

The FRIONA STAR

VOLUME 67, NUMBER 28

SATURDAY, APRIL 18, 1992

50¢

TWELVE PAGES PLUS SUPPLEMENT

Star Lites

By Bill Ellis



A JOYOUS EASTER TO YOU

WE WERE PRIVY to hear a pair of interesting state officials at the recent Panhandle Press Convention that Carol and I attended in Amarillo.

Selden Hale, chairman of the Texas Board of Criminal Justice, addressed our kickoff luncheon, and State Comptroller John Sharp spoke at the Friday evening banquet.

Hale told the newsmen attending the convention that he was convinced that the answer to the state's overcrowded prison system must come from a change in social attitudes. "We need to stop the trend on the front end. Children should not be born to 14-year-old illiterate schoolgirls," the Gruver native said, indicating that money should be spent attempting to prevent crime rather than trying to punish it.

The TDC chief said that prison space should be treated with the same reverence that we give to college space. He said that roughly 50 per cent of those in the Texas prison system do not belong there, and this is a big problem.

"The minute a person goes into the prison system, he's ruined. You might as well be prepared to keep him there forever, because that's what we're really doing," Hale said.

There are only about 3,000 to 4,000 people in the prison system who are really bad and need to be locked up forever, Hale said.

He recalled that in former years, you could take a 19-year-old troublemaker and send him to the Marines, the Army or Navy, and nine times out of ten, this would straighten out the young man, without sending him to prison along with the hardened criminals he referred to above.

At his Amarillo speech, Hale did not know which communities would benefit from the new prison announcement made later, but did indicate that the TDCJ would make every effort to purchase the new private prisons, including the one near Tulia, which it did.

John Sharp impressed the newspaper folks with what seems to be a no-nonsense approach to the state comptroller's office.

Sharp's office has been charged with setting up the new state lottery and administering the program. He was told he could hire up to 1,000 employees to run the system, since this was about how many it took to run the lottery in California and Florida.

At the present time, Sharp said he had employed 186 people to run the lottery, and had every confidence that this group could handle the program. "I found out that California and Florida had so many workers their system was too cumbersome," Sharp told us.

He is hoping to initiate the lottery within three months, because it will generate an extra \$1 million per day for the state.

"Government will grow to the size allotted to it," the state official warned.

Sharp was also charged by the state budget-makers to find \$211 million in savings to help the state's money woes. He targeted a possible \$4.2 billion in cuts--including some ideas that have raised eyebrows in Austin, including the consolidation of several state agencies.

He also has come up with a new approach to the food stamp program, which has been one of the most abused government programs in history.

Sharp would do away with the stamps and create credit cards for those qualifying, who would use the cards until their "credit" was used up.

"It takes a half million trees to print the hundreds of million stamps, plus you have to hire printers to print them, and people to administer the stamps. The way it's set up now, food stamps can be used to buy everything from liquor to drugs, and those selling these products use the stamps," Sharp said.

Baseball Team Wins 8th Game

The Friona Chieftains avenged a pair of earlier losses to the Clovis Wildcat Junior Varsity with a 4-3 win here last Thursday evening. The team's game against Lubbock Christian High School here Tuesday was cancelled due to inclement weather.

The Chiefs scored single runs in the second, third, fourth and sixth innings, and held the visitors to a single run until they staged a two-run rally in the ninth inning. Friona won the game in spite of being outbitten by the visitors, 4-2.

Chad Hamilton walked to start the Friona second inning, and Junior Trevino singled (Trevino had both of Friona's hits in the game, both singles). Walks to Blue Field and Scott Houston followed, but the team left the bases loaded after Hamilton scored.

Seth Houston walked, Trevino singled, and Field was hit by a pitch in the third inning, as Friona took a 2-1 lead. Houston came home with Friona's second run.

Scott Houston, Pat Upton and Seth Houston all walked in the fourth inning. Scott Houston scored but the Chiefs again left runners on base, although taking a 3-1 lead.

Charlie Snead and Scott Houston walked for the Chieftains in the sixth inning, and Snead scored on an infield out to give Friona a 4-1 lead.

The Wildcat JV rallied in the seventh inning on a walk and a single, but pitcher Tony Cuevas bore down to get a ground out and a strike out to end the game, giving Friona its eighth season win against four losses.

ClovisJV	100	000	2--3
CHIEFS	011	101	0-4

Roy Hendley, cf 4-0-0; Pat Upton, p 0-0-0; Seth Houston, lf 2-1-0; Chad Hamilton, 1b 3-1-0; Jr. Trevino, 3b 3-0-2; Blue Field, 2b 2-0-0; Ryan Sifford, rf 2-0-0; Charlie Snead, ss 2-0-0; Scott Houston, c 0-1-0; Tony Cuevas, p 1-0-0; Julian Colunga, cf 1-0-0.

IP--Upton 3.0; Cuevas 4.0. H--Upton 2, Cuevas 2. ER--Upton 1, Cuevas 1. WP--Upton 2. SO--Upton 4, Cuevas 6. Winner: Upton (3-1).

Local VFW Sets Dinner

The Friona VFW will host a chicken dinner on Sunday, April 26. Serving will begin at 11:30 a.m. and continue until 2 p.m. at 116 West Sixth Street.

The price will be \$5.00 for adults and \$2.50 for those under 12 years of age.

The menu will include fried chicken, mashed potatoes, gravy, green beans, salad and dessert.

Absentee Voting Underway For Three Local Elections

Parmer County Hospital District announces an election to be held on May 2, 1992 for five Directors to the Board.

Early voting, formerly called "absentee voting," is currently underway at the County Clerk's Office at Parmer County Courthouse and will end on April 28, 1992.

Regular voting will take place in all four voting boxes within the district. Requests for absentee ballots to be mailed, must be received by the County Clerk's Office no later than April 26, 1992.

Those filing for election are: Wendell Gresham, Dale Schueler, Dennis Anthony, Danny Kendrick and Ann Corn, all of whom are currently serving as temporary directors, plus John Blackwell.

Absentee votes in the City Election can be cast at City Hall, and in the school election at the Administration Building on East Highway 60.

ACS Board Will Meet

The board of directors for the Parmer County unit of the American Cancer Society will meet on Tuesday, April 23, at 12 noon at the T-Box Restaurant.

A special guest, Dr. Myron Dees of West Texas State University, a volunteer for the American Cancer Society, will be present to answer questions, and will have information about the organization and how it works.

Friona Student Wins Top Science Award

The High Plains Regional Science Fair was held at Amarillo College, April 4.

Friona students placing in the senior division were:

Environmental sciences--1. Abraham DeLaO, International Science Fair qualifier. He will compete in Nashville, Tennessee, May 10-16.



LORI JORDAN FHS Twirler Wins At Regionals

Lori Jordan, daughter of Mr. and Mrs. Bobby Jordan, competed recently at the N.B.T.A. Southwest Region Twirling Championships.

Lori won a first place in her age group, second place in novice solo and strut.

Additionally, Lori was selected as third place overall winner in age group 13-15.

She is a freshman at Friona High School and twirls for the Chieftain Marching Band.

He also received the Army Award. Physics--1. Jeff Schueler, NASA Award; 2. Britt Conklin.

Chemistry--2. Ryan Sifford, American Chemical Society Award; 3. Erika Bermea.

Botany--2. Amy Knowles. Biochemistry--2. Alicia Widner, Army Award, Marines Award.

Earth science--1. Joseph Ryan, Navy Award.

Computers--2. Scott Houston, Marines Award, \$500 scholarship from Society of Petroleum Engineers.

Engineering--1. Steven Burns. Army Award--Timothy Clark. Navy Award--Roman Garcia.

Bike-A-Thon Is Scheduled

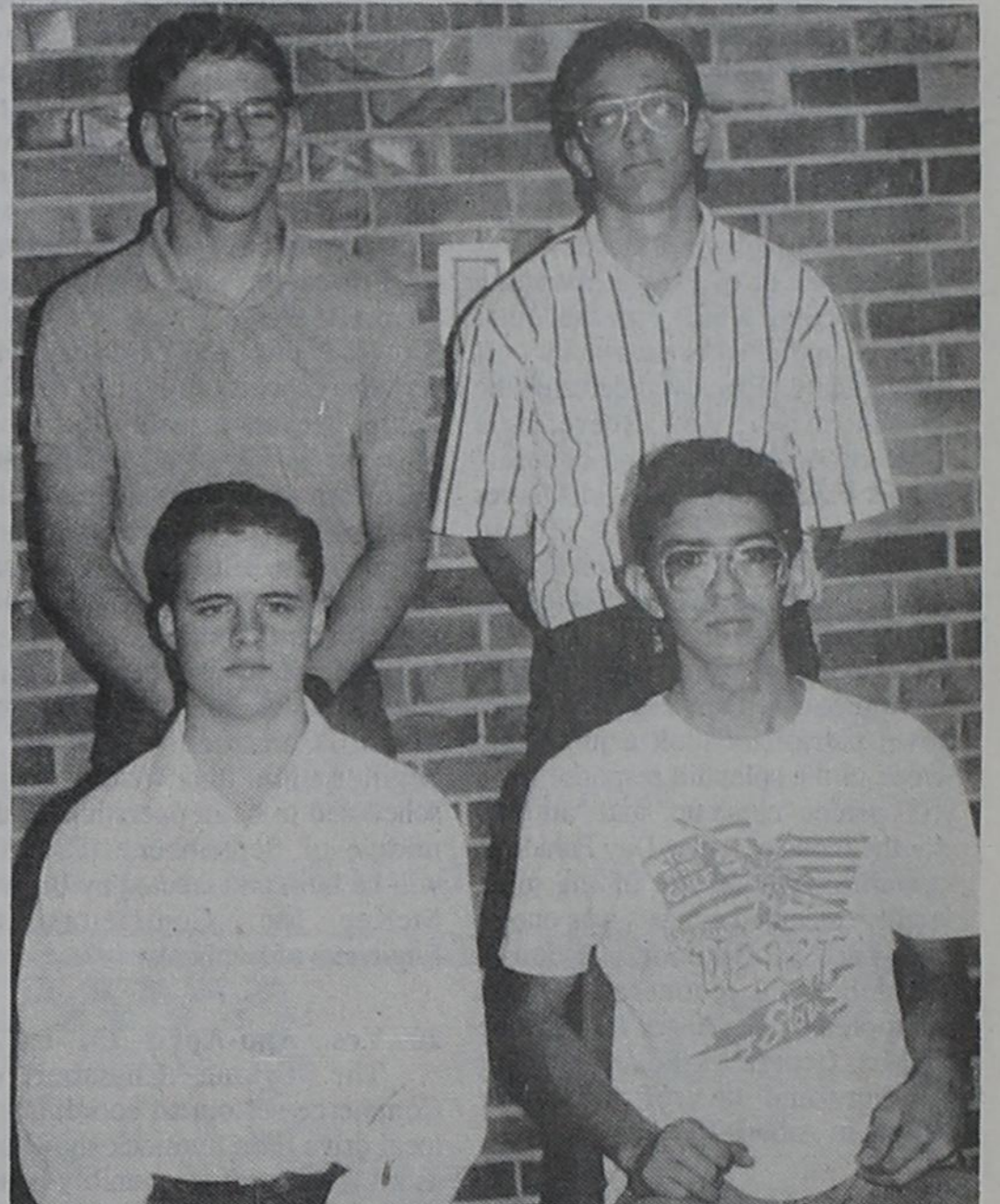
May 2 is the date set for the annual St. Jude Children's Research Hospital Wheels For Life Bike-A-Thon. The bike-a-thon will take place at the junior high track at 2 p.m.

Volunteer workers and riders are needed for this bike-a-thon to raise funds for the world-famous research center in its battle against childhood cancer and other catastrophic childhood diseases.

In the Wheels For Life Bike-A-Thon, riders ask sponsors to make a donation based on each mile completed. All riders turning in money will receive a certificate. Those who raise \$30 will get a certificate and a special St. Jude T-shirt. Those who raise \$75 will receive a sports bag as well as the certificate and T-shirt.

Contact Donna Mullins at 247-3285 for details on riding or sponsoring a rider.

St. Jude Hospital was founded by Danny Thomas, and operates primarily from public support.



SCIENCE WINNERS...These four Friona High School students placed first in their respective divisions at the Regional Science Fair at Amarillo. Abraham DeLaO, seated right, had the top entry, and qualified for the International Science Fair. Also shown are (back) Jeff Schueler and Joseph Ryan. Seated left is Steven Burns.



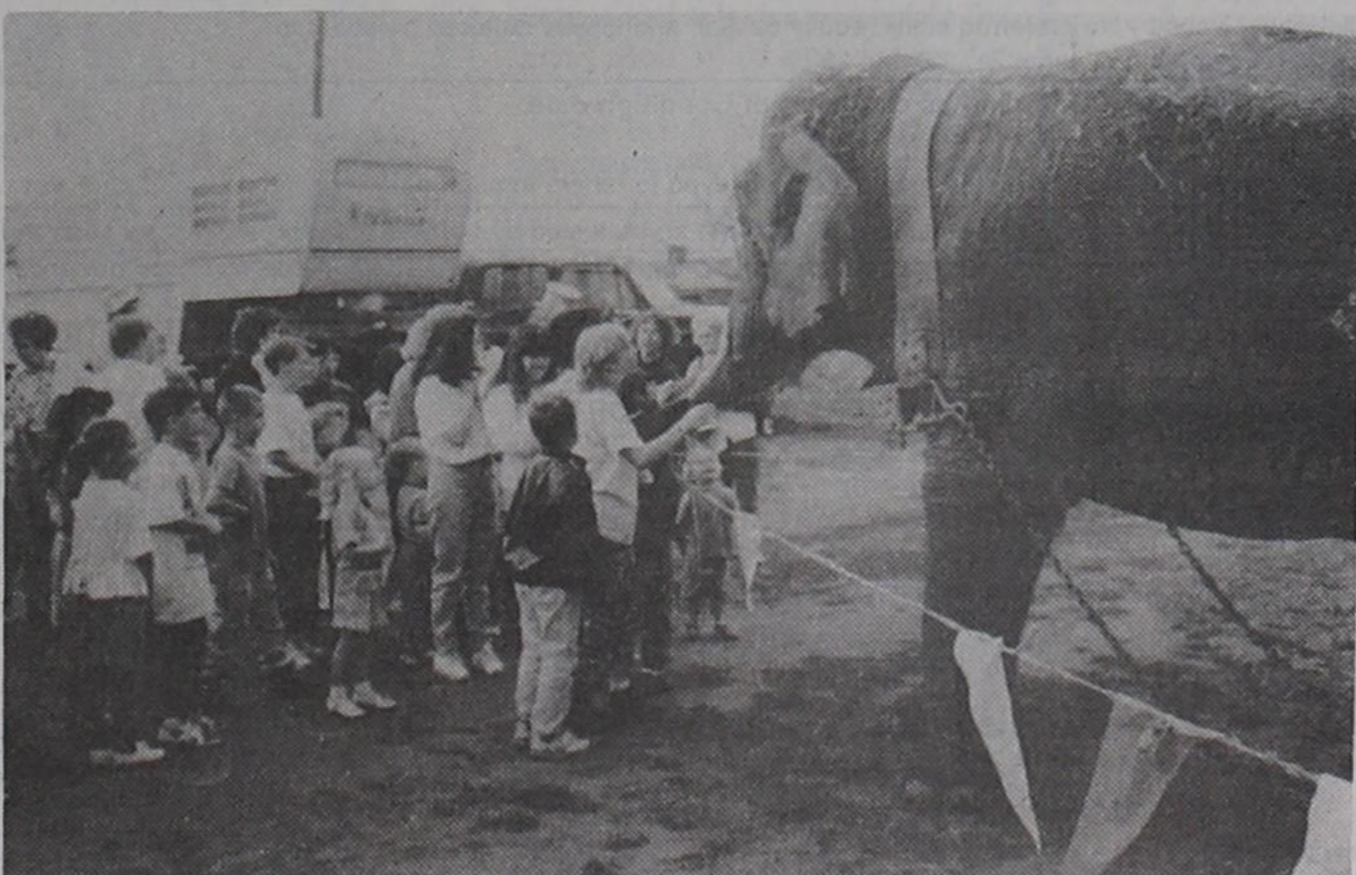
EGG HUNTERS...Pre-kindergarten students in Friona took advantage of a beautiful day Wednesday to participate in an egg hunt in the City Park by the Depot.

Easter Egg Hunt On Tap Sunday

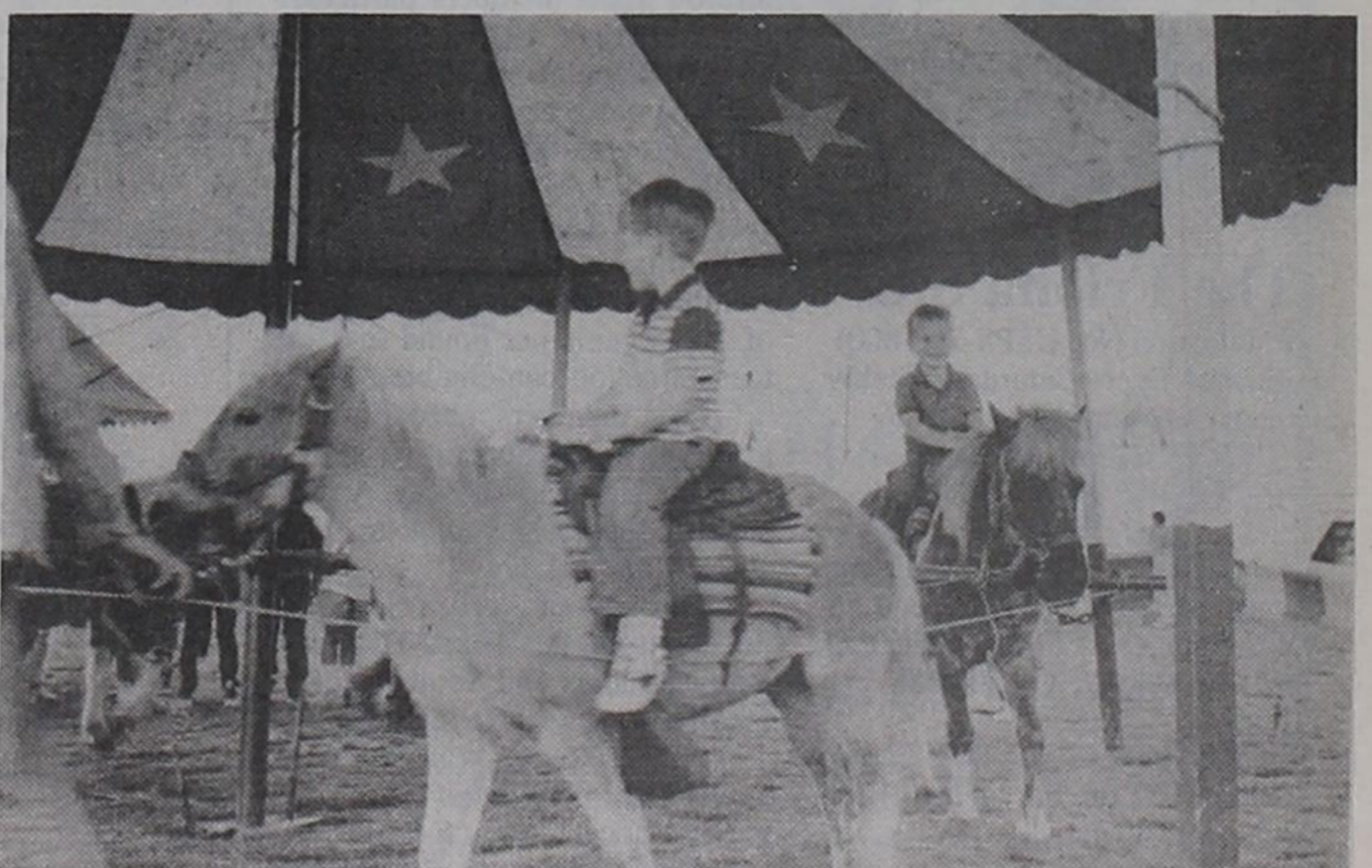
The Friona Riding Club will hold their annual Easter Egg Hunt on Easter Sunday, April 19, beginning at 2 p.m. at the Roping Arena.

Hunts will be held in four divisions: one and two-year-olds; three to five year-olds; six to nine-year-olds and 10 to 12-year-olds.

Prize eggs will be hidden for each group, and prizes will be awarded to the young hunters who find the most eggs will also receive prizes.



PARTY FOR BOO...A number of local youngsters were on hand Tuesday to participate in a birthday party for "Boo," the two-ton Indian elephant that was one of the stars of the King Royal Bros. Circus. The circus had two performances here



Tuesday, under the sponsorship of the Friona Chamber of Commerce and Agriculture. The pony ride was also a popular feature for the youngsters. (Photo by Lisa McLellan)

Friona Flashbacks

...from the files of The Friona Star

60 Yrs. Ago-April 15, 1932

Through the efforts of a few of our businessmen, Friona now has a regularly organized golf club, which organization was complete last week. The new organization now has a membership of 35, with Dr. R.R. Wills as president and Howard G. Morris, secretary, F.A. Spring, treasurer, and O.F. Lange, chairman of greens committee.

Last Saturday afternoon as Chester Sheets of Friona was Produce Company of Friona was enroute to Lubbock with a new cargo of eggs, cream and poultry, his truck was capsized and his cargo badly scattered. The accident occurred south of Hale Center on the state highway at 3 p.m. when the truck collided with a car, coming onto the highway from a side road.

50 Yrs. Ago-April 10, 1942

J.A. Blackwell Tuesday was elected mayor of Friona in a quiet city election which saw no other change in the list of present city office holders. Blackwell defeated the present mayor, F.W. Reeve, by a vote of 65 to 31. For commissioner F.A. Spring and Carl Maurer were re-elected, and Logan Simpson was again chosen as city clerk. Jones was re-elected as night-watchman.

Friona citizens have always been proud of their city, and home town patriotism took a jump this week in the splendid response for a 100 per cent "close up" and "all out" for the monster Army Day Parade at Amarillo, where one of the most highly esteemed citizens was one of the guests of honor. Friona's wholehearted cooperation was prompted by the honor being done to Mrs. George M. Baker, Six-Star Mother, and one of the honor guests in Amarillo.

40 Yrs. Ago-April 10, 1952

Friona Star was one of three weekly newspapers cited for Community service at the annual meeting of the Panhandle Press Association as it met in Amarillo last Friday and Saturday. Papers receiving recognition for service were The Canadian Record, the Paducah and the Star.

Voters of the Friona School District last Saturday made their choice for three board members, selecting C.V. Potts, George Jones and Roy Clements. Trustee at large selected was W.M. Sherley. The school election was closely followed by the interest in the straw vote for presidential choice, with General Eisenhower accorded the greatest vote, followed by Taft and MacArthur.

35 Yrs. Ago-April 11, 1957

Sale by Bert Chitwood to Rockwell Bros. Lumber Company of the lots just south of the firm in Friona was announced this week. The location was originally occupied by the Friona Locker Plant.

With the arrival of a 180-pound meeting table--the last piece of furniture ordered to go into the building--the City of Friona will have its oft-delayed open house for the new city hall Saturday. The hall, which cost the city in the neighborhood of \$36,000, will be officially presented to the public for the first time, although many citizens have already been in the building's offices, and some have toured the entire hall. The building joins the fire station at the corner of Eighth and Main.

30 Yrs. Ago-April 12, 1962

A raging fire consumed approximately two-thirds of a 16 by 100 foot barn on Eric Rushing's farm one mile west of Friona at 10:30 Friday night. Firemen arrived in time to extinguish the inferno and save part of the structure. Damage was estimated at approximately \$700 by Rushing, owner of the barn.

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Bill Ellis, Editor & Publisher
Vickie Copley, Production Supt.
Marlene Mueller, Bookkeeper
Lisa McLellan, Advertising

The April report from Friona Sate Bank show that deposits have increased almost one million dollars since January 1 to set a new all-time high. Total deposits at present are shown at \$6,307,398.91. Deposits on January 1 were reported as \$5,447,336.28 which allows an increase of \$860,062.53 in three months.

Ellis Tatum and Walt Mabry were elected to the Friona School Board in the lightest voter turnout of any district in the county Saturday.

25 Yrs. Ago-April 13, 1967

An explosion of unknown causes destroyed the farm home of Mr. and Mrs. Billy Bastes Tuesday, but the family was all out of the house at the time and escaped injury and possible death. The farm home belonged to Jack Moseley, and was located some nine miles southeast of Friona on land belonging to Ranza Boggess.

Hi-Plains Feed Yards Inc., with a future capacity of 50,000 head of cattle, became a reality this week with the hiring of a manager and awarding of its construction miles northwest of Friona on land purchased from Bill Baxter; plans call for complete facilities for feeding, including mill, ensilage, pits, feeding equipment and pens properly engineered for drainage and anti-pollution. Construction is slated to begin within two weeks and is scheduled to be in operation by the middle of September. The mill will be built and erected by Brown-McKee, Inc., Contractors and Engineers of Lubbock.

20 Yrs. Ago-April 13, 1972

The Friona Chamber of Commerce set out to coordinate a local drive for a livestock showbarn as a highlight of its monthly board meeting Tuesday morning at Earl's Parmer House Restaurant. The matter of the showbarn has been under considerable discussion since the recent Parmer County Junior Livestock Show.

Girls and Boys State delegates were named the past week by Friona American Legion and Auxiliary. Sharon Smith is the delegate to Girls State, with Darlene Harper, alternate. Gary Mingus is the delegate to Boys State with Carl Evans, alternate.

15 Yrs. Ago-April 17, 1977

Ten Friona High School Students qualified for regional competition at the district 3-AA literary

Friona ISD Breakfast Menus

Week of April 20-24
MONDAY--no school, Easter holiday.

TUESDAY--pancakes, syrup, chilled fruit and choice of milk.

WEDNESDAY-- blueberry muffin, choice of cereal, choice of juice and choice of milk.

THURSDAY--hot cinnamon roll, chilled fruit and choice of milk.

FRIDAY--waffles, syrup, choice of juice and choice of milk.

PCCA Pays \$9.1 Million To Members

Plains Cotton Cooperative Association (PCCA) has announced a progress payment totaling \$9.1 million to its members participating in the 1991-crop West Texas/Oklahoma Marketing Pool.

The move brings total progress payments after the initial advance to \$32.7 million dollars for the 1991-crop West Texas/Oklahoma pool. With this progress payment, pool members have received an average of 10.15 cents per pound over the loan value for loan-eligible cotton.

Pool members' checks should arrive at local cooperative gin offices no later than Tuesday, April 7, and producers may pick up their checks after that day.

Throughout April, cotton producers from the Texas High and Rolling Plains and Southwest Oklahoma who wish to sign into the 1992 West Texas/Oklahoma Marketing Pool may do so by contacting their local cooperative gin.

April also is sign-in period for PCCA's Denim Mill Option which affords members an opportunity to share in the margins from PCCA's denim mill in Littlefield, Texas.

meet. David Whitaker won in ready writing, Jay Jarboe won in feature writing, and Larry Gore won the science contest. Melodi Dixon, Jan Mason, Linda Anthony, Sheri Noah, Mark Edelman, and Bryan Johnson also qualified.

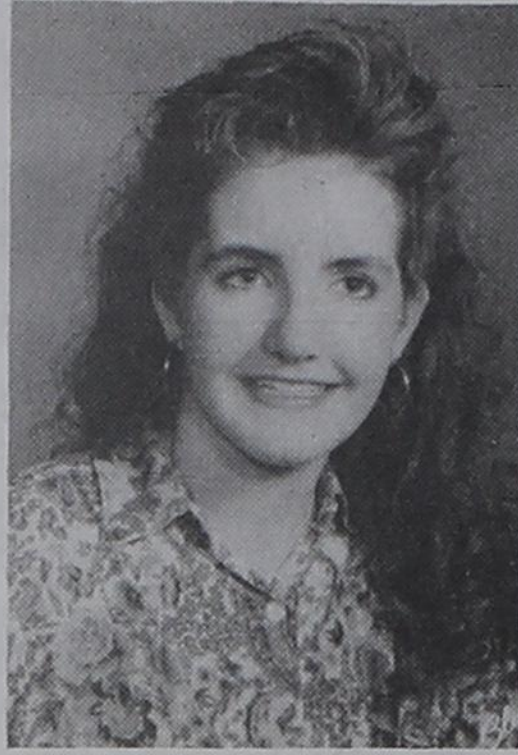
10 Yrs. Ago-April 18, 1982

The Friona Chamber of Commerce board, at its meeting April 14, voted to withdraw its sponsorship of the annual fireworks display, held in conjunction with the July 4th celebration, due to the cost of the display. The display was salvaged by a local drive in 1977, and was included in the United Way campaign in 1978. Otherwise, the chamber has borne all the expense.

5 Yrs. Ago-April 18, 1987

A 20-year-old Cannon Air Force Base woman, ALC Renee Annis, was killed early Monday morning in a car-truck crash near the Black community. High winds were blamed as a cause of the accident.

Qualifying for regional in track were (boys) Rod Britting, Sam Montoya, Daniel Echols, Shy Burney, Toby Gibson, Stephen Thornton and Cody Bracken and (girls) Ronda Ratcliff, Lacye Osborn, Dara Wells, Sindy Preston and Michelle Echols.



MINDY JOHNSON

FHS Senior Gets \$6,000 Scholarship

Mindy B. Johnson, a senior at Friona High School, has been named the recipient of two \$3,000 scholarships, according to Jackie Morgan, F.H.S. Counselor.

Miss Johnson has been offered a \$3,000 University Scholar scholarship, and one in a like amount in drama from the Meadows Arts Achievement Foundation. She plans to use the scholarships when she enrolls at Southern Methodist University this fall, majoring in general theatre studies.

Miss Johnson is the daughter of Joe Bob and Connie Johnson.

