

The Sudan Beacon-News

FIFTIETH YEAR NUMBER 49

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WOODWORK
by dalton

SOME THINGS are best read in or near the bathroom, because they make you sick. Now that might or might not include this column, but what I am referring to is a story in which the president of a group called Man Watchers Inc. put Burt Reynolds at the top of their list of 10 most beautiful men for 1974, for his "animal magnetism, masculinity, sense of humor and great good looks from top to bottom."

What really caused me to stop reading the story was the president's claim that women notice men's rear ends more than any other male characteristic.

Somehow this seems to fit in with the trend of today's dirty-talking, dirty-acting television shows, books and movies and songs. Even the cartoons have their characters using foul language (we noticed this in a program the other day about a 2000-year-old man).

Well, on to cleaner things. Let's talk about shampoo.

ARE YOU aware of how difficult it is to find plain old shampoo in the bathroom, if you have teenagers in your home? Not long ago I was going to wash my hair one night and I started looking around the room for something which would get it clean. I found some Selsun in a brown bottle. It is supposed to get all the sororis or something out of your hair. (I used to think that's what you called it, but later on I found out that sororis is a garden club or study club or something).

Anyway, I didn't want the Selsun, so I looked around a bit more and found something called Herbal Essence. It is supposed to have herbs or flowers or some kind of substance in it to make your hair smell good. Then I found a bottle of something called Wheat Germ Oil and Honey, and that sure sounded like a mess to be putting on one's head.

There was something else that is supposed to give your hair "body". I didn't want any body in my hair; I just wanted to get it clean. Seems to me that it is harder and harder to find just plain old shampoo that simply gets the dirt out, which is all a person really needs.

Actually, I guess I could just use a bar of soap, since I remember we used to wash our hair this way (and in those days I had a lot more hair to wash than I do now). I think next time I go to the grocery store, I'll just pick up a bar of Lava and try that.

Bank Reports Largest Deposits & Earnings In Bank's History

Guy W. Walden, Chairman of the Board and President of The First National Bank of Sudan, Texas reported that at the Annual Shareholders meeting held January 21, 1975, James P. Arnold, Joe P. Ellison, Mrs. Francis Furneaux, Grady Franklin Maples, Mrs. Ruby Mileur, Guy Nickels, and Guy H. Walden were re-elected directors and Mrs. Sara M. Woods was re-elected Secretary of the Board. Walden reported to the Shareholders that the earnings and expenses for the year 1974 were the largest in the history of the bank. Also that the net profits were higher than any other year. He reported that the bank's contribution to the local economy in salaries and dividends amounted to 116 784 33 and 120 224 26 interest paid to customers with savings deposits.

Walden then said at the Annual meeting of Board of Directors held the same day, the appointment of the following officers, Guy H. Walden, Chairman and President and Chief Executive Officer, James P. Arnold, Executive Vice President and Vice Chairman of the Board, Mrs. Sara M. Woods, Senior Vice President and Secretary of the Board, Ronald S. Gatewood, Vice President and Cashier, Mrs. Verna L. Ingle from Assistant Vice President to Vice President, Mrs. Arlene Provence from Assistant Cashier to Assistant Vice President, Mrs. Elizabeth Walden from Assistant Cashier to Assistant Vice President, Mrs. Mary Ann Gordon to Assistant Cashier and Miss Vicki Doty to Assistant Cashier were made and approved. The Board also approved the purchase of the office building adjoining the bank on the west for future expansion. It is planned to remodel the building and make additional working offices.

SENIORS BEGIN PLAY PRACTICE

Members of the 1975 Senior Class have begun work on their play entitled "Everybody's Crazy". It has a cast of 14 and a tentative date of March 14 has been set for presentation to the public. Class sponsors are Mr. Buddy Lowrance and Mr. Jimmy Ford.



PHYLLIS RAY is attempting a basket above for the Sudan Hornets in the contest with Amherst Tuesday night when she scored 16 points. Sharon Burton led Sudan with 19 points in the loss of 45-43. (Staff Photo)



HORNET DENNIS FLOWERS attempts a basket for Sudan in the Tuesday night basketball encounter with Amherst Bulldogs to help his team to a win. However, the Bulldogs came from behind and defeated the Hornets 59-47. (Staff Photo)

STOCK SHOW WINNERS NAMED

Sudan FFA and 4-H youngsters had numerous animals to place in the annual Lamb County Stock Show held over the past weekend when John McNeill of West Texas State University was the judge. It was reported that this was the largest stock show ever in the County.

A Hereford steer owned and shown by Jimmy Fields under 4-H was the highest winner in the show by receiving the Reserve Grand Champion title with a prize of \$40. Fields also won Fields also won the showmanship award in the steer division, second place with a lightweight Angus and sixth place with a lightweight Cross.

Others placing in the steer division were Delbert Harlin in FFA, fifth with a Heavyweight Angus, and in 4-H sixth with a Heavyweight Cross. Daryl Roberts received first place of the breed in the Lightweight Angus division, and fourth with a Lightweight Cross in 4-H.

Tony Lopez placed third in the Lightweight Angus breed under FFA and fourth under 4-H with a Mediumweight Cross.

Brian May showed under the 4-H banner placing second with a Hereford Lightweight steer and eighth with a Heavyweight Hereford.

The lamb judging took place Friday afternoon with Cory Logsdon of Littlefield winning the showmanship award.

Local youngsters placing in the lamb division are as follows:

- Rusty Gore — 11th, LMW Hamp, FFA.
- Tony Lopez — 3rd, MW Hamp, and 14th HW Hamp, FFA.
- Terry Swart — 3rd, MLW Hamp, and 10th MW Hamp, FFA.
- Gary Ham — 5th, MW Hamp, FFA.

- Randy Gore — 10th, LW Hamp, FFA.
- Rick Hill — 9th, MW Cross, FFA.

- Barry Wiseman — 8th, LW Hamp, 7th, MW Hamp, FFA.
- In the swine division, Petra Lewis of Earth won the showmanship award. Sudan FFA students placing with their animals were the following:

- Jarrod Withrow — 6th, HW Cross.
- Craig Doty — 15th, HW Duroc.
- Donald Doty — 15th, MW Duroc.
- Brad Pierce — 12th, LW Duroc.
- Kevin Pickrell — 11th, MW Cross.

- Gary Ham — 6th, LW Cross.
- Greg Harper — 7th, LW Cross.

- 4-H members placing in the stock show were as follows:
- Celia Pierce — 4th, LW Duroc Swine.
- Cindy Moss — 4th, LHW Hamp lamb and 7th LHW Hamp lamb.

- Mike Hill — 7th, LW Duroc swine, and 16th, HW (Continued on page 4)



KATHY GATEWOOD
ESA NEWS

District IX of Epsilon Sigma Alpha will hold the district meeting Sunday, January 26 in Tula with Delta Sigma serving as hosts. District officers will conduct the business meeting.

District IX Beauty Queen will be chosen during the meeting with Kathy Gatewood representing the Iota Eta Chapter of Sudan in the contest.

Kathy is a full-time wife



Mr. and Mrs. Ricky Williams are parents of a son, Billy Bruce, born Sunday, January 19 in the Amherst hospital. He weighed 7 lbs. and 6 ozs.

The couple has two daughters.

Grandparents are Mr. and Mrs. Charley Williams of Sudan and Mr. and Mrs. David Cleveger of El Paso.

Born to Mr. and Mrs. James (Scrappy) Wingo of New Orleans, La. on December 20,

and mother, as well as an active member of ESA. She has been a member of ESA for two years and is presently serving as treasurer of the local chapter. She was recently appointed District IX Chairman for the Million Dollar Bike Ride for St. Jude's Children's Hospital and Research Center.

Kathy will be interviewed by judges, will appear before judges in formal wear, and will answer questions pertaining to ESA and its purposes. Other members from Denver City, Post, Lubbock, Muleshoe, Tula, Friona and several area towns will be vying for the Beauty Queen title.

FHA

The local FHA Chapter held their monthly meeting Monday, Jan. 20, with Nelda Carpenter, president, calling the meeting to order.

The annual banquet, or the possibility of an informal party, was discussed. A banquet was decided on and will have a theme of "The '50's".

The FHA will hold a "bake sale" Saturday, Feb. 1, at Pay & Save Grocery, Sudan. Please support your local chapter and buy during the sale.

Arrangements for the Area FHA Meeting and the annual Valentine cake party

1974, was a son, James Dempsey. He weighed 7 lbs., 15 ozs.

