

\*\*\*\*\*FIRM 79356  
382 05-03-14 0036D99 18P 2T  
POST PUBLIC LIBRARY  
105 E MAIN ST  
POST, TX 79356-3245

HOME OF POST ANIMAL REFUGE CENTER VOLUNTEERS

# The Post Dispatch

A BUILDER IN GARZA COUNTY SINCE 1926

FRIDAY, JANUARY 3, 2014

THEPOSTDISPATCHONLINE.COM

75 CENTS

## Albertsons paid \$385M for United

By Lynn Walker  
Special to the Dispatch

Documents released by the Federal Trade Commission last week reveal the Albertsons supermarket company paid \$385 million to buy the 51 United Supermarket locations in North and West Texas.

The documents pertained to a complaint filed by the FTC when the proposed merger of the two companies was filed. The FTC was concerned the merger would reduce supermarket competition in Wichita Falls, where both Albertsons and United Supermarkets are located.

"The proposed merger would combine two of the only three retail sellers of food and other grocery products in full-line supermarkets," the FTC said in its complaint after the merger was proposed in September. The complaint pointed out the merger between Albertsons and United would limit the number of competing supermarkets in parts of Wichita Falls to two — the second being the Walmart super stores.

"The ultimate effect of the proposed

**Merger paves way for competition**  
Sweetwater-based Lawrence Brothers supermarkets is scheduled to open a new store in Wichita Falls and Amarillo later this month, capitalizing on a stipulation placed on the Albertson's-United merger last fall. **PAGE 6**

merger would be to increase the likelihood that the prices of food, groceries, or services will increase, and that the quality and selection of food, groceries, or services will decrease, in the relevant sections of the country," the FTC claimed.

To pursue the acquisition of the United stores, Albertsons agreed to sell its existing stores in Wichita Falls to Lawrence Brothers, a smaller grocery chain based in Sweetwater, that operates stores in smaller towns in West Texas and New Mexico.

Albertsons also agreed to not interfere with the potential employment of current Albertsons stores employees by Lawrence Brothers or make counter offers of employment to workers who have been offered employment by Lawrence Brothers.

In a news release in September, United Supermarkets said its stores will continue



File photo/The Post Dispatch

**Federal documents released last week stated Albertson's bought United's West and North Texas stores for about \$385 million, including the location in Post.**

to operate under the United name and operate as a separate business unit under Albertsons LLC, with the current United CEO continuing to head the company. Lubbock-based United has been in business since 1916.

Albertsons LLC is parent company to more than 600 supermarkets across the country.

Lawrence Brothers operates under the corporate name of MAL Enterprises and is scheduled to take over the Albertsons store at Southwest Parkway and Kemp Boulevard in mid-January. The store may be closed for several days while the transition is made.

Lynn Walker is the metro editor for the (Wichita Falls) Times Record News.

## Five Antelopes garner All-State football honors

The Post Dispatch

Three players from Post High School were recently named to the Associated Press Class 2A All-State football team, while two others gained honorable mentions.

Two of those Antelopes were part of five from the South Plains named to the first team — Post defensive lineman Thomas Basquez, linebackers Dru Lust of Abernathy and Alejo Rodriguez of Post, defensive back Kyle Peggram of Olton and punter Austin Ross from Muleshoe. Ross was also

See **HONORS**, Page 4

## Benchmark celebration



Janice Plummer/The Post Dispatch

The Post Animal Refuge Center recently announced its 300th adoption from its shelter north of Post. Joey, a Border Collie mix, was adopted by a family from Roswell, N.M., after he was abandoned in the Post area this past August. Post ARC is a nonprofit, no-kill shelter that will celebrate its fourth year of existence this spring. There are 15 dogs waiting at the shelter for their "forever families." The shelter is an official PetSmart Adoption Partner, which enables shelter volunteers to present pets for adoption at PetSmart in Lubbock every weekend. Volunteers are always welcome, as well as tax deductible donations to the 501(c)3 organization. For information, email PostARC@yahoo.com or find PostARC on Facebook.

## Ag outlook

### Coming year hinges on rainfall, demand

Expert estimates Rolling Plains is now a year behind on rainfall

By Blair Fannin  
Special to the Dispatch

Texas A&M AgriLife Extension Service economists recently provided 2014 projections for major commodities produced in Texas, with many pointing to past drought conditions as a key factor in making or breaking a crop.

The Plains region of Texas and part of South Texas were dealt a severe blow in 2013 with drought conditions. However, AgriLife

Extension economists say if positive weather patterns develop and lead to periods of timely rainfall, there's reason for optimism for the 2014 crop year. Livestock markets are also projected to continue to show strength, particularly beef cattle, as inventory levels have yet to recover from lows not seen since the 1950s.

Mark Welch, AgriLife Extension grains marketing economist in College Station, said 2013 brought record supplies of corn and wheat, but demand remains strong.

"With another year of good growing conditions, look for lower prices," he said. "But given the strong demand base, look for higher



Photos by Blair Fannin/Texas A&M AgriLife Extension

**Grain demand in 2014 is expected to remain strong, according to Texas A&M AgriLife Extension Service economists.**

prices on any production concerns."

Welch said U.S. farmers produced a record

See **OUTLOOK**, Page 5

## Post Notes

Events are listed free of charge as a service by this newspaper for nonprofit groups, civic organizations, churches, schools and select community events. Listings should be submitted at least two weeks in advance and will run as often as possible through the date of the event. News staff does not guarantee placement of events. Emailed submissions are preferred to thepostcitydispatch@gmail.com.

### Military exhibit

The Garza County Historical Museum, 119 N. Ave. N, Post, has a new exhibit of more than 100 cast-dyed military warplane models on display as part of the 72nd anniversary of the 1941 bombing of Pearl Harbor. The planes were donated by U.S. Marine Corps veteran Patrick Reilly and will be part of the museum's permanent collection. This county museum is housed in an old sanitarium built in 1912 by C.W. Post. Exhibits feature artifacts significant to the county and of general interest to visitors. For information, call 806-495-2207.

### O.S. Museum

Beautiful and unusual Nativities and Crèches are the stars of the "Reflections of Christmas" exhibit on display at the O.S. Museum. Viewing hours are 10 a.m. to noon and 1 to 5 p.m. Monday through Saturday. For information, call 495-3570.

### GED classes

Instructional sessions for the GED test are 5 to 8 p.m. Tuesdays and Thursdays in Room 18 at Post High School. Call the school at 495-2770 for information.

See **NOTES**, Page 2

## Corrections

If you spot an error of fact, contact Editor Wayne Hodgkin at 806-495-2816 or thepostcitydispatch@gmail.com.

## News on the go



Use your smartphone to scan the quick response, or QR, code to visit us online.

The Post Dispatch  
Copyright 2014  
89th Year, No. 18  
USPS 439-620



0 4 8 7 9 3 3 7 0 6

Member  
FDIC

WE WISH YOU A  
HAPPY  
NEW YEAR  
2014  
Centennial  
BANK

bankoncb.com

BMG BLACKBURN MEDIA GROUP

The Post Dispatch, 123 E. Main St., Post Texas, 79356. Is open from 9 a.m. to 2 p.m. on Monday, Wednesday and Friday; from 9 a.m. to 5 p.m. on Tuesday and is closed on Thursdays. Phone 806-495-2816 Fax 806-495-2059 Email thepostcitydispatch@gmail.com

PUBLISHER William C. Blackburn

EDITOR/GENERAL MANAGER Wayne Hodglin

The Post Dispatch (USPS 439-620) is published every Friday, including holidays, by Blackburn Media Group Inc., P.O. Box 1260, Childress, Texas, 79201-1260. Entered at U.S. Post Office, Post, Texas, for transmission through the mail as a Second-Class matter, according to an Act of Congress, March 3, 1879. Periodical Rate Postage Paid at Post, Texas, 79356. Postmaster: Send address changes to The Post Dispatch, 123 E. Main St., Post, Texas, 79356.

All material Copyright 2013 The Post Dispatch.

It is the mission of this newspaper to promote the rights of individualism in the American Declaration of Independence. The right of life, liberty and ownership of property are the cornerstone of freedom. Government's sole purpose is to enhance our liberty and freedom. Therefore, we hold every elected and appointed agent of government accountable to that standard.

DEADLINES Advertising: 5 p.m. Mondays Editorial: Noon Tuesdays

SUBSCRIPTIONS \$30 a year in the county \$35 a year outside the county

Call 806-495-2816



West Texas Press Association WTPA.org

Letters to the Editor Policy

The Post Dispatch welcomes letters from readers on topics of local, state, national and international importance. Email letters are preferred to thepostcitydispatch@gmail.com. All letters must include a first and last name, street address (no post office boxes), daytime phone number. Letters sent via U.S. mail may be sent to P.O. Box 426, Post, TX 79356.)

Deaths

Carole Justice Gambill

SAN MARCUS — Carole Justice Gambill, 66, died Friday, Dec. 27, 2013. She was born Jan. 14, 1947, in Lubbock County to Jason Justice and Bonnie Gossett of Post. Memorial services were Tuesday at St. Luke's United Methodist Church in Lubbock. A private burial service, under the direction of Justice-Mason Funeral Home of Post, was at Terrace Cemetery in Post.

Imogene Davis Stone

POST — Imogene Davis Stone, 91, of Post, died Friday, Dec. 20, 2013, at the Golden Plains Care Center. Services were Dec. 22 at Graham Chapel Church of Christ. Burial was in Terrace Cemetery under the direction of Justice-Mason Funeral Home.

