The Winters Enterprise



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"REFLECTIONS"

I've never been a "Dallas" fan -I'm talking about the TV soaper, not the football team - so perhaps I could not be qualified as an "expert" critic or even an interested observer. I saw about ten or fifteen minutes of one episode, or chapter, or whatever they call the weekly airing a few months ago, and saw nothing which caught my fancy, or even a slight interest. I figured it was just something which had oozed over from a daytime schedule. Certainly nothing Emmy-oriented. so I gave it no more thought. With nothing else on the boob tube at that particular time, a re-reading of the Old Farmer's Almanac created much more interest and excitement - and I even like the plot more.

Then early in the summer, I started noticing little bits of comment in the media about the "shooting of J. R." The comments became more numerous and longer, and then a few weeks ago, even the big dailies picked it up for front-page headlines, "Who Shot J. R.?" It reached a point where scarcely a day passed that big mention of the possibilities was not printed or aired. The whole situation got out of hand, really, until it became an international subject. Understand the Queen of England even got into the act, seeking the name of the culprit. Big gamblers began making book on "Who shot J. R.?" The guessings and observations became so loud and so noticeable, and from so many people of so many levels and walks of life, they almost took equal space and time with the political goings on and foreign affairs; the who business came close to back-paging the presidential

election. Although it was difficult, I began to have some second thoughts perhaps I was becoming boorish. If that show could cause such an international uproar, I finally decided, perhaps I was missing something; perhaps there was some cultural good in that show. Otherwise, why would it draw so much attention?

So . . . last Friday night, I tucked the Old Farmer's Almanac under a bunch of magazines on the chairside table, put the coffee pot on, and prepared to find out, along with the rest of the world, "Who did shoot J. R.?" About ten minutes into the episode, I gave instructions to the cook to make the coffee stronger - I was beginning to nod. During a break in the proceedings, I walked outdoors to stretch and get some fresh air, and try to get the cobwebs out of my head. I returned to watch the ending, my attention riveted to the shining tube, and my mind alert for something earthquaking. Finally it was over, and the station identified

Then I started to sort out everything in my thinking: I reached back in my memory, trying to put the pieces together, and finally it dawned on me that some girl had shot J. R., sometime last spring or early summer. She was a sister of some other girl on the show, the way I read it. But there was something amiss; things were not altogether clear, regarding motive, etc. Then I started trying to figure out just what had caused all the hubbub, why the media had played it up so, and for the life of me, I've been unable to do that. There was nothing I could put my finger on in the script that would be cause for such an uproar. A few frames of someone going or coming, a snarl or two from an actor or two, and of course, the addition of what seems to be the benchmark of all soapers: someone's going to have a baby.

As admitted, I couldn't be classified as a true critic, because I can't stay with something like that long enough to gather material to criticize. But that episode reminded me of a strip of film made up of a bunch of "outtakes" from several other films or tapes. "Mediocre"

Ordinance provides for City Administrator



Officers warn area residents about thieves

Once again, law enforcement officials have issued a warning to area residents that thieves and burglars have been active, and have advised that precautions be taken to protect property.

Thieves entered the Bud Busher home near Winters last Thursday, and made off with several small electrical appliances, guns, a televiset, and other items

During the same week, thieves entered a home in Winters and ripped off an amplifier unit.

According to Johnny Wilson, deputy in the Runnels County Sheriff's Department, no one noticed any activity out of the ordinary at these two residences during the time the thieves were believed to have entered.

Deputy Wilson advised all residents to be careful about locking up their homes during their absences, even for short periods of time. Also, he said, neighbors and others who notice any type of unusual activity around residences or farmsteads should notify the authorities immediately. Many people, he indicated, take no notice of strangers or strange vehicles in the vicinity, and thieves take advantage of such lack of concern.

Also, Deputy Wilson and the city law enforcement officers have warned, with the Christmas season approaching, there will be more and more stealing. They advise that shoppers put their packages in the trunks of their cars, out of sight; if articles are left in plain view on the inside of the vehicle, they are only signals to thieves, many of whom can open even a locked car door within seconds, and

be gone. The best defense against thieves and burglars, officers said, is to be suspicious of anything unusual which might be underway, and to notify authorities immediately. Better to make a mistake, they indicated, than to see someone lose valuables.

would even overclassify the acting, in my judgment. Perhaps if I had been a constant viewer or fan of that show, I could have appreciated more last Friday's episode; I admit that to judge the show on one episode is taking it out of context, and perhaps is unfair. But it just wasn't my cup of tea, though apparently millions of viewers have different opinions. Power to them; differences make the world go 'round.

There's one thing to be said, though. If the publicity people who handle that "Dallas" business could devote that much thought and expertise to something worthwhile, there's no telling how much good could come of it.

Now...back to the Almanac!

PTO gifts

James Gehrels, president of Winters Parent Teachers Organization, presents checks to several teachers in Winters Primary School, to help buy teaching materials. Shown in the picture above are Dianne Davis,

Libby Croft, Joyce Krause, Betty Byrns, Marthiel Russell and Nina

In the picture below are Brilla Magee, Annie Mills, Jane Wyatt, Denise Heaton, Tina Geistmann and Ouida Nichols.

Winters City Council Monday night, in a special meeting, approved an ordinance "providing for the establishment of the office of City Administrator for the City of Winters, and outlining qualifications, term, salary and powers and duties . . '

The office was created, according to officials, in an attempt to begin orderly consolidation of all departments within the city's structure. A "city administrator," it was explained, would act somewhat in the same method as a city manager, but would lack some of the responsibilities delegated to a manager. An election held some time ago to provide for a city manager form of government for Winters was declared null and void because of legal technicalities.

A city administrator would not replace the city secretary, it was explained; the city secretary only is responsible for the management of the city's headquarters, the city hall, and the paperwork of the city. The city secretary is not involved with direction of other city departments, it was stated. A city administrator would serve as a coordinator and director of all departments within the city framework, reporting to the city council, and receiving instruction from the council. Proper coordination and direction of work within all the

departments would eliminate much confusion, it was said. The city administrator system would not relieve any department from present responsibilities, but would cause a more cohesive coordination.

The ordinance sets forth residency requirements. A City Administrator must have been a resident of the city for 31 days preceeding appointment to the office, and during his or her tenure of office would be required to reside within the city limits. The person appointed must have graduated from an accredited college or university with a degree in public administration, business administration, engineering, or related field, or graduated from high school or passed a GED test and have three to five years progressive experience in management or any equivalent combination of training and experience.

In accordance with provisions of the ordinance, a City Administrator "may be removed at" the will and pleasure of the city council by a vote of a majority of the entire council . . . " and all authority would remain with the city council.

The ordinance provides that the "City Administrator shall be the chief executive office and head of the administrative branch of the city government. He shall be responsible to the city council for the proper administration of all of the affairs of the city placed under his control . . ." The City Administrator would be required to nominate all officers, department heads, clerks and any and all other employees to the city council for appointment, "except those individuals who may be retained by the city council in an advisory capacity to the city council." However, the ordinance provides that the city council shall have the right and power to reject any nomination.

See ORDINANCE Page 8

PTO gives money to classrooms

Winters Parent-Teachers Organization recently presented a total of \$480 to four classes in Winters Primary School, to be used to purchase additional classroom material and supplies not provided through normal chan-

In addition, the PTO presented the first grade class of Mrs. Joyce Krause with a \$10 check and a class attendance banner, as a prize for the class having the most parents present at the last PTO meeting.

Classes receiving money this time were kindergarten through the third grade. James Gehrels, president of the PTO, said plans are to present checks to other classes in the elementary school

In the process of class instruction, in the lower grades, teachers use large amounts of construction paper, paste, and other items. A designated amount of money is budgeted by the school district to pay for these items. However, there are times when the money available is not sufficient to provide enough materials. In many cases, it was said, teachers themselves pay for the extra materials. The gifts from the PTO will help to pay for the extra materials.

Grades and teachers included in the gifts last week were:

Kindergarten: Brilla Magee, Dianne Davis, Annie Mills.

First Grade: Libby Croft, Jane Wyatt, Joyce Krause. Second Grade: Denise Heaton,

Betty Byrns, Marthiel Russell. Third Grade: Nina Hale, Tina Geistmann, Ouida Nichols.

Christmas parade plans studied

The annual Christmas parade and Miss Sno Queen contest sponsored by the Winters Area Chamber of Commerce will be held Saturday, Dec. 13. This year, for the first time, something new has been added to the annual event - a Little Miss Sno Queen contest, for girls 3 to 5 years of age.

For the Miss Sno Queen contest, any Winters High School may enter, and contestants may begin registering at the chamber office at any time. Deadline for registration will be Wednesday, Dec. 10, at 5 p.

Miss Sno Queen contestants may select their own sponsors, or sponsors may choose the girl to represent them. Provision of vehicle upon which the contestant will ride, and decoration of the vehicle, will be the responsibility of the contestant and/or sponsor.

Contestants in the Little Miss Sno Queen contest may be sponsored by their parents or grandparents. It will be the responsibility of the sponsors to provide cars or other vehicles for the contestants. Any girl 3 to 5 living in the North

Runnels area may enter the Little Miss Sno Queen contest. Contestants may be registered at the chamber office at any time.

Mrs. Randy Springer is chairperson of the Sno Queen contest.

Rules for the Miss Sno Queen and the Little Miss Sno Queen contests may be found elsewhere in this issue of The Enterprise.

For the Christmas parade, merchants, organizations, clubs, or any business in the Winters area are invited and urged to prepare and enter floats. Additional information

may be obtained by contacting the Winters Area Chamber of Commerce office, 754-5210.

