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81st Year, Number 11

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Thursday, August 10, 2006 Newsstand Price 50¢

Water level decline at White River Lake prompts city to set voluntary restrictions

by Sheri Lewis In an effort to slow water consumption, Post City Council members enacted a series of voluntary water restriction

measures Aug. 1 following reports that the water level at White River Lake, the city's primary source for water, continues to drop.

Suggested actions include the use of a bucket when washing home exteriors; use of a cutoff valve and bucket when washing vehicles; avoiding unattended

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water application to lawns and landscaping; avoid allowing sprinkler runoff onto non-vegetated areas (streets, sidewalks, parking lots, for example); avoid draining and filling swimming pools; and avoid the flushing of water systems except to remove contaminated water.

The measures also suggest that city water customers with addresses ending in even numbers water only on evennumbered days of the month; those whose addresses end in odd numbers should water on odd-numbered days.

"The water level in White River (Lake) is getting quite low," Mayor Bill Pool said. "It's true that we're getting good water from Slaton, but even (Lake) Meredith looks like it's very low. I hope that we do not have to restrict the water from there, but we need to reserve all the water we can." Pool described the current lack of moisture as a "severe drought" and noted that even during the drought conditions in the 1950s, he doesn't remember the enactment of water restrictions. "I know this is the first time I can remember since we got White River Lake that we've had to do this," he added. "It's pretty darn critical," said city manager Ric Walton. And South rounds the barrel in recent competition. Matti, the daughter of Kelly and Perry Smith, is one of the local competitors at this year's Post Stampede Rodeo. She will compete Thursday evening. Post is one of four South

Plains communities that relies on the White River Municipal Water District for the bulk of its water. Post pulls about 38 percent of the water supplied by the WRMWD. But according to Walton, WRMWD general manager Mickey Rogers recently indicated the water district likely will go to mandatory rationing sometime in the next three weeks as the lake level continues to drop.

"Whatever direction White River goes, we have to follow suit," Walton said.

The "Mild Condition Measures," representing Stage One of the municipality's Drought Contingency Plan, all are voluntary and are "intended to conserve all water use," according to documentation.

the 190,000 gallons required to fill the city pool in the spring.

"I just think we have to do something," said council member Kenda Bartlett, who said she supports a cutback in watering at the cemetery.

Additionally, Walton said watering in the grassy islands along Main Street also will be substantially curtailed.

"We've got to lead by example," he said.

Watering in the city park is not expected to be affected by the cutbacks, the city manager added. Water applied to landscaping in the city park is pulled out of the park lake and not from the water supply.

In other business, council members:

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Pre-K and Kindergarten enrollment Post Elementary is now accepting enrollment for Pre Kindergarten and Kindergarten classes, as well as any other students new to the district. Go by the Post Elementary building at 200 West 6th street to enroll.

School supply drive

Post Notes

Volunteers sought at middle school

parent, community member or business owner to serve on the Campus

Planning Committee. If you are interested, please call the middle school

office at 495-2874. You may sign up at the parent orientation on Thursday,

Post Stampede Rodeo Parade

be held downtown on Saturday, August 12th at 3 p.m. Floats, tractors,

4 wheelers, horses, cars, golf carts, etc. No entry fee, plus great prize

Support your community - enter the rodeo parade! The parade will

August 10 in the elementary auditorium at 7 p.m.

money. Call Thressa Harp at 778-4469 or 495-2467.

Post Middle School would like to invite any interested middle school

Post 6797 Men and Ladies Auxiliary are having a back to school supply drive and they need your help. A box is set up at the Radio Shack for all donations. We will have it there until August 11th. Items needed are pens, pencils, folders, notebooks, paper, glue, map colors, scissors, folders, etc. If you have any questions call the Commander Chuck Ratliff at 495-2026.

Public schools to open Monday

Classes in the Post and Southland school districts will begin Monday, August 14, according to reports. Students of the Borden County school district will begin school August 21.

Post Book Club to meet August 19

The Post Book Club will meet Saturday, August 19 at Ruby Lane Books, 127 E. Main. The group will discuss this month's selection, "Dark and Bloody Ground" by Calgary author, Roberta Webb. Anyone interested in reading is invited to join the group, there is no cost for membership. Each member is responsible for obtaining a copy of the club's reading selection. For more information, call 495-2665.

Kindergarten orientation for parents

Annual rodeo activities scheduled this weekend

The 66th Annual Post Stampede Rodeo will roll into town this week, with nightly shows set for Thursday, Friday and Saturday at the rodeo arena

Billed as the "Best Rodeo in the West," each day's show will begin with a 7:45 p.m. grand entry. Shows will begin each night at 8 p.m. Producer of this year's rodeo is T-N-T Rodeo Co. of Anson.

Featured events will include steer wrestling (one go-round, \$85); bareback bronc (go-round, \$65); calf roping (one head, \$85); saddle bronc (one go-round, \$65); barrel racing (\$65); team roping (open, \$125/team); bull riding (one go-round, \$65); and girls break-away roping (\$65); \$500 added to each timed event and \$1,000 to each rough stock event.

Books opened Sunday. Call Randye McKee, 972-690-7314, from 2 p.m. to 9 p.m. (all events).

Also featured will be wild cow milking (Friday and Saturday, \$120/

Walton said that if drought conditions persist, the next step would be to make the voluntary steps mandatory.

"That's where it gets pretty critical," he said.

In an effort to further curtail the city's water use, Walton suggested that watering at the cemetery could be cut down. Council members agreed, especially after hearing the city used 809,000 gallons of water in the cemetery from mid-May to mid-June and another 429,000 gallons from mid-June to mid-July - a significant amount, particularly when compared to

management update from coordinator Mike Isbell, who has completed several recent trainings and will attend an upcoming training in Austin. Isbell reported that the local **Emergency Operations Center** will participate in a regional exercise sometime in September; that the center is approaching intermediate-level status; that an application has been made for Texas Parks & Wildlife grant funds to assist the local fire department; and that additional hydrogen sulfide monitors are needed for use within

(Continued on Page 3)

team) and ranch bronc riding (Friday and Saturday, \$65), the Wells Fargo Flag Race (12 and under, \$10 entry fee; limited to first 10; top five each night advances) and Reef Chemical Mutton Bustin' (8 years and under, \$10 entry fee).

Books on these events opened Monday. Call 495-2501.

Admission to the rodeo will cost \$5 for adults. Children ages six and under will be admitted free of charge.

Event sponsors include Brady's Package Store, Cavender's, McDonald's, Matt Hamel Ag Products, Smith South Plains, Citizens Bank and Greenstreet Construction/5 Star Ranch.

Sidelining the rodeo this year will be the traditional Friday and Saturday night dances. This year's dances will feature live music by The Shad Blair Band. Admission will be \$5 per person.

Also scheduled is the annual rodeo parade, which is set for 3 p.m. Saturday.



Kindergarten orientation for Post Elementary will be held for parents only on Friday, August 11 at 4 p.m. in the kindergarten classrooms. Please go to your child's classroom for this coming school year. For your convenience, you may bring your child's school supplies at that time. For more information please call the school office at 495-3414.

Church softball league planned

A pair of "community practices" will kick off the Church Co-Rec Softball League. Plan to attend the practices-7 p.m. on Aug. 13 at the girls' softball field. Games start Aug. 20 (Sunday and Wednesday night only), and the number of teams organized will determine the length of the season. Volunteer umpires and announcers also are needed. For more information, contact Kim Lott at 629-4340.

Post schools start August 14

Classes for students in the Post Independent School District will begin August 14, according to the 2006-2007 calendar posted on the school district's Web-site, www.post.k12.tx.us. A copy of the calendar, which includes an overview of all student holidays, staff in-service days and grading periods, may be downloaded and printed.

More Post Notes On Page 2

Are you ready for football?

Post Antelope football players in action at Monday's first practice session for the 2006 season are (left to right) Heath Fellhauer, D.J. Baiza, Aaron James, Quinten Valdez and Jarrett Blevins and Steven Hair. Coach Billy Kelso directs the exercise. The 'Lopes practice this week from 7:30 to 8:30 a.m. and 6 to 8 p.m. on the field east of the Arena. Friday the team puts on pads and will hold a Saturday morning session at 8:30 a.m. The team will be introduced Monday evening at "Meet the Antelopes" in the Arena. The first scrimmage is set for Saturday at 10 a.m. here with Muleshoe.

Page 2 The Post Dispatch Thursday, August 10, 2006



by Judy Ballentine Bush

A BRA

Hello BEFORE I FORGET AGAIN.....

I want to wish a big belated happy birthday to Ms. Fisher Wynne who turned a young 98 on July 27.. I hope you had a wonderful day Ms. Wynne and that you have many more ahead.

SYMPTHIES

To Alton and Eunice Pope, I wanted you to know you are in my thoughts and prayers. Also to the Bill Stone and Buddy Hall families on the loss of their loved one and to Belinda Brown and Stephen Fluitt on the death of their mom.

GET WELL WISHES

Wanted to send get- well wishes to Eric Cravy who is in Covenent Hospital in Lubbock. From what I understand, Eric is having a pretty rough time and just wanted to let he and Jada know that they are in my thoughts and prayers.

WONDERFUL NEWS FOR OUR FAMILY

Our daughter and son-in-law, Stan and Megan Everitt of San Angelo, received wonderful news last week and I would love to share with all of you. They have been waiting with much anticipation for the call to fly to China to pick up their daughter and it finally came last week. They will go the end of September and be united with Miss Alexandria Mei Everitt and bring her home. Needless to say we are all so excited and cannot wait to get our hands on her. I will keep you all posted!!

I ain't much for shopping, Or for goin' into town Except at cattle-shipping time, I ain't too easily found.

But the day came when I had to go - I left the kids with Ma. But 'fore I left, she asked me, "Would you pick me up a bra?" So without thinkin' I said, "Sure," How tough could that job be? An' I bent down and kissed her An' said, "I'll be back by three."

Well, I done the things I needed, But I started to regret Ever offering to buy that thing - I worked me up a sweat

I walked into the ladies shop My hat pulled over my eyes, I didn't want to take a chance On bein' recognized.

I walked up to the sales clerk - I didn't hem or haw - I told that lady right straight out, "I'm here to buy a bra."

From behind I heard some snickers, So I turned around to see Every woman in that store Was a'gawkin' right at me!

"What kind would you be looking for?" Well, I just scratched my head. I'd only seen one kind before, "Thought bras was bras," I said.

She gave me a disgusted look, "Well sir, that's where you're wrong. Follow me," I heard her say, Like a dog, I tagged along.

She took me down this alley Where bras was on display. I thought my jaw would hit the floor When I saw that lingerie.

They had all these different styles That I'd never seen before I thought I'd go plumb crazy 'fore Well, I finally made my mind up - Picked a black and lacy one - I told the lady, "Bag it up," And figured I was done.

But then she asked me for the size I didn't hesitate I knew that measurement by heart, "A six-and-seven-eighths."

"Six and seven eighths you say? That really isn't right." "Oh, yes ma'am! I'm real positive - I measured them last night!"

I thought that she'd go into shock, Musta took her by surprise When I told her that my wife's bust Was the same as my hat size.

"That's what I used to measure with, I figured it was fair, But if I'm wrong, I'm sorry ma'am." This drew another stare.

By now a crowd had gathered And they all was crackin'up When the lady asked to see my hat, To measure for the cup.

When she finally had it figured, I gave the gal her pay. Then I turned to leave the store, Tipped my hat and said, "Good day."

My wife had heard the story 'fore I ever made it home. She'd talked to fifteen women Who called her on the phone.

She was still a-laughin' But by then I didn't care. Now she don't ask and I don't shop For women's underwear. ~ Author Unknown

TILL NEXT WEEK

Hope you all have a great week end. May God bless each of you. Remember to pray for rain. Smile, God loves you!!

