

The Host Bispe

75th Year Number 15

USPS 439-620 © 2000 The Post Dispatch Newsstand Price 50¢Thursday, September 7, 2000

Major highway construction project planned in Post next year

by Wes Burnett

New highway construction on U.S. Hwy 84 got the attention of the Post City Council at its regu- completely repaving through done." lar meeting Tuesday evening. town and the installation of an City manager Fred Stephens in- underground drainage system." formed the council that a delega-Transportation officials from

they told us. The project includes nor enough time to get that garding truck traffic, suggesting create a real hazard."

Lubbock came to Post last week, they informed us that we'll need bock to visit with transportation of Texas 207 onto Hwy 84 and informing the city staff about the to replace all the water and sewer officials about the construction turning left. "They need an en- tation on behalf of local golfers, relines that cross the highway," project as well as safety concerns "We don't have anything in Stephens added. "That's from about truck traffic through town.

writing," Stephens said, "so I 13th Street to the lake (south Gloria Taylor addressed the trance lane, because the traffic questing the city purchase Caprock that trucks should be required to

can't say much more than what lake). We don't have the money council about her concerns re-

The construction project is also use the posted truck route. a five year study of accidents, planned to replace the asphalt Stephens explained that north saying that 27 have occurred on Stephens said that the highway roadway with concrete. Mayor bound trucks wouldn't have Hwy 84. Citations included failtion of Texas Department of department plans to let the bids Archie Gill said that he and much problem, but southbound ure to yield, following too close in March or May of 2001. "And Stephens will make a trip to Lub-trucks have trouble entering off and failure to stop on a red light. Mike Mitchell made a presen-

Golf Course. He outlined positive values related to the purchase. Sheriff Kenny Ratke presented and cited several West Texas communities which operate successful golf courses. No action was taken, but Gill requested Stephens to do some research for consideration of the next council

(Continued on Page 9)

City council holds firm on law enforcement budget

The Post City Council, meeting in emergency session Friday, September 1, agreed to maintain the current proposed budget of \$270,000 for law enforcement.

The decision followed a discussion related to the Garza County Commissioners' Court adopted budget, which includes a significant increase in law enforcement costs. The city and county share law enforcement expenses.

Mayor Archie Gill pointed out the situation to the council and then asked the council for a deciPantoja, Harold Craig and John budget, with no deficits. Redman voted for the motion by "We've only got \$20,000 excess Craig to retain the current bud- revenue in this budget," he said, get amount. Council members "and if you increase the budget Bill Pool and Dickie Odom were for the extra 23 percent, then unable to attend.

City manager Fred Stephens can't do that." would be in violation of the law. crease for law enforcement. He also pointed out that the city big increase."

City council members Juanita is required to adopt a balanced

you'll have a deficit, and we just

pointed out that if the council The county budget increase cost were to increase taxes to support to the city would be \$29,975 more the requested additional funding than what was budgeted. The from the county, the council city budgeted a 20 percent in-

"We've already advertised our "This is too short a notice," tax rate, and there isn't enough Craig emphasized, "and we've got time to change it," Stephens said. a lot of questions to ask about this

The new Post ISD gymnasium is beginning to take shape. The gym is located on the south side of the atheltic complex (Photo by Thomas Zachary)

Post Notes

Trinity Baptist Revival set

Trinity Baptist Church is celebrating a revival September 10-13, with Sunday services at 11 a.m. and 6 p.m. Monday through Wednesday services will be held at noon with a "brown bag lunch" and evenings at 7 p.m. John Smedly of Springdale, Ark. is the guest evangelist with Ted Smith of Spur leading the music.

Trailblazers hold bake sale Sept. 9

The Garza County Trailblazers will hold a bake sale on Saturday, September 9 at United Supermarkets beginning at 9 a.m. The event is to assist in funds for the new building.

Reserve seat tickets on sale

Reserve seat tickets for Post Antelope football games are now on sale at the high school office. The five-game package is \$15 (\$3 per game, per person). The office is open Monday through Friday 8 a.m. to 4 p.m.

"Meet me at the pole" Sept. 20

The Post Middle School flag pole will be the center of attention at 7:30 a.m. September 20 as students and citizens participate in the "Meet Me at the Pole" prayer service. The event is open to

anyone interested in attending. Quilt and Folk Art show Sept. 29

The Third Annual Algerita Quilt and Contemporary Folk Art Show will be held at the Algerita Art Center September 29 through October 1. All quilting pieces will be accepted, even quilt tops. Folk art must be original in concept and execution. Any medium is accepted, incluiding wood, clay, paper, metal or findings. There is a \$3 per piece entry fee. For more information call Polly Cravy at 629-4286 or Sheri Riedel at 495-3493.

Booster Club meets Mondays 7:30 p.m.

The Antelope Booster Club has changed its meeting time to 7:30 p.m. on Mondays. The meetings are held in the commons at Post High School.

Founders Day Church Service

The Post Founders Day community church service will be held Sunday, October 1 at the Elementary School auditorium beginning at 11 a.m. Many churches plan to shift their morning worship service in order to attend this community-wide event. Pastor Jerry Graham of the Calvary Baptist Church will be the keynote speaker.

Benefit set for Atkinson

A special benefit by the VFW and the Ladies' Auxiliary VFW to assist Don and Glenda Atkinson will be held October 21 at the VFW. Those interested in donating money or helping should contact JoAnn Stelzer or Ruth Walls.

Live Post Antelope coverage

Those who are unable to attend Post Antelope football games this season have the opportunity to keep up with all the live action on Post City Radio, found on the Internet at www.postcityradio.com and in Post on Classic Cable Channel 17. "This is especially valuable for all our former PHS students living around the world," Post City Radio manager Thomas Zachary

emphasizes. www.postcityradio.com or Classic Cable Channel 17

Sewer bar screens not as costly as reported

The estimated cost of installing sewer bar screens at the Giles W. Dalby Correctional Facility and the Juvenile Detention Center are The Post Dispatch.

"We are embarrassed by this mistake," Dispatch publisher Wesley W. Burnett emphasizes, "and offer our deepest apology to both the Garza County Commissioners Court and the Post City Council for this error."

The issue facing both government units is whether the city or the county or both should pay the cost for installing the bar screens. The prison and detention facility add significantly to the economy of Post, so should the city not be expected to install and maintain the bar screens, using taxpayer revenue?

Post Antelope football live on Post City Radio

Post City Radio, operating on Classic Cable Channel 17 and on the Internet at www.postcityradio.com, is broadcasting Post Antelope varsity football games live every Friday evening and through-

Post City Radio manager Thomas Zachary serves as producer for the weekly broadcasts, with Steve Mason bringing the play-by-play action.

The live weekly broadcasts begin with pre-game reports at 7:15 p.m. before every game. The Antelopes host Denver City Friday.

"We're really looking forward to this football season," Zachary says, "I think ole Steve and I make quite a team ourselves." Zachary and Mason worked together on football games in the past at KPOS.

"All you folks who live outside of Classic Cable's coverage, be sure to tune in your computers to our web page," Zachary emphasized. Post City Radio is one of the station members of Audiorealm.com, a Lubbock server which specializes in audio streaming for Internet

"Remember, it's real easy to find us ... just type postcityradio.com in your web browser," Zachary added. The web page has a link to free downloads for UltraPlayer and other free programs for controlling the audio streaming.

for assisting us," Managing Director Wesley W. Burnett.

Post City Radio uses Streaming Audio Manager (SAM), developed may soon be closing. and distributed by Spacial Audio Solutions of Lubbock. "Without Durwood Bartlett, who has owned the facility for more than 46 Bryan's help, we'd still be looking for a way to connect to our non- years, announced this week that unless his business realizes some cable listeners," Burnett added

Or, since the current sewer problem is largely caused by debris from the prison and detention center, and those facilities are owned \$28,000 to \$38,000 for both, not \$145,000 as reported last week in by the county, should the county or the operators of those facilities take care of the problem that they have created?

> Both of these questions are essentially correct. They relate to the economic and philosophical issues which county and city elected officials must decide. The expense of the project will more than likely in the end be borne by taxpayers.

Joint meeting addresses 911 phone problems

As a result of a request by Garza County Judge Giles W. Dalby, a joint meeting has been set for September 11 with the Post City Council to discuss solutions to 911 equipment problems.

The emergency phone system was reported by Sheriff Kenny Ratke to be in poor condition and in desperate need of repairs. Ratke gave a detailed description of equipment failures and other problems with the 911 phone at the Monday, August 28 commissioners court meeting.

Fire guts trailer

A trailer fire in the 700 block of West 10th Street erupted shortly

after 4 p.m. Monday. Sheriff's department dispatchers received a 9-1-1 call concerning the blaze at about 4:15 p.m. Members of the fire department, as

well as sheriff's department deputies, responded to the call. Butane tanks were involved in the fire, which was contained by about 5:30 p.m., according to reports from the sheriff's department.

Energas officials were notified of the situation. No injuries were reported in connection with the incident, and no structural damage was reported; however, the trailer and its contents sustained heavy damage.

