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The Post Dispatch

A Builder in Garza County



87th Year, Number 34

USPS 439-620

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Friday, April 6, 2012

10 Pages - 50¢

Traffic being diverted for project start



Photos by Wayne Hodgkin

The intersection of East Main and Avenue I in downtown Post was closed to all traffic Tuesday in preparation for the brick repaving project along westbound lanes of U.S. 380 West. Post City Manager Arbie Taylor said the project is expected to take between 45 and 60 days to complete.

Signs divert traffic from U.S. 380 West onto Farm-to-Market Road 651 on Tuesday in preparation for the brick repaving project in downtown Post. The project is expected to take between 45 and 60 days.

By Wayne Hodgkin

State transportation officials started putting up signs on Monday afternoon in downtown Post in order to begin diverting traffic off East Main in preparation for the planned brick-repaving project.

The Post City Council approved the project Feb. 23

at a cost of about \$130,000.

Westbound traffic will be diverted right onto Texas 207 and then left onto 15th Street and back to Broadway (U.S. 84) while crews are working to re-brick the street.

"It'll be a mess there for a while, and I know it will be hard on our residents, but in the end it will be worth it," Taylor said. "There was really no other way to do it. For the state to approve our plans, they insisted detours off state roads be kept on state roads and we insisted the traffic through a residential area be kept to a minimum."

The project calls for the bricks to be taken up and the sand and concrete under the bricks replaced.

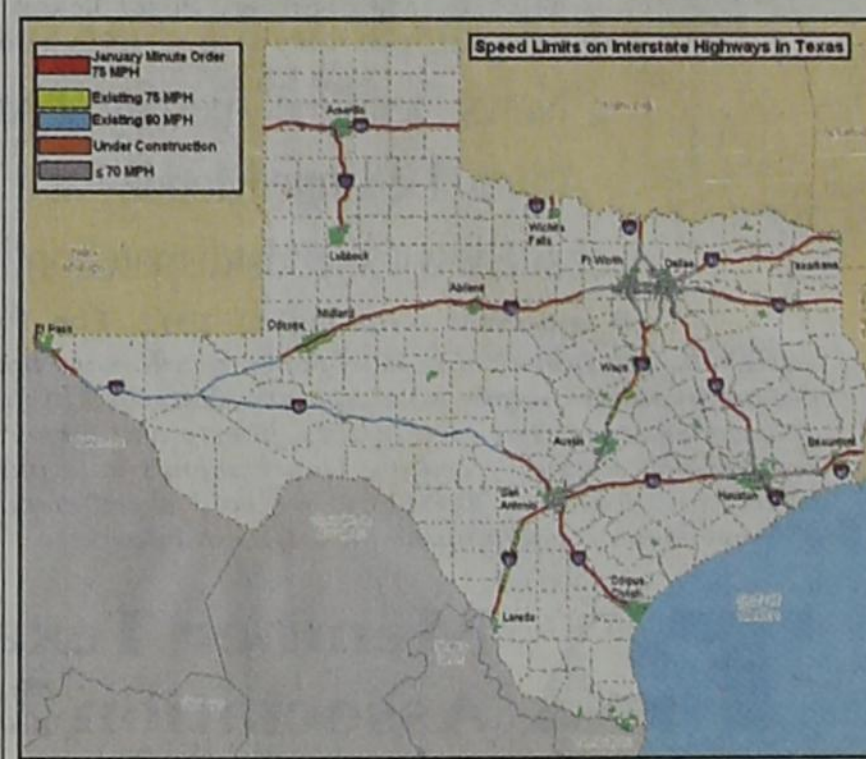
"The bricks will be saved and re-used for the repaving project," Taylor said.

Taylor said since the project came in so far under budget his office already has been looking at areas of the eastbound lanes that need to be fixed as well.

"The southern side of Main Street isn't as heavily traveled, so if we do anything on that side of the street, it will be only in spots here and there," he said.

The project is slated to take between 45 and 60 days, Taylor said.

Higher speeds OK'd on some TX highways



This information graphic shows the speed changes on various interstate highways across the state. Most of the increases are from 70 to 75 mps, with the exception of stretches of I-10 and I-20 in far West Texas, where the speed has increased to 80 mph. (Source: Texas Department of Transportation)

State officials studying U.S. roads across state

By Wayne Hodgkin
The Post Dispatch

Portions of U.S. highways 84 and 380 in Garza County soon could be posed for a speed increase.

As part of a statewide study conducted by the Texas Department of Transportation, state officials are looking at increasing speeds on all interstates, state highways and farm-to-market roads posted at 70 mph.

Diana Ascencio, spokeswoman for the Lubbock Tx-

DOT region, which includes Garza County, said Monday state officials have completed all assessments of interstate highways throughout the state and are now in the process of studying whether speeds can be safely increased on other state roadways.

"Many of these roads were built to hold up to larger speeds, and, in some cases, motorists are already exceeding the posted speed limits on some long stretches of these highways," Ascencio said.

SPEED LIMIT...
continued on page 10

County refinances prison bond

IRS audit found fault with intergovernmental agreement; new, taxable bond issued

By Wayne Hodgkin
The Post Dispatch

Garza County commissioners once again have refinanced the bond that paid for the construction of the Giles W. Dalby Correction Facility.

The prison was built in 1998 for about \$32 million and was refinanced in 2005. In 2006, county officials expanded the facility for about \$16 million.

County Judge Lee Norman said the Internal Revenue Service selected the facility at random last October to conduct an audit of its bond financing.

As a result of the audit, federal officials questioned the intergovernmental agreement between the county, the federal Bureau of Prisons and Management Training Corp., which oversees the prison's day-to-day administrative duties.

"For whatever reason, the IRS came back and said they didn't like the agreement, particularly the fact that we were using a nontaxable bond to finance the prison," Norman said. "So we went searching for a taxable bond package at the best rate."

The paperwork for the bond negotiation was completed March 30 at a rate of 6.2 percent, Norman said.

"This is excellent news for us," he said. "It's a good interest rate and ac-

tually helped the county to increase its bond rating to BBB plus, which is very good for any public entity."

Norman said the county would be required to pay back interest on the old bond package but county officials hadn't yet been notified of how much that would be.

"We don't anticipate it being all that much," he said.

The new bond package was based on \$35.14 million that remains to be paid on the building. The county has made payments of about \$13 million to date.

The Dalby Correctional Facility houses nearly 2,000 low-security inmates at the medium-security prison, Norman said.

Garza GOP Convention slated for next weekend

Garza County Republican Chairman Trevor Thuett has announced the 2012 Garza County Republican Convention will be at 8 a.m. April 14 at the Trailblazers Senior Citizens Center, 205 E. 10th St.

The local convention is held in even-numbered election years as part of the statewide and national Republican convention process. The state convention will be June 7-9 in Fort Worth.

"The purpose of the convention is to choose delegates and alternates to the Republican Party of Texas state convention and to consider resolutions or statements on

policy issues to send to the state convention for eventual inclusion in the state and national party platform," Thuett said.

All attendees have the right to seek to become a state delegate and to bring forth resolutions for consideration by the convention.

In past election cycles, the Garza County convention has been in mid-March, two weeks after the primary election. Because of federal court involvement and changes to the 2012 Texas primary elections, a three-judge panel in San Antonio issued a court order that moved the date of the convention back into

April before the May 29th Texas primary election.

"The state party has issued a clear set of guidelines to bring all conventions into compliance with the court order, and Garza County Republicans are ready to execute these procedures as we move forward with the convention in this exciting election year," Thuett said.

One of the main differences in this year's Republican convention process is that the Garza Republican Party will not be conducting precinct conventions on the evening of the primary election, Thuett said.

"Since the primary elec-

tion falls so late on the calendar, the Garza Republican Party acted in accordance with state GOP rules for the 2012 cycle in voting to forego precinct conventions and move straight to the county convention. All attendees will be seated by precinct and will vote their precinct strength."

Thuett said all attendees have the right to seek to become a state delegate and to bring forth resolutions for consideration by the convention.

"Although the timing of
GOP CONVENTION...
continued on page 9

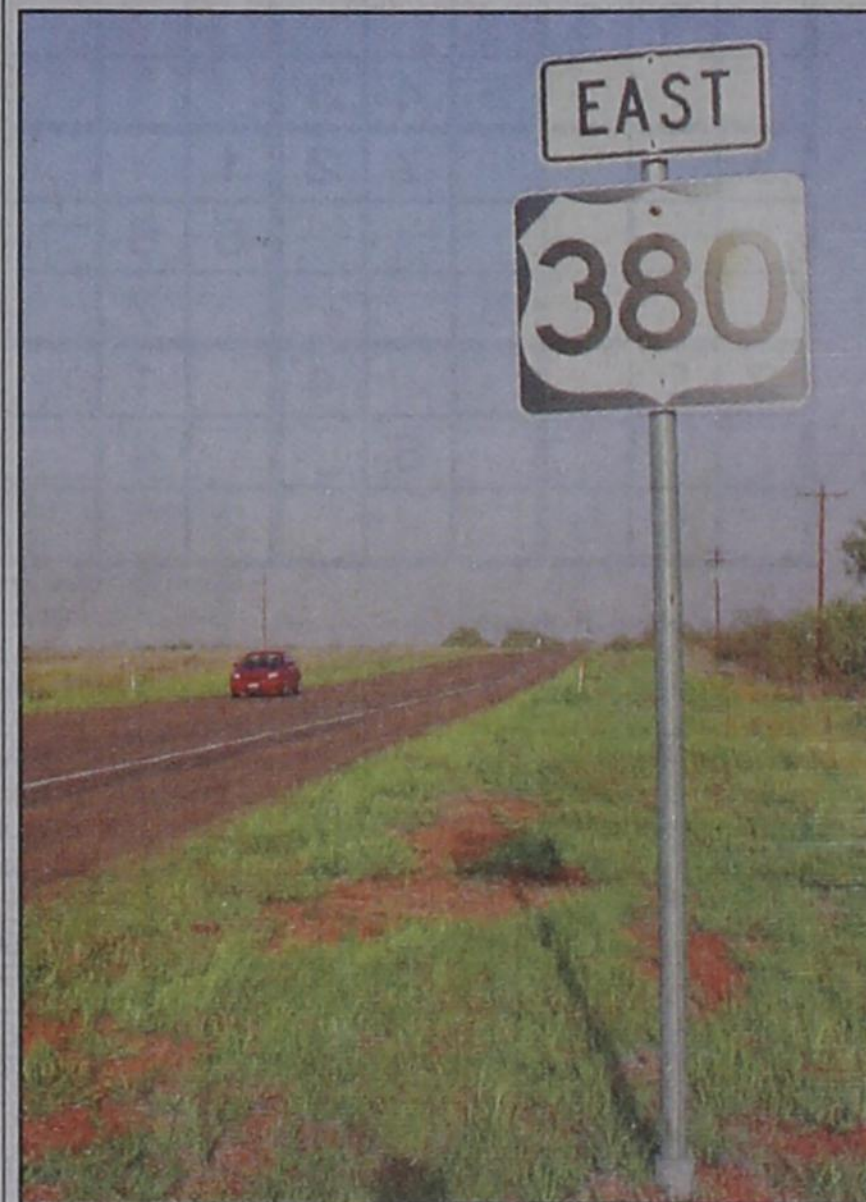


Photo by Wayne Hodgkin

Motorists along portions of U.S. 380 in Garza County could see a speed increase before the end of the year. Texas Department of Transportation engineers are conducting studies of every state and U.S. road across Texas to see if speed limit increases are warranted. Many interstates throughout the state, including portions of I-27 between Lubbock and Amarillo, already have seen an increase from 70 mph to 75 mph.

