



- Easy Ways to make a difference through VistaCare!
- Share companionship/ social visits with patients
 - Help out in the Vista Care office
 - Work from home to make phone calls to Vista Care patients
 - Take a patient outside
 - Help patients stay focused at meal time
 - Provide respite care for caregiver
 - Provide Music, Art or Pet Therapy for patient

Call Katherine McLamore • 806-831-1664 • kamclamore@vistacare.com



Become a fan of the Post Dispatch on Facebook.



The Post Dispatch

A tradition of excellence since 1926



86th Year, Number 46

USPS 439-620

© 2010 The Post Dispatch

Newsstand Price 50¢

Friday, June 17, 2011

Deputy saves local resident's life

By Jodi Lincoln
News Editor

Arriving at work on the morning of June 1st, Garza County Deputy Kerry Clay was not anticipating that the day would begin with a call to assist the Garza County EMS, let alone saving the life of one of Post's very own local residents. When the emergency call came in at approximately 10:30, just 30 short minutes after arriving for duty, Deputy Clay responded to a call of a man down and departed for the scene to assist the EMSs, as is the normal routine of the Garza County Sheriff's Department. Officer Clay was the first responder to arrive at the scene at which time he found a male victim down and unconscious on the front porch of a local residence.

After ascertaining that the victim had a faint pulse, Deputy Clay called in for further assistance since our own Mets were on a run to UMC with another patient and was temporarily unavailable to respond. The victim needed to get to a hospital posthaste with no delays if his life was to be saved. A unit from the Slaton EMS responded and was en route immediately while Aero Care was also

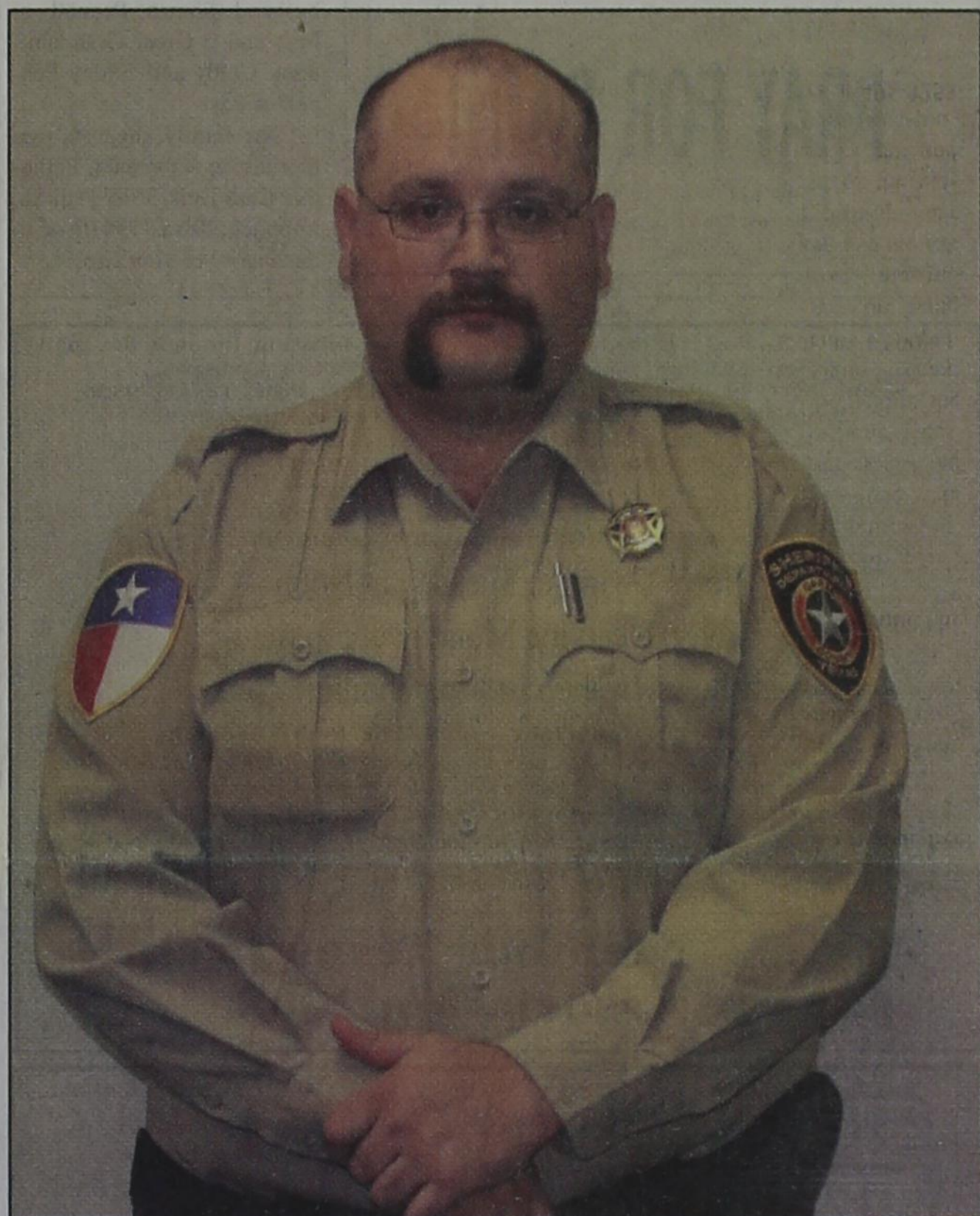
alerted and they began their trip to their designated landing pad. Deputy Clay tried to get a verbal response from the victim and as he was doing so, the victim's pulse stopped. Deputy Clay's training took over and he began to apply chest compressions and assisted the patient with breathing while awaiting additional help to respond. In the background, Deputy Clays says, "I could hear and was aware of the voice of the dispatcher as she talked to me and helped me to remain calm and focused on the job at hand. Our dispatchers are the real heroes to me," he went on to say. "They are very professional and we couldn't do our jobs without them and I am so proud to be associated with each and every one of them," he added.

In a period of just mere minutes Deputy Clay got the victim's pulse to restart, only to lose it once again. He continued applying chest compressions until the EMS crew arrived on the scene and took over the job. The victim was subsequently loaded into an ambulance from which he was transported to the awaiting Aero Care chopper that would medivac the victim to the hospital.

Because of the proficient skills of Deputy Clay and the EMS staff who responded, a grateful citizen is alive today and able to walk the streets. Often we take these men and women in uniform for granted or worse yet, we feel they are not doing anything valuable for the community. Nothing could be further from the truth as this one instance illustrates. On this particular day, Deputy Clay was working to relieve another deputy for the day. Deputy Clay is a full time jailer for Garza County, a job for which he receives a paycheck. However, when he is working as a reserve deputy, he is not being paid, yet he stills does the same level of professional work that he does in his regular position as jailer. Deputy Clay tells us that for him, "it is not about the pay, but about being able to help those in need and to serve my community. This is a calling for me," he went on to say, adding "I worked in the oilfield for a number of years and in that job I earned considerable more than I do working for the county as a jailer. But for me, it is not about the money. This is

DEPUTY...

continued on page 10



Sheriff's Deputy Kelly Clay

Photo by Jodi Lincoln

Message to the citizens of Post:

Everyone is well aware of the dry conditions we are experiencing. Most folks have never seen the weather as dry as it has been these past several months, unless you were alive during the dust bowl days of the thirties and forties. The fact is; there have not been many droughts this severe in recent memory. If you are like my family, you are praying every day for rain, not only for the local area, but for the entire State.

As a result of the heat, wind, and lack of rain, the City of Post is asking that our residents be extra careful with their water usage. Water conservation is one way to help ensure that we do not prematurely run out of water in our reservoir.

I have spoken to Mickey Rogers at the White River Municipal Water District and even though we have been extremely dry, the lake levels are holding up. Our abundance of rain last year could not have come at a better time. So, he did not recommend that we implement Stage II of our Water Conservation Plan, which includes mandatory use restrictions. He said the water plant is averaging about 1.2 million gallons per day being delivered to the four member Cities of Spur, Ralls, Crosbyton, and Post. However, the lake is losing about 5.0 million

gallons a day to evaporation.

To help the good folks at the White River Municipal Water District to be able to continue to deliver water to our Cities, we need to do our part to conserve. The following are some conservation tips from the Texas Water Development Board:

In the Bathroom...

Install a low-flow showerhead that limits the flow from the shower to less than three gallons per minute.

Test toilets for leaks. Add a few drops of food coloring or a dye tablet to the water in the tank, but do not flush the toilet. Watch to see if the coloring appears in the bowl within a few minutes. If it does, the toilet has a silent leak that needs to be repaired.

When brushing teeth, turn the water off until it is time to rinse.

In the Kitchen...

Scrape the dishes clean instead of rinsing them before washing. There is no need to rinse unless they are heavily soiled.

Never run the dishwasher without a full load. This practice will save water, energy, detergent, and money.

Keep a container of drinking water in the refrigerator. Running water from the tap until it is cool is wasteful. Better still, both water and energy can be saved by keeping cold water in a picnic jug

on a kitchen counter to avoid opening the refrigerator door frequently.

For Outdoor Use...

Water lawns early in the morning during the hotter summer months. Otherwise, much of the water used on the lawn can simply evaporate through the sprinkler and the grass.

Water slowly for better absorption, and never water on windy days.

Use water-wise plants. Learn what types of grass, shrubbery, and plants do best in the area and in which parts of the lawn, and then plant accordingly. Choose plants that have low water requirements, are drought-tolerant, and are adapted to the area of the state where they are to be planted.

More tips are available at http://www.twdb.state.tx.us/data/drought/save_water2.asp

To sum up, we are not in imminent danger of losing our water supply. We are, however, in a period of drought, and doing our part to conserve will insure adequate water supplies throughout the summer months. The City staff and I appreciate your efforts, and we are available to answer your questions at any time.

Thanks,
Arbie Taylor
City Manager

Post Notes

VFW Post 6797 Men & Ladies Auxiliary will meet on Monday June 13th at 6:00pm. Meal will be served and Meetings will start at 7:00pm. Ladies are to bring covered dish. Upcoming convention in Houston will be discussed.

Couponing Workshop for Beginners

With such a great feedback from the first session, Caprock Cultural Association is proud to sponsor ANOTHER "Couponing for Beginners" workshop presented by Kristi Wink!

This FREE workshop will introduce the world of couponing and how it can benefit you & your family. Topics will include how to get started, keeping organized, finding deals, and learning tricks to walk away with 'freebies'.

Did you know you can find some great deals right here in Post? How can you make United, Dollar General, & Family Dollar stores a GREAT place to find good deals? See how people from our first class are shopping & saving money.

Workshop will be held at

Heritage House on Monday evenings from 6-7pm lasting thru the month of June. First class will begin Monday, June 13th. There will be door prizes and giveaways each week!

Learn how to save 50-90% off your grocery/shopping trips! Call 495-4148 for more information.

Post Public Library Presents: "Dig Into A Good Book" the Texas summer reading theme for 2011. Summer reading registration begins June 3rd. Research shows a drop in literacy skills among students who don't read over the summer. Encourage your kids to read what they want...as long as it is on or above their grade level to maintain what they have worked so hard to achieve this past year. Summer reading can also help fill an achievement gap. Plan your summer schedule to include reading each day. Keep track of what is read, try new authors and interests, encourage older family members to read to younger siblings; it's like earning double points! Talk about your books, or to organize your own book club. Parents must accompany children

who don't have library card. Library cards are free. During registration pick up your free reading log, bookmark and plan your summer success. Reading can save you from: "I'm Bored, what can I do?" Dig in...Let's READ!

Summer Rec is Around The Corner!

Registration for this year's Summer Rec Program begins Tuesday May 31 - June 30th. Participants must be registered prior to joining in the activities. Sign-ups will be held at the Middle School Gym. Program runs from 8:00am - 12:00pm. Breakfast and lunch are being served at the Post Cafeteria. Lunch is at noon, and we ask the parents to pick-up their children in front of the cafeteria between 12:15pm and 12:30pm. Any questions contact Lorie Rivera at 495-3253 or 441-8465.

Hey all you Hay's. It's that time again! Time for the Hay's family reunion.

Friday, June 24th at 4:00pm at Jerry & Kay's.

Saturday, June 25th at Jerry & Marinette's, 4:00pm-?

Sunday, June 26th at Calvary Baptist Church.

The **COLO\$SAL** Classifieds
CALL: 1-888-400-1083 EMAIL: ads@thecolossalclassifieds.com

In this issue of The Post Dispatch!

OBITUARIES

Joel Warren

Joel Warren 56, of Post died Tuesday June 14 in Lubbock. Services will be 11:00 a.m. Saturday June 18, 2011 at the Post Church of Christ with Charles McCook officiating. Burial will follow at the Terrace Cemetery.

Survivors include: three brothers: Delroy and his wife Marie Odom, Chet Warren, and Linford and his wife Sue Warren all of Post. One sister: Sherry Redman of Arcadia, Oklahoma.

Walter Carl (Dub) Caffey Jr.

Walter Carl (Dub) Caffey Jr. went to be with his Lord and Savior on Sunday the 12th of June. Walter was born October 16, 1922 to Walter Sr. and Emma L. (Hawthorne) Caffey in Post, Texas.

