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The Host Bispatch A Builder in Garza County

C.W. Post

87th Year, Number 49

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Friday, July 27, 2012

12 Pages - 50¢

Study: Post Reservoir to cost \$66 million

By Wayne Hodgin The Post Dispatch

In 1968, when the first feasibility study was conducted on building a secondary reservoir near Post to serve the district's water needs, the cost was estimated to be about \$2.5 million.

the White River Municipal Water District board of directors, it was forecast that cost would jump to about \$65.7 million if the board were to move forward with building the reservoir today.

It would take nearly 20 years until it would be online, officials said. If the process were to start today, the lake would be complete by 2029.

The report was given to the board July 12 by officials with KSA Engineers of Longview.

A number of similar studies have been conducted roughly every decade since the initial report, including one paid for by the city of Lubbock in 1979, each with a heftier price tag than the previous study.

The lake, to be built in the northeast quadrant of Garza County, would cover roughly 57,000 acre-feet of water about twice the size of White River Lake — and provide more than 11,000 acre-feet of water per year to the district's water customers.

According to the consultants, about \$450,000 has been spent to date on engineering reports and updates

to the Post Reservoir plan.

In going through and highlighting some of the main points of the study to water authority members, consultants discussed three phases, including permitting, surveying and land acquisition and design and construction.

The permitting phase During a recent meeting of would take anywhere from four to 10 years at a conservative estimate of about \$4 million.

"The permitting phases can be very time-consuming, because it will trigger a lot of environmental studies," said Stephen Dorffman, an engineer with KSA. "Remember, you're talking about 3,000 acres of land you're, in effect, destroying to make room for your future water needs. Someone somewhere is bound to find a critter or a plant that needs to be saved."

Surveying and land acquisition would cost about \$3 million, and the design/ construction phases would, of course, be the most expensive at about \$57 million.

The cost to operate the lake on an annual basis would be about \$7 million a year.

Lubbock Mayor Glen Robertson, who was in attendance at the meeting, expressed his and the Lubbock City Council's willingness to continue

STUDY: POST RESEVOIR. continued on page 9



Photo by Wayne Hodgin/The Post Dispatch

Celeste Hoehne with the Texas Commission on Environmental Quality addresses questions from residents during a public hearing Tuesday evening on the water district's plan to move to Stage 3 of the drought-contingency plan.

More questions than answers during water hearing Area residents speak up on stricter drought rules

By Wayne Hodgin The Post Dispatch

About a hundred area residents showed up to a public hearing Tuesday in Post about the water district's decision to move to Stage 3 in its drought-contingency plan and seemed to have left with more questions than an-

White River Municipal Water District officials in a move earlier this month vot-

ed to move to the next step in its drought contingency plan based on a report from the Longview-based engineering firm of Johnson & Pace that stated White River Lake will be dry by February if no significant precipitation were to fall.

Among the plan's most stringent requirements is a ban on all outdoor watering.

That 180-day window between now and February has opened up the district to receive a near \$2.5-million grant from the state's emergency disaster relief fund.

Up until January, that fund

had been set aside strictly for widespread disasters such as wildfires, hurricanes and tornadoes — never to drought. Opening up that money to drought-stricken areas of Texas has many communities clamoring for aid.

Officials with the South Plains Association of Governments during Tuesday's

hearing the portion of the fund open to those droughtstricken areas is about \$3 million. The local water district is asking for about \$2.5 million of that.

"We'd pretty much be wiping out the entire fund if we receive what we're asking for," SPAG spokeswoman Kelly Davilla said.

MORE QUESTIONS... continued on page 9

Ride for a cause



Photo submitted by Brandy Fannon

James Fannon (center in sunglasses) of Post competed this weekend in the Cactus and Crude Bike Ride benefiting multiple sclerosis research. The two-day event started in Midland and finished in Post with more than 200 riders competing. Fannon's team included 17 riders from Apache Oil Co., one of the event's sponsors. The goal for this year's ride was \$240,000.

EMS official asks for more help

By Wayne Hodgin The Post Dispatch

The administrator of Post-Garza County Emergency Medical Services is asking for two new crew members for the next fiscal year to help staff the daytime hours for the local ambulance service.

Rodney Tidwell told members of the Garza County Health Care District board of directors during their regular meeting July 19 the fully volunteer outfit is overworked and understaffed.

"We provide very good care to our citizen and those injured or becoming ill while traveling through our county," Tidwell said. "Our service is fully volunteer, and we pay only a very small amount to our crews and only when we transport a patient."

Tidwell said the service is fully funded through insurance payments and transports about 60 patients to emergency rooms in Lubbock per month.

"We have a turnaround time, from page to return to station, of about three hours, and we run an average of two calls daily," he said. "This takes six to eight hours away from our work, and unfortunately several of our crew members are no longer allowed to leave their current employment to make these ambulance runs."

Tidwell explained to the board that state code mandates the service have two certified crew members on

> EMS OFFICIAL... continued on page 9



City of Post July 18: zero July 19: zero July 20: zero July 21: zero July 22: trace July 23: zero

July 24: 0.10 inches

Month to date: 0.55 inches Year to date: 15.32 inches Normal: 12.34 inches

Lake Alan Henry July 18: zero July 19: zero July 20: zero

July 21: zero July 22: zero July 23: zero July 24: 1.12 inches Month to date: 1.3 inches Year to date: 19.53 inches Normal: 21.11 inches

White River Lake July 18: zero July 19: zero July 20: zero July 21: zero July 22: 0.14 inches July 23: zero

July 24: zero

Month to date: 0.53 inches Year to date: 20.51 inches Normal: 13.11 inches

Source: National Weather Service, Lubbock.

OBITUARY



Jesse Basquez

Services for Jesse Basquez, 47, of Post will be at 5 p.m. Thursday, July 26, 2012, at Graham Chapel Church of Christ in Post with the Rev. Robert Wilson officiating assisted by the Rev. Noel White. Burial will be in Terrace Cemetery will be under the direction of Hudman Funeral Home.

He was born June 25, 1965, in Post. He graduated from

Post High School in 1984. He married Misty West on June 11, 2000, in Post. He worked for Hudman Furniture for 14 years and then as a transport officer for the Dalby Correctional Facility in Post for the last 10 years.

Survivors include his wife, Misty Basquez, of Post; mother, Candelaria Basquez of Post; sons Heath and Beth Fellhauer of Abilene, Hunter Fellhauer of Post and Holden Basquez of Post; brothers Toby Basquez of Post, Mark Basquez of Rotan, Dee Basquez of Post, Sammy Basquez of Lubbock and Joe Luis Basquez of Post; sisters Mary Gomez of Sundown, Alice Basquez of Post and Dora Perez of Post; and his motherin-law, Bert West, of Post.

In lieu of flowers, donations are suggested in Jesse's name www.hikeMS-at2012.org.

to: Tim Cook MS Walk at

Trailblazers-Senior Citizens Center Menu: July 30-Aug. 3

Monday:

Oven-fried chicken, bowtie pasta, broccoli, raisin salad, fruit,

Tuesday:

Sloppy Joes, potato salad, carrots, zucchini, fruit square,

Wednesday:

Roast turkey, dressing, sweet potatoes, pineapple, roll, milk Thursday:

Chicken spaghetti, carrots, zucchini, garlic bread, banana, pudding, milk Friday:

Chicken-fried steak, mashed potatoes, stew okra, gravy, pumpkin squash, milk

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Advtg. Deadline Monday at 5 p.m. website www.thepostdispatchonline.com

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Member Texas Press Association 2012

Emergency haying, grazing of CRP acres OK'd

Special to the Dispatch

In response to the area's continued drought conditions, the federal government has authorized emergency haying and grazing use of conservation reserve program acres.

Victor Ashley, executive director of the Garza-Borden County office of the U.S. Department of Agriculture's Farm Service Agency, said the emergency having period ends Aug. 31, and the emergency grazing period ends Sept. 30.

CRP land previously haved or grazed, either managed or

emergency use, during the previous 12 months is excluded from the having and grazing authorization.

Because of the current severe drought, all counties with a drought level of D0 or higher, as measured by the U.S. Drought Monitor, are approved for emergency haying and grazing of CRP.

Participants may sell hay harvested under this authority. Borden and Garza counties are approved for having and grazing of CRP under these provisions.

Additionally, there will be a 10 percent CRP payment reduction on the 2012 annual

payment for CRP acres used for haying and grazing under these emergency provisions.

To take advantage of the emergency having and grazing provisions, authorized producers can use the CRP acreage for their own livestock or may grant another livestock producer use of the CRP acreage. The eligible CRP acreage is limited to the acreage located within the approved counties.

Eligible producers who are determined by NRCS. interested in haying or grazing CRP under the emergency authorization and current CRP participants who choose to provide land for haying or

grazing to an eligible livestock producer, must first request approval to hay or graze eligible acreage; obtain a modified conservation plan from the Natural Resources Conservation Service to include having or grazing requirements, leave at least 25 percent of each field or contiguous CRP field unhayed or ungrazed for wildlife, or graze not more than 75 percent of the stocking rate as

a few

For information on emergency haying and grazing of CRP acres contact the Garza-Borden County FSA office at 806-495-2801.

Wyman Meinzer to conduct photo workshop

The Post Dispatch

Wyman Meinzer, the official photographer for the N. Ave. N., in Post. state of Texas and a professor at Texas Tech University, will conduct a night photography workshop in Post next week-

Topics will include painting with light and shooting in the moonlight.

The event is sponsored by the Caprock Cultural Asso-

ciation and will begin with a light supper at 6:30 p.m. Aug. 4 at the Heritage House, 109

The class will be limited

to 15 participants and will be awarded on a first-come, firstserved basis. Cost is \$200. For information, call 495-

4148 or email ccarts@poka.

Participants should know how to adjust their individual camera's basic settings; how to set their shutter speed and adjust the aperture settings manually. Also, participants should be familiar with how to adjust ISO, white balance, and operate a shutter-release cable or remote. A sturdy tripod for long exposures will be needed for the class. Other equipment needed includes a wide-angle lens with zoom (28-800 and camera with bulb setting.



Post Rotary Club

Steve Deaton, right, regional community manager for Xcel Energy in Lubbock, was the guest speaker Tuesday at the noon meeting of the Post Rotary Club. Deaton spoke on the region's increased energy usage and said this portion of Texas and eastern New Mexico is experiencing unprecedented growth, mainly due to the oil industry and its toll on the power grid system.

Wayne Hodgin/The Post Dispatch



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La Posta

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Blake attends Comic Con 2012

FRIDAY NITE

FISH FRY

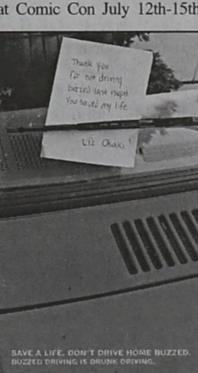
GARY NIX AND BAND

PLAYING ON PATIO

FRIDAY, AUG. 3

By Peggy Claborn Special to the Dispatch

Sam Blake, the great-grandson of the late Fay and Ruby Claborn, was recently invited to work the Ralph Bakshi booth at Comic Con July 12th-15th



at the San Diego Convention Center.