Menus

School menus: Week of Jan. 6-10

SOUTHLAND ISD

Breakfast Monday: Holiday Tuesday: Breakfast pizza, fruit, juice, milk Wednesday: Cherry and Apple streusel, yogurt, fruit, juice, milk Thursday: Muffins, yogurt, fruit, juice, milk Friday: Biscuits, gravy, sausage, fruit, juice, milk

Lunch

Monday: Holiday Tuesday: Chili dogs, baked fries, veggie cup with ranch, fruit, cookie, milk Wednesday: Toasted ham and cheese sandwich, vegetable soup, baby carrots with ranch, fruit, milk Thursday: Chicken nuggets, macaroni and cheese, green beans, garden salad, fruit, rice crispy treat, milk Friday: Hamburgers, corn, veggie cup with ranch, baked chips, fruit, milk

Farm Briefs

FSA urges producers to vote in committee elections

The Stonewall Courier

After an incorrect set of ballots were mailed out to agricultural producers across the country, the USDA Farm Service Agency re-issued new ballots for County Committee elections on Dec. 20 with a deadline of Jan. 17.

Producers have been instructed to destroy the FSA County Committee Election ballots (FSA-669's) mailed Nov. 4. The new ballots mailed to producers will have the word "corrected" printed on the outside of the mailing, the ballot itself, and the return envelope. Producers must complete and return the corrected FSA-669 to have their vote counted.

Eligible voters who do not receive a ballot in the coming week can obtain one from their local USDA Service Center. The last day for voters to submit corrected ballots in person to local USDA Service Centers is Jan. 17. Ballots returned by mail must be postmarked no later than Jan. 17. Newly elected committee members and their alternates will take office Feb. 18.

County committee members are an important component of the operations of FSA and provide a link between the agricultural community and USDA. Farmers and ranchers elected to county

committees help deliver FSA programs at the local level, applying their knowledge and judgment to make decisions on commodity price support programs; conservation programs; incentive indemnity and disaster programs for some commodities; emergency programs and eligibility. FSA committees operate within official regulations designed to carry out federal laws.

To be an eligible voter, farmers and ranchers must participate or cooperate in an FSA program. A person who is not of legal voting age, but supervises and conducts the farming operations of an entire farm may also be eligible to vote. Agricultural producers in each county submitted candidate nominations during the nomination period, which ended on Aug. 1.

Close to 7,700 FSA county committee members serve in the 2,124 FSA offices nationwide. Each committee consists of three to 11 members who serve three-year terms. Approximately one-third of county committee seats are up for election each year. More information on county committees, such as the 2013 fact sheet and brochures, can be found on the FSA website at www.fsa.usda.gov/elections or at a local USDA Service Center.

The Paperboy New year; new beginning

My wife made the comment that we needed to eat black-eyed peas on New Year's Day. My retort was that it had been along time since I had them on that day and I'd lost both my parents and listed other negative things that we'd been through.

Of course, I was linking the lack of peas to bad events. And while those events did indeed happen, there were a heck of a lot of positives that have happened during that span as well.

So perhaps it is a mindset. For three of the past six weeks, I've battled a stomach illness, a cold and bronchial issues. If you've been down in your health, you know it can affect your mindset. Frankly, it's hard to be positive when you feel lousy day after day.

For Christmas, my wife got me P90X. For those of you who aren't familiar, it's a workout program geared to get you in shape. That is something I certainly need and I've got a target date to begin the workouts. I also have the desire.

It's not that I have some death wish or some desire to break my body, but the simple fact is I need to lose 30 to 40 pounds and get in the type of shape to be more active. About the only exercise I get right now is tossing the football around with my boys. That's pathetic. I spend far too much time behind the computer and not living life.

My focus is to get this old body back in shape and be able to do some of the things I used to like to do without it killing me.

For instance, I wrote a number of months of my desire to climb a certain mountain. That mountain has been a dream of mine since I first laid eyes on it nearly 40 years ago. There is no way I can physically make that climb to over 14,000 feet in my current condition. Ninety days from now, I hope to be singing a different tune.

It's not just about being in better physical condition. I think being in shape will improve my mental well-being as well. I think I'll have a more positive outlook on most facets of my life.

At the very least, I'll have a strong sense of accomplishment. I should also have a healthy dose of self confidence.

Back to the black-eyed peas. Indeed, I decided that would be on the menu New Year's Day. The year 2014 is getting off to the start I want. It's an important year in many ways for me and for my family. Does it have anything to do with peas? No. It has everything to do with discipline and desire. The peas are simply a tradition I've rejoined. But it can't hurt...

Chris Blackburn is CEO of Blackburn Media Group, owner of The Floyd County Hesperian-Beacon, Hall County Herald, The Hollis News, The Knox County News-Courier, The Post Dispatch, The Childress Index, Wellington Leader and The Stonewall Courier. He can be reached by email at chris@blackburnmediagroup.com and you can follow him on Twitter @WCSBlackburn.

NOTES From Page 1

GED prep The Post Public Library website now offers life-learning resources for GED test preparation, job search and workplace skills. Visit wtlis.tsl.state.tx.us/pplib to register. For information, contact librarian Peggy Ashley at 990-2149.

GED test The GED test is being revised and will be in use starting January 2014. Classes are available from 5 to 8 p.m. Tuesdays and Thursdays at Post High School. For information, call the school office at 495-2770.

Veterans benefits Wartime veterans or surviving spouses may be entitled to monthly income from the U.S. Department

of Veterans Affairs. For information, contact Marsha Mahurin at West Texas Senior Resources at 806-781-3901 or email marsha.mahurin@yahoo.com.

City Council The Post City Council meets at 6 p.m. the second Tuesday of the month in Council Chambers at City Hall, 105 E. Main St. For information, call 495-2811.

County Commission The Garza County Commission meets at 9 a.m. the second and fourth Mondays of the month in Commission Chambers at the Garza County Courthouse, 300 W. Main St. For information, call 495-4430.

School board The Post ISD Board of Trustees meets at 6:30 p.m. the second Tuesdays of the month in the conference room at the Administrative Offices, 501 S. Ave. K. For information, call 495-3343.

Specializing in Personal Service Relationships are important to us. We can help you finance... Vehicles • Household Needs • Vacations • Travel • Medical • Dental Expenses • Recreational Items And More... We can customize a loan to fit your borrowing need. PEOPLES BANK www.peoplesbanktexas.com

AG TEXAS FARM CREDIT SERVICES P.O. Box 923 Ralls, TX 79357 Office (806)253-2506 Fax (806)253-2060 Cell (806)392-3920 clay.miller@agtexas.com LOANS FOR Real Estate Clay Miller

Cryptogram A cryptogram is a puzzle where a sentence is encoded by substituting the actual letters of the sentence with different letters. The challenge of the puzzle is to 'decode' the sentence to reveal the original English sentence. We have provided a few of the decoded letters to help get you started. Hint: Quote by Charlie Brown

Happy New Year!

# High Plains Irrigation Conference set for Jan. 16 in Amarillo

## Snakes alive!

**By Kay Ledbetter**  
Special to the Dispatch

AMARILLO — The annual High Plains Irrigation Conference will be held Jan. 16 in the Regency Room of the Amarillo Civic Center, 401 S. Buchanan St., Amarillo.

The program, hosted by Texas A&M AgriLife Extension Service and the Texas Agricultural Irrigation Association, will address a wide variety of topics of interest to the general public, as well as to agricultural producers, landowners, crop consultants and irrigation professionals, said Dana Porter, program coordinator and AgriLife Extension agricultural engineering specialist-irrigation and water management, Lubbock.

"We wanted to offer farm owners and managers information on economic risk management tools for limited irrigation conditions, as well as research updates and new recommendations for crop-specific irrigation management," Porter said.

A concurrent trade show also will provide opportunities for attendees to see new products and technologies, and to visit with experts from industry, non-profit organizations and agencies.

Registration will be onsite only, beginning at 8 a.m., with the program starting at 8:30 a.m. The fee is \$30. Irrigation Association — five certified irrigation designer — and certified crop adviser continuing education units — 4.5 in soil and water management and one in crop management — will be offered.

Topics and speakers for the program will

be:

- Regional Water Issues, Kyle Ingham, Panhandle Regional Planning Commission Regional Water Planning director, Amarillo.

- Texas Water Development Board Programs: SWIFT Updates and Agricultural and Rural Water Conservation.

- Trends in Agricultural Irrigation, Kevin Wagner, Texas Water Resources Institute associate director, College Station.

- Crop Insurance and Irrigation Best Management Practices, Jay Yates, AgriLife Extension economist-risk management, Lubbock.