IRS officials offer solutions to late filers

The Internal Revenue Service is reminding taxpayers that quick and easy solutions are available if they can't file their returns or pay their taxes on time, and they can even request relief online.

Tax-filing extensions are available to taxpayers who need more time to finish their returns. Remember, this is an extension of time to file; not an extension of time to pay.

However, taxpayers who are having trouble paying what they owe usually qualify for payment plans and other relief. Last month, for example, the IRS, as part of its Fresh Start initiative, announced penalty relief for

unemployed taxpayers and self-employed individuals whose income has dropped.

Either way, taxpayers will avoid stiff penalties if they file either a regular income tax return or a request for a tax-filing extension by this year's April 17 deadline. Taxpayers should file, even if they can't pay the full amount due.

More time to file

People who haven't finished filling out their return can get an automatic six-month extension. The fastest and easiest way to get the extra time is through the Free File link on IRS.gov. In a matter of minutes, anyone,

regardless of income, can use this free service to electronically request an automatic tax-filing extension on Form 4868.

Filing this form gives taxpayers until Oct. 15 to file a return. To get the extension, taxpayers must estimate their tax liability on this form and should also pay any amount due.

By properly filing this form, a taxpayer will avoid the late-filing penalty, normally five percent per month based on the unpaid balance, that applies to returns filed after the deadline. In addition, any payment made with an extension request will reduce or eliminate

interest and late-payment penalties that apply to payments made after April 17. The current interest rate is three percent per year, compounded daily, and the late-payment penalty is normally 0.5 percent per month.

Besides Free File, taxpayers can choose to request an extension through a paid tax preparer, using tax-preparation software or by filing a paper Form 4868, available on IRS.gov. Of the 10.5 million extension forms received by the IRS last year, about 4 million were filed electronically.

Details on all filing and payment options are on IRS.gov.

Post High School Theatre Department to Host Dinner Theatre

Post High School Theatre Department will be hosting a Dinner Theatre on May 5th, 2012. The meal will be served 6:30 p.m. in the school cafeteria. Many of the cast and crew will sing during the dinner. The play will begin around 8:00 p.m. in the ISD Auditorium. The play, "The Pirate Show," is a hilarious comedy with a band of English Pirates (women)

trying to beat a band of Spanish Pirates (men) to a buried treasure! On the way they each pick up a stowaway and end up buying an Orphanage to save the residents from their evil caretaker! Musical numbers have been added to the play, and we guarantee you will have a rip rolling good time! Tickets can be purchased by emailing Tim Tatum at ttatum@post-

tisd.net, or getting with one of the cast members! Funds from this show will be used to take the Theatre troupe to Austin to watch the State shows! Our One Act crew has also been nominated as Honor Crew of the state meet! Post is very proud of the accomplishments from this group and would invite you out to see the show!



Photo by Wayne Hodgkin

Celeste Reyna, a family advocate with the Children's Advocacy Center of the South Plains in Lubbock, spoke to members of the Rotary Club on Tuesday, April 3, during Child Abuse Awareness Month. She was welcomed by club President Marie Neff.

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News Deadline Tuesday at Noon

Advtg. Deadline Monday at 5 p.m.

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Cryptogram

A cryptogram is a puzzle where a sentence is encoded by substituting the actual letters of the sentence with different letters. The challenge of the puzzle is to 'decode' the sentence to reveal the original English sentence. We have provided a few of the decoded letters to help get you started.

Hint: Quote by Muhammad Ali

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

X L X U Z O W F E C Z B K O C Z W V R H

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Cryptogram Solution on page 3

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SUDOKU

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Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	2	8	9	6	1	8	5	4
4	5	7	6	7	8	2	1	3
8	1	9	4	5	3	7	6	2
2	7	5	8	3	6	4	9	1
6	9	8	9	1	4	7	2	3
4	3	1	2	7	6	9	7	8
9	8	7	3	4	5	6	2	1
7	4	5	1	6	2	8	3	9
3	6	2	1	9	7	6	1	2

ANSWER:

United Supermarkets

Menus

- Post ISD Breakfast
- Monday: Easter holiday. No school.
- Tuesday: Churros, sausage link, fruit, milk.
- Wednesday: Oatmeal, bacon, toast, fruit, milk.
- Thursday: Cowboy bread, sausage link, fruit, milk.
- Friday: Cereal, graham cracker, fruit, juice, milk.
- Lunch
- Monday: Easter holiday: No school.
- Tuesday: Pizza, salad, corn, peaches, milk.
- Wednesday: Beef and

- bean burrito, Spanish rice, seasoned corn, sparkly apple, milk.
- Thursday: Chicken alfredo, green beans, sliced peaches, Texas toast, royal brownie, milk.
- Friday: Golden fish, mac and cheese, garden salad, fresh fruit cup, hushpuppies, milk.

- Southland ISD
- Monday: Waffles, bacon, fruit, juice, milk.
- Tuesday: Quesadilla, fruit, juice, milk.
- Wednesday: Breakfast bar, cereal, yogurt, fruit, juice, milk.
- Thursday: Biscuits, sausage, gravy, fruit, juice, milk.
- Friday: Muffins, cereal, yogurt, fruit, juice, milk.
- Lunch
- Monday: Hot dog, baked fries, fruit, sherbet cup, milk.
- Tuesday: Chicken alfredo, green beans, salad, garlic bread stick, fruit, milk.
- Wednesday: Taco salad, lettuce and tomatoes, refried beans, fruit, milk.
- Thursday: Barbecue chicken, scalloped potatoes, peas, roll, sliced peaches, milk.
- Friday: Sack lunch. Early release.

- Trailblazers Senior Citizens Center
- Monday: Glazed meatloaf, red potatoes, breadstick, mixed vegetables, apple crisp, low-fat milk.
- Tuesday: Beef brisket, ranch-style beans, cornbread, strawberries, low-fat milk.
- Wednesday: Crumble-top fish, garlic-roasted potatoes, peas, roll, watermelon, chocolate pudding, milk.
- Thursday: Chicken teriyaki, fried rice, vegetable blend, strawberries and bananas, low-fat milk.
- Friday: Spaghetti and meatballs, roll, spinach, honey dew melon, low-fat milk.

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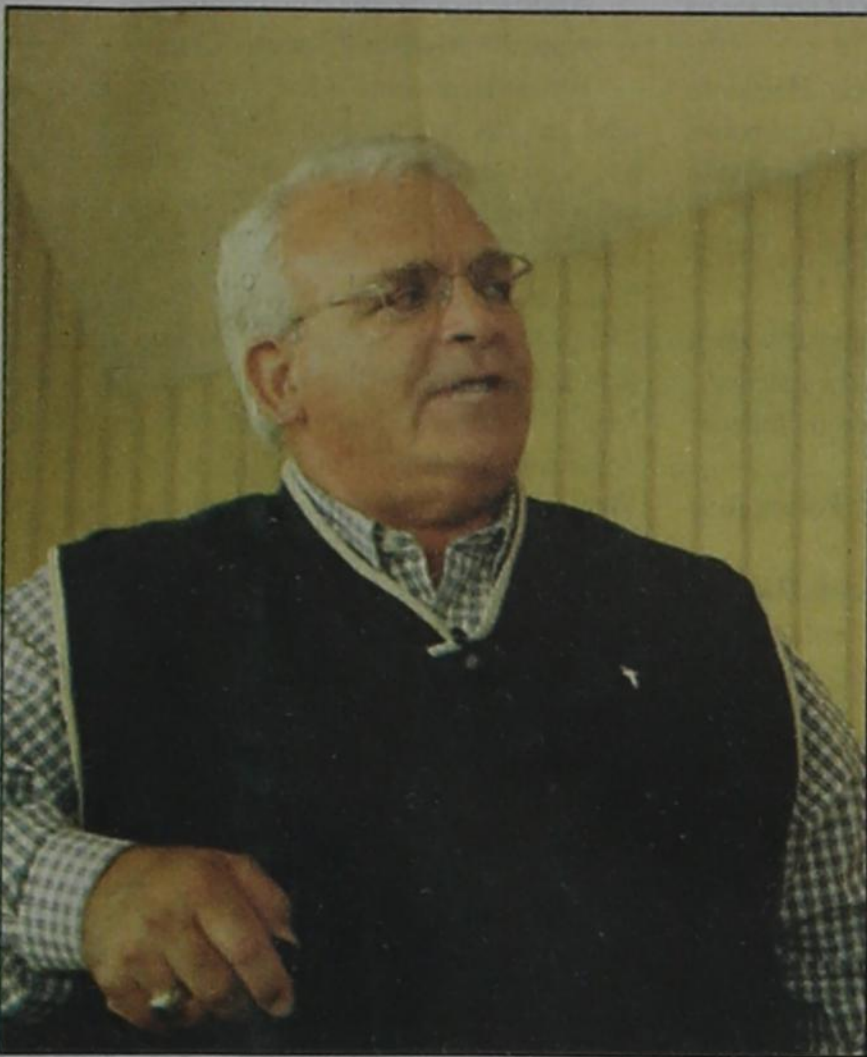
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2 new ladies have been added to our wonderful staff and we are so happy to introduce them to you all. "Talina & Tiffany," the rest of the team, Sally, Sandra and Delinda who do nails and pedicures.

Don't forget to visit the Salon
The beauty salon will be open Mondays beginning on Monday, March 26th to serve your needs.
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Call: 806-495-0771 for an appointment

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Resistance seen among certain common herbicides, prescription drugs



Courtesy Photo

Paul Baumann, Texas AgriLife Extension Service state weed specialist, says producers need to employ preventative instead of remedial approaches when it comes to weed control in crop production. (Blair Fannin/Texas AgriLife Extension Service)

Experts weigh in on the effects to agriculture, human medicine

By Blair Fannin
Special to the Dispatch

It's an alarming pattern affecting both agriculture and human medicine, say two experts.

On one hand, farmers are left scratching their heads wondering why certain weeds have become resistant to common herbicides, while medical physicians across the U.S. are seeing patients becoming resistant to common, prescription antibiotic drugs.

In both farming and human medicine, traditional tools used to solve routine problems may no longer be as effective as they used to be.

"In both agriculture and medicine, we may have been using too much of a good thing and it's catching up with us," said Paul Baumann, a Texas AgriLife Extension Service state weed specialist.

