

Glenn Polk will bring his "Apostle Paul" story to the First United Methodist Church Sunday, August 24.

Post Notes

Elementary school pre-enrollment

Post ISD classes start Aguust 18. Parents of children not currently enrolled for Pre-K or Kindgarten or have not attended Post Elementary School should visit the school office between 8 a.m. and noon and 1 to 3 p.m. to complete necessary paperwork. Parents need to bring child's birth certificate, shot record and social security card.

Elementary school supply packs

Supply packs for Post Elementary School are available at the school office Monday through Friday, 8 a.m. to non and 1 to 3 p.m. Supply packs are available for Kindergarten through fifth grades with prices: Kindergarten \$15, 1st grade \$19, 2nd and 3rd grade \$22, 4th and 5th grade

Post Middle School seeks parents

Post Middle School has set parental involvement as one of its priorities for the coming school year and is seeking two volunteers to act as paren liaisons. Ideally, at least one of the parents would be fluent in Spanish Liaisons would plan activities that would be of interest for parents and act as link to parents in order to facilitate better communication be tween school and home. Call the school at 495-2874 to volunteer.

Close City-Garlynn Reunion

The annual Close City-Garlynn Reunion will be held Saturday, August 16 at the Post Community Center. The event will feature a catered meal at \$10 per person. Call Onita Gunn at 495-2009 or write to her at Rt 3 Box 201, Post, Texas 79356 or Charless Morris at Rt 3, Post, Texas 79356 or call 495-3413.

Meet the Antelopes night August 18

The Post Antelope Booster Club will sponsor "Meet the Antelopes Night" at 7 p.m., Monday, August 18 at the stadium. Homemade ice cream will be sold for \$1 per cup. All Post Middle School and High School football players will be introduced. The booster club will also have new caps on

Benefit for Sylvia Cruz

A benefit Barbacoa Burrito sale will be held Saturday beginning at 7:30 a.m. at 215 Ralls Rd to benefit Sylvia Cruz. On Sunday, a benefit sale of brisket plates with desert will be held at the Post Community Center with dine-in or carry-out.

Middle School 'Back to School' dance

A dance for Post Middle School students will be held Friday, August 15 from 8 to 11 p.m. at the Teen Room in the Post Community Center. The cost is \$3 per students entering sixth, seventh or eighth grades. The dance is sponsored by Post Middle School STARS.

Homebuyer's education workshop

The South Plains Community Action and Xcel Energy Foundation are sponsoring a Homebuyer's Education Workshop Monday, August 18 from 6 to 9 p.m. at the Brownfield Community Action Center, 111 North D. To register call Judy Norton at 806-894-4560. Deadline for registration is

Friday, August 15 at 5 p.m. Church offers Gorditas, garage sale

The Holy Cross Catholic Church will serve Gorditas with rice, beans, salad and tea at \$5 per plate and a garage sale Saturday, August 16 from 7:30 a.m. to 1 p.m. Meals will be served from 11 a.m. to 2 p.m. at the Parish Hall

2003 Antelope Season Ticket Sales

Reserved seats for the Post Antelope football season will be sold as a "season pass only" for the 2003 season. The price for reserved seats will be \$4 per person per game, which means a season pass will be \$20 for the five home games. Reserved seats will be sold for a limited time only, first come, first served, through August 22. No reserved seats will be sold after August 22. Contact Shellee Odoom at the Post ISD business office, 501 S. Avenue K or call 495-3343 to make arrangements for reserved seats. Seats not purchased by August 22 will be available as open seating for each game.

Post Antelope football live radio

KPOS Radio will again this year offer live coverage of Post Antelope football games throughout the season. The games will also be recorded for broadcast on Saturdays and Sundays at 10 a.m., 1, 4 and 11 p.m. on Classic Cable Channel 12. Sponsorships for the live and taped broadcasts are now being accepted, call Kerri at 495-2816.

Antelope Booster Club meets Mondays

The Post Antelope Booster Club meets Mondays at 7 p.m. in the PHS commons. All parents and community supporters of Post athletics are urged to attend. Memberships are available at \$10 for individuals, \$20 per family or \$50 for businesses. A membership card at home games entitles the member to a free program. Business membership provides for a football or basketball poster of individual player, cheerleader or

Team Up With Schools Campaign

Wells Fargo Bank is collecting school supplies as part of its "Team Up With Schools Campaign." The campaign continues through September 13. Donations may be brought to Wells Fargo or call Jana Bullard at

Harley Sadler Show at Garza Theatre

The Garza Theatre's 2003 Tribute to The Harley SDadler Show, "Rose of the Rio Grande," continues August 15 and 16. The comedy features "Sputters," (The Stuttering Cowboy), directed by Mickie Klafka. Cast members include Chris Davis, Peter Contreras II, Charles Grair, Christina Burk, Shilo Fonseca, Pat Price, Debbie Burk and Roy Willis. Call the box office at 495-4005 to reserve tickets.

The Host Bispatch

USPS 439-620 © 2003 The Post Dispatch

Newsstand Price 50¢

Thursday, August 14, 2003

Commissioners support constable in personnel complaint

by Sheri Lewis

business persuaded Garza scheduled to begin Oct. 1. budget Monday morning.

Members of the court agreed to court. meet next week - Monday, Tues-

"Apostle Paul" presentation set for Aug. 24

A one-act dramatic presentation of the testimony of the apostle Paul will be performed Sunday, Aug. 24 beginning at 10:50 a.m. in the First United Methodist Kimmons, deputy constable, and

"While the events described prior to Paul's conversion on the Leslie Acker, county attorney. No conjecture, the assertions of the truth of the gospel Paul makes are indeed scriptural," reads the performance.

The public is invited to attend the special presentation.

the pipeline from Slaton.

CRMWA water rate

increase announced

No water has yet been made available, but the City of Post will

soon realize an increase in the cost of water to be funneled through

In a letter from Roger McKinney, city administrator for Slaton,

city officials have learned that due to increased costs from the Ca-

nadian River Municipal Water Authority, the City of Slaton is bud-

geting for a 17 percent increase in costs for CRMWA water. That

increase, in accordance with the contract between the cities of Slaton

McKinney's letter was the subject of some discussion at the

council's last session, but no information on what, if any, impact the increase might have on Post water customers was discussed.

Council members also received an update from the city manager,

Through July 17, a total of \$1,763,927.11 had been spent on the

supply line, while \$870,133.11 had been spent on the tanks. A total

of \$3,770.458.22, including professional fees and pipeline materi-

The project bid, opened in December, was slightly less than \$4.4

Saturday scrimmage televised

Saturday's scrimmage between the Post Antelopes and

Snyder's junior varsity team will be digitally recorded by Post

City Television for broadcast Sunday on Classic Cable Channel

Post City Television will broadcast digitally recorded football

Fred Stephens, on funds spent on the Slaton pipeline project.

and Post, will be passed on to the City of Post.

als, had been spent as of mid-July.

12 at 10 a.m., 1 p.m., 4 p.m. and 11 p.m.

games throughout the 2003 football season.

million.

A two-hour executive session day and Thursday - to work on coupled with routine items of the budget for the fiscal year district judge for a district court delinquent taxes, was not adver-

County Commissioners to post- "We've got to get this thing pone work on the new fiscal year knocked out," County Judge curity fund generated through sioners agreed to contact the Giles Dalby told members of the local courts.

> sioners went into executive session to discuss personnel mat- county, city, school district and public assistance. ters. The closed-door meeting lasted approximately two hours.

