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The Post Dispatch

75th Year Number 36 USPS 439-620 © 2001 The Post Dispatch Newsstand Price 50¢ Thursday, February 1, 2001



Ducks hunt cover from ice

These ducks at South Lake came running toward the photographer Monday morning, expecting some kindly treatment. No doubt they were expecting Tooter Ammons with his bread parcels. Instead all they got was a chance to pose as reminders of the winter blast here.

Feds consider decision about disaster aid

Representatives from the Federal Emergency Management Agency and State of Texas met in Lubbock last week with representatives of area counties to consider declaration of disaster aid following last month's winter storm.

Area counties in the Disaster Declaration include Borden, Briscoe, Crosby, Dawson, Floyd, Lynn, Gaines and Garza. Terry County did not report a large enough loss estimate to be declared.

Attending the meeting from Post and Garza County was county judge Giles W. Dalby, commissioner Lee Norman, Arnold Fry and city manager Fred Stephens. Instructions as to how the Federal Government expects disaster relief paperwork completed was discussed.

Fry is presently compiling documentation needed to complete the paperwork required to file for federal assistance for Post and Garza County.

The following information is for families, Individuals and small business:

The Individual Assistance (IA) program is to help families, individuals, or owners of small business to recover from the effects of a disaster. To make an application for assistance, the individual must call the National Teleregistration Center (NTC) at 1-(800)-462-9029. For the hearing and speech impaired, please call 1-(800)-462-7585. Individuals needing information on application status or other program information may call 1-(800)-525-0321.

Fry encourages any individual or small business to call the appropriate (800) phone number and report any damage or loss incurred during the Severe Winter Storm December 25-27, 2000.

If further information is required please contact Fry at (806)-778-1782 or leave a message at (806)-495-0083.

County audit shows healthy 3 month reserve

by Wes Burnett

Garza County ended Fiscal Year 2000 with a fund balance of \$770,585 according to an audit presented by Steve Sawyers at the January 22, 2001 commissioner's court meeting. "That's a three month reserve," Sawyers observed, "and that's good."

The audit showed a total of \$1,293,721 in total assets for the fiscal year, with liabilities at \$523,136. The audit is a 56 page document detailing all county revenues and expenses. A copy of the audit is available at the court house and at the Post Public Library.

The court also heard a report from county attorney Leslie Acker regarding scheduling of two arraignment sessions each month. Acker said that there have been 30 or more arraignments on the once a month session, which was too heavy a load for one day.

Judge Giles Dalby announced that he has been serving as visiting judge in Dawson County due to the illness of the judge there. Dalby said he wasn't sure how long he would be needed.

The court approved appointment of the grievance committee, made up of four former grand juror members who agreed to serve, plus county officials: Sheriff Kenny Ratke, Tax Assessor Jeanette Hodges,

Treasurer Ruth Ann Young, Clerk Jerry Hays, Acker and Judge Dalby.

A grant application to the state for assistance with substance abuse treatment for \$200,000 was approved. The grant would provide for initiating a treatment program at the juvenile detention center.

A lease with T&B Farms in Bailey County was approved by the court following an outline of the lease agreement by Acker. The lease calls for payment of \$20 per acre if planted in cotton or \$6.25 per acre with some other crop.

County agents Sara Stevens and Greg Jones presented reports about activities at the extension service office. Following the county livestock show, the agents will be assisting youth with upcoming stock shows in Forth Worth, San Antonio and Houston, perhaps San Angelo.

A grant application for placement of non-county juveniles at the local detention center was also approved following a presentation by probation officer Wayne McKim.

Highway collections total \$378,488 in 2000

by Wes Burnett

State and county revenue agents collected a total of \$378,488.95 from travellers during the year 2000, as reported by the two Garza County Justices of the Peace courts.

A total of \$32,602.17 was reported for December's collections in the two courts from 169 victims cited by state and county corporate rules enforcers.

The average monthly take from highway collections hit \$31,540.70.

Acting as judge for the state, local code enforcers in December filed 247 new cases in JP 1, where 98 of those cases resulted in payments for code violations for a total of \$18,732.57.

JP 2 reported 169 cases with 71 of those paying \$13,869.60 in December.

Most, if not all of these victims of highway theft, have no idea that they are part of a gigantic legislative scheme, which considers all who travel to be doing so within certain boundaries of an incorporated area, therefore the "subjects" are required to follow the corporation's rules.

The traffic code is one example of the corporate form of government imposed on Texans, in violation of the guarantee of a republican form of government.

The "Transportation Code" is not even a law, it does not have the constitutionally required Secretary of State certification of publication as part of the statute. Perhaps that omission is based on the fact that there is no constitutional authority for corporate government to enforce corporate rules in violation of basic constitutional guarantees, such as liberty, the right of travel from one place to another.

Although most Texans think of themselves as free to move about as they wish, they discover their true status as corporate "citi-

zens" once they become victimized by the corporation's policy enforcers.

The Texas transportation code is nothing more than a corporate policy, and since the State of Texas is a corporate subdivision of the incorporated U.S., then all who live or travel inside those bound-

(Continued on Page 12)



Jack Ault (left) and Jack Alexander (right) present a \$1,000 check to Garza County Trailblazer's James Mitchell. The donation from the American Legion will be used toward the new senior citizen building project.

Post Notes

Siren test February 5

A test of the severe weather early warning system (tornado siren) will be conducted by Post/Garza County Emergency Management, February 5, 2001, weather permitting. This test will be necessary to evaluate the effectiveness of the present system. Two additional tests will be conducted in March.

TOPPS hosting "Muffins for Mom"

Mothers of school age children are invited by the T.O.P.P.S. volunteer program to a "Muffins for Mom" morning February 6 from 9 to 10 a.m. at the Post Elementary School parent workroom. T.O.P.P.S. will so hold a parent workshop February 14 at 9 a.m. Topic of the event is "Love Languages," with Sara Stevens as guest speaker.

Make your heart feel good

The veterans who are hospitalized at the Big Spring VA hospital could use a Valentine this year. If you would like to send them one you can take them to the VFW Hall and members of the VFW will see that they get delivered.

Willy Awards set for Feb. 3

The annual Garza Theatre Willy Awards program will be held Saturday, February 3 at the Post Community Center. The event includes meal and entertainment for \$15 per adults and \$10 for children five to 11 years old. Reservations for the Willy Awards may be made by calling the box office at 495-4005. The deadline for reservations is January 31.

Community blood drive set Feb. 1

A community blood drive has been announced for Thursday, February 1 at the Post Church of Christ from 4 to 9 p.m. The blood drive will benefit Andy Stelzer, who needs blood transfusions weekly. Contact Paul Jones for more details at 495-2946.

Elementary school yearbooks

Post Elementary School is now taking orders for the yearbook at \$15 each. The book will feature photos of students and numerous activities that take place throughout the year. The last day to order the book is February 2. Place orders at the elementary school office.

Grandma Brag Pages deadline

Photos for the annual "Grandma Brag Pages" will be due at The Post Dispatch no later than Friday, February 2, 2001. The special edition will be published February 8 to celebrate Valentine's Day (Wednesday, Feb. 14). The cost for each photo (with no more than two children per photo) remains at the low price of \$5, the same price for the past 18 years. Photos with more than two children will be priced \$5 for each additional child.

Methodist Youth hold bake sale

Members of the First United Methodist Church youth will hold a bake sale at the south gate of Old Mill Trade Days on Saturday, Feb. 3, beginning at 9:30 a.m. All proceeds go towards the annual ski trip.

SPCAA offers energy cost help

South Plains Community Action Association (SPCAA) has received funding from the Texas Department of Housing and Community Affairs to operate the Comprehensive Energy Assistance Program (CEAP). The intent of the program is to make funds available to assist low-income households with energy needs. Contact Ysabel Overton or Billie Williams at 495-2329 for details.

More Post Notes on Page 11)

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Amity Study Club hears from Giles McCrary on his world travels

by Louella Bilberry
The Amity Study Club met Jan. 23 at CitizensBank. Our guest speaker for the night was ex-mayor and world traveler Giles McCrary.

Mr. McCrary was asked about the museum and its beginning. He said he had been a collector all his life. In the 1980s his work trips became more frequent and his collections grew. The museum was established in 1991 and 1992.

The visitors have been from all parts of the U.S. and a surprising number of foreigners. Some come because they have heard or read about it, and others just because they saw the sign 'museum.' All visitors are asked to register. We have had as many as 7,000 to 11,000 in a single year.

Mr. McCrary was asked what was his favorite area and his answer was the South Pacific with its thousands of small islands. The early missionaries were not successful. They came with demands to change the islands. Customs and cultures that had been handed down for generations. They left ill will and bitterness behind. The missionaries who came later were more successful. They worked only with the men, the women stayed hidden. Not until the nuns came did the women come forth.

Mr. McCrary traveled light, a small bag for clothes (all washable) and his camera. English is the second language in many of the islands. The children would not touch Mr. McCrary when he extended his open hand to them. Only after the men touched his hand would the children come forward.

One of his favorite islands was Cambodia, the beauty, the people, but the tragedy of war has left its mark. Never had he seen so many maimed people, old and young. Many, many land mines were left. The farmers make their daughters walk up ahead of the animals pulling the plow because the animals are more valuable.

Vietnam is also scarred by war. Its underground is honey-combed with many tunnels where ammunition and food were stored. The tunnels were miles long. You could not stand straight in them.

Mr. McCrary was amazed at the similarity in weavings, pottery, jewelry, music and dances to the jungle natives in South America.

The military cemetery in Korea with its 12,000 graves was a sobering sight.

Mr. McCrary has been to China five times and each time it has become more commercial and not as enjoyable as when China first began to let foreigners in again.

The island of Papua, New Guinea, is a dangerous island to visit. Their rules and customs are rigid. You must be on guard to not offend. In Barneo, baskets of shrunken heads would be out in full view — a common sight.

In Lima, Peru, organized groups of children would crowd around you and pick your pockets and/or try to pull your wrist watch off your arm.

Mr. McCrary graciously answered questions as cake and coffee were served. Thank you, Giles!

Attending were Barbara Babb, Patsy Bilbo, Jane Davis, Suzanne Hudman, Naomi Matsler, Janey Middleton, JoAnn Miller, Joy Pool, Kathi Rankin, Barbara Reece, Anne Simms, Ruth Ann Young and hostesses Edna Owen and Louella Bilberry.

Devin Halford on dean's list

Devin Odom Halford was named a GPA of 3.5 or better. Halford graduated from Tech in University for the summer and fall December.

To be eligible for the recognition, a student must be taking at least 12 hours in the semester and maintain



Ron and Jackie Miner

Rev Ron Miner fills pulpit at Church of the Nazarene

The Rev. Ron Miner, the new minister at the Church of the Nazarene, and his family are excited to be in Post and say they look forward to ministering in the Garza County area.

The Miners have been married 32 years and have four sons — Brian and his wife, Tammy, of Arlington; Clifford, also of Arlington; Chad, a resident of Groves; and Peter, who is a sophomore at Southern Nazarene University in Bethany, Okla.

The family resided in Iowa and Michigan prior to moving to Beaumont in 1986. The past seven years have been spent in Odessa, where the Rev. Ron Miner was pastor of the Faith Church of the Nazarene.

While in Odessa, Ron Miner was involved with the Odessa Police Department's police chaplains program and worked part-time as a chaplain with the local hospice program. He also served on the board of directors for Citizens for Decency, an anti-pornography organization.

Blood drive Thursday helps Andy Stelzer

Today's blood drive scheduled at the Post Church of Christ will benefit local resident Andy Stelzer. The Thursday drive will run from 4-8 p.m.

Drive supporters are hoping local residents will begin 2001 by making a New Year's resolution to become a volunteer blood donor.

Two-thirds of men and women over the age of 17 are eligible to donate, yet fewer than five percent of these healthy adults take the time to give blood.

Giving blood takes just a few minutes, is virtually painless and is safe. An individual cannot get any infectious diseases by donating blood; all materials used in the donation process are sterile and disposable, meaning that everything is used once and thrown away.

MS focus at Covenant event Saturday

Research into Multiple Sclerosis will be the focus of an event set for Saturday at the Knipling Education Center at Covenant Medical Center in Lubbock.

Dubbed "Empowerment Day on Research on MS," the event will begin with an 8:30 a.m. registration. Activities will start at 9 a.m. and end

at 1:30 p.m. Lunch will be provided. Featured speaker will be Dr. Elliot Mark Frohman, M.D., and Ph.D., who holds the Irene Wadel and Robert Atha Jr. Distinguished Chair in neurology, the Kenney Marie Dixon-Pickens Distinguished Professorship in MS research and is a member of the Department of Neurology at the University of Texas Southwestern Medical School. Dr. Frohman has recently received a \$1 million grant from the U.S. Congress to further his MS research.

Topics to be discussed include infectious triggers; therapy/rehabilitation; central nervous system repair; gender differences in MS; understanding clinical trials; learning what can improve quality of life; acquiring knowledge in symptom management; and many other important issues relating to MS.

Several services and agencies also will be on hand to provide information and assistance.

The event is open to all interested individuals.

Methodist women study Gospel of Matthew

The United Methodist Women (UMW) met on Tuesday, Jan. 23, with Jo Ann Miller as hostess.

President Mary Edwards called the meeting to order and several items of business were discussed.

A thank-you letter was read from the Interfaith Hospitality Network in Lubbock expressing appreciation for items donated to them in December by UMW. The collection of cleaning and personal items will be an ongoing mission.

Cards were signed by the group to send to some members who are ill.

A program which continued the study of the Gospel of Matthew was led by Linda Couch.

Attending were Mary Edwards, Patty Kirkpatrick, Patsy Bilbo, Andra Dunn, Linda Couch, Sue Shytles, Carolyn Black, Lynn Bell, Janey Middleton and the hostess.

The next meeting will be Feb. 27 in the home of Carolyn Black.

Judy's Jabberin'

By Judy B. Bush

I tell ya, I just don't know about this weather. My daughter Krisha made the statement the other day that she was glad that winter was nearly over, oh I wish! I'm much afraid that we may see this until March.

Brag Pages

The time is growing near. February 2nd. is the deadline. Get those pictures in.

Old Mill Trade Days

This is the weekend for Old Mill Trade Days. Thought I would remind everyone since we skipped January. Happy shopping.

EXCUSE ME!!

Little Johnny was at home doing his Math homework. He said to himself, "Two plus five, that S.O.B. is seven. Three plus six, that S.O.B. is nine".

In that moment, his mother come in and hears what he is saying. "Johnny, what are you doing? Why are you saying that?"

Little Johnny answered, "I'm doing my math homework, Mom". She said, "And is that what your teacher taught you?"

Little Johnny replied, "Yes"

The next day, the mother, worried about the education her son is receiving, goes to Little Johnny's school to talk to the teacher.

The mother said to his Math teacher, "I would like to know what you are teaching my son in math?"

The teacher replied, "Right now we are learning addition problems"

Little Johnny's mother asked, "And are you teaching them to say two plus two, that S.O.B. is four?"

When the teacher stopped laughing she replied, "Not at all!! What I taught them was, two plus two.....THE SUM OF WHICH ..is four!!

VFW Request

The folks at our VFW are doing something really nice. They will be taking Valentine cards to the Veterans in the hospital in Big Spring. They are asking everyone to sign a Valentine and take it out to the VFW and they will take care of the rest.

From what I understand, the elementary classes have done this as a class project before. I think that is great. If you have any questions call JoAnn Stelzer at 495-3393 or Lana Comer at 495-2173. Bet that cheers up a lot of folks!

Get Well

A special get well message to Georgie Willson who is in Covenant Hospital. For anyone who would like to send a card, Georgie is in room E398.

Birthdays

Friday, February 2: Guy Williams, Brent McDonald, Jackie Hays and Josh Fumagalli. Saturday, February 3: Cody Collier and Laura Tobias; anniversary, Ronnie and Terri Reed. Sunday, February 4: Traven Lawrence, Trevah Yarbro, Chase Odom and Lana Comer; anniversary, Jo and Alma Williams. Monday, February 5, Mary Welborn, Charlie Duncan, Kelsey Wimmer and C.J. Bilberry; anniversary, Joe and Mira Sanchez. Tuesday, February 6; Anita Morris, Tyler Cowley and Glen Taylor. Wednesday, February 7, Courtney Townsend, Tom Raben, Tabatha Cowley, Chaz Odom and Hector Delgado; anniversary, Carl and Debbie Bowles. Thursday, February 8; Quinton Cooper and Anita Quintana.

Email...Men vs. Women

• Men and women compared nicknames: If Laura, Suzanne, Debra and Rose go out for lunch, they will call each other Laura, Suzanne, Debra and Rose. If Mike, Charlie, Bob and John go out the will affectionately refer to each other as Fat Boy, Godzilla, Peanut-Head and Scrappy!

• Cats: Women love cats. Men say they love cats, but when women aren't looking, men kick cats.

• Success: A successful man is one who makes more money than his wife can spend. A successful woman is one who can find such a man!

• Thought for the day: Any married man should forget his mistakes. There's no use in two people remembering the same thing.

Till Next Week

Guess that's all. May God bless each of you. Don't forget Old Mill Trade Days.

Call Judy with your "Jabberin" 495-2816; deadline Tuesday noon

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Neighbor to Neighbor

by Sara Stevens, CEA-FCS

Winter saving tips

Saving money isn't easy for most families, no matter what the season, but these tips may help to save money during winter:

Watch for icicles on the house. Icicles on eaves or a patch of roof that clear quickly after a snowfall may indicate that you need more insulation in your attic. Any place on a house - whether on the roof or around the windows - where ice and snow melt quickly shows that heat is escaping from that spot. Re-caulk around windows to reduce the heat loss. Stopping these kinds of heat loss will reduce heating bills.