Grandparents are Mr. and Mrs. T. F. Wingo, and Mrs. L. B. Lightfoot of Lafayette, La.

The couple has a 3-year-old daughter, Melissa Gay.

LOCAL STOCK SHOW SLATED

The local F.F.A. and 4-H Annual Stock Show will be held Saturday, January 25, at the local show barn beginning at 1 p.m. according to Don Ham, Sudan High School F.F.A. advisor. He stated that there will be some 30 pigs, 19 lambs and 11 steers judged in the show this year. Serving as judge will be Tom Neeley of Monterrey High School, Lubbock.



CAROL LEGG, ALL-STATE

Texas Sports Writers cast their votes recently for Class B All-State offensive and defensive football teams and picked Hornet Carol Legg to fill the offensive guard position on the second team. Mickey Smith of Valley was the only other player from the north zone of District 2-B to be placed. He was named as defensive lineman on the second team.

Dominating the lists were Bronte, Big Sandy, Lefors and Rung.

Legg is the son of Mr. and Mrs. Ernest Legg and is a senior at Sudan High School where he has been active in the entire athletic program throughout his school years.

Superintendent of the show is Tommy Moss. Louis Fields is steer superintendent; Leonard Pierce, swine; and Freddy Maxwell, sheep.

Ribbons for the show will be furnished by First National Bank of Sudan, and trophies by Pay & Save Grocery, Sudan. Louis Fields will provide stall bedding for the animals.

Workday has been planned for Wednesday, January 24, to prepare the barn and grounds for the show. Anyone wishing to help may do so; it will be greatly appreciated.

8TH GRADE

Basketball

The Sudan eighth grade teams participated in the Springlake-Earth eighth grade tournament over the past weekend. The boys' team won their first game 20-19 over the hosts with Bob Graves scoring 11 tallies for the locals, R. Moore 6 and M. Jones 3. On Friday in the double elimination event, Farwell defeated the Hornets 41-22. R. Moore led Sudan with 14, Jones 4, Graves 3 and Pete Edwards 1. In the consolation game Saturday, Amherst blasted Sudan 40-18 in the consolation game. Moore scored 10, Jones 4 and R. Scott 4.

In the girls division of the tournament Springlake outlasted the Hornets 24-22. Deanna Flowers scored 13 for Sudan, Cathy Ham 4, Sabrena Vincent 3. In the second game, Sudan feds edged Farwell 16-14 with Miss Flowers scoring high in the game with 11 points. Sabrena Vincent had 5. Sudan feds won the consolation trophy by defeating the Dimmitt feds 29-10. Miss Flowers again led all scorers with 17 points, Miss Vincent had 6 and Diana Gardner 2, and King 6.

Monday in the local gym, Sudan eighth grade girls won over Happy in a 28-22 decision. Miss Vincent led Sudan with 15, Flowers had 9, King 2 and Tammy Wallace 2. The Sudan boys lost to the Happy Cowboys 33-24. Sudan failed to score a single point in the first quarter when Happy scored 11 and they could never catch up but outscored the visitors in the last half of the game. Moore led Sudan with 11 points and was followed by Jones who had 8. Scott had 3 and Chris Gonzales 2.

The two eighth grade teams are scheduled to participate in the Hart Jr. High Tournament, Jan. 23-25 with their first opponents Dimmitt and 4 and 5:15 p.m.

VARSITY BASKETBALL

Both varsity teams lost their district encounters Tuesday night at Amherst in close battles leaving the Hornets (CONTINUED ON PAGE 3)

Bookmobile

Tuesday, January 28
Morton 9:30 - 11:45

Wednesday, January 29
Circle Rock 9:00 - 10:00
Bula # 1 10:15 - 11:15
Bula # 2 12:00 - 12:45

Thursday, January 30
Amherst 9:15 - 10:15
Springlake # 1 11:00 - 11:45
Springlake # 2 12:00 - 1:00
Earth 1:15 - 3:45

Friday, January 31
PL Valley 10:00 - 11:00
Sudan # 1 12:00 - 1:00
Sudan # 2 1:00 - 3:45



Monday, Jan. 27 - Hamburgers, onions, pickles, potato chips, orange juice, milk.

Tuesday - Barbeque Weiner, green beans, creamed potatoes, rolls, milk, butter, syrup cups.

Wednesday - Brown beans, Spanish rice, cornbread, Brownies, milk.

Thursday - Hot turkey sandwiches, French fries/catsup, apple pie, milk.

Friday - Enchiladas/crackers, tossed salad, baked corn, jello with fruit, milk.

were also made.

Members attending were Sandra Weaver, Joanne Gibson, Brenda Aills, Patry Williams, Rita Robinson, Shellye Hargrove, Lori Harper, Kelli Hargrove, Francine Noles, Chyrel Phillips, Bernadette May, Terry Chester, Debbie Williams, Pam Walker, Susan Cardwell, Ann Nix, Becky Stanley, Debbie Hall, Glois Kessler, Cynthia Moten, Betty James, Sheryl Black, Lisa Harper, Cindy Moss, Carolyn Carpenter, Elaine King.

OBITUARIES

W.H. BAKER

Funeral services were held Friday, Jan. 17, at 10 a. m. for Wilgy H. Baker, 74, a former long-time resident and farmer of Sudan. Baker died Monday, Jan. 13, in Kyser Hospital in Los Angeles, Calif. The place for services were at White Funeral Home in Bellflower with Rev. Baker officiating. Burial was in Rose Hill Cemetery, Whittier, Calif. Pallbearers were nephews including Dexter Baker and Calvin Baker, both of Sudan; and Billy Baker of Spearman, a grandson, Darrell Baker of Washington, Andrew Fagys and John Fagys.

Survivors other than his brother, O. O. Baker of Sudan, are his wife, Mattie of the home; two sons, Robert of Downy, Calif., and Fred J. Baker of Detroit, Mich.; a daughter, Mrs. Reeda Arms of Washington; three sisters, Mrs. Ed Seeley of Littlefield, Mrs. Maudie Jackson of Wichita, and Mrs. Jeannie James of Ft. Worth.

W.A. SPRINGER

Funeral services for W. A. Springer, 79, were held at 2 p. m. Sunday in the First United Methodist Church in Aspermont with the Rev. Elmer Ward, pastor, and the Rev. Marvin Fisher officiating.

Burial was in the Aspermont Cemetery under the direction of McCoy Funeral Home.

Springer died at 12:50 p. m. Friday in Lubbock's Methodist Hospital following a lengthy illness.

He was a lifelong resident of Aspermont and was a

teacher having ranch land in the Sudan area. He married Una Potter in 1916 in King County. He was a 50-year member of the Moslem Shrine in Fort Worth. He also was a member of the Masonic lodge and the Methodist Church. He was a director of the First National Bank of Aspermont.

Survivors include a son, William of Lubbock; a daughter, Mrs. Bill (Mary Lois) Wilson of Snyder; two brothers, R. L. of Rotan, and N. E. of Fort Worth; four grandchildren and a great-grandchild.

RUTH S.S. GLASS HOLDS SOCIAL

The Ruth S.S. Class of FBC held their monthly social Monday night, Jan. 13 with some nine class members present for a salad supper.

Plans were discussed for this month's project and items needed for the upcoming project which includes any colored styrofoam egg cartons, double knit scraps of all sizes, scraps of any color or size lace, coupons from magazines and papers, tuna cans or small pineapple cans with the lids still attached, 1975 calendars, straight pins with the large heads. These items may be left at the Beacon News Office in a special container prepared for such.

Members present were Mesdames Geneva Glascock, Martha Markham, Norma Poe, Madge Beauchamp, Marge Cardwell, Evelyn Ritchie, Gwen West, Zetha Young, and the hostess Pat-sy Kent.



With the opening of Senate Agriculture Committee hearings the week of February 3, Congress will have launched what is shaping up as a full-scale and much-needed review of the now one-year old farm law, according to Donald Johnson, Executive Vice President of Plains Cotton Growers, Inc., Lubbock.

"Changes are needed in some of the law's provisions for two reasons," Johnson continues. "First, leapfrogging production costs and crashing market prices (for cotton) in 1974 made the law obsolete before harvest of the first crops to which it applied. Second, some provisions of the law have been administered in a manner most unsympathetic and prejudicial to the interests of agricultural producers."

When the law was passed in 1973, the average U.S. cost of producing a pound of cotton was estimated at around 33 or 34 cents. In 1974 that cost figure jumped to at least 50¢, and another hefty round of price increases on production inputs is assured for 1975.

