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1994
1993
1990

The Brackett News

Vol. 6 No. 45 Brackettville, Fort Clark, Spofford, and Kinney County, Texas January 5, 1995

"If a man had half as much insight, as he has hindsight, he would have twice as much foresight."

Kinney County Livestock Show

January 20 - 21, 1995

PROJECT SHOW, January 20, 1995

- Any youth 19 and under, residing in Kinney County and/or attending Brackettville Schools is eligible to enter the Kinney County Project Show in the Youth Division. The ages are divided in the following manner:
Little Bits - 5 and under Junior - 11, 12, & 13
Pee Wee - 6 and 7 Senior - 14-19
Pre Junior - 8, 9, & 10
- Any adult over 19 years of age, residing in Kinney County, is eligible to enter the project show.
- Exhibitors in the youth division must be under the direct supervision of the vocational agricultural teacher, vocational home economics teacher, county extension agent, a classroom teacher, or parent. The exhibitors entry form must be signed by the respective supervisor.
- Exhibitors in the youth division may pick up entry forms at the Adult Center, Library, Jean's. Entry forms should accompany project when submitted.
- Youth Divisions - Entries in writing must be submitted to the county extension agent - 563-2442, classroom teacher, vocational agricultural teacher, vocational home economics teacher.
- Exhibitors are limited to one entry in each class. There will be a limit of 4 entries for youth exhibitors under 13 years of age and 5 entries for each Senior and Adult exhibitor.
- Youth exhibitors will receive either a blue, red, or white ribbon, based on judges' opinion. Adult exhibitors will receive 1st, 2nd, or 3rd place ribbons in each class. There will also be a best of show ribbon in the Adult Division.
- The project show will be at the Kinney County Civic Center on January 20. Entries will be accepted Thursday, January 19 after 3:30 p.m.
- Food entries should be brought on Friday, January 20, before 9:00 a.m. Any other entries may be brought Friday, January 20 after 9:00 a.m. Judging will begin promptly at 9:30 a.m.
- Viewing of exhibits will be at 11:00 a.m.
- Exhibits will remain on display under supervision on the 20th. Exhibits MUST be removed from the building between the hours of 5:00 and 6:00 p.m. on the 20th. The area must be cleared for the BBQ the next day. Your cooperation will be appreciated.

DIVISIONS & CLASSES, Project Show

- Foods - Pre-Junior Division**
Classes: 1. cookies 2. quick breads 3. candy 4. cakes
- Foods - Junior Division**
Classes: 1. cookies 2. quick breads 3. candy 4. cakes
- Foods - Senior and Adult Division**
Classes:
1. cakes 2. decorated cakes 3. yeast breads
4. pies - one crust 5. pies - two crust
6. quick breads
7. jellies
8. jams and marmalades 9. pickles and relishes
10. candy 11. cookies 12. meat dishes
- Needlework - All Divisions**
Classes:
1. crocheting 2. hand embroidery 3. knitting
4. needle point 5. hand quilting
6. machine - applique, machine quilting, embroidery, etc. 7. weaving
8. crewel 9. counted cross stitch 10. miscellaneous
- Clothing - All Divisions**
Classes: One or more garments constructed by sewing as a unit of wearing apparel
1. tailored 2. non-tailored 3. evening
- Clay, Glass, Wood Sculpture - All Divisions**
Classes:
1. pottery 2. ceramics 3. stained glass
4. glass etching 5. sculpturing (clay, wood, etc)
- Paintings - All Divisions**
Classes:
1. oil 2. acrylic 3. water color 4. miscellaneous
- Drawings - All Division**
Classes:
1. ink 2. charcoal 3. crayola 4. pastels 5. miscellaneous
- Flower Arrangements - All Divisions**
- Educational Exhibits - All Divisions**
Classes:
1. poster 2. displays 3. charts 4. science exhibits
- Photography - All Divisions**
Classes:
1. PHOTO STORY: Three to five prints (any size) to be mounted on 14x22-inch size poster board. Photos should depict a sequence or story (one per person).
2. BLACK AND WHITE PRINT: People, landscapes, or any other subject, at least 5x7-inch size (three per person).
3. COLOR PRINT: Subject, size, limit same as black and white.
- Woodworking - Senior and Adult Divisions**
Classes:
1. HAND TOOL PROJECTS: Project made exclusively with hand tools. Hand held, electrically driven tools such as drills, saws, and sanders are POWER TOOLS.
2. POWER TOOL PROJECTS: Projects made using any type of power tools.
- Leather Craft - All Divisions**
Classes:
Tooled or carved leather items of commercial value. May be made from pre-cut leather in a kit, but all tooling, carving, dyeing, lacing, and finishing must be done by the exhibitor
- Metal Work - Senior and Adult Divisions**
Classes:
One class for each age division.
- Miscellaneous - All Divisions**
Any handicraft not listed. (Example: fabric painting)

Kinney County 4-H and FFA Livestock Show

The 40th annual Kinney County 4-H and FFA Livestock Show is fast approaching. This year's show will be held at the Kinney County Civic Center January 20th and 21st. There will be approximately 265 entries and 65 exhibitors. This year's schedule will be as follows:

- FRIDAY, JANUARY 20, 1995
- 8:00 - Noon Weigh-in of all animals
8:00 a.m. Project Show
1:00 p.m. Angora Goat Classes
2:30 p.m. Meat Goat Classes
4:00 p.m. Market Steer Class
4:30 p.m. Rabbit Classes
6:00 p.m. Market Pig Classes
- SATURDAY, JANUARY 21, 1995
- 9:00 a.m. Market Lamb Classes
10:30 a.m. Commercial Finewool Ewe Lamb Classes
11:30 a.m. Buyers' Bar-B-Q Lunch
1:30 p.m. Stock Show Awards Presentations
2:00 p.m. Junior Stock Show Premium Sale

Everyone in the community is welcome to come out and enjoy the activities. This is the single most important event to some of our 4-H and FFA members.

AANTF To Finally Realize Settlement

At 11:00 a.m. Thursday, December 29, 1994, the Kinney County Commissioners Court met in Emergency Session for a two-item agenda. With Judge Tim Ward presiding, Commissioners Cordelia Mendeke, Freddie Frerich, Alvin McClure and Plunker Sheedy were present.

Item 1 - to amend Item 1.18 of the December 19, 1994, meeting of the Commissioners Court to read as follows: "Approve/disapprove the position of Deputy Sheriff/AANTF Field Commander at an annual salary of \$25,000 effective January 1, 1995, with full fringe benefits to be reimbursed/paid to Kinney County from CJD and TNCP Grant funds was approved.

Item 2, "Approve/disapprove the settlement agreement between AANTF, Texas Department of Criminal Justice, Val Verde County and the City of Del Rio et al." was recognized, approved by the court, and placed in the minutes.

The fact that emergency action on #1 was necessary in order to maintain the law enforcement efforts of the AANTF Team. The position of Field Commander is vital to the Task Force operation. A vacancy would exist on 1/1/95 if Commissioners Court action is not taken.

The fact that emergency action on #2 was necessary due to the fact that the Texas Department of Criminal Justice has successfully negotiated a settlement with the respective parties. The Executive Director of the T.D.C.J. is scheduled to resign effective 12/31/94. Therefore Commissioners Court action was vital to an expeditious settlement of this matter and the fact that the subject matter of said meeting is urgently needed to maintain and operate said County for the best interest of said County, made it an emergency or urgent public necessity that said meeting be held.



All-Region Band finalists, from left, Valerie Jimenez and Brandy Meeks stopped by *The Brackett News* office Monday morning to share briefly their feelings of pride to represent Brackett High School in the elite band. Alfred Rodriguez also earned the right to participate but was not available for the picture.

BHS Tiger Band Students Advance To All-Region

Three members of the Brackett Tiger Band have earned the right to perform with the Association of Texas Small School Bands, Region XI, All-Region Band. On December 9, the three - Valerie Jimenez, Brandy Meeks, and Alfred Rodriguez, traveled to Somerset to audition. The competition was fierce!

Valerie won the position of 4th chair, first clarinet. Of the twenty clarinets auditioned, eight were accepted for the Region Band.

Alfred Rodriguez won the position of 3rd chair, bass clarinet, and Brandy Meeks won 8th chair, flute.

The clinician for this year's band is Dr. Robert Rustowicz, Band Director at the University of Texas at San Antonio. All rehearsals and the concert will be held at the UTSA campus. Rehearsals are scheduled for Friday, January 20, 5:30 to 9:00 p.m., and Saturday, January 21,

9:30 a.m. to 12:00 noon, and 1:30 to 4:00 p.m. The concert will be at 7:00 p.m. Saturday, January 21.

Valerie, Brandy, and Alfred had to successfully play two technically difficult pieces of music along with scales and a chromatic scale by memory. They mastered the challenge perfectly.

Valerie also qualified to advance to Area tryout by surpassing competitors from Hondo, Crystal City, Carrizo Springs, and several others from 1-A, 2-AA, and 3-AAA high schools. Saturday, January 7, she will be in Corpus Christi to audition for the Area Band.

Tiger Band Director Cantrell has expressed his pride in the students' achievements. Congratulations and good wishes from the community go with the three as they participate in the All-Region band and as Valerie tries out for the All-Area band.



From Haiti To Fort Clark

Armond "Doc" Jones, shown with his mother Frances McMaster, was guest speaker at the Brackettville Rotary Club Thursday, January 29, 1994. Doc is a sound technician and related experiences from covering the recent situation in Haiti which he covered for ABC and was in the country at least ten days before the military arrived.

Doc lives in Wimberly, Texas, and does free lance sound with cameraman Keith Kay, a top free-lance photographer.

They got acquainted through a mutual interest in horses. Doc's preparatory background includes his involvement in music. In Wimberly he owns and operates an eight track recording studio and does sound for bands.

He has worked with all major networks - ABC, NBC, CBS, BBC, and CNN.

His work has been included on "Nightline," "60 Minutes," and other news-type programs. He traveled to Czeck for CBS, Saudia Arabia for ABC, and Haiti for ABC although that coverage was picked up by all major networks.

He was worked directly with Peter Jennings, Ted Koepel, and Ed Bradley.

Jones is an accomplished horseman and has been a featured rider in several movies: "Rambo III," "Sun Of The Morning Star," "Far And Away" the Irish story with Tom Cruise, two TV episodes of "Gideon Oliver," and most recently Columbia Picture's "Geronimo."

He has also ridden in TV Lone Star Beer commercials and owns the Lone Star Beer Horse.

During Thursday's program presentation, he briefly described living conditions in Haiti such as lack of sanitation and mob activity including that rocks were used as lethal weapons. He did comment on the good relationship between the media and the military in contrast to what it had been in some of the other locales he had covered. As he shared experiences, his mother's face reflected a mixture of pride in the accomplishments of a son and anxiety and distaste at what he had been compelled to endure. Rotarian Mrs. McMaster was program chairman for December.

K. C. Judge Sworn In By City Secretary Luna As Were Hall and Montalvo

At 10:30 a.m. Sunday, January 1, 1995, Justice of the Peace Alvin Hall repeated the Oath of Office as administered by City Manager David Luna in the County Court Room.

At 11:30 a.m. Luna repeated the process as he extracted the oath from Kinney County Judge Tommy Seargeant and Kinney County Commissioner, Precinct 2, Joe Montalvo.

A standing room only crowd of citizens witnessed the ceremony.

Judge Thurmond Gives Oath Of Office To Kinney County Officials

Sunday at 3:00 p.m., January 1, 1995, District Judge George Thurmond was at the Kinney County district courtroom to administer the Oath of Office to elected and appointed Kinney County officials. Following the formal ceremonies, refreshments were served to the large group in attendance.



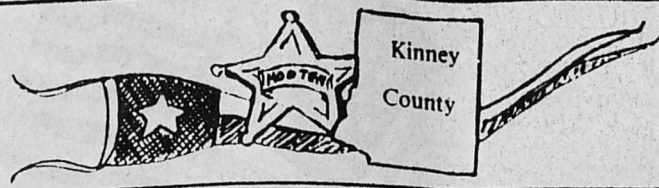
Judge Thurmond, accepts the oaths from Kinney County Auditor Cordelia Barlow, County/District Clerk Sylvia Gomez, and County/District Chief Deputy Clerk Elaine Sheedy.



Also pledging their oaths Sunday were, from left, Kinney County Commissioner, Precinct 4 Paul O'Rourke, District Judge George Thurmond, Kinney County Treasurer Janis Floyd, and Kinney County County/District Clerk Dora Elia Sandoval.

Sheriff's Corner

By Sheriff Norman H. Hooten



Pleasantly surprising to the Sheriff's Office has been the relatively low number of calls to the Sheriff's Department over the Christmas/New Year's holidays requiring the presence of a peace officer. We knew there was a natural increase in calls over the numbers received during non-holiday periods, the number was sharply less than that usually experienced during week-ends and holidays. We did respond to several calls, however, most of them domestic disputes or disorderly conduct in public. The domestic calls were, as usual, caused mostly by the increase in alcohol consumption by one mate or the other, or, as in some cases, by both. Alcohol and marital bliss seldom go well together.

Patrol Deputy Karl Chism worked a one-car accident at the intersection of Beaumont and Edwards Streets in Brackettville at approximately 12:21 a.m. the morning of December 31, 1994.

In this incident the 17-year old driver, alone in the vehicle at the time of the accident, lost control of the vehicle he was driving on a wet street and slid into a yard fence at a private residence, doing damage to the chain link fence there.