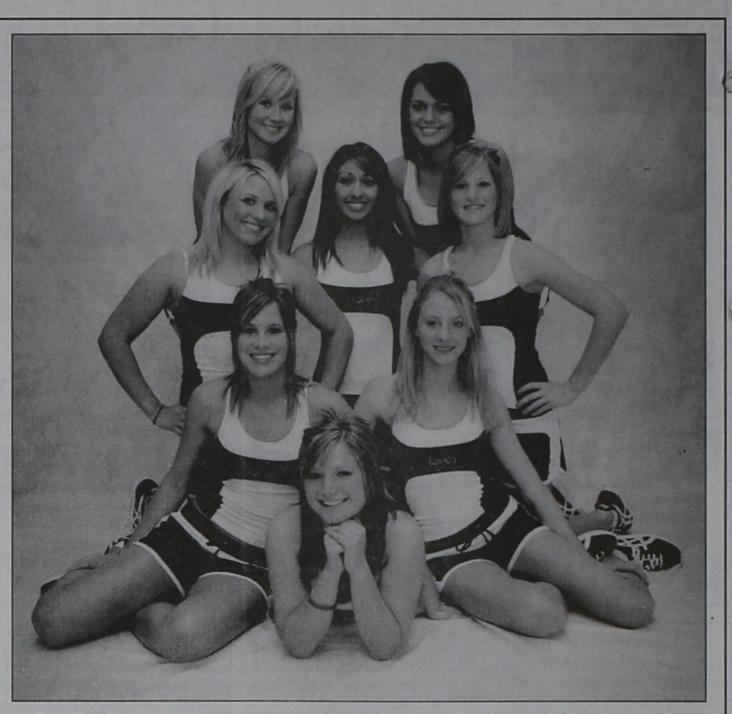


Judy

William Thomas

Grisham

Allen and Pixie Grisham are



Post High School Cheerleaders completing in the 2006 Texas Tech University Cheerleading Camp are (back row) Claire Kirkpatrick, Lori Jones, (third row) K'Nell Dalby, Lauren Gonzales, Bethany Berry, (second row) Amanda Berry, Branda Stevens, (front row) Steffi Norman. The varsity cheerleaders trained in dance, cheers, tumbling and jumps receiving superior achievement in each class. The group earned the highly sought after Spirit Stick 3 of 4 times at the 4 day event.

(Photo courtesy of Donna Jones)



Post 6797 Men and Ladies Auxiliary will meet on Monday, August 14 at the post on the Clairmont Hwy. The ladies meeting will begin at 6 p.m. followed by the men at 7 p.m.

Meet the Antelopes set Monday

2006 Meet the Antelopes night will be held Monday, August 14 at 6:30 p.m. at Antelope Arena. All parents who have kids playing football this year are asked to bring a freezer of HOMEMADE ICE CREAM and STAY to serve. Ice cream will be sold for \$1 per cup.

JUST TOO CUTE NOT TO SHARE

Hope this does not offend anyone, but I thought this was just to dern cute!!!!! Subject: Cowboy Poetry This is GREAT! God Bless them thar dern Cowboys! COWBOY POETRY - BUYING

I left that women's store. They had bras you wear for

eighteen hours And bras that cross your heart. There was bras that lift and separate, And that was just the start.

They had bras that made you feel Like you ain't wearing one at all, And bras that you can train in When you start off when you're small.

Concealed Handgun License Classes in Post August 22 & 24th. Call Dave Tyler for info. 806-786-5137 or 806-263-4080

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proud to announce the birth of their first grandchild, William at Thomas Grisham, on Friday, Aug. 4, 2006, at Northwest Texas

Hospital in Amarillo. The infant, son of Josh and Haven Grisham of Amarillo, weighed 3 pounds, 4 ounces, and was 16 1/4" long at birth.

Maternal grandparents are Tom and Leslie Sims of Amarillo.

Paternal great-grandparents are Mary Jo and the late William (Bill) Weige and Virginia Grisham of Littlefield.

Aug. 7, 2006

Gauge reading: 2343.50 Feet below spillway: 29' Rise - 0" Rainfall (past week): .01" Rain to-date: 7.15"

Rainfall 2004: 43.58" Rainfall 2005: 15.57"

White River Lake has 1,140,152,649 billion gallons left available at the intake, or

Now Accepting Alltel Wireless PAYMENTS! New Activations, Add Lines and Renewals come on in!



Sciences

by Nancy McDonald

The most common and widespread venomous snake in Texas is the Western diamondback rattlesnake.

snakes

Garza County Extension

Agent-Family & Consumer

It has brown, diamond-shaped markings along the middle of the back and alternating black and white rings on the tail. They average $3 \frac{1}{2}$ to $4-\frac{1}{2}$ feet in length, and can reach seven feet. Rattlesnakes are usually identified by their warning rattle – a hiss or a buzz- made by the tip of their tails.

Understanding what snakes look for and their behavior will help you know when to be wary and what to do if you encounter one.

Snakes like tall grass so keep the lawn around your home trimmed low. Remove any brush, wood, rock or debris piles from around the residence - they make great hiding places for snakes and their prey.

Rattlesnakes might be waiting there for a rodent, and the warmth of the hand may cause the snake to strike reflexively. Always wear shoes while outside and never put your hands where you cannot see them.

One should also be careful when stepping over fallen logs and rock outcroppings and take care along creek banks and underbrush.

The best first aid for a poisonous snake bite is to seek medical care immediately. You should also keep the victim calm, warm, and reassured. Do not drink alcohol or use ice, cold packs, or Freon spray to treat the snake bit or cut the wound, as was once recommended.

Snakes do not prey on humans and they will not chase you, in fact they usually retreat or escape if given the opportunity. The danger comes when they are either surprised or cornered. Do not play around with a dead snake; they have been known to bite and envenomate. Care should be taken at night, when snakes are more active, and the chance of stepping on a snake is greater. Fortunately, snakes try to avoid people.

Texas Parks and Wildlife http://www.tpwd.state.tx.us

10 arrests made in Garza County

Ten individuals were arrested during the past week in Garza County, according to sheriff's

FBCCS Kindergarten class begins Monday

Christian School (FBCCS) Kindergarten will begin classes this Monday, August 14 at 8 a.m. PreK classes will start the following week. PK3 begins Monday, August 21 at 8 a.m. and PK4 will begin on Tuesday, August 22 at 8 a.m. (NOTE: PreK classes begin earlier than previously announced.)

Band Booster meeting set August 22

The Band Booster Club for the Post ISD will meet at 6:30 p.m., August 22 in the band hall. Members will discuss the homecoming brisket supper, as well as the painting of yard signs for new band members. All individuals interested in supporting the Pride of Post Band are urged to attend. The Band Boosters meet the first Tuesday of each month.

Fresh produce needed

Garza County Trailblazers is accepting any donations of garden vegetables and fruit. They would be greatly appreciated at the center. To donate come by the center at 205 E. 10th or call 495-2998 Monday-Friday, 8 a.m.-2 p.m.

Free health fair

The South Plains Association of Governments Area Agency on Aging will sponsor a special Health Fair in Post on August 22 from 9:30 a.m. to 1:30 p.m. at the Garza Co. Trailblazers Center at 205 E. 10th street. Screenings for blood pressure, bone density, diabetes, cholesterol, hearing, and nutrition. The screenings are free for people 60 and over. Visitors under 60 will be charged a small fee for some of the screenings. Several booths providing materials and information on medication management, home safety, Alzheimer's disease and other subjects will be set up.

Registration for Girl Scouts

Come be part of the fun! Registration for Girl Scouts will be held on Thursday, August 31, from 3:45-6 p.m. at the Girl Scout Hut, 506 W. 7th street. Where girls grow strong.

2007 Summer Baseball

Parents who will have teenagers eligible for either the 13-14 year old league or the 15-18 year old league in 2007 are urged to contact Donny Windham at 629-4458. All interest parties are also asked to attend a meeting to be announced in the Post Dispatch in the two weeks.

2006 football reserved tickets available

Season Reserved Seating Tickets for home games of the Post Antelopes will go on sale on August 7. Tickets will be \$20 and are good for all regular season home football games. Come by the Post ISD Administrative Office, 501 S. Avenue K, to purchase your tickets. Reserved tickets will be sold on a first come, first serve basis through August 25, after that general seating tickets will be available at the gate during home game.

Memorial brick project

Please join us in our efforts to complete this project by purchasing bricks for yourself, your family, your Garza County ancestors and Garza County Veterans. Bricks are \$55 each. Forms available in stores all over town. For information call 778-4469.

Trailblazers selling raffle tickets

Garza County Trailblazers are selling raffle tickets to help bring in more funds to support our center. 1st prize-\$100.00 grocery certificate from United in Post and 2nd prize-\$50 grocery certificate. Tickets are \$1 each or 6 for \$5. The drawing will be held at the center on Sept. 1st. For questions or to purchase tickets, call Betty Hill at 495-0237.

School registration at Calvary Baptist Church

Calvary Baptist Church Christian School will begin on Tuesday, September 5. To register grades 1-4 you will need the following: Registration fee, social security card, immunization record, birth certificate, insurance card (required). Monthly fee will be due on 1st of each month. Classes will be Monday-Friday, 8:30 a.m.-3 p.m. Class sizes are limited. For information call Alicia Graves 495-1029 or Judi Martin 495-1018.

Class of 1956 to host 50th reunion

Post High School Class of 1956 will hold their 50th class reunion on Labor Day weekend. Activities include the Post vs. Seminole football game on Friday, September 1, visitation at the First United Methodist Church from 9-10:30 a.m. on Saturday and conclude with a dinner in the church hall at Kenny day after to his pic City Ido and Gler **Dwi** (Con the coun • Denied

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Post City Communications

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Limited time offer at participating locations. Requires service agreement. Other restrictions apply. See store for complete details. My Circle: Assistble to new and existing customers or current select rate plans \$59,99/mp & higher. My Circle applies to ten numbers per account, which must be shared among all lines on account. Not evaluable on prepaid plans. Guidomer may not designate own wineless or voice mail number. Directory Assistance or 930 numbers as any of the ten evaluable numbers. Calls must begin it end in your plan's calling and Designated numbers must be within the U.S. Program may be discontinued at the discretion of Alfail.

department records.

Arrests included that of a 47-year-old male, charged with driving while intoxicated and possession of marijuana; a 41year-old male, public intoxication and Dawson County warrant; 18-year-old male, public intoxication; 50-year-old female, Garza County commitment, DWI/second; and a 29-year-old female, Lubbock County warrant/bond forfeiture.

Also, a 38-year-old male, felony DWI/third or more; a 28year-old male, Potter County warrant and driving while license invalid; a 21-year-old male, evading arrest and public intoxication; a 22-year-old male, DWLI; and a 44-year-old male, possession of marijuana. 7 p.m. Please call 495-0305 or 629-4266 for more information.

Trailblazers serving lunch

Garza Co. Trailblazers offers noon meals Monday-Friday. Everyone is welcome. Cost for people under 60 is \$5 and suggested donation for people over 60 is \$3. Transportation to the center is provided if needed. The center is located at 205 E. 10th street. For more information call 495-2998.

6th annual church festival

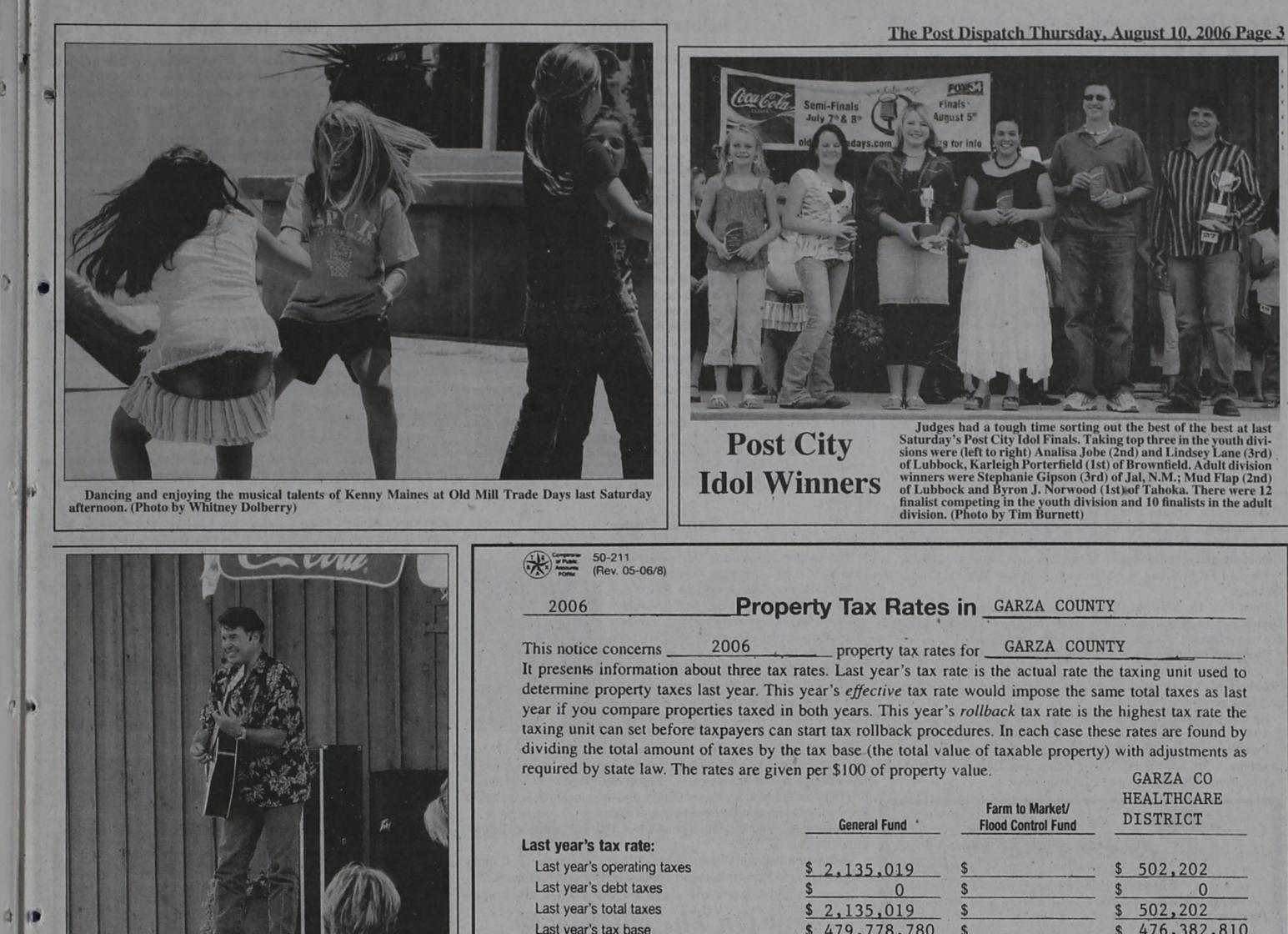
The Church of God of Prophecy will host their 6th Annual Festival on Saturday, September 9, at the Post City Park from 10 a.m. until 8 p.m. Come enjoy live music, with special guests "Grupo Uncion". Plenty of food and games. Everyone is welcome.