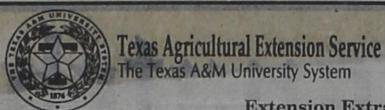
The fire remains under investigation, according to the sheriff's department.

An account to assist the trailer's owners, Sue and Dee Hodges, has been established at Wells Fargo.

Bartlett seeks to keep golf course open

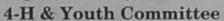
"We are very grateful to Bryan Payne and the staff at AudioRealm The Caprock Golf Course, which for more than four decades has served as a recreational outlet for Post-area residents and visitors.

(Continued on Page 9)



Extension Extras

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.



The Extension Program Council-4-H and Youth Committee will meet Monday, September 11, at 11:55 a.m.-12:30 p.m. at the Post High School Foods Lab. Please call 495-4400 by Friday, September 8, to reserve your plate of pizza if you plan to attend

Water Well Screening

There will be an educational program on Water Quality and testing at 10:00 a.m. September 21 at Citizens Bank of Post. The public is invited to attend. If you need your private water well tested for drinking suitability, approved sample bags and collection instructions are currently available at the Extension Office at 102 South Avenue L in Post. Samples must be returned to the Extension Office by 5:00 p.m. on September 19 with a \$4 fee per sample. No individual water well information will be made public.

Resource Fair

The Garza County Resource Fair 2000 is scheduled for September 19 from 4:00 p.m. to 7:00 p.m. at the Post Community Center. Please plan to attend the fair and find out what your community has to offer you! If you are interested in being a part of the fair, please call the Extension office at 495-4400 for a registration form.

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Tax 'n Facts by Terri Cash

Borrowing - Smart and Not So Smart

Borrowing can be a smart way to leverage investments - or a real drain on your personal money management. It pays to know the difference between various kinds of debt.

Mortgages are not bad in themselves. If you have a normal mortgage at a reasonable rate of interest- and if it's not reasonable, you may want to refinance! - don't rush to pay it off. Better to put more into retirement savings or other investments. By retirement, though, when income may drop, you may want that mortgage paid off.

Home-equity loans are smart for home improvements or major home repairs, but this is not borrowing to take lightly. You're risking the roof over your head.

Student loans are not expensive and may be deductible. Don't rush to pay them off; if needed, stretch them out to fund your 401 (k).

Bad debts: credit card debt, because it costs too much; a loan against

your 401 (k) because it's chancy and expensive. You'll get good money advice from the tax-and finance people at

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Pride of Past band members making their first appearance on the field this school year at Hamlin last Friday night are (left to right) Darryl Dissinger, Laura Tobias, DeeDee Jarrett and Kenny Ratke. (Photo by Jerry Taylor)

Valor takes over telephone service

On Sept. 1, VALOR Telecom, the regulatory officials and community newest local phone service provider in Texas, assumed operational control of more than 335,000 local phone lines in areas of Texas previously VALOR Telecom may receive a high served by Verizon (formerly GTE).

local phone exchanges in Texas. Texas," said Anne K. Bingham, chairman and chief executive officer

corporate headquarters located in VALOR Telecom phone bill has been Irving, and one of our customer reformatted. Therefore, some of the service centers located in Texarkana, charges and fees may appear in a the communities we serve.

service should not be affected.

the backlog of pending orders, VALOR

Featuring Jimmy Martin

Sept. 29th & 30th

Wagon Wheel Music Park

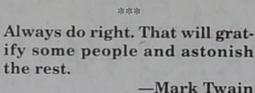
Snyder, TX.

leaders to prepare for the transfer of

During September and October, volume of calls and customers may Post is one of VALOR Telecom's experience delays in placing new orders. However, any delays will be "VALOR Telecom is proud to serve temporary during the transition

With respect to customer billing, of VALOR Telecom. "With our phone rates will not change, but the will not affect customers' current long Effective Sept. 1, all customer distance and Internet services. records and pending orders Customers who have selected Verizon transferred to VALOR Telecom. In as their long distance and/or Internet the first 15 days of the transfer, service provider will begin receiving temporary systems are being used a separate bill for those services. while transferred records and service VALOR Telecom officials said that orders are loaded into new automated the company will soon offer long systems and retested. Current phone distance so that customers can have the convenience of receiving one bill To handle new service orders and for local and long distance services.

Telecom has hired additional information, including customer personnel, installed new systems and service and repair phone numbers, worked closely with government and to its customers throughout the state. Customers with questions should call toll-free 1-877-520-5220.



-Mark Twain

Give a man a fish, and you feed him for a day. Teach a man to fish, and you feed him for a life-

-Chinese proverb

VALOR Telecom is mailing

Always do right. That will gratify some people and astonish

What the imagination seizes as beauty must be truth.

-John Keats

Judy's Jabberin' By Judy B. Bush

How long do you live before you learn not to pay any attention to the weather forecast? All last week (early on) the forecast promised cooler temps on the weekend. HA! And look at Monday, Tuesday and Wednesday, 100 plus expected.

I laughed at one of the old timers out at "Old Mill" this weekend. He said if the snow this winter was like the heat of the summer we had all better buy some tall boots. I don't think anyone would mind if there was no ice along with it, at least it's good moisture!!.



On Behalf of Best Bets

As most of you probably know, Jane Terry, my sister has a booth in Duffey's Peak at Old Mill Trade Days.

She had the unfortunate bad luck of her money bag being stolen this past weekend (Saturday evening). If you by chance gave Jane a check this weekend please watch for it

to come thru your bank. We would appreciate it. To the person who felt the need to steal the money, none of us may have seen you but God did.

Class of 65

I'm speaking for myself on this also. Get your money to Benny. Learning Chinese.....(say them out loud)

1. That's not right......Sum Ting Wong 2. Are you harboring a fugitive?.....Hu Yu Hai Ding?

3. See me ASAP.....Kum Hia Nao

4. Stupid Man.....Dum Gai 5. Small Horse.....Tai Ni Po Ni

6. Did you to to the beach?......Wai Yu So Tan?

7. I bumped into a coffee table.....Ai Bang Mai Ni 8. I think you need a face lift......Chin Tu Fat

9. They have arrived......Hia Dei Kum

10. Your body odor is offensive......Yu Stin Ki Pu

Founder's Day

There will be a free street dance Friday, Sept. 29th in front of Algerita Park at 9 pm with music by the "Texas Connection".

On Saturday the 30th, downtown activities will last all day, please visit and shop downtown. The merchants will work hard to make the day a good one for you! Old Mill Trade Day's will be open, The Senior Steer Roping at 11 am in the rodeo arena, bar-b-que cook-off judging at 12 noon, long neck toss, 2 pm at Algerita Park, dinner with Gary P. Nunn at 6 pm Hotel Garza (tickets sold in advance), BYOB dance to we look forward to bringing a strong different section. Furthermore, the Gary P. Nunn at rodeo slab at 8 pm (tickets sold at door) and to close. and lasting business presence to all transfer of lines to VALOR Telecom the weekend out the Community Worship Service at the school auditorium at 11 am.

Celebrate Post!!

Special Friend

We all lost one this past week when we lost Martin Garza. My prayers are with Hiwatha, the girls and Arthur. I know he will surely be missed, but as my grandson said, "I know he's walking on his new legs in Heaven." You are right Colby.

News from the Courson's

I received an email from Pat Courson this past week. She wanted me to pass on to everyone how much their whole family appreciated everyone in Post for supporting them during the time they were here.

She said the year in Post was one of the most enjoyable times of their lives and how much they would miss their friends they made here. I know we will all miss them and we wish them the best of luck in their new home.

Birthdays this Week

Friday, September 8; Bill Criswell, Tyler Menchaca, William Scott, Rusty Josey, Melissa Curtis and Xane Mason: Saturday, September 9, Bill Fumagalli, Ron Jenkins, Shirley Bland, Kenneth Price, Guin-Miller, Cha'la Cimental, Kyle Edwards, Kim Mills, Lori Parker and Peggy Ashley; Anniversary, Bobby and Cindee Sherman: Sunday, September 10, Ocie Bell, Juanita Urrutia, Amber Massey, Dee Stamps, Linda Selfand Amanda Morris: Monday, September 11, Rene Quintana, Jamie Hernandez, Paige Crispin (my granddaughter), and Dalton Holly: Tuesday, September 12, Rebe Lopez: Wednesday, September 13.

, Roquel Britton, Shellie Odom, Toni Jaquess and Tommy Rivera; Anniversary, Jim and Mona Boles and Delton and Melvina Moore: Thursday, September 14, Cornelio Saldivar, Sr., Janie McMillan, Jessica Putman, Vodabeth Gradine, Alva Shepherd, Stephanie Palmer Smith and Loveta and Lometa Josey; Anniversary, Charles and Pami McClain.

See Ya Next Week

Guess that is it for this week. Hope you all have a great weekend. Please remember to pray for rain. God bless each of you.

The golden age was never the present age.

