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The Post Dispatch

A Builder in Garza County



87th Year, Number 37

USPS 439-620

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Friday, May 4, 2012

10 Pages - 50¢

Four vie for three school board seats

By Wayne Hodgin
The Post Dispatch

After the dust settles from the school board election next week, Post ISD will have at least one new trustee to help carry it through the next few years, including what undoubtedly will be a controversial bond election to upgrade campus facilities.

Post voters will go to the polls May 12 to choose three new school board members. Early voting began Monday and will run through this coming Tuesday.

Longtime board member Alexa Collier has chosen not to seek another term on the board she has served since September 1994 when she was appointed to fill the unexpired term of Royce Hart.

"I've been serving for a long time — almost 18 years — and I feel it's time for me to step down and let someone else step up and into the role of an elected servant," she said. "I'm proud of the Post school district and feel like it's in a stronger position fiscally and academically than it was when I started. That's my legacy."

Collier's decision leaves one seat on the school board wide open for this year's election.

Post ISD school board seats are all elected at-large, and those who are elected serve three-year terms. New terms begin May 15.

TRUSTEE SEATS
continued on page 6

STATEBOUND!

Three Post student athletes to compete in Austin

By Wayne Hodgin
The Post Dispatch

Three Post High School track stars will head to the state Capital next weekend to compete with the best of the best from all across Texas. Senior Corbin McDonald, who has broken a number of school records not only throughout his tenure on the track team but also re-broke them again this year, will return again this year to the state meet, this time in the boys triple jump event after setting yet another school record at the Region 1-AA meet last weekend in Odessa. In addition, junior Haily Berry, who also broke a school record Saturday, also will compete in the girls triple jump after taking home the gold at the region meet. Sophomore Alexis Ramirez took home the silver in the regional discus event and also received a state berth. Head track coach Beau Riker said he was happy overall with the performance of those student athletes who competed at the regional

meet.

"We did miss several opportunities to get to the finals, but we knew it was going to be very tough," Riker said. "Our boys relay teams were disqualified in the prelims due to bad handoffs. Alexis, Haily, and Corbin fell a little short of their goals in shot put, long jump and high jump." McDonald's leap of 46 feet, 2.75 inches in the boys triple jump event was nearly a half-inch further than San Saba's Luis Vega and nearly .8 inches longer than third-place finisher Eric Heinrichs of Hico.

"Corbin had us all worried in the triple jump," Riker said. "Going into his final jump in the finals, he was in fifth place. Feeling the pressure, he jumped his personal best, on his last jump, moving him into first place and the re-

STATEBOUND!
continued on page 6



Photo by Campbell Kirkpatrick
Junior Haily Berry competes in the triple jump preliminaries at the region track meet last weekend at Ratliff Stadium in Odessa. Berry won the event and a trip to the state track meet next week in Austin.

Photo by Campbell Kirkpatrick

Sophomore Alexis Ramirez is congratulated by her parents, Jimmy and Patricia Ramirez, after being named regional runner-up in the girls discus throw. She will compete in the state track meet May 11 in Austin.



Photo by Wayne Hodgin

The price of a gallon of unleaded gasoline throughout Post on Tuesday afternoon was \$3.59, down about 14 cents in the last two weeks.

Local gas prices continue to dip

By Wayne Hodgin
The Post Dispatch

The average price for regular unleaded gasoline has decreased roughly 6 cents in Post in the last week to \$3.59 per gallon. That number is about 20 cents cheaper than this time last year, according to the AAA Fuel Gauge Report.

The average price for our metro area, which is reported out of Amarillo, is \$3.50. However, Lubbock prices were down as much as 15 cents more to \$3.35 a gallon on Tuesday.

Monday marked the sev-

LOCAL GAS...
continued on page 6

Loyalty Day Proclaimed

Mayor Thressa Harp, flanked by members of the local Veterans of Foreign Wars Miller-Luman Post 6797, reads a proclamation from the city of Post declaring May 1, 2012, as Loyalty Day. The holiday, first observed in 1921 as Americanization Day, was made official by U.S. Congress on July 18, 1958, following a passage of a law

by President Dwight D. Eisenhower to proclaim May 1, 1959, at the first official observance. Pictured, along with Harp, are Jimmie Howell, J.W. Jolly III, Richard Hinkle and Charles Ratliff. County Judge Lee Norman also signed a similar proclamation for Garza County. (Wayne Hodgin/The Post Dispatch)



Art Guild to host annual juried show

By Wayne Hodgin
The Post Dispatch

The Post Art Guild will present the annual Arts on Main Street juried show next weekend in downtown Post.

The event will be at the former Rockin' K Outfitters, 212 E. Main St., from 9 a.m. to 6 p.m. May 11 and from 9 a.m. to 4 p.m. May 12.

The show will con-

ART GUILD...
continued on page 8

Rain Totals



City of Post	
April 24 - 0	
April 25 - 0	
April 26 - 0	
April 27 - 0	
April 28 - 0	
April 29 - .73	
April 30 - 1.27	
January - .03	

February - 1.41
March - .45
April - 2.65
Year to date - 4.54
Normal - 4.43

Lake Alan Henry	
April 24 - 0	
April 25 - 0	
April 26 - 0	
April 27 - 0	

April 28 - 1.28
April 29 - .57
April 30 - 1.24

January - .35
February - 1.14
March - .52
April - 4.04
Year to date - 6.05
Normal - 4.43

Source:
Information provided by the National Weather Service in Lubbock. City of Post rain totals are reported by Garza County sheriff's officials at the Law Enforcement Center. Lake Alan Henry rain totals are reported by city of Lubbock Parks and Recreation officials at the John T. Montford Dam and Sam Wahi Wildlife Mitigation Area.

Meet Trent McKnight

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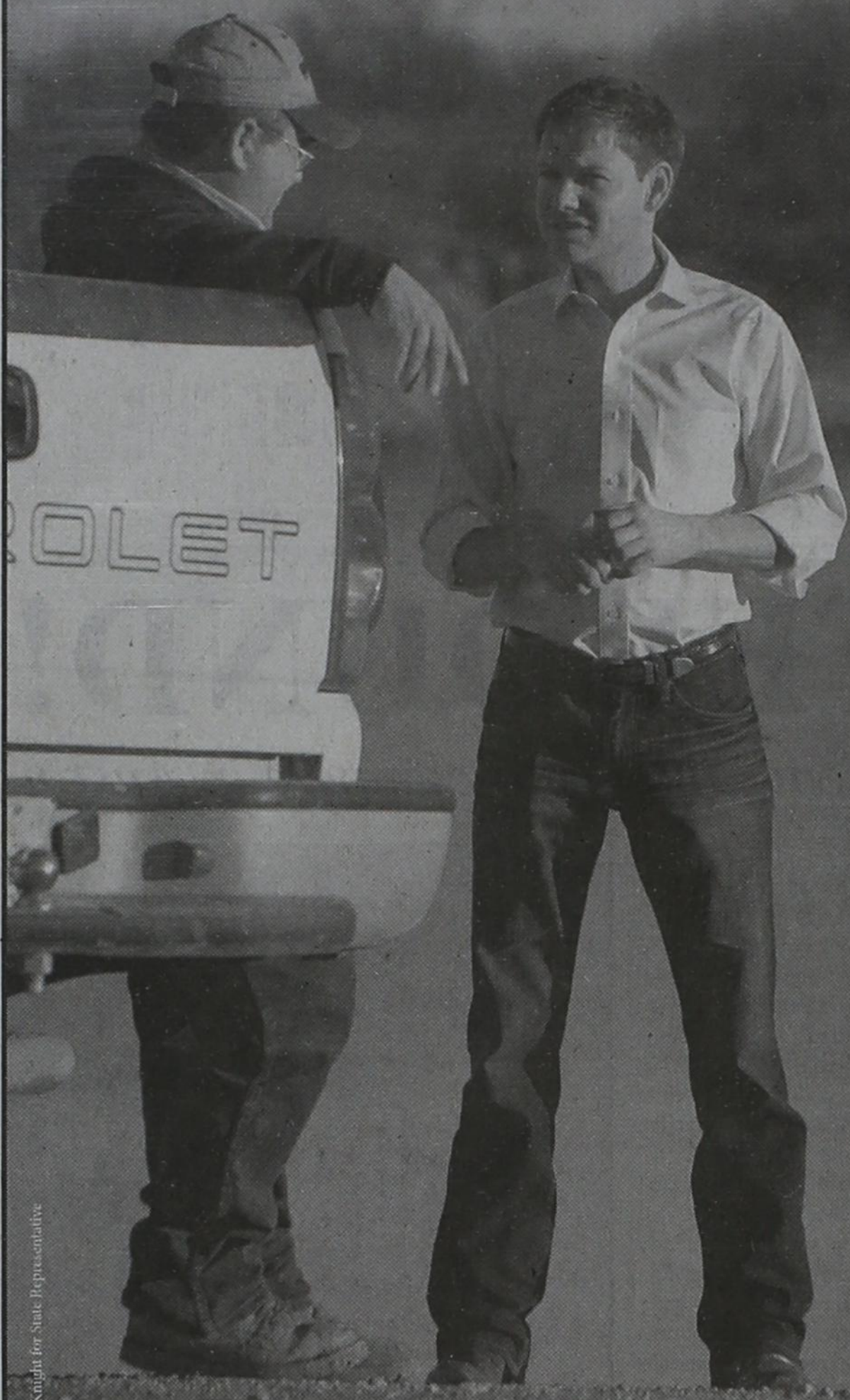


Photo by Trent McKnight, Pre State Representative

Trent McKnight will fight for jobs, water & schools for rural Texas

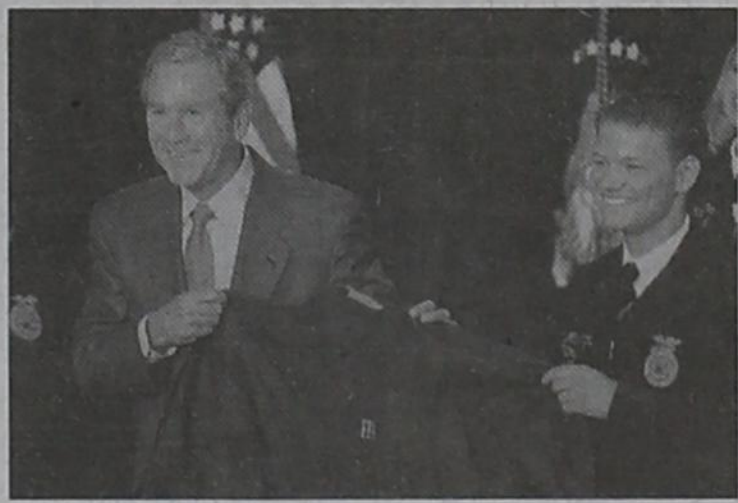
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Trent presents President Bush an honorary FFA jacket

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Republican Primary Election: Tuesday, May 29, 2012
Early Voting: May 14 - 25, 2012

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OBITUARIES



BEATRICE FAYE MIZE

Beatrice Faye Mize, 81, of Justiceburg, was called home to be with her heavenly Father on April 25, 2012.

She was born Dec. 7, 1930, in Laveta to George and Liddie Timmons. She was a housewife, beloved mother, grandmother and friend.

She was preceded in death by her husband, Willie (Bill) Mize; her parents, Liddie and George Timmons, and three brothers.

