



The Post Dispatch

A tradition of excellence since 1926

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Photo by Kristi Wink

Shown from l to r Kendall Swaffar, Macee Rathburn, Kolton Wink, Kasen Wink, Payton Nelson, Haddie Flanigan, Kohen Hudman, Kyna Hudman, Bailey Pennell, Datch Flanigan



Photo by Kristi Wink

Leslie Gill shown with her prize winning gelding in the Reserve Grand Champion Division

Youth exhibit horsemanship skills

By Diane Graves

Seventeen 4-H and FFA youth participated in the 2010 Horse Show October 3 at the Post Stampede Rodeo Arena. The show was sponsored by the Garza County Jr. Livestock Association with Glenna Reiter and Kim Reiter serving as Co-Superintendents. Judging the event was Blane Lemmons of Colorado City. Grand Champion Horse Buckle went to Lana Kitten with her 6 year old gelding. Kitten also won the Senior Showmanship Buckle. The Reserve Grand Champion

plaque went to Leslie Gill with her 13-year old gelding. Gill was recipient of the Junior Showmanship Buckle. The results of the four Halter Classes were: Young Mare Class (Age 5 & under) - Makaylee Butler, 1st place, \$40 premium, and Champion Mare banner. Mare Class (Age 6 & over) - Brooke Swaffar, 1st place, \$40 premium, and Reserve Champion Mare banner. Young Gelding Class (Age 5 & under) - Lauren Record, 1st place, \$40 premium. Gelding Class (Age 6 & over) - Lana Kitten, 1st place, \$40 premium,

Champion Gelding banner; Leslie Gill, 2nd place, \$30 premium. Reserve Champion Gelding banner; Russell Wilks, 3rd place, \$20 premium; Lana Kitten (exhibited by Lauren Record), 4th place, \$10 premium; and Ryan Rathburn, 5th place. Participants in the Junior Showmanship Class were Leslie Gill, Brooke Swaffar, Makaylee Butler, Lauren Record and Russell Wilks. Lana Kitten exhibited in the Senior Showmanship Class. Following the regular show was the Pee-Wee Horse Show with ten participants including: Bailey Pennell,

age 5; Kendall Swaffar, age 4; Datch Flanigan, age 3; Haddie Flanigan, age 6; Kohen Hudman, age 6; Kyna Hudman, age 2; Payton Nelson, age 6; Kolton Wink, age 6; Macee Rathburn, age 6.

Each Pee-Wee exhibitor received a ribboned medallion. Special thanks goes to Kristi Wink who photographed each exhibitor; Milton Williams, gate attendant; Lana Kitten presenting awards; Amy Pennell, secretary, assisted by Billie Williams and Diane Graves.



Photo By Kristi Wink

Grand Champion Winner Lana Kitten

Rotary guest student

The Post Rotary club was pleased to have Post High School student Kameron Strivens as a guest at their luncheons for the month of September. Kameron was invited to attend the luncheon meetings where he learned the ideal of the Rotary is to put service above self. By attending each week, Kameron heard from different guest speakers, some whom wanted to make the local Rotary club aware of a service they had to offer to his community, and others who were there requesting the Rotary assist them with a project. Kameron also learned the Rotary Four Way Test which asks first, is it the truth; secondly, is it fair to all concerned, third, will it build good will and better friendships and fourth, will it be beneficial to all concerned.

Kameron is the son of Merika Strivens and is a senior in the Post ISD. He enjoys participating in the marching band and one act plays. Kameron has a special interest in welding



Courtesy Photo

Rotary student Kameron Strivens

and upon completion of high school, he plans to join the military to do his part in serving and defending his country and as a means of paying for his college tuition

where he hopes to learn to become an underwater welder. Kameron has received a Certificate of Achievement in building Ag structures.

Safety Awards given to local Safety Director

This week Ron Gleghorn, Loss Control representative from Texas Mutual Insurance, presented two safety award plaques to David Perez, Safety Director for Rocker A Well Service. One award was for the quality of the Safety Program at Rocker A, and the other plaque was for three consecutive years without a Workers' Compensation claim.



I am really tired of all the rumors going around this town concerning the election. Everyone please use the brains the good Lord gave you and really think when you hear something that is so off the wall; when you hear some of these things go to the source and ask. If we make your mind up about who we will vote for by listening to rumors, this county is in real trouble. Get the facts and vote for the best person for the job whether you personally like them or not.

The 12th Man

The 12th man is the fans of a football team. The 12th man can have a profound impact on

how the team performs. When our team is on the defense, the fans should make as much noise possible by shouting, whistling, stomping or yelling chants with the cheerleaders. This can distract and confuse the other team while they are on the offense.

We have a young team this year and the least we can do is show them our support at every game. There are players that thrive off of emotion and make plays and become leaders. With the support of the fans, they have the potential to make outstanding plays. When our team is down, that is when they need us to be our loudest in support. Our football players should not have to beg the fans to stand up and cheer for them. We have some tough games ahead of us and that is why our

Antelopes need the 12th man (the fans) to come through for them in a big way.

"Speak Up" is a way for readers to send their opinions to the Post Dispatch and have them published each week. No signature is required by the writer; writer identities will be kept anonymous and you can address any topic you want. Published "Speak Up" comments can not exceed 100 words and the Dispatch staff has the right to edit for length or refuse to print materials it deems to be inappropriate. Drop your Speak Up comments in the box in the front office of the newspaper or in the mail slot in the front door after hours. You can also email your comments to postcitydispatch@yahoo.com.

Post Notes

Music on the Lawn

Come out to the south side of the Garza County Courthouse

Lawn and enjoy an evening of music.

Oct. 16th from 6 - til

Come on out and listen to some local and area musicians pick and grin.

Bring your own instrument and join in...everyone is welcome!

There will be a vendor there with fajitas and soft drinks.

Bring your own chairs.

Graham Ole Opry

The Graham Ole Opry will be held Saturday October 23rd from 7-10pm at the Graham Community Center, five miles west of Post on US 380 and two miles south on FM 399.

There is no admission

charge; a hat will be passed for donations to help with the upkeep on the center.

Concession stand with drinks and snacks will be available. For more information contact Noel White at 806-495-3261

GCJLA Shotgun Raffle

GCJLA is raffling off a 12 gauge automatic shotgun to be given away during the January Stock Show. Tickets are \$5 OR 5 FOR \$20. If you need tickets please contact Jason Porter at 787-4153, Keith Osborn at 632-7267 or any other GCJLA Board member. The annual GCJLA Fall fundraiser with dinner and a live auction will be on October 23, 2010.

High School Show

Post High School is preparing for a Fall Show.

Many students are busy working and rehearsing Blithe Spirit by Noel Coward. The show will start selling tickets the end of this month, and are putting on a public performance on Saturday night, October 30th. The play is a great comedy dealing with an séance and ghost! The play is a fundraiser for Post High School One Act play season. We would love to have a great turnout for this event and will guarantee an eventful night full of comedy and laughter! Plans are in the works to include a dessert reception with the price of the tickets! Anyone wanting more information can email Mr. Tatum at the school @ ttatum.post.k12.tx or ask a Theater student about this event.

Post Notes... continued on page 10

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It is the mission of this newspaper to promote the rights of individuals, guided by the principles so eloquently described in the American Declaration of Independence. The right of life, liberty and ownership of property are the cornerstone for our freedom. Government's sole purpose is to enhance our liberty and freedom. Therefore, we hold every elected and appointed agent of government accountable to that standard.

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Post ISD Menu

Breakfast Menu Oct. 18th - Oct. 22nd

Monday
Biscuits, Sausage, Gravy,
Fruit, Milk

Tuesday
Muffins, Sausage Links,
Fruit, Milk

Wednesday
Oatmeal, Bacon, Toast,
Fruit, Milk

Thursday
French Toast Sticks, Sausage,
Syrup, Fruit, Milk

Friday
Cereal, Toast, Fruit Juice,
Milk

Lunch Menu Oct. 18th - Oct. 22nd

Monday
Chicken Fajitas, Refried
Beans, Corn, Orange Smiles,
Chocolate Pudding, Milk

Tuesday
Pizza, Salad, Corn, Peaches,
Milk

Wednesday
Chicken Fried Steak,
Mashed Potatoes, Green
Beans, Hot Roll, Strawberry
Shortcake, Milk

Thursday
Pigs in a Blanket, Pinto
Beans, Baked Chips, Pine-
apple Orange Salad, Milk

Friday
Sub Sandwich, Lettuce,
Tomatoes & Pickles, Tater
Tots, Carrots w/Ranch,
Brownie, Milk

Southland ISD Menu

Breakfast Menu Oct. 18th - Oct. 22nd

Monday
Eggs, Bacon, Toast, Fruit,
Juice, Milk

Tuesday
Oatmeal, Toast, Peanut But-
ter, Jelly, Fruit, Juice, Milk

Wednesday
Cereal, Muffins, Yogurt,
Fruit, Juice, Milk

Thursday
French Toast Squares, Eggs,
Fruit, Juice, Milk

Friday
Biscuits, Sausage, Gravy,
Jelly, Fruit, Juice, Milk

Lunch Menu Oct. 18th - Oct. 22nd

Monday
Hot Dogs, Chili, Cheese,
Tater Tots, Baby Carrots,
Chocolate Pudding, Milk

Tuesday
Fish Planks, Pinto Beans,
Macaroni & Cheese, Hot
Roll, Fruit, Milk

Wednesday
Carne Guisada, Refried
Beans, Seasoned Corn, Tor-
tillas, Orange Smiles, Milk

Thursday
Chicken & Noodles, Green
Beans, Texas Toast, Fruited
Gelatin, Milk

Friday
BBQ on a Bun, Baked
Chips, Pickles, Salad, Pine-
apples, Milk

Trailblazers Menu

Oct. 18th - Oct. 22nd

Monday
Pork Chops, Navy Beans,
Broccoli, Cornbread, Cake

Tuesday
Salmon Patties, Scalloped
Taters, English Peas, Biscuit,

Wednesday
Chicken Fried Steak, Black-
Eyed Peas, Mashed Taters,
Roll, Fruit

Thursday
Chicken Spaghetti, 7 Layer

Friday
Ham, Sweet Tater Fries,
Turnip Greens, Cornbread,
Pineapple Cake

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First bale of cotton for 2010 arrives at Close City gin