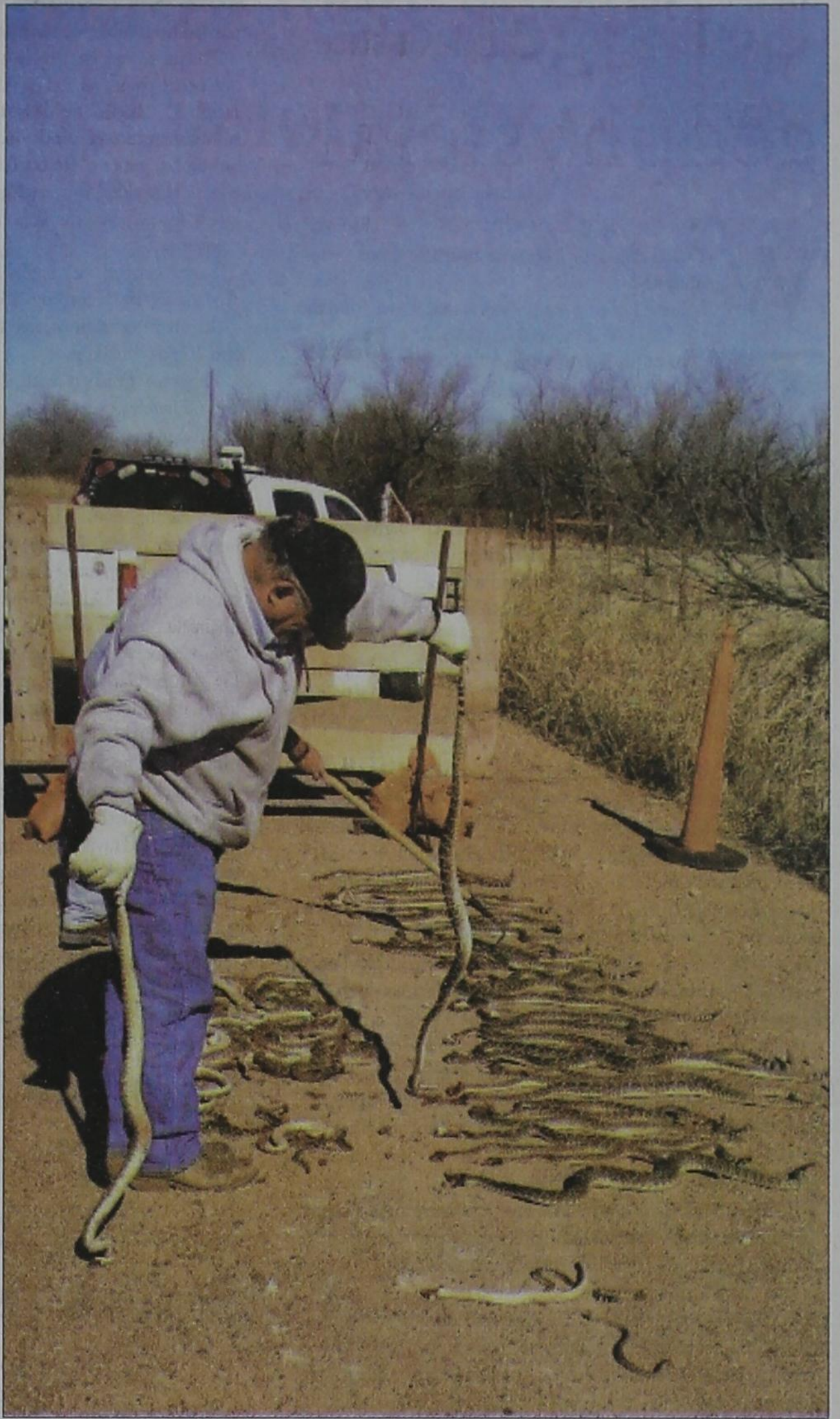
- Risk Management Tools for Limited Irrigation, DeDe Jones, AgriLife Extension risk management program specialist, Amarillo.

- Applied Research Panel: Irrigation Management Strategies for High Plains Crops, Qingwu Xue, Texas A&M AgriLife Research crop stress physiologist, Amarillo; Thomas Marek, AgriLife Research senior research, Amarillo; and Jim Bordovsky, AgriLife Research scientist and agricultural engineer, Halfway/Lubbock.

- Irrigation Management Tools, Porter.

The meeting will conclude after 4 p.m. with a wrap-up, evaluation and CEU distribution.

For conference information, go to the Texas Agricultural Irrigation Association website, [taia.org](http://taia.org). Questions about the program can be directed to Porter at [dporter@ag.tamu.edu](mailto:dporter@ag.tamu.edu). Trade show questions should be directed to Kern Stutler at 806-786-5644.



Special to the Dispatch  
Stonewall County Sheriff Bill Mullen tries to get a good count on a rhumba of rattlesnakes unearthed Friday by workers with Fraser Concrete Contractors while working at a site just east of Aspermont. About 70 of the deadly, good-sized, slithering critters were removed from the site and destroyed.



Find us on Facebook!  
The Post Dispatch

We have presence.



Our products land on the doorsteps of 18,000 readers in Texas and Oklahoma, every week.

Proud Owner Of:

The Childress Index  
The Floyd County Hesperian-Beacon  
Hall County Herald  
The Hollis News

The Knox County News-Courier  
The Post Dispatch  
The Stonewall Courier  
Wellington Leader



888.400.1088  
[BlackburnMediaGroup.com](http://BlackburnMediaGroup.com)



# The 501 Let's get geophysical

What was I thinking? Me, write an article about geophysics? What I know about physics is that it's what I didn't take in high school.



HANABA MUNN WELCH

Geo is a car. Right? Yep, I bit off more than I could chew. It started a couple of years ago at church when I sat on the same row as a guy wearing boots. It was church in the city, where boots aren't de rigeur like they are in the country. Just so happened I had a pair to give away — nice boots I'd inherited, sort of, from the late ex-husband of a friend who had given them to me thinking they might fit my husband. They didn't. Anyway, that's how I met Jesse, part-time cowboy preacher and former editor of a national cowboy magazine. No wonder he was wearing boots.

Now he's editor of an oil and gas magazine, which means he still gets to wear boots. I won't say which magazine. The next issue will contain my article on geophysics, so I'd just as soon keep it secret.

Sometimes editors get a little desperate during holidays. That's when freelancers, me included, have a good chance of getting assignments that normally would go to regular writers — regular people who don't like to work during holidays.

So, if you want to break into freelance journalism, don't count on roasting any turkeys and be sure to get your Christmas shopping, decorating and cookie baking done early. You'll be set.

Then, if you want to prove your tenacity as a newshound, develop your ability to understand a highly technical subject and write about it with clarity and see if you can get people who are in the middle of a boom and too busy to talk to anyone about anything to take time to talk to you about information that can't be released because it's proprietary, dive into petroleum geophysics.

By the time I'd spent a couple of days getting almost nowhere, my editor began to lower his standards. He'd started by saying he wanted a "snapshot" of the industry. After a few days, he was ready to settle for a snapshot. Period.

Interestingly enough, I found myself in the middle of a seismic survey. Pink tape fluttered from barbed-wire fences. Star Wars-esque devices stood everywhere. Big trucks lined up, ready to shake the ground. Reporter's luck. Click. Click. Click. Three snapshots.

A name and phone number finally came my way in a smart phone email from one of the editor's contacts. I called, and a nice man actually talked to me! He was something close to a geophysicist. Close enough for me. Providence.

Then a non-profit organization responded to my request for information with a bit of jargon I couldn't understand. I added it. Icing on the cake.

That's all there is to it.

Just remember to set your standards high enough to lower them, and remind your editor you once gave him a nice pair of boots.

That last part might not work for everybody's.

Hanaba Munn Welch is a columnist and contributor to Blackburn Media Group newspaper.

## HONORS

From Page 1

named honorable mention at receiver.

Basquez was the anchor for the Post defensive front, recording 125 tackles, 10 sacks, 15 tackles for losses, three forced fumbles and three fumble recoveries. What he didn't get to, Rodriguez cleaned up with 151 tackles, four sacks, 10 tackles for losses, three forced fumbles and two fumble recoveries.

Lust capped a stellar career with Abernathy by recording 135 tackles, five sacks, six interceptions, five forced fumbles and 10 pass breakups.

Peggram finished with 11 interception and 65 tackles.

Ross averaged 44.0 yards on 32 points, with three downed inside the 20.

Earning second-team honors were Post offensive lineman Mondo Martinez and linebacker Robert Mendez of Slaton.

Several players earned honorable mention: running back D.J. Brown and defensive linebacker Bryan Smith, both of Post; lineman Juan Hernandez and running back De'Vonte Mathis of Littlefield; offensive lineman Tanner Dewbre and kicker Zach Tovar of Abernathy; offensive lineman Gino Juarez and receiver Jordan Demps of Brownfield; and offensive lineman Dustin Smith of Muleshoe.

Refugio's Travis Quintanilla, who this year became the most prolific passer in Texas high school football history, was named the Offensive Player of the Year while Daingerfield defensive lineman Delshin Neal was named the Defensive Player of the Year.

## Associated Press Class 2A All-State Football Team

(Note: Olton nominees were inadvertently placed on the 1A ballot. Those players from Olton named to the 1A team are also included on the 2A team.)

**OFFENSIVE PLAYER OF THE YEAR**  
Travis Quintanilla, QB, Refugio

**DEFENSIVE PLAYER OF THE YEAR**  
Kelshin Neal, DL, Daingerfield

**FIRST TEAM OFFENSE**  
Linemen: CLAY BREWER, Eastland, Sr.; JOE RICHARD CASTELLANO,

Refugio, Jr.; KYLEN HARRELL, Cameron Yoe, Sr.; BOYD HENRY, Wall, Sr.; JACOB REID, Wall, Sr.

Receivers/ends: JANSEN MCCURDY, White Oak; AARON MITCHELL, Teague, Jr.

Quarterback: TRAVIS QUINTANILLA, Refugio, Sr.

Running backs: GUNNER TATUM, Crane, Sr.; MATT VALADEZ, Stockdale, Sr.; JEFFERY WILSON, Elkhart, Sr.

Kicker: TY MCKINNEY, Leonard, Sr.

**DEFENSE**

Linemen: **THOMAS BASQUEZ, Post, Sr.**; RYAN HARRIS, Eastland, Sr.; KELSHIN NEAL, Daingerfield, Sr.; COLTON SCHWARTZ, Lago Vista, Sr.

Linebackers: DRU LUST, Abernathy, Sr.; **ALEJO RODRIGUEZ, Post, Jr.**; KYE SCHWARTZ, Wall, Sr.

Defensive backs: DALTON HERRINGTON, Hallettsville, Sr.; KYLE PEGGRAM, Olton, Jr.; JUSTIN TRUELOVE, Bangs, Sr.; KLIFTON WILLIS, Tatum, Sr.; CORY WINKS, Frankston, Sr.

Punter: AUSTIN ROSS, Muleshoe, Sr.

**SECOND-TEAM OFFENSE**

Linemen: Santana Aguilar, Dilley, Sr.; Trevor Davis, Crane, Sr.; **Mondo Martinez, Post, Sr.**; Ethan Patlan, Sonora, Jr.; William Roberts, Bangs, Sr.

Receivers/ends: Anthony Pando, Tulia, Sr.; Josh Quinn, Sunnyvale, Sr.

