

STERLING CITY NEWS-RECORD

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NO. 8.

GALE SWEEPS AMERICA

NORTHWEST GALE AIDS FIRES IN VARIOUS PLACES—TEXAN, BRIDEGROOM OF ONE DAY BURNED TO DEATH.

FIRE AND WIND HAND-IN-HAND

Seventeen Fire Alarms in Dallas Within Two Days—Terrific Sandstorms in Panhandle.

Dallas, Jan. 30.—The northwest gale and many fires fanned by it caused great damage during the past two days in Texas and Oklahoma. One death was due to fire that undoubtedly might have been extinguished, had it not been for the high wind. T. V. Littlejohn, son of B. D. Littlejohn, who lives near McKinney, Collin County, Tex., was married Thursday at Davis, Ok. With his bride, Mr. Littlejohn was at a boarding house at Ardmore, Ok., when that structure caught fire before daylight yesterday morning. Mrs. Littlejohn was rescued, badly burned, but her young husband's body was not recovered until it had been burned to a crisp. The young matron was hurried to a hospital, where she is today in a dangerous condition, although it is said she will possibly recover. Mrs. Littlejohn was Miss Maggie Robertson, of Sulphur, Ok. They had intended visiting his father in Texas before proceeding on a wedding trip to the Gulf country.

In Dallas within two days, and up until last night, there were seventeen fire alarms. The total loss has been estimated at \$19,850, confined to residences and barns. Four residences burned yesterday at Grand Saline. The flames spread because of the wind. The grain elevator at Bison, near Kingsfisher, Ok., with a quantity of corn in cars on the railroad track, burned, causing a loss of about \$25,000. In the Glenn oil pool, near Tulsa, Ok., the damage is probably \$50,000, by reason of the wind's having leveled many derricks. The wall of a hotel was wrecked at Muskogee. Fifty derricks are down in the oil field near Kefter, Ok.

Seven Buildings Burn at Oklahoma City.

Seven buildings, including the plant of the Daily Oklahoman and the Case machinery warehouse at Oklahoma City, burned yesterday, causing a loss of more than \$200,000. The newspaper's home went up in smoke during the forenoon. Arrangements were at once made for temporary headquarters, and the publication hopes not to miss an issue. The Case warehouse was gutted by the flames during the afternoon. Other fires of the day at Oklahoma City ranged from daylight until after dark. The loss to the newspaper is estimated at \$60,000 partly insured. The Case warehouse loss is probably \$100,000.

Twelve fire alarms in the space between sunrise and sunset was the record at Houston, but despite the heavy wind that prevailed at the time, the fire department of the Magnolia City succeeded in making successful battle against the flames, and reports from that place were to the effect that the losses had been insignificant.

In the Texas Panhandle the sandstorm was terrific. So far as reports were received, in the face of the badly demoralized condition of wires in many sections, the gale was followed by a cold wave that embraces the entire Southwestern country from Kansas to Southern Texas and across to the Territory of New Mexico.

Plains Country in Grasp of Terrific Storm

Washington, Jan. 30.—In the grasp of a storm that is sweeping eastward, with increasing severity and extent, is the condition of almost the entire country this side of the Eastern Rocky Mountain Slope. Rain, snow and sleet are falling and high winds and gales are blowing in all these States, and shipping on the Atlantic Coast, all the way from New York to Jacksonville, and along the Mexican Gulf Coast, has been warned of the advancing storm, which is preceded by rising temperatures. A cold snap follows in the wake of the storm.

WATERS-PIERCE CASE MANDATE.

Order for Collection of \$1,623,900 Fine May Be Made by Court This Week.

Austin: It is not improbable that the mandate of the supreme court, ordering the state receiver of the Waters-Pierce Oil company to proceed with the collection of the \$1,623,900 fine assessed that concern by a Travis county jury, will be issued this week. However, the court may wait for the thirty days, which its rules allow, before officially concluding the case. The expected motion for rehearing has not yet been filed by the company, but beyond a doubt it will. Such a motion can not have the effect of staying execution in the case, but it is not formally made.

NEWS FROM OVER TEXAS

Cotton conditions in Childress county have taken a turn for the better in the last ten days, and it seems that the crop will do 10 or 15 per cent better than was expected a month ago.

The Fort Worth delegation was bitterly disappointed Thursday when Denver was chosen as the next meeting place of the American National Live Stock Association now in session in Los Angeles.

Ellet Dearing, aged 49, a conductor on the Texas and Pacific, died Sunday morning in St. Joseph's infirmary in Fort Worth from injuries sustained at Thurber some three hours before his death.

The State bank of Carlton, Hamilton County, Texas, sixteen miles east of Dublin, was robbed Friday night of a sum estimated at \$10,000. The robbery occurred shortly after midnight, the vault and safe being blown open with nitroglycerin.

An enthusiastic mass meeting was held in McKinney Wednesday night, the purpose being to inaugurate a county-wide campaign looking to the location of a branch of the A. & M. college at some point in Collin county. It transpired Sunday, when the Galveston Wharf Company and Langbehn Bros. made a more careful inventory of their fire losses at Pier 12 on Friday night, about \$500,000 went up in smoke, with the destruction of the wharf.

The W. P. Soash Land Company of Waterloo, Iowa, has just closed a deal with Col. C. C. Slaughter of Dallas for 170,000 acres of land lying just north of Big Springs, in Howard, Dawson and Martin counties. It is learned that the deal involved about \$2,000,000.

According to the best information obtainable the explosion of a night watchman's lantern in the office of pier 12 Friday night brought about the most destructive waterfront fire in the history of Galveston and furnished a spectacular conflagration. It is estimated that in round numbers \$424,000 went up in smoke.

The North Texas Field Trials Association trials began in Fort Worth at 10 o'clock Monday morning and will continue five days. Among the sixty-nine dogs entered for the events are some of the most famous canines in the United States, valued at \$1000 or more. Two purses of \$500 each have been hung up by the association.

Among those not fully acquainted with the situation, there is a belief that the cattle supply of Texas has been greatly diminished by the breaking up of many large Western Texas ranches, and that the cattle industry is on the wane. While it is true that there has been a decrease in range and stock cattle of 194,000, this has been more than offset by an increase of 525,000 milch cows, showing a net increase of 332,000.

Details of the course of study and personnel of the faculty for the summer school at the A. & M. College have been agreed on. The courses in agriculture are so grouped that related subjects may be completed within a period of two weeks. This arrangement is for the purpose of enabling farmers who may find it inconvenient to be absent from home for a longer period to spend two weeks in the study of subjects in which they are especially interested. Subjects named in Group 1 will be taught during the first two weeks of the session; those in Group 2 during the second two weeks; those in Group 3 during the third two weeks and those in Group 4 continue during the entire session of six weeks. The subject of cotton classing will be taken up July 1 and continued four weeks. Those interested should write the college for full particulars.

After figuring up the number of enlistments at the army recruiting station in Dallas, Friday, Lieut. William E. DeSombre, recruiting officer, found that thirty men had been accepted so far this month, out of a total of seventy applications.

Fire, caused by explosion of gasoline under a coffee urn in the cafe on the first floor of the Southern hotel, in Fort Worth, Tuesday, cost four lives, many had narrow escapes from death, several were injured and many faced death in rescuing guests.

A Oswald, representing the owners, J. E. Broussard and B. H. Hebert, Saturday closed a deal for the transfer of E. M. Prindle and A. B. Gregory of White Hall, Ill., of 13,000 acres of improved and unimproved rice land on Taylor's Bayou near Beaumont. The price is \$200,000.

Charles A. Vedder of John D. Rogers & Co., of Galveston, has been appointed by Secretary James Wilson of the agricultural department, in Washington, as one of the commissioners to discuss the standardization of cotton classes and grades.

The false work supporting a span of a new bridge being constructed across the Brazos river west of Marlin gave way Monday and a large force of men were hurried into the water about forty feet below. Several were severely injured.

THE WEEK'S EPITOME

A RESUME OF THE MOST IMPORTANT NEWS AT HOME AND ABROAD.

NEWS FROM EVERYWHERE

A Carefully Digested and Condensed Compilation of Current News Domestic and Foreign.

WASHINGTON NEWS.

Mr. Randell has introduced a bill in Congress to appropriate \$62,500 more for the erection of the Federal building at Sherman. The original amount was \$55,000.

Mr. Beall has introduced a bill in Congress looking to the enlargement of the postoffice building at Dallas. The bill provides for the purchase of additional ground east of the present building.

As soon as he could get the floor Friday, Representative Rainey, of Illinois, read to the House the telegram which he received from Charles P. Taft, in which the brother of the President-elect denied that he had ever had any business association with William Nelson Cromwell or any interest at any time in the Isthmus of Panama.

Charging that William Nelson Cromwell, Roger L. Farnham, Charles P. Taft and others are parties to the "most infamous railroad proposition ever submitted to any government" and that they are "being permitted not only to rob the Republic of Panama, but indirectly the Treasury of the United States," Representative Rainey of Illinois Tuesday, in Washington, directed the searchlight of publicity upon affairs in the Canal zone in a startling speech in support of his resolution providing for an investigation by congress of the Panama canal purchase.

It was reported Tuesday that the sub-committee of the senate judiciary committee in Washington, which, in obedience to the Culberson resolution, is investigating the circumstances of the absorption of the Tennessee Cuff and Iron company by the United States Steel corporation, has concluded that the task is one of such magnitude as should be turned over to the full committee.

Compulsory installation of wireless telegraphy equipment on all ocean-going steamships carrying passengers is provided in a bill introduced in the house of representatives in Washington, Tuesday, by Congressman Burke of Pittsburgh.

There is a rumor in Washington that President Roosevelt has requested Judge Peter S. Grosscup to resign. Judge Grosscup, it will be recalled, is the presiding judge of the circuit court of appeals which reserved the decision of Judge Landis in the Standard Oil case.

The postal savings and the omnibus claims bills were before the Senate Monday, for discussion and amendment, but no substantial progress was made on either measure. Amendment was made to the saving bank bill, limiting to \$500 the amount of the deposits of any one person and fixing the rate of interest to be paid at 2 per cent.

The house committee on territories in congress, it is expected, will report a bill giving statehood to New Mexico and Arizona. The house will pass it, according to the present plans, and then the bill will enter Senator Beveridge's committee on territories, whence it won't emerge during this session of congress.

DOMESTIC AND FOREIGN NEWS.

The proposed six-round bout between Joe Gans and Young Ernie, scheduled at Philadelphia for Feb. 10, has been called off, owing to the illness of Gans.

What promises to be a revolution in train dispatching will be inaugurated by the Rock Island. It is proposed to use the telephone instead of telegraph lines.

Dirt was broken Thursday grading the interurban line between Mt. Pleasant and Red Mineral Springs, one mile southeast of town.

One of the most attractive features of the Fort Worth stock show last year was the horse show under the management of W. W. Galbreath. The horse show will be repeated this year on a larger scale and with many added premiums.

For the purpose of selecting a suitable site for a three-story building to be erected by the labor unions of the city a committee was appointed at a meeting of the Trades Assembly Friday night, at Fort Worth.

Citizens in mass meeting assembled Monday night pledged a bonus of \$17,000 to be given the railroad company to build from Tolar to Lipan.

Weather Observer Landis of Fort Worth has asked for bids on a building to be erected in Abilene, Texas, in which the weather bureau will be established.

There is beginning to be some talk of a base ball league in the section of the State, to include Brownwood, Coleman, Ballinger and San Angelo.

President Roosevelt declared to callers Monday that after his return from Africa, where he intends to spend a year, he expects to go West and live there most of the time.

In fog off Nantucket, Mass., at dawn Saturday, the Lloyd liner Florida (to New York from Naples) crashed into the White Star steamer Republic and six lives were lost.

The Union Pacific passenger train No. 5, known as the Oregon Express, struck a broken rail near Dana, 150 miles west of Cheyenne, Wyo., Tuesday afternoon and was wrecked. Two persons were killed and many seriously injured.

Governor Patterson of Tennessee is expected to send to the senate his veto of the bill prohibiting the manufacture of liquor after January 1, 1910. That the bill will be passed over his head by both houses is a foregone conclusion.

Wall street was surprised Monday by the announcement that Sidney C. Love & Co. one of the largest brokerage houses in the country, with offices in New York, Chicago, Minneapolis and St. Louis, had decided to retire from business.

Three men were killed and ten others injured, three of whom it is thought will die, in an accident on the incline railway leading to the mine of the Piedmont and Georges Creek Coal Company on the mountainside, near Piedmont, W. Va., Monday.

At a meeting held by the stewards of the racing association of El Paso, Wednesday, it was decided to extend the present meeting not less than fifteen days, and as a result over 150 more horses are expected to arrive here during the next week.

Two women and 200 men are for sale in New York. They declare they will work for nothing for any one who will guarantee them food, shelter and enough clothes to keep out the cold.

More Southern troops will be in line in the Taft inauguration ceremonies on March 4 than have been in Washington since Grover Cleveland was inaugurated the first time, according to the preparations that are being made.

President-elect Taft, Friday made his eighth trip across the Isthmus of Panama. With his party Mr. Taft landed Friday morning at Colon and proceeded by special train to Colobara, where he is quartered at the residence of Lieut. Goethals, chairman of the Panama Canal Commission.

Jose Miguel Gomez was inaugurated first president of the re-established Cuban republic at a few minutes after noon Thursday, and the American control of insular affairs came to an end with the departure of former Gov. Magoon and all the provisional officials.

The government entomologists located in Dallas are confident that the days of the boll weevil are short, both in Texas and in the latest scene of attack in Louisiana and Mississippi. With the aid of favorable climatic conditions in the affected portions of Texas the ravages of this pest will soon be a thing of the past.

