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Friday, June 24, 2011

Blazing Trails for Seniors

By Darren Weaver
Contributing Correspondent

One of the many benefits to living in the city of Post is the warm welcome offered by its residents. Never has there been a community that opens its arms to newcomers the way Post does, and Garza County Trailblazers Senior Center is no different. Those who frequent the center for the Monday through Friday noon meal will tell you that it is not just the food that attracts residents; it is also the fellowship and good times.

When I first moved to Post, I was invited several times to have lunch at the center. Those extending the welcome told me of the good food and even better company found every weekday inside the walls at 10th and Avenue I. I was a bit skeptical at first, only because I am not a senior, and wondered if I might be truly welcome in

a place where most people think being over sixty is the membership requirement. The first time I went for lunch, I was convinced that this was much more than a good noon meal. It was a time for camaraderie and laughter, sharing and caring. After having served on the Board of Directors for the last several months, I no longer even need to look at the menu before making the short trek. The food is always good and the company is always wonderful.

Trailblazers serves a great purpose for the citizens of Post and Garza County. Aside from the noon meal every weekday, they offer game nights on Tuesdays, Thursdays, and Fridays, starting around 5:00 P.M. and usually wrapping up around 8:00. Individuals typically bring snacks to the evening gatherings, where "forty-two" is the normal game of choice, and where

there is always room for a few more at the tables. Activities such as these offer seniors (and anyone who enjoys warm company and good clean fun) the chance to mingle with others in the community and affords those who attend a time for healthy social interaction.

Recently, Trailblazers took on the additional service of Meals on Wheels. Volunteers deliver over sixty meals every weekday when the Meals on Wheels service are combined with the regular deliveries already underway. Both services offer those who cannot venture out on a normal basis the chance to have a good hot meal Monday through Friday. Funding for these deliveries as well as the center itself comes from memorials, donations, city, county and government sources, and intake from those attending the noon meal. Funding also comes from raffles, silent auctions,



Photo by Darren Weaver

and additional services such as a meal offered during the annual rodeo.

Perhaps most important is the overall community atmosphere found among those who attend. Everyone

who enjoys good food and good fellowship is welcome. No one is turned away because of race, color, economic standing, social background, or even age. Garza County Trailblazers

caters to all walks of life, allowing individuals the opportunity to live life more fully. There is always an open invitation and room around the table for you and yours.



House of Representatives Resolution 1739, May 17, 2011
Recognition of 25 years for Gene Valentini's work with Dispute Resolution
From left to right: Director Gene Valentini, Kristi Thompson, Judge Lee Norman, Representative Charles Perry, Representative John Frullo, and Robert Martin

Post Notes

Boys and girls throughout the United States are benefitting from a car donation program. Donated cars do not have to be functional they only need only a title. The cars are picked up then sold at auction and the funds generated are a helpful resource to the clubs. You can support your local club by donation your car. To donate your car or for more information, call 800-246-0493.

Post Public Library Presents: "Dig Into A Good

Book" the Texas summer reading theme for 2011. Summer reading registration begins June 3rd. Research shows a drop in literacy skills among students who don't read over the summer. Encourage your kids to read what they want...as long as it is on or above their grade level to maintain what they have worked so hard to achieve this past year. Summer reading can also help fill an achievement gap. Plan your summer schedule to include reading each day.

Keep track of what is read, try new authors and interests, encourage older family members to read to younger siblings; it's like earning double points! Talk about your books, or to organize your own book club. Parents must accompany children who don't have library card. Library cards are free. During registration pick up your free reading log, bookmark and plan your summer success. Reading can save you from: "I'm Bored, what can I do?" Dig in... Let's READ!



At the closing awards ceremony for our children playing baseball, softball and T-ball, I was sitting in my car waiting to go up into the stands when this young man and woman walked in front of my car. The man was smoking a cigarette, he took one last puff and flipped the butt (still lit) behind him! The area and state is so dry

everywhere! How reckless and irresponsible! I know this30 something year old man. Our beautiful baseball park is surrounded by dead grass and ranch land. Shame on him.....it could have been a disaster!!

"Speak Up" is a way for readers to send their opinions to the Post Dispatch and have

them published each week. No signature is required by the writer; writer identities will be kept anonymous and you can address any topic you want. "Speak Up" comments should not exceed 100 words and the Dispatch staff has the right to edit or refuse to print materials it deems to be inappropriate. Drop your Speak Up comments in the box in the front office of the newspaper or in the mail slot in the front door after hours. You can also email your comments to postcitydispatch@yahoo.com.

Editor's Review of Ragtown Theater's new play

By Jodi Lincoln
News Editor

This past weekend the play "Abraham and Isaac" opened at Ragtown Gospel Theater. As one steps into the foyer of the theater, they are immediately transported back in time long ago, but not near as far back as entering into the auditorium takes one. The breathtaking murals, along with many other scenes depict the cities and ancient times described in the Bible and one feels as if they are in a time they've only read about.

Ragtown's own newly formed gospel band opened the show with an hour of uplifting gospel music. Chip Polk along with his band members entertained

the audience with several songs of yesterday like The Old Rugged Cross and an awesome impression of Elvis Presley's version of Crying In The Chapel. Though the band is newly formed, the talent is strong and they perform together as if they had been doing so forever. Many friendships among the band members are long standing, while others are newcomers, but the group shows an amazing wealth of talent that is just now being tapped.

Friday night was opening night for a six week run of the play "Abraham and Isaac" which is scheduled to run through the 23rd of July. The play depicts a time in Abraham's life when he had been instructed by God to offer

his beloved son Isaac up to Him as a sacrifice. Lead actor, Glenn Polk does an excellent job of portraying Abraham during this time as he struggles to obey the command he had been given to offer his own son as a sacrifice while still teaching his son Isaac that he must always maintain his faith, no matter how difficult it may be to do so.

In this editor's humble opinion, the whole evening was one of pure entertainment and one I would highly recommend everyone to come out and hear the Ragtown Gospel Band perform and see Glenn Polk and his cast perform the play "Abraham and Isaac." You will be delightfully entertained.

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In this issue of The Post Dispatch!

OBITUARIES



Walter Carl "Dub" Caffey Jr.

Walter Carl "Dub" Caffey Jr. went to be with his Lord and Savior on Sunday, June 12 after being ill for a little more than 10 years. In all that time he never lost his sense of humor or his love for his Lord.

Dub was born Oct. 16, 1922 to Walter Sr. and Emma L. (Hawthorne) Caffey in Post. He graduated from Post High School in May of 1942 and married the love of his life Marjorie Pettigrew Aug. 9, 1942. They were high school sweethearts.

Walter proudly served his country in the Army Air Corp. during World War II from Oct. 22, 1942 to Dec. 3, 1945. He received his honorable discharge at Denver Air Base, Denver, Colo.

Dub loved the Lord and walked the Christian Walk. He was Deacon of the church and taught Sunday school during his many years of church stewardship. The one duty he loved the most as a steward of the church was carrying chairs for the church guest or cleaning the floor.

Dub loved to fish and spent many cherished moments on the bank of a river fishing with his bride of many years. Dub also loved to sell. He had over 50 years in sales.

Walter (Dub) Caffey is survived by his wife of 68 years, Marjorie; a son - in-law Herb Germer of Granite Shoals; grandson Jon Germer and wife Abbie of Dallas; granddaughter Erin K. Germer of Dallas; two great-granddaughters, Trinity and Kamryn Germer of Dallas; niece

Janice Mire and husband Rodney of Gulfport, Miss.; nephews Danny Hill of Newark, Ohio, and Tom Caffey of Tennessee; sister - in-law Katherine (Boo) Caffey, as well as several cousins, and many, many loving friends.

Those that preceded him in death are: his precious daughter Sammie Kay Germer; his parents Walter Sr. and Emma Caffey; sister and brother - in-law Inez and C.H. Hartel; brothers Harold Caffey and Gerald Caffey and sister - in-law Wilma Hill and her husband Ennis Hill, and two nephews Garry and Robbie Hill.

A Celebration of Life will be held at the First Baptist Church at 10 a.m. June 25. Jon Germer, Dub's grandson will be officiating. Family Interment will be held prior to the Celebration of Life service at Terrace Cemetery.

Memorials may be made to the charity of choice.

Arrangements are under the personal care of Dee and Janet Justice, Justice Mason Funeral Home.

Celebrating 50 Years



Lewis and Jane Mason

Celebrating 50th wedding anniversary
1961-2011

Please join our family on this joyous occasion when our parents celebrate 50 years of marriage Saturday, the twenty-fifth of June, two thousand eleven at two until three-thirty in the afternoon at Graham Chapel Church of Christ, Fifteenth and Avenue S Post, Texas. Your presence is your gift.

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SUDOKU

	7	8		5				1
				3				
		6	7			8		
	2		8	4	7	9		3
		4	2	1			7	8
		3						2
2	5			8		1		7
	3	7			5			
	6				2			5

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Beginner

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	6	8	2	7	4	1	9	8
9	8	7	1	6	5	4	3	2
7	4	1	4	7	8	3	6	5
2	8	5	6	9	8	3	5	7
8	7	5	3	1	2	4	6	9
8	9	6	7	4	8	5	2	1
9	3	8	7	2	1	8	5	4
6	1	2	6	3	9	8	7	5
3	7	8	9	5	4	6	2	1

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"Moves Camp a Lot" is one translation I've heard for Naudah, Comanche name of Cynthia Ann Parker, white captive-turned-Comanche, mother of Chief Quannah Parker, wife of Peta Nocona.

It could be my name. Naudah had a teepee to manage and presumably a horse or two in the mix. I've got a camp trailer and an SUV. Naudah no doubt looked for level ground when she set up camp. Me too. Changes in seasons and the migrations of buffalo herds dictated the Comanche itinerary. Sounds romantic.

