixture into a 9- by 9- by 2-inch baking pan; cover and freeze about 3 hours or until firm. With a fork break frozen mixture into chunks; place in a large chilled mixer bowl. Beat with an electric mixer on medium speed until fluffy. Return to pan. Cover and freeze at least 2 hours or until firm. Serve scoops in dessert dishes. If desired, garnish with orange slices. Makes eight 1/2-cup servings.

Nutrition information per serving: 91 cal., 4 g pro., 18 g carb., 1 g fat, 3 mg chol., 38 mg sodium. U.S. RDA: 25 percent vit. C, 10 percent calcium.

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Great salads for summer meals

By PAPA JOE REED SR.

Gather around gang. Today we are going to solve some problems. I've been hearing through the grapevine that some of you are going around saying that you can not cook, nor even boil water. Now pay close attention. Fill your pot or pan with water. Place over heat on stove. Let it remain until it boils. That's all there is to it. Now you can boil water and if you can boil water, you can fix this recipe. You will need the following ingredients for:

PAPA JOE'S SLAW

'N SALAD
Potatoes (4-medium)
Cabbage (3 cups, red or green)
Green pepper (1/2 cup, chopped)
Salt (1/2 tsp.)
Pepper (1/4 tsp.)
Thousand Island dressing (1 cup)
Cook, peel and cube potatoes. Now this will be no big chore. To cook the potatoes, you just put them in water and boil the water. I don't want to hear that excuse about not being able to

boil water again. No wonder women have such a low opinion of men.

After you have cubed the potatoes, combine with the cabbage, green pepper, seasonings and dressing. Mix well. Serve in bowl and garnish with green pepper slice or onion rings, carrot curls, radish roll-outs. To be really creative, you might add strips of cold cuts and cheese. A light, cool refreshing meal with no fuss, no bother.

With a salad like this, how about a dessert? Well, I don't have a dessert, but I do have a salad that tastes like a dessert. I first came across this dish at a church social. I could not believe it was a salad. The recipe comes from Belle Teel, Big Spring, and she calls it a buttermilk salad. I don't call it:

Belle's "I Can't Believe It's Not a Dessert", Salad
Sugar (1 cup)
Buttermilk (1 cup)
Bananas (5 or 6 medium)
Pineapple (1 small can, crushed

How to open an egg



and drained)
Kool Whip (1 large carton)
Mix all ingredients together and freeze. Before serving, let stand for about 30 minutes and cut into wedges. The nice thing about this salad is that it can remain frozen for two to three weeks and the bananas will not turn dark. There you have it. Two beautiful, delicious salads you will serve time after time, especially "Belle's I Can't Believe It's Not a Dessert," Salad.

Papa Joe's Kitchen Tips: Before opening a package of bacon, roll it into a tube. This loosens the slices and keeps them from sticking together.

Try a new recipe! Read Herald Exchange every Wednesday

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Lifestyle

Woman teaches how to tap their intuition

PLEASANTVILLE, N.Y. (AP) — If you already know what this story is about, you probably don't need to study under Nancy Rosanoff.

Rosanoff has made a career of teaching people how to tap their intuition, their sixth sense.

"Not everyone's going to be a psychic," she says, "but everyone has some intuitive ability."

Rosanoff says that intuition, which used to be called witchcraft, can be turned into a valuable tool for businessmen, writers, parents and almost anyone willing to let their "inner voice" speak.

"People are afraid of their intuitive ability," she says. "They think if they listen to their intuition, they'll do something dramatic or change their lives and they'll be making a huge mistake."

The mistake, Rosanoff says, is made by those who ignore gut feelings. She offers her own experience as a case in point.

Trained as a pianist, she developed a severe case of eczema at age 22 which made playing the piano painful. Visits to doctors and dermatologists were unsuccessful.

"Not everyone's going to be a psychic, but everyone has some intuitive ability."

but a psychic advised her that she was using the skin disease as a fear of expressing creativity.

Once she accepted that, she says, she began to heal.

"But I thought there had to be something here other people should know," says Rosanoff, a 38-year-old mother of two and author of "Intuition Workout." Intuition has long been considered the province of women, who have been allowed more leeway culturally, Rosanoff says. But she says intuition is not feminine. Regardless of gender, intuition is "being in tune with emotions and being allowed to explore it."

She and her husband, John Krysko, a financial planner, say they are so attuned to each other that each knows when the other is going to call.

Bride perplexed by self-invited guests

DEAR ABBY: I'm planning my wedding and have encountered a problem that seems to be common among recent brides.

My parents, who have limited funds, are paying for my wedding, so we sent invitations to those we wanted, and we included a response card.

To our surprise, many of the response cards came back with "and friend" written in — also, some of the couples had added "and children."

It was very awkward having to telephone these people to tell them we couldn't accommodate their "friend" or children. And can you believe that some people were angry?

I suppose because the response card leaves a blank for them to fill in the number of people, some folks feel they are entitled to invite whomever else they want.

Abby, please make this clear in your column. Brides everywhere will appreciate it. — ONE OF THEM

DEAR ONE: I am in favor of doing away with response cards with "blanks" to fill in to indicate how many will attend. Too many



Dear Abby

people believe the blank is an invitation to invite as many people as they wish.

The number of guests invited can be found on the envelope of the invitation: If it is addressed to Mr. and Mrs. John Jones, only those two will be expected. And an invitation addressed to Mary Smith means only Mary is expected.

Readers, please pay attention. A battalion of brides is getting nervous indignation from response cards filled in with the names of friends and relatives.

DEAR ABBY: My 6-year-old niece (I'll call her Nancy) caused a scene in the grocery store. She hit her grandmother on the back as they stood in the checkout line. Grandma had bought Nancy a

treat that she had wanted to be put into her own shopping bag, but Grandma put the treat in her own purse instead, so Nancy hit her and said, "I wanted it in my own bag, I said!"

She was marched out of the store and given a slight slap and a stern talking-to for her actions. My niece agreed that she would never do it again and was given her treat.

My question is: Should this scene be banished from conversation in front of other family members? The child's grandmother, who happens to be my mother, thinks that since Nancy doesn't want anyone to know (probably from embarrassment and guilt), no one should mention it.

I believe that since when one grows older, one's crimes are printed along with one's name in the newspaper, children should learn early in life that unacceptable behavior should not be hidden. I also believe that a little ostracism is very effective punishment. My mother disagrees and insisted that I ask

for your opinion. — NAME WITHHELD ON REQUEST

DEAR NAME WITHHELD: Your niece's "crime" was more an impulsive reaction than a serious offense. I agree with your mother. I see no reason to humiliate Nancy further by mentioning the incident to the family. The child was punished and seems to have learned her lesson, so it's best forgotten.

Don't put off writing thank-you notes, letters of sympathy, etc. because you don't know what to say. Get Abby's booklet, "How to Write Letters for All Occasions." Send a check or money order for \$2.89 (\$3.39 in Canada) to: Dear Abby, Letter Booklet, P.O. Box 447, Mount Morris, Ill. 61054. (Postage is included.)

Everything you'll need to know about planning a wedding can be found in Abby's booklet, "How to Have a Lovely Wedding." Send your name and address, plus check or money order for \$2.89 (\$3.39 in Canada) to: Dear Abby, Wedding Booklet, P.O. Box 447, Mount Morris, Ill. 61054 (postage included).

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Area briefs

4-H offers nutrition workshop

A Foods and Nutrition Workshop for boys and girls ages 8-19 will be held Friday from 9:00 a.m. to 3:30 p.m. at St. Paul's Lutheran Church, 810 Scurry. Cost will be \$5.00 per person to cover lunch and project materials. Parents are welcome and needed to provide assistance with projects and transportation. To register or for more information contact Naomi Hunt at the County Extension Office, 267-8469, by August 10th. Activities planned for the day

- Project records
- Measuring personal fitness — flexibility, cardiovascular, and strength and endurance.
- Meal planning for good health
- Food preparation
- Tours
- Sharing with others through community service

Participants are asked to wear long shorts or pants because the day's activities will involve exercises and sitting on the floor.

Wayne Moore addresses AARP

Wayne Moore, Chamber of Commerce director, discussed a new retirement center for Big Spring at the American Association of Retired People meeting Tuesday at the Kentwood Older Adult Center.

Our thought for the day was: The Lord gave us two ends, one to sit on, the other to think with. Success is determined by which end we use most — heads you win, tails you lose.

Invocation was given by Vaurine Smith. Reggie Castle and Cloe Pierce were recognized as having birthdays in August. Jo Boyer and Raymon and Mattie Roberts joined our local chapter of American Association of Retired People. Tommie and Earline Loveless and

Juella Hopper will be serving cookies on Aug. 16, to the Mountain View Lodge Nursing Home.

John and Lennis Couch will represent the local chapter of American Association of Retired People to her the discussion of another retirement center for Big Spring.

Mable Beck, Mary Rasberry and Callie Barnes were elected to serve on the nominating committee to get officers for 1989 and 1990.

Meeting adjourned for games of bridge, 42, dominoes and chicken scratch. A covered dish luncheon was served to 19 members. The next meeting will be Sept. 4. Visitors are always welcome.

Hull family has reunion

STANTON — The descendants of the late Mr. and Mrs. S.L. Hull had a reunion Saturday in Stanton. The Hulls came to Howard County in 1906 had a family of 11 children, two of whom are still living: Earl Hull, Big Spring; and Floyd Hull, Coahoma. Eleven grandchildren

were present along with host of great-grandchildren. They came from Houston, Denton, Odessa, Big Spring, Coahoma and Stanton. Family members and guests enjoyed a barbecue lunch and visited. The family will meet again next year on the first Sunday in August.