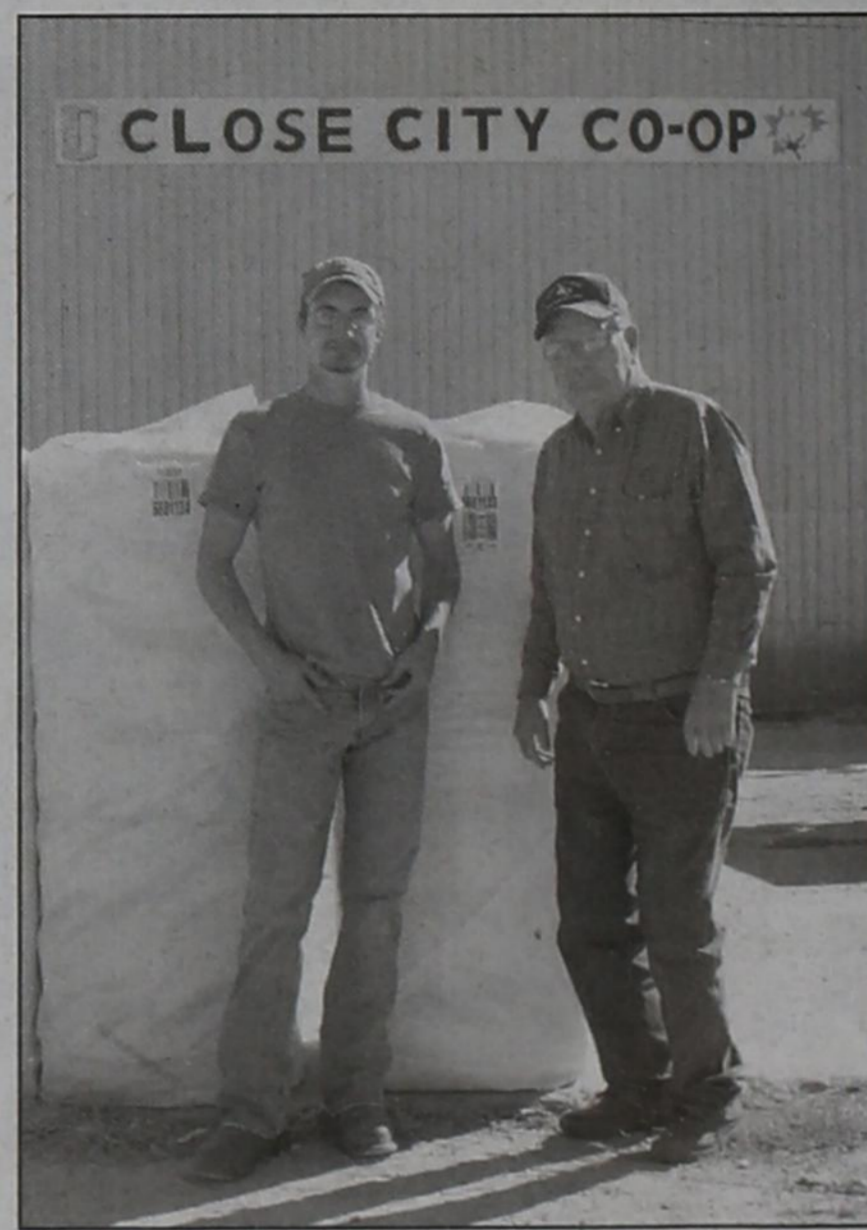


Photo by Traci Freemon
Wes Mason and Mack Terry shown with this year's first bale of cotton in Garza County ginned at Close City Gin.

Wes Mason brought in the first bale of the 2010 crop. The bale weighed in at 586 lb's with a seed weight of 782 lb's. Mack Terry, owner of the land Wes farms is shown here with him.

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

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The 501

by
Hanaba Munn Welch



Fat is a nice straightforward word. I can't say the same for "overweight," but a word like fat deserves a euphemism, and that's probably why somebody invented overweight.

But obese? It's the kind of word that makes fat sound good.

To me "obese" describes a body that's O-shaped dead-on and B-shaped in profile. I see a Suma wrestler.

So how is it that obese is suddenly a household adjective for a third of the U.S. population? Are we that fat?

Blame the body mass index people, a.k.a., the body police. They figured out how to measure flab to get a handle on obese. So, when you add all the fat people to all the flabby people, not necessarily mutually exclusive groups, a third of us are obese.

Moreover, "obese" has an "ity" version, which makes it the next best thing to a disease. You can't do that with "fat." Fatity. Sorry. Couldn't help myself.

Incidentally, if you disagree with the lack or use of quotation marks around some of these words, change them. You're probably right.

"Obese," quotes or not, is a big-time word. When such a term comes into vogue, somebody's got an angle. Let's follow the money.

It's easier to sell diet pills, diet food, diet plans and diet books to people who've suddenly discovered they're not just fat. They're obese.

Of course, if you're into politics, obesity makes a nice cause. Take childhood obesity. It's a great thing to be against. Not

to make light of the crisis, but it's easier to make a big deal out of kids getting fat by using the technical term instead of just saying too many kids are fat.

As for economics and politics, are we genuinely concerned about the health of young people, or are we just worried about how much they're going to weigh down our national health care system? Maybe both.

Meanwhile, I've decided not to think of myself as fat - or, Heaven forbid, obese - but rather as petite.

Here's how it works: Petite is the French word for small, but the clothing industry uses the word as a size for short people. Take it from me. I'm not small. I am short. I buy petite stuff all the time.

I'd not be surprised to run into petite sizes in the women's plus-size section. Maybe it's already happening.

Yep, petite is just another word for my kind of fat. If I were taller, I wouldn't be petite or fat. Instead, I'm both. No telling how tall I'd have to shoot up to meet the lofty standards of the body mass index people. They haven't caught me yet.

Petite, by the way, is a feminine adjective, off-limits to you guys, not that you care. You wear Levi's with the size posted on a visible rear label. You shop in stores called "Big and Tall." Your idea of a euphemism is "husky."

And you think women are hard to understand? OK, maybe we are. Just don't call us obese.

Election Corner 2010

VOTER INFORMATION

Mail (Absentee) Ballot Applications:

Tuesday, October 26, 2010 is the last day for the early voting clerk to receive application for a ballot to be voted by mail. (Sec. 84.007). All applications to vote by mail (absentee) must be received by the early voting clerk before the close of regular business. Applications to vote by mail (absentee) must be submitted by regular mail, common or contract carrier, or fax. But not hand delivered.

Early Voting:

Early Voting by personal appearance will be conducted each weekday at the Garza County Courthouse, 1st Floor, 300 W. Main, Post, TX, between the hours of 8:00 a.m. and 5:00 p.m. beginning on October 18, 2010 and ending on October 29, 2010.

Election Day:

Tuesday, November 2, 2010 from 7:00 A.M. to 7:00 P.M. Vote at your voting precinct location. (See GarzaCounty.net for polling place locations.)

Sample Ballots:

Garza County sample ballots are

available on the county web site, GarzaCounty.net or at the clerk's office at the courthouse.

CANDIDATE INFORMATION

Campaign Finance Reporting: October 25, 2010 is a deadline to file form C/OH. (Garza County and precinct candidates submit reports to the County Clerk's office at the courthouse.)

For more election information, go to GarzaCounty.net and click on "Elections". Or call the Clerk's office at (806) 495-4430.

In and Around Close City

by Traci Freeman

Weather
We have had some really nice weather lately, little cool in the mornings but perfect temps in the afternoons. Fall is definitely in the air. We still just have cotton trickling in with only one guy pulling right now. Our bale count as of noon on Wednesday was 291 bales with hopefully about 10,000 to go.

News
The Morris Family Annual Fish Fry was held this past Saturday

at Charles and Sharron's barn. Approximately 75 people enjoyed fried fish, all the fixings and visiting with good friends. Charles, Sharron and their family go on a fishing trip each year to Brownwood and what they bring home they share with the rest of us.

I hear tell that Alicia is having a garage sale out here this weekend next to the Old School. Ya'll come out to Close City and check it out. I think she is gonna start about

9 on Saturday. Lets not forget early voting starts next week for the upcoming November election. If you don't vote you have no right to complain so make sure you get out there and support the candidate of your choice.

Don't forget we have a new batch of cookbooks in, you can pick yours up at Cocara's or call Nancy or I and we will get one to you.

Get Wells
I received a phone call the

other day about Jewel White. She is in the nursing home in Lubbock and not doing very well. Please everyone add her to your thoughts and prayers. Her daughter, Jan is one of our landlords here at the gin and I'm sure many of you remember Darrin and Jewell, as they lived many years in Post.

Close City Birthdays
October 19th - Aaron Lopez, Kim Norman
October 21st - Laverne Aten

Anniversaries
October 18th - Dennis and Debbie Mason (ya ya...I know ya'll aren't Close City but I had to include you).

October 20th - Mike and Julie Aten, Daniel and Veronica Contreras
October 21st - Clinton and Kimberly Yarbro

Visitors
Other than our regulars we have had some visitors out this week.....Mark Terry, Ronnie Metsgar, Ronnie Gradine, Grady Shytles, Bobby Terry. Ya'll come out and see us sometime, enjoy visiting with good people, have a snack and something

to drink. Ragtown folks in the nursing homes we need to remember are..... W.C. and Marj Caffey in Marble Falls, George Miller in Lubbock, Doug and Claudine Tipton and Carmen Abraham in Post, Odie Kemp in Tahoka, Jean Tipton in San Angelo, Jewel White in Lubbock. Others are, Joyce Overton in Post, Doris Wilson in Castorville, John and Mary Gist in Lubbock, Lula Jo Stuart also in Lubbock. Please let me know if there is anyone **CLOSE CITY...**

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Weekly Inspirations

SWEET TEA, ANYONE?

By: Michael F. Taylor

Jimmy Dolland was a very bright and energetic young man who had just turned 12 years of age a couple of weeks ago. Wanting to show his mother how big a boy he now was, Jimmy had taken to making the afternoon lunch meal (sandwiches and chips usually) and preparing the families favorite beverage, sweet tea. On this particular Saturday afternoon, Jimmy's mother Kathy had to run some errands and stop off at the local grocery store to pick up a roast for Sunday after church dinner. Jimmy was so excited that he would be preparing the lunch all by himself as mom walked out the door, he told her, "Now don't worry about a thing, Mom! I am going to make the best lunch you ever had." "Well, Okay, honey. If you need anything, give me a call on my cell phone", Kathy replied as she walked out the kitchen door. Just a short hour and a half later, Kathy walked through the door with a couple of brown paper grocery bags in her hands. "Oh, let me help you, Mom", Jimmy said as he took the bags out of Kathy's hands and sat them down on the counter. Kathy walked into the dining room and immediately noticed that the table was already set with three plates and three tall glasses of iced sweet tea. "My goodness, son, the table looks so nice. And you've already poured the tea. Oh, I thought we were out of tea?" Jimmy was beaming as he replied, "Yes, we were. But I made some more!" Kathy was very proud of Jimmy for being such a responsible young man and asked, "Well that is wonderful, did you have any problems finding the tea strainer?" "Yea, actually I did. I couldn't find it, but I improvised." Now curious, Kathy asked as she was taking a sip of her iced tea, "You improvised with what?"

"When I couldn't find the strainer, so I used a fly swatter", Jimmy said with a smile on his face. Now horrified, Kathy almost fainting replied, "Oh no Jimmy, you didn't?" Seeing the look on his mothers face, Jimmy shot back, "Well, don't look so excited Mom, I didn't use the NEW ONE!" Well I don't know about you, but I'm not so sure that Jimmy's strainer did the job it was intended to do, but his heart was in the right place!

Isn't it nice to know that when God forgives us of our sins, His strainer does the work entirely? I love the way that David says it in Psalms 51, "Cleanse me with hyssop, and I will be clean; wash me, and I will be whiter than snow. Let me hear joy and gladness let the bones you have crushed rejoice. Hide your face from my sins and blot out all my iniquity. Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me. Then I will teach transgressors your ways, and sinners will turn back to you." NIV

What a wonderful prayer that David prayed on that day! "Restore me to the joy of your Salvation and grant me a willing spirit, to sustain me." I am so excited to know that each of us can stand upon the Salvation of God which will sustain till the end. God bless and have a wonderful week.

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work."