Lions Club pancake supper December 5

Winters Lions Club will sponsor a pancake supper Friday, Dec. 5, at the Winters Community Center, as a benefit for the West Texas Rehabilitation Center.

Serving will be from 5 to 7:30 p. m. Tickets will be \$2.50 for adults and \$1.75 for children under 12 years of age.

Proceeds will be contributed to the Rehab Center.

ment will be played here Dec. 4-6, with girls' and boys' JV teams com-Girls' and boys' varsity teams will compete in the Bronte tourna-

ment Dec. 4-6.

Cage teams

meet Anson

next Tuesday

The Winters High School girls' A

and B basketball teams will meet

Anson here next Tuesday, Dec. 2.

Tipoff time for the first game, 6:30.

Winters Junior Varsity tourna-

Predator and **Animal Control** program Dec. 4

The Runnels County Sheep and Animal Damage Control Committee has announced that Dr. Dale Wade, Area Wildlife Specialist with the Texas Agricultural Extension Service, will conduct a Predator and Animal Damage Control program for producers on Thursday, December 4 at the Winters Vocational Agricultural Building at 7:30 p.m.

Assisting Dr. Wade with the program will be Glen Riley, Area Supervisor with the Predator Control Service.

These two specialists will be providing information on how to identify animal signs and the basic technique on trapping and snaring.

MEMBER 1980 **TEXAS PRESS ASSOCIATION**

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Adventures In Washington, D. C.

With Washington, D. C., as our destination, we left Boston on Monday morning for a day of travel. We detoured by the University of Connecticutt, 30 miles out of Hartford, where Dean Smith went to school for four months in the summer of 1951, as a courtesy of Uncle Sam, while he was serving in the U.S. Air Force.

Built in 1881, the university consists of 12 different schools with a total of 25,449 students. It is one half as large as Texas University. Built in the country, the closest town to it is Williamatic, which is nine miles away.

It was well after dark when we reached the Stouffer's National Center Hotel in Virginia, our lodging place for the next two nights. Since there is a rule in Washington that no building can be higher than the capitol dome, there are no high rise buildings, but we learned that the Marriott Hotel chain, prominent in the east, and Shell Oil Co. will be moving into the area soon. To offset this restriction, there is now a subway, called the Metro. Crystal City, a shopping center, was built in 1960. It includes apartments and underground passageways, and it is now possible to go over all the area underground.

Tuesday was a special sightseeing tour in Washington, which began at 9 a. m. when Jeffery Newcomb boarded our bus to guide us. Our first stop was at Ford's Theatre, where the events that led up to that fateful evening of April 14, 1865, when President Lincoln was shot, were narrated to us. It came alive as we sat in the theatre, which has been restored.

The focal point of interest is the Presidential Box that is decorated and furnished as it was that fateful night. Except for the original crimson damask sofa, the furniture was duplicated especially for the restoration. The flags displayed across the front of the box are also reproductions, but the framed engraving of George Washington is the original.

It wasn't until 1968, after three years of rebuilding the interior of Ford's Theatre, that it was reopened to the public. The National Park Service has constructed a museum in the theatre basement. In the center, three

WINTERS

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crescent-shaped areas deal with Lincoln as lawyer and politician, as President, and as family man, philosopher and humanitarian.

We saw, but did not enter, the 3-story red brick building across the street, to which the dying president was carried. The dwelling was constructed by William Peterson in 1849.

Next we went to Capital Hill where the white dome of the capitol, crowned by a bronze statue of Freedom, dominates the city. The capitol faces the east, but the city has grown to the west. As a result, the western face of the building has been greatly improved and the capitol has two fronts of almost equal beauty.

We entered the rotunda, embellished with many historical paintings, and then to Statuary Hall and the House of Representatives for a brief visit. Statuary Hall, formerly the meeting place of the representatives, is now a repository of marble and bronze memorials of illustrious Americans, each state has the privilege of selecting two statues.

The National Botanical Gardens and the National Air and Space Museum at the Smithsonian were visited before lunch at Hogate's, a waterfront seafood restaurant.

After lunch we visited the historic city of Georgetown, once a great shipping center, and stopped at the Dumbarton Oaks Garden, owned by Hasrvard Universty. We passed the Blair House, the vice president's home and about 20 embassy buildings, each built in native architecture. There is nothing left of the old slum district; the buildings have been destroyed except the post office, built in 1897. We saw the Federal Triangle, built in the 1920's, and crossed Pennsylvania Avenue, which has become the great parade ground of

The Mall, an area occupied by parks and gardens, stretches westward from the Capitol to the Washington Monument, a shaft that reaches a height of 5551/2 feet, the tallest in the city. We passed this monument which stands in a spacious park. Washington has a tremendous amount of park land. We continued onward to the Lincoln Memorial, where we stopped to view this classic structure build of white Colorado mar-

ble. Inside, the seated statue of Lincoln is 19 feet tall. Our final visit of the day was to Arlington National Cemetery, and to reach it we drove over a bridge built across the Potomac, beyond the Lincoln Memorial. But for some reason, some of the streets had been roped off, and we drover over this bridge three or four times trying to find the exit. We drove 52 miles that day and half of it must have been spent in crossing the

We reached the 1,100 acre National Cemetery just in time to see the "Changing of the Guard" at the tomb of the Unknown Soldier for the last time that day. This hallowed place of remembrance is guarded 24 hours a day by members of the 1st Battalion, 3rd Infantry, U. S. Army of Fort Myer.

As we drove through this cherished National Shrine, we were saddened at the countless rows of crosses, where rest the mortal remains of the honored dead who served their country in all wars. One of these was the grave of John Fitzgerald Kennedy with its eternal

With no planned activities for the evening, eight venturesome soles decided to ride the Metro to the airport and back. On the way we got off for a night view of the lighted grounds and buildings at the Whiter House. We were standing across the street gazingf when a great commotion took place with police cars and motorcycles buzzing all over the place. We headed for our hotel. The morning Washington Post told the story . . . President Carter was entertaining President Shehu Shagari of Nigeria. After he arrived at the White House another limousine pulled up bringing Cicely Tyson. Guests don't usually arrive at the north portico. but Tyson came that way because that's the way she arrived for the afternoon rehearsal, forcing the police to rush to the other entrance. Tyson also caused some comment with her sable cape of intricate fur pelts and animal heads, according to the newspaper. She crated enough excitement for one day, I should say, even without her after dinner entertainment.

SOLVE THE LEFTOVER TURKEY PROBLEM



With the holidays just around the corner, turkey is bound to appear at one of the big three meals. Roast Turkey with all the trimmings presents no problem, but often how to vary subsequent meals can be a dilemma. Handy helpmates like packaged enriched pre-cooked rice and frozen mixed vegetables with cream sauce transform day-after turkey into a delicious casserole, hearty enough for the family yet special enough for company.

TURKEY-VEGETABLE CASSEROLE

1-1/2 cups hot chicken broth

2 teaspoons butter or margarine 1-1/2 cups Minute rice

1 package (8 oz.) mixed vegetables with onion sauce

1 cup milk 1 teaspoon Worcestershire sauce

1-1/2 cups diced cooked turkey 2 slices process American cheese, cut in triangles

Combine broth, butter and rice in 1-1/2-quart baking dish. Cover and bake at 450° for 10 to 15 minutes. Stir and move rice to sides of dish.

Meanwhile, combine vegetables, milk, Worcestershire sauce, salt and turkey in medium saucepan. Cook and stir over medium heat until mixture comes to a boil; then simmer for 4 minutes. Pour into center of casserole; arrange cheese triangles on top. Bake 2 minutes longer or until cheese is melted. Makes 3 cups plus rice or 4 servings.

STATE CAPITAL HIGHLIGHTS

By Lyndell Williams TEXAS PRESS ASSOCIATION

If you're a Texan who survived the 1980 onslaught of campaigns and elections, then hold on to your hat: you may have to go through another one soon.

Texas U.S. Senator John Tower, a Republican, is the latest subject of possible political scenarios which abounded at the Capitol last week. Tower, a strong Reagan backer, is said to be high on the President-

elect's list of names for U.S. Secretary of Defense. If Tower were tapped for that job, leaving a vacancy in the Senate, a special election would be held within 90 days of Tower's resignation from Congress. With that possibility in mind, several politicians are already jockeying for the inside track.

Should Tower resign, the man pulling the strings in the first act will be Gov. Bill Clements. Clements will have the power to immediately appoint someone to Tower's seat, and then call for the special election.

Obviously, whoever occupies Tower's old seat will enjoy some election benefits for an incumbent, even a 90-day incumbent.

AN ELECTABLE APPOINTEE

Clements will have to choose wisely, for Democrats are still strong in Texas and are likely to send a strong champion from their ranks to take over the longcoveted seat held by John Tower. Tower won reelection by the slimmest of margins two years ago over Bob Krueger, evidence enough that Texas Democrats can get more excited by that race than by supporting Jimmy Carter.

Any candidate who gets into the fray must have several assets immediately; name identification, high voter preference, campaign experience and personal money. Ninety days is not much time to raise money or learn by trial and error.

Clements, therefore, needs to choose someone who would run strong even without the advantage of a short incumbency, and several names have come to the

CONNALLY, ARMSTRONG

Former Gov. John B. Connally and former U.S. Ambassador to England Anne Armstrong are strong Republican considerations. Both are wealthy and experienced. Connally has a strong edge in name identification; whether he is an electable candidate is another question.

Also mentioned are Republican Congressmen Bill Archer of Houston and Jim Collins of Dallas. Archer has said he may get into the race, even if Clements does not appoint him.

One long-shot is State Sen. Bill Meier, D-Euless, who has said he may switch parties to run for lieutenant governor as a Republican in 1982.