Club celebrates 35th anniversary

Big Spring Desk & Derrick Club celebrated their 35th birthday Wednesday at a luncheon in the Bridge Room of Days Inn. Memories were relived while looking at photos brought by Mamie Roberts of the local Convention held in Baniff, Canada. Invocation was by Gertrude McCann. Margaret Wise baked the birthday cake. Charter members still active are Marguerite Copper, Helen Green, Billie McLain, Eleanor Matheny, Mamie Roberts and Charlotte Sheedy.

One of the Texas Heritage films, "Spurs to Spindletop" which was rented through the Howard County Library, was shown. It portrayed the early events in the settlement of Texas and showed the impact of Anthony Lucas' 1899 dream to drill a well which concluded on Jan. 10, 1901 when the Spindletop well blew in and started the New Age of Oil.

The last half of the film will be shown at their next meeting scheduled for Sept. 6 at noon at Days Inn. Guests are welcome.

Gluten-free diets to be discussed

If you cannot have wheat, rye, oats or barley, in your diet because you have been diagnosed as having Celiac disease or Dermatitis Herpetiformis, we have help for you. We share recipes, can provide a list of commercial foods that are gluten free, and put you in touch with food companies that provide packaged cookies, bread mixes, cake mixes, pasta and breads, all are gluten free. We want to help

you enjoy eating bread again. Please join us Saturday, Aug. 19, 3-5 p.m., at Trinity Presbyterian Church, the corner of Louisiana and Andrews Hwy. in Midland. Our special guest is the Mia Gibson, a dietitian from Women and Children's Hospital in Odessa. Our guest in September will be Dr. Rao, a gastroenterologist from Odessa. For more info. call 684-4671 or after 6 p.m. 563-4847.



Summer in the city

NEW YORK — A snow monkey at the Central Park Zoo in New York took the easiest way to escape the 90 degree heat in the city, a dip in the moat around the monkey enclosure. The snow monkey, from Japan, is an accomplished swimmer.

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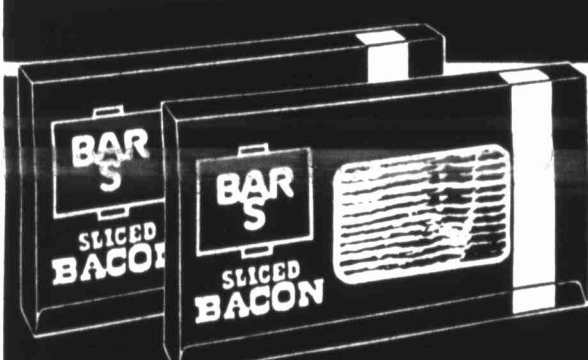
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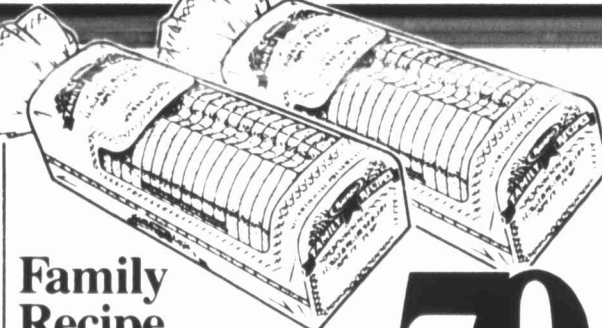
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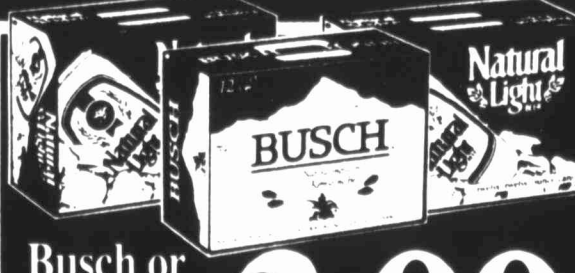


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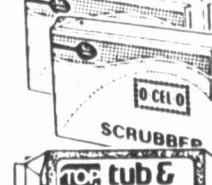


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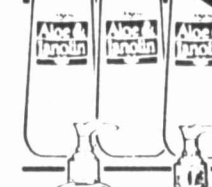


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With Soviets listening, why all the shuttle secrecy?

CAPE CANAVERAL, Fla. (AP) — The Soviets were listening and journalists had reported for weeks on Columbia's payload, so why did military and NASA officials go to the trouble of keeping the launch time and other details secret?
 "By being inexact about the launch time, it complicates their ability to track," Lt. Col. Ron Rand, Air Force spokesman, said of the Soviets. "They may or may not listen in, but we're going to do everything we can to keep the payload anonymous."
 But scientists who attended Tuesday's launch of the Defense Department's fourth shuttle mis-

sion said the military shroud won't stop the Soviets from finding out all about the reconnaissance satellite Columbia and its five astronauts are believed to be launching.
 "There's no reason I can think of for the secrecy," said John Pike, a space analyst with the Federation of American Scientists. "In principle, they could run this countdown like they run every countdown — maybe this way it's more fun for them."
 The Soviets will shoot pictures of the satellite even before the device begins functioning, said Pike. Soviet cameras attached to a telescope can give a resolution as

small as one foot.
 "If they launch the satellite this morning, the Soviets will certainly know what it looks like by tonight," he said Tuesday.
 NASA lifted its news blackout only briefly, announcing the launch time nine minutes before blastoff and reporting a trouble-free ascent into orbit shortly afterward.
 Nevertheless, a Soviet trawler bristling with antennas monitored the launch from less than 50 miles off Cape Canaveral. Reporters — and probably the Soviets — listened in on National Aeronautics and Space Administration's internal communications channel to follow

the countdown.
 The Soviet trawler and anyone else with a radar system could track Columbia as soon as it left the launch pad, but NASA refused to tell reporters where the solid rocket boosters fell, saying that could help determine the shuttle's trajectory.
 The military clampdown on the mission wasn't airtight, though.
 The shuttle crew, which always boards about 2½ hours before the scheduled launch time, was trucked out to the pad in the early morning illuminated by a spotlight and accompanied by a helicopter escort as well-wishers waved and

camera crews filmed.
 Inside the Kennedy Space Center media room, space experts generally agreed the 20,600-pound satellite would spy on the Soviet Union with highly sensitive camera lenses and infrared sensors from 300 miles up.
 "If it's a high inclination (on takeoff), it's going over Russia and it's going to do some kind of sensing," said Harry Kolcum of the magazine Aviation Week & Space Technology, which often gives details of secret satellites prior to launch.
 Indeed, the shuttle took off on a north-northeast course that would

take it over Poland, the Soviet Union, Mongolia, China and parts of the Middle East. Non-military shuttle missions normally take an eastward path.
 Besides tracking Columbia's launch, the Soviets will be able to intercept the satellite's emissions, Kolcum said.
 The experts also agreed Columbia carried a second small payload — a 275-pound instrument package apparently intended for use in the Strategic Defense Initiative.
 "We've been after them for years to change — there's no reason we can think of for keeping it secret," Kolcum said.

UT loses grackle battle

AUSTIN (AP) — In the battle between the University of Texas and grackles, grackles can cackle. About five years ago, UT at Austin, faced with an onslaught of gasping grackles, declared war on the black-winged invaders.

The troops fired pyrotechnic guns, cranked up loudspeakers that screeched the sounds of grackles in distress, dangled rubber snakes, set up owl look-alikes, and slapped wooden clappers.
 But the grackles remained. "We've tried just about everything," said Howard Wilson, director of UT's physical plant division, "and nothing seemed to work."

So, now, there is nothing left to do but mop up the mess.
 Every morning, shortly after grackle check-out time, as the noisemakers wing their way into the 'countryside, maintenance crews move in with push-brooms and long hoses, gushing water.
 And each evening, near dusk, the flocks of grackles return to their roosts in the 4,000 trees that dot the campus, and they do what grackles seem to do best: screech uproariously and poop on passers-by.

"They make it really disgusting to walk around campus," said Anne Iverson, a senior, who in four years on campus has learned to dodge the winged enemies.

The birds with iridescent black feathers and leering yellow eyeballs are giving UT a bad name, she said.

"I've given campus tours to prospective students when the grackles were in season, so to speak, and it really turned people off," she said. "A campus that smells bad could be decisive when they compare ours to campuses that smell nice."

Perhaps someone could invent a birth-control bird seed, she said.

Wilson told the Austin American-Statesman he is open to suggestions. With each wave of bad-bird publicity, he said, someone will offer a new technique.

"We found these devices will move the birds, but unfortunately they will move them just two or three trees over," he said.

Wilson, who said he considers the grackle "not a pleasant bird to look at," would prefer to take more drastic means. Killing them, for instance.

But Austin is a designated bird sanctuary for migratory birds, and some varieties of grackle are in that category.

That leaves UT with its birdie cleanup crews. "We're just trying to co-exist with them right now," he said.

ANTHONY'S Back-to-School SALE

Save 25% to 35%

Juniors' One Step Up® Knit Cardigan or ATB® Fashion Knit Pants
 Your Choice
14.97

Cardigan, Reg. 19.99. Made from an interlock cotton knit and styled with a 15-button front. In assorted fashion colors. Sizes S,M,L.
 Pants, Reg. 22.99. Our ATB® knit pants are 100% cotton jersey with full elastic waistband. Choose from black, navy, parchment or brown for junior sizes S,M,L.



Save 50%

Men's Short Sleeve Knit Shirts
5.97

Sale
 Reg. 11.99. This short sleeve knit shirt is 65% polyester-35% cotton with soft knit collar and cuffs and a button placket front. Choose from assorted stripes and colors in men's sizes S,M,L,XL.



20% to 40% Off

Women's Knit Top or Chic® Twill Pants
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 Tops
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 Pants

Reg. 16.99. Choose from assorted pullover styles with either embellished trim or single chest pocket. Made from polyester-cotton in assorted colors. Sizes S,M,L.
 Reg. 16.99. Chic® twill pants are a cotton rich blend of 60% cotton-40% polyester with a pleated front and matching web belt. In assorted solid colors for women's sizes 8-18 petite and average.



