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Newsstand Price 50¢

Friday, August 26, 2011

Local business gets a new look and updated features

By Jodi Lincoln
News Editor

Driving on Highway 84 going through Post one would have to be blind not to see the renovations happening at our local supermarket. There has been a lot of speculation on the vestibule being added to the front of the building. The new porch is not the only change happening at United Supermarkets though. Inside the store, many changes have been taking place as well. The new vestibule added 36 linear feet to the store, allowing for them to carry a wider variety of items in the produce section. The whole store has been "reset," meaning that the store has been totally rearranged in a way that provided more space for new items.

In addition to the new vestibule on the store front, the store has all new frozen food cases that will keep frozen food colder and fresher longer. Installation of new dairy cases will also soon be completed. The check-out stands have been updated as well. Once the vestibule has been completed, the store will receive a new store sign. Spokesperson Chris James, Regional Vice President Retail, told us that most of the improvements were completed by August 21st and they hoped to have all the improvements completed by the end of September.

Another improvement implemented in the Post location of United Supermarkets has an honor of distinction. United Supermarkets was the first grocer in Texas to introduce the NuVal™ Nutritional Scoring

System. Shoppers can now find the NuVal™ scores on shelf price tags in all locations of United Supermarkets, Market Street and Amigos United. NuVal™ is an innovative nutritional ranking system that helps shoppers determine nutritional value and make quick and easy nutritional comparisons between foods on supermarket aisles. It serves as a guide to trade up for health, rather than having to decipher all information on the item's nutrition panel. NuVal™ scores are clearly visible on shelf labels, to the right of the price tag, in a double blue hexagon logo. Scores are also found on other in-store signage in virtually every food department.

"NuVal™ is the most comprehensive nutritional scoring system available. Each product's score is determined by the presence of more than 30 nutrition factors including carbohydrates, proteins, fats, cholesterol, sugar and sodium; the higher the NuVal™ score, the better the product's nutrient value," said Tyra M. Carter, PhD, RD, LD, Corporate Dietitian for United Supermarkets. "Developed by an independent panel of nutrition and medical experts from universities and health organizations, the simple NuVal™ system rates foods and beverages on a scale of one to 100. This is not a sales gimmick, as food manufacturers have no say in the scoring system." She went on to say that she has developed many recipes in both her home kitchen and work kitchen using foods bought based on the nutritional information provided through the NuVal™



system. Recipes and monthly articles on NuVal™ can be found at <http://www.united-texas.com> in the Living Well section.

Remember, all food categories do not score as low as one or as high as 100. The higher the score, the better the nutrition. Look for signs on aisles to give you ranges of scores and try choosing a higher-scoring product within that category. Educational NuVal™ brochures are also available in the store to guide you in choosing the healthiest products as you shop. You can use the scoring system to compare nutritional value

across varieties of the same food item, for instance a brand name vegetable versus a store brand vegetable. Or you can use it to compare across categories to help get the best price for your food budget. For example, you may wish to compare frozen, fresh or canned fruit or vegetable. "The NuVal™ system provides our guests with the resource they need to evaluate all kinds of food – from apples to potato chips to yogurt – and fine-tune their family diets to suit their unique taste and nutrition needs," according to Dr. Carter.

Dispatch's Parent Company Building Phone Apps

Blackburn Media Group, Inc., owner of The Post Dispatch, has completed the company's first phone app. The app, belonging to The Childress Index, which is also a BMG newspaper, is available for \$99 at Apple's App Store or iTunes and will be available soon on the Android Market.

"In looking for ways to diversify the company, we've entered the technology arena and developed an affordable concept, especially when compared to what currently exists," said Chris Blackburn, BMG CEO.

"We picked The Chil-

dress Index because it gave us an opportunity to refine our process," Blackburn said. "The time is coming when most of the people in the U.S. will have a smart phone, which is basically a hand-held computer. We think that offers tremendous growth potential."

While the app is live, it will undergo its first update in the coming days.

"We wanted an area on the app for advertising, which will be available via an update for those who already have the app," Blackburn continued.

BMG has been in the development process since

March with the Apple paperwork taking a considerable amount of time. "It seemed like it took forever, but we got it done and it will enhance what The Index and BMG are doing," Blackburn said. "In time we will have an app available for all of our newspapers."

The app is not a substitute for the newspaper or the website. It will be used to inform people between weekly issues and tease upcoming stories.

BMG will now begin selling apps for both the App Store and the Android Market.

"I think we've accom-

plished something unique and it gives us an opportunity to make apps for entities, groups, businesses, etc.," Blackburn said. "We are still working out odds and ends concerning our sales methods and the contractual language, but we will begin selling apps soon."

Blackburn said The Index app should be available on the Android Market within a couple of weeks.

"We chose to go live on the App Store first," Blackburn said. "The process for the Android Market is considerably easier. That's not intended to be a negative toward Apple at all, it's a great company, but they don't let just anybody into their world."



The Childress Index App can be seen on this iPhone on the fourth row, third from left. The app, made by Blackburn Media Group, Inc., of Childress, is available at the App Store on iTunes and will be available soon at the Android Market. BMG will also produce an app for The Post Dispatch.

Fresh Start for Post ISD

By Steffi Kim Scott

Even though it doesn't quite feel like fall weather and there are no leaves falling to the ground, it is definitely that time again. It is back to school time for all students as the new school year begins August 22nd bright and early. Mike Comeaux, Superintendent for Post ISD is ready for a new year, especially with the changes in the school's rankings this past school year from "Recognized," to "Academically Acceptable," due to the changes in the accountability system. This simply makes Comeaux determined and eager to meet the challenges head on and overcome the new changes in the ranking system.

Students in the subjects of math and reading added a commended performance variable that held the entire district to a minimum of fifteen percent commended performance. Post students were at twelve percent in one subpopulation, missing out by only three percent. This factor did not cause Comeaux lose heart; he isn't bellowing or complaining about the changes. Instead, he is on a mission to get his faculty trained and where they need to be for the new school year. According to Superintendent Comeaux, "there also isn't much room for

complaint since our enrollment jumped this year from 730 at the beginning of last school year to 818 at the beginning of this school year, quite an accomplishment for Post ISD. Students who had been enrolled in other districts have moved their enrollments back to our local district, which we are delighted to see happening. "Of course," he went on to say, "There have been some new students moving into our district because their parents have moved to our community as well."

Another exciting program begins this year for the Post ISD with the start of a girls' volleyball team led by Coach Holdman. Superintendent Comeaux told the Dispatch "that the team is looking outstanding, and has improved tremendously in a span of only 7-8 practices, a very short amount of time, but with great results." Comeaux also stated that he is looking forward to a great season with these girls. Although Post will not have a Varsity squad they will have a Jr. High team, JV team and a freshman team. The Bold Gold Antelopes have already started their season off with a win against Ralls here last week.

The Post Dispatch would like to wish all students, parents and faculty members an

Post Notes

Ragtown Gospel Theater starts run of new play Sept. 26th

The new play, Deacon and the Pharisee begins Friday, Sept 26th at the Ragtown Gospel Theater.

The story of Stephen and Saul is one of the most horrifying, yet among the most touching, and uplifting episodes in the Bible. This drama unveils the intrigue that led to the execution of the beloved deacon, Stephen, which would forever plague the heart of the Apostle Paul.

"Deacon and The Pharisee" will be staged only 5 weekends between August 26th and October 1st. There will be no performances over

the Labor Day holiday weekend. Call or go online right away to assure that you get the best seats in the house for this powerfully moving production.

Our online box office is open 24 hours a day CLICK HERE for dates and times, and to purchase your tickets now. Or call 1-877-RAGTOWN.

Post Community Youth

We are ready to start another thrilling year with the Post Community Youth. All youth are invited. As a community youth group many different churches are involved and you do not have to be active in any particular

church to attend. We have been praying that the youth would have a blessed summer and are ready for a great year. We do ask that the adults of our community would be in constant prayer for the Youth group.

The Senior High Youth will meet this year on Wednesdays at 7:00pm. Dinner is available as usual at about 6:45pm. We are looking forward to a great time.

The Junior High Youth begins at 5:45pm. We will be using "The Story" as our basic curriculum this year and we will be hitting the high points of the Bible through-

POST NOTES continued on page 10

The 501

by Hanaba Munn Welch

Business names are like dogs. Sometimes they match their owners.

Those lines sound good. I just wish they made perfect sense. But hang in. A thesis statement could emerge.

Here's the deal: Sometimes people's names fit their professions. You wonder how it happens.

Case in point, I once knew a Dr. Payne. Really. I didn't go to him.

And once there was a produce manager named Parsley. Not many people have last names suited for careers in produce. Mellon almost works, but they're in banking. Could be they started out with one "I" and did very well. There's Turnipseed. I don't know any. Pepper works too. I've met a Pepper. Another good doctor name.

I've always thought if my last name were Knight, I'd learn to fly and establish a flying service called "Fly By Knight," in that order. The logo could be a coat of arms with birds. Or an aluminum armored knight astride Pegasus. Shall we check to see if someone already has stolen my ideas?

INTERNET PAUSE.

Nobody seems to be called "Fly By Knight," but somebody is running "Rust's Flying Service." They take you on fly-fishing trips in Alaska. No kidding. I'd be eyeing the aircraft closely before hopping in for a lake-hopping adventure.

Let's check again. Sure enough, there is a "Fly By Knight." I must have left the "K" off the first time I searched. There's even a "Fly By Nyte."

The logo for "Fly By Knight" is a generic little airplane against a couple of clouds. A missed opportunity.

Meanwhile, what if your last name were Shaw and your parents named you Rick? You'd need to get in shape either to pull or pedal a rickshaw. It's sure enough not a good name for a pilot, doctor or produce manager. Smart alecks would ask where you'd parked your rickshaw. Or whether your rickshaw had wings. Or if your made house calls in your rickshaw. Or used your rickshaw to haul vegetables. How much nicer just to be in the rickshaw busi-

ness and tell them it's around the corner and that you'd be glad to take them for a ride, for a price.

Maybe you think I'm taking you for a ride. I'm not. I just took my own ride in a rickshaw pulled by a guy named Rick, owner of Rick's Rickshaws. I wish I could tell you his last name is Shaw, but I don't think it is. Let's check.

INTERNET PAUSE.

It's Carter. Oh well. ... But wow! It just hit me. "Carter" is perfect! What's a rickshaw if not a cart? And what's somebody in the business of taking folks around in a cart if not a "Carter?" There you have it.

Rick's Rickshaws or Carter's Carts. If Rick Carter is anything, he's professionally binomial.

Professional binomiality. Blessing or curse?

Voila. Our thesis statement.

You did well to hang in - or "hang on," as Rickshaw Rick might say.

Most important, we've named a syndrome. I'd say we've arrived.

So would Rick.

Trailblazers Menu

August 29th-September 2nd

Monday Chicken Spaghetti, Oriental Salad, Garlic Toast, Pine-apple Cake	Cream Peas, Roll, Brownie	Thursday Pork, Chops, Potatoes, Broccoli, Roll, Peach Crisp
Tuesday Ham, Sweet Potatoes,	Wednesday Turkey & Dressing, Mash Potatoes, Green Bean Casserole Roll, Fruit Salad	Friday Fish, Coleslaw, Pinto Beans, Hushpuppies, Jello

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Advtg. Deadline Monday at 5 p.m.