During the investigation at the scene, Deputy Chism administered a field sobriety test on the young driver, which he passed with ease, satisfying the investigator that he was not intoxicated. However, the young man did receive a total of two citations charging him with four

(4) traffic violations, all Class C misdemeanors in Justice Court. They are as follows: (1) No Driver's License; (2) No Liability Insurance; (3) Expired Registration, and (4) Expired Vehicle Inspection Sticker. The 17-year old was released into the custody of his mother following the conclusion of the investigation. The driver and his parents will be held responsible for damages inflicted upon the yard fence by the accident.

In an Emergency Meeting of the Commissioners Court held on Thursday, December 29, 1994, the Commissioners Court approved the position and salary of Deputy Sheriff/AANTF Field Commander at my request in order to allow me to fill a vacancy in the AANTF position created by the retirement of Bill McDonald from the Drug Enforcement Administration (DEA) effective December 31, 1994. Mr. McDonald, a longtime DEA agent had been assigned as Field Commander with the AANTF for the past several years and has been appointed by me to continue in that capacity, now as a Sheriff's Department employee, following his retirement from the DEA. His salary and fringe benefits will be 100% reimbursed to Kinney County from drug task force grant funds awarded Kinney County through the AANTF grant from the Criminal Justice Division of the Governor's Office.

That's All!

INVITATION FROM REP. PETE GALLEG0

Jean Faulkenberry, Editor
The Brackett News

Dear Ms. Faulkenberry:
My third term in the Texas Legislature will officially begin at noon on Tuesday, January 10, 1995. At that time, swearing-in ceremonies will take place in the Chamber of the House of Representatives located on the west side of the State Capitol.

Immediately following the swearing-in, Maria Elena and I will be hosting a small reception and open house in my office. The office is located at the southwest corner on the lower level of the Capitol Extension Building, Room E2.214.

The seating for the ceremony itself will be quite limited. However, Maria Elena and I would be honored if you could join us in celebrating this occasion. Should you find yourself in Austin on January 10th, please stop by the office.

If you will be able to attend or should you need any further information regarding this invitation, please contact either Joe Valenzuela or Janice K. Harvey at 800 830-PETE (800-830-7383).

Sincerely,
/s/ Pete G. Gallego
State Representative
District 74

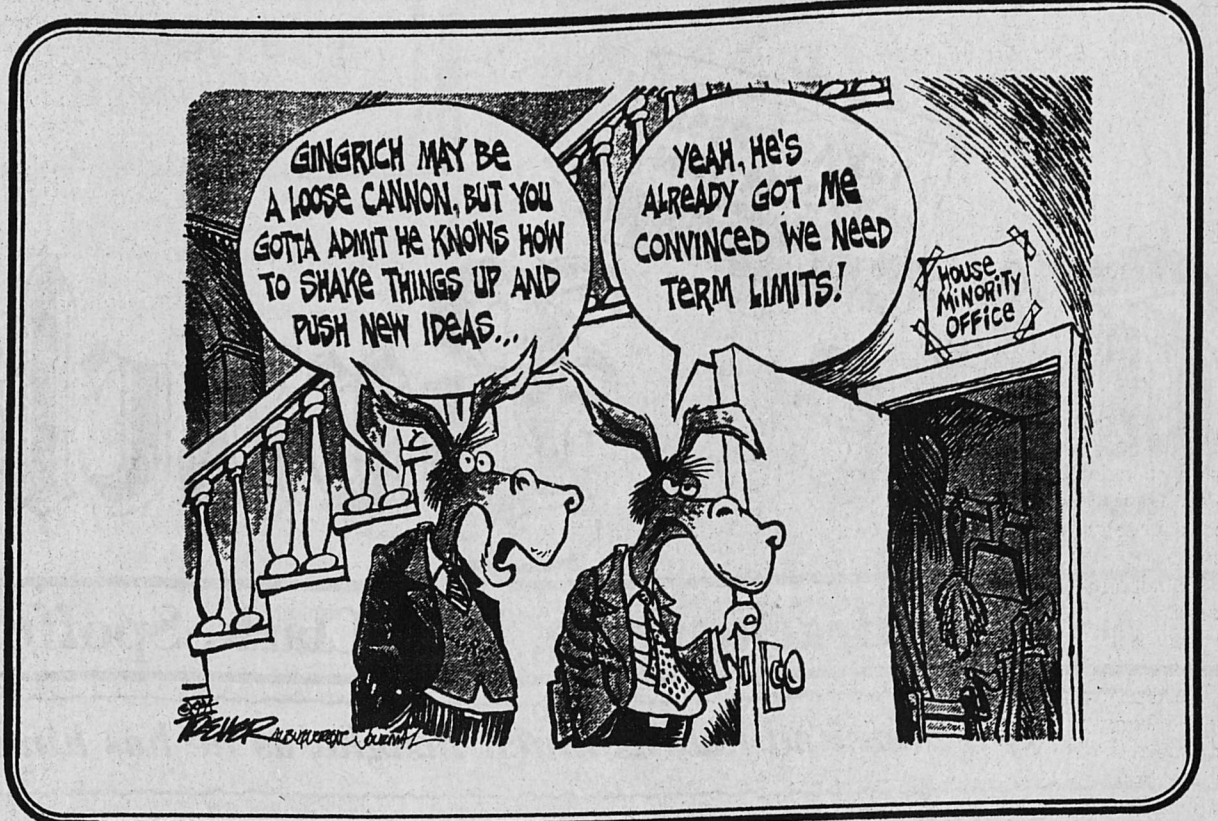
CONSUMER CORNER

Before You Borrow

(NAPS)—You may not be able to have your cake and eat it too, but wise use of credit may let you come close.

According to *Everybody's Money*, the consumer publication published by the Credit Union National Association, to avoid creeping credit you should ask yourself several questions before you borrow money.

- How will added loan payments fit into my regular spending pattern?
 - Will I have to go without things I need to buy this month?
 - What's the difference between the total credit cost and the cash price?
 - Will this item outlast the payments?
 - Will I want this item as much when I'm making payments as I do now?
 - Will this item improve family living, save time, protect health, increase income?
 - Is my income certain for the length of time I'll make payments?
- Your answers to these questions may answer the question of when and whether to use credit.



Between Us

By Joe Townsend



I don't think the present city council will do it, but it is high time an anti-noise ordinance were enacted. On the other hand it would be meaningless. Since the council would rather buy new vehicles and other showy things than have a city police and city judge, there could be no enforcement of violation of the ordinance.

This past week there have been a number of nights when music from various places have been entirely too loud.

One night several blocks from my home the music was so loud and obnoxious it disturbed us until 4:00 in the morning. The following night it was even worse.

The Sheriff's department had to go at least twice to tell them to shut it down. Finally, about 12:00 it was bearable.

At one point in our neighborhood there was overloud music disturbing people trying to sleep from three different locations.

At times music from the Civic Center has been disturbingly loud up to 4 to 6 blocks away.

I believe in celebrations and I believe in music but there is no justification for such over loud racket, especially far into the night.

This disturbance of the peace should come under the jurisdiction of the city. When such inconsiderate people become so offensively obnoxious there should be some way to force diminution of the cause.

It's past time for the city to assume civic responsibility and establish a police department and bring some control of such outrageous actions.

It's strange that the city needed a police chief paid as much as the sheriff until the police chief was hired as city secretary and boom - we no longer need a police nor judge.

So there can be no prosecution of violators of city ordinances.

Something needs to be done about the over-excessive noise late into the night.

Since the perpetrators have no consideration for others there should be some way to force them to be civil.

Kinney County Heritage Museum Seeks Old Photos

The Kinney County Heritage Museum is interested in collecting old photographs of people, places, buildings, etc. of Kinney County.

Photographs are one of the most important ways to document the history of Kinney County and its people. Your museum is attempting to preserve the history and heritage of the County but it must be a commitment of all to be successful.

Photographs from the past will excite all of us to want to find out more about our past heritage and instill pride in our future.

Kinney County Heritage Museum Open 2nd & 4th Saturday Afternoons

Big Mama Sez!



Great wealth makes us neither more wise nor more healthy.

PLEASE REMEMBER that we attempt to include something for everyone within the pages of our paper. We realize that that some folks enjoy finding fault and for those readers we thoughtfully include a socially acceptable number of errors within our publication.



MEMBER 1995

TEXAS PRESS ASSOCIATION

The Brackett News welcomes letters to the Editor. The Editor reserves the right to edit all letters submitted for length and context.

Letters will be edited to avoid the use of profanity or libelous statements pertaining to the rights of citizens.

Letters published and columnist's viewpoints do not necessarily reflect the beliefs of this newspaper.

All letters must be signed and include an address and phone number. Thank You!

The Brackett News.

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Editor - Jean Faulkenberry

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The quotation found under the Mast Head on the front page is a copy from "The Rear Vision Mirror," a Fort Worth Newspaper published Wednesday, March 8, 1961.

To subscribe to The Brackett News, please clip this application and mail to: The Brackett News, P. O. Box 1039, Brackettville TX 78832, or drop by our office at 507 S. Ann St. (next to the bank). Rate: In Kinney County \$20.00; Outside K.C. in Texas \$25.00; outside Texas \$27.50. Please include check or money order.

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Subscribe to **The Brackett News.**



Scientists estimate that on an average farm, crows eat 19 bushels of insects in a single season.

Consumer Corner

Protect Your Clothing Investments

(NAPS)—Smart shopping and proper care can help save money on your clothing budget, an increasing number of Americans agree.

The so-called "shop till you drop" brand-conscious consumer of the '80s has been replaced by the "shop smart" value-conscious consumer of the '90s. In fact, in a recent nationwide survey, 74 percent of the people stated that value pricing is more important than the latest fashion when purchasing clothing items.

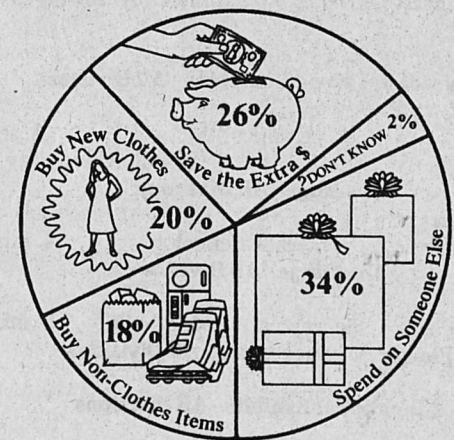
Other findings of this recent survey, sponsored by the makers of New Tide detergent, include:

- Twenty-four percent of people say that fading is the most frequent reason for turning "good clothes" into "knock-around" or play clothes.
- Thirty-nine percent would use hand-me-downs more if their clothes didn't fade or fuzz as quickly.
- The average American family of four spent \$2,410 on clothing in 1992, statistics show. According to consumer spending and financial expert Neale Godfrey, they could be spending much less without compromising quality.

"The trick to saving money is to shop smart when buying clothes and once you've made your purchase to care for it properly," says Godfrey. Here are some simple guidelines:

- **Avoid "dry clean only"** items when possible.
- **Stay away from trends or fads.** Buy classic pieces that you can mix and match.
- **Buy seasonal clothing off season** when it is on sale.
- **Proper laundry care for longer wear.** Follow the manufacturer's care label instructions. Try turning your clothes inside out before washing—it minimizes abrasion on fabric surfaces and reduces wear. Use smaller loads and gentler cycles to help extend the life and looks of your clothes. Clean your clothes as soon as they get dirty

What would you do with the money?



Source: Survey by New Tide/The Wirthlin Group

Here's what a recent survey found people would do if they could save money by not replacing their garments as often because they stayed looking more like new after repeated washings.

before stains set in.

- **Wash wisely.** The laundry detergent you use can make a difference. One to try is New Tide, a detergent with a revolutionary formula containing a breakthrough technology that helps reduce the fuzzing and fading that can make a garment look old and worn before its time. The new formula provides the triple benefit of outstanding cleaning, stain removal and color protection to actually help keep cotton clothes looking more like new, longer.
- **Delicate care for delicate wear.** Pack your fine lingerie and hosiery in plastic bags for traveling. Place these and other delicate items in a mesh bag to protect them in the washing machine.

- **Spray sense.** Perfume and hair spray can cause permanent damage to fabrics, especially silks. Put a towel over your dress or blouse before spraying to protect your clothing.

- **Do a clothes check.** Before putting your clothes into the washing machine, close zippers and fasten hooks to prevent snagging. Brush lint from pockets and cuffs before washing to keep it from getting on other wash. Be sure to empty pockets—forgotten tissues and lipsticks can make a mess.

Free Brochure

For a free brochure with clothing purchase and care tips write: New Tide Clothes Savings Guide, P.O. Box 1137, Maple Plain, MN 55593.

Library Notes



Library Hours
9:00 A.M. - 5:00 P.M.
Monday, Wednesday, Thursday, Friday
Closed Tuesday

HAPPY NEW YEAR

As we begin 1995 we hope to make some changes in our library that we hope will benefit everyone.

- 1) As mentioned before, we hope to set up a computer for our patrons to use.
- 2) We hope to continue our phonics classes.
- 3) We hope to offer a literacy program sometime in March.
- 4) We hope to offer a GED class.
- 5) We hope to organize a Junior Friends of the Library Club.
- 6) We hope to keep new reading materials and videos coming in often.
- 7) We hope to make accommodations for the handicapped.

These are just some of our goals for 1995. However, if you have any suggestions on how to improve our library please let us know. We would like to hear other ideas.

Are you ready for your Income Tax Return? It is that time again, and the library has forms and information ready for you. If we do not have a certain form we will try to help you get it.

We have several new books in as well as videos. For children we have: *Forts and Castles, Craft Books, Braids and Bows, Parties For Children, The Three Musketeers, Cesar Chavez*, and a few more.

