

# C.W. Post

87th Year, Number 23

**USPS 439-620** 

**A Builder in Garza County** 

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The Post Dispatch

Friday, January 20, 2012

10 Pages - 50¢

# **Break-ins Focus of Investigation**

By Hanaba Munn Welch Home break-ins happen.

Lately they've been happening a lot -- not just in Post but in several small towns across the area.

In Post, Sheriff Cliff Laws offers some hope that an arcase.

"We have a suspect that we're looking at real close," he said Wednesday morning.

Meanwhile, he wouldn't mind a little help -- not just from law enforcement but from anyone who has information that might help.

When burglaries happen during the day, the burglars put themselves at risk of being seen.

"Be observant of who's curred recently.

around during the day," Laws said. "Usually during the day a lot of people are out." Anyone who sees unusual day."

activity or someone who to call the sheriff's office.

"We don't mind chasing a drawback, Laws said. rest could happen in the down these leads," Laws said.

> Even if a lead doesn't help solve a particular crime, it gives Laws and his deputies a chance to gather information that can be helpful in other ways.

"It gives us background knowledge of who's out prowling around," he said ... Laws, his files not at hand, couldn't say exactly how many burglaries have oc-

"We've had several," he having a lot of activity," said said. "The last ones we've Paula Weddle, an owner of worked have been during the 24Seven, a security business

The lack of a local system

line," he said. "You start putting some money out there and people start talking pretty quick."

As for the rash of recent house burglaries, in-town break-ins in Post have been the focus of Laws' investigation, but he's not the only lawman looking at an increase in small town daytime burglaries.

"All these small towns are

in Lubbock. A Paducah native, She's looks suspicious is welcome for reporting crimes for the been in the business of sellpromise of reward money is ing home security systems. for 20 years, the last 11 years "I wish we did have a in Lubbock. Sales have in-

also in Lamesa, Brownfield and Plainview.

to drugs," Weddle said, making a general statement about what she typically sees happening and why her business is brisk, particularly now.

"They don't care what you Crimestoppers or a crime creased recently in Post and and I pay for something if

they can pawn it and get their quick fix," she said. "It's usu-"It's all pretty much related ally related to the drug problems that we're having. It's getting worse. ... Most of the break-ins are in the day. ... They usually go for the aver-

> BREAK-INS... continued on page 10

# Gun Shots Reported At Bar

An apparent weekend shooting at Eastwood Inn is under investigation by the Sheriff's Department.

"We're still investigating ... who actually did the shooting," Sheriff Cliff Laws said Wednesday. "They found



# **PISD Extends Comeaux's Contract**

The board of Post Independent School District extended the contract of Supt. Mike Comeaux in a regular meeting Thursday night, Jan. 12.

"We had a light agenda," Comeaux said Wednesday.

The board extended Comeaux's contract until the summer of 2015. No other actions were taken regarding personnel issues.

The board also renewed the district's annual contract with West Texas Food Service Corporation.

Post ISD trustees normally meet the second Tuesday of each month. During winter and spring sports seasons, the board meets on the Thursday following the regular meeting date -- a schedule that allows Comeaux and board members to follow their own children in sporting events.

# the vehicle. Meanwhile, more rumors

than bullets have been flying. Bridget Williams, who opinvestigation.

erates the bar in East Post for her grandfather, Ocie Bell Sr., minimized the incident when she talked about it Tuesday afternoon.

"You've been hearing crazy things," she said. "My car that the sounds could have was hit by the guys that were asked to leave. ... We asked him to leave, and he walked out."

The sound of the shots fired and made a police report."

A weekend shooting at Eastwood Inn is currently under

Multiple witnesses saw what happened, Williams "It was real faint," she said.

Photo by Steffi Scott

Witnesses are sometimes reluctant to help law enforcement, Laws said. Williams said that trouble in the bar is the exception rather than the rule.

"There's no (bullet) holes in the wall," she said.

# **Local Youth Sports Organization Gains Official State Recognition**

The Post Youth Athletics Group (PYAG) announced that the organization has gained official recognition by the Texas Secretary of State

as a registered non-profit or- yond as well as community ganization. The group hosts centered character building local, regional and national activities. sporting event opportunities to the youth of Post and be-

The group now facilitates the participation of over 50 youth athletes. PYAG officials have been involved in multi-county collaborative efforts for the establishment of new youth athletic programs as well as program improvement plans for those currently in operation.

The PYAG maintains an organizational structure that focuses on equal opportunity playing rights for all youth athletes and adequate representation for their families. The governing body of the PYAG is comprised in its entirety, of the parents of all registered players and youth volunteers. All organizational actions must be approved by

> YOUTH... continued on page 9

Valentine **Brag Pages** 

# Wind Industry Faces Challenges

outside could be heard inside

Williams even speculated

"My paint is on his car,"

been from firecrackers in-

she said. "I called the police

the bar, she said.

stead of guns.

said.

Don't count chickens be- in Houston. fore they hatch or wind turbines before their big blades Venti Energy because they are turning smoothly in the really are the people with wind.

about developing Buffalo Point wind farm in an area Brown's part of this was to west of Post, but it's not a acquire the wind leases." done deal. And prospects for a second project to the north velopment of a wind farm are of the first are tenuous at best.

Point project," said Richard the 60 megawatt."

If the first project -- the 60 megawatt -- hits a snag, the not happen, Amato said.

would be completely sepa- two to three years to develop, rate," he said, noting that it's the scenario now is three to not just a second phase of the five years or even longer, he project currently being devel- said. oped.

agreement with Garza Countaxes -- a process in the works whereby the county would

"We entered into this with the wind expertise," she said, Venti Energy is serious also granting a phone interview Tuesday. "George R.

The other aspects of the de-"substantial," Mossberg said, mentioning a litany of tasks "We're doing the Buffalo -- Venti's part of the project -- from completing studies Amato, speaking by phone and designs to meeting the Tuesday. "Our focus is just on requirements of the Federal Aviation Administration and securing transmission lines.

"Wind development in second project would-likely general takes a lot of time," Amato said. Whereas "The project to the north projects used to take from

Both Amato and Mossberg At issue now is Venti's mentioned a decline in the price a natural gas as a negaty regarding the abatement of tive influence on the development of wind energy.

Traditionally dependent on discount Venti's taxes over a various types of tax breaks, period of time to encourage wind energy development is

not making money hand over fist."

Through it all one of the greatest certainties is that the wind is going to blow in West Texas, albeit some days more than others. It was blowing especially hard Monday, making the flags snap at the Garza County Courthouse and making the windows whistle in County Judge Lee Norman's second story office.

Norman views wind energy as a developing industry, and he'd like to see Garza County make the best of ventures like Venti's Buffalo Point Wind.

"Wind energy today is probably in its infancy, just like the oil industry was 60 or 70 years ago," Norman said.

Wind energy projects fit well in places like Garza County, in Norman's opinion.

"It doesn't require lots of labor input we don't have," he said.

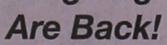
But if Buffalo Point happens, it will mean some jobs. One aspect of the tax

abatement agreement being negotiated will specify that

#### Photo by Hanaba Munn Welch

At White River Reservoir Marina, the fish on the wall aren't on the menu, but the restaurant does serve catfish on Fridays. Shown enjoying hamburgers are high school sweethearts Gwen Gillham, cook, and her husband, Jesse Gillham, a retired Baptist preacher who still preaches at Dickens. The two have been married 53 years. A.O. Smith owns the business.





During the months of January and February we want all grandmother's, grannies, nana's and memaw's alike to bring us a picture of their adorable grandchildren.

The Post Dispatch is going to feature all of the pictures in our Valentines Day issue February 10. The cost of pictures will all be \$20, 2x2 size, and appear in color!

Please bring your pictures into the Dispatch office as soon as possible as the deadline is 5 p.m. Monday, February 6.

Venti to do business in the also subject to the vagaries of area. Terms of the abatement, once the county hammers out the details, will be presented for scrutiny at a public hearing yet to be scheduled.

Venti is a Texas company with Danish connections.

"This isn't the U.S. arm of a Danish wind company," Amato said. "We have investors in Denmark. We have investors in Texas," Venti is also allied with the Houston-based George R. Brown Partnership, a familiar name in Post, where the company has a presence and a long involvement in area petroleum exploration and

Jan Mossberg is a land

manager for George R. Brown

production.

politics as well as financial trends and ups and downs in the stock market.

ing," Amato said. "People are Snyder, he said.

jobs will go to local applicants, Norman said. Training for jobs in the wind industry is already being offered by "It's harder to get fund- Western Texas College in

2010 Stock Show Schedule Stock show activities started Thursday and will continue through the weekend. The schedule: THE REPORT OF THE PARTY PARTY Friday, Jan. 20 Prep Day for Exhibitors Saturday, Jan. 21 9 a.m. -- Swine 11 a.m. -- Steers 2 p.m. -- Lambs 3 p.m. -- Goats, followed by Pee-Wee Goat Show Thursday, Jan. 26 6 p.m. -- Buyer Appreciation Dinner Awards and Livestock Sale - Post ISD Cafeteria, hosted by Garza County Junior Livestock Association

#### Page 2 The Post Dispatch Friday, January 20, 2012



# The Paperboy

By CHRIS BLACKBURN

Life is precious. We're reminded of that throughout our lives when we lose a family member or friend.

Around 6 a.m. Monday, the Sims family of Childress was reminded of that fact in the span of a heartbeat.

As the facts of the case are still being investigated, I will refrain from playing the blame game. I simply want to illustrate how important it is to let those and friends. I don't let the close to us know how we feel about them. Let them know how much we love It is on sad occasions them.

good man. He was a family man. His wife, children, brothers, sisters ... the whole gang loved the man. He was my wife's uncle. He was my father-in-law's oldest brother.

Monday morning, on the day of their 47th anniversary, he and his wife, Judy, left for a doctor's appointment in Amarillo a little before 6 a.m.

About seven miles outside of town, the check engine light came on so Tom pulled over to see if he could see anything wrong. A few seconds later, Judy

I've always enjoyed being around the brothers and sisters. They are saltof-the-earth good people. They are honest, hard-

working Americans. In the 12 years I've been around them, I've learned a great deal about many a subject. I don't know about you, but I'm frequently guilty of taking life for granted. I go too long between visits with family members ones I love the most know it enough.

like the tragedy this week Tom Sims, 74, was a where we are reminded by our loved ones why we really love them. We cry together, we laugh together, we hug and we remember the person who is no longer in the room.

When your kids or grandkids get home from school today, hug them. Let them know today that you love them and that you value their relationship. This evening, call your parents or a sibling and let them know

the same thing. I saw Tom over the holidays and I'm glad I did. I enjoyed visiting with him but more than that, I en-



**Reply to Maria Martinez:** 

I do not vote in the Republican Primary. Misinformation in any published form is of some concern to me. The tenor of the information by Maria Martinez raises some issues that should be addressed.

1. Article 1 Section 19 of the Texas Bill of Rights read as follows: No citizen of this State shall be deprived of life, liberty, property, privileges or immunities, or in any manner disfranchised, except by the due course of the law of the land.

2. For an accused to be convicted of a criminal offense, each element of the offense must be proved beyond a reasonable doubt. All persons are presumed to be innocent, and no person may be convicted of an offense unless each element of the offense is proved beyond a reasonable doubt and the fact that a person has been arrested, confined or indicted or charged

# with an offense gives no inference of guilt at his trial. A release of purported evi-

dence (breath/blood) by the Sheriff's Department and published in a newspaper should be of concern and may be a violation of not only the defendant's rights but also taint a prospective jury panel.

A person should be very careful in what they say abut prospective evidence, as the public does not always distinguish between hearsay evidence and direct evidence. The evidence must come from the witness stand and withstand the objection of the attorney's trying the case, in other words evidence is not admitted except by the trial judge for the judge or jury consideration.

If Maria Martinez feels as strongly as her words indicate, she should file the petition for removal.

# Southern MESA Agricultural Conference

cultural Conference is a direct result of producer requested educational programming.

The 2012 conference will focus on regulations and policies affecting Texas agriculture. The program will also feature information on the latest technology for dry land and irrigated production of cotton, grain sorghum, peanuts, and other crops.