Also, the market price of cotton since the law's inception has plummeted more than 50 per cent from an average spot market quote on Strict Low Middling inch-and-a-sixteenth cotton of 78 cents in January 1974 to less than 37 cents in December.

"These figures clearly demonstrate that the 38-cent per pound target price and the 25.26 cent loan price in 1974 were grossly inadequate," Johnson notes, "and the figures for 1975, unless Congress acts to change them, will remain outdated when considered in the light of inflated production costs."

As the law is now written, the target price for 1975 will remain at 38 cents a pound. Secretary of Agriculture Butz has announced a "preliminary" loan rate of 34.27 cents for 1975.

One of the fundamental purposes of farm law is to provide farmers the price protection necessary to induce adequate production of food, feed and fiber for this country's needs and to permit foreign sales of agricultural commodities to continue their vital contribution to the nation's trade balance.

"I think Congress is aware of this farm program objective," Johnson concludes, "but there is a wide diversity of opinion as to how it can best be reached, and it will be a long, hard fight to get the law rewritten in a manner that will serve the best interests of agriculture."

"There are 75 freshman Congressmen on the Hill and 19 new members of the House Agriculture Committee," he points out, "plus the fact that the Democratic caucus has just voted Congressman Bob Poage out of the Chairman's seat on the House Agriculture Committee."

"Under these conditions it is not now possible to accurately predict the outcome of pending legislative deliberations. However, it is fairly safe to say that changes in the present law will be made, and that the form of those changes will to some degree depend on agriculture's ability to propose reasonable, practical, acceptable alternatives to the present law's shortcomings."

Farm-facts
A Weekly Report Of Agri-Business News
Compiled From Sources Of The Texas Department of Agriculture
John C. White, Commissioner

Be On The Lookout... Fertilizer Concern... Sheep and Lamb Feeding Declines... Second Lowest In 20 Years.

Figures that should help you to decide what and how much to plant are to be released this week. Included will be the crop intentions planting report on a national and state level. This will involve planting projections for major crops including grain sorghum, cotton, corn and other crops. Study it closely, it should give you an insight into what farmers will be planting this year.

Also study the grain stocks in position report, which is expected to be released this week. That will show you the amount of various grains on hand.

Still another report you might want to look at closely will be the 1974 report for Texas crops. This report was recently issued and will update previous preliminary reports on Texas farm production.

These and other reports about farm production are becoming of more and more interest. Not only are producers taking a closer look at them, but agribusinessmen as well as consumers are paying attention to them since they will give an insight into production plans and thus prospective total production of various commodities during 1975.

Producers can use these reports to help them determine their own production plans for 1975. For current reports, write the Texas Department of Agriculture, P.O. Box 12847, Austin, Texas 78711.

FERTILIZER industry spokesmen are concerned about the amount of fertilizer that will be needed to produce this year's crops.

An increase is expected for feed grains including corn and grain sorghum. Although a decrease in acres is anticipated for cotton, it is not expected to be enough to offset other increases.

The inventory of fertilizers has also been decreased compared to previous years.

Fertilizer industry spokesmen did not indicate what prices might be for 1974, but a U.S. Department of Agriculture study shows a 10 to 15 per cent increase in price is in the offing over the prices of 1974.

SHEEP and lamb feeding continues to decline. Drylot sheep feeders with a lot capacity of 2,000 head or more had only 59,000 sheep and lambs on feed for slaughter as of Jan. 1, the Texas Crop and Livestock Reporting Service notes.

This is 45 per cent below a year earlier and the lowest Jan. 1 total since 1970. Placements during last December totaled 22,000 head.

Current intentions to market include: 23,000 in January; 23,000 in February; and 13,000 in March. February and March intentions are incomplete at this time because additional lambs could still be placed on feed and marketed during the period.

Marketings during December numbered 35,000 head, which is 4,000 more head than intended marketings of last Dec. 1 and 22 per cent below a year ago.

COTTON production figures for Texas continue to decline, reflecting the severe weather conditions for that crop last year. Harvest is virtually complete.

Average per acre yield is now set at 279 pounds. This would be the second lowest yield of the past 20 years.

Total production of cotton for the state for the 1974 season will be two million bales under that of 1973. The anticipated total now is 2,620,000 bales. In 1973, the total was 4,673,000 bales.

TEXAS HI-WAY DEPT. REPORT

The Texas Highway Patrol investigated eight accidents on rural highways in Lamb County during the month of December, 1974, according to Sergeant Thomas Kaffer, Highway Patrol supervisor of this area.

These crashes resulted in one person killed and three persons injured.

The rural traffic accident summary for the 60 counties of the Lubbock Department of Public Safety Region for December, 1974, shows a total of 598 accidents re-

sulting in 11 persons killed and 340 persons injured as compared to December, 1973, with 499 accidents resulting in 17 persons killed and 277 persons injured.

This was 99 more accidents, six less killed, and 63 more injured in 1974 at the same period of time.

The 11 traffic deaths for the month of December, 1974, occurred in the following counties: three in Potter; two in Haskell; and one each in Clay, Garza, Lamb, Moore, Randall, and Wheeler.

February, Heart Fund Month!

In February, local volunteers will join more than two million across the nation during American Heart Month when they visit the homes of friends and neighbors to distribute helpful heart literature and collect funds to support the Heart Association programs.

Each heart dollar collected in Texas will be spent to combat heart diseases as fol-

lows: 27¢ - Research: To probe the unknown to find the causes, cures, treatment and prevention of diseases of the heart and circulatory system. 26¢ - Public Education: To reduce premature death and disability from cardiovascular disease by education of the public to the risk factors, proper weight and exercise programs, and the need for regular medical examinations; and the early warning signs. Programs are conducted in clubs, organizations, schools, colleges, industries and neighborhoods. 15¢ - Professional Education: To provide for the continuing education of physicians, nurses and paramedical personnel. Up-to-date information on diagnosis, treatment and rehabilitation if provided through films, conferences and publications. 17¢ - Community Service: To meet the needs and concerns of many public-patients, medical personnel, hospitals, and community health centers—through heart screening programs, blood pressure clinics, heart information centers, rehabilitation clubs, and instruction in cardiopulmonary resuscitation. 9¢ - Fund Raising: Kits, leaflets and materials to reach 11 million Texans with lifesaving information on Heart Disease, to conduct training programs for 80,000 volunteer campaign workers and to provide other materials for the Annual Heart Fund. 6¢ - Management and Supporting Services: Public information, publicity, public relations, field studies and organization of local Heart Association, administrative, volunteer training, leadership conferences, development of programs.

When your local volunteer calls on you, please help your heart—help your Heart Fund.

HOT-SAUCED CITRUS SALAD

4 medium oranges
2 medium Ruby Red Grapefruit

Arrange sections on lettuce leaves. Top with sour cream dressing.

Sour Cream Dressing

3/4 tsp. salt
2 Tbsp. frozen orange juice concentrate
1/2 tsp. sugar
1/2 tsp. hot sauce

1 Tbsp. lemon juice
1/2 cup mayonnaise or salad dressing
1/2 cup sour cream

Blend ingredients and serve on citrus salad. Yield: 6-8 servings.

A picnic ham is the front shoulder cut of pork, cured in the same manner as ham, explain Texas Department of Agriculture home economists.

Texas Department of Agriculture home economists recommend adding basil, mace, marjoram, nutmeg or oregano to spinach for a gourmet touch.

Man—that's Sorghum!

EXTRA QUALITY EXTRA HIGH GERMINATION

P-A-G 662
One of the most consistent high yielding hetero-yellow hybrids in South Texas.

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Pure red hybrid developed to fight downy mildew and insure high yields.

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8% DISCOUNT FOR PAYMENT BY JANUARY 30, 1975. PRICES NOW AVAILABLE AT YOUR P-A-G DEALER.

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AMHERST, TEXAS

Respect your body. Eat sensibly, exercise and don't smoke. You'll feel better and reduce your risk of heart disease. Ask your Heart Association for more information. And give Heart Fund.

February is Heart Fund Month! CHILDREN AND HEART DISEASE: 'KID' STUFF YOU CAN'T KID ABOUT

Do young people buy life insurance? Seldom. Do they think about becoming victims of high blood pressure or hardening of the arteries, heart attack or stroke? Hardly. In short, do young people think about death? No. It's too far off. Too remote.

But heart and blood vessel diseases aren't remote from young people. Scientific studies indicate that many heart diseases begin early in life.