-English proverb



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low. Your car importance of when there's a

Debby Demor USDA Children College of Media 1. Buy well-in cold foods and s 2. Stock up on l water before man

5. Tightly wrap 6. Preheat or provide. Fill wi 7. At school, sunlight and aw

8. Tell your ch insulated contain harbor bacteria. 9. Washlunch and air dry. Take care in pr

Dia

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Toll

Neighbor to Neighbor by Sara Wagner,, CEA-FCS

Brown Bag Safety

Your children have been in school for about four weeks now. Your caring attention to your child's lunch has probably slacked off a little and a quick PB&J sandwich is now doing the trick. However, don't forget about the importance of food safety. Bacteria loves schoolroom temperatures, which allow them to multiply quickly when there's a source of food and moisture.

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Debby Demory-Luce, a registered dietitian with the

USDA Children's Nutrition Research Center at Baylor College of Medicine in Houston makes the following suggestions:

1. Buy well-insulated lunch boxes or bags, insulated bottles for hot and cold foods and several days' supply of freezer gel packs.

2. Stock up on shelf-stable foods such as canned fruit or pudding with pop-

3. Wash hands, food preparation surfaces, and utensil with hot, soapy water before making lunches. Wash raw fruits and vegetables thoroughly

4. Prepare lunches the night before and store them in the refrigerator or freezer. Frozen sandwiches, bottled water and juice boxes offer additional protection and will usually thaw completely by lunchtime.

juice box. 6. Preheat or prechill insulated bottles to maximize the protection they

minutes 7. At school, advise your children to store their lunches out of direct

sunlight and away from heaters. 8. Tell your children to throw out any leftovers because the ice packs and insulated containers won't keep food safe all day, plus if food is left, it will

harbor bacteria. 9. Wash lunch boxes, gel packs, and insulated bottles with hot, soapy water

Take care in preparing your child's lunch and prevent a food borne illness!

The Post Dispatch

• Interesting • Informative

• Entertaining • Challenging

495-2816

Living on the Edge of the Caprock by Greg Jones, CEA-AG

Private Water Well Screening Day Set

The Garza County office of the Texas Agricultural Extension Service is sponsoring a water well screening for area residents. The well screening is designed to inform private water well owners and users on the condition of their well water of possible contamination from two common contaminants. These contaminants are fecal coliform and nitrte.

The presence of fecal coliforms in water indicates that feces (bodily waste from humans or animals) may have contaminated the water. Water contaminated with feces have microorganisms present that can cause a number of "waterborne" diseases such as cholera, typhoid, and dysentery.

Nitrates in ground water at levels of 10 milligrams per liter (mg/L or parts per million) is considered unsafe for human consumption. Nitrate levels above 10 mg/L can disrupt the blood's ability to carry oxygen throughout the body. Nitrate is converted to nitrite which combines with hemoglobin, the chemical that carries oxygen in the blood, to form methemoglobin. Oxygen can not bind with methemoglobin, therefore, oxygen is not carried throughout the body. As a result, oxygen starvation occurs. This condition is called methemoglobinemia. If left untreated, death may result. Infants less than six months in age and young livestock are most susceptible.

The cost of the screening is \$4.00 per sample and you should contact the Garza County Extension office by calling 495-4400 to receive an approved water sampling bag and instructions for taking your well water sample. It 5. Tightly wrap cold foods in plastic and place them around an ice pack or is very important that only sampling bags from the Extension office be used and all instructions for proper sampling followed to insure accurate results. Sample bags are currently available now at 102 South Avenue L in Post. All provide. Fill with piping hot water or ice water and let stand for a few samples and sample fees must be in the Extension office by 5:00 p.m. on September 19.

There will be an educational program on Water Quality and Testing at 10:00 a.m. on September 21 at Citizens Bank. Anyone wishing to attend the educational program may do so. No individual water well information will be made public. Dr. Monty Dozier, Extension Water Specialist from College Station will be on hand to discuss water quality.

This program is sponsored by the Ag Improvement Committee of the Garza County Extension Service in conjunction with the Garza/Lynn NRCS and Garza/Borden FSA offices

Educational programs conducted by the Texas Agricultural Extension Service serve people of all ages regardless of socioeconomic level, race, color, sex, religion, handicap or national origin.

Summer Boll Weevil Trapping Garza County - 2000

Trap Location	8/21	8/28	9/04
RJ - 4 miles West of Post on Hwy. 380	1	30	15
RJ - 1 mile North of Mason's Farm Store	9	54	83
RJ - 1 mile North of Hwy. 380 on C.R. 212	3	10	12
RJ - 1 mile North of 380 on C.R. 212, 1/2 West	0	2	2
FM - 2 miles South of Southland, 1/2 East	8	18	150
FM - 2 miles South of Southland, 1 East	16	194	570
FM - 2 miles West of Close City	9	30	60
FM - 11/2 miles West Close City (near CRP)	16	102	99
RG1 - 5 miles NE on Hwy 651, 1 mile West	0	NA	3
RG2 - 5 miles NE, 1 West, 11/2 North	24	NA	178
RG3 - 5 miles NE, 1 West, 11/2 North, 1/2 East	15	NA	16
RG4 - 5 miles NE, 1 West, 11/2 North, 1 East	16	NA .	78
TOTAL	117	440	1266



Where's the rice, honey?

I knew when I saw the two 10lb, bags of grapefruit sitting on the kitchen counter that life was not going to be the same around my house for a good little bit. I quickly looked into the rice dispenser and saw something I hadn't seen in a long time—nothing! Now I was becoming alarmed.

"Try to remain calm." I told myself, even though my palms were becoming moist with apprehension. Maybe there has just been a mistake. Perhaps my wife just accidentally picked up bags of grapefruit instead of the 50lb. bag of rice she usually brings home. I was feeling better already when she came in through the door. Just by the smirky little grin on her face I could tell that my worst fears had come true. We were starting on a diet.

I quickly sucked in my gut like men do automatically when they have on swimming trunks. You can hold that for about an hour then it all gives way. I knew I couldn't keep it up long enough to fool her. I relaxed and my belt disappeared again. I thought to myself that she was right. It was time to loose it again.

As is the case with many of us, my weight has gone up and down over the years: I have no metabolic disorder and can loose it when pressed, like now. I just hate to, though. This time we are going to go on a carbohydrate restricted diet. I am no dietitian, but for many folks this is not a bad way to go. (Here is where I am supposed to put in that disclaimer that you should see your doctor before you start any diet.)

My understanding of such a diet is based as much on anthropology as it is on medical precepts. If one considers that mankind has been around as species homo sapiens for 150,000 years and prior to that a manlike species named Australopithecus lived for 3 million years then it is reasonable to look at what kind of food they consumed. Their diet would probably be the one our physiology became conditioned to

As it turns out these guys lived primarily on meat, fat, and a few fruits, roots and berries. Wheat and rice, the foundation of complex carbohydrates, did not enter the picture until the dawn of civilization about 10,000 years ago. They are newcomers to the dietary scene. All of us learned though that they should make up about 40% of our diet. I'm not qualified to say that that is wrong, but it doesn't make a whole lot of sense to me.

My wife was asleep by the time I finished telling her these interesting facts. The part where I mentioned about being like a caveman got her attention. She asked me if the fossil record indicated that the male of the species has always been lazy and let the women do all the work? I responded that the record was unclear on that point and started putting up the groceries like a good boy.

The take home lesson is this. When dieting use a little common sense. Any diet that calls for extreme measures such as fasting or the total elimination of a food group is probably not going to be too healthy. If you cannot seem to loose weight in spite of your best efforts, then go see the Doc. Most will be glad to talk to you about your weight problem and can point you in the right direction.

I'll let you know how things come along. Thank you for spending this time with me.

Winston Whitt, MD.

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Obituaries

W. Valton Massey

Services for W. Valton Massey, 86, of Lubbock were held Monday, Aug. 28, 2000, at 10 a.m. in the Resthaven Funeral Home with John Burk of Lakeridge United Methodist Church officiating. Burial followed in the City of Lubbock Cemetery.

He died Friday morning at Covenant Medical Center.

Born July 11, 1914, in Stonewall County, he married the former Novelle Ellen Marr in Guthrie March 29, 1934. She died Jan. 21, 1985. He was a mechanic in Post until he moved to Lubbock in 1971. He was associated with M&M Auto Sales until his retirement in 1995.

Survivors include two sons, Harold Massey of Lubbock and Dickie Massey of Post; six grandchildren; six step-grandchildren; and 16 great-grandchil-

The family has suggested memorials be made to the donor's favorite char-

Bertha Irene Tomlinson

Graveside services for Bertha Irene Tomlinson, 85, of Grand Prairie were held at 2 p.m. Sunday, Sept. 3, 2000, in the Terrace Cemetery with the Rev. Charles Burdett officiating. The Hudman Funeral Home was in charge of arrangements.

She died Thursday, Aug. 31, at Grand Prairie.