Top quality speakers from across the State and the South Plains area will make presentations concerning current research production trials. Producers will have the opportunity to discuss their experiences with experts, specialist and other growers.

on Monday, January 23, at the Forrest Park Community Center, located at 814 South Houston in Lamesa. Registration will begin at 7:30 a.m. and the program will start at 8: oo a.m. Registration fee is \$35 dollars. Preston Poole | The registration fee includes

The Southern Mesa Agri- a complimentary gift, technical session, door prize ticket, lunch, refreshments, educational materials, and access to exhibits. 6.5 CEU's will be offered at the program for those holding a pesticide license. Registration forms and fees, payable to "Dawson Ag Fund, "should be mailed to the Dawson County Extension office at P.O. Box 1268, Lamesa, Texas 79331. We are encouraging everyone to please Pre-Register so that we may be able to more accurately prepare for all those attending. Producers who wish to register early may do so by coming to the Garza County Extension Office at 215 West Main Street in Post. Educational programs of

This conference will be held the Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

# Gary McDaniel for County Commissioner

I want to announce that I have filed for reelection for County Commissioner Precinct One of Garza County.

The job of Commissioner continues to be a learning experience and I would like to continue working for you. I would also like to continue working for Garza County. There are many issues to work on, such as continual road work within a tight budget, while costs keep going up. The Commissioner's

a broader and larger tax base to the county. I continue to work with the Garza County Museum Board. We have a lot of important history to preserve. The new county



I will continue to work to operate our county in a manner we can all be proud of.

I will be visiting each one I can and asking for your vote and support in the upcoming primary election.

watched as an 18-wheeler joyed watching the Sims took the life of her husband family interact with each in the blink of an eye.

Can you imagine?

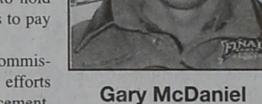
close unit. If it happens in the family, the family knows about it. Tom was the oldest. His three brothers and four sisters mourn him today.

other. As I said above, they are close and there is The Sims family is a always a lot of love in the room.

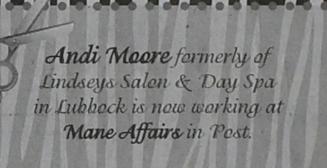
> Life is precious and you never know how long you have on this earth. Don't Court is working on another hold back your feelings ... wind energy project to bring

jail provides adequate space for all of Garza County's needs and continues to hold enough area prisoners to pay for the facility.

I support the Commissioner's Courts joint efforts with the law enforcement, to make jail operations efficient and save the county and city money. We continue to

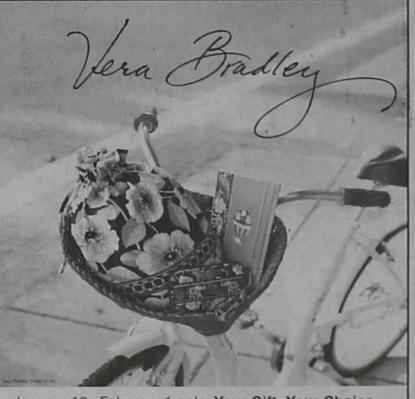


meet the challenges of higher costs while we hold the line on county taxes.



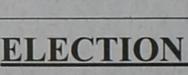
To schedule an appointment call Andi at 781-1928 or 990-MANE.

Hair cut Color & Wax



January 19-February 1 only: Your Gift, Your Choice Choose a Ditty Bag, Tech Case or Life in Progress journal with any \$75 Vera Bradley purchase!





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April 3, 2012, Primary Elections For Republican and Democratic Parties

Because of challenges to the Texas' legislative and congressional redistricting plans adopted by the 82nd Legislature earlier in 2011, on December 16, a three-judge federal panel in San Antonio issued a second Order that moved the date of the Primary Elections, therefore significantly altering deadlines for candidate filing and other county election procedures for the April 3, 2012 (new date) Primary Elections.

### **Candidate information:**

The court order changed and added a filing period for candidates:

Late January 2012 - Candidate filing period reopens after legislative and congressional maps are finalized. Candidates may file for any federal, state, county, or local office during this time, switch races, or withdraw earlier applications.

February 1, 2012 @ 6:00 p.m. - End of filing period for all federal, state, county, or local offices. Also, it's the deadline to file for a vacancy in an unexpired term occurring before January 27.

February 2, 2012 - If a candidate withdraws, dies, or is declared ineligible by this date, his or her name will be omitted from the April 3 primary ballot.

File with the chair of your preferred party:

Democratic Party County Chair - Bebe Boren, (806) 629-4475, beberjim@yahoo.com

**Republican Party County** Chair - Trevor Thuett, (806) 777-8388, trevorlthuett@gmail.

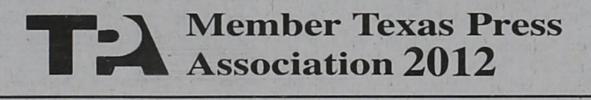
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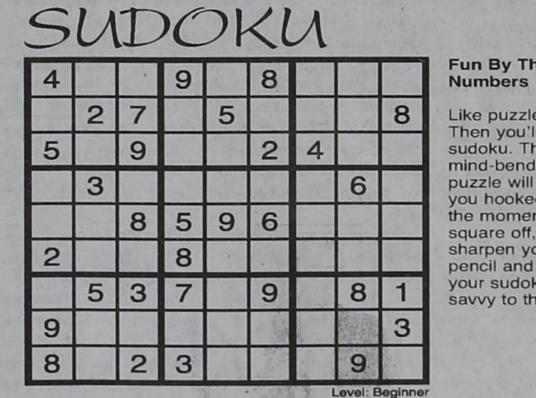
Advtg. Deadline Monday at 5 p.m.

website www.thepostdispatchonline.com

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It is the mission of this newspaper to promote the rights of indivdiduals, guided by the principles so eloquently described in the American Declaration of Independence. The right of life, liberty and ownership of property are the cornerstone for our freedom. Government's sole purpose is to enhance our liberty and freedom. Therefore, we hold every elected and appointed agent of government accountable to that standard.





Fun By The

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

#### Here's How It Works:

F.

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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You are cordially invited to join the family & friends of Ted and Fred Williams as we celebrate their 80th birthday. Saturday January 28th from 2 to 4 at the trailblazers. No gifts please.

# com

**Voter Information:** February 11, 2012 - First day a voter may submit an application for a vote-by-mail ballot.

February 13, 2012 - Date by which each county must issue new voter registration certificates to voters.

March 5, 2012 - Deadline to register to vote or to file a change of address if intending to vote in the April 3 primary. March 20 - March 30, 2012 In-person early voting for the primary.

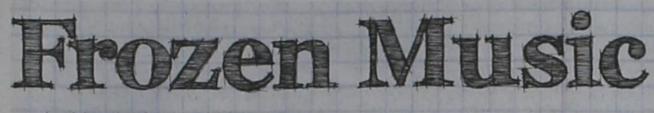
April 3, 2012 - Primary Election Day.

Get more info online at GarzaCounty.net. Information provided by the

office of District and County Clerk, Garza County.

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# BUSINESS



by Hanaba Munn Welch

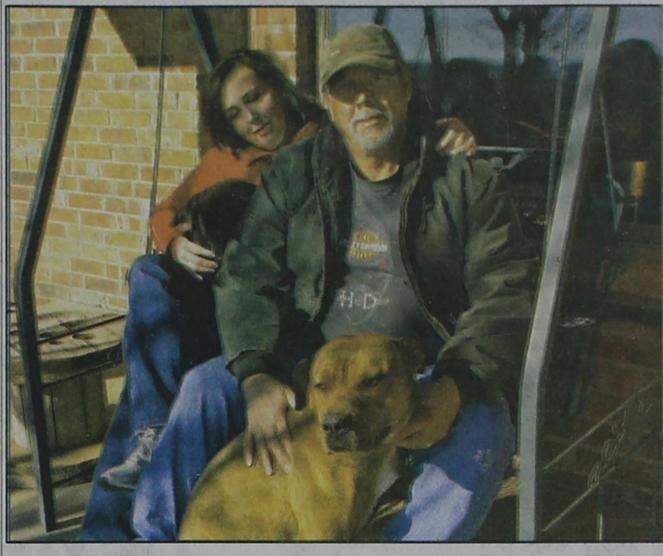
"Frozen Music," a poetic term for architecture borrowed from German philosopher Friedrich Wilhelm Joseph Schelling, is a regular column about buildings in our historic downtown. Post Dispatch writer Hanaba Munn Welch invites your comments about any of the buildings featured in her 200-word-long "Frozen Music." hanaba@copper.net



Photo By Hanaba Munn Welch

Not exactly a "red herring," 207 E. Main has enough red brick accents to give it a distinctively decorative appearance.

# Asphalt Carries Sweet Memories



#### Photo By Hanaba Munn Welch

Married only since October to Joe Moore, Michelle Moore's other new beginning is a paving and dirt moving business -- work that puts her right in the footsteps of her grandfather, C. R. Caperton, a self-made paving contractor. The dogs are Angus, in her arms, and Buster, sitting close to his master. The place is Joe Moore's ranch north of Post.

#### By Hanaba Munn Welch

Fragrances can evoke happy memories of childhood -- days spent with a loving cookie-baking grandmother, for instance. For Michele Moore, nothing beats hot of her grandfather, the late C. R. "Peewee" Caperton, her Pappaw.

Moore said. Essentially, her uncle will be her subcontractor in the business.

For Moore, it's all about marketing and knowing how to run a business well.

"I'm very much like my grandfather,"

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Herring Plaza, a one-story brick building at 207 E. Main Street, dates from the 1920s - 1926, to be exact, according to the date inscribed in stone set in the parapet.

> of its original character despite some modifications to the entrance and front windows. The extra signage gives the building a measure of vibrancy -- echoes of the prosperity

that defined the era when it was first built. Never mind that the Great Depression lay ahead.

the look of the building is more than skin deep. It's The façade retains much in the very fabric of the façade. The contrast between the dark brick and the red brick sets up a lively tension. Different patterns in the brickwork add to the mix. That's not to mention the decorative insets in the

parapet that contrast the look of stone with brick.

In short, compare 207 E. Main to the cathedral But the real energy in in Florence, Italy, where marble in contrasting red, green and white enhances the already decorative look of the church, bell tower and baptistery. More is more.

> Let it be said that any building that isn't a corner bank or hotel can still stand out from its peers.

"He was my hero," Moore said.

Paving and excavation was Caperton's business. The smells of tar and asphalt wafted in the breeze around the Caperton home at Hereford. It's what she remembers about childhood visits to him and her grandmother at Hereford.

It was a place where it was OK to track a little asphalt into the house.

"Asphalt bought that," was the Caperton reaction if asphalt ended up on the carpet or floor or just about anything else in the house. Asphalt was tolerated, but not allowed to stick around.

"Grandma could get it off anything," Moore said, referring to the late Elizabeth Caperton.

Now asphalt is wafting its way back into Moore's life. She's following in her grandfather's footsteps and going into the paving business herself. Her company will be Moore Dirt and Paving -- www.moorebulldozing.com.

Moore's own father, Philip Caperton, didn't have an affinity himself for the paving business. He was a letter carrier.

"He liked the steadiness of that," Moore said, not faulting her father for taking a different road. "Paving is seasonal and hard work."

But Moore, who has several careers behind her (including a house-cleaning business she started at age 18 and turned into a 90-house business), can't resist the call of the asphalt and the opportunity to start another new company. In a way, it's her own grandfather's business in a different guise.

"He passed it down to two of his sons," she said.

Now one of them runs the business -greatly downsized from when it was her grandfather's but still well-equipped and doing good paving work in Hereford,

asphalt. It's the aroma that makes her think she said. "I'm a problem-solver. I like to build and create."

> Her philosophy about all things is to let the customer decide. She doesn't like pressuring others to make a decision and doesn't want a job that pressures her.

"It's better to let a job go by," she said. "Don't get yourself in a pinch."

Moore is basing her new business in Post, her new home, and depending on the family name of her husband, Joe Moore, to inspire trust in the dirt-moving and paving enterprise. The couple married in October.

"No one knows me from Adam," she said.

But they know Joe Moore, former proprietor of a bar called Moose Knuckles in East Post, owner of a scenic ranch north of town and the son of rodeo cowboy Jimmy Moore, bareback, saddle bronc and bull riding competitor.

"He was the world champion all-around cowboy in 1952," Joe Moore said, proud of his father's accomplishments.