Walter (Dub) Caffey is survived by his wife of 68 years, Marjorie, a son - in-law Herb Germer of Granite Shoals, Texas as well as several cousins.

A Celebration of Life Service will be held at a later date here in Post.

Lometa Epley

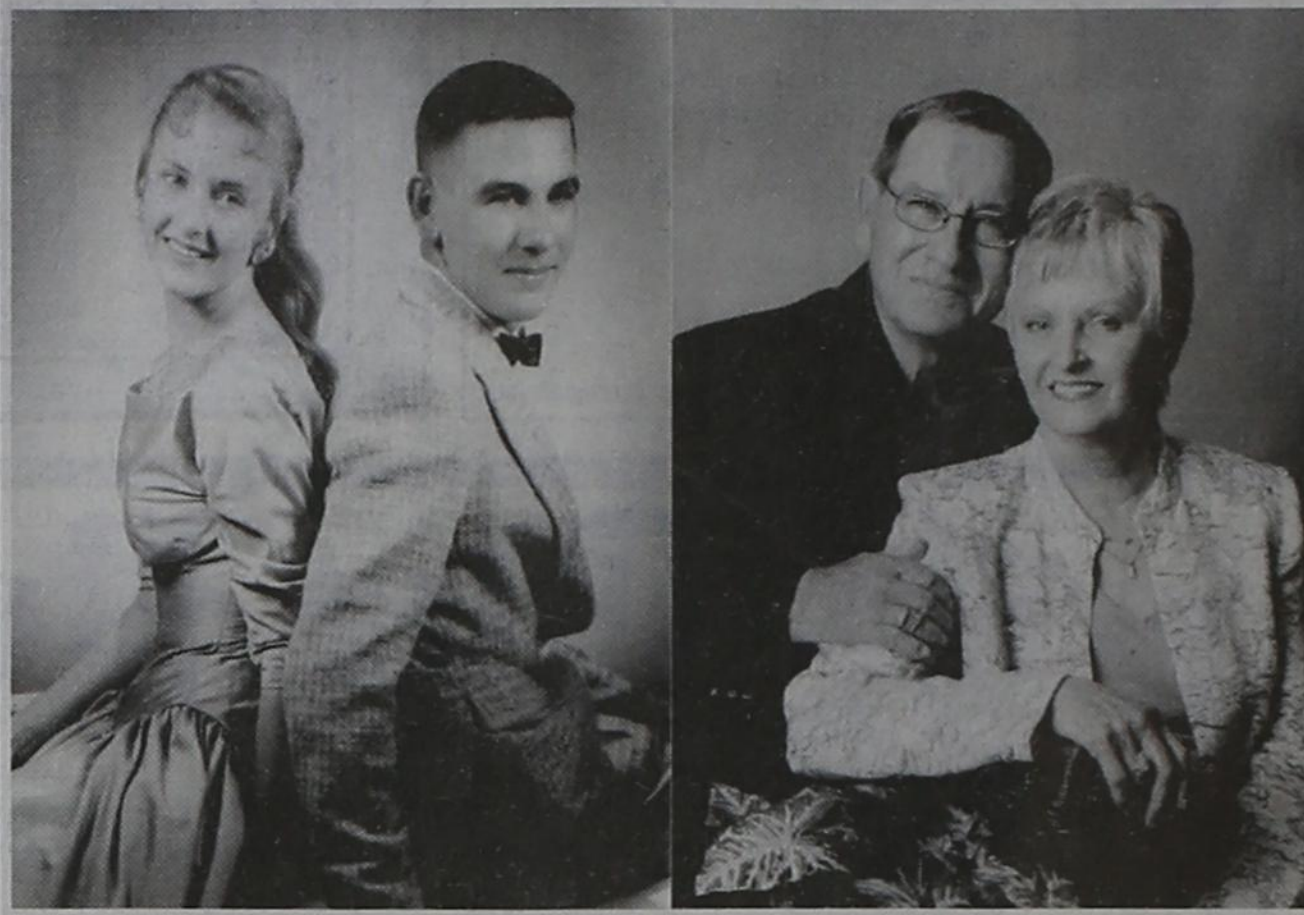
Graveside services for Lometa Epley, 72, of Post will be at 10 AM Friday at Terrace Cemetery with Elder Kenny Venable of the Lubbock Primitive Baptist Church officiating. Burial will be under the direction of Hudman Funeral Home. Visitation will be from 6:00 until 8:00 PM Thursday at the funeral home.

She died Tuesday, June 14, 2011 in Lubbock. She was born September 14, 1938 in Corpus Christi to R. B. and Rena (McC Campbell) Perrin. She married Jerry Epley on April 10, 1955 in Post. She and her sister operated Twins Fashions in Post for many years. She also worked at the Olive Branch and Jan's Gift. She was a longtime member of the Lubbock Primitive Baptist Church.

Survivors include her husband: Jerry Epley of Post, 1 Daughter: Debbie and husband Dennis Mason of Post, a twin sister: Loveta and husband Roy Josey of Post, 1 Granddaughter: Amy and husband Shawn Pennell of Post and 2 Great Grandchildren: Colby and Bailey Pennell of Post.

The family suggests memorials to Covenant Palliative Care Unit, 3615 19th St., Lubbock, Texas 79410 or to the charity of your choice.

Celebrating 50 Years



Lewis and Jane Mason

Celebrating 50th wedding anniversary
1961-2011

Please join our family on this joyous occasion when our parents celebrate 50 years of marriage Saturday, the twenty-fifth of June, two thousand eleven at two until three-thirty in the afternoon at Graham Chapel Church of Christ, Fifteenth and Avenue S Post, Texas. Your presence is your gift.

The Graham Ole Opry to be held

The Graham Ole Opry will be held Saturday June 18th from 7:00 till 10:00pm at the Graham Community Center, five miles west of Post on US 380 and two miles south on FM 399.

There is no admission

charge; hat will be passed for donations to help with upkeep on the center. Concession stand with drinks and snacks will be available.

For more information contact Noel White at 806-495-3261.

PRAY FOR RAIN!

Entered at U.S. Post Office, Post, Texas for transmission through the mails as Second Class matter, according to an Act of Congress, March 3, 1879. Periodical Rate Postage Paid at Post, Texas 79356. Postmaster: send address changes to: The Post Dispatch, P.O. Box 426., Post, Texas 79356 (806) 495-2816 - Fax 495-2059 William C. Blackburn, Publisher 123 E. Main Street, Post, Texas 79356 e-mail: postcitydispatch@yahoo.com

News Deadline Tuesday at Noon

Advtg. Deadline Monday at 5 p.m.

website www.thepostdispatchonline.com

All material Copyright 2008 The Post Dispatch

It is the mission of this newspaper to promote the rights of individuals, guided by the principles so eloquently described in the American Declaration of Independence. The right of life, liberty and ownership of property are the cornerstone for our freedom. Government's sole purpose is to enhance our liberty and freedom. Therefore, we hold every elected and appointed agent of government accountable to that standard.

Member Texas Press Association 2008

SUDOKU

	7	8		5				1
				3				
		6	7			8		
	2		8	4	7	9		3
		4	2	1			7	8
		3						2
2	5			8		1		7
	3	7			5			
	6			2				5

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Beginner

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	9	3	2	7	4	1	6	8
6	8	2	5	6	7	1	9	3
7	4	1	4	7	9	8	3	6
7	8	6	9	5	3	6	9	2
8	4	2	1	3	5	7	6	9
3	9	6	7	4	8	1	2	5
6	3	8	1	2	7	9	5	4
1	4	2	6	3	8	7	5	4
3	7	8	9	5	4	6	2	1

ANSWER:

United Supermarkets

CHECK US OUT ONLINE AT
WWW.THEPOSTDISPATCHONLINE.COM

LETTER TO THE EDITOR

Dear Editor,

I would like to take this opportunity to express a very special thank you to the following people with High Country Pipe and Wright Construction, for supplying equipment and labor during all of the big Garza and Crosby County fires recently: Norby Larson, Brett Simerly, Cris Jost, George Anderson, Lemoin Wright, Matt Bartos, William Blackwood,

Kenny Griffen. Your courtesy and cooperation shown to our fire departments was absolutely amazing, and certainly appreciated.

We recognize that we are very fortunate to have such generous people volunteer their time and service to keep our communities safe from fires.

Michael Isbell
Garza County Emergency Director

FIND US ON FACEBOOK!

Modern Woodmen
FRATERNAL FINANCIAL

Touching lives. Securing futures.®



Our financial guidance - trusted, understandable, free

Financial advice is something most of us need sooner or later. It's always available from your Modern Woodmen representative.

Modern Woodmen of America offers financial products and fraternal benefits. Call today to learn more.



Sammy Saled* FICF
806-352-4770
Samuel.G.Saled@mwarep.org



Sean Saled, FIC
806-316-6727
S.Sean.Saled@mwarep.org

6601 140 W., Bldg. 3, Suite 1
Amarillo, TX 79106

modern-woodmen.org

GUI0408

*Registered representative. Securities offered through MWA Financial Services Inc., a wholly owned subsidiary of Modern Woodmen of America. Member: FINRA, SIPC.

A SHORT STORY ABOUT A MOTORCYCLE AND A SUDDEN TURN.

When she was a young college student, Elisabeth Marra had a serious motorcycle accident that ultimately changed her life. Two years after the crash, her painful open fractures had failed to heal. Then she heard about a new and complex surgery pioneered by a surgeon who used a patient's own stem cells to concentrate the healing process. This time, her surgery and subsequent therapy were successful.

Elisabeth's experience caused her to redirect her own career aspirations. Inspired by the medical professionals who helped her reclaim her active lifestyle, she changed her major to study physical therapy—a profession where her own experience could help other patients prevail through difficult recoveries.

We tell Elisabeth Marra's story here to illustrate two of the most profound messages we know. Don't give up, and remember to give back. If reading it inspires just one more person to achieve something special, then its telling here has been well worth while.



American Academy of Orthopaedic Surgeons

AAOS
CELEBRATING HUMAN HEALING

Sweet & Tangy

NEW! Frozen Strawberry Lemonade

It's BACK \$4.79 Perfect for Summer Asian Salad

McDonald's®
US Highway 84
Post, TX

Private Property Rights Silver Lining to a Tough Session

By: Joe Parker, Jr.

Without a doubt this legislative session was predicted to be one of the worst sessions in history, and I think many would tell you that it was.

Even though Texas has fared far better than some states, the national economic slump hasn't left our state unscathed. Lawmakers faced a budget shortfall to the tune of \$20 billion. And while thankfully the Texas Constitution requires the Legislature to balance the state budget, the shortfall meant trimming back state funding for education, health and human services,

and a plethora of other programs.

State agencies including the Texas Department of Agriculture, the Texas Animal Health Commission and the Texas AgriLife Extension Service weathered cuts of anywhere between 30 and 50 percent. Programs important to the entire agriculture industry will be eliminated all together.

It was no picnic at the state capitol, but despite all the rough patches, Texas did come away with a balanced budget along with some very historic and positive things that happened for landowners.

After a decade of hard work from legislators and landowner groups including TSCRA, SB 18, the eminent domain bill, passed and was finally signed into law.

SB 18 strengthens private property rights by requiring condemning entities to make a bona fide offer in writing, and if they fail to do this, SB 18 requires the entity to pay the landowner's expenses and attorney fees. It also requires a condemning entity to compensate landowners for loss of access to their property.

SB 18 goes further to require condemning

entities to take a public and record vote to initiate any eminent domain proceedings, keeping them more accountable.

Additionally, SB 18 gives landowners the right to repurchase their condemned land at the original price if it is not used within 10 years. SB 18 also puts in statute that eminent domain can be used only to acquire property for public use, and that use has to be put in writing before the condemnation process can begin.

Groundwater ownership rights were also strengthened during this session, putting to rest any question of

who owns the groundwater below the surface of a landowner's land. SB 332 clarifies that landowners own the groundwater below their land as real property clarifying that it is subject to the same legal protections as other private property like land. SB 332 also recognizes that groundwater may continue to be produced and conserved while ensuring fair and impartial regulation of landowners' groundwater ownership rights.

HB 1201 also passed. This bill repeals the remaining provisions for the Trans-Texas Corridor, bringing an official end to the plan.

There is still work to be done on protecting private rights, but we made significant strides this legislative session.

It was, indeed, a tough session in many senses, but I have to take my hat off to the Legislature for what I could argue was the best session Texas has ever had regarding private property rights.

Joe Parker, Jr. is a third generation rancher from Clay County, Texas. He is president of the Texas and Southwestern Cattle Raisers Association. He is also chairman of the board and president of the First National Bank of Byers.

Yesteryears

10 Years Ago

Mirta Gomez, a member of the PHS Spanish Club, took a trip to Spain.

Todd Terry was named to the honor roll at Howard Payne University in Brownwood.

Alisha McKim was named to the Presidents Honor Roll at Texas Tech.

20 Years Ago

Crack in the wall of the old junior high gymnasium doomed the 50 year old structure for demolition.

Blair Didway, a 1988 PHS graduate, competed in the Lake Ponca Triathlon held in Ponca City, Ok.

