THE HEDLEY INFORMER

VOL XXVIII

HEDLEY, DONLEY COUNTY, TEXAS JULY 29, 1938

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8c

25c

10c

25c

15c

64c

45c

24c

19c

38e

20c

Specials for the Next Week

EXTRA FOOD VALUES FRIDAY-SATURDAY I Pannod Varatahlas Flour guarantood

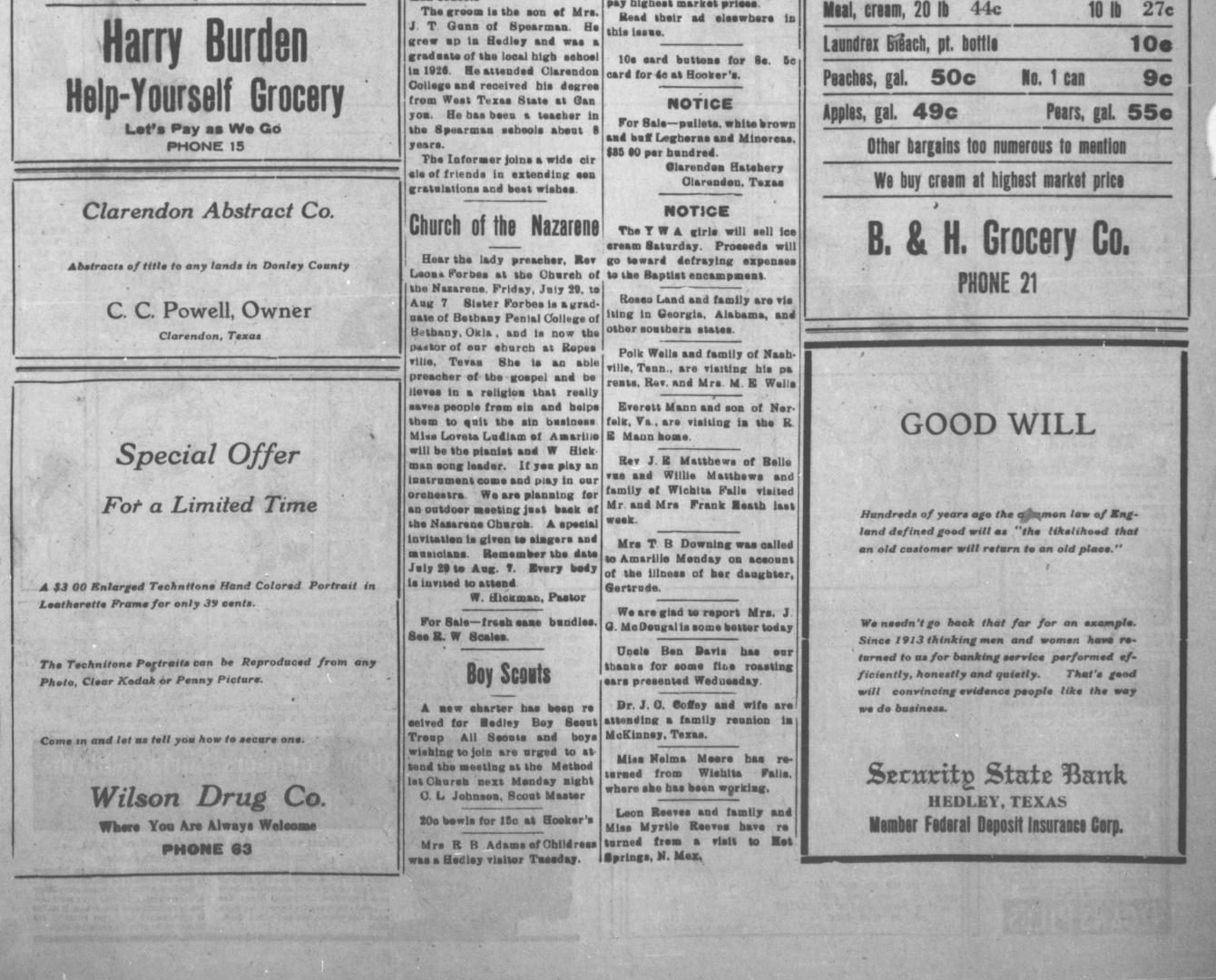
| Eng. Peas, No. 211c |
|----------------------|
| |
| Corn 9c |
| Tomatoes, 2 for 15c |
| |
| Beans, 2 for 25c |
| Sweet Potatoes 10c |
| Pumpkin 10c |
| Kraut, 2 1-2 can 10c |
| |
| Fresh Vegetables |
| Gorn, doz. 20c |
| Squash, Ib. 4c |
| Gucumbers, Ib. 5c |
| Tomatoes, 6 lb. 24c |
| |
| |

Market Specials

| Cheese, Ib. | | 21c |
|-------------------------|---|-----|
| Roast, brisket, Ib. | | 15c |
| Steak, forequarter, lb. | | 15c |
| Pork Chops, Ib. | | 25c |
| Pork Sausage, Ib. | | 23c |
| Lunch Meats, Ib. | | 25c |
| Bologna, Ib. | 1 | 14e |

We have what you want to buy; we buy what you have to sell.

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Hall-Gilliam

Primary Election Results

Harrison Hall and Miss Verda | The primary election held Sat Gilliam, both of this city, were arday drew one of the largest united in marriage last Saturday votes in recent years here, over morning at 10 o'clock at the 400 votes being east Only one Baptist parsonage Rev. M. E county race requires a runoff Wells performed the impressive the tax assessor and collector. ring ceremony, in the presence Jee Bownds is the incumbent of the Wells family and the and J. W. Adamson is his oppen bride's father, J. S. Gilliam. ent Guy Pierce for sheriff. R The bride wore a dress of Y King for county judge, W. G. white chiffen with blue acces Word for county clerk, all had sories. majorities in the first primary The couple left immediately Mrs. Margaret Thompson, coun after the ceremony for a short ty treasurer, and Walker Lane, district clerk, bad no opponents. visit to Amarille Both bride and groom have In the precinct 3 races, J. C. lived in Hedley many years, the Doherty was elected justice of former being a graduate of the pusce and Claud Nash was re local high school in 1929. The elected commissioner.

groom is owner and manager of John Deaver was victorious in the Hall Service Station. A host of friends will join us attorney State representative in extending best wishes to Mr. Eugene Worley was uneppesed and Mrs. Hall

1000 sheet tissue for Sc at vin Jenes was reelected. His op-Hooker's

Gunn-England

penent was James O Cade. **New Grocery Opens**

Elma Gunn and Miss Ruby Chas. Everett has opened the Eagland, both of Spearman, were Everett Food Store in the build united in marriage Friday, July ing just north of the bank, and 22. at the Christian Church at is ready to serve the public with Greensville. Texas. The ring all kinds of staple and fancy groceremony was read by the pas ceries They are especially fea tor there. turing the Red and White line of

The bride is the daughter of foods. Mr and Mrs England of Greens ville and is a teacher in the Spear man schoels

The groom is the son of Mrs.

