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# BIG SPRING HERALD

SUNDAY, FEBRUARY 18, 2018

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## Canon holds town hall meeting at Howard College

Former Midland mayor to challenge Seliger for state Senate job

By **ROGER CLINE**  
 Staff Writer

Former Midland Mayor Mike Canon is running for the local Texas state Senate post against incumbent Kel Seliger, and he held a town hall meeting in Big Spring Friday.

Speaking to about 10 people at Howard College's Hall Center for the Performing Arts, Canon primarily addressed the current condition of Texas education; but also touched on unfunded mandates by the state government, infrastructure, and other issues of interest to local voters.

"This is actually the second town hall meeting I've ever had," Canon told the group. "I've had some 'meet-and-greets,' but we actually had a town hall meeting the other day in Stanton. So

I stood up, and I go, 'I don't even know how to start one of these things.' So I just started talking."

Canon said his basic philosophy of government is more output for less input.

"I've been trying to spread the message as we've gone across the district. Basically my message is, 'We need to get the most out of government that we can with the least resources possible put into government,'" he said. "And we also need to keep government as small as we can and utilize our resources in ways that are the most appropriate. That's kind of generally how I feel

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State Senate candidate Mike Canon, center, talks with Howard College President Cheryl Sparks and veteran Mike Tarpley before his town hall meeting at Howard College Friday. During the meeting, Canon discussed education, unfunded mandates, and infrastructure.

## ~Sweetheart~



Sandra Sewell, left, winner of Porter's and Hotel Settles' Sweetheart Giveaway, poses with her prizes and a Porter's employee. In the drawing held on Valentine's Day, Sandra won a one-night stay at the Hotel Settles, a dozen roses, chocolate dipped strawberries, chocolates a teddy bear, and a bottle of wine. Porter's thanks all of their customers who entered, and a gives a big "Thank you" to Hotel Settles for partnering to help give the people of Big Spring a fun Valentine's giveaway.

## Correction

In the photo caption for Friday's story about the Tuesday's meeting of the 2018 Pops in the Park Planning Committee, the committee was inadvertently referred to as the "City Council Chamber Committee."



The Herald regrets any confusion this error may have caused.

## Area schools to participate in PBUWCD Scholarship Contest

By **ERIN STEPHENS**  
 Staff Writer

The Permian Basin Underground Water Conservation District (PBUWCD) is proud to be sponsoring a scholarship essay contest for graduating seniors who are planning to attend college.

To be eligible to apply for the scholarship, a student must attend one of the four high schools in the PBUWCD's District; Forsan, Grady, Sands, and Stanton high schools. There will be a scholarship offered to each of the four schools in the district, and the winners of the contest will receive a \$2,000 scholarship to the college of their choice.

The essays are due no later than April 3, 2018. They may be submitted to the student's school counselor or the Permian Basin UWCD office at 708 W. Saint Peter St., Stanton, TX.

This year the topic for the essay will be: "In 2015, Texas House Bill 30 established that the State will be studying brackish aquifers in an attempt to encourage production of brackish water and conserve fresh water. Discuss an industry or industries that are using this brackish groundwater and how it is being used."

For further criteria and information, please contact your High School Counselor, Education Coordinator Misty Mimms at the PBUWCD office (432)756-2136, or email education@pbuwcd.com. You may also find information on our



Rhian Cunningham was last year's winner of the Permian Basin Underground Water Conservation District's Scholarship Essay Contest from Forsan High School. The contest is open to students from Forsan, Grady, Sands, and Stanton High Schools.

## Jr. High math and science whizzes compete at TMSCA contest



Big Spring Junior High's top competitors in math and science at the Feb. 10 Texas Math and Science Coaches Association Competition. From left to right are Soo-Wen Marco Tan, Timothy Ontiveros, Soo-Ern Sean Tan (placed on both math and science), Kortney Moore, Jaysena Roberts, and Ananya Limaye.

Courtesy photo

On Saturday, February 10th, 19 BSJHS TMSCA (Texas Math and Science Coaches Association) students represented Big Spring in Andrews to compete in a Math and Science competition. Our junior high went up against 7 other schools and did not disappoint. The Math and Science teams both came in first place and were named champions in both divisions. Big Spring Junior High school placed second overall, behind Andrews. Out of the 19 BSJHS students, 10 placed in one or more events.

The next meet is in Sweetwater, Saturday, February 17th. Students are working to accrue enough points to qualify for state.

See **CONTEST**, Page 3A

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## Obituaries

### Carl Wayman Wells



Carl Wayman Wells, 79, of Big Spring, died Tuesday, Feb. 13, 2018, at his residence.

The family will receive friends from 3 p.m. until 4:30 p.m., Sunday, Feb. 18, 2018, at Myers & Smith Funeral Home. Funeral service will be at 1 p.m. Monday at Myers & Smith Chapel. Burial will be at Gail Cemetery.

Carl was born Aug. 11, 1938, in Coleman, Texas, to Allie Galloway Wells and Lloye Wells. He married Pearl Wells on May 21, 1959, in Las Cruces, New Mexico. She preceded him in death on March 28, 2015. He has been a resident of Big Spring and Howard County since 1965.

During Carl's life, he was an auto mechanic at Bob Brock Ford, a firefighter and also owned Hill-top Garage. Carl was a great musician who loved

bluegrass and gospel music. He loved playing the banjo, guitar, mandolin, and many other instruments. He also loved to restore old guitars. He was a member of Spring Creek Fellowship.

Carl is survived by three sons, Edward Wayman Wells and wife Michelle, Perry Wells, and Lloyd Wells and wife Chelsea, all of Big Spring; two daughters, Sandra Hector and husband Jimmy of Big Spring, and Katharine Wells and Doug Porter of Maine; one brother, Joe Wells and wife Vi of North Dakota; 19 grandchildren and 24 great-grandchildren.

In addition to his parents and wife, Carl was preceded in death by one grandson, Caleb Hector; four brothers; and three sisters.

Pallbearers will be Ronny Porter, Spencer Wells, Jarod Wells, David Hector, Blaine Kerby, and Cody Jones. Alternate pallbearer will be T.J. Cleavenger.

Arrangements are by Myers & Smith Funeral Home. Pay your respects online at [www.myersand-smith.com](http://www.myersand-smith.com).

*Paid Obituary*

## Take Note

• Scholarship packets for Coahoma High School seniors are now available at the counselor's office. Thousands of dollars worth scholarships opportunities are available to Coahoma High School students. The deadline to turn in applications for some of the scholarships is fast approaching. If students or parents have any questions or need help filling out any forms, please contact Chandra Brooks at 395-5000 or come by the high school office. Extra scholarship packets are available at front office. Please see Brooks at the high school office for a packet.

• Are you interested in Duplicate Bridge? Big Spring Duplicate will offer lessons to both men and woman. The lessons will be offered at the Big Spring Country Club. The lessons started Jan. 31 and run through Feb. 28. There will be five lessons at \$25 per person. Bridge is a wonderful, stimulating, and pleasant way to spend an afternoon or evening.

If you have any questions call 267-5615 or 263-2753.

• Cross stitch squares are now ready for the 2018 Howard County Fair quilt. Theme for this year's quilt is "The Love of Dogs." Anyone able to help by stitching a square may pick one up at the Heritage Museum during regular hours Tuesday through Saturday. For questions or for more information, please contact Suzanne Markwell at 214-256-1674.

• The Emergency Services Chaplains Corps is seeking volunteer chaplains. The corps provides spiritual services to Howard County residents and visitors in crisis situations. Prospective chaplains don't require any specific experience or education to qualify for the position, just a calling from God and a willingness to devote time to the program, which requires a 24- to 30-week training program and dedication of one day per week for emergency call-outs. Those interested should contact Senior Chaplain Joel Miller at 432-213-1221.

• Big Spring's Centennial Lions Club is holding a drive to collect books for the Salvation Army Boys and Girls Club. Books for kids in kindergarten through about 10th grade will be accepted, with special preference for books for younger children in kindergarten through third grade. Cash donations to allow the Lions to purchase additional books are also appreciated. Books or donations can be taken to the Salvation Army, 811 W. Fifth St., or to the home of Lions member Ken Lawhon at 1707 E. 15th St. For more information, contact Lawhon at 214-998-9716 or Lions member David Stives at 432-270-2251.

• Food 2 Kids Big Spring needs you! It is time to start sacking food for Big Spring elementary students who do not receive adequate food over the weekends. Members of the community can be a part by volunteering to sack the food. It just takes a couple hours of your time and the work is very rewarding. To volunteer, just show up at the time and dates listed. For more information, call, 432-935-3998.

If you want additional information about getting your child on this program please contact your child's school.

• Each week Kindred offers free health checks from 9 a.m. to 10 a.m. at the Corner House Coffee Shop, 1701 Scurry St.

• Seniors and mature adults are invited to a dance on the first, third and fifth Friday of each month at the Dora Roberts Community Center.

Dances are from 7:30 p.m. to 10 p.m. with live bands. No alcohol or smoking permitted. There will be a pot luck as well so bring a dish if you want to eat.

Cost has dropped to \$5 per person thanks to a sponsor Marcy House, 2301 Wasson Road.

• Howard County Republicans meet the second Monday of each month. Club members meet in the Cactus Room at Howard College at 11:30 a.m. for Dutch treat lunch and meeting at 12 p.m.

• The Big Spring Art Association meets the third Tuesday of each month a 7 p.m. in the basement of the Howard County Library.

• Big Spring Centennial Lion's Club has changed its meeting time. The club now meets at 7 p.m. the second Tuesday and the fourth Tuesday of each month. Meetings are still held at the Big Spring TA Truck Stop. Visitors are welcome.

• The Christensen-Tucker Post-2013 Veterans of Foreign Wars meets the first Tuesday of every month at 7 pm at 500 Driver Road. For more information, contact David Leonard, Post Commander, at 432-816-6004. All combat veterans of foreign wars are invited to come.

• The Big Spring Symphony Board of Directors meets every first Tuesday at 5:30 p.m. at the symphony office, 808 Scurry Street.

• Order of the Eastern Star Big Spring Chapter 67 meets the third Tuesday of each month at 219 Main St. Dinner begins at 6:30 p.m. Lodge meeting begins at 7:30 p.m. Everyone is welcome. For more information, contact 432-271-2138.

• Staked Plains Masonic Lodge No. 598 meets the second Thursday of each month at 7 p.m. (dinner is at 6 p.m.) at 219 1/2 Main St. All Masons are welcome.

• Membership to the Big Spring Native American Association is open to the public. People interested in Native American culture are encouraged to find out more about the organization by calling Richard "Indio" Lesser at 432-935-0125,

• Scenic Mountain Medical Center Auxiliary Group is looking to expand. Positions are available for the Auxiliary group and the Teen Volunteer program. Must be 15 years of age to take part in the teen volunteer program. If you would like to volunteer please contact Heath White at 268-4850.

• The Big Spring State Hospital Volunteer Services Council is in need of volunteers to fill a variety of needs to assist the hospital's patients. Applications to become a volunteer can be picked up at The Chalet, 115 E. Second St., Tuesday through Saturday between 8 a.m. and 3 p.m. or at the Big Spring State Hospital Community Relations Department, 1901 N. Hwy 87, Monday through Friday from 8 a.m. to 5 p.m. Volunteers can assist with a variety of functions, including The Chalet Resale Shop, various fund-raisers and patient events. For more information, contact Dee Lindsey, Big Spring State Hospital Director of Community Relations, (432) 268-7535 or [danielle.lindsey@dshs.state.tx.us](mailto:danielle.lindsey@dshs.state.tx.us)

• Home Hospice is in need of volunteers of all ages. The organization is requesting volunteers to visit patients. Volunteers set their own hours. For more information, contact Beverly Grant at 264-7599 or 432-967-0901.

• Mobile meals is in need of volunteer delivery drivers. If you would like to donate one hour per week to help deliver meals to the elderly, call Maria at 816-6474.

• Crossroads Hospice needs volunteers for patient care. Contact Eva at 263-5300.

• The Crossroads Young Marines is taking applications for another boot camp. For more information, call 432-517-4791. Young Marines welcomes boys and girls ages 8 to 18 who are still attending school.

### Carol Mathis

Carol Mathis, 57, of Big Spring, died Thursday, Feb. 16, 2018, at Scenic Mountain Medical Center. Services are pending at Myers & Smith Funeral Home.

## Police blotter

The Big Spring Police Department reported the following activity:

• **GOMEZINDO DIAZ**, 27, of 1301 Settles St. was arrested on a charge of driving with a suspended or invalid license.

• **DELILAH LIBRADA SOTO**, 45, of 1302 Sycamore was arrested on an outstanding warrant.

• **JOSE DANIEL MUNOZ**, 27, of 3301 E. 11th Place was arrested on an outstanding warrant.

• **KAYDRA NICOLE FRANCO**, 28, of 507 N.W. 10th St. was arrested on two warrants for failure to yield right of way at a stop intersection; and on a warrant for bail jumping/failure to appear.

• **EFREN VITAL CHAVEZ**, 53, of 522 Bailey St. in Matador, Texas, was arrested on a warrant for bail jumping/failure to appear, and on two other outstanding warrants.

• **MINOR ACCIDENT** was reported near mile marker 177 westbound on Interstate 20, and in the 1000 block of East 14th Street.

• **THEFT** was reported in the 500 block of South Birdwell Lane.

## Support Groups

### SUNDAY

• Alcoholics Anonymous closed meeting from 11 a.m. to noon at 615 Settles. Open meeting 7 p.m. until 8 p.m.

### MONDAY

• Reformers Unanimous International is a faith-based addictions program helping people find freedom from addiction. Meetings begin at 7 p.m. Mondays at Trinity Baptist Church in Big Spring. Enter at the main entrance of the church.

• Alcoholics Anonymous, As Bill Sees it, 615 Settles, 8 p.m. to 9 p.m.

### TUESDAY

• Big Spring and Snyder Parkinsons Support Group meeting at the Big Spring Senior Center at 10:30 a.m. the second Tuesday of the month.

This is a group for all Parkinson's disease patients, spouses and caregivers.

For more information about the support group or about Parkinson's Disease, contact Jo Bidwell at the Lubbock APDA office at 806-785-0942.

• Alcoholics Anonymous, 615 Settles, noon to 1 p.m.; newcomers meeting 8 p.m. to 9 p.m.

• A six-week course in Wellness and Quality of Life with Chronic Pain will be held at Spring Creek Fellowship at the Spring Town Plaza, 1801 E. FM 700. There is no charge for the course, and a workbook will be provided. Contact Steve Purdy at 432-517-4840 for more information.

### WEDNESDAY

• RSD (Reflex Sympathetic Dystrophy) a chronic pain disease, a support and informative group, meets at 213 Circle. Call Lucy at (432) 517-9207 for more information.

• Alcoholics Anonymous, 615 Settles, noon to 1 p.m.; open 12 & 12 study meeting 8 p.m. to 9 p.m.

### THURSDAY

• GriefShare is a Biblical support group that focuses on helping people who are dealing with a loved one's death. Each DVD session features nationally respected grief experts and real-life stories, followed by small group discussion about the topics presented (with workbook support). Weekly Feb. 8 through May 10, 6 to 8 p.m. at Trinity Baptist Church in Big Spring. Call Vivian Gordon at 432-466-3583 for more information.

**BIG SPRING HERALD**

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# CANON

Continued from Page 1A

student debt and student loans, and just how problematic I think that is," he said. "I think it's a societal problem that we have. It's something that we really need to get serious about, trying to help our kids so they don't come out of college in debt, and, I say, indentured service. Even though I'm in the banking business and we like to make loans, at the same time, you don't like to see indentured service."

Education is of primary importance to Canon, he said.

"I've been talking a lot about education, especially at the K-12 level. It appears to me that there's a tremendous misallocation of resources. It appears to me that the focus of education has turned in a direction that is not really as productive as it could be," he said. "We hear that term, 'teaching to the test.' I really think there is a lot of teaching to the test that's going on with our kids, and I think we're not supporting our teachers to be able to teach the basics to make sure that our children are properly, really equipped when they get out of school to be able to do something productive."

The problem is creating a situation where public education graduates aren't ready to face the world, he said.

"I think we have a whole class of kids who are coming out of school that don't believe in themselves, and they're not properly equipped to real-

ly deal with life," Canon said. "I think that, instead of all this testing and all these forms and everything else that I hear about, there's a whole lot of that stuff that goes on that's counterproductive and really doesn't get anything accomplished. It takes the teachers away from really educating the kids."

County Commissioner Craig Bailey was at the meeting with his son Nick. Canon related some recent discussions he had with Bailey regarding unfunded mandates.

"I know Craig and I have talked a lot about the role of county government, and what the state requires of the county government, and how they send out all these directives, these things they call 'unfunded mandates,' and how unfair it is to the local people," Canon said. "I agree with all that. One thing you'll find out about me if you don't feel like you already know it, is that I'm extremely transparent. I'm going to tell you exactly what I think. I watched our state government for a long time, and I watch what goes on down in Austin, and I hear all this talk about how great a job they're doing, and yet I look at the substance of it all, and it doesn't seem to match up. What they say doesn't seem to match up with what they're really doing. I'm not being critical of anybody down there, but I think they need to be honest about the job that they're doing down there, and what they're asking of y'all at this level, and what resources they're giving you to enable you to do your job. Quit

window dressing it and putting flowers on it and all, and just call a spade a spade."

Suzanne Haney, a former teacher, addressed some of her concerns regarding education to the candidate, while Nick Bailey talked about local infrastructure and property taxes.

"Our roads and our infrastructure are horrible out here. We've got the oilfields beating us down. They're killing us. Something's got to be done," Bailey said. "I just bought a house last September, and my parents have a place in Horseshoe Bay and another one outside of Big Spring. Their combined taxes on both those places are cheaper than my taxes to live in Big Spring, Texas, on my house. My deal is, what does our money go to? If there's an end in sight, that's probably a good thing."

Bailey expressed frustration with the U.S. 87 truck reliever route now under construction around Big Spring.

"It's just like the bypass they put out here. That is the dumbest thing. We have one lane. If there was a mass emergency in Big Spring – and it could be possible with all the fires that go on in West Texas – if you leave south of town, we have one lane to exit Big Spring. It would be a catastrophe," he said. "The thing is, something like that would never happen in Austin. It would never happen in Dallas. And the fact of the matter is, I would dare to say that West Texas probably generates more income for

the state of Texas than any other part of Texas, and yet we see the least in kickbacks."

Canon said he's familiar with the complaint, and that he will try to address it if elected.

"I hear that all over the district. I'm not saying I'd be able to go down there and do something about it. My contention is that I'd like to believe that I'd be able to," he said. "How? By working with people, by making our case, by finding ways to be able to make a deal, so to speak, so that we can get better considerations that what we've been getting."

Canon's wife of 48 years, Judy, was at the town hall meeting with him. The couple have four children.

Contact Staff Writer Roger Cline at 432-263-7331 ext. 235, or by email at reporter@bigspringherald.com.

## MYERS & SMITH FUNERAL HOME & CHAPEL

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Vicky Gonzales, 60, of Grand Prairie, died Monday, Feb. 12, 2018. Funeral service was at 11 a.m. this morning at Holy Trinity Catholic Church.

Carl Wayman Wells, 79, of Big Spring, died Tuesday, Feb. 13, 2018, at his residence. The family will receive friends from 3 p.m. until 4:30 p.m., Sunday, Feb. 18, 2018, at Myers & Smith Funeral Home. Funeral service will be at 1 p.m. Monday at Myers & Smith Chapel. Burial will be at Gail Cemetery.

Carol Mathis, 57, of Big Spring, died Thursday, Feb. 16, 2018, at Scenic Mountain Medical Center. Services are pending at Myers & Smith Funeral Home.

# Mueller charges Russians with meddling in 2016 race

By ERIC TUCKER

Associated Press

WASHINGTON (AP) — In an extraordinary indictment, the U.S. special counsel has accused 13 Russians of an elaborate plot to disrupt the 2016 presidential election, charging them with running a huge but hidden social media trolling campaign aimed in part at helping Republican Donald Trump defeat Democrat Hillary Clinton.



Mueller

The federal indictment, brought Friday by special counsel Robert Mueller, represents the most detailed allegations to date of illegal Russian meddling during the campaign that sent Trump to the White House. It also marks the first criminal charges against Russians believed to have secretly worked to influence the outcome.

"As you can see with the FBI indictment, the evidence is now really incontrovertible and available in the public domain" that Moscow interfered in the race, Trump's national security adviser, H.R. McMaster, said Saturday at a conference in Germany. Moments earlier, Russia's foreign minister, Sergey Lavrov, speaking through an interpreter, had dismissed the indictment as "just blabber."

The Russian organization was funded by Yevgeny Prigozhin, the indictment says. He is a wealthy St. Petersburg businessman with ties to the Russian government and President Vladimir Putin.

Trump quickly claimed vindication Friday, noting in a tweet that the alleged interference efforts began in 2014 — "long before I announced that I would run for President."

"The results of the election were not impacted. The Trump campaign did nothing wrong — no collusion!" he tweeted.

But the indictment does not resolve the collusion question at the heart of the continuing Mueller probe, which before Friday had produced charges against four Trump associates. U.S. intelligence agencies have previously said the Russian government interfered to benefit Trump, including by orchestrating the hacking of Democratic emails, and Mueller has been assessing whether the campaign coordinated with the Kremlin.

## CONTEST

Continued from Page 1A

The students that placed were:

- Marco Tan
- Kortney Moore
- Sean Tan
- Ananya Limaye
- Zareth Castillo
- A'Kalie Berry
- Ismael Castillo
- Timothy Ontiveros
- Jaysena Roberts
- Grayson Colegrove

The latest indictment does not focus on the hacking but instead centers on a social media propaganda effort that began in 2014 and continued past the election, with the goal of producing distrust in the American political process. Trump himself has been

reluctant to acknowledge the interference and any role that it might have played in propelling him to the White House.

The indictment does not allege that any American knowingly participated in Russian meddling, or suggest that Trump campaign associates had more than "unwitting" contact with some of the defendants who posed as Americans during election season.

But it does lay out a vast and wide-ranging Russian effort to sway political opinion in the United States through a strategy that involved creating internet postings in the names of Americans whose identities had been stolen; staging political rallies while posing as American political activists and paying people in the U.S. to promote or disparage candidates.

While foreign meddling in U.S. campaigns is not new, the indictment for an effort of this scope and digital sophistication is unprecedented.

"This indictment serves as a reminder that people are not always who they appear to be on the internet," Deputy Attorney General Rod Rosenstein said Friday. "The indictment alleges that the Russian conspirators want to promote discord in the United States and undermine public confidence in democracy. We must not allow them to succeed."

The 13 Russians are not in custody and not likely to ever face trial. The Justice Department has for years supported indicting foreign defendants in absentia as a way of publicly shaming them and effectively barring them from foreign travel.

The surreptitious campaign was organized by the Internet Research Agency, a notorious Russian troll farm that the indictment says sought to conduct "information warfare against the United States of America."

sin counties and they aren't allowed to see who wrote the essay. A student from each school will get a scholarship. Last year's winner from Forsan was Rhian Cunningham. One thing I'd like to add, that I've noticed, is that Misty Mimms is awesome about getting information to us about the scholarship and when it's due. PBUWCD is super easy to work with and very encouraging when it comes to getting kids involved."

Contact Staff Writer Erin Stephens at 432-263-7331 ext. 232, or by email at citydesk@bigspringherald.com.

## PBUWCD

Continued from Page 1A

website: www.pbuwcd.com.