EAGER DEMOCRATS

The Democrat mentioned most often is former Gov. Dolph Briscoe, who is eyed as a probably challenger to Tower in 1984. An experienced conservative, Briscoe

could easily muster a 90-day campaign.

Other Democrats include U.S. Ambassador At-Large Bob Krueger, former Atty. Gen. John Hill, Land Commissioner Bob Armstrong, and Congressmen Mickey Leland of Houston and Charles Wilson of Lufkin.

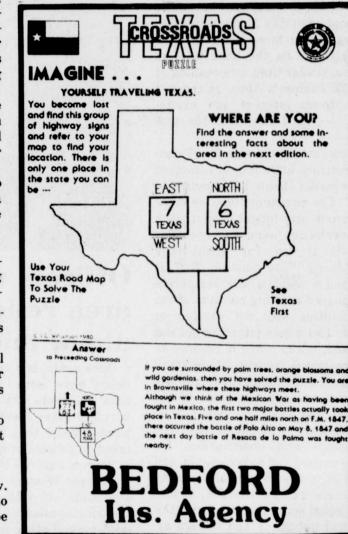
SPECULATION FOR NAUGHT? Of course, all such political speculation during the past two weeks may be for naught if Reagan chooses a Defense Secretary other than Tower, which is what Clements said last week he thinks will happen.

Reagan's closest political advisors were reported to have preferred former NATO supreme commander Gen. Alexander Haig over Tower, which Clements said could cause some difficulties. American tradition has put a civilian, not a military man, in charge of defense. A former deputy secretary of defense under Nixon and Ford, Clements ought to know the inside story.

"Sen. Tower will make a great chairman of the Senate Armed Services Committee . . . and will best serve Texas in that capacity," Clements said last week before leaving for Washington to meet with Reagan's interim foreign policy advisory board.

INAUGURAL END GAME

As Reagan's inauguration approaches, several Republican Texans stand in line to receive political plums, including Clements if he so chooses. However, as is always the case, there may not be enough plums to go around. Had the election been close, Reagan's victory in Texas might have been more valuable. His landslide win allows Republicans in many states a valid claim to pieces of the political pie. As his term approaches, he must choose wisely.



Thanksgiving

This is the time for feasting with family and friends and for offering THANKS for our many blessings.

As we approach the end of another year, let us offer thanks for the blessings of freedom, and remember our forefathers who celebrated Thanksgiving in a new and undeveloped land more than 350 years ago.

We, the staff of Winters State Bank extend our best wishes to you for a bountiful and joyous Thanksgiving Holiday!



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Winters, Wingate pupils in Arts, Crafts festival

This year, for the first time, pupils of Winters and Wingate Elementary Schools entered the annual Arts and Crafts Fair, sponsored by the Winters Area Chamber of Commerce. The two-day event was held two weeks ago. Children of grades kindergarten through the fifth grade participated.

Pupils were judged according to rooms. First, second and third place winners were announced for each room.

Winters winners were:

Kindergarten, Mrs. Annie Mills, teacher: 1. Mindi Wade; 2. Sara Jackson; 3. Dolly Fer-

nandez. First Grade, Mrs. Jane Wyatt, teacher:

1. Albert Campos: 2. Carrie Smith; 3. Mitchell

First Grade, Mrs. Libby Croft, teacher:

1. Stacie Wheeler; 2. Jennie Downing; 3. Jennifer Harrison.

First Grade, Mrs. Joyce Krause, teacher:

1. John Lee; 2. Susan Bryan; 3. Timothy Argo. Second Grade, Mrs. Marthiel Russell, teacher: 1. Doug Farmer; 2. Billy

Frank Belew; 3. Kandy McGinnis. Second Grade, Mrs.

Betty Byrns, teacher: 1. Laura Blake; 2. Pam Ysa: 3. Tina Nombrano. Second Grade, Miss

Denise Heaton, teacher: 1. Gracie Rodriquez; 2. Timothy Torres; 3. Jason Arroyo.

Third Grade, Mrs. Ouida Nichols, teacher: 1. Dawn Dinger; 2.

Gilbert Jiminez; 3. Michael Hicks. Third Grade, Mrs. Tina Geistmann, teacher:

1. Mark Jacob; 2. Brantley Browning; 3. Mary Ann Gonzales. Third Grade, Mrs. Nina

Hale, teacher: 1. Barbie Bradley; 2. Albert Horton; 3. Jeremy

DeLaCruz. Fourth Grade, Miss

Sara Parker, teacher: 1. Goerge Lozano; 2. Kelly James Spill; 3. Otto Cortez.

Fourth Grade, Mrs. Cindy Cathey, teacher: 1. Gary Halfmann; 2. Kateva Windham; 3. Kris Sims.

Special Classes, Mrs. Linda Beber, teacher: 1. Jack Powers; 2. Melissa Lara; 3. Larry Horton:

Wingate winners were: Second Grade, Mrs. Cheryl Sneed, teacher:

1. Dianna Edwards; 2. Helen Reyes; 3. Greg Tamez. Third Grade, Mrs.

Cheryl Sneed, teacher: 1. Angie Donica; 2. Lupe Vara; 3. Angie Don-

Fifth Grade: 1. Frankie Martinez; 2. Sandy Martinez; 3. Frankie Martinez.

The Arts and Crafts committee of the Chamber of Commerce expressed thanks to all the teachers and pupils who participated, and are looking forward to next year.

First place

Mrs. Bob Hutcheson, center, of Corsicana, the former Chris Hays of Winters, recently won first place in the women's division of the Southwest World Class Hairstyling

competition in Dallas. She was presented a trophy and a gift certificate. Mrs. Hutcheson is a student at Mrs. W. M. Hays of Win-Texas Barber College in ters, and is a graduate of Dallas. TBC had three Winters High School.

winners in the competition. Mrs. Hutcheson is the daughter of Mr. and

Food and drink can influence medications

swallowing an antibiotic April 1976 to 1977. It's with a glass of milk can be dangerous to your health?

Or that taking antidepressant medication with fermented foods such as aged cheese, salami, or wine could even cause your death? "The foods and beverages we consume can either enhance or impede the absorption of the medications we take," says Robert L. Henna, a pharmacist and Director of the Food and Drug Division of the Texas Department of Health.

There are some instances where certain foods actually speed the that combats fungus infections such as ringworm, rise noticeably if the drug.

But more commonly, foods and beverages interfere with the absorption process. An example of this is the well-published interaction between dairy products and the antibiotic tetracycline, so that it isn't are taking tetracycline with milk, the medication probably won't do you any good," Henna war-

Do you realize that and 900 deaths from estimated that one out of 10 adults in the United States takes tranquili-

> Antibiotics such as penicillins and erythromycin are affected in this man-

Food and drug interactions can trigger a medical crisis and, in rare cases, even death. Persons suffering from

anxiety or depression are often treated with antidepressant drugs called monoamine oxidase, or (MAO) inhibitors. By blocking the body chemical monoamine oxidase, these drugs encourage absorption of medications the body's other stimube the blood stream. For lants. MAO inhibitors example, blood levels of can react with a subiseofulvin, a substance stance called tyramine in fermented foods causing high blood pressure.

"Sometimes, this reacthe patient eats fatty tion causes severe headfoods before consuming aches, brain hemorrhage, and in extreme cases, death," Henna explained.

Anyone taking MAO inhibitor drugs should avoid aged and fermented foods including pickled herring, salami, pepperoni, sharp or aged cheeses, yogurt and sour cream, and beef and absorbed at all. So, if you chicken livers. In addition, they should avoid foods such as lava beans, canned figs, bananas, avocado, soy sauce, active yeast preparations, beer, sherry, and wines in large quantities.

> Alcohol, which is actually a drug itself, does biotics; high blood pressure medication; antico

these drugs causes loss of mental alertness and drowsiness.

A federal study showed that tranquilizers mixed with alcohol and other drugs led to 54,000 emergency room visits

"Use a little common sense," Henna advised. "If you know you are going to a party after work, don't take a tranquilizer at the office that

afternoon." "A good rule of thumb is not to drink alcoholic beverages while taking any type of prescription or over-the-counter medication," he advised.

Certain foods also contain natural and added chemicals that can interact with medications causing an unexpected or countereffect. For example, natural licorice, if eaten in excess, can elevate blood pressure. So. the eating of a lot of licorice candy could counteract the effects of high blood pressure medication.

"People often think taking medication is an exact science and it isn't, said Henna. "The action of drugs can often be influenced by the patient's weight, age, stomach emptying time, other drugs being taken, and the food and beverages being consumed."

Ask your doctor when you should take a prescribed medication- before, after, or between meals. "If you consume large amounts of certain foods and beverages, don't be afraid to ask your physician how the medication will interact with your favorite edibles," Henna said. "And be sure to tell your physician about any unusual interactions that occur after eating particular foods."

Drugs readily available without prescriptions can also lead to health problems. Probably the biggest offenders are the antacids. It's estimated that Americans spend \$140 million a year for antacids to soothe heartburn and indigestion.

Chronic use of these remedies without a doctor's supervision can cause phosphate depletion, a condition that in its milder forms leads to muscle weakness and, in the more severe cases, to a vitamin D defiriency.

"Some people get into the habit of taking huge amounts of antacids to treat chronic gastric upsets actually caused by the abuse of other substances such as coffee, tobacco, or alcohol.

Antacids also influence other medications. Antacids decrease the absorption of the sedative pentobarbital and the antibiotic tetracycline. & may inhibit the actions of penicillin.

