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A BUILDER IN GARZA COUNTY SINCE 1926

THEPOSTDISPATCHONLINE.COM

FRIDAY, FEBRUARY 14, 2014

Proposed ATV In the ring park draws ire among homeowners

Public meeting was planned last night in Post

By Wayne Hodgin The Post Dispatch

A federal grant that has been awarded to the White River Municipal Water District is being closely scrutinized by a group of homeowners who say noise, crime and all-around tranquility at the lake could be compromised if a proposed 15-mile multi-use recreational trail system is built as expected.

In addition, homeowners argue, taxpayers among the lake's owners 34 including the residents in Post, Crosbyton, Ralls and Spur 3/4 could be left with debt if the project was to fizzle. Officials at White River have for the last two years been increasingly successful in being awarded grant money from the National Recreational



Garza County 4-H'er Katie Dunn, a senior at Post High School, shows her fifth place spot cross during the swine event Monday at the San Antonio Livestock Exposition. Dunn showed in a class of 29.



Post Notes

75 CENTS

Events are listed free of charge as a service by this newspaper for nonprofit groups, civic organizations, churches, schools and select community events. Listings should be submitted at least two weeks in advance and will run as often as possible through the date of the event. News staff does not guarantee placement of events. Emailed submissions are preferred to thepostcitydispatch@gmail.com.

Valentine's dinner

A Valentine's dinner will be served at 6:30 p.m. Friday at the Heritage House in Post. Seating was limited, but seats still may be open. Call 806-495-4148 or email ccarts@poka.com for information. Tickets at \$18 per person for a prix fixe meal.

Open house

See PARK, Page 6

District champs Teammates cap second undefeated season

The eighth-grade boys basketball team at Post Middle School capped off an undefeated season Monday night with a 43-21 win over the Floydada Whirlwinds for the district championship.

Team members are Austin Britton, Brandon Britton, Chance Courtney, Aric Garza, Damian Garcia, Ian Haworth, Michael Phergueson and Dealean Reed.

Coach Josh Reese said this is the second consecutive year the team has celebrated a noloss season. The team, as last year's seventhgrade Antelopes, also was undefeated.

"Great things are expected out of this crop of Antelopes as they enter their formative high By Wayne Hodgin school years," Reese said. "I'm glad I had the The Post Dispatch opportunity to coach these young men, and I look forward to seeing what the future holds for them."

defensive teamwork were key to a successful stock show circuit with recent events in Fort 4-H, Audree Williams, daughter of Keith season.

"We played great on both sides of the ball, and come in Houston and a splattering of other I was very impressed all season with how these places. guys continue to meld and come together as a team," he said.

The overall record for the eighth-grade team her spot cross from a class of 29 at the San throughout their junior high career is 22-0.

The seventh-grade team at Post Middle also rounded out the season Monday with a 33-21 place ribbon in the Berkshire class. win over Floydada. The Antelopes finished the year with an 8-2 record.

Wayne Hodgin

Lance Dunn/For the Dispatch

(Above) Garza County 4-H'er Katie Dunn gives the judge a good look at her Berkshire and was eventually awarded sixth place this week at the San Antonio stock show.

Photo provided by Garza County 4-H

(Left) Russ Morris, right, a member of Garza County 4-H, gets compliments and tips from the judge on his 10th place Duroc at the 2014 Fort Worth Stock Show recently.

4-H'ers hit the stock show circuit

livestock programs have been burning up the Looking at the year, Reese said offensive and asphalt between their homes in Post and the Worth and San Antonio with shows yet to

> Garza County 4-H'er Katie Dunn, a senior at Post High School, garnered fifth place with Antonio Stock Show on Monday.

In addition, Dunn will bring home a sixth-

Garza County Extension Agent Nancy McDonald said out of all 4-H youth so far this season Dunn has placed the highest.

Last week local 4-H'er Russ Morris was awarded 10th in the duroc class at the Fort members throughout the state last year.

Worth Stock Show.

For their success, youth who participate in livestock showing are awarded thousands Garza County youth active in the various of dollars in scholarships for their achievements.

> Last year as a member of Garza County and Janeece Williams of Post, was one of 13 high school seniors awarded the highestever scholarship presented by the Texas 4-H program.

> Williams, now a freshman at West Texas A&M University in Canyon, received a \$20,000 scholarship sponsored by the San Antonio Livestock Show Association and presented through the Texas 4-H Opportunity Scholarship Program.

> Through the Texas 4-H Youth Development Foundation, more than \$2.2 million in scholarships were awarded to about 200 youth

Post ISD will have an open house for its newly constructed maintenance and transportation facility from 5 to 6 p.m. Saturday near the Post High School campus.

Ragtown show

"Gethsemane" will open at Ragtown Gospel Theater on Feb. 21. Tickets and information at ragtown.com. Productions run through April 12.

Chamber banquet

The Post Area Chamber of Commerce annual awards banquet will be Feb. 22. Make plans to attend now. Business and Citizen of the Year ballots will be sent soon.

Tabana Yuane

The annual sunrise wind ceremony predicting the upcoming crop season will be March 22 at City Park.

Corrections

If you spot an error of fact, contact Editor Wayne Hodgin at 806-495-2816 or thepostcitydispatch@gmail. com.

News on the go



Use your smartphone to scan the quick response, or QR, code to visit us online.





The Post Dispatch

2 FRIDAY, FEBRUARY 14, 2014 | THE POST DISPATCH

BMG BLACKBEERN MEERA GROUT

The Post Dispatch, 123 E. Main St., Post Texas, 79356, Is open from 9 a.m. to 2 p.m. on Monday, Wednesday and Friday; from 9 a.m. to 5 p.m. on Tuesday and is closed on Thursdays. Phone 806-495-2816 Fax 806-495-2059 Email thepostcitydispatch@gmail.com

PUBLISHER William C. Blackburn

EDITOR/GENERAL MANAGER Wayne Hodgin

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It is the mission of this newspaper to promote the rights of individualism in the American Declaration of Independence. The right of life, liberty and ownership of property are the cornerstone of freedom, Government's sole purpose is to enhance our liberty and freedom. Therefore, we hold every elected and appointed agent of government accountable to that standard.



POST — Services for Taylor Jordan-Nichole Baker, 20, of Post were Feb. 1 at First Baptist Church of Post with the Rev. Jack Maddox officiating. Burial was in Terrace Cemetery under the direction of Hudman Funeral Home.

Mrs. Baker died Wednesday, Jan. 29, 2014, near Post. She was born Nov. 2, 1993, in Denison. She married Klent Baker on Nov. 16, 2013, in Post.

Diana Brockman

POST - Diane Brockman, 60, of Post died Sunday, Feb. 9, 2014, at the Lubbock Heart Hospital. Celebration of Life service was Thursday at Graham Chapel United Methodist Church. Arrangements were under the personal care of Dee and Janet Justice of Justice-Mason Funeral Home of Post.

John Carroll and Ramona Joyce (Peacock) Brockman in Graham, Diane and her family lived in Graham, Woodson, Temple and Throckmorton, before coming to Post. VFW Post 6797. She was a She attended Post schools patient mother, grandmother

Over the years Ms. Brock-

man worked for Cal-Maine

Egg Farms, Weldon's Con-

struction, George's Con-

struction and the Dalby Cor-

member of the Ladies Aux-

She was a Christian and a

iliary of the Mille/Luman daughter-in-law

High School in 1971.

rectional Facility.