Quarterback: Colton Kent, Cisco, Sr.

Running backs: Brandon Johnson, Newton, Sr.; John Love, Teague, Jr.; Cedrick Perkins, East Bernard, Sr.; DarMarcus Robinson, Cooper, Sr.

Kicker: Tyler Ellis, Blooming Grove, Jr.

**DEFENSE**

Linemen: Landon Beck, Early, Jr.; Dustin McBride, Cisco, Sr.; Tralund Webber, Cameron Yoe, Sr.; Phillip Zuniga, Banquete, Jr.

Linebackers: Alex Coronado, Refugio, Sr.; Anthony Hadnot, Newton, Sr.; Robert Mendez, Slaton, Sr.

Defensive backs: Grant Aschenbeck, East Bernard, Sr.; Kasey Byler, Ballinger, Sr.; Demetrius Gray, Sunnyvale, Sr.; DeVontae Steele, Marlin, Sr.

Punter: Jaden Dement, Clyde, Sr.

**HONORABLE MENTION**

**OFFENSE**

Linemen: Garrett Bowery, Gladewater Union Grove; Lionel DeLeon, Sonora; Tanner Dewbre, Abernathy; Tei Dixon-McDaniel, McGregor; Matthew Graham, Bushland; Jason Heim, White Oak; Juan Hernandez, Littlefield; Mason Holcomb, Childress; Justin Hoskinson, Bangs; Gino Juarez, Brownfield; Jordan Mattox, Newton; Cole Maxwell, Danbury; Conner Mayes, Van Alstyne; Jonathan McNulty, Cameron Yoe;

Logan McMain, Nixon-Smiley; Anthony Norman, Edna; Ty Oliver, Cooper; Dylan Pelton, Leonard; Zach Pfiel, Stockdale; John Ross, Frankston; Dustin Smith, Muleshoe; Johnny Swires, Canadian; Bryan Townsend, Whitesboro; Matthew Wiethorn, Crawford; Tyler Williams, Cooper.

Receivers/Ends: Tyler Blackwell, Danbury; Cole Brunett, Whitney; Jordan Demps, Brownfield; Dirk DeVries, Dublin; Boston Hudson, Canadian; Colby Lee, Grandview; Austin Ross, Muleshoe; Colton Shuffield, Cameron Yoe; Aaron Sims, Cameron Yoe.

Quarterbacks: Ben Arbuckle, Canadian; Ryan Cottingham, Sunnyvale; Luke Dacy, Wall; Jason Kopriva, Cameron Yoe; Josh Moylan, Eastland; Spencer Seman, Danbury.

Running Backs: **D.J. Brown, Post**; Brandon Jackson, Tulia; Kevin Johnson, Waskom; Jordan Martinez, Grandview; De'Vonte Mathis, Littlefield; Braden Murphy, Crawford; Jaden Roberts, Comanche; Carson Skala, Rogers; Traion Smith, Cameron Yoe; Solomon Titus, Leonard; Willie Winborne, S&S Consolidated.

Kickers: Adolfo Cordero, Refugio; Alex Lara, Schulenburg; Devin O'Sullivan, Corsicana Mildred; Zach Tovar, Abernathy.

**DEFENSE**

Linemen: Brett Bolés, McGregor; Garrett Bowery, Gladewater Union Grove; Caden Bruton, Frankston; Elijah Cross, Sonora; Lucas Greenwood, Pilot Point; John Groff, Pilot Point; Nathan Hlavinka, East Bernard; Alexander Hoskins, Teague; Garrett Johnson, Jacksboro; Tristan Jones, Cooper; Justin McGuire, East Bernard; Sadler Pinkerton, Olton.

Linebackers: Michael Alexander, Brownfield; Dylan Dunn, Stockdale; Garrett Gibson, Gladewater Union Grove; Demetrius Hill, Tatum; Aaron Jongema, Aransas Pass; Tavaris Owens, Whitney; Mason Reed, Cisco; Justin Reeves, Hallettsville; Cody Rosales, East Bernard; **Bryan Smith, Post**; Chris Smith, Jefferson; Kyshaun Smith, Tatum; Gaje Smock, Elkhart; Zach Stavinoaha, East Bernard; Dylan Washington, Godley; Somari Wright, Cameron Yoe.

Defensive Backs: Colton Adamick, Crawford; Branden Dietzman, McGregor; Garrett Earlywine, Nixon-Smiley; Braxton Iden, Coahoma; Colt Labay, Cameron Yoe; Cameron Loveday, Refugio; Devonte Mathis, Littlefield; Eriq Mitchell, Lago Vista; Justin Pratt, Cameron Yoe; Austin Ross, Muleshoe; Chance Seale, McGregor; Draylon Sterling, Corsicana Mildred.

Punters: Jason Kopriva, Cameron Yoe; David Llamas, Bloomington; Ty McKinney, Leonard.

**Watch Up For Power Lines**

**Lyntegar Electric Cooperative Inc.**

Tahoka • 998-4588  
Lamesa • 872-2632  
Sundown • 229-3741

### Church Directory

**Assembly of God**  
Bethel Assembly of God (Bi-Lingual)- 407 May street  
Lifeline Church- 108 N. Broadway

**Baptist**  
Calvary Baptist Church- 210 E. 6th Street, 990-2342  
First Baptist Church, Post- 402 W. Main Street, 495-3554  
First Baptist Church, Wilson- 806-628-6333  
Grace Baptist Church- 820 N. Avenue S- 990-3497  
Justiceburg Baptist Church- Justiceburg  
Pleasant Home Baptist Church- E. 14th & N Ave F  
Southland Baptist Church- Southland  
Temple Bautista- 315 W. Main  
Trinity Baptist Church- 915 N. Ave O, 990-3038

**Catholic**  
Holy Cross Catholic Church- Ave K and Main Street- 495-2791

**Church of Christ**  
Church of Christ- 108 N. Ave M 495-2326  
Graham Chapel Church of Christ- 15th & Ave S

**Church of God**  
Church of God of Prophecy- 602 W. 14th, 495-3644  
Power House Church of God and Christ, Pine Avenue

**Disciples of Christ**  
First Christian Church- 812 W. 13th, 495-3716

**Evangelical Methodist**  
Faith Chapel- 1105 Green Street, Wilson (806) 628-0018

**Methodist**  
First United Methodist Church- 216 W. 10th, 990-2942  
Graham Chapel United Methodist Church (Pastor: John Hedrick) - 611 FM #1313 806-549-1400

**Nazarene**  
Post Church of Nazarene- (Pastor: Charles Gibson) 202 W. 10th, 495-3044  
Grassland Church of Nazarene- 327-5656

**Presbyterian**  
First Presbyterian Church- 910 W. 10th, 495-2135

**Nondenominational**  
Family Harvest Church- (806) 495-1400

**Office:**  
806-495-3521  
806-495-3503  
Fax:  
806-495-2985

**Hudman Funeral Home**  
615 W. Main • 495-2821

**Germania INSURANCE**  
113 N. Ave. H • 495-3330  
Locally Served by Jerry Taylor LC 230

## The Post Dispatch

A BUILDER IN GARZA COUNTY SINCE 1926

123 E MAIN STREET, POST, TX 79356  
1,080 HOMES EVERY THURSDAY

**Cogdell Memorial Hospital**  
Located at: 1700 Cogdell Blvd., Snyder, Texas 79549  
Phone: 325-573-6374

**LYNN COUNTY HOSPITAL DISTRICT**  
www.lchdhealthcare.org  
Tahoka • 998-4533  
Physician & Wellness Clinic  
Swing Bed & Physical Therapy

God bless the  
**USA**

**POKA LAMBRO**  
One Company ... Unlimited Possibilities  
115 W. Main • Post • 990-9901  
Local • Long Distance • Internet



Blair Fannin/Texas A&M AgriLife Extension

**Cattle prices are projected to remain strong in 2014 due to lack of supply.**

**OUTLOOK**  
From Page 1

corn crop in 2013 of 14 billion bushels.

"In the current marketing year, supply is outpacing demand, resulting in estimated carryover stocks of 1.8 billion bushels," he said. "This is twice the level of carryover stocks after the drought reduced crop in 2012. In response to this buildup in stocks, the season average farm price for corn is estimated at \$4.40 per bushel, down from \$6.89 last year."

Looking ahead to 2014, Welch said the demand base for grain remains strong.

"Use estimates are higher in every category: feed and residual, food, seed, and industrial and exports. The question is whether farmers will switch corn acreage to alternative crops now that prices are near, or in some cases, below the cost of production."

Meanwhile, cotton prices will be determined by a variety of factors, said John Robinson, AgriLife Extension cotton economist, College Station.

"The outlook for cotton prices will be determined by a combination of planting and growing conditions for the 2014 new crop, and how much cotton China uses from out of their massive government reserves," he said. "If China maintains their reserves at their current levels, cotton prices in Texas may range from the upper 60s to mid-70s (cents per pound). If China were to start auctioning off large amounts of their reserves, then Chinese mills would not have to import

as much cotton, leaving more surpluses of cotton in the U.S. that would lower prices another five to 10 cents."

William Thompson, AgriLife Extension economist for the West Central Texas District in San Angelo, offered his outlook for the Plains region of Texas:

**Grains**

"I am expecting a small increase in wheat acres planted for harvest in 2014. We had some timely showers in the early fall and producers took advantage of that. Grain and cotton price expectations are down for the coming year. If rainfall patterns return to something closer to normal, I think we will see more interest in cotton. For 2014, that will come at the expense of grain sorghum acres, as wheat is already in."

**Cotton**

"For 2014 there is a mix of factors affecting cotton. The huge stocks being held in China will likely temper any short-term price increases. Prices have been relatively strong, considering the level of global stocks we have. But as long as those stocks are effectively out of the market channel, the market should maintain current levels in the mid to high \$70s range. That price uncertainty and some timely fall rains likely increased fall planting of wheat, some at the expense of cotton acres. Any increase of planted cotton next spring will be at the expense of what few grain sorghum acres we have out here."