For me it's usually a work conference that bids me camp somewhere to avoid paying for a motel. Add "cheap" to my name.

This week it's Denton. Next week? Adobe Walls. If you don't know about Adobe Walls, look it up. (I'm going to look it up myself before I get there.)

Anyway, yesterday evening at twilight as I navigated a paved road near an artificial lake, pre-historic connections took hold. I was using ancient campsite-finding skills. A nomadic ancestor seemed to be with me in spirit -- maybe my great-grandfather, who was always pulling up stakes and loading everything in the wagon to move to another place to disrupt whichever daughter's courtship didn't suit him. (No daughter's courtship ever suited him.) Or maybe it was a forbear from a distant land farther back in time. Maybe Siberia. I've always

thought my eyes have something of a Siberian slant.

Last night they both squinted as daylight faded. I peered through dollar store glasses, trying to follow the squiggly roads on the park map marked with many site numbers.

It's too easy to find a campsite in broad daylight. Wait until dark if you want a challenge. And be sure the chosen space requires backing. Pull-throughs are for sissies.

Last night, during the site search, I remembered a story my grandmother once told me. She and my tuberculosis-stricken grandfather were on their way from Texas to New Mexico in hopes the climate change would cure his illness. They could have taken the train, but they drove a team instead to be in the fresh air.

One night they stopped to camp near a stream. They had just settled in nicely when someone came along and advised them to move because they could be hit by a flashflood. So my poor grandmother had to get the animals back in their harnesses and move the wagon to higher ground. Nothing's worse than having to relocate once you've found a perfect site.

As I left the park this morning, I told the office crew I'd taken space 166. They told me they'd just rented it to campers who'd just arrived and were headed that way. Oops. That's what can happen if you register late and don't do everything necessary to properly nail down your spot.

In the end, the new folks gave up their claim to 166, bless them, and "Moves Camp a Lot" got to stay put in the perfect campsite.

Who could have predicted there'd be a skunk?

Early Holiday Deadlines

Due to the 4th of July holiday weekend, we will have early deadlines for our **ADVERTISING and EDITORIAL**

For the July 6th issue only

Advertising Thursday June 30TH 5PM **Editorial Friday July 1ST 4PM**

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AgriLife Research: Multi-paddock grazing is superior to continuous grazing

VERNON — A long-term study verifies multi-paddock grazing improves vegetation, soil health and animal production relative to continuous grazing in large-scale ranches, according to Texas AgriLife Research scientists.

The study measured the impacts on vegetation and soils achieved by commercial ranchers who adapted management practices in response to changing circumstances to achieve desirable outcomes, said Dr. Richard Teague, AgriLife Research rangeland ecology and management scientist in Vernon.

At the ranch scale, when multi-paddock grazing is managed to give best vegetation and animal performance, it is superior to continuous grazing in relation to conservation and restoration of resources, provision of ecosystem goods and services, and ranch profitability, he said.

Teague said this study differed from those conducted by researchers who investigated multi-paddock grazing in relatively small experimental areas, without managing adaptively the way a successful, conservation-oriented commercial rancher would.

In rangeland ecosystems, maintaining normal soil and ecosystem function over the landscape and watershed is possible only if there is adequate plant cover and species composition to provide protection from soil loss, he said. This allows microorganisms to prosper and maintain ecosystem functions such as water-holding capacity, control of erosion, soil fertility and forage production, he said.

"In our study we examined the accumulated impacts of nine years of different grazing management categories on vegetation and soil parameters at a commercial-ranch scale," he said.

The study evaluated the impact of multi-paddock grazing at a high stocking rate compared to light continuous and heavy continuous grazing on neighboring commercial ranches in three proximate counties in North Texas tall grass prairie. The same management had been conducted on all ranches for at least the previous nine years.

Multi-paddock grazing was managed using light to moderate defoliation during the growing season followed by adequate time to recover, Teague said.

With multi-paddock grazing and ungrazed areas, the vegetation was dominated by taller more productive grasses. With heavy continuous grazing, it was dominated by less productive short grasses and forbs, he said. Light continuous grazing had a lower proportion of tall grass species than multi-paddock grazing or ungrazed areas.

Teague said there was more bare ground on heavy con-

tinuous than light continuous, multi-paddock and ungrazed areas, while soil aggregate stability was higher with multi-paddock than heavy continuous grazing, but not light continuous grazing and ungrazed areas.

Soil compaction was lowest with multi-paddock grazing and ungrazed areas and highest with heavy continuous grazing, he said.

Water infiltration rate did not differ between grazing management categories, but soil erosion was higher with heavy continuous grazing as compared to other grazing management categories, Teague said. Soil organic matter, water holding and fertility were higher with multi-paddock grazing and ungrazed areas than both light continuous and heavy continuous grazing.

The fungal/bacterial ratio was highest with multi-paddock grazing as a result of the greater amounts of tall grass species, he said, indicating superior water-holding capacity and nutrient availability and retention for multi-paddock grazing.

"This study documents the positive results for long-term maintenance of resources and economic viability by ranchers who use adaptive management and multi-paddock grazing relative to those who practice continuous season-long stocking," he said.

The general management on the ranches using multiple paddocks per herd was to graze a pasture lightly to moderately for one or three days, followed by a recovery period of approximately 30-50 days and 60-90 days during fast and slow growing conditions, respectively.

This resulted in two light-to-moderate defoliations during the growing season with re-grazing before the majority of plants switched from vegetative to reproductive phases, Teague said. This kept the plants in a leafy, vegetative condition during the growing season to provide a high level of forage quality for the livestock and to ensure the best possible forage regrowth after defoliation.

During drought periods, animal numbers were adjusted to match forage amounts. In the winter, the goal was to graze and trample most of the standing forage to enhance litter cover and minimize self-shading that would limit plant growth in the following spring, he said.

The continuously grazed ranches in each county were stocked at approximately the same stocking rates from year to year over at least the previous nine years.

They were otherwise selected by the Natural Resource Conservation Service technical staff in each county as being representative of traditional continuous-grazing ranches in the region.

"The results we measured, representing the combined

positive effects of multi-paddock management, indicate the multiple advantages of this management option," Teague said. "Multi-paddock grazing resulted in a higher proportion of desirable tall grasses, a lower proportion of less desirable short grasses, annual winter-growing grasses and forbs, and higher standing crop, even with a higher stocking rate than the lightly stocked continuous grazing."

Although the stocking rate was less with lightly stocked continuous grazing, the preferred plants and areas were never allowed any recovery under continuous grazing while multi-paddock grazing, correctly managed, prevented overgrazing and allowed for adequate recovery after defoliation, he said.

By ensuring light-to-moderate use in the growing season with adequate recovery, the preferred forages are able to capitalize on good growing conditions, Teague said.

"The use of multiple paddocks per herd on commercial ranches spreads grazing over the entire landscape in the numerous smaller paddocks, rather than allowing a concentration of grazing pressure on preferred areas in the landscape," Teague said.

"It also provides the manager with the option of regulating the grazing pressure on preferred areas and plants by adjusting when to move animals to a new paddock, and provides the means to allow grazed plants to recover before they are grazed again.

"If managers adaptively respond to the ever-changing climate by changing the periods of grazing and time allocated for plant recovery, and adjust livestock numbers to match the available feed, as the multi-paddock grazers in this study did, negative effects of grazing by the livestock can be minimized."

Yesteryears

10 Years Ago

Charles and Barbara Hardin announced the marriage of their daughter, Holly, to Matthew Hanson Hoel of Gruver. The couple married Sept. 1, 2001.

The fun-loving a cappella foursome, Rendition, entertained visitors at Old Mill Trade Days.

Members of the John Miller Post 6797, Ladies Auxiliary VFW, conducted a special memorial service (June 14, 2001) on Flag Day at the Terrence Cemetery.

20 Years Ago

High Rollers headed for the American Trampoline and Tumbling Association's National Championship in Baton Rouge, La.

Glenda Morrow named Artist of the Month.

Gary Puckett wins bullfighting award at Odessa, Tx.

Sonja Gossett, Clay Ashley and Marissa Armendariz were a few of the big winners in the Kids 'N' Art youth art contest.

30 Years Ago

Andy Stelzer elected junior vice commander of the VFW, Department of Texas.

Mrs. Willie Duncan, celebrated her 90th birthday at the United Convalescent Center.

Mona Boles was awarded the Volunteer Service Certificate of Appreciation from the Texas Dept. of Human Resources.

Mr. and Mrs. Bobby Cowdrey announced the engagement of their daughter, Lisa Lou to Carlton James Bartley. The wedding was held August 1, 1981.

40 Years Ago

Post merchants held promotional luncheon to discuss retail promotion under Post Chamber of Commerce auspices.

Stephen Myres, son of Mr. and Mrs. Fred Myres, won two trophies in the Garza Co. 4-H Horse Show.

Mr. and Mrs. Thurman Francis were winners of the June Yard of the Week Contest.

An Am-Am golf tournament was scheduled for the Caprock Golf Course.

50 Years Ago

An early morning fire gutted the interior of the Wagon

Wheel Tavern located on the Clairemont highway.

Last rites for Ronnie Leon Turner, 15, who was shot and accidentally killed while hunting rabbits near Snyder.

Howard Jones, son of Mr. and Mrs. Paul Jones graduated from Texas Tech with a degree in Mechanical Engineering. He accepted a position with Conair of San Diego in the Missile Division.

60 Years Ago

Ground breaking ceremonies were held for the new County Hospital. Mrs. Agness Kahler wife of the late Dr. Glenn Kahler turned the first shovel of dirt.