Consider two major underlying causes of heart attack and stroke: high blood pressure (hypertension) and hardening of the arteries (atherosclerosis).

High blood pressure was once thought to be an "adult disease." But this usually symptomless condition has been detected in children and teenagers. Pediatricians now take blood pressure readings as a routine part of periodic check-ups. Heart Associations have expanded screening programs to include high school students.

Atherosclerosis, even more than high blood pressure—was long considered an "old folks" disease. It's not. Its effects do increase with aging because it is a progressively worsening process and is usually irreversible. But it's not a disease of the aged only.

The exact causes of high blood pressure are still not known. There are theories that it could be genetic. So if you, or other members of your family have high blood pressure, it could show up in your children. High salt diets are also suspect. Stress may also have a role. Keep your family environment as stress-free as possible.

It is known that a major contributor to atherosclerosis is a diet rich in animal fat and cholesterol. Eating low-fat and low-cholesterol foods can help prevent atherosclerosis, or at least retard its progress. Cigarette smoking is directly related to this major killer. Set an example by not smoking, or at least smoke less.

These messages and facts guide the Heart Association's public education and community programs. All of this costs money—which only comes from the dollars you contribute to the annual Heart Fund drive. So give yourself and your children a gift of longer, healthier life. Practice good heart-health and give generously when your Heart Fund volunteer calls.

Drive-In FOR DELICIOUS FOOD DELIGHTFULLY SERVED

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Dee's Dairy Bee

SUDAN, TEXAS 227-3892

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One Call Does It...

WE SELL... WE SERVICE... WE INSTALL... WE FINANCE... WE GUARANTEE...

ELECTRIC Water Heaters

13-2 WE SELL 'EM - Call Us!

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Legal Notice

THE STATE OF TEXAS

TO: LUCILLE M. PATTULO, if living, whose residence and whereabouts are unknown, and if dead, her heirs and legal representatives, the names and residences and whereabouts of each of whom is unknown; ROY MUNGER, if living whose residence and whereabouts are unknown, and if dead, his heirs and legal representatives, the names and residences and whereabouts of each of whom is unknown; JACK RICHARDS MUNGER, if living, whose residence and whereabouts are unknown, and if dead, his heirs and legal representatives, the names and residences and whereabouts of each of whom is unknown; MARY MATNEY MUNGER, if living, whose residence and whereabouts are unknown, and if dead, her heirs and legal representatives, the names and residences and whereabouts of each of whom is unknown; BESS SCHOELLKOPF, deceased, whose names are unknown, except for; FREDD SCHOELLKOPF, JR., and WILSON SCHOELLKOPF, who have filed disclaimers, and the names and residences and whereabouts of said other heirs, if any, and their legal representatives are unknown; All needy and worthy girls in the City of Los Angeles for whom scholarships are provided in the Will of Mabel Wilson Richards, whose names and residences and whereabouts are unknown; H. BEN SMITH, if living, whose residence and whereabouts are unknown, and if dead, his heirs and legal representatives, the names and residences and whereabouts of each of whom is unknown; RUTH CUMNER, if living, whose residence and whereabouts are unknown, and if dead, her heirs and legal representatives, the names and residences and whereabouts of each of whom is unknown; MARION KNIGHT, if living, whose residence and whereabouts are unknown, and if dead, her heirs and legal representatives, the names and residences and whereabouts of each of whom is unknown; ANNE KNIGHT, if living, whose residence and whereabouts are unknown, and if dead, her heirs and legal representatives, the names and residences and whereabouts of each of whom is unknown; H. B. GIBSON, if living whose residence and whereabouts are unknown, and if dead, her heirs and legal representatives, the names and residences and whereabouts of each of whom is unknown; SUSAN SMITH, if living, whose residence and whereabouts are unknown, and if dead, her heirs and legal representatives, the names and residences and whereabouts of each of whom is unknown; MRS. H. B. GIBSON, if living, whose residence and whereabouts are unknown, and if dead, her heirs and legal representatives, the names and residences and whereabouts of each of whom is unknown; LUZELL GIBSON, if living, whose residence and whereabouts are unknown, and if dead, her heirs and legal representatives, the names and residences and whereabouts of each of whom is unknown; Also made parties defendant are all persons claiming any interest in and to the hereinafter described

lot, tract, or parcel of land, whose names and places of residence are unknown to Plaintiff, and also complaining of the unknown owners and claimers of any interest in and to said lots, tracts or parcels of land hereinafter described, whose names and places of residence and their legal representatives are unknown to Plaintiff; All of the above named parties being designated as Defendants, in the suit filed by VALLIE MAE DAVIS, who is the Plaintiff in said suit.

GREETING:

You are hereby commanded to appear before the Honorable District Court of Lamb County, Texas, at the Court House thereof at Littlefield, Texas, at or before 10:00 o'clock A. M., of the first Monday next after the expiration of forty two (42) days from the date of the issuance of this citation, same being the 3rd day of March, 1975, then and there to answer Plaintiff's Original Petition filed in this Court on the 26th day of November, 1974, in this cause, numbered 7694, on the docket of said Court, and styled VALLIE MAE DAVIS VS. LUCILLE M. PATTULO, ET AL, Defendants, in which suit all of the persons hereinabove mentioned as Defendants, are the Defendants, and the said VALLIE MAE DAVIS, is the only Plaintiff in said suit.

A brief statement of the nature of this suit is as follows, to-wit:

For cause of action, Plaintiff represents to the Court that on or about the 2nd day of August, 1960, she was lawfully seized and possessed of the following land and premises, situated in Lamb County, Texas, holding and claiming the same in fee simple, to-wit:

Being all of Lot Six, (6), Block Forty Five (45), Original Town of Sudan, Lamb County, Texas, according to the map or plat of said town, recorded in the Deed Records of Lamb County, Texas.

That on said date, Defendants unlawfully entered upon said land, and premises, and ejected Plaintiff therefrom, and unlawfully withhold from her the possession thereof to her damages, to which possession she was and is legally entitled. That Plaintiff claims Title to such land and premises under and by virtue of the five (5), ten (10), and twenty five (25), year statutes of limitation, as is more fully shown in Plaintiff's Original Petition on file in this suit.

The Officer executing this process, shall promptly execute the same according to law, and make due return as the law directs.

Issued and given under my hand and seal of office, at office in Littlefield, Texas, this 15th day of January, 1975.

ATTEST:
/s/ Ray Lynn Britt
Ray Lynn Britt
District Clerk, Lamb County, Texas
154th Judicial District
SEAL

Dried herbs are more concentrated than fresh ones. Texas Department of Agriculture home economists recommend using about 1/4 teaspoon of a dried herb for two cups of vegetable, adding it at the beginning of cooking. With fresh herbs, increase the amount to about 3/4 to 1 teaspoon for 2 cups of vegetable.

Don't waste pieces of ends of cheese that have become dried out and hard, say Texas Department of Agriculture home economists. Pieces can be grated and kept refrigerated in a glass jar for garnishing vegetables, soups and other dishes.

FIRE DEPT. NEWS

The Sudan Volunteer Fire Department answered several calls during the month of December which included one at the Fairview Gin, a fire at an apartment in Littlefield, Farmers Co-op Gin, Rita Conley home, and the Alvin Richards rural home when other area units also assisted there.

The local firemen again answered a call at the Fairview Gin in January when winds in excess of 50 miles per hour whipped blades from the burr pile and caught trailers and bales of cotton on fire with a fire inside of the gin and seed house.

Personals

Mr. and Mrs. O. O. Baker, Mrs. Pete Lance, Dexter Baker and Calvin Baker, all explained for Los Angeles, Calif. last week where they attended the funeral services for their brother and uncle, Wiley Baker, a former Sudan resident. Mr. and Mrs. Billy Baker and family of Spearman met them there. They all returned home Saturday night.

Mr. and Mrs. Jack Engram left recently for Ft. Worth to attend the funeral services for her sister and brother-in-law.

Mrs. Margaret Smith underwent surgery Monday in the Methodist Hospital in Lubbock.

Other local people that are patients in Methodist Hospital include Steve Ritchie who underwent knee surgery Friday, and Emery Blume.

Mr. and Mrs. Leroy Young attended funeral services in Aspermont over the weekend.

Mrs. Evah Doty accompanied her daughter-in-law, Mrs. Kelton Doty of Shallowater, to Lubbock Sunday where she visited her son Kelton at Methodist Hospital.

Mrs. Louise Serratt has returned home after visiting her sons and families, Delbert of Claude and Kenneth of Amarillo.

