

The Post Dispatch

A BUILDER IN GARZA COUNTY SINCE 1926

FRIDAY, AUGUST 16, 2013

THEPOSTDISPATCHONLINE.COM

75 CENTS

South Plains cotton abandonment at 40 to 50 percent

By Robert Burns
Special to the Dispatch

The official survey numbers haven't been released yet, but a Texas A&M AgriLife Extension Service expert estimates South Plains cotton abandonment will be about 40 percent.

"It's hard to tell, as we're all over the board here, but that's what I'm hoping will be the most," said Mark Kelley, a Lubbock-based AgriLife Extension cotton specialist.

Only a couple of months ago, it was looking much worse, Kelley said.

Like most of Texas, the region had a cooler-than-normal spring and late freezes, while remaining locked in the stranglehold of drought. There was also hail, high winds and blowing sand

that knocked out fields.

Many dryland and re-plantings of hailed-out or blown-out fields were late, bumping right up against the crop insurance planting deadlines.

Noting there hasn't been anything resembling "typical" for years, Kelley said typical abandonment rates are about 25 percent. In the last few years, a larger percentage of cotton is being planted dryland, which usually has a higher abandonment rate. Currently, about 53 to 57 percent of the region's cotton is dryland, he said.

So an abandonment of 40 percent, given all the adverse weather, doesn't seem too bad, he said.

Complicating predictions are the fields of late-planted or replanted cotton.

"We typically start seeing a white flower out

See COTTON, Page 6



Texas A&M AgriLife Extension Service-Lubbock
Much of South Plains cotton was late to bloom this year by two weeks or more, said Mark Kelley, a Lubbock-based cotton expert with the Texas A&M AgriLife Extension Service.

Post Notes

Events are listed free of charge for nonprofit civic organizations, schools and community events. Submit listings at least two weeks ahead of the date. Listings will run through the date of the event. Emailed submissions are preferred to thepostcitydispatch@gmail.com.

Raffle Tickets

The Post Lions Club is selling raffle tickets for \$10 with cash prizes of \$1,000 for the club's annual Teachers Appreciation Dinner on Aug. 20. Tickets may be purchased from any Lions Club member or at Porter Hardware, 311 E. Main St. during regular business hours. For information call Jason Porter at 495-1040.

Marching Band

Marching Band Rehearsals at the Band Hall are August 19-22 Monday - Thursday 7-9 PM. Advancing new year season. For more information contact Aaron Rathbun at 806-632-5417

Goat and Lamb Validation

Tag orders are to be turned in to the Extension Office no later than 4:00 p.m. Friday, August 23. For more information call the Extension Office at 495-4400

Beef Cattle and Range Challenges

August 28th at Scurry Coliseum in Snyder \$10.00 registration fee. Registration begins at 8:30 a.m. Program begins at 9:00. For more information please contact the Extension Office at 806-495-4400

Class reunion

Members of the Class of 1958 at Post High School will gather for their 55th-year reunion during Labor Day weekend, Aug. 30-31, at the Heritage House in Post. For information, call Tommy Young at 806-629-4328 or Linda Lane Runkles at 432-683-2926.

New exhibit

The OS Museum, 201 E. Main St., offers "The Many Faces of Art" as its 2013 summer exhibit. Viewing hours are 10 a.m. to noon and 1 to 5 p.m. Monday through Saturday. The exhibit will close Sept. 28. For information, call Marie Neff at 806-495-3570.

Howdy Y'all Day

Trailblazers will celebrate their annual Howdy Y'all Day Saturday, August 10, from 11:00 - 2:00 with live music, silent auction and hamburgers plates for \$5. For more information call Trailblazers at 495-2998

Corrections

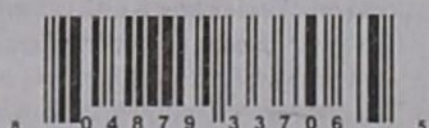
Jana Bullard's name was misspelled in a photo caption appearing on page 4 of last week's Dispatch. The photo was reprinted this week as a courtesy to readers.

If you spot an error of fact, contact Editor Wayne Hodgkin at 806-495-2816 or thepostcitydispatch@gmail.com.

News on the go

Use your smartphone to scan the quick response, or QR, code to visit us online.

The Post Dispatch
Copyright 2013
88th Year, No. 50
USPS 439-620



0 4879 33706 5

ERCOT experiences third highest power demand in history

Special to the Dispatch

AUSTIN — Demand for power on the grid that serves most of Texas hit the third highest level in its history on Aug. 7.

Peak electric use within the Electric Reliability Council of Texas (ERCOT) region topped out at 67,180 megawatts (MW) during the 4-5 p.m. hour. The grid experienced no problems during the day, with more than 74,000 MW of electricity, including more than 2,300 MW of wind power, available during the peak hour.

"We appreciate all the work by transmission and generating companies to keep the power flowing on this very hot day," said Kenneth McIntyre, ERCOT's vice president for Grid Planning and Operations.

This was the highest demand so far in 2013, which has included a mild summer compared to 2012 and the record-breaking 2011, Texas' hottest summer on record. ERCOT's record peak occurred on Aug. 3, 2011, when demand hit 68,305 MW. One MW is typically enough electricity to power about 200 homes during peak demand.

"Until this week, peak demand and overall energy use have been lower this summer than in the past couple of years," noted McIntyre. "Of course, August is typically the hottest month of the year, so we may see several more days like this before the summer ends, and we still may need to ask consumers to be especially mindful of their electricity use on some of those days."

ERCOT demand exceeded 65,000 MW for the first time this year on Aug. 1, compared to June 25 last year and July 25 in 2011.

The fuel mix powering the grid during Wednesday's peak included 59.3 percent natural gas, 29.2 percent coal, 7.5 percent nuclear, 3.4 percent wind, 0.3 percent diesel generation, 0.2 percent solar and biomass, and 0.1 percent hydroelectric power.

Here are ERCOT's top five demand days.

- 1) 68,305 MW, Aug. 3, 2011
- 2) 67,929 MW, Aug. 2, 2011
- 3) 67,180 MW, Aug. 7, 2013
- 4) 66,867 MW, Aug. 1, 2011
- 5) 66,849 MW, Aug. 4, 2011

Anyone who is interested in how the grid is operating can follow hourly demand and capacity trends throughout the day on ERCOT's website at www.ercot.com or on its free ERCOT Energy Saver mobile app. The mobile app will begin offering even more features, including real-time wholesale prices, later this month.

Southland youth certified as safety responders

By Wayne Hodgkin
The Post Dispatch

SOUTHLAND — Nine teenagers from Southland recently completed a summer training program that prepares youth to respond to emergency situations within their own schools.

Toby Miller, superintendent of schools for Southland ISD, said the group of students approached him with a desire to help the school and community if ever a need arises.

"These kids came to me asking my advice on how they could help the Southland school and community should a disaster occur," Miller said.

School safety was a recurring theme this past academic year throughout the state and nation as public school officials were required to re-evaluate safety plans in the wake of the December massacre at Sandy Hook Elementary School in Newtown, Conn., that left 20 students and six faculty members dead.

It was the second deadliest mass shooting by a single person in American history, after the 2007 Virginia Tech massacre, and the second deadliest mass murder at a U.S. elementary school, after the 1927 Bath School bombings in Michigan.

See NINE, Page 7

Tourism



Hanaba Munn Welch/For The Post Dispatch
Josh Paulson, a musician from Pampa who entertained Wednesday at the 10th Annual Tourism & Preservation Round-up of the Texas Plains Trail Region last week in Canadian, gathers promotional materials Thursday from a display set up by Pat Cruse, center, and Linda Puckett of the Garza County Museum in Post. Several exhibitors set up tourism displays at the event.

Promotion, promotion, promotion

Hanaba Munn Welch
For The Post Dispatch

The Texas Plains Trail Region celebrated its 10th anniversary at the 10th Annual Tourism & Preservation Round-up in Canadian last week. Promotion was an unspoken theme as representatives of chambers of commerce, economic development corporations, Main Street organizations, convention and visitors bureaus, museums and special initiatives -- namely the Quanah Parker Trail -- met to share information and promote their own interests to their counterparts in the business of building Texas tourism and preserving Texas history.

The conference included a where-we've-been-and-where-we're-going presentation from former board member Lana Barnett of Tullia, where the or-

ganization held its formative meeting.

But more than a congratulatory time to rest on laurels, the meeting featured presentations designed to inspire participants to keep on promoting the region, not just with strategies that have worked in the past but with new approaches too. (Statewide, the region is one of ten heritage tourism regions overseen by the state historical commission.)

John Erickson of nearby Perryton, author of the "Hank the Cowdog" book series, talked about his first book, "Through Time and the Valley" and how hard it was for him to get his words into print.

"Through Time and the Valley" tells the story of the Canadian River. The book has preserved some stories about the region that could have faded away with time if Erickson hadn't included them in his

See PROMOTION, Page 6



Courtesy photo
Nine youth from Southland High School recently completed a certification course that training them to assist in emergency situations. Members of the Southland Community Emergency Response Team, pictured left to right, are: Walker Booth, Wyatt Benham, Mallory Arguello, Dallyn Fogerson, Daniela Galindo, Kristin Hill, Hayden Benham, Melinda Hernandez and Maura Arenivar.

BMG BLACKBURN MEDIA GROUP

The Post Dispatch, 123 E. Main St., Post Texas, 79356, is open from 9 a.m. to 2 p.m. on Monday, Wednesday and Friday; from 9 a.m. to 5 p.m. on Tuesday and is closed on Thursdays. Phone 806-495-2816 Fax 806-495-2059 Email thepostcitydispatch@gmail.com

PUBLISHER
William C. Blackburn

EDITOR/GENERAL MANAGER
Wayne Hodgins

The Post Dispatch (USPS 439-620) is published every Friday, including holidays, by Blackburn Media Group Inc., P.O. Box 1260, Childress, Texas, 79201-1260. Entered at U.S. Post Office, Post, Texas, for transmission through the mail as a Second-Class matter, according to an Act of Congress, March 3, 1879. Periodical Rate Postage Paid at Post, Texas, 79356. Postmaster: Send address changes to The Post Dispatch, 123 E. Main St., Post, Texas, 79356.

All material Copyright 2013 The Post Dispatch.

It is the mission of this newspaper to promote the rights of individualism in the American Declaration of Independence. The right of life, liberty and ownership of property are the cornerstone of freedom. Government's sole purpose is to enhance our liberty and freedom. Therefore, we hold every elected and appointed agent of government accountable to that standard.

DEADLINES
Advertising: 5 p.m. Mondays
Editorial: Noon Tuesdays

SUBSCRIPTIONS
\$30 a year in the county
\$35 a year outside the county

Call 806-495-2816



Deaths

Edwin Perkins

Funeral services for Edwin Perkins, 85 of Temple, were July 29 at Dossman Funeral Home. Burial was in Terrace Cemetery in Post. Perkins died July 23 at a Temple nursing home.

Franks, Mason wed in Hereford

Desta Briele Franks, daughter of late M.D. Michael and Barbara Franks of Hereford, Texas wed Wes Mason, son of Ray and Celia Mason of Post, Texas on August 3, 2013 at 3:00 p.m. at St. Anthony's Catholic Church, Hereford, Texas. Fr. Daniel Dreher of St. Anthony's Catholic Church officiated the wedding.

Desta graduated in 2008 from Hereford High School. In 2011 she received her bachelors degree in Agricultural Leadership and Development from Texas A&M University. In May of 2013 she received her masters of Ag Education from Texas A&M University.

Wes graduated in 2007 from Post High School. In 2012 he graduated from Texas Tech University with a degree in Agricultural and Applied Economics. He currently farms near Post.

Maid of honor was Devon Kemp, Best Man was Ben Mason, and the Bridesmaids were Lauren Payne, Chelsea Campbell, Liza Harris and Jessica Benson. Junior Bridesmaids and Groomsmen were Garrett Clark, Miles Gray, Josh Lee, and Aaron Franks; Ushers were Blake Martin, Max May and Ryan Machicek; Musician was Randy Friemel who played guitar and vocalists Klarissa Mariscal and Randy Friemel.

The Bride was Escorted by Don Franks her fraternal grandfather.

The bride wore a lavish vintage floral all over lace dress. The dress was a stunning fit-and flare gown with an elegant sweep train and a sweetheart neckline. The bodice was adorned with rhinestones and pearls with a low cut back.



MR. AND MRS. WES MASON

The bride carried her later fathers wedding ring. She also carried wedding rings from each maternal great grandmother along with a mother of pearl bible that her fraternal great grandmother brought back from the Holy Land. Inside the bible were two handkerchiefs, one was worn by the bride on her baptism day and the other was brought back by the bride from Venice, Italy and was embroidered with the letter M. The bride also carried a pearl rosary that was blessed by the Pope in Rome.

Her veil was a birdcage veil attached with two vintage pearl combs.

The bouquet was a collection of vintage rhinestone and pearl brooches. The brooches were given to the bride from her mother, godmother, both grandmothers, great grandmother and the groom's mother. The stem was

wrapped in burlap and lace.

The bridesmaids wore a short coral dress in a style of their choosing. They each carried a bouquet of baby's breath. The groom and groomsmen wore boutonnières of bolls of cotton.

The reception was held at St. Anthony's. Those that assisted with the reception were Ashton Paetzold, Logan Paetzold, riley Hammond, Cassidy Peek, Donna Kemp, Abby and Harlea Hoelscher, Kelbie Oden, Brandy Merritt and Kamber Higgins.

The Bride's cake was a 4-tier hexagon shaped white cake decorated with burlap and lace. The second tier was decorated with the letter M in Coral. The Groom's cake was a Texas Dream Pie that was prepared by a family friend.

The couple visited Jamaica for their honeymoon and plans to make their home in Post, Texas.

Letter to the Editor

CRC benefits from community resources

On behalf of the Community Recovery Center and it's Board of Directors, I would like to give a hearty and heartfelt "THANK YOU" to everyone in the community that helped to make both of our annual swim parties a great success. A thank you to all of the kids and family members that attended and took part in the parties and also those that helped us host the party, such as the Post Rotary Group and Judge Lee Norman. We are very blessed to have people and organizations in our community that

will take an active role is supporting clean alcohol and drug free events for our young people and their families. Again thank you to everyone for helping us make this such a success and we look forward to continuing the traditions in the years to come, with the help and support of the people of Post, Garza County and the organizations and people that continue to help make these annual events possible!

CHRIS ATKINSON
Director, Community Recovery Center

Reduce your taxes with miscellaneous deductions

Special to the Dispatch

DALLAS — If you itemize deductions on your tax return, you may be able to deduct certain miscellaneous expenses. You may benefit from this because a tax deduction normally reduces your federal income tax.

Here are some things you should know about miscellaneous deductions:

Deductions Subject to the Two Percent Limit. You can deduct most miscellaneous expenses only if they exceed two percent of your adjusted gross income. These include expenses such as:

- Unreimbursed employee expenses.
- Expenses related to searching for a new job in the same profession.
- Certain work clothes and uniforms.
- Tools needed for your job.
- Union dues.
- Work-related travel and transportation.