After teaching more than 27 years, Mrs. Pearl Storie retired. She was Post High School's math teacher since 1945.

6 Week Childbirth Preparation Class Tuesdays, 7:00pm - 9:00pm Cogdell Memorial Hospital Boardroom

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You can discuss your fears about labor and birth with the instructors and other couples with the same concerns.

Your partner will learn about childbirth and how to support you on the big day. You may find that attending childbirth classes together will create a special bond.

Next session begins July 5. Class schedules can be seen at www.cogdellhospital.com

Please register in advance by calling the OB department at 325 574-7150

As a service to our community there is no charge for these classes.

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June Focus: Healthy Feet Program

*Free Blood Pressure Clinic every
Tuesday from 2-4pm.

In and Around Close City

by Traci Freeman

Weather

Keep those prayers going for the good Lord above to send us RAIN.

News

First of all I hope all the Dad's out there had a great Father's Day. I forgot to mention it last week so it may be a week late but ...

Happy Father's Day!

Jim and Nedra went to Lubbock on Wednesday to watch Emiley at swimming lessons.

I hear she is quite the little "water bug"

Just a "heads up" I know its early but the 3rd annual Close City Ice Cream Social will be next month on the 30th. Debbie and Eddie are set to play some wonderful bluegrass music for us again so mark your calendars, we'll give more details when the time is closer. But its never to early to volunteer so

if you would like to help set up or make ice cream or brownies give us a call and we'll put ya on the list.

Maegen Bland turned 9 years old last week and for her birthday she asked to spend the weekend in Ruidoso so her, Tammy, Rheaden and D'nae headed west.

Did you know ...

There are no words in the dictionary that rhyme with orange, purple and silver.

Visitors

Fermin Garcia stopped in this week; Lanny Fluit also came in;

Don't forget to check out our page on Facebook under Close City Community. Feel free to write on our wall or post pictures. It's a fun place to keep up with friends and happenings.

Close City Birthdays

June 24th - Nancy Thuett
 June 25th - Guille Alaniz, Clinton Yarbro
 June 26th - Eva Gonzales
 June 28th - Clint Melton

Close City Anniversaries

June 24th - Ronald and Nancy Thuett
 Ragtown folks in the nursing homes we need to remember are ... Marj Caffey in Marble Falls; Doug and Claudine Tipton; Carmen Abraham; Sue Shytles in Post; Odie Kemp in Tahoka; Jean Tipton in San Angelo; Jewel White in Lubbock. Others are, Mack Ledbetter in Slaton; Doris Wilson in Castorville; John and Mary Gist in Lubbock; Lula Jo Stewart also in Lubbock. **Please let me know if there is anyone I need to add to this list.**

FYI

Get your cookbooks and T-shirt order forms at Cocara's downtown or you can come by the gin and pick one up.
Everyone have a great week, be safe, come see us and keep rain and our troops in your daily prayers and send me your news! See ya next week.



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Weekly Inspirations

The Command to Love- Even if it's the Pastor

BY: Michael F. Taylor

Jim was a pastor at the local small town community church (such a small community in fact, that there were no other churches in the little township) in which everyone in town attended. And one particular Sunday afternoon, immediately following the morning service, Jim's little boy, Jimmy, began to ask those wonderful questions that all little boys and girls ask of their parents. Unfortunately for Jim, on this occasion, little Jimmy's question seemed to hit a little too close to home. After several "Daddy, how does an airplane fly" and many other questions that aren't so simple to explain, Jimmy asked his father, "Daddy, I noticed that every Sunday morning when you walk out of your study and step up to the pulpit to preach, you walk down to the alters and bow your head. Daddy, what are you doing when you bow your head?"

Well, seeing an opportunity to explain to little Jimmy about prayer, he explained, "Well, son, I'm asking the Lord to give me a good sermon. I'm praying that God will help me to preach the very best sermon that I have ever preached!"

Without skipping a beat, little Jimmy responded back, "Then Why don't he?"

I'm not sure that Pastor Jim was really feeling the Love that afternoon from his son, Jimmy!!!! But Love is an important part of the Christian Walk.

Love is important! In this day and time that you and I live in, I believe that Love is even more so the key to living a life of happiness and joy. And if we as Christians do not have love, we are simply spinning our wheels. It would be like taking two steps forward and three steps back. It includes our family, friends, neighbors, and yes, even those that we don't really like being around. Hey, we need to care about others. That's the message that God has been trying to get across to mankind; His people for a very long time, now! We are to love others as He loves others! Easy to say, but sometimes, a little harder to actually do. But, as challenging to you and I as it may be, we need to work at loving others, because this is God's message. In fact, this is His Command. Do you remember when they asked Jesus what was the greatest Command? His response can be found in Matthew, Chapter 22, when the Sadducees and the Pharisee's begin to test Him, "34 Hearing that Jesus had silenced the Sadducees, the Pharisees got together. 35 One of them, an expert in the law, tested him with this question: 36 "Teacher, which is the greatest commandment in the Law?" 37 Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind.' 38 This is the first and greatest commandment. 39 And the second is like it: 'Love your neighbor as yourself.' 40 All the Law and the Prophets hang on these two commandments." NIV

And don't be taken by surprise if this old world doesn't quite love you back! Look at the book of 1 John Chapter 3, "11 For this is the message you heard from the beginning: We should love one another. 12 Do not be like Cain, who belonged to the evil one and murdered his brother. And why did he murder him? Because his own actions were evil and his brother's were righteous. 13 Do not be surprised, my brothers and sisters, if the world hates you. 14 We know that we have passed from death to life, because we love each other. Anyone who does not love remains in death." NIV

But don't despair. Even if this old world doesn't love us, we are assured that the Father in Heaven loves us. Look at what we are told in Matthew Chapter 10, verses 29-31 "Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from the will of your Father. And even the very hairs of your head are all numbered. So don't be afraid; you are worth more than many sparrows."

And please don't forget how valuable each of you are to the Father!!! God bless and have a LOVELY week!!!

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work."

2 Timothy 3:16-17

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And thou shalt love the Lord thy God with all thine heart, and with all thy soul, and with all thy might.

Deuteronomy 6:5

Visit any one of these businesses and churches and you will find wonderful Post City people and those who support Post.

Trailblazers Menu

June 27th - July 1
Monday
 Turkey and Dressing, Green Bean Casserole, Potatoes, Roll, Mandarin Cake

Tuesday
 Baked Chicken, Broccoli/Rice Casserole

Wednesday
 Burrito W/Cheese, Salad, Rice, Peach Crisp

Thursday
 Ham, Potato Salad, Blackeye Peas, Cornbread, Pie

Friday
 Chicken Strips, Mashed Potatoes, Green Beans, Roll, Banana Pudding

Trailblazers Menu

Breakfast Menu
 June 20th - July 1st

Monday
 Pancake on a stick, Syrup, Fruit, Milk

Tuesday
 Pop Tarts, Sausage Link, Fruit, Milk

Wednesday
 Oatmeal, Bacon, Toast, Fruit, Milk

Thursday
 Banana Bread, Sausage Link, Fruit, Milk

Lunch Menu
 June 20th - July 1st

Monday
 Fajitas, Refried Beans, Spanish Rice, Yogurt, Milk

Tuesday
 Ravoli, Salad, Corn, Fruit, Milk

Wednesday
 Salisbury Steak, Whipped Potatoes, English Peas, Hot Rolls, Jello, Milk

Thursday
 Hamburger, Tater Tots, Baby Carrots, Pudding, Milk

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 Post Group Alcoholics Anonymous 10th and Avenue K, behind United Supermarket Tuesday night, 8 p.m. Book Study Thursday night, 8 p.m. Closed Meetings For more info: 806-781-1156 or 806-495-5371 Monday, 8 p.m., Community Recovery Center, 405 S. Ave. C. For more information about the Monday meeting, call 495-3173.

Al-Anon
 Family Group meeting meets Monday at 7 p.m., Historic Presbyterian Church, 10th & Ave. K, behind United Supermarket. For more information call 495-3053.

The Safe and Serene NA Group of Post now meets on Fridays at the Community Recovery Center, 405 S. Avenue C. For meeting information please contact: Miranda at, 806-632-7367.

Thank You
 The family of Lometa Epley would like to give a sincere, and special thanks to the people of this community during her illness and passing. Words cannot express the gratitude that our family feels. Thanks for all of the visits, cards, flowers, food, gifts, and prayers. There are so many dear friends and family that came together for us, to do so many things, to make this time a little easier.

We cannot name everyone who has been such a blessing to us. Thank-you churches and all of her care team.

Our wife, mother, grandmother, and sister would be so very touched at the tokens of love in her honor.

With Love,
 Jerry Epley
 Dennis and Debbie Mason
 Roy and Loveta Josey
 Shawn and Amy Pennell

The Community Recovery Center would like to thank those who helped us make the Beginning of Summer Pool Party a great success. Judge

Lee Norman and Post Rotary Club for helping us sponsor this event and our wonderful volunteers, Sam Bauer and Pam Atkinson. We would like to give a great BIG THANK YOU to all the mom's and dad's and all the kiddo's that came out to party with us. Due to the overwhelming success we will have a Back to School Splash Bash in August. Anyone interested in sponsoring or volunteering please contact: Chris Atkinson or Merika Strivens at (806) 495-3173.

Garage Sale
 708 W. 7th Saturday June 25th 7:30am-? Lots of items.

711 W. 13th Saturday June 25th 8:00am-?

415 S. Ave M Saturday June 25th 8:00am-1:00pm.

Yard Sale Saturday June 25th, 508 S. Ave N 8:00am-4:00pm. Lost of new items.