For example, Baumann said glyphosate (Roundup and other products) is highly effective, "because it binds a specific enzyme that's needed to produce plant proteins."

"It is a highly effective herbicide that controls a large number of weeds and can be used safely in crops that have glyphosate-resistant genes," Baumann said. "These positive

features have led to continued, widespread use, and in many cases as the only herbicide in the program. This has been the foundation for what we are seeing as weed resistance in some parts of Texas, but predominantly in the Southeastern U.S."

Herbicide-resistant weeds such as Palmer amaranth began to pop up in Georgia cotton fields in 2004 and have since continued to escalate due to the repetitive use of glyphosate herbicide and nothing else.

"If it is only killing weeds one specific way, eventually there's going to be a genetic anomaly that will show up that is not sensitive to the herbicide," Baumann said.

Once this happens and nothing is done to control it, seed production will spread it all over the field, he said.

"The key to all of this is the development of new chemistries that have different sites of action or simply the use of other products that have a different site of activity in the plant," Baumann said. "In years past, we have used three or four herbicides that had different modes of action and attacked different sites in a plant."

Meanwhile, Dr. Tom Wagner, clinic director of Scott and White Arrington Road Clinic in College Station, said in the 1960s, treatment of various skin infections would involve "a garden variety of penicillin."

"But then in the late 1960s, patients developed penicillin resistance and synthetic penicillins followed which that worked for a while," he said. "Subsequently, the issue of antibiotic over-utilization emerged onto the scene. This resulted from a combination of several factors. Medical providers would inappropriately prescribe an antibiotic for the common cold. At times, patients would pressure a provider in the exam room for antibiotic therapy when any nasal congestion, sore throat or cough was present."

Rather than always taking the extra time in a hectic schedule to educate the patient between the common cold and sinus infection, Wagner said a doctor or provider would commonly prescribe an antibiotic.

"Once antibiotic therapy was started, in many instances, the patient would start to feel better and would stop the antibiotic before it was all completed."

That's led to the latest challenge in overcoming a multi-antibiotic resistant staph aureus (bacterium) called MRSA.

"I see this in my clinic nearly every day," Wagner said. "It's very difficult to treat. When you eliminate penicillin, erythromycin and cephalosporin classes, you are limited in your antibiotic options. For those not allergic, we've resorted to using an older sulfa antibiotic to treat MRSA because of these limitations."

Just like glyphosate, Wagner said the synthetic penicillin worked for a while, but over time "it couldn't easily reach the site of activity."

"The staph's penicillin-binding protein lowered its affinity; thereby creating a layer of protection," Wagner said. "Thus, the penicillin antibiotic doesn't fully penetrate."

"It's very analogous to the way herbicides work," Baumann said. "The site of activity for a herbicide may be altered in resistant species, causing the herbicide to be ineffective. For example, in an acre, there may be one seed in millions that has an altered binding site. When you control 99 percent

of all of the other targeted weed species, the genetic anomaly flourishes and all heck breaks loose."

In the meantime, while research continues to develop new tools to be used in fighting the problems, both Baumann and Wagner offer advice to their respective audiences in the farming and medical fields.

"From an agriculture perspective, that being farmers, we need to go back to some of the old chemistry, or use new products with different sites of action than the product in question," Baumann said. "We need to employ preventive instead of remedial approaches because remedial, post-emergence products may not be available to you. Rotation of herbicides is one recommendation. Or, at least use an alternative site of action herbicide somewhere in the program, in conjunction with glyphosate products to pick up the resistant biotype."

Meanwhile, Wagner says both patients and medical doctors need to work together with treatment protocols involving both pharmacological and non-pharmacological measures. "The first few days of nasal or sinus congestion may resemble a sinus infection, but more likely it is a viral upper airway infection," he said. "More times than not, patients are better off waiting seven to 10 days. Usually this type of viral infection improves over this time span."

If the patient's symptoms persist or worsen, consider antibiotic therapy at that time.

"By the same token, all medical providers need to take time in the exam room and educate their patients," Wagner said. "The common cold is caused by a virus which resolves on its own and a sinus infection has a bacterial etiology and improves with antibiotic therapy. Furthermore, there are many preventive practices a patient can employ to minimize the risk of contracting MRSA infection."

Blair Fannin is a staff writer for the Texas AgriLife Extension Service in College Station.

- While weeds are developing resistance to certain herbicides, medical professionals are witnessing patients who are developing resistance to certain prescription drugs.
- From a crop perspective, farmers are urged to rotate their use of herbicides and take a preventive approach rather than a remedial method.
- Medical professionals are advising patients to use prescription antibiotic drugs only when necessary. This will aid in the prevention of antibiotic resistance. In the future, when an antibiotic therapy is warranted, it is more likely to be effective. Additionally, a few good hygiene practices recommended include frequent hand-washing and wiping down of solid surfaces with disinfectant.



To our Post friends and family:

We would like to take this opportunity to introduce our new business to the community.

I, along with my wife, Sherry, and son Justin have formed Caprock Bail Bonds here in Post. We are the only true hometown bond company in the area.

All of us were born and raised here in Post and are members of First Baptist Church. We all attended school in Post. I was a Little League coach and former president of the Little League Association for many years.

After several years with another bail bond company, my family and I have decided to go in business for ourselves in honor of my late father, Kenneth Williams, who also loved the bail bond business.

I have been in the bail bonding business for 18 years and am a member of the Professional Bondsman of Texas and also a licensed private investigator.

My wife, Sherry, has been in the bond business for five years.

My son Justin is new to the business and eager to learn and help others out. He is an employee with the U.S. Postal Service in Lubbock and engaged to Darby Hart, who is attending nursing school. They plan a wedding in the near future.

We are here to help our friends and neighbors in the area if they need us.

Caprock Bail Bonds offer credit bonds, low down payments, and all credit cards are accepted. We offer friendly, fast service and serve the West Texas area.

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In and Around Close City

by Traci Freeman

Hello everyone, sorry I missed last week. A day in the life of Traci can be pretty interesting at times. Time got away from me, and I just missed my deadline.

The last two weeks of weather has been crazy as well, a tad bit of moisture, wind, heat and boy it's cool today (Tuesday) I even got woke up by a small hail storm about 3 a.m. Tuesday. I asked the guys at the gin if they heard it, and they all laughed at me. Surely others heard the hail besides me.

Be sure and keep rain in your daily prayers. We are still in need of plenty.

Congratulations go out this week to Lexi Gonzalez. Lexi competed in a Bible drill competition in Eastland last week. She won and is going on to state. Way to go Lexi.

Lexi is the granddaughter of Jerry and Lilly (Wilke) Wright.

We want to thank everyone who supported

us in our bingo night this year. Those who made it possible this year were: Dee and Janet Justice, Higgenbotham Bros.,

O.D. Kinney, the Altman Group, Holly's Drive-In, Rt. 11 & Mo, Close City Co-op Gin, Rhianna Ellis, Jim and Nedra Ellis, Lois Childs, Farmers Insurance, Mistie Day-Avon, Tamara Reed-Mary Kay, The Tower Theater, Post Beverage Barn, Hudmans Greenhouse, South Plains Veterinary Clinic, United Supermarket, Sonic,

B&E Implement, Twins' Fashions, Garza County Junior Livestock Association, Lee and Marsha Norman, Jerry and Judy Bush, Daniel and Trevah Yarbo, Monique Hendrix, Jean Morris, Krisiti Morris, Dylan Morris, Stetson Boles, Ryan, Raegan, Riley, Clinton and Kimberly Yarbro, Dusty Clary and Monk Palmer and 2lazy2P Gun Club.

We had several visitors out the past few weeks: Mark Terry, Grant Bright, Kim Wilks,

James Melton, Barry, Brooke and Hayden — and that boy is a cutie. Y'all come out and see us sometime now, ya here?

Don't forget to visit Caprock Heirloom downtown and get your Close City Cookbooks and Calenders. Also check us out on Facebook under Close City Community.

Quote of the week: "Maybe it is the media that has us divided," Laura Bush.

Did you know: George and Laura Bush knew each other for three months before the married.

Close City birthdays (last week's included)

March 30: Robert Craig

March 31: Oneita Gunn, Mindy Polson Rogers

April 2: Mack Terry, Kayla Morris Richardson, Joe Guerro

April 3: Lilly Wilke Wright

April 6: Lorry Lou Moore

April 7: Odie Roberts Kemp

Anniversaries

April 7: Robby and Kerri Dean

April 10: Mike and Tammy Bland

We do have some a few families with those who are not feeling well and some who have had some minor procedures done. Please keep these people in your daily thoughts and prayers. Ragtown folks in the nursing homes we need to remember are Claudine Tipton; Carmen Abraham; Mary Gayle Young in Post; Jean Tipton in Robert Lee; Jewel White in Lubbock. Others are, Mack Ledbetter in Slaton; Doris Wilson in Post; John and Mary Gist in Lubbock in Lubbock. Please let me know if there is anyone I need to add to this list.

Everyone have a great week. Keep rain, the crops and our country in your daily prayers.

Traci Freeman is a resident of the Close City community. Email her at close.city.coop@pcca.com.

Weekly Inspirations

Fruit of the Spirit

Read Galatians 5:13-26

The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things.

- Galatians 5:22-23 (NRSV)

One day on the way to the office, I saw a driver who seemed quite impatient. He drove his car recklessly from one lane to another, trying hard to get ahead of the other cars. Then I noticed a Christian symbol on his car's rear window. It occurred to me that many people might have wondered whether such an inconsiderate driver was truly a follower of Christ.

All of us could easily be as guilty of impatient actions as that driver — especially if we are behind schedule and trying to make up time. We might behave in ways that even more blatantly contradict our Christian faith. Others — including unbelievers — always see us. That's why Jesus commanded us to do good: in order to bring glory to God.

Galatians 5:22-23 reminds us of the fruit of the Spirit, the last of which is self-control. This is perhaps the most challenging gift of all because we are usually in the midst of hectic days. But remembering to live the fruit of the Spirit lets others see our faith in Christ in all the actions of our lives.

Marcelina Dewi Kumalasari (Jakarta, Indonesia)

Prayer: Dear Father, help us to have self-control in whatever we do each day so that our actions may glorify your name. Amen.

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work."