Mr. and Mrs. R. B. Knox took Son Whisenant to the Veterans Hospital in Dallas. They returned last week.

Mrs. H. T. Clarke is in Houston with her daughters where she is to receive medical treatment.

Byron Lynn and his son Roby left Monday for Louisiana to visit their mother and grandmother, Mrs. H. A. Lynn and other relatives.

Mrs. Eddie Wilson, Mrs. Wix Gaston and Mrs. John Williams attended the State Convention for Young Homemakers held in Fort Worth last weekend. While there, Mrs. Wilson visited an aunt and uncle, and Mrs. Williams and Mrs. Gaston visited Mr. and Mrs. Bill Adams in Saginaw.

Another Fine Texas Recipe

HOT-SAUCE CITRUS SALAD

4 medium oranges
2 medium Ruby Red Grapefruit

Arrange sections on lettuce leaves. Top with sour cream dressing.

Sour Cream Dressing

3/4 tsp. salt
2 Tbsp. frozen orange juice concentrate
1/4 tsp. sugar
1/4 tsp. hot sauce
1 Tbsp. lemon juice
1/2 cup mayonnaise or salad dressing
1/2 cup sour cream

Blend ingredients and serve on citrus salad. Yield: 6-8 servings.

For additional recipes write Commissioner John C. White, Texas Department of Agriculture, P.O. Box 12847, Austin, Tex. 78711.



MRS. RANDALL KEITH GLOVER

Ceremony Unites Couple

Miss Rebecca Carolyn (Becki) Cunningham became the bride of Randall Keith (Randy) Glover Friday evening at 8 o'clock, January 10 at the Allen House in Marlin.

The bride is the daughter of Mr. and Mrs. Robert D. Cunningham of Marlin. The bridegroom's parents are Mr. and Mrs. William Keith Glover, also of Marlin, and former residents of Sudan.

The bride was given in marriage by her father, with minister James Haney performing the ceremony.

Mrs. Ronald Haptonstall provided the wedding music and Mrs. H. T. Torgerson sang.

The bride wore a designers original ivory silk organza princess gown. French Alencon lace on English net trimmed the bodice with a sheer yoke and high Victorian neck, trumpet sleeves and lace scalloped hemline which swept to a full chapel train. A jeweled Alencon lace Juliet cap held a tiered English illusion veil. She carried a nosegay of white roses and stephanotis.

Miss Angela Hunt of Temple was the bride's maid of honor. She wore a gown of pink floral chiffon with a sheer bodice and full sleeves. She carried a nosegay and wore baby's breath in her hair.

The best man was Monty Glover, brother of the groom. Rob Cunningham, brother of the bride, was

candlelighter. A reception followed the ceremony at the Allen House.

The houseparty included Misses Cindy Childs, Jackie Childs, Julie Davison, Mary Jane Evans, Mrs. Roy Harris of Marlin and Mrs. Jimmy Palasoto of Huntsville.

The newlyweds will make their home in College Station where the groom will continue his education.

The bride attended Abilene Christian College where she was a member of Gota Social Club and an Art Major.

The groom is a 1971 graduate of Sudan High School, and attended Texas Tech University where he was a member of Sigma Chi Social Fraternity and an accounting major.

A rehearsal dinner at the Houston Restaurant for the Glover-Cunningham wedding party was hosted by Mr. and Mrs. William Keith Glover.

Prevention is the best medicine. And that's what the Heart Association is all about. Heart Association programs are designed to stop heart disease before it stops you. Call your local Heart Association for free information on how you can reduce your risk of heart attack and stroke. Help your heart - give Heart Fund.

You can feel good and still have high blood pressure - even if you're young and healthy. Be with it. See your doctor for a check-up.

A Little Psychology Can Help Prevent a Lot of Cavities



Youngsters test the flavor of a new toothpaste designed to encourage them to brush longer and more often.

Parents can use psychology to help protect youngsters against tooth decay this National Dental Health Week, February 2-8.

Child psychologists note that the better a youngster feels about himself the better he'll take care of his body - and that includes brushing his teeth. Psychoanalyst Erika Freeman suggests that parents use praise to build a child's self-esteem and good habits.

She advises providing "tools" to make tooth brushing easier and more pleasant: a soft-bristled brush small enough for young hands and mouths, and a good-tasting dentifrice like new Aim with its mild cinnamon flavor designed to encourage a child to brush longer and more often. Besides being preferred almost 2-to-1 in tests involving 1,300 children, Aim contains cavity-preventing stannous fluoride.

To reduce the chance of an argument, Dr. Freeman also suggests giving children some advance notice when you want them to brush. "You can tell Johnny that in 15 minutes it will be time for him to get ready for bed," advises Dr. Freeman. "Getting ready for bed should then be a regular routine which includes things like putting away toys, donning pajamas, brushing teeth and a bedtime story - all of these help to build good brushing habits."

Three Receive Top Texas 4-H Honors



Miss Elles

Entomology, sheep, and bicycles were the stepping stones to success by three talented Texas youths who have been named state 4-H winners.

This trio, which were among 30 champions selected from across the state, are Daria Elles, 15, of Victoria, Bonnie Luna, 17, of McGregor; and Rodney Logsdon, 18, of Littlefield. All three received \$50 U.S. Savings Bonds from their respective program sponsors.

Announcement of the awards was made by the Cooperative Extension Service, which supervises the 4-H program.

Miss Elles is the daughter of Victoria County residents Mr. and Mrs. Franklin Elles, garnered her recognition in the bicycle program, sponsored by The Goodyear Tire & Rubber Company.



Miss Luna

Although bicycling, and particularly bicycle safety, is her favorite activity, Miss Elles, a high school sophomore, has also participated vigorously in food-nutrition, clothing, public speaking, and entomology projects. Hoping to become an elementary school teacher, she has spent six years in 4-H.

Miss Luna, of McLennan County, topped the state in the entomology program, sponsored by Hercules Incorporated. She is the daughter of Mr. and Mrs. T. O. Luna.

After eight years in 4-H, she says, "Studying and collecting insects has given me a better understanding about insects and their interrelationship with our natural resources." Currently a junior



Logsdon

in high school, Miss Luna has collected and labeled over 215 insects, as well as being active in food-nutrition, wild life, sewing, public speaking, and other projects.

Logsdon, the son of Mr. and Mrs. Buddy Logsdon, hails from Lamb County, an appropriate place of origin for the state's sheep champion. His program was sponsored by Wilson & Co., Inc.

Having raised sheep throughout his decade in 4-H Logsdon has been swayed by his involvement in this project to pursue a career as a veterinarian. Presently a senior in high school, his raising of over 400 sheep has not kept him from extending his talents into leadership, beef, and recreation projects.

BASKETBALL

with a 4-3 district record and the Hornets 5-2. Both Sudan JV teams won their games in other exciting games with the boys going into overtime. The Sudan girls won 36-24, and the boys won 51-50.

The Hornets got off to a good start outscoring the Bulldogs several baskets to none for the first few minutes but the quarter ended 15-13; the half 30-28 in favor of Amherst after a determined effort. The score was 38-38 at the end of the third quarter. The Bulldogs scored 21 points in the final quarter, mostly on free shots, to the Hornets 9 for the win.

K. Martin was leading scorer for the Hornets 19 with R. Tamplin scoring 18, C. Pickett 6, C. Harper 4 and L. Robinson 2. Martin and Pickett each fouled out.

The team had a total of 25 fouls to 21 for Amherst. S. Thompson fouled out for the Bulldogs and scored 8 points. R. Holley led the Bulldogs with 16 points, R. Beard 11, F. Williams and J. Booth 8 each, D. Booth 6 and J. Peel 2.

In the varsity girls game, Sudan again jumped to a good lead scoring several baskets to their none and caused numerous turnovers and had several steals. In the last couple of minutes of the quarter though G Young and T. Bearden each hit three quick baskets and

tied the score at 12-12. One team and then the other led throughout the second quarter and the half ended with Sudan leading by one point, 25-24. The Hornets outscored the Amherst feds 9-7 points in the third frame but were outdone in the final period 14-9 when Miss Young scored 12. She led all scoring with 33 points. Miss Bearden was the only other Amherst player to score and had 12 points. Sharon Burton led the Hornets with 19, Phyllis Ray had 16 and Mary Ann Bellar 8. Sudan had a total of 15 fouls to 14 for Amherst with 3 the most for any player in the game.