Deductions Not Subject to the Two Percent Limit. Some deductions are not subject to the two percent of AGI limit. Some expenses on this list include:

• Certain casualty and theft losses. This deduction applies if you held the damaged or stolen property for investment. Property that you hold for investment may include assets such as stocks, bonds and works of art.

• Gambling losses up to the amount of gambling winnings.

• Losses from Ponzi-type investment schemes.

Many expenses are not deductible. For example, you can't deduct personal living or family expenses. Report your miscellaneous deductions on Schedule A, Itemized Deductions. Be sure to keep records of your deductions as a reminder when you file your taxes in 2014.

"Retain receipts, canceled checks, financial account statements and other documentary evidence of your deductions," said Clay Sanford, an IRS spokesman in Dallas. "You should usually keep the records supporting items on your tax returns for at least three years."

For more information, see IRS Publication 529, "Miscellaneous Deductions," available at www.irs.gov.

Garza Central Appraisal District will accept applications for depository services contracts. Interested parties must submit proposals before 5:00 p.m. on August 31, 2013. Proposals may be delivered or mailed to Garza Central Appraisal District, 124 East Main, P.O. Box F, Post, Texas 79356.

The Appraisal District will review the proposals at the Board meeting in September, 2013. The governing body reserves the right to accept or reject any or all proposals.

Garza County is advertising to sell and take bids on a 1961 - 4010 Propane John Deere Tractor.


For information call: Commissioner Charles Morris at 806-241-9331

Garza County may accept or reject all or any part o bids, or any exceptions or variances you may submit, and to accept the offer most advantageous to Garza County.

All sealed bids must be submitted to Garza County Judge's Office, 300 W. Main, Post, Texas 79356 by 5:00 p.m. on August 23, 2013 and will be open at 9:00 a.m. on August 26, 2013

Big Country Electric Co-op
Now Offers
Wi-Power® Internet & Phone

AVAILABLE in Justiceburg & Snyder
More areas coming soon!

Fast.
 **Reliable.**
Affordable.

Call Today!
855-817-6960

 **WI-POWER®**
INTERNET & PHONE
WI-POWER.COM

* Services provided by TransWorld Network, Corp. Not available in all areas. With approved credit. Restrictions, terms, and conditions apply. Taxes, regulatory, installation/activation, surcharges and other charges not included. Call for details or visit us at www.wi-power.com or www.twncorp.com for additional information and for terms and conditions of services. 1. Includes monthly maintenance fee. Customers on qualifying plans may receive monthly download speeds ranging from 1.5 Mbps to 5.0 Mbps. Actual download speeds will vary. 2. Not available with satellite Internet. Minimum 512 Kbps Internet connection speed required. International call rates apply. Unlimited calling applies to local and long distance calls within the contiguous United States. Digital Phone 911 Service operates differently than traditional 911. See <http://www.wi-power.com/911.html> for information. Unlimited usage subject to "fair and normal" usage limitations as described in terms and conditions.

If you die,

will your family be buried in **debt?**

Help protect your family with life insurance from Modern Woodmen of America. Call today - I can help you plan for life.



Sammy Saied* FICF
806-352-4770
Samuel.G.Saied@mwarep.org



Sean Saied, FIC
806-316-6727
S.Sean.Saied@mwarep.org

Modern Woodmen
FRATERNAL FINANCIAL

Touching lives. Securing futures.®

DIE0312

CALVERT
HOME HEALTH CARE, LTD.

"The West Texas choice for quality home health care!"

Celebrating 25 Years in
West Texas!

Thank you for allowing us to
be a part of your community!

806.495.2990
www.calverthomehealth.com

Thanks for reading!

Sit A Spell in Post

By Tammy Ayala
The Post Dispatch

Post has some very impressive seating opportunities on Main Street. There are 15 wooden chairs, from just east of the courthouse through downtown Post.

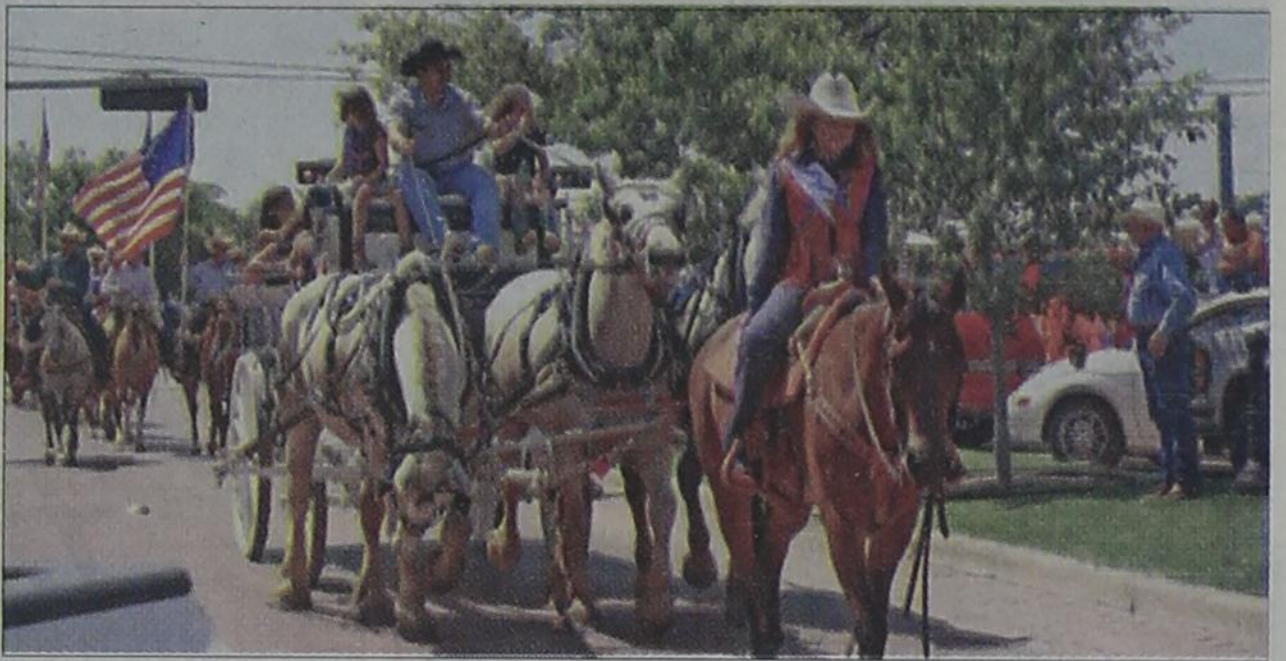
The chairs were purchased locally at Texas

Treasures. Each chair has been turned into a piece of art by a local artist. All of the chairs have an arm plaque that gives the artist's name and additional information for that particular chair.

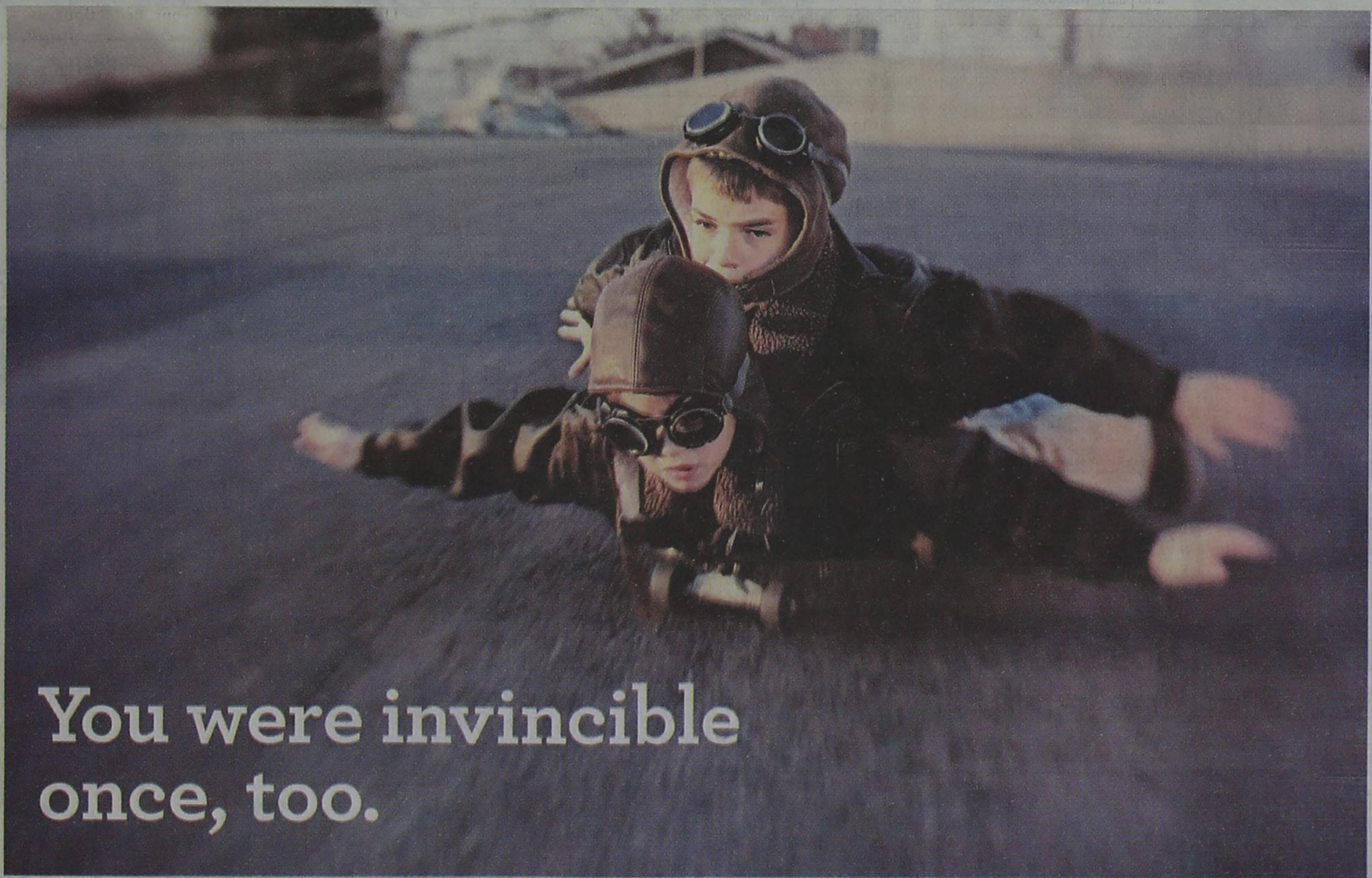
Come on down, check out the chairs, sit in each one, see which one you like the best, or even buy your own and decorate it yourself! Whatever your fancy, come on down and just "Sit A Spell In Post!"



2013 Post Stampede Rodeo and Parade



See More Photos on Page 4




You were invincible once, too.

Our new Urgent Care is now open.

You rode your bike too fast, didn't you? And we bet you ran around the pool too. Those were the best moments of your life, and you wouldn't trade them for the world. But now that you're the parent, you worry. That's why we're happy to announce a new Urgent Care Center for everyone in the family. Now there are three convenient locations to help you make the most of their favorite moments.

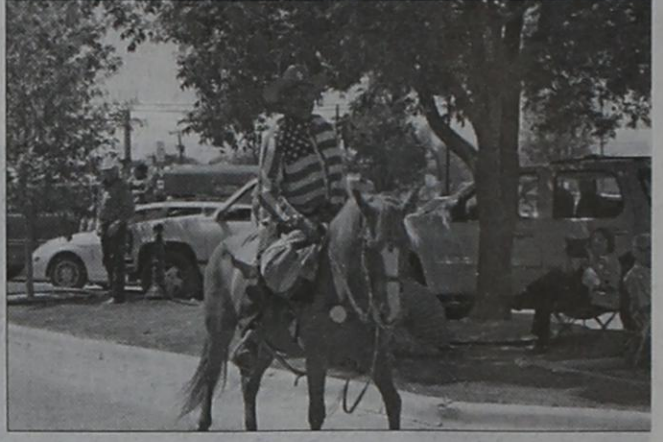
CovMedGroup.org/UrgentCare

Now Open
1910 Quaker Avenue
(806) 725-4440

Covenant Medical Group 
Urgent Care

Stampede Draws a Crowd

Photos Cont. from Page 3



*We hope you enjoyed
this year's rodeo!
See you next year!*

Watch Up For
Power Lines

**Lyntegar
Electric
Cooperative
Inc.**

Tahoka • 998-4588
Lamesa • 872-2632
Sundown • 229-3741



Church Directory

Assembly of God

Bethel Assembly of God (Bi-Lingual)- 407 May street
Lifeline Church- 108 N. Broadway

Baptist

Calvary Baptist Church- 210 E. 6th Street, 990-2342
First Baptist Church, Post- 402 W. Main Street, 495-3554
First Baptist Church, Wilson- 806-628-6333
Grace Baptist Church- 820 N. Avenue S- 990-3497
Justiceburg Baptist Church- Justiceburg
Pleasant Home Baptist Church- E. 14th & N Ave F
Southland Baptist Church- Southland
Temple Bautista- 315 W. Main
Trinity Baptist Church- 915 N. Ave O, 990-3038

Catholic

Holy Cross Catholic Church- Ave K and Main Street- 495-2791

Church of Christ

Church of Christ- 108 N. Ave M 495-2326
Graham Chapel Church of Christ- 15th & Ave S

Church of God

Church of God of Prophecy- 602 W. 14th, 495-3644
Power House Church of God and Christ, Pine Avenue

Disciples of Christ

First Christian Church- 812 W. 13th, 495-3716

Evangelical Methodist

Faith Chapel- 1105 Green Street, Wilson (806) 628-0018

Methodist

First United Methodist Church- 216 W. 10th, 990-2942
Graham Chapel United Methodist Church
(Pastor: John Hedrick) - 611 FM #1313 806-549-1400

Nazarene

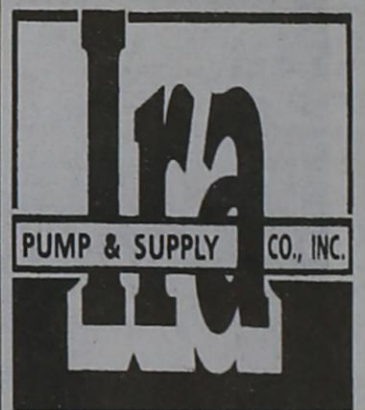
Post Church of Nazarene- 202 W. 10th, 495-3044
Grassland Church of Nazarene- 327-5656

Presbyterian

First Presbyterian Church- 910 W. 10th, 495-2135

Nondenominational

Family Harvest Church- (806) 495-1400



Office:

806-495-3521


806-495-3503

Fax:

806-495-2985



Hudman Funeral Home
615 W. Main • 495-2821



**Germania
INSURANCE**
113 N. Ave. H • 495-3330
Locally Served by Jerry Taylor LC 230

The Post Dispatch
A BUILDER IN GARZA COUNTY SINCE 1926
123 E MAIN STREET, POST, TX 79356
1,080 HOMES EVERY THURSDAY




**Cogdell
Memorial Hospital**
Located at: 1700 Cogdell Blvd., Snyder, Texas 79549
Phone: 325-573-6374



**LYNN COUNTY
HOSPITAL DISTRICT**
www.lchdhealthcare.org
Tahoka • 998-4533
Physician & Wellness Clinic
Swing Bed & Physical Therapy

*God bless the
USA*



POKALAMBRO
One Company ... Unlimited Possibilities
115 W. Main • Post • 990-9901
Local • Long Distance • Internet

Yesteryears

10 Years Ago
August 14, 2003

Saturday's scrimmage between the Post Antelopes and Snyder's Jr. Varsity will be digitally recorded and broadcast by Post City Television.