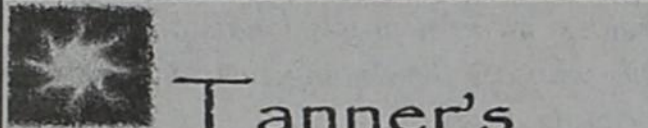
2 Timothy 3:16-17



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Church Directory

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Lifeline Church	108 N. Broadway	Church of God	
		Church of God of Prophecy	602 W. 14th, 495-3644
Baptist		Power House Church of God and Christ	Pine Ave.
Calvary Baptist Church	210 E. 6th, 990-2342	Disciples of Christ	
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First Baptist Church, Wilson	806-628-6333	Evangelical Methodist	
Grace Baptist Church	820 N. Ave. S 990-3497	Faith Chapel	1105 Green St., Wilson (806) 628-0018
		Methodist	
Justiceburg Baptist Church	Justiceburg	First United Methodist Church	216 W. 10th, 990-2942
Pleasant Home Baptist Church	E. 14th & N. Ave F	Graham Chapel United Methodist Church	495-3492
Pleasant Valley Baptist	Hwy 84 & N. 399 (806) 828-4174	Nazarene	
Southland Baptist Church	Southland	Post Church of the Nazarene	202 W. 10th, 495-3044
Templo Bautista	315 W. Main	Grassland Church of the Nazarene	327-5656
Trinity Baptist Church	915 N Ave O, 990-3038,	Non-Denominational	
		Family Harvest Church	111 N. Avenue I, 495-1400
Catholic		Caprock Springs Fellowship	12th & Ave. I 495-2171
Holy Cross Catholic Church	Ave. K and Main St., 495-2791	Presbyterian	
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And thou shalt love the Lord thy God with all thine heart, and with all thy soul, and with all thy might.

Deuteronomy 6:5

Visit any one of these businesses and churches and you will find wonderful Post City people and those who support Post.

The helicopter over the hot a teenage girl Hispanic woman. Then it flew off. It was on fire, but the pilot was confined to a small My sense of the that the pilot would land the craft survive. Neither of the was injured in the The older woman thing to me. She fish with a heavy seemed nice. Then somehow with the teenager, child of wealthy been hobnobbing our ex-presidents She disparaged her first lady in p Once in the lot hotel, amid dark style woodwork curtains, a plan the reporter, who troubled teen away country motor trip the route. She pro clusive rights to h I soon found n ing about two thi of gasoline and h her comments. Sh of the former first

April 5 50 year A record num ers in a City Cou went to the polls h to re-elected Harol and W.S. Duchwo time Councilman- Scott. The number Tuesday exceeds previous record tered in 1960 wh dates, including were in the race on the council. cumbent unseated election was C.R ton, who had serv The resignation Sheriff Oscar Gr April 1, has touch courthouse move the county and about to work out new law enforce ment in which th force would be exp had only been wit office 15 months. I cial-called meeti county commiss unanimously to di second deputy sh effective April 1. cials refused to cor record about the anonymous city v the City Council v ing hiring two mo State Sen. Pres Lubbock visited P day to meet with supporters in his lieutenant govern The Merryms spent the afterno quilt when they ago Tuesday in Mrs. Lonnie Pe ments were serv A.A. Ritchie and Ann Storie of Loc The Women's Garza Memorial hold its first aw next Thursday at ist Church. Ticke able from Mrs. L Mrs. J.E. Parker is \$2, and reserva

COLUMNS



The 501

by Hanaba Munn Welch



The helicopter flew in low over the hotel and dropped a teenage girl and an elderly Hispanic woman onto the roof. Then it flew off. The helicopter was on fire, but the flames were confined to a small rear area. My sense of the situation was that the pilot would be able to land the craft safely and survive. Neither of the passengers was injured in the drop-off.

The older woman said something to me. She spoke English with a heavy accent. She seemed nice.

Then somehow I ended up with the teenager, a disgruntled child of wealthy parents. She'd been hobnobbing with one of our ex-presidents and his wife. She disparaged both, the former first lady in particular.

Once in the lobby of the old hotel, amid dark Craftsman-style woodwork and white curtains, a plan took shape. I, the reporter, would whisk the troubled teen away on a cross-country motor trip. I visualized the route. She promised me exclusive rights to her story.

I soon found myself worrying about two things: the price of gasoline and the validity of her comments. She was critical of the former first lady for talk-

ing about overcoming a serious illness. Strange.

Then I woke. Once I shook myself free of the dream, my first feeling was relief that I'd not be driving from New York to Los Angeles with a spoiled teenager.

Next I congratulated myself for my skepticism. As the dream ended, I'm sure I was about to tell the tell-all girl to find a different chauffeur-reporter—maybe someone working for a sleazy tabloid.

In dreams we take elements of reality and weave them into scenarios designed to let us practice handling different predicaments. Or so I've heard.

If ever a sensational story comes my way that sounds too good to be exclusively mine, I hope I'll indeed think twice.

My other hope is never to be on a flaming helicopter.

INTERNET DREAM RESEARCH PAUSE.

After 20 minutes of reading differing theories about the significance of dreams from Wikipedia's dream team - Sigmund Freud, Carl Jung, Calvin Hall, Ann Faraday, Antti Revonsuo and Keith Stevens - I still have no specific interpretation for mine.

Online dream dictionaries to the rescue. Ah the Internet. So many answers.

If you see a helicopter, you're pursuing your goals. A fire under control equals internal drive. Good.

To be high in a building indicates "understanding, awareness or success." What could be better than being on the roof? Even the lobby was raised.

Dark woodwork means you're stuck in the past. Well, OK.

Light-colored curtains mean you can successfully postpone disclosing the truth.

The president symbolizes authority.

A map means you know where you're going, although in my case I didn't want to go.

Gasoline equals energy and spirituality. Hmmm.

Bottom line, somebody could make a killing interpreting dreams. Come to think of it, psychiatrists already are. Couldn't a regular person also memorize those dictionaries? Why not?

Daniel Webster's comment comes to mind:

There's always room at the top.

Post Notes

Events are listed free of charge for non-profit civic organizations, schools and community events. Submit listings at least two weeks ahead of the date. Listings will run through the date of the event. Emailed submission are preferred to thepostcitydispatch@gmail.com.

Broom sale

Members of the Post Rotary Club will have a broom and mop sale beginning at 8 a.m. Tuesday at 101 W. Main St. Other items for purchase will be cleaning supplies for home and business. All proceeds benefit the Caravan Sales for the Blind.

Art exhibit

The O.S. Museum, 201 E. Main St., Suite 3, is now exhibiting "The Color of Spring," a display of birds, flowers and eggs through May 31. Viewing hours are 10 a.m. to noon and 1 to 5 p.m. Monday through Saturday. For information, email osmuseum_mneff@yahoo.com 495-3570.

Donations needed

Five-Stone Ministries, a nonprofit 501c3 organization, is in need of the following items: men's work clothes, men's work shoes, workable washers and dryers. Some women's items also are needed. For information, contact O.L. Ferguson at 806-781-1156. Monetary donations welcome at P.O. Drawer 669, Post, Texas, 79356. All donations are tax deductible.

Homestead exemptions

Anyone who turns 65 in 2012, or has a birthday of 1947 or earlier, is eligible for the homestead exemption on their property taxes. Anyone with business personal property is required to file a rendition with the Garza Central Appraisal District. If a rendition is not filed, a 10-percent penalty will be added to the total tax. For information,

contact the Garza Central Appraisal District at 495-3518 or visit 124 E. Main St., Post. Due date is April 16.

State Fair validations

If you have a steer, lamb or goat that needs validation for the State Fair, contact the Extension Office before April 18 to order your tags. Each tag will cost \$10.

Horse validations

4-H Connect is now open for horse validations. Contact the Extension Office at 806-495-4400 for information.

Fish fry

Holy Cross Catholic Church, 205 W. Main St., has begun its annual fish fry during the Lenten season. Dinner is served from 5 to 7 p.m. each Friday night. \$8 per plate. For information, call the church office at 806-495-2791.

Trap shoot practice

Every Monday at 5 p.m. at the Palmer Gun Club. Anyone interested in joining Shotgun Sports, should contact Ray Mason at 781-8022 or Mark Kirkpatrick at 787-5104.

Trap shoot

The Garza County 4-H Shotgun Sports Trap Shoot will be April 28. Early registration is going on through April 23 and is \$15 plus \$5 per round. Late registration is \$25 plus \$5 per round. Trap shoot practice is at 5 p.m. every Monday at the Palmer Gun Club. Anyone interested in joining Shotgun Sports, should contact Ray Mason at 781-8022 or Mark Kirkpatrick at 787-5104.

FUMC praise service

First United Methodist Church, 216 W. 10th St., Post, has begun a new praise and worship service on Wednesdays. A meal will be served at 6:15 and the service will follow. Music, teaching and discussion as well as a time for prayer. For information, call

the church at 990-2942.

State 4-H Roundup

The State 4-H Roundup will be June 11-15 at Texas Tech University. For information, call the Extension office at 806-495-4400.

Post Elementary School

No school Monday, April 9. A bad-weather day will be April 10-13 is National Library Week. Grades are due April 13, and report cards go home April 18. Third-, fourth- and fifth-graders will complete STARR testing April 24-26. It is now the time of year elementary students go on field trips. Please look for information to come home in your student's folder for more information. Please make sure permission slips are signed and returned in a timely manner so that your student may participate with their class.

Grant-writing workshop

The Texas Leadership Institute will sponsor a grant-writing workshop from 8:30 a.m. to 4:30 p.m. April 17 at Heritage House, 109 N. Ave. N. The program will be hosted by the Caprock Cultural Association in conjunction with the Texas Center for Rural Entrepreneurship. Cost is \$129 and includes lunch. Register online at texasleadership.org.

4-H camp

4-H'ers interested in attending 4-H Camp are urged to contact the Extension office at 806-495-4400. Leadership Lab will be May 29-31 for ages 9-12 in Levelland; Electric Camp will be June 25-29 for ages 14-18 in Cloudcroft, N.M.; Golf Camp will be April 27-28 for ages 12-18 in College Station; Prime Time I will be July 2-25 for grades 5-8 at Lake Brownwood; Prime Time II will be July 25-28 for grades 25 at Lake Brownwood; Horizons will be July 3-7 for grades 4-8 at Lake Brownwood.

Remember When



April 5, 1962 50 years ago

A record number of voters in a City Council election went to the polls here Tuesday to re-elected Harold W. Lucas and W.S. Duchworth and first-time Councilman-elect Wesley Scott. The number of votes cast Tuesday exceeds by 116 the previous record of 436 registered in 1960 when nine candidates, including three women, were in the race for two seats on the council. The only incumbent unseated in Tuesday's election was C.R. "Si" Thaxton, who had served two terms.

The resignation of Deputy Sheriff Oscar Gray, effective April 1, has touched off a new courthouse move that indicates the county and the city are about to work out some sort of new law enforcement agreement in which the city police force would be expanded. Gray had only been with the sheriff's office 15 months. During a special-called meeting Monday, county commissioners voted unanimously to discontinue to second deputy sheriff's salary effective April 1. County officials refused to comment on the record about the situation, but anonymous city officials said the City Council was considering hiring two more officers.

State Sen. Preston Smith of Lubbock visited Post on Monday to meet with friends and supporters in his campaign for lieutenant governor.

The Merry-makers Club spent the afternoon piecing a quilt when they met a week ago Tuesday in the home of Mrs. Lonnie Peel. Refreshments were served by Mrs. A.A. Ritchie and Miss Debbie Ann Storie of Lockney.