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nation participating in the importance, motivate study observance. Materials may and reaffirm the

be ordered from John F. contemporary importance Fisler, Executive Director, of the biblical principles Laymen's National Bible which undergird America's Committee, 815 Second free, democratic society.

youth organizations, and its territories.



The Winters Enterprise, Winters, Texas, Thursday, Nov. 27, 1980 3

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37-2tp

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in my home. Call 754-4614.

Tammy and I wish to take this opportunity to thank those who remembered me during my stay in Shannon Memorial Hospital. Thank you for the cards, flowers, and calls. They were all greatly appreciated.

-Karen & Tammy

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Women wear high-fashion

surgery.

Considering that feet

1,000 tons of force a day,

much of it on hard pave-

ment, it's amazing that

feet survive the approxi-

mately 70,000 miles they

carry a person during a

lifetime. But bad shoes do

cause break-downs. One

orthopedic surgeon

estimates that women

have 40 times more bun-

ion surgery than men

Some women wear high

heels for years and never

have problems. But

others' feet, possibly 20

percent of the female

population, are not as har-

dy and they fall victim to

painful foot problems.

Many of these problems

are caused because high

heels shift a lot of weight

forward onto the ball of

the foot. Over a long per-

iod of time, tissues may

bend and cause painful de-

A bunion is one such de-

formity that occurs when

a big bump appears at the

outside base of the big

toe. Some bunions seem

to be inherited but nar-

row shoes with high heels

can aggravate any ten-

dencies. One possible sol-

ution is buying shoes that

don't cramp a bunion and

cause irritation and swell-

formities.

mainly because

feminine shoe styles.

hazards by a doctor, or possibly Women looking at shoe selections should keep in mind that many high-heel absorb approximately styles not only are fit for a fall - they also can be just the right thing to

cause strains and pains from the toes to the back. The Texas Medical Association (TMA) also warns that narrow, pointed-toe shoes can cause problems such as bunions or Morton's neuroma, a condition that occurs when narrow shoes squeeze foot bones which then painfully mash nerves. Repeated jolts or blows to the foot also can cause the condition, which may be relieved by wearing wider shoes, pads for

shoe pads recommended BUSINESS FOR SALE

the ball of the foot, other

Excellent opportunity to get into the exciting world of retail - ladies' and juniors' clothing Well established, good location, low overhead NAIDA'S, 101 S. Main Winters, Texas.

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Ph. 754-5115 - Box 307

ing. A physician's recommendations might include surgery, wearing prescription shoes, or taking

LUI

creat kern with fruit,

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drugs to relieve pain. Shoe problems do not end with tortured toes. High heels can cause someone to fall off them and twist an ankle if she is not used to wearing them. Spike heels can get caught while walking and some clog styles even

cause women to fall while walking up stairs. Problems can creep on up to the back because high heels change the way someone steps and may

stretch and strain ankles, knees and the back. Many women probably will not want to avoid problem-causing shoe styles entirely. But it could help to alternately wear more sensible shoes and be aware of possible falls when wearing highfashion hazards, TMA

CARD OF THANKS

We wish to express our gratitude to all who cared for our mother at the hospital. To all our friends and neighbors who called, brought food, sent cards and helped during our bereavement. Thank you all.

-The family of Edith Drake

Creativity in children or adults is a process, not a product, and it is goal directed, says Dorthy Taylor, a family life education specialist with the Texas A&M University System.

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REAL ESTATE

-Subject to Change -Monday, Dec. 1

Western Spaghetti, cream potatoes, whole kernal corn, tossed salad with french dressing, fruit, french sticks with garlic butter on top, milk or chocolate milk, cookies.

Tuesday, Dec. 2 Sloppy Joe, french fries, catsup in cups, pinto beans, fruit, chocolate cake, milk.

Wednesday, Dec. 3 Rolled roast, brown gravy, cream potatoes, whole kernel corn, tossed green salad, peach pie, hot rolls with butter on top, milk or chocolate milk.

Thursday, Dec. 4

Barbecue on toasted bun, pinto beans, macaroni and tomatoes, cabbage slaw, fruit, cinnamon rolls, milk or chocolate milk.

Friday, Dec. 5 Steak, cream gravy, whipped potatoes, seasoned green beans, tossed green salad with french dressing, mixed fruit, peanut butter cookies, hot rolls with butter on top, milk or chocolate milk.

Jr. Culture Club met last Thursday

The Junior Culture Club met in the home of Kim Lee on Thursday, November 20.

Susan Mason, Lone Star Gas representative from San Angelo, presented the program of Christmas Ideas.

Serving as hostesses were Kim Lee, Brenda Killough and Cheryl Spr-

Members present were Brenda Bahlman, Jeanette Black, Jean Boles, Eileen Dinger, Linda Dry, Nancy Evans, Pat Hambright, Jan Jordan, Brigette Lett, Dottie Loudermilk, Susan Mostad, Rhea Parramore, Mary Lynn Presley, Mar- ment of their daughter, Claudia Ruth, to Benji Franks thiel Russell, Mary Slimp Alldredge, son of Mr. and Mrs. Ben Alldredge of and Melanie Wade. Several guests also attended the program.



When snow melts off your roof while the air is still frigid, it's a sure sign your home loses heat through

Special

Coca-Cola

in 12 oz. cans. 6 pack only

International Affairs topic of study by women's club

Sparks-Alldredge wedding

Mr. and Mrs. Cecil R. Sparks announce the engage-

The bride-to-be is a native of San Antonio. Both are

The wedding will be held December 27 at the Uni-

students at the College of Veterinary Medicine at

Texas A&M University, and will receive DVM degrees

versity United Methodist Church in San Antonio.

set for December 27

International Affairs old. Mrs. Lee told about and Home Life were the topics of study when the Literary and Service Club met in the Norman-Jones-McAdams Building Nov.

Winters.

in August of 1981.

Hostesses were Mrs. Marvin Jones, Mrs. Bobby Airhart, Mrs. E. E. Thormeyer, Mrs. Jake Smith, Mrs. Charles Kruse Jr., Mrs. Barry Sullivan, Mrs. W. J. Briley and Mrs. Elo Michaelis.

Mrs. Woon Jon Lee presented a display of Chinese and Korean Art. Some of the articles were more than six hundred years

each object which she displayed.

Mrs. Alice Overby home economist for West Texas Utilities, Abilene, presented "Christmas Foods and Crafts." She gave each person present a recipe booklet.

Each member brought a Christmas treat with recipe. Crafts made by members were also displayed. Guests sampled the treats and obtained recipes for them.

Approximately thirtyfive attended the meet-

Martha SS Class met recently

The Martha Sunday School Class of the First Baptist Church met recently in the home of Mrs. Pearl Jackson for a Thanksgiving dinner.

Mrs. Eula Cooke was in charge of the program, Mrs. Flora McWilliams gave the devotional, and Mrs. Charlsie Poe was in charge of the diversion.

Roll call was answered with Bible verses.

Those present were Mmes. Verlene Anthis, Vallie Brannon, Parrie Carwile, Eula Cooke, Allie Jones, Erna Marks, Thelma Mayo, Flora McWilliams, Margaret Gideon, Alyce Compton. Charlsie Poe. Pearl Jackson, Zula Mae Lacy, Miss Eunice Polk, and a new member, Miss Elsie Lee Sanders.

Diversity Club met Nov. 20

The members of the Diversity Club met in the home of Mrs. Lee Colburn Nov. 20. Mrs. T. C. Stanley assisted Mrs. Colburn with hostess duties.

The Department chairmen reporting were Alise Middleton on Conservation, Lura Lee Garrett on International Affairs, Grace Roach on Texas Heritage and Pauline Johnson on Public Aff-

Mrs. George Garrett gave a Federation report. The program topic, "Career Woman in Washington", was given by Jo Arnold. Mrs. Arnold cited from her experiences in Washington. Grace Roach also spoke on the Origin of Thanksgiving.

The members present were Mmes. Ralph Arnold, Frank Brown, Lee Colburn, Roy Crawford, George Garrett, J. L. Johnson, Weldon Middle-Clark Thompson, Fred Young and Roy Young.

The Winters Enterprise, Winters, Texas, Thursday, Nov. 27, 1980 5 Rosa Owens receives USAF promotion

Rosa M. Owens, daughter of Gloria De La Cruz of Winters, has been promoted in the U.S. Air Force to the rank of airman first class.

Airman Owens is a radio operator at Anderson Air Force Base, Guam.



Mr. and Mrs. Nathan Tekell of Wingate announce the birth of a son. Eric Lane, Born Nov. 20, 1980, at Hendricks Medical Center in Abilene. The baby weighed 7 pounds 123/4 ounces.

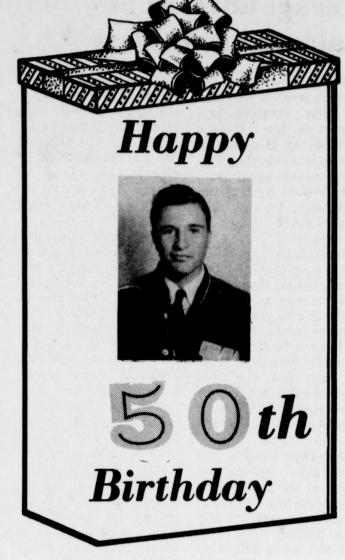
Maternal grandparents are Mr. and Mrs. Calvin Helm of Winters. Paternal grandparents are Mr. and Mrs. Cecil Tekell of Wingate. Maternal greatgrandparents are Mr. and Mrs. M. C. Shaffer of Bradshaw; great-grandparents are Mr. and Mrs. Doc Modisett of Winters and C. B. Tekell of Wilmeth.