**Livestock**

"I expect to see further contraction of the sheep numbers in 2014. Lackluster prices for three-quarters of the year (2013) and spotty precipitation led to additional reduction of the West Central Texas ewe flock. Prices have improved considerably in the fourth quarter, but many producers had likely sold their lamb crop by then. Rangelands will need additional, above-average rainfall and time to recover from the effects of this prolonged drought. While I am not expecting to see a large reduction of ewe numbers in 2014, I am not expecting to see any significant growth either. Beef cattle numbers may show minimal increases in 2014. Discussions with county agents and producers indicate that some expansion/reinvestment is being considered. Very strong calf and feeder prices, bolstered by a sharp drop in corn prices, have producers wanting to expand."

**General (weather, yields, other factors)**

"Soil and range conditions are varied across the region depending on the track of several large storms in 2013. It has remained pretty dry north and south of that track which moves diagonally (southwest to northeast) across the state. Even those areas that did receive the timely rains have not replaced any subsoil moisture. We did produce some cotton, grain and forage in 2013, but only because of the timeliness of the rains. It will not take much of an extended dry period in 2014 to push the area back into some level of drought category."

**Nancy's Notions**  
Utilize web, social media for easy recipes

A few weeks ago, I lead a class at our office called Pinterest 101. The hour class stretched into three hours of interesting fun. Covering the basics just enough for each class attendant to gain confidence in using the boards, I encouraged them to actually use the tools. How useful is the concept if you just keep pinning and pinning and never actually use the resources.

Fast forward. Last week for me was spent in a classroom from 8 a.m. to 5 p.m. on the Texas A&M University campus in College Station listening to agency updates, learning new teaching styles and technologies that our system is in the process of adopting. Don't get me wrong, some of it was great stuff! But I kept thinking of all the deadlines I needed to meet, Christmas shopping I needed to finish, candy to make and menus to plan. They were telling us to not reinvent the wheel. Use our resources!

My resource of choice this week is Pinterest! Following are two easy and affordable chicken recipes from my Pinterest "recipes" board to help ease our busy schedules during the coming days.

**Chicken Ranch Tacos**

3 cups cooked chicken, cut up  
1 pkg. taco seasoning  
1/2 cup ranch dressing  
Heat a skillet over med-high heat. Add chicken and warm it for a few minutes. Sprinkle on the dry taco seasoning. Do not add any water. Heat for 5 to 7 minutes until all heated through and powder is stuck to the chicken. Add ranch dressing, heat an additional 2 to 3 minutes to

warm through.  
Serve in taco shells with all the fixings you love: lettuce, cheese, tomatoes — plus an extra squirt of ranch!

**CrockPot Chicken Tortilla Soup**

2 boneless skinless chicken breasts  
2 10-ounce cans of diced tomatoes with green chilies  
1 can black beans, rinsed and drained  
1 can kidney beans, rinsed and drained  
1 can corn or two cups frozen corn  
1 onion, chopped  
2 14.5-ounce cans low-sodium chicken broth  
1-2 cups of water  
1 packet of taco seasoning  
Tortilla chips  
Sour cream  
Shredded cheddar or Mexican blend cheese  
Fresh cilantro  
Put chopped onion, cans of beans, tomatoes/chilies, corn, chicken broth, water, and spices in slow cooker and stir to mix. Put chicken breasts on top of mixture and make sure they're at least partly submerged in liquid. Cook on high 6-7 hours or low 8-9 hours. Before serving remove the chicken breasts from soup and shred. Return chicken to pot, stir to combine.  
To serve put a few tortilla chips in the bottom of a bowl, ladle soup over tortilla chips, top with shredded cheddar cheese, fresh cilantro and a dollop of sour cream, serve with more chips if you like. I would love to hear good or bad reports of these recipes and maybe even your own adaptations. Enjoy!



NANCY MCDONALD

Nancy McDonald is the family and consumer science agent for the Texas A&M AgriLife Extension Service in Garza County.

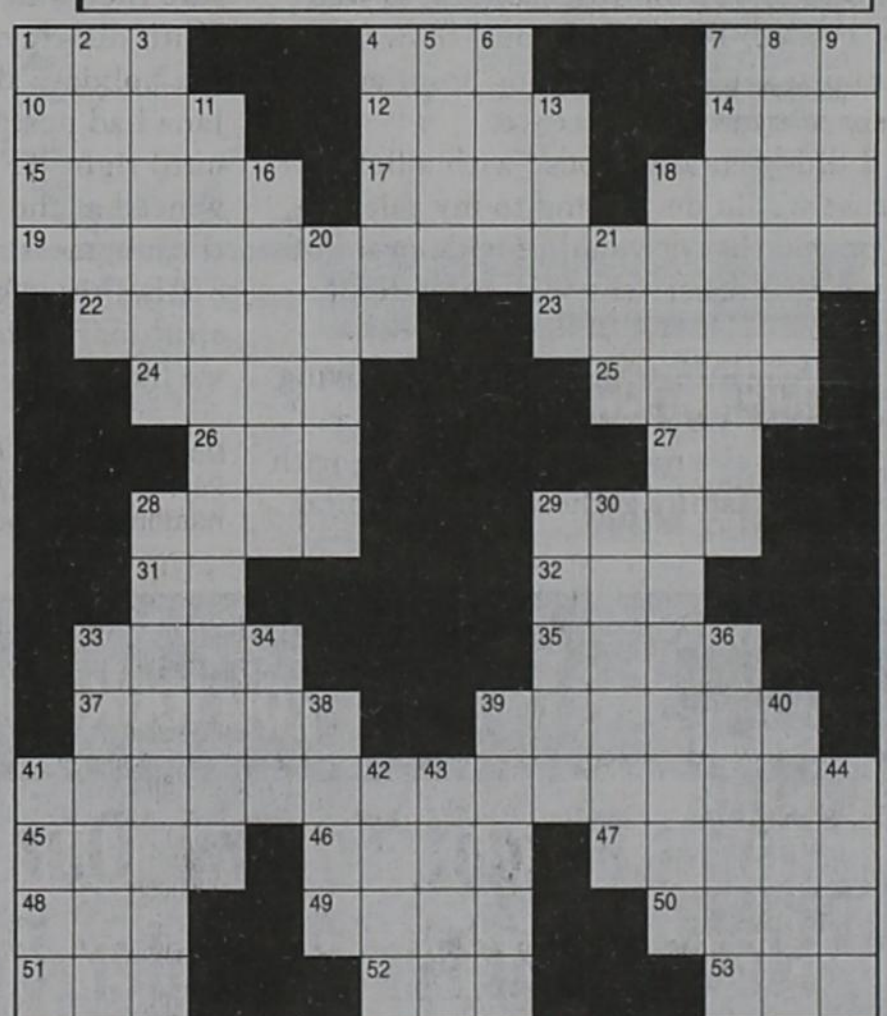
**Puzzle of the Week**

**CLUES ACROSS**

- Licensed accountant
- Oil production measure (abbr.)
- An accountant certified by the state
- Perceived with attention
- Paddles
- Radioactivity unit
- Typical geese
- Murres genus
- G\_\_\_le: wrestle with
- Bills of fare
- Having vision, not blind
- Alternative musical passage
- Formerly (archaic)
- Surprise greatly
- Japanese apricot tree
- Reichsmark
- VI
- European swift genus
- Article
- Unit of time (abbr.)
- Happy
- Stage sceneries
- Grandmothers
- Military greeting
- Lake Champlain fortification
- Friends (French)
- Undercover agent
- Belonging to actress Moore
- Mature female deer
- Wan
- Hyphen
- The last part of a sequence
- Pitch
- A pig enclosure

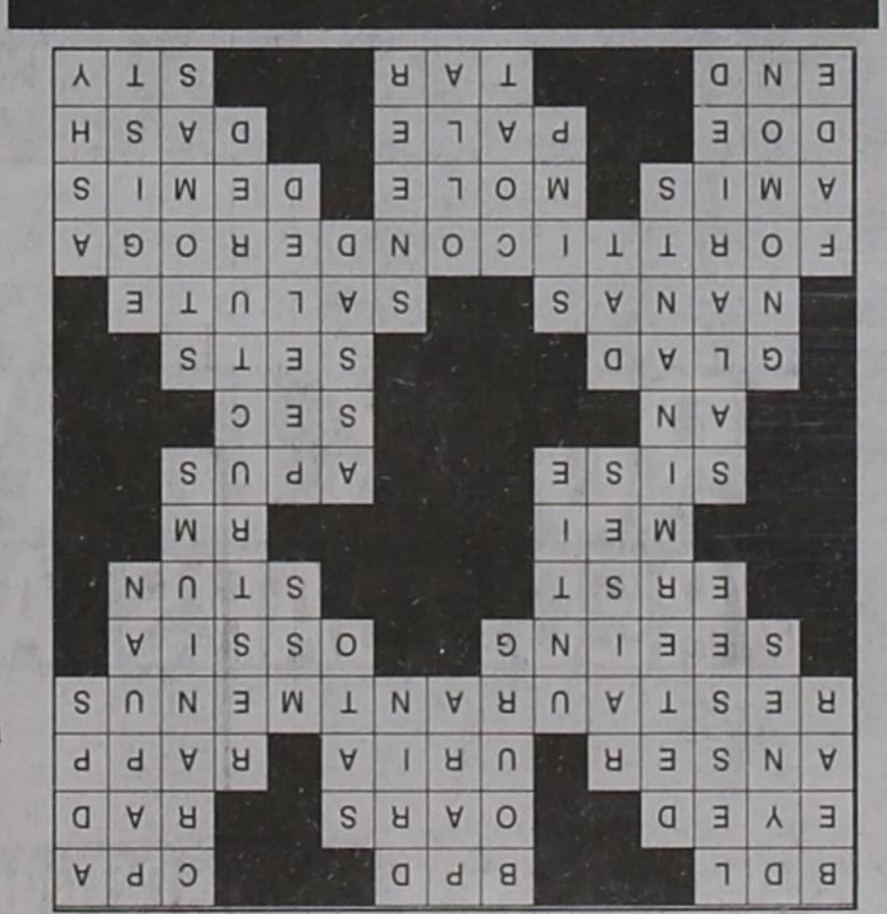
CROSSWORD PUZZLE

**POST DISPATCH**



- undone
- Manuscripts (abbr.)
- White collar compensation
- Hafez al-\_\_\_, Syrian president
- Skinned an orange
- Shadow arm on a sundial
- Digital audio tape
- Leaf pores
- \_\_\_lified: made easier
- Derivative face
- Strat\_\_\_: expert planner
- Disappear slowly
- Hair or wool or fur of an animal
- Cor\_\_\_: Toyota model
- With fireplace residue