She is survived by her four children, daughter Liddie Clary and husband, Dale, daughter Billie Faye Littrell and husband, Randy, all of Post, and sons G.W. Mize also of Post and Tommy Mize of Justiceburg; grandchildren, Dusty Clary and wife, Renee, Misty Winkle and husband, Billy, Susan Littrell and Brian Monk; great-grandchildren Briley and Johnny Paul Winkle; and many honorary grandchildren; last but not least, her companion, here dog "Buttons."

Also surviving are sisters Helen Bolton of Midland, Eva Savage of Odessa, Betty Boiling of Andrews, Janie Westfall of Corpus Christi; and brothers Jimmy Timmons, of Andrews, Ruffus Timmons of Andrews and Richard Timmons of Wolforth.

Funeral services were April 27 at Hudman Funeral Home with the Rev. Bo Jackson officiating. Burial was in Justiceburg Cemetery.

MARIA ELENA BOCANEGRA

Maria Elena Bocanegra, 65, of Post died Saturday, April 21, 2012. She was born Jan. 28, 1947, in Post to Gregorio Soto and Placida Flores. She is preceded in death by her parents and a sister, Sally Rodriguez.

Survivors include sons Gabriel Espinoza of Andrews, Roberto Espinoza Jr. of Post and Joe Espinoza of Andrews; daughters Dianna Fox and Laura Eaton, both of Post, Michelle Rodriguez of Andrews and Rebecca Perez of Lubbock; brothers Cirildo Bocanegra of Denton, Tommie Gomez of South Bend, Ind., Ramon Guerrero of

Post, Tino Guerrero of Wilson, Rickey Guerrero of Post, Monico Guerrero Jr. of Post, Jessie Guerrero of Houston and Joe Angel Guerrero; sisters Isabell Armendariz, Josie Armendariz and Chane Guerrero all of Post; 25 grandchildren and 46 great-grandchildren.

Services were April 23 at First Baptist Church of Post with. Burial was in Terrace Cemetery under the direction of Justice-Mason Funeral Home.



PAT NEFF WALKER

Pat Neff Walker, attorney of Lubbock and a longtime resident of Post, departed this life peacefully at home on April 9, 2012, surrounded by his loving family and friends under the excellent care and support of Interim Hospice.

Mr. Walker practiced law in Garza County for more than 40 years and, during that period of time, served as County Attorney and County Judge. While County Judge, he spearheaded an election in Garza County for the people to vote to integrate the schools. They approved integration when state law prohibited doing so.

For the last eight years of his law practice, he contributed up to 40 percent of his time to pro-bono work, primarily on behalf of minorities. He staffed and operated a legal-aid clinic at his own expense allowing minorities access to civil courts without regard to their ability to pay.

Mr. Walker joined the U.S. Army serving as house artillery man in 1939 and later accepted for flight training in the Army Air Corps. He served in the United Kingdom Royal Air Force and Fighter Squadron in the Middle East from 1943 to 1945. He served with the U.S. Air Corps 319th Bomb Group in Tunisia, Sardinia, Corsica, Italy, Sicily, Philippines and Okinawa. He also served nine months in the Korean conflict as an Army Infantry officer.

Mr. Walker was an '49 LLB and a '69 J.D. graduate at Baylor University School of Law. He was a renowned speaker, civic leader and received numerous awards for his outstanding service for his country and city governments. He was a great leader,

educator, mentor, serviceman and a loyal friend to many. He is greatly missed.

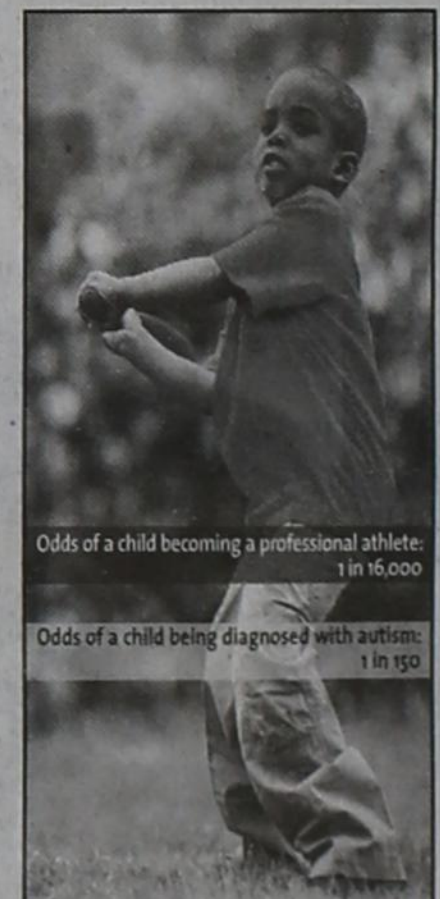
Those left to cherish his memories is his loving wife, Lina, who is an RN from the Philippines; sons Shane, Scott, Neff, Paul and daughter Dee Ann; grandchildren Kyle, Leigh Anna, Katherine, Joaquin, Elliot, Meredith; great-grandchildren Trinity and Raia; and many loving extended family members and friends.

He was preceded in death by his parents of Irish descent, Buddy Walker and Mary Iva Dillard, and brothers O.D. and Victor "Boots" Walker, who were both U.S. military veterans.

The family would like to express their profound thanks and gratitude for the unparalleled love, support, prayers, visits, concerns and many other acts of kindness shown to them during his lengthy illness to countless caring friends, Interim Hospice Care Team, Amarillo/Lubbock Veteran's Clinic, Oakwood United Methodist Church Family, Members of the Lubbock Fil-Am Association of the South Plains and to the Fil-Am Diocese prayer group.

A graveside memorial service with military honors will be at 11 a.m. May 12, 2012, at Terrace Cemetery in Post under the direction of Justice-Mason Funeral Home with longtime friends from Post and Lubbock officiating, including the Rev. Arthur Kelly, Mr. Bill McBride and the Rev. Archie Hall. The family will receive friends at 4 p.m. following the service in Overton Hall at Oakwood United Methodist Church, 2215 58th St., Lubbock.

In lieu of flowers, memorials may be made to First Baptist Christian School of Post; Oakwood United Methodist Church, 2215 58th St., Lubbock, TX 79412; Lubbock Fil-Am Association of the South Plains or Interim Hospice of Lubbock.

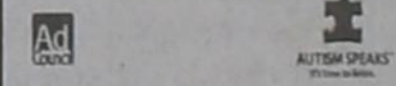


Odds of a child becoming a professional athlete: 1 in 16,000

Odds of a child being diagnosed with autism: 1 in 150

Some signs to look for:
No big smiles or other joyful expressions by 6 months.
No babbling by 12 months.
No words by 16 months.

To learn more of the signs of autism, visit autismspeaks.org



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It is the mission of this newspaper to promote the rights of individuals, guided by the principles so eloquently described in the American Declaration of Independence. The right of life, liberty and ownership of property are the cornerstone for our freedom. Government's sole purpose is to enhance our liberty and freedom. Therefore, we hold every elected and appointed agent of government accountable to that standard.

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COMMUNITY

Celebrations



WIMMER-CORNWALL

Kelsey Wimmer and Jacob Cornwall were united in marriage Feb. 25, 2012, at St. Elizabeth's Chapel in Lubbock. Father Jeff Poirot of Fort Worth presided over the double-ring ceremony.

Kelsey is the daughter of Wayne and Mary Edwards of Post and Dale and Belinda Wimmer of Crosbyton and the granddaughter of Alyce Mosser and the late Hugo Mosser and Valeria Wimmer and the late A. A. (Bus) Wimmer, all of Slaton.

Jacob is the son of Jerry and Tracy Cornwall of Graham and the grandson of Ken and Frances Baccus, Ruth Cornwall and the late C.B. Cornwall, and the great-grandson of Margaret Jackson and the late Willis Lee "Boots" Jackson.

Given in marriage by her father, the bride wore an ivory Oleg Cassini A-line satin gown with an elegant, off-the-shoulder neckline with a ruches surplus bodice and belted empire waist. The dress was complimented by a beautiful, chapel-length train and red Western boots.

For her wedding, the bride carried a bouquet of red roses and white calla lilies, hand-tied with an ivory satin ribbon. Tucked in the pocket of the dress, the bride carried a blue handkerchief that belonged to the groom's great-great grandmother. In her boot was a penny placed by the groom's father and minted in 1983, signifying the year the couple was born.

Serving as maid of honor was Tracy Cox, former roommate and friend of the bride. Bridesmaids were Kristen Norris, stepsister of the bride, and Lauren Oliver, cousin of the bride. The bridal attendants wore black, sleeveless, knee-length dresses and carried bouquets of long-stem red roses.

The groom wore a charcoal grey vested suit and an ivory shirt and black tie.

Best man was Matt Meinen, college roommate and friend of the groom. Groomsmen were Matt Boyd and Chris Jimenez, both friends of the groom. The groom's attendants wore black tuxedos with black vests and ties.

Programs were handed out and guests were greeted as they arrived by Shelby Cornwall,

sister of the groom, and Tayla Mosser, cousin of the bride.

Music for the wedding was provided by Cynthia Merrell on the pipe organ with vocal accompaniment by her husband, Cres. During communion, Nathan Rangel played "Ave Maria" on the violin.

Following the ceremony, a dinner and dance was held at Hanley Hall with music provided by Allen Lester. The wedding party was introduced as they arrived by Randy Cook, uncle of the bride. A buffet of fajitas with all the trimmings awaited the guests as they arrived at the reception.

The bride is a 2001 graduate of Post High School. She received a Bachelor of Arts degree and a master's degree in accounting from Texas Tech University. She is employed at Red Oak Water Transfer in Fort Worth as the chief financial officer. She is a CPA.

The groom is a 2001 graduate of Graford High School and received a Bachelor of Arts degree from Sam Houston State University and a Master of Business Administration degree from the University of

Texas at Arlington. He is employed at XTO Energy in Fort Worth as a senior auditor.

Following the wedding, the couple traveled to Ruidoso, N.M., for a few days of rest and relaxation at a cabin built by the bride's grandparents around the time she was born and now owned by her aunt and uncle, Annette and Randy Cook. They will honeymoon in September in Scotland.

A rehearsal dinner was held at the home of Steven and Dolores Mosser in Lubbock and catered by the Knights of Columbus of St. Elizabeth's Church. Being the first Friday of Lent, the menu was fish.

The day of the wedding, the bride and her attendants were honored with a luncheon in the home of Dr. and Mrs. Samuel King and hosted by Carol King, aunt of the bride, and Courtney Haylock, cousin of the bride. Hair was done by Joann Martinez and makeup by Courtney Haylock, as close friends and family enjoyed a come-and-go buffet lunch.

The couple will reside in



HELEN PERNOKIS



MARY CHILTON



SHERYL DAVIS

McDonald's employees recognized for service

Three McDonald's of Post employees recently received awards for their years of service to the restaurant. Helen Pernokis was

recognized for five years of service. Sheryl Davis was recognized for nine years of service. Mary Chilton was recognized for eight years

of service. Each employee was awarded a framed shadow box to display her service award pins.

Wayne Hodgkin

Local student wins at Tech fashion show

Special to the Dispatch

LUBBOCK — Post native and Texas Tech sophomore fashion student Darlene Araiz won the Trend Board category Saturday at the Denim Runway 2012 design contest during the annual TECHstyle Senior Fashion Show.

