

# Post Antelope Baseball Team Advances to Regional Quarterfinal ... see details on Pages 6 & 7

# The Post Dispatch

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Thursday, May 19, 2005

## Post ISD trustees wrestle with budget

The development of the budget for the 2005-2006 school year was one of the primary topics before Post Independent School District trustees at their May 10 meeting.

Although tax base figures won't be known until mid-summer and state revenues remain unknown, Superintendent Marlin Marcum said district officials continued working on the budget, proceeding as though current funding levels were in place.

In order to accommodate state-required payroll increases, which with the current staff would carry a price tag of about \$156,000, district officials are looking at eliminating five staff positions through attrition, a move made possible because of the district's declining student enrollment.

The district also faces an estimated \$30,000 in increases in cafeteria costs relevant to state-mandated menu changes, as well as a hike in travel costs fueled by rising gas prices. Marcum said that based on gas costs of \$2.05 per gallon, the district could spend an additional \$25,000 next year to finance the same amount of travel.

Maintenance and construction costs should be cut significantly next year thanks to this year's completion of the baseball park project, the superintendent said.

Overall, Marcum said he has recommended "modest" cuts in campus operation budgets to save the equivalent of 3 cents to 4 cents on the tax rate; however, the district will not be trimming any needed academic programs.

In other business, trustees:

- Approved fund balance issues for construction of the new cafeteria and completion of the new pick-up and drop-off lane at the elementary school. Marcum said the changes at the elementary school, which will primarily include re-striping, fencing and covered walkways, are designed strictly for the enhanced safety of students. The \$50,000 project should be completed this summer in time for the 2005-2006 school year.

- Received various reports, including an overview of events and activities sidelining the academic year. Marcum described the year as "terrific," with the Pride of Post Band taking a Sweepstakes award; 15 UIL competitors qualifying for regional competitions; one UIL qualifier competing at state; 31 letter jackets awarded; and 18 Academic All-District honors awarded to spring athletes.

- Hired a new middle school principal (see related story) and two new teachers - Katy Mock for middle school English and Pamela Mitchell, elementary.

## Investigators await autopsy results on Lowery

No autopsy results have been received by local authorities following the May 7 recovery of a Littlefield woman's body at Lake Alan Henry.

Constable Daniel Yarbro said Tuesday he had received no information from officials assigned to conduct the autopsy on the body of 48-year-old Sharla Lowery.

Lowery's body was pulled from the lake about a mile from the public boat ramp, according to reports. The discovery was made in an area of the lake approximately 15 feet deep.

The search for Lowery, who was reported to Littlefield Police as missing on May 2, shifted to the lake area after a Garza County deputy constable discovered the woman's locked vehicle. The vehicle exhibited an expired permit, which prompted the lawman to run the vehicle's license plates.

Early in their investigation, authorities stated they did not believe foul play was a factor in Lowery's disappearance.

Lowery was last seen the evening of April 30 when she and her family met for a meal at a Lubbock restaurant, according to reports from the Littlefield

Police Department. When no one from her family had heard from her and she failed to show up for work, Lowery's father went to authorities Monday to report his daughter's disappearance.

No one in Lowery's family knew of any plans she might have had about visiting the lake, according to reports.

## Judy Miers chosen as Middle School principal

An educator from the Sabinal Independent School District was tapped to take over the position of middle school principal at last week's meeting of the Post ISD board of

trustees.

School board members voted to hire Judy Miers of Sabinal for the position being vacated by Brian Brownlow, who announced earlier this year he would step down from his post to pursue a career in the ministry.

Miers brings nine years of experience as a principal to Post. She has worked as an assistant principal, coordinator of pupil services and curriculum director, Post Superintendent Marlin Marcum said.

Marcum worked with Miers in the Comfort Independent School District.

## Search continues for Brownfield man

The search for a Brownfield man who disappeared April 23 following a two-boat collision at Lake Alan Henry continued this week, according to Constable Daniel Yarbro.

Several agencies remain active in the 3 1/2-week-old search for Aaron Smith, 45.

"We'll stay with it as long as we possibly can," Yarbro said. "We'll search until someone tells us not to."

Smith and a friend were boating when their craft and another collided, according to reports. Smith's friend, Tommy Hines of Brownfield, and a passenger in the other boat, James Bradley Snyder of Dumas, were injured in the accident, but Smith could not be accounted for.

The investigation into the cause of the accident remains ongoing, according to reports.

## Dramatic increase in rabies reported

A dramatic increase in rabies cases locally has generated an alarm for Garza County citizens.

"A vast increase in the number of rabies cases reported in our region," Dr Larry Mills (DVM) told The Post Dispatch Tuesday, "which includes the Panhandle and South Plains areas of Texas."

"As of May 16, 51 cases have been confirmed in our region," Dr Mills added, "compared to six for the same date of last year, which is a 750 percent increase."

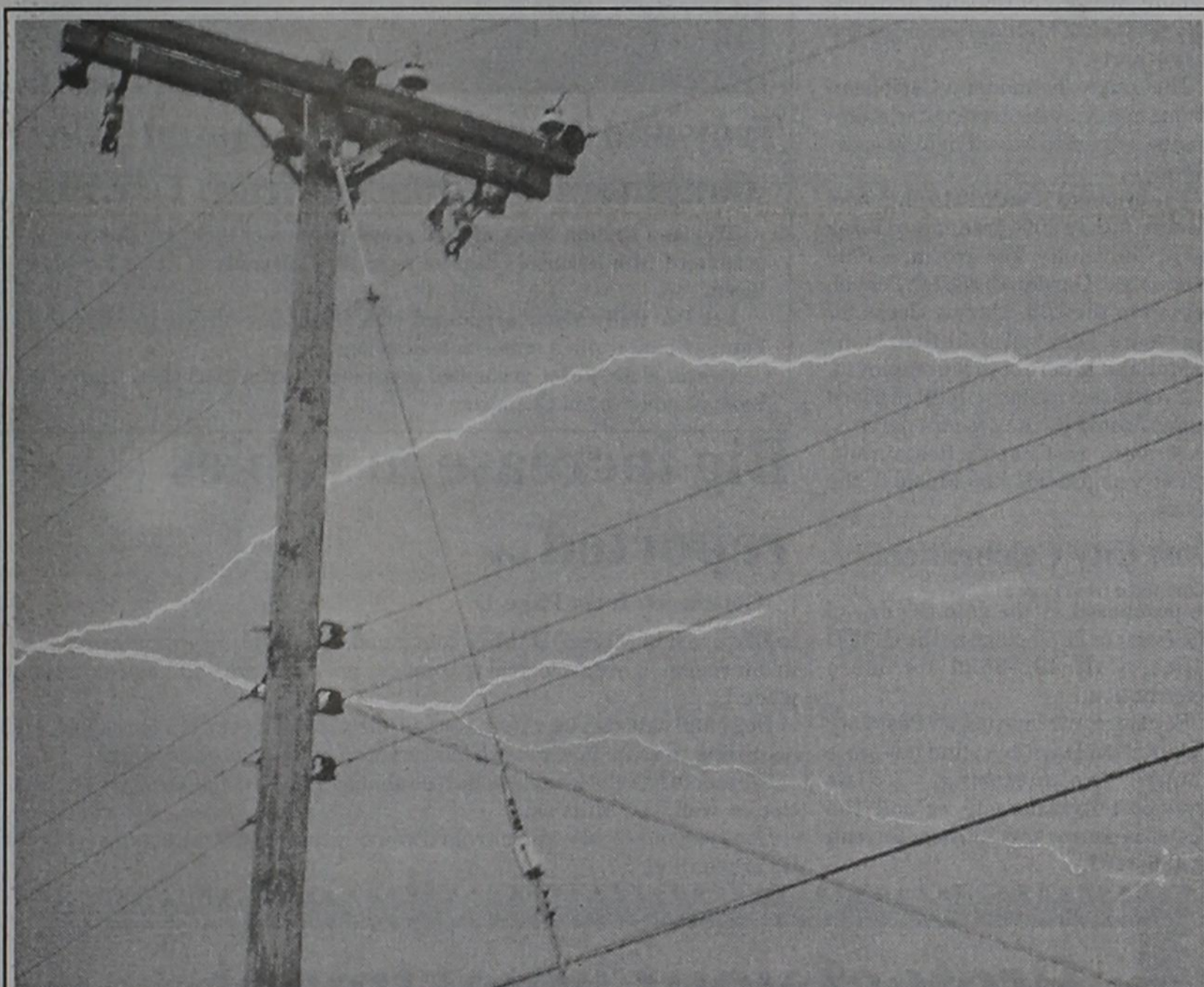
The majority of cases have been confirmed in skunks, but bats, foxes and raccoons, are important carriers of this virus. Stray or unvaccinated dogs and cats help bridge the gap between the virus in the wild and human population, Dr Mills explained.

Dr Mills urges caution when noticing any unusual behavior among any animals. "Never handle a sick or dying bat, especially with ungloved hands," he emphasized.

Not every unusual acting animal is rabid, but citizens should beware anyway.

"Although we have not recorded a

(Continued on Page 2)



Recent storms brought rain, thunder and lots of lightning to the Post area during the early morning hours last Sunday through Monday morning, May 16. Garza County reports that the Post area received 1.10 inches of rain. (Staff photo by Tim Burnett)



Garza County and Post emergency personnel handle a one car roll over on Highway 84 about five miles north of Post last Wednesday afternoon. To date, Garza County and the Texas Department of Public Safety are unable to provide information about the accident. Sheriff Deputy stated that there were no reported deaths on the scene. A woman received medical assistance and transported to a medical facility. (Staff photo by Tim Burnett)

## Post Notes

### High school awards assembly

Post High School Annual Awards Assembly has been scheduled for Monday, May 23 at 7:30 p.m. in the Elementary Auditorium. Students that have excelled in the classroom, UIL academics will be honored, along with special awards, senior honors, and scholarship presentations. The community is invited.

### Public urged to attend hearing

The Commissioners Court of Garza County invites the public to attend a hearing on the topic of possible relocation and consolidation of polling place locations. The hearing will be Monday, May 23 at 10 a.m. in the Commissioners Courtroom, 3rd floor Garza County Courthouse.

### Middle school athletic banquet

The 7th and 8th grade boys and girls Athletic Banquet will be held on May 23, at 5:30 p.m. at the Post Community Center. All 7th grade parents, who are able, please help decorate at 3 p.m. on Sunday, May 22. Men are also needed to set up tables and chairs. Call 629-4458 if you have any questions.

### Post ISD ends school year

The final day of classes for the Post Independent School District is May 26, when classes will be dismissed at the regular time. Graduation for Post High School seniors will take place May 27 in ceremonies set for 8 p.m. in Antelope Stadium. In the event of inclement weather, the commencement exercises will be moved indoors.

### Financial seminar set for seniors

Garza County Trailblazers will have a seminar at the center given by Al Gofort with Alliance Financial Services in Lubbock. The seminar begins at 12 noon and will be concerning financial issues for senior citizens.

### Memorial Day breakfast

The VFW Post 6797 will host a Veterans' Breakfast on Monday, May 30 from 7-9 a.m., followed by memorial services at the Terrace Cemetery at 10 a.m.

### Poppy drive set

The Ladies Auxiliary will be holding their annual Buddy Poppy Drive on Friday, May 27 from 9 a.m. until noon at Citizens Bank and Wells Fargo Bank, and on Saturday, May 28 from 9 a.m. until noon at United Supermarket, all donations will be accepted.

### Rodeo Revival

Cowboys for Christ will host a Rodeo Revival the first weekend in June at the Post Stampede Rodeo Grounds. Services will begin on Friday, June 3, at 7 p.m. Saturday, June 4 the event will start at 10 a.m. until 9 p.m., with the revival ending Sunday, June 5 with a sunrise service. Everyone is invited.

### Volunteers needed for celebration days

Volunteers are needed for the Post City Celebration Days, June 3-4. There are different positions and duties you may choose from. You will receive a free t-shirt. For more information call 495-2467.

### Antique tractor and classic car show

Do you have an antique tractor or classic car? You're invited to show it off at the Antique Tractor and Classic Car Show at Post Celebration Days, June 4. The show will be held at the Wells Fargo parking lot from 10 a.m. - 4 p.m. Call Paul Beach at 629-4032 or Butch Medlock at 629-4116 for more information or to register.

### Beans & cornbread fundraiser

Garza County Trailblazers will be having a beans and cornbread fundraiser at the center until June 4. Plates will be served from 12 noon until 2 p.m.

### Basketball camp in Southland

Southland Basketball Camp 2005, open to boys and girls in kindergarten through ninth grade (incoming), will be June 20-23, from 9 a.m. to noon. The camp will be conducted by Coach Heinrich and Southland players and is designed to help young players develop and improve their basketball skills. Each participant will receive a camp T-shirt. Cost will be \$30 with registration prior to June 20; after that date, the fee will be \$35. For more information contact the coach at the school.

## Plans for Post City Celebration Day set

A celebration of Post's past, present and future - Post City Celebration Days - is set for June 3, 4 and 5.

The three-day event will feature numerous activities, including a rodeo revival, a juried art show, an antique tractor show, street musicians and artisans, a fiesta complete with food, games and music, children's games and live country music, sidelined by Old Mill Trade Days, a production at the Garza Theatre and exhibits at the Garza County Historical Museum and the OS Ranch Museum. Shuttle buses will provide free transportation between all events.

"We're excited about this celebration and our community organizations, churches and businesses are planning lots of fun activities," said Thressa Harp, president of the Post Commerce & Tourism Bureau. "Of course, we invite visitors to join the fun."

"We've got so much to celebrate in Post - our rich heritage, our diverse culture and the good life we enjoy here. When cereal magnate C.W. Post planned and built our town, it was originally named Post City. Eventually 'city' was dropped; however, we decided to use the original town name for this event in honor of Mr. Post and his vision."