Services for Russell Wilks, Jr. he died June 15, 1991.

Services for Frank Adelbert Casey Sr. he died May 25, 1991.

Rosary was recited June 17, 1991 she died June 19, 1991.

30 Years Ago Superintendent Bill Shiver underwent major surgery at Methodist Hospital in Lubbock.

Mr. and Mrs. Leslie Looney announce the birth of a baby girl, Stephanie Renae born June 13.

Randell Wyatt, son of Mr. and Mrs. Syd B. Wyatt of Post, received his degree during the University's commencement ceremony.

40 Years Ago John Miller Post 6797 of the VFW was presented its

permanent charter.

Burlington Industries Plant Manager Vic Slater said the company deeded over to the school district one block containing 16 lots, between 3rd and 4th streets adjacent to the High School.

The new Western Texas College opened its doors and was seeking application for enrollment.

50 Years Ago Rev. Oscar Bruce and his wife Irene, new pastor for the Methodist church, came to Post from Haskell.

The city park got six new concrete tables and benches.

Charles Hopkins virtually won it all in the Morton Partnership golf

tournament.

Norm Cash was the hottest hitter in baseball. The Detroit Tigers first baseman was leading both leagues in batting with a torrid .374 and both leagues in runs batted in with 54, five ahead of his nearest competitor.

60 Years Ago Dunlap's store held its grand opening June 21, 1951.

Billy Johnson was named head of Post Masons.

Mrs. Ethel Redman and children, Jenny and Jimmy and Mrs. Lula Floyd were hosts for a reunion in her home.

6 Week Childbirth Preparation Class Tuesdays, 7:00pm - 9:00pm Cogdell Memorial Hospital Boardroom

Registered Nurses trained and skilled in Obstetrics teach expectant parents about:

- Birthing methods
- Pregnancy complications
- What happens after you give birth
- Breastfeeding and caring for your baby
- Safety for baby: Infant CPR, Choking and Shaken Baby Syndrome
- and much more

Childbirth classes will build your confidence in your body's ability to give birth.

You can discuss your fears about labor and birth with the instructors and other couples with the same concerns.

Your partner will learn about childbirth and how to support you on the big day. You may find that attending childbirth classes together will create a special bond.

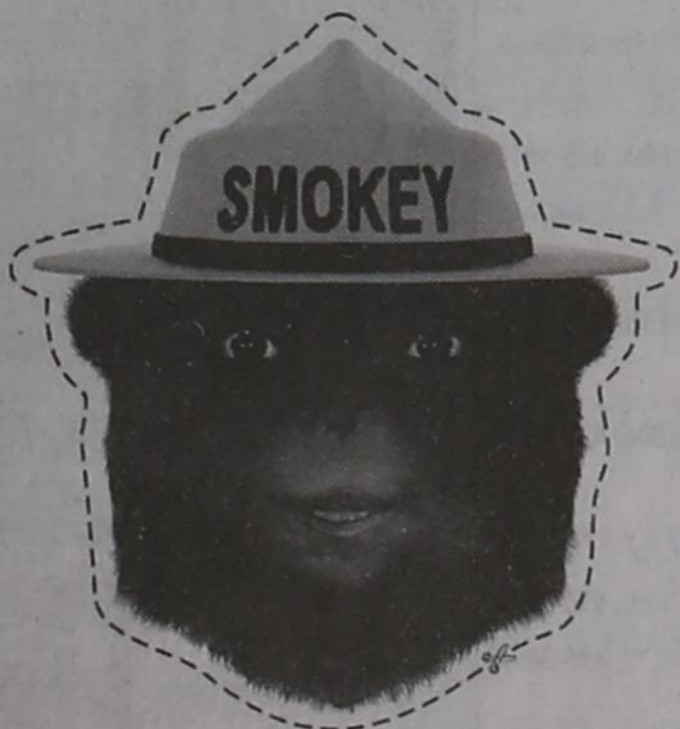
Next session begins July 5. Class schedules can be seen at www.cogdellhospital.com

Please register in advance by calling the OB department at 325 574-7150

As a service to our community there is no charge for these classes.

June Focus: Healthy Feet Program

*Free Blood Pressure Clinic every Tuesday from 2-4pm.



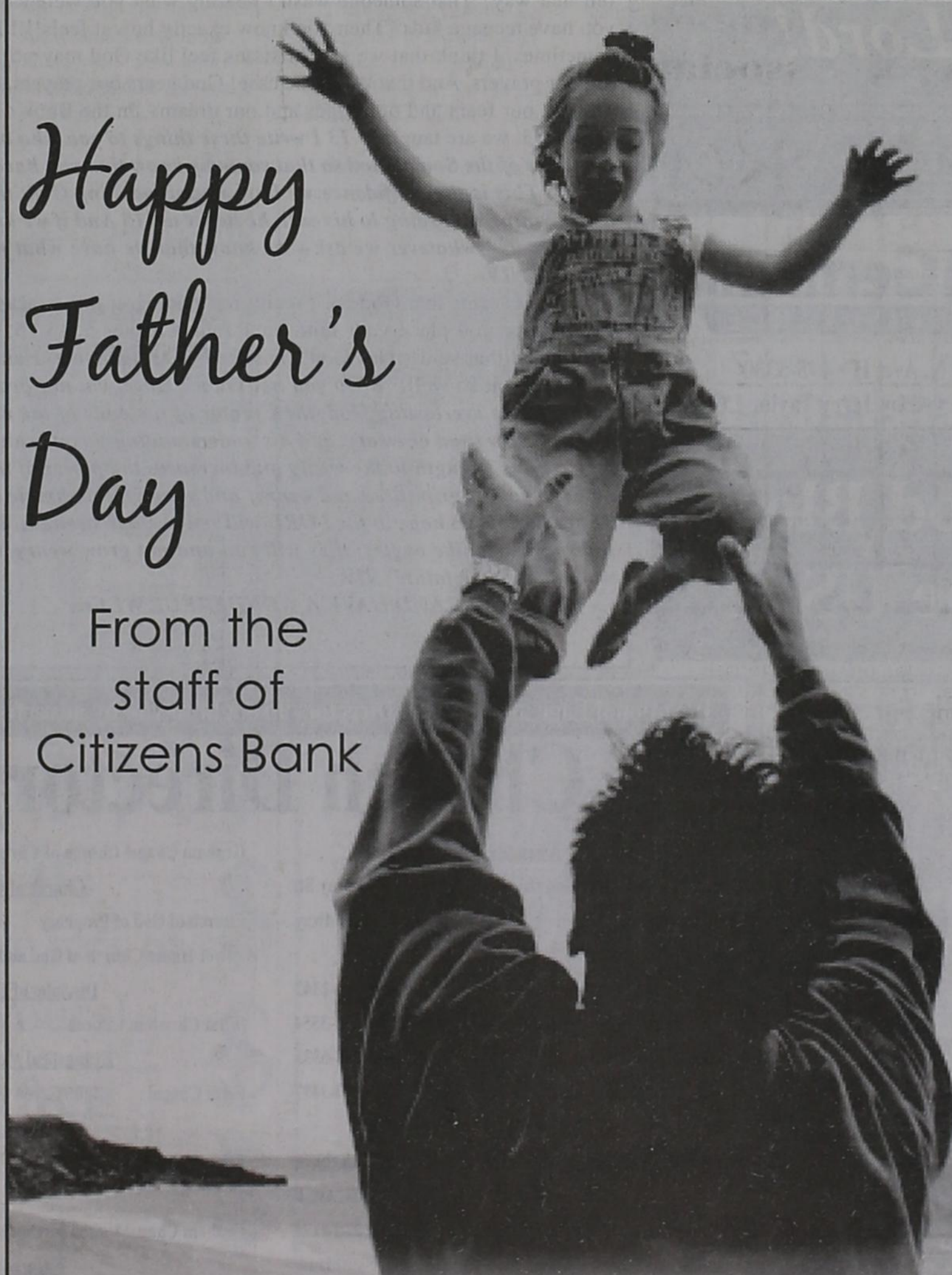
GET YOUR SMOKEY ON

9 out of 10 wildfires are caused by humans. 9 out of 10 wildfires can be prevented.



Happy Father's Day

From the staff of
Citizens Bank



CitizensBANK

www.bankoncitizens.com

Post, TX (806) 495-3545



Lobby Hours 9-3 M-F
Drive In Hours 9-6 M-F
9-12 Sat

MEMBER FDIC



In and Around Close City

by Traci Freeman

Weather

Last week that weather was crazy as ever! We did get a few showers here and there ... a mile west of the gin, Jim Ellis' gauge showed eight tenths, yet at the gin it was only two tenths which is not anywhere near what we need but we are thankful that we received some. Keep a good soaking rain in your daily prayers.

News

Dub Caffey passed away last Sunday. A memorial service is planned for a later date not yet set but I will keep ya'll posted when I hear something. Mr. Caffey and his wife, Marge lived in Marble Falls but lived in Garza County for many years attending school in Ragtown. When Nancy and I were working

on the cookbook the Caffey's would call and tell me storied of their days at Close City, always loved to hear from them. Our thoughts and prayers go out the entire Caffey family.

Also we want to send our heartfelt condolences, thoughts and prayers to Jerry, Debbie and Amy ... Love ya'll!

On a happier note...Dana Jo and Laura Jean have been here this week visiting with her parents, Jack and Jean Morris; sister, Nancy; brother, Rusty and nephews, Russ and Jake. Mike, Dana and Laura live in Longview.

Get Wells

Get Wells this week go out to Charlie Brown Jr., Hope you are feeling better soon.

Did you know...

The names of all the continents start and

end with the same letter.

Visitors

Julie Aten came in to

visit while waiting on Mike and Zachary to break for lunch;

Don't forget to check out our page on Facebook under Close City Community. Feel free to write on our wall or post pictures. It's a fun place to keep up with friends and happenings.

Close City Birthdays

- June 17th - Megan Bland
- June 18th - Sammi Jo Freeman
- June 20th - Salli Bess Bush Page, David Howard McCampbell
- June 22nd - Melinda Quintana
- June 23rd - Andra Dunn

Close City Anniversaries

- June 20th - Dennis and Debbie Mason

June 22nd - Kim and Rhonda Norman, Steven and Amanda (Bush) Quisenberry

Ragtown folks in the nursing homes we need to remember are ... Marj Caffey in Marble Falls; Doug and Claudine Tipton; Carmen Abraham; Sue Shytles in Post; Odie Kemp in Tahoka; Jean Tipton in San Angelo; Jewel White in Lubbock. Others are, Mack Ledbetter in Slaton; Doris Wilson in Castorville; John and Mary Gist in Lubbock; Lula Jo Stewart also in Lubbock. **Please let me know if there is anyone I need to add to this list.**

FYI

Get your cookbooks and T-shirt order forms at CoCara's downtown or you can come by the gin and pick one up.

Everyone have a great week, be safe, come see us and keep rain and our troops in your daily prayers and send me your news! See ya next week.



One Company ... Unlimited Possibilities
115 W. Main • Post • 990-9901
Local • Long Distance • Internet



Tanner's
Appliance Heating & Air
"Quality Service You can Trust"
806-495-1612



OILFIELD CONSTRUCTION
Roustabouts • Oilfield Welding • Pump Mechanics
New & Used Pumps • Backhoes
495-2710 Mobile (806) 632-8147 • 495-3639

Trust in the Lord!



113 N. Ave. H • 495-3330
Locally Served by Jerry Taylor LC 230

God Bless the USA!

Watch Up For Power Lines

Lyntegar Electric Cooperative Inc.

Tahoka 561 4588
Lamesa - 872-2632
Sundown • 229-3741



Office:
806-495-3521
806-495-3503
Fax:
806-495-2985

Weekly Inspirations

Yes, I can Hear You!

BY: Michael F. Taylor

Summer is definitely upon us with all of its good and exciting events-PICNICS, BASEBALL, LITTLE LEAGUE, SWIMMING, BICYCLING, FAMILY VACATIONS; but, unfortunately for us we have also experienced some of this summer's bad- DROUGHT AND FIRES, have seemed to plague us. I would like to once again say a great big thank you to all of firemen and women who have done an outstanding job of protecting our community and county from them. God bless each of you!!!

But another one of those wonderful summer events, at least in my family is the good old Ferguson/Thompson (and a Taylor or two) Family Reunion in Floydada, Texas. And it is always a special time to see many of the family who I haven't seen since last year. In fact some of those folks I hadn't seen in several years. It is always a blessing to see my older Patriarchs and Matriarchs who have paved the way for us younger folks. Unfortunately, some of us aren't as young as we would like to believe!!!

Well, back to my story- it seems that we went to the family reunion last week and had a great time. And as I was talking to my Mother, she informed me that during the week, my stepfather Charlie became worried that Mom was beginning to have a hearing problem. So Saturday night, in their hotel room, he noticed that she was sitting in a reclining chair facing away from him and decided that he would conduct a test to see if she was really beginning to have problems with her hearing.

Charlie stood behind her while she was relaxing in the chair after a long day at the reunion. He spoke softly to her, "Honey, can you hear me?" And there was no response.

"Well" he thought, "There might be something to this". So he moved a little closer and said it again, "Honey, can you hear me?" And once again, there was no response from my mother.