Born June 30, 1915, in Waldron, Ark., she married Bland Tomlinson Oct. 22, 1937, in Post. He died March 10, 1981. She moved to Grand Prairie 12 years ago from Slaton, where she and her husband had owned and operated Bland's Furniture. She had lived in Slaton for more than 40 years. She was a member of the First Baptist Church in Slaton and Fair View Baptist Church in Grand Prairie.

Survivors include one son, Gregory Bland of Dallas; one daughter, Irene Howell of Grand Prairie; one sister, Alice Kelly of Lamesa; one brother, Jake Bingham of Ashmore; four grandchildren; and five great-grandchil-

The family has suggested memorials be made to the Alzheimer's Associa-

Martin Garza

Services for Martin Garza, 83, of Post were held at 11 a.m. Monday, Sept. 4, 2000, at the Holy Cross Catholic Church with the Rev. Malcolm Neyland officiating. Burial followed in the Terrace Cemetery under the direction of the Hudman Funeral Home.

He died Aug. 31 at his home.

Born May 5, 1917, in Matamoros, Mexico, he served as a police officer in Tampico, Mexico, prior to moving to the United States where he worked as a labor contractor. When he initially moved to Post, he farmed for Wayne Carpenter for eight years. In following years, he contributed to many businesses in Post. He married Hiawatha Martinez Nov. 10, 1962, in Portales, N.M. He owned and operated Matamoros Restaurant in Post for many years, opening the business in 1975. He later owned and operated Martin's Steak House and Martin's Restaurant in Post. He also owned and operated two Texaco stations, a clothing store and two game rooms. He was a member of the Catholic Church.

Survivors include his wife, Hiawatha, of Post; eight daughters, Nellie Deanda of Arlington, Janie Garcia of Coolidge, Ariz., Janie Garcia of New Braunfels, Mary Lou Duncan of Seymour, Norma Crispin and Jessica Garza, both of Post, Bea Welcher of Lamesa and Irma Garcia of Riverside, Calif.; eight sons, Martin of Coolidge, Ariz., Alfredo and Tommy, both of Phoenix, Raul of Las Vegas, Danny of Phoenix, Joe of Coolidge, Ariz., Martin of Brownsville and Arturo of Lubbock; four brothers, Alfredo and Joe, both of Arlington, Raul of Brownsville and Thomas of Saltillo, Mexico; four sisters, Beatrice VonHatten and Irene Morales, both of Arlington, Eva Torres of Dallas and Elida Martinez of Post; 28 grandchildren; and eight great-grandchildren.

Pallbearers included his grandson, Tommy Duncan, as well as Gary Martin, Tommy Von Hatten, Reuben Morales, Danny Martinez and Frank

Honorary pallbearers were Rosie Trevino, Loy Perez, Diana Valdez and Abelardo Reyna.

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BE FOUND IN I SAMUEL: 16. KING SAUL, HARD AT WAR WITH THE PHILISTINES, HAS BEGUN TO SHOW THE FIRST SIGNS OF HIS MENTAL ILLNESS DEEP MELANCHOLIA, IF NOT OUT-AND-OUT SCHIZOPHRENIA! IN THOSE TIMES, IT WAS FELT THAT MUSIC HAD A SOOTHING EFFECT ON THIS AILMENT, WHICH INDEED IT HAD, AND SAUL'S ADVISERS SENT FOR YOUNG DAVID, WHO WAS KNOWN TO BE AN EXPERT PLAYER. THEREAFTER, WHEN SAUL WENT INTO DEPRESSED FITS, DAVID WOULD PLAY AND SAUL WOULD BE SOOTHED AND REFRESHED AND SOON



LIFE WAS ENDANGERED, EVEN THOUGH THE KING DID NOT, PERSONALLY, INTEND TO HAVE DAVID'S BLOOD SAVE THIS FOR YOUR SUNDAY SCHOOL SCRAP-BOOK

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Church Directory

Assembly of God Bethel Assembly of God (Bi-Lingual) 407 May St.

DURING THE NEXT SIX YEARS, AS THE LAD GREW FROM YOUTH TO YOUNG MANHOOD, SAUL'S ATTITUDE

BEGAN TO CHANGE-FOR DAVID SHOWED A FINE APTITUDE

WITH THE PEOPLE. SAUL, IN HIS DEPRESSED MENTAL

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HIS SON, WHOM HE TRIED TO ENTICE INTO KILLING DAVID-WHICH JONATHAN WOULDN'T DO BECAUSE HE

AS A WARRIOR AND LEADER, GAINING GREAT POPULARITY

OWN RULE, LET ALONE THE FUTURE RULE OF JONATHAN,

WAS A CLOSE AND SINCERE FRIEND. BUT, UNDERNEATH THIS GROWING OBSESSION TO SEE DAVID DEAD, LOVE

FOR HIM STILL REMAINED WHICH BECAME QUITE EVIDENT, IN THIS WRITER'S OPINION, WHEN, THE

LAST TIME DAVID PLAYED FOR HIM, SAUL TOOK UP HIS JAVELIN (I SAMUEL: 19) AND HALF-HEARTEDLY

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OF BENJAMIN, OF WHICH SAUL WAS A MEMBER, WAS

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OF SAUL'S GREAT CALIBER, TO MISS HIS MARK IN THE

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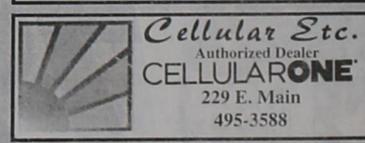
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by Walter E. U.S. Fish an charged him protected en Mann was services" — Taylor, of Mo on his lot to The FWS sa Oregon's Boa aside 37 acre protect the n Paul Presa About 60 feet the railroad the line. Und the original of

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But perh Last mon 15-page set agency's "G to display h -down from 1987

Opinions



And thereafter, picking us off one at a time

by Walter E. Williams

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Richard Mann, a North Carolina farmer, shot a wolf that was threatening his cattle. When he went to bury the animal the next day, he was confronted by U.S. Fish and Wildlife Service (FWS) officials who charged him with killing a red wolf — a federally protected endangered species.

Mann was fined \$2,000 and required to perform "community services" - building wolf houses and feeding the wolves. John Taylor, of Mount Vernon, Va., was ordered not to build a small house

on his lot to accommodate his wheelchair-bound wife. The FWS says it would harm a bald eagle nest located 90 feet away. Oregon's Board of Forestry has forced Alvin and Marsha Seiber to set aside 37 acres of their 200-acre commercially harvestable land to

protect the northern spotted owl. Paul Presault purchased his Burlington, Vt., residence in 1975. About 60 feet from his house was a railroad track. After he moved in, the railroad company pulled up the track and formally abandoned the line. Under an 1899 agreement, the land was to be returned to

the original owners or successors. The City of Burlington had other plans. They simply took the property and built a bike and pedestrian path. People ride through Presault's, property creating a nuisance. Every week, 15 women gathered at Diane Reiter's Denver home for Bible study, prayer and

dinner. There was no loud music, speeches or other noise. Nonetheless, the Denver zoning administration served Reiter with a cease-and-desist order citing a municipal ordinance that prohibits more than one "prayer meeting" a month in a private home. These cases and many more are summarized in the "National Directory of Environmental and Regulatory Victims," a publication of the

Washington, D.C.-based National Center for Public Policy Research. They represent gross violations of the Fifth Amendment to the U.S. Constitution, namely, "... nor shall private property be taken for public use without just compensation.

You say: "What do you mean, Williams? The government didn't take their property; the people still hold title."

Holding title to private property, all by itself, doesn't mean very much. For example, suppose the government recognizes that you can hold title to your house but forbids you from living in it. The fact that County residents, without regard for financial reimbursement to the you hold title to the house would be meaningless because the district. government has restricted your options.

violation of the U.S. Constitution.

Let's look at Oregon's Board of Forestry forcing the Seiber family to The constitution authorizes the legislature to create hospital districts to the national interests.

Just compensation doesn't go over big with environmentalist wackos, medicine in Garza County. simply because it would reveal the cost of their agenda. They achieve governments to run roughshod over people's rights

They pick us off one at a time. The rest of us don't know how our practices of paying for non-indigent medical care. neighbors are being victimized and, if we did, I doubt whether

We should all pause and remember that if the government can rip illegal use of tax funds with apparent impunity.

off one citizen, what's to say one of us won't be next?

Syndicate web page at www.creators.com.

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It is the mission of this newspaper to promote the rights of indivdiduals, guided by the principles so eloquently described in the American Declaration of Independence. The right of life, liberty and ownership of property are the cornerstone for our freedom. Government's sole purpose is to enhance our liberty and freedom. Therefore, we hold every elected and appointed agent of government accountable to that standard.



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Hospital district plans socialist scheme

by Wes Burnett

Meeting behind closed doors, a committee appointed by the Garza County Hospital District is putting the finishing touches on a complete revision of the enabling legislation for the district.