Funding for the celebration is being provided through a grant from the Texas Department of Agriculture's Texas Yes! program, along with matching funds from the City of Post and Old Mill Trade Days. Private donations from local residents also are boosting the effort.

What the program needs now, Harp said, is volunteers - that is, individuals willing to assist with parking, provide directions and carry out tasks as simple as blowing up balloons.

"We will be buying T-shirts for them to be recognized as Post City Celebration Days staff," she said.

An overview of the celebration is as follows:

- Old Mill Trade Days, 9 a.m. to 5 p.m., Friday, Saturday and Sunday
  - Garza Theatre production of "The Somewhat True Tales of Robin Hood," 8 p.m. Friday and Saturday, 2:30 p.m. Sunday
  - Rodeo Revival, Friday and Saturday, 7:30 p.m., and Sunday, 2 p.m.
  - Garza County Historical Museum, 9 a.m. to 5 p.m., Friday and Saturday
  - OS Ranch Museum, 10 a.m. to 5 p.m., Friday and Saturday
  - Juried art show sponsored by The Art Guild
- Events slated for Saturday, June 4, include:
- Antique tractor show
  - Street musicians and artisans on historic Main Street
  - Fiesta - food, games, music
  - Photo opportunity (with vintage costumes)
  - Face painting, balloons and a stick horse rodeo for children
  - Wine tasting, Old Mill Trade Days, 1-4 p.m.
  - Country music at the Post Community Center, 7 p.m.
  - Great shopping on Main Street until 8 p.m.

"Food galore," including homemade ice cream, beans and cornbread and home-baked desserts, will be offered on Main Street, and more than a dozen food vendors will be on hand at Old Mill Trade Days.

The wine tasting at Old Mill Trade Days will run from 1-4 p.m. The event will focus on Texas wines from eight wineries, and attendees also may choose to participate in wine seminars presented by Tim Dodd, director of the Texas Wine Marketing Institute at Texas Tech University. Tickets for the tasting (includes entrance to Trade Days and seminars) are \$10 and may

(Continued on Page 2)

## Rebecca Stelzer, Clayton Schmitz exchange wedding vows

Rebecca Ann Stelzer and Clayton Curtis Schmitz were united in marriage in a 7 p.m. double-ring ceremony May 7, 2005, in the First United Methodist Church in Post with the Rev. Buddy Payne of Snyder officiating.

The bride is the daughter of Donny and Donna Stelzer and the granddaughter of James and Linda Dye and Julius and Isabelle Stelzer, all of Post. Her great-grandmother is Sarah Byrd of Jayton. The groom is the son of Randy

and Melissa Schmitz of Midkiff. Grandparents are William and Suzanne Edwards, Sandra Schmitz and the late Monroe Schmitz and Billy and Carolyn Eggleston, all of Odessa. Great-grandparents are Tom and Pauline Lewis of Odessa.

Candlelighters were Holly Kaluza of Dallas and Mariela Molina of Houston.

In keeping with tradition, the bride chose her dress as something new; something old was a handkerchief, which belonged to her great-grandmother, carried in the bride's bouquet. Something borrowed was a pair of diamond earrings from her Mimi, and for something blue she wore a garter made by Sue Maxey.

The altar was flanked with two columns, with a glass top of candles and greenery and two silver candelabras entwined with arrangements of fresh pastel-colored flowers. The altar rail was draped with smylex, yellow daisies and baby's breath. Pews were marked with blue delphinium, white spray roses and yellow organza ribbon with greenery.

The bride, given in marriage by her father, wore an elegant gown created using diamond white Italian satin. The halter-style fashion forward gown was designed with an asymmetrical A-line shape. Delicate embroidery with metallic threads formed a unique design on the gown's bodice, skirt and train. To enhance the pattern of embroidery, the gown featured delicate beading and encrusting.

For her hair, the bride chose a crystal tiara. The veil featured dual layers of crystal-edged illusion that cascaded softly from her hair. She carried a simple clutch bouquet of yellow and cream roses with yellow pearl insets and touches of greenery with sky blue wrapping, accented by an angel bride.

Jill Simpson of Lubbock served as her sister's matron of honor. Bridesmaids included Jennifer Peacher of Vernon, Sally Ellis of Denton and Katie Schmitz of Midkiff, the groom's sister. The junior bridesmaid was Emily Dye of Midland, cousin of the bride. They wore matching gowns in a rich shade of sky blue. The halter-styled gowns complimented the bride's gown. They carried bouquets featuring a mix of spring flowers.

Olivia and Claire Simpson of Lubbock, the bride's nieces, served as flower girls. The girls wore matching satin dresses of white. Each featured a white organza overlay on the skirt and was adorned with a tailored white sash and a bow accented with sky blue in the back.



Mrs. Curtis Schmitz



### Troy and Brenda Holly announce their daughters' graduation from U.T.PB.

Troy and Brenda Holly are the proud parents of their daughters who graduated with Bachelors degrees from the University of Texas Permian Basin.

Dee Dee Holly-Myers graduated with a Bachelors degree in Child and Family Studies with a minor in Kinesiology.

Keisha Holly-Eckel graduated with a Bachelors degree in Biology, minoring in Chemistry.

### Big increase in rabies reported...

(Continued from Page 1) positive case of rabies," Dr Mills continued, "with the large increase of cases in our region, it seems logical to consider not when we will have a case, but when."

Dogs and cats can be vaccinated as early as 12 weeks old for rabies, and according to state law, must be vaccinated by four months of age.

"Valuable livestock such as horses should also be considered for vaccination as well," Dr Mills said.

Contact your local veterinarian if you any questions concerning rabies or its prevention.

### Post City Celebration...

(Continued from Page 1) be purchased at the gate the day of the event or in advance at the OMTD office. Call 495-3529 for more information.

For more information on Post City Celebration Days or to find out more about volunteering, visit [www.postcitytexas.com](http://www.postcitytexas.com) or call the Post Commerce and Tourism Bureau at 495-3461.

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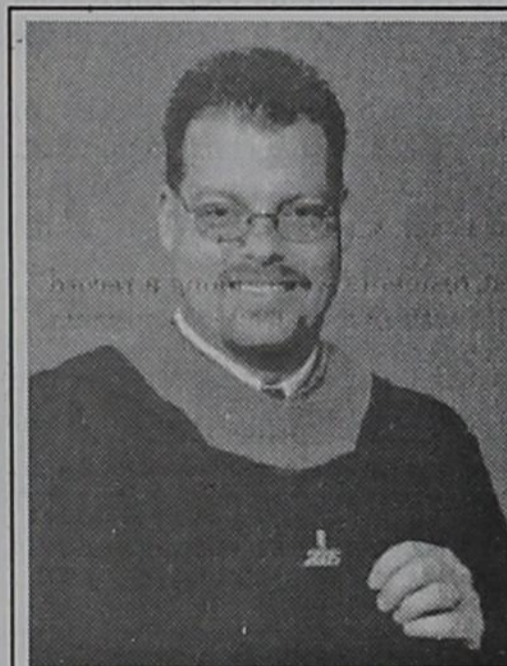
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### Brandt Taylor earns Masters Degree at Texas Tech University

Brandt Taylor earned a Master of Public Administration on May 14, 2005 at Texas Tech University. Taylor currently serves as Chief Juvenile Probation Officer for Garza County.

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# Escaped Garza County trusty returned from Mexico

A 22-year-old Post man who escaped April 22 from the Garza County Jail was returned to the facility Sunday after being picked up by authorities in Mexico.

Matthew Rynn Norman was apprehended May 11 in Reynosa, Mexico, by local authorities and representatives of the INS through the cooperation of the Texas Rangers and the Garza County Sheriff's Department, according to Deputy Tommy Binford.

"It was a joint operation," Binford said.

Authorities were acting on an anonymous tip when the escaped trusty was located.

Norman, who offered no resistance at the time of his apprehension, was charged with escape and transported from the Hidalgo Jail to the Garza County facility over the weekend.

His case was expected to go to the grand jury as early as this week.

Sideline Norman's arrest was that of an 18-year-old Lubbock woman whose name Binford declined to release. Although few details were made available, the deputy indicated the woman

has been charged with hindering apprehension. She remains in custody at the Garza County Jail.

Binford indicated that Norman received "outside assistance" in his escape.

Norman slipped out of the jail in the early morning hours while he was working in the building's office area.

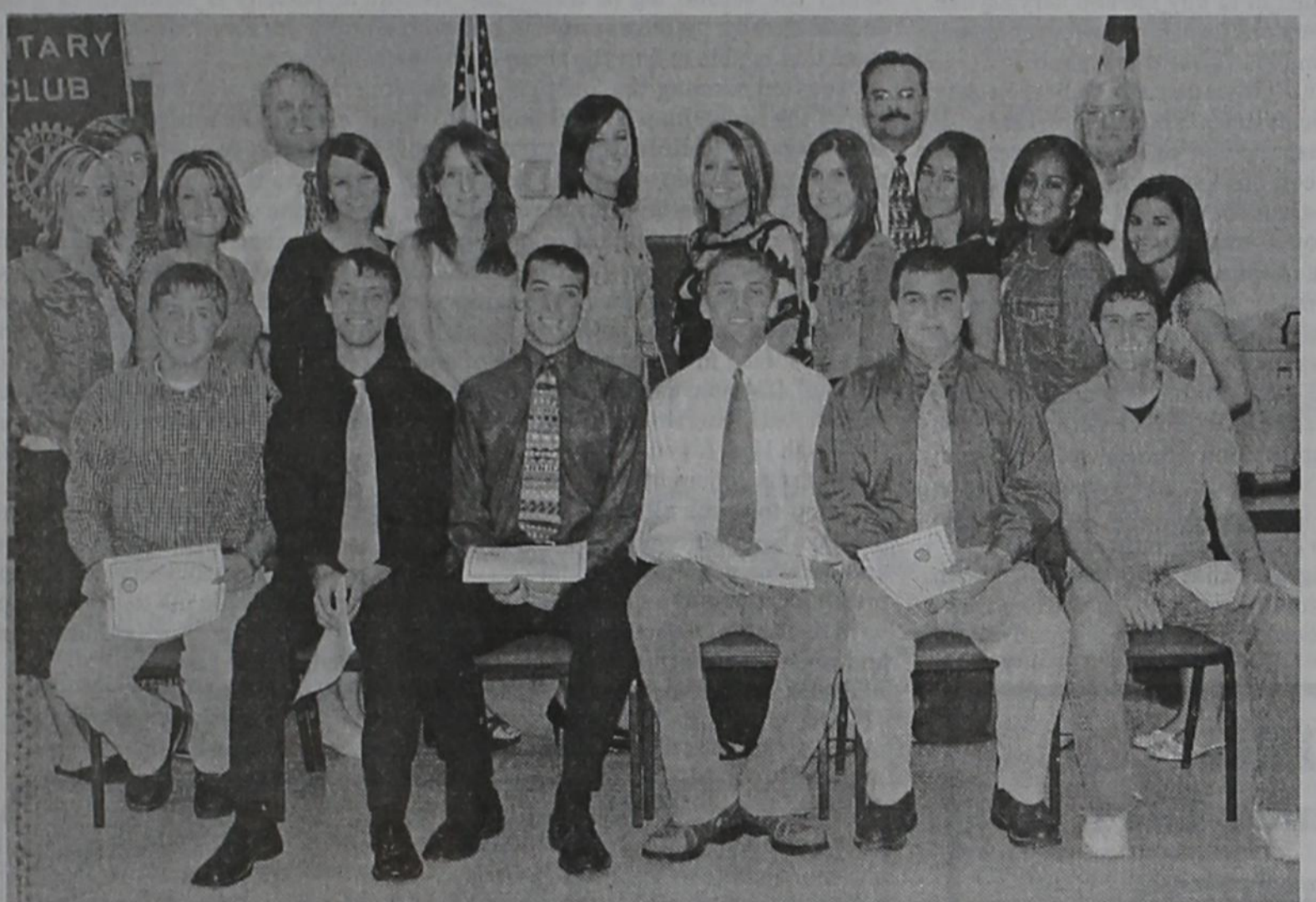
Reports indicate the trusty appeared to have escaped when the dispatcher, who also works as jailer during the overnight hours, was busy with a 9-1-1 emergency call.

At the time of his escape, Norman was in custody for revocation of probation in Garza, Nolan and Scurry counties.



Daisy Troop 864 attend last meeting of 2005

The Daisy Girl Scout Troop 864 enjoy their last scheduled meeting of the year on Friday, May 13, 2005. Attending the meeting are (back row left to right), Morgan Lynch, Aisa Walls, D'kota Walls, Lauren Lynch, Triana Curits, Janikah Collazo and Jena Soto (front row), Yvette Armendariz, Shandi Warren, Victoria Gutierrez, Alexis Antillon, Shailey Miller, Shantelle Norris, Laurkyn fruit and Lisette Gonzales. Daisy's unable to attend are Victoria Hernandez, Shanley Esparza, Shana Davis, Katie Quintana and Mykayla Ortiz. The girls enjoyed ice cream sundaes and played a water balloon game. (Photo by Bynny Lynch)



Post Rotary Club Recognizes PHS Seniors and Post ISD staff

Standing behind the seniors recognized recently by the Post Rotary Club are Post ISD staff members (back row left to right), Suzanne Hudman (High School Student Counselor), Johnny McGregor (Principal), Fred Postell (Assistant Principal) and Marlin Marcum (Superintendent of Schools), (middle row), Christin Collier, Kayla Dunn, Logan Gregory, Laura Ervin, Courtney Short, Donae Dalby, Shelly Gearhart, Meagan Hoover, Avnee Bhakta and Alex Chapa (front row), Austin Ham, Jordan Tatum, Cole Easterling, Jerrad Grisham, Brant Guthrie and CoCo Valdez. (Staff photo by Tim Burnett)

## Amity Study Club enjoys Flag Day and Fourth of July program

The Amity Study Club met April 12 in the home of Naomi Matsler.