Classes will begin here Monday (Aug. 18) for students in the Post ISD. "We anticipate about 1,000 students," Marcum said. "That includes the detention center, and out there the numbers are up a bit. That should offset any loss we have."

Aaron Cooper earns associate degree at Butler County Jr. College. Cooper was also nominated to the Dean's List.

20 Years Ago
August 18,

Jim Jackson kept the mayor's job, by a good margin.

Tower Theatre draws increased interest from a number of civic

groups wanting to renovate the building.

Aug. 16th was the Meet the Antelopes Night. Prior to their introduction was a scrimmage. A highlight from the scrimmage was a picture perfect spike from quarterback Bodie Simpson to wide-out Anthony Martin.

Garza County 4-H Junior Fashion Show was held recently. Participating were April Line, Amy Line, LaRinda Ledbetter.

Buckle Winners from the Garza County Roping Finals were: Eddie Clark, Joel Kirkpatrick, Ryan Hart, Steve Miller, Sky Moore, Perry Smith, Gwen Miller, and Cassie Short.

30 Years Ago
August 14, 1983

Derrick Dunn, 14 year old son of Mr. and Mrs. Ronnie Dunn, won the Grants' 15th annual Blue Grass Music Festival in Hugo, Ok.,

August 3-7 playing the banjo.

Alphonso Reyna, a graduate of Post High School, has been awarded a Houston Endowment Scholarship

Hart twins married in double ceremony. The wedding united twin sisters, Lisa Jo Hart and Kirt Robinson, and Teresa Ann Hart and Raymond Darrell Brown Jr..

Martin and Hiawatha Garza announced the birth of a daughter, Jessica Diane.

Joel Kirkpatrick won All Around Title and saddle in county roping, second-Mike Johnson, third-Mike Macy, and fourth-Pee Wee Johnson.

Glenna Jean Bartlett and James (Shorty) Bilberry were married Aug. 6.

Kristi Stone, daughter of Mr. and Mrs. Jerry Stone of Gail

and Granddaughter of Mr. and Mrs. Albert Stone and Mr. and Mrs. Bill Carlisle-all of Post, was crowned Lamesa Rodeo Queen.

40 Years Ago
August 16, 1973

An election will decide if Southland School will be abolished. 145 students from kindergarten through high school were expected to enroll and attend first day classes at the Southland School today, but whether they'll be in those classes for the next 9 months will be headed for a new election decision.

After 58 years as a school man, County School Supt. Dean Robinson, has submitted his resignation and will step into retirement. Robinson will draw more in retirement benefits than his present salary.

Burlington's 50th anniversary celebrated at Postex Plant.

Thirty-six candidates for this season's Post Antelope football squad, including 9 letterman, will work out in pads for the first time.

50 Years Ago
August 15-17, 1963

Post Stampede Rodeo closed here Saturday night after 4 performances. Winners of the championship trophy buckles were as follows; Sr. Calf Roping-Walter Arnold of Post, Team Tying-Jack Kirkpatrick of Post, Jr. Flag Race-Jay Hart of Tahoka

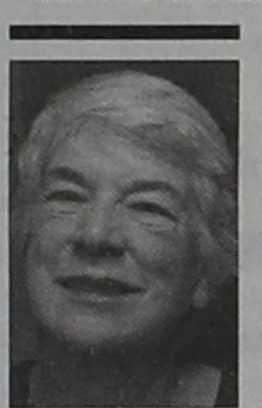
Western Auto offers a Western Flyer Bike for \$34.88 and a Bicycle Goose Horn (loud tone) for 49 cents.

The annual Post Twirling School will open Monday, August 19-Friday, August 23. Mrs. J.F. Dozier, former national champion twirler, will conduct the school. Mrs. Dozier attended school here.

The 501 Urban farming a cure for downtown blight

Some things tend to deteriorate from the inside out. I just cut into a mango I should have eaten last week. A little discoloration in a place or two near the seed didn't keep me from cutting up the rest. It'll go with lunch.

Cities usually follow the same pattern. Core downtown buildings and old neighborhoods near city centers are problematic. If not maintained, they lose value and usefulness. It's often easier for businesses and residents to move out and to settle elsewhere, relocating to newer commercial locations and to the suburbs, respectively.



HANABA MUNN WELCH

Years ago, maybe in this column, I proposed a solution: If a downtown deteriorates beyond salvation (although I myself don't take myself seriously enough ever to believe a downtown and surrounding residential neighborhoods are beyond salvation), then clear downtown and farm it.

Leave the nearby residential neighborhoods intact, even if they are deteriorating. Substandard housing is all some people can afford anyway. Let them stay in their vintage neighborhoods, conveniently close to what used to be downtown, and give them city-center garden spots. Idyllic.

Have you seen those railroad right-of-way gardens in Europe? Not only do people work the narrow plots; they relax in lawn chairs, soaking up the sun or enjoying the shade of a big garden umbrella. It's the next best thing to the beach. And they get to watch trains go by.

Similarly, community gardens already exist in many American towns — sometimes in vacant lots and sometimes elsewhere. But no big city has turned downtown into a truck farm. Maybe Detroit should try it. They've gotta do something. Hmm. That pun snuck up on me.

Here's another fact (and I know it's a fact because I heard it today on TV): Food banks tend to lack fresh produce.

So, there you have it. What better place to grow fresh fruits and vegetables to distribute via food banks than close to where the needy reside?

INTERNET RESEARCH PAUSE.

Sure enough, Detroit is already into urban farming in a big way — everything from regular gardens to a 140-acre hardwood farm. And I thought it was my idea. That's how it goes with good ideas.

They're already taken. So here's a bad idea instead: Compare an old house to a city. When the house begins to deteriorate and everything needs redoing and closets offer no more space, just abandon the main living area and build more rooms and closets all around and add a porch or two. No garage sale needed to get rid of stuff. You just keep it all. And the expansion of the house footprint means less lawn to mow.

The newer outer rooms are like the suburbs. Ignore and avoid the central part of the house. Eventually, once you can't even remember what's in the old closets or why you need the original living room since you never go in it, consider demolishing the original part of the house to make way for a courtyard. With any luck, you'll have room for a garden.

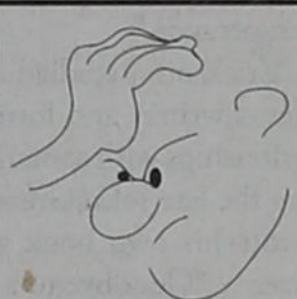
Hanaba Munn Welch is a columnist and contributor to the Blackburn Media Group family of newspapers.

Cryptogram

A cryptogram is a puzzle where a sentence is encoded by substituting the actual letters of the sentence with different letters. The challenge of the puzzle is to 'decode' the sentence to reveal the original English sentence. We have provided a few of the decoded letters to help get you started.

Hint: Quote by Tiger Woods

Grid for cryptogram puzzle with some letters filled in. Decoded letters shown: A B C D E F G H I J K L M N O P Q R S T U V W X Y Z



Puzzle of the Week

CLUES ACROSS

- 1. Bar checks
- 5. Russian male monarch (alt.)
- 9. Small amount
- 12. Gelling agent in foods
- 13. Away from wind
- 14. Japanese socks
- 15. Maidenhair or staghorn
- 16. Miniature racing vehicle
- 17. The absence of war
- 18. Doggedness
- 20. Semitic fertility god
- 21. A single unit
- 22. Auditory organ
- 23. Engaging in war
- 27. "16 Candles" actress Curtis
- 30. Haywire
- 31. Relating to endocrine secretions
- 34. Lake Champlain Fort
- 37. Spiced hot milk with rum
- 38. Small children
- 39. Sound practical judgment
- 40. Next to
- 41. CNN's founder Turner
- 42. Pitch
- 43. Cologne
- 45. Short sections of music
- 50. Full of conversation
- 52. Blats
- 53. Scarlett's home
- 54. La___ Tar Pits, Hollywood
- 55. Stare at
- 56. Not closed
- 57. Had a meal
- 58. Crime fighter Eliot
- 59. Blend gradually

CLUES DOWN

- 1. 27th U.S. President
- 2. "A Death in the Family" author
- 3. Farm building
- 4. Soluble ribonucleic acid
- 5. Picking or fetching
- 6. Traditional roofing material
- 7. Lofty nest of a bird of prey
- 8. Soak flax
- 9. Lake in the Phillipines
- 10. Basic
- 11. Gambling cube
- 14. A steeped beverage
- 17. Factors that define a system
- 19. Incessantly
- 20. '93 failed Attny. Gen. nominee Zoe
- 22. ___gate, lengthen
- 23. Early female flyers
- 24. Min dialect

CROSSWORD PUZZLE

POST DISPATCH

11x11 crossword puzzle grid with numbered squares and some pre-filled letters.

- 25. Female children
- 26. Th___: Scotch emblem
- 28. Edible red algae
- 29. Japanese mushroom
- 31. ___goblin: Mischievous elf
- 32. Made older
- 33. Emit coherent radiation
- 35. Norwegian playwright
- 36. Prompted
- 40. Lowest singers
- 42. Afrikaans
- 43. One of the Blue Four artists
- 44. Oxalis tuberosa
- 45. One leaf of a book
- 46. Unit of matter
- 47. Stare in wonder
- 48. ___ong: anon
- 49. Beach particle
- 50. Don't know when yet
- 51. The products of human creativity
- 52. Good (Gaelic)

PUZZLE SOLUTION

Completed crossword puzzle grid showing the solution for all clues.

AG TEXAS FARM CREDIT SERVICES. Loans for Real Estate. Contact: clay.miller@agtexas.com

IMPACT! CHEMICAL TECHNOLOGIES, INC. Rodney Oden Account Representative

SUPPORTING OUR LOPES! Compliments of Giles W. Dalby Correctional Facility Management & Training Corporation

The Post Dispatch WE SUPPORT OUR BOLD GOLD ALL THE WAY! HAVE A GREAT SEASON!

PROMOTION
From Page 1

book. Notable are his tales about the moonshiners who ran stills and bottled "canyon rum" during the days of Prohibition.

When Erickson wrote the book, it was his first step toward a new career after spending time working toward a master's in theology at Harvard Divinity School, stopping two hours short of the degree. Becoming a writer was a big step not easily taken.

"If I was going to be a writer I needed to just jump off the cliff so that's what I did," he said. "We were living in Austin."

Neither Erickson or his wife were pleased with Austin's growth spurt at the time.

"We didn't like what it was becoming," he said. "We stopped in Perryton to visit my folks and somehow never left."

Erickson first found a job as a bartender.

"A bartender in a dry county," he said. "We're very clever at circumventing our laws on temperance."

Erickson studied other Texas writers and formed relationships with some, including the late John Graves, who wrote his own book about a river -- "Goodbye to a River," about the Brazos, with photographs by Wyman Meinzer.

Erickson teamed up with a local aspiring photographer friend and set out to capture the story of the Canadian River, not by canoe like Graves but on horseback.

"You can't get far on the Canadian River with a canoe," Erickson said, referring to the general lack of water flow in the river compared to the Brazos.

Erickson not only delved into the history of the Cana-

dian already in print, but he also gathered lesser known stories from people along the narrow winding river in the big valley.

"Most of these stories were stories that had never been heard by anybody but people who lived on the river," Erickson said.

Careful not to intimidate his interviewees, Erickson simply listened to their stories.

"I didn't use a tape recorder or take notes," he said. "I would make one reference, maybe just one word to remind me of five paragraphs of story. ... When I would gather a piece of a story from someone, then I would ask other people about it."

Erickson's audience listened to his presentation and also to his advice about getting the stories of their own areas into print -- not necessarily by finding a publisher to take the financial risk.

"The people who pay the bills determine what qualifies as a good movie or great literature," he said. "If you have enough money to pay the printer bill, you can assert your power to tell a story that you think is important. That may be the only way we have to record our culture."

"Too regional" was the excuse Erickson heard from publisher after publisher when he first tried to get "Through Time and the Valley" published, he said -- even from the late Luther Thompson of Shoal Creek Publishers, who ultimately published the first edition in 1978, now a collector's edition.

Erickson decried the notion that any regional story is too regional to be good.

"We need great artists to tell that story, record it in movies, in painting, in novels and in history," he said. "We have to give our kids confidence that they can do it. Maybe they will stay home and do it in

their hometowns."

For anyone who chooses to self-publish, the project can start small, he said.

"It's a lot easier to self-publish a book now," he said. "You can try 10 books and see how they go. After you've sold one to all your kinfolks, you can reorder another 10 and start on the church."

After Erickson's talk, Bill Cole, manger of the newly rehabilitated Settles Hotel in Big Spring, talked about the \$33 million project and how owner Brint Ryan has made it all happen.

More than promoting the Settles, Cole described the challenges of the restoration and renovation of the historic hotel. Now that it's open again, the vintage 1930 is promoting itself, getting widespread attention with stories in magazines like "Texas Highways," "Texas Parks & Wildlife" and "Texas Monthly." Cole displayed copies of some of the recent publicity.

"No two rooms are exactly alike," Cole said.

Nor are most of the rooms like they appeared in 1930. Most have been expanded in size, meaning that the hotel has gone from 150 rooms to 65, Cole said. But the third-floor rooms are essentially the same as the original rooms -- a feature designed to preserve history.

Despite the magnitude of the Settles Hotel rehabilitation project, the issues discussed by Cole are the same issues faced by the owners and managers of smaller historic properties. One conference participant asked Cole about asbestos abatement.

"A half-million or maybe a little more" was Cole's estimate of dollars spent for asbestos abatement, a necessary step in most building rehabilitations if the letter of the law is followed.

At the end of his remarks,

Cole drew the name of Kathy Beach for a free night at the Settles. Post resident Beach was at the round-up as a board member of the TPTR.

In a roundtable discussion, people from different communities shared tips for promoting tourism.

Kristine Olsen described a method employed by Dalhart to raise money for special events, such as fireworks on the Fourth of July. Residents pay a dollar a month extra on their water bills, unless they choose to opt out.

"How many of you have a hard time raising money to blow money up in the air, up in smoke?" she asked, referring to fireworks expenditures.

Dalhart also uses the money for a fiddlers' contest, Christmas lights, a downtown block party and other community projects, Olsen said.

Lynn Hopkins described ways Borger has utilized museum guides published by TravelHost magazine to draw people to the local museum. The local funeral home, a place where out-of-towners often visit, is one place the guides are distributed and appreciated, Hopkins said.

"I would encourage you to develop your own travel guide, your own museum guide," Hopkins said.

The conference ended with an evening with Bob Phillips of "Texas Country Reporter" at The Palace, the old movie theater in downtown Canadian, now also a place for live events, followed by a tour of the town led by philanthropist Malouf Abraham, retired physician and one of Canadian's chief promoters.