The final report, which is expected to be aired publicly for the first time at the September 14 board meeting, calls on the state legislature to remove restrictions on how tax money may be spent by the district. Among the recommendations is to include language which would authorize the district to provide access to health care for all Garza

The definition of indigent in Garza County, if this report is adopted By decree the government has reduced the value of your property, by the state legislature, will include every person living in Garza and as such it is a "taking" of property without just compensation in County. Of course, that proposal is directly in conflict with the State of Texas constitution (Article 9, Section 9).

set aside 37 acres of their 200-acre plot to protect the northern for the purpose of providing health care for the indigent and needy, spotted owl. It just might be that protecting the spotted owl is vital and by law, those people are defined as being financially unable to pay for their health care.

But the burden and cost of protecting the spotted owl should be By removing financial restrictions on who qualifies for tax paid borne by all Americans, not fall on particular Americans - Mr. and health care, the Garza County Hospital District is removing all Mrs. Seiber. Justice and fairness require that the Seibers be pretense of abiding by the state constitution. In proposing this compensated for the loss in value of their property from having to set universal health coverage to be paid for by taxes, the Garza County Hospital District declares itself openly in favor of total socialized

The committee, led by board president Mike Travis, has declared their agenda better simply by getting federal, state and local that the purpose of revising the enabling legislation is to remove those restrictions, legalizing the board's past and current illegal

By ignoring the law and a recent Attorney General opinion requiring there'd be many of us who'd care and be willing to help defend our that non-indigents reimburse the district for the district's actual cost of subsidizing the clinic here, the hospital district continues its

Garza County tax payers are in for a rough ride if the state To find out more about Walter Williams, and read features by other legislature actually approves this socialist scheme. By opening the Creators Syndicate writers and cartoonists, visit the Creators public treasury to anyone who needs medical care, the cost to tax payers will swamp this county in debt. With an estimated 5,000 people living here and taking advantage of this "free" health care, the hospital district will have to raise millions of dollars annually to pay for those services.

The problem with a socialist democracy is quite evident in this developing scheme. By removing financial considerations for government assistance, the majority board members of the Garza County Hospital District have declared this county to be the first step in the socialist goal of total tax supported health care.

Where will the money come from to pay for this boundoggle plan? Well, it'll come from property taxes of course. Just another example of the mistake our ancestors made by giving government the power to tax. Take away that thievery, and we would not be having this

Tax payers here can only hope and pray that the legislature will reject this ridiculous plan. Those tax payers opposed to socialized medicine and the millions of dollars it will drain from our economy will have to mount an aggressive campaign in Austin, or else suffer

the financial calamity that is surely to follow.

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Is USDA an 'out-of-control monster?

by Vin Suprynowicz

Bureaucrats have a funny way of envisioning the "free market." famous headline "Fog Blankets Channel, Continent Cut Off") have

borders to trade."

Mind you, this is a good thing — America became an economic powerhouse in large measure because there is no import duty for invest decades and small fortunes establishing good will — are the Michigan automobiles entering Tennessee or Texas. Till recently see "The War on Drugs" -American travelers also never had to worry about being stopped and asked for their "travel papers" upon crossing the border from Pennsylvania to Ohio — nor from Arizona to California, for that matter. If the Europeans have finally seen the light and wish to similarly liberate the movement of goods and facade of the Department of Agriculture in Washington, D.C. people across (start ital)their(end ital) continent, more power to

But the European bureaucrats couldn't merely tear down the our very food. barbed wire and tollhouses between Martelange and Bigonville and say "Good luck." Oh no. Private buyers and purveyors couldn't be left to their own devices to settle on standard sizes, as the 19th century American market managed to pretty well standardize the size of leave for the (start ital)bureaucrats(end ital) to do?

So in Europe, special committees have busied themselves for years now, setting "standards" which each commodity must meet in order to move in "free market" trade — the most hilarious example being the recent dispute between the French and Italians on what shall be the "standard" sizes for male birth control devices, the details of which (including predictable acknowledgments that perhaps on the other side of the border some smaller sizes might be in order) probably need no further explication in a family newspaper.

At any rate, Americans have long laughed at such typically continental folderol — when not actively hissing that Teutonic Gestapo man as he moved through the passenger car, asking Dame May Whitty for her "Papers, please."

But perhaps we laughed too soon.

Last month, the U.S. Department of Agriculture released a new 15-page set of regulations, proposing that in order to gain the agency's "Grade A" rating, Swiss cheese shall henceforth be required to display holes with an average diameter of three-eighths of an inch —down from the three-sixteenths-inch standard established back in

"Something smells here, and it isn't the Limburger," comments

George Getz, press secretary of the Libertarian Party in Washington. In recent years, the nations of Europe (with the partial abstention "It's these federal bureaucrats who think they should be able to tax, of Britain, an island whose most prominent newspaper once ran the regulate, mandate, subsidize, prohibit, and micromanage every area of our lives — up to and including the size of the holes in our Swiss put their bureaucrats to work, figuring out how to "open their cheese. ... Americans don't need Monterey Jack-booted thugs from

the USDA messing with our Swiss cheese."

Indeed, private brand names — for which families and corporations best guarantee of the wholesomeness of our foods. Historian and former Gorbachev economic adviser Yuri Maltsev recalls that the Soviet Union used to have a "Ministry of Vegetables," which so far as he knew never planted a single vegetable. Nor, so far as I can determine, has a single tomato ever ripened behind the concrete

It is past time to "reform" the USDA. The Constitution grants the federal government no power to "regulate, mandate, or subsidize"

Vin Suprynowicz is assistant editorial page editor of the Las Vegas Review-Journal, and editor of Financial Privacy Report (subscribe by calling Neville at 612-895-8757.) His book, "Send in the Waco light bulbs, electric plugs, and automobile lug nuts. What would that Killers: Essays on the Freedom Movement, 1993-1998," is available by dialing 1-800-244-2224; or via web site http:// www.thespiritof76.com/wacokillers.html

Vin Suprynowicz, vin@lvrj.com

"When great changes occur in history, when great principles are involved, as a rule the majority are wrong. The minority are right." — Eugene V. Debs (1855-1926)

"The whole aim of practical politics is to keep the populace alarmed — and thus clamorous to be led to safety — by menacing it with an endless series of hobgoblins, all of them imaginary."—H.L. Mencken

"None are so hopelessly enslaved as those who falsely believe that they are free."

-Von Goethe

Pied Pipers upend Antelopes in opening game at Hamlin

by Wes Burnett

The Hamlin Pied Pipers ripped through the Post Antelopes last Friday in a 42-0 shutout at Hamlin, the season opener for both teams. It was a bit of a turnabout from last year, when the 'Lopes smashed the Pipers at home 48-0.

This year's youthful Antelopes mounted several threats inside the Piper 20 yard line, but each attempt was foiled by miscues or stiff defense by the Pipers.

The Piper attack was led by senior Henry White, one of the top running backs in West Texas. He consistently carried or ran through Post defenders

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Denver City Mustangs

Play-by-play action

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for big runs and touchdowns.

Leading 21-0 at halftime, the Pipers held off a strong comeback attempt by the 'Lopes in the third period, then just wore down the Post defense on the way to another 21 points.

The Antelope defense put on a good show in the opening Hamlin series, recovering a fumble on the Hamlin 38 yard line. Post quarterback Michael Huff led a seven play drive, penetrating to the seven yard line before freshman running back Mitchell Mills coughed up the football on a pitchout around his right end. The Piper defense fell on the ball and

three plays later White showed his for illegal procedure to the 25 and on stuff with a 74 yard scamper, bursting through the secondary and outracing the end zone went incomplete as the Post defenders to the goal line.

After an exchange of punts the Antelope offense roared down the field from the Hamlin 43 after Jeremy Baker recovered a Piper fumble. Ten plays later the 'Lopes turned the ball over on downs at the Piper 16 yard line. The drive featured hard running by Tyrone Jefferson, a third down pass reception by Allen Bell at the Piper 24 and a fourth down reception by Mills to the 20 yard line.

Jefferson rammed to the 11, Baker was stopped cold at the line of scrimmage, the team was flagged for illegal procedure to the 16, Huff ran the option to the nine and then threw what looked like a touchdown pass to Jefferson in the end zone, but the receiver could not hang on, and ball bounced off his pads for an incompletion.

Another illegal procedure on fourth down put the 'Lopes at the 15 and Huff ran the ball to the 16, where Hamlin took over.

The 'Lope defense held the Pipers, giving the offense another chance. Six plays later Hamlin took over again, sacking Huff behind the line on fourth down.

The Pipers then marched smartly down the field behind the running of White and Michael Barrera, with Barrera getting the touchdown from five yards out with 1:40 left in the

Then disaster struck the 'Lopes again as the short, high kick fell to the ground between Post players, and the Pipers took off on their third score from the Post 28 yard line. It only took three plays with White getting the final eight yards.