Check the air in tires. Sudden changes in the outside temperature can cause a loss of air in automobile tires. Keep tires inflated to the exact pressure recommended by the manufacturer and the car will be safer to drive and the tires will be protected from unnecessary wear and tear.

Wash your hands often. This simple step will reduce your chances of picking up cold and flu germs from doorknobs, faucets and other surfaces. Also, frequent cleaning of these surfaces - doorknobs, telephones, refrigerator doors, water faucets, etc. - will help stop the spread of germs. Wiping the items with a mild detergent, glass cleaner or diluted bleach solution will slow the spread of colds, which will reduce costs for health care and medication and keep you and your family feeling better all winter long.

Prepare meals ahead of time and freeze them for use throughout the week to reduce the temptation of eating out. These homemade meals will be more nourishing, which increase the body's ability to fight off colds and flu. Also, take your own lunch to work and you will not have to get out in the cold to go to lunch - and you will save costs on gasoline and food.

Wear hats and gloves. Much of the body's heat escapes out the top of the heads during the winter. Wearing hats and gloves helps protect these areas from cold air and keeps us warmer. So, in addition to bundling up young children, be sure to bundle up yourself. Add extra layers of clothing as the temperature drops.

"Using these tips can help reduce your overall cost of living, and that's like having extra money to put into savings or pay off your debts".



Maggie Flanigan

Maggie Flanigan earns top honors

Former Post resident Maggie Flanigan was recently named Employee of the Year 2000 at The Plainview Daily Herald.

Flanigan, an advertising account executive for the newspaper, grew up in Post and graduated from Borden County high school in 1997. She received her bachelor's degree in business administration and mass communications from Wayland Baptist University in December.

A member of the Herald staff since February 1999, Flanigan won a Hearst quarterly contest award for a photo of the first Plainview Cattle Drive.

"We're very proud of the contributions Maggie has made and continues to make to our newspaper and how she represents us in the community," said Rollie Hyde, publisher of the newspaper.

While attending college, Flanigan was president of the Business Student Advisory Council, was a member of Phi Beta Lambda business fraternity and was listed in Who's Who Among American College Students.

She was named Miss Future Business Executive of Texas in a state-wide competition.

Flanigan is a member of the First Baptist Church and the Plainview Lions Club.

A Big Thank You!

We wish to thank Delton and Jerry Osborn and Grubb's and T Bar Ranch for their donations toward the purchase of our lambs. God Bless you.

Mitch Holly and family

Call Judy with your "Jabberin"

495-2816

Deadline Tuesday Noon

Thanks!

We want to thank Taylor Tractor & AG Texas for purchasing our Grand Champion Goat and Second Place Goat.

We also want to thank Sterling Smith, Wes Mason, Greg Jones, Perry Smith, Lance Dunn, Diane Graves, H.C. Gribble, Giles Dalby Jr and the many other who helped out and showed their support for us.

That's what 4-H is all about!!

Stace & Steffi Norman

Need For Emergency Services Grows

(NAPS)—More than 800,000 people received some form of emergency service last year from Volunteers of America.

Estimates of the number of homeless in America vary widely, from 250,000 to three million. Even the most conservative estimates indicate that on any given night several hundred thousand people in America are homeless.

Families with children constitute 40 percent of those who become homeless, making children the fastest growing segment of the homeless population.

At least 25 percent of the homeless are women. Many are single parents with young children.

A lot is being done to help. Volunteers of America, for example, provides emergency shelter in 38 cities nationwide, offering vital support services to preserve families and prevent future homelessness. Services include employment

and life-skills training, drug and alcohol rehabilitation, and assistance with rent, utilities and furnishings. In addition, Volunteers of America is a major provider of quality, affordable housing for low-income families and the elderly.

Volunteers of America is a national, nonprofit, spiritually based organization providing local human service programs and opportunities for individual and community involvement.

To find out more, visit the organization's web site at www.voa.org.

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Rate of Gain Buckle & \$200 Prize Money:

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Swine - Danny & Kathy Nelson
Sheep - Junior & Diane Stelzer
Goats - Brad Mason/Milton Williams

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Pee-Wee Show Awards: 4-H Booster Club

LIVESTOCK BUYER - Floor Price: Dean Daniells Farms-Sheep- 73/lb.; Goats-81/lb.

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AUCTIONEERS:

Matt Williams & Larry McDougal

PHOTOGRAPHERS:

Lil Conner & Lanny Lee

BOOKKEEPERS & ASSISTANTS:

Diane Stelzer, Jamie Cooper, Jamie Williams, Billie Williams, Debbie Ledbetter, Jaquita Blevins, Celia Mason, Clarice Johnson & Judy Bush

SALE SHEET PREPARATION:

Christopher Metsgar, Ronnie Metsgar, Victor Ashley, Billie & Milton Williams, Brad Mason, Bruce & Debbie Ledbetter, Giles Dalby Jr., Royce Hart, Junior Stelzer, Steve & Jamie Cooper, Jaquita Blevins, Nita Jo, Breann & Dionn Heckaman & Diane Graves.

WEIGH-IN CREW:

Danny Robertson, Bruce Ledbetter, Milton Williams, Junior Stelzer, Tim Gaydos, Bobby Heckaman, Jeff Greene, LaRinda Ledbetter, Ken Young, Ray Mason, Clint Johnson, Jamie Collazo, Roger Jaquess, Mike Babb, Gary Blevins, Brooks Conner, Ed Kitten, Lance Dunn, David Farquhar, Steve Norman, C.J. Sims

SHOW/SALE RING HELP:

Ronnie Metsgar, Jason Porter, Chris Metsgar, Jarrett Bland, Sara Stevens, Tim Gaydos, Victor Ashley, Brooks Conner

AWARD PRESENTERS:

LaRinda Ledbetter, Kaylee Farquhar, Emily Smith, Kayla Dunn, Breann Heckaman, Lesley Rutherford, Traci Nelson

IN-HOUSE VET:

Dr. Larry Mills, DVM

JANITOR: Alma Laredo & family

SECURITY: Melvin Britton & J.W. Jolly

SUPERINTENDENTS:

Swine-Bruce Ledbetter; Sheep & Goats-Junior Stelzer; Steers-Milton Williams

SPECIAL DONORS:

B&A L.P. Gas Inc.- servicing heaters & Propane; Fashion Cleaners-cleaning & storing picture backdrop; Danny Nelson-pork for meal; Jackson's-processing pork; Brady's Package Store-ice; Junior Stelzer-firewood; Mason Farm & Ranch-tables; Church at the Barn-chairs; Holly's-concession stand supplies; and a very special thanks to all those who came on work days to prepare for show.

AUCTION DONATIONS & BUYERS:

Sue Maxey-cake/Lavena Palmer; Karleen McDougal-pies/Brent Mason, Giles Dalby Jr; Southland Cafe-meal certificates/Leisa Farquhar & Charles Atchison; Royce Hart-boot jacks/Guin Miller, Shirley Bland; Jennies Candies-candy baskets/Jim Boles, Kelli Smith; Silversmiths-necklace/Gary Daniells

YOUTH & ADVISORS:

Perry Smith & Lance Dunn, Post FFA; David Farquhar, Southland FFA; Greg Jones, CEA-AG, 4-H & FFA parents & exhibitors who were always helpful & courteous!

CONCESSION STAND COMMITTEE:

Coordinator: Sara Stevens, CEA-FCS; Jaquita Blevins - Garza County 4-H; Kelli Smith -Post FFA; & Leisa Farquhar - Southland FFA; 4-H & FFA members and parents for working in concession stand.

CONSOLATION POT DONORS:

Rocker A - Earl Chapman; Carter Tool Company, A-1 Testers, Inc., Jordan Spooling Services, Inc., E&E Service & Supply, Stewart & Stevenson Power, Inc., Slip Service Company, Pemco of New Mexico, Inc., B.J. Services Company, USA, Jim Burns Oldsmobile, Pontiac & GMC, Gebo's, Lavena Palmer & Randy, Lana & Cheree Conner.

Many thanks to the countless others who helped in their own way. We apologize to those whose names may have been inadvertently left off but we SINCERELY APPRECIATE YOUR SUPPORT!

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Giles Dalby, Jr., President, Milton Williams, Vice-President, Royce Hart, Recording Secretary, Steve Cooper, Past-President, Diane Graves, Correspond. Secretary

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Obituaries

Betty Rebecca Caffey

Funeral services for Betty Rebecca Caffey "Rea" were held January 31, 2001 at the Justice-Mason Funeral Home in Post with interment to be at the Resthaven Memorial Park in Lubbock.

She died January 28, 2001 in Post. She was born in Sulphur Bluff, Texas on September 2, 1912 and had resided in Lubbock for 70 years prior to moving to Golden Plains Care Center in Post in March, 2000.

Rea married Thomas June Caffey on November 20, 1938, a union that endured until his death on August 1, 1976. Rea worked for the Hemphill-Wells Department Stores for 47 years, retiring in 1976. She was a member of St. Christopher's Episcopal Church of Lubbock.

Rea was preceded in death by her parents, Homa Lee and Clemmie Estelle (Colley) Patty, her husband, a brother, James Edward Patty, a nephew, Homa Len Patty and her step-daughter, Billie June Box of California.

Rea is survived by two brothers: Thomas Earl Patty and wife Audrey Nell of Carlsbad, New Mexico and Billy Lee Patty and wife Delores of Yukon, Oklahoma. Also brother-in-law Gene Caffey of Lubbock and sisters-in-law Helen Caffey of Lubbock, Fleta Caffey of Post and Mary Brandon and husband J.F. Brandon of Tahoka and three step-granddaughters of California.

Also survived by numerous nieces, nephews, great-nieces, great-nephews and one great-great nephew.



Wayne Childers

Services for Wayne Childers, 67, of Post were held at 1 p.m. Wednesday, Jan. 31, 2001, in the First Presbyterian Church with the Rev. Jerry Koch officiating. Burial followed in the Terrace Cemetery under the direction of the Hudman Funeral Home.

He died Sunday, Jan. 28, at his home. Born Feb. 28, 1933, in Odessa to George Thomas and Birdie Stokes Childers, he married Nancy Fry May 21, 1954, in Columbus, Ohio. He owned and operated a feed store and an auto parts store in Post until his retirement. He served in the Air Force. He was active in the community, having served as a Master Mason in the Masonic Lodge, as a board member for the hospital and a member of the First Presbyterian Church.

Survivors include his wife, Nancy, of Post; one son, David, of Corpus Christi; his mother, Birdie Childers of Fort Worth; and two grandchildren, Jason Childers of Corpus Christi and Shannon Childers of Austin.

He was preceded in death by one daughter, Deborah, on Sept. 11, 1984.

The Post Dispatch

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Facts About The BIBLE

BY JOHN LEHTI

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ONE SUCH EXAMPLE OCCURS IN THE BATTLE FOR THE PASSES OF MEGIDDO, INTO THE PLAIN OF ESDRAELON, DURING SEPTEMBER OF 1918. TAKING A TIP FROM SUCH ANCIENT GENERALS AS JOSHUA, KING DAVID, AND KING OMRI, ALLENBY ATTACKED ON A BROAD FRONT BUT MASSES HIS CAVALRY AT ONE POINT TO BREAK THROUGH THE TURKISH LINE—THIS DONE, THE CAVALRY RACED HARD, DUE NORTH, TO CUT OFF THE TURKS' ONLY MEANS OF RETREAT AT THE PASSES OF EL AFFULE AND BEISAN, THUS ENTRAPPING THE ENTIRE ARMY SO THE ADVANCING INFANTRY COULD FINISH THEM OFF!

ALLENBY'S STAFF PLACED MUCH CREDIT FOR THE SUCCESS ON CONSTANT STUDY OF THE ANCIENT TACTICS IN THE BIBLE, AND AS ONE BRITISH "TOMMY" PUT IT... "HIF TH' BLOOMIN' TURKS AD STUDIED OUD BIBLE TH' WAY WE DID, THEY MIGHT AVE MADE HIT A LOT FLIPPIN' ROUGHER FOR US!"

NEXT WEEK: DID JESUS REALLY CURSE THE FIG TREE?

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California's Power Crisis: Don't Blame Deregulation

by **Tonie Nathan**
 Take a look at this headline: "Deregulation Ends In Failure." Or this one: "The Perils of Deregulation: Can the Free Market Keep the Lights On?"

And this: "Deregulation Sets Utilities Up for Failure." The fact is, those headlines are false, misleading, and calculated to develop antagonism to deregulation, a process by which American citizens can get unnecessary government intrusion out of their lives.

Although there was no real deregulation of California's electrical industry, the label "deregulation" was haphazardly slapped on a process whereby the state government regulated purchases, prices, and sales of electricity. The result? Wholesale public distrust for the idea of deregulation.

But California has never had real deregulation of its electrical industry. None. What they have had is socialism, and it doesn't solve problems — it creates them. Let's look at some of the false statements being made.

James Williams, who teaches history at De Anza College in Silicon Valley, gives us a textbook example of blatant distortion:

"California's electricity deregulation experiment, which makes electricity fully subject to the free market, reverses a century of sound experience. The state's crisis shortages, rising rates and threatened utility bankruptcies should be a stern warning for the rest of America. Electric power deregulation is a result of exaggerated pride and faith in the free market that now threatens the very foundations of California's prosperity and even that of the rest of the nation."

Bunk! Enacted in 1998, the so-called California deregulation plan forced certain private utilities to sell some of their generating plants. They had no choice. Is this deregulation?

The plan ordered certain private utilities to deliver power to a centralized "Power Exchange." They had no choice in the matter. Is this deregulation?

The plan compelled certain private utilities to buy from sources dictated to them. They cannot search the market for better buys. Is this deregulation?

Worst of all, the plan set the price that utilities can charge their customers. Is this deregulation? Is this the free market at work?

Obviously, the free market was not operating in California. The so-called deregulation plan merely fiddled with existing government controls.

Yet The New York Times published an article on December 10 stating, "California's blind faith in markets has led to an electricity shortage so severe that the governor has turned off the lights on the official Christmas tree."

The article so outraged George Reisman, Professor of Economics at Pepperdine University and author of the prestigious *Capitalism: A Treatise on Economics*, that he quickly responded.

Reisman noted that "...the actual cause of the (California) fiasco is not at all the free market but rather, from beginning to end, destructionist government policy, in large part inspired by environmentalist fanaticism."

When wholesale power costs in California shot up because of high demand and government-restricted supply, the retail utilities could not raise their rates to cover their increasing costs — because they were forbidden to do so, thanks to the so-called deregulation plan.

After blackouts started rolling through the energy grid and consumers screamed, Energy Secretary Bill Richardson intervened and substantially reregulated California, removing many of the requirements of the plan, mentioned earlier.

However, Reisman does not believe reregulation is the answer. In fact, he offers a solution for the problem that's the exact opposite of what is being considered.

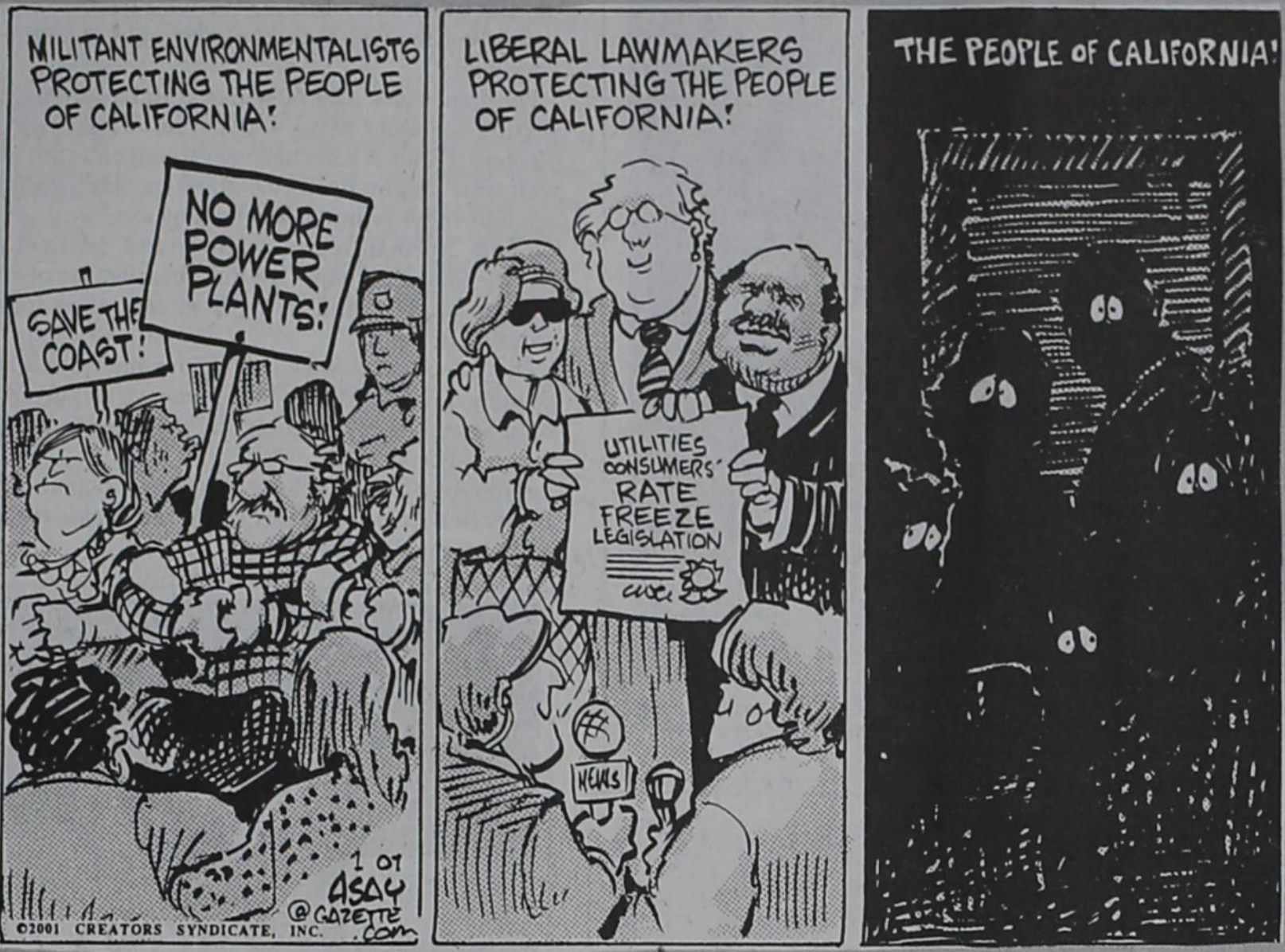
The solution, he says, "is the immediate decontrol of power prices throughout...California and, indeed, throughout the whole Western-states region, which shares a more-or-less integrated power grid."