Congressman J. E. Ransdell of Louisiana, president of the national rivers and harbors congress, in addressing the Traffic club of Chicago Wednesday, pleaded for the support of the railways in securing more and better waterways and advocated a bond issue sufficient to secure \$50,000,000 a year for the purpose of improving rivers, harbors and canals.

Demonstration of one of the greatest achievements thus far reached in aerial locomotion was given Wednesday when Mark O. Anthony, a New York electrical engineer, sent a small dirigible balloon seething about through the air by means of power, making it perform all sorts of evolutions and having the air craft at all times under perfect control. By actual performance, he demonstrated for the first time that the long sought for secret of propelling airships by wireless electricity has been discovered.

Fifteen persons were seriously injured and a score of other passengers more or less bruised by the derailment of a portion of a train on the Southern Railroad, bound from Evansville, Ind., to Louisville, Ky., Thursday.

A special dispatch received in London from San Sebastian, Spain, says that a terrible earthquake has devastated several towns and villages in South and Southeastern Spain. A tidal wave partially submerged the coast near Barcelona, and a great landslide at Ceuta buried the village of Romara and several hundred inhabitants.

Telegraph service to points west and north of Chicago was almost completely severed Friday by the worst storm of the season.

The report of the sub-committee to the full rivers and harbors committee in Washington, will recommend that a new survey be ordered for the inland waterway from the Mississippi to the Rio Grande, the whole project to be considered as of four sections. The survey will be for a depth of 9 feet and a width of 100 feet. The existing project is for a depth of 5 feet and for a width of 40 feet.

CHARGES OF ROBBERY

CONGRESSMAN RAINEY ATTACKS ATTORNEY CROMWELL, R. L. FARNHAM AND C. P. TAFT.

PANAMA REPUBLIC "VICTIM"

Illinois Representative Says "Most Infamous Railway Proposition Ever Submitted to Any Government."

Washington, Jan. 27.—Charging that William Nelson Cromwell, Roger L. Farnham, Charles P. Taft and others are parties to the "most infamous railroad proposition ever submitted to any government" and that they are "being permitted not only to rob the Republic of Panama, but indirectly the Treasury of the United States," Representative Rainey of Illinois Tuesday directed the searchlight of publicity upon affairs in the Canal zone in a startling speech in support of his resolution providing for an investigation by congress of the Panama canal purchase.

"In their efforts in this direction," he continued, "they have had so far the complete co-operation and active assistance of the present administration and of the next president of the United States."

Mr. Rainey traced the history of the proposed canal for 100 years back and warned "that we have already started in the direction of the rocks upon which the French companies were wrecked."

Packers Will Use Cotton.

Fort Worth: A letter has been received at Farmers' Union headquarters from the Armour company at Chicago in which the packers in reply to a letter asking that they substitute cotton twine and bagging for articles used by them now made from jute and hemp, said that they were going into the matter and have already begun the use of cotton twine since receiving the letter from the union, being in full sympathy with the movement.

Oklahoma Banking Law in Demand.

Guthrie: Senator Roddie, author of the amended banking bill, has sent copies to the New York legislature, where a bill guaranteeing bank deposits has been introduced. The New York bill is drawn to conform with the present Oklahoma law, which, after a year of experience, had shown the need of amendment. Legislators of other states have requested copies of Oklahoma's new banking law also.

The Trial of J. W. Wright.

Rusk: In the district court Monday the case of the State of Texas against J. W. Wright, former financial agent of the penitentiaries, was called, in which the defendant is charged with violating the nepotism law enacted by the last Legislature, by appointing his brother-in-law, Dan McCloud, to the position of shipping clerk at the State sawmill.

Wreck off Nantucket.

Nantucket, Mass.: At dawn Saturday the Lloyd liner Florida (to New York from Naples) crashed into the White Star steamer Republic. Four persons were killed and two others injured. The Republic sank while being towed to the harbor by the White Star steamer Baltic, which stood by the disabled ships and the 1650 passengers on the two ships were transferred to her. The collision was caused by a dense fog which threw the Florida some distance off from her course.

New Observatory at Abilene.

Abilene: Bids have been asked for the erection of a building for the weather bureau in this city. The building will be a two-story brick structure, and will include living apartments for the observer in charge.

After Land Grabbers.

Portland, Ore.: The United States government filed thirty-five suits against the Oregon and California railroad company, the Southern Pacific company, the present owners of the Oregon and California railroad and more than 100 other individuals and private corporations Saturday. These suits are to recover from the railroads and other grantees an aggregate of 353,288 acres of land within the old Oregon and California land grant in this state. The lands are valued at \$15,000,000.

Pierce Not After Midland.

"No, H. Clay Pierce is not after the Texas Midland," said President E. H. R. Green of the Texas Midland Monday. "The road is more than 400 miles from any connection with the other roads in which Mr. Pierce is interested. It would not serve as any sort of a connection."

Gatesville: Monday morning shortly before 11 o'clock Dee Hinson, a young man who resides near this place, was shot and seriously wounded in the grocery store of T. C. Poits.

GOVERNOR'S FATHER DEAD.

Passes Away in Sanitarium in Dallas Thursday Morning.

Dallas: While the chief executive of the state of Texas was speeding northward from Austin, his father, T. D. Campbell, died at 12:40 o'clock Thursday morning at St. Paul's sanitarium. More than 78 years of age, Mr. Campbell, who was stricken with pneumonia while visiting friends in Dallas, was not able to withstand the attack. Both lungs were affected from the beginning and it was conceded on Tuesday evening when he arrived at the sanitarium that his end was a matter of hours.

Fuller's Earth Mine Found.

Waxahachie: The bringing in of an oil well or gasser would hardly create more interest than has recently developed in the Boyce country by the discovery of several large deposits of fuller's earth near that town. The first bed of this mineral was found about four months ago one mile southwest of Boyce. After a chemical analysis was made of the substance a company was formed for the purpose of mining and milling the product for the market. Machinery was purchased and a plant established.

English Rulers Plan Trip.

Madrid: It is announced that King and Queen Alexandra will visit Villa Garrison on board the royal yacht Victoria and Albert on Feb. 16. King Alfonso and Queen Victoria will receive the royal visitors. There will be a royal banquet and excursions to the surrounding country and to Cortegada, where King Alfonso has built a palace. A British squadron will convey the Victoria and Albert, and French, Italian and German fleet divisions are also expected to arrive at the same time.

Deputy Sheriff Assassinated.

Alexandria, La.: Deputy Sheriff J. Willis Lacaze, aged 33 years, was shot and killed from ambush at 2 o'clock Sunday morning at Woodworth, this parish. A negro celebration was being held near Woodworth and Deputy Lacaze was deputized to attend and keep the peace. He left to go home about 2 o'clock and was assassinated. No arrests had yet been made Monday morning.

Commissioners and Judges Meet.

Fort Worth: The County Judges and Commissioners' association of Texas met in semi-annual session in the county court room Thursday morning at 9 o'clock. Judge John L. Terrell of Tarrant county will deliver the address of welcome and the response on behalf of the association will be made by Judge Hiram F. Liveley of Dallas, who is president.

Bridge Falls; Three Hurt.

Marlin: The false work supporting a span of a new bridge being constructed across the Brazos river west of Marlin gave way Monday evening and a large force of workmen were hurled to the water, about forty feet below. Three of the workmen were seriously injured.

County Judges in Session.

Fort Worth: Elaborate preparations have been made for the thirty-fourth semi-annual meeting of the Texas County Judges and Commissioners' Association which will be held in this city January 28 and 29 of the present week.

New Round House For Bonham.

Bonham: Texas and Pacific Railway surveyors were here last week surveying a site for a new round house, as the old one is getting too small to handle the number of engines now in use. The new house will have either nine or twelve stalls.

Plans For New Building.

Abilene: Plans and specifications have been received by the local observer here for the erection of a new Weather Bureau building.

U. S. Marines Leave Cuba.

Havana: The last of the marines sent to Cuba as part of the American army of pacification sailed out of Havana harbor Sunday afternoon on board the naval transport Prairie for Newport News. This last detachment consisted of 400 men and officers.

New Church at Graham.

Graham: The new Baptist church in Graham is practically complete. It is a handsome structure, built of pressed brick, and has been erected at a cost of \$10,000.

Sulphur Springs Enterprise.

Sulphur Springs: Having for its object a greater Hopkins county, the Sulphur Springs Commercial club has been organized by some of the liveliest of the live wires in the ranks of the young business men of the city Wednesday.

Mine Explosion Kills One.

McAlester, Ok.: An explosion occurred Wednesday in Bolen-Darnell mine No. 4 at Craig, by which one man lost his life and several were overcome by gas.

W. F. Kellis, Editor and Proprietor.

Entered Nov. 10, 1902, at the Sterling City postoffice as second class matter.

ISSUED EVERY FRIDAY AT STERLING CITY, TEXAS.

Subscribers failing to get their paper on time, will confer a favor by reporting same to us.

DON'T FORGET the fact that we must have more room in the school building.

County Court convened last Monday. Judge Patterson swore in the jury, and in the next breath said: "Gentlemen of the jury, you are dismissed for the term. Mr. Sheriff, adjourn court."

Say, bud—you—if you don't stop that way you have of going to church and sitting on the back seat and engaging in some ungentlemanly conduct, you are going to have the sheriff for an escort down town some of these times.

That's alright, bud, you have a right to sit on the back seat if you want to. We all can't sit on front seats in the amen corner, but for the sake of common decency, behave yourself while you are there.

There is something wrong about this complaint they are raising about you, bud. The preacher is either a failure in the matter of interesting his hearers, or you fail to exhibit the breeding of a bound pup.

If you can't go to church and be a gentleman, don't go; because it will make people think you have had no raising, and make your parents ashamed of you.

ABSTRACTS

After several years of tedious work and great expense, I have compiled a complete abstract of title to every tract of land and town lot in Sterling County, Parties wishing abstracts made to land can obtain them on short notice by applying to me at my office in the court house, or by writing or phoning me at Sterling City.

J. S. Cole, Abstracter

"CONSISTENCY, THOU ART A JEWEL"

(A sermon by the Editor)

The Garden City Gazette says: "Somebody somewhere at some time and in some place has been selling somebody's boy some tobacco, and that somebody needs to have that some boy's dad come around, give some officer some business to do for that somebody acting as though some of our laws were not correct and needed some one to declare some of them wrong."

Yes, that's alright. It is unlawful to sell tobacco to boys under a certain age, and he who violates this law ought to be punished—ought the boy. Did it ever occur to you that until the boy bought, the seller could not sell?

Then, if the seller violated the law, did not the boy do half the job? Are they not equally, morally wrong? But we punish the seller and let the buyer go free. "Some boy's dad, somewhere, at some time and some place," after giving "some officer some business to do for that somebody" ought to take that boy out to the barn and there kneel down on a bale of hay and ask God Almighty to give his soul and good right arm strength to perform his Christian duty, and God would direct him, yes, even as he did Solomon in these matters, and the spirit of righteousness and wisdom would work mightily upon his soul and his good right arm would wield a leathern girdle up and down upon that boy's back—low down—and wisdom would enter therefrom up into the boy, so that he would lose the taste for the weed and would buy no more.

This everlasting howl against the vendor of the devil's dope, and letting the man at the other end of the string pose as a victim, is the thinnest piece of logic that has ever been invented by anyone who took three thinks. If a boy falls in the creek and is drowned, who is there to say that the creek should be filled up? If a man buys an ounce of carbolic acid from a druggist and drinks it and becomes an angel, who is there to lay the blame on the druggist? If a nigger buys a razor from a hardware merchant and slashes another coon with it, where is the man who will lift a finger against the hardware man? But if a boy buys a package of tobacco from a grocery man, and smokes it until his hide looks like leather and his lungs become a factory for making shrouding buttons, we hold the fool boy up to the world as a poor, innocent victim of the snares of the vile groceryman. If a young man slips around the corner and buys a pint of the devil's fluid extract of hellfire, and then proceeds to rot out his stomach and brains by pouring it down his fool neck, and then goes over town acting like a crazy hog, it is then that we hold up to the world this poor, nasty fool as a poor, innocent victim of the traps laid by the "bootlegger," and split a lung singing "O Where is My Wandering Boy Tonight," and go after the "bootlegger" like a biting hog. It never, for a moment occurs to us that the "bootlegger" and this young man are equal partners in this deal, and one is as much to blame as the other; that if the young man was led from the paths of rectitude, he furnished the string by which he was led. Instead of holding this victim (I) up as an injured innocence, pulling and slobbering over him in pious hypocrisy, it never occurs to us that he, and all of us, would be far more justified and benefited if we would hold him up to scorn, and ostracize him, and make him realize that he is as guilty—if not in law, at least in morals—as is his partner in this iniquitous deal.

Your zeal against these two classes of sellers, we lose sight of the fact that we make a scapegoat of them by laying the sins of the buyer at their door, and there-

by encourage the buyers of these evil things to go forth and do, for when their acts are made public they know we will hold them up as victims and not as particeps criminis. In my opinion, the "bootlegger" is as much, if not more, a gentleman as the man who buys his wares; for it is a bread and meat proposition with him and it is not with the man who buys. If I had both these parties in a bag and had guess which one would come out first when I shook it, I would lay my picket on the buyer every time, for he is the bigger rascal of the two.

SAN ANGELO CHALK EATERS

San Angelo claims more than 13,000 people, and we reckon she has that many. But how the deuce do they live? Some are too well raised to eat sheep, and there are not enough cattle to feed that many people. We have heard that they are chalk-eaters and it

O K GRAIN STORE AND WAGON YARD. If you want your team fed, take them to the O K. If you are the market for any kind of Grain or Hay, in any quantity, you had best get prices at the O K before buying. Telephone No. 41. R. H. LAYNE, PROP.