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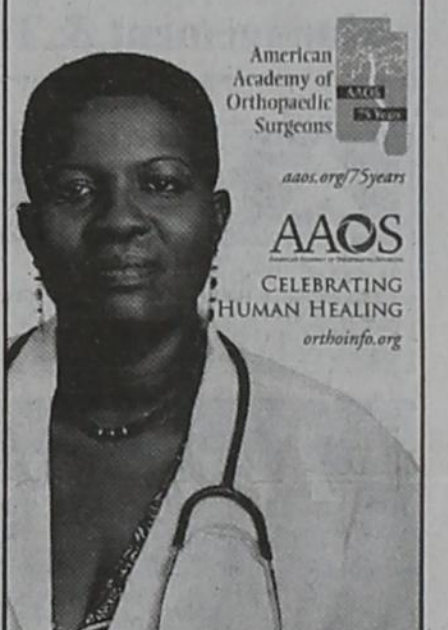
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LAST YEAR, IT HURT TOO MUCH TO STAND. TODAY, SHE CARRIES A NATION ON HER SHOULDERS.

At her clinic in Freetown, Sierra Leone, Dr. Olabisi Claudius-Cole treated patients of all ages with any condition, and would often take no payment in return. When arthritic hips and knees kept her from the rigors of daily patient care, a disaster loomed.

Dr. Claudius-Cole's sister led her to an American orthopaedic specialist, who had just heard rockstar/activist Bono issue his mandate for caring people everywhere to step up and make a difference. As he listened to Dr. Claudius-Cole, he saw his own chance to do just that. Donating his own surgical services, he helped mobilize an entire medical team to get Dr. Claudius-Cole back on her feet. He even arranged free hip and knee implants.

Today, Dr. Claudius-Cole is fully recovered, and back at her vital healing practice in West Africa. Her story truly brings new meaning to the term "pro-Bono." We share it here because it sends two of the most contagious messages we know. Don't give up, and remember to give back.



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Thanks For Reading The Post Dispatch

A veterinarian and a gentleman

By Dr. Kerry Wink, DVM
Correspondent

Have you ever had a problem, which you thought was trivial and non-important but turned out to be completely different, and a bigger issue? We all know this happens in all areas of life including veterinary medicine. Let me tell you about my latest case...

While out feeding one evening, a client noticed what looked to be a small laceration on one of her horses. She wasn't too concerned since it was a small 'cut' about 2 inches long, however it looked deep enough she thought it could use a few stitches. Let me wonder away from the story and mention most horse owners will agree when I say horses can get hurt the 'darndest ways'. You could put a horse in a yard filled with scrap metal and the horse will never get injured. Put him in a pen with nothing but dirt and they'll tear themselves up somehow. Owners will also tell you horses only get hurt on nights and weekends, and this case was no different. Since the clinic was already closed the client left her information on our emergency messaging system, which paged me to return her call within minutes. After visiting with her over the phone, we both decided we'd rather be 'safe than sorry' and bring the horse in for an exam.

When she arrived at the clinic, her horse 'Gentleman' had about a two and a half inch cut over the point of his right shoulder. At first glance I agreed with the owner and didn't

think the cut was all that bad. Her horse, Gentleman was living up to his name. He was calm, walked normal, and never limped while entering our large animal exam room. In order to get a closer look at the laceration, explore it and to clean it up, I suggested going ahead and sedating the patient for treatment.

After sedating Gentleman, I clipped the hair around the wound and proceeded examining to make sure nothing else was going on. I ran my finger...yes it was clean...into the laceration to see how deep it really was. Alarm was raised when I felt pieces of something loose in the wound. Thinking it was dirt or gravel, boy was I ever surprised when I pulled out a piece and saw it was actually bone. Gentleman must've run into something very hard since I was pulling out pieces of his humerus, the bone between your elbow and shoulder. I spent the next hour or so removing several pieces of bone fragments. Since the humerus is behind a lot of muscle, which protects it, this was a very challenging procedure. I was unable to grab pieces of bones with my fingers and was having to use a pair of hemostats and a small pair of medical pliers. Talk about a very tedious process! But if I didn't get every piece out of the wound, infection or abscess would be a concern. After pulling out all of small pieces, there was one large piece of bone left. The problem was, this piece was still attached to a muscle, tendon, or ligament and did not want to come out. I was now beginning to get concerned since I

could not see what I was cutting. Remember we're talking about 2.5" of workspace. I was just hoping it would come out easy and I would not cut a vital nerve or blood vessel during the process. Taking a deep breath and saying a little prayer, I finally got the last bone fragment out. You do know prayer is a VERY important part of veterinary medicine, right? At least in MY practice it is. But that'll be another story on another week. I left the wound open so it could drain and could heal from the inside out. Stall confinement was required and today Gentleman has recovered 100%.

This is only one example of a wound not looking bad on the outside but was a major issue on the inside. Moral of the story...how something looks on the outside does not necessarily show what might be going on deep inside. Looks can deceive you. I'd much rather you be on the safe side and bring in your injured pet to make sure nothing else going on other than what we can see with our eyes.

It is my pleasure to serve our wonderful community as your veterinarian. I am happy to be writing this column each week to help pet owners understand not only their pet's needs, but also the 'backstage' aspect of my career choice. If you have questions or would like to see a particular topic covered, you can email the clinic at gcah@windstream.net, post on our Facebook page (www.facebook.com/GarzaCountyAnimalHospital), or give us a call, 806-495-3726.

USDA and Corporate Agribusiness Continue to Push Animal ID Scheme

Consumers and Independent Producers Lose if Big Ag Wins on Animal Traceability

AUSTIN, TX (June 21, 2011) The U.S. Department of Agriculture (USDA) is expected to issue its new proposed rule for mandatory animal traceability very shortly. While USDA already has traceability requirements as part of existing animal disease control

programs, the proposed framework goes much further to require animal tagging and tracing even absent any active disease threat. The framework has raised significant concerns among family farm and ranch advocates, who criticize the agency for failing to provide a coherent, factual explanation for the new program's necessity.

"USDA brags about the

success of past programs, but has abandoned the principles that made them successful," argued Bill Bullard of R-CALF USA. "Past programs were based on sound science and were developed in response to the transmission, treatment, and elimination of specific identified diseases. USDA's new approach is a one-size-fits-all approach that does not specifically aim at the control of livestock diseases."

The USDA has presented its traceability scheme as an animal health program, but it has also reiterated the importance of the export market to the United States in promoting its new plan. The powerful meatpacking lobby has continued to push for such mandated traceability requirements in order to develop

international standards for exports. Critics have suggested this is not in the American public's best interest, however, since the U.S. is a net importer of beef and cattle and the profits from the export market go to a small handful of massive meatpacking companies.

"Factory farms can easily absorb the added economic burdens, and the meatpacking industry stands to benefit from a marketing standpoint," asserted Judith McGeary, a livestock farmer and executive director of the Farm and Ranch Freedom Alliance. "However, the extra expenses and labor will fall disproportionately on family farmers and ranchers, accelerating the loss of independent businesses to corporate industrial-scale producers."

"Consumers need the USDA to start focusing on the animal health and food safety risks posed by industrialized meat production," said Patty Lovera of Food & Water Watch. "If USDA devoted as much energy to preventing animal diseases as it has to promoting animal tracking, our food system would be in much better shape."

Many cattle organizations agree that tracing breeding-age cattle may

be appropriate for efficient disease control, but USDA's proposal goes far beyond that by calling for the identification of every cow that crosses state lines, including feeder cattle that are processed at a young age. Because of the sheer numbers of feeder cattle, this requirement could unduly burden small ranchers and sales barns and further erode competition in the marketplace.

"The large volume of the animals that USDA proposes to track could overwhelm the capabilities of state agencies, making it impossible to retrieve useful data if there is in fact a disease outbreak," stated Gilles Stockton, a Montana rancher and member of the Western Organization of Resource Councils.

Additionally, the centuries-old tradition of hot-iron branding cattle would be demoted from an official identification device. "The brand is a part of our ranching heritage and a long accepted method of animal identification," stated Rep. Denny Rehberg, R-Mont, in a letter to USDA Secretary Tom Vilsack.

A coalition of farm, ranch and consumer groups urges citizens to contact their Congressional representatives and the USDA with their concern

that mandatory animal traceability helps only a few giant corporations, at the expense of American family farmers and consumers.

"If Americans don't want their food supply to cave like the banking and housing industries, it's time to take action," stated Mark Kastel of The Cornucopia Institute.

For more information, contact:

Judith McGeary, Farm and Ranch Freedom Alliance, 512-484-8821

Bill Bullard, R-CALF USA, 406-252-2516

Patty Lovera, Food & Water Watch, 202-683-2465

Gilles Stockton, Western Organization of Resource Councils, 406-366-4463

Mark Kastel, The Cornucopia Institute, 608-778-2038

About Farm and Ranch Freedom Alliance (FARFA)

FARFA advocates for farmers, ranchers and homesteaders through public education and lobbying to assure their independence in the production and marketing of their food, and to prevent the imposition of unnecessary regulatory burdens that are not in the public interest. FARFA also advocates for consumers' access to healthy foods of their choice.

Farm Service Agency Announces Accepted CRP Contracts

POST, Texas - June 17, 2011 - Victor Ashley, Executive Director for the Garza-Borden County USDA Farm Service Agency (FSA), announced that contracts for the Conservation Reserve Program (CRP) for fiscal year (FY) 2012 have been awarded.

During the 41st general CRP signup conducted in the spring, more than 38,000 CRP offers were received on approximately 3.8 million acres nationwide. USDA accepted enrollment of 2.8 million acres bringing the total program enrollment to 29.9 million acres including 597,082 acres in Texas.