Mr. and Mrs. Tracy A. O'Connor of Big Spring announce the birth of a daughter, Erica Danise, born November 10 at Cowper Clinic & Hospital in Big Spring.

Erica weighed 7 lbs.

Maternal grandparents are Mr. and Mrs. L. R. Moeller, Jr. of Brazoria. Paternal grandparents are Mr. and Mrs. Elton R. Smith of Brazoria.

Great-grandparents are Smith, T. C. Stanley, Fay Crosson of Old Ocean and Mr. and Mrs. Ernest Smith of Winters.





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Winters, Texas



ED's JANITORIAL SERVICE

these days is a lot easier than getting anywhere on

We express our sympathy to the Dietz ily. families; especially to the Hazel Dietz' and their families.

Mrs. Wilbert Alcorn went to Abilene and picked up her daughter, Joana Mathis and they shopped all day.

Mrs. Lena Bahlman, Nitch of Winters spent Saturday afternoon in the Doug Bryan home. Mr. and Mrs. Dewitt came on Saturday night.

Mr. and Mrs. Noble Faubion spent Friday night in San Angelo with the Mike Praters.

Stopping on a dime Charlene Tackett, April and Jarred of Brownwood enjoyed Sunday dinner after church services with the Marvin Gerhart fam-

Dr. and Mrs. Larry Bragg, Amy and Kelly are spending a week with Mrs. Hazel Mae and Russell. Could he be looking for a deer?

Mrs. Era Smith, Mrs. Juanita Kennedy, Mrs. Winnie Cotton and Mrs. and Kendra and Shawna Grace Cavanaugh of Ballinger came out Wednesday to visit Mrs. Effie Dietz. Mrs. Smith brought a belated Birthday cake.

> Mr. and Mrs. John Cough, and Mr. and Mrs. Virgil Little of Big Spring came by to see Mrs. Dietz Thursday on their way to the funeral of Mrs. Lillie Dietz.

> > Brother J. H. Halford is doing nicely in a San Angelo hospital after receiving a pacemaker is expected home in Ballinger early in the week.

My rain gauge showed 3/10 moisture over the week-end.

A little bird told me Fred Tyree, Scott Gerhart and Karen McGallin each got there

There was a birthday dinner Sunday in the Sam Faubion home honoring Sam's 36th birthday

Mr. and Mrs. Ken Baker, Mr. and Mrs. Lesty, Mrs. Veda McClure, Mr. and Mrs. Fred Tyree, Sammie and Jana Brown and Dodd Cozart all wished him Happy Birthday.

Brian Faubion spent last Sat. night with Therin and Nila Osborne.

Mrs. Earl Cooper spent Friday in San Angelo with the Ray Coopers, aunt Zena Mayfield and several cousins.

Mr. and Mrs. Marion Wood visited their grandson Aaron on his second birthday Sat. night in the home of his parents, Mr. and Mrs. Larry Calcote of

The 21/2-Year **Money Market Certificate**

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 $2\frac{1}{2}$ -year return reflects interest earned on \$1,000 principal and accumulated interest for $2\frac{1}{2}$ years at

Current rate of 12.00% yields 12.94%.*

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At First Texas Savings, we have ways to beat the 80's. Like our 21/2-Year Money Market Certificate. It offers the guaranteed maximum rate, compounded daily, 365 days a year, for maximum yields on amounts as small as \$100. No bank

can pay more. Rates for new certificates are set biweekly and are good for the entire term. Sure, our 21/2-Year

Money Market Certificate is a good investment, but it's also a no-risk investment. Your money is insured up to \$100,000 by a federal

agency and secured by First Texas' over 1.6 billion dollars in assets.

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So, before you put your money anywhere, remember: Others may keep you even in the 80's, but First Texas Savings will keep you ahead.

*Effective Date Nov. 27 thru Dec. 10 Annual yield reflects interest earned on principal and accumulated interest for a full year. **Recent federal regulations require principal reduction if sufficient interest does not exist.

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Savings Association We have ways to beat the 80's.





Forage analysis of value to hay feeders

Do you know what the protein level of your hay is? Few livestock producers do. Most think a bale of hay is a bale of hay, points out Allen Turner, county agent with the Texas Agricultural Extension Service, The Texas A&M University System.

Individuals can guess the protein content of hay from physical characteristics but may miss the actual value by several percentage points. Low quality hay can be distinguished easily from high quality hay, but the true feeding value can only be estimated. This is where a forage test comes in, emphasizes Turner.

A forage analysis is a chemically determined value of the protein content of the hay. The result of a forage test is a protein feeding value that can be used to determine feeding and supplementation needs for each class of animals fed.

For example, 6 percent crude protein hay does

not compare in feeding value to hay with 12 percent crude protein. Each type of hay should be fed differently. The different levels of protein might indicate the types of animals that could be fed with the two hays, notes the agent.

A 6 percent crude pro-

tein hay is low in quality not only because the protein is low but its digestibility will likely also be low. Young stock, like steers and heifers, may not be able to physically eat enough of this hay, even with protein supplementation, to meet their nutritional requirements. Instead, such hay should be fed to dry, mature cows and should be supplemented with a protein source. The 6 percent crude protein hay will not provide the mature cow with enough nutrition to maintain herself without

additional protein. The 12 percent crude protein hay is a good quality hay that has a good level of protein and

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quality home

you build yourself.

From floor joists to roof rafters, Miles Homes

brings you custom home quality with do-it-yourself savings. We select fine quality lumber, materials

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6 months from delivery.

June 1, 1981. No payments until

afford. Miles makes it easier with:

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· Land need not be paid for

For further information, call:

With no down payment

will probably be good in digestibility, points out Turner. This hay will probably meet the nutritional requirements of a pregnant heifer or a steer. Since it is high in protein and digestibility, an animal will be able to consume more of it and meet its requirements. This same hay would need to be supplemented with protein if fed to a cow or heifer with calf at side since they have high nutritional needs.

Hay varies widely in feeding value, adds Turner. Hay from each cutting is different from every other cutting. However, hay for a single cutting is similar in protein

Pecan crop production down 72%

It's either feast or fam-

After last year's record 91-million-pound pecan crop, the Texas Crop and Livestock Reporting Service estimates that the 1980 crop wil drop to around 25 million pounds.

Agriculture Commissioner Reagan V. Brown reports that the drought influenced production estimates, but a decline is not unusual. "Pecan production is cyclical," he said. "A heavy harvest is usually followed by a light one. It takes two or three years for the trees to bear another big crop.'

In the past 10 years Texas pecan production has dipped twice to 20 million pounds and risen to 68 and 75 million. Though large harvests can be anticipated, it may be years before conditions match those which produced last year's boun-

Pesticide users need license

It is unlawful for any person to apply a restricted-use chemical without a Certified Applicator license. All Certified Applicator licenses required and issued by the FIFRA Law and the Texas Pesticide Control Law expire December 31 of the year of issuance and must be renewed by March 1 of the following year or retesting is required before relicensing.

The Texas Department of Agriculture plans to send applications for license renewal by the first week of December 1980. Persons holding the license who do not receive a renewal request by that time should contact Mr. David A. Ivie, Director, ronmental Sciences, Division of the Texas Department of Agriculture, P. O. Box 12847, Austin, Texas 78711 for the appropriate renewal re-

content and digestibility. Once the feeding value of a bale or two from a cutting is determined, the general value of all the bales from that cutting should be similar.

Considering the wide range of forages and roughages that were put in a bale this year, feeding values are going to vary widely. Grain sorghum stalks, rice straw, and all the other low quality roughages will not compare in feeding value to good quality hay. These roughages might cause some real nutritional problems unless their feed value is determined and supplemental protein furnished.

A forage test of each different type hay to be used this winter will pay dividends in better animal nutrition, contends Turner. Contact the county extension office for information on forage testing.

County RTA party Dec. 2

The Runnels County Retired Teachers Association will meet for their annual Christmas Party December 2 at 2:30 p.m. in the Fellowship Hall of the First Presbyterian Church in Ballinger.

The Sweet Cider Quartet of Ballinger will present "Christmas 1980.

Special quests will be Mr. and Mrs. O. C. Cook of Dublin, Texas. Mrs. Cook is Asst. State Director of TRTA. Mr. Cook is State Chairperson.

All retired teachers are invited. Gifts will be exchanged.

Buy affordable house now, trade for dream house later

First-time house buy- timers among home buyers should buy a house they can afford now and trade it for their "dream house" later, according to Dr. D. A. Klinefelter, economist at Texas A&M University.

"The price of housing has tended to increase slightly faster than inflation and the longer a buyer waits, the harder it is going to be to buy,' Klinefelter says.

perty, they can ride up with property values and start building equity to buying the type of house

The advantage from ownership results from a principle known as financial leverage. Although buyers will usually have initial equity (their own money) of approximately 20 percent in a house, Agricultural and Envi- they receive the benefit of appreciation on the entire value of the property which acts to multiply the rate of return on their equity.

ciate in most areas.

"The National Association of Home Builders forecasts that the rate of annual appreciation will run between 10 percent and 15 percent during the 1980's. This is one reason why most economists recommend home ownership as the primary vehicle for the ordinary working person to hedge against inflation.

"As a vivid example, the median-priced home in the United States is currently about \$66,000. If real estate values appreciate at an annual rate of 12 percent, in 30 years this same house will sell for \$2,000,000,

Recently, a national 50 percent fewer first



Jerry Lackey's **Country Folk**

My travels of recent date have been on the increase, much to my enjoyment because it gives me an opportunity to see and visit with folks. Besides, the roadside scenery is so beautiful, especially in the Texas Hill and Big Bend Country. One doesn't need much of an excuse

One problem I am running into as word gets out that now have my own public relations and advertising firm in San Angelo is: what about Rehab? Well, if the editor will allow me a few lines here, perhaps we can clear-up this matter!