DIANA BROCKMAN

quilting, cooking and helping

others out in any way pos-

sible. She taught her grand-

children and many others

Ms. Brockman was pre-

ceded in death by a hus-

band, Robbie Gene King, on

March 7, 2011; her parents;

how to fish over the years.

Survivors include her

Born March 27, 1953, to

and graduated from Post and friend. She loved fishing,

of Post; mother, Monica Odom of Post; daughter Mileigh Baker of Post; grandfather Frank Martinez of Post; brother Travis Lewis of Post; sister Brittany Leon of Denton; father- and mother-in-law Kelly and Donna Baker of Post; special uncle Nicholas Martinez of Post; and an unborn son, Dunkan Baker.

husband,

Klent Baker,

King; and a grandchild Machelle Martin-Macum.

Survivors include her son Jeremy "Stumpy" King of Post; stepdaughters Gaynell Carter and Melanie Fortenberry, both of Lubbock; brother Claton and Cheryl Brockman of Taft; sisters Janice Branson of Lubbock and Sherry and Bill Winters of Cheyenne, Wyo.; grandchildren Brazos King, Dylan and Dakota Greer, Rusty and Leslie Workman, Brynn Ireland, Shawn and Haley Thomas and Michael Fortenberry; great-grandchildren Reagan and Roan

Rhea James

PLAINVIEW - Rhea James, 71, passed from this life on Tuesday, Feb. 11, 2014, after valiantly and courageously battling cancer for 14 months. Funeral services were Thursday at 9th & Columbia Church of Christ in Plainview. Interment was in Terrace Cemetery in Post, under the care of Kornerstone Funeral Directors of Plainview.

Mrs. James was born

April 17, 1942, in Slaton to Elva and Myrtle Peel. She was raised in the Graham Chapel community west of Post and graduated from Post High School in 1960. She was a longtime member of the Church of Christ.

Rhea married Johnny James on Oct. 3, 1996, and they had made their home in Plainview until moving to Lubbock last summer.

She was preceded in death by two sons, Berry Huntley and Kam Huntley; one sister Jeanie Byrd; and her parents.

She is survived by her husband, Johnny, of Lubbock; sons, Derek Huntley of Tomball and Terry Huntley and his wife, Janet, of Lubbock; stepchildren Amy Detwiler of Sour Lake, Jason James of Plainview; one adored grandson, Sam Huntley of Columbia, Mo.; sister Beth Hooten and husband, David, of Lubbock; nieces D'Lynn Williams and husband, Richard, of Lubbock, Keliss Byrd of Lubbock, Christa Gillis and husband, Joe, of Gatesville; three nephews Shawn Byrd of Lubbock, Clay Hooten of Farmers Branch, Texas, Coby Hooten of Lubbock, one aunt, Mae Hedrick of Lubbock and three special cousins Judy Guy, Anne Gravitt and Kay Bowman.

The family suggests memorials be made to the American Cancer Society.

thepostdispatchonline.com

RHEA JAMES

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DEADLINES Advertising: 5 p.m. Mondays Editorial: Noon Tuesdays

SUBSCRIPTIONS \$30 a year in the county \$35 a year outside the county

Call 806-495-2816



Paul Duren West Texas Press Association

Letters to the **Editor Policy**

The Post Dispatch welcomes letters from readers on topics of local, state, national and international importance. Email letters are preferred to thepostcitydispatch@ gmail.com. All letters must include a first and last name, street address (no post office boxes), daytime phone number. Letters sent via U.S. mail may be sent to P.O. Box 426, Post, TX 79356.)

SAN ANGELO - Paul Chester Duren, Jr., 84, went to be with his Lord and Savior on Sunday, February 9, 2014. Funeral services were Wednesday at the funeral home's Sherwood Way Chapel, officiated by Reverend Gary Phillips, with interment to follow in Lawnhaven Memorial Gardens. Pallbearers will be Carl Word, Jimmy Morrison, Glen Jackson, Ervin Englert, Ray Coleman and Joe Lee. Services are under the direction of

wood Way.

Colorado to Paul Chester Duren, Sr., and Dessie Duren was drafted into the Army in 1950. He married Joyce Faulks on April 4, 1953 in Lovington, New Mexico. They welcomed daughter Paula into the world on January 28, 1954.

PAUL DUREN

Shaffer Funeral Home/Sher- He worked for General Telephone Company for forty-five Paul was born in Trinidad, years and retired in 1989.

He was preceded in death by his parents; his wife, Joyce on February 21, 1929. Paul Duren and daughter, Paula



Workman and Tripp Polson; nephews Glen, Shane, Tony, Josh Branson, Little Bill and Nathan Winters; nieces Jamie, Amanda and Samantha Winters.

Memorials are suggested to the Ladies Auxiliary of the VFW Miller/Lumen Post 6797 of Post.

Paul is survived by his grandsons, Chris Word and wife Heather; Cory Word and wife Meagan; great grandchildren, Emily Word, Madison Word and Case Word, all of San Angelo. He is also survived by numerous nieces and nephews.

The family would like to thank Shannon - Dialysis, Hospice of San Angelo, and Lifepoint Baptist Church. In lieu of flowers the family requests donations be made to Hospice of San Angelo. Family and friends may make online condolences at www. shafferpioneer.com.

Letter to the Editor Taxpayers could be left in trail's wake

This comment is to inform all taxpayers of Post, Ralls, Crosbyton and Spur of a proposed ATV trail at White River Lake. The cost of the trail is estimated between \$800,000 to \$1 million.

The four towns listed above that own the lake will be responsible for 20 percent of the final amount. Should the trail close within 20 years, the taxpayers of these towns could be liable for the entire cost up to \$1 million.

Please ask the directors from your town who sit on the White River board of directors to vote "NO" to the proposed ATV trail at White River Lake.

> DAVID TATE White River Homeowners Association

Menus

Breakfast Menu for February 17-21 Monday Breakfast Pizza, Fruit, Juice, Milk Tuesday Pancakes, Sausage, Fruit, Juice, Milk Wednesday Cherry or Apple Frudel, Yogurt, Fruit, Juice, Milk Thursday Muffins, Yogurt, Fruit, Juice, Milk Friday No School

Lunch Menu for February 17-21 Monday Ravioli, Garden Salad, Fruit, Cookie, Milk Tuesday Nachos Grande, Refried Beans, Garden Salad, Tortilla Chips, Fruit, Milk Wednesday Toasted Ham & Cheese Sandwich, Vegetable Soup, Baby Carrots w/Ranch, Fruit, Milk Thursday Hamburgers, Corn, Veggie Cup w/Ranch, Baked Chips, Fruit, Milk Friday No School

NOTES

School of Law conduct free clinic for low-income taxpayers throughout the year to assist them with

PUBLIC NOTICE

Election Logic and Accuracy Test

The Garza County Clerk's office will conduct the Logic and Accuracy Test for the automatic tabulating equipment on Thursday, February 13, 2014 at 4:30 p.m. at the South Plains Community Action Building (a.k.a. County Barn) located on the south side of the City Park Lake on Highway 84. The tabulators will be used in counting the vote for the March 4, 2014, Primary Elections. The test is open to the public. This Notice is in compliance with Texas Election Code § 127.096.