The teams went to the lockers after Huff's desperation pass to Lance Curtis was complete, but 11 yards short of the goal line, as time ran out. Second Half Action

The 'Lope defense showed renewed life at the opening of the second half, shutting down the Pipers, who punted on fourth down to the Post 27 yard

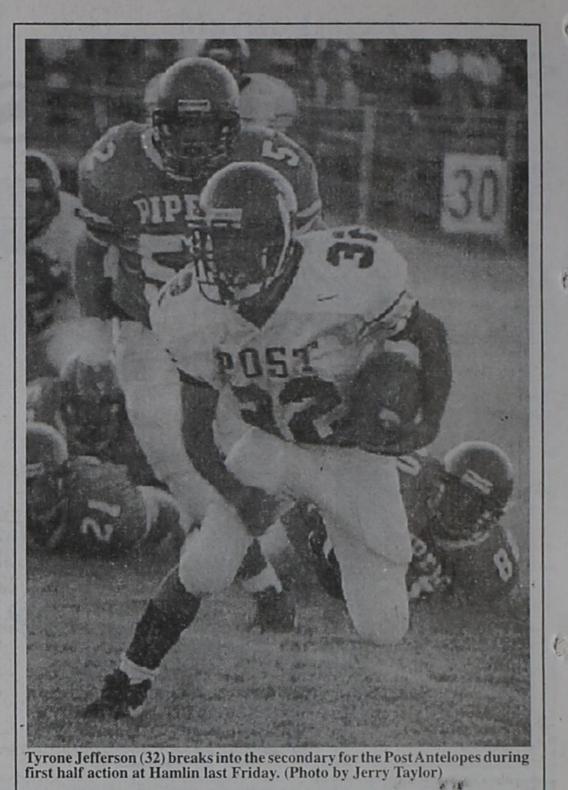
Jamie Collazo brought the fans to their feet with a pass reception and run to the Hamlin 27. On third down Jonathan Curtis caught a pass to the 20, then the 'Lopes were penalized fourth down a pass to Luis Zubia in ball sailed in and out of his hands. Huff was injured on the play.

The 'Lope defense stood its ground, but on fourth down the Pipers pulled out a fake punt/pass play which netted a first down at the Post 32 yard line. Three pays later White blasted into the end zone from the four yard line for a 26-0 lead.

On the next possession the 'Lopes ran three plays before C.J. Sims was popped and the ball tell into the hands of a Hamlin player at the Piper 43 yard line. Six plays later, again with White doing most of the damage, Hamlin led 35-0.

The Post offense just could not sustain another drive, leaving and exhausted defensive team on the field as the Pipers scored again with 3:12 left in the game.

The Antelopes host Denver City Friday with a 7:30 p.m. kickoff. For those unable to attend the game, Post City Radio will again broadcast live on the Internet at www.postcityradio.com and on Classic Cable Channel 17 in Post.





(84) help out. (Photo by Jerry Taylor)

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VAN HORN

'Lopes gear up for challenge Friday against Denver City

by Wes Burnett

"We played against a really good football team, and we knew they were going to be good," Post Antelope coach Richard Gorman commented about last Friday's 42-0 opener at Hamlin.

"We made mistakes you just can't make against teams like Hamlin," he added. "And those mistakes we made came at times that really hurt, when we near the end zone.'

Gorman also said he didn't think the Antelope defense played very well. "We learned a lot about ourselves," he said, "and we are going to get better. We had a great practice Monday and the players are dedicated to improving."

Facing a very tough Denver City squad Friday night, the Antelopes are gearing up for a real battle here. "Denver City is a bit different, but they are a good team," Gorman said. "They spread out and take advantage of their quarterback, running and throwing."

"They are better than Hamlin on defense," Gorman observed, "and adjustments to win." Denver City when we get to district." outscored Portales, N.M. 23-0 last The game Friday begins at 7:30

playing good football teams these Classic Cable Channel 17.

we're going to have to make first few weeks, what really counts is

p.m., fans who are unable to attend "We're going to be better, and we're will be able to get the play-by-play by aiming for the playoffs, that's our listening on Post City Radio, goal," Gorman emphasized. "We're www.postcityradio.com and on

Ronald S

displaying killed las

11 rattles

of late, t

-|Staff

Fron

J.V. teams lose to Coahoma, Hamlin

The Post Junior Varsity Gold football team lost 20-14 to Coahoma last Thursday. Adam Nobles was credited with a touchdown run, along with Zane Marts. David Rivera picked up a two point conversion.

Coach Fred Postell reports that both teams played well early, but got tired, not having much depth on the bench.

The Black team lost to Hamlin 29-14. Brandon Bell scored on a seven yard run, Kenny Ratke picked up the two point conversion and Bell later scored on a 35 yard scamper.

Hamlin scored 21 points in the third quarter and another eight in the

There will be only one junior varsity game this Thursday at Denver City, game time at 6 p.m.



Michael Huff (12) and Tyrone Jefferson get set on offense set at Hamlin. On the line are (left to right) Clinton Curtis, Ross Babb, Noah Gutierrez, Bryan Looney, Jonathan Eilenberger, Seth Redman, Jamie Collazo. (Photo by Jerry

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21 Bertram's Oatmeal _, TX Festival has 61 TXism: " _-_-Thon race could talk the legs 22 TXism: two-bit ___* off an iron stove" (poor horse) 15 ____-gallon hat 24 seat of Young Co. 16 white or black 30 town in NE Fort 1 TXism: " board feature Bend Co. two-day-old kitten" 40 TXism: "chew the 2 seat of Brewster Co. 18 radioactive material 34 direction to Austin " (talk) at Amarillo's Pantex from Abilene 3 snow riders 41 TX George H. Bush 35 King Ranch worker 23 Yellowstone's "Old 4 Aikman aerial once was head of Faithful* 36 academic period 9 Gov. 1894-98: this agency 24 this Kennedy starred at 53-across Culberson 42 school that beat with TX Chiles in 10 TXism: "wiggle like 37 Houston & Dallas A&M in '93 bowl try to reverse

"Creepshow 2" (init.) _ hook" 11 chicken-fried steak, 25 Sea ___ State Park 26 Santa ___ refuge potatoes & okra 27 TX Bonnie & Clyde 12 TXism: "never hungry pit bull" bank caper 28 TXism: "it belongs 13 TXism: "_ to me __ bank" his own two feet" 29 "Elissa" is 14 ex-Cowboy Holt in Galveston Bay

urban

39 Cotton Bowl parade

"The Andromeda

_" ('70)

queen (3 wds.)

43 strike breakers

44 filmed in Shafter:

45 TXism: "__ dice"

32 River ___ Show "One Life to Live" in San Antonio 50 TXism: "I'll 33 TXism: "head for your hide!" 51 TXism: "head rug" the last roundup" 38 Fort Worth's Amon 56 sows the lawn 57 Austin writer Bird Museum

31 TXism: "___ down 48 TX-born Freeman

was __ _ Hall on

to brass tacks"

The fuzz on peaches protects hem from sunburn.

Check Out These Web Sites:

Here are some web sites you may want to watch:

American Express at www.americanexpress.com. The American Society for

Dermatologic Surgery at www.asds-net.org. The Novice Driver's Road Map at www.trafficsafety.org.

The National Institute of Automotive Service Excellence at www.asecert.org.



AT INSTITUTE

William St. John (above) of the Post High School faculty is shown studying at New Mexico State University where he is attending a special summer institute.

> From The Post Dispatch July 28, 1960



Ronald Simpson, son of Mr. and Mrs. Wallace Simpson, is displaying a five and one-half foot rattlesnake his father killed last week in his pasture near town. The snake had 11 rattles. The rattlers have been invading the city limits of late, but this is one that was stopped before it got here. -(Staff Photo.)

From The Post Dispatch August 11, 1960



ANTELOPES GETTING READY

Coach Bert Leaverton (right) 'looks on as Post Antelope squadmen "knock heads" in a running-blocking practice session. The 'Lopes are to scrimmage Petersburg and Spur on consecutive Saturdays before their Sept. 11 opener against Hale Center.—(Staff Photo)

From The Post Dispatch, August 27, 1970

resteryears

by Pat Burnett

major.

Spring:, Saturday.

was named Jacqueline.

ven pounds five ounces.

40 Years Ago

Mr. and Mrs. Thurman Maddox

and Nancy took Donna to Plain-

view this, week where she will at-

tend Wayland Junior College. She

is a freshman home economics

Mr. and Mrs. L. P. Kennedy and

Mr. and Mrs. J. L. Hedrick, John

and Joe attended the annual O!d

Settlers Reunion in Roaring

A daughter was born Aug. 27 to

Mr. and Mrs. Henry Greathouse

at Garza Memorial Hospital. She

weighed six pounds 13 ounces and

Mr. and Mrs. Robert Terry an-

nounce the birth of a son, Robert

Brent, born Aug. 27 in Garza Me-

morial Hospital. He weighed se-

Feelings of the Cuban people for

Fidel Castro are beginning to

change, Mrs. Howard Conrad, mem-

ber of an American missionary

family that has been brought out

of that island country because of

tensions, said in an interview yes-

September 6, 1990 10 Years Ago

Descendants of Henry M. and Virgie (Lawrence) Tucker gathered at Mountain View Reunion Hall, Lake Brownwood for their 12th family reunion. The reunion was dedicated to the memory of Marjorie (Tucker) Gearhart who passed away July 29, 1990.