Adult books: *Best Organizing Tips, Eyes Of A Child* by Richard Patterson, *Everything To Gain* by Barbara Bradford, *Seasons Of Her Life* by Michaels.

Videos: *Scent Of A Woman, Punch Line, The Good Son, Steel Magnolias, Life With Mikey*. Childrens video: *The Perils Of Penelope Pitso*.

A big thank you to those who made donations to memorials this past month: in memory of Jo Spohnholtz from Don and Earline Swanson and V.F. and Betty Ebert.

Many thanks to everyone who has donated books and magazines this week.

THANK YOU

We wish to acknowledge and express our appreciation to all who gave so unselfishly of their time, food, flowers, and most important their love and sympathy during the time of our bereavement.

Special thanks to our family who loved us and shared our loss, to Masonic Lodge #444, OES Chapter #204, City of Brackettville, and to Tim Ward for sharing his respect and love for Nick with the family and friends.

The Family of H.S. "Nick" Nixon
 Gene Ellen, Debbie, and Dub

 Loving-kindness is the better part of goodness.

—W. Somerset Maugham

As always we invite you to visit the friendliest little library in Kinney County.

Kinney County Library
 Staff and Volunteers

Bridge Anyone

By NORMA GOULD



The Duplicate Bridge Club met at Shafter Hall on December 27 for 4 1/2 tables playing a Howell Movement.

Winners were Diane Daniels and Mary Edgar in first place, Lamont and Marie McCandless in second, and Flo Stafford with Trudy Harber taking third.

Anyone interested in playing bridge is invited to attend. The Club meets each Tuesday at 7 p.m. at Shafter Hall on Fort Clark.

Unsung Hero

by Joe Townsend



There's a fine lady who has been here all her life. She has a fine family and is an extraordinary mother.

A good many years ago her husband became disabled increasing the pressures on both of them but they have weathered their problems and have done remarkably well.

She is a hard worker and consistently finds work outside the home.

She is an exceptional daughter and has spent much time caring for her mother when she had some physical problems.

She is solidly honest and has carried the financial load for her children from time to time.

She is faithful to her husband and family. She is warm hearted and friendly.

To know her is to like her. I've never heard a single word of criticism of her in any way.

Surely Patricia Gass is an "Unsung Hero."

SOUTHWEST TEXAS HEARING
Free Hearing Evaluation
Hearing Aids \$350.00 & up
Zinc Air Batteries \$4/6pk
Custom Fit Swimmolds
GUARANTEED REPAIRS
Open every Mon. & Tues.
10 a.m. - 5 p.m.
1507 Ave F.
(Rio Grande Plaza)
Del Rio, Texas
774-1272

Around the Fort



Ladies Exercise

Activity Center. Monday, 10 a.m. Wednesday 9:30 a.m. Friday 10 a.m.

Ceramics & Crafts Hours

Monday, 1:00 - 10:00 p.m.; Tuesday 9:00 a.m. to 5:00 p.m.; Friday 1:00 - 5:00 p.m.; Saturday 8:00 a.m. - 12:00 Noon.

Mountain Laurel Garden Club To Meet

The Mountain Laurel Garden Club will meet at 9:45 a.m., January 12, at the Adult Center on Fort Clark. After a brief business

meeting to consider the club bylaws, the program will be a video on the flora and fauna of the Big Bend area. Garden Club membership is open to anyone interested in garden club activities.

Golf News



Mens League

Wednesday, December 14

Best 2 balls

1st, 143, Julian Garza, Louie Zipperer, Larry Pieroth, Vern Ebert, Ken Frost

2nd, 153, Gordon Petaja, P.M. Moore, Hugh Tarbell, Rick Searle

2nd place, (tie) 153, Cricket Ladd, Jim Bussey, Dwite Gilliland, Ernest Hall

Couples League

Thursday, December 29, 1994

Target Scramble

1st place, target 63-score 63, Gwen and Cricket Ladd, Connie and Dana Pula.

2nd place, target 64-score 66, Charlotte and Gordie Bieber, Luanne and Phil Pendorf

3rd place, target 62-score 64, Les and Mae Roper, Dwite and Luella Gilliland.

Ladies Golf

9-Hole Players

Tuesday, January 3, 1995

The play was closest to the pin, and was won by Milo Unruh with a 42-foot chip. Second place was won by Betty Gibbs.

Preceptor Theta Sigma Chapter

The Preceptor Theta Sigma Chapter of Beta Sigma Phi held their first meeting of 1995 on January 2 at the home of Jean Land. Mrs. Land served refreshments including a decorated birthday cake to honor president Dee Gaston.

Thirteen members attended besides Mrs. Gaston and Mrs. Land: Luella Gilliland, Betty Inman, Jan Chism, Pat McKelvy, Betty Gaither, Doraline Keller, Gaye Kurz, Jana Ring, Vicki Bell, Marty Isenberg, and Clara McCord.

Clara McCord lit the candle to open the business meeting. The program was given by hostess Jean Land on the subject "All About Cheese."

Members learned that cheese is fermented milk, originating about 4,000 years ago by nomadic tribes. Most countries make some variety of cheese. In 1611 cheese making started in America and at the present time Wisconsin produces the most cheese of any state in the U.S., and the most of any country.

Mrs. Land explained the process of making cheese, explaining that the price of cheese is often based upon the aging time. She described many popular cheeses, followed by the members tasting many varieties.

Marty Isenberg passed the pin "Be A Star - Light The Way" to Doraline Keller. Gaye Kurz won the door prize.

Understanding Your Skin

Fast Showers Healthier Than Long Soak

(NAPS)—Turn down the heat and toss the soap! According to New York dermatologist, Dr. Debra J. Wattenberg, "A short, lukewarm shower is healthier than a vigorous scrub. Excessive bathing washes away natural oils causing skin to become dry or sensitive."

To make bathing healthy for the psyche and the skin, you might try these time- and skin-saving treats.

- Shave with state-of-the-art razors equipped with moisture strips.
- Suds up with soft synthetic poufs or body sponges to help gently cleanse and exfoliate the skin.
- Europeans wash with a creamy liquid that cleanses and moisturizes at the same time, called Nivea® 2 in 1 Shower & Bath cleanser and moisturizer. Or, lather up with a European gel cleanser that smells like soothing chamomile, a relaxing ocean breeze, or revitalizing botanicals.

Surprised there's no soap? Dr. Wattenberg tells patients with



Europeans bathe standing up, sudsing with a one-step product that cleanses and moisturizes.

excessively dry skin to throw their soap away. She also recommends applying a rich creme or lotion immediately following contact with water to keep skin moist. Dr. Wattenberg warns that skin dries out during climate changes such as summer to fall. "Pay extra attention to moisturizing now to prevent dry skin later!"

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<p>Any Perm</p> <p>\$10 OFF</p> <p>Starting at \$34 Includes Shampoo, Haircut and Style</p> <p>Sorry, no double discounts</p> <p>MasterCuts</p>	<p>Any Product</p> <p>\$1 OFF</p> <p>REGIS NEXUS FULL MITCHELL KMS</p> <p>Sorry, no double discounts</p> <p>MasterCuts</p>

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 Sun. 12 noon - 5 p.m.

Bundle of Great Taste

With just three ingredients and water, you can create an elegant meal that's low in calories and fat—Turkey & Rice Bundles. Because all the necessary seasonings are included in the rice and sauce package, the preparation is easy, yet the dish is special enough for entertaining.

Simply bundle the rice and peppers on top of the cutlets, secure with toothpicks, then bake. This recipe is also delicious with chicken. Best of all, you don't have to stand over a hot stove to prepare these cutlets. While they're in the oven, you can set the table or relax.

To complete the meal, serve Turkey & Rice Bundles with a mixed green salad tossed with Italian dressing, warm garlic bread and fresh fruit for dessert.

Turkey & Rice Bundles

1 package Lipton Rice & Sauce—Chicken Broccoli*	4 turkey cutlets (about 1 lb.), pounded thin**
2 cups water	1/4 cup water
1 jar (7oz.) roasted red peppers, drained	

Preheat oven to 350 degrees. In medium saucepan, bring rice & sauce—chicken broccoli and water to a boil. Reduce heat and simmer uncovered, stirring occasionally, 10 minutes; set aside. Evenly top each cutlet with roasted peppers, then spread with 1/4 cup rice mixture; bring up sides to form bundles and secure with toothpicks. In 11x7-inch baking dish, combine remaining rice mixture with 1/4 cup water. Arrange turkey bundles over rice. Bake 25 minutes or until turkey is done. Makes 4 servings. *Substitution: Lipton Rice & Sauce—Chicken. **Variation: Use 4 boneless skinless chicken breast halves (about 1 lb.), pounded thin. Taste Tested Recipe from The Lipton Kitchens.

Lipton is a registered trademark of the Thomas J. Lipton Company, 800 Sylvan Avenue, Englewood Cliffs, N.J. 07632.

Answers to Super Crossword

REALLY BIG

Community Calendar



- Fort Clark Gun Club**, 3rd Wednesday, 7 p.m., Adult Center.
- AI-Anon**: CAN HELP. Call 563-9205 for time & location of meetings.
- Altar Society**: 1st Monday, 5:30 pm, Parish Hall.
- BISD School Board**: 2nd Monday, 6:30 pm, School Board Room.
- Beta Sigma Phi**
- R of J Beta Epsilon Omicron** (Sept-May) 2nd & 4th Monday, 7 pm
- Preceptor Theta Sigma** (Sept-May) 1st & 3rd Monday, 7 pm
- Laureate Iota Epsilon** (All year) 3rd Monday, 7 pm.
- Mountain Laurel Garden Club**: 2nd Thursday, (Sept-May) 10 am
- Chamber of Commerce**: 2nd Thursday, 7:30 pm, Cavalry Room.
- City Council, Brackettville**: 1st Tuesday after 2nd Monday, 6 pm, City Hall.
- City Council, Spofford**: 2nd Tuesday, 7 pm, Spofford City Hall.
- Commissioners Court**: 2nd Monday, 9 am, Court House.
- Del Rio Christian Women's Club**: 1st Wednesday, 12 Noon, San Felipe Country Club. Reservations required.
- FCS Pot Luck Supper**: 3rd Wednesday, 6:30 pm, Service Club. Bring covered dish, plates and utensils.
- Duplicate Bridge**: Tuesday, 7 pm, Shafter Hall.
- FCS Art Club**: Work days Monday and Saturday 11 am, meeting 1st Monday, 1 pm, Art Studio.
- FCS Community Council**: 2nd Saturday, 10 am, Shafter Hall.
- FCS Board of Directors**: 3rd Saturday, 9 am, Board Room.
- FCS Historical Society**: 4th Saturday, 10 am, Shafter Hall.
- FCS Museum/Sutlers Store**: Saturday & Sunday, 1-4 pm.
- FCS Ladies Luncheon**: 2nd Wednesday, Noon, Las Moras Restaurant. Make reservation at Adult Center.
- FCS VFW #8360 & Auxiliary**: 4th Monday, 6 pm Pot Luck Dinner, 7 pm Meetings, Service Club.
- FCS Bingo**: Friday, 7 pm, Shafter Hall.
- FCS Old Quarry Society**: 1st Monday, 7:00 pm.
- KC Historical Preservation Society**: 4th Thursday, 7 pm, Court House.
- KC Kickers**: 2nd & 4th Thursdays, 7:30 pm, Service Club.
- Knights of Columbus**: 1st Sunday, 12 noon, Parish Hall.
- Lions Club**: 1st & 3rd Thursday, 6:30 pm, Las Moras Restaurant.
- Masonic Lodge #444**: 2nd Tuesday, 7 pm, Lodge Hall, Ann St.
- Order of Eastern Star #204**: 1st & 3rd Tuesday, 7:30 pm, Masonic Hall, 407 Bedell St., Del Rio.
- Shriners**: 4th Tuesday, 6:30 pm, Las Moras Restaurant.
- Rotary Club**: Every Thursday, 12 noon, Las Moras Restaurant.
- Methodist Ladies Luncheon**: 3rd Wednesday, noon, Slator Hall. Please make reservations.
- Creative Writing Group**: Fridays, 9:30 am, Golf Club Snack Bar.



"Ya Woman..."

Greetings From The Dry Country:

In case you could use another good story, here's one that might get me back in semi-good standings with the women. Possibly?

October 6, 1994, found me a non-typical situation. I was flying to Jonesboro, Tennessee, to be one of the featured story tellers at the National Story Telling Festival.

It is a pretty good honor to be a featured story teller at this place. It was their 22nd year and they averaged about 15,000 people in attendance.

This year, they used some cowboys as part of the story telling crew and we did pretty good. There was Waddie Mitchell, Don Edwards, Sue Wallis (the token woman) and Me.

Each of us did several sessions on Friday and the crowds seemed to really enjoy the cowboy poetry, music and story telling. I go to a lot of gatherings and speak at a lot of banquets each year, but I have never seen the audiences accept cowboy lore as well as the people in Tennessee.

I broke my own world's record when I made my first appearance on stage Friday morning. Yep, I was only on stage 45 seconds before I had every woman in that part of the world a little miffed.

All I did was start out about how all cowboys know that all women have their place and then showed 'em how a little wrist action, combined with some really loud finger snapping and the mere words "YA WOMAN!!!" could not only get the Little Woman's attention, it would probably ruin a reasonably good relationship.

One lady (?) came up to me after the first session and informed me that when I did the "YA WOMAN!!!" trick she made up her mind that no matter what I did or said she would never laugh at any part of it. Then she finally laughed and that really made her mad.