Amanda

Word.

AVISO PÚBLICO

La Lógica de la Elección y la Certeza Prueban

El registro civil de Garza realizará la Lógica y la Certeza Prueban para el equipo automático que tabula el Jueves, el 13 de Febrero de 2014 en 4:30 p.m. en el Edificio del sur de Acción de Comunidad de Llanuras (a.k.a. El Granero del condado). Es situado en el lado del sur del lago de Parque de Ciudad en la Carretera 84. Las tabuladoras serán utilizadas a contar el voto para el 4 de Marzo, 2014 Elecciónes primario. La prueba está abierta al público.

Esta Nota está en conformidad con Código de Elección de Texas § 127,096.

Savings Available On: Identity Theft Featuring

Family Fun

Restoration Rescue* Dining & Entertainment Retail Stores & Gifts Travel Services

GenGold[®] can be added to any consumer checking account. GenGold® is available for a low monthly fee.

See www.peoplesbanktexas.com for details. Call your local Peoples Bank and ask how to sign up!



From Page 1

Military exhibit

The Garza County Historical Museum, 119 N. Ave. N, Post, has a new exhibit of more than 100 cast-dyed military warplane models on display as part of the 72nd anniversary of the 1941 bombing of Pearl Harbor. The planes were donated by U.S. Marine Corps veteran Patrick Reilly and will be part of the museum's permanent collection. This county museum is housed in an old sanitarium built in 1912 by C.W. Post. Exhibits feature artifacts significant to the county and of general interest to visitors. For information, call 806-495-2207.

Taxpayer clinic Students at the Texas Tech

federal tax issues related to individual tax matters. Eligibility is determined by the federal poverty guidelines. For information or schedule an appointment, call Nancy Mojica at 806-834-7972 or 800-420-8037.

GED classes

Instructional sessions for the GED test are 5 to 8 p.m. Tuesdays and Thursdays in Room 18 at Post High School. Call the school at 495-2770 for information. The Post Public Library website now offers life-learning resources for GED test preparation, job search and workplace skills. Visit wtls.tsl.state. tx.us/pplib to register. For information, contact librarian Peggy Ashley at 990-2149.

THE POST DISPATCH | FRIDAY, FEBRUARY 14, 2014 3

The Paperboy What would you do with billions of bullets?

guess if we're ever invaded, you can trust the United States Post Office to get your six. Or perhaps the USPS just needs tons of ammunition to fight off wild dogs.

Whatever the reason, the USPS has joined other government agencies in stockpiling enough



ammo to take down a country. Or keep one together.

In what postal officials now call a "standard purchase" for the Postal Police, the USPS is currently seeking companies that can provide "assorted small arms ammunition."

The agency now joins the CHRIS Department of Education BLACKBURN and NOAA acquiring huge arsenals.

On Jan. 31, the USPS Supplies and Services Purchasing Office posted a notice on the Federal Business Opportunities website soliciting contractors to register with USPS as potential ammunition suppliers.

"The United States Postal Service intends to solicit proposals for assorted small arms ammunition," the notice reads, which also mentioned a deadline of Monday, Feb. 10.

Since 2001, the U.S. Dept. of Education, through purchases orchestrated by the Bureau of Alcohol, Tobacco and Firearms, has spent over \$80,000 on Glock pistols and over \$17,000 on Remington shotguns.

In July of last year, the National Oceanic and Atmospheric Administration purchased 72,000 rounds of .40 Smith & Wesson, following a 2012 purchase for 46,000 rounds of .40 S&W jacketed hollow point by the National Weather Service.

NOAA spokesperson Scott Smullen respond-

ed to concerns stating the purchase was meant for the NOAA Fisheries Office of Law Enforcement for its bi-annual "target qualifications and training."

Including mass purchases by the Department of Homeland Security, it is estimated that non-military federal agencies have combined to purchase over two billion rounds of ammunition in the past two years.

For good measure, the Feds have also spent millions on riot control measures.

In addition, Homeland Security spent over \$58 million on hiring security details for just two Social Security offices in Maryland.

The arms and ammunition grab goes on and on.

Does any of this make anybody else a little nervous?

Is there a reason for non-military agencies to stockpile over two billion bullets?

I find it ironic that the USPS can't afford to keep the lights on, but they're buying enough ammunition to arm a large militia.

I don't like the fact that our government feels it should take arms from Americans yet is preparing to do what to Americans? Protect us? Control us? Kill us?

It should scare everyone of us for agencies based on our own soil to have as many weapons and as much ammunition as they have.

For the life of me, I can think of only one reason for this and it's terrifying.

Chris Blackburn serves as CEO at Blackburn Media Group, proud owner of The Floyd County Hesperian-Beacon, Hall County Herald, The Hollis News, The Knox County News-Courier, The Post Dispatch, The Childress Index, Wellington Leader and The Stonewall Courier. He can be reached by email at chris@blackburnmediagroup.com and you can follow him on Twitter @WCSBlackburn.

Celebrations



CAMPBELL BLAKE CORNWALL Edwardses welcome new grandson into fold

Wayne and Mary Edwards of Post recently welcomed a new grandson into their family.

Campbell Blake Cornwall was born Jan. 20 at Harris Methodist Hospital in Fort Worth to parents Jacob and Kelsey Cornwell of Arlington.

Campbell weighed in at 8 pounds, 6 ounces, and at 21 1/2 inches long.

Along with the Edwardses, maternal grandparents also include Dale and Belinda Wimmer of Crosbyton.

New wheels

Paternal grandparents are Jerry and Tracy Cornwall of Graham.

Paternal great-grandparents are Ken and Frances Baccus of Nacona.

Maternal great-grandparents are Alyce Mosser of Slaton and the Hugo Mosser and Valeria Wimmer, also of Slaton, and the late A.A. Wimmer.

Wayne Hodgin





lispatchonline.com

lyrtle Peel. She munity west of ol in 1960. She f Christ. . 3, 1996, and intil moving to

s, Berry Hunt-Byrd; and her

y, of Lubbock; Terry Huntley children Amy Plainview; one bia, Mo.; sister ubbock; nieces , of Lubbock, and husband. Byrd of Lub-, Texas, Coby drick of Lub-Anne Gravitt

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m who sit on te "NO" to the

DAVID TATE rs Association

Menu for ry 17-21

en Salad, Fruit,

inde, Refried n Salad, Tortit. Milk

& Cheese getable Soup, w/Ranch,

Corn, Veggie Baked Chips,

conduct low-income ughout the A cryptogram is a puzzle where a sentence is encoded by substituting the actual letters of the sentence with different letters. The challenge of the puzzle is to 'decode' the sentence to reveal the original English sentence. We have provided a few of the decoded letters to help get you started.