She is serving as president of the student council, the National Honor Society and the Forensics group. She has served as vice president of Thespians. She participated in the one-act play, was Friona's delegate to Girls State, and was a foreign exchange student through Y.F.U. to Madrid, Spain. She also was a commended student through the National Merit Corp.

Mindy has been a regional qualifier in feature writing, headline writing, literary criticism, accounting and poetry interpretation.

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Don't let fire, nature, crime leave you stripped of possessions and funds. Get the protective coverage you need from the insurance experts at our Agency. We're here to help you!

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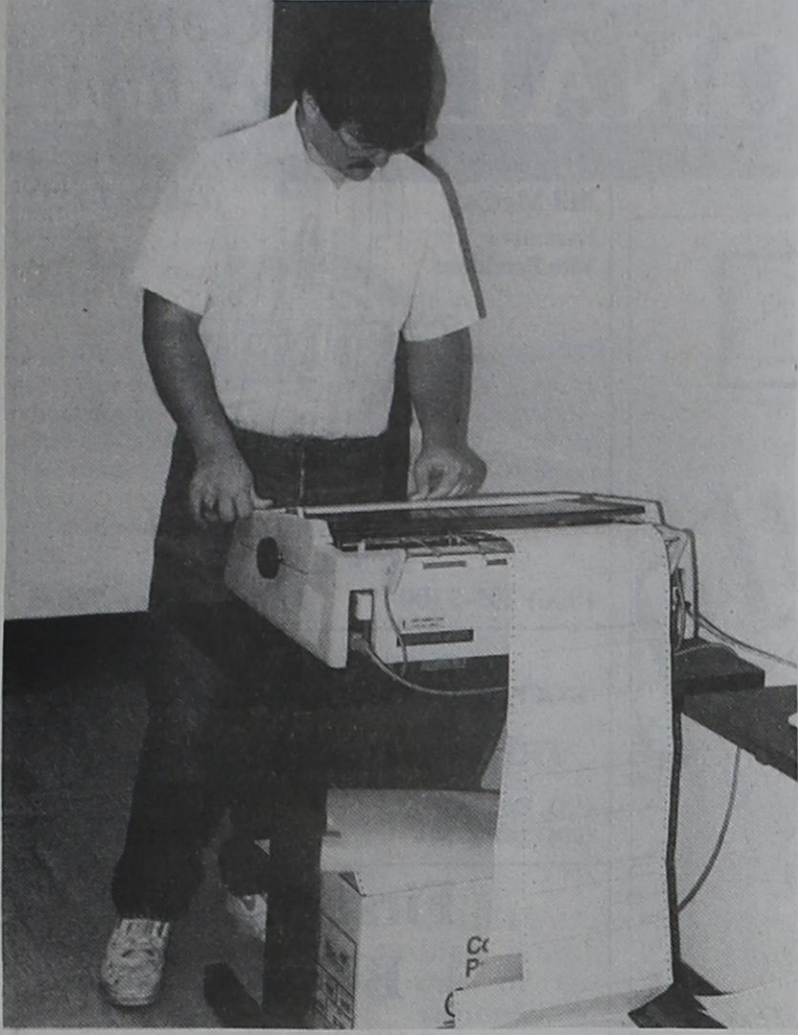
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LEGAL TITLE OF BANK		STATE BANK NO.	
Friona State Bank [199]		1233-14	
Friona, Texas 79035		FEDERAL RESERVE DISTRICT NO.	
		11 13 16612	
CITY	COUNTY	STATE	ZIP CODE
Friona	PARMER	Texas	79035
			CLOSE OF BUSINESS DATE
			03/31/1992
Dollar Amounts in Thousands			
	Bil	Mil	Thou
ASSETS			
1. Cash and balances due from depository institutions:			
a. Noninterest-bearing balances and currency and coin		4	314
b. Interest-bearing balances		-	0-
2. Securities		22	643
3. Federal funds sold & securities purchased under agreements to resell in domestic offices of the bank & of its Edge & Agreement subsidiaries, & in IBFs:			
a. Federal funds sold		10	000
b. Securities purchased under agreements to resell		-	0-
4. Loans and lease financing receivables:			
a. Loans and leases, net of unearned income	37	862	
b. LESS: Allowance for loan and lease losses		485	
c. LESS: Allocated transfer risk reserve		-	0-
d. Loans and leases, net of unearned income, allowance, and reserve (item 4.a minus 4.b and 4.c)		37	377
5. Assets held in trading accounts			-
6. Premises and fixed assets (including capitalized leases)			994
7. Other real estate owned			-
8. Investments in unconsolidated subsidiaries and associated companies			-
9. Customers' liability to this bank on acceptances outstanding			-
10. Intangible assets			-
11. Other assets			1
12. a. Total assets (sum of items 1 through 11)		77	305
b. Loans deferred pursuant to 12 U.S.C. 1823 (j)			-
c. Total assets and losses deferred pursuant to 12 U.S.C. 1823(j) (sum of items 12.a and 12.b)		77	305
LIABILITIES			
13. Deposits:			
a. In domestic offices:			
(1) Noninterest-bearing	11	577	
(2) Interest-bearing	57	271	
b. In foreign offices, Edge and Agreement subsidiaries, and IBFs:			
(1) Noninterest-bearing			-
(2) Interest-bearing			-
14. Federal funds purchased and securities sold under agreements to repurchase in domestic offices of the bank & of its Edge & Agreement subsidiaries, & in IBFs:			
a. Federal funds purchased			-
b. Securities sold under agreements to repurchase			-
15. Demand notes issued to the U.S. Treasury			134
16. Other borrowed money			-
17. Mortgage indebtedness and obligations under capitalized leases			-
18. Bank's liability on acceptances executed and outstanding			-
19. Subordinated notes and debentures			-
20. Other liabilities			876
21. Total liabilities (sum of items 13 through 20)		69	858
22. Limited-life preferred stock and related surplus			-
EQUITY CAPITAL			
23. Perpetual preferred stock and related surplus (No. of shares outstanding)	none		-
24. Common stock (No. of shares):			
a. Authorized	10,000		
b. Outstanding	10,000		
25. Surplus (exclude all surplus related to preferred stock)			1
26. a. Undivided profits and capital reserves			2
b. LESS: Net unrealized loss on marketable equity securities			-
27. Cumulative foreign currency translation adjustments			4
28. a. Total equity capital (sum of items 23 through 27)		7	447
b. Losses deferred pursuant to 12 U.S.C. 1823 (j)			-
c. Total equity capital and losses deferred pursuant to 12 U.S.C. 1823 (j) (sum of items 28.a & 28.b)		7	447
29. Total liabilities, limited-life preferred stock, equity capital, and losses deferred pursuant to 12 U.S.C. 1823 (j) (sum of items 21, 22, and 28.c)		77	305
MEMORANDA: Amounts outstanding as of Report of Condition date:			
1. a. Standby letters of credit. Total			165
1. b. Amount of Standby letters of credit in memo 1.a. conveyed to others through participations			-
NOTE: This report must be signed by an authorized officer(s) and attested by not less than three directors other than the officer(s) signing the report. If we, the undersigned officer(s), do hereby declare that this Report of Condition has been prepared in conformance with official instructions and is true and correct to the best of my (our) knowledge and belief.			
SIGNATURE OF OFFICER(S) AUTHORIZED TO SIGN REPORT		DATE SIGNED	
Carolyn Dement, Asst. Vice Pres.		April 14, 1992	
NAME AND TITLE OF OFFICER(S) AUTHORIZED TO SIGN REPORT		AREA CODE/PHONE NO.	
Carolyn Dement, Asst. Vice Pres.		(806) 247-2706	
We, the undersigned directors, attest the correctness of this Report of Condition and declare that it has been examined by us and to the best of our knowledge and belief and has been prepared in conformance with official instructions and is true and correct.			
SIGNATURE OF DIRECTOR		SIGNATURE OF DIRECTOR	
[Signature]		[Signature]	
SIGNATURE OF DIRECTOR		SIGNATURE OF DIRECTOR	
[Signature]		[Signature]	
(MAKE MARK FOR NOTARY'S SEAL)			
State of Texas		County of Parmer	
Sworn to and subscribed before me this 14th day of April 19 92		ss:	
and I hereby certify that I am not an officer or director of this bank.			
My commission expires 10-19 19 95		[Signature] Notary Public	

FRIONA STATE BANK





OUT THEY GO... Allen Hyer, computer programmer with West Texas Rural Telephone Cooperative, oversees the printing of hundreds of capital credit checks recently mailed to WTRT members who received service during 1969. WTRT refunded 100 per cent of the capital credits allocated for 1969, totaling over \$91,000.

Stewardship Week Is Observed

Featuring the vital role that trees and forests play in conserving soil and water resources, the Parmer County Soil and Water Conservation District is encouraging local schools, camps, churches, organizations and individuals to join the nationwide observance of Soil and Water Stewardship Week, April 26-May 3.

The local Conservation District, which works throughout the year on soil and water conservation measures, is providing literature and educational materials that describe how people are dependent upon and interact with trees. The local district is one of nearly 3,000 conservation districts nationwide that work with the National Association of Conservation Districts to encourage the wise use of natural resources through the annual week-long observance.

M.C. Osborn, chairman of the Parmer County S.W.C.D., said he hopes Stewardship Week will encourage individuals to think about their relationship with trees and establish and care for trees in urban and rural areas. "Every citizen has the opportunity to plant a tree, care for a newly planted seedling, look after mature trees or send financial support to someone who will do those tasks," said Osborn.

Materials especially designed to convey the 1992 theme, "Our Treasured Trees," are being distributed by the Parmer County S.W.C.D. For more information, call 806-247-2220 or come by 1306 West Ninth Street in Friona.



SERVICE AWARD RECIPIENTS.... These three employees were recently honored by West Texas Rural Telephone Cooperative, Inc. with service awards. From the left are LaNell Kendrick, secretary to WTRT General Manager Tom Hyer and administrative assistant in charge of Hereford Long Distance, 10 years; Mike Harris, installation and repair supervisor, 15 years; and Dick Thompson, plant superintendent, 15 years. WTRT serves customers in Deaf Smith, Parmer, Castro and Bailey counties.

SPECIAL ANNOUNCEMENT CONCERNING VISION CARE

Dr. A.R. Ploudre, OPTOMETRIST

has announced a NEW PROGRAM to provide special assistance to low income families in need of vision care.

Families who feel they qualify are encouraged to call for more information.

505-762-2951

OFFICE HOURS: MON.-FRI., 8-12 & 1-5
SATURDAY: 8-12 NOON

26 years of VISION CARE in this area.

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Clovis, N.M.

Bob Wills Day Slated April 25

The 21st Annual Bob Wills Day will be held Saturday, April 25 at Turkey, Texas, featuring the 12th Annual Reunion of former Texas Playboys. At least 25 to 30 of the most famous and talented musicians in the country will be present this year.

An Old Fiddlers Contest is scheduled for 12 noon at the Auditorium Center and Gym.

Other activities include: dancing Friday night, April 24 from 9 p.m. until 12 midnight, at the Bob Wills Center. Ten to fourteen former Texas Playboys will be featured. A dance Saturday night, April 25, begins at 7 p.m. Breakfast begins at 11 p.m. at the Bob Wills Cafeteria. Jody Nix and the Texas Cowboys will be featured.

There will be a parade Saturday, April 25 beginning at 10:30 a.m. in downtown Turkey, followed at 11 a.m. by a barbecue meal at the Bob Wills Center.

Special entertainment is scheduled for Saturday at 2:30 p.m. at the old football field east of the center.

The program will consist of all former Texas Playboys present. This will be one of the largest groups of Texas Playboys ever assembled at one place!

M.C. for the program will be Dr. Charles R. Townsend, Grammy Award winner and author of "San Antonio Rose--The Life and Music of Bob Wills and Texas Playboys."

All day events include: concession stands and booths selling souvenirs including Playboys cassettes and albums, caps, totebags, ash trays and coins. The stands are located at the east end of the Center; the Bob Wills Museum and Monument at Main Street downtown; arts and crafts at the Center and special movies of Bob Wills. Both motion picture and television specials featuring Bob Wills upstairs in Arts and Crafts Building of the Center. The D.P.S. will be on duty.

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Thanks - Tom, Sue and Alex

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BARBECUE PORK RIBS (LB.)	\$3.99	BEEF & CHEESE CHIMICHANGA	\$1.19
BARBECUE WHOLE CHICKEN	\$3.99	(MEAD) CORN DOG	69¢
ALL SUP'S BURRITO	79¢	DELICIOUS HAMBURGER	69¢
BREAKFAST BURRITO	99¢	WILSON HOT LINKS	99¢
BURRITO BEEF & SALSA	\$1.19	SAUSAGE ON A STICK	\$1.39
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CHICKEN FRIED STEAK	\$4.59	SAUSAGE, EGG & BISCUIT	\$1.09
3 COUNT CHICKEN STRIPS	\$1.49	SAUTEYA SAUSAGE	99¢
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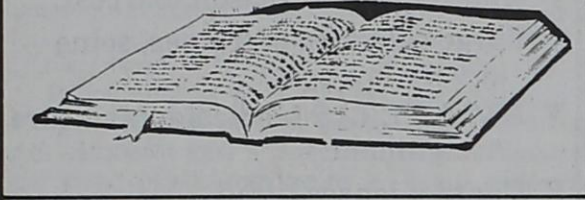
FRIONA/BOVINA DEVOTIONAL PAGE

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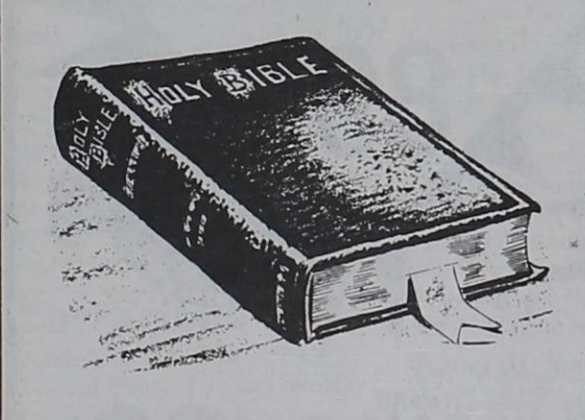
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Facts About The **BIBLE** *BY JOHN LEHTI*

AN INNOCENT MAN IN PRISON!

UNJUSTLY IMPRISONED, JOSEPH SHOULD HAVE BEEN EMBITTERED TOWARD THE FATE THAT SEEMED TO ENVELOP HIM! WHO COULD HAVE BLAMED HIM FOR DENOUNCING PHAROAH'S CRUELTY AND UNJUST SYSTEM OF IMPRISONMENT IN THOSE ANCIENT DUNGEONS? BUT JOSEPH WAS A MAN WHO TRUSTED GOD'S PURPOSE. HE DIDN'T WASTE TIME BEMOANING HIS DESTINY BUT TRIED IMMEDIATELY TO BETTER HIS CONDITION. (GENESIS 40: 22, 23) BECAUSE OF HIS FAITH IN GOD AND GOD'S PROMISES HE SOON BECAME THE HEAD OF THE PRISONERS EMERGING AS RULER OF EGYPT ACCOUNTABLE TO PHAROAH ONLY.

SAVE THIS FOR YOUR SUNDAY SCHOOL SCRAPBOOK

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Luke 6:27-28

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JV Boys Nipped For Title

The Chieftain Junior Varsity track and field team battled up to the final event in the running for their district title, before being edged out by Littlefield for the meet championship by five points, 174-169.

The team got wins from Kit Preston, Colby Carthel, Jerard Lafuente, Steven Ortiz, Jimmy Arias and its 1600-meter relay team.

Preston won the shot put with a heave of 40-5-1/2 inches. Carthel captured the discus throw with an effort of 122-10.

Lafuente won the high jump by clearing 5-8, and Ortiz won the 400-meter dash in 54.92.

Jimmy Arias won the pole vault, clearing 10-6, and the 1600-meter relay team won their event in 3:40.27.

Otherwise, Friona placed second with their 400-meter relay team, whose time was 46.14.

The team took second-third-fourth in the 3200-meter run. Efrain Santiago placed second in 11:31.37. Antonio Rocha was third in 11:52, and Jason Wells placed fourth in 12:10.

Lafuente and Rodriguez placed third and fourth behind Carthel in the discus. Lafuente's effort was 117-11, and Rodriguez tossed it 117-0.

Mike Villa and Carthel were third and fourth behind Preston in the shot put event. Villa's best mark was 38-6-1/2, and Carthel's was 38-3-1/2.

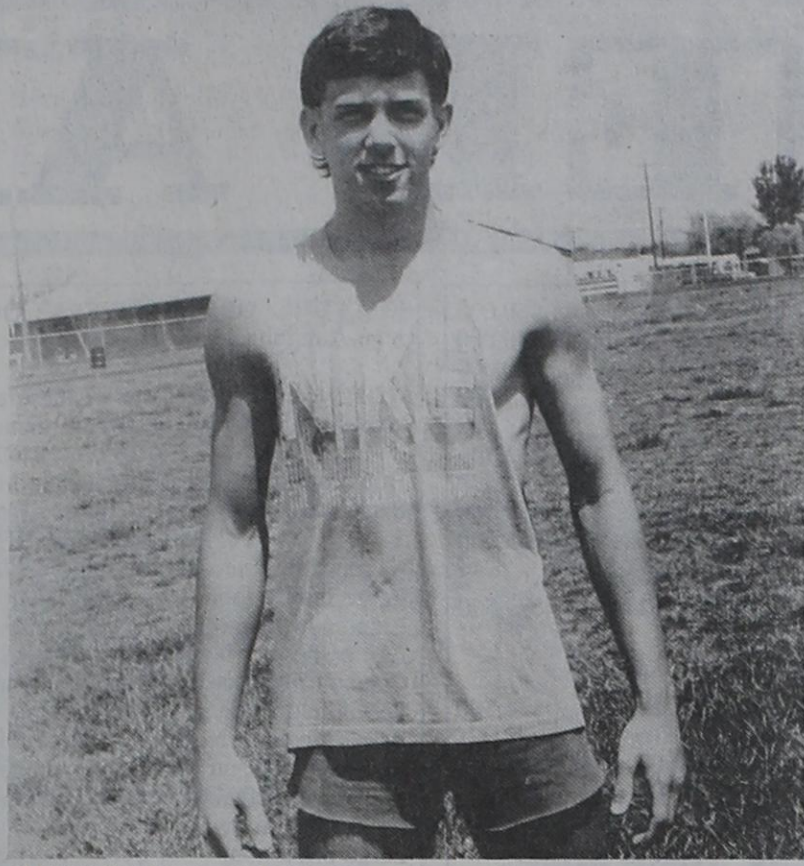
Herman Chavez and Hank Duke placed third and fifth in the 1600-meter run. Chavez' mark was 5:25.52, and Duke's was 5:44.44.

Carthel also had a fifth place in the 300-meter hurdles at 45.95, and was sixth in the 100-meter dash at 12.58.

Louis Rodrigues placed fourth in the 400-meter dash, in 57.16.

Juan Rivera placed third in the 100-meter dash at 12.11, and David Gonzales was fifth in the triple jump at 33-8.

Roger Sparkman placed third in the 800-meter run with an effort of 2:17.19.



CHIEFTAIN WINNER....Blair Burney, sophomore high jumper, was the lone first-place winner, and one of four team members who qualified for regional, at the District 2-3A meet last Friday and Saturday at Floydada. Burney won his event with a leap of 6-4. He is the third member of his family to win district in the event for Friona.

Chieftains Qualify For Regional Track

The Friona High School Chieftains qualified four individuals to the regional track and field meet, at last weekend's district meet at Floydada.

Sophomore high jumper Blair Burney was the team's only outright winner. Burney kept up his good spring season by clearing 6-4 and winning the district high jump event by four inches over Rusty Crosby of Tulia.

Ismael Rocha placed second in the 400-meter dash in a time of 51.48, to claim another regional spot.

Gabe Gonzales hurled the discus 139-9-1/2, edging out Adam Gonzales of Floydada by a half-inch for second place and another regional berth.

Chesley Ray got the other regional invitation after clearing 12-0 in the pole vault and finishing second.

Brian Herring, coming off his injury during the football season, narrowly missed qualifying in the high jump. Herring cleared 5-10, and had to settle for third place, and regional alternate. Teammate Kelly Jack had the same height, but more misses, and placed fourth.

Harvey Martinez placed fourth in the 800-meter run with a time of 2:07.55.

Sergio Correa placed fourth in the 3200-meter run with a time of 11:32.6. Michael Cole placed sixth in the 200-meter dash in 23.98, and Gabe Gonzales placed fifth in the shot put with a 43-7 toss.

Friona's 400-meter relay team placed fourth with a timing of 45.61.

As a team the Chieftains scored 67 points to place fifth. Tulia won the meet with 166 points.

Squaws Nab Eight Spots At Regional

The Friona High School Squaws qualified for the regional track meet in eight events, and drew the alternate role in another, at the District 2-3A meet last Friday and Saturday in Floydada.

Mendi Milner qualified in three events, and Renee' Martin in two distance races to pace the Squaws.

Miss Milner won the 100-meter hurdles with a time of 16.52, placed second in the 300-meter hurdles with a time of 49.38. She also placed second in the triple jump with an effort of 32-0.

Miss Martin won the 1600-meter run with a time of 5:50.6, after being nipped at the tape in the 3200-meter run at 12:58.84. Rochelle Harmon of Dimmitt won the race, timed at 12:58.58. Miss Martin still qualified for both races at the regional meet. Her time in the 3200-meter race was 32 seconds ahead of the third-place finisher.

Alicia Widner, who has had a steady spring season for the Squaws, placed second in the 800-meter run with a time of 2:29.22 to nab a regional spot.

Keri Reeb, who has been coming along as the season progressed, nailed a spot in the high jump after clearing 5-0 to place second.

Friona's 1600-meter relay team edged Muleshoe for second place and got the other regional spot, with a time of 4:14.33.

Members of the foursome are Shelly Preston, Mendi Milner, Keri Reeb and Alicia Widner.

Miss Reeb also placed fourth in the 300-meter hurdles with a time of 52.82.

The Squaws' 800-meter relay team placed third with a time of 1:52.26, and their 400-meter team placed fifth at 55.2. Members of that foursome were Vacresia White, Andria Johnson, Tammi Potts and Shelly Preston.

Miss Johnson placed fifth in the 200-meter dash with a time of 29.04, and Michelle Mendoza placed sixth in the shot put with an effort of 30 feet and one-fourth inch.

The Squaws scored 99 points, to finish fourth behind Tulia's 149, Muleshoe's 118 and Floydada's 116.



TRACK QUALIFIERS....Friona Squaws track and field members qualified for regional in eight events. In the back are (l-r) Shelly Preston, Audra Clark and Mendi Milner. Kneeling are Renee' Martin, Keri Reeb and Andria Johnson. Not present was Alicia Widner, who qualified in the 800-meter run.

For A Special Easter, Try Our Easter Buffet!

Turkey, Ham or Roast Beef With All The Trimmings

\$8.50



Sunday, April 19 -- 11a.m. to 3 p.m. MDT

HOLIDAY INN

Clovis, New Mexico

NOTICE--THE FARM SALE for CSS Farms & Others has been Re-Scheduled For Friday, May 2, 1992



5-STAR AUCTIONEERS



Professional Secretaries Week

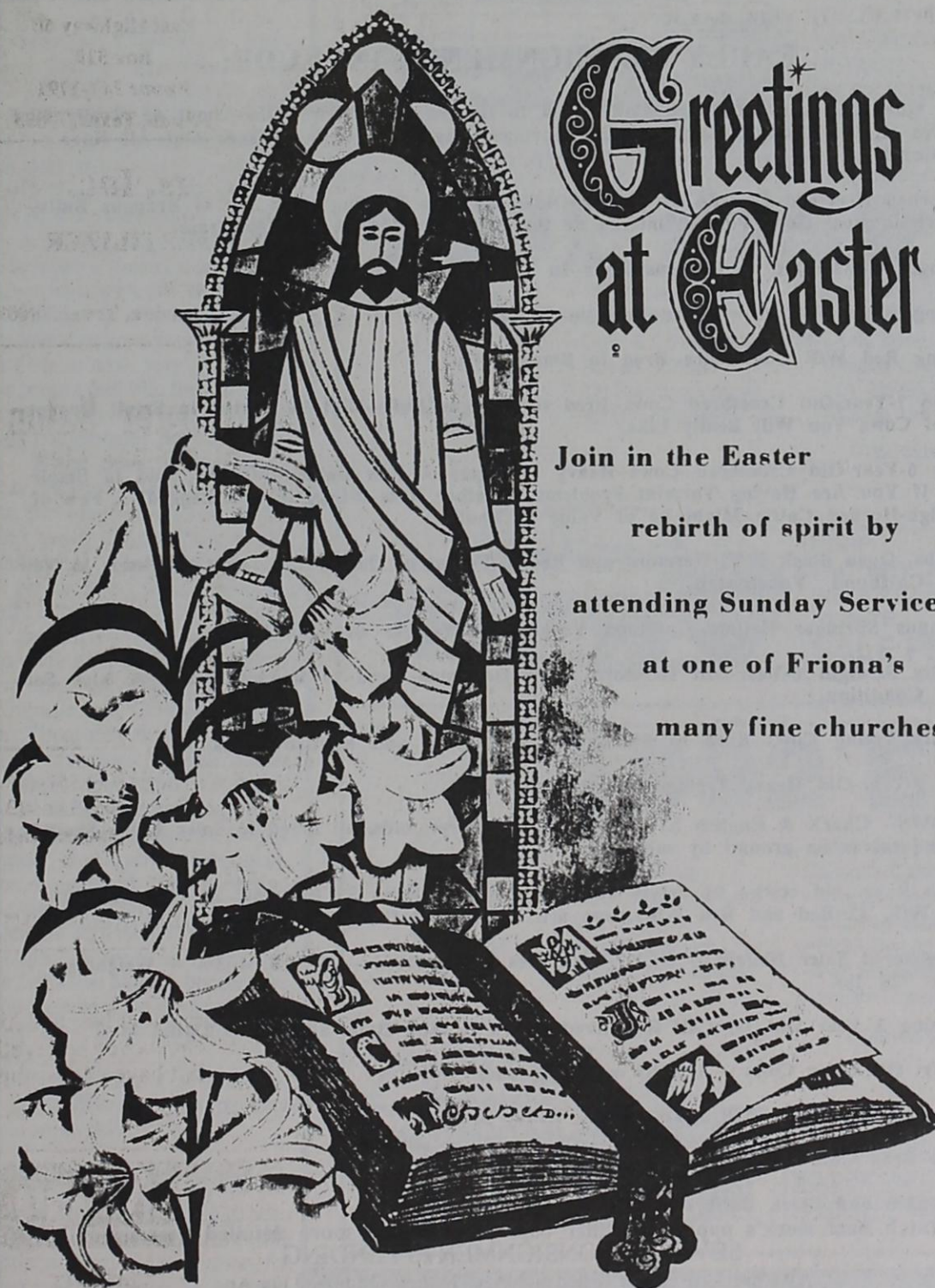
April 19 - 25, 1992



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Greetings at Easter

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FRIONA STATE BANK



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REAL ESTATE

FOR SALE....160 acres, 3 miles northeast of Farwell, in CRP. Owner will finance. Phone 385-4487 days, or 385-5613 nights. 4-tfnc

FOR SALE....Exxon Station, land and improvements in Dimmitt. Priced \$25,000 firm. Phone 364-1302. 24-tfnc

FOR SALE....Lovely brick home, 3-2-2. Fireplace, lots of storage, corner lot. Close to High School. Phone 364-2072. 25-4tc

HOUSE FOR SALE....3 BR, 2 baths, sprinkler system, two-car garage; immaculate condition. Located 1411 Jackson. For appointment call (915) 773-2190. 28-tfnc

HOUSE FOR SALE BY OWNER....Nice, brick, 3 bedrooms, 2 baths, fireplace, double garage, large storage building. Assumable loan, low interest. 1130 Etta, call to see, 806-247-3158, leave message. 41-tfnc

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GARAGE SALES

LARGE GARAGE SALE AT THE OLD STORE (COUNTRY MARKET) IN LAZBUDDIE, APRIL 24 and 25, 9 A.M.-5 P.M. 28-2tc

Petitions available in Friona to put H. Ross Perot on the ballot for President. Call Carol at 247-3053. ddb

Thank You

Dear Folks,
Mother always considered Friona a special place with special people. Your wonderful support over the years and since her passing has proven her feelings to be well founded.

We sincerely appreciate all the cards, flowers, food, visits, and moral support during this difficult time in our lives.

With much love,
Craig Tannahill and Family
Chris Tannahill and Family
Sherri Taylor and Family
Pat Pleasants and Family

- 3 BR, 1-3/4 bath, basement, clean, eff. apt. in back.....\$35,000
- 3 BR, 1 bath, corner lot, clean, 1-car.....\$27,000
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- 3 BR, 1-3/4 bath, 2 car, carport, cellar, near HS! REDUCED.....\$68,500
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- 3 BR, 1-3/4 bath, Western Addition, 2-car, clean & neat.....\$49,900
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- 3 BR, 1-3/4, Quiet Street, refri. A/C, covered patio.....\$59,500
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- 3 BR, 1-3/4 bath, big family room, near HS.....new listing.....\$59,900
- 2 BR, 1 bath, metal carport, good starter home.....\$23,000
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Bi-Wize Health Mart CLOSE-OUT SALE NOW IN PROGRESS on all 14 Karat Gold & Diamonds & All Radio Shack Items. Call 247-3010 or Pharmacy 247-2270 902 Main--Friona

FOR SALE....Basketball goal. Heavy steel pole, standard height. Fiberglass backboard. Call 247-3053. ddb

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HELP WANTED....RN needed for home health agency. Mileage reimbursed. Bonus program. Excellent benefits. Outreach Health Services, 902 N. Lee, Hereford. Ph. 364-0217. EOE. 28-2tc

Man experienced in irrigation well service. Also, experienced in gear head and lathe repair. Ag related electrical knowledge A+. Right man could advance in company. Call (806) 238-1596 days; (806) 238-1328 or (806) 481-9008, nights. 28-tfnc

MAJOR TELEPHONE CO. Now hiring. Technicians, installers, Acct/Serv. Reps, Operators. No experience necessary. For information, call 1-219-736-9807, ext. T-8149. 8 a.m.-8 p.m., 7 days.