I still represent the West Texas Rehabilitation Centers as public relations director in the Southwest Texas Region. My duties with WTRC have been altered to a point allowing me time to spread my 25 years of experience as a journalist to other clients such as the Federal Land Bank Association and others. All my public relations/advertising accounts for Agri-Business Communications (my agency) are related in a

For example, this weekly column, the Cattlemen's Round-Up for Crippled Children, the Joint Venture for Crippled Children and Agriculture News Service (a branch of ABC offering writing and photography to cattle breeders and associations) all are inter-related.

I bumped into Chesley McDonald of Sterling County the other day. Back at the ranch after open-heart surgery, Chesley looks and feels great, by the way! Anyway, hs question: "Now, I don't quite understand

what you're doing with this new business?" I explained that legally I could help him promote his registered Hereford business and at the same time visit with him concerning CRCC of which he is a chairman in Sterling County. "Just doing my jpart to save

energy!" The same goes for Mike Dail, a CRCC chairman in Mason and manager of the Federal Land Bank in four

Well, that is undoubtedly enough to explain and by now, you get the idea I'm sure. In the space left, let me give you some news.

The unexpected early snow was a boost to range conditions and ranchman's moral as indicated in the cattle market the following Monday. Prices rose \$4 to \$5 per 100 weight at Producers Livestock Auction in San Angelo. The sheep and goat market also reflected optimism at Junction Stockyards.

"It was a good wet snow with some five inches accumulation on top of a good inch rain," commented Buck Owens of Barnhart.

And speaking to the market, I overheard D. K. McMullan of Big Lake and Barnhart ranchman John

"Be cautious about to cover selling costs,"

"Although a home

still be a good invest-

ment even for a short

period, the buyer runs

the risk that a temporary

slump in a local housing

market could reduce eq-

uity at the time of sale or

a loss of equity could also

result if sufficient appre-

ciation had not occurred

located in an area for less than a couple of years," Klinefelter says.

Many people who want

nearly one-third higher

than 3 years ago.

ers than as recently as to own homes are being forced out of the market by the combination of high prices and interest rates, both of which are

Once buyers own prouse toward eventually they want.

s clear that waiting isn't going to make it any easier to enter the market," Klinefelter says. "Even during the current recession, housing prices have continued to appre-

financial magazine quoted a statistic which pretty much sums up the current situation: during the past year there were Dublin talking about it in the coffeeshop. "Why I would pay more for some young heifers now and put them out to winter after this good moisture," stated D. K.

"Oh, you bet," added Dublin. Nelson Erwin, a Harriett stockfarmer, said he got so excited following all the moisture, he forgot to turn all his rain guages over and "they froze and br ike." I thought about that on the way back to town, but then I thought too, with this good moisture saving on my feed bill, I can afford to by new ones," he laughed.

Most all of West Texas was soaked from the snow. Talking to Rick Honaker of Sanderson a few days after the early mid-November snow, he said: "Some of the dirt roads in the country were impassable for a day or

But winter weeds are springing up in every direction in the pastures, so conditions are shaping up to a winter with hopefully less supplemental feeding of livestock. It is a time to be "thankful".

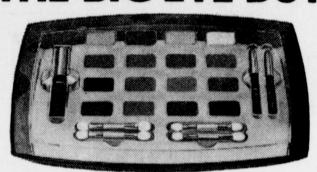
Ballinger Nursing Center

is looking for someone who is a High School graduate, likes to cook, and can work 5:30 a.m. to 1:30 p.m.

Please call: 365-2632 for appointment.

Mature Woman Preferred

THE BIG EYE BUY

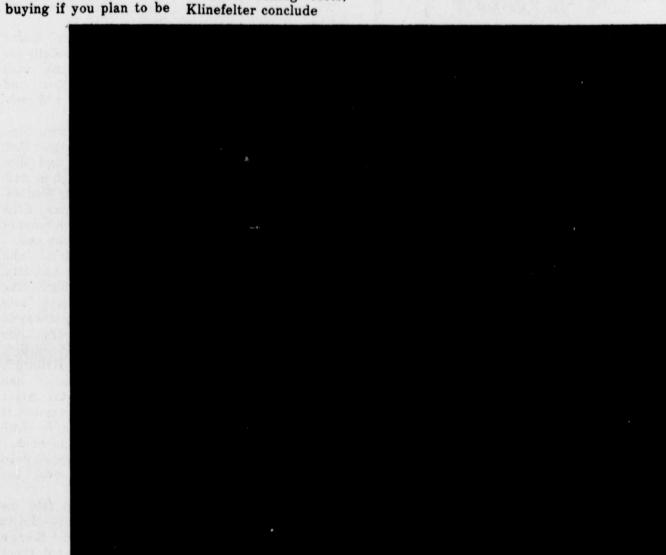


A \$42.50 value—only \$10.00 with any cosmetic purchase of \$6.50 or more.

Have we got eyes for you! The incredible Eye Lights Collection includes 16 beautiful eye shadows, mascara, 2 eye pencils and applicators, all in an elegant tortoise-y tray.

Come into our Studio and say: "Do you have eyes for me?" (Ask about our free eye makeover lesson, too.) The Eye Lights Collection—a special offer just right for Christmas giving-or for you.

MERLE NORMAN



Is this how you spent last night?

If your drinking has reached the point where you can't remember your own actions, you've got

You're suffering from a disease that affects one out of eleven Americans. The disease is alcoholism. And it exacts a terrible toll in pain, misery and human suffering. Like all diseases, it requires professional care. From specialists. You can get help by calling the CareUnit at Hendrick Medical Center.

We'll help you forget about drinking. For good.

CAREUNIT PROGRAM

Hendrick Medical Center

19th and Hickory Streets Abilene, Texas 79601

915-677-2287 or 1-800-854-0318

ing plan e State Member uit for onte Nu deliver ing. The mpkin her good orned i omine, nith. omine. The Bla unding d week ining Sa 00 and r half incl

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Mrs.

vered t out noo and i rest night Mond od two was There ınday Monda sionary

Blackwel Church Tuesday nstead. uncheon

Reduced

HELLO FALL JA LE!

DRESSES

The Omega Coterie of

lackwell met last Wed-

esday morning at 9:30 in

e Oak Creek Lake home

Mrs. Ruby Patterson

ith thirteen members

nd one guest attending.

During the business

uit for gifts to the

ronte Nursing Home to

delivered for Thanks-

The Christmas lunneon will be December in the home of Marie omine.

The Blackwell and surounding area had a real ad weekend as it began aining Saturday night at :00 and received one and half inches of rain. Sunay morning at 9:00 it egan sleeting, which overed the ground, then bout noon it began snowing and it really snowed he rest of Sunday, Sunay night and most of the ay Monday, receiving a ood two inches on a level nd was down in the wer 20's.

There was no church unday night, no school n Monday and school bean at 10:00 Tuesday mor-

The Women's Misonary Union of the lackwell First Baptist hurch did not meet uesday afternoon for eir regular meeting, so ey met Friday morning stead. A covered dish ncheon was served to n ladies attending.

A Book Study, "Missns for Tomorrow" was

Those attending were Mmes. E. K. Finley, Olin Corley, Ben Noble, Thelma Smith, Eula Nabors, Lanelle Montgomery, Pat Douglas, Willie Burwick, Iona Strickland, and Ninnie Kinard.

The United Methodist Women of the Blackwell Methodist Church met Friday morning at 10:00 to set up tables and get everything ready for the bazaar for Saturday afternoon. The bazaar will get underway at 3:00 with serving to start at 4:30.

This is a ways and means project with proceeds going to major repairs and maintenance of the church and par-

Lillie Dietz services held in Ballinger

Lillie Eda Dietz, 85, of Crews, a longtime resident of Runnels County, died at 12:15 p. m. Wednesday of last week at Ballinger Memorial Hospital.

Services were held at 2 p. m. Thursday in Rains-Seale Funeral Home Chapel in Ballinger, with Dr. Roy Bassett of First United Methodist Church in

Ballinger officiating. Burial was in Crews Ce-

She was born March 15, 1895, in Burleson County. Her family moved to Runnels County in 1908. She married Ira Lester Dietz Dec. 18, 1910, in Crews. He died May 19, 1933.

She was a member of First United Methodist She was preceded in

death by a daughter, Mrs. D. H. Grounds, in 1979. daughter, Tennie Alta Walden of Ballinger; two

sons, William H. Dietz of Talpa and Woodrow Wilson Dietz of New Orleans: a sister, Willie Maude Canady of Ballinger; a brother, C. Vernon Hames of Miles; eight grandchildren and 19 great-grandchildren.

W. P. Haney killed in auto wreck on I-20

He later married Bob-

bie Jackson Adams at

Winters, Oct. 29, 1976. He

was a veteran of the Kor-

ean War and was an oil-

field roustabout, and had

lived in the Winters-Shep

area for the past 22 years.

wife of Shep; a son, Wyatt

of Rush Springs, Okla.;

two daughters, Cindy

Haney and Paulene

Sparks, both of San Ange-

lo; three brothers, N. C. of

Rush Springs, Okla.,

Okla., and Eddie of

Sonora; two sisters, Gol-

die Jennings of Davis,

Okla., and Linnie Muncy

of Lawton, Okla.; and two

Pallbearers will be M.

L. Guy, Thurman Self,

Fred Lawrence, Jimmy

Black, Jim King, Kobert

Paschal and Ray Pri-

foods - so you'll get the

right kind of protein.

grandchildren.