"The effect of such decontrol would be an immediate substantial increase in the supply of electric power available...and thus, probably within days, if not hours, a sharp drop in the price of electric power..."

Supporting many of Prof. Reisman's views is columnist Tony Blankley. He points out: "The reason California has been hit so hard is that for 25 years environmental extremists have forced the closure of atomic energy plants and insisted on excessive reliance on always more natural gas for electricity generation. In the last 20 years no net new power has been brought on line."

And Blankley ends up where I started. "This isn't a free market, it's a governmentally rigged market."

Nuff said, I hope.
About the author: Tonie Nathan is a former businesswoman, broadcast journalist, and columnist. She is also the first woman in U.S. history to win an Electoral College vote as the Libertarian nominee for Vice President of the United States (1972).



And thereafter, constitutional ignorance

by **Walter E. Williams**

During last week's Senate confirmation hearings, Sen. Edward Kennedy, D-Mass., laid into President Bush's attorney general nominee John Ashcroft about his strong support for the U.S. Constitution's Second Amendment.

Kennedy demanded that Ashcroft apologize to the American people. For what did Kennedy think Ashcroft should apologize? In a speech, Ashcroft said that the reason the Framers demanded a constitutional protection for "the right of the people to keep and bear arms" was to provide a measure of protection against tyranny in government.

Kennedy demonstrated gross ignorance about the founding of our nation. To throw such an intemperate, public hissy-fit, he must have counted on — and correctly so — the ignorance of his senatorial colleagues, the news media and most Americans.

Ashcroft didn't bother to defend himself. He might have figured that Kennedy and his colleagues were uneducable, and possibly feared that producing facts would have brought on even greater ire. Let's you and I look at the Framers' words to see whether they gave us the Second Amendment so we could go deer and duck hunting or, as Ashcroft said, to protect against tyranny in government.

Thomas Jefferson said:
 "No man shall ever be debarred the use of arms. The strongest reason for the people to retain the right to keep and bear arms is, as a last resort, to protect themselves against tyranny in government."

Thomas Jefferson made himself even more explicit when he said:
 "And what country can preserve its liberties, if its rulers are not warned from time to time, that this people preserve the spirit of resistance? Let them take arms. ... The tree of liberty must be refreshed from time to time with the blood of patriots and tyrants."

Writing in the *Federalist Paper No. 46*, **James Madison** said,
 "The Constitution preserves the advantage of being armed which Americans possess over the people of almost every other nation ... (where) the governments are afraid to trust the people with arms."

In *Federalist Paper No. 28*, **Alexander Hamilton** said,



"If the representatives of the people betray their constituents, there is no recourse left but in the exertion of that original right of self-defense which is paramount to all forms of positive government."

Richard Henry Lee said,
 "To preserve liberty it is essential that the whole body of the people always possess arms and be taught alike, especially when young, how to use them."

Tench Coxe said:
 "Congress have no power to disarm the militia. Their swords, and every other terrible implement of the soldier, are the birth-right of an American. ... The unlimited power of the sword is not in the hands of either the federal or state governments, but, where I trust in God it will ever remain, in the hands of the people."

Noah Webster said,
 "The supreme power in America cannot enforce unjust laws by the sword, because the whole body of the people are armed, and constitute a force superior to any band of regular troops."

George Washington said:
 "Firearms stand next in importance to the Constitution itself. They are the American people's liberty teeth and keystone under independence."

George Mason settled the question of militia by asking and answering:
 "Who are the militia? They consist of the whole people, except a few public officers."

When the history of the 20th century is finally written, one of its key features will be the wanton slaughter of more than 170 million people, not in war, but by their own government. The governments that led in this slaughter are the former USSR (65 million) and the Peoples Republic of China (35-40 million).

The point to remember is that these governments were the idols of America's leftists. Part of reason for these and other tyrannical successes was because the people were first disarmed.

To find out more about Walter Williams, and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate web page at www.creators.com.

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The Last Food Fight - Clinton staff shows true colors

by **Vin Suprynowicz**

At the time he published his book "Unlimited Access: An FBI Agent Inside the Clinton White House," Gary Aldrich was accused of exaggerating his reports of undignified conduct at 1400 Pennsylvania Avenue — everything from the Hillary Clinton throwing lamps, to prophylactics hung by the Christmas tree with care, to unusual sex acts in inappropriate places. Either that, or the feeling seemed to be that Mr. Aldrich was — at the least — a bit of a prude; a member of the hired help who had no business carrying tales.

But as the truth about the gang that has occupied the nation's first house for the past eight years — setting records for the number of staffers granted "permanent waivers" from normally routine tests for illicit drug use, for instance, while continuing to hypocritically jail hundreds of thousands of young men of color for the same behavior — the public may yet wish they had paid closer attention to Mr. Aldrich's warnings.

The Washington Post reports Bush officials moving into their offices last week found obscene messages left in copying machines, while the "W" key had been popped off many computer keyboards. (George Walker Bush had made a three-fingered "W" his signature salute in the waning days of his campaign.)

Initially, such incidents were portrayed as harmless hijinks. But by Thursday, Bush officials were describing serious damage — including cut computer and telephone cords — that has cost taxpayer money to repair.

According to a report in last week's Washington Times, Clinton staffers flying Air Force One to New York after the Bush inauguration virtually cleaned out the plane of anything that wasn't nailed down, from blankets and pillows to champagne glasses and tubes of toothpaste. Much of what couldn't be stolen was destroyed.

Meantime, while Senate ethics rules prevent her from accepting gifts worth more than \$50 after her swearing-in as New York's freshman senator on Jan. 20, the Associated Press now reports Hillary Clinton skirted those rules by assigning her friend, Rita 'ynoos of Beverly Hills, Calif., to solicit gifts from supporters worth more than \$190,000 before the deadline — sofas, easy chairs, rugs, paintings, china, and sculpture which will now be used to furnish the Clintons' two new homes: a five-bedroom house in Chappaqua, N.Y. and another five-bedroom home in the Embassy Row area of Washington.

Actress Mary Steenburgen and her husband, Ted Danson, gave \$4,787 in china.

The Post further reports a high-ranking Bush campaign official has accused some Clinton staffers of taking White House paintings and trying to have them shipped to themselves. Others are said to have steamed official seals off office doors and tried to have those

shipped. In response, the incoming Bush administration ordered all packages X-rayed starting at noon Saturday.

Ours is an informal nation. President Washington didn't wish anyone to bow before him, or call him "majesty." No one expects today's White House staff to wear starched collars on weekends. But liberal commentators may yet have cause to regret the eight years they spent ridiculing all warnings that Mr. Clinton and his staff were permanently eroding the respect formerly afforded the nation's highest office.

Sometimes the little things speak volumes about people's underlying attitudes. From the day they moved into the White House, Mr. Clinton's Best and Brightest have evoked hushed dismay among long-time Washingtonians with their sense of entitlement and their level of thoughtless arrogance — staffers right up to the first family expecting Marine sentries to act as busboys and bellhops; men as distinguished as Vernon Jordan sent to chauffeur the president's mopsy to prestigious Pentagon job interviews.

It should thus have come as no great surprise when this sense of entitlement led Mr. Clinton to rent out the Lincoln Bedroom to Red Chinese agents bearing bags of campaign cash in exchange for classified missile technology — when such disrespect for any person or institution not part of "their crowd" soon extended to the Clintons' savage defamation of their political opponents, of the credibility and purity and even sanity of each in the chain of women who reluctantly came forward to complain about Mr. Clinton's sexual aggression — even to the arrogant and unjustified treatment of a church full of innocent women and children in Waco, Texas.

There is one bright side to these revolting displays. The desperation of the Clintons and their staff to skirt every rule, take every advantage, cart off everything that's not tied down, may at least show they've subconsciously realized Americans have begun to wise up to their act — that they're not likely to get back into the White House again in their lifetimes.

And that would be a good thing.
 Vin Suprynowicz is assistant editorial page editor of the *Review-Journal*. His book, "Send in the Waco Killers: Essays on the Freedom Movement, 1993-1998," is available by dialing 252-0655; or via web site www.thespiritof76.com/wacokillers.html.

 Vin Suprynowicz, vin@lvj.com
 "When great changes occur in history, when great principles are involved, as a rule the majority are wrong. The minority are right." — Eugene V. Debs (1855-1926)
 "The whole aim of practical politics is to keep the populace alarmed — and thus clamorous to be led to safety — by menacing it with an endless series of hobgoblins, all of them imaginary." — H.L. Mencken

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Lady Lopes hold top spot in district

The Post Lady Lope varsity basketball team is undisputed district leader, with a 7-0 record following action last week. "I believe this team is the best overall defensive squad I've ever coached," coach Ron Taylor emphasized. Taylor's compliment to the team takes into consideration regional qualifying teams from his previous experiences.

The Lady Lopes used their aggressive defense and improved offensive power to overwhelm Ralls 65-46 on January 23 and hammered Sundown 80-40 last Friday.

In the Ralls contest, the varsity squad took the ball away from the Lady Rabbits 18 times. Kelly Moore led in steals with six, with Davida Gregory and Manuela Hernandez credited with three each, and two each were recorded by Meagan Mills, Yvonne Lopez and Emily Smith.

Gregory led the team scoring with 22 points, followed by Kenda Looney with 21 and Smith with 14. Others scoring were Lopez and Moore with three and Hernandez with two.

A home crowd cheered the Lady Lopes last Friday in the 80-40 runaway, as Sundown turned over the ball 29 times. Lady Lope players took the ball away 17 times, with Gregory leading the charge with seven steals. Moore got six, Mills and Lopez picked off three and one each were credited to Hernandez and Looney.

Gregory also took scoring honors with 25 points, followed by Smith with 17, Looney with 13, Lopez (8), Hernandez (7) and five each by Mills and Moore.



Tandi Humble works around defenders during the 80-40 win over visiting Sundown. Yvonne Lopez (back) joins in the action. (Photo by Jerry Taylor)



Kelly Moore (right) shows why the Post Lady Lopes are undefeated in district competition. The aggressive defense has been a hallmark for the team this season. (Photo by Jerry Taylor)



Brody Robertson goes to the basket for the Post Antelopes in their win here last Friday against Sundown. The 'Lopes are in second place in district competition, one game behind Idalou. (Photo by Jerry Taylor)

Antelopes hunt for district title

The Post Antelope varsity basketball team trails Idalou one game for the district title hunt, following two wins last week. "We're getting better every game," coach Dane Vickers commented, "and the team is playing together very well."

The 'Lopes took a 56-50 win over Ralls January 23, with Tyrone Jefferson getting 15 points, along with Jarrett Vickers at 14 and Raul Ortiz sinking 12 more. "Ralls is a big and very tough ball club," the coach added. "We shot well and fought hard, we were particularly pleased with rebounding, considering how much bigger they are."

Justin Norman scored eight points, Michael Huff got six and Clinton Curtis picked up one. "We did much better at the free throw line," coach Vickers added, "and in tight games, that makes all the difference in winning or losing."

The 'Lopes came back last Friday and took a convincing 54-37 win over Sundown here. "It's the best game we've played all season," Vickers said. "Our shooting, rebounding and defense were superb. Every player on the bench contributed."

Jefferson again led the scoring with 23 points, followed by Huff with 11, Brody Robertson with eight, Clinton Curtis got seven, Vickers scored four and Ortiz got one.



Michael Huff (10) and Raul Ortiz (55) fight for a rebound during the Post Antelope win over Sundown here last Friday. (Photo by Jerry Taylor)

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Angela Hester puts the basketball up for a free throw shot in the Post Junior Varsity girls' win over New Deal last week. (Photo by Bruce Ledbetter)

8th grade girls beat New Deal

The Post Middle School eighth grade girls A team defeated New Deal 35-29 in a game played Jan. 29.

Kaycee Gorman led scoring with 10 points, followed by Nikki Norman with eight points. Donae Dalby had six points, while Meagan Hoover and Patricia Hester each contributed four points. Logan Gregory had two points, and Kristy Shifflett added one point to the scoreboard.

The team's final game will be a home match up played Monday.

Post Junor Basketball Practice Schedule February 3

- 1st grade - 10 to 11 a.m., Middle School Gym.
- 2nd grade - 11 a.m. to noon, Middle School Gym.
- 3rd and 4th grade boys - 11:30 a.m. to 1 p.m. at PHS gym.
- 5th and 6th grade girls - 1 to 2:30 p.m., PHS gym.
- 5th and 6th grade boys - 2:30 to 4 p.m., PHS gym.
- 3rd and 4th grade girls - 4 to 5:30 p.m., PHS gym.

8th grade boys whip New Deal

The Post Middle School eighth grade boys pulled off a strong game against New Deal Jan. 29, posting a 42-38 win in the process.

According to the team's coach, Tony Garay had his best game of the year and Jett Lott rebounded "great." Also, Jared Grisham had five out of six free throws at the end of the game.

The team jumped out to an 11-8 lead at the end of the first quarter and outscored New Deal in the next two periods. New Deal led scoring 16-12 in the final quarter, but failed to put enough points on the board to overcome the lead established by the 'Lopes.

Garay led scoring for the 'Lopes with 15 points, followed by Grisham with nine. Randon Blacklock had eight points and Lott had seven. Josh Hair added two points and Jordan Tatum, one point.

In a game played Jan. 22, the team dropped a close game to Tahoka 35-33.

Garay led scoring with 10 points, followed by Lott with eight points and Grisham with six. Koko Valdez had five points and Tatum and Blacklock each had two points in the game.

7th grade boys drop one

The Post Middle School seventh grade boys dropped their district record to 4-5 with a 41-33 loss to New Deal Jan. 29.

The 'Lopes made a strong comeback attempt in the fourth quarter but could not overcome the offensive stronghold established by their opponents in the first half.

Sterling Smith led scoring for the Antelopes with 20 points. Kenny Garay had 11 points and Keith Meredith had two points.

The team dropped a 31-26 game to Tahoka Jan. 22.

Smith again led scoring, this time with 11 points. Garay added four points to the scoreboard.

The team earned a victory Jan. 8, defeating Ralls 37-25.

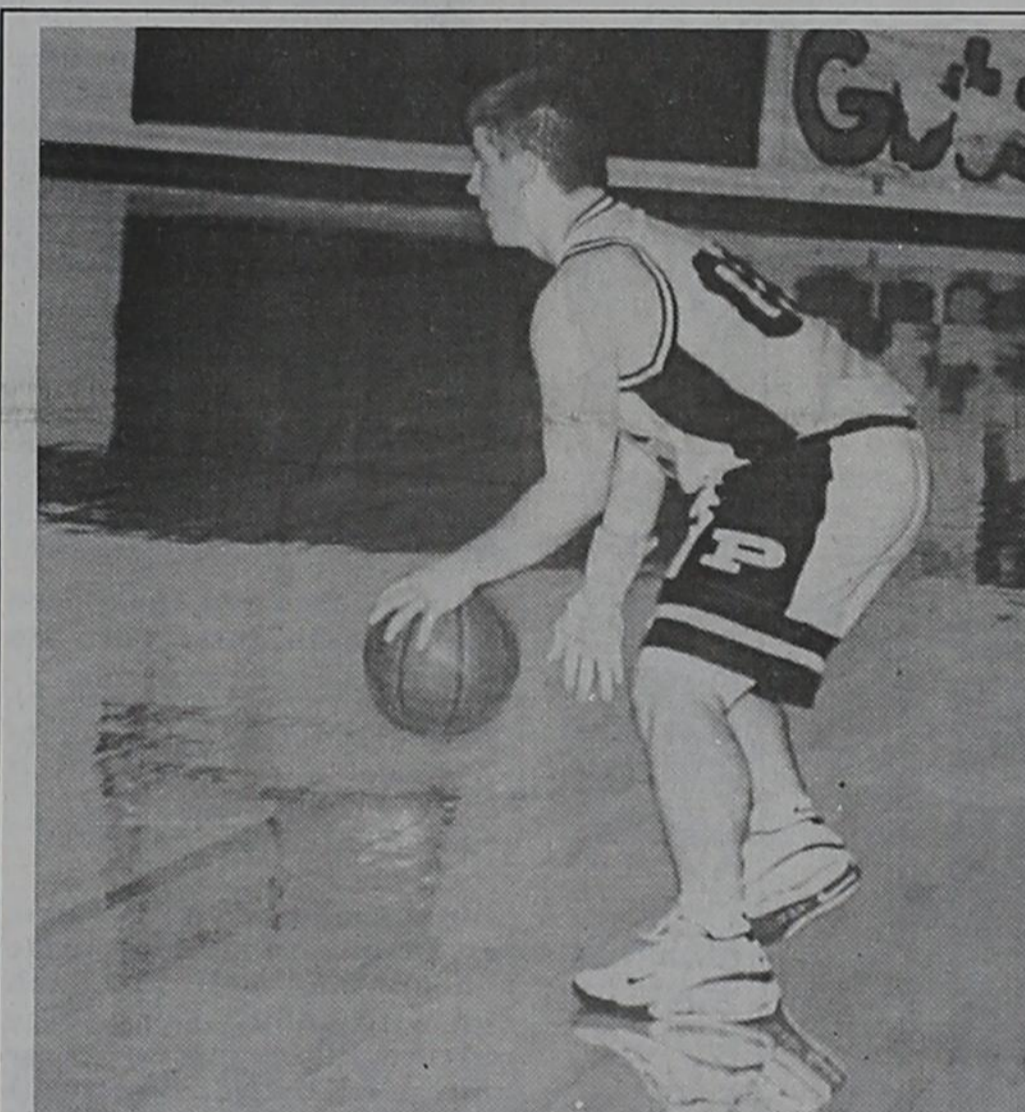
Garay led the 'Lopes' offense with 15 points, followed by Smith with 14 points. John Norman scored four points in the contest, and Eric Reyna and Jace Pollard each had two points.