2 Timothy 3:16-17

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Lifeline Church	108 N. Broadway	Church of God of Prophecy	602 W. 14th, 495-3644
Baptist		Power House Church of God and Christ	Pine Ave.
Calvary Baptist Church	210 E. 6th, 990-2342	Disciples of Christ	
First Baptist Church, Post	402 W. Main St. 495-3554	First Christian Church	812 W. 13th, 495-3716
First Baptist Church, Wilson	806-628-6333	Evangelical Methodist	
Grace Baptist Church	820 N. Ave. S 990-3497	Faith Chapel	1105 Green St., Wilson (806) 628-0018
Justiceburg Baptist Church Justiceburg		Methodist	
Pleasant Home Baptist Church	E. 14th & N. Ave F	First United Methodist Church	216 W. 10th, 990-2942
Pleasant Valley Baptist	Hwy 84 & N. 399 (806) 828-4174	Graham Chapel United Methodist Church	495-3492
Southland Baptist Church	Southland	Nazarene	
Templo Bautista	315 W. Main	Post Church of the Nazarene	202 W. 10th, 495-3044
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Holy Cross Catholic Church	Ave. K and Main St., 495-2791	Family Harvest Church	111 N. Avenue I, 495-1400
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Church of Christ	108 N. Ave. M, 495-2326	Presbyterian	
		First Presbyterian Church	910 W. 10th, 495-2135

And thou shalt love the Lord thy God with all thine heart, and with all thy soul, and with all thy might.

Deuteronomy 6:5

Visit any one of these businesses and churches and you will find wonderful Post City people and those who support Post.

Lopes Suffer Loss to Coahoma

By Jim Plummer
PostSportsPage.com

The Post Antelopes dropped their first district 2-2A, Division II game to the Coahoma Bulldogs, 33-6, last Friday at Jimmie Redman Memorial Stadium.

The game was close at halftime, 7-6, in favor of Coahoma. Then the Bulldogs simply outplayed the Lopes in all facets of the game.

Coahoma's running back Dakota Griffith dashed to the endzone on the third play from scrimmage after his team received the second half kickoff. From that point, the Bulldogs had the momentum for the rest of the game. Griffith finished the game with four touchdowns, three on the ground.

Coahoma (5-2, 2-1) went on to score two more TDs in

the third and another in the fourth quarter.

"We gave up too many big plays in the 3rd quarter and weren't able to move the ball offensively. We also had some untimely penalties that stopped some key drives," commented Antelope's Head Coach Chris Jones.

In the first period, Coahoma's Griffith capped off the Bulldog's eight play 44 yard possession with a one yard run for the games first TD with 6:17 remaining.

The Bold Gold (3-4, 2-1) kept the Tigers scoreless for the rest of the first half.

In the second period the Lopes put their only points on the board. On second and goal from the three yard line, senior quarterback Ernie Saldivar threaded the needle to tight end Jacob Perez in the north endzone. The pass was

tipped before Perez ended up with the ball as he fell to the ground for the touchdown. Post started the scoring drive after getting the ball back after Saldivar recovered a fumble from his free safety position at the Coahoma 27 yard line. Four rushes and a pass later the Antelopes were back in the game until the third period.

Coach Jones said that "Coahoma won the battle up front which usually results in success if a team is able to control the offensive and defensive line of scrimmage."

Sidelines

The Antelopes (3-4, 2-1) travel to Idalou (3-3, 2-0) for a district matchup Friday at 7:30 P.M. The Wildcats, who have not been scored on in district play, beat Hawley, 54-0 last week and the Antelopes were defeated by Coahoma, 33-6.

According to Coach Jones, the Wildcats are an experienced well rounded football team. "Idalou has 5 to 6 players returning on each side of the ball from last year. They run the ball well and play solid defense. Their entire backfield is back along with some key defensive starters. They had a tough non-district schedule and are playing well during district play."

If you are unable to see the game in person, log onto the internet at LoneStarSportsRadio.com then click on the Post helmet and then click "Listen Live". Allen Grisham and I will start the pre-game at 7:10 P.M. Join us when you can.

Also, for always available coverage of Post athletics, go online to the PostSportsPage.com web site. Stats are posted

soon after the game.

COAHOMA 33, POST 6
Coahoma 7 0 20 6-33
Post 0 6 0 0-6

First Quarter
Coa - Dakota Griffith 1 run. (Griffith kick) 6:17
Second Quarter
Pos - Jacob Perez 3 pass from Ernie Saldivar. (Kick failed) 7:17
Third Quarter
Coa - Griffith 43 pass from Tanner Ruiz (Kick failed) 10:47
Coa - Ruiz 16 run. (Griffith kick) 6:38
Coa - Griffith 3 run. (Griffith kick) 1:39
Fourth Quarter
Coa - Griffith 19 run (kick failed) 6:05

TEAM STATISTICS
COA POS

First Downs 19 2
Total Offense 466 72
Rushes-yards 46-368 24-53
Passing yards 98 19
Comp-att-int 7-12-0 3-11-2
Punts-avg 0-0 6-28
Fumbles-lost 1-1 0-0
Penalties-yards 6-75 7-48

INDIVIDUAL STATISTICS
RUSHING: Coahoma; Ruiz 8-138-1, Griffith 12-70-3, Sheigh Cravens 4-70.

Post; Chase Greathouse 11-21, Saldivar 7-17, Vance Blair 3-13.

PASSING: Coahoma; Ruiz 6-95-1. Post; Saldivar 3-19-1.

RECEIVING: Coahoma; Griffith 3-61-1, Jason Martinez 1-19, Justin Coker 2-15. Post; Perez, 2-11-1, Greathouse 1-8.

RECORDS: Coahoma 5-2, 2-1; Post 3-4, 2-1.

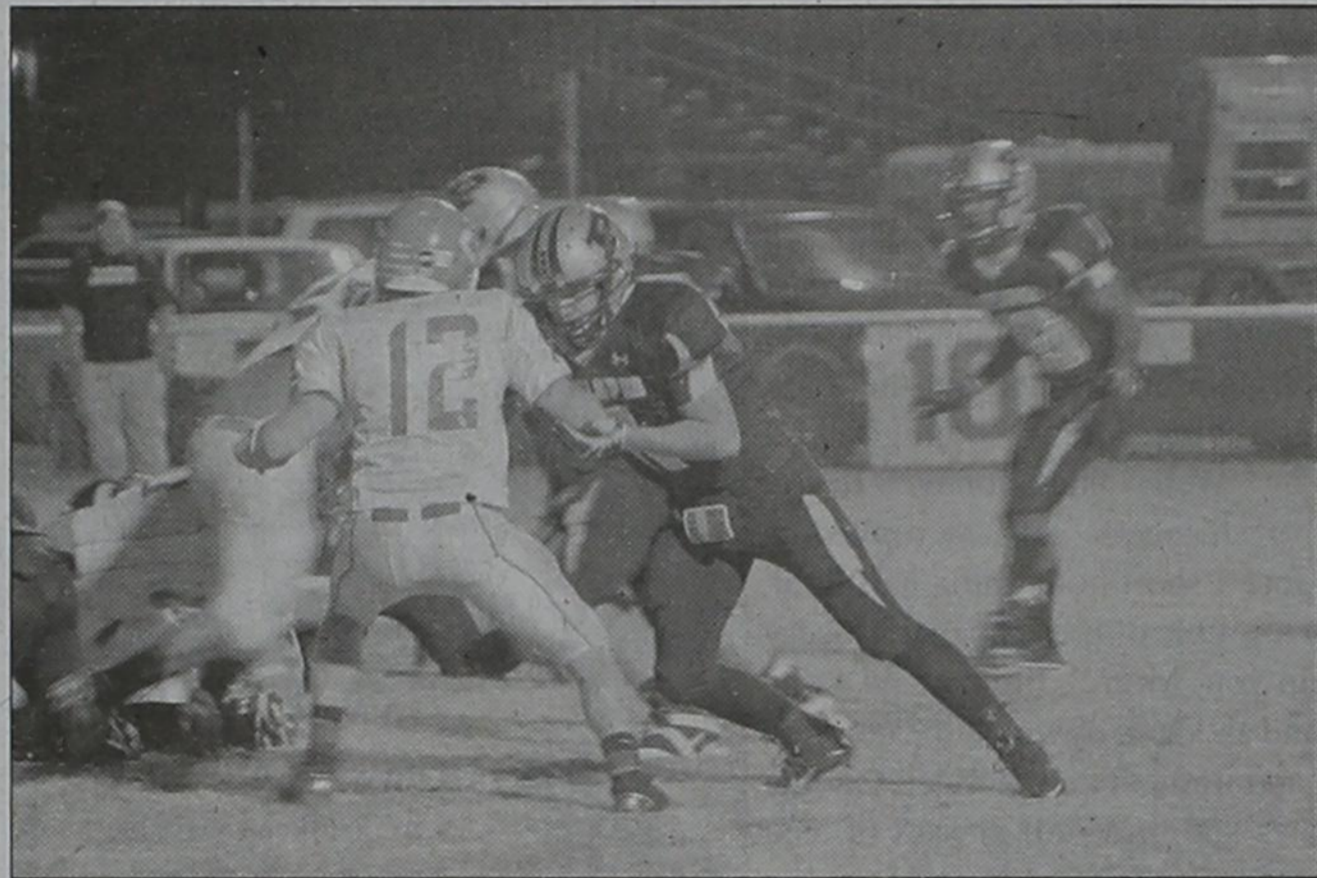


Photo by Kayla Hall

Chess Postell gest a block in the Antelopes game against Cahoma.



Photo by Kayla Hall

Vance Blair looks for open field vs. Cahoma.



Photo by Kayla Hall

Post Antelope captains taking the feild for the coin toss against Cahoma.

Good luck Antelopes, win district!

COAHOMA 33, POST 6

Coahoma 7 0 20 6-33
Post 0 6 0 0-6

First Quarter
Coa - Dakota Griffith 1 run. (Griffith kick) 6:17
Second Quarter
Pos - Jacob Perez 3 pass from Ernie Saldivar. (Kick failed) 7:17
Third Quarter
Coa - Griffith 43 pass from Tanner Ruiz (Kick failed) 10:47
Coa - Ruiz 16 run. (Griffith kick) 6:38
Coa - Griffith 3 run. (Griffith kick) 1:39
Fourth Quarter
Coa - Griffith 19 run (kick failed) 6:05

TEAM STATISTICS

	COA	POS
First Downs	19	2
Total Offense	466	72
Rushes-yards	46-368	24-53
Passing yards	98	19
Comp-att-int	7-12-0	3-11-2
Punts-avg	0-0	6-28
Fumbles-lost	1-1	0-0
Penalties-yards	6-75	7-48

INDIVIDUAL STATISTICS

RUSHING: Coahoma; Ruiz 8-138-1, Griffith 12-70-3, Sheigh Cravens 4-70.

Post; Chase Greathouse 11-21, Saldivar 7-17, Vance Blair 3-13.

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RECORDS: Coahoma 5-2, 2-1; Post 3-4, 2-1.