For CASH Only and Only CASH Cocoa, 2 lb 19c Soap chips, 5 lb box 37c Peas, 2 No. 2 cans **25c** Gorn, No. 2 can Soap, Crystal White or P & G, 6 for Marco Bran Salad Dressing or Spread, quart Pickles, sweet, gt. 19c Sour, gt. his race for reelection as district Coffee, Bright and Early, 3 lb with bowl Kitchen Towels, 2 rolls with rack In the 18th congressional dis trict, U. S. representative Mar Powdered Sugar, 3 for Jello, pkg. 5c Raisins, 4 lb pkg. 33c 2 10 Ovaltine, 6 oz. PenJel, 2 pkg. 25c Water Mops, each 23c O-cedar Oil Mops, each 64c Wesson Oil, can 24c Gelatine, pkg. 13c Gatsup, 14 oz. 14c Tapioca, pkg. Starch, large pkg. 24c Extract, 8 oz. 10c They are prepared to buy cream, poultry and eggs, and pay highest market prices. Meal, cream, 20 lb 44c







MOTHER: "Then, John, there's no use waiting any longer for that all-electric kitchen!"

DAD: "Nope. You're right—no use waiting. In fact, I talked to the West Texas Utilities Company today. All you've got to do is go down tomorrow and pick out what you want."

CHILDREN: "Pop, you're a wonder! Now Momsy will bave time to pay some attention to us!"

Paith in the future of this community ... confidence in its prosperity ... and a desire to render a service to its citizens prompts us to remind you of the long-time purchase plan on electric merchandise. In most cases, you have two years in which to pay for Electric Servants, such as refrigeratore, ranges, hot water heaters, dish washers and similar labor-saving appliances. Convenient payments may be arranged on air conditioning, I-E-S lamps, irons, percolators, etc. Please ask today about the Electric Servant you've waited years to buy!

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West Texas Utilities

eddy Hilowatt

Once_or Piece at a Time_Start Electrification NOW !" blowouts. Nine extra pounds of rubber are added to every 100 pounds of cord.

Two Extra Layers of Gum-Dipped Cords under the tread, another patented Firestone construction feature, protect against punctures.

Scientifically Designed Non-Skid Tread made of tough slow-wearing rubber, assures safer stops and longer non-skid mileage.

With the low first cost, the extra safety and the long mileage of Firestone Convoy tires, you can no longer afford to take chances on unsafe tires. Join the Firestone Save-A-Life Campaign today by equipping your car with a set of new Firestone Convoy Tires — the safest tires that money can buy at these low prices.

SONOHOHOHOHOHOHOHOHO

me and serial number, it sed by us to be free from defect manship and material, without

any tire has failed up

Look at these LOW PRICES FIRESTONE CONVOY FOR CARS AND TRUCKS 4.75-19..... 8.15 5.00-19..... 8.80 9.25 5.25-17 5.25-18..... 9.65 Tires for Trucks and Buses at Proportionately Low Prices

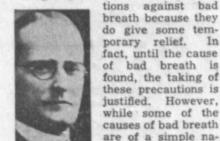
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Breath and ts Causes By DR. JAMES W. BARTON

DVERTISING copy writ-A ers tell us that one of the biggest, if not the biggest, of advertising appeals is that of fear-fear of heart disease, cancer or other diseases, endangering health and life. Another fear is that of being disliked by other people. It is this fear that causes so many to buy throat gargles, tooth washes and laxatives because their breath may be offensive without their knowledge.

Now there is nothing wrong with taking any or all of these precau-



do give some temporary relief. In fact, until the cause of bad breath is found, the taking of these precautions is justified. However, while some of the causes of bad breath are of a simple nature and not likely to do much, if any, harm to the system.

Dr. Barton

there are some causes that damage the body, yet the individual, because he is using mouth washes, gargles and other methods of "keeping down" any odor, neglects to have these conditions corrected.

Look to the Teeth.

Physicians and dentists tell us that the most frequent cause of bad breath has to do with the teeth There may be cavities or there may be little portions of food left on the teeth that should be removed by brushing the teeth or rinsing out the mouth after every meal. Sometimes the despised toothpick and the more efficient dental floss become necessary to remove the tiny pieces of food that get lodged between the teeth. "All cavities should be filled and tartar deposits should be regularly removed, not only because of their tendency to cause disagreeable odor but because organisms may develop and be swallowed." If any beginning pyorrhea is present alkaline mouth washes should be used.

. . .

Good Reducing Diet.

It is very gratifying to see the interest with which physicians now tackle the problem of reducing weight. This is due to the knowledge that overweight is responsible for many derangements of the workings of the heart, blood vessels; kidneys and other organs.

In the Journal of the Io



FAVORITE theme this sum- | makes up. The charming and picmer is the sheer loveliness of turesque Winterhalter vogue is rediaphanous, airy-fairy transparent flected in the styling of this very fabrics, either cotton or silk. The tiny-waisted and full-skirted dinnernew sheers are simply enchanting and they are the sought-for kind to make up into gowns for picturesque garden party wear or for dancing under star-spangled skies or when dining at fashionable roof-garden gatherings where beauty and romance keep rendezvous. Gowns designed to grace summertime scenes are fashioned of wispy chiffons either printed or monotone,

or of organdies crisp, sheer and intriguing, or of dainty silk marquisette which is an especial favorite. Then there are the soft fine cotton voiles in pretty colors and as for lace every summer wardrobe is ex-pected to include at least one party frock made of it. As a matter of

fact lace is playing a stellar role this summer. The lace that captures the heart of enthusiasts is a delicate-as-cobweb type the patternings of which is a mere tracery. Gowns of this fetching lace have all-around pleated skirts, since it dine and

and-dancing gown (a winsome garden party frock, too) in one of the fashionable printed Swiss chiffon organdies. A very fine lace patterning in white stands out clearly against a deep navy blue background. There is a full-cut underskirt of white organdie to make the frock stand out almost on ballet skirt lines. The diminutive bolero jacket worn over the drop-shoulder bodice is finished with little ruffles of val lace laid on over the lace print. The material that fashions the

frock to the left is peach silk mousseline. It is prettily styled with vertical ruche-ruffling of self-fabric outlining the skirt gores, the puffed sleeves and there are ruffles about the neck.