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It is the mission of this newspaper to promote the rights of individuals, guided by the principles so eloquently described in the American Declaration of Independence. The right of life, liberty and ownership of property are the cornerstone for our freedom. Government's sole purpose is to enhance our liberty and freedom. Therefore, we hold every elected and appointed agent of government accountable to that standard.

Member Texas Press Association 2011

SUDOKU

7	8		5					1
			3					
	6	7			8			
2		8	4	7	9			3
	4	2	1				7	8
	3							2
2	5			8		1		7
	3	7		5				
	6			2				5

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Beginner

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	6	3	2	7	4	1	9	8
9	8	2	5	6	1	7	3	4
7		1	4	9	8	3	6	5
2	1	4	1	6	9	5	3	8
8	7	9	3	1	2	4	6	9
3	9	6	7	4	8	5	2	1
6	3	8	1	2	7	9	4	5
4	5	4	7	8	3	9	1	6
1	7	8	9	5	4	6	3	2

ANSWER:

United
Supermarkets

OBITUARIES



TWANALEE McCRARY
Services for Twana Lee McCrary, 73, of Post were held at 2PM Monday, August 22, 2011 in the Hudman Funeral Home

Chapel with Rev. Clayton Pennington of Clyde officiating. Burial in Terrace Cemetery was under the direction of Hudman Funeral Home.

She died Wednesday, August 17, 2011 in Post. She was born October 1, 1937 in Post to Virgil and Lala (Puckett) Teague. She married John McCrary who preceded her in death on October 29, 1995. She was a member of the VFW Aux. for many years. Prior to her retirement she was the director of Meals on Wheels.

Survivors include 2 Sons:

Steve and wife Markay Short of Ovalo, Texas and David Mark Lee of Norcross, Georgia, 2 Brothers: Bobby Pennington of Tuscon, Arizona and Rev. Clayton Pennington of Clyde, Texas, 5 Grandchildren: Cassie and husband Randal Petty of Westbrook, Texas, Casey and wife Mindy Short of Post, Rilely Short of Tatum, NM, and Shawn and Luke Galovich of Ovalo, and 4 Great Grandchildren.

She was also preceded in death by a son: Mike Short on November 16, 2002.



Sandra Bernice Gary, 64, a loving mother, sister, and grandmother passed away, August 9, 2011 in Fort Worth, Texas. There will be a private memorial service for her.

She was preceded in death by her sister, Barbara Kay Gary, and her parents, Roy and Hazel Hubble Gary.

Survivors include her daughters, Pam Ryan and husband Matt of Lubbock, Heidi Nivens and husband Mickey of Stephenville; siblings, Ray Gary and wife Wanda of Camarillo California, Frank Gary and wife

Marie of Rohnert Park, California, Susan Fumagalli of Puyallup, Washington; grandchildren, Leesha Smith of Lubbock, and Zac and Dalton Nivens of Stephenville; and numerous nieces, nephews, and friends.

Sandy was born in and grew up in Post. She participated in FHA, was a basketball manager, worked at the local Dairy Mart, and loved hanging out with her girlfriends. She spent the rest of her life living in Albuquerque, Lubbock, and Stephenville where she worked in the bookkeeping field. She loved to call herself a "nomad" because she loved moving. Friends attest that Sandy was a true friend, always available for a long chat and always willing to hear the stories of praise about other people's children and grandchildren. For her siblings, she was the melodic voice over the phone who tried

to keep them all connected. For her daughters, she was the rock who worked hard to make their lives pleasant, and was never too tired to be a companion on a shopping trip, babysit a grandchild, or commiserate or rejoice in the daily toils of life. For her grandchildren she was their Nama, always up for a game of Skip-Bo, a trip to Sonic or the Dollar Store, a silly joke, and a sweet "I wuv you." Her friends and family will remember her for her generous praise, her encouraging words, her good home cooking, her feisty spirit, and her love for all of them. We will miss her dearly.

In lieu of flowers, the family has requested donations to Odyssey Hospice at 6940 River Park Circle, Fort Worth, Texas, 76116 or Harris Methodist Hospital Charity Fund at 1301 Pennsylvania Avenue, Fort Worth, Texas 76401.

Southland ISD School Menu

Breakfast Menu for Aug. 29 - Sep. 2 Monday Pancakes, Sausage Fruit, Juice, Milk	Milk Friday Biscuits & Gravy, Sausage, Jelly, Fruit, Juice, Milk	Toast, Milk Wednesday Nachos Grande, Lettuce & Tomato, Orange Smiles, Yellow Cake, Milk
Tuesday Eggs, Bacon, Toast, Fruit, Juice, Milk	Lunch Menu for Aug. 29 - Sep. 2 Monday Pizza, Corn, Tossed Salad, Sliced Peaches, Milk	Thursday Chicken Nuggets, Mashed Potatoes, Green Beans, Hot Roll, Fruited Gelatin, Milk
Wednesday Breakfast Bar, Yogurt, Fruit, Juice, Milk	Tuesday Stuffed Baked Potato, Carrots w/Ranch, Fresh Fruit, Texas	Friday Chili Dog, Tator Tots, Broccoli w/ Ranch, Sparkly Apple, Rice Crispy Treat, Milk

Post ISD Menu

Breakfast Menu August 29 th -September 2 nd Monday Waffles, Sausage, Butters & Syrup, Fruit Milk	Monday Popcorn Chicken, Mac, & Cheese, Salad, Pars, Milk
Tuesday Muffin, Sausage Link, Fruit, Milk	Tuesday Pizza Choice, Salad, Orange Smiles, Gingerbread, Milk
Wednesday Malt-O-Meal, Sausage, Toast, Fruit, Milk	Wednesday Frito Pie, Broccoli, Western Beans, Cornbread, Cookie, Milk
Thursday Pop Tarts, Sausage Link, Fruit, Milk	Thursday Fajitas, Spanish Rice, Refried Beans, Onions & Peppers, Sherbet Cup, Milk
Friday Cereal, Graham Cracker, Fruit, Juice, Milk	Friday Chicken Burger, Tater Tots, Baked Beans, Fruit Cocktail, Milk
Lunch Menu August 29 th -September 2 nd	

AG TEXAS Farm Credit Services
Clay Miller
P.O. Box 923
Ralls, TX 79357
Office (806)253-2506
Fax (806)253-2060
Cell (806)392-3920
clay.miller@agtxexas.com

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A SHORT STORY ABOUT A MOTORCYCLE AND A SUDDEN TURN.

When she was a young college student, Elisabeth Marra had a serious motorcycle accident that ultimately changed her life. Two years after the crash, her painful open fractures had failed to heal. Then she heard about a new and complex surgery pioneered by a surgeon who used a patient's own stem cells to concentrate the healing process. This time, her surgery and subsequent therapy were successful.

Elisabeth's experience caused her to redirect her own career aspirations. Inspired by the medical professionals who helped her reclaim her active lifestyle, she changed her major to study physical therapy—a profession where her own experience could help other patients prevail through difficult recoveries.

We tell Elisabeth Marra's story here to illustrate two of the most profound messages we know. Don't give up, and remember to give back. If reading it inspires just one more person to achieve something special, then its telling here has been well worth while.

American Academy of Orthopaedic Surgeons
AAOS
CELEBRATING HUMAN HEALING
orthoinfo.org

Sweet Deal

ALL!! McCafe Drinks \$4.00 off

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I'm lovin' it!

Hudman Children Compete in Barrel Racing Competition

By: Steffi Kim Scott

Kohen and Kyna Hudman, the seven year old children of Richard and Lichele Hudman attended the 26th Annual Ogden 8 and Under Barrel Race in Andrews, Tx on August 12-14.

A gentleman named Corky Ogden started the event years ago. One day Mr. Ogden noticed that there were no barrel races that were suitable for the younger riders so he started the annual event and from that day forward his family has continued on with the tradition. The Ogden 8 and Under is a chance for young children from the surrounding states to meet one another and have a great time playing after a day filled of competitive barrel racing.

Approximately fifty competitors under the age of 8 each ran two go-rounds in the weekend activities. The rider with the lowest accumulated time wins a champion trophy and saddle every year. Both Kohen and Kyna rode their beloved horse Cowboy. They both improved their times on the second day of competition, and also got to enjoy grooming, feeding and decorating Cowboy.

Although they did not take home the championship trophy and saddle, they were presented with new feed scoops, halters and over-reach boots in the closing awards.

Besides barrel racing Kohen also enjoys swimming, Cub Scouts and baseball. Kyna enjoys swimming, gymnastics and tee-ball.

All in all Kohen and Kyna Hudman had a great time at this year's barrel racing competition in Andrews and their grandparents, Curtis and Julie Hudman got to accompany them on this trip.



Kyna Hudman riding shared pony Cowboy as she competes in the 26th Annual Ogden 8 and Under Barrel Race in Andrews, Tx

Courtesy Photo



Kohen Hudman riding Cowboy as he competes at the 26th Annual Ogden 8 and Under Barrel Race in Andrews, Tx.

Courtesy Photo

Close City (Ragtown) & Garlynn Reunion

The 2011 Close City - Garlynn Reunion was held at Chapa's Restaurant, August 13th with 41 in attendance. The Garlynn Reunion was started in 1982 by Mr. Eldon Roberts, and the Close City/Ragtown Reunion in 1983, they were combined a year or two later. This year there were 2 in attendance over 90 years of age: Eldon Roberts, Abilene; Odee (Roberts) Kemp, Post. There were several over 80 years of in attendance. We all enjoyed the visits and laughter, and birthday wishes. In attendance this year: D.R. Adamson, Tahoka, Linda Runkles (Livingston), Midland, Dee Hodges, Post, Odee Kemp, (Roberts), Post, Beth Cook, (Kemp), Post, Johnny Kemp, Post & family (Katie Kemp Magby, Gage Magby, Garon Magby, Gray Magby, Blake Magby, David Stachelski, & Nancy Kemp), Ruby Mason, Earth, Bunny Smith, Post, Billie Cross, Post, Ann Teaff, Emory, Oneta Gunn, (Jones), Post, Ruth Mathis, (Robinson), Floydada, Donna Harmon, (Mathis), Floydada, Eldon Roberts, Abilene, James & Gaye Morris= Griffith, (Roberts), Pauline Mathis, (Thompson), Mr. & Mrs. Neal Clary, LaVerne Aten, (Fur), Robert Craig, Patsy Craig, (Shults), Ann Adams, (Roberts), Marilyn Mason, (Curry), Jody Mason, John & Joyce Shults, Tommy Young, Harry & Nelda Smith, Charles Morris, Joy Smith, and Miriam O'Neal, (Smith). The next reunion is scheduled for the third weekend in August, 2013.