**PUZZLE SOLUTION**



**CLUES DOWN**

- Pessimistic investor
- Force units
- Leaseholder
- Town (French)
- \_\_\_trooper: soldier
- Albanian river
- Skulls
- Native of New Guinea
- Automatic Data Processing System
- Controlling influences
- 1994 Skating champion Yuka
- Increases a bet
- Reorganized
- Cause to become

**The Post Dispatch**

**WE SUPPORT OUR BOLD GOLD ALL THE WAY!**

**HAVE A GREAT SEASON!**

Clay Miller

**AG TEXAS**

FARM CREDIT SERVICES

P.O. Box 923  
Ralls, TX 79357  
Office (806) 253-2506  
Fax (806) 253-2060  
Cell (806) 392-3920  
clay.miller@agtexas.com

**LOANS FOR Real Estate**

**IMPACT!**

CHEMICAL TECHNOLOGIES, INC.

Rodney Oden  
Account Representative

Mobile 806.201.1434  
roden@impactchemtech.com

1002 E. Main  
Post, TX 79356

Compliments of

**Giles W. Dalby Correctional Facility Management & Training Corporation**

**DRIVE NOW TEXT LATER**

Save a Life

# The Idle American Wherefore art thou, simpler stage?

In his play, "As You Like It," debuted some 410 years ago, Will Shakespeare said "all the world's a stage."

We can only guess whether theatre audiences nodded in agreement or shook their heads vigorously to object. Most of them likely were ambivalent, much like "players" on the world's stage today, when we face more issues than anyone cares to count.

So let us consider an addendum to his quote: "and cameras as well as microphones."



DON NEWBURY

We, the populace, may whimper, protest, mutter, lament or whatever. We are now at that place where sights and sounds are part of public records. Such has been stuffed into our collective pipes, ours to smoke, whether or not we inhale.

Nations spy on nations, corporations on competitors, political parties on each other, and, of course, traffic cameras on motorists.

We may "cry uncle" or not, but it is clear that "uncle's" intrusions have taken over like kudzu, tentacles fully engaged.

More info whizzes about in cyberspace than mere mortals can imagine. The US mail, though, provides sobering reminders.

One came in a foreboding envelope from the City of Fort Worth the other day. It was addressed to me, and I opened it hastily, not dreaming that contents would apply to my wife, not to me.

Lo — and throw in "behold," too — the document, somewhat harshly worded, alleged that a motorist driving a vehicle registered in my name "did then and there commit the following violation ... failure to stop at a red light." Supporting evidence included photos shot from three angles, as well as a video. The "knock-out" blow was unmistakable — a picture "front and center" of my car's license.

I did what any spouse with a lick of sense would do. Racing to my calendar, I prayed that it would provide proof of my being other-where on the fateful day.

Hallelujah! I was in Dallas — driving our "good" car. I was "committing" a speech in the morning and visiting with a friend's family gathered in a hospital

surgery waiting room in the afternoon.

After establishing innocence, it was mine to inform my wife that she had committed a grievous traffic infraction and to contact the county tax office. After all, it seems best to get both our vehicles in her name. That way, she can open future such notifications herself.

She doesn't believe she had done anything wrong, of course. After all, she's been driving for a full half-century, NEVER having received a citation.

Stopped just once for driving a "teensy-weensy" bit over the speed limit, she cried real tears that rolled down reddened cheeks. The officer put away his citation pad, apologizing for causing for causing any inconvenience.

Alas, while tears worked on the officer, they do no good for an emotionless camera. The \$75 check for the fine has been mailed, so officially, the matter is closed. The saga continues verbally, however.

Views of such matters depend on whose foot the shoe pinches. Ours is major surgery; yours is minor, probably even "out-patient." I could probably stand your minor illness on my eyeball.

Brenda "sort of" remembers the errant turn, vowing that the light was primarily amber, maybe with the slightest "pinkish" hue.

My guess is that it was at the epicenter of red — the brightest hue sold at the paint store.

The recent holidays were joyous with convergence of kids and grandkids. At mid-morning, though, "technological overkill" tempered Thanksgiving joy. Daughter Jana and her hubby received frantic phone calls from Tyler. Police, they learned, had converged on their home, responding to a "911" call. Relax, it was a false alarm. After all, no one was home. Some phone line fault triggered the "911" call. (Emergency responders explained that such calls are often the result of such breaches.)

Jana was chagrined. Kinfolks and neighbors inspected every room, making sure the home was free of intruders. With disarray associated with both the holidays and "getting out of town," Jana had postponed housecleaning until right AFTER Thanksgiving. She winced at the thought of others seeing the, uh, mess.

Ah, this stage on which we mortals strut may be far better illuminated than we like."

Don Newbury, former chancellor of Howard Payne University in Brownwood, is a Christian humorist and motivational speaker.



Lawrence Brothers supermarket will gain two new stores from the Albertson's-United merger announced last fall. Because federal authorities said the merger would leave a lack of competition in the Amarillo and Wichita Falls markets that could drive up food costs, Albertson's sold properties in those two markets to Sweetwater-based Lawrence Brothers. The chains two newest and likely largest stores will join the fleet of others in West Texas, including the one in Aspermont, and eastern New Mexico.

## Lawrence Bros. expands into Wichita Falls, Amarillo Decision based largely on successful United merger

By Wayne Hodgin  
The Knox County News-Courier

Sweetwater-based Lawrence Brothers is scheduled to open a new store in Wichita Falls and Amarillo later this month, capitalizing on a stipulation a federal agency placed on two of its competitors before allowing their merger last fall.

Documents recently released by the Federal Trade Commission reveal the Albertsons supermarket company paid \$385 million to buy the 51 United Supermarket locations in North and West Texas, including those properties in Post and Childress.

When the proposed merger of the two companies was filed, federal overseers responded in a complaint filed by the FTC that the merger would reduce supermarket competition in Wichita Falls, where both Albertsons and United Supermarkets are located.

To pursue the acquisition of the United stores, Albertsons agreed to sell its existing store in Wichita Falls to Lawrence Brothers. The Amarillo Albertson's store also was acquired by Lawrence Brothers.

Albertsons also agreed to not interfere with the potential employment of current Albertson's stores employees by Lawrence Brothers or make counter offers of employment to workers who have been offered employment by Lawrence Brothers.

"The proposed merger would combine two of the only three retail sellers of food and other grocery products in full-line supermarkets," the FTC said in its complaint after the merger was proposed

in September. The complaint pointed out the merger between Albertsons and United would limit the number of competing supermarkets in parts of Wichita Falls to two — the second being the Walmart super stores.

"The ultimate effect of the proposed merger would be to increase the likelihood that the prices of food, groceries or services will increase, and that the quality and selection of food, groceries, or services will decrease, in the relevant sections of the country," the FTC claimed.

Lawrence Brothers Supermarkets operates under the corporate name of MAL Enterprises and has locations in Anson, Aspermont, Breckenridge, Clyde, Hamlin, Knox City, Merkel, Munday, Seymour, Spur, Stanton and Winters. It also has two locations in New Mexico — Roswell and Ruidoso.

Albertson's spokeswoman Christine Wilcox confirmed employees were notified in mid-December of the change.

Wilcox said Albertson's anticipates a closing date of Jan. 12.

In a news release in September, United Supermarkets said its stores will continue to operate under the United name and operate as a separate business unit under Albertson's LLC, with the current United CEO continuing to head the company. Lubbock-based United has been in business since 1916.

Albertson's LLC is parent company to more than 600 supermarkets across the country.

With reports from the Times Record News.

**\$1.00**  
Any Size Soft Drink

**Everything you look for in a burger!**

**Don't Forget To Try Our New Quarter Pounder Deluxe Line!**

McCafe  
Stay Warm with Our White Chocolate -or- Peppermint Mocha!

You so want one.

**McDonald's®**  
605 College Ave.  
Levelland, TX

**i'm lovin' it**

**Cryptogram Solution**

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
B	A	E	L	V	X	S	W	N	M	F	H	C	Z	G	K	I	D	O	Y	R	Q	J	U	T	P

I	N	T	H	E	B	O	O	K	O	F	L	I	F	E	, N	Z	Y	W	V	A	G	G	F	G	X	H	N	X	V	Y	W	V	B	Z	O	J	V	D	O		
A	R	E	N	T	I	N	T	H	E	B	A	C	K																												
B	D	V	Z	Y	N	Z	Y	W	V	A	B	E	F																												

© Feature Exchange

**DRUNK DRIVERS  
WRECK CARS. AND LIVES.**

**Save a Life®**  
Texas Department of Transportation

**FacesOfDrunkDriving.com**

# Post Classifieds

PHONE: 806-495-2816 • EMAIL: THEPOSTCITYDISPATCH@GMAIL.COM • 123 E. MAIN STREET, POST TEXAS

## HELP WANTED

CNA's and night shift (7p-7a) RN's needed at the Golden Plains Care Center. Apply within at 605 W. 7th or call Roberta Clark at 495-2848 (0124)

Bob White Quail White conditioned gamebirds delivered in January. (580) 528-1222. (1/2/14p)

## LOST & FOUND

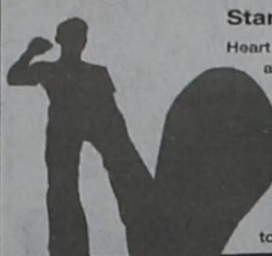
Set of keys found in front of City Hall. To claim, go to City Hall and describe.