Hyacinth blue lace with touches of cerise lace is used for the graceful gown centered in the picture. It was introduced at the Miami fashion show and is one of those pleasing yields beautifully to this treatment. | types that carry on into new trifor

One of its charms is that the lace

indicates stripes and striped effects

The printed chiffon frock to the

left gives a delightful interpretation

of the slim silhouette for summer.

lets are worn with it and an enor-

mous poppy on the head instead of

a hat, which goes to show the in-

triguing and unique ways in which

flowers now play their important

@ Western Newspaper Union

role in costume ensembling.

lead in the mode.

WHAT to EAT and WHY

C. Houston Goudiss Noted Food Authority Explains What Is Meant by **CORRECT NUTRITION**

Describes How to Construct a Balanced Diet, So Essential to Maintain Optimal Health

By C. HOUSTON GOUDISS East 39th St., New York City

TO SOME families, a summons to the dinner table means nothing more than a chance to satisfy hunger. To others, it represents an opportunity to gratif7 the palate, sometimes to the extent of overtaxing the digestive system.

Neither of these extremes fulfills the true function of food, which is to provide adequately but not to excess, for growth, maintenance and repair of the body. tissue and repairing the millions

Food May Fail to Feed

the income is large

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A Balanced Diet

by another; that growth can be

influenced through changes in the

quality of the dietary; that old

age may be deferred by choosing

the food with care.

ficiency diseases.

knowledge.

Carbohydrates to produce quick

providing correct nutrition. You can partake of de- also essential in a satisfactory licious-tasting foods diet. Minerals which serve both to the point of over- as builders and regulators of body processes. The six vitamins, A, indulgence - without meeting bodily B, C, D, E and G, that also act equirements. as regulators and prévent a num-The mere spend- ber of deficiency diseases. Water requirements. -which serves as a vehicle by ing of money will not insure good nu- which food is carried to the tistrition, for ex- sues. And cellulose or bulk-retremely poor diets quired for the normal functioning of the intestinal tract. can be found in households where -*-

> Danger in Omitting One Food Substance

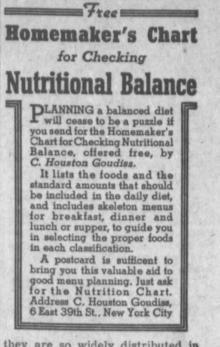
and the food budget is ample. What counts is learning to provide the right foods in the correct pro-The homemaker who fails to portions. The return in health will take every one of these factors be more than worth the investinto consideration is depriving her husband of the opportunity to minerals and vitamins which are ment of effort in acquiring this develop his greatest efficiency. Moreover, she may be robbing her children of their birthright. During every day of childhood, the Science has discovered what body is being built, and defects in foods are necessary to help build body structure are likely to arise top health and keep us 100 per if the child is improperly nourcent fit. The amount of food reished. It is then that disease and quired by a man for a day's work disability make their appearance can be accurately determined. We as a result of faulty nutrition. How know that a specific disease may tragic to deprive the young body be produced by one diet and cured

> well being. How to Check the Diet for Balance

We know that the body is a Perhaps you are like the homeworking machine which never makers who tell me that they do stops but may slow down or get not know a protein from a carboout of order unless the daily diet hydrate. Or it may be that while includes every element, every you understand the difference, you nutritional balance of every meal mineral, every vitamin needed to do not know what quantities maintain health and avoid the deshould be included in the diet each

day.

To simplify your task of serving



they are so widely distributed in such common foods as cereals, of cells that are worn out daily. bread, potatoes, macaroni products, sweets, and sweet fruits and You can satisfy hunger without heat and energy. Fats—a more vegetables, such as oranges, roviding correct nutrition. You compact form of fuel, which are grapes, apples and peas. grapes, apples and peas.

Fats should supply about 20 per cent of the caloric content of the diet. They are obtained from butter, margarine, cream, egg yolk, salad dressings, vegetable oils and the fat of meats.

A protein food should be provided at each meal. Meat, poultry, fish, eggs, cheese, milk and most nuts supply complete protein. Cereals and legumes furnish incom-plete protein which may be supplemented by the complete protein of milk.

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The Protective Foods

It is essential that the diet should contain an abundance of furnished by the protective foodsmilk, eggs, fruits and vegetables. Cellulose or bulk is obtained from fruits, vegetables and whole grain cereals. Water comes from juicy fruits, succulent vegetables. milk and other beverages, as well as the water that is consumed as a beverage.

To provide adequate amounts of the seven food essentials at every of substances so necessary to its meal-to avoid the mistake of serving too much of one type of food and too little of anothershould be the worthy aim of every homemaker. You will find the task considerably easier if you send for the Homemaker's Chart. Tack it up in your kitchen or in the room where you plan your menus, and use it to check the you prepare.

> If you faithfully follow the food program outlined in the chart, you

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Medical Society Dr. M. C. Wheelock states:

"If the patient will keep strictly on a 1,000 calorie diet, medicine is unnecessary for reducing weight. If weight loss is too rapid it may be that a little more liquid-water or other fluids-is necessary to maintain a better circulation."

Dr. Wheelock outlines a 1,000 calorie diet for those who are greatly overweight after examination shows that reducing may be safely done.

Breakfast: One medium serving of oranges, peaches, pineapple, or grapefruit; one-half teaspoonful of butter; one glass skim milk; one thin slice of bread; one egg; one and one-half rounded tablespoonfuls. of cottage cheese.

Dinner: Two medium servings of lettuce or asparagus or celery or tomatoes or string beans or cabbage; one medium serving of lean meat; one thin slice of whole-wheat bread; one medium serving of ap ples or apricots or pears or raspperries; one glass skim milk; coffee or tea (without sugar or cream) or clear broth.

Supper: One medium serving of any of above vegetables; two eggs; one thin slice of bread; one glass skim milk.

The Venus Flytrap

Charles Darwin called the Venus flytrap the "most wonderful plant in the world." It is an oddity of nature found only in our Carolina swamps. The Venus flytrap is a member of the sundew family with white flowers on 12-inch stems and rosettes of leaves consisting of two hinged blades set with sensitive hairs. When an insect alights on one of these leaves, the halves snap together like the jaws of a trap and are held firm by interlocking men-ginal bristles. The trapped insect dies. It is then dissolved and absorbed, and the plant opens and resets its leafy trap for further prey. Related to the Venus flytrap are the pitcher plants, of which the darlingtonias, or California pitcher plants, are well-known members. These also can absorb the insects which are attracted to the tubular leaves and then drowned in a digestive fluid secreted in the bottom.