The Women's Auxiliary of Garza Memorial Hospital will hold its first awards banquet next Thursday at First Methodist Church. Tickets are available from Mrs. Don Curl and Mrs. J.E. Parker. The charge is \$2, and reservations must be

made.

Members of First Christian Church held a dinner in honor of Winnie Tuffing, who has been the church organist for a number of years and a member since June 17, 1943, soon after the church was organized.

Wacker's was advertising Ferro-Bond super-quality latex wall paint for \$2.77 a gallon. Buy three gallons, get a 9-by-12 drop cloth free.

April 6, 1972 40 years ago

W.D. Turner Construction Co., contractor on the city of Post's current street-paving project, is scheduled to move in equipment and materials this weekend for the resumption of paving Monday, Mayor Giles C. McCrary told members of the City Council at its regular April session Monday. There are about 50 blocks yet to pave in the project, which is being done at a cost of more than \$100,000. The city only lacks about \$20,000 having the paving project paid for, including engineering fees, McCrary said.

Jenny Wheeler of Southland placed first in this year's Garza County Spelling Bee. Her cousin Kendon Wheeler finished second. Third place went to David Morrow of Post.

The police department moved to County Sheriff J.A. "Jimmy" Holleman's office on the first floor of the courthouse last Saturday. The move was made after the county sheriff and commissioners collaborated in accepting a recommendation to the county by the City Council that the police department be moved to the courthouse "with closer cooperation with all law enforcement officers." The police department consists of Chief Otis G. Shepherd Jr., patrolman Jerry Jolly and relief patrolman Ray Bagby.

The weather, unseasonably mild for a couple of months,

did an about and belated about-face last Thursday and dumped 5.5 inches of snow on Post. Moisture reported from the snow measured a little more than a half an inch, according to Southwestern Public Service Co., where weather records are kept.

April 8, 1992 20 years ago

The city's sanitation rates could triple in the next 14 months under recently imposed federal and state solid-waste management rules. The Post City Council has been considering for several years the decision to try to maintain a landfill here, or close the facility and transport the city's solid waste to a regional landfill. The city's decision will weigh heavily on what action Garza County commissioners will take on the issue regarding residents outside the city limits.

The Texas Public Utility Commission today voted unanimously to lower the rates of Caprock Telephone customers. The reduction, totaling \$488,000, will include refunds for each customer.

April 4, 2002 10 years ago

In a hotly contested issue about whether the cities of Post, Crosbyton, Ralls and Spur should be guarantors of a \$3 million bond issue was the major topic of the White River Municipal Water District last week. Drought conditions in West Texas have caused concern about current and future water quantities being enough to supply municipal water needs. White River Reservoir presently has enough water to supply district customers for the next 18 months.

Post High School's baseball team pounded Ralls, 5-1, and now stands 1-1 in district play, moving up to 12-2 overall before Tuesday's game in New Deal.

Cryptogram Solution

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z
X J O H C Y I O E P A R L U W N S V B K G F Z T D M

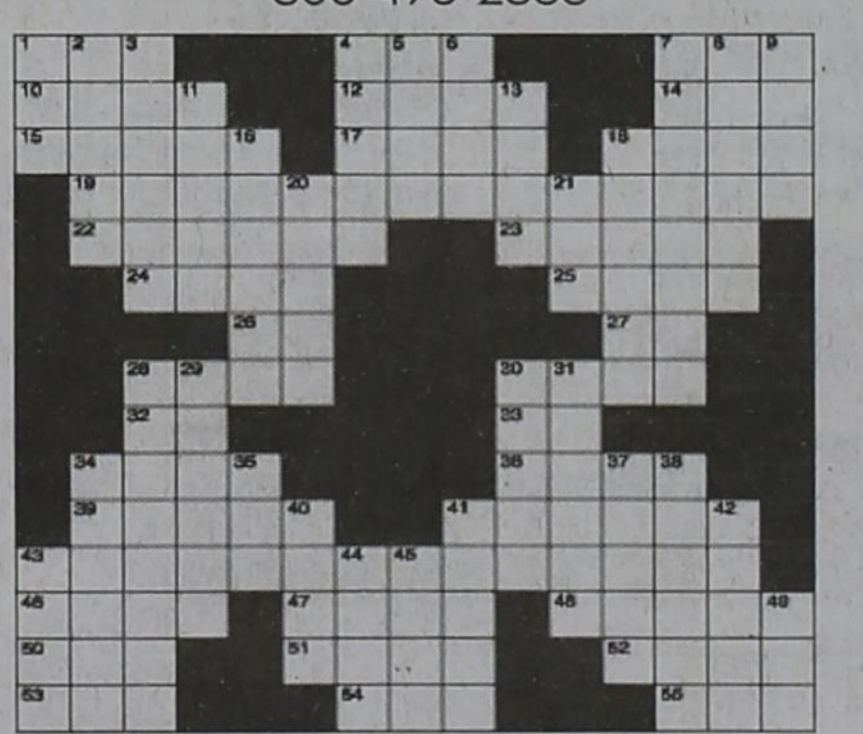
A MAN WHO VIEWS THE WORLD
X LXU ZOW FECZB KOC ZWVRH
THE SAME AT FIFTY AS HE DID
KOC BXLK XK YEYKD XB OC HEH
AT TWENTY HAS WASTED THIRTY
XK KZCUKD OXB ZXBKCH KOEVKD
YEARS OF HIS LIFE
DCXVB WY OEB REYC

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Justice-Mason Funeral Home

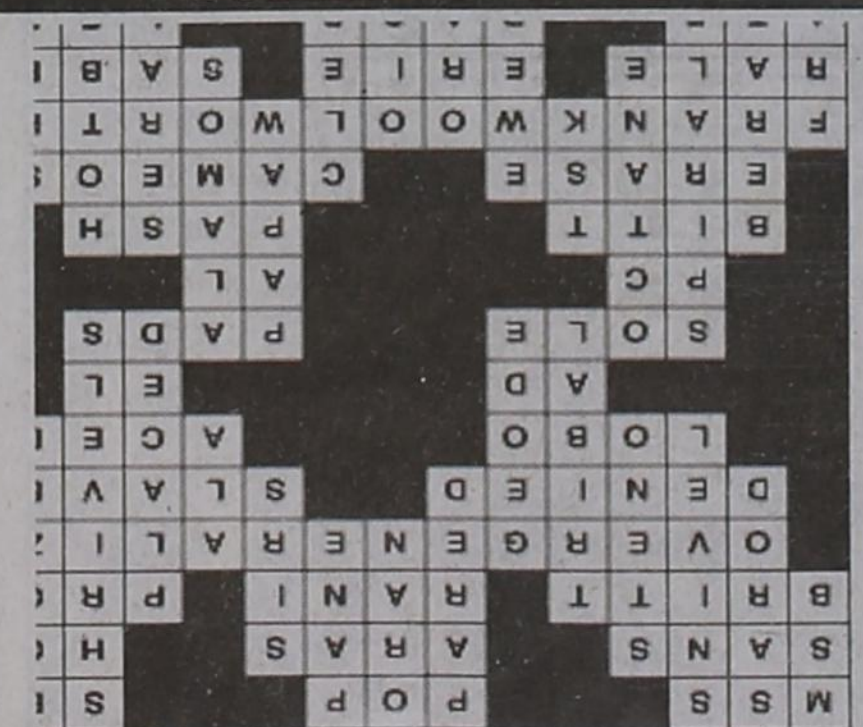
CLUES ACROSS
1. Manuscripts (abbr.)
4. Small explosive noise
7. Helps little firms
10. Without (French)
12. Macaw genus
14. Ad ____ improvise
15. Actress Eckland
17. Raja's wife
18. Cotillion
19. Make too non-specific
22. Turned down
23. One who is owned by another
24. Wolf (Spanish)
25. Breezed through
26. Anno Domini (in the year of Our Lord)
27. Railroad track
28. Lean-fleshed fish
30. Bachelor quarters
32. Laptop
33. Aluminum (abbr.)
34. Bollard
36. A brief infatuation
39. Wipe out information
41. Shell glyptography
43. Dime store founder
46. Abnormal breathing
47. One of the Greats
48. Curved sword
50. Digested
51. Coarse file
52. Queen of Sparta
53. CNN's founder
54. Gidget actress Sandra
55. Fall back time

CROSSWORD PUZZLE
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18. Finished second
20. Hollow stone
21. An insect wing
28. Corkscrewed
29. Hydrocarbon in fuel
30. Genus asimina
31. Poplar trees (Spanish)
34. Angriely rebuke
35. Expression of disappointment
37. Relating to an ecological
38. Heated earth
40. Pitcher
41. To call (archaic)
42. Storage structures
43. Male undergraduate social club
44. Towards the oral region
45. Belgian River
49. Long tailed rodent

PUZZLE SOLUTION



- CLUES DOWN
1. Mutual savings bank (abbr.)
2. Indian lute
3. Talk in a tearful manner
4. Skinned
5. NW Algerian port
6. A sheet of glass in a window
7. Shrinks up
8. Drank excessively
9. The highest point
11. Takes dictation
13. Gentlemen
16. Nonindustrial society

SPORTS

Junior high, JV boys dominate A-Town Relays Varsity boys, girls claim third-place finishes

A-Town Relays track results
Varsity boys: **Third place** (89 points)

4-by-100-meter relay
Third: Steven Howard, Nathaniel Gill, Darren Brown, Corbin McDonald

4-by-200-meter relay
Third: Vance Blair, Corbin McDonald, Nathaniel Gill, Matthew Soto

400-meter dash
Sixth: Isaac Stern

200-meter dash
Second: Darren Brown
Eighth: Parker Loftus

4-by-400-meter relay
Second: Darren Brown, Isaac Stern, Matthew Soto, Corbin McDonald

Triple jump
First: Corbin McDonald
Sixth: Darren Brown

Long jump
Sixth: Tavish Soto

High jump
First: Corbin McDonald
Seventh: Taylor Soto

Discus
First: Travis Greathouse
Seventh: Mondo Martinez

Shot put
Second: Monda Martinez
Seventh: Travis Greathouse

Varsity girls: Third place (94.3 points)

3,200-meter run
First: Kimberly Rivera

4-by-100-meter relay
Third: Anahica Duran, Kelbie Oden, Matti Smith, Haily Berry

800-meter run
Fifth: Andi Soliz

4-by-200-meter relay
Eighth: Anahica Duran, Cheyenne Gill, Bethany Curtis, Matti Smith

400-meter dash
Fourth: Bethany Curtis
Fifth: Kelbie Oden

200-meter dash
Third: Haily Berry

1,600-meter run
Fourth: Kimberly Rivera
Seventh: Andi Soliz

4-by-400-meter relay
Second: Haily Berry, Bethany Curtis, Matti Smith, Kelbie Oden

Triple jump
Second: Haily Berry

Long jump

Second: Haily Berry
Fourth: Kelbie Oden

High jump
Fourth: Kelbie Oden

Discus
Fourth: Alexis Ramirez

Shot put
First: Alexis Ramirez

Junior varsity (first place with 150 points)