Hint: Quote by Richard Petty

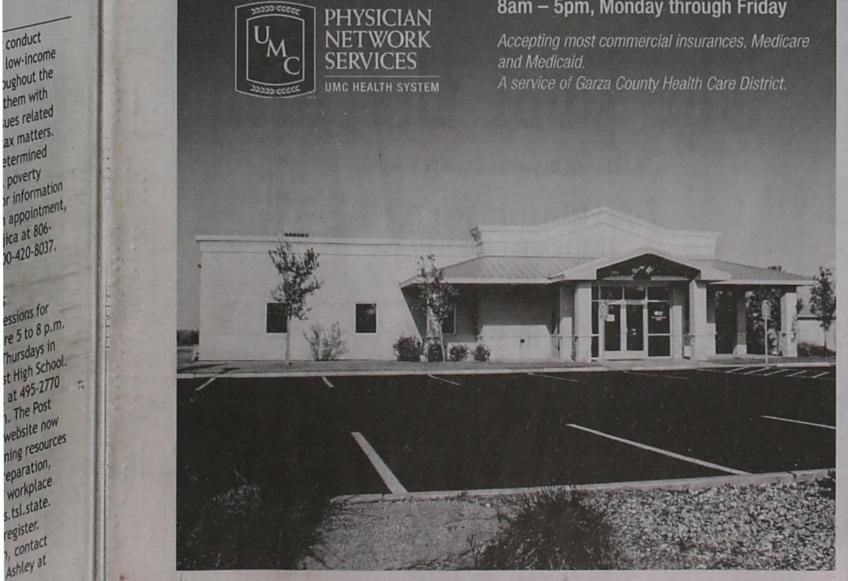
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GARZA COUNTY HEALTH CARE DISTRICT

IS PLEASED TO WELCOME

ORSON ANDERSON, MD FAMILY PRACTITIONER

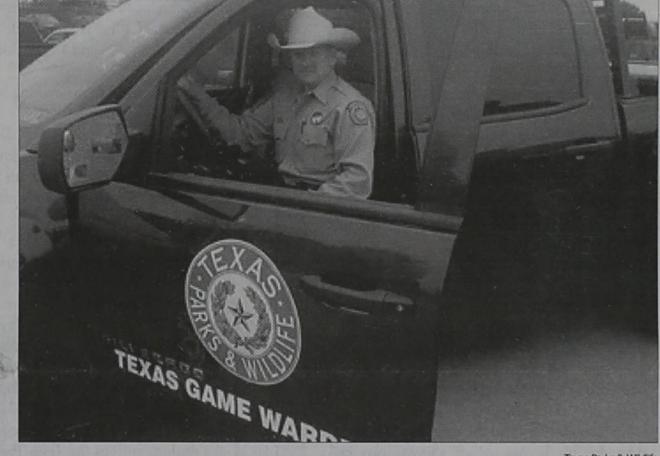




Dr. Orson Anderson joins Certified Physician Assistant Angela Hannaway and the staff at your Garza County Health Clinic as the medical director and physician.

Garza County Health Clinic 1104 N. Ave. S 806-495-2853

Hours of Operation 8am – 5pm, Monday through Friday



Texas Parks & Wildlife

Borden County Game Warden Brent Tucker picks up his new patrol truck, the first to be issued this year among officers statewide with the Texas Parks & Wildlife Department. The new trucks feature numerous added improvements, safety features and a new color. Tucker said his old truck had more than 189,000 miles and a blown motor.



Policy of Nondiscrimination on the Basis of Handicapped Status The City of Post does not discriminate on the basis of handicapped status in the admission or access to, or employment in, its program or activities. Deana Watson has been designated to coordinate compliance with the nondiscrimination requirements contained in the Department of Housing and Urban Development's (HUD) regulations implementing Section 504 (24 CFR Part 8. dated June 2, 1988).

Equal Employment Opportunity Statement

The City of _____ Post___ does not discriminate on the basis of color, national origin, sex, religion, age and handicapped status in employment or the provision of services.

*The City of Post has adopted complaint and grievance procedures regarding its Texas Community Development Block Grant Programs. These procedures outline the steps for a citizen to follow if s/he wishes to file a written complaint about proposed TxCDBG activities. The City will make every effort to respond fully to such complaints within ten (10) working days. Citizens may obtain a copy of these written procedures at the City Hall between the hours of 8:00 a.m. and 5:00 p.m. Monday through Friday. Citizens may also request the procedures be mailed to them by calling _____ Deana Watson , at (806)495-2811.



Fair Housing Public Service Announcement Public Service Announcement: Fair Housing, It's the Law

To promote fair housing practices, the City of <u>Post</u> encourages potential homeowners and renters to be aware of their rights under the National Fair Housing Law. Title VIII of the Civil Rights Act of 1968, as amended, prohibits discrimination against any person on the basis of race, color, religion, sex, handicap, familial status or national origin in the sale or rental of units in the housing market. For more information on fair housing or to report possible fair housing discrimination, call the U.S. Department of Housing and Urban Development's toll-free hotline at 1-800-669-9777.

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Post woman nabs world paint horse titles

Natha Jo Arnold of Post recently captured two world championship titles at the American Paint Horse Association Open and World Championship Paint Horse Show Nov. 6-16 at the Will Rogers Memorial Center in Fort Worth.

Arnold claimed the championship in amateur pole bending and amateur stake race, showing Silk Cake, a 1997 mare owned with her husband, Bob. The pole-bending event is a timed race in which rider and horse weave through a line of poles; in stake races, rider and horse are timed as they run a figure-eight pattern around two poles.

The event boasted more than 2,500 riders and 900 horses.

The APHA is the world's second largest equine breed organization and headquartered in Fort Worth.

Wayne Hodgin



NATHA JO ARNOLD

Two bucks net Garza hunter nearly 1,500 in fines

By Wayne Hodgin The Post Dispatch

with a carcass tag and fill out a harvest log on the reverse of their license. Since a hunter can harvest multiple animals in different counties yet remain within each county's respective bag limit, the log helps keep track of how many deer, of which sex, and from which county each was harvested.

Nancy's Notions A good time to eat for your heart's health

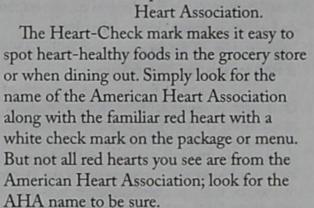
bruary 2014 marks the 50th anniversary of American Heart Month. The designation is aimed at increasing awareness that heart disease is the nation's No. 1 killer, claiming more lives than all forms of cancer combined.

In 1995, the American Heart Association adopted the Heart-Check mark as a symbol for consumers to identify heart healthy foods



NANCY MCDONALD

in grocery stores and restaurants. The check mark has been updated over the years but by Jan. 2014, all program participants who display the Heart-Check mark will be using the latest design. Even though the look of the Heart-Check mark has changed, you can trust it to represent the sound science and expertise of the American



When you spot the American Heart Association's Heart-Check mark, you'll instantly know the food has been certified to meet their nutrition requirements. It's a good first step in creating an overall sensible eating plan. How can you use the Heart-Check Mark?



Black-Eyed Peas with Pork & Greens

1 pound boneless pork chops, trimmed, cut into 1/2-inch pieces 1/2 teaspoon salt, divided 1/4 teaspoon freshly ground pepper 1 tablespoon canola oil 1 medium onion, chopped 2 tablespoons tomato paste 1 cup instant brown rice

8 cups roughly chopped kale leaves (about 1 small bunch), tough stems removed

4 cloves garlic, minced 1 14-ounce can reduced-sodium chicken broth

2 tablespoons cider vinegar or sherry vinegar

1/2 teaspoon smoked paprika, preferably hot

1 15-ounce can black-eyed peas, rinsed

A Garza County hunter recently found himself facing criminal charges after local game wardens discovered him to be in possession of an illegal buck carcass.