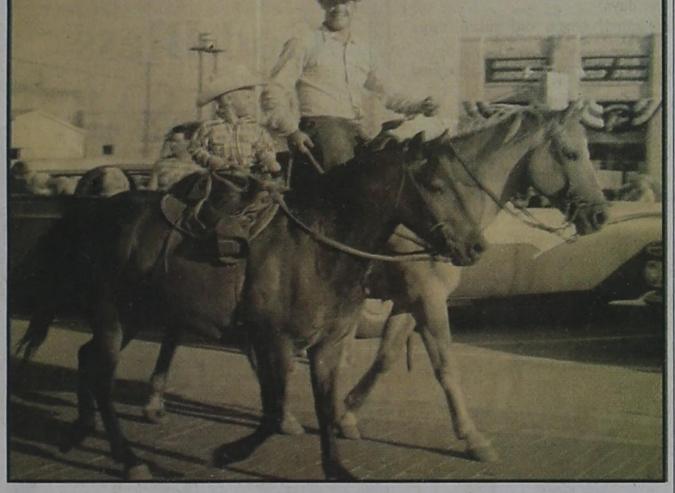
An old parade picture by the Moores' front door shows little Joe Moore at about age 4 on a Welsh pony named Brown Jug. Alongside him rides his dad on a horse named Peanuts.

Like his wife, Joe Moore learned about hard work from the example of his grandfather, dry land cotton farmer Avery Moore Jr. He learned it too from his dad, who taught him not only how to get on a horse but how to get back on to finish the ride.

For 30 years, Joe Moore worked the oil field, starting as a rig hand and finishing his career as a drilling consultant.

Now he's leasing ranch land for deer hunting and lending his name to his wife's new business -- not the average way to start a marriage but appropriate for two entrepreneurs, especially when one can't pass up an opportunity to go to where the rubber meets the road. Asphalt.





# **Courtesy Photo**

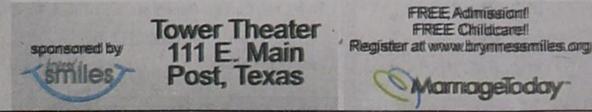
Little Joe Moore, at about age 4, rides next to his dad, rodeo competitor Jimmy Moore, in a parade in downtown Post a half-century ago.

# February 10-11, 2012

This Valentine's weekend, give your spouse the gift that will change his or her life: an intimate, passionate, fulfilling and healthy marriage. Join Jimmy and Karen Evans for their Marriage on the Rock seminar on February 10-11, 2012, live via online broadcast. Find out more online at www.MarriageToday.com/Simulcasts

# You will learn:

- The four foundational laws of marriage
- **Elements** of financial intimacy
- · How to disarm destructive behaviors of husbands and wives
- Keys to sexual fulfillment in marriage



Page 4 The Post Dispatch Friday, January 20, 2012

# In and Around Close City

# by Traci Freeman

20

Hope everyone is having a good week so far, the weather has been pretty decent except for that wind we should all be used to by now; no moisture this week so keep those prayers for rain going so that we may have a good 2012 crop year.

This weekend is GCJLA everyone go out to the barn on Saturday and support the local youth as they show their animals.

Congratulations to my nephew and niece Journey and Jolie, they participated in the Montague County stock show whear Journey recieved Reserved Grand Champion in Dairy Heifers and also recieved the showmanship award. Jolie participated in the rabbit show. Lexi Gonzalez participated in the rabbit show at Breckenridge were she recieved a 1st place ribbon and Best of Show...way to go kids! Lexi is Robbie and GB's niece and Jerry and Lilly (Wilke) Wright's grandaughter.

We are happy that Nedra was lucky enough to have her car rearanged courtesy of her husband......By the way, Good job Jim and you can blame this one on the guys. =)

Sympathies go out to the Marg Caffey family. Mr. And Mrs. Caffey would call me here at the gin from time to time to tell me "old time" stories they would remember, always loved hearing from them. Thoughts and prayers are with her family.

We will be doing another Close City Community Bingo night sometime in March, I think everyone had a great time at the last one, many people have come up and asked us when we might do another one so keep reading the Post Dispatch as we will keep you updated. If anyone would like to help out in any way let us know and we will find something for you to do. FYI ..... You don't have to be a "Ragtownite" to help out, we welcome everybody!

Don't forget to visit Caprock Heirloom downtown and get your cookbooks and calenders.

Visitors

Y'all come out and see us ..... cheapest drinks in the county! Did you know...



There are 635,013,559,599 possible hands in a game of bridge.

Quote of the week... When you listen, you learn.....Steven Spielberg **Close City Birthdays** January 22nd - Mark Norman

January 23rd – Addi Gradine

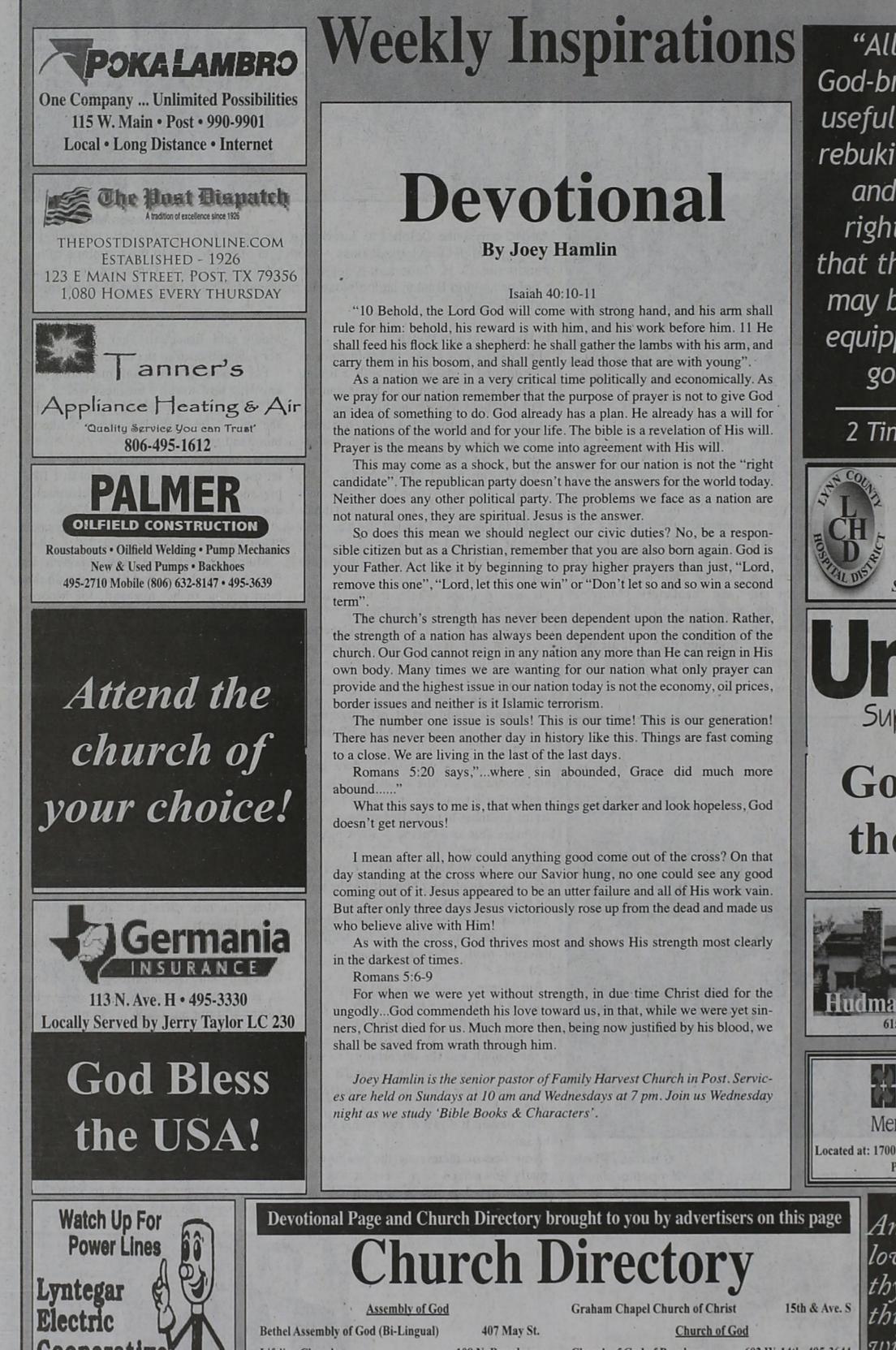
January 24th - Shawn Pennell

January 26th - Bobby Terry, Daniel Yarbro, Xan Everitt

Ragtown folks in the nursing homes we need to remember are...... Claudine Tipton; Carmen Abraham; Mary Gayle

Young in Post; Jean Tipton in Robert Lee; Jewel White in Lubbock. Others are, Mack Ledbetter in Slaton; Doris Wilson in Castorville; John and Mary Gist in Lubbock in Lubbock. Please let me know if there is anyone I need to add to this list.

Everyone have a safe week....Keep rain, the crops and our country in your daily prayers.



"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work."

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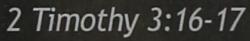
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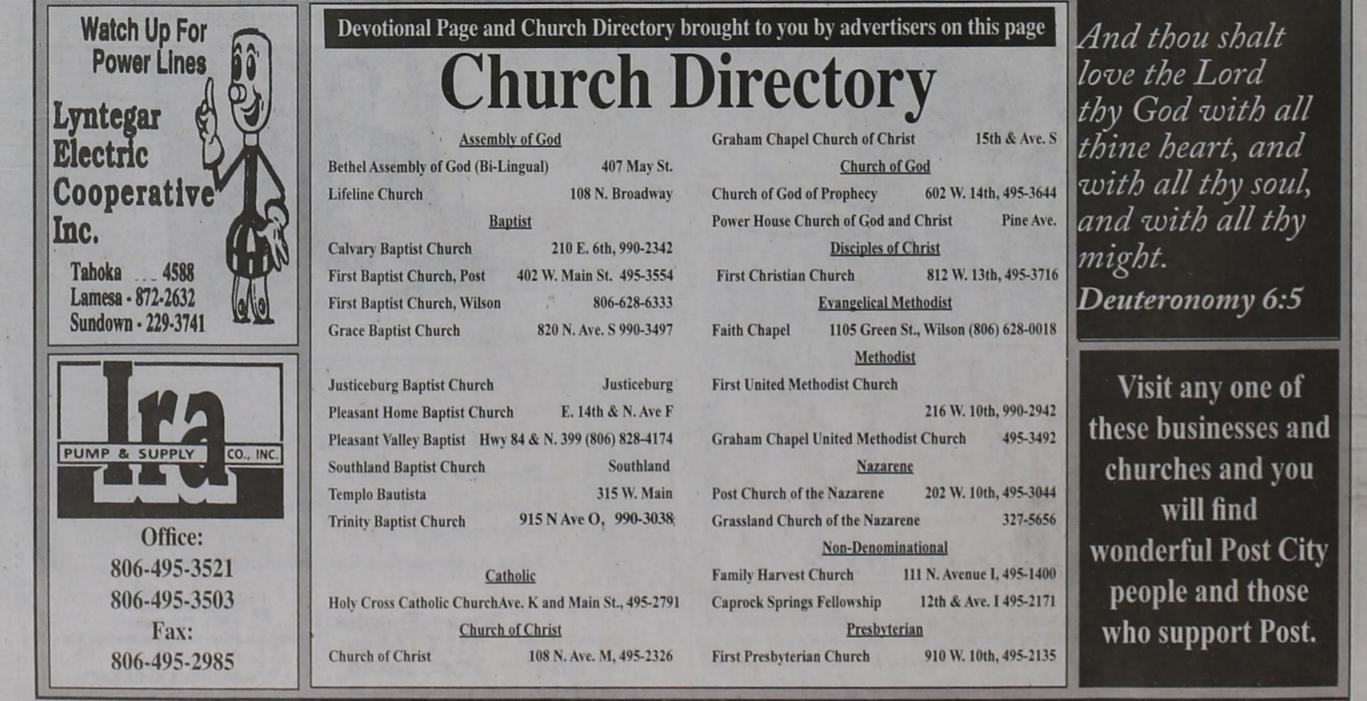


# **God Bless** the USA!





Located at: 1700 Cogdell Blvd., Snyder, Texas 79549 Phone: 325-573-6374



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The Post Dispatch Friday, January 20, 2012 Page 5

# LIFESTYLES



Post Community Youth We are ready to start another thrilling year with the Post Community Youth. All youth

are invited. As a community youth group many different churches are involved and you do not have to be active in any particular church to attend. We have been praying that the youth would have a blessed summer and are ready for a great year. We do ask that the adults of our community would be in constant prayer for the Youth group.

The Senior High Youth will meet this year on Wednesdays at 7:00pm. Dinner is available

as usual at about 6:45pm. We are looking forward to a great time.