Once the court returned to open session, commissioners agreed that Constable Daniel Yarbro had "properly handled the situation" involving a conflict between Bo Wendy Matthews, a dispatcher at the sheriff's department, said road to Damascus are largely further action related to this matter is expected.

Acker declined to comment further, and no information on the media release pertaining to the matter was made available in open session.

In other business, commission-

 Approved the salary set by the health care district as a result of the salary will be paid from a se- made on the property. Commis-

After deciding to postpone the 9, Block 39, or 401 N. Ave. F, re- est in accepting the bid on the budget work session, commis- cently submitted to the county. property. The property, foreclosed on by the • Approved an application for

bailiff. Garza County's portion of tised for sale, but a bid has been other local taxing entities to de-· Discussed a \$500 bid on Lot termine whether there is inter-

School starts Monday, first football scrimmage here Saturday

Classes begin Monday for students in the Post Independent School

Teachers new to the school district reported for work Monday, while returning teachers returned Tuesday.

Superintendent Marlin Marcum said the district anticipates enrollment figures to be similar to those reported at the close of the 2002-2003 school year.

"We anticipate about 1,000 students," Marcum said. "That includes the detention center, and out there the numbers are up a bit. That should offset any loss we have."

Prior to the beginning of classes, the 2003 Antelopes will maketheir debut in a pair of scrimmages set for Saturday at Antelope Stadium. The junior varsity scrimmage is slated to begin at about 10 a.m., followed by the varsity scrimmage. The varsity match-up is expected to begin at about noon. Both teams will be scrimmaging Snyder teams.

The Post Antelope Booster Club will offer hamburgers and drinks beginning at 11 a.m.

As school district personnel prepare for the 2003-2004 school year, Sheriff Kenny Ratke said he'd like to remind local and area drivers to use caution when traveling, particularly in those areas around the schools. Construction zones along Broadway and at 8th and Broadway are having a significant impact on traffic flow, and drivers will need to pay extra attention to students and school-bound motorists making their way to and from the schools.

"Please use extreme caution," the sheriff said.

Two juries picked for criminal trials

by Wes Burnett

Late Monday afternoon jury se- mons for jury duty ... here's a lection for two Garza County summary of the event I shared criminal cases was completed in with approximately 150 other the 106th Judicial District Court, fellow citizens. choosing from an original list of My day started with forgetting 350 potential jurors.

son in the Texas judicial system questions on the back side. I did for most of those sitting in what arrive early enough to visit with must be the most uncomfortable deputy clerk Lena Rodriguez to auditorium seats ever built.

For those who have not had the it was park and wait. "privilege" of answering the sum-

to bring the notice with me, and The day-long ordeal was a les- I also had failed to complete the take care of those details. Then

As many of you know, I do not wear or carry a watch ... which is a blessing most of the time, and was particularly handy Monday. Not knowing the time helps ease the pain in such "wait and see" situations.

Shortly after 9 a.m., court bailiff Cliff Laws announced that we would be seated in numerical order, almost every seat in the second floor courtroom was occupied. He called out the names and one by one we were seated according to a numbering sequence provided by the clerk. Then Rodriguez "called the roll," and noted the names of those who were absent. This was a reminder that jury duty is not a voluntary matter.

Back to the issue of the seats ... when you sit and wait as we did, you notice things you might not otherwise have seen ... such as the age of the seats themselves ... they are probably the original seats installed in the 1920s when the courthouse was built. A bit narrow (especially for those of us

(Continued on Page 2)



Judy's Jabberin

by Judy (Ballentine) Bush



CALL

Hey everyone, have a chance of rain. The good Lord Well, the weather knows we need it so maybe, maybe. sounds much more The kids have one more week of promising this running around and sleeping late. week. I did not see The 18th is upon us. Now my mom a single 100 degree always put the "school rule" into day!!!! We even effect one week before it started. No

Happy 4th Birthday Ben Maxfield Ayala from Mom, Dad & Mysty



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down town, no sleeping late and getting up early was the rule. I have a feeling that is going to be the rule for lots of kids this week!

RODEO

I hear the rodeo was a big success this year. If traffic is any indication, I know it was. Hats off to the guys that pull it off each year. That is a ton of work, but pays off with lots of entertainment for everyone.

BLONDE JUDY

The following was sent to me by Jerry Taylor. Now I don't know if he sent it because of the title of if he is trying to tell me something. Blonde Judy Blonde Judy is explaining to Monika the bad day she'd had at work. Judy's boss had suffered a heart attack and died. Monika said, "How horrible! What did you do?" Judy shook her head,"There was nothing I could do. He kept yelling at me to call 9-1-1, but he wouldn't tell me the rest of the numbers!"

COUNTRY WISDOM Don't name a pig you plan to eat. Life is not about how fast you can

run, or how high you climb, but how well you bounce. Life is simpler when you plow around the stumps. A bumble bee is faster than a John Deere tractor. Words that soak into your ears are whispered, not yelled. who have "spread out" over the Forgive your enemies. It messes with years). their heads. Two can live as cheap as one, if one don't eat. It don't take a very big person to carry a grudge. You can't unsay a cruel thing. Most of the stuff people worry about never happens. When you wallow with pigs expect to get dirty. and my favorite..... Teachers, bankers and hoot owls sleep with one eye open!

WELCOME HOME

I wanted to say "welcome home" to Tim Burnett. He has come home to Post and will be joining his dad in the day to day running of the Dispatch. I know one dad who is a happy fellow. Anyway, Tim welcome home, we're glad you are here.

TO JAMIE

I want to send get well wishes to Jamie Hernandez, who had a close call in an auto accident last week. I hope he is mending quickly and up and out really soon.

TILL NEXT WEEK

Well, guess that is it for this week. Please call in your news, it makes the writing of Jabberin much easier if I have news to share. May the good Lord bless each of you and have a great weekend. See you next week.

Births

Cooper

Grapevine, Texas proudly announce the birth of their daughter, Reese Catherine Cooper.

She was born June 30, 2003 at Covenant Medical Center, weighing six pounds, two ounces and

Her grandparents are Danny



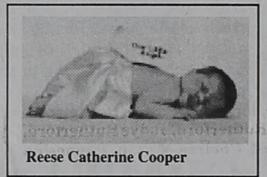


Reese Catherine

Matt and Christina Cooper of

was 21 inches long.

and Vickey Cooper of Post and Don and Mary Moilan of Grape-



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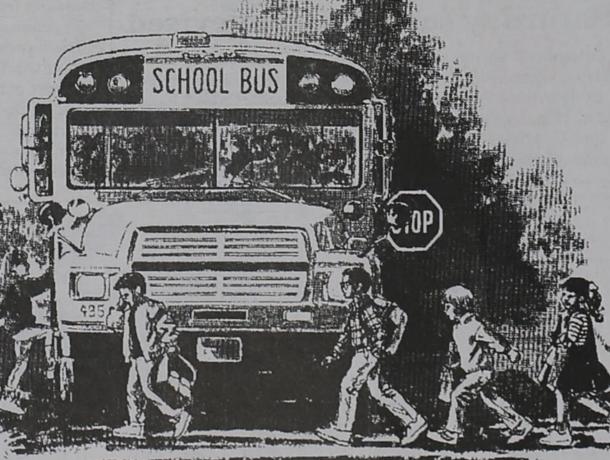
Communications

Member FDIC

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School starts Monday, August 18 ... Please drive carefully... especially around school buses and schools!

Let's put children first and drive with caution in school zones.





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Lobby Hours 9-3 M- F. Drive In Hours 9-6 M-F 9-12 Sat



Jury selection...