The Sudan JV girls leading scorer was 12 in that game with Miss Weaver leading Amherst with 16. Others scoring for Amherst were Miss Harmon with 6 and Miss Hudgins with 2. Other scorers for Sudan were Kelli Hargrove with 8, Terry Chester 7, Rita Robinson 4, Betty James 2 and Lori Harper 1. The JV boys game was tied 44-44 at the end of regulation play and Ivery scored four points in overtime before Sudan could score. He scored another basket also during the overtime. But Sudan scored three baskets and one at the free throw line for the win. Ivery led Amherst with 15 points, and Jones and Pinkston each had 10 each, Kelly 7, McLaughlin 6 and Sterling 2. Edgar

Budget Bonanza

by Ann D. Allen



as you can safely store, preferably enough to last until the next special. This saves time as well as money.

Consider buying in-house brands as well as name ones on some items. They're usually cheaper and come in various quantities.

Buy when the price is right. Shop around for the savingest supermarkets.

Buy food you know your family likes and that you know is good for them. Ice cream, for instance, is one dessert that provides all the nutrients of milk, calcium, phosphorus, protein, vitamin A, thiamine and riboflavin, yet about everyone enjoys it as much as less nutritious, higher priced and more caloric sweets.

If you're careful, you'll probably be able to get both good economy and good taste.

In Germany, a light that goes out by itself is a death omen.

Tamplin had 20 for Sudan, Simpson 7, Hill 6, Williams, Dudgeon and Hanna 4 each, as did Pierce, and Messamore had 2.

SOUTH PLAINS HOSPITAL-CLINIC, INC.

YOUR NON-PROFIT INSTITUTION
SERVING YOU AND YOUR COMMUNITY

ANNOUNCES THE ANNUAL MEETING SATURDAY 3 P.M. JANUARY 25

In The Amherst School Lunch Room Two Directors Will Be Elected

Anyone 18 years of age or older who has used the hospital or clinic during the year is eligible to vote in the election of directors.

You Are Responsible For Our Progress WE WANT TO EXTEND OUR APPRECIATION Refreshments Will Be Served SOUTH PLAINS HOSPITAL-CLINIC AMHERST



KIDDIES KORNER—More photos of the children who were recently in the local children's contest. Top row, Cindy Roberts, daughter of Mr. and Mrs. Roy Roberts; Len Kuykendall, son of Mr. and Mrs. Bill Kuykendall; Christy Ann Fulcher, daughter of Mr. and Mrs. Bruce Fulcher; Misty Bartley, daughter of Mr. and Mrs. Gene Bartley. Bottom row, Suzanne Reid, daughter of Mr. and Mrs. Darwin Reid; Glenna Testerman, daughter of Mr. and Mrs. Glenn Testerman and second place winner; Brenda and Jannette, daughters of Mr. and Mrs. Glenn Testerman. (Photos by Winston Lucaş)

School Board

Following the invocation by Dexter Baker at the regular school board meeting of the trustees of the Sudan Independent School District, the minutes of the previous meeting were read and approved. The Superintendent's financial report was approved for the month of December.

Pat Brown then reported on tax collections to date and the meetings attended at the Tax Collectors Conference in Austin January 8 and 9.

The trustees approved assisting the local Project Show with the fee for the judge of the show to be taken care of by the school.

The following resignations were accepted by the Board:

1. Pat Conway—Title I.
2. Linda Hodge—English.
3. Sandie Perez—Migrant Aide.

Mrs. Dyanne Humphrey was re-assigned as Title I teacher. Mrs. Mary Kay Baker was placed as Kindergarten aide. Mrs. Bertha Johnson was placed as Migrant Aide.

For the School Board Trustee Election of April 5, 1975, the members approved Mrs.

Margaret Smith as Election Judge.

The Fall athletic orders were presented by Coach Jackie Stewart and were approved.

The F. T. A. trip to Ft. Worth in January, and the All Regional Band trip to Lubbock were approved.

After a brief discussion, the school board decided to adopt the Homestead Exemption Act of January, 1975 which is to be a \$3,000.00 exemption on a homestead person of age 65 or over.

The following administrators contracts were extended for the 1975-76 school year:

Kenneth Noles—Superintendent

Tommy Laceywell—High School Principal
B. M. Wilson—Elementary Principal.

The resignation of Dexter Baker, board president, was accepted. It was the general feeling that Mr. Baker had served the board faithfully with the best interests of the Sudan L.S.D. and its young people throughout his tenure on the Board.

The benediction was given by B. M. Wilson.

MANOR NEWS AMHERST, TEXAS

A birthday party honoring Etta Jones, Sue Landery, Goldie Drake, and Winnie Clayton was held Thursday afternoon at the Manor. Hosting the event for those having January birthdays was the Ruth S. S. Class of Sudan Baptist Church. Each honoree was presented a gift and everyone at the home was served refreshments of punch, cupcakes, angel food cake, and nut cups filled with jelly beans. Tray favors were decorated with 'praying hands'. Happy Birthday was sung by the entire group attending.

Visiting Lizzie Nicholson this week were her daughters, Mrs. Edwards and Mrs. Mixon.

Ruby White is temporarily residing at the Morton Nursing home.

Visiting Ben Poe Thursday were his daughter-in-law and granddaughter, Norma Poe and Doyleene.

Phillip Davis is in the Methodist Hospital in Lubbock. He is reported to be doing fair.

Juanita Bradley of Littlefield visited Maud Bennett recently.

Visiting Winnie Clayton Sunday were her sons, Jack of Bovina, Wendell of Earth, John of Littlefield and Bob of Amherst.

Visiting Rosie Sanders Monday was her daughter, Mary Sutton and Zelina Crenshaw of Blossom, Tx.

Everett Nix went to Sudan Sunday with his brother Raymond to spend the day.

Evelyn Ritchie and Steve visited Etta Jones Thursday.

Hattie Doss went to Littlefield Sunday with Mr. and Mrs. Charles Carpenter to attend church.

Mr. and Mrs. Garland Stovall took his mother Goldie Drake home for the weekend. Maurice Kinzie visited Nannie Olin Saturday.

Rosie Sanders, Flora Davis and Hattie Doss went to Littlefield during the week to the beauty shop with Bobbie Carpenter and Yvonne Rierce.

Visiting Lee Jeffery Monday was his brother Claude Jeffery, and his granddaughter, Lorna.

Visiting Homer Hukill this week were Mr. and Mrs. W. C. McCain of Fieldton, and Homer's brother, Paul Hukill.

Minnie Parish visited her mother, Goldie Drake Thursday. Also visiting Goldie was Mrs. Dannie Hemaerson.

Mr. and Mrs. N. H. Harlan and John of Bula came to see Lula Harlan and Dave Britt Monday.

Mr. and Mrs. R. O. Dickson came to see her mother, Flora Davis, Thursday.

Dean Campbell visited Etta Jones, Hattie Doss, and Della Dutton recently.

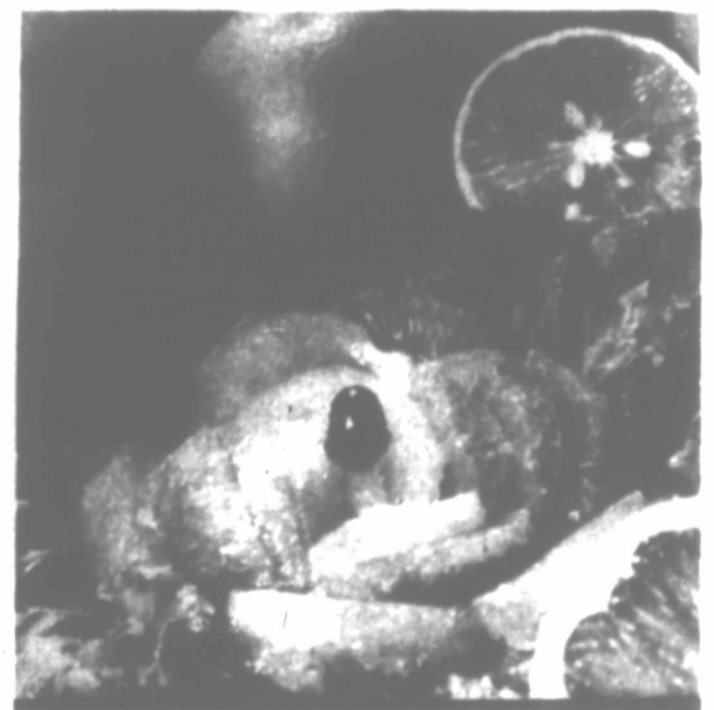
Dorothy Abbott visited her mother, Etta Jones, and aunt, Ora Smith. Others visiting them were Mrs. Steve Svaldi and Mrs. Bill Black.

