

**New! i-lipo Ultra**  
 No Shots - No Pain  
 No Downtime - No Surgery  
**LOSE INCHES with First Treatment**  
**Dr. Steve Ahmed** 235920  
 1700 W. FM 700 www.bodyfocusspa.com 432-264-1900

*Inside Today:*  
**Health and Medical Guide**

The Law Offices Of  
**R. Shane Seaton, PLLC**  
**BigSpringLaw.com**  
 1301 S. Gregg St. • (432) 264-1800

# BIG SPRING HERALD

**SUNDAY**

FEBRUARY 24, 2013



Find us online at:  
 www.bigspringherald.com

VOLUME 108, NUMBER 113

COPYRIGHT 2013

50 CENTS DAILY/\$1.25 SUNDAY

## FISD expected to call for bond election

**By STEVE REAGAN**

Staff Writer  
 FORSAN — “If” is about to become “when.”  
 After months of study, Forsan Independent School District trustees are expected to officially call for a bond

election to construct a new elementary school and other renovations when they hold a special meeting at 7 p.m. Monday in the administration wing board room.  
 Final price estimates for the bond have not been settled, although options trustees are

considering carry price tags ranging from \$20 million to \$25 million, Superintendent Randy Johnson said.  
 Items which will definitely be included in the bond package include:  
 • \$14 million for a new elementary campus to replace

Elbow Elementary, which was built in 1930 and renovated several times in the following years. The new campus will be located adjacent to the junior high/high school building in Forsan.  
 • \$2 million for a wastewater treatment facility to serve

the district’s campuses.  
 • \$1 million for safety and security upgrades, including renovation of the entrance to the junior high/high school.  
 The balance of the bond package will come from  
 See **FISD**, Page 3A



HERALD photo/Steve Reagan

Big Spring police and emergency medical personnel responded to the scene of an automobile-pedestrian accident near the intersection of Gregg and Fourth streets Friday afternoon. No injury information was available at press time.

## CITY COUNCIL

*Emergency meeting Monday will center on electronic bids, proposals*

**Herald Staff Report**

A resolution to ensure the “identification, security and confidentiality” of electronic bids or proposals is among the agenda items for Big Spring City Council in an emergency meeting at 5:30 p.m. Monday.

The resolution basically permits the city to accept bids of proposals in electronic form. It also sets out rules to protect the integrity of those bids.

The measure is designed to allow the city to keep pace with ever-changing world of technology, in which more and more “business” is conducted electronically instead of by paper.

Another item on the agenda calls for an amendment to the code of ordinances that would include an alternate member to the board of adjustments and appeals who has experience and training to pass on fire-related matters and to add a city fire official as an ex-officio member to the board.

There are final readings on calling for the May 11 election for mayor and District 5 council member, an ordinance making the intersection of Settles and Stadium Street a four-way controlled stop intersection and adopting the annual budget.

Also on the agenda are:  
 — adjustments and fees dealing with building codes and permits,  
 — amending an agreement for \$110,189.12 in un-

anticipated fees for the law enforcement center to be split between the city and Howard County,  
 — approval of minutes from various boards,  
 — approval of the Big Spring Economic Development Corporation’s annual audit,  
 — discussion and consideration of replats for the McLellan Subdivision and Don’s Tire and Truck Service Subdivision.

City Council Chambers are located at 307 East Fourth Street.

## CASA needs volunteers

**By STEVE REAGAN**

Staff Writer  
 If you have a passion to help children in need, CASA of West

Texas has a job for you. The pay isn’t great — in fact, there is no pay — but the rewards, officials say, are tremendous.

CASA (Court Appointed Special Advocates) will begin accepting applications for volunteer child advocates Monday at its Big Spring office located at 310 Scurry, said Patty Pisklak, executive director.

Volunteers are appointed by the court to serve as advocates for children who have been placed in foster homes because of abuse or neglect. As advocates, they maintain regular contact with the children as efforts are made to place them in a permanent home situation.

See **CASA**, Page 3A

**INDEX**

Business	4-5B
Classified	6-10B
Life	1-3B
Obituaries	2A
Opinion	4A
Sports	8-10A

To reach us:  
 Please call 263-7331.  
 Office hours are 8 a.m. to 5 p.m. Monday through Friday. If you miss your paper, please call (432) 263-7331 before 6 p.m. weekdays and 10 a.m. Sunday.



## Howard College officials hope proposed funding formula will ease financial burden

**By STEVE REAGAN**

Staff Writer  
 Howard College and other rural Texas community colleges are hopeful a funding formula they presented to state legislators will bear fruit in the coming months.

HC trustees will hear an update on these efforts when they hold their monthly meeting at 12:30 p.m. Monday in the student union building’s

*“This approach will provide smaller colleges with stability in funding while, at the same time, addressing the public’s interest in accountability at institutions of higher learning.”*

Tumbleweed Room.  
 In recent years, the gap in appropriations received by urban community colleges vs. those of rural institutions has widened, Howard Presi-

dent Dr. Cheryl Sparks said.  
 The long-time formula for determining state aid to community colleges has centered almost exclusively on contact hours, the total number of

hours students are physically in class or labs. The more contact hours a school generates, the more money it generally receives from the state.

“But that formula fluctuates from year to year based on the availability of state funds,” Sparks said. “And those fluctuations affect smaller, rural colleges like Howard much more than community

See **COLLEGE**, Page 3A

**J. RUTLEDGE REALTY**  
 1600 Gregg Street  
 432-714-4900  
 www.jrutledge Realty.com

Jeannie Rutledge, Broker / Owner  
 Leah Hughes - 432-270-2416  
 Christie Larson - 432-213-4647  
 Janet Higgins - 432-213-5454  
 Pat Hardison - 432-270-8277  
 Kim Pollard - 432-213-2842  
 Jessica Thomas - 432-853-9493

**OPEN HOUSE SUNDAY 1:00 PM - 3:00 PM**  
**1100 E. 19TH ST. • HOSTED BY JANET HIGGINS**

**A LITTLE DOLL HOUSE** - So cute & pristine! 2 bedrooms, 2 living areas with oversize carport. Large utility room off of den. Shutters on most windows. Cute faux painted walls. Extra lot, all fenced, connected behind backyard.  
 CALL JANET TODAY @ 213-5454

## Obituaries

Fernando Apolinar  
'Poli' Rodriguez

Fernando Apolinar "Poli" Rodriguez, 21, of Big Spring, died Tuesday, Feb. 19, 2013, in a local hospital. Funeral services will be held at 10 a.m. Monday, Feb. 25, 2013, at the Holy Trinity Catholic Parish. Interment will follow at Trinity Memorial Park.

A vigil service will be held at 7 p.m. Sunday, Feb. 24, 2013, at Nalley-Pickle & Welch Rosewood Chapel.

He was born Feb. 23, 1991, in Stanton, Texas.

A lifelong resident of Big Spring, Poli attended Big Spring schools. He loved music and Chicano Rap Flo, drawing but especially loved playing with his children.

He was a member of Holy Trinity Catholic Parish.

Survivors include his four children, Isaac Cas-

tillo, Elisa Rodriguez, Marina Payan, and Romeo Santiago Espinoza; his mother and step-father, Sylvia and Arthur Martinez of Big Spring; his father and step-mother, Fernando and Leslie Rodriguez of Big Spring; seven step-brothers and sisters, Joseph Gutierrez, Jonathan Gutierrez, Brittany Gutierrez, Amy Martinez, Vanessa Martinez, Cory Martinez and Jeffery Martinez; paternal grandfather, Andres Rodriguez of Eagle Pass; paternal grandmother, Julia Rodriguez of Denver City; maternal grandparents, Mitilde and Francis Rodriguez of Big Spring; maternal grandfather, Jimmy Aleman of Big Spring; and numerous aunts, uncles, cousins, nieces and nephews.

Poli was preceded in death by a sister, Elisa Shanice Rodriguez; and great-grandparents, Apolinar and Maria Del Pilar and Mary Hinojos.

The family suggests memorials be made to Epilepsy Foundation, 8301 Professional Place, Landover, MD 20785.

Arrangements are under the direction of Nalley-Pickle & Welch Funeral Home & Crematory of Big Spring. Online condolences can be made at: www.npwelch.com

Robert D.  
Bradshaw

Robert D. Bradshaw, 79, of Big Spring, died Friday, Feb. 22, 2013, in a Midland nursing home. Graveside funeral services will be 4 p.m. Wednesday, Feb. 27, 2013, at the Peace Chapel at Trinity Memorial Park.

Arrangements are under the direction of Nalley-Pickle & Welch Funeral Home & Crematory, Big Spring, Texas.

## Marsha Mann

Marsha Mann, 68, of Big Spring, died Friday, Feb. 22, 2013 in a Midland hospital. Her services are pending with Nalley-Pickle & Welch Funeral Home & Crematory of Big Spring.

## Take Note

• An account has been established at Wells Fargo on behalf of the Linda Rena Torres family, whose vehicle was destroyed in a fire. A purse lost in the fire contained the family's income tax returns and child support. The vehicle, which was the family's only means of transportation, was not insured except for liability. To help, contact Wells Fargo at 268-6216 and mention account 2266054432.

• The Big Spring Amateur Radio Club will be administering amateur radio license exams at 9:30 a.m. March 2 at the clubhouse, 3793 S. 87. The fee is \$15 and a picture ID is required. Those intending to upgrade their license need to bring two copies of the current license. For information, contact Brad Hyde, club president at 254-702-7986 or by email at w5bk@live.com

• The annual Big Spring Kiwanis Club Pancake Supper will be held Friday, March 8, at the Howard College cafeteria. Serving is from 4:30 p.m. to 7:30 p.m. Tickets are \$6 apiece and can be purchased at the door or from any Kiwanis Club member. For more information, contact Steve Reagan at 270-2218.

• An account has been established at Citizens Credit Union to help pay medical expenses for Jodi Schlipf Baird, who is being treated for Stage 4 cancer. For more information, contact the credit union at 267-6373 or Donna Whetsel at 432-466-9744.

• The Howard County A&M Club is accepting scholarship applications from high school students who are graduating this May and have been accepted at Texas A&M University for the Fall 2013 semester. Students must be Howard County residents and will enroll for at least 12 semester hours. Application deadline is April 1. More information and the application may be found on the club's web site: www.westexags.com

• Healthy Woman is presenting a heart healthy affair "Be Aware of YOUR Heart" at noon Feb. 21 at the Dora Roberts Community Center. Drs. Rudy and Chris Haddad will speak, along with a person story from Mitzi Knight. The event is free to the public, but reservations need to be made no later than Feb. 15 at 5 p.m. To reserve your spot, call Amanda Duforat at 432-268-4842 or Anita Cline at 432-268-4721.

• Howard County Master Gardeners Club business meetings take place at 6 p.m. the third Tuesday of every month at 1604 W. Fourth St., between Brown and Jones streets. The meetings are open to the public. For more information, contact the county extension office at 432-264-2236.

• Big Spring State Hospital patients are in need of warm clothing. Clean items should be taken to the Community Relations Office near the south entrance of the hospital, 1901 N. U.S. Highway 87. Clothing that cannot be used by the patients will be taken to the hospital's Chalet Resale Shop for sale to raise money for patient needs. Men's clothing and larger-sized clothing are always in need. For more information, call Melissa Adams, BSSH program coordinator, at 432 268-7730.

• The Big Spring State Hospital Volunteer Services Council needs assistance in The Chalet Resale Shoppe, 115 East Second St. The Chalet Resale Shoppe is a fast-paced retail shop specializing in gently worn clothing and small household appliance. Volunteers are needed to sort, price, check out and stock donated items. Volunteer hours are flexible. The Chalet is open 10 a.m. to 1 p.m., Monday through Friday and 10 a.m. to 1 p.m. on Saturday. For more information, contact Jamey Stegall at james.stegall@dshs.state.tx.us or 432 268-7535.

• Do you have a minute? An hour? How about making a difference in someone's life? Become a hospice volunteer. One hour a month can make a difference. Whether it's visiting a patient or working in the office or helping with a craft, you can make a difference. We can work around your schedule. If interested, please call Kara Daniels at Compass Hospice, 432-263-5999, or apply in person at 602 S. Main St.

• Every Friday night from 7:30 p.m. until 10 p.m. is dance night at the Senior Citizen Center. The cost is \$8 per person.

• Mobile Meals is in need of volunteer delivery drivers. If you can donate one hour per week to help deliver meals to the elderly, call Macaria Cantu at 263-4016.

• Spring Tabernacle Ministries, 1209 Wright St., has a brief, inspirational message before giving away food and clothing on Thursday mornings. It's a great way to work off community service and get help, too. Be there at 9 a.m.-11 a.m. and get two for one plus a rehab meeting.

• Home Hospice is seeking volunteers. Volunteers are needed for in office duties as well as sitters, deliveries and crafts. To find out more information or to volunteer contact Sherry Hodnett at Home Hospice by calling 264-7599.

• Hangar 25 Air Museum needs your help. We are in need of volunteers to fill a variety of positions such as tour guides, front desk, clerical, events, and many others. Set your hours and days of the week you are available. Meet new people and enjoy a rewarding experience. For more information, contact Emma Bogard at 432-267-2963.

• The Salvation Army is holding its annual heater drive and is in need of heaters. Community members can donate new or used heaters. Monetary donations are also welcomed. Donations can be made at the main office, located at 811 W. Fifth St., Monday through Friday between 9 a.m. and 5 p.m.

• The Homeownership Preservation Foundation (HPF) is an independent national nonprofit dedicated to helping distressed homeowners navigate financial challenges and avoid mortgage foreclosure. If you want to stop foreclosure and are in need of foreclosure help, the time to call 888-995-HOPE is now. The Homeowner's HOPE hotline is a counseling service provided by HPF to work with you to find a solution to your problem. For free foreclosure help, call the hotline.

## Today's Weather

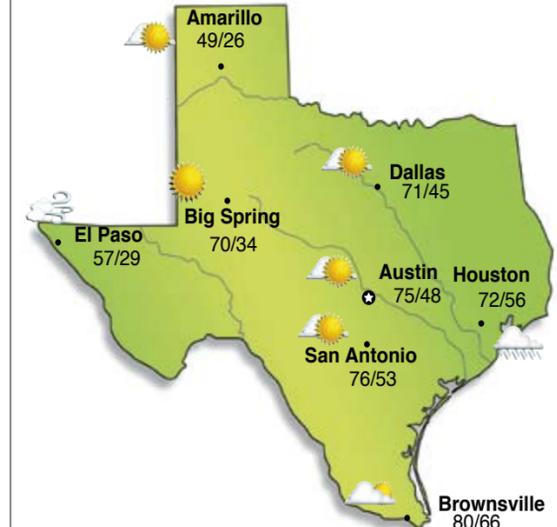
## Local 3-Day Forecast

Sun 2/24	Mon 2/25	Tue 2/26
 <b>70/34</b> Mainly sunny. High around 70F. Winds SW at 20 to 30 mph.	 <b>59/30</b> Windy with sunshine. Highs in the upper 50s and lows in the low 30s.	 <b>68/33</b> Abundant sunshine. Highs in the upper 60s and lows in the low 30s.
<b>Sunrise:</b> 7:19 AM <b>Sunset:</b> 6:40 PM	<b>Sunrise:</b> 7:18 AM <b>Sunset:</b> 6:41 PM	<b>Sunrise:</b> 7:17 AM <b>Sunset:</b> 6:42 PM



We Celebrate Hometown Life  
Stories for and about hometowns just like yours.  
Look for us each week in this paper.

## Texas At A Glance



## Area Cities

City	Hi	Lo	Cond.	City	Hi	Lo	Cond.
Abilene	72	37	t-storm	Kingsville	78	59	cloudy
Amarillo	49	26	mst sunny	Livingston	72	49	mst sunny
Austin	75	48	mst sunny	Longview	70	47	mst sunny
Beaumont	71	56	t-storm	Lubbock	59	27	mst sunny
Brownsville	80	66	cloudy	Lufkin	72	52	mst sunny
Brownwood	75	42	sunny	Midland	68	36	sunny
Corpus Christi	74	60	rain	Raymondville	80	63	cloudy
Corsicana	70	44	mst sunny	Rosenberg	72	56	pt sunny
Dallas	71	45	mst sunny	San Antonio	76	53	mst sunny
Del Rio	81	49	sunny	San Marcos	76	49	mst sunny
El Paso	57	29	windy	Sulphur Springs	68	45	sunny
Fort Stockton	73	34	windy	Sweetwater	71	36	t-storm
Gainesville	67	39	sunny	Tyler	70	47	mst sunny
Greenville	68	43	mst sunny	Weatherford	69	40	sunny
Houston	72	56	rain	Wichita Falls	68	36	mst sunny

## National Cities

City	Hi	Lo	Cond.	City	Hi	Lo	Cond.
Atlanta	65	45	sunny	Minneapolis	32	20	pt sunny
Boston	37	31	snow	New York	45	33	rain
Chicago	36	23	pt sunny	Phoenix	59	37	windy
Dallas	71	45	mst sunny	San Francisco	63	45	sunny
Denver	24	10	snow	Seattle	47	42	rain
Houston	72	56	rain	St. Louis	45	33	sunny
Los Angeles	70	44	windy	Washington, DC	52	32	sunny
Miami	88	68	mst sunny				

www.bigspringherald.com

GreenHouse Photography  
is selling our customer files!!

We will continue to do photography, but from an internet-based platform. Sometime between now and May 31, 2013, we will close the retail outlet on Scurry St.

We are selling our negatives and past files. Call the studio to purchase your original negatives and files from:

- Harrold Photography (1984 and prior images photographed by Carla Walker Harrold)
- Photo Magic Studio (1984 to 1995)
- GreenHouse Photography (1995 to 2012)

Prices range from \$75 to \$400 depending on the type of session. Don't lose these priceless images! Call us with a little basic information about your portraits so we can get your images home.

GreenHouse  
Photography

For a limited time, GreenHouse is still open  
Tuesday-Friday 10:30-12:30 and 1:30-5:30 pm

## BIG SPRING HERALD

www.BigSpringHerald.com

Rich History, Big Possibilities — Big Spring, Texas

432-263-7331

Missed Your Paper:

(Main Switchboard)

432-263-7331

432-264-7205 (Fax)

(Mon.-Fri. 8a.m.-6p.m.)

Sun. 8a.m.-10a.m.)

Glenn Stifflemire Publisher... Ext. 250  
Bill McClellan Managing Editor... Ext. 230  
Rick Nunez Advertising Manager... Ext. 229  
Robert Smith Circulation Manager... Ext. 252  
Tony Hernandez Production Manager... Ext. 256  
Rachel Martinez Business Manager... Ext. 255

The Big Spring Herald is a member of The Big Spring Area Chamber of Commerce, Texas Press Association, West Texas Press Association, Texas Daily Newspaper Association, The Associated Press.

Published afternoons Mon. thru Fri. and Sunday mornings. All materials copyrighted.

POSTMASTER: Send address changes to Big Spring Herald, P.O. Box 1431, Big Spring, TX 79721. Periodicals postage paid at Big Spring, Texas.

USPS 1431-48 USPS 0055-940 ISSN 0746-6811  
BY THE MONTH HOME DELIVERY: \$9.00 monthly; \$97.20 yearly (includes 10% discount). MAIL SUBSCRIPTIONS: \$14.58 monthly Howard; \$18.33 elsewhere.

In Concert at the Municipal Auditorium  
America's best Singing Impersonator

## TJ SMITH

Enjoy an "Evening with the Stars!"  
TJ Smith performs many of his over 100 voice impersonations with this funny comedy variety show. Clean fun humor and lots of laughs for the entire family! Coming to Big Spring!

Don't miss T.J. perform "spot-on" vocal impersonations of Johnny Cash, Roy Orbison, Elvis, Ozzy, Johnny Carson, Willie and Waylon, Stevie Ray, George Bush, Buddy Holly and more!

ADULTS \$18 ADVANCE \$20 AT THE DOOR. AGES 10-16 ARE \$5 UNDER 10 YEARS OF AGE ARE FREE

March 16<sup>th</sup> 7 pm

AVAILABLE AT THE DOOR THAT EVENING OR

Tickets online: www.tjsmith.co (not com)



# Support Groups

**MONDAY**  
• Alcoholics Anonymous open discussion meeting, noon-1 p.m., 615 Settles.

• PEP — Parent Education Program for CPS participating and non-participating parents, single parent, grandparents, adoptive or fostering parents. Every first and fourth Monday of the month from 6 p.m. to 7:30 p.m. at Northside Community Center. Classes are free. For information, call 263-2673.

• VA Alcoholics Anonymous support group, 7-8 p.m., Veterans Healing Center.

• Take Pounds Off Sensibly (TOPS) TX 0021 meets at First Christian Church at 10th and Goliad, in the dining hall on the east side of the building. Weigh-in starts at 5 p.m. and meeting starts at 5:30 p.m. We have a different program each week. For more information, please call 213-1342 or 263-6819.

• Circle of Hope, a Celebrate Recovery group, meets at 6:30-8 p.m. at Spring Creek Fellowship, located in the College Park Shopping Center. Celebrate Recovery is a Christ-centered recovery program dealing with life's hang-ups, hurts and habits, covering many areas. Circle of Hope group is a ministry of Spring Creek Fellowship. For further information, contact Dale at 432-270-8462.

• Reformers Unanimous International is a faith-based addictions program helping people find freedom from addiction. Meetings begin

at 7 p.m. Mondays at Trinity Baptist Church in Big Spring. Enter at the back of the church.

**TUESDAY**  
• Big Spring and Snyder Parkinsons Support Group meeting at the Big Spring Senior Center at 10:30 a.m. the second Tuesday of the month. This is a group for all Parkinson's disease patients, spouses and caregivers. For more information about the support group or about Parkinson's Disease, contact Jo Bidwell at the Lubbock APDA office at 806-785-0942.

• Special Parents for Special Children support group meets the first Tuesday of each month, 6:30 p.m. at Elbow Elementary. Contact Kerri Rosenbaum at 432-816-3320 or kerriroosenbaum9488@msn.com

• VA Alcoholics Anonymous support group, 7:30-8:30 p.m., Veterans Healing Center.

• Alcoholics Anonymous, 615 Settles, noon to 1 p.m.; closed discussion meeting 8 p.m. to 9 p.m.

• Al-Anon, 615 Settles for family members and friends of alcoholics meets at 8 p.m.

**WEDNESDAY**  
• RSD (Reflex Sympathetic Dystrophy, a chronic pain disease), a new support and informative group meets at 213 Circle. Call Lucy at (432) 517-9207 for more information.

• Alcoholics Anonymous, 615 Settles, noon to 1 p.m.; open 12 & 12 study meeting 8 p.m. to 9 p.m.

• Stepping Stone Group of Narcotics Anonymous meets at the Gold Rush Tobacco Shop, 800 E. Third Street. Open meeting at 7 p.m.

**THURSDAY**  
• Alcoholics Anonymous, 615 Settles, open discussion noon to 1 p.m.; women's meeting; 6:30 until 7:30 p.m. Non-smoking closed discussion meeting, 8 p.m. until 9 p.m.

• Spring Tabernacle Ministries has a faith-based support group for those who need help finding and continuing to walk down the path God has for each of us. Meetings are at 11 a.m. until noon and again at 5:30 to 6:30 p.m.. The classes take place at Spring Tabernacle Ministries, located at 1209 Wright St.

• Weight Watchers meets at 6 p.m. at St. Paul Lutheran Church. Weigh-in is at 5:30 p.m. Weigh-in is confidential and you don't have to talk if you don't want to. Flexible payment options.

• Circle of Hope, a Celebrate Recovery group, meets at 6:30-8 p.m. at Spring Creek Fellowship, located in the College Park Shopping Center. Celebrate Recovery is a Christ-centered recovery program dealing with life's hang-ups, hurts and habits, covering many areas. Circle of Hope group is a ministry of Spring Creek Fellowship. For further information, contact Dale at 432-270-8462.

• Overcomer's: Recovery & Restoration (R&R), a Christ-centered recovery program is held at Cornerstone Covenant Church from 6:30-8:00 p.m.

in the "Green Room" of the East Wing. For more convenient access to the meeting room, park in the back of the church and enter through the metal door across from the fellowship hall. If you need more information, contact the church secretary at 432-264-0015.

• Visual Awareness Support Group (VASG) is open to the public but specifically aimed for people who suffer from vision problems and their caregivers. For more information, call 263-2501.

**FRIDAY**  
• AA open discussion meeting from noon until 1 p.m. at 605 Settles. Open Big Book study meeting, 8 p.m. until 9 p.m.

• Stepping Stone Group of Narcotics Anonymous meets at the Gold Rush Tobacco Shop, 800 E. Third Street. Open meeting at 7 p.m.

**SATURDAY**  
• Alcoholics Anonymous open discussion meeting, 615 Settles, noon to 1 p.m. Open podium/speakers meeting 8 p.m. until 9 p.m. Open birthday night, no smoking meeting the last Saturday of each month at 8 p.m. Covered dish supper at 7 p.m.

**SUNDAY**  
• Alcoholics Anonymous closed meeting from 11 a.m. to noon at 615 Settles. Open meeting 7 p.m. until 8 p.m. retary at 432-264-0015.

## FISD

Continued from Page 1A

other possible projects, including plumbing and electrical work at the junior high/high school and expansion of the district's bus barn.

Although design elements haven't been finalized, Johnson said the new elementary will feature three classrooms per grade level, along with extra space for diagnostic services and special education students, a library/re-

source center, computer labs, a gymnasium and a cafeteria.

Although the district's push for the bond hasn't officially begun, Johnson said he has held meetings with parent and teacher groups on the subject and plans to

hold several more meetings with the public between now and the May election.

Initial public reaction to the proposal has been positive, he said.

"That has been encouraging," Johnson said. "I understand people have

a lot of questions about what we intend to do with the bond money, and we certainly will give them answers, but reaction so far has certainly been encouraging."

In other business, trustees will consider:

• An official order for May trustee elections.

• Discussion and possible approval of a grant for renewable energy.

Contact Steve Reagan at 263-7331 ext. 235 or by e-mail at reporter@big-springherald.com

## CASA

Continued from Page 1A

"Our volunteers ensure that all (the child's) needs are being met while in foster care, whether it be psychological needs, educational needs or the like," Pisklak said. "They also present to the court what they believe are in the best interests of

the child, as far as long-term care is concerned. Also, they advocate for a safe home for that child, whether that means returning them to their parents, placing them with another relative or maintaining them in foster care."

In the past year, Howard County has seen a 28 percent increase in the number of children placed in foster homes.

There are currently 15 CASA volunteers in this area handling 136 cases, Pisklak said.

"We'd like to have 30 volunteers here in Big Spring," she added.

Persons submitting applications must undergo a background check, then pass through an interview process before being accepted as CASA volunteers. A two-week training course follows

before volunteers can begin receiving cases.

Pisklak said the work is demanding, but the rewards are remarkable, if intangible.

"It's just knowing you've made a difference," she said. "You get to see a positive outcome for these children. Our volunteers visit children frequently and develop a relationship with those children.

Often, they're the most constant presence in that child's life.

"There are a lot of people involved as a team helping the child during this process, but I will say I've seen a child's eyes light up when they see their CASA person," Pisklak added.

For more information on the volunteer program, contact Pisklak at 432-683-1114 or 877-

315-8346.

Contact Staff Writer Steve Reagan at 263-7331 ext. 235 or by e-mail at reporter@big-springherald.com

## COLLEGE

Continued from Page 1A

colleges located in urban areas."

In January, representatives with the Texas Association of Community Colleges presented a plan to legislators they believe will result in more stable appropriations.

TACC's proposal would break state funding to community colleges into three areas:

• The number of contact hours the school generates.

• "Core funding," which would provide each community college with \$500,000 annually, regardless of the num-

ber of contact hours generated.

• Ten percent of a school's allocation would be based on how well it achieves performance benchmarks, such as how many students earn diplomas or certificates.

"Ten percent of the community colleges in Texas generate 75 percent of the contact hours," Sparks said. "This approach will provide smaller colleges with stability in funding while, at the same time, addressing the public's interest in accountability at institutions of higher learning."

Sparks said TACC has received positive feedback from legislators

about the proposal.

"The reception so far has been very favorable so far from the House and the Senate," she said. "How that will translate into appropriations remains to be

seen, but so far, it's been encouraging."

In other business Monday, trustees will consider:

• Construction project updates.

• Bids and catalog and

handbook updates.

Contact Staff Writer Steve Reagan at 263-7331 ext. 235 or by e-mail at reporter@big-springherald.com

**COWBOYS STEAKHOUSE AND RESTAURANT**

\$1.00 Off Adults  
50¢ Off Children  
Sunday Only  
11-3 Buffet or  
Any Entree \$7.95 or above  
1 Coupon Per Person  
Must Be Presented For Discount  
Expires 02-28-2013

**CINEMARK**  
Purch Adv Tix @ cinemark.com  
800-326-3264 + Exp 2131#

**CINEMA 4** 1801 East FM 700

As Good Day to Die Hard (R) Digital Sun.: 1:00 4:00 7:00  
Safe Haven (PG-13) Digital Sun.: 2:10 4:50 7:30  
Identity Thief (R) Digital Sun.: 2:00 4:40 7:20  
Escape From Planet Earth (PG) 3D Digital Sun.: 4:35

**Dragon China Buffet**  
1300 Gregg 268-8888

**\$1.00** Off Per Adult  
**.50** Off Per Child  
Up to 10 People  
(NOT FOR CARRYOUT)  
EXP. 02/28/13

**MYERS & SMITH FUNERAL HOME & CHAPEL**  
24th & Johnson 267-8288  
Affordable pre-need planning.

• Swimming Pool  
• Private Patios  
• Carports  
• Appliances  
• Most Utilities Paid  
• Senior Citizens Discount  
• 1 & 2 Bedroom Unfurnished

**PARKHILL TERRACE APARTMENTS**  
800 W. Marcy Drive  
263-5555 267-5444

**Tutor Math and Chemistry**  
Grades 1 Through College

For information visit  
[www.tutorbigspring.com](http://www.tutorbigspring.com)  
or call  
432-270-3100 today  
Auriel A. LaFond

**ADVERTISING SALES REPRESENTATIVE**

The Big Spring Herald is looking for an individual to sell advertising in our retail department. If you like people, are a team player, follow directions, pay attention to detail, have dependable transportation, valid driver's license and liability insurance, and like to make money, we want to talk to you!

We offer an established account list, benefits, paid vacation, and mileage reimbursement.

Apply in person:  
710 Scurry  
Send Resume:  
PO Box 1431  
Big Spring, TX 79721  
Email Resume:  
Advertising@bigspringherald.com  
NO PHONE CALLS PLEASE!

**ESTATE • JEWELRY • STERLING • ART • PRINTS**

CONTINENTAL EST. 45 YEARS

**ANTIQUES SALE!**

Ector Coliseum Bld. D, Odessa, Tx  
Feb. 22, 23, 24 FRI. 10-6, SAT. 10-6, SUN. 11-4

INFO: 281-332-6073

**Gold & Silver Buyer On Site!**  
Exhibitors From Across The Country  
(FREE APPRAISALS ALL WEEKEND)  
ART RESTORATIONS & SILVER POLISHED ON SITE

COINS • DOLLS • FURNITURE • QUILTS • MAPS

**WESTEX Auto Parts, Inc.** Since 1947

**One of Texas' best source of Quality used auto parts**

• 14 acres of dismantled vehicles with over 20,000 sq. ft. warehouse storage  
• Motors • Transmissions • Body Parts • Electrical Parts

(432) 263-5000 1 1/2 mile North of Hwy 350

# EDITORIAL

*“Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.”*

-FIRST AMENDMENT

Opinions expressed on this page are those of the Editorial Board of the Big Spring Herald unless otherwise indicated.

**Bill McClellan** Managing Editor  
**Glenn Stifflemire** Publisher  
**Steve Reagan** Staff Writer  
**Brian McCormack** Sports Editor  
**Thomas Jenkins** Staff Writer

## OTHER VIEWS

# It's all about campaign funds

We're sure that many citizens have noticed that members of the U.S. House and Senate take astonishing amounts of time off, or at least time when they aren't working in Washington. Most go home to campaign frequently — whether or not it's an election year. Another good reason for term limits! And they rarely meet on Fridays or weekends except in the most dire emergencies, such as their frenetic fiscal cliff work at the end of 2012 and start of this year.