## FOR SALE

Tested Roundbale Haygrazer for sale. \$75.00. Call Charles Morris - 806-241-9331 or Rusty Morris - 806-773-0743 (0117)

Children's Eye Exams Medicaid, Chip, Most Insurances 3415 19th Street Lubbock 806-796-2020

Take the First Step to a Heart-Healthy Life.



**Start! Walking. Start! Something.**  
Heart disease is the number one killer of men and women in America. But did you know that just 30 minutes a day of physical activity can improve your health and decrease your risk of heart disease? An easy way to work physical activity into your regular routine is to start walking. For every single hour of regular, vigorous exercise, you can add two hours to your life expectancy.

It's easy to Start! whether you're by yourself or with friends, family and co-workers. You'll feel a difference and live longer, heart-healthier lives.

Join the movement.

heart.org/myheartmylife



My Heart. My Life.

## NEW 2013 3500 Silverado Cab & Chassis Trucks



**\$25,500** ea. +TT&L  
For our remaining 2013 Cab and Chassis Reg. Cab Gasoline Engine One Tons

**800-460-6537**

\*Price includes all current GM rebates and allowance for light hail damage.

Go Painlessly with THERA-GESIC.  
Maximum strength analgesic creme for temporary relief from:  
• Joint and Muscle soreness  
• Arthritis  
• Back aches

Live Entertainment by KEVIN SWANSON Kids' Activities  
Come visit historic downtown Pleasanton!  
**Artwalk**  
2nd Saturday  
Sat., January 11 3-7 pm  
Featured Artist: Kirk Bates of Rising 3B  
Art • Dining Shopping • Hotels Vendors, Artists, Musicians needed!  
www.discoverpleasantontx.com



Lynn County Hospital District is **GROWING!**  
Currently hiring for the following positions:

- Certified Medication Aide - Lynnwood Assisted Living
- Part-time Speech and Language Pathologist
- Part-time Occupational Therapist
- ADON/ER Supervisor (RN)
- Certified Physical Therapy Assistant

Contact LCHD to see how YOU can be a part of our TEAM!  
2600 Lockwood Tahoka, TX; 806-998-4533; jstone@lchdhealthcare.org EOE

"A compassionate group of professionals, committed to healing our communities."

## Advertise Here!!!

**SMITH SOUTH PLAINS SLATON**  
• Used Cars & Trucks  
• Portable Buildings  
• Car Care Center  
• Sign Shop  
• U Haul  
US 84 and Division Street - Slaton  
www.smithsouthplains.com  
828-6291 - 1-800-692-4457

**RUSH REALTORS**  
**Casey McNeely**  
For all your Real Estate Needs  
806-549-2103 casey@rushrealtors.com  
405 Mohawk 1871 sq. ft. 4 bedroom 2 bath \$102,000.  
Kent County Ranch 4/2 484 Acres \$1,200 per acre  
1017 SUNDRIE Post, TX 1622 square feet \$2,900,000  
812 West 4th 2BD, 1BA • Great Starter Home \$69,900

**Propane bills too high?**  
Stop feeding the pig and get Geo.  
  
Bosch geothermal heating and cooling systems can save you up to 70% on your home energy bills. With an additional 30% federal tax credit, these systems are now more affordable than ever!  
Visit our site to find out how much you can save.  
BoschGeo.com/PropanePig  
**BOSCH** Invented for life

**Mesothelioma** EXPERIENCED COUNTY Lawyers with over 20 years combined ex  
may occur 30 to 50 years after exposure to asbestos. Many workers were exposed from the 1940s through the 1970s. Industrial and construction workers, along with their families (second hand exposure) are among those at risk for mesothelioma, lung cancer or gastro cancer (throat, stomach, colon). Call us for professional insight.  
Ryan A. Krebs, M.D., J.D. Doctor-Lawyer in Full-time Law Practice  
Richard A. Dodd, L.C.  
Timothy R. Cappolino, I.B.C. Board Certified Personal Injury Trial Law and Law by the Texas Board of Legal Specialization CAMERON TEXAS  
**1-888-MESO-F** (1-888-637-6347) www.MesoFirm.com

**daily Express Inc.**  
**CONTRACTORS NEEDED!**  
Daily Express, a leader in Heavy Haul and Specialized Transportation, is in need of experienced Contractors to pull our step-deck and lowboy trailers hauling Machinery, Construction, fabricated and Agricultural loads to multiple destinations. We can also lease on Contractors with their own Step-deck or RGN's.  
\*\*Best FSC in the Industry\*\* No Trailer Rent, No Agents or Brokers, Free Base Plate, Paid Permits/Escorts and Advancement Opportunities!  
Get on board with a proven leader today! Call Erik or Nicole at 1-800-669-6414 or apply at www.dailyrecruiting.com

**dish** AUTHORIZED RETAILER **800-315-3973**  
MORE WAYS TO WATCH. MORE WAYS TO SAVE.  
FREE HOPPER UPGRADE!  
FREE PREMIUMS FOR 3 MONTHS!  
FREE INSTALLATION IN UP TO 6 ROOMS  
FREE HD FOR LIFE \$120/YEAR VALUE  
ORDER NOW \$19.99 MO For 12 months with the SMART PACK with 24 month commitment. See store for details.

# TEXAS STATEWIDE CLASSIFIED ADVERTISING NETWORK

# TexSCAN

**TexSCAN Week of December 29, 2013**

**ADOPTIONS**  
PREGNANT? CHOOSING ADOPTION? JOIN AVERITT TODAY! Dedicated Loving, single woman awaits first child. CDL-A drivers get full-benefits and steady hometime. 1-855-430-8869. Apply online: Joyful, stable home promised. Education, travel, financial security. Expenses paid. AverittCareers.com, EOE  
Contact Deborah, toll-free 1-855-779-3699.

**DRIVERS**  
BEST LEASE PURCHASE in the industry with 99c/gallon diesel fuel, \$100 weekly bonus, new trucks, top pay and great freight lanes. Hirshbach; 1-888-514-6005 or www.drive4hml.com  
DRIVER TRAINEES NEEDED now! Learn to drive for Werner Enterprises. Earn \$800 per week. No experience needed. Get your CDL and pre-hire now. 1-888-734-6710  
EXPERIENCED FLATBED DRIVERS Regional opportunities now open with plenty of freight and great pay. 1-800-277-0212 or driveforprime.com  
NEED CLASS A CDL TRAINING? Start a career in trucking today! Swift Academies offer PTDI certified courses and offer "Best-In-Class" training. New academy classes weekly. No money down or credit check. Certified mentors ready and available. (Paid while training with mentor) Regional and dedicated opportunities. Great career path. Excellent benefits package. Please call: 1-866-259-8142  
OWNER OPERATORS: \$3,500 holiday bonus! Home weekends & throughout the week. Dedicated, year 'round recession-proof freight. 1-year driving experience & CDL Class A. Contact for details! 1-888-368-1638; ayers.edu/tact Ty 1-866-478-9977. DriveForCardinal.com

**HELP WANTED**  
ACCEPTING PROPOSALS operation of bar, restaurant and/or pro-shop, golf course, Rawlins, Wyoming. April 15-October 16. Beat the heat and live at 7,000-foot elevation for the summer. More information: (www.rawlins-wyoming.com)

**MISCELLANEOUS**  
SAWMILLS FROM ONLY \$4897.00. Make and save money with your own bandmill. Cut lumber any dimension. In stock ready to ship. Free information/DVD, www.NorwoodSawmills.com 1-800-578-1363 Ext. 300N

**SAFE TUBS**  
SAFE STEP WALK-IN TUB Alert for seniors, bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic jets with less than 4-inch step-in. Wide door, anti-slip floors, American made, installation included. Call 1-888-960-2587 for \$750 Off

**TRAINING**  
MEDICAL BILLING TRAINEES Needed! Become a medical office assistant now! Online job training gets you ready. Job placement when program completed. Call 1-888-368-1638; ayers.edu/disclosures.com.

**REAL ESTATE**  
ABSOLUTELY THE BEST VIEW Lake Medina/ Bandera, 1/4 acre tract, central W/S/E, RV, MH or house OK only \$830 down, \$235 month (12.91%/10yr), Guaranteed financing, more information call 1-830-460-8354  
ACREAGE REPO with septic tank, pool, pier, ramp. Owner finance. Granbury 1-210-422-3013  
AFFORDABLE RESORT LIVING on Lake Fork. RV and manufactured housing OK! Guaranteed financing with 10% down. Lots starting as low as \$6900. Call Josh, 1-903-878-7265  
LOOKING TO SALE land? Reach over 2-million readers for one low price in the Texas Statewide Advertising Network. Contact this newspaper or call 1-800-749-4793 for more detail.  
\$106 MONTH BUYS land for RV, MH or cabin. Gated entry, \$690 down, (\$6900/10.91%/7yr) 90-days same as cash, Guaranteed financing, 1-936-377-3235

**VACATION**  
WEEKEND GETAWAY available on Lake Fork, Lake Livingston or Lake Medina. Rooms fully furnished! Gated community with clubhouse, swimming pool and boat ramps. Call for more information: 1-903-878-7265, 1-936-377-3235 or 1-830-460-8354

**Run Your Ad In TexSCAN!**  
Statewide Ad .....\$550  
290 Newspapers, 905,076 Circulation  
North Region Only .....\$250  
94 Newspapers, 301,619 Circulation  
South Region Only .....\$250  
100 Newspapers, 391,741 Circulation  
West Region Only .....\$250  
96 Newspapers, 211,716 Circulation  
To Order: Call this Newspaper direct, or call Texas Press Service at 1-800-749-4793 Today!