WANTED....Truckers with CDL for harvest. Call 825-3600. 28-3tc

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Hereford Problem Pregnancy Center, 801 E. 4th St. FREE pregnancy testing by appointment. Call 364-2027. 23-tfnc

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In Bovina, 3 BR, 2 baths, LR, den w/fireplace, 5 lots. Nice.....\$50,000
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1-3 BR, 1-3/4 baths, LR, large den with fireplace.....\$59,500
LR, den, 3 BR, 2 baths, double garage.....\$45,000
3 BR, 2 baths, living room, kitchen, double garage, storage building. Super nice in super nice neighborhood.....\$79,500

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LEGAL NOTICE

NOTICE OF DISSOLUTION OF PARTNERSHIP AND CONTINUANCE OF BUSINESS
Notice is hereby given that the partnership previously existing between RADCO, INC., a Texas Corporation, acting by and through its corporate officers, DALE CHRISTIE, President and ROBBIE CHRISTIE, Secretary and Treasurer, and DAVE BUSKE, under the firm name of CBC Feedyards at Parmer County, Texas, was dissolved as of October 1, 1991.

DAVE BUSKE, residing at 1708 W. 9th, Friona, Texas, has withdrawn from and has ceased to be associated in the carrying on of the business. RADCO, INC. will hereafter carry on the business and will pay and discharge all liabilities of the firm and receive all moneys payable to the firm.

Further notice is given that DAVE BUSKE will not be responsible from October 1, 1991, for any obligation incurred by the others in their names or in the name of the firm.

Dave Buske

LEGAL NOTICE

The City of Friona is currently accepting bids for (2) used police cars and (1) utility pickup. These vehicles may be inspected at the City Barn at 8th and Jackson Street. Bids will be received at the office of the City Manager, 623 Main St., Friona, Texas 79035, until 4:00 p.m. on Monday, April 27, 1992. The City reserves the right to reject any or all bids. 27-2tc

LEGAL NOTICE

THE STATE OF TEXAS
TO: ROY SMITH, Defendant in the cause herein described.

You are hereby commanded to appear and answer before the Parmer District Court, in the Parmer County Courthouse, Farwell, Parmer County, Texas, at or before 10:00 o'clock a.m. on the first Monday after the expiration of 42 days from the date of issuance hereof, being at or before 10:00 o'clock a.m. on Monday, the 9th day of April, 1992, then and there to answer Plaintiff's Amended Original Petition of FRIONA STATE BANK, in Cause No. 6880, styled FRIONA STATE BANK vs. ROY SMITH, in which petition FRIONA STATE BANK is Plaintiff and ROY SMITH is Defendant. The said petition, filed March 23, 1992, discloses that the nature of said suit is as follows:

Suit on Note

If this citation is not served within 90 days after date of its issuance, it shall be returned unserved.

ISSUED AND GIVEN UNDER MY HAND AND THE SEAL OF SAID COURT on this 9th day of April, 1992, at Farwell, Parmer County, Texas

Marjorie Watkins
Clerk, County Court,
Parmer County, Texas
28-4tc

FEATURE OF THE WEEK: Over 2,000 sq. feet of living area, Jenn-Aire range, birch paneling, brick fence, lots of extras.....\$54,900

NEW HOMES: Get one of these energy efficient 3 BR/2 BA brick homes while they are in the construction phase.

TWO BEDROOMS
Home on large corner lot close to high school.....SOLD
Brick, carpeted & paneled, close to Prairie Acres.....\$29,000

THREE BEDROOMS
Neat home w/steel siding, corner lot, detached garage.....\$35,000
Large family room w/fireplace, built-ins, 2-1/2 BA.....SOLD
Brand new home--update your living style, low interest loan.....SOLD
Last brand new home on the market, has country scenery.....\$62,500
Ceramic tile, raised oak cabinets, walk-in closets.....\$61,000
Springfield home, just over 1 year old, elegantly decorated.....SOLD
Brick, breakfast bar, ceiling fans, built-ins, covered patio.....\$55,000
Basement and sun deck, seller will help with closing costs.....\$55,900
Well developed, good location, 1/2 acre per square foot.....
Owner will allow \$2,000 for carpet and painting.....SOLD
Large brick home, big trees, on edge of town.....\$26,500
Fruit trees, large corner lot, energy efficient, 2 baths.....\$44,900
Fireplace, large on porch.....
On 10 acres with barn and pens, 5 miles from Friona.....\$45,900

FOUR BEDROOMS
Brand new, 1/2 acre, 1/2 acre, 1/2 acre lowered to sell.....
Owner is moving and needs to sell, plenty of room.....\$65,000
Custom built, sprinkler system, energy efficient.....\$86,900
Owner says "Move it," good area, close to schools.....\$61,900

INCOME PROPERTY
3 Apartments, fully occupied, good cash flow.....\$45,900
Drive in restaurant business, prime location close to schools, fully equipped, good cash flow, owner says "Bring an offer".....\$33,700

COMMERCIAL
6 Lots, Highway frontage.....SOLD
3 BR Home-\$350/month, \$150 Security Deposit

PROPERTY ASSOCIATES
B.K. Buske, GRI, Broker/Owner
Home: 247-2505
Hwy. 60 & Main 247-2745

CLOVIS LIVESTOCK AUCTION, INC.

P.O. BOX 187-504 S. Hull
CLOVIS, N.M. 88102-0187 (505) 762-4422
SPECIAL COW SALE
SATURDAY, MAY 2---11 A.M.

Expecting to sell 1500 Springer Cows, Pairs, Breeding Age Bulls, Bred Heifers and Open Heifers.

EARLY CONSIGNMENTS INCLUDE:

- 95 Top Quality Horned Hereford Cows--Bred to Hudges Brahman Bulls--About 65 Really Nice F1 Calves on the Ground. Balance Heavy Springers--Ages Are 6 to 10 Year Old--All Have Good Mouth.
- 90 Dehorned Hereford Cows--4 to 7 Year Old--Bred to a Ripping Good Set of Brangus Bulls--Cows Are In Real Good Flesh--Wintered on the Farm and Moved Back to Grass.
- 39 Brangus Cows--Bred to Brangus Bulls--In Good Flesh--5 to 8 Year Old.
- 44 Young Black W/F Cows--Nice--Bred to Black Bulls.
- 35 Young Red W/F Cows--Nice--Bred to Black Bulls.
- 78 3 to 7-Year-Old Crossbred Cows--Bred to Brangus Bulls--Will be Sorted in Small Groups--A Set of Cows You Will Really Like.
- 30 3 to 6-Year-Old Crossbred Cows--Heavy Springers--A Few Babies--Will be Sold in Small Groups--If You Are Having Varmint Problems, Whether it is 2-Legged or 4-Legged, a Few of these High-Horned Cattle Might be of Value to You!
- 60 750-lbs. Open Black W/F, Hereford and Red W/F--Out of One of the Top Cow Herds in New Mexico--Calfhood Vaccinated.
- 42 Brangus Springer Heifers--Calfhood Vaccinated--Bred to Brangus Bulls.
- 51 Mostly Straight 6-Year-Old Hereford Cows--Dehorned--Bred to Brangus Bulls--A Nice Set--In Top Condition.
- 88 Mostly Young Cows--Bred to Black Bulls--Crossbred and English Cross.
- 20 8 & 9-Year-Old Heavy Springer Mixed Cows.
- 22 COWS-- CharX & English X -- Cows are 3 to 8 yr. olds, all bred to Saler Bulls, Should be some calves on ground by sale day.
- 99-5 to 9 yr. old cows-- 21 calves on the ground, includes 33 Brangus, 24 Charolais, 20 Black W/F, 22 Red and Red W/F, cows are in excellent flesh.
- 22 Registered Saler Heifers -- OCV -- Includes 17 Purebred -- 14 7/8, 4 3/4 -- Weighing 600 to 725 lbs.
- 7 Coming 3 Year Old 1st Calf Registered Salers -- With Bulls Since Jan. 23rd.
- 2 4-Yr. Old Saler Cows -- 1 Baby on the ground.
- 11 Brangus and Black W/F 3 Yr. Olds -- Heavy Bred.
- 6 Pure Bred Charolais Bulls -- 15 to 18 Months.
- 20 Brangus and Black Bulls -- Mostly 2 Yr. Olds.

Watch next week's paper for other consignments and more detailed description.
SEVERAL CONSIGNMENTS PENDING
All Cows Brucellosis Tested and Preg. Tested -- Mouthed For Age.
FOR MORE INFORMATION OR TO CONSIGN LIVESTOCK, CALL 505-762-4422.
Wayne Kinman Home #505-791-5416
Charlie Rogers Home #505-762-0811

Don't forget the big 3 day Horse Sale on May 15, 16, 17th. Supplement Closes May 7th. This Sale includes the Barrel Race Futurity Sale -- \$5,000.00 Added Money.
Call Annelle Moore or Del Rae Driggers at 505-762-4422 for more information or to consign horses!

Youth Basketball Finishes Season

The Friona Youth Basketball season ended Tuesday night. "The organization would like to thank everybody who helped during the season. Without your help, we could not have a basketball program," said a spokesman for the organization.

JUNIOR HIGH FRIDAY, APRIL 10

Pacers 31, Rockets 22
P--Colby Patterson, 2; Cecil Cooper, 2; Quint Ellis, 16; Heath Patterson, 4; Ruben Saenz, 5; David Stephens, 2. R--Gonzalo Hernandez, 2; Barry Procter, 3; Adrian Gomez, 13; Joey Pena, 4.

Spurs 26, Lakers 25
S--James Evans, 2; Kyle Igo, 12; Bobby Lopez, 2; Ryan Potts, 5; Aaron King, 5. L--Jesus Nava, 4; Jeremy Roth, 4; Daniel Cuevas, 10; Jesus Mata, 3; Nicholas Ortiz, 2; Landon Wiseman, 2.

Queens 11, Lady Raiders 8
Q--April Gutierrez, 2; Mandy Rodgers, 6; Ruby Aronce, 2; Joni Johnson, 1. LR--V'Lynda Wilcox, 2; Sandra Gonzalez, 6.

Kings 40, Raiders 27
K--Orlando Corral, 16; David Martinez, 11; Angel Vega, 13. R--Matthew Kendrick, 8; Bryce Garcia, 4; Justin Jeter, 6; Johnnie Medrano, 3; Sammy Perez, 6.

MONDAY, APRIL 13

Spurs 29, Rockets 27
S--James Evans, 7; Aaron King, 10; Ryan Potts, 6; Daniel Trevino, 4; Charles Walker, 2. R--John Aragon, 4; Barry Procter, 2; Adrian Gomez, 4; Jeff Hamilton, 7; Kevin Schueler, 10.

Pacers 35, Kings 31
P--Lawrence Baca, 2; Moses

Baca, 2; Cecil Cooper, 3; Quint Ellis, 28. K--Orlando Corral, 18; David Martinez, 7; Angel Vega, 6.

Lakers 21, Raiders 19
L--Melesio Ibarra, 2; Daniel Cuevas, 6; Jesus Mata, 6; Nicholas Ortiz, 5; Landon Wiseman, 2. R--Matthew Kendrick, 2; Luis Hernandez, 4; Justin Jeter, 5; Johnnie Medrano, 4; Sammy Perez, 4.

Lady Pacers 17, Belles 8
LP--Jessica Chico, 10; Vanette

White, 7. B--Amanda Pope, 2; Chris Rodriguez, 2; Tammy Spencer, 4.

TUESDAY, APRIL 14

Kings 33, Rockets 18
K--Jose Baeza, 2; Jeremy Burkart, 2; Orlando Corral, 8; David Martinez, 11; Angel Vega, 10. R--Gonzalo Hernandez, 2; Jeff Rando, 1; Adrian Gomez, 6; Jeff Hamilton, 2; Kevin Schueler, 7.

Belles 25, Queens 3
B--Elva Perez, 2; Amanda Pope, 6; Chris Rodriguez, 8; Tammy

Spencer, 7; 1 wrong basket. Q--Joni Johnson, 2; Lacy Venhaus, 1.

Raiders 18, Celtics 13
R--Bryan Garcia, 2; Justin Jeter, 3; Johnnie Medrano, 4; Sammy Perez, 9. C--Perry Hanes, 5; Brandon Stephens, 3; Oscar Torres, 5.

Lady Pacers 17, Lady Raiders 11
LP--Dalinda Black, 2; Goldie Harrelson, 2; Tiffany Blackburn, 1; Jessica Chico, 5; Vanette White, 7. LR--Cynthia Arpero, 2; Sandra Gonzalez, 9.

Let them finish the job!!

Vote for:

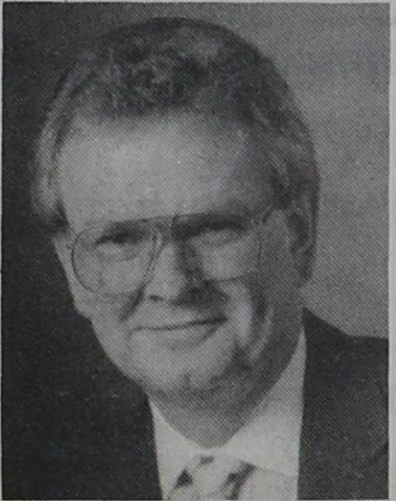
Wendell Gresham Dale Schueler
Danny Kendrick Dennis Anthony

Anne Corn

for Hospital Board
Saturday, May 2
Hospital Auxiliary



WE WANT TO MAKE BUYING A NEW CAR AN EXPERIENCE TO SMILE ABOUT!



RON TRUSLER Divorce & Emotions

By RON TRUSLER
M.Ed., L.P.C., C.C.D.S.
(Director of Clinical & Substance Abuse Services, Central Plains Center for MH/MR and SA)

Right or wrong, good or bad--divorce does happen and it hurts! It can be similar to a death. It is the death of a relationship. In some cases it can be worse because it is hard to reach a finality due to occasional contact with the "X."

Regardless of who initiated it, it hurts and everyone involved must adjust to a new way of living. Most people feel like they are failures when they divorce. That is natural but probably not very accurate. While there are not completely innocent parties, just because the relationship has failed, doesn't mean the people involved are failures.

A person going through divorce usually experiences some emotions that are different than normal. There may be a "see-saw" (up and down) effect. A person may be OK one minute and falling apart the next. There may be certain times, days or occasions, that are harder than others. For some, it is mornings or another person may have trouble in the evenings, while shopping, Sundays, business decisions, household duties, eating alone, etc. Actually, anything that was shared with the "X" may be extra tough. A sense of panic may occur, which is natural, because the person feels as if the whole world is caving in. It is hard to think straight.

This is the first of several articles about divorce. I hope they help in some way.

Hough Listed

David Hough, Friona, has been recognized nationally by the American Angus Association for having four registered Angus cows included in the American Angus Association's 1992 Pathfinder Report.

Only 1,228 of the more than 22,000 members of the American Angus Association are represented in this year's report, according to Richard Spader, executive vice president of the American Angus Association with headquarters in St. Joseph, Missouri.

1991 Mustang Convertible

- V-8
 - AT, PS, PB
 - Power Windows & Locks
 - Cassette
 - Tilt Cruise
- ST#1164492
(Graduation Special)

\$14,591

1992 F150 Supercab



- 139" Wheel Base
- Cloth Trim
- 351 CID V-8 EFI
- Electronic 4 Speed Automatic
- P235/75RX15XL Radials
- 3.55 Axle Ratio
- Air Conditioning

- Tilt Steering Wheel
- Speed Control
- Chrome Swing-A-Way Mirrors
- AM/FM Stereo Cassette with Clock
- Forged Aluminum Wheels

ST#2171521



MSRP	18,396
FACTORY DISCOUNT	<806>
WF DISCOUNT	<1,411>
REBATE	<400>
SALE PRICE	15,779

YOU SAVE \$2,617

1991 F250 Reg Cab

- 133" Wheel Base
- XLT Lariat Trim
- Chrome Swing-A-Way Mirrors
- LT & Conv GP
- AM/FM Cassette/Clock
- Speed Control/Tilt Wheel
- Air Conditioning
- Power Windows & Locks
- 7.3 Diesel V-8
- 4 Speed Automatic Trans
- 4:10 Axle Ratio
- Deluxe Two-Tone Paint
- LT235/85RX16E Tires with Spare
- 5th Wheel
- 8" Chrome Bumper
- Bed Mat
- Demo with 1500 Miles

MSRP	21,980
Factory Disc	1,000
WF Disc	3,581
Rebate	400

Sale Price 16,999

1992 F250 Supercab



- 155" Wheel Base
- XLT Lariat Trim
- Light & Convenience G.P.
- Speed Control
- Tilt Steering Wheel
- Air Conditioning

- Power Door Locks & Windows
- AM/FM Stereo Cassette with Clock
- 7.3L Diesel V-8
- Heavy Duty 5 Speed transmission
- LT 235/85RX16E BSW Tires
- Spare Tire & Wheel
- 4:10 Axle Ratio
- Trailer Towing Package
- Sliding Rear Windows
- Chrome Swing-A-Way Mirrors
- Cloth Captain Chairs
- Bodyside Two-Tone Paint

ST#2192261



MSRP	24,454
FACTORY DISCOUNT	<1,750>
WF DISCOUNT	<2,305>
REBATE	<400>
SALE PRICE	19,999

YOU SAVE \$4,455

1991 Escort GT

- Cayman Decor Pkg.
- Cloth Bucket Seats
- Rear Window Defroster
- Air Conditioning
- Tilt Steering Wheel
- Speed Control
- Tachometer Instrumentation
- 1-8L DOHC 4 Cyl
- Automatic

ST#1138240

MSRP	14,236
Factory Disc	744
WF Disc	2071.76
Rebate	750

Sale Price 10,670.24

1992 Exporer



- 4 Door
- 4 Wheel Drive
- Cloth Captain Chairs
- XLT Trim
- Air Conditioning
- Deluxe Tape Stripe

- Electronic Premium AM/FM Cassette/Clock
- 4.0L EFI V-6
- 5 Speed Manual Overdrive
- P235 Owl All Terrain Tires
- Performance Axle
- Trailer Towing Pkg
- Luggage Rack
- Power Windows & Locks
- Tilt Steering Wheel
- Speed Control
- Rear Windows Wiper/Washer
- Privacy Glass

ST#2102091



MSRP	22,072
FACTORY DISCOUNT	<600>
WF DISCOUNT	<1,564>
SALE PRICE	19,908

YOU SAVE \$2,164

1991 Tempo GL

- 4 Door
- Cloth Bucket Seats
- Automatic Transmission
- Air Conditioning
- Power Lock Group
- Electric Mirrors
- Tilt Wheel
- Poly Cast Wheels
- Rear Window Defroster
- Light Group
- AM/FM Cassette/Clock
- Speed Control
- Deck Lid Luggage Rack
- More

ST#1130270

MSRP	13,000
Factory Disc	1,200
WF Disc	1,692
Rebate	400

Sale Price 9,708

WHITEFACE
Ford-Lincoln-Mercury

HEREFORD
HWY 385

364-2727

Hereford



JUNIOR WINNERS....Four students from Friona Jr. High won first place in their divisions at the Regional Science Fair. Standing are (l-r) Justin Jeter and Jason Slagle. Seated are Julie Goddard and Mary Cass.



ASSEMBLY TIME....Danny Black of the Friona Noon Lions, and Sam Mears of the Evening Lions are shown assembling push brooms during Thursday's broom and mop sale at the City Park.



OUTDOOR SHOP....Ann Gee is shown looking at the merchandise, while Lions Club member Porter Roberts totes up a sale, during Thursday's Lions Club broom sale at the Friona City Park.

Putman Rites Are Saturday

Delbert D. Putman, 65, of Friona, passed away Wednesday, April 15, 1992 at the Veterans Hospital in Amarillo at 12:15 p.m.

Funeral services were scheduled for two p.m. Saturday, April 18, 1992 at the First Baptist Church of Friona. Burial was to be in Friona Cemetery under direction of Ellis-Blackwell Funeral Home.

Putman was born in Muse, Oklahoma and moved to Friona 25 years ago. He served in the U.S. Army during WWII and married Christiane Tissiere in Rheims, France on September 28, 1946. He was a member of the American Legion and the VFW.

He was preceded in death by his wife, Christiane.

His survivors include two sons, Jimmy D. and Daniel Putman of Friona; two daughters, Nancy Jackson and Shirley Wimberley, both of Clovis, New Mexico; four brothers, Cecil and Joe Putman, both of Muse, Oklahoma, Frobin Putman of Kodiak, Alaska, and Jim Putman of Rowland, Oklahoma; two sisters, Corine Smith of Muse, Oklahoma, and Daphne Dehart of New Beaver, California; plus three great-grandchildren.



JUST RESTING...."Boo," the 3-1/2 ton Indian elephant, takes a rest after giving local children rides during the appearance of the King Royal Bros. Circus here Tuesday.

Parmer County R.C. & D. Elects Officers

An organizational meeting of the Parmer County Resource Conservation and Development was held on April 7, 1992.

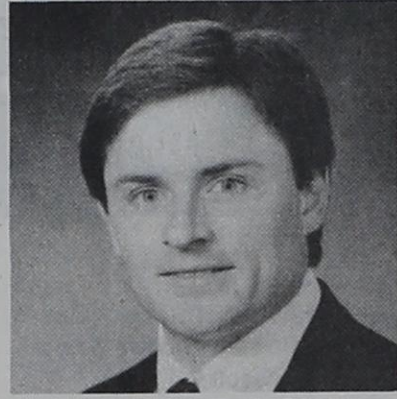
Thomas Reed (SCS) reviewed the history, dues, and sponsors with the group. Officers who were elected at that time are: President Pam Miller of Lazbuddie; Vice-president Bill McCoy of Friona; Secretary-Treasurer Jacquelyn Ryan of Friona.

Pam Miller will also act as the Representative to the Area Council and Robert White of Farwell will serve as Alternate. The Area Council is the High Plains R.C. & D.

The next meeting of the Parmer County R.C. & D. will be on May 7 at 7:30 p.m. at the Friona City Hall. Sponsors will bring written proposals for consideration.



ELUSIVE EGG...A lone egg hunter got behind her friends during Wednesday's egg hunt at City Park.



J. Mark Fancher Is Golden Oval Top Salesman

Twenty-five top sales representatives from the United States and Canada will be honored for their outstanding 1991 sales achievements.

J. Mark Fancher, Davis + Geck No. 1 Salesman of the Year, will represent the Houston/Southern Area. Friday, March 27, an awards dinner-dance at The Plaza, New York City, will highlight the festivities.

This occasion will mark Cyanamid's 34th Golden Oval celebration. Over the years, more than 800 employees have been honored.

William A. Liffers, vice chairman of American Cyanamid Company, will serve as official host. George Sella, Jr., chairman of the board and chief executive officer, will deliver the keynote address in addition to presenting the winners with their awards.

Baby Girl Is Added By Local Couple

Mr. and Mrs. Jim Murphree of Friona became the parents of a new baby girl born Wednesday, April 15, 1992 at Deaf Smith General Hospital in Hereford.

The new baby is named Anna Grace and weighed eight pounds, two and one-half ounces. She was 22 inches long.

Anna Grace has three older sisters; Amy, age 7; Brenda, age 5; and Staci, age 3.

Her grandparents are Mr. and Mrs. Curtis Murphree of Friona, and Mr. and Mrs. Percy Parsons of Dimmitt. A great-grandmother, Madel Aday, lives in Dimmitt.

**Announcing
New Opening!**

Munchener Stadt
German and American Restaurant

.....

We will be open
Easter Sunday
11 A.M.-2 P.M.
(MDT)

.....

**Buy One,
Get One
Half Price!!**

600 Pile Street Clovis, N.M. 505-762-3838

9-1-1 IS HERE, WHERE ARE YOU?

- ▶ DO YOU LIVE IN A RURAL AREA?
- ▶ IS YOUR ADDRESS A ROUTE OR BOX NUMBER?
- ▶ HAVE YOU RECENTLY MOVED TO THE AREA?
- ▶ HAS YOUR TELEPHONE NUMBER RECENTLY CHANGED?
- ▶ DO YOU HAVE MORE THAN ONE TELEPHONE NUMBER?

If you answered "YES" to any of the questions above, law enforcement, fire and emergency medical professionals may not be able to find you in an emergency.

Please take a moment to fill out the questionnaire below or stop by city or county offices and pick up a brochure with a postage paid questionnaire.

9-1-1 INFORMATION FORM

Please complete the following questionnaire for each telephone number.

Telephone Number: _____ Class of Service: _____
(Business, Residence, Mobile, Coin)

Name: _____

Mailing Address: _____

City: _____ County: _____

Location (Rural residents should give directions from nearest city using exiting highway intersections as landmarks):

Comments (Provide any information emergency personnel should know about the location, such as health problems, guard dog, locked gate, etc.): _____

Please mail the completed form to: Panhandle Regional 9-1-1 Network, P.O. Box 9257, Amarillo, Texas 79101-9257

**EASTER
EGG HUNT**

2 P.M., Sunday, April 19

Friona Roping Arena

FREE For The Children Of Friona

**PRIZE EGGS AND GRAND PRIZE EGG
IN EACH AGE GROUP**

FOUR AGE GROUPS:

Ages 1 & 2	Ages 6 to 9
Ages 3 to 5	Ages 10 to 12

Sponsored By:
FRIONA RIDING CLUB



REGIONAL-BOUND....Friona High School qualified a singles player and a doubles team for the regional tennis tournament. Kris Hamilton (standing) qualified in singles. Tena Willard, left, and Gena Willard, the Squaws' doubles team, also advanced.

FHS Netters Qualify For Regional

Friona High School's tennis team qualified two individuals and two doubles teams for regional competition at the District 2-3A tournament held April 10-11 at Texas Tech in Lubbock.

Arturo Perez won the boys singles tournament, and the Chieftain doubles team of Mark Outland-Nathan Scott won the doubles event.

In the girls' division, Kris Hamilton qualified for regional by placing second in singles, and the doubles team of Tena Willard-Gena Willard likewise placed second.

Perez, Outland, Scott and Miss Hamilton all participated in the regional tennis tournament last season.

Otherwise, the boys' varsity doubles team of Koby Rogers-Jon Goddard placed third; and the girls' doubles team of Christy Ichtertz-Trisha Gibson placed fourth.

In junior varsity action, the boys' doubles team of Jason Rector-Josh Snead placed fourth, and the girls team of Tonya Stovell-Lana Fangman placed second.

The regional tennis tournament will be held April 29-30 at Odessa College. District results were as follows:

Varsity boys singles: Arturo Perez def. Kyle Watts, Littlefield, 6-0, 6-0; Perez def. Mike Howard, Tulia, 6-0, 6-0; Perez def. Arturo Ortega, Dimmitt, 6-0, 6-0 (finals).

Varsity boys doubles: Mark Outland-Nathan Scott def. Bond-Parmer, Littlefield, 6-1, 6-1; Outland-Scott def. Wilson-Kenmore, Muleshoe, 6-0, 6-0; Outland-Scott def. Langford-Patel, Dimmitt, 6-4, 6-1 (finals). Jon Goddard-Koby Rogers def. Hernandez-Vaught, Littlefield, 6-2, 6-2; Langford-Patel, Dimmitt, def. Goddard-Rogers, 7-6, 6-3; Goddard-Rogers def. Wilson-Kenmore, Muleshoe, 10-8 (third place).

Varsity girls singles: Kris Hamilton def. Amy Padilla, Littlefield, 6-0, 6-1; Hamilton def. Amanda Odom, Dimmitt, 6-4, 6-1; Adrian Blackburn, Dimmitt, def. Hamilton, 6-2, 6-2 (finals). Renee' Martin def. Keshia Nolen, Tulia, 6-1, 6-0; Adrian Blackburn, Dimmitt, def. Renee' Martin, 6-4, 6-2; Amanda Odom def. Martin, 6-4, 3-6, 7-5 (third place).

Varsity girls doubles: Gena Willard-Tena Willard def. Grand-Matthews, Dimmitt, 6-1, 6-3; Willard-Willard def. Poole-Lipham, Floydada, 6-2, 6-1; Kenley-Axtell, Dimmitt, def. Willard-Willard, 6-2, 6-4 (finals). Trisha Gibson-Christy Ichtertz def. Charlton-Heard, Littlefield, 6-1, 6-3; Poole-Lipham, Floydada, def. Gibson-Ichtertz, 6-1, 6-2.

Courthouse Notes

Instrument Report Ending April 3, 1992, County Clerk's Office, Parmer County, Texas, Bonnie Warren, County Clerk

WD, Carroll Ray Precure, Mor-Shel Co., the N 1/2 of the E/272.84 acres of Sec. 104 and W 1/2 of Sec. 105, Blk. "H," Kelly Sub.