"We do have several students that participate in this contest every year," said counselor at Forsan ISD Angela Huckabee. "They have students write an essay that pertains to underground water conservation and it's a good research project for them. PBUWCD provides sources for students to get info from and they write at least a 100 word essay about the topic. This contest is for seniors only. The judges this year are people who live or work within the Permian Ba-

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# Opinion

*"Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances."*

-FIRST AMENDMENT

Opinions expressed on this page are those of the writers and not those of the Big Spring Herald unless otherwise indicated.

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## Liberty's Taj Mahal Pizza Oven

Paul Schmidt of Liberty is a retired chemical engineer. During his working years he traveled the world and became interested in cooking. He attended some culinary classes. He started creating plates of food that are pleasing to the eye. One is a bowl with 3 different types of soups in it. The bowl is not divided into compartments but the soups are separated.

"The 3 stay divided," says Paul, "and you eat the soups in turn. I make cold soups using watermelon, cantaloupe and honeydew melon. So you have green, sort of an orange and a red. It's pretty to look at as well as being cool and delicious."

Paul has a library of cookbooks and refers to them when he's preparing a gourmet dish.

"I have a whole group of balsamic vinegars and olive oils which are interesting to put on

dishes at the last minute to give them a little bit of a kick."

When I visited with him he was preparing a fig and almond dish.

"Sauté the fig with a little bit of butter in the skillet, then stuff an almond without the skin into the fig. Add a little bit of salt and that's about it."

Paul is famous for his custom-built pizza oven in his back yard. He bought the parts in Dallas (which were almost too large for his pickup to handle) and had it assembled by a craftsman from nearby Dayton. It is not your usual pizza oven. This one is a monument to the Italian specialty. It's a work of art. He treats it as such.

"To cook a pizza the first thing is you start the oven three days in advance so it can heat up to its proper temperature which is in the 600 degree range. And that means the tile on the floor where you cook the pizza and the whole inside of the oven. Make sure they are all at 600 to 650 degrees. This requires getting up in the middle of the first night and adding more wood. Then you cook

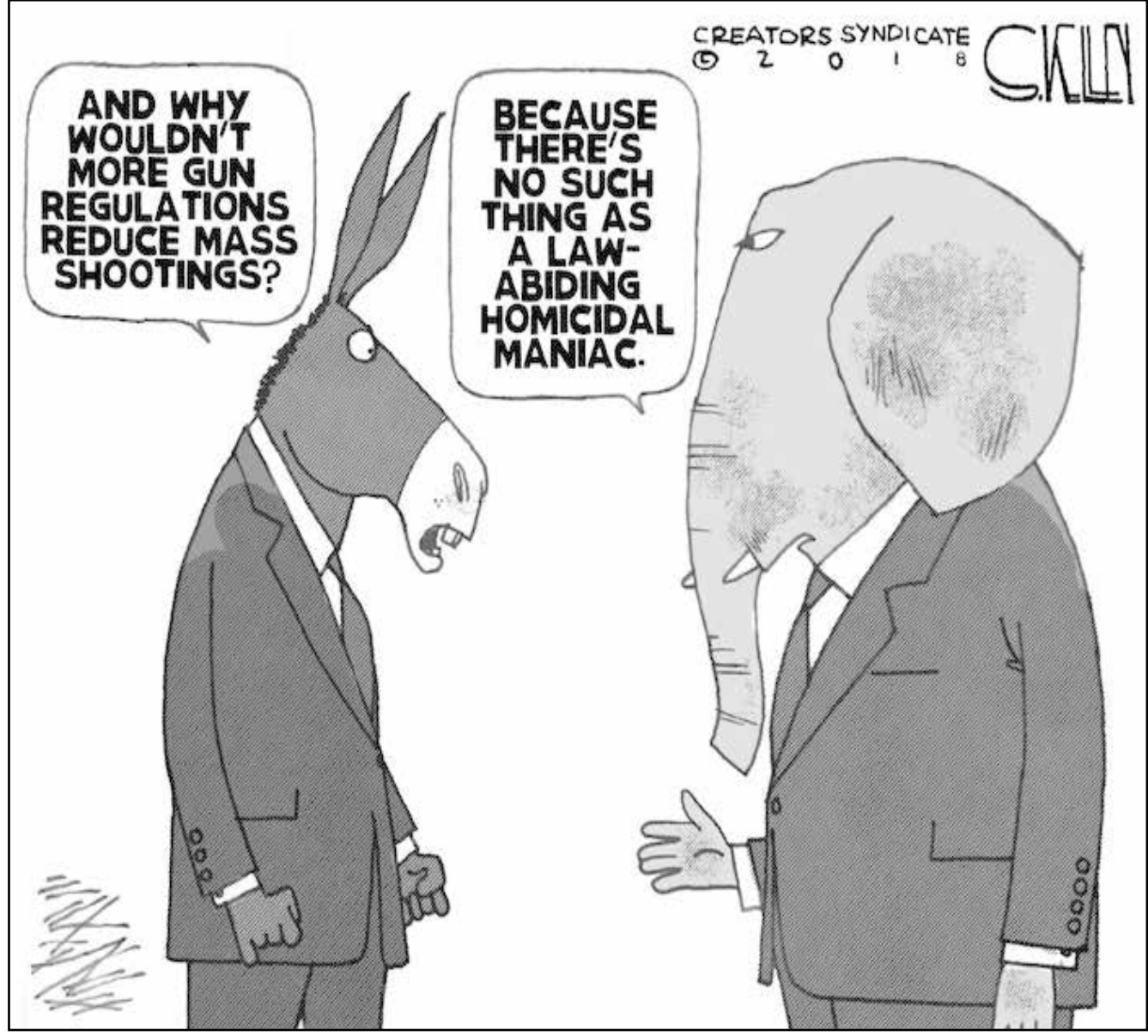
the pizza for 2 and a half to 3 minutes. At the same time as you're starting the fire, you normally start your pizza dough for the crust 3 days in advance."

Paul keeps a small scale nearby to get the perfect weight of the dough. He prefers a thin crisp crust. He is particular about what he puts on his pizzas. Stores in Liberty do not have some of the ingredients he uses, like whole milk mozzarella cheese. Some of his pizzas have unusual ingredients.

"One of the favorite ones is asparagus pizza. For that I use an Alfredo sauce with asparagus, then sprinkle a little mozzarella cheese that has been freshly grated."

Paul's pizza parties are legendary. He sometimes will have 25 guests.

"I normally plan on a little bit more than half a pizza per person. We have some red wine to go along with that, a salad and dessert. My wife makes the dessert."



## In Circles Will We Go...

Columns often "just happen"—devoid of both rhyme and reason. Such is the case as this 16th year of weekly "whims" begins.

For several days, I've thought frequently of circles, some from 1944, when a beloved first-grade teacher meticulously drew circles on the chalkboard. She called them "dishes," explaining that unexpected company had shown up, departing well before clean-up. "Who'd like to help me with the dishes?" she'd ask, smiling.

Hands flew up all over the room. Then, she'd ask each "helper" to "remove" one or two "dishes" with the sweep of an eraser. We were thus introduced to subtraction, perhaps the first (and maybe the last) mathematical concept I've truly understood.

As a rule, circles are precursors to something worse. For me, what begins as a twitch becomes a tremor when they morph into zeroes. Twitching sets in with nervous recall of high school and college algebra classes. Later, I barely made it through statistics during doctoral studies. There were simply too many numbers used in too many ways for this country boy. Stars properly aligned for degree completion, but not without major tremors.

We are in a high season for circles. A sports car is in orbit, and social media crawl with guffaws about it. If it is asked to "pull

over," how far over is over? What if there are recalls? Will there be a need for tire alignment? Should the oil be changed regularly, maybe every million light years?

Our national debt—with big numbers in front of the zeroes—explodes. Youngsters drive their "wheels," and many prominent people—way too many, really—foul-up so badly, their "wheels fall off." Wheels are all around.

In Dallas, bicycles may be rented for a buck from four competing companies. They have 10,000 bikes to rent—more than any other city. Trouble is, riders may abandon them wherever they choose—on lawns, in traffic lanes, hanging from trees—you name it.

Non-riders are peeved; the city council is flustered. Until now, folks fishing in White Rock Lake have not been surprised to hook boots. Now, they may reel in bicycles.

Groans abound. At least one rental company owner is groaning. It began operations just months ago with 2,400 bikes. Its inventory now stands at 1,800.

At church recently, two comments prompted more circular thinking. In the sermon was a reference to "concentric circles," illustrative of relationships.

Then, in an announcement "round-up," reference was made to strong attendance, despite "frizzled" weather. Hmmm. Is "frizzle" a shortcut to "freezing drizzle?"

Circles—not dots—swirled in front of my eyes.

Nailing down reasons to write a "circular" column was Andy Howington, a fellow churchman

and the object of guffaws since his recent purchase of a cherry-red Honda Gold Wing motorcycle. He found it on the Internet and soon was off to DeLeon for a "look-see." Sure enough, it was in mint condition.

Andy has owned a half-dozen cycles—maybe more—but this one is different.

It has two rear wheels.

Sunday school buddies are kidding him with little mercy. "Old Andy has reached his second childhood," one cackled. "He's back on a tricycle." Another claimed that when Andy rides, "he has to kick twice—once to start his motorcycle and another to start his pacemaker."

Still another said he saw "figure eights" on the icy church parking lot, tracks that were "clearly made by a three-wheeled motorcycle."

Andy chuckles, explaining he'll ride only when the temperature is near his age. He will be 90 on April 7.

The affable widower had wife Lois alongside until her death 15 months ago.

She remains fresh on his mind. Early in their marriage, she, too, had a motorcycle.

Andy rattles off the marital years of this revered Christian couple: 68 years, 3 months and 4 days—nary a zero in the bunch.

*Dr. Newbury is a former educator who speaks throughout Texas and the Southwest. Comments/inquiries to: newbury@speakerdoc.com. Phone: 817-447-3872. Website: www.speakerdoc.com. Twitter: @donnewbury; Facebook, donnewbury.*

## LETTERS POLICY

The Herald welcomes letters to the editor.

- Sign your letter.
- Provide a daytime telephone number, as well as a street address for verification purposes.
- We reserve the right to edit for style and clarity.
- We reserve the right to limit publication to one letter per 30-day period per author.
- Form letters, letters that are unsigned or do not include a telephone number or address will not be considered.
- Letters should be e-mailed to editor@big-springherald.com or mailed to Editor, Big Spring Herald, P.O. Box 1431, Big Spring, 79721.

## CONTACT US

The Herald is always interested in our readers' opinions.

In order that we might better serve your needs, we offer several ways in which you may contact us:

- In person at 710 Scurry St.
- By telephone at 263-7331
- By e-mail at newsdesk@bigspringherald.com.
- By mail at P.O. Box 1431, Big Spring, 79721

## DAILY PRAYER

May our journey on earth include  
Your companionship, Lord. Amen.

## Austin 1st city in Texas to require paid sick leave

AUSTIN, Texas (AP) — City Council members have approved an ordinance requiring all non-government employers in Austin to offer workers paid sick leave, becoming the first city in Texas to do so.

The Austin City Council voted 9-2 Friday morning in favor of the ordinance. The vote came after more than 200 people testified on the issue, with a majority in favor of the ordinance.

"This is going to affect a lot of people in our city that probably are right now coming into work sick and probably serving food on days that they shouldn't be," said Steve Adler, mayor of Austin.

The ordinance will allow those who work for an Austin business with 15 or more employees to earn up to eight paid sick days each year, accruing one hour for every 30 worked. Any unused time can be carried over to the next year.

"I've seen firsthand what this can do," said Ryan Garrett, general manager of Stubb's Barbecue. "I've seen what this can do to morale.

... It means the world to the people I work with, and it is 100 percent the right thing to do."

Some small businesses testified that the ordinance's wording isn't inclusive for them.

"One of the biggest issues with the language that we have an issue with is the subpoena power that the city is giving themselves," said Frank Fuentes with the U.S. Hispanic Contractors Association. "When somebody will file a complaint, the city gets the subpoena power to request or get the books from small businesses. It's unimaginable. It's very worrisome to small businesses because now they will have to find a way to defend themselves."

Employers who violate the ordinance will be fined up to \$500 by the city.

Former state Sen. Wendy Davis said that Austin is becoming a progressive leader in the region.

"You have continually led the way for other cities in this state and across the country on what good governance looks like," she said.

The ordinance will take effect Oct. 1.

## Texas hospital lets transplant patients hold own hearts

By DOMINGO RAMIREZ JR.  
 Fort Worth Star-Telegram

DALLAS (AP) — After years of working for cardiologists and vascular surgeons, Jane Poston held her own broken heart in her hands Thursday morning, literally.

The Fort Worth Star-Telegram reports and, yes, her hands were shaking a little.

"I didn't want to die," the 62-year-old Bedford heart transplant recipient said at Baylor University Medical Center in Dallas. "It's such a wonder to hold your own heart."

The meeting was part of "Heart to Heart," possibly one of the more unique hospital programs in the United States. Since 2014, Baylor's downtown hospital has invited about 100 heart transplant recipi-

ents to return and hold their former heart and view the damage they did to it. The patients also get education on how to care for their new heart.

Over 6 million people a year suffer from heart failure and about 2,200 receive a new heart, according to statistics shared by Baylor.

Dr. William Roberts, 85, executive director at Baylor Heart and Vascular Institute, hosts the 45- to 60-minute program, which many times includes several patient family members. Clinical coordinator Saba Ilyas is in charge of getting the former heart ready.

"Many people are just in awe of holding their former heart," hospital spokeswoman Susan Hall said.

The reunion for Poston and her old heart started out nicely, but the organ caused her

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See OIL, Page 6A

## Weekly Oil Report

### Howard County

#3SH Newton Unit "06-43", drill horizontal, El: NA

Spraberry (Trend Area) Field, API #42-227-39490  
 14.90 miles northwest of Big Spring  
 A-1067, Section 6, Block 32, T-2-N, T&P RR Co. survey

Total Depth: 10,000 feet  
 Latitude 032.460069, Longitude -101.542640. Datum: NAD 27  
 86' FSL, 2271' FWL of 959.46-acre lease  
 2545' FNL, 2271' FWL of the survey

#4AH Wright Unit "C 41-31 A1", drill horizontal, El: NA  
 Spraberry (Trend Area) Field, API #42-227-39491  
 18.92 miles northwest of Big Spring

A-1252, Section 32, Block 33, T-3-N, T&P RR Co. survey  
 Total Depth: 8500 feet  
 Latitude 032.292783, Longitude -101.383308. Datum: NAD 83  
 274' FNL, 568' FWL of 209.66-acre lease  
 274' FNL, 2779' FEL of the survey  
 Rule 37 Exception

#5AH Wright Unit "C 41-31 A2", drill horizontal, El: NA  
 Spraberry (Trend Area) Field, API #42-227-39492  
 18.94 miles northwest of Big Spring

A-1252, Section 32, Block 33, T-3-N, T&P RR Co. survey  
 Total Depth: 8500 feet  
 Latitude 032.292966, Longitude -101.382248. Datum: NAD 83  
 303' FNL, 331' FEL of 209.66-acre lease  
 303' FNL, 331' FEL of the survey  
 Rule 37 Exception

#13SH Wright Unit "C 41-31 A2", drill horizontal, El: NA  
 Spraberry (Trend Area) Field, API #42-227-39493  
 18.94 miles northwest of Big Spring

A-1252, Section 32, Block 33, T-3-N, T&P RR Co. survey  
 Total Depth: 8500 feet  
 Latitude 032.292754, Longitude -101.383299. Datum: NAD 83  
 304' FNL, 567' FWL of 209.66-acre lease  
 304' FNL, 2780' FEL of the survey  
 Rule 37 Exception



In this Thursday, Feb. 15, 2018, photo, Jane Poston heart transplant recipient holds her heart at Baylor University Medical Center in Dallas.

pain the last time she had it in her body.  
 Born in Covington,

See HEART, Page 6A

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## Odessa Police charge man for threatening to commit shooting at public school

Odessa Police arrested Nicholas Jerome Ramsey, date of birth 01/17/2001, on 2-15-18 at approximately 1451 hours for Exhibition, Use, or Threat of Exhibition "Class A Misdemeanor". On 2-15-18 at approximately 1300 hours, the Odessa Police Department responded to the 8800 block of Lamar in reference to a check welfare.

Unisoft, a company that makes video games, notified the Odessa Police

Department in reference to a male subject threatening to commit a shooting at a public school. Officers located the male subject, identified as Ramsey, who was transported to the Odessa Police Department to be interviewed by detectives.

Investigation revealed that while Ramsey was playing Rambo 6 Siege, he stated "I guess I'll go do mine now" and later stated "ima shoot up my school now". Ramsey explained to detectives that it was a bad joke in light of the shooting that occurred at a school in Florida on 2-14-18.

Based on the facts and circumstances presented during the investigation, OPD detectives obtained a warrant for Ramsey, who was charged and arrested accordingly and transported to the ECLEC.



Ramsey

## Special election May 5 to fill Schubert's Texas House seat

AUSTIN, Texas (AP) — Gov. Greg Abbott has set a date for a special election to replace Republican state Rep. Leighton Schubert of Caldwell, who is leaving his post to do legal work for a junior

college. nation primary is March 6, with early voting beginning Tuesday. Runoff elections for races where no primary candidate wins a majority of the votes cast is set for May 22.

The governor announced Friday that the vote will be held May 5, with early voting in the district — which includes parts of Austin, Burtleson, Colorado, Fayette, Grimes, Lavaca and Washington counties — to begin April 23.

Schubert resigned his seat Feb. 4. An attorney elected to the House in 2015, he previously announced accepting a position with Blinn College in Brenham.

Texas' first-in-the-

## US rig count remains unchanged at 975

HOUSTON (AP) — The number of rigs exploring for oil and natural gas in the U.S. didn't increase this week, remaining at 975 for the second week in a row.

That exceeds the 751 rigs that were active this time a year ago. Houston oilfield services company Baker Hughes reported Friday that 798 rigs drilled for oil this week and 177 for gas.

Among major oil- and gas-producing states, Oklahoma

increased by five rigs, Alaska gained four and Pennsylvania increased by three.

New Mexico decreased by three rigs; Louisiana, Ohio and West Virginia each lost two; and Colorado and North Dakota each decreased by one.

Arkansas, California, Kansas, Texas, Utah and Wyoming were unchanged.

The U.S. rig count peaked at 4,530 in 1981. It bottomed out in May of 2016 at 404.

rhythmia, and despite three pacemakers and loads of medications, her condition got worse. By 2012, she was suffering from congestive heart failure.

"It was a death sentence," she said. "I had been around enough heart doctors to know what that meant, but my prayer then was that I wasn't ready to go."

Poston also prayed that another cardiologist would take her case, and those prayers were answered by Dr. Susan Joseph.

"She held my hands during our 45-minute meeting," Jane Poston said. "And I remember she told me, 'I will take your case and I will never give up.'"

A heart transplant was recommended, and three surgeons spent 12 hours performing the surgery in September 2016. Her new heart had hepatitis C, but doctors later treated it.

On Thursday, her former heart lay on a table, sliced into several pieces after an autopsy. The 309-gram organ was a rather yellow color from the formaldehyde.

Roberts, the host of the meeting, told Poston that the autopsy indicated her heart had developed sarcoidosis,

## Trump signs bill providing more access to 911 calls

WASHINGTON (AP) — President Donald Trump has signed a bill into law that will provide more direct access to the 911 system for callers using a multi-line telephone in an emergency.

The White House says the president signed the "Kari's Law Act of 2017," which ensures that anyone who dials 911 can reach emergency responders, even if the phone typically requires someone

to dial "9" or another digit to reach an outside line.

The law is named after Kari Hunt, who was killed in Texas in 2013 by her estranged husband. One of the woman's young daughters tried to call 911 but couldn't get through to emergency responders because she didn't know to dial 9 to get an outside line. The bill was sponsored by Republican Rep. Louie Gohmert of Texas.

an inflammatory disease that could affect many areas of the body.

Near the end of the program, the doctor handed Poston her former heart, and she seemed eager to hold the organ that had given her life for so many years.

She was also full of emo-

tions.

The doctor reminded Poston of the statistics.

"You are very special," the doctor said. "It puts an obligation on you to take care of yourself."

Poston nodded. "I will," she said.

## OIL

Continued from Page 5A

**SM Energy Company**  
6301 Holiday Hill Road  
Midland, TX 79707-0000  
Jill Hamilton, Regulatory  
Tech  
(432) 848-4855

#3241WA Zissou, drill horizontal, API #42-227-39469  
Spraberry (Trend Area) Field, El: NA  
2.10 miles northeast of Big Spring

A-992, Section 32, Block 32, T&P RR Co. survey  
Total Depth: 8800 feet  
X=772238.7, Y=246426.4. Datum: NAD 27  
557' FNL, 1302' FEL of 489.03-acre lease  
2089' FSL, 1313' FWL of the survey

**CrownQuest Operating, LLC**  
P.O. Box 53310  
Midland, TX 79710-0000  
Ann Ritchie, Agent  
(432) 684-6381

#1D Whistling Duck, drill, El: NA, API #42-227-39448  
Spraberry (Trend Area) Field  
7.21 miles northwest of Elbow  
A-405, Section 3, Block 34, T-1-S, T&P RR Co. survey  
Total Depth: 13,000 feet  
Latitude 032.123520, Longitude -101.370276.  
Datum: NAD 83  
475' FEL, 845' FNL of 642.5-acre lease  
475' FEL, 845' FNL of the survey

**Callon Petroleum Operating Co.**  
P.O. Box 1287  
Natchez, MS 39121-0000  
Ryan Emery, Regulatory  
Specialist  
(281) 589-5200

#6AH Wright Unit "B 41-32", drill horizontal, El: NA  
Spraberry (Trend Area) Field, API #42-227-39479  
18.94 miles northwest of Big Spring

A-1252, Section 32, Block 33, T&P RR Co. survey  
Total Depth: 8500 feet  
Latitude 032.292995, Longitude -101.382256.  
Datum: NAD 83  
273' FNL, 332' FWL of 400-acre lease  
273' FNL, 1854' FEL of the survey

**Oxy USA, Inc.**  
5 Greenway Plaza, Suite 110  
Houston, TX 77046-0000  
Melissa Flack, Regulatory  
Specialist  
(713) 552-8778

#1402WA May North, drill horizontal, API #42-227-39478  
Spraberry (Trend Area) Field, El: NA  
3.50 miles southwest of Big Spring

A-693, Section 14, Block 33, T-1-S, T&P RR Co. survey  
Total Depth: 9000 feet  
Latitude 032.122234, Longitude -101.301452.  
Datum: NAD 27  
375' FNWL, 1250' FSWL of 451.94-acre lease  
375' FNWL, 1250' FSWL of the survey  
Rule 37 Exception

**Surge Operating, LLC**  
7850 N. Sam Houston  
Pkwy West  
Suite 300  
Houston, TX 77064-0000  
Gayle Foord, Regulatory  
Analyst  
(832) 333-2332

#5SH Wright Unit "B 44-41", drill horizontal, El: NA  
Spraberry (Trend Area) Field, API #42-227-39483  
16.59 miles north of Big Spring  
A-1224, Section 44, Block 33, T-3-N, T&P RR Co. survey

Total Depth: 10,000 feet  
Latitude 032.450817, Longitude -101.629281.  
Datum: NAD 27  
435' FSL, 2794' FWL of 504.6-acre lease  
435' FSL, 2794' FWL of the survey  
Rule 37 Exception

See OIL, Page 7A

## HEART

Continued from Page 5A

Kentucky, Poston spent her young life in Pensacola, Florida, and moved to Texas in 1989 with her husband. She was healthy for years, but she had two cousins die from heart problems and her mother suffered a massive heart attack at the age of 60.

During those years, Poston was immersed in the cardiac world, working as a business office manager or a medical secretary for an office of cardiologists and vascular surgeons.

"I had no history of coronary artery disease, no high blood pressure and no high cholesterol," Poston said.