Araiz was one of four Tech students who took home top honors at the contest, sponsored by Plains Cotton Cooperative Association and Cotton Council International in collaboration with the university's College of Human Sciences, Department of Design's Apparel Design and Manufacturing program.

Jovita Lektzian, a senior from Panevezys, Lithuania, won the women's jeans category with a design for the "Missy" market. She described the garment as "a

simple, slightly relaxed fit jean with a painted and embroidered detail of the Lithuanian national stylized flower motif."

Kimberly Berry, a junior from Pleasanton, Calif., won the men's jeans category with a classic, straight-leg jeans design. The garment also featured commodore blue topstitching and a pirate pattern on the pocket lining. Lektzian and Berry will receive an expenses paid trip to Guatemala to attend a major apparel sourcing show and visit PCCA's Denimatrix jeans facility.

Caitlin Moore, a sophomore from Rowlett, won the casual category where contestants were given the opportunity to design and create any denim garment other than jeans. Her entry

was a dress with a fully-lined, mid-thigh circle skirt accented with a gold zipper and striped chiffon treatment on the sides, back and flutter sleeves.

Both Moore and Araiz received cash awards for their entries.

"This past year, we continued to give these students a field-to-fashion overview of the denim apparel supply chain, starting with a visit to a cotton farm and ending with a tour of our American Cotton Growers denim mill in Littlefield," said PCCA President and CEO Wally Darneille. "As these students begin their careers, they will take with them the knowledge of cotton and denim they gained from this Denim Runway contest."

Cryptogram

A cryptogram is a puzzle where a sentence is encoded by substituting the actual letters of the sentence with different letters. The challenge of the puzzle is to 'decode' the sentence to reveal the original English sentence. We have provided a few of the decoded letters to help get you started.

Hint: Quote by Harry Potter

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
N															F										

V C F Y B G F O F F A V Y G P F U B U F I N O L
 B U F I N O L I T T I E O O K P V Y C T D L

Cryptogram Solution on page 5



SUDOKU

						9		
4	7						5	8
2						1		3
		9	5					
	3		6		7			
8					1	3		
9		6			2	4	1	
	1							
		8		7				

Level: Advanced

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

2	6	9	5	6	7	8	1	4
7	1	2	4	5	9	8	3	6
5	6	3	8	2	4	1	7	9
8	7	4	9	2	1	3	6	5
6	9	3	1	6	4	7	2	8
4	1	8	9	5	3	8	7	4
2	6	5	8	9	4	1	7	3
4	9	7	2	1	3	6	5	8
1	8	3	7	6	5	9	2	4

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Wear Ye Favorite Pirate Garb! Arrrr

Must have a treasure map to be eligible to participate.
Visit a downtown merchant or call 806-990-9907."

Yesteryears

30 Years Ago
May 6, 1982

JoAnn Mock receives People's Choice Award with an oil still life entitled "Farmer's Dream" in the '82 Post Art Guild spring show.

Jeff Lamb was named West Texas Tumbling Association's Athlete of the Year for the West Texas area.

Happy birthday today goes to Di Anna Collier, James Stewart, Doug McWhirt, Bessie Lee, Sema Gonzales, Pam Ehert, Juanita Vasquez and Lala Shalene Pankey.

Artie Young has a beautiful rose garden in her yard. One of the roses measures 9 1/2 inches thick.

40 Years Ago
May 4, 1972

James Sweeten was elected president of the Post Jaycees on Thursday evening at a dinner meeting.

Mr. and Mrs. B.P. Putman of Mineral Wells

visited last week with his parents, Mr. and Mrs. J.W. Putman, and other relatives.

Miss. Pam Petty, Post student at Western Texas College, has been elected a cheerleader for the 1972-73 school year.

Mrs. Kay Hays and children spent the weekend in Dublin visiting her parents, Mr. and Mrs. Max Gordon, and Darby.

50 Years Ago
May 3, 1962

Tommy Bouchier is valedictorian and Jean Johnston is salutatorian of this year's graduating class at Post High School.

Lee Wayne Long was honored with a birthday party on Monday evening. Guests attending were Joe Pennell, Karen Sneed, Daisy Smith, W.D. Sims, Ricky Blacklock, Jimmy Kemp and Vicki and Sammy Long.

The passing of Auvy Thomas saddens many Grassland folks.

Ed Kelly Sims won the calf roping in the

Saturday night rodeo at the Lubbock Sports Arena with an 11.8-second performance.

Barbara Boren, daughter of Mr. and Mrs. Jim Boren, has the mumps.

60 Years Ago
May 1, 1952

Miss. Janyce Lobban won best in Garza County in the annual 4-H Dress Revue.

Phil Trammell was introduced as the new Cubmaster of Cub Pack 16 at the pack night supper Monday.

Mr. and Mrs. J.A. Propst returned last week from a trip to El Paso and Mexico. They attended a Shriners convention in El Paso.

Friends of little Cherry Dodson will be interested to know she is a cover girl now. Cherry, who is undergoing treatment in the Plainview Polio Clinic, was featured on the front page of the Plainview Sunday Herald Easter section.

See "Cheaper by the Dozen" tonight at the

Sunset Drive-In.

70 Years Ago
May April 8, 1942

Consumers must register May 4-7 for sugar rationing books.

Miss Betty Nell Dent and Howard McCampbell were married in Lubbock on Saturday night.

Shelly Camp, grade school teacher, has enlisted in the Naval Reserve and will leave at the end of school for Notre Dame training school.

Harold Davis, son of Mr. and Mrs. Harrison Davis, has been promoted to staff sergeant. He is stationed at Goodfellow Field in San Angelo.

More than 500 men between 45 and 65 have registered in the county.

Committees for the rodeo, slated for June 18-19, have been appointed.

Compiled by Elizabeth Moreno

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God Bless the USA!

Weekly Inspirations

Wandering Ways

Read Read Proverbs 4:25-27

My child, give me your heart, and let your eyes observe my ways.

Proverbs 23:26 (NRSV)

The bewildered child stood alone on the street in front of my house. I was alarmed, especially since none of my immediate neighbors has young children. He was not afraid as I approached him, and he willingly took hold of my hand. We chatted as we walked down the street toward a home a couple of blocks away, where I knew a family with young children lived.

He told me that his name was Heath and said, "I love ants." Apparently, his interest in ants had lured him from the security of his own yard. He had followed the tiny insects until he ended up in a place he didn't recognize.

We're all a bit like that child. We may not deliberately take a wrong path, but the enticements and busyness of life can distract us and cause us to wander from close fellowship with God. Sometimes we end up in unpleasant or even dangerous circumstances we wish we had avoided.

God longs for us to return from our wandering. Just as Heath's mother rejoiced when she saw us walking toward their home, God is delighted to send love and forgiveness to wash over us when we head toward home.

Muriel DeLong
(New Brunswick, Canada)

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work."

2 Timothy 3:16-17

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Devotional Page and Church Directory brought to you by advertisers on this page

Church Directory

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Southland Baptist Church	Southland	Post Church of the Nazarene	202 W. 10th, 495-3044
Templo Bautista	315 W. Main	Grassland Church of the Nazarene	327-5656
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Church of Christ		Presbyterian	
Church of Christ	108 N. Ave. M, 495-2326	First Presbyterian Church	910 W. 10th, 495-2135

And thou shalt love the Lord thy God with all thine heart, and with all thy soul, and with all thy might.
Deuteronomy 6:5

Visit any one of these businesses and churches and you will find wonderful Post City people and those who support Post.

COLUMNS



The 501

by Hanaba Munn Welch



Refrigeration. What a word. Why does it start with "re"?

Shall we guess? Here's my guess:

Refrigeration started out as a way to make things cold that were inherently supposed to be cold but had lost their coldness — sort of a "make frigid again" concept.

DICTIONARY PAUSE.

Surprise. Either I'm right or close to it. Go back to Latin, and you've got "refrigerare," with "re" meaning "back" and "frigus" and "frigor" meaning "cold."

Ergo, picture Julius Caesar taking a package of Caesar salad out of his refrigerator and grabbing a bottle of Caesar dressing from the shelf in the door. Why not? Would the Latin-speaking world have given us a verb for "refrigerate" if they didn't do some refrigerating?

Meanwhile, the electrified world has gotten a bit carried away with a good thing, if you ask me. We refrigerate everything. We miss a lot.

Me, I'm a room temperature person. Lots of things taste better at room temperature. Consider tomatoes. Cold ones may

feel better when you chomp down on them, but room temperature tomatoes taste better. Same thing goes for bananas. They've got more flavor when they're not cold and crispy like some pickles we know. For that matter, I don't care that much for cold pickles either.

At this very moment I'm viewing a pineapple, an ear of corn, an onion, some tomatoes, a banana and three squashes — all unrefrigerated and sitting defiantly on top of the non-working refrigerator in our little camp trailer. Admittedly, I'm the one who's projected the element of defiance into the still life arrangement, quite attractively displayed on a red and white checked dishtowel. Did I mention it's a red onion? Anyway, if you asked the fruits and vegetables, I think they'd tell you themselves they prefer to be where they are, complimenting each other's colors, rather than tucked away in a cold dark chilly drawer. They're ripening even as we speak. Why spend money on energy to keep them cold when they can add good looks and faint

nice aromas to this little living space?

OK, if the refrigerator happened to be working I might put the corn and squash in it to keep them cool until cooking time. On the other hand, why? If something doesn't have to be kept cool, why waste the energy to make it happen?

When my father was a child, they kept milk cool in the well. That was how everybody kept milk cool back in those days. Cool, huh?

When I was a child, potatoes and a few other things, like apples and onions, lay in a three-shelf vegetable bin in the pantry. We had a refrigerator, but we didn't use it for absolutely every perishable food item.

Enter global warming. We must reduce fossil fuel use to keep the glaciers from melting.

So, why don't we hear more about refrigerating less? Probably because somebody is afraid someone will eat a rotten tomato and sue somebody.

Here's to that risk. Disclaimer: Don't eat any rotten tomatoes.



The Doctor Is In

By Dr. Benjamin Edwards

Hormones continued: Grains, sugars produce yeast, telling body to store fat

We are continuing our discussion of fat hormones today. Remember, hormones float around your blood and fit into receptors like a lock and key. When this connection occurs a message is "typed" onto your DNA. The message these fat hormones type in is "store fat." You will store fat instead of burn it if these hormones are in abundant supply in your body. The past two weeks we discussed the fat hormones insulin and estrogen. The featured fat hormone this week is growth factor.

Growth factors actually encompass a wide array of chemicals (not really hormones) that mediate the inflammatory process.

When your immune system gets turned on by the

presence of foreign microbes, it will release a whole host of cells to go and fight. These cells release chemicals called growth factors.

Think of it like the Homeland Security department detecting a group of foreign terrorists inside our borders. A signal will go out for all the paratroopers, Marines, Navy SEALs, Rangers, etc., to engage in a battle against the foreign invaders. The bullets, hand grenades, rocket-propelled grenades and artillery are like the growth factors. The growth factors in our body signal us to store fat.

So, you must make sure there is nothing turning on your immune system. Any overgrowth of foreign microbes can turn on the immune system, but there is

one in particular that we'll focus on.

The modern American diet rich in processed grains (wheat, corn, rice) and sugars (cane sugar, high-fructose corn syrup) encourage one group of microbes in particular to flourish in our gut and even throughout your body. These microbes are the fungus yeast.