WD, Dean H. Smith, Billy D. Smith, Lot 15, Eastview Add., Bovina

WD, Fern W. Barnett, James Wesley Barnett, et al, the S/552 acres of Sec. 29, TIN;R5E

WD, David Snider, Jimmy Meeks, all of Lots 1, 2, 3, 4, 5 and 6, Blk. 30, OT Farwell

WD, Thelma Hutson, Donald R. Carthel, Tract 31, Blk. 1, Western Add., Friona

WD, Pearl C. Howard, Abrahm L. Burrow, all of Lot 3, Blk. 24, OT Friona

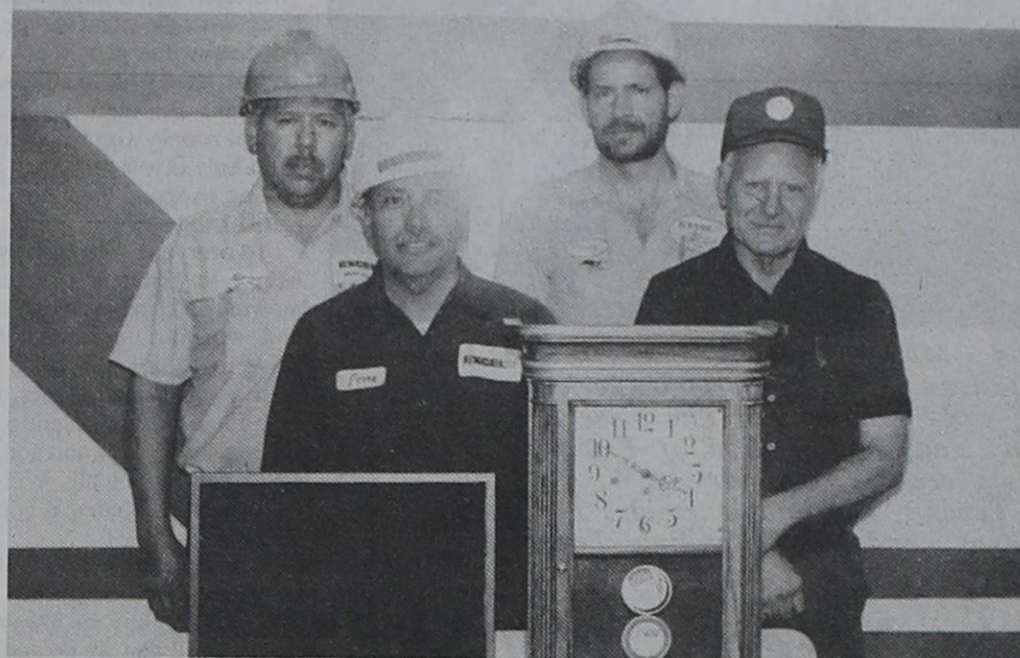
WD, Flagg Fertilizer and Chemical Co., Inc., Fred H. Kuntz, all of Sec. 7, Kelly Sub.

Deed, Michelle Treider, Russell R. Treider, a 2.0 acre tract out of the SE 1/4 of Sec. 10, Doud & Keefer

MARRIAGE LICENSES

Luis Sotelo-Darlene Pena; Joe E. Limbaugh-Jeanne A. Rogers; Robert R. Johnson-Tammy L. Drake; Thomas Michael Stanley-Toni Louise Keith; Larry Ray Null-Katherine S. Bradley.

CONGRATULATIONS TO OUR EMPLOYEES TENURE AWARDS WERE PRESENTED BY EXCEL



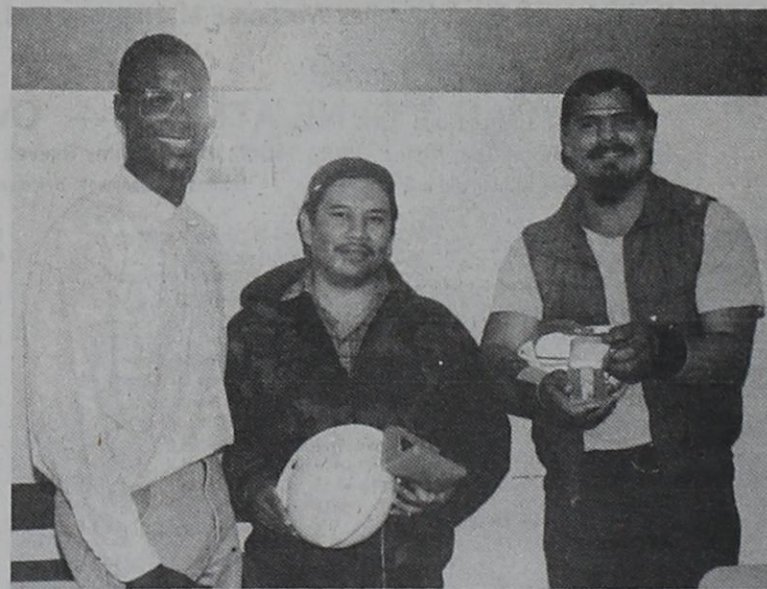
TWENTY-YEAR AWARDS....Four Excel employees were recognized for 20 years' service at a ceremony Thursday. In the back are Ray Martinez, supervisor making the presentation, and Jerry Landrum. In front are Geronimo Dominguez and James Pope. Not present was Daniel Saiz.



TENURE AWARDS....Among the Excel employees who received awards for ten years service were (back row, l-r) Rosa Castillo, Diamond Perez and Virgie Demaray, and (front) Rodney Shelby and Raymond Guerro.

20 YEARS SERVICE:
James Pope
Geronimo Dominguez
Jerry Landrum
Daniel Saiz

10-YEARS SERVICE
Rosie Castillo
Mary Caballero
Francisco Acosta
Diamond Perez
Horacio Flores
Ramond Delgado
Virgie Demaray
Jesus Mendoza
Rodney Shelby
Raymundo Tabares
Adam Quintana
George Guillen
Joe Perez
Noel Romero



FREDDY FRANKLIN of Excel (left) is presenting 10-year awards to Domingo Vasquez and Noel Romero at Thursday's ceremony.



HONORED.....Gilbert Martinez, right, was honored as Quality Employee of the Month by Excel, and received a jacket for his efforts. Making the presentation is Dave Stafford, Human Resources Manager.



EXCEL
CORPORATION
FRIONA, TEXAS

CONSIGNMENTS WANTED

Call
JOHNNY TANNAHILL

Need Tractor and Farm Machinery for
Consignement Auction in March
Call 247-3336 or 265-7022

17-tfnc

ONE LESS THING TO WORRY ABOUT.

Look into Long-Term Care Insurance from Edward D. Jones & Co.

At Edward D. Jones & Co., we understand the importance of building financial security and know you don't want to take chances with your hard-earned savings. That's why we believe long-term care insurance is so important. It protects your savings from the financial burden of a long-term illness or nursing home stay.

Don't take chances with the savings you've worked hard for, call your Edward D. Jones & Co. Investment Representative today for details on long-term care insurance.

Call or stop by today: 1-800-755-4104

IKE STEVENS
Investment Rep.

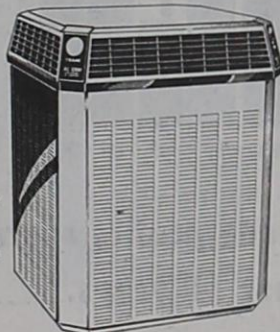
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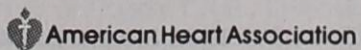
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MR. and MRS. ROBERT UNDERHILL....Stacie Ann Dodson and Robert Underhill exchanged wedding vows January 6. The bride is the daughter of Conny and Keta Dodson of Friona. Parents of the groom are Mr. and Mrs. A.W. Underhill III of Dallas, Texas. The couple resides in Ransom Canyon, Texas, and are attending Texas Tech University.

Club Meets, Lines Up 1992 Activities

The Friona Riding Club held the first meeting of the year on Saturday, April 11 in the club house at the arena.

A spaghetti and salad supper was enjoyed by all present.

The business meeting followed with the election of officers being first on the agenda. Officers are Randy Highsmith, president; Joe Mueller, vice president; Frances Parvin, secretary-treasurer; and Carol Zetzsche, reporter.

Hospital Report

Parmer County Community Hospital, Friona--Rosa Roberts.

Deaf Smith General Hospital, Hereford--Rhonda Murphree and Anna Grace Murphree.

St. Anthony's Hospital, Amarillo--Jo Blackburn.

High Plains Baptist Hospital, Amarillo--Dean Blackburn, Lewis Gore and Mike Pavalus.

The Playnights will be held again this year but will start two weeks earlier than before. Starting date will be June 27 at 7 p.m.

There will still be the three age groups in the Playnights--nine and under, 10-14 and 15-19.

Those present were Mark Lundy; Joe and Marlene Mueller; Guy, Sally, Nick and Danny Worthington; Randy, Patsy and Michelle Highsmith; Dudley, Sue and Stacy Field; Randy Weatherly; Raygana Treider; Carol Zetzsche and J.C. and Frances Parvin.

Letter To The Editor

To Whom It May Concern:

Friona Kids, Inc. Baseball program is a summer activity made possible to any kids who wish to participate. It is organized and maintained strictly by people who volunteer their time and effort for the program.

We are affiliated with the Pony Baseball League and play by their rules and regulations. We include every player who registers and give them an opportunity to determine their fondness for the game and to give them the chance to learn the basic skills the game requires.

Most of the people actively involved have kids who are in the program. But there are some very special people who help that do not have kids involved. They are just willing to spend their time and effort helping others.

To everyone who has any part in helping--whether it be organizing, mowing and hoeing weeds, cleaning and working in the concession stand, coaching, bringing kids to their practices and games, helping with fund raising, ordering and repairing shirts, caps and equipment, etc., we thank you all. With everyone working together it is possible for the kids.

This summer we have 184 kids registered to play baseball. To the best of our ability we always try to be fair in all that we do and the decisions that are made. We regret that no matter how hard we try, we cannot always please everyone. Teams are divided as evenly as humanly possible by ability, race, sex and age. We strive to have close competitive competition for each team and hope that each player will learn from their experience and enjoy the game. We have no intention to discriminate against anyone.

One thing we would like to clarify and explain is the \$15.00 registration fee. This money is used to buy the players' shirts, caps, insurance and awards. Also, we have Pony League affiliation dues, and there is no profit from this registration.

One very important part of this program is the businesses and individuals who donate and help sponsor with the funding to make this all possible for the kids in Friona. This is just a small thanks to all of you, knowing that you deserve

much more appreciation and recognition than is usually given.

Because of the support from these businesses and individuals, we are able to buy the team suits, equipment, upgrade and maintain the facilities that we have, and in tournament play this helps provide the funding necessary for these teams.

We are always glad to have any suggestions to improve the program and any volunteers are welcome to help with those suggestions. The games will be starting in May so come on down and watch the kids.

Friona Kids, Inc.
Raymond Hamilton, President

GOOOOOL!

Primero que nada felicidades a las personas que celebraran su cumpleaños este mes. Entre ellas tenemos a: Esmerelda Rodriguez, Albert Chico, Minnie Aguirre, Ninfa Leal, Procoro Rodriguez y Abel Camarillo. Les deseamos a todos ellos y ellas muchos años de bienestar.

Deseamos tambien felicidades a los negocios que estan ayudando a nuestro equipo de Soccer. Por lo pronto tenemos a la tienda de comida "D.L.'s" que segun por alli dicen que se comprometio con una buena cantidad para demostrar su apoyo a la gente del pueblo. Tambien nuestro vecino Daniel Padilla se comprometio a hacer una de las porterias, esperamos que algunos otros "Weldeadores" se comprometan hacer la que falta. Claro que nuestro amigos de "Lucky's Tire" no se quedo atras tampoco sino que quizo participar en esta causa tambien donando dinero.

Y no es que los donantes tengan dinero de sobra, nadie lo tiene. Sino es el hecho de ayudar y sentirse parte de lo que somos: una sociedad que nos necesitamos de uno al otro. Como dice el dicho mexicano "Hoy por ti, manana por mi." Aun no se ha llegado a la meta que la organizacion de Soccer se ha propuesto, aun se necesitan muchas cosas asi que tu ayuda sera de mucha utilidad. De parte del equipo y de la Directiva ya les damos las gracias a los que estan ayudando.



MARY ALEECE ABSTON and JACKIE LA-FUENTE....Mr. and Mrs. H.T. Abston announce the engagement and approaching marriage of their daughter, Mary Aleece Abston of Lubbock, to Jackie Lafuente of Friona, son of Alfredo and Bertha Lafuente of Friona. The couple will exchange wedding vows Saturday, May 9 at the Memorial Baptist Church. The bride-elect is a graduate of Monterrey High School in Lubbock and attended South Plains College, Levelland. The prospective bridegroom is a 1989 graduate of Friona High School and attended Texas Tech University, Lubbock.

IF YOU DIAL 9-1-1:

- ▶ STAY CALM.
- ▶ STATE YOUR NAME.
- ▶ STATE YOUR EMERGENCY.
- ▶ STATE THE LOCATION OF THE EMERGENCY AND THE PHONE NUMBER FROM WHICH YOU ARE CALLING.



AUCTION

Thursday, April 23, 1992 — Sale Time: 10:00 a.m.

LOCATED: From Sudan, Texas, 7 miles West on F.M. Highway 298; OR From Needmore, Texas, 7 miles East on F.M. Highway 298.

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The following will be sold at Public Auction. — Limited Consignments Welcome, Please No Small Items.

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- 1-1968 John Deere 4020 Diesel Tractor, Eggging Cab, D.H. Weights, 18.4x34 Rubber
- 1-1967 John Deere 4020 Diesel Tractor, Eggging Cab, S.H. Weights, 18.4x34 Rubber
- 1-Ford 9N Gas Tractor, W.F., 3 pt., (Needs Repair)

TRUCK, GRAIN CART, MOBILE HOME —

- 1-1958 Chevrolet S.A. Grain Truck, 283 Engine, 4 Speed 2 Speed, 16" Bed
- 1-Caldwell 400 Bushel Grain Cart
- 1-Westchester 56' Mobile Home, Fire Damage, Salvage

EQUIPMENT —

- 1-Hamby 8 Row Disc, B.S.B., 2 Sets G.W.
- 1-John Deere 400, 8 Row Rotary Hoe
- 1-John Deere 400, 6 Row Rotary Hoe
- 1-Bigham Bros. 8 Row Rowweeder Rig, S&S T.S.B. Tool Carrier, 2 Sets Gauge Wheels, 1,000 R.P.M.
- 1-Simpson 3 pt., 8 Row Stalkcutter
- 1-Hamby 6 Row Cultivator, D.S.B., G.W.
- 1-D.T.B. 3 pt., 8 Row Cultivator, G.W.
- 1-D.T.B. 3 pt., 7 Row Lister, G.W., Hydraulic Row Markers
- 1-John Deere 70 Fine Planters Mounted On D.T.B., G.W.
- 1-John Deere 8 Row Lister Planter, (Metal Boxes)
- 1-John Deere 4 Row Lister Planter
- 1-International 6 Row Lister Planter
- 1-Phares & Wilkins 6 Row Scratcher Rig
- 1-John Deere 707, D.T., 4 Row Shredder
- 1-Big Ox Ind. 800, 3 pt., 8' Blade, C.C.
- 1-Eversman D.T. V.Ditcher
- 1-Krause 21' Folding Tandem Disc
- 1-Krause 15' Offset Disc
- 1-International 120, 20 Oneway
- 2-Krause 15' Oneways
- 2-Hamby 9 Shank Deep Rippers, G.W.
- 1-Roll-A-Cone 15 Shank Chisel/Sweep Plow, G.W.
- 1-Towner 4 1/2' Spinner Mouldboard

- 1-John Deere 825, 4 1/2' Spinner Mouldboard
- 2-Oliver 3 1/2' Spinner Mouldboards
- 1-International 314, 3 1/2' Spinner Mouldboard
- 1-S.M. 3 Bottom Mouldboard Packer
- 1-S.M. 3 pt. Disc Ditch Filler
- 5-Noble Lift Mulch Harrow Units, (1-6; 2-7; 2-8)
- 1-Phares & Wilkins D.T., 27 Row Sandfighter
- 2-Phares & Wilkins D.T., 17 Row Sandfighters
- 2-Great Plains D.T., 17 Row Sandfighters
- 1-John Deere D.T., 6 Section Gang Rotary Hoe
- 1-John Deere DR A 16-10" Grain Drill
- 1-John Deere VB 16-10" Grain Drill
- 2-Graham D.T., 14' Hoemes
- 1-S.M. P.T.O. Posthole Digger
- 1-Large Lot Antique & Old Implements, (1, 2 & 4 Row)

IRRIGATION —

- 1-4" Turbine Pump, 107' Setting, (Includes Column Pipe, Tubing & Shalting)
- 1-7/8" H.P. Vertical Hollow Shaft Electric Well Motor, (3 Phase)

SPRAY EQUIPMENT —

- 1-Lee Lady Bug 3 Wheel Spot Sprayer, 5 H.P. B&S Engine, 12 Volt Pump
- 1-Wylie D.T., 300 Gallon Poly Tank Sprayer
- 1-300 Gallon Poly Spray Tank With Saddle
- 1-Front Mount 300 Gallon Poly Spray Tank
- 1-PMC Front Mount 8 Row Ropewick
- 1-8 Row Spray Boom
- 1-Ace P.T.O. Sprayer Pump
- 1-Dempster 2 Wheel Sprayer Chassis

TRACTOR & TOOLBAR MAKEUPS —

- 1-Set 18.4x38 Snap-On Duals
- 2-Sets 18.4x34 Snap-On Duals
- 2-Sets 16.9x34 Snap-On Duals
- 1-Set 15.5x38 Snap-On Duals
- 1-18.4x26 Tire
- 7-Knifing Heads
- 1-Set Hamby 8 Row Hydraulic Folding Row Markers
- 1-Lot Various Size Shanks & Clamps
- 10-John Deere Insecticide Boxes, (No Rust)
- 1-Lot Wheel Weights
- 1-Lot Busters, Sweeps, Knives

COTTON STRIPPER, TRAILERS, TANKS —

- 1-John Deere 283, 2 Row Brush Cotton Stripper, Basket

- 2-NICO 20' O.F. Metal Cotton Trailers
- 6-4 Wheel Trailer Chassis, (John Deere, Conby, Truck Chassis)
- 1-S.M. 32' Lowboy Implement Trailer
- 1-S.M. 18' Triple Axle Flatbed Implement Trailer
- 1-Pickup Bed Trailer With Hoist Rack
- 1-1,000 Gallon Round Poly Tank, (New)
- 1-1,000 Gallon, T.A. Water Trailer, With Pump & Motor
- 1-500 Gallon Propane Tank/Trailer
- 1-2 Wheel Pipe Trailer

LIVESTOCK & NON-CLASSIFIED —

- 1-Jet P.T.O. Wire Roller
- 1-Lot Electric Fence Posts & Wire
- 1-Miller Roughneck Portable Welder, Kohler Engine
- 1-John Deere Hi Pressure Washer
- 1-Lot Various Size & Length Pipe
- 1-Franklin Pickup Camper Shell, (L.W.B.)
- 5-19514 Tires & Wheels, (Nearly New)
- 1-Lot Items Too Numerous To Mention

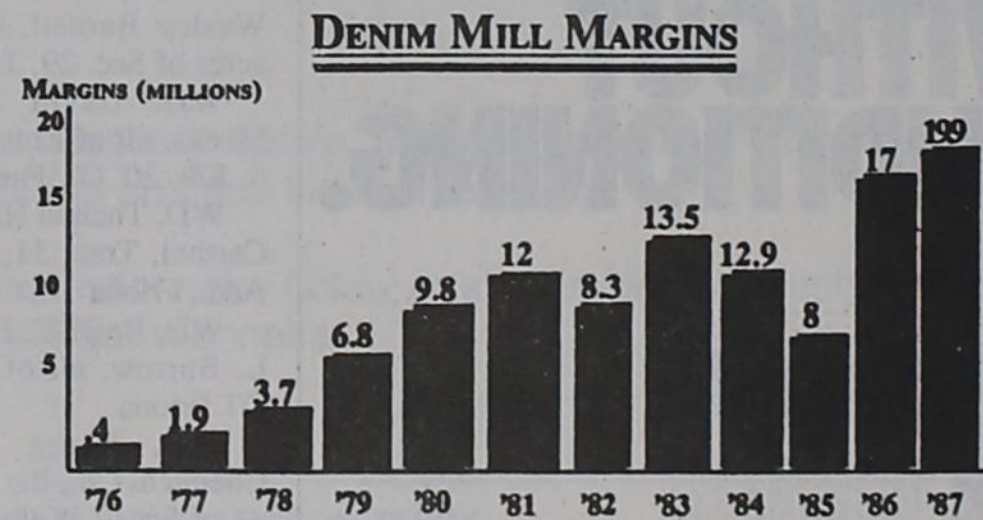
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MR. COTTON FARMER....

THE PLAINS COTTON COOPERATIVE ASSN. (POOL) IS OPEN DURING THE MONTH OF APRIL.



This year, growers have new options, such as the Mill Option and Pool Option to consider. We will be happy to explain these options to you.



The Co-op's Denim Mill has made profits averaging \$9 million per year for the past 12 years.



Farmers can get in or out of the cotton pool each year in April. Give us a call, or come by the gin for details.

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Lunch Will Be Available



TONYA CHRISTINE JORDAN and CHARLES THOMAS VEAZEY....J.D. Jordan of Plano, Texas and Mrs. Phyllis Landrum of Lubbock announce the engagement and approaching marriage of their daughter, Tonya Christine Jordan, to Charles Thomas Veazey, son of Mr. and Mrs. C.H. Veazey of Friona. They will exchange wedding vows Saturday, May 30 at the Lubbock Munciple Arts and Garden Center Rose Garden. The bride-elect is a graduate of Friona High School and Texas Tech University. The prospective bridegroom is also a graduate of Friona High School and Texas Tech University. The couple will reside in Lubbock, Texas.

Happy Birthday Friona Folks.....

Week of April 19-25
Friona residents having birthdays next week are:

April 19--Danny Campbell, D'Aun Sisson, Karene Bass, Jason Floyd, Clint Hand, Monica Lynn Davis, Eli Gonzales.

April 20--Louis Pederson, Ronnie McLellan, Twyla Roth, Beverly Ingram, Peggy Martinez, Michael Chaney.

April 21--Rex Bracken, Dempsey Jordan, Jean Hartwick, Vanda Milloy, Louis Pederson.

April 22--Sandy Spring, Hayley Herring, Stephen Thornton, Stan Miller, Melva Rule Short, Carl Martin, Andy Carthel.

April 23--Troy Bass, Derek Allen, Daniel Rios, JoAnn Berend, Mike Styles.

April 24--Evelyn Hart, Lucretia Bracken, Kade Kent, Trista Hand, Bill Nichols.

April 25--Alison Lea Hardgrove, Levi Landrum, Darrell Roth, Mike Riethmayer, Felicia Nicole Florez, David Woodruff.

If you or someone in your family has a birthday coming up

soon, call the Friona Star at 247-2211 by Wednesday noon and report it.

Club Meets At Business

Friona's Modern Study Club held a "healthy and happier" meeting last week at the Quiltin' Block in Friona.

Hosting the meeting was Pat Fleming, who demonstrated exercise equipment at the establishment, and Varla Wilcox showed club members about quilting and crafts.

During the business session the chairman reported on the recent Caprock District convention in Lubbock. Friona brought home eight first places on its programs and projects, as well as several second and third-place awards.

Delectable refreshments of health foods and a fruit plate were served by Mrs. Fleming and Mrs. Wilcox.

Gerry Taylor closed the club meeting with the club collect.

This has been an event-full week! Of course, taxes were due for a lot of us, Tuesday was the end of basketball and the beginning of baseball season for the young ones, then this was also National Garden Week and maybe many of you have your gardens started already.

My neighbor, Bill Burnam, said he had radishes up but hadn't had much luck getting any beets up. We usually start our garden in May or sometimes in June--and others are eating out of theirs when we're just planting.

This is also the week before Easter Sunday and a lot of families have different customs related to Easter. New church clothes for the kids, dying eggs and bunnies, chicks and going to grandparents' for dinner and the big egg hunt rate high around here.

Easter is late this year. It will be the year 2000 before it falls this late again. It will be on April 23 that year. Hope you have a nice Easter.

If you have been in the Friona Credit Union lately you have seen a new face among the employees. Teresa Buske is now working there as Dana Berend has left to work part-time at Hi-Pro and also for her dad on the farm.

D'Lynda Carr will be leaving soon also to do bookkeeping for her husband, Ricky's, trucking business and stay home with her little ones. Kim Dixon will be taking her place.

Saw Nelda Ellis at the grocery store this week--her and Mike's son, Guy, who attends Texas A&M, had surprised them by coming home for the weekend. He hadn't been home since Christmas so they were really glad to see him and he was happy to be home and hungry for some of mom's cooking.

He has had the great accomplishment of being accepted into Veterinarian School recently.

Weekend visitors for Ky and Lanis Graham and family was Lanis' sister, Janis, and her husband, Zane Polson, and daughter, Loran, of Lockney. They came down and played golf Saturday and Loran spent the day visiting her cousins.

Zane was one of the band directors here at Friona Schools for several years and he and Janis, who have both been teaching at Lockney have resigned as of the end of this school year and are planning to move near Dallas this summer where Janis will be working out of her home for the school district there and Zane plans to go back to college.

Out-of-town visitors for Marie and Cass and Lillie Mae and Richard Perkins and families were two of Cass and Richard's sisters, Inez Bratcher and her husband, Lloyd, from Dell City, Oklahoma, and Mildred Quinn from Hereford.

Cass celebrated his birthday on Sunday with a family dinner at he and Marie's home. Helping them celebrate were Darla and Rex Bracken, Cody and Julie, and Becky and Les Perkins, Cassey, Daniel and Adam.

Just learned this week about Les Perkins' interesting hobby. He has an assortment of five different exotic birds which include a cockatoo, a cockateel, a budgie parakeet, a real parakeet and a talking Amazon parrot. Les said he pulled the cover back on the parrot the other day and said "Good Morning" and the parrot quipped back "Good Morning."

Patsy and Wendell Gresham were in Hereford last Friday evening and kept their little grandson, Calob, while his parents went out for supper, then on Saturday, both families enjoyed a trip to Amarillo together.

Mrs. Peggy Johnson, who teaches first grade here, invited a panel of two men (dads of her students) to come to speak to her class on Wednesday about their jobs, services offered and schooling.

The ones on the panel were Tony Igo and John Baxter. Mrs. Johnson's goal was to impress on the students the value of getting a good education. I think the venture was enjoyed by all.

Glen and Carolyn Reeve enjoyed a trip to Cripple Creek, Colorado this week.

Noontime football fun got the best of Cliff Allmon this week at school when he got four ribs broken. His mother, Terri Bails, said he would have to keep his ribs wrapped for about six weeks.

Jo Blackburn underwent a triple bypass surgery last Tuesday in Amarillo's St. Anthony's Hospital. Her granddaughter, Lynn Hutson, reported she came through the surgery well.

Mark and Deirdre Osborn have a new baby boy named Aaron Tate. He has an older sister, Adrian. The proud grandparents are Joy Osborn and Beulah and Johnny Miller.

The Senior Citizens are planning a luncheon next Tuesday, April 21. They invite any who would like to join them to bring a covered dish and join in the fun. Games will begin about 10 a.m. An entertainment program is planned after the meal.

Found out more on the condition of Donna, daughter of Eva Lou and Floyd Rector, all former residents of Friona. The following letter is



DON CASH Honored By Texas Tech

Don Cash, a native of McLean, was one of four Texas Tech University graduates honored by the College of Engineering at the 26th anniversary Distinguished Engineer Awards Luncheon April 3 at the McInturff Conference Center on the Tech campus.

Cash is married to the former Kay Burleson, and is the son-in-law of Melba and T.I. Burleson of 1107 West Sixth Street, Friona.

By appointment of the Secretary of Energy, Cash serves on the National Petroleum Council. He is also a trustee of the Institute of Gas Technology. In 1990, he was honored as one of the charter members of the Texas Tech Industrial Engineering Academy. He has been listed among the Corporate Elite in *Business Week*, and highlighted in the leadership profile series of Delta's *Sky* magazine.

Cash serves as chairman of the board of Questar Corporation, as well as Chief Executive Officer and president. Some of Questar's subsidiaries include Mountain Fuel Supply Co., Questar Pipeline Company; Celsius Energy Company; Universal Resources Corp.; Questar Development Corp.; Questar Service Corp.; Questar Telecom, Inc.; Interstate Land Corp.; Questar TransColorado, Inc.; URC Canyon Creek Compression Co. and Questar Synfuels Corp.

Cash also serves on the board of directors of the American Gas Assn.; the Gas Research Institute; the Independent Petroleum Assn. of America; the Pacific Coast Gas Assn. and the Rocky Mountain Oil and Gas Assn. A community leader as well, he is on the boards of Zions Bancorporation and Zions First National Bank, and is chairman of the board of the Salt Lake Area (Utah) Chamber of Commerce. He is also a trustee for Southern Utah University, and a director of the Utah Coalition of Child Advocates.

Cash received his B.S. degree in Industrial Engineering from Texas Tech University in 1966. His first job was with Amoco Production Co. He joined Mountain Fuel Supply in 1976 and became vice president of exploration and drilling and later became president of Wexpro Company, a subsidiary.

Cash, his wife Kay, and their son Clay live in Salt Lake City, Utah.

from Eva Lou:

I would like to clarify your information about Donna, our daughter. Donna came within a breath of being paralyzed from her neck down. Thanks to the gentle care of the paramedics, she was handled properly after the wreck.

Donna's doctors at Methodist Hospital here in Lubbock put her in a "halo." This consists of a heavy plastic-fiberglass vest with steel rods going up to a steel band that encircles her head. There are a few screws through this and screwed into her skull, one over each eyebrow and one on each side of the back of her head. These screws must be maintained to keep 6-8 pounds of pressure at all times.

She will have to wear this "halo" from three to six months. She must be very careful not to fall or receive a hard bump. She has gone through some very severe pain.

It is uncertain when she will go back to work. She works with computers and her head is tilted slightly back so it will be very difficult for her. Donna was released from the hospital April 7 and flew to her home. She is under the care of a doctor in Hurst.

Jim and Rhonda Murphree have a new baby girl, named Anna Grace, I believe. She has three sisters, Amy, Brenda and Stacy.

It was a big week for Lester and Sylvia Roth. They had all four of their children together at their home for the first time in seven years. Oldest son, Kenneth, Tanya, and



daughters, Rebecca and Nadia, were here from Los Lunas, N.M. Oldest daughter, Myrna Adams, granddaughter Beverly Bentley, husband Danny, great-grandsons Chad and Bobby, great-granddaughter Danielle were present from Friona, along with grandson Timmy and wife Derenda of Austin.