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Early Holiday Deadlines

Due to our office being closed for the Labor Day holiday weekend, we will have early deadlines for our **ADVERTISING and EDITORIAL**

For the Sept. 8th issue only

Advertising and Editorial deadlines are Friday, noon September 2nd

Thank you for your cooperation and patience

-The Staff At

The Post Dispatch

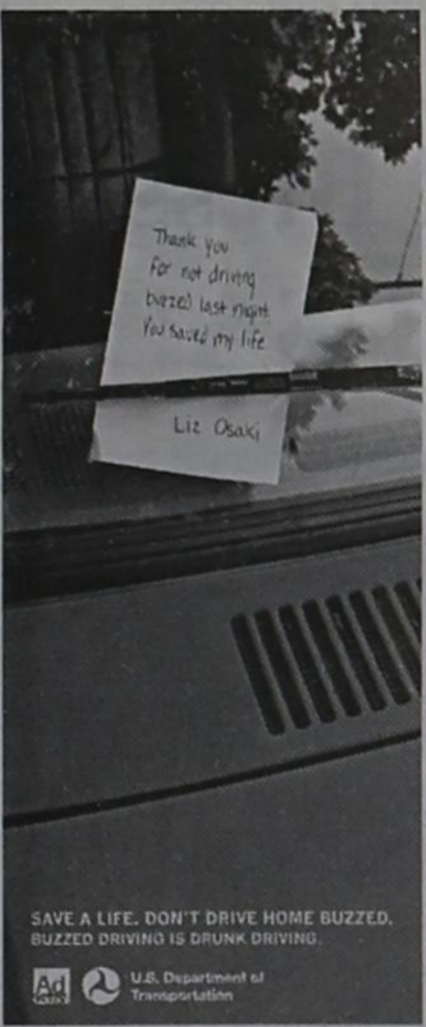
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2011 Post Rotary Club - 1st Annual

Smokin' in the Park

Barbecue Cook Off
Post City Park
September 2 & 3rd, 2011

Entry Fee - \$100 for all three meats
Brisket - Pork Spare Ribs - 1/2 Chicken
Guaranteed payouts - Grand Champion \$500, Reserve Grand \$250, First Place Each Division \$250, Second Place Each Division \$150, Third Place Each Division \$100
Jackpot Beans - \$10 Entry with 50/50 prize

No electrical or water hookups - Trailers/RVs must be self contained
Bring the family! Post Trade Days weekend, Tower Theater, Garza Theatre

Registration Form

Team Name: _____
Head Cook: _____ Assistants: 1. _____
Address: _____ 2. _____
City: _____ 3. _____
Phone Number: _____ 4. _____
Email: _____

Categories Entered (Check all that apply):
 Beef (Brisket only) Pork Ribs (No Baby Back)
 1/2 Chicken Jack Pot Beans

Check or money order for full amount must accompany entry form.
Mail to:
Rotary Club of Post
P.O. Box 622
Post, Texas 79356

For more information contact Dave Tyler - 806-786-5137 or rotaryclubofpost@gmail.com

Registration will be accepted until cooks meeting.

Sanctioned by **LONESTAR BARBECUE SOCIETY**

50-212 (Rev. 08-09-10)

2011 **Property Tax Rates in GARZA COUNTY HEALTHCARE DISTRICT**

This notice concerns 2011 property tax rates for GCHCD. It presents information about three tax rates. Last year's tax rate is the actual rate the taxing unit used to determine property taxes last year. This year's effective tax rate would impose the same total taxes as last year if you compare properties taxed in both years. This year's rollback tax rate is the highest tax rate the taxing unit can set before taxpayers can start tax rollback procedures. In each case these rates are found by dividing the total amount of taxes by the tax base (the total value of taxable property) with adjustments as required by state law. The rates are given per \$100 of property value.

Last year's tax rate:	
Last year's operating taxes	\$ 638,864.00
Last year's debt taxes	\$ 0.00
Last year's total taxes	\$ 638,864.00
Last year's tax base	\$ 858,919,930.00
Last year's total tax rate	\$.07438 /\$100

This year's effective tax rate:	
Last year's adjusted taxes (after subtracting taxes on lost property)	\$ 638,864.00
+ This year's adjusted tax base (after subtracting value of new property)	\$ 860,205,881.00
+ This year's effective tax rate	\$.07426 /\$100

(Maximum rate unless unit publishes notices and holds hearings.)

In the first year a hospital district or city collects the additional sales tax to reduce property taxes, it must insert the following lines unless its first adjustment was made last year:	
- Sales tax adjustment rate	\$ /\$100
= Effective tax rate	\$ /\$100

This year's rollback tax rate:	
Last year's adjusted operating taxes (after subtracting taxes on lost property and adjusting for any transferred function, tax increment financing, state criminal justice mandate, and/or enhanced indigent health care expenditures)	\$ 638,864.00
+ This year's adjusted tax base	\$ 860,205,881.00
= This year's effective operating rate	\$.07426 /\$100
x 1.00 = this year's maximum operating rate	\$.08020 /\$100
+ This year's debt rate	\$ 0 /\$100
= This year's total rollback rate	\$.08020 /\$100

A hospital district or city that collects the additional sales tax to reduce property taxes, including one that collects the tax for the first time this year, must insert the following lines:	
- Sales tax adjustment rate	\$ /\$100
= Rollback tax rate	\$ /\$100

For a taxing unit with additional rollback rate for pollution control, insert the following lines:

+ Additional rollback rate for pollution control	\$ /\$100
= Rollback tax rate	\$ /\$100

Statement of Increase/Decrease

Property Tax Form 50-179

GCHCD adopts a 2011 tax rate equal to the effective tax rate of \$.07426 per \$100 of value, taxes would **DECREASE** compared to 2010 taxes by \$ \$76.00

In and Around Close City

by Traci Freeman

Hello everyone...hope your having a good week, been a pretty good one out here. I know most of us are trying to get back into our daily routine with school starting and all. I know this getting up an hour earlier is bout to get to me and it's only been a week! Anyone that knows me knows that I am not a morning person; just ask the farmers out here...most of them refuse to talk to me till at least 9 a.m. and I've had my glass of tea. LOL

Dan'l and Kayla(Morris) Richardson who live in Virginia said they felt the earthquake that hit the area on Tuesday; kinda strange a good 'ol west Texas couple gets to experience an earthquake and watching a hurricane headed their way all in one week ... Kayla says she misses the peacefulness of west Texas. Ronnie Graves said Russell and Donna who live in the area too also experienced it. We are so thankful they are all ok ...

Trevah, mom and I had lunch at George's on Monday with Aunt Niece, aka...Jeniece Reno. Her and Uncle Harold live in Brownwood and had been her visiting with family. For anyone who might have been in the restaurants the same time we were,

sorry if we were a little loud. We had the best time...that woman can make the grouchiest person laugh! Love you, Aunt Niece!

Its been kinda quiet out here this week, not much else going on, remember to call me or email me at close.city.coop@pcca.com with all your news and keep praying for this drought to end.

Did you know

Cotton has been cultivated in many different parts of the world for more than 5,000 years.

Get Wells

For anyone who may be feeling a little puny.....get to feeling better!

Happy Birthday this week

August 26th - Laura Carter; Lee Norman
 August 28th - Janie Norman Stach
 August 29th - Cecilia Contreras
 August 31st - Mikey Gonzales; Robbie Freeman

Anniversaries this week

September 1st - Danny and Susan Gonzales

Visitors

Grant Bright, Brad Pitts, Vee Oden, Kristi, Dylan and Rylan were our visitors this week.

Ya'll come see us now....remember we have the cheapest snacks and drinks in the county!

Don't forget to check out our page on Facebook under Close City Community. Feel free to write on our wall or post pictures. It's a fun place to keep up with friends and happenings

Ragtown folks in the nursing homes we need to remember are ... Marj Caffey in Marble Falls; Doug and Claudine Tipton; Carmen Abraham; Jean Tipton in Robert Lee; Jewel White in Lubbock. Others are, Mack Ledbetter in Slaton; Doris Wilson in Castorville; John and Mary Gist in Lubbock; Lula Jo Stewart also in Lubbock. **Please let me know if there is anyone I need to add to this list.**

EYI

You can now get your cookbooks and T-shirt order forms at CoCara's and Caprock Heirloom downtown Post, stop in and pick one or two up, they make great gifts and keepsakes!

Everyone have a great week, be safe, come see us and keep rain and our troops in your daily prayers and send me your news! See ya next week.

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Weekly Inspirations

A Quiet Witness

Read Philippians 3:12-17

Remember your leaders, those who spoke the word of God to you; consider the outcome of their way of life, and imitate their faith.

Hebrews 13:7 (NRSV)

SINCE I was a small boy, my mother has read The Upper Room each day. Occasionally I read it also. One witness I can remember from my childhood was about Frank Ryan, quarterback of the Cleveland Browns football team in the early 1960s. The Browns were my favorite professional team, and Frank Ryan's willingness to witness to his faith left a lasting impression on me. When I left home to attend college, my mother faithfully sent me The Upper Room every two months. After I graduated, she continued sending it over the next 10 years as I went through several job relocations.

During those years I got into the habit of reading the meditations daily, even though my mother never preached to me about it. She never knew whether or not I read the magazine.

Now that I am a member of a church that supplies The Upper Room, my mother no longer has to mail them to me. But I realize how important her example and persistence were in building a discipline of Bible study and prayer in my life. I want to be the same example for my children and for people I meet.

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work."

2 Timothy 3:16-17

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 Phone: 325-573-6374

Devotional Page and Church Directory brought to you by advertisers on this page

Church Directory

Assembly of God		Church of Christ	
Bethel Assembly of God (Bi-Lingual)	407 May St.	Graham Chapel Church of Christ	15th & Ave. S
Lifeline Church	108 N. Broadway	Church of God	
Baptist		Church of God of Prophecy	602 W. 14th, 495-3644
Calvary Baptist Church	210 E. 6th, 990-2342	Power House Church of God and Christ	Pine Ave.
First Baptist Church, Post	402 W. Main St. 495-3554	Disciples of Christ	
First Baptist Church, Wilson	806-628-6333	First Christian Church	812 W. 13th, 495-3716
Grace Baptist Church	820 N. Ave. S 990-3497	Evangelical Methodist	
Methodist		Faith Chapel	1105 Green St., Wilson (806) 628-0018
Justiceburg Baptist Church	Justiceburg	Non-Denominational	
Pleasant Home Baptist Church	E. 14th & N. Ave F	Family Harvest Church	111 N. Avenue I, 495-1400
Pleasant Valley Baptist	Hwy 84 & N. 399 (806) 828-4174	Caprock Springs Fellowship	12th & Ave. I 495-2171
Southland Baptist Church	Southland	Presbyterian	
Templo Bautista	315 W. Main	First Presbyterian Church	910 W. 10th, 495-2135
Trinity Baptist Church	915 N Ave O, 990-3038	Church of Christ	
Catholic		Church of Christ	108 N. Ave. M, 495-2326
Holy Cross Catholic Church	Ave. K and Main St., 495-2791		

And thou shalt love the Lord thy God with all thine heart, and with all thy soul, and with all thy might.

Deuteronomy 6:5

Visit any one of these businesses and churches and you will find wonderful Post City people and those who support Post.

Hunter Education Course Set Host Families Needed in Post

Post—A hunter education class has been scheduled for August 27 and 28, beginning at 8am at the Post High School cafeteria, according to Drew Spencer, Garza County Game Warden and Hunter Education Instructor. Spencer adds that the class each day will run until 5pm, with students allowed an hour and a half lunch break each day. Students will be required to attend class both days.

According to the Texas Parks and Wildlife Department, if you were born on or after September 2, 1971, and you are:

under 9 years of age, you must be accompanied, or age 9 through 16, you must successfully complete a hunter education course, or you must be accompanied, or

age 17 and over, you must successfully complete a hunter education course; or purchase a "Hunter Education Deferral," and you must be accompanied.

Spencer points out that

"accompanied" means: by a person who is at least 17, who is licensed to hunt in Texas, who has passed hunter education, or is exempt (born before September 2, 1971), and who is within normal voice control. Proof of certification or deferral is required to be on your person while hunting.

However, any individual may take the course on a voluntary basis and is encouraged to attend regardless of requirements, according to Spencer.