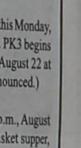
Information for Graham history book sought

We are looking for updated family history and copies of pictures for a Graham Community History Book. Don't let your family be left out! Contact Jane Mason, Rt. 3-Box 14, Post, Texas 79356 for information or if you are interested in a book. Call 806-495-2980.

Middle school orientation

The Post Middle School is ready for a great year! There will be a parent orientation and Title I meeting on Thursday, August 10 at 7 p.m. in the elementary auditorium. Schedules will be distributed at that time. After the orientation, the middle school will be open for you to visit your child's classrooms and meet their teachers.





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Dwindling water supply ... (Continued from Page 1)

the county.

and Glen Polk.

 Denied John David Fields' request to place a HUD-code manufactured home in the 500 block of South Avenue L.

Kenny Maines wowed visitors at Old Mill Trade Days last Satur-day afternoon with a wide range of musical selections. In addition to his pickin' and singin', Maines served as a judge for the Post City Idol Finals. Other judges were Ricky Russ, Cathy Whitten

• Heard Gale Shobe's request for an animal permit for a 22-acre tract on West Hwy. 380. No council action was taken after city officials determined a variance was not needed for Shobe to be eligible for the permit.

 Tabled action on a proposed amendment to the historic district sign regulations.

• Approved a resolution authorizing the submission of a Texas Community Development Block Grant Program application for \$250,000 in funding. If received, the city is prepared to commit \$37,500 from its Water and Sewer Fund as a cash contribution toward the project, which would see the addition of fire hydrants and the replacement of as many as 10 to 15 blocks' worth of water lines with new 6-inch lines.

• Approved the city's application to participate in the Texas Short-Term Asset Reserve (TexSTAR) Program, which will allow the municipality to safely diversify and invest "surplus funds" on a short-term basis.

• Tabled action on an ordinance authorizing the issuance and sale of tax and revenue certificates of obligation.

 Appointed several members to the city's Planning Steering Committee, including Fred Howell, Bartlett, Thressa Harp, Wanda Mitchell, David Robles, Johnny Torres, Rosa Latimer Bell, Walton and Dick Odom. Other appointments may be made in coming weeks.

• Received a lengthy report from the CCA's JoAnn Mock, who discussed several items of interest tied to the CCA. Mock said she would like to see a "better balance" of the expenditure of hotel/motel tax money, not only involving the areas of advertising and promotion, but also development.

• Agreed to negotiate for the purchase of a .13-acre piece of highway frontage property across the street from City Hall. Suggested use for the property involves the creation of additional parking spaces for use by West Main shoppers, community center visitors and customers of City Hall.

White River Lake Weekly Report Aug. 7, 2006

Gauge reading: 2343.50	
Feet below spillway: 29'	
Rise - 0"	2
Rainfall (nost wook): 01"	

ast year's tax base ast year's total tax rate	\$ 479,778,780 \$.4450/\$100	\$ \$ /\$100	\$ 476,382,810 \$.10542 /\$100
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s year's effective tax rate:	The stand and the	in the stand of the state	
ast year's adjusted taxes fter subtracting taxes on lost property)	\$ 2,133,293	\$	\$ 501,938
his year's adjusted tax base fter subtracting value of new property)	\$ 599,976,474	\$	\$ 596.312.300
his year's effective tax rate for each fund	\$.35556 /\$100	\$ '\$100	\$ 08417 /\$100
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This year's rollback tax rate:

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Last year's adjusted operating taxes (after subtracting taxes on lost property and adjusting for any transferred function, tax increment financing, state criminal justice mandate, and/or enhanced indigent health care expenditures)

- + This year's adjusted tax base
- = This year's effective rate
- x 1.08 = this year's maximum operating rate
- + This year's debt rate
- = This year's rollback rate for each fund

This year's total rollback rate

Statement of Increase/Decrease

If GARZA COUNTY .35556 adopts a 2006 tax rate equal to the effective tax rate of \$ \$100 of value, taxes would increase compared to 2005 taxes by \$ _____1360.00

\$ 2.133.293

\$.35556

\$.38400

\$.00733

\$.39133

\$.39133

\$599,976.474

Schedule A – Unencumbered Fund Balances

The following estimated balances will be left in the unit's property tax accounts at the end of the fiscal year. These balances are not encumbered by a corresponding debt obligation.

GARZA COU	100 m	RAL	FUND		121	\$974,536.78
	R&B	#1				62,971.31
	R&B	#2			74	52,124.62
	R&B	#3			i.	67,7.71.91
	R&B	#4		14		-0-

GARZA COUNTY HEALTH CARE DISTRICT

/\$100	\$	/\$100	\$.08	3417	/\$100
/\$100	\$	/\$100	\$.09	9090	/\$100
/\$100	\$	/\$100	\$	0.	/\$100
/\$100	\$	/\$100	\$	Stall 1	/\$100
/\$100	With the state of the		.09090		

501,938

\$ 08417

\$ 596.312.300

/\$100

per

Rainiali (past week): .01 Rain to-date: 7.15"

Rainfall 2004: 43.58" Rainfall 2005: 15.57"

White River Lake has 1,140,152,649 billion gallons left available at the intake, or 13 percent capacity (3,499 acre feet). Subtract 208,544,640 MG for evaporation in July, leaving 931,608,009 MG available as of today.

White River's daily average demand for 2005 was 1.6 million gallons per day for all White River customers.

The well field developed for emergencies can produce 1.6 million gallons per day to serve all four members cities in the need arises.

The lake was slow over the weekend. Fishing was slow.

Source: Mickey Rogers, WRMWD general manager

ESTIMATED UNENCUBERED FUNDS - \$257,602.68

Schedule B – 2006 Debt Service

The unit plans to pay the following amounts for long-term debts that are secured by property taxes. These amounts will be paid from property tax revenues (or additional sales tax revenues, if applicable).

Description of Debt	FIRE STATION ALLEN HENRY	Principal or Contract Payment to be Paid from Property Taxes	Interest to Be Paid from Property Taxes	Other Amounts to be Paid	Total Payment
		\$ 36,000	\$ 8,072	\$ 0	\$2 44,072
 Amount (if a Amount (if a Excess colled Total to be a Amount additional 	ed for 2006 debt service any) paid from funds list any) paid from other reso ections last year paid from taxes in 2006 ded in anticipation that th % of its tax	ources ne unit will	\$\$ \$\$ \$\$ \$\$	44,072 0 0 0 44,072 0 44,072	

Page 4 The Post Dispatch Thursday, August 10, 2006



Ray C. Morales

Mass for Ray C. Morales, 44, of Lubbock was conducted at 2 p.m. Wednesday, Aug. 9, 2006, at the Holy Cross Catholic Church in Post. Burial followed in the Terrace Cemetery under the direction of the Hudman Funeral Home.

He died Sunday, Aug. 6, at Covenant Medical Center.

Born Nov. 14, 1961, in Plainview to Isaac and Angie Morales, he married Deborah Munoz on July 24, 1999, in Post. He was a manager at Market Street in Lubbock.

Survivors include his wife, Deborah, of Lubbock; one daughter, Alexandra Olivares

of Lubbock; one son, Isaac Morales of Lubbock; his parents, Isaac and Angie Morales of Post; three brothers, Pete Morales of Post, Fabian Morales of Lubbock and Isidor Morales of Lubbock; and two sisters, Susan Salinas of San Angelo and Diana Morales of San Angelo.

Willard 'Buddy' Hall

Services for Willard 'Buddy' Hall, 90, of Post were conducted at 2 p.m. Sunday, Aug. 6, 2006, in the Pleasant Valley Baptist Church with the Rev. Kenneth Winchester officiating. Burial followed in Terrace Cemetery under the direction of the Hudman Funeral Home.

He died Friday, Aug. 4, at Graham Regional Medical Center in Graham.

Born Oct. 15, 1915, in Denton County, he married Alma Ruth Henderson on July 2, 1938, in Clovis, N.M. She died Oct. 1, 2001. He was a farmer prior to his retirement.

Survivors include one son and daughter-in-law, Joe and Pam Hall of Graham; two granddaughters, Dana Burgess of Bunger and Amy Shackelford of Fort Worth; one sister, Francis Lancaster of Slaton; and four great-grandchildren.

He was preceded in death by one grandson, Todd Hall, on March 1, 1986.

Pallbearers included Steve Brestrup, Randy Brestrup, Craig Brestrup, Curt Lancaster, Travis Lancaster, Ben Burgess, Mack Sproul, Ryan Shackelford and Sim Burgess.



Delbert L. Byrd

Services for Delbert L. Byrd, 74, of Slaton were conducted at 2 p.m. Wednesday, Aug. 9, 2006, in the Post Church of Christ with Melvin Byrd officiating. Burial followed in the Terrace Cemetery under the personal care of the Justice-Mason Funeral Home.

He died Monday, Aug. 7.

Born Oct. 8, 1931, to Samuel George and Anna Lucile Stanley Byrd near Post, he attended school at Patton Springs and Spur and began cowboying at the age of 16. Over the years he worked for the Matador Ranch. Pitch Fork, Double U, Swenson, Slaughters H.C. Lewis and the T-Bar Ranch. He was in

the oilfield industry, both locally and in South American, for about 20 years. He later owned Kiwi Drilling Co. He cowboyed until his death. 7, 1951. He married Dona Juanita Flemins on April 14, 1976, in Las Vegas.

Survivors include his wife, Nita Byrd of Slaton; two sons, Bert and Debbie Byrd of Hart and Sam Byrd of Nazareth; one daughter, LaVonda West of Slaton; three stepdaughters, Wynette Hendricks of Dallas, Angelic Edwards of Lubbock and Anita Shirlene Fisher of Slaton; three brothers, George Byrd of Post, Melvin Byrd of Port Orchard, Wash., and Ed Byrd of Crosbyton; four sisters, Lois Thomas and Jody Ammons, both of Post, Linda Byrd of Tulsa, Okla., and Ann Lowe of Meridian, Miss.; nine grandchildren; and 11 great-grandchildren.

His first wife, Vonceil Byrd, and one granddaughter, Amber West, preceded him in death.

Pallbearers included his sons, grandsons, brothers and brotherin-law.

James Pope

Services for James Pope, 36, of Post were held at 1:30 p.m. Tuesday, Aug. 8, 2006, in the First Baptist Church with the Rev. Kevin Blackburn of the Calvary Baptist Church officiating. Burial followed in the Terrace Cemetery under the personal care of the Justice-Mason Funeral Home.

He died Friday, Aug. 4, at his home. Born Feb. 2, 1970, at Florence, Ariz., he was raised and attended school in Tomball prior to the family's move to Post in 1989. He was a house painter and a chef.

Survivors include his wife, Kellie Pope of Lubbock; his parents, Alton and Eunice Pope of Post; two brothers, Mitchell and Jason of Post; one sister, Ida, and her husband, William Earl Shelton Jr., of Clifton; one nephew, Damion Shelton of Clifton; and two nieces, Selicia L'Shay Pope of Andrews and Devon Shelton of Clifton.

He was preceded in death by one sister, Patricia Cathleen "Cathy" Lovell on Jan. 17, 1987.

Pallbearers included Willard Yarbro, William Earl Shelton Jr., Clinton Yarbro, Quinton Yarbro, Dameon Shelton and Wendell Johnson.