Save 40%

Girls' Fashion Knit Tops or Twill Pants
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Reg. 9.99 each. The tops are made from a soft interlock knit with short sleeves and assorted novelty screens. The twill pant features a yoke front and an elastic back waistband. In assorted solid colors. Both for girls' sizes 4-6x.



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Men's ATB® Western Shirt and Prewashed Cotton Denim Jeans
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9.97
 Jeans

Reg. 15.99. Our ATB® western shirt is polyester-cotton with western yokes and pearl snaps on cuffs and front. In assorted plaids or solids. Sizes 14½-17.
 Reg. 13.99. These five-pocket denim jeans are made from 100% prewashed cotton for a soft fit. In dark indigo blue. Sizes 29-40.



Save 30%

Women's Fashion Skimmer
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Reg. 14.99. Our 7 N. Broadway® skimmer has a flex bottom sole and comes in black, navy, red or taupe. Women's sizes 5½-10.



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Girls' Fashion Socks
 Sale 3 for **3.97**

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 Women's Keds True Blue® socks, Reg. 2.99 Pair. Sale 2 for 4.97



Save 35%

Children's Back-packs
3.97

Reg. 6.99 pair. Your kids will be set for back-to-school with a new back-pack. Choose from assorted styles and colors.



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HOME GUEST SCOREBOARD

NFL AMERICAN CONFERENCE East West National Conference East West West Division California Oakland Kansas City Texas Minnesota Seattle Chicago

NL Standings NATIONAL LEAGUE East Division West Division

Transactions BASKETBALL American League Cleveland Indians Kevin Wickander

Baseball Today SCOREBOARD Texas at Toronto (7:35 p.m. EDT)

Baseball Today STANDINGS Toronto is 57-56, the first time since opening day the Blue Jays have been over .500

Unfurnished Apartments 655

ONE, TWO and three bedroom apartments. Washer/dryer connections, ceiling fans, mini-blinds. Rent starts at \$260 month. Quail Run Apartments, 2609 Wason Road, 263 1781.

FURNISHED HOMES 657

MOBILE HOME, furnished, water paid. For more information, 267 6667. THREE BEDROOM, furnished, new carpet, no pets. Must have references \$300 month, water furnished, 263 2591.

Unfurnished Houses 659

TWO LARGE bedroom brick, 1803 Young, 1807 Young. No appliances. \$200 month, \$100 deposit. 263 2591 or 267 8754.

GREENBELT PROPERTIES

\$100 off 7 month lease Quality 2 & 3 Bedroom Brick Homes Starting from \$225/ month. Central heat/air, washer/dryer connections, covered carports, patios, storage rooms.

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Unfurnished Houses 659

TWO BEDROOM houses, \$225 plus deposit, for rent on Albrook Owner/Broker, 263 1284, 263 6514. FOR RENT, \$275 month, \$150 deposit. Three bedroom, one bath, fenced in yard, carpet. Like new. 267 5313 after 6:00 p.m.

HOUSING WANTED 675

RESPONSIBLE RENTER needs well maintained, 2/3 bedroom house, unfurnished, for individual, in quiet, clean neighborhood. Call 915 468 4941.

Business Buildings 678

5,000 SQUARE FOOT building, 1350 square foot office area, 3650 square feet warehouse with 4 large doors (12wx14h) and 16 foot clear ceiling. Talbot Properties, 267 5331.

Office Space 680

BUILDING FOR rent. Nice for office or retail. Lamesa Highway across from State Hospital, 267 8840. OFFICE BUILDING for rent. Off street parking, approximately 1,000 sq. ft. 211 Johnson. Call 267 8987.

Mobile Home Spaces 683

SPECIAL ANNOUNCEMENT! Hillside Trailer under new owner. Nice shady spaces. Water furnished \$65 month. Phone 267 8839 or 263 7982.

NO BODY ASKS FOR IT

Help STOP Sexual Assaults call 263-3312 Rape Crisis Services/Big Spring

Lodges 686

STATED MEETING Staked Plains Lodge #598 every 2nd and 4th Thursday 7:30 p.m. 219 Main. W.H. McDonald, W.M., T.R. Morris, Sec.

STATED MEETING Big Spring Lodge No. 1340, A.F. & A.M. 1st and 3rd Thursday, 7:30 p.m., 2102 Lancaster. Charlie Lewis, W.M., Richard Knous, sec.

Special Notices 688

IMPORTANT NOTICE For Your Information The Herald reserves the right to reject, edit, or properly classify any advertisement submitted for publication.

POSTED NO HUNTING FISHING TRAPPING OR TRESPASSING

VIOLATORS WILL BE PROSECUTED CHALK COLE RANCH SOUTH EAST HOWARD CO. MITCHELL CO. GLASSCOCK CO.

Personal 692

ADOPTED 2 1/2 year old wants to share his mommy and daddy with a newborn. All expenses paid, confidential. Call Louise and Andy collect (804)379-0755.

Too Late To Classify 800

FREE A Dog (part Poodle) and her baby. Can go together or separate. Very playful. Would make good pets for children. Call 263 2326.

PUBLIC NOTICE

Voluntarily take place on the 12th day of August, 1989 in Glasscock County for the Board of Directors of the Glasscock County Underground Water Conservation District.

PUBLIC NOTICE

On JANUARY 2, 1989, at 2905 HUNTERS GLEN, BIG SPRING, TEXAS, agents of the Federal Bureau of Investigation (FBI) seized CURRENCY \$86400 from BILL WILLIS, for forfeiture for violation of PROHIBITION OF ILLEGAL GAMBLING BUSINESSES STATUTE.

PUBLIC NOTICE

TO DR RICHARD BRATCHER DEFENDANT IN THE CAUSE HEREIN DESCRIBED You are hereby commanded to appear and answer before the 118th Judicial District Court in the County Court House, in Howard County, Big Spring, Texas, at or before 10:00 o'clock a.m. on the first Monday after the expiration of 42 days from the date of issuance hereof, being at or before 10:00 o'clock a.m. on Monday, the 11th day of September, 1989, then and there to answer the Petition of Plaintiff in which DEERFIELD FEDERAL SAVINGS is Plaintiff and DR RICHARD BRATCHER is Defendant.

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	KMHD (2) Midland	ESPN (3) Sports	KERA (4) PBS	FAM (5) Family	KOSA (6) ODESSA	WFAA (7) Dallas	UNI (8) Spanish	TBS (9) Atlanta	KTPX (10) Odessa	KPEJ (11) Odessa	NASH (12) Nashville	NICK (13) Kids TV	LIFE (14) Lifetime	USA (15) Variety	MTV (16) Music	DISH (17) Premium	TMC (18) Premium	SHOW (19) Premium	HBO (20) Premium
5 PM	Cosby	Home Run	Sesame Street	Benanza	Jeopardy!	News ABC News	Uni Y Nino	(-05) All	News NBC News	Pictionary	Magazine	Think Fast	Cagney & Lacey (CC)	Cartoon Express	Movie	Movie	Movie	Time	Superman IV
6 PM	News ABC News	SportsCont	Jacques Cousteau	Father Murphy	News Wm. Leno	News Wheel	Senora	(-05) And	News USA Today	Mama's A. Griffin	Top Card	Insp. Gdg	HeartBeat	Miami Vice	Remote Cnt	Arthur Cl	School	Movie Teen	Movie Lulu
7 PM	G. Pains	Magazine	James Taylor in	Movie: Great Guns	Smother's Brothers	G. Pains	Amandote	(-05) M*A*S*H	Unsolved Mysteries	Black Sheep Squad	Nashville	Mr. Ed	Spencer: For Hire	Murder, She Wrote	Classic HIT	Sidekicks	Movie Harry & The		Nikita (CC)
8 PM	Hooperman	Professione	Concert		Jake & The Fatman	Hooperman	Nuevo Amanecer		Night Cl. Knight, Da	Movie Sessions	VideoCountr	Make Room	Movie For Love Or	Movie Caveman	Amuck In America 2	Movie Love Of Mike	Hendersons	Movie Die Hard (CC)	Movie Stand & Deliver
9 PM	China Beach (CC)	i Bowling	Great Performanc		700 Club	Wiseguy (CC)	China Beach (CC)	Noticiero Loco Valde	Major	NBC News Special	y On Stage	Sat. Nite SCTV	Money		Music Videos	Bear Count		Movie Shy People (CC)	
10 PM	News	SportsCont	es (40)	Batman	News	News	News	Aqui Esta	League	News	Love Come Arsenio	Be A Star	Spencer: For Hire	Miami Vice	Remote Cnt PostMdra	Oz, Harrie			Kids In Ha
11 PM	ET	PBA Tour	MacNeil (45) Cream	Movie: Great Guns	Pat Sajak Show	(-05) Nig (-35) HHI	Aqui Esta		Show Letterman	Hall	Nashville	Deanna Reed Mr. Ed	HeartBeat (CC)	Mike Hammer	Monty Pyth	from Spain	Movie Bull Durham	Surrogate	Sharky's Machine
12 AM	News	Run & Race	Concert			Street B (-35) New	Movie: El Amor Que	(-15) Allegheny		Nowhere To	Patly Duke	Sat. Nite	Self-improvement	Dragnet	Video	Movie Summer		Movie Party	

Names in the news

PHILADELPHIA (AP) — Grammy Award-winning rapper Fresh Prince won his case against assault charges during a preliminary hearing, but his bodyguard will stand trial on charges he punched a record promoter.



FRESH PRINCE WEST
ing Smith at a radio studio. The incident occurred March 3, police said, nine days after Smith and his partner, Jeffrey Townes, won a Grammy Award for their hit, "Parents Just Don't Understand." Hendricks testified at the hear-

ing that Smith ordered Alston to punch him. He said he was treated for a fracture of his left eye socket and for a cut.