For more information, see www.texasplainstrail.com. For information about the Quanah Parker Trail, one of the most visible promotional projects of the TPTR, see www.quanahparkertrail.com.

COTTON
From Page 1

here in early July, and it was around the 15th before we started seeing white flowers."

Some flowering has been much later than that, which puts it in risk of not maturing before the average date of the first frost in the South Plains on Oct. 31, Kelley said. A freeze before maturity can drastically hurt yields and quality.

But Kelley was hopeful, he said, that as daytime temperatures become more moderate, and the nights become cooler, the outlook for a fairly good crop will improve.

"We do have a good fruit set, and if we have some help from Mother Nature to get these plants firing on all cylinders, then we still have the chance to make good yields," he said.

The region -- again typically -- produces about 60 to 65 percent of the state's cotton. This year, there were 3.7 million acres planted in the South Plains, Kelley said.

Other reports, such as one released Monday by the U.S. Department of Agriculture, predicted the abandonment

rate would grow to half. This compares to 44 percent abandonment for the 2012 crop and 66 percent for the 2011 crop.

As for production, National Agricultural Statistics Service estimates that High Plains growers will produce 2.575 million bales in 2013 from 1.86 million acres. If that number holds, it will be a 12 percent decrease from the 2.93 million bales produced in the 2012 crop.

Statewide, the NASS report estimates that Texas growers will produce 4.1 million bales of cotton from 3.3 million acres harvested. In 2012, 5 million bales of cotton were produced in Texas.

Yield per acre is estimated at 777 pounds per acre in the northern counties of the PCG service area, and 607 pounds per acre in the southern counties. Statewide yield is estimated to be 596 pounds per acre.

NASS estimates that the United States will produce 12.5 million bales of cotton, down 25 percent from 2012.

Overall, the High Plains crop is anywhere from five days to two weeks late, but has been gaining ground quickly with spotty yet timely rains and warm weather.

The LATCH system makes it easier to be sure your child's car seat is installed correctly every time. Just clip it to the lower anchors, attach the top tether, and pull the straps tight. To find out more, visit safercar.gov.

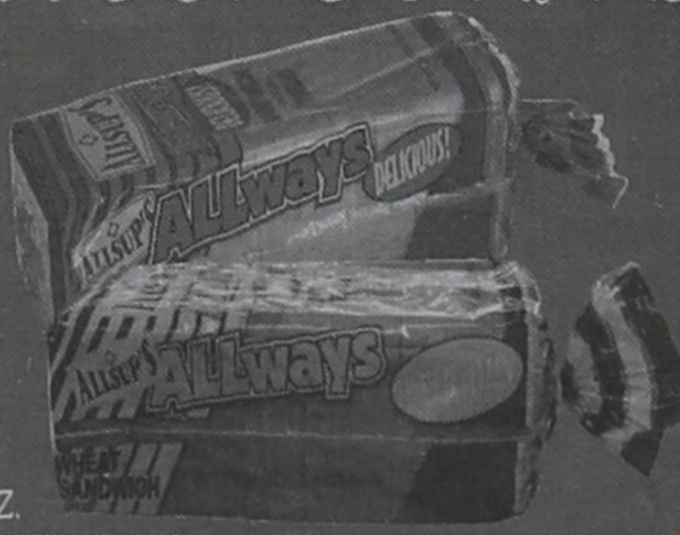
3 out of 4 car seats aren't used correctly. safercar.gov

U.S. Department of Transportation

Prices Good Thru 09/07/13

Labor Day Spectacular

ALLSUP'S BREAD



24 OZ.
WHITE OR WHEAT
MIX OR MATCH
1 AT REGULAR PRICE OR

2 FOR \$1.19

Western Family Paper Towels

roll 1 @ Reg. Price or **3 \$2 FOR**

Western Family Bath Tissue
Petal Soft, 4 roll pkg.

..... 1 @ Reg. Price or **2 \$2.50 FOR**

Store #61
409 N Broadway St
806-495-4146
Store #124
402 W 8th Street
806-495-4069



KEEBLER
CRACKERS
8 CT.

BUY 1, GET 1 FREE



CELLOGG'S
CEREAL CUPS
EACH

99¢



BAR'S HAM OR TURKEY THIN CUT LUNCH MEAT

ONE AT REG. PRICE OR

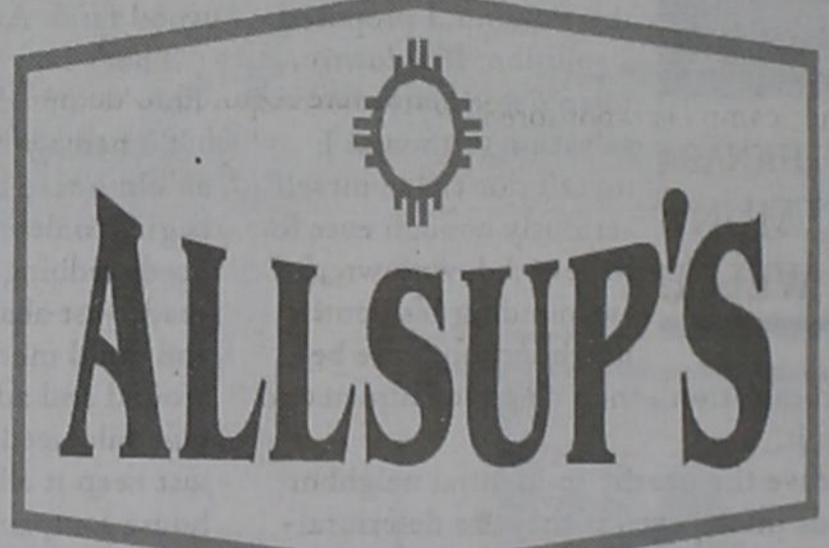
2 \$5 FOR

Pepsi Products

6 pack cans **\$1.99**

Gatorade Thirst Quencher

28 or 32 oz. btls. **2 \$3 FOR**



EXTRA SAVINGS



BLUE BUNNY: COOKIES & CREAM, STRAWBERRY SHORTCAKE, OR HEATH

ICE CREAM BARS
KING SIZE **79¢**



BLUE BUNNY
ICE CREAM PERSONALS
EACH **99¢**

PRICE VALID: 8/11 - 10/5

State tax revenue up more than 7 percent

By Ed Sterling
For the Dispatch

AUSTIN — Texas Comptroller Susan Combs on Aug. 7 announced that state sales tax revenue in July was \$2.2 billion, up 7.3 percent compared to July 2012.

"Texas sales tax revenue has increased for 40 consecutive months," Combs said. "The retail trade sector bolstered the latest growth in monthly revenue, and collections from the construction and the oil and natural gas sectors continued to show strength."

Combs said her agency would send cities, counties, transit systems and special purpose taxing districts their August local sales tax allocations totaling \$671 million, up 6.2 percent compared to August 2012.

'Fracking' is credited

Texas Railroad Commissioner Christi Craddick last week told the American Legislative Exchange Council about the importance of hydraulic fracturing technology during the lobbying group's annual meeting in Chicago.

Among her comments, Craddick said "fracking" is estimated to be used in about

80 percent of new wells completed in Texas today, and, "For almost 50 years, OPEC has manipulated oil markets, holding the United States captive to their supply-and price-setting whims. Thanks to fracking technology, America is moving closer to fulfilling its energy needs domestically."

Driver law toughens up

Current law requires drivers to move over and slow down for law enforcement, fire and emergency vehicles, but effective Sept. 1, drivers also must move over or slow down to 20 miles an hour below the posted limit when approaching Texas Department of Transportation workers and vehicles that are stopped with overhead flashing blue or amber lights, the agency announced last week.

TxDOT Executive Director Phil Wilson lauded the Legislature for passing a law that recognizes the dangers agency employees face each day. "We are hopeful that this new protection for our crews will lead to fewer preventable deaths and injuries," Wilson said.

On roadways with posted speed limits of 25 miles per hour or less drivers must reduce their speed to 5 miles per hour and violators can be fined up to \$2,000.

NINE From Page 1

The shootings prompted renewed debate about gun control in the United States, and a proposal for new legislation banning the sale and manufacture of certain types of semi-automatic firearms.

In Southland, however, it has prompted a call to action.

Miller began researching programs his students could become involved with to satisfy their need to give back to their school.

He found that in the Extreme Youth Leadership Training Camp at Schreiner University in Kerrville.

The camp is sponsored by the Texas School Safety Center and educates young adults about disaster preparedness and trains them in basic disaster response skills.

Miller said the program trains youth to be a part of

a team that assists first-responders during any potential hazard.

"It seemed like a good fit to address their concerns, so the students submitted their application for admittance and a scholarship for the tuition," Miller said. "Although accepted, they were not chosen to receive the scholarship, but this motivated the students even more."

"They made presentations, had a car wash, a bake sale and asked for donations from various businesses and individuals in an attempt to cover their costs. They came together and made it happen."

The students received the full 20-hour certified course and were required to do everything an adult-certified student would, Miller said.

During the training, teens practiced skills in first-aid, light search and rescue, emergency decision-making procedures, fire suppression, triage, community preparedness, hazard miti-

gation, damage assessments, team well-being and more.

The students were provided with course materials, manuals and training backpacks, which included their application for admittance, hard hats, safety vests, first-aid kits, flashlights and batteries.

Upon completing this 20-hour course, the students were rewarded with a certification that is federally recognized by the Federal Emergency Management Agency and other disaster organizations.

The students now have basic life skills to use in a crisis situation and have the tools to use in planning for or responding to emergencies.

"These students truly shined at the camp," Miller said. "During the mock disasters, they always took leadership roles and were actually sought out by other teens at the camp to lead because they knew it would run smoothly if a Southland student was orchestrating the drill."

New Law: Motorists required to move over/slow down for TxDOT crews

AUSTIN — September not only brings the start of fall, but also the start of a new requirement for Texas drivers.

The state's Move Over/Slow Down law, which traditionally has required drivers to yield to police, fire and emergency vehicles, has now been expanded to provide that same protection for Texas Department of Transportation workers. Effective Sept. 1, drivers must move over or slow down when approaching TxDOT workers and vehicles that

are stopped with overhead flashing blue or amber lights.

"We are very pleased the Legislature recognizes the dangers our employees face each day while working to maintain and build the state's vast highway network," said Phil Wilson, TxDOT's executive director, noting that more than 100 TxDOT employees working in construction areas have been struck and killed by motorists since 1938. "We are hopeful that this new protection for our crews will

lead to fewer preventable deaths and injuries."

The new addition to the Move Over law requires motorists to move out of the lane closest to the TxDOT vehicle when possible or reduce their speed to 20 miles per hour below the posted limit.

If the road does not offer multiple lanes, the driver must slow down.

On roadways with posted speed limits of 25 miles per hour or less, drivers must reduce their speed to 5 miles per hour. Violators can be fined up to \$2,000.

Media Release for Free and Reduced-Price Meals Sample

Post ISD announced its policy today for providing free and reduced-price meals for children served under the attached current income eligibility guidelines. Each school/site or the central office has a copy of the policy, which may be reviewed by anyone on request.

Starting on August 16th, Post ISD will begin mailing letters to the households of the children in the district. Garza County, about eligibility benefits and any actions households need to take to apply for these benefits. Applications also are available at Post ISD Cafeteria, 211 South Avenue K, Post Texas, 79356.

Criteria for Free and Reduced-Price Meal Benefits

The following criteria will be used to determine a child's eligibility for free or reduced-price meal benefits:

Income

1. Household income that is at or below the income eligibility levels

Categorical or Automatic Eligibility

2. Household receiving Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF), or Food Distribution Program on Indian Reservations (FDPPIR)

Program Participant

3. Child's status as a foster child, homeless, runaway, migrant, or displaced by a declared disaster
4. Child's enrollment in Head Start or Even Start

Income Eligibility

For those households that qualify for free or reduced-price meals based on income, an adult in the household must fill out free and reduced-price meal application and return it to Debbie Line, Supervisor, Post ISD Cafeteria, 211 South Avenue K, Post, Texas 79356. Those individuals filling out the application will need to provide the following information:

1. Names of all household members
2. Amount, frequency, and source of current income for each household member
3. Last 4 digits of the Social Security number of the adult household member who signs the application or, if the adult does not have a social security number, check the box for "I do not have a Social Security number"
4. Signature of an adult household member attesting that the information provided is correct

Categorical or Program Eligibility

Post ISD is working with local agencies to identify all children who are categorically and program eligible. Post ISD will notify the households of these children that they do not need to complete an application. Any household that does not receive a letter and feels it should have should contact Debbie Line, Supervisor, Post ISD Cafeteria.

Any household that wishes to decline benefits should contact Debbie Line, Supervisor, Post ISD Cafeteria, 806-990-9881.

Applications may be submitted anytime during the school year. The information households provide on the application will be used for the purpose of determining eligibility. Applications may also be verified by the school officials at any time during the school year.

Determining Eligibility

Under the provisions of the free and reduced-price meal policy, Debbie Line, Supervisor will review applications and determine eligibility. Households or guardians dissatisfied with the Reviewing Official's eligibility determination may wish to discuss the decision with the Reviewing Official on an informal basis. Households wishing to make a formal appeal for a hearing on the decision may make a request either orally or in writing to Mike Comeaux, Superintendent, Post ISD 501 South Avenue K, Post, Texas 79356.

Unexpected Circumstances

If a household member becomes unemployed or if the household size increases, the household should contact the school. Such changes may make the children of the household eligible for benefits if the household's income falls at or below the attached current income eligibility guidelines.

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender, identity, religion, marital status, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint or grievance, you must complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410; by fax (202) 690-7442; or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

Post ISD

Dear Parent/Guardian:

Children need healthy meals to learn. Post ISD offers healthy meals every school day. Breakfast costs 75 cents; lunch costs \$1.75. Your children may qualify for free meals or for reduced-price meals. Reduced price is 30cents for breakfast and 40 cents for lunch. The following questions and answers will provide information about the Free and Reduced-Price Meal Program.