The Junior High Youth begins at 5:45pm. We will be using "The Story" as our basic curriculum this year and we will be hitting the high points of the Bible throughout our time together. Dinner is being provided. We want to remind the parents that the youth will be ready to be picked up by 7:00pm. A new item this year is that the doors of the church

The class will be held

January 26<sup>th</sup> at 2:00 p.m. at the

Poka Lambro office at 115 W

Classes are free but due to

limited space and class size,

pre-registration is required.

Please pre-register by calling

or stopping by the Poka

Lambro Store. Classes will be

will be locked and there will be, no adult supervision until 5:15pm.

This is going to be a great year!

**Post Elementary Notes:** 

Wednesday, February 1st-College Spirit Day- wear a college shirt

Thursday, February 2nd-100th Day of School (This was previously posted as being

POST NOTES

continued on page 7

on-going and will be offered

on Thursdays at various Poka

Lambro store locations. So

if you miss this one - don't

worry. We'll be back. Contact

Poka Lambro to find out when

the next series of classes will

be held in your area. 806-924-

7234.



-- a project funded in part by the Texas Historical Commis-

sion through the Texas Plains Trail Region. The signs will be

The Garza County Junior Livestock Show is this week - Thursday, January 19 through Saturday, January 21.

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Trailblazers is having a Fish Fry this Friday from 5-8. The cost is \$6.50 per plate.

The first Post City Trade Day for 2012 will be Saturday, February 4 and continue monthly on the First

Saturday. Be sure and mark your calendar for the Annual Chamber Awards Banquet on February 25.

Congratulations to our Members of the Week:

Silver Member - COM-MUNITY RECOVERY CENTER

Silver Member - MAU-RINE'S FLOWER SHOP/ HUDMAN GREENHOUSE

# **Poka Lambro to Offer Free Digital Camera Use Class**

**Post Notes** 

If you have a digital camera and aren't quite sure what to do with the pictures you have taken, then come to a FREE Poka Lambro Computer Basics class to learn more about using your digital camera.

Poka Lambro is providing a FREE class to help you learn what to do with your digital

pictures. This class will discuss how to use your digital camera, how to get the pictures to your computer, and what to do from Main St, Post, TX. there. We will discuss saving, printing, e-mailing pictures and other options. You can still come to this class even if you haven't been to any of the previous classes.

# Post Classifieds

Supermarket Tuesday nights 8 p.m. Open meetings Thursday night, 8 p.m. Closed Meetings For more info: 806-781-1156 or 806-495-5371 Monday, 8 p.m. Community exceed 16 ft. This individual will Recovery Center, 405 S. Ave. C. For more information about the the County owned water system Monday meeting, call 495-3173.

some weekends, and in various weather conditions when required. They must have the ability to lift .60 lbs. and work at heights not to be assisting in the maintenance of and will be required to attend the training necessary to obtain certification as a Class D water system operator from TCEQ in the first year of employment. They must have a valid Texas driver's license. A pre-employment drug/ alcohol test and background check is required. Salary is competitive and benefits include health insurance, retirement, and more. Applications are available in the Borden County Judge's Office located at 117 East Wasson, Gail, TX, 79738. Inquiries are welcome. You may contact the County Judge's Office at 806-756-4391. Borden County is an equal opportunity employer.

CRP and general brush clearing. \$100 per machine hour, no hauling fees over 50 hours! Call 325-236-2417 www.sepcaservices.com

FOR RENT/FOR SALE

PERSONAL Call our 24 hour Credit Hotline to see

# Legal Notice

Notice of Availability of Electronic Communications Post- Under a new law, chief appraisers of county appraisal districts, appraisal districts, and appraisal review boards may communicate electronically through email or other methods with property owners or their designated representatives. Written agreements are required for notices and other documents to be delivered electronically in place of mailing.

How does it work? Certain guidelines must be followed for this local option communication:

- Written agreements with the county appraisal district must be entered first, ensuring what electronic means of delivery are acceptable. If you are interested in receiving communications in electronic format, you should contact your local appraisal district.

- Public notice regarding the availability of agreement forms authorizing electronic communications may be published in a newspaper of general circulation in the district on or before Feb. 1 each year to propshown on the certified appraisal roll for the erty owners preceding tax year.

-A decision by the chief appraiser not to enter into agreethe subject of an appraisal review ments may not be board protest, a lawsuit or a complaint to the Texas Department of Licensing and Regulation.

For more information, contact us at: Garza Central Appraisal District P.O. Drawer F Post, Texas 79356 Phone 806-495-3518

# Legal Notice

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is applying to the into a formation	he Railroad Commis which is productiv	ston of Texas	for a permit	to inject fluid
The applicant pro	poses to inject fi	uid into the		mation)
Lott"168"		1 Number		posed injection
ell is located _	15 miles South	west of Pos		
in the <u>Coulter</u>	(Spraberry) (Field)	, in	Garza	County.

LEGAL AUTHORITY: Chaptar 27 of the Texas Mater Code, as amended. Title 3 of the Natural Resources Code, as amended, and the Statewide Rules of the Oil and Gas Division of the Reilroad Commission of Texas.

Requests for a public hearing from persons who can show they are adversaly affected, or requests for further information concerning any aspect of the application should be submitted in writing, within fifteen days of publication, to the Underground Injection Control Section, Oil and Gas Division, Railroad Commission of Texas, Drawer 12967, Capitol Station, Austin, Texas 78711 (Telephone 512/463-6792).

# Legal Notice

Statement of Nondiscrimination:

New 3 Bed, 2 Bath Just \$255.51 with \$1500 down. 800-830-3515 \*29900 Sale Price; \$28400 to Fiance @ 9% for 240 months WAC\*RB 13949

if you qualify for a new home loan.

806-894-3883 or 800-375-8739.

New Doublewide 5 Bed, 3 Bath Just \$563.21 monthly. Just \$3300 Down\* 888-539-7780. \*65,9000 Sale Price, \$62,600 Financed @ 9% for 24 months WAC\*RB11394

Need a Home Now? Don't Wait to Use Your Tax Refund. We Tote the Note 800-830-3515. RB11394 New Doublewides. Payments Starting at Just \$387.77\* Cell Now 866-539-7780

Need a New Home Now. Don't wait to use your tax refund. We tote the note RB11394 800-830-3515

Casa Mobile 2011 16' deancho tiene 3 Recamaras y 2 Danos \$255.51 por mes con \$1500 de entre. Llame a Rene a 800-630-3515 Fince \$29,900 e page el lipico 91/2 240 mesas con credito approvado. RB11394

Post Group Alcoholics Anonymous 10th and Avenue K, behind United Post Al-Anon Family Group. Community Recovery Center 405 S. Ave C. Post, Tx. Mondays 7:00pm.

The Safe and Serene NA Group of Post now meets on Fridays at the Community Recovery Center, 405 S. Avenue C. For meeting information please contact: Miranda at 806-632-7367.

Borden County is seeking applicants for a Facility Maintenance Employee. This employee will be performing maintenance duties on County owned facilities. A basic knowledge in plumbing and electrical systems is required. Candidates should be energetic with a willingness to learn and be able to work with minimal supervision. They must be willing to work overtime hours, including

Golden Plains Care Center needing certified nurses aids-4 day shift. Please call Roberta Clark 806-495-2848

**BRUSH CLEARING:** 

Post City Lodge - Rooms for rent for \$150/week or \$500 a month all Utilities included with Cable TV with HBO. Headboards for Sale @ Best Western - \$30 - Queen and \$40 - King. Call 806 495 9933

2BR 1Bath central heat & air. Newly remodeled carpet and tile utility room. Southland, Tx Ideal for couple or small family \$550 month. \$250 deposit

No Pets 778-6394

2004 White GMC YUKON XL One owner, 4x4, RanchHand grill guard, good gas mileage, clean and in excellent condition! Call 806-629-4047

WANTED

Year Round Deer Lease Wanted: 8management-minded hunters seek white tail lease 5k acres minimum Call Trey (432) 943-0300

# Now Accepting Applications Post Housing Authority is now accepting

applications

For information on qualifications, please call 495-2233 or come by office located at 709 Caprock Drive. Office hours are 8:00 AM -12:00 Noon and 1:00PM - 5:00PM Monday - Friday



1823 State Hwy 300 Levelland, TX (806) 897-2327



**Buying or Selling?** 

asev Meineeiv

For all your Real Estate Needs

806-549-2103 or 806-495-1758

For all listings go to:

Lyntegar Electric Cooperative, Inc. is the recipient of Federal financial assistance from the Rural Utilities Service, an agency of the U.S. Department of Agriculture, and is subject to the provisions of Title VI of the Civil rights Act of 1964, as amended, Section 504 of the Rehabilitation Act of 1973, as amended, the Age Discrimination Act of 1975, as amended, and the rules and regulations of the U.S. Department of Agriculture which provide that no person in the United States o the basis of race, color, religion, sex, national origin, age, or handicap shall be excluded from participation in, admission or access to, denied the benefits, of, or otherwise be subjected to discrimination under any of this organization's programs or activities.

The person responsible for coordinating this organization's nondiscrimination compliance efforts is Greg Henley, CEO. Any individual, or specific class of individuals, who feels that this organization has subjected them to discrimination may obtain further information about the statues and regulations listed above from and/or file a written complaint with this organization; or the Secretary, U.S. Department of Agriculture, Washington, D.C. 20250; or the Administrator, Rural Utilities Service, Washington, D.C. 20250, Complaints must be filed within 180 days after the alleged discrimination. Confidentiality will be maintained to the extent possible.

**US 84 and Division Street - Slaton** www.smithsouthplains.com 828-6291 - 1-800-692-4457

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thepostcitydispatch@yahoo.com

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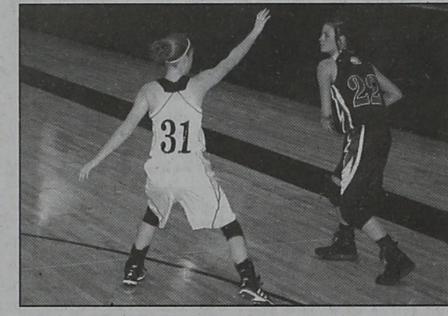


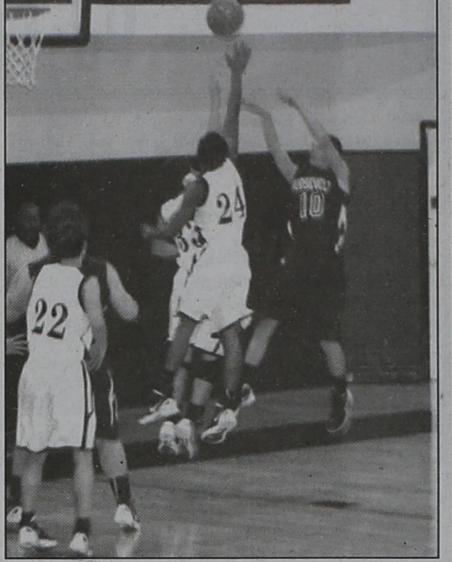


Cheyenne Gill #23 fights for the ball.



Haily Berry studies the offense with #13 Katelyn Elmore.





Photos by Nancy McDonald #24 Corbin McDonald & #33 Dakota McDonald try to block the Eagle's shot with Taylor Soto looking on

# Varsity boys basketball scores

Post vs. Roosevelt Post Record: 8 - 12 Post District Record: 0 - 5 Team: Post Varsity Boys Final Score: 47 - 55 Score by Quarter Team 1 2 3 4 10 10 12 15 Post Roosevelt 16 11 15 13 Team Free Throws 10 out of 18 22 out of 44 Team Fouls 1st Half 14 - 10 Team Fouls 2nd Half 16 - 9 Post Players Scoring Dalton Holly Did not play Campell Kirkpatrick Jacob Perez 6 Tavish Soto 2 Pake Jones 2 Vance Blair 2 Parker Loftus Did not play Taylor Soto 19 Corbin McDonald 12 Dakota McDonald 4 Post vs. Colorado City

Post Record: 8 -13 Post District Record: 0 - 6 Team: Post Varsity Boys Final Score: 34 - 37 Score by Quarter Team 1 2 3 4 Post 6 10 6 11 C. City 7 13 9 8 Team Free Throws 3 out of 8 15 out of 24 Team Fouls 1st Half 7 - 10 Team Fouls 2nd Half 4 - 6 Post Players Scoring Dalton Holly 9 Campell Kirkpatrick Jacob Perez 2 Tavish Soto 5 Pake Jones Vance Blair 4 Parker Loftus Taylor Soto 4 Corbin McDonald 8 Dakota McDonald 2 Next Game is Friday Jan. 20 in Coahoma. Games start at 4:00 p.m.