Sam really enjoyed the experience and exposure of the event, which helps expand his degree in digital animation he

earned from New Mexico State University this year.

If you are like me, you probably are wondering "What in the world is Comic Con?" Well it seems that 43 years ago a conference for all things doing with

comic books was started in San Diego. Now that is something I remember, "Comic Books!"

The event has now grown to encompass not only comic books but science fiction, television and movies. This year there were over 150,000 people from all over the world who came to enjoy this conference. Some dressed in costume of their favorite character.

The purpose of the booth is to offer to the fans, memorabilia, original works, and etc. of the person that has the booth. Mr. Bakski is well known in the animated film world.

The conference also had panels of celebrities that were available for questions from their fans. Several of the Twilight stars, Sylvester Stallone, and many others were there to answer questions and also to plug television shows and new block buster movies.

Sam also enjoyed the nice weather and temperatures that San Diego is well known for and he said the fresh seafood was wonderful!

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MIKE PORTER PLAYING ON PATIO FRIDAY, AUG. 10 WHITE RIVER MARINA

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Summer reading at the Post library

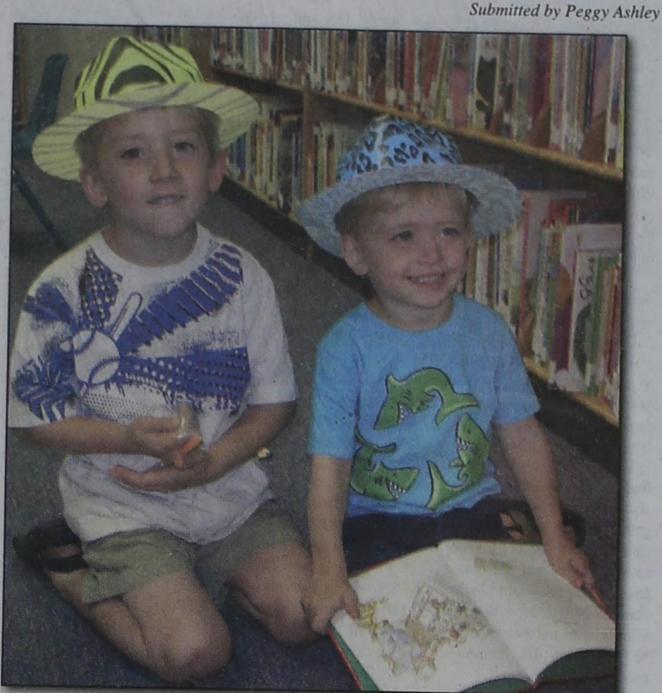
The Summer Reading Program at the Post Public Library is well under way. Students have June, or a total of 25 books, said Librarian Peggy Ashley. a few short weeks left to get in reading hours before the start of the new school year.

A handful of summer readers have been recognized for reading more than 17 hours since

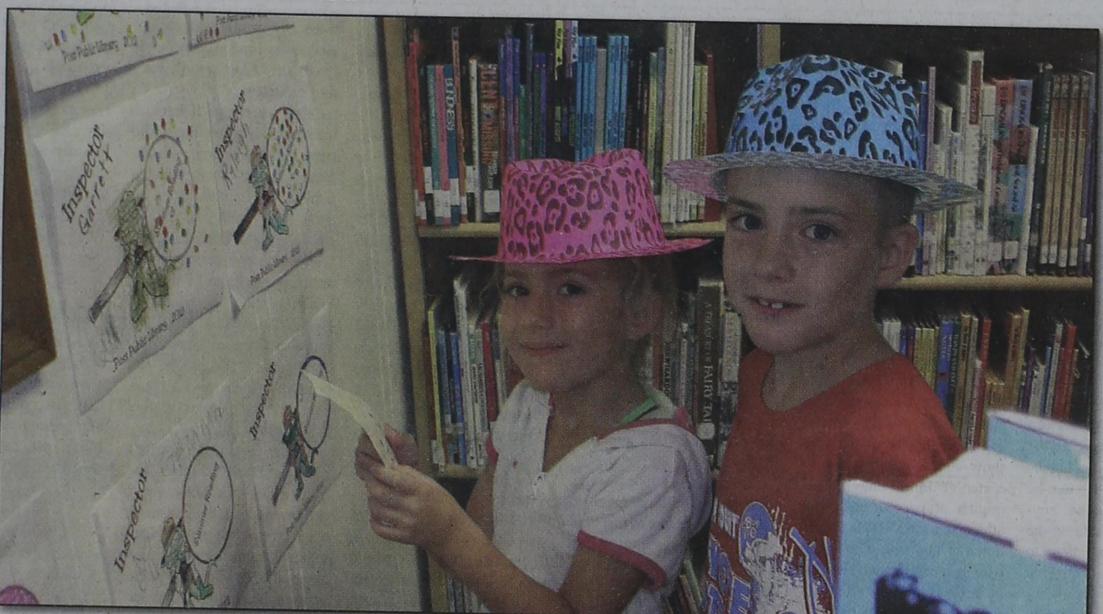
The children won a detective "Get a Clue" hat for their efforts.



Emily Hadderton displays her favorite book of the summer, "Weiner Wolf," by Jeff Crosby, a wonderfully illustrated children's book that tells the story of a Dachshund who yearns for a little bit more adventure.



Emmett and Wesley Collier read quietly in the children's book area at the Post Public Library.



Photos submitted by Peggy Ashley Leag and Kelly Spencer place stickers on detective posters to keep a tally of the books they have read throughout the summer.

Second annual camp



Lance Dunn/Special to the Dispatch Volleyball camp for students in second through ninth grade was last week at Antelope Arena. Training focused on passing, setting, hitting, serving, blocking and other tactics.

Family Harves Church

Welcomes

Evangelist Tim Brown

Make plans to attend these special services!

Friday, July 27th @ 7p.m.

> Saturday, July 28th @ 7p.m. Sunday, July 29th @ 10 a.m.

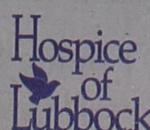
Evangelist Tim Brown has an anointing to see people saved, healed, and filled with the Holy Ghost. Tim carries the anointing of God through the message of faith. He inspires the believer to have a spirit of faith and acquire the knowledge of who they are "In Christ". Tim flows in the gifts of the Spirit and is used by God for miracles, signs, and wonders. Tim Brown currently resides in Natchitoches, Louisiana with his wife, Tammy, and their four children; Scott, Justin, Hope, and Ethan.



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In and Around Close City by Traci Freeman

Hi everyone. I hope you all are having a great week so far. Talk about crazy West Texas weather. Monday evening we got seven-tenths rain at the gin, an inch and two-tenths fell at the Ellis-Freeman corner one mile west of the gin; Robbie Wilke got a half-inch a quarter of a mile south of the gin; Ronnie Dunn didn't get anything a mile and a half north.

But considering all the craziness, the cotton is looking fairly well.

Dana and Laura came back to visit one more time before time to get ready for the new school year. Dana is the daughter of Jack and Jean Morris. Her and her family live in Longview.

We had a few birthday celebrations around the county last week. The Morrises all got together at Holly's and celebrated Tim's birthday; Ryan came out to the house and celebrated his 22nd birthday with dinner. Hard to believe he is that age already! But makes me proud he still wants his mamma's cooking.

by for a few minutes on Monday. Kayla is here visiting with

her family. Her and her husband live in Twentynine Plams, Calif., were Dan'l is stationed. I also learned Barry and Amy were taking Hayden to meet Brooke after getting to keep him for a week and had the pleasure of stopping in Brownwood to eat as guess where -Underwoods. Yummy. Needless to say they didn't bring us any leftovers.

We have ordered another your daily prayers. round of T-shirts. This time we have ordered several really fun colors. We'll let ya'll know when they come in.

Quote of the week: "Life is too short. Enjoy it while it's yours," taken from Traci Butler's Facebook page.

Did you know: John Wayne's real name was Marion Michael Morrison.

Close City Birthdays

I missed Soffi's birthday last week! She celebrated her second on the 25th

July 27th - Matthew Nor-Barry, Amy and Kayla came man, Megan Bush Everitt, of the Close City community. Cindy Terry Herridge

July 28th - Jake Gonzalez, pcca.com.

Will Yarbro, Kim Fluitt Winn July 30th – Jean Morris August 2nd – Robbie Wilke

Close City Anniversaries August 1st - Robbie and Traci Freeman

There are those that are ill and could really use our prayers. Be sure and keep those in need as well as our crops and rain in

Ragtown folks in the nursing homes we need to remember are: Claudine Tipton; Carmen Abraham; Mary Gayle Young, Velma Long Brown in Post; Jean Tipton in San Angelo; Jewel White in Lubbock. Others are, Mack Ledbetter in Slaton; John and Mary Gist in Lubbock in Lubbock. Please let me know if there is anyone I need to add to this list.

Everyone have a great week. Keep rain, the crops and our country in your daily prayers. See ya next week!

Traci Freeman is a resident Email her at close.city.coop@

Post Notes

Events are listed free of charge for nonprofit civic organizations, schools and community events. Submit listings at least two weeks ahead of the date. Listings will run through the date of the event. Emailed submissions are preferred to thepostcitydispatch@gmail.com.

Southland reunion

The Southland school reunion will begin at 3 p.m. Aug. 4 at the school gym. Meal will be served at 5:30 p.m. Tickets are \$10 per person. Guest speaker will be E.L. Dunn on "The Southland Story: 1900-1975." For information, call 806-828-6070.

Fair entries

Anyone who wishes to have entries in the South Plains Fair are encouraged to due so before 5 p.m. Aug. 9 at the Garza County Extension Office. For information, call 495-4400.

Goat/lamb validations

Tag orders are due in the Garza County Extension Office no later than 5 p.m. Aug. 22. For information, call 495-4400.

Graham Ole Opry

Events are canceled for the months of July and August. Next event will be Sept. 22.

Basic photog class

A basic digital photography class will be offered at 2 p.m. Aug. 2 at the Post Public Library. Classes are free, but because of limited space, pre-registration is required. To register or for information, call 806-990-9901.

Trailblazers fundy

The fourth annual Howdy Y'all Day will be from 11 a.m. to 2 p.m. Aug. 11 at the Garza County Trailblazers senior citizens center, 205 E. 10th St., Post. Hamburger plates with all the trimmings, including drink, dessert and chips will be sold for \$7. Raffle tickets also are being sold for a big-screen television with Blu-ray home the-\$5 or \$1 each. All welcome.

Post Elementary

8 a.m. to 3 p.m. Monday through Thursday. Prereg-

istration for the 2012-2013 school year is still open. If your student attended this year they are automatically pre-enrolled for next year. Any child who will be 4 on or before Sept. 1 is eligible for a full-day prekindergarten program. Stop by the school office or call 495-3414 for information.