1. **Do I need to fill out an application for each child?**
No. Complete one Free and Reduced-Price School Meals Application to apply for free or reduced-price meals for all children in the household. We cannot approve an incomplete application, so be sure to fill out all required information. Return the completed application to Debbie Line, 501 S. Ave. K, Post TX 79356
2. **Who can get free meals?**
• Income—Your children can get free or reduced-price meals if your household's gross income (total, without deductions) is within the limits described on the Federal Income Eligibility Guidelines.
• Special Program Participants—All children in households receiving benefits from the Supplemental Nutrition Assistance Program (SNAP), Food Distribution Program on Indian Reservations (FDPPIR), or Temporary Assistance for Needy Families (TANF), can get free meals regardless of income. Children who attend Head Start, Early Head Start, and Even Start are also eligible for free meals.
• Foster—Foster children under the legal responsibility of a foster care agency or court are eligible for free meals. A foster child is eligible for free meals regardless of the income of his or her resident household.
• Homeless, Runaway, and Migrant—Children who meet the definition of homeless, runaway, or migrant qualify for free meals. If you haven't been told about a child's status as homeless, runaway, or migrant, please call or email dline@postisd.net or 806-990-9881.
3. **Should I fill out an application if I received a letter this school year saying my children are approved for free meals?**
Carefully read the letter you received and follow the instructions. Call your child's school at 806-990-9881 if you have questions.
4. **My child's application was approved last year. Do I need to fill out another one?**
Yes. Your child's application is only good for one school year and the first few days of this school year. You must send in a new application unless the school told you that your child is eligible for this school year.
5. **I get WIC, can my child(ren) get free meals?**
Children in households participating in WIC may be eligible for free or reduced-price meals; please fill out an application.
6. **What if my income is not always the same?**
List the amount that you normally receive. Even if you missed some work in the last month, put down your usual pay. If you normally get overtime pay include it. If you have lost a job or had your hours or wages reduced, use your current income.
7. **We are in the military. Do we include our housing allowance as income?**
If you get an off-base housing allowance, it must be included as income. If your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income.
Is combat pay counted as income?
No. If combat pay is received because of deployment in addition to basic pay and was not received before deployment, combat pay is not counted as income.
8. **May I apply if someone in my household is not a U.S. citizen?**
Yes. You or your child(ren) do not have to be U.S. citizens to qualify for free or reduced-price meals.
9. **Will the information I give be checked?**
Yes, and we may also ask you to send written proof.
10. **If I don't qualify now, may I apply later?**
Yes. You may apply at any time during the school year. If your household income or circumstances change, you may become eligible for free or reduced-price meals.
11. **Who should I include as members of my household?**
You must include yourself as well as others living with you who share income and expenses—related to you or not (grandparents, other relatives, or friends). Do not include others who live with you who are economically independent—that is anyone you do not support, does not share income with you, and does pay a pro-rated share of expenses.
12. **What if I disagree with the school's decision about my application?**
You should talk to school officials. You also may ask for a hearing by calling or writing to Mike Comeaux at 806-495-3343.
13. **My family needs more help. Are there other programs we might apply for?**
To find out how to apply for other assistance benefits, contact your local assistance office at 2-1-1.

If you have other questions or need help, call: Debbie Line at 806-990-9881. Si necesita ayuda, por favor llame al teléfono: Trina Woods at 806-990-9881.

Sincerely,
Debbie Line

dish AUTHORIZED RETAILER **800-315-3973**

MORE WAYS TO WATCH. MORE WAYS TO SAVE.

FREE HOPPER UPGRADE!
FREE PREMIUMS FOR 3 MONTHS!
FREE INSTALLATION IN UP TO 6 ROOMS!
FREE HD FOR LIFE \$120/YEAR VALUE!

ORDER NOW \$19.99 MO
For 12 months with the SMART PACK with 24 month commitment. See restrictions for details.

2013 Property Tax Rates in City of Post 2013

This notice concerns the 2013 property tax rates for City of Post 2013. It presents information about three tax rates. Last year's tax rate is the actual tax rate the taxing unit used to determine property taxes last year. This year's effective tax rate would impose the same total tax as last year if you compare properties taxed in both years. This year's rollback tax rate is the highest tax rate the taxing unit can set before taxpayers start rollback procedures. In each case these rates are found by dividing the total amount of taxes by the tax base (the total value of taxable property) with adjustments as required by state law. The rates are given per \$100 of property value.

Last year's tax rate:	
Last year's operating taxes	\$520,367
Last year's debt taxes	\$283,442
Last year's total taxes	\$803,809
Last year's tax base	\$142,203,254
Last year's total tax rate	\$0.565494/100
This year's effective tax rate:	
Last year's adjusted taxes (after subtracting taxes on lost property)	\$803,809
+ This year's adjusted tax base (after subtracting value of new property)	\$146,519,592
+ This year's effective tax rate (Maximum rate unless unit publishes notices and holds hearings.)	\$0.552217/100
This year's rollback tax rate:	
Last year's adjusted operating taxes (after subtracting taxes on lost property and adjusting for any transferred function, tax increment financing, state or criminal justice mandates, and/or enhanced indigent healthcare expenditures)	\$778,388
+ This year's adjusted tax base	\$146,519,592
+ This year's effective operating rate	\$0.531257/100
+ 1.0000% year's maximum operating rate	\$0.537375/100
+ This year's debt rate	\$0.241924/100
+ This year's total rollback rate	\$0.815581/100
+ Sales tax adjustment rate	\$0.150151/100
+ Rollback tax rate	\$0.665430/100

Statement of Increase/Decrease
If City of Post 2013 adopts a 2013 tax rate equal to the effective tax rate of \$0.552217 per \$100 of value, taxes would increase compared to 2012 taxes by 40.

Schedule A - Unincumbered Fund Balance
The following estimated balances will be left in the unit's property tax accounts at the end of the fiscal year. These balances are not encumbered by a corresponding debt obligation.

Type of Property Tax Fund	Balance
2006	0

Schedule B - 2013 Debt Service
The unit plans to pay the following amounts for long-term debts that are secured by property taxes. These amounts will be paid from property tax revenues (or additional sales tax revenues, if applicable).

Description of Debt	Principal or Contract Payment to be Paid from Property Taxes	Interest to be Paid from Property Taxes	Other Amounts to be Paid	Total Payment
2006	64,750	9,895	0	74,645
2009	213,500	48,659	0	262,159

Schedule C - Expected Revenue from Additional Sales Tax
In calculating its effective and rollback tax rates, the unit estimated that it will receive \$220,000 in additional sales and use tax revenues.

This notice contains a summary of actual effective and rollback tax rates calculations. You can inspect a copy of the full calculations at 105 E. Main St., Post, TX. Name of person preparing this notice: Deanna Watson
Title: City Manager
Date Prepared: 05/12/2013

2013 Property Tax Rates in HEALTH CARE DISTRICT

This notice concerns 2013 property tax rates for HEALTH CARE DISTRICT. It presents information about three tax rates. Last year's tax rate is the actual rate the taxing unit used to determine property taxes last year. This year's effective tax rate would impose the same total taxes as last year if you compare properties taxed in both years. This year's rollback tax rate is the highest tax rate the taxing unit can set before taxpayers can start tax rollback procedures. In each case these rates are found by dividing the total amount of taxes by the tax base (the total value of taxable property) with adjustments as required by state law. The rates are given per \$100 of property value.

Last year's tax rate:

Last year's operating taxes	\$641,166
Last year's debt taxes	\$0
Last year's total taxes	\$641,166
Last year's tax base	\$984,894,300
Last year's total tax rate	0.065100/\$100

This year's effective tax rate:

Last year's adjusted taxes (after subtracting taxes on lost property)	\$641,166
÷ This year's adjusted tax base (after subtracting value of new property)	\$919,895,855
= This year's effective tax rate	0.069699/\$100

This year's rollback tax rate:

Last year's adjusted operating taxes (after subtracting taxes on lost property and adjusting for any transferred function, tax increment financing, state criminal justice mandate and/or enhanced indigent health care expenditures)	\$641,166
÷ This year's adjusted tax base	\$919,895,855
= This year's effective operating rate	0.069699/\$100
× 1.08 = this year's maximum operating rate	0.075274/\$100
+ This year's debt rate	0.000000/\$100
= This year's rollback rate	0.075274/\$100

Statement of Increase/Decrease

If HEALTH CARE DISTRICT adopts a 2013 tax rate equal to the effective tax rate of 0.069699 per \$100 of value, taxes would increase compared to 2012 taxes by \$ 612.

Schedule A: Unencumbered Fund Balances:

The following estimated balances will be left in the unit's property tax accounts at the end of the fiscal year. These balances are not encumbered by a corresponding debt obligation.

Type of Property Tax Fund	Balance
Garza County Health Care District	1,373,106

This notice contains a summary of actual effective and rollback tax rates' calculations. You can inspect a copy of the full calculations at Garza County Tax Office 300 West Main, Post, Tx 79356.

Name of person preparing this notice: Nancy K. Wallace

Title: Tax Assessor Collector

Date prepared: August 1, 2013

Legends

Poem celebrates Henry Key the cowboy

The old-time Garza County cowboy Henry Key was quite the character. He operated his own spread and ran his own cattle as well as working cattle on many area ranches. He not only looked like a cowboy, but was one. He was featured in the book series, "Faces of a Cowboy." Cowboy poet Joe Bob Allen wrote the following poem back in 1988, entitled "Henry."



LINDA PUCKETT

"The Yellowhouse, Salt Fork, and Double Mountain too, knew the tracks of his horses, thru the fresh mornin dew.

"He seemed not to hurry, a-makin' a drive, But you'd find him, a-sittin', as the cows would arrive

At each trail, draw, or thicket, with intentions quite clear, A-keepin' their yearlings, rite on thru the year.

"His knowledge of cattle, didn't come from no book, But his hard work and ridin', and many a look, At both ends of a cow, and her thinkin', and ways, Thru the nights, calvin' heifers, feedin' thru the days Of droughthy, hot summers and winters with snow, And prowlin' the rivers, when the water got low.

"The times of his raisin', made a man, tough and lean. Meals taken, were sparse, and town, seldom seen. Don't look for none like him, in folks of today. His tribe's work is finished, for they've caught their last stray."

Hope you enjoyed "Henry." See you next week.

Linda Puckett is curator of the Garza Museum and executive director of the Garza County Historical Commission.

Texas records more job growth in June

Special to the Dispatch

AUSTIN — The Texas economy added 5,800 seasonally adjusted total nonfarm jobs in June for a total of 303,000 jobs added since June 2012. Texas' seasonally adjusted unemployment rate held steady in June at 6.5 percent. Texas' unemployment rate remained below the nation's June unemployment rate of 7.6 percent.

"Economic growth in Texas has proven to be diverse, consistent, and long-term," said Texas Workforce Commission (TWC) Chairman Andres Alcantar. "The annual job growth across all industries continues to provide opportunity for Texas job seekers."

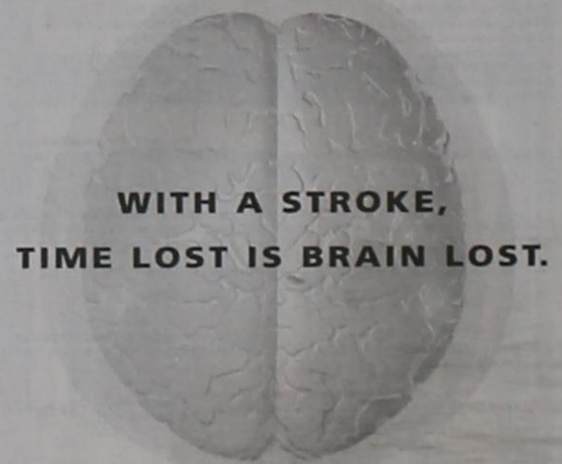
Over the month, seven of the 11 major industries in Texas saw positive growth. Leading the way was Leisure and Hospitality, which posted over-the-month growth for the fifth time in six months and added 4,600 jobs. That industry has added 55,600 jobs over the last year for a 5.1 percent annual growth rate.

"Our economy continues to offer numerous opportunities to job seekers," said TWC Commissioner Representing Labor Ronny Congleton. "We encourage those looking for work in Texas to visit a local Workforce Solutions office for help finding the right job for them."

Professional and Business Services employment expanded for a fifth consecutive month with the addition of 3,100 jobs in June. The industry has had an annual growth rate at or above 4.0 percent for five straight months. Additionally, Financial Activities, Information, Manufacturing, and Trade, Transportation, and Utilities all saw positive job growth in June.

"With an annual growth rate at or above three percent since April 2011, Texas' private employers continue to play an important role in our state's expanding job market," said TWC Commissioner Representing Employers Hope Andrade.

The Midland Metropolitan Statistical Area (MSA) had the lowest June unemployment rate in the state at 3.7 percent. The Odessa MSA came in second at 4.5 percent and the Amarillo MSA third at 5.3 percent (not seasonally adjusted).



If you suddenly have or see any of these symptoms, call 9-1-1 immediately: Numbness or weakness of the face, arm or leg, especially on one side of the body • Confusion, trouble speaking or understanding • Difficulty seeing in one or both eyes • Trouble walking, dizziness, loss of balance or coordination • Severe headache with no known cause

Learn more at StrokeAssociation.org or 1-888-4-STROKE.

American Stroke Association

Cryptogram Solution

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z
B G K S F J X A Q R H W L Z P M E T N I Y C D U O V

A C H I E V E M E N T S O N T H E G O L F
B K A Q F C F L F Z I N P Z I A F X P W J
C O U R S E A R E N O T W H A T M A T T E R S
K P Y T N F B T F Z P I D A B I L B I I F T N
D E C E N C Y A N D H O N E S T Y A R E W H A T
S F K F Z K O B Z S A P Z F N I O B T F D A B I
M A T T E R
L B I I F T

Assignment: Texas

Take Me Out to the Ballgame

I've long had a love affair with baseball. From my days playing on little league teams in Bonham, Texas and playing high school ball at Dodd City,



RUSSELL GRAVES

Texas, the game has always been a source of fascination for me. To this day, I still love to play, watch and coach whenever I

can.

Baseball is as timeless a sport as we have in the United States. Since its beginnings the game has virtually unchanged no matter the age of the players or the league. It's beauty is in its simplicity.

Two weeks ago, I was introduced to a group of people who take the love of the game to a level in which I've never witnessed. Headed by league organizer Wendel Dickason, the Texas

Vintage Baseball League is comprised of volunteers who play simply for the love of the sport - no accolades, no doping scandals, and no pay. They play for fun.

One caveat, however: they play under the 1860's era rules that harken to when baseball was still in its infancy.

On a steamy Saturday morning I met Wendel and members of three teams at the Farmers Branch Historical Park in Farmers Branch, Texas. While the entire squads weren't present, members of the Waxahachie Baseball Club, the Farmers Branch Mustangs, and the Carrollton Elites (I am told the pronounced is e-LITES and they get their name from a local, historic store) are on hand to play a game of baseball for the gathered crowd of a dozen or so.

With their permission, I suited up for the Waxahachie squad and played with them. My uniform is a far cry from anything I've ever worn. A loosely fitting white shirt with loose sleeves and a

simple, buttoning V-neck collar in which I wore a crimson scarf tied in a bow. The cap was loosely fitting with a scant leather bill. The pants were black knickers with string ties that cinched below the knee and above the calf. My feet were covered in solid crimson leggings. The only modern attire I wore are dark athletic shoes that I brought for the occasion.

While the game is virtually the same as today, 1860's rules do have some variations. Most notably:

The baseball used to play is a little larger than a modern baseball with a different stitching pattern and a bit softer in feel; The wooden bats are heavier than the modern versions and the thick handles are nearly as beefy as the barrels; The ball is pitched underhand; When hit, a ball caught off of a single hop results in the same outcome as catching a fly ball or line drive. It's an out; Defensive players wear no gloves; Game play is a bit less competitive

that modern baseball; The umpire is present to keep the game flowing and not be a necessary arbiter of balls and strikes or called outs for that matter.

During the game I speak often to Wendel who is the umpire and tells me that the squads often play exhibition games at various historical reenactments around the state. He also reminds me that unlike the hyper competitive nature of modern major league baseball, vintage baseball is played in a gentlemanly manner with deference to historical accuracy and a respect for the original rules of baseball. A such, people don't argue calls.