Taylor Soto #22 rebounds with Pake Jones #12 blocking out.



Benefits of Athletics In School

While swing ing pr studer I wan about their \ ing en dence in par said f acade chani that 1 for a lence and b times migh ity pr acros when total progr spend close value dents at lea that Ame demi They educa who gram avera cord fewe com popu educ DOD dents

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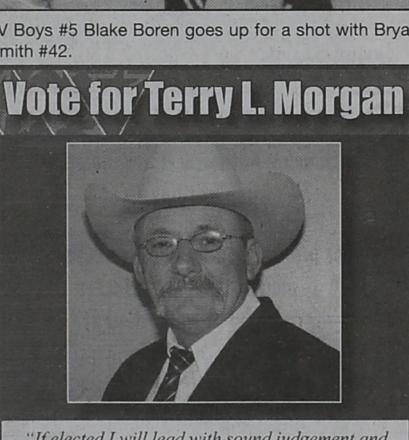
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Kelbie Oden #31 adds defensive pressures for the Lady Lopes.



JV Boys #5 Blake Boren goes up for a shot with Bryan Smith #42.



"If elected I will lead with sound judgement and outstanding moral character. Through cooperation, progress, and a strong work ethic. I promise to deliver a vigorous approach to law enforcement activities that will improve public safety services to the citizens of Garza County.

# I will strive to:

- · Honor the en and women currently serving the Sheriff's Department.
- · Create a more unified work environment within the department.
- · Share resources with other law enforcement agencies throughout West Texas resulting in



When I moved to Post last summer and was looking for a house to buy or rent. I had the fortune, or misfortune to run across a home owner who felt in necessary to tell me how athletics is the biggest waste of money and time, after hearing I was the new coach. Not a particularly good strategy when you are trying to sell a coach a home, but the statement in general was about as intelligent as the selling strategy itself. I said nothing to this person at the time and simple moved on to the next opportunity.

Since then the State of Texas has cut school finance and many schools across the country are cutting education spending. The first places many of the cut start at are in extra-curricular program. I know every program in a school needs to tighten the belt and become more efficient, but you can read about schools cutting out sports, eliminating programs not only in sports, but in fine arts, electives, agricultural and vocational programs. Some schools even charge kids to be in those programs instead of funding them properly.

Post does an excellent job and is pushing to do more to improve opportunities for our kids. College bound or not, students need these programs in order to complete a well-

rounded education. Athletic and all extracurricular activity is largely a metaphor or a proving ground if you will, for young students. There they learn life lessons and to experiment and make choices and learn about how to handle life's adversities and how to set goals and enjoy life's successes. Class is for gaining of knowledge and athletics is for action for the two can only be useful if learned together. Knowledge has no value unless it is put into action and athletics is drudgery without the information and plan to reach your goals.

As one of our great presidents stated, "Far better is it to dare mighty things, to win glorious triumphs, even though checkered by failure... than to rank with those poor spirits who neither enjoy nor suffer much, because they live in a gray twilight that knows not victory nor defeat. -Theodore Roosevelt Yes, he knew the value of extracurricular activities and more the danger of not having them.

While the majority of people know the benefits of extra-curricular programs and have themselves benefited in participation, more and more these programs are coming under attack and are disappearing from school's **COACH'S CORNER...** continued on page 9

> 1002 E. Main Post, TX 79356



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"I have been involved in the law enforcement community for the last 22 years which has prepare me to perfor the duties of this office. I have the education, experience, training and background that qualify me tor the job.

# **VOTE FOR** TERRY L. MORGAN

Prepaid ad by Terry Morgan 44105 Hwy 84, Soothland, TX 79364 • 806-549-7136



curriculum all too often. While Post ISD is on the upswing in growing and valuing programs than involve our students in a variety of areas, I want to provide some facts about school activities and their value. While the following enumerates the factual evidence of the value of athletics in particular, the same could be said for one act play, band, UIL academics, agriculture, mechanics or any other endeavor that teaches students to work for a goal, to strive for excellence, and to apply knowledge and be a person of action.

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In these tough economic times, let us start with the all mighty dollar. School activity program in 99% of schools across the nation spend anywhere from 1/2 to 8% of the total operating budget on these programs. Here in Post we spend around 3% which is very close to the average. Talk about value! With the majority of students choosing to participate in at least one subject, I would say that is the best investment in America you can make.

Activities support he academic mission of schools. They are an extension of a good educational program. Students who participate in activity programs have higher grade-point averages, better attendance records, lower dropout rates and fewer discipline problems as compared to the school general population.

Activities are inherently educational. Through participation in activity programs, stu-

Research conducted by Skip Dane of Hardiness Research in Wyoming revealed the following about participation in activities; 1) by a 2-1 margin, boys gain a better chance to go to and complete college, 2) girls at 3-1 better chance of finishing college. 3) 92% of participants do not use drugs, 4) participants are more self-assured. 5) They are more likely to take high level classes then required. 6) They receive above average grades especially in above basic required classes.

A 1985 study by the National Federation of State High School Associations in a 50 state survey showed: 95% participation teaches valuable lessons that students cannot and do not learn in a regular classroom. 99% agree that participation promotes good citizenship. 95% agreed activities contribute to school and community spirit. 86% believed the time and effort spent was well worth the rewards and was not excessive. 70% said there is strong support for these programs from parents and the

community at large. Other Research: 1992 Colorado Department of Education revealed that participants in any form of interscholastic activity have "significantly higher" grade point averages and better attendance. 1992 survey by the New Mexico Department of Education indicated that the GPA's of at-risk students improved by being active in interscholastic activities. 1984 Texas Education Agency studied the incidence of course failure between participants and non-participants and found that 46% of uninvolved students failed one or more classes, while only 23% of participants failed a class. 1981 Iowa study has students NOT participating had an average GPA of 2.39, active students in one sport had a 2.61 GPA, and those active in multiple sports had an average GPA of 2.82. Results of a 1987 survey of individuals at the executive vice president level or above in 75 Fortune 500 companies indicated that 95% of those executives participated in sports during high school. In addition, 54% were involved in student government, 43% in NHS, 37% in music, 35% in youth organizations like scouting, and 18% in school publications. The American College Testing Service compared the value of four factors in predicting success after high school. The one for entering freshman between

#### COACH'S CORNER... continued from page 6

yardstick that could be used with certainty as a predictor of success in life was achievement in school activities. Not useful or accurate where high school grades, college grades or high ACT scores.

The College Entrance Examination Board's Scholastic Aptitude Test (SAT) was examined also and it also found that "The best predictor of later success was a person's independent, self-sustained venture. Teens who were active in school activities were found to be the most likely to succeed.

In periods of economic pressures, the expenditure of public tax funds for nonessential programs is challenged as wasteful and lacking in tangible cost benefits. I opposition to various criticisms, I offer ten research studies conducted over a 25 year period that demonstrate consistent and invaluable examples students growth, achievement, and realization of basic educational mission successes.

Teachers feel students derive educational values from participation and cited a positive correlation between athletic participation, academic performance, and self-esteem. Source: Braddock, Jomills H., II. "Race, Athletics, and Educational Attainment- Dispelling the Myths," Youth and Society, Volume 12, No. 3, March 1981, 335-349.

Lack of participation in school activities is associated with a greater likelihood of in- Performance volvement in delinquent behavior. Source: Dinitz, S. and B.A. Pfau-Vincent. "Self-Concept and Juvenile Delinquency", Youth and Society, Dec. 1982, 133-158.

## participants in high school activities and non-participants. Source: Havranick, Mark, J. and G. Golsan. "Academic Success and Participation in High School Extracurricular Activities - Is There a Relationship?" American Psychological Association, August 1986, Washington D.C.

Attachment to school and involvement in school activities provides containment against delinquent behaviors. Source: Hirschi, T. Causes of Delinquency, Berkley, University of Ca. Press, 1969

Direct Positive relationships exist between involvement in activity programs and academic achievement Source: Illinois Board of Education, Department of Planning and Research. Activities in Illinois High schools, Champaign, Nov. 1985.

study by the Center of Educational Statistics, the National Federation, and Kansas State High School Activities Association. All point to better academic performance, attendance, and attitudes among activity participants than among non-participants. Source: Jansen, Paul. "Making Magic: High School Sports Builds leaders." Athletic Business, March 1992.

Increased potential for delinquency among adolescents who do not have positive outlets for their energy. Source: Lawrence, Richard. "School . Containment Theory, and Delinquent Behavior." Youth and Society, Vo. 17, No. 1 September, 1985-86.

the man who is actually in the arena, whose face is marred by dust and sweat and blood, who strives valiantly; who errs and comes short again and again; because there is not effort without error and shortcomings; but who does actually strive to do the deed; who knows the great enthusiasm, the great devotion, who spends himself in a worthy cause, who at the best knows in the end the triumph of high achievement and who at the worst, if he fails, at least he fails while daring greatly. So that his place shall never be with those cold and timid souls who know neither victory nor defeat." -Teddy Roosevelt

There will be those who do not understand or value sports and school activities in general, especially if they did not themselves enjoy the benefits as a youth. But in these times Cited in a large population it is important to remember

the foundation for success and the cornerstone of the future is in our young men and women who today walk the halls of Post ISD, for they one day will be the leaders, business owners, husbands, wives, and parents of the next generation.

While we cannot change the world, but we can hold dear the institutions in our schools that provide for the best and most complete of educational experiences and focus our support and expectations behinds these programs for the good of the students, but also for the good of everyone. The value of which benefits all races, colors, creeds, sex, or age and for 100% of all who participate for a mere 3% of a schools total operating budget. That my Bold Gold friends is the best use of tax money for return in the entire world!

### **POST NOTES** continued from page 5

January 20th. We apologize for the error.)

Monday, February 6th-Progress Reports go home

If you are still needing to purchase a copy of the 2010-2011 Post Elementary Yearbook, this is your last chance to do so before the 2011-2012 books go on sale. Please come visit Mandi Criswell in the school nurse's office or for questions you may call 495-3414. Info coming soon for the new 2011-2012 Post Elementary Yearbooks!

Dribblers Tournament will

sion charge; hat will be passed for donations to help with upkeep on the center. Concession stand with drinks and snacks will be available. For more info contact Noel White @ 806-495-3261

Post City Trade Day is on February 4th from 9:00 am to 5:00 pm. Call 806-559-0835 or email postcitymerchants@aim.com to reserve your booth today!

Single booths ate \$25.00 and all non-profit booths are free.

A hamburger dinner to bene-Childress Basketball Little fit David Graves will be served from 5:00 -??? p.m on Friday (January 27, 2012) at Trailblazers. It includes hamburger w cheese and all the trimmings, chips, a drink, and a dessert. Donations will be asked for every plate. You can dine-in or carry-out. There will also be a silent auction during the serving time. You can place your plate order in advance with a donation or if you have any question feel free to call Trevah Yarbro (806)548-6712 or Dawn Guerrero at (806)241-1672. Also, you can pay at the door. Any donations are welcome anytime to benefit David Graves and Family.

10n. Athletic ricular activnetaphor or a if you will, dents. There essons and to make choices how to hanties and how enjoy life's s is for gaine and athletfor the two ul if learned edge has no put into acis drudgery mation and r goals. great presiar better is things, to mphs, even d by failwith those neither ench, because ay twilight victory nor Roosevelt e value of tivities and of not havajority of benefits of programs elves bention, more ograms are ck and are school's RNER ....

page 9

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ation

dents learn teamwork, sportsmanship, appropriate winning and losing behaviors, rewards of hard work, self-discipline, building of self-confidence, and develop skill to learn to handle competitive situations. These are great qualities when the goal of a school is to produce responsible adults and productive citizens.

Activities foster success in later life. Participation in high school activities is often a predictor of later success in college, careers, and as contributing members of society. A 1989 study by the Woman's Sports Foundation indicated that students who participated in activities stay involved in the community after graduation to much higher degree. The data obtained by the US Department of Education High School and Beyond Study, indicated girls receive as many benefits as boys, and minority athletes are more socially involved than non-athletes.

Direct positive correlations between involvement in activities and measures of academic and intellectual performance. Source: Dvorak, Jack. "Comparisons of College Grades and ACT scores between participants and non-participants. Association for Education in Journalism and Mars Communication, 1986, Norman, Ok.

Female college participants who had been involved in high school sports had higher ACT scores and managed time better than non-participants. Source: Feits, D>L> and M.R. Weiss. "The impact of Girls Interscholastic Sport Participation in Academic Orientation." Research Quarterly for Exercise and Sport, 1984, Volume 55, No. 4, 332-339.