The Roths' daughter Darlene Cole, husband Tom, granddaughter Tonya, grandson Clinton, granddaughter Trina and great-grandson Travis, were here from Yampa, Colorado. Great-granddaughter Krystal and her mother Tina were unable to attend.

The Roths' son Darrell and granddaughter Twyla and grandson Jeremy of Friona also were present.

Also, a cousin of Lester's, Twyla and Richard Ireland, spent the night. They were on their way to Otis, Colorado, after spending the winter in Yuma, Arizona.

Read this week about a judge that has a new way of prosecuting persons found guilty of robbery. In addition to their sentence, the judge allows the victims to go into the thief's home and take whatever they want up to a set amount.

The article said this method was working well not only to show the guilty party what it felt like to have his things taken but helped the victims get rid of some of their hostility, also.

June will be back next week and she would be glad if you would call her with all of your Easter visits and visitors.

SAVINGS JUST KEEP STACKING UP..

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Elementary, Junior High Lunch Menu

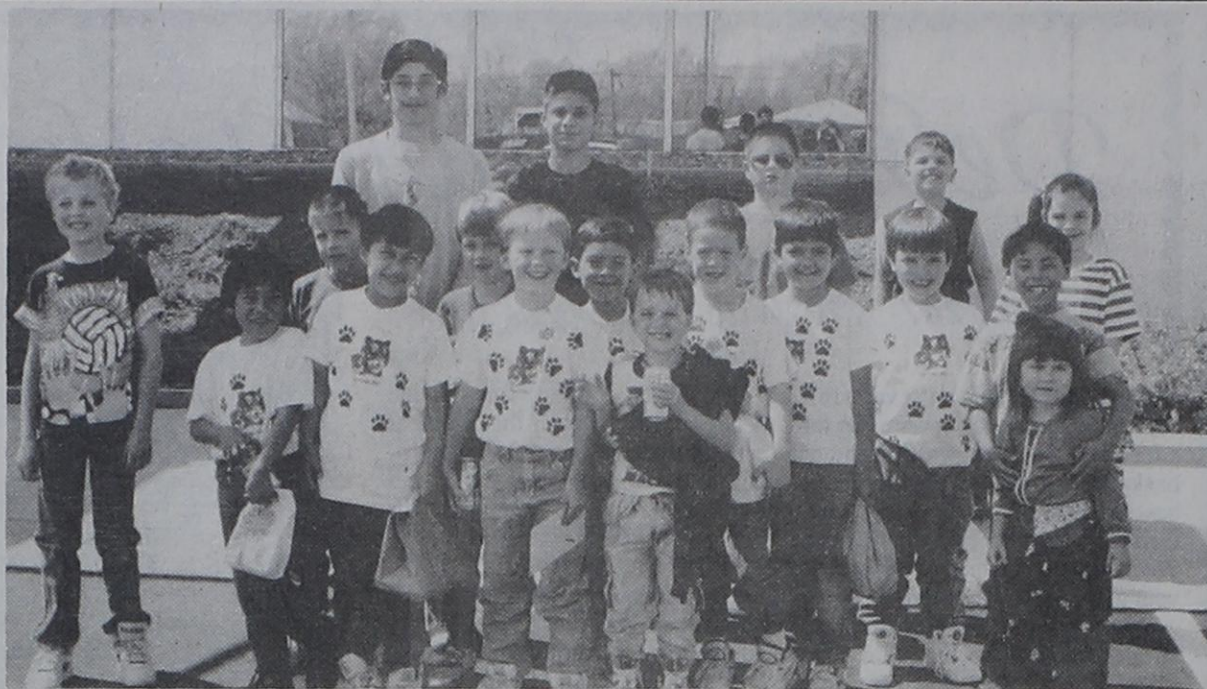
Week of April 20-24
MONDAY--no school, Easter holiday.

TUESDAY--charburger on bun, fries, lettuce, tomato, pickle, cookie and choice of beverage.

WEDNESDAY--taco pizza, pinto beans, salad with dressing, cake and choice of beverage.

THURSDAY--roast turkey, dressing, gravy, green beans, chilled fruit, dinner roll and choice of beverage (no sack lunches).

FRIDAY--spaghetti with meat sauce, green beans, chilled fruit, dinner roll and choice of beverage.



FIELD TRIP...The local Tiger Cubs toured KVII-TV's studio in Amarillo on March 28. David Green served as the tour guide. Making the trip were: (back row, left to right) Raymond Flores, Richard Flores, Cass Perkins, Adam Perkins and J'Mae Randolph; middle row: Daniel Perkins, Calvin Shields, Bruce Ramos, Adam Bandy, Eric Aguirre, T.J. Randolph and Christopher Ureste. Front row: Eric Shields, David Lopez, Marco Garcia, Steve Gustin, David Gustin and Kambree Davila.

Junior High Has Winners At Regional

Friona Junior High had a number of winners at the regional science fair at Amarillo College recently.

Jason Slagle placed first in environmental science; Justin Jeter placed first in medicine and health; Mary Cass and Julie Goddard placed first in biochemistry.

Michael Rodriguez and Yvonne Marquez placed second in the chemistry division; Mariah Scott placed second in the computer division; Britny White and Katy Weatherly placed second in the environment division.

Kristi Meyer placed second in physics; and Cully Schaefer and Clay Hurst placed third in microbiology.

Special awards were won by Justin Jeter, the Kodak Award, and by Clint Hand and Cobey Clark, the NASA award.

High School Lunch Menu

Week of April 20-24
MONDAY--no school, Easter holiday.

TUESDAY--chicken fried steak, mashed potatoes, gravy, corn, dinner rolls and choice of beverage.

WEDNESDAY--enchilada casserole, refried beans, Spanish rice, chilled fruit and choice of beverage.

THURSDAY--spaghetti with meat sauce, green beans, chilled fruit, Italian bread and choice of beverage.

FRIDAY--pizza, fries, salad with dressing, chilled fruit and choice of beverage.

FINANCIAL F.O.C.U.S

BY IKE STEVENS
 Edward D. Jones & Co.
 (See Related Adv. Below)

Are The Rich Getting Richer?

The rich are getting richer, and the poor are getting poorer. Right?

Not necessarily, says Dr. Thomas Sowell, an economist and senior fellow at The Hoover Institution in Stanford, California. We may just be getting the wrong impression from the Congressional Budget Office (CBO).

For example, \$184 billion in government welfare is not included in the CBO's calculations. "Food stamps, public housing and Medicaid are among the non-cash benefits that are left out," writes Dr. Sowell in a recent Forbes editorial.

In addition, capital gains are computed and reported incorrectly by the CBO, according to Sowell.

Then there's "household income." The fact that some households earn more because more family members work and bring home more income does not constitute a social inequity. However, the CBO treats it that way. The

total income of a household comprised entirely of wage-earners may be compared to the income of another household where no one works.

Finally, Sowell says that with an ever-changing mix of individuals labeled 'rich' and 'poor,' both groups put together are probably no more than 10 per cent of the population." His conclusions are based on a University of Michigan study that found that in a seven-year period, nearly half of the families in the top and bottom 20 per cent of the income bracket at the beginning of the study were no longer there at the end of the period. The chronically poor, "those in the bottom 20 per cent in income for the past eight out of 10 years," constitute only 3 per cent of the population.

From the amount of domestic policy targeted at this group, you might expect it to be much larger. The fact is, by relying on the CBO's "who's-rich-and-who's-poor" figures, no more than 10 per cent of the population is dictating policies that affect the other 90 per cent at any given time.



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IMPRESSIONS

CENTRAL PLAINS CENTER FOR MENTAL HEALTH, MENTAL RETARDATION AND SUBSTANCE ABUSE



CHAIRMAN

W.W. 'Woody' Allen
Chairman
Board of Trustees



ALLEN

Dear Friends,

Over the past 25 years I have seen thousands of people helped by Central Plains Center for Mental Health, Mental Retardation and Substance Abuse. It has been my personal pleasure and pride to be associated with this organization as the chairman of the board for 25 years.

I have seen it grow from a few hundred dollars to a current budget of close to \$6 million dollars and a major employer of a few people to 185. Without the support of this community we would not be considered in the top 5 percent of all community centers in the state.

Thank you for helping us. We could not be the fine center we are without your help. You are to be congratulated for the support you have given us over the years.

Thank you!

W.W. "Woody" Allen
 Chairman of the Board of Trustees

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Written, edited, photographed and graphicly designed by Phillip L. Hamilton for the Central Plains Center For Mental Health, Mental Retardation and Substance Abuse.

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ON THE COVER



KELLER

Lost Soul, an acrylic by Candace Keller, was created especially for the cover of Impressions. Mrs. Keller has been an assistant professor of art at Wayland Baptist University for 15 years. She holds a Bachelor of Fine Arts degree from Sul Ross State University, a Master of Arts degree from the Atlantic Institute of Art in Florida, and a Master of Fine Arts degree from Texas Tech University.

CENTRAL PLAINS CENTER

Curtis' Story

Independence is important to Curtis.

For the first time in his life, the 21-year-old man is enjoying being out on his own and helping himself.

Curtis received some limited skills training while he was a student at Springlake-Earth High School. However, the young man who is mentally retarded needed additional assistance when he obtained his apartment in Plainview.

In-Home Training provides the help he needs to be an active part of the community.

A trainer spends approximately six hours each week with the young man, providing assistance in meal planning, grocery shopping, meal preparation and other life skills.

Under the guidance of his trainer, Curtis has learned how to properly use appliances and he is currently learning to plan balanced, nutritional meals.

Because of the In-Home Training Program, Curtis is now an active part of the community. He is a contributor as he uses his skills in a living environment.

Central Plains MHMR is helping Curtis live a normal life.

A

At Central Plains Center for Mental Health, Mental Retardation and Substance Abuse the focus is on consumers — those individuals eligible to access the center's services and their families.

House Bill 3, which was passed in 1963, created the mental health and mental retardation system in Texas and started the modern-day drive toward community-based services for individuals suffering from mental illness, mental retardation or addiction to drugs or alcohol. Central Plains Center was one of the first community MHMR centers in the state.

Created in 1969, the center has been designed to work with the community to develop, provide and coordinate the delivery of services to the mentally ill, mentally retarded, developmentally disabled and substance abusers. The center's service area includes nine counties — Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Swisher and Parmer.

Services are designed to accomplish three goals — relieve serious problems, eliminate the causes and prevent relapse after recovery.

Fiscal year 1991 marked Central Plains Center's 23rd year of operation. The history of the center has been marked by growth in size and types of services. There are now services to help individuals of all ages who suffer from mental illness, mental retardation or substance abuse. The age of consumers stretches the life span. Central Plains Center touches lives.

According to Executive Director Rick Van Hersh, the mission of the center is "to provide help and hope to the peo-

ple of our catchment area who strive to overcome the problems and disabilities of mental illness, mental retardation and substance abuse."

He said the center accomplishes this mission by providing support, opportunities and resources to empower consumers to live satisfying, independent and productive lives and to enjoy the same rights, freedoms and responsibilities as other people.

According to Van Hersh, that is what community-based service is all about.

The executive director said Central Plains Center's staff shares these common values:

- Individual worth — "We affirm that the individuals we serve share with us common human needs, rights, desires and strengths. We celebrate our individual and cultural diversity."

- Quality — "We commit ourselves to the pursuit of excellence in everything we do."

- Integrity — "We believe that our personal and professional integrity is the basis of public trust."

- Dedication — "We take pride in our commitment to public service and to the care of the people we are privileged to serve."

- Innovation — "We are committed to developing an environment which inspires and promotes innovation, fosters dynamic leadership and rewards creativity among our staff, volunteers and the people we serve."

In striving to serve consumers while meeting these goals, Central Plains Center is demonstrating excellence that has caught the attention of not only consumers and the community but also MHMR professionals throughout the

state. During a recent visit to Plainview, the chairman of the board of the Texas Department of Mental Health and Mental Retardation said she was "super impressed" with the center.

"They are doing a wonderful job and are so creative in getting funds," said Ann Utley of Dallas, who was appointed chairman this year. "It is an exceptional program."

Ms. Utley had high praise for the way state funds are used by the center as she toured local facilities.

"This board is very creative and the community is very supportive," she said.

The gate to the services and resources offered by Central Plains Center is its Screening and Referral Department. Professional personnel evaluate the needs of each individual and refer him to the treatment component best suited to meet his needs. More information about screening and referral services is available by calling 296-2726.

Treatment is as diversified as the center itself with services to meet needs in mental health, mental retardation and substance abuse. Service is never rejected because of an individual's inability to pay for services.

The center's consumer fee policy is designed to charge reasonable fees for services according to the individuals ability to pay.

Central Plains Center is designed with consumers in mind. The focus is on care and treatment with emphasis given to helping consumers live comfortably in a community setting as they deal with the mental health, mental retardation and substance abuse issues in their lives.

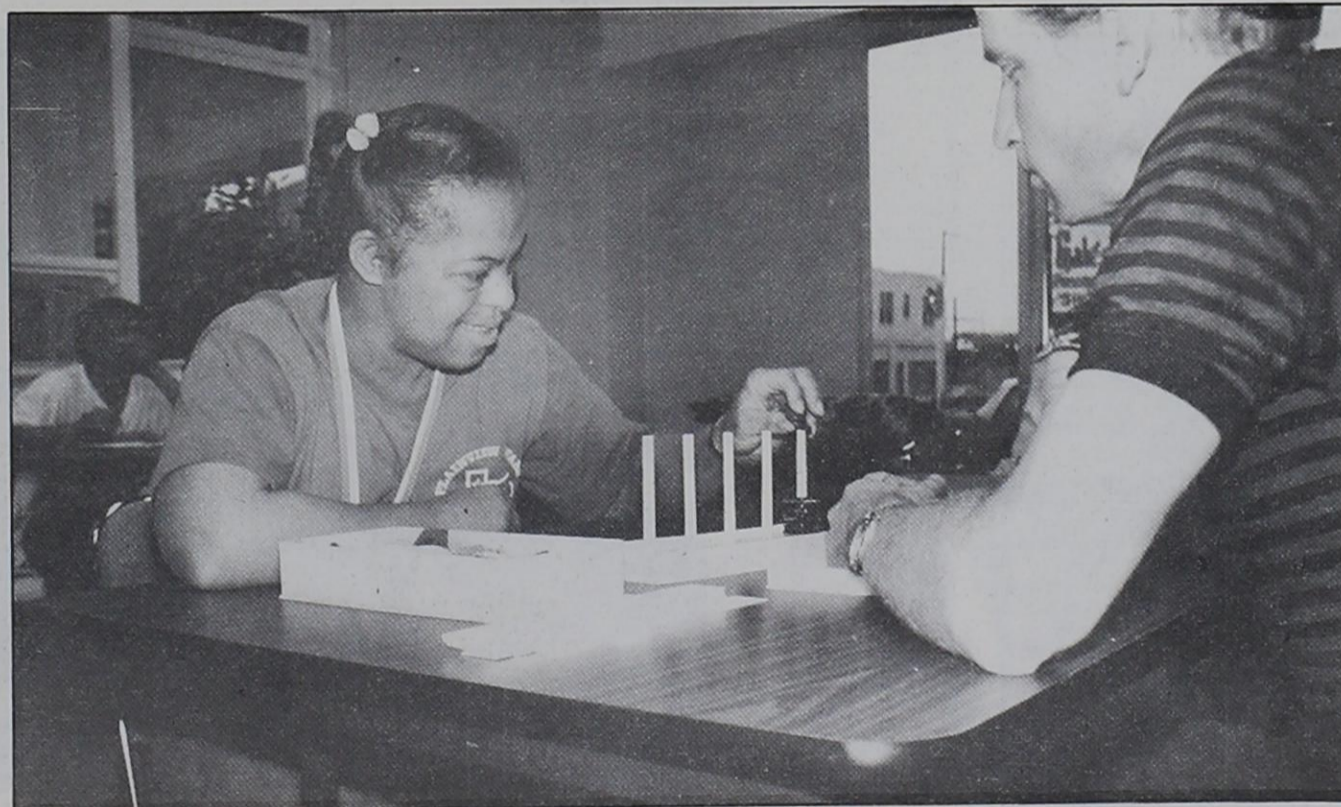
AT-A-GLANCE

NAME: Central Plains Center
ADDRESS: 2700 Yonkers
TELEPHONE: 293-2636

PROGRAMS: The center is responsible for the care, treatment, and rehabilitation of individuals who are mentally ill, mentally retarded or are suffering with addiction to drugs or alcohol.

SERVICES:

- Screening and referral.
- Diagnosis and evaluation.
- In-Home Training
- In-Home Family Support
- Early Childhood Intervention
- Case management
- Counseling
- Community support
- Substance abuse treatment
- Vocational training and employment
- Group homes
- Supervised community living
- Retired Senior Volunteer Program



Many programs

The Dual Diagnosis Center is the newest program offered by the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse. The center offers a variety of programs to meet the needs of consumers living in the community.



First facility

Opened in 1861, Austin State Hospital is the oldest facility for the mentally ill in Texas.



Segregation

Dormitory and dining areas were segregated until after the Civil Rights Act of 1964 was passed.



Community centers

House Bill No. 3 provided for community centers, giving birth to MHMR centers like the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse.

W

hile the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse offers a variety of services to all segments of its service area today, consumers haven't always had community-based services.

Once treatment of the mentally ill and mentally retarded in Texas was limited to warehousing them in institutions. But creation of community MHMR centers like the Central Plains Center has done much to foster treatment and reduce overcrowding in state facilities.

The history of services dates back to 1800s, when little was known about mental health or mental retardation.

It wasn't until 1856 that lawmakers created the first institution — State Lunatic Asylum. North Texas Lunatic Asylum opened in Terrell in 1885 and Southwestern Lunatic Asylum opened in San Antonio in 1892.

But the facilities were little more than warehouses where individuals with mental illnesses were housed.

Little is known about work with the mentally retarded in Texas during the 1800s. What is known is that many retarded people were admitted to institutions, where they were housed with the mentally ill.

Epilepsy and other disorders were often lumped together with mental illnesses. In 1904, Epileptic Colony, which later became Abilene State School, was opened.

The state's first facility for the mentally retarded came in 1917, when State Colony for the Feeble-Minded opened in Austin. The school faced shortages in dormitory space, trained personnel, equipment and operating funds, making it difficult for clients to receive

treatment.

As awareness of mental illness and mental retardation grew, so did concern. The first extensive survey of state hospitals was conducted in 1916, resulting in the creation of the State Board of Control in 1919.

In 1919, East Texas Hospital for the Insane opened in Rusk and in 1922 Northwest Texas Insane Asylum opened in Wichita Falls.

In 1925 the Texas Legislature abolished the use of the words "lunatic" and "insane" from the names of state institutions. Facilities became known as state hospitals and state schools. That same year, State Colony for the Feeble-Minded became Austin State School.

Despite growth in facilities to accommodate the state's increasing mentally ill and mentally retarded populations, state hospitals remained little more than human warehouses.

A 1931 study found emphasis was on custodial care. The study found patients were not segregated according to their illness and there was no emphasis on prevention.

Emphasis in mental retardation as well as mental illness turned to work programs. In 1933 lawmakers gave \$92,000 for Austin State School to create a farm for the "feeble-minded."

In 1937 the Board of Control announced construction of Big Spring State School. Although it was the smallest, the hospital was touted as the best designed and best equipped state facility.

Though the state struggled to build more and more facilities, there still wasn't enough room. The late 1930s and early 1940s were characterized by

long waiting lists at state hospitals. Many patients waited in jails.

Change continued. In 1942 room was made for 1,400 persons on waiting lists for state hospitals. While getting patients out of jails, the move left facilities more crowded than ever.

Concern for the mentally retarded grew in 1945 as special education classes were introduced into public schools. The program quickly grew to include the mentally retarded and signaled the first move toward community-based services.

Because of the growing number of patients, the state continued to open facilities, including the Mexia State School in 1946. It became the third state institution for mentally retarded individuals.

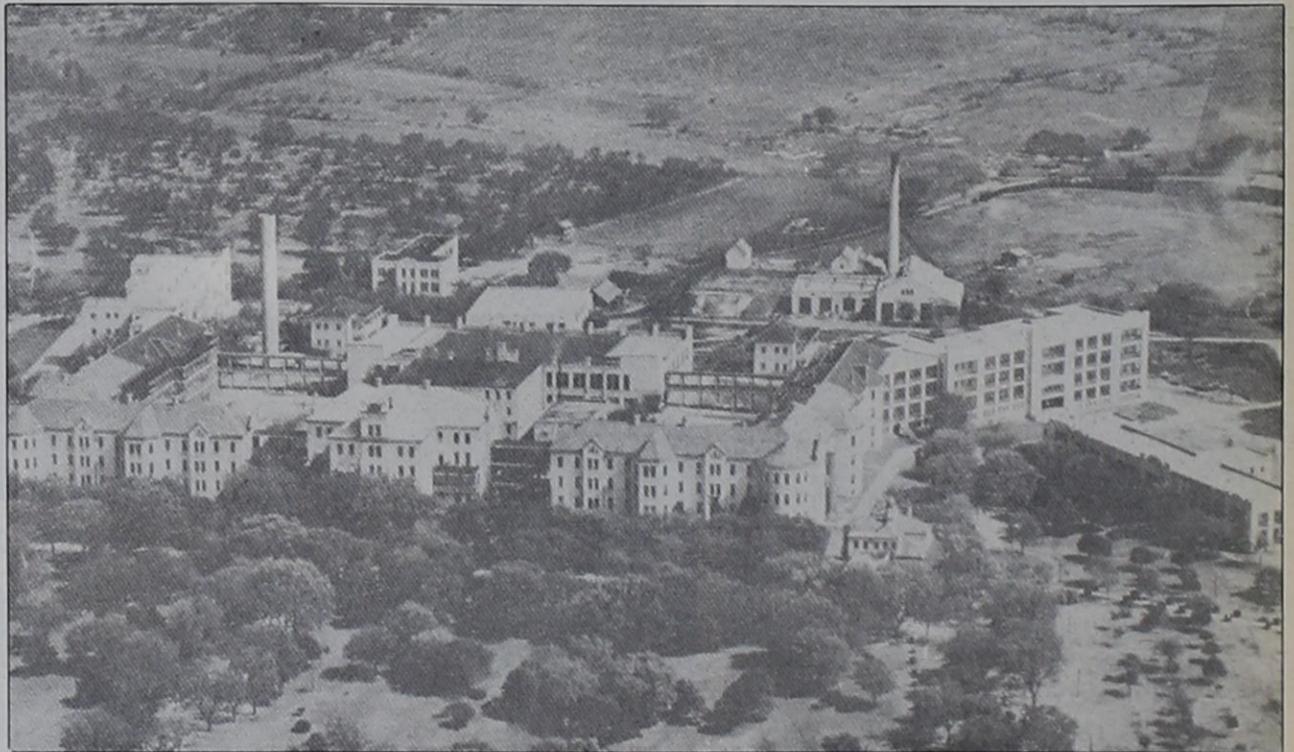
The years 1949 and 1950 were important. That was when the Board for Texas State Hospitals and Special Schools was established to replace the Board of Control. Emphasis began to shift toward treatment.

That also was when Gov. Allan Shivers took reporters on a tour of state hospitals so that they could see the poor conditions. News accounts noted crowded conditions, personnel shortages, and deteriorating facilities.

A U.S. Public Health Service report noted that while no state met all the requirements of the American Psychiatric Association, no state fell so far below those standards as Texas.

Public awareness of the conditions of the mentally retarded also got more attention with the creation of the National Association for Retarded Citizens.

The state responded with more facilities. Two institutions opened in 1951.



Third asylum

In 1894, Southwestern Lunatic Asylum was described as "a retreat for the demented" by a newspaper reporter assigned to write about it. The facility later became San Antonio State Hospital. State hospitals and schools have seen major improvements and expansions since 1894 and community centers have taken many consumers out of the institutions.

CHANGES IN SERVICE

DATELINE

Kerrville State Home opened as a branch of San Antonio State Hospital and became an independent institution the following year. Vernon State Home was set up as a branch of Wichita Falls State Hospital. In 1952 the Board of State Hospitals and Special Schools established a maximum security unit for the criminally insane at Rusk State Hospital.

Substance abuse finally got some attention in 1951 when Gov. Shivers signed a bill offering treatment for alcoholism. However, it was 1956 before the lawmakers funded such treatment.

Significant recognition of the difference between mental illness and other problems came in 1957 when House Bill 6 was passed. The bill created the Texas Mental Health Code which said mental illness did not include epilepsy, senility, alcoholism, or mental deficiency.

With that recognition, State Epileptic Colony in Abilene began to serve the mentally retarded and changed its name to Abilene State School in 1957.

Slowly, the treatment of individuals with mental health, mental retardation and substance abuse problems was changing.

The need for more facilities continued. Between 1958 and 1962 four adult mental health clinics were established in San Antonio, Harlingen, Fort Worth and Dallas.

In the area of mental retardation, emphasis grew on developing each client's potential through recreation and education as well as training in social and occupational skills.

Denton State School opened in 1960

and Austin State School Farm Colony became Travis State School. Lufkin State School opened in 1962.

President John F. Kennedy was instrumental in the move toward community-based services. In 1963, he signed a bill providing federal matching funds for mental health clinics.

In 1963-1964, a citizens planning group surveyed the state's mental health and mental retardation needs and made recommendations that would be included in House Bill 3.

Judge C.L. Abernethy of Plainview, a longtime supporter of community-based services who represented Hale County in the Texas Legislature, chaired the committee that created House Bill 3.

The bill created the Texas Department of Mental Health and Mental Retardation. The act also authorized creation of local boards of trustees to organize and administer local community MHMR centers. Community-based services were born.

Two years later the first community MHMR centers opened. That same year, State Centers for Human Development opened in Amarillo and Beaumont. The centers offer diagnosis and evaluation, special education, vocational rehabilitation, and recreation as well as other programs.

While emphasizing community-based services, the state continued to provide state institutions for those individuals requiring more than community services and support. In 1968 Richmond State School opened and Lubbock State School opened the following year.

Central Plains Center for Mental Health, Mental Retardation and Substance Abuse, established in 1969, was

one of the first community MHMR centers. Since that time numerous other community MHMR centers have been opened throughout the state.

However, the state has continued to maintain, upgrade and expand the institutional system under Texas MHMR.

San Angelo State School opened in 1969 and Corpus Christi State School opened the following year. Brenham State School opened in 1974.

The El Paso State Center for Human Development opened in 1975, with Fort Worth State School opening in 1976, San Antonio State School in 1978 and Laredo State Center in 1979.

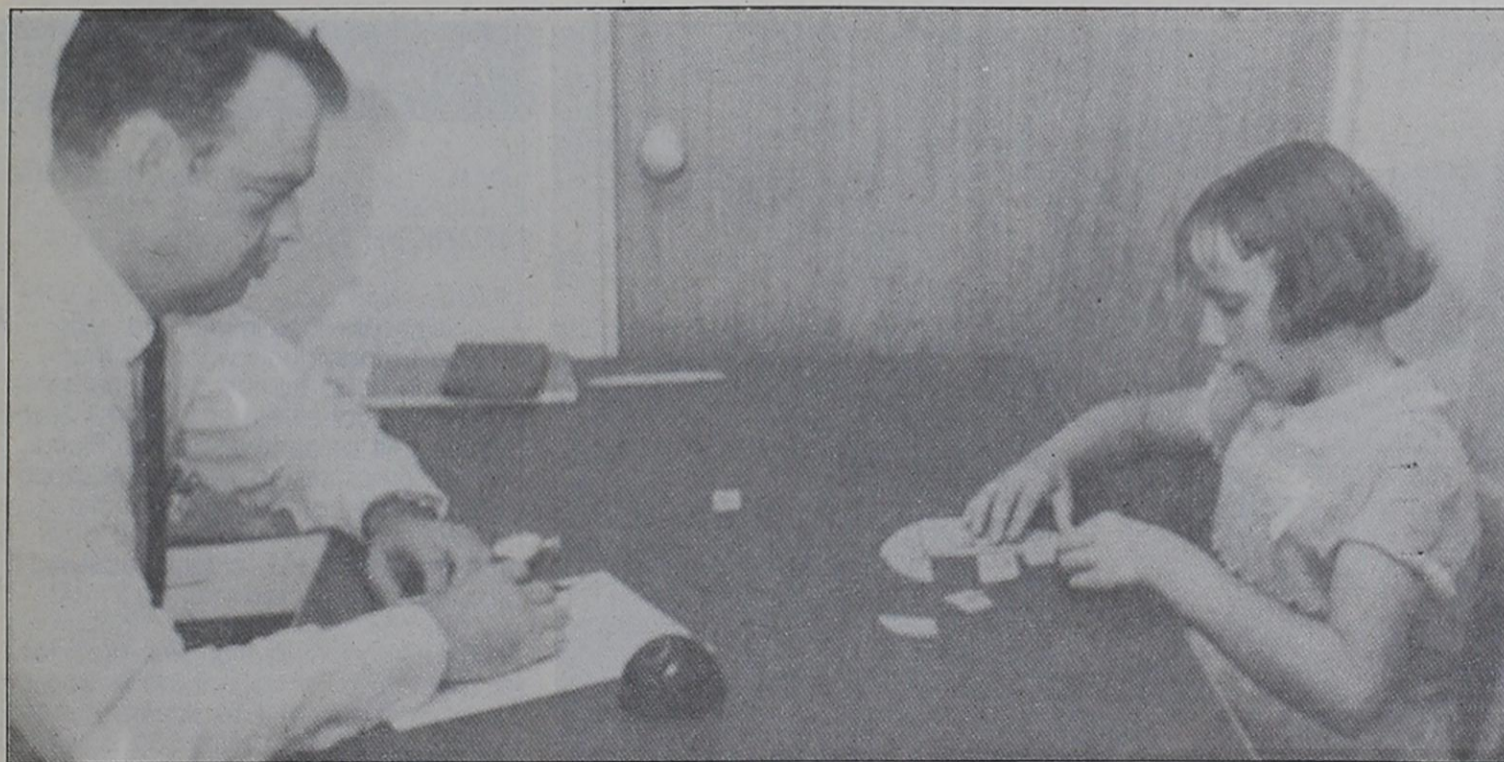
But the emphasis continues to be on community services with MHMR centers like Central Plains providing services and support in the community so that clients are not confined to state facilities.