DR. BROILES. THE GREAT MEDICAL DOCTOR. OLDEST IN USE AND MOST LOCATED. REGULAR CONSULTATION IN MEMPHIS. WE OFFER YOU THE LARGEST AND MOST RELIABLE DISPENSARY IN THE SOUTHWEST.

is a well known fact that chalk abounds around San Angelo. But will chalk sustain life? Well, the death rate is a little heavy, but we suppose it may sustain life after a fashion.—Bannock County Ledger.

It's alright, boys, to "josh" each other about your respective towns, but you ought not to carry it too far. The Ledger would not for a moment have a stranger think that there was any semblance of truth in that "chalk-eater" story, because it is only forty miles from Ballinger to San Angelo, and it would do Ballinger no good to advertise the fact that she is within forty miles of a town whose inhabitants subsist on chalk and the "death rate is a little heavy."

Both Ballinger and San Angelo are good, live towns, with San Angelo in the lead; and it does Ballinger no good to speak of San Angelo as "old chalky" and San Angelo refer to Ballinger as little "red sandy."

Speaking about there not being cattle enough to "feed that many people," we want to say that if Ballinger and San Angelo ever run short on cattle, just tell your troubles to Sterling, for she has enough cattle to feed the people of both towns and all their kin folks till the millennium.

HAVE YOUR LAND SURVEYED

A proper survey and field notes of a tract of land is just as essential to the title to it as a deed. In fact, to deed a tract of land gives a perfect title without a proper description of the premises, and no proper description can be given without giving the names and bounds of the land.

When lands sold for a song, people did not take the trouble to have it surveyed and field notes put of record, but the day has come when every buyer, who knows his business, will not take a paper survey, but will require a survey to be made on the ground according to law.

My office is supplied with official maps and field notes of every survey in the county, so that you need not send to Austin for them, as I can supply you in much less time than it would take to

WALKING ON WATER IS EASY.

When a Person Knows How He Can Travel Long Distances. Man has learned to travel down snow-covered mountains in safety by use of the snowshoe or ski; he can skim over frozen surfaces on skates, but he has not fully learned to wing the air, nor could he until recently tread the waves.

A pair of aquatic shoes has been constructed which enables its wearer to walk on the water as easily as a ship sails the sea. "Canal boats," for sure, are these water shoes; but when a foot is slipped into each and the wearer gives a slight lurch forward with the body and a deft push with first the right foot and then the left and the shore begins to slip behind him as if he were wearing the famed seven-leagued boots, size is of no consideration. A long pull, a strong pull, first with one foot and then with 't'other and he is slipping down stream as easily and positionally and as noiselessly as sneaks the Indian in his birch bark canoe.

Lieut. Arthur T. Sadler, of the United States volunteer life saving crew at Charlestown, Mass., is the discoverer of this new sport and he is also the inventor of the novel boat shoes. "Foot craft," he calls his invention, and his call, "Come on, boys, bring out the craft and have a 'tread,'" always produces a hearty response, for the sport has found favor with all who have tried it. The shoes are light and the very newest are much shorter than those first put on the market. A "carry" with this, or, more correctly speaking, these novel craft is much easier than with even the lightest canoe.

Mr. Sadler has proved that his water shoes are perfectly manageable. He can turn directly about in them, round a bend in the river with ease, pull a long stroke or take a short step, stand perfectly still or slide along with the tide at will.

His latest trip has been two miles in tide water, but he declares that there is no reason why eight or even ten miles could not be accomplished at a stretch without fatigue.—Technical World Magazine.

NOTICE

By virtue of authority vested in me by law, notice is hereby given that on the 8th day of February, 1909, at a regular term of the Commissioners Court of Sterling County, Texas, bids will be received by said Court from any incorporation, association or individual banker as the depository of the funds of said Sterling county. Any banking corporation, association or individual banker desiring to bid for said depository shall deliver to me, on or before the first day of said term of said commissioners court, a sealed proposal, stating the rate of interest which said bidder offers to pay on the funds of said county for the next two years. Said bid shall be accompanied by a certified check for not less than one half of one per cent of the county revenues of the preceding year as a guarantee of good faith on the part of the bidder.

The court reserves the right to reject any and all bids.

It is hereby ordered that this notice be published in the News-Record, a paper published in Sterling county, once a week for at least 20 days before the commencement of said term of said Commissioners Court.

A. V. PATTERSON, Judge, Sterling Co.

SEEDS SOLD ON HONOR. Our new 1909 catalog with 128 Enchely Hints treated pages is now ready and will be sent free upon request. It fully describes the best seeds and plants for the Southern Grower. High bred Cotton Seed, Alfalfa Seed, Water-melons, Seed, Seed Corn, Beans and all kinds of plants for House and Lawn are our specialties. Oldest seed house in Southwest, 38 years of successful seed raising. Write tonight for catalog. Robinson Seed & Plant Company, 218 PACIFIC AVE., DALLAS, TEXAS.

Wanted—An Idea. You can think of a better idea than any other thing to give to the world. Write JOHN WIDDEBURN & CO., Patent Attorneys, New Orleans, La. for their plan and see how it will benefit you.

FOR SALE. 40 head of graded angora goats, 1 double disk plow, 1, 94 tooth harrow—both good as new 4 good work mules all at a bargain. J. B. Buckner, Sterling City, Texas. 1f

BULLS FOR SALE. I have ten or twelve, coming two's, high grade Hereford bulls for sale. Phone or write, R. W. Foster, Sterling City, Te;

FOR SALE. A Canton disc plow, good as new and in splendid running order. A bargain for \$35. Will take trade. H. K. RAY

For Sale—A lot of laying hens at 30c each. Call at this office.

PIGS FOR SALE. I have 18 Berkshire and Poland China pigs for sale at my ranch. Will be ready to wear by December 1st. J. B. BUCKNER.

FOR SALE. 240 acres of good valley land for sale at \$10 per acre, cash. Apply at this office.

For Sale—Four, one-year-old billies, from high grade Angora nannies and registered Montana Angora billy, at a bargain. Call, telephone me at once. R. W. Foster, Sterling City.

White, rose comb Wyandotte eggs for sale at \$1.00 for 15. Mrs. S. Poyner, one and one-half mile west of Sterling City, Texas.

For sale—Two young full blood Brown Leghorn roosters, at 50c each. Call at this office.

For Sale—At a bargain, a light second hand buggy, also a good wood and coal heater. See Dr. Baskley.

For Sale—5 spans of coming 3-year-old mules, average 15 hands and promise 16 hands when grown. Well matched. Price, \$250 per span. W. R. Davis, Sterling City, Tex.

LOST—Dug 4 on Colorado road between Sterling City and the springs a gold watch, size 16 with Elgin works. "A M S" cut in back of case. On return of watch, finder will receive a suitable reward. T. S. Foster, Sterling City, Tex.

Do you want to make money? You can make it by selling or exchanging your property. You can do this by sending a complete description, price, terms, etc., to us. We are action getters. BURK REALTY CO., SAN ANGELO, TEXAS

A GREAT OPPORTUNITY. The Twice-a-Week Republic Now for 50 Cents Per Year.

The Twice a Week Republic, of St. Louis has reduced its subscription price from \$1 per year to 50 cents. This is one of the oldest and best semi-weekly news papers published in the United States, and at the price of 50 cents per year no one can afford to be without it. For 50 cents you receive two big eight page papers every week, 104 copies a year, at less than one-half cent per copy. Your friends and neighbors will surely take advantage of this opportunity. Don't fail to tell them all about it. Send all orders to the Republic, St. Louis, Mo.

CASCARETS. GENUINE STAMPED C.C.C. NEVER SOLD IN BULK. Beware of the dealer who tries to sell "something just as good."

Comparisons Necessary.
 "We find repeatedly how imperfectly figures convey to the ordinary mind the magnitude of objects," says the Welt Spiegel, "and how much more readily they are comprehended by comparison." To substantiate the assertion a picture is produced of the cathedral at Cologne, which is 160 meters in height, and next to it is placed a picture of the Zeppelin airship, standing on end, reaching away beyond the middle of the highest section of the steeple, and to within 26 meters of the apex. The picture also shows the Triumphal column at Berlin, 61 meters in height, and next to it the airship Parsifal, 50 meters high, as it stands on end.

Prof. Munyon says: Cure a cold and you prevent Consumption. His opinion is now shared by the leading physicians of the country, and the wonderful cures that are being made by Munyon's Cold Remedy have attracted the attention of the whole medical fraternity. These little sugar pellets break up a cold in a few hours, and almost universally prevent Bronchitis and Pneumonia.

What His Wife Gave Him.
 The boss builder was standing on the edge of the great cavity at Thirty-fourth street that they have been digging for the past few years, when an Irishman walked toward him.
 "Look here," he said, "Didn't I fire you yesterday?"
 "Yes," said the Irishman, "and I don't want you to do it again, either. My wife gave me the devil about it when I got home."—New York Times

The Favorite.
 Millions of suffering eyes have found in Dr. Mitchell's famous salve a real blessing. Reject the offer of any dealer to sell a drug for your eye. Dr. Mitchell's Eye Salve is a simple, healthy remedy to be applied to the lids. It cures without entering the eye. Sold everywhere. Price 25 cents.

Exactly.
 "His wife's beauty and grace keeps him hypnotized."
 "Then he's one of those fellows who lead a charmed life."—Exchange.

Red, Weak, Watery Eyes.
 Relieved by Murine Eye Remedy. Compounded by Experienced Physicians. Murine Doesn't Smart. Soothes Eye Pain. Write Murine Eye Remedy Co., Chicago, for Illustrated Eye Book. At Druggists.

Hard to Keep Quiet.
 She—I should think tragedy parts were very hard on a woman.
 He—Pantomime parts are a great deal more irksome.

For Colds and Gripp—Capudine.
 The best remedy for Gripp and Colds is Hicks' Capudine. Relieves the aching and feverishness. Cures the cold—Headaches also. It's Liquid—Effects immediately—10, 25 and 50c at Drug Stores.

The young man who sets out to be the architect of his own fortune must not scorn to be the bricklayer and hod carrier as well.—Westley.

Do not neglect constipation, for this condition poisons the blood and leads to chronic ill health. Garfield Tea, the mild herb laxative, corrects constipation, keeps the blood pure, and the health good.

There are always two sides to an argument, which is all the more remarkable when you consider that there is only one end.

Lots of people haven't chewed WRIGLEY'S SPEARMINT. But they will! Those people may not have white teeth or good digestions. But they will!

There is in man a higher than love of happiness; he can do without happiness, and instead thereof find blessedness.—Carlyle.

There is no Safer Remedy for a Cough or throat trouble than Brown's Bronchial Troches. 25 cents a box. Sample free. John I. Brown & Son, Boston, Mass.

A man never realizes how silly his love letters are until he hears some of them read in court.

All Who Would Enjoy

good health, with its blessings, must understand, quite clearly, that it involves the question of right living with all the term implies. With proper knowledge of what is best, each hour of recreation, of enjoyment, of contemplation and of effort may be made to contribute to living aright. Then the use of medicines may be dispensed with to advantage, but under ordinary conditions in many instances a simple, wholesome remedy may be invaluable if taken at the proper time and the California Fig Syrup Co. holds that it is alike important to present the subject truthfully and to supply the one perfect laxative to those desiring it.

Consequently, the Company's Syrup of Figs and Elixir of Senna gives general satisfaction. To get its beneficial effects buy the genuine, manufactured by the California Fig Syrup Co. only, and for sale by all leading druggists.

PISO'S
 Beware of the Cough
 that hangs on persistently, breaking your night's rest and exhausting you with the violence of the paroxysms. A few doses of PISO'S Cure will relieve wonderfully any cough, no matter how far advanced or serious. It soothes and heals the irritated surfaces, closes the congested air passages and the cough disappears.
 At all druggists, 25 cts.
CURE

DIET AND HEALTH

By DR. J. T. ALLEN
 Food Specialist

Author of "Eating for a Purpose," "The New Gospel of Health," Etc.

(Copyright, by Joseph E. Bowles.)

ECONOMICS OF EATING

Desire is the stimulus that nature uses to lead to obedience to her commands. And so long as the desire is gratified naturally there is harmony, health and growth. But when the desire becomes depraved and its satisfaction abnormal, there is inharmoniousness, unhappiness, disease and death. "Eat what you like," is, therefore, as we have already concluded, the best rule, in spite of pure-food law, food reformer and prohibitionist—so long, that is, as you like what is good for you.

Certainly the average man eats what he likes, without considering whether it is good for him or whether he is getting the most for his money. Now is this wise? Would it not be very much better to have a system of eating—for at present we have none, especially in America, where we eat anything, any time, any way, almost.

I was trying to show the members of a woman's club while ago that the Chinese system, living on rice (entire rice) almost exclusively, is better than ours, because it furnishes better nourishment, avoids sickness and saves dish-washing. To which one woman replied when the time came for questions and criticism: "I suppose they live in that poverty-stricken way in that poverty-stricken country because they have to. For my part, I'm glad I don't have to live on rice all the time. And if it is true that a man is what his food makes him, I think China is a good warning to the rest of the world."

I have not advised living on rice, not even on unboiled rice which differs from the rice we use, as whole wheat differs from fine white flour. Rice is a one-sided diet. The system of the Japanese, who eat also fresh fish and beans, is much better, because it supplies, besides heat and energy, an adequate proportion of flesh and nerve food. But the point is, the Chinese, like the Japanese, and most other nations, have a system, and any system is better than none, especially in eating. The Chinese is the opposite of our extreme, but I hesitate not to say that the average Chinaman is better fed than the average American, so far at least as the laborer, who needs the least brain food, is concerned.