When fungus proliferates, it will turn on the immune system, releasing growth factors and encouraging you to store fat. We will talk more about this fungal overgrowth next week.

Dr. Benjamin Edwards is a physician with the Garza Health Clinic, an affiliate of Physician Network Services of University Medical Center in Lubbock.



The Paperboy

By CHRIS BLACKBURN

My mother would spend hours in front of the computer. During the last five years of her life, I'd say she had more friends online than in person. I'm not talking about old friends, I'm talking about friends she met online.

A new study says technology-addicts regularly go 48 hours without speaking to anyone in person.

According to the study, three percent of adults fall into a so-called 'digitally dominant' group which mainly communicates via text, email or video calls. It suggests technology is helping to end physical and social interaction among those obsessed with the devices.

In my opinion, humans need contact and interaction. Depression and other issues can be exacerbated by the constant distraction of technology.

In many ways, my Mom lived as a hermit. Her outlet was her online friends. In many cases, she never actually met these friends in person.

As with anything, moderation is key. This day in age, addictions are common and it's easy to see how someone can spend hour after hour online or playing games.

My wife and I have a child we monitor because he spends a lot of time with various devices. We're not against him playing games or learning online, but too much of it makes it harder to get him away.

Keep an eye on your children and grandchildren and make sure they interact with others in person on a regular basis. The life of someone who spends the majority of their life in an alternative social structure can be damaging.

Either the Obama campaign is full of morons, or they want to illustrate that the president is indeed a Socialist.

The campaign released a new campaign slogan Monday in a 7-minute video. The title, "Forward" with the "O" having the familiar Obama logo from 2008, has a long history and association with European Marxism.

Communist and radical publications and entities throughout the 19th and 20th centuries had the name "Forward!" or its foreign cognates. In fact, Wikipedia has an entire section called "Forward (generic name of socialist publications)."

According to the website, "the name Forward carries a special meaning in socialist po-

litical terminology. It has been frequently used as a name for socialist, communist and other left-wing newspapers and publications."

There have been at least two radical-left publications named "Vorwaerts" (the German word for "Forward"). One was the daily newspaper of the Social Democratic Party of Germany. The other was the 1844 bi-weekly reader of the Communist League. Karl Marx, Engels and Mikhail Bakunin are among the names associated with that publication.

So I ask: What in the world were they thinking when they came up with this slogan? I ask it because I doubt the mainstream media will. If I get an answer, I'll let you know.

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- Hospice Care
- Senior Living
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CLUES ACROSS

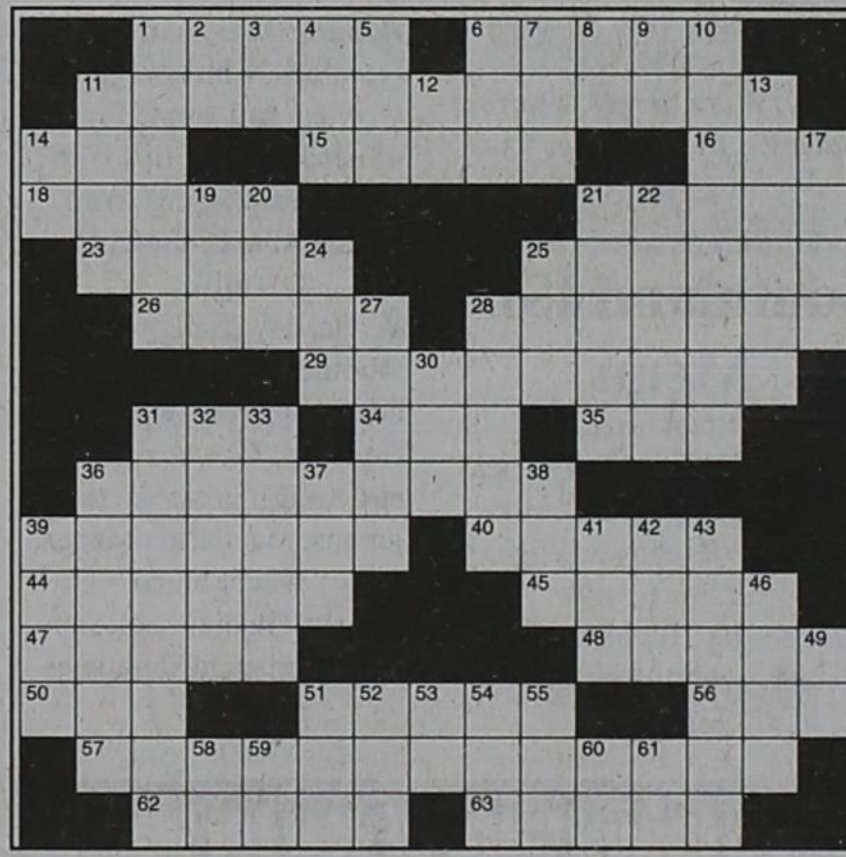
1. Color lightly
6. Female parents
11. Present covering
14. Feathered scarf
15. Positive pole
16. British Air Aces
18. Alo ____; loss of hair
21. Broadway's Hook, Ritchard
23. Lime painting on dry plaster
25. Machinery lubricant
26. Smallest U.S. coins
28. Resembling an angel in goodness
29. Metric linear unit
31. ____kus: commotion
34. Angkor ____, temple
35. Radioactivity unit
36. Rebuilt
39. Slandered
40. Pla ____; blood parts
44. Classic style or image
45. 1/2 of a German spa
47. Search and rescue exercise (acr.)
48. Weight unit
50. Claim (abbr.)
51. Soup noodles
56. Similar (suffix)
57. Washing receptacle
62. Larceny
63. Ringtail monkey genus

CLUES DOWN

1. Drew an outline
2. Farm state (abbr.)
3. House speaker initials
4. Licensed bean counter
5. Atomic #50, SN
6. Million gallons per day (abbr.)
7. A non-human primate
8. Mom
9. Associated Press
10. Bread knife edge
11. Sufferings
12. Yes opposite
13. Grower
14. Int'l. fuel co.
17. In a way, left
19. ____ng: cake topping
20. ____e: apex
21. One who weeps
22. Yiddish gossip
24. Largest English dictionary (abbr.)
25. Leg (slang)
27. Stitched
28. Lots
30. Iron Man Ripkin
31. Change pagination
32. Inh ____; cruel
33. Funny books
36. Revoke

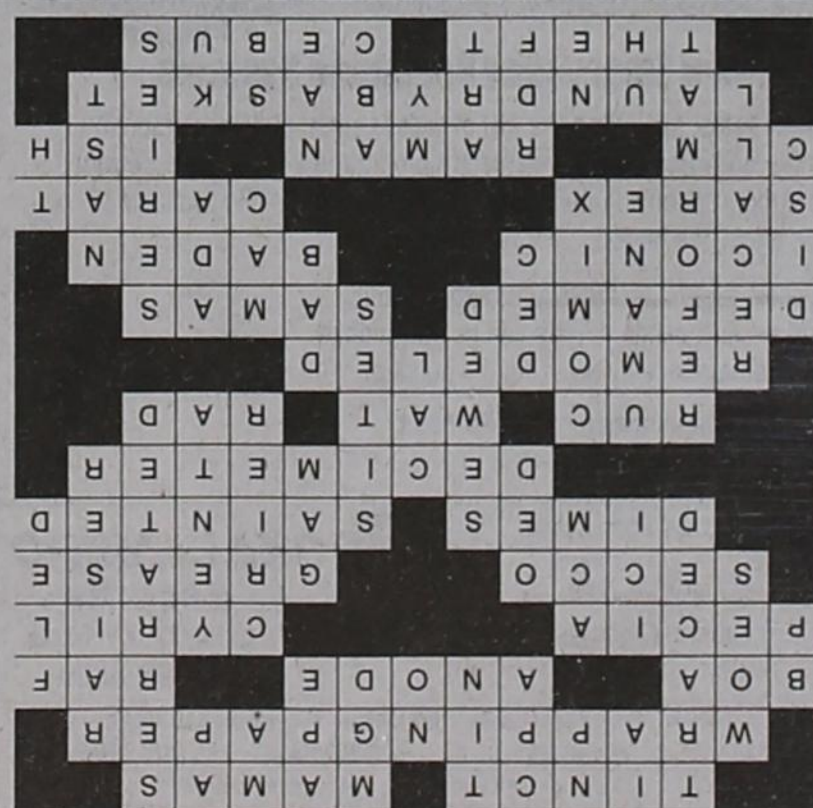
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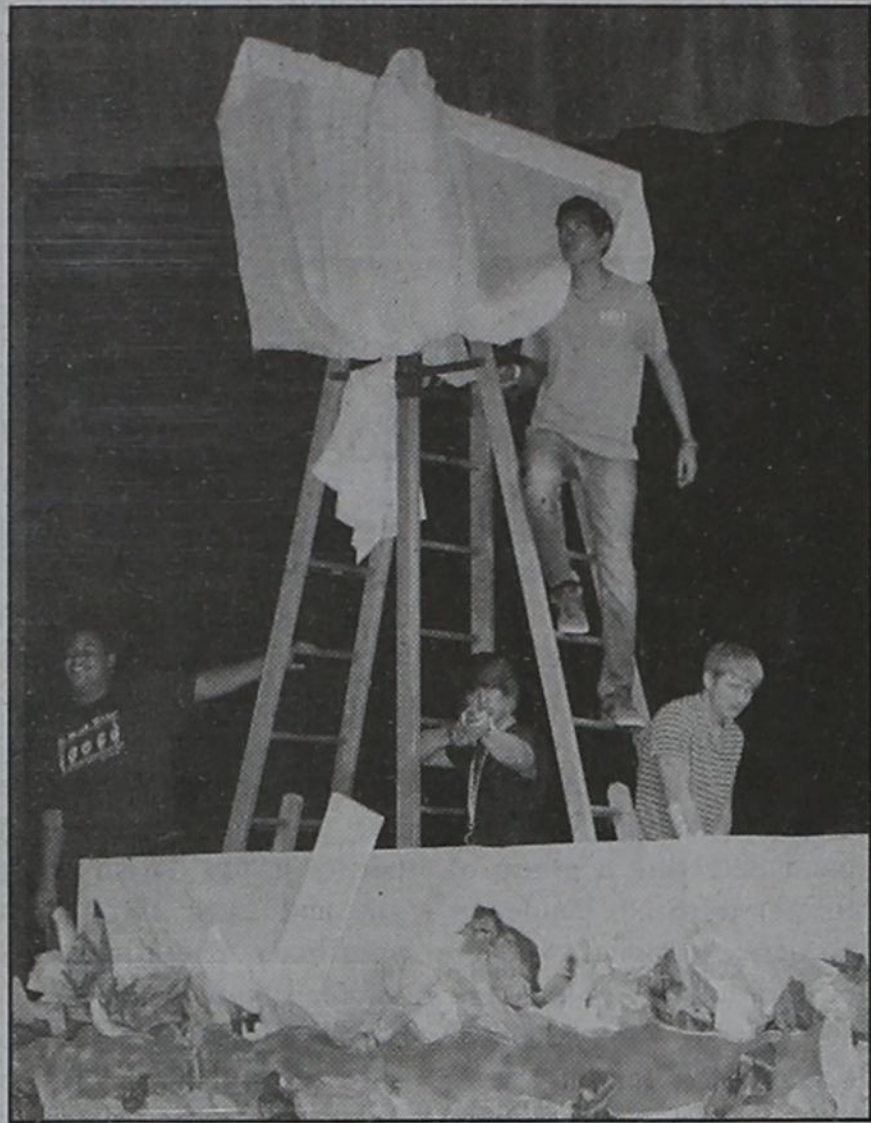
37. Last month (abbr.)
38. Pat lightly
39. Phonograph record
41. A waterproof raincoat
42. Dentist group
43. A set of TV programs
46. "Conde __ Traveler" magazine
49. Atomic #90
51. Radio direction finder
52. Honeymooner actor Carney
53. Belonging to me
54. Basics
55. No (Scottish)
58. Expression of uncertainty
59. Point midway between N and E
60. Atomic #51
61. S __; store barcode

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'The Pirate Show' dinner theater this weekend



Post High School drama students rehearse for "The Pirate Show" recently ahead of their performance this coming Saturday for a dinner theater fundraiser. The meal will be served at 6:30 p.m. in the cafeteria, and the show will begin at 8 p.m. Tickets for the dinner and show cost \$15. Tickets for just the show cost \$8 and can be purchased in advance or at the door. Anyone interested in purchasing tickets can email Tatum at ttatum@postisd.net or call the school at 495-2770.