3,200-meter run
Third: Ricky Fontenot
Seventh: Ethan Self

4-by-100-meter relay (Heat A)
First: Christen Pena, David Hernandez, Christian Perez, Bryan Smith

(Heat B)
Fifth: Blake Altman, Dylan Pearson, Pake Jones, Freddy Araiza

800-meter run
Sixth: Alejo Rodriguez

110-meter hurdles
Third: Campbell Kirkpatrick
Fifth: Carson Kirkpatrick

4-by-200-meter relay (Heat A)
First: Christen Pena, David Hernandez, Pake Jones, Alan Alaniz

(Heat B)
Eighth: Christian Perez, Paden Babb, Marco Erives, Dylan Pearson

400-meter dash
Fourth: Alan Alaniz,
Sixth: Freddy Araiza

300-meter hurdles
Fourth: Campbell Kirkpatrick
Eighth: Carson Kirkpatrick

200-meter dash
Second: Christen Pena
Third: Blake Altman

1,600-meter run
Eighth: Ricky Fontenot

4-by-400-meter relay (Heat A)
Third: Bryan Smith, Alan Alaniz, Freddy Araiza, Christian Perez

(Heat B)
Sixth: Carson Kirkpatrick, Pake Jones, David Hernandez, Campbell Kirkpatrick

Triple jump
First: Christen Pena
Fourth: Ethan Self
Sixth: David Hernandez

Long jump
First: Christian Perez
Second: Christen Pena
Seventh: Dylan Pearson

Shot put
First: Bryan Smith

Discus
Second: Bryan Smith
Third: Marco Erives
Seventh: Alejo Rodriguez

Pole vault
Second: Paden Babb

Junior high events (Thursday)

Seventh grade
Boys 100-meter dash
16th — Laurence, Traven
17th — Blaze Smith

Boys 200-meter dash
18th — Traven Laurence

Boys 400-meter dash
17th — Blaze Smith
18th — Noe Hernandez

Boys 110-meter hurdles
Ninth — A.J. Escobedo

Boys 300-meter hurdles
Fourth — Adrian Rogers

Boys 4-by-100-meter relay
Fourth — Kevin Finch, Keegan Stanley, Adrian Rogers, A.J. Escobedo

Boys 4-by-200-meter relay
Seventh — Kevin Finch, T.J. Redman, Ben Ayala, Keegan Stanley

Boys 4-by-400-meter relay
Fifth — Kevin Finch, A.J. Escobedo, Adrian Rogers, Keegan Stanley

Pole vault
Fifth — T.J. Redman

Long jump
Fourth — A.J. Escobedo
14th — Adrian Rogers

Shot put
First (tie) — Colton Smith (Post), Jesse Alonzo (New Deal)
Fifth — Ben Ayala

Discus
First — Colton Smith
Eighth — Ben Ayala

Eighth grade

Boys 100-meter dash 8th grade
First — Blaine Reece
Fifth — Joel Lopez
Seventh — Jarred Curtis

Boys 200-meter dash
Sixth — Christian Saucedo
Seventh — Rafael Gonzalez

Boys 400-meter dash
Fourth — Alonzo Armentariz

Boys 800-meter run
First — Chris Rosas
Second — Alonzo Armentariz

Boys 1,600-meter run
Fifth — Chris Rosas

Boys 110-meter hurdles

First — Aron Lopez
Third — Cambry Gilbert
Fourth — Shandon Wiley

Boys 4-by-100-meter relay
First — Christian Saucedo, Blaine Reece, Cambry Gilbert, Aron Lopez

Boys 4-by-200-meter relay
First — Jordan Solorzano, Shandon Wiley, Christian Saucedo, Jarred Curtis

Boys 4-by-400-meter relay
First — Blaine Reece, Cambry Gilbert, Jordan Solorzano, Aron Lopez

Boys High Jump 8th grade
First — Cambry Gilbert
Seventh (tie) — Shandon Wiley (Post); Jarred Curtis (Post); Dallin Woods (Fiona); Asin Tenorio (New Deal)

Pole vault
Ninth — Trystan Fannon

Long jump
First — Cambry Gilbert
Fourth — Jordan Solorzano
Sixth — Blaine Reece

Triple jump
First — Jarred Curtis
Fourth — Shandon Wiley

Shot put
First — Gonzalez, Rafael, Post Jr. Hig, 40-10.
Sixth — Trystan Fannon

Discus
First — Rafael Gonzalez
Third — Aron Lopez
Fourth — Jordan Solorzano

Junior High girls

Seventh grade

Shot put
Seventh — D'Kota Walls

400-meter dash
Third — Brooklyn Courtney

Discus
Eighth — Brooklyn Courtney

100-meter hurdles
Fourth — Yvette Armentariz

800-meter run
Fourth — Laurn Lynch 4th

Eighth grade

4-by-100-meter relay
Sixth — Ali Whitfill, Seirra Scott, Taylor Roberts and Lauren Record

100-meter hurdles
Fifth — Lauren Record

400-meter dash
Eighth — Taylor Roberts 8th

200-meter dash
Sixth — Seirra Scott 6th

By Wayne Hodgin
The Post Dispatch

Even though the varsity boys and girls track teams from Post High School fared well in last week's A-Town Relays in Abernathy, it was the junior varsity team on Friday and the junior high teams on Thursday that walked — or, rather, ran — away with the thunder.

With a whopping 13 first-place finishes Thursday, the seventh- and eighth-grade teams from Post Junior High swept the competition. On Friday, the JV boys team beat out the competition with five first places.

Head track coach Beau Riker had a lot of praise for the younger teams.

"The JV boys had another outstanding turnout at the Abernathy meet this past week," Riker said. "After losing the Sundown meet to New Deal by one point, the kids were determined to take care of business."

In fact, Riker said, the Post JV team came back with a vengeance at the Abernathy meet and soundly defeated the New Deal team by almost 20 points.

"We have very competitive kids who love a challenge," Riker said. Riker said the junior high's showing on Thursday was laudable especially since the team had battled some injuries.

"We have a great group of student athletes at the junior high level who are willing to work hard and do whatever they are asked to compete in," Riker said. "We expect great things from that up-and-coming group."

The junior high eighth-grade team dominated the running events Thursday with Blaine Reece's performance in the 100-meter dash at 12.07 seconds, Chris Rosas' 800-meter run in 2:27.68 minutes and Aron Lopez in the 110-meter hurdles event at 17.56 seconds.

In eighth-grade relay events, first-place finishes were lauded in the 4-by-100-meter relay by the team of Christian Saucedo, Blaine Reece, Cambry Gilbert and Lopez with a time of 47.03 seconds. The 4-by-200-meter event was dominated by the team of Jordan Solorzano, Shandon Wiley, Saucedo and Jarred Curtis with a team time of 1:44.50 minutes. Reece, Cambry, Solorzano and Lopez collaborated again in the 4-by-400-meter event and ran away with first

place in 3:46.42 seconds.

In field events, seventh-grader Colton Smith tied at first place with New Deal's Jesse Alonzo in the boys shot put at a throw of 33.08 feet. Smith claimed another first place in the discus with a throw of 94.02 feet.

Eighth-grader Rafael Gonzalez threw 40.10 feet in the shot put and 140.10 feet in the discus to claim both first places.

Gilbert took first places in the boys high jump with a leap of 5.06 feet and in the long jump a 18.01 feet.

Curtis claimed the gold in the triple jump with a leap of 34.05 inches.

In varsity events, the boys once again were led by Corbin McDonald in the triple and high jumps and Travis Greathouse in the discus throw. The girls were led by Alexis Ramirez in the shot put and Kimberly Rivera in the 3,200-meter run.

Junior varsity boys claiming first places included Christen Pena in the triple and long jump and Bryan Smith in the shot put. The relay teams of Pena, David Hernandez, Christian Perez and Smith in the 4-by-100 and Pena, Hernandez, Pake Jones and Alan Alaniz in the 4-by-200 were enough to claim the Post victory.

The varsity teams continue to face increasingly competitive challenges, Riker said.

"The varsity boys finished third in another tough meet," he said. "They're working hard to get prepared for the District 3-2A meet in Denver City next week. This past week, we tried changing some kids around to see if they could compete in different events."

"I believe that we are getting the kids tougher for the future."

Girls coach Richard Soliz also said his group of student athletes, too, are seeing more competitive teams.

"The girls did really great last week and continue to get better in their individual events and relays," he said. "I know they will give the maximum effort, regardless of the situation."

Soliz said he looks forward to seeing them compete at the district level. "Going into district, the girls are on pace with where we want them to be," he said. "They are working hard in practice and improving on a weekly basis. Hopefully it will all come together for district and make some really great things happen."

"I know they have what it takes."

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Dalby barbecue fundraiser helps Little League



Employees of the Giles W. Dalby Correctional Facility in Post raised \$3,700 for the Post Little League Association at the second annual barbecue sandwich fundraiser March 23. Pictured, left to right, are: Dick Odom, Trevah Yarbro, Larry Bond, Little League Association President Ted Thomas, Fred Postell, Hugh Bryan, Terry Hunter, Clay Ham, Jenny Francis and Dawn Bilberry.

Courtesy Photo

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Thanks for reading!

LE GARZA
By Linda Puckett
Here's a story from
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LEGENDS...

GARZA COUNTY HISTORICAL MUSEUM

By Linda Puckett

Here's a story from "Wagon Wheels" many may find of interest. I have used this book for research for many years, and yet I've never taken the time to read this particular recollection:

Joe Frank Hopper was helping a friend with some farm work when he developed a very painful toothache. Being several miles from home in Alvarado he ask his friend if he knew a dentist anywhere near them.

He was directed to a Dr. G.R. Richey in Itasca. In the course of conversation with Dr. Richey, the doctor asked Joe where he lived. "We live in Alvarado now," Joe told him.

"Now? You indicate you haven't always lived there."

"That's right, I grew up out at Post, Texas. My father moved down here a few years ago and when he got too old to work, we boys moved down this way to help him out."

"Post? Post City, Texas. Why, I was their first dentist."

"I don't believe I remember you," Joe said, turning in his chair to look the doctor in the face.

"No, I don't imagine you do. That was a few years before your time," Dr. Richey said.

"When were you there?" Joe asked.

"In 1909 and 1910, I was the first dentist to fill a tooth in that town. In 1909 I passed the temporary board, which you could take under any member of the State Board of Examiners, and it was good until the next meeting of the regular board. I passed it on Feb. 14, 1909, and passed the regular board at Waco in June of that same year. Of the 17 juniors who took that board, four of us passed."

"Pretty good," Joe said, wanting to encourage him to go on with his story.

"I had a brother, C.G. Richey, who operated a furniture store at that time, so I went out there for my Christmas vacation in 1909 and took my dental case I used in school, a folding chair and foot engine with me."

"Where did a fellow spit?" Joe asked looking over at the modern cuspidor, with running water.