Post golfers Charles Hopkins and O. C. (Oscar) Garner qualified for the championship flight in the 4th annual Muleshoe Invitational golf tournament, which began last Thursday and ended Sunday.

Jack Lott, representing the Double U and U Lazy S ranches in the 1990 Texas Ranch Roundup in Wichita Falls won firs place in the ranch cookin' contest for his biscuits.

August 28, 1980

20 Years Ago Kelly Chaffin, daughter of Mr. and Mrs. Max Chaffin of route 2, is a senior in the School of Allied Health Sciences at the University of Texas Medical Branch at Galveston this fall.

Domingo and Esther Samora and two daughters, Norma and Cynthia returned home recently following a trip to Bakersfield and Fresno, Calif., and Juarez, Mexico.

Post Rotarians were treated to several "pages" of local history Tuesday when Tom Bouchier reounted a number of early day stories about buffalo hunters, cattle drives, and dugout life in this area 80 to 100 years ago.

> August 27, 1970 30 Years Ago

Mmes. Shirley Bland, Faye Payton and Loucille Morris will represent the Garza County Home Demonstration Council as official delegates at the 44th annual meeting of the Texas Home Demonstration Association in Galveston

Mrs. Mary Ethridge was hostess for a birthday party honoring Mrs.

terday afternoon at the home of A. P. Hedrick Sunday afternoon in her parents, Mr. and Mrs. T., J. Mrs. Hedrick's home. August 25, 1960

Murray of Grassland. Many of the Cuban people now think Castro is mentally unbalanc-

Mrs. Annie Brown of Lubbock visited in the home of Mr. and Mrs. Eulas Brown the first of the week.

August 31, 1950 50 Years Ago

First meeting of the year for the Post Elementary-High Parent-Teachers association will be held at 3:50 o'clock next Thursday afternoon, Mrs. Paul Jones, president, announced,

Mrs. R. E. Cox will be hostess for a meeting of the Needlecraft club in her home at 4 o'clock tomorrow afternoon.

J. J. Wells was honored with a party on his birthday, August 30. Mrs. Wells and their daughters were hostesses. A feature of the evening was a string band.

Bud Short left Tuesday morning to join the Navy.

Shirley Schmidt arrived home Tuesday from a visit with her grandmother in Houston, She will leave tomorrow to enter Texas Tech.



FLORENE KING (center) was honored by the Post High School annual staff in recognition of her 30 years of teaching here. Year book editor Roger Adams (left) and sponsor Janie Davis join in presenting a special copy of the yearbook

From The Post Dispatch, August 15, 1990



AFTER THE SWIM AND WATERMELONS

Twenty members of this season's Babe Ruth League teams are shown at the City - County swimming pool just after they had finished an end-of-season swimming party and water-? melon feast. At extreme right, back row, is Ben Howell, manager of the league champion; White Sox, sponsored by Edwards Appliances.—(Staff Photo.)



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Jayta Cravy, Rodney Tidwell, Father

Malcolm, First Baptist Church, Elemen-

tary and High School and Hudman Fu-

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Post Group of Alcoholics Anonymous Meets every Thursday night at the First Presbyterian Church, 901 West 10th at 8 p.m. Closed meetings are held except on the last Thursday of the month, which is an open meeting. Door opens at 7 p.m. and the meeting starts at 7:30 p.m, cake and coffee following the meeting. Anyone who wishes to talk or ask about an alcohol problem, call 495-4152, 495-4185 or 629-

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Lunch Menus

Trailblazers

Monday, September 11 Polish sausage, cabbage, mashed potatoes, tossed salad, cornbread and pumpkin bars.

Tuesday, September 12 Turkey, dressing, green beans, macaroni and cheese, wheat roll, orange sections and chocolate cake. Wednesday, September 13

Pork chops, mashed potatoes, cream gravy, mixed vegetables, coleslaw, apple sauce and raisin bread. Thursday, September 14

King ranch chicken, 3 bean salad, Mexican spinach, tortilla chips and banana pudding.

Friday, September 15 Baked ham, navy beans, carrots and zucchini, tossed salad, cornbread and pineapple cake.

Post ISD Monday, September 11

Breakfast: Cinnamon toast, sausage link, fruit and choice of milk. Lunch: Fritopie, Ranch Style beans, broccoli, cornbread, apple crisp and

choice of milk.

Tuesday, September 12 Breakfast: Biscuit and gravy, ham, fruit and choice of milk. Lunch: Chili dog, French fries,

greens, frozen yogurt and choice of milk. Wednesday, September 13 Breakfast: Malt-o-meal, sausage,

fruit, toast and choice of milk. Lunch: Manwich, salad, peaches, cookie and choice of milk. Thursday, September 14

Breakfast: Muffin, sausage link, fruit and choice of milk. Lunch: Steak fingers, gravy, whipped potatoes, green beans, hot

rolls, jello and choice of milk. Friday, September 15 Breakfast: Cereal, fruit, toast,

grape juice and white milk . Lunch: Fish, macaroni and cheese, carrot sticks, peas, hushpuppies,

Southland ISD Monday, September 11

Breakfast: Cereal, toast, juice and

apple slices and choice of milk.

Lunch: Chicken noodle soup, salad, carrot and celery sticks, cake and

Tuesday, September 12 Breakfast: Biscuits, gravy, fruit and milk. Lunch: Steak fingers, scalloped

rolls, cookie and milk. Wednesday, September 13 Breakfast: Waffles, sausage, juice and milk.

potatoes, gravy, mixed vegetables,

Lunch: Meatloaf, corn, cream potatoes, fruit and milk. Thursday, September 14 Breakfast: Cereal, Graham

crackers, fruit and milk. Lunch: Dorito casserole, rice, beans, salad, pudding and milk. Friday, September 15

Breakfast: Blueberry muffin, juice and milk.

Lunch: Chopped BBQ sandwich, potato salad, beans, ice cream and

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The Susan G. Komen Foundation at www.breastcancer info.com.

Sound Solutions at www.bias oundsolutions.org.

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Movie Hints

Editor's Note: This column is strictly the opinion of the writer, and is provided from time-to-time for the enjoyment of our readers. by Wes Burnett

Well, during the summer our trips to the movie house were scarce, with our lovely granddaughters visiting and family reunions taking up a big chunk of our "free" time. Here's four we've seen lately:

· What Lies Beneath - This is one juicy thriller, and with two top notch actors... Harrison Ford and Michelle Pfeifer. The twists and turns keep you guessing, and the acting is superb. I highly recommend this one, but I don't think I'd take a child to it. As usual with this kind of movie, I had a few "claw" marks on my hand, a good sign that my movie partner was on the edge of her seat.

· Space Cowboys - Not an academy award winner, but certainly a fun movie. Good story, a bunch of great actors, and lots of action. Clint Eastwood directed this one, and had great help from his old pals James Garner, Tommy Lee Jones and Donald Sutherland. It was very entertaining.

· Autumn in New York - A neat romantic story, although a tad unbelievable. My friend Bill Kerns (Lubbock Avalanche Journal) rated this one with one star, but I liked it, mainly 'cause I just enjoy romantic stories I guess. It's about a young lady (Winona Ryder) suffering an incurable disease, falls in love with an "older" playboy (Richard Gere) and the two change each other.

• The Crew - Sometimes it looks like Hollywood producers duplicate each other with certain themes, and this is one of those times. The Crew features four old Mafia buddies in their retirement years. They come out of their boring lives and the slapstick is worth watching. Like Space Cowboys, The Crew is entertaining, but certainly not award winning material. There are some good laughs. Richard Dreyfus leads the old boys, which includes Burt Reynolds.

Golf course...

(Continued from Page 1)

Foun-

. 17

financial changes, he will be forced to close its doors.

Climbing operational expenses and a decline in customers have led to tough times, and advice from Bartlett's accountant and banker is to shut down the business. But Bartlett, knowing what the loss of the golf course will mean to the community, is reluctant to follow the suggestion.

Instead, he has planned what he is calling a "membership drive" — that is, membership in the golf course at an annual cost of \$130, plus \$30 per

Bartlett estimates it will take 40-50 "members" to generate enough income to pay the expenses on the 9-hole golf course and keep it open. In addition to offering "memberships," Barlett will drop the senior citi- in Dayton, Tn. Vera & Lynn Seals are

zens rate of \$20 per month. It's not something he wants to do, he said, but an act he feels is necessary to keep the golf course open. Bartlett is concerned the closure of the golf course will not only impact the the museum and like it. Hope to come

community, but also golf athletes in the Post ISD. Post High School golfers, back someday. who traditionally fare well at all levels of competition, would be forced to travel to Slaton or Tahoka each day to practice their sport.

For details concerning the membership drive, stop by the golf course or everything. I've received a lot less info call Bartlett at 495-3029.