David Gregory scores another two points for the Post Lady Lopes in their 80-40 win over Sundown here last Friday. (Photo by Jerry Taylor)



Raul Ortiz (55) puts the ball up for another two points for the Post Antelopes in the win here last Friday. (Photo by Jerry Taylor)



Mitchell Mills brings the ball in for the Post Antelopes in their big win over Sundown here last Friday. (Photo by Jerry Taylor)

J.V. Lopes edge Sundown 30-25

In a game played Jan. 26, the Post High School junior varsity boys team downed Sundown 30-25.

Tye Mason led scoring with nine points, while Brandon Bell had eight points. Jon Eilenburger had seven points, Seth Redman and Kenny Ratke each scored three points and Anthony Merrell added a bucket for two points.

"Great job," the coach said. "A great effort by everyone!"

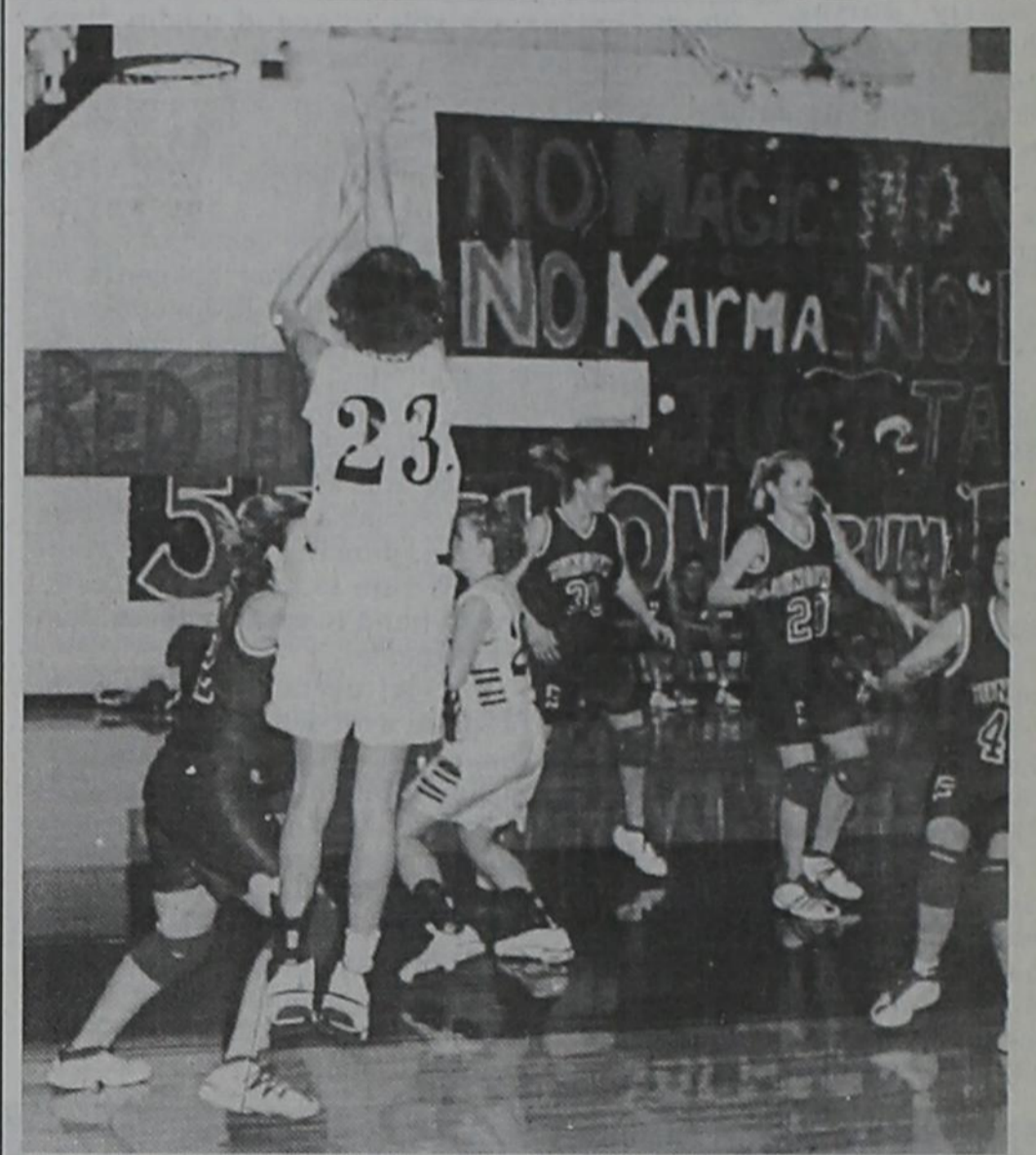
On Jan. 23, the team rolled over Ralls 43-33.

Ratke and Redman topped scoring, with 18 points apiece. Merrell, Mason and Francisco Duran each scored two points in the contest.

"The guys started off slow, but then they really turned it on and played great defense," said the coach. "Kenny Ratke and Seth Redman probably had the best games of their year so far."

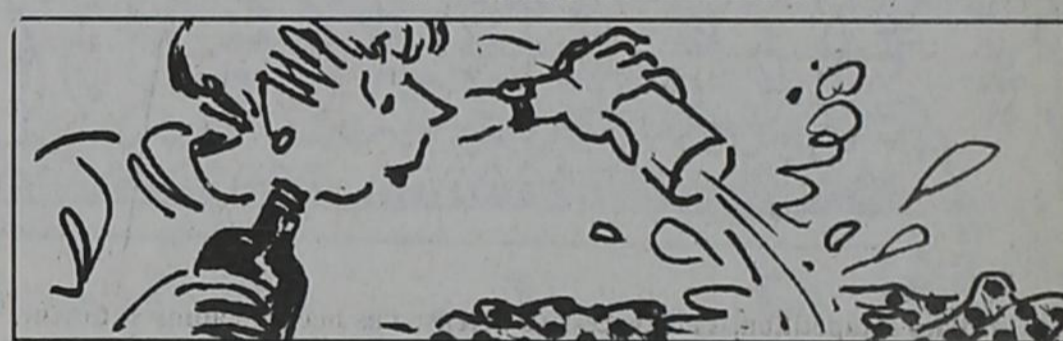
The team fell 45-17 to Idalou in a game played Jan. 19.

Mason had seven points in the game to lead scoring for Post, followed by Redman with five. Mark Norman and Ratke each had two points and Duran had one point.



Manuela Hernandez takes a shot for the Post Lady Lopes in their 80-40 win here last Friday. (Photo by Jerry Taylor)

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If you spill acid on an item of clothing, rinse the area with water immediately. Then apply ammonia to the stain, and rinse again with water.



Tyrone Jefferson (31) takes gets ready to pass the ball downcourt for the Post Antelopes, with help from Raul Ortiz (55) in the game here last Friday against Sundown. (Photo by Jerry Taylor)

What's it like to donate blood?

The blood donation process is easy, and takes less than an hour. Most donors find it a painless and heart-warming experience.

A brief interview is the first step. You'll be asked about your medical history and current health. Next, your temperature, blood pressure, pulse and blood hemoglobin level are checked. Many donors consider this mini-physical an added bonus!

The actual donation takes just 10 minutes. You'll relax in a comfortable chair while a technician collects a unit (approximately one pint) of blood into a special container. Since the human body averages 8-11 pints, it's easy to spare one! (All materials used during the donation process are sterile, and used only once. You cannot contract AIDS or any other disease by donating blood.)

Afterward, rest and enjoy a light refreshment. You may then resume your normal routine.

Take a few minutes now to donate blood and invite a friend to join you. You'll feel great!

Our next blood drive will be Thursday, February 1 at the Post Church of Christ from 4 to 8 p.m. Come, do your good deed and donate!

Donate Blood!

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MAKING FAMILY LIFE MORE FUN

Classic Ideas For Homemade Family Fun

(NAPS)—When the weather outside is frightful, family time can be more delightful when the clan gets together for good old-fashioned, homemade fun.

As you prepare for the winter season, consider low-cost, creative ways to entertain your kids at home—particularly during school breaks or when inclement weather prohibits outdoor activities. Here are a few classic ideas for children of all ages, courtesy of the new Nestlé Carnation Homemade Classics Hot Cocoa:



When families are able to spend quality time together, let it snow, let it snow, let it snow.

1. Rent classic family videos and watch them in sleeping bags or on a big picnic blanket.
2. Play classic card games like "Old Maid" or "Go Fish" or play a favorite board game.
3. Plan a creative coloring hour using coloring books and crayons. Not only is this fun for young children, but it can be therapeutic for teens and adults. Use the finished product for homemade place mats.
4. Make homemade jewelry or other crafts using favorite cereals or pasta noodles.
5. Host a musical game night with neighborhood kids. Play classic games such as "Musical Chairs," "Hot Potato" and "Name That Tune" to expose youngsters to different music genres and eras.
6. Bake homemade cookies or

other desserts, making sure every family member has a task.

7. Hold a series of gift wrapping contests as a fun way to express artistic creativity, and help wrap holiday presents or other family gifts. Recipients will appreciate this unique homemade touch.

8. Introduce family talent night where family members can explore and showcase their various gifts and talents, such as singing, dancing, poetry or comedy. Be sure to have a video camera on hand to capture these classic moments!

9. Curl up next to a blazing fireplace with delicious cups of hot cocoa such as the new Nestlé Carnation Homemade Classics Hot Cocoa and read classic nursery rhymes or children's books, or sing campfire songs.

10. Create homemade greeting cards by cutting out pictures from old magazines and crafting a personalized message to a distant relative or friend.



Post ISD Artist of the Week is Stephanie Saldivar, shown here with her award-winning work entitled "Amor."

NEWS OF NUTRITION

Fun Recipes To Start Your Kids Eating Healthy

(NAPS)—The old adage "an apple a day keeps the doctor away" has a lot of truth behind it. Recent university studies have shown that the lack of fat, cholesterol and sodium are just a few of the reasons that apples, apple juice and apple sauce are important parts of a healthy diet.

Those same studies reported that apples are also a major source of fiber, which provides health benefits ranging from protecting against heart disease to managing diabetes to controlling weight. Apples and apple products also contain potassium, which helps to control blood pressure and protect against strokes.

Fruit sugars, such as those found in apple products, also serve as an immediate source of energy.

Here are some fun and versatile ways your children and you can enjoy the healthy great taste of apples.

Worms and Dirt

- 5 oz. Mott's apple juice
- 1 Oreo chocolate sandwich cookie
- 1 scoop of vanilla ice cream
- 1 cup of ice
- Gummi Worms

Combine first four ingredients in a blender until smooth and pour into a 10 oz. glass. Garnish with Gummi Worms.

Apple Grape Pops

Yields 9 pops

- ½ can (¾ cup) grape Mott's in a Minute unfrozen concentrate



Apple sauce and apple juice can be a healthy part of fun treats for children and their parents.

- 23 oz. jar Mott's chunky apple sauce
- 9 (3 oz.) cold drink cups
- 9 wooden sticks

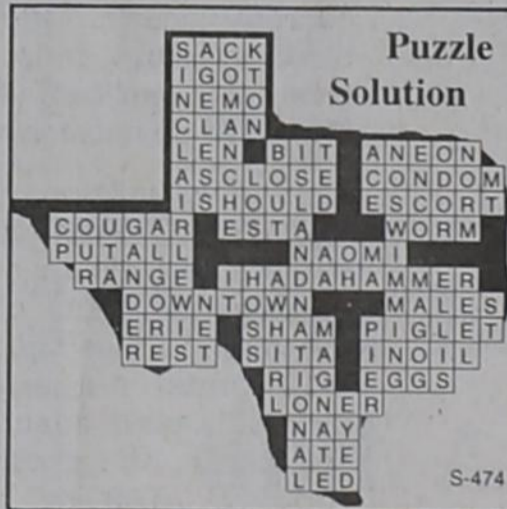
In a medium bowl, combine juice concentrate and apple sauce; blend well. Fill each cup with about ½ cup juice mixture. Place cups in freezer until partially frozen, about 1 hour. Insert sticks; freeze until firm, about 2 hours. To serve, remove drink cups.

Kid's Cosmic Cosmo

Serves 1

- 2 oz. cranberry juice cocktail
- 2 oz. Mott's apple juice
- 1 oz. Rose's triple sec (non-alcoholic)
- 1 oz. Rose's lime juice
- Splash of Rose's grenadine (optional for more color)

Combine all ingredients and serve over ice. Garnish with a fun straw and cherry.



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The Post Dispatch

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Hypertension, high blood pressure

Hypertension. High Blood Pressure. Stroke. Stress. Tension. Headache. Tension headache. Yikes!!! What does it all mean?

It's not like things aren't confusing enough in the world. Why do doctors have to use the same words to talk about different things? Is a tension headache caused by hypertension? If one is under stress, does it cause tension, tension headache, or hypertension? It's no wonder people are confused about these conditions.

As if that wasn't hard enough to sort out, just for good 'measure' we refer to high blood pressure by some number OVER some other number. Is the big number on the top? Which one causes you to have a stroke? Why is it so darned confusing?

Let's simplify. Move your mind away from the mysterious world of the physician with his strange incantations and doublespeak. Conjure up an image of a Rattlesnake. That's not hard, is it? I'm going to try to use this image to explain what blood pressure is, what the danged "some number over some other number" means, and why the nurse squeezes your arm until it goes numb. Lastly, I'll take a pass at explaining what the word tension means in this context.

Pull that snake image back up. Picture the snake swallowing a field mouse. We've all seen this kind of thing, in which the snake swallows something whole and you can see it passing, whole, down through the snake. It makes a bulge that moves from stem to rattle stern. This scene is like a slow motion version of the pulse wave that passes out of your heart with each beat. Just like the mouse-bulge that travels down the tube that is the snake, the pulse-bulge that is generated by the ejection of blood from your heart passes through your arteries. Not only can you feel the pulse-bulge by "taking your pulse," you can see it rising and falling with each beat of your heart. Hold on to these two images; mouse-bulge passing through snake and pulse-bulge passing through artery. With any luck this will make some sense.

It is clear intuitively that the snake skin surrounding the bulging mouse will be tighter, or, under more tension than the skin on either side of the poor mouse. It is at this point where the pressure exerted by the mouse-bulge-pulse is the highest. Lets say that it is pushing against the wall of the snake belly with 120 pounds of force. To keep it straight, on every snake with a mouse in its belly that we measure, we will record that number first. In humans this is called the systolic pressure, so named because the heart generates the pulse wave causing it during the part of its cycle called systole. This is the blood ejection phase of the heart.

Next, we move on to examine the soft, more relaxed part of the snake belly through which the long suffering mouse has just passed. Naturally the pressure exerted on this portion of the snakes belly wall will be less. For example, 80 pounds of force. (There has to be some force left pushing out on the snakes tummy or it would just collapse, making it difficult to rattle its tail!) Let's record that one next and put it under the first number. In humans, this is the diastolic blood pressure.

It is so named because the heart, after generating the systolic pulse wave, relaxes and begins to fill with blood. The arterial walls are at their lowest amount of tension during this phase. The highest number, the one representing the highest pressure (wall tension) placed on the snakes belly, goes on top. The lowest number, representing the belly wall at rest, goes on the bottom. Our snakes mouse pressure reading would be 120/80, perfect. If the wall tension was high for a long time then the condition is called hypertension (which means above, like hyperactive child) Now you get it, right?

What does it all mean to you, though, in staying healthy and preventing things like stroke, the rupturing or blocking of an artery as explained in previous column?

Let's leave the snake image behind for a moment and turn your minds eye out towards the parking lot and under the hood of a car. An old car. One that is running hot and has been for thousand of miles. Turn off the engine and let it cool a little. When it is cool enough to touch, feel the hose coming out of the radiator into the engine. Squeeze it a little.

You'll notice that it is brittle feeling, with cracks, not soft and pliable like it was when it was new. While much of this is due to heat, a large part of the damage to the rubber is due to the prolonged exposure of the hose to increased pressure. The wall of the hose has been subjected to higher tensions, much as your arteries are subjected to when the pulse wave passing through them creates a high pressure head pushing against the vessel wall.

But unlike the snake, there is no relief for the radiator hose. Even when the old car is running cool on the highway, the hose is at higher pressures than the hose of a properly running car. Not only would the hose's top number be elevated, but its resting pressure, the diastolic, or bottom number would be elevated too.

Stiff and cracked radiator hoses are not good. Neither are blood vessels with similar traits due to prolonged exposure to high pressures I am reminded of what the auto repair man said on the old TV add, "Under these conditions, they could go anytime!" So it goes for us as well. Unlike the car with its replaceable hose, when our arteries "go" the damage is severe and usually irreversible.

Please don't jump up and go get your blood pressure read at the grocery store, becoming distraught if it says "go see your doctor." Take the advice for the machine and let your doctor help you decide what to do with the information. Above all, don't get your blood pressure up over it!

Thank you for spending this time with me.

Winston Whitt, MD

Maybe It Wasn't That Heavy Shopping Bag.

Weakness On One Side May Mean A Stroke.