But that all changed in 2010 on a trip to the Grand Canyon. She became dizzy, nauseous, vomited and would briefly pass out. One night while in Flagstaff, Arizona, she had trouble breathing.

"It felt like someone had placed five cinder blocks on my chest," she said.

Poston and her husband made back to Bedford where she got worse and ended up at Texas Health Harris Methodist Hospital H-E-B in Bedford. She was diagnosed with ar-

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# FBI says it failed to investigate tip on Florida suspect

By **KELLI KENNEDY, CURT ANDERSON and TAMARA LUSH**  
Associated Press

PARKLAND, Fla. (AP) — The FBI received a tip last month that the suspect in the Florida school shooting had a "desire to kill" and access to guns and could be plotting an attack, but agents failed to investigate, the agency said Friday. Florida Gov. Rick Scott called for the FBI director to resign because of the agency's failure.

Attorney General Jeff Sessions said the shooting that killed 17 people Wednesday was a "tragic consequence" of the FBI's missteps and ordered a review of the Justice Department's processes. He said it's now clear that the nation's premier law enforcement agency missed warning signs.

In more evidence that there had been signs of trouble with suspect Nikolas Cruz, Broward County Sheriff Scott Israel said at a Friday news conference that his office had received more than 20 calls about him in the past few years.

A person who was close to Cruz called the FBI's tip line on Jan. 5 and provided information about Cruz's weapons and his erratic behavior, including his disturbing social media posts. The caller was concerned that Cruz could attack a school.

In a statement, the agency acknowledged that the tip should have been shared with the FBI's Miami office and investigated, but it was not. The startling admission came as the agency was already facing criticism for its treatment of a tip about a YouTube comment posted last year. The comment posted by a "Nikolas Cruz" said, "I'm going to be a professional school shooter."

The FBI investigated the remark but did not determine who made it.

The 19-year-old Cruz has been charged with killing 17 people at Marjory Stoneman Douglas High School in Parkland, north of Miami.

FBI Director Christopher Wray said the agency was still reviewing its missteps on the January tip. He said he was "committed to getting to the bottom of what happened," as well as assessing the way the FBI responds to information from the public.

"We have spoken with victims and families and deeply regret the additional pain this causes all those affected by this horrific tragedy," Wray said in the statement.

Scott on Friday sharply criticized the federal law enforcement agency, calling the FBI's failure to take action "unacceptable."

"Seventeen innocent people are dead and acknowledging a mistake isn't going to cut it," the governor said. " ... The families will spend a lifetime wondering how this could happen, and an apology will never give them the answers they desperately need."

The FBI is already under intense scrutiny for its actions in the early stages of the investigation into Russian meddling in the 2016 presidential campaign. President Donald Trump and some congressional Republicans have seized on what they see as signs of anti-Trump bias.

The president has repeatedly slammed the nation's premier law enforcement agency and its leaders, writing on Twitter that its reputation was in "tatters."

Also Friday, mourners gathered for the first funeral for a shooting victim, packing the Star of David chapel to remember 14-year-old Alyssa Alhadeff. From outside the chapel, other mourners strained to hear the voices chanting Jewish prayers and remembering the star soccer player as having "the strongest personality." She was also remembered as a creative writer with a memorable smile.

At the funeral for 18-year-old Meadow Pollack, her father's anger boiled over. With more than 1,000 mourners including Scott packed into Temple K'ol Tikvah, Andrew Pollack looked down at the plain pine coffin of his daughter and then told the crowd, "I am very angry and upset about what transpired."

A day earlier, details of Wednesday's attack emerged, showing how the assailant moved through the school in just minutes before escaping with the same students he had targeted.

Cruz jumped out of an Uber car and walked toward building 12 of the school, carrying a black duffel bag and a black backpack. He slipped into the building, entered a stairwell and extracted a rifle from his bag, authorities said. He shot into four rooms on the first floor — going back to spray bullets into two of the rooms a second time — then went

## OIL

Continued from Page 6A

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**Lisa Hunt, Regulatory Tech**  
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**SM Energy Company**  
6301 Holiday Hill Road  
Midland, TX 79707-0000  
**Jill Hamilton, Regulatory Tech**  
(432) 848-4855

See **OIL**, Page 8A

#6SH Wright Unit "B 44-41", drill horizontal, El: NA

Spraberry (Trend Area) Field, API #42-227-39486  
16.59 miles north of Big Spring  
A-1224, Section 44, Block 33, T-3-N, T&P RR Co. survey

Total Depth: 10,000 feet  
Latitude 032.451329, Longitude -101.626332.  
Datum: NAD 27  
405' FSL, 8875' FWL of 504.6-acre lease  
405' FSL, 1970' FEL of the survey

#1 Delphin SWD, drill, El: NA, API #42-227-39482  
Spraberry (Trend Area) Field (injection well)  
10 miles northwest of Big Spring  
A-578, Section 29, Block A, Bauer & Cockrell survey  
Total Depth: 12,900 feet  
X=723599, Y=267848. Datum: NAD 27  
1240' FSL, 540' FEL of 642.7-acre lease  
1240' FSL, 540' FEL of the survey

#0745WA Jenny Curran, drill horizontal, API #42-227-39485  
Spraberry (Trend Area) Field, El: NA  
13.70 miles northeast of Big Spring  
A-185, Section 17, Block 31, T-2-N, T&P RR Co. survey  
Total Depth: 9500 feet  
X=787241, Y=306951. Datum: NAD 27  
283' FNWL, 2423' FSWL of 484.28-acre lease  
283' FNWL, 2423' FSWL of the survey

upstairs and shot a single victim on the second floor.

He ran to the third floor, where according to a timeline released by the Broward County Sheriff's Office, three minutes passed before he dropped the rifle and backpack, ran back down the stairs and quickly blended in with panicked, fleeing students.

Florida State Sen. Bill Galvano, who visited the third floor, said authorities told him it appeared that Cruz tried to fire point-blank out the third-floor windows at students as they were leaving the school, but the high-impact windows did not shatter. Police told Galvano that it was not that difficult to open the windows.

Israel clarified Friday that Cruz never had a gas mask or smoke grenades during the attack, but officers did find a balaclava. The sheriff said his office would be investigating every one of the previous calls about Cruz to see how they were handled.

Authorities have not described any specific motive, except to say that Cruz had been kicked out of the high school, which has about 3,000 students and serves an affluent suburb where the median home price is nearly \$600,000. Students who knew him described a volatile teenager whose strange behavior had caused others to end friendships.



AP photo  
A young girl and a woman embrace as they leave a funeral service for Alyssa Alhadeff at the Star of David Funeral Chapel in North Lauderdale, Fla., Friday, Feb. 16, 2018.

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# Romney makes it official: He's running for Utah Senate seat

By MICHELLE L. PRICE and BILL BARROW

Associated Press

SALT LAKE CITY (AP) — Former presidential hopeful Mitt Romney is running for a Utah Senate seat, officially launching his political comeback attempt Friday by praising his adopted home state as a model for an acrimonious national government in Washington.

Having been one of the Republican Party's fiercest internal critics of President Donald Trump, Romney didn't mention the administration or Trump himself in a campaign announcement posted online. The closest allusion to Trump was Romney noting that Utah "welcomes legal immigrants from around the world," while "Washington sends immigrants a message of exclusion."

Romney, 70, will be the heavy favorite for the Senate seat being opened by Sen. Orrin Hatch's retirement. Hatch was among the first Republicans to pitch Romney as his potential successor.

Leading up to Romney's widely anticipated announcement, confidantes said he intends to focus his campaign on Utah, where he moved with his wife, Ann, after losing the 2012 presidential election to incumbent Democrat Barack Obama.

"Utah has a lot to teach the politicians in Washington," Romney said in his announcement, noting that "on Utah's Capitol Hill, people treat one another with respect."

Still, Romney, a former Massachusetts governor and wealthy business executive, would come to Capitol Hill with a higher profile than a typical freshman senator. That reality was made clear

by immediate reactions to his announcement from across the political spectrum.

House Speaker Paul Ryan, whom Romney tapped as his vice presidential running mate in 2012, immediately hailed his old partner's "unparalleled experience, conservative leadership and lifetime of service."

Democrats, despite not yet offering any credible threat to the Republican dominance in Utah, answered with a scathing rebuke, dismissing Romney's periodic criticisms of Trump. "Mitt Romney desperately wants to separate himself from the extremism of the current administration," said Democratic National Committee spokesman Vedant Patel in a statement, but "the basis policies of Trump's GOP ... were his before they were Donald Trump's."

Hours after making his campaign announcement early Friday morning, Romney filed paperwork with Utah's elections office allowing him to start collecting the signatures of 28,000 registered Republicans to earn a spot on a June primary ballot.

He then toured a dairy farm in the northern Utah city of Ogden, driving a tractor and posing for pictures with workers and the farm's owners. He didn't take questions from reporters.

Friday afternoon, Romney dropped by a campaign volunteer booth set up at Utah Valley University in Orem, where he shook hands and

## OIL

Continued from page 7A

SM Energy Company  
6301 Holiday Hill Road  
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#1 Poseidon SWD, drill, El: NA, API #42-227-39484  
Spraberry (Trend Area) Field (injection well)  
11 miles northwest of Big Spring  
A-574, Section 25, Block A, Bauer & Cockrell survey  
Total Depth: 12,900 feet  
X=1716527, Y=257767. Datum: NAD 27  
1216' FNWL, 2239' FWL of 643.51-acre lease  
1216' FNWL, 2239' FWL of the survey

SM Energy Company  
6301 Holiday Hill Road  
Midland, TX 79707-0000  
Jill Hamilton, Regulatory Tech  
(432) 848-4855

#0744WA Phil Connors, drill horizontal, API #42-227-39487  
Spraberry (Trend Area) Field, El: NA  
13.70 miles northeast of Big Spring  
A-185, Section 17, Block 31, T-2-N, T&P RR Co. survey  
Total Depth: 9500 feet  
X=787211, Y=306945. Datum: NAD 27  
283' FNWL, 2393' FSWL of 639.22-acre lease  
283' FNWL, 2393' FSWL of the survey

SM Energy Company  
6301 Holiday Hill Road  
Midland, TX 79707-0000  
Lisa Hunt, Regulatory Tech  
(432) 848-4833

#2 Mountain Cat "26", drill, El: NA, API #42-227-38218  
Spraberry (Trend Area Strawn) Field  
4.70 miles northeast of Big Spring  
A-1293, Section 26, Block 32, T&P RR Co. survey  
Total Depth: 12,0a00 feet  
X=1064791.9, Y=6805318.5. Datum: NAD 83  
467' FSEL, 1981' FSWL of 323.02-acre lease  
467' FSEL, 1981' FSWL of the survey

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#3SH Sledge Unit "06-07", drill horizontal, API #42-227-39489

Spraberry (Trend Area) Field, El: NA  
14.90 miles northwest of Big Spring  
A-1067, Section 6, Block 32, T-2-N, T&P RR Co. survey  
Total Depth: 10,000 feet  
Latitude 032.459869, Longitude -101.542576.  
Datum: NAD 27  
2621' FNWL, 2272' FSWL of 742.92-acre lease  
2621' FNWL, 2272' FSWL of the survey

posed for pictures with a mob of excited college students he asked to sign his candidate nominating petition.

He is scheduled to give a speech Friday night at a GOP county dinner event in Provo, a city south of Salt Lake City.

As he did in two presidential campaigns, Romney's announcement highlights his stewardship of the 2002 Winter Olympics in Salt Lake City. Romney is respected in the state for taking over the troubled games amid planning and financial disarray.

Romney supporters describe him as a "favorite

son" of Utah. He's a Brigham Young University graduate who went on to become the first Mormon presidential nominee of a major political party. About 60 percent of Utah's residents are members of The Church of Jesus Christ of Latter-day Saints.

Some Utah Republicans may still question whether the one-time abortion-rights supporter is too much of an outsider or too moderate for their tastes, but he's not expected to face any serious primary or general election challenge.

Romney attracted headlines

in 2016 when he took the extraordinary step of delivering a biting speech denouncing Trump, calling him a "phony" who was unfit for office. Romney muted his criticism for a time when Trump auditioned him as a potential secretary of state.

For his part, Trump has said Romney "choked like a dog" in his failed presidential bids in 2012 and four years earlier, when Romney lost the GOP nomination to Arizona Sen. John McCain.

Romney also would be a compelling addition to the ongoing congressional wrangle over health care.

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### Steers Powerlifting takes the weight and the Gold



Courtesy Photo

Here, the Big Spring Powerlifting team poses at Midland Greenwood, Feb. 16. The boys took home the team championship for the Big Spring Steers. They hope to have as many boys and girls qualify for the Regional Meet.

#### Special to the Herald

The Big Spring High School powerlifters competed at the Greenwood Ranger Invitational Powerlifting Meet on Thursday at Greenwood High. The results are as follows:

#### BOYS

Jared Paredez placed 1st in the 114 class  
Mattox Evans placed 2nd in the 114 class

Morris Norman placed 3rd in the 114 class  
Bryson Ovalle placed 1st in the 123 class  
Cruz Martinez placed 4th in the 123 class  
Sean Mendoza placed 5th in the 123 class  
Justin Ormsby placed 1st in the 132 class  
Isaiah Johnson placed 9th in the 165 class  
Aleyas Bland placed 5th in the 220 class  
Ivan Delgado placed 1st in the 242 class  
Isaiah Rodriguez placed 3rd in the 275 class

Daniel Roberts placed 6th in the 275 class  
Jordan Dunn placed 1st in the Superheavy-weight class  
Michael Doportto placed 5th in the Superheavy-weight class  
"The Boys won the Team Championship last night. In the four meets in which our boys have

See **POWERLIFT**, Page 3B

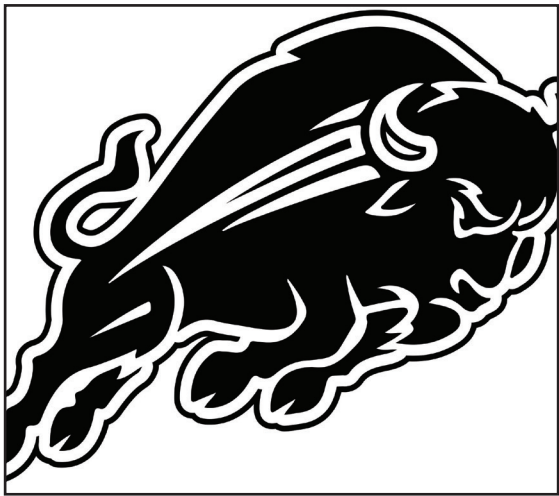
### Forsan handles Seagraves 51-26, wins area playoff

#### Special to the Herald

LENORAH - You could say the Seagraves Lady Eagles basketball season started and ended with the Forsan Lady Buffaloes. Back in mid November the Lady Eagles defeated the Lady Buffs 34-31 in the season-opener for both teams. Friday night at the Grady High School gym, Forsan punched its ticket to the Class 2A regional quarter-finals decisively downing Seagraves 51-26 to become area champions.

(Forsan led 23-18 at the half into a rout. Coach Lloyd Vedder turned up the defensive pressure in the third quarter, switching from his customary zone defense to a full court press. Seagraves had many of their game's 22 turnovers in the third quarter. Forsan's Freshman guard Rylee Evans fu-

into a layup, and before you knew it, Forsan was cruising with a 39-18 lead with 2:20 left in the third quarter. Seagraves scored eight points to end the quarter and the Lady Eagles were done for the night. Freshman Kadence Esparza, made three three-pointers and led Seagraves with 11 points. Antaveya Kyle played strong for Seagraves as she scored five points, got nine rebounds and blocked three shots. Vedder said he had confidence in his press. "They played us tough there," said Vedder. They are a young team and they started hitting some stuff there early. We were giving them some good looks," Vedder said. "We had seen enough film to know we could go to the full court press and force them to take some quick shots. It all happened at the right time."



eled the ball-hawking defense as she collected five steals in the game. It started with Macey Evans feeding little sister Rylee who sank a 15-footer. After a Seagraves turnover, Macey Evans sank a basket, Rylee Evans got a steal, was fouled and sank two free throws; Emily Garcia sank two free throws and Macey Evans converted a steal

young team and they started hitting some stuff there early. We were giving them some good looks," Vedder said. "We had seen enough film to know we could go to the full court press and force them to take some quick shots. It all happened at the right time."

See **LADY BUFFS**, Page 3B

### Hungry for more: Correa, tight-knit Astros talking dynasty



AP PHOTO

Houston Astros pitcher Joe Smith throws a bullpen session during spring training baseball practice Thursday, Feb. 15, 2018, in West Palm Beach, Fla.

#### By MIKE FITZPATRICK

AP Baseball Writer  
WEST PALM BEACH, Fla. (AP) — Soon as George Springer and his World Series MVP trophy arrived at Houston Astros camp, the All-Star leadoff hitter began knocking balls over the fence in batting practice. Carlos Correa and Alex Bregman picked up right where they left off, too, silky smooth fielding grounders on the left side of the infield. "Brings back some pretty good memories,"

Bregman said. Bet it sure does. Coming off a championship and with all that young talent in place, no wonder this tight-knit "family" is talking openly about the D-word. "We don't want to be just a team that people are going to remember for one year," Correa said. "We want to be able to build a dynasty here, to win two, three years in a row if we can do that. We have the team to do it, it's just upon us to put in the work." For several of Hous-

ton's twenty-something stars, their work together started again on Friday. And as far as they're concerned, there's no reason it can't be fun. After reporting to spring training three days before the first scheduled full-squad workout, Springer jumped in the cage and quickly drove one a long way out. So much for needing a few swings to warm up. "I don't know. It's Day One. You don't think you're going to square

See **ASTROS**, Page 2B

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# Big Spring Golf takes action



Courtesy Photo

Shown are members of the Big Spring Golf Team as the JV Invitational Champions.

## Special to the Herald

The Big Spring Golf program was in action in both Andrews and Snyder this past Thursday. The Big Spring Steer and Lady Steer Black teams tee'd it up in the Andrews JV Invitational, while the Lady Steer Gold team tee'd it up in the Snyder Girl's Invitational.

The boys team took home 1st place. The team consisted of Jack Everett(Jr.), Phillip Lopez(Fr.), Nathan Morales(Soph.), Roger Hernandez(Fr.), and Carlos Garcia(Jr.).

The boys played well through a windy round, and showed tremendous mental toughness the entire way.

The girls started off a little rocky, but showed signs of improvement late in the round. The girls were led by low scorer Mikayla Paredez(Fr.), and consisted of Sadie Garcia(Fr.), Jordan Wommack(Jr.), and Adria

Hurst(Fr.).

The future is bright for Big Spring Golf with these kids leading the charge.

The Lady Steers Gold team battled gusting winds and swing changes throughout the round, but showed signs of confidence in their ball striking. Ball striking was above average, but putting hampered some of the Lady Steers. Overall, progression is evident, and the Lady Steers will get to test their game on the WTC course this Saturday for the 2nd round of the Snyder Girl's Invitational.

"The boys are all solid ball strikers, which is one of the keys to their success. It's encouraging to know these kids can get it done," said Steer head golf coach Ariel Falcon. "Nearly all of my girls are going through subtle swing changes which makes it difficult to score throughout the round, but it's great to see even the slightest improvements from

them. Once it clicks for them, scores will begin to drop."

See GOLF PICS Page 3B

## ASTROS

Continued from Page 1B

one up out there and I did," he said later. "I might as well have stopped for the day. You want to end on a high note."

So as teammates hooted and hollered, the 28-year-old outfielder feigned being all finished.

Show over.

"We mess around all the time," Correa said. "Today I guess we were picking on Springer."

Last fall, Springer picked on Los Angeles Dodgers pitching, batting .379 with five homers, three doubles and seven RBIs as Houston won a back-and-forth World Series in seven exhilarating games.

This spring, his MVP trophy will take up residence at the club's 2-year-old training complex, along with all the photos from the 2017 title run hanging on the walls.

"Yeah, it's special. I think it's more special because of what our team was able to do," Springer said. "You can't win that without the team having to win something first. So I'm happy about it, I'm proud of it, but I'm more happy about the world champion stuff that's up around here now."

Springer was hardly the only Astros player making everything look easy Friday.

The 23-year-old Correa, who batted .315 with 24 homers and 84 RBIs in just 109 games last season, smiled as he took grounders at shortstop and snapped off accurate throws from his back foot.

To his right was Bregman, the confident third baseman who compiled an .827 OPS in his first full major league season. He turns 24 next month.

"They're all so talented," veteran catcher Brian McCann said. "The sky's the limit for all of 'em because they're going to continue to learn. ... It's a scary thought."

Not to mention second baseman Jose Altuve, a three-time batting champion and the reigning AL MVP at age 27.

"We're as strong as it gets top to bottom," McCann said. "A lot of these guys came up together and it is — it's a big reason for our success. Everyone's pulling in the same direction and everyone knows how special this group is and we want to make the most of it."

Just about all the key pieces from last season are back. But the Astros didn't rest on their laurels this winter, acquiring former Pirates ace Gerrit Cole in a trade and adding Joe Smith and Hector Rondon to the bullpen.

"Now, we're the hunted," Bregman said. "I think everybody in this club-

house every day when they wake up is still chasing something. We want to be great. We want to be a great team and not just for one year, but for a lot of years, and we have the opportunity to do that."

Cole joins an outstanding group of starters that includes Cy Young Award winners Dallas Keuchel and Justin Verlander, who was obtained from Detroit last Aug. 31.

Lance McCullers, Brad Peacock, Charlie Morton and Collin McHugh are nothing to sneeze at, either.

"I've always wanted to have a star-laden rotation," Keuchel said. "It's got a chance to be one of the best, I think ever."

Correa thinks this team is even better than last year's edition.

"We won 100 games and we didn't have Justin for a whole year, Lance was hurt for quite a bit, Keuchel was hurt for quite a bit, Springer was hurt for quite a bit and I was out for two months. If you put that in perspective and you put that team healthy for a whole year, it can be really scary," he said.

Correa said he enjoyed the offseason but missed spending time with his teammates.

"We're like family, so who doesn't like to be around family?" he explained.

A family that's beginning to grow up — quickly. Springer recently got married, and fans all across the country watched Correa get engaged on national television immediately after the World Series finale at Dodger Stadium.

Bregman said he started getting recognized in public more often.

"I think we became a lot closer. Shoot, our families are closer now. They traveled to every game, so it's one big, giant family," he said. "We learned a lot. We experienced a lot."

Now, other clubs around the major leagues are attempting to model the Astros' rebuild.

The next challenge? Trying to become the first team since the 1998-2000 New York Yankees to repeat as World Series champs.

"It's hard to win one, let alone two," Springer said. "We kind of have the recipe for it. We understand what it's going to take. ... We can't go out there and settle for one."

Correa insisted that won't happen.

"We've had the feeling of winning the championship. It was great, but we had the feeling of losing in the playoffs, too, in 2015, and we don't want to experience that again," he said. "We'll never forget that feeling. To see guys across the clubhouse literally crying because of that loss, we don't want to experience that again, so we're still hungry. We want to do more."

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*Courtesy Photos*

Left, freshman Mattox Evans, shows his skills in the powerlifting meet. Right, junior Janeigh Vanderbilt displays her skills in squats.

## POWERLIFT

Continued from Page 1B

competed this season, we have won two of them and finished 2nd in the other two," said head Powerlifting coach Chris McWilliams. "I was very proud of our boys last night. We had a ton of personal bests, and we are trying to get as many boys qualified for the Regional Meet as possible, which is in 3 weeks. This is a great group of boys who

work hard and pull for each other. I love how our boys are competing right now!"

