




## No Longer Constipated



 $38 \%$
BRIGHTER
TEETH
in 7 days！
Cu ？
CALOX


Buy u．S．Savings Bonds


Welcome the Crowd with Mocha Punch
（See recipes below）

## Cood Refreshers Versatile homemakers keep sup－ plies on hand to prepare tasty ree freshments for unexpected friends who may drop in for a visit or after

\section*{| LYNN CHAMBERS＇MENU |
| :---: |
| Cold Salmon Salad |
| Potato Chips |
| Toasted，Buttered Rolls |
| Carot Slicks |
| Radishes |
| Pickie Fans |
| Ice Box Lemon Pie |
| Beverase |} is blended add the nuts and raisins．

Dop by spoonfuls ou a greased or
oiled cookie sheet about two inches
apart．
Bake in a moderately hot
（ 575 degree）oven for 15 minutes．
Apple Rutter Cookies
（Makes 24 ）
$1 / 2$ eup shortening
1 cup brown sugar

## 1 egg，well beaten $1 / 2$ easpoon salt $1 / 2$ teaspoon baking soda 3 cups sifted flour 1／a

 3 eups sifted flour$1 /$ eup buttermilk
$1 /$ eup apple ant
Granutated sutter or tart jam
Crep Cream together shortening and
sugar；add egg．Sitt together the
dry ingredients and blend in alter－ surar，adedieg．
dry ingrediens and blend in alter
nately with buttermilk．Chill until
easy to hande．Roll to an eighin
of an inch thickness then cut with
 gether with a fork．Sress edges to
spinkle with
sugar．Place on greased cookie sugar．Place on greased cookie
sheet about an inch apart and bake
in a very hot（400 degree）oven for
12 in a very hot（46
12 to 15 minutes．
 with materials easy to keep on hand：
Deviled ham and cream cheese
with lettuce on whole wheat or rye运 Egg salad alone or combined with
sliced ham or tongue on wheat or
white bread． white bread．
Peanut butter mixed with honey
and chopped dates on toasted white and chopped dates on
brea．
Crisp bacon，crumbled and mixed with cold baked beans and chopped
mustard pickle on white bread．
Cold canned chicken，chopped and
mixed with celery，minced and green

## 可立曻

Finely diced bologna with finely
shredded cabbage prepared mus－
tard，salt and moistened wities sand－ tard，salt and moistened with sand－
wich spread．
Cold meat loaf sliced thin and spread with chill sauce．
Dried beet，washed and minced． Dried beef，washed and minced．
then mixed with cream cheese and
seasoned with minced onion and a seasoned with minced onion and a
dash of horseradish．
Prepgred Smithfield hafn with devern cheese or chopped hard－
cooked eggs or mayonnaise． Ground leftover meat（pork，beef
or ham roast mixed with chopped
hard hard－coaked eggs，grated raw car
rots and mayonnaise． Minced baked or cooked ham
mixed with choped hard－cooked mixed with conopped hard－cooked
eggs，and seasoned with a dash of
dry mustard matonaise and a bit
of grated onion and Worchestershire of grated onion and Worchestershire
sauce．
Deviled ham mixed with chili
sauce and softened butter，spread sauce and softened butter，spread
on freshly toasted white bread．
Tuna fish and chopped olives， on fresha fish and chopped olives，
Tixed whith mayonnase．
Peanut butter combined with

## or

$\frac{\text { Released bo wsu pature }}{\text { The outside should be wiped daily }}$ To outside should be wiped daily
to prevent an accumulation of dirt．
A damp elotin to remove finger－
prints as A damp clotin to remove finger－
prins as soon as they are made
will keep the finish gleaming． Pill keep the finish gleaming．made
wipe spilled foonds immediately be－ Wipe spilled fonds immediately be－
fore they get a chance to dry and
require an extra require
grcase．
Dust
unist which accumulates in the
unit compartment at the bottom of
the refrigerator should be cleand the refrigerator should be cleaned
out perindically，
Ranges will give better service it