(Continued from Page 1)

There was a lot of banter among friends while nothing seemed to be happening. We did notice there were a lot of lawyer looking folks (in dark suits and carrying brief cases and document filled file folders). Some said there were five or six cases being considered. At any rate, about 10:30 a.m. the bailiff announced that jurors could take a 30 minute break. After that I heard the second ma-

jor complaint about conditions at the courthouse ... women were particularly bitter about the availability of restrooms. "Only one women's room," was the common cry, "I spent most of my time waiting in line." I guess when the courthouse was built in the 1920s there weren't as many women doing business in the courthouse?

After the break there was more waiting ... then about 11:30 (I'm guessing on the time, but I'm pretty good at that), Judge Carter T. Schildknecht came through the door as the bailiff boomed, "All rise, the 106th Judicial District Court is now in session, Judge Carter Schildknecht presiding." She took her seat behind the big desk on the west wall, flanked by the U.S. and Texas flags.

Judge Schilknecht offered a cordial and friendly welcome to the jurors, explaining that she understood the difficulties and sacrifice that is required. She informed us that while we were patiently (or impatiently) waiting, four of the six cases had been settled out of court, therefore there would only be a need to select two juries from the jury pool. She also said that having such a large number of jurors seated in the courtroom was a primary reason those cases were settled early.

It being about 11:45 a.m. after her opening remarks, Schildknecht called for a lunch recess until 1:15 p.m., at which time "voir dire" would begin. She explained that French term as legal speech for allowing both sides to determine which jurors would be best to serve for each particular case.

Of course, the restaurants in town were full and busy, but most of us made it back in time ... although I slipped into my seat just before the judge was about to send the bailiff for me. One or two others had similar situations, but shortly afterward the process began.

First, Judge Schildknecht allowed jurors with particular problems to approach the bench requesting to be excused. A number of jurors took advantage of that offer and most requests were honored.

Jury selection (or jury elimination) began with prosecuting attorney, followed by the defense. The accused in the case was charged with felony DWI. Several jurors cited a conflict with the arresting DPS officer. After the defense attorney had his turn, there was a brief recess while the "preemptory striking" of jurors took place. We returned to our hardened chairs, as the judge read out the names of the 12 and one alternate to be seated as jurors in the case.

I was not one of those chosen, having been excused from that case due to my stated objection to the level of proof I expect in such matters and my questions about the definition of intoxication. However, the judge did hold me over as a potential juror for the second case.

Voir Dire in the second case began a little after 5 p.m. That case involved a young man charged with "aggravated assault with a deadly weapon, to wit, a knife." The 12 jurors were chosen, and those of us not seated were released after Judge Schildknecht again expressed her deepest appreciation for our service. "This is the most important time you could spend as a citizen," she emphasized, "without you as jurors, our system of justice could not exist."

It was about 7 p.m. when we left the courthouse ... although the judge offered us the choice earlier to recess until Tuesday morning, those of us still in the seats echoed in one voice to stay and get it done.

Athough I have serious concerns about the current jury selection process, I must say that if I were a defendant in either of those cases, I would take some solice in the fact that each and every juror selected are good and justice-seeking citizens who will afford a fair hearing of the evidence. I personally know almost every single one of the 26 who were seated (24 as jurors, two as alter-

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Chris

Judge Schildknecht is a fair and impartial judge with an eye for order and due process. We are fortunate, in my opinion, to have her seated as our district judge.

It wasn't fun, and I spent a lot of time wondering how I could get the newspaper published this week if I had been selected as a juror ... but other than that, and the hard seats, it was all in all a most interesting experience. This is my third time in less than two years to be called for the jury pool ... I almost made the cut, one of these days I might actually serve on a jury, but that's a matter for some future discussion.

THC chooses Plains Trail as newest heritage trail

The Texas Historical Commission (THC) recently designated the Texas Plains Trail Region as the sixth area to participate in the agency's regional tourism initiative, the Texas Heritage Trails Program. Acceptance into the program begins the state-assisted development and promotion of the area as a heritage tourism desti-

The Texas Heritage Trails Program helps Texas communities promote tourism, revitalize local economies and foster community leadership through historic preservation. The THC will work with the Texas Plains Trail Region for a minimum of three years providing technical, marketing and financial assistance. Texas Plains Trail Region consists of 52 counties: Armstrong, Bailey, Borden, Briscoe, Carson, Castro.

Childress, Cochran, Collingsworth, Cottle, Crosby, Dallam, Dawson, Deaf Smith, Dickens, Donley, Floyd, Foard, Gains, Garza, Gray, Hale, Hall, Hansford, Hardeman, Hartley, Hemphill, Hockley, Howard, Hutchinson, Kent, King, Knox, Lamb, Lipscomb, Lubbock, Lynn, Mitchell, Moore, Motley, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Scurry, Sherman, Swisher,

Terry, Wheeler and Yoakum. Initial steps to incorporate the Texas Plains Trail Region into the program in clude hiring a regional trail coordinator assessing and reporting on the region's heritage tourism readiness and creating a travel guide for the region.

SPARTAN Transportation School routes

For students attending POST Schools Come by and complete an application form at: **SPARTAN Transportation**

S. Hwy 84 Post, Texas 79356 call 1-800-462-8747 for an information/ application packet.

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Neighbor to Neighbor

by Julie Neitsch,

Garza County Extension Agent-Family & Consumer Science Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

H2O-Essential for Everyday Living

person does not consume enough water every day, it could compromise late body temperature.

insufficient amounts since thirst does and beverages can satisfy this renot develop until body fluids are dequirement. The minimum for 8 cups pleted well below levels required for or 64 ounces of water is the minimum optimal functioning. Groups most amount of fluid recommended daily vulnerable to dehydration are in- to replace water losses under condifants, athletes, and elderly adults.

ns

Water is considered an essential They usually are not able to adnutrient because it constitutes ap- equately express thirst sensation or proximately 60% of adult body detect them because due to extreme weight. This important nutrient aids heat or perspiration, thirst may lag in nutrient digestion, absorption, behind the actual water requiretransport, and metabolism. It is also ments. To prevent hydration, a minirequired for facilitating excretion of mum of 8 cups of fluid, preferably metabolic waste by the kidneys. If a water, is required daily from beverages and foods.

Consumption of approximately 2.5 cell functions like the ability to regu- to 3 liters or (10.4 to 12.5 cups daily) of water is recommended to main-Generally, water is not consumed tain optimal hydration. Both foods tions of moderate activity, high tem-

peratures, and altitude.

Water requirements are most effectively met by consumption of plain water or beverages which are greater than 90% water by volume. Water may also be obtained from solid foods such as fruits and vegetables which have a high water content. Low moisture foods such as grains and meat products do not contribute significantly to water intake.

It is essential to take care of ourselves which includes keeping our bodies healthy and hydrated. Loss of body water amounting to 10% of the body weight impairs work performance and is often associated with nausea, weakness, delirium, and hyperthermia. Signs of dehydration can include decreased urine output, sunken eyes, dry mucous membranes, and skin tenting on the forehead. Water losses exceeding 20% of body weight are life threatening.

So next time when you are thinking about your healthy life style, make sure to include optimal hydration a part of your diet.