Their lack of work on Capitol Hill shows up in bad legislation that many members don't bother to read, in leaving complex and controversial matters so often to the last moment, and in the undue power that legislators' very frequent absences give to the unelected people who staff their offices and who actually write most legislation.

As former Comptroller of the Currency David Walker noted, Congress usually takes all of August and at least a week for every federal holiday. They're off again this week! And other long stretches too, at short notice. The problem seems to get worse and worse as the years roll by.

Consider the equivalent of a full month that it plans to take off this spring — even as America faces major fiscal decisions on automatic spending cuts and President Obama's proposed budget.

Folks on Capitol Hill like to spout off about average Americans' wonderful work ethic. It would be nice if they showed more of themselves when it comes to legislating as opposed to campaigning. We'd also probably have a more effective Congress if members spent more time getting to know each other and each other's legislation and less time flying out of town to their districts, where they denounce fellow solons. And when they are in Washington, they spend an inordinate amount of time on K Street on the phone “dialing for dollars.”

—THE PROVIDENCE (R.I.) JOURNAL

## HOW TO CONTACT US

The Herald is always interested in our readers' opinions.

In order that we might better serve your needs, we offer several ways in which you may contact us:

- In person at 710 Scurry St.
- By telephone at 263-7331
- By fax at 264-7205
- By e-mail Managing Editor Bill McClellan at [newsdesk@bigspringherald.com](mailto:newsdesk@bigspringherald.com).
- By mail at P.O. Box 1431, Big Spring, 79721

## LETTER POLICIES

The Herald welcomes letters to the editor.

- Sign your letter.
- Provide a daytime telephone number, as well as a street address for verification purposes.
- We reserve the right to edit for style and clarity.
- We reserve the right to limit publication to one letter per 30-day period per author.
- Letters that are unsigned or do not include a telephone number or address will not be considered.
- Letters should be e-mailed to [editor@bigspringherald.com](mailto:editor@bigspringherald.com) or mailed to Editor, Big Spring Herald, P.O. Box 1431, Big Spring, 79721.

## A SMALL PRAYER

by K. Rae Anderson

Help us to be more tolerant of others, dear Lord.

Amen

# Dutch oven cooking in Sulphur Springs

For the last eight years, Sulphur Springs has staged a Dutch Oven Cookoff. Rick Wilson is one of the organizers. He's been using the three-legged cast iron pots to cook with since the 1960's when he was in Boy Scouts.

“There's nothing that you cannot cook in a Dutch oven. I've seen such exotic things as salmon and a delicious garlic chicken. We've had pork loin and a prime rib stuffed with lobster. I've seen crepes and baked Alaska, a white chocolate bread pudding and all kinds of candies. One lady makes a tomato cobbler that is out of this world. I have a recipe for what I call lazy quiche. It has bread and eggs and sausage. You've just got to see it to believe it.”

The term Dutch oven has been around for more than 300 years.

The Dutch were experts at producing cooking vessels. Americans added the legs. The ovens became standard ware for colonists and settlers.

Lewis and Clark carried a

Dutch oven with them when they explored the northwest.

They come in different sizes, from four to 30 inches in diameter and are shallow or deep. Modern ones come in a variety of colors.

Rick has more than 15 of them. Sometimes he cooks with a stack of them, saying it takes up less room that way.

He used to cook with his buddy, John Chester. They would sit around a campfire after cooking a meal and dream of staging a Dutch oven cooking event and even teaching Dutch oven cooking. John passed a few years ago and a Hopkins County Historical Society Dutch Oven Cookbook is dedicated to him.

Rick holds classes in Dutch oven cooking, which attract around 40 students. Cooking with a Dutch oven is scientific. He prefers using charcoal.

“Charcoal briquettes carry so many degrees of heat for so much time. We have charts that tell you how many briquettes to put on the top and bottom of each oven to maintain a certain temperature inside it. We've got a lot of people in our contest that do it like I did when I first started and that's to use coals from the fire.

“You regulate your heat inside

the oven with the coals on top of the lid and below the bottom of the oven. You put more coals on top than you do underneath because the top is further away from the food. It's a unique way of cooking and it takes some experience and planning.”

The cookoff usually has about twenty contestants, who compete for cash prizes: \$300 for first place, \$250 for second and \$150 for third.

Then they give special awards for the best meat, bread, dessert and vegetables. Some lady judges inspect how the food looks and awards The Best in Pot prize. The cookers bring in their own food to cook.

“I know there's a lot of cookoffs that furnish everything and everybody is provided the same thing. Here we decided several years ago, after talking with some of our cooks, that they'd rather bring in their own food. That's the reason we have such a variety of food. The only thing we ask of them is that the meat be USDA government inspected and approved. No roadkill.”

*Big Spring resident Bob “Tumbleweed Smith” Lewis is syndicated columnist and host of the “Sounds of Texas” radio show.*



TUMBLEWEED SMITH

## ADDRESSES

### CITY COUNCIL

• **TOMMY DUNCAN**, Mayor — Home: 517-4070; Office: 264-2350.

• **MARVIN BOYD** — 263-8800

• **CARMEN HARBOUR** — Work: 264-2401.

• **MARCUS FERNANDEZ** — Mobile: 816-3923

• **GLEN CARRIGAN** — Home: 263-3207.

• **BOBBY McDONALD** — Home: 263-4835.

Work: 263-1234.

• **CRAIG OLSON** — Cell: 270-0703.

### FEDERAL GOVERNMENT

• **BARACK OBAMA** President The White House Washington, D.C. 20500

• **TED CRUZ** U.S. Senator B40B Dirksen Senate Office Building Washington, D.C. 20510-4305 Phone: 202-228-0462

• **JOHN CORNYN** U.S. Senator 517 Hart Office Building

Washington, D.C. 20510-4305 Phone: 202-224-2934

• **RANDY NEUGEBAUER** U.S. Representative 19th Cong. District 1510 Scurry Big Spring Phone: (432) 264-0722

### STATE GOVERNMENT

• **RICK PERRY** Governor State Capitol, Room 2S.1 P.O. Box 12428

Austin, 78711 Phone: (512) 463-2000

• **JIM LANDTROOP** State Representative Texas 85th District P.O. Box 1105 Big Spring, 79721 Phone: (432) 517-9894

• **KEL SELIGER** State Senator Texas 31st District 401 Austin, Suite 101 Big Spring, 79720 Phone: (432) 268-9909

# The slimmest of all odds

There's nothing to support it, but a fascinating contention looms nonetheless. Lottery opponents say if you want to win the lottery, simply open your window. The odds of purchasing a winning ticket—and one blowing in through your window—are about the same. Odds may be similar on how a museum accident may lead to a man's decision to remove a wedding ring he's worn for 80 years.

The gent is my 100-year-old Uncle Mort, who chanced to read Steve Blow's Sunday column in The Dallas Morning News despite it not being on his Sunday afternoon agenda to do so. He was on his golf cart-headed for the general store on a “non-agenda” mission. He figured there'd be enough cohorts present to discuss global warming, immigration and/or dwindling whooping crane numbers. (At a previous general store confab, his four-some recommended teaching regular cranes to whoop.) Probably, though, the afternoon would be whiled away at the domino table.

He claims he was “zooming” along at about 10 mph — 10 times faster than a cruise ship in tow — when a newspaper blew out of a speeding convertible, shrouding his face.

Mort easily puttered to a stop on the shoulder of the road. He unrolled the newspaper from his noggin, and a column headline caught his eye: “Scary finger injury has a ring of truth.”

Columnist Blow explained how

a visitor to Dallas' Perot Museum of Nature and Science lost a ring finger during a vertical jump to determine how participants “measure up” to athletes' leaps. His wedding ring caught on something.

He came down, but his finger didn't.

Blow went on to tell of several mishaps each month where wedding rings are caught in machinery, on basketball goals or numerous other objects.

This set Mort to worrying; “what ifs” crowded his mind. No longer interested in seeing his buddies, he headed back home. Perusing an encyclopedia, he learned that women have worn wedding rings for centuries, but grooms have commonly worn them only since the end of World War II.

He was pretty sure he could remember to avoid taking vertical jumps in museums, but he feared getting his ring caught in other ways—maybe while pitching horseshoes, baiting fish hooks, saddling horses, sky diving from planes or repairing his golf cart.

How, though, could he convince Maude that continuing to wear his wedding ring could be hazardous to his health?

He likewise questioned himself. Would he feel “less married?”

Mort always claimed that he “wrote the Constitution for his marriage,” but that he's also accepted all of Maude's amendments.

He began by showing her the column. They “tsk/tsked” in unison, shocked that so many accidents each month claim ring fingers.

As they nodded in agreement about possible dangers, my uncle decided it was the right time

to seek permission to remove his wedding ring and keep it forthwith in their lock box.

Mort was surprised how quickly she agreed. However, she added one proviso: His nose ring stays in place ‘til death do they part.

It's unlike Mort to worry about things unworthy of worry.

He's always enjoyed telling about a woman on the adjoining farm who is a world-class worrier. Years ago, she fretted greatly about visiting San Francisco, afraid the fog would prevent her seeing the Golden Gate Bridge, the bay air wouldn't be fit to breathe and that she might get hurt riding the cable car.

Well, she saw the bridge perfectly, and she took deep breaths of crisp bay air. Yet, she feared getting on the cable car. If her foot chanced to contact the rail, would she be electrocuted? A young Californian explained that unless she swung her other leg over the wire above, she had nothing to worry about.

Mort smiled, mostly at the thought of his neighbor's silliness, but also at his own. How could he ever entertain the possibility of putting his wedding ring away?

He'd take his chances on continuing to wear it. That's a heap better than riling Maude, who at such time might vow, “With this ring, I thee sue.”

He headed back to the general store, hoping there'd be one laggard there ripe for a “clock-cleaning” in checkers.

*Dr. Don Newbury is a speaker in the Dallas/Fort Worth Metroplex. Speaking inquiries/comments to: [newbury@speakerdoc.com](mailto:newbury@speakerdoc.com). Phone: 817-447-3872. Twitter: @donnewbury. Web site: [www.speakerdoc.com](http://www.speakerdoc.com).*



DR. DON NEWBURY

# News in brief

## As automatic budget cuts loom, nation's governors urge federal officials to take action

WASHINGTON (AP) — The nation's governors are becoming prominent voices in the fight to cut the federal deficit, warning that Capitol Hill's latest budget stalemate is radiating fresh waves of uncertainty that threatens economic progress in their states.

Gathered in Washington for the annual meeting of the National Governors Association, Republican and Democratic state leaders joined on Friday to condemn massive spending cuts — known as the "sequester" — set to begin on March 1. White House officials warned that inaction could lead to widespread flight delays, shuttered airports, off-limit seashores and hundreds of thousands of furloughed employees spread across dozens of states.

"It is not helpful when Congress and the president and the administration have such partisan gridlock," said Oklahoma Gov. Mary Fallin, a Republican and former member of Congress. "Because their gridlock has real repercussions on the families ... it has real repercussions on our states and our economies."

Vermont Gov. Peter Shumlin, chairman of the Democratic Governors Association, said the nation "cannot afford to put at risk jobs and the recovery."

"The only thing that's standing in the way of prosperity right now is the games being played by the Republicans in Congress," he said following a meeting between Democratic governors and President Barack Obama.

## 6 leaking tanks at Hanford reservation raise more concerns about urgency of nuclear cleanup

YAKIMA, Wash. (AP) — Federal and state officials say six underground tanks holding toxic and radioactive wastes are leaking at the country's most contaminated nuclear site in south-central Washington, raising concerns about delays for emptying the aging tanks.

The leaking materials at Hanford Nuclear Reservation pose no immediate risk to public safety or the environment because it would take perhaps years for the chemicals to reach groundwater, Washington Gov. Jay Inslee said Friday.

But the news has renewed discussion over delays for emptying the tanks, which were installed decades ago and are long past their intended 20-year life span.

"None of these tanks would be acceptable for use today. They are all beyond their design life. None of them should be in service," said Tom Carpenter of Hanford Challenge, a Hanford watchdog group. "And yet, they're holding two-thirds of the nation's high-level nuclear waste."

Just last week, state officials announced that one of Hanford's 177 tanks was leaking 150 to 300 gallons a year, posing a risk to groundwater and rivers. So far, nearby monitoring

wells haven't detected higher radioactivity levels.

## North Korea warns top U.S. commander in South Korea over upcoming military drills

PYONGYANG, North Korea (AP) — North Korea warned the top American commander in South Korea on Saturday of "miserable destruction" if the U.S. military presses ahead with routine joint drills with South Korea set to begin next month.

Pak Rim Su, chief of North Korea's military delegation to the truce village of Panmunjom inside the Demilitarized Zone, sent the warning Saturday morning to Gen. James Thurman, Pyongyang's official Korean Central News Agency said, in a rare direct message to the U.S. commander.

The threat comes as the U.S. and other nations discuss how to punish North Korea for conducting an underground nuclear test on Feb. 12 in defiance of U.N. Security Council resolutions banning Pyongyang from nuclear and missile activity.

North Korea has characterized the nuclear test, its third since 2006, as a defensive act against U.S. aggression. Pyongyang accuses Washington of "hostility" for leading the charge to punish North Korea for a December rocket launch that the U.S. considers a covert missile test.

The U.S. and North Korea fought on opposite sides of the three-year Korean War, which ended in a truce in 1953, not a peace treaty, and left the Korean Peninsula divided by a heavily fortified border monitored by the U.S.-led U.N. Command.

## Colorado teenager accused of kidnapping girl heard telling 911 dispatcher he killed her

GOLDEN, Colo. (AP) — A search that set parents in the Denver area on edge last fall, had neighbors casting a suspicious eye on neighbors, and left a family grieving the loss of a 10-year-old ended with the teen suspect telling a 911 dispatcher: "I murdered Jessica Ridgeway. I have proof that I did it."

He told the 911 dispatcher that some of Jessica's remains were in the crawl space at his mother's house, according to a recording of the Oct. 23 call played in court during his preliminary hearing Friday. Fifth-grader Jessica disappeared Oct. 5 after she left her house to meet a schoolmate two blocks away so they could walk to school together.

A judge ordered Austin Sigg, 18, to stand trial and be held without bail for Jessica's slaying and a May attack on a jogger at Ketner Lake, which is across the street from Jessica's elementary school. In the attack on the jogger, investigator Michael Lynch testified that Sigg used homemade chloroform concocted with a recipe found on the Internet to attempt to subdue a woman.

Lynch testified at the hearing that Sigg first confessed to his mother, telling her that he kidnapped Jessica as she walked past his car, bound her

arms and her legs with zip ties, placed her in the back seat, drove around for a little bit, then took her to his house.

He tried to strangle her, first with zip ties and later with his hands, Lynch testified. He later dismembered her, he said.

## Film delves into Whitney Young Jr.'s civil rights work with corporate America and presidents

WASHINGTON (AP) — Just before the March on Washington in 1963, President John F. Kennedy summoned six top civil rights leaders to the White House to talk about his fears that civil rights legislation he was moving through Congress might be undermined if the march turned violent.

Whitney Young Jr. cut through the president's uncertainty with three questions: "President Kennedy, which side are you on? Are you on the side of George Wallace of Alabama? Or are you on the side of justice?"

One of those leaders, John Lewis, later a longtime congressman from Georgia, tells the story of Young's boldness in "The Powerbroker: Whitney Young's Fight for Civil Rights," a documentary airing during Black History Month on the PBS series "Independent Lens" and shown in some community theaters.

In the civil rights struggle, Young was overshadowed by his larger-than-life peer, Martin Luther King Jr. But Young's penetration of white-dominated corporate boardrooms and the Oval Office over three administrations was critical to the movement. Working with leaders within the system, including three presidents, made him a target of criticism by those who wanted a more aggressive path to racial equality.

An appreciation for what Young brought to the movement came after his death in Nigeria in 1971 at age 49. But it was not sustained, said Dennis Dickerson, author of "Militant Mediator: Whitney M. Young Jr."

## Talk of peace between Pakistani government, Taliban angers victims of violence

PESHAWAR, Pakistan (AP) — Hazratullah Khan, who lost his right leg below the knee in a car bombing, answers immediately when asked whether the Pakistani government should hold peace talks with Taliban leaders responsible for attacks like the one that maimed him.

"Hang them alive," said the 14-year-old, who survived the explosion on his way home from school. "Slice the flesh off their bodies and cut them into pieces. That's what they have been doing to us."

Khan, who is from the Khyber tribal region, pondered his future recently

at a physical rehabilitation center in Peshawar.

"What was my crime that they made me disabled for the rest of my life?" he asked as he touched his severed limb.

## Pa. girl fights to keep playing Catholic league football; archbishop reviewing boys-only rule

DOYLESTOWN, Pa. (AP) — The Roman Catholic church in Philadelphia doesn't need another public relations headache after years of priest-abuse and school-closure headlines, but it's got one in the form of a pony-tailed 11-year-old athlete.

Sixth-grader Caroline Pla is fighting the archdiocese for the right to keep playing church-sponsored youth football.

The soft-spoken twin has been battling boys on the gridiron since she was 5.

She's played the last two seasons in a Catholic Youth Organization league, where the 5-foot-3, 110-pound offensive tackle and defensive end made the all-star team.

But the archdiocese may put the kibosh on her Catholic youth league career. While at least a few U.S. dioceses let girls play football, and about 1,600 girls play on U.S. high school teams, the Philadelphia league is open only to boys.

## Ex-Legion priest testified he witnessed financial improprieties in disgraced religious order

PROVIDENCE, R.I. (AP) — A former priest for the disgraced Roman Catholic religious order the Legion of Christ said in sworn testimony recently made public that he witnessed financial improprieties at the order's operation in Rome.

Father Stephen Fichter, who left the Legion in 2000, testified that the group's founder used large amounts of cash without any accounting and he believed the founder and then-second-in-command gave gifts to people at the Vatican to curry favor with them.

But a spokesman for the Legion said the testimony concerned things that happened years ago and the order's accounting practices are now stricter.

Fichter, who is now a parish priest in New Jersey, gave the testimony in a deposition in November 2011 as part of a lawsuit brought by the niece of an elderly Rhode Island widow, Gabrielle Mee.

Mee bequeathed \$60 million to the Legion before she died in 2008.

The deposition was included in thousands of pages released last week after The Associated Press and other news organizations fought to unseal the court records in the case.

The Big Spring Prospector Club  
 44th Annual  
**UNIQUE**  
 GEM, MINERAL & JEWELRY SHOW  
 March 2 and 3, 2013  
 Saturday 9:00 AM.. 5:00 PM  
 Sunday 10:00 AM.. 5:00 PM  
 Howard County Fair Barn  
 Big Spring, Texas  
 Dealers, Demonstrators, Displays,  
 Spinning Wheel, Hourly Prizes Snack Bar,  
 Jewelry Repair, Stone Setting, and More  
**FREE ADMISSION**

**Charles Myers**  
 Attorney At Law  
 Family Law And  
 Criminal Law  
 Ward & Myers, L.L.P.  
  
**432-683-3700 • Midland, TX**  
 charles@wardmyers.com  
 Not Certified by the Texas Board of Legal Specialization

**Heart disease is still the No. 1 killer of women, causing 1 in 3 deaths each year. Heart disease kills more women than all kinds of cancer combined.**

Learn these **risk factors for heart disease** that you can control:

- **Smoking** puts you at much greater risk for a heart attack, and it's the single greatest cause of preventable death in the United States.
- **High cholesterol.** Know your numbers. A simple blood test can show if your blood cholesterol level is desirable, borderline-high or high.
- **High blood pressure** is often called the "silent killer" because it has no symptoms.
- **Physical inactivity.** Get up and get moving. The American Heart Association recommends at least 150 minutes of moderate exercise every week, which comes to about 30 minutes a day for five days.
- **Obesity** isn't an appearance issue, it's a health issue.
- **Diabetes.** Have your glucose levels checked regularly, especially if diabetes runs in your family.

Source: [www.goredforwomen.org](http://www.goredforwomen.org)



Visit [www.cogdellhospital.com](http://www.cogdellhospital.com) and find us on Facebook!



*This important information is brought to you by the physicians and staff of*

Snyder

## News in brief

### Teachers, parents to stage school rally at Capitol

AUSTIN, Texas (AP) — Students, parents, teachers and leaders from school districts around Texas are set to rally at the state Capitol, demanding the restoration of \$5.4 billion in public education cuts the Legislature approved in 2011.

Former Education Commissioner Robert Scott is among those addressing Saturday's annual rally organized by the advocacy group Save Texas Schools.

With the biannual Legislature now in session, thousands are expected to attend. Turnout was relatively light last year when lawmakers weren't around.

The cuts prompted more than 600 school districts to sue, and a judge ruled recently that funding was inadequate and unfairly distributed. But the state is appealing.

Meanwhile, a bipartisan Texas House group is discussing the possibility of restoring as much as nearly \$1 billion to schools without exceeding current state budget spending limits.

### Suspect arrested in latest Texas A&M bomb threat

COLLEGE STATION, Texas (AP) — A former Texas A&M University employee has been arrested as a suspect in a bomb threat made against the campus alumni center.

A statement from the A&M campus police says Michael Francis Thomas was arrested in Bryan and charged with making a terroristic threat in the Friday morning threat against the Williams Alumni Center. The threat prompted the issuance of a "Code Maroon" advisory.

The statement also said the 43-year-old suspect has been charged in an unrelated credit card abuse case and is "a person of interest" in the bomb threat against A&M's Kyle Field football stadium on Wednesday.

No bombs were found in either threat.

### Famous 'Victory or Death' letter returns to Alamo

SAN ANTONIO (AP) — Brought by police escort and welcomed with honor guards, drawn swords

and a drum roll, the iconic "Victory or Death" letter written by Alamo commander William Barret Travis returned Friday to San Antonio for the first time since it left by courier at the start of the famous siege at the old Spanish mission 177 years ago.

Travis' letter seeking reinforcements to bolster his badly outnumbered rebel Texans failed to prevent their deaths nearly two weeks later on March 6, 1836. But the following month, Alamo-inspired men led by Gen. Sam Houston defeated elements of the same army under the Mexican president, Gen. Antonio Lopez de Santa Anna, in an 18-minute battle outside present-day Houston to win independence for Texas from Mexico.

"This is a day of pride — pride in our state, pride in our history," Michael Waters, chairman of the Texas State Library and Archives Commission, said, calling it a "reunion of two icons of Texas history."

The single-page faded and yellowing letter, with Travis' some 200 words written on both sides, arrived by police motorcycle escort in a truck with Massachusetts license plates that backed up on the grounds of the Alamo.

It's to be displayed for 13 days inside the shrine, beginning Saturday.

With a drum roll in the background, four police officers reverently carried a blue crate containing the letter through an arch of sabers held by members of the Texas A&M Corps of Cadets and into the mission.

Travis' letter, written Feb. 24, 1836, was addressed to "the People of Texas and All Americans in the World."

"I call on you in the name of Liberty, of patriotism & everything dear to the American character, to come to our aid, with all dispatch," the 26-year-old lawyer wrote. He also promised: "I shall never surrender or retreat."

### Dozens of Texas airports could be hit by shutdown

DALLAS (AP) — Federal officials say air traffic control centers at 25 smaller Texas airports could close or see hours reduced if automatic federal spending cuts take effect next week.

Travelers should expect delays when the cutbacks begin in April, the officials say.

The Federal Aviation Administration said Friday that the reductions are part of its plan to cope with a spending reduction of \$600 million during the rest of the fiscal year, which runs through Sept. 30.

The FAA said it is considering furloughing most of its 47,000 employees for one day every two weeks — in effect, a 10 percent reduction in staffing — and closing more than 100 air traffic control centers, including 19 in Texas. Overnight shifts could be eliminated at more than 60 additional airports, including six in Texas.

The largest airports, such as Dallas Fort-Worth International Airport and Houston's Bush Intercontinental Airport, are not on FAA's list of potential closures or cutbacks.

U.S. Transportation Secretary Ray LaHood and FAA chief Michael Huerta said Friday in a letter to aviation industry trade groups that the agency "may reduce the efficiency of the national airspace in order to maintain the highest safety standards."

Flights to major cities like New York, Chicago and San Francisco could have delays of up to 90 minutes during peak hours.

Airlines are likely to cancel some flights if they expect problems, similar to the way that they reduce flights during bad weather to avoid overloading a weakened air-travel system.

### Texas woman gets suspended sentence in hit-and-run

AUSTIN, Texas (AP) — A former Texas Capitol staffer has received a suspended sentence a day after being convicted of a 2011 hit-and-run that left a pedestrian dead.

A jury Friday recommended Gabrielle Nestande (nes-TAND'-ee) receive a suspended 10-year sentence and be issued a \$10,000 fine. The Travis County jury convicted the 25-year-old Nestande on Thursday of criminally negligent homicide.

The Austin woman worked for state Rep. Wayne Christian of Center at the time of the May 2011 accident that killed 30-year-old Courtney Griffin.

Griffin's body was discovered in a driveway. Officers located a nearby car with a broken windshield. The vehicle was traced to Nestande.

Judge Karen Sage has ordered a pre-sentencing review, and the final terms of Nestande's punishment will be determined at a hearing March 25.

# Need Money For College?

We will help you get it!  
**FREE Financial Aid Workshops**

**March 2, 2013**  
**10:00am - 3:00pm**

Get access to the money you need for college. You will have the opportunity to meet with financial aid professionals who will help you apply for financial aid using the Free Application for Federal Student Aid (FAFSA). The FAFSA is used to determine your eligibility for federal and state financial aid programs such as grants, loans, and work study. Bring all 2012 tax information for both student and parents. (i.e., W2s, tax return, etc.)

HOWARD  
**HC**  
COLLEGE

**HOWARD COLLEGE**

**Steps Lab - 2nd floor**  
**Old Main Building**  
**(Administration Building)**

1001 Birdwell Lane

**264-5000**

[www.howardcollege.edu](http://www.howardcollege.edu)



# Odds and ends

## Feds: Meth found in chicken buckets in Ariz.

TUCSON, Ariz. (AP) — Authorities say two women aboard a commercial shuttle van in Arizona have been arrested after Border Patrol agents found methamphetamine hidden in two buckets of chicken.

Border Patrol says the agents discovered the drugs Thursday during a stop at an Interstate 19 checkpoint near Nogales.

Authorities say the drugs weighed about six pounds and were valued at more than \$58,000.

The suspects have been held pending federal prosecution, and the methamphetamine has been turned over to the Drug Enforcement Administration.

The identities of the suspects were not immediately released.

## Adolf Hitler stumping for votes in Indian election

GAUHATI, India (AP) — Adolf Hitler is running for election in India. So is Frankenstein.

The tiny northeast Indian state of Meghalaya has a special fascination for interesting and sometimes controversial names, and the ballot for state elections Saturday is proof.

Among the 345 contestants running for the state assembly are Frankenstein Momin, Billykid Sangma, Field Marshal Mawphniang and Romeo Rani. Some, like Kenedy Marak, Kennedy Cornelius Khyriem and Jhim Carter Sangma, are clearly hoping for the electoral success of their namesake American presidents.

Then there is Hitler.

This 54-year-old father of three has won three elections to the state assembly with little controversy over being named after the Nazi dictator.

His father had worked with the British army, but apparently developed enough of a fascination with Great Britain's archenemy to name his son Adolf Hitler — though he also gave him the middle name Lu, Hitler said.

"I am aware at one point of time Adolf Hitler was the most hated person on Earth for the genocide of the Jews. But my father added 'Lu' in between, naming me Adolf Lu Hitler, and that's why I am different," Hitler told The Associated Press from the small village of Mansingre, 200 kilometers (125 miles) west of Gauhati, the capital of the nearby state of Assam.

Hitler said his name has not stopped him from traveling the world, including to the United States and Germany.

## Public works employee retrieves ring from sewer

GRAND RAPIDS, Mich. (AP) — It's not unusual for the Grand Rapids public works department to get calls about cellphones or keys being flushed down the toilet.

A wedding ring? Well, that's a bit more rare.

Joe Myers called this week to say he'd accidentally flushed his \$500 band.

Storm water maintenance supervisor Kathie Kuzawa tells Mlive.com public works employee Adam Wohlfert went to Myers' home, set up a filtering device on a nearby sewer line and, in less than two hours, retrieved the ring.

Myers and his wife, Angela, took apart the toilet to search for the titanium band holding three diamonds, but had no luck locating it.

So they called the city for help.

Angela Myers says the ring "was a piece of metal that meant nothing to" Wohlfert, "but he cared."

## Gelatinous sea creatures wash up in Washington

SEATTLE (AP) — The same gelatinous sea creatures that clogged the intake at California's Diablo Canyon nuclear power plant last spring have shown up this winter on the Washington coast, marine life experts say.

The harmless jellyfish-like animals are called salps.

They've been found by clam diggers and turned up in the pots of crab fishermen who have been asking what they are, said state Fish and Wildlife Department biologist Dan Ayres at Montesano.

He hasn't seen them in more than 30 years and says their appearance now is unusual, but not alarming.

"I suspect these guys came from the deep ocean," Ayres said Wednesday. "Why they've been washed up is a question I can't answer."

Salps are common in the blue water off Oregon and Washington, said Rick Brodeur, an oceanographer known as the "jellyfish person" at the National Oceanic and Atmospheric Administration's Northwest Science Center in Newport, Ore.

Salps turn up in survey nets, and their numbers vary from year to year. Their appearance on the Washington coast could mean their numbers are increasing for some reason or a current has brought them onshore.

"Sometimes fishermen bring us stuff and say, 'This is really weird,' but they just don't see them" often, Brodeur said Thursday. "It doesn't mean it's a long-term change."

Masses of salps last April off California's central coast clogged cooling water intake screens and forced operators to shut down a Diablo Canyon reactor.

## Oregon Zoo sea otter has talent for hoops

PORTLAND, Ore. (AP) — Nothing but net? No problem for one sporty sea otter at the Oregon Zoo.

Eddie the otter has been trained to dunk a basketball through a small plastic hoop. It's an exercise a veterinarian recommended for his arthritic elbows.

Eddie is 15, quite old for a sea otter. But as they put it at the Oregon Zoo, he's got game.

Eddie makes most of his shots. But when he misses, he hits the boards, grabs the rebound and goes up again until he scores.

Keeper Jenny DeGroot notes sea otters have incredible dexterity, so Eddie's hidden talent for hoops isn't that surprising.

No word on whether the Portland Trail Blazers are interested in signing the sea otter to help snap their six-game losing streak, but coach Terry Stotts did major in zoology.

## Royal penguin stranded on New Zealand beach dies

WELLINGTON, New Zealand (AP) — A royal penguin that became stranded on a beach more than 1,000 miles from its sub-Antarctic home has died at a New Zealand zoo.

The penguin was emaciated and suffering kidney failure when it arrived at the Wellington Zoo after being found Sunday by hikers.

The zoo did the best it could, Lisa Argilla, the facility's veterinary science manager, said Friday. They suspect the penguin suffered multiple organ failure. It was severely underweight, she said, and had no reserves.

The penguin was about a year old, 50 centimeters (20 inches) long and weighed about 2.7 kilograms (6 pounds) when it arrived, Argilla said. Royal penguins can grow to about 75 centimeters (30 inches) and 5.5 kilograms (12 pounds).

They have a yellow crest, eat krill and squid and generally live around Macquarie Island, about halfway between New Zealand and Antarctica. They are considered a threatened species but not endangered. They shed all their feathers during an annual molt, which the New Zealand penguin had been doing when found. Its sex had not been determined.

## Possible mammoth tooth found in waters off NH

RYE, N.H. (AP) — A New Hampshire fisherman has discovered whale vertebrae, porpoise skulls and an old fuel tank that he thought was a treasure chest. Now, he may have hit the big time: a possible mammoth tooth.

Mike Anderson of Rye was fishing for scallops near Rye Harbor on Tuesday when he winched up the dredge he trawls behind his boat and noticed a 6-inch, triangular object amid the scallop shells and rocks.