2010 FOOTBALL STANDINGS

DISTRICT 2-2A, D-II

Week 6 (as of 10/09/2010)

TEAM	DISTRICT			PA/APG	OVERALL			Week 5 Outcome	
	W	L	PF/APG		W	L	PF/APG		
Idalou	2	0	77/39	0/0	3	3	166/28	82/14	Beat Hawley, 54-0
Coahoma	2	1	81/27	37/12	5	2	214/31	79/11	Beat Post, 33-6
Post	2	1	43/14	53/18	3	4	90/13	159/23	Lost to Coahoma, 6-33
Stanton	1	1	17/9	25/13	5	1	133/22	58/10	(Bye)
Forsan	1	1	41/21	43/22	3	3	179/30	162/27	Beat Anson, 35-34
Anson	1	2	70/23	75/25	3	4	140/20	204/29	Lost to Forsan, 34-35
Hawley	0	3	26/9	122/41	1	6	83/12	217/31	Lost to Idalou, 0-54

Legend: W (Wins), L (Losses), PF (Points For), PA (Points Against), APG (Average Per Game)

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Texas agencies affected by deficit to be discussed at monthly Senior Seminar

AMARILLO - Recent announcements regarding the \$18 billion deficit has caused concern for many Texans, including senior citizens. They want to know which state agencies and services will be affected.

Addressing the current outlook for Texas and issues for seniors will be State Rep. John Smither and Alan Abraham, Texas Silver Hair Legislator, at the Oct. 14 Senior Seminar. The hour-long program will begin at 1:30 p.m. at the Texas AgriLife Research

and Extension Center, 6500 Amarillo Blvd. W., Amarillo.

Although designed for senior citizens, this program will be of interest to most residents of the Panhandle, according to Sue Church, AgriLife

Extension family and consumer sciences agent for Potter County. The general public is invited to attend this free seminar.

Refreshments, provided by the Senior Advantage Program of the Northwest Texas Healthcare System,

will follow the program and provide the opportunity for further presenter-participant interaction. Door prizes will be donated by Scott's Flowers.

For more information about the upcoming seminar, contact the

AgriLife Extension office in Potter County at 373-0713.

Sponsors of the senior seminars are the Potter Coalition on Aging, Senior Advantage Program, and Amarillo Senior Citizens' Association.

Post Classifieds

Personal

Post Group Alcoholics Anonymous 10th and Avenue K, behind United Supermarket Tuesday night, 8 p.m. Book Study Thursday night, 8 p.m. Closed Meetings For more info: 806-781-1156 or 806-495-5371 Monday, 8 p.m., Community Recovery Center, 405 S. Ave. C. For more information about the Monday meeting, call 495-3173.

Post Al-Anon

Family Group meeting meets Monday at 8 p.m., Historic Presbyterian Church, 10th & Ave. K, behind United Supermarket in separate room from AA meeting. For more infor-

mation call 495-3053.

The Safe and NA Serene Group of Post now meets on Fridays at the Community Recovery Center, 405 S. Avenue C. For meeting information please contact Chris, 806-312-0121.

Public Notice

Post Independent School District is currently accepting bids for the following insurance coverage. Property, Casualty, Liability and Fleet Coverage will be effective January 1, 2011. Sealed bids will be received in the Superintendent's office at Post I.S.D.; 501 South Avenue K; Post, TX. 79356 until 12:00 pm Oc-

tober 29, 2010, at which time they will be opened and reviewed. The bids will be considered at the School Board Meeting on Tuesday, November 9, 2010 at 7:30 p.m. in the Post I.S.D. Administration Building. A bid package may be obtained by contacting Shellee Odom, Business Manager at 806-495-3343 at Post ISD Administration; 501 So. Ave K; Post, TX. 79356 Post I.S.D. reserves the right to accept or reject any or all bids.

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Yard Sale Saturday - 8:00 - ? 122 N.

Ave Q Children's clothes, women's shoes and misc.

Garage Sale Saturday 8-? 112 S. Ave P Behind Hudman's Funeral Home Halloween items, clothes, leather chairs, and much more.

Yard Sale 112 W. 10th 8:30 - ? Clothes for all ages, bathtub

Yard Sale Saturday 8:00 -2:00 111 N. Ave R Dishes, couch, dog house, and lots more

Yard Sale Saturday 8-1 614 S. Ave I Baby clothes, baby accessories, ladies clothes, misc. items

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JV and Junior High teams remain undefeated on district

JV (10/07/2010 at Coahoma)
 Post 6 15 6 6-33
 Coahoma 0 0 8 0-8

Coach Pyles - DJ Brown scored 5 TDs to lead the Antelopes to a 33-8 victory over Coahoma last Thursday night. Brown scored on runs of 76, 90, 47 and a 31 yard pass from Pake Jones for the final TD.

Matt Nava scored a 2pt conversion on a pass from Jones.

This was a complete team effort. We played good on defense. We bent a couple of times but never broke.

Outstanding Offensive play by Paden Babb and

Tyler Jones and Matt Nava did a good job blocking outside. The offensive line (Mondo Martinez, Marco Erives, Juan Cabera, Elijah Garza, Remy Rodriguez, Alan Alaniz) had another good game.

Outstanding Defense play was recognized by Tyler Jones (fumble recovery), Marco Erives (caused and recovered a fumble), Isaac Stern, Jose Rodriguez and Elijah Garza all played well.

Record 5-2 season, 3-0 district

Next game is Oct. 21 at Stanton, 6:00 P.M. The last game is Oct 28 at home vs. Hawley at 6:00 P.M.

8th Grade (10/07/2010 at home)
 Coahoma - 0
 Post - 8

Coach Soliz - This was a hard fought defensive game. I think the key players were the ENTIRE defense, they shut out Coahoma. Freddie Araiza played big down the stretch as he played running back and forced and recovered a fumble for a TD on defense. He also scored the 2-pt conversion as well. PJ Morales also stepped up big time for us on the offensive line. I don't think I've EVER been more proud of my boys; they refused to give up and won as a TEAM.

Record: 4-1, 3-0

7th Grade (10/07/10 at home)
 Coahoma - 0
 Post - 42

Coach Allen - The Bold Gold played another great game last Thursday and came out victorious. The captains for the game were Blaine Reece, Justin Farris, Jacob Dissinger, and Jarred Araiza.

Aron Lopez took a handoff from Kyle Jones on the first play of the game and went 55 yards around the left end for a touchdown. The defense held up great and quickly got the ball back for the offense. Reece took a punt from

Coahoma down the right sideline for 30 yards to set up the Antelopes with great field position. He was aided with a great block from Christian Armendariz.

Christian Saucedo took a counter play to the right side in for a five yard touchdown the next series.

Great tackles by Rafael Gonzalez and Lopez ended any thought that the Bulldogs had of scoring.

The Antelopes then added another score on a pass from Jones to Saucedo for 10 yards. Halftime ended with the Bold Gold up 20-0.

In the second half, the 7th grade Antelopes added

scoring runs from Saucedo and Cambry Gilbert. Jared Curtis added a two-point conversion with a pitch around the right end.

Jordan Solorzano had a tackle on a second half kickoff that was the hit of the night. A sack and a forced fumble from Jaybren Rodriguez ensured the team with another shutout victory.

RUSHING: Lopez 1-55-1, Saucedo 2-35-2, Gilbert 3-32-1, Jones 3-19-1, Wiley 1-17, Curtis 3-16, Reece 4-10.

PASSING: Jones 2-16-1
RECEIVING: Saucedo 1-10-1, Lopez 1-6.

Record: 5-0, 3-0.



Antelopes win for a fourth week in a row.

Photo by Brian Osborn

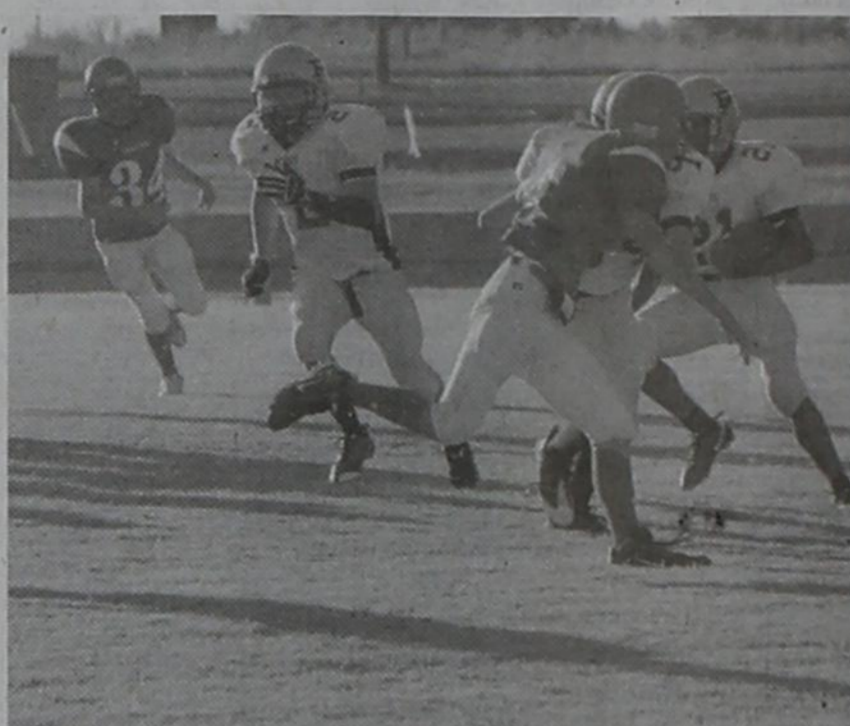


Photo by Brian Osborn
 #2 Pake Jones, #14 Paden Babb block for a touchdown scored by #21 DJ Brown.



Photo by Brian Osborn
 #2 Pake Jones blocks for #21 DJ Brown who scored another Antelope touchdown.

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Go Antelopes!

Open letter to the voters and citizens of Garza County:

I want to share with everyone in this county my goals and vision for the development and growth of our community. These goals and vision require hard work and a lot of planning. They require cooperative efforts by anyone and everyone who wants to come on board for moving ahead into the future.

In the past four years, as I have been employed as your county judge, our development and growth has been positive, while considering the best interest of everyone and while thinking about what is beneficial for you, the taxpayer first.

Any accomplishments Garza County has achieved have been because of the efforts of all of the Commissioner's Court. The focus of the hard work we have jointly expended was on developing a positive and better county.

These goals, our job and some of the accomplishments are:

- completing the addition to the Giles W. Dalby Correctional Facility.
- continuing to work with management of the Giles W. Dalby Facility.
- This industry brings \$13 million dollars into the general fund of our county. The monthly payroll from the prison is \$650,000.00.
- keeping our tax rate one of the lowest in the region.
- long range planning to upgrade the courthouse and pay for projects as we go, with no debt. The addition of a courthouse elevator is in the very near future and will be completed without incurring debt.
- taking advantage of every opportunity to find grant funds from FEMA and the USDA to rebuild county roads damaged during the July flood.
- constantly striving for more efficient use of your tax dollars.
- developing a steering committee in the last four years we have to look into opportunities of the wind energy industry and now we are at the threshold of bringing a \$100 million dollar wind power project into Garza County.
- continuing to meet the challenge of promoting our county jail and the juvenile detention center to keep contracts in place.
- assisting with development of the Lake Allen Henry area, through Garza County's support continues to build our tax valuation base. We are striving to continue this support in the LAH area.
- giving attention to the efforts to clean up our communities in Post and Southland.
- continuing to take every opportunity to strengthen the position of Garza County and the White River Water District while working for the best interest of the area water supply.

I ask for your vote for County Judge in the upcoming General Election, November 2. Don't forget Early Voting begins October 18.