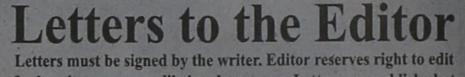
today, Thursday, Aug. 10, 2006, in the Post Church of Christ with Travis Sweet officiating. Burial will follow in the Terrace Cemeters under the direction of the Hudman Funeral Home. He died Monday, Aug. 7, in San Antonio. Born to Virgil and Esker Stone on May 14, 1929, in Garza County, he married Melba Rose McClellan on March 25, 1950, in Post. He worked for Frito-Lay for many years prior to his retirement. He was a member of the Church of Christ.

Survivors include his wife, Melba Rose Stone of San Antonio; one daughter, Julie Johnson of San Antonio; two sons, Jay Scott Stone of San Antonio and James Stone of LaVernia; one sister, Anita Bilberry of San Angelo; nine grandchildren; and two greatgrandchildren.

Billy Jean Stone

Services for Billy Jean Stone, 77, of San Antonio will be at 2 p.m.

One son, Michael James Stone, preceded him in death on May



for brevity, grammar, libel and accuracy. Letters are published at the sole discretion of the editor.

Taxed for non-taxable items?

Everyone knows we are all getting ripped off at the gas pump. But did you ever realize that there are certain food items that are non-taxable?

My source tells me that the following food items are not taxable: all chips and dips, salty snacks, jerky, Little Debbie cakes, juice such as Minute Maid, milk, break, all medication, bottled water, canned food, baking goods, cold sandwiches, Lunchables, bacon and even eggs.

Makes you wonder how many of these things we have been paying taxes on. Surely our friendly merchants would not do this to us. Bud Davis



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God teaches His people to not steal except to give to others. True or False?

Ephesians 4:28



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by Jerry Taylor LC 230

Needed: Church Services to air on

On God's Word

By Timothy W. Burnett

The Church is made up of saints...Part 3

general make up.

The Church of God is made up of an overall body of people who were purchased by the blood of Jesus Christ (Acts 20:28). The word Church is used throughout the Epistles and Revelations. The first three chapters of Revelations addresses the church as it will exist during the period of time starting after Christ returns for the born again saints, and ending on the Great and Notable Day of the Lord (see also Acts 2:20). After Christ returns for the born again saints (1Thessalonians 4:13-18) it will no longer be possible for saints to be born again, but it will continue to be possible to become saints.

During the administration of the grace of God the church is made up of people who have been filled with holy spirit, as well as those saints who are saved. This distinction is revealed in 1Corinthians 1:2, "Unto the church of God which is at Corinth, to them that are sanctified in Christ Jesus, called saints, with all that in every place call upon the name of the Lord, both theirs and ours." The church is basically made up of them who are called saints as well as the all the saints who call upon the name of the Lord.

To be sanctified basically means to be filled with holy spirit, being made righteous. According to Romans 10:9-10, these are they who have believed with the heart that God raised Jesus from the dead. 1Corinthians 1:2 reveals a distinction between the saints and they who call upon the name of the Lord.

The distinction is seen in the word "with." This word referred to being in close proximity with others. There are two categories of people who are in close proximity with each other. The saints are in

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In our study of the Church, we now look at its close proximity with the saints who call upon the name of the Lord. In other words, not all saints will choose to call upon the name of the Lord. But there should still be a close bond between all the saints and they who call upon the name of the Lord.

> According to Acts 2:21 and Romans 10:13 calling upon the name of the Lord results in salvation. Romans 10:14 shows that it can not occur unless people have first believed unto being filled with holy spirit. As it is written, "How then shall they call on him in whom they have not believed." Acts 2:4 reveals the first example of people being filled with holy spirit and spiritually calling upon the name of the Lord unto salvation from having to suffer through the great tribulation period and ultimately having to face God's final judgment day.

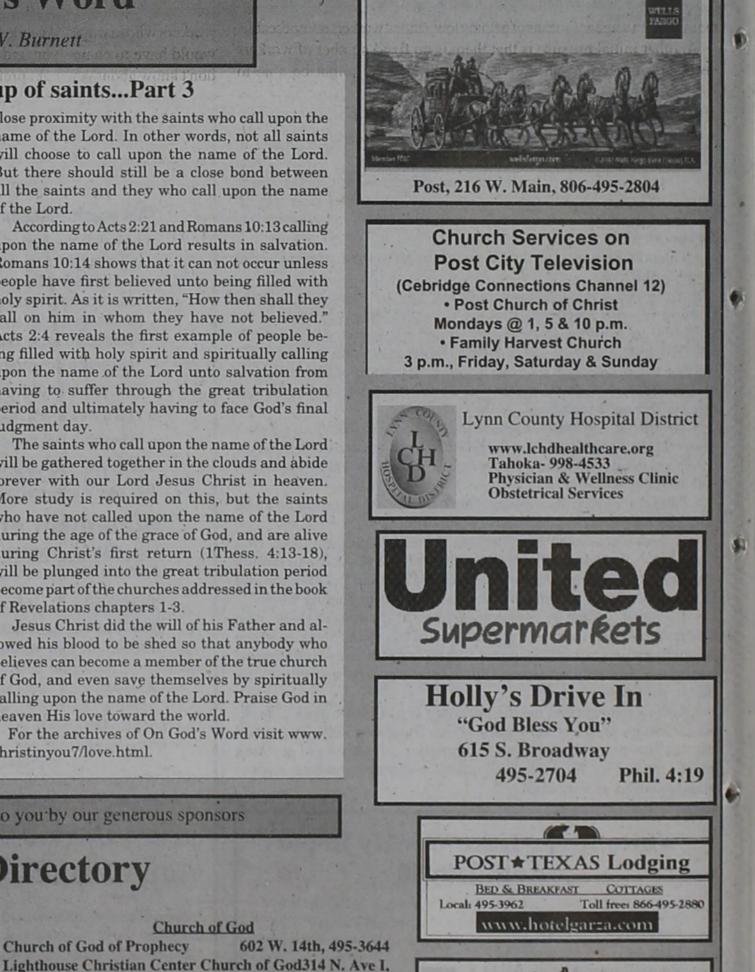
> The saints who call upon the name of the Lord will be gathered together in the clouds and abide forever with our Lord Jesus Christ in heaven. More study is required on this, but the saints who have not called upon the name of the Lord during the age of the grace of God, and are alive during Christ's first return (1Thess. 4:13-18), will be plunged into the great tribulation period become part of the churches addressed in the book of Revelations chapters 1-3.

> Jesus Christ did the will of his Father and allowed his blood to be shed so that anybody who believes can become a member of the true church of God, and even save themselves by spiritually calling upon the name of the Lord. Praise God in heaven His love toward the world.

For the archives of On God's Word visit www. christinyou7/love.html.

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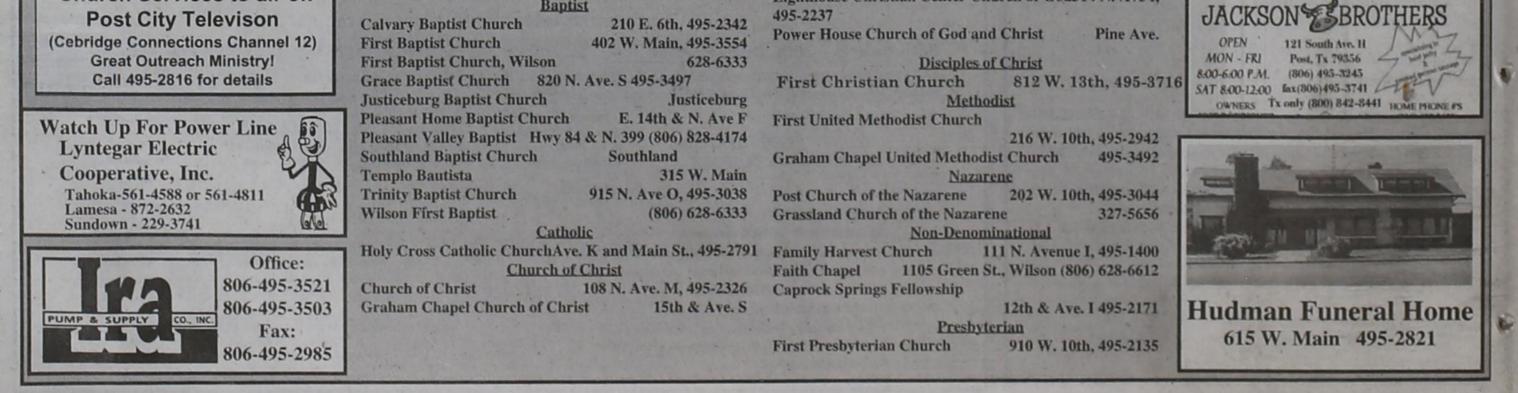
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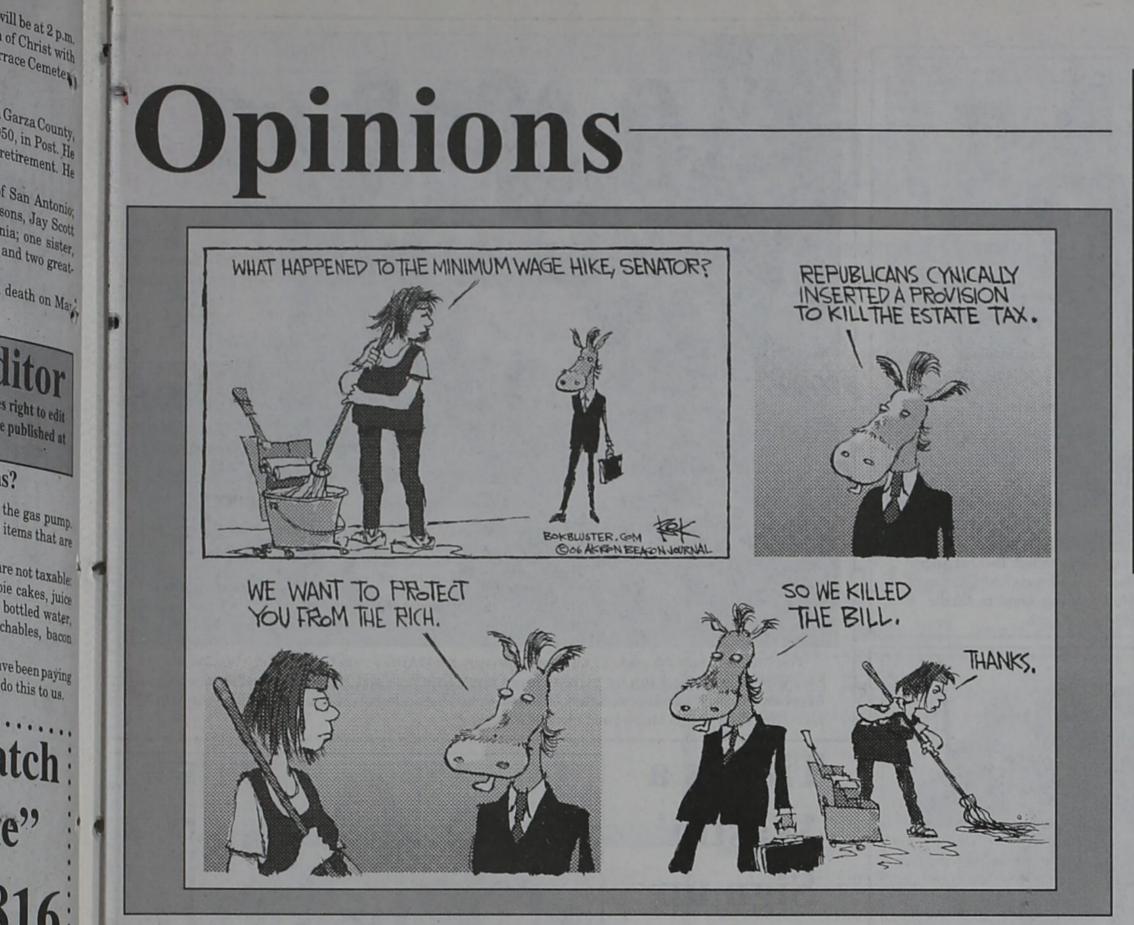
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Church Directory



The minimum wage system

by Walter E. Williams

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There are decent people, without a selfish hidden agenda, who support increases in minimum wages as a means to help low-skilled

where in the world they can choose to manufacture? I think the latter description more properly describes how the world operates.

The Post Dispatch, Thursday, August 10, 2006 Page 5

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It is the mission of this newspaper to promote the rights of indivdiduals, guided by the principles so eloquently described in the American Declaration of Independence. The right of life, liberty and ownership of property are the cornerstone for our freedom. Government's sole purpose is to enhance our liberty and freedom. Therefore, we hold every elected and appointed agent of government accountable to that standard.