"We knew right off it was a tooth because it has a nerve at the top," he told the Portsmouth Herald.

Will Clyde, a University of New Hampshire associate professor of geology, said it may be a fossilized mammoth tooth.

He said mammoth and mastodon bones have been dragged up before in nearby waters, although they're more commonly found in the western and southern parts of the country.

# Oil & Filter Sale

Hurry! Sale ends February 28, 2013



All John Deere Filters **18% OFF**

All packaged oil **15% OFF**



204 N Hwy 385  
Seminole, TX  
432.758.1110

West Hwy 83  
Denver City, TX  
806.592.3501

18770 Alameda  
Tornillo, TX  
915.764.2263

125 Hwy 192  
Mesquite, NM  
575.233.0123

3850 Columbus Hwy SW  
Deming, NM  
575.546.2773

3993 Tractor Trail  
San Angelo, TX  
325.653.4541

8631 Hwy 67  
Ballinger, TX  
325.365.5773

3011 N US Hwy 87  
Big Spring, TX  
432.263.8344

### BARGAIN MART

Discount Foods

Sale Starts February 25th 403 Runnels, Big Spring, TX Open Mon.-Sat. 9-6:30 Sale Ends March 2nd

**SUGARDALE JUMBO HOT DOGS**  
**\$1.69**  
3-LB.

COBURN MUNSTER CHEESE **\$1.29**  
6-OZ.

CHEESE STICKS **59¢** LB.

ROTISSERIE CHICKEN **99¢**  
WHOLE

ONION RINGS **89¢**  
2.5-LB. BOX

### KLEENEX TISSUE

**69¢**  
100-CT.

D-GARI GELATIN MIXES **10/\$1.00**  
6-OZ.

WYLMWOOD CUT SWEET POTATOES **2/\$1.00**  
29-OZ.

BARCEL CHURRITOS CHIPS **4/\$1.00**  
9.6-OZ.

FRESH AVOCADOS **39¢** EACH

### FARMINGTON BREAKFAST SAUSAGE

**2/\$1.09**  
16-OZ.

## Four area teams advance, two fall in basketball playoffs

By **BRIAN MCCORMACK**  
Sports Editor

**BOYS Forsan**  
MONAHANS — Forsan Head Coach Gary Huckabee watched as his team's season came to a close Friday at the Jerry Larned Sports Complex, falling to El Paso Harmony 78-56.

The Buffaloes started the area playoff game strong, topping the Tigers 18-14 in the first period, but a 16 point deficit in the second quarter was too much for Forsan to overcome.

Kade Fannin put up 15 points and had 16 rebounds, while Aric Hernandez and Tyler Evans each added 11 for the Buffs, who were outscored 44-21 in the middle quarters.

Two of El Paso's guards — Ivan Gutierrez and Bryan Urrutia — combined for 12 three-point shots and 47 points overall during the outing.

"Overall, it was a great season," said Huckabee, who led his squad to a 21-10 record, including an 8-2 district run.

"We were up against a very good basketball team. We took the lead and held it until the second quarter when Ivan Gutierrez hit us with four 3-pointers to help the Tigers pull away. We made a couple of runs, but we couldn't regain the lead."

Huckabee's goal was to make it further into the playoff than last season. That was accomplished, as the Buffs went one round deeper into the postseason. He also has high hopes for next year.

"I definitely think we will be back next season," Huckabee said. "Coach Richardson did a great job coaching the junior varsity team and Coach Hillger did a great job with the ninth grade. I'd be shocked if we weren't in the playoffs again next year."

Despite having plenty of returning talent, Huckabee credited his seniors as the driving force behind this year's success.

"Our seniors were a good group and they provided a lot of good leadership," Huckabee added. "They pulled us out of several games. (Hernandez) shot very all season, Dillon (Bagnall) was our in-bounder and he really did a good job for us. And we will definitely miss Jerol Womack's height. Jansen McDonald was a great team leader and such a blessing to have on our team. Everyone respects him quite a bit."

**Garden City TUSCOLA** — Garden City kept on rolling Friday, this time dispatching May, 62-49 at Jim Ned High School in a Class A, D-II area playoff bout.

The Bearkats' Big Three — Corbin Davis, Juan Bustos and Sam Miller — combined for 44 points as Garden City continued to overwhelm its opponents with an explosive offense.

Down by three at the end of the third, it appeared to be anybody's game. That is, until Garden City caught fire. Scoring 33 points in the final stanza, the Bearkats (23-8) punched a ticket to the regional quarterfinal round where they will face Ira at a place and time to be announced.

**Other boys playoff scores:**  
• **Grady** defeated Balmorhea, 94-60. Next; regional quarterfinal vs. Ropes, TBA.  
• **Sands** defeated Fort Davis, 58-47. Next; regional quarterfinal vs. Petersburg, TBA.

**GIRLS Garden City ABILENE** — To say the

See **PLAYOFFS**, Page 9A



HERALD file photo/visit [www.claxtonphotography.com](http://www.claxtonphotography.com)  
Forsan's Tyler Evans attempts a shot during a game earlier this season. The Buffs were eliminated from the playoffs with a 78-56 loss to El Paso Harmony on Friday.



Courtesy photo/Valerie Avery  
Grady's Elyn Avery gets a hug from her father and Head Coach, Jimmy Avery, after her last win. The Lady Wildcats lost to Whitharral on Friday, 59-28.

## Danica Patrick brings new eyes to NASCAR and Daytona 500

JENNA FRYER  
AP Auto Racing Writer

DAYTONA BEACH, Fla. — The big boys brought their little girls to see NASCAR's shining star.

Jeff Gordon, Carl Edwards and Jimmie Johnson all took their daughters to meet Danica Patrick this week at Daytona International Speedway.

It was the ultimate backstage pass.

Patrick dropped to one knee, wrapped her right arm around Ella Gordon's waist and posed for pictures as the 5-year-old flashed an endless grin in Victory Lane last week. Every day since, Patrick's crew has handed out dozens and dozens of lugnuts to little girls clamoring for souvenirs. Annie Edwards wore Go-Daddy green shoes for the special occasion. Evie Johnson recognizes only two cars, her Dad said — his and the green one.

"Carl was saying it's good that she sees me in real life and in person because 'To her, you are like some mythical creature that doesn't exist,'" Patrick said. "Then after qualifying, Jimmie

Johnson brought his little girl over. That's three pretty big drivers who have little girls that wanted to meet me."

Danicamania is in full bloom at Daytona — and with a brand new audience.

The first woman in history to earn the top starting spot in a race at NASCAR's elite Sprint Cup Series, Patrick will bring new eyeballs to Sunday's season-opening Daytona 500. She'll lure in casual sports fans, women who don't know a muffler from a manifold, and little girls in awe of the glamorous driver and her fast green car.

It's an ambassador role Patrick has played since her 2005 debut at the Indianapolis 500, where she became the first woman to lead laps in the biggest race in the world. But it's so much more now.

"You can only lead by example and I don't necessarily want my example to step outside the box and be a girl in a guy's world. That's not what I am trying to say," Patrick said. "But if you have a talent for something, do not be afraid to follow through

with it and not feel different. Do not feel like you are less qualified or less competent to be able to do the job because you are different. Ignore that and let it be about what your potential is."

And right now, she believes her potential is to win "The Great American Race."

Patrick starts first on Sunday, next to four-time champion Gordon, and after running 32 laps in Friday's practice and mixing it up with NASCAR's biggest stars, she was more convinced than ever that she can be a player in the race.

"Can I win? Yeah. Absolutely," Patrick said. "I feel comfortable in this kind of race situation. I feel comfortable in the draft. I feel comfortable that the speeds are not a problem. I know I am inexperienced. I know I am a rookie out there. I will do the best job I can to win. I do believe I have a chance to win. I do believe experience would help, but that doesn't mean I don't have a chance to win."

Crew chief Tony Gibson

See **PATRICK**, Page 9A

# Supporting Local & Area Sports!



Higginbotham Bartlett Co. True Value

1900 E. FM 700

432-263-7441



# U.S. joins fraud lawsuit against Lance Armstrong

WASHINGTON — The Justice Department joined a lawsuit Friday against disgraced cyclist Lance Armstrong that alleges the former seven-time Tour de France champion concealed his use of performance-enhancing drugs and defrauded his longtime sponsor, the U.S. Postal Service.

The lawsuit alleges that riders on the postal service-sponsored team, including Armstrong, knowingly violated their postal service agreements by regularly using banned substances and methods to enhance their performance.

"Lance Armstrong and his cycling team took more than \$30 million from

the U.S. Postal Service based on their contractual promise to play fair and abide by the rules — including the rules against doping," said U.S. Attorney Ronald Machen, whose office is handling the case. "The Postal Service has now seen its sponsorship unfairly associated with what has been described as 'the most sophisticated, professionalized and successful doping program that sport has ever seen.'"

In recent weeks, settlement discussions had been under way between the Justice Department and Armstrong's lawyers. A person familiar with the negotiations said Friday the two sides are tens of millions of dollars apart on

how much Armstrong should pay to settle the case. The person spoke on condition of anonymity because the source was not authorized to speak on the record about the private talks.

From 1996 through 2004, the postal service sponsored a professional cycling team run by Tailwind Sports Corp., and Armstrong was the lead rider. From 1999 to 2004, he won six consecutive Tour de France titles. The suit also said Johan Bruyneel, the team's manager, knew that team members were using performance-enhancing substances and facilitated the practice.

The Justice Department notified the federal court that it is joining the

lawsuit against Armstrong, Bruyneel and Tailwind and will file its formal complaint within 60 days.

In announcing it was joining the case, the Justice Department emphasized Armstrong's concealment of his activities and said the cover-up went back to at least 1998.

"The U.S. Postal Service Cycling Team was run as a fraudulent enterprise and individuals both inside and outside of sport aided and abetted this scheme and profited greatly," said Travis Tygart, CEO of the U.S. Anti-Doping Agency. "USA-DA applauds today's action by the

See **ARMSTRONG**, Page 10A

## PATRICK

Continued from Page 8A

was even more convinced he's got a winner for Sunday. He was part of Derrike Cope's improbable 1990 victory, when Cope inherited the win when the late Dale Earnhardt blew a tire on the final lap.

"She has got the talent," Gibson said. "She's already proven in the Nationwide Series, from what I've seen on the speedway stuff, she definitely gets the respect. People know she's fast. She can draft. She knows how the air works. She gets a lot of that from IndyCar. So I have 100 percent confidence she can win the Daytona 500."

"I remember Derrike Cope, nobody gave him a chance, either, but I saw him in Victory Lane. I know it can be done."

But the Daytona 500 is a pressure-packed race unlike anything except the Indy 500. Some of the best drivers never win it — it took seven-time

champion Earnhardt 20 tries to finally get his lone win — and Tony Stewart, Patrick's teammate and car owner, goes into Sunday's race seeking his first victory in 15 tries.

He's been quiet all week, except, of course, for the nine-car accident he started in an exhibition race last weekend. He lamented afterward, "That is why I haven't won a Daytona 500 yet. I'm not quite sure exactly which move to make."

Don't be fooled, though, by the three-time NASCAR champion. Stewart might just like being out of the spotlight as he heads into one of the few races missing from his resume, and being the favorite for the 500 has never worked out for him before.

He wrapped up his practice with one final run Friday to test his race engine and wound up on top of the speed chart. It was Stewart's intention to sit out Saturday's final day of practice.

"I'm excited we've made it through the

whole week without a scratch on the car," he said. "We are as ready as you can get for the 500. I feel like we've got a car capable of winning the race. It's just a matter of whether the driver does a good job with the steering wheel."

The title of favorite this year goes to Kevin Harvick, who has two wins in two races so far at Speedweeks. The driver has dominated in his Richard Childress Racing Chevrolet, led 63 of a possible 135 laps and didn't even bother to take the cover off his car in Friday's two practice sessions.

Harvick, the 2008 race winner, has come into the year with both focus and some inner peace after a pair of life-changing moments. His first child, son Keelan, was born after last July's race at Daytona. Then, in November, Harvick made the difficult decision to leave RCR after his 13th season with the organization that brought him into NASCAR and gave him his Cup ride the week after Earnhardt was killed in

the 2001 Daytona 500.

He'll drive for Stewart-Haas Racing, but is determined to make this last year with RCR count.

"Everybody is just working toward the same goal, that's winning the races," Harvick said. "We have to be professional anyway, whether it's lame duck or not. You can call it whatever you want. We're going to have a helluva lot of fun racing, having a good time, doing our jobs."

The 500 will be the first with a full 43-car field racing NASCAR's new Gen-6 car, which was designed all last season

with input from teams, drivers and the manufacturers.

Part of the intent was to design a car that more closely resembled what the automakers sell in the showrooms, and NASCAR succeeded in that area.

But NASCAR also needed a car that produced better on-track racing, and the verdict is not in yet.

There's a lot of unknowns with the Gen-6 heading into Sunday, partly because drivers spent Speedweeks learning as much as they can about how it handles on the track. All three races so far have been largely uneventful, resembling

something closer to a long parade rather than a high-speed spectacle.

If not for Kyle Busch's win in a Toyota in the second of Thursday's twin qualifying races, it would so far be a Chevrolet rout with Harvick taking the new SS to Victory Lane twice and Patrick winning the pole in her Chevy.

All bets could be off on Sunday, Busch warned.

"It might be we all ran single file because we were scared to run side-by-side," Busch said after Thursday's win. "I don't know. I was ready to put on a show, but I didn't have enough people around me to make one happen."

## PLAYOFFS

Continued from Page 8A

No. 13 LadyKats' defense was suffocating during Friday's regional semifinal match against Clyde Eula is an understatement.

Garden City (29-5) smothered the Lady Pirates 45-9, making them the second team GCHS has held to single digits this season. But not even Head Coach Chris Sumrall expected such a showing this deep into the playoffs.

"We're pretty proud of the way we defended and I hope we continue to do it," Sumrall told Greg Sherman of KBYG Big Spring. "Both teams struggled early offensively, but I think a lot of that was nerves."

Sumrall was referring to first period, in which only seven total points were scored between both teams.

By the midway point in the second quarter, however, Garden City's nervousness had clearly dissipated.

A 32-0 GCHS run stretching from the second to fourth quarters took the wind out of Eula's sails, but it was the Lady Pirate's 29 turnovers — many of them forced — which led to the lopsided victory.

Sumrall knows his competition is about to get stiffer as the LadyKats find themselves just two wins away from a state championship tournament appearance.

"Right now," Sumrall said. "We're going

to worry about tomorrow."

Highland — who pulled off a 55-37 upset over Baird — was Sumrall's opponent in the regional final. Game time was set for 2 p.m. Saturday. Results will be in Monday's edition of the *Herald*.

Hannah Halfmann led the LadyKats with 11 points, Brylie Schaefer and Holly Halfmann each added 10 in the rout.

### GRADY

LEVELLAND — All season long, the Grady girls have been making mince meat of their opponents. They went undefeated in district play and racked up a 27-6 overall record, but Friday, the Lady Wildcats found themselves in unfamiliar territory — with their backs against the wall.

Ellyn Avery and Cayley Oppgard — Grady's top scorers throughout the year — were each held to just seven points as they saw their season come to a close with a 59-28 loss against No. 2 Whitharral.

The Lady Wildcats helped contribute to their own demise by committing uncharacteristic turnovers

which led to Whitharral points. 10 turnovers in the first half helped the Lady Panthers build a 23-11 lead at the halfway mark.

Things went downhill from there as Grady was outscored 37-17 in the remaining two quarters.

"They're just a great team," GHS Head Coach Jimmy Avery said of Whitharral to the Lubbock Avalanche Journal. "They go inside out. They've got good guards, good post — they have no flaws. I mean, they're the state champions. There's no doubt in my mind. Ain't nobody going to beat them."

The loss may have been a bittersweet one. Whitharral is Avery's hometown. State tournament success may have eluded Avery this season, but he already has one championship under his belt — a 2008 title won while he was coaching at Jim Ned — and he will be returning next along with a talented squad of underclassmen.

Contact Sports Editor Brian McCormack at 263-7331 ext. 237 or by e-mail at sports@big-springherald.com

## West Texas Boys Ranch



### WAYS TO INVEST IN OUR "BOYS"

- Gifts-In-Kind
- Cash Contributions
- Estate Planning
- Proceeds from Livestock
- Prayers for our boys

www.wtbr.org

325-949-1936



CHEVY TRUCK MONTH

### THE MOST - DEPENDABLE, LONGEST - LASTING FULL SIZE PICKUP ON THE ROAD

## 2012 Colorado Ext. Cab 1LT 2WD

\$23,765 MSRP  
\$1,500 REBATE  
\$500 DEALER DISCOUNT



STK# 12242T

\$21,765

## 2013 1500 Reg. Cab

\$27,220 MSRP  
\$2,500 REBATE  
\$600 DEALER DISCOUNT  
\$750 TRUCK MONTH BONUS CASH  
\$1,000 Trade-In Allowance\*



STK# 13096T

\$22,370\*

## 2013 1500 Ext. Cab LT 2WD Texas Edition Package

\$33,860 MSRP  
\$3,000 REBATE  
\$1,500 DEALER DISCOUNT  
\$1,000 TEXAS EDITION BONUS  
\$750 BONUS  
\$1,000 Trade-In Allowance\*



STK# 13116T

\$26,610\*

TO GUARANTEE OUR QUALITY, WE BACK IT  
**100,000-MILE/5-YEAR**  
POWERTRAIN WARRANTY

# POLLARD

## Chevrolet-Buick-Cadillac

See Our Listings @ pollardchevy.com

TT&L Not Included - On Eligible Vehicles '99 Or Newer\*

1501 E. 4th

(432) 267-7421

# Skill position stars use combine as proving ground

INDIANAPOLIS (AP) — Matt Barkley and Landry Jones made some tough calls last season.

Instead of taking first-round money and leaving school early, they decided to stick around, hone their skills, chase a national championship and improve their draft stock.

With the NFL draft about two months away, the two quarterbacks once billed as Heisman Trophy front-runners are now trying to improve to enhance their chances of being selected early.

"I've learned a lot in this past year that you can't teach in a classroom," Barkley said Friday at the NFL scouting combine. "You have to learn through experience in regards to handling adversity at its peak. You have to get guys going in the locker room, in the huddle, on the practice field when you're not playing for the postseason. It allowed me to step up and be that voice."

It's unclear whether that will help Barkley in a year where there is no clear-cut top choice, even among the quarterbacks.

Scouts saw Barkley and Southern California's shot at a national championship — and his chance for the Heisman — come crashing

down in a season that went terribly wrong. Becoming the first quarterback taken in the draft took a hit when he sprained his right shoulder in a late-season loss to cross-town rival UCLA. Barkley never took another college snap, and though he acknowledged Friday the rehab program is on track, critics are already wondering why he won't throw until his March 27 pro day.

Barkley also may find himself answering questions about a locker room dust-up that followed the Trojans' Sun Bowl loss to Georgia Tech.

"It was a normal football locker room environment. That happens all the time, trust me. It happens all the time on teams across the country," Barkley said. "It was nothing out of hand. It was guys exchanging words and wanting to set the record straight. But the captains, myself and some of the other seniors, we had everything under control."

The concerns about Jones have nothing to do with health.

In 2012, he actually threw for more touchdowns, a higher completion percentage and had fewer interceptions and a better efficiency rating than in the previous season. But the perception after Oklahoma fell out of the title chase

was that Jones failed to improve his poise in the pocket or his footwork. His performance at the Senior Bowl (3 of 9 for 16 yards with two sacks) raised more red flags.

Jones believes the extra year in college has made him better.

"I think I showed the things that I wanted to improve on," he said after measuring in at 6-foot-4, 225 pounds in Indy. "I shortened my motion and move around in the pocket a lot more than I have been."

There are so many concerns about this year's class of skill players, some analysts believe the unthinkable could happen: an entire first round without a quarterback or running back selected.

Right now, the top-rated quarterback is believed to be West Virginia's Geno Smith, like Jones and Barkley a drop-back passer. Others expect North Carolina State's strong-armed Mike Glennon to be a fast riser as the draft nears.

The quarterbacks aren't alone.

At running back, the list of potential first-round options essentially ended when South Carolina's Marcus Lattimore shredded his right knee in a gruesome scene Oct. 27. His pitch is that he will be the same spectacular runner

when he returns, like two other NFL superstars who came back from devastating knee injuries.

"There will never be another Adrian Peterson, but that gives me a lot of motivation knowing that he came back from it. That's what I plan on doing, just coming back better," Lattimore said. "I feel like we both run hard. (Peterson) runs like nobody is there. He runs with total destruction."

"I feel like if I could compare my game to anybody, it would be Frank Gore. I feel like he's got low pads, he's got great vision, he can see the field and (has) great balance."

If Lattimore isn't the guy, the next best hope might be record-setting runner Montee Ball of Wisconsin. Critics complain he does not have enough speed to be a break-away threat or enough size to be a power back.

There's also Alabama running back Eddie Lacy, the SEC championship game MVP, who must show he can stay healthy after a college career that included toe, knee, ankle and foot injuries.

Those guys will at least have a chance to prove themselves on the field at the combine and pro days between now and late April.

Receiver Da'Rick Rogers

has the much tougher sell.

Yes, he's talented, but the receiver was booted off the Tennessee roster in late August after failing a drug test, transferred to Tennessee Tech and came out of school a year early.

"Those are things that I've been working on since I've left Tennessee. It was a real humbling experience for me," Rogers said. "I feel like it did help me in the long run. It's sad that it happened like that. For me, personally, it made me change who I was and what I was doing wrong."

All that's left is for the NFL's decision-makers to render their judgments on the biggest questions of all:

— Has Rogers really made that big a change in six months?

— Can Lattimore be the player he once was?

— And are Barkley and Jones worth high draft picks?

"Every year is not going to be the same," Barkley said in making his case. "You can't get better every single year. It's physically impossible to keep throwing for more yards, more yards, more yards every year. There's going to be some years where it just doesn't click or things don't go as planned."

## Want Immediate Results? Try the NEW

# i-lipo

## Ultra

- FDA Approved
- Clinically Proven
- No Surgery Required
- Safe & Painless

Call Today To Schedule  
An Appointment!

**Dr. Steve Ahmed**

1700 W. FM 700  
Big Spring, TX 79720  
www.bodyfocusspa.com  
(432) 264-1900

\*OFFER SUBJECT TO CHANGE

## Carter's 3 pulls Mavericks past Hornets

NEW ORLEANS (AP) — Dirk Nowitzki knows a vintage Vince Carter performance when he sees it.

So with a subtle nod, Nowitzki gave Carter the green light to take a crucial shot in the final seconds, and could not have been more pleased with the result.

Carter capped a 22-point performance with a 3-pointer that gave Dallas the lead with 6.5 seconds left, and the Mavericks held on for their third straight victory, 104-100 over the New Orleans Hornets on Friday night.

"I looked at him to see what he wanted," Carter said of Nowitzki, who was supposed to get the shot with the Mavericks trailing 100-99. "He gave me the nod to go ahead. Yes sir."

"I've never been afraid to take the big shot," said Carter, now in his 15th season. "I've never been afraid of the consequences, good or bad. I just throw all that stuff

out of the window."

Nowitzki, who scored 25 points, said he and Carter noticed New Orleans making a defensive switch in the final few possessions, resulting in 7-foot forward Jason Smith covering Carter. When it happened just inside the final minute, Carter tried to drive on Smith, and found Mike James open in the left corner for a clutch 3 that made it a one-point game.

After New Orleans point guard Greivis Vasquez seemed to lose control of a shot that barely touched the front rim, Dallas started to set a play for Nowitzki and Carter wound up with the ball on the perimeter, again guarded by Smith.

"Since he just drove him the other time, I think Smith backed up a little bit and he just quick-shot him," Nowitzki said. "His 3 has been almost automatic the last couple weeks. He's been

shooting it with confidence. He's been shooting it deep and that was a heck of a shot."

As the shot went down and New Orleans called for a timeout, Carter walked purposefully back to the Dallas bench without smiling, though he did exchange intense slaps of hands with Nowitzki and several other teammates.

"We're playing for a lot of marbles, of course, just trying to get ourselves back into the (playoff) race," said Carter, who hit five of his seven 3-point attempts, and also made some contested off-balance, driving floaters, including one as he fell over the baseline while being fouled.

Elton Brand added 13 points for Dallas (25-29), which is 4½ games out of the last Western Conference playoff spot with 28 games left. Darren Collison scored 11, hitting a pair of free throws with 3 seconds left for the final margin.

## ARMSTRONG

Continued from Page 9A

U.S. Department of Justice which holds promise for returning the many millions of federal dollars in ill-gotten gains generated by this fraud."

Last month, USADA lobbied Attorney General Eric Holder for the Justice Department to join the lawsuit against Armstrong. It was USADA's investigative report in October that led to Armstrong being stripped of his medals.

An Armstrong lawyer, Robert Luskin, said negotiations with the government failed because "we disagree about whether the postal service was damaged."

"The postal service's own studies show that the service benefited tremendously from its sponsorship — benefits totaling more than \$100 million," said Luskin.

Luskin said that "Lance and his representatives worked constructively over these last weeks with federal lawyers to resolve this case fairly."

The suit the Justice Department is joining was filed under seal in 2010 by former teammate Floyd Landis, who was stripped of his 2006 Tour de France title for doping. Under the False Claims Act, private citizens can act as whistle-blowers and sue to recover money they believe was obtained through fraud against the federal government. These suits remain under seal until the Justice Department decides whether it thinks there is enough merit in the case to take it over. The private whistle-blower receives a percentage of any money ultimately recovered.

In his 2010 complaint, which was made public Friday, Landis gave a detailed account of what he alleged had been widespread use of performance-enhancing drugs by Armstrong and assistance from Bruyneel and others to carry out the drug use.

During the 2002 Tour de France, Landis and Armstrong lay on opposite sides of a bed to receive re-infusions of a half-liter of blood each, Landis' complaint said.

During the banned procedure, Bruyneel sat in a chair watching and commented on how well the two were going to do in a time trial the following day, according to Landis.

# SPRING HOME IMPROVEMENT

**Quality Fence Co.**  
Jimmy Marquez - Owner

- Concrete Work
- Fence Repair
- Dog Runs

Finest In Fencing Wood & Chain Link

Free Estimates  
**432-267-3349**



"Best Heating & Cooling Service"



610 E. 4th St. Lic# TACL022708E 432-263-3705

## B & M Fence Co.

Robert Marquez-Owner



"Rated A+ with Better Business Bureau"  
Voted Best in Big Spring Reader's Choice

Accepting



Free Estimates

**432-263-1613**

101 NW 2nd St. Big Spring, TX

223 S. Main St.  
432-517-4569

jake witzel  
GIFTS & DECORATIONS

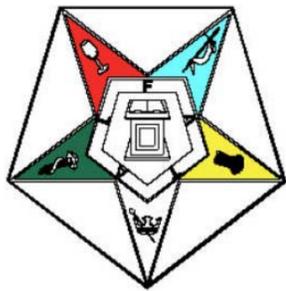


Come See  
Our Variety Of New  
Home Improvement  
Selections!

Tues-Fri. 10-5:30 Saturdays 10-3

Like Us On Facebook

# BIG SPRING EASTERN STAR CHAPTER CELEBRATES 125TH BIRTHDAY



When Sister Ward died in 1937, she left an endowment for her chapter with the stipulation that the money be invested and the interest used for charitable purposes. This was an unusual act of benevolence for the women of that day.



Fannie Ward

On Feb. 8, 1888, a group of 35 women gathered on the second floor of the frame school building on a chilly morning to organize Big Spring Chapter 67 of the Order of the Eastern Star.

This was the sister chapter of Staked Plains Lodge 508 A.F. and F.M. which had organized four years earlier on Dec. 12, 1884, in the same building, located where the Howard County Library stands today.

Mrs. A.F. Kinman, wife of the school principal, was elected the first Worthy Matron, and W.H. Vaughn was the first Worthy Patron.

The early Eastern Star members of Big Spring provided more state leadership than any other Texas chapter during the next 50 years. One of their members rose to national leadership, and they left a legacy of fellowship and service that inspired future generations of Big Spring women.

More prominent members of the chapter through the years have been Laura B. Hart, who served as the third Worthy Matron from 1890-1892, Worthy Grand Matron of Texas in 1892-1893 and became Grand Matron of the United States in 1901-1904, traveling extensively throughout the nation and abroad. She is credited with creating seven Grand Chapters in the United States and the Grand Chapter of Scotland in Glasgow.



Laura Hart

Agnes V. Young served as the Worthy Matron in 1893-1894 and 1895-1896, going on to serve as Worthy Grand Matron of Texas in 1900-1901. Charters were granted to 23 new Chapters in Texas during that year.

Fannie V. Ward was the Worthy Matron from 1897-1998, and presided as Grand Worthy Matron of Texas in 1908-1909. She presided over the 27th Grand Chapter meeting in El Paso attended by U.S. President William Howard Taft and President Diaz of Mexico.



Agnes Young

Flora Penix was the Worthy Matron in 1908-1909, and Worthy Grand Matron in 1918-1919. Her favorite project was the OES Home, and she recommended the Chapter levy a 50 cents per capita tax on members to support it.

Each Worthy Matron shares her administration with a Worthy Patron, chosen by her from the Masonic brotherhood, and this practice is carried into the Grand Chapter as well.

In 1922-1923, Judge S.A. Penix, husband of Flora Penix, served as Worthy Grand Patron of Texas. He was a lawyer and former Howard County Judge. Judge Penix had been Worthy Patron of Big Spring Chapter 67 in 1912-1913.



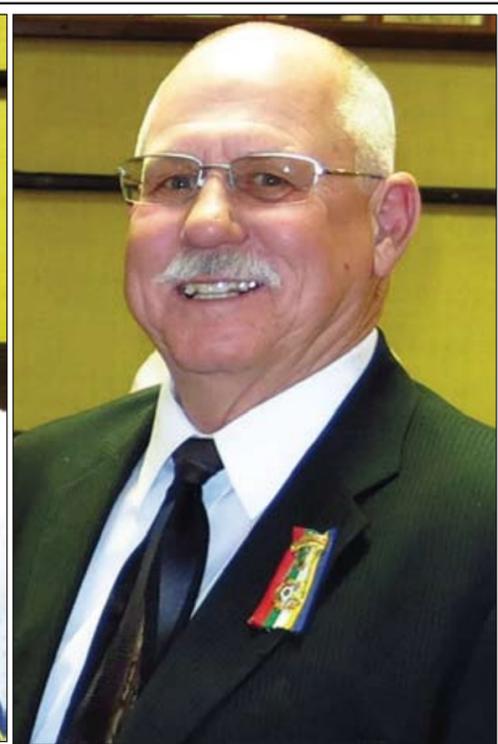
S.A. Penix

When he addressed the Grand Chapter in Amarillo in 1923 he said, "It gives me a special pleasure to greet you because four of your number have come from my home Chapter: Sister Laura B. Hart, "Mother Superior" of the Big Spring Chapter and of the Texas Grand Chapter; Fannie V. Ward, our "Big Maw," whom we miss so much today; Agnes Young, queen of the silver tongue; and that other half of myself, Flora A. Penix." He then raised his celebrated voice in tribute to these women with a poem he had composed:

*"You may hunt the wide world over,  
Pace its borders up and down;  
You'll not find the life to beat them  
In any little old man's town.  
Our Texas Grands are grand I know,  
Their praises I'll gladly sing;*



Ann Russell  
Worthy Matron



Howard Stewart  
Worthy Patron

*But I have a "hunch" the pick of the bunch  
Are the Grands who hail from Big Spring."*

Over the years, Big Spring Chapter 67 has been honored to consolidate with five other nearby Chapters. The first was Coahoma Chapter 49, with whom we consolidated in 1989.

Florence Read had presided over Coahoma Chapter as Worthy Matron prior to becoming Grand Worthy Matron in 1936-1937. Her husband, Norman Read, served as Worthy Patron of the Coahoma Chapter four times, and Grand Worthy Patron in 1945-1946.