NOTICE: While most advertisers are reputable, we cannot guarantee products or services advertised. We urge readers to use caution and when in doubt, contact the Texas Attorney General at 1-800-621-0508 or the Federal Trade Commission at 1-877-FTC-HELP. The FTC web site is www.ftc.gov/bizop

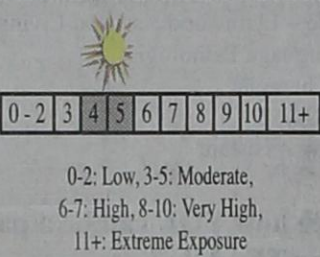
Extend your advertising reach with TexSCAN, your Statewide Classified Ad Network.

### Post Dispatch Weather Summary

#### Post's Seven Day Forecast

<b>Friday</b> Mostly Sunny 57 / 35	<b>Saturday</b> Mostly Sunny 62 / 30	<b>Sunday</b> Partly Cloudy 50 / 31	<b>Monday</b> Partly Cloudy 54 / 34	<b>Tuesday</b> Mostly Sunny 51 / 32	<b>Wednesday</b> Partly Cloudy 49 / 28	<b>Thursday</b> Mostly Sunny 50 / 25

#### Local UV Index



#### Weather Trivia

What parts of the world receive the most hail each year?  
 Answer: Northern India and Kenya, as a result of strong thunderstorms.

#### Weather History

**Jan. 3, 1777** - An overnight freeze enabled George Washington and his troops to flank the British at Trenton, cross their lines at Princeton and seek security in the hills of northern New Jersey.

**Jan. 4, 1989** - Up to a foot of snow blanketed the mountains of West Virginia and strong winds in the northeastern United States produced wind chill readings as cold as 60 degrees below zero in Maine. Mount Washington, N.H. reported wind gusts to 136 mph.

#### Detailed Local Forecast

Today we will see mostly sunny skies with a high temperature of 57°, humidity of 34%. The record high temperature for today is 80° set in 2005. Expect partly cloudy skies tonight with an overnight low of 35°. The record low for tonight is 9° set in 1983. Saturday, skies will be mostly sunny with a high temperature of 62°, humidity of 37%. Skies will be mostly cloudy Saturday night with an overnight low of 30°. Expect partly cloudy skies Sunday with a high temperature of 50°. Skies will remain partly cloudy Monday with a high temperature of 54°.

#### Peak Fishing/Hunting Times This Week

Day	Peak Times		Day	Peak Times	
	AM	PM		AM	PM
Fri	12:59-2:59	12:29-2:29	Tue	4:43-6:43	4:13-6:13
Sat	1:59-3:59	1:29-3:29	Wed	5:33-7:33	5:03-7:03
Sun	2:57-4:57	2:27-4:27	Thu	6:21-8:21	5:51p-7:51
Mon	3:52-5:52	3:22-5:22			

www.WhatsOurWeather.com

#### Sun/Moon Chart This Week

Day	Sunrise	Sunset	Moonrise	Moonset
<b>First 1/7</b>	Fri 7:49 a.m.	5:51 p.m.	9:25 a.m.	8:53 p.m.
Sat 7:49 a.m.	5:52 p.m.	10:09 a.m.	10:00 p.m.	
Sun 7:49 a.m.	5:53 p.m.	10:48 a.m.	11:05 p.m.	
<b>Full 1/15</b>	Mon 7:49 a.m.	5:53 p.m.	11:26 a.m.	Next Day
Tue 7:49 a.m.	5:54 p.m.	12:02 p.m.	12:08 a.m.	
Wed 7:49 a.m.	5:55 p.m.	12:39 p.m.	1:09 a.m.	
Thu 7:49 a.m.	5:56 p.m.	1:17 p.m.	2:07 a.m.	

#### Last Week's Almanac & Growing Degree Days

Date	High	Low	Normals	Precip	Farmer's Growing Degree Days			
12/22	44	27	52/25	0.00"	Date	Degree Days	Date	Degree Days
12/23	50	27	52/25	0.00"	12/22	0	12/26	0
12/24	59	25	52/25	0.00"	12/23	0	12/27	0
12/25	49	24	52/25	0.00"	12/24	0	12/28	0
12/26	52	19	52/24	0.00"	12/25	0		
12/27	55	22	52/24	0.00"	Growing degree days are calculated by taking the average temperature for the day and subtracting the base temperature (50 degrees) from the average to assess how many growing days are attained.			
12/28	54	24	51/24	0.00"				

# Dixie Divas Resolutely carrying on

For those of you who are faithful to this column, you will, no doubt, recall that last year I made brand new resolutions. I tossed out the old ones that I had failed at repeatedly and trudged ahead to new ones, optimistically believing that success was mine for taking.

Let me just update you on a couple of those. You remember, I'm sure, that in our home, the Civil War still looms large since our people were on opposing sides. Tink's great-great grandfather, Charlie Tinker, served in the auspices of the White House telegraph office while my ancestors packed up their tattered, threadbare jackets, grabbed their hunting rifles and headed out to the battlefields to starve and nearly freeze to death.

Audaciously, I declared that in 2013 there would be a new day of reckoning and that there would be more respect paid in our home for that great and mighty warrior Robert E. Lee. It was my intent to raise Gen. Lee to the lofty wartime status of Charlie Tinker. At least, in our home.

Here's how that worked:  
**RONDA** I don't recall that Gen. Lee was mentioned any more than just in passing, and when his birthday of Jan. 19th rolled around, Tink expressed no reverence whatsoever. Charlie Tinker, on the other hand, became a bigger hero, made so inadvertently by my own efforts.

A series of articles I wrote, taking excerpts from Charlie's hand-written diaries that we possess, made him something of a modern day rock star. Due to Charlie's friendship with President Lincoln and the views of that friendship he expressed in his diaries, one Lincoln historian wrote to say that Charlie Tinker's diaries marked the first time in over a hundred years that we had heard from anyone who personally knew the 16th president.

Then, historians of Brooklyn's Green-Wood cemetery, where Charlie and his family are interred, ran across the articles so they plunged into further revealing research, telling us that Charlie had testified at the impeachment trial of President Andrew Johnson, a Southerner. Don't get me started on that.

Three other things happened when Green-Wood discovered Charlie Tinker through my stories: 1.) When a volunteer group was looking for a historic gravesite to restore, Charlie's family site was chosen; 2.) The New York Times discovered Charlie and wrote an article on "Lincoln's favorite telegrapher"; 3.) Green-Wood's Jeff Richman invited me to New York to speak on Charlie Tinker.

Are you getting a good sense of how my New Year's resolution went?

Tink, of course, was excited. "Baby!" he exclaimed happily. "You made Charlie famous!"

By that time, the sound of Gen. Lee's name was a rapidly diminishing whisper. I shook my head and rolled my eyes comically. "Imagine that. It took this Confederate to make a hero out of that Yankee." "Remarkable," said my father-in-law when we told him of Charlie's growing legacy. Then, we three launched into a discussion of what possibly could have happened to the \$2 million that Charlie claimed in his diaries to have profited through an investment with famed financier Jay Gould in a company called American Telephone and Telegraph. We don't know the answer to that one yet but since Charlie continues to speak from beyond his grave, I think we'll probably know one day.

Like Gen. Lee's Southern armies, I have been beaten back, but I have not retreated nor surrendered. I still believe I can rise from the ashes to taste victory in that resolution.

My audacity also led me to proclaim that my adorable husband would learn how to use a check register in 2013 and become responsible for his own record keeping. That resolution, too, flashed and burned when I picked up his checkbook and discovered that debits, deposits and balances were all in the same column.

"You told me to write everything down and I did," he explained.

Obviously, Tink inherited Charlie's money-recording skills.

Or lack of.

Ronda Rich is a Southern humorist and storyteller. A television movie based on her best-selling novel, "The Town that Came A-Courtin'", which is based on a true story, will be aired at 7 p.m. Jan. 19 on UP.

**Service you can trust.**  
 WINTER IS HERE!  
 NOW IS THE TIME TO HAVE YOUR HEATING UNIT READY FOR THE COOLER WEATHER!

## TANNER APPLIANCE HEATING & AIR

WE NOW DO ALL TYPES OF PLUMBING! TIM TANNER: 806-495-1612

**CAPROCK BAIL BONDS**  
 Serving the West Texas Area  
**Sherry Williams, Manager/Agent**  
 Cell: 806.632.0623  
 101 E. 4th, Post, TX 79356  
 PO Box 954, Post, TX 79356  
 FAX: 806.495.3880  
 212 W. Aspen  
 Crosbyton, TX 79322  
 24-HOUR SERVICE  
 PAYMENT PLANS AVAILABLE  
 FAST & DEPENDABLE  
**806.495.2663** POST  
**806.675.0465** CROSBYTON

**SUBSCRIBE TODAY!**  
**806-495-2816**

*Just like Santa,*  
**WE DELIVER!**

Call today to set up a newspaper gift subscription.  
 \$30 per year in county  
 \$35 per year out of county  
**(888) 400-1083**  
**The Post Dispatch**

**Support Your Local Businesses!**

- Shop Local!
- Shop Post!

**Family Harvest Church**  
 faith for living

**Service Times**  
 Sunday 10:00 a.m.  
 Wednesday Prayer 7:00 p.m.  
 (806) 495-1400  
**Pastor Joey & Kathy Hamlin**

**Happy New Year**