Drew Spencer, the game warden for Garza and Lynn counties, and Capt. Jonny Heaton of the Lubbock District division of the Texas Parks and Wildlife Department, were about to call off a recent patrol in southern Garza County due to heavy rains when they saw the headlights of an all-terrain vehicle enter a ranch near Lake Alan Henry.

According to reports, the wardens gave the ATV occupants a head start, then entered the ranch and tracked the vehicle's muddy tire prints. With windows down, the wardens soon heard the squawk of an injured rabbit call and subsequently discovered two men hunting coyotes and hogs over two whitetail deer carcasses 34 both with sawed-off skullcaps.

Spencer said he asked the shooter, a Justiceburg man, for his license, which showed two tags missing and two deer filled out on the log.

According to state law, immediately upon kill of a whitetail deer, a hunter must tag the animal

Spencer said the Justiceburg man's hunting log only listed two deer 3/4 a doe and a buck.

"He told me he had only killed two deer for the year. So everything, at that point, jived until I noticed the dates of harvest were both in November,"Spencer said."So he had not accounted for the buck laying dead on the ground."

The seasonal bag limit for whitetail deer in Garza County is five, but only one of those may be a buck.

After some prodding, Spencer said the man admitted to having killed one of the two bucks on the ground. The other hunter, a man from New Mexico, had killed the other the day prior.

The Justiceburg man was cited on multiple hunting violations and ordered to pay \$447 in criminal fines and court costs. He also was charged \$881.50 in civil restitution from the Texas Parks & Wildlife Department.

Spencer said the New Mexico man was also cited on lesser charges.

The Heart-Check mark can be the deciding factor when comparing similar foods.

Narrowing down the array of choices is simpler when you look for the foods that display the Heart-Check mark.

It's a shortcut ³/₄ a fast way to find foods that will support heart-healthy dietary goals.

It's a simple first step. If you can only commit to one goal, looking for the Heart-Check mark is an easy way to take the first step to a healthier diet.

Make grocery shopping a game by asking kids to spot the Heart-Check mark on foods.

The American Heart Association website at heart.org also has great recipes. This boldly flavored spin on Hoppin' John replaces salt pork or bacon with lean pork chops. Plus they've added greens, in this case kale, a traditional accompaniment with the dish. Let me know what you think.

Toss pork with 1/4 teaspoon salt and pepper. Heat oil in a large nonstick skillet over medium heat. Add the pork and cook, stirring, until just cooked through, 4 to 6 minutes. Transfer to a bowl with a slotted spoon. Add onion, tomato paste and rice to the pan and cook until the onion softens, about 4 minutes. Add kale and garlic and cook until the kale begins to wilt, 1 to 2 minutes. Stir in broth, vinegar, paprika and the remaining 1/4 teaspoon salt. Bring to a boil.

Cover, reduce heat and simmer until the rice is done, 15 to 20 minutes. Stir in the reserved pork and black-eyed peas and heat for 1 minute. Serve with cornbread.

Serving size: 1 1/3 cups Dietary Exchanges: 1 1/2 starch, 1 vegetable, 2 lean meat, 1/2 fat

Nancy McDonald is the family and consumer sciences agent for the Texas A&M AgriLife Extension Service in Garza County.









dispatchonline.com

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THE POST DISPATCH | FRIDAY, FEBRUARY 14, 2014 5

LIVE ANTELOPE AND LADY ANTELOPE ACTION! POSTSPORTSRADIO_COM The 501 Legends Part 2: The seven lives of Sea Cloud

rere we are in the second phase of the seven lives of a legendary L sailing yacht, the beautiful Sea Cloud, owned by cereal heiress Marjorie Merriweather Post-Hutton.

Just to recap for those of you who may not know the history of



Marjorie's husbands, she married Edward Bennett Close on December 3, 1905 but their marriage ended in divorce by 1919. She married Edward Francis Hutton on July 7, 1920. Hutton, a Wall Street Guru was wealthy in his own LINDA right. He was a yachting PUCKETT enthusiast, sportsman and a most popular New Yorker.

This was the "roaring 20's", a time when all phases of American industries and private lives soared. Such was the case of Postum Cereal Company, Limited as the company began the merging of many other well-known established products. Jell-O was the first and followed by Swan's Down Cake Flour, Minute Tapioca, and by 1927 Baker's Chocolate and Log Cabin Syrup and others followed. In 1925 Marjorie and Ed were aboard their ship (Ed's yacht the Hussar) in the Harbor Gloucester, taking on provisions for a trip to sea. A frozen goose was brought aboard with the supplies and was prepared for sinner that night. She was amazed when she learned from the galley that the bird had been frozen for several months. She immediately insisted that she and Ed talk to the owner of the Birdseye plant and get all the details. As it happened, Birdseye was in terrible financial state, and on the brink of bankruptcy, and was actually for sale two million dollars including the patents. Marjorie wanted to purchase the company but E. F. Hutton wasn't totally convinced so he and the board dismissed the idea. Marjorie didn't let up, for in 1929 she convinced the Postum board of directors that frozen food was here to stay. To humor her, they agreed to the purchase of Birdseye, which now cost a cool 22 million.

an ocean going equivalent to her extravagant Florida home, Mar-A-Lago, and make other yachtsmen gape. And that she did and the yacht was christened Hussar

Marjorie and E.F. built the lavish Mar-A-Lago estate, (named from the Latin meaning "from sea to lake") which took several years but was finally completed in 1927. Mar-A-Lago is now the casa of Mr. Donald Trump.

All things are subject to change; the Hutton's divorced, the Hussar V was renamed the Sea Cloud, and Marjorie moved on finding companionship with her old friend Joseph E. Davies a successful, internationally recognized lawyer who was active in the Democratic party. Marjorie married Davies December 15, 1935.

The Sea Cloud had been dry-docked in Georgetown following the divorce of Post and Hutton. The ship had lost much of its identity with the new poetic name change. Everything required change, newly engraved silverware, all towels, bed linens etc. were replaced by ones carrying the new name. All name plates including the gold lettering on the hull were replaced. A new life meant erasing all possible memories of the past, including Ned's (E.F.) stateroom had to be completely decorated for Joseph Davies, afterall they spent their honeymoon aboard the Sea Cloud. Now as Mrs. Davies, her life changed as her appearances on the social stage were now taken more seriously, and the rich heiress was now accorded the honors of a political dignitary. President Roosevelt offered Joe Davies the ambassadorship to Russia and he accepted. I can't help but say that Davies was pretty-much full of himself, being the Democrat that he was; much like those we have in DC today. He was arrogant enough that he leased the Sea Cloud from Marjorie for one dollar per year just to claim ownership in front of the elite. Deenie (Dina) never really liked the slick and formal Davies. She said, "He ran around on board with an Admiral's cap on his head but he was regularly sea sick. And when he threw up, he always vomited in the wind."

If cows had Olympics, Rio Rita takes the gold

ny calf born this week on our farm is going to be named Olympus or Olympia, per the gender not for Sochi 2014 but in honor of a different brand of Olympics.

The cattle brand.

It's the Winter Cattle-Feeding Olympics challenging events that revolve around cows and humans in coldest winter, and I do mean revolve.

Picture yourself following the branded end of headstrong alpha cow around and around a big bale of hay, close on her heels as you remove the bale wrapping for the very nearby hungry herd, snow

On our farm, that's how it happens. The lead cow is the one-eared longhorn Rita.