Florence Read



Norman Read

The second consolidation was with Laura B. Hart Chapter 1019, which had been founded in Big Spring in 1954. The third consolidation was with Garden City Chapter 143, organized in 1911. The fourth consolidation was with Colorado City Chapter 58 and the fifth was with Lamesa Chapter 363, organized in 1907.

To become a member of the Order of the Eastern Star a woman must be the wife, widow, mother, daughter or sister of a Mason in good standing. The OES incorporates the philosophy of Masonry, which stresses high standards

and personal reputation.

The 125th anniversary was celebrated at a stated meeting Feb. 19, 2013, at the Masonic Temple located in a red brick building constructed by the Temple Association in 1902, and now designated as an historical site.

The monthly meetings are held in the Lodge Hall with its 14-foot ceilings, furnished with beautiful oak furnishings bought in the early 1900s.

The building is a formal meeting hall, social gathering place for members, and a museum of Masonic and Eastern Star history in Big Spring.

There were approximately 87 Eastern Stars and Masons in attendance, including Bill Crews, Worthy Grand Patron of Texas, Trey Smith, Worthy Associate Grand Patron of Texas, and Bess Caldwell, Past Worthy Grand Matron of Texas.

A program presented by Trey Smith detailed the history of our Chapter. He presented our Chapter with the ritual used by Flora Penix during her term as Worthy Grand Matron in 1918-1919.

Our Worthy Matron, Ann Russell, presided over the meeting, with the Worthy Patron, Howard Stewart (Big Spring Chamber of Commerce Man of the Year for 2012).

Other current officers include Mary Bond, Associate Matron; Randy Ruth, Associate Patron; Christine Ledbetter, Secretary; Elizabeth Musgrove, Treasurer; Eunice Thixton, Associate Conductress; Samantha Ruth, Conductress; Bettie Cox, Chaplain; Clara Lewis, Marshall; Ina Stewart, Ruth; Deanna Foresyth, Esther; Fran Mathie, Martha; Janice Kelley, Electa; Tommie Cochran, Warder; and Valcee Cox, Sentinel.



NO ONE KNOWS THE COUNTRY LIKE WE DO

NEW LISTINGS



2109 Gregg St.  
(432) 714-4555

Heart Of The City Realtors



3914 PARKWAY



4112 MUIR



1902 TODD RD.

233755

# Engagements Blum's Jewelry

sponsored by In The Big Spring Mall. • 267-6335

# Births



Kenneth Cade Born, a boy, was born at 7:34 p.m. Jan. 5, 2013. He weighed 6 pounds, 13 ounces and was 18 inches long.

He is the son of Brice and Ashley Born of Coahoma. His grandparents are Bobby and Jaymie Long and Allan and Terri Born, all of Big Spring.

## FOSTER AND WINGERT

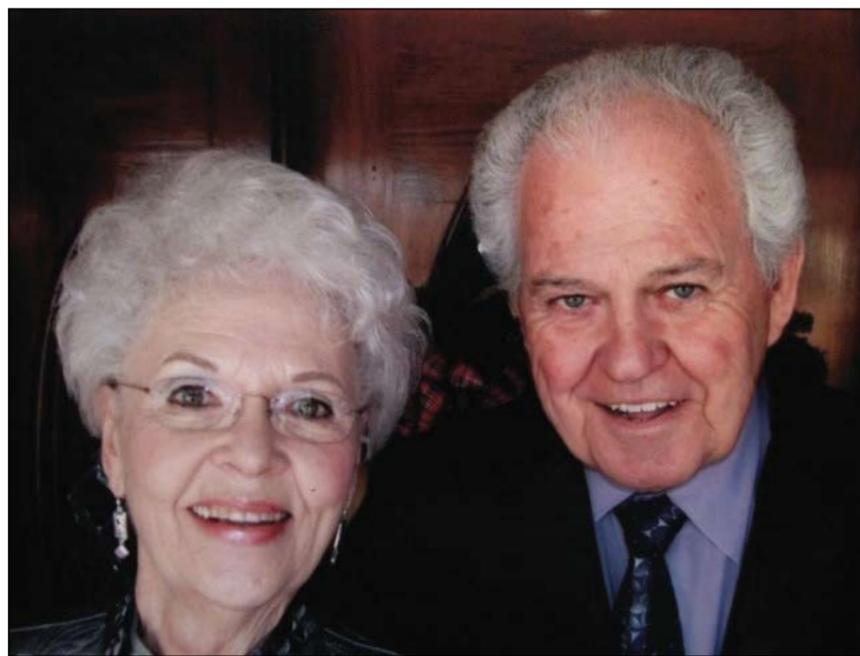
Mark and Sheila Foster of Big Spring are pleased to announce the engagement of their daughter, Amanda Foster, to Brian Wingert, son of Chris and Karen Wingert, formerly of Big Spring.



# Anniversary

## HANEY 60TH ANNIVERSARY

J.O. Haney Jr. and Patricia Snider Haney, 1950 and 1953 graduates of Big Spring High School, celebrated 60 years of mostly blissful marriage, in Big Spring at the Settles Hotel on Jan. 17, 18 and 19, 2013. Little did J.O. realize when he started to Richland Grade School in the Luther Community north of Big Spring in August of 1941, that his first grade teacher, Mrs. Alden (Zan) Ryan, would have a neat influence on him 72 years later.



Who would have dreamed his very nice first grade teacher

would produce such successful grandsons that would be responsible for this grand old hotel being restored in time for him and his blushing bride of 60 years to have such a great time in dear old Big Spring. From J.O. and Patricia, Thank you, gentlemen, for all of your efforts.

The Haney's met at summer camp in Bentonville Arkansas in June of 52, and married

in Stephens Arkansas on Jan. 17, 1953. After a high-speed honeymoon in a Studebaker coupe from Arkansas to Big Spring, J.O. brought Patricia out to finish the last semester of high school that he promised her father he would do. Man, did she ever enjoy meeting sand storms and high winds, and having to take one semester of Texas History. Patricia did gradu-



ate, and one more flying Studebaker ride to Arkansas to graduate with her class.

Took a lot of traveling over the years to see all their relatives for holidays, but they made it okay, and still love to spend time in Big Spring visiting relatives and friends. And, now they have a nice place in Big Spring to have great

meals and fellowship, without imposing on anyone.

The Haney's have lived in the San Antonio area since 1963. They have three children, Jan Haney, Joey Haney and wife Cindy, and Jenna Burns and husband Dan, and six grandchildren and six great-grandchildren so far.

**Tired of the Same Old Hairstyle!  
TRY SOMETHING NEW!**

Come See Us



Teresa Smith • Diana Arsiaga • Crystal Nino

**Attitudes** 234447  
1801 E FM 700 263-2701

# Who's Who

Theran Sealy, son of Leah Sealey and Cecily Paridez, has been selected to travel to the Dallas-Fort Worth area as

a participant in Education in Action's Lone Star Leadership Academy, March 10-15, 2013.

Theran is a student at Washington



Sealy

Elementary School in the Big Spring Independent School District.

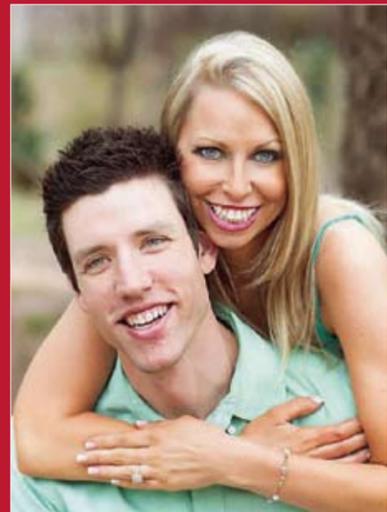
His selection for the academy was based on outstanding academic success, leadership ability, a nomination from teacher Mona Green and his involvement in school and community

activities.

Education in Action, dedicated to empowering young people to be informed and active leaders in their communities, hosts the Lone Star Leadership Academy.

At the academy, Theran will be given the opportunity to develop leadership skills while learning about Texas and its leaders. He will learn about future career and internship opportunities and visit significant sites, including the U.S. Bureau of Engraving and Printing, the Perot Museum of Nature & Science, the Amon Carter Museum, the Texas Civil War Museum, the Fort Worth Stockyards National Historic District, the National Cowgirl Museum and Hall of Fame and the Sixth Floor Museum at Dealey Plaza.

Participants discuss what they learn, complete problem solving and decision-making simulations, exercise creativity and practice presentation skills in leadership groups.