BURBANK, Calif. (AP) — Adam West, who played Batman in the 1960s TV show, is hoping to zap \$9 million from a group of ad agencies he said didn't use him in its commercials.

West claims in a Superior Court lawsuit that the agencies filmed television commercials with someone else who used "likeness, personality, voice and mannerisms" in such a way as to lead viewers to believe the person was West.

DENNIS THE MENACE



"DID YOU HEAR THAT? HE'S CELEBRATING BECAUSE IT'S NOT HIS BIRTHDAY TODAY!"

THE FAMILY CIRCUS



"Grandma! Did you tell PJ he could read your magazine?"

Jeanne Dixon's Horoscope

THURSDAY, AUGUST 10, 1989

CELEBRITIES BORN ON THIS DATE: actor Jack Haley Sr., singer Eddie Fisher, actress Rosanna Arquette, infielder Tom Brookens, sausage king Jimmy Dean, President Herbert Hoover, country comic Junior Samples.

ARIES (March 21-April 19): An underlying seriousness helps you see someone in a new light. Travel is best postponed until later in the week. Concentrate on completing routine tasks today. Financial progress is slow but steady.

TAURUS (April 20-May 20): Big, noisy social events are not your cup of tea, but you could profit by showing up. Romance enjoys highly favorable influences. Dress to impress; wear something simple but elegant. Relax at home tonight.

GEMINI (May 21-June 20):

Think like Donald Trump or Malcolm Forbes and you could become a big money-maker too. Improving your status at work is the key to success today. You prize your privacy.

CANCER (June 21-July 22): Give yourself a small reward. You deserve something nice for your hard work. Although this is not an easy time to attract partners or cash, you will cope. Persevere even when feeling discouraged.

LEO (July 23-Aug. 22): It is better to go through, rather than around, obstacles today. A phone call brings good news. Eliminate the non-essentials that slow you down. Postpone social encounters and shopping trips that can wait.

VIRGO (Aug. 23-Sept. 22): The spotlight is on friendships and social relationships. It is time to put your own needs first for a change. Cultivate untapped resources. A change of residence is a definite possibility.

LIBRA (Sept. 23-Oct. 22): If you know what you want, chances are good you will get it. Receiving affection from your family means more than ever now. Wield your authority judiciously. Avoid issuing ultimatums.

SCORPIO (Oct. 23-Nov. 21):

Show respect for partner's feelings. Take loved one's concerns seriously. You are on a roll these days. Seize an opportunity to earn extra cash. You will never regret saving for a rainy day.

SAGITTARIUS (Nov. 22-Dec. 21): You and your partner may expect too much from each other; bring things back to earth. Only self-discipline will give you the figure you want. Steer clear of junk food; exercise more.

CAPRICORN (Dec. 22-Jan. 19): No one likes a wet blanket. Learn to express your concerns without sounding like a drag. Slow your pace a bit and savor the good things in life, especially your personal relationships. Romance deepens.

AQUARIUS (Jan. 20-Feb. 18): There are fewer things to tie you down now. Rejoice in your new freedom! Be careful not to confuse physical attraction with lasting love. Mental rapport is essential for a fulfilling alliance.

PISCES (Feb. 19-March 20): You have to like yourself before you can really love someone else. Replace bad habits with good ones. Ignoring medical advice is foolhardy. Do everything you can to protect your health.

CALVIN AND HOBBS



GEECH



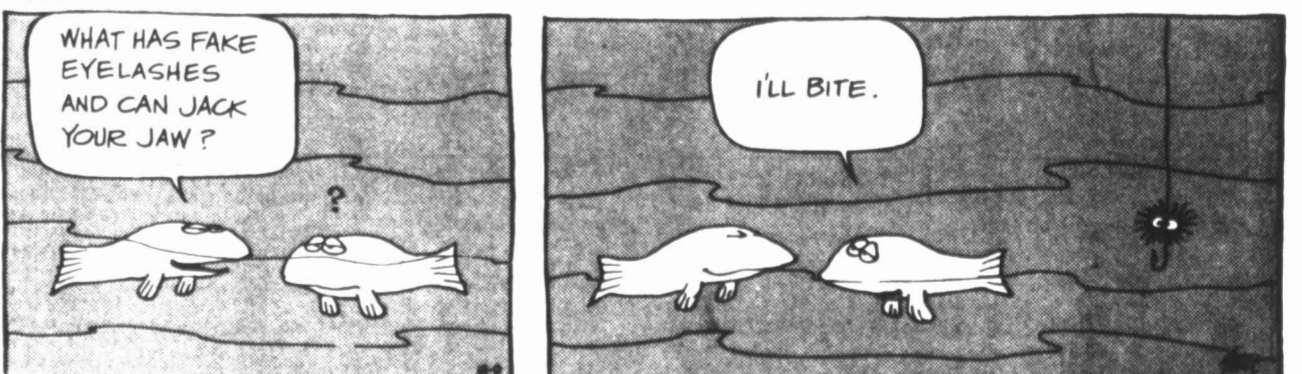
HI & LOIS



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GASOLINE ALLEY



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23	White (CC)	
24	Movie Stand & Deliver (CC)	
25	Kids in the Hood	
26	Sharky's Machine	
27	Movie Party	

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10 YEAR WARRANTY
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364 COILS

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You're Missing Out!!!

These Inserts Appeared In
The Big Spring Herald This Week!

Sunday — McCoys, Revco, Burger King

Tuesday — Furr's, Winn-Dixie, Tom Brown

Roofing

Wednesday — JC Penney, Don's IGA, Pizza Inn

SUBSCRIBE TODAY 263-7331

Don't Miss Out!!!

Drilling report

HOWARD COUNTY
First production figures have been filed for a pair of newly completed wells in the Howard-Glasscock Field, Howard County, about 13.5 miles southeast of Big Spring.

Exxon Corp. of Midland is the operator. The wells are designated as the No. 31 and No. 33 H.R. Clay.

The No. 31 pumped 31 barrels of oil with 125 barrels of salt water per day on an open choke. It will produce from two sets of perforations, 2,237 to 2,635 and 2,822 to 3,200 feet into the hole.

The No. 33 was a marginal producer, making two barrels of oil per day plus 213 barrels of water. The pay intervals are at 2,235 to 2,620 and 2,830 to 3,135 feet into the hole.

GLASSCOCK COUNTY
Flowing 126 barrels of oil plus 9071,000

CF casinghead gas per day, the No. 1 Jurecek "B" has been completed in the St. Lawrence Field, Glasscock County, by EP Operating Inc. of Midland.

Location is about three-quarters mile north of the St. Lawrence Community.

The well was perforated to produce from a set of Strawn Formation perforations, 9,929 to 9,942 feet into the wellbore. Water production totaled six barrels per day.

The Iva Lee Field gained a new producer when the No. 2 Bryans Farms was completed about eight miles southwest of Garden City.

The well was an exploration venture of Leonard Bryans of Dallas.

It showed ability to pump 58 barrels of oil with 69,000 CF casinghead gas per day on an open choke.

Bryans took the hole to an undisclosed bottomhole and perforated the Clear Fork Formation for production. Perforations were shot in three intervals ranging from 5,289 to 5,362 feet into the hole.

Glasscock County's Zant Field gained a new producer when the No. 2 Priddy "A" was finished in a lease about 10 miles south of Stanton.

With Baker Operating of Odessa as the operator, the well was perforated to produce from the San Andres Formation, 3,762 to 3,780 feet into the hole.

It potentiated at 14 barrels of oil together with a minor volume of casinghead gas and 23 barrels of waste water.

MARTIN COUNTY
Pumping 28 barrels of oil with 19,000 CF gas and nine barrels of waste water, the

No. 1 Woodward "A" has been completed in Martin County's Phoenix Field, about 6.5 miles north of Lenorah.

Midland-based Kindred Petroleum Co. is the operator.

Kindred took perforated for production in the Grayburg Formation, 3,876 to 3,884 feet into the wellbore.

Martin County's Hill Ranch Field gained added production when the No. 1 Blagrave was recompleted in a lease about six miles southwest of Ackery.

After a successful plugback for shallower pay, it pumped eight barrels of oil with 24,000 CF casinghead gas per day with no waste water.

With Wacker Oil of Houston as the operator, the well will produce from new perforations in the Mississippia Forma-

tion 10,102 to 101,176 feet into the wellbore.

Showing ability to pump oil at the rate of 20 barrels per day, a new producer has been brought on line in Martin County's Phoenix Field, about six miles north-northeast of Tarzan.

It is the No. 22 South Phoenix Unit, an exploration venture of Beach Exploration Inc. of Midland.

The well will produce from a perforated interval in the Grayburg Formation, 4,062 to 4,070 feet into the wellbore.

NEW DRILLING LOCATIONS
Howard County

No. 1 Mitte Walters, WC 10,600-ft. proj. TD, 7 W Big Spring, T&PRR Sur Sec 34 Blk 34 Oryx Energy, Midland, oprtr.

Borden County
No. 1 Murphy, Lucy (Clear Fork) Fld.

Glasscock County
No. 1 Flash Gordon, WC plg bk 10,500-ft. 9WNW Lees T&PRR Sur A 293 Sec. 1 Blk 35 Can-Tex Energy, Dallas, oprtr.

Martin County
No. 2001 R.K. Glass, Glass Ranch Fld, 12,00-ft. proj. TD, 8SW Tarzan, T&PRR Sur Sec 20 Blk 38 RK Petroleum, Midland, oprtr.

No. 15 Ed Murphy, Von Roeder Fld, plg bk 6,400-ft. 18 SE Gail H&TCRR Sur Sec 69 Blk 25 Mobil Producing, Midland, oprtr.

No. 2001 R.K. Glass, Glass Ranch Fld, 12,00-ft. proj. TD, 8SW Tarzan, T&PRR Sur Sec 20 Blk 38 RK Petroleum, Midland, oprtr.