"But why," I am asked, "if the Chinese monodiet, is so good, has China been for centuries a by-word for unprogressiveness?"

The resources of the Chinese are not yet understood by the rest of the world. Food, moreover, is but the material factor in life; the mind is the fundamental factor, as I have endeavored constantly to show. The Chinese have had, from time immemorial, a mind-dwarfing system of education that has effectually retarded their progress, but all that is being changed, which with the gradual abolition of the death-dealing opium habit will bring in a new China, another light of Asia.

In the course of an investigation into the relation between food and health, a few years ago, I discovered two interesting general facts, from the statistics of the state boards of health: Death from cancer, which, according to the late Dr. Nicholas Senn and other good authority, is a disease caused by indulgence in eating (especially, I think, in meat), increases rapidly among Germans and Irish immigrants and their descendants, the two races who most quickly adopt our habits of eating, while there is little increase among Italian, Greeks, Bohemians and others who continue, in the second generation, to live largely on their native simple diet. The average foreigner naturally thinks that the chief benefit of higher wages is not better schooling but greater variety of food, including meat every day, a thing possible only for the rich in his own country. Surely good is not always unmixed with evil!

Herbert Spencer says that the most valuable knowledge is that needed for self-preservation, which surely includes knowledge of food, its first essential. We have already considered the constituents of various foods and the uses of each. Let us now consider some of the leading articles of food not already dealt with and their comparative values.

Apples contain but a small amount of solid matter, chiefly sugar, but their minerals, being perfectly assimilable, and their malic acid being beneficial in most cases, they are to be regarded as a most valuable food. In a few peculiar conditions of the liver and in excessive acidity they may be injurious, but they are especially beneficial in torpidity of the liver and excessive alkaline conditions (the opposite of acid). The peach differs little from the apple, but it spoils easily while the apple keeps good for months. There is more or less danger in spoiled or unripe fruit, and a bad speck indicates that the entire fruit is spoiling. Boiling of course counteracts fermentation, but if perfectly sound an apple is best uncooked. Apples are best eaten in the morning, with other fruits, not with cereals, vegetables or meat.

Beans contain 25 per cent. proteid

for flesh building and 50 per cent. starch for muscular energy and heat. They are richer than any other food in minerals, except a few of the nuts, though the excessive roasting to which they are usually submitted to make them palatable and to make their starch digestible, largely precipitates the mineral elements and coagulates the albumen in them. It would hardly be possible to find a better diet for hard physical or mental work than beans. Few other foods, except brown bread, are compatible with them, and especially not fruit, milk or eggs. The addition of fat is an advantage, but olive or peanut oil would be better than pork.

Peas, beans and lentils, contain every element of food necessary for vigorous physical and mental life. It is no mere coincidence that they are used, commonly, as a staple in the logging camp and have come to be associated with the name of the Athens of America. The bean is especially rich in potash and phosphorus, two leading brain foods, besides having a larger percentage of iron than milk. I have had an opportunity to watch the physical and mental effects of an exclusive 60-days' diet of beans, which clearly proved them a most complete and substantial diet for physical or mental worker, even though they are not included in the ideal dietary.

Bean starch is much more easily digestible than wheat starch and is far less likely to cause such bowel troubles as appendicitis. An exclusive diet of beans, long continued is, however, liable to cause rheumatism and kidney troubles, owing to the excess of albumen they contain. Peas and lentils differ little from beans, the former being the richest of this class of foods. A few slices of toast or acid fruits only in the morning and uncooked cabbage, lettuce, cucumbers, etc., alternating with prunes, dates or figs, for the evening meal, would be an ideal dietary for a laborer eating beans with coarse bread for the principal meal, at noon.

Bananas are the most nourishing of fruits, except raisins and currants. Properly ripened they are easily digested. But as we ordinarily find them in our northern market they are difficult of digestion and likely to cause constipation. Banana flour is superior to superfine wheat flour and could be produced more cheaply, if transportation facilities were adequate. The ripened banana, with the peanut, form a perfect ration, on which the population of the world could be fed by the product of Texas and the other gulf states and the tropics. Only a suitable method of preserving the banana and an inexpensive method of transportation being necessary, to solve the food problem.

Bacon is almost pure fat and is, therefore, a good source of heat, muscular energy and fat, but it is inferior to olive or peanut oil, which are purer and more easily assimilated. It should be eaten only in winter, in cold climates, if at all. Pork products, in general, are the most objectionable of the flesh foods. The flesh of wild animals, the goat, sheep and fresh water fish, fresh are the best of animal foods. Fish spoils quickly and may become more poisonous than meat. Vegetable-cooking oils are preferable to lard.

Oysters (the edible portion, I mean, for it is as necessary to clean oysters as chicken or fish) are comparatively nutritious raw, but fried they are indigestible. They contain nothing that cannot be obtained from vegetable foods, eggs or fish. Often they are dangerous, causing serious bowel trouble and even typhoid and typhus fever.

Eggs, eaten in their natural state or only slightly cooked in water, not fried in fat, are very nutritious and easily digested. They are, however, stimulating and undesirable unless eaten sparingly. A whipped egg with zwieback is a suitable meal for an invalid; but the curative use of foods will be dealt with in subsequent articles.

Figs, dates and prunes are the most substantial of the fruits, next to the banana. Either of these, or all, makes a suitable evening meal. The chief objection to them is, they are very liable to be spoiled, by fermentation and worms. Prunes can be obtained in cans free from contamination or the objectionable chemicals used in the dried fruit, and as they are chiefly sugar the injury done by cooking is immaterial, as compared with the danger in fermentation in the spoiled fruits.

Cocoa is less objectionable than tea or coffee, being only slightly stimulating. It contains considerable fat, more than chocolate. Cereal coffee is harmless.

Grapes are, next to the apple, for all general purposes, the best fruit. There should be a grape arbor in every garden. Unfermented grape juice is a delicious and highly-nutritious drink, of which we shall have more to say in treating of the curative values of foods.

Pine apple is a true fruit medicine, very valuable in some digestive disorders.

Potatoes are chiefly water and starch, but are rich in the mineral elements of food. They are best baked slowly, at a low temperature; they should not be fried in fat or boiled slowly. If they must be boiled, they should be dropped in boiling water and when cooked allowed to dry on a hot fire after having the water drained off.

Cheese, if fresh, is a rich proteid food, and an aid to digestion, but old cheese is dangerous and it should not be tasted. Cheese, like milk, is extremely incompatible with the small fruits, blackberries, strawberries, raspberries, etc., which need not be eaten at all, except alone, in the morning, fresh, in summer. It is also incompatible with nuts. Full cream

cheese, fresh, would make a better combination with beans than pork. With bread it is especially compatible. Brain work requires more fresh, easily assimilated proteids than manual labor, but in either case the less draft made upon the stomach for digestion the more vitality will be left for work, of whatever kind. This is the physiological side of the economy of eating, not forgetting the relative digestibility of foods and the great difficulty of excreting the waste of albuminous foods as compared with sugars, starches and fats.

Weston's recent great walking feat, known to every newspaper reader, is a good example of the requirements of physical endurance. Mr. Weston's diet was far from ideal, but the one great lesson, constantly taught was, that if a man is to do his best work he must eat only enough to furnish heat, energy and bodily waste. If he is to win in a contest, he must eat proteids sparingly and lose in weight. Digestion and elimination are work of the severest kind, and the more he saves in that department, the more he will have to spend in muscular and mental work.

A few months ago I published in one of the medical journals the result of some experiments made in "A Tramp's Diet," showing that the best walking was done when only enough food was taken to prevent actual hunger and that a gradual elimination of meat was found to steadily increase the mileage walked. This corresponds exactly with the results of the endurance tests made by Profs. Chittenden and Fisher of Yale and with all the results in the great walking contests in Germany, England and America.

No fallacy in regard to diet is more erroneous or more unfortunate than the common argument that the working man needs meat. The contrary is true. Dr. Wiley of our federal bureau of chemistry, an acknowledged authority on food, says: "A Japanese coolie will carry you around town all day on a pound of rice; you cannot do that on a pound of meat." Mr. William Jennings Bryan says that the Japanese riskishaw man will wheel a man 75 miles in a day; and his food is rice unmilld, of course, corresponding to our whole wheat, and possibly beans and fish. The Bedouin Arab, who will run all day by the side of a magnificent Arab horse, lives on dates and figs, never eating meat.

I have nothing to say of the ethical objections to meat-eating. I merely wish in dealing with the economic side of food, to impress, especially upon the working man, that the first step to economy in eating is to omit meat and fine white bread from the diet. The man who eats rye or whole wheat and a few nuts, needs no meat no eggs, nor milk, though he will do well to drink a glass of buttermilk daily.

Sugar is the cheapest food for one doing heavy physical work, because it furnishes energy directly with little waste. Its best source is prunes, figs or dates.

A spoonful or two of olive or peanut oil should be taken daily. Butter is an expensive food compared with vegetable oils.

What the physical worker needs most is, just like the engine, ready, fuel and water. Its cheapest source is sugar and fat, rather than wheat, starch and meat, though rye is easily converted into glucose or cereal sugar. A tablespoonful or more of peanut oil may be taken with prunes, or separately. Fat interferes with the digestion of proteids in the stomach but not with sugar. A warm drink of weak cocoa or substitute coffee may follow a fruit meal, facilitating the passage to the intestine where such food is digested. The more liquid the sooner the stomach empties.

The most economical of foods is sugar, and yet much harm is done by cane sugar, as it is eaten in candies, especially by young women who have little exercise, and in tea and coffee by men and women of sedentary occupation. The evil effects of cane sugar, including ordinary candies as compared with the natural sugar foods, dates, figs, prunes, currants and raisins (and perfectly ripe bananas), might be compared to the difference between fine white and coarse bread.

Experiments made with men on a march showed that a quarter to three-quarters of a pound daily of cane sugar was utilized readily and caused no distress, but it is a well-known fact that such an amount of sugar eaten in the way it is ordinarily taken by one not making the fullest use of lungs and muscles, requiring the consumption of a large amount of available carbon—that sugar not quickly burned in the system for heat and energy causes catarrh of the stomach and bowels, unfitting them for natural digestion and at the same time overloading the liver and straining the kidneys. Similar results follow the excessive use of starch foods, especially in concentrated form.

As we have already seen, the essential food is albumen, a definite amount of which is necessary, under all circumstances, to support life, as well as to build new tissue in the growing child. But carbon, as sugar, starch or fat, can be much more quickly utilized for maintaining heat and energy. If a sufficient amount of carbon in these forms is not furnished, heat and energy will be sustained by the consumption of albumen, and as the waste products from the consumption of albumen, require many times more energy for elimination from the system through the kidneys, the consumption of more albumen than is necessary, is a serious error in vital economy. Rheumatism, Bright's disease, and other diseases result from the inability of the system to eliminate the excessive waste of albuminous foods.

HERE IS A FRENCH DAINTY.

Chicken en Casserole Popular with Our Gallic Cousins.

Select a plump spring chicken; clean it and truss it as for roasting. Place in a casserole two tablespoonfuls butter, a carrot and an onion (both cut into slices), two bay leaves and a sprig of thyme. Set the casserole on top of the stove for about ten minutes or until the vegetables are lightly browned in the butter. Pour in then a pint of well seasoned consommé, cover the casserole closely, put it into the oven and braise the chicken for three-quarters of an hour. Ten minutes before the time is up, add two tablespoonfuls of sherry or Madeira and cover again. At the end of three-quarters of an hour drop into the gravy a dozen or more of small potato balls which have been cut from the raw potatoes with a Parisian cutter, and then brown, or saute in butter. At the same time, add an equal number of French champignons. Season gravy with pepper and salt and leave the cover off the casserole that the chicken may brown. After removing it from the oven, sprinkle finely minced parsley over chicken and send it to the table in the casserole.

COFFEE IS DISPLACING TEA.

Takes Place of Latter Beverage at Afternoon Functions.

The number of alluring coffee sets as Christmas presents point to the fact that this drink is becoming more fashionable than tea for the afternoon.

This is a German and a Dutch fashion, and a palatable one. Americans are coffee drinkers, and are quite willing to add another cup to their usual supply. Just how healthful it is left for the doctors to say.

Certainly afternoon tea is as indigestible a thing as most people can drink. It takes off the appetite for dinner and creates as much nervousness as coffee.

The afternoon tea habit, however, has never gotten a strong hold upon any large class of people. Whether the afternoon coffee habit will must be left to the future.

To all men, and to the majority of women, it is a far more palatable and stimulating drink than five-o'clock tea. At any rate girls are serving it in fashionable parlors, people at the restaurants are drinking it, and all sorts of ware is being made up into afternoon coffee sets.

The person who knows good coffee knows too much to make or serve it in anything except earthen or china ware. The metal coffee pot is injurious to the taste and should be avoided.

Doughnuts.

Required: One pound flour, dried and sifted, one tablespoonful of caster sugar, one saltspoonful of salt, half pint of hot milk, one ounce of butter, half an ounce of yeast, one egg, fat for frying.

Put the sifted flour into a basin, add to it the sugar and salt. Into another basin put the hot milk and butter. When the butter is dissolved and the milk only lukewarm add half an ounce of yeast. Make a hole in the flour, stir in the liquid by degrees, adding an egg, and beating the whole till the batter is quite smooth. Stand in a warm place to rise for an hour and a half. Heat some frying fat till it gives off a blue smoke, drop in a spoonful of dough and fry a light brown. Drain and scatter sugar over.

Frozen Tomato Salad.