*Julie Adams*

Bride Elect Of

*Nick Gray*

Shower:  
May 11

~~~~~  
Wedding:  
July 13

♥ Julie & Nick's selection include Red Bakeware, Decorative Crosses, WoodWick Candles, Texas Tech Drinkware, Totally Bamboo Cutting Boards & Much More!

Included Below Are Our Other Registrees:

- Jordan Chesworth & Ricky Crawford
- Kencal Adams & Casey Barham
- Randi Froman & Billy Darrow
- Katie Tompkins & Jared Wilkerson
- Julie Adams & Nick Gray
- Kirby Benson & Trevor Bibb
- Arika Hart & Kevin Grove

**Elrod's Accents**  
Inside Elrod's Furniture

2309 Scurry 432-267-8491



## Dr. Rudy Haddad

Board Certified in Urology  
Fellow American College of Surgeons

### Adults and Pediatrics Urology

Flu Shots Available Now

- Office Treatment of Enlarged Prostate Profile (instead of Surgery)
- Urinary Bladder Control Problem with Medication (Simple Outpatient Procedure Available)
- Kidney Stones with Laser & Shockwave Technology Available Locally 24/7
- Sexual Dysfunction
- Low Testosterone Syndrome
- Vasectomies



**(432) 714-4600**  
1501 W. 11th Place Suite 103  
Big Spring, Tx 79720

220755

# For Joan & Melissa Rivers, Oscars equal fashion

**ALICIA RANCILIO**

Associated Press

NEW YORK — Right now, various stylists to the stars are frantically pulling together their clients' "look" for Sunday's Oscars. And as they do so, there are two people they should probably thank for their jobs: Joan and Melissa Rivers.

In 1996, the mother-daughter duo pioneered award-show red carpet coverage, hosting "Live From the Red Carpet" for E! Entertainment Television.

After leaving E! in 2004, they returned in 2010 with "Fashion Police." Joan leads a panel with Giuliana Rancic, Kelly Osbourne and stylist George Kotsiopoulos as they critique celebrity style choices. Melissa is a co-executive producer and occasional panelist.

In an interview with The Associated Press, Joan and Melissa Rivers talked about how they're happy to be off the red carpet, celebrities' lack of fashion risks and their own fashion mistakes.

**AP:** Would you agree that many people watch awards shows for the fashion?

**Joan Rivers:** I think that's what has made 'Fashion Police' so popular. It's the only show that I think tells the truth. Everyone stands on the red carpet and says, 'You're so beautiful.' You want to say, 'Are you crazy? She looks terrible.'

**Melissa Rivers:** The way it's said (on 'Fashion Police') is better than anybody can say it. We say it in a very entertaining way.

**AP:** Set the scene for how you watch stars arrive on a red carpet. Do you have notepads?

**Melissa Rivers:** Notepads for pages and pages and pages of notes. You look for trends. I always have a tally sheet going of specific things I see. At the SAG Awards, everybody had the same hairdo. Then you go back and you sort of analyze it and figure out what we're gonna put in the show the next day.

**AP:** Is there anyone you feel you can't criticize?

**Joan Rivers:** If (E!) has somebody who is a huge star on their network. They'll never say 'don't,' but they'll say, 'Do you really have to say that?' And then it's our decision. And then



it falls on us. Sometimes yes, sometimes no. Depends on your mood.

**AP:** What should we look for on this year's Oscar red carpet?

**Melissa Rivers:** The two 'it girls' Jessica Chastain and Jennifer Lawrence. ... They've both had one hit and one miss. Both missed at the (Golden) Globes and hit at the SAG Awards. Those two are the ones every designer wants to dress and the ones everyone's waiting for.

**AP:** Now that everyone has a stylist, is it harder to find fashion misses?

**Joan Rivers:** In the beginning, they would come dressed on their own. Even some of them were making their dresses. Kim Basinger designed her dress one year. Joanne Woodward once made her dress. You want to go, 'Why? You're not in a trailer park. You don't have to.' Now they all have their own stylists and look like they can go to war.

**Melissa Rivers:** They're in uniform.

**Joan Rivers:** One shoulder, slit to the leg, hair on one side. They can line right up.

**Melissa Rivers:** What's sad is they lose their personalities and what you want to show is your own personal fashion sense and your personality. A lot of them don't know. They're too scared to (do it).

**Joan Rivers:** I even like Florence Welch because as crazy as she looks ... she goes with her own idea of what's good-looking. Thank God.

**AP:** What did you think of Adele's outfit at the Grammy Awards?

**Joan Rivers:** She looked like she was sitting on a teapot.

**Melissa Rivers:** On the runway it was long, it was amazing. I didn't love it short.

**AP:** Are you happy that you're no longer on the red carpet doing interviews?

**Joan Rivers:** Yes. It's my place to make the viewer out there have fun and share my opinion. And you know what? If I'm not invited to the party, I wasn't invited anyhow.

**AP:** Have you started to recognize the work of certain stylists?

**Melissa Rivers:** Certain stylists have a very distinct look.

**AP:** Do you ever look at your own fashion and say, 'What was I thinking?'

**Joan and Melissa Rivers:** Yes.

**Joan Rivers:** Fashion should be fun. If for one night you look like an idiot, it's OK. Don't take it so seriously Victoria Beckham. Calm down, it's a stupid dress. There are a couple pictures that show up and I go, 'How could I walk out of the house?' But you did and you survive.

## Menus

**Forsan ISD**  
Friday: Breakfast - Cereal, toast, juice, milk; Lunch- Chicken parmesan, green beans, salad, appleslices, breadsticks, milk (high school menu includes fruit bowl and juice)

**Sands CISD**  
Friday: Breakfast- Cereal bar, yogurt, juice, milk; Lunch- Pizza, crunchy broccoli salad, seasoned corn, fruit, milk.

**Big Spring ISD**  
Monday: Breakfast- Frosted Flakes, juice,

milk; Lunch- Meatballs, mashed potatoes, gravy, green beans, peaches, bread, milk.

Tuesday: Breakfast- Taco roll, juice, milk; Lunch- Roasted chicken, brown rice pilaf, broccoli, fruit cocktail, cornbread, Orange Smiles, milk.

Wednesday: Breakfast- Pizza, juice, milk; Lunch- Spaghetti, pears, salad, green peas, roll, milk.

Thursday: Breakfast- PJB uncrustable, juice, milk; Lunch- Bean/cheese chalupas, lettuce, tomato, french

fries, baby carrots, sliced apples, milk.

### Senior Center

Monday: Country fried steak, gravy, rice, broccoli, rolls, fruit, milk.

Tuesday: Pork tenderloin patty, sweet potatoes, green beans, rolls, melon cubes, milk.

Wednesday: Mexican chicken casserole, refried beans, squash, tortilla chips, cake, milk.

Thursday: Chicken & dumplings, green peas, salad, peaches, cookies, milk.

## Something special's happening in the Circle.

### March 2013 Activities

- March 4** - Games, 1:00-4:00 p.m.
- March 5** - Mall Walking, 8:00 a.m.  
Coffee @ Parkplace Retirement, 10:00 a.m.  
Supper Club, "Spanish Inn", 5:30 p.m.
- March 6** - Senior Appreciation Day, 11:30 a.m.  
Movie 1:00 p.m. "Contraband"
- March 7** - Mall Walking, 8:00 a.m.  
Just Peachy Café, 10:00 a.m.  
Bunko, 4:00 p.m.
- March 8** - Lunch Bunch & Birthdays  
"Crispy's", 11:30 a.m.  
Kiwans Pancake Supper, 6:00 p.m.
- March 9** - DAYLIGHT SAVINGS TIME - Set your clocks forward!
- March 10** - MCT Theater, "Boeing-Boeing" (Comedy). 1:00 p.m.
- Mar. 11-15** - Senior Circle Office Closed - Vacation.
- March 11** - Games, 1:00 p.m.-4:00 p.m.
- March 12** - Mall Walking, 8:00 a.m.  
Supper Club, "Pizza Inn", 5:30 p.m.
- March 13** - Senior Appreciation Day, 11:30 a.m.  
No Movie Today!
- March 14** - Mall Walking, 8:00 a.m.  
Just Peachy Cafe, 10:00 a.m.
- March 18** - Games, 1:00 p.m.-4:00 p.m.
- March 19** - Mall Walking, 8:00 a.m.  
Supper Club, "Papa Chon's", 5:30 p.m.  
Easter Hats  
Potluck & Bingo, 11:30 a.m.
- March 20** - Movie, 1:00 p.m. "The Gray"
- March 21** - Mall Walking, 8:00 a.m.  
Just Peachy Cafe, 10:00 a.m.
- March 25** - Games, 1:00 p.m.-4:00 p.m.  
HOBBS Casino, 9:00 a.m.
- March 26** - Mall Walking, 8:00 a.m.  
Supper Club, "Cowboy's", 5:30 p.m.
- March 27** - Senior Appreciation Day, 11:30 a.m.  
Movie's, 1:00 p.m., "The Lucky One"
- March 28** - Mall Walking, 8:00 a.m.  
Just Peachy Cafe, 10:00 a.m.



Senior Circle

Call Anita Cline today at 268-4721 to find out what the Circle is all about.

SPONSORED BY  
SCENIC MOUNTAIN  
MEDICAL CENTER

Come Sail Away With Senior Circle  
Key West, Freeport & Nassau

May 11th - 19th - Two Cabins! Left- CALL NOW

## Myers & Smith Funeral Home And Chapel

Family Owned Since 1985

We Accept Pre-Need Plans From  
Other Funeral Homes.



Bill & Charlsa Myers  
Owners  
www.myersandsmith.com

301 E. 24th

267-8288

Do you, a friend or family member know of someone who has an interesting hobby or story to tell? The Big Spring Herald is gathering material for its annual 'Profiles' edition which will be published March 31. If you know someone who might be an interesting topic for a short story, contact the Herald at 432-263-7331 or email editor@bigspringherald.com

# TAHC proposes elk, cattle and swine rule changes

AUSTIN — The Texas Animal Health Commission (TAHC) is accepting comments on rules proposed at the Jan. 15 commission meeting. The proposals are to amend Chapter 40, entitled “Chronic Wasting Disease (CWD)”, Chapter 41, entitled “Fever Ticks”, and Chapter 55, entitled “Swine”. These rules are published in the Texas Register with a comment period of 30 days. The comment pe-

riod for these proposals ends on Monday, March 4 at 5 p.m. The proposed amendment to Chapter 40 “Chronic Wasting Disease” is to repeal and replace Section 40.5 “Elk Testing Requirements” with a new Section 40.5 “Movement Requirements for CWD Susceptible Species.” The purpose of this rule is to revise the current surveillance requirements for intrastate movement

of elk to include red deer and Sika deer. The rule as proposed will require that these susceptible species participate in the program and test 20 percent of all mortalities. For this program, the test age is set at 16 months and resembles the program administered by the Texas Parks and Wildlife Department’s white-tail deer breeder program. The proposed amendment to Chapter 41 “Fe-

ver Ticks” is for Section 41.9 “Vacation and Inspection of a Premise.” This amendment will add a requirement that all cattle in the Permanent Quarantine Zone be identified with permanent official identification and be presented annually for inspection. The proposed amendment to Chapter 55 “Swine” is for Section 55.5 “Pseudorabies.” See **RULES**, Page 5B

# Energy Watch



**Bhupen Agrawal is branch manager and a managing director — investments for the Wells Fargo Advisors Midland office.**



**Bill Franks, AAMS, is a senior registered client associate and the senior associate to the branch manager.**

March 1 is right around the corner, less than a week away. On that date, unless Congress does something, the automatic spending cuts that were originally scheduled to take effect at the beginning of this year kick in.

The idea behind this legislation, when it was signed by the President in August 2011, was to force our elected officials to cut the federal budget in a more surgical manner than using a blunt instrument as dictated by the statute.

That strategy did not work. Congress was not able to hammer out an agreement to cut \$1.2 trillion of spending out of more than \$40 trillion that the Congressional Budget Office (CBO) says the United States is scheduled to spend over the next 10 years. In other words, Congress could not even agree on how to cut spending by less than 3 percent over the next 10 years.

By the way, over that same time frame, the CBO estimates that our nation’s outstanding debt will grow by more than \$7 trillion from its current \$16 trillion level.

Depending on who you are talking to, the end result could range from delaying the spending cuts for another two or three months to only allowing some of the cuts to take effect to just doing nothing and allowing all of the cuts to kick in. Some legislators believe the only way to get any spending cuts at all is to simply do nothing. It’s hard to argue with that line of reasoning given Washington’s track record.

But the equity market does not seem to be too upset with the uncertainty. The S&P 500, at least for the time being, keeps grinding higher on very low volume. Investors are focused on economic data that continues to suggest modest growth. Equity valuations are still below the historical average. In addition, we are in the midst of a better-than-expected fourth quarter earnings reporting season. And finally, the Federal Reserve is likely to keep interest rates near zero for the foreseeable future.

Given those factors, the market appears to be taking the path of least resistance.

The question is, how will the stock market react to Congressional action or lack of action on the upcoming spending cuts? Some would argue that the market would see further upside if the budget cuts took effect, because some progress toward fiscal sanity is better than nothing. Others would argue that the economy is addicted to deficit spending and any cuts would hurt growth and push the equity markets downward. Of course, the cuts could be delayed for a period of time, which would likely be neutral for the markets.

Our guess is that investors will be nervous going into the final days of negotiations if it appears that all of the spending cuts will occur. Economic growth would be negatively affected. And given the pace of this recovery, any headwind is a concern. But in the end, we are not looking for a significant cut in government spending this year.

The clock is ticking. Investors should have a plan. We would be equity buyers on any pullback that occurs as a result of the upcoming spending negotiations in Washington.

*Past Performance is no guarantee of future results. This article was produced on Feb. 13, 2013 by Scott Wren, Wells Fargo Advisors Senior Equity Strategist, and provided courtesy of Bhupen Agrawal, Managing Director-Branch Manager of Wells Fargo Advisors’ Midland office, at (432) 684-7335. Additional information is available upon request.*

*The material contained herein has been prepared from sources and data we believe to be reliable, but we make no guarantee as to its accuracy or completeness. The material is published solely for informational purposes and is not an offer to buy or sell or solicitation of an offer to buy or sell any security or investment product.*

*Opinions and estimates are as of a certain date and subject to change without notice. You should be aware that investments can fluctuate in price, value and/or income, and you may get back less than you invested.*

*Wells Fargo Advisors LLC, member SIPC, is a registered broker-dealer and a separate non-bank affiliate of Wells Fargo & Company.*

**To submit a business item, call 263-7331 or e-mail [newsdesk@bigspringherald.com](mailto:newsdesk@bigspringherald.com)**

# TxDOT honors local employees

Local Texas Department of Transportation employees **Gregg Cotton, left, and Kyle Lacey** were honored for their **15 years of service to the agency. Cotton is a crew chief for the Howard County maintenance office, while Lacey is an engineering technician with the Big Spring office.**



# Court OKs treatment for Calif. almonds

FRESNO, Calif. (AP) — An appeals court ruled Friday that federal officials have the authority to require that all California almonds be treated for salmonella following outbreaks linked to almonds from the state. The ruling by the U.S. Court of Appeals for the District of Columbia Circuit upheld a lower court decision. The case stemmed from a 2007 order by U.S. Secretary of Agriculture Tom Vilsack that all California almonds sold domestically be pasteurized with heat or treated with chemicals.

The order followed two salmonella outbreaks linked to California almonds. Almond experts acknowledge that salmonella in almonds is rare. An exemption to the order was given to small-scale growers, who were allowed sell untreated almonds, but only directly to the public from farm stands or on-farm sales. A group of California almond growers argued that although Vilsack may prohibit the sale of contaminated almonds to prevent the spread of salmonella, he lacked authority to require that

all almonds be treated irrespective of whether they were contaminated. Growers said the secretary had overstepped his authority under the Agricultural Marketing Agreement Act and California’s marketing agreement known as the Almond Order. The growers, most of whom sell organic or raw almonds, said almonds that had undergone chemical or heating treatments were still labeled as “raw,” confusing consumers who wanted to buy unprocessed nuts. Raw or organic al-

monds can fetch 40 percent more in price than conventional almonds, studies show. The appellate judge ruled the growers had waived their claims by failing to raise them during the rulemaking process. California’s almond industry grows 100 percent of the domestic supply. Almonds are California’s top commodity and its number one export crop. The industry has seen dramatic growth in recent years, powered by strong demand from India and China.

# J&J hip implant marketing questioned

TRENTON, N.J. (AP) — Federal prosecutors are investigating Johnson & Johnson’s practices in marketing a line of hip replacements recalled in 2010 because many had to be replaced within a few years — part of a string of more than 30 product recalls by the health care giant in the last 3 1/2 years. The U.S. Attorney’s Office in Massachusetts and the Civil Division of the U.S. Justice Department last August sent Johnson & Johnson an “informal request” for information about its ASR XL hip replacements, J&J reported in a regulatory filing Friday. The company’s annual report to the Securities and Exchange Commission states that the government has asked for additional documents from DePuy Synthes and two related subsidiaries. They have turned over the documents and are cooperating fully with investigators, the filing states. DePuy Synthes is one of the world’s biggest makers of joint replacements, surgical trauma equipment and other orthopedic

surgery products. The filing didn’t specify what the government is looking for, but J&J has had legal problems before over its artificial joints. Just days before the ASR systems were recalled, the Food and Drug Administration told DePuy to stop marketing its Corail Hip System for two unapproved uses. And in 2007, J&J agreed to pay \$84.7 million in fines as part of a settlement of a sweeping investigation by the Justice Department into alleged kickbacks. J&J and the four other top U.S. makers of replacement hips and knees were accused of paying surgeons to get them to use their products exclusively, from at least 2002 through 2006. DePuy recalled two artificial joint systems — the ASR Hip Resurfacing System and the ASR XL Acetabular System — in August 2010 because of unexpectedly high rates of failure. That means they caused pain and difficulty walking because they no longer fit perfectly, or that tiny pieces of metal had flaked off inside the patient’s body, allegedly caus-

ing immune system problems in some people. More than 90,000 of systems were recalled in the U.S. and other countries. That was part of an embarrassing spate of J&J recalls of artificial joints, contact lenses, prescription drugs and over-the-counter medicines that began in September 2009. Reasons range from contamination with bacteria and incorrect levels of a drug’s active ingredient to a nauseating smell on containers and liquid medicines that may contain tiny metal shavings. Lost product sales and expensive, ongoing factory upgrades have cost the company, based in New Brunswick, N.J., well over \$1 billion. Artificial joint systems, made of high-tech metals, plastics or ceramic, replace deteriorated joints causing severe pain and limiting mobility, usually in older folks with advanced arthritis. Hip replacement parts include the top of the thigh bone, the ball atop that and a plate lining the

See **HIP**, Page 5B

# Public Records

**Howard County Justice of the Peace Outstanding IBC Warrants:**  
 Sherri Monique Aldridge, 1507 E. Sixth St., Big Spring  
 Carol J. Anderson, PO Box 1143, Stanton  
 Jose Manuel Aina, 1404 Nolan, Big Spring  
 Amanda Nichole Bair, 1103 E. 15<sup>th</sup>, Big Spring  
 Jessica Lynn Banks, CR 1200, Lubbock  
 Johnny Barraza, 429 Westover, Big Spring  
 Jennifer Leigh Black, 1405 E. Barton, Temple  
 William Riley Bounds, 1818 Corsicana, Dallas  
 Joe Ray Brown, 902 Hickory, Abilene  
 Vanessa Calderon, 1504 Kentucky, Big Spring  
 Emily Denise Carrillo, 2610 Albrook, Big Spring  
 Susan Cheyanne Cearley, 4104 Muir, Big Spring  
 Donald Cervantes, 1211 Lloyd, Big Spring  
 Trystan Taelor Cevallos, 3912 E. Hwy. 350, Big Spring  
 Kimberly Gaston Cogburn, 6697 Loop 106, San Antonio  
 Steve Allan Crim, 8381 Petunia, San Angelo  
 Jennifer R. Crow, 1714 Fort Worth, Brownwood  
 Montie Dee Daniels, 2606 Chanute, Big Spring  
 Julie E. Davis, 5202 Bangor Ave. Apt. K301, Lubbock  
 Stefan Deal, 102 Casie Ln. Apt. 1, Fort Worth  
 Manuel Delosrios, 707 Lorilla, Big Spring  
 Teana Demeny-Roberts, 5601 N. Service Rd., Big Spring  
 Delores Dohnalik, 1500 Stones Throw, Horseshoe Bay  
 Michael Angelo Dorado, 2202 William Rd., Big Spring  
 Josepy James Eckert, 1123 Newhaven Trail, Pearland  
 Maria Luisa Elizondo, 603 S. Second, Meadow  
 Kristi L. Elliot, 603 E. 12th St., Big Spring  
 Alexandria Nicole Escanuela, 2521 Chanute, Big Spring  
 Brittany Vanessa Escanuela, 302 Circle, Big Spring  
 John Randall Evatt, 4301 W. 49<sup>th</sup> St. Apt. 329, Amarillo  
 Kristen Falcon, 2606 Fairchild, Big Spring  
 Sharlamarr Frink, 3723 Monclair, Odessa  
 Joey Lee Garcia, 3102 Ave. C, Snyder  
 Noel Garcia II, 1604 Robin, Big Spring  
 Pedro Garcia, 806 Johnson, Big Spring  
 Joe Nick Garfias Jr., of 1309 Runnels, Big Spring  
 Kay Lynn Garrett, 2609 Wasson Rd. Apt. 45, Big Spring  
 Rosa M. George, 509 W.

Second, Stanton  
 Joseph Blake Gist, 3500 Cedar Run, Abilene  
 Nicholas Gonzales, 903 Creighton, Big Spring  
 Roxanne Deanda Gonzales, 539 Westover Apt. 211, Big Spring  
 Eunice Torres Gonzalez, 7311 Westmoor, Odessa  
 Whitney Marquez Gray, 2934 Old Anson Rd., Abilene  
 Robert Earl Green II, 2512 Fairchild, Big Spring  
 Bryan David Hernandez, 1500 Kentucky Way, Big Spring  
 Ruby G. Hernandez, 1002 N. Main St. Apt. 48, Big Spring  
 Ashley Rae Hodge, 3214 Drexel, Big Spring  
 Danny Holt, 125 Farney Rd., Lorena  
 April M. Horton, 1705 Charles, Portsmouth, Ohio  
 Bradley Ryan Horton, 601 Linda Lane, Big Spring  
 Dana Michelle Hudgins, P.Q. Box 837, Coahoma  
 Brian Ivanchan, 1208 Mulberry, Big Spring  
 Mandy Diane Jenkins, 8707 E. Highway 350, Big Spring  
 Christopher Shawn Jones, 112 McDonald Rd., Big Spring  
 Nicholas Vance Jones, 600 Johnson, Big Spring  
 Albert Leal, 2522 Albrook, Big Spring  
 Jesse Paul Lopez, 1011 Scurry, Big Spring  
 Joann Hernandez Lopez, 2625 Ent, Big Spring  
 Robert Lee Lopez, 503 E. 18<sup>th</sup>, Big Spring  
 Aaron Christopher Mack, 2134 Bonham, Odessa  
 Todd Vincent Martin, 409 Woodcrest, Midland  
 Joe Martinez, 2525 Fairchild, Big Spring  
 Manuel Martinez Jr., 702 NE Iowa, Lamesa  
 Dustin Tyler McLeod, 108 Landon Dr., Llano  
 Norman James McNeese, 1098 LCR 317, Colorado City  
 Betty Jane McWilliams, 2511 Hunter, Big Spring  
 Cory James Michalewicz, 1106 Briscoe Cove, Hutto  
 Eddie Glen Mills, 5142 PDQ Rd., Colorado City  
 Chelsea Kristyne Millspaugh, 7403 N. Service Road, Big Spring  
 Hector Morin, 2507 Chanute, Big Spring  
 Alicia Morales, 3307 E. 11<sup>th</sup> Place, Big Spring  
 Jose Munoz, 3804 Connally, Big Spring  
 Melissa Nieto, 615 Tulane, Big Spring  
 John Randall O'Harrow, 107 S. Main, Big Spring  
 James Michael Perez, 626 Tulane, Big Spring  
 Michael Lynn Perkins, 11601 CR 4164, Hermleigh  
 Fred Allen Perry, 1425 E. Sixth Apt. 107, Big Spring  
 Taylor James Perry, 2105 Sydney Baker Apt. 228,

Kerrville  
 Austin Healey Petersen, 1 Haven for Hope, San Antonio  
 Joshua Plaia, 1401 E. 18th, Big Spring  
 Jarum Renee Pryor, 802 N. Plaza, Big Lake  
 Martin Sosa Puga, 1614 Settles, Big Spring  
 Randy Randolph, 2514 Albrook, Big Spring  
 Shenna Leean Reeves, 615 Gene Lee Rd., Mineral Wells  
 Michael Neal Roberts, 538 Westover, Apt. 103, Big Spring  
 Roberta Garza Rodriguez, 1103 Stanford, Big Spring  
 Lisa J. Rubio, 1303 Sycamore, Big Spring  
 Melissa Rodriguez Ruiz, 303 N.E. 11<sup>th</sup>, Big Spring  
 Miguel Andres Sanchez, 64 McCaleb Rd., Montgomery  
 Anastasia Clarice Sanders, 1401 Culpepper Ave., Wilson  
 Brittany Nicole Savell, 425 E. Davis Rd., Big Spring  
 Warren Victor Schneider, 803 Atlantic, Coahoma  
 Brian Richard Senter, 4109 Parkway, Big Spring  
 Kennedra Wynell Shelton, 400 N. Fourth, Corsicana  
 Angela Gay Smith, 102 N. Ash, Coahoma  
 Charles Ray Smith, 2911 W. Highway 80, Apt. 155, Big Spring  
 Samuel Alexander Smith, 2613 Hunter, Big Spring  
 Tiffany Katherine Stokes, 1407 E. 19<sup>th</sup> St., Big Spring  
 Timothy Donald Taylor, 4000 W. Highway 80 No. 18, Big Spring  
 David Wayne Turner, 3204 Irving, Snyder  
 Abram Unger, 503 NE Fourth, Seminole  
 Britannia Kay Upchurch, 4303 Princeton, Midland  
 Anthony A. Vasquez, 106 N.E. Eighth, Big Spring  
 Timothy Shea Wargo, 624 State, Big Spring  
 Charles Watson, 804 W. I-20 Apt. 127, Big Spring  
 Thomas Weeks, P.O. Box 110891, Anchorage, Alaska  
 Michael Wade Welch, 700 S. Aylesford, Big Spring  
 Candida Whitehead, 3706 Connley, Big Spring  
 Jamie Wiggins, 1905 Wasson Rd. Apt. 28, Big Spring  
 Byran Paul Williams, 1409 E. Main St., Round Rock  
 Calvin Williams, 1313 Mulberry, Big Spring  
 Kevin Lamont Williams, 1809 Nolan, Big Spring  
 Frances Elena Yanez, 1610 Cardinal, Big Spring  
 James Edward Young, 3313 Auburn, Big Spring  
 Dennis Anthony Zaragoza, 4534 Sinclair, Big Spring

**County Court Decisions:**  
 Judgment and Sentence:

Timothy J. Rios, driving while intoxicated, \$990 fine, \$407 court costs.  
 Probated Judgment: Joann Molina Santana, driving while intoxicated - open container, \$500 fine, \$457 court costs, 180 days in jail (jail time suspended, 12 months probation).  
 Judgment and Sentence: David Lee Rhoades, possession of marijuana - two ounces or less, \$100 fine, \$342 court costs, 45 days in jail.  
 Judgment and Sentence: Estebon Gandara, failure to identify - giving false information, \$200 fine, \$332 court costs, 20 days in jail.  
 Judgment and Sentence: Brittany Diann Castillo, theft of property - more than \$500 and less than \$1,500, \$200 fine, \$282 court costs, 20 days in jail.  
 Judgment and Sentence: Shaquita B. Sneed, failure to identify - giving false information, \$500 fine, \$332 court costs, 45 days in jail.  
 Judgment and Sentence: Johnny Ray Viera Jr., possession of marijuana - two ounces or less, \$706 fine, \$292 court costs.  
 Probated Judgment: Maria Holguin, driving while intoxicated - blood alcohol more than 0.15, \$750 fine, \$457 court costs, 365 days in jail (jail time suspended, 12 months probation).  
 Judgment and Sentence: Roberto Valdez Baltazar, driving while license invalid with a previous conviction or suspension, \$665 fine, \$232 court costs.  
 Judgment and Sentence: Jessie Hilario Fierro, driving while license invalid with a previous conviction or suspension, \$500 fine, \$282 court costs, 30 days in jail.  
 Probated Judgment: Tonya Jannese Lopez, possession of marijuana - two ounces or less, \$500 fine, \$342 court costs, 180 days in jail (jail time suspended, 12 months probation).  
 Judgment and Sentence: William Carol Cain, resisting arrest, search or transportation, \$500 fine, \$282 court costs, 30 days in jail.  
 Judgment and Sentence: William Carrol Cain, failure to identify as a fugitive - giving false information, \$500 fine, \$282 court costs, 30 days in jail.  
 Judgment and Sentence: Ruben Perez, driving while intoxicated, \$500 fine, \$457 court costs, 60 days in jail.  
 Judgment and Sentence: Moises Martinez Lopez, driving while intoxicated - blood alcohol more than 0.15, \$500 fine, \$457 court costs, 60 days in jail.

**District Court Filings:**  
 Forsan Cowboy Construction vs. Daniel Kerr,

civil.  
 George Burks Blake Jr. vs. Mark B. Schreiber, civil.  
 Tate Heating and AC Inc. vs. Ruby Buchanan, accounts, notes and contracts.  
 Larry Steen vs. Kelly Steen, divorce.  
 Renae Vickers vs. Cody Vickers, protective order.  
 Jacqueline Williams vs. Ryan Williams, divorce.  
 Portfolio Recovery Associates LLC vs. Paul David Berringer, accounts, notes and contracts.  
 Portfolio Recovery Associates LLC vs. Todd W. Railsback, accounts, notes and contracts.  
 Daniel Boone vs. Greyhound Lines Inc., civil.  
 State of Texas vs. Sears Methodist Retirement System Inc. and Senior Dimensions Inc., civil.  
 Darla Denise Conder vs. Kevin Lee Conder, divorce.  
 Oscar Matthew Robles vs. Crystal Marie Robles, divorce.  
 Josephine Smith vs. James B. Smith, divorce.  
 Kristal A. Berry vs. John Ramsey, divorce.  
 Timothy S. Haynie vs. Marlena N. Haynie, divorce.  
 Rosaura Ybarra vs. Larry Ybarra, divorce.  
 Jessica Ann Yanez vs. Pete Manuel Yanez, divorce.  
 Misty Owens vs. Ryan Gonales, protective order.

**Marriage Licenses:**  
 Isador Rodriguez, 26, and Lisa N. Gomez, 25, both of Big Spring.  
 Timothy M. Roberts, 23, and Brittany R. Grace, 21, both of Big Spring.  
 Kevin Eugene Bently, 34, and Jessica Ann Canty, 32, both of Big Spring.  
 Justin James Morgan, 37, and Carol Hanna Davis, 42, both of Big Spring.

**Warranty Deeds:**  
 Grantor: James Bunyan Newman, Linda Carolyn Newman and John David Newman  
 Grantee: Stephanie S. Piercefield and Michael Piercefield  
 Property: Lot 13, Block 20, Monticello Addition  
 Date: Jan. 2, 2013

Grantor: Ray Dabney and Darlene Dabney  
 Grantee: Melody Lee

Dabney  
 Property: Lot 1, Block 3, Indian Hills Addition  
 Date: Jan. 3, 2013

Grantor: Roxann Rich  
 Grantee: Abraham Aguilar  
 Property: Lots 1 and 2, Block 5, College Heights  
 Date: Dec. 27, 2012

Grantor: Grace Lanell Evans, Danny Wayne Evans and Matthew Lynn Evans  
 Grantee: LDM Land LP  
 Property: Section 4, Block 32, T-2-S, T&P RR Co. Survey  
 Date: Dec. 27, 2012

Grantor: Grace Lanell Evans, Danny Wayne Evans and Matthew Lynn Evans  
 Grantee: LDM Land LP  
 Property: Section 12, Block 33, T-2-S, T&P RR Co. Survey  
 Date: Dec. 27, 2012

Grantor: Grace Lanell Evans, Danny Wayne Evans and Matthew Lynn Evans  
 Grantee: LDM Land LP  
 Property: Section 12, Block 33, T-2-S, T&P RR Co. Survey  
 Date: Dec. 27, 2012

Grantor: Citimortgage Inc.  
 Grantee: The Secretary of Housing and Urban Development  
 Property: Lot 14, Block 1, Wasson Place Addition  
 Date: Dec. 27, 2012

Warranty Deeds with Vendor's Lien:  
 Grantor: Gaylord and Roxann Rich  
 Grantee: Jason Douglas Spradlin and Amanda Spradlin  
 Property: A 2.3 acre tract out of Section 1, Block 32, T-1-S, T&P RR Co. Survey  
 Date: Dec. 27, 2012

Grantor: Keith P. Crane and Rebecca R. Crane  
 Grantee: Brian Lee Averette  
 Property: Lot 3, Block 2, Jordan Park Estates  
 Date: Dec. 27, 2012

# RULES

Continued from Page 4B  
 This amendment is to update the testing timeframe for releasing swine that have been quarantined for exposure to Pseudorabies. This is in accordance with the U.S. Department of Agriculture, Animal Plant Health Inspection Service, Veterinary Services' National

Pseudorabies Eradication Program.  
 The current rule requires swine to have two consecutive negative herd tests not less than 60 days from the removal of the last reactor. The changes proposed to Section 55.5 will now allow swine to be released from quarantine with one negative herd test not less than 30 days from removal of the last reactor.  
 "The TAHC is com-

mitted to making each of these programs successful. Our ultimate goal is to enhance and ensure Texas' livestock and poultry marketability," said Dr. Dee Ellis, TAHC Executive Director and State Veterinarian.  
 A detailed explanation of the three rule proposals is available on the TAHC web site at <http://www.tahc.texas.gov/regs/proposals.html>.

# HIP

Continued from Page 4B  
 hip socket.  
 They're generally expected to last at least 10 to 20 years.  
 In the case of the recalled DePuy ASR hip systems, one in eight patients needed theirs replaced within five years.  
 Attorneys represent-

ing patients needing replacements have alleged Johnson & Johnson knew about the problems with the DePuy hip systems back in 2008, but didn't stop selling them until 2009 and didn't recall the remaining products until 2010.  
 The company has denied that and said it acted properly. It has set aside about \$1 billion to cover the cost of recall

and lawsuits.  
 Last month, the first trial began among thousands of lawsuits brought by people accusing J&J of knowingly selling faulty implants.  
 A patient registry in the United Kingdom found about 12 percent of people who had gotten those joints needed them replaced within seven years.

# It does not get any better than this.



## HYUNDAI

CONSTRUCTION EQUIPMENT AMERICAS, INC.

### Think Quality. Think Hyundai.



Special Price as low as

### \$120,000\*

\*This great price is for a limited time only.

## HL740-9 Wheel Loader

**CISCO EQUIPMENT**  
 520 S. E. Loop 338, Odessa, TX  
**432-550-9181**  
 Celebrating our 35th year in business



**CISCO** Equipment  
 Since 1978  
 Odessa • San Angelo • Lubbock • Artesia, NM

## BIG SPRING HERALD

710 Scurry

263-7331

www.bigspringherald.com

## Cemetery Lots

**TRINITY MEMORIAL** Park-Garden of Canan- Space 1 & 2, Lot 300. Value-\$1725.00 each will take \$1500.00 each OBO. Call (325)728-7071 or (325)728-3986 after 7:00pm.

## Help Wanted

### CNAS EXCELLENT RATE OF PAY FOR QUALIFIED STAFF

Immediate openings on various shifts for State certified professionals. Ask about our competitive rates & benefits for FT employees EOE/MFDV. For more information call our DON (325) 573-6332, or apply in person:

#### SNYDER HEALTHCARE CENTER

5311 Big Spring Highway in Snyder

**BIG SPRING** Country Club is looking for Experience Maintenance person. Apply in person. No phone call.

## Help Wanted

**Helena Chemical Company**, a national agricultural-chemical company, has an immediate opening for CDL Driver, Shop Hand and Part-time Receptionist. Class A- CDL license and farm experience helpful; but will consider training. Requires high school diploma or equivalent. We offer an excellent working environment and outstanding compensation and benefits package. For consideration, please apply at:

Helena Chemical Company  
3104 N. Hwy. 87  
Big Spring, TX 79720  
432-263-9963  
or fax 264-9030  
Pre-employment drug screen required.  
EOE  
M/F/V/H

#### Great Horn Carriers, Inc.

Tanker Driver Needed  
REQUIRES:  
Class A CDL with Haz-Mat  
2 years Tanker/ Fuel Preferred  
Local Hauling, No Nights.  
Good Pay with Benefits  
\$500.00 Sign-On Bonus.  
FMI:  
(432)683-2868, (432)288-3761

## Help Wanted

### CITY OF BIG SPRING

Utility Service Worker

Wastewater Treatment Plant Operator

Animal Control Officer

Water Treatment Plant Operator

Police Officer

(Certified & Non-Certified)  
Heavy Equipment Operator (Streets)

Code Enforcement Superintendent

Firefighter

Golf Course Superintendent

Golf Course Maintenance Worker

Identification Technician

Senior Center General Worker

Seasonal Water Treatment Plant Operator

For more information go to [www.mybigspring.com](http://www.mybigspring.com) or apply in person in the **Human Resources Office** located at 310 Nolan

**(432) 264-2346**

## Help Wanted

**Assistant Manager/Collector** Security Finance is now taking applications. We offer benefits, competitive pay, and advancement opportunities. Apply in person at 501 E. 3rd.

**BIG DOG RIG** Movers is looking for Fork Lift Operator, Tire Service Technician, Gin Truck Driver, Poll Truck Driver & Slickback Driver. Great Pay with benefits. Apply in person at 309 East IH-20, Big Spring. EOE.

**BLAST MASTERS** has positions available for:

\* Crew Tech starting pay \$10per hour  
Must have valid Drivers License, will train, Come by 1711 Snyder Hwy., Pick up application. No phone calls please.

### TOP JOBS

**BLUE SKY** Service is looking for Experience Back Hoe, Track Hoe and Skid Loader Operators. For more information please call 432-580-7332.

**CAT CONSTRUCTION** now hiring Roustabout Pushers, Hands and Dozer Operators. Top Pay. Apply in person 600 S. E. Broadway, Coahoma.

**DAY'S INN** needs Front Desk and Housekeeping person. Apply at Front Office @ 2701 South Gregg Street.

## Help Wanted

### Check this one!

**CHILD CAREGIVER** Position available Flexible Hours. Apply at Jack & Jill, 1708 Nolan.

#### Coastal Transport

We now have a **\$2000.00**

#### Sign On Bonus!

We are now hiring drivers to deliver petroleum products in and around the Permian Basin. Qualifications:

\*Class A CDL drivers w/hazmat and tanker endorsements  
\*23 years of age or older  
\*Scheduled Days Off  
\*Home Everyday  
Please contact  
1-888-527-7221

**COMET CLEANERS** Full-time Counter help, Apply in person at 1500 East Marcy.

**DRIVERS: EXCELLENT** Pay, Bonuses & 100% PAID Health Ins! CDL-A, 1 yr TT Exp. Tank-Haz End. Req. Martin Transport: 1-866-823-0286.

**EXPERIENCE FARM** Hand Wanted! Call after 7:00p.m. (432)684-5418.

**EXPERIENCED TUBING** Tester with ability to train others needed in Big Spring, TX. Offer 401k, Health Ins.. Possible company truck. Depending on experience. Call (432)582-2500.

## Help Wanted

**Parkplace Retirement Living** is seeking a front desk clerk. This position is shift work from 12:30am to 8:30am; and week ends days (guaranteed 40 hours a week). Must be able to read, write, and understand written instructions, and follow directions. Duties include overseeing facility, light house-keeping, and assisting in during meal times, etc. Would be willing to split into two part time positions if necessary. Must be able to multitask and be active. Apply in person at 501 W. 17th Street.

**HIRING EXPERIENCED** dozer and trackhoe operators. 1-2 yrs. minimum heavy equipment experienced required. Pay DOE. Health, vision, and dental insurance 100% paid! Valid DL required. Apply in person at 9400 S. Service Rd., Coahoma, TX, or call (432)394-4604 for more information.

**IMMEDIATE JOB** Opening Part-time position for a Housekeeper. Hours will be Monday, Wednesday & Friday, 4 hours per day as scheduled. Competitive applicants will have dependable work history and good references. Apply in person at Dora Roberts Rehabilitation Center, 306 W. 3rd Street, Big Spring, TX.

**NEIGHBORS CONVENIENCE** Store now hiring cooks, cashiers, stockers. All Shifts. Apply at 3315 E. FM 700.



Price Construction, Ltd. is seeking an energetic, professional person to provide clerical/administrative support within the general scope and complexity of a fast-paced construction company. Familiarity with applicable office procedures preferred, but will train the right person. Proficient software skills in MS Excel, Word and Outlook required. An Associates' Degree or equivalent required. We offer an excellent working environment, compensation, and benefits package. For consideration, please apply at:

#### Price Construction, Ltd.

2701 E. Hwy. 350  
Big Spring, TX 79720  
432-267-1691  
or fax 432-267-1694  
Pre-employment drug screen required  
EOE

234489



**Terra-Gen Operating Company** is an independent power producer operating clean and reliable energy projects located in several western states. Current renewable projects include wind, geothermal and solar. Terra-Gen is currently seeking ...

An **O&M Tech** at our Texas Big Spring Facility. Experience desired: 4-6 yrs years of operating and maintenance experience in the wind turbine industry. Preferred qualifications, but willing to train: electronic and/or mechanical skills to perform preventive maintenance, repairs, retrofits and electrical troubleshooting. Must be able to climb and work at heights up to 200'. Desired qualifications: Troubleshooting and repairs of electronic components and SCADA systems. Industry competitive salary and benefits. EOE.

Please send resumes to Terra-Gen Operating Company, Attn: Human Resources, P.O. Box 1690, Inyokern, CA 93527, or fax to 760-764-1318, or email to [djackson@terra-genpower.com](mailto:djackson@terra-genpower.com). Resumes must be received by March 4, 2013 to be considered.

234479



Your Road  
To Success

A Company Driven By Employees

At Sunoco Logistics Partners L.P. (NYSE: SXL) we are one team driven by a passion to make a difference in everything we do. We are fueled by our commitment to be the best and continuously seeking new ideas and innovative solutions. If you are driven by the opportunity to engage, excel and achieve success in your career, then look no further. Our **Crude Tanker Hauling Division** is currently now hiring for the **Big Springs, TX** area:

### Drivers - Job# 6897

Work five 10 to 12 hr. shifts/week, starting at 5AM or 5PM and move product safely from the field to pipeline injection sites. Some minor vehicle maintenance also involved.

You will need a H.S. diploma/GED, current DOT medical card (or ability to qualify for same), CDL Class A with X endorsements, 2 years of clean tractor trailer driving experience or graduate from approved school and 21 years of age or older.

Compensation includes **\$.1800 - .2173/barrel** and **\$.4063/cents** per mile commission plus medical, dental, life, 401(k), Disability, Flexible Spending Accounts, Tuition Reimbursement, paid vacations & holidays.

Benefits & Compensation: Medical & dental benefits, matching 401K, Paid vacations and holidays.

For additional information apply online:



EOE/MF/DN

[www.sunocologistics.com](http://www.sunocologistics.com)

### Medical Assistant Needed

For local Doctor's office  
Part-Time & Full-Time positions.

Come by  
**1700 West FM 700**  
to set up interview.  
or call  
**(432) 264-1900**

234488

### Home Hospice

#### Full-time Registered Nurse

Home Health experience preferred.  
Home Nursing offers an excellent salary, insurance, 401K, and, paid time off.  
If interested please email  
[adrumm@homehospicewtx.com](mailto:adrumm@homehospicewtx.com)  
or fax your resume to (432) 550-7980.

Home Nursing is an equal opportunity employer.

### \$9 to \$12 Per Hour! No Experience Needed!

#### Train For a Career Not Just a Job!

People pay a lot of money for a gym membership to lift, bend, and stretch to stay in shape. Not us, we charge you no membership fees. In fact, **WE PAY YOU** to do those things. **Lube & Tire Technicians Needed!** Our company has over 235 locations & over 17,000 employees nationwide. We train you for a career to become a skilled mechanic of the future making up to **\$25 per hour**. You learn to change & repair tires, change oil & work with other highly skilled Mechanics. Benefits - Medical/Dental & Life Insurance, Prescription Drug Plan, **Advancement Training Opportunities**, employee tool program & more. Driver's license, High School Diploma or GED & drug testing required.

**We are also looking for experienced Diesel Mechanics!**

For information call Victor at (432) 264-4444 EXT. 18



#### West Texas Centers

**MH Fleet Manager/Driver:** Responsible for transporting clients to clinic appointment and other community appointments. Monthly vehicle maintenance as directed. Responsible to collect and proof monthly mileage logs and gas tickets. Arrange inspections and needed repairs on center vehicles. Delivers medication to consumers. \$9.61 hr \$768.92 bi weekly \$19,992 annually. High School Diploma or GED required.

**Part time Financial Clerk:** Performs updating and verifying Medicaid including but not limited to: Maintain current, accurate Medicaid, Medicare and private insurance information. Responsible for getting authorizations to bill Medicaid. Take necessary steps to update Medicaid in Anasazi. A Personal auto is required. High School or GED required. \$9.30 an hr.

Applications available at 409 Runnels or [www.wtcmhmr.org](http://www.wtcmhmr.org) or by calling **JOBLINE 800-687-2769**.EOE

234379

**West Texas Centers**  
Looking For A Rewarding Career? Look No Further.  
If this sounds like the opportunity for you the responsibilities would include working with a highly trained team to provide daily living skills training and supports to clients. West Texas Centers has part-time openings up to 32 hours weekly starting at \$9.30 an hour. Full time positions are also available with salary \$9.93 per hour plus benefits. Full time positions offer a full benefit package to include health insurance, dental, generous paid personal time off and a great retirement program.  
Applications available at 409 Runnels or [www.wtcmhmr.org](http://www.wtcmhmr.org) or by calling **JOBLINE 800-687-2769**.EOE

235061

**Home Hospice**  
**Part-time CNA**  
Home Hospice offers an excellent pay and flexible schedule.  
If interested please email  
[dbaqqall@homehospicewtx.com](mailto:dbaqqall@homehospicewtx.com)  
or fax your resume to (432) 264-7597.  
Home Hospice is an equal opportunity employer.

Now hiring Lube Techs for our location at **410 East 4th**  
Great benefits, weekly pay, tuition reimbursement!  
Please apply at  
[www.thekentcompanies.com](http://www.thekentcompanies.com)  
or fax your resume to **432-620-0005** or at store locations.  
**THE KENT COMPANIES**  
Making your life easy

234442

**REAL OPPORTUNITY**

**\$14.00 per hour training pay**  
Now Hiring  
**Satellite Installation and Repair Technicians**  
in  
**Big Spring**  
and the surrounding area  
Other amenities, incl. but not limited to: Health, Dental, Vision, 401K, Bonuses  
Tools, Transportation and Initial Uniforms supplied by Southern Star.  
View Requirements, Benefits and Apply Online at:  
[www.southernstarjobs.com](http://www.southernstarjobs.com)

# BUSINESSES & SERVICES

\$55.60 Per Month

Call 263-7331 to place your ad today!!



**AUTO PARTS**

**BED LINERS**

**BODY SHOP**

**GARAGE SALE**

**CONCRETE**

**WESTEX**  
Since 1947

A Modern Auto Dismantler

- 14 Acres of dismantled vehicles
- 20,000 sq ft. of Warehouse storage
- Specialize in late model quality auto parts
- Foreign and domestic parts for cars, trucks, mini-vans, 4x4 and sports utility vehicles

Hrs. 8 a.m.-5:30 Wk/day 8 a.m.-12 p.m. Sat.  
1511 Hwy 350 • (432) 263-5000

**C & D Truck Accessories**  
2706 N. HWY 87  
432-263-3600

**Rhino Linings**  
THE SPRAYED-ON LINER

Do not let your Insurance Companies tell you where to take your car and have it sit for weeks & weeks. We will help you with your deductible as much as possible.

Been in business for over 40 years.

**Buddy & Son Body Shop**  
5011 E. Midway Rd.  
Big Spring, TX 79720  
432-264-0623

**HAVING A GARAGE SALE**

CALL 263-7331  
Herald Classifieds

**HERALD**

**Quality Concrete and Metal Building**

Residential and Commercial  
Garage • Shed • Carports, etc.

**NO JOB TOO SMALL**  
CALL  
**816-6839**

**CARPET CLEANING**

**Heaven's Best Carpet Cleaning**

100% Guarantee Spot Removal

Insured • Free Estimates  
Commercial and Residential  
Carpet • Upholstery • Hardwood  
Tile & Grout  
Locally Owned & Operated

**432-268-3759**  
Lance Reid  
http://bigspringtx.heavensbest.com/

**FENCES**

**B & M Fence Co.**  
VOTED BEST IN BIG SPRING

- Residential • Commercial
- Chain Link • Metal
- Cedar • Dog Kennels

Now Accepting  
VISA MasterCard Discover

You Choose Your Payment Plan!!  
Free Estimates

Get Our Price & Compare

**Robert Marquez - Owner**  
263-1613  
1-800-525-1389  
101 NW 2nd St. Big Spring, TX

**SUBSCRIPTION**

WOULD YOU LIKE TO HAVE THE BIG SPRING HERALD DELIVERED?  
CALL 432-263-7331

**FENCE**

**J.T. West Texas Fence & Welding**  
Garden City, Texas

Wood Fence • Metal Fence  
Pipe Fence • Pipe Corrals  
Barbed Wire Fence • Net Wire Fence  
Free Estimates

Home (432) 354-2513  
Cell: (432) 466-1715  
Big Spring (423) 263-4858  
Sterling City (325) 378-3077

**FENCES**

**Quality Fence Co.**  
Jimmy Marquez-Owner

Finest In Fencing  
Wood & Chainlink

Free Estimates  
**432-267-3349**

**GENERAL CONTRACTOR**

**BDA Companies**

GENERAL CONTRACTOR  
COMMERCIAL - RESIDENTIAL  
ROOFING - PAINTING  
MASTER REMODELER  
METAL BUILDINGS

**ROBERT P. SHAFFER OWNER**

(432) 263-1580  
FAX (432) 263-3711  
CELL (432) 517-0133

**HOME IMPROVEMENT**

**Gibbs Remodeling**

Room Additions,  
Drywall Hanging & Finishing,  
Bath & Kitchen Remodels, Ceramic  
Tile, Insallation & Repair.

Free Estimates  
All Remodel Needs Of Any  
Room In Your Home.

Call 263-8285 or 270-3282

**HOME IMPROVEMENT**

**RS HOME REPAIR**  
Remodeling - Kitchen and Baths,  
Interior & Exterior Painting  
Our Specialty  
Add On's  
Garage Door Repair  
**FREE ESTIMATES**  
Randy Smith-Owner  
(432) 816-3030

**ELECTRICAL**

**CROSSROADS ELECTRIC**

Richard Moren  
Master Electrician License #173630  
Texas Electrical Contractor License #25496  
Phone: (432) 264-6261

**LANDSCAPING**

**Top Notch Landscaping**

Landscape design • Swimming pools  
Ponds • Irrigation • Rockscaping  
Landscape lighting • Complete lawn care  
Pavers • Brick & stone • Patios & walkways  
Complete tree service • Retaining walls  
Commercial & Residential

(432) 213-0031  
Free Estimates

**LAWN SERVICE**

Mowing, weedeating, hauling, hedge & tree trimmings, cleanup of lots, alleys & storage buildings.

**Scoggin Lawn Service**  
Call 267-5460  
Cell 816-6150

**LAWN SERVICE**

**M&S Lawn Care**  
Tree Service  
Complete Lawn Care  
Large Lot Mowing  
up to 2 acres  
Senior Discount  
**(432) 517-5554**

**LOT CLEAN-UP**

Lot/Yard/  
Construction  
Clean-up  
Debris Removal  
No Job Too Big or Small  
Call Chris  
**(432) 213-5803**

**HOME IMPROVEMENT**

**TIMMY D'S ROOFING**  
Metal-Shingle-Flat Roofs  
Whole/Patch Job  
Home Remodeling  
**FREE ESTIMATE**  
Satisfaction Guaranteed  
**(432) 935-1835**

**HOME IMPROVEMENT**

**Smith**  
Remodeling • Home Repairs  
FREE ESTIMATES  
Remodeling-Room Additions  
Custom Cabinets-Custom Decks  
Doors-Windows-Tile-Metal Roofing  
Minor Electrical and Plumbing  
Custom Flooring (Wood/Tile)  
Kitchen and Bath Specialist  
**432-466-5620**

**HOME IMPROVEMENT**

**Larry's Roofing**

Comp & Dementials  
Add On's & Patio's  
Patch jobs  
Painting - inside/outside  
Tree Trimming.  
Free Estimates  
Call  
**432/270/8049**

**HOME IMPROVEMENT**

**J&J HANDYMAN**

Garage Doors, Air-conditions,  
Fixture, Paint, Drywall,  
Carpentry...  
Home Remodeling,  
Hardwood Floors.  
Small Jobs? Small Prices  
**432-816-0658**  
www.jnjhandyman.com

**HORSE TRAINING**

**Byron Pope**  
Cutting Horses, Braking  
Training & Showing

Location In  
Andrews, TX

Call  
**(325) 436-2479**

**METAL ART**

**DON'S METAL ART**

★ 432-934-5131 ★  
6605 N. SERVICE RD.  
I-20 EXIT 184  
BIG SPRING, TX  
boyhowdy32@hotmail.com

**HOME IMPROVEMENT**

**ENTRY DOORS/ GARAGE DOORS/OPENERS**  
Remodeling • Contractor  
Repaired/Remodeled  
Refinishing  
Kitchen & Bath Specialist  
**BOB'S CUSTOM WOODWORK**  
409 E. 3RD 267-5811

**PLUMBING**

Expert Plumbing and Drain Cleaning Service

Call  
**(432) 270-3911**  
M-36107

**PEST CONTROL**

**SOUTHWESTERN**  
Southwestern  
A-1 Pest Control  
**432.263.0441**  
Max F. Moore  
2008 Birdwell Lane  
www.swalpc.com

**ROOFING**

**Palacios Roofing Home Improvement**  
All Types of Roof Work,  
Home Repairs, Ceramic tile, Painting,  
Drywall, Concrete Work, Fences,  
Additions, Wood Floors.  
You Need It — We Do It...  
Since 1996 (Licensed & Bonded)  
Free Estimates  
Alvaro Palacios - Owner  
Call 213-0363 or 263-5430

**ROOFING**

**FULLMOON, INC.**  
ROOFING  
\$1,000.00 Off Complete Roof Job  
Low Cost Metal Roofing  
Insured • Bonded  
\$500,000 General Liability  
FREE ESTIMATES (432) 267-5478  
Big Spring, Texas

**ROOFING**

**JOHNNY FLORES ROOFING**  
Shingles, Hot Tar & Gravel.  
All type of repairs!  
Work Guaranteed.  
Specializing in Hot Tar Roofs  
and  
Doctor of Repairs!  
Free Estimates!!  
Big Spring & Surrounding Areas.  
**267-1110**

**SIDING**

**Four Seasons Insulation & Siding**

Specializing In  
Wall Insulation  
Thermal Replacement  
Windows & Siding

Call 264-8610

**TREE TRIMMING**

**Monico's**  
Yards & Trees

Mow Lawns and Prune Trees

432-213-2608 432-263-5461

"Best Lawn Care Service"

**TREE TRIMMING**

**LUPE'S TREE TRIMMING**

More than 20 years of experience.  
Stump grinder available. For Tree  
Trimming and removal.  
CALL  
**Lupe Villalpando**  
432-268-6406  
432-213-1451

**TAX SERVICES**

**FAST CASH**  
On Income Tax Refund  
**TAX ASSOCIATES**  
406 Rannels  
(Across from Bargain Mart)  
CALL  
**(432) 264-7515**  
"Se Habla Espanol"

**RESALE**

**MUSIC-N-MORE**  
"IT'S NOT A GARAGE SALE"  
Furniture, Appliances, Tools  
and Collectibles.  
Look here First!  
We buy and sell everything.  
**432-935-1893**  
504 W. 3rd St.

**WATER WELLS**

**Choate Well Service**

For all your water well needs.  
All major credit cards accepted  
Call (432) 393-5231  
Family Owned Business  
For 55 Yrs.

**HOUSE FOR SALE**

TRYING TO SELL YOUR HOUSE?  
CALL 263-7331  
Herald Classifieds

**HERALD**

**FOR SALE**

Trying To Get Rid Of Unwanted Items  
CALL 263-7331  
Herald Classifieds

**HERALD**

**WINDOW TINT**

**C & D Truck Accessories**  
2706 N. Hwy. 87  
432-263-3600  
Tint  
Cars, Trucks and Houses  
5 year limited warranty

**CAR FOR SALE**

TRYING TO SELL YOUR CAR?  
CALL 263-7331  
Herald Classifieds

**HERALD**

**Help Wanted**

**IMMEDIATE OPENINGS:**  
CDL Driver with experience & Laborer for dirt construction. Apply at Cline Construction, 1807 N. FM 700.



**IN-HOME CAREGIVER**

**Comfort Keepers** is seeking kind, caring & personable individuals to provide non-medical in-home care to the elderly. Full & Part time positions available and weekends. Flexible schedule. CNA's preferred but not required. Must have Own Transportation. Please apply at Texas Workforce Solutions.

**TOP JOBS**

Join our professional cleaning team! Advancement opportunities. We provide paid training, all necessary supplies and uniform. Must have own transportation & speak English. All cleaners are drug tested & background checked. Bonded and insured. Call **J. Williams Management** at 432-699-2090

**KITCHEN HELP & CARHOP** 16 Yrs. old or older. Must be Neat in Appearance. Honest & Dependable. No experience necessary will train. Inquire at Wagon Wheel, 2010 Scurry St. No phone call Please!

**LAQUINTA INN & SUITES** Hiring Full-time Housekeeping and Part-time Night Auditor. Must be able to work weekends. Apply at 1102 West I-20. No phone calls please.

**LEGAL SECRETARY**- resume required. Excellent computer skills. Send resumes to 608 Scurry, Big Spring, TX 79720 or Fax to 432-267-1043.

**LOCAL SALVAGE** Yard accepting applications and hiring for a parts puller and a dismantler. Must have own tools. Fill out application at Westex Auto Parts, 1511 Hwy 350 in Big Spring.

**PARKPLACE RETIREMENT** Living is seeking a creative, organized person for the position of Cook/Chef in a family friendly environment. This position requires knowledge of ordering processes, menu development and proper safety and sanitation procedures. This position works Thursday - Sunday at 12 hour shifts. Pay based on experience. Apply in person at 501 W. 17th Street.

**Help Wanted**

**LOOKING FOR** a rock solid company to grow and retire with? Blue Bell Creameries is accepting applications for a full time Route Salesperson in the Big Spring Area. Route Sales Experience and Commercial Drivers License helpful. Good driving record required. Job will require physically working with Ice Cream Products in a cold environment. Blue Bell is a market leading company with a 106 year proven history. Competitive Salary + benefits. Never had a lay off! Apply in person: 401 East Interstate 20.

**LOOKING FOR** someone to run Excavator to bury drilling pits in oilfield West of Big Spring. Also someone to drive Farm Tractor. No-tobacco. 432-517-0327.

**NEEDED** (1) full time Housekeeper and (1) part time Housekeeper. Will discuss hours and pay at interview.

Apply @  
Martin County Hospital.  
Hospital Housekeeping plus  
Or call Paula Dority @  
432-607-3227.

**NEEDED: FRONT** Office Receptionist. Desired candidates should be dynamic, energetic, enthusiastic, and proactive with the ability to multi-task in a fast paced environment. Bilingual a PLUS, but not required. Duties include:  
o Daily Operations  
o Answer busy multi-line telephone system  
o Checking patients in and out  
o Daily phone confirmations  
o Scheduling appointments  
o Reconciliation of daily charges  
Apply at 1501 W. 11th Place, Ste 302 or email resume to www.drcarrasco.com

**NEW HOPE** Christian School-Needs substitutes and part-time caregivers. Also need part-time kitchen help. Apply at 118 Cedar Rd. Must be able to pass drug test and background checks.

**NOW HIRING** experienced Pushers and Hands with valid drivers license. Salary DOE. Must pass drug screen. Apply in person 101 Hooser Rd, Sand Springs.

**WANTED MALE** Detention Workers on as needed basis, must be 21 years old, high school diploma or GED, No Criminal Record. Apply in person at Howard County Juvenile Probation Office 315 S. Main Suite C. Please bring drivers license, and social security card. No phone calls are accepted!

**Help Wanted**

**PARKPLACE RETIREMENT** Living is seeking a part time Resident Clerk. This position is shift work for various shift opportunities; weekends required (guaranteed 40 hours a week). Duties include facilitating activities, light housekeeping, assisting in during meal times, etc. Must be able to multitask and be active. Apply in person at 501 W. 17th Street.

**PARKVIEW NURSING** and Rehabilitation is now hiring for the following positions:  
\* Cook  
\* Nurse Aides, both certified & non-certified

We are seeking individuals that want to advance their career, where you will make a difference. We will help you further your education and provide you with the training to get you started on the road to that rewarding career. You may apply on line at www.parkviewnursing.net or in person at 3200 Parkway.

**PIZZA INN**  
NOW HIRING COOKS. MUST BE AVAILABLE DAYS, NIGHTS, AND WEEKENDS. NO PHONE CALLS PLEASE. APPLY IN PERSON AT 1702 GREGG.

**PIZZA INN**  
NOW HIRING DELIVERY DRIVERS. MUST HAVE CLEAN DRIVING RECORD AND INSURANCE. MUST BE ABLE TO PASS DRUG TEST. MAKE UP TO \$12.00 PER HOUR. NO PHONE CALLS PLEASE. APPLY IN PERSON AT 1702 GREGG.

**PIZZA INN**  
NOW HIRING WAIT STAFF. MUST HAVE SUPER STAR PERSONALITY AND GREAT WORK ETHICS. MUST BE AVAILABLE TO WORK DAYS, NIGHTS, AND WEEKENDS. APPLY IN PERSON AT 1702 GREGG.



**RNS/LVNS WANTED**  
Hands of Compassion Home Care  
Seeking full/part-time RNs and LVNs with home health experience. Must be willing to travel and be currently licensed by the State of TX. **Bilingual preferred.**  
Excellent pay and benefits.  
Apply online @  
www.hochomecare.com  
or call Larry at 432-218-7996.

**Help Wanted**

**THE COLORADO** River Municipal Water District, regional raw water supplier for the Permian Basin, is accepting applications for following position.

**Operations Technician- Maintenance** Responsible for maintaining the District's raw water pipelines, pump stations, and wells. Entry to intermediate level position. CRMWD is an equal opportunity employer. Benefits include health insurance, retirement plans, and sick, vacation and holiday leave. Applications are required and are available at the District's office, 400 E. 24TH Street, Big Spring, Texas 79720, by calling (432)267-6341 or www.crmwd.org.

**FORSAN ISD** is accepting applications in the following areas: cafeteria, custodian, and maintenance. Applications are available online at forsan.esc18.net, by calling 432-457-2223, ext. 3, or may be picked up at either campus.

**RUSTY'S OILFIELD** Service In Stanton has immediate openings for Mechanic, CDL Driver, Roustabout Pushers and Helpers. Must have valid drivers license. Apply in person at 3327 W I20 in Stanton. 432-756-2821.



Seeking Enthusiastic **ATTENDANTS** to assist clients in the home with personal care, meal prep, and light house-keeping. P-T E.O.E. Call 1-800-458-3257.

**SHELL STAR STOP** looking for new team members. Full & Part time employees needed. Apply in person at any Shell Star Stop in Big Spring. Drug Free Environment.

**SPANISH INN** is accepting applications for Kitchen help, Waitress, Waiter & Bus Help. Must be dependable and have experience. Apply in person at 200 North West 3rd. No phone calls please.

**STANTON ISD** is accepting applications for a full time skilled & unskilled maintenance positions. Any questions regarding job description and employment can be directed to the Stanton ISD Administration office at 200 North College, Stanton, TX 79782, or by phone at (432)756-2244.

**TOP NOTCH** Landscaping is Hiring for all positions. Experience preferred. Call (432)741-2330 Mon.-Fri. 8-5.

**Help Wanted**

**NOW HIRING** Bartender- Experienced \$10.00 per hour or will train. Liquor, Wine and Beer. Sunset Bar 1800 North Birdwell, Big Spring, Tx.. Call 432-263-6292.

**T N C NEEDS**  
RN'S LVN'S and C.N.A.'S  
All shifts needed  
(325)670-0090  
texasnurseconnection.com  
Please call Mon-Fri 8am-5pm

**THE WOOD** Group is hiring Part-time Direct Care Staff for Crisis Residential facility. Weekend and PRN shift available. No certification required. To apply visit our website www.thewoodgroup.us and fax to 432-263-4334. For questions call 432-263-2559.

**WANTED: FUEL & Oil Sales** Representative for Park Fuel. Good Starting Salary and Benefits, Based on Experience. Apply at 1st & Johnson in Big Spring.

**WANTED: LEGAL** secretary/paralegal, primarily personal injury and commercial litigation, salary commensurate with experience. Proficient computer skills required. Send resume c/o P.O. Box 1431/228, Big Spring, TX 79721-1431.

**WAREHOUSE/ DELIVERY** Wanted for local Rental Store. Benefits include paid vacation, retirement & health insurance. Requirements are background check, drug screening, good driving record and be at least 19 years old. Starting pay \$8.50 per hour. Apply in person, Credit World, 1611 Gregg.

**WEST TEXAS** Opportunities, Inc. is taking applications for a **Driver** in Big Spring. Applicants must have a high school diploma or GED, must have a good driving record, be well-organized, dependable, and either have a Class C-CDL license with passenger endorsement or be able to obtain one at WTO, Inc. expense within 90 days of hiring. Applicants must obtain a Medical Examiner's Certificate at WTO, Inc. expense, before hiring and renew it every two years thereafter. Ability to speak Spanish is desirable. Drivers must successfully complete CPR/first aid training within 60 days of employment. Pre-employment substance abuse testing required. A criminal background check will be required. Please contact Diane Cortez at 806-872-8354 to obtain an application. Position will be open until filled. WTO, Inc. is an equal opportunity employer.

**Instructional**

**MEDICAL CAREERS** begin here - Train ONLINE for Allied Health and Medical Management. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV certified. Call 877-692-9599 www.CenturaOnline.com

**Items for Sale**

**FOR SALE:** Brand New Celestron 4 inch spotting scope with adjustable tripod. \$275.00. Call (432)466-4565. Orand Carroll.

**SEASONED MESQUITE** Firewood for Sale: \$165.00 for half cord. Call Terry Jenkins at 432-270-3122.

**SEASONED OAK** Firewood. \$340.00 Full Cord & \$190.00 Half Cord. Delivered and Stacked. Call 325-648-2818 or 512-913-7406.

**Jobs Wanted**



**PROFESSIONAL, DRUG** Free Crew with Machinery looking for work in oil field or private clients. Experienced in site construction, grinders, mulchers and heavy duty mowing. Installation/maintenance of pipelines, power lines, cathodic protection, water storage, water cleaning (reuse), clean up of spills on land, water/tank cleaning. Will fund and build workforce housing and/or executive accommodations. Contact Michael Durden 678-429-4284.

**Miscellaneous**

**Diabetic Test Strips WANTED**  
**We Buy Most Brands. Pay Up To \$20/box. Fast and Honest.**  
5 Box Minimum • Unexpired Only  
www.QuickCash4TestStrips.com  
**1-800-979-8220**

**AIRLINES ARE HIRING** - Train for hands on Aviation Career. FAA approved program. Financial aid if qualified. Job Placement assistance. CALL Aviation Institute of Maintenance. 877-803-8630

**30-80% OFF PRESCRIPTION DRUGS**

| Drug Name                     | Qty (pills) | Price*   | Drug Name        | Qty (pills) | Price*   |
|-------------------------------|-------------|----------|------------------|-------------|----------|
| Plavix 75mg                   | 90          | \$ 89.99 | Celebrex 200mg   | 100         | \$ 89.99 |
| Combivent 18/103mcg 600 doses |             | \$ 74.99 | Effexor XR 150mg | 90          | \$ 99.99 |
| Viagra 100mg                  | 16          | \$ 79.99 | Xifaxan 200mg    | 100         | \$124.99 |
| Zetia 10mg                    | 100         | \$ 94.99 | Cymbalta 30mg    | 100         | \$ 99.99 |
| Cialis 20mg                   | 16          | \$ 79.99 | Tricor 145mg     | 90          | \$104.99 |
| Nexium 40mg                   | 90          | \$ 94.99 |                  |             |          |
| Advair 250/50mcg 180 doses    |             | \$169.99 |                  |             |          |
| Spiriva 18mcg                 | 90          | \$154.99 |                  |             |          |
| Actos 30mg                    | 100         | \$104.99 |                  |             |          |
| Levitra 20mg                  | 30          | \$ 94.99 |                  |             |          |

\*We accept Visa, MasterCard, Personal Check or Money Order. \*\*Prices shown are for the equivalent generic drug if available.  
**Ph: 1-800-267-2688**  
**Fax: 1-800-563-3822**  
Mailing Address: PO BOX 121 STN L, WINNIPEG MANITOBA, R3H 0Z4 CANADA  
www.TotalCareMart.com CODE CN29

**ATTEND COLLEGE ONLINE FROM HOME**  
\*Medical, \*Business, \*Criminal Justice, \*Hospitality. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV authorized.  
**Call 800-509-5085**  
www.CenturaOnline.com  
**Centura COLLEGE**

**AIRLINES ARE HIRING**   
Train for hands on Aviation Maintenance Career. FAA approved program. Financial aid if qualified - Housing available  
CALL Aviation Institute of Maintenance  
**800-335-9129**

**BUSINESSES & SERVICES**  
\$55.60 Per Month  
Call 263-7331 to place your ad today!!  
VISA MasterCard DISCOVER NOWUS

**WELDING**  
**L.A. Welding Services**  
24/7 Service  
  
• Rig Welding  
• Pipe Welding  
• Well Heads & More  
**Lee Alvarado**  
**(432) 816-4688**  
P.O. Box 1784  
Big Spring, TX 79721  
229832

**HOUSE LEVELING/MOVING**  
**B&B House Leveling & Foundation Repair**  
LOCALLY OWNED & FAMILY OPERATED FOR 67 Years  
Foundation Repair is Our Specialty & Only Work Our Company Does!  
  
If it's not a deep driven steel pier, it's not a steel pier. Capable of 90 ft. in depth! **BBB A+ RATING**  
The Big Country's only provider for non-corrosive Steel Piers  
• Repairs on Solid Slab, Pier & Beam Foundations  
• Void Filling & Mud Jacking  
• Landscape Friendly  
**LIFETIME TRANSFERABLE GUARANTEE**  
**325-675-6613 • Abilene, TX • 800-335-4037**  
**Owner: Rick Burrow**  
Licensed & Bonded for Home Owner's Protection  
Insurance Claims Welcome • Free Inspections • Senior Citizens & Military Discounts



Annie's Mailbox®

**Dear Annie:** I would like your opinion on something. I am a grandmother of four wonderful grandkids and very proud of the fact. The problem comes when dealing with the other grandmother, especially when others are in the vicinity. I don't know whether it's because I am older than she is or what, but she always addresses me as "Gramma Mary," as in, "Gramma Mary, what would you like to do today?"

I find this condescending, disrespectful and rude. First of all, I am not her grandmother. Second, I am a person in my own right, with a job and hobbies. I am not defined solely by being a grandmother.

I was at a family function last week where I met my granddaughter's soon-to-be mother-in-law, and this woman called me "Gramma," too!

My daughter later said it was because she couldn't remember my name, which

is all well and good, but when I couldn't remember her name, I didn't call her "Mom." I took my daughter aside and asked what her name was.

I don't mean to sound petty, but this bothers me so much that I want to scream. If a grandchild calls me "Gramma," I'm thrilled and want them to shout it from the rooftops. But when non-related adults do it, it is demeaning. How can I get them to stop? — *No Name, No City*

**Dear No Name:** Not every grandmother would object to this, especially since other adults might consider it part of your title and unconnected to your relationship to them. Also keep in mind that, in front of the grandchildren, others may feel it is less confusing to the kids to refer to you by the same name the children use. But since this bothers you so much, it's perfectly OK to state your preference at the time. When some-



KATHY MITCHELL  
MARCY SUGAR

one calls you "Gramma Mary," smile and say, "I'd prefer you call me 'Mary.'" You can remind them when necessary.

**Dear Annie:** I am a recent widower. I was married for more than 50 years. The problem is, my conscience is really bothering me.

Almost 40 years ago, I had a brief affair with one of my employees. I confessed my

sins to my priest, but I never said anything to my wife. I don't know whether she suspected anything, but if she did, she was silent.

The dilemma is: Should I tell my adult children? Or should I take this unholy secret to my grave? — *California*

**Dear California:** Please don't ease your conscience by burdening your children with this hurtful information. You might feel better, but they would feel terrible. Even though you spoke to your priest, if you still need to get this off of your chest, talk to a counselor. You made a mistake 40 years ago and crave forgiveness, but you also have to forgive yourself.

**Dear Annie:** This is in reply to "Conflicted Adoptee from Kansas," who located her birth mother and wanted her half-siblings to know about her.

My mother had a child when she was 19. She was unable to care for the baby girl, but the biological father's parents decided to raise her without any contact with my mother. Ten years later, my mother married

someone else and had me. When I was in college, this now-grown child contacted my mother and said she wanted me to know I have a sibling. My mother was terrified to tell me, but didn't want me to hear it first from my half-sister. Mom sobbed through the entire conversation, and I can only imagine how she felt. I understand the fear and concern that my opinion of her would change, but I am just glad she told me about it.

I now have a relationship with my half-sister, and although we don't have a lot of contact, we are still family. I can't imagine allowing this knowledge to affect my close relationship with my mother. Everyone has a past. — *Surprised Half-Sibling*

*Annie's Mailbox is written by Kathy Mitchell and Marcy Sugar, longtime editors of the Ann Landers column. Please email your questions to annies-mailbox@comcast.net, or write to: Annie's Mailbox, c/o Creators Syndicate, 737 3rd Street, Hermosa Beach, CA 90254. To find out more about Annie's Mailbox and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate Web page at www.creators.com.*

© 2013 CREATORS.COM

Is your cat getting the right balance of nutrients?

Family Features

When it comes to nutrition, people and their feline family members aren't so different. At every stage of development, a diet balanced with the right mix of specific vitamins and nutrients is important for good health and well-being. From kittens to mature cats, providing the proper nutrition at every life stage will help your pet thrive.

But finicky felines aren't always receptive when their old food is swapped for a new one. Dr. Jennifer Coates, veterinarian and author of petMD's "Nutrition Nuggets" blog, knows that introducing a new cat food can be difficult. To help owners provide the very best nutrition for their felines, Coates has teamed up with Hill's® Science Diet® to provide the following tips to help make the transition as smooth as possible:

Patience pays off. In order to successfully change your cat's diet, you must be patient and



persistent. Your cat may resist at first, but good nutrition is one of the best ways to promote your cat's health and longevity, so don't let a few bumps in the road deter you from your goal.

**Make a smooth transition.** Try to avoid sudden switch-ups. A dramatic change in smell, flavor or texture can be difficult for cats to deal with. Gradually introduce the new food when possible. If you have to make an abrupt change because of a health concern, talk to your veterinarian about the best method to introduce the new food your cat needs.

Mix it up. Blend old and new foods together for at least five days. Start with approximate-

ly 90 percent of your cat's old food mixed thoroughly with 10 percent of the new food and gradually decrease the amount of the former and increase the amount of the latter for as long as is necessary.