No. 1 Flash Gordon, WC plg bk 10,500-ft. 9WNW Lees T&PRR Sur A 293 Sec. 1 Blk 35 Can-Tex Energy, Dallas, oprtr.

OH, THAT'S RIGHT, CALVIN. NO BITING PEOPLE THIS TIME, REMEMBER?



DD ABOUT THAT?

ON'T R.



"RATED ERT YOUR S SLOT



7



89



MY RE

Hey! Down in front!


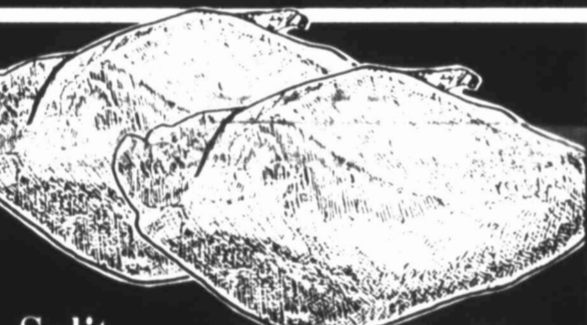

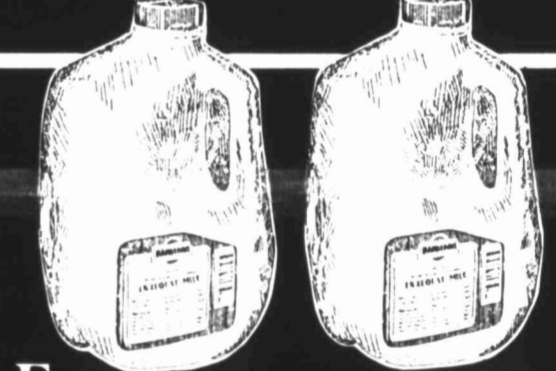
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8 Oz..... **5 FOR 1.00**



Fab Detergent
40¢ Off Label
Giant 42 Oz..... 1.49

 Bar-S Bacon Lb. .99	 Split Fryer Breasts Lb. 1.49	 XXXtra Towels 3 Roll Pkg. .89	 Farm Pac Milk 1 1/2 Gal. 1.69
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 Ruffles Regular, Sour Cream & Onion, Mesquite Barbecue, Ranch, Cheddar & Sour Cream or Cajun Spice 6.5-7 Oz. Pkg. .99	 Family Recipe Bread Split-Top Wheat 24 Oz. Loaf .79	Liberty Gold Pineapple Sliced, Crushed or Chunk; 2 Oz. 2 FOR .89	Home Kist Cookies Sandwich Asst. Flavors 2 Lb. 1.00
		Basin Pure Ice 8 Lb. 2 \$1 FOR	I.B.C. Rootbeer Reg. or Diet 6 Pk.-12 Oz. NRBS 1.78

 Red Delicious Apples Premium Quality Lb. .33	 Coke All Types 20 Pk.-12 Oz. Cans 4.99	 Busch or Nat. Light Beer 12 Pk.-12 Oz. Cans 3.99	Banana Chaise Loungers Each 4.99
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Big Spring: 2301 Scurry
Store Hours: 9:00 AM to 9:00 PM Daily
9:00 A.M. to 6:00 P.M. Sunday
Prices are effective Wednesday, August 9 through Tuesday, August 15, 1989.



Geisler Bag
5 Ct.
Topco Bones
5 Ct.

Our Best Buys!

	Johnson & Johnson Baby Powder Cornstarch; 14 Oz.	2.41		Kodak VRG-200 110 Color Print Film 12 Exp.	2.59		O-Cel-O Scouring Pads 2 Pk.	.80
	Top Care Baby Powder Cornstarch; 14 Oz.	1.33		Top Crest 110 Color Print Film 12 Exp.	1.65		Top Crest Scouring Pads 2 Pk.	.62
	Johnson & Johnson Baby Oil 4 Oz.	1.69		Kodak Disc Film 15 Exp.	3.19		S.O.S. Soap Pads 10 Ct.	1.12
	Top Care Baby Oil 4 Oz.	.89		Top Crest Disc Film 15 Exp.	2.09		Top Crest Soap Pads 10 Ct.	.75
	Mennen Baby Magic Creme Oil 16 Oz.	3.58		Polaroid Video Tape T120	3.99		Playtex Hand-Saver Gloves Pre-Priced 1.49; Pr.	1.25
	Top Care Creme Baby Oil 16 Oz.	1.54		Top Crest Video Tape T120	2.99		Top Crest Latex Gloves Pr.	.64
	Johnson & Johnson Baby Lotion 16 Oz.	3.99		Stayfree Deodorant Maxi Pads 30 Ct.	4.40		Vaseline Intensive Care Lotion 15 Oz.	3.38
	Top Care Baby Lotion 16 Oz.	1.98		Topco Deodorant Reg. Maxi Pads 30 Ct.	2.75		Top Care Special Care Lotion 16 Oz.	1.20
	Kingsford Charcoal 10 Lb.	3.48		Assure & Natural Panty Liners 26 Ct.	1.89		Jergens Aloe & Lanolin Lotion 12 Oz.	3.29
	Topco Charcoal 10 Lb.	1.59		Topco Panty Liners 26 Ct.	1.48		Top Care Aloe & Lanolin Lotion 12 Oz.	1.45
	Kingsford Match-light Charcoal 8 Lb.	3.99		Mr. Coffee Filters 100 Ct.	.99		Top Crest Fluted Basket Filter 100 Ct.	.68
	Topco Instant Light Charcoal 8 Lb.	2.68		O-Cel-O Tub & Sink Scrubber Each	.76		Top Crest Tub & Sink Scouring Sponge Each	.60
	Geisler Bag 'O Bones 5 Ct.	2.29		Top Crest Tub & Sink Scouring Sponge Each	.16			
	Topco Pet Bones In A Bag 5 Ct.	1.48						

Compare Prices & Save!

When you compare prices between private labels and brand name products, it's easy to see that you save big bucks with private labels. The quality is the same, but the price is lower because private labels don't have nationwide advertising campaigns to pay for. And, also, the packaging for private labels costs much less than brand names. For the exact same quality, why pay more? Private labels are our best buys!




Big Spring: 2301 Scurry
Store Hours: 9:00 AM to 9:00 PM Daily
9:00 A.M. to 6:00 P.M. Sunday

Prices are effective Wednesday, August 9 through Tuesday, August 15, 1989.

AMBULANCE SERVICE

ASK ABOUT...
"MEDICARE Subscription Program"
Emergency & Non-Emergency
Paramedic Ambulance Service.



The Emergency People

400 E. FM 700 263-8431

CLOTHING STORES

PRETTY THINGS

"YOUR COMPLETE LADIESWEAR STORE"
ANNOUNCES...
EVERY MONDAY IS SENIOR CITIZEN'S DAY!!
15% Storewide Discount

Store Hours: Mon.-Sat. 10-5:30
Highland Mall 267-1502

FURNITURE

10% CASH DISCOUNT ON ALL
Regular Priced Furniture,
Bedding & Accessories

WHEAT

FURNITURE-APPLIANCE
115 E. 2nd 267-5722



Those GOLDEN Years

SENIOR CITIZEN

CALENDAR OF EVENTS
AUGUST 7th-11th

APPLIANCES

Senior Citizens Special!!
Get Your Senior Citizens
FREE Key Made Today.
(One Free Key Per Customer, Please)



Big Spring Hardware

SENIOR CITIZEN DISCOUNT

The First Monday of Each Month
20% SENIOR CITIZEN DISCOUNT
(All Reg. Priced Merchandise)

THE TOM BOY

220 Main 263-2620

ELROD'S

Big Spring's Oldest Furniture Store
Established 1926

We urge you to compare OUR prices with any regular or sale prices in town.

Open: Mon.-Sat. 9 a.m.-5:30 p.m.
806 E. 3rd 267-8491

CARTERS FURNITURE

202 Scurry Street
In Downtown Big Spring
Free Delivery — We Service What We Sell
10% Cash Discount on Purchases of \$100.00 or More
Phone 267-6278

AUTOMOTIVE SERVICES

CAR WASH \$900
Exterior & Interior

Available Services:
• Detail •
• Motor Steam •
• Upholstery Cleaning •
• Polish & Waxing •

JIFFY CAR WASH

807 W. 4th

SENIOR CITIZEN'S DAY
The First Tuesday of Each Month
15% OFF



JCPenney

Big Spring Mall 267-3811

HEALTH & EXERCISE

Every Age Is a Great Age If You're in Good Shape

WE CAN HELP!
AQUA AEROBICS
\$2800 Monthly
"START MOVING AGAIN"

The Dance Gallery & Fitness Center

2303 Goliad 267-3977

Firestone

10% Senior Citizen's Discount

Firestone

507 E. 3rd 267-5564

FLOWERS

GOODYEAR

10% Sr. Citizen's Discount on ALL Service Work

408 Runnels 267-6337

We Appreciate And Look Forward To Working With The seniors of Big Spring

FAYE'S FLOWERS

1013 Gregg 267-2571

SENIOR CITIZENS DISCOUNT

Safe, Easy, Comfortable Way To Exercise

— NO CONTRACTS —



104 W. Marcy 267-3697

INSURANCE

For Available Space For Advertising in the Senior Citizen's Directory, Contact: **Jim 263-7331**

AFLAC
American Family Life Assurance Company

- Medicare Supplement •
- Hospital Intensive Care •
- Cancer Expense Protection •
- Long Term Convalescent Care •

Rebecca Moore 393-5816

HOME IMPROVEMENT

0 DOWN 100% FINANCING AVAILABLE

REMODELING & HOME IMPROVEMENT

706 E. 4th 263-1599

CARPET — ROOFING
— STORM WINDOWS —
— STORM DOORS — TILE —
— SIDING — REPLACEMENT
WINDOWS
KITCHENS & BATHS

SENIOR CITIZENS DISCOUNT

INVESTMENT SECURITIES

Edward D. Jones & Co.