I assured her that in my stories the Little Woman always came out the winner. The Little Woman doesn't always win, but I said it to kinda get this pert-near militant old gal to calm down. (It worked, women are so easy).

On Saturday, Waddie, Don, Sue (the token woman) and myself each had a one-hour session. Each session was packed with people that were all wanting to hear cowboy material. Don Edwards probably outdid all of us, but that was just because he sings better than Waddie, Sue (the token woman) or myself.

We did a 2 1/2 hour show Saturday night that will not ever be bested by any four performers anywhere. That's not just my opinion, it's the opinion of everyone that was there. On Sunday we each did a couple of sessions to end up the weekend and I put the finishing touches on the women.

As my last official act, I asked all the men in the audience to stand up (a little audience participation) and on the count of three every male there yelled "YA WOMAN!!!". Of course, I let the Little Women win by having them stand up and on the count of three yell "BUZZ OFF!!!"

Due to some rather strange phone conversations, I made arrangements to fly in a day early in order to get to a Team Roping. Yep, a team roping in Tennessee.

Trivia Test

by Linda Luckhurst

1. Geography: What South American country includes that continent's highest and lowest points?
2. Television: Whom did Milburn Stone portray on "Gunsmoke"?
3. Notorious: What infamous murderer recorded an album entitled "Lie"?
4. Literature: Who wrote "Green Hills of Africa"?
5. Vittles: What fruit is the most widely-eaten in the U.S.?
6. Academy Awards: What silent film was the only one to capture a Best Picture Oscar?
7. History: What leader of Italy was paranoid about the "evil eye"?
8. Quotes: Who said, "The work goes on, the cause endures, the hope still lives and the dream shall never die"?

We cannot be just if we are not kindhearted.

—Vauvenargues

Senator Ted Kennedy

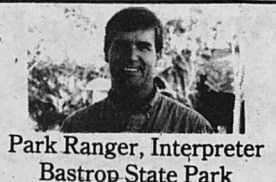
1. Argentina; 2. Doc Adams; 3. Hemingway; 4. The banana; 5. The banana; 6. Charles Manson; 7. Ernest

TRIVIA TEST ANSWERS

Moncus' Musings



MIKE MONCUS



Park Ranger, Interpreter
Bastrop State Park

©Copyright by Michael Moncus 1994

The Cold Water

I walked towards the cabin in a fog. Ranger trotted beside me a short distance then dashed to the lake to startle a great flock of ducks and coots. Then he came back near me to shake the cold water on me as much as possible. It was morning and I was carrying a little ornate New Orleans clown with BB sized bells on its three-pointed hat. It was the kind of clown I've always felt uncomfortable with and saw no humor in at all. I shook it at Ranger and he stumbled away in obvious fear. I felt like a shaman or witch doctor. I wanted it in my cabin to think about. Sort of like the post cards with reproductions of Remington and Russel western paintings I have up. Something to stimulate some sort of creativity.

I made coffee and placed the clown up on the top plate of the wall framing. I was closed up away from Ranger but heard him occasionally charge the lake then make his way back to my steps to shake the cold water off. When that would happen I would smile. Once he brought back a Styrofoam cup and chewed it up and another time he brought a baby's disposal diaper. What a retriever! He cleans the lake of things you wouldn't believe get cast upon the waters. The clown with the BB'd hat seemed ludicrous having no way to move the hat to make the little bell sounds and that reminded me of my wanting to be heard. I don't have nearly as much beauty or even an interesting and shapely hat but all the same I feel a little like I'm on the wall framed top plate with bells the size of BBs trying to be heard by people busily watching a black retriever chewing a Styrofoam cup.

If I had anything to give away this Christmas season that might better anyone's life it would be, "Be gentle. Protect the young. Forget about yourself except rest. And, don't worry about the clown or friends wanting to be near you even if they feel a need to shake off cold water to be warm beside you."

Rambling Around Kinney County

By THE K.C. RAMBLER



The new year has begun. It is time to look forward to Spring and a New beginning. A sort of renewal of our lives and an excitement as to what the future holds.

Look forward to the movie to be filmed at Alamo Village. You could become a new star! Casting dates will be published in this paper.

Look forward to the Fort Clark Springs Art Club's Craft and Arts Show to be held the first day of April at the Service Club. It is not too soon to begin creating the wonderful goodies you wish to market. If you wish more information just call 563-9084. Also, if you have always wanted to paint but just never got started,

Frances McMaster will be giving lessons this Spring. She will advise on brushes, paints, preparing canvases, etc. Painting is a great outlet and creative at the same time. Look forward to becoming an artist.

Look forward to purchasing 3¢

stamps to go with all those 29¢ stamps you have left over from mailing your Christmas cards.

Look forward to having Mr. Felix Hernandez remain as Postmaster here at Brackettville. He does an excellent job and is always helpful and friendly with customers.

Look forward to meeting new friends and renewing old friendships. There are many more Winter Texans arriving in our community daily. These folks wait till after the holidays and spend about three months with us.

This is great country for living to a ripe old age. We have several ladies and gentlemen in their nineties and continuing to remain self sufficient and comfortable in their own homes. Could it be the good water - the good air - the good neighbors. All in all, it would take a lot of looking to find a nicer place to live.

BE GOOD TO YOURSELF!



CAPITOL COMMENT

U.S. SENATOR

KAY BAILEY HUTCHISON



Web of Red Tape Traps the Unwary

Next time you catch a whiff of the wonderful smell of bread baking, ponder this: It may be the last time you have such an experience.

By next fall, when many communities must be in compliance with the Clean Air Act of 1990, this smell will be outlawed. According to the Environmental Protection Agency, it constitutes industrial air pollution.

Dolly Madison and Mrs. Baird environmental threats? Yes, according to the federal government, although no one in the neighborhood of the bakeries has complained. These businesses, along with other Texas commercial bakers, will be required to install \$5 million catalytic converters and maintain them at a cost of more than \$2 million per year in order to comply with federal regulations.

And who do you suppose ultimately will pay for deodorizing the smell of baking bread?

Meanwhile, in Southern California, the Occupational Health and Safety Administration (OSHA) fined a dry cleaning establishment \$250 for not posting a list of the number of its employees who had been injured on the job during the previous 12 months. But there had been no such injuries. This business was fined for not posting a blank sheet of paper.

Incredibly, although OSHA has nearly unlimited power to bully and enforce its paperwork (along with other, more nonsensical) requirements, a number of studies show that for all its busy-body activities, the agency has had no measurable impact whatsoever on the rate of workplace injuries. An impressive 70 percent of employees surveyed by the Small Business Survival Committee agreed that, "There are too many workplace regulations and government should mind its own business."

These are only two examples of where federal regulatory zeal and an absence of common sense have taken us. Over-regulation is exacting an enormous toll on our economy, destroying jobs, raising the costs of doing business and intruding into people's lives. And people don't like it.

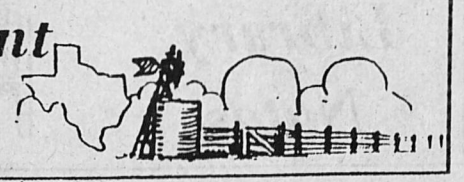
Nongovernment studies estimate the cost to the American economy of compliance with all existing regulations could be as high as \$860 billion a year. Last year the Clinton administration published 67,927 new pages of notices, proposed rules and final regulations in the Federal Register. The administration completed 767 regulations during the last six months of 1994 and is pursuing 4,300 more for the coming year.

When the 104th Congress convenes this week, regulatory reform will be one of its primary items of business. Activist government, in the words of one small business owner, has become dangerously hyperactive.

Last fall Americans voted for a smaller, less intrusive government. They, unlike the authors of bureaucratic excess in Washington, D.C., are acutely aware of the need to make government better by making it smaller.

County Agent News

by Alan L. McWilliams



Plant Fruit Trees Prior To The Hard Winter Freeze

With the weather turning colder, it's hard to think about anything that has to do with next spring's gardening. However, now is the best time to start thinking about planting new fruit trees. While it may not seem like the right time to be planting anything, nurseries across the Southwest have been getting in fruit tree stock, and if you don't plant now, your trees that you wait and purchase later, will struggle in the spring, because they need time to re-

establish their root systems. Soil is warm enough now to allow for trees to grow back any roots that were destroyed when they were dug, but if trees stay in the nursery all winter, they will have to play catch-up in the spring when they are set out.

Depending on the root ball size, you should not have to dig much further than 12 to 18 inches to plant the tree. Unless you have exceptionally poor soil, you probably won't have to add soil amendments either.

Treat Fruit Trees For Scale Before Spring

If fruit trees like peaches and plums are not treated for scale insects, there will be nothing worth

treating in the spring. Waiting too long will adversely affect your fruit production, also. All fruit trees

should be sprayed with a dormant oil sometime during January and February, when the temperature is over 60 degrees. This oil spray is non-toxic and non-polluting, but it rids your trees of devastating scale insects.

Long Range Extension Plan For Kinney County

A group of interested residents from Kinney County met at the Foust Vocational Ag Building on April 14th and again on April 26th of last year to discuss critical issues affecting the lives of every person who resides or visits this area.

The Extension Program Council's executive board met six weeks later to develop a list of persons to be invited to this study group meeting to discuss these issues. Executive board members were asked to come up with names of persons who might be interested in working on the task of looking ahead to try to determine issues that would have an impact on all of us here in this county.

The list of names included persons from every segment of our county populations. Agriculture, business, community organizations, education, finance, city and county government, health, homemakers, law enforcement and news media were the areas represented.

Every four years the task of looking toward the future is done in each county in this state. The last planning cycle to write the Long Range Extension Program or LREP involved over 12,000 people across the state in meetings just like this one in Brackettville.

As an agricultural agent with the Texas Agricultural Extension Service, I work with the people of this county to provide knowledge-based education through the resources of the land grant university system (Texas A&M University) in the areas of agriculture, environmental stewardship, youth and adult life skills and leadership and community economic development. Contrary to popular belief, I am not here for the sole purpose to run a livestock show.

Our office is involved with a variety of activities through our committee process known as county program development. It is through these committees that the educational activities out of this office are planned, implemented, and evaluated. All activities are centered around the issues citizens believe are important. And that is why the LREP is developed by persons in the county in order to keep the program relevant and hopefully to have a positive impact on the clientele in our county.

The issues generally fit into one of four state-wide goals which the Extension Service is committed to:

- 1) Health, safety and well-being.
- 2) Environmental stewardship and natural resources
- 3) Economic competitiveness, viability and stability
- 4) Development of life skills and leadership qualities

The issues discussed and prioritized at our local group meeting all fit into these categories as will most identified across the state.

During the last planning cycle (1991-1994), the LREP issues identified have been the target of educational activities in this county for the past four years. Issues such as water quality, animal reproduction, improvements in production practices of sheep and goats, youth leadership and community economic development were all addressed through programs conducted out of this office.

Sheep and goat producers have benefited from increased knowledge of the latest production technology and more importantly, increased quality of the product they are producing. This is realized through adoption of practices in various stages of the ranch operation to lower input costs while maintaining a consistent product. Area ranchers have participated in clinics and workshops dealing with such topics as fecal analysis for internal parasites, mohair quality and

the identification of defects in the product, and brush control methods.

The community economic development effort uses demographic information to come up with ideas to stimulate the economy in Brackettville based on our population. Committee members have attended workshops to listen to ideas from other communities similar to ours that have had successful economic boosters to their community. The committee works closely with the Chamber of Commerce to constantly look for ideas to spark growth and development through commerce and tourism in our county.

An on-going horticultural program to encourage water conservation through the use of native plants and more efficient irrigation in the landscape is provided year-round from the Kinney County Extension office. Homeowners are worked with on an individual basis and provided technical education and assistance on a variety of landscape horticultural areas. Educational programs have been conducted on virtually every aspect of gardening and landscape horticulture.

Youth programs strive to educate the 4-H member and their family on life skills and provide leadership opportunities to parents and youth alike. Participation is an area that, at times, lacks sufficient interest in this community. Many parents want a program provided for their children without taking the time to volunteer their own efforts. Volunteerism is the driving force to any successful youth program and the 4-H program is no exception.

Through the volunteer efforts of adults in the county, programs are conducted in the areas of livestock, foods and nutrition, shooting sports, school curriculum enrichment and fashion. There are many more areas that youth could be involved with and volunteer leaders need to be identified for these areas to be provided. The recruitment effort is always a priority for the youth development committee.

The new LREP has some issues identified that are similar to those in the last cycle but it also will have some new issues that perhaps were not as critical to citizens four years ago as they are now. The 1995-99 LREP for Kinney County will be finalized in the next several months and be implemented as soon as possible. Study group members will receive a copy of the plan. On behalf of the Kinney County Extension Program Council members, I would like to thank all the citizens who took time out of their busy schedules to participate in this very worthwhile effort.

Educational programs conducted by the Texas Agricultural Extension Service serve people of all ages regardless of socioeconomic level, race, color, sex, religion, handicap or national origin.



"Actually, I'm not sure why the previous owner did this. They put him away before we could ask."

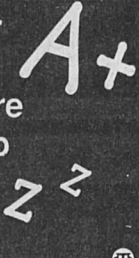
Pointers For Parents

Sleepy Teens: Tips To Help

DID YOU KNOW...

Generally, teens who get more sleep get better grades.

Many teens are severely sleep deprived.



(NAPS)—Many teens are literally dozing away their future. Caught up in a society that views sleep as a luxury instead of a necessity, teens face early morning classes, after-school job commitments and late extracurricular activities. As a result, our teenagers aren't getting the sleep they need—especially, when adolescents need more sleep, experts say, than adults or children just a few years younger.