"These newly accepted CRP contracts perpetuate the past quarter century of

program success by providing

a low risk opportunity to implement a variety of conservation practices on environmentally sensitive land," said Ashley. "CRP practices improve water and air quality, increase wildlife habitat and prevent soil erosion," he said.

How successful is CRP? According to Ashley, since its inception 25 years ago, CRP acres have resulted in an eight billion ton reduction in soil erosion, restoration of two million acres of wetlands and adjacent buffers, vegetative protection of more than 200,000 stream bank buffers and significant increases in upland wildlife numbers which translates to recreational dollars for many

rural economies.

Landowners enrolled in CRP receive annual rental payments and cost-share assistance to establish long-term, resource conserving covers on eligible farmland. Accepted contracts are effective October 1, 2011.

All CRP offers were evaluated and ranked using an Environmental Benefits Index (EBI) that indicates the environmental benefits of enrolling land in CRP. There are five environmental factors that make up the EBI: wildlife, water, soil, air, and enduring benefits and cost.

For more information about the Conservation Reserve Program, please contact the Garza-Borden County FSA Office at 806-495-2801 X 2 or visit <http://www.fsa.usda.gov/crp>.

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OPINION



The Paperboy

Spy flies and bird drones may be a scary proposition

By CHRIS BLACKBURN

Our government has some pretty powerful tools at their disposal.

I don't want to alarm you, but before long, perhaps within the next year, it will be virtually impossible to drop of the grid, or simply disappear.

Now I'm not suggesting you need, or even want to disappear, but it's nice to have that option, or freedom.

From facial recognition software to flying drone insects to GPS phones, about the only way remaining to get away from it all is to leave everything behind, get a disguise and walk off.

According to the New York Times this week, the U.S. military is busy developing the next generation of drones. They are the size of birds and insects.

Unmanned drones have become a mainstay for the military on the border. They are used for surveillance, to carry weapons or both. They are much less expensive than manned aircraft and there is no risk to the pilot, whom is ground-based.

The indoor flight lab at Wright-Patterson Air Force Base is home to drones which are designed to replicate the flight mechanics of moths, hawks and other insects. "We're looking at how you hide in plain sight," said Greg Parker, an aerospace engineer.

Over in Afghanistan, U.S. Marines are getting to use blimp-like spy balloons that float from a tether 15,000 feet above the ground in Sangin in Helmand Province. The balloon can transmit live video from up to 20 miles away. It

is hampering the insurgents' efforts in planting homemade bombs.

The Pentagon has approximately 7,000 aerial drones. There were less than 50 a decade ago. And many more are on the way. The Air Force is training more remote pilots, 350 in 2011, than fighter and bomber pilots combined.

"It's a growth market," said Ashton B. Carter, the Pentagon's chief weapons buyer.

And they're paying off. According to the Times article, the Central Intelligence Agency spied on Osama bin Laden's compound in Pakistan by video transmitted from a new bat-winged stealth drone, the RQ-170 Sentinel. More than 1,900 insurgents in Pakistan's tribal areas have been killed by American drones since 2006.

One other major factor in using the drones is they save human lives.

Beyond the drones, "spy flies" and "birds" are on the horizon. "Flapping wing" technology is being developed and scientists say robotic insects will be able to use sensors and microcameras to detect enemies, nuclear weapons or victims in rubble. And of course, these drones will be able to spy on us.

So when do the apocalyptic nightmares begin? When will our sophisticated engineering and technology get the better of us?

If you're a science fiction fan, it's when the machines start controlling the machines instead of humans. It will happen when artificial intelligence takes root. Of course, these things won't happen overnight, it will take years.

What's that you say? We're too smart to ever let com-

puters take over? They will have to.

Since the Sept. 11 attacks, the hours the Air Force devotes to flying missions for intelligence, surveillance and reconnaissance have gone up 3,100 percent, most from increased operations of drones. Every day, the Air Force must process almost 1,500 hours of full-motion video and another 1,500 still images from drones on around-the-clock combat air patrols.

The pressures on humans to keep up with demand in realtime will eventually give way to computers. Soon the military to the new "Gorgon Stare" technology that can capture live video of an entire city. It that requires 2,000 analysts to process the data feeds from a single drone, compared with 19 analysts per drone today. Simple to see why humans will not be able to manage the kind of technology we're producing.

I'd feel better if I knew we had a fail safe. If there was a plug we could pull on the chance that machines will get a mind of their own.

No doubt some of you probably think I'm overreacting. Maybe I am. But, it seems our technology is increasing so rapidly, we don't even know what we have or where it's headed. One thing is for sure, you send a "spy fly" into my house and my wife is going to cost the government a chunk. She's a deadeye with a fly swatter.

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Christopher Blackburn is the president of Blackburn Media Group, owner of this publication.

Other Opinions

Bailouts Erode Confidence in Value

By BILL WILSON

What is the price of a bailout? Nominally, it's how much a central bank or legislature has to print or spend, respectively, to save a failed institution from its own stupidity.

For example, the Treasury has dedicated more than \$150 billion to bailing out Government Sponsored Enterprises (GSEs) Fannie Mae and Freddie Mac. Or, the Federal Reserve printed \$1.25 trillion to buy mortgage-backed securities from financial institutions all over the world.

However, the cost of the many bailouts that have taken place since 2008 may be more far-reaching than just adding the national debt or blowing up the Fed's balance sheet.

The ultimate cost may be in eroding any confidence at all in the value of money.

When institutions bet poorly, whether it be on housing or sovereign debt, and stand to lose hundreds of billions of dollars, and then a printing press intervenes to save them, it takes risk out of the equation when assessing the value of these and other assets.

When your neighbor gets a bailout on his mortgage, what is the value of your own mortgage payments? Why make any payments at all? What is the value of the taxes you pay when the banks that lend governments money are made whole even when those governments cannot refinance those loans? Why bother paying taxes?

After the United States officially came off of the gold standard under Richard Nixon, the value of the dollar has been said to be in the productivity of the American worker. Money, then, was a unit of measure of how much an employee's work shift is worth to an employer.

In extension, workers, when they use their wages to purchase goods and services, are then exchanging their time spent at work for the things they need and want. Therefore, the more valuable an individual is deemed by his or her em-

ployer, the greater that person's purchasing power is. And, the more productive the American workforce is as a whole, the more valuable the dollar would become.

But these bailouts — and the fractional banking system that has necessitated them in the eyes of public officials — have thrown all of that into question. How?

Systemic risk. Because financial institutions have overleveraged themselves on loans, investments, and other securities, and because there is an interconnected counterparty risk between these institutions, the collapse in the value of a particular asset or of a particular institution is thought to threaten the solvency of the wider financial system.

That is the only plausible explanation for the 2008 bailouts, and it is certainly the only explanation for what is taking place today in Europe, where any proposal that unsecured creditors take losses on sovereign debt is kyboshed.

So overleveraged and interconnected is this system, a default by Greece, which accounts for less than 1 percent of the global economy, now threatens to take down the entire financial system. How can this be?

Greece carries a gross debt of €340 billion. Of that, German and French banks own about €15.5 billion and €10.28 billion, respectively, meaning a default would hit them particularly hard, too. The European Central Bank (ECB) is on the hook directly for over €120 billion in Greek debt, including tens of billions of Greek debt it accepted as collateral when making other loans.

If these international financial institutions take losses of that magnitude, it will mean less money to lend to other sovereigns. Their failure will mean the defaults of other sovereigns like Ireland, Portugal, Italy, Spain, and so forth. Those defaults will in turn take down other financial institutions that lent them money.

So, the European Union, International Monetary Fund, and the ECB have all intervened to bail out the creditors of these

troubled sovereigns — with yet more printed money.

The people ask: If central banks like the ECB or the Fed can just print trillions to paper over these debts, without any risk of default, what is the sense of paying taxes at all? In the case of a bank, what is the sense of asking for collateral on a loan? Why even bother charging any interest on these loans?

If a printing press is all that is necessary for a government to spend unlimited amounts of money on social spending or for houses to be bought and sold, why even make loans at all? Why have any debt? Why not just print all of that money and let everyone live debt free? Why even work?

If failure is no longer allowed in the economy, then there is no risk.

But we know that there is risk, huge risk, for the average person. The worker or the small businessman or the professional face stiff penalties for mistakes or failure to pay their obligations. So, the real question is who is freed of any risk and loss for mistakes and who is forced to pay the bills — for themselves and for the anointed elite? And the bigger question yet, who decides?

The current crisis we find ourselves in will not begin to honestly repair itself until real value is returned to our money. And to do that, risk must be applied across the board. There must be a risk faced by those international bankers and financial gurus. If they bet wrong, they should pay. It applies to nations as well. If Greece cannot afford its semi-socialist welfare state, then it must pay the piper. So too the United States. The good-intentioned, ill-conceived welfare state is killing us.

The printing presses at the Federal Reserve and elsewhere are devaluing our money and thereby stealing our time spent in labor and productive activity. Value and risk must return or we are surely headed over the cliff.

Assessing the EPA's Moral Case for New Rules

By VICTOR MORAWSKI

The Environmental Protection Agency (EPA) has recently proposed two controversial new rules that set a national standard for emissions from coal-fired power plants.

Since these rules are part of the Clean Air Act, it must follow that Act's Congressional mandate to conduct a cost-benefit analysis of the societal impact of any such proposed standard. This analysis shall "consider all of the economic, public health and environmental benefits" as well as "the effects... on employment, productivity... [and] economic growth" caused by compliance with the standard.

It is mandated by law not just for economic but for moral reasons, following the utilitarian assumption that a policy is morally justified if on balance it produces more good than bad results for society as a whole. A long-accepted way of gauging these results is with a cost-benefit analysis which justifies a policy morally if, on the whole, its economic benefits outweigh its costs.