Post ISD Menu

Breakfast
Monday: Breakfast pizza, fruit, milk
Tuesday: Muffins, sausage link, fruit, milk
Wednesday: Oatmeal, bacon, toast, fruit, milk
Thursday: Cowboy bread, sausage link, fruit, milk
Friday: Cereal, graham cracker, fruit, juice, milk
Lunch
Monday: Chicken fajitas, refried beans, seasoned corn, orange wedges, sherbet cup, milk
Tuesday: Pizza, salad, corn, peaches, milk
Wednesday: Country-style steak, gravy, mash potatoes, green beans, hot roll, strawberry shortcake, milk
Thursday: Chicken spaghetti, garden salad, fresh apple, Texas toast, brownie, milk
Friday: Pizza burger, lettuce, tomatoes, pickles, tater tots, fresh grapes, milk

Thursday: Muffins, cereal, yogurt, fruit, juice, milk
Friday: Biscuits, sausage, gravy, fruit, juice, milk
Lunch
Monday: Grilled cheese, chicken noodle soup, mixed veggies, fruit, crackers, milk
Tuesday: Steak fingers, mashed potatoes, gravy, green beans, hot roll, fruit, milk
Wednesday: Nachos, pinto beans, tossed salad, pudding, fruit, milk
Thursday: Barbecue weiners, macaroni and cheese, corn, hot roll, sliced peaches, milk
Friday: Sloppy joes, beans, baked fries, pineapple-orange salad, milk

Trailblazers Senior Citizens Center

Lunch
Monday: Meatloaf, mashed potatoes, winter veggies, wheat roll, apple fluff
Tuesday: Beef tips with noddles, veggies, corn, chocolate cake, strawberries, milk
Wednesday: Barbecue beef, smothered potatoes, pinto beans, apricots, wheat bun
Thursday: Chicken tenders, garlic mash potatoes, turnip greens, mandarin oranges, wheat bread
Friday: Tilapia, corn, slaw, cherry crisp, hushpuppies, milk

Southland ISD Menu

Breakfast
Monday: French toast sticks, sausage, fruit, juice, milk
Tuesday: Bacon and eggs, fruit, juice, milk
Wednesday: Breakfast bar, cereal, yogurt, fruit, juice, milk

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ent consecutive day the national average price at the pump has been lower than the year-ago level. Prior to April 24, when this streak began, it had been 911 days (Oct. 26, 2009) since the national average price for gas was lower than the same day the year prior.

AAA Texas spokesman Doug Shupe said Tuesday this was the third consecutive week that consumers had seen relief at the pump.

"We don't know if this trend will continue. We're hopeful it will," Shupe said. "Memorial Day weekend is right around

LOCAL GAS... continued from page 1

the corner. That weekend, historically, is one of the top five most-traveled weekends in the U.S., and we always see a spike in the pump about that time simply because demand is higher."

The average price of a gallon of regular gasoline last year around Memorial Day weekend was \$3.86 statewide.

Crude oil prices were lower this week as a result of a slowdown in overseas economies. That's causing gas prices to fall more in various regions across the United States and in Texas.

Currently drivers in the Lone

Star State are paying on average \$3.74 for a gallon of regular unleaded. Nationwide the average price now sits at \$3.83, according to the AAA Texas Weekend Gas Watch.

On average drivers in Texas are paying about 9 cents less than drivers nationwide. The most expensive gasoline average in Texas is in Houston and Galveston at \$3.80. Amarillo is reporting the least expensive average in the state at \$3.50 for a gallon of regular unleaded.

Analysts say the weakening economies overseas, including weaker than expected econom-

ic data from China, have lecto a downward pressure on prices. According to some analysts there is a growing suggestion that crude oil and whole gasoline may have reached be near a seasonal peak.

"We're hopeful these prices continue to fall," Shupe said. "Usually you see market trend hit major metropolitan area before they begin to trickle down to smaller communities, such as Post. So, it's not unusual that you would first see lower gas prices in Lubbock than you would where you are."

TRUSTEE SEATS continued from page 1

Incumbents Mike Holly and Milton Williams will seek to reclaim their seats on the board for another term. Phone calls to Williams were not returned.

Two political newcomers, Nancy McDonald and Ted Thomas, however, both will be vying for the open seat and could potentially unseat one current member.

Mike Holly

Two-term member Holly, who has served as president of the school board the last three years, said he ran for the first time six years ago because of what he said was a lack of leadership among the board at the time.

"I ran because there seemed to be a gap between school leadership and the community," he said. "I spent my first term really trying to learn the system from the viewpoint of an average citizen, and my second term has been dedicated to improving our system and making it stronger."

"We have worked hard the last few years to bring in some really strong and talented leaders, and we're beginning to see good, positive things start to happen. Our school system's morale is higher now than it has been in a long time, I believe."

Holly said one of his main goals is to continue to ensure the system retains students to Post ISD.

"We've had a number of students leave throughout the last few years for one reason or another. We've lost students to Southland and Borden County by the droves," Holly said. "I want to change that. I would like to see kids who live here go to school here. And, I believe, our board is taking the necessary steps and gained

some great momentum to improve our schools and keep those students here at home."

One of the issues the new board will face in the upcoming months is a bond election to secure funding to build a new high school.

Holly said in order for Post schools to compete academically at the level of schools to which local students are flocking, a technologically advanced campus will go a long way.

"The idea to update and improve our facilities both technologically and aesthetically was a notion this school board began embarking on more than a decade ago," Holly said. "It's been a priority goal for that long, yet we're still lagging behind other school systems."

"We're way behind."

In anticipation of the bond election and with the approval of a new facilities plan, the current board has been visiting various campuses throughout the South Plains to get an idea of how other schools are utilizing new technology to improve their districts and ensure their students are academically prepared for their post-secondary endeavors, whether that's higher education or the work force.

"The school system is one of the biggest employers in the county with 160-plus workers and with an annual payroll of between \$7 million and \$8 million," Holly said. "Our schools are important to the livelihood of our community, and we have a really great board who genuinely cares for these students and members who are forward-thinking enough to see that if Post schools are going to continue to improve, changes are

going to have to be made."

Nancy McDonald

A 19-year veteran of the school system, McDonald taught middle school math from 1986 to 1993 and high school math from 1994-2002. Then she became the family and consumer sciences teacher from 2002 to 2006. Since 2006, she has been the family and consumer sciences agent for the Texas AgriLife Extension Service.

McDonald said while she is not running on a particular agenda, she has a passion for students and the school system.

Because Collier has chosen not to seek re-election, McDonald said there is a continued need for a female voice on the board.

"I've been a part of this community and school system for many years," she said. "I feel like it's now my turn to give back to a system that has given my family so much."

Regarding the proposed bond election, McDonald said having been a teacher in the middle school for a number of years, she was "aware of the issues the building had at that time."

McDonald is a Post High School graduate and a graduate of Texas Tech with a bachelor's degree in elementary education. She is currently pursuing her master's degree in animal science and will graduate from Sul Ross University in August.

She is married to Dennis McDonald, and they have two children Trent, a Post ISD graduate, and Dakota, a graduating senior.

"As a parent, I believe there are many skills and experiences beyond academics that help develop our children into pro-

ductive citizens," McDonald said. "I believe Post schools offer those experiences."

Ted Thomas

While speaking highly of current board members and the work they have done, Thomas said he wants to be a part of the continued success of the school board.

"I just want to see the school system continue to grow and improve," Thomas said. "I've seen a lot of changes in the past year and want to continue to see those improvements."

He said he would continue to improve and implement the board's goal of bringing the system's facilities into the 21st century.

"If you go inside and actually look at our schools, you'll see the improvements that are needed in our schools," Thomas said. "Most times, parents just drop their kids off and don't ever step foot inside. I've been inside our schools, and there are issues that need to be fixed."

Thomas said he was a member of the bond committee that proposed the facilities plan for the campus.

"The elementary school needs a new roof. The whole junior high building needs to be replaced. Our athletics facilities need to be upgraded," he said. "Our schools' buildings weren't built for 21st century technology. This is a perfect time to begin addressing these issues."

Originally of Austin, Thomas has lived in Post for about 10 years and is the owner of Post Tire and Lube. He is married to Jamie Thomas, and they have three children, Kara, 11, Chelsea, 9, and Conner, 4. His girls attend Post schools, and his son will attend kindergarten next year.

gional champion. This is also a school record."

Berry's leap of 37 feet, 5 inches in the girls triple jump was nearly .3 inches further than Rausalyn Miller's of Crane and nearly 3.5 inches more than Breckenridge's Nocona Swindell.

"Haily Berry also set a personal best and the school record in triple," Riker said. "Haily was very calm under pressure getting out to the lead early on with her second jump. She set atop the leader board and also came out as the regional champion." Ramirez' throw of 121 feet, 5 inches in the girls discus event was second-best to Cisco's Amber Graham, who threw 129 feet, .07 inches. Brooke Daily of Abemathy took home the bronze to compete with the other two at a throw of 119.05 feet.

"Alexis shocked us all in the discus," Riker said. "(Athletic Director) Coach (Steve) Smith said he knew she had it in her, but we just hadn't seen it this season. Alexis threw her personal best advancing to the state meet and was named the regional runner-up." In other events at the region meet, the girls 4-by-100-meter relay team of Kelbie Oden, Bethany Curtis, Matti Smith and Berry was knocked out of competition by com-

STATEBOUD! continued from page 1

ing in 12th at 51.73 seconds in the preliminary, .42 seconds longer than Wall, which came in eighth to advance on to the finals. In the boys 4-by-100-meter event, the team of Darren Brown, Nathaniel Gill, Steven Howard and McDonald was disqualified in the preliminary. During the boys 100-meter dash prelims, McDonald ran a 10.84 but was knocked out of advancing to state by one-hundredths of a second, running a 11.45 in the final event. He was bested by Landon Meek of Wall with a 11.16, Matt Dominguez of Abemathy at 11.25 and Ty Johnson of Forsan with a 11.44. In the boys 4-by-200-meter event, the relay team of Vance Blair, McDonald, Matthew Soto and Brown was disqualified in the prelims. Bethany Curtis' 22nd-place finish in the girls 400-meter dash wasn't enough to advance her to the final event. Berry was a tenth of a second from qualifying for the girls 200-meter dash. She ran a 26.53 and was bested by a Ballinger competitor to advance to the finals. In the same event, Smith's 16th-place finish at 27.33 seconds wasn't enough for her to advance.