Judge Lee Norman

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Commissioners' Court Minutes

By Rosa Latimer
Correspondent

Garza County Commissioners moved closer to approving a tax abatement agreement with Red Hollow Wind, LLC. (a project of Freemantle Energy). The agreement was first discussed by the Court and Cal Huffaker, the attorney working with Garza County on this issue. Huffaker explained that the county has the authority to grant the abatement. He also explained that the county has the authority to grant the abatement and encouraged the court to communicate and work with other taxing entities regarding this matter. Judge Norman assured the court that other taxing entities have been notified of the pending tax abatement agreement as required by law.

Randy Sowell of Freemantle Energy later came before the court to discuss details of the tax abatement agreement. Sowell proposed that in order for the Red Hollow project to qualify for the tax abatement the project would be 15 to 101 megawatts and a minimum of a \$15 million. The agreement would be in effect through the end of 2011 and if no power purchase agreement has been achieved by Freemantle, the agreement would be extended one year. Disbursement of the annual community outreach contribution is to be administered and determined by the commissioners' court. This final

information will be inserted into the tax abatement agreement and the document will be ready for a final review and approval at the next commissioners' court meeting Monday, October 25.

An Executive Session was scheduled for this Commissioners' Court meeting for the purpose of discussing the employment status of Victims Assistance Advocate Jayta Cravy.

At Cravy's request, Judge Norman declared that the meeting be held as an open (public) meeting instead of a closed Executive Session. Norman also recused himself from voting on any items that might come before the court during the session concerning Jayta Cravy as a county employee. The judge stated to the court that he had not placed Cravy on administrative leave.

Prior to the meeting, it was unclear as to whether Jayta Cravy had been placed on administrative leave from her job as Victim's Advocate after stating in a letter to Garza County law enforcement that she could no longer be "on call" after hours. Garza County Judge Lee Norman first learned of Cravy's statements when he received a phone call from county law enforcement on October 4 regarding an incident requiring a victim's assistance advocate. He was informed at that time that the county victim's advocate could not respond and Judge Norman provided the assistance needed.

The situation prompting this current discussion before Commissioners' Court began earlier this year when Victims' Advocate Jayta Cravy failed to submit a VOCA (Victims of Crime Act) grant proposal according to the required timeframe. This resulted in a loss of funding for the Garza County Victims' Assistance Program except for the portion paid by Garza County, approximately 50%. During 2010/2011 budget planning meetings, the commissioners decided to fund the program with a decreased operating budget, thus allowing Cravy to continue in her employment and to continue the services provided by the Victims' Assistance program. At that time the Commissioners also initiated guidelines to help ensure that the program stayed within the proposed budget. Among those guidelines were restrictions on overtime, granting Jayta "comp" time for compensation when her job responsibilities required her to be on the job beyond regular office hours. The part-time position in the Victims' Assistance office was eliminated and the commissioners placed Cravy under the supervision of Judge Norman beginning October 1, 2010.

Specifically at issue in the October 8, 2010 Commissioners' Court meeting was the letter Jayta Cravy sent to Garza County Law Enforcement Center dated September 30, 2010 stating that

"As of Friday Oct. 1, 2010 I will no longer be able to be on call after hours." Judge Norman has refuted this saying that he had instructed Jayta that she would no longer be paid overtime for work after regular hours, but could take compensatory or "comp" time.

Commissioner Ted Brannon stated that due to the timing of the situation with the General Election at hand he would suggest that Jayta Cravy be willing to work extra hours for compensatory time until after the election (November 2, 2010) and to be supervised by the commissioners. Brannon also said that he would recommend that "under the current budget no overtime be approved until the VOCA grant funding is renewed."

Judge Norman emphasized that all county employees must follow the personnel policy manual and reminded Jayta that her use of the county issued credit card must be according to county policy. This policy states in part that the "Garza County Procurement Card is to be used for business expenditures only" and "by accepting the card, the employee assumes responsibility for the card and will be responsible for all charges made with the card." In addition, "while the cardholder will not be responsible for making payments, the cardholder will be responsible for verifying all transactions and submitting receipts for each transaction as quickly

as possible to the Treasurer's Office." Cravy assured the court that she understood this policy.

The commissioners voted to permit Victims Advocate Jayta Cravy to be under the authority of the commissioners' court and to report directly to Commissioner McDaniel or to County Attorney Mike Munk if McDaniel is not available. Also, she is permitted to receive compensatory time according to the personnel manual and could possibly be allowed overtime pay with prior approval from her supervisor. The court instructed Cravy that, should a situation arise that would warrant hours in excess of her normal workweek, she is to contact Commissioner McDaniel prior to working the extra time and then act according to his instructions. The commissioners also agreed that overtime or comp time should be kept to a minimum; however, the county's "priority will continue to be to take care of victims."

County Attorney Munk and Commissioner McDaniel are to present for approval a written job description for the Victim's Advocate position at the next Commissioners Court meeting.

In other business before Commissioners Court, Judge Norman explained to the Court that historically Garza County set annual terms of court in January; however, the law states differently and he feels it is

important to follow the statute. The commissioners approved the terms of county court for 2011 as February, May, August and November.

Precinct 2 Constable, Eric Cravy came before the Court to discuss invoices submitted to the County Treasurer in the 2009-2010 fiscal year for ammunition, a gun case and a scope for a high power, long-range weapon. The constable stated to the Court that he needs these items to be ready for all situations. At the time these expenses for were originally presented by Eric for approval, the commissioners declined payment. In addition, Judge Norman explained that he had spoken with the constable a year ago about these types of expenditures and whether they were appropriate. No action was taken.

Minutes from the September 28, 2010 regular meeting were approved and reports were accepted as presented: Treasurer; Budget Usage Analysis; District/County Clerk; Tax

Collector/Assessor; AgriLife/Greg Jones; AgriLife/Nancy McDonald. Precinct and countywide accounts payable for September 28, 2010 through October 8, 2010 were approved for payment. There were no line item transfers or budget amendment requests for consideration.

The next Commissioners' Court meeting will be October 25, 9 a.m. at the AgriLife Extension Office, 215 W. Main.

Life cycle of adult hippocampal newborn neuron uncovered

HOUSTON — Unlocking the mystery of neurological disorders starts with understanding how neurons are generated

and maintained. Recently, researchers at the Jan and Dan Duncan Neurological Research Institute at Texas Children's Hospital (<http://www.nri.texaschildrens.org/>) and Baylor College of Medicine (www.bcm.edu) discovered that the life cycle of adult hippocampal

newborn neurons was not what was previously thought. Their studies opened new doorways for future research on the process by which neurons are generated.

The findings, which appear in the current issue of the journal Cell Stem Cell, show that very early after birth, within 1-4 days of life, newborn cells reach a critical stage when many of them die by apoptosis, natural cell death. In addition, the study revealed that those dead cells are cleared very rapidly, the two processes being intrinsically coupled.

"Years ago researchers believed we were born with only a certain number of neurons to last us throughout our lifetime, but we soon learned that new ones are also produced in adulthood. Our current research focused on the life cycle of those neurons," said Amanda Sierra Saavedra, postdoctoral associate in pediatric neurology at NRI/BCM, from the laboratory of Dr. Mirjana Maletic-Savatic (<http://www.bcm.edu/pediatrics/neurology/?pmid=14866>).

The area where these new neurons are produced is the hippocampus, a brain area responsible for learning and memory. Thus, the critical processes discovered by the reported study could potentially play a role in learning and memory and disorders that affect the hippocampus, Sierra Saavedra added.

She and the team of researchers under the leadership of Dr. Mirjana Maletic-Savatic, assistant professor of pediatric neurology at NRI/BCM, were able to label and follow each new neuron using BrdU (Bromodeoxyuridine). BrdU can be incorporated into the newly synthesized DNA of dividing cells. Thus, this technique enables researchers to follow the life cycle of a newborn cell.

"We found two critical periods when the newborn cells underwent apoptosis, and the majority of the cells died one to four days after being born," said Sierra Saavedra. "This is much earlier than what we had first thought. We were completely puzzled to learn that many cells die almost immediately after they are born."

As researchers followed these cells, they soon learned that the "clearing up", or phagocytosis, began immediately following cell death. Microglia cells, which make up the immune defense

system of the brain, engulf the dead cells, destroying them and leaving behind little to no trace of them.

"This process happens quickly, efficiently, and without any interference, indicating that the microglia play an important role in maintaining the proper functions of the neurogenic process," Sierra Saavedra said. "If this is interrupted by genetic, environmental, toxic, or immunologic defaults or any other reason, then we believe that certain diseases and disorders might appear."

These findings provide very important steps necessary for the future investigations into novel ways of harnessing newborn neurons for treating disorders related to the hippocampus, she said.

This work was supported by the National Institute of Neurological Disorders and Stroke; the Eunice Kennedy Shriver National Institute of Child Health and Human Development's Intellectual and Developmental Disabilities Research Center; and the Farish Foundation.

Others who contributed to this research include Juan

Others who contributed to this research include Juan

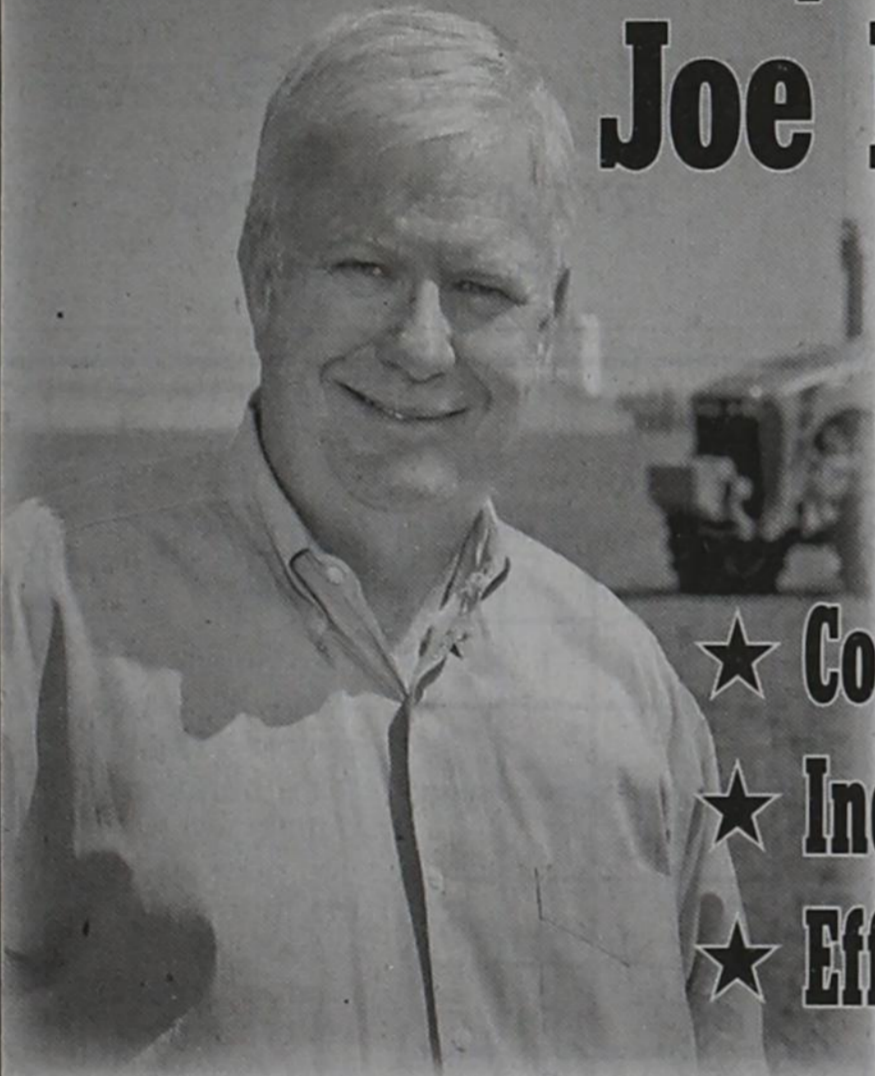
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District 85

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Pd. Pol. Ad by
Joe Heflin Campaign,
Gary Hardin, Treasurer

You've Got to Play to Win

Game's On - NOW!
Oct 5 - Nov. 1, 2010

MONOPOLY

Still New & Tasty

Fruit Smoothies & Angus Wraps

1 in 4 WINS!