A positive correlation exists

community

People. Changing Lives.

e.g.

River

South Plains Community Action Association Helping People, Changing Lives

# **Primary Health Care Program (PHC)**

# Do you need medical assistance but can't afford it and don't qualify for other government programs?

The PHC program provides access to primary health care services to Texas residents who are unable to access the same care through other funding sources or programs. \*

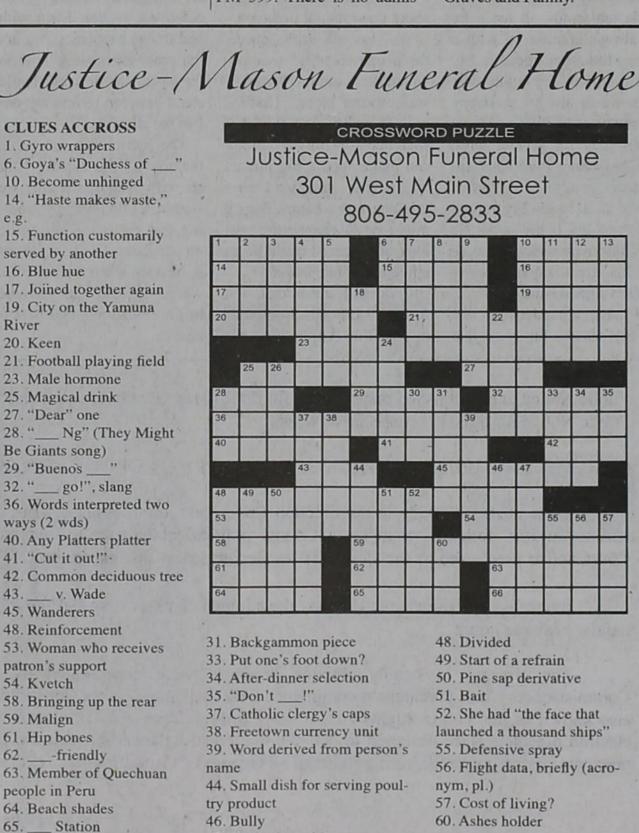
Aspirations of African-American youth appear to be positively affected by participation in athletics. Source: Poicou, J. Steven and E.W. Curry. "Athletic Success as a Facilitator of Adolescents' Mobility Orientations ". 1974, Atlanta

"It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to

be March 22-24, 2012. Boys and girls division \$65 per team. Deadline to enter will be March 11. To sign up or if you have any questions call Lisa Darter 940-674-5401.

Marriage on the ROCK seminar February 10-11, 2012. Free admission Free childcare! Register at www.brynnessmiles.org

The Graham Ole Opry will be held Saturday January 21st from 7 p.m. till 10 p.m. at the Graham Community Center, five miles west of Post on US 380 and two miles south on FM 399. There is no admis-



Services available include diagnosis and treatment, family planning services, preventive health services, health education, laboratory, x-ray, and other appropriate diagnostic services.

\*Must meet income and residency program requirements

#### SPCAA PHC PROGRAM

1600 U.S. HWY 84 PO BOX 477 Post, Texas 79356 806-495-4543

# 66. Cast out

65.

**CLUES DOWN** 1. Legal prefix 2. Bad day for Caesar 3. Boor's lack 4. Rabbitlike rodent 5. Pliable plastic explosive 6. "Aladdin" prince 7. Fast talk 8. Fermented alcoholic beverages 9. Examinations of financial accounts 10. Carpet runner holder 11. The "N" of U.N.C.F. 12. Composer Copland 13.747, e.g. 18. Near 22. Condescend 24. Attempts 25. Carbon compound 26. Extol 28. "Much \_\_\_\_ About Nothing" 30. Amazon, e.g.

#### 47. Equipping with weapons

**PUZZLE SOLUTION** 

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#### Page 8 The Post Dispatch Friday, January 20, 2012



It's easier to sell up than down. Right? That's why the real estate agent shows you the lesser house first and then the grander one. Same goes for car salesmen. And it's why the person who takes your order at any fast food joint doesn't ask you to consider downsizing.

Here's a fast food conversation you'll never overhear:

"Wouldn't you like just a burger instead of a burger and fries?"

Instead you get asked you what you'd like to add to your order. Some of these days maybe I will add tater tots, but only if they forget to ask me if I want any.

Is "tater tots" a brand name? I think so. Guess we'd better capitalize it. Tater Tots.

By another name, Tater Tots are Brabant potatoes. Brabant gets capitalized because the word refers to a Belgian province as well as a type of plow, no doubt named for the province. (You don't name a province for a plow.)

You probably think I found those two bits of information

on the Internet. Believe it or not, my knowledge of all things Brabant dates from the 1970s. At International House-World Trade Center in New Orleans, I was the secretary given the task of compiling an uppity French-English menu for our elegant main dining room just off the Grand Hall, a lofty place with real wood paneling. The restaurant manager was rough around the edges and as ignorant as I regarding what we could call Tater Tots besides Tater Tots. At the other end of the spectrum our civilized Hungarian general manager knew the term Brabant. I did my research to confirm that he was right. I should have known better than to question a man with a goldrimmed monocle in his pocket

- one strung on a gold chain at that. He even used it.

Anyway, all these years after learning an alternate term for Tater Tots, it's been hard for me to keep the information to myself. Now what I know doesn't matter. The Internet turns all privately held trivial information into, for lack of a better word, trivia. (By the way, my thesaurus

lists "small potatoes" as another term for trivia.)

#### **INTERNET PAUSE.**

A little Googling, and my modest measure of Brabant knowledge now has been greatly upsized, yea, even super-sized:

For example, Brabant is an alternate name for the draft horses usually called "Belgians." And now I know what a Brabant plow looks like. Check the "Jardin de Voisins" website. That's French for "Community Garden," loosely translated. Maybe it's a virtual garden, but those folks are ecologically serious about going back to farming with animals like Brabant horses. I'd call that downsizing if the horses weren't so big.

But do they serve Brabant potatoes in places called Brabant? Apparently not. I've checked the Netherlands, France and Belgium.

Just as a prophet has no honor in his home country, neither does a potato dish unless it gets a name upgrade. In Brabant, rule out Brabant. Tater Tots might work.

# The Doctor Is In By Dr. Benjamine Edwards

# **Did God Forget our Lipitor Gland?**

but it is slowly suffocating

When diet is wrong medicine is of no use. When diet is correct medicine is of no need. ~Ayurvedic Proverb.

As I reflect on my patients, this ancient proverb really does ring true. We've all heard "an apple a day keeps the doctor away," and " you are what you eat," and your doctor constantly harping "eat better and exercise!" Well, it really is true. Ninety percent of the complaints I see in my clinic are the results of a lifetime of poor food and lifestyle choices. It seems we have all slowly allowed the powerful current of the river of life to sweep us slowly down the path of poor diet and lifestyle. The new normal is to carry 25 extra pounds....no problem, everyone is doing it! In fact 8 out of 10 people over the age of 25 in America are overweight; it really is the new norm. Forty-eight percent of Americans are now on some sort of medication (the other 52% just probably haven't let a doctor get their hands on them yet!). Nine out of 10 older Americans are on some sort of medication; again, it has become the new norm. I don't

our country as we spend more and more of our resources on healthcare costs (or sickcare rather, see my last column).

Our busy lives, chasing that American dream, or watching our kids chase the American dream, are helping us to eat, work, and stress ourselves right into illness. Most of us are all too busy and too tired to focus on healthy eating, regular exercise, routine sunshine and fresh air exposure, proper rest, and regular communion with the One who created this masterfully designed body.

The most prevalent disease I treat is diabetes. It seems I diagnose at least one new case a week and in younger and younger people, including children. Hypertension, high cholesterol, and acid reflux are also very, very prominent as well as low back pain and knee arthritis. Each of these "diseases" are almost always partially if ot completely reversible with the proper dietary and lifestyle changes (they are also just about 100% preventable in the first place with proper nutrition and exercise). However, it is easier to believe our Creator really de- take a pill than to make tough life changes. Furthermore, it is not just these big name diseases I'm talking about, it is the everyday aches and pains, the fatigue, the insomnia, the loss of stamina and strength, memory and mood changes, bowel changes, or problems that we shrug off to "just getting old" that are so often the result of poor nutrition. There are some physicians who don't believe in "disease" but consider "diseases" just consequences of behavior (diet and lifestyle). The longer I practice and the more I learn about nutrition and hear from patients that have been

healed from their chronic diseases (including some cancers and autoimmune disease), the more I tend to buy into this philosophy. People hear the word disease and they tend to automatically think, oh well, I guess I've just got bad genetics and I'm destined to be on medication for the rest of my life because I have this "disease." It is becoming more and more clear that poor nutrition is also at the root of many cancers. According to a paper published in the British medical journal Lancet in 2002:

It was noted in the 1970s that people in many Western countries had diets high in animal products, fat, and sugar, and high rates of cancers of the colorectum, breast, prostate, endometrium, and lung; by contrast, individuals in developing countries usually had diets that were based on one or two starchy staple foods, with low intakes of animal products, fat, and sugar, and low rates of these cancers." "These observations suggest that the diets [or lifestyle] of different populations might partly determine their rates of cancer, and the basis for this hypothesis was strengthened by results of studies showing that people who migrate from one country to another generally acquire the cancer rates of the new host country, suggesting that environmental rather than genetic factors are the key determinants of the international variation in cancer rates Stay tuned over the next few weeks as we lay the foundation and continue to educate ourselves on the importance of nutrition and lifestyle, and lets all heed the words of the ancient Greek physician Hippocrates, "let food be thy medicine, thy medicine shall be thy food."

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I've been thinking By Leslie Tatum

I love happy people. I like I have never seen without to visit with them and I love to watch them. Just the way they go about their business is a joy to view!

There are many happy people in my life, so I guess that's one reason I've had such a pleasant life. My Daddy is one of the happiest people I've ever known. He always had a witty saying or a funny little jab to toss at us or he is always coming up with a funny little song about us. My father-in-law Ted is like that, too. He is always so happy to see us even if he's seen us every day for several days. He has many humorous anecdotes or little sayings that make us all laugh. My youngest son Cass is the same. He got it from his daddy and both of his grandfathers. Happiness is a great legacy.

I have a student in one

of my classes this year that

a smile on his face. I can't even imagine what he looks like not smiling, and I imagine the only people who have ever seen him solemn might be his parents. He is like a ray of sunshine in each day and I've found myself looking forward to his class be-

cause of his cheerful disposi-

tion. His good nature brings about good nature in others. We can all bring cheerful people readily to mind, which in reaction brings a smile to our faces. That's a gift. It makes you think: if someone's positive outlook can make such a big impact on others, imagine what just one more happy person might do to change the outlook of others. It could be an epidemic of happiness!

It doesn't mean that you forget all the unhappy things in your life, but these people

have a unique ability to set those unpleasant things aside for the most part. For you and me, this might take some practice, but how much better would we feel? If we could push aside those nasty burdens weighing us down, how much more light-hearted would we feel? Webster's dictionary says that joy is delight. What an incredible feeling to be delighted by life. Even with bad things happening, we are the most fortunate people in the world and nothing should stand between us and joy un-

less we allow it. The scriptures say that the joy of the Lord is our strength. Maybe it's time we started a little strength training and put a big ole smile on our faces. I'm going to try it. You try it too and let's see where it leads us-maybe to pure unadulterated happiness!

signed or bodies so poorly that man-made, synthetic drugs are necessary to keep them functional. If we all needed Lipitor so bad, God would have given us a Lipitor gland I'm quite sure! However, when we put the wrong things into our body, there are consequences,

and western medicine focuses on alleviating the symptoms of these consequences.

All these numbers I've listed above are not just statistics, they are real, live people who are being robbed of true living because of poor health. It is not only robbing individual lives of happiness and productiveness,

# LEGENDS. GARZA COUNTY HISTORICAL MUSEUM

**By Linda Puckett** 

Here we are in the final chap-

over the years, but when things get so out of control, something ter of the shooting death of Mar- has to give; many times, sadly shall "Monk" Gibson by Earl it is someone's life. That seems Smith. We have all been ex- to be the case of Gibson and posed to some type of bullying Smith. On March 13, 1951,

> Murder Trail Against E. Smith Gets Underway Here Monday

After a three month delay brought on by a postponement and one continuance, the case of the State vs. Earl Smith, charged by a Garza County Grand Jury with murder with malice in connection with the shooting of Marshall "Monk" Gibson at a drive-in café on the Lubbock highway on the night of October 19, 1951, got underway here Monday morning.