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It's like a checking account

by Wes Burnett

At the July 31, 2006 meeting of the Garza County Commissioners' Court, Judge Giles W. Dalby quoted from 1987 Texas Attorney General Opinion, claiming that the opinion justified county payments from a budget line item that did not have enough funds to cover the expenses.

3

Judge Dalby said that the county was "correct" in making the payments. He said that the opinion enforces the notion that the county has to follow federal

workers, and there are other decent people, with the identical goal, who strongly oppose increases in the minimum wage. So the question is: How can people who share the same goals, helping low-skilled workers, come up with polar opposite means that produce polar opposite results?

It all depends on one's initial premise. It would do us some good to make our initial premises explicit and check them against reality. One initial premise is that an employer needs a certain number of workers to accomplish a given task. That being the case, increasing the minimum wage simply means that all low-skilled workers will enjoy a higher salary and employers will have lower profits and/or customers will pay higher prices. With this vision of how the world operates, the logic of increasing the minimum wage as a means of helping low-skilled workers is impeccable.

Another initial premise is that there is no fixed number of workers necessary to accomplish a given task. Employers might be able to substitute capital for labor such as using dishwashing machines instead of dishwashers, automatic elevators instead of elevator operators, selfservice gasoline stations rather than full-service gasoline stations, online reservations rather than reservation clerks or relocating their operation overseas. People who share this initial premise can still have concern for the welfare of low-skilled workers but argue that increasing minimum wages will cause unemployment for some of them and deny job opportunities for others. Given their initial premise, the logic of their argument is also impeccable.

Thus, the question to decide is which initial premise best describes how the world operates. Is it the one that says there's a fixed number of workers necessary to perform a given task, or the one that says employers have flexibility in the mix of workers and capital they use and

Place yourself in the position of an employer and ask: If a worker costs me, say, \$7 in wages, plus mandated fringes such as Social Security, unemployment compensation, sick and vacation leave, making the true hourly cost of hiring a worker \$9 an hour, does it pay me to hire a worker who's so unfortunate to have skills that enable him to produce only \$5 or \$6 worth of value per hour? Most employers would conclude that doing so would be a losing economic proposition.

There are a couple other villains in the piece that force employers to respond to increases in wages that exceed a worker's productivity. If he did hire such workers, he would earn lower profits. Soon, investors would abandon him and put their money where returns are higher.

There's another villain -- the customer. If the employer retained workers whose wages exceeded their productivity, to cover his costs he would have to charge you and me higher product or service prices. I don't know about you, but I prefer lower prices to higher prices, and I'd switch my patronage to those firms who adjusted to the higher labor cost.

Congress can easily mandate higher wages, but they cannot mandate higher worker productivity or that employers hire a particular worker in the first place. Those of us who truly care about the welfare of low-skilled workers should focus our energies on helping them to become more productive, and a good start would be to do something about the rotten education that many receive.

Walter E. Williams is a professor of economics at George Mason University. To find out more about Walter E. Williams and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate Web page at www.creators.com.

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Mr Bush ... are you there?

by Sheldon Richman

If President Bush is trying to convince us that he hasn't the slightest understanding of the Middle East, then he's doing an outstanding job. Every statement he makes - and this goes for his secretary of State, Condoleezza Rice, too - is soaked in ignorance. Any American who is paying attention should be shuddering to think that this man is running U.S. foreign policy.

Let's ignore Rice's statement that the destruction of Lebanon represents the "birth pangs of a new Middle East." To equate Israel's reckless disregard for Arab life, as in Qana, with a mother's giving birth is obscene.

President Bush, in his usual arrogant way, shows that he knows nothing of what he speaks. He still opposes an immediate ceasefire, explaining on Fox News, "See, stopping for the sake of stopping [!], you know, is - is - is can be OK, except it won't address the root cause of the problem." Which is? "And the root cause of the problem is armed militias firing rockets from a sovereign nation into another sovereign nation."

Is he aware that before 1982 Hezbollah did not exist? Does he have a clue what brought it into existence? He might be inclined to think that it arose to grab Israeli soldiers across the border. But in fact it arose after Israel invaded Lebanon -despite a year of quiet on that border - in order to wipe out Palestinian refugees displaced by Israel's earlier program to "redeem" Arab-owed land. Israel remained in southern Lebanon for 18 years. It even set up its own Christian Lebanese militia to do some of the dirty work. Israeli forces killed tens of thousands of Lebanese during the siege of Beirut and the occupation. The Israelisponsored militia slaughtered hundreds of Palestinians in refugee camps like cattle. Israel had its way with Lebanon, and no one could do anything about it. Hezbollah organized to resist that illegal occupation. This is legitimate under international law, not to mention moral law. Not every Hezbollah action has been defensible, but most people would say the same about Israel. We should not lose sight of the context or the fact that the U.S. government assisted Israel in virtually every respect, especially by the provision of money and weapons. President Bush says Hezbollah must be disarmed. Why? So Israel can continue to treat southern Lebanon like a door mat? Much is made of Israel's departure from Lebanon in 2000, as though this were some magnanimous gesture. It was driven out by Hezbollah, which not only defended the Lebanese, but provided a variety of services to the suffering Shi'ites - schools, medical clinics, homes, and more. When Lebanon had elections, Hezbollah members were elected to Parliament. Israel withdrew, but it has not respected the border. As documented by the UN, its warplanes violated Lebanese airspace daily. Here's what Israeli analyst Ran HaCohen writes: "Since Israel withdrew from Lebanon six years ago, then, it hasn't given its northern neighbor even a single day of quiet And just as Israelis wonder about the purpose of Hezbollah's missile arsenal, so could Lebanon, and so should we all, wonder what was the purpose of the thousands of Israeli overflights and sonic booms in Lebanon's sky: was it to gather some information not available to Israel's satellites anyway, or, much more likely, just to terrorize Lebanon's population by showing them that we violate their sovereignty 'whenever we deem it necessary'?" In this light Hezbollah's seizing of Israeli soldiers looks less like unprovoked aggression, doesn't it? It didn't fire rockets at Israel until the IDF started

pounding the very core of Lebanese society.

But Hezbollah gets arms from Iran, President Bush protests. Can he really say this with a straight face? Does Israel not get arms - the most sophisticated known - from a foreign power? Who speeded up shipment of precision bombs to facilitate the current demolition of Lebanese civil society? Hello? Mr. Bush, are you there?

Sheldon Richman is senior fellow at The Future of Freedom Foundation, author of Tethered Citizens: Time to Repeal the Welfare State, and editor of The Freeman magazine. Visit his blog "Free Association" at www.sheldonrichman.com. Send him email.

wage laws.

It is true that the county must abide by the wage laws, but those laws do not apply in the matter of payments in excess of budgeted line items. In that issue, the AG Opinion (JM-680) specifically (and underlined in the opinion) specifies that the county must adhere strictly to the budget as approved, or as amended.

In the case of payments for overtime in the Sheriff's Department, the county treasurer violated state law, which forbids payment for any line item that is over budget. Payments must be made for overtime, but they can not be made until the commissioners' court approves shifting of money from other funds to cover the over-budget line item.

In the Garza County case, the overtime line item was short beginning in March, and it was over budget until July 31, when the court approved transferring funds from other Sheriff's Department sources.

The AG opinion emphasizes: "... and no expenditure of the funds of the county shall thereafter be made except in strict compliance with the budget as adopted by the court." (P. 3410).

Citing the law (Article 689a-11), the opinion repeats the requirement "that county salary payments comply with the county budget" and cites a 1984 AG opinion (JM-192).

Further, the opinion cited by Judge Dalby addresses the issue of overtime (P. 3411): "... if a budget line item exists for the payment of overtime compensation, the county commissioners court may nevertheless direct that the overtime compensation be paid out of the regular salary line item. Article 689a-11 requires that counties comply with their budgets."

"If the overtime compensation line item lacks the funds for the overtime compensation legally due under the FLSA (federal wage law), the compensation could be paid from the line item for salaries.

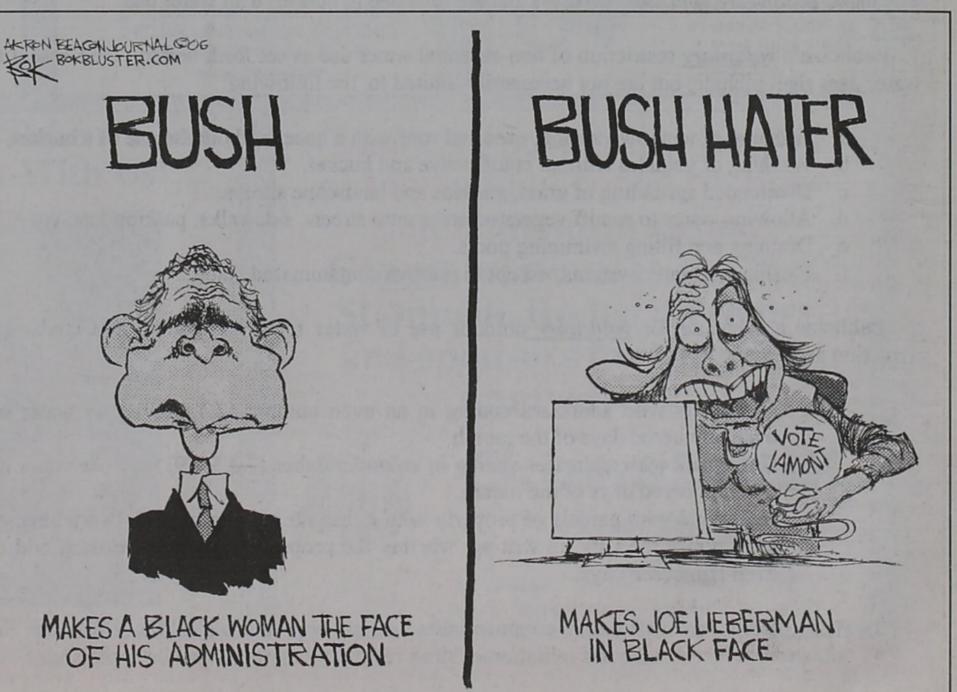
"As indicated, if an unforeseeable emergency caused the need for overtime work and therefore overtime compensation, an emergency amendment to the budget would be warranted," the opinion continues (P. 3411).

In the Garza County case, the budget line item did not have the necessary funds for payment as required by the law, compounded by the fact that the fund transfers were retroactive, in direct violation of the law.

The issue is really quite simple ... when a budget line item has exceeded its budgeted amount, the treasurer is obligated by law to withhold payments from that line item until the commissioners court amends the budget.

It's not unlike a business which maintains more than one checking account, and making payments from an account that has no funds is considered a violation of the law ... it's called writing "hot checks." It makes no difference if the business has plenty of funds in other accounts, until those funds are transferred to the shorted account, no payments can be made from an account which is considered "over drawn."

When it comes to disbursing the people's money, elected and appointed government officials must adhere strictly to the law. Otherwise, there can be no security for those who fund government.



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Post Middle School 7th grade STARS participating in the MADD Power Camp on July 19-22 at Angelo State University are (back row left to right) Vanissa Rodriguez, Raegan Belongia, Victoria Rodriguez and Fermin Rivera, (middle row) Jessica Rodriguez, Kari Dunn, Samantha Morley, Nicole Alvadriz, Janelle Delgadillo, Dakota McDonald, Luke Cravy, (front row) Skylar Jones and Madison Cash.



Post Middle School 9th grade STARS participating in the MADD Power Camp on July 19-22 at Angelo State University are (back row left to right) Crystal Sanchez, Lindsey Morrow, Melinda Vega, Brooke Morris, Kelly Chapa, Chelsey Sapp, Chandni Bhakta, (sitting) Toni Wait.

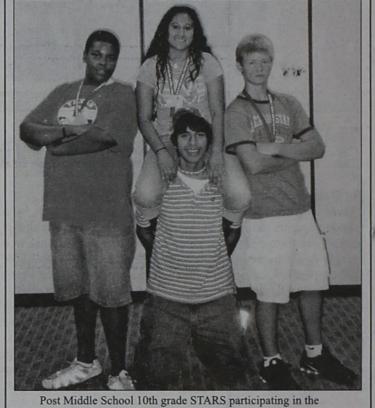




Post Middle School 8th grade STARS participating in the MADD Power Camp on July 19-22 at Angelo State University are (back row left to right) Shawn Perez, Kyle Copeland, Ben Mason, (middle row) Cheyenne Morris, Katelyn Short, Kelsey Orverton, Chess Postell, Jonathan Perez, Macy Blair, Allisha Jones, (front row) Allisa Morrow and Morgan Williams.

Time's a Wastin' Sign up this week for our big "Two Fer One" Special Call 495-2816 The Post

Dispatch



MADD Power Camp on July 19-22 at Angelo State University are (back row left to right) Brandon Crawford, Claudia Hernandez, Jarrett Blevins, (front on knees) Jovanni Garay.

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Water Restriction Measures:

EFFECTIVE WEDNESDAY August 2, 2006, UNTIL FURTHER NOTICE:

The Mild Condition Measures set forth herein have been implemented by the City Manager under direction of the City Council with the occurrences of trigger conditions set forth in the City's Drought Contingency Plan. In addition, occurrences of trigger conditions established by any of the City's wholesale water suppliers will result in implementation of corresponding conservation measures by the City of Post.

Stage One: Mild Condition Measures

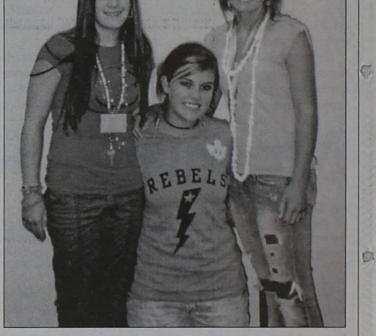
The listed actions are *voluntary* on users and are intended to conserve all water use.

1. Publicize a *voluntary* restriction of non-essential water use as set forth herein. Non-essential water uses shall include, but are not necessarily limited to, the following:

- a. Washing of windows, siding, eves and roof with a hose, without the use of a bucket.
- b. Washing of vehicles without cutoff valve and bucket.
- c. Unattended sprinkling of grass, gardens and landscape shrubs.
- d. Allowing water to runoff vegetated areas onto streets, sidewalks, parking lots, etc.
- e. Draining and filling swimming pools.
- f. Flushing of water systems, except to remove contaminated water.

2. Publicize a schedule for <u>voluntary</u> outdoor use of water for lawn, garden and landscape irrigation as follows:

- a. Customers with addresses ending in an even number (2,4,6,8,0) may water on even numbered days of the month.
- b. Customers with addresses ending in an odd number (1,3,5,7,9) may use water on odd numbered days of the month.
- c. Individual with parcels of property with either no address or with two addresses shall notify the City, in writing, whether the property will be watered on odd or even numbered days.
- The City of Post will notify commercial/industrial users and major water users of the situation. The necessity for initiation of strict restriction methods will be explained.



Post Middle School 11th grade STARS participating in the MADD Power Camp on July 19-22 at Angelo State University are (back row left to right) Marlee Plummer, Brenna Postell and Kelsey Sanderson.

Water district outlines conservation measures

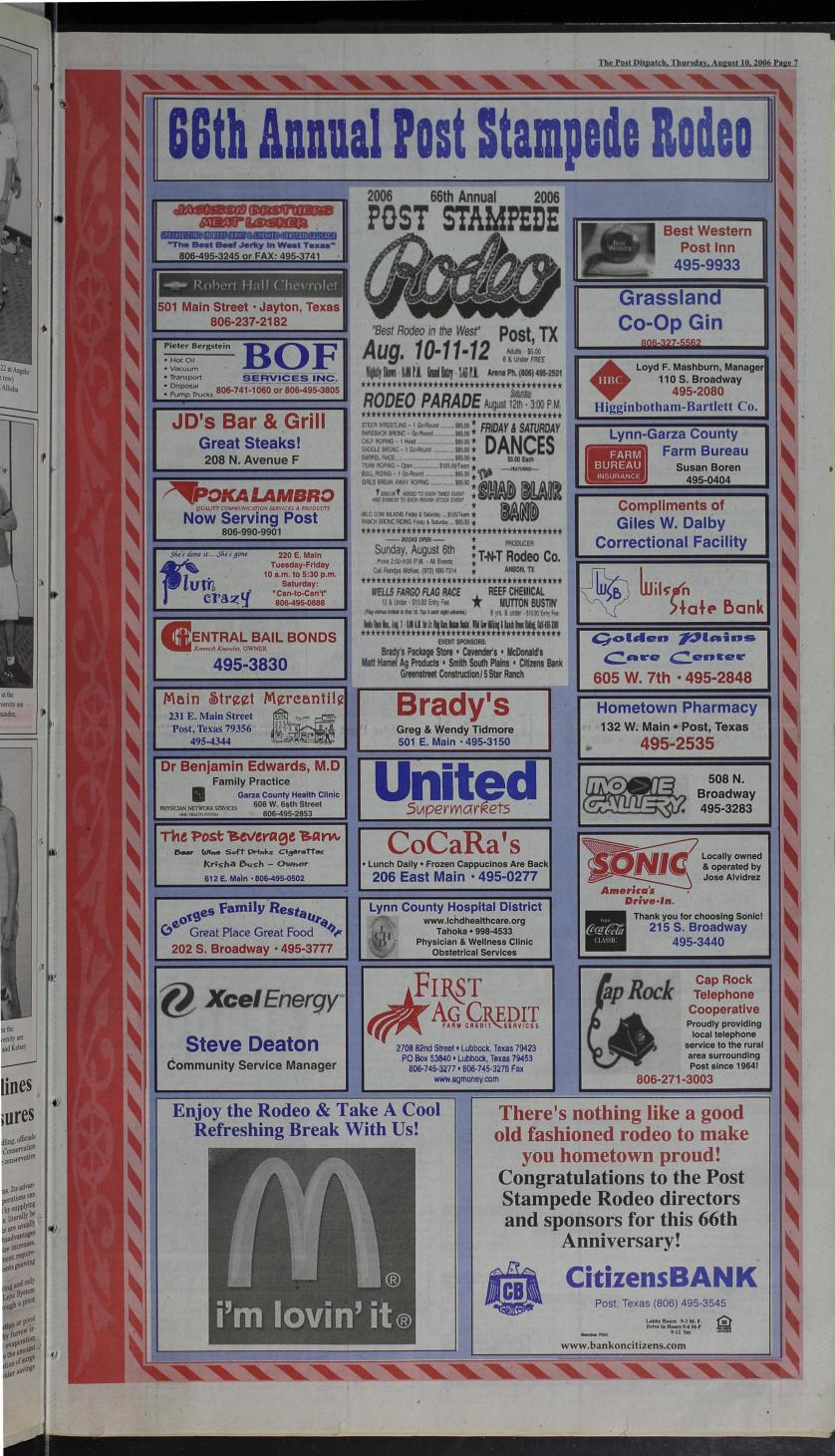
With water supplies across the South Plains dwindling, officials with the Garza County Underground and Fresh Water Conservation District have provided a few ideas to help irrigators be conservative with water when irrigating crops.

The following suggestions have been offered:

• Drip irrigation is more efficient than other systems. Its advantages include use of less energy for pumping; field operations can continue; high levels of management can be achieved by supplying plants with precise amounts of water; fertilizer can literally be spoon-fed to plants through drip systems; labor costs are usually less than with conventional row watering systems. Disadvantages include high initial investment (although as field size increases, costs per acre are usually somewhat less); management requirements are high; problems sometimes develop with rodents gnawing on drip tapes.

• Pivot irrigation is more efficient than row watering and only slightly less efficient than drip irrigation when the Lepa System is used. Fertilizer also can be applied to the crop through a pivot system.

• Furrow irrigation is less efficient than drip irrigation or pivot irrigation. As much as 70 percent of water applied by furrow irrigation may not be utilized because of seepage and evaporation losses. Installation of a gated pipe system can decrease the amount of water used to irrigate a field by 50 percent. Installation of surge value system can gain an additional 20 percent in water savings over gated pipe alone.



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Page 8 The Post Dispatch Thursday, August 10, 2006

Classified Advertising

Card of Thanks

We want to thank all of our family and friends that came by to help us celebrate our 60th anniversary. Thank you for the cards and the fellowship we had with your visit. Thank you,

Jimmy and Ila Mae

Services and Repairs

Dicken's County Nursing Home is now accepting applications for certified nurse aid classes. Starting early September. Call 806-271-3324 and talk with Karen.

Help Wanted

Golden Plains Care Center has

Call 1 800 458 3130 x 14

MVR and Class A CDL w/Hazmat and Tanker Endorsements. Crude oil experience preferred. Excellent pay. Company paid group insurance

Require Valid CDL/A w/ TX Endorsements. Experience: Minimum

One Year T/T & 6 Months Off Road. Clean MVR. Local Work -

Home Every Day. Paid By The Round -Trip In 20 Mile Steps.

Weekly Safety Bonus. Immediate Benefits, Including Health &

Prescription Drug, Dental Ins, Life Ins, 401(k) Plan, Credit Union,

Direct Deposit, Paid Holidays & Vacation. \$1500 Sign On Bonus.

House for Sale

3/1/2 Brick home, 103 South Avenue S. Extra

large lot, 2 storage buildings, R.V. shed. Call

daytime: 806-495-0277 or

anytime: 806-781-3985

1150 FM 651 • \$103,000

Mobile home on 12.45 acres • 4 miles N. of Post,

Carol or Nancy.

(806)495-2848.

Dietary Cook needed at Golden

Plains Care Center. Call Ruby at

DRIVER - Post, TX. Liquid

Transport Trucking Inc., a leader

in the transportation of bulk energy

liquids is seeking a full-time crude

oil transport driver. Interested

candidates should possess a good

holidays, sick days, vacation, 401K. Home everyday and

much more. Qualified candidates call positions available for LVN & RN. Please call 495-2848 speak with 1-866-893-0852.

Apartments for Rent

Apartment for rent: Call 325-949-6290 or 325-277-9616.

Mobile Homes for Sale

1st time Home Buyer or Single Parent Program. EZ Financing 800-830-3515.

Call our 24 hour credit hotline to see if you qualify for a home loan 800-375-8739.

Need a Home Now! Call Bell Mobile Homes. Everyone's approved. Guaranteed! 800-830-3515.

Big Home, Big Saving, New 5 + 3 only \$524.50 per month* Just \$2400.00° down* 800-830-3515. \$62500.00 financed 300 month 9%.

Homes for Sale

2 BR, 1 BA. 301 W. 5th. Call 495-2292.

0277. Evenings 495-4555.

Sofa & Recliner. Urban loft cushions. Brand new, warranty, factory crated, layaway \$899. COMPLETE BEDROOM SUITE, 7 piece, solid wood, dovetails, new in box, layaway. \$899 QUEEN PILLOWTOP mattress set, \$145.

For Sale: Portable dishwasher, captains bed, piano, refrigerator. Call 495-0033.

MB motoring 6-hole rims, w/BF Goodrich tires, all terrain 28575R16. Call 495-3050 or 495-2504.

Garage Sales

Garage Sale/Moving Sale: This Fri. thru the month of Aug. (Every day). Everything must go. 1002 10th. Call 495-0045. Free drinks.

Yard Sale - Saturday, 122 S. Ave F, 9-1.

Saturday, 1006 W. 11th, 9-?

Vehicles for Sale

1994 Ford Thunderbird \$1100.00 or best offer. Call 281-2741.

Wanted to Buy

Wanted 3 bedroom house to buy. Retiring and want to move back to Post. Call Pat 361-364-1392 or 361-364-3684.

Legal Notices

LEGAL NOTICE

Bids will be received by Post ISD for the following: Cafeteria Table and Chairs and a Portable Stage. Bids will be accepted in the office of the Superintendent until 3:00 P.M. on August 23, 2006. Bid specifications may be obtained by calling 806-495-3855 or may be picked up at 501 South Aveue K, Post, TX. 79356. Post ISD reserves the right to accept or reject any or all bids.

Call 495-2816

Check Out Our "Two Fer One" Special ... Call 495-2816

- NEW LISTING: 2/2 with formal living room and large den/kitchen area Utility room and screened-in porch, toor shed and extra storage. EXTREMELY NEAT. A MUST SEE at 111 N. Avenue R.
- New carpet, freshly painted 3/2 home with garage and fireplace. Corner lot. Central heat & air. 803 W. 7th.
- NEEDS TLC 3 BR/2 1/2 bath, 2 car garage, family kitchen & den w/FP, separate office, in ground pool, LR & DR combination. 716 W. 6th.
- PARADISE IN POST You have to see this to SOLD believe it. 3/2 home war gournet kitchen, master bath has marble Jacuzzi, and the backyard is a retreat with a large pool that you have to see to believe. Too many amenities to mention, so call us for a showing.
- 3/2 home on Hwy 84 816 sq. ft., office, large workshop, 1.765 acres.
- 2 city lots good location.
- Remodeled 2/1 very SOLD Dth · Commercial property and home lots in Robinson Addition.
- · Remodeled 3/2 with SOLD therage, also new garage with plumping and electrical, 505 W. Main.
- · 3/2 with BR and office innetairs, hot tub room w/ tub. 811 W. 12th.
- 3/2 2,185 sq. ft. enclosed SOLD Avenue O.
- Rural home 1,920 sq. ft. with covered patio, water well, barn & corrals on 3 acres - short distance from Post.
- 2,808 sq. ft. 3/2, ba sold . ft., garage 462 sq. ft., great home - 1002 W. 10th.

Ranch Properties

Mitchell Real Estate

Kim Mills • 806-543-1055 Barbara Hardin • 806-495-3987 Mike or Wanda Mitchell · 806-495-3104 or mobile 806-495-5515

Zillah H mas, Zora Geneva Fo won first Citizen's Center in the Balloo Brad Sh Post High scholarship University He scored on the test. Dan Ra Elementar

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New 16 x 80, 3 + 2 just \$246.96 per month. Only \$1450.00 down* Bell Mobile Homes 888-539-7780 *\$27450.00 financed 240 month 9% WAC*

For Sale: 3/1/2 brick home. 103 S. Ave. S, extra large lot, 2 storage buildings, R.V. shed. Daytime 495-

Miscellaneous for Sale

for drivers and dependants, paid

TRANSPORT D

 $3/2 + Office \cdot Great Condition w/2,016 S.F.$ 806-793-8899 Property #8912 Photos at www.sgwinn.com

Steve & Beth Gwinn 806-543-5050 or 806-543-5051 sgwinn@coldwellbanker.com

COLDWELL BANKER RICK CANUP REALTORS

RECENTLY REMODELED! Brick 4/2/2 CP, C-HA, freestanding fireplace, nice workshop. Must see! 405 Mohawk.

LOVELY BRICK! 3/2 UNDER CONTRACT | H/AC, storage bldg., hot tub included. 811 West 13th.

FRAME! 2 BR, 1B, 1CP, appliances included. Recent interior paint and carpeting. 406 W. 10th.

REASONABLE PRICE Jareas, central heat, SOLD! fenced yard. 916 West

REDUCED! Stucco, 3 H UNDER CONTRACT lgs, efficiency apartment in rear. Take a look! Extras Included! 302 W. 10th St.

COMMERCIAL BLDG! C-H/A, 2 restrooms, kitchen and storage area. Recently completed exterior & interior paint and carpeting. Large parking space. 1210 US Hwy 380 East.

FRAME! 3BR, 2B, garage, storage, cellar, fenced, 114 W. 13th. ACREAGE AVAILABLE 44.5A \$67,000 fronts U.S. Hwy 84.

Anne Sims Real Estate (806) 495-3171

TWIN MATTRESS set, \$99. New, in plastic, warrnty.

KING PILLOWTOP mattress set \$239. Full orthopedic mattress set \$135. Brand new, warranty. 806-549-3310.

Trade finished at six-week highs on

Thursday as speculative and fund

buying was spurred by technicals.

Earlier in the week, seasonally slow

activity and a lack of news kept

some market participants on the

sidelines as many still are waiting

for the next supply/demand report

from USDA to provide a clearer

According to traders, at least

some of the indication of the crop

decline in the United States will be

included in the next supply/demand

The August 11 report will

include data from out-in-the-field

market direction.

report from USDA.

to order your personal subscrition to The Post Dispatch or on-line @ thepostdispatch.com

Cotton hits six week high

Contrary to weakness seen in key assessments for the first time this outside commodity markets, cotton season. futures on the New York Board of

In the meantime, some analysts have been wondering when the market might start considering the wilting U.S. crop as a friendly fundamental pricing factor.

"One look at USDA's most recent crop condition report shows that if the Cotton Belt were to somehow receive hurricane-type precipitation, given the current drought conditions in most areas, the rain would be a welcomed and yield-improving event," a trader said.

USDA's crop report showed an average of 34 percent of the crop in very poor to poor condition versus last week's 32 percent and last year's average of 11 percent. An average of 39 percent of the crop is in good to excellent condition compared to last week's 38 percent and last year's 61 percent.

Meanwhile, USDA reported net export sales of U.S. cotton totaled 50,800 bales of old crop in the week ended July 27, an 18 percent increase from the previous week but 51 percent less than the fourweek average.

Major purchases by Mexico, China, Japan, and Guatemala were partially offset by cancellations from other countries.

Net sales of 63,000 bale of new crop for delivery in 2006-07 were mainly for Mexico and Indonesia.

Export shipments during the week reached a marketing year high at 598,800 bales, up 29 percent from the previous week and 44 percent from the four-week average.

Primary destinations included China, Mexico, Turkey, and Spot cotton sales Indonesia. increased this week as online



Stevens Transport offers the best comprehensive training program for new drivers! Get your career rolling and enjoy exceptional earnings and great benefits from the #1 premier transportation carrier!



A Gold Mine in Bedroom Drawers

Newswire: People are selling their old scrap gold that is gathering dust for its cash value because gold prices are so high. With the price of gold at a 25 year high (over \$650.00 per ounce), it makes sense. ScrapGold.com, a gold recycler, offers free insured recycle kits so people may cash in their scrap with 24 hour service and guarantee satisfaction. They accept

broken and outdated items like

chains, charms, rings and more. "Everyone has bits of gold just lying around which can be turned into cash" says Richard Zakroff, VP of marketing. "Even old dental gold has value." ScrapGold.com processes over 10,000 recycle Kits per month. People can get a free GoldKit at 1-800-283-4700 or ScrapGold.com.

Urgent news for people who took Seroquel, an antipsychotic drug also known as Quetiapine, has

been linked to diabetes, pancreatitis, diabetic ketoacidosis (DKA) and even death. If you or a loved one have experienced any o these health problems, call us now toll free at 1-800-THE-EAGLE for a free consultation. We practice law only in Arizona, but associate with lawyers throughout the U.S.

GOLDBERG & OSBORNE 1-800-THE-EAGLE (1-800-843-3245) www.1800theragte.co Offices in Phoenix and Tucson NO CREDIT CARD REQUIRED! - BEST DEAL EVER -Get ALL 250+ Channels FREE for



TexSCAN Week of August 6, 2006

expenses in Texas adoption.

PREGNANT? CONSIDERING Central Refrigerated. Drive (Not affiliated with the USPS.) deer, 130.44 acres at \$295/acre, Ter-ADOPTION? Talk with caring for Central and earn up to people specializing in match- \$40k plus first year! 1-800ing birthmothers with families 727-5865, Ext.4314, www. WOLFF TANNING BEDS, Buy Owner financed. 1-830-885-4578. nationwide. Expenses paid. Toll centraldrivingjobs.net.

Adoptions, 1-866-413-6292.

AUCTIONS 1969 CAMERO RS SS 396 to our four different divisions, HEALTH & BEAUTY Cox Collector Car Auction, ing for. Now hiring Class-A VOUNGER LOOKING SKIN models. Example: 40'x100'x16' information: 1-800-335-3063, chase and O/Os. Call today. system rejuvenates skin in \$3,990 (Limited Quantity). bransonauction.com 1-866-684-2519. EOE.

COMPANY TANK TRUCK Drivers! Regional/OTR. Great "POSTAL EXAMS". The hunting retreat. Big buck area, Class-A-CDL-X required. average postal employee earns plus turkey, dove, quail and more.

anything beyond medical and legal **DRIVER CDL TRAINING** paid training and vacations. No Ranches, 1-866-899-5263. expenses in Texas adoption. with \$0 down, financing by 1775, Ref#P4701. Fee required.

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respect you deserve at catalog. Call today! 1-800-842-Covenant Transport! With 1305, www.np.etstan.com

EXAM PREP

Branson, Missouri, October drivers, Graduate Students, with Laser Light Technol- = \$3.48/ sq. ft. Ends optional. 20-21. Consignment or bidding Solos, Teams, Lease Pur-informations a process of the second drivers. 25'x40'x12'

ADOPTION Call 1-888-484-4786 or apply Note: It is illegal to be paid for online: www.Groendyke.com anything beyond medical and legal WEST TEXAS, WHITETAIL rell County. Mule deer, 381.27 acres

RANCH LIQUIDATION 100

Acres. Reduced price. Perfect for

at \$245/acre, Brewster County, direct and save! Full body units www.ranchenterprisesltd.com

STEEL BUILDINGS **BUILDING SALE! "MANU-**FACTURER Direct since 1980." Extensive range of sizes/

Yesteryears **Compiled by Donna Jones**

From The Post Dispatch archives

10 Years Ago August 8, 1996 Post resident Lori Hudman, daughter of Curtis and Julie Hudman, placed in the top third of the field of 170 in the National High School Rodeo Finals held in Pueblo, Colorado.

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Rodney and Marcie Oden announced the birth of their daughter, Kelbie Lynn, born July 20, 1996. Proud grandparents are Alfred and Linda Oden and Debbie Sneed of Post.

Alissa Mitchell was awarded a \$1,500 journalism scholarship. She is the daughter of Jimmy and Cindy Mitchell and a 1994 honor student from Post High School.

Post was the place to be for jazz and Dixieland lovers ... as Tommie Anderson brought big band sound to the Tower Theater.

Rebecca Grant, bride-elect of Clint Miller, was honored with a bridal shower in the First United Methodist Church fellowship hall.

20 Years Ago August 6, 1986 June 18

Zillah Huddleston, Travis Thomas, Zora Thomas, Jean Tipton, Geneva Foster and Alice Woodrow won first place at the Senior Citizen's Day held at the Civic Center in Lubbock competing in the Balloon Relay Race.

Brad Sharp, a 1986 graduate of Post High School, won a \$10,000 scholarship from Abilene Christian University for his ACT test score. He scored a 32 out of a possible 35 on the test.

Dan Rankin, principal of Post Elementary School, received his

at 109 N. Ave. I. **30 Years Ago** August 12, 1976

Post's new Allsup Convenience store at 13th and Broadway held its three-day Grand Opening. Free bags of groceries were given away every 30 minutes and a 23-channel CB radio was the grand opening door prize.

Kurt Chapman along with his dad, Earl, went on what some would call "the vacation of the year." The pair left Post to hunt arctic shark at Hadley Bay, about 160 miles south of the north pole.

Three new assistant coaches were hired to work with the Lopes for the fall season. They were Bill Unberhagen, Jerry Reynolds and Mickey Long.

The Post High School cheerleaders, Karen Williams, Christi Conner, Cindy Kirkpatrick, Kelly Mitchell and Debbie Wyatt, accompanied by their sponsor, Miss Christy Morris recently attended summer camp at Cisco Junior College. The group walked off with a fist-full of awards, including the much sought after "spirit stick."

40 Years Ago August 11, 1966

It will be a race to the wire for four Rodeo Queen candidates with the one selling the most tickets the winner. Competing for the title are Karen Pruitt, Joan Minor, Judy Huff, and Judy York.

Post's "best rodeo dressed" employes in Saturday's Rodeo Sale were Shirley Mason and Jimmy Wells, both of the Post Pharmacy. The were presented \$10 gift certificates by Bryce Martin of the

All the fanfare of the big Stampede was displayed last night when the grand entry, which opened the show, was staged. The above isto, taken at Post's last pre-war rodeo, resembled last night's open ing performance , . . plus the lighting effect that adds to the color of night performances. One hundred and fifty-four contestants, in addit on to the merchant's sponsore, promoters and Garza ranchers rode in

Post Stampede Rodeo in 1946 at the PHS football field. Exclusively from the archives of The Post Dispatch, Thursday, June 6, 1946

crowd of approximately 50 young people. During the evening they danced to records such as Elvis Presley's newest hits, "Hound Dog" and "Don't Be Cruel"; Jimmy Redman has been buzzing around town in a new black '56 Chevrolet; Larry Waldrip, Linda Moreland, Don Beard and Marca Dean Holland attended the drag races and a picnic in Lubbock.

Norman Cash, with a .346 batting average, was leading all hitters on the Waterloo Hawks baseball team at the end of July. Cash is the son of Mr. and Mrs. Bandy Cash of Justiceburg.

60 Years Ago

August 8, 1946 Residents of Post and Garza County were happy to read the an-



The Post Dispatch Thursday, August 10, 2006 Page 9

Academy for Educational Leadership Award from Chancellor William E. Tucker of Texas Christian University.

Children of the late Jim and Mattie Hays family met the weekend of July 12-13 for a reunion. Eleven of the twelve members were present except for James Hays of California.

Members of the Post Chamber of Commerce and friends were present for the ribbon cutting of a new business in town, Chateau Beauty Salon, owned by Tina Booth. Booth, Celia Mason, Adriana Barrentez worked at Chateau and offered a full service of hair care. The business was located

Menus

Post ISD

August 14 - Breakfast - Donut, Sausage, fruit, milk.

Lunch - Corn dog, french fries, mixed vegetables, cobbler, milk. August 15-Breakfast-Oatmeal, toast, bacon, fruit, milk.

Lunch - Pizza, salad, corn, peaches, milk

August 16-Breakfast-Breakfast pizza, fruit, milk.

Lunch - Chicken fried steak, whipped potatoes, green beans, hot rolls, gravy, jello, milk.

August 17 - Breakfast - Cowboy bread, sausage link, fruit, milk Lunch - Burrito, salad, pears, snicker bar, milk.

August-18-Breakfast-Cereal, toast, fruit, juice, milk

Lunch - Manwich, onion rings, salad, fruit cocktail, milk. Southland ISD

August 14 - Breakfast - Cereal, graham crackers, juice, milk. Lunch-Pizza, salad, green beans, chocolate pudding, fruit, milk. August 15 - Breakfast - Sausage link, fruit chrurros, juice, milk.

Lunch - Spaghetti w/meat sauce, garlic bread, corn, tossed salad, fruit, milk.

August 16-Breakfast-Cinnamon toast, sausage, juice, milk. Lunch - Meat & bean chalupas,

grated cheese, lettuce & tomato, spanish rice, lemon pudding, milk. August 17 - Breakfast - Biscuits w/gravy, fresh fruit, juice, milk. Lunch-Chilidogs, carrot & celery sticks, chips, fruit salad, milk ... August 18 - Breakfast - Breakfast pizza, juice, milk. Lunch-Chicken pattie sandwich, beans, fries, spice cake, fruit, milk ... TRAILBLAZERS August 14 - Fried chicken, scalloped potatoes, spinach, biscuits, chocolate cake

Post Chamber of Commerce.

Leo Acker, office manager for Brown Brothers, Et Al, here for the last 16 years, was promoted and transferred to Houston. Acker currently serves on the city council.

Elmo Bush and Bill Gary, accompanied by Elmo's son, Ricky and Bill's nephew, Kelly Joe Duren, left on a 900-mile motorcycle trip to Sturgis, S.D.

B. A. & Billy Mitchell leased the Wylie's Shamrock Station at 612 N. Broadway. They announced that they offer friendly and efficient service, plus give S&H Green Stamps.

50 Years Ago

August 9, 1956

Minnie Lee Mathis was selected as queen for the 1956 Southwestern Championship Junior Rodeo. Runners-up were Marca Dean Holland and Sherry Custer.

A majority of the voters in the Grassland Independent School District apparently did not believe that consolidation with Tahoka was the answer to their school problem. The proposal was defeated 53 to 41.

Fads and Facts: The local Youth Center opened its doors with a nice

10 a.m.

5 p.m.

nouncement from Mrs. W. R. Graeber and Mr. and Mrs. L. A. Presson, that the Corner Grocery, formerly owned and operated by the late W. R. Graeber would continue to operate under the same policy. The store had been in operation for the past thirty years.

Mrs. Ida Stewart, who had many years experience in the cafe business took over management of Whites Cafe. Mrs. Stewart emphazied the fact that the cafe is air conditioned.

Purchase of the Farmers' Co-op Society No. 1 grain elevator was purchased by W. F. (Boots) Pierce. The large elevator was erected in 1944 by the Farmers' Co-op.

Increase in room-and-board costs will make the average University student pay approximately 25 per cent more to attend school. The low estimate is \$397 for the year; the high, \$724.

The United States Department of Agriculture urged farmers to turn in all old machinery as fast as it was replaced in order to replinish dangerously low supplies of iron and steel scrap.

Post City Television

Daily Program Guide August 11 thru August 17

Friday, August 11

Post City Idol Finals 7 a.m. This Week In Post City **Family Harvest Church** 3 p.m. **Post City Idol Finals** This Week In Post City

7 p.m. Saturday, August 12 **Post City Idol Finals** 7 a.m. 9 a.m. This Week In Post City **Family Harvest Church** 3 p.m. 5 p.m. This Week In Post City **Post City Idol Finals** 7 p.m.

Sunday, August 13 This Week In Post City 1 p.m. 3 p.m. **Family Harvest Church** This Week In Post City 5 p.m. **Post City Idol Finals** 8 p.m. This Week In Post City 10 p.m.

Monday, August 14 Post City Idol Finals / a.m. 9 a.m. This Week In Post City Stars of Gospel 7 p.m. 1. 5 & 10 p.m. Post Church of Christ Sunday Services Tuesday, Wednesday & Thursday, August 15, 16 & 17 **Post City Idol Finals** 7 a.m. Garza County Commissioners' Court 9 a.m. **Post ISD Board of Trustees** 11 a.m. 1 p.m. **Garza County Hospital District** 3 p.m. **Post City Council** Garza County Commissioners' Court 6 p.m. 8 p.m. **Garza County Budget Review Garza County Hospital District** 11 p.m. **Post ISD Board of Trustees** 1 a.m. **Post City Council** 3 a.m. **Post City Television Cebridge Connections Channel 12** Call 495-2816 for Affordable Advertising on this popular local television channel

August 15 - Chicken strips, mashed potatoes, broccoli, tossed salad, hot rolls, brownies

August 16 - Meat loaf, corn, greens, combread, dry jello salad August 17-Roast w/gravy, baked potatoes, carrots, biscuits, pudding August 18-Enchiladas, red beans, salad, chips and salsa, fruit

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2004 Ford F150 Crew 4x4 SUPER CLEAN	
	\$8,250
2003 Duramax Diesel 4x4 2500 ExCab LOADED	
1997 Pontiac Sunfire UNBELIEVEABLY PRICED	only \$5,150
2001 Chevy Blazer, AM/FM/CD, 2 door SPORTY	
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2000 Mercury Mountaineer LEATHER, LOADED, SUV	
2001 Mercury Grand Marquis power seats both sides, luxury LOADED	
	1004 Cause 04
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and	573-5456 or
GET YOURS WHILE	1-800-573-5459
THE DEALS ARE BIGCOUNTRY	

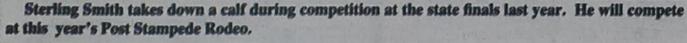
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Page 10 The Post Dispatch Thursday, August 10, 2006







Garza County Extension Agent-Family & Consumer Sciences **Keeping Summer's Bounty Safe to Eat**

Fresh melons and berries fill at least 20 seconds before and after the aisles of grocery stores and handling fresh produce. Make markets. Roadside produce stands sure cutting boards, counter tops, full of home grown fruits and peelers and knives are also clean

food preparation.

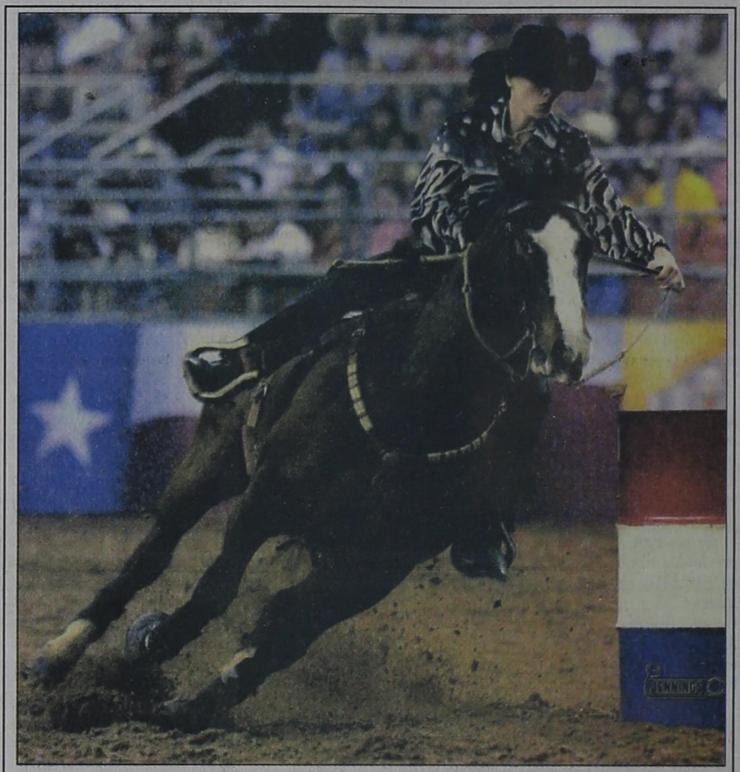
*Cook: If fresh produce has been in contact with raw meat, poultry, fish, or their juices, throw it away or cook it thoroughly.

*Chill: To prevent bacterial growth, store all cut, peeled, or cooked produce in the refrigerator within two hours.

*Throw away: Fresh fruits and vegetables that have not been



Trent McDonald shows his stuff in a recent calf roping event. Trent will be one of the local cowboys competing in this year's Post Stampede Rodeo.



vegetables are seen along the before using them. highway. All of these are signs bounty of fresh produce.

prevent foodborne illness.

and vegetables safe to eat, the into the fruit. Partnership for Food Safety Education (www.fightbac.org) keep fresh fruits and vegetables gives six recommendations for away from such items as cleaners, safe handling of fresh produce:

make sure the produce is not also holds true during storage bruised, cut, or damaged. If in the refrigerator and during purchasing items that are pre-cut, preparation: Keep fresh produce such as melons, or packaged, such away from raw meat, poultry as salads, buy only the items that and fish. Do not use the same have been kept refrigerated.

Fresh produce should be rinsed that summer is here and so is a under running tap water before you eat it. That's also true for fruits Summer's harvest of fresh fruits and vegetables that have rinds or and vegetables is an important part skins that will not be eaten. If of a healthy diet. Just remember bacteria contaminate the outside to handle fresh produce safely to of a melon for example, when you slice into it you have the potential To help consumers keep fruits of bringing that contamination

*Separate: In the grocery cart, detergents, and raw meat, poultry, *Check: Before purchasing, and fish. At home, that advice cutting board for produce and *Clean: Hands should be meats unless it is cleaned with

washed in warm, soapy water for hot, soapy water before and after

refrigerated within two hours of cutting, peeling, or cooking should be thrown away. Remove and throw away bruised or damaged portions of fresh produce before cooking or eating it raw. Any fruit or vegetable that will not be cooked and that has been contaminated by raw meat, poultry, fish, or their juices should also be thrown away. If in doubt about the safety of a fruit or vegetable, throw it out! For more information on safe handling of fresh produce, contact me at (806) 495-4400 or you may come by the Texas Cooperative Extension office 215 West Main Street in Post.

Source: Amanda Scott, Program Specialist, Expanded Nutrition Program

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

Talina Bird earned a berth in last year's National Rodeo Finals. Her barrel racing skills will be featured at this year's Post Stampede Rodeo.

Welcome New Post ISD Staff



Post ISD staff members for the 200

teacher/coach: MaDawn Sherrin, PMS Berry, PES office aide; (front row) Tammie Quisenberry, PMS teacher; Ginny LaDue, PMS teacher; Amy Reece, PMS teacher; Ginny Labue, PMS teacher; Amy Reece, PMS teacher; Nonnie Peters, PMS teacher; Sandra Harper, PES teacher; Stephanie Smith, PES teacher; Kimberly Reiter, PES teacher Candus Dawson, PES teacher and Brandie Gee, PHS teacher. Welcome also those not available for the photo: Nora Bryan, PES counselor; Tina Branson, PES aide and Leroy Deanda, Parent Involvement Coordinator Parent Involvement Coordinator. (Photo courtesy Post ISD)

Extension Extras

4-H Rodeo Concession Stand

The major annual fundraiser for Garza 4-H will be the concession stand at the Post Stampede Rodeo August 10-12. Please call 495-4400 to sign up to help.

4-H Trap Shoot

Garza County 4-H is sponsoring a Trap Shoot Saturday, August 12, beginning with registration at 8:00 a.m. For more information on the annual fundraiser contact Ray Mason at 495-2776, or Mark Kirkpatrick at 495-2235.

Home Horticulture Tour.....

......Tuesday, August 15, for those having a problem with their lawn, trees or garden, please call (806) 495-4400 to sign up for a time slot beginning at 9:00 A.M.

Lamb/Goat Validation

If you plan to exhibit sheep or goats at the 2007 county show or any major shows, you need to contact the Extension office to order tags by August 14.

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The Post Dispatch Sizzlin' Summer Special!

3) (Phot

New Post ISD staff members for the 2006-2207 school year are (back row, left to right) John Berry, PHS principal; Dianne Griffin, PHS teacher; Carlon Branson, PHS teacher/coach; David Quisenberry, PHS teacher/coach; Billy Kelso, PHS teacher/coach; Thomas Greenwood, PMS teacher; Luis Lopez, DC teacher; (middle row) Kathi White, PMS teacher; Jamie Dillingham, PHS secretary; Teresa Read, PHS counselor; Cathy Sawyer, PHS teacher; Mike Scott, PHS teacher/coach; Mitch Mason, PHS teacher/ coach; Betty Smith, PES teacher; Jarrod Gee, PMS



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