Frank of Indiahoma,

Survivors include his

William P. "Red" Haney, 50, of the Shep Community in south Taylor County, was killed about 8:30 p. m. Saturday in a head-on collision three miles east of Abilene on Interstate 20. Another man suffered serious internal injuries in the twocar collision, according to the Department of Public Safety in Abilene.

Funeral services for Mr. Haney were scheduled at 10:30 a.m. Wednesday in the Winters Memorial Chapel, with the Rev. James Gehrels, Baptist minister of Winters, officiating.

Burial will be in the Shep Cemetery under direction of Winters Funeral

Mr. Haney was born July 20, 1930, in Sulphur, Okla. He married Nida Stone, July 25, 1953, at Clovis, N. M.

protein foods - so you'll

be sure to get high quality

foods do not have high-

quality protein, Rose Tin-

the Texas Agricultural

High-Quality Protein

high-quality protein are

meats, fish, poultry, eggs,

and cheese. Of course,

other foods have protein

- but it isn't such high-

quality. Foods with lower-

quality protein are cereal,

other grain products,

'Mix 'n Match'

include cereals, beans and

peas in their diets to save

That's a smart thing to

do, but be sure to also in-

clude SOME high-quality

protein foods with the

Many consumers try to

beans and peas.

Foods that do have

dall Postel explains.

Extension Service.

tion specialist says.

protein.

Mix 'n match your protein foods "Mix 'n match" your lower-quality protein

protein, a foods and nutri-Here are some ideas for doing this: be sure to have milk with your cereal, es-Proteins are among the most important parts of pecially, for example, in our diets, so it's urgent cooked cereal when that we get high-quality you're tempted to cook with water instead. Also, To do this, "mix 'n when you serve macaroni, match" your protein be sure to add cheese. foods, since all protein And when you serve

Dr. Postel is on the 'Amino Acids' Key to Protein home economics staff of

There's a reason for all this: animal proteins, such as those in meat, poultry, fish and dairy products. have a better proportion of the essential amino acids that acutally "make up" protein.

beans, add some meat to

them - as in chili, for ex-

Because the necessary amino acids that form high-quality protein are in meats and dairy products, those foods are rated the highest in protein value.

'Super-Economy Protein' Plan

What can you do if you can't always afford a meat or dairy product for

Try the "super-economy protein" plan: combine two lower-quality protein foods for those meals.

Remember, you do get some protein in those lower-quality protein

For example, chick peas are excellent sources

Home Heating Tips

As energy costs continue to rise, Americans cannot afford to waste energy. Is your home energy efficient? It's worth it to find out.

Inadequate insulation is the single greatest cause of energy waste in homes. According to the Department of Energy, proper insulation could save 20-30 percent of the energy used to heat

If every home had airtight caulking and weather stripping, we'd save enough energy to heat four million homes each year. To check the airtightness of your home, move a lighted candle sashes of your windows-if the flame dances, you need caulking and/or weatherstripping.

According to a 1979 survey, 97 percent of the heating systems checked were wasting fuel. A great way to save money and energy is to have your heating system's firing rate checked regu-Improper heating system maintenance can in crease fuel bills by more than 25 percent because of

maladjustments. High fuel costs, especially oil, have spurred many consumers to replace their heating systems with ones which are more fuel-efficient. Customers should look for energy-saving heating systems with alternative fuel sources when purchasing replace-

ment units. A hydronic heating system manufacturer, Repco Products Corporation, re-cently began marketing the Hoval Variolyt boiler, which is designed to burn any kind of solid, gas or liquid fuel. Not only is this multi-fuel boiler 88 percent energy-efficient, but it also reduces heating costs by its ability to burn fuels such as wood coal and coke

The Winters Enterprise, Winters, Texas, Thursday, Nov. 27, 1980 7

Plowing over terraces can double erosion

Farmers in the Runnels County area who plow up and down the hill over terraces may be losing a lot more topsoil to erosion than they realize.

So says Terry Thomas, soil conservationist for the Soil Conservation Service, U.S. Department of Agriculture. "Research indicates

The actual amount of

"All things being equal,

there will be more erosion

on land where cotton foll-

ows cotton than on land

where sorghum follows

sorghum," she said.

"That's because sorghum

produces more residue

which, if left on the sur-

example of soil loss plow-

ing up and down the hill

over the terraces as com-

pared to farming on the

contour with terraces as

computed by the Univer-

sal Soil Loss Equation.

The equation is backed up

by many years of re-

search by the USDA

Science and Education

Administration-Agricul-

President Carter

On Bible Week

the good that can

derive-for both individuals

and families-from applying

the timeless precepts of the

Scriptures to modern

I hope that all who

actively participate in this

week-long event will find

spiritual renewal and

refreshment in rediscovering

one of the most reliable

sources of wisdom,

encouragement and

American life.

consolation.

tural Research.

She gave this specific

face, reduces erosion."

Julia Hinds that plowing over terr-Maria Garza aces can double the **Erwin Hicks** amount of erosion as com-Nov. 19 pared to farming with the Julie Barthelemy and terraces on the contour," Terry said.

Nov. 20 Elsie Jarrell gross erosion depends on Nov. 21 several factors, including No admissions percent slope, length of Nov. 22 slope, type of crop grown, Mamie Sprinkle amount of crop residue Nov. 23 left on the surface, type of Joe Awalt soil, and rainfall. DISMISSALS

NORTH RUNNELS

HOSPITAL

REPORT

ADMISSIONS

Nov. 18

Hal Dry

boy

Sherry Lentz and baby Salvador Esquivel Agnes Burson Nov. 19

Nov. 18

No dismissals Nov. 20 Jodi Butts Nov. 21 Terry Stanfield Hal Dry Maria Garza Jimmy Lopez

Nov. 22 Elsie Jarrell Nov. 23 No dismissals

of protein - but they are still low in one or more essential amino acids. That's why it's best to combine them with a meat product.

However, for the times when you can't include a meat or dairy product, combine two vegetable proteins in one meal. That way, at least, you'll have a little better protein quality than if you just served one single lower-quality protein food for a meal.

Here are some ideas for combining two vegetable protein foods:

Combine peanut protein with wheat protein by serving peanut butter sandwiches.

Or combine another vegetable protein with beans - such as rice or tortillas.

Another idea would be combining sesame seeds with something made of soybeans.

Finally, remember the very best combination or protein foods is a combination that uses meat, fish, poultry or dairy products. That combination helps you "mix 'n match" your proteins for the highest quality you can

"On a Rowena and Tobosa soil with a 3 percent slope growing cotton following cotton up and down the hill over terraces, we could expect about 14 tons of gross ero-

Terry said. But by simply farming on the contour with the terraces, erosion would be only 7 tons per acre.

sion per acre per year."

"That's still too much," she said. "But by rotating cotton with sorghum and leaving the sorghum residue on the surface with contour farming, you could reduce erosion to about 3 or 4 tons per

Terry said one reason some farmers plow over terraces is because their land was terraced several years ago when two-row equipment was standard. These terraces were built as economically as possible and left a lot of point rows ... rows that are difficult to farm with 8, 10, or 12-row equipment.

"One solution to the problem is to replace these old terraces with modern terraces that are built an even number of rows apart," she said. "We call these parallel terraces and they're a lot easier to farm."

She said parallel terraces cost more than standard terraces, partly because more cuts and fills are usually needed to make them work proper-

"But they are a lifetime investment," Terry stressed. "And since they are so much easier to farm, few farmers ever plow over them."

Be Busy Club meeting recently

The Be Busy Sewing Club met recently in the home of Faye Hogan. Handwork was done.

Present were Mmes. Lewis Blackmon, James Torrance, Bill Milliorn, Nadeen Smith, Lillie Shott, Eura Lloyd.

The next meeting will be Dec. 8 in the home of Eura Lloyd. A Christmas salad luncheon will be served.

DOUG'S DOMINO HALL

Pinball machines, foosball, and pool tables along with our domino games.

131 N. Main Open 9 to 9, Mon.-Sat. Open Sundays 1 to 6



WINTERS FLOWER SHOP

Helping you

HEART O' TEXAS SAVINGS ASSN.

Announces **Interest Paying Checking Accounts**

Beginning January 1, 1981

The New Checking Accounts Will Earn

54% INTEREST

Heart O' Texas Savings Association is one of the fastest growing and most progressive associations in the State of Texas. The branch office in Winters is located adjacent to Winn's, and Sue Spill is Branch Manager, assisted by the local director of the association, Wade White.

Heart O' Texas Savings Association has assets in excess of thirty-two million dollars, with offices in San Saba, San Angelo, Ballinger, Winters, Robert Lee, Sonora, Onion Creek, and Oak Hill, and soon will open a new office in Big Lake.

The Association is pleased to announce this new interest paying checking account in order to serve its customers and to further provide a competitive banking alternative for the people in Runnels County.



PROPER INSULATION...

Keeps in the warm air you've paid for.

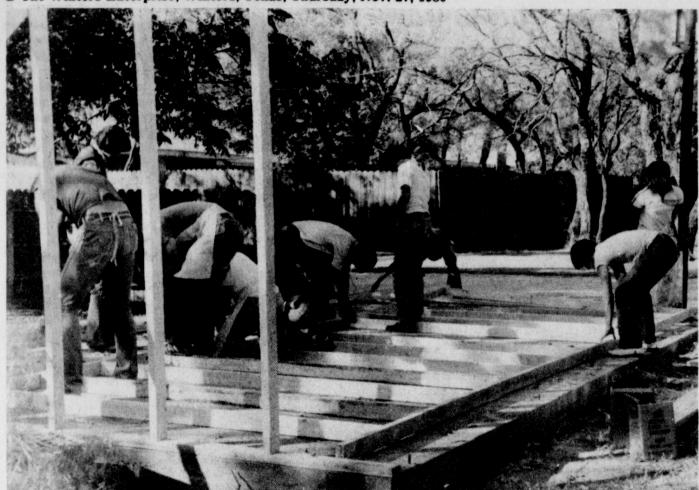
The most effective defense against rising energy costs is proper insulation. Insulation keeps the heat in during the winter and out during the summer, so that both your heating and cooling costs will be less.