Dr. D.C. Williams testified that two bullets had entered Gibson's body, one of them causing a superficial wound in the left shoulder and the other causing his death. Smith related on the stand the various incidents he had experienced with Gibson prior to the shooting. At one time Gibson and his two friends ran a car into the car in which Smith, Ruth Noles, Norma Davis Ingram and another fellow were driving-running them off the road at 70 miles per hour. When

the car stopped, Monk beat the man who was driving, and still seated under the steering wheel. Smith pulled a gun and told the men to scatter, which they did. But later that night Gibson jumped on him and knocked him down three times.

Trouble had begun when Smith began dating Miss Noles. He testified that on the night of the shooting, he and Miss Noles parked at the drive-in and immediately Gibson was at the car cursing and threatening. He was standing at the driver's side where Miss Noles was sitting. Smith said that on four different occasions that Gibson told him he would to kill him, or the sun wouldn't rise on him the next morning.

He testified that after Gibson had grabbed his wrist trying to take his keys away from him, Smith pulled the gun out of his boot, where he had been carrying it for two or three days, and fired at Gibson through the front window of the car. Gibson then ran behind the car, Smith followed firing all the time. He said he fired four shots. Several other witnesses testified how they attempted to get Gibson away from Smith. The article reported that Dissee LEGENDS continued on page 9

Public Notice to be published once a week for three (3) consecutive weeks and posted on the County Public Notice for three (3) consecutive weeks:

# PUBLIC NOTICE OF CHANGES IN ELECTION PRECINCTS

Pursuant to §42.035, Texas Election Code, the Commissioners court of Garza County, Texas, herein provides notice of changes in County political boundaries as adopted by the Commissioners Court, and as precleared by the United States Department of Justice on the 22<sup>nd</sup> day of December, 2011.

Interested individuals may review the adopted changes in the office of the County Clerk during regular business hours.

The changes in county election precincts were necessitated by redistricting of County Commissioners Court precincts in compliance with the United States Constitution and 42 U.S.C. §1973, also known as the Voting Rights Act, following the release of 2010 census data. Changes in county election precincts were designed to achieve numerical balance between the four commissioners court precincts, and to insure the voting rights of all citizens of Garza County, Texas.

County Clerk

The Post Dispatch headline

read as follows:

# AVISO PUBLICO DE CAMBIOS EN ELECCION RECINTOS

Conforme a §42.035, Tejas Eleccion Codigo, la Corte de Comisario, Condado Garza, Tejas, avisa cambio en las fronteras politicas de condados segun se adopto por la corte de comisario y approvado por Estado Unidos Ministerio Justicia el 22nd de diciembre 2011.

Los individuos interesados pueden repasar los cambios adoptados en la oficina del official Condado durante horas de ofician regulares.

Los cambios en recintos de la eleccion del condado fueron hechos necesario por cambios de los recintos de comisiones del condando en conformidad con la constitucion de Estados Unidos y 42 U.S.C. §1973, tambien sabido como Derechos Al Voto, despues del desbloquear do los datos 2000 de censo. Cambios en eleccion recintos del condado fueron disenados para alcanzar el equilibrio numerico entre los cuatro recintos de la corte de las comisiones, y para asegurar los derechos al voto de todos los ciudadanos del condado Garza de Tejas.

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For DISTRICT ATTORNEY 106th Judicial District Integrity. Experience. Dedication to Justice. www.MUNKforDA.com

REPUBLICAN CANDIDATE



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# Remember When (

By SHIRLEY STORIE and RHONDA NORMAN

#### 10 Years Ago

Charles Hardin presents a check to Garza County United Way. The donation from Wells Fargo supports a wide variety of community organizations.

Lubbock resident Tonya L. White has been appointed administrator of the Garza **Hospital District** 

Services for Darrell M. Roberts 65 of Garza County were Wednesday January 16, 2002. Lady Lopes lead district 3-0 with Emily Smith 15 points

Kelly Moore 10 points Meagan Mills 7 Manuella Hernandez 5 and 3 each for Nikki Norman and Kaycee Gorman.

8th grade girls dropped a 28-16 game to Sundown with Laurel Tatum 8 pts. Dionn Heckaman 4, Jenee Lott and Alana Zubia 2 points.

7th Grade girls win 22-15 with Larissa Halford 8 points, K'Nell Dalby and Sarah Kirkpatrick 3 points and Steffi Norman, Rachel Gray, Keisha Odom and Kylie Easterling all had 2 points a piece.

## 20 Years Ago

Driving, Miss Daisy opens tomorrow at the Garza Theatre with Jane Prince Jones and Floyd Price.

Former Deputy Kenneth Ratke is opposing Sheriff Freddy Cockrell for Sheriff.

Garza Memorial Hospital

All Tournament Honors

announces Dr. Larry Leininger

at the Meadow Tournament

went to Lady Lopes Cara

Cash and Trudy Woods. Ac-

cording to Coach Chili Black,

"This is the first time in sev-

eral years that Post has had

nament with Jerry Crawford 7

7th grade boys win at tour-

this kind of recognition."

M.D. joining Dr. Shen Chen.

to the Deans List at SPC.

points, Todd Terry with 6 points, Freddy Perra with 2 points and Jeremy Josey with 1.

30 Years Ago

On his 95th birthday AC Surnaner is saluted for his great medical care and community leadership.

Post School Trustees voted unanimously for a continual enrichment of life in Post Schools where they offered Superintendent Bill Shriver a new 3 year contract. He has held the position since 1963. The Post Middle School Student council sponsored an assembly with Keith Worktman and his world of reptiles. Burlington Productivity is

up in 1981. Freshman girls bow at

Cooper with Patricia Price 12 points, Marta Holly 10 points, Channa Williams 6 points and Roxeanne McLellan, Regina Williams and Kayla Peel with 2 each.

D'Wayne Osborns Lopes went down 67-49 with Bill Black 16 points, Irwin Price 13 pionts, Will Kirkpatrick 11 points and Milton Williams and Melvin Wynne with 3 each.

#### 40 Years Ago (1972)

Beautification project to start downtown with the placement of half barrels containing native plants.

Ann Mitchell, Sandy Bullard, Shirley Allen, Nancy Reno, Kim Hester and Judy Norman.

#### 50 Years Ago (1962)

Record cotton crop for 1961 is reported for Garza Co. Ginning total was at 27,573 bales.

School page reporter, Linda Hays, writes a nice bio on Coach Billy Hahn. Coach Hahn has a motto of "Don't Say Can't".

Engagement of Miss Peggy Ramsey to Richard Ray is announced.

According to Mrs. George Mahon, the white house is a much warmer place with the Kennedys in it.

Thermometers stood at exactly zero degrees at the Tom Gamblins, Water pipes all over town have burst.

#### 60 Years Ago (1952)

High school principal Chant Lee and grade school principal Ellis Mills sign two years contracts.

Funeral rites will be held here for T/Sgt. Shirley F. Elliot, former Close City resident, that was killed and buried in Germany in 1945.

Oscar Graham is seeking to oust Buck Gossett as the Precinct 2 Commissioner.

65 Years Ago (1947 Twenty-seven students en



It's strange how certain emer-

gencies stick to my memory

more than others. In fact, I

had one of these memorable

ones just last week. It was late

Wednesday night. I received a

phone call about a very small 7

week old puppy whose owners

said was very sick. I met the

client up at the clinic and what I

saw broke my heart. This puppy

was lifeless. I'm talking so life-

less it was like a ragdoll flop-

ping around when you held it.

I thought to myself "this puppy

needs serious help or it will NOT

make it". I always believe, es-

pecially with cases like this one,

regardless of what or how much

I do, I need additional help from

up above. That's right, I'm not

afraid to admit it. God's in con-

trol of my life and that includes

my career. Needless to say my

prayers started the moment I

After getting the puppy's his-

tory from the client, it made me

wonder even more if we were

going to be able to save this little

girl. On physical exam Scarlett

was so weak she did not have

the strength to hold her head up,

much less to get up and move

around. She was also very dehy-

saw the puppy named Scarlett.

By Dr. Wink

# **Memorable Emergency**

drated. After running a few tests which unfortunately came back negative, it put me back to treating the clinical signs and the unknown something causing these signs. Our only option was to begin aggressive therapy. Dealing with such a sick puppy that weighed no more than 1 pound, the prognosis was not good. I informed the client all I could do was the best that I could, but we were going to need help from above if Scarlett was going to make it.

Aggressive treatment for Scarlett meant around the clock treatment, and she would need treatment every 2 hours. While we offer 24-hour emergency care, we aren't staffed for 24hour round the clock observation at the clinic. What choice did I have? Yup, I decided to take her home with me. I loaded all of the medicine & materials I thought I might need (which seemed to be 1/4 of the clinic). As I walked into the door of my house with this puppy my wife glanced warily and said "I hope you're going to be the one getting up with her." (I guess her mind was reflecting back to the good old baby days. Or grumpy baby days. Who knows. They were a blur back then.) "Of course" I replied

Scarlett made it through the night and seemed to be doing a little better that morning. She was barking and acting like a puppy should. However, as the day progressed she seemed to slowly get worse. I was continuing with the same treatment, but things were not improving. As the day came to an end, I took Scarlett back home for another night of around the clock care. By now, my wife and kids were already getting attached. (Hence, why we have too many pets and aren't great candidates to be a foster family!) Miraculously, Scarlett made it through the second night. It's now Friday morning and she is doing a little better again. However, she still had not eaten a single meal by herself. I was having to force feed this puppy every 2 hours just to try to get some strength into her. By Friday afternoon I had done everything I medically could for Scarlett. It was up to Scarlett and God at this point. I made the decision to send her home for the weekend and I thought that the owners could take over from here. My directions were clear "Scarlett needs TLC and prayer."

I called and checked on Scarlett throughout the weekend and by Saturday evening she finally ate her first meal by herself. She also was beginning to play a little. By Sunday she was acting like a normal puppy and the owner couldn't be happier. Scarlett's case shows us with some hard work and help from above anything is possible ... even with a poor prognosis. I wish I could say all my sick cases have this outcome, but I can't. All I can promise is to do the best I can, pray, and know God can still perform miracles.

**Burros To Deliver 100,000 Signatures** to Governor Perry Wednesday

livery to the Office of Governor

### The Post Dispatch Friday, January 20, 2012 Page 9

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Benny Jackson and Paula Stewart announce engagement.

Nancy Criado was named to Tahoka.

Bill McBride encourages Postites to join the newly organized Post Flying Club.

L.D. Jackson, proprietor of Jackson's Cafeteria, returns home after a stay at Scott and White Hospital. Coach Sherry Woods girls

team beat Frenship. Members of the team are Jenda Gilmore, Nan Bilberry, Carol Davis, Sandra Dudley, Tina McAlister, Pat Davis, Jana McKamie, Sherry Compton,

The Jerry Bush is moving roll at Justiceburg school. Downtown Post gets its

first all-glass door when it was installed at Hundley's Menswear.

Hamilton Drug reports a small safe stolen. The safe contained narcotics, cash and checks. Sheriff Nathan Mears is investigating.

The Double U Co. offers the last of the Post City Works farmland for sale. There is a little over 400 acres in the offering.

toes, Green Beans,

Hot Roll, Gravy, Juice Bar,

Milk

Thursday

Chicken Quesadilla, Pinto

Beans, Seasoned Corn,

Apricot Cobbler, Milk

Friday

Sloppy Joes, Pickle Spears,

Corn Cobbette, Fresh Apple,

Multigrain Chips, Milk

AUSTIN, TX – A herd of burros, led by local residents, burro advocates and members of Red Horse Nation, will ride from the Rosewood Oaks Day Care Center to the Capitol on Wednesday, January 18 to hand-deliver more than 100,000 Change.org petition signatures demanding that the Perry Administration stop the wild burro slaughter in Big Bend Ranch State Park. What: "Ride for Life" Burro Petition Delivery to Governor Perry and Lt. Governor Dewhurst. The petition signatures will be delivered Wednesday in a small wagon pulled by a donkey named Miss Abby. Who: Marjorie Farabee of Wild Burro Protection League, Rod Rondeaux and Steak Fingers, Mashed Pota-

9-year-old daughter Cheyenne of Red Horse Nation, and local resistarts at Rosewood Oaks Day Care Center (1507 Lavaca St, Austin TX); Rally and petition delivery will take place on south side steps of Capitol building on Congress Ave. When: 12:00 p.m. Ride for Life Departs Rosewood Oaks Day care who they are, they don't have Care Center 12:40 p.m. Remarks that right." Live signature totals from the Wild Burro Protection by Red Horse Nation represen-

tatives and Alpine residents, the Rondeaux family, and Marjorie Farabee of Wild Burro Protection League 1:00 p.m. Petition De-

# **Come One-Come all!**

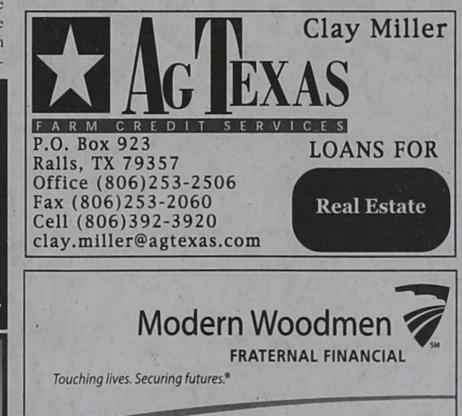
To: Friday Night Fish Fry with Trimmings. January 20, 2012. Garza Co. Trailblazers, Inc. 205 E. 10th Post, TX. 5:00p.m. to 8:00p.m. Carry outs available. \$6.50 a plate.