Parkinson's support

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The West Texas Parkinsonism Society meets at noon the first Tuesday of each month in the library at the Covenant Neuroscience Institute, 3610 22nd St., Lubbock. Lunch provided.

Donations needed

Five-Stone Ministries, a nonprofit 501c3 organization, is in need of the following items: men's work clothes, men's work shoes, workable washers and dryers. Some women's items ater system. Cost is six for also are needed. For information, contact O.L. Ferguson at 806-781-1156. Monetary donations welcome at Summer office hours are P.O. Drawer 669, Post, Texas, 79356. All donations are tax deductible.

Life of C.W. Post, continued

By Linda Puckett Legends

As we left off last week, Miss Idah McGlone Gibson was interviewing C. W. Post in Battle Creek, Mich. They have just left the Post Tavern, where Mr. Post resides. He asked her to drive (in his motor car) over to his office (located at the Post Cereal factory) where "we can talk better." Her story continues.

We took a roundabout way to "the office" and he showed me, with remarkable pride, the beautiful commodious homes of his employees. Homes he had made possible by buying the land and building the homes, then selling them to the men at cost and on long time.

"I never give people any-ness sense interested.

thing," he said, "but put them want themselves."

The building devoted to the heads of the business is furnished with oriental rugs and early English furniture, and while every office has its complement of fine pictures, yet so large is his collection of paintings that they overflow into the halls and entirely fill the splendid gallery built especially for them in the center of the building. Here again does the absolute independence and individuality of the man show itself. Hanging beside a George Inness may be the original drawing of one of his advertisements; both mean much to this man who seems equally pleased when his artistic taste is gratified or his busi-

We had reached Mr. Post's in the way of getting what they office by this time, a long room with beautiful curtained windows on three sides. There he seated himself at his desk, over which hung an autographed picture of Lincoln.

martyred president?" "

rupted, "I loved him. The Lincolns used to live near my home in Springfield (Illinois), and I always called him 'Uncle Abe' and 'Aunt Mary.' Until I was 7 years old, I thought they were really my aunt and

his apples, and I can remember the talk he gave me to this day. Since then I have always had a distinct notion that the man who wrote about the sweetness

what he was taking about." "What is the secret of success?" I ask.

"Great Scott!" he exclaimed, "There is no secret about it. It's keeping everlasting at it-the stick-to-itiveness and belief in oneself, which can put one's wildest imagination to the test.

"One of the things I have "You are an admirer of the never been able to understand is why anyone would con-"More than that" he inter- sider that Adam and Eve were cursed with work when they were turned from the Garden of Eden. Then and there was conferred on them, and those who came later, the greatest of

"Work is the great panacea for grief, the conserver of life "He caught me once stealing and surety of success. I have worked all of my life and expect to keep on working until I die. True, my organization is so complete that I have so little to do with the business except of stolen fruit did not know 'touch on the high places' as it

were. My people take care of race. Here were congregated a all the detail and have made me 'the court of last resort'; but I find enough to do.

meeting with my architect, who came in the same train with you from Chicago, about building a block of English shops on some land I own near the hotel. I think the usual buildings which house American shops are an eyesore and I am going to try to show the people of Battle Creek how much the shops and business streets may be a part of making the city beautiful. Speaking of cities, here are a few picture postals of Post City.

"Some years ago I bought a ranch in Texas, 25 miles long by 20 miles wide, and my wife and I went down there often for a little breath of nature. During one of our horseback rides about the country, we came upon a beautiful natural terfew houses used by the men on the 'ranch'.

"Let's build them a city," "This morning I have a I proposed to my wife one day. She saw the romance of the idea and entered into the scheme with great enthusiasm, and although at the time there was no railroad within 80 miles of the place, we immediately began to 'put imagination to the test."

> Mr. Posts' "Great Scott" reply is so simple, yet Americans of today just don't seem to get it anymore. Wish we had a C.W. Post running for the office of president. He'd get my vote. Don't miss next week as we continue with rest of the story.

Linda Puckett is executive director of the Garza County Historical Commission and museum.

What Menu?

Read Luke 11: 9-13

To [the One] who is able to do immeasurably more than all we ask or imagine . . . to him be glory.

"What are our chances of ordering something that is not on the menu?" As I finished speaking, the expression on the server's face said, "Are you kidding me? You want to order something that is not on the menu?" He looked at me as if it were clear I could not honestly expect that.

But I was serious. I asked him to check, and I was able to order something that was not on the menu. The cook had

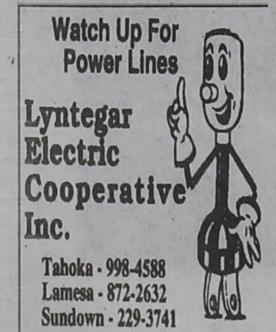
no problem preparing it, and I paid a fair price.

When we pray, we can pray knowing that God does not answer only the prayers that are "on the menu." We see our situation and think about what we want from the Lord. We may pray with specific answers in mind, limiting the Lord to a "menu." We forget the words of Jesus, "With God all things are possible!" (Matt. 19:26)

- Ephesians 3:20 (NIV)

Jesus taught that we can ask God for anything (John 14:13-14). However, while making our requests known to God is right, we can remember that God is able to answer our prayers in ways we never thought about. We restrict our prayer life when we ask God for answers so specific that we close our eyes to some other response.

Jonathan Ibarra (Texas, USA)



Church Directory

Assembly of God Bethel Assembly of God (Bi-Lingual)- 407 May street Lifeline Church- 108 N. Broadway Calvary Baptist Church- 210 E. 6th Street, 990-2342

First Baptist Church, Post- 402 W. Main Street, 495-3554 First Baptist Church, Wilson- 806--628-6333 Grace Baptist Church- 820 N. Avenue S- 990-3497 Justiceburg Baptist Church- Justiceburg Pleasant Home Baptist Church- E. 14th & N Ave F Pleasant Valley Baptist Church- Hwy 84 & N. 399 (806) 828-4174 Southland Baptist Church- Southland Temple Bautista- 315 W. Main Trinity Baptist Church- 915 N. Ave O, 990-3038

Catholic Holy Cross Catholic Church- Ave K and Main Street- 495-2791

Church of Christ- 108 N. Ave M 495-2326 Graham Chapel Church of Christ- 15th & Ave S

Church of God Church of God of Prophecy- 602 W. 14th, 495-3644 Power House Church of God and Christ, Pine Avenue Disciples of Christ First Christian Church- 812 W. 13th, 495-3716 **Evangelical Methodist**

Faith Chapel- 1105 Green Street, Wilson (806) 628-0018 Methodist First United Methodist Church- 216 W. 10th, 990-2942, Nazarene

Post Church of Nazarene- 202 W. 10th, 495-3044 Grassland Church of Nazarene- 327-5656 Presbyterian

First Presbyterian Church- 910 W. 10th, 495-2135







Phone: 325-573-6374



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COLUMNS



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The Doctor Is In By Dr. Benjamin Edwards

True health-care reform starts closer to home

By Ben Edwards The Doctor Is In

The health-care debate has been back in the news lately with the Supreme Court's recent upholding of Obamacare.

Unfortunately, I don't foresee Obamacare or any other government-initiated healthcare reform really improving your health. After all, as I have stated before, the medical industry is in the business of sick care not health care.

Managing illness by continuing to treat symptoms and lab numbers with synthetic pharmaceuticals is the paradigm taught in medical school. However, in my opinion, you can never medicate or surgerize yourself into true health.

Clinical nutritionist and naturopath David Getoff put it best when he said "There is no treatment or drug that can overcome or negate the built a gym on-site and hired effects of a poor diet, in- a personal trainer. Each emadequate nutrition, lack of ployee gets an hour to work- local physician specializing exercise and an unhealthy out daily. Then he hired a in holistic medicine and nulifestyle."

I'd like to show you a picture of true health-care reform right here in your own back yard. Vertical Turbine Systems is a local company in Lubbock that manufactures industrial-size pumps that move massive amounts of fluid.

About five years ago the president of VTS, Doug Allen, felt like God laid on his heart that he needed to steward his 100-plus employees' health better than he was. He noticed that most of his workers went home at lunch, drank a soda, ate a meal heavy in carbs (tortillas, rice, chips) and then came back in the afternoon and experienced severe blood sugar fluctuations that really affected their performance.

So, he hired a chef, built a kitchen on-site, and implemented a healthy breakfast, lunch and snack options for the employees. Then he chiropractor and massage therapist and provides treatment rooms so that each employee can get a treatment weekly.

Over the past five years he has noticed work-related accidents decreased dramatically, health insurance utilization decreased, productivity went up despite decreasing the number of hours per week his employees worked. His employees are healthier, and his company is more profitable. This is true healthcare reform.

In my opinion, businesses will be the driving force of true health-care reform. When companies are faced with the possibility of going under (see GM) because of skyrocketing health-care costs and they figure out that aggressively implementing nutrition and lifestyle changes will lead to an improved bottom line, we may start to see some true health'care.

Dr. Benjamin Edwards is a



The 501

Hanaba Munn Welch



Patent Pending

By Hanaba Munn Welch The 501

Everybody is an inventor. It starts when we are in the crib, figuring out the best ways to grab our toes. But toes don't count if you don't get a patent. Who invented patents?

The Greeks, per hearsay and Wikipedia:

Athaneaus said Phylarchus said culinary artists in Sybaris could get one-year patents on recipes. Maybe one of those Sybarites invented stuffing food into grape leaves.

RESEARCH PAUSE.

Nope, that Greek specialty supposedly came straight from the gods on Mount Olympus. Hmmm.

If you're a Greek god, you probably don't worry about patents. Even so, a story about inventing and patenting something could be a gripping Greek drama, laced with intrigue, fired by competitive energy and flavored with jealousy. Maybe a patent-stealer gets his come-uppance by being eternally banished to a forlorn remote place or assigned some everlasting duty or both. That's my take on Greek mythology. Characters always get what's coming to them, whether they

After ancient Greece, Italy shows up next in the scheme of all things patented. You might be thinking Italians, inventors of la dolce vita, wouldn't have had the organizational bent to be early players in establishing model patent processes. On the other hand, obscure pun intended, there's the Mafia. They

deserve it or not.

don't call it organized crime for nothing. Italians are creative and organized to boot.

In 1421 in Florence, Renaissance epicenter, Filippo Brunelleschi, an artist and architect with talents foreshadowing soon-to-arrive-on-thescene artist-inventor Leonardo, invented and patented a flat-bottomed boat designed to carry loads of marble on the Arno. Brunelleschi's riverboat somehow got nicknamed "Il Badalone," meaning "The Monster."

By the time he launched the vessel, paddlewheels and all, his history-making patent had expired. What's worse, despite the tough-sounding name, the big boat sank. Oh well. At least Brunelleschi charted new waters when he convinced the powers that were to grant him that patent.

Fast forward to ice trays. Remember those old metal ones with levers to pop the cubes out? I'd like to struggle again with one of those frosty trays - and win. They were monsters. In fact, maybe they resembled "Il Badalone," minus Email her at hanaba.quanah@ the paddlewheels.