Source: Northwestern University: Northwestern Nutrition Nutrition Fact Sheet: Water http:// www.feinbren.northwestern.edu/nutrition/factsheets/water.html

KPOS Radio 97.7 FM

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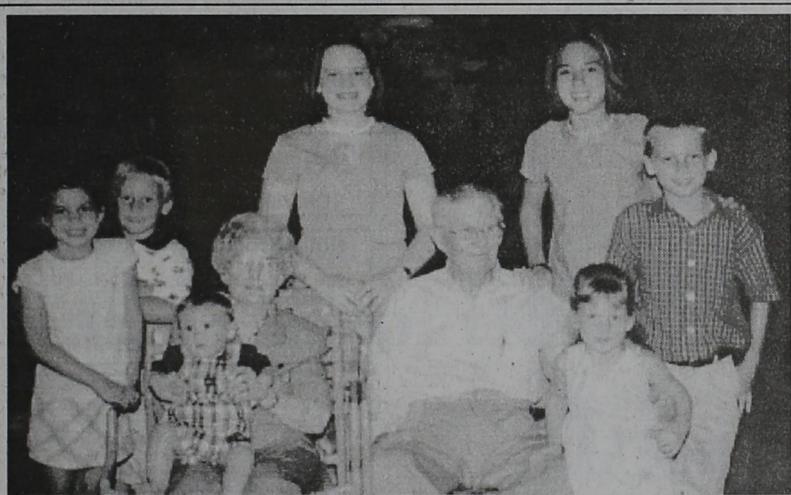
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The grand opening for Ma & Pa's Burgers and More (formerly the Snack Shack) will be held Thursday, Friday and Saturday. Owners and staff are (back row, left to right) Les Rutherford, Christy Rutherford, (middle row) Twila Holly, Sammy Melton, Asa Rutherford, Jodye Rutherford, Leslie Rutherford, (front row) Jessica Melton, Chasiti Rutherford, Chelsea Melton, Phyneshia Rutherford and Ashley Holly.



Thurman Francis celebrated his 90th birthday, surrounded by family members: (left to right) Karah Craig, Ben George, Kelci Craig, Morgan George, Kyle Craig, (seated) Annie Laura Francis holding Gage George and Thurman Francis with Katie Craig.

Taylor completes firefighter training

Garza County firefighter Brandt Taylor completed training at the 74th Annual Municipal Texas Fire Training School July 20-25 in College Station. Each summer, the school enrolls more than 2,500 fire prevention, suppression, control and safety personnel from municipalities, industries, state and federal agencies and the armed services, representing more than 775 cities from 25 states and numerous provinces and countries.

The school traditionally delivers five days of classroom lectures and hands-on field experiences at one of the largest fire training facilities in the

The annual event is sponsored by the Texas Engineering Extension Service (TEEX), a member of the Texas A&M University System.

* Support our Troops... Bring 'em home! *

Public Hearing on Rural Public Transportation

Notice of opportunity to make comments at a public hearing is announced by South Plains Community Action Association, Inc. 411 Austin Street, Levelland, Texas 79336 on the proposed continuation of rural public transportation service within Bailey,

Cochran, Garza, Hockley, Lynn, Lamb, Mitchell, Terry, Yoakum and Scurry counties and the rural areas of Lubbock county. Financial assistance to continue this service is being sought from the Texas Department of Transportation under the Section 5311 grant program.

Service will be for the general public, fares will be charged for the service. Funds for additional vehicles to provide the service are not being requested in this grant application. The public hearing will be at 1:30 p.m. on August 14, 2003 at the Texas WorkSource Center - Meeting Room 2, 1218 14th Street, Lubbock, Texas Written comments can be forwarded to SPCAA, Attn: SPARTAN, P O Box 610, Levelland, Texas 79336.

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ituaries

Ella Mae Jones

Services for Ella Mae Jones 87, of Post, were 2 p.m. Monday at the Church of the the 1950s. Nazarene and burial was at the Terrace Cemetery, under the personal care of Justice-Mason Funeral Home. The Rev. Ron Miner, Pastor of the Church of the Nazarene officiated.

Mrs. Jones died Friday, August 8, 2003 at Golden Plains Care Center. Born May 1, 1916 to John and Martha (Gannon) Womack at Newcastle, Texas. She attended school at Grassland and later married Carl Jones Dec. 31, 1933. Moved to Post and later worked for the Postex Cotton Mill. She then worked for Giles and Nelda Dalby until her retirement.

She was a member of the Church of the Nazarene, since 1942. She was preceded in death by her parents and one brother: Harold Womack in 1970.

Survivors include one son: Bill G. and wife LaRue Jones of Levelland and two daughters: Dorothy (Jones) and husband Gomer Custer of Cincinnati, Ohio and Cerretha (Jones) and husband Jerry Rose of Cedar Park;

One brother: J.C. Womack of San Angelo and one sister: Marie Reid of Sacramento, Ca. Five grandchildren: Tammye Custer Heefner of New Braunfels, Steve Jones of Levelland, D'Les Jones of Dallas, Stacy Rose of Austin and Mickey Rose of Kyle. Six great-granchildren: Katie and Jennifer Heefner and Tye, Caycee and Cyanne Jones and Joshua Fitts.

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Pallbearers were Jerry Rose, Mickey Rose, Tye Jones and Steve Jones.

Vernon Ray

Graveside services for Vernon O. Ray, formerly of Post, were held at 10 a.m. July 28, 2003, in the Roselawn Memorial Park in Val Vleck with full military honors. He died July 25.

Born Nov. 6, 1920, he served as a coach in Post schools during

Frances Stokes Sargent

Graveside service for Frances Stokes Sargent of Slaton will be 11 AM Saturday, August 9, 2003 in Englewood Cemetery with Dick Cade officiating. Arrangements are under the direction of Englunds Funeral Service of Slaton.

Frances passed from this life Thursday, August 7, 2003 after a brief illness. She was born December 2, 1905 in Big Springs, Texas. She moved to Slaton in Nov. of 1932 from Lamesa, Texas,

She was office manager for Pember Insurance Agency for many years, retiring in 1980. She was a member of the Slaton and later the Post VFW Ladies Auxiliary and a member of the Eastern Star in Slaton and later the Lubbock Eastern Star 1082. She was a charter board member of the Slaton Senior Citizens Center. Survivors include: her daughter, Peggy Altman of Slaton, 6 Grandchildren, Cindy Taylor and Kay Wallace both of Post, Don Altman of Lubbock, Duke Altman of Austin, Dennis Altman of the Philippines and Ray Altman of Slaton, 18 Great Grandchildren and 11 Great Grandchild.

The family suggests memorials to Slaton's Meals on Wheels, 230 W Garza, Slaton, Tx 79364.

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Letters to the Editor Policy: We require all letters to be signed. Letters may b. edited for brevity, grammar and punctuation. Opinions expressed in Letters to the Editor do not necessarily reflect those of The Post Dispatch nor its staff.

We get internet letters

If your readers know any of the folks who have commented on our posttexas.com Wel site, please ask them to mention that we note and appreciate their comments.

• A.G. (?) — Lives in Denver, grew up in Post, "best place in the world."

 Ab and Genella, Borger, Texas — "Love your town and all the things to see and do." • Mary Belle (Pippin) Lindsey — Born in Garza County at Grassburr; attended schoo at Grassburr and Cross Roads. Last teacher at Post High School was Mrs. Fisher. Worker at Post Tex Mill. Parents, Hugh and Laura Pippin. Uncle Lon Cross was sheriff for severa years. 602 El Paso St., Merkel, TX; Igrannieanny12@aol.com.

• Jared White — "Used to go to Post High School. Moved in 1999. Just (dropped in) to say hi."

 Allan Hampton — Spent ninth grade in Post, 1950-51. Now living in Arkansas Ahamptom@cox-internet.com.

Lonnie Duke — "As a former resident of Post, glad to find this Web page and set

· Jake Thaxton family - "Thanks for the info about Post. My deceased husband"; family called it home. We own the Star Ranch. Hello to friends.'