In the girls long jump event, Berry was .15 inches shy of a state berth with a leap of 16 feet, 8.5 inches. She was bested by Macy McNeely of Hamilton at 18.25 feet, Alexa Guerrero of Harper at 17.1 feet and Zoie Lalonde of Ingram at 16.975 feet. In overall results, the girls team placed ninth with 24 points, bested by, respectively, Crane, Breckenridge, Bushland, Blanco, Spearman, Ingram, Tulia and Jim Ned (Tuscola). The boys team came in 12th place with 14 points behind Sonora, Eastland, Crane, Idalou, Wall, Bushland, Highland Park (Amarillo), Muleshoe, Littlefield, Slaton (tie) and Hico (tie), respectively.

III. Region 1-AA Track and Field Results Friday, April 27, and Saturday, April 28 Rattiff Stadium, Odessa

- Girls discus throw**
Second - Alexis Ramirez, 121.05 feet
- Girls triple jump**
First - Haily Berry, 37.05 feet
- Boys triple jump**
First - Corbin McDonald, 46.275 feet
- Boys 100-meter dash**
Fourth - Corbin McDonald, 11.45 seconds (Only the top three placeholders advance)

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Post Notes

Events are listed free of charge for nonprofit civic organizations, schools and community events. Submit listings at least two weeks ahead of the date. Listings will run through the date of the event. Emailed submissions are preferred to thepostcitydispatch@gmail.com.

Primary election

Sample ballots for the May 29 general election primary are available for public inspection at the Garza County elections office. For information, call 495-4430.

Voter registration

The last day to register to vote in the May 29 primary election is April 30. For information or to print a registration application, visit votetexas.gov or contact the Garza County Registrar of Voters at 495-4430.

Dinner theater

Members of the Post High School Theater Department will have a dinner theater at 6:30 p.m. May 5 in the school cafeteria. Show begins at 8

p.m. in the auditorium. The play, "The Pirate Show," is a hilarious comedy with a band of English pirates (women) trying to beat a band of Spanish pirates (men) to a buried treasure. For tickets, contact Tim Tatum at ttatum@postisd.net. All proceeds will allow the students to attend the state one-act play competition in Austin.

Graham Ole Opry

Event will be from 7 to 9 p.m. May 19 at the Graham Community Center, 5 miles west of Post on U.S. 380 and 2 miles south on FM 399. No admission charge, but donations will be accepted. Concessions available. For information, contact Noel White at 805-495-3261.

Art exhibit

The O.S. Museum, 201 E. Main St., Suite 3, is now exhibiting "The Color of Spring," a display of birds, flowers and eggs through May 31. Viewing hours are 10 a.m. to noon and 1 to 5 p.m. Monday through Saturday. For information, email osmuseum_mneff@yahoo.

com 495-3570.

Donations needed

Five-Stone Ministries, a nonprofit 501c3 organization, is in need of the following items: men's work clothes, men's work shoes, workable washers and dryers. Some women's items also are needed. For information, contact O.L. Ferguson at 806-781-1156. Monetary donations welcome at P.O. Drawer 669, Post, Texas, 79356. All donations are tax deductible.

Horse validations

4-H Connect is now open for horse validations. Contact the Extension Office at 806-495-4400 for information.

Trap shoot

The Garza County 4-H Shotgun Sports Trap Shoot will be April 28. Early registration is going on through Monday and is \$15 plus \$5 per round. Late registration is \$25 plus \$5 per round. Trap shoot practice is at 5 p.m. every Monday at the Palmer Gun Club. Anyone interested in joining Shotgun

Sports, should contact Ray Mason at 781-8022 or Mark Kirkpatrick at 787-5104.

FUMC praise service

First United Methodist Church, 216 W. 10th St., Post, has begun a new praise and worship service on Wednesdays. A meal will be served at 6:15 and the service will follow. Music, teaching and discussion as well as a time for prayer. For information, call the church at 990-2942.

State 4-H Roundup

The State 4-H Roundup will be June 11-15 at Texas Tech University. For information, call the Extension office at 806-495-4400.

Post Elementary School

Below are the Post Notes to cover the next few weeks. The only new one from last week is the 3rd grade musical on May 10th. Report cards go home today so I should have A and A/B Honor Roll to you by Friday for next week. Thank you so much!!

Post Elementary Post Notes

May 2 is College Spirit Day. All students are asked to wear college gear that day. May 4 is a Play Day; parents check for more information sent home with your student. May 10 is the third-grade musical at 10 a.m., 1:30 p.m. and 6 p.m. in the elementary auditorium. All performances are open to the community. It is now the time of year elementary students go on field trips. Please look for information to come home in your student's folder for more information. Please make sure permission slips are signed and returned in a timely manner so that your student may participate with their class.

Play days

Horse play days will be May 12, 19 and 26 at the Post Stampede

Rodeo Grounds. Registration begins at 9 a.m. and events start at 10 a.m. \$2 per event or \$12 for all events. For information, contact Danya Peterson at 520-405-0221 or the Garza County Extension Office at 806-495-4400.

4-H camp

4-H'ers interested in attending 4-H Camp are urged to contact the Extension office at 806-495-4400. Leadership Lab will be May 29-31 for ages 9-12 in Levelland; Electric Camp will be June 25-29 for ages 14-18 in Cloudford, N.M.; Golf Camp will be April 27-28 for ages 12-18 in College Station; Prime Time I will be July 2-25 for grades 5-8 at Lake Brownwood; Prime Time II will be July 25-28 for grades 25 at Lake Brownwood; Horizons will be July 3-7 for grades 4-8 at Lake Brownwood.

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FOR STATE REPRESENTATIVE
VOTE MAY 29TH



Saturday is Cinco de Mayo



1901 poster for Cinco de Mayo: "May 5, 1862 and the siege of Puebla."

Saturday is a special day for Mexicans around the world. Cinco de Mayo is a day where Mexicans commemorate the Mexican army's unlikely victory over French forces at the Battle of Puebla on May 5, 1862, under the leadership of General Ignacio Zaragoza Seguín.

Contrary to widespread popular belief, Cinco de Mayo is not Mexico's Independence Day - the most important national patriotic holiday in Mexico - which is actually celebrated on September 16.

Cinco de Mayo has its roots in the French occupation of Mexico, which took place in the aftermath of the Mexican-American War of 1846-48, the Mexican Civil War of 1858, and the 1860 Reform Wars. These were left the Mexican Treasury in ruins and nearly bankrupt.

On July 17, 1861, Mexican

President Benito Juárez issued a moratorium in which all foreign debt payments would be suspended for two years.

In response, France, Britain, and Spain sent naval forces to Veracruz to demand reimbursement. Britain and Spain negotiated with Mexico and withdrew, but France, at the time ruled by Napoleon III, decided to use the opportunity to establish a Latin empire in Mexico that would favor French interests.

Late in 1861, a well-armed French fleet stormed Veracruz, landing a large French force and driving President Juárez

and his government into retreat. Moving on from Veracruz towards Mexico City, the French army encountered heavy resistance from the Mexicans near Puebla, at the Mexican forts of Loreto and Guadalupe.

The 8,000-strong French army attacked the much more poorly equipped Mexican army of 4,000. Yet, on May 5, 1862, the Mexicans managed to decisively crush the French army, one which, according to an article in Philadelphia's The Bulletin daily newspaper, was the best army of the time.

The victory represented a significant morale boost to the

Mexican army and the Mexican people at large and helped establish a much-needed sense of national unity and patriotism.

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Property Tax Protest and Appeal Procedures

The law gives property owners the right to protest actions concerning their property tax appraisals. You may follow these appeal procedures if you have a concern about:

- the market or appraised value of your property
- the unequal appraisal of your property
- the inclusion of your property on the appraisal roll
- any exemptions that may apply to you
- the qualification for an agricultural or timber appraisal
- the taxable status of your property
- the local governments which should be taxing your property
- the ownership of property
- the change of use of land receiving special appraisal
- any action taken by the chief appraiser, appraisal district or appraisal review board that applies to and adversely affects you.

In certain protests where the owner has submitted an independent appraisal before the hearing, the chief appraiser has the burden of proving the property's value by clear and convincing evidence. You can get a copy of a protest form from the appraisal district office at:

(insert address)
Garza Central Appraisal District
P.O. Drawer F, 124 East Main
Post, Texas 79356

Note: You shouldn't try to contact ARB members outside of the hearing. The law requires ARB members to sign an affidavit saying that they haven't talked about your case before the ARB hears it.

Review by the District Court or an Arbitrator or SOAH

After it decides your case, the ARB must send you a copy of its order by certified mail. If you're not satisfied with the decision, you have the right to appeal. If you choose to go to court, you must start the process by filing a petition within 60 days of the date you receive the ARB's order. In certain cases, as an alternative to filing an appeal in district court, you may file, not later than the 45th day after you receive notice of the ARB order, a request for binding arbitration with the county appraisal district. In certain cases originating in certain counties, as an alternative to filing an appeal in district court, you may appeal to the State Office of Administrative Hearings (SOAH). An appeal to SOAH is initiated by, not later than the 30th day after you receive notice of the ARB's order, filing with the chief appraiser of the county appraisal district a notice of appeal. Appeals to District Court, Binding Arbitration, or SOAH all require payment of certain fees or deposits.

Tax Payment

You must pay either the amount of taxes due on the portion of the taxable value not in dispute or the amount of taxes due on the property under the order from which the appeal is taken.

More Information

You can get more information by contacting your appraisal district at:

(insert appraisal district name, address, telephone number)
Garza Central Appraisal District
P.O. Drawer F, 124 East Main
Post, Texas 79356 Phone (806) 495-3518

You can also get a pamphlet describing how to prepare a protest from the appraisal district or from the State Comptroller's Property Tax Assistance Division at P.O. Box 13528, Austin, Texas 78711-3528.

Deadline for Filing Protests with the ARB*

Usual Deadline
On or before May 31 (or 30 days after a notice of appraised value was mailed to you, whichever is later).

Late protests are allowed if you miss the usual deadline for good cause. Good cause is some reason beyond your control, like a medical emergency. The ARB decides whether you have good cause.

Late protests are due the day before the ARB approves records for the year. Contact your appraisal district for more information.

Special Deadlines
For change of use (the appraisal district informed you that you are losing agricultural appraisal because you changed the use of your land), the deadline is not later than the 30th day after the notice of the determination was mailed to you.

* The deadline is postponed to the next business day if it falls on a weekend or holiday.

Thank You, TEACHERS!
Teacher Appreciation Week
is,
May 7-11, 2012
Have YOU thanked a teacher lately?
"He who opens a school door, closes a prison." Victor Hugo
"A teacher affects eternity; he can never tell where his influence stops." Henry Adams
"What the teacher is, is more important than what he teaches." Karl Menninger
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NOTICE
Election Logic and Accuracy Test

The Garza County Clerk's office will conduct the Logic and Accuracy Test for the automatic tabulating equipment on Thursday, May 10, 2012 at 4:30 p.m. at the South Plains Community Action Building (a.k.a. County Barn) located on the south side of the City Park lake on Highway 84. The tabulators will be used in counting the vote for the May 29, 2012 Primary Elections. The test is open to the public. (This Notice is in compliance with Texas Election Code § 127.096.)