### GIRLS

Janeigh Vanderbilt placed 2nd in the 148 class  
Alani Torres placed 4th in the 148 class  
Gabby Lopez placed 4th in the 165 class  
Carlie Roberts placed 1st in the 181 class  
Hallie Hyatt placed 2nd in the 181 class  
"Our girls are continuing to improve, and I am

so proud of them," said McWilliams. "In years to come, I hope we can get more girls to come out for powerlifting so that we can have enough girls to compete for team championships. We should know by Monday the girls who qualified for the Regional Meet, which is in 2 weeks."

Overall, Justin Ormsby won the best lifter award for the light platforms on the boys side, and Carlie Roberts won the best lifter award for the heavier platforms on the girls side.

## LADY BUFFS

Continued from Page 1B

It was a balanced Forsan attack led by post player Emily Garcia, who made all five of her field goal attempts and finished with 16 points. Rylee Evans had six steals and five assists to go along with 13 points. Macey Evans chipped in 10 points.

For the second straight game Chassidy Grantham patrolled the boards and pulled down 14 rebounds, scored

eight points and blocked two shots.

It was a complete game for Forsan. It made 50 percent of its field goals (19-38) and a spectacular 18 of 21 free throws for 86 percent.

Vedder was pleased.

"We executed on both ends of the floor," he said. "Rylee came up huge with all of those steals, and Emily did good. She is 6-foot-2, we tell them (team) no underneath stuff, throw the ball up to her."

**FORSAN**  
Rylee Evans 4-4-13; Chassidy

Grantham 3-2-8; Macey Evans 4-2-10; Emily Garcia 5-6-16; Jenna Evans 0-2-2; Haley Patterson 0-2-2; totals 19-18-51.

**SEAGRAVES**  
Antaveya Kyle 2-1-5; Kaylee Mueller 0-1-1; Asjai Anderson 2-0-6; Sirena Minjarez 1-1-3; KK Minjarez 1-0-2; Kadence Esparza 4-0-11; totals 9-3-26.

**SCORES BY QUARTER**  
Forsan - 10-13-16-12 - 51  
Seagraves - 07-11-08-00 - 26

**RECORDS**  
Forsan 25-5, Seagraves 13-13.

## GOLF PICS

Continued from Page 2B



*Courtesy Photo*

Shown are Aria Hurst on the left, and Jack Everett on the right, showcasing their skills in both Andrews and Snyder this past Thursday

# HOW DALLAS, HOUSTON & AUSTIN SEE US



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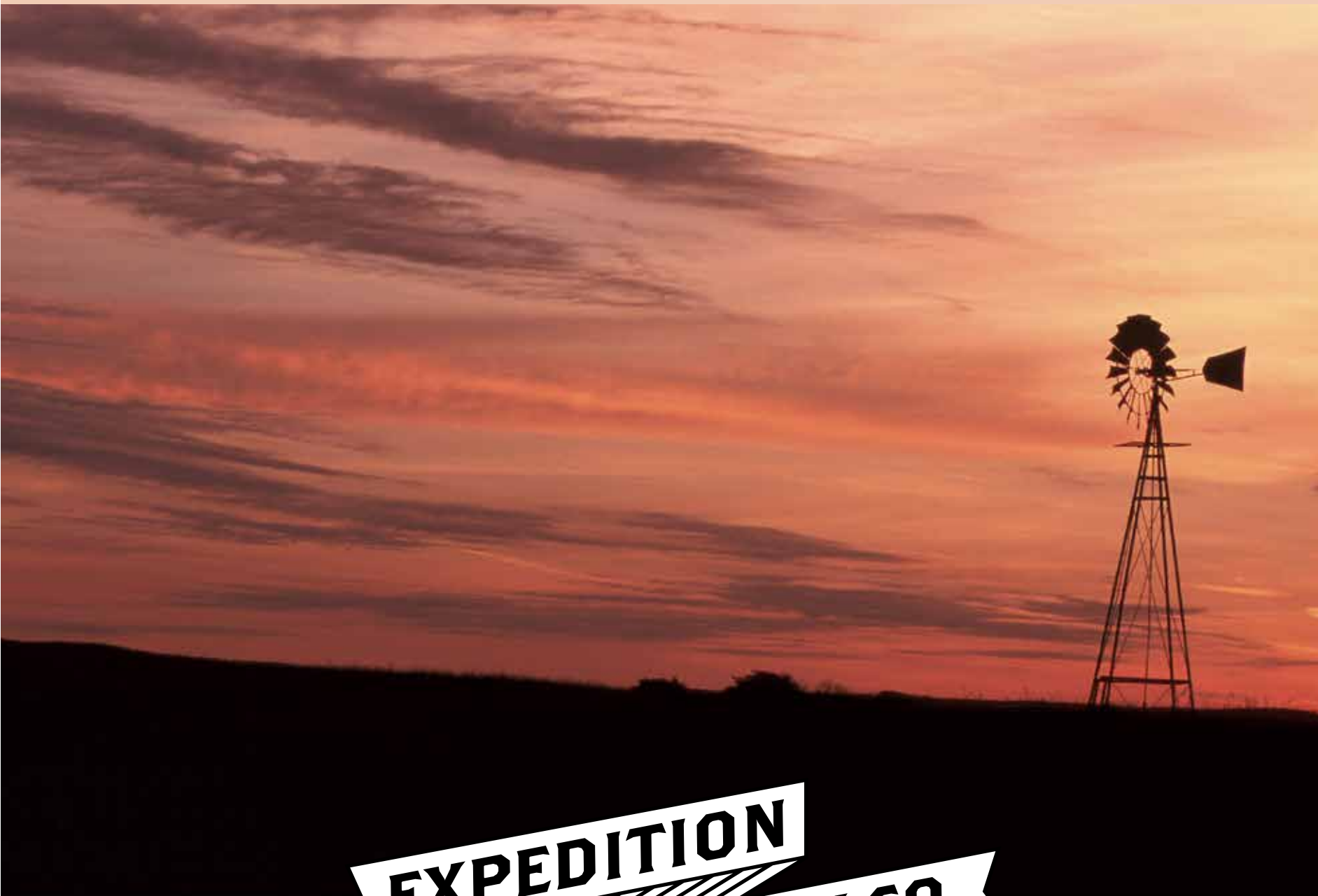


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# Run 2 Love 2 Run



Courtesy Photo/Amber Mansfield

Despite the frigid temperature Saturday, Feb. 10, Permian Basin Events hosted their annual Run 2 Love 2 Run 5K, a Valentine's Day themed 5K at the Big Spring State Park. "We had over a 100 people come and participate in this year's Run 2 Love 2 Run," said Sherice Felty. "We are always really excited to see this many people come out and show their support" All proceeds from the run go to Court Appointed Special Advocates (CASA) of West Texas.



Courtesy Photo

The right and left photos displays the beginning of the 5k run, which featured over a 100 people, from men, woman, kids, and even a canine came to join in the running fun.



Courtesy Photos

Shown on the left is Martin DeLosSantos, the overall first place winner of the Run 2 Love 2 Run, the bottom left picture shows DeLos Santos as he crosses the finish line taking 22 minutes 42 seconds to complete the 5K. On the right shows Deloras Shubert, who won best costume in the Run 2 Love 2 Run. "Everyone from Run 2 Love 2 Run wants to thank everyone who came out to run and support this event," said Felty. "We also want to thank everyone who sponsored us, as this event would have been impossible without their help."



**By: AMBER MANSFIELD**  
Staff Writer

Those who competed in the annual Permian Basin Run 2 Love 2 Run 5K, a Valentine's Day themed 5K at the Big Spring State Park, this past Feb. 10. are: Martin DeLosSantos, Mason Bagwell, Garrett Wachtel, Ernst Castaneda Deloras Shubert, Mindy Sedberry, Brittyn Carson, Catherine Myers, Hannah Krodel, Evyn Alvarez, Morgan Marti-

nez, Savanna Zarraga, Hale, Taylor Heckler, Gregory Canales, Chad Rudd, Peyton Sedberry, Geoff Woodruff, Doby Walker, Craig Peterson, Martin Nichols, Frank Stapp, Kassie Ramirez, Matthew Castaneda, Jeremy Waldschmidt, Chase Waldschmidt, Kandis Davis, Wesley Davis, Emily Strain, Brenlye Strain, Jennifer Campos, Collin Woodard, Steve Ewing, Emma Krabill, Gina Rueda, Carissa Hughes, Dena Grantham, Chris Myers, Heath White, Keelee White, Brenlye Strain, Kandis Davis, Wesley Davis.

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# McNally's Happily Ever After



Love was in the air for Jennifer Martinez and James McNally as they said "I Do," Sunday, Feb. 11, to seal their bond in marriage. There to witness the couple's happy moment was their son, Jaylen; daughter and flower girl, Kaylee; their other son and best man, Hayden, and the couple's family. Following the newlywed's nuptials, the McNallys invited their family to a good ol' Texas BBQ to celebrate their happy day with them. The happy couple live in Big Spring with their three kids.

## Parkview Skilled Care and Rehabilitation Employee of the month

# Chris Hewtty

Parkview Skilled Care and Rehabilitation would like to Congratulate Chris Hewtty for earning Employee of the Month.

Chris has been with us since May 2008 and does a wonderful job as a L.V.N. The residents, families, and employees of Parkview Skilled Care and Rehabilitation appreciate all that you do!

Thank you from the bottom of our hearts

## Howard County Lunch Menus Big Spring ISD

### Kentwood Early Childhood

**Monday:** Holiday

**Tuesday:** Breakfast: Breakfast sandwich, fresh apples slices, milk. Lunch: Popcorn chicken, diced peaches, mixed vegetable blend, fresh cucumber slices, milk.

**Wednesday:** Breakfast: Chocolate muffin, diced pears, milk. Lunch: Hamburger, fresh celery sticks, corn, pineapple tidbits, milk.

**Thursday:** Breakfast: Breakfast burrito, fresh bananas, milk. Lunch: Corn dogs, campfire pinto beans, fresh baby carrots, fresh cantaloupe, milk.

**Friday:** Breakfast: Breakfast sandwich, fresh apples, slices, milk. Lunch: Cheese pizza, chopped broccoli, mandarin oranges, grape tomatoes, milk.

### Elementary Schools

**Monday:** Holiday

**Tuesday:** Breakfast: Apple frudel, fresh oranges, fruit juice. Lunch: Corn dogs, or popcorn chicken bowl, with dinner roll, strawberry craisin, diced peaches, mixed vegetable blend, fresh cucumber slices, garden salad.

**Wednesday:** Breakfast: Breakfast pizza, fresh pears, orange juice. Lunch: Pizza salad with roll, or cheeseburger, fresh apples, diced pears, fresh roasted squash, fresh celery sticks, garden salad.

**Thursday:** Breakfast: Sausage kolaches, fresh apples slice, s cherry star juice. Lunch: Diced chicken salad with breadsticks, or meatball sub sandwich, fresh oranges, rosy applesauce, baked pork and beans, fresh baby carrots, garden salad.

**Friday:** Breakfast: Mini bagel with strawberry cream cheese, fresh bananas, apple juice. Lunch: Ham and turkey melt, and pepperoni pizza, fresh cantaloupe pineapple tidbits, fresh buttered broccoli, fresh red pepper strips, garden salad.

### Intermediate School

**Monday:** Holiday

**Tuesday:** Breakfast: Bacon, egg sandwich, fresh oranges, fruit juice. Lunch: Chicken patty sandwich, or chili dog, or popcorn chicken bowl with mini pretzel, strawberry craisins, diced peaches, fresh roasted cauliflower, fresh cucumber slices.

**Wednesday:** Breakfast: Strawberry jamwich, fresh pears, orange juice. Lunch: Cheeseburger, or chicken carbonara pasta, or ham and turkey Cobb salad, with flatbread, fresh apples, diced pears, fresh roasted squash, fresh

**Thursday:** Breakfast: Sausage kolaches, fresh bananas, cherry star juice. Lunch: Chicken patty sandwich, steak fingers with roll, diced chicken ranch salas wit pretzel roll, fresh oranges, applesauce, campfire pinto beans, fresh baby carrots.

**Friday:** Breakfast: Maple waffles, fresh grapes, apple juice. Lunch: Meatballs sub sandwich, or cheeseburger, or cheese pizza, pineapple tidbits, fresh buttered broccoli, fresh red pepper strips, fresh cantaloupe, garden salad.

### Junior High School


**Monday:** Holiday

**Tuesday:** Breakfast: Breakfast sandwich, fresh oranges, fruit juice. Lunch: Spicy chicken sandwich, or tuna platter with roll, or popcorn chicken, soft pretzel, fresh bananas, diced peaches, fresh roasted cauliflower, fresh cucumber slices, garden salad.

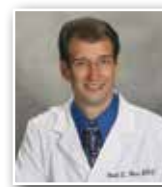
**Wednesday:** Breakfast: Grape jamwich, fresh pears, orange juice. Lunch: Cheeseburger, or ham turkey Cobb salad with roll, or chili mac, fresh apples, diced pears, orange glazed carrots, fresh celery sticks, garden salad.

**Thursday:** Breakfast: Sausage kolaches, fresh bananas, cherry star juice. Lunch: Spicy chicken sandwich, or diced chicken salad with roll, or chicken nachos, fresh oranges,

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rosy applesauce, campfire Pinto beans, fresh baby carrots, garden salad.

**Friday:** Breakfast: Chocolate muffin, fresh grapes, apple juice. Lunch: Cheeseburger, or pizza salad, or Cajun chili fries with roll, pineapple tidbits, fresh buttered broccoli, fresh red pepper strips, garden salad.

### High School

**Monday:** Holiday

**Tuesday:** Breakfast: Cinnamon rolls, or egg cheese muffin melt, or waffles, fresh blue berries, trix cereal, animal crackers, fresh oranges, mixed fruit.

**Wednesday:** Breakfast: Cheese taco, sausage muffin melt, or waffles, fresh blueberries, Froot Loops cereal, fresh pears, applesauce.

**Thursday:** Breakfast: Kolaches, or egg bacon muffin melt, or waffles, fresh blueberries, Apple Jacks cereal, animal crackers, fresh bananas, raisins.

**Friday:** Breakfast: Pancake on a stick, chocolate muffin, or waffles, fresh blueberries, Frosted Flakes cereal, string cheese, fresh grapes, diced peaches.

**Lunch: Line 1:** Made-to-order hamburgers, chicken sandwiches, deli-style sandwiches; **Line 2:** Pizza; **Line 3:** Nachos, burritos, tacos.

### Coahoma ISD

**Monday:** Holiday

**Tuesday:** Breakfast: Cheese omelet with toast and yogurt, or breakfast taquito. Lunch: Chicken fajita salad, or crispy tacos with rice or frito pie, veggie cup, Charro beans, salsa, mixed fruit cup.

**Wednesday:** Breakfast: Waffles and sausage, or breakfast parfait. Lunch: Chef ham salad, or lasagna with breadstick, or chicken nuggets with mashed potatoes, roll, side salad, Tucson veggies, blushing pears.

**Thursday:** Breakfast: Breakfast pizza. Lunch: Caribbean salad, or hamburger cheeseburger or chili dog, baby carrots with ranch, applesauce, cookie.

**Friday:** Breakfast: Donut holes and sausage. Lunch: Crispy chicken salad, chicken parmesan with breadstick, or BBQ pulled pork sandwich with chips, green peas, apricot cup.

### Forsan ISD

**Monday:** Holiday

**Tuesday:** Breakfast: Mini sausage biscuits, or cereal and toast, or yogurt parfait, peach cup, fruit juice, milk. Lunch: Chicken sandwich, or nachos, spicy fries, seasoned, pinto beans, garden salad, salsa, fresh fruit, milk.



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# Howard County Club News



Courtesy photo

Kay Smith, a local artist from Big Spring. Here shown in the picture is Smith presented a new technique called brusho, to the members of the . The Art Association's nest next meeting is Tuesday, February 20, 7:00 p.m. in the basement of the Howard County Library.

## Big Spring Art Association

Kay Smith, one of our own local artist, presented an art program. She presented a new technique called brusho. It was an interesting technique. In addition, Ms. Smith shared some of the elements of art. Some of these were color, shape, line, value and texture. Her demonstration was enlightening to all!

Leada Wood, our demonstrator, is a fourth generation Texan. She enjoys spending time in nature observing God's creatures and the beauty of West Texas. Mrs. Wood has a studio and gallery where she teaches art classes and creates. She enjoys trying new techniques which opens a world of inspiration where anything is possible. Mrs. Wood says "the art

of discovery is where the adventure meets!" Mrs. Wood is an award winning artist participating in group and solo exhibitions in numerous museums and galleries. Her work has been published in Watercolor Magic, Southwest Art Magazine, Art Tells The Story, and International Voices Speaking Through Art. Her paintings are in private collections both nationally and internationally.

Mrs. Wood will demonstrate expressive techniques with mixed media. Doesn't that sound interesting? Our next meeting is Tuesday, February 20, 7:00 p.m. in the basement of the Howard County Library. We would love for you to come see what we are all about!

## Daughters of the American Revolution (DAR)

The Captain Elisha Mack Chapter DAR met Feb. 10, at the Heritage Museum. Regent Clara Lewis provided the decorations, and the door prizes as well as presiding the meeting.

The chapter donated a ping pong table, paddles, and ping pong balls to the VA's domiciliary patients. Children's books were collected for CASA and donated at Christmas. A Patriotic

Christmas Tree was decorated at the Heritage Museum and was dedicated in loving memory of Sue-Ann Damon.

One member will attend the DAR State Conference in San Antonio in March. Our next meeting will be held on April 14, and the program will be on the 100th Anniversary of the American Creed written by William Tyler Page.

# Roger's Reviews: Black Panther



ROGER CLINE

Marvel Studios' latest contribution to the superhero film genre is a movie whose social importance outshines its cinematic merits – but not by much.

"Black Panther," starring Chadwick Boseman as the comic book world's first true black superhero – first introduced by Marvel Comics in 1966 – focuses on the unique situation of the fictional African kingdom of Wakanda. In its distant past, a giant meteorite made of the energy-absorbing metal vibranium slammed into Wakanda, creating a mountain of the valuable substance. Since then, Wakanda has secretly grown into the most technologically advanced nation on Earth, with maglev monorails, flying cars, and vibranium-laced super suits.

After years of civil war between its five animal-themed tribes, the country united under the rule of the Black Panther, a warrior who had used the secrets of a "heart-shaped herb," mutated by vibranium, to gain superhuman abilities of strength and agility.

In 1992, the aging T'Chaka (John Kani) is King of Wakanda and the Black Panther. He discovers that his brother N'Jobu (Sterling K. Brown) has stolen a shipment of vibranium and is planning to reveal

been the Wesley Snipes "Blade" franchise.

In all, the collection of black superheroes in film thus far is kind of small, and a mixed bag at that. "Catwoman?" Really?

By contrast, "Black Panther" presents a movie with a strong, central black superhero; but beyond that, the whole movie centers around strong black characters. They don't need any help or hand-outs from anybody. True, Freeman's Agent Ross does help out at one point, but it's in a fairly minor way, and you get the feeling that, had he not been there, the main characters would have figured out another solution anyway.

All in all, "Black Panther" is a strong movie



Wakanda's secret to the rest of the world. In the scuffle that follows, N'Jobu ends up dead.

Cut to the present. Through flashbacks, we learn that T'Chaka has been killed by a bomb while addressing the United Nations. T'Chaka's son, Prince T'Challa (Boseman), is the heir-apparent to both the crown and the mantle of the Black Panther; but first he must endure ritual combat challenges, an option available to royal individuals from the five tribes.

I won't spoil the show much more than that. Other characters include N'Jadaka (Michael B. Jordan), T'Challa's former lover and a member of the "War Dog" spy corps Nakia (Lupita Nyong'o), leader of the Wakandan Dora Milaje bodyguards Okoye (Danai Gurira), American CIA agent Everett K. Ross (Martin Freeman), head of the border tribe and T'Challa's friend W'Kabi (Daniel Kaluuya), T'Challa's teenaged sister and science genius Shuri (Letitia Wright), leader of the separatist mountain gorilla-themed Jabari tribe M'Baku (Winston Duke), T'Challa's mother Romanda (Angela Bassett), keeper of the heart-shaped herb Zuri (Forest Whitaker), and unscrupulous black market arms dealer Ulysses Klaue (Andy Serkis).

I enjoyed "Black Panther" a lot. There's a lot of fun, tactical fighting action in the movie, which is always fun. The "what-would-happen-if" story of Wakanda is interesting to watch unfold. Duke's M'Baku is fun, as is Freeman as Ross (if a bit unsettling to hear an American drawl coming from Dr. Watson's/Bilbo Baggins' lips).

But as fun a movie as this is to watch, "Black Panther"'s movie brilliance is overshadowed, albeit slightly, by its perception as an important film in advancing the way black people are portrayed in Hollywood movies.

There have been black superheroes in movies before. We've had the "Catwoman" movie, we've had Falcon from the "Avengers" franchise. There's Will Smith's "Hancock," Halle Berry's Storm from the "X-Men" franchise. These are all great, as far as they go. Perhaps the best example until now has

on its "fun" and "story" metrics; but, more importantly, it's a film that finally gives young black movie-goers a vision of black characters that are strong enough to stand up to oppression and who defy racial stereotypes. Nine stars out of 10.

**Black Panther**  
Director: Ryan Coogler  
Writer: Ryan Coogler and Joe Robert Cole, based on "Black Panther" comics by Stan Lee and Jack Kirby  
Production company: Marvel Studios  
PG-13; Action/Adventure/Sci-Fi; Feb. 16, 2018

Roger saw this movie at Big Spring's own Cinemark Cinema 4, located inside the Spring Town Plaza, 1801 E. FM 700. For more information visit [www.cinemark.com](http://www.cinemark.com) and enter the ZIP code 79720.

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# Texas, Our Texas - State Symbols



AP photo

**The Northern Mockingbird can sing a medley of calls based on the sounds of other birds, insects, amphibians and even mechanical noises.**

By **JUDY TERELETSKY**

Howard SWCD District Clerk

In honor of Texas Independence Day, which is March 2 (also Texas Flag Day and Sam Houston's birthday), allow me to highlight some of the Lone Star State's symbols.

One of the most important range grasses favored by wildlife as well as livestock is the Texas state grass called Sideoats grama. This grass provides moderate to high quality forage for all types of livestock. It also provides good nesting cover for game birds and escape cover for wildlife.

Sideoats grama is a native, warm season bunchgrass that grows 15 to 30 inches in height. A long-lived perennial it is extremely drought and fire tolerant once established.

In the spring the grass has a blueish green color that changes to the reddish brown or straw color. The stalks are straight with ten to thirty small leaves mostly along one side of each seed stalk.

While the state grass is a favorite of agricultural producers the state plant can be a "thorn in their side". Of course I am referring to the Prickly Pear.

Abundant here in the West Texas area the Prickly Pear provides cover for some wildlife, but it steals the water from the preferred grasses for the livestock. Prickly Pear is edible by livestock and humans once the thorns or spine needles are removed by fire from the leaves or "nopals". The fruit is called "tuna," and its juice can be made into preserves or even added to tea. Although the Prickly Pear is edible, care must be taken because of the spines.

Some say care must also be taken with the Texas state pepper. A favorite to most Texans the Jalapeno pepper is prevalent in the diet of Lone Star state residents. Used raw or in cooking, Jalapenos can add

spice to our food, especially the state food: Chili. Born on the cattle trails of Texas some say a real "Bowl o' Red" contains only meat and select spices. Everyone seems to have their own favorite recipe when it comes to making chili. Those adventurous to try different creations can find them at the Terlingua International Championship Chili Cook-off. Held for over fifty years cooks have travelled to this West Texas ghost town to challenge each other for the title of best chili.