The third time, Charlie walked up right behind the chair she was lounging in and said, "Honey, can you hear me?"

This time, Mom stood up from her chair and in a loud voice replied, "For the third time, HONEY Yes I HEARD YOU!"

I guess it wasn't Mom who had the hearing problem!!!! Have you ever felt that way? That someone wasn't hearing what you were saying? Do you have teenage kids? Then you know exactly how it feels!!!! But even sometimes, I think that we as Christians feel like God may not be hearing our prayers. And that is not the case! God hears our prayers, our cries of help, our fears and our hopes and our dreams. In the Book of 1 John, Chapter 5, we are taught, "13 I write these things to you who believe in the name of the Son of God so that you may know that you have eternal life. 14 This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. 15 And if we know that he hears us—whatever we ask—we know that we have what we asked of him." NIV

So if it seems that God isn't really responding at this exact moment, I encourage you place your faith on 1 John Chapter 5, 13-15, and also understand that sometimes God's answer is wait upon me. Isaiah Chapter 40, tells it so well, "8 Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. 29 He gives strength to the weary and increases the power of the weak. 30 Even youths grow tired and weary, and young men stumble and fall; 31 but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." NIV

GOD BLESS AND HAVE A WONDERFUL WEEK.

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work."

2 Timothy 3:16-17

LYNN COUNTY HOSPITAL DISTRICT
www.lchdhealthcare.org
Tahoka • 998-4533
Physician & Wellness Clinic
Swing Bed & Physical Therapy

United Supermarkets

God Bless the USA!

Hudman Funeral Home
615 W. Main • 495-2821

Cogdell Memorial Hospital
Located at: 1700 Cogdell Blvd., Snyder, Texas 79549
Phone: 325-573-6374

Devotional Page and Church Directory brought to you by advertisers on this page

Church Directory

Assembly of God		Church of God	
Bethel Assembly of God (Bi-Lingual)	407 May St.	Graham Chapel Church of Christ	15th & Ave. S
Lifeline Church	108 N. Broadway	Church of God of Prophecy	602 W. 14th, 495-3644
Baptist		Power House Church of God and Christ	Pine Ave.
Calvary Baptist Church	210 E. 6th, 990-2342	Disciples of Christ	
First Baptist Church, Post	402 W. Main St. 495-3554	First Christian Church	812 W. 13th, 495-3716
First Baptist Church, Wilson	806-628-6333	Evangelical Methodist	
Grace Baptist Church	820 N. Ave. S 990-3497	Faith Chapel	1105 Green St., Wilson (806) 628-0018
Justiceburg Baptist Church		Methodist	
Justiceburg Baptist Church	Justiceburg	First United Methodist Church	216 W. 10th, 990-2942
Pleasant Home Baptist Church	E. 14th & N. Ave F	Graham Chapel United Methodist Church	495-3492
Pleasant Valley Baptist	Hwy 84 & N. 399 (806) 828-4174	Nazarene	
Southland Baptist Church	Southland	Post Church of the Nazarene	202 W. 10th, 495-3044
Templo Bautista	315 W. Main	Grassland Church of the Nazarene	327-5656
Trinity Baptist Church	915 N Ave O, 990-3038	Non-Denominational	
Catholic		Family Harvest Church	111 N. Avenue I, 495-1400
Holy Cross Catholic Church	Ave. K and Main St., 495-2791	Caprock Springs Fellowship	12th & Ave. I 495-2171
Church of Christ		Presbyterian	
Church of Christ	108 N. Ave. M, 495-2326	First Presbyterian Church	910 W. 10th, 495-2135

And thou shalt love the Lord thy God with all thine heart, and with all thy soul, and with all thy might.

Deuteronomy 6:5

Visit any one of these businesses and churches and you will find wonderful Post City people and those who support Post.

Legends...Garza County Historical Museum by Linda Puckett

As I set about searching our archives for a new subject for Legends, this story about a cowman named Jack Alley, just kept surfacing. The subject is a very interesting story written by, Frank P. Hill who was a great writer and historian. Hill was editor and publisher of the Lynn County News, and co-authored, along with his daughter Pat Hill Jacob, "Grassroots Upside Down"-A History of Lynn County, Texas.

This story, as told to Frank Hill in 1932, is the recollection of Jack Alley, a pioneer Lynn County rancher.

He first came to the Plains in 1878; the same year that Col. Charles Goodnight was making his permanent location on the North Plains. For many years, he was in the employ of the Slaughter family, cattle barons of the Southwest, and has possibly handled more cattle than any living man. Though a cattleman of the old school, he grew up in the business.

Jack Alley, whose real name is John P. Alley, was born in Knoxville, Tennessee on January

16, 1857. While in his middle 'teens, he quit school and went to work in a bookstore, a work that enabled him to continue his education-which was far better than that of the average man of his age, in spite of the shortness of his school education.

After a year of this work, the lure of the West drew him to Dallas, which was beginning to boom as the result of the first railroad having been built into that city. He arrived in the Texas city late in the summer of 1875 and secured work in the old John S. Jackson bookstore on Main Street, where he worked until February 1876. He pushed on to the extreme frontiers, Palo Pinto County, and immediately went into the employ of the Slaughters, under whom he was to experience many thrilling adventures as a frontier cattleman and to rise from cowboy to wagon boss, trail boss, and finally to general manager of the second largest ranch that ever existed in West Texas; a ranch that at one time grazed approximately 50,000 head of cattle and was forty miles wide and

eighty miles long.

Every section has a history that is more or less interesting and the South Plains is no exception. We have all read both true and fictitious stories of the Old West, but have usually considered them as being typical of some other section. There is no locality in this nation that has been more of a cow country than West Texas. There is no locality that has had so many big cattlemen or grazed as many cattle. No section has had more buffalo than did the Plains. And, there were Indian fights here too. The Old West we've heard so much about was right here, and we should all know more about the true history of this country about which so much fiction has been written, much of which is without historical or factual foundation.

Preceding the development of every section there have been pioneers who blazed the way for the hordes of settlers to follow. These pioneers-brave, fearless, courageous as they were-in seeking new land to conquer have had to undergo many hardships in order that we may have our spacious lands, towns and conveniences of today.

In our day of rapid transit by automobile, train and airplane, and rapid communication by radio, telegraph, telephone, mail line and newspaper, we sometimes forget to give just credit to those pioneers who lived in constant danger of Indian raids; who went to town only a few times each year, and when they did, went by ox-

wagon, on horseback, or at the best, in a hack; who slept on the ground with a saddle blanket for cover and a saddle for a pillow; who ate sour dough, beef, and molasses and cooked over a fire made of buffalo or cow chips; who seldom saw a newspaper or a magazine.

Jack Alley was one of those men who helped open up the West. He helped, in a small way to rout the Indians and make this land safe for more settlers. As an employee of big cattlemen, and later as a ranch owner himself, he took a large hand in developing the cattle industry. He did his part by helping to organize one county and one town, and as a land agent influenced many settlers to come to the Plains. He has loved this land that he has loved for over fifty years (1932) grow from buffalo grazing grounds to one of the best ranch and farming sections anywhere.

The story of his life is the story of the South Plains and adjoining sections. A few additional facts have been added by the author to connect the chain of history, but Mr. Alley's remarkable memory of names, places, events, and dates is responsible for the preservation of most of this story of the early days. Many of the facts of history recorded in this story have never been published before, and probably never would have otherwise been carried down in the traditions of the South Plains.

During the Civil War beef cattle had brought as

low as \$1 and \$2 per head. There were two classes of cattle in Texas-the "Longhorns" of Southwest Texas, brought in by the Spanish and Mexicans; and the scrub cattle of East Texas, brought by the pioneer American Texans. The Longhorn was so called because of his extremely long horns, which sometimes measured 7-8 feet from tip to tip. He was very hardy, large and lanky. Large herds ran practically wild through the breaks and along the waterways.

For several years following the war, Texas' cattle business did not consist of cattle raising, but simply of cattle driving. Each year the pioneer cattlemen would round up a bunch of these cattle, brand them, cut back the old cows and other undesirables, and drive the best of these longhorns to market. For a long time there were no adequate railroad outlets from Texas, and the cattle had to be shipped by water to northern cities or driven over land with the greater portion going by the latter route to Kansas railroad points where they were sold for cash.

Though this cattle driving was started from Texas in 1849 or 50, it was not until about 1866 that the movement attained gigantic proportions, averaging 280,000 head annually from 1866-1885, according to reliable estimates. Most of these cattle were driven over the Chisholm and other trails leading from Texas to Kansas railroad points.

First, the trail from Texas to Kansas went up through

the Fort Worth section; but as that country settled up the trail swung into the west by Fort Griffin, and finally as far west as the breaks at the foot of the Plains. The height of the trail driving activities through Fort Griffin was in the '70s, and during the spring and summer there was scarcely an hour of the day that a herd was not in sight along the trail. The trail was worn out 200-300 feet wide.

Such was the cattle business status when I quit working at the Dallas bookstore in the spring of 1876 and came to Palo Pinto County where I was hired by Rev. G.W. Slaughter, a Baptist preacher and cowman, and the father of a large family of boys that were soon to become known far and wide for their cattle raising activities.

Rev. Slaughter would make trips down into San Aba country to buy cattle for his ranch and he would take me along to write out bills of sale for the cattle he bought or to fill in checks and to help with cattle. He was a very conservative man, careful about his buying, and paid cash on every trade. By day he would buy cattle and at night he would preach at some ranchman's house, all the neighbors for miles around coming in to hear him. He built the first church west of the Brazos in Palo Pinto County.

After about two years in Rev. Slaughter's service, I hired out to Will and John Slaughter and came to the Plains. Part 2 to be continued next week. Don't miss it!

Compliments of
Giles W. Dalby Correctional Facility
Management & Training Corporation

Clay Miller
AG TEXAS
P.O. Box 923
Ralls, TX 79357
Office (806) 253-2506
Fax (806) 253-2060
Cell (806) 392-3920
clay.miller@agtexas.com
LOANS FOR
Real Estate

You deserve a Vacation!
With High Speed Internet Service from Poka Lambro, surfing the Net & planning your summer vacation has never been easier! A super-fast, super-reliable connection from Poka Lambro will have you relaxing in no time!
ASK ABOUT FREE INSTALLATION!
No worries!
Be sure to get your home security system installed **BEFORE** you go! Call the licensed professionals at Poka Lambro Security! We'd love to schedule a free, on-site security evaluation for you.
ASK ABOUT A FREE BASIC SECURITY SYSTEM & FREE INSTALLATION!!
Also providing: LOCAL PHONE - LONG DISTANCE - AUTHORIZED AT&T RETAILER
1647 Ave J Tahoka 806-561-5600 | 115 W Main Post 806-990-9901 | 307 Hill Seagraves 806-387-3333 | 11.5 mi N of Tahoka Hwy 87 800-662-8805 | 512 N 2nd Lamesa 806-872-6520
*Certain restrictions apply. See stores for details. With a free security system, monthly monitoring is \$29.95. Poka Lambro Security P.O. Box 1340 Tahoka, TX 79733 Ph 800-662-8805 License #B15273

POKALAMBRO
You deserve a Vacation!

PACC News

Here's a great quote from Zig Zigler - "You cannot tailor-make the situations in life but you can tailor-make the attitudes to fit those situations." This applies to everything that life throws our way.

We want to welcome our newest Platinum Chamber

Member - PALMER OIL-FIELD CONSTRUCTION.

The Caprock Cultural Association will have another Coupon Class beginning June 13. Call 495-4148 for details.

Both theaters will have performances this week-

end. "Abraham's Promise" will be at Ragtown Gospel Theater Friday at 7:30 and Saturday at 3:00. The Garza Theatre will open "Shoestring Theatre" Friday at 7:30 with another performance Saturday at 7:30 p.m.

We will be placing a brick order for Memorial Plaza in July. If you need an order form, you can download one at postcitytexas.com or contact the PACC office.

A fireworks ban is now in effect for all of Garza County. **PRAY FOR RAIN!!!**

Congratulations to our Members of the Week:

Platinum Member - UNITED SUPERMARKET

Platinum Member - XCEL ENERGY

Make Red River Farms part of your winning strategy.
Available exclusively at: **United Supermarkets**

Find The Post Dispatch on Facebook.com!

\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$
Come & Get it!
We are open and have lots of **CASH**. Come get yours!
Reliable Finance
410 N. Broadway Post, TX
495-0390
Loans up to \$1240
Vanessa Morales - Manager
Frances Armstrong - Asst. Manager
\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$

Give Me A Reason to Smile!
Report Animal abuse to your local authorities!
Call your Sheriff's Office @ 990-9959
\$500 Reward for information leading to the arrest and conviction of those involved in Animal Cruelty and Neglect. (Including Dog and Chicken Fighting Activities)
SPONSORED BY THE GARZA COUNTY ATTORNEY'S OFFICE

Thanks for Reading!

Hot Weather Conditions & your pet.

By Dr. Kerry Wink, D.V.M.