McDonald's®
655 U.S. Highway 84
Slaton, TX

I'm lovin' it!

Soft Drinks Any Size \$1.00

Planning for a safe Halloween can be a treat for the whole family

CHICAGO — Halloween is right around the corner and consumers are already getting into the spirit. In fact, the National Retail Federation estimated that the total Halloween spending for 2010 would reach \$5.8 billion. Approximately four out of 10 people plan on dressing in costume and will spend more than \$23 on their ensemble. Prevent Blindness America wants to remind everyone to make sure their costumes, or their children's costumes, will be safe.

Prevent Blindness America has created a dedicated website for children's eye health and safety, starpupils.org. The

site provides parents with free information on how to keep their teens and children's eyes safe this year, without a scary trip to the emergency room.

Prevent Blindness America offers these tips to adults and children to help keep Halloween a treat:

- Never buy cosmetic contact lenses without a prescription, which is both illegal and dangerous. Misuse of lenses can result in bacterial infections, swelling, eye pain, sensitivity to light, conjunctivitis (pink eye), corneal scratches and loss of clarity.
- Always wear hypoallergenic make-up.

Adults should apply the make-up and remove it with cold cream or eye make-up remover instead of soap. Follow product guidelines about applying product directly around the eyes.

- False eyelashes should only be applied and removed according to the manufacturer's instructions on the products package.
- Cosmetics should never be shared, especially eye cosmetics.
- Do not dye eyelashes or eyebrows. No color additives have been approved by the FDA for permanent dyeing or tinting of eyelashes or eyebrows.

- Always apply makeup outside the lash line to avoid contact with the eye.
- Avoid costumes with masks, wigs, floppy hats or eye patches that block vision. Tie hats and scarves securely so they won't slip over children's eyes.
- Avoid costumes that drag on the ground to prevent tripping or falling. Do not use roller blades or ride a bike, scooter or skateboard while wearing a costume.
- Do not use or purchase pointed props such as spears, swords or wands.
- Wear bright, reflective clothing or decorate costumes and bags with reflective

tape/patches. Carry a bright flashlight to improve visibility.

- Always accompany children while trick-or-treating. Only go to houses you are familiar with.
- Carefully examine all trick-or-treat items for signs of tampering before allowing children to eat them. Inspect any toys or novelty items received by kids age 3 and younger as they may pose a choking hazard.
- Jack-o-lanterns should be placed in areas where trick-or-treaters or Halloween party guests won't be able to trip over them or have costumes brush up against them. All

tripping hazards should be removed from sidewalks and porches.

- Make sure costumes are made of flame-retardant material.

"By following a few simple steps, parents can ensure that everyone in the family can have a fun, safe Halloween night to remember," said Hugh R. Parry, president and CEO of Prevent Blindness America.

For more information on Halloween, cosmetic or contact lens safety, please call Prevent Blindness America at 1-800-331-2020 or visit starpupils.org or facebook.com/StarPupils.

Revisions to Texas cattle trichomoniasis regulations adopted; effective November

Changes to Texas' cattle trichomoniasis (or "trich") regulations were adopted Tuesday, October 5, by the 13 governor-appointed leaders of the Texas Animal Health Commission (TAHC) and will become effective in November 2010. Dr. Andy Schwartz, TAHC assistant state veterinarian and epidemiologist, discussed the program and outlined rule changes for board members of the Independent Cattlemen's Association of Texas (ICA).

"The industry committee members wanted this change to provide ranchers additional time to sell or move tested bulls," said Bill Hyman, ICA executive director and a member of the review team. "Also, under the revised regulations, the current 30-day 'virgin certificate' is extended to 60 days for young bulls that are exempt from testing prior to change of possession. Furthermore, the virgin certificate will convey to the new owner, who may re-sell the young bull as

a virgin within the 60-day time frame, provided the animal has not been commingled with female cattle."

Dr. Schwartz said that, under the revised Texas regulations, a negative trichomoniasis test still will be required within the previous 30 days when non-virgin bulls, or bulls older than 24 months of age, are imported into Texas from other states. However, once the animals arrive in Texas, the negative test would be valid for the remainder of the 60-day

test window, provided the bulls are maintained away from female cattle during that time.

The revised regulations also exempt out-of-state breeding bulls from an entry trichomoniasis test, if they come from Certified Semen Service (CSS) artificial insemination facilities, where they are isolated from female cattle. The bulls must be accompanied by documentation, with an original signature by the veterinarian or manager of the facility.

Another of the revised regulations will allow untested, non-virgin Texas bulls to be sold and moved to a feedlot prior to slaughter. Under previous rules, untested, non-virgin bulls were allowed to be sold only for direct movement to slaughter, or for movement under a TAHC-issued hold order to a site away from female cattle, where the bull was to be tested for the disease. Bulls that test negative for cattle trichomoniasis are released from the hold order and allowed to move freely and be commingled with female cattle.

Testing for the disease peaked in March and April 2010, when samples from 5,000 bulls in Texas were shipped or delivered to the Texas Veterinary Medical Diagnostic Laboratory (TVMDL), the state's official trichomoniasis

testing laboratory. About 3 1/2 percent of these bulls were infected with the disease.

Dr. Schwartz said that the TAHC has begun notifying fence-line neighbors when an infected bull is detected. The neighbors are encouraged, but not required, to have their bulls tested. Bulls that are confirmed to have cattle trichomoniasis must be sent to slaughter, to prevent the spread of infection.

The Independent Cattlemen's Association of Texas represents land and cattle owners on legislative and regulatory issues of importance to the cattle industry and agribusiness. For more information, contact the ICA office at 512-620-0162, or visit www.icatexas.com.

Cattle trichomoniasis, a venereal disease of cattle, can cause cows to abort very early in their pregnancy and be slow to re-breed. Cows, given sexual rest, may clear the disease, but infected bulls become lifetime carriers and transmitters of the "trich" organism. To protect against the spread of the disease, testing regulations went into effect in January 2010 for Texas breeding bulls undergoing a change of possession, about nine months after rules were imposed for breeding bulls entering the state.

Dr. Schwartz reported that several rule changes were in the works, in response to recommendations from the yearly industry-led review of Texas trichomoniasis program. One adopted rule change will extend the validity of the negative cattle trichomoniasis test from the current 30 days to a more lenient 60 days, provided the bulls are not commingled with heifers or cows during the 60 days.

When you consider your vote for Garza County Judge, determine which candidate can best fulfill these requirements:

While the County Judge has the rewarding opportunity to work closely with the Commissioner's Court, many other duties are the responsibility of the County Judge alone.

Your County Judge must at all times follow judicial canons or standards. These canons are to be followed "without bias or prejudice and avoid improprieties or even the appearance of impropriety."

The County Judge "must uphold integrity and independence of the judiciary." No department or group should be favored over another.

These requirements are taken seriously and upheld while hearing the facts and determining the outcome in any case heard by the County Judge.

Each trial is challenging and the verdict has always been within the guidelines of the statutes as required by law.

Your County Judge should work diligently with our state representatives to support our Garza County interests in the next legislative session.

The County Judge is also responsible for juvenile matters within his jurisdiction.

County probation is to carry out the cases as determined by the County Court.

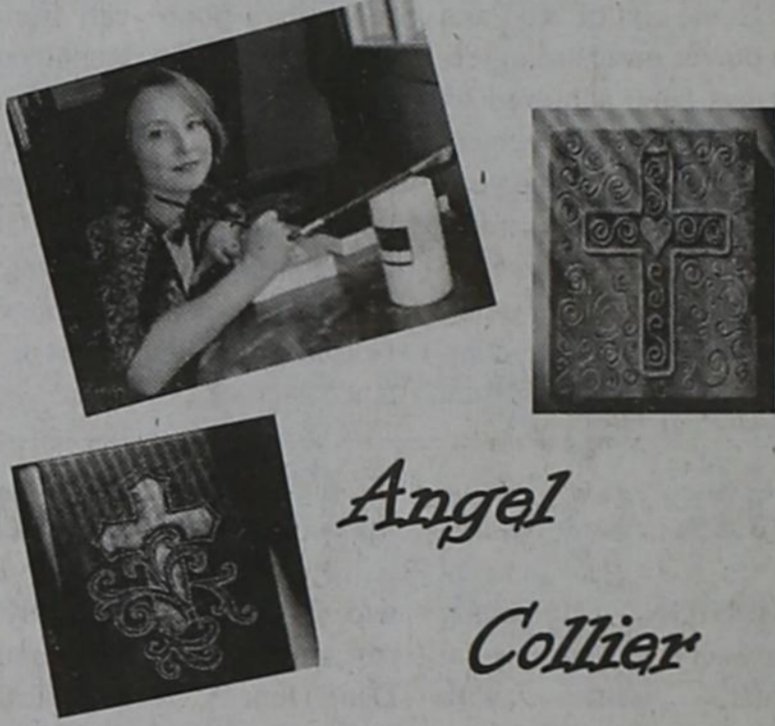
There are innumerable other issues that fall to the County Judge that are not the responsibility of any of the other elected officials.

The varied responsibilities require a business-like approach and an understanding of business to adequately determine what is in your best interest.

If re-elected, I commit to continue to faithfully work for every person in Garza County and fulfill, to the very best of my ability, the responsibilities of County Judge. I ask for and want to work to earn your vote, again.

Lee Norman
County Judge of Garza County

Thanks for reading!



Angel
Collier

Unique & inspired cross canvases

Now available at
Ruby Lane Books
127 E. Main St. in Post
806-495-2665

Legal Notice

NOTICE TO CONTRACTORS OF PROPOSED TEXAS DEPARTMENT OF TRANSPORTATION (TxDOT) CONTRACTS

Sealed proposals for contracts listed below will be received by TxDOT until the date(s) shown below, and then publicly read.

CONSTRUCTION/MAINTENANCE/BUILDING FACILITIES CONTRACT(S)

Dist/Div: Lubbock
Contract 0052-02-034 for SEAL COAT in BAILEY County, etc will be opened on November 04, 2010 at 1:00 pm at the State Office.

Plans and specifications are available for inspection, along with bidding proposals, and applications for the TxDOT Prequalified Contractor's list, at the applicable State and/or Dist/Div Offices listed below. If applicable, bidders must submit prequalification information to TxDOT at least 10 days prior to the bid date to be eligible to bid on a project. Prequalification materials may be requested from the State Office listed below. Plans for the above contract(s) are available from TxDOT's website at www.txdot.gov and from reproduction companies at the expense of the contractor.