NOTA
La Lógica de la Elección y la Certeza Prueban

El registro civil de Garza realizará la Lógica y la Certeza Prueban para el equipo automático que tabula el Jueves, el 10 de Mayo de 2012 en 4:30 p.m. en el Edificio del sur de Acción de Comunidad de Llanuras (a.k.a. El Granero del condado). Es situado en el lado del sur del lago de Parque de Ciudad en la Carretera 84. Las tabuladoras serán utilizadas a contar el voto para el 29 de Mayo, 2012 Elecciones primario. La prueba está abierta al público. (Esta Nota está en conformidad con Código de Elección de Texas § 127.096.)

ART GUILD...continued from page 1

clude with an awards presentation from 4 to 5 p.m. May 12.

Entries are open to everyone, and art must be ready for hanging or display. No classworks, kits, wet paint or works deemed in poor taste will be accepted. All entries will remain on exhibit until sold or until the show closes. Categories will include framed art in all media,

framed photography, clay, sculpture, graphics, jewelry, other media and youth.

John Hope of Levelland, who was taught art at South Plains College since 1994, will be the guest juror. He is a 1972 graduate of South Plains College with an Associate of Arts degree, then went on to receive a bachelor and master in art and art education from Texas Tech University. He also studied traditional mosaic techniques at the Studio Arte del Mosai- ca in Ravenna, Italy.

Judging will begin at 10:30 a.m. Thursday. Entries will be accepted from 9 a.m. to 7 p.m. Tuesday and 9 a.m. to 1 p.m. Wednesday.

A reception for patrons will be from 5 to 9 p.m. Thursday.

Awards will be given to the Best of Show, which receives the Maxine Durrett Earl Award. Other cash awards include \$250 for the Max Award, and \$100, \$50 and \$25 will go to the first-, second- and third-place winners, respectively. Youth prizes will be awarded in first place, \$50, and second place, \$25.

A 25-percent commission will be applied to all sales, benefiting the Art Guild.

The public is invited to attend during exhibit hours.

For information, call Sheri Overstreet at 806-495-3493, or Linda Puckett at 806-495-2207.

Legal Notice

Legal Notice
Application has been made with Texas Alcoholic Beverage Commission for an on-premises and late-hours license/permit by Angela L. Ziska, DBA: Ziska's On The Brazos Diner and Country Store, to be located at 2515 US Hwy. 84 Justiceburg, Texas, 79330. Listed officers are Angela L. Ziska, owner.

Legal Notice

TEXAS COMMISSION ON ENVIRONMENTAL QUALITY

NOTICE OF AN APPLICATION FOR AN EXTENSION OF TIME TO BEGIN AND COMPLETE CONSTRUCTION OF A PROJECT, AUTHORIZED BY CERTIFICATE OF ADJUDICATION NO. 12-3711

White River Municipal Water District seeks an extension of time to begin and complete construction of a reservoir located on the North Fork Double Mountain Fork Brazos River, Brazos River Basin, in Garza County. More information on the application and how to participate in the permitting process is given below.

APPLICATION. White River Municipal Water District, 2880 FM 2794, Spur, Texas, 79370, Applicant, has applied to the Texas Commission on Environmental Quality (TCEQ) for a Water Use Permit pursuant to Texas Water Code (TWC) 11.145, and TCEQ Rules Title 30 Texas Administrative Code (TAC) 295.1, et seq. Published and mailed notice to all water right holders of record in the Brazos River Basin is required pursuant to Title 30 Texas Administrative Code 295.1.

Certificate of Adjudication No. L2-S1r Authorizes owner to construct a dam and reservoir with a capacity 57,420 acre-feet on the North Fork Double Mountain Fork Brazos River, tributary of the Double Mountain Fork Brazos River, tributary of the Brazos River, Brazos River Basin, and

to divert and use not to exceed 10,600 acre-feet water a year from a point on the reservoir at a maximum diversion rate of 54.22 cfs (24,400 gpm) for municipal, industrial, and mining purposes in Garza, Crosby, Dickens, Kent and Lubbock Counties with a priority date of January 20, 1970. An order for an extension of time to begin and complete construction of the reservoir was issued on January 21, 2009, extending the time to begin construction of the reservoir to July 24, 2012 and the time to complete construction to July 24, 2016.

Applicant seeks an extension of time to begin and complete construction of the above reservoir. Applicant proposes to change the beginning construction date to July 24, 2016 and the completion date to July 24, 2020.

The Applicant indicates all Diversion points, discharge points, and reservoirs are located within Zip Code 79356.

The application and partial fees were received on December 9, 2011. Additional information and fees were received on March 26, 2012. The application was declared administratively complete and filed with the Office of the Chief Clerk on April 4, 2012.

The Executive Director has determined the applicant has shown due diligence and justification for delay. In the event a hearing is held on the application, the Commission shall also consider whether the appropriation shall be forfeited for failure to demonstrate sufficient due diligence and justification for delay.

The Executive Director has completed the technical review of the application and prepared a draft Order. The draft Order, if granted, would authorize the extension of time to begin and complete construction. The application and Executive Director's draft Order are available for viewing and copying at the Office of the Chief Clerk, 12100 Park 35 Circle, Bldg. F., Austin, TX 78753.

PUBLIC COMMENT / PUBLIC MEETING. Written public comments and requests for a public meeting should be received in the Office of Chief Clerk, at the address provided in the information section below, within 30 days of the date of newspaper publication of the notice. A public meeting is intended for the taking of public comment, and is not a contested case hearing. A public meeting will be held if the Executive Director determines that there is a significant degree of public interest in the application.

CONTESTED CASE HEARING. The TCEQ may grant a contested case hearing on this application if a written hearing request is filed within 30 days of the date of newspaper publication of the notice. The Executive Director may approve the application unless a written request for a contested case hearing is filed within 30 days of the date of newspaper publication of the notice.

To request a contested case hearing, you must submit the following: (1) your name (or for a group or association, an official representative), mailing address, daytime phone number, and fax number, if any; (2) applicant's name and permit number; (3) the statement "[I/we] request a contested case hearing;" (4) a brief and specific description of how you would be affected by the application in a way not common to the general public; and (5) the location and distance of your property relative to the proposed activity. You may also submit proposed conditions to the requested permit which would satisfy your concerns. Requests for a contested case hearing must be submitted in writing to the Office of the Chief Clerk at the address provided in the information section below.

If a hearing request is filed, the TCEQ will not issue the permit and will forward the application and hearing request to the TCEQ Commissioners for their consideration at a scheduled Commission meeting.

INFORMATION. Written hearing requests, public comments or requests for a public meeting should be submitted to the Office of the Chief Clerk, MC 105, TCEQ, P.O. Box 13087, Austin, TX 78711-3087 or electronically at <http://www.tceq.state.tx.us/about/comments.html>. For information concerning the hearing process, please contact the Public Interest Counsel, MC 103, the same address. For additional information, individual members of the general public may contact the Public Education Program at 1-800-687-4040. General information regarding the TCEQ can be found at our web site at www.tceq.state.tx.us. Si desea informacion en Espanol, puede llamar al 1-800-687-4040 o por el internet al <http://www.tceq.state.tx.us>.

Issued: April 25, 2012

Garza rain totals up over year-to-date normal

By Wayne Hodgin

Garza County received a healthy dose of precipitation this week, and, believe it or not, the area's total rainfall amount is higher than normal.

According to National Weather Service officials in Lubbock, the city of Post is up more than a 10th of an inch for the year, and rainfall at Lake Alan Henry is up nearly 2 inches.

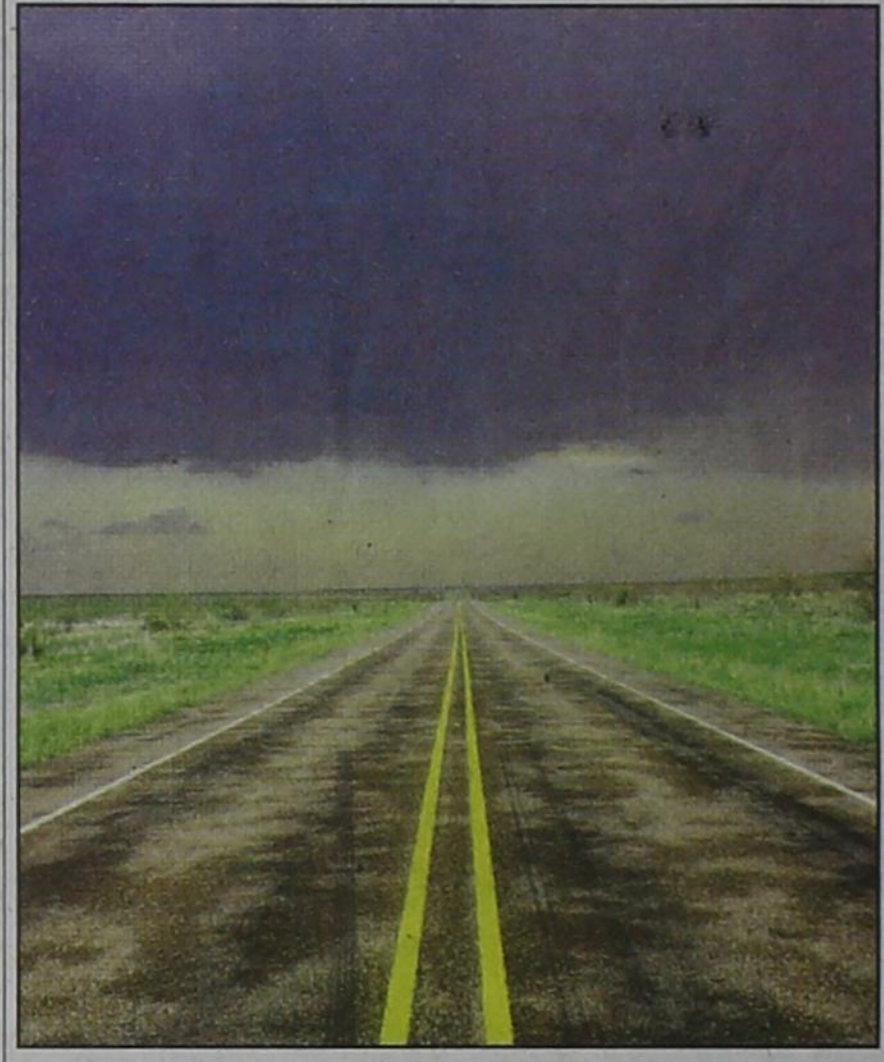
Monday's rainfall showed more than an inch in various places throughout the county. Although a total amount after early Tuesday storms wasn't available, some area residents reported upward of 2 inches.

Statewide, though the overall percentage is less than normal, moderate to extreme drought has continually dropped since September 2011.

These signs of recovery, however, were confined mostly to the eastern half of the state, according to the reports and the U.S. Drought Monitor. Draw an imaginary line from Wichita Falls through Fort Worth and south to Houston, and every county west of that line continued to suffer one stage of drought or another. Large swathes of far West Texas have yet to come out of the extreme drought that started in 2011.