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Feb. 8, 2000



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Deadline: Friday, February 2

The Post Dispatch

123 E. Main - Post, Texas

The Original TEXAS CROSSWORD

by Charley & Guy Orbison

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ACROSS

1 TXism: "tow" (burlap bag)

5 TXism: "sheared like a spring lamb"

6 "Leagues" captain

7 large TX family

8 spy fiction writer Deighton

9 TXism: "off more than I can chew"

12 TXism: "never sign anything by the glow of _____ light"

17 TX George W.'s victory was _____ as it gets

19 safe sex device

21 TXism: "I zigged when _____ have zagged"

22 Galveston's USS Stewart is a destroyer

23 JH mascot

28 TXism: "bien" (good)

29 TXism: "he couldn't drown a plastic _____" (bad fisher)

30 TXism: "the cards on the table"

31 TX poet Nye

35 "Home, home on the _____"

36 TX Trini Lopez tune: "If _____"

42 tornado hit _____ Fort Worth in 2000

44 TXism: "hombres"

46 Jay Gould railroad before the Texas & Pacific

47 _____ rock, TX

49 young porker

50 "_____ in Peace"

51 TXism: "_____ spell"

52 TXism: "worth his weight _____ leases"

53 TXism: "that _____ won't drill" (disagree with)

54 TXism: "hen fruit"

55 TXism: "chews his own cud"

13 posted sign at Lake Crockett (2 wds.)

14 the name before Exxon

15 boot aroma

16 Dallas sportscaster Hitzges

18 _____ Fresno, TX

20 _____ Pleasant, TX

23 TX singer Pride (nit.)

24 Austin's words in 1835: "War is _____ only resource"

25 Arlington univ.

26 TXism: "what's good for the goose is good for the _____"

27 loser to TX George W.

32 Comanche h.s. class

33 TX Holly hit: "_____ Boy"

34 Gov. "_____ Ferguson"

36 TXism: "lapped _____ up" (believed)

37 TX Blocker's "Bonanza" role

38 TXism: "spinning like a weather vane in _____ wind"

39 Biblical city by the Black Sea

40 Waxahachie is seat of this co.

41 rod and _____

43 take home pay

45 _____ Jo, TX

48 "Jock" on "Dallas" was an oil _____

49 TX-based _____

56 TXism: "bright _____ and bushy tailed"

DOWN

1 UT has his original manuscript of "Main Street"

2 eternal

3 location of "Old Cora" courthouse

4 Belton "heavy" AM

9 TXism: "it's near _____"

10 Padre _____

11 this TX Cassidy was "Lurch" on "Addams Family"

12 good poker card

Lunch Menus

Trailblazers

Monday, February 5
Salisbury steak, brown gravy, green peas, cauliflower, biscuit, and peach cobbler.

Tuesday, February 6
BBQ chicken, butter beans, greens, coleslaw, cornbread and banana pudding.

Wednesday, February 7
Chicken fry, cream gravy, baked potatoes, green beans, wheat roll and apricots.

Thursday, February 8
Brisket, au gratin potatoes, fried okra, sliced tomatoes, wheat roll and apple cobbler.

Friday, February 9
Hamburger, cheese slices, lettuce, tomato, onion, tater tots, greens and cherry cheesecake.

Post ISD

Monday, February 5
Breakfast: Cinnamon toast, sausage link, fruit and choice of milk.
Lunch: Frito pie, Ranch Style beans, broccoli, cornbread, cobbler and choice of milk.

Tuesday, February 6
Breakfast: Biscuit and gravy, sausage, fruit and choice of milk.
Lunch: Chili dog, French fries, mixed greens, frozen yogurt choice of milk.

Wednesday, February 7
Breakfast: Oatmeal, bacon, fruit, toast and choice of milk.
Lunch: Manwich, salad, peaches, Reese's Cup and choice of milk.

Thursday, February 8
Breakfast: Muffin, sausage link, fruit and choice of milk.
Lunch: Chicken nuggets, gravy, whipped potatoes, green beans, hot rolls, pudding and choice of milk.

Friday, February 9
Breakfast: Cereal, toast, fruit, apple juice and white milk.
Lunch: Fish, macaroni and cheese, carrot sticks, peas, hushpuppies, fresh apple and choice of milk.

Southland ISD

Monday, February 5
Breakfast: Cinnamon rolls, juice and milk.
Lunch: Beef tips over rice, green peas, cream potatoes, rolls, fruit and milk.

Tuesday, February 6
Breakfast: Sausage, egg and cheese burrito and milk.
Lunch: Pizza, salad, green beans, pudding and milk.

Wednesday, February 7
Breakfast: Bacon, eggs, toast, juice and milk.
Lunch: Chicken a la king over noodles, salad, corn, rolls, fruit and milk.

Thursday, February 8
Breakfast: Cereal, toast, fruit and milk.
Lunch: Dorito casserole, rice, beans, Reese's Cup and milk.

Friday, February 9
Breakfast: Muffins, fruit and milk.
Lunch: Cheeseburgers, hamburger salad, fries, ice cream and milk.

Yesteryears

by Pat Burnett

February 6, 1991
10 Years Ago

Angela Tobias was notified Monday, February 4, 1991, that she has been accepted to attend Rice University in the fall.

Paul and Maryhelen Matsler of Pearl City, Hawaii, announce the birth of their daughter, Paula Maifa (Hawaiian for Mary) on January 24, 1991.

Paula weighed seven pounds and five ounces and was 21 inches long at birth.

David and Penny Pierce are proud to announce the arrival of their daughter, Sydney Danielle, on December 29, 1990 at 3:50 p.m. in Methodist Hospital in Lubbock.

Sydney weighed seven pounds and four ounces and was 20 inches long at birth.

February 12, 1981
20 Years Ago

David Foster and Luann Kennedy were crowned Basketball Beau and Sweetheart Tuesday night in the high school gym.

Colley Gallin will be the new 1981 president of the Post Chamber of Commerce.

The Air Force Band presents a concert for Post tonight.

Anna Shelnutt was honored with a birthday party given to her by Lottie Sanders.

Wrestling comes to Post. The first place winners were Charlie Redman, Mike Worth, Freddy Huff and Jay Pollard.

Happy Birthday today goes to Mrs Gene Tyer, Bowen Stephens, Mrs H.J. Dietrich, Carolyn Matsler, Timothy Oakley, Joe Irons, Tina McAlister, Terry Carter, Timmy Carter, and Hiram Guiterez.

Airman Donna S. Rutledge has graduated from the USAF course for communications equipment repairman at Keesler AFB, Miss.

February 11, 1971
30 Years Ago

Mrs Helen Livingston announced her resignation as secretary of the Post Chamber of Commerce.

Mrs Clyde Childress of O'Donnell visited in the home of Mrs Hetie Mae Robinson Tuesday.

Mary Ann Strawn's engagement to Jackie Gordon is announced.

Dick R. Kennedy earned "Distinguished Student" ranking at Texas A&M University.

A new arrival is Dustin Ammons born on February 9.

Cathy Long celebrated her 17th birthday Sunday.

Billy Lieske was on the "puny" list last week. He had the flu.

Vince Gribble showed three pigs at the Fort Worth Stock Show last week. One placed first, one fifth and one placed 11th.

Coach Jiggs King's freshman girl's team ended its 1970-71 basketball season here Monday night by taking Roosevelt into camp, 57 to 14.

February 9, 1961
40 Years Ago

Five cub scouts received advancement awards from Cubmaster Malcolm T. Bull. The cubs are Jan Olson, Timmons Bull, Ken Herron, Boyd Noble and Steve Newby.

Jane Maxey and Jimmy Minor have been elected as "Mr and Mrs PHS."

Who got in trouble for talking in Mrs Wristen's class? Nobody but the Three Stooges - Mike Miller, Paula Baldree and Linda Williams.

Army Private Malachi Mitchell, Jr participates in US Army winter field training maneuver in Germany.

Vonille Striblin, granddaughter of Mr and Mrs Howard Freeman, is visiting in Post this week.

The Post fire trucks made their first run Sunday night from the new fire station at the rear of the City Hall.

Dr B.E. Young receives the Boy Scouts Silver Beaver award.

February 8, 1951
50 Years Ago

Jimmy Bowen celebrates his birthday last week. His parents, the Oscar Bowns, gave him a baritone horn and case.

New arrivals are Ricky Lyn Richardson born January 20, Carolyn Ann Ledbetter born January 31 and Barbara Kay Lofton born February 3.

Bobby Layne, of Lubbock, former Texas U player and professional football player, is main speaker at Post football banquet.

Mrs Recce Bivens is replacing Mrs Kenny Cash as secretary in the Garza County Vocational school office.

The Buddy Stewarts have moved into their new home.

60 years ago this week

M.L. Penn, principal of Post high school for the past three and one half years, resigned to accept a position with the National Youth Administration.

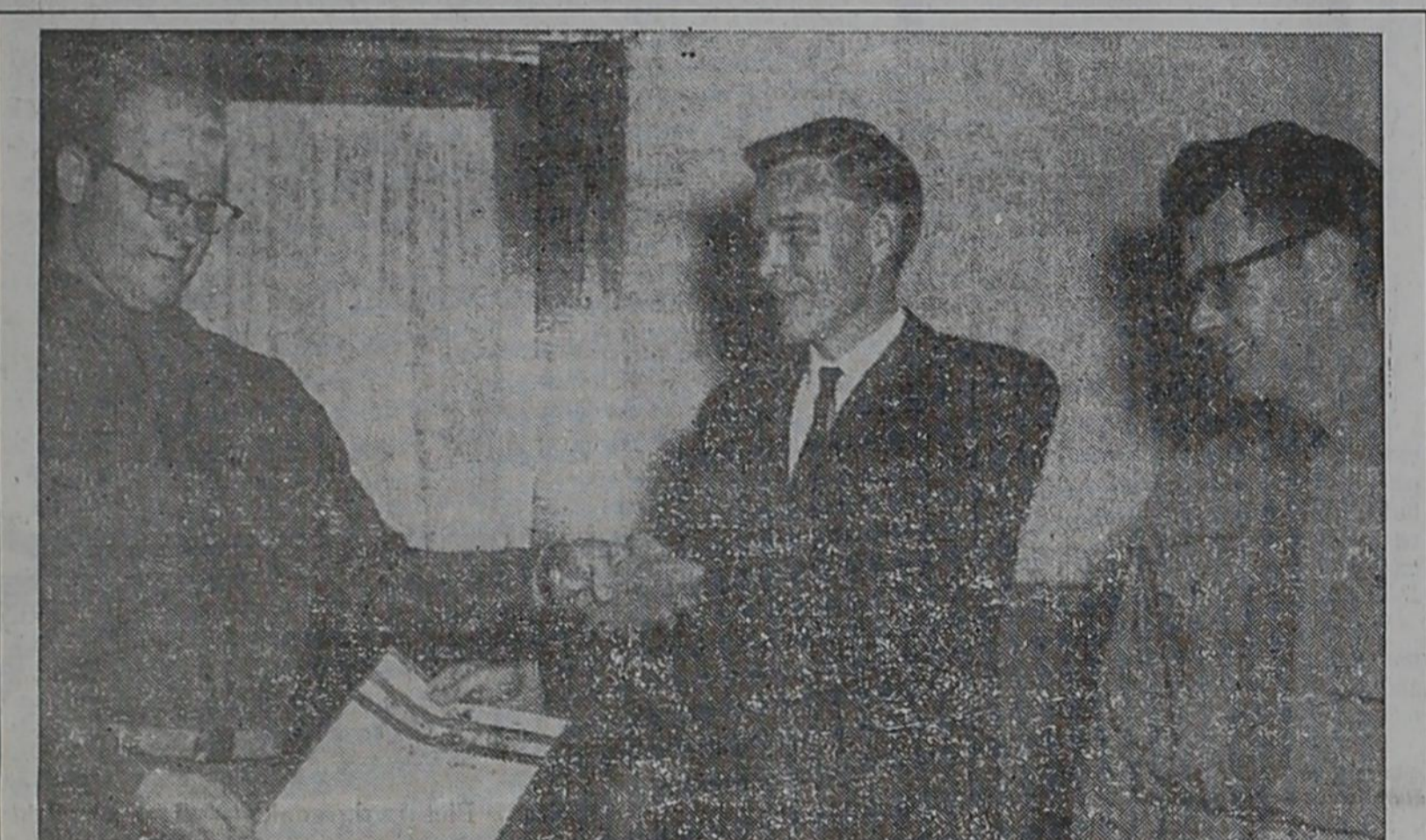
Mr and Mrs Bud McLaurin announce the arrival of a baby girl February 8, named Jerry Lou.

Organization of a Veterans of Foreign Wars post to be known as the W.A. McLendon Post No. 3287, was completed Monday night with 19 charter members.

Southland high school won four basketball championships in the county tournament.

A brand new 1941 electric refrigerator was to be sold at auction February 22 at Greenfield hardware store.

The Post Dispatch Post City Radio



BOY SCOUT TROOP RECEIVES CHARTER

The First Methodist Church's Boy Scout Troop 199 received its charter Monday from the South Plains Council, Boy Scouts of America. Shown presenting the charter to Scoutmaster William R. Bennett is Bill McGlaun, field executive for the Comanche Trails District. At the right is Assistant Scoutmaster Ed Blanton. The charter will be formally presented to the troop at a "Church Sunday" ceremony during National Boy Scout Week next month. (Staff Photo)

From The Post Dispatch January 19, 1961



MR. AND MRS. M. D. WHITE observed their 50th wedding anniversary with open house at their home in Abernathy Sunday. They were Garza county residents 18 years before moving to their present home in 1945. Their son, W. D., his wife and daughter of Post were among the Sunday guests. They have two other sons, three daughters and 14 grandchildren. (Photo courtesy Avalanche-Journal.)

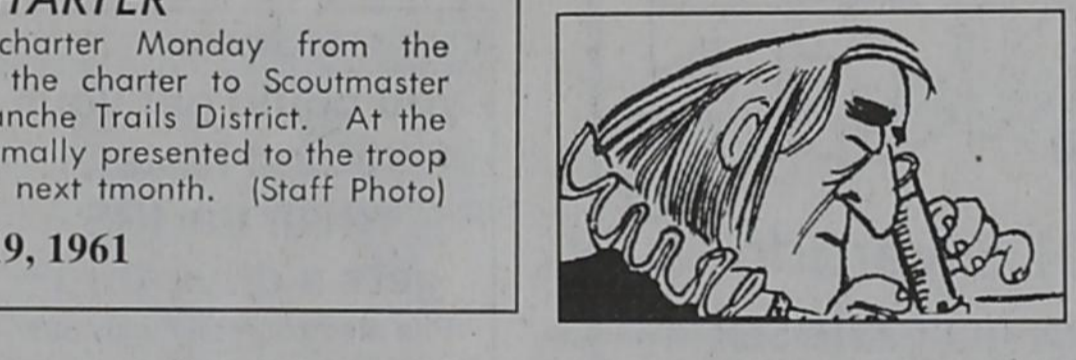
From The Post Dispatch, Jan. 25, 1951



HE'S A GOOD SCOUT

Bruce Blanton receives Boy Scout Troop 316's "Scout of the Year" award from Scoutmaster Silas Short. This is the first year the award has been made.—(Staff Photo)

From The Post Dispatch, Jan. 21, 1971



Dutch optician Zacharias Jansen invented the compound microscope in 1590.

Mrs. R. A. Morgan, Garza County Pioneer, Comes East To Settle When Moving Here in August, 1907

Mrs. R. A. Morgan, Garza County pioneer, came east when she came here.

Although she had lived in West Texas since coming to Sweetwater with her parents in 1890, the Morgans moved to Garza County from New Mexico. They had gone there from Fisher county in 1901, staked a claim near Portales and proved it up. Then they sold it in 1907 and bought a farm eight miles east of Justiceburg.

"Seasons were too short in New Mexico," Mrs. Morgan says. "Farmers could not make anything." The Morgans lived then 14 miles from Portales. New Mexico was sparsely settled at that time.

When Mr. and Mrs. Morgan moved to Justiceburg, they had three children. The children attended the Lee Forest school near their home. Ewell Morgan, their youngest son, graduated from Post High School.

Friends Made Easily

The Morgans found it easy to make friends here. One of their first neighbors was Mrs. H. G. Smith. They bought their place from her husband. The John Boren and John Reed families were also neighbors to the Morgans.

Farming was much easier in this area, Mrs. Morgan recalls. They made some very good crops from the start.

Mrs. Morgan recalls attending several picnics and barbecues. She well remembers the famous Fourth of July picnic when it was so cold everyone had to wear wraps.

When the Morgans moved to Garza, Post had just started up, Mrs. Morgan said. The county was organized just a few months before they came and they had to transact their court business in Post. For shopping, they went



to Fluvanna or Snyder, as rarely as possible.

It was not until cars became numerous that the Morgans started trading in Post. After that, they traded nowhere else.

Church Member

Mrs. Morgan is a member of the Church of Christ. Prior to the organization of one here some 30 years ago, she did not go to church since there was none to go to. Another thing that kept her from going to church was the fact that it was too far to go without a car.

School children did not go in for much basketball and football, then, Mrs. Morgan recalls. Town ball was a popular game.

Her husband died in 1937 and for 10 years Mrs. Morgan ran the farm, sometimes alone, sometimes with a hired hand and sometimes with a renter. She moved to Post in 1947 and lives now on North Washington street.

Mrs. Morgan's oldest son, Edward, died in Camp Travis in San Antonio in 1918. He had pneumonia. Another son, Alvin "Son" Morgan lives near Justiceburg. Her daughter, Pearl who is now Mrs. Hardy Ainsworth, lives on the home place near Justiceburg. The youngest son, Ewell, lives in Slaton.

Mrs. Morgan has 11 grandchildren and six great-grandchildren.

Mrs. Morgan has lived in West Texas during most of the past 60 years. She has seen some terrible sandstorms and several blizzards and snowstorms. She likes Garza county better than New Mexico but confesses that she would really like to live in California.