NPO: 34378

State Office

Constr./Maint. Division
200 E. Riverside Dr.
Austin, Texas 78704
Phone: 512-416-2540

Dist/Div Office(s)

Lubbock District
District Engineer
135 Slaton
Lubbock, Texas 79408-0771
Phone: 806-745-4411

Minimum wage rates are set out in bidding documents and the rates will be part of the contract. TxDOT ensures that bidders will not be discriminated against on the grounds of race, color, sex, or national origin.

SUDOKU

		9	3					
3								1
				5				7
	2	4				6		
	6				3			5
5					2		8	
	4	8			5		3	
	7							
		2					9	1

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1	6	9	1	8	4	5	7	3
8	9	6	3	2	5	7	1	4
2	3	7	5	9	1	8	4	6
4	8	1	2	7	9	3	6	5
5	2	6	3	4	8	1	9	7
3	9	7	1	6	5	4	2	8
4	7	6	5	8	3	4	2	1
6	9	8	1	4	2	6	7	3
6	8	5	7	3	1	9	4	2

ANSWER:



OPINION



The Paperboy

Baseless accusations

By CHRIS BLACKBURN

What if your neighbor decided they had it out for you and started making accusations in an attempt to discredit you or damage your reputation?

Let's say your neighbor went around accusing you of beating your children. Of course your only defense is to deny it and tell said neighbor to "prove it."

Then the neighbor hits you with this: "Prove you don't beat your children."

It's an ugly predicament is it not? Trying to prove something is not true often makes one look guilty in the process.

Since President Obama took office, he and his staff have had their sights set on the U.S. Chamber of Commerce. Things really got ugly when the Chamber came out against health care reform.

Key Democrats renewed their attacks against the Chamber when they accused the organization of using foreign money to influence the midterm races despite the Obama administration's acknowledgment that it had no evidence that the charge was true.

White House advisor David Axelrod, appearing on CBS' "Face the Nation," defended the administration's attacks, along with a Democratic National Committee ad that began airing Sunday, by saying the answer can't be known because of campaign-finance laws and First Amendment and privacy issues.

"I don't know," Axelrod said when asked whether the

Chamber was using dues from foreign countries to finance attack ads, as the president implied twice last week.

"Is that the best you can do?" host Bob Schieffer asked.

Axelrod then implied that the chamber's claims about being in compliance with campaign-finance law may not be true, though he also offered no specific cause for suspicion.

"No one knows, Bob. The point is ... I can assert anything I want, but you have, as a good journalist, you would ask me, 'Well, how do we know that's true? Do you have documentation to prove that?'" Mr. Axelrod said.

Schieffer noted that accepting dues money from foreign affiliates does not distinguish the chamber from any number of conservative or liberal-leaning groups and that the dues amount to \$100,000 toward the general fund of a group with a \$200 million budget.

In other words, of the percentage of foreign money the Chamber takes in is around .0005 percent of what the group takes in annually.

"But this part about foreign money, that appears to be peanuts, Mr. Axelrod. I mean, do you have any evidence that it's anything other than peanuts?" Schieffer asked.

Mr. Axelrod replied, "Well, do you have any evidence that it's not, Bob?"

The DNC has begun airing a TV ad again accusing the Chamber of Commerce of taking "secret foreign money" and attacking it as a threat to democracy.

"The U.S. Chamber of Commerce, they're skills for big business, and they're stealing our democracy, spend-

ing millions from secret donors to elect Republicans to do their bidding in Congress," the narrator says. "It appears they've even taken secret, foreign money to influence our elections. It's incredible. Republicans benefiting from secret, foreign money."

The ad ran despite the White House's acknowledgment Friday that it had no evidence that any undisclosed money used to finance chamber-sponsored ads was indeed foreign. Taking such money for advertising would be illegal.

So, Chicago politics rules the day. Scorched Earth remains the favorite card for the White House to use when they're looking for votes whether it's the midterm elections or trying to get a Senator to play ball on health care reform.

Will it be effective? Perhaps not this time. The Chamber can afford to get its name clean. But the fact that hit jobs are done like this is pitiful.

Perhaps Democrats and Republicans will one day learn people are upset about spending and politics as usual. The sooner they learn that lesson, the better off we'll all be. The longer it takes, the more turnover we'll have in Washington D.C.

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Christopher Blackburn is the president of Blackburn Media Group, owner of this publication.

Other Opinions

ObamaCare Waivers

By ADAM BITELY

Want out of the new ObamaCare regulations? All you have to do is be a big business that offers mini med-plans and apply for a waiver from the Health and Human Services Department. Just simply indicate that it costs your business too much money and they will grant you an exemption. Click here for the rules.

Wouldn't it be nice if all Americans could back out of ObamaCare so easily?

Over the past few weeks, headlines have been made nationwide regarding large companies amending their health care plans or announcing plans to discontinue their plans altogether in light of new ObamaCare regulations. These companies range from McDonald's to 3M.

3M is dropping coverage for its retirees,

achieving exactly what the Obama administration intended when they designed the Health Care bill. The government has created an incentive for companies to save money by dumping their Health Care coverage for their employees and retirees, which in turn dumps them into the government system.

McDonald's is currently providing mini-med plans for nearly 30,000 employees. With increases mandated by ObamaCare on the annual limits of such plans, McDonald's indicated that it was too expensive to offer the plans with the increases. That's why McDonald's applied for a waiver to be exempt from the annual limits increase on the mini-med health care plans. So in 2014, when the exemptions are no longer granted, McDonald's will most likely cancel the plans altogether dumping more people into the government system.

Just look at how the annual limits increase over the course of the next two years, according to HHS:

- For plan or policy years beginning on or after September 23, 2010 but before September 23, 2011, \$750,000;
- For plan or policy years beginning on or after September 23, 2011 but before September 23, 2012, \$1.25 million; and
- For plan or policy years beginning on or after September 23, 2012 but before January 1, 2014, \$2 million.

The effect ObamaCare is having on individual Americans becomes clearer with each passing day. As the government hands down more regulations to put ObamaCare into effect, we will see a continued reduction in the number of people on employer health care plans. And this is all further evidence that the current health care plans Americans en-

joy will continue to decrease as ObamaCare takes effect, standing in direct contrast to Obama's promise that most people would be able to keep their current Health Care plan.

In fact, the U.S. Department of Labor admitted as much in a recent regulation where they estimated that up to 69 percent of private health plans will lose their grandfathered status by the end of 2013 — forcing their customers to change providers whether they want to or not.

While government bureaucrats sift through 1,500 requests from businesses to receive waivers on annual limits increases, many Americans are in fear that they will soon be without the health care coverage they currently have. One thing is for sure though, it sure would be nice if all of America could apply for a waiver to escape the impending doom of ObamaCare.

Other Views

The Futility of Printing Money

By BILL WILSON

With sideways economic growth and persistently high unemployment, the Federal Reserve and other Keynesian economists have been obsessed with 1930's-style "deflation." Since the end of 2008, and in the wake of the financial crisis, the nation's central bank has been engaged in so-called "quantitative easing" (QE) to allegedly prevent a second Great Depression.

In lay terms, the Fed has been printing money and injecting it into the financial system and government coffers.

First, the Fed reduced the federal funds rate to near-zero in December 2008, where it has kept it ever since. Then, it announced it would purchase some \$1.25 trillion in mortgage-backed securities (MBS) plus \$175 billion of Fannie Mae and Freddie Mac debt. It also said it would buy \$300 billion of U.S. treasuries.

Where did they get the money? They printed it. That was in March 2009. Keeping its word, the Fed went ahead and made the purchases, raising its share of treasuries from \$474 billion to \$776 billion by the end of March 2010. Still not satisfied, however, in August of this year, it announced that it would then be selling its MBS holdings, and then use the money to buy yet more treasuries.

Now, the central bank owns over \$808 billion in treasuries. And still has over \$1.086 trillion of MBS in its portfolio left to sell. Since the middle of August, the Fed has been buying about \$4.35 billion of treasuries a week, a pace that will add another \$226 billion to the Fed's share of the national debt, bringing it up to over \$1 trillion by August 2011.

That would be more than either China or Japan hold, and make the Fed the top holder of the national debt in the whole world.

It is in this context that there is now widespread advocacy for the Fed to once again step in and buy even more treasuries. How much more? Nobody knows for certain, but it has already been dubbed "QE2," and Wall Street is all but certain it will happen. Investor's Business Daily speculates that it could be as much as another \$1 trillion.

Why might the Fed do this?

The Fed says that "measures of underlying inflation are currently at levels somewhat below those the Committee

judges most consistent, over the longer run, with its mandate to promote maximum employment and price stability." This represents a strong signal they may actually be preparing to go through with it. The Fed says it "is prepared to provide additional accommodation if needed to support the economic recovery."

Inflation is too low, they say, and unemployment too high. Some more monopoly money should do the trick, they say.

But we're the ones who will pay. Apparently, \$85 for a barrel of oil and \$1,300 for an ounce of gold is not high enough for the central bankers. As noted by Investor's Business Daily, since March 2009, "gold has surged 46 percent and oil is up even more, by 73 percent." Who knows what 2011 will hold?

Obviously, the justification for printing more money is to help the economy. But what if that was not the real reason? What if "QE2" was just a front, an excuse for the Fed to buy the national debt?

According to Strategas Research Partners' Jason Desena Trenner: "\$5.2 trillion of U.S. debt comes due in the next three years..." In addition, the White House Office of Management and Budget projects that in the next three fiscal years, the national debt will grow by \$3.6 trillion to \$17.453 trillion.

That means in the next three years, the Treasury will have to sell \$8.8 trillion more treasuries: \$5.2 trillion to roll over the existing debt, and another \$3.6 trillion for budget deficits and interest owed on the debt. That means each year it will have to sell \$2.93 trillion of more debt.

So, what if the reason for "QE2" had nothing to do with helping the economy? According to Bloomberg News, IHS Global Insight, Moody's Analytics, and Macroeconomic Advisors say it won't help that much anyway. "The firms estimate that the unemployment rate will remain around 9 percent or higher next year whether the Fed buys \$500 billion or \$2 trillion of U.S. Treasuries in a second round of unconventional stimulus," Bloomberg reports.

It will only add 0.1 percent to growth and do nothing to create jobs. Therefore, what if the real reason to print the money was because the Treasury didn't think it could sell that much debt without the Fed helping? Fiscal Year 2010 was already a record year for expanding the debt, when the Treasury sold

\$2.3 trillion worth of treasuries.

What if the Fed is buying the national debt because we're broke? Because principal on the debt can no longer be paid on the debt by simply rolling it over? Because the only way to pay the principal due is to simply pull a Weimar Republic and print it?

Assuming the actual demand for treasuries remains consistent from 2010, there will be about a \$630 billion shortfall to pay the debt every year for the next three years. With China slowly declining its share of the national debt, the only way to pay the bills will either be for the Treasury to find new buyers, or for the Federal Reserve to print another \$630 billion every year (or conversely speed up its sales of the MBS).

The Treasury had better hope it can either find new buyers of the debt, or that Congress balances the budget next year. The alternative is that the Fed will run up its share of the debt to \$1.6 trillion in 2011, more than \$2 trillion in 2012, and perhaps as much as \$3 trillion in 2013.