A few weeks ago, I wrote an article about different smells and how they can help diagnose problems in veterinary medicine. Today I want to focus on one odor in particular. An aroma that once smelt it will engrave itself on your brain forever. Kristi and Lee Ann both have already been introduced to this wonderful smell right here in the clinic. I'm sure they are VERY proud of this recognition. They probably want an award or something. I'll think about it.

Every time I catch a whiff, it takes me back to my first year out of vet school. I was a fresh faced new graduate practicing at a mixed animal clinic in Odessa. I'd been flying solo seeing my own patients for only about 2 months and I was on cloud nine. "Room #2, Dr. Wink" the receptionist directed me as I

completed my 5th appointment of the morning. When I entered the exam room I immediately noticed a very unusual smell. Something I'd never smelt before and to be honest ... really made me want to retch. "You're a professional now. Don't embarrass yourself in front of clients or worse your boss," I told myself while trying not to turn green. A chow was sitting with its owner looking depressed. I couldn't see anything at first glance that would cause a stench like this. While asking the owner questions about the dog's history, I noticed the dog began chewing at the base of his tail. His coat was filthy and matted at this spot. Upon closer examination, I could see under the matted hair, his skin was red, moist, & inflamed. However, I still didn't see anything pointing me to the cause of the smell.

The chow was very agitated during exam, painful to the touch around his tail, and flat out 'ticked off' that I was examining his buttock area (hmmm ... is 'ticked off' a vet pun?). You'd think being a dog he'd know I was just saying "Hi" with my interest in his derriere. But after his first attempt to remove a few fingers, I asked the owner if we could sedate for closer examination and wound care. "For the best interest of the dog" I told her, which is the case in a painful wound treatment, but also I just wanted to be sure I kept my fingers a little while longer. Glad I did because typing this article would've proven a chore. But I digress...let's move on.

I sedated the dog to begin process of clipping and cleaning the wound while congratulating myself for handling the horrible smell situation with grace. Many reasons for the stench ran thru my mind as I worked... "Can't

blame a dog for being a dog", "It's been raining so he hasn't had time for a bath", etc. While clipping the tail, what appeared to be a small infected area turned into a VERY large sore. Not only was it a larger problem than I first expected, I also got image I will NEVER forget. When the vibration from the clippers disturbed the area, small, whitish, squiggly things began emerging from in the hair and out of small holes in the skin ... yes I said *IN THE SKIN!* As my tech ran from the table in order not to embarrass herself by vomiting all over the floor, I realized where the stench was coming from ... maggots.

This was a Hot Spot gone bad ... really bad. Hot Spots are Acute Moist Dermatitis which is a superficial dermatitis (aka skin infection). They can suddenly appear and

See HOT WEATHER on page 9

Buying or Selling?

Casey McNeely
For all your Real Estate Needs
806-549-2103 or 806-495-1758

- 2 bedroom 1 bath ch/a for sale with property Great investment.
- 1563 sq. ft. 3/2 house. 714 N. Ave O in Post.
- Scurry County Ranch - 550 acres 15 miles from Snyder
- 2 Commercial Lots 1) 100x160 sq. ft. 2) 160x180 sq. ft. Great Investment
- Nice Country property 2/2 house on 3 acres in Post. Very Nice!
- Ten lots on Hwy #380 Great Investment



1823 State Hwy 300
Levelland, TX
(806) 897-2327

Pulling Units • Frac Tank & BOP
Rental • Trucking - Winch,
Vac, Kill/ Pump

Julian Olivo- Area Superintendent
(806) 598-1188

Bruno Zapata - Supervisor
(806) 523-3942

Delfino - (806) 891-2894

Lucas - (806) 891-1048

We have a wide variety of ad sizes to suit your needs!

Post Classifieds

Personal

Post Group Alcoholics Anonymous 10th and Avenue K, behind United Supermarket Tuesday night, 8 p.m. Book Study Thursday night, 8 p.m. Closed Meetings For more info: 806-781-1156 or 806-495-5371 Monday, 8 p.m., Community Recovery Center, 405 S. Ave. C. For more information about the Monday meeting, call 495-3173.

AI-Anon

Family Group meeting meets Monday at 7 p.m., Historic Presbyterian Church, 10th & Ave. K, behind United Supermarket. For more information call 495-3053.

The Safe and Serene NA Group of Post now meets on Fridays at the Community Recovery Center, 405 S. Avenue C. For meeting information please contact: Miranda at 806-632-7367.

Thank You

The family of Ascension Martinez would like to thank everyone involved in making our grief easier during the loss of our beloved mother by their many expressions of kindness. Thank you to all for your help and support with the mass, the music, the rosary, your attendance and for the wonderful meal provided afterwards.

There were so many caring people involved that it would be impossible to list everybody individually, but I would like to extend a special thanks to Fr. Hugh, Mr. Jimmy Gonzales, Paula Valdez with the Guadalupanas, Mr. Juan Casares and all those who helped them to make our tragic loss bearable. Your kindnesses will not soon be forgotten. May God Bless you all.

Sincerely,
The Martinez Family

Public Notice

South Plains Community Action Association Public Notice

South Plains' Community Action Association (SPCAA), would like to announce their policy for free and reduced meals served under the

Child and Adult Care Food Program (CACFP). Each facility and SPCAA has a copy of the policy, which anyone may review. Day care facilities are as follows:

My Special Place, 111 N. Avenue H Post Tx 79356. Windham Head Start and Early Head Start, 206 S. Avenue E Post, Tx 79356

"The information that each household provides is confidential and will be used only to determine eligibility and verify data."

In the child nutrition programs administered by and in accordance with Federal law and U.S. Department of Agriculture policy, no child will be discriminated against on the basis of race, color, national origin, sex, age, or disability. If you believe you have been discriminated against you can file a complaint and/or write USDA, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call 866-632-9992 (toll free), 202-401-0216 (TDD).

Garage Sale

Four family garage sale, 119 S. Ave N. Saturday June 18th, 8:00am-5:00pm.

301 N. Ave M Friday and Saturday 9:00am-? Adult, teen and baby clothes. Lots of miscellaneous items.

Church of God of Prophecy 602 W. 14th. Lots of men's, women's clothing (all sizes). Breakfast burritos will also be sold.

Yard sale 119 N Ave K 9:00am-?

For Sale

Nice clean white wooden dining or game table with four swivel rolling chairs. Also, beautiful Duncan Fife drop leaf dining table with six chairs. (806) 544-4364.

27" TVs for Sale - \$60
Queen Mattress with Box Spring - \$75
King Mattress with Box Spring - \$100
Best Western. Please call 806 495 9933

Help Wanted

The Post Dispatch is looking for a Sports photographer/writer. Apply within or send resume at 123 East Main Street.

Maintenance person part time (Experience Preferred) Apply at Best Western Post Inn. Call (806) 495-9933.

TCC, Verizon Wireless Premium Retailer, is now hiring for Store Sales Manager in our Post, TX location. Must have a successful track record in team building, sales management, meeting and exceeding quotas, and more. Medical/Dental and vacation benefits package available. Salary plus commission. Apply in person at 510 N Broadway Post, TX or send resume to mail@reactionwireless.com

Call our 24-hour Credit Hotline to see if you qualify for a new home loan. 806-894-3883 or 800-375-8739.

New 3 Bed, 2 Bath Just \$255.51 with \$1500 down. 800-830-3515 *29900 Sale Price; \$28400 to Finance @ 9% for 240 months WAC*RB13949

New Doublewide 5 Bed, 3 Bath Just \$563.21 monthly. Just \$3300 Down* 888-539-7780, *65,9000 Sale Price, \$62,600 Financed @ 9% for 24 months WAC*RB11394

Need a Home Now? Don't Wait to Use Your Tax Refund. We Tote the Note 800-830-3515. RB11394 New Doublewides. Payments Starting at Just \$387.77* Cell Now 866-539-7780

Need a New Home Now. Don't wait to use your tax refund. We tote the note RB11394 800-830-3515

Casa Mobile 2011 16' deancho tiene 3 Recamaras y 2 Danos \$255.51 por mes con \$1500 de entre. Llame a Rene a 800-630-3515 Fince \$29,900 e page el lipico 9/12 240 mesas con credito aprobado. RB11394

Services

Do you need help with housecleaning? We clean home, offices, and businesses. Honest, reliable and dependable. Excellent references upon request. Call "Maid Just For You" at (806) 438-1818.

Brush Clearing: CRP and general brush clearing. \$100 per machine hour, no hauling fees, over 50 hours! Call 325-236-2417 www.sepcaservices.com

Acreage wanted

If you have any CRP acreage for sale, contact Mike Mitchell at 806-495-5515.

House for Rent: 110 S. Ave N. Very clean 2 bedroom, 2 bath. Central heat/air. Big backyard. Nice neighborhood. (806) 544-4364.

MITCHELL REAL ESTATE: Price Reduced!! 3/3/2, central heat/air, fireplace, and sprinkler system. Great location!! 1007 W. 10th Call Barbara 806-495-3987 or Kim 806-543-1055.

House For Sale: 3 bedroom, 1 1/2 bath, storm cellar, 1 car garage, central heat/air, 708 Chantilly Lane. MITCHELL REAL ESTATE. Contact Barbara at (806) 778-2651 or Kim at (806) 543-1055.

Find
The Post Dispatch
on Facebook!

Now Accepting Applications

Post Housing Authority is now accepting applications for two and three bedroom units.

For information on qualifications, please call 495-2233

or come by office located at 709 Caprock Drive.

Office hours are 8:00 AM -12:00 Noon and 1:00PM - 5:00PM Monday - Friday

Post City Market Place



109 S. 9th on the Square in Slaton
806.828.3253

Overstocked Sale!
10x12 Morgan Buildings!
Heavy Duty Floors!
Save Big Now!
Call 806-794-7397

Advertise your business here!
Call 495-2816!



- Used Cars & Trucks
- Portable Buildings
- Car Care Center
- Sign Shop
- U Haul

US 84 and Division Street - Slaton
www.smithsouthplains.com
828-6291 - 1-800-692-4457



Call for current prices!
Top prices paid!

325-573-6862 FOR MORE INFO
208 N. OLD POST RD.
SNYDER, TEXAS 79549
MONDAY - FRIDAY
8:30 A.M. - 5:30 P.M.

Thanks For Reading The Post Dispatch

OPINION



The Paperboy

Getting serious about saving Rural America

By CHRIS BLACKBURN

I've gotten acquainted with a website I think is beneficial for those of you interested in growing rural America. Ruraltopia.com is a website dedicated to the betterment of small towns.

According to the website:

Ruraltopia is authored by a group of rural Texas entrepreneurs who are passionate about rural communities, rural politics and leadership, and agriculture. Through Ruraltopia, the authors seek to:

- Provide a forum for rural leaders to discuss rural community and political issues;
- Engage the non-farm and non-rural community about the importance of rural America to the past, present, and future of the United States; and
- Tell the story of why young entrepreneurs and leaders are choosing to live and work, building families and businesses, in rural communities rather than the city or the suburbs.

I'm very impressed with the ideas and the various authors' abilities in getting those ideas down in writing. You can tell there is a passion for rural living through their work.

The following is an example of a blog post by Trent McKnight, of Throckmorton, Texas, one of the site's authors:

What is a Good Citizen?
By Trent McKnight

What is a good citizen? Is it someone who recycles? Votes? Gives to the needy? Is it a dutiful employee who does more than is required? Is it a businessman who builds a factory, a service or a company that improves the quality of life for countless others? Is it a housewife who lovingly cares for her children and her home? Is it a well-informed person who attends rallies and symposiums for justice and equality?

In a word, a good citizen is responsible. Unfortunately, this concept has eroded from the American landscape. This is quite evident in our foreign policy, federal deficit budgets, personal credit card debt, and yes, even our rural communities. Responsibility is the duty that accompanies a position, gift or privilege. Some responsibilities are clearly defined: a mother is responsible for her child. But what are the responsibilities of a good citizen? Who is responsible for helping the stranded traveler with a flat tire? Who is responsible for picking up litter in the bar-ditch? Who is responsible for recruiting young entrepreneurs to town?

We all catch ourselves deferring responsibility to someone else—usually to the vague and elusive: they. "I wish they would fix our school." "I wish they would do something about that problem over there." "I wish they would cleanup our town." But really, it's not their problem, it is our problem—my problem; and I must assume the burden of leadership to make a change.

Our small towns need facelifts; but nothing will change unless we—unless I recognize that it is my responsibility to elicit change. Community change comes in small increments not colossal revolutions. It begins with one person picking up trash on the side of a road. It begins with one

person organizing a group of concerned citizens. It begins with one person giving a few dollars to a worthy cause in town. Slowly, the fetters of apathy will begin to fall and what began with one good citizen will evolve into a revitalized, responsible community of good citizens.

Are you a good citizen?

This is just a sample of some of the work you will find at ruraltopia.com. If you have a computer and some time, check out the site for yourself and even interact with it if you wish.

If you are without a computer, some of the material from the site will make it's way into these pages from time to time.

As you know, I'm a proponent for our way of life. I think we lack a voice at state and national levels and I advocate for Rural America at every turn. Websites like ruraltopia.com assure us that there are others out there interested in building and resurrecting our towns.

The bottom line concerning our communities is this: We must roll up our sleeves and get to work. No federal agency or state organization is going to come in here and do it for us.