That's a good thing. After starting the game on offense, the Waxahachie club switched to defense where I am playing first base. A ballist (that's what a player in 1860's rules baseball is called) from the Farmers Branch club, adorned in his blue uniform and gripping a darkly stained ash bat, hits a fast



roller to the short stop. He fields the ball cleanly and flings it to me.

Instinctively I place my right foot on the corner of the bag and stretch out with my left hand leading the way. I quickly remember that I am not wearing a glove and have to two hand catch the ball that's thrown hard from across the infield.

As soon as I adjust my feet, the ball is on me. I

cradle it to the bottom of my sternum, catch the ball cleanly, and step back quickly. As soon as my foot hits the bag the runner is there as well. I don't know who touched the base first and am not sure he does either. With no umpire to mitigate the situation we shake hands and begin to talk about the play in a calm fashion - just like the game expects.

Extension names new Mitchell County agent

By Steve Byrns
Special to the Dispatch

COLORADO CITY — The Texas A&M AgriLife Extension Service has hired Audra Graves as the new county agent for family and consumer sciences in Mitchell County, said Michael Clawson, AgriLife Extension administrator

at Lubbock. Though Graves' official start date was July 9, she will be completing AgriLife Extension's First Step orientation training in Lynn and Terry counties from July 10-Aug. 11, starting her Mitchell County duties Aug. 12.

"Audra has a wealth of varied educational experiences that will

make her a natural fit for this key position in Mitchell County," Clawson said. "She was very active in 4-H and FFA programs in Ochiltree County, so she is familiar with our agency and the region. She will have no trouble managing and expanding the strong family and consumer sciences curriculum Mitchell County already enjoys."

Graves, of Perryton, graduated in May from Texas Tech University with a bachelor of science degree in agricultural communications and teacher certification.

Her work background includes serving as a social media specialist for Talk Back Media Inc., where she conducted research and managed clients' blogs, Facebook and

Twitter accounts; student teaching at Frenship High School, and serving as a student assistant in Texas Tech's department of agricultural and applied economics. She also served as a publicity intern at the State Fair of Texas, worked as a lab assistant for Courson Archaeological Research and served on the camp staff at Kanakuk Kamps



Cogdell Family Clinic

"Caring for Our Family, Friends & Neighbors"

Welcomes

Oscar Martínez, Jr., M.D.

Board Certified - Family Practice



Dr. Martinez is now accepting patients.
Call 325-573-1300 to schedule an appointment.

5009 College Ave., Snyder, TX

Visit our web page at www.cogdellhospital.com

Expert: Cattle producers should plan for drought

By Blair Fannin
Special to the Dispatch

Texas beef cattle producers should plan for future periods of dry conditions as drought patterns exhibited in the 1950s continue to prevail in current models.

"We are still reliving the 1950s drought-producing pattern with periodic breaks," said Brian Bledsoe, a weather forecaster who is featured monthly in Southern Livestock Standard.

Bledsoe said when he speaks to young farmers and ranchers who are thinking about taking over operations from their fathers, he says, "have a drought plan, because we are going to have more dry years than wet years."

Bledsoe said computer models forecasted for the next 90 days are going to be "pretty status quo."

"At least through August, with the exception of tropical storm activity, the prospects of seeing significant rain in Texas aren't looking great."

Looking ahead, Bledsoe said come spring

of next year, March through May, could "potentially be wet months."

He said for now, it will be a drier and warmer-than-normal fall going into early winter, with potential for a possible El Niño trend in early 2014.

Don Close, vice president for food and agriculture research with Rabobank, said the outlook for beef demand and trends in protein consumption across the United States.

He said thinking beyond the traditional mindset of beef consumption, eating habits are changing, especially as cultural diversification among the U.S. population continues. He cited Houston as the most diversified city in the nation per ethnic groups and how protein consumption differs compared to decades ago.

He said the beef industry has a great story. "Go tell it," he said. "Beef production does not end at the ranch gate. Consumer interest in food and where it comes from is only going to increase. Nobody in the world can tell your story better than you can. Tell the story, please."

New burn-detection modeling system will help identify potential wildfire threats

Source: AgriLife Today

A burn-risk-detection modeling system in development by a consortium of Texas A&M University System researchers will help predict potential wildfire threats throughout the Lone Star State, according to its developers.

The modeling system will be used by the Texas A&M Forest Service. Researchers with the Center for Natural Resource Information Technology, part of Texas A&M AgriLife Research, are developing the modeling program. One of those researchers, Dr. Richard Conner, also an AgriLife Research economist and professor in the department of agricultural economics at Texas A&M, said the system is a modification of several modeling projects developed a decade ago.

"This current modeling sys-

tem measures the amount of forage fuel load in a county and is used to predict potential fire danger," he said.

The modeling system will provide real-time information on fuel loads using vegetation and National Oceanic and Atmospheric Administration weather information for regions susceptible to wildfire.

"In the wildfire predictive services arena, one of the hardest things to get a handle on is herbaceous fuel load across the state," said Tom Spencer, head of fire predictive services, Texas A&M Forest Service. "It's challenging to determine the condition and amount of it. There's no good way to do that through remote sensing. It's always been the case where someone has to physically go out and look, then make a judgment call."

"This project will help deter-

mine if it is possible or not. We think it is, but we still need to determine if the science supports it," Spencer said. "Overall, we are looking forward to seeing how this helps us understand potential fire season severity, which will help us assist local governments to better plan ahead. It's a huge deal if this works out."

The project has received \$125,000 in funding by a federal fire plan grant. So far, the project has been implemented in three counties - Stephens, Palo Pinto and Jack. In these counties, researchers have identified major plant communities and developed field monitoring sites to be included as part of an overall web interface monitoring system.

For more information about the Center for Natural Resource Information Technology, visit cnrit.tamu.edu.

Advertising Works!
To place an ad, call 806-495-2816

New Pharmacist



Tammy Maxfield Ayala/The Post Dispatch

Leah Schumberg (third from left) has joined the staff of Hometown Pharmacy as its newest pharmacist. Schumpert, of Lubbock, is a 2013 graduate of the Texas Tech School of Pharmacy. She is pictured here (left to right) with Sue Ann Davis, Regina Isbell and Carla Castaneda.

CRP emergency grazing deadline extended

The Post Dispatch

Garza-Borden County USDA Farm Service Agency Executive Director Victor Ashley recently announced the original Conservation Reserve Program emergency grazing deadline was extended to Sept. 30.

The CRP emergency haying authorization was not extended and will expire on Aug. 31. However, under this current authorization, producers are permitted to sell hay that is harvested prior to Aug. 31 as long as the hay was not sold from the same land under contract anytime during 2011 or 2012.

Producers who take advantage of the emergency grazing extension will not incur an additional CRP rental payment reduction, and through a recent FSA National Office initiative, the 25 percent CRP payment reduction is reduced to 10 percent for 2013 emergency grazing and haying authorizations.

If a producer chooses to lease eligible CRP acres, the producer cannot profit on the lease agreement. The amount charged for lease of CRP emergency grazing acres cannot exceed the value of the rental payment reduction.

Texas CRP participants who were previously approved for managed grazing may elect to switch to emergency use by contacting the Garza-Borden County FSA office to request approval. The restrictive emergency use criteria must be

met for each site to qualify for the new emergency designation approval.

Based on a revised policy decision made by the Texas FSA State Committee, CRP acres grazed during fiscal year 2011 or 2012 will be considered eligible for emergency grazing if NRCS verifies, on a case-by-case basis, that the conservation cover will sustain grazing. CRP acres grazed in the fall/winter of fiscal year 2013 will not be eligible for spring/summer grazing. FSA's fiscal year runs from October 1 to Sept. 30.

"The grazing extension was approved by the Texas FSA State Committee in order to provide more resources for livestock producers facing forage and feed shortages as a result of drought," said Ashley.

The eligible CRP acreage is limited to qualified acres located within the approved county. Eligible producers who are interested in grazing CRP under this emergency authorization and current CRP participants who choose to provide land for grazing to an eligible livestock producer, must first request approval from their local FSA office and obtain a modified conservation plan from the Natural Resources Conservation Service (NRCS) to include site specific grazing requirements.

For more information and to request approval for emergency grazing, contact the Garza-Borden County FSA office at 806-495-2801.

Wine entrepreneurs receive certification

By Grace Acuna
Special to the Dispatch

FREDERICKSBURG — Texas Tech University recently celebrated the third graduating class to receive professional certificates from Texas Viticulture Certification Program. The graduates were recognized at a ceremony at the Texas Hill Country University Center in Fredericksburg, which will be the new home of the viticulture program.

"There is tremendous growth of the wine industry in the Texas Hill Country, much of it centered around Fredericksburg," said Ed Hellman, a professor of viticulture at Texas Tech's and director of the certificate program recently relocated to the Fredericksburg campus. "The ability to have the land to establish a teaching vineyard at the Hill Country University Center made it the perfect location."

The program began in 2007 as a collaboration between Texas Tech's Department of Plant and Soil Science and Texas A&M's AgriLife Extension and provides educational training in commercial grape production to entrepreneurs wanting to enter Texas wine industry. Since then, 59 certificates have been awarded to students.

"The program's design has proven quite successful with enrollment steadily increasing to capacity in the 2013 class," Hellman said. "Many of our graduates go on to establish their own vineyards and wineries or work for already established ones."

This year's 30 graduates, from Texas, Colorado and Mexico, completed the six-course program within a two-year period. The coursework ranges from grapevine biology to disease, insect and weed management.

"The demographics of this

group largely comprise well-educated successful professionals from other disciplines seeking a college-level education in viticulture without re-enrolling at a university," Hellman said. "We wanted to offer the coursework that fit their availability so we established a comprehensive curriculum delivered in a combination of online and face-to-face classes."

Not only is the Viticulture Certificate Program is now officially headquartered at the center, Hellman also said now they are developing a companion Winemaking Certificate Program.

"The Hill Country University Center is ideally located for our students and has superb teaching facilities," Hellman said. "This will enhance our educational programs for both the wine industry entrepreneurs and undergraduate students seeking a career in the wine business."

\$1.00
Any Size Soft Drink

Everything you look for in a burger!

Introducing Our
BLT Quarter Pounder!

MONOPOLY
Game Ends August 12th

Bring home the bacon. (And lettuce. And tomato.)

McDonald's
605 College Ave.
Levelland, TX

I'm lovin' it

NOW OPEN!

Cogdell
walk-in Clinic

5009 College Ave.
Snyder, Texas
(Same building as Cogdell Family Clinic)

"Caring for Our Family, Friends & Neighbors"

Friday – Saturday – Sunday
8:00 am – 8:00 pm

No appointment necessary, please check in at the front desk to be seen.

For life threatening conditions please go directly to the Emergency Room.

We provide urgent care for non-life threatening conditions.

We can treat most minor illnesses and injuries such as:

- Cold and flu symptoms
- Ear aches
- Infections
- Minor cuts, burns, and sprains

We will file your claim for most insurance plans.
Co-pay, co-insurance and deductible will apply.
Cash discount at time of service for non-insured patients.

Visit our web page at www.cogdellhospital.com

Area Crop Report

AgriLife Extension district reporters compiled the following summaries:

Rolling Plains: Conditions remained favorable for cotton with temperatures in the upper 90s and into the 100s. Even though the crop was late, it seemed to be coming along just fine. Some areas received some rain during the last week, but they were very spotty. With the lack of a good general rain, cotton farmers were thankful the crop was late and not setting bolls yet in the heat. Irrigated cotton looked very good. Cooler temperatures—below 100 degrees—and rainfall through August will be needed to help with boll set. Pastures were in good condition as some ranchers had not restocked herds and were giving grass stands the

opportunity to recover. Pastures in some areas went dormant, but at least some level of recovery was achieved with the wet weather earlier in the year. The 100-plus degree temperatures and low soil-moisture reserves took a toll on sorghum. Lakes, ponds and stock tanks were still low. Grasshoppers continued to be a problem on rangeland. Water conservation still remained an issue for area cities.

South Plains: Most counties received rain. Amounts varied widely, 0.1 inch to 1.5 inches. Cotton, peanuts, peas, sunflowers, grain sorghum and corn continued to mature. Producers were controlling a flush of weeds. More hoeing crews were being used this year. Most producers have experienced

light insect pressure. Pastures and rangeland improved after recent rains. Cotton varied from cutout—final stage of cotton plant growth prior to boll opening—to a few fields still not yet in bloom. Grain sorghum ranged from the vegetative stage to coloring. Verticillium wilt was reported in some cotton fields. Rangeland and cattle were mostly in good condition.

Panhandle: Temperatures were near average for the week, but most of the region received rain. Amounts ranged from a trace to as much as 3.5 inches. Deaf Smith and Gray counties reported hail damage to crops. Deaf Smith County also reported winds in excess of 70 mph, with damage to buildings and a few center pivots. Corn was maturing rapidly. Insect pressure was rising. Sorghum and soybeans were mostly in fair to good condition. Cotton progressed, though many fields were behind in maturity. Some producers took advantage of recent rains to plant winter wheat. Rangeland and pastures continued to improve after the rains. Cattle were in good condition.

Clay Miller

AG TEXAS

FARM CREDIT SERVICES

P.O. Box 923
Ralls, TX 79357
Office (806)253-2506
Fax (806)253-2060
Cell (806)392-3920
clay.miller@agtexas.com

LOANS FOR

Real Estate

Tech study examines infidelity in social media

By Callie Jones
Special to the Dispatch

LUBBOCK — Thanks to a new study by Texas Tech University researchers, treating infidelity among couples may change due to the unique aspect of social networking sites, specifically Facebook.

Using data from Facebookcheating.com, researchers found that although the stages of coping with online infidelity are unique, the infidelity itself creates similar emotional experiences for the partner who was cheated on.

"This is very important because there is a line of thought that if the infidelity was discovered online, or confined to online activity, then it shouldn't be as painful," said Jaelyn Cravens, a doctoral candidate in the Marriage & Family Therapy Program and lead author of the study.

During her master's program clinical work, Cravens discovered many of her clients' relationship issues stemmed from online infidelity thanks to an increasing

number of people using social media sites, especially Facebook.

"Facebook already has changed the dynamics of relationships," Cravens said. "We see when our 'friends' are getting into a relationship. We say a relationship isn't 'official' until it's 'Facebook-official.'"

She found that many of her clients had discovered instances of their partner exchanging suggestive messages with a third party on the social networking site, even though the two were supposedly in a monogamous relationship.

Cravens found that outside of issues like porn addiction, there hadn't yet been much research to back treatment for these kinds of relationship problems confined to the Internet.

Surprised at the lack of information about a topic so pervasive in society — Facebook had more than 1 billion users as of March 2013 — Cravens decided to pursue the topic for a qualitative methods course project, along with the help of Kaitlin Leckie,

who also is a graduate student in the Marriage & Family Therapy Program and Jason Whiting, an associate professor in the program.

"We used Facebookcheating.com to determine the coping process for people who have discovered a partner's infidelity on Facebook," Cravens said. "We discovered several main themes and were able to create a process model that moves through different stages of the ways people deal with the information."

The model includes the following five stages:

Warning signs: the partner who was cheated on notices gut feelings and/or suspicious behavior on the internet, such as minimizing windows, habitually clearing out browser history and adding passwords.