Babies Prefer Bright Colors

colors and almost invariably reach

for red as their first choice. A sur-

vey to determine color preference

among babies rates bright red

as the first choice with bright blue. white, and bright green following in

the order named. This accounts for

the brilliancy of the colors used in

painting toys.

Babies can distinguish between

frocks of simple cottons made up formally is considered quite the

swank thing to do. The thrilling note in regard to this season's organdies is that so many new types have been added to the list.

The crinkled organdies either The patterning is spaced tulips in plain or printed sell at sight. They blue, red, green and black on a make up charmingly and are easily sheer white background. The gathtubbed, require little or no pressing ered bodice suggests the Directoire. to keep them crisp and sprightly as Contrasting shades of green and new. For week-end trips they are blue silk make the girdle and sash ideal as they do not crush in packwhich forms a train. Flower braceing.

You will be delighted with the new lace-printed Swiss chiffon or-gandies. The entrancing frock centered with outspread skirt in the foreground gives an idea of how effectively the lace-stripe organdie

TWISTED DRAPES ARE HANDSOME SUIT **NEW STYLE FEATURE** By CHERIE NICHOLAS



Designers are performing all sorts of interesting tricks with twisted drapes and as time goes on the idea is taking on added interest.

When you see a dress or blouse the drapes of which tie themselves into fanciful knots or twist into clever intricacies be assured that the garment is a "last word" fashion. Be on the lookout for these intertwisted, inter-coiled effects and

choose your new frocks accordingly. This type of styling invites the use of color contrasts. For instance, the bodice top of a navy dress may have drapes coming from the shoulder, say in the new fuchsia shade, the same coiled, twisted and perhaps knotted across the bustline with infinite grace. Or the dress may be in monotone, the artful, twisted designfulness being the only trimming feature. White crepe frocks, with twists done in crepes of vivid contrast or carried out in pastel tones are topnotch fashion this summer.

A new feature in styling is the all-over shirred bodice with skirt of the material simply tailored. The all-over shirred jacket is likewise a fashion highlight. Chiffon and sheer marquisette yield to this treatment most charmingly.

Paquin Favorite

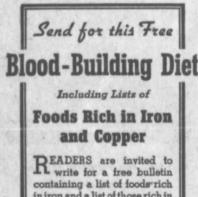
A favorite Paquin model for evening is the long skirt of bias cut topped by a marguisette blousethe entire thing in white, black or pale rose.

Tailored Dinner Dress The tailored dinner or evening dress remains a heavy favorite.

One handsome suit like the model pictured, in your wardrobe and your problem is solved as to looking smartly attired for any occasion. Contrast stitching is a swank accent to the interesting detail of this well-tailored town and country suit in fine lightweight wool shetland. Note the scalloped pockets that repeat the decorative stitching that enhances the seams in the skirt.

Seven Essentials There are seven factors to be

considered in planning a balanced Chart for Checking Nutritional diet. Protein for building body



in iron and a list of those rich in copper. Also included are sample menus showing how to plan a balanced diet containing generous amounts of foods rich in these blood-building minerals. Send your request — a postcard will do-to C. Houston Goudiss, 6 East 39th Street,

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New York City.

will help to assure your family balanced menus at every meal, I of correct nutrition. This is the have prepared a Homemaker's most priceless gift you could be-Balance. In convenient chart stow upon them. For nutrition is form, it shows what foods should the architect that draws the plans be included in the diet every day of human destiny. In providing and gives the standard amount for each food. There are also skeleton menus outlined by food classifications, which enable you to plan cess. balanced menus for every meal

by making a choice from each group of required foods.

I urge every homemaker to write for this chart, and use it daily. Then you won't make such common mistakes as serving a dried legume as a vegetable at a and 4 to 5 per cent protein. They meal in which meat is used, which are a fine energy food. tends to concentrate too much protein in one meal; or choosing a toc-heavy dessert following a main course that is overly rich in carbohydrates.

60 Per Cent Carbohydrates Carbohydrates should form at

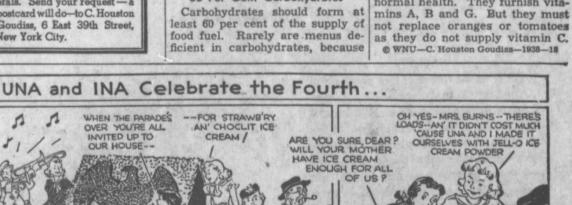
the right foods, you lay a firm foundation for health on which to rear a life of happiness and suc-

Questions Answered

Mrs. F. C. T .- Dried figs contain from 60 to 70 per cent sugar

A. F. B .- When thorough chewing is impossible, food can be finely minced or put through a sieve, to make it easily digestible.

Mrs. A. G .- Prunes are a fine natural laxative food for those in normal health. They furnish vitamins A, B and G. But they must





COPYRIGHT WILLIAM MACLEOD RAINE-WNU SERVICE

doesn't count," Lou evaded. "May-

be I said more'n I should. So would

you have. So would anyone."

only seeking confirmation.

late.

room.

before the marshal closed the net

"Tell Morg and Mile High I want

to see them in here," he ordered.

'You go home and go to bed.

Keep your mouth padlocked. Don't

tell anybody else what you've told

me. If you do, someone is liable to fill you full of lead."

Howard waved the two outlaws

to chairs when they entered the

knows a lot more than we think."

"I'm listening."

story out of him.

CHAPTER XII—Continued

Lou Howard lay on a bunk staring at the ceiling. Buck Conrad, his guard, had turned in for the night. He was sullen and despondent. Why was his father not doing something to get him out of this trouble? He knew Sherm had sent

a messenger to Chiswick threatening reprisals if any harm happened to his son. But why didn't he do something instead of just talk?

The prisoner could not get to sleep. He was worried. The best he could hope for was a term in the penitentiary, unless his father could work out some slick scheme for get-ting him off. The only escape from this was to turn state's evidence. If he did this, his name would be a hissing by-word. He would have to get out of the country.

A faint tapping on the window reached him. He sat up, as well as he could for his bonds, his stomach muscles tightening. A prickling of the skin ran over him.

A voice murmured, "That- you, Lou?"

"Yes. Who is it?" he whispered. The saw ripped through a resinous knot, died down for a moment, and attacked another.