"The course is open to adults and youngsters and will include instruction in modern firearms and primitive sporting arms handling and safety, outdoor responsibility and ethics, laws and regulations, wildlife conservation and management, hunting traditions, field care of game and wilderness first aid and survival," Spencer added. "We will have an excellent group of hunter education instructors teaching this course.

Borden County Game Warden Brent Tucker and other nearby game wardens will be teaching certain parts of the course, each bringing unique experiences, stories, and knowledge with them."

The minimum age for certification is 9 years and cost is \$15. Students 9 years of age or older successfully completing the course will be issued a "Temporary Student Card" at the end of the course. Students will then receive an original "Hunter Education Certificate" from Texas parks and Wildlife after processing the paperwork. Those less than 9 years of age will receive a "Certificate of Attendance," but must take the course again after turning 9 for proper certification.

To register for the course, please contact Drew Spencer at (806) 773-4179 or Texas Parks and Wildlife Department at (800) 792-1112, (512) 389-4999, or the Website at www.tpwd.state.tx.us/learning/hunter_education.

Post, TX, July 15, 2011 – In August, Academic Year in America (AYA) is looking for Post families to host high school exchange students from all over the world.

This year, AYA is bringing hundreds of high school students to the U.S. to learn about American culture while living with volunteer host families and studying at high schools across the nation. American families have the unique opportunity to learn about the student's culture during this mutually rewarding exchange.

AYA can help families find the ideal student for their home. The result is an enriching, lifelong relationship with a young person from abroad. In addition, for families looking to learn more about a specific culture or language, hosting a student is a fantastic way to experience the world without leaving home.

Students are ages 15 to 18 and arrive with full medical insurance, spending money, and the hopes of experiencing life in America

through the eyes of a caring host family. The students stay with their host for five or 10 months and attend the local high school.

Who can host a student through AYA? According to AYA Director Melanie French, an important aspect of the AYA program is that there are many types of people who can host.

"Just as there is no typical American family, there is no typical host family," states French. "Retirees, single parents and young couples are all able to give an international student a good home. Some host families may not even have children of their own. Bringing a student into your home can mean giving the gift of culture to yourself, your family, your community - whomever would benefit from exposure to a new culture."

To learn more about hosting an exchange student with AYA, call Stella at (800) 322-4678, ext. 5164, or email aya.info@aifs.org. Visit AYA on the web at www.academicyear.org.

15th Annual Labor of Love Blood Drive

(Post) Mix 100 and United Blood Services invite all Post donors to be part of the 15th Annual Labor of Love Blood Drive. This year's drive for the Post community will be on Friday, September 2nd from 2:00- 7:00pm at United Supermarket.

Each donor will receive a 15th Annual Labor of Love T-

shirt, a free appetizer to Zio's, and will be registered to win a \$500 shopping spree. Also, every day one lucky donor will win an Apple iPad!

Each year leading up to the Labor Day weekend, the community blood supply is spread very thin. With more people traveling, more blood transfusions will be needed!

Donor requirements are simple. Be at least 16 years of age and be in good health. For an appointment call 1-800-333-6920. Walk-ins are also welcome.

Find the Hero in You. Join the 15th Annual Labor of Love Blood Drive and donate at least 3 times a year.

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2 Bedroom, 1 bath house approximately 1,000 sq. ft. Great investment or starter home. 511 W. 15th St. Post, TX

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Lake Alan Henry:

1. Conservation pool elevation - 2220.00 feet above mean sea level

2. Elevation - 2213.77 feet,

6.23 feet below conservation pool elevation

3. Water Temperature 87 degrees Fahrenheit

4. 2011 cumulative precipitation - 0.93 inches

5. 2011 cumulative evaporation - 117.95 inches

Post Classifieds

Personal
Post Group Alcoholics Anonymous 10th and Avenue K, behind United Supermarket Tuesday night, 8 p.m. Book Study Thursday night, 8 p.m. Closed Meetings For more info: 806-781-1156 or 806-495-5371 Monday, 8 p.m., Community Recovery Center, 405 S. Ave. C. For more information about the Monday meeting, call 495-3173.

Al-Anon
Family Group meeting meets Monday at 7 p.m., Historic Presbyterian Church, 10th & Ave. K, behind United Supermarket. For more information call 495-3053.

The Safe and Serene NA Group of Post now meets on Fridays at the Community Recovery Center, 405 S. Avenue C. For meeting information please contact: Miranda at 806-632-7367.

Help Wanted
My Special Place is now accepting enrollment for the 2011-2012 school year. We accept children ages 6 weeks to 13 years and are a CCS provider. We provide full-time, part-time and after

Call our 24 hour Credit Hotline to see if you qualify for a new home loan. 806-894-3883 or 800-375-8739.

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Casa Mobile 2011 16' deaicho tiene 3 Recamaras y 2 Danos \$255.51 por mes con \$1500 de entre. Llame a Rene a 800-630-3515 Fince \$29,900 e page el lipico 91/2 240 mesas con credito aprobado. RB11394

school care to satisfy any of your child care needs. Please come by our facility located at 111 N. Ave H or call 806-495-3446 to enroll your child today.

Help Wanted: Part-Time care giver. Good hourly wage. Call 806-495-2858.

Garza Central Appraisal District will accept applications for depository services contracts. Interested parties must submit proposals before 5:00p.m. on August 31, 2011. Proposals may be delivered or mailed to Garza Central Appraisal District, 124 East Main, P.O. Drawer F, Post, Texas 79356. The Appraisal District will review the proposals at the Board meeting in September 2011. The governing body reserves the right to accept or reject any or all proposals.

Needed: Full time night RN for 12 hr shifts

You will love working in our 24 bed hospital. We have an excellent nurse to patient ratio, and a friendly medical staff. These positions require someone who is self-motivated and self reliant, with basic computer skills. We offer good benefits and a retirement plan. Please submit applications to Melissa Shirley in Human Relations. You can download the application online at www.lchdhealthcare.org or pick up one at the hospital.

Lynn County Hospital District P.O. Box 1310/2600 Lockwood Tahoka, Tx. 79373

Garage Sale
Moving Sale: Lots miscellaneous for sale. Five years of collecting. 103 S. Av S. garage, South side of house. August 26th-27th 8:00am-5:00pm.

Yard Sale: 416 W. 13th. Saturday, August 27, 11 7:00am-12:pm. All clothes 50.

Bun and thigh Rocker for sale \$60.00. (806) 495-0583

Services
Brush Clearing: CRP and general brush clearing. \$100 per machine hour, no hauling fees over 50 hours! Call 325-236-2417 www.sepcaservices.com

Do you need help with house cleaning? We clean homes, offices, and businesses. Honest, reliable and dependable. Excellent references upon request. Call

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495-3987 or Kim 806-543-1055.

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Management and Training Corporation is currently seeking qualified candidates for the following position:

Correctional Cook Officer

You will be responsible for the preparation of all facility meals with accordance with pre-planned menus in compliance with MTC and Federal Bureau of Prisons directives. Requires a High school diploma or equivalent and six months experience required. United States Citizenship required. Valid driver's license in the state of Texas with an acceptable driving record required. Unless waived by management.

For a Challenging career, great rewards, excellent salary and benefits, please apply online @ www.mtctrains.com.

If you have any questions contact Human Resources, Giles W. Dalby Correctional Facility at (806) 495-2175 ext 232. Deadline Tuesday, August 30, 2011 at 5:00p.m. EOE

Now Accepting Applications

Post Housing Authority is now accepting applications for two and three bedroom units.

For information on qualifications, please call 495-2233

or come by office located at 709 Caprock Drive.