The program was on Flag Day and the Fourth of July. Ruth Ann Young gave the program on the flag, with everyone dressing in red, white and blue. JoAnn Mock presented information on the Caprock Cultural Association.

Refreshments were served to the members present.

The club met in the home of Pat Bilbo on May 10.

Janie Davis provided a program on Memorial Day, and balloons were released in memory of deceased presidents' and members' when their names were called.

A Mexican food pile-on meal was served to members present by

hostesses Bilbo, Davis, Janie Middleton and Edna Owen.

Members present included Margaret Bull, Inez Seaborurn, Sandra Alexander, Joy Pool, Jane George,

Suzanne Hudman, Barbara Babb, Matsler, Marilyn Mason, Young and Anne Sims.

The club adjourned for the summer and will meet again in September.

## Christian Collier honored with graduation party

Christin Collier, a 2005 candidate for graduation from Post High School, was honored with an ice cream party Sunday in the home of Randy and Jana McCallister.

The honoree and her friends enjoyed ice cream sundaes, brownies and cookies.

Special guests included Alexa Collier, the honoree's mother. Christin was presented with a James Avery silver bracelet.

Hostesses for the event included Donna Stelzer, Jana McCallister, Voda Beth Gradine and Jane Odom.

## Still time to see "Father of the Bride"

Final performances of the Garza Theatre's "Father of the Bride" will be this weekend, May 20 and 21.

Based on the novel by the same name, the play is directed by Jay Young and produced through a special arrangement with Dramatist Play Service Inc.

Cast members include Rob Holton, Michael Blackburn, Virginia Solomon, Kristin Thomas, Todd Eldridge, Crystal Spencer, Tanner Britton, Lori Holt, Micah Robnett, Richard Whiting, Ashley Richardson, Roy Willis, Christina Burke and Zachery Kocurek.

Curtain times are 8 p.m.

Tickets cost \$9 for adults and \$6 for children ages 6-12.

For more information, contact the theatre box office at 495-4005.

## Post students earn degrees at South Plains College

Post residents were among a record 1,479 South Plains College students who received degrees and certificates during SPC's 47th commencement Friday (May 13) in Texan Dome.

"Commencement signifies the completion of one phase of our students' lives and the beginning of another," said Dr. Kelvin Sharp, SPC president.

"We are very proud of our 2005 graduates, and we wish them the best in the future." Post recipients of the Associate of Arts Degree are Leta Jan Bartlett, with honors; Cassandra Dawn Boren and Martha Vargas.

Post recipient of the Associate of Applied Science Degree is Teresa Genelle Havens, Health Information Services.

Post recipient of the Associate of Arts in Teaching Degree is Brandi Nicole Powell, Associate of Arts in Teaching, with honors.

Post recipients of the Associate of Science Degree are Candus Renee Dawson and Matthew Tait McCallister.

Post recipient of the Certificate of Proficiency is Janie Denise Thompson, Vocational Nursing.

White River Lake Weekly Report May 16, 2005

Gauge reading: 2352.73 Feet below spillway: 19.7" Rise - 0" Rainfall (past week): .40" Rain to-date: 5.15"

Source: Mickey Rogers, WRMWD general manager

## CHL CLASS IN POST

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The Post Dispatch Salutes the Class of 2005  
Post, Southland and Borden County High Schools  
Thursday, May 26 (deadline Friday, May 20)  
Sponsorships for graduating seniors are available by calling 495-2816

### NOTICE OF PUBLIC MEETING ON AGENCY PLANS

The Quality Housing and Work Responsibility Act of 1998 requires the Housing Authority of the City of Post to prepare an Annual PHA Plan and Five Year Plan covering the operations of Public Housing. The Board of Commissioners for the Post Housing Authority will conduct a public meeting on June 27, 2005 at 1:00 p.m. The meeting will be at the office of Housing Authority, 709 Caprock Drive.

The PHA Plan is available to the public for viewing at the office of Housing Authority. We will receive comments on the documents during office hours, Monday through Friday, 8-12 and 1-5.

Delores Redman  
Executive Director  
Post Housing Authority

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**Austin Jay Childs**

July 27, 1987 - April 2005

Austin Jay Childs, 17, of Houston, Texas, set out to sea on April 9, 2005. The Lord called this avid outdoorsman and loving individual to make his journey to Heaven on this last offshore fishing trip.



He attended J. Frank Dobie High School and was a dedicated member of the Future Farmers of America. Austin is survived by his beloved parents, Tom and Liz Childs of Houston and Paul and Darby Longoria of Rosharon. His surviving siblings are Brigett, Andrew, Anthony, Katy and Bailey. Grandparents are Albert and Bobbie Childs, Wanda and Rae Rayon, Jim Wolf and Derwood Bristler. He also leaves behind numerous relatives and a host of life long friends.

Austin is also the nephew of Gail and James Burnett, formerly of Post, Texas, now living in Austin, Texas. A memorial service was held in his honor on May 15, 2005, at 3:00 p.m. at Sagemont Church, 11323 Hughes Road, Houston, Texas. In lieu of flowers, the family requests memorial donations be sent to the Austin J. Childs Leadership Scholarship Fund, P.O. Box 752201, Houston, TX 77275-2201.

Austin, 17, was born on July 27, 1987, and has been missing in the Gulf of Mexico with two fishing friends, John Zimmerman, 51, and Scott Keller, 41, since April 9, 2005.

The theme of the memorial was a Celebration of Life. The church auditorium entrance and stage were set in the photos, artifacts, and decorations of Austin's life, and the fishing theme depicting his tremendous outdoors spirit. Also as Austin was known as an avid fisherman, his "Fear No Fish" phrase was prevalent in the memorial.

In the memorial a photo and music show presented Austin's life from birth through moments with family and friends, and of course his moments showing livestock, and fishing.

A large number of family and friends were in attendance. Eloquent and spiritual presentations were provided by clergymen Rev. Emory Gadd of the Sagemont Church, Houston Texas, and Pastor Ricardo Sinisterra of the King of Glory Lutheran Church, Houston Texas.

Austin, you will be greatly missed.

**Letters to the Editor**

Letters must be signed by the writer. Editor reserves right to edit for brevity, grammar, libel and accuracy. Letters are published at the sole discretion of the editor.

Surviving cancer ...

*(EDITOR'S NOTE: In the weeks leading up to Garza County's Relay for Life June 10-11, The Post Dispatch has offered to publish testimonies and stories of cancer survivors in the community. Post citizens are invited to participate in Relay for Life as we continue to support the American Cancer Society's goal to cure cancer.)*

In the fall of 2000, one of my dearest and most precious friends was diagnosed with breast cancer. Nancy went through many unpleasant tests, painful surgeries and was very sick during chemo treatments. And, of course, she experienced the dreaded bald head.

She was a true inspiration to me. She continued to work and was very open and honest with her high school students. I believe many of her students learned that sickness and disease are not to be feared, but conquered and overcome.

Nancy won her battle with cancer and has been cancer-free for five years now.

I prayed for Nancy, but there wasn't much I could physically do to help her endure the surgeries and chemo treatments. I felt frustrated and helpless; after all, there's only so much chicken spaghetti a family can consume.

In 2001, Garza County, along with the American Cancer Society, began organizing its first Relay for Life event. The more I heard, the more interested I became. I decided I would form a team for Nancy. So now you know how the Bandana Babes came about.

We've had a team every year since that first year. The first two years we won the award for most money raised by a team. This is an honor we are very proud of because funding the American Cancer Society is what Relay for Life is all about.

Little did I know when I organized The Babes that two short years later I, too, would be diagnosed with breast cancer. Nancy, my family and friends were with me every step of the way. Friends took care of my yard and brought food after my surgeries. Luke, my son, and Laura, his fiancée, spent every weekend with me after chemo treatments, and my Mom and Dad kept careful watch over me. When I lost my hair, family and friends pitched in to buy me two very stylish wigs. Then, when I had to travel to Lubbock every day for six weeks for radiation, again family and friends gave of their time and energy and drove me.

For cancer patients who are not as blessed as I, the American Cancer Society offers the support and help needed during difficult times. The ACS provides wigs to patients who can't afford them and transportation to cancer centers for treatments. The ACS offers many more services, but I would like to share how research has made my recovery much easier than Nancy's.

When Nancy was diagnosed, she had to have a mastectomy and reconstructive surgery. Two years later, under the care of the same doctor, I went to Dallas for a new and special MRI that enabled my doctor to determine the extent of surgery needed to remove the cancer. I had a partial mastectomy that did not require reconstructive surgery. This option was not available to Nancy.

Nancy had been so sick after her chemo treatments that after my first treatment I went home, lay down and waited to be sick like her. Although I was extremely tired for a few days after each treatment, I never suffered from sickness. I questioned the nurses as to why I wasn't sick and was told that the first 30-minute drip I received before each treatment was to keep me from getting sick. Again, that was not available to Nancy two years earlier.

The ACS offers cancer patients many programs that help them deal with cancer, but I believe I have benefited most through research. In the two years that separated Nancy's diagnoses and mine, medicine and technology advanced

in such a way as to make my recovery easier, with fewer surgeries and much less sickness and pain.

If you are involved with Relay for Life, it's because you or someone you love has been touched by cancer. When you support Relay for Life, you are furthering research that will help other cancer patients. You are supplying someone with a cute wig. You are providing transportation for patients to get to treatments. You are helping pay for medicines to someone who has no insurance. Your financial support to Relay for Life provides nurses and support to someone who has no one to care for them. You are furthering our knowledge of this disease so that fewer people suffer and die from it.

Of course, the goal is to cure cancer, and I believe every year medical science is getting closer to that goal. But they only get closer by your financial support.

Another member of the Bandana Babes was diagnosed with a very rare form of cancer the same year I was. She has battled cancer for the past three years. Like Nancy, Martha has been an inspiration to us all. She has remained very positive, has had confidence in her doctors and has been treated with the newest and most recent medical discoveries. She eventually had to have a bone marrow transplant and was hospitalized and spent many days in isolation. After 134 days of treatments at M.D. Anderson in Houston, she has been declared cancer-free and by the time this is published, will be back home with her friends and family where she belongs.

I praise God that I have crossed the finish line in my own personal Relay for Life. A relay race involves a team. All cancer patients are running toward the finish line of a healthy, happy life, but they don't run all four legs of their relay by themselves. Each cancer patient chooses which leg of the race they can run best.

Some run the first leg by taking control of their situation and going to the doctor when something just doesn't seem right. They face the fear of cancer head-on and determine to do whatever it takes to defeat the disease that has invaded their body.

Some cancer patients run the second leg. After they've been told they have cancer, the jump in with both feet. They camp out at the doctor's office with questions while they read every book, article and bit of information they can get their hands on. These cancer patients take an active role in their treatments and pull their doctors along with them down the track as they explore new medicines and treatments.

Still other cancer patients let the doctors run the first leg and their friends and family the second leg of the race. The cancer patient is strengthened and encouraged by the love, prayers and support they receive from those around them and is able to run the third leg of the relay race.

I see God running the fourth and most important leg of the race. He gets us across the finish line. Even though He's been with us the entire race, it's only after crossing the finish line that we are able to look back on our race and see His presence every step of the way and offer Him our thanksgivings and praise.

Every cancer patient has to run the race, but no one can run a relay alone. It takes everyone running his or her leg of the race to reach the finish line. This relay race for life is not run by individuals, it is run by communities. Communities that include families, friends, co-workers, businesses and church families.

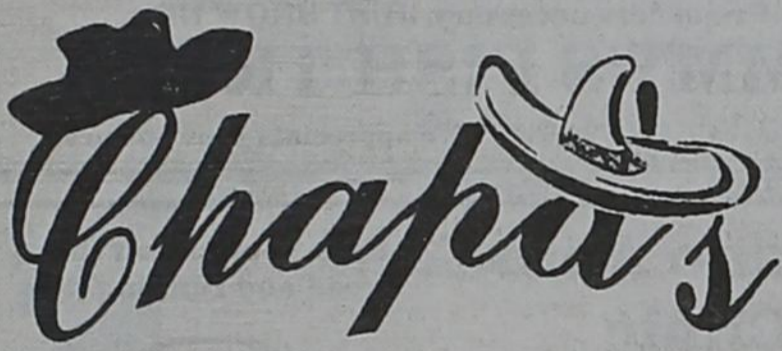
Those of us involved in Garza County's Relay for Life hope you will join in and help run a leg in someone's race against cancer. Maybe you're running a race yourself. If so, join us this year at Relay. You'll find many people willing to be your teammates. They are at Relay every year because they want to help you cross the finish line. If you know someone who has already run the race, here's your opportunity to join others.

I want to thank all those who helped in my race. I've crossed the finish line. I have been cancer-free for two years now. I know God continues to watch over and care for me, and I cannot close without giving Him glory and honor and praise for my total and complete recovery. I know He wants me to prosper and be in health, even as my soul prospers, and I choose to let go of what lies behind and press on toward what lies ahead. God is good, all the time.

Thank you for supporting Garza County Relay for Life.

Carol Williams

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**On God's Word**  
by Timothy W. Burnett

Jesus Christ teaches even more...John 15:15-27; 16:1-13

In continuing with Jesus teaching while walking with his disciples we now attempt to summarize John 15:15-27 and all of chapter 16 during the next couple of weeks.

In John 15:15-27 Jesus Christ went to great lengths to contrast their relationship with the world with that of believers who are in Christ Jesus. He no longer called them servants, but instead called them friends because every thing that he learned from his Father, he taught them as if they were friends. He reminded them to love one another as close friends. Next he emphasized that they would be hated by the world because the world hated him first, as seen in John 15:18-27. He said that because they would be chosen out of the world, they would be hated by the world. Verses 21 - 25 reveals more detail about who is of the world. These are they who hear him speak the truth and saw him do works that no other man ever did, yet not only did not believe but hated both him and his Father. The one group who truly showed hate toward Jesus Christ was the religious leaders who sought to kill him. According to John 8:44, he revealed that those religious leaders were born of spiritual seed from the Devil. He said, "You are of your father the devil, and the lusts of your father you will do. He was a murderer from the beginning, and abode not in the truth, because there is no truth in him." The particular category of people Jesus addressed, were in a spiritual state of complete blindness and with no hope because they were born of the devil. When anybody is born of seed, they cannot change anymore. People cannot extract their genetic seed

that came from their parents. It is also impossible for people who are born-again of spiritual seed from God, to lose that new birth. So also is it impossible for people who are true children of the devil to change spiritually. This is the unforgivable sin.