"Morg Norris. Listen. Where does this Gray sleep?"

"He's gone to town. Get me out of here, Morg-please."

A second voice asked hoarsely, "Only one fellow in the dog-house with you?"

"Yes. Buck Conrad. All right. I'll tell him."

Conrad wakened at the sound of young Howard's urgent voice.

"What's eatin' you?" he asked sleepily.

"Someone has been calling you. Sounds like Chiswick." Buck sat up and listened. Some-

one outside shouted his name. He went to the door, not waiting to light a lamp, and threw it open. "Who wants me?" he asked.

They were his last words. Two guns roared. The cowpuncher caught at the jamb, and slid down, his knees buckling under him. Morg Norris ran forward and flung another bullet into the prone body. The face of the outlaw was distorted with rage. He had nothing personal against Buck, but the fury of the

spill before you start foggin.' I been out to the L C ranch for a li'l call on Lee Chiswick. I bumped off one of his warriors and brought back with me Lou Howard. I got to apologize for not getting that spy did you tell him?" Gray. He wasn't there."

To Ride the River With

WILLIAM MACLEOD RAINE'S

"Didn't I have something to do with all this?" sneered Clint Doke. "Sure. You went along with me. But I thought of it. I ran the show."

The killer swaggered to the bar. Mile High said, not lifting his eyes from Norris: "You got quite some would have happened to me, too. from Norris: "You got quite some

You look after your own hide mighty well, but you don't want me explaining to do, fellow. Kansas?" 'He was aimin' to give me up to Chiswick's warriors. I had to get to do the same.' him before he got me. Same with Curly. He was firing at me when I but never mind that. I've got to

wounded him. I could of killed him, you tell Gray and Chiswick?" but I didn't." "And I reckon you ran away with

the young lady for a joke." "No, sir. I made a mistake there, but I was taking her back home when

Gray's posse bumped into me. She'll tell you I didn't hurt her any. Send for Sherm. We'll have a powwow and fix things up." "You run hog-wild, then come

back and say, 'Forget it, boys.' I got a better memory than that," him, piecing together the things that guarding that scamp," he said sor-Mile High flung back.

Morg slid an ugly look at him. But he spoke with unusual restraint. This was not the time to indulge a bad temper.

"I went out to the L C with Doke here and rescued Lou, didn't I,

The older man spread plump "Where's he at?" asked Norris white hands. His expressionless sharp edge to his voice. eyes were fixed on the other. "Unless I'm 'way off he's spend-"Come clean, Lou," he ordered.

ing the night with his friend Hank "What does this Gray know? What Ransom. Tiny beads of perspiration began to stand out on the forehead of the

"How d'you know?" "I don't know for sure. I'm rea-sonably certain. Maybe a little bird told me.

younger man. "You didn't do a thing for me," he protested, with Howard was secretive by nature. the violence of weakness. "Left me It was his opinion that one made there to be hanged. If they hadn't no mistake to live under his hat, as he expressed it. The habit had grown on him. When mystery was not necessary, he had an irritating way of hinting at one. There was no reason for not telling that a Mex-"I was doing all I could for you, ican had brought him word he had seen Ransom catch and saddle a know where we stand. What did horse in Willard's pasture, none except that he liked to convey an impression of omniscience. "What I told under fear of death

Norris swaggered to the door, followed by Mile High.

CHAPTER XIII

Lou told what he had confessed. bit by bit, his father sweating the Lee Chiswick looked down at the body lying on the cot.

After the son had finished, the "Buck would have been alive now older man sat staring in front of if I hadn't given him the job of rowfully.

ed. What Lou had told Chiswick "He'd been alive if he had obeyed did not matter so much. It had been general, and it had dealt only orders," Dan Brand said. "You got to look at this right, Lee. We told with the attack on the Mexicans. him not to open the door unless he But what he had admitted to the was sure who was there. I reckon United States marshal would hang he was roused from sleep and didn't or put behind bars half a dozen of stop to use his head."

the Tail Holt outlaws. The ques-Ruth stood behind her father, her tions Gray had put showed that he gaze fixed on the still figure of the cowpuncher. "Who did it?" she had plenty of information and was asked in a low voice. Sherm Howard knew he must act

"That devil Morg Norris," an-swered Lee, his face set and rigid. "I recognized him when he rode up to the porch to take a crack at me." quickly. He had to destroy Gray on him. Tomorrow might be too

The girl shuddered. The thought stabbed her that she was responsible for the death of Buck Conrad. If she hadn't interfered with the aim of Jeff Gray, he would have put an end to the killer.

"No use trying to follow him in the dark," her brother Frank said. "If we got close he'd take to the brush.'

"They'll likely head for Tail Holt to get Lou Howard home," Brand guessed.

"We've got to get busy, boys," he told them. "Lou is right. This fellow Gray is dangerous. While he The eyes of Ruth grew wide with was at the L C, Lou picked up one horror. The paralyzing conviction or two bits of information. Gray had come to her that Jeff Gray would not know until too late that ner at the L C had esthe pr

and WHY C. Houston Goudiss Recounts **The Miracle of Milk**

AHAI TO LA

Noted Food Authority Explains Why It Is the Cheapest and Most **Nearly Perfect Food**

By C. HOUSTON GOUDISS

OF ALL the foods known and used by man, milk is supreme. It is a miracle of perfection-a veritable elixir

of life. Milk has powers possessed by no other food. It builds sturdy bodies for infants; strong bones and sound teeth for growing children; helps to maintain vitality in adults; and to delay the onset of old age.

It contains a greater assortment of nutritive materials than Send for This Free Chart any other single food. It is the foundation of every balanced. diet. Considering the services it performs for mankind-from infancy to old age-it is the cheapest food we have.

Milk is so many-sided that I always think of it as the Benjamin

Franklin of foods. It is a vast treasure chest of nutrients — the most complex product of nature's chemistry. It contains nearly every chemical element of the body itself, in proportions adapted for quick and easy assimilation.

Milk fulfills six essential requirements of a perfect diet. First: It supplies carbohydrate

and fat for heat and energy. Second: It furnishes protein that is suitable for building new tissues and repairing the millions of cells that are worn out daily.

Third: It yields minerals which build bones and teeth and regulate the subtle internal processes of the body.

Fourth: It contains every known vitamin in some degree and is abundantly supplied with the vitamins that an necessary to growth, to the smooth running of the body machine, and to the prevention of many types of infec-

Fifth: It contains water, to act

ning a balanced diet is to in-clude at least enough alkaline, or base-forming foods, to balance the acid-forming foods. To help you distinguish the foods that belong in each group, C. Houston Goudiss offers to send a free chart listing the principal acid-ah and alkaline-ash foods. Address C. Houston Goudiss, 6 East 39th Street, New York City.