INTEGRACARE

Imagine the lever in the raised position as a hoist for the pieces of marble. It's a stretch, but when it comes to miniature boats, imagination is key. Add the right rigging, and a peanut shell becomes a galleon, not that I've ever built one. Maybe there's time.

Back to ice cube trays. The latest ones have notches in the cube compartment dividers at either end to improve tray flexibility and make the ice pop out smoothly. If you have an icemaker, your life won't change. Mine will. No more beating trays half to death to get the last stubborn cubes.

If the notch inventor didn't get a patent, he's probably somewhere beating himself half to death.

That's what I'll be doing too if anyone ever uses either big rubber bands or springs to store excess energy produced by wind turbines.

You heard it first right here.

Hanaba Munn Welch is a regular columnist and contributor to the Post Dispatch. gmail.com.

Preparing soil for herb gardening

By Nancy McDonald Special to the Dispatch

(Editor's note: The following column is the third of a three-part series on herb gardening.)

Good soil is the key to an easy-to-maintain garden. While most herbs are pretty hardy and require little care, you'll still find that a little preparation goes a long way.

Good soil is 50 percent solids and 50 percent porous space, which provides room for water, air and plant roots. The solids are inorganic and organic matter.

The inorganic portion of soil can be divided into three categories based on the size of particles it contains. Clay has the smallest soil particles; silt has the medium sized particles and sand has the coarsest particles. The amount of clay, silt and sand in a soil determine its texture. Loam, the ideal garden soil, is a mixture of 20 percent clay, 40 percent silt and 40 percent sand.

Organic matter is material that was once living but is now dead and decaying. You can use such materials as ground corncobs, sawdust, bark chips, straw, hay, grass clippings, and cover crops to serve as organic matter. Your own compost pile can supply you with excellent organic matter to enrich the soil.

If non-composted materials are used, the microorganisms that break down the materials will use nitrogen from

the soil. To compensate for this nitrogen loss, increase the amount of nitrogen fertilizer that you incorporate into the soil.

Butternut Squash Soup with Sage

1 tablespoon vegetable oil 2 1/2 pounds butternut squash, peeled and seeded

and cut into 1-inch cubes 2 medium tart apples,

cored and sliced 1 large onion, chopped

1 tablespoon sugar

1 teaspoon ground corian-

1/4 teaspoon cayenne pep-

3 cups chicken broth (certified organic)

1 tablespoon butter or margarine

12 fresh sage leaves

Heat oil in saucepot over medium heat. Add squash, apples and onion and cook until almost tender. Stir in sugar, coriander and red pepper. Cook and stir 2 minutes. Add broth. Heat to a boil. Cook over low heat 10 minutes or until squash is tender. Place cooked squash mixture in food processor, using a slotted spoon. Cover



Nancy McDonald

and blend until smooth, adding enough cooking liquid to make soup of desired consistency. Heat butter in small skillet. Add sage and cook until crisp. Remove and drain on paper towels. Reserve butter in skillet. Divide soup among 4 bowls. Drizzle each with sage butter and garnish with fried sage leaves.

Calories: 257 | Total Fat: 7.2g | Cholesterol: 11mg

Researchers in the Texas A & M University Family and Consumer Sciences Department have developed a small pinwheel and recipe booklet with the various herbs and how to use them. There is a small fee but I will have a few in my office at 215 W. Main St. if anyone is interested. For information call 806-495-4400.

Nancy McDonald is the family and consumer sciences agent for the Texas AgriLife Extension Service in Garza County.



806/632-0458 Cryptogram A cryptogram is a puzzle where a sentence is encoded by substituting the actual letters of the sentence with different letters. The challenge of the puzzle is to 'decode' the sentence to reveal the original English sentence. We have provided a few of the decoded letters to help get you started. Hint: Quote by William Shakespeare Cryptogram Solution on page 7 ABCDEFGHIJKLMNOPQRSTUVWXYZ BAAT ORWVYN RWMNITB OA S O S O S O S O S O S RWMNITB OA XI P

Justice-Mason Funeral Home

1. Change places 8. More drab color

15. Divided into small

spaces

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19. Atlas enlargement

20. Length x width, for a

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22. "Whatcha ___?" 23. Whispers sweet noth-

24. Backless seat

25. Decide to leave, with

26. "___ we having fun yet?"

27. Risk

28. European language

29. Cut

31. Electric dart shooter

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has acres o' charms": Burns 33. Freudian topics

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Abbr. 47. Abreast (of)

48. Stallion, once

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through anecdote 52. Issue

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tan lifestyle

55. Feed

57. Instruct again 58. Accord

59. Heavy, filling foods 60. Most rancid

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5. Came down 6. Bug

7. Lesser quality substitutes

8. Falling star 9. Presidential assassin 10. "It's no ___!"

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13. Overshadow 14. Come in again CROSSWORD PUZZLE

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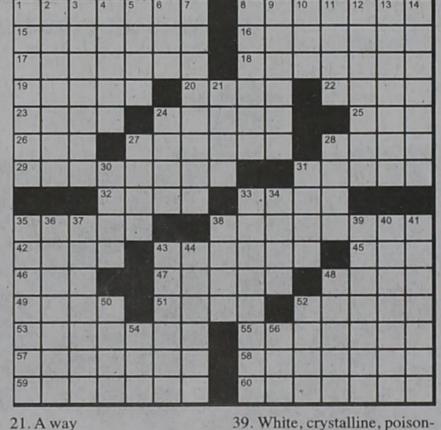
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21. A way 24. ___ souci

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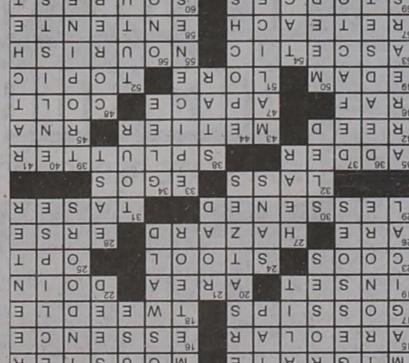
41. Notched wheel and pawl 43. Bad feeling

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PUZZLE SOLUTION



SORRY TO HOUND YOU

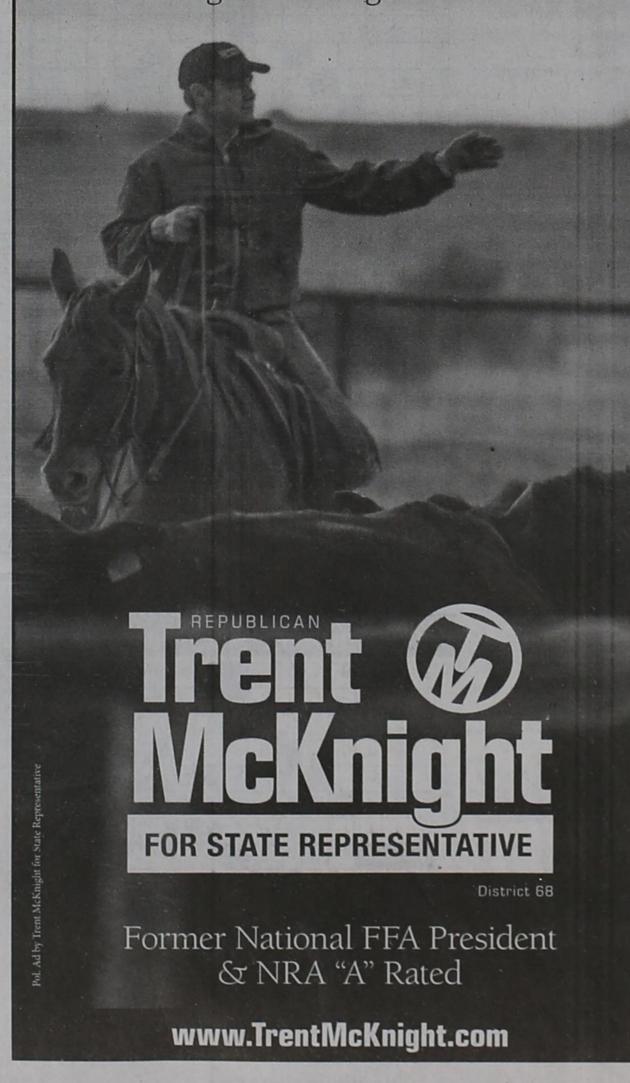
But Trent McKnight needs YOUR VOTE in the Republican Primary RUNOFF!



Endorsed by Texas Commissioner of Agriculture Todd Staples

Early Voting: July 23rd - 27th

"Trent is a dynamic and energetic leader that understands rural Texas, the importance of protecting private property owners' rights and keeping government limited. He will fight for taxpayers and against government growth."



COLUMNS

Yesteryears

10 Years Ago July 22, 2002

Garza County Sheriff's dispatchers were worried Monday and Tuesday night with the disruption of 911 emergency telephone service. In addition to the 911-disruption, telephone service to the "outside" world was also unavailable Monday and Tuesday night. Area businesses were unable to trans act credit charge transactions and other communication business outside of the Post area. The sheriff's department was informed by its Lubbock counterparts that Valor Telecom was repairing an optical line. "Cell phones didn't work either."

A 58-year-old Albuquerque, N.M. was killed on U.S. #84 near Post Friday in a rollover. Victoria Bates was traveling northwest at about 6 p.m. when her vehicle, a 1998 ford, sideswiped a 1997 Peterbilt truck in the adjacent lane, according to reports. Mrs. Bates was not wearing a seatbelt.

Another \$25,136.02 has been added to county and state funding as a result of traffic fines issued in Garza County during the month of June.

Representatives of the Post Fire Department spent much of Monday evening rounding up cattle that escaped when an 18-wheeler overturned just outside the city. No one was injured in the accident, reports indicate but about two-dozen of the 79 cattle being transported were killed.

The Garza Theatre's annual Harley Sadler Show tribute is part of an historic profile on the showman featured in August Texas Highways magazine.

> 20 Years Ago July 29, 1992

A total of 1,250 theatre patrons have visited Post the first two weekends of this summer's "A Harley Sadler Show" at the Garza Theatre.

The Post Stampede Rodeo Association is very busy working on the rodeo grounds in anticipation of the August event.

The redistricting committee approved two plans, Plan A-1 and Plan C, to be submitted to the City council during a short session Thursday night.

Garza County commissioners voted at the regular meeting Monday morning to set aside \$500 from each precinct to share the initial \$4,000 cost for engineering work on the City of Post applications to open a new landfill site adjacent to the current facility.

A Memorial Service was held Monday afternoon for Dr. Harry Tubbs, M.D. who died Saturday, July 25, 1992 at Garza Memorial Hospital. Dr. Harry Tubbs gave almost 40 years of Elk City, Okla., who was medical service to citizens.

Matt Collin McCook, son of Dr. and Mrs. Charles McCook of Post was one of 784 students at Abilene Christian University named to the Dean's Honor Roll for the spring 1992 semester. McCook is a 1991 graduate of Post High School.