But in contrast, he explained that a comforter would come from the Father through Jesus Christ, that would testify of the Lord Jesus. Moreover, he said they would bear witness of him. He taught them these things so that they would not be offended while being put out of the synagogues and even killed by people who believe they are doing the will of God.

Next Jesus Christ told his disciples that they would not see him for a short while, and then they would see him again. This teaching is covered in John 16:5-33. He said it was important for them that he went away because if he didn't, the comforter wouldn't come to them. Verses 8 - 10 teach basic understanding of sin, righteousness and judgment. Sin is directly related to unbelief and is confronted with reproof from God's word itself. Righteousness is tied with his ascension to the Father and judgment is related to judging the prince of this world who is the devil.

He shared about how the spirit of truth would guide them into all truth. This came to pass when the apostle Paul revealed the mystery of the new birth and so much more by the spirit of God, as recorded in the Epistles.

For the archives of On God's Word visit geocities.com/christinyou7/love.html.

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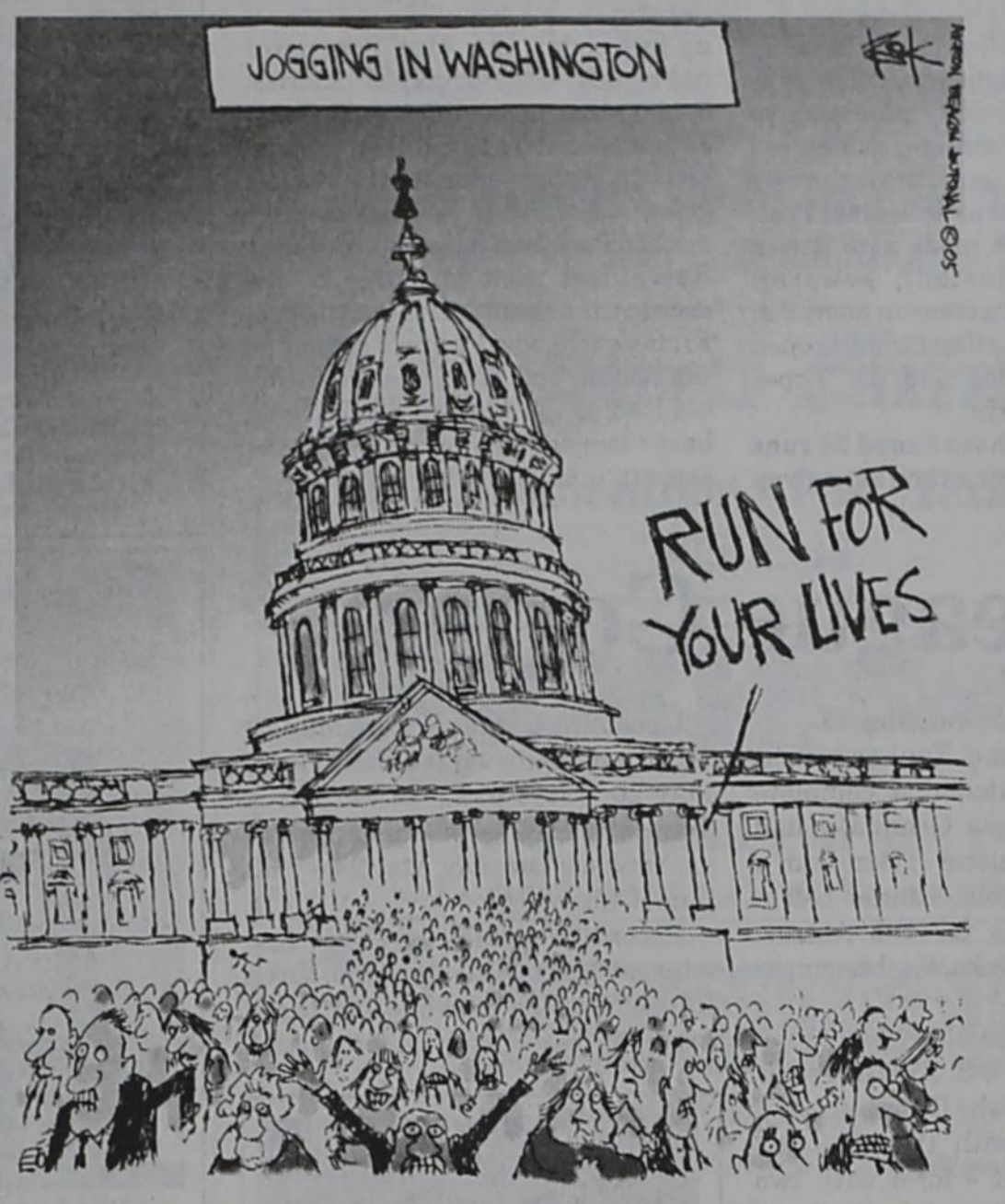
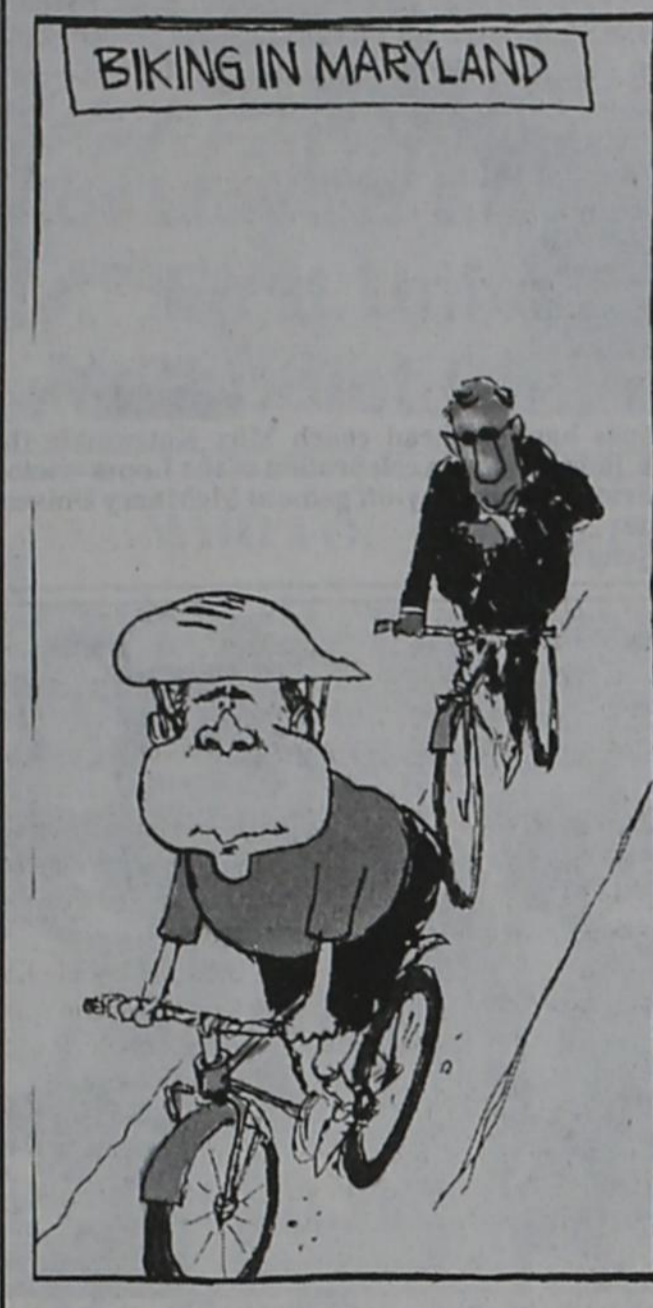
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# Opinions



## How not to be poor

by Walter E. Williams

Ministers Louis Farrakhan, Jesse Jackson, Al Sharpton, Washington, D.C.'s Mayor Anthony Williams and others recently met to discuss plans to celebrate the 10th anniversary of the October 1995 Million Man March. Whilst reading about the plans, I thought of an excellent topic for the event: how not to be poor.

Avoiding long-term poverty is not rocket science. First, graduate from high school. Second, get married before you have children, and stay married. Third, work at any kind of job, even one that starts out paying the minimum wage. And, finally, avoid engaging in criminal behavior. If you graduate from high school today with a B or C average, in most places in our country there's a low-cost or financially assisted post-high-school education program available to increase your skills.

Most jobs start with wages higher than the minimum wage, which is currently \$5.15. A man and his wife, even earning the minimum wage, would earn \$21,000 annually. According to the Bureau of Census, in 2003, the poverty threshold for one person was \$9,393, for a two-person household it was \$12,015, and for a family of four it was \$18,810. Taking a minimum-wage job is no great shakes, but it produces an income higher than the Bureau of Census' poverty threshold. Plus, having a job in the first place increases one's prospects for a better job.

The Children's Defense Fund and civil rights organizations frequently whine about the number of black children living in poverty. In 1999, the Bureau of the Census reported that 33.1 percent of black children lived in poverty compared with 13.5 percent of white children. It turns out that race per se has little to do with the difference. Instead, it's welfare and single parenthood. When black children are compared to white children living in identical circumstances, mainly in a two-parent household, both children will have the same probability of being poor.

How much does racial discrimination explain? So far as black poverty is concerned, I'd say little or nothing, which is not to say that every vestige of racial discrimination has been eliminated. But let's pose a few questions. Is

it racial discrimination that stops black students from studying and completing high school? Is it racial discrimination that's responsible for the 68 percent illegitimacy rate among blacks?

The 1999 Bureau of Census report might raise another racial discrimination question. Among black households that included a married couple, over 50 percent were middle class earning above \$50,000, and 26 percent earned more than \$75,000. How in the world did these black families manage not to be poor? Did America's racists cut them some slack?

The civil rights struggle is over, and it has been won. At one time, black Americans did not have the same constitutional protections as whites. Now, we do, because the civil rights struggle is over and won is not the same as saying that there are not major problems for a large segment of the black community. What it does say is that they're not civil rights problems, and to act as if they are leads to a serious misallocation of resources.

Rotten education is a severe handicap to upward mobility, but is it a civil rights problem? Let's look at it. Washington, D.C. public schools, as well as many other big city schools, are little more than educational cesspools. Per student spending in Washington, D.C., is just about the highest in the nation. D.C.'s mayors have been black, and so have a large percentage of the city council, school principals, teachers and superintendents. Suggesting that racial discrimination plays any part in Washington, D.C.'s educational calamity is near madness and diverts attention away from possible solutions. Bill Cosby had the courage to speak out against individual irresponsibility. Surely those who profess to have the best interests of blacks at heart should be able to summon the courage to do so as well.

Walter E. Williams is a professor of economics at George Mason University. To find out more about Walter E. Williams and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate Web page at [www.creators.com](http://www.creators.com).

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## National ID cards not the answer

### Won't Stop Terrorism or Illegal Immigration

by U.S. Congressman Ron Paul

The US House of Representatives passed a spending bill last week that contains provisions establishing a national ID card, and the Senate is poised to approve the measure in the next few days. This week marks the American public's last chance to convince their Senators they don't want to live in a nation that demands papers from its citizens as they go about their lives.

Absent a political miracle in the Senate, within two years every American will need a conforming national ID card to participate in ordinary activities. This REAL ID Act establishes a massive, centrally-coordinated database of highly personal information about American citizens: at a minimum their name, date of birth, place of residence, Social Security number, and physical characteristics.

The legislation also grants open-ended authority to the Secretary of Homeland Security to require biometric information on IDs in the future. This means your harmless looking driver's license could contain a retina scan, fingerprints, DNA information, or radio frequency technology.

Think this sounds farfetched? Read the REAL ID Act, HR 418, for yourself. Its text is available on the Library of Congress website. A careful reading also reveals that states will be required to participate in the "Drivers License Agreement," which was crafted by DMV lobbyists years ago. This agreement creates a massive database of sensitive information on American citizens that can be shared with Canada and Mexico!

Terrorism is the excuse given for virtually every new power grab by the federal government, and the national ID is no exception. But federal agencies have tried to create a national ID for years, long before the 9-11 attacks. In fact, a 1996 bill sought to do exactly what the REAL ID Act does: transform state drivers' licenses into de facto national ID cards. At the time, Congress was flooded with calls by angry constituents and the bill ultimately died.

Proponents of the REAL ID Act continue to make the preposterous claim that the bill does not establish a national ID card. This is dangerous and insulting nonsense. Let's get the facts straight: The REAL ID Act transforms state motor vehicle departments into agents of the federal government.

Nationalizing standards for driver's licenses and birth certificates in a federal bill creates a national ID system, pure and simple. Having the name of your particular state on the ID is meaningless window dressing.

Federally imposed standards for drivers' license and birth certificates make a mockery of federalism and the 10th amendment. While states technically are not forced to accept the federal standards, any refusal to comply would mean their residents could not get a job, receive Social Security, or travel by plane.

So rather than imposing a direct mandate on the states, the federal government is blackmailing them into complying with federal dictates.

One overriding point has been forgotten: Criminals don't obey laws! As with gun control, national ID cards will only affect law-abiding citizens. Do

we really believe a terrorist bent on murder is going to dutifully obtain a federal ID card?

Do we believe that people who openly flout our immigration laws will nonetheless respect our ID requirements? Any ID card can be forged; any federal agency or state DMV is susceptible to corruption. Criminals can and will obtain national ID cards, or operate without them.

National ID cards will be used to track the law-abiding masses, not criminals.