MRS. R. A. MORGAN

From The Post Dispatch, Jan. 18, 1951

Classified Advertising

Classified Advertising

Rates: 50¢ per word, payable in advance unless credit approved by management.
(806) 495-2816
FAX: 495-2059

Card of Thanks

Thanks to everyone for the flowers, cards, letters and especially the prayers while I was ill and had surgery. A special thank you to my mother, family and Jackie Curb for all they did for me.
 God Bless You
 Maude Cade

Personals

Post Independent School District invites the Senior Citizens of the district to come by the Superintendent's office and receive a gift of a complimentary general admissions pass that will admit you to all school functions. (You will be asked to present identification so that a pass can be issued in your name).

Post Group of Alcoholics Anonymous
 Meets every Thursday night at the First Presbyterian Church, 901 West 10th at 8 p.m. Closed meetings are held except on the last Thursday of the month, which is an open meeting. Door opens at 7 p.m. and the meeting starts at 7:30 p.m., cake and coffee following the meeting. Anyone who wishes to talk or ask about an alcohol problem, call 495-2452, 495-4185 or 629-4185.

Help Wanted

Need dependable help on Saturday to clean house and care for 6 year old boy. 7 am till 4 pm. Call Janet after 6:30 pm at 495-2061.

Homeworkers Needed: \$635 weekly

processing mail. Easy! No experience needed. Call 1-800-440-1570 Ext. 5070, 24 hrs.

Now taking applications for part time. Apply at Post Beverage Barn.

Weekend fry cook wanted, apply in person. White River Marina.

Homes for Rent

For rent, two homes, 3 BR, 2 bath. One furnished and one unfurnished. Call 495-2458.

Apartments for Rent

One bedroom apartment for rent, washer and dryer hook-up. \$400.00. 495-3962 or 495-3455.

Mobile Homes for Sale

Tax refund? Don't wait! We will do your tax returns free for your new home business. 888-539-7780.

New mobile homes repod from dealers. Save thousands, honestly! Call 800-830-3515.

Good credit, bad credit, no credit! We finance mobile homes in house. 888-539-7780.

2001, 16 wide, 3 + 2 just \$1000 down, 171.74 per month. 800-830-3515 (Se Habla Espanol) 18700 to finance, 10% 360 months with approved credit.

Need a New home? We trade for almost anything. Call Bell Mobile Homes, 888-539-7780. Se Habla Espano

Reduced!!! Must sell to move, 16x80, three bedroom, two bath, c/a/c/h, 10 miles west of Post. Like new. \$16,000. For appointment call 786-1316.

Homes for Sale

Cedar Hills home, over 3000 sq. ft., 4 bedrooms, 3 bath, large 4 car garage, fireplace, all electric 2 1/4 acres. Serious

inquiries call 495-3739.

For sale by owner: Brick, 3 BR, 2 bath, fireplace, 2 car garage, 12x24 storage bldg., and 1/2 lots located at 705 N. Ave. O. Call 495-3021.

Brick home, 2465 sq. ft., 3 bedrooms, 2 bath, 2 living areas, office, fireplace, carport with storage and dog run. 307 Osage Drive. Call 495-4102 after 6 pm.

Reduced price!! 3 BR, 2 bath, carport and storage buildings. Call 495-3752.

Brick home, app. 2000 sq. ft., 2 BR, 2 bath, den, dining and living room. Rock fire place. Large extra room for study of 3rd bedroom. Large lots with trees. See at 716 W. 14th or call 495-3133.

Miscellaneous for Sale

4 burner electric stove. Almond color. Call 495-4154 after 5:00, or leave a message.

Refrigerator, 5 years old. \$200. Call 495-3449.

Vehicles for Sale

MUST SELL, PRICE REDUCED!!!! 1989 Chevy Astro van, runs good. Call 495-4555 after 6 pm.

1998 Chevy Malibu, great shape, good school car. Call after 6 pm, 4a95-2132.

Legal Notices

Notice To All Persons Having Claims Against The Estate Of E. Victor Hudman

Notice is hereby given that original Letters Testamentary for the Estate of E. Victor Hudman, Deceased, were issued on January 23, 2001, in Cause No. 1735 pending in the County Court of Garza County, Texas, to: Iva L. Hudman. The residence of such Executrix is Garza County, Texas. The post office address is: 604 West Main, Post, Texas 79356.

All persons having claims against this Estate which is currently being administered are required to present them within the time and in the manner prescribed by law.

Dated January 23, 2001
 BakerBrown
 Thompson & Wagnon
 Attorneys for the Estate

Applications For Banking Depository
 Garza County will accept applications for banking depository services contracts. Interested parties must submit proposals before 10:00 a.m. February 12, 2001. Proposals may be delivered or mailed to Ruth Ann Young, Garza County Treasurer, Courthouse, 300 West Main Street, Post,

Texas 79356.

Proposals will be opened and reviewed at 10:00 a.m., February 12, 2001 in the regularly scheduled Commissioners court. The governing body reserves the right to accept or reject any or all proposals.

Notice To Contractors Of Proposed Texas Highway Improvement Contracts

Sealed proposals for highway improvement contracts will be received by the Texas Department of Transportation (TxDOT) until the date(s) shown below, and then publicly read.

CONSTRUCTION/MAINTENANCE CONTRACT(S)

District: Lubbock
 Contract 6063-99-001 for placement of new guardrail end terminals in Crosby County, etc will be opened on February 21, 2001 at 2:00 pm at the District Office for an estimate of \$69,140.00.

Contract 6064-00-001 for REM & REPLACE SMRDS SIGN ASSEMS in Crosby County, etc will be opened on February 21, 2001 at 3:00 pm at the District Office for an estimate of \$249,395.00.

Plans and specifications are available for inspection, along with bidding proposals, and applications for, the TxDOT Prequalified Contractor's list, at the applicable State and/or District Offices listed below. Bidders must submit prequalification information to TxDOT at least 10 days prior to the bid date to be eligible to bid on a project. Prequalification materials may be requested from the State Office listed below. Plans for the above contract(s) are available from TxDOT's website at www.dot.state.tx.us and from reproduction companies in Austin, Texas at the expense of the contractor. NPO: 2626

State Office
 Construction Division
 200 E. Riverside Dr.
 Austin, Texas 78704
 Phone: 512-416-2540
 District Office(s)

Lubbock District
 District Engineer
 135 Slaton
 Lubbock, Texas 79404
 Phone: 806-745-4411

Minimum wage rates are set out in bidding documents and the rates will be part of the contract. TxDOT ensures that bidders will not be discriminated against on the grounds of race, color, sex, or national origin.

We want to "Thank You" for the prayers, visits, cards, phone calls, flowers and gifts that we received while we were in the hospital and since we came home.

Jeff, Tina, and I want to say "Thank You" to the ones that was with us during Billy's surgery. You helped us a lot.

May God Bless each one of you,
 Billy and Louise

Seals Appliance Service
 "For All Your Appliance Needs"
 James Seals, Owner
 720 N. Broadway Post, Texas 79356 Phone: (806) 495-3190 Mobile: (806) 269-3193

Tanner's Appliance
 - Quality Service You Can Trust -
 Factory Trained Service on all brands of appliances
 Minor Residential & Commercial Electrical Services
Call Now 495-1612 or Mobile: 778-3230

Now Have Vacancies!
Post Manor Apartments
 802 W. 15th St.
 (806) 495-2952 (Monday - Friday 8 a.m. to Noon)
 TDD: 1-800-735-2989
 Elderly (62 years of age)
 Handicapped/Disabled of any age
 • One Bedroom Apartments
 • Washer/Dryer hook-ups
 • On-site Laundry Facilities
 • We Accept Section 8 Vouchers/Certificates
 Some Rental Assistance Available • Apply Today!!
 Handicapped Accessible Equal Housing Opportunity

ATTRACTIVE! 2 story, C-H/A, 2.5 baths, 4 BR, double CP, cellar, large lots. 107 W. 12th.
NICE NEIGHBORHOOD! Brick 3/2/2, corner lot. 1015 Camden Circle.
READY TO MOVE IN! Frame, 2/1, C-H/A, garage, storage bldg, patio. 707 W. 13th.
MUST SEE! Brick 3/2/2, C-H/A, R.V. storage, patio, metal building, corner lots. 601 S. Ave. R.
NEEDS TLC! 3 BR, 1 BA, CP, ALL OFFERS CONSIDERED.
WELL KEPT! 3 BR, 1.5 BA, C-H/A, garage, CP, fenced. 807 W. 4th.
AFFORDABLE! 2 BR, 1 BR/OFC, 2B, C-H/A, possible owner financing. 116 S. Avenue Q.
REDUCED! Nice neighborhood! 2 lots at 601 W. 11th.
ACREAGE AVAILABLE! 42 +/- acres, U.S. 84 frontage.

Anne Sims
 Real Estate • (806) 495-3171

If you want it SOLD -- not just listed, call Mitchell Real Estate

- We Have Highway 84 Frontage: 1.2 Acres on Hwy 84 N. Great drive-thru property - perfect for fast food, smoke shop, etc.
- Your choice - home, commercial or income producing property - 3 BR, 2 BA, could be a great business site or your home.
- PRICE REDUCED! 3 BR, 2 BA, CH/AC, new carpet, storage house and the kids can walk to school.
- 3 BR, brick CH & Air, attached garage, RV storage, great yard with storage house plus a wonderful screened-in patio.
- Corner Lot: 1 BR, 1 BA, large living and dining room and kitchen.
- Fixer Upper: 3 BR, 1 BA needs TLC - Priced to Sell.
- Commercial bldg on E. Main, 2 story w/basement w/many possibilities.

"Years of experience and four salespeople to serve you"

Kim Mills - 495-3719 Barbara Hardin - 495-3987
 Mike and Wanda Mitchell - 495-3104 or 495-5515 or 495-5146

CLEARANCE 2000 Models

<p>2000 Reg. Cab 3/4 Ton 4x4 #3404, Old Body Style, 454, Auto, Positrac, Tilt, Cruise & Cassette, Ranch hand grill guard and rear bumper</p> <p>discount - 2,809 rebate - 2,000 Commercial rebate - 600</p> <p>Sale \$21,425</p> <p>2000 Tahoe LT #3465, Charcoal Gray, Gray Leather</p> <p>discount - 4,461 rebate - 1,000</p> <p>Sale \$32,400</p> <p>2000 Silverado 1500 LS #3427, Reg. Cab, 5300 V/8, Auto, Push Button 4x4, Alum. Wheels, 271 pkg.</p> <p>discount - 2,997 rebate - 1,000</p> <p>Sale \$23,600</p> <p>2000 Silverado 1500 LS #3442, Ext. Cab 4x4 (Z71), Long bed, 5300 V/8, Auto, Alum. Wheels, Positrac Axle</p> <p>discount - 3,416 rebate - 1,000</p> <p>Sale \$26,800</p> <p>2000 Silverado 1500 4x4 #3429, Reg. Cab, V/8, Auto, Cassette, A/C</p> <p>discount - 1,910 rebate - 1,000</p> <p>Sale \$20,260</p>	<p>2001 Silverado Duromax Diesel #3691, 2500 HD, Ext. Cab LS 4x4, Dark Cormine Red, Tan Cloth, Power Seats, Positrac, Allison Auto Trans, Push Button 4x4, Skid Plates, Trailer Tow Pkg.</p> <p>discount - 2,519</p> <p>Sale \$36,575</p> <p>Program Cars</p> <p>'00 Blazer 4x4, red, 16 k.....\$18,500 '00 Venture Mini Van, silver, 18 k...\$16,900 '00 Buick Regal, beige, 24 k.....\$15,900 '00 Olds Intrigue, brown, 28 k.....\$13,700 '00 Cavalier, red, 4 dr., 13 k.....\$10,600 '00 S10 Ext. Cab, pewter, 21 k.....\$15,150 '00 15 Passenger Vans, 3 in stock...\$19,600 '99 Monte Carlo, beige, 32 k.....\$12,500 '98 Suburban 4x4, white, 31 k.....\$24,500</p> <p>Used Vehicles</p> <p>'00 Z71 Ext. Cab 4x4.....\$26,825 white, 19k, MSRP new was \$32,733, one owner, extra clean</p> <p>'98 Chevy 3/4 Ton Ext. Cab.....\$13,500 Silverado long bed, one owner, 65 turbo diesel, 5 speed</p> <p>'95 Ford Super Cab 1/2 Ton.....\$8,950</p> <p>'00 Chevy 3/4 Ton Short Bed LS.....\$22,500 one owner, 2 wheel drive</p> <p>'98 Olds 88, 4 dr.....\$13,500 one owner 27k, maroon, extra clean</p> <p>'98 Chevy Suburban.....\$18,900 51k one owner, extra clean</p> <p>'97 GMC Suburban.....\$18,500 one owner, white, 28k</p> <p>'86 Chevrolet Pickup.....\$1,500 good work truck</p> <p>'97 Venture Van.....\$10,600 63k, extra clean</p> <p>'94 Pontiac Sunbird, 2 dr. coupe.....\$3,950</p> <p>'99 Suburban 4x4.....\$24,500 68k, one owner, extra clean</p> <p>'99 Suburban.....\$23,600 White, 28k one owner</p> <p>'00 3/4 Ton Short-Bed Crew Cab.....\$27,500 4x4, leather, 19k</p>
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Robert Hall
 Chevrolet/Oldsmobile
 Tall Ellison, Sales Manager - Robert Hall, Dealer
 501 N. Main St. Jayton, Texas (806) 237-2182
 robhall@caprock-spur.com

DIABETICS
 With Medicare or Insurance
 (No HMOs)
Medicare Pays for Diabetic Testing Supplies. Get Diabetic Supplies Mailed To Your Home With No Shipping or Handling Charges.
For Additional Information Call 1-800-337-4144
 Diabetic National Services, Founded 1995
 (also available - male impotency product - not a pill)

More Post Notes

(Continued from Page 1)

Community health fair Feb. 8

South Plains Community Action will host a community health fair with the Medicaid Managed Care Program on Thursday, Feb. 8 from 10 a.m. to 3 p.m. at the Garza County Multi-Service building. Information will be provided by the Texas Star program, Texas Health Network, FirstCare, HMO and the Texas Health Steps Program. Giveaways and refreshments will be served. For more information call Ysabel Overton or Billie Williams at 495-2329.

Valentine Fashion Show Feb. 10

A children and adult Valentine Fashion Show will be held Saturday, February 10 at 8 p.m. in the Post Community Center. Special guest at the event will be Derenda Bailey of Fort Worth. Participants may style as many garments as they wish, from ages two and older. For more information contact Bessie Lee at 495-3106, Nettie Osby at 763-8877 or Kathy Brown at 767-8553.

Catering bids accepted

Bids are now being accepted for catering the Post Commerce & Tourism Bureau's annual banquet on Feb. 17. The menu bids should include: sausage, beans and rice, Cajun boil, consisting of sausage, potatoes and corn, dessert, coffee and tea. Call the office at 495-3461.

Windbreak trees available

The Garza Soil and Water Conservation District (SW&CD) is currently taking orders for windbreak trees. Producers may choose from a variety of evergreen (conifers) and hardwood tree species. Call Oneita Gunn at 495-2056, extension 3, for more information.

Commerce & Tourism Banquet

The annual Post Commerce & Tourism banquet will be held Saturday, February 17 at 7 p.m. in the Post Community Center. Tickets are \$10 per person for the "Cajun" food dinner, music and fun. "West Texas Mardi Gras" is the theme for this year's banquet. Tickets may be purchased from any director or at the office. Citizen and Business of the Year awards will be presented as well as Pioneer and Conservationist awards.

VFW members help VA patients

Members of the VFW are collecting items to help patients at the Big Spring VA hospital, for delivery February 24. Items needed for hospitalized veterans include puzzle books, games, playing cards, razors, combs, tooth paste, tooth brushes, books, magazines, cakes, cookies, brownies and fruit. Those interested in helping should bring items to the VFW Hall on the Clairmont Hwy or call Janet at 495-2026, Ruth at 495-4185 or JoAnn at 495-3393.

Close City/Garlynn reunion

Plans are being made for the Close City/Garlynn Reunion, with an organizational meeting set for Monday, February 26 at 6 p.m., 509 N. Avenue S in Post. Call Charles Morris at 495-3413 or Frances Conrad at 495-2518.

MAD DADS teen center hours

MAD DADS has announced new teen center hours which began in January. The center will be open Mondays, Wednesdays and Thursdays 3-5:30 p.m. and 7-10 p.m. and closed on Tuesdays. Friday hours are 3-5:30 p.m. and 7-12. Thursdays 7-10 p.m. will be at the Middle School gymnasium. The 3-5:30 p.m. teen center is open to all school aged children, and from 7-10 p.m. for middle and high school aged youth. Also on Wednesdays, middle and high school Fellowship of Christian Athletes (FCA) members will meet.

E-Manners For A Wired World

(NAPS)—Are you minding your e-manners? Americans have some strong ideas about what constitutes good manners in the wired era.

According to the recent E-Etiquette National Survey, cell phone abuse is the most common e-etiquette faux pas. Talking on a cell phone at a movie is considered downright rude by 62 percent of Americans. Worse than that is talking on the phone during a religious service. The 1-800-FLOWERS.COM survey, conducted by noted pollster Frank Luntz, found that 82 percent disapprove of that one.

Only 26 percent believed that sending condolences via e-mail was downright rude ☞

What may be more significant is the rapid acceptance of e-mail in our daily lives. For example, only 26 percent believed that sending condolences via e-mail was downright rude. Nearly three out of four of those polled found it appropriate or acceptable to send a thank-you note via e-mail, with 76 percent saying it was all right to invite someone to a party that way. There are limits to the use of e-mail. Discussing personal relationships is frowned upon, as is asking for forgiveness.