Those who like the sweeter side of life say a Texas Pecan pie (yes, it is the state pie) can't be beat. The Pecan tree was officially adopted as the state tree in 1919. A favorite of many landowners it is moderately drought hardy and is one of the windbreak trees available for Howard County.

Texas is the largest producer of pecans in the United States. There are many varieties of Pecan trees and the tree can be grown in all counties of Texas. The nuts are popular for cooking pies, breads and there is even pecan flavored coffee. The nuts are also favored by squirrels, birds, deer and other wildlife.

Our state bird can be found perched in the pecan tree. The Northern Mockingbird was recognized as the state bird in 1927. Any true Texan will tell you the Mockingbird has the prettiest song of any bird native to North America. It has been documented that the Mockingbird can sing up to 200 songs (though most have 25 to 30 songs) based on a medley of calls of other birds, insects, amphibians and even sounds of mechanical noises. It is a gray bird that has white tips on wings and tail that can be seen in flight. Extremely protective of its territory the mockingbird has been known to sing for more than an hour without stopping even on moonlit nights. The mockingbird can sing all year long but is most vocal February to July and late August through October. It feeds on wild seeds, fruits and on insects.

The Monarch Butterfly is the state insect for Texas. Texas is an important state in monarch migration because it is situated between the principal breeding grounds in the north and the overwintering areas in Mexico. Monarchs funnel through Texas both in the fall and the spring. During the fall, monarchs use two principal flyways. One traverses Texas in a 300-mile wide path stretching from Wichita Falls to Eagle Pass (primarily along I-35). Monarchs enter the Texas portion of this flyway during the last days of September. By the third week of October, most have passed through into Mexico. The second flyway is

See **SYMBOLS**, Page 5C

# Permits

- Dr. David Lynn Ward, 1500 Scurry St., 218 Com Plumb, 211 com. Sewer tap, Val: \$18,765, Fee: \$304
- J Hopper Homes, 812 Vista Ridge, res elec. Val: \$3,000, Fee: \$100
- Charles James Clarke, 707 Washington Blvd., res elec. Val: \$1,000, Fee: \$29
- Silverleaf Communitis, 722 Bucknell, res hvac, Val: \$6,350, Fee: \$45
- Keith Herrley, 1702 S Gregg St., com hvac, Val: \$1,600, Fee: \$25
- Vickie Broadrick, 2407 Cheyenne Dr., res hvac, Val: \$4,500, Fee: \$45
- Pollard Chevrolet, 1501 E 4th St., res gas, Val: \$3,000, Fee: \$32
- J Hopper Homes, 904 Caprock, res plumb, Val: 5,500, Fee: \$50
- Katie Jones, 811 Runnels St., res elec. Val: 950, Fee: \$25
- Ed Covington, 406 Washinton Blvd., Val: \$4,700, Fee: \$45
- Bob Brewer, 3301 Cornell Ave., res hvac, Val: \$4,700, Fee: \$45
- Bryan Dewayne Wilson, 730 Baylor Blvd., res re-roof, Val: \$8,000, Fee: \$50
- Jimmy Johnson, 102 Young St., nonres. Val: \$10,000, Fee: \$60
- US Department of Agriculture, 302 West I 20, Val: \$4,000, Fee: \$0
- Walmart Stores, Ince, 201 Marcy Dr., nonres. Val: \$70,000, Fee: 390
- Al Pace, 1906 Owens St., Val: \$1,300, Fee: \$25
- Sara Gamble, 601 N Lamesa Hwy, res elec. Val: \$25, Fee: \$25
- Sharon Wilkinson, 301 E 2nd St., com elec. Val: \$25, Fee: \$25
- Donnie Baker, 906 E 4th St., structure other than, Val: \$2,500, Fee: \$25
- Norma Reagan, 304 W 18th St., structure other than, Val: \$2,500, Fee: \$25
- Raul Coria, 407 Johnson, res elec. Val: \$1,500, Fee: \$25
- PCCA, 1000 NW 10th St., res gas, Val: \$2,500. Fee: \$25
- Amanda Martinez, 1601 Sycamore St., res gas, Val: \$300, Fee: \$32
- Stone Cousins Entertainment, 2611 W Hwy 80, com elec. \$300, Fee: \$32
- Demetro Franco, 1706 Austin St., Front, structure other than, Val: \$20,000, Fee: \$169
- Oscar Navejas, 1404 Sycamore St., res re-roof, Val: \$1,800, Fee: \$25
- Big Spring State Hospital, 1901 US Hwy 87, com hvac, Val: \$3,200, Fee: \$45
- Rita J Larocque, 1410 Runnels St., res re-roof, Val: \$6,500, Fee: \$45
- Jeremiah Peters, 305 S Main St., com elec., Va: \$25, Fee: \$25

# Public Records

## Howard County Justice of the Peace Outstanding IBC Warrants:

- Jasmine Ahrnkeil, 1301 Princeton, Big Spring
- Sherri Monique Aldridge, 1507 E. Sixth St., Big Spring
- Anthony Anderson, 3401 Camellia Dr. #707, Temple
- Steve Antoine, 1425 E. Sixth St. #19, Big Spring
- Corina Avila, 1800 Winston St., Big Spring
- Katie Cole L. Baker, P.O. Box 3372, Big Spring
- Letitia Baucham, 1202 Stanford, Big Spring
- Linda Beck, 1713 Worley Rd., Banner Elk, N.C.
- Joshua Bell, 1962 Tuscola, Snyder
- Elda Melina Bernal, 1311 Mobile, Big Spring
- Tammy D. Bishop, 1410 Tucson Rd., Big Spring
- John Bochnicka, 538 Westover Rd. #260
- Chad Wayne Brown, 3901 Ave. O, P.O. Box 391, Snyder
- Douglas "Doug" Lee Brown, 205 W. 14th St. P.O. Box 275, Monahans
- James Bullard, 202 Fourth St., Palestine
- Melinda Burns, 2218 Carlton Way, San Angelo
- Wayne Richard Buyce, 4042 Morning-side Way, Canyon Lake
- Jason Canales, 612 Drake Road Big Spring
- Raymond Carroll, 712 E. 17th St., Big Spring
- Gloria Cerna, PO Box 55, Lamesa
- Pedro Chavarria, 1408 E. Sixth St., Big Spring
- Matilda Cortez, 302 N. St. Teresa, Stanton
- Hannah Deaton, 19634 Atasca Oaks Dr., Humble
- Roy E. DeBlanc, 1066 Cutrer Rd., Osyka, Miss.
- Laura W. Dennis, 1511 Scurry, Big Spring
- Humberto Diaz Jr., 3417 N. Midland Dr.

- Midland
- Nelba DeLosRios Diaz, 10600 McMillian Dr., Austin
- Krista A. Dickson, 6917 Todd, Sachse
- Jimmy Dodson, 405 31st St., Snyder
- Ben Doherty, 5019 McKinney St. No. 105, Dallas
- Angela Doty, 1401 E. Rundberg, Austin
- Clayton W Durbin, 6508 Centerpoint, Big Spring
- Tina Marie Ellis, 4002 Austin Ave., Snyder
- Selena Bethani Enriquez-King, 100 E. Parker, Midland
- Brittany Vanessa Escanuela, 1221 E. 17th St., Big Spring
- Joanna Esparza, 501 S. Tackitt, Seymour
- W. Carol Evans, 809 E. 33rd, Plainview
- Chris M. Fagan, 3508 W. Eighth St., Amarillo
- Kristen Falcon, 2606 Fairchild Dr., Big Spring
- Lez Faulkner, 1102 South Water, Burnet
- Jose Enrique Faz, 509 N. Goliad, Big Spring
- Mumduh Felemban, 9338 Perrin Beitel Apt. 701, San Antonio
- Alexander Fernandez, 404 Cypress, Colorado City
- Juana Fierro, 406 N.W. 5th St., Big Spring
- Tracy D. Flores, 2401 Russell Ave., Abilene
- Ellen French, P.O. Box 942, Poteau, Okla.
- Sharlamarr Frink, 3723 Monclair, Odessa
- Johnnie Fuller, 3801 23rd St., Snyder
- Molly Mier Galan, 1201 Mulberry Ave., Big Spring
- Juan E. Garcia, 3355 River Road North Keizer, Ok
- Mary Jo Garner, 11802 Silver Barring Cove, San Antonio
- William Gene Garner, 704 Rosemont, Big Spring
- Rosa M. George, 509 W. Second St., Stanton, Texas
- Perry Gholar, 1510 Nolan, Big Spring
- Elizabeth Gomez, 509 Raleigh St., Pla-

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- Guillermo Gomez, 2107 Morrison, Big Spring
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- Lynn Guerrero, 203 W. Ave #3, Clayton, N.M.
- Christina Nichole Gutierrez, 2809 25th St., Snyder
- Melissa Gutierrez, 3310 SF Austin, No. 58, Brownwood
- Sandra Ann Gutierrez, 1501 N. Fourth Place, 1312 S. Ave. L, Lamesa
- Mike Haddix, 401 Humble St. Apt. E, Midland
- Alfred Hamilton Jr., 1110 1/2 Aylesford, Big Spring
- Dylan Hammons, 4401 E. 11th Place, Big Spring
- William J. Harman, HC 76, Box 147K-1, Big Spring
- Nicholas D. Hasenbalg, 207 W. Williams St. #9, Breckenridge
- Ann Hashem, 120 Airbase Rd. 15-5, Big Spring
- Christine Henderson, 420 N. El Paso
- Juanita Hernandez, 1502 Bluebird, Big Spring
- Matias Hernandez Jr., 620 E. 4th St., San Angelo
- Scott Herrera, H.C 76, Box 97B Ash Rd., Big Spring
- Billy Dean Hill, 7117 Alissa, Rowlett
- Johnny R. Hill, 704 San Antonio, Big Spring
- Kaleb Hill, 910 Baylor, Big Spring
- Shatya Lasha Jenkins, 4590 N. Texas #198, Odessa
- Jim Bob Jennings, 4446 Ridgcrest

- Amarillo 9001 Indiana Apt D, Lubbock
- Stephanie Ford Johnson, P.O. Box 483, Coahoma
- David Kelley, P.O Bobx 724, Salado
- Joni D. Kelly, 3050 Co. Rd 139, Colorado
- Renola S. Kelly, 4503 LA Salle Circle, Colorado City
- Paige Morgan Kenas, 1003-2 Lake County Rd 175, Colorado City
- Cynthia Lee Kent, Moved to Newport News, Virginia
- Keith James Kochmick, 1003 Stadium, Big Spring
- Cyndi Michelle Lambert, 2600 Crestline, Apt. C7, Big Spring
- Kayle R. Lane, P.O Box 83965, Waco
- Daniel Jerome Langston, 3307 Cornell Ave., Big Spring
- Rafael Lemus, 1804 Mittel, Big Spring
- Jesse Paul Lopez, 101 Scurry St., Big Spring
- Clifford G. Lowe, 501 Circle, Big Spring
- Patricia D. Lyons, 7502 Interstate 27 number A, Lubbock
- Aaron Christopher Mack, 2134 Bonham Ave., Odessa
- Bruce Edward Mallard, P.O Box 3265 504 Westover, Big Spring
- Barbara A. Marshall, P.O. Box 1065, Deming, New Mexico
- Martha McDonald Martin, 600 Driver Rd, Big Spring
- James Martinez, P.O. Box 269, Ft. Davis
- Ruann R. Martinez, 1005 N.W. 2nd St., Big Spring
- Victoria Josephine Martinez, 323 S. Main St., Loraine
- Karen McCalister, 5925 Raton Ln. number 154, Ft. Worth
- O'Neal McClain, 911 17th St., Snyder
- Diana McCool, 504 Donley, Big Spring
- Felicia Ornelas, 538 Westover No. 236, Big Spring
- Heriberto Palafox Mora, 1311 Mobile St., Big Spring
- Ethel Laverne McVae, 4202 Parkway Rd. Big Spring
- Heriberto Palafox Mora, 1311 Mobile

See **RECORDS**, Page 5C



**SYMBOLS**

Continued from Page 4C

along the Texas coast and lasts from the third week of October to the middle of November. There is currently an effort to help stop the declining number of Monarch Butterflies by the planting of milkweed along their migration path which is the sole food source for monarch caterpillars. Another state symbol that is in dan-

ger by declining populations is the state reptile. Known more fondly by "Horny Toad" the Horned Lizard has been depicted on pottery and in petroglyphs by the ancient Native Americans of the Southwest. It was a symbol of health and happiness however shrinking habitat and food supply have caused its numbers to decline drastically and it is now on the threatened species list. They may have an intimidating appearance but they are

gentle in nature and when they feel threatened usually flatten their bodies and freeze position to try to blend in with their surroundings. If you are lucky enough to see one of these symbols of the Lone Star State, please let it go safely on its way as they do not survive in captivity.

There are many state symbols that remain to be discussed such as the small mammal Nine Banded Armadillo, the large mammal Texas Long-

horn, the state dinosaur Pleurocoelus, and of course the state flower Bluebonnet. These and others will have to wait for later articles. No matter what state symbol you see or read about, they are all part of the history of "Tejas" (Caddo Indian word for "friend"-state motto: Friendship).

Other state symbols may be found on web sites such as www.statesymbolsusa.org or www.tpwd.texas.gov (Texas Parks and Wildlife).

**RECORDS**

Continued from Page 4C

St., Big Spring  
Felicia Ornelas, 538 Westover number 236, Big Spring  
Callie Nicole Partlow, 2905 Navajo Dr., Big Spring  
Dana Kay Peach, 1806 N 13th, Lamesa  
Nicole Preston, 1605 E 11th place, Big Spring  
Jacquelin Dannon Ramey, 1404 E 6th St.,  
Gilbert P. Ramirez, 1614 Settles, Big Spring  
Byron Roberts, 2206 Alabama St Big Spring  
George Anthony Robinson Jr., 1905 Wasson Rd. #14, Big Spring  
Juan Romero, 2504 March Circle, Big Spring  
Veronica Romero, 103 Becker Road, Big Spring  
Yuri Lozano Rubio, 421 Cedar, P.O. Box 173, Colorado City  
Polly Ann Rusk, 4201 W. Highway 80, Big Spring  
Lillie Shoup, 1301 Colby Big Spring  
Shane Skaggs, 1 Courtney Place 301, Big Spring  
Derrick Dewayne Smith, 1207 Mulberry Big Spring  
Michael Ray Watson, 1503 Tucson Rd. Big Spring  
Tamara Ruth Whitt, 3706 Connley, Big Spring  
Jamie Wiggins, 1905 Wasson Rd. Apt. #28, Big Spring

**Marriage Licenses**

James S. McNally, 39, and Jennifer Rose Martinez, 30, both of Big Spring.  
Joe Luis Rosales Jr., 28, and Rebecca Michelle Newsom, 28, both of Big Spring.  
Emmanuel Lazard Pierre, 39, of Big Spring, and Marceline Cherenfant, 36, of Haiti.  
Steven Kyle Carlin, 30, and Staci Lynn Russell, 25, both of Big Spring.  
Pernell Earl Parker II, 24, and Tasia Ravette Forman, 26, both of Big Spring.  
Juan Manuel Urias, 32, of Lamesa, and Reanna Marie Snachez, 31, of Odessa.  
Juan Mendoza, 26, and Vianney Alana Arellano, 26, both of Big Spring.  
Kyle Bernard Lynn, 26, and Leanna Dovie Burcham, 24, both of Big Spring  
Brandon Keith Great-house, 43, and Sara Carmelita DeuBler, 28, both of Big Spring.  
Peter Kyle Massey, 33, and Jerwyn Rayshell Slat-ter, 45, both of Big Spring.  
Doyce Wayne Taylor, 50, and Belinda Traugher, 47, both of Big Spring.

**District Court Filings**

Plaintiff: The State of Texas  
Respondent: Simon Garcia Jr.  
Type of Case: Civil cases relating to criminal matters  
Date: Feb. 8, 2018

Plaintiff: The State of Texas  
Respondent: Toron Williams  
Type of Case: Civil cases relating to criminal matters  
Date: Feb. 8, 2018

Plaintiff: The State of Texas  
Respondent: Andres Soliz  
Type of Case: Civil cases relating to criminal matters  
Date: Feb. 8, 2018

Plaintiff: The State of Texas  
Respondent: Anselmo Rangel  
Type of Case: Civil cases relating to criminal matters  
Date: Feb. 8, 2018

Plaintiff: The State of Texas  
Respondent: Rafael Hernandez jr.  
Type of Case: Civil cases relating to criminal matters  
Date: Feb. 8, 2018

Plaintiff: The State of Texas  
Respondent: Marty Evans  
Type of Case: Civil cases relating to criminal matters  
Date: Feb. 8, 2018

Plaintiff: The State of Texas  
Respondent: Cicily Tena  
Type of Case: Civil cases relating to criminal matters  
Date: Feb. 8, 2018

Plaintiff: The State of Texas  
Respondent: Dennis Richardson II  
Type of Case: Civil cases relating to criminal matters  
Date: Feb. 8, 2018

Plaintiff: The State of Texas  
Respondent: Marcos Mendez  
Type of Case: Civil cases relating to criminal matters  
Date: Feb. 8, 2018

Plaintiff: The State of Texas  
Respondent: Sandy Deochoa  
Type of Case: Civil cases relating to criminal matters  
Date: Feb. 8, 2018

Plaintiff: TX Energy Leasing, LLC  
Respondent: James Roman  
Type of Case: divorce  
Date: Feb. 8, 2018

Plaintiff: Ally Financial Inc  
Respondent: Contract-consumer/commercial debt

Type of Case: Nathan Menges, Valinda Menges  
Date: Feb. 9, 2018

Plaintiff: Patricia Pfuger  
Respondent: Hawley Pflugger  
Type of Case: Divorce  
Date: Feb. 9, 2018

Plaintiff: Marianne Edwards  
Respondent: John Edwards  
Type of Case: Divorce  
Date: Feb. 12, 2018

Plaintiff: Tomas Rivas  
Respondent: Brenda Solis  
Type of Case: Divorce  
Date: Feb. 12, 2018

Plaintiff: Ally Financial Inc  
Respondent: Ernestine Dillard, Pablo Garza  
Type of Case: Contract-consumer/commercial debt  
Date: Feb. 12, 2018

Plaintiff: Stephen Mariscal  
Respondent: Gun Dog, LLC  
Type of Case: Injury/damage motor vehicles  
Date: Feb. 12, 2018

Plaintiff: Bank of America, N.A  
Respondent: Phillip Dominguez  
Type of Case: Real property  
Date: Feb. 12, 2018

**Warranty Deeds**

Grantor: Stephen Stallings  
Grantee: Stephen Stallings in his capacity as trustee of the Robert L. Adkins Trust  
Property: The South 80 acres of the South (S/2) of section 37, block 35, Township 1-South, T and P Ry. Co. Survey.

Grantor: Jimmie Ramey and Janis Ramey  
Grantee: REC Leasing, LLC  
Property:

481.85 acres of land located in the County of Howard County  
Date: Feb. 5, 2018

Grantor: Beall Land, LLC  
Grantee: J.Hopper Homes Inc.  
Property: lot two, block b, section one, Stone Creek Subdivision an addition to the City of Coahoma  
Date: Feb. 6 2018

Grantor: Pat Gray Body Works, Inc  
Grantee: Kevin Ritz; Juantia Ritz, Nathan Ritz, and Dustin Morgan  
Property: Being a certain parcel and piece of land out of and part of the Southwest Quarter of section number 41, in block 32, One north, T and P RR Co. Survey  
Date: Feb. 5, 2018

Grantor: Bruce Alan Corbett and Tonia M Corbett  
Grantee: Consulting LLC  
Property: Being lot 13, block 8, Douglass Addition  
Date: Feb. 2, 2018

Grantor: Mike L.Flores  
Grantee: Juan M. Flores  
Property: All of lots number three and four, in block number nine, in Brown Addition  
Date: Feb. 2, 2018

Grantor: John Berton Stillwell  
Grantee: Cheryl Stillwell  
Property: Lots 12,13, 14, and 15 block 23, Town of Forsan  
Date:Feb. 2, 2018

Grantor: Charles Dominguez  
Grantee: Rudy J. Larocque  
Property: Lot 3, block 4, Indiana Addition to the City of Big Spring

Date: Feb. 2, 2018

Grantor: Risa Reddell Blackwell, Dea Sue Reddell, individually and as independent executrix and trustee under the terms of the will of Raneli Allan Reddell.

Grantee: Glen Kinard  
Property: Being the West 100 acres of the SW ¼ of section number 15, in block number 33, Tsp. 1-North  
Date: Feb. 1, 2018

Grantor: Marissa Zavala and Adriala Zavala  
Grantee: Perla Yadira Luna Cardenas

Property: lots, 5, 6, block 1, Bauer addition to the City Big Spring  
Date: Jn. 31, 2017

Grantor: Lamont Howard Johnson

Grantee: Stacy Dean Johnson  
Property: Lot number seven, block number 3, Muir Heights addition  
Date: Jan. 31, 2017

Grantor: Teresa A. Thomas  
Grantee: Casey Smith  
Property: Being lot 11, block 6, Suburban Heights  
Date: Jan. 31, 2017

**Warranty Deed with Vendor'sLien**

Grantor: Stone Financing LLC  
Grantee: Michael Kelly and Valerie Kelly

Property: Being surface estate only, being a 4.0 acre tract of land, more or less, out of the NW/4 fo section 35, block 33, T-1-S, T and P, RR. Company, Survey.

**Big Spring IRON & METAL**  
Big Spring, Texas  
101 Wooten Rd., Hwy. 87 South  
Big Spring, Tx 79720

Monday-Friday 8:30-5:30,  
Saturday 8:00 am to 12 noon

**We Buy Pecans!**

**Top Prices Paid For All Recyclable Metals**  
**(432) 264-9000**  
**Onsite Clean Up Available**

Roll Off Container Service  
Portable Shears, Magnets,  
Bailers and  
Car Crushers

**No Job Too Large!**  
**Call Today!**

**Structural Pipe and Rods Available**

**BIG SPRING STATE HOSPITAL**

Big Spring State Hospital offers generous benefits packages, including paid vacation, sick leave and holidays, matching retirement and health insurance. Negotiable shifts.

**ACTIVELY RECRUITING:**  
**REGISTERED NURSES**  
**LICENSED VOCATIONAL NURSES**  
**PSYCHIATRIC NURSING ASSISTANTS**  
**PSYCHIATRIST, RECREATION PROGRAM NURSE PRACTITIONER, MEDICAL RECORDS PHYSICIAN ASSISTANT, SECURITY DIRECTOR OF SOCIAL WORK SERVICES FOOD SERVICE DIRECTOR, RECYCLING INVENTORY CONTROL SPECIALIST REHAB THERAPY TECH, ADMIN. ASSIST. RECEPTIONIST, CLERK, LAUNDRY, COOK GROUNDSKEEPER, MAINTENANCE CUSTODIAN, FOOD SERVICE WORKER**

To apply online or for more information on jobs and salaries:  
<https://jobshportal.hhsc.state.tx.us>  
OR CALL (432) 268-7341 or visit us at:  
Big Spring State Hospital 1901 N. Hwy 87 Big Spring, TX 79720

**Who Do You Think You Are? ...PURPOSED!**

"You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives." Genesis 50:20

**FEB 23-24, '18**  
**HOTEL SETTLES**  
**BIG SPRING, TX**

Friday 6 pm  
Saturday 9 am-5 pm  
Saturday - catered lunch included

**Godly Girlfriends Retreat**

For more information or to register visit [www.godlygirlfriendsretreats.org](http://www.godlygirlfriendsretreats.org)

Conference fee is \$100 - which includes refreshments, snacks and lunch catered by the Settles Grill. Registration form is available online, or you may register online at [www.godlygirlfriendsretreats.org](http://www.godlygirlfriendsretreats.org)

# CLASSIFIEDS

710 Scurry

263-7331

www.bigspringherald.com

## Cemetery Lots

2 plots side by side in front of Trinity Memorial Park around flag pole. \$1,600/both. Call 361-215-6335

## Help Wanted



That's What I Love About Texas!