Office hours are 8:00 AM - 12:00 Noon and 1:00PM - 5:00PM Monday - Friday

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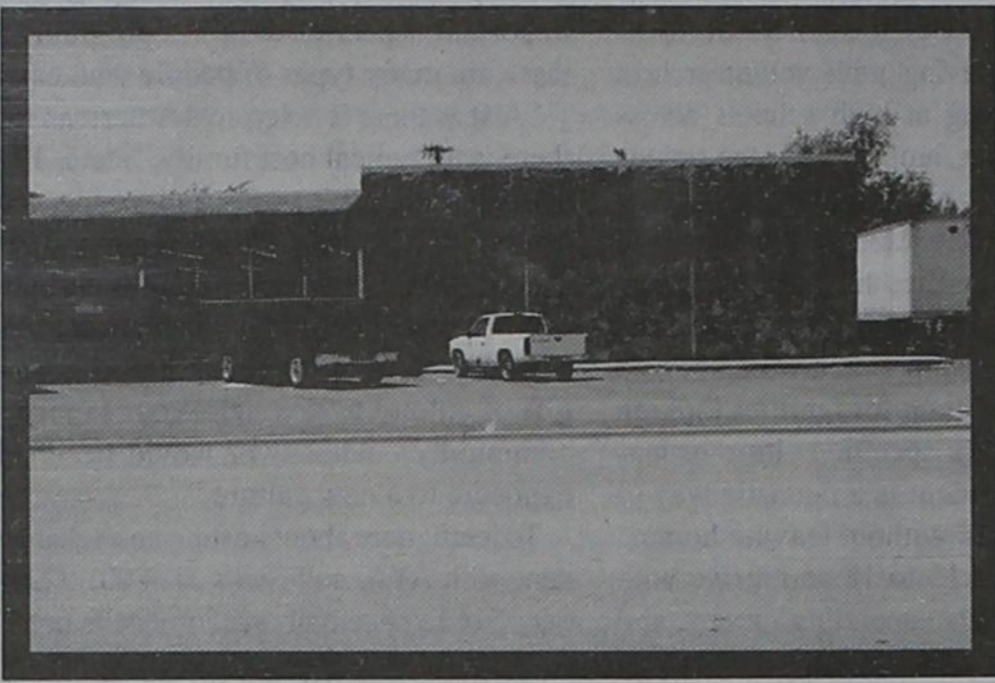
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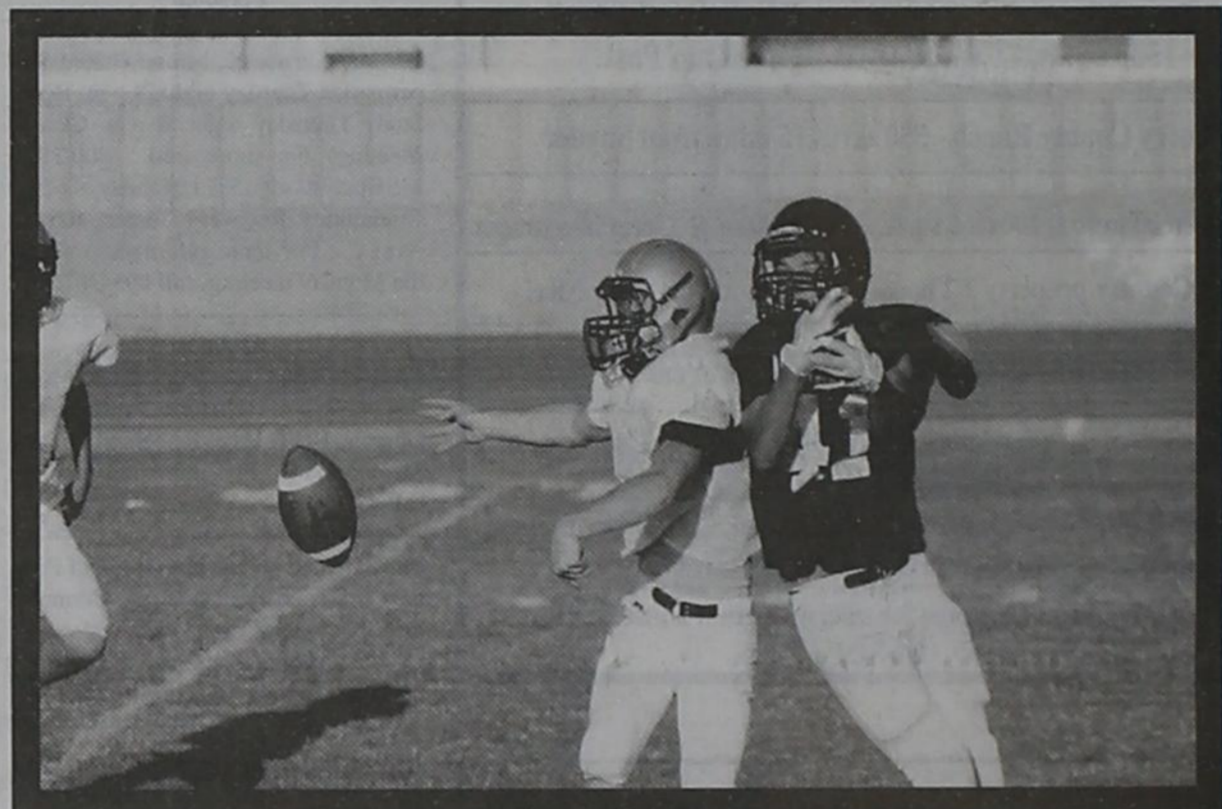
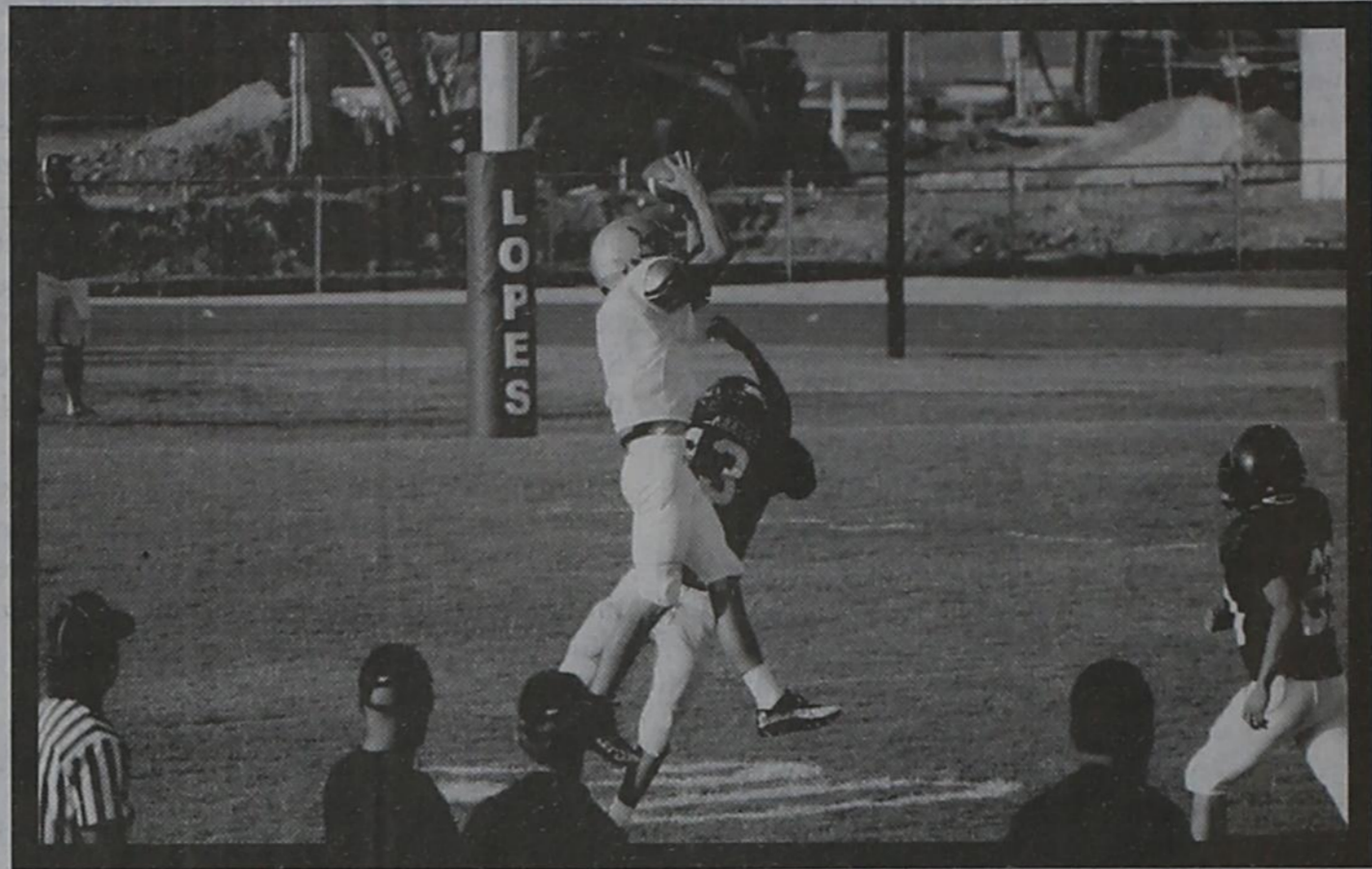
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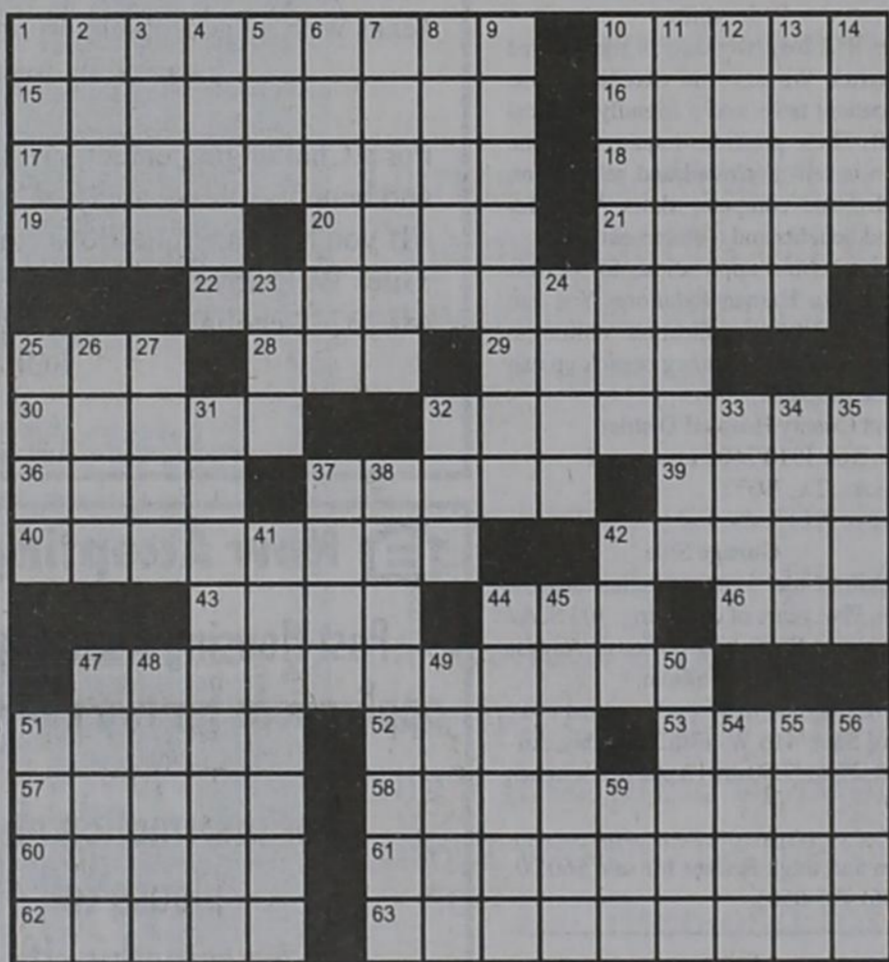
Justice-Mason Funeral Home

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CLUES ACROSS

1. Site of 1956 Summer Games
10. Sorcerers
15. Once more (2 wds)
16. Related maternally
17. Suspends in the air
18. Full range
19. "-zoic" things
20. Cutlet?
21. Litmus reddeners
22. Renal calculus (2 wds)
25. "Gimme ___!" (start of an Iowa State cheer) (2 wds)
28. Dust remover
29. Clickable image
30. Present
32. Intermittently (3 wds)
36. Computer info
37. Despot's duration
39. Length x width, for a rectangle
40. Female employee (2 wds)
42. Academy Award
43. Dressing ingredient
44. Juliet, to Romeo
46. Absorbed, as a cost
47. Unrestrained
51. Kiss
52. Charged particles
53. Alternative to acrylics
57. Express
58. Italian restaurant
60. Change, as a clock
61. Having high regard
62. Amount of hair
63. Female clairvoyants

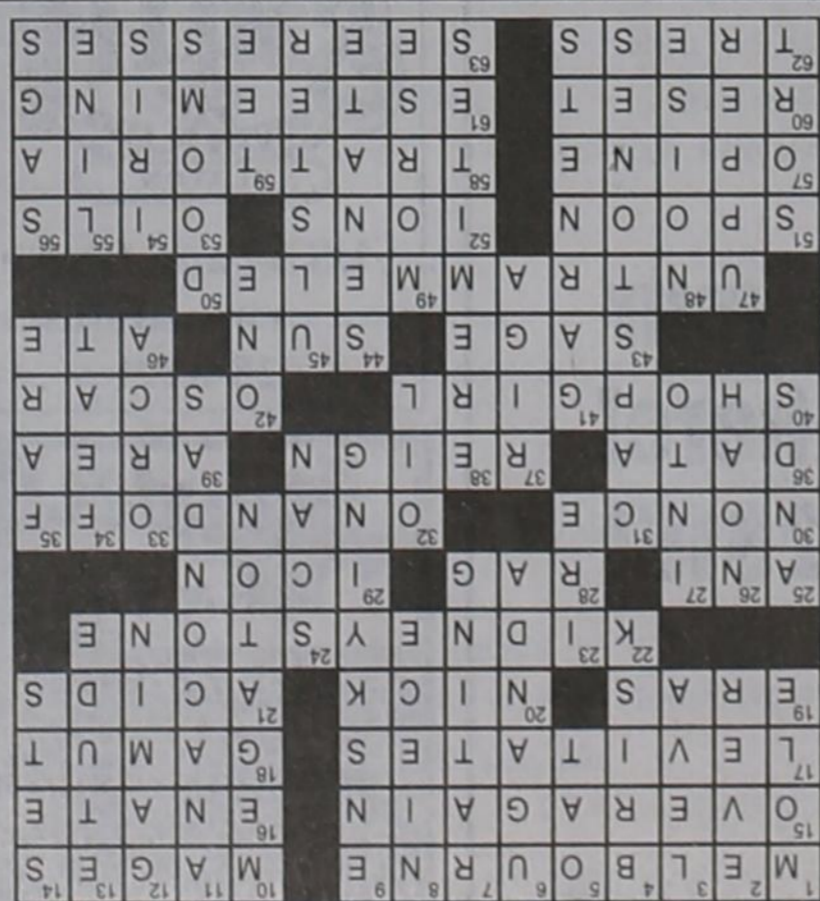


CLUES DOWN

1. Blemish
2. "... happily ___ after"
3. Bulgarian units of money
4. Lively
5. ___ grass
6. Land on Lake Victoria
7. Popularity of TV program based on audience poll
8. Bridget Fonda, to Jane
9. Lifting to heaven with praise
10. Measure of explosive power
11. Tropical constrictors
12. Street urchin
13. Short composition for a solo instrument
14. Adjuvs, as a clock
23. Anger
24. Computer picture
25. "No ifs, ___ ..."
26. Wyle of "ER"
27. "What's gotten ___ you?"
31. Crowning achievements
32. Black gold

33. Boat in "Jaws"
34. Accomplishment
35. Charge
37. Baltic capital
38. Religious recluses
41. Dark red gemstones
42. "___ moment"
44. Kind of seat
45. Heavy overcoat
47. Certain berth
48. Bing, bang or boom
49. 1962 and 1990 Tony winner
50. Sentences
51. Breed
54. Western blue flag, e.g.
55. Ancestry
56. Declines
59. Athletic supporter? (golf)

PUZZLE SOLUTION



CITATION BY PUBLICATION - TRC 109 & 114

Cause No. 11-05-06580

JACOB MEADOR X IN THE 106TH DISTRICT COURT
VS. X OF
MORGAN COOK X GARZA COUNTY, TEXAS

TO: MORGAN COOK, Defendant- GREETING

NOTICE TO DEFENDANT: "You have been sued. You may employ an attorney. If you or your attorney do not file a written answer with the clerk who issued this citation by 10:00 a.m. on the Monday next following the expiration of 42 days after the date this citation was issued, a default judgment may be taken against you."