Ideally, one should be conducted from a disinterested perspective where the person or agency functions as an impartial observer, fairly weighing costs and benefits against one another from what ethicists call "the moral point of view."

All too often, though, these analyses can be unfairly skewed by omitting or deliberately misinterpreting relevant data.

According to the EPA, its new emissions standard will require the installation of new pollution control equipment on 44 percent of existing coal-fired power plants along with its ongoing maintenance.

Astonishingly, the EPA estimates the total costs to society

of what it calls its "toxics rule" to be equivalent to the yearly costs to the power plants affected of installing and maintaining this equipment, about \$10.9 billion: "we estimate the social costs of the proposal to be... identical to the compliance costs." Are these truly the only societal costs of these new rules?

What about the effects of the new rules on employment? Here again it considers the direct employment impacts of the proposed rule to be only those associated with installing and maintaining the new pollution control equipment and sees only beneficial effects: "EPA estimates this proposed rule will provide employment ... by supporting 31,000 short-term construction jobs [for those building and installing the equipment] and 9,000 long-term utility jobs [for those maintaining it]."

Stated differently, the rule would increase employment by 31,000 job years in 2015.

Of the indirect employment impacts of the rule it sees virtually none that are statistically significant and concludes that, "pollution abatement expenditures do not necessarily cause economically significant employment changes."

But a very different picture emerges from an alternative analysis done by NERA Economic Consulting for the American Coalition for Clean Coal Electricity. It concludes that because of increased coal unit retirements and decreased demand for coal from the electricity sector, "Net employment in the U.S. would be reduced by more than 1.4 million job years" between now and 2020.

The relatively small number of jobs gained through pollution equipment installation and maintenance pales by com-

parison with this figure yet the EPA does not even consider these impacts.

Another significant discrepancy exists between the EPA's projected effects of its rules on residential electric costs and NERA findings.

The EPA claims, "these proposed standards will result in relatively small changes in the average retail price of electricity... resulting in a consumer electricity price increase of ... \$3-4 per month."

By contrast, NERA concludes that "Average U.S. retail electricity prices in 2016 would increase by about 12 percent, with regional increases as much as about 24%" — far more than a few dollars a month!

The EPA makes various claims for the health benefits of its rules: "Each year the standards will prevent serious illnesses and health problems: up to 17,000 premature deaths, 11,000 heart attacks, 120,000 asthma attacks,..." And, "for every dollar spent to reduce this pollution, Americans get \$5-13 in health benefits."

A serious scientific challenge to these claims has been mounted recently by Willie Soon and Paul Driessen who conclude that emissions from coal-fired power plants account for only one half percent of the mercury in the air we breathe. So even if many of the above health problems are caused to some extent by mercury in the air, EPA rules address so little of it that it is highly doubtful the health benefits it cites will follow from their implementation.

Thus, its moral case seems significantly wanting, ignoring important costs and over exaggerating benefits.

New Texas Superstar flowers all season long, likes heat

By Robert Burns

COLLEGE STATION — Because the plant wimps out in the Texas heat, about the only place Texas gardeners are used to seeing Baby's Breath gypsophila is in the floral shop.

But a new Texas Superstar designee, Baby's Breath euphorbia, breathes easily and flowers profusely even during the hottest Texas summers, according to Texas AgriLife Research experts.

In climates that are less demanding, Baby's Breath gypsophila, is grown for edging or ground cover, said Dr. Mike Arnold, AgriLife Research horticulturist and member of the Texas Superstar executive board.

Though similar in appearance to gypsophila, Baby's Breath euphorbia is not just another species but of a different genus, one that is fully adapted to Texas conditions, Arnold said.

"The reason it's called Baby's Breath euphorbia by our group is that it has a general wispy, white cloudlike effect with fine texture, providing a background for highlighting other flowers," he said. "So the name is a reference more to its functionality that it is to its botanical background."

Doing well throughout the state is the first prerequisite for a plant to be admitted to Superstar ranks. A plant must not just be beautiful but perform well for consumers and growers throughout Texas, said Dr. Brent Pemberton, AgriLife Research horticulturist and

chair of the Texas Superstar executive board. Superstars must also be easy to propagate, a requisite that insures designees are widely available and reasonably pricece throughout Texas.

Most Superstars are selected only after extensive tests at Overton, Lubbock, San Antonio and College Station by AgriLife Research and Texas AgriLife Extension Service horticulturists. Baby's Breath euphorbia was no exception, Pemberton said.

The wispy white flowers of Baby's Breath euphorbia tend to create a "mound effect" during the season, Arnold said.

"It provides a nice filler material to highlight some of our brighter colored flowers or around some of our coarser-textured foliage where it might act as a foil or accent," he said.

Arnold said the plant also does extremely well when grown in containers, such as patio pots and around pools.

"It can also be used in the ground," he said. "It also works in hanging baskets where it can be a filler component for those as well."

There are actually several cultivars of Baby's Breath euphorbia on the market, Arnold said.

"We're not designating a single one because in our efforts to test these, a number of them appeared to perform fairly similarly," he said. "So rather than promoting a single cultivar on this, we're looking

at those (we tested) as a group."

"The cultivar, White Manaus from GroLink, has been the most vigorous in our trials and stands up brilliantly to our Texas heat," Pemberton said. "Breathless White from Ball FloraPlant is another strong grower."

AgriLife Researchers also tested Silver Fog from Dudden Red Fox and Hip Hop from GroLink, and found them to be best used in mixed containers, Pemberton said.

"They blend and support any plant they are mixed with," he said.

Pemberton noted that all the Euphorbias are vegetatively propagated. Their water-use is moderate, and they don't need shearing.

"They are going to be annuals for us," Arnold said. "In warmer climates they might function as a perennial, but generally speaking, in our region they are going to be an annual."

Pictures of Baby's Breath euphorbia and other 2011 Texas Superstars can be found at the AgriLife Today Flickr photostream at <http://www.flickr.com/photos/agrilifetoday/sets/72157626917838436/>

Texas Superstar is a registered trademark owned by Texas AgriLife Research, a state agency that is part of the Texas A&M University System. More information about the Texas Superstar program can be found at <http://texasuperstar.com/>.



Texas AgriLife Research has tested several varieties of Baby's Breath euphorbia, a new Texas Superstar designee. "White Manaus (right) from GroLink has been the most vigorous in our trials and stands up brilliantly to our Texas heat," said Dr. Brent Pemberton, AgriLife Research horticulturist and chair of the Texas Superstar executive board.

Texas AgriLife Research photo by Dr. Brent Pemberton



All varieties of Baby's Breath euphorbia can be woven in with bedding plants of other colors and textures for effect, as they were here in this demonstration garden at the Texas AgriLife Research and Extension Center at Overton.

Texas AgriLife Research photo by Dr. Brent Pemberton



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5	\$32,238
6	\$36,913

With hay and water supplies dwindling, producers continue to cull herds

By: Robert Burns

COLLEGE STATION — With the ongoing drought, livestock producers throughout the state continued to cull herds or liquidate them entirely, according to reports from Texas AgriLife Extension Service personnel.

"Ranchers are being forced to sell off cattle or invest in more acreage for grazing," said Ryan Martin, AgriLife Extension agent for Motley County, northeast of Lubbock. "With no grazing, no hay supply and supplemental feed prices rising, ranchers have no choice but to sell off or downsize their herds. Residents are saying this is the worst drought they have

ever been through."

Greg Jones, AgriLife Extension agent for Garza County, southeast of Lubbock, said producers in his area are "pretty well stocked for drought conditions because they happen regularly in our area."

Still, Garza County ranchers are actively culling. Jones recently held a meeting to assist ranchers in reducing herd numbers, adjusting stocking rates and alternative feeding programs during drought.

"Most of them have dealt with this before," Jones said. "It's just a little longer and more drawn out this time."

Hay stocks were dwindling across the state, though

the reports from some areas, such as East Texas and the Coastal Bend, seemed direr than others.

"As we go another week without any measurable rains and above normal temperatures, forage conditions continue to deteriorate under normal grazing pressure," said Lee Dudley, AgriLife Extension agent for Panola County, east of Tyler. "Many producers have already culled once and are now looking to cull deeper into their herds as they are running out of standing grass."

"We are in an extreme drought throughout most of the county," said Clint Perkins, AgriLife Extension

agent for Wood County, about 100 miles east of Dallas.

"Pastures and hay meadows are in bad condition. Feed prices for dairy producers are on the increase. Producers are talking about a serious cull of herd size if rainfall does not come."

"Time is running out for larger producers to produce enough hay to meet their needs if rains don't come soon," said Mark Currie, AgriLife Extension agent for Polk County, east of Huntsville. "Hay purchases will likely be very costly with a high trucking bill, which will force increased culling of herds."

"Karnes County has moved into Stage 4 drought and desperately needs moisture," said J.D. Folbre, AgriLife Extension agent for Karnes County, southeast of San Antonio. "Sorghum and cotton crops still have a chance if moderate rainfall is received. The hay crop looks like it will be 60 percent to 70 percent of normal."