## BIG SPRING DQ

### NOW HIRING

### CO-MANAGER

•\$36,000 base salary per year plus bonus•

### SHIFT LEADERS TEAM MEMBERS

### IMMEDIATE OPENINGS Day, Night and Weekend Shifts Available.

Why Work At Dairy Queen:  
Committed to 49 years of  
Excellence.

**What We Offer:**  
Competitive Pay, Medical,  
Dental and Vision Benefits,  
Paid Holidays and Vacation,  
Incentive Pay Potential and  
Career Advancement.

Positions for Management and  
Team Members available in  
other locations

Apply Online  
[www.richesondq.com](http://www.richesondq.com)

## Help Wanted

AAA Tubing Testing now hiring for derrick hand. Must have valid DL & pass drug test. Full benefit package. Will train. Call Jesse (432) 267-7821

Automotive Service Advisor - Male or Female with an Outgoing Personality, Customer Service oriented & Name/Face Recognition a must, Experience Not Needed. Apply in Person at Pollard Chevrolet (see Randy), 1501 East 4th Street, Big Spring, Texas. No phone calls please.

### BIG SPRING STATE HOSPITAL RETIREMENT AND PAYFLEX BENEFITS

Registered Nurses  
Job Posting #359968  
Earn up to \$5,312.11  
per month (DOE)

Licensed Vocational Nurses  
Job Posting #359152  
Earn up to \$3,678.00  
per month (DOE)

Psychiatric Nursing Assistants  
Job Posting #349800  
Varied Shifts  
Starting salary \$1,962.85  
per month

Contact our Job Center for  
Job Descriptions or to  
Arrange a Campus Tour  
432-268-7341 or  
432-268-7298 or  
Complete an application  
online at  
<https://jobshportal.hhsc.state.tx.us/>

Big Spring State Hospital  
1901 North Highway 87,  
Big Spring, TX 79720

### Don's Tire & Truck Service Inc. North Service Rd I-20 Exit 178 Big Spring, TX 79720

**Taking Applications:** Full  
Time: Shop Techs. Will Train  
Road Service Tech:

Must Have Valid Driver's  
License & Social

### Apply In Person Only/ NO Phone Calls

Fuel Tanker Driver Needed.  
Requires Class A CDL  
w/Hazmat. 2 years  
tanker/fuel preferred. Local  
hauling. No overnights. Good  
pay with benefits. \$600 sign  
on bonus. 432-683-2868 or  
432-288-3761.

SHELL STAR STOP is  
looking for New Team  
Members/Assistant  
Managers. Full/Part time  
employees needed. Apply in  
person at any Shell Star Stop  
in Big Spring. Excellent  
wages!  
Drug free environment.  
TABC and Food Handler's  
Certification are required.

## Help Wanted



### Hiring Immediately

Top Notch Landscaping is  
hiring for full time positions!  
Must have valid driver's  
license. Please call  
432-213-0031

Looking for a rewarding  
career?

We are growing and  
currently have the following  
openings at Big Spring  
Center for Skilled Care  
LVN/RN 6/2 Shift  
LVN/RN 2/10 Shift  
Weekend RN  
If you are interested in  
joining our growing family  
and providing the utmost  
quality of care for our  
residents then come by  
3701 Wasson Rd.  
Contact Denise Carrillo, Britni  
Buchanan or Bel Gonzalez

### MIGHTY WASH

is now accepting applications  
Full/Part Time & Seasonal  
Stop by 1002 Scurry Street or  
online mighty-wash.com

Needing an experienced  
Maintenance Person/make  
ready person with reliable  
transportation. For job info  
call Mike Munoz with Maple  
Properties LLC  
(432) 264-6337

NEIGHBORS  
CONVENIENCE STORE  
now hiring cooks, cashiers,  
stockers. All Shifts.  
Apply at 3315 E. FM 700.

Now Hiring Vacuum Truck  
Drivers with 1-2 year experi-  
ence. Starting Pay Rate is  
\$20.00 an hour. Quarterly bo-  
nuses are offered. Health in-  
surance is available after 90  
days & 1 week paid vacation  
after a year. For more inform-  
ation call 432-631-1994

Parkview Nursing and  
Rehab is currently accepting  
applications for :

\*Cook  
\*Dietary Aide

Must be motivated, caring  
and that love the elderly.  
We offer Competitive Pay,  
Insurance, other benefits and  
a Great Family working  
environment! You can apply  
online at  
[www.parkviewnursing.com](http://www.parkviewnursing.com) or  
in person at 3200 Parkway.

## Help Wanted

Part time help wanted. Semi  
Retired Persons.  
12am-7am. Contact Ray @  
432-271-2033

**PART TIME JANITORIAL  
WORK.** Dependable.  
Call 432-213-1186 or  
432-267-6027



The Big Spring Herald is  
hiring for newspaper delivery  
drivers. Routes run Monday  
through Saturday. Must have  
reliable transportation, valid  
driver's license and  
insurance. Apply in  
person at 710 Scurry,  
Big Spring, Texas.  
No phone calls please.

Helena Chemical has an  
opening for warehouse hand.  
Requires high school  
diploma or equivalent. We  
offer excellent compensation  
and benefits. Please apply at  
Helena, 100 S. St. Peter,  
Stanton  
Pre-employment drug screen  
required. E O E M/F/V/H

### We are looking for an ambitious, creative individual to fill a role at the Big Spring Herald!

Are you fascinated  
by SPORTS?  
Are you creative and  
social media savvy?  
We want to hear from you!

### Responsibilities and Duties:

This individual will be  
responsible for coverage of  
sporting events and updating  
social media accounts. We  
will also train this person to  
build a few pages for our  
daily paper.

**Qualifications and Skills:**  
Knowledge of InDesign and  
Photoshop are a plus, but will  
train the right person. Must  
have reliable transportation  
and a valid driver's license.

### Bring resume to Big Spring Herald at 710 Scurry or email publisher@ bigspringherald.com

Job Type: Full Time

Invenergy LLC is hiring a  
Wind Technician for the  
Stanton Energy Center, a  
120 MW wind power  
generation facility utilizing GE  
1.5 SLE turbine technology,  
located in Lenorah, TX.  
Qualified applicants are  
encouraged to visit  
[www.inveneryllc.com](http://www.inveneryllc.com) and  
click on "Careers."

## Help Wanted

**We are looking for an  
outgoing, ambitious  
individual to fill a role at  
the Big Spring Herald!**

Are you eager to increase  
your income?  
Do you like to socialize and  
meet new people?  
We want to hear from you!

**Responsibilities and Duties:**  
This individual will be  
responsible for contacting  
businesses and selling  
newspaper advertising.

**Qualifications and Skills:**  
Knowledge of Microsoft  
programs is preferred, but will  
train the right person.  
Organization, creativity and  
strong people skills is a plus.  
Must have reliable  
transportation and a valid  
driver's license.

### Bring resume to Big Spring Herald at 710 Scurry or email publisher@ bigspringherald.com

Job Type: Full Time

Invenergy LLC is hiring a  
Wind Technician for the  
Stanton Energy Center, a  
120 MW wind power  
generation facility utilizing GE  
1.5 SLE turbine technology,  
located in Lenorah, TX.  
Qualified applicants are  
encouraged to visit  
[www.inveneryllc.com](http://www.inveneryllc.com) and  
click on "Careers."

### WIND TECHNICIAN Invenergy LLC Big Spring, TX

Primary responsibilities in-  
clude performing mainten-  
ance and technical support  
for the Gunsight Energy  
Center, a 120 MW wind  
power generation facility.

**Qualifications:** 1 year of  
technical experience (mech-  
anical, electrical, I&C, etc.)  
and/or education in a related  
discipline; ability to work out-  
doors in inclement weather,  
climb ladders without assist-  
ance, work at heights greater  
than 250 ft. and manipulate  
up to 100 lbs.

For a complete position  
descriptions please visit the  
Career Opportunities section  
of our website at  
[www.inveneryllc.com](http://www.inveneryllc.com) and  
click on "Career Opportunit-  
ies".

## On the Farm

Retired equipment for sale.  
Call Danny Friar  
432-270-2677

## Real Estate for Rent

1101 Douglas. Very clean 1  
bedroom. Washer/dryer/  
stove/fridge furnished. Yard  
maintained. No pets/smoking.  
References required.  
\$800/month, \$800/dep.  
Call 432-213-2319

2+ Bedroom/1 Bath  
Small Older Home  
\$725/Month, \$725/Deposit  
Enclosed Backyard  
951-235-1992  
Please allow 2-3 days  
response time.

403 Union. Large 40x80 shop  
w/lift and bathroom, storage  
room & portable a/c.  
\$900/month, \$800/dep. Call  
432-263-0822 Tuesday thru  
Friday 10-5

406 Martin Luther King. Cute  
1 bedroom 1 bathroom with  
washer/dryer, stove, refrigera-  
tor and CHA. \$650/month  
and \$500 deposit.  
Call 432-517-2876.

Affordable Country Living-  
OASIS RV Park has Spaces  
& Travel Trailers for Rent.  
Call 432-517-0062 or 264-  
9907.

**NEWLY REMODELED!!!!**  
3908 Hamilton 3/2 bath,  
carport, CH/A, large fenced in  
back yard. Nice  
neighborhood, must have ref.  
NO Pets. \$1300/\$700  
deposit. Year lease required.  
Call 432-213-5122

Newly remodeled!  
3 Bedroom/1 Bath  
C/HA , Laundry room, Walk  
In Closet. No Indoor Pets &  
No Smoking. Large Fenced  
in back yard near the High  
School. \$1,500 Month/  
\$1,500 Dep. Security system.  
Utilities not included.  
Must pass background/  
Credit Check.  
For more info call  
432-631-1994

Travel Trailers & Spaces for  
rent. Peaceful Country  
setting. Call Brandy  
432-213-3608 for spaces or  
trailers.

## Real Estate for Sale

2202 Runnels. 3 bed, 1 bath.  
As is. 432-517-0642

3 BR 2 BA, CH/A, New  
Plumbing. 1601 Sunset Ave.  
\$79,000. No Owner Finance.  
Call 432-213-0989 or  
432-213-0866

1603 East 16th Street.  
3/1bath, big shop, storage  
building, CH/A Call 432-213-  
0441

For more information call  
**Human Resources**  
at  
**(432) 264-2347**



## West Texas Centers

**Provider Service Part Time** positions this position provides services to persons with intellectual or developmental disabilities. Services range from skills training, to assistance with daily living activities. Services are provided in the home, the community and in a vocational setting. Schedules are flexible. GED or High School Diploma Hrly \$12.90

**IDD LVN:** Provides nursing for clients, families, and staff. Responsible for the nursing care and treatment of clients who live in a variety of community settings. Services include, but are not limited to, participation in interdisciplinary team processes; initial and ongoing assessment of the client's health status, administration of medication and/or provision of treatments; provision of health education to the client; instruction of family members or service providers in areas including medications, CPR, first aid, infection control, and signs and symptoms of illness. Supervised by Regional RN. May be required to work flexible hours. Licensed to practice as a licensed vocational nurse in the State of Texas. 2 years experience required. \$15.72 hr \$1257.69 bi weekly \$32,700 annually.

**Health Warehouse Tech** works under the direction of the Chief Dev. Facility Officer. This position organizes, directs and schedules deliveries to and from contractor warehouses (i.e., load/unload raw/completed products). Ensures proper use, maintenance and control of vehicles assigned to the department. Will perform maintenance and building inspections as assigned. Work includes maintaining, repairing or coordinating repairs of West Texas Center facilities as assigned. May also monitor and assist with vehicle maintenance as needed. May be required to work some flexible hours. Responsible for security and cleanliness in the warehouse and warehouse grounds. \$12.90 hr \$966.92 bi weekly \$25, 140 annually. Must be proficient in reading and writing. High school diploma or GED.

Applications available at 409 Runnels or [www.wtcmhmr.org](http://www.wtcmhmr.org)

281339



The Colorado River Municipal Water District is accepting applications for the following position in the Big Spring area:

**Operations Maintenance Technician** - Responsible for maintaining the District's raw water pipelines, pump stations, and wells. Entry to intermediate level position.

For additional information visit [www.crmwd.org](http://www.crmwd.org).

281332



## West Texas Centers

**MH Family Partner:** Experienced parent of a child or children with serious emotional disturbance who provides peer mentoring and support to the parents or primary caregiver of children in services at WTC who are receiving a special service package. High School Diploma or GED The Family Partner must have had a child in services with any MHMR or private psychiatrist treating for a children's DX. \$10.59 hr \$847.38 bi weekly and \$22,032 annually.

**Mental Health Rehab Provider:** Employee will perform psychosocial rehabilitation and skills training services to reduce the symptoms of and disabilities of mental illness. Services will be delivered primarily in the community. Bachelor degree from an accredited college or university with a major in social, behavioral or human services. Applicant must live within 70 mile radius of duty site. \$19.79 hr \$1583.08 bi weekly \$41,160 annually.

**MH Registered Nurse** performs responsible nursing duties in the assigned outpatient centers. Responsible for the care and treatment of individuals in accordance with the accepted nursing standards of West Texas Centers. Must be licensed in the State of Texas to practice as a Registered Nurse. \$26.44 hr Monday - Friday 8-5.

Applications available at 409 Runnels or [www.wtcmhmr.org](http://www.wtcmhmr.org).

281340



• CFO • Dietary Manager  
• Laboratory Manager • Housekeeping  
• Biller • Nursing Position  
• Follow Up Biller • Medical AR Clerk  
• Dietary Staff • Lab Staff

Apply at

[www.martincountyhospital.org](http://www.martincountyhospital.org)



Martin County  
Hospital  
EEOC Employer

281343



## PERSONAL CARE ATTENDANTS

No certifications or prior experience required.

Girling Community Care is seeking caring and dependable people to work in the homes of elderly and disabled clients. Will assist with preparing meals, shopping, personal care, errands, light housekeeping, and other assigned duties. **We offer flexible day, evening, and weekend shifts.** Must be at least 18 yrs of age with a clean criminal background. MUST have reliable transportation.

Fax Resume referencing Ad # 18725 to 432-332-1640  
For an application, call 432-332-4025  
Apply online at [www.kindredatohome.com/careers](http://www.kindredatohome.com/careers)  
Or apply in-person at 619 Grant St, Suite 110 Odessa, Texas 79760  
E.O.E./M.F.D.V.

281341

# BUSINESSES & SERVICES

\$65.60 Per Month

Call 263-7331 to place your ad today!!

281347



**AUTO PARTS**

A Modern Auto Dismantler

**WESTEX**  
Auto Parts, Inc.  
Since 1947

Specialize in late model quality  
Pickup parts

1511 HWY. 350  
(432) 263-5000

Big Spring, Texas 79720

Monday - Friday 8a.m. - 5:30p.m.

281328

**ALTERATIONS**

FOR  
**ALTERATIONS  
'N  
EMBROIDERY**

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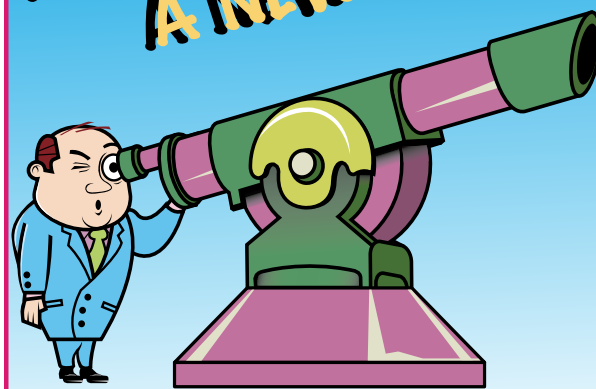
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Nancy Orgega, Jennifer Bonilla, Acevedo Rodriguez, Cynthia Gillmore, Richard Hilarario and Yolanda Ovalle.  
Contact Jim at Big Spring Storage Zone, 432-264-7262.

#9699 February 11 & 18, 2018

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**Legals**

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#9707 February 18 & 25, 2018

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**Legals**

**CITATION BY PUBLICATION THE STATE OF TEXAS**

TO ALL PERSONS INTERESTED IN THE ESTATE OF GLEN CLARENCE NAQUIN, DECEASED, P-14754, COUNTY COURT, HOWARD COUNTY, TEXAS:

On the 23RD day of January, 2018, Damian Naquin filed a Application for Independent Administration and Letters of Administration and Application to Determine Heirship in a proceeding styled "In the Estate of Glen Clarence Naquin, Deceased" and bearing the number P-14754 on the probate docket in the County Court of Howard County, Texas.

The Court will hear the aforesaid Application at 10:00 o'clock a.m. on the first Monday following the expiration of ten days, exclusive of the day of publication, from the date this citation is published, which will be Monday, the 26th day of February, 2018, at 10:00 o'clock a.m., in the County Court of Howard County, Texas.

All persons interested in The Estate of Glen Clarence Naquin are hereby cited, directed, and commanded to appear at or before the time set for said hearing by filing a written contest or answer to said P-14754 should they desire to contest or oppose it.

**Legals**

**CITATION BY PUBLICATION THE STATE OF TEXAS**

TO ALL PERSONS INTERESTED IN THE ESTATE OF PATSY RUTH STUTEVILLE, DECEASED, P-14728, COUNTY COURT, HOWARD COUNTY, TEXAS:

On the 24TH day of October, 2017, John Stuteville filed a Combined Application for Independent Administration and Heirship in a proceeding styled "In the Estate of Patsy Ruth Stuteville, Deceased" and bearing the number P-14728 on the probate docket in the County Court of Howard County, Texas.

The Court will hear the aforesaid Application at 10:00 o'clock a.m. on the first Monday following the expiration of ten days, exclusive of the day of publication, from the date this citation is published, which will be Monday, the 26th day of February, 2018, at 10:00 o'clock a.m., in the County Court of Howard County, Texas.

The officer serving this citation shall, in compliance with the law, serve it by publication once in a newspaper of general circulation in this, the county in which such proceeding is pending, for not less than ten days before the return day hereof, exclusive of the date of publication, and the date of publication said newspaper bears shall be the day of publication.

If this citation is not served within 90 days from the date of issuance, it shall be returned unserved.

Brent Zitterkopf Clerk, County Court of Howard County, Texas

BY: Nancy Sink Deputy #9709 February 18, 2018

**Legals**

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Brent Zitterkopf Clerk, County Court of Howard County, Texas

BY: Nancy Sink Deputy #9708 February 18, 2018

**Annie's Mailbox**

**Wrestling With Coming Forward**

**Dear Annie:** I've been feeling very inspired lately. As a firm believer in gender equality, I am so happy to see how the #MeToo movement has given so many women the relief of telling their stories and getting a weight off their shoulders. However, this also has inspired a feeling of panic within me. I, too, am a victim; but my perpetrator was not a celebrity or a public figure, so I have nothing to gain by speaking out. However, I see the relief and empowerment some women are experiencing from coming forward, and I'm wondering whether I could feel the same. Though close friends told me what happened to me, my family does not know, and neither does my boyfriend. I see the backlash that this wave of voices has caused, and it frightens me. My rapist was a friend whom my parents always liked, and my boyfriend knows him, too. I don't want to ruin his life by telling people who would then hate him for something that happened years ago. I also am worried that they wouldn't believe me!

or would assume the reason for my speaking up is that I want attention. But I also now realize that this is a significant part of my history, and I don't know what to do with it, Annie. Telling you has helped, though. What do you think I should do? -- Scared of Secrets

**Dear Scared of Secrets:** I'm so sorry that someone you considered a friend hurt you in such a profound way. You

should not bear the burden of keeping this secret out of concern for him. Protecting your own mental health is far more important than protecting the social standing of an abuser. No matter how many years it's been, no matter how many friends you have in common, he committed sexual assault. Any fallout he faces now he brought on himself. Who knows? Perhaps he'll emerge from this reckoning a better person. In any case, it's not your problem. By all means, you should open up to your boyfriend and family, as it seems your heart is calling you to do so. If you need encouragement, support or just someone to talk to about your experience, you can always call the National Sexual Assault Hotline (800-656-4673).

**Dear Annie:** I'd like your opinion on a relationship question -- but not the typical kind that you get. It's about the relationship between Americans and British royalty. Why is it that so many Americans, especially women, are obsessed with those British royals? We fought a war to throw off the oppression of privileged people like them. A couple of decades later, they sent their army to attack us and burn much of our capital. I have no problem with our being friendly to the British people, but monarchy reeks of slavery and imperialism. What do you think? Personally, I blame Walt Disney! -- Paul in Sonora

**Dear Paul:** It's an excellent -- and relevant -- question. The premiere of the latest season of the Netflix

series "The Crown" garnered 3 million views in the U.S., according to Nielsen. It seems Americans' appetite for all things royal is as great as ever. From what I gather, many fans are fascinated by the concept of royalty, curious about the particularity of its traditions and intrigued by the glamorous yet often mysterious royals themselves. If anyone would like to share further insights into this phenomenon, please drop me a line. Ta-ta!

Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com). To find out more about Annie Lane and read features by other Creators Syndicate columnists and cartoonists, visit the Creators Syndicate website at [www.creators.com](http://www.creators.com).  
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**SUDOKU**

				8		4	9	
		9	6				5	
	3			5				
			4			2		
	1	7			2			
	2		3	8		1	9	
7								
			1					6
3			7			8		2

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Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

2	1	8	5	7	4	9	6	3
7	6	9	3	2	8	1	5	4
4	3	5	6	9	8	7	2	1
9	6	8	7	4	3	5	2	1
3	8	4	2	9	6	7	5	1
8	6	7	5	4	1	9	3	2
1	2	7	5	6	8	4	3	9
7	1	2	4	8	9	6	5	3
8	5	3	1	9	6	7	4	2
6	4	9	3	8	7	5	2	1

**Contract Bridge**

By Steve Becker  
**Larceny sometimes pays off**

West dealer. Neither side vulnerable.  
**NORTH**  
♠ K Q 6  
♥ 9 6 5 4  
♦ A Q 5  
♣ J 10 6  
**WEST**  
♠ J 8 7 2  
♥ 7 3  
♦ 9 7 6 4  
♣ 5 3 2  
**EAST**  
♠ 10 9 5 3  
♥ A K J 8  
♦ K 10 8 2  
♣ 4  
**SOUTH**  
♠ A 4  
♥ Q 10 2  
♦ J 3  
♣ A K Q 9 8 7

The bidding:  
West North East South  
Pass Pass 1♥ 2♣  
Pass 4♠ Pass 5♣  
Opening lead — seven of hearts.  
If you steal in everyday life, there is a good chance you will get caught and wind up in jail. But if the attempted larceny occurs at the bridge table, you occasionally get rewarded instead of punished.  
Here is a case in point. South wound up in five clubs, though three notrump would have been a much better contract.  
West led the seven of hearts, and East cashed his A-K. Declarer cleverly dropped the 10-Q on the A-K, hoping this would deter East from returning a third heart for West to

ruff. It's hard to blame East for falling for the ruse. He assumed West had the missing deuce and so shifted to a spade, taken by South with the ace.  
Given a life, declarer took full advantage of the opportunity. After playing the Q-J of clubs, he cashed the K-Q of spades and discarded a diamond. He then played three more trumps to produce this position:  
**North**  
♥ 9  
♦ A Q  
**West**  
Immaterial  
**East**  
♥ J  
♦ K 10  
**South**  
♥ 2  
♦ J  
♣ 9  
When South now played the nine of clubs and discarded the nine of hearts from dummy, East was a goner. If he discarded the jack of hearts, South's deuce would become a trick, while if he discarded a diamond, the queen would become a trick when declarer next cashed the ace. Either way, the game was home.  
Of course, if East-West had agreed to lead low from three small in this type of situation (as most players do), East would have had no trouble reading West's 7-3 as a doubleton, and declarer's ploy would not have succeeded.