That's assuming there would not be a terrible, horrible, no good, very bad impact on the demand for those treasuries on account of us papering over the debt. Who will want to be paid back with monopoly money? Will foreign owners of the debt even accept payment in dollars any more?

France and Britain ultimately rejected the Weimar Republic's attempts to pay its war debts with printed money after World War I. The result was hyperinflation in Germany and double-digit unemployment, which eventually spread throughout the continent and helped cause the first Great Depression.

Meanwhile, China is the primary beneficiary of these developments. Every year, it takes the trade deficit and converts it into treasuries and earns a modest return. But it is also using the money to stockpile gold, buy real assets like ports in Greece and factories in Brazil, modernize its navy and other armed forces, and build real infrastructure in its mainland.

In short, the American people are paying the Chinese an exorbitant tax, with which they are buying the world. They are sucking us dry. This is equivalent of Dutch traders buying Manhattan for beads, blankets, and seashells, except this time it is cheap furniture, plastic toys, and electronics we really don't need.

This is worse than the Great Depression.

Extension extras

October 15, 2010

Did you know that 4-H is free to join and open to all kids in 3rd grade or 9 years old to 19 years old in Garza County?

Club Meeting

Our next club meeting will be on Thursday, November 11, 2010 at 6:30 at the Extension Office.

Congratulations!!

We would like to thank everyone for attending the award presentation on Tuesday night. If you missed it here are some of the highlights:

- Gold Star-Dakota McDonald & Audree Williams
- Senior Leadership Award-Jackie Milton
- State Record book Winner-Audree Williams
- Outstanding Leader-Marcie Oden
- Friend of 4-H-Milton Williams

Diabetes Classes

If you are interested in an upcoming diabetes class, please call the Extension Office.

Extension Office: 215 W Main (806) 495-4400

Educational programs of the Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

Newborn Neuron...

From Page 8

M. Encinas, Department of Pediatrics at BCM with the Department of Neurobiology, University of Alabama; Grigori Laboratory; Juan J.P. Enikolopov, Cold Spring Harbor Laboratory; and Pediatrics at BCM; Jessica H. Chancey and Linda S. Overstreet-Wadiche, both of Pharmacology, Stony Brook University.

Close City...

From Page 3

need to add to this list.

You can now keep up with us on Facebook, just look us up under **Close City Community** and click "like" We will be posting all kinds of info on there, if you have any news or pictures you want posted let us know and we'll be glad to do it for ya.

Everyone have a great weekend and keep our troops and the harvest season in your prayers!

Thanks a bunch!

Traci Freeman
<http://closecitycoopgin.blogspot.com>

check us out on facebook under **Close City Community**

<http://closecitycoopgin.blogspot.com/>
<http://robandtracisfamily.blogspot.com/>

<http://robandtraciscrew.blogspot.com/>
<http://robandtraciscrew.blogspot.com/>

<http://robandtraciscrew.blogspot.com/>

Lake levels-rain

Gauge Reading	Feet below spillway	Rise	Rainfall past week	Rain to date
2356.20	16' 3"	0"	.0"	31.08"

Rainfall for	2004	2005	2006	2007	2008	2009
	43.58"	15.57"	28.85"	24.19"	33.61"	12.70"

DID YOU KNOW?

White River Lake has 4,034,361,231 billion gallons left available at the intake or 40% capacity or 12,381 acre feet. Subtract 35,318,043 MG for evaporation this

week in October that leaves 3,999,043,188 BG available as of today. White River's daily average demand for 2009 was 1.36 million gallons per day for all White River Customers.

The Oil Company using water for mining has been stopped until the Lake Level rises.

White River Municipal Water District is in stage 1 of its Drought Contingency Plan, which is Voluntary

Water Conservation.

Remember that the Water District is there for you if we can assist you in any way let us know.

Mickey Rogers General Manager

Post Notes...

From Page 1

Thursday, 14

9:40 AM - NHS Bake Sale

5-8:00 PM - GED Classes Begin, room 18. Entrance on Southwest of HS bldg.

5:30 PM - MS Football at Idalou

JV Football, 6:00 pm vs. Idalou

Friday, 15

Pep Rally, 3:00 at the Arena, "Beat Those Wildcats"

Varsity Football, 7:30 pm at Idalou

Looking Ahead:

Oct. 09 - Cross Country at O'Donnell

Oct. 09 - Band Marching Festival, Lowry Field, Lubbock

Oct. 16 - Cross Country at Spur

Oct. 16 - Band UIL Regional Marching Contest

Oct. 19-22 TAKs Testing

Oct. 19 & 21 - GED Classes, 5-8, SW entrance HS

Oct. 20 - Jostens's, juniors to Purchase Rings

Oct. 21 - 5/6:30 PM MS vs. Stanton

Oct. 21 - 6 PM JV at Stanton

Oct. 21 - 7:30 PM V vs. Stanton

Oct 25-29 RED RIBBON WEEK!

Oct. 30 - Fall Show, "Blithe Spirit" 7 PM

Keeping the tradition of the "Pride of Post" alive!

Post Senior High "Pride of Post" Marching Band is seeking to continue their string of Division I ratings on Saturday, October 16th, at Lowery Field in Lubbock, Texas. Come out and show your support of the "Pride of Post" marching band by watching the evening performance at 6:15pm.

Garza County Junior Livestock Association

The Garza County Junior Livestock Association Annual Fundraiser will be held Saturday, October 23rd, 6:30pm at the Garza Co. Trailblazers. Join us for a Brisket Dinner, Silent Auction, and Cash Jackpot. (Tickets may be purchased for \$100 from a GCJLA member.) Call Keith at 495-3545 for more information.

GCJLA Raffle

GCJLA is raffling off a 12 gauge automatic shotgun for their annual fundraiser on October 23, 2010. Tickets are \$5 OR 5 FOR \$20. If you need tickets please contact Jason Porter at 787-4153, Keith Osborn at 632-7267 or any other GCJLA Board member.

Now accepting candidates for the 2010-2011 Lions Club Queen

The Post Lions Club is accepting candidates for the 2010-2011 Lions Club Queen Scholarship Contest to be held on November 18th.

To be eligible for the contest, contestants must be a Sophomore or Junior student in good standing at Post High School, never have been married or had a baby, and be available for the Lions Club District 2-T2 Contest on January 22, 2011 - also to be held in Post.

Contestants will be evaluated on a judge's interview, verbal introduction with sponsor information, sportswear and evening gown. Prizes will be awarded - the winner advances to the District T2 Contest where further scholarship opportunities are bestowed.

Applications can be obtained from the Post High School Office or by emailing postlionsclub@gmail.com. Applications must be received by October 30, 2010 @ PO Box 264, Post, Texas 79356, or in the Post High School Office.

All contestants must secure a local business sponsor with \$50 entrance fee.

For more information contact postlionsclub@gmail.com, Ruth Davis @ 495-0304.

Let's All Pink Out!

We would like for everyone who plans to attend the Staton home game to join us in wearing something pink. LET'S ALL PINK OUT AT THE STANTON HOME GAME to support the Susan G Koman Cancer Foundation.

Post High School to Host College Night for Junior and Senior Students and Parents

Post High School is hosting a College Night for juniors and seniors and their parents on Tuesday, October 12th, beginning at 6:30. Representatives from various colleges and the military will be available for parents and students to visit. A financial aid presentation will be given as well.

Elementary School Notes

October 20th- 5th grade Reading Counts points due

October 21st- 4th grade Reading Counts points due

October 25th- Progress Reports go home

October 25th-29th- Red Ribbon Week. Post Elementary will follow the same schedule as Post High School:

Monday- Wear red and your red ribbon

Tuesday- "Put a Cap on

Drugs" Day- Wear your favorite or craziest hat or cap

Wednesday- "Team Up Against Drugs" Day- Wear your favorite team t-shirt or jersey

Thursday- "Stomp Out Drugs" Day- Wear your favorite boots

Friday- "Black Out Drugs" Day- Wear black

November 2nd- Jump Rope for Heart during PE class. Students are currently collecting money for Jump Rope for Heart. ALL monies collected will be donated to the American Heart Association. Parents may come to the gym during their student's regular PE time to watch them jump. Please help us support the American Heart Association.

Art Department to begin selling calendars

The Post High School Art Department will be selling Calendars that include a number of the photographs that the students took this past May. The photos are of several of the historical sites in and around Post. There are 2 sizes, the small one is 8.5" X 11" and is \$15.00; The large one is 11" X 17" and it is \$20.00. We will be at Trade Days Oct & Nov or you can call Juanetta Bocko at 806-778-0616 to pre-order. We will need payment when orders are placed. We will be taking orders until Thanksgiving.

Yearbooks on sale

Post Elementary 2009-2010 yearbooks are on sale for \$20.00 a book. You may purchase your yearbook by coming to the Nurse's Office at the Elementary School any time Mon- Fri during school hours. Hurry in, they are going quick.

Post High School Cheerleaders To Hold Weekly Pep Rallies

The PHS cheerleaders will have a community-wide pep rally each Friday in the arena starting at 3:00.

Post ISD Provides Important Information on Asbestos

Post ISD is working to maintain its compliance with the federal AHERA regulations regarding asbestos management. The district currently re-inspecting and updating the management plan for each of the school campuses as required. A copy of the plan is available in each school principal's office for those who are interested. Any questions about the plan or this federally mandated program may contact Ollie Abraham at 806-548-4307.

Christmas Celebration

Schedule: The Post Area Chamber of Commerce

is compiling a list of Post Christmas activities for publication and distribution. If your organization has a planned activity for the holidays which needs to be included, please contact the Chamber office at 806-495-3461 or email information to chamberofcommerce@postcitytexas.com We need to have the schedule prepared by the October 2 Old Mill Trade Day Downtown event.

Post Lions Club Flag Subscription & Placement Service

With a contribution of \$30 annually, the Post Lions Club places a 3' x 5' American flag, which is made in the U.S.A., on an 8 ft. pole in your front yard, or at your place of business, on the following holidays: Veterans' Day, Presidents Day, Memorial Day, Flag Day, Independence Day and Labor Day. Each flag will be placed close to the curb in your yard in the morning and removed in the evening on each of the six holidays. The Lions Club provides installation, removal, storage, and maintenance.

Locally, the proceeds of this program will be used to support needs in our community including our scholarship program for local students of Post. Check with your accountant...your \$30 yearly subscription fee may be tax deductible.

Show your patriotism and support your community by letting the Lions Club of Post place a flag in your front yard on the six designated patriotic holidays. To subscribe or obtain more information, please contact Richard Hudman, with the Post Lions Club at (806)495-2615, email postlionsclub@gmail.com. 2010-2011 Placement dates: Nov 11, Feb 21, May 30, June 14, July 4, and Sept 15


To subscribe mail your check for \$30.00 payable to Post Lions Club, mail to: Flag Subscription, c/o Hudman @ 301 E. Main, Post, Texas 79356

VFW Men and Ladies Auxiliary Meeting

Will meet on Monday, October 13th at the Post home on the Clairmont Highway, at 6:00 p.m. Meal will be served then with the meeting to follow at 8:00 p.m. Ladies are to bring a covered dish. All members are urged to attend these meetings. Ladies are reminded that their dues for 2011 are now due.

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