The impact of sleep deprivation on teens is considerable. Sleepy teens become inattentive in school. They are unable to learn. Their grades plummet. Outside of class, sleepy teens endanger their lives and the lives of others when they drive or work.

Many parents who'd like their

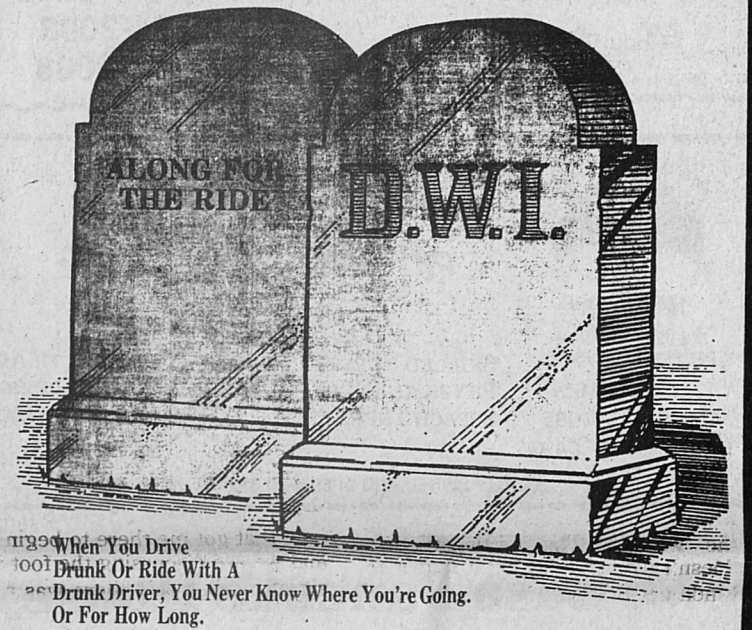
teens to do better in school and in all areas of life are heeding these sleep tips for teens from the Better Sleep Council:

- Make sure teens get enough sleep—at least eight hours of sleep on school nights.
- Let teens make up lost sleep. When your teen sleeps in on the weekend, his or her body is making up for sleep lost during the week.
- Talk to teens about the risks of going without sleep. Help them establish priorities. They won't do well on tests if they stay up all night studying and then fall asleep during the exam. Nor will they be safe drivers if they haven't had enough sleep.
- Make sure teens have a good sleep environment. The recipe for healthy sleep requires a room that's dark, on the cool side, quiet, safe and comfortable.
- Provide teens with comfortable, supportive bedding. Because they're growing, teens need more sleep than many other age groups, yet they often don't have the most important piece of equipment for getting a good night's sleep: A quality mattress. Parents should not give their teens hand-me-down bedding.

Free Tips

For a free tips card with more suggestions on helping teens get the sleep they need, send a stamped, self-addressed, business-size envelope to: Teen Tips, P.O. Box 19534, Alexandria, VA 22320-0534.

Think twice when a drunk driver offers to take you with him.



When You Drive Drunk Or Ride With A Drunk Driver, You Never Know Where You're Going Or For How Long.

BISD Cafeteria Menu

Parents Welcome To Join Their Children At Breakfast Or Lunch.

BREAKFAST

Milk Served At All Meals
Three choices for breakfast.
1) Printed Menu; 2) Cereal, Toast, Fruit or Juice; 3) Two Toasts, Fruit or Juice.

- MONDAY
Pizza Bagel
Fruit or Fruit Juice
- TUESDAY
Bean & Cheese Burrito
Fruit or Fruit Juice
- WEDNESDAY
Biscuit/Gravy
Fruit or Fruit Juice
- THURSDAY
Taqitos/Picante
Fruit or Fruit Juice
- FRIDAY
Waffles
Fruit or Fruit Juice

LUNCH

Milk Served At All Meals
Salad Bar Available Everyday
"B" Line Everyday

- January 9 - 13
- MONDAY
Chile Con Carne w/Beans
Veg. Salad/Dressing
Corn Bread - Fresh Fruit
- TUESDAY
Pepperoni Pizza
Veggie Sticks
Peanut Butter Cup
Fruit
- WEDNESDAY
Hamburgers - Burger Salad
French Fries
- THURSDAY
School Made Burritos
Spanish Rice - Pinto Beans
Fruit Crisp
- FRIDAY
Oven Baked Chicken/White Gravy
Whipped Potatoes - choice of Veg. Roll

Vikki Carr Expands Scholarship Program

International recording star Vikki Carr has formed a Texas branch of her Vikki Carr Scholarship Foundation. The Vikki Carr Scholarship Foundation (VCSF) eligibility requirements are: students must be legal U.S. residents and also Texas residents; their age must be between 17 and 22; and they should be of Hispanic heritage.

To receive an application write to the Vikki Carr Scholarship Foundation, P.O. Box 780968, San Antonio TX 78728. Deadline for submission is April 1, 1995. Applications will not be accepted before February 1 nor later than April 1.

The Vikki Carr Scholarship Foundation was established 22 years ago in California to provide higher level education scholarships to Hispanic American youths. To date, the Foundation has awarded more than 200 scholarships.

Scholarship winners are selected by a board of directors of the VCSF on the basis of academic achievement, goals, motivation, community involvement, and financial need.

Vikki, who is of Mexican-American descent, has lived in San Antonio since 1993. She just released her 52nd album, "Vikki Carr Recuerdo a Javier Solis," which is her 15th Spanish language album. Two previous Spanish albums were nominated for Grammy awards as "Best Latin Pop Album," and her "Cosas del Amor" won the Grammy in 1992. In 1985, she won a Grammy for "Simplemente Mujer."

Back To Work: 1995

The Christmas holidays are over! We have a brand new year called 1995. Practice writing it...1995, 1995, 1995! It was a great time with family, presents, carols, church services, lots of celebrations and some of the best food. It was a time of renewal for me. Ride bikes. Rest. Walk. Nap. Talk. Listen. Read. Eat. Eat some more. Sleep and then we would start it again the next day.

My son and daughter came home for an old fashioned Christmas. We enjoy things like Christmas stockings with apples, oranges, sticky candy along side of the Santa gifts of shampoo, deodorant, shaving cream and sometimes a check. We started with small gifts that seemed to get bigger as the season got closer and busier.

Christmas was family time. On Christmas Eve, we lit luminarias and feasted on tamales and pasole. This probably has a lot to do with our New Mexico roots. New Years Eve brought a great feast of lobster tails, barbecued steak and all the trimmings. A year ago, we had bought all the lobster and trimmings before Bob and Jane Young (brother-in-law and sister) were in their wreck. Last Christmas was a traumatic time as we clung to any hope for life. All are okay now. We really had something to celebrate for the New Year hosted by Jane and George (Phyllis's sister and brother-in-law) with Shirley, Mary and the Cowart family from Fort Worth. We were thankful for life and for a happy ending to the horror of a year ago. It was a special time for us.

I enjoyed the time with my son, Mike, and daughter, Traci. Traci is a senior Occupational Therapy major at Texas Tech. She just announced her engagement to be married next December. Her fiancé joined us at Fort Clark after Christmas. Her life will change in a big way before next Christmas. Mike is a director of Christian Education at Las Cruces, New Mexico. He lives 500 miles away and works most weekends -- it's

church on Sundays -- you know. So, we walked and talked and laughed together as a family that is held even closer knowing that next year would bring change.

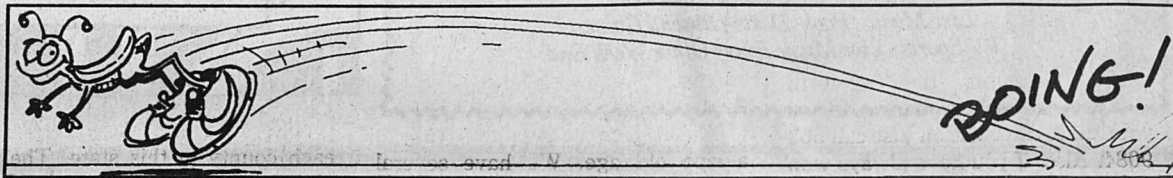
During the Christmas season, lots of things get celebrated in my life. The 25th of December is big by itself. But on top of that, my mom and dad decided that my birthday would be 2 days after Christmas on the 27th. Hey wait, is that fair? Everyone is broke 2 days after Christmas. On top of that, Phyllis and I decided 28 years ago that we would begin our life together 2 days after Christmas (1966). Crazy? Yeah. Christmas, birthday, and anniversary in 2 days. It worked fine. Know what? You never forget the anniversary that falls on your birthday. It has worked well for years. But, lots of water moves under the bridge real fast. Most folks take at least 3 months to celebrate all those things. Not us. All together in 2 days. Then 4 days later, we get a brand new year. This Christmas was a grand season for my family.

But, it's back to work now. Curriculum workshops that will help us continue to develop a great curriculum for BISD. Our presenters for the two staff development days are from School Research and Development from California. This educational research company is a leader in curriculum development in the United States. It should be a great two days for BISD staff. I'll get back to school reports next week.

Think about things this week that will help this great community become one in spirit. We are so fortunate to live in Kinney County, Texas. I hope that the holidays gave you good memories to reflect on for the new year. Okay, holidays are over. The new semester starts Thursday for BISD students. Let's make it a good one.

Sports Quiz Answers

1. the winners of the first and second races; 2. Milwaukee; 3. London; 4. St. Louis Browns; 5. The Four Horsemen of Notre Dame; 6. Red Grange; 7. the Soviet Union; 8. the Volunteers



A grasshopper can leap about 20 times as far as the length of its body.

Natasha's Stars

ARIES (March 21 to April 19) You'll receive conflicting advice this week and may have difficulty in making up your mind. However, your instincts are good and should be listened to. Plans involving travel are hard to finalize this weekend.

TAURUS (April 20 to May 20) Negotiations involving a financial concern may break down, which may be for the best, as you need to do additional research. Seek the advice of an expert on this matter. Socializing is iffy this weekend, so stick close to home.

GEMINI (May 21 to June 20) A business delay or setback may leave you temporarily uncertain as to your next move. The best course of action right now is to simply wait this out. This weekend, couples enjoy visits with friends.

CANCER (June 21 to July 22) Though long-range career prospects turn for the better, you may have difficulty this week with current assignments not to your liking. Look upon this as a test of your character and you prevail.

LEO (July 23 to August 22) Leisure entertainment and educational interests are favored this week. However, a certain family member who is cantankerous may cause you some concern. Be judicious in your use of credit as you may overspend.

VIRGO (August 23 to September 22) It's a good week for dealings with bankers and real estate agents. Agreements and partnerships are favored as well. There may be some chaos at home that needs your attention.

LIBRA (September 23 to October 22) Something a co-worker says this week could hurt your feelings. Try to ignore this as higher-ups do not agree with this person's negative assessment. A loved one is on your wavelength making for a romantic weekend.

SCORPIO (October 23 to November 21) Your financial prospects in business are good this week, but extra expenses could arise in connection with a family matter. While you must tend to this, don't be tempted to spend too much or get in over your head with the credit card people.

SAGITTARIUS (November 22 to December 21) You may feel that a relative doesn't understand what you have to say. This lack of communication may tempt you into surliness. Try to keep things in perspective. This weekend, happiness comes through recreation.

CAPRICORN (December 22 to January 19)

Mix-ups in communications are likely. Don't overreact to a real or imagined slight. You would be wise to keep a low profile this week and derive your pleasure from family and home-based activities.

AQUARIUS (January 20 to February 18) You needn't let concern about a money matter keep you from enjoying social interests this week, especially since you will receive some intriguing invitations. However, avoid mixing business with pleasure.

PISCES (February 19 to March 20) Though business opportunities are likely to arise, you may be inclined to self-doubt. This insecurity is unusual for you. Do your best to shake these feelings in order to take advantage of this.

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Happy Birthday

- Jan. 5 Maxine Schoolfield
- Jan. 5 Norman Butler
- Jan. 7 Jose A. Cabello
- Jan. 7 Fay Gooch
- Jan. 7 John Osborne
- Jan. 7 Juan Manuel Flores G.
- Jan. 7 Betty Koons
- Jan. 7 Michael Garcia
- Jan. 7 Steve Mills
- Jan. 8 Viola Peel
- Jan. 9 Linda Barrett
- Jan. 9 Stan Somers
- Jan. 10 Monica Falcon
- Jan. 10 Josh Coe
- Jan. 11 Jean Somers
- Jan. 11 Ramon Garansuay
- Jan. 11 Hawkins Huey
- Jan. 11 Martin Kelso

Sports Quiz by Larry Duncan

1. What do you need to pick in order to win a daily double at the racetrack?
2. What city's baseball field has the world's largest beer barrel?
3. Where would you find Wembley Stadium?
4. What was the original name of the Baltimore Orioles?
5. For whom did the Seven Mules block?
6. Whose nickname was "The Galloping Ghost"?
7. After a 40-year absence, what country participated in the 1952 Summer Olympics?
8. What is the University of Tennessee's football team's nickname?

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REALLY BIG

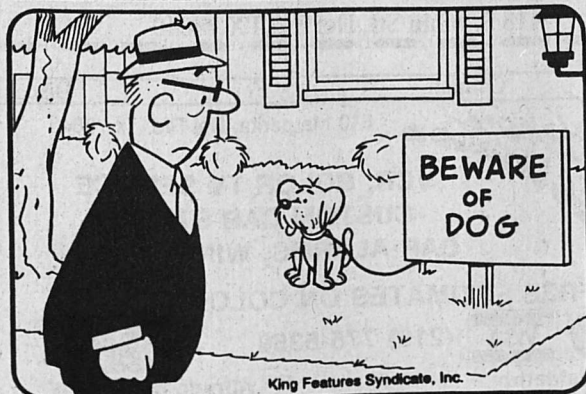
Puzzle Answers On Page 3

A grid of letters for a word search puzzle. The words are hidden in various directions.