"Huh? Oh, I didn't overlook that either. I just picked

up one of the big spittoons my brother had around his heating stove. Most everybody could hit it pretty good."

Smiling, Joe cradled his head in the headrest ready to get his tooth pulled.

"We curtained off an office in the back of his store with large rugs and that was the first dental office in Post. People were moving in there from everywhere up north, as Mr. Post would bring them down there and help them get started in their chosen business or profession. They worked."

"Where was your brother's furniture store located?" Joe interrupted.

"It was in the middle of the block across the street north from the Rodgers Hotel building. In later years a bank built a fine brick building in the same block, just east of the furniture store."

"As I was saying, they worked the fool out of me until I had to go back to the old State Dental College at Dallas, (which later became Baylor Dental College) for the rest of my junior year. The following Christmas I went out there again, stayed with my brother and fixed up another office with rugs in the back of his store and had another flow of patients until I had to go back to finish my senior year. So I made two trips out there in 1909 and again in 1910."

"That's interesting. I hadn't heard of you being in Post. It isn't surprising though. From what I've heard there was a lot of activity those first few years while the town was getting started."

"You're absolutely right; if it was at all like the two Christmases I spent out there."

"Why didn't you go back to Post when you finished school?" Joe asked.

"Don't think I didn't consider it very seriously, but I practiced one week each month down at Coolidge while taking my senior year and since I was getting along nicely there, I didn't go back to Post. I had a sister, Miss Alpha Richey, who taught school at Post during that time."

"I count that as one of my richest experiences. Hope I haven't tired you out on what we used to do more than 60 years ago. I've been here in Itasca 58 years."

All of the above quotations are taken from a letter that

Dr. Richey wrote to Dr. B.E. Young, after extracting Joe Frank's tooth.

This story was transcribed by Ruth Ann Young, who did a great amount of typing for Mrs. Surman and the committee that published the history of Garza County in "Wagon Wheels." Ruth Ann still contributes to the history of the county by serving on the Garza County Historical Museum board.

Facts regarding dentistry in Garza County are vague from 1910 to somewhere in 1916 or 1917. I've heard rumors of a dentist practicing in a tent but have been unable to authenticate such a rumor by any of the old-timers. It seems medical doctors, who are authorized to pull teeth to relieve suffering, were about the only help that Garza County had until probably 1916.

Dr. Rump, a medical doctor, has been named more than any other in this capacity. He lived in Gail and made periodical visits to Post as well as other small communities. A Dr. Batchelor was the first dentist to locate permanently in Post. He stayed here about two or three years, and followed by Dr. Baxley, a dentist, who lived here for several years. Dr. Baxley left because of poor health. He was followed by Dr. Blanton Ray, who was here about five years. Dr. Ray sold out to Dr. B.E. Young, in February 1933 and had served the community as dentist since that time (as of 1973).

When Dr. Young graduated from Baylor Dental College at Dallas in June 1932, he, through friends, was directed to Silverton. When there was an opening in Post early the following year, he moved to Post. His practice here had been a continually growing practice. He started out in the worst of the Depression and many dental accounts were credited with fryers (some dressed, some not) eggs, black-eyed peas, whipping cream and the like.

Uh-oh, as your historian, my two worst enemies seem to be time and word count. Part-two of the Dentistry in Post and Garza County continues next week. Thanks for readin'.

Linda Puckett is the director of the Garza County Museum.

Smart uses for your tax refund



By Nancy McDonald
Garza County Extension

A tax refund is always a welcome bonus. Whether its \$300 or \$3,000, the way you use that money can have a real impact on your personal and financial well-being. New computer? New recliner? Nice vacation? Those are all nice ideas, but before you spend your refund, try to think through all the options.

Follow these three general rules:

- Plan ahead before spending your refund. Without a plan, you may use the money on the first important thing that comes to mind and then later realize something else was more important.

- Devote a portion of your tax refund to build long-term financial security.

- Don't throw away part of your refund on preparation fees and/or loan fees.

Those companies that offer "quick refunds" are just giving you a loan. It's a high-cost, high-risk loan. Look for free tax preparation programs like VITA (irs.treasury.gov/freetax-prep) and AARP's TaxAide (aarp.org/taxaide). Trained volunteers can assist in preparing your return and file it electronically for free.

By using one of these free programs and having your refund direct deposited into a checking or savings account, you can get your refund in seven to 10 days.

Smart uses for your tax refund

- Pay off bills. Your first priority is to pay your regular monthly bills if you have fallen behind (utilities, phone). Most other debts should be prioritized, with highest interest rate debts being paid off first.

Suppose you have a credit card balance of \$2,000 at an interest rate of 18 percent, and you're making payments of \$50 a month. At that rate, it will be 62 months more than five years — before the bill is paid off, and it will cost you \$1,077 interest. If you use your tax refund to pay off \$1,000 of that bill and then continue to pay \$50 a month, the bill will be paid off in 24 months, at an interest cost of only

\$198. You will save \$800 interest by paying \$1,000 toward the debt now.

- Emergency funds. Having money saved for emergencies can get you through small emergencies, like car repair or medical bills, without breaking a sweat. In the ultimate emergency (loss of income), an emergency fund can keep you afloat until you find another income source. Use part of your tax refund to start or build your emergency fund.

- Occasional expenses. Those big bills that come once a year or every few months (car insurance) can cause huge problems for families. Avoid those problems by being ready for the bills. Use your tax refund to start a special savings fund. Then, keep adding to it throughout the year.

- Long-term savings. You can make progress toward long-term goals and your tax refund can help make that happen. Even small amounts add up. Adding just \$500 a year into a retirement account, such as an IRA, can make a difference over a period of decades. If the account earns an average annual return of 5 percent, a contribution of \$500 a year would yield \$34,880 after 30 years.

Take the "small amount" theory one step further. Build on the momentum created by that once a year contribution, and make a monthly contribution, too. If you contribute \$500 a year and \$25 a month, earning a 5 percent return, in 30 years you will have \$55,247.

Contributing to your retirement may pay off with a tax credit. Moderate-income workers who make voluntary contributions to a retirement account (like a 401k or IRA) may qualify for a tax credit.

For example, a married couple filing jointly with an adjusted gross income of less than \$34,000 would qualify for a 50 percent credit. That means if they contribute \$2,000 to eligible retirement accounts, they will receive a tax credit of \$1,000. Consult with the IRS for details.

- Special purchases. What about that new refrigerator? Or the sofa? Or ... ? Those purchases are valuable, too. Some may be essential, while others simply add enjoyment to life. Are you fulfilling a want or a need?

Your best bet
First, put some of your tax refund toward financial security by:

- Saving part of your refund. You can do this automatically by splitting your refund; put part in your checking account and part in your savings account, or use part to purchase a U.S. Savings Bond. Complete and attach Form 8888 to your tax return to split your refund.

- Paying off a debt. Start with a debt with the highest interest rate to save the most in interest charges.

- Planning for needs in the coming year (like insurance premiums).

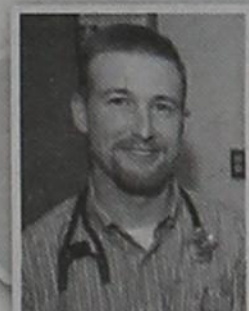
- Saving some money for long-term goals (like the down payment on a new car or retirement).

Then use part of your tax refund to make your day-to-day life better. Among all the items on your "wish list," choose the most important, and shop wisely for it.

And, if your refund was more than \$1,000, consider lowering your withholding so you will receive more take-home pay each payday. The additional dollars in your paycheck can be used to meet monthly expenses and could be the difference between making ends meet or not. To change your withholding, file a new W-4 with your employer.

Nancy McDonald is the family and consumer science agent with the Texas AgriLife Extension Service of Garza County. Email her at njmcdonald@ag.tamu.edu.

Have something on your mind? Email us at thepostcitydispatch@gmail.com



The Doctor Is In By Dr. Benjamin Edwards

Natural vitamin D may help prevent cancer

There are many natural ingredients God intended for our bodies to either make or ingest in order to keep us to kill germs and keep diseases at bay.

Iodine was one of these.

Another way the body keeps germs under control is the production of natural antibiotics. One of these antibiotics is cathelicidin. This is an antibiotic that keeps the placenta from developing an overgrowth of the germs, such as staph and strep, normally in the body.

The placenta is a very nutrient-rich environment and therefore very attractive to germs. If germs overgrow in the placenta, this can result in a miscarriage.

The production of cathelicidin is controlled by vitamin D. In general, low vitamin-D levels make you more vulnerable to germ overgrowths of all types. Adequate levels of vitamin

D help prevent more flu-virus infections.

Vitamin D is made from a chemical process in your skin. When the sunlight hits your skin, vitamin D is made then absorbed over a 48-hour period through the oil in your skin into your blood stream.

Most people bath with soap every 24 hours so much of this vitamin D-rich oil is washed away prior to absorption. Also, most people are indoors too much these days or wearing sunscreen, long sleeves and hats and not getting enough sun exposure on their skin.

New research is indicating that adequate vitamin d-25 levels may help prevent numerous diseases, including breast cancer and heart disease, two of the biggest killers in America.

Adequate vitamin D supplementation also has been proven to prevent flu and in one study did a better

job than the flu shot.

Dr. Benjamin Edwards is a physician with the Garza County Health Clinic, an affiliate of the Physician Network Services of University Medical Center.

Clay Miller

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A day to Rejoice.



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GOP CONVENTION..
continued from page 1

this year's convention schedule has changed for Garza County Republicans, we are more enthusiastic than ever about coming together for this important event and ready to get to work on our duties that day," he said. "On behalf of our county party, I invite all interested Garza County Republicans to join us to participate in important discussions and decisions that will carry forward to our state Republican convention and beyond."

Traditionally, the county convention has been open to any registered voter in Garza County who either voted in that year's primary election, or who took an oath of affiliation and identifying themselves with the Republican Party of Texas. Since the county conventions will be held before the May 29 Texas primary election, the Garza County Republican Convention will continue to be open to any registered voter who signs an oath of affiliation identifying them with the Republican Party of Texas.

A complete list of conven-

tion participants will be maintained by the county party and submitted to the Garza County Elections Office for record-keeping after the convention.

More convention information is available at the Repub-

lican Party of Texas website at TexasGOP.org. For any additional questions or information, contact Garza County Chairman Trevor Thuett at 806-777-8388 or by email at trevorthuett@gmail.com.

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Sharp Image Energy, Inc., P.O. Box 1888, Big Spring, Texas 79721 is applying to the Railroad Commission of Texas for a permit to inject fluid into formations which are productive of oil and gas. The applicant proposes to inject fluid in the Strawn and Mississippian Formations, Garza 27 Lease, Well No. 1PU. The proposed injection well is located 14 miles Northeast of Gail, Texas in the Koonsman (Strawn) Field, in Garza County, Texas. Fluid will be injected into strata in the subsurface depth interval from 7,712 to 8,264 feet.