Mr. and Mrs. Walter Liles visited his brother Jay Liles Wednesday.

Others visiting during the week were Debbie Hall and Nelda Carpenter of Sudan, and Edna Peel, Winnie Dunn and Mrs. Carpet.

TEXAS DEPARTMENT OF AGRICULTURE

Fixing Fresh Citrus Segments Is Simple



SEASON FOR CITRUS SALADS—Segments of Ruby Red grapefruit and oranges make a refreshing winter salad. Agriculture Commissioner John C. White recommends buying Texas citrus now while it is at its peak.

AUSTIN—Preparing fresh citrus segments is simple when homemakers follow the steps suggested by Texas Department of Agriculture home economists.

First, chill whole grapefruit or orange thoroughly. With a straight-bladed sharp knife cut a slice from the top. Then cut off peel in strips from top to bottom or remove it round and round in one long spiraling cut. Always cut deep enough to remove white membrane.

Go over the fruit again, removing any remaining membrane. Now cut along the membrane of each section from outside to the core. Tip the knife outward and roll the whole section out one at a time. Section fruit over a bowl to retain juices.

The result will be whole segments, free of membrane, that can be stored in their juices in the refrigerator, used as garnishes or heaped on lettuce leaves for a fresh citrus salad.

The outer colorful peel of citrus fruit has its own special uses. The peel contains tiny oil sacs that are full of subtle and distinctive flavor. When it is grated and used in place of synthetic citrus flavorings, the result is a fresh-as-fruit taste. Fresh grated peel can be frozen in sealed plastic bags or glass jars for quick and easy use.

To grate peel, wash and dry the fruit. With two quick downward strokes, remove the outer colored layer only. Slivered peel is obtained by scoring the peel into quarters and removing it with the fingers. With the tip of a spoon, scrape as much of the white membrane as possible. Stack two or three pieces at a time on a cutting board and cut into very thin strips.

Citrus shells can be filled with fresh citrus sections or other fruits for an attractive salad. To make them cut oranges or grapefruit in half crosswise. Cut out meat with curved grapefruit knife and scrape clean with a large spoon. Edges may be notched with kitchen shears or a paring knife. For scalloped edges, outline a pattern with a coin and cut around the pattern. To prevent tipping, cut a small slice from the bottom of the shell. Shells store well in the freezer if they are sealed in plastic bags.

TOPS

The Sudan Tops 634 organization met Monday in the Community Center when eight members and one visitor were present. The group weighed and measured upon arrival and had a loss of four pounds. They repeated the Tops Pledge and sang Tops songs before dismissing.

Tops 634 meetings at the Community Center are held each Monday at 3:30 p. m. You are invited to attend.

STOCK SHOW

Duroc swine.
Judy Wiseman—7th, LW Hamp lamb and 11th in MW Hamp lamb.
Cathy Ham—8th in MW Hamp.
John Chester—9th, MW Hamp lamb.
Troy Moss—9th, LHW Hamp lamb.
Gary Brown—10th, HW Cross pig.
Cathy Ham—8th, LW Hamp swine.
Cindy Ham—8th, MW

Cross Swine.

Dora Black—15th, LW Duroc.
Scot Churchman—17th, with MW and with LW Duroc.
Debbie Hill—18th, LW.
Donald Black—19th, MW Duroc.

Personals

Mr. and Mrs. O. L. Turner of Temple arrived here last week to spend some time and to visit their daughter and family, Mr. and Mrs. Jim-

my Carpenter and family. Steve Ritchie returned home Wednesday from Methodist Hospital in Lubbock where he underwent knee surgery last week. While there, Rev. Eddie Freeman, Mrs. Bob Drake, Mrs. Bill Nix, Mr. and Mrs. Wayne Doty and Mrs. B. A. Beau-

BEAUTY THAT UPLIFTS

surrounds the visitor to our home. This atmosphere of serenity in our environment is a source of inspiration to the bereaved.

HAMMONS FUNERAL HOME

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Bearcat III
From the inventors of automatic scanning monitors.

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MANUFACTURERS OF BEARCAT SCANNERS

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Without Built-in Charger. This unit is the same as the one except the Charger. How the Charger unit can be added in the future when required.

1 & 2 HP TWIN CYL. 20-GAL. 4.3 to 10.5 CFM Displ. 4.9 to 8.6 CFM Free Air At 100/100'

PORT. COMPRESSORS
PSI. Complete With Boyton Cap. Motor

COMPLETE LINE FORNEY WELDERS
ROCKWELL POWER TOOLS, DRILLS, GRINDERS
COMPLETE LINE WELDING EQUIPMENT

G & C AUTO SUPPLY
PHONE 227-3212 SUDAN

Me? Worry about High Blood Pressure?

Right... even if you're young and feel fine! Like more than 10 million other Americans young and old, you could have high blood pressure and not know it. Untreated, it can lead to stroke, heart and kidney failure. Only your doctor can detect and control high blood pressure. And only he can tell if you have nothing to worry about.

Ask your Heart Association GIVE HEART FUND

IT'S TIME TO START A SAVINGS ACCOUNT

for PEACE of MIND

LOANS FOR EVERY NEED

The First National Bank Of Sudan
Dependable Banking Service for 50 Years
OLDEST BANK IN LAMB COUNTY

Member Federal Deposit Insurance Corp.
All Deposits Insured Up to and Including \$20,000.00

Legal Notice

RESOLUTION
BE IT RESOLVED BY THE
BOARD OF TRUSTEES OF
SUDAN INDEPENDENT
SCHOOL DISTRICT:

RESIDENCE HOMESTEAD
EXEMPTION FOR THE EL-
DERLY.

1. Exemption.
 Upon compliance with all requirements of this article and all other applicable laws and resolutions, \$3,000 of the assessed value of residence homesteads of persons sixty-five years of age or older shall be exempt from ad valorem taxes levied by the Sudan Independent School District.

2. Effective date.
 Such exemption shall be effective as to such residence homesteads as may qualify here under from and after January 13, 1975. Eligibility for such exemption shall be determined each year of January 1 of such year.

3. Application for exemption.
 The exemption provided for by this resolution shall not be allowed unless the person claiming such exemption shall file with the school tax assessor-collector, between January 1 and April 30 of the year for which such exemption is claimed, documentary proof of age satisfactory to the tax assessor-collector, and a sworn claim for such exemption, describing the property for which exemption is sought, on forms prescribed by the tax assessor-collector, giving complete information as provided for by such forms. In the event of good cause shown to the satisfaction of the tax assessor-collector, late applications may be accepted but no later, in any event, than ten days prior to time for submission of assessment rolls to the board of equalization. After the filing of such proof of age and claim for exemption, the tax assessor-collector may, if he deems it necessary, request further information in order to determine eligibility for such exemption, which such information shall be provided by the applicant as a prerequisite to obtaining such exemption. Such application for exemption shall be made annually for each year that

4. Determination of tax assessor-collector.
 After said application, all necessary proof and any other necessary information has been filed, the tax assessor-collector shall determine eligibility for such exemption. The determination of the tax assessor-collector shall be final and the property in question shall be placed on the tax rolls of the school in accordance with such determination. However, in the event the tax assessor-collector should deny such application for exemption, notice shall be given to the applicant within ten days of such determination and in any event no later than the submission of all assessment lists to the board of equalization. However, there shall be no appeal of the tax assessor-collector's determination.

5. Limitations of exemption.
 The exemption authorized hereby shall extend only to a residential homestead as same may be defined by the laws of the State of Texas. Such exemptions shall be allowed only if the property in question is in fact the residential homestead of the applicant and such person has attained the age of sixty-five years on January 1 of the taxable year in question. The exemption shall be granted if one spouse has attained the age of sixty-five years on such applicable date even though the other has not attained such age.

6. Determinative date for exemption.
 January 1 of each tax year shall be the determinative date for eligibility for such exemption and qualification therefor shall be determined each year as of that date. Determination of eligibility for such exemption shall be for only the year in question with each subsequent year requiring application and determination of eligibility as provided herein. There shall be no proration of the exemption provided for in this article for any taxable year either in the event of qualification or disqualification or either any applicable person or property for such exemption after January 1 of the applicable year.

7. Winter winds are drying to skin, and so are rooms that are steam heated. Dry, sensitive skins may respond best to a soapless skin cleanser. phisoDerm liquid is one that contains emollients that help protect the skin.