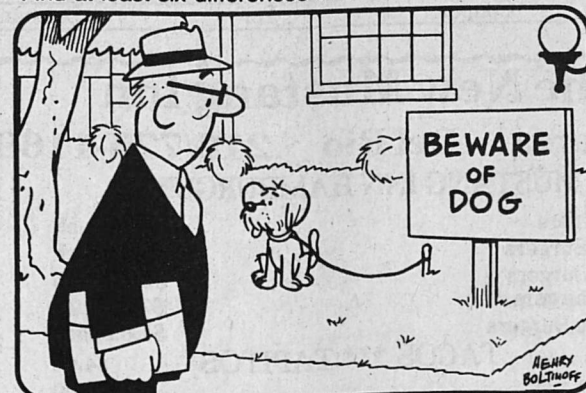
Find the listed words in the diagram. They run in all directions-forward, backward, up, down and diagonally.

- Big Colossal Enormous Extensive
- Gargantuan Gigantic Grandiose Huge
- Immense Jumbo Large Massive
- Monstrous Vast Whopper

Vision Teaser



Find at least six differences in details between panels.



Differences: 1. Shutter is missing. 2. Window is different. 3. Birdcage is added. 4. Lash is longer. 5. Sign is taller. 6. Lamp is changed.

Super Crossword

A crossword puzzle grid with clues for across and down words.

A crossword puzzle grid with numbers indicating starting positions for clues.

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Francis Henry French was born in Fort Wayne, Indiana on September 27, 1857. Deeply impressed from his youth by the stirring deeds and stories told by veterans of the Civil War, he realized his ambition for a military career by entering the United States Military Academy at West Point, New York where he graduated twelfth from the Class of 1879. He was assigned as 2nd Lieut of "E" Company 19th Infantry and came West. Following service at Fort Garland, Colorado Territory and Fort Leavenworth, Kansas, the regiment moved to Fort Brown at Brownsville, Texas where Lt French was detailed as the Regimental Adjutant. In December of 1882 the 19th Infantry was posted to Fort Clark.

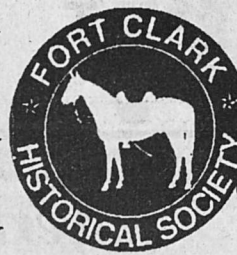
At Fort Clark, on January 1, 1883, Lt French began diaries which he faithfully maintained for the next thirty years. The Fort Clark period of these diaries and Lt French's letters home from Fort Clark are being shared with the Fort Clark Historical Society by Lt French's granddaughter, Mrs. Lyn Beliveau of Jericho, Vermont, who visited Fort Clark last February with an Elderhostel.

The diaries and letters are an intriguing window to late 19th century Army life at Fort Clark and to the American experience of the Victorian Era. You will find Lt French to be a caring and sensitive man who, like us all, has opinions on people and politics. He is a bachelor and immersed in the "society" of Fort Clark. However, always in the background is his profession of being a soldier and an officer, which he takes quite seriously. This is his diary.

Monday, January 1, 1883

Another year has gone and a new one takes its place. What has (it) in store for me? Now is the time for resolutions; let me see, what shall I resolve to do? One resolution is to stop smoking. I don't enjoy it, in fact it rather makes me sick, it costs money and does me no good. Therefore be it resolved, by this august body, that no more cigars, pipes or cigarettes are to be allowed. I am resolved to improve my mind by reading and writing articles for the papers; to practice on my violin daily when possible; to do my duty better; to overcome this laziness into which I am falling. These are enough to commence with, will add to them as the year grows older. This year finds me located at Fort Clark, Tex., about 150 miles west of San Antonio. The surrounding country is rolling but covered with low vegetation. Mountains can be seen in the distance. It reminds me very much of the plains especially in the vicinity of the foothills. The Post is high, 1000 ft. above the level of the sea and the atmosphere is quite dry and bracing, such a pleasant change from the damp air of Brown. Gen. Smith is in command, with Hall & Vedder as adjutant and quartermaster respectively. Hall relieved me last Friday, but I am to turn over the property today to him. "B", "C", "E" & "K" Cos. of the 19th are here also, "G" having been left at Brown and "D" gone to Duncan. Several changes in the officers of the four companies stationed here occurred since I wrote before. Read's resignation was accepted & Hewitt promoted to be 1st Lt. in "C" Co. Poor [] died of yellow fever on the 11th of October, giving Eckerson the first lieutenantcy of "B" Co. Geary the sub from West Point joined at Fort Brown in December just after we came in from quarantine camp. He is a quiet kind of a fellow and has in his application for a transfer to the 8th Cav'y. Ives talks very much about resigning now and has an excellent offer of a position in [] gas works. If he goes I will get another file putting me second on the list of 2nd Lieutenants of the regiment. But he has talked so much about resigning before that I have not commenced to count on this file yet. Spent a large part of the day in turning over the regimental fund to Hall. He discovered an error in the account which will necessitate making out new returns. I was thoroughly disgusted to find this mistake, for I see that I was too careless in going over the account after it was made up. This teaches one thing and that is that I must not depend upon a clerk. About four o'clock went over to Col. Lyster's and had the pleasure of escorting Marie over to Capt. Vance's for dinner. With Capt. and Mrs. Hall and Marie we had quite a nice dinner party. After dinner we had a good deal of sport playing "Go Bang", but Marie had to leave soon to prepare for the reception in the evening. I had the honor of escorting her home and then returned to play Go Bang until time to dress for the reception.

At noon all the officers in full dress went over to the General's to wish him a "Happy New Year". Here we had champagne and cigars, and like a fool I smoked one of the latter in spite of my resolution. About eight o'clock, donned my full dress and with Eckerson went over to the Post Hall. The ladies, instead of receiving sepa-



FOOTSTEPS ECHO
The Fort Clark Diaries and Letters of Maj Gen Francis Henry French Old Fort Clark Guardhouse Museum

Courtesy of Bill Haenn Curator, Guardhouse Museum

rately during the day, joined forces, decorated the hop room, got up some very nice refreshments and received the gentlemen after eight o'clock ["New Year's Reception" Dance Card in Guardhouse Museum Collection]. The room presented a very pretty appearance when we arrived. The ladies were standing in groups in different parts of the room. As each gentleman would arrive he would visit each group to pay his devoirs.



Soon afterwards the regular hop commenced. Capt. Hall and his wife are not going out on account of the recent death of Mrs. Hall's sister. So I had charge of the band and had a chance to "show off". I had the happiness of serving Marie at supper time and then made an engagement to see her home after the affair was over. There was some holly or mistletoe hanging in the room and while eating I made some joking remarks about it. She replied that the place was too public for taking advantage of the mistletoe; when I made some suggestion about carrying some of it home. So after the dancing was concluded, I managed to cut off a piece and when we reached Col. Lyster's house I reminded her of what had been said during supper. We had walked home quite deliberately and as nobody was in sight, like a darling, she gave me a kiss. I begin to think now that I have been sadly mistaken in thinking that she cares for Dr. Gorgas. I have been terribly jealous of him and had come to the conclusion that they were engaged. I was trying very hard to overcome my love for her, but it seemed to be growing stronger all the time. She has been so well brought up that I am sure she would not have allowed me to kiss her, if there were anything between herself and Dr. Gorgas. Last July, I proposed to her and much to my sorrow she declined me. She said she liked me, but was not certain that she loved me and like a true woman that she is, would not marry me unless she was certain that she did love me. I think this is one cause of my sickness last Summer, for I honestly loved her and love her now. As I expect to go out to Mayer's

Springs to command the Seminoles in a day or two, I shall have time to find out just where I am drifting.

Tuesday, January 2, 1883

Spent the day in making preparations for the trip to Mayer's Springs. In the evening called at Gen'l Smith's to ask him if I should start tomorrow morning. To my great satisfaction he told me not to hurry but to wait until Thursday when Dr. McLain would accompany me as far as Del Rio. So going to Col. Lyster's, I induced Marie to go over to Capt. Vance's to play Go Bang, and enjoyed a very pleasant evening there. Returning to Col. Lyster's, the dear girl gave me another kiss, and then I went into the house and stayed there quite late. Poor Mrs. Lyster sat up with us and must have been quite tired out.

Wednesday, January 3, 1883

Today is Lula's birthday. Wrote my usual letter home and congratulated her. Spent most of the day in completing arrangements for starting tomorrow. Somehow as the time for departure draws near I feel more and more disinclined to go. But as I asked for the detail, I cannot back down now. I applied for it last month just after we arrived at Clark when I thought that Marie was engaged to Dr. Gorgas, and when I was about as jealous as a person can be. Now that I feel that she cares for me, I would like to stay here. But as I must go there is no use in repining. Took Mrs. Lyster to the promenade concert this evening. Wanted to es-

cort Marie but Hewitt asked her before I did. He did this intentionally, just because he thought I would like to go with her. Before going to the concert, I went around and said good-bye to everybody. Only a very few persons were present at the concert, almost all being tired out by the hop on New Year's. But I enjoyed the evening very much. After taking Mrs. Lyster home went into Dr. Heger's for a moment to bid them good-bye and then returned to Col. Lyster's. It did seem as if Hewitt never would go. After his departure, Marie and I went out for a stroll and then the dear, dear girl told me something that made me exceedingly happy. I shall always retain a great liking for the music stand on the parade at Fort Clark. It was about midnight when we returned to the house, but the time

had passed all too rapidly. As it was my last night for a while, I felt that I had a right to be with Marie much later than usual. What a fool I have been to be so jealous of Dr. Gorgas.

Thursday, January 4, 1883

This morning went over to the Adjutant's Office to say good bye when I was handed a letter from San Antonio to Gen'l Smith pointing out some errors I had made in previous accounts of the Post Fund at Brown. It is needless to say that I was terribly chagrined, especially when I had to go to see the General about the matter. But he was very kind to me in speaking about the matter. This is the result of depending too much upon the Sergeant-Major. The next time I am placed in any position where I have to render accounts, I shall attend to them myself. About 11 o'clock this morning started in an ambulance with Dr. McLain, who goes as far as Del Rio. By reference to my diary of Dec. 12, 1880 (actually 1879-EVB), I find that I met Dr. McLain then when I was on the court that tried Leeper. He is quite a pleasant gentleman but unfortunately drinks too much for his own good. I think he has been disappointed in some way or other. After a ride of about five hours we reached Del Rio, where we were entertained by Capt. Randlett 8th Cav'y, who is stationed there with his company. Fountain, his 1st lieutenant called in the evening. They are both pleasant gentlemen. But I did not like the way Capt. Randlett spoke about officers marrying. Rode downtown with him after supper and met Capt. Ayers who used to be captain of "E" Co., 19th, but was consolidated out 1870. Wanted to write to Marie this evening, but felt too sleepy and Randlett and McLain talked too much.

Friday, January 5, 1883 (to Jan 7, 1883)

Wrote a note to Marie and then started in the ambulance for Mayer's Springs. This trip occupied until the 8th of the month and was rather uninteresting. What pleased me most was to watch the progress of the railroad. At Losier, I found that trains would be running through from San Antonio to San Francisco in a very short time, so that we can get daily mails. Thurston is a station on the road and is only 3 1/2 miles from Mayer's Springs. Perhaps when I return to Clark, I can go by rail.

Monday, January 8, 1883

This morning about one o'clock, I was awakened by a very cold norther, which struck me while I was sleeping in the ambulance at Losier. The ride to Mayer's Springs was a very cold one. Reached the camp about 10 o'clock and was received by Dr. Harnier, who told me that Lieut. Guest whom I relieve did not expect me until the 10th or 12th and had gone out for a hunt, but would be back tomorrow. After getting warmed up and eating a hearty lunch, I strolled around camp with the doctor. About 4 o'clock Guest came into camp with his hunting party pretty tired. He is a very tall young man, rather slender and does not seem to have much force of character about him. Somehow I have taken a dislike to him, and wish he would go to the Post. The wind is blowing the dust around so that it is impossible to keep anything clean. Bought Guest's pony for \$75 tonight, but consider that the money is just deposited for safe keeping as I can readily sell him again for what he cost me.

Tuesday, January 9, 1883

Could not do anything today as



2nd Lieut Francis Henry French (USMA '79)

Guest was here. As soon as he leaves I want to clean up and get all the papers and books straightened out. Rode over to Thurston in the ambulance with him today, but found nothing of interest there. Wrote some letters in the evening, which kept me busy until about 3 o'clock in the morning. Wind still keeps up, last night was very cold.

Wednesday, January 10, 1883

Much to my relief Guest left this morning. I wish I were going in his place; but stop right here, young man you must not get dependent. There is plenty of work to be done here. One thing, I am going to write about our quarantine camp to the Youth's Companion and see if I cannot become a correspondent in this way and so make some money outside of my salary. Spent the day in clearing up papers &c. which are in a big mess. The doctor went down to Losier on the train and returned feeling rather happy. The mail came in today, but much to my disappointment nothing came for me. I hoped for one from Marie, but there was hardly enough time for her to write so that the letter would reach me by these mail carriers. Well, next week I will get all the more.

Thursday, January 11, 1883

Today started two couriers for Del Rio to get the mail. Spent the day in writing. Found that the muster rolls had not been signed; so made arrangements to send Dr. Harner in to Clark by the train tomorrow to have them all prepared for the payment. These Seminoles are mainly pure blooded plantation darkies, and afford me a great deal of amusement. Luce Cassas, my striker, is a Mexican and cannot speak any English. He has more education than most of his countrymen and is teaching me to speak the language and seems to enjoy it. I feel very much encouraged to go and learn to speak it.