Think of her as a gold medalist. She does. Think of me as the token human. I do.

Why go to the trouble to march three times around each bale to remove the netting? Rita could rip it off with her horns. But protocol

dispensers mounted on a truck bed, like leaving a trail of really big breadcrumbs. But we don't have one of those dispensers. So it's always just me and Rita and the ritual hay bale march.

The music? Yesterday I found myself singing "Here We Go'Round the Mulberry Bush" no worse than some national anthems you hear only during the other Olympics.

Moving right along, my favorite cow-feeding story is borrowed from my distinctly non-cowboy friend Jerry, who, perched on the back of a truck (or maybe it was a trailer), was assigned to open sacks of feed for a whole herd of hungry cows while his brother-in-law drove.

Poor Jerry, not having trained for the event, frantically tried to determine which end of which string to pull to get the first sack to open. Meanwhile, the cows were in stampede mode, wild-eyed and snorting, pressing in, thinking of the sacks as piñatas. Jerry finally must have pulled the right string. He survived to tell about it. Picture his brother-in-law watching in the rear-view mirror, smiling.

Whatever the opening ceremony, the cows munch away afterward and don't even watch the events that feature humans stuff like ice breaking, feed-tub wrestling and off-road driving through mud, snow and ice.



HANABA MUNN WELCH

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boon salt and nonstick skillet e pork and oked through, a bowl with a tomato paste ok until the nutes. Add kale he kale begins r in broth, emaining 1/4 oil. simmer until minutes. Stir lack-eyed e. Serve with

starch, 1 fat

and consumer AgriLife Extension

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C.W. Post always loved sailing and was interests in yachting but never got around to buying one. Now his daughter was married to a yachtsman, she too wanted to own her own yacht, one that would be

Sea Cloud part three happens next week. Hope you are not bored.

Linda Puckett is the director of the Garza County Historical Commission and curator for the Garza County Museum

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must prevail. After all, it's the Olympics.

No, I haven't timed us yet. How was I to know I'd be reporting on these games? I just now came up with the name.

What's more, the march around the bale is really more like an opening ceremony than a competitive event. When it comes to feeding cows, each day starts with some sort of opening ceremony.

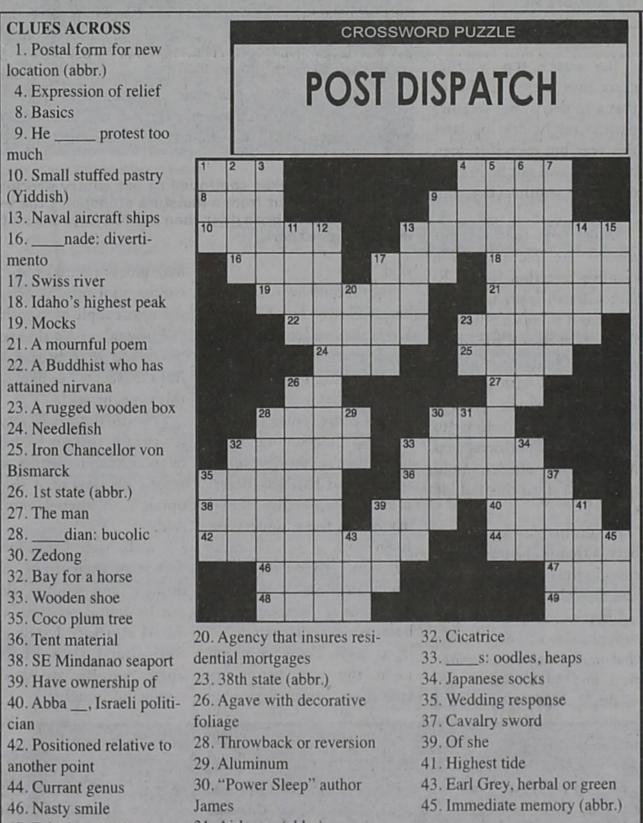
One way to kick things off is to create a parade around the arena by distributing cubed feed automatically from one of those nifty

Puzzle of the Week

All it would take to publicize and market the Winter Cattle-Feeding Olympics would be an organized winter competition somewhere snowy, starring a herd of iconic longhorns and some expert cattle feeders who've honed their skills in the sport.

Rounding up the humans would be the hard part. They're all feeding cattle.

Hanaba Munn Welch is a regular contributor and columnist for Blackburn Media Group newspapers.



6 FRIDAY, FEBRUARY 14, 2014 | THE POST DISPATCH

Wilder's Nature Journal

Canada geese are remarkable creatures in that once they mate, the pair stays together the rest of their lives.

see these geese every winter, honking as they fly over my head. Flocks of Canada geese always travel in "V" formations so each bird



DAHLSTROM

can rest when not in the lead. The front bird has to work the hardest, and his wing beat deflects some of the wind resistance for the next bird. This pattern deflects the wind one goose at a time, all the way back the last geese S.J. bringing up the rear of the formation.

If you watch for a while, you can see the each other, each pulling its own weight and taking turns.

I wonder who taught them how to do this?

Another amazing thing about them is that the Canada goose mate for life. This is fairly unique in the animal world. Two geese can stay together their whole lives 34 which can be as long as 25 years.

I wonder who taught them that, too? "Till death do they part" 3/4 Canada

geese take their partnership pretty serious, I guess.

S.J. Dahlstrom is a Garza County resident and author of the young adult fiction book series "The Adventures of Wilder Good," based on a 12-year-old boy who enjoys hunting, fishing,

Regional pronghorn restoration efforts continue

By Steve Lightfoot Special to the Dispatch

The continuation of the Trans-Pecos Pronghorn Restoration Project progressed with another successful relocation of almost 100 pronghorn recently.

The animals were captured from healthy populations around Pampa and moved to an area southeast of Marfa to supplement severely depleted pronghorn populations.

The relocation process is a coordinated effort among the Borderlands Research Institute at Sul Ross State University, Trans-Pecos Pronghorn Working Group, Texas Parks and Wildlife Department, Texas Parks and Wildlife Foundation and USDA-Wildlife Services.

The objective of the Trans-Pecos Pronghorn Restoration Project is to bolster the state's pronghorn population, which has reached historic lows, through translocations, habitat improvements and predator management.

At least 17,000 pronghorn once roamed the West Texas region. Today there are less than 3,000. The Trans-Pecos Pronghorn Restoration Program is a five-year \$1.4 million public-private partnership with the Texas Parks and

PARK From Page 1

Fund Trails and administered through the

Wildlife Foundation. To date, \$1 million has been secured.

Last year, 125 pronghorn were captured from the Dalhart area and released on ranches near Marathon. Currently, TPWD estimates about 80 percent of the transplanted pronghorn remain and reproduction was also high with a fawn crop of more than 70 percent in the Marathon area. The transplanted pronghorn and their offspring have significantly boosted the local population within the release area near Marathon, which had less than 50 animals prior to the translocation.

"We hope this population will continue to grow and become another source for pronghorn in the next few years to help supplement other herds in the Trans-Pecos," said Shawn Gray, TPWD Mule Deer and Pronghorn Program Leader.