Tomorrow: Famous Hand.  
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**ACROSS**

1 Bard's Trojan War heroine  
9 Rendered emphatically, maybe  
15 Source of juniper oil  
16 Star sometimes seen near Venus  
17 Irregular  
18 Conventions  
19 Watchword  
20 Rhineland, per the post-WWI treaty  
22 It outsells the hot dog at the Brewers' ballpark  
23 Ice conjurer in a Disney film  
24 Be frugal with  
27 Duchamp praised his works as "nonsense"  
28 31-state nation  
30 Russian name meaning "peace"  
32 No-frills, for short  
35 Element in some auto headlights  
36 Basis of bafflement  
37 Latter-day "Good work!"  
39 Maximally muscular  
41 Sagan book whose Chapter Nine is "Tails"  
42 From pole to pole  
44 Rooting section  
45 One of 60+ San Diego Zoo births  
46 Court player  
48 They hold drives  
49 After-school activities for many  
51 Whittier plaint  
55 Mesa people  
57 \_\_\_ cable (smartphone accessory)  
58 Produce pompously

**DOWN**

1 Apt rhyme for "freight"  
2 Do much more than mutter  
3 Untainted environments  
4 Be startlingly conspicuous  
5 8 Down pal of Dalí  
6 Home of Gem, Lewis and Clark Counties: Abbr.  
59 Portraitist of Eisenhower and Abdul-Jabbar  
61 Devil-may-care adventure  
64 Attendant to Poseidon  
65 Literally, "remember"  
66 Where the rubber meets the road  
67 Antonym of "remotely"

7 Mark of dojo achievement  
8 Modernist movement of 90 years ago  
9 Longtime General Motors collaborator  
10 Some NFL blockers  
11 Sinbad, for one  
12 They work the hip flexors  
13 Without irony  
14 Company function  
21 Dusk follower, often  
24 High suit  
25 Raccoon's rainforest cousin  
26 Have a few  
29 Unusual for these parts  
31 \_\_\_ des Belges (Philippe, since 2013)

32 Uriah Heep persona  
33 Hid  
34 Writer whom a Paris Métro station is named for  
38 Speak for  
40 Gluten source  
43 Thermopylae victor  
47 Grammy nominee since 1996  
50 Piano players  
52 They're often on the house  
53 Certain feed  
54 Unrelenting  
56 Internal impression  
58 Excepting  
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Tomorrow's Horoscope

Pisces Sun Salutations!

BY HOLIDAY MATHIS

Being an idealist is easy. You just hang your hat on the best possible outcome without regard to how practical it is or how likely it is to occur. Being a cynic is easy, too; use the same method in reverse. Being realistic and human -- that's the hard part, though the fates are rooting for you in these early stages of the Pisces sun.



futile to resist. Instead of questioning what, why or where, enjoy the movement. You're truly in the flow of things now.

**ARIES (March 21-April 19).** Same dollars, different slant. Put money into something that disappears and it's called a liability. Put money into something that pays you back and it's called an investment.

**TAURUS (April 20-May 20).** To succeed at something, focus on the process much more than the results. The results will come from many small, concentrated efforts. Fall in love with those efforts and the results will take care of themselves.

**GEMINI (May 21-June 21).** The environment around you will support you for fulfilling a role. What does this have to do with the real you? Nothing. Are you seen for who you genuinely are? Not unless the role is an excellent fit.

**CANCER (June 22-July 22).** As sure as the moon pulls the tides, something is pulling you along that would be

**LEO (July 23-Aug. 22).** Remember not to use your words against yourself. Maybe you're just being honest, vulnerable or funny. But if you wouldn't want your best friend to say it about you, don't say it about yourself.

**VIRGO (Aug. 23-Sept. 22).** No one person can be good at everything, and even if someone could, the best that would do is annoy everyone. Do what you want to do. If you're not very good at it, don't worry. Do you enjoy it? That's what's important.

**LIBRA (Sept. 23-Oct. 23).** There is, inside you, a dream-like symbol of who you want to be, or rather, who you suspect you really are. Let this archetypal image guide and encourage you and keep you moving toward greatness.

**SCORPIO (Oct. 24-Nov. 21).** When someone is called a rock star at what he or she does, it implies not only a super level of performance but also a rebellious streak. Don't forget that latter part. No one ever rocked while completely conforming.

SAGITTARIUS

**(Nov. 22-Dec. 21).** You don't want to seem out of the loop or somehow as if you're not tracking with the others. Asking questions will take courage. But it's better to ask and get clear than to risk making a dangerous assumption.

**CAPRICORN (Dec. 22-Jan. 19).** When you feel a separateness from others, it's not that you're really so different or far apart from them. It's just that something is keeping you from bridging the small distance between you. The obstacle can and will melt away.

**AQUARIUS (Jan. 20-Feb. 18).** Though the universe may be stranger and more vast than you can imagine, your corner of it could be getting way too predictable. Break out; shake things up -- if only to be able to come back with a new perspective.

**PISCES (Feb. 19-March 20).** It's said that the devil always gets his due. You're at a juncture now. You could sell out or not sell out; either way, there's a cost. This decision is best made with your gut. Don't agonize. Decide quickly and move on.

**TODAY'S BIRTHDAY (Feb. 18).** You're feeling open and optimistic in this new personal era. The joy you feel will draw new people to you. You've a talent for telling stories, and you'll gain an audience, fans and business by the way you relay events. You'll learn while traveling in July. Money comes through family ties. Sign the deal in September. Aries and Gemini adore you. Your lucky numbers are: 3, 22, 21, 12 and 37.

Write Holiday Mathis at HolidayMathis@gmail.com. COPYRIGHT 2018 CREATORS.COM

Answer to previous puzzle

UCLA	STEPIN	TEL
PHAT	ARCADE	AVE
DAYTOMORROW	PEC	RISER
DUEL	AIN	T
ATONES	SIXONE	
FEUD	HOSE	DECOR
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SAMOS	EARNED	
TWAS	GLOP	DETER
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ERA	ANNLEE	EKES
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2/17/18

# Magazine obtains ex-playmate's notes on alleged Trump affair



Courtesy Photo

In this Feb. 14, 2018 photo, President Donald Trump speaks about domestic violence during a working session regarding the opportunity zones provided by tax reform in the Oval Office of the White House in Washington. The New Yorker has obtained an eight-page, hand-written account written by a former Playboy Playmate who said she had a nine-month extramarital affair with Donald Trump beginning in 2006.

By JAKE PEARSON and JEFF HORWITZ, Associated Press

NEW YORK (AP) — President Donald Trump had a nine-month extramarital affair with the 1998 Playboy Playmate of the year beginning in 2006, showing the woman his wife's bedroom in Trump Tower and bringing her to his private bungalow at the Beverly Hills Hotel, according to the woman's eight-page, handwritten account of the relationship obtained by The New Yorker magazine.

The woman, Karen McDougal, confirmed in the story published online Friday that she wrote the account but said she was constrained in what else she could say publicly about Trump because she'd

signed a confidentiality agreement.

The affair ended in part after McDougal started feeling guilty about it and after Trump made an offensive comment about her mother's age as well as a vulgar remark about the anatomy of black men, the magazine reported.

The story said McDougal was paid \$150,000 during the 2016 presidential campaign for the rights to her story of an affair with any "then-married man" by the supermarket tabloid National Enquirer, which never ran it.

Just before Election Day, The Wall Street Journal reported that the tabloid, whose publisher, David Pecker, is a longtime friend of Trump's, had paid for McDougal's story but wasn't printing it, a tabloid industry practice known as "catch and kill."

Former staffers at American Media Inc., the company that publishes the Enquirer and other gossip sites, have told The Associated Press the company often bought the rights to unflattering stories about certain celebrities. The practice, described by six former employees who had participated in such deals, could give Pecker leverage over celebrities so that he could elicit future favors, such as appearing on his magazines' covers.

The former staffers spoke on condition of anonymity because they had signed nondisclosure agreements barring them from disclosing company practices.

The company has approached McDougal about extending her contract barring her from talking

about Trump in recent months as the behind-the-scenes negotiations to keep porn star Stormy Daniels' allegation of a Trump affair have been made public, the magazine reported.

American Media has said it didn't find McDougal's account of an affair with Trump credible and paid her to write fitness columns. In a statement to The New Yorker, the company denied that having exclusive rights to McDougal's story left it with any influence over the president, saying that contention "while flattering, is laughable."

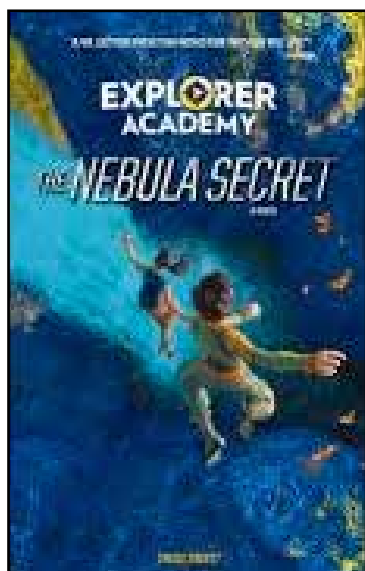
The White House said Trump denies having an affair with McDougal. The alleged affair occurred not long after Trump married his third wife, Melania, who had recently given birth to a son, the magazine reported.

Daniels, whose real name is Stefanie Clifford, has also said she had an extramarital affair with Trump beginning in 2006. This week, Trump's personal lawyer, Michael Cohen, said he paid Clifford \$130,000 with his own money in October 2016 as part of a deal that would keep her from publicly discussing her account.

The same Los Angeles lawyer who represented Clifford in that transaction also represented McDougal in her negotiations with American Media, the magazine said.

McDougal told The New Yorker she regretted signing legal documents that constrained what she could say. "Every girl who speaks is paving the way for another," she told the magazine.

## National Geographic launches imprint for children's fiction



This cover image released by National Geographic shows, "Explorer Academy: The Nebula Secret," by Trudi Trueit which will be released in September. It is the first of a 7-book series under the new imprint called Under the Stars.

NEW YORK (AP) — National Geographic is entering the land of make-believe.

After focusing on nonfiction for years, National Geographic Kids Books is starting an imprint for children's fiction.

National Geographic tells The Associated Press the new imprint is called Under the Stars. The first publication, Trudi Trueit's "Explorer Academy: The Nebula Secret," is scheduled for September.

"Explorer Academy" is the first of a seven-book series. It blends science and adventure as it tells of the journeys of a diverse group of young people.

Under the Stars plans to publish one new series a year, primarily for children ages 8-12. The imprint will focus on what it calls "core" National Geographic subjects, including geography, space and exploration.

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# The bad, the good and the none; a look at Oscar hosts

By MARK KENNEDY

AP Entertainment Writer

NEW YORK (AP) — The very first Oscars were held on May 16, 1929. They were only 15 minutes long, watched by only 270 people at the Hollywood Roosevelt Hotel. Guest tickets cost \$5 and statuettes were handed out by Academy President Douglas Fairbanks, the first host. Here's a look at memorable shows and Oscar hosts through the years:

**HISTORY-MAKING HOST**-Whoopi Goldberg made history as the first African-American to host the Academy Awards show in 1994, in addition to being the first woman to host the show solo. Goldberg kept the show moving at a brisk pace, poking fun at everyone from alleged Hollywood madam Heidi Fleiss to Lorena Bobbitt. "Lorena Bobbitt, please meet Bob Dole," Goldberg said of the Republican senator. She returned to host again in 1996, 1999 and, memorably, in 2002, just five months after 9/11. Despite such an unenviable position, that night she quipped: "This has been a hell of a year. America has suffered through a great national tragedy. But we have recovered: Mariah Carey has already made another movie."

**THAT FAMOUS SELFIE**-Ellen DeGeneres, who hosted in 2007, returned seven years later a little more relaxed and with a few new tricks up her sleeve. She not only successfully pulled off a tasteful joke about "12 Years a Slave" — if it didn't win best picture "you're all racists" — but also made history by taking the most retweeted picture of all time (at the time) when she posed with Bradley Cooper, Jennifer Lawrence, Brad Pitt, Meryl Streep, Kevin Spacey and several others. (That record has since been overtaken by the Twitter plea from a Nevada teen for a year of free chicken nuggets.) Speaking of food, DeGeneres also started a trend during the 2014 show by feeding the actors with a surprise pizza delivery — and taking up a collection to pay the pizza guy.

**NO HOST AT ALL**-In 1989, the Academy tried to shake things up by having no official host for the ceremony. It didn't go well. There was an infamous opening number in which Merv Griffin sang "I've Got a Lovely Bunch of Coconuts!" and then the stage was turned over to Rob Lowe, who was trying to live down a real-life sex-tape scandal by dancing with Snow White to the tune of "Proud Mary." The show was so bad that it prompted more than a doz-

en Hollywood's figures — including Julie Andrews, Blake Edwards, Gregory Peck, Paul Newman, Billy Wilder and Sidney Lumet — to write an open letter saying the telecast was "an embarrassment" and that it was "neither fitting nor acceptable that the best work in motion pictures be acknowledged in such a demeaning fashion." The next year, host Billy Crystal walked onstage to applause and asked: "Is that for me or are you just glad I'm not Snow White?"

**STRIKE THAT**-The show in 1988 was gaseous and wordy — thanks to a strike by the Writers Guild of America that started 35 days before the telecast. Host Chevy Chase kicked off the night by insulting the crowd: "Good evening, Hollywood phonies." Scheduled for 3 hours, the telecast dragged on slightly more than 3 1/2 hours and most reviews were withering. The Los Angeles Times called it "parched, drab and leaden" and The New York Times sniffed: "Oscar has seen livelier days." When Sean Connery went up to collect his best-supporting actor trophy for "The Untouchables," he said he'd give the trophy to his wife — and wished the strike would end. Chase was never asked to return as host.

**NOT BACKING DOWN**-Chris Rock, hosting his second Oscar show in 2016, didn't shy away from discussing the lack of diversity crisis roiling the industry and not letting go all night long. He called the Oscars the "White People's Choice Awards" and noted that if they had nominated potential hosts, "I wouldn't have this job. You'd all be watching Neil Patrick Harris right now." Interviewing black moviegoers in Compton, California, Rock had filmed a bit in which he played an astronaut left up on Mars (since it would cost 2,500 "white dollars" to bring him back) and quipped that the in-memoriam package was "just going to be black people shot by the cops on the way to the movies."

**THE HOST WITH THE MOST**-Bob Hope hosted or co-hosted 19 ceremonies, often joking that he never won one of the statuettes he was handing out. "Welcome to the Academy Awards. Or as it's known at my house, Passover," he said at one telecast. At another, he cracked: "I think they ought to give me an Oscar just for attendance, don't you?" Hope holds the record for most hosting gigs and his wit and savvy explained why. He once noted that the Oscars were "a night we set aside petty differences, forget old feuds and start new ones." Perhaps



Courtesy Photo

**In this April 11, 1988 file photo, host Chevy Chase pulls up his pants at the 60th annual Oscars ceremony in Los Angeles after mock "mooning" the crowd. Chase kicked off the night by insulting the crowd: "Good evening, Hollywood phonies**

his most memorable joke was in 1968: "I've never seen six hours whiz by so fast." Hope may not have ever gotten an Oscar nomination for his acting but the Academy gave him five awards over the years, all honorary.

**HOSTS WITHOUT KUDOS**-Many Oscar hosts over the years have gotten poor marks, including Seth Macfarlane in 2013, who opened the show with a poorly received song called "We Saw Your Boobs." (The New Yorker called it a "hostile, ugly, sexist night.") Then there was James Franco and Anne Hathaway in 2011 — Hathaway seemed to try too hard, while Franco seemed distant, even after donning a pink gown. (The Hollywood Reporter called it "spectacularly unwatchable.") David Letterman only hosted one time and his late-night weirdness didn't really fit in 1995. (Sample joke: "Oprah... Uma... Oprah... Uma. Have you kids met Keanu?") The New York Times called him "desperate," "odd" and "flat."



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## 2018 HEALTH & MEDICAL GUIDE



*Touching Hearts, Saving Lives ... All In A Day's Work*



Supplement To The Big Spring Herald  
Sunday, February 18, 2018



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## VITAMINS

Continued from Page 13

nails. Just make sure to check with a doctor before adding any of these supplements to your routine.

### **Biotin Is an Amazing Hair Vitamin**

Found in foods like peanut butter and bananas, biotin is a B vitamin that supports your skin, nerves, digestive tract, and metabolism. Supplements can be used to help reduce hair loss and encourage nail growth.

"Individuals with type 2 diabetes should also look into taking a biotin supplement," says David Bank, MD, the director of the Center for Dermatology in Mt. Kisco, New York. "Consuming biotin in combination with chromium picolinate [a mineral found in certain foods] may help improve blood sugar levels." The recommended daily intake of biotin is 35 micrograms a day, which you may already be getting in your diet, Dr. Bank says.



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### **Fern Extract Has Skin-Saving Properties**

Fern extract has been researched for close to 20 years for its skin-saving abilities. Indeed, a recent study found that it provides protection from ultraviolet rays. It can also be used to treat skin conditions like eczema, psoriasis, and vitiligo.

"Fern extract has been shown to have a noteworthy anti-inflammatory effect on skin tissue," Bank says. Ask your doctor for proper dosage if you're interested in taking a supplement. "The dose is based on weight, which correlates with the amount of skin somebody has," explains Bank.

### **Iron Makes Your Skin Glow**

"Without iron, your hair can become dull, thin, and dry," Bank says. "[And] without iron, your nails could become brittle and break easily."

Iron, found in foods including spinach, oysters, and cashews, also helps make your skin glow by activating B vitamins. Soheil Simzar, MD, a clinical instructor of dermatology at the David Geffen School of Medicine at UCLA and a dermatologist in Santa Monica, California, recommends

iron supplements only to patients with an iron deficiency. A doctor can do a simple blood test to find out if you're deficient and help you decide how much iron you need to take. However: "Too much iron can cause free-radical damage to skin structures," warns Simzar.

### **Omega-3 Fatty Acids Help Prevent Wrinkles**

Omega-3s, found in fatty fish like salmon, sardines, and mackerel, regulate oil production and help keep your skin moist.

"They also delay

the skin's aging process to prevent wrinkles," Bank says. One 2005 study found that EPA, a type of omega-3 found primarily in fish oil, helps block the release of ultraviolet-induced enzymes that eat away at your skin's collagen, causing lines and sagging skin. What's more, omega-3s can boost your hair's shine, prevent your hair from drying out, and keep your scalp from flaking. "The recommended dose to reap the benefits is 600 mg of [omega-3s] per day," Simzar says. However, if you have a history of mood disorders, fish allergies, diabetes, or high blood pressure, check with your doctor first, he advises.

### **Vitamin C Is a Hair Growth Vitamin**

"Vitamin C can improve hair growth, fight dandruff, stop hair loss, and lead to thicker hair," while a deficiency can cause split ends, says Bank. A 2013 study found that people who took a vitamin E and C supplement appeared to have less dryness and tighter, brighter skin after four months.

When it comes to taking vitamins for hair and skin, how much you should take also depends on your gender. Women 19 and older should take 75 milligrams (mg) a day, while men 19 and older should take 19 mg a day, Bank says. "Vitamin C increases the amount of iron that gets absorbed, which can be a problem for people with hemochromatosis, an iron-overload disease," he explains.

### **Vitamin E Fights Fine Lines and Other Signs of Aging**

"Vitamin E, like vitamin C, is a powerful antioxidant that helps fight free-radical damage that leads to fine lines," Simzar says. A 2010 study also found that men who took this vitamin for skin and hair grew more hair than those given a placebo.

It's best to take vitamin E in gel cap form, since it's fat soluble, Simzar says. Just be careful: High doses can cause bruising. "I recommend that my patients take it as recommended by their primary physicians," says Simzar, who notes that the recommended dose for adults is 30IU.

Add this nutrient to your diet by eating vitamin E-rich foods like avocado, olive oil, and wheat germ. "Most or all of [your

# February is American Heart Month

Heart disease is the leading cause of death in the United States, accounting for approximately 800,000 deaths in the United States, or one out of every three deaths, according to American College of Cardiology. Among Americans, an average of one person dies from cardiovascular disease every 40 seconds.



Sheri Nichols, FNP  
SMMC

While Americans of all backgrounds can be at risk for heart disease, African American men especially those who live in the Southeast region of the United States, are at the highest risk for heart disease. Additionally, if you are a man age 45 and older, a woman age 55 and older, African American or have a family history of heart disease, you may be at greater risk for developing the disease.

Heart disease is a broad term used for a variety of diseases including coronary artery disease. Coronary artery disease, or cardiovascular disease, is a condition where plaque, which is made up of fat, cholesterol, calcium and other substances in the blood, builds up inside the coronary arteries. Over time, a coronary artery can narrow, which is the cause of most heart attacks.

The symptoms of a heart attack or myocardial infarction can vary greatly from person to person, but here are some common symptoms below:

- Chest pain, shortness of breath, and fatigue are common a few days or weeks before the attack.
- Loss of consciousness can be the first symptom of a heart attack.

- During a heart attack, a person may feel pain in the middle of the chest, which can spread to the back, neck, jaw or arms.

- A person having a heart attack may have gas-like pain or pressure in the stomach area, which is often mistaken for indigestion.

- One out of every three people who have heart attacks does not feel any chest pain.

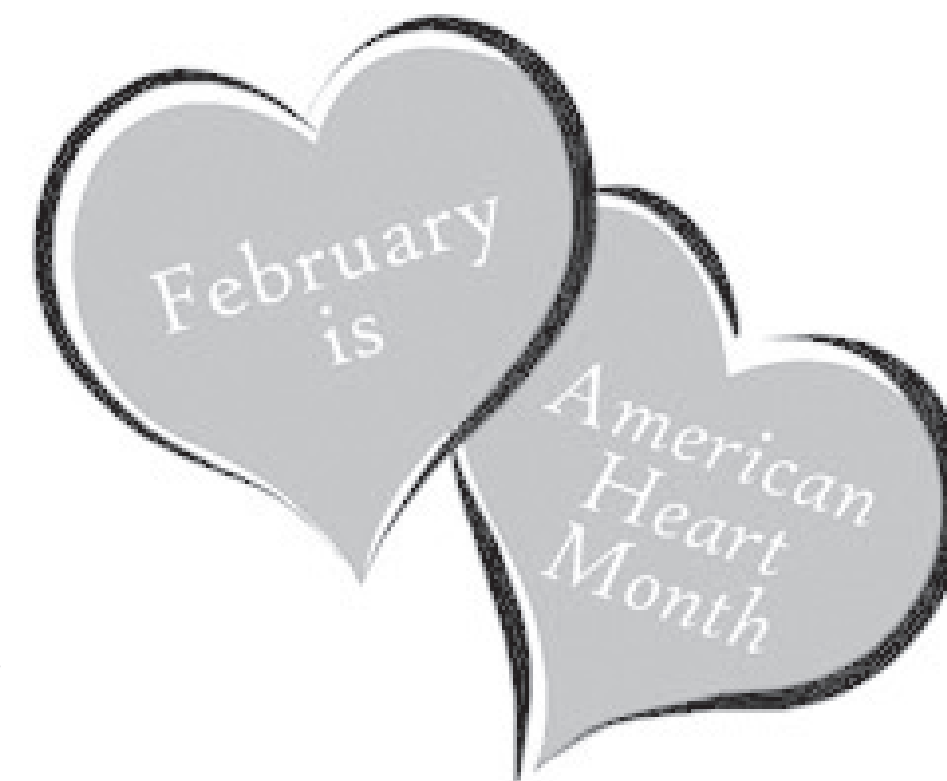
Many of these are women, non-Caucasian, older than 75, have heart failure or diabetes or have had a stroke.