Ann Sanchez — Graduated from Post High School in 1998. Live in Dallas. Love the

• Yolanda — "Hi. Born in Post, have not been back. If anyone has anything interesting to share, yolly_lolly@yahoo.com."

· Laci Queen — "Y'all have a wonderful game warden named Benjie Smith. That's my father. Take care of him. Will be visiting soon."

• Gerald Williams, San Francisco, Calif. - "Have visited Post on the way to Florida to go to school from California. Stayed at Hotel Garza. Think the nicest people are in Wes

Texas. Really excited to find this Web site. This way I can keep up with Post." • Dianne Ammons Elliott — "Is The Post Dispatch online? Can't find it. Was born it good ol' Post and thrilled to find this site.'

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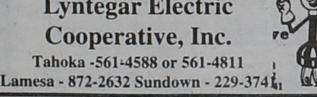
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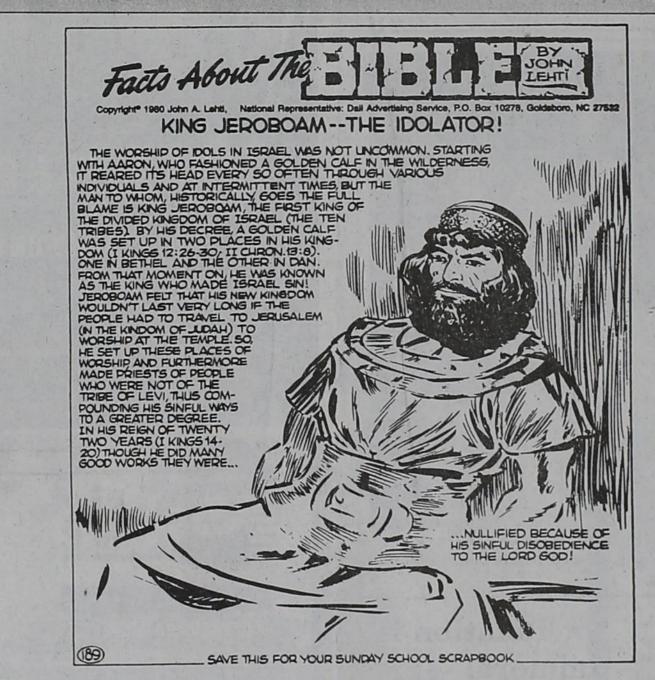


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Africa: a tragic continent

by Walter E. Williams



Dixie. Maybe it's overly pessimistic, but most of Africa is a continent without much hope for its people. Let's look at it.

According to a July 30 Wall Street Journal article, "If Economists Are So Smart, Why Is Africa So Poor?" written by Hoover Institution senior fellows Douglas North, Stephen Haber and Barry Weingast, "two-thirds of African countries have either stagnated or shrunk in real per capita terms since the onset of independence in the early 1960s. ... Most African nations today are poorer than they were in 1980 — sometimes by very wide margins."

Poverty is not a cause but a result of Africa's problems. According to the Netherlands-based Genocide Watch, since 1960, around the time of independence, about 9 million black Africans have been slaughtered through genocide, politicide and mass murder. The Democratic Republic of the Congo leads the way with 2,095,000, closely followed by the Sudan with 2 million, Nigeria and Mozambique with a million each, Ethiopia 855,000, Rwanda 823,000, Uganda 555,000 and hundreds of thousands more in other countries.

There are a couple of especially sad observations one can make about this aspect of the ongoing tragedy. The first is that if an equivalent number of rhinos, giraffes and lions had been similarly slaughtered, the world would be in an uproar. We'd see demonstrations at the U.N. and African embassies. The second is there was indeed one African country that was the focal point of mass demonstrations, moral outcry and economic reprisals. It was South Africa.

But was South Africa the worst in terms of black lives lost? It turns out that about 5,000 South African blacks lost their lives. Do you see anything wrong with that picture: world silence in the wake of millions upon millions of black lives lost on the rest of the continent but world outrage in the case of South African apartheid and 5,000

Anyone who believes President Bush's Africa lives lost? Might it be that white Africans are held to higher standards initiative, including sending U.S. troops to Liberia, of civility; thus their mistreatment of blacks is unacceptable, while will amount to more than a hill of beans is whistling blacks and Arabs are held to a lower standard of civility and their scams in 2001. mistreatment of blacks is less offensive?

President Bush has pledged to send more foreign aid to some African that \$18 million was lost to fraudulent Net commerce in 2001. nations. Foreign aid has historically gone to governments. Instead of helping the poor, foreign aid has enabled African tyrants to buy cronies and military equipment to stay in power, not to mention establishing multibillion dollar "retirement" accounts in Swiss banks, should their regime be toppled.

What African countries need, the West cannot give. In a word, what Africans need is personal liberty. That means a political system where there are guarantees of private property rights and rule of law. It's almost a no-brainer. The "2003 Index of Economic Freedom," published by the Heritage Foundation and The Wall Street Journal, lists Botswana, South Africa and Namibia as "mostly free." World Bank 2002 country per capita GDP rankings put Botswana 89th (\$2,980), South Africa 94th (\$2,600) and Namibia 111th (\$1,700). Is there any mystery why they're well ahead of their northern neighbors, such as Mozambique 195th (\$210), Liberia 201st (\$150) or Ethiopia 206th (\$100)?

The lack of liberty means something else: A nation loses its best and most mobile people first. According to the 2000 census, there were 881,300 African-born U.S. residents. They're doing well in our country, and many are professionals sorely needed back home. While in attendance at a Washington, D.C., Nigerian affair, some years ago, I listened while the Nigerian ambassador admonished the mostly Nigerian audience to come back home. At the table where I was sitting, my Nigerian hosts broke out in near uncontrollable laughter.

To find out more about Walter Williams, and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate web page at www.creators.com.

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Gun control tide is changing

by Scott McPherson

Advocates of the right to keep and bear arms have modest reason to celebrate these days. The state of Alaska recently became the second state, after Vermont, to allow citizens to carry concealed firearms without a permit or any of the restrictive measures, such as fingerprinting or background checks, that often accompany the permit-application process.

And on July 15 the Wisconsin Supreme Court voted 6-1 that "a citizen's desire to exercise the right to keep and bear arms for purposes of security is at its apex when undertaken to secure one's home or privately owned business." The decision came when the court heard the case of a Milwaukee store owner who was arrested for having a loaded gun in his pocket. The police were enforcing the state's draconian concealed-carry law, which allows only "peace officers" to carry concealed weapons.

The Wisconsin court ruled, however - on the basis of a 1998 amendment to the state's constitution that states that "people have the right to keep and bear arms for security, defense, hunting, recreation, or any other lawful purpose" - that protecting oneself while at home or one's place of business is clearly consistent with that "other lawful purpose" standard.

These two events mark small but significant victories for America's gunowners and all supporters of individual freedom.

Do they signal a sea change in the way most Americans are thinking about guns? Can we now expect widespread support for the repeal of our nation's many unconstitutional gun-control laws? Unfortunately not.

Still, what does seem to be happening, at the very least, is that more and more Americans are rejecting the absurd, leftist, 20th-century invention of a "collective right" to own a gun (e.g., through a state agency such as the National Guard) in favor of an individualist interpretation of the Second Amendment more consistent with the intentions of the Framers. More important, a few state governments seem to be listening.

When writing the Constitution and Bill of Rights, the Framers wanted to ensure that the citizenry at large would be armed to protect their respective states against foreign aggression or a tyrannical central government; this was the general militia (as compared with the "select" militia, which they greatly feared) early statesmen were talking about when they wrote the Second Amendment.