Discovering infidelity: the individual either takes it upon themselves to investigate the warning signs, or the individual accidentally discovers the infidelity.

Damage appraisal: the individual determines whether the

discovered acts was or was not a violation of the relationship.

Acting on appraisal: If the individual determines that the act or acts were a violation of the relationship, he or she either confronts or avoids the partner. Sometimes the individual decides that the evidence wasn't concrete enough to be able to approach partner. Others retaliate, which typically includes posting messages online or sending a message to the third party, or the third party's partner.

Making a relationship decision: based on how the individual decided to act, they tend to make a decision about the relationship. Some end the relationship because trust was violated, others use monitoring behaviors to ensure it doesn't happen again, and some are uncertain about what next step should be.

"For many couples, step three can be very difficult because couples often don't have clearly established rules about online behavior," Cravens said. "They aren't totally sure whether or not

something can count as cheating."

Regardless, Cravens said the emotional impact for the party who has discovered online acts of infidelity is no less severe than acts committed in-person.

"People have ability to be more vulnerable online, which facilitates a greater emotional response," Cravens said. "This can be just as devastating if not more devastating than an offline response."

For a clinical setting, Cravens explained that the research can help counselors treat marital problems that have root causes in online infidelity.

"It's important from our perspective to be able to find out what has been violated," Cravens said. "We need to be able to recognize the emotional experience and process emotions for both partners."

Cravens currently is a visiting lecturer at the University of Nevada in Las Vegas. Her research was published in "Contemporary Family Therapy."

TDA Market Recap

Texas Cash Markets:		Week Ending Aug. 10, 2013	Previous Week	Previous Year
Feeder Steers (\$/cwt)		163.88	166.13	147.45
Fed Cattle (\$/cwt)		120.97	119.00	119.14
Slaughter Lambs (\$/cwt)		91.00	97.50	100.00
Slaughter Goats (\$/cwt)		167.00	167.00	155.00
Cotton (¢/lb.)		86.25	82.50	70.25
Grain Sorghum (\$/cwt)		9.84	10.02	14.22
Wheat (\$/bu.)		7.00	7.10	8.61
Corn (\$/bu.)		6.08	6.19	8.44
Watermelons (\$/lb.)		0.15	0.18	0.13

Futures Markets:		Week Ending Aug. 10, 2013	Previous Week	Previous Year
Feeder Cattle (\$/cwt)		153.85	153.72	139.47
Fed Cattle (\$/cwt)		122.50	120.65	120.60
Cotton (¢/lb.)		89.05	85.32	72.90
Wheat (\$/bu.)		6.97	7.07	8.93
Corn (\$/bu.)		4.66	4.76	8.00
Lumber (\$/MBF)		308.50	307.40	303.20

MBF = thousand board feet

All cash prices above are market averages for locations covered by the USDA Market News program and do not reflect any particular sale at any specific location. Feeder cattle prices are for 500-600 pound medium and large No.1 steers at the Oklahoma City National Stockyards. Futures prices are quoted for the nearest month contract on the last trading day of the week. Timber prices are from the Texas A&M Forest Service, bimonthly "Texas Timber Price Trends."

For additional information, contact TDA at 800-835-5832 or visit our website, www.TexasAgriculture.gov.

The Idle American The smile that started something

Man's inhumanity to man is well documented. Goodwill toward others, however, often goes unnoticed, unheralded and unappreciated.

Teachers, on the cusp of another school year, play major roles in helping others daily. Following the "do unto others" admonition, most of them routinely toil beyond duty's call.



DON NEWBURY

We owe ongoing salutes to committed educators, and to all folks who offer smiles daily as they celebrate life.

One such celebrant is Megan Harris, a 23-year-old Amarillo woman. She worked at Pak-A-Sak Express that opened a few years back in an unoccupied Starbucks building. Smaller than the 18 other Pak-A-Saks, it

has a drive-thru window. Thus, "Express" is tacked on.

Megan knows the window well. For two years, she arrived there at 5 a.m. for eight-hour weekday shifts, with much of her time given to dispensing 99-cent soft drinks. Last year, many of her "regulars" were teachers and staffers from the nearby Amarillo Area Center for Advanced Learning, which offers specialty training in half-day blocks for students from the city's four high schools and other area districts.

AACAL teacher Sue Sanborn, who daily purchased the 44-ounce, jump-starting drinks, mentioned Megan to her colleagues in February. "Have you noticed how she smiles every single time we stop?" Another pointed out that Megan was pregnant with her first child.

Few knew her name; none knew her circumstances. They didn't know she dreamed of starting a family, or that it was "start-over time" for her and husband, Aaron. Two years ago, a wildfire destroyed their home and most others in the neighborhood.

The couple, now married four years, has clung to Christian values. The fire took all — "just things," though, claims Megan, a graduate of San Jacinto Christian Academy and former Amarillo College student.

Neither did the educators know that for more than a year, she also worked four hours daily at a clothing store, stretching workdays to a dozen hours. And they weren't aware the couple lived with her parents for 714 days after the fire. It takes

a while to build a house when one person does it. Aaron, a fulltime Xcel Energy employee, worked late most nights and weekends on their home. His dad and father-in-law pitched in, and it was ready four weeks before the baby arrived.

The AACAL folks wanted to do something for the "redhead," as several called her. Quickly, they planned a "drive-thru baby shower."

On the day before Valentine's, they organized an 18-vehicle caravan. From the first car, Tammy Newsom handed the stunned honoree an invitation to the drive-thru shower. Occupants in the second car offered a corsage made of baby hats, and the third, punch and cupcakes.

Gifts from educators in the remaining 15 vehicles included diapers, clothes and gift cards. Then, they crowded inside to celebrate. Laughter, with some crying, ruled.

Readers of the Amarillo Globe News read Jon Mark Beilue's excellent account with thanksgiving. It's good news well worth sharing with my readers' round about.

Much more has occurred since that unique act of goodwill. Computer science students, inspired by a guest speaker from "Snack Pak 4 Kids," designed a logo for the local charity—a simple "hug" design on its website.

Realizing many of their classmates are from "hungry homes," students continue their "give back" spirit with a school pantry. From there, food is sent home discreetly in students' backpacks. The Student Council has spear-headed campaigns to collect thousands of food items, and health science students have helped with public service announcements about teen hunger.

And the beat goes on. What about Megan and Aaron? Well, their daughter arrived safely on March 13 — two weeks before the Easter due date. Weighing in at 5-lb, 11-ounce, Phoenix Renee is a "stay at home" baby. Her mom's there, too, in her dream come true.

The "joy bundle," or "cuddle bunny" as her mom calls her, is doing fine. And she has her mother's smile.

Their folks can be proud of this well-grounded couple. So can their "adopted family" at Pak-A-Sak. So can citizens whose taxes make schools possible. And so can you, gentle reader. Wish a school employee well in this new year, even if only with a smile. And offer prayers for them and the students entrusted to them.

Don Newbury, former chancellor of Howard Payne University in Brownwood, is a Christian humorist and motivational speaker.

POST DISPATCH EVERY FRIDAY

dish AUTHORIZED RETAILER **800-315-3973**

MORE WAYS TO WATCH. MORE WAYS TO SAVE.

FREE HOPPER UPGRADE
FREE PREMIUMS FOR 3 MONTHS
FREE INSTALLATION IN UP TO 6 ROOMS
FREE HD FOR LIFE \$120/YEAR VALUE

ORDER NOW \$19.99/MO For 12 months with the SMART PACK. Restrictions apply. Call for details.

Plug into your local news source for the best local news

The Post Dispatch
123 E. Main St.
Post, TX 79356
Phone: 806-495-2816

Online Subscriptions	Yearly Print Subscriptions
3 months..... \$6	Delivered by U.S. mail
6 months..... \$12	In-county..... \$30
12 months..... \$20	Out-of-county... \$35

NAME _____
STREET _____
TOWN _____ ZIP _____
EMAIL _____
TELEPHONE () _____

EXPIRATION DATE _____ V CODE _____
MM/YY _____ on back of card

SIGNATURE: X _____

Hometown Pharmacy welcomes our new pharmacist, Leah Schumberg.

She is a 2013 graduate of Texas Tech and a West Texas native.

HOMETOWN PHARMACY

132 W Main St., Post 79356
806-495-2535

FINALLY REACHING LEVEL 70 TAKES DETERMINATION. SO DOES GETTING INTO COLLEGE.

NEWBURY

2013 Post Rotary Club
3rd Annual State Championship



Smokin' in the Park

BARBECUE COOK OFF

POST CITY PARK

AUGUST 23*24, 2013

\$5,000 GUARANTEED PAYOUT

Paying 10 Places

\$500 to Grand Champion/\$250 to Reserve Grand Champion

Sanctioned by the Lone Star Barbeque Society

Friday: Registration (registrations will be accepted until the cooks meeting Saturday morning);

5:00 pm until? Chopped beef sandwich meals sold to the public (tables available for seating/eating);

6:00 pm until 9:00 pm the City pool will be open to all;

6:00 pm until 10:00 pm Gary Nix and West Texas will be performing live as you eat.

Saturday: Judging of Entries (Come be a judge)

Beans – 11:00 am Appetizers – 12:00 pm

Chicken – 1:00 pm Ribs – 2:00 pm

Brisket – 3:00 pm

Sponsors

Gold: Excel Energy, The Post Dispatch, Giles Dalby Correctional Facility

Silver: The George R. Brown Partnership, Post Area Chamber of Commerce, Standard Energy Services, Stripes, Reagor Dykes Auto Group, Garza Abstract, Strawn Transport & Acid Company

Bronze: Atmos Energy, Hudman's Furniture, Jones & Associates, Post City Festivals, United Supermarket, Handy Oil-field Supply and Palmer Oil Properties

Registration Forms can be obtained at check-in or at www.lonestarbarbecue.com

For more information contact:

Kerry Dixon • 806-773-9751 • Kerry.dixon@mtctrains.com

Post Classifieds

PHONE: 806-495-2816 • EMAIL: THEPOSTCITYDISPATCH@GMAIL.COM • 123 E. MAIN STREET, POST TEXAS

HELP WANTED

AREA SUPERVISOR NEEDED IN THE SNYDER TERRITORY
Established successful restaurant chain seeks responsible leader with multi-unit management experience. Travel is required. Offering \$42,000 base salary plus bonuses. Apply online www.richesondq.com

GARAGE SALE

209 S. Ave. E. Saturday, August 17. Sale is indoors, stay cool while you shop! Treadmill, exercise bike, Gazelle, entertainment center, 3 TVs, china cabinet, table with 4 chairs, décor items and much more.

316 N. Ave. I. (Caprock

Springs Fellowship) Saturday, August 17 from 8:00-?? Multi-family. Lots of things! Come and see! (0816)

(0830) Back to School Special At Mane Cutters Kids Cuts (6-10 yrs.) \$8 Special Ends Aug. 21st Appointments Only 495-3493 409 S. Ave Q. (0816)

MISC

Have a pencil portrait done by Carlos Castiglione, formally of Post. Call 928-412-0805 or visit our website at Spiritlifeportraits.com

Children's Eye Exams
Medicaid, Chip, Most Insurances
3415 19th Street Lubbock
806-796-2020



1823 State Hwy 300
Levelland, TX
(806) 897-2327

Pulling Units • Frac Tank & BOP Rental • Trucking - Winch, Vac, Kill/ Pump

Julian Olivo - Area Superintendent
(806) 598-1188
TRUCK SUPERVISORS
Derik Tienda (806) 891-0865
Jeff Boice (806) 891-0851
RIG SUPERVISORS
Lucas DeLaCerde (806) 891-1048
Raymond Gonzales (806) 891-2847
COMING SOON - NEW LOCATION!
Lubbock, Texas

Thanks for reading!

Urgent News for People on DIALYSIS

Granuflo, a product often used in dialysis, has been linked to serious heart problems and sudden death. If you or a loved one suffered a serious heart problem or death after dialysis, call 1-800-THE-EAGLE now to pursue monetary compensation. No fees or costs until your case is settled or won. We practice law only in Arizona, but associate with lawyers throughout the U.S.

GOLDBERG & OSBORNE
1-800-THE-EAGLE
(1-800-843-3245)
www.1800theeagle.com

Open 7 Days a Week

Snyder IRON & METAL
Snyder, Texas
Call for current prices! Top prices paid!
325-573-6862 FOR MORE INFO
208 N. OLD POST RD.
SNYDER, TEXAS 79549
MONDAY - FRIDAY
8:30 A.M. - 5:30 P.M.

SMITH SOUTH PLAINS SLATON
•Used Cars & Trucks
•Portable Buildings
•Car Care Center
•Sign Shop
•U Haul
US 84 and Division Street - Slaton
www.smithsouthplains.com
828-6291 - 1-800-692-4457

RUSH REALTORS
Casey McNeeny
For all your Real Estate Needs
806-549-2103 casey@rushrealtors.com

Country Living 510 CR 280 Post, TX 4/3 with 10 acres REDUCED \$188,500	
516 W. 8th, Post, TX 3/2 Nice Corner Lot \$85,000	
REDUCED 711 W. 13th St., Post, TX 4/2 Great Starter Home \$49,000	REDUCED
509 W. 7th St., Post, TX 3/2 Total Remodeled \$80,000	
118 N. Ave. Q 3/1 Great for Retail Property \$55,000	
57 acres of land 15 mi. Under Contract \$60,000	
1492 State Hwy. 207 4 Miles South of Ralls 4BR/4BA - 4,435 sq. ft. on 6.57 acres \$326,000	
4.6 Acres of unimproved property at Cedar Hills \$12,500	
Kent County Ranch 4/2 484 Acres \$1,200 per acre	
1017 Sunset Drive Post, TX 1622 square feet, 3/2 \$102,500	
305 M. Under Contract 2/4 \$129,500	

Now Accepting Applications
Post Housing Authority is now accepting applications for 3 bedroom units
For information on qualifications, please call 495-2233 or come by office located at 709 Caprock Drive.
Office hours are 8:00 AM - 12:00 Noon and 1:00PM - 5:00PM Monday - Friday

Advertising Works!
To place an ad, call 806-495-2816

TEXAS STATEWIDE CLASSIFIED ADVERTISING NETWORK

TexSCAN

TexSCAN Week of August 11, 2013

BUSINESS OPPORTUNITY
GUARANTEED INCOME for your retirement. Avoid market risk & get guaranteed income in retirement! Call for a free copy of our safe money guide plus annuity quotes from A-Rated companies. 1-800-349-0643

DRIVERS
ATTENTION DEDICATED and regional drivers. Averitt offers excellent benefits and overtime. CDL-A required 1-888-362-8608. Recent grads with a CDL-A, paid training. Apply online at AverittCareers.com, EOE

DRIVERS - Year-round, recession-proof freight plus performance bonuses. Pets, riders, late-model/new equipment. Excellent support system. 6-months OTR required. Refresher training program for 3-6 months experience. 1-888-440-2465. www.DriveNCL.com

DRIVERS - \$2500 BONUS plus \$500 for orientation. Team drivers needed to haul ammo and explosives. 2-years experience/hazmat req'd. Avg. \$1100-\$1400 per week. 1-800-835-9471. Roadmastergroup.com