- Dizziness, feelings of restlessness, sweatiness, bluishness of lips, hands or feet can be some indicators of a heart attack.

If you think you or someone in your presence is having a heart attack, call 9-1-1 immediately.

The good news is heart disease is one of the most preventable diseases. With small changes, people can reduce the chance of developing heart disease:

- Schedule a checkup with your



physician to get your blood pressure checked and discuss your heart health. Adults should have annual wellness visits—even if they feel perfectly healthy.

- Adopt and maintain an exercise regimen. Even if it is just a brisk walk at lunch time, staying active is a proven method in keeping unhealthy pounds away. Make it a goal to engage in regular moderate aerobic exercise for at least 30 minutes five days a week.

- Focus on a heart-healthy diet. Cook meals at home that are low in salt, saturated fats and high in unsaturated

See **HEART**, Page 4

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## HEART

Continued from Page 3

fats (fish, avocado, etc.). When you prepare your meal at home you can make smart choices like swapping out salt for spices and fresh herbs.

- Reduce alcohol intake, which can raise blood pressure and add unnecessary calories to your diet. Added calories and high blood pressure can increase your risk of heart disease.

- Quit smoking. Similar to alcohol, cigarettes raise blood pressure, which in turn raises your risk of heart attack and stroke.

By setting small and practical goals, you can take steps to improve your heart health.

Scenic Mountain Medical Center offers comprehensive services in diagnostic, treating and preventing heart and vascular conditions. For more information, talk to your doctor about creating a heart disease prevention plan. To find a Primary Care Provider, visit [www.SMMGCares.com](http://www.SMMGCares.com).

*Sheri Nichols, FNP is part of Scenic Mountain Medical Group. She has experience in wound care, chronic conditions and general wellness. She has been part of SMMG for more than 5 years and is located at 2301 S. Gregg Street. To schedule an appointment or to find out more about services provided, visit [www.SMMGCares.com](http://www.SMMGCares.com).*

## Time to Brush Up

Maintaining proper oral health matters more than just keeping a sparkling smile – it's also important for good overall health. That is especially true for children, as decay in baby teeth can lead to speech problems, oral infections and damaged adult teeth, according to the Centers for Disease Control and Prevention (CDC).

Tooth decay is largely preventable, yet it ranks as the most common chronic disease among children. About 33 percent of young kids (ages 2 to 8) have cavities in their baby teeth, and 20 percent of kids in the same age group have cavities in their adult teeth, according to the CDC.

In Texas, the state received a D minus grade for managing children's oral health based on key measures such as optimally fluoridated water and availability of school-based dental programs, according to The Pew Center on the States.

February is National Children's Dental Health Month, a reminder that proper dental health habits should start early for young people in

Texas and nationwide.

Yet some people are unaware of recommended dental guidelines for children. A recent UnitedHealthcare survey found that just 31 percent of Americans correctly recognized that most medical professionals recommend children should visit the dentist for the first time by age one; 40 percent said the appropriate age was between two and three years old; and 27 percent said four years or older.

To help maintain proper oral health among children, here are tips to consider:

For baby's teeth and gums: Never put a baby to bed with a bottle of milk, formula, fruit juice or sweetened liquid. When these liquids pool in a baby's mouth, they form a sugary film on the baby's teeth, leading to decay and infection.

Starting at birth, clean the baby's gums with water and a soft cloth or child-sized toothbrush. Once a child reaches age 2, parents can start brushing a baby's teeth with a soft bristled toothbrush and a smear-sized dab of fluoride toothpaste (no

See **BRUSH**, Page 6



## What Vitamins Are Good for Hair and Skin?

Are you frustrated with dry skin, cracked lips, or dull hair? Natural dietary supplements or vitamins for hair and skin may be the answer you're looking for. But while there's no shortage of vitamins for skin and hair on the market, not all of them are created equal.

Let's look at biotin, one of the hair vitamins found in many foods and available over the counter in supplement form at pharmacies and supermarkets. Some findings show that cigarette smoking may cause a deficiency in biotin, with symptoms that include:

- Loss of hair color, red scaly rash around the eyes, nose, and mouth, and thinning of the hair.

Biotin has been found to be "likely effective" in treating biotin deficiency and is safe when used in recommended amounts (read the supplement label). Could this be the hair growth vitamin you've been looking for? As with any vitamin for skin or hair, always consult with your physician before you try it.

Omega-3 fatty acids are another vitamin for hair. Omega-3s may boost the shine in your hair and keep your ten-



der scalp from flaking. A study published in September 2017 in the journal *Biochimica et Biophysica Acta* found that dietary supplementation with fish oil — filled with omega 3 fatty acids — could have therapeutic value to many inflammatory skin conditions.

Another study, published in March 2015 in the *Journal of Cosmetic Dermatology*, revealed that taking omega-3 and omega-6 supplements for six months, along with antioxidants, acts efficiently against hair loss and improves hair density.

It's not uncommon for women of childbearing age to have anemia due to blood loss during menstrual periods, resulting in hair loss. Iron deficiency is a usual cause of anemia. Iron replacement is generally done through

vitamin and mineral supplements. Your doctor can do a simple test to check for anemia.

Vitamin C is another vitamin for skin as it helps your skin retain collagen, giving it a

smoother appearance. A study published in November 2017 in the *Journal of Nutrients* showed that vitamin C also helps in wound healing and helps to control inflammation.

Many hair vitamins and vitamins for skin have

the power to give you a younger-looking complexion, shinier strands, and stronger

See **VITAMINS**, Page 14

## PETS

Continued from Page 12

regularly care for your pet's teeth, you should visit the veterinarian if your pet has persistent bad breath or experiences bleeding from the mouth or tooth, a change in eating behavior, and sensitivity to touch around the mouth; this may be a sign of a more serious dental health condition, Dodd said.

Keeping your pet's mouth healthy can help them live a longer, healthier life, so as part of pet dental health month, consider making a veterinary appointment to have your pet's teeth examined. Your pet will thank you with a smile.

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# Pet Talk: February is Pet Dental Health Month



excess tartar, swellings in the mouth, and severe wear of the teeth (or broken teeth) from chewing on inappropriate objects," he said.

In addition, neglected oral health can also lead to gum disease, which left untreated, can make your pet more susceptible to other health compli-

"It is best to begin home care when your puppy or kitten is between 8 and 12 weeks old; however, it is never too late to start," Dodd said. "The first step is to train your pet to accept the brushing of their teeth. The best approach is to establish a routine of brushing your pet's teeth with gauze that is wrapped around your finger. It may be helpful to use beef or chicken broth with dogs or tuna water with cats to get them accustomed to the routine instead of using cleaning agents.

For example, bacteria in the mouth can spread to other parts of the body and cause infections.

Keeping your pet's mouth healthy is easier than you think. While your veterinarian can help through routine dental check-ups and treatments, most dental hygiene issues can be prevented at home.

"Once your pet is familiar with the daily routine, you can switch out the gauze for a finger brush or a soft toothbrush," he said. "Then you can incorporate using veterinarian-approved pet toothpaste."

Even if you do

See **PETS**, Page 13

Dental health in dogs and cats may sometimes be overlooked by pet owners. However, just like humans, pets need regular dental cleanings to keep their gums and teeth healthy.

As part of pet dental health month, Dr. J.R. "Bert" Dodd, a clinical professor at the Texas A&M College of Veterinary Medicine & Biomedical Sciences, explained some common dental hygiene issues

## SLEEP

Continued from Page 10

Pediatrics also encourages parents to:

- o Keep room temperature comfortable for an adult. If a baby is too warm the risk of SIDS can increase.
- o Drop slide cribs and cribs with slats more than 2 3/8" apart are not recommended.
- o Keep your baby away from smoky environments

"Parents can check on the baby's temperature by feeling the back. The back should be warm and dry, not sweaty or cold," Grimsley said.

She continued, "In addition to safe sleeping habits, the Academy of Pediatrics recommends breastfeeding whenever possible. This is another one of the main areas that we focus on teaching our new mothers."

Scenic Mountain Medical Center offers a 24/7 labor and delivery unit. Tours are available upon request. To find out more about the services offered at Scenic Mountain, visit [www.SMMCCares.com](http://www.SMMCCares.com).

in dogs and cats. "P o o r oral hygiene in dogs and cats can lead to

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# What Every Woman Should Know About Cervical Cancer

If you are a woman between 35 and 55 years of age, you're at the prime time to develop cervical cancer. The American Cancer Society says 12,000 new cases of invasive cervical cancer are diagnosed each year. On average, approximately 32 women are diagnosed every day with cervical cancer.



Caryl Frerich, PA-C SMMC

While 12,000 is a large number, cervical pre-cancers are diagnosed far more often than invasive cervical cancer. Thanks to increased screening with the Pap test, cervical cancer can be detected in the early stages, when the disease is most curable.

The Centers for Disease Control and Prevention (CDC) recommends that young women begin getting regular Pap tests at age 21. At age 30, your doctor may recommend waiting up to three years for your next test if your results have been consistently normal. By age

65, if you have had normal Pap tests for several years, your doctor may suggest you can stop getting screened. Pap tests also may be suspended if you've had your cervix removed during a hysterectomy.

The human papillomavirus, or HPV, is a confirmed culprit in causing the majority of all cervical cancers. Your doctor may suggest that you have an HPV test to detect the virus, which can cause precancerous cell changes and cervical cancer. The test also is used to follow up on unclear Pap results. HPV is passed from person to person during genital contact and occurs in 80 percent of women by age 50, the NCCC says. However, it's reassuring to know that most women infected with HPV will not go on to develop cervical cancer.

There are two vaccines licensed by the Food and Drug Administration (FDA) and recommended by the Centers for Disease Control (CDC) to protect against HPV-related illness. One HPV vaccine, Gardasil is recommended to males and females aged nine through 26.

The Centers for Disease Control (CDC) links the following preventable behaviors to contracting HPV and increasing

the risk of developing cervical cancer:

- Starting sexual relations at an early age
- Having multiple sexual partners, or sex with people who have had multiple partners
- Smoking
- Contracting HIV, the virus that causes AIDS, or similar conditions that hamper the body's ability to overcome health problems
- Using birth control pills for five

See **CERVICAL**, Page 6



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# A Potentially Powerful New Antibiotic Is Discovered in Dirt

The world is facing an epidemic of infections that no longer respond well to the drugs used to treat them—also known as super bugs.

In the United States, an estimated 2 million Americans are diagnosed each year with an infection that doesn't respond to antibiotics, and 23,000 will die from those infections.

New York and New Jersey researchers published a new paper in the journal Nature Microbiology about their hopeful discovery: a potentially new class of antibiotic that they found in dirt.

In the lab, the researchers used a method to extract, clone and sequence DNA from soil samples to see if there are genes that could produce molecules with antibiotic potential. Using their method to search through hundreds of soil samples, they discovered the new antibiotic class, called malacidins.

The researchers say that based on their research, malacidins may be able to attack and kill many types of super bugs.



In early tests in rats infected with methicillin-resistant Staphylococcus aureus (MRSA), the researchers found that the molecules were able to sterilize the infection area.

This is not the first time that scientists have discovered antibiotics from the soil, but it has proven difficult for researchers to identify a bacterial species that could become a drug, as the scientists did here.

However, the study of malacidins is still early, and a great deal of research still needs to be done before its potential to become a new drug is fully understood.

## CERVICAL

Continued from Page 5

years or more

- Giving birth to three or more children

Even if women receive the HPV vaccine at an early age, they still need regular Pap tests and HPV screening as recommended by their physicians once they become sexually active. The vaccine is not effective against all types of HPV viruses, so the Pap test is needed to detect and treat cell changes caused by those before they develop into cervical cancer.

For more information about Cervical Health Awareness Month, go to [www.nccc-online.org](http://www.nccc-online.org).

*Carylon Frerich, PA-C is a member of the Scenic Mountain Medical Group. Her office is located at 1601 W. Eleventh Place, Suite 200. To schedule an appointment, call 432-264-7180. To find out more about the SMMG OB-GYN Department and the providers, visit [www.SMMG-Cares.com](http://www.SMMG-Cares.com).*

## BRUSH

Continued from Page 4

larger than a grain of rice), making sure to teach the toddler to spit out the toothpaste.

Schedule the baby's first dental visit when the first tooth comes in, usually between the child's first six to 12 months.

For children's teeth and gums: Help your child brush twice a day with a small amount of fluoride toothpaste; for children ages 3 to 6, this means a pea-sized dab. Make sure your child does not swallow toothpaste, which may ex-

pose them to too much fluoride.

Begin flossing when back teeth begin to come in. Toothbrush bristles cannot reach between teeth, leaving those teeth vulnerable to bacteria and decay.

Limit sugary snacks and drinks between meals. When sugar comes in contact with teeth, decay-causing bacteria can produce acids that damage your child's teeth. Encourage children to eat healthy snacks, such as fruits and vegetables.

Take your child to the dentist regularly and ask about fluoride supplements, which make the tooth enamel strong and help protect it

from decay. For most children, that means visiting the dentist twice a year.

Sealants are plastic coatings placed on back teeth to protect them from decay, and they are sometimes covered as a preventive service by dental plans. Ask the dentist about placing sealants for your child once he/she turns 6, when molars first come in.

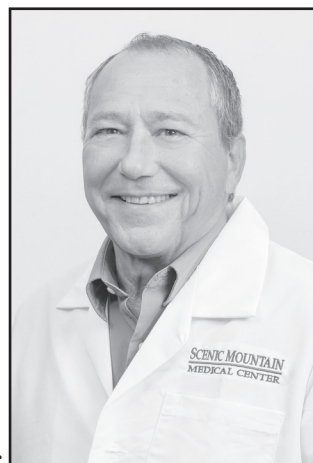
Be sure to take advantage of your health plan's preventive dental benefit if available and visit your dentist regularly. By taking these steps, you can start your children down the road of good oral health.



## ACHE

Continued from Page 9

step to treating ear infections. If it's determined that the child has an ear infection, your pediatrician or family physician may suggest medication to relieve symptoms, such as over-the-counter pain relievers or ear drops. Parents can also use a warm washcloth or a heating pad on the ear to relieve discomfort. Appropriate doses of ibuprofen or acetaminophen help with pain relief. Avoid aspirin, which is dangerous to young children.



Paul Howard, M.D.

During the waiting period, make sure your child is eating regularly and drinking plenty of liquids, and check your child's temperature often. If your child's pain increases with no improvement within 48 to 72 hours, their fever rises above 102 degrees, or your child experiences swelling around the ear, pain or stiffness in the neck area or becomes lethargic, your child should be seen by a doctor and may need antibiotics.

Just as important as knowing the right things to do is knowing what not to do in treating a child's ear pain or fluid in the ear. The AAP does not recommend treatment for young children with decongestants, antihistamines, steroid nasal sprays or prolonged, frequent, or low-dose courses of antibiotics.

In some cases, generally because of persistent fluid or multiple ear infections, an ear specialist may recommend that small tubes be surgically inserted in your child's ear(s) to drain fluid, relieving symptoms, improving hearing, and decreasing frequency and severity of infections. This is a 2-3 minute procedure.

While many ear infections are unavoidable, there are things that parents can do to create a healthy environment for your child: avoid smoking and exercise good hygiene, including frequent hand-washing.

*Paul Howard, M.D. is a board-certified ENT (ear, nose, and throat). He has more than 30 years' experience. Dr. Howard is part of Scenic Mountain Medical Group. He is currently accepting new patients and treats all ages. To schedule an appointment or to find out more information, visit [www.SMMGCares.com](http://www.SMMGCares.com).*

# Safe Sleep for Babies

Safe sleeping habits education, for babies, is one of the best prevention methods against (SIDS) Sudden Unexpected Infant Death Syndrome. Although, the number of deaths associated to SIDS has declined, there are still more than 3,500 cases in the United States each year.

"While it's important, safe sleeping habits includes more than ensuring the area around your baby is cleared; safe sleeping is about positioning and understanding what position and why its best for the baby," Angela Grimsley, Labor and Delivery Director, said. "This is one of the areas that we educate on while baby and mom are in our

care."

Safe sleeping environments not only contribute to the decrease of SIDS, but it also flows over to a happier and healthier baby, according to research. In 2016, the American Academy of Pediatrics released their recommendations for safe infant sleeping environment and that list included, back sleeping is best for baby during naps and night time.

"Scenic Mountain Medical Center is committed to educating parents about safe sleeping habits and in an effort to further this education, we have implemented the use of sleepsack wearable blankets," Grimsley said. "These blankets eliminate the need

for loose blankets and sheets around the baby, which in turn reduces the risk of hindering the baby's breathing."

Other recommendations for safe sleep include having your baby sleep in a crib or bassinet. Bed sharing is not recommended due to the risk of suffocation.

"Bed sharing is another area that we place emphasis on while baby and mom are in our care. During the hospital stay, we encourage baby to sleep in room in a bassinet or the nursery and educate on the importance of sleeping in a crib at home," Grimsley said.

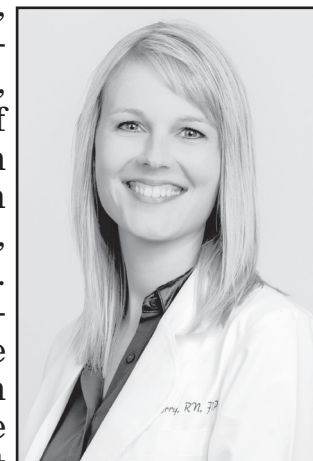
The American Academy of

See **SLEEP**, Page 12



# Making the most of your Provider visit

Visiting your primary care provider can be an intimidating experience, whether your appointment is a routine check-up or more specialized. No matter how prepared you think you are, several factors can determine how you feel about the quality of your time with your doctor and the outcome of your visit: the reason for the visit, your doctor's communication style, and the amount of time you spend in the waiting room before your visit, to name a few. Your health history and attitude toward your health can also influence your feelings about a provider's visit.



Leslie Berry, FNP

Most of us prepare for the visit much the same way: checking with our health insurance company to determine coverage, co-payments and necessary referrals; making sure we have insurance cards in hand; and, if our visit is problem-focused, researching symptoms through discussions with friends and family or on the Internet. But there's much more you can do to make sure your visit is a success.

It's important to be prepared with questions – and not be afraid to ask those questions. Although communication styles vary, your provider is there to serve your interests and make sure that you are informed. Yet, your provider isn't a mind reader; be prepared with any questions or concerns. Write them down so that you don't forget them once you're in the exam room.

Remember that you and your health

care provider are partners in your health care. Your preparation and participation are important determinants in how successful your visit will be.

Here are a few tips for guaranteeing that your next visit is informative and productive: Keep your own medical journal at home: a record of questions, a food and exercise diary, over-the-counter and prescription medications (including dosage) and herbal supplements, as well as symptoms, with descriptions and dates/times. Review this information while you're in the waiting room so it's fresh on your mind.

Bring blank paper to your visit to make notes during your appointment for later review.

Have a friend or family member accompany you on your visit. Often, they can remember details you may not recall.

Bring any magazine articles that pertain to your health condition, if you would like to ask your provider about similar cases and treatment options



covered in the article.

Ask the provider what your exact diagnosis is, the recommended treatment plan, and when he/she would like to see you again (or if a visit to a specialist is needed). Don't be intimidated by medical jargon. Ask your provider to explain things to you in easy-to-understand terms and don't be afraid to ask the

See **VISIT**, Page 8

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## VISIT

Continued from Page 7

provider to repeat instructions or answers you don't understand.

Don't be shy about discussing embarrassing or sensitive topics. Be sure to include complete details about your medical history.

Ask the provider if there is any reading material or other resources available that pertain to your question, condition, upcoming test or procedure.

If you have a chronic condition or disease, ask about other resources in the area available to you: support groups, therapists, etc. How will this affect your daily life? What adjustments will you need to make? What are the possible long-term outcomes of this condition?

Be sure to talk about next steps: symptoms that warrant a follow-up call to your provider, when your symptoms will subside and you can expect to feel better; any recommended lifestyle, activity level or dietary changes; side effects of prescribed medication(s); and what to expect regarding an ordered test or procedure.

Be an involved and informed healthcare consumer. Being prepared – and knowing how to talk to your healthcare provider – will help you make the most of your time there and gain maximum benefit from his or her guidance.

*Leslie Berry, FNP is part of Scenic Mountain Medical Group. She is accepting new patients. To find out more about services provided or to schedule an appointment, visit [www.SMMGCares.com](http://www.SMMGCares.com).*

# Oh, That Aching Ear

Earaches are a common occurrence for children. According to the Academy of Pediatricians (AAP), middle ear infections are the most common bacterial illness in children for which antibacterial agents are prescribed in the United States; in fact, 90 percent of children have an ear infection between ages 6 months and 4 years.

Children are more prone to earaches and ear infections than adults. There are several reasons for this.

A middle ear infection in a child, most often begins with a viral infection, such as the common cold. While ear infections often follow a cold, the ear infection itself cannot be spread from person to person.

Symptoms of an ear infection include:

- Pulling or tugging at the ear
- Sleep interruptions
- Fever/headache

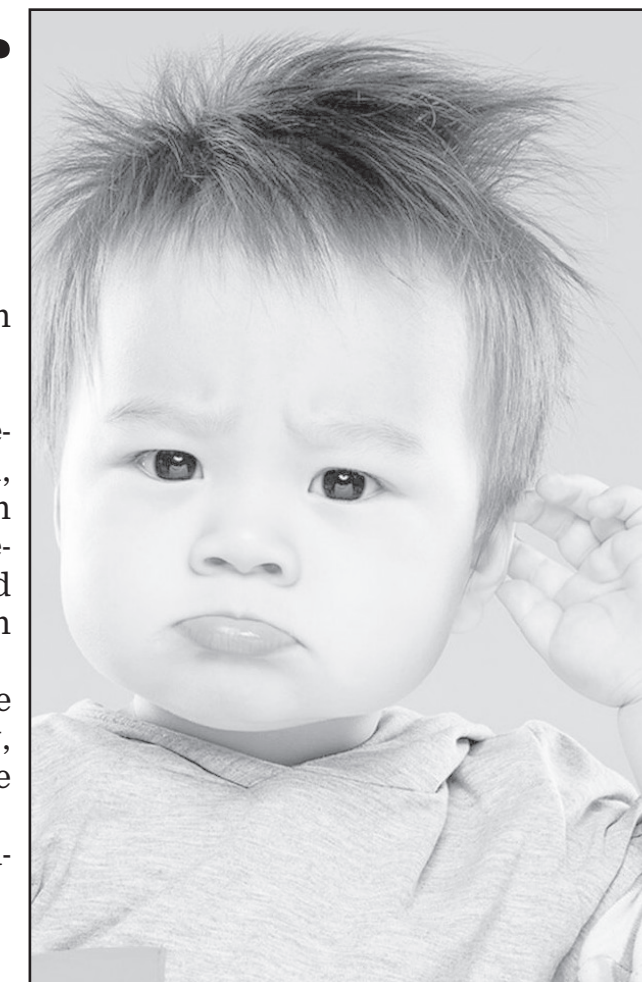
- Irritability/crying
- Cough/nasal discharge
- Skin rash
- Vomiting/diarrhea
- Fullness, buzzing or ringing in the ears
- Ear drainage

Ear infections sometimes do not require any intervention or medication, often clearing up on their own within one or two weeks. Treatment with prescription medicine is usually reserved for severe infections or ear infections in very young infants.

In fact, antibiotics may not only have minimal effect in speeding recovery, but also may promote bacteria that are resistant to drugs.

Many doctors recommend a wait-and-see period of 48 to 72 hours as the first

See **ACHE**, Page 10



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