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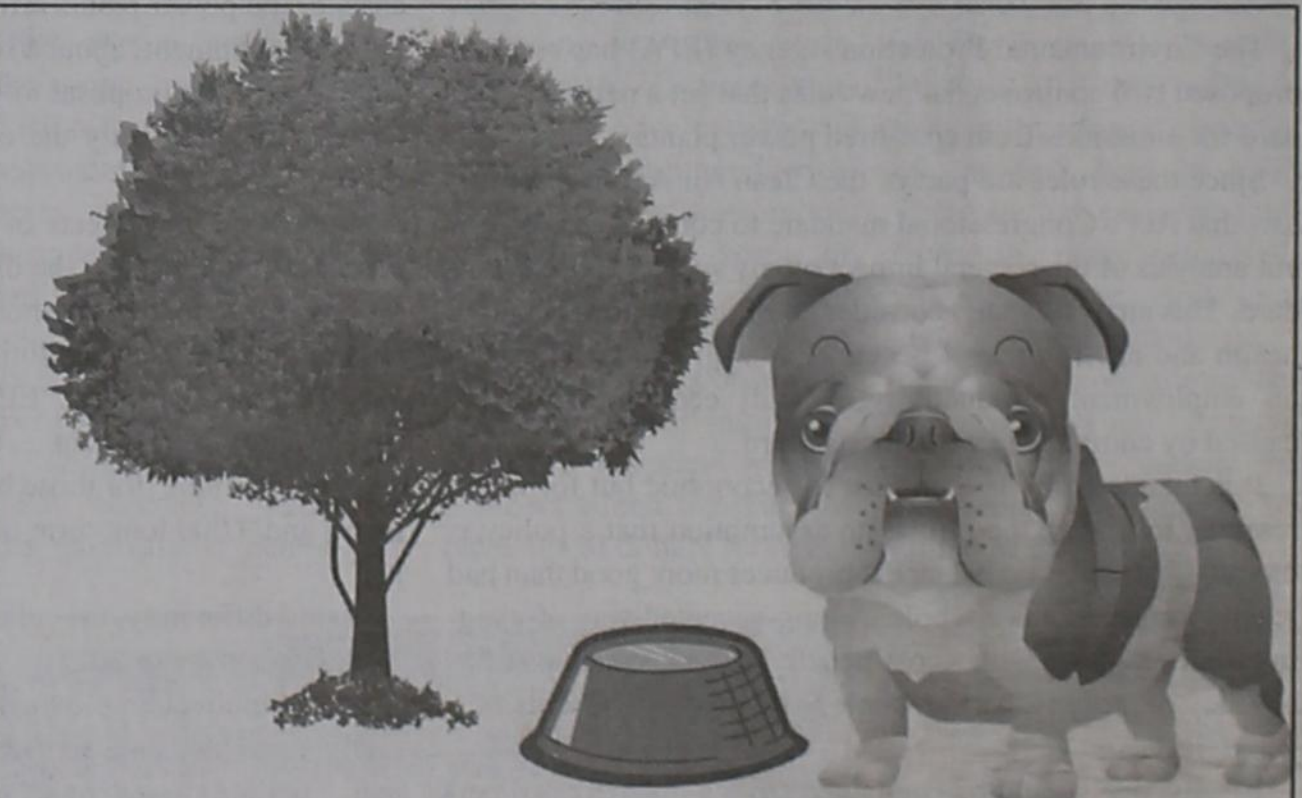
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Legends...Garza County Historical Museum by Linda Puckett

The Jack Alley story, as told to Frank Hill continues.

Though I never rode trail to Kansas myself, I have heard C.C. Slaughter and others tell of bringing as much as \$10,000 in gold back from Dodge City in a saddle bag. Sometimes some of these trail drivers would get drunk, though, and didn't bring back anything but experience. And, there were robbers, cattle thieves, and other desperadoes of every description to contend with.

After two years in Rev. Slaughter's service, I hired on with Will and John Slaughter and came to the Plains.

In 1878 there was still considerable grazing land in the Palo Pinto section, but the younger Slaughters were doers of big things, and they decided to push their activities to the extreme frontier in West Texas, where there was plenty of room, good grass, and not so much trouble from cattle thieves. The only interference they could expect would be from Indians and desperadoes who were more or less thick everywhere along the frontier.

With this plan in view, Will B. and John B. Slaughter came to the Plains in 1878 and formed a ranch in eastern Crosby County, the second on the South Plains, Hank Smith being the first.

Formation of the Slaughter ranch came as a result of a deal between these Slaughters and their cousins, Charley and W.J. Slaughter. The later cowmen had started to Arizona with about 4,000 head of longhorns. Will and John, myself, and other cowboys, met Charley and W.J. at the head of the Brady in central West Texas, where the former bought these 4,000 head.

Before closing the deal, Will and John built some rock corrals on Bull Creek northwest of the present Colorado City with the idea of establishing their ranch at that location. While we were down on the Brady, their brother, Col. C.C. Slaughter and associates drove up a bunch of South Texas cattle and finding no one using them took possession of the rock corrals and adjoining country.

A little matter of this kind caused no hard feelings between the brothers, for

there was much land left; and we drove the newly acquired cattle on to Crosby County that fall to graze on free range. They also bought-out the Shaw and McDonald cattle outfit, located on McDonald Creek, and the latter went to Lynn County to raise sheep.

John's wife went with us. She was a good rider and as good a puncher as we had. After we got the headquarters established that winter, Mrs. Slaughter and little son came out.

The cattle were divided between the brothers. Steers were branded "US" and belonged to the company. She cattle were branded "Wil" or "Anna" and "Jon" or "May" on their sides by their respective owners and "S" on their thighs. Anna was Will's wife; May was John's. Mrs. May Slaughter died in a year or two, and about a year following her death John married Miss Belle May of Dallas and changed the brand to Bell-s.

The Slaughter ranch covered a territory about twenty miles square from Hank Smith's, about whom I will tell you more later, southwest to McDonald Creek, where Will Slaughter

had his headquarters in a dugout; thence southwest to a branch of Catfish Creek, where John Slaughter had his headquarters in another dugout; then northeast to the line camp near Dockum's store; and back to Hank Smith's place, the latter being about ten miles north of the present city of Crosbyton; Dockum was an old retired buffalo hunter who put up a little store on a prong of Duck Creek which is now Dickens County. After Hank Smith secured a post office at his Mt. Blanco place and a mail line was established from Fort Griffin, Dockum also got a post office under the name of Dockum's Ranch. John Slaughter built the first frame house in Crosby County, a man named Krause doing the work, and Will built the second. Lumber was hauled out from Fort Griffin, to which place it had been freighted from further east.

The Slaughters usually worked ten or twelve men on the ranch.

Between the Slaughter place and Dan Kyle's ranch to the southeast, on the creek, was the ruins of a large Indian village when we first came out and from appearances a large tribe of

Indians had lived there for a long time not so many years back. Many old teepee poles could be found around the old camp for several years.

The Indians made frequent trips from their reservations in Indian Territory (Oklahoma) down across the Plains to steal, and carried their goods back across the South Plains to New Mexico and Arizona to sell them, or to trade for guns, ammunition, and trinkets.

Three Indian raids were made on the Slaughter outfit while we were in Crosby County. The first was soon after we arrived in '78 when a bunch of renegades swept by the ranch one night and stole about 100 head of horses, which they drove back to Indian Territory. John and Bill Slaughter, and Indian Tom, and Harry Delgar, two ranch hands, followed them all the way up into the territory, but became wary when they reached the Indian country and returned without the horses.

That fall Tom Coggins and Bob Wiley bought about 5,000 head of "jingle-bob" cattle from John Chisum, who was ranching on the Pecos River in New Mexico, trailed them across the South Plains by Blanco Canyon in Crosby

County and up to the head of the Pease River, where they formed a ranch. This was, as far as is known, the first herd of cattle to cross the South Plains of Texas.

Coggins and Wiley were just finishing their spring roundup on the Pease, in 1879, when a band of 40 or 50 renegade Comanche Indians surrounded them. The cattle outfit was held up for a half day, but finally the Indians saw that they could not handle the Coggins-Wiley bunch and moved on. One night a short time later they came by the Slaughter Ranch and stole about 35 or 40 head of horses and went on down to John and Charley Hensley's who had a ranch on the Salt Fork of the Brazos, west of our place and stole a team of mules and possibly some horses. Going on up to the mouth of the Yellowhouse Canyon, they overtook two men (I never did learn their names) and killed them. These two men had a bunch of burros they were driving to Leadville, Colorado, to sell as pack animals. Fabrique, a ranchman on the Yellowhouse, later told us about finding the dead bodies. Don't miss part three of the Jack alley story as we continue next week.