Fund raiser for Garza Co. Trailblazers, Inc.

Enjoy your golden years! Come join your friends at Cottage

Rick Perry and Lt. Governor David Dewhurst Background: More than 100,000 people have joined a popular campaign on Change. org demanding that Texas wildlife officials stop slaughtering the wild burros of Big Bend Ranch State Park. The campaign on Change. org was launched by Karen Van Atta Luce, a volunteer with the Wild Burro Protection League, after learning that Texas officials were gunning down the small wild donkeys with the intent of eradicating them from the state park. Citing concerns of animal cruelty and loss of an iconic heritage species, the Wild Burro Protection League, with the support of local residents and business owners, is asking Governor Perry to stop the dents and supporters. Where: Ride shootings. "We need to be more responsible land stewards; no one should have the right to wipe out an entire species," said Farabee of the Wild Burro Protection League. "Nor should they have the right to destroy an ecosystem. I don't

League's campaign: http://www. change.org/petitions/texas-stopkilling-wild-burros Additional coverage of the petition delivery at Horseback Magazine: http:// horsebackmagazine.com/hb/archives/13604 For more information on the Wild Burro Protection League, please visit: https://www. facebook.com/Wild.Burro.Protection.League The Wild Burro Protection League is an informal consortium of local citizens, organizations and scientists working together to end the senseless killing of wild burros on Texas state land. The group seeks to use online campaigning to pressure Texas Parks and Wildlife to change their policy of slaughtering wild burros under the vague definition of "invasive species." For more information on Change.org, please visit: http:// www.change.org/about Change. org is the world's fastest-growing platform for social change growing by more than 500,000 new members a month, and empowering millions of people to start, join, and win campaigns for social change in their community, city and country.



# **Joy and Prosperity!**

Wishing you and your family happiness this holiday

# LEGENDS continued from page 8 trict Attorney Cayton was

not seeking the death penalty, and also said that no effort was being made by the prosecution to establish a motive. The following was the last reporting regarding the fate of Earl Smith.

On Thursday March 20, 1952 Headline of The Post Dispatch read:

Earl Smith Acquitted By Jury In Gibson Slaying

Earl Smith 29 year-old oil field worker, was acquitted last Thursday by a Garza County jury of the murder charges filed against him in the connection with shooting of Marshall "Monk" Gibson at a highway café on the night of October 19, 1951.

The jury remained out only a few minutes more than an hour in making its decision. Judge Louis B. Reed read the "Not Guilty" verdict reached by the jury at 5:10 pm. The final decision on the part of the jury drew many involuntary gasps of approval from the packed courtroom as it was read. It also ended the four-day trial, which had gotten underway Monday of last week, following several months of delays. Several people have commented about this story, some say that Earl Smith left town after the trial because some "locals" wanted to do him bodily harm for killing a "hometown" fellow. I wonder; did Miss Noles go with him? See ya next week.

# **Post ISD School Menu:** January 23rd-January 27th

Breakfast: Monday Biscuits, Sausage Link, Fruit, Milk Tuesday Donut, Sausage Link, Fruit, Milk Wednesday Oatmeal, Bacon, Toast, Fruit, Milk Thursday Cheese Omelets, Toast, Fruit, Milk Friday Cereal, Graham, Cracker, Fruit, Juice, Milk Lunch: Monday Popcorn Chicken, Broccoli, Rice & Cheese, Salad, Blushing Pears, Cornbread, Milk Tuesday Pizza, Salad, Corn, Peaches, Milk Wednesday

Offering ...

through the car. ind the iring all red four itnesses noted to Smith.

hat Dis-

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#### Page 10 The Post Dispatch Friday, January 20 2012

# **IRS offers tax-time tips**

DALLAS - The income tax filing season has begun and important tax documents should be arriving in your mailbox soon. Even though your return is not due until April 17, you can make tax time easier on yourself with an early start.

Get Organized

"The first thing you'll want to do is to gather your records and round up any documents you'll need when filing your taxes," said Clay Sanford, an

IRS spokesman in Dallas. "Get into the habit of keeping good records every year-saving receipts, canceled checks and other documents that support income or deductions you're claiming on your return."

Be on the lookout for Form W-2s and/or Form 1099s; you'll need these to file your tax return. If you do not receive your Form W-2 or 1099 by Jan. 31, or your information is incorrect, contact your employer or payer.

#### Use Electronic Filing and **Direct Deposit**

Let Free File do the hard work for you with brand-name tax software or online fillable forms. It's available exclusively at www.irs.gov. Everyone can find an option to prepare their tax return and e-file it for free. If you made \$57,000 or less, you qualify to use free tax software offered through a private-public partnership with manufacturers. If you made more or are comfortable preparing your own tax return, there's Free File Fillable Forms, the electronic versions of IRS paper forms. Visit www. irs.gov/freefile to review your options. IRS e-file is the safe, easy and most common way to file a tax return. Last year, 79 percent of taxpayers - 106 million people - used IRS e-file. Many tax preparers are now required to use e-file. If you owe taxes, you have payment options to file immediately and pay by the tax deadline. Best of all, the IRS issues refunds to 98 percent of electronic filers by direct deposit within 14 days, if there are no problems, and some may be issued in as few as 10 days. If you elect to have your refund directly deposited into your bank account, you'll

receive it faster than a paper

Sanford said there are many options for filing your tax re-

turn. You can prepare it yourself or go to a tax preparer. You

may be eligible for free face-

to-face help at a volunteer site.

Give yourself time to weigh

all the options and find the one

that best suits your needs. The

IRS website at www.irs.gov is

a great place to find everything

you need to file your tax return:

forms, publications, tips, an-

swers to frequently asked ques-

tions and updates on tax law

check in the mail. Get Help

changes. See IRS Publication 17, Your Federal Income Tax, on the IRS website. It's a comprehensive resource for taxpayers, highlighting everything you'll need to know when filing your return.

#### **Check for Errors**

Mistakes slow down the processing of your return. Be sure to double check all the Social Security numbers and math calculations on your return as these are the most common errors. While software catches

and prevents many errors on e-file returns, math errors are still problems on paper returns. Also, paper filers should check the appropriate address where to file in IRS.gov or their form instructions to avoid delays in processing. Fill in all requested information clearly. Make sure the financial institution routing and account numbers entered on the return are accurate. Incorrect numbers can cause a refund to be delayed or deposited into the wrong account. .

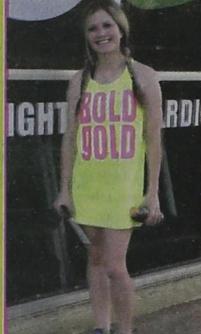


#### Photo By Hanaba Munn Welch

A very slight chance of rain next Tuesday is the only bright spot in the weather outlook for Post and the area. Tracks in the dry bottom of Sand Creek, aptly named, are evidence of some species of wildlife that live in the White River Reservoir area. The artificial lake is a constant source of water in dry times that can be expected to sustain the animal population even if the lake should drop too low to serve participating municipalities that depend on the artificial lake for drinking water.

**Texas Peanut Producers Board** 





more energy now then before I was pregnant." "I love Zumba."

"I'm 18 years old and I love staying in shape by



teaching Zumba It's so much fun"



ZUMBA GLASSES: Mon. & Thurs. 5:15-6:00 p.m. TUGS & FT. 4:15-5:00 p.m.

contact certifice zumba instructor Rionoa Norman: 806-544-4864

# announces biennial elections

kler and Yoakum.

The Texas Peanut Producers Board will be holding an election for four expiring directors' seats through Jan. 23.

There is one seat open in Voting Region 1, which consists of the following 44 counties: Andrews, Bailey, Brewster, Castro, Cochran, Crane, Crockett, Culberson, Dallam, Dawson, Deaf Smith, Ector, El Paso, Gaines, Glasscock, Hale, Hartley, Hockley, Hudspeth, Jeff Davis, Lamb, Loving, Lubbock, Lynn, Martin, Midland, Moore, Oldham, Parmer, Pecos, Potter, Presidio, Randall, Reagan, Reeves, Sherman, Swisher, Terrell, Terry, Upton, Val Verde, Ward, Win-

**GCLA Show is January 21st, 2012 Buyer's Appreciation Dinner Awards Ceremony and Premium Sale is** Thursday January 26th, 2012 at the High School

There are two seats Zapata and Zavala. open in Voting Region 2, which consists of the following 40 counties: Archer, Armstrong, Baylor, Borden, Briscoe, Carson, Childress, Collingsworth, Cottle, Crosby, Dickens, Donley, Fisher, Floyd, Foard, Garza, Gray, Hall, Hansford, Hardeman, Haskell, Hemphill, Hutchinson, Jones, Kent, King, Knox, Lipscomb, Motley, Ochiltree, Roberts, Scurry, Shackelford, Stephens, Stonewall, Throckmorton, Wheeler, Wichita,

Wilbarger and Young. There is one seat open in Voting Region 4, which consists of the following 61 counties: Aransas, Atascosa, Austin, Bee, Bexar, Brazoria, Brooks, Calhoun, Cameron, Chambers, Colorado, DeWitt, Dimmit, Duval, Fayette, Fort Bend, Frio, Galveston, Goliad, Gonzales, Guadalupe, Hardin, Harris, Hidalgo, Jackson, Jasper, Jefferson, Jim Hogg, Jim Wells, Karnes, Kenedy, Kinney, Kleberg, La Salle, Lavaca, Liberty, Live Oak, Matagorda, Maverick, McMullen, Medina, Montgomery, Newton, Nueces, Orange, Polk, Refugio, San Jacinto, San Patricio, Starr, Tyler, Uvalde, Victoria, Waller, Washington, Webb, mark date later than Jan. 23,

Wharton, Willacy, Wilson,

A person is eligible to vote in this board election if he or she is currently a producer of peanuts, or for at least one production period during the three years preceding the date of this election (Jan. 23, 2012), has been a producer of peanuts or has caused peanuts to be produced for commercial purposes. This includes owners of farms and their tenants or sharecroppers that pay the peanut assessment. Any person qualified to vote is also qualified to seek nomination for election to the board as a director. For a producer to vote in director elections, the producer must reside within a county located in the voting region they wish to vote.

Ballots will be available from Texas AgriLife Extension Service offices and peanut buying locations in each of the counties where elections are being conducted. Ballots may also be obtained by mail from the TPPB office through Jan. 23. For a ballot to be valid, it must be mailed to TPPB, 4205 N. I-27, Lubbock, TX 79403, with a postmark date of no later than Jan. 23. Ballots with a post-

# BREAK-INS... continued from page 1

ily."

Electronics, guns and cash are favorite items for burglars, she said.

When Weddle talks, she naturally makes a sales pitch for her product as a very effective for the alarm system -and affordable way to protect a home from the Weddles' customers. break-ins. Security systems have gone down in also be helpful. price over the years, she said.

age middle-class fam- tem when there are plenty out there that do not?" she said, making a case for spending the money to install a system.

Basic systems cost about \$100 to install and carry a monthly charge about a dollar a day for Other measures can

# Cafeteria at 6p.m.

"Install outdoor motion lights," Weddle "Why hit your home said. "Keep your doors, that has a security sys- your windows locked."

# YOUTH... continued from page 1

the parental majority prior to execution.

The organization is currently working for the development of the PYAG Scholarship Foundation and actively offers official volunteer opportunities for high school students wishing to share their knowledge and time with PYAG youth.

The next official meeting of the PYAG Parental Council will convene on January 30, 2012.

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Lobby Hours 9-3 M-F Drive In Hours 9-6 M-F 9-12 Sat

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