It takes volunteers, communication, organization, determination and money. Find enough people willing to help and a substantial difference can be made.

Copyright Christopher Blackburn 2011

Christopher Blackburn is the president of Blackburn Media Group, owner of this publication.

Other Opinions

Recovery Summer One Year Later

By ADAM BITELY

Just one year ago, the Obama administration was touting the rollout of the "Summer of Recovery", a summer long program in 2010 that would end with jobs created from coast to coast.

On a specially designed website for the "Summer of Recovery", Americans could check out an interactive map that displayed where money would be spent and how many jobs were being created. Using the time-worn argument of "jobs created or saved", the map displayed wishful figures leading one to believe the program was working. The data at the end of the summer — and now a year later — disproves that the summer of 2010 was the beginning of the long promised recovery.

Instead the "Summer of Recovery" in 2010 might better be viewed as a failure of the "stimulus" promises and what happens when a nation continually engages in deficit-spending, which more resembled the Great Depression of the 1930's than a private sector economic growth spurt.

At the beginning of the "Summer of Recovery" in June of 2010, the unemployment rate was 9.5 percent, according to the Bureau of Labor Statistics. Just two months later in August, the unemployment had risen to 9.6 percent and remained so through September before eventually increasing even higher. This was hardly the recovery that the administration had been pushing for.

Not only had the Big Government schemes of orchestrating a recovery through infrastructure project failed, they led to increased job losses and even high unemployment figures. To say the least, the "Summer of Recovery" in 2010 is a time that the Obama administration would like to forget.

When the White House announced the "Recovery Summer" theme in June of 2010, here were the examples of projects that were going to bring the nation back from its high unemployment nightmare:

- "Highway Projects: There will be six times as many highway projects underway in July 2010 as in July 2009 — projects will surge from 1,750 last summer to over 10,000 this summer.
- "Clean and Drinking Water: This summer over 2,800 clean and drinking water projects will be underway versus just over 100 last summer — more than 20 times as many.
- "Home Weatherization: This summer, 82,000 homes will be weatherized versus 3,000 last summer — 27 times as many homes this summer as last.
- "National Parks: This July, nearly 800 projects will be underway at national parks versus just over 100 last July — 8 times as many this summer."

Knowing that the government blew hundreds of millions — if not billions — of dollars on home weatherization's and clean drinking water projects, is it any surprise that the economy tanked further that summer?

Even more surprising is that the National Parks Conserva-

tion Association is on the air running radio ads featuring Sam Waterston of Law & Order fame begging Americans to put pressure on Congress to increase funding for National Parks. According to the radio ad, National Parks are in grave disrepair and are lacking adequate funding. But wasn't the "Summer of Recovery" supposed to fix the parks, with nearly 800 projects in July of 2010 alone?

It's been almost one year since the "Summer of Recovery" began, and the unemployment rate has marginally decreased with a trend line that leads one to speculate that it will only be going back up again. Additionally, our nation's Gross Domestic Product estimates have been lowered to levels that barely exceed the inflation rate, and housing has slumped back into a double dip depression with new home starts at near historically low levels, home prices continuing to drop precipitously and foreclosures in every neighborhood.

Politicians continue to throw around ideas of targeting government spending on this project or that project, completely ignoring the lessons that should have been learned time and again, which is that any person or group of persons cannot possibly possess the information to fix the economy, let alone an economy that is as complex as the American economy.

Here we are one year later watching the unemployment rate slowly tick back up and we are still wondering: When will the 2010 Summer of Recovery begin?

Christie Deserves a Second Bite at the Apple on Global Warming

By KEVIN MOONEY

Thanks to Gov. Chris Christie of New Jersey, the Regional Green House Gas Initiative (RGGI) that imposes Kyoto-Treaty type restrictions on energy use in the Northeast may now be in the early stages of unraveling. This is a huge victory for taxpayers and the free market. Even though, federal level "cap and trade" schemes have been held at bay over the past two years, environmental pressure groups have successfully arranged state level regulatory agreements in cooperation with compliant government officials.

This process began with the Global Warming Solutions Act Gov. Arnold Schwarzenegger (R-Calif.) signed into law almost four years ago on Sept. 26, 2006. A state ballot proposition that would have blocked implementation of the law failed last year. However, Susana Martinez, the new Republican governor of New Mexico, has made it clear that she will resist anti-energy measures like "cap and trade." The actions of Martinez in combination with that of Gov. Christie strongly suggest that anti-regulatory efforts are beginning and are gaining momentum.

However, Marc Morano, who runs the Climate Depot site, a former staff member to Sen. James Inhofe (R-OK), has argued that opposition to "cap and trade" on the basis of economics alone is insufficient. Environmental schemes will not be uprooted until after the "junk science" underpinning alarmist claims has been exposed and discredited, he has said. That is why Gov. Christie's mixed messages have been a point of consternation to many on the right.

During a town hall meeting in Toms River, N.J. last November, Gov. Christie told listeners he was skeptical that humans were the primary driving force behind climate change. This gave cause for encouragement to conservatives who have been eyeing the N.J. Republican as a potential presidential contender.

"The only science he's looking at is political science," Jeff Tittel, the executive director of the New Jersey Sierra Club, was quoted as saying in The Daily Record at the time. "He's making a political calculation that to be a darling of the conservative movement, he has to move to the right on climate

change to appease the tea party and others."

Apparently, Gov. Christie now feels a need to back away from his earlier remarks after consulting with scientists from Rutgers University. Unfortunately, he made no acknowledgement of the climategate scandal that involves leaked emails from the Climate Research Unit (CRU) at the University of East Anglia in Great Britain. The emails show that researchers were willing to fudge and manipulate scientific data in an effort to bolster man-made global warming theories. Moreover, as Morano reports, there are over 1,000 scientists worldwide who dissent from the idea that human activity induces warming and cooling trends.

It is difficult to overstate how entrenched and how potent the environmental movement is in the Garden State. Christie was endorsed by the NJ Environmental Federation during his 2009 race. It is also worth remembering that three Republican members of N.J. congressional delegation voted in favor of the Waxman-Markey "cap and trade" bill.

Given this rugged political terrain, it is not surprising to find that skeptics are not operating in positions of influence with the governor.

"The last few months I've sat down with experts both inside the government and outside the administration in academia and other places, to discuss the issue in depth," Christie said during public comments announcing the end of N.J.'s involvement in RGGI. I've also done some reading on my own on the topic as well. I'm certainly not a scientist which is the first problem."

"So, I can't claim to fully understand all of this. Certainly not after just a few months of study. But when you have over 90 percent of the world's scientists who have studied this stating that climate change is occurring and that humans play a contributing role it's time to defer to the experts. Climate science is complex though and we're just beginning to have a fuller understanding of humans' role in all of this. But we know enough to know that we are at least a part of the problem. So looking forward, we need to work to put policies in place that act at reducing those contributing factors."

He also made a pitch for renewable energy and said no new coal would be used in N.J. Climate skeptics were not

pleased.

"Gov. Christie has proven clueless when it comes to man-made global warming," Morano said in a statement. "His straight-shooting image has been shattered by his recent calculated and really bad climate claims. He did not respond to multiple meeting offerings from top scientists in New Jersey, but meets with a collection of alarmist scientists. He is following in the misguided footsteps of George W. Bush on climate. Christie is attempting to pursue the discredited strategy of accepting the alleged science of anthropogenic AGW while rejecting so called solutions."

Morano continued, "Christie's absurd claim that more than 90 percent of scientists agree is the verbal equivalent of sitting on a love seat with Nancy Pelosi. The image of Christie as a potential GOP Savior has officially gone up in smoke with his revelations that he and Al Gore share the same level of scientific comprehension."

Other commentators on the right, such as Kim Strassel, the very astute Wall Street Journal columnist, speculate that Christie may have felt like he needed political cover after making what was after all the right policy decision.

"Mr. Christie's statement will also raise obvious questions about what 'policies' he does support," she wrote. "Wasteful government subsidies for renewables? Federal mandates that require the use of those renewables? None of these positions sits well with free-market conservatives, either. New Jersey is a heavily green state, and Mr. Christie might have felt he needed cover for such a controversial decision. Then again, his supporters have come to admire him precisely because he doesn't usually run for cover."

Christie has been forceful and combative in his efforts to curtail the power and influence of the New Jersey Education Association (NJEA), the state's teachers union. He also working to reform and reshape the N.J. Supreme Court, which has a long history of activism.

So far, Christie has been a friend to the taxpayer in a very tough state. On the science behind global warming, he remains a work in progress. Christie has good instincts and deserves a second bite at the apple on global warming.

Disaster Declaration

WHEREAS, Garza County has not had rainfall for an extended period of time, creating hot and dry conditions; and

WHEREAS, the hot and dry conditions pose the threat of large, dangerous and fast moving wildfires; and

WHEREAS, such fires have the potential of endangering lives and damaging property on a large scale; and

WHEREAS, the Texas Government Code Chapter 418 gives the county judge the power to declare a local disaster within the county "if the threat of disaster is imminent"; and

WHEREAS, the magnitude of the potential damage and the rapidity with which such a fire could escalate to major proportions constitute an imminent threat of disaster; and

WHEREAS, declaration of such disaster authorizes the imposition of controls on activities which tend to increase the likelihood of fires; and

WHEREAS, such controls, once implemented, have the potential of protecting lives and property by mitigating the threat of dangerous fires; and

WHEREAS, a declaration issued under Section 418.108 of the Texas Government Code may include a prohibition or restriction on the sale or use of all fireworks within the incorporated and unincorporated areas of the county; and

WHEREAS, a local disaster declaration expires seven days after its issuance, unless the commissioners court consents to its renewal or continuance; and

WHEREAS, to the extent that a declaration includes a provision related to fireworks, any portion of the provision that exceeds the restrictions authorized by Local Government Code § 352.051 is effective only for 60 hours, unless the county judge requests and the governor authorizes an extension of the broader fireworks restriction.

BE IT THEREFORE PROCLAIMED that I, Lee Norman, County Judge of Garza County do hereby declare a local state of disaster based on the threat of large wildfires in Garza County, Texas.

BE IT ALSO PROCLAIMED that this state of disaster will continue until rescinded in accordance with the above cited statute, but in no instance will this declaration continue for more than seven days without being authorized by the County Commissioners Court, or in the event the declaration pertains to fireworks, no more than 60 hours unless an extension of the restriction on fireworks has been received from the governor.

BE IT ALSO PROCLAIMED that the purpose of this order is the mitigation of the hazard posed by wildfires by curtailing the practice of outdoor burning, and the sale and use of all fireworks, which purpose is to be taken into account in any enforcement action based upon this order.

This declaration shall be promptly publicized and filed with the County Clerk.

IN WITNESS WHEREOF, I affix my signature this 17 day of June, 2011.

Signature of Lee Norman, County Judge

Filed with the Clerk of GARZA County on JUNE 13, 2011.

Stamp: Filed June 13 2011 10:30 A.M. JIM PLUMMER, CLERK OF COUNTY COURT, GARZA COUNTY, TEXAS

APPRAISAL REVIEW BOARD FOR THE GARZA CENTRAL APPRAISAL DISTRICT, TEXAS

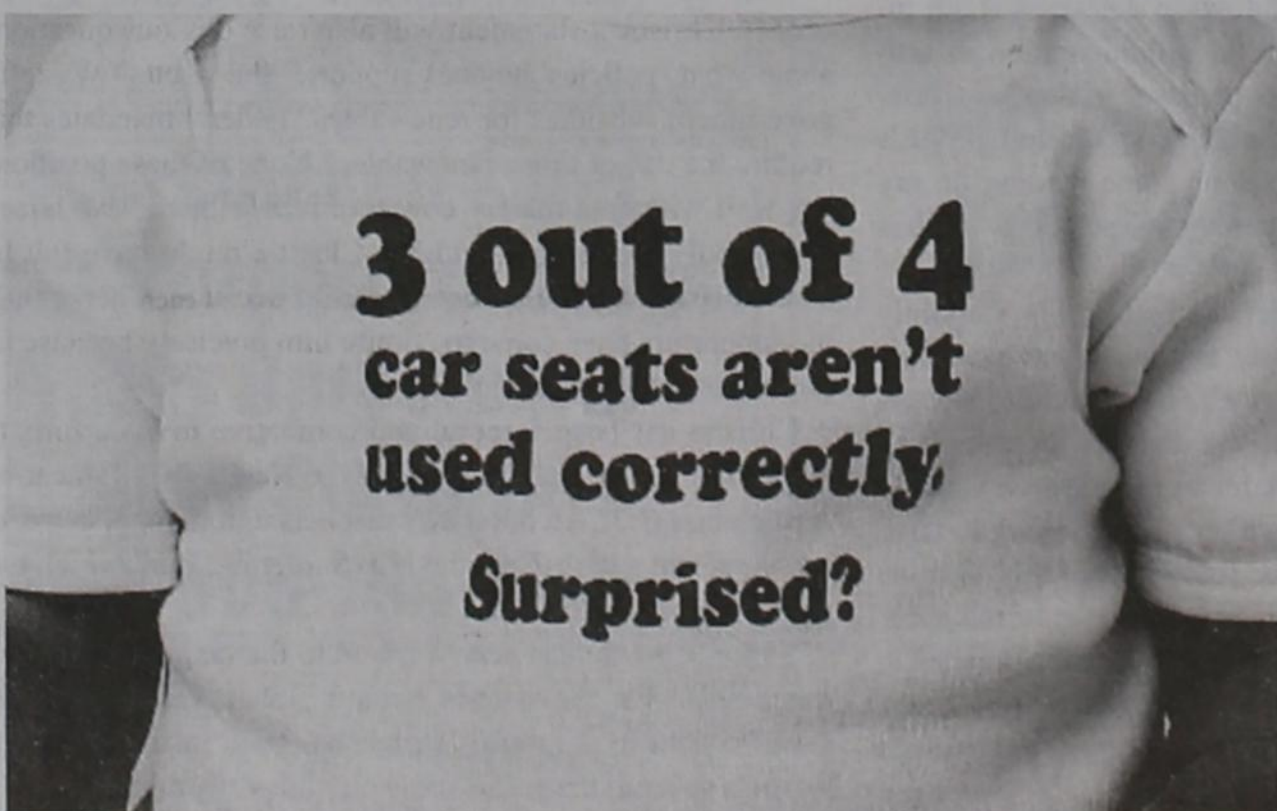
Notice of Public Meeting of the Appraisal Review Board:

Notice is hereby given that a public meeting of the Appraisal Review Board of the Garza Central Appraisal District will convene on June 21, 2011, at the Garza Central Appraisal Office at 124 East Main, Post, Texas, and will continue in session at that time and place on the appraisal or property values for the Garza Central Appraisal District.