**Find a balance.** Before switching your cat's diet, make sure you understand the proper balance of nutrients your feline needs to receive by using the new MyBowl tool at www.petMD.com. This free online tool allows you to understand the specific needs of your feline at every stage of development and illustrates the proper portion for essential foods such as proteins, carbohydrates, vitamins, minerals, fats and oils. Look to quality cat

foods. Well-balanced cat foods make it easy for cat parents to ensure their feline gets the nutrients they need. Look to products, such as Hill's® Science Diet® Ideal Balance™ for felines, which makes feeding your cat a balanced diet simple by incorporating all-natural ingredients formulated in precise amounts to provide the exact balance of nutrition your pet needs. With chicken listed as the key ingredient, this food also incorporates healthful fruits and vegetables and is formulated without corn or artificial colors, which can impair digestion.

Get creative. If your cat is resisting the change, try making warm gravy out of your cat's old food and pour it over the new diet. Simply mix a small amount of the old canned food or crushed-up kibble with a few tablespoons of hot tap water. The heat will activate the smells your cat is familiar with and they'll begin to eat the new food.

Tomorrow's Horoscope

**LIBRA** (Sept. 23-Oct. 23). You've learned quite a lot from your mentor, and yet your results have their own unique flavor. It's a taste that the world needs right now. Step out on your own and teach another person what you know.

**SCORPIO** (Oct. 24-Nov. 21). You can't go swimming without getting wet. Today you'll willingly suffer some little inconvenience because you realize it's part of the deal. Being too picky is a waste of valuable time.

**SAGITTARIUS** (Nov. 22-Dec. 21). Just because they don't get you doesn't mean you're wrong. If you can find a way to tolerate the feeling of being misunderstood, you'll have a great advantage over those who rely on the approval of others.

**CAPRICORN** (Dec. 22-Jan. 19). You're up for playing games when it's fun. Your fellow gamer's strategy is to feign helplessness so you'll participate in a big way — maybe even jump through hoops.

**AQUARIUS** (Jan. 20-Feb. 18). You'll be negotiating once more. It always helps your side to be autonomous. If you feel like you could step away at any moment and it's all the same to you, you're in a good position.

**PISCES** (Feb. 19-March 20). Can you have too many hobbies? Not really. If a new one appeals to you, there is probably a reason for it. It might take a small investment to go where your intrigue leads you, but the cost will be worthwhile.

**TODAY'S BIRTHDAY** (Feb. 24). Years of training will start to pay off in interesting ways. In March, something you do quickly will be a masterpiece. April puts more coins in your bank account. Save up. Lifestyle upgrades are well earned in May. You'll be instrumental in arranging a reunion in July. Cut loose old baggage so you can move on in August. Aquarius and Aries people adore you. Your lucky numbers are: 10, 44, 49, 28 and 5.

**FORECAST FOR THE WEEK AHEAD:** The

AVAILABLE FOR ADOPTION  
AT THE BIG SPRING ANIMAL SHELTER

Dingo



Bull Terrier Mix  
Medium • Adult • Male

Dingo is sweet, playful dog with a good personality. He is current on his rabies vaccination and is already microchipped. It would be best if he was the only dog in the home.

Available for Adoption  
until February 27

432-264-2372

Wait for It... Wait for It...

Uncertainty can cause anxiety or produce a delicious sense of anticipation. You might think of today's overriding sense of uncertainty as dramatic tension — an essential element in good storytelling. Similar to the way that the darkest hour is just before dawn, the peak time for dramatic tension occurs on the eve of the full moon's emotional release.

**ARIES** (March 21-April 19). It's wonderful to have niceties and treats in your life, but setting limits in this regard is essential to good living. If you don't take control, you'll be controlled.

**TAURUS** (April 20-May 20). Your life force is surging strongly now, so don't be surprised if people stop to stare. They are only trying to figure out that indescribable something that makes you so compelling.

**GEMINI** (May 21-June 21). To recover from a fall is life-affirming. To recover before the fall is even more so. Staying on your feet will require a series of adjustments, and you're so ready for whatever comes.

**CANCER** (June 22-July 22). Every rose has its thorn, but a good florist will handle the problem for paying customers. And today, you'll be more than happy to trade your hard-earned cash to get another prickly problem handled.

**LEO** (July 23-Aug. 22). Over-familiarity is not good for relationships. When common courtesies go out the window, it's a signal to distance yourself. How far should you step back? You need enough space to build a mystery.

**VIRGO** (Aug. 23-Sept. 22). The best luck you have today comes in the form of another person. The one you most like to play with will be available and open to your whims.



HOLIDAY  
MATHIS

English naturalist Charles Darwin was among the earliest scientists to write about the role of emotional expression in human survival, spawning new interest and examinations into the subject of emotional intelligence. Even today many researchers still do not recognize emotional intelligence as a legitimate form of intelligence — although one can't help but wonder whether their spouses feel the same way.

The full moon in Virgo on Monday releases pent-up mental energy in a rush of feeling. Mercury retrograde in Pisces promises that the emotions will be as intense as they are hard to define. As if these factors weren't enough, Venus makes things even more interesting when she sheds her inhibitions to go skinny-dipping in the soulful sea of Pisces. Much will be revealed, and yet we won't have a clue what it means. As is the case with great art, interpretation is key. Take your time with this. On the 26th, Mercury retrograde aligns with Mars in Pisces. On the 28th, Venus and Neptune align in Pisces. Beautiful experiences can be born of this artistic energy. The words that spring to mind may only confuse matters. Trying to name and define things will feel uncool. Play with them instead.

**CELEBRITY PROFILES:** The current golden child of boxing, Floyd Mayweather Jr. is a Pisces old soul who comes from a long line of fighters. Known for his lightning reflexes and comedic commentary, three fire-sign influences add heat to the champion's well-balanced natal chart. Every element is represented in his stars. "Money Mayweather" was born when Mercury and Mars were in fleet-footed Aquarius.

*If you would like to write to Holiday Mathis, please go to www.creators.com and click on "Write the Author" on the Holiday Mathis page, or you may send her a postcard in the mail. To find out more about Holiday Mathis and read her past columns, visit the Creators Syndicate Web page at www.creators.com.*

© 2013 CREATORS.COM

# Celebrate St. Patrick's Day with flavorful green greats

(Family Features) St. Patrick's Day is the perfect occasion to have fun in the kitchen with the color and flavor of the holiday — vivid green and refreshing peppermint.

"Food color and extract can transform an ordinary cupcake or cookie into a festive delight, worthy of any St. Paddy's party," said Mary Beth Harrington of the McCormick Kitchens.

For a green twist on classic red velvet cupcakes, stir green food color into basic cake mix and add pure vanilla extract, sour cream and cocoa powder. Whip up minty green cream cheese frosting and decorate with green sprinkles or colored sugar to make them fun for kids of all ages.

## Easy Green Velvet Cupcakes

Prep Time: 20 minutes  
Cook Time: 20 minutes  
Makes 24 servings

- 1 package (18 1/4 ounces) German chocolate cake mix with pudding
- 1 cup sour cream
- 1/2 cup water
- 1/4 cup unsweetened cocoa powder
- 1/4 cup vegetable oil
- 1 bottle (1 ounce) McCormick Green Food Color
- 3 eggs
- 2 teaspoons McCormick Pure Vanilla Extract
- 1 container (16 ounces) cream cheese frosting or Vanilla Cream Cheese Frosting (recipe follows)
- Green sprinkles (optional)

Preheat oven to 350°F. Beat cake mix, sour cream, water, cocoa powder, oil, food color, eggs and vanilla in large bowl with electric mixer on low speed just until moistened, scraping sides of bowl frequently. Beat on medium speed 2 minutes.

Pour batter into 24 paper-lined muffin cups, filling each cup 2/3 full.

Bake 20 minutes or until toothpick inserted in center of cupcake comes out clean. Cool in pan 10 minutes. Remove from pans; cool completely on wire rack. Frost with cream cheese frosting. Decorate with sprinkles, if desired.

### Minty Green Cream Cheese Frosting:

Stir 1/2 teaspoon McCormick Pure Peppermint Extract and 1/2 teaspoon McCormick Green Food Color into canned cream cheese frosting or Vanilla Cream Cheese Frosting.

### Vanilla Cream

#### Cheese Frosting:

Beat 1 package (8 ounces) cream cheese, softened, 1/4 cup (1/2 stick) butter, softened, 2 tablespoons sour cream and 2 teaspoons McCormick Pure Vanilla Extract in large bowl until light and fluffy. Gradually beat in 1 box (16 ounces) confectioners' sugar until smooth. Makes 2 1/2 cups.



For more St. Patrick's Day ideas and recipes, visit [www.McCormick.com](http://www.McCormick.com), [www.Facebook.com/McCormickSpice](http://www.Facebook.com/McCormickSpice), or [www.Pinterest.com/mccormickspices](http://www.Pinterest.com/mccormickspices).

## Sudoku Answers on Page 12B

# sudoku

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 through 9 with no repeats. That means no number is repeated in any row, column or box.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 3 |   |   | 9 |   | 5 |   |   |
| 7 |   | 4 | 6 |   | 5 |   |   | 3 |
| 5 |   | 9 |   |   | 3 | 4 |   | 2 |
| 3 |   |   |   | 6 | 8 |   |   |   |
|   | 5 | 6 |   |   |   | 1 | 8 |   |
|   |   |   | 7 | 5 |   |   |   | 9 |
| 8 |   | 5 | 9 |   |   | 6 |   | 1 |
| 6 |   |   | 5 |   | 1 | 9 |   | 4 |
|   | 4 |   | 2 |   |   |   | 7 |   |

[www.sudoku-puzzles.net](http://www.sudoku-puzzles.net)



## Critics, city debate delaying NYC soda-size rule

NEW YORK (AP) — It's up to a judge whether a first-of-its-kind size limit on sodas and other sugary drinks will take effect in three weeks.

Beverage-makers and sellers, seeking to hold off enforcement while a lawsuit plays out, faced off in court Wednesday with city officials. Manhattan state Supreme Court Justice Milton Tingling didn't immediately rule or say when he would.

With the regulation set to go into effect March 12, the beverage industry and eateries say businesses could end up squandering money complying with the regulation if a court ultimately throws it out.

"What's the rush? Is the city so worried that one more person is going to gain another pound, or two pounds, or 10 pounds, that they have to come out with their enforcement now?" asked Steven Molo, a lawyer for

groups representing Korean-American deli owners and Hispanic-owned eateries.

The city, meanwhile, says there's no time to waste in launching what officials and health experts call a novel effort to lessen obesity with huge costs of its own, measured in health problems and hospital bills.

The restriction "will have significant public health effects, and the sooner that happens, the better," city lawyer Mark W. Muschenheim told the judge.

The city Board of Health agreed in September to ban restaurants, delis, movie theaters and many other eateries from selling high-sugar drinks in cups or containers bigger than 16 ounces. The city plans to start enforcing the rule next month but to postpone seeking \$200 fines until June.

Citing studies that suggest sugary drinks are a driving factor in

the nation's growing girth, city officials portray the restriction as a portion-control tactic that will help people cut calories without stopping anyone who actively wants more soda from buying another.

The opponents say that it's insulting to suggest consumers don't know what they're doing, and that it's unfair to impose a restriction that applies only to some beverages and some establishments. Because of fac-

tors including limits on the city's jurisdiction, the rule doesn't cover alcoholic drinks, milkshakes, coffee drinks or unsweetened juices. Nor does it apply to any sugary drinks sold at supermarkets or convenience stores — including the 7-Eleven Big Gulp, which often is Exhibit A in debates about the rise of the supersize.

The business groups say the rule will cost beverage-makers about \$600,000.

# TAX SERVICES

Preparing America's Taxes Since 1955

Preparing America's Taxes Since 1955

## H&R BLOCK®

1512 S. Gregg  
Big Spring, Texas 79720  
Tel: (432) 263-1931  
Fax: (432) 263-1402  
[www.hrblock.com](http://www.hrblock.com)

SUN LOAN COMPANY

### GET TAX REFUNDS FAST

Beginning January 22nd

Stop By And See  
**Diane Yanez** Or **Marissa Rodriguez**  
Manager/Notary Public Asst. Manager

**Monday-Friday 8:30 - 5:30**  
(Evenings May Vary)  
**Saturday 8:30 - 12:00**

220 Main St. • Big Spring, TX • 432-263-1138

### FREE ESTIMATES

Certified Tax Preparers  
Electronic & Paper Filing Available

## Contract Bridge

By Steve Becker

### When the Iron Is Hot

South dealer.  
Neither side vulnerable.

**NORTH**  
♠ Q 9 8 7 6 5  
♥ K Q  
♦ 10 4  
♣ Q 7 2

**WEST**  
♠ J 10 4 3  
♥ 8 6  
♦ A Q J 5 2  
♣ 6 5

**EAST**  
♠ A K 2  
♥ J 10 9 7 4 2  
♦ 8 3  
♣ 10 9

**SOUTH**  
♠ —  
♥ A 5 3  
♦ K 9 7 6  
♣ A K J 8 4 3

The bidding:  
South West North East  
1 ♣ Pass 1 ♠ Pass  
2 ♣ Pass 2 ♠ Pass  
2 NT Pass 3 NT Pass  
Pass Dble  
Opening lead — three of spades.

The opening lead plays a vital role in many hands. Just how big a difference it can make is illustrated by this extraordinary case from a rubber-bridge game where West was Alvin Roth, one of the great players of all time. His double of three notrump was bold as well as imaginative, but it would have failed dismally had he chosen the wrong opening lead.

For example, if he had led a diamond, as many players in his place would have done, South would have scored the first 10 tricks. Similarly, had Roth led a heart or a club, South would have taken the first nine tricks.

But Roth led a spade, and South was a dead duck. In desperation, he played dummy's queen, which lost to the king and, oddly enough, simultaneously squeezed South. He was looking at nine cold tricks, but with the opponents on lead, he was in bad shape. Reluctant to part with a winner, he discarded a diamond. East thereupon returned a diamond to West's jack.

Roth now made the excellent play of the jack of spades followed by a low spade. He wanted to make sure that East would return a diamond when he took the ace of spades. Roth was afraid that, if he led the four instead of the jack, East might suddenly get nervous and return a spade to assure defeat of the contract.

East did return a diamond, and the defense wound up scoring four spades and five diamonds to inflict a 900-point (1,100 today) defeat! All of which can be attributed to a well-judged double and — lest we forget — a well-judged opening lead.

Tomorrow: Famous Hand.  
©2013 King Features Syndicate Inc.

## Tax Time Never Felt So Good

Turn this....

Into this....

# Tax Associates

406 Runnels, Big Spring, Tx 79720  
(432) 264-7515 | (432) 264-6134

Se Habla Español

Fast Cash

IRS e file

Mon.-Fri. 8-9pm  
Sat. 9-6pm

Stop by and see  
**Sam Castro & Brenda Hernandez**

BBB

# Spa-like beauty at home



Photo courtesy of Getty Images

(Family Features) — Feeling like you've booked a weekend at a luxurious spa resort doesn't have to cost a fortune, nor does it require an appointment. You can create that magically refreshed feeling at home with a few simple pantry staples and a quick visit to your local drug store.

Here are some ideas for pampering yourself with-

out breaking your budget.

### Skin Rejuvenation

For smooth, radiant skin that feels nourished and refreshed, give yourself a gentle scrub. Make a paste of 2 cups ground coffee, 1/2 cup raw sugar and 3 tablespoons olive oil. Rub in a gentle circular

motion to exfoliate skin and remove dead skin cells. Rinse clean with warm water.

Follow your scrub with a rich cleansing gel to rejuvenate and add moisture to your skin. Capture the illusion of a spa getaway with tropical-scented cleansers such as Softsoap Coconut Island Quench Body Wash, which is enriched with coconut oil extract to leave skin feeling soft and supple, or Softsoap Acai Berry and Tropical Water Body Wash, infused with antioxidant-rich acai berry extract and moisturizing beads to invigorate both body and mind.

### Perfect Pedicure

To get your feet feeling smooth and clean, blend 2 tablespoons sea salt in a basin of warm water. For an extra spa-like experience, add a few drops of lavender oil. After a nice soak, make a scrub using 3 parts salt and 1 part water. If more exfoliation is needed, add 1 part brown sugar to the scrub. Rinse. Use a nail brush and cuticle pusher to freshen up your nails. Finish with a rich moisturizer and a warm towel foot wrap. Let sit for 5 to 10 minutes, then add your favorite nail polish and a protective top coat.

### Banishing Bags

For tired, puffy eyes, brew a large mug of tea using two tea bags. Let them cool to a comfortable temperature, then place one bag over each eye. To reduce an extreme case of puffiness, cool bags completely in the refrigerator and apply as cold compresses. Turn on some soft music and lay back to relax.

### Hair Care Help

Baking soda helps remove the residue that styling products leave behind. To get rid of product buildup and leave your hair cleaner and more manageable, sprinkle a quarter-size amount of baking soda into your palm along with your favorite shampoo. Shampoo as usual and rinse thoroughly.

You can find more ideas for at-home beauty at [www.softsoap.com](http://www.softsoap.com).

# BRIDAL PLANNER

*The Preferred Bridal Registry*

**Gaze Crystal Kitchen**  
China • Housewares • Flatware • Crystal • Gifts  
1515 E. FM 700 432-267-6355

**Suggs Hallmark**  
Register With Us And Receive  
A **FREE** Gift

- China
- Dinnerware
- Flatware
- Crystal
- Home Decor
- Bed and Kitchen

Mon. Sat. 10-7pm  
Sun. 1pm-5pm

Inside The Big Spring Mall  
432-263-4444

**NOBODY ASKS FOR IT**  
Help STOP Sexual Assaults  
**Call 263-3312**  
Rape Crisis Services/Big Spring

**TKP**  
the karat patch  
JEWELRY DESIGNS

997 E. FM 700  
432-267-1480  
Mon.-Fri. 9:30-5:30

*She's One of a Kind...  
Shouldn't Her Ring Be Too?*

One of a kind Engagement and Wedding Rings in stock!

234168

*Everything You Need For  
A Wonderful Beginning*

- Dinnerware • Serving Sets
- Home Decor • Linens
- Crystal • Glassware

Create Your Bridal Selection at  
**Elrod's Furniture**  
Big Spring's Oldest, Largest, Finest Furniture Store  
2309 Scurry 267-8491

**sudoku**  
ANSWERS

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 2 | 3 | 8 | 4 | 1 | 9 | 7 | 5 | 6 |
| 7 | 1 | 4 | 6 | 2 | 5 | 8 | 9 | 3 |
| 5 | 6 | 9 | 8 | 7 | 3 | 4 | 1 | 2 |
| 3 | 9 | 7 | 1 | 6 | 8 | 2 | 4 | 5 |
| 4 | 5 | 6 | 3 | 9 | 2 | 1 | 8 | 7 |
| 1 | 8 | 2 | 7 | 5 | 4 | 3 | 6 | 9 |
| 8 | 2 | 5 | 9 | 4 | 7 | 6 | 3 | 1 |
| 6 | 7 | 3 | 5 | 8 | 1 | 9 | 2 | 4 |
| 9 | 4 | 1 | 2 | 3 | 6 | 5 | 7 | 8 |

www.sudoku-puzzles.net

Discover  
Another World,  
**Read!**  
You never  
know  
what you  
might find.

**ferti-lome**

**Weed & Feed**

Available at  
**Howard County  
Feed & Supply**  
701 E. 2nd 267-6411

Wishing For  
A Stress **FREE**  
Wedding Day?  
**Call Today**

- \* Wedding Decorating
- \* Custom Invitations
- \* Fresh & Silk Arrangements
- \* Accessory Rentals

*Florist with a Flair*

**Alley Kat  
Designs**  
432-270-3293

**KOKOPELLI'S**

You've dreamed of this day for so long...The day your hearts & lives become one. KoKopelli's is the perfect location for this memorable day. So call us today for available dates & prices.

- \*Wedding Events
- \*Business Meetings
- \*Quinceañera
- \*So Much More!

Contact **Lonnie Prater** or **Kelly Priebe** at:  
**Loco Flamingos • 432-213-1147**

**MANUEL R. CARRASCO, MD**  
CERTIFIED BY THE AMERICAN BOARD  
OF INTERNAL MEDICINE

AREAS OF INTEREST:  
GENERAL INTERNAL  
MEDICINE- ADULT MEDICINE SPECIALIST.  
ASTHMA,  
CHRONIC BRONCHITIS,  
HYPERTENSION, JOINT PAIN  
TESTOSTERONE  
MANAGEMENT,  
LOW SEX DRIVE,  
WEIGHT LOSS.

**Employment  
& DOT Physicals**

Practice is recognized  
as delivering excellent  
care in Diabetes  
per Blue Cross  
and Blue Shield.

Flu vaccines  
available.

**Clearance  
Sale** 20% to  
50% off!

Fall &  
Winter  
Merchandise

Suits • Sport Coats  
Slacks • Jackets  
Shirts • Accessories

**Sport Coat  
Special:**  
Buy 1 at  
regular price,  
get 1 free\*

**JIM'S  
TALL & BIG MEN'S STORE**  
Since 1973

\*of equal or lesser value

423 North Grant Ave • Downtown Odessa • (432)333-1071

**Blum's  
JEWELERS**  
One beautiful place.

**She kissed you.  
Then you knew  
she is the one.**

Come to **Blum's**  
to pick that  
special ring

Inside The Big Spring Mall 267-6335

**Bilingual**  
Serving Big Spring Since 1993  
1501 W. 11th Place • Suite 302  
432-714-4500



### MARTIN COUNTY HOSPITAL DISTRICT

600 EAST INTERSTATE 20  
STANTON, TEXAS 79782  
432-607-3200



### MARTIN COUNTY FAMILY CLINIC

600 EAST INTERSTATE 20 STE. #D104  
STANTON, TEXAS 79782  
**432-607-3243**  
HOURS 8:00AM TO 4:00 PM

PROVIDERS:

**ROBIN ALVARADO, FNP**  
**JOHNNY FLITTON, PA-C**

WALK-INS WELCOME OR  
SCHEDULE YOUR APPOINTMENT



### Martin County Hospital Home Health

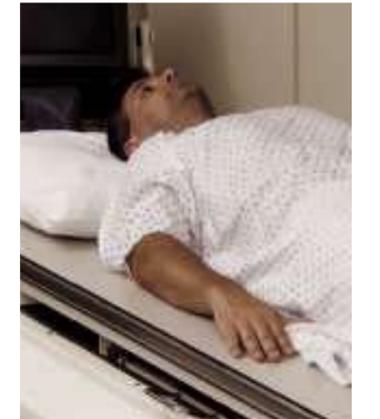
600 EAST INTERSTATE 20 STE. #101  
STANTON, TEXAS 79782  
**432-607-3249**



# HEALTH

# MEDICAL

A Special Health Supplement To The Big Spring Herald



## WITH MORE THAN 200 PROVIDERS AND 16 LOCATIONS, SHANNON CLINIC PROVIDES CARE FOR THE WHOLE FAMILY.

### SHANNON CLINIC 120 E. BEAUREGARD (325) 658-1511

#### Allergy

Stuart Abramson, MD

#### Dermatology

Ernest N. Charlesworth, MD  
Mark Ramirez, MD  
Steve Ritter, MD (Sept. 2013)

#### Family Practice

Steve Burgess, MD  
Norma Cerna, MD  
Cornelius "Neil" Chinn, MD  
James E. Melott, MD  
Derrill Stuart, MD  
Catherine Barnett, RN, CNS, FNP  
Julie Green, MPAS, PA-C  
Susan Schultz, RN, ACNS, FNP  
Michelle Taylor-Chinn, RN, FNP

#### Infectious Disease

Lorena Perez-Povis, MD

#### Internal Medicine

Syed Abrar, MD  
Carl Anderton, MD  
Chris Barnett, MD  
John Harvey, MD  
Roberta Hinshaw, MD  
Ty Hughston, MD  
Michael Jones, MD  
Steven McCloy, MD

#### Nephrology

Anthony De Mory, MD  
Tammie Robinson, RN, FNP  
Nancy Smith, RN, FNP

#### Pediatrics

Fernando Gonzalez, DO  
Karl Wehner, MD  
Lori Looka, RN, PNP

#### Psychiatry

Lindy Bankes, MD  
Madiha Ghayas, MD

#### Pulmonary Diseases

Walter Rustmann, DO  
Hernan Caceres Zarate, MD  
Janis Alexander, PA

#### Rheumatology

Grant Taylor, MD

#### Urgent Care

Mary Seger, MD  
D'Laine Westmoreland, DO

#### Urology

Elisa Brantly, MD  
R. Gail Flood, MD  
Bradley McIver, MD

### SHANNON MEDICAL PLAZA 102 N. MAGDALEN (325) 658-1511

#### Cardiovascular Diseases

Samia Benslimane, MD  
David Harvey, MD  
David L. Ivans, MD

Charles Marsh, M.D.  
Denver Marsh, Jr., MD  
J. Chris McClish, MD  
James E. Neill, MD  
Gene Sherrrod, MD  
Kimberly Coon, RN, CNS  
Keith Duryea, RN, CNS  
Melissa Hogg, RN, MSN, NP-C  
Valarie Mills, RN, CNS  
Rebecca Taylor, RN, CNS

#### Cardiothoracic & Vascular Surgery

Jason Felger, MD  
Andrew Hume, MD  
Gayle Porter, RN, MSN, CCRN

#### Gastroenterology

Edward J. Artnak, MD

#### General, Vascular & Thoracic Surgery

John Cargile, III, MD  
J. Michael Cornell, MD  
Kenny Jastrow, III, MD

#### Hematology and Oncology

David Cummings, MD  
Cortney Jones, MD  
Wanda Lange, RN, CNS

#### Neurology

Chris Vanderzant, DO

#### Neurosurgery

Luis Duarte, MD  
Timothy E. Hopkins, MD  
Velma Thomas-Aguilar, PA  
Gloria Dienert, RN, FNP  
Dustin Fentress, PA  
Deborah Hagelstein, RN, FNP  
Kara Hilmes, RN, FNP

### SHANNON CLINIC SOUTHWEST 4450 SUNSET DRIVE (325) 658-1511

#### Gastroenterology

Stephen Coates, MD  
Eugene W. Stokes, MD  
Laura Chancellor, PA

#### Neurology

Paul Harris, MD

#### Ophthalmology

Kenton H. Fish, MD  
Matthew Goldman, MD  
Daniel S. Lui, MD

#### Optometry

Edward Grimes, OD

#### Orthopedics

Paul J. Foxcroft, MD

#### Orthopedic Surgery

Stacy Beaty, MD  
Thomas R. Reid, MD  
Caleb Vosburg, MD  
Joseph Zubak, MD  
Samuel Justiss, PA  
Pat Merrill, PA

#### Sports Medicine

Randy Martinez, DO

#### Otolaryngology

David M. Huchton, MD  
Clint Lasiter, MD  
Leslie K. Williamson, MD

#### Podiatry

Scott Westmoreland, DPM

### SHANNON CLINIC – SUNSET MALL 4235 SOUTHWEST (325) 481-2197

#### Family Practice

Valerie Burgess, MD  
Viki Forlano, MD  
James White, MD  
Angela Wilke, RN, CNS

#### Gynecology

Yvonne Novak, MD

### SHANNON CLINIC NORTH 2626 N. BRYANT (325) 481-2271

#### Family Practice

Pascual Mendoza, MD  
William Roberts, PA

#### Urgent Care

Thomas B. Bender, MD  
Jack Campbell, MD  
Gregory C. Lind, MD  
Gary Phillips, MD  
Felix Guanajuato, FNP  
Ashley Snook, RN, ACNP, FNP

#### Pediatric Urgent Care

Robert Patyrak, MD

### SHANNON CLINIC 215 E. COLLEGE (325) 481-2340

#### General, Vascular & Thoracic Surgery

Emmette T. Flynn, MD  
Robert N. Grant, MD  
William Whitehead, MD  
Tanya Favor, PA

### SHANNON CLINIC SOUTHWEST INTERNAL MEDICINE 4141 COLLEGE HILLS (325) 481-2320

#### Internal Medicine

Dawn Gonzalez, DO  
Walter R. Hewell, MD  
Scott Lindsey, RN, NP

### SHANNON CLINIC PEDIATRICS, OBSTETRICS & GYNECOLOGY 225 E. BEAUREGARD (325) 658-1511

#### Obstetrics & Gynecology

Laura Adams, MD  
Gregory M. Dunham, MD  
Robert Meyer, MD  
Jacob Ornelas, MD  
Lourell E. Sutliff, MD  
Jenny Wiggins-Smith, DO  
Kelly W. Wilson, MD  
Opal Smith, RN, CNM  
Kellie Turner, RN, WHNP, CNM

#### Pediatrics

Stephen Sawyer, MD  
R. Douglas Schultz, MD  
Saundra Seifert, MD  
Christina Sherrod, MD  
Michael Wagnon, DO  
Elizabeth Lee Young, MD

### SHANNON CLINIC ADULT & SENIOR HEALTH CARE 3016 VISTA DEL ARROYO (325) 949-9408

Gary Nussey, MD  
Brenda Owens, MD

### URGENT CARE SOUTH 3502 KNICKERBOCKER (325) 942-8611

Idalia Alaniz, MD  
Michael Bennington, MD  
Ross Carmichael, Jr, MD  
Peggy A. Johnson, DO  
Pamela Ramsey, MD  
Teena Dotson, PA

### ST. JOHN'S CAMPUS 2018 PULLIAM (325) 659-7100

#### Wound Care

Robert Grant, MD  
Jennifer Braziel, RN, FNP  
Susan Wilkinson, RN, CNS

#### Psychiatry

Glen McFerren, MD

### SHANNON MED PLUS 2030 PULLIAM, STE. 5 (325) 659-7375

#### Occupational Medicine

Kay Millican, RN, FNP

### FAMILY HEALTH CENTER 104 N. AVE. H, OZONA TX (325) 392-3788

#### Family Practice

Marcus Sims, DO  
Buren "Ike" Whitten, PA

### BIG LAKE FAMILY MEDICINE 800 N. MAIN, STE 1, BIG LAKE, TX (325) 481-2183 James Williams, MD

### SHANNON CLINIC SWEETWATER 201 E. ARIZONA, SWEETWATER, TX (325) 235-8641

#### Family Practice

George Lindsey, DO  
Luther Martin, DO  
Larry McEachern, MD  
Elizabeth Burnett, RN, FNP

#### Internal Medicine

Frederick Kassis, MD

#### Obstetrics & Gynecology

Jeremy Smola, DO

#### Pediatrics

Karen Vaughn, MD

# same day appointments. SAME DAY ANSWERS.

Don't wait weeks for an MRI or CT Scan.  
We're ready for you **TODAY.**

Call for an appointment today, 806-872-2183.  
Doctor's Orders Required. Pre-Certification may be needed.



  
MEDICAL ARTS  
HOSPITAL

2200 N. Bryan Ave.

**LAMESA**

806-872-2183



View our complete online physician directory at [www.shannonhealth.com](http://www.shannonhealth.com)





# Protect Your Sight

## What you need to know about vision health

### Family Features

Everyone's vision changes as they age, but some changes could indicate a more serious problem.

Age-related macular degeneration and glaucoma are two of the most common eye diseases in older Americans.

As many as 11 million people in the United States have some form of macular degeneration, and more than 3 million have some form of glaucoma, according to the BrightFocus Foundation, a nonprofit organization dedicated to preserving brain and eye health.

There may also be an association between untreated poor vision and cognitive impairment, which is another reason to take steps to protect your eyesight.

### Age-related Macular Degeneration

Age-related macular degeneration is an irreversible destruction of the central area of the eye's retina, known as the macula, which leads to loss of the sharp, fine-detail, straight-ahead vision required for activities like reading, driving, recognizing faces, and seeing the world in color. It's the leading cause of vision loss in Americans 60 years of age and older, and the second highest cause of irreversible blindness in the world.

### Glaucoma

Glaucoma is actually a group of eye disorders.

They have few symptoms in the early stages, but eventually the optic nerve is damaged, leading to loss of side vision or complete blindness. Glaucoma is a leading cause of blindness among African

Americans and Hispanics in the U.S. Between the ages of 45 and 64, glaucoma is 15 times more likely to cause blindness in African Americans than in Caucasians. All people older than 60 are at a greater risk of developing glaucoma than people who are younger.

### Best Practices

#### for Healthy Vision

- Eat right to protect your sight, especially fruits and vegetables, and fish high in omega-3 fatty acids such as salmon, tuna, and halibut.

- Exercise daily to improve your immune system and blood pressure and your eye and brain health as well as to maintain a healthy weight.

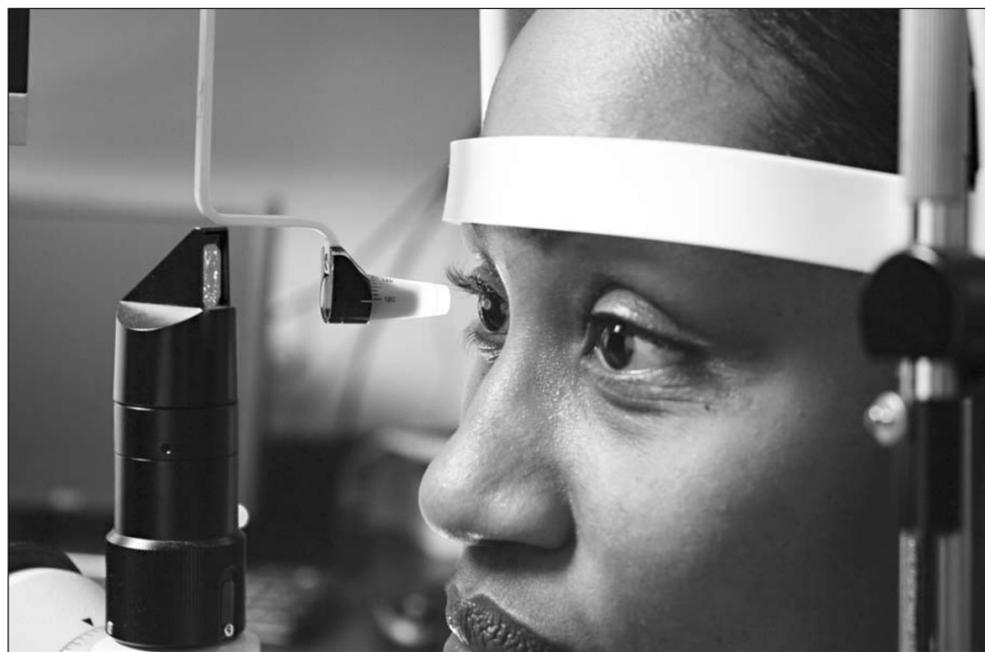
- Quit smoking. Toxins found in cigarette smoke have been linked to an increased risk for developing macular degeneration.

- Wear high-quality sunglasses with a rating of 99 or 100 percent UV-A and UV-B protection. Also don a wide-brimmed hat when outdoors.

- Have a comprehensive dilated eye exam regularly from an eye doctor.

### Eye Tests Everyone Should Have

Regular eye exams are crucial in maintaining eye health and catching any warning signs early. This is



particularly important for certain forms of glaucoma, as those affected may not feel or see that anything is wrong until the disease has progressed to stages when vision loss occurs. Comprehensive exams should include these three tests:

- Visual acuity: using an eye chart to test your sight at various distances.

- Pupil dilation: widening the pupil with eye drops, allowing the doctor to see signs of disease.

- Tonometry: tests the fluid pressure inside the eye.

### Warning Signs

If you or a loved one experiences any severe or persistent symptoms such as these that can be associated with macular degeneration or glaucoma, contact an eye doctor immediately:

- Loss of vision

- Sudden blurred or hazy vision
- Blind spots or "holes" in your vision

- Shadows over the center of your vision

- Pain in or around the eye that may be accompanied by nausea or vomiting

- Halos around lights at night
- Painful or intense sensitivity to light

- Distortion or waviness of vision, especially central vision

- A loss of side vision or a feeling that you're looking through a tunnel

*BrightFocus Foundation provides free information to the public and advances vital research to end glaucoma, macular degeneration and Alzheimer's disease. More information about these topics is available at [www.BrightFocus.org/See](http://www.BrightFocus.org/See).*

# Q: Do You Have gum disease? A: Probably. Q: So what?

A: If so, it will affect you breath, your appearance and eventually your comfort and ability to chew. It may also affect your general health in some surprising ways, possibly even shortening your life. More than half of all adults have gum disease and for those over 35 years, it's about 75 percent. The bad news is most people don't even realize they have it.

First, let's define the term gum disease. That's a fairly generic term for a variety of conditions.

Every form of gum disease is an infection of the gums, but some forms are much more worrisome than others.

All gum disease starts as Gingivitis. The technical name for gum tissue is gingiva. Gingivitis is infection and inflammation of the gums, but the bone around the teeth is not yet affected.

All forms of gum disease are bacterial illnesses. The accumulation of millions of bacteria and their toxins, on and under the edges of the gums, causes inflammation in the tissue. Most gingivitis is painless although

it does produce ugly, red, puffy gums that may bleed and bad breath. It is usually completely reversible with a good professional cleaning and good hygiene at home.

One type of gingivitis is not painless and is not completely reversibly. Acute Necrotizing Ulcerative Gingivitis usually occurs in teenagers or young adults. It is quite painful and destroys the gingival papillae (the points of the gums between the teeth).

Given enough time, usually by the 30s, 40s, or 50s, gingivitis will often progress to Periodontitis.

Periodontitis is when the gum infection has progressed into the bone surrounding the teeth. The bone infection and inflammation, while still usually not painful, destroys the bone. Only when there is almost no bone left around the teeth will significant symptoms appear.

Signs of Periodontitis (also called Periodontal Disease or the older term Pyorrhea) are those already mentioned for Gingivitis plus gums that are pulled away from the teeth,

white oozing (pus) from under the gums, loose or shifting teeth (gaps where there were not before), change in bite, and again, bad breath. Not to be gross, but a dentist or hygienist can often smell a patient with Periodontitis from several feet away.

Periodontitis is generally classified by the amount of bone that has been lost. In the mild (or early) stage, most of the bone is still present. In the moderate stage, about one half of the bone has been destroyed. In the severe (or advanced) stage, most of the bone is gone. Please note that even in the severe stage, up to a point, effective treatment can be done to stop the destruction and heal the infection. After that point, the only option is extraction and tooth replacement. The most common reason for people to have to go to dentures is Periodontitis.

Unfortunately, the infection and inflammation from Periodontitis can and does spread to other parts of the body. In fact, when chewing, severe Periodontitis causes bacteria to flood directly into the blood stream.

Many medical conditions

have been associated with Periodontitis. There is not a direct cause and effect relationship, but increased Periodontitis is associated with increased risk for premature babies of pregnant mothers, diabetes, heart disease, stroke, bacterial pneumonia, Alzheimer's, even some forms of cancer. I believe any physician treating any of these conditions would prefer that their patient not also have an infected mouth.

Early diagnosis in any disease is very helpful. Pain in Periodontitis, like most dental problems, usually doesn't appear until the condition is severe. Prevention is easier than treatment, and treatment is easier in early stages. With the advent of laser treatment, even moderate or severe cases are much easier to manage than they used to be. Make sure you see your dentist and ask him or her how your gums and bone are doing!

*Dr. David Ward has practiced family dentistry in Big Spring since 1988. For more information on preventing or treating Periodontitis, or on many other dental subjects (in the form of columns in the Herald), see his website [www.DavidWardDDS.com](http://www.DavidWardDDS.com).*



DR. DAVID WARD

Save the date! Save the date! Save the date!



Big Spring Area Chamber of Commerce  
**HEALTH FAIR**



Saturday, April 13, 2013 \* 8:00 am - 12:00 noon

Dorothy Garrett Coliseum

**"Taking Steps to Good Health"**

Registration deadline: March 28 - \$85

\*Late registration ends April 5 - \$100

Reserve your booth today! Call the chamber at (432) 263-7641

## Affordable Retirement Living

*Parkplace*  
Retirement Living

- 24 On Site Staff
- Free Transportation
- Home cooked meals
- Paid utilities (except phone & cable)
- Housekeeping/Laundry service

- 24 Hour Security
- Companionship
- Activities
- Emergency Call System
- Four Spacious Floor Plans

432-267-1353

501 West 17th • Big Spring, Texas

# Tips for choosing a health insurance plan

## Family Features

More than half of all Americans will need to make choices about their health insurance by 2014, and already, millions are making decisions about their Medicare drug or Medicare Advantage plans. But many people struggle with choosing the right plans for personal health care insurance, family plans, or deciding on behalf of a loved one.

Studies by Consumers Union have found that many people are overwhelmed with the number of health plan options there are, and they often don't know where to begin. Many looking for health insurance also:

- Dread shopping for health insurance.
- Will take short cuts in order to just "get through" the process.
- Are confused by jargon.

These difficulties can mean that too many people overpay for their health insurance and still don't get the plan that's best for them. In fact, many seniors are spending more than \$500 extra per year on medication coverage because of the drug plan they selected.