## Social Security Demeans Workers

by Sheldon Richman

We can thank President Bush for reminding us that Social Security is not a pension or insurance plan but a welfare program. He did that recently when he proposed changing the benefit structure to favor (even more) low-income retirees at the expense of the "better off." Whether this new wrinkle to his not-yet-defined plan to "save" Social Security will win support, we don't yet know. But it will certainly prompt new points of debate over the issue.

Social Security has always been a welfare program. The essence of welfare is that government transfers money from one person to another, not that the money goes to the poor. The constellation of programs that transfer money from the taxpayers to businesses is properly called corporate welfare.

Social Security steals money from workers and gives it to retirees. That makes it welfare. In percentage terms, benefits are tilted toward people who had lower wages during their working years. As the New York Times points out, low-income workers are promised benefits amounting to almost half their pay, while workers with average incomes are promised only a bit over a third. But in other respects the current system is adverse to low-income people because they start working earlier in life and die sooner.

Bush's latest plan would maintain the wage percentage for low-income workers but cut it for average earners to 26 percent by 2075. Higher-income people would get as little as 12 percent.

The transfer nature of the system gives the lie to the once widely believed fiction, actively promoted by government officials, beginning with President Franklin Roosevelt, that Social Security is a private pension or insurance plan. In such a plan people invest some of their income in stocks and bonds issued by productive enterprises. That money brings a return because companies earn profits by making goods and services that consumers value. So when workers retire they draw on the new wealth made possible by their savings.

Social Security works nothing like that. No money is invested. More than 12 percent of workers pay is confiscated and given either to retirees to spend on consumption or to the government. This inflicts a double loss. Workers can't invest that money for their own retirement "they are merely promised the fruits of future confiscation" and we all lose out on what that investment would have produced. True, retirees get money to live on, but they need it only because the government deprived them of the ability to save while they

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## Don't kid around in the classroom

by Bill O'Reilly

Think back to when you were 6 years old. What was your world like? Mine consisted of playing baseball, cowboys and Indians (I didn't know from Native Americans), and watching a goofy guy named Howdy Doody on TV. That filled much of my leisure time.

In school, a glaring nun named Sister Lurana taught me to read "Dick and Jane" stories. I had a book that said stuff like "look at Jane. See Jane run. Dick likes Jane." It really didn't matter to me whether Dick liked Jane or not, I wanted to climb a tree. But the nun insisted I learn to read the book, so I did.

Today, in Lexington, Mass., 6-year-olds have another book. It is called "Who's In a Family?" This book features not only Dick and Jane, but also Jennifer and Lauren and Charles and Henry. The pages tell little kids about different kinds of families: mixed race, gay and lesbian, and even traditional family units. They are all discussed in very positive ways.

A father named David Parker took one look at the same sex part of the book and made an appointment to see the principal of the Estabrook Elementary School, a woman named Joni Jay. Mr. Parker asked Ms. Jay to inform him when the gay family stuff was going to be presented because he felt his little son was too young to learn about homosexuality and he would keep him home that day. Sounds reasonable, right?

Not so fast. Ms. Jay informed Mr. Parker that the family book had nothing to do with sexuality, and so he was not entitled under the Massachusetts sex-ed law to get a heads up. When Mr. Parker pointed out that same sex situations contain the word "sex," he was asked to leave the principal's office. He refused. So the Lexington police arrested him on trespassing charges.

See Dad get arrested. What does Jane think? Very quietly all over the country, these kinds of culture war expositions are being played out in assorted public school systems. Under the banner of teaching tolerance, many school boards have OK'd books that delve into social issues far beyond the comprehension of most 6-year-olds. I don't know about you, but I thought gay meant happy until I was 11 years old, and even then I could not have cared less whether Lenny and Squiggly were a couple. I wanted to steal second and see monster movies, not understand what happens in Key West.

But today, we have a massive mission of indoctrination going on in America, and millions of traditional parents don't like it. I am siding with that group. I don't want to tell my little kids about "alternative lifestyles" unless we're talking about the Munchkins in the "Wizard of Oz."

I think both Dick and Jane would agree that we should all back off and give the kids a break. Let's bring back childhood in America, OK? No more "diversity" books for kindergartners. No more bare midriffs for 9-year-old girls. No more gold chains for boys going into third grade. Got it? Let's work together on this.

The world is a tough, nasty place, and children will learn that soon enough. Shouldn't we make their first years fun years, free of political and social agendas? Why do some little kids these days look like Britney Spears and Kid Rock? What the deuce is wrong with us?

Summing up, Dick likes Jane and that's enough for 6-year-olds. Larry and Bruce can wait a few years.

Veteran TV news anchor Bill O'Reilly is host of the Fox News show "The O'Reilly Factor" and author of the book "Who's Looking Out For You?" To find out more about Bill O'Reilly, and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate web page at [www.creators.com](http://www.creators.com). This column originates on the Web site [www.billoreilly.com](http://www.billoreilly.com).

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# 'Lopes shock Olney in 2-game Area Championship series

by Ernest Fox

It's inevitable that the Post baseball team's torrid playoff pitching will cool off sometime — just not around Olney. In bi-district and area round sweeps, Antelope pitching gave up one, two, two and three runs.

Olney is not a team that's used to losing, and once Post got a lead Olney did not know what to do. The Cubs combined for only five hits in the best-of-three game series.

With the series win, the Antelopes (19-11) advance to the regional quarterfinals where they will meet the Lockney Longhorns (20-5).

Olney ace pitcher left-hander Bear Glaze came into the Post series 10-0, 1.11 ERA, but was clearly thrown out of whack by staunch Antelope bats and a raucous 'Lope crowd in game one action. The Antelope offense, despite 12 strikeouts, totaled seven hits as hitters two through four scored all four Post runs.

The Antelopes' three runs with two outs in the top of the third inning propelled Post to a 4-2 victory in the opening game of a Class 2-A best-of-three area-round playoff series at

Driggers Field in Abilene; however, Olney staged a mini rally by scoring two runs in their half of the third and stranding two runners after a Tanner Shifflett two-out strikeout.

Andrew Espinoza and the 'Lope defense made sure Olney didn't recapture an edge, retiring the side in order in the fourth, fifth and sixth innings. In the seventh, Espinoza got Cub hitter Kevin Turner to hit into a routine ground ball 4-3 putout with the bases loaded to slam the door on the Olney rally.

After taking the first game Thursday night, Post dispatched the District 8-2A champs 4-3 Friday afternoon to take the series in straight games.

Olney came into game two with every reason to feel optimistic against Post. Randon Blacklock made sure it was for a fleeting instant, however. Blacklock blasted a two-run home run in the bottom of the first inning to open the 'Cubs' spanking and the 'Lopes cruised to a victory.

The Antelopes have scored 24 runs in four playoff victories and have given

up just eight runs. Also, Post never has trailed in its four playoff victories. Seldom-used senior left-hander Bride Feagin received a surprise start in the most important game of the season, going until the sixth inning. Whatever method Post head baseball coach Max Kattwinkel used to arrive at his decision, the results turned out golden. Friday's win was Feagin's second on the season, and Feagin exited with a 4-2 lead as the Antelopes survived a bases-loaded one-out rally in the seventh inning.



Post Antelopes baseball head coach Max Kattwinkel (left) embraces assistant coach Jamie Seago in celebration of the Lopes' victory over Olney following last Friday's Area play-off game at McMurry University's Drigger Field in Abilene. (Photo by Gena Lott)

## Post Little League Corner

Yankees vs. A's, May 3

Yankees defeat the A's 11-5. Shawn Perez and Dale Diaz pitched for the Yankees. M.J. Wynne, Jacob Perez and Kyle Copeland pitched for the A's.

Astros vs. Cubs, May 3

Cubs beat the Astros 13-2. Anthony Soto was on the mound for the Cubs and pitched a complete game. Vance Blair went 2-for-3 with three RBIs. Blaine Osborn had a double with an RBI. Dustin Robinson went 1-for-3 with a single and an RBI. The Astros pitched Austin Taylor for two innings and Brad Benham for two innings. Benham also had a single and an RBI.

Yankees vs. Astros, May 13

Astros beat the Yankees 11-7. Grant James pitched a complete game for the Astros. Grant also had three triples. Austin Tyler had a triple and a double. Tanner Odom had two singles for the Astros. Yankees pitched Jake Wischkaemper and Dale Diaz.

A's vs. Cubs, May 13

Cubs edge A's 6-3. Austin Fields on the mound for the Cubs pitched a complete game with 12 strikeouts. Austin also went 4-for-4 with two walks, single and a triple. Anthony Soto went 2-for-4 with a walk and an infield home run that accounted for two RBIs. Aaron Macy went 1-for-3 with a triple and one run scored.

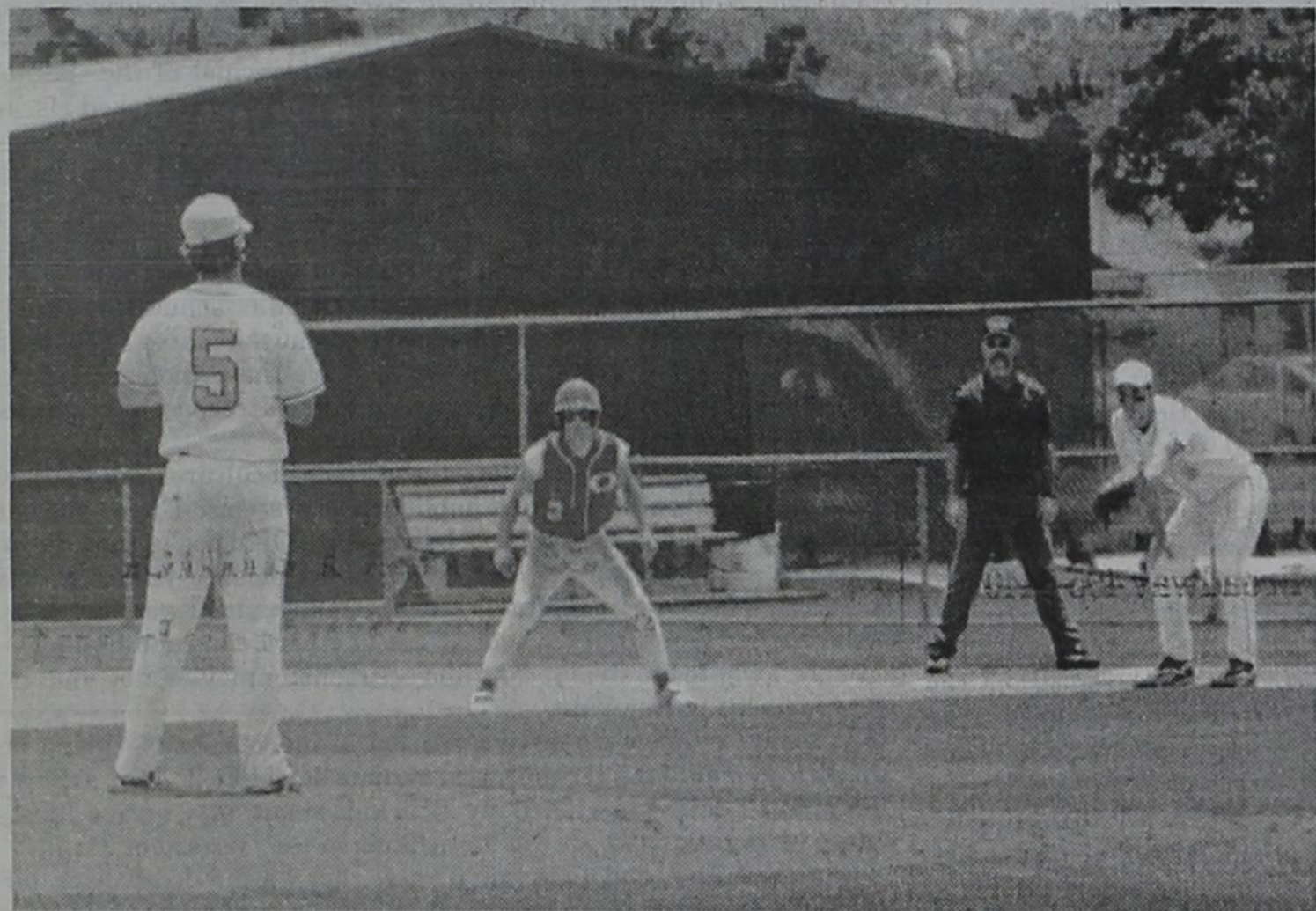
Upcoming Games Friday, May 20 — 5:30 p.m., Cubs vs. Yankees Friday, May 20 — 7:30 p.m., A's vs. Astros Tuesday, May 24 — 5:30 p.m., Astros vs. Yankees Tuesday, May 24 — 7:30 p.m., Cubs vs. A's.

Records (as of May 13) Cubs — five wins, no losses A's — two wins, three losses Yankees — two wins, three losses Astros — one win, four losses

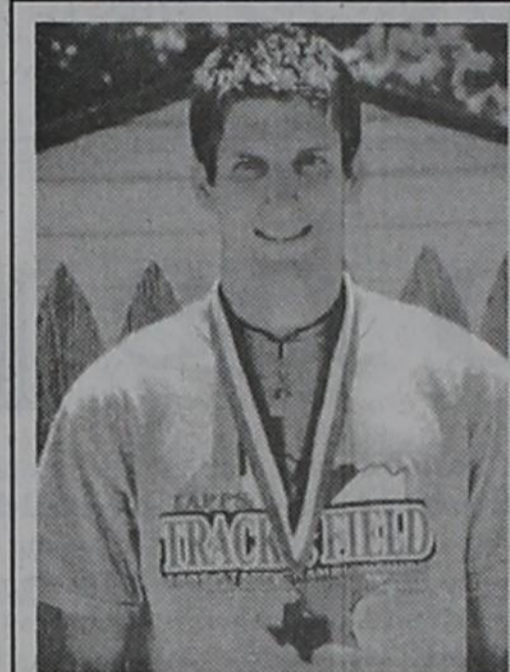


Post Lady Lopes Softball players earning Academic All District honors are (back row left to right), Kayla Morris, Allison Blevins and Courtney Short (front row), Torie Bonzales, Jackie Hays and Josie Whisenhunt. (Photo by Shellee Odom)

**LIVE Play-by-Play Action**  
Friday & Saturday  
Post City Radio  
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Cebridge Connections Channel 12



Post Antelope pitcher Brice Feagin holds a runner at first base as first baseman Blake Nichols stands ready during last Friday's Area play-off game against Olney at McMurry University's Drigger Field in Abilene. (Photo by Gena Lott)



### Joshua Hair, State Champion in TAPPS 4A Track Meet

Joshua Hair of Trinity Christian High School in Lubbock, tied the State record and won the State Championship in the High Jump with a jump of 6' 6" during the TAPPS 4A State Track meet. The event took place on the weekend of Friday, May 6 in Baylor University's Hart-Patterson Complex at Waco.