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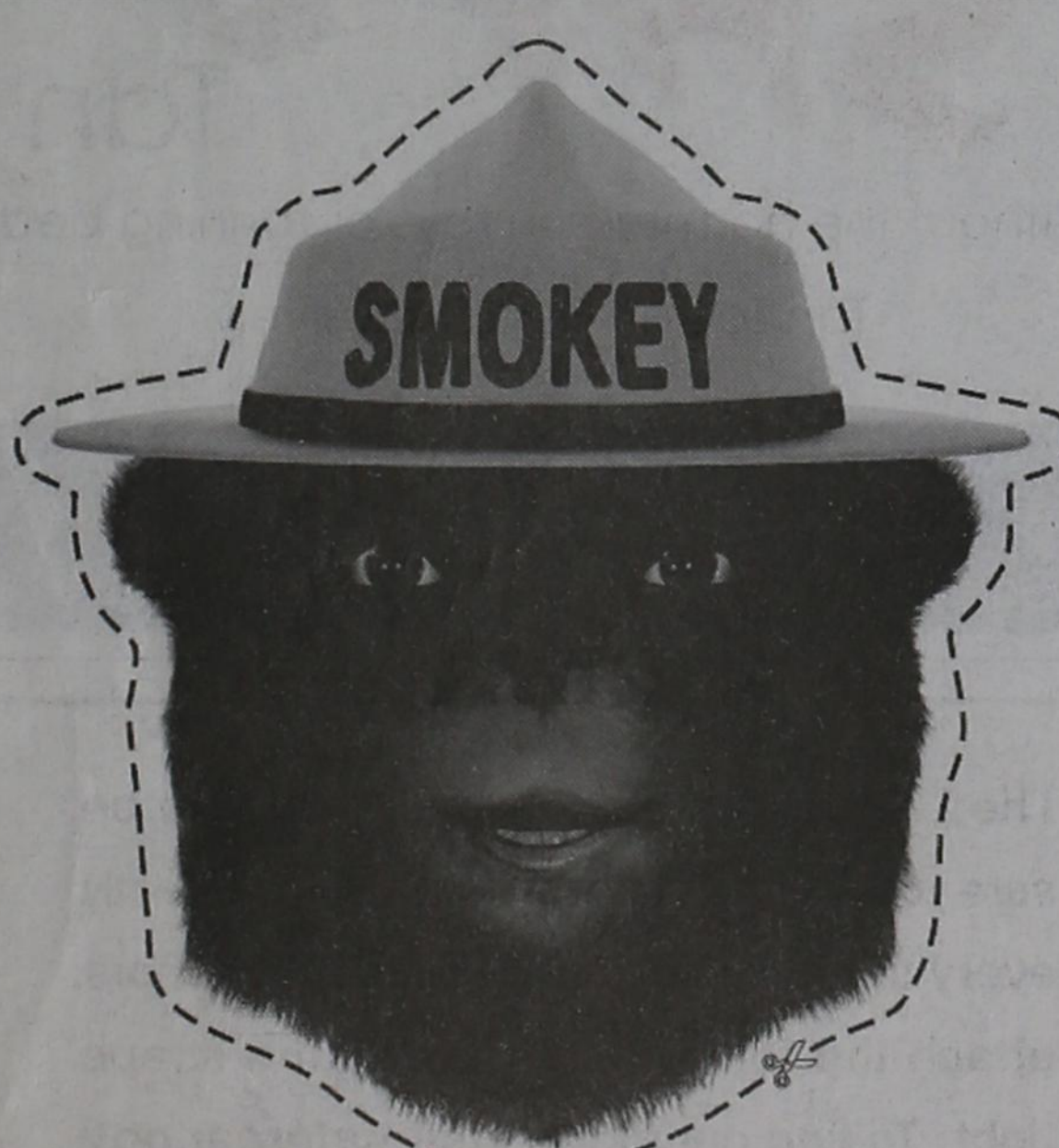
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Legal Notice

NOTICE OF SHERIFF'S SALE

THE STATE OF TEXAS §

COUNTY OF GARZA §

By virtue of an Order of Sale issued out of the Honorable 106th Judicial District Court of Garza County, on the 6th day of April, 2011, by the Clerk thereof, in the case(s) styled as follows:

Cause No.	Styling	Legal Description
90-06-4508-CV	Garza County v. Brown, Ida Mae, Decd. Diane Brown Ind/Heir of	1. Lot Four (4) and West Six (6') feet of Lot Five (5), Block Thirty-Three (33), Original Townsite, City of Post, Garza County, Texas being that property more particularly described in Volume 200 Page 117 of the Deed Records of Garza County, Texas.
07-03-06174	Garza County v. Buchanan, Frances, If Alive and If Deceased, The Unknown Heirs of	2. All of the West Sixty-Seven and one half (67 1/2) feet of Lot Eight (8) and the South Fourteen (14') feet of the West Sixty-Seven and one half (67 1/2) feet of Lot Seven (7) in Block One Hundred Forty-Four (144) to the Original Town Addition of Post, Garza County, Texas.
09-07-06389	Garza Central Appraisal District v. Curtis, Margie M. Reed	3. Lot Two (2), Block One Hundred Fifty-Five (155), Original Town Addition to the City of Post, Garza County, Texas.
09-09-06408	Garza Central Appraisal District v. Cross, James	4. A .010417 Royalty Interest in Cross 85063179 WMS Oil Company/ WTG (Glorieta) Abst 1/13K, Aycock, Garza County, Texas.
10-01-06435	Garza Central Appraisal District v. Morin, Sheryl Lynn	5. A .000285 Overriding Royalty Interest, Stoker K 85001876 George R. Brown/Garza Abstract 13, Block 2, Section 9, GH&HRR Survey N/2, Garza County, Texas. 6. A .000285 Overriding Royalty Interest, Post EST. 85001873, George R. Brown/Garza Block 5, Section 7, K Aycock Survey, Garza County, Texas.

and to me, as Sheriff, directed and delivered, I will proceed to sell, at 2:30 p.m. on the 5th day of July, 2011, which is the first Tuesday of said month, at the East door of the Courthouse of Garza County, in the City of Post, Texas.

Levied on the 2nd day of JUNE, 2011, as the property of

said defendants, to satisfy the judgment rendered in the above styled and numbered cause, together with interest, at 12 percent per annum, and all costs of suit in favor of each jurisdiction.

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Texas Forest Service can help with trees damaged by wildfire, drought

The driest seven-month period recorded in Texas history occurred from October 2010 through April 2011 – and it's taken a toll on the state's trees and plants.

How dry is it? To put it into perspective: Green plants normally have a moisture content ranging from 125 to 200 percent or more. But during severe and prolonged drought, the moisture content of live, woody plants can drop below 100 percent. This is harmful to trees and plants and often results in extreme fire behavior.

Texas Forest Service Entomologist Joe Pase said drought-stressed trees may exhibit signs of decline. There are a couple of tests that landowners can perform to determine whether

their tree is dead or just dormant.

• Collect some small twigs about one-eighth inch in diameter and try to break the individual twigs. If they snap and break like dead, dry twigs it could mean the tree or branch has died. If the twigs bend and don't break with a snap, the tree may still be alive.

• Use your fingernail to scrape bark from a small twig or branch. If the tissue under the bark is green and moist, the tree may still be alive.

To be absolutely sure the tree is not dead, wait until the next spring to see if it sprouts a new crop of leaves.

"During times of drought, the best thing for trees and plants is water," Pase said.

"Homeowners should consider watering valuable shade trees (pine or hardwood) and other landscape plants to lessen the stress from drought and heat. Water the ground area beneath the branches in the evening or early morning. Without rainfall, watering should be done about every 10 to 14 days."

Landowners concerned about the health of their trees should contact a local Texas Forest Service office or a professional consulting forester for assistance.

Read Entomologist Joe Pase's report on drought in trees and plants.

Contact:

Joe Pase, Entomologist
936-639-8170, jpase@tfs.tamu.edu

Baseball Closing Ceremonies Held

Post Little League Baseball and Softball had their closing ceremonies Wednesday, June 15th at 7:00pm on the Little League Diamond. And just like the opening ceremonies, this kept the Board members and coaches on their toes. Awards were handed out and each age division selected all stars for their perspective tournaments.

Junior League All Stars ages 13-14 were announced for the District 38 tournament to be held in Ralls on June 22nd through June 27th. The Post players will start out Wednesday the 22nd against host Ralls. Team members for 2011 are Freddie Araiza, Keaton Collins, Jarred Curtis, Cambry Gilbert, Erik Gomez, Rafael Gonzales,

Aaron Lopez, Dylan Pearson, Blaine Reece, Jaybren Rodriguez, Ethan Self, Carson Kirkpatrick, and Shandon Wiley. Coaches for this year's All Stars will be Manager Lannie Fluitt, Coaches Chris Belongia and Darrell Reece. We want to wish all age groups good luck and also thank Ted Thomas and the n a successful season.

Data as of June 20, 2011

1. Conservation pool elevation - 2220.00 feet above mean sea level
 2. Elevation - 2215.38 feet, 4.62 feet below conservation pool elevation
 3. Water Temperature 82 degrees Fahrenheit
 4. 2011 cumulative precipitation - 0.73 inches
 5. 2011 cumulative evaporation - 70.11 inches
- Fishing is fair for all species.

Extension Extras

June 24, 2011

Did you know that 4-H is free to join and open to all kids in 3rd grade or 9 years old to 19 years old in Garza County?

Summer Series Tour

Thursday, July 7 and 14, 2011 we will have a clothing tour and officer training and dance. If you are interested please come by the office and sign up. It will be \$10 for one OR all.

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Educational programs of the Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

Texas Forest Service urges residents to use caution over July 4 holiday weekend

With extremely dry conditions across the state, Texas Forest Service is urging Texans to use caution when celebrating the upcoming July 4 holiday weekend.

It doesn't take much to ignite a potentially devastating wildfire. Despite recent rain in some areas, a significant portion of the state remains critically dry.

Texas Forest Service does not make decisions regarding fireworks restrictions or outdoor burn bans. The state agency does, however, provide drought condition information to county government officials. Under state law, each county is tasked with making its own decisions regarding fireworks restrictions and burn bans.

Always check with local government or fire department officials to make sure fireworks and campfires are allowed in your county — and be sure to comply with all restrictions.

Fireworks Safety Tips Use fireworks only under close adult supervision and in safe areas away from dry grass and brush.

Keep fireworks away from homes and structures, which can be accidentally ignited.

Keep a hose, bucket of water and wet towels nearby in case they are needed to extinguish small fires.

Dispose of used fireworks in a bucket of water.

Campfire Safety Tips Build campfires in open, level spots away from trees and overhanging branches;

preferably in designated fire rings or fire receptacles.

Never leave a campfire or cooking fire unattended. Completely extinguish the fire with water before leaving it. The ashes and coals are not safe to leave until they are cool enough to touch.

Consider using a propane stove or barbecue grill instead of an open fire when it's dry and windy.

Put barbecue grills over bare dirt or other fire resistant surfaces — away from dead grass and weeds. Never transport a barbecue pit or grill with live coals.

Contact:

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