Honor Roll Told

The second nine weeks Honor Roll for the 1974-75 school year at Sudan High School has been released by High School Principal Tommy Lacey. It is as follows:

EIGHTH GRADE
 Traci Cowart, Paula Ellison, Deanna Flowers, Diana Gardner, Cathy Ham, Mike Jones, Skokie King, Mary May, Shellye Pickrell, Mike Sandcva, Sabrina Vincent.

FRESHMEN
 Bert Byersly, Roy Dudgeon, Kelli Hagrove, Lori Har-

or, Dennis Harvey, Gloria Messler, Darren Provence, Jody Vernon, Barry Wiseman.

SOPHOMORES
 Sheryl Black, Randy Core, Gary Ham, Greg Harper, Mary Martinez, Haldon Messamore, Pam Nelson, Dale Rudd, Norma Salazar, Terry Swart.

JUNIORS
 Larry Bellar, Lisa Harper, Phil Kent, Elaine King, Mark Lane, Francine Noles, Cheryl Phillips, Gaylene Rogers and Larisa West.

SENIORS
 Rex Baccus, Nelda Carpenter, Mary Griffith, Debbie Hall, Craig Harper, Cheryl Harvey, Carroll Legg, Bobby Phillips, Phyllis Ray, Anna Smith.



by Cynthia Lee
 Director, Consumer Relations Dept.
 Texaco Chemicals Co.

A FAMILY MATTER

With the kids running in-and-out all day and bath-time games at night, keeping the bathroom tidy and germ-free is almost impossible! Perhaps a few simple cleaning rules and a little imagination will keep things in some semblance of order.

The basic component is a clean room to start. No one can be inspired if the bathroom is a disaster! Floors, tiles and fixtures should be cleaned regularly with Fantastik Bathroom Cleaner. It requires no scrubbing—just a spray and a wipe—and it deodorizes and disinfects in the bargain.

Teach the kids to help on a daily basis with amusing tricks and simple cleaning props. Here are a few ideas:



A Chinese god was said to be able to produce plants with golden poems written on their leaves.

fication or either any applicable person or property for such exemption after January 1 of the applicable year.

PASSED AND APPROVED
 January 13, 1975

/s/James Withrow
 President

ATTEST: /s/Guy Walden
 Secretary

1-23-1t

Buoy Oh Buoy! More Fish For You

In an ingenious way, the men who work to put fish on your table are being helped by a new breed of markers for their nets and lines.

Your next lobster thermidor may owe its presence at dinner to a variety of bright red and yellow plastic floats and buoys that are unlike anything fishermen have ever used before.

These hollow plastic trawl floats, marker buoys and radar reflecting buoys are seamless. Even the attachment eyes—which look like suitcase handles—are part of the one-piece molding which the manufacturer, Whittaker Corporation, says prevents leaks.



In fact, the new floats and buoys are claimed to be practically unbreakable, even under conditions of extreme cold or heat, ranging from -20° to +180° Fahrenheit. And that's pretty important, when you consider that hundreds of thousands of fishing markers are normally used every year.

As for the metal radar reflecting mechanism, it is permanently molded inside the plastic buoy, allowing detection by ship's radar at night and in bad weather.

What does all this mean to you? If these new buoys help fishermen cut costs and catch more fish, prices might submerge. And that's something you might like to get hooked on.



In Dahomey, it was believed that a knife-shaped god was used in the shaping of the original men.



Two district guests, Fremantle Davis, Lazbuddie, (center) and Wayne Thomas, Hereford, talk with Speaker Bill Clayton at the reception following the swearing-in ceremony.



PICTURED Above is a scene from the collision that happened Monday morning at the intersection of Commerce and 2nd St. involving a van driven by Lep Welch and a 1968 Olds driven by Julia Kuykendall who was not injured. Welch is in the Littlefield Hospital with internal injuries along with other injuries that he received in the collision.

OES HAS REGULAR MEETING

The Order of Eastern Star had their regular meeting Monday night in the Masonic Hall with approximately 25 persons attending.

Those having given 25 years or more of service to OES were presented awards in an impressive ceremony. They were Mr. and Mrs. Mike Carter, Mrs. Joe Salem, Mrs. Gwendolyn Jones, Mrs. Ruth Newman, Mrs. Virginia Rone, Mrs. Rosie Pinkerton, Mrs. Birdie Shuttlesworth, Mrs. Thettie Mae Walker, Mrs. Vena Whiteaker and Mrs. Willie Terrell.

Mrs. Mary Pearl Bellar sang a very beautiful special. Guests attended from Lev-

THE FIZZLE FAMILY

Following the meeting, refreshments of sandwiches, cookies, spiced tea and coffee were served.

Some people believe that it is good luck to plant water melons on May Day.

W-2 DEADLINE SET JAN. 31

Although the mention of tax usually brings to mind that square on the calendar marked April 15, the month of January contains three very important tax deadlines which will affect many taxpayers in North Texas.

Employers are reminded that the deadline to give employees their 1974 W-2 form is Friday, January 31, 1975. Adherence to this date is important because of the delay in filing individual income tax returns that can be caused by late W-2 forms.

January 31 is also the deadline for reporting social security and withheld income taxes for the calendar quarter ended December 31, 1974. If employers make timely deposits of the full amount of tax due, ten additional days are allowed to file the return. Employers who received a pre-addressed form 941, "Employer's Quarterly Federal Tax Return," should use this form to report their tax liability. Other employers can obtain blank forms from their local IRS office.

The last day of January is also the last day to report and pay any balance of Federal Unemployment Tax not over \$100.00 for 1974, using form 940. If the balance of tax due is over \$100.00, the employers must make a deposit with FTD form 508. Employers depositing the full amount of tax on time will then have until February 11, 1975 to file the accompanying return.



New Ways to Help the Brushing Habit



Using the new improved toothbrushing method with a good-tasting, quick-spreading dentifrice, these youngsters find toothbrushing easier, more pleasant.

Do youngsters in your family resist brushing their teeth regularly? Two recent events may help. First, the American Dental Association has developed an easier method of brushing. Secondly, a new blue gel anti-cavity toothpaste with stannous fluoride has been introduced with a flavor that may actually encourage children to brush more often and longer.

The new approved brushing method, a simple side-to-side motion, replaces the former up-and-down method which was not so easy for youngsters to master. Using a small soft-bristled brush, the new method is aimed at accomplishing a far better brushing job. The new gel dentifrice, Aim, helps by spreading more quickly than ordinary toothpastes.

The new simple brushing method includes four steps:
 1. Brush outside of teeth angling bristles toward gums, using short side-to-side strokes.
 2. Brush inside back teeth, angling bristles toward gums, using short side-to-side strokes.
 3. Brush inside front teeth, holding brush vertically, angling bristles toward gums, using short up-and-down strokes.
 4. Brush chewing surfaces, keeping brush flat, using short side-to-side strokes.
 To spread the domestic sport of toothbrushing further, parents are urged to brush along with their children to set a good example.

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For
MEDITATION**

God didn't promise
There'd never be rain,
He didn't promise
There'd never be pain,
But can you remember
A dark, rainy sky
That didn't clear up
When the clouds
Had passed by?

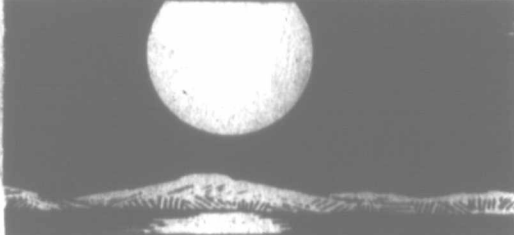
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TELL ME
WHICH IS THE OLDEST TYPE
OF TREE STILL IN EXISTENCE?



THE GINKGO TREE! IT IS EXACTLY
THE SAME TODAY AS ITS ANCIENT
FOSSILS MILLIONS OF YEARS OLD!
THE GINKGO THRIVES IN JAPAN AND CHINA!

**WOULD FOOD STAY FRESH
ON THE MOON?**



**YES! FRESH FOOD WOULD KEEP
INDEFINITELY SINCE THERE ARE
NO LIVING BACTERIA TO CAUSE
DECAY!**

**WHY ARE THERE
CANALS IN VENICE?**



**VENICE RESTS ON MUD BANKS! BUILDINGS
STAND ON PILING DRIVEN INTO THE MUD!
SEA STRIPS FLOWING BETWEEN THE
MUD BANKS FORM THE FAMOUS CANALS!**

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RAYS OF THE SUN CAUSE SUNBURN?**



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