Workplace gaffes included making personal long distance phone calls from work, putting someone on speakerphone without telling him or her, forwarding personal e-mail without asking permission, shopping on the Internet while at work and planning personal trips from the office.

The 1-800-FLOWERS.COM survey found that while people complained about the bad manners of others, many are just as guilty of committing some of the same acts.

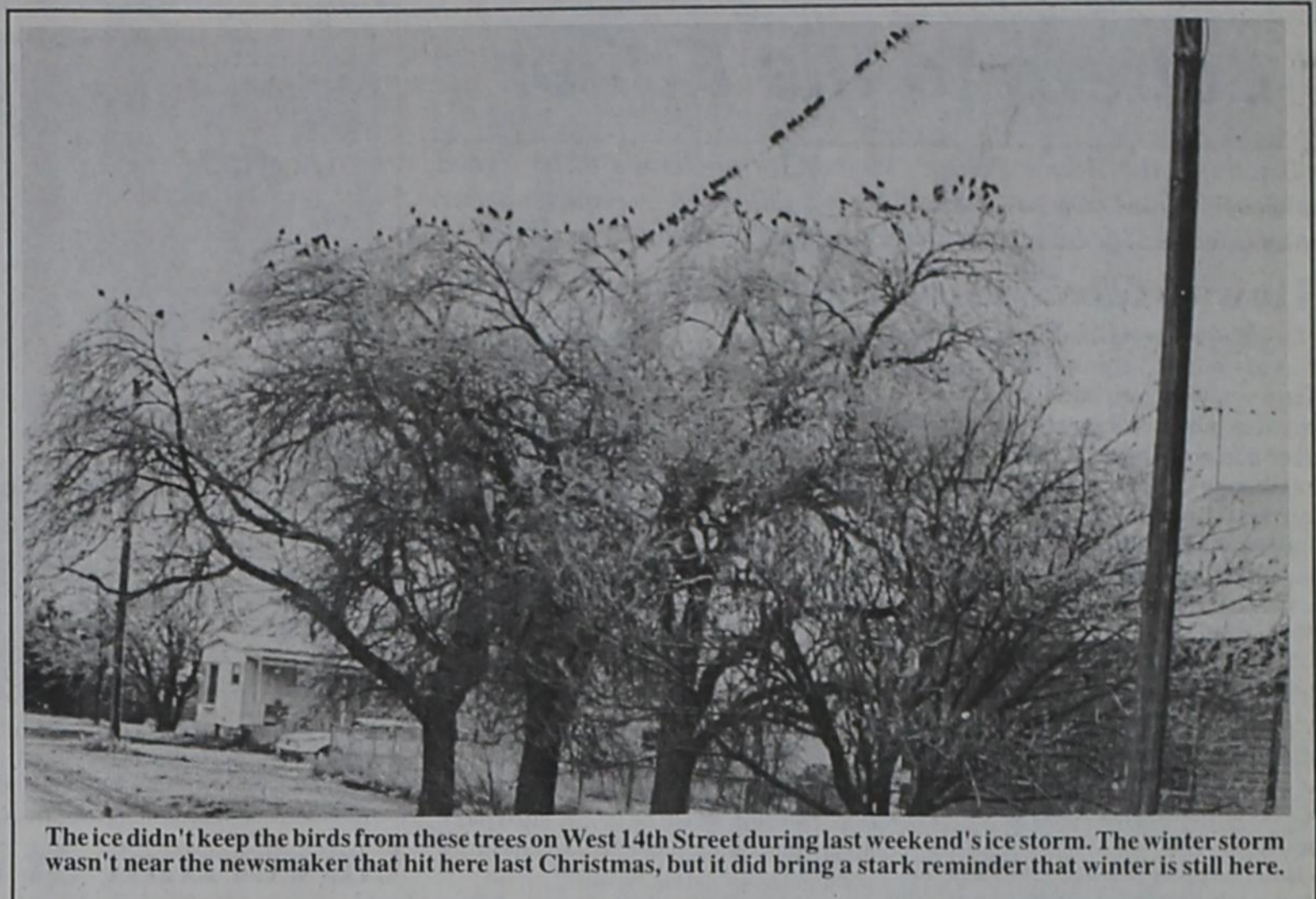
YOUR CAR MAY BE THE CURE FOR CANCER

Donating your car, truck, newer RV or newer boat to the American Cancer Society may be tax deductible and may save lives!

- We do all the work no cost to you
- Year end tax advantage

Don't delay! Call toll free... Cars For A Cure... 1-888-CAR-5500

Internet at <http://www.cancer.org>



The ice didn't keep the birds from these trees on West 14th Street during last weekend's ice storm. The winter storm wasn't near the newsmaker that hit here last Christmas, but it did bring a stark reminder that winter is still here.

Kitchen Korner

What's Your Baking Personality? Batter Up and Find Out!

(NAPS)—Have working moms, busier family schedules and the rise of restaurant dining put an end to baking in America's kitchens?

The answer is no, says recent research. While attitudes in the kitchen may vary among households, baking still remains very dear to our hearts.

Research by Wearever®, the maker of AirBake® Insulated Bakeware, unveiled three personality types when it comes to baking.

Answer the following questions and total the points by your choices to determine your baking personality.

1. I think new recipes are:
 - a) scary (1)
 - b) adventurous (2)
 - c) for special occasions only (3)
2. For me, baking is:
 - a) a way of life (2)
 - b) another daily chore (3)
 - c) enjoyable if it's a special occasion (1)
3. I buy new bakeware when:
 - a) my old bakeware wears out (3)
 - b) a new feature grabs my attention (2)
 - c) I need it for a specific recipe (1)
4. When baking, the most important thing for me is:
 - a) confidence (2)
 - b) consistency (1)
 - c) convenience (3)

Results:
(12-10)—You're a Hectic



AirBake Insulated Bakeware has a layer of air sandwiched between two baking sheets.

Uninvolved. You're busy, busy, busy. Your motto is "If it's not easy, it's not for me." You bake only when it doesn't interfere with your other tasks. You look for reliable, easy-to-clean and convenient bakeware.

(9-7)—You're an Indulgent Gourmet. For you, baking is enjoyment whether it's for a special occasion, entertaining guests or making a family meal. You're adventurous with your baking. Your motto is "Perfect experience, perfect results." You look for superior performance, confidence and consistency in bakeware.

(6-4)—You're a Cautious Conservative. You believe in tried-and-true-results. Home-cooked meals are your favorite. While baking for special occasions is enjoyable, everyday baking is a chore. You prefer trusted, reputable brands and your motto is: "Home-cooked meals, every time."

Regardless of your baking personality, AirBake Insulated Bakeware meets your needs by delivering consistency, convenience and confidence.

Insulated bakeware helps protect foods from over-baking and burning because a layer of air is

sandwiched between the top and bottom sheets.

The bottom sheet blocks the oven's direct heat and the layer of air acts as an insulator preventing the top sheet from overheating. The result is evenly baked foods every time.

With insulated bakeware you don't have to constantly watch over the food to make sure it doesn't burn. It's ideal for novice bakers in the family. Plus, it allows you to tend to other household tasks while your food is baking in the oven.

For more information, call (800) 527-7727 between 7:30 a.m. and 4:30 p.m. CST or visit www.wearever.com.

Helpful Baking Tips With Insulated Bakeware

from Wearever®, Maker of AirBake® Insulated Bakeware

- For even baking, place racks in the middle of the oven and position your pan in the center.
- Minimize opening the oven door when baking. You can lose up to 50 degrees.
- For boxed cake/brownie mixes, meats and lasagna, set the oven 25 degrees higher, except when baking cookies.
- If recipe calls for, spray pan lightly with no-stick vegetable cooking spray, or apply a light film of shortening.

TEXAS STATEWIDE CLASSIFIED ADVERTISING NETWORK



TexSCAN Week of January 28, 2001

ADOPTION

NOTE: It is illegal to be paid for anything beyond medical and legal expenses in Texas adoptions.

AN ADOPTED CHILD is a treasure! A special part of our heart, all our love, affection and caring will be offered from the start! Sharon and Rick at 1-800-645-0118.

AUTOMOBILES

CHARITY CARS - DONATE your vehicle. As seen on Oprah and People Magazine. Tax deductible, free towing. We provide donated vehicles to struggling families 1-800-442-4451. www.charity-cars.org.

BUSINESS OPPORTUNITY

HALLMARK STYLE GREETING card route. 55 hi-traffic locations. Dependable income. E-Z money. All local. (\$6.5k investment) Free information, 1-800-462-5816.

DRIVERS WANTED

ACCELERATE YOUR FUTURE, run western or 48 states. Glass/heavy haul 3 years OTR/1 year flatbed experience. Combined Transport 1-800-290-2327. www.combinedtransport.com.

COMPANY PAID CDL training & first year income \$35K - Stevens Transport - OTR drivers wanted! Non-experienced or experienced, 1-800-333-8595. EOE.

DRIVER: COVENANT TRANSPORT * Coast to coast runs * Teams start up to 46 cpm * \$1,000 sign-on bonus for experienced company drivers. For experienced drivers, 1-800-441-4394; owner/operators 1-877-848-6615. For graduate students 1-800-338-6428.

DRIVER - OWNER OPERATORS and company drivers - Call now! Great pay and benefits. High weekly miles. West Coast lanes. Trucks governed at 72mph! Your choice - Late model Peterbilts, Freightliners, Kenworths. Call today! 1-800-528-3675. John Christner Trucking, EOE.

DRIVER - OWNER OPERATORS Average 113 cpm in five-state area running AR, TX, OK, LA, and NM. We need 39 trucks to cover current obligation. \$1,000 sign-on bonus. Base plates provided. Generous fuel surcharge and a low-cost lease program. FFE has plenty of freight. Call 1-800-569-9298.

DRIVER - YOU WILL see the difference in SRT. *Great pay. *Paid weekly. *Excellent benefits. *\$1,250 sign-on bonus. *Student graduates welcome. Call SRT today toll free: 1-877-BIG-PAYDAY (1-877-244-7293).

DRIVERS 2-DAY ORIENTATION. Great pay. Miles, support staff. Home at your request. Class A CDL required. We'll be there for you. Continental Express, 1-800-727-4374.

DRIVERS - 43CPM, TOP miles, homemade home time, assigned conventionals, CDL training & tuition reimbursement available for inexperienced drivers. Owner/operators welcome. USA Truck, 1-800-233-4642.

DRIVERS: ALLIED VAN Lines has openings in electronics and trade shows. Class A CDL with 1 year OTR experience. Tractor purchase available. Call 1-800-634-2200, Dept. ATXS.

TRUCK DRIVERS OTR - Solo, teams and owner/operators - Good miles, excellent equipment and benefits. One year OTR experience required. Gulf Coast Transport, 1-888-988-8666.

DRIVERS: NORTH AMERICAN Van Lines has openings in logistics, relocation, blanket wrap and flatbed fleets. Minimum of 3 months OTR experience required. Tractor purchase available. Call 1-800-348-2147, Dept. TXS.

DRIVERS - CFI HIRING OTR drivers company/student/owner operators. Company with one year experience start at \$32 cpm. Owner/Operators start at \$86 all miles (w/fuel surcharge). Also ask about our 2-week spouse training program in an automatic transmission truck. Call 1-800-CFI-DRIVE.

DRIVERS - INTERSTATE LEASING. Drivers and Owner/Operators wanted for various runs. CDL training available. Tuition reimbursement up to \$3,000. (EOE-m/f). www.swiftrans.com. 1-800-227-5751.

DRIVERS: OWNER/OPERATORS, Fleetwood Transportation is now leasing. Great lease package, we can help you loaded. Also need company drivers. 1-888-276-9923, www.ftwd.net.

DRIVERS-OWNER/OPERATORS: Run regional. Home weekly! Paid: Base plate, permits, fuel taxes. 81 cpm. Loaded and empty plus fuel surcharge. 1-800-454-2887. Arnold Transportation.

OTR DRIVER - MARTEN Transport Ltd. Can pay you with one year + experience, 33cpm. Call 1-800-395-3332, www.marten.com.

SWIFT TRANSPORTATION - INC. Drivers and Owner/Operators wanted for various runs. CDL training available. Tuition reimbursement up to \$5,000. (EOE-m/f). www.swiftrans.com. 1-800-284-8785.

DRIVER TRAINING

DRIVERS NEEDED. LOOK! Get your CDL and a great job. No money out of your pocket, if qualified. Earn up to \$800 or more. 1-800-301-6759.

A \$35,000 PER YEAR career! C.R. England needs driver trainees. 15 day CDL training. Housing/meals included. No upfront \$\$\$! Tractor Trailer Training, 1-888-781-8556.

FINANCIAL SERVICES

A BAD DAY is being in debt! Lower your payments and interest immediately and confidentially. Call ACCC now at 1-888-BILL-FREE, www.billfree.org. Non-Profit service.

BE DEBT FREE - years sooner! Low payments. Reduce interest. Stop late fees. Stop collectors. Family credit counseling. Non-profit Christian agency. Se habla Español. Recorded message: 1-800-729-7964. Freequote. www.familycredit.org.

CREDIT CARD DEBT? Avoid bankruptcy. *Stop collection calls. *Cut finance charges. *Cut payments up to 50%. Debt consolidation. Fast approval. No credit check. Call 1-800-270-9894.

NEED CASH? \$500.00 cash by phone. Same day service. Checking account required. No credit checks. No up-front fees. Call toll free now, 1-888-891-6669.

LEGAL SERVICES

CONSUMER ALERT, DEFECTIVE hip implants are being recalled and injured are being compensated. Call Carl Waldman, attorney. Beaumont, Houston, 1-409-833-9151 or 1-800-833-9151. Like to refer.

HELP WANTED

AIR FORCE. GREAT career opportunities available for high school grads, ages 17-27. Plus up to \$17,000 enlistment bonus if you qualify! To request additional information call 1-800-423-USAF or visit www.airforce.com.

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COMMUNITY REPRESENTATIVE - PART time work, full time fun! Work with international exchange students and host families. Strong community spirit and warm hearts for teens. 1-888-552-9872.

PREMIUM INSURANCE AUDITOR/Inspector - Immediate PT/FT position with leading provider of insurance audits and sureties. Accounting, finance, construction background a plus. Set own hours, excellent compensation. Agents needed in all parts of Texas. CPCS, 2201 N. Central Expressway #125, Richardson, TX 75080, Fax 1-972-918-9377.

SHARE IN PROFITS, locate distressed properties. Free training and supplies. Call 1-800-695-3572. Hardboard siding settlement, you may be entitled to thousands. Free information, Homeowners For Justice, 1-800-695-3572.

FOR SALE

ALL STEEL BUILDINGS. New, up to 50% off! Pre-engineered with plans. 40x60x10 was \$16,500, now \$9,990; 50x100x14 was \$35,900, now \$17,990; 80x125x14 was \$51,500, now \$34,990. 1-800-246-9640.

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ARCH STEEL BUILDINGS inventory clearance! Huge savings! 2000 steel prices while supplies last! 25x34, 30x40, 52x128. Great workshops/garages. Call 1-800-341-7007. www.steelmasterusa.com.

SALE: CLASSIC BUILDING Systems winter sale! Pre-engineered steel buildings. Commercial, industrial and mini-warehouses. Steel frame homes. 40x60x12, \$7,200; 100x100x16, \$35,884. toll-free, 1-866-253-BLDG (1-866-253-2534).

LAND FOR SALE

A FREE LIST. Affordable hunting ranches, 50-100-250 acres or more. Trophy whitetail, 5 deer limit, lowest prices. E-Z terms! Call toll-free, 1-866-389-5263.

COLORADO! \$9,500. BEAUTIFUL riverfront lot, scenic mountain canyon. Hunting, trout fishing on property, secluded but good accessibility, \$210 down, \$150 monthly. Call owner, 1-806-376-8690. www.timesusa.com.

MISCELLANEOUS

ARKANSAS OZARK MOUNTAINS. Owner financing 3 wooded acres joining Buffalo River Park. Easy access to hunting, swimming, fishing. \$8,960, \$460 down, \$150 monthly. Owner 1-870-741-1930.

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Letters to the Editor

Letters to the Editor Policy: We require all letters to be signed, however, names may be withheld from publication by request. Letters may be edited for brevity, grammar and punctuation.

How to face reality

I wonder if Hell is like I have pictured it in my mind? I think I been through there a few times, but I didn't notice any fire burning. I guess they light it after one gets there.

Although I don't recommend it, one can get a perfect picture of Hell by purchasing a 30-pack of beer and pouring it out and gazing through the little hole in the top straight down at the bottom till one falls over.

One can even get better results if he drinks the contents. Actually, Hell starts when the first can I open is empty. I often wish I could drink just the one and look inside down at the picture at the bottom, then put it up till next week and try it again.

But I happen to be one of those folks that can't do that. I must stay till the other 29 are gone. Also, since I stop and think about it, everything else I have will be gone too. I often wonder if I had it to do over and I was a kid again, would I follow my same footsteps?

I would surely hope not. I've heard the saying "born to raise hell." Surely God wouldn't intentionally put the life I've lived on anybody. I must have found mine in a ditch somewhere.

As six months float on by without a drink or a cigarette, I am beginning to live in a fairly happy and decent life now. Although it will take the rest of my life to finish all the improvements I need to make.

Kasey Hardin named to NTU dean's list

Kasey Hardin of Post was named to the Dean's List for the fall 2000 semester at the University of North Texas in Denton.

Students completing 12 or more hours during the semester with a grade point average of 3.5 or better are named to the honor roll.

Hardin is in her second year at UNT. She is a member of the Lady Eagle golf team.

I enjoy being with young people a lot. I don't push it, but maybe they can see some of my past and now want some of it. It was a total journey of human misery. Sometimes it scares me. I still know how to do all those bad and sinful things... all I have to do is add alcohol.