**STOCKS
MUTUAL FUNDS
MUNICIPAL BONDS
C.D.'s
MONEY MARKET**

Dan Wilkins
INVESTMENT REPRESENTATIVE

219 Main 267-2501

LAWN & GARDEN

HOUSING

Canterbury

1700 Lancaster 263-1265

EQUAL HOUSING OPPORTUNITY

AFFORDABLE INDEPENDENT
HEAD OF HOUSEHOLD MUST BE 62 AGE OR PHYSICALLY HANDICAPPED THE AGE OF 18.

LAWN & GARDEN Continued...

"INTERIOR SPECIALIST"
Service With A Crown

- Carpet • Vinyl • Formica
- Wallpaper • Tile • Blinds (all types)
- Paint & Supplies

Ask About Our Special "Senior Citizens" Discount

1510 S. Gregg 263-0411

Some Of Our Best Gardeners Are Senior Citizens — We Appreciate You —

— COUPON —
10% Off Any Bedding Plant

Green Acres Nursery

700 East 17th 267-8932

COUPON
20% OFF
ANYTHING IN THE STORE

FREE DELIVERY (IN TOWN)

JOHANSEN'S
Landscaping & Nursery

Hwy. 87 & Country Club Rd. 267-5275



Winning sweatshirt!

LAS VEGAS — Bertha McFarland of Big Spring won second place with fashion painted sweatshirt out of 1,000 entries in a Tri-Chem Liquid Embroidery contest recently. She is employed at Stylistics Salon and Pearlle Nason, fashion painting consultant with Tri-Chem, was her instructor.

Stork Club

SCENIC MOUNTAIN MEDICAL CENTER

- Born to Cindy and Frank Rodriguez, 504 S. Goliad St., a daughter, Rosanna Yanez Rodriguez, on Aug. 3, 1989 at 9:33 a.m., weighing 8 pounds 4 ounces, delivered by Dr. Porter. Grandparents are Mr. and Mrs. David O. Yanez, 1112 Sycamore; and Mr. and Mrs. Juan Rodriguez, 501 N.E. Ninth St. Rosanna is the baby sister of Vanesa, 6, and Frank Jr., 1.
- Born to Mike and Darleen Scarbrough, a daughter, Meagan Brooke Scarbrough, on July 31, 1989 at 2:50 p.m., weighing 7 pounds, delivered by Dr. Cox. Grandparent is Belvedere Thomas, Kerrville. Meagan is the baby sister of Sonny, 8, Ava, 7, and Brandon, 3.
- Born to Tony and Mary Gonzales, HC 61 Box 278-A, a son,

- Xavier Gonzales, on July 29, 1989 at 9:08 p.m., weighing 7 pounds 12 1/2 ounces, delivered by Dr. Porter. Grandparents are Raul and Eloisa Ortiz, Rt. 2 Box 59, and Lupe and Eufrasia Gonzales. Xavier is the baby brother of Antonio Jr., 16 months.
- Born to Jeannetta Ramey and Rick Lopez, a daughter, Jacquelin Dannon Ramey, on July 28, 1989 at 1:11 p.m., weighing 6 pounds 12 1/2 ounces, delivered by Dr. Farquhar. Grandparents are Mr. and Mrs. Jimmie Ramey, Ackerly; Mr. and Mrs. Ramon Lopez, 510 N.E. Ninth St., and Mr. and Mrs. Stanley Knight, Gail Rt. Box 285. Jacquelin is the baby sister of Corey, 2.
- Born to Ben and Adela Deanda, 400 N.W. 11th St., a daughter, Melissa Rae Deanda, on July 27, 1989 at 8:37 p.m., weighing 4 pounds 4 ounces, delivered by Dr. Porter. Grandparents are Ernest

- and Oralia Perez, and Juanita Alvarez. Melissa is the baby sister of Amanda.
- Born to Teresa and Drew Scott, a son, Jared Palmer Scott, on July 27, 1989 at 7:57 a.m., weighing 7 pounds 15 1/2 ounces, delivered by Dr. Cox. Grandparents are Mr. and Mrs. J.W. At-nip, Graham; and Mr. and Mrs. Doyle Scott, Snyder.

ELSEWHERE

- Born to Mr. and Mrs. Daniel M. Arista, Lubbock, a son, Christopher Daniel, at St. Mary's of the Plains Hospital, Lubbock, on Aug. 1, 1989 at 12:49 p.m., weighing 8 pounds 10 ounces. Grandparents are Mr. and Mrs. Tom Arista Jr., Big Spring; and Gilbert Champion Sr., Lubbock.
- Born to Steve and Karen de Anda, Big Spring, a son, Nicolas Esteban, at Martin County Hospital, on July 11, 1989, weighing

- 7 pounds 2 ounces, delivered by Dr. Fisher. Grandparents are Edward Y. and Mary M. Franco, and Larry and Elaine Tubb, all of Big Spring. Nicolas is the baby brother of Ashley.
- Born to James and Debbie Gross, 3620 Hamilton, a son, Lance Tyler, at Hendricks Medical Center Hospital, Abilene, on July 26, 1989 at 11:45 a.m., weighing 7 pounds 11 1/2 ounces, delivered by Dr. Rothell. Grandparents are Dinsel and Shirley Evans, Abilene; Irene and John Cramer, Big Spring; and Don and Bev Gross, Riverside, Calif. Lance is the baby brother of Brandon, 3.
- Born to Ben and Debra Hicks, a daughter, Mallory Beth Hicks, at Bayshore Medical Center, Pasadena, on July 27, weighing 7 pounds 14 ounces. Grandparents are Billy and Doris Hendrix, Big Spring.

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GOLDEN Years Years of Our Lives!



SENIOR CITIZENS GUIDE

CALENDAR OF EVENTS

AUGUST 7th-11th, 1989

DAY	THURSDAY	FRIDAY
	10th	11th
	Exercise - Pool - Dominoes Ceramics - Ping-Pong Shuffleboard 8 a.m. - 4 p.m. *SENIOR CITIZENS CENTER	Exercise - Pool - Dominoes - Ceramics - Ping-Pong Shuffleboard 8 a.m. - 4 p.m. *SENIOR CITIZENS CENTER
	DOMINOES 8 a.m. - 11 a.m. KENTWOOD OLDER ADULT ACTIVITY CENTER	DOMINOES 8 a.m. - 11 a.m. KENTWOOD OLDER ADULT ACTIVITY CENTER
	NOON MEAL 12 p.m. - \$1.25 *SENIOR CITIZENS CENTER	NOON MEAL 12 p.m. \$1.25 *SENIOR CITIZENS CENTER
	DANCE PRACTICE 1 p.m. *SENIOR CITIZENS CENTER	DANCE Live Country Music 8 p.m. *SENIOR CITIZENS CENTER

YOU'RE AS YOUNG AS YOU FEEL!

If you have information concerning activities for Senior Citizens that you would like listed in the Calendar of Events, please call 263-7331.

Senior Center is sponsored through funds provided by the Texas Department of Health, Title 25, Section 251.001, State Act 790.

HOUSING

Canterbury North
1600 Lancaster
263-1238

EQUAL HOUSING OPPORTUNITY

AFFORDABLE INDEPENDENT LIVING OF HOUSEHOLD MUST BE 62+ YEARS OF AGE OR PHYSICALLY HANDICAPPED AND OVER THE AGE OF 18.

PHARMACIES

PHARMACIES CONTINUED...

SENIOR CITIZEN DISCOUNTS At ALL Locations

LEONARD'S PRESCRIPTION PHARMACY
308 Scurry 263-7344

PROFESSIONAL PHARMACY
10th & Main 267-2546

LEONARD'S CLINIC PHARMACY
1501 W. 11th Pl. 267-1611

SENIOR CITIZENS DISCOUNT FREE

Blood Pressure Check (Every Day)
Drive-In Window

Bob's Pharmacy
Corner of 19th & Scurry 267-8264

RECREATIONAL Vehicles & Campers

ROOFING

SALES & SERVICE
PROWLER - ELDORADO KING OF THE ROAD
VIKING TENT TRAILERS - GULF STREAM

CASEY'S CAMPERS, INC.
1800 W. 4th 263-8452

SENIOR CITIZENS DISCOUNT

— FREE ESTIMATES —

For All Your Roofing Needs. Call us!

COFFMAN ROOFING CO.
1510 S. Gregg 267-5681

SECURITY

REHABILITATION SERVICES

LIVE ALONE??

Let TMB Security be your friend when you need help fast...

24 Hours A Day

TMB SECURITY
263-2456

Physical Therapy Occupational Therapy Speech Therapy Audiology

"Providing More Than Therapy
Dora Roberts Rehabilitation Center Provides Hope"

DORA ROBERTS REHABILITATION CENTER
306 W. 3rd 267-3806

SHOPPING CENTERS

RESTAURANTS

Welcome Senior Citizens

Big Spring's Safe, Convenient "Any Weather" Mall.

BIG SPRING MALL
DOLLAR STORE Big Spring, Texas 75609

GARDEN

OPTICAL NEEDS

10% OFF THE STORE

SEN'S
& Nursery
Entry Club Rd. 275

Put Eye Glass Wornies to Rest!
We provide you stylish frames post cataract glasses ultraviolet protection repair of broken frames
We accept Medicare

specs & CO.
222 S. Main 263-6882

NEAD'S Pharmacy

SENIOR CITIZENS DISCOUNT

- Prescription Delivery
- Medimet
- Paid PSC
- Blue Cross/Blue Shield

Mon.-Fri. 9 am-6 pm
Sat. 9 am-3 pm
Sun. 9 am-11 am

600 Gregg 263-7651

PHOTOGRAPHIC PRODUCTS

Senior Citizens Savings Club

Keaton Kolor
Photographic Products & Services

• 10% Off All Processing •
1309 Gregg 263-1208

COUNTRY FARE RESTAURANT

Senior Citizen Discounts
15% Daily
"SENIOR CITIZEN DAY"
MONDAYS
20% Discount

RIP GRIFFIN'S TRUCK TRAVEL CENTER
Hwy. 87 & I-20

TRAVEL AGENCIES

THURSDAY ONLY

Sliced or Chopped Beef Sandwich (With Potato Salad and Drink)
\$2.35

AL'S HICKORY HOUSE
E. 4th & Birdwell 267-8921

Looking Forward To Serving The Needs of OUR Senior Citizens

• Discounts Available •
"Come see us for the best service ... you've earned it!"