Marine Pfc. Brandon W. Wilson, a 1991 graduate of Post High School recently completed recruit training and was promoted to this present rank. He joined the Marine Corps in March 1992. Jay McCook, son of Dr. and

Mrs. Charles McCook of Post, was one of 469 participants in Spring Commencement at Abilene Christian University. McCook, a 1987 graduate of Post High School, earned a Bachelor of Science degree in interdisciplinary studies: physical education and biology.

Marine Pfc. Robby Blair, son of Roger D. and Cherryl Blair of Post, recently completed recruit training and was promoted to his present rank. The 1990 graduate of Post High School joined the Marine Corps in March 1992.

> 30 Years Ago July 29, 1982

Kent Kirkpatrick, a native of the Post, Texas area and a graduate of Texas Tech University, is currently performing in the 9182 Wisconsin Shakespeare Festival at Platterville, Wiscon-

New City Manager, Rebecca King will begin her duties here August 15 at a salary of \$20,000 which was already budgeted according to the city council which met at regular session Thursday with Bill Pool acting as mayor pro-team.

Mr. Jack Alexander was promoted to the position of senior vice-president during a recent meeting of the First National Bank of Post, and Mrs. Shirley Pruitt was promoted to the position of asst. cashier. Both promotions are to be effective immediately.

> 40 Years Ago July 27, 1972

Sheriff J.A. (Jimmy) Holleman left by car Tuesday afternoon for Saint Louis to pick up and return Terry Wayne Travis, 26-year-old Missourian, to face charges in connection with last week's crime spree in which a revolver was pulled on Ken Marts and Julian Smith's station wagon was stolen.

Post's first ever Old Fashioned Sale is scheduled for Saturday as a town-wide Post Chamber of Commerce retail promotion.

Archie Lynn Redman, 34,

born and reared in the Post and Tahoka vicinities, was killed Monday morning in an oilfield accident near Strong City,

Okla. Relative here said the fatal accident occurred when a drill line broke while Redman was working on a derrick. He had been an employee of the Parker Drilling Company for the last several years. Two Post area men, Mi-

chael Dee A. Hays, and Phillip B. Mathews, have recently enlisted in the U.S. Air Force, according to Sgt. Hagan Breeding, local Air Force recuiter stationed in Lubbock. Hayes a 1972 graduate of Post High School has departed for Lackland, Texas AFB,. Matthews also a 1972 graduate of Post High has selected the Mechanical Aptitude area and is at Lackland, Texas AFB, for six weeks of basic training.

Post High School senior Roger Pace has won two first places in the shot put the last two weekends at Snyder and Lubbock according to Lane Tannehill, high school track coach.

> 50 Years Ago July 26, 1962

The White River Board of Equalization will meet in the city council chambers here in City Hall next Tuesday, July 31st to hear any property owners who wish to protest increased tax assessments.

J.H. Browning, 32-year-old employee of the Grayson Drilling Company of Snyder, suffered a fractured skull and deep head lacerations about 6:30 p.m. Friday when a chickson joint hit him in the head while cementing pipe at the Matlock No.1 Well, 12 miles Northwest of Post. Browning who lives at 505 Avenue I here in Post, was treated at Garza County Memorial Hospital and rushed to Lubbock by ambulance to the Methodist Hospital in Lubbock.

The Texas Water Development Board will consider Friday at Austin the request of the White River Municipal Water district directors for an additional \$450,000 loan fund to complete financing of the big water project.

The condition of Paul Capps, 47, was reported as "still serious" yesterday afternoon in Garza Memorial Hospital, where he was taken early Monday evening after suffering a knife wound in the abdomen during a fight at his home. J.D. Collins, 43, is being held in the county jail on a charge of aggravated assault with a deadly weapon in connection with the stabbing.

> Compiled by Elizabeth Moreno

Grazers can turn to johnson grass for forage

By Greg Jones Special to the Dispatch

I have had a few calls over the last couple of weeks about grazing johnson grass. Livestock producers can

quickly lose animals if forage is not carefully monitored especially when pasture conditions in the area are continuing to decline because of growing drought conditions.

This has resulted in most pastures starting to have a late-summer appearance. One source of foraging that seems to be surviving the drought and doing quite well, in many areas, is johnson grass.

With the lack of adequate forage, johnson grass is competitive with other forage if left unchecked. It is also drought tolerant and is often one of the last plants to stop growing during a drought.

Johnson grass yields can approach 3 to 5 tons per acre under good growing condi-

tions. Nutritive value estimates of 10 percent of crude protein and near 60 percent total digestive nutrients are common. In addition to nitrate toxicity potential, another potential negative to utilizing johnson grass is that it has high potential to produce hydrogen cyanide (HCN). This is more commonly known as prussic acid. The forages used are most likely to produce toxic levels of HCN are the grain sorghums, johnson grass, sorghum-sudan grass hybrids and sudan grass.

Safety measures

During droughts, grazing pastures that are mainly johnson grass should be avoided, if possible. Do not rely solely on drought-damaged forages as the only source of forage. It is important to keep some other form of dry forage available at all times.

Following are some points to remember.

· Test for prussic acid -

especially during dry periods after small rain events.

· Do not graze cattle if they are hungry. Feed hay and begin grazing in late afternoon.

· Restrict grazing until plants are at least 24 inches tall. Young, succulent growth and re-growth have greater concentrations of hydrogen cyanide than more mature growth.

· Do not graze regardless of height within four days following a good rain. This is the time when rapid, new growth of young plant tissue occurs.

· Do not graze wilted plants or plants with young regrowth; ribbon-like appearance on the leaves is normally an indication of prussic acid. The best management practice will be to harvest this as hay.

Greg Jones is the agricultural agent for the Texas AgriLife Extension Service in Garza County.

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Food safety a growing concern

Number of imports weighs heavily on health of U.S. residents

By Rod Santa Ana Special to the Dispatch

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The trends are stark and unmistakable: During the last 10 years, fruit and vegetable imports from other countries to the United States have increased sharply with no letup in sight, according to data from the U.S. Department of Agriculture.

As of 2010, almost half of the fresh fruit and a quarter of the vegetables consumed in the United States were imported, according to Luis Ribera, an agricultural economist at the Texas AgriLife Research and Extension Center at Weslaco.

Most came from North and South America, but an increasing number of fresh fruit imports are coming from China, Ribera said.

"China is now the fourth largest importer of fresh vegetables to this country," he said. "That's a concern, especially when you consider the well-publicized problems we had in the past with contaminated Chinese dog food, milk and baby food." Other cases of contami-

nated food include produce from Honduras and Mexico, Ribera added.

As food-borne illness outbreaks grab headlines, food safety is drawing the attention of lawmakers, said Juan Anciso, a Texas AgriLife Extension Service horticulturist and food safety expert.

"Assuring safe food supplies is increasingly important for fresh fruits and vegetables as state and federal governments eye legislation to regulate safety issues, both domestically and interoutbreaks," he said.

The increase in perishable food imports is due to cheap labor and favorable growing conditions in China and other countries, Ribera said. But with that comes an inherent and increased risk of contaminated food.

For decades, Chinese officials had been concerned with simply feeding their billion-plus population, Ribera said. Now that they are an important food exporter, "China now has to focus on food safety, to be sure there

are no issues."

Ribera was recently in Shanghai and Beijing to present a talk on food safety at a conference of the International Food and Agribusiness Management Associa-

He spoke to academia as well as private and public food managers on the economic implications of the U.S. Food and Drug Administration's new Food Safety Modernization Act, signed into law last year by President Obama.

"What this law basically nationally, because of past says about imported fresh produce is that the importer/ broker who imports fresh produce from overseas into the U.S. is now liable for that produce once it's in the U.S.," Ribera said.

The new law sets food safety standards on production, harvesting, handling and packaging on all produce, including imports, Ribera said. Until now, such standards had just been guidelines.

"At this point, the produce rules. industry is waiting for the rules of the new FSMA that

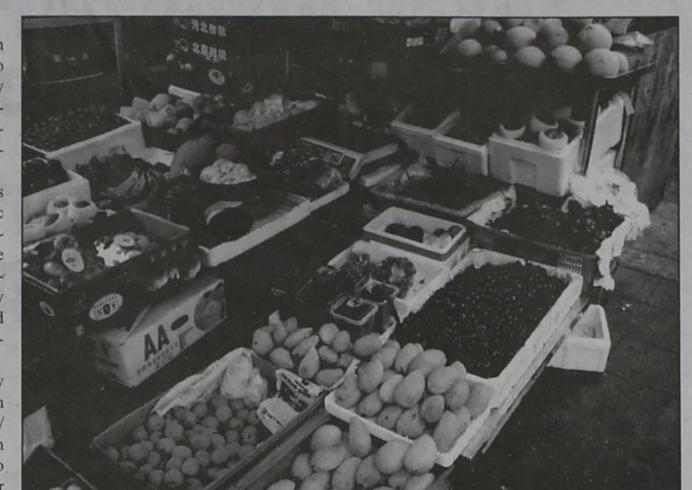


Photo courtesy of Luis Ribera/Texas AgriLife Extension Service Imports to the United States of Chinese produce, shown here at an open market in Beijing, are increasing dramatically, increasing concerns about food safety.

they will have to follow, which could take one to one and a half years," he said. "

Ribera and others are developing a cost analysis of the new

"We're currently working on a project that will measure the impact of FSMA on fruit and vegetable production in Texas, California and Florida, as well as any impact on produce imports," he said.

Ribera said the study will be completed next year, but suspects the new rules will likely

increase the cost of production for fruits and vegetables, both domestically and overseas.

Rod Santa Ana is a communications specialist with the Texas A&M University

Governor, first lady endorse Trent McKnight

Early voting continues ahead of Tuesday's runoff

Special to the Dispatch

Texas Gov. and first lady Rick and Anita Perry have announced their endorsement of Throckmorton rancher Trent McKnight in the Republican primary runoff for Texas House District 68.

Perry, a former rancher and native of Haskell County, also represented some of the counties in House 68 when he served in the Texas House from 1985-1990.

endorse our family friend Trent McKnight in the July Republican primary runoff for state representative," Gov. Perry said. "Our home, Haskell County, is part of Texas House District 68, and we know Trent McKnight's values, his proven leadership as former national FFA president and his energetic pas-

sion for rural Texas." Gov. Perry also noted McKnight's deep roots in ranching, his past public service experiences including participation as an overseas citizen agricultural advisory to the U.S. military in Iraq and service on the Brazos River Authority prepare him for addressing the economic development and future water needs of rural Texas.

Anita Perry, a former nurse and daughter of a small-town doctor, also complimented McKnight

Thanks for

and his family for their Agriculture Todd Staples, dedication to public education and with expanding health-care access to families and small towns in rural Texas.

"I am humbled and honored to have the governor and first lady's endorsement. They have both been role models for me and many others in rural Texas," McKnight said. "I strongly support the governor's leadership for conservative values, his conservative budget compact "Anita and I are proud to and his belief that Texas is better with less government and lower taxes."