Post Antelope baseball players earning Academic All District honors are (back row left to right), Wilson Cash, Blake Nichols and Miles Gray (front row), CoCo Valdez, Jett Lott and DJ Baiza. (Photo by Shellee Odom)

## Post City Television

### Daily Program Guide • May 20 thru May 26

Friday, May 20

- 7 a.m. Garza Theatre's Act I "Father of the Bride"
- 10 a.m. This Week In Post City
- 2 p.m. Post Elementary School Third Grade Musical
- 5 p.m. This Week In Post City
- 7:30 p.m. LIVE Play-by-Play (Audio) Post Antelopes Game 1
- 11 p.m. This Week In Post City

Saturday, May 21

- 7 a.m. Garza Theatre's Act I "Father of the Bride"
- 10 a.m. This Week In Post City
- 1 p.m. LIVE Play-by-Play (Audio) Post Antelopes Game 2
- 5 p.m. This Week In Post City
- 8 p.m. Post Antelope Baseball Play-Off Game 1
- 11 p.m. Post Antelope Baseball Play-Off Game 1

Sunday, May 22

- 7 a.m. Post Elementary School Third Grade Musical
- 10 a.m. This Week In Post City
- 2 p.m. Post Antelope Baseball Play-Off Game 2
- 5 p.m. This Week In Post City
- 8 p.m. Post Antelope Baseball Play-Off Game 2
- 11 p.m. This Week In Post City

Monday, May 23

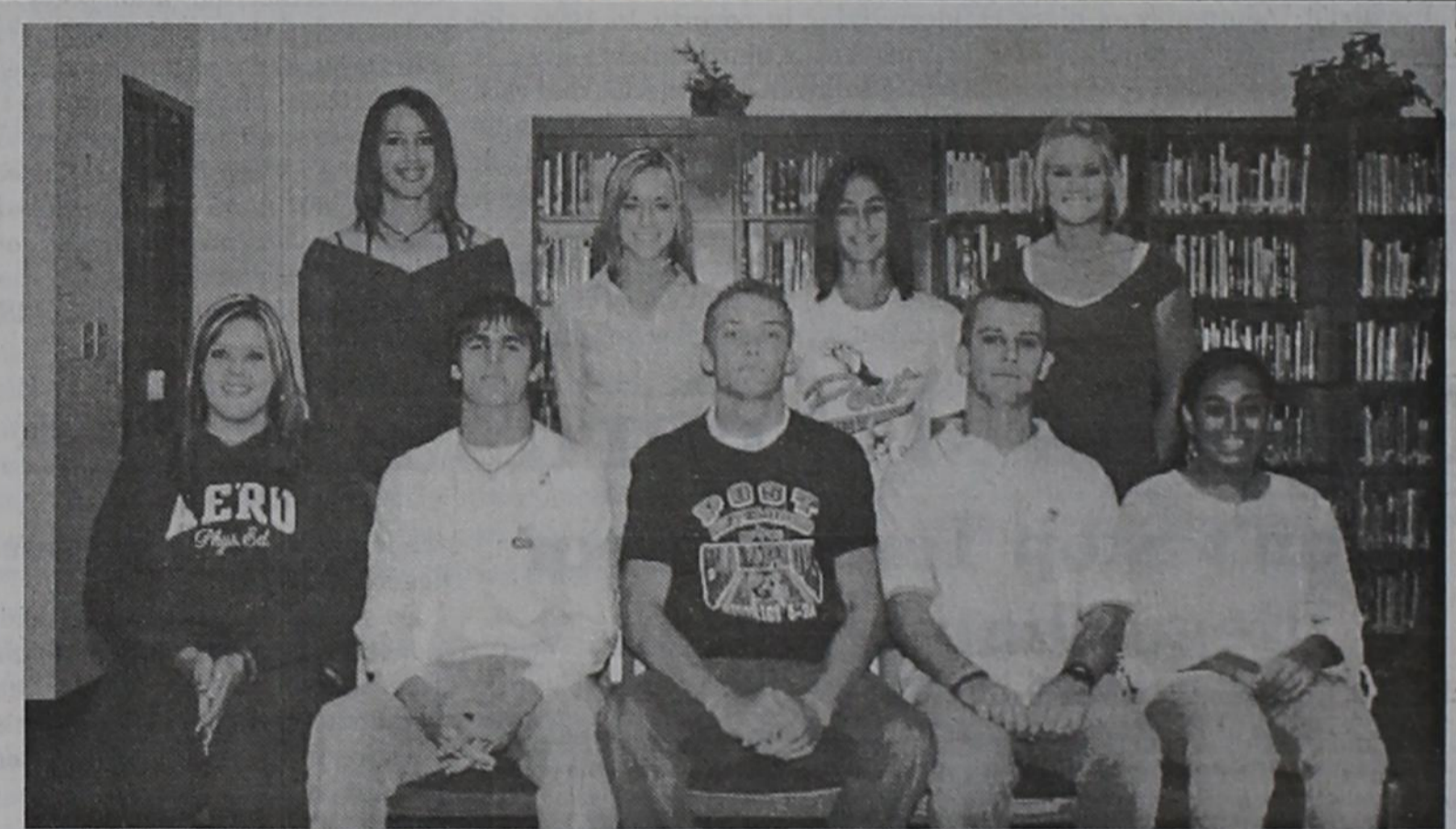
- 7 a.m. Post Elementary School Third Grade Musical
- 10 a.m. Post High School Athletic Banquet
- 1, 5 & 10 p.m. Post Church of Christ Sunday Services

Tuesday, Wednesday & Thursday, May 24, 25 & 26

- 7 a.m. Post Elementary School Third Grade Musical
- 10 a.m. Post City Council
- 2 p.m. Post ISD Board of Trustees
- 5 p.m. Garza County Hospital District Board of Directors
- 8 p.m. Garza County Commissioners' Court
- 11 p.m. Post High School Athletic Banquet

### Post City Television

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Post Antelopes and Lady Lopes Golfers earning Academic All District honors are (back row left to right), Samantha Hoover, Christin Collier, Meagan Hoover and Jenee Lott (front row), Nikki Norman, Sterling Smith, Jerrad Grisham, Jonathan McGregor and Avnee Bhakta. (Photo by Shellee Odom)



Post Antelope and Lady Lope Track members earning Academic All District honors are (back row left to right), Jonathan McGregor, Blake Nichols, Colter Creech, Sterling Smith and Trent McDonald (middle row), Courtney Short, Lindee Strawn, Jerrad Grisham, Wilson Cash, Samantha Hoover and Lauren Gonzalez (front row), Christin Collier, Claire Kirkpatrick, Laurel Tatum, Rachel Gray, Jenee Lott, K'Neil Dalby and Meagan Hoover. (Photo by Shellee Odom)



# Congratulations Post Antelopes

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# Classified Advertising

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To all our dear friends and loved ones, Thank You seems so inadequate to express our feelings to tell you how much we appreciate all the caring love, flowers, cards, memorials, food and

telephone calls sent our way, with the loss of our beloved Father, Grandfather, Son, Brother, and Uncle "Charlie". Our deepest gratitude to Dr. Jerry Koch, his wife Jeanie, and Rev. Elizabeth Abraham for the beautiful service. To Dee and Janet Justice for the tender loving care. You are all so wonderful.

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### Legal Notices

#### NOTICE OF PUBLIC HEARING Garza County, Texas

The Commissioners Court of Garza County cordially invites the Public to attend a hearing on the topic of possible relocation and consolidation of polling place locations on the 23rd day of May 2005, at 10:00 a.m. This meeting will be held in Commissioners Courtroom on the third floor of the Garza County Courthouse, Post, Texas 79356.

The Commissioners Court is considering plans for the relocation and consolidation of polling place locations of County Commissioners Court precincts and Justice of the Peace precincts. Public comment is sincerely solicited.

Signed: Giles W. Dalby  
Garza County Judge  
Pursuant to Chapter 552 of the Texas Government Code, Notice is hereby given that the Commissioners Court of Garza County, Texas will convene in special session on the 23rd day of May 2005, at 10:00 a.m. to receive public comment on possible relocation and consolidation of polling place locations. Following the public hearing, the Commissioners Court will take up for consideration and possible action one or

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**Last Puzzle Solution**

more alternative plans for the relocation and consolidation of polling place locations of County Commissioners Court precincts and Justice of the Peace precincts. The Court reserves the right to take any and all appropriate action regarding the relocation and consolidation of polling place locations of Garza County.

The Public is invited to attend and participate in this meeting. Those wishing to address the Court should sign a speakers request form provided for this purpose. Each speaker will be asked to come before the Court, to identify themselves, their address, and the Commissioners Court precinct and Election Precinct they reside within. Comments should be reasonably concise and to the point. Questions will be answered, but the Court will not permit argument or excessive discussion of any particular topic. The hearing will be conducted under rules of judicial decorum. A tape recording of the hearing will be made of this hearing. Your comments will be transcribed and included with the submission of the proposed changes to existing polling place locations to the United States Department of Justice.

#### La NOTA DE Condado de VISTA de PUBLICO Garza, Tejas

El Tribunal de Miembros de una comision de Condado de Garza invita cordialmente el Publico a asistir una vista en el tema de recolocacion y consolidacion posibles de la votacion las ubicaciones del lugar en el dia vigesimo tercero del 2005 de mayo, a las 10 de la manana. Esta reunion se tendra en el Palacio de justicia de Condado de Garza, el Poste, Tejas 79356.

El Tribunal de Miembros de una comision esta acerca de planes para la recolocacion y la consolidacion de la votacion las ubicaciones del lugar de zonas de Tribunal de Miembros de una comision de Condado y Justicia de las zonas de la Paz. El comentario publico se solicita sinceramente.

Firmado: el Juez de Condado de Garza

Giles W. Dalby  
Conforme a al Capitulo 552 del Codigo del Gobierno de Tejas, la Nota por la presente se da que el Tribunal de Miembros de una comision de Condado de Garza, Tejas convocara en la sesion especial en el dia vigesimo tercero del 2005 de mayo, para recibir a las 10 de la manana el comentario publico en la recolocacion y la consolidacion posibles de la votacion las ubicaciones del lugar. Siguiendo la vista del publico, el Tribunal de Miembros de una comision tomara para la consideracion y la accion posible uno o mas planes de la alternativa para la recolocacion y la consolidacion de la votacion las ubicaciones del lugar de zonas de Tribunal de Miembros de una comision de Condado y Justicia de las zonas de la Paz. El Tribunal reserva el derecho de tomar cualquier y toda accion apropiada con respecto a la recolocacion y la consolidacion de la votacion las ubicaciones del lugar de Garza.

El Publico es invitado a asistir y tomar parte en esta reunion. Esos desear para dirigir el Tribunal debe firmar una forma del pedido de oradores proporcionada para este proposito. Cada orador sera pedido venir antes del Tribunal, para identificar a si mismo, su direccion, y la zona del Tribunal de Miembros de

(Continued on Page 9)

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# Yesteryears

Compiled by Donna Jones  
From The Post Dispatch archives

## 10 Years Ago May 17, 1995

Lorena Voss earned fifth place in the State U.I.L. literary competition poetry reading and Jill Stelzer took third in ready writing. The two PHS seniors were coached by Joy Pool and Sandra Alexander.

Beginning in August 1995, all Post ISD bus drivers will be tested for alcohol and drugs, as the board of trustees took action to comply with federal law.

A relay run across the length and breadth of America which is dedicated to the cause of world peace, will pass through Post on Monday, May 22.

Talina Bird, Lori Hudman and Cassie Short will compete in state rodeo finals in Abilene June 4-10.

Anne Chaffin, a part-time instructor at South Plains College in developmental reading and general studies, was selected as the outstanding associate faculty member of the year.

## 20 Years Ago May 15, 1985

A fire last Friday evening at the Temple Bautista Church caused an estimated \$5,000 to \$7,000 in damage. No one was injured in the blaze, according to Fire Marshall Ray Bagby.

Clay Cowdrey, Jerry Osborn, Ronald Thuet, and Randy Lewis received special honors as last week's FFA Banquet. Osborn and Dunn were recognized for their contributions to the program.

Approximately 130 guest registered at the

Bank Community Room on April 30 to honor Mendy Tatum with a bridal shower. Mendy is the bride-elect of Giles Dalby Jr.

Steve Holder of Post was recognized as Outstanding Engineering Technology Student at Western Texas College.

The Garza County 4-H council held election of new officers at its April 30 meeting. Clay Cowdrey will serve as president, Derick Dunn as vice president, Janell Jones, secretary; and Ron Graves, reporter.

Bruce Crenshaw was the only varsity track team member to make the finals at the regional meet qualifying with a 22.59 in the 200 meter dash and finishing the finals with a 23.10 for eighth place.

## 30 Years Ago May 22, 1975

J. A. (Jimmy) Holleman, former Garza County Sheriff, has returned to Post after taking a position as a deputy in Yoakum County. Holleman will be employed as an oil field pumpjack.