BIG SPRING SKIPPER TRAVEL
612 S. Gregg 263-7637

Diet Pills Sweeping U.S.

Doctors Invent 'Lazy Way' to Lose Weight

U.S. Gov't. Approves Patent Claims for New Diet Pill

BEVERLY HILLS, CA (Special)—An amazing new weight loss pill called "fat-magnet" has recently been developed and perfected by two prominent doctors at a world famous hospital in Los Angeles that reportedly "guarantees" you steady fat loss and calorie reduction by simply taking their tested and proven new pill.

The U.S. government has just approved the doctors claims for a hard-to-get patent that confirms "there has never been anything like their fat-bonding pill process before." It is a totally new major scientific breakthrough and is revolutionizing the weight loss industry.

You Can "Eat Normally"

Best of all, "you can continue to eat your favorite foods and you don't have to change your normal eating habits. You can start losing fat and reduce calories from the very first day until you achieve the ideal weight you desire without exercising"

Flushes Fat Out of Body

The new pill is appropriately called the "fat-magnet" pill because it breaks into thousands of particles, each acting like a tiny magnet, "attracting" and trapping many times its size in undigested fat particles. Then, all the trapped fat and calories are naturally "flushed" right out of your body because they cannot be absorbed.

Within 2 days you should notice a change in the color of your stool, caused by the fat particles being eliminated. **"Automatically" Lose Fat**

According to one of the inventors, Dr. William Shell, heart specialist and associate professor of medicine at UCLA medical school, "the new fat bonding process is a "lazy way" to lose weight because the pills alone "automatically" reduce calories by eliminating dietary fat. It is 100% safe and not a drug."

The fat-magnet pills are already sweeping the country with glowing reports of weight loss from formerly overweight people in all walks of life who are now slimmer, trimmer and more attractive again.

Now Available to the Public

If you are trying to lose 20, 50, 100 pounds or more, you can order your supply of these "no-risk" highly successful fat-magnet pills directly from the doctors' exclusive manufacturer only (includes optional calorie-reduction plan for even better results). Send \$20 for a 90 pill supply (+\$3 handling), or \$35 for a 180 pill supply (+\$3 handling). to: Fat-Magnet, 9016 Wilshire Blvd., Dept. W842, Beverly Hills, CA 90211. **(Unconditional money-back guarantee if not 100% satisfied.)** Visa MasterCard and American Express OK. (Send card number, expire date, and signature.) For fastest service for credit card orders ONLY call anytime 24 hours, toll free (800) 527-9700, ext. W842.

Newcomers

Joy Fortenberry and the Newcomer Greeting Service welcomed several new residents to Big Spring.

JAKE and BEVERLY STENZEL from Hobbs, N.M. Jake is employed by Tretolite Chemicals. Hobbies include craft, bowling and camping.

GEORGE and TERRI MARTIN from Haskell. George is a senior high school girl's basketball coach. Terri is a secretary with the Big Spring Independent School District. They are joined by their children, Scott, 17, and Stacey, 14. Hobbies include fishing, painting and crafts.

BARNEY and JOAN TATE from Snyder. Barney is a senior clerk at Texaco Inc. Joan is a real estate agent. Hobbies include bowling and sewing.

GERALD and MARY ASHLEY from LaMarque. Gerald is a security guard. They are joined by their daughter, Laura Mayberry. Hobbies include swimming, fishing and camping.

JAMES and EMILY McDONALD from Midland. James is the manager of McDonald's. They are joined by their son, Scooter, 1 1/2. Hobbies include yard remodeling, fishing and hunting.

LYNN JOHNSON from Austin is a nurse's aide. She is employed by her children, Melissa, 7 1/2, and Sarah, 3 1/2. Hobbies include fishing, camping and reading.

STEVE and LORI SASSER from Odessa. Steve is employed by the City of Big Spring. They are joined by their daughter, Jaclyn, 3. Hobbies include swimming, movies and reading.

RICHARD and CINDY LOWE from Cheyenne, Wyo. Richard is retired from the United States Air Force. Hobbies include golf, fishing and hunting.

JEFFREY MITCHELL, from Snyder is employed by G&M Garage. Hobbies include hunting, car mechanics and water skiing.

READ 'EM AND EAT! RECIPE EXCHANGE EVERY WEDNESDAY
Big Spring Herald

Some calories count more than others

By NAOMI HUNT
County Extension Agent

A recent issue of the Tufts University Diet and Nutrition Letter reported that although calories consumed by americans has dropped substantially since the early 1900s, the average weight in the United States has continued to creep upward throughout this century.

For many years scientists thought that weight loss was a matter of mathematics. If fewer calories were eaten than burned for energy, weight would be lost. Today, science is finding interesting things about calories. Not only do they all count, but calories from fat seem to count more than others. Researchers at the Stanford Center for Research in Disease Prevention demonstrated that point recently when they analyzed the eating patterns of a group of overweight,

middle-aged men.

What they found was that it was not the number of calories that accounted for the amount of body fat amassed but the proportion of fat in the total calorie consumption. In other words, the more fat the men ate, the greater the amount of fat on their bodies regardless of calorie intake.

The "fat from fat" phenomenon has several explanations. At 9 calories per gram, fat packs more than twice the calorie punch of carbohydrates and proteins (each 4 calories per gram). Researchers have also learned that the body converts dietary fat to stored fat relatively easily.

Dietary fat has the potential to turn into body fat with just three percent of its energy, leaving a full 97 percent of the original contribution to be stored as fat deposits.

On the other hand, it takes 23 per-

cent of the calories contributed by carbohydrates to turn into fat stored, leaving just 77 percent of the total to remain as body fat. It also appears more calories are used to digest carbohydrate than fat.

Moreover, a high fat diet does not provide the same "thermogenic" response that a high carbohydrate diet does. This means that the body tends to burn calories at a higher rate overall on a high carbohydrate diet.

The bottom line: fat calories that come from butter, sour cream, cream sauces, oils, fatty meats, and whole milk dairy products are much more likely to end up as body fat than carbohydrate calories from foods like bread, potatoes, and pasta. All the more reason to heed the call to limit fat in the diet and increase consumption of complex carbohydrates for better health.

Menus

BIG SPRING SENIOR CITIZENS

MONDAY — Ham; cheese and macaroni casserole; harvard beets; lettuce, tomato salad; roll and sheet cake.

TUESDAY — Oven fried chicken; potatoes au gratin; cabbage-carrot slaw; green beans; roll and lemon pie.

WEDNESDAY — Roast beef w/gravy; mashed potatoes; carrots; roll and popicles.

THURSDAY — Glazed pork; buttered squash; blackeyed peas; roll and peach halves.

FRIDAY — Beef stew; pear half; fried okra; cornbread and raspberry strudel.

STANTON SENIOR CITIZENS

MONDAY — Chicken fried steak w/gravy; creamed potatoes; green beans; peaches; hot rolls and milk.

TUESDAY — Stuffed bell pepper; vegetable salad; English peas; muffins; sliced bread and milk.

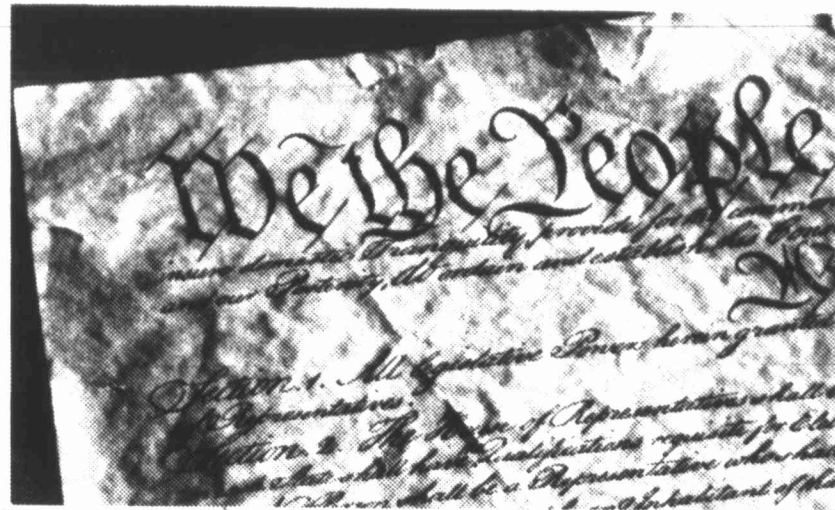
WEDNESDAY — Burritos; buttered broccoli; oven fried potatoes; applesauce and milk.

THURSDAY — Green enchiladas; pinto beans; vegetable salad; fruit cobbler; cornbread and milk.

FRIDAY — Tuna casserole; candied sweet potatoes; blackeyed peas; peanut butter and syrup; hot rolls and milk.

Big Spring Area Crime Stoppers 263-1151

ONE THING HAS INFLUENCED EVERY PRESIDENTIAL DECISION IN THE HISTORY OF THE UNITED STATES.



The Constitution.

For 200 years, through war, the Depression, even civil unrest, the Constitution has influenced every Presidential decision. It's what the framers of our Constitution wanted. They knew what it was like to live in a country governed by a king. So when our Founding Fathers created the Constitution they wrote Article Two specifically to define the powers of the Presidency.