> McKnight has also earned the endorsement of retiring state Rep. Rick Hardcastle, Texas Commissioner of

the Texas & Southwestern Cattle Raisers, the Texas Farm Bureau and received the NRA's "A" rating.

In the May 29 Republican primary, McKnight received 49 percent of the vote, winning 21 of 22 counties in Texas House District 68.

The Republican primary is Tuesday. Early voting runs through today.

Texas House District 68 includes Childress, Collingsworth, Cooke, Cottle, Crosby, Dickens, Fisher, Floyd, Garza, Hall, Hardeman, Haskell, Jack, Kent, King, Montague, Motley, Stonewall, Throckmorton, Wheeler, Wilbarger and Young counties.

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Ridin' and ropin

Photo by Wayne Hodgin/ The Post Dispatch

Dakota McDonald of Post aims to rope a calf during the breakaway competition Monday during the state 4-H Horse Show at the Taylor County Expo Center in Abilene. McDonald also competed in the tie-down event.



Cajun Fest turday, September 22



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Tickets on sale August 1 at the Snyder Chamber of Commerce \$50 per person

> Silent & live Auctions

Comedian Jonathan Perry "The Cajun AmbassadorTM"

Hosted by Cogdell Memorial Hospital Foundation

Doors open at 6pm

6:30-7:30pm: Meal

7:45pm: Comedian Jonathan

Perry

9:00pm: Live auction

9:30-11:30pm: Dance

Cajun Cuisine

(a non-profit 501(c)(3) organization) Proceeds will benefit Cogdell Memorial Hospital

Menu: Crawfish Etouffee, Jambalaya, Fried Chicken, Red beans and rice. Cornbread, Fried Alligator Tail,

Underwriting opportunities are still available. For more information call 325-574-7182.

The Post Dispatch

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Texas Governor and First Lady Rick & Anita Perry Endorse **Their Friend Trent McKnight** In Republican Primary Runoff

Texas House District 68 — Texas Governor and First Lady, Rick and Anita Perry, have announced their endorsement of Throckmorton rancher Trent McKnight in the Republican Primary runoff for Texas House District 68. Perry, a former rancher and native of Haskell County, also represented some of the counties in House 68 when he served in the Texas House (1985-1990).

"Anita and I are proud to endorse our family friend Trent McKnight in the July 31st Republican Primary runoff for State Representative," said Governor Perry. "Our home, Haskell County, is part of Texas House District 68 and we know Trent McKnight's values, his proven leadership as former national FFA President, and his energetic passion for rural Texas."

Governor Perry also noted that McKnight's deep roots in ranching, his past public service experiences including participation as an overseas citizen agricultural advisory to the U.S. military in Iraq and service on the Brazos River Authority prepare him for addressing the economic development and future water needs of rural Texas.

Anita Perry, a former nurse and daughter of a small town doctor, also complimented McKnight and his family for their dedication to public education and with expanding healthcare access to families and small towns in rural Texas. McKnight raises funds for local youth scholarships and his family is active with Scott & White Hospital and their local county hospital.

"I am humbled and honored to have the Governor and First Lady's endorsement. They have both been role models for me and many others in rural Texas," said McKnight. "I strongly support the Governor's leadership for conservative values, his conservative budget compact and his belief that Texas is better

with less government and lower taxes."

"Anita and I are proud to endorse our family friend Trent McKnight in the July 31st Republican Primary runoff for State Representative," said Governor Perry. is part of Texas House District 68 and we know Trent McKnight's values, his proven leadership as former national FFA

McKnight has also earned the endorsement of retiring State Representative Rick Hardcastle, Texas Commissioner of Agriculture Todd Staples, the Texas & Southwestern Cattle Raisers, the Texas Farm Bureau and received the NRA's "A" rating.

"Our home, Haskell County, President, and his energetic passion for rural Texas."

wells back



Runoff Election: Tuesday, July 31st ★ Early Voting: Now through 27th

Flags at half-staff honor shooting victims



The U.S. And Texas state flags are flown at halfstaff in downtown Post on Wednesday in honor of the shooting victims in Aurora, Colo. (Wayne Hodgin/The Post Dispatch)

The Post Dispatch

U.S. and state flags on all government buildings were being flown at half-staff throughout Garza County on Wednesday in honor of the victims of the Aurora,

By order of presidential proclamation, all flags were to be flown at halfstaff until sunset that day.

"As a mark of respect for the victims of the senseless acts of violence perpetrated on July 20, 2012, in Aurora, Colorado," begins the proclamation by President Barack Obama, which dic-

tates that flags be lowered at "the White House and upon all public buildings and grounds, at all military posts and naval stations, and on all naval vessels of the Federal Government in the District of Columbia Colo., shootings last week. and throughout the United States and its Territories and possessions until sunset, July 25, 2012. I also direct that the flag shall be flown at half-staff for the same length of time at all United States embassies, legations, consular offices, and other facilities abroad, including all military facilstations."

ing occurred at a Century movie theater in Aurora, Colo., during a midnight screening of the film "The Dark Knight Rises."

A gunman, dressed in

911 ambulance provider. "We are not currently

call 24 hours a day to be

able to remain the county's

meeting this rule," he said. "There are times 34 up to three days per week 34 we do not have anyone on the schedule to run ambulance

"This is when we have to still be gaps in coverage." call Slaton EMS to come to Post to run our calls."

Tidwell said that happens usually during the daytime window of 6 a.m. to 6 p.m. and sometimes on week-

"All of our 19 certified a cost of about \$145,000. crew members are more than willing to run a call any time, but they are not able to all day every day," he said.

The EMS chief said the service has been granted a state waiver that allows to operate with only one

certified crew member and driver, but, he said, this variance won't be in effect much longer.

EMS OFFICIAL... continued from page 1

"We have reached a point to where we will have to pay for a day time and weekend crew," Tidwell said. "Even with this employment proposal in place, there will

Tidwell proposes hiring two additional, full-time crew members 34 one certified emergency medical technician level one or higher and one paramedic to make up the day crew at

The two-man crew would work five days a week from 6 a.m. to 6 p.m. while a similar two-man crew would work the twoday weekend shift. The allvolunteer nighttime staff would remain in tact 34 at least for the time being.

"Our night staff will remain at the volunteer status until we have to start paying for a full 24-hour staff, which may come as a mandate from the state or nation in the near future," Tidwell said.

Since the health district, the city and the county fund the ambulance service equally, the \$12,000 monthly cost would be split by each en-

"I've struggled with this for several months, and since this will only pay for personnel and no other operational costs, this will be a tremendous increase of coverage for a very minimal cost to the three taxing entities," Tidwell said.

The health board, along with both the city of Post and the Garza County Commission, must vote on the matter in upcoming meetings before the new budget year begins.

ities and naval vessels and

MORE QUESTIONS... continued from page 1

To be eligible for the entire package of money, however, all entities served by the water district -including the city of Post and Garza County, the cities of Crosbyton and Ralls and Crosby County, and the city of Spur and Dickens County - must approve resolutions

avowing to move to Stage 3. If approved by each entity, funding would be facilitated through the South Plains Association of Governments and would be doled at \$350,000 for each participating city and county within the district for a total of \$2.45 million.

It was explained during Tuesday's hearing that if an entity votes not to move forward with a grant application, then that's \$350,000 the district would receive.

Some officials with those entities, such as the city of Crosbyton and the city of Post, aren't as quick to jump on the idea.

Crosbyton Mayor Dusty Cornelius told the Dispatch last week the district's plan to drill for more water is futile.

"The only well field the district owns is between here (Crosbyton) and Ralls," Cornelius said. "They drilled some wells out there a few years back, and no significant amount of water was discovered. So the way I see it, they'd be throwing their money — our money away."

Cornelius said there are 10 of 12 producing wells in the well field, and that none produce much water, maybe 87 gallons per minute, he said, which isn't much.

"Those wells were drilled as a backup water source for the cities of Crosbyton and Ralls," he said. "Not for all four cities to be pumping water. They barely produced enough for us as it was."

Cornelius said he wasn't trying to go against the district as much as he was trying to protect tax dollars.

"It's not wise to throw money at drilling more wells when there's not enough water there to begin with," he said. "I'm totally for working with the district. If they want to drills wells

north of Ralls, I'd be jumping up and down in support of it." Post Councilwoman Melba Cimental said there are many questions left unanswered since

Tuesday's public hearing. "I don't feel like all the questions residents asked at the meeting were answered to everyone's satisfaction," she said. "People still have a lot of questions because they don't fully understand the impact this will have on them and their homes."

The Post City Council will meet in a special-called session at 5:30 p.m. Monday to discuss the resolution to move to Stage 3 in the district's droughtcontingency plan and to move forward with the grant application.

Cimental said she still isn't convinced the move is right for the city.

On July 20, a mass shoot-

protective gear, set off tear gas grenades and shot into the audience with multiple firearms, killing 12 people and injuring 58 others. The sole suspect is 24-year-old James Eagan Holmes, who was arrested outside the cinema minutes later.

Wayne Hodgin

"At this point, I'll be voting against it unless someone can overwhelmingly change my mind," she said. "The way I see it, the district is trying to make this move without any input from anyone else. That's not ef-

fective governing." Garza County commissioners held a special meeting during Tuesday's hearing and voted to approve the resolution to move to Stage 3 and to move forward with the grant application.

The vote was 2-1.

Commissioners Jerry Benham and Gary McDaniel were out of state and couldn't attend.

In a motion made my Commissioner Ted Brannon and seconded by County Judge Lee Norman, the measure passed. Commissioner Charles Morris was the one dissenting vote.



STUDY: POST RESEVOIR... continued from page 1

talks to get the lake built.

"It has been the perception in the past that the city of Lubbock is this island out in West Texas — that we're not willing to work with anyone in any other part of the area," he said, "but nothing could be further from the truth.

the City Council, and all are willing to work for the betterment of the water needs for all the area."