AGENDA:

- 1. The board will hear and determine taxpayer and taxing unit appeals on all matters permitted by Texas Property Tax Code. (1.) Real, Person, Minerals, & Utilities Time: 9:00 AM - 12:00 PM (Noon) (2.) Certification of 2011 Appraisal Roll (3.) Certification of Supplemental Records for 2010

This notice is given pursuant to Texas Open Meetings Act, Chapter 551, Government Code. This notice is given pursuant to Art. 6252-17, TEX.REV.CIV.STAT.



3 out of 4 car seats aren't used correctly. Surprised?

PROCLAMATION BY THE Governor of the State of Texas

TO ALL TO WHOM THESE PRESENTS SHALL COME.

I, RICK PERRY, Governor of the State of Texas, issued an Emergency Disaster Proclamation on December 21, 2010, as extreme fire hazard posed a threat of imminent disaster in specified counties in Texas.

WHEREAS, the extreme fire hazard continues to create a threat of disaster for the people in the State of Texas.

WHEREAS, the state of disaster includes the counties of Anderson, Andrews, Angelina, Aransas, Archer, Armstrong, Atascosa, Austin, Bailey, Bandera, Bastrop, Baylor, Bee, Bell, Bexar, Blanco, Borden, Bosque, Bowie, Brazoria, Brazos, Brewster, Briscoe, Brooks, Brown, Burleson, Burnet, Caldwell, Calhoun, Callahan, Cameron, Camp, Carson, Cass, Castro, Chambers, Cherokee, Childress, Clay, Cochran, Coke, Coleman, Collingsworth, Colorado, Collin, Comal, Comanche, Concho, Cooke, Coryell, Cottle, Crane, Crockett, Crosby, Culberson, Dallam, Dallas, Dawson, Deaf Smith, Delta, Denton, DeWitt, Dickens, Dimmit, Donley, Duval, Eastland, Ector, Edwards, Ellis, El Paso, Erath, Falls, Fannin, Fayette, Fisher, Floyd, Foard, Fort Bend, Franklin, Freestone, Frio, Gaines, Galveston, Garza, Gillespie, Glasscock, Goliad, Gonzales, Gray, Grayson, Gregg, Grimes, Guadalupe, Hale, Hall, Hamilton, Hansford, Hardeman, Hardin, Harris, Harrison, Hartley, Haskell, Hays, Hemphill, Henderson, Hidalgo, Hill, Hockley, Hood, Hopkins, Houston, Howard, Hudspeth, Hunt, Hutchison, Irion, Jack, Jackson, Jasper, Jeff Davis, Jefferson, Jim Hogg, Jim Wells, Johnson, Jones, Karnes, Kaufman, Kendall, Kenedy, Kent, Kerr, Kimble, King, Kinney, Kleberg, Knox, La Salle, Lamar, Lamb, Lampasas, Lavaca, Lee, Leon, Liberty, Limestone, Lipscomb, Live Oak, Llano, Loving, Lubbock, Lynn, Madison, Marion, Martin, Mason, Matagorda, Maverick, McCulloch, McLennan, McMullen, Medina, Menard, Midland, Milam, Mills, Mitchell, Montague, Montgomery, Moore, Morris, Motley, Nacogdoches, Navarro, Newton, Nolan, Nueces, Ochiltree, Oldham, Orange, Palo Pinto, Panola, Parker, Parmer, Pecos, Polk, Potter, Presidio, Rains, Randall, Reagan, Real, Red River, Reeves, Refugio, Roberts, Robertson, Rockwall, Runnels, Rusk, Sabine, San Augustine, San Jacinto, San Patricio, San Saba, Schleicher, Scurry, Shackelford, Shelby, Sherman, Smith, Somervell, Starr, Stephens, Sterling, Stonewall, Sutton, Swisher, Tarrant, Taylor, Terrell, Terry, Throckmorton, Titus, Tom Green, Travis, Trinity, Tyler, Upshur, Upton, Uvalde, Val Verde, Van Zandt, Victoria, Walker, Waller, Ward, Washington, Webb, Wharton, Wheeler, Wichita, Wilbarger, Willacy, Williamson, Wilson, Winkler, Wise, Wood, Yoakum, Young, Zapata and Zavala.

THEREFORE, in accordance with the authority vested in me by Section 418.014 of the Texas Government Code, I do hereby renew the disaster proclamation and direct that all necessary measures, both public and private as authorized under Section 418.017 of the code, be implemented to meet that disaster.

As provided in Section 418.016 of the code, all rules and regulations that may inhibit or prevent prompt response to this threat are suspended for the duration of the state of disaster.

In accordance with the statutory requirements, copies of this proclamation shall be filed

FILED IN THE OFFICE OF THE SECRETARY OF STATE JUN 11 2011

Governor Rick Perry June 11, 2011

Proclamation Page 2

with the applicable authorities.



IN TESTIMONY WHEREOF, I have hereunto signed my name and have officially caused the Seal of State to be affixed at my Office in the City of Austin, Texas, this the 11th day of June 2011.

Signature of Rick Perry, Governor

Attested by:

Signature of Esperanza Andrade, Secretary of State

POKA LAMBRO Is Now an Authorized AT&T WIRELESS Retailer in POST!

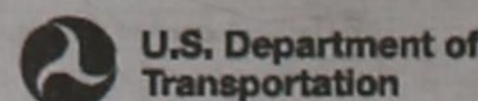
Come see us for all your wireless needs! Let our friendly, knowledgeable staff help you choose the wireless phone and voice or data plan that's right for you. Great selection of the latest & greatest cell phones & accessories to choose from!

LOCAL STORE! 115 West Main Street in Post 806-990-9901



HIGH SPEED INTERNET • LOCAL PHONE • LONG DISTANCE • MONITORED SECURITY

The LATCH system makes it easier to be sure your child's car seat is installed correctly every time. Just clip it to the lower anchors, attach the top tether, and pull the straps tight. To find out more, visit safecar.gov.



Vertical text on the right edge of the page, including 'Agril...', 'VERNON study...', 'grow extrem...', 'seen some...', 'the owner w...', 'spot the siz...', 'the morning...', 'get home in...', 'bigger than...', 'Hot spots n...', 'medium to...', 'during warn...', 'Spots are a...', 'condition an...', 'as soon as...', 'untreated or...', 'few days ma...', 'causing a fo...', 'for the dog...', 'During the...', 'months, be...', 'your dog c...', 'twice a day...', 'closer attenti...', 'that stay ou...', 'clean water', 'look over the', 'If you noti...', 'area, bring th...', 'as soon as po...', 'embarrassed', 'and your dog', 'or a really ba...', 'maggots. You', 'client we've', 'and you defi...', 'the last.', 'If you wer...', 'around the cli...

AgriLife Research: Multi-paddock grazing is superior to continuous grazing

VERNON - A long-term study verifies multi-paddock grazing improves vegetation, soil health and animal production relative to continuous grazing in large-scale ranches, according to Texas AgriLife Research scientists.

The study measured the impacts on vegetation and soils achieved by commercial ranchers who adapted management practices in response to changing circumstances to achieve desirable outcomes, said Dr. Richard Teague, AgriLife Research range-

land ecology and management scientist in Vernon.

At the ranch scale, when multi-paddock grazing is managed to give best vegetation and animal performance, it is superior to continuous grazing in relation to conservation and restoration of resources, provision of ecosystem goods and services, and ranch profitability, he said.

Teague said this study differed from those conducted by researchers who investigated multi-paddock grazing in relatively

small experimental areas, without managing adaptively the way a successful, conservation-oriented commercial rancher would.

In rangeland ecosystems, maintaining normal soil and ecosystem function over the landscape and watershed is possible only if there is adequate plant cover and species composition to provide protection from soil loss, he said. This allows microorganisms to prosper and maintain ecosystem functions such as water-holding capacity, control of erosion, soil fertility and forage production, he said.

"In our study we examined the accumulated impacts of nine years of different grazing management categories on vegetation and soil parameters at a commercial-ranch scale," he said.

The study evaluated the impact of multi-paddock grazing at a high stocking rate compared to light continuous and heavy continuous grazing on neighboring commercial ranches in three proximate counties in North Texas tall grass prairie. The same management had been conducted on all ranches for at least the previous nine years.

Multi-paddock grazing was managed using light to moderate defoliation during the growing season followed by adequate time to recover, Teague said.

With multi-paddock grazing and ungrazed areas, the vegetation was dominated by taller more productive grasses. With heavy continuous grazing, it was dominated by less productive short grasses and forbs, he said. Light continuous grazing had a lower proportion of tall grass species than multi-paddock grazing or ungrazed areas.

Teague said there was more bare ground on heavy continuous than light continuous, multi-paddock and ungrazed areas, while soil aggregate stability was higher with multi-paddock than heavy continuous grazing, but not light continuous grazing and ungrazed areas.

Soil compaction was lowest with multi-paddock grazing and ungrazed areas and highest with heavy continuous grazing, he said. Water infiltration rate did not

differ between grazing management categories, but soil erosion was higher with heavy continuous grazing as compared to other grazing management categories, Teague said. Soil organic matter, water holding and fertility were higher with multi-paddock grazing and ungrazed areas than both light continuous and heavy continuous grazing.

The fungal/bacterial ratio was highest with multi-paddock grazing as a result of the greater amounts of tall grass species, he said, indicating superior water-holding capacity and nutrient availability and retention for multi-paddock grazing.

"This study documents the positive results for long-term maintenance of resources and economic viability by ranchers who use adaptive management and multi-paddock grazing relative to those who practice continuous season-long stocking," he said.

The general management on the ranches using multiple paddocks per herd was to graze a pasture lightly to moderately for one or three days, followed by a recovery period of approximately 30-50 days and 60-90 days during fast and slow growing conditions, respectively.

This resulted in two light-to-moderate defoliations during the growing season with re-grazing before the majority of plants switched from vegetative to reproductive phases, Teague said. This kept the plants in a leafy, vegetative condition during the growing season to provide a high level of forage quality for the livestock and to ensure the best possible forage regrowth after defoliation.

During drought periods, animal numbers were adjusted to match forage amounts. In the winter, the goal was to graze and tram-

ple most of the standing forage to enhance litter cover and minimize self-shading that would limit plant growth in the following spring, he said.

The continuously grazed ranches in each county were stocked at approximately the same stocking rates from year to year over at least the previous nine years.

They were otherwise selected by the Natural Resource Conservation Service technical staff in each county as being representative of traditional continuous-grazing ranches in the region.

"The results we measured, representing the combined positive effects of multi-paddock management, indicate the multiple advantages of this management option," Teague said. "Multi-paddock grazing resulted in a higher proportion of desirable tall grasses, a lower proportion of less desirable short grasses, annual winter-growing grasses and forbs, and higher standing crop, even with a higher stocking rate than the lightly stocked continuous grazing."

Although the stocking rate was less with lightly stocked continuous grazing, the preferred plants and areas were never allowed any recovery under continuous graz-

ing while multi-paddock grazing, correctly managed, prevented overgrazing and allowed for adequate recovery after defoliation, he said.

By ensuring light-to-moderate use in the growing season with adequate recovery, the preferred forages are able to capitalize on good growing conditions, Teague said.

"The use of multiple paddocks per herd on commercial ranches spreads grazing over the entire landscape in the numerous smaller paddocks, rather than allowing a concentration of grazing pressure on preferred areas in the landscape," Teague said.

"It also provides the manager with the option of regulating the grazing pressure on preferred areas and plants by adjusting when to move animals to a new paddock, and provides the means to allow grazed plants to recover before they are grazed again.