The Founders wanted to maintain a constant and large supply of gunowners who could defend liberty were it ever to be seriously threatened again. Remember, these men had lived through the early days of the American Revolution; they had seen the militia at work

on April 19, 1775, when armed farmers swarmed like bees on an invading British army and sent it back to Boston in tatters. Whatever their misgivings about the militia replacing a conventional standing army, they knew first-hand that a countryside full of armed citizens was the greatest first line of defense.

Tench Coxe, a personal friend of James Madison (who with George Mason co-authored the Second Amendment), summed it up best when he wrote, "Their swords, and every other terrible implement of the soldier, are the birth-right of an American." Such men would be horrified to hear modern Americans claim that gun ownership was a right only of government employees. For these early Americans, one of the citizen's first duties was to own a gun - if necessary, as a last resort for use against government employees.

At the same time, the right of an individual to own and use a gun to defend his home and property would have been accepted as a given, not even worthy of discussion or debate - which is precisely why it was never discussed, let alone debated, in either the Constitutional Convention or early congresses. People would own guns for the broad purpose of security, as the Wisconsin court has acknowledged. If someone wishes to argue that home, state, or national security should be assigned orders of importance, it doesn't weaken the case for an individual right in the least.

Ever since the 2000 presidential election, many pundits have been warning Democrats that gun control is a losing issue. Many believe that key Democratic states such as Tennessee and Arkansas, which should have been easy pickings for Al Gore, were nonetheless lost because of his anti-gun proposals.

In the same vein, these pro-gun victories in Alaska and Wisconsin suggest that a minor groundswell is taking place in our country. Even if most Americans are still (mistakenly) prepared to support "reasonable" gun control at the federal level, such as background checks, they are also (wisely) signaling that such measures should not be used to erode the general right to own guns.

We may be a long way from abolishing all of our failed, immoral, and unconstitutional gun-control laws, but this year's actions taken by the Alaska legislature and the Wisconsin Supreme Court indicate that, however slowly, the tide is finally moving in that direction. Scott McPherson is a policy advisor at The Future of Freedom Foundation. www.fff.org

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Pull in the net



by Bill O'Reilly

Anything goes on the Internet these days, and the feds are clueless about controlling the raging high-tech crime wave and egregious privacy violations of every kind. Was anyone surprised when Web thugs revealed the name of the 19-year-old girl who was allegedly sexually assaulted by Kobe Bryant? Was anyone surprised that one Web site even printed bogus topless pictures of the young woman?

The harsh truth is that many lanes on the information highway have become dangerous back alleys of crime and

corruption. Download these statistics: - The FBI says \$455 million was reported stolen through computer

— The U.S. Internet fraud complaint center received documentation

Federal authorities believe more than 10,000 Web sites devoted

to children pornography are operating worldwide. And the U.S. Securities and Exchange Commission prosecuted

cases totaling \$550 million in stock fraud also in 2001. In addition, overseas pharmacy Web sites will send you illegal narcotics in the mail, and you can gamble away every cent you have with online bookies. The FBI's cyber crime caseload has increased 1,200 percent over the past five years.

Section 8 of the Constitution gives Congress the power to regulate interstate commerce. There is no question that cyber crime is exploding, and the FBI, with its mandate to protect us from terrorists, is simply outmoused. The USA needs a federal cyber police and special federal courts to deal with the avalanche of criminal activity and civil

'Nobody really knows just how many people use the Internet, but estimates range up to 500 million people daily worldwide. And here in America, there is no single federal agency that keeps track of the crimes that occur everyday. Things are simply out of control.

This is a classic case of unintended consequences. The Net is an enormously powerful instrument that has improved all our lives. But it can also be used to hurt you. So where is the protection that our federal government is mandated to provide us? Benjamin Franklin had his hands full with a simple kite, what would he think now?

Because right now on the Net you can say anything you want about anybody, true or not. You can lie, cheat, steal, corrupt children, sell drugs, take bets, and send pornography and other offensive material. You can sell fake autographs and antiques. You can threaten people. And the odds of anything happening to you are infinitesimal. Al Capone would have loved the Net.

The argument against a cyber police is that "Big Brother" should not be watching what we do on our private machines. But these machines are not private once that send button is pushed. The Internet can quickly turn into a weapon and grievously hurt people. There must be consequences for those who break the law or practice defamation in cyber space.

So while Congress dithers around and the FBI is overwhelmed, the bad guys have new high-tech opportunities that even Fredo Corleone would have understood. The federal government is being outdueled by thugs and degenerates armed with computers and evil intentions. We need a powerful force to fight those evildoers, and we need it now. Let cyber justice begin.

Veteran TV news anchor Bill O'Reilly is host of the Fox News show "The O'Reilly Factor" and author of the new book "The No Spin Zone," in addition to last year's best — selling book "The O'Reilly Factor: The Good, the Bad, and the Completely Ridiculous." To find out more about Bill O'Reilly, and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate web page at www.creators.com. This column originates on the Web site www.billoreilly.com.

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Aaron Cooper (third from right) earned an associates degree from Butler County Junior College in El Dorado, Kansas. He is joined by livestock judging team members (left to right) coach Chris Mullinex, Dustin Wiley, Harlan Yocham, Jared Williams, Wendy Mayo, Cooper, Kyle Cnnely and Kyle Perez.

Aaron Cooper earns associate degree at Butler County Junior College

Aaron Cooper, a 2001 Post High School graduate, recently received an associate's degree in science from Butler County Junior College in El Dorado,

In addition to receiving his degree, Butler also was nominated to the National Dean's List and logged many accomplishments with the Livestock Judging

The college's Livestock Judging Team dominated junior college-level competitions during 2002-2003 and ranked as the second most successful team in junior college history. The team earned several national victories, including Kansas City, Mo.; Louisville, Kentucky; Denver, Colo. (Carload Contest); Fort Worth; and Houston. New records were set by the team at Denver and Houston competitions, as well as several new records set for Butler County Junior

Cooper has accepted an offer from Texas A&M University to be a member of its team. There he plans to pursue a degree in animal science. Four of his Butler County teammates plan to attend Kansas State University and two will attend Oklahoma State. All plan to serve on their new schools' livestock judging teams. Cooper, who is interning this summer for Enchanted Pines Simmental Ranch in Crockett, is the 20-year-old son of Steven and Jamie Cooper.

Sheriff reports 11 arrests

Eleven individuals were booked into the Garza County Jail during the past week, according to records provided by the sheriff's department.

On July 28, a 33-year-old male was picked up on an Erath County warrant. A 28-year-old was jailed July 31 for public intoxication.

On Aug. 1, a 60-year-old was arrested for failure to stop and render aid. Three arrests were made Aug. 3, including that of a 25-year-old for public intoxication; a 43-year-old for BWI/third offense (boating while intoxicated);

and a 25-year-old for public intoxication and criminal mischief. Three arrests also were made on Aug. 7. They included a 47-year-old picked up for Hale County; a 25-year-old, possession of marijuana, under two ounces; and a 49-year-old, assault/family violence.

Two arrests were recorded on Aug. 10, including that of a 23-year-old for public intoxication and a 37-year-old for DWI/drug, evading arrest and possession of a controlled substance.