From a can of tomatoes take all the large pieces of pulp, press them through a sieve and season highly with salt, pepper, a little tarragon vinegar and a few drops of onion juice. Put this mixture in the freezer as for a water ice. Take out the dasher, work down well in the can, re-pack the freezer and put in the cellar for a couple of hours. Grate or chop fine some English walnuts. Serve the frozen tomato in a bed of lettuce leaves and sprinkle thickly with the walnuts. Serve with mayonnaise in a bowl.

Jellied Apples.

Peel and core firm, tart apples. Put them over the fire in just enough water to cover them, sprinkle them generously with white sugar. Cook slowly at the back of the fire until the apples are tender.

Take them out and arrange in a bowl. Bring the liquid left from them to a boil and add to it a tablespoonful of gelatine which has been soaked for half an hour in a very little cold water. When this is dissolved pour all over the apples.

Orange Cake.

Required: Three ounces of caster sugar, three ounces of butter, three well-beaten eggs, the grated rind of an orange, half a pound of flour, one teaspoonful of baking powder.

Cream the butter and sugar and then add the eggs. When thoroughly beaten, sift in the flour with the orange rind and baking powder. Beat well and then place in a greased tin and bake for an hour.

Venison Steak.

Fry until almost done in a small piece of butter. Season with salt and pepper, and then add a cupful of sweet cream. Let it boil until it thickens.

Orange Punch.

This can be made from equal portions of orange and lemon juice with sugar, chopped ice, soda water and fruit.

To Take Out Machine Grease. Cold water, a little ammonia and soap will take out machine grease.

PE-RU-NA TONIC FOR COUGHS, COLDS, CATARRH.



Joseph H. Chase, 804 Tenth St., Washington, D. C.

Mr. C. Happy, Hardin, Ray Co., Mo., writes: "I can safely recommend Peruna as a remedy that will cure all catarrhal troubles."
 "It was of great benefit to me, as it cured me of catarrh of the throat, and I took a very bad cold and had a gripe last February. It settled in my throat and lungs. I took three bottles of Peruna and it cured me."
 "I highly recommend it to all who are sick, and I am glad to add my endorsement to that of others."

Peruna for Colds
 Mr. L. Claffey, Jr., 2929 East Marshall St., Richmond, Va., writes that when he gets a cold he takes Peruna, and it soon drives it out of his system. For several years he was not entirely well, but Peruna completely cured him.
 People who object to liquid medicines can now secure Peruna tablets.
 For a free illustrated booklet entitled "The Truth About Peruna," address The Peruna Co., Columbus, Ohio. Mailed postpaid.

Tastes like a Mint Julep without the Julep

The delicious flavor of real mint leaves is fine for teeth - finer yet for digestion!

WRIGLEY'S SPEARMINT PEPIN GUM

Look for the spear — The flavor lasts

OUT OF DOOR WORKERS

Men who cannot stop for a rainy day - will find the greatest comfort and freedom of bodily movement in

TOWER'S FISH BRAND WATERPROOF OILED CLOTHING. SLICKERS \$3.00 SUITS \$3.00

Every garment bearing the sign of the fish guaranteed waterproof. Catalog free.

COLDS CURED IN ONE DAY

GRIP

Munyon's Cold Remedy Relieves the head, throat and lungs almost immediately. Checks Fevers, stops Discharges of the nose, takes away all aches and pains caused by colds. It cures Grip and obnoxious Coughs and prevents Pneumonia. Price 25c.

Have you stiff or swollen joints, no matter how chronic? Ask your druggist for Munyon's Rheumatism Remedy and see how quickly you will be cured.
 If you have any kidney or bladder trouble get Munyon's Kidney Remedy. Munyon's Vitalizer makes weak men strong and restores lost power.

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OPIUM and Whiskey Habits treated at home without pain. Book of particulars sent FREE. R. M. Woolley, M. D., Atlanta, Ga. - 103 N. Tryon St.

WRIGLEY'S SPEARMINT

W. F. KELLIS.

STERLING CITY, TEXAS

Medical Inspection of All Immigrants.

Millions of immigrants have come to this country, and the numbers are constantly increasing. Each immigrant is examined by a service medical officer, and those found suffering from loathsome or dangerous contagious diseases, insane persons, idiots, epileptics and those likely to become a public charge because of infirmities, are detained and the immigration officials deport them to the country from which they come. This inspection of immigrants is carried on not only at our seaports, but also along the Canadian and Mexican borders wherever there is direct communication by steamboat or railroad. This inspection serves to keep out the thousands of sick and disabled who would become a burden upon public and private charities. It also keeps out thousands of cases of contagious diseases. The service maintains 21 marine hospitals, and 141 marine-hospital stations, where medical treatment is given to sailors of the merchant marine. Over 55,000 sailors were thus treated during the last fiscal year. This care of sailors serves two useful purposes besides its direct benefit to the sailor, remarks the National Magazine for January. Seamen taken ill or injured while en route to, or at a port, would necessarily have to be left by the vessel for treatment at the port which in the majority of cases would not be the sailor's home. The sick would therefore suffer unmerited neglect, or become a burden upon the charity of a community to which they did not belong. Further, if the illness be of a contagious nature, they become a menace. Deep-water sailors, because of the nature of their life, are prone not to form family ties, and when these men contract tuberculosis, as many do, they both suffer themselves because of the lack of a home in many cases, and in addition endanger the community in which they live. For these men the service maintains a large sanitarium at Port Stanton, New Mexico. This sanitarium is on a reservation of 38 square miles, located on a plateau in central New Mexico at an altitude of 6,150 feet. Here there are 200 or more patients continually under treatment. Some remain until cured, others remain a few months during which time they become improved and learn how they must live if they would recover, and how to conduct themselves for the protection of others. Others, of course, less fortunate, never leave the sanitarium, but their days of illness have been rendered as comfortable as possible.

According to information from Philadelphia the discovery of the tubercle bacillus by Prof. Koch has been followed by another very important achievement. Dr. Randle C. Rosenbergh, holding the chair of bacteriology at Jefferson Medical college, is credited with having found a way by which the tuberculous germ can be prevented from reaching the lungs, and it is believed that by the adoption of proper preventive measures, including simple treatment and supplying abundance of fresh air, the bacillus can be destroyed and so made harmless and thus serious risk to the person infected can be averted. Coming at a time when exceptionally energetic and intelligent effort is put forth in the war against the "white plague," says the Troy (N. Y.) Times, the announcement will be received with the keenest interest. Anything that can minimize the dangers of tuberculosis is to be warmly welcomed.

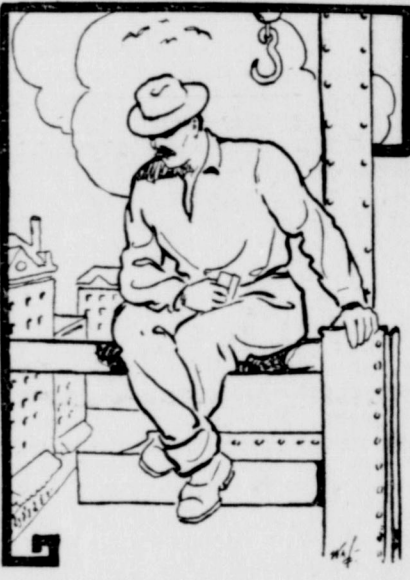
"Mark Twain" Incorporated. Whatever may be the psychic condition of Samuel L. Clemens, Mark Twain may be presumed to have parted with his soul—having converted himself, his name and all that pertains thereto into that soulless no less than invisible and intangible entity known as a corporation. But it is in a good cause, that this psychic annihilation has been endured, and the world will be disposed to praise rather than blame him for what is an act of real providence and forehandness. It is for the sake of his children, says the New York Globe, who as his heirs may be able because of this action to enjoy the fruits of his labor much longer than they otherwise would. For it is believed that Mark Twain, Incorporated, will be proof against all pirates, respectable or otherwise, where plain Mark Twain would be without defense. It is even fondly hoped that Mark Twain, Incorporated, will be able, in some sort, to prevail against the copyright law.

As when Vesuvius last broke loose, people will wonder why men choose to dwell in such scenes of danger. But between the great disasters that make so portentous a printed list are long periods when the slopes are golden with lemons ripening and the rich soil smiles with double harvests. A volcano is not such a bad neighbor. It always gives warning, says the New York World, and in its worst fits enriches the soil. The earthquake in its appalling fury and unescapable suddenness is a different matter.

THE LITTLE TIN BOX
By JAMES FRANCIS DWYER

(Copyright, by Shortstory Pub. Co.)

Morgan, foreman of the Hudson-Gerard Construction Company, swinging on a narrow plank 400 feet above the sidewalk, whistled a lively tune as he glanced around at the unclothed ribs of the giant sky-scraper he was throwing heavenwards. Far below, human ants looked up through the clear air at the gaunt skeleton, their white, upturned faces, round and featureless, reminding the foreman of full-blown flowers on bulky stalks. The watchers attracted Morgan. Sitting down on the plank, with legs dangling in space, he stared into the stone-walled canyon up and down which the human current flowed unceasing. The peculiar, weird expectancy which seemed to chain the little groups watching the aerial workers interested him. He had never looked at the crowds before, but some absurd analytical kink had just manifested itself in his mind, and he gratified it. He tried to understand the fascination which held men motionless hour after hour until their aching necks rebelled at the torture. Unconsciously, a hate of the crowd welled up within the foreman. He felt that they were waiting for something to happen. The foreman started to reason quietly to himself. "There's no fascination in seeing men work," he murmured, "so it's the fascination of seeing men in danger. Increase the danger, and you increase the spine-tickles that keep those loafers peeping upwards. Where does it end? I honestly believe that a percentage of those dough-faced galoots stand for hours on the chance of seeing one of us do a toboggan slide through the ether. That's all they're waiting for, hang 'em."



Again He Stared Down Into the Tremendous Abyss.

he muttered. "Old Gerard's Pet, eh? Nerves on the blink! Carries his little box of nerve dope around with him! The foxy Johnson! What does he want up in the clouds?" Again he stared down into the tremendous abyss as if he expected an answer to his question to drift up with the faint, ghastly sounds of the heavy traffic. He noticed that the little groups were increasing, and he looked for a reason. There was nothing unusual happening, but the mesh of iron and steel seemed to attract pedestrians. Presently Morgan laughed uneasily. "Hang 'em," he cried. "I believe they're watching me. They are, sure. I'm in it! Gerard's Pet watching me on top and the crowd watching me below!" He shook his fist at the spectators, stood up on the plank and climbed cautiously along it. "Watching me," he muttered, "the buzzards! They're hungry for a tragedy. If they watch Johnson—Johnson minus his little, tin box—they might get a run. At any rate I'm going to watch him now. He must have lost that at lunch time, and if he's been chewing it regular I guess the loss of it will begin to upset his grit before the day is out."

Crawling carefully along the narrow bridge, he climbed into the cobweb of steel beams and looked back at a crowd from a position of comparative safety. "The dough-faced loafers," he murmured, "it's funny I never thought till to-day what kept 'em watching and watching."

Wondering how he overlooked this powerful incentive to the morbid mind, he stepped cautiously along the brink of shadowy abysses that lay between the tremendous girders, and as he walked he muttered continually: "Gerard's Pet, eh? Put up to watch me, and has to chew a morsel of opium to keep his nerve up. Guess he's craving a pick-me-up now."

At the southern end of the gigantic frame, which towered, black and ugly, over the surrounding buildings, he stopped and peered around. Johnson was standing upon a great triangle of

steel, directing half a dozen men who were climbing along the iron threads when the wind, after lulling them with occasional moments of calm, attacked them with fierce, strong gusts in their moments of unpreparedness.

Morgan stepped out on the triangle and stood near "The Pet," but Johnson gave no indication that he was aware of his presence. The foreman's animus was ill-concealed and the other was a hyper-sensitive person. The hammers clanged ceaselessly and the skeleton thrilled under the blows.

Johnson was a slight, nervous man, with shifty eyes. Morgan's contemptuous silence irritated him. Johnson moistened his lips and stammered violently as he moved the men along. "The Pet's" left hand strayed upwards but when it had reached his pocket it was suddenly jerked back to his side. Three times the hand tried to forage in the pocket, and three times it was jerked away. Johnson's mind was certain that the tin box was lost, but Johnson's nerves, tautened by the presence of the silent foreman, urged the twitching fingers to continue the search.

Presently Morgan laughed and Johnson looked at him inquiringly. "I was just thinking of those infernal watchers down there on the sidewalk," explained the foreman. "I never knew till to-day what keeps 'em there."

"And what does keep them there?" asked Johnson. "Why, they're waiting to see one of us flop," replied the discoverer, "just hanging 'round thinking one of us will lose his nerve and take a header."

Johnson wrinkled his face into a sickly smile and again moistened his dry lips. Morgan had timed his visit well.

"I don't think that is the reason," he stammered, "they're interested in the work."

The foreman laughed contemptuously. "I know 'em," he cried, "I've been studying them to-day."

Again the foraging hand crept upward, and again it was jerked swiftly back. Its owner made an attempt to change the subject.

"Farley sent down a note about that iron," he spluttered, "he wants you—"

"Look," interrupted Morgan, "just look how they're lining up down there. What for, I would like to know? There's nothing particular doing—what are they staring at?"

Johnson didn't look. He stared out across the bay.

"Not there," snapped the foreman. "Right beneath you, man. Down under your feet. They're cursed ghoulis."

"The Pet" moved back a few inches from the extreme apex of the triangle. He turned his face to Morgan and the gray eyes of the student of crowds noted his livid cheeks.

"Move along," muttered Johnson. "I'm going in."

Morgan didn't move. "Crowd, up nerve you?" he sneered.

"No," snapped "the Pet."

"What's up, then?"

"Nothing."