You are hereby commanded to appear by filing a written answer to the Plaintiff's Petition at or before 10:00 o'clock A.M. on the Monday next after the expiration of 42 days after the date of issuance of this citation before the Honorable District Court of Garza County, at the Courthouse in said County in Post, Texas. Said Plaintiff's Petition was filed in said court on the 20th day of May 2011 in the above entitled cause.

A brief statement of the nature of this suit is as follows, to-wit: Defendant did operate said vehicle in violation of various civil and/or criminal statutes of the State of Texas, as is more fully shown by Plaintiff's Petition on file in this suit.

Issued and given under my hand and seal of said Court at Post, Texas this 11th day of August 2011.

Attorney for Plaintiff:
Ted A. Liggett
1001 Main, Suite 300
Lubbock, TX 79401

Clerk of the Court:
Jim Plummer
P. O. Box 366
Post, TX 79356

By *Jim Plummer* Deputy

OFFICER'S RETURN

Came to hand on the 15 day of August 2011 at 8:46 o'clock A.M. and executed this citation by delivering the same to the Post Dispatch, a newspaper published in the County of Garza, State of Texas, to be published four times, once in each week for 4 consecutive weeks. Said publications were made respectively on the: 8/19/2011, 8/25/2011, 9/1/2011, 9/7/2011

the first publication to begin at least 28 days before the return day hereof. A printed copy thereof will be returned to the clerk of this court and attached hereto.

Fees \$ 50.00
Printer \$ _____

By *Daniel Yerbe* Sheriff/Constable
Garza County, Texas

By *Brian Smith* Deputy

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OPINION

There's no such thing as a free lunch

By REBEKAH RAST

President Obama has stressed the need for more federal revenue. His No. 1 suggestion on how to do so is to raise taxes on the wealthy.

"The tax cuts I'm proposing we get rid of are tax breaks for millionaires and billionaires; tax breaks for oil companies and hedge fund managers and corporate jet owners," Obama said during a press conference earlier this summer.

Some mega-rich people like Warren Buffett agree — though he has yet to follow through on his own words by writing a personal check to the U.S. Treasury for above and beyond what he pays in taxes.

So as the rich continue to come under fire for being rich, the least the president and his team can do is provide them with a free lunch, right?

If you are rich and your children attend a public school in Detroit, then yes, they are part of a federal government pilot program giving free lunches to all students, regardless of income levels.

Included in President Obama's spending binge this year

was a \$4.5 billion expansion of the Healthy Hunger-Free Kids Act, which provides free lunches to low-income public school children. But through the expanded program, this administration is taking it one step further — free lunches for all.

Why? "One of the primary goals of this program is to eliminate the stigma that students feel when they get a free lunch, as opposed to paying cash," Detroit Public Schools Chief Operating Officer Mark Schrupp said in the Detroit Free Press. "Some students would skip important meals to avoid being identified as low-income. Now, all students will walk through a lunch line and not have to pay. Low-income students will not be easily identifiable and will be less likely to skip meals."

This is ironic considering the latest jargon coming from the White House is rich folks already have too much and need to start giving back even more.

Yet, the Department of Agriculture agrees that low-income students shouldn't feel singled out. According to the National Review, "the administration says it is giving rich kids free food to eliminate the shame that less-fortunate students may

feel in receiving free food."

What this administration is saying is as long as no one is able to identify the low-income from the rich in the school lunch line, then it is OK for the rich to indulge in the entitlement programs of the poor. Will this carry over to government-assisted housing, food stamps and welfare checks?

It's as if a free-lunch-for-all program will break down the class warfare barriers. It won't, and in fact, it makes America's financial situation even more perilous.

"No wonder America is so deep in debt," says Bill Wilson, president of Americans for Limited Government (ALG). "There is no such thing as a free lunch, Mr. Obama."

He's right. Every "free" government program has to get funds from somewhere and someone. If this program takes root nationally, as it is projected to do so by 2014, more than a \$4.5 billion boost will be needed to support it.

That money will come from taxpaying Americans, who will then be supporting lunch for every public school student.

That is one expensive cafeteria meal.

Other Views

'Wealthy liberals' seek to shut down job producing drilling innovations in Pennsylvania

By KEVIN MOONEY

"Wealthy liberals" are spreading false and misleading information about new drilling techniques that have opened up natural gas resources in Pennsylvania, according to a report from the Commonwealth Foundation.

A geologic formation known as the Marcellus Shale, which cuts across New York, Pennsylvania, Ohio and West Virginia, was beyond reach at one time. But this has changed as a result of horizontal drilling and hydraulic fracturing. Almost 489 trillion cubic feet of natural gas, which is sufficient to cover all of America's natural gas needs over a 20 year period is recoverable, the foundation reports.

Unfortunately, anti-drilling activists have stepped in to obstruct further development of the natural gas industry, which is responsible for creating tens of thousands of new jobs, according to the report. Herb and Marion Sandler, who founded the S&L known as

World Savings Bank, are identified as the primary culprits here. In 2007, they launched an investigative reporting outfit called ProPublica, which proceeded to inveigh against the natural gas industry.

"Much attention has been paid to the efforts of gas companies to influence the political debate through campaign contributions and lobbying efforts," the report says. "But anti-drilling activists — while claiming gas companies use their vast financial resources to weaken regulatory structures and silence poorly funded environmental groups — influence politicians through their own lobbying efforts and by spreading myths about drilling. Among the myths alleged about 'Big Gas' is that drillers are flocking to Pennsylvania's rich Marcellus Shale reserves, engaging in dangerous and highly polluting drilling activities, and shirking responsibility for damages while successfully avoiding paying taxes."

After scrutinizing several of the natural gas articles produced by ProPublica, the In-

dependent Institute uncovered several areas that cast the industry in very bad light. Here is a portion of Institute's commentary on the reporting from ProPublica: "The Colorado experience of zero cases of water contamination from hydraulic fracturing is consistent with the 2002 study from the Interstate Oil and Gas Com3 policy brief pact Commission (a consortium of state regulatory agencies). The Commission surveyed regulatory agencies in 28 states (including Colorado and the other four states where ProPublica claimed that there were more than 1,000 "documented" cases of contamination). The response covered the entire history of hydraulic fracturing in those states. Every single one of those 28 states reported that there had never been groundwater harm due to fracturing."

The ProPublica report declined to report on any evidence from this study.

The slanted reporting and misinformation could come with a serious price tag for Pennsylvania, if state officials are persuaded

to impose restraints on natural gas development. Penn State economists have concluded that the Marcellus development has already resulted in over 88,000 new jobs in Pennsylvania. Moreover, the investments in natural gas drilling have translated over to improved infrastructure for the state.

In 2010, natural gas companies poured about \$200 million into rebuilding and improving local roads, the Commonwealth Foundation reported.

The enhanced drilling techniques have opened the way to economic development that would not have been possible just a few years ago. Horizontal drilling and hydraulic fracturing have helped to take the edge off the recession in Pennsylvania. But job creation could be offset if green pressure groups and "wealthy liberals" are permitted to circulate anti-industry propaganda without a forceful response.

'Obamanomics': Stimulating Unemployment, Inflation and Despair

By HOWARD RICH

Having failed to meaningfully restrain government growth during the recent debt ceiling debate, America's fiscal leaders are now preparing to push taxpayers even further below the waves. Meanwhile the U.S. economy — after trillions of dollars in government "stimulation" — is teetering on the brink of yet another full-blown recession as a debt crisis on the other side of the Atlantic compounds our government's glaring lack of sustainability.

Barack Obama's prescription to this ongoing malaise? A perpetuation of the policies responsible for creating it — more borrowing, more spending and more debt (as well as a healthy dose of finger-pointing in the direction of anyone opposing him).

Sacrificing "hope and change" on the altar of his own economic failures, Obama is campaigning for reelection against a Congress that just handed him \$2.4 trillion in debt reauthorization — on a bipartisan platter, no less.

Wasting no time, Obama wants to spend \$56.5 billion on yet another extension of federal unemployment benefits — i.e. incentivizing dependency at the expense of American workers.

The White House claims that every dollar spent on unemployment benefits will yield \$1.60 in expanded economic activity — but what Obama and his fellow Keynesian pump-

primers are ignoring is the fact that perpetual "stimulation" of the welfare state only stimulates additional government dependence.

"It is well established that generous unemployment benefits can increase the duration of unemployment spells and the overall level of unemployment," a 2007 report from the Organisation for Economic Co-operation and Development (OECD) noted. "This could have a negative impact on productivity through inefficient use of resources and depreciation of human capital during long spells of unemployment."

In other words, "when the government pays people 50 to 60 percent of their previous wage to stay home for a year or more, many of them do just that," according to senior fellow Alan Reynolds of the Cato Institute.

Meanwhile Federal Reserve Chairman Ben Bernanke — who doled out a scarcely-fathomable \$16 trillion in emergency loans between Dec. 1, 2007 and July 21, 2010 — is also looking to reprise his failed monetary policies in light of the ongoing economic sluggishness. After two failed rounds of "quantitative easing," Bernanke is toying with the notion of further deasing the American dollar.

Quite correctly, Texas Gov. Rick Perry has referred to such a plan as "almost treasonous." And while some have criticized Perry's remark as impolitic, the truth is he was being polite. After all, the only thing that printing money has accomplished is the subsidization of our bailout culture.

At least in Japan they built bridges to nowhere.

"Stimulus spending has been focused on keeping unionized public workers employed," economist Ed Yardeni explains. "The government's intrusion into the economy, with its huge deficits and mounting debt, depresses the private sector. Watching the central bank enable it all by purchasing some of the government's debt is even more depressing. This is why quantitative easing doesn't work."

Meanwhile, as a result of the debasement of our currency, workers in the "depressed" private sector are finding the purchasing power of the few dollars they've been able to scrape together declining even further — all so an army of bureaucrats can dole out new "benefits" to additional dependents.