Showing which Foods are

ACID and which

ALKALINE

One of the principles in plan-

Sector .

fortify their bodies against the assaults of disease-to retain or regain mental and bodily vigor. It is indeed a Fountain of Youth!

> -*-Milk for Pep and Power

A quart of milk daily supplies from two-thirds to three-fourths of the total calories required by a year-old child. For a five-year old, it provides about half the day's fuel requirements, and for a ten-year old, one-third. Even a moderately active man could obtain one-fourth of his energy requirements from a quart of this precious fluid. It is also interesting to note that five-eighths cup of milk is equivalent in energy value to one and one-third eggs, or two and one-fourth ounces of lean

kill was on him. He spat out a venomous epithet.

"Get out your knife and cut me free," implored Howard.

The second man came into the room. With a jackknife he severed the rope that bound the prisoner. Lou Howard was surprised to note that the sinister face bent over him was unfamiliar.

"Hurry!" urged the young man. "They'll hear the shots and be on us in a minute. We got to get out sudden."

"Let 'em come," boasted Norris, with an imprecation. "We're ready to swap lead with them."

"Anyone else with you?" Lou asked, rising from the bunk.

"No more. We came to get Gray, Lucky for him he's not here. Don't need an army, do we?" the killer wanted to know. He added, cruel laughter in his voice: "Wisht it had been the spy Gray we had croaked instead of this dumbskull here."

The three men passed swiftly out of the cabin. Already they could hear voices and the sound of men running. It was time to be gone. Someone came out on the porch of the big house and wanted to know who was there.

Norris was in the saddle. He galloped up to the porch and fired at the man standing there. Out of the foreman's cottage came Dan Brand, sketchily dressed. He blazed away at the young outlaw with a rifle. The bandit wheeled his horse and cantered back to his companions.

"Hit the grit, boys," he ordered. "Gonna be hot here if we stick around."

The stranger gave Lou a foot for a rest and Howard swung to his saddle behind him. As the horses pounded down the road, the roar of guns followed them. Howard looked back anxiously, his heart thumping with fear. Framed in a window he saw the face of Ruth Chiswick

The fugitives headed for Tail Holt. They kept to the road. Pursuit would probably be useless, since the outlaws could turn into the brush whenever they heard the sound of riders back of them.

The lights were still blazing in the Golden Nugget when they drew up at the hitchrack. Norris walked into the gambling-house, the other two at his heels.

Mile High and some others were at the bar drinking. A man who started to lift his glass put it down instantly.

"Morg Norris!" he exclaimed. The card game was suspended. The wheel ceased to turn. All eyes turned upon the three who had just entered the place.

"Don't get on the prod, boys," d Norris. "I'm here peace-Listen to what I've got to about?" his son asked nervously. warned Norris. "I'm here peace-



'Where's asked Norris. at?"

while you lads were talking about what a heluva hole he was in?" "That's what he did," young How-

ard said. "Someone go get Father. We got trouble enough on our hands without fussing among ourselves. Shove that bottle this way, Pete." The tension relaxed. A Mexican boy was sent to bring Sherm Howard. To an admiring but not altogether friendly audience Norris nar-

rated his adventures. They lost nothing in the telling. Howard, senior, arrived ten min-

utes later. With him came a leather-faced man known as Yorky. The fat man looked at his son, then at in smoke." Norris, no expression in his wooden face.

"So you're back," he said to the latter.

calf, Sherm."

Howard ignored the attempted Boot Hill. I'm an old man myself, blitheness. "I'll listen to you, Morg," he said.

The killer swept a hand in the direction of the rescued man. "Lou, he'll do my talkin' for me," he boasted. "While you were sleeping comfortable, me and Clint risked our hides to get yore boy for you. We had to bump off an L C rider and fight a battle with Chiswick's gang, but we brought Lou back with

"Fine. We would have had Lou, anyhow, in a day or two." The fathomless eyes of Howard rested in those of Norris. "Did you bring Kansas back with you too?"

Norris began to bristle. "Kansas was a double-crossing son-of-a-gun." "You told me the other day a posse killed him. That right?"

The killer hesitated. There was no use holding to that story, since everybody knew that Ruth Chiswick had refuted it. "A fellow has to go through," he said sulkily. "Kansas was fixing to throw me down. It

to it." Pete, the bartender, threw in a low - voiced suggestion. "That's land, Ohio. right, Sherm. The young lady says

Kansas told her he meant to line up with her dad." "Like to have a little talk with

Lou," that young man's father said. "Afterward I want to see you and Mile High, Morg." Lou followed Sherm into the little

room Curt Dubbs used as an office. The big man closed the door. He sat down ponderously in a chair.

"Hmn! Do you erne me to co the brush for him?" asked Norris. caped. He would carry on under The big man slumped in the chair the impression that he had a hosslid an oblique look at the killer. tage in the camp of his friend "If you're looking for him you can be accommodated, Morg. Gray is in town."

"In Tail Holt?" snapped Norris. "Roosting right here."

"You mean was here," corrected Mile High. "Five or six hours ago.

We bumped into him, Morg, in Cury's room." "Bumped into him and didn't knock him off," jeered Norris. 'You're a fine bunch of warriors.' "Lou was still at the L C," Mile High retorted angrily. "We dassent touch the fellow, for fear Chiswick would hang Lou's hide up to dry. Gray had the gall to tell us so."

"So you said 'Adios, amigo,' and walked out on him," the other young man snarled. "If it had been me, I would sure have sent him to hell

"Keep feeling that way, Morg," said Howard evenly. "Lou isn't at the L C any more. Far as I'm con-"Y'betcha! All set for the fatted cerned it's an open season on Mr. Jeff Gray. We'll all be safer when the dirt is patted down on him in and peaceable, but if you young bucks are snorting for battle, I can give a guess where you'll find him." Four eyes fastened to those of Howard.

that Sherman Howard dare not move to his destruction. She cried out her fear to her father. For a moment he stared at her,

letting her warning sink into his mind. "You're right, girl," he answered. "I don't know how he is playin' his hand, but we've got to let him know there's nothing to keep Sherm from him now."

Lee gave curt orders. "Get the boys together, Dan. See they're armed. Frank, you and Tony run up mounts. We'll take off with what men we have. Round up the men at the line-camps, Bob, and bring them to Tail Holt. This looks like war, and we may need all the help we can get."