Tom Fulton, general manager of the White River water plant, said without the help of a big partner, such as Lubbock, a new water source, such as the our residents would be "We have new blood on proposed Post Reservoir, willing to pay that much."

probably won't be built. "We have such a small population base — only 10,000 residents — to fund a \$65 million project like this, water rates would have to jump to a minimum of \$157 a month per household," Fulton said. "I don't think

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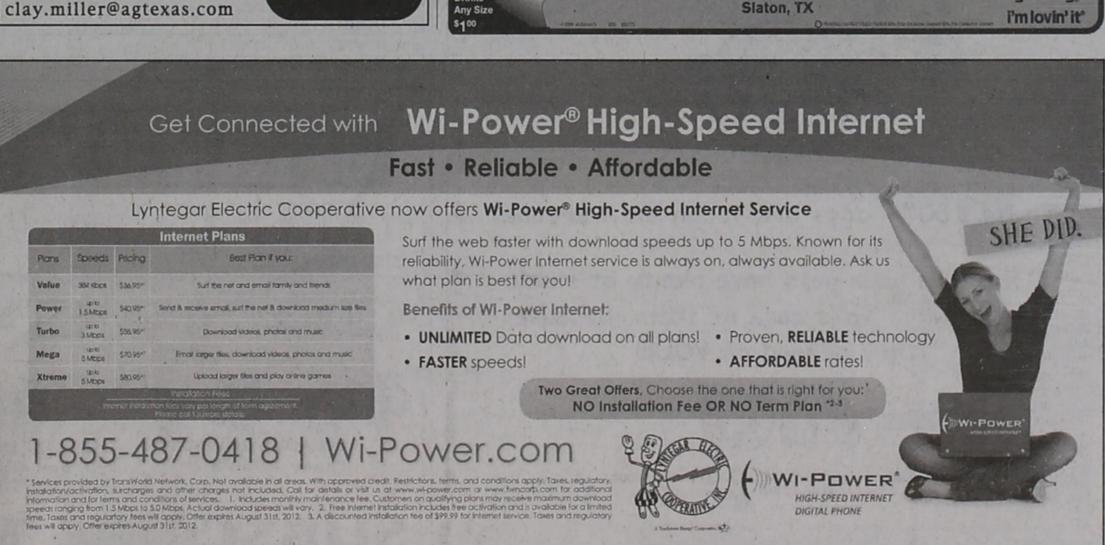
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From the cotton fields to the Pulitzer Prize

Tahoka native, Tech alum excels in life as a journalist, teacher and author

By Jorge Cruz Special to the Dispatch

Texas Tech alumnus Robert Montemayor is no stranger to hard work.

His parents were migrant farm workers who followed the cotton harvest from the South Plains of Texas to the northern fields of Wisconsin. As a 5-year-old, he had no babysitter to watch him during the summer months since the entire family worked. Instead, he walked alongside his mother with a baby sack and picked cotton to help out in any way he could.

From the beginning, Montemayor disliked the aspect of manual labor, and although he didn't shy away from hard work, he knew there was another life beyond the fields.

"I started to think to myself, there are possibilities out there past the horizon, other worlds," he said.

In the 50 years after working in the fields, Montemayor became a Pulitzer Prize-winning journalist, successful business executive and college profes-SOT.

"I never actually planned it that way," Montemayor said. "I had no clue as to where I would go."

Finding his calling

As a child in Tahoka, Montemayor momentarily escaped the scorching heat and field labor by getting lost in the books of Hemingway and other notable authors who wrote about their travels around the world. While reading countless novels, he said he would get transported into foreign lands and, if for only a second, escape and forget the grueling labors of the day.

"The more books I read, the more I wanted to explore a different world," Montemayor said. "I became wrapped in my obsession of traveling to foreign lands and writing

about my experiences."

Although initially attracted to the University of Texas at Austin- he wanted to play football under legendary head coach Darrell Royal- destiny had different plans.

Montemayor entered the College of Mass Communications at Texas Tech as a journalism major in the fall of 1971. He worked at the University Daily, now the Daily Toreador, and not long after, became editor.

Chuck Lanehart, criminal defense attorney and longtime friend of Montemayor since their undergraduate years at Texas Tech, said he always knew Montemayor had a passion for journalism.

"He was determined to flush out the truth in every situation and was extremely competitive when it came to moving up the career ladder at the University Daily," said Lanehart, who also worked for the school paper.

During the early 1970s, Lanehart said it was the heyday of Watergate, and print journalists like Robert Woodward and Carl Bernstein were like rock stars to them. Lanehart and Montemayor often referred to themselves as "muckrakers," a reference to investigative reporting.

While working at the University Daily, Montemayor covered an array of topics, reporting on everything from a campus-wide streak to the campus administration.

"I think anyone who encountered Robert during his years at Tech thought fondly of him, or at least respected him, either because of his personal magnetism or because of his bold way of writing the truth," Lanehart said. "Only a few thought he would get bigger than his Afro hairstyle at the time."

Coming from humble roots instilled in him through his upbringing in a family of farm laborers just a generation out of Mexico, Lanehart said Mon-

temayor never lost sight of the struggles and hardships his family endured, which instilled in him a belief that he could achieve well beyond expecta-

"At an early age, Robert immigrants. became fluent in the Chicano community and blended with the Anglo majority at a time when most West Texans treated all people of color as secondclass citizens or worse," Lanehart said. "At Texas Tech, his combined talents of communication and leadership began to transcend racial and cultural barriers, and the rest, as they say, is history."

It was during Montemayor's undergraduate years at Texas Tech and the experience he received as a reporter and editor for the campus newspaper that helped solidify his dreams of becoming a journalist.

"If not for the fact that I had been trained fundamentally at Texas Tech, I probably wouldn't have been as good as I was," Montemayor said.

He told his professors that by the age of 30, he would win the Pulitzer Prize. It was his goal, and he never lost sight of it.

Telling the story of the Latino community

The summer after his graduation in 1975, Montemayor worked as a contributor to the Dallas Times Herald, reporting and writing numerous stories focusing on the alleged civil rights violations of Mexican-Americans in Texas.

In 1978, Montemayor became one of the few Hispanics to join the predominantly white male news writing team at the Los Angeles Times.

"In their eyes, I was supposed to be the walking encyclopedia of Latino culture," Montemayor said. "I wanted to be remembered as a damn good journalist, who happened to be Latino, not just a Latino journalist."

Montemayor believed the

Times did not cover the Latino community in a meaningful way. Instead the stories focused on the stereotypical depictions of Latinos: gangs, violence and undocumented

East Los Angeles has one of the largest Hispanic populations in Los Angeles County. However, he said the Times refused to cover the area because it believed the Hispanic community never read its pa-

Upset by the lack of indepth Latino coverage, Montemayor, along with other Latino reporters from the paper, took a stand and challenged the racism, discrimination and ignorance with a three-week series, "Southern California's Latino Community."

The series focused on the prevalent societal impact of Latinos in the U.S.: Politics, education, economic impact, cultural integration and immigration. It also attempted to portray the Latino community in a way that was never done before: telling the real story of a dynamic, increasingly integral group of people who often times is left in the shadow of the public eye.

"We felt too many times the press would depict us in a negative way, so as journalists, we thought we'd give it a different spin," Montemayor said.

As a result of the series, the team won the 1984 Pulitzer Prize for Meritorious Public Service, one of the most prestigious awards for a publication. Montemayor is the first alumnus from the College of Mass Communications at Texas Tech to win a Pulitzer Prize.

"We were journalists who happened to be Latinos," he said, "telling a story about a community who happened to be Latino."

The business side of journal-

In his career, Montemayor said he always aspired to be a well-rounded individual who not only could write and be a successful reporter, but also lead and manage the business aspect of the media industry.

During the early stages of his career at the Times Herald, his editor asked him if he would ever consider pursuing a master's degree in business administration.

Although initially hesitant, he said the idea planted a seed in his mind that remained throughout his journalism career. While working at the Times, he approached his editor about applying for an MBA program.

"You're not ready yet," his editor told him, "journalism is still the blood in your veins."

It wasn't until after he won the Pulitzer Prize that Montemayor believed he got journalism out of his system and decided to transition to the managerial component of the field.

In 1986, Montemayor graduated from the University of California at Los Angeles with an MBA in marketing. After that, he worked in virtually all aspects of the media field, including advertising, marketing, distribution and management in companies like Dow Jones Inc., McGraw-Hill Cos. and VNU Business Media.

As a business executive, he also had the opportunity to mentor various up-and-coming managers, who went on to become prominent CEOs and vice presidents of companies.

"I had the ability from a business perspective to train and nurture them and show them how to become good executives," Montemayor said. "I took a great level of pleasure knowing that I had made a difference there."

Teaching the next generation of Journalists

Montemayor currently teaches journalism and media studies in the School of Communication and Information at Rutgers University in New Jersey.

Unlike many professors who depend greatly on books, Montemayor bases his lectures on career experiences to paint a full picture of the current state of journalism.

He teaches his journalism students about the importance of convergence in the changing field of communications. With the digitalization of the world, he said journalism is now a different world and playing field that demands a higher level of expertise and understanding from upcoming journalists.

"I can give students a strong blend of the two worlds to give them practical experiences to be good journalists," Montemayor said.



ROBERT MONTEMAYOR

Possibilities beyond the horizon

Pulitzer Prize-winning journalist, successful business man and now professor of journalism, Montemayor has virtually done it all.

And in 2004, Montemayor was the primary author of the book, "Right Before Our Eyes: Latinos Past, Present and Future," a 160-page accumulation of his research throughout the

He said there still are a few more books left in him, as well as a website he intends to launch at Rutgers and further Latino-related research. He said he can't see himself retiring any time soon.

"For me, it has been a wonderful life," said Montemayor, who earlier this year spoke at a distinguished lectureship series at Texas Tech. "I have had a nice mix of different careers that have all paid off and afforded me the opportunity to expand my vistas, understanding of different people and the world in general."

Montemayor said he has no regrets and never looks at the past, but at the future to see what else life has in store for

Although his life has afforded him many opportunities, Montemayor never forgets about the little boy who worked long hours under the sun and, at moments, looked up beyond the fields and stared at the horizon envisioning a world full of possibilities.

"I've come a long way from working in the fields," he said.

Jorge Cruz is a intern with the Department of Communications and Marketing at Texas Tech University.

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OF NOTIE RAY KING, Cause # 1960

Notice to all persons is hereby given that the original letters of Testamentary upon the estate of NOTIE RAY KING deceased, were issued to the undersigned 23 day of July, 2012, in the proceeding indicated below my signature hereto, which is still pending, and that I now hold such letter. All persons having claims against said estate, which is being administered, in Garza County, are hereby required to present the same at the address below given, before suit upon same are barred by the general statutes of limitation, before such estate is closed and within the time required by law to my attorney Preston L. Poole, Jr., at P.O. Box 296, Post, Texas 79356 or myself, 1460 U.S.

Highway 84, Post, Texas 79356.

Wender Haden

Wendell Haden Johnson, Independent Executor

Stage 3 Drought Contingency Plans Effective August 1, 2012 – October 31, 2012

Severe Conditions Measures

Restrictions: The use of water is prohibited for the following uses: Washing of cars, driveways, sidewalks, windows, eaves, landscape watering of lawns, shrubs, gardens, watering of parks, athletic fields, golf courses, street washing, fire hydrant flushing, filling swimming pools, dust control sprinkling.

Commercial/Industrial uses will be controlled to the extent dictated by the Member City Official or District's General Manager depending on the appropriate jurisdiction. Businesses requiring water as a basic function of the business, such as nurseries, commercial car wash, laundromats, high pressure water cleaning, well flooding, livestock watering, etc. will obtain written permission for the intended use from either the Member City Official or District's General Manager, depending on the jurisdiction.

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Daily White River Lake levels may be viewed at this website

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The Drought Contingency Plan is available at HYPER-LINK "http://www.whiterivermunicipalwaterdistrict.com" www.whiterivermunicipalwaterdistrict.com for additional information contact the District office at 806-263-4240.