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TexSCAN Week of August 10, 2003

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the Texas Attorney General at 1-800-621-0508 or the Federal Trade Commission at 1-877-FTC-HELP. The FTC web site is www.ftc.gov/bizop Extend your advertising reach with TexSCAN, your Statewide Classified Ad Network. Omar Medina (left) practices defensive maneuvers during the Post Antelope "Midnight Madness" practice

August 4



Running sprints was the order of the day for the Post Antelopes in their first practice session August 4, appropriately tabbed, "Midnight Madness." Players will get their first scrimmage test Saturday with Snyder visiting here.

Bo Kimmons began his duties as a night, Aug. 5. new Garza County Sheriff's Deputy August 2. The former Lubbock resident beat out 14 other candidates July 21 in Garza Memorial Hospital for the job.

The Church of God of Prophecy in Post has welcomed a new pastor and his family to the church. Pastor Billy son Billy, Jr. came to Post from Sweetwater.

when Norwest Corporation and First Joyce Vaughn, elementary instructor, United Bank Group, Inc. announced and Jackie Brownd, new assistant that they had signed a definitive coach. Resigning were Mr. and Mrs. agreement for Norwest to acquire Joe Giddens, who are moving to First United, which included the First Littlefield, and Vocational Ag National Bank of Post.

Chosen for this week's "Yard of the to Whiteface. Week" contest sponsored by the Post Chamber of Commerce is the yard with a surprise birthday party last belonging to Mr. and Mrs. Donny Stelzer at 201 N. Avenue S.

a little fun at the conclusion of last weeks commissioners court meeting, presenting fellow commissioner Herbert Walls with his official "Bat Buster" t-shirt. Walls is the Misses Emily, Karen, Lisa and Mary commissioners liason with the Jane Potts, Sunday, in the community .Caprock Cultural Assn. as the group room of the bank. looks at ways to rid the Garza County Museum on Ave. N of its population split first and second place money of bats.

20 Years Ago August 7, 1983

Bill Hall will serve as parade marshall of the annual Post Rodeo announce the birth of a daughter, Stampede parade which will kick off rodeo activities set for this weekend. Garza Memorial Hospital. Chamber of Commerce secretary, Donna Stelzer reports that five floats have been entered to date and four riding clubs will participate in the exciting opening nights of any rodeo Lubbock are parents of a daughter parade also. Texas Tech's Red Raider here in several years was unreeled weighing seven pounds, one-fourth will be riding in the event as will last night at Post Stampede arena ounce at birth at 10:50 a.m. July 30, Miss White River. The famous six before some 2,000 cheering fans. white horses of Hardin Simmons Contestants ranging from under 12 University will also participate in years of age to seasoned performers the parade.

returned from a visit to Hawaii. They history. visited their daughter and son-inthere.

a new scoreboard to the Antelope Football Stadium and was installed had made and modeled as a part of this past week. Jack King, president of the bank presented the scoreboard to athletic director, David Thompson. another championship saddle to add Toby Craft was selected

"Outstanding Defenisve Back"

following the Greenbelt Bowl Football Classic played in Childress Friday

Bobby and Terry Flores announce the birth of a son, Robert Lynn born at 3 p.m.

30 Years Ago August 9, 1973

New teachers approved for this Williams, his wife tammy and their year are Mrs. Alexa Medlock Collier, who will teach in junior high; Miss Frankie Dianne Lewallen, who will Rumors were laid to rest last week teach high school speech; Mrs. Nancy instructor Larry Seales, who is going

Mrs. Billy McKamie was honored Thursday night in her home. The birthday cake was made by her son, Garza County Commissioners had Kenny McKamie, and nephew David Jackson.

Mr. and Mrs. J. B. Potts were honored on their 25th wedding Floydada. The Postroper was named anniversary by their daughters,

with Terri Mobbs in the novice girls' barrel race at the Terry County Sheriff's Posse Rodeo in Brownfield.

Lisa Renee, born Saturday, Aug. 4 in organization in San Antonio.

40 Years Ago August 8, 1963

One of the most interesting and Mr. and Mrs. Giles w. Dalby of proped and rode in the first combined Mr. and Mrs. Bill Pool have recently senior-junior rodeo in the town's

law, Kerri and Larry Taylor, while Maddox represented Garza County Tuesday in the district 4-H Club dress of 48 The First National Bank donated revue at Lubbock. Both girls received white ribbons for the garments they their 4-H work.

to his fast-growing collection following last week's rodeo at



ONE SALE-NO ARRESTS-Kenith Bullard, Post Dispatch newsboy, hasn't been stopped by City Marshal J. W. Teal for speeding. He's selling the marshal a copy of the Post Dispatch -hot off the press - (Staff Photo).

calf roping champion at Floydada

with Tim Prather placing second. Mr. and Mrs. Weldon Reed and children moved back to their home Melvena "Sam" Stewart of Post here in Justiceburg last Thursday. They had spent the past few months in Post where Maritta was manager at the Gateway Motel.

Bob Collier, Post druggist, was Mr. and Mrs. Larry Haynes elected second vice president of the Texas Pharmaceutical Association Congratulations, Bob.

50 Years Ago August 6, 1953

in Lubbock Memorial Hospital. She has been named Elizabeth Anne.

Commencement exercises for the Vacation Bible School at the Pleasant Home Baptist Church were held Friday night. There were 51 pupils Misses Barbara Mock and Donna and faculty members enrolled in the school, with an average attendance

A picture of ex-Post High School coach Harry Taylor on the sports page of Tuesday's Fort Worth Star-Telegram reminded old-time Post R. E. Josey, Post calf roper, has football fans of the days when the "goose hung high" for Antelope football teams. Jim Hundley, Sr. recalled after seeing the picture that Taylor coached the only regional championship team in Post High School's history.

Menus

Post ISD

August 18- Breakfast - Pancake on stick, fruit, milk

Lunch - Corn dog, mixed vegetables August 19- Breakfast-Breakfast taco,

Lunch-Popcorn chicken, french fries,

salad, fruit cocktail, milk August 20- Breakfast-Malt-o-meal,

toast, sausage, fruit, milk Lunch-Tacos, lettuce & tomato, pinto

beans, pears, cornbread, milk August 21- Breakfast-Cinnamon roll,

sausage link, fruit, milk Lunch-Steak fingers, gravy, whipped potatoes, green beans, hot rolls, jello,

August 22 - Breakfast-Cereal, toast, fruit, grape juice, milk

Lunch-Fish, macaroni and cheese, carrot sticks, sweet peas, hushpuppies,

The State Health Department's mobile chest X-ray unit will make its first visit to Garza County Saturday, The Post Dispatch, Thursday, August 14, 2003

at which time it is hoped at least 1,200 persons over 15 years of age will have chest X-rays made. The unit will be set up in the Double U Company building in downtown Post. The mass chest surveys will be part of the health department's long-range campaign to eliminate tuberculosis.

Local News on Cable Network Advertising Classic Cable **Channel 12**



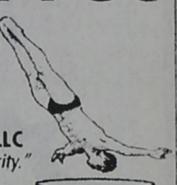
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FREE & REDUCED PRICED MEALS FOR POST ISD STUDENTS

Post Independent School District announces its policy for providing free and reduced price meals for children served under the National School Lunch Program. Each school and/or the central administration office has a copy of the policy, which may be reviewed by any interested party.

The household size and income criteria identified below will be used to determine eligibility for free and reduced price benefits. Children from households whose income is at or below the levels shown are eligible for free or reduced price meals. Foster children that are the legal responsibility of a welfare agency or court are also eligible for benefits regardless of the income of the household with whom they reside. Eligibility for the foster child is based on the child's income.