During the next year, the BRI and TPWD will closely monitor the translocated pronghorn to determine survival, reproductive productivity, fawn survival, habitat utilization, and movements. This research will help define the best management practices essential in growing pronghorn populations in West Texas.

contracted

and tables out at the White River Lake site near Spur. While the proposed plans for the trail no doubt sound

exciting to some, property Riders organization to hold

fencing, signage, a pavilion Ranch south of Spur in the Kalgary community who has in the past exclusively with the Lubbock Trail

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front bird going from the front to the back as they swap the lead position with

cowboying and just about everything there is to do outdoors.

State climatologist: Moisture relief possible — next fall

Until then, a hot and dry summer is likely

By Robert Burns Special to the Dispatch

The state's top weather exert says there's a chance that a cooler, wetter weather pattern might develop later this year, but even if it does, its effects will not be in time to offset another dry, hot summer.

"Most of the forecast models are pointing in a positive direction for an El Niño. It's still way too early to say, but there's a potential for it," said State Climatologist John Nielsen-Gammon.

But even if with a strong El Niño, which usually brings more moisture to parts of the Southwest and Midwest, its effects would not be felt until this fall, he said.

As for this summer, there's been a trend for hotter summers in the last several years, and that's likely to continue.

"That's not good for drought conditions, because that means more evaporation and more water demand," Nielsen-Gammon



Robert Burns/Texas A&M AgriLife Extension Many parts of Texas continued to get wintry precipitation this week, but from a moisture standpoint the winter has generally been drier than normal, says the state's top weather expert.

said.

The recent wet fall has been followed by a fairly dry December and an especially dry January, he noted.

"The thing about the dry winter is that we've had some fall moisture issues already," he said. "Depending upon jet-stream pattern to bring how much rain we get in the spring, that basically determines how rapidly things dry out in the summertime. said. Even with a normal rainfall, summer is a time in just mation on the current Texas about all areas of the state when we're water-stressed because evapotranspiration is so high. So we're going to hit the summertime dry conditions earlier than nor-

mal, unless we make up this winter moisture deficit in the next couple of months." And making up that winter deficit in February and March seems unlikely at this time, he said.

"We still don't have a good us plentiful moisture, and there's no sign of it developing," Nielsen-Gammon

On the web: More infordrought and wildfire alerts can be found on the Texas A&M AgriLife Extension's Agricultural Drought Task Force website at agrilife. tamu.edu/drought.

Texas Parks and Wildlife Department. In all, the White River MWD board has been awarded about \$650,000 to be used for the multi-use trail project. However, White River officials must first cough up 20 percent of the grant in order to be reimbursed for expenses associated with building the trail along the way.

The NRTF grant money is accumulated from a portion of a federal gas tax generated by gasoline purchases to utilize offroad motorcycles and fourwheelers. The purpose of the fund is to create new, or improve existing, recreational trails.

Administered through Texas Parks and Wildlife, this past award year saw about \$5.7 million doled out among 33 such projects throughout the state. It was the largest amount ever awarded from the national fund.

different In all, entities around the state submitted applications for projects totaling about \$12 million.

According to the White River proposal, about 15 miles of new trail for motorized vehicles will be built, along with 10 miles of existing trail to be renovated and also plans for restrooms, fencing and equipment.

In the past, award money has been used to renovate or install parking,

District Judge

Schildknecht

owners out at the lake say such a park will bring with it certain inevitabilities, including increase crime, and increased waste increased noise.

David Tate of Lubbock, who is a member of the White River Homeowners Association, said this past week that among the 30 to 40 full-time residents at White River Lake no one he's spoken with is for the plan.

"I've been a property owner out there since the time the lake was impounded 34 along with many others," he said. "We have enough crime and mischief as it is out here, so much so the district pays a full-time officer to patrol.

"We just think the quality of life we've come to expect out here will be just that much more eroded."

Tate said he understood the driving force behind the idea of the park 34 which would be to bring increased recognition to the lake and with it, increased income from recreational fees. But he noted a similar ATV trail no more than 10 miles from where White River officials plan to build their own trail doesn't enjoy the success its landowner once had or expected.

Tate was speaking about Robert Glass of the Glass

national racing events on his property.

"That event only happens once a year, and those riders may come from all around, but there aren't very many locally who use that venue outside of those rare events," Tate said.

Still, Tate said he understood the need for White River to branch out to bring in revenue and that board members are thinking more about an added park that would raise the quality of life for residents throughout the region.

"I know this drought has been bad on everyone. Revenue from water sales are down, and the board, if it hasn't already, is facing a significantly different financial picture than it has in the past," Tate said. "But if the lake were full, this probably wouldn't even be on their radar."

public A meeting organized by the White River Municipal Water District and officials with Texas Parks & Wildlife was planned at 7 p.m. Thursday evening at the Heritage House in Post. At the meeting, officials would explain the park's master plan and answer questions from members of the public in attendance.