"I thought your nerves were going back on you," grinned the foreman.

Johnson's left hand was foraging blindly in his jacket pocket.

"You think too much," he stammered. "Move a little."

"Just oblige me by going 'round the other way," murmured Morgan. "I've got my eye on a batch of hungry buzzards down there and I don't want to lose sight of them."

Johnson turned towards the apex and moved a few paces cautiously.

"I knew a man," remarked the foreman, critically eyeing the other, "whose nerves went on the blink at this game. He took to drugs."

"Yes," muttered Johnson, half turning to look at the speaker.

"Yes," repeated Morgan, "he took to opium, or some stuff like it, and the crowd got a sensation one day. He forgot his box or lost it or something—"

"The Pet" wheeled swiftly. "You bound," he snarled. "You—you took it."

The foreman grinned. "Don't upset yourself," he murmured, "Your nerves are rocky, sure."

"Give it up," shrieked Johnson. "Give it up!"

Morgan took the little tin box from his pocket and tossed it towards the other. They were but a few feet apart but at that moment a sudden gust of wind whirled up and the box was swept to the left of the narrow bridge.

Johnson tried to keep his arm at his side, but the effort was beyond him. It leapt out after the bit of tin, which flashed in the sunlight, and losing his balance, he sprawled forward along the girder. Morgan tried to backstep quickly, but Johnson's right arm swung like a band of iron around his ankles and, locked together, they followed the little tin box.

Disappointed in a "Good Thing." About the worst "stung" individual in Louisville in many a day was a purchaser at a sale of unclaimed freight held recently, says the Louisville Times. A package was put up by the auctioneer that looked to him like it contained a pair of fine field glasses, and to make the deception more complete, contrary to all usages at such sales, he had gotten a "hunch" on the contents by feeling the package, which made him doubly sure that he was on the "right lay." At these sales everybody is suspicious of the others, and when one bidder shows an interest in a package put up "sight unseen," all the others will push the bidding. This identical package brought \$9.50, and was knocked down to the one who had shown such eagerness to become the owner. He could not wait until he got outside the salesroom before opening the package, which turned out to his intense disgust and chagrin to be only two small bottles of a soft drink tied together.

LEWIS' "SINGLE BINDER."

A hand-made cigar fresh from the table, wrapped in foil, thus keeping fresh until smoked. A fresh cigar made of good tobacco is the ideal smoke. The old, well cured tobaccos used are so rich in quality that many who formerly smoked 10c cigars now smoke Lewis' Single Binder Straight 5c. Lewis' Single Binder costs the dealer some more than other 5c cigars, but the higher price enables this factory to use extra quality tobacco. There are many imitations; don't be fooled. There is no substitute! Tell the dealer you want a Lewis "Single Binder."

THE UNEMPLOYED.



"There's plenty of work about if you only look for it."

"Yes, and by the time I've found it all me energy's gone!"

MIX FOR COLDS

To one-half pint good whiskey, add one ounce syrup sarsaparilla and one ounce Toris compound, which can be procured of any druggist. Take in teaspoonful doses before each meal and before retiring. This relieves in 24 hours, and cures any cold that is curable.

Not a Trouble-Maker.

When six-year-old Oliver returned from his first day at Sunday school his father asked him what he had told him, whereupon Oliver related as best he could the miracle of the loaves and fishes. His father suggested that the story was a rather hard one to believe, and asked the boy what he thought about it, but Oliver evaded his father's question. The next morning, however, the two were alone at breakfast.

"Father," said the boy, suddenly and solemnly.

"Well," answered the father.

"I didn't believe that story about the loaves and fishes yesterday," continued the child, in a quiet, confidential tone, "but I didn't say anything. I didn't want to start an argument."

The Auctioneer's Hourglass.

An auctioneer of Philadelphia collects all sorts of objects pertaining to his ancient calling. He has, among other things, an interesting set of auctioneer's hourglasses.

The auctioneer, a century or so ago, concluded a sale, not by saying "Going—going—gone!" and rapping the counter with his hammer, but it was his better method to turn up a free-running glass toward the end of the bidding, and to end the sale irrevocably when the sands ran out. This saved confusion and dispute.

The auctioneer's glasses in the Philadelphia collection are picturesque. One is of tortoise shell and mother of pearl. Another is of amber and gold. A third is of teak and ivory.

Would Bar the Judiciary.

Young ministers sometimes say some very irrelevant things when first they get in harness, but seldom are so broadly condemnatory as the young clergyman who was called upon to act as chaplain at the opening of a recent term of court down in Maine.

After covering everything he could think of as appropriate to say from religion to law, he closed his prayer with the supplication: "And, finally, may we all be gathered in the happy land where there are no courts, no lawyers and no judges."

Then they changed chaplains.

DIDN'T KNOW

Coffee Was the Cause.

Many daily habits, particularly of eating and drinking, are formed by following our elders.

In this way ill health is often fastened upon children. A Ga. lady says: "I had been allowed to drink coffee ever since I could remember, but even as a child I had a weak stomach, which frequently refused to retain food."

"The taste of coffee was in my mouth all the time and was, as I found out later, the cause of the stomach rebelling against food."

"I now see that it was only from following the example of my elders that I formed and continued the miserable habit of drinking coffee. My digestion remained poor, nerves unstrung, frequent headache, and yet I did not suspect the true cause."

"Another trouble was a bad, muddy complexion for which I spent time and money for creams, massaging, etc., without any results."

"After I was married I was asked to try Postum, and would you believe it, I, an old coffee toper, took to Postum from the very first. We made it right—according to directions on the pkg., and it had a most delicate flavor, and I at once quit coffee, with the happiest results."

"I now have a perfectly clear, smooth skin, fine digestion and haven't had a headache in over two years."

"There's a Reason."

Name given by Postum Co., Battle Creek, Mich. Read, "The Road to Wellville," in pkgs.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

Football vs. Prayer.

Willie, aged five, was taken by his father to his first football game. The feature that caught his chief approval, however, did not become evident till he said his prayers that night. To the horror of his parents, Willie prayed with true football snap: God bless papa, God bless mamma, God bless Willie! Boom! Rah! Rah! —Success Magazine.

The delicious juice of the fresh mint leaves kills the dark brown taste of — never mind—chew WRIGLEY'S SPEARMINT.

The words coined in the mint do not increase our vocabulary.

FERRY'S SEEDS
Nobody can grow everything. To become expert means to specialize. We are specialists in producing the best flower and vegetable seeds. In 52 years we have become experts. See Ferry's Seeds and reap the results of our care. For sale everywhere. Read our 1909 catalogue and profit by our experience. Sent free on request. Address D. M. FERRY & CO., DETROIT, MICH.

WANTED—Bookkeepers, assistant bookkeepers, office men, time keepers, clerks for general stores and commissionaries, shipping clerks and salesmen \$50 to \$100 per month. Give age, experience, position and salary desired. Address AMERICAN OPPORTUNITY Co., Dept. 24, Houston, Tex.

Ask Her This Question

"Do you know of any woman who ever received any benefit from taking Lydia E. Pinkham's Vegetable Compound?"

If any woman who is suffering with any ailment peculiar to her sex will ask her neighbors this question, she will be surprised at the result. There is hardly a community in this country where women cannot be found who have been restored to health by this famous old remedy, made exclusively from a simple formula of roots and herbs.

During the past 30 years we have published thousands of letters from these grateful women who have been cured by Lydia E. Pinkham's Vegetable Compound, and never in all that time have we published a testimonial without the writer's special permission. Never have we knowingly published a testimonial that was not truthful and genuine. Here is one just received a few days ago. If anyone doubts that this is a true and honest statement of a woman's experience with Lydia E. Pinkham's Vegetable Compound write and ask her.

Houston, Texas.—"When I first began taking Lydia E. Pinkham's Vegetable Compound I was a total wreck. I had been sick for three years with female troubles, chronic dyspepsia, and a liver trouble. I had tried several doctor's medicines, but nothing did me any good."

"For three years I lived on medicines and thought I would never get well, when I read an advertisement of Lydia E. Pinkham's Vegetable Compound, and was advised to try it."

"My husband got me one bottle of the Compound, and it did me so much good I continued its use. I am now a well woman and enjoy the best of health."

"I advise all women suffering from such troubles to give Lydia E. Pinkham's Vegetable Compound a trial. They won't regret it, for it will surely cure you."—Mrs. Bessie L. Hicks, 319 Cleveland St., Houston.

Any woman who is sick and suffering is foolish surely not to give such a medicine as this a trial. Why should it not do her as much good as it did Mrs. Hicks.



Sloan's Liniment is the best remedy for sprains and bruises. It quiets the pain at once, and can be applied to the tenderest part without hurting because it doesn't need to be rubbed—all you have to do is to lay it on lightly. It is a powerful preparation and penetrates instantly—relieves any inflammation and congestion, and reduces the swelling.

Sloan's Liniment
is an excellent antiseptic and germ killer—heals cuts, burns, wounds and contusions, and will draw the poison from sting of poisonous insects.
Price, 25c, 50c., and \$1.00.
Dr. Earl S. Sloan, Boston, Mass., U.S.A.
Sloan's book on horses, cattle, sheep and poultry sent free.

THE STERLING CITY NEWS-RECORD,
 published at Sterling City, every Friday.
 \$1.25 per year.
 W. F. KELLS editor & proprietor.
 Advertising rates:—
 Locals, 5c per line for first issue and
 per line for each subsequent issue.
 Single column, 60c per inch per month.
 Double column, \$1.00 per inch per month.
 Special rates to those wishing large
 space.
 Fine job printing a specialty.

General Directory.

District Officers.
 Judge—J. W. Timmins.
 Attorney—L. H. Brightman
 Clerk—L. B. Cole.
 Court meets 4th Monday after first
 Monday in February and September.

County Officers.
 Judge—A. V. Patterson.
 Attorney—J. A. Kellie.
 Clerk—L. B. Cole.
 Sheriff—Harry F. W. Edie.
 Treasurer—E. L. Gilmora.
 Assessor—D. C. Durham.
 Inspector—W. T. Conger.
 Surveyor—W. F. Kells.
 Court meets first Monday in Febru-
 ary, May, August and November.

CHURCHES.

M. E. Church—Preaching every second
 and fourth Sunday at 11 a. m. and
 7:30 p. m. and fourth Sunday at 7:30 p. m.
 Sunday school at 9:30 a. m. every
 Sunday.
 Rev. S. J. Franks, Pastor.
 S. W. Foster, S. S. Supt.
Methodist—Preaching every 1st, 3rd, 4th
 Sunday in each month at 11 o'clock a. m.
 and 7 p. m. Conference Saturday night
 before the 4th Sunday. Sunday school
 every Sunday at 3 o'clock p. m.
 Rev. M. L. Langford, Pastor.
 Prof. L. C. Durham, Supt.
Presbyterian—Preaching every 3rd
 Sunday in each month at 11 o'clock a. m.
 Rev. Black, Pastor.

Evangelical—W. C. Fisher
 Director.

SOCIETIES.

Masonic—Sterling lodge No. 728, A.
 F. & M. meets Saturday nights on or
 before the full moon in each month.
 D. L. Slaton, Secretary.
 S. F. Brown, W. M.
Eastern Star—Meets Saturday P. M.
 3 o'clock on or before the full moon
 in each month.
 Mrs. B. F. Brown, W. M.
 S. F. Brown, Secretary.
County Commissioners.
 Com. No. 1—A. Black.
 " " 2—A. H. Allard.
 " " 3—D. D. Davis.
 " " 4—J. L. Glass.
Justice Court.
 Court, Precinct No. 1, meets 3rd Sat-
 urday in each month. Malcolm Black, J. P.

LOCAL.

Meals 25c at Central Hotel.
 Cabbage at Hooker & Gilmora.
 George McEntire came in from
 Dallas last Saturday.
 Meals, the best in town, for
 25c at Central Hotel.
 All kinds of soft drinks at
 Hooker & Gilmora's. 2t
 Jeff D. Ayres attended County
 Court at Garden City last Mon-
 day.
 Miss Grace Rodgers, of Miles,
 is visiting her brother, Ira Rod-
 gers.
 A line of the finest candies
 just received at Hooker & Gil-
 more's. 2t
 The tax collector's office issued
 228 poll tax receipts up to Janu-
 ary 31st.
 We learn that Will Graham
 has sold his place on the Divide
 and is moving to town.
 A line of the finest and best
 smoking tobaccos and cigars at
 Hooker & Gilmora's 2t
 J. H. Ayres is at Carlsbad,
 testing the curative powers of
 the water of that town.
 Apples, Bananas and Oranges
 at Hooker & Gilmora's. 2t

J. A. Cannon, this week, sold
 the property known as the Bed-
 ford place, to J. L. Carnes.

Mrs. Dr. Beakley left yester-
 day for Santa Anna to visit rel-
 atives. She has our best wishes
 for a pleasant journey.

Copland & Collins received a
 consignment of wire this week to
 construct a telephone line thru
 the Divide country.

Ask the man who has been a
 guest at the Central Hotel where
 to stop.

Some Cassidy second hand
 sulkies at a bargain. Call to see
 them at Lowe & Durham's.

R. H. Patterson represents
 "Time tried and fire tested" fire
 insurance companies.

Mr. and Mrs. Z. L. Stitham,
 who formerly lived here, but now
 at Mineral Wells, are visiting
 friends and relatives here.

The Success Sully succeeded
 when others fail. Lowe & Dur-
 ham sell them.

We can give you the News-
 Record and St. Louis Semi-Week-
 ly Republic for \$1.50 cash.

Hunters:—All persons are
 forbidden to hunt on any lands
 owned or controlled by me.

W. L. Foster.

Have your property insured in
 an "Old Line" company—the
 kind that insures. Ask "Bert"
 about it.