Insulation is measured in R-values and the higher the value, the more effective the insulation. R-values of R-30 in the ceilings and R-18 in the walls are now being recommended for new construction in this area.

IF YOU ARE INTERESTED IN A MORE ENERGY-EFFICIENT-HOME, CALL WTU TODAY.

TRAINED ENERGY EFFICIENT CONSULTANTS ARE AVAILABLE TO ADVISE YOU ON PROPER ENERGY MANAGEMENT.





Building trades class

It's a history book,

a mystery book,

a book of ethics.

a love story,

a passport,

a code book,

a law journal

a do-it-yourself manual.

an organization chart,

a travel brochure,

a self-improvement course,

and otherwise good reading.

a geography lesson,

Members of the Building Trades Class of Winters High School prepare to raise the sidewall frame of a storage building being constructed on the property of Cliff Poe. The building, 14 by 27, will have metal siding, and is one of several which have built by the class this fall. Materials for the building are paid for by the property owner. The Building Trades Class was organized in Winters High School for the first time this year, and is taught by James Jones. There are 12 class members. School officials have expressed hope that additional vocational classes can be added to the curriculum in the local school.

Rules for Miss Sno Queen Contest

Any girl attending Winters High School is eligible to enter the Miss Sno Queen contest.

Contestant may select her own sponsor, or sponsor

may select a contestant. Contestants will meet at the office of the Winters Housing Authority, 200 N. Grant., at 10 a.m. Saturday,

Dresses or pants suits will be worn; no jeans. Contestants will be introduced to the judges and in-

troduced, on an individual basis.

Dress for the parade will be formal.

Corsages and/or flowers will be provided by the sponsors and will be given to contestants at the parade site. Ribbons and numbers will be issued at the Housing Authority building.

Contestants will assemble at the Winters State Bank parking lot, 500 S. Main, no later than 2 p.m., to be assigned parade positions. Jerry Sims will be parade chairman.

Following the parade, contestants will assemble at the chamber of commerce office.

Additional information may be obtained at the chamber office.

Rules for

area may enter, and may be sponsored by parents or grandparents. Sponsors will choose mode of transportation, car or pickup.

Dresses or pants suits may be worn in the parade. Contestants will assemble at the Winters Housing Authority building, 200 N. Grant St., at 12 noon Saturday, Dec. 13, and will meet the judges.

For the parade, contestants will assemble at the Winters State Bank parking lot no later than 2 p. m. to be assigned parade positions. Jerry Sims will be

Following the parade, contestants will assemble at the chamber of commerce office.

commerce office.

Former Winters man injured in explosion in home at Lubbock

Alexander De La Cruz, 23, of Lubbock, formerly of Winters, remained in a Lubbock hospital this week, suffering from first, second and third degree burns on the upper portion of his body, received in a gas explosion in his home Tuesday of last week.

De La Cruz is a nephew of Mr. and Mrs. Joe De La Cruz of Winters, and was reared in their home for several years. He is a graduate of Winters High School, and presently is employed by a jeweler in Lubbock.

According to Joe De La Cruz, the young De La Cruz apparently lit a cigarette in a hallway near the bathroom in his Lubbock home, igniting gas. The explosion knocked De La Cruz to the floor, and burned the upper part of his body. It was thought that the leaked gas has built up in the attic of the home.

De La Cruz said that as he lay on the floor after the explosion, he heard someone call out from the front door; he answered but apparently the person did not hear him. A few minutes later, firemen arrived, and were surprised to find him on the floor of the hallway.

The gas explosion caused a momentary "flash fire," which singed drapes and paper in the house, and did extensive damage to the small, two-bedroom frame house, the ceiling in most of the rooms had been totaly burned away, the east walls were knocked down and bark of the back was was leaning. Charred furniture had been blown out of the house or was tossed about in the structure as if a tornado had passed through.

Lubbock fire investigator Jim Vaughn said there was apparently "quite a buildup of gas (in the home). This is the worst we've had in some time." De La Cruz apparently didn't notice the gaseous fumes when he awoke in the morning. "Some people can't smell that stuff," the fire investigator said.

Joe De La Cruz said Tuesday morning he had talked with his nephew Monday night, and he had been removed from the intensive care unit of Methodist Hospital in Lubbock, and that doctors said he would probably be well enough for release within about four or five days.

Bible (

A simple source of

inspiration and joy is close

at hand, yet many neglect

it. "The Bible. It has a lot

to offer." That's the slogan

for the 40th Interfaith

National Bible Week, No-

Favorite passages selected

by Howard K. Kauffmann,

president of Exxon

Corporation and 1980

National Bible Week

chairman, are suggested for

Sunday, November 23:

Monday, November 24: Morning, Proverbs 1:7;

Morning, Psalm 34:1-4;

Morning, Matthew 16:24-27; evening, Romans

Morning, Mark 13:32; evening, Luke 9:26.

1:2-11; evening, Romans: 3:23-24.

evening, John 6:40.

Matthew 26:38-39.

Friday, November 28: Morning, Psalm 27:14;

Saturday, November 29:

Morning, Micah 6:8; evening, Romans 6:23.

Sunday, November 30: Morning, Psalm 23; evening,

Thursday, November 27: Morning, Ecclesiastes

Wednesday, November 26:

evening, Romans 2:6-8.

evening, Matthew 7:21. Tuesday, November 25:

vember 23-30, 1980.

Ordinance-Readings I For Bible Week

The City Administrator would be required to prepare and submit to the city council an annual budget, and prepare and present to the council a monthly financial report, and keep the council advised on the financial condition of the city, and to make recommendations.

City officials have said that with the implementation of this system of coordination and direction of the city's affairs, a big financial savings can be realized, in addition to providing more and better service to the residents and taxpayers of the city. ing to increase their family work when their wives are employed - though

wives continue to hold the primary responsibility for family work, reports Diane Welch, family life education specialist with the Texas Agricultural Extension Service, The

Texas A&M University

Husbands are beginn- Correction

Winn's Variety donated an automatic sealerbagger as second place prize in the stew cook-off held during the recent Arts and Crafts Festival.

Diamonds in South Africa's Orange River delta are mined by dredging the seabed while huge dikes of sand hold the water back.



The season for looking your loveliest is here. And we have the separates to send compliments your way. Dramatically styled in White, Ruby Red, Black in luxurious polyester repe. Soft jackets, vests, exciting print blouses and tunic ops, and skirts. Come see them today.

lackets Skirts, Pants Misses. Sizes: Misses' Sizes: S-M-L-XL \$16°5 and up Blouses,

HEIDENHEIMER'S

HEIDENHEIMER'S

to offer.



Vests make it big with boys for Fall and Wrangler has them for him. This 100% nylon quilted, snap front vest is made for the active boy. Sizes S-M-L-XL. Bring him in today to buy one and you'll see why Wrangler has the fit that won the west.

Little Miss Sno Queen Contest Any girl age 3 through 5 living in the North Runnels

parade chairman.

For additional information, contact the chamber of

Let's Ask The Experts! Americans may have a lot

to look forward to, but not since World War II have Americans been so pessimistic about the future. To what extent-if at all-is the pessimism justified? At a conference held by the American Marketing Association, one of the world's leading marketing societies, the projections of a group of experts were

By Dr. William Lazer

developments of future end of the century. economic factors supports As the dual earner family It seems unlikely that the the conclusion that the real becomes the norm, 1980s will unfold to reveal

to increase substantially! percent to 30-35 percent by retire.

began with good income premium on leisure time. Future Environments at increases and then fizzled, The 36-hour, four-day Michigan University's the 1980s are starting out work-week could become Graduate School of Business



Americans in the coming decades.

gain in strength and less fettered socially and Our gloomy outlook continue well into the 90s. economically, we will be reflects the buffeting of the Real income over the next more likely to express rising costs of energy, two decades is expected to ourselves as individuals. We housing, food and basic grow at an average annual will be more knowledgeable, necessities-and lower rate of two to 2.2 better educated and better increases in our real income. percent representing about traveled with more Yet, a review of likely a 60 percent increase by the cosmopolitan and cultured

standard of living of the affluence will become more the dismal economic scene average U.S. family is likely widespread. The number of that many predict. family households in the Inflation will be with us, We shall see a continuing \$25,000 and over category perhaps averaging six to decline in the average size of (in 1977 dollars) will almost eight percent. We won't households and further double by 1995. The latter overcome our reliance on gains by non-family part of the 80s will see foreign sources of energy, households. Working wives greater numbers of family but we will deal with energy are becoming the norm. households with incomes of situations more Over 50 percent of wives are over \$50,000 per year (in comprehensively, and now employed; the figure 1977 dollars), including a become even more may rise to well over 60 substantial number of conservation minded. The percent by 2000. The skilled technical blue collar great dislocations resulting average contribution of workers. Some senior from OPEC actions may be wives to total family income citizens will receive two mostly behind us.
will likely increase from the pensions when working The perspective for the

weak-but are expected to common. More secure and Administration

tastes.

current average of 27 wives as well as husbands next decade: definitely

The greater affluence is Dr. Lazer is Professor of

Whereas the early '70s likely to place a higher Marketing Systems and



The first American to be honored with a monument in India was George Washington Carver.