The Post Dispatch 495-2816

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Keeping the rhythm for the Pride of Post Band last Friday night at Hamlin were percussionists (left to right) Ashley Mason, Anthony Merrell and Jeremy Payne. (Photo by Jerry Taylor).

MDA says thanks

million volunteers worked Labor Day

weekend to help "my kids." Yet, all our

hats are off to you Post residents for

phoning in pledges to the Telethon on

'Fill-the-Boot" drives and other local

MDA events. Your caring gives

tremendous support to children and

adults in Texas and to families across

Thanks to you, MDA maintains 230

Health System in Lubbock. These

experts dedicated to giving life-

neuromuscular disorders which affect

nationality. You'll be interested to know

that the breakthroughs being pioneered

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lead to therapies for heart disease,

cancer, AIDS, Alzheimer's,

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For more information or to get

involved, call your local MDA office at

(806) 793-5632, MDA national

headquarters at (800) 572-1717, or visit

Jerry Lewis, MDA National

www.mdausa.org.

Chairman, 520-529-5317

muscle-wasting diseases.

and contributions.

Letters to the Editor

Letters to the Editor Policy: We require all letters to be signed however, names may be withheld from publication by request. Letters may be edited for brevity, grammar and punctuation.

Editor's Note: The following are examples of comments on the Caprock Cultural Association web site www.posttexas.com

From: K.Mensing: "Just wanted to drop a note to say hello to you all in Post, Texas. I think your web site is very interesting. I'm employed at LIU's Post Campus located on the former Long Island estate of Marjorie Merriweather Post.

From: Richard & Sherry Robinson & KLBK-TV, for supporting fire fighter family: "My family lives in Post. I live my aunt and uncle. The Morris's are my mother's family. We have visited

No Name: "Big web site for such a small town, I think you covered almost from much bigger communities."

From: Sue Fletcher: "Have enjoyed enhancing care to people challenged by being a part of Post Old Mill Trade Days for almost 4 years!"

No Name: "There's no place like home, there's no place like home, there's no treatments and cures for devastating place like home.

No Name: "The people in Post are so people of all ages, both sexes and every kind and considerate. My husband's family is from Post, and we visit every year for the Braddock family reunion. This year it is July 8-9. We will miss the Old Mill Trade Days, but Post is always a nice place to go. Thank you for the web page. God bless."

From: Debbie Bain: "JoAnn, I really ike your web site - I can't believe you've lone so much work!" (Gee, Thanks,

Band important too

When we arrived at last week's football game, we were very disappointed to see the preferencial disappointed to see the preferencial treatment given to the team by way of Arthritis Pain a charter bus while the band and cheerleaders had to ride "yellow dogs". It is just as long of a trip for them in the heat as it is for the team.

I seem to remember, a couple of years OCALA, FL. -- An ingredient used to I knew we could count on the ago, that the school stopped publishing treat inflammation in thoroughbred wonderful folks of Post! Thank you for reason given was that the legalities of safe and effective for human use. The helping the Jerry Lewis MDA Telethon the matter prevented it due to ingredient has been formulated into a raise a record \$54,610,289 in pledges discrimination. Low performing product called ARTH-Rx™ and comes Hundreds of celebrities and nearly a students might feel bad about not being included.

I feel that "the shoe is on the wrong foot" because we need to encourage the high performing students and maybe in the treatment of painful disorders the low performing students will improve to get the recognition.

But as for the discrimination... aren't we discriminating against the students backache and more. other than the team members who participate in the ballgames when they works by intercepting the pain meshave to ride the old school buses while the team rides a charter bus?

clinics, including the clinic at Covenant havens of help are staffed by top medical the cheerleaders, band and fans are to lieved in the affected area because the a winning team. So why don't we put our money where our mouth is and let all participating students ride in market with Neurocaine and is available Thanks to you, MDA will continue to comfort? Either that or none of them in a convenient, pleasant scented rollaccelerate worldwide research seeking

students is that you don't need to earn pany, ARTH-Rx is available in pharmaany recognition by doing good work - cies, nutrition stores, and even some just be on the popular team and you'll feed stores. ARTH-Rx can also be orget the preferencial treatment. dered by calling 1-800-729-8446. ©2000 PGC Discrimination is OK when it is for the ARTH-Rx is available at popular group.

name withheld by request

daughter, she is perfectly happy.

As long as woman can look ten years younger than her own

-Oscar Wilde

(Continued from Page 1)

Mitchell, supported by Post ISD board of trustees president Jeff Lott and superintendent Dr Bobby Bain, pointed out that the golf course is important to the school and student ath-

The cost of the 328 acre course with house, shed, club and equipment would be \$310,000. Mitchell recommended the city apply for a grant to offset the cost.

The council approved an ordinance to repeal all previous ordinances related to alcohol control in the city limits. The resolution recognizes that the state law controlling alcohol consumption supersedes city ordinances.

The council adopted the Fiscal Year 2001 budget and set the tax rate at \$.42 per \$100 valuation on property. Senior citizens will get a tax break with the council's approval to increase the homestead exemption to \$10,000 for those property owners over 65

years of age. Stephens reported that 14 structures have been identified for demolition. He explained the procedures, including notification and legal action necessary before structures can be demolished.

Mystery Solved

Horse Liniment is the secret!

the honor rolls in the newspaper. The racehorse legs, is now recognized as in a strength designed for humans. Researchers are excited and say the formula can relieve arthritis pain for millions.

Developed by the Phillips Gulf Corin the treatment of painful disorders ranging from minor aches and pains to more serious conditions such as arthritis, bursitis, rheumatism, tendonitis,

Scientists suggest that ARTH-Rx senger substance that sends pain signals to the brain. Although the mech-Everyone always says how important anism is not totally clear, pain is repain signal actually disappears.

ARTH-Rx is the only product on the on applicator without a prescription. Ac-I guess the lesson we are teaching the cording to a spokesperson for the com-

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AND NOW AVAILABLE. Arth-Rx Oral with Glucosamine and Chondroitin "miracle ingredients" revealed in a best selling Arthritis book.

Cattle sales reported at Graham

Receipts 998. Holiday run receipts include 391 packer cows, bulls, bred hfr, \$87; 375# blkwf hfr, \$94. cows and pairs, 85 yearlings and 522 calves. Packer cows were \$1 lower. bull, \$94; 885# cnr cow, \$30. Packer bulls \$1 lower with five packer buyers here. Bred cows were steady. Pairs were stronger on the best kinds, 200 to 400# heifers were \$1 to \$2 lower, bull, \$85; 625# red bull, \$107.50. 400 to 600# heifers were \$1 lower, 600 to 400# steers were \$2 lower, bulls \$2 lower. 400 6o 600# steers were \$1 to \$2 lower, bulls \$3 lower, 600 to 800# steers 475# brfrd bull, \$85. were \$2 lower, bulls steady. Buyer attendance was good, bidding \$80.50; 625# blk str. \$81. moderately active with buyers here for all classes of cattle. Our best quality cow, \$34; four older cows, 1240#, \$35.50. calves and the calves with 1/2 Brahama influence all sold steady to \$2 lower. No rain reported from any of our northern buyers. We have several cow sell outs \$80; 505# blk bull, \$97.50. selling next week.

Representative sales: Frank Perry, Throckmorton, 425#blk hft, \$94; 640# blk hfr, \$78.

Don King, Fort Worth, six hrfrd hfrs 396#, \$83; 16 Hrfrd hfrs, 469#, \$83.50. Kevin Barnett, Graham, 810# red hfr, \$70; 1155# cnr cow, \$38.

Max Self, Poolville, 460# red bull, \$84; 325# redwf bull, \$112.50. Jolene Jones, Loving, four Limy strs, 421#, \$99; five blk strs, 397#, \$87.50. Wilmer Crum, Mineral Wells, 395#

blk hfr, \$95; 355# blk bull, \$112.50. Bruce Bellah, Elbert, 450# blk str, \$96; 375# blk bull, \$100. D.R. Sloan, Newcastle, three blkwf

hfrs, \$88.50; five blk strs, 397#, \$103. Mark McAdams, Aledo, three fancy - old blk prs, 1380#, \$950.

Luren Campbell, Olney, 490# redwf Jim Lane, Breckenridge, 410# Char

Shane Logan, Weatherford, 570# brn hfr, \$81; 685# blkwf hfr, \$75.

J.W. Blackstock, Newcastle, 560#red

C.D. Duncan, Breckenridge, three to 800# heifers were \$1 to \$2 lower. 400 red prs, 1450#, \$780; 1890# pkr bull,

> Juda Ming, Olney, 530# red hfr, \$79; Pat Kinder, Bryson, 575# redwf hfr,

Kenneth Mitchell, Strawn, 1310#crn

W.B. Hurford Jr., Bryson, 535# Char hfr, \$82.50; 495# Char str, \$94. Cecil Hawley, Moran, 425# blk hfr,

Juston Glover, Graham, two blk prs, 1155#, \$700; five blk prs, 1293#, \$715. R.B. Perry, Throckmorton, 555# blkwf str, \$88; 430# blkwf str, \