Is it really any surprise, then, that more than 6 million Americans — or nearly half of those currently without jobs — have been unemployed for 27 weeks or longer? Or that this level of long-term unemployment — unseen since the post-World War II era — has been sustained for more than a year? Or that it currently takes the average job-seeker more than 20 weeks to find a position — twice the time it took during the 1982-83 recession?

Stimulating failure and incentivizing dependency is no way to grow an economy. Unfortunately, our fiscal leaders seem incapable of grasping this truth and reversing our course.

Other Opinions

NLRB and Labor Department Regulations Spell Trouble

By DON TODD

An obscure federal body, the National Labor Relations Board (NLRB), along with the U.S. Department of Labor recently proposed regulations that will dramatically change how union representation elections are conducted. If finalized, these rules will significantly reduce the availability of legal counsel for employers and will limit the ability of employers to exercise their First Amendment rights to free speech.

Here is how these rules working together will negatively impact businesses.

One afternoon in 2012 a small business owner receives notice from the NLRB that a local union has filed a petition for a unionization election. The owner had no inclination that union activity was occurring and is shocked to learn that his whole world could dramatically change in just two weeks.

The owner calls his long-time lawyer seeking legal advice on what he should do to keep the union out of his family business. The owner thinks he needs to give a speech to his employees and asks for help.

The lawyer says, "Sorry, I'd love to help you edit a speech, but if I do so then under the Labor Department's new 'per-

suaider' regulation I'll have to publicly disclose all of my labor relations clients and what they paid me last year. I can't do that because I'd lose them as clients." So, the business owner goes without legal advice. Since he hasn't been in this situation before he doesn't know all the ways to get into trouble with the NLRB. He inadvertently commits a couple "unfair labor practices" by doing something as simple as disciplining an unruly employee.

Assuming that the business owner could find help, by the time the outside consultant is retained and has filed the mandatory paperwork, the election is over thanks to the NLRB's new "snap elections" regulation.

Since the election is now over, the union if it won will push the employer to drop any of their objections to things like whether the voters were actually eligible to vote. This will be done under the guise of "not re-litigating the past" and moving toward "labor peace." All the while the NLRB will nod with approval as the union becomes the business owner's partner, raking in dues to keep its coffers flush.

Welcome to labor relations the Chicago way, courtesy of President Obama's Labor Department and the NLRB.

The Labor Department's proposed "persuaider" regulation would have a tremendous chilling effect on businesses' abil-

ity to get legal advice. A cynic would say that this is intentional to make sure that businesses are not able to effectively communicate with their employees on issues such as whether the union is a good idea. The NLRB's proposed regulation would among other things make it impossible for employers to have time to communicate with their employees. Instead, it's a rush to get the vote over before anyone knows what they are voting on — much like what the Democrats in Congress did when they passed Obamacare.

These two proposed regulations taken together are a huge gift to the labor movement. Unions today can't sell their product and as such are seeking regulatory changes in order to continue extracting dues.

Denying employers or any individual or organization the right to effective counsel and effective speech during any phase of their business operations is unconscionable. But, that is exactly the practical effect of the Labor Department's proposed regulation.

The Obama Administration should look for ways to get the government out of the way, allowing the private sector to create jobs. Layers of new, unnecessary, and harmful labor regulations make it harder for businesses to succeed and should therefore be scrapped.

Yesteryears

10 Years Ago

Kerry Thuett earned Master's Degree at Texas Tech. Evening Art classes were offered at Post ISD.

Breann Heckaman was presented the 4-H Gold Star trophy by Garza County Commissioner Lee Norman.

The Close City-Garlyn Reunion was held Aug. 18, 2001 at the Post Community Center.

20 Years Ago

Post High School Class of 1956 held its 35 reunion on Saturday 31, 1991.

Lisa Shults and Michael Lange exchanged wedding vows August 17, 1991.

Keitha White named winner of Carla Stiles Memorial Scholarship.

Post Girl Scouts held their

'Girls' Day Out' at the City Park.

Ben Kirkpatrick lined up for the Texas Tech Red Raiders at the outside linebacker spot

30 Years Ago

The Ladies Division of the Post Chamber of Commerce presented a new sign to the Community Center.

The U Lazy S calf branding team was shown in action in the Texas Ranch Roundup at Wichita Falls. Team members were Jack Lott, Gary Workman and Jay Hart.

Arimy Gradine, daughter of Ronnie and Voda Beth Gradine celebrated her first birthday with a backyard party.

40 Years Ago

Mr. and Mrs. Tony Garza

became the parents of a daughter, Billie Ann, born Aug. 22 at Garza Memorial Hospital.

John F. Lott received the Bronze Wolf Award at the 23rd World Scout Conference, for his outstanding service in scouting.

Justiceburg and Post school districts voted to consolidate with a 15 to 7 favor.

50 Years Ago

Post Cheerleaders in action at SMU Cheerleaders school in Dallas. Cheerleaders were Sharon Isaacs, David Lee, Danella Bateman, Linda McMahon and Pamela Steward.

Howard Evans Jones and Gerald Eugene Bradley both of Post, received bachelor's

degrees from the school of Engineering at Texas Tech. Winter League Bowling was held at the Post Bowling Center.

60 Years Ago

Four New Teachers completed the 1951 faculty list for Post School System was: Mrs. Myra Dawes Woodson; Miss Jean Jepson; Mrs. Jackie Weathers, and Mrs. J. C. Holman.

Contract for building six new 4-room houses were let by Postex Cotton Mill. The company assured completion of 24 to 28 homes. "Scotty" Samson's Mare "Georgia Brown," was named Grand Champion at the third annual Southwestern Championship Quarter horse show.

Join Comfort Keepers of Lubbock's STOP Senior Hunger Campaign

One in every nine seniors is at risk of hunger. Chances are, it affects someone you love - even a parent, grandparent or spouse. Comfort Keepers franchises across the country are uniting to create a voice for this epidemic and raise awareness about the risks of senior hunger and malnutrition. This initiative supports Comfort Keepers' goal to improve the quality of life for seniors and help them maintain healthy, independent lives.

Locally, Comfort Keepers of Lubbock is proud to promote this charitable initiative entitled STOP Senior Hunger. This senior nutrition campaign throughout September provides diet and nutrition information to help seniors improve their health and preserve their independence. The Lubbock area's STOP Senior Hunger campaign's goals are to:

1) Raise awareness about the growing epidemic of malnutrition that impacts millions of older Americans.

2) Provide senior nutrition handouts through [comfortkeepers.com/Lubbock-tx](http://www.comfortkeepers.com/Lubbock-tx) for churches, companies, organizations and individuals to print out and share with seniors, their families and their caregivers.

3) Help caregivers and family members WATCH to detect signs of malnutrition in the growing population of older Americans. See the WATCH mnemonic details on the

Detecting Hunger and Malnutrition in Seniors handout:

<http://www.comfortkeepers.com/sites/default/files/document/SeniorHungerPoverty.pdf> or check out a senior nutrition blog and see Foxnews.com 2010 coverage here:

<http://blog.comfortkeepers.com/category/senior-nutrition/>

The STOP Senior Hunger charitable initiative springs from the Interactive Caregiving philosophy of care that gives Comfort Keepers clients a more healthy and meaningful quality of life. "Hunger Action Month is in September, but seniors go hungry all year," said Lisa Carson, RN, owner of the Lubbock Comfort Keepers franchise.

"We cannot fight every factor affecting hunger, but we can start here in our community by

creating awareness about the issue and helping family members become more aware of the signs of hunger and malnutrition."

Hunger can lead to malnutrition and other serious health problems in seniors. In fact, it is estimated that as many as 85% of seniors in the care of others are at risk for malnutrition or undernutrition. Malnutrition is the result of the body not absorbing enough nutrients due to inaccessibility. Signs of malnutrition may include sudden weight gain or loss, bruising, or dental difficulties, sudden changes in taste, or a general disinterest in eating. For seniors, malnutrition means the potential for increased hospital stays, increased health complications, early entry into assisted living facilities and premature death.

In Lubbock, additional Stop Senior Hunger efforts include a food drive benefiting Lubbock Meals on Wheels' week-end meal bag recipients. To date, sponsors of this Lubbock campaign include: Platinum: UMC Health System, Gold: American Bank of Commerce, Bronze: Carillon Skilled Nursing and Accolade Home Health. To get involved, contact Kelley Pitts at (806) 687-7800 or Lubbock@comfortkeepers.com. To learn more about the issues of hunger and nutrition facing seniors, visit [comfortkeepers.com/lubbock-tx](http://www.comfortkeepers.com/lubbock-tx).

About Comfort Keepers®

Comfort Keepers® is a leading franchise network in the in-home care market for senior and other adults needing care. Since its founding in 1998, the company has grown to more than 600 franchised locations around the world by staying true to the founders' goal of providing in-home care services that allow clients the opportunity to age in place. In August of 2009, the brand was strengthened even further by the purchase of the franchisor, CK Franchising, Inc., by Sodexo, one of the world's leading food and facilities management services companies and the global leader in the health care and seniors markets. For more information, visit www.comfortkeepers.com.

Event to Honor Post Art Guild Saturday Post native David Morrow in concert



C. David Morrow

The Post Art Guild will be honored Saturday, August 27 with a concert by Post native, David Morrow followed by a reception. The vocal concert will feature popular standards, Broadway hits and classical music performed by Morrow. The concert begins at 7:00 p.m. at First United Methodist Church. The reception immediate-

ly following at the Heritage House. Tickets for both events are \$10/person and may be purchased at the door.

Morrow is the son of the late Charles and Glenda Morrow of Post. He graduated from Post High School in 1978 and from Texas Tech University in 1981. Morrow moved to New York in 1987 where he continues to live. "I am very much looking forward to this performance, he said. "Especially because my mother was very much involved in the Post Art Guild for many years."

The concert will cover a wide variety of musical genres--classical, Broadway, and pop. All the songs deal with painting, painters and the life of an artist. They will include selections from Sunday in the Park with George, "Mona Lisa", popular-

ized by Nat King Cole, "Vincent (Starry, Starry Night)" by Don McLean, as well as the song cycle A Question of Light which was inspired by six works in the Dallas Museum of Art and premiered there in April 2011. Morrow will be accompanied by Lloyd Arriola of New York.

A bass-baritone, Morrow has been an active performing artist throughout the United States and Canada including roles in Phantom, My Fair Lady and Brigadoon. He also performed in The Rocky Horror Show with companies across North America, as well as Hong Kong, Bangkok, Malaysia and Singapore. Morrow has performed with the Lieberkranz Opera of NYC, the New York Metro Vocal Arts Ensemble, the Opera Showcase in New York City, as well as the Light

Opera Company of Salisbury, CT, the Garden State Opera and the Woodstock Chamber Orchestra. He also covered the bass solos in The Birth of Christ as part of the Rome Festival di Pasqua.

In addition to Morrow's concert Saturday night, his pianist, Lloyd Arriola, a Juilliard graduate, will perform Sunday afternoon, 3 p.m. also at First United Methodist Church. There is no charge for the Sunday event. This will be Arriola's first public performance of the program he will perform for his Carnegie Hall debut in November.

Contact Rosa Latimer, Executive Director of the Caprock Cultural Association, 806-495-4148 for more information or to reserve tickets, or email ccarts@poka.com.

Berty Robert McDonald

Berty Robert McDonald finally made it home on Tuesday, August 2, 2011 at the age of 88. His earthly residence was Golden Plains Care Center in Post, Texas. His wife and children were at his side as he peacefully left this earth to be with Jesus.