Block grants were set aside for alcohol, drug abuse and mental health services in 1981 and the Early Childhood Intervention Program also was started.

In 1983, House Bill 338 established a community MHMR center facility construction fund and in 1984 Texas MHMR revised its mission statement to emphasize service to people in their home community when feasible and appropriate. A total of 60 MHMR authorities were created.

In 1986 a strategic plan was developed for increasing community services in the years 1986 through 1991.

And change continues to occur. The dark days of warehousing the mentally ill and mentally retarded are gone. Now, the emphasis is on the individual — the consumer of mental health, mental retardation and substance abuse services.



Mental tests

Standardized tests for measuring mental abilities were used increasingly after their development in 1904. Assessing individual needs is the first step in planning appropriate training programs. While many methods have changed, Central Plains Center for Mental Health, Mental Retardation and Substance Abuse still has an extensive assessment system in all programs.

1856 — State Lunatic Asylum built in Austin.

1885 — North Texas Lunatic Asylum opens in Terrell.

1892 — Southwestern Lunatic Asylum opens in San Antonio.

1904 — Epileptic Colony opens in Abilene.

1917 — State Colony for the Feeble-Minded opened.

1919 — Legislature creates State Board of Control.

1919 — East Texas Hospital for the Insane opens in Rusk.

1922 — Northwest Texas Insane Asylum opens in Wichita Falls.

1925 — Legislature abolishes the words "lunatic" and "insane" from the names of state institutions.

1933 — Austin State School creates a farm for the "feeble-minded."

1937 — Big Spring State Hospital opens.

1943 — Confederate Home for Men becomes a part of Austin State Hospital.

1946 — Mexia State School created from an old German prisoner of war camp.

1949 — Nine-member Board for Texas State Hospitals and Special Schools is established.

1951 — Gov. Allan Shivers signs bill offering treatment for alcoholism.

1956 — Money is made available for the treatment of alcoholism.

1957 — H.B. 6 creates the Texas Mental Health Code. State Epileptic Colony is renamed Abilene State School and begins serving the mentally retarded.

1958 to 1962 — Four adult mental health clinics are established in San Antonio, Harlingen, Fort Worth and Dallas.

1960 — Denton State School opens.

1961 — Lufkin State School opens.

1962 — Rio Grande State Center opens.

1965 — House Bill 3 creates the Texas Department of Mental Health and Mental Retardation and community MHMR centers.

1967 — First community MHMR centers open. Amarillo and Beaumont State Centers for Human Development open.

1968 — Richmond State School opens.

1969 — Central Plains Center for Mental Health, Mental Retardation and Substance Abuse opens. Lubbock State School and San Angelo State School open.

1970 — Corpus Christi State School opens.

1974 — Brenham State School opens.

1975 — El Paso State Center for Human Development opens.

1976 — Fort Worth State School opens.

1978 — San Antonio State School opens.

1978 — The Mentally Retarded Persons Act of 1977 is enacted.

1979 — Laredo State Center opens.

1981 — Block grants are set aside for alcohol, drug abuse and mental health services.

1981 — Early Childhood Intervention Program is started.

1983 — House Bill 338 establishes a community MHMR centers facility construction fund.

1984 — Texas MHMR board revises mission statement to emphasize service to people in their home community when feasible and appropriate. A total of 60 MHMR authorities are created.

1986 — A strategic plan is developed for 1986 through 1991.

1991 — Change continues

Gina's Story

Without Lifeline, Gina might not be around to tell her story.

The 18-year-old Plainview girl didn't know where to turn. All she knew was that she needed help.

Her problem was alcoholism. She didn't want to go on anymore and had determined she would rather die than continue living her life as she had for several months.

As Gina contemplated suicide, she remembered a bright yellow poster she had seen. The words on the poster — "Have a problem?" — characterized her situation. Although it was 2 a.m., she decided to call the number she recalled from the poster — 296-5555.

That call was the beginning of Gina's recovery. Lifeline personnel stayed on the phone with her until she decided she really didn't want to take her life. Then, they arranged for her to be admitted to the Crisis Stabilization Unit.

After several days, Gina was sober and ready to begin an alcohol recovery program. Arrangements were made for her to be admitted to Allen Treatment Center.

Having completed that program, Gina continues to go to counseling. She is sober, has a job and has set some goals. Lifeline and the Crisis Stabilization Unit provided her an opportunity to rebuild her life.

CRISIS STABILIZATION UNIT

For individuals in crisis, help is only a phone call away.

Lifeline, a 24-hour crisis hotline established by the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse, provides instant help. And the center's Crisis Stabilization Unit provides immediate in-patient care if it is needed.

By calling 296-5555, individuals in crisis — regardless of age — can instantly be placed in touch with trained personnel who can help them through their problems.

Lifeline is staffed by Central Plains MHMR staff members, known as the Lifeline intervention team. Team members serve on an on-call rotation.

The program operates on the premise that all persons in crisis are entitled to immediate assessment and appropriate placement or referral to the most appropriate service unit.

In many cases, Lifeline counselors are able to stabilize the crisis situation and refer the client to an appropriate Central Plains MHMR program specializing in the type of assistance needed.

In other cases, clients may need to be referred to the center's Crisis Stabilization Unit, which can provide immediate medical resources for the stabilization of an ongoing crisis. After the crisis has been stabilized, clients can be referred to other long-term in-patient programs or out-patient counseling services as is appropriate for their particular situation.

Regardless of which avenue of treatment is deemed appropriate, Lifeline counselors arrange for followup contacts to make sure each caller receives any additional help needed in the hours and days following the initial

crisis. Follow-up contacts are made with all clients within three days.

"The purpose of this service is to provide immediate assessment and determine what emergency services may be applicable," said the program director. "Then, we want to assure them of immediate placement in an appropriate program."

Here is how the program works:

Any person calling Lifeline is interviewed by an on-call staff person. A screening procedure is followed to gather information and to assess the needs of the individual. If the assessment indicates the need for immediate admission to a program, arrangements are made with the appropriate service.

When the assessment indicates that immediate admission is inappropriate, a referral is made to the most appropriate program.

"Lifeline staff have access at all times to qualified medical and psychiatric personnel and consult with such personnel as appropriate," the director said.

When hospitalization is appropriate for meeting physical or mental needs, Lifeline personnel can arrange the admitting procedure through agreements with Central Plains Regional Hospital and other medical facilities.

Lifeline specializes in helping individuals in crisis. It is not a service for meeting material needs. Counselors do not provide information or referrals for items such as food, clothing or money to pay utility bills. Other service agencies provide information on where individuals can receive that type of assistance.

But for individuals in need of assis-

tance in coping with problems, Lifeline can be the answer.

In some cases immediate in-patient services are needed. And in those cases, the clients are referred to the Crisis Stabilization Unit.

As its name indicates, the unit provides assistance to individuals who are in crisis. The crisis may be for any number of reasons — substance abuse, mental illness, suicidal tendencies or other problems.

The goal of the unit is to get the individual through the crisis. For some this means detoxification while for others it is time to get in touch with the cause of the crisis.

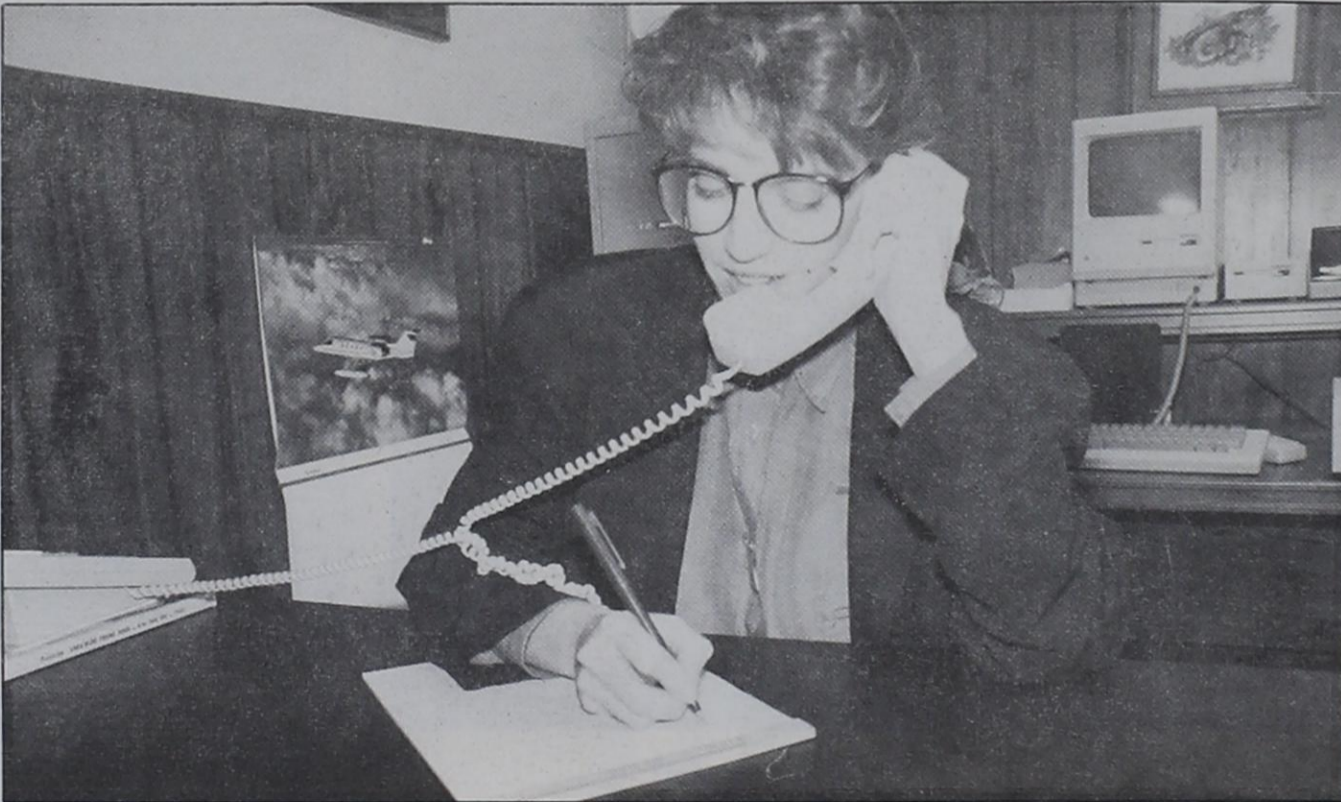
Treatment in the unit begins with assessment, usually by a psychologist or psychiatrist. The goal is to determine what has caused the crisis, how to stabilize the crisis, and determine what ongoing treatment is appropriate to reduce the possibility of reoccurring crises.

Once the assessment has been completed, treatment begins with the focus being on getting the client to the point where they can be released to a suitable Central Plains MHMR program.

The Crisis Stabilization Unit is not designed as a cure for the problems being experienced by the client. It is designed to stabilize the client so that professional personnel in the appropriate Central Plains MHMR can work with the individual toward finding a solution.

In short, the unit is the bridge from crisis to resolution.

And it all begins with a call to Lifeline. Help for individuals in crisis is as close as a telephone. All a person must do is dial 296-5555.



On-line

By calling 296-5555 individuals in crisis can instantly be placed in touch with trained personnel. Personnel from the Crisis Stabilization Unit are on call at all times — day or night.

AT-A-GLANCE

NAME: Lifeline/Crisis Stabilization Unit
ADDRESS: 2700 Yonkers
TELEPHONE: 296-5555

PROGRAMS:

Lifeline provides immediate assistance to individuals who find themselves in crisis. Trained personnel refer the individual to either the Crisis Stabilization Unit or another Central Plains MHMR program that is more appropriate. Lifeline counselors also make followup contacts within three days to make sure the individual is receiving the appropriate services.

The Crisis Stabilization Unit provides immediate care for individuals who are in crisis. The goal is to stabilize the individual through detoxification or whatever means is deemed appropriate and refer the individual to a Central Plains MHMR program where they can receive ongoing care either on an in-patient or out-patient basis.

CASE MANAGEMENT

W

ith emphasis being focused on community-based services, Central Plains Center for Mental Health, Mental Retardation and Substance Abuse offers services to assist consumers in accessing available programs.

During the 1960s and 1970s, many government agencies developed programs addressing needs of persons with mental and developmental disabilities. These programs originated from a number of governmental sources.

Some consumers diagnosed as mentally retarded or as suffering with mental illnesses became frustrated in their attempts to take advantage of these programs. Each program has different eligibility requirements, qualification procedures and ongoing requirements.

The solution to these frustrations was found in Case Management, which provides for the coordination of available services with clients' needs.

In short, Case Management helps consumers to secure the services to which they are entitled. It provides assistance to consumers as they move through the maze of guidelines, applications and eligibility requirements.

The emphasis is on keeping the consumer in the community, where he can be a productive part of the local economy, and enriching the consumer's lifestyle by making sure he has access to programs to which he is entitled.

If services are available, there is no reason a consumer should be placed in an institution or school. Case Management helps consumers access those

services so that community living is possible.

Case Management is designed to serve people whose functional and coping skills are limited and who are unable to find their way through the maze of service locations, waiting lists, and requirements of service agencies.

Managers, who have the skills, knowledge and commitment, lead consumers through the maze of agency procedures.

Services are divided into two sections — Mental Health Case Management and Mental Retardation Case Management.

Central Plains Center employs five case managers. Two work with individuals who have been diagnosed as being mental retarded. Each manager works with approximately 30 consumers.

Two other case managers work with individuals with mental health problems. They each work with approximately 35 consumers.

The fifth case manager works exclusively with nursing homes in Central Plains Center's nine-county service area. That manager currently works with 21 consumers residing in nursing home facilities.

The goal of Case Management is to provide support services, thus enhancing the community living situation, developing social and vocational skills, and reducing the need for institutional care.

Case Management activities include identification, assessment, and com-

prehensive service plan development. They also include service coordination and linkage among the family or natural support system and the human service delivery system, monitoring and advocacy.

Case Management services begin with a screening process in which needs are assessed. Determination of specific needs are included in a treatment plan that acts as a road map to services as the consumer progresses.

Case management is basically a matching process. Managers match the consumers needs with available services to assist them in securing housing, medical services such as Medicaid, financial assistance such as Social Security, educational and vocational service, and other services provided through government agencies.

Consumers may receive Case Management services as long as they choose. However, they are not obligated and may opt out at any time. In the past, some consumers have opted out of Case Management and returned when they felt a need for additional services.

Some consumers simply progress to the point where they don't need services anymore. Quarterly follow-up visits are offered to those who terminate Case Management services to make sure their needs are being met.

Individuals knowing of persons who could benefit from Case Management services should call the screening caseworkers at 296-2726.

Billy's Story

The case management program of the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse looks out for Billy, a 33-year-old man with a history of mental illness.

"It's like one of my best friends looking out for my interest," he said.

Billy first came to Central Plains MHMR in 1986. He had been living in Dimmitt, where he had been caring for his aging father. At that time Billy was using drugs and had attempted suicide several times.

Billy began receiving services in 1987. With the assistance of his case manager, he applied for Social Security benefits and food stamps. He also was placed in a community residential setting in Plainview.

With Billy's consent, his case manager helps him pay his rent and other bills and manage his other money.

With the help of his case manager, Billy was linked to the Community Support Program also began therapy sessions for dealing with his substance abuse.

Billy is currently employed as a part-time secretary at Bethesda Manor Apartments and also is a part-time housekeeper.

He said his case manager also helps him stay out of the hospital. When he has a problem, Billy talks to his case manager about it before it escalates into a crisis.

AT-A-GLANCE

NAME: Case Management
ADDRESS: 715 Houston
TELEPHONE: 293-2726

PROGRAMS:

Mental Retardation Case Management — Works with individuals who have been diagnosed as being mentally retarded to provide support services in a variety of areas including assistance in dealing with various agencies.

Mental Health Case Management — Works with certain individuals having mental health problems. Managers match the consumers needs with available services to assist them in securing housing, medical services such as Medicaid, financial assistance such as Social Security, educational and vocational service, and other services provided through government agencies.



Helpful assistance

A trainer helps this consumer balance his checkbook, one of the many ways the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse helps consumers live in the community with the help of Case Management services.

John's Story

Allen Treatment Center has given John an opportunity to put his life back together.

When he came to the center to take part in its 30-day program, alcohol and drugs controlled his life. Now, he is clean and sober.

"I am grateful God sent me to Allen Treatment Center," he said. "I am an alcoholic and a drug addict, but Allen Treatment Center has helped me in so many ways.

"They have given me tools to use in dealing with my anger and emotions."

John said he didn't have any self-esteem when he walked through the doors of the center. But the professional staff worked with him. He began to open up and realize he wasn't alone in dealing with his problem.

"They have introduced me to the wonderful world of AA (Alcoholics Anonymous) and NA (Narcotics Anonymous)," he said. "The staff at Allen Treatment Center was so wonderful."

With the center's help John has learned he has the power to defeat his addictions. He's completed the 30-day program and is now enrolled in aftercare.

"I am not only learning how to stay clean and sober one day at a time, but I'm also learning to like who I am," he said.

With help from Allen Treatment Center, John has changed his life.

ALLEN TREATMENT CENTER

A

Allen Treatment Center provides the tools required for adults with substance abuse problems to rebuild their lives.

The 30-day center, operated by the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse, helps clients learn how to stay sober and then points them toward community support resources that can help them stay that way.

"What can we do in 30 days?" said the program coordinator. "We are not going to fix anybody in that amount of time but hopefully we will help them find the tools to fix what they need to."

"What we have to do in 30 to 60 days is to get them to stop using," the coordinator said. "If we can stop the behavior, then they have made tremendous strides forward."

Allen Treatment Center caters to individuals over 18 who are having trouble dealing with alcohol or drugs. However, most clients are those people who cannot afford a private facility. Many come as referrals from the judicial system.

But the program is open to anyone. Because the program is supported through a grant from the Texas Commission on Alcohol and Drug Abuse, the total cost of the 30-day program is minimal for persons living in the nine-county area served by Central Plains MHMR and only slightly more for clients outside the area compared to some private programs that cost much more.

Costs include room, board, and all treatment fees. There is a sliding fee

scale for individuals who cannot afford the total cost. Each client is provided with an individualized treatment plan.

"We do a combination between a 12-step recovery program like Alcoholics Anonymous and psychotherapy," the coordinator explained.

Various therapeutic techniques are utilized to develop alternatives to alcohol and drug use. Clients also participate in group therapy, problem-solving groups, 12-step studies and alcohol and drug education classes.

Unlike some programs, Allen Treatment Center doesn't focus on why an individual has a problem with alcohol or drug use. Instead the focus is on how the client can change his behavior in order to stop his substance abuse.

"We tell them that if they will change three things, stopping the behavior is so much easier," the coordinator said. "The first thing is to change playgrounds — the locations they go. The second thing is change playmates — the people with whom they run. And, the third thing is change playthings — the things that trigger drives."

The staff at Allen Treatment Center is having success with their how-based system for curbing drug and alcohol use.

"For the people that will actively participate and have reached that low where they will do it, the success rate is between 60 and 70 percent," the coordinator said. "For the people who will stay in the set up we have, we are

seeing some real good results."

The coordinator said the key to success is that clients are learning how to be honest with themselves by evaluating their feelings.

"We try to get people to take the time to act rather than react. If they will be honest with themselves, things will stay a lot healthier and balanced."

The coordinator said the goal is to disrupt the unhealthy system surrounding the addiction and assist in redesigning a healthier cycle of life.

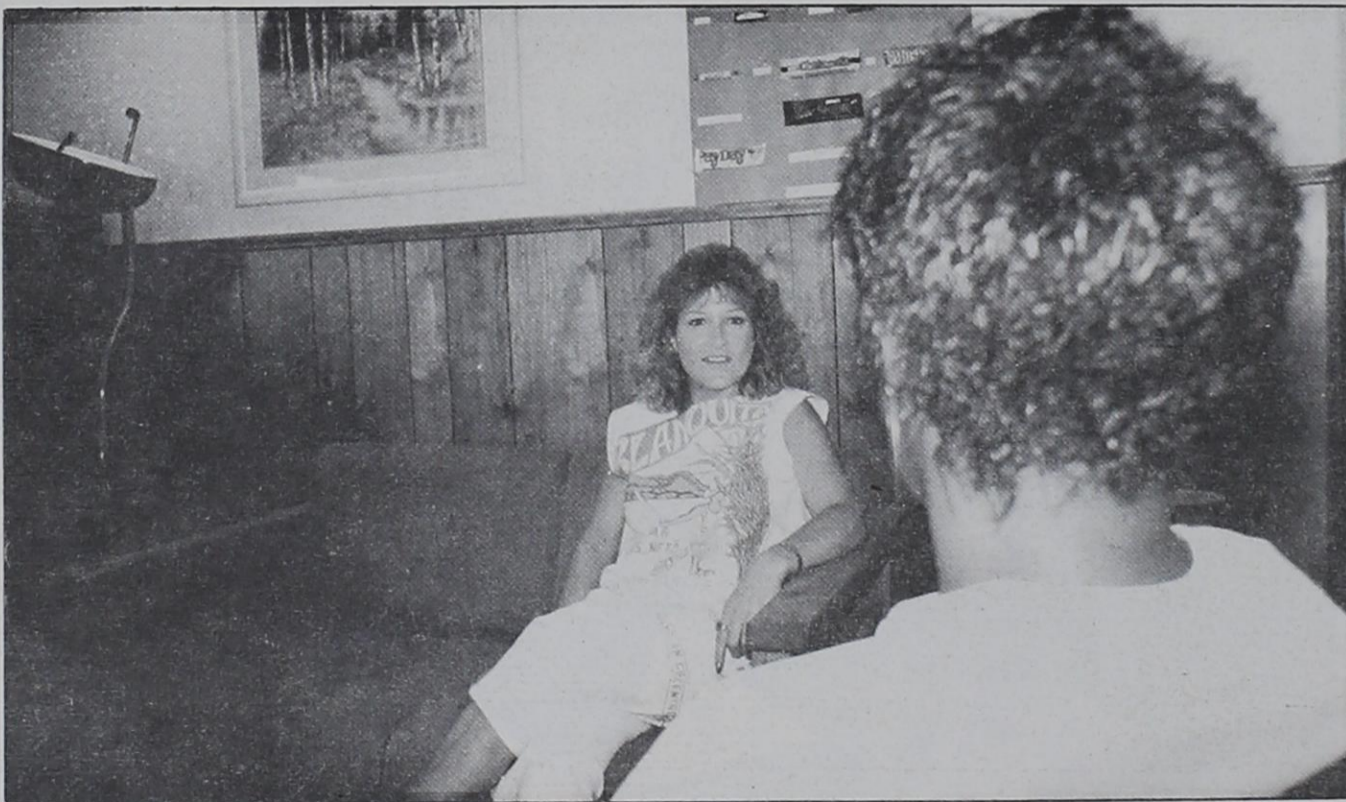
"The problem is treated based on the entire system involved — employer, family, significant others or whatever," he said. "We have a marriage and family therapist on staff that meets with clients and we have alcohol and drug counselors that work with clients on an individual basis and in group settings."

"Stopping the behavior is the most important thing," he said.

Once a 30 or 60-day stay at the center is completed, clients are placed in aftercare, which meets on Wednesday nights. They also are enrolled in the Out-Patient Support Program at Plainview Counseling Center, which also is operated by Central Plains MHMR.

"We want them to be in the treatment setting so they are not just out there," the coordinator said.

In addition to the coordinator, the Allen Treatment Center clinical staff includes a family therapist, alcohol and drug abuse counselor, and two alcohol and drug abuse specialists.



Talking about addiction

At Allen Treatment Center, consumers go through a 30-day drug and alcohol program that includes counseling, support groups and other activities. A counselor visits with a consumer enrolled in the center.

AT-A-GLANCE

NAME: Allen Treatment Center
ADDRESS: 715 Houston Street
TELEPHONE: 296-9711

PROGRAMS: A 30- to 60-day inpatient substance abuse program is offered by the center. It also includes out-patient services as well as Aftercare for those who have completed the program.

COST: Sliding fee scale

ADMISSIONS: Priority is given to individuals residing within the nine-county catchment area of the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse. Admissions are accepted through Central Plains MHMR's Screening/Referral Department from 8 a.m. to 5 p.m., Monday through Friday. Direct referrals are made at the center 24-hours a day.

ADOLESCENT ADDICTION

Kevin's Story

With the help of the Institute for Adolescent Addiction, Kevin has been sober for more than eight months.

The 16-year-old daily cocaine user was admitted to the program as part of his probated sentence for a third charge of driving while intoxicated. At the time he was admitted he had been living on his own for two years.

Kevin had experienced a difficult life. His father had committed suicide when he was young and arguments with his mother had been common before he left home. He had turned to alcohol, but his substance abuse had increased to the use of cocaine.

The Institute for Adolescent Addiction helped Kevin learn how to deal with his problems differently so that he could stay sober. He learned how to be responsible for his own actions and came to realize that his actions resulted in consequence — good or bad.

Kevin became involved in Alcoholic Anonymous and support groups. He set realistic goals for achievement.

His mother and other family members participated in weekly counseling sessions at the institute, where a new bond developed between Kevin and his mother.

Upon completion of the program, Kevin moved back to his mother's home.

F

amily therapy and personal responsibility are primary keys to treatment at the Institute for Adolescent Addiction, one of the newest programs of Central Plains Center for Mental Health, Mental Retardation and Substance Abuse.

The 16-bed facility, located at 404 Floydada, offers an in-patient program that uses family therapy to treat young men from ages 13 to 17 who have a problem with drug or alcohol use or some other behavioral problem.

While adolescent substance abuse centers are common in metropolitan areas, there are few in rural areas. And there are even fewer non-profit adolescent substance abuse centers. The Institute for Adolescent Addiction meets a specific need in this rural area.

The Institute for Adolescent Addiction was started almost two years ago to meet a growing need for an adolescent substance abuse center.

"Primarily, the young people who come in here have a primary diagnosis of substance abuse," said the program supervisor. "Most of our consumers are considered to be drug addicts and alcoholics even though we do deal with a variety of behavioral problems."

Consumers of the 90-day program primarily come from two sources — private admissions and the judicial system.

Regardless of how they are admitted to the institute, the program is the same.

"A major component of what we do here is family therapy," the program supervisor said. "We want families to have learned how to respond rather than just react."

So, the whole family engages in therapy, not just the adolescent with the behavior problem. Family members are asked to come in for counseling at least once a week.

Since parents usually have more access to their children, the program is designed to teach parents to take charge of the adolescent behavior through improved parenting skills, more effective communication and increased cooperation.

At the same time, the young men are taught to take responsibility for their actions.

"When he leaves here, we want the client to have learned basic living skills and take responsibility for his own actions," the program supervisor said.

During their stay, young men are asked to interact with other clients and the staff on a family level. It is a very structured environment where much is expected of everyone.

From the time clients are awakened to when they go to bed there is plenty to do. After breakfast there is a short time for meditation, but then each individual must clean up his living space. A classroom certified by the Plainview Independent School District is a part of the facility.

"Having only 16 in a classroom, our teacher can spend more one-on-one time in every subject," the program supervisor said. "Our clients' grades go up after they have been here about a month."

After lunch there is an inspection of each client's daily chore. Therapy sessions take place in the afternoon. When the young men are not in counseling, they participate in classes that teach life skills.

After dinner there is a mandatory study time. Then, recreation time takes place until it's time to go to bed.

Many of the clients who come to the facility don't want to follow the rules, but they quickly learn it is to their advantage to conform to what is expected of them.

"We believe in 100 percent consistency," the program supervisor said. "We inform clients of the rules the first day they get here and, when they break a rule after that, there is a consequence. They learn from it."

The consequence is a point system which rewards them with opportunities.

"It gets them to take responsibility for themselves rather than having an adult walking around behind them reminding them to do this and that," the program supervisor explained.

The center has a large, well-qualified staff.

In addition to the program coordinator, the professional staff includes a program supervisor, therapist, intake/aftercare counselor and a drug and alcohol education specialist. The staff also includes a school teacher and cook as well as four direct care providers and five counselors in training.

The institute is funded through two sources — a grant from the Texas Commission on Alcohol and Drug Abuse and patient fees. The institute charges a sliding scale fee based on the client's family's ability to pay. No client is turned away because of an inability to pay.

While the institute hasn't been open long enough to produce clinical documentation of success, it is seeing results among clients.