Messrs. Dutton and Johnson,
 of Brady, old acquaintances of
 H. C. Dunn, were here this week,
 and bought a car of mules from
 W. E. Brownfield and R. A. Gar-
 rett.

Don't you "kinder" dread the
 February blizzards? Lowe &
 Durham are making prices go
 away down on heaters.

The Campbell system of dry
 land farming recommends the
 harrow. Call to see them at
 Lowe & Durham's.

See R. H. Patterson for live-
 stock insurance. He represents
 the oldest company of the kind
 in the world.

Your hands, lips and face are
 chapped and sore, are they?
 Fisher's Benzoin Cream will cure
 them and keep them well. Try
 it. For sale by Fisher Bros.

Before going out of town have
 a nice lunch put up at Hooker &
 Gilmora's. They have nice, fresh
 baker's bread, crackers and the
 finest canned fish, pickles, and
 other things for this purpose. 2t

Frank M. Smith, an old time
 cowpuncher who once resided
 here, but now of Colorado, was
 buying cattle here this week.

Before leaving, Mr. Smith
 called on the News-Record and
 made his subscription read away
 up in 1911. These old time
 "punchers" are mighty good
 people to have for friends. Their
 bigness of heart and liberality
 are proverbial.

The attention of our readers is
 called to the advertisement in
 this issue of the Robinson Seed
 & Plant Company, Dallas, Texas,
 said to be the oldest seed house
 in the Southwest, and who will
 send their new 1909 Catalog to
 all who write for it describing
 the best seeds and plants for the
 Southern Grower.

We have complied with every
 requirement of the law in order
 to protect ourselves against tres-
 passers. Anyone found hunting
 on any lands owned or controlled
 by us will be prosecuted to the
 full extent of the law.—Fisher
 Bros. 3t

Hooker & Gilmora are now
 prepared to take your measure
 for that Spring suit of clothes.
 They are agents for one of the
 best tailoring houses in America,
 and can fit you. Satisfaction
 guaranteed. Call and inspect
 their samples and get their prices.
 3t

GRAHAM & SMITH
 Real Estate And Livestock Agents
 Any one wishing to sell their property will do well to
 list with our new hustling real estate firm. Exchange of
 property a specialty. Office north side of square.

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BAYLOR COLLEGE
 (FOR YOUNG WOMEN)
 Thorough scholarship, womanly culture, delightful and
 beautiful location, best college course. Musical conserva-
 tory equal to the best in New England. New \$40,000.00
 building in process of construction. Over \$200,000.00 in
 buildings and equipment. Teachers from best universities,
 colleges and conservatories in America and Europe.
 Write for catalogue pictorial.
 W. A. WILSON, D. D., President, Belton, Texas.

A Business Education
TOBY'S
 Practical Business Colleges
 WACO, TEXAS NEW YORK CITY
 Incorporated Capital \$20,000.00 Total of Cash \$150,000.00
 Bookkeeping, Banking, Short Hand, Typewriting
 Penmanship and Academic Departments
 Free THE HIGH GRADE STUDENTS Enter
 Catalogue FOR HIGH GRADE STUDENTS Any Time
 \$3.50 Ten Cents Will be Refunded
 Three Trial Lessons and Letter in Shanghai Star
 Complete Set of Books Lessons—152370245
BOOKKEEPING BY MAIL

FOR YOU
 Have your pictures made by
 the Globe Studio people, best
 travelling photograph gallery in
 the state. Come and see for
 yourself. At Sterling City for a
 short time.

Dr. W. D. Harper, optician,
 of Big Springs, will be in Ster-
 ling City the 8th for a few days.

Judge Renshaw is preparing
 his land under the Campbell
 system by breaking a "land" and
 then turning back on it with a
 roller. He has also purchased
 improved machinery, and pro-
 poses to mix brains with muscle
 in the operation of farming. A
 man who does this, is sure to
 make a crop. But Renshaw most
 always makes the soil give up a
 good fee for tilling it.

A heavy wind storm prevailed
 here last night. About 5 o'clock
 yesterday evening a small thun-
 der cloud formed in the south-
 west, and by 6:30 a heavy show-
 er was falling, accompanied by
 thunder. By 7 o'clock the wind
 had shifted to the west and blew
 all night with almost hurricane
 force.

A buggy shed belonging to W.
 T. Latham was overturned and
 smashed the buggy which was in
 it.

Notice:—Our west bound stage
 will continue to take dinner at
 Water Valley, while the east
 bound will take dinner at Hughs-
 es. This will enable east bound
 passengers to arrive in San An-
 gelo from one to two hours ear-
 lier each evening.
 Tom & Will Savell.

TRESPASS NOTICE

August 26th, 1908.
 Notice is hereby given that all
 parties hauling wood from Sec.
 4, 35, in the T. D. Reed pasture
 without permission will be prose-
 cuted to the full extent of the
 law.
 J. L. Latham,
 L. M. Pennock,

NOTICE

Any person hauling wood, fish-
 ing, hunting, or in any way tres-
 passing on any lands owned or
 controlled by me, will be prose-
 cuted.
 W. L. Foster.

Wanted—An Idea
 Who can make
 of glass or
 thing to patent
 Write JOHN W. BROWN, R. F. D. 2, Paris, Texas
 or Washington, D. C., for their \$1.00 price with
 25c list of "no hundred" inventions.

W. H. Edelman, Pres. A. Y. Patterson Vice Pres. Emma Westbrook, Cashier
FIRST STATE BANK
 OF STERLING CITY, TEXAS.
 SUBJECT TO GOVERNMENT INSPECTION
 CAPITAL, \$10,000.
 We will appreciate your business.
 Accommodations cheerfully extended.

Marlin
 There is no more handy and satisfactory gun to have
 about the house than a Marlin 22. This gun is handy
 for all kinds of game and can be used for
 the purpose of target or small game shooting, and in the same time readily
 made, without any long range rifle for such game as the fox, coon, beaver,
 woodchuck, hawk, and quail, etc.
 The Marlin 22 has many superior features of construction which
 with the advantage of different kinds of 22's, makes it high in the estimation
 of small game rifle users. No rifle but a Marlin has 22's in its
 line. It's good to think about what you own.
 You will enjoy the red hunting gloves in our "Experience Book." For
 for 3 stamps with our 130-page Catalogue.
The Marlin Firearms Co.
 42 Willow Street New Haven, Conn.

SAN ANGELO & STERLING CITY
STAGE AND AUTO LINE.
 WILL AND TOM SAYELL, PROPRIETORS. PHONE 609, SAN ANGELO.
 Auto will leave San Angelo at 7 o'clock every Tuesday,
 Thursday and Saturday morning, and go through to Big
 Spring, stopping regularly at Hughes, Water Valley, Sterling
 and Koshareet.
 Team line will leave San Angelo at 7 o'clock every Monday,
 Wednesday and Friday morning bound for Sterling City.
 All express left at Duran Hotel.

Dr. C. R. CARVER.
 General Practitioner with Surgery
 and Chronic diseases a specialty.
 Calls promptly answered day or
 night. Office first door north of
 Fisher Bros. Drugstore. Phone 48.
 STERLING CITY, TEXAS.

Dr. B. B. Beakley
 Physician & Surgeon,
 OFFICE AT COLLSON & WEST-
 BOOK'S DRUG STORE.
 Sterling City, Texas

JEFF D. AYRES,
 LAWYER AND
 NOTARY PUBLIC.
 STERLING CITY, TEXAS.

LOWE & DURHAM
 Dealers in
 Coffins and Caskets
 Carry in stock fine, complete
 line of Undertaker's Goods.

The Mansorial Barber
 H. H. Hooker, Prop.
 HAIR CUTTING AND SHAVING
 IN MOST APPROVED STYLE

TRESPASS NOTICE.
 Any person hauling wood, fish-
 ing, hunting or in any way tres-
 passing on any lands owned or
 controlled by me, will be prose-
 cuted.
 R. W. Foster

Notice to Trespassers
 Notice is hereby given, that any person
 or persons who shall hunt, fish, cut
 or haul wood, work or drive stock, or
 otherwise trespass upon any land owned
 or controlled by us, or either of us
 without our permission, will be prose-
 cuted to the full extent of the law.
 Those driving stock down lane
 must keep in the lane until across Beal's
 creek.
 W. R. Felker
 By N. D. Thompson manager

TRESPASS NOTICE
 Notice is hereby given that any
 person who shall hunt, fish, cut
 or haul wood, or otherwise tres-
 pass on any of the lands owned
 or controlled by me will be prose-
 cuted by the full extent of the law.
 4-6-07
 A. F. JONES

POSTED.
 Our pasture is posted and all
 persons are hereby put upon
 legal notice that any one who
 shall hunt, cut or haul wood or
 otherwise trespass upon any of
 the lands owned or controlled
 by us will be prosecuted to the
 full extent of the law.
 10-26-01 Fisher Bros.

Notice to Hunters.—Posted.
 My pasture is posted accord-
 ing to the law made and provided
 in such cases and all persons are
 hereby warned and forbidden to
 hunt, fish, or otherwise trespass
 upon any of the enclosed lands
 owned or controlled by me, under
 pain of prosecution to the full
 extent of the law. J. T. Davis
 5-6-02 J. T. Davis

NOTICE—KEEP OUT.
 Notice is hereby given that any
 person who shall hunt, fish, cut
 or haul wood or otherwise tres-
 pass on any of the lands owned
 or controlled by me will be prose-
 cuted by the full extent of the law.
 G. W. Allard.

Posted.
 I have posted my pasture according
 to the laws made and provided in
 such cases, and all persons are hereby warned
 and put upon notice that any person
 who shall hunt, cut and haul wood or
 otherwise trespass upon any enclosed
 land owned or controlled by me, will be
 prosecuted to the full extent of the law
 J. S. Johnson.

TRESPASS NOTICE
 Any person hauling wood, fish-
 ing, hunting, or in any way tres-
 passing on any lands owned or
 controlled by us, will be prose-
 cuted.
 W. R. McINTIRE & SON

NOTICE
 All persons having any interest
 in house known as the "Hillside
 School House," in my pasture
 southeast of my ranch on Sterling
 Creek will present their claims to
 me at an early date, as I intend to
 move said building away soon.
 W. L. Foster

THE STATE LEGISLATURE

IMPORTANT BILL IS ONE EFFECTING SALARY OF COUNTY ATTORNEYS—MANY OTHERS.

WOULD CHANGE PISTOL LAW

Bill Providing for the Practice by Physicians Without Going Before State Board.

Austin: House committee on taxation will report favorably the bill by Mr. Briscoe removing the gross receipts tax law from dealers in pistols. The bill met with considerable opposition in the committee room, and notice of a minority report was served by Mr. Nelson of Hopkins. Mr. Briscoe and Mr. Robertson of Bell contended ardently for the bill, saying that by the operation of the gross receipts tax law upon dealers in pistols mail orders concerns were selling all the guns "toted" in Texas and the state dealers were forced to the wall.

Districts and School Fund.

Austin: Unanimous favorable action was taken by the house committee on education on the senate bill by Senator Alexander relating to school districts and school funds, allowing the county commissioners to levy special school taxes, and which puts in effect the constitutional amendment adopted by a vote of the people in the last general election. R. B. Cousins, state superintendent of education, was present and congratulated the committee on its attitude toward the bill.

Improvement of A. & M. College.

Austin: Representative Terry has introduced a bill in the house having for its object the adding to the Agricultural and Mechanical college a department of instruction in the theory and practical art of grading, classifying and stapling spinable value of cotton.

Bill for New Laws Killed

Austin: The house committee on state affairs killed the Jenkins bill providing for the creation of a legislative commission to revise and suggest new laws to the legislature. This same bill was up in the last legislature and met the same fate.

New House Bills.

Austin: The following bills were introduced in the house Friday: By Mr. McDonald—To provide medical attention and maintenance for peace officers wounded in the discharge of their duties.

By Mr. Reid—Creating the county of Jim Hogg from territory of Edwards, Bandera, Medina and Uvalde counties. By Messrs. Graham, Johnson and Boswell—Two bills providing that graduates in medicine or in pharmacy of the University of Texas shall be entitled to practice their respective professions without further examination.

By Messrs. Wilson, Stamps and Luce—To provide for taking and preservation of evidence establishing the identity of ex-Confederate soldiers so as to establish their right to pensions.

By Mr. Lee—Prohibiting owners of sheep which have scab or other diseases from driving same along the public roads or through enclosed fields or pastures belonging to another without permission of the owner.

By Mr. Lawson—Providing that it shall be the duty of justices of the peace, without a jury, to hold inquests in the following named cases: Where a person dies in prison, or dies unnaturally, except under sentence of the law, or the body is found and cause and circumstances of death are unknown, or where the circumstances are such as to cause suspicion that death was caused by unlawful means.

By Mr. Spradley—Prohibiting the removal, destruction or interfering with telegraph or telephone poles or wires. Penalty, two to five years in the penitentiary or fine of \$100 to \$200. Poles and wires, however, may be removed from roads upon order of the commissioners' courts.

By Mr. Robertson of Bell—To provide that commissioners' courts may correct the assessment of unassessed or "unknown" property, where the assessment appears to be excessive.

By Mr. Driggers—Prohibiting the killing of wild fox, except with hounds, in Montgomery county.

Governor's Campbell's Appointments.

The Governor's appointments submitted to the Senate Friday, and which were confirmed, follows:

Assistant Attorney General, Felix J. McCord, Smith County.

Secretary of State, W. B. Townsend, Wilbarger.

State Health Officer, William Brumby, Harris.

State Health Officer, William M. Brumby, Harris.

Commissioner of Insurance and Banking, T. B. Love, Dallas.