Five minutes later, Ruth walked into her father's office and found him examining guns and ammunition.

"What are you going to do with me and Nelly?" she asked.

He looked at her, startled at the problem posed. "By jinks, Ruth, I hadn't thought of that. Can't leave you here alone. Once was too often. And I can't spare any men to guard you. We're short-handed now. Only five of us."

(TO BE CONTINUED)

Investigation Discloses That People of Stone Age Suffered From Toothache

No you can't blame it all on the | savage) frequently has work for the

can opener. The handy gadget, called "the housewife's best friend," has been charged wih direct responsibility for toothaches, gum boils and other dental atrocities just because it opened the cans whose ready-to-eat contents could be gulped down without first passing through the process called mastication.

But science has stepped forward and declared that the can opener and the gaudy hued carton are not responsible for all the tooth ills which have been charged against was him or me. I had to beat him them. At least that is the indicated opinion of Prof. W. M. Krogman of Western Reserve university, Cleve-

> "The widespread belief," said Dr. Krogman, "that man's dental ills are attributable solely to modern civilization-its canned and mushy foods, its unbalanced diets and dietary fads, its frantic tempo-is not wholly correct.

"An extensive study which includes thousands of prehistoric, early historic and modern dentitions has revealed that ancient man had plenty of toothaches and that primitive man today (the back-to-nature

dentist. "It was found that in the old Stone age, over 10,000 years ago, the frequency of dental caries ranged from 5 to 20 per cent of the adult population; in the new Stone age, 20,000 years ago, the frequency ranged from 15 to 45 per cent.

"In the next succeeding ages, the frequency gradually rose until in 3500 B. C., just before the dawn of history, an early Iranian people showed as high as 75 to 90 per cent of the entire adult population afflicted with dental caries-a frequency as high as any 'civilized' group today.

"Man is paying the price not for civilization as such, but for domestication started thousands, perhaps millions of years ago. We can do, and are doing, a little something about it in our vitamin-mineral food-intake studies, but they are like inadequate thumbs in a crumbling dike.'

Early Ohio Inhabitants

At the end of the Revolutionary war the only white inhabitants of what is now Ohio, with few exceptions. were Canadian fur traders,

a solvent, a carrier and regu lator.

Sixth: It is easily digestible. This brief summary helps to explain the unique place of milk in nutrition. Think of it! In one food, we find protein of the highest type; carbohydrate and fat; all the vitamins; every one of the minerals demanded by the human body; water; and an easy digestibility that readily changes these ingredients into vigorous life.

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The Biggest Food Bargain

We occasionally hear the charge that milk is too high in price-that it is a luxury to afford enough of this master food to supply a quart daily for every child-at least a pint for each adult. That is ridiculous! The cost of milk is much cheaper than the cost of illness. And milk is not a luxury, but an indispensable necessity.

I contend that no homemaker can afford not to buy milk in adequate amounts-that if she desires health, efficiency and longevity for her family, she must provide a sufficient amount of milk before she purchases any other food.

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A Food for Children and Adults Humankind needs milk as the flowers in the garden and the grains in the field need the blessing of rain.

Deprived of milk, children develop a multitude of ills. They become thin and weak; their resistance is low; they fall easy victims to the germs of disease; there is small hope of their reaching normal manhood and womanhood.

Nor is milk only a food for children. It is likewise essential for adults who desire to live longer, happier, and healthier lives-to

DO YOU KNOW HOW TO **Balance Your Diet?**

This Free Chart Makes It Simple as A-B-C Helps to Safeguard Health

Planning a balanced diet will cease to be a puzzle if you send for the Homemaker's Chart for Check-ing Nutritional Balance, offered, free, by C. Houston Goudiss.

free, by C. Houston Goediss. It lists the foods and the standard amounts that should be included in the daily diet, and includes skeleton menus for breakfast, dinner and lunch or supper, to guide you in selecting the proper foods in each classification.

⁶ A postcard is sufficient to bring you this ealtable and to good menu blan-ning. Just ask for the Natrition Chart. Address C. Honston Goudia, 6 East 39th Streat, New York City.

A quart of milk yields more than an ounce of pure protein of the highest quality. Moreover, nutrition authorities hold that under normal conditions, it is the most completely digested and absorbed of all food proteins.

-+-Milk for Minerals

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8

8

As a source of calcium, milk is indispensable. Without milk, it is practically impossible for the body to obtain enough of this captain of the minerals for normal skeletal development.

It has been estimated that when the calcium requirement is met through the use of milk, the need for phosphorus will also be adequately provided.

Though milk is not as good a source of iron as of calcium and phosphorus, the iron is present and in a form that can be easily utilized by the body.

-+-Milk for Vitamins

Milk is so rich in vitamins A. and G, that the addition of a quart of milk daily to a good mixed diet practically guarantees against a deficiency of either of these precious substances which promote growth, help build resistance to disease, prolong the prime of life, and help to ward off old age. It also furnishes a considerable amount of vitamin B, which promotes appetite, aids digestion and helps to prevent a nervous disorder.

Milk contains a relatively small. amount of vitamin D, but this can be remedied in both bottled and evaporated milk by irradiation, or the addition of a vitamin D concentrate. It is less dependable as a source of vitamin C than any other vitamin, as the amount it naturally contains varies with the diet of the cow and is reduced by pasteurization or evaporation. This deficiency is easily made good, however, by adding to the diet fresh fruits and fruit juices and raw leafy vegetables.

In Praise of Milk Producers As milk is man's finest food, the men who are occupied with its production are engaged in the world's most important pursuit. They labor to provide the nation with a pure, safe, clean supply of

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the food that makes life worthwhile for children and helps to prolong life for adults.

Let no one say that milk is expensive. Rather let every homemaker come to realize that this magnificent food would be CHEAP AT ANY PRICE!

@ WNU-C. Houstor Goudiss-1038-10

THANKS TO THE VOTERS

TIN



The fact that I had no opponent in my race for reelection to the legislature doesn't lessen at all my appreciation for the splendid support the people of Donley County have given me. My main desire is to serve you, so please feel free to call upon me at any time.