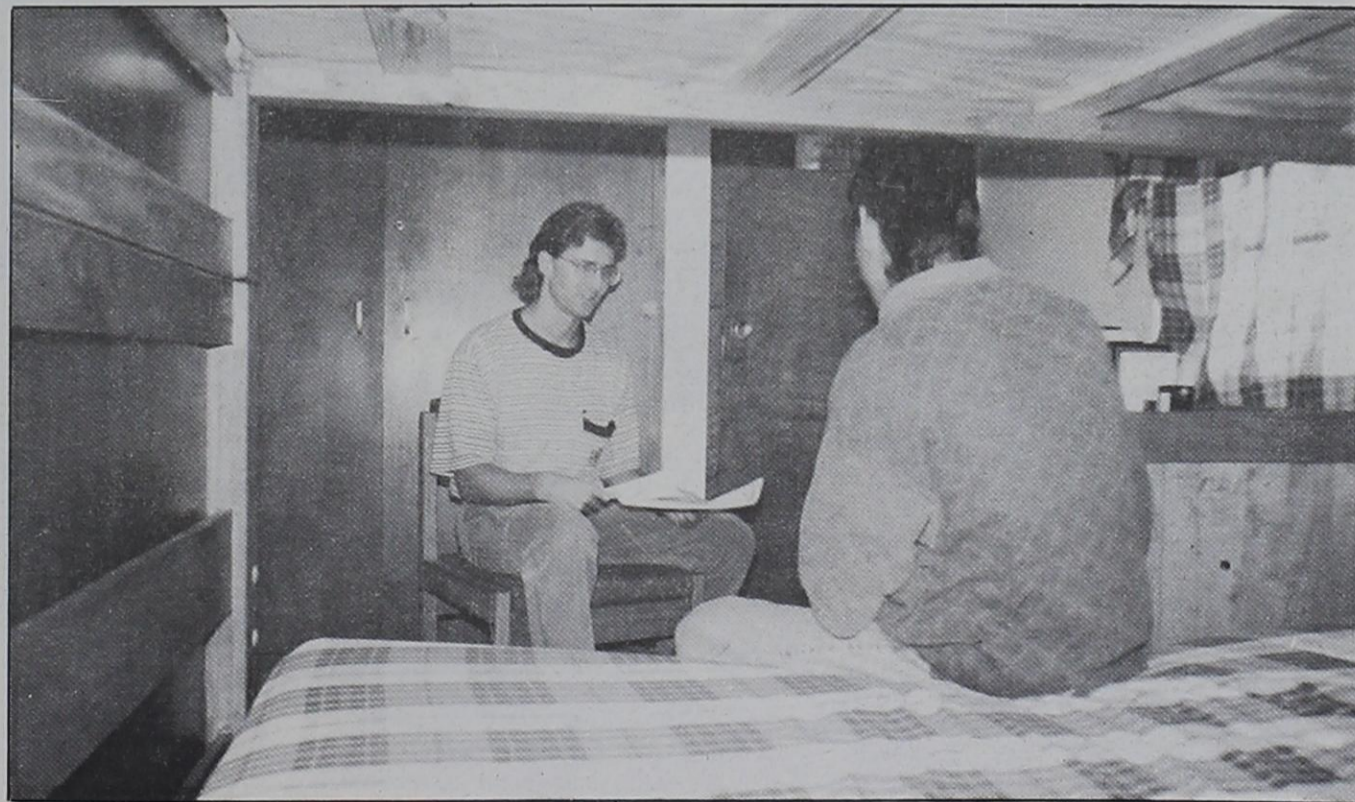
AT-A-GLANCE

NAME: Adolescent Addiction Institute
ADDRESS: 404 Floydada Street
TELEPHONE: 293-5224

PROGRAMS: 16-bed facility offers a 90-day in-patient treatment program for young men from ages 13 to 17 who have a problem with drug or alcohol abuse. Counseling also is offered to family members under the institute's family therapy treatment plan for the client. Plainview Independent School District provides an instructor so that clients do not miss school.

ADMISSIONS: Voluntary admissions of persons living within the Central Plains MHMR nine-county service area accepted as well as judicial admissions from anywhere within the state provided the client's family can travel to the institute weekly for counseling.

FUNDING: Patient fees and a grant from the Texas Commission on Alcohol and Drug Abuse.



One-on-one

Individual counseling is a big part of the treatment program at the Institute for Adolescent Addiction. The 16-bed facility is designed for young men from ages 13 to 17.

Carla's Story

Carla's self-esteem has improved significantly in the four months she has received counseling at Plainview Counseling Center.

"In counseling I have learned to not let other people tell me what I should do," she said. "Counseling has helped me to build my self-esteem, to stand up and be counted."

Counselors helped the 48-year-old housewife understand that self-improvement begins with the individual.

"I'm finding myself and learning to love me for who I am," she said.

Carla, who came to Plainview Counseling Center because of a drinking problem, meet with a counselor once a week as part of the center's Supportive Outpatient Program. She also participates in the center's support groups.

"I don't turn to the bottle anymore," she said. "I deal with my problems. I face them and get a handle on them."

"I don't feel pressure and stress anymore. I've set goals and I am working to achieve them. I dream and I hold on to my dreams."

Through Plainview Counseling Center Carla has learned that a wise person will change, but a fool never will. Carla is changing.

COUNSELING CENTER

P

Plainview Counseling Center helps individuals deal with a variety of mental health problems through individually tailored out-patient programs designed to encourage and support clients.

Two types of programs are offered by the staff of therapists. Individuals who do not have a substance abuse problem are enrolled in the Standard Out-Patient Counseling Program, while individuals with a current or previous substance abuse diagnosis are enrolled in the Supportive Out-Patient Program.

The Supportive Out-Patient Program is partially funded by a grant from the Texas Commission on Alcoholism and Drug Abuse.

"The Supportive Out-Patient Program is for anyone who has either used or is now dependent upon alcohol or drugs," the program coordinator explained.

While targeting the substance abuse problem, the program also deals with other mental health areas that may or may not have resulted from alcohol or drug use.

"We focus on a variety of problems," the program coordinator said. "Often someone will have a substance abuse diagnosis but there are other problems like depression or past sexual abuse that contribute. We deal with those."

The Supportive Out-Patient Program also provides aftercare for individuals who have completed a 30-day in-patient program at Allen Treatment Center.

The Standard Out-Patient Program deals with a variety of types of counseling from family and marriage counseling to dealing with depression, sexual abuse, schizophrenia and other mental health issues.

Both programs focus on the individual, with the client participating in the

creation of a treatment plan.

"Our first sessions are used for assessment," the program coordinator explained. "Then, we design a treatment plan — a blueprint of what they would like to accomplish through counseling. Then, they go for it."

Most clients participate in weekly counseling sessions, with individuals in the Supportive Out-Patient Program also participating in support groups.

Clients are assigned to a therapist based on their experiences.

"Each of our four therapists has a different flavor," the program coordinator explained. "We try to match the client with the therapist."

Both PCC programs are designed so that most participants stay in counseling for approximately six months. However, some clients have stayed in counseling for up to two years. The time is determined by the patient's progress.

Since Supportive Out-Patient Program treatment plans involve the client, participants must sign a treatment agreement.

"It says that if they miss three appointments without calling to cancel, they are discharged," the program coordinator said.

The agreement also calls for drug testing and an honor code. Clients are asked to report any time they use drugs or alcohol and they can be asked to take a urine test at any time. When two violations occur — either reported or discovered through testing — a team of counselors evaluates the case.

At that time a determination is made to either continue the course of treatment, recommend in-patient treatment at Allen Treatment Center or discharge the client for non-compliance with the agreement.

The Supportive Out-Patient Program also includes a 60-day follow-up session after discharge, which allows counselors to monitor the success of the program.

Referrals for both programs come from a variety of sources.

Many program participants enter counseling as a requirement for probation or parole. Others are referred to the center through a crisis hotline operated by Central Plains Center for Mental Health, Mental Retardation and Substance Abuse.

Other clients learn of PCC's programs either through word-of-mouth referrals or literature distributed in the community.

What makes PCC unique is that anyone can secure services regardless of income.

"If clients don't have resources, services are provided free of charge," he said. "If they have some resources there is a sliding fee scale."

The program coordinator said people from all walks of life are using the center's services. In fact, PCC has become so popular that there are waiting lists for both programs.

In addition to offering counseling services in Plainview, PCC counselors also are assigned to Central Plains MHMR's six branch offices in Dimmitt, Floydada, Littlefield, Muleshoe, Friona and Tulia. Appointments are made through the individual offices. Waiting lists also exist at many of those offices.

The PCC staff includes four therapists and a receptionist, who also screens potential clients.

Originally located in the administrative office of Central Plains MHMR, PCC moved to its present location — 620 W. Seventh St. — in April 1990. The expanded facility includes a waiting room as well as individual offices.



Individual counseling

The Plainview Counseling Center offers individual counseling as well as support groups. PCC programs are designed so that most participants stay in counseling for about six months.

AT-A-GLANCE

NAME: Plainview Counseling Center
ADDRESS: 620 W. Seventh Street
TELEPHONE: 293-0190

PROGRAMS:

Standard Out-Patient Program — Deals with a variety of types of counseling from family and marriage counseling to dealing with depression, sexual abuse, schizophrenia and other mental health issues.

Supportive Out-Patient Program — Designed for individuals who have either used or are now dependent upon alcohol or drug, the program provides counseling and weekly group support sessions.

COST: Sliding fee scale.

ADMISSIONS: Referrals are from a variety of sources. An assessment conducted before admission.

WOMEN'S CENTER

Wendy's Story

Substance abuse had control of Wendy before she was admitted to Plainview Women's Center. Now, the 24-year-old single mother of three with a 10th grade education is taking charge of her life.

Wendy came to Plainview Women's Center from Allen Treatment Center, where she began learning how to deal with her substance abuse. She had a history of multiple addictions and had come from a dysfunctional family where alcohol and drug abuse were common. She had been sexually abused as a child.

Wendy had worked at several fast-food type jobs, leaving each when she became discouraged. Because of her background, she had developed poor living and parenting skills.

At Plainview Women's Center, the staff helped her understand the importance of being involved in a recovery program. She also learned how to use support groups.

The staff helped Wendy improve her job skills and understand the importance of a good employment record.

Wendy also received help in dealing with her family. She learned how to improve her parenting skills, resolve conflict, and communicate her feelings toward her children.

P

Plainview Women's Center is helping women to restructure their lives after they begin the process of coping with alcoholism or drug addiction.

"We have an excellent opportunity to help women with small children become healthy and productive while integrating back into the community," said the program coordinator.

The 20-bed residential facility offers a three-phase alcohol and drug treatment program that is designed to help women move back into mainstream society without being dependent on alcohol or drugs. The center's educational assistance programs also help those who do not have a high school diploma obtain a GED.

The program has been open since September 1990, but the first client wasn't admitted until February. Late last year the building housing the center was remodeled to create an ideal living situation for the women and their children who stay there.

"Plainview Women's Center is designed to accept females 18 years of age and over and their children, up to age 8," the coordinator explained.

"Our goal is to assist women who are addicted, dependent or chronic users of alcohol or drugs in achieving sober, productive lifestyles."

This overall goal is undergirded by

three basic aims:

- To reduce female admissions into state hospital drug treatment programs.

- To reduce drug related criminal offenses for females.

- To increase the client's employment potential by providing referrals for vocational assistance.

Treatment takes place in three phases.

The first phase is 120 days of intermediate care services. After the client has been through a treatment program, he is admitted to the center for ongoing residential care.

"The focus of the program is moving the client toward an independent living environment," the coordinator said.

Services in Phase I include: substance abuse education, life skills education, individual and group counseling, family therapy, parent training, recreation, AIDS education, relapse prevention, and vocational planning as well as other assistance programs.

Phase II is nine months of outpatient services which consist of continuing individual, group, and family sessions for a minimum of one session per week.

Phase III includes bi-weekly contacts with clients. Counselors visit with clients in either face-to-face sessions or by telephone. Counselors want to make sure clients are continuing to

make progress in their move toward becoming an active part of the community.

"Once they leave here we do followup contacts to keep them become involved with our program through aftercare work," the coordinator said.

Part of helping women move back into the mainstream is teaching them how to deal with their families. Therefore, children are allowed to stay with their mothers. The center provides prevention and intervention for children who are high-risk youths. Having children is not a prerequisite for admission to the program and the number of children per parent is limited.

To be referred to the center, a client must have a primary diagnosis of alcohol or drug abuse or dependency and have received previous in-patient treatment for the illness.

The center is funded through a grant from the Texas Commission on Alcohol and Drug Abuse and a sliding fee scale is used to determine the eligibility for clients to pay for services.

In addition to the coordinator, the center's staff includes an alcohol and substance abuse counselor, a therapist, youth counselor, two counselors in training, three direct care staff members and a cook.

AT-A-GLANCE

NAME: Plainview Women's Center
ADDRESS: 405 Ennis Street
TELEPHONE: 293-4459

PROGRAMS: A 20-bed facility offering a three-phase alcohol and drug abuse program for women over 18 and their children.

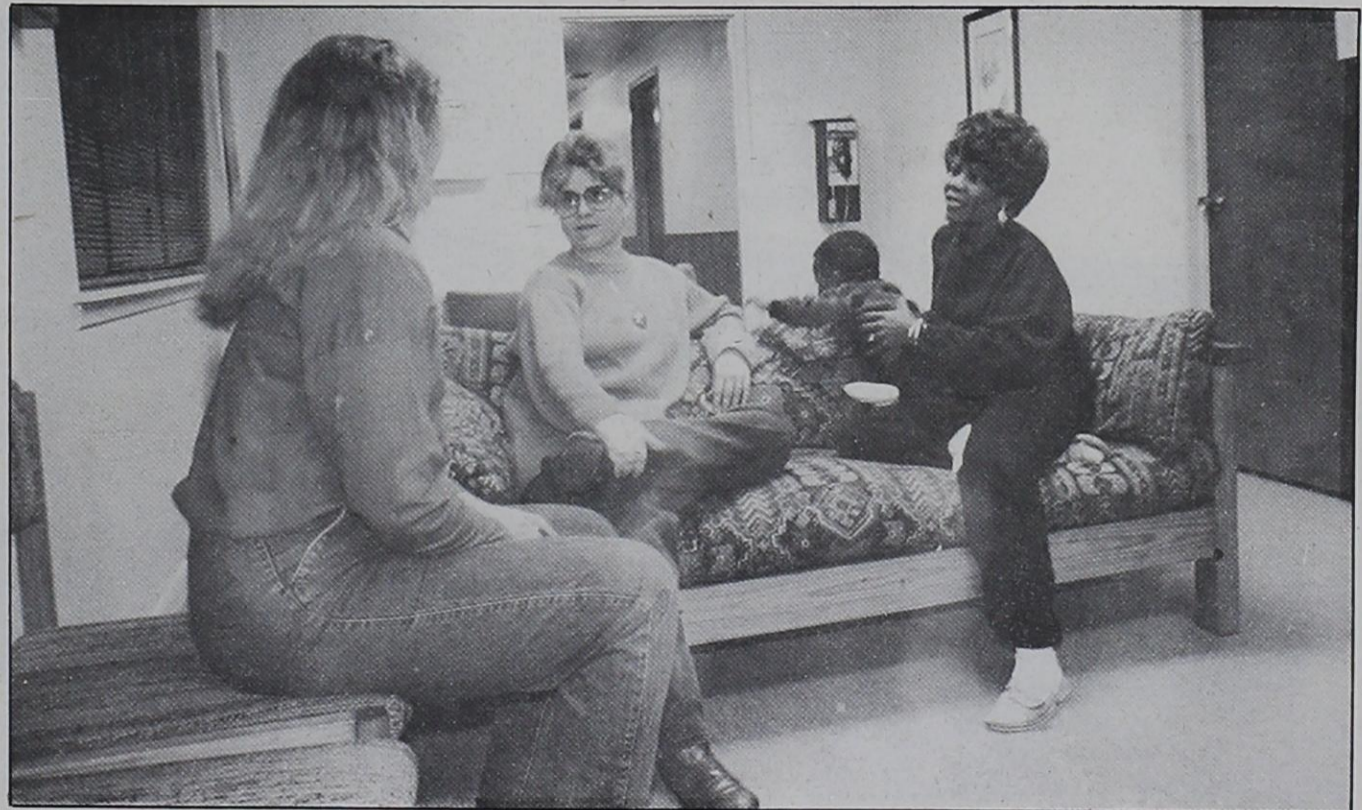
Phase I — 120-day in-patient treatment program for ongoing care.

Phase II — Nine month out-patient program providing counseling at least once a week.

Phase III — Bi-weekly counselor-consumer contacts to assure continuing care.

COST: Sliding fee scale

ADMISSIONS: Priority is given to individuals residing within the Central Plains MHMR nine-county service area.



Children welcome

Children may stay with their mothers at Plainview Women's Center. The center is designed to help women restructure their lives after they begin the process of coping with alcoholism or drug addiction.

Jackie's Story

With the help of Tommy Lewis Industries, Jackie has become an active part of the local economy as she participates in Supportive Employment.

The 31-year-old woman works for a local business, where she uses the vocational skills she learned while going the TLI's phased work program to earn an income. Her TLI coach provides on-the-job training and keeps track of her progress.

When Jackie came to TLI, she was assigned to vocational and educational classes. There, she learned how to set goals and accomplish them in an employment situation.

Next, she worked in the sheltered workshop. Jackie learned how to stay on task and complete her duties. When she had demonstrated proficiency in the sheltered workshop, Jackie was given a job with a mobile crew which picks up trash along local highways.

Then, she became part of the crew staffing the two comfort stations on Interstate 27 between Hale Center and Abernathy. At each point, her work skills improved.

With such improvement in her skills, Jackie was ready for more responsibility. So, she was assigned to Supportive Employment.

With hard work and the assistance of TLI personnel, Jackie is now part of the local economy as she earns wages and spends them in the community.

TOMMY LEWIS INDUSTRIES

Tommy Lewis Industries is helping the local economy by providing jobs for individuals who otherwise might not be employable. Thus, individuals are becoming contributors to the economy as they are paid.

Located at 208 S. Columbia, the facility was developed primarily to provide an alternative to institutionalization of the developmentally disabled in the nine-county area served by the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse.

"This alternative provides clients with services and training necessary for them to function as useful, productive members of the community," explained the director.

"We provide gainful and useful employment that enables clients to participate in the local economy," said the contract development coordinator.

Services include vocational and educational evaluation, personal and social adjustment, vocational skill and safety training, transportation services, sheltered employment and job placement.

Currently, TLI serves 62 clients with a 24-member staff.

TLI is designed so that individuals progress through program levels until they can be employed by private industry.

Entry level clients begin with educational and vocational training, where they learn how to stay on task and achieve success in completing goals.

The first program level where clients are employed is the in-house sheltered workshop. TLI contracts with businesses for simple assembly and packaging work which is completed at the Columbia Street warehouse.

The first level also includes an in-

house janitorial contract with Central Plains MHMR for the cleaning of the Columbia Street facilities.

Another program level is the TLI Recycling Center. Located next door to the warehouse, the center provides in-house and outside jobs while helping to improve the environment. The recycling center has received numerous awards and been praised by state MHMR officials as one of the most progressive and socially responsible work programs in the state.

There are two facets of the recycling center.

The first facet is document destruction. TLI contracts with banks, law firms, government agencies and other businesses to shred and destroy documents.

The second facet is the recycling of paper, cardboard, aluminum and glass. TLI buys paper, cans, cardboard and glass from South Plains-Panhandle residents. These are brought to the center, where they are crushed and prepared for companies that use the materials in recycled products.

TLI also has a contract with the City of Plainview to receive loads of rubbish that would normally go to the landfill. These loads are usually from manufacturers that discard a significant amount of items that can be recycled.

Finally, TLI contracts with businesses to collect paper, cardboard and glass that is to be discarded. Workers go to those businesses on a schedule and pick up the discarded items. They are brought back to the center where workers prepare them to be resold to companies making recycled products.

Another program level provides jobs through the state set aside program. TLI has contracts for litter control,

cleaning roadside parks, and maintaining comfort stations.

Highway litter control is provided in Hale, Floyd, Swisher and Castro counties. Crews pick up litter along the side of the highways, which is returned to TLI for recycling purposes.

Mobile crews maintain roadside parks in Floyd, Lamb and Castro counties. And workers are assigned to provide janitorial and general maintenance services at the two comfort stations on Interstate 27 between Abernathy and Hale Center.

The final level is the Supportive Work Program which places clients into local businesses.

"Supported employment affords individuals with disabilities the opportunity to work in an integrated workforce," the director said.

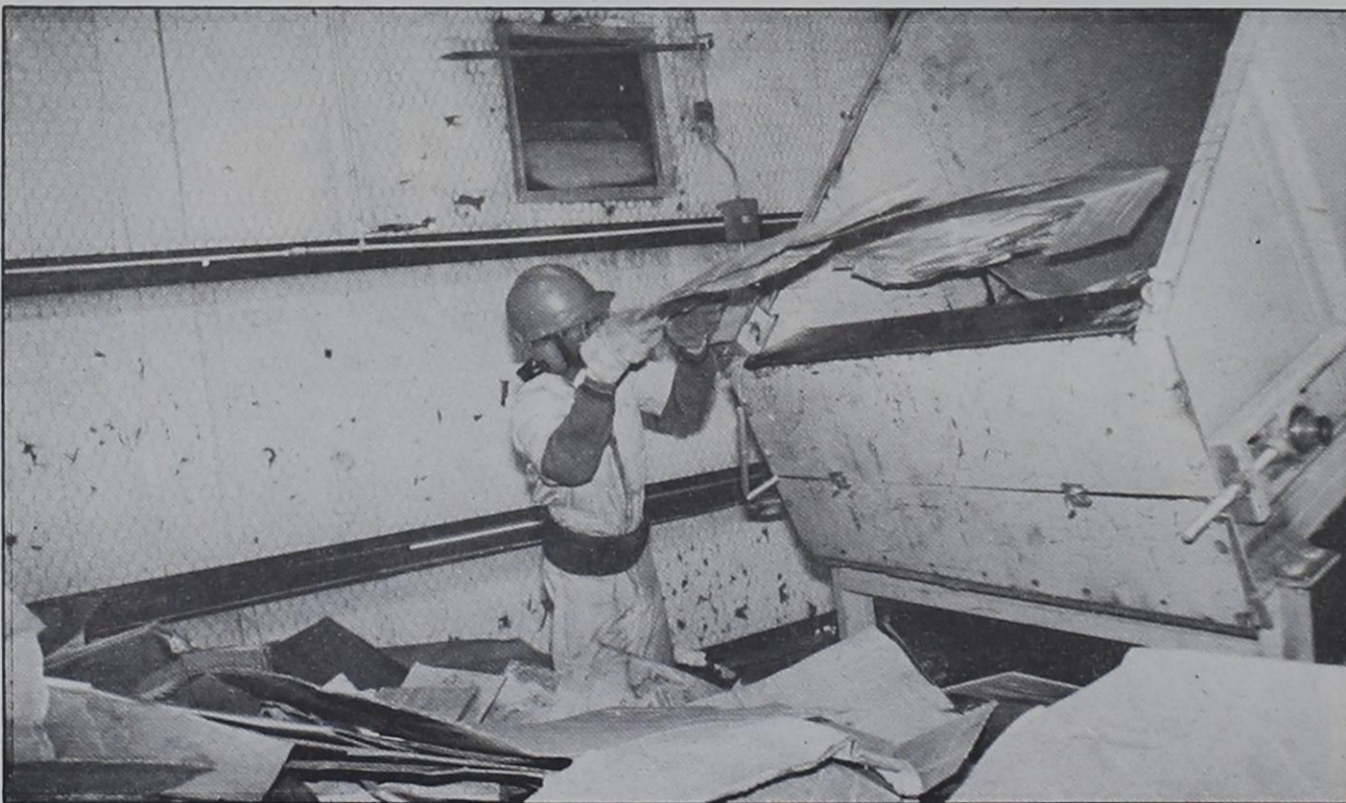
Individuals are placed in supported employment by matching their skills, abilities and interests to a particular job. A job coach provides on-the-job training.

When an individual is able to perform all duties required, the coach makes weekly followup visits with the worker and the employer.

The goal of the entire TLI work program is to help clients become more self-reliant.

"We see improvement in self-esteem as they are given an opportunity to interact," the contract development coordinator said.

Staff at TLI in addition to the director and contract development coordinator includes four supervisors, direct care workers and professional staff as well as production training personnel.



Work programs

The recycling center is just one part of Tommy Lewis Industries, which provides vocational training, adult education and job placement. Consumers work in the workshop, on road crews, in the recycling center and at businesses in the community.

AT-A-GLANCE

NAME: Tommy Lewis Industries
ADDRESS: 208 South Columbia Street
TELEPHONE: 293-1391

PROGRAMS: Multiphase educational and vocational training program including workplace support for developmentally disabled adults.

Phase I — Assessment plus educational/vocational training.

Phase II — In-house sheltered workshop.

Phase III — In-house TLI Recycling Center employment.

Phase IV — Mobile crew outside work programs.

Phase V — Supportive Work Program allows clients to be employed by local businesses with the assistance of a TLI coach.

COMMUNITY SUPPORT PROGRAM

Integration is the focus of the Community Support Program, which seeks to place individuals who are chronically mentally ill into the community.

The philosophy is to individualize treatment to meet each consumer's needs to maximize community adjustment, according to the program coordinator.

"Community Support Program basically provides the skills and support people need to make it in the community," the coordinator said.

"After the years when they institutionalized them, the goal was community placement. Today, we take that a step further. We talk about community integration.

"The goal is to provide support so people can integrate themselves in the community," she said. "We no longer talk about sheltered environments but integrated environments.

"That means providing individuals with the skill and support they need so they can choose where they want to live, where they want to go to school, where they want to work, what careers they want to pursue and with whom they want to socialize."

The program provides a minimum of 30-hours a week of training and therapy and after-hours recreation and support to chronically mentally ill individuals who are 18 years of age or older.

It also provides an environment which empowers consumers and helps them to improve their quality of life and independence while providing an easy transition for re-entering community living.

"We teach skills to people," the

coordinator said. "We begin with assessments to determine what skills they need to gain. Then, we teach those skills."

Treatment for consumers can include pre-vocational skills training, vocational service, supported education, peer support groups, living skills training and socialization.

Before being placed in a job, consumers are taught responsible decision making.

"We help people go through the process of making good decisions — setting good goals, valuable goals, attainable goals in their life," the coordinator said. "Once those goals are set, we do a functional assessment. We look at what skills they need to learn to be successful and satisfied in what they choose to do."

Vocational service places consumers in a work situation.

"These people are not mentally retarded," the coordinator said. "Their level of education varies from a few years of school all the way up through people who have done postgraduate work. Sometimes, we have a hard time finding proper placement.

"In this community we are very fortunate in that there are a lot of people who are very open to working with us. There is good cooperation between the Texas Employment Commission and the Texas Rehabilitation Commission."

Program personnel work with local employers to provide reasonable accommodations in the workplace such as reduced hours or altered duties to reduce stress levels.

Supported education works with local educational agencies to help consumers complete their educational goals.

Many consumers who never finished high school receive their GED through the program.

Admission to the program takes place after the individual has been diagnosed as having a severe mental illness. And consumers may stay in the program as long as they choose.

"The research shows that service for people with severe mental illness should be long term, but it should be flexible," the coordinator said. "I shouldn't be the one to say how much support a consumer needs. That should be the consumer's decision. According to what is going on in his life, the consumer may need more support or less."

The program also caters to the families of individuals have chronic mental illness by providing support and education.

"The families of people with mental illness are crushed in grief when a loved one is diagnosed," the coordinator said. "The latest research shows that what families want the most is education. They want to know facts and figures.

Community Support Program works with about 50 to 60 consumers each year. Some 20 to 25 consumers are assisted daily. The staff, in addition to the coordinator, includes a psychologist and four technicians.

The road to rehabilitation is long, but the program is having success by including consumers in their own treatment process.

"This is a rehabilitation program. You can't do rehabilitation *at* people you must do it *with* them," the coordinator said. "Consumer involvement is a continuous process. We don't do anything without them being there."

Peter's Story

The Community Support Program is helping Peter, a 25-year-old Plainview man, realize his dreams.

As a high school student, Peter dreamed of graduating and entering the U.S. Navy. He wanted to be someone with a purpose.

Shortly after graduation from high school, Peter entered the Navy but during training his dreams were shattered. All he had hoped for seem to disappear as he began to hear voices. Peter was hospitalized with schizophrenia.

All Peter had dreamed of seemed to be coming to an end. For the first two years after he was hospitalized he didn't do much more than lie on a couch.

Then, Peter got involved in the Community Support Program. He became more active and the amount of time he spent in the hospital lessened. With the support of his family, case manager, program personnel and peers, he learned the skills he needed to make it.

Peter went through life skills pre-vocational training, peer support and finally vocational service as he progressed through the Community Support Program.

His family received support to help them deal with his mental illness.

Today, Peter lives on his own. He has a good job and has made a commitment to wellness through the Community Support Program.

AT-A-GLANCE

NAME: Community Support Program

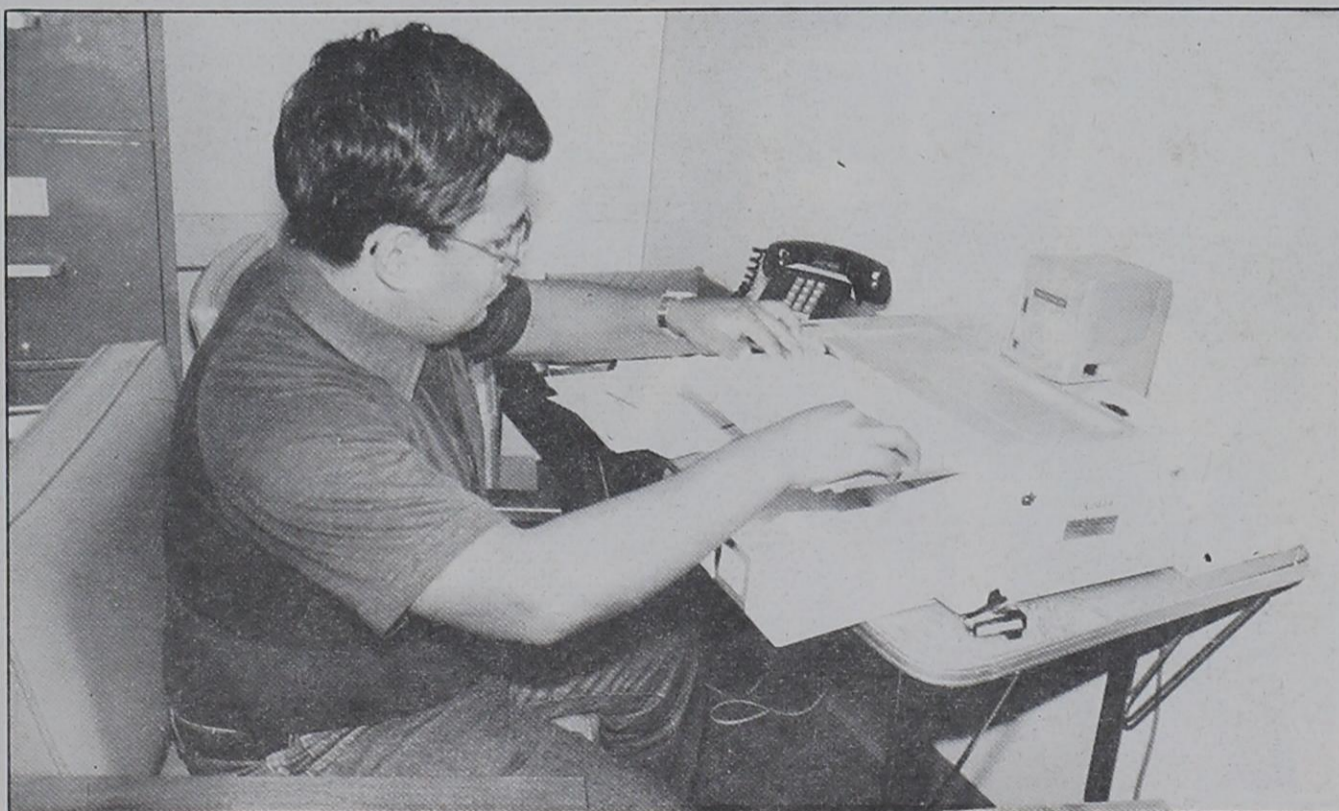
ADDRESS: 706 Canyon Street

TELEPHONE: 296-5685

PROGRAMS: The program provides a minimum of 30-hours a week of training and therapy and after-hours recreation and support to chronically mentally ill individuals who are 18 years of age or older. Emphasis is on community integration. Consumers may stay in the program as long as they choose. The program also provides education and support to the families of mentally ill individuals.