The South Plains region had a record-breaking high temperature of 104 degrees on April 25 and wind gusts up to 50 mph on April 27, with rain finally coming on April 29.

Unfortunately, pea- to baseball-sized hail and tornadoes accompanied the rain. Rainfall totals across the region ranged from zero to more than 2 inches.



Photos by Wayne Hodgin
Dark storm clouds loom over U.S. 380 East on Monday as a strong thunderstorm moved through Post.

Have something on your mind? Email us at thepostcitydispatch@gmail.com

Every graduate deserves to be congratulated! Let the grads in your life know how proud you are of them with a congratulatory note in the May 25th edition of the Post Dispatch.

Deadline:

Wednesday, May 11 by 5 PM

Submit your congratulatory notes by e-mail, or by coming into the Post Dispatch office. No need to bring pictures, we have every senior picture on hand! **The cost per ad is \$40.**



Congrats
to the graduating class of
2012

The Post Dispatch

E-mail: thepostcitydispatch@gmail.com • Phone: 806-495-2816

Post Classifieds

PERSONAL

Post Group Alcoholics Anonymous 10th and Avenue K, behind United Supermarket Tuesday nights 8 p.m. Open meetings Thursday night, 8 p.m. Closed Meetings For more info: 806-781-1156 or 806-495-5371 Monday, 8 p.m. Community Recovery Center, 405 S. Ave. C. For more information about the Monday meeting, call 495-3173.

HELP WANTED

McDonald's in Post is now hiring for all shifts. Apply online at mctexas.com/25155 or in person.

Needed: Full time RNs for 12-hr nights
RNs, are you looking for a

slower pace, are you tired of the busy crazy days? Tahoka has the perfect fit, a small, rural hospital looking for experienced nurses. You will love working in our 24-bed hospital. We have an excellent nurse-to-patient ratio, a friendly medical staff and we do not provide OB care. This position requires someone who is self-motivated and self-reliant, with basic computer skills. We offer good benefits and a great retirement plan.

Please submit applications to Melissa Shirley in Human Relations. You can download the application lchdhealthcare.org or pick one up at the hospital. Lynn County Hospital District P.O. Box 1310/2600 Lockwood Tahoka, TX 79373

Lynn County Hospital District EMS currently has Part Time position openings for certified EMT-B or higher. If interested, please contact Melissa Shirley at Lynn County Hospital District at (806) 998-4533 ext 309, or check out the website at lchdhealthcare.org

GARAGE SALE

116 W. Fifth St. Saturday, May 5. 9 a.m. to ?

Terry Tire Shop Parking Lot. Saturday, May 5. 8 a.m. to ?

516 W. Sixth St. Saturday, May 5. 8:30 a.m. to ?

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12 ACRES, Duval County. South TX brush, county road frontage. Deer, hogs, turkey. \$3,550/acre, 20 year owner financing or TX Vet financing. 1-866-286-0199. www.west-erntexasland.com

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\$106 MONTH BUYS land for RV, MH or cabin. Gated entry, \$690 down, (\$6900/10.91%/7yr) 90 days same as cash. Guaranteed financing, 1-936-377-3235

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DEER, DOVE, QUAIL and javelina. West Texas near Sanderson, 218 acres, \$295/acre, owner financed or TX Vet with 5% down. More land available. 1-210-734-4009. www.westertexasland.com

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WEEKEND GETAWAY available on Lake Fork, Lake Livingston or Lake Medina. Rooms fully furnished! Gated community with clubhouse, swimming pool and boat ramps. Call for more information: 1-903-878-7265, 1-936-377-3235 or 1-830-460-8354

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YARD OF THE WEEK



Photo by Elizabeth Moreno

The Women's Division of the Post Area Chamber of Commerce recognizes the Ceja home on West 10th Street as Yard of the Week. Pictured are Women's Chamber members JoAnn Stelzer, left, and Sue Ann Davis, right, with Adrianna Ceja, daughter of homeowner Teresa Ceja.

BUSINESSES OF POST

Show your support to the class of 2012 with a congratulatory ad in the May 25th edition of the Post Dispatch!



DEADLINE: WEDNESDAY, MAY 11 BY 5:00 PM

The Post Dispatch

E-mail: thepostcitydispatch@gmail.com • Phone: 806-495-2816

Post Dispatch Weather Summary

Post's Seven Day Forecast

Friday Mostly Sunny 96 / 65	Saturday Mostly Sunny 95 / 65	Sunday Sunny 94 / 64	Monday Mostly Sunny 91 / 61	Tuesday Sunny 90 / 58	Wednesday Partly Cloudy 84 / 55	Thursday Mostly Sunny 86 / 54

Local UV Index

0-2 Low, 3-5 Moderate, 6-7 High, 8-10 Very High, 11+ Extreme Exposure

Weather Trivia

Can lightning travel through phone lines?
Answer: Yes. Unless a phone is cordless, don't use it during thunderstorms.

Weather History

May 4, 1977 - A tornado 500 yards in width struck Pleasant Hill, Mo. severely damaging the high school and grade school. Only minor injuries were reported among the more than 1,000 teachers and students, due to excellent warnings and prior tornado drills.

May 5, 1989 - Thunderstorms swept across Georgia and the Carolinas during the late afternoon and evening hours, spawning 17 tornadoes. A tornado at Toccoa, Ga. injured 15 people. A tornado at Chesnee, S.C. killed two and injured 35 others.

Peak Fishing/Hunting Times This Week

Day	Peak Times		Day	Peak Times	
	AM	PM		AM	PM
Fri	10:20-12:20	9:50-11:50	Tue	12:57-2:57	1:27-3:27
Sat	11:21-1:21	10:51-12:51	Wed	1:58-3:58	2:28-4:28
Sun	11:30-1:30	11:00-1:00	Thu	2:56-4:56	3:26-5:26
Mon	---	11:53-1:53			

www.WhatsOurWeather.com

Sun/Moon Chart This Week

Day	Sunrise	Sunset	Moonrise	Moonset
Fri 5/4	6:54 a.m.	8:31 p.m.	7:12 p.m.	5:33 a.m.
Sat 5/5	6:53 a.m.	8:32 p.m.	8:24 p.m.	6:17 a.m.
Sun 5/6	6:52 a.m.	8:32 p.m.	9:35 p.m.	7:07 a.m.
Mon 5/7	6:51 a.m.	8:33 p.m.	10:42 p.m.	8:04 a.m.
Tue 5/8	6:51 a.m.	8:34 p.m.	11:42 p.m.	9:06 a.m.
Wed 5/9	6:50 a.m.	8:35 p.m.	No Rise	10:11 a.m.
Thu 5/10	6:49 a.m.	8:35 p.m.	12:34 a.m.	11:17 a.m.

Last Week's Almanac & Growing Degree Days

Date	High	Low	Normals	Precip	Date	High	Low	Normals	Precip
4/24	94	52	77/48	0.00"	4/24	23	4/28	18	
4/25	104	63	77/49	0.00"	4/25	34	4/29	18	
4/26	94	58	78/49	0.00"	4/26	26	4/30	24	
4/27	89	57	78/49	0.00"	4/27	23			
4/28	86	51	78/50	0.00"					
4/29	79	57	78/50	0.12"					
4/30	87	60	79/50	0.02"					

Growing degree days are calculated by taking the average temperature for the day and subtracting the base temperature (50 degrees) from the average to mean how many growing days are around.

Post Masons celebrate 100 years

By Wayne Hodgin

Members of the Post Masonic Lodge 1058 AF&AM celebrated its 100th year on Friday with an awards banquet and dinner at the Post ISD cafeteria.

The Post Lodge began in 1911 when Will Cravy and P.S. Nichols and other Masons traveled from their homes in the Verbena community by hack to Dickens, 40 miles away, to attend lodge. Two days were required to make the round trip.

Petition for charter to organize a new lodge in Post was signed by R.H. Collier, Will Cravy, T.B. Cutler, G.M. Elikns, G.W. Harrison, C.C. Horton, J.H. Lindsey, S.A. Morrow, P.S. Nichols, A.R. Ponton, C.H. Smithers, Sam C. Wilkes and W.A. Wilkes. There also were the charter members and first officers.

The charter was granted, and on Dec. 18, 1911, Post Lodge 1058 AF&AM was constituted by Dr. J.W. Warren of the 71st Masonic District, as authorized by the Grand Master of Texas.

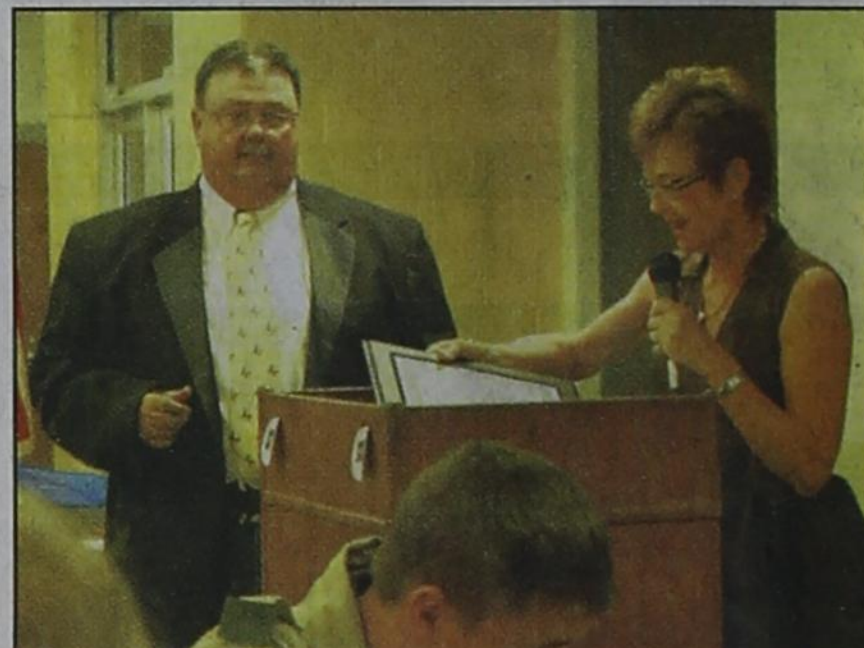
The Lodge currently has 74 Master Masons and seven Entered Apprentices. During

the last 100 years, the Lodge has had four District Deputy Grand Masters, one Secretary who served 30 years, several Certificate of Proficiency holders, and several members who have served more than one term at Worshipful Master.

During Friday's banquet, the flag ceremony was conducted by the Boy Scout Troop 316 and a prayer offered by Chaplain Benjie

Smith. Awards were presented to members for 25, 40 and 65 years of service to the Lodge.

In addition three awards civic awards were presented, including the Lamar Medal to Dalton Thuet for academic achievement; the Community Builder Award went to Mayor Thressa Harp; and the Golden Trowel Award to Paul Beebe for devoted service to the Masons.



Post Mayor Thressa Harp reads a proclamation from the city honoring the Post Masons 100-year anniversary as District Deputy Grand Master Daniel Yarbro looks on.



Post Masonic Secretary Trevor Thuet congratulates his son Dalton with the Lamar Award for academic excellence.



Photos by Elizabeth Moreno
James Brumit, grand master of Texas, speaks Friday at the 100-year celebration banquet of the Post Masonic Lodge.

CONGRATULATIONS TO OUR STATE TRACK & FIELD QUALIFIERS!



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