There are jillions of better things to do if it's nothing more than setting by the pond and watching the ducks swim by. At least I can bet up and go the next morning without being walking dead or sick. For me, a mellowed out life is the most wonderful thing I have found so far.

I've spent almost an entire lifetime looking for something that I was not even sure what I was looking for. I suppose this must be it... it sure feels good. So, kiddos, if you have something good going on, stick with it.

Mind bending chemicals only takes one to the end of the road that leads nowhere. In my few years on this earth, I cannot think of a single thing that was more fun drunk than it was sober.

Try it sober. You'll like it too.
O.L. (Ferg) Ferguson

LCU dean's list for Erica Schooler

Erica Schooler made the Dean's List at Lubbock Christian University in the fall 2000 semester with a 3.5 grade point average.

Schooler is the daughter of Jim and Karla Schooler and the granddaughter of Theona Josey and the late Lester Josey.



New York was the first state to require the licensing of motor vehicles. The law was adopted in 1901.



Post Volunteer Fire Department chief Ivan Line (left) presents a special plaque to Dan Hodges in recognition of Hodges' more than 20 years service as secretary and fireman to the organization. (Photo by Lanny Lee)

Government coffers grow with highway collections

(Continued from Page 1)

aries are considered corporate subjects, bound to obey corporate policies. One of those policies is the registration of privately owned modes of travel, such as cars and trucks. Once an individual voluntarily signs over ownership to the corporation (state), the driver or owner automatically agrees to abide by the rules of the real owner of the car or truck.

Notice that when you register your car or truck, you get a "certificate of title," not an actual title or manufacturer's certificate of origin. The real title is held by the real owner, in a vault somewhere in Austin.

Because of the extortionate expense of defending the right of travel in the corporation's court system, most Texans meekly submit to the extortion and voluntarily gave up their right of travel by declaring themselves "motor vehicle" operators, through applications for certificates of title as well as "motor vehicle" licenses.

Although the Texas transportation code applies only to those people involved in commercial use of the highways, it is obvious that the vast majority of "criminals" tagged in highway traffic fines were paid by "volunteers." Very few, if any, of those victims realize that the cars and trucks they drive are not included in the regulations related to the transportation code, unless the original owner voluntarily submitted to the corporation policy.

The Texas Transportation Code defines commercial use of the highways as those carrying passengers or property for hire. Cars and trucks, which are not used for hire in carrying property or passengers, are not "motor vehicles" as defined by the code.

Carrying around a state driver's license is also a severe limit on freedom and liberty... that little piece of paper wrapped in plastic declares the holder to be an "operator of a motor vehicle."

So, when citizens voluntarily apply for a certificate of title to their "motor vehicle," they have placed themselves under the jurisdiction of the corporate (state) traffic laws, which can constitutionally only apply to those who voluntarily declare themselves owners of "motor vehicles."

The system is perpetuated by ignorance and the expensive fees required to defend against the highway theft program. Those who enforce the corporate rules have the full backing of legislative thieves and a judicial system that puts corporate rules above constitutional guarantees of individual rights.

Under the current Texas legal system, it's a "no-win" situation for most people, except those who wear a corporate badge and those who live off the regular highway revenue producing program.

To climb steep hills requires slow pace at first.
—William Shakespeare, Henry VIII

THE SCIENCE OF LIGHT

Technique Offers Light Touch

(NAPS)—More and more Americans are undergoing surgery without going under the knife.

Instead, their doctors are using scalpels made of light to perform operations that are practically bloodless. This minimizes the need for transfusions, protecting against blood-borne diseases and other infections. Lasers produce very narrow beams of extremely intense light. This light can be focused on a problem area, such as repairing blood vessels.



Using the light from a laser, surgeons can treat many conditions with little or no need to cut.

Surgical lasers can be powerful enough to treat serious conditions such as cancer or cardiovascular disease and precise enough to alter individual cells. Lasers are used to unplug obstructed arteries, break up kidney stones, clear cataracts, even change genetic material.

Different kinds of lasers come in different colors, which can be absorbed by the body. That means they can work to help destroy malignant or otherwise unwanted tissue without harming the surrounding organs.

In many cases, laser surgery is less expensive than ordinary surgery, and usually involves a shorter recovery time for the patient. According to the American Medical Association, laser surgery is often painless and may require only local anesthesia or none at all.

To learn more about laser surgery, ask your doctor, and for more information about the science of light, visit the Optical Society of America's Web site at www.osa.org.

Sale Summary - 2001 Garza County Jr. Livestock Show

Market Goats - 12 Entries Sold - \$4,700.00
Stace Norman-\$500-TAYLOR TRACTOR & EQUIPMENT; Wes Mason-\$400-TAYLOR TRACTOR & EQUIPMENT; Chloe Mason-\$400-AG TEXAS FARM CREDIT SERVICES & T-BAR RANCH; Trent McDonald-\$400-DEB & GINA PALMER; Trent McDonald-\$450-AG TEXAS FARM CREDIT SERVICES; Steffi Norman-\$450-AG TEXAS FARM CREDIT SERVICES; Ross Babb-\$300-TAYLOR TRACTOR & EQUIPMENT; Diann Heckaman-\$300-FARMERS CO-OP COMPRESS; Alex Miller-\$400-DEB & GINA PALMER; Breann Heckaman-\$400-KENNY & CARLA REITER; Justin Boren-\$400-ANONYMOUS; Justin Boren-\$300-CLAY ASHLEY.

Sheep - 24 entries sold - \$9,350.00
Kelly Butler-\$800-LYNTEGAR ELECTRIC COOPERATIVE INC. & PNB FINANCIAL; Kaylee Farquhar-\$600-WELLS FARGO BANK; Emily Smith-\$450-ALL AMERICAN CHEVROLET & JACKPOT-MATT HAMEL AG PRODUCTS;

Mitch Holly-\$450-GRUBS BAIT & GRILL, JERRY & WANDA OSBORN; Coby Jones-\$500-GILES & MENDY DALBY; Emily Smith-\$450-WENTZ ORTHODONTICS, LARRY SMITH & BEN MURPHY, CPA; Kaylee Farquhar-\$400-ALTMAN GROUP;

Shelby Farquhar-\$400-ROBERT & CAROLYN MOCK & DBR FARMS INCORPORATED; Shelby Farquhar-\$300-SOUTHWESTERN PUBLIC SERVICE & WELLS PHARMACY; Sterling Smith-\$400-TAYLOR TRACTOR & EQUIPMENT; Kari Patterson-\$300-WELLS FARGO BANK & LEE & MARSHA NORMAN; Ledon Lewis-\$350-00-JACKPOT: HACKBERRY CO-OP, SOUTH PLAINS VETERINARY CLINIC, MASON FARM & RANCH;

Kelly Butler-\$300-JACKPOT: LEWIS & JANE MASON, WENDELL JOHNSON FAMILY, MASON BROTHERS CONSTRUCTION CO.; Mitch Holly-\$350-C-BAR CATTLE COMPANY; Sterling Smith-\$300-JACKPOT: RONNIE & DIANE GRAVES, TROY & JOYCE NELSON, HACKBERRY CO-OP, IRA PUMP & SUPPLY COMPANY INC.;

Colt Vernon-\$300-JACKPOT: CHARLES & RITA MASON, CAPROCK CELLULAR, HACKBERRY CO-OP; Ledon Lewis-\$300-JUNIOR & DIANE STELZER; Josh Cross-\$400-GILES & NELDA DALBY; Will Todd-\$350-DANIEL & BLAND CATTLE CO. & BLAND CLUB LAMBS; Jordan Williams-\$300-PATTERSON DRILLING & HF&C FEEDS; Keri Holly-\$450-WELLS FARGO BANK;

D'Nae Johnson-\$300-GILES & LOUISE MC CRARY, K.W. & PATTY KIRKPATRICK, DREW & TONYA KIRKPATRICK, PATTERSON DRILLING & JACKPOT; Jordan Williams-\$300-JACKPOT-JOHN & SHIRLEY BLAND, CHARLES ATCHISON, KELLI SMITH, GARY DANIELS; Molly Butler-\$300-JACKPOT: LEISA FARQUHAR, MASON BROTHERS CONSTRUCTION CO., JENKINS BROTHERS ELECTRIC;

Swine - 48 entries sold - \$21,850.00
Allison Blevins-\$800-UNITED SUPERMARKET & JACKPOT: MATT HAMEL AG PRODUCTS; C.J. Sims-\$650-JACKPOT: HACKBERRY CO-OP, LUBBOCK GRADER BLADE INC., SCOTT TRACTOR & EQUIPMENT, WEST TEXAS EQUIPMENT LP;

Nikki Norman-\$450-JACKPOT: MACY RANCH, CYPRESS FARMS & KENNELS, REP. DAVID COUNTS, SWEETWATER STEEL; Diann Heckaman-\$400-BORDEN COUNTY JR. LIVESTOCK ASSOCIATION; LaRinda Ledbetter-\$450-DEB & GINA PALMER; Aaron Cooper-\$400-GCJLA DIRECTORS;

Israel Beggs-\$700-PALMER OIL PROPERTIES; Kevin Hart-\$500-PATTERSON DRILLING & HF&C FEEDS; Justin Norman-\$300-JACKPOT: VALTON & PEGGY WHEELER, WILSON CO-OP GIN, MRS. ONEITA GUNN, JOHNNY MOSSER CUSTOM HOMES; Camille Blevins-\$350-STRAWN TRANSPORT & PALMER CONSTRUCTION; Heather Palmer-\$400-3-R OIL COMPANY;

Claudia Hernandez-\$350-FASKIN OIL & RANCH LTD., STRAWN TRANSPORT & GODBOLD-A&T FEED STORE, Camille Blevins-\$450-POST STAMPEDE RODEO; Krista Brown-\$350-JACKPOT: GERMANIA FMIA LC, BOBBY HECKAMAN FAMILY, POKA LAMBRO TELEPHONE CO-OP INC., HACKBERRY CO-OP;

Wes Mason-\$450-BENTON OIL COMPANY & AG TEXAS FARM CREDIT SERVICES; Brooke Morris-\$550-CLOSE CITY CO-OP GIN & CHARLES MORRIS FAMILY; Michael Best-\$1,100.00-HIGGINBOTHAM BARTLETT, BOLES BROADCASTING, CAMERON ASHLEY & AMERICAN STATE BANK; Cora Crane-\$450-C-BAR CATTLE COMPANY & A-1 SIGN ENGRAVERS;

Toni Wait-\$350-GODBOLD-A&T FEED STORE & H&H HEATING & AIR; Chad Atchison-\$400-POST STAMPEDE RODEO; Steve Norman-\$400-TAYLOR TRACTOR & EQUIPMENT; Victoria Fannon-\$350-PALMER CONSTRUCTION, FASKIN OIL & RANCH LTD.; Justin Norman-\$400-MILLER CONSTRUCTION;

Ryan Babb-\$350-PATTERSON DRILLING; Clint Johnson-\$400-POST STAMPEDE RODEO; Trent Babb-\$350-UAP SOUTHWEST & MC ADOO FLYING, JACKPOT: VALTON & PEGGY WHEELER; Toni Wait-\$350-STRAWN TRANSPORT & FASKIN OIL & RANCH LTD.;

Brent Phillips-\$300-GRAHAM CO-OP GIN & PYCO INDUSTRIES, INC.; Lauren Arguello-\$350-FASKIN OIL & RANCH LTD. & ROYCE & MARIANNE HART; Breann Heckaman-\$350-TAYLOR TRACTOR & EQUIPMENT; C.J. Sims-\$350-JACKPOT: ROY & LOVETA JOSEY, SANDEFUR & SWINDLE CPA, MACY RANCH;

Danny Reiter-\$500.00- BOB & BETTY REITER; T.J. Copeland-\$300.00-JACKIE & CINDY REITER; Asa Rutherford-\$350-GILES & LOUISE MC CRARY; Jennifer Reiter-\$1,200-SOJOURNER DRILLING, MCARTHUR STOCK FARM; LISA NELSON, WEST TEXAS ENERGY SERVICES; SHARP IMAGE ENERGY INC.;

KENNY & CARLA REITER; Krista Brown-\$350-JUNIOR & DIANE STELZER; Zachary Witcher-\$1,000-BOB & BETTY REITER, STRAWN TRANSPORT; Kevin Strube-\$350-KAREN STRUBE; Traci Nelson-\$500-HIGGINBOTHAM BARTLETT; T. J. Kitten-\$350-DEB & GINA PALMER & JERRY TYLER; Chad Atchison-\$350-CHRIS & GLENN REITER;

Allison Blevins-\$500-GILES & LOUISE MC CRARY; LaRinda Ledbetter-\$400-BLEVINS PUMP SERVICE; Lauren Arguello-\$400-KAREN STRUBE; Allen Heckaman-\$300.00-JACKPOT: MATT HAMEL AG PRODUCTS, VANCE RURAL ELECTRIC, SPUR VETERINARY CLINIC & H&H TRAILER SALES;

Heath Palmer-\$600.00-BART & JODIE WHISENHUNT; Kirby Phillips-\$300-MILLER CONSTRUCTION; Jeffery Brown-\$300-JACKPOT: IRA PUMP & SUPPLY COMPANY INC., BRENT & MICHELLE MASON, RANDY & DEANA BABB, MATT HAMEL AG PRODUCTS.

Steers - 20 entries sold - \$10,150.00
Aaron Cooper-\$1,100-PLK, INC., MARK & LISA KIRKPATRICK, JACKPOT: MATT HAMEL AG PRODUCTS; Jeremy Bland-\$800-CITIZENSBANK OF POST, JOHN CASSIDY, JR., JACKPOT: IRA PUMP & SUPPLY COMPANY INC.; Coby Jones-\$550-POST STAMPEDE RODEO; Jeremy Bland-\$500-SOUTH PLAINS ELECTRIC-DICKENS; Laci Williams-\$500-SOUTH PLAINS ELECTRIC-DICKENS;

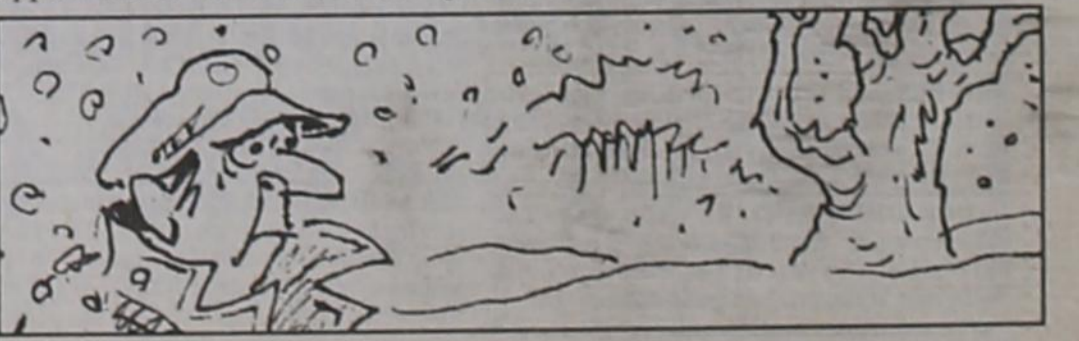
Coby Jones-\$550-PRICE THOMAS RANCH & C-BAR CATTLE COMPANY; Kaylee Farquhar-\$450-JACKPOT: POST VOLUNTEER FIRE DEPARTMENT, DEAN DANIEL FARMS, DICK DAVIS; HACKBERRY CO-OP; Traci Nelson-\$450-JACKPOT: REP. DAVID COUNTS, POST VOLUNTEER FIRE DEPARTMENT; EVALYN MASON, IRA PUMP & SUPPLY COMPANY INC.;

Brooks Conner-\$500-ROBERT HALL CHEVROLET & BIG COUNTRY ELECTRIC CO-OP INC.; Kirby Phillips-\$500-1st. TEXAS FEDERAL LAND BANK ASSOCIATION; Zach Ford-\$500-1st. TEXAS FEDERAL LAND BANK ASSOCIATION; Brooks Conner-\$450-GCJLA DIRECTORS; Brody Conner-\$500-DAVID & NELLIE TYLER, PLAINS COTTON GROWERS INC., EZZELKEY GRAIN COMPANY INC., BEGGS CATTLE COMPANY, CAPROCK TELEPHONE;

Traci Nelson-\$500-DREW & TONYA KIRKPATRICK, K.W. & PATTY KIRKPATRICK; Justin Norman-\$400-JACKPOT: RAY & CELIA MASON, REP. DAVID COUNTS, R. G. HAVENS JR.; C.J. Phillips-\$400-GCJLA DIRECTORS; C.J. Phillips-\$350-JACKPOT: DAN EVANS, MATT HAMELAG PRODUCTS, IRA PUMP & SUPPLY COMPANY INC.;

Kirby Phillips-\$350-JACKPOT: HACKBERRY CO-OP, JOHNNY MOSSER CUSTOM HOMES, JENKINS BROTHERS ELECTRIC; Kevin Strube-\$400-JACKPOT: ECONOMY MILLS, REDMAN REDI-MIX, NEAL & LANELLE CLARY, ROYCE & MARIANNE HART; Shelby Farquhar-\$400-JACKPOT: JOE & KAREN PENNELL, MATT HAMEL AG PRODUCTS, IRA PUMP & SUPPLY COMPANY INC., MASON BROTHERS CONSTRUCTION CO.;

Total Premium Sale: \$46,050.00
The Garza County Junior Livestock Association wants to express their appreciation to all donors and buyers at the 2001 Sale!



In parts of rural England it was once believed by some that after the mulberry tree had sprouted its leaves there would not be another frost that year.

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- United Supermarket • Karla's Klippers
- Bee Hive • Twins Fashions
- Main Street Mercantile

Simply make a lipstick impression of your lips on the entry form, put your name and phone number on the back. Fold and seal the entry form with lips on the "outside" of the entry form and drop in the box provided. The drawing will be held Wednesday, February 14, 2001. Winners will be contacted by phone.

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