(To be continued next week)

Veterans Post
by Freddy Groves

FILE TAMPERING UPDATE: The VA will soon notify veterans whose benefit claims files were handled by two ex Board of Veterans' Appeals lawyers suspected of tampering with veteran's records. (As this goes to press, one lawyer resigned and is being investigated by the U.S. Attorney's Office of the District of Columbia; the other lawyer pleaded guilty to a felony charge of unlawful concealment, removal, and mutilation of government records, and has been scheduled for sentencing.) If you are contacted by the BVA, you'll be offered a chance to examine your claims files in person and provide information on missing or altered documents. You'll also be advised on how to go about filing motions for reconsideration if a final decision was made on an incomplete or altered record. Assistance will be made available to straighten out this situation. However, appellants or their representatives should respond within 90 days of the BVA's notification so that remedial action can begin quickly.

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POSTMASTER'S COLUMN



Postal Performance Standing Up To Outside Scrutiny

Competition. All organizations face some sort of competition. The Postal Service is no different. It faces competition across its entire product line.

Alternative delivery services, fax machines, and various electronic messaging systems provide an ever-increasing wave of competition. The Postal Service is responding by looking at innovative new programs and products to provide the type of service customers expect and deserve.

The Postal Service of the '90s has taken bold new steps in measuring its service performance by contracting with highly regarded, independent accounting firms that accurately grade levels of customer satisfaction and processing and delivery performance.

The External First-Class Mail Measurement System (EXFC), administered by Price Waterhouse, tracks the delivery of First-Class Mail from the time a letter is mailed, to the time it is received, and grades how well overnight delivery standards are met. Systems for measuring second- and third-class mail performance are on the way.

In addition, the Customer Satisfaction Index (CSI), conducted by Opinion Research Corporation,

serves as a report card on which residential customers rate overall Postal Service performance, using a scale from "excellent," "very good," or "good," to "fair," or "poor."

Soon the Postal Service will be measuring the satisfaction level of its business customers through the Business Customer Satisfaction Index.

All of these measurement systems are designed with postal customers in mind. Service will be adjusted, expanded and managed based on responses and scores generated by EXFC, CSI and any future performance indicators.

Chief Executive Officer and Postmaster General Marvin Runyon is dedicated to providing quality service and stable postage rates while establishing a less bureaucratic Postal Service. This businesslike philosophy has cascaded down to local post office management and personnel - as evidenced by continually improving service measurement scores.

The Postal Service is counting on this new, up front way of doing business as a way to ensure that it continues to be a leader in the competitive communications marketplace.

WEEKLY REPORT



Congressman
Henry Bonilla

23rd District, Texas

1529 Longworth House Office Building, Washington, D.C. 20515 202/225-4511

What To Expect On Opening Day Of The

104th Congress

As I write this column, we are only a few days away from the opening day of the 104th Congress. That historic day (January 4, 1995) will bring many changes to the way Congress has been doing business. One of the first differences is that Congress will actually begin passing legislation on opening day. In the past, representatives and senators have been sworn in on opening day, but any real work hasn't begun for another two weeks. On this opening day, however, you should expect to see the following changes made in the U.S. House of Representatives:

First, we will modify the House rules to make sure that members of the House have to abide by the same laws and regulations that they impose on the rest of America. The House will no longer be allowed to exempt itself from the Fair Labor Standards Act, the Civil Rights Act, the Americans With Disabilities Act, the Age Discrimination in Employment Act, OSHA regulations or the Freedom of Information Act.

Then, we will vote to reduce the number of committees and subcommittees and cut committee staff by one-third. These reductions will improve the efficiency of Congress and save taxpayers money.

Next, we will vote to limit the number of terms a committee chair may serve. In the last Congress, among the greatest obstacles to changing the way Congress works and passing much-needed reforms were the committee chairmen. Many committee chairmen had served in their positions for so long that they had become affected by the power they possessed. They seemed to be untouchable, as they controlled the legislative agenda and shut out the voices of those who dared to disagree with them. However, when we vote on January 4th to limit committee chairmen to only three terms, the legislative process will stay more open and honest.

Following that action, we will vote to ban "proxy" voting. "Proxy" voting means ghost voting. Unlike the past, when representatives who didn't show up for their

committee meetings could have their friends cast votes for them, representatives will now have to come to committee meetings if they want to have a voice. It's common sense...taxpayers pay their representatives to do a good job, so the least those representatives can do is show up for their committee meetings.

Speaking of committee meetings, that is the next area we're going to change on the first day. You may not realize it, but a great majority of the work that is done by Congress happens in committee meetings. Too frequently, those meetings have been closed to the public and members of the media. However, we will vote January 4th to require that committee meetings be open to the public, unless public disclosure of the issues being discussed would threaten our national security, defame or incriminate a person, jeopardize an ongoing criminal investigation or compromise a confidential source of a criminal investigation. Other than those rare circumstances, committee hearings will now be open to public and the media so you can know what's going on.

After we pass those congressional reform measures, we will turn our attention to taxes and the budget.

First, we will change the rules of the House to require a three-fifths majority to pass any type of tax increase. Then we will change the budget rules so that budget numbers will be honest. In the past, Congress has used "baseline" budget procedures which has given agencies and programs an automatic increase for inflation. For example, let's say a government program gets \$5 million in the budget one year. Under "baseline" budgeting, that program would automatically get, say, a four percent increase the next year - to \$5.2 million - to adjust for inflation. The worst part is that in spite of the automatic four percent budget increase, Congress could still claim to the public that it did not increase funding for the program. Now, however, we will change that practice so that the numbers in the budget are honest and do not include an automatic adjustment for inflation.

Finally, to wrap up the busy opening day, we will call for a comprehensive audit of the books of the U.S. House of Representatives. This will enable the American people to assess the performance of Congress and see how their tax money has been spent for the last 40 years.

The opening day of the new Congress promises to be a whirlwind of activity, as we work to undo many of the bad habits that have made Congress unresponsive to the public. Our actions on January 4th are just the first step down the long path of reform we will be following for the first 100 days of the new Congress. Stay tuned to see what happens...

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Driving Tests License Renewal

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The officer will be available to give driving tests or to renew drivers licenses.

Hearing Screening Free

Each Wednesday
9 am - noon; 1 - 4 pm
Front Lobby
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No Appointment Necessary.

PART TIME JOB

The Brackett News has an opening for a proof reader on a regular part time basis. Must have excellent written communication skills. Familiarity with people and places of Kinney County an asset. Applications accepted in person only.

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Kinney County Tax Office To Close For Equipment Installation
The Kinney County Tax Assessor-Collector's Office will be closed from January 9 through January 11, 1995, as we take steps to improve the way we do business. My deputy, Ana Diaz, and I are about to undergo training on the new Registration and Title System, or RTS.

This \$40 million dollar automated system is a project of the Texas Department of Transportation (TxDOT). Its development began in 1987 to replace a manual system that was becoming obsolete because of the state's growing vehicle population.

As statutory agents of TxDOT, this tax office processes registration and title transactions in addition to collecting the appropriate fees. We will be using RTS to continue that work. The system brings enhancements in the level of efficiency and customer service. Registrations will be updated in the system within 48 hours, instead of the usual six to eight weeks. This will be of considerable benefit to all law enforcement agencies and the general public. Kinney County residents will get their vehicle titles within two weeks, not ten weeks.

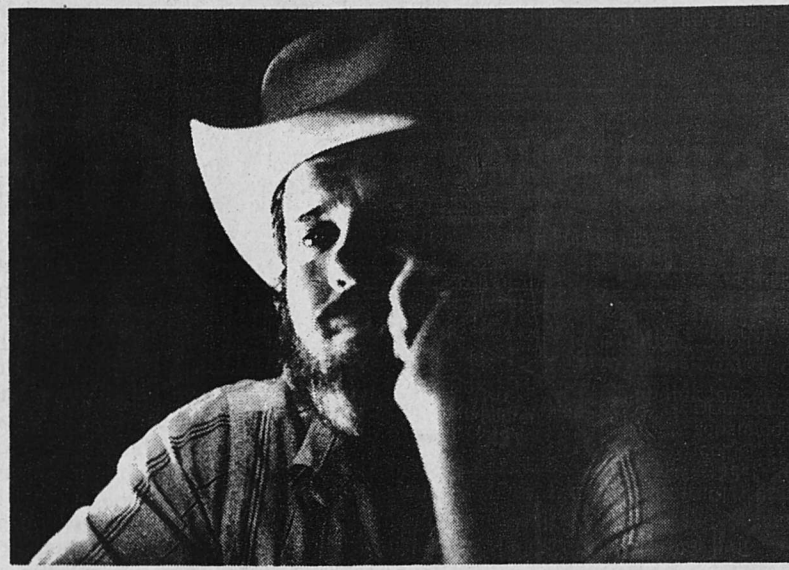
RTS is also expected to reduce the amount of time it takes for our customers to wait in line. That's because tax office employees will no longer rely on paper forms to process each transaction. Instead the data will be entered on a series of computer screens. This method of capturing information at the point-of-sale also provides a more accurate way of collecting and reporting registration and title fees to TxDOT.
We've worked closely with state government to make RTS a reality. The system is now being implemented across Texas. All 254 counties are scheduled to be on the network by December 1995.

This tax office will open its doors again on January 12, 1995. At that time, we will begin using the new system to perform registration and title transactions. As with any new system, some startup problems are possible.
Martha Hooten
K.C. Tax Assessor-Collector

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Home Tips

TIME SAVER - My family loves mashed potatoes but they took too much time to make at the last minute. Then my husband suggested the following:

Prepare the potatoes in advance and keep them warm in my slow cooker. I thought I would at least give it a try. Well, it worked like a charm!

Now, once again, mashed potatoes are served at dinner time. Linda T., Fresno, Calif.

HOLD IT - If you're tired of the freezer door swinging shut just enough to spill some of the water out of the ice-cube tray as you're slipping it into place, take a package or container - something already in the freezer - and place it in the way near the hinge. Now bring on the tray - no more spills! Rita W., Omaha, Neb.

SUGAR 'N SPICE - When brown sugar in the package is as hard as a brick, take it out and break it up. I've had to use a hammer to break it into three or four pieces. Then place in an airtight container and put a slice of apple in it.

It will begin to soften up in a few days. If it's still hard, put in another piece of apple. Mary Jane K., West Lawn, Pa.

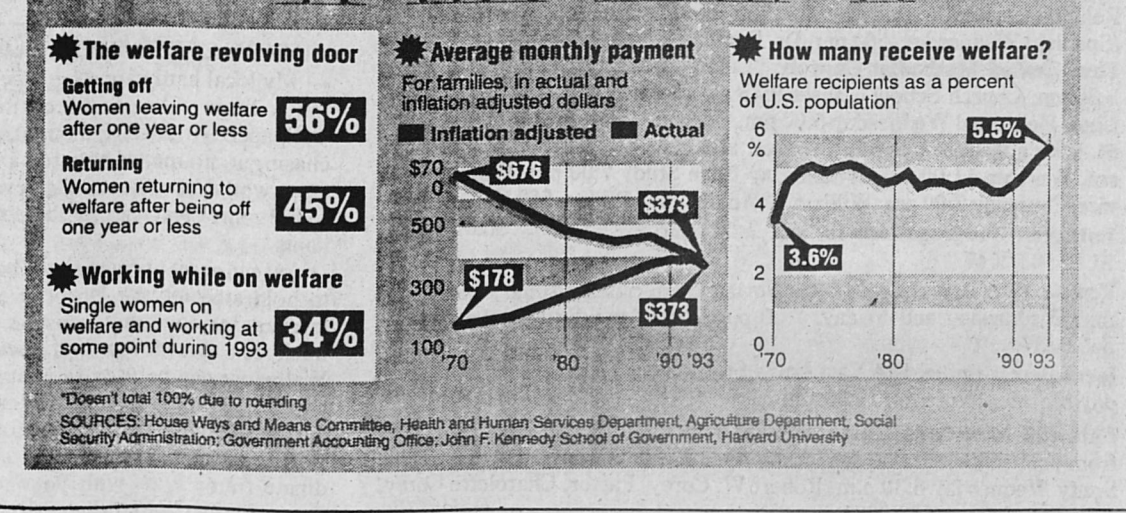
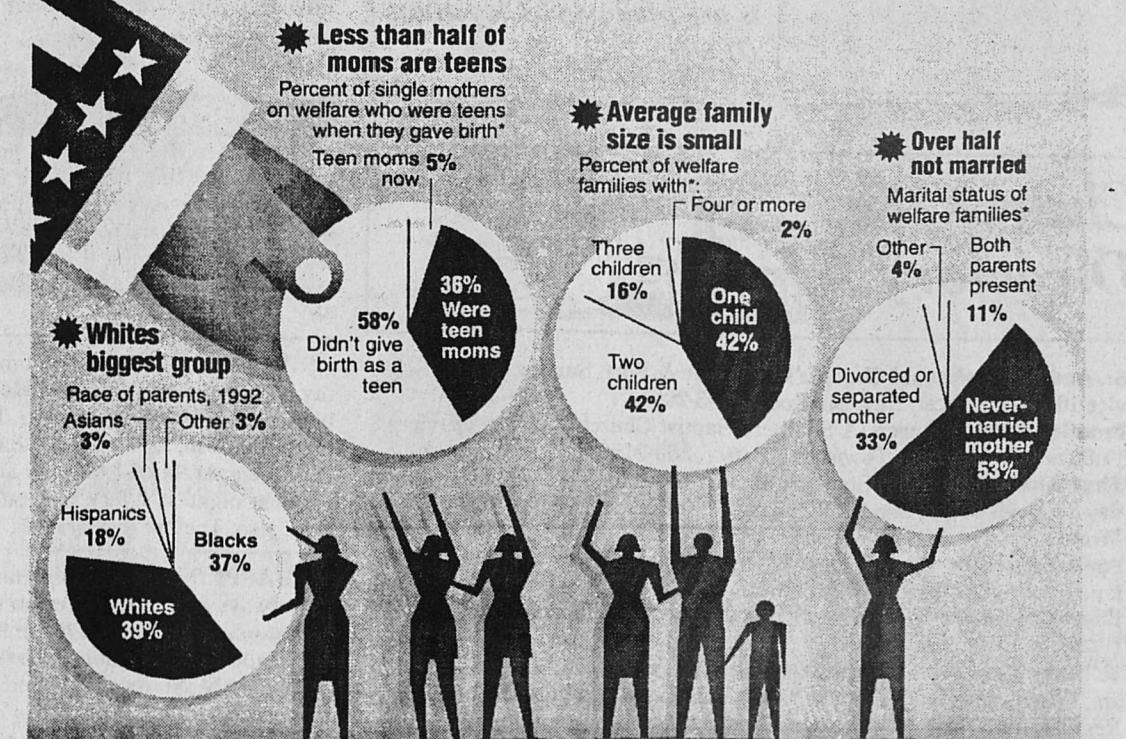
EASY DELIVER - I purchased a pot of yellow mums from a local florist to use as a centerpiece. In order to get the plant to the event without damaging it, I locked it in the seat belt to keep it from falling. It worked perfectly and the table was lovely. Geraldine P., Jeffersonville, Ind.