To take a closer look at one of history's most important job descriptions, send for a free information kit which contains a copy of the Constitution. Write: Constitution, Washington, D.C. 20006-3999.

THE CONSTITUTION The words we live by

Help Wanted 270 SALES REP Expanding product line... HYDROTEX... EARN EXTRA Money... L.A.W.N. SERVICE... Jobs Wanted 299... Child Care 375... Farm Equipment 420

BIG SPRING Dining Guide

The Guide Will Be In Every Friday Herald and Our Howard County Advertiser Every Wednesday For Advertising Call Mike 263-7331

ALL YOU CAN EAT CATFISH Baked Potato or Fries and Hush Puppies \$5.99 FM 700 GOLDEN CORRAL

Try Our Special Man Size POOR BOY SANDWICH Chopped and Sliced Beef, Sausage With Potato Salad WITH COUPON \$2.99

Al's HICKORY HOUSE "The King of Texas Bar-B-Q" 267-8921 EAST 4TH AND BIRDWELL

SPECIALS THIS WEEK TWO MEDIUM PEPPERONI PIZZAS \$9.99... FAST FREE DELIVERY 1702 Gregg 263-1381 Pizza Inn

sizzling Fajitas Gomez Fajita & Burrito Hut 410 Marcy

EDDIE'S REAL PIT BAR-B-Q BAR-B-Q PLATES BAR-B-Q Sandwiches BAR-B-Q TO GO

BREAKFAST SPECIAL 2 Fresh Eggs - The Way You Like Them Your Choice of Sausage or Bacon, Hash Browns, Toast and Jelly, and Coffee \$2.65 + Tax

Godfather's Pizza College Park Shopping Center FREE DELIVERY

BREAKFAST PIZZA 4.00 OFF Large Pizza 3.00 OFF Med. Pizza 2.00 OFF Sm. Pizza CONTENTS EGGS, CHEESE, HAM, SAUSAGE, JALAPENO & ONIONS

Country FARE ALL YOU CAN EAT BUFFETS 7 DAYS A WEEK Every Day Breakfast Buffet: Served 6-10 A.M.

KREME & KRUST LUNCH BUFFET Now Featuring BLUE BELL ICE CREAM Fat's Buffet 7-Day's A Week

Grain Hay Feed 430 Hunting Leases 522 Garage Sale 535 Produce 536 Livestock For Sale 435 Auctions 505 Dogs, Pets, Etc 513 Portable Buildings 523 Musical Instruments 529 Appliances 530 Farm Toy Show & Sale... Househld Goods 531 Lost- Pets 516 Satellite 534

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MEET YOUR MERCHANT

KOU KOWG HSU

QUICK PROFILE:
 Chef Hsu, a native of Taiwan, has operated Chinese restaurants in the U.S. for more than 20 years, and has often been hired as a consultant for others opening Chinese restaurants. He came here from Midland three years ago to buy Hunan Restaurant, 1201 Gregg.

WHAT ARE YOUR HOBBIES?
 Chef Hsu's hobby is "exploring food," to create new ways of preparing it, he says.

WHAT DO YOU DO TO KEEP IN SHAPE?
 Describing himself as a "workaholic," Hsu does enjoy walking when he has time.

WHO IS A PERSON YOU ADMIRE?
 Hsu admires President Reagan. "It's great that he was an actor — and then could rise to the position of president." He smiles and says he admires the late Marilyn Monroe, too.

WHAT IS YOUR FAVORITE TELEVISION SHOW?
 The chef watches world news every chance he gets and he enjoys sports shows, especially boxing.

WHAT MAGAZINES DO YOU SUBSCRIBE TO?
 The chef reads the Wall Street Journal, Time and New York Magazine as well as several Chinese-language news magazines. "I like to keep up on what's going on in the world," he says.

WHAT IS YOUR FAVORITE LEISURE THING TO DO IN BIG SPRING?
 In his leisure Hsu enjoys reading newspapers and magazines.

WHAT DID YOU DO ON YOUR LAST VACATION?
 On his last vacation, Hsu flew to Miami, then boarded a cruise ship for the Bahamas.

WHAT ARE YOUR FUTURE GOALS?
 "I'd like to have 10 restaurants all over the U.S.," he says, half in jest. He's planning a sidewalk cafe at Hunan's.

— Interview by Lea Whitehead

Tidbits

By LEA WHITEHEAD
 Staff Writer

Descendants of Marta Padron and the late Florencia Padron gathered for a family reunion in Coahoma this weekend. Following dinner at the Coahoma Community Center, the reunion adjourned to the home of Manuel and Lupe Martinez for more visiting.

The reunion idea developed when the family learned that Marta's daughter and son-in-law, Mary and Gary Cunningham, with children Jennifer, Erin, Cencia and Leanne, were coming home for the first time in nearly five years. The Cunninghams live in Honolulu, Hawaii, where he is stationed with the Air Force.

Elizabeth Flores, Marta's granddaughter, said, "We thought this would be a good time for us all to get together. We need to get acquainted with new family members." Marta delayed her birthday celebration one week to coincide with the reunion.

Attending from Ft. Worth were Mr. and Mrs. Cris Hernandez with Jason, Sarah and Eric; Johnnie and Cindy Cordova; Salvador and Carol Alvarado with Nicholas; Carlos and Lori Padron; Greg and Stephanie Padron; and Patrick Salazar.

From Odessa are Tony and Josie Padron, Anna Maria Padron, Michael Padron, Danny and Michelle Franco and Joe and Angela Cordonbia.

From Big Spring are Joe and Monica Martinez with Anastacia; Julian and Dolores Franco with Ray; and Johnny and Elizabeth Flores. Coahoma family members are Ramiro and Delia Salazar; Evelyn Salazar, Robert Martinez, Susano and Catalina Padron; Manuel and Lori Martinez with Jaci; and Augustine and Denise Martinez with Shane, Aaron and Devyn.

Chen Li, Phoenix, Ariz., is spending several weeks in Big Spring visiting fellow chef, Kou Kowg Hsu.

Chen doesn't understand why everyone is complaining about the heat here. "It's much hotter in Phoenix," he says, citing many consecutive days of temperatures of 115 degrees and above.



It's a small world. Robert and JoAnn Boykin, in Austin for the funeral of his father, Calvin Boykin Sr., longtime manager of the Crawford Hotel and... reference to another family member on TV's "Good Morning America." Show guest Theo Vroman, interviewed about the liberation of his hometown, Maastricht, Holland, during World War II, mentioned he and wife, Enny, had longtime friends in America — Calvin Jr. (who grew up in Big Spring) and Rosemary Boykin.

Calvin Jr. and Rosemary, by the way, now live in Lesotho, Southern Africa, where he is agricultural economics advisor for USAID. The Boykins find it's a small world, too, when Rosemary was invited to tour a gardening project by the Queen of Lesotho, another guest was Kyle deGraffenreid, wife of Adrian deGraffenreid, 1963 graduate of BSIS. Kyle is community liaison officer with the American embassy in Lesotho, and Adrian is development director for USAID.

John and Maria Viera celebrated their 10th anniversary with a vacation in Mazatlan, Mexico, and La Paz, Lower California—Mexico.

"We drove to El Paso, then rode the bus to Mazatlan," said John. "We took a boat cruise from Mazatlan to La Paz. It looked like 'The Love Boat'— swimming pool, dancing, and everything just like on the TV show. The cruise even started at night when the moon was out!"

In Mazatlan they toured museums and old missions. And in La Paz they fished, went to motorcycle races and took in the year-round carnival.

John claims it was a very economical vacation, too. "I recommend it," he says.

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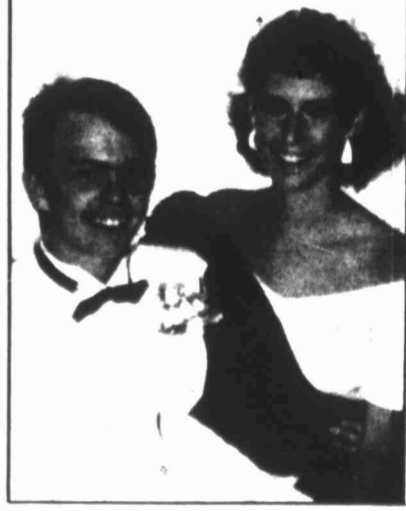
COUPLE TO WED — Mr. and Mrs. Tim Salazar, 702 N. Scurry St., announce the engagement and approaching marriage of their daughter, Debra Ann Salazar, Big Spring, to Larry Valverde, Big Spring, son of Mr. and Mrs. Luis Valverde, 700 N.W. 10th St. The couple will wed Aug. 26 at Immaculate Heart of Mary Church at an 11 a.m. ceremony, with Father Patrick Walsh officiating.



COUPLE TO WED — Cleo and Thelma Carlile, 608 W. 15th St., announce the engagement and approaching marriage of their daughter, Deanna Carlile, Big Spring, to David Gross, Clovis, N.M.; son of Rita Richards, Iowa Falls, Iowa; and William Gross, McAllan. The couple will wed Oct. 14 at First Church of God, 2009 Main St., with Rev. Darrell Hendrickson officiating.



DATE SET — Mr. and Mrs. W.R. Loftis, Big Spring, announce the engagement and approaching marriage of their granddaughter, Katherine Lee McDowell, to Marion Sean Lampshire, son of Mr. and Mrs. Jack Lampshire, Arapaho, Okla. The couple will wed Aug. 24 at a 7 p.m. ceremony at First Baptist Church, Okmulgee.



DATE SET — Becky Reeh, Big Spring, announces the engagement and approaching marriage of her daughter, Shelly Scott, Big Spring, to Marty Kirby, 2625 Fairchild, son of Arlene Robertson, 2625 Fairchild. The couple will wed Aug. 19 at the home of the bride.

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