"If managers adaptively respond to the ever-changing climate by changing the periods of grazing and time allocated for plant recovery, and adjust livestock numbers to match the available feed, as the multi-paddock grazers in this study did, negative effects of grazing by the livestock can be minimized."

HOT WEATHER continued from page 5

grow extremely quickly. I've seen some progress so fast the owner will notice a small spot the size of a quarter in the morning and when they get home in the evening, it's bigger than a person's palm. Hot spots normally occur in medium to long hair dogs during warm weather. Hot Spots are a serious medical condition and need treatment as soon as possible. If left untreated or unnoticed for a few days maggots can occur causing a foul odor, and grief for the dog.

During the warm summer months, be sure to look at your dog closely at least twice a day, every day. Pay closer attention to those dogs that stay outside. Not only make sure they have fresh, clean water and food, but look over their coat as well. If you notice an infected area, bring them to the clinic as soon as possible. Don't be embarrassed if you show up and your dog has a hot spot or a really bad hot spot with maggots. You aren't the first client we've had with them and you definitely won't be the last.

If you were to hang out around the clinic long enough

during summer time, it would be just a matter of time for your first 'maggot case' to appear. Last summer my oldest son, Kolton, helped me with his first case of maggots. I was very impressed with my young vet in training. He handled it well with very little complaining besides "This stinks!" He then proceeded to tell everyone he saw the following week what a gross thing it was and how he was a trooper through it all. I'm sure if you ask Kolton yourself, you'll hear an extravagant story about it. Exciting life of a vet's kid... hmmm, maybe he can start his own newspaper column.

It is my pleasure to serve our wonderful community as your veterinarian. I am happy to be writing this column each week to help pet owners understand not only their pet's needs, but also the 'backstage' aspect of my career choice. If you have questions or would like to see a particular topic covered, you can email the clinic at gc@windstream.net, post on our Facebook page (www.facebook.com/GarzaCountyAnimalHospital), or give us a call, 806-495-3726.

Legal Notice

NOTICE TO ALL PERSONS HAVING CLAIMS AGAINST THE ESTATE

OF JAMES M. GRAVES, Jr., Garza County, Texas

Notice to all persons is hereby given that the original letters of Testamentary upon the estate of James M. Graves, Jr., deceased, were issued to the undersigned on the 24th day of June, 2011, in the proceeding indicated below my signature hereto, which is still pending, and that I now hold such letter. All persons having claims against said estate, which is being administered, in Garza County, are hereby required to present the same at the address below given, before suit upon same are barred by the general statutes of limitation, before such estate is closed and within the time required by law to my attorney Preston L. Poole, Jr., at P.O. Box 296, Post, Texas 79356.

DATED: 2 June 2011

Charlene Haynie
Charlene Haynie, Independent Executor Cause # 1937, Garza County, Texas

Legal Notice

NOTICE TO CONTRACTORS OF PROPOSED TEXAS DEPARTMENT OF TRANSPORTATION (TxDOT) CONTRACTS

Sealed proposals for contracts listed below will be received by TxDOT until the dates (s) shown below, and then publicly read.

CONSTRUCTION/MAINTENANCE/BUILDING FACILITIES CONTRACT (S)

Dist/Div: Lubbock
Contract 4704-00-786 for RENOVATION OR REPAIR in GARZA County will be opened on July 08, 2011 at 1:00 pm at the State Office.
All prospective bidders are encouraged to attend the pre-bid conference for contract 4704-00-786 to be held on June 27, 2011 at 1:30 pm at the POST REGIONAL SUPPLY CENTER, 709 S. BROADWAY, POST, TX.

Plans and specifications are available for inspection, along with bidding proposals, and applications for the TxDOT Pre-qualified Contractor's list, at the applicable State and/or Dist/Div Offices listed below. If applicable, bidders must submit pre-qualification information to TxDOT at least 10 days prior to the bid requested from the State Office listed below. Plans for the above contract (s) are available from TxDOT's website at www.txdot.gov and from reproduction companies at the expense of the contractor.
NPO: 36715

State Office

Constr./Maint. Division
200 E. Riverside Dr.
Austin, Texas 78704
Phone: 512-416-2540

Dist/Div Office (s)

Lubbock District
District Engineer
135 Slaton
Lubbock, Texas 79408-0771
Phone: 806-745-4411

Minimum wage rates are set out in bidding documents and the rates will be part of the contract. TXDOT ensures that bidders will not be discriminated against on the grounds of race, color, sex, or national origin.



Clay Miller

FARM CREDIT SERVICES

P.O. Box 923
Ralls, TX 79357
Office (806)253-2506
Fax (806)253-2060
Cell (806)392-3920
clay.miller@agtexas.com

LOANS FOR

Real Estate

Legal Notice

NOTICE TO ALL PERSONS HAVING CLAIMS AGAINST THE ESTATE

OF BERTHA R. ADAMS, Lubbock County, Texas

Notice to all persons is hereby given that the original letters of Testamentary upon the estate of BERTHA R/ADAMS deceased, were issued to the undersigned on the 9th day of June, 2011, in the proceeding indicated below my signature hereto, which is still pending, and that I now hold such letter. All persons having claims against said estate, which is being administered, in Garza County, are hereby required to present the same at the address below given, before suit upon same are barred by the general statutes of limitation, before such estate is closed and within the time required by law to my attorney Preston L. Poole, Jr., at P.O. Box 296, Post, Texas 79356.

DATED: 9th June 2011

John EA CARTER Independent Executor Cause # 1938

Legal Notice

NOTICE OF SHERIFF'S SALE

THE STATE OF TEXAS §

COUNTY OF GARZA §

By virtue of an Order of Sale issued out of the Honorable 106th Judicial District Court of Garza County, on the 6th day of April, 2011, by the Clerk thereof, in the case(s) styled as follows:

Cause No.	Styling	Legal Description
90-06-4508-CV	Garza County v. Brown, Ida Mae, Decd. Diane Brown Ind/Heir of	1. Lot Four (4) and West Six (6') feet of Lot Five (5), Block Thirty-Three (33), Original Townsite, City of Post, Garza County, Texas being that property more particularly described in Volume 200 Page 117 of the Deed Records of Garza County, Texas.
07-03-06174	Garza County v. Buchanan, Frances, If Alive and If Deceased, The Unknown Heirs of	2. All of the West Sixty-Seven and one half (67 1/2') feet of Lot Eight (8) and the South Fourteen (14') feet of the West Sixty-Seven and one half (67 1/2') feet of Lot Seven (7) in Block One Hundred Forty-Four (144) to the Original Town Addition of Post, Garza County, Texas.
09-07-06389	Garza Central Appraisal District v. Curtis, Margie M. Reed	3. Lot Two (2), Block One Hundred Fifty-Five (155), Original Town Addition to the City of Post, Garza County, Texas.
09-09-06408	Garza Central Appraisal District v. Cross, James	4. A .010417 Royalty Interest in Cross 85063179 WMS Oil Company/ WTG (Glorieta) Abst 1/13K, Aycock, Garza County, Texas.
10-01-06435	Garza Central Appraisal District v. Morin, Sheryl Lynn	5. A .000285 Overriding Royalty Interest, Stoker K 85001876 George R. Brown/Garza Abstract 13, Block 2, Section 9, GH&HRR Survey N/2, Garza County, Texas. 6. A .000285 Overriding Royalty Interest, Post EST. 85001873, George R. Brown/Garza Block 5, Section 7, K Aycock Survey, Garza County, Texas.

and to me, as Sheriff, directed and delivered, I will proceed to sell, at 2:30 p.m. on the 5th day of July, 2011, which is the first Tuesday of said month, at the East door of the Courthouse of Garza County, in the City of Post, Texas.

Levied on the 2nd day of JUNE, 2011, as the property of

said defendants, to satisfy the judgment rendered in the above styled and numbered cause, together with interest, at 12 percent per annum, and all costs of suit in favor of each jurisdiction.

" ALL BIDDERS MUST NOW DISPLAY PROOF OF COMPLIANCE WITH 34.015 OF TEXAS TAX CODE."

GIVEN UNDER MY HAND THIS 2nd DAY OF JUNE, 2011.

GRIFF LANS
SHERIFF, GARZA COUNTY, TEXAS

BY: Robert [Signature] DEPUTY

PETS OF THE WEEK



We are Bonnie and Clyde - 5 month old lab mix puppies. We are very friendly and well behaved. We have learned to walk on a leash and sit for our treats. We were running the streets of Post until the shelter took us in. We were really hungry and skinny when we came, but we are ready for new homes now. We love people and other dogs and would be a great member of your family. Please contact the shelter at postarc@yahoo.com if you are interested in adopting one or both of us.

Covenant Health System Physician Discusses Men's Health Month

June is National Men's Health Month. As men age, it is imperative for them to be conscious of their health and how their every day decisions effect their overall well-being. Dr. Juan Fitz, assistant medical director of the emergency department and co-medical director of the chest pain center at Covenant Medical Center, discusses men's medical concerns and provides tips on how to lead a healthier lifestyle.

As men get older, they face a variety of health issues. The issues vary based on family history, age and race/ethnicity. Some of the most common health issues facing older men are hypertension, cardiac disease, obesity, stroke and diabetes.

Men can prevent developing these issues by exercising regularly, maintaining a healthy diet, not smoking and lowering their alcohol intake.

Some health issues men face are genetic. Men with a family history of health problems should monitor their health closely and be evaluated by their physician

regularly. They should also take any medications their doctor prescribes.

Men over 40-years-old should get a physical every year and a colonoscopy every three years. Men experiencing health problems should stay in contact with their doctors in between their check-ups.

Putting off an annual check-up can result in the development of cancer or a debilitating disability. Men with diabetes can experience kidney failure and may have to begin dialysis. Other side effects can be the development of gangrene or hypertension. Ultimately, putting off the annual check-up can lead to health complications and possibly death.

Getting an annual physical helps men stay healthy and live longer. Getting an annual physical can help men avoid coronary heart disease, stroke and other health complications.

Men with a family history of health problems must first accept that there are health problems in their family and know their history.

Women can convince men to get annual physicals by encouraging them to stay healthy so they can be around longer for their children.

Men are not better today about going to the doctor than in the past because more people are accessing health information via the Internet. The Internet does not replace going to the doctor. Many men do not go to the doctor because they are in denial of any health problems or do not have health insurance. Men who consider themselves healthy often do not go to the doctor because they want to spend their money elsewhere.

To ensure a healthier life, men should exercise two to three times a week, eat more fruits and vegetables and not smoke. Men who drink should drink carefully and drink wine when possible.

Getting an annual physical, getting checked for cardiac disease and getting a colonoscopy are essential for men to live healthier and longer lives. Prevention, Fitz stresses, is the best policy.

DEPUTY continued on page 9

a calling on my life and I can't imagine doing myself anything else now."

This was not the first time that Deputy had preformed CPR on a downed victim. He has been certified to do CPR since he was 18 years old and had preformed the technique on four other occasions as while working in the oilfield. The job just did not bring the Deputy the satisfaction of helping out a person in need as his current profession allows. Deputy Clay told the Dispatch,

"there were basically four men he looked up to as heroes and role models, one of whom inspired him to go on to pursue his dream of working in the field of law enforcement. Deputy Tommy Binford, a long time family friend, has been a role model and mentor to Deputy Clay, inspiring him with his own stories of his career. He also has very high regards for Rodney Tidwell, Garza County EMS Director, whom he got acquainted with through a

program that once operated in our community called Mad Dads Against Drunk Drivers. He has high esteem for Daniel Yarbro and Sheriff Clifford Laws also. These four men are the reason he does what he does and why he loves it so much. Clay says, "I love my job so much that often on my days off, I can be found here, assisting my co-workers and friends who are on duty. I can't think of any other thing I'd rather be doing during my off time."

The Post Dispatch office will be closed for the 4th of July

Ads deadline Friday 4pm July 24th.

Tuesday 28 will be our deadline for news.

Thank you for reading The Post Dispatch!



40% off
All Men's Pants
Through
Father's Day

Happy Father's Day

BLACKBURN'S
family clothier
Gateway Shopping Center • Childress • 937-2771

SAVE ON THE DEVICES YOU REALLY WANT



LG Vortex™ FREE
With 2 year activation & data pak req'd.
\$49.99-\$50 mail-in rebate debit card=FREE.

FREE CAR CHARGER
With add line or new activation. Limit one coupon and free item per customer. Up to \$19.99 value. Offer ends 6/4/11.

HUGE Graduation Specials! Hurry in!

510 N BROADWAY 806-495-0277

verizon
TCC Premium Wireless Retailer

Activation fee/line: \$35 (\$25 for secondary Family SharePlan lines w/ 2 yr Agmt). IMPORTANT CONSUMER INFORMATION: Subject to Customer Agmt, Calling Plan, rebate form & credit approval. Up to \$175 early termination fee (\$350 for advanced devices) & other charges. Device capabilities, Add'l charges & conditions apply. Offers & coverage varying by service, not available everywhere. Coverage maps at vzw.com. While supplies last. Shipping charges may apply. Limited time offer. Rebate debit card takes up to 6 wks and expires in 12 months. © 2011 Verizon Wireless.