A major reason why Americans struggle with these choices is that they don't have complete and easy-to-understand information about all the health plan choices available to them.

### Know Your Options

Reliable information about health insurance options — what they cost and what they cover — is more critical than ever. So many people turn to online sites to help them compare different choices.

Existing health insurance decision tools often steer consumers only toward health plans that have paid to

be listed. The basis for their evaluations is biased because they only represent some insurers. They also often require the user to share personally identifiable information.

However, a new website called HealthPocket.com enables you to compare and rank the health insurance plans available to you in your area. HealthPocket.com displays information on the price and quality of all insurance options, so users can make informed decisions about what they need, and how to compare and save costs.

According to Bruce Telkamp, HealthPocket.com co-founder and CEO, HealthPocket.com is not affiliated with any insurance company, and therefore provides a comprehensive and unbiased listing of plans that best fit consumers' needs. "It's the only private, independent website able to filter all plans available by cost of premiums, cost of

drugs covered, and quality of the plan — without hiding anything." To learn more, visit [www.HealthPocket.com](http://www.HealthPocket.com).

### Understand Plan Details

You need to understand the differences between the various plan features so you can make a fully informed decision. Before you make a final decision, be sure you are clear on what those benefits are. Check the "Summary of Benefits and Coverage" forms for each plan you're considering. If you have any questions, speak directly with your plan's representative and make sure you get a clear understanding of how the plan will work for you.

Your health care coverage is too important to ignore. Doing some homework now can save you time and money, and help you take better care of your loved ones in the future.

# A fast and healthy pear crisp

## SARA MOULTON

Sometimes, even on a week-night, you really crave a little dessert. But making dessert takes time, and you already are spending time cooking up the main event, namely dinner.

That's where this recipe comes to the rescue. It's a quick, easy and delicious pear crisp that calls for just five ingredients — pears, granola, lemon juice, apricot jam and a pinch of salt.

Pears are just now at the tail-end of their season. Yes, I know we can find pears all year these days but believe me, those specimens are going to be nowhere near as electrifying as a fully-ripened in-season local pear. The problem is the relative rareness of such pears. Ralph Waldo Emerson was onto something when he wrote, "There are only 10 minutes in the life of a pear when it is perfect to eat."

In other words, most of the time, no matter where it comes from, our pears aren't at the peak of perfection. And for those times, when pears are unripe and you don't have time to let them ripen, this recipe comes in handy. Baking an unripe pear not only makes it tender, it also crystallizes and magnifies the fruit's flavor. Happily, any kind of pear — and there are many varieties — will work in this recipe, as will a mix of varieties.

Pears also have a lot to offer in terms of health. They're a good source of vitamin C and a great source of fiber.

As for granola, there are a zillion brands in the cereal aisle of the supermarket. The problem is that many of them are laden with fat and sugar even as they masquerade under a healthy halo.

That's why the recommended portion on the back of most granola boxes is just 1/4 cup. Pour yourself a normal, adult-sized portion and you might as well be tucking into a breakfast of waffles and sausage.

So when you shop for granola, look for a brand that's lower in fat, sugar and calories than the competition — and which also contains lots of nuts, seeds and dried fruit. And if you want to bump up the nutritional value of this recipe even more, you also could add 1/4 cup of ground flaxseed.

With all of that said, I wouldn't worry too much about the amount of granola in this recipe. Per serving, it's about what the granola box recommends, and mostly serves to put the crisp on this pear crisp. Heck, you'd be much better off serving this dessert for breakfast than dogging a big bowl of nothing but granola.

### SPEEDY PEAR CRISP

Start to finish: 1 hour (15 minutes active)  
Servings: 8

1/2 cup plus 1 tablespoon apricot preserves or sweetened fruit spread  
4 pears (about 2 pounds), peeled, cored and thinly sliced  
2 tablespoons lemon juice  
Table salt  
2 cups purchased granola

Heat the oven to 350 F. Lightly coat a shallow 6-cup baking dish with cooking spray.

In a small saucepan over medium-low, heat the preserves until melted and easily stirred.

Set the sliced pears in a large bowl, then drizzle the preserves over them. Add the lemon juice and salt, then toss well. Spread

the pears evenly in the prepared baking dish.

Sprinkle the granola evenly over the pears, then cover the dish loosely with foil and bake 30 minutes. Remove the foil and bake another 15 minutes, or until the pears are tender. Serve hot or cold.

Nutrition information per serving: 210 calories; 25 calories from fat (12 percent of total calories); 2.5 g fat (0.5 g saturated; 0 g trans fats); 0 mg cholesterol; 50 g carbohydrate; 5 g fiber; 27 g sugar; 3 g protein; 55 mg sodium.

*Sara Moulton currently stars in public television's "Sara's Week-night Meals" and has written three cookbooks, including "Sara Moulton's Everyday Family Dinners."*



Sara Moulton

## Cogdell Orthopedic Clinic

*Dr. Nordyke specializes in a wide range of outpatient Orthopedic procedures with an emphasis on*

- Arthroscopic shoulder and knee surgery
- Orthopedic Surgery for hand, wrist and elbow

Call **Cogdell Orthopedic Clinic** at 325-574-7240 to schedule appointments.



**1700 Cogdell Blvd.  
Snyder**

Most major insurance and Workman's Comp. accepted

Visit [www.cogdellhospital.com](http://www.cogdellhospital.com)  
and look us up on Facebook!

ANGELS CARE HOME HEALTH

# WHAT WE DO

Here is what we can do for you!

- Skilled Nursing
- Wound Care
- Medication management and education
- Disease management and education
- Falls Prevention
- Anodyne® Therapy for neuropathy and wounds
- Physical Therapy, Speech Therapy and Occupational Therapy
- Blood Glucose Monitoring
- Blood draws in the home for any labs you may need
- Communication between you and your doctor
- Hospital Transitional Care Programs (CHF, Pneumonia, Heart Attack)

100% medicare coverage

Proudly serving:  
Midland and surrounding areas  
**432-687-3327**  
[www.angmarholdings.com](http://www.angmarholdings.com)

 **Dora Roberts Rehabilitation Center**

GET FIT & HEALTHY  
at the  
**DRRC WELLNESS CENTER**  
"Voted Best Fitness and Workout Facility 2012"

- Tailored exercise programs designed to meet individual goals.
- Top of the line strength and cardiovascular equipment- Precor, Freemotion, Sci Fit.
- Monthly membership Fee: \$30 New Member Entrance/Assessment Fee: \$20

**2013 Instructor-Led Fitness Classes**

| Time:    | Monday          | Tuesday        | Wednesday       | Thursday       | Friday          |
|----------|-----------------|----------------|-----------------|----------------|-----------------|
| 5:30 AM  | Water Aerobics  |                | Water Aerobics  |                | Water Aerobics  |
| 8:00 AM  | Water Aerobics  | Water Aerobics |                 | Water Aerobics |                 |
| 8:45 AM  | Pilates         |                |                 |                |                 |
| 10:00 AM | Water Aerobics  | Water Aerobics |                 | Water Aerobics |                 |
| 11:00 AM | Water Arthritis |                | Water Arthritis |                | Water Arthritis |
| 4:30 PM  | Water Aerobics  |                | Water Aerobics  |                | Water Aerobics  |
| 5:20 PM* | Water Aerobics  | Water Aerobics |                 | Water Aerobics |                 |
| 5:30 PM  | Pilates         |                | Pilates         |                |                 |
| 6:30 PM  |                 | YOGA           |                 | YOGA           |                 |

\*5:20 pm Water Aerobic classes start May 2013

306 West Third Street Big Spring, TX 79720  
(432) 267-3806 Monday - Friday, 5:30 AM to 6:30 PM  
www.dorarobertsrehab.com

232978



**1-800-491-4636**

**432-563-1061**

**Please contact the Area Agency on Aging Benefits Counseling Program for free assistance regarding your Medicare Benefits and the following:**

- Low-Income Subsidy or "Extra Help" – Do you qualify?
- Medicare Supplement Insurance Policies
- Medicare Improvements for Patients and Providers Act
- Medicare Savings Program
- Medicare Advantage and Part D Prescription Drug Plans
- Advanced Directives / Medical Power of Attorney

The Area Agency on Aging provides services for individuals over 60 years of age, their families, and caregivers. Assistance is also provided to Medicare Beneficiaries less than 60 years of age.

**The Area Agency on Aging is always in need of volunteers. Please contact 432-563-1061 or 1-800-491-4636 for more information on volunteer opportunities.**

Counties served: Andrews, Borden, Crane, Dawson, Ector, Gaines, Glasscock, Howard, Loving, Martin, Midland, Pecos, Reeves, Terrell, Upton, Ward, and Winkler.

*Funded by the Texas Department of Aging and Disability Services*

218952

# Study indicates better TV might improve kids' behavior

SEATTLE (AP) — Teaching parents to switch channels from violent shows to educational TV can improve preschoolers' behavior, even without getting them to watch less, a study found.

The results were modest and faded over time, but may hold promise for finding ways to help young children avoid aggressive, violent behavior, the study authors and other doctors said.

"It's not just about turning off the television. It's about changing the channel. What children watch is as important as how much they watch," said lead author Dr. Dimitri Christakis, a pediatrician and researcher at Seattle Children's Research Institute.

The research was to be published online Monday by the journal *Pediatrics*.

The study involved 565 Seattle parents, who periodically filled out TV-watching diaries and questionnaires measuring their child's behavior.

Half were coached for six months on getting their 3-to-5-year-old kids to watch shows like "Sesame Street" and "Dora the Explorer" rather than more violent programs like "Power Rangers." The results were compared with kids whose parents who got advice on healthy eating instead.

At six months, children in both groups showed improved behavior, but there was a little bit more improvement in the group



that was coached on their TV watching.

By one year, there was no meaningful difference between the two groups overall. Low-income boys appeared to get the most short-term benefit.

"That's important because they are at the greatest risk, both for being perpetrators of aggression in real life, but also being victims of aggression," Christakis said.

The study has some flaws. The parents weren't told the purpose of the study, but the authors concede they probably figured it out and that might have affected the results.

Before the study, the children averaged about 1½ hours of TV, video and computer game watching a day, with violent content making up about a quarter of that time. By the end of the study, that increased by up to 10 minutes. Those in the TV coaching group increased their time with positive shows; the healthy eating group watched more

violent TV.

Nancy Jensen, who took part with her now 6-year-old daughter, said the study was a wake-up call.

"I didn't realize how much Elizabeth was watching and how much she was watching on her own," she said.

Jensen said her daughter's behavior improved after making changes, and she continues to control what Elizabeth and her 2-year-old brother, Joe, watch. She also decided to replace most of Elizabeth's TV time with games, art and outdoor fun.

During a recent visit to their Seattle home, the children seemed more interested in playing with blocks and running around outside than watching TV.

Another researcher who was not involved in this study but also focuses his work on kids and television commended Christakis for taking a look at the influence of positive TV programs, instead of focusing on the impact of violent TV.

"I think it's fabulous that people are looking on the positive side. Because no one's going to stop watching TV, we have to have viable alternatives for kids," said Dr. Michael Rich, director of the Center on Media and Child Health at Children's Hospital Boston.

*Online:*

*Pediatrics: <http://www.pediatrics.org>*

*Serving The People of Big Spring & Howard County Since 1980*

**Dr. Rudy Haddad**

*Board Certified In Urology  
Fellow American College Of Surgeons*



- Kidney Stones With Laser & Shock Wave Technology • Urinary & Bladder Control Problems With Medication
- Outpatient Surgery Available If Needed • Prostate Problems (Microwave Therapy Available)
- Sexual And Female Urology Problems

Call **714-4600**

1501 West 11th • Suite 103

Big Spring, TX

232989

**encompass™**  
HOME HEALTH

*A Better Way To Care*

1900 Gregg St., Suite C  
Big Spring, Texas 79720  
Visit Us At: [www.ehi.com](http://www.ehi.com)

432-264-0044

1-800-750-3851

236093

# Start early to prevent heart disease – especially if you have a family history

It's February and that means it's American Heart Month. Before you skip this article, ask yourself — no matter what your age — is there a history of heart disease, high cholesterol or high blood pressure in your family? Have any relatives died from a stroke or a heart attack? Your family's history of heart disease is a major indicator of your own risk, but history doesn't have to repeat itself. The good news is, armed with this knowledge, you can take control of your own health, maintain a healthy heart, and prevent heart disease.



Chris



Rudy

## Your Family History

If you have a brother or father who was diagnosed with heart disease before age 55 or a sister or mother diagnosed with heart disease prior to the age of 65, you're considered to have an increased risk of heart disease, according to the American Heart Association. Having a relative die of heart complications before age 60 doubles your own risk of premature heart disease, according to a study in the Journal of American College of Cardiology. And if it's a parent

or sibling, your risk increases 72 percent. If there are two or more premature cardiovascular deaths, your risk increases two-fold compared to just one.

If a family member has or had high blood pressure, high cholesterol, diabetes or atherosclerosis (a build-up of fat in the arteries), you may also be at increased risk of heart disease.

## Know your Numbers

For people with a family history of cardiovascular disease, it's important to see your doctor before symptoms arise. It's critical for you to be aware of your own risk. The numbers to be aware of

are your cholesterol level, blood pressure and waist size. High cholesterol and high blood pressure put you at risk for heart disease and other cardiovascular problems. If you have a family history of heart disease, cholesterol testing and blood pressure checks should begin as early as your twenties, to help determine if your levels are in the normal range. Obesity is a major risk factor for heart disease, especially if you carry your weight in your belly. Your doctor will be able to measure and evaluate all of these health indicators for you.

Knowing your heart-health numbers is the first step to preventing heart disease; having them checked regularly is equally important. If you have elevated numbers or other signs of heart disease, follow your doctor's prevention and treatment recommendations to help lower your risk. This may include medications and lifestyle changes, including a more heart-healthy diet and increased aerobic exercise. According to the AHA, if test results show your cholesterol and blood pressure levels are normal, getting a check-up about every three to five years

is sufficient, up to age 40. After age 40, the frequency with which your doctor recommends you be screened for disease will depend on your other risk factors.

## Breaking the Family Pattern

Your heart disease risk is mostly in your hands — regardless of family history — and several lifestyle changes should be maintained for a healthy heart:

Don't smoke and limit alcohol to a moderate amount (no more than two drinks per day for men and one drink for women).

Eat lean proteins, whole grains, fruits and vegetables and limit trans and saturated fats, salt and sugar.

Incorporate aerobic exercise and strength training into your daily routine.

Know and track your cholesterol and blood pressure numbers.

Lose any excess weight.

Control any health conditions that increase heart disease risk, such as high blood pressure, high cholesterol and diabetes.

You don't have to inherit heart disease if you take steps to ensure a healthy heart. Scenic Mountain Medical Center can help.

*About the author: Drs. Chris and Rudy Haddad are interventional cardiologists in San Angelo. Both are seeing patients at SMMC on Mondays. For more information, visit SMMCCares.com.*

## HEALTH

Continued from Page 10

### Early diagnosis is best strategy against Alzheimer's disease

Having a senior moment? How worried should people in their early 60s really be when they lock their keys in the car or lose a thought in mid-sentence?

The answer, in most cases, is "not very."

Some changes in memory are par for the course as we age, and it's also normal for the aging mind to lose some of its youthful snap. But because there's no clear-cut line between normal changes and warning flags, it's important to recognize which memory lapses call for a self-mocking quip and which suggest a need for medical evaluation.

The Alzheimer's Association has developed a checklist of common Alzheimer's warning signs.

Consult with your doctor if you recognize any of these symptoms

in yourself or a loved one.

- Difficulty with familiar tasks, such as cooking meals.
- Persistent trouble with language, such as forgetting simple words.
- Forgetting where you are or what day or time it is on a regular basis.
- Difficulty making decisions or judgments that once came easily.
- Problems with abstract thinking, such as doing basic arithmetic.
- Abrupt changes in personality, mood or behavior.
- Increasing apathy and loss of initiative.
- Becoming extremely confused, suspicious or fearful for no clear reason.
- Misplacing things in unusual ways. Anyone might leave their car keys on their desk, but a person with Alzheimer's might put them in the freezer.

Alzheimer's Disease is a progressive brain disorder that grows more common with increasing age. It usually appears after age 65 but can, in very rare cases, begin in the 30s or 40s.

Inevitably, the disease causes problems with memory, think-

ing and behavior that are serious enough to interfere with everyday life.

As their capacities decline, people with Alzheimer's become dependent on others for all their care.

In the final stages, they lose the ability to respond to their environment, to speak and, ultimately, control movement.

Factors that can prevent people from seeking a diagnosis range from denial or impairment to complete unawareness of symptoms. People who live alone are especially likely to delay or avoid seeing their physician.

Because some people with Alzheimer's don't

realize they have a problem, it may be up to a family member or friend to help them make and keep a doctor's appointment.

If you notice possible symptoms in a friend or family member, it's critical to act fast and get them to their

doctor for evaluation. Although there's no cure for Alzheimer's, new information is leading to earlier detection and more definitive diagnoses. And advances in medication therapy may stabilize or delay the progress of symptoms.

Early evaluation also can help rule out other disorders that may mimic Alzheimer's in their symptoms, such as stroke, brain tumor, thyroid problems and substance abuse.

General and caregiver-focused information about Alzheimer's Disease is available from the Texas Department of State Health Services at [www.dshs.state.tx.us/alzheimers/default.shtm](http://www.dshs.state.tx.us/alzheimers/default.shtm).

## RILEY CHIROPRACTIC HEALTH CENTER

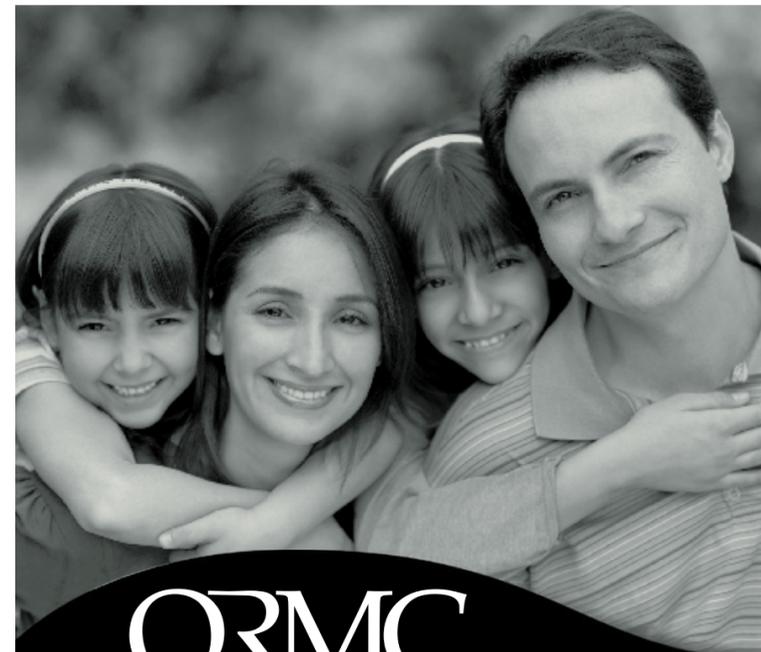
**Dr. James Riley, D.C.**

**1318 E. 4th St.**

**263-6185**

220211

I want the hospital that shows kindness and compassion



You've always been there for each other. So in a health crisis, it's hard to trust someone you love this much to the care of strangers. But at Odessa Regional Medical Center, you'll find the desire to help others in the hearts and minds of our people. Our doctors and nurses are experienced in all areas of healthcare. Just as importantly, they treat their patients with kindness and respect. So when it comes to choosing a hospital, choose the one where people really care. **CHOOSE ODESSA REGIONAL MEDICAL CENTER.**

Follow us on facebook

**ORMC**  
Odessa Regional  
Medical Center

For a free physician referral or for more information about our screenings and seminars call 432-582-8677

[odessaregional.com](http://odessaregional.com)

**PARKVIEW NURSING AND REHABILITATION CENTER**

*"Celebrating Life Through Quality Care And Compassion"*

- 24 Hour Nursing Care
- Selective Menus
- Local Transportation
- Medicare & Medicaid Approved
- Medicare Approved Short Term Stays
- Physical, Speech & Occupational Therapy

Locally Owned & Operated

**3200 Parkway**      **\*Big Spring, Texas\***      **432-263-4041**

*Giving Families More Reasons to Smile!*

**Modern, Comfortable & Relaxed Atmosphere**  
*Celebrating over 15 years of service in Big Spring, TX*

**Pleasant & Experienced Staff**

---

Member of the TDA      Graduate #1  
Dental School in the nation

**NOW ACCEPTING NEW PATIENTS!**  
Call Today!  
**432-267-4102**

**Amy Reefe, DDS**

**710 MAIN ST. • BIG SPRING, TX 79720**  
OPEN MONDAY-THURSDAY      [www.amyreesedds.com](http://www.amyreesedds.com)

# TEXAS Health Matters

## Pregnant moms, family members can protect babies by getting vaccine now

Most doctors take pains to placate jangly-nerved parents who hover over their babies and pack them off to the ER for every run-of-the-mill sniffle or rash. But right now there's a very real — and rising — health threat that's even more serious than most realize and deserves every bit of vigilance and preventive care we can lavish on it: pertussis, also known as whooping cough.

Pertussis is a bacterial disease characterized by coughing fits and choking. It sometimes progresses to pneumonia, brain damage or even death. Because newborns and infants are too young to get pertussis shots, the job of protecting them falls upon the grownups in their lives. By getting vaccinations themselves they can provide a safe "cocoon" for a baby.

Rachel Wiseman of the Texas Department of State Health Services (DSHS) explained that, "Although pertussis isn't usually serious for adults it can make breathing impossible for babies. As a pregnant mother, the safest way to protect your newborn is to make sure you get the vaccine before your baby arrives. By protecting yourself, you reduce the risk of your infant being exposed to this contagious disease.

"It's also a good idea to make sure everyone who'll be around the baby — family members, care-

givers or anyone else in the home — receives the vaccine."

Here's what DSHS wants us all to know about protecting the youngest Texans from pertussis:

Women should receive TDaP — a combination vaccine that protects against tetanus, diphtheria, and pertussis — every pregnancy, preferably at 27 to 36 weeks gestation.

If you don't get it while pregnant, do so in the hospital right after you have the baby. It's safe to breastfeed after vaccination, and protection may be passed in breast milk.

Family members and others who'll be around the baby should get a TDaP shot at least two weeks before the baby is born, or as soon afterward as possible.

Babies can get the TDaP vaccine once they're two months old, then again at four and six months. That protects them until they get their third dose at six months.

TDaP vaccine is safe for adolescents and adults, including pregnant women and their developing infants. It's approved by the Food and Drug Administration and recommended by the Centers for Disease Control and Protection, American Academy of Pediatrics, and American Academy of Family Physicians.

Pertussis starts off like a cold, often with a runny nose and a worsening cough. If the cough lingers, see your doctor — especially if you expect to be around a very young infant.

"Share the facts about pertussis with your family members and close friends," Wiseman said. "Once they know that pertussis can be life threatening for newborns, they'll understand why it's important to get the vaccine before they come in contact with your baby. When you talk to your doctor, ask about scheduling your vaccination."

TDaP vaccine is widely available at doctors' offices, hospitals, local health clinics and pharmacies. DSHS has more information in English and Spanish for both families and doctors at [www.preventpertussis.org](http://www.preventpertussis.org) and [www.previenetosferina.org](http://www.previenetosferina.org).

## Expert advice makes babies' sleep safer — and yours easier

The Texas Department of State Health Services and Department of Family and Protective Services have some reassuring news about Sudden Infant Death Syndrome, or SIDS.

The Safe Sleep for Babies information campaign draws upon scientific advice on significantly lowering the risk of SIDS, the leading cause of death for infants up to a year old.

Although SIDS is a catch-all term referring to any infant death with no clear cause, the National Institute of Child Health and Development has found a strong correlation between the syndrome

and babies' sleep position and environment. When parents control these factors in specific ways, the research shows, infants sleep safer.

Some key safety advice: Sleeping on the back is safest. Babies who sleep or nap on their backs rather than face-down are less likely to die from SIDS. (The American Academy of Pediatric Science also discourages use of side-sleeping positions.)

Firmer beds and cribs are better. Make sure your infant's sleeping surface is firm and has a fitted sheet to prevent bunched-up fabric that could block free breathing.

Clean up the sleep area clear. Keep your baby's sleep environment free of pillows, toys or other soft items that might cover the face.

Educate the whole family about sleep safety. Baby care often involves not only parents but also siblings, grandparents, babysitters and friends. Make sure all of these secondary caregivers are well-informed about the basics of safe sleep.

Keep baby cool. Babies who sleep in hot environments are at greater risk for SIDS. Make sure the sleeping area is cool and well-ventilated, and that sleep clothing is light and comfortable.

Maintain a smoke-free environment. This advice applies not just to enclosed environments like bedrooms and cars, but entire houses as well. If you're going to smoke, go outside.

See **HEALTH**, Page 11

# If you need help

## MONDAY

• Alcoholics Anonymous open discussion meeting, noon-1 p.m., 615 Settles.

• PEP — Parent Education Program for CPS participating and non-participating parents, single parent, grandparents, adoptive or fostering parents. Every first and fourth Monday of the month from 6 p.m. to 7:30 p.m. at Northside Community Center. For information, call 263-2673.

• VA Alcoholics Anonymous support group, 7-8 p.m., Veterans Healing Center.

• Take Pounds Off Sensibly (TOPS) TX 0021 meets at First Christian Church at 10th and Goliad, in the dining hall on the east side of the building. Weigh-

in starts at 5 p.m. and meeting starts at 5:30 p.m. For more information, please call 213-1342 or 263-6819.

• Circle of Hope, a Celebrate Recovery group, meets at 6:30-8 p.m. at Spring Creek Fellowship, located in the College Park Shopping Center. For further information, contact Dale at 432-270-8462.

• Reformers Unanimous International is a faith-based addictions program helping people find freedom from addiction. Meetings begin at 7 p.m. Mondays at Trinity Baptist Church in Big Spring. Enter at the back of the church.

## TUESDAY

• Big Spring and Snyder Par-

kinson Support Group meeting at the Big Spring Senior Center at 10:30 a.m. the second Tuesday of the month. This is a group for all Parkinson's disease patients, spouses and caregivers. For more information about the support group or about Parkinson's Disease, contact Jo Bidwell at the Lubbock APDA office at 806-785-0942.

• Special Parents for Special Children support group meets the first Tuesday of each month, 6:30 p.m. at Elbow Elementary. Contact Kerri Rosenbaum at 432-816-3320 or [kerrirosebaum9488@msn.com](mailto:kerrirosebaum9488@msn.com)

• VA Alcoholics Anonymous support group, 7:30-8:30 p.m., Veterans Healing Center.

• Alcoholics Anonymous, 615 Set-

ties, noon to 1 p.m.; closed discussion meeting 8 p.m. to 9 p.m.

• Al-Anon, 615 Settles for family members and friends of alcoholics meets at 8 p.m.

## WEDNESDAY

• RSD (Reflex Sympathetic Dystrophy, a chronic pain disease), a new support and informative group meets at 213 Circle. Call Lucy at (432) 517-9207 for more information.

See **HELP**, Page 8

Are you TIRED of neck, shoulder or back pain? Headaches? Not sleeping well?

**Sharon M. Smith, LMT**  
 "17 Years Experience in NATURAL PAIN RELIEF"  
 Licensed Massage Therapist  
 Tx 16506

**466.3553 OR 263.1949**

1305 SCURRY STREET  
 Big Spring TX 79720

[www.tranquilityprofessionalmassage.com](http://www.tranquilityprofessionalmassage.com)



## HEALTH SCREENINGS

**FRIDAY, March 8th • 9am - 2pm**

- CHOLESTEROL TESTING
- LIVER FUNCTION TESTS
- BODY FAT COMPOSITION
- THYROID TESTING
- BLOOD TYPING
- C-REACTIVE PROTEIN
- BONE DENSITY TESTING
- CARDIOVISION
- PSA TESTING FOR MEN
- DIABETIC A1C TESTING
- HORMONE TEST KITS
- NEW-Vitamin D testing

**WALK-INS WELCOME • APPOINTMENTS PREFERRED**

1305 Scurry Big Spring Health Food Store 432-267-6524

Every 35 seconds a child is abused or neglected.

Every hour a child is displaced from their home.

**CASA Volunteers Are A Powerful Voice in A Child's Life!**

**Be The Difference.**

**Volunteer.**

Call: 432-263-4162 or 877-316-8346

[www.casawtx.org](http://www.casawtx.org)  
[sarab@casawtx.org](mailto:sarab@casawtx.org)

Advocating for an abused or neglected child—gives them a chance for a better life! Call Today!






**Howard County Community Health Center**  
 A Division of  
 South Plains Rural Health Services, Inc.

We offer medical, dental, optical; & pharmaceutical services. We accept most insurances including Medicare & Medicaid. If you don't have insurance, you may qualify for a discount per our sliding fee scale!!

**432-517-4557**

1300 S. Gregg St. Big Spring, TX 79720

# HELP

Continued from Page 7

- Alcoholics Anonymous, 615 Settles, noon to 1 p.m.; open 12 & 12 study meeting 8 p.m. to 9 p.m.

- Stepping Stone Group of Narcotics Anonymous meets at the Gold Rush Tobacco Shop, 800 E. Third Street. Open meeting at 7 p.m.

### THURSDAY

- Alcoholics Anonymous, 615 Settles, open discussion noon to 1 p.m.; women's meeting; 6:30 until 7:30 p.m. Non-smoking closed discussion meeting, 8 p.m. until 9 p.m.

- Spring Tabernacle Ministries has a faith-based support group for those who need help finding and continuing to walk down the path God has for each of us. Meetings are at 11 a.m. until

noon and again at 5:30 to 6:30 p.m.. The classes take place at Spring Tabernacle Ministries, located at 1209 Wright St.

- Weight Watchers meets at 6 p.m. at St. Paul Lutheran Church. Weigh-in is at 5:30 p.m. Weigh-in is confidential and you don't have to talk if you don't want to. Flexible payment options.

- Circle of Hope, a Celebrate Recovery group, meets at 6:30-8 p.m. at Spring Creek Fellowship, located in the College Park Shopping Center. Celebrate Recovery is a Christ-centered recovery program dealing with life's hang-ups, hurts and habits, covering many areas. Circle of Hope group is a ministry of Spring Creek Fellowship. For further information, contact Dale at 432-270-8462.

- Overcomer's: Recovery & Restoration (R&R), a Christ-

centered recovery program is held at Cornerstone Covenant Church from 6:30-8:00 p.m. in the "Green Room" of the East Wing. For more convenient access to the meeting room, park in the back of the church and enter through the metal door across from the fellowship hall. If you need more information, contact the church secretary at 432-264-0015.

- Visual Awareness Support Group (VASG) is open to the public but specifically aimed for people who suffer from vision problems and their caregivers. For more information, call 263-2501.

### FRIDAY

- AA open discussion meeting from noon until 1 p.m. at 605 Settles. Open Big Book study meeting, 8 p.m. until 9 p.m.

- Stepping Stone Group of Narcotics Anonymous meets at the Gold Rush Tobacco Shop, 800 E. Third Street. Open meeting at 7 p.m.

### SATURDAY

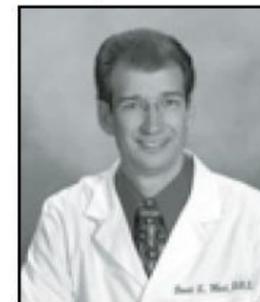
- Alcoholics Anonymous open discussion meeting, 615 Settles, noon to 1 p.m. Open podium/speakers meeting 8 p.m. until 9 p.m. Open birthday night, no smoking meeting the last Saturday of each month at 8 p.m. Covered dish supper at 7 p.m.



# David L. Ward, D.D.S., P.C.

Family, Sedation, Laser And Implant Dentistry, Orthodontics

**Gentle, State of the Art dental care right here in Big Spring**



- Complete Care for the Whole Family
- Nitrous Oxide and Oral Conscious Sedation
- Oral Surgery: Implants, Wisdom Teeth, Grafting
- Implant Stabilized Dentures, Caps, Bridges & Partials
- Beautifully White Fillings, Veneers, Caps
- Orthodontics with Braces or Clear Aligners
- Laser Gum Surgery, Root Canal Therapy

432-267-1777

www.DavidWardDDS.com

1500 Scurry

231041



**Taking better care of you, and the place we all call home.**

With advanced technology and compassionate physicians, nurses and staff, Scenic Mountain Medical Center is dedicated to delivering an exceptional healthcare experience to every patient. We are proud to say that we also take good care of the community itself – employing hundreds of people, paying our taxes, using local businesses and contributing to local nonprofit efforts. We take your care personally. And now you know just how committed we are to helping Big Spring and Howard County grow and prosper.



### 2012 STATEMENT

#### Providing Quality Care:

|                         |        |
|-------------------------|--------|
| ER Patient Visits ..... | 17,403 |
| Inpatient Visits.....   | 2,836  |
| Outpatient Visits ..... | 61,470 |

#### Financial Benefits:

|                              |              |
|------------------------------|--------------|
| Payroll (322 Employees)..... | \$20,545,107 |
| Capital Investments.....     | \$1,698,537  |
| Property & Sales Taxes ..... | \$456,124    |

#### Caring for Our Community:

|                                   |              |
|-----------------------------------|--------------|
| Charity & Uncompensated Care..... | \$18,159,927 |
| Dollars Spent Locally.....        | \$835,008    |
| Donations to the Community .....  | \$10,040     |

**Total Community Investment .....\$41,704,743\***

\*Dollar amounts are approximate.

#### Commitment to Quality

- The Joint Commission's Gold Seal of Approval
- Get With the Guidelines® – Heart Failure Silver Certification

**DENTAL HYGIENE IS LOOKING FOR NEW PATIENTS!**



#### Children through senior citizens

To be a patient - first come in for a brief evaluation. Come by at the following times:  
 Monday and Tuesday 8:30 -10:00 am or 1:00 - 3:00pm  
 Wednesday 8:30 - 10:00 am  
 Once evaluated an appointment will be scheduled.

**Prices are - over age 18 - \$35, age 17 - 13 - \$25, age 12 and under - \$20 Free to Medicaid and Medicare**

# HOWARD COLLEGE

DENTAL HYGIENE DEPARTMENT  
 FIRST FLOOR HORACE GARRETT BUILDING

## 432-264-5065

*Is your family struggling with difficult healthcare decisions?*

*We'd be honored to listen to your hopes and goals and to respect your choices.*



**Home**  
 Hospice • Nursing • Healthcare Equipment



Visit our website at [www.homehospicewtx.com](http://www.homehospicewtx.com) or call us today **432-264-1599**

233639