ADMISSIONS: Anyone in the nine-county Central Plains MHMR service area diagnosed as having a severe mental illness may participate.

TREATMENT: Includes pre-vocational skills training, vocational service, supported education, peer support groups, living skills training and socialization.



Integrating into the community

Through the Community Support Program this consumer has been able to secure a job where he makes microfilm copies of documents. Individualized treatment is the key meeting consumers' needs.

Kathy's Story

After six years in a state hospital, the new Dual Diagnosis Center operated by the Central Plains center for Mental Health, Mental Retardation and Substance Abuse is allowing Kathy to live in a community setting.

Kathy, 24, is mentally retarded but also has been diagnosed as also having mental health problems. She also has seizures that can be controlled with proper medication. Thus, she is a special case of MHMR officials.

During the six years she was in the state hospital, Kathy made significant progress. Before coming to Plainview, Kathy went through a 30-day dual diagnosis program at Abilene State School designed to prepare her for the community-based program here. She was assessed by an interdisciplinary team that helped her set goals and objectives for entering the community.

Upon arrival here in September, Kathy was very shy and introverted. But her trainers are seeing a change in her. She has improved her academic skills and has progressed in her vocational program. She is now working a six-hour day at Tommy Lewis Industries.

Kathy also has improved her social skills. She now leaves the home more and interacts with the community.

DUAL DIAGNOSIS



Central Plains Center for Mental Health, Mental Retardation and Substance Abuse is breaking new ground with the Dual Diagnosis Center, a unique program started Sept. 1.

Dual Diagnosis serves adults who are mentally retarded but also have a diagnosis of mental illness. According to Central Plains MHMR officials, the center is unique in that it is the first community center in Texas to offer services to individuals having a mental health and mental retardation diagnosis.

State MHMR officials are closely monitoring the progress of the program in hopes of duplicating it at other community centers throughout the state.

The program includes two components — a residential program and a day program. The residential program can admit up to four consumers while the day program is open to up to eight consumers.

Individuals are admitted into the program from multiple disability units at either state schools or state hospitals. In most cases, this program is the first opportunity for these consumers to move into a community setting to receive services.

Dual Diagnosis is a highly supervised program with the trainer-client ratio being 1-to-2 during waking hours. It is highly structured.

The goal of the program is to address the behavioral problems of

dual diagnosis individuals through comprehensive behavior management in a community setting. This is accomplished through training and the use of a psychologist.

While the program is in its early stages, Central Plains MHMR officials hope to use it to extinguish undesirable behaviors in dual diagnosis individuals so that the consumer can eventually move into the community either through a group home, adult foster care or individual placement.

The residential program is highly structured with the emphasis being on skills development through behavior management. A behavior management program is established in association with a human rights team and a interdisciplinary team. The residential program uses professional staff for intensive training.

The residential facility offers family-style living for the four participants. In addition to living quarters, the facility includes kitchen and dining areas, a television lounge and laundry facilities.

A special feature of the residential facility is the mood room, which is designed to allow consumers to exercise their emotions in a protected environment. For example, a client seeking peace and quiet can curl up in a beanbag chair and listen to music on headphones.

However, there also is some padded walls for individual who feel the need to punch out their frustration.

For those who want to work off emotions, there is a stair-stepper and a stationary bicycle to allow them to let their energy go.

The day program offers training in academic and social skills. Some consumers can even secure a GED while in the program.

The day program also includes vocational training through Tommy Lewis Industries with consumers able to earn an income through job assignments.

In the day program, the emphasis is on social rewards for good behavior. Rewards include field trips, movies and trips to local restaurants as well as other.

Staff for the program include a program coordinator, psychologist, caseworker/day program supervisor, six full-time trainers, six part-time trainers and a part-time secretary.

The Dual Diagnosis Program is linked to demonstration program at Abilene State School. Thus, the professional personnel work closely with the professional in Abilene. Some clients go to Abilene for diagnostic testing.

Program personnel also are linked to Dr. Peter Sturney and Dr. Johnny Matson, two of the top researchers in dual diagnosis.

Although the program is young, Central Plains MHMR officials say they are highly pleased with the success realized thus far.



Practicing skills

At the new Dual Diagnosis Center individuals who have been diagnosed as being mentally retarded and having mental health problems learn life skills to help them function in the community.

AT-A-GLANCE

NAME: Dual Diagnosis Center
ADDRESS: 2700 Yonkers
TELEPHONE: 293-0067

ADMISSIONS: Individuals come to the program from a multiple disability unit of a state school or state hospital. Participants must have demonstrated progress while living at a state institution.

ASSESSMENT: 30-day program at Abilene State School as well as local assessment by Central Plains MHMR professional staff.

PROGRAM: A four-person residential program and an eight-person day program is offered. The residential program teaches life skills and social interaction. The day program includes those skills as well as vocational and academic training.

TRAINER-CLIENT RATIO: one to two.

FUNDING: State grant

MARY BUBLIS HOME

Bob's Story

A lot has changed in Bob's life since he came to the Mary D. Bubliss Group Home two years ago.

The 24-year-old mentally retarded man lived with his parents and had no living skills at all when he came to the home. But in the past 24 months he has progressed to a level where he is working independently in the community and will soon have an opportunity to live in a low-supervision independent environment.

Bob was insecure, very shy and withdrawn, but with the help of his trainers he has learned how to interact socially and take responsibility.

He went through the cycle of work programs at Tommy Lewis Industries, progressing from basic vocational classes to work on litter collection and recycling crews. He is now in a TLI program that secures independent employment.

Bob knows how to care for himself. He can prepare a meal and properly take his medicine without significant supervision. He goes shopping on his own and manages his money. His trainers say he interacts well when he goes out into the community.

Without the training he receives at the Mary D. Bubliss Group Home and TLI, Bob would not be the person he is today. He might still be withdrawn and insecure.

M

ary D. Bubliss Group Home is designed to provide community living and life skills training for handicapped adults who are mentally retarded.

The home is a cooperative effort between the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse and Bethesda Manor Inc., a not-for-profit organization. Bethesda Manor is responsible for the property management of the home, while Central Plains Center is responsible for the program. Consumers pay 30 percent of their income to stay at the home.

The 12-bed facility is one of the few group homes in the state providing single-room occupancy. While basic furniture is provided, consumers are encouraged to decorate their living quarters according to their own taste.

There is no maximum length of stay, but individuals who show an ability to master life skills can be considered for movement into the Central Plains Center's less restrictive Intersperse program, which provides independent living.

Training at the home focuses on learning by doing. Consumers learn skills through participation.

For example, participants cook their own meals. Each consumer is responsible for certain responsibilities at each meal. Responsibilities

are in accordance with the individual's level of ability and increase as the consumer makes progress.

Each year the needs of each consumer are determined during a meeting with an interdisciplinary team. That time goals and objects are set for the individual. These include improves in social development, hygiene skills, money management skills and medication management skills as well as other areas.

Emphasis is placed on those areas where the level of functioning is low. Thus, improvement is the desired result over the 12-month time period. Sometimes that improvement is rapid, while sometimes it is slow. The program is paced by the consumer.

The professional staff at the home includes a supervisor, a qualified mental retardation professional, a licensed vocational nurse, four full-time direct care staff members and five part-time direct care staff members. The trainer-consumer ratio during waking hours is 1-to-6.

All residents work at Tommy Lewis Industries for six hours a day, Monday through Friday. Then, at home they receive a different type of training than what they learn at the sheltered workshop.

Now in its sixth year of operation, the home features living areas, a television lounge, kitchen and dining areas, a laundry room and a recreation area. It basically provides everything that is found in a typical home in the community.

Additional features of the program include an extensive recreation program that includes field trips, in-house gatherings, and visits to local movie theaters.

The recreation program also includes participation in Special Olympics, which offers consumers an opportunity to participate in athletic events at the local, regional and state level.

A new facet of the recreation program allows consumers to be much more mobile. It provides program participants with a bicycle to ride around town. Before receiving their bicycle each participant must successfully complete a bicycle safety course and agree to wear a helmet.

Approximately 20 people have come through the home during the six years it has been in operation. Some have moved on to Intersperse, while others have moved into other programs.

However, the program offered at the home is not one which has significant turnover. Several of the current residents have been at the home since it opened.

AT-A-GLANCE

NAME: Mary D. Bubliss Group Home
ADDRESS: 2700 Yonkers
TELEPHONE: 293-9366

PROGRAMS: 12-bed facility offers housing and life skills training to adult over 18 who are mentally retarded. The property is managed by Bethesda Manor Inc., while the program is operated by Central Plains MHMR. Consumers are taught social development, hygiene skills, money management skills, medication skills and other skills necessary for community living.

ADMISSIONS: Persons with a diagnosis of mental retardation living within the Central Plains MHMR nine-county service area are eligible for admission. Housing cost is 30 percent of the individual's income.

ASSESSMENT: Each consumer's needs are determined annually during a meeting with an interdisciplinary team where goals for the 12-month period are established.



Learning skills

Working with trainers and other personnel, consumers living at the Mary Bubliss Group Home learn life skills that may someday allow this to live on their own and become a part of the local economy.

Mike's Story

When Mike's parents died, the 28-year-old moderately mentally retarded man didn't have anyone to care for him.

For a while his brothers attempted to care for him, but he was often left alone at home for extended periods of time without supervision. That proved to be a bad situation.

Realizing their inability to offer Mike the type of care he needed, his brother finally contacted the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse and requested placement for Mike. Central Plains MHMR conducted an assessment and soon admitted Mike to the Riley Armstrong Group Home.

Two years later, Mike has made great progress.

When he came to the home, Mike's life skills were limited at best. But with the help of trainers, he has learned how to take care of himself. Not only does he now know how to perform basic tasks, but he enjoys doing them and often requests extra duties.

His vocational skills also have improved. Mike works on a road crew for Tommy Lewis Industries and hopes to someday have a community-based job. He also mows lawns in his neighborhood to earn extra income.

His trainers have filled the void left by the death of his parents and have helped him reach his potential.

RILEY ARMSTRONG HOME

R

iley Armstrong Group Home is licensed as an intermediate care facility for moderate to severely retarded individuals within the nine-county service area of the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse.

The home offers total residential care along with a day program that provides six hours of employment each day through Tommy Lewis Industries, where more residents work on the production floor.

The home is designed for individuals who are lower functioning than those who live at the Mary D. Bubliss Group Home. Thus, consumers require closer supervision and more assistance than those individuals who are residents at the Mary D. Bubliss Group Home.

There is a 1-to-3 trainer-client ratio during waking hours which allows direct care staff to provide personal attention.

The training-by-doing concept is emphasized at the home. However, tasks are broken down to a simpler level and more direct instruction is given. For example,

instead of cooking a complete meal, a consumer may be asked to prepare one task for each meal such as setting a table.

Responsibilities are based upon ability with consumers not being required to do more than their level will allow.

The six-bed facility features 3,700 square feet of living space in a family-style atmosphere. Program participants live in two-person rooms where they may decorate their living space according to their own taste.

Other features of the home include a large recreation area, a television lounge, kitchen and dining areas, and living areas for group gatherings.

Riley Armstrong Group Home is not a time-limited program. Residents may stay as long as they are benefiting from the services being offered there.

Most participants remain residents for extended periods of time, but occasionally individuals do master enough life skills to be moved to the Mary D. Bubliss Group Home, which offers much less restrictive environment.

In addition to learning life skills,

the home includes an academic component where participants learn basic reading and writing. In some cases, participants may progress to where they are obtaining the skills necessary to secure a GED.

Community involvement is a major focus of the program. As a group, consumers attend events in the community such as rodeos, movies and sporting activities at Wayland Baptist University.

The home provides transportation to allow consumers to go shopping, make home visit and travel to work.

Located in a residential area, the home is well accepted by neighbors. Like their neighbors, residents go to work each morning and return home each evening.

Funding for the program comes through Chapter XIX Medicaid funds, which Central Plains MHMR receives on a reimbursement basis.

Staff at the home includes a supervisor, a qualified mental retardation professional, a licensed vocational nurse, four full-time trainers, five part-time trainers and a part-time secretary.



Family life

Consumers who live at the Riley Armstrong Group Home work together as they learn life skills in a family setting. The home caters to moderate and severely mentally retarded individuals.

AT-A-GLANCE

NAME: Riley Armstrong Group Home
ADDRESS: 2700 Yonkers
TELEPHONE: 296-2777

PROGRAMS: An intermediate care facility for moderate to severely mentally retarded individuals requiring moderate assistance with life skills in order to function within the community. Also include an academic component teaching reading and writing.

COSTS: Medicare reimbursement

TRAINER-CLIENT RATIO: 1 to 3

ASSESSMENT: During an annual meeting with an interdisciplinary team, consumers help determine the goal for the next 12-month period. Accomplishments also are evaluated when the annual assessment is made.

INTERSPERSE

Jessie's Story

Jessie, a 24-year-old old mentally retarded man, benefits from case management services.

After graduating from high school, he was referred to the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse so he could become more independent.

To receive the necessary training, Jessie moved into the Riley Armstrong Residential Facility in March of 1989. There, he learned money management, domestic skills and other life skills.

Case Management also helped Jessie receive vocational training at Tommy Lewis Industries, where he prepared for community employment as a custodian for a local business.

Jessie's living skills improved enough to allow him to live independently. He found an apartment, applied for funding to furnish it, and selected furniture and other domestic items to set up his new household.

His case manager has monitored his shopping skills and found a housekeeper to assist him. Jessie's case manager continues to assist him in managing his money and paying living expenses.

With the help of Central Plains MHMR's case management program, Jessie is living an independent life.

Intersperse is giving severely mentally ill individuals an opportunity to master basic living skills while moving back into the community, where they can use those skills in a supervised independent setting.

The program focuses on consumer choice, according to the director of residential programs for the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse. Trainers provide support services and guide clients in making their own decisions.

"The trainers assist clients in developing their skills," the director said. "The clients make decisions about where they will live, shopping, managing money, keeping a checkbook and buying food. It's all consumer choice."

Intersperse began in September 1990, but planning began almost a year earlier. The plan called for closing two 12-bed group homes, opening a six-bed residence center and quarterway house, and securing community-based apartments for individuals in the final phase of the program.

"We were taking a risk," said Central Plains MHMR Executive Director Rick Van Hersh. "People are opening group homes, not closing them down."

The gamble paid off.

The two 12-bed facilities have been remodeled into substance abuse centers and Intersperse is showing an incredible success rate that even its designers hadn't expected.

During the nine months prior to the start-up of Intersperse, program participants spent a total of 165 days in state hospitals or crisis stabilization

units. Since Intersperse has been initiated, none of the participants have been admitted to state hospitals and only one participant has been admitted to a crisis stabilization unit — a short 10-day stay. And he is back in Intersperse.

"We're seeing results in our clients," Van Hersh said. "They are acting human because they are being treated as humans. They have never had a home. They have either been in a state hospital or a group home where they were told when to get up, when to go to bed, when to eat, and how to dress. For the first time they have a place they can call home. They can make their own decisions."

"We're seeing increases in self-esteem," the director of residential programs said. "They are acting like individuals. They feel better because they know they are paying their own way. They create their own routine."

The program is set up in stages. Individuals are admitted into Intersperse from either a state hospital, a crisis stabilization unit or one of Central Plains MHMR's offices in the center's nine-county service area.

The first phase is a four-bed group home offering placement to two men and two women who have been diagnosed as having mental health problems.

The length of stay at the home is determined by the individuals needs and according to an assessment by an interdisciplinary team.

While staying at the home, consumers learn the living skills that will eventually enable them to move into an

independent environments.

The final stage of Intersperse is where clients select where they will live and move into the community. All program participants have roommates and crisis personnel are a phone call away 24 hours a day.

In the final phase, trainers visit clients in their homes to assist them in making daily decisions. A registered nurse on the Intersperse team also participates in the assessments.

During the first 30 days, trainers assess the client's ability to function in the community, the director explained. Thereafter, the emphasis is on reducing the dependence of the clients as they adjust to community life.

"We hope to reach the point where we can back off," Van Hersh said. "Some that needed several hour a day are down to a few visits a week. We want them to reach the point where they really don't need us."

Of course assistance is always available when clients are in need.

Van Hersh attributes much of the success of the program to the director and the staff.

"I am extremely proud of the staff," he said. "They have achieved something centers are wanting to do across the nation."

Experts says community placement is where programs for the severely mentally ill are going. As a result, Intersperse has been recognized nationally for its innovation. This year, the National Council of Community Health Centers gave Intersperse the Special Award for Service to the Seriously Mentally Ill.

AT-A-GLANCE

NAME: Intersperse
ADDRESS: 631 Broadway
TELEPHONE: 293-0063

PROGRAMS:

Community-based housing is provided to severely mentally ill clients who have demonstrated the ability to master basic living skills with the assistance of support services. Prior to living independently, consumers live in a four-bed group home where they learn the life skills needed to make it on their own.

ASSESSMENT: An interdisciplinary team examines the consumer's needs to determine if he should be eligible for the program and to determine the length of stay at the group home.

ADMISSIONS: Individuals are admitted from either state hospital, crisis stabilization units or one of Central Plains MHMR's office in its nine-county service area.



Moving out

The Intersperse program is allowing some consumers who have lived their lives in institutions and group homes to experience independent living. They cook their food, wash their clothes, keep house and go to work each day.

James' Story

Though his life had a rocky beginning, the Eleanor Griffin Children's Development Center is helping young James develop into a healthy child.

J.B., as he is known to friends and family, and his twin sister Samantha were born July 30, 1989. Born 10 weeks premature, he weighed only 3 pounds at birth.

The lad spent 68 day in the hospital as the complications of his early birth included hemorrhaging on the left side of the brain.

The complications have resulted in muscle function and motor development problems which affect his mobility and speech skills.

Working hard to accomplish toddler-type skills and behavior is part of J.B.'s daily routine at Eleanor Griffin Children's Development Center, a part of the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse.

He receives multiple therapies at the center each day. With the help of the center's staff he is developing the skills he will need for a productive life.

J.B. is one of many children who benefit from the Early Childhood Intervention services offered at Eleanor Griffin Children's Development Center. Many children receive services at home.

ELEANOR GRIFFIN CENTER

Developmentally-delayed children from birth to 3 years of age are being given an opportunity to improve basic skills through services provided by Eleanor Griffin Children's Development Center.

The center provides early childhood intervention services to developmentally-delayed children and children at risk of becoming developmentally delayed within the nine-county service area of the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse.

In addition to assisting the developmentally delayed and those who are at risk, the center also works with children who are visually or auditorily handicapped as defined by the Texas Education Code.

In order to be eligible for services, a child must be delayed in one or more of the following areas: cognitive skills, motor skills, speech or language skills, social or emotional skills or self-help skills.

"A delay of a few months early on can be rather significant for a child," explained the program coordinator. "We feel the earlier diagnosis is made the better off that child is."

In order to provide early intervention, the center has an extensive screening program in all nine counties served. Last year personnel screened more than 250 children at daycare centers.

In addition to those screenings, the center also receives referrals from a number of individuals, organizations and agencies.

"Our referrals come from a variety of sources — physicians, Texas Tech University Health Sciences Center, University Medical Center, Cerebral Palsy Clinic, Texas

Department of Health, school nurses and diagnosticians, parents, and friends of families," the coordinator said.

When a screening reveals a child may qualify for the center's programs, contact is made with the parents and arrangements are made for a full assessment. Often the assessment takes place in the home.

If the child is qualified, an individual family service plan is created for the child and his family.

"Intervention is designed to meet the unique strengths and needs of the child and family," the coordinator said. "The individualized program may include such services as developmental intervention, speech therapy, occupational therapy, physical therapy, nutrition or health services, and counseling."

Case management also is provided to each eligible child.

The individual family service plan also may include referrals to other agencies as necessary.

State law makes public schools responsible for visually- and auditorily-handicapped children from birth. However, services are provided jointly with all agencies involved participating in the creation of the individual family service plan so that all needs are met.

Services are provided in two arenas — the Plainview center and individual homes. Currently there are 13 children enrolled in the Plainview center and approximately 35 children being served through the homebound program.

If they are able, children in the Plainview area come to the center each day for services. Children outside the immediate area and fragile children even in the immediate area are served

by homebound teachers.

However, there are some services which cannot be handled in the home. Clinics held at the Plainview facility as well as MHMR's branch offices are used to provide those services.

"Once a month our occupational therapist will go to each branch office and the teachers bring the children in," the coordinator explained.

The center also utilizes a physical therapist from Amarillo and a speech/language therapist from Texas Tech University in clinic settings at the Plainview facility.

The center's staff includes one teacher who works at the Plainview facility, three homebound teachers, two case managers, a program facilitator who provides assessments, an occupational therapist, clinical aide, two classroom aides, an office manager, and a Greenthumb worker.

Eleanor Griffin Children's Development Center was started by Eleanor Griffin who worked for the Plainview Independent School District, Dr. Mary Bubliss and Judge C.L. Abernethy. Known as High Plains Training Center, the center existed before the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse was created.

"They wanted community services for these individuals," the coordinator said. "Years ago it was common practice to place a child in a state school. Community services were non-existent. They thought it would be a good idea if there was an organization to assist these children with diagnostic treatment and hopefully keep those youngsters out of state school placement."



Early learners

Two staff members at Eleanor Griffin Children's Development Center work with a young boy who has motor development problems. The center provides early childhood intervention services to developmentally delayed children as well as children at risk of becoming developmentally delayed.

AT-A-GLANCE

NAME: Children's Development Center
ADDRESS: 710 Quincy Street
TELEPHONE: 293-4475

PROGRAMS: Early childhood intervention services to developmentally delayed children and children under 3 at risk of becoming developmentally delayed. Also services for children under 3 who are auditorily or visually handicapped.

ADMISSIONS: The child must be delayed in one or more of the following areas: cognitive skills, motor skills, speech or language skills, social or emotional skills, or self-help skills. Screenings are conducted at various locations throughout the nine-county Central Plains MHMR service area.

REFERRALS: Physicians, Texas Tech University Health Sciences Center, University Medical Center, Cerebral Palsy Clinic, Texas Department of Health, school nurses and diagnosticians, parents, family and friend

SERVING THE AREA

Mickey's Story

Mickey, a 57-year-old man suffering with mild mental retardation and severe rheumatoid arthritis, benefits from the In-Home Family Support Program.

Mickey has endured many surgeries over the years.

During the past 18 months, In-Home Family Support funding has provided Mickey with an electric, hospital-type bed, handrails for the bathtub and toilet, a whirlpool for the bathtub, and medications, as well as mileage costs from his home in Lockney to his doctor and therapy appointments in Plainview.

This funding has allowed Mickey to recuperate at home. The funding from Central Plains MHMR also has helped alleviate the financial burden placed upon his mother.

Individuals like Mickey may be granted up to \$3,600 each year from In-Home Family Support. They also may receive \$3,600 as a one-time grant for large purchases.

By having the equipment, Mickey can stay at home and be with his family.

W

While the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse is based in Plainview, six branch offices serve the center's nine-county service area.

Branch offices are located in Dimmitt, Muleshoe, Floydada, Friona, Littlefield and Tulia.

All six offices offer mental health, mental retardation and substance abuse assessments, with referrals being made to many of the programs offered at facilities in Plainview. However, some direct services are offered at the branch offices.

Each branch office is open from 8 a.m. to 5 p.m. daily, with the telephone being answered by a recording during off hours. Lifeline — 296-5555 — is available during off hours for persons in crisis who normally work with Central Plains Center personnel assigned to branch offices.

Dimmitt Counseling Center is located at 109 N.E. Second St. The telephone number is 647-2409.

Services offered at the Dimmitt office include outpatient counseling, adult alcohol and drug counseling, adolescent substance abuse counseling and

the Rural Infant Education Program in addition screening and referral services.

Located at 623 W. Second St., Muleshoe Counseling Center offers three programs in addition to screening and referral services. Those services include the Rural Infant Education Program, outpatient counseling and adult alcohol and drug counseling. The office may be reached at 272-4433.

Four programs are offered at Parmer County Counseling Center, which is located at 715 Main St. in Friona. The office number is 247-3522.

Services offered include adult substance abuse counseling, adolescent drug and alcohol counseling, outpatient counseling and the Rural Infant Education Program. The programs are in addition to screening and referral services.

Floydada Counseling Center is located in the Floyd County Courthouse, which is on the square. The office telephone number is 983-2584.

In addition to screening and referral services, four programs are offered at Floydada Counseling Center. They include the Rural Infant Education Program, outpatient counseling, adult

alcohol and drug counseling, and adolescent substance abuse counseling.

Littlefield Counseling Center is located at 100 W. Fourth St. and can be reached at 385-4013. The office offers outpatient counseling, adolescent alcohol and drug counseling, adult substance abuse counseling and the Rural Infant Education Program in addition to screening and referral services.

Three programs are offered at Tulia Counseling Center in addition to screening and referral services. The office is located at 310 W. Broadway and may be reached at 995-3720.

Other services offered at the Tulia office include the Rural Infant Education Program, outpatient counseling, and adult alcohol and drug counseling.

While offering services that are in high demand within each community, Central Plains Center's six branch offices act as a feeder system for individuals who may need additional services for mental health, mental retardation or substance abuse problems. Consumers may access all services through the branch office nearest their community.

Barbara's Story

Barbara is staying active with the help of the Retired Senior Volunteer Program.

After her retirement and the death of her husband, the 75-year-old grandmother didn't have much to do. While she enjoyed her leisure hours, Barbara wanted to remain an active and productive part of the community. She wasn't content to just sit at home all day.

Lillian, an RSVP volunteer working at Central Plains Regional Hospital, introduced Barbara to the volunteer program and she quickly found that it allowed her to stay busy while helping the community.

Twice each week Barbara drives to South Plains Health Provider Organization. There, the retired school teacher provides volunteer service as a clerk.

Barbara works approximately four hours each day. Her duties include filing, operating the copy machine and performing some light secretarial duties.

The work is personally rewarding to Barbara, who had always been around people when she was a part of the regular workforce.

F

For 18 years, the Retired Senior Volunteer Program has been sponsored by the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse.

"Our program began in Plainview in 1973, just two years after the first program was created," explained the program coordinator, who has been working with RSVP for 11 years.

"We have been with the Central Plains Center for Mental Health, Mental Retardation and Substance Abuse from the beginning. They sponsored our program when it was created here."

The program is designed to provide senior citizens who are 60 years old or older with an opportunity to do community service.

"We recruit senior citizens and then place them in non-profit public agencies as volunteers," she said.

Volunteers provide a vital workforce for organizations that are serving the community.

Currently there are three counties within Central Plains MHMR's nine-county service area which benefit from volunteer services provided by RSVP. The program began in Hale County 18 years ago and has been in Floyd and Lamb counties for approximately six years.

"We have approximately 535 volunteers and about 65 volunteer stations where they work," the coordinator said.

But RSVP is always looking for more volunteers and more opportunities to assist non-profit community agencies.

"Our best recruiting tool is friends telling friends about our program," the coordinator said.

RSVP also sends letters to individuals who are retiring to make them aware of the volunteer opportunities available through the program.

In recent years RSVP has experienced strong growth.

"We have had tremendous growth," the coordinator said. "The program started in 1973 with just 10 or 12 volunteers. When I started 11 years ago we had less than 200 volunteers and now we have more than 500."

Volunteers work in a variety of areas based upon their skills. There are opportunities for service in hospitals, nursing homes and other medical facilities; non-profit service agencies; and state, federal and local government agencies.

"We have volunteers at South Plains Health Provider Organization, Central Plains Regional Hospital, all the nursing homes, the Hale County Extension

Office and Hale County Senior Citizens Center to name a few," the coordinator said.

Most RSVP volunteers are women, but that trend is changing.

"We are trying to turn that around because there is a tremendous need for both male and female volunteers," she said.

The coordinator said the major benefit of providing community service through RSVP is that all volunteers are covered by insurance.

"We provide insurance coverage for the volunteers going directly to and from their volunteer assignment and while they are actually involved in the project," she said.

RSVP has a unique funding system. Sponsorship funding is provided by Central Plains MHMR, but most of the program's funding comes from a federal grant.

A 30 percent local match is required for continued federal funding. That 30 percent comes from a variety of sources including state funds from the Texas Department of Aging, Central Plains MHMR's sponsorship and local fundraising efforts.

R.S.V.P.

Thanks

Central Plains MHMR Appreciates The Support And Contributions Of These Businesses and Individuals

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