LEGAL AUTHORITY: Chapter 27 of the Texas Water Code, as amended, Title 3 of the Texas Natural Resources Code, as amended, and the Statewide Rules of the Oil and Gas Division of the Railroad Commission of Texas.

Requests for a public hearing from persons who can show they are adversely affected, or requests for further information concerning any aspect of the application should be submitted in writing, within fifteen days of publication, to the Environmental Services Section, Oil and Gas Division, Railroad Commission of Texas, P.O. Box 12967, Capitol Station, Austin, Texas 78711 (Telephone 512/463-6792).

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For more info: 806-781-1156 or 806-495-5371 Monday, 8 p.m. Community Recovery Center, 405 S. Ave. C. For more information about the Monday meeting, call 495-3173.

Post Al-Anon Family Group. Community Recovery Center 405 S. Ave. C. Post, Tx. Mondays 7:00pm.

FOR RENT/FOR SALE
Long-hair, blue-eye Chihuahua puppies. Two males left. Parents on premises. 806-781-1377.

Camper shell with stove, refrigerator and table. Sewing machine for \$100. 806-495-3361.

Looking to buy producing oil production and producing minerals. Call 806-535-7790.

GARAGE SALE
Saturday, April 7. 905 W. Sixth St. 9 a.m.-?

Saturday, April 7. 109 E. 14th St. 8 a.m. - ?

HELP WANTED
McDonald's in Post is now hiring for all shifts. Apply online at mctexas.com/25155 or in person.

McDonald's in Post is hiring for a custodian/handy man. Apply in person. Wages commensurate with experience.

Nurses Unlimited Inc. is seeking enthusiastic attendants to assist clients in the home with personal care, meal preparation and light housekeeping. P-t. E.O.E. Call: 1-888-892-8512 (0330- 0406)

Post ISD is accepting applications for full-time custodians and for school bus route driv-

ers. Applicants may pick up an application in person at 501 S. Ave. K, Post, or by downloading from the school website, postisd.net <http://postisd.net> <http://postisd.net> , and returning it to the above address. Post ISD does not discriminate against any individual with respect to compensation, terms, conditions or privileges of employment on the basis of any of the following protected characteristics: race, color national origin, sex, religion, age disability or any other genetic information.

THANK YOU
Thank you all who participated on the raffle for medical expenses. The winners were: #1. Joann Rathban #2. Judy Guerrero #3. Rosa Gonzales.

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SPEED LIMIT..
continued from page 1

Speed and engineering studies are currently being conducted on all U.S. highways throughout the state. Ascencio said those studies should be complete by summer.

"Depending on what the studies say and what the commission approves, increases on some of those U.S. highways across the state could come as early as September," she said.

Ascencio said a study of other state highways, including all farm-to-market roads, would be begun after the U.S. highways study was complete.

In January, state transportation officials signed off on a number of speed increases on interstates throughout the

state, including 129 miles along I-27 from a Mile Marker 8 a few miles north of Lubbock to Mile Marker 117 a little south of Amarillo.

This past week, portions of two Central Texas highways were approved for a speed limit hike to 80 mph for 54 miles of roadway in the Austin area.

Higher speed limits were approved on segments of TX 130 from Georgetown to Mustang Ridge and TX 45SE from Mustang Ridge to Interstate 35 in south Travis County.

"These higher speed limits on SH 130 and SH 45 Southeast provide travelers a safe and efficient alternative to the congestion on I-35 in-



Make sure your child's safety seat measures up.

Nearly 3 out of 4 kids aren't buckled up correctly. As children grow, their safety seat requirements change. Make sure they're buckled into a safety seat that's the right height, facing the correct direction, and anchored to the vehicle properly. If you don't, you could be fined up to \$250. Learn all the details at BuckleThemRight.org

Save a Life BuckleThemRight.org

Post Dispatch Weather Summary

Post's Seven Day Forecast

Friday Mostly Sunny 86 / 55	Saturday Mostly Sunny 78 / 51	Sunday Partly Cloudy 74 / 50	Monday Partly Cloudy 79 / 50	Tuesday Partly Cloudy 76 / 48	Wednesday Partly Cloudy 75 / 43	Thursday Mostly Sunny 78 / 44

Local UV Index

0-2 3 4 5 6 7 8 9 10 11+

0-2: Low, 3-5: Moderate, 6-7: High, 8-10: Very High, 11+: Extreme Exposure

Detailed Local Forecast

Today we will see mostly sunny skies with a high temperature of 86°, humidity of 13%. East wind 15 to 20 mph. The record high temperature for today is 93° set in 2006. Expect partly cloudy skies tonight with an overnight low of 55°. South southwest wind 15 to 20 mph. The record low for tonight is 27° set in 1970. Saturday, skies will be mostly sunny with a high temperature of 78°, humidity of 23%. North northwest wind 5 to 15 mph. Skies will be partly cloudy Saturday night with a slight chance of showers and thunderstorms, overnight low of 51°.

Weather Trivia

Based on average wind speed, which location in the U.S. is the windiest?

Answer: Mt. Washington, N.H., with an average wind speed of 35.3 mph.

Peak Fishing/Hunting Times This Week

Day	Peak Times		Day	Peak Times	
	AM	PM		AM	PM
Fri	11:30-1:30	11:00-1:00	Tue	2:13-4:13	2:43-4:43
Sat	11:42-1:42	11:12-1:12	Wed	3:13-5:13	3:43-5:43
Sun	12:10-2:10	12:40-2:40	Thu	4:11-6:11	4:41-6:41
Mon	1:11-3:11	1:41-3:41			

www.WhatsOurWeather.com

Weather History

April 6, 1987 - Rain and melting snow caused flooding from New England to Ohio. Flooding in the Merrimack Valley of Massachusetts was the worst in 50 years, causing 42 million dollars in damage.

April 7, 1980 - Severe thunderstorms spawned tornadoes which ripped through central Arkansas. The severe thunderstorms also produced high winds and baseball size hail. Five counties were declared disaster areas by President Carter.

Sun/Moon Chart This Week

Day	Sunrise	Sunset	Moonrise	Moonset
Fri	7:26 a.m.	8:10 p.m.	8:27 p.m.	7:02 a.m.
Sat	7:25 a.m.	8:11 p.m.	9:39 p.m.	7:44 a.m.
Sun	7:23 a.m.	8:12 p.m.	10:50 p.m.	8:31 a.m.
Mon	7:22 a.m.	8:12 p.m.	11:57 p.m.	9:24 a.m.
Tue	7:21 a.m.	8:13 p.m.	No Rise	10:22 a.m.
Wed	7:19 a.m.	8:14 p.m.	12:59 a.m.	11:23 a.m.
Thu	7:18 a.m.	8:14 p.m.	1:53 a.m.	12:26 p.m.

New 4/21
First 4/29

Last Week's Almanac & Growing Degree Days

Date	High	Low	Normals	Precip	Farmer's Growing Degree Days	
Date	Degree Days	Date	Degree Days			
3/27	88	54	69/39	0.00"	3/27	21
3/28	87	50	70/40	0.00"	3/28	18
3/29	91	59	70/40	0.00"	3/29	25
3/30	86	47	70/40	0.00"	3/30	16
3/31	93	46	70/40	0.00"		
4/1	91	56	71/41	0.00"		
4/2	82	53	71/41	0.00"		

Growing degree days are calculated by taking the average temperature for the day and subtracting the base temperature (50 degrees) from the average to assess how many growing days are attained.

The Blotter

By Wayne Hodgins
The Post Dispatch

- A prowler was reported about 2:10 a.m. March 21 in the 100 block of North Avenue H. The caller stated someone was moving around in her carport. Deputies were dispatched to the location and were unable to locate a suspect.
- A minor traffic accident was reported about 8:57 a.m. March 22 on South Broadway involving a white car and a gold car.
- A theft was reported at Dollar General on East Main Street about 4:25 p.m. March 23. Deputies were dispatched to the scene and issued a criminal trespass warning for the suspect, who is not allowed back into the store.
- A white pickup was spotted near the school about 9:45 p.m. March 23. The caller stated a spotlight coming from the truck was being shined onto school property. Deputies were dispatched to the vicinity and were unable to locate a suspect.
- A suspicious person was reported in the 500 block of West Main Street about 11 p.m. March 23.
- A suspicious vehicle was reported on Avenue M between 13th and 14th streets about 6:40 a.m. March 24. A vehicle and/

- or suspect were unable to be found.
- Criminal mischief was reported at a storage room about 10:30 a.m. March 24 at an outdoor storage facility in the 500 block of South Broadway. Deputies arrived at the scene and found a lock had been cut from the unit, but the victim was unable to tell if anything was missing.
- The theft of copper wire was reported by the Burlington Northern-Santa Fe Railroad Co. between FM 207 and the tracks about 11 a.m. March 24. About \$2,000 in copper wire was reported missing.
- A fire was reported about 12:19 p.m. March 24 about five miles west of CR 238 in the extreme northern portion of Garza County near Crosby County near CR 651.
- Someone called sheriff's deputies about 2:13 p.m. March 24 in reference to someone bagging gravel that had been piled up on U.S. 84 South near Kirkpatrick Ranch. The gravel is state-owned. Deputies arrived in the area and were unable to locate a suspect.
- A criminal trespassing warning was issued to a female in the 200 block of West 14th Street about 6:32 p.m. March 24.
- A loud music complaint was investigated about 1:43 a.m. March 25 in the 600 block of West 11th Street.
- A loud music complaint was investigated about 3:25 a.m. March 25 in the 100 block of East 12th Street. A citation was issued for disorderly conduct.
- A traffic stop on U.S. 84 on suspicion of DWI led to the arrest of two illegal immigrants who were arrested and turned over to the custody of U.S. Border Patrol agents.
- A caller reported children playing on the railroad track on North Avenue F near the baseball park about 6:40 p.m. March 27.
- A fire was reported about 11:30 a.m. March 28 in the laundry room at the Dalby Correctional Facility. The blaze was extinguished. No significant damage was reported.
- The sheriff's office received numerous calls about 8:45 p.m. March 28 regarding a red pickup that was seen throughout town. Deputies reported water balloons and eggs were being thrown from the truck.
- A hit and run was reported about 7:05 p.m. March 29 in the 500 block of West 10th street. No other information was available.
- A prowler was reported about 11:41 p.m. March 29 in the 500 block of West Seventh Street. Deputies were unable to locate a suspect.
- A minor traffic accident was reported about 10 a.m. March 30 in the 300 block of West 15th Street.
- A one-vehicle accident was reported about 7:20 p.m. March 30 on U.S. 84 South. The victim was treated at the scene.

Compiled from the public files of the Garza County Sheriff's Office.



We hope you have a

Happy Easter

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Lobby Hours	9-3 M-F
Drive In Hours	9-6 M-F 9-12 Sat

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NOTICE

Our offices will close at noon Friday in observance of Good Friday. Happy Easter!

Thank you for reading

The Post Dispatch