DRIVERS - \$2500 sign-on bonus! Heavy haul O/O's. Up to 78% of freight bill plus FSC! CDL-A. 2-years experience hauling oversize freight required. 1-800-835-9471

DRIVERS - HIRING EXPERIENCED/INEXPERIENCED Tanker drivers! Earn up to 51¢ per mile! New fleet Volvo tractors! 1-year OTR Experience required. Tanker training available. Call Today: 1-877-882-6537; www.OakleyTransport.com

DRIVERS - IMMEDIATE OPENINGS Experienced drivers and owner operators. Competitive pay scale. Students welcome, deBoer Transportation. 1-800-825-8511, www.deboertrans.com

EXPERIENCED DRIVERS - Dedicated opportunity in South TX! Oilfield opportunity with excellent earning potential! Avg. \$70K annually. Full Benefits and 24/7 dispatch. Arnold Transportation; www.drivearnold.com 1-855-861-0124

EXPERIENCED DRIVERS - Excellent regional runs! Great home time & benefits! Up to 40¢ per mile, weekly pay, and late model equipment. Arnold Transportation: www.drivearnold.com 1-888-742-8056

OWNER OPERATORS and Fleet drivers. 2800-3200 miles/week average. All miles paid. Home weekly, fuel surcharge, paid plates and permits. Weekly settlements. 1-888-720-1565 or ParkwayTransportInc.com

PARTNERS IN EXCELLENCE OTR drivers APU equipped, pre-pass, EZ-pass, passenger policy. 2012 and newer equipment. 100% NO touch. Butler Transport 1-800-528-7825

PAID CDL Training! No experience needed. Stevens Transport will sponsor the cost of your CDL training. Earn up to \$40K first year and \$70K third year. Excellent benefits. 1-888-726-4130, www.becomeadriver.com, EOE

EXPERIENCED FLATBED DRIVERS Regional opportunities now open with plenty of freight and great pay. 1-800-277-0212 or primeinc.com

EXCHANGE STUDENTS
HOST AN EXCHANGE Student! Families provide a bed, meals and caring environment. Students come from Germany, Mongolia, France, Brazil. Call for more info: 1-800-941-3738/ www.sharesouthwest.org

TECHNICAL TRAINING
AIRLINE CAREERS begin here. Become an Aviation Maintenance Technician. FAA approved training. Financial aid if qualified. Housing available, job placement assistance. Call Aviation Institute of Maintenance. Dallas: 1-800-475-4102 or Houston: 1-800-743-1392

HELP WANTED
MEDICAL BILLING TRAINEES needed! Train to become a medical office assistant now! Online job training gets you ready. Job placement when program completed. Call for details! 1-888-368-1638; ayers.edu/disclosures.com.

REAL ESTATE
\$106 MONTH BUYS land for RV, MH or cabin. Gated entry, \$690 down, (\$6900/10.91%/7yr) 90-days same as cash, Guaranteed financing, 1-936-377-3235

ABSOLUTELY THE BEST VIEW Lake Medina/Bandera, 1/4 acre tract, central W/S/E, RV, M/H or house OK only \$830 down, \$235 month (12.91%/10yr), Guaranteed financing, more information call 1-830-460-8354

ACREAGE REPO with septic tank, pool, pier, ramp. Owner finance. Granbury 1-210-422-3013

AFFORDABLE RESORT LIVING on Lake Fork. RV and manufactured housing OK! Guaranteed financing with 10% down. Lots starting as low as \$6900. Call Josh, 1-903-878-7265

STEEL BUILDINGS
STEEL BUILDING for Garages, shops, shelters and homes. Save thousands on clearance buildings. 20x24, 25x32, 30x40, 35x56. Low monthly payments. Call now 1-800-991-9251 ask for Ashley.

VACATION
WEEKEND GETAWAY available on Lake Fork, Lake Livingston or Lake Medina. Rooms fully furnished! Gated community with clubhouse, swimming pool and boat ramps. Call for more information: 1-903-878-7265, 1-936-377-3235 or 1-830-460-8354

Run Your Ad In TexSCAN!
Statewide Ad \$550
290 Newspapers, 905,076 Circulation
North Region Only \$250
94 Newspapers, 301,619 Circulation
South Region Only \$250
100 Newspapers, 391,741 Circulation
West Region Only \$250
96 Newspapers, 211,716 Circulation
To Order: Call this Newspaper direct, or call Texas Press Service at 1-800-749-4793 Today!

Applying for Social Security Disability? Receive the benefits you deserve.

We can help you overcome the tangled web of the SSD program. We handle:
Social Security Disability Claims
Supplemental Security Income
Disabled Widows Benefits
No out-of-pocket fees or expenses.
Toll-Free 877-485-6525
www.McDonaldSSD.com

McDONALD LAW FIRM

3100 West 7th Street Suite 230 Fort Worth, Texas 76107
9400 N. Central Expy. Suite 400 Dallas, Texas 75231
5433 Westheimer Suite 404 Houston, Texas 77056

FESCO LTD. has an immediate opening for a position in Ozona, TX
HYDROCARBON LAB TECHNICIAN:
Requirements: Applicant with a Chemistry Degree or chemistry background is a plus, but will also consider experience with Gas Chromatograph operations, maintenance, quality control & data processing. Requires field operations involving collection of oil & gas samples. Applicant must be able to pass a DOT physical, drug and alcohol tests, criminal background and driving record checks. **PREMIUM PAY**
Applications can be picked up at 105 Medical Drive, Ozona, TX or from our website @ www.fescoinc.com or call (325) 392-3773

NOTICE: While most advertisers are reputable, we cannot guarantee products or services advertised. We urge readers to use caution and when in doubt, contact the Texas Attorney General at 1-800-621-0508 or the Federal Trade Commission at 1-877-FTC-HELP. The FTC web site is www.ftc.gov/bizop

Extend your advertising reach with TexSCAN, your Statewide Classified Ad Network.

Environmental Concerns Rise as Brazos Levels Fall

Elizabeth Koh
The Texas Tribune

GLEN ROSE — At 840 miles long, the Brazos River is a lifeline for municipalities that

pump water, industries that use the water for manufacturing plants and farmers who have relied on the river to irrigate their crops. But like many other rivers in the state, it has seen the

drought take its toll.

"It's still beautiful," said Ed Lowe, a Granbury resident and president of Friends of the Brazos, as his canoe scrapes along the bottom of the Brazos riverbed on a humid August afternoon. But, he said, "in terms of the flow, it's just lower." Along some parts of the river, it is too shallow to canoe.

And concerns over water levels in the Brazos, which stretches from Texas' South Plains to the Gulf of Mexico, have sparked debate over who gets to use it, how much should be used and how much should be left to keep the river healthy.

Two-thirds of the state is experiencing severe to exceptional levels of drought, and state reservoirs are at about 60 percent of their water capacity. Some water users on the Brazos have already seen water pumping suspensions and other cuts. Amid the struggle to divvy up water, environmental activists have raised concerns that issues regarding threatened wildlife and damage to the river's ecosystem are being pushed to the backseat.

Like many of Texas' rivers, the Brazos is controlled by agencies that parcel water out to users based on when they first laid claim to the river water, and water rights holders increasingly fight over how much each deserves.

Environmental advocates have fought for decades to ensure that rivers retain the amount of water that they say maintains their ecological health.

In 2007, lawmakers passed a bill that set up a system to determine the necessary environmental streamflows in Texas rivers. But Texas Commission on Environmental Quality officials also say that they have a legal duty to protect the rights of water holders.

The TCEQ has had to strike a balance between where rights holders can be accommodated and where cutbacks are needed, said Ken Kramer, the water resources chairman for the Lone Star Chapter of the Sierra Club.

In some cases that balance has been skewed, he added, saying that TCEQ's recently determined flow standards for the Guadalupe-San Antonio river basin were "not adequate" to care for fish and wildlife as well as the area's river systems.

TCEQ officials say that the standards they set are adequate for maintaining the health of the rivers.

The Brazos' environmental flow standards are set to be decided next year. They will come from recommendations made by a committee comprising representatives of different users along the river and a team of scientists.

The push and pull between water rights and environmental needs on the Brazos are "sort of a microcosm of a lot of the water issues we're dealing with in Texas right now," Kramer said.

Because of the Brazos' length, the drought and growing water needs of Texas' population particularly strain the river's ecosystems by decreasing its amount of flow.

Instead of contributing to the river's environmental streamflows, much of the water is being used for needs like irrigation and industrial cooling, especially in the summertime, said Gene Wilde, a biology professor at Texas Tech University. These season-specific demands are changing when and how strongly rivers flood, damaging the surrounding environment and wildlife, he added.

Because of the length of the Brazos, "how extreme this is varies from area to area," Wilde said.

Low flows in the river increase salinity levels and decrease oxygen levels, which can make the water hostile to native species and help invasive ones — like golden algae, which releases damaging toxins — thrive.

The toxins are particularly damaging for fish such as the sharpnose and smalleye shiners, Wilde said. The sharpnose and smalleye shiners, which are minnow fish that live in the upper region of the Brazos basin, have also been threatened by the lower flows in the river, he added.

"[The fish] spawn eggs that have to be kept afloat to hatch — they're not quite buoyant," he said. "They'll settle to the bottom if there isn't any current" and die, he added.

As a result, the two species have struggled to maintain a toehold in the river despite recent conservation efforts during the last two years, said Cindy Loeffler, the water resources manager for coastal fisheries with Texas Parks and Wildlife. The fish nearly went extinct during the height of the 2011 drought, when the upper Brazos dried up.

Human activities along the Brazos have also been curtailed. The drop in water levels on the Brazos has meant fewer opportunities to boat, fish and enjoy other forms of recreation, Lowe said.

Residents around North Texas' Lake Granbury, one of three lakes created by damming on the Brazos, have also seen their riverfront properties dry up as the lake levels receded this summer.

Dixie Divas Small Town Life

Around the corner, out in the country where we live, is a hardware store owned by a guy I have known since the day I was born. Our bassinets were next to each other in the hospital nursery.



RONDA RICH

Down the road a piece is a dairy co-owned by a guy whose bassinet was on the other side of mine in the nursery. When I need a helping hand with a lawn mower stuck in the thicket or a pasture that needs bush-hogging, I call that guy and he is Jerry-on-the-spot to help.

Tink is somewhat amazed by small-town living and the perks that come with it. He came in from the hardware store one day, a place he has come to love because we simply sign for what we buy then pay for it at the first of the month. He shook his head. "When I checked out, she laughed and said, 'She's writing about your family now!'"

He likes this kind of friendliness and familiarity. Of course, she knows that because every Tuesday when the newspaper arrives, the ladies at the hardware store pass around my column and discuss it. Then, they never fail to comment when I drag in, my hair in a messy ponytail and my face smudged with dirt from some garden project.

At the Farmers Exchange where we were purchasing horse feed and other farm needs, the manager said, "Why don't we just open an account for you?"

There was no credit check, no extensive form to fill out, just a paper signed that said we would pay. The manager said, "I know you will anyway. I know you, and I know your family." Then he grinned and winked. "But if you don't, we'll just charge it over to Rodney."

In big cities, they tend not to trust on a handshake and your family

name.

Living in the small town where I was born, raised, educated and, Lord willing, will die and be lowered beneath six feet of my beloved soil, is an archive of my life. It is a collection of the people and places that have taken me to other places and other people.

No one, I believe, is self made. We are all made by the efforts of many and, without question, I am a creation of those who believed in me, prayed for me and, on occasion, made me answer for my failings and shortcomings.

"Right there," I will point out, "is the radio station where I had my first job. I had a radio show called 'Rendezvous with Ronda' on weekends."

There are many landmarks throughout the town that chronicle my life in periods that are divided between before I left to find myself and the time I returned home to reclaim my heart. But it isn't the buildings or the pieces of ground that mean the most. It is the people, the ones who have loved me through the ups and downs and turn arounds.

There's Erin at the bank, across the street from the hardware store, the sight of whom I shall never forget on that hot summer's night. Our beloved Charlie Horse was stricken with colic and as the vet and I battled against it while Tink was out of town, she showed up in her business clothes and said, "I can't let you go through this by yourself." When we had to cross the creek to take him to the barn, she pulled up the legs of her dress pants and waded across.

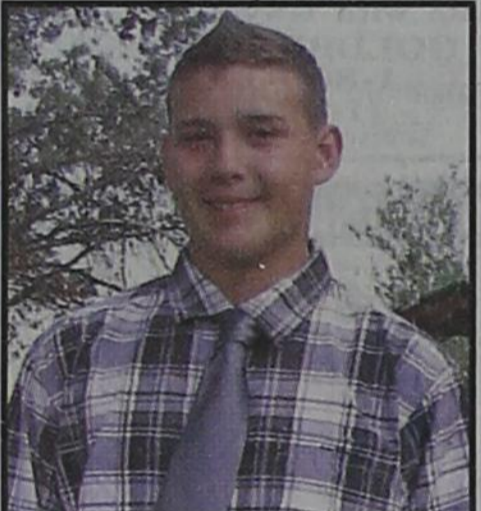
And that woman at the hardware store who teased Tink about his family? That's Miss Hazel. While her son and I shared the nursery, she and Mama shared a hospital room.

You can't buy history like this. You can't earn it, either. You just have to thank the good Lord for giving you the gift of a small town family.


Ronda Rich is Southern humorist, storyteller and best-selling author. Her latest book, "There's A Better Day A-Comin'," is available at rondarich.com.

CAPROCK BAIL BONDS
The Key to Bail "U" Out
Greg Williams, agent
Cell #: 806-632-0444
Sherry Williams, agent
Justin Williams, owner
Serving the West Texas Area
24 HOUR SERVICE
PAYMENT PLANS AVAILABLE
FAST & DEPENDABLE
806-495-2663
407 S. Broadway
Post, TX 79356

Prayer Conference
With David and Amy Black
Prophetic Prayer • Soaking Prayer
Healing for the Broken Heart
August 16 @ 6PM
August 17 @ 8AM, 12PM & 6PM
August 18 @ 10:30AM
Meals provided at sessions.
First United Methodist Church
216 W. 10th St. • 990-2924

Happy 14th Birthday Ben Maxfield Ayala
Aug. 14th, 2013

Love You! Mom, Dad & Mysty

Lynn County Hospital District is pleased to announce...

DR. WILLIAM GRANT
INTERNAL MEDICINE
will be opening a
SPECIALTY CLINIC
beginning August 19, 2013.
Please call
561-4048 for appointments.

Lynn County Hospital District
1705 LOCKWOOD, TAHOKA • 561-4048

Service you can trust. **SPRING IS HERE!** NOW IS THE TIME TO HAVE YOUR COOLING UNIT READY FOR THE WARMER WEATHERS!
TANNER APPLIANCE HEATING & AIR
WE NOW DO ALL TYPES OF PLUMBING! — TIM TANNER: 806-495-1612


have a safe summer

Family Harvest Church
faith for living

Service Times
Sunday 10:00 a.m.
Wednesday Prayer 7:00 p.m.
(806) 495-1400
Pastor Joey & Kathy Hamlin

Shop Local!
•
Shop Post!