EUGENE WORLEY State Representative

| Specials for Frid | ay and Saturd | ay |
|--|--------------------|-------|
| W. LEE O'DANIELS | FlourMeal -Co | offee |
| Fresh Cocoanut, cellop | hane bag | 230 |
| Red and White Hominy | , 3 No. 2 cans | 250 |
| Soap, Crystal White or | P & G, 6 for | 250 |
| 2 lb. Raisins 15c 3 M | eal Tea with glass | 150 |
| Red & White Juices, pr ato, 3 for 25c Red & | | |
| Seafoam guaranteed F | lour, 24 lb. | 640 |
| | | |

PASTIME THEATRE

Clarenden, Texas

HOLAS

Last Times Friday July 29 **Fred MacMurry in Cocoanut** Grove Alse Fox News

Saturday Only July 80 **The Ritz Brothers in** Kentucky Moonshine Also Magie Carpet Matinee 10c to all

10 25c

Night 10-15e Sat midnight show only July 30 Lloyd Nolan and Mary

> **Carlisle** in Hunted Men

Alse Color Cartoen 10 25c

Sun Mon Tues July \$1 Aug 1 2 Madeleine Carrell in Blockade

Also Fex News and Screen Song 10 25e

Wed Thurs Fri Aug \$ 45 Humphrey Bogart, Weaver Bros. and Elviry in

Swing Your Lady Also Our Gang Comedy

10 25e

Coming Attractions Louise Rainer in "The Tey Wife" Dick Powell in "Hellywood Ho-

tel" Matinees each day at 2 p. m. Evening shows at 8:00

COZY THEATRE

To the People of Donley Co. My Sincere Appreciation

I want to thank the folks of this county who supported m in the election for sheriff I wi de everything in my power t merit that confidence. I appr+ ciate beyond words your loga support, and to the folks wh voted against me. I want you t call on meany time I can be o service to you and I will give you the best I have in me. I hope in my humble way I can repay the follas of this county in some mea sure for confidence in me

Respectfully. Guy Pierce

To the Voters of Donley Co.

Older boys had rather win an which you by your vote reposed election than to lose it. but after in me. all I appreciate the friendship of every one in the county as much even new as I did when I won 6 ty, Texas years age I appreciate the treatment of these running against me and hope they feel the same toward me.

For the new judge who is to take the oath of office at the be ginning of 1989, . I hope his ad ministration of office will be pleasing and prefitable to the county as a whole The past 6 years have been rather difficult financially, but I hope for him that conditions will be better. So to every one who did and to every one who did not vote for me, I thank you for to me the

Very respectfully yours, 8 W. Lowe

Card of Thanks

Friends and citizens, I want to thank you personally one and all for your generous support in last Saturday's primary. The confi dence you vested in me will nev er be violated. My heart's de have done this er not. I will let sire is to be of some useful ser ven answer.

I very much appreciate the For Representative, Dist. 122 support and votes given me in the Democratic Primary Satur ay For the confidence thus xpressed in me in my efforts to scome your next Assessor-Ool ctor. I am grateful and glad. earnestly solicit your continued ciendship and support in the un off Primary Aug. 27.

J W (Jess) Adamson

To the Voters of Donley Co.

In return for the fine support and overwhelming vote of confi dence which I received at the For County Judge: July primary, I wish to extend my appreciation and thanks and Little boys had rather win a to premise you that I will de my marble game than to lose it best to merit the trust and faith

R Y. King

County Attorney. Donley coun-

To the Voters of Donley Co.

To have served you as I have and to have your approval, is the 8: highest bonor that can come to any man. It is with atmost sin cerity that I attempt to express to the people of Donley county, my deepest gratitude, and a pledge to serve you faithfully and efficiently as your County Clerk.

W. G. Word

friendship of all is just the same. To the Voters of Donley Co.

I want to take this means of thanking the people of Donley county for the support you gave me in the first Primary last Sat urday As your Tax Assessor and Collector for the past three and one half years, I have tried Results last week: te render a service that would meet with the approval of the public in general. Whether I

Political Announcements

Eugene Worley (Reelection)

For District Attorney: John Deaver (Ree'ection)

For District Clerk

Walker Lane (Reelection)

For County Tax Assessor and Collector:

> J. W. (Jess) Adamson Joe Bownda (Reelection)

R. Y. King

For Sheriff: Guy S. Pierce

(Reelection)

For County Clerk: W G. (Bill) Word (Reelection)

For County Treasurer: Mrs. Margaret V Thompson (Reelection)

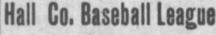
For County Commissioner, Pres.

Claud Nash (Reelection)

Gard of Thanks

I want you to know that I appreciate every vote that I received, and while I did not win the Democratic nomination for Assessor and Collector, I thank every one for your friendship. With best wishes to everyone.

Will Chamberlain



Hedley 18 Salisbury 3 Memphis 12, Childress 0 Parnell 7, Crossreads 5 Games this week:

| Brimfull Coffee, lb. 27c 3c return for jar Macaroni or Spaghetti, 6 for 25c Peaches, gal. 50c 8alt, 25 lb. 35c Everett Food Store | The Purple Vigilantes Also Chapter 10 of "The Painted Stallion" with Hoot Gibson Matinee 10c to all Night 10 15c | hope to be your faithful servant, J. C. (Coyte) Deherty | earnestly solicit your support in the second Primary Aug 27, and if re elected, the only promise I have to make is to serve as I have in the past Jee Bownds, Tax Assessor and Collector | Parnell at Childress NOTICE For Sale-pullets, white brow and buff Legherns and Minorca \$85 00 per hundred. Glarenden Hatchery Clarendon, Texas |
|---|---|--|--|--|
| We still buy your cream, poultry and eggs | Those visiting in the O R. Cul well home last week were Mrs. C O Adams and daughters, La nell and Coleen, of Dallas, Mrs. Jeyce Armstrong and daughter | | To the people of Donley county for the support given me in the July primary | NOTICE The Y W A girls will sell is cream Saturday. Proceeds wi go toward defraying expense |
| <image/> <section-header><section-header><section-header><text><text><text><text><text></text></text></text></text></text></section-header></section-header></section-header> | Joyce Armstrong and saughter of Ft Worth and Mr. and Mrs. A G. Culwell and son of Altus, Okia. Miss Vivian Adamson of Tur key visited relatives here this week end. A. B. McPherson and family of McLean visited in the L. A. Jamar home Thuraday and Fri day. Gee Goin and family of Good- night visited Mr. and Mrs. L. A. Jamar Sunday. For Sale-nice writing desk. See Don Hickey. I have opened an ice station at the Hedley Auto Supply and will appreciate a share of your busi- ness. Glendon Cherry Old Settlers Picnic The old settlers pienic will be id this year on Aug. 19. Water for further announcements. Revival To begin, the first Sunday in August, at the Methodist Church | bome last week | Mrs Margaret V. Thempson S THE WHOLE U.S.A. AND oil all the time. You can | to the Baptist encampment. |