ALWAYS READY - I keep a comb, brush, compact, lipstick and rouge in my purse and another set of the same items in my bathroom to use when I'm getting ready to go out. This prevents me from leaving the house without a comb and saves me from having to dig through my purse in the morning to find my lipstick. Yolanda R., Indianapolis, Ind.

I'm opposed to millionaires, but it would be dangerous to offer me the position. -Mark Twain

Beyond rhetoric WHO'S ON WELFARE


Almost 6% of the U.S. population - about 15 million people - is on welfare or Aid to Families with Dependent Children (AFDC), costing taxpayers about \$22 billion a year. A look at some of the myths and realities about welfare recipients:



*Doesn't total 100% due to rounding
SOURCES: House Ways and Means Committee, Health and Human Services Department, Agriculture Department, Social Security Administration; Government Accounting Office; John F. Kennedy School of Government, Harvard University



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Rev. Gil Ash, Pastor
"The Pastor's Pen"



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New Name - New Lower Prices

Should I ask? Oh, why not? How are the New Year's resolutions going? I suppose that was a loaded question. Most of us have trouble with them. We start out very sincerely wanting, and really intending, to give up some thing or things, or to commit to faithfully do something and then after just a few days the realization hits us. This is really going to be more difficult than I thought. I think the Apostle Paul may have understood this so very well. In Romans chapter 7 verse 15 he confesses to the fact the things that he doesn't want to do, he does, and the things he wants to do, he doesn't do. It sounds as though he may have written this a few days after making New Year's Resolutions. (He was really dealing with the issue of sin).

I understand that Scripture all too well. One of the more common things to resolve to do is to diet. I don't know anyone who likes to diet. It is hard to do and certainly takes the fun and enjoyment out of eating. I personally love chocolate covered cherries and many of my friends and family know that. In the past two weeks I received a total of twenty-six (26) boxes of chocolate covered cherries. What a dilemma! My taste buds were overjoyed, but my mind was telling me that my body couldn't stand it. What could I do? Lord, help me with this. My will power can only take so much. I found the help needed as he gave me the inspiration for a message for the children this past Sunday. Every child from the youngest to the oldest (about 78 years of age) received a gift of a box of chocolate covered cherries.

I found a greater pleasure in the way that God helped me than if I had eaten them myself. He gave me a victory! That resolution remains intact. He helped me to accomplish what I could not on my own.

Do you need help with your resolution(s)? Look to the Lord because He knows you and your weaknesses and strengths. He will help because He wants you to be victorious through Him.

New Year is the traditional time for making resolutions. Most resolutions are self serving: "I'm going to lose weight;" "I'm going to quit smoking;" etc. Because they are self serving they usually don't effectively last.

If you want to make a resolution why not make a life enhancing resolution. How about: "I'm going to be happy."

To do this you can't be unduly disturbed by what people say, by what happens in your life, what occurs in the world, or anything. If you are not happy, you have no one to blame but yourself. To blame another for your unhappiness is a cop out. To blame an event or situation in your life because you are unhappy is a cop out.

Your unhappiness is because you don't have control of your life. Happiness is a condition of the soul. Your mind reflects your soul and when your mine is unhappy it's because your soul is awry.

Usually unhappiness is a reflection of a feeling of inferiority. Someone says something nasty about you and you get upset because you feel you are not big enough to be above the individual or what is said.

When one says something distasteful about you, you shouldn't

be upset. This is their problem, not yours. If it makes you unhappy the scurrilous individual is happy; he has accomplished what he wants to.

Don't let anyone or anything rob you of your happiness.

Another way to guarantee your happiness is to extend yourself. What others do for you may please you or even thrill you but what you do for others will make your life happier by far. Extending yourself simply by a smile and greeting helps others but brightens your life more. Anything you do for another is an investment in a brighter day.

The true and real guarantee of happiness is a warm relationship to God.

With God on our side who cares what a dissident says. With God by our side who cares what happens. A warm faith in God affirms the Scripture, "All things work together for good to those who love God." With God, I am a winner.

This year, be happy, remember you are somebody important. Extend yourself to others and walk constantly with God as your companion.

Another message from the Bible awaits all who attend Frontier Baptist Church Sunday morning. Come and see.



Frerich - Pylant Engagement Announced

Mr. and Mrs. Freddie Frerich of Brackettville, Texas, are proud to announce the engagement of their daughter, Lisa Christine, to Brett Pylant, son of Mr. and Mrs. Dick Pylant of Muleshoe, Texas, and Don Williams of Plainview, Texas.

Lisa Christine's grandparents are Mr. and Mrs. Jesus DaValos and Lucy Frerich all of Brackettville.


The bride-elect and her fiancé are graduates of Angelo State University. Lisa is employed as a case worker for Child Protective Services and Brett is employed as a marketing consultant at Val-Pak in the Dallas Metroplex.

A late spring wedding is planned.

Hispanic Worship Services

Each Friday Night At 6:00 P.M.
Spanish Service By Rev. Israel Rodriguez
First Baptist Church, Ann & Veltman Streets
Everyone Welcome!

Sunday School and Worship
Each Sunday beginning at 9:45 a.m.
Fellowship Hall, First Baptist Church



St. John's Baptist Church
Rev. W. P. Adams, Sr., Pastor

Be ye, therefore, followers of God, as dear children; And walk in love, as Christ also hath loved us, and hath given Himself for us an offering and a sacrifice to God for a sweet smelling savour.

But fornication, and all uncleanness or covetousness, let it not be once named among you, as became the Saints. Ephesians 5:1-3

PRaise THE LORD
Services Every Night At 6:00

This week: "Spiritual Gifts And Their Use In Love." 1 Cor. 12
Rev. Tim Walters, speaker

SUNDAY SERVICES

9:45 am Sunday School; 11:00 am Worship Service; 6:00 pm Bible Study

When to Ask Your Doctor if Less Medication is Better

(DM)—Today people are taking a renewed and proactive consumer attitude toward health care. It is demonstrated by an increased willingness by patients to ask their doctors the hard questions. It is more far-reaching than just health care plans and the necessity of medical tests. It has reached the most basic level — the need for prescription medications.


If you aren't already asking your doctor why and how much do I need of this medication, now is the time for you to feel comfortable and empowered to do just that.

There is a new catchphrase in long-term disease control with medication. It's called step-down therapy. Very simply it means that when a disease, such as high blood pressure, has been under control for a period of time by a certain dose of medication; it may be time for you to ask your doctor if a lower dose might be just as effective.

to decrease the dosage of high blood pressure medication while maintaining life-style modifications such as weight control, sodium reduction, and exercise.

This new concept has proven highly effective with many medications for other diseases, such as chronic depression. For the millions of Americans on daily medication for disease control, step-down therapy offers an opportunity to do more than save money. It also means taking less medication, which may lower the risk for experiencing harmful side effects.

If you are on daily medication, ask your doctor if less would be just as effective. You have the right as a patient and consumer to be kept informed and keep your medications at the safest and lowest effective level.



Baptismal Of Ashley Lynn Wardlaw
On Saturday, December 24, 1994, Ashley Lynn Wardlaw, daughter of Geovanni and Bonnie Wardlaw was baptized at St. Mary Magdalene Catholic Church in Brackettville. Fr. David Zumaya performed the rites. God parents are Molly and Clay Hunt III.



According to the Joint National Committee on Detection, Evaluation, and Treatment of High Blood Pressure, the doctor's treatment plan for a patient should include attempts

The most beautiful thing we can experience is the mysterious. It is the source of all true art and science.

—Albert Einstein

Home Tips

NAIL MAGIC — If you get a snag on your fingernail while outdoors, rub it gently over a smooth rock, concrete surface or brick for a temporary repair until a nail file is available. Janet H., Staten Island, N.Y.


SWEET SLEEP — When I make my bed each morning, I sprinkle the bottom sheet with baby powder. This leaves a fresh, sweet smell that is very pleasant when I turn my sheet down at night. It's very easy on the skin, also. Thelma K., Sarasota, Fla.

CHAPPED LIPS — Vitamin E has always been wonderful on cuts and scars, so I thought I'd use it on my chapped lips. It moistened them immediately. No more chapped lips for me this winter! Harriet B., Rutland, Vt.

INNOVATIVE WALLPAPER — My local hardware store recently ran a huge sale on discontinued wallpaper. At first, I thought purchasing it, no matter how big a bargain, would be a waste. However, I found some great uses for these remnants.

You can use it to cover tissue boxes to hold art supplies. Decorate your kitchen by covering canisters, the trash can, bread box and shelves. Wallpaper can be used as wrapping paper and book covers. Cut out a design and make border trims for the wall. You can even use it to coordinate frame mats with your room decor. Lydia C., Meridian, Miss.

Church Directory



St. Andrews Episcopal Church: Henderson & Fort, Sunday Church Service 10:30 a.m. Vicar: Rev. Bill Koons, 563-2071.
Frontier Baptist Church (A Southern Baptist Church): Sunday Services 11:00 am, 6:00 pm, Joe Townsend, Pastor, 563-2158.
First Baptist Church (A Southern Baptist Church): 307 N. Ann St., Sunday School 9:45 am, Sunday Worship 11:00 am and 7:00 pm, Wednesday Worship 7:00 pm, Gil Ash, Pastor, 563-2245.
Baptist Hispanic Mission, 307 N. Ann Street, Friday, 6:00 pm, Rev. Israel Rodriguez, Pastor.
Church of Christ: N. Ann St., Sunday School 9:30 am, Worship Service 10:30 am, Bible Study Sunday 6:30 pm, Wednesday 7:00 pm.
St. Mary Magdalene Catholic Church: Masses Monday and Friday 7:00 am, Wednesday and Saturday 6:30 pm, Sunday (Spanish) 8:00 am, Regular 10:30 am, Confession Wednesday and Saturday 6:00 pm, Religion Classes Wednesday 6:00 pm Sunday 9:00 am. Prayer Meeting (Spanish) Wednesday 7:00 pm, Dr. David G. Zumaya, Pastor.
First United Methodist Church: "Celebrate and Witness" Fellowship 9:30 am, Church School Classes 9:45 am, Service of Worship 11:00 am, Choir Rehearsal Wednesday 5:00 pm, Gordon Miller, Pastor.
St. John's Baptist Church: Crockett at Keene St., Sunday School 10:00 am, Worship 11:00 am, Wednesday Bible Study 7:00 pm, Worship Service Thursday 7:00 pm, William P. Adams, Sr., Pastor, 563-9175.
Lutheran Congregation: 1st and 3rd Saturdays, 6 p.m., Shafter Hall, FCS, 563-2047.
Templo Elim Asambleas de Dios: North Street, Sunday 10:00 am and 6:00 pm, Wednesday and Friday, 7:00 pm, Rev. Abundio Mancha, Pastor, 563-9237.
Jerusalem Temple, 514 East Louis St., Sunday School 10:00 a.m., Sunday Morning Worship, 11:00 a.m.
Gateway Ministries (Non-Denominational) 301 E. Spring St. (across from post office), Praise & Worship Fellowship Sunday 10:00 a.m. Bible Study Wednesday 6:30 p.m. Robert W. Corey, Pastor, Charolette Corey, Associate Pastor, 563-9331

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ACCOUNT	AMOUNT	NO. OF	NO. OF	NO. OF	NO. OF
NUMBER	PAID	MONTHS	MONTHS	MONTHS	MONTHS
6825	0	0	0	0	95
676	0	0	0	0	35
1125	0	0	0	0	35
1875	0	0	0	0	40
1425	0	0	0	0	44
1875	0	0	0	0	50
1725	0	0	0	0	55
1875	0	0	0	0	60
9225	0	0	0	0	65
2175	0	0	0	0	70
2225	0	0	0	0	75
2475	0	0	0	0	80
2625	0	0	0	0	85
2775	0	0	0	0	90
2825	0	0	0	0	95
3075	0	0	0	0	100