## Sterling City News－Record

VOL． xv ． HISS SUCCESSFUL


BILL IS $\$ 25,000,000$ DAIIY

## Ivir CPPTURE SOUCHEZ <br> and



| Feel All Used Up？ | $\left\lvert\, \begin{aligned} & \text { THING THAT MIGHT HAPPEN } \\ & \text { Skeptics，However，Will Want Affida－} \\ & \text { vit That Old College Chums Took }\end{aligned}\right.$ | $\left[\begin{array}{c} \mathrm{DO} \mathrm{YOU} \mathrm{NEED} \\ =\mathrm{HELP}=7 \end{array}\right]$ |
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＂DEAR MOTHER：－A good thing to send would be a package of Grape－Nuts or something of that kind that is not expensive or heavy and is of good food value． Your son，WILL．

## Foon ac Candian，olidicie at the batile fornt

Wherever hardships are endured，wherever big deeds are accomplished，there a food is demanded that provid
material with minimum of bulk．

## Grape－Nuts <br> 

 In building the Panama Canal thousands of brain workers as well as brawnworkers kept themselves fit and in trim by eating Grape－Nuts dry from the package． Not only does Grape－Nuts supply all the brain－and bone－building，nerve－and muscle－making elements of choicest wheat but also the rich nutriment of malted barley．

Grape－Nuts is highly concentrated nourishment in compact form－always ready， crisp and delicious－thoroughly baked and packaged to keep indefinitely，anywhere．

Wherever time is precious and sound nourishment vital you＇ll find Grape－Nuts．
＂There＇s a Reason＂
Sold by Grocers everywhere：





THE EUROPEAN WAR A
YEAR AGO THIS WEEK

## COULDNT STAND

 | to Health by Lydia E. Pinkham's Vegetable
Compound.


Just Once! Try "Dodson's Liver Tone" When Silious, Cy
pated, Headachy-Don't Lose a Day's Work

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