State Tax Commissioner, L. T. Dashiell, Leon.

State Revenue Agent, W. J. McDonald, Hardeman.

State Purchasing Agent, Charles B. White, Fannin.

Game, Fish and Oyster Commissioner, R. H. Wood, Arkansas.

Superintendent of Public Buildings and Grounds, W. C. Day, Hays.

Board of Pardon Advisors, A. P. McKinnon, Hill; William Blakeslee, Lavaca.

Superintendent of Penitentiaries, J. A. Herring, Madison.

Changes in the Pension Law.

Austin: Following are the radical changes in the Confederate pension law introduced by Messrs. Pearson, Reed Schluter, Ralston, McKinney, et al, in the House: 1. The date of marriage of widows is raised from prior to March 1, 1860, to March 1, 1880. This is in accordance with Constitutional amendment carried at the general election, November, 1904.

In the Senate.

The paramount issue before the senate committee on state affairs was a bill by Mr. Holsey prohibiting United States senators and representatives and state senators and representatives from accepting employment from public service corporations. The discussion opened with a short talk from Senator Sturgeon, who thought the idea of the bill wrong. He did not think that any one would be corrupted by the fees that he was receiving from a corporation. Any one had a right to represent corporations when not in the legislative halls, he declared.

Austin: Senator Murray charged Tuesday in the senate while talking against the submission of a prohibition amendment that the Democratic party of Texas has perpetrated a fraud on the people of Texas by attempting to force the legislature to a submission amendment. He occupied the floor practically all of Tuesday's session of that body. He maintained that the submission proposition fell 18,000 votes short in the recent primaries and still it was made a platform demand; that it has never been endorsed by a majority of those participating in the primaries.

Senator Hume will next talk on the question to-morrow.

The senate adjourned until 10 o'clock Wednesday. It is understood there are several more speeches yet to be made on the resolution.

Construction of Causeways.

Austin: Senate committee on roads, bridges and ferries Friday reported favorably the bill by Senator Senter, allowing any county of 50,000 population to levy a bond issue by vote for the purpose of construction of causeways, viaducts and bridges and providing for the maintenance of the same.

Another Telephone Bill.

Austin: Senators Terrell of Bowie and Meachum have prepared and will introduce next week a bill of far-reaching importance and of interest over the entire state. It places telegraph and telephone lines under the jurisdiction of the railroad commission, authorizing them to make rates, regulate connections, fix divisions, require adequate stations and service and compel joint service, both local and long distance. Its provisions are far-reaching.

Want Racing to Remain.

Austin: A petition containing the signatures of more than 3,000 men of Dallas was Tuesday sent to State Senator E. G. Senter, asking that the appeal already made by the Texas Thoroughbred association and the Texas Harness Breeders' association shall be granted. The petition is addressed to Representatives Lively, Crawford, McCallum and Cox, as well as Senator Senter, but was sent to Austin in care of the latter. The petition asks that the present laws regarding the betting on racing be unchanged and that there shall be no legislation regarding racing.

Reorganize Judicial Districts.

Austin: Senator Bryan's bill to reorganize the Thirty-second, the Sixty-third, the Thirty-fourth and Thirty-ninth judicial districts and to create the Sixty-eighth judicial district came up in the senate Tuesday, causing considerable comment. Mr. Harper insisted that too many judicial districts existed already.

New Senate Bills.

Austin: Bills were introduced in the senate Friday as follows:

By Mr. Ward—Increasing the pay of assistant county attorneys within the discretion of the commissioners' court to between \$1,500 to \$1,800, so as to secure better lawyers.

By Messrs. Welhart, Cofer, Murray and Hudspeth—Creating a state library commission as recommended by librarians over the state.

By Mr. Real—Providing for the appointment of special district attorneys in counties over 60,000 population in order to expedite the trial of cases, there being more than one district court in session at the same time in one county.

By Mr. Terrell of Bowie—Prohibiting telephone, water, gas and light companies from discontinuing service with out notice to the patron, and where controversies as to charge occur, send a representative to the residence or place of business to see if the matter can be adjusted. If it is not settled the person may pay the charges under protest and have them refunded if the courts sustain him, but service must not be discontinued until a final decree is had.

By Brachfield—The Marshall charter bill.

By Mr. Terrell of McLennan—Providing that graduates of the state medical college shall not be required to stand examination before the state board of examiners, but may practice upon securing their diplomas.

By Messrs. Terrell of McLennan, Willacy, Watson and Peeler—Providing that graduates in pharmacy from the state medical college may practice pharmacy without taking examination before the state pharmaceutical board.

By Mr. Cofer—To amend incorporation act so as to permit billposters and advertisers to incorporate.

AWFUL GRAVEL ATTACKS

Cured by Doan's Kidney Pills After Years of Suffering.

F. A. Rippy, Depot Ave., Gallatin, Tenn., says: "Fifteen years ago kidney disease attacked me. The pain in my back was so agonizing I finally had to give up work. Then came terrible attacks of gravel with acute pain and passages of blood. In all I passed 25 stones, some as large as a bean. Nine years of this ran me down to a state of continual weakness, and I thought I never would be better until I began using Doan's Kidney Pills. The improvement was rapid, and since using four boxes I am cured and have never had any return of the trouble."



Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

IMPUDENCE PERSONIFIED.



Robert Rustler—What did you say was the title of your new song? Successful Chorus Lady—I call it "The Proposal."

Robert Rustler—And the key? Successful Chorus Lady—B minor. Robert Rustler—B mine—eh? How would you like to change it for a key in A flat?

ITCHED FOR TWELVE YEARS.

Eczema Made Hands and Feet Swell, Peel and Get Raw—Arms Affected, Too—Gave Up All Hope of Cure.

Quickly Cured by Cuticura.

"I suffered from eczema on my hands, arms and feet for about twelve years, my hands and feet would swell, sweat and itch, then would become callous and get very dry, then peel off and get raw. I tried most every kind of salve and ointment without success. I tried several doctors, but at last gave up thinking there was a cure for eczema. A friend of mine insisted on my trying the Cuticura Remedies, but I did not give them a trial until I got so bad that I had to do something. I secured a set and by the time they were used I could see a vast improvement and my hands and feet were healed up in no time. I have had no trouble since. Charles T. Bauer, Volant, Pa., Mar. 11, 1905." Potter Drug & Chem. Corp., Sole Props., Boston.

Willing to Take a Chance.

The other evening a particularly woe-begone and souseful looking person stopped James J. Buckley on East Sixth street.

"Gimme a dime for a bed, won't you, mister?" asked the stranger in that half whisper they always use.

Buckley looked at him for a minute thoughtfully. "Well," says he, seriously, "bring the bed around and if I think it's worth the price I'll give you a dime for it, of course."—Cleveland Plain Dealer.

There Has Recently Been Placed

In all the drug stores an aromatic, pleasant herb cure for woman's ills, called Mother Gray's AUSTRALIAN LEAF. It is the only certain regulator. Quickly relieves female weaknesses and Backache, Kidney, Bladder and Urinary troubles. At all Drugists or by mail 50 cts. Sample FREE. Address, The Mother Gray Co., Le Roy, N. Y.

Stuck.

"My wife is always sticking me for money." "That must be pin money."—Exchange.

For Headache Try Hicks' Capudine

Whether from Colds, Heat, Stomach or Nervous troubles, the aches are speedily relieved by Capudine. It's Liquid—pleasant to take—Effects Immediately. 10, 25 and 50c at Drug Stores.

Why is it that the divorce suit of one of her friends interests the average woman more than her own marriage?

Marvelous! How do we get so much delicious mint leaf flavor in every stick of WRIGLEY'S SPEARMINT?

Many a man has lost his life in trying to collect the living he thought the world owed him.

FILES CURED IN 6 TO 14 DAYS. LAZO OINTMENT is guaranteed to cure any case of itching, Bland, Itching or Pruritic Piles in 6 to 14 days or money refunded. 50c.

A happy medium ought to make good at a spiritual seance.

It tastes like a mint julep without the julep—WRIGLEY'S SPEARMINT.

The rule in a prohibition state seems to be "bar none."

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

You might say of a legal wedding, "Certainly knot."

THE PERUNA ALMANAC.

The druggists have already been supplied with the Peruna almanac for 1909. In addition to the regular astronomical matter usually furnished in almanacs, the articles on astrology are very attractive to most people. The mental characteristics of each sign are given with faithful accuracy. A list of lucky and unlucky days will be furnished to those who have our almanacs, free of charge. Address The Peruna Co., Columbus, O.

Oh, Father! "Father, you must not drop your final 'g's'."

Thus Gwendolin obsessed by nouveau culture, to father, retired pork packer.

"But I haven't been droppin' 'em." "There you go. Droppin'! And you say 'comin' and goin' and eatin' without any final 'g' sound at all. It's awful."

A pause. "Gweny." "Yes."

"May I drop the final 'g' in egg?"

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.

WALDING, KINSAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists.

Take Hall's Family Pills for constipation.

The Rev. William Y. Chapman of Newark, N. J., thinks that the uplift movement should be extended to the kitchen girl. "There is no one," he declares, "I sympathize with so much as the woman who serves things upon dishes and then has to wash the dishes again. It is the most thankless job on the planet."

Important to Mothers.

Examine carefully every bottle of CASTORIA a safe and sure remedy for infants and children, and see that it

Bears the Signature of *Wm. D. Hooper* In Use For Over 30 Years. The Kind You Have Always Bought.

A Great Cure. Celia—Her hair turned perfectly white in one night from trouble.

Delia—Really? What was the nature of the trouble? Celia—Chemical.—Judge.

Smoke on! Chew WRIGLEY'S SPEARMINT. It doubles the pleasure and hides the breath.

Those enjoying prosperity should always be ready to assist the unfortunate.—Demosthenes.

ONLY ONE "BROMO QUININE" That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Used the World over to Cure a Cold in One Day. 25c.

Less than a pint of whisky may make a peck of trouble.

WHY suffer with eye troubles, quick relief by using PETTIT'S EYE SALVE, 25c. All druggists or Howard Bros., Buffalo, N. Y.

Marriage is the hurdle between romance and reality.

No More Pain

"Before I took Cardui," writes Mrs. Martha Hown, of Sevierville, Tenn., "I would take smothering spells, and suffered at my periods till I wanted to die. I took doctor's medicine, but it did me no good, so my husband got me a bottle of Cardui. I have taken two bottles and I can do my cooking now, and all my work, and look better and stouter than I have for 12 months and have no more pain."

Take CARDUI It Will Help You

With such enthusiastic, truthful, unbiased testimony before you, how can you still hesitate to buy and try Cardui, for your female troubles?

Your suffering cannot be worse, than that so graphically depicted by Mrs. Hown. Go, then, today, to the store and get a bottle of Cardui. It has helped thousands of women. Why not you?

Give Cardui a fair and thorough test and it will surely help you.

MONEY LOANED

ON REAL ESTATE

LONG TIME EASY PAYMENTS

RELIABLE REPRESENTATIVES WANTED

The Jackson Loan & Trust Company

120 WEST CAPITOL ST. JACKSON, MISSISSIPPI

SEED BARLEY 60 cts. a bu.

Per Salzer's catalog page 120.

Largest growers of seed barley, oats, wheat, speltz, corn, potatoes, grasses, clovers and farm seeds in the world. Big catalog free or send 10c in stamps and receive samples of barley yielding 173 bu. per acre. Billion Dollar Grass, Oats, Speltz, etc., etc., easily worth \$10.00 to get a start with. Or, send 14c and we add a sample farm seed novelty never seen by you before.

SALZER SEED CO., Box W, La Crosse, Wis.

BE FIRST EXCLUSIVE CONTRACTS GIVEN Write today O.C. GREEN CONCRETE MACHINERY CO. 210 N. ROBINSON ST. OKLAHOMA CITY 1032-946

Hooper's Don't Scratch

(Tetter Cure) Is sold by druggists everywhere on a positive guarantee to cure Dan-druff and all Scaly Troubles, Tetter, Eczema, Itch, Ringworm, Clapped, Sunburned Face and Hands, Pimples, Itching Piles, Sore, Swelty, Blistered Feet, Cuts, and all Irritations of the Skin. Does not stain, grease or blister. Two Sizes, 50c and \$1 bottles. Trial Size 10c. Either mailed direct on receipt of price.

HOOPER MEDICINE CO., Dallas, Texas, and Jersey City, N. J.

KNOWN SINCE 1836 AS RELIABLE

PLANTEN'S BLACK C & C OR BLACK CAPSULES

SUPERIOR REMEDY FOR URINARY DISCHARGES IN DRUGGISTS OR BY MAIL ON RECEIPT OF 50c. H. PLANTEN & SON, 93 HENRY ST. BROOKLYN, N.Y.

DR. MCINTOSH celebrated

NATURAL UTERINE SUPPORTER

gives immediate relief. Sold by all surgical instrument dealers and leading druggists in United States and Canada. Catalog and price list sent on application. THE HASTINGS & MCINTOSH TRUST CO., 912 Walnut St., Philadelphia, Pa., manufacturers of Trusses and sole makers of the famous stamped "MCINTOSH" Supporter.

WRIGLEY'S

SALESMEN WANTED in every town to sell Wrigley's in the fast growing West Texas town, together with acreage. Special investment. Easy seller. No lottery of drawing scheme. Backed by responsible business men. Good commissions to reliable agents. Write owners, BIRD & SCALES, Dallas, Tex.

Associated with Thompson's Eye Water

W. N. U., DALLAS, NO. 6, 1909.

You Look Prematurely Old

Because of those ugly, grizzly, gray hairs. Use "LA CREOLE" HAIR RESTORER, 9 PRICE, \$1.00, retail.