The five twirlers for Post High's Antelope band next year are Donna Ammons, (head twirler) Pam Carpenter, Peggy Jackson, Kerri Pool and Karla Duren.

Next year will be the first time in a long time that Post Junior High will have cheerleaders. Those elected are Susan Sawyers, Susan Jackson, Tina Dunlap, Donna Baumann, and Marinette Hays.

David Cisneros was named this week as winner of the first annual welding contest conducted among students in Post High's vocational agricultural department. He was presented a set of socket wrenches by Darrell Jones on behalf on the contest sponsor, the Hackberry Coop Fuel Association.

Shirley Allen, daughter of Mr. and Mrs. Will Allen was presented the John Phillip Sousa Award by Post High School band director Scott Houston, at the band's last concert of the year.

## 40 Years Ago May 20, 1965

An unhandsome fellow, said by many to be the biggest turtle they'd seen here, was found by Don Tatum on the Douglas Buchanan place, northeast of Post. The turtle, which weighed a little more than 20 pounds has been given to the new Rimrock City's zoo.

Elisabeth Tubbs and Ted Scott are valedictorian and salutatorian, respectively of the 1965 graduating class at Post High School.

Mr. and Mrs. Troy Baker are the parents of a daughter, Sherry Michelle, born May 11 in Garza Memorial Hospital.

Mr. George Willson, choir director, has chosen members for the 1965-66 sextet and quartet. These two groups represent the choir. Members chosen for the sextet are Ceretha Jones, Carolyn Walker, Julia Childs, Linda Byrd, Pat Martin and Arleta Robinson. The quartet members are J. O. Smith, Danny Pennington, Steve White and Billy Jack Hodges. Added members are Paul Harmon and Gregg Jones.

From Peggy's Pen: In the cheerleader runoff, Sherri Gist was elected Junior Cheerleader and Micki Sterling was elected Sophomore Cheerleader.

## 50 Years Ago May 19, 1955

Post Stampede officials are busy planning the four night event set for next week. The rodeo headquarters will be opened Monday in the Outlaw building, one door west of Mason & Co. Furniture Store. Officials are J. E. Birdwell, president of Post Stampede Rodeo, Inc.; Tom Power, parade chairman; Novis Rodgers, arena director; and Phil S. Bouchier, rodeo manager.

Post's municipal swimming pool will open for the season on Saturday, Vernon Ray, pool manager, announced this week. Admission prices will be the same as last year - 15 cents for children under 12, 35 cents, 12 to 18, and 50 cents over 18.

Miss Wyvonne Morris, bride-elect of Gene Kennedy, was named honoree at a tea shower Friday evening in the home of Mrs. Everett Windham.

Mayor James Minor of Post will be the speaker Wednesday evening at eighth grade graduation exercises at the Graham Rural School, west of Post.

The 50 seniors who will receive diplomas at commencement exercises Friday night bring to 913 the number who have graduated here in the last 20 graduating classes - since, and including, 1936.

## 60 Years Ago May 17, 1945

Elbert "Lefty" Davies, CCM of the U. S. Navy, who has been overseas almost two years, arrived in the states on Sunday night. He has been stationed at Guadalcanal and Bougainville in the Solomons.

On Saturday, May 12, Mrs. Arthur Nelson and Mrs. Eulas Brown honored their sons,

Doyle and Dale Nelson and Don Brown, with a birthday party.

A May Day theme was carried out in the decorations used at the Junior-Senior banquet. Miniature May Poles with varicolored ribbons formed the centerpieces. The songs "Dream" and "Let the Rest of the

World Go By" were charmingly presented by Marian Hodge, Edna Ruth Swanger, Norma Hudman, Marian Edwards, Iris Parker and Wanda Thomas.

Lt. Troy "Cotton" Dean has been released from a prison camp in Germany and wrote his mother, Mrs. Bettie Justice, that he would be home soon.



## Neighbor to Neighbor

by Julie Dirks

Garza County Extension Agent-Family & Consumer Science  
Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

### A Good Night's Rest Is Best

Humans devote about one-third of their lives to one activity but think little about it \* until they cannot do it. This activity has a calming effect, often leaves one feeling refreshed and promotes overall wellness. What is this activity? Sleep.

Along with the physical changes that occur as we get older, changes to our sleep patterns may also occur. As people age they tend to have a harder time falling asleep and more trouble staying asleep. It is a common misconception that sleep needs decline with age; but, our sleep needs remain constant throughout life. Sleep occurs in multiple stages including dreamless periods of light and deep sleep, and occasional periods of active dreaming. The sleep cycle is repeated several times during the night. Older people spend more time in the lighter stages of sleep than in deep sleep.

Insomnia is the inability to sleep and occurs more frequently among older adults. Insomnia may create serious effects, complicating other conditions or making a person too tired to function normally during his waking hours. People with insomnia can experience excessive daytime sleepiness, difficulty concentrating and increased risk for accidents and illness. If you experience insomnia at least a few nights per week or more, it is worthwhile to speak to your health provider about your trouble sleeping and any effects your insomnia may have on your body.

Snoring, a condition that gets worse with age, is the primary cause of sleep disruption for many adults. Snoring is most commonly associated with persons who are overweight. Loud snoring is particularly serious as it can be a symptom of sleep apnea. In sleep apnea, breathing stops and the amount of oxygen in the blood drops. This alerts the brain, causing you to wake-up and resume breathing. These stoppages of

breathing can occur repeatedly, causing multiple sleep disruptions throughout the night and result in excessive daytime sleepiness and impaired daytime function. Untreated sleep apnea puts a person at risk for cardiovascular disease, headaches, memory loss and depression. If you experience snoring on a regular basis and it can be heard from another room or you have been told you stop breathing during your sleep, these are signs that you might have sleep apnea and it should be discussed with your health provider.

Certain conditions are related to increased sleep problems:

Hypertension is associated with both snoring and sleep apnea.

The hot flashes, changes in breathing and decreasing hormonal levels associated with menopause may lead to trouble sleeping.

Many cancer patients experience sleep problems.

Acid reflux may cause difficulty falling and staying asleep. Heartburn sufferers experience nighttime burn, causing discomfort and awakenings. This is more likely to occur while resting your back.

Depression is most closely associated with insomnia and is a risk factor for having difficulty sleeping. This is especially true for those who have chronic insomnia.

The pain and discomfort of arthritis may make it difficult to sleep through the night. In addition, the medications

used to treat these conditions and other medical conditions may adversely affect your ability to sleep.

If you experience sleep problems, think about whether your difficulty sleeping may be caused by an event or particular stress. If so, the problem may resolve in time and you need not seek treatment. Also, you may try the following to improve your sleep:

Use your bed and bedroom for sleep only. It is best to take work materials, computers and televisions out of the sleeping environment. - Maintain a regular bed and wake time schedule, including weekends. - Create a good sleep environment that is dark, quiet, comfortable and cool. - Sleep on a comfortable mattress and pillows. - Finish eating at least two to three hours before your regular bedtime. - Exercise regularly, completing your workout at least two hours before bedtime. - Avoid alcohol, nicotine and caffeine \* used close to bedtime, they can lead to poor sleep.

If sleep problems persist, they may be a sign of a larger issue that could adversely affect your health. See your health provider and discuss your sleep problems with him or her to try to determine the cause of your sleep issues. Your body and mind work very hard for you and you owe both the seven to eight hours of sleep per night that they deserve.

For more information, go to The National Institute of Aging "Good Night's Sleep" webpage at <http://www.niapublications.org/engageways/sleep.asp> or contact your County Extension Agent.

Source: Andrew B. Crocker \* Gerontology Health Specialist  
Educational programs of Texas Cooperative Extension are open to all people without regard to race, color, sex, disability, religion, age, or national origin.

# Classified Ads

Continued from Page 8

una comision y Zona de Eleccion que ellos residen dentro de. Los comentarios deben ser razonablemente concisos y al grano. Las preguntas se contestaran, pero el Tribunal no permitira el argumento ni la discusion excesiva de ningun tema particular. La vista se realizara bajo reglas del decoro judicial. Una cinta que registra de la vista estara hecho de esta vista. Sus comentarios se transcribiran y seran incluidos con la sumision de los cambios propuestos a existir que sondea las ubicaciones del lugar al Departamento de Estados Unidos de la Justicia.

## EL POSTE EL DISTRITO DE LA ESCUELA INDEPENDIENTE LOS MEDIOS DE COMUNICACION SUELTAN EL VERANO COMIDA SERVICIO PROGRAMA

El Poste El Distrito Escolar Independiente anuncia el patrocinio del Verano Comida Servicio Programa ser sostenido Lunes a traves de Viernes empezando el 1 de Junio de 2005 y continuando a traves de el 29 de Junio de 2005. Se proporcionaran el desayuno y el almuerzo en la cafeteria escolar, 309 Oeste 8th Calle (detras de la Escuela Elemental). El desayuno se servira de 8:30 de la manana hasta las 9:30 de la manana con el almuerzo que se sirve de 12:00 mediodia hasta las 1:00 postmeridiano los ninos 18 anos de edad y mas joven es elegible participar en el programa y no debe diferenciarse contra debido a la raza, color, origen, nacional, el sexo, la edad, la invalidez, la religion la creencia politica. Cualquiera que cree que ellos se han diferenciado contra debe escribir inmediatamente a: Director, la Division De Los Derechos Civiles, El Maestro de Ceremonias W-106, La Seccion De Texas Se Servicios Humanos, el P.O. Caja 149030, Austin, Texas 78714-9030 o la Secretaria de Agricultura, Washington, D.C. 20250. La nota: las quejas de la discriminacion basaron en la religion o que solo deben enviarse las creencias politicas al Director, la Division de los Derechos Civiles, la Seccion de Texas de Servicios Humanos.

## POST INDEPENDENT SCHOOL DISTRICT MEDIA RELEASE SUMMER FOOD SERVICE

The Post Independent School District announces the sponsorship of the Summer Food Service Program to be held Monday through Friday. Beginning June 1, 2005 and continuing through June 29, 2005. Breakfast and lunch will be provided at the school cafeteria, 309 West 8th Street (behind the Elementary School). Breakfast will be served from 8:30 A.M. until 9:30 A.M. with lunch being served from 12:00 noon until 1:00 P.M. Children 18 years of age and younger are eligible to participate in the program and must not be discriminated against because of race, color, national origin, sex, age, disability, religion or political belief. Anyone who believes that they have been discriminated against should write immediately to: Director, Civil Rights Division, MC W-106, Texas Department of Human Services, P.O. Box 149030, Austin, Texas 78714-9030 or the Secretary of Agriculture, Washington, D.C. 20250. Note: Discrimination complaints based on religion or political beliefs must be referred only to the Director, Civil Rights Division, Texas Department of Human Services.

## NOTICE TO ALL PERSONS HAVING CLAIMS AGAINST THE ESTATE OF ABEL ABRAHAM, Cause #1815, Garza County, Texas

Notice to all persons is hereby given that the original letters of Testamentary upon the estate of Abel Abraham, deceased, were issued to the undersigned on the 16th day of May, 2005, in the proceeding indicated below my signature hereto, which is still pending, and that I now hold such letter. All persons having claims against said estate, which is being administered, the county below named, are hereby required to present the same to us, at the address below given, before suit upon same are barred by the general statutes of limitation, before such estate is colsed, and within the time required by law to his attorney Preston L. Poole, Jr., at P.O. Box 296, Post, Texas 79356.

Dated: May 13, 2005.  
Mary Saldivar

## Bank Depository Bid Request Bid #01 - 05 Post ISD

Post ISD is seeking bids from qualified banks to serve as depository for the ISD. The ISD depository will serve the purpose of assisting with the banking functions for all school funds. Pursuant to existing provisions of Subchapter G, School District Depositories, Texas Education Code, it is the intention of the board of Trustees to select a Depository for a two year period commencing not later than July 1, 2005 and ending August 31, 2007.

Interested Banking Institutions need to obtain a bid package from Paula Horton, Business Manager, Post ISD, PO Box 70, Post, Texas 79356 or call Paula Horton at 806-495-3343. Post ISD is seeking sealed bids no later than June 6th at 1:30 P.M. Faxed bids will not be accepted. Bids will be opened and evaluated on June 7th at 10:00 A.M. The Superintendent will make a recommendation and bids will be let by the Board of Trustees at its regular meeting on June 14th.

## Now Hiring Tellers

Are You Energetic & Enthusiastic? Do You Have Customer Service, Sales and Cash Handling Experience? Can You Work Flexible Hours? If You Can Answer "YES" Look No Further!! We Want To Talk To You!!

Wells Fargo Bank, TX, NA is looking for energetic self-motivated, enthusiastic Tellers who can work FLEXIBLE hours.

Under direct supervision, processes customer transactions within established guidelines. Identifies and makes sales referrals, recommends alternate channels, cross-sells bank services and products for Wells Fargo partners, provides excellent customer service. Duties may include safe deposit, merchant/vault, ATM processing, bonds and coupons, foreign currency and night drop.

**Minimum Qualification:** Six months to 1 year of excellent customer service and sales experience with cash handling and/or previous teller experience. Preferred candidates should be goal oriented, have a stable work history and able to work FLEXIBLE hours.

Wells Fargo offers an exciting professional work environment, competitive salaries and excellent flexible benefits.