> INCOME STANDARDS FOR DETERMINING
> NUTRITION PROGRAM ELIGIBILITY

INGRESOS MÁXIMOS PARA DETERMINAR LA ELEGIBILIDAD PARA EL PROGRAMA DE NUTRICIÓN

July 1, 2003 - June 30, 2004

1º de julio de 2003 - 30 de junio de 2004

FAMILY SIZE NÚMERO DE	HOUSEHOLD INCOMES / INGRESOS DE LA UNIDAD FAMILIAR			
PERSONAS EN LA FAMILIA	ANNUAL INCOME INGRESOS ANUALES	MONTHLY INCOME INGRESOS MENSUALES	WEEKLY INCOME INGRESOS SEMANALES	
1	\$ 16,613	\$.1,385	\$ 320	
2	22,422	1,869	432	
3	28,231	2,353	543	
4	34,040	2,837	655	
5	39,849	3,321	787	
6	45,658	3,805	879	
7	51,467	4,289	990	
8	57,278	4,773	1,102	
For each additional family member, add: Para cada persons adicional agregue:	\$ 5,809	\$ 485	\$ 112	

Children from families whose incomes are at or below the levels shown above, or who receive Temporary Assistance for Needy Families (TANF) or food stamp benefits, are eligible for free for

Llanan los requisitos para comidas gratis o a precio reducido los niños de famillas que reciben Asistencia Temporal a Familias Necesitadas (TANF) o beneficios de estamplias para comida y los niños de familias con ingresos que no

Adult Day Care participants whose household Incomes are at or below the levels shown above, or who receive Medicald, Supplemental Security income (SSI) or food stamp benefits, are eligible for free or reduced-orice meals.

Llenan los requisitos para comidas gratis o a precio reducido los cilentes en cuidado de adultos de unidades familiares con ingresos que no sobrepasen la cifra indicada arriba o que reciben Medicald, Seguridad de Ingreso Suplementario (SSI) o beneficios de estampillas para comida

Application forms are being distributed to households with a letter informing households of the availability of free and reduced price meals for their children. Applications also are available at the principal's office in each school. To apply for free and reduced price meals, households must fill out the application and return it to the school. Applications may be submitted anythme during the school year.

For school officials to determine eligibility for free and reduced price benefits, households receiving food stamps or TANF only have to list their child's name, food stamp or TANF case number and an adult household member must sign the application. Households who do not list a food stamp or TANF case number must list the names of all household members, the amount and source of the income received by each household member who signs the application. If neither household member has a social security number, the household member must indicate that a social security number is not available. The application must be signed by an adult household

Under the provisions of the free and reduced price meal policy, principals will review applications and determine eligibility. Parents or guardians dissatisfied with the rolling of the official may wish to make a formal appeal for a hearing on the decision and may make a request either orally or in writing to the principal.

Households that first a food stamp or TANF case number must report when the household no longer receive these benefits. Other households approved for benefits based on income information must report increases in household income of over \$50 per month or \$600 per year and decreases in household size. Also, if a household member becomes unemployed or if the household size increases, the household should contact the school. Such changes may make the children of the household eligible for benefits if the household income falls at or below the levels shown above.

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The Original TEXAS CROSSWORD 50 TXism: "it'll kill it or business scheme (strong medicine) 5 TX Orbison's "She's 51 TXism: "two peas by Charley & Guy Orbison 52 TX Audie Murphy grown in the Valley was a ____ in WWII TXism: "as hard as 53 makes eyes at Copyright 2003 by Orbison Bros. 54 Chico, Fenix and Paso 55 star of film "Silkwood" 8 "Gig '__ Aggies!" that was shot in Dallas 9 San Angelo was 56 explosive used by TX named for one oilfighter "Red" Adair 12 TX English on Lawrence Welk show cats and dogs" 20 TXism: "got as big as 58 TX A&I Texas" (kind) won this football cham-23 WWII book: "Texas pionship in '79 __ War" 59 TX Janis Joplin 24 West TX areas sang "___ Blues"
60 TXism: "___ in his have ____ soil 29 TX Forrest played ways" (inflexible) 13 TXism: "scarce Hondo on this show DOWN 30 held at 22 across: as grass around "Texas Mardi ____" 1 runs between 31 fin on Gulf sharks

Rusk & Palestine (2 wds.) 2 Coleman Co. seat 3 early Fort Worth publisher Carter 4 TX Owen Wilson's " the Parents"

36 former Fort Worth mayor Willard 37 Copperas Cove 9 this Columbus newspaper name 43 "Giant" star Liz ship replica came to TX in '92

was this queen 45 this Warren was in 10 flies into DFW "Tough Enough" 11 TX convenience store: Stop 12 _ with TX Quaid 47 TXism: "wouldn't 12 TXism: "limp as know him from a dish ___

17 TXism: "

22 San

32 TXism: "flush '__

phrase)

" (hunting

14 malicious look 15 Houston space agcy. 16 Norris has Houston martial program 18 TX tune: "When Roundup Time In Heaven" 19 Garth tune: "What

Mama" (init.)

25 Yo _ Digo Creek

26 Abilene TV station

27 TXism: "tame dog" She's Doing ___" 21 "Gone __ Texas" 24 this TX Dexter sang 33 TXism: "sold "Pistol Packin'

28 film/song: "Streets a bill of goods" 34 TXism: "it's root

hog __ die" 35 TXism: "__ to snuff"

46 Jo, TX 49 TXism: "sticks like stamp" 50 young'uns favorite hot drink

42 Fiesta Diez y

37 TX inn: __ Quinta

38 " it in stone"

39 this Whelan starred

"San Antonio Girl"

in "San Antone"

41 TXism: "he speaks

cow like a

44 after dinner (abbr.)

40 this Steve sang

P-605

57 "one ____, one Ranger"



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35 Point



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2000 Chevy Impala Power windows/locks, CD player, tan, #G6056A	\$8,850
2001 Ford Escort 4 dr. sedan, automatic, 22K, red, #P5264	\$7,950
1998 Ford Crown Victoria Big car ride - small price, #P8308	\$7,950
1999 Ford Mustang Sport V-6, auto, 47K, red, #TC6029A	\$9,500
2- 1999 Mercury Cougar V-6, new body style, black, "Priced Your Way" .	\$7,950
2000 Pontiac Grand Am Sport sedan, silver, low miles, #A2092B	\$6,950
1998 Olds Aurora White diamond, #C6081A	.\$9,500

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2000 Pontiac Montana #TG6279A	\$11,950
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SUVS! O	
1997 Jeep Wranger 65K, local owner, #P3822A	\$8,500
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2002 Chevy Trailblazer 36K, white, power wind./locks, CD pl., #C5696A . \$19,550

2002 Chevy Trailblazer Pewter, 39K, "Priced Your Way", #TC6085A \$18,950

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2000 Chevy 1500 Reg. Cab Shortbed, V-6, auto, white, #C6143A	\$11,800
1999 GMC 1500 Excab SLE 40K miles, great condition	.\$14,000
2001 Chevy 1500 Excab LS V-8, power windows/locks, copper, 25K, #C5939A	\$18,900
1997 Chevy S10 Excab LS V-8, auto, A/C, bright red, 32K, #TC6269A	\$8,950
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2002 Chevy 2500 HD 40K, shortbed LS	.\$22,750
2000 Chevy 2500 HD 78K, LS, must see	.\$16,500

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	Contract of the Contract of th
2002 Dodge 2500 Quad Cab Cummins SLT pkg., bright red #TC6057A	\$23,500
2001 Ford F350 Crew Cab 4x4 Powerstroke Lariat, #P0722	\$26,500
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2001 Ford F350 Crew Cab XLT <i>5 speed, #P4613</i>	\$24,900

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