> WHITE RIVER MUNICIPAL WATER DISTRICT

Etapa 3 Restricciones de Sequia Efectivo Agosto 1, 2012 – Octubre 31, 2012

Medidas de Condiciones Severas

Restricciones: El uso de agua esta prohibido para los usos siguientes: El lavar carros, la entrada del auto, las banquetas, ventanas, aleros y techos, riego de césped, arbustos, jardines, riego de parques, campos deportivos, campos de golfo, lavado de calles, enjuagados de hidrantes de incendios, El vaciar y llenar las piscinas de nadar, riego para el control de polvo.

Comercial/Industrial el uso será controlado a la medida dictado por el Miembro Oficial de la Ciudad o por el Gerente General dependiendo de la jurisdicción apropiado. Los negocios que requieren agua como una función básica del negocio, tales como guarderías de plantas, lava autos comerciales, lavanderías, limpieza con agua de alta presión, inundaciones de norias, agua para el ganado, etc. obtendrán permiso por escrito para el uso peticionado ya sea del Miembro Oficial de la Ciudad o por el Gerente General de Distrito dependiendo de la jurisdicción.

Prioridad de Sistema para el servicio de agua será basado en las siguiente lista de prioridades:

1. Hospitales, 2. Habitaciones Residenciales de Familia, asilo de ancianos, Centros de viviendas, 3. Escuelas, 4. Industrial, negocios de comercio, 5. Recreación

Los niveles diarios del White River Lake pueden ser vistos en este sitio:

http://waterdata.usgs.gov/tx/nwis/uv?cb_all_00062_ 00045=on&cb_00062=on&cb_00045=on&format=g if_stats&begin_date=2012-06-08&end_date=2012-06-15&site_no=08080910

El Plan de Contingencia de Sequía esta disponible en HY-PERLINK "http://www.whiterivermunicipalwaterdistrict. 'com" www.whiterivermunicipalwaterdistrict.com para información adicional contacte la oficina de Distrito llamando al 806-263-4240.

> WHITE RIVER MUNICIPAL WATER DISTRICT

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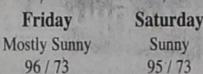
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Post Dispatch Weather Summary

Post's Seven Day Forecast







99 / 72

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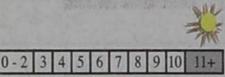


Thursday

Monday Tuesday Sunny 101/72 101 / 71

Wednesday Mostly Sunny Mostly Sunny 98 / 70 95 / 71

Local UV Index



0-2: Low, 3-5: Moderate, 6-7: High, 8-10: Very High 11+: Extreme Exposure

Weather Trivia

Can you use pine cones to forecast the weather?

Answer: Yes, the scales will close when rain is on the way.

Weather History

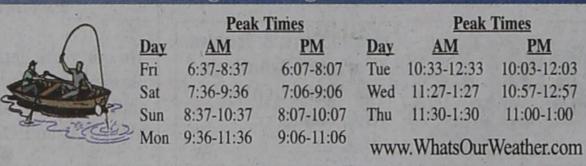
July 27, 1943 - On a whim and flying a single engine AT-6, Lieutenant Ralph O' Hair and Colonel Duckworth were the first to fly into a hurricane. This flight was the first of what would become regular Air Force flights into hurricanes.

July 28, 1952 - A severe storm with hail up to an inch and a half in diameter broke windows, ruined roofs and stripped trees of their leaves near Benson, Ariz. The temperature dropped to 37 degrees and hail was three to four inches deep.

Detailed Local Forecast

Today we will see mostly sunny skies with a slight chance of showers and thunderstorms, high temperature of 96°, humidity of 43%. South wind 5 to 10 mph. The record high temperature for today is 103° set in 1995. Expect partly cloudy skies tonight with a slight chance of showers and thunderstorms, overnight low of 73°. South southeast wind 5 to 10 mph. The record low for tonight is 61° set in 2004. Saturday, skies will be sunny with a high temperature of 95°, humidity of 33%. South wind 5 to 10 mph.

Peak Fishing/Hunting Times This Week



			Control of the Contro			
	Day	Sunrise	Sunset	Moonrise	Moonset *	
Full (3)(3)	Fri	6:55 a.m.	8:48 p.m.	3:46 p.m.	1:28 a.m.	
8/1	Sat	6:56 a.m.	8:48 p.m.	4:51 p.m.	2:19 a.m.	
	Sun	6:57 a.m.	8:47 p.m.	5:51 p.m.	3:16 a.m.	
_	Mon	6:57 a.m.	8:46 p.m.	6:47 p.m.	4:18 a.m.	1
Last 8/9	Tue	6:58 a.m.	8:45 p.m.	7:36 p.m.	5:23 a.m.	
8/9	Wed	6:59 a.m.	8:44 p.m.	8:19 p.m.	6:29 a.m.	Car
	Thu	6:59 a.m.	8:44 p.m.	8:57 p.m.	7:34 a.m.	1

Last Week's Almanac & Growing Degree Days

Date .	High	Low	Normals	Precip	Farmer's Growing Degree Days				
7/17	93	70	92/68	0.00"	Date De	egree Days	Date I	Degree Days	
7/18	94	73	92/68	0.00"	7/17	32	7/21	35	
7/19	94	72	92/68	0.00"	7/18	34	7/22	34	
7/20	96	70	92/68	0.00"	7/19	33	7/23	33	
7/21	100	70	92/68	0.00"	7/20	33			
7/22	100	67	92/68	0.00"	Growing degree days are calculated by taking the average temperature				
7/23	98	68	92/68	0.00"	for the day and subtracting the base temperature (50 degrees) from the				

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9-12 Sat

The glamour of grammar -Southern-style

By Ronda Rich Dixie Divas

Someone wrote to complain about my grammar. This isn't new, though it doesn't particularly irritate me. This gentleman was especially kind in his admonishments, noting first and foremost how much he enjoys my writings.

"I would never presume to edit your excellent work," he wrote. "But I would like to recommend a book for you." It was a book on proper grammar. He was so gentle in his suggestion I took the time to write back and explain that, basically, I know better than I do. I just choose not to do better.

It's a lot like 3-year-old Tyla who was staying with me one morning because her mama was absolutely out of anywhere else to leave her. I am always the last choice for babysitter so when any of the kids come to my house, then you know the parents have scrapped the bottom of the barrel.

New

8/17

Anyway, being the naïve babysitter I am, I was sitting on the step from the kitchen down into the living room and was talking to a friend on the phone. I watched as Tyla contented herself with piling pillows onto a new, butter-yellow love seat. She hauled a poker over from the fireplace, and it never occurred to me there was anything wrong with that. Until that is, I saw all the black smut ground into my lovely sofa.

"Oh no, Tyla!" I exclaimed. After an emergency call to my sister, I began frantically cleaning as Tyla, wide-eyed, watched. Later when the crisis had passed, she said with a big smile, "Ronda, I didn't know it was dirty or I would not do that."

That's when I realized those kids usually know better than they do. Same with me. I could do better. If only I would.

As I explained to the kind gentleman, I decided when I began this journey of stringing words into sentences and stories I would write authentically in the voice of the South, and I would not make it stiff by making it grammatically correct. For I know few Southerners who speak properly 100 percent of the time. Even the most educated enjoy lapsing into words and expressions that are uniquely our own. One friend, who has an advanced college degree, often says, "Now, I



ain't for believin' that."

Many of the great works of literature - Mark Twain and Harper Lee for example — are written in similar fashion since perfect grammar is rather boring and so infrequently used.

It is my desire to write in a more compelling fashion and even reach back to pull out somewhat imperfect Southern phrases and words such as "fixin' to" and "drekkly." I want to write genuinely in the language of the common man - those who are my people - and not an Oxford scholar who probably never heard of Yazoo City, Miss., Lebanon, Tenn., or Ellijay, Ga., or Post, Texas.

Since he had been so kind to suggest a book for me, I offered one in return. I had recently read a review of "The Glamour of Grammar" in the New York Times and thought he might enjoy it. Being the sport that he obviously is, he promptly bought the book, read it and wrote to give his opinion.

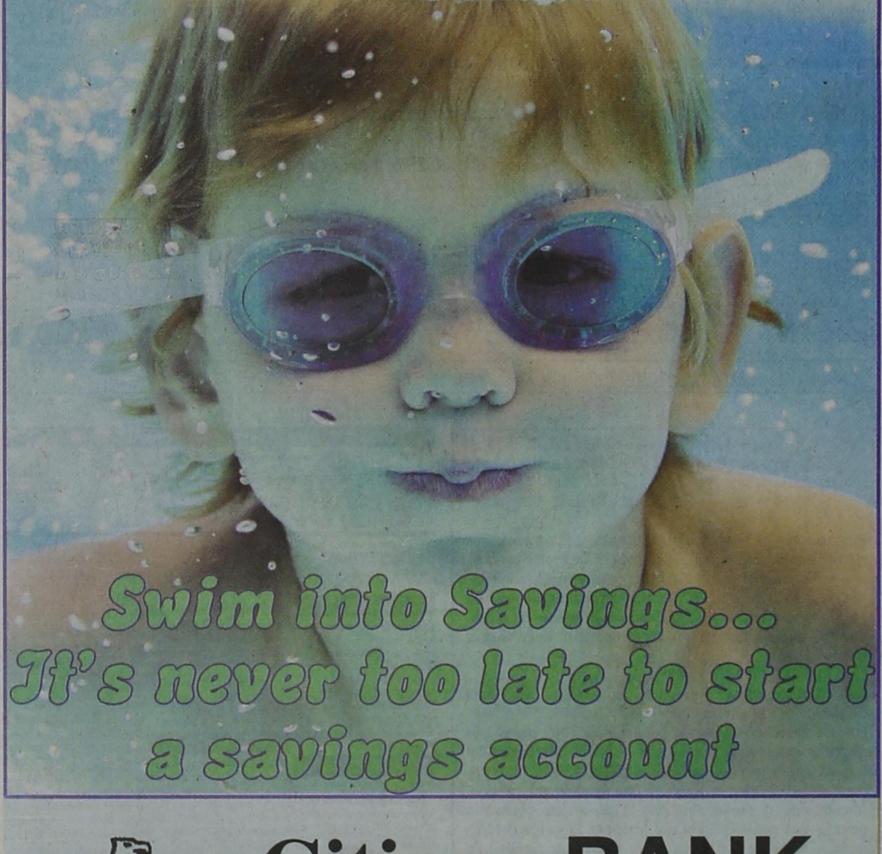
"I enjoyed it tremendously," he wrote. "There was one section I fear applies to me: 'Politely ignore the language_crochets of others. Otherwise, one may get crotchety, or perversely stubborn and judgmental.' I reread that section a couple of times!"

The author, he pointed out, had talked about how many successful writers, especially Southern authors use dialect to add flavor to their work, thus making their work so enjoyable to read.

I have a copy of that book. Somewhere. As you might suspect, I have not read it. But I'm gonna find it and share that passage with anyone else who complains about my grammar.

Now, where did I put that

Ronda Rich is the best-selling author of "What Southern Women Know (That Every Woman Should)." Visit rondarich.com to sign up for her free weekly newsletter.



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