Bert, as he was better known, was born in Hobart, Oklahoma on September 15, 1922 to Allen and Joyce McDonald. He attended school in Lorenzo, Texas. He served in the U. S.

Army from December 14, 1942 until he was honorably discharged on December 2, 1945. He received the Purple Heart and the American Theater Campaign Medal among other medals and decorations. He married Mary Kathryn Murray on June 21, 1947 at the Grassland Church of the Nazarene. He was a farmer until his retirement.

Pa Bert as his grandkids and great grandkids called him loved to raise a garden every year and shared the fruits of his labor with his family, community and church family. He was a long-time member of the Grassland Church of the Nazarene where he served in many different capacities. Bert is survived by his wife

See MCDONALD on page 9

BACK TO SCHOOL SPECIAL

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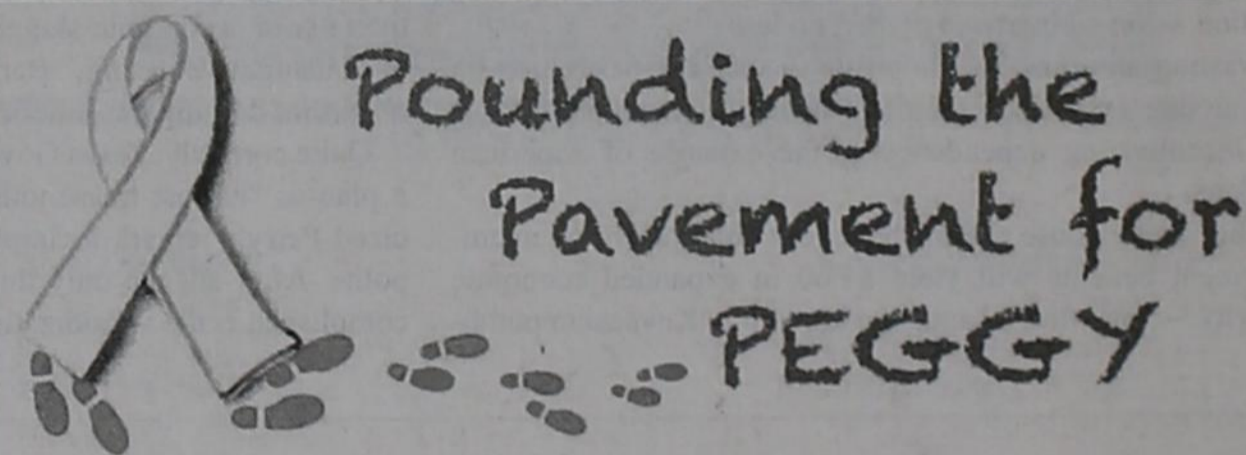
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5K Benefit Run/Walk

When: Saturday, August 27, 2011

Where: Jayton, Texas

Time: Check in 8:00 a.m. at Jayton School

football concession stand area

Race starts: 8:30 a.m.

Entry fee: \$15 (includes t-shirt)

Registration deadline: Friday, August 19

Proceeds go to PEGGY DUREN Family

For registration information contact: Jodie Reel at Jayton School
806/237-2991; email jodier@esc17.net; or fax 806/237-2670.

Registration form online at: www.jaytonjaybirds.com

POST NOTES continued from page 1

out our time together. Dinner is being provided. We want to remind the parents that the youth will be ready to be picked up by 7:00pm. A new item this year is that the doors of the church will be locked and there will be no adult supervision until 5:15pm.

The Elementary will be restarting "House of Faith" this year on September 21st. There will be no elementary meetings as a part of the regular youth group.

This is going to be a great year!

Holy Cross Church

Holy Cross Church will have a fish fry with all the trimmings Friday August 26, 11 in the Holy Cross Hall 5:00pm-7:00pm. everyone is welcome. For more information call Juanita 495-3059.

Football Tickets On Sale

Football tickets now on sale through September 6th. Contact Kay Postell for more ticket information or to purchase tickets.

End Of Summer Citywide Celebration Sept. 5

The City of Post and the Post Dispatch are sponsoring an end of the summer party at the city park on September 5th. There will be all day jam sessions at the Gazebo and anyone who plays an instrument is free to join in and play along. We will have a bouncer house, washers, horse shoes, the pool will be open from 10:00 am until 4:00 pm, Untied Super Markets will have a watermelon booth, there will be food vendors and lots of fun and socializing for everyone. Activities are still being planned and volunteers are still needed to help in different areas of the park that day. Everyone come on out, bring you a picnic basket, your ice cream freezer, or any fun family activity you would like to share with the community. The day will begin with prayer from some of our local pastors at 10:00 am and he park will be open for fun until 4:00 pm.

Antelope verses Antelope Ends With A Tie

By: Steffi Kim Scott
Although Coach Steve Smith went to Abernathy looking for a win against the "other" antelopes, he walked away with a tie and a positive outlook on the situation.

"If you had told me that we would beat Ralls soundly and tie Abernathy, a playoff team last year, I would have been happy before, but I have high expectations and the players

are doing so well I think we can be a lot better." stated Smith.

"I think the team is improving. We are trying to play the game in a more physical manner and I believe we are seeing improvement in that aspect weekly."

Improvement is definitely a good thing for the Bold Gold Antelopes considering they take on The Sundown

Rednecks, a hard nosed, disciplined football team in the words of Coach Smith.

"You have to bring your A game and pressure them and try to force turnovers. You also have to control the ball and put points on the board," stated Smith. But more than that it takes the community as a whole to pull together and form a winning program.

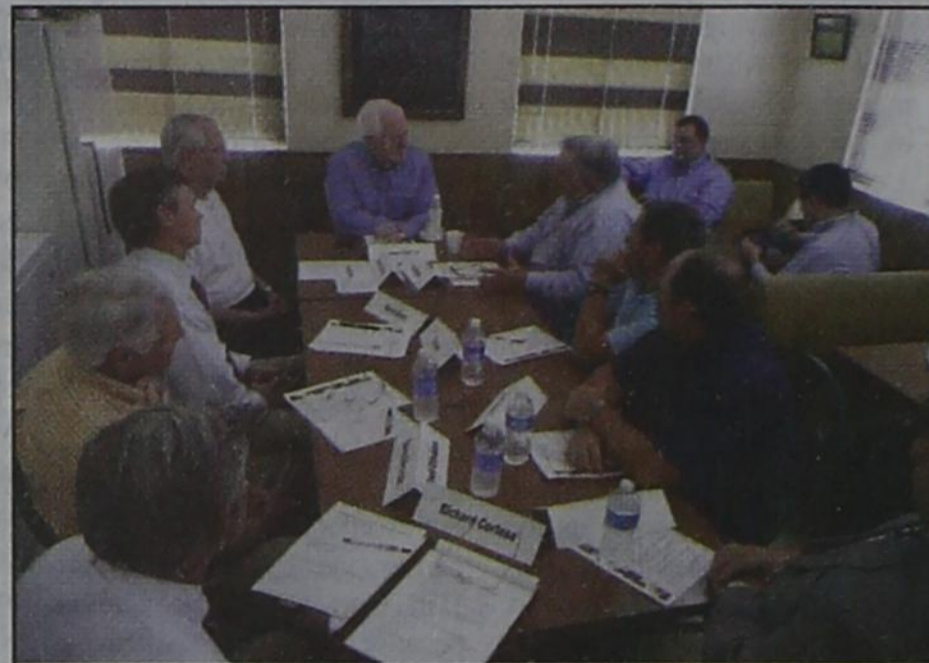
Coach Smith would like to extend an invitation out to the community to show these guys that everyone has there back and supports them to the fullest and give the team the confidence to go out and lay it all on the line during every game. The Bold Gold Antelopes next opponent will be the Sundown Rednecks!

Cornyn Pledges to Work with Texas Farmers, Ranchers to Fight Effects of Historic Drought

U.S. Senator John Cornyn (R-Texas) today hosted a roundtable discussion with Texas farmers and ranchers concerning the impact the current drought is having on their businesses and livelihoods at the Lampasas Cattle Auction, Inc.:

"Our farmers and ranchers are some of the most resilient folks out there, and as Texans we've been through tough times before.

"Today I pledged to work hand in glove with



them to ensure all emergency federal resources are readily available, be-

cause our agriculture industry should not be left to fight one of the most se-

vere droughts we've ever seen alone."

Sen. Cornyn met with representatives from the Texas Farm Bureau, Texas AgriLife Extension Service, Texas & Southwestern Cattle Raisers, and Texas Association of Dairymen in conjunction with the Central Texas Cow/Calf Clinic.

Earlier this week, Texas AgriLife Extension economists confirmed the cost of the 2011 drought as \$5.2 billion—the most costly in Texas history.

Thanks for reading!

Attention, Class: Vera Bradley is Here!
We now feature a full line of Vera Bradley products. See what's new for fall and back to campus, including Happy Snails, Mocha Rouge, Plum Petals and Safari Sunset!

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PACC News

Congratulations to our Members of the Week:



Silver Member – ROBERT HALL CHEVROLET



Silver Member – IRA PUMP & SUPPLY

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Great job against Ralls!

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We want to congratulate our Post Stampede Rodeo Parade winners:

- Best of Show – Southland Cheerleaders
- Best of Novelty – Bullard Farm Tractors
- Best of Organizations – Forgotten Riders Saddle Club
- Best of Business – Fat Cat Graphix
- Open Category Winners – Post City Festivals, Post Fire Department, Close City Community, Dean & Lana Daniels, Sterlin Self.

A big THANK YOU to everyone who participated, our judges and Thompson Wrecker Service for providing our judge's stand. Start getting your entries ready for the lighted Christmas Parade. It will be Saturday, December 3.

The Texas Plains Trail Roundup was held in Post on August 15 & 16 and brought 100 out of town visitors to town thanks to the hard work of the Caprock Cultural Association. The conference kicked off on Monday evening with a reception at the Heritage House featuring wagon rides through town which included a hold up by "armed" bandits on horseback. Following the reception everyone was treated to a live concert at the Garza Theatre hosted by Post City Celebrations, Inc. Tuesday's meeting was full of information about tourism and the value it is to our area. It was a great 2 days and everyone

left Post impressed with our community and all we have to offer.

Poka Lambro is offering another round of free computer classes over the next few weeks. Please call 990-9901 for information and to register for these classes.

Ragtown Gospel Theater is opening "Deacon and the Pharisee" this weekend with performances Friday at 7:30 and Saturday at 3:00 p.m. The next show at the Garza Theatre will be "Godspell" opening on September 9.

The Post Antelopes will be playing football in Sundown this Friday night at 7:30 p.m. If you can't attend the game, go to www.postsportspage.com for a live webcast.

This Saturday evening, Post native David Morrow will present a concert at the First United Methodist Church to honor the 50th anniversary of the Post Art Guild. The concert will be followed by a reception at the Heritage House. Call 495-4148 for information and reservations.

Labor Day weekend will be a great way to end the summer. Post City Trade Day will be downtown from 9-6 on Saturday and the Post Rotary Club is hosting a barbecue cook off on September 2 & 3 at City Park. If you would like to enter, contact Dave Tyler at 786-5137. On Monday, there is an End of Summer Celebration planned from 10-4 at City Park. The pool will be open and there are lots of activities planned at the park.

STAY CONNECTED WITH YOUR COMMUNITY! FIND THE POST DISPATCH ON FACEBOOK!