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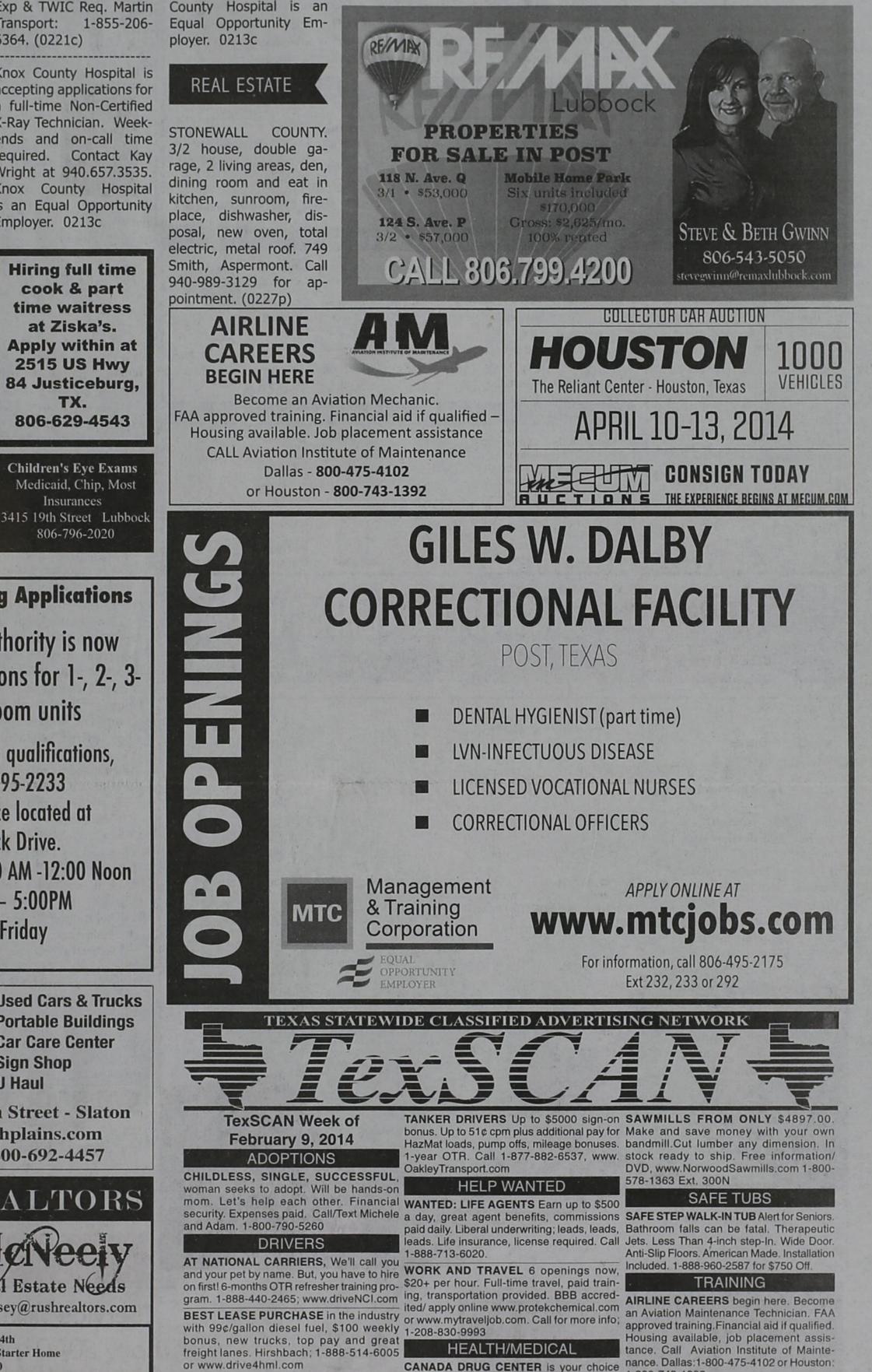
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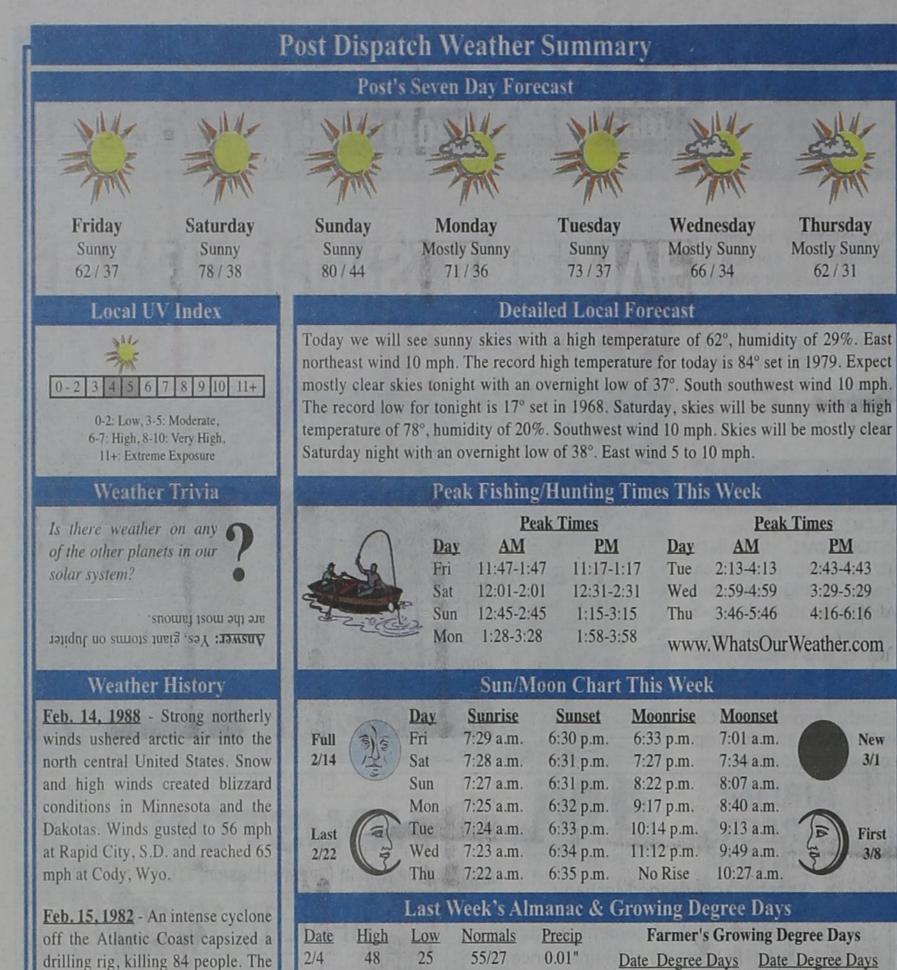


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FRIDAY, FEBRUARY 14, 2014 | THE POST DISPATCH 8

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Dixie Divas Don't wait on some day'

66 me day," Daddy used to say often as I was growing up, "I'm going to the Holy Land. I want to walk where Jesus walked." He talked about it a lot and dreamed about it even more. In those days before the world was presented to us wrapped up in a passel of knowledge known as the Internet, Daddy bought big maps of that storied land. They were gingerly rolled up and tied with a ribbon after each time he spread them out on the kitchen table



and studied them like a child studying a new game. Sometimes he carried the maps with him and showed them to other people, pointing out key points of interest in the life of Christ or the path that the Apostle Paul had traveled. He treated them as a precious treasure and so they were - they represented his dream.

"How are you gonna get there?" I, RONDA twelve or thirteen at the time, asked one day from the back seat of the car as he RICH talked to Mama about it. Daddy didn't fly.

Never stepped on an airplane in his life and he wasn't about to start. Even for Jesus.

"I'll take a ship," he replied. In World War II, he had served in the Navy in the South Pacific so he liked ships - not a boat, mind you - a lot. Planes, he reasoned, just weren't necessary when you could drive, ride a train or a take a ship anywhere you wanted to go.

He said it often. "Mark my words, I'm gonna see the Holy Land before I die. Some day." It is the only time he ever laid down a declaration with "mark my words" that it didn't happen. I can't tell you why he never went except that I suspect it had to do with the cost. Whenever Daddy set his mind to something, he would work hard until the money had been earned to do it. However, it would have taken a lot of dollars to take a ship to the Holy Land and most probably, my daddy, a survivor of what he often called 'Hoover Days' known to others as the Great Depression, just couldn't justify the expenditure. My parents, admirably now I realize, always lived as though another Depression lay just around the corner.

storm also sank a Soviet freighter,	2/5	25	10	55/27	0.00"	2/4	0	2/8	0
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"What if times get hard again?" Mama asked repeatedly. "You gotta be ready."

I suspect that's why some day never came for Daddy's trip to the Holy Land. And that makes me sad. He wanted it so much. He worked so hard. And he gave so much to those around him that he deserved to have that dream. I wish I hadn't been so caught up in my life that I didn't realize that one day he just stopped talking about "some day." Though I was still struggling myself in those days, perhaps I could have persuaded him to keep looking forward to that "some day." Now, if he were still alive and wanted to go, I would give him my savings or work another job to make it happen.

I hate to say that I didn't realize then how much "some day" meant to him.

But really? Isn't it that way for us all? We each talk of something that we're going to do "some day." Mama left me a few dollars she had squirreled away and now I have tucked them away, saying often, "Some day I'm going to use that money to put in a little water fall on that hill behind the house so that every time I see it, I will remember how Mama flowed through my life."

I've been saying that for five years now. Every spring that rolls around, I declare that I need to do it but I put it off until winter's freeze rolls in and it's tabled again.

I sure hope that my some day doesn't wind up like Daddy's.

Ronda Rich is the best-selling author of There's A Better Day A-Comin'. Visit www.rondarich.com to sign up for her free weekly newsletter.



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