Qualified applicants are encouraged to visit our website at [www.wellsfargo.com/jobs](http://www.wellsfargo.com/jobs) keyword: 081501

Wells Fargo is an Affirmative Action Employer  
Member FDIC, EOE, M/F/V/D



## ACROSS

- 1 "Paso" south of the border
- 5 this Coolidge performed with TX Kris
- 6 TXism: "she could talk the legs off an \_\_\_ stove"
- 7 defensive aerosol
- 8 famous TX fiddler Robertson
- 9 TXism: "fits like ugly on an \_\_\_"
- 12 best of its kind
- 17 autobiography
- 19 TX-based Mary Kay Cosmetics opened in this Spain city in '93
- 21 TX Gary Morris tune: "One Fall \_\_\_ Takes \_\_\_"
- 22 TXism: "he could talk a wagon out of \_\_\_"
- 23 in Palo Pinto Co. on hwy. 16
- 28 Stack or Costner role
- 29 office furniture
- 30 Palo Pinto Co. creek
- 31 Cinco de Mayo (5th \_\_\_)
- 35 challenges
- 36 Hill Country trees (2 wds.)
- 42 "\_\_\_" in unannounced"
- 44 Austin quote in 1835: "\_\_\_ our only resource"
- 46 take the kernel off the cob (2 wds.)
- 48 "Streets of \_\_\_"
- 49 inhabitant of Serbia
- 50 A & E biography of George W.: "The Son \_\_\_ Rises"
- 51 TXism: "gave him \_\_\_ of his own medicine"
- 52 TXism: "that \_\_\_ won't hunt"
- 53 Dallas-based Haggard makes \_\_\_ clothing
- 54 bad performance
- 56 got first
- 57 circle segment
- 58 Tex Ritter's "\_\_\_ Whiskey"
- DOWN
- 1 title of George W.'s friend Tony Blair
- 2 "Texas \_\_\_ offers air-combat for thrill seekers
- 3 rancher
- 4 mentally healthy
- 9 TXism: "it's good for what \_\_\_ you"
- 10 in '69, TX Perot tried to deliver food to these soldiers in Vietnam (3 wds.)
- 11 TX Kay Hutchison time zone (abbr.)
- 12 Gov. Hogg's only daughter
- 13 Dallas "Tango Frogs" were created by Bob \_\_\_
- 14 actress Adams
- 15 Houston Museum of Fine \_\_\_
- 16 TXism: "ain't got a \_\_\_ of sense"
- 18 Grand \_\_\_ Oprey
- 20 TX "Eagle" Henley (init.)
- 23 TX Sissy played "Carrie" created by this King (init.)
- 24 TX actor Cassidy who was "Lurch"
- 25 TXism: "write slow cause he can't \_\_\_ fast"
- 26 film "Texas \_\_\_ the River"

The Original

## TEXAS CROSSWORD

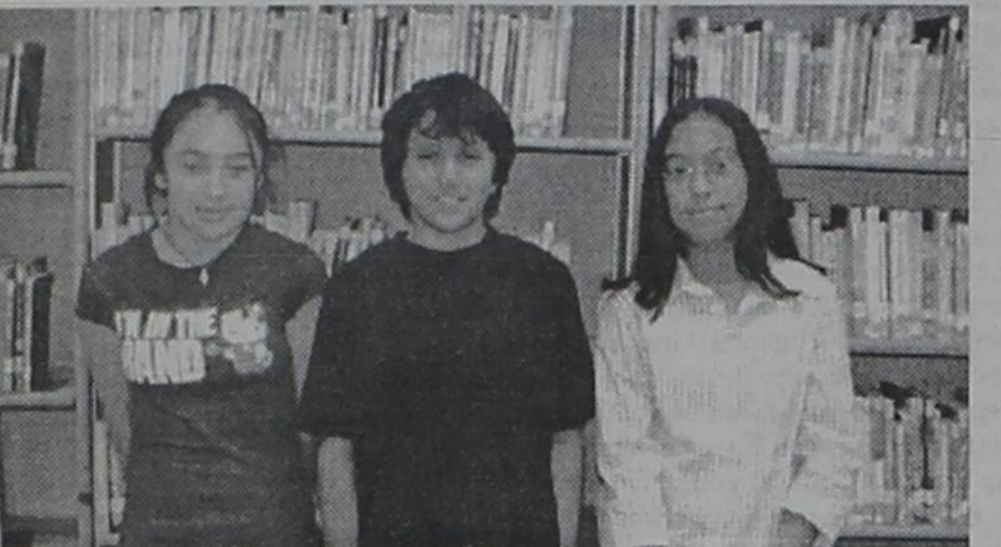
by Charley & Guy Orbison

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# Post Middle School STARS students get local support for summer camp



Post Middle School students attending the STARS camp are (left to right), Adriana Ceja, Patrick Martinez, Cheree Conner and Kelly Chapa. (Photo by Greg Henry)



Post Middle School students attending the STARS camp are (left to right), Sydnee Jones, Jonathan Perez and Alexandra Rodriguez. (Photo by Greg Henry)



Post Middle School students attending the STARS camp are (left to right), Brooke Morris, Crystal Sanchez, Caitlin Cravy and Stacy Bocko. (Photo by Greg Henry)



Post Middle School students attending the STARS camp are (left to right), Melinda Vega, Tanisha Paiz and Kalyn Villalo. (Photo by Greg Henry)

STARS (Students, Teachers, Adults Reaching Solutions) will once again attend summer leadership camp thanks to the support of local organizations, businesses and individuals in Post.

Scholarships provided by local residents and organizations will make it possible for 46 students and four adults to attend the 2005 MADD Leadership Power Camp to be held July 20-23 at Angelo State University in San Angelo.

The leadership camp is sponsored by MADD (Mothers Against Drunk Driving) and the TABC (Texas Alcoholic Beverage Commission). MADD is celebrating the 21st anniversary of the law establishing 21 as the minimum drinking age.

The leadership training is designed to enable local STARS members to make plans for positive changes in the school, the community and their lives. They will be given information on underage drinking, enabling them to bring home solutions designed to help change the community.

Hundreds of students from throughout the state will attend the event to share ideas, build friendships and exchange information. The camp will include action groups, skill clinics, panels, inspirational speakers and recreational activities.

"This is our chance to pick up skills to help Post and all of us individually to make something happen positively," said Debra Adams, program sponsor. "We will get the skills and knowledge necessary to develop scientifically-based prevention activities that will have a measurable impact on reducing alcohol and drug use in our community."

Those attending and their scholarship sponsors include Brooke Morris, Amity Study Club; Adriana Ceja and Patrick Martinez, Macy Ranch; Cheree Conner and Kelly Chapa, Dalby Cattle Co.; Kelsey Overton and Franchesca Varela, Post Volunteer Fire Dept.; Allisa Morrow, Shawn Perez, Lindsey Morrow and Brandon Crawford, First Presbyterian Church; Melinda Vega, Mark and Lisa Kirkpatrick; Sydnee Jones and Jonathan Perez, E.A. Franklin Charitable Trust; Caitlyn Cravy, Garza County Probation Dept.; Crystal Sanchez, B&A LP Gas; Chess Postell and Klent Baker, Post Rotary Club; and Tanisha Paiz and Kalyn Villalon, K.W. and Patti Kirkpatrick.

Also, Stacy Bocko, Woman's Culture Club; Michael Porter, Methodist Church Young Adults and Pathfinders Sunday School classes; Alexandra Rodriguez, Wells Fargo Bank; Amber Wilson and Travis Rasberry, MADD/Lubbock Chapter; and Ben Mason and John Bocko, anonymous donors.

Those attending courtesy of STARS are J. Kyle Copeland, Alexis Dunn, Allisha Jones, Cheyenne Morris, Evette Rodriguez, Morgan Williams, Jake Wischkaemper, John Rodriguez, Josh Rodriguez, Jarrett Blevins, Marissa Bustoz, Jakelin Delgadillo, Jovanni Garay, Claudia Hernandez and Valerie Moreno.

Also, Samantha Hoover, Marlee Plummer, Brenna Postell and Kelsey Sanderson and adult sponsors Adams, Carol Hester, Jason Powell and Wayne McKim.



Post 9th grade students attending the STARS camp are (left to right), Marlee Plummer, Brenna Postell, Samantha Hoover and Kelsey Sanderson. (Photo by Greg Henry)



Post Middle School students attending the STARS camp are (left to right), Michael Porter, Travis Rasberry, Ben Mason and John Bocko. Not in photo is Amber Wilson. (Photo by Greg Henry)



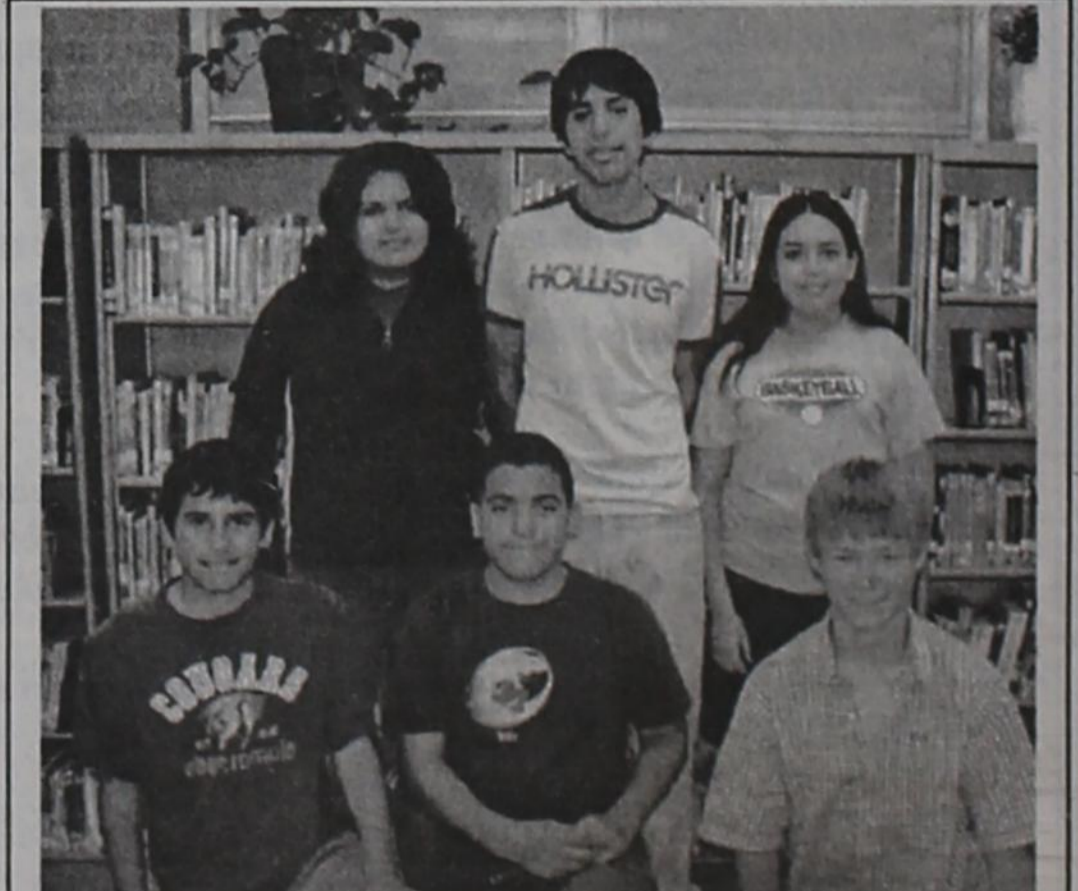
Post Middle School students attending the STARS camp are (back row left to right), J. Kyle Copeland, Alexis Dunn, Allisha Jones, Cheyenne Morris and Evette Rodriguez (front row), Morgan Williams and Jake Wischkaemper. (Photo by Greg Henry)



Post Middle School students attending the STARS camp are (left to right), Kelsey Overton, Franchesca Varela, Chess Postell and Klent Baker. (Photo by Greg Henry)



Post Middle School students attending the STARS camp are (left to right), Allisa Morrow, Shawn Perez, Lindsey Morrow and Brandon Crawford. (Photo by Greg Henry)



Post Middle School students attending the STARS camp are (back row left to right), Marissa Bustoz, Jovanni Garay and Jakelin Gadillo (front row), John Rodriguez, Josh Rodriguez and Jarrett Blevins. Not in photo are Valerie Moreno and Claudia Hernandez. (Photo by Greg Henry)

## Legislature considers requiring local officials to attend open meeting training

Legislation passed by the House last week could require elected or appointed Texas government officials to complete training courses in open records and open meeting laws.

SB 286, authored by Sen. Jeff Wentworth (R-San Antonio), passed

May 10. It incorporates training requirements in a similar bill filed by Rep. Todd Baxter (R-Austin).

The legislation, according to a press release distributed by Attorney General Greg Abbott's office, grew out of Abbott's commitment to change attitudes among government officials who must interact with the public daily. The AG's Open Records Division receives about 11,000 requests per year from government officials seeking guidance pertaining to disclosure of records to citizens and members of the media.

"What I have learned as attorney general is that public officials do not always know what is required of them," Abbott said. "Education of public officials about government's duty to provide information to the citizens represents one way my office can ensure correct responses are provided. This is essential to our democratic process."

The training course, up to two hours in length, would emphasize the responsibilities government officials have to the public in complying with these laws. The AG's office would conduct training on-site, provide cost-free videotaped courses or approve training provided by government offices or other qualified instructors.

"We live in an era in which citizens demand more openness from their government," Abbott said. "It is my fervent hope that this bill, if signed into law, will give public officials the tools they need to provide the best possible customer service to the people of Texas."

If signed into law by Gov. Rick Perry, the law would take effect on Jan. 1, 2006. Government officials would be expected to enroll as soon as possible. Future officials would be required to take the course no later than 90 days after they assume office responsibilities. Public information officers employed by a government office also would be required to take the open records training course.

### Extension Extras

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

**Master of Memory - Lesson 4**  
In the fourth lesson of the "Master of Memory" series, you will learn what types of medications may affect your memory and when to talk to your health provider. The next lesson will be at 10:15 a.m., Thursday, May 19, at the Trailblazer Senior Citizens Center.

## Hometown Pharmacy 1st Anniversary



Hometown Pharmacy staff: (left to right) Brant Guthrie, Lennis Peters, Mary Hair, Alisa Peters and Regena Isbell.

### Thank You!

### We Appreciate Your Support

- FREE city-wide delivery
- Fill nursing home prescriptions
- We accept virtually any prescription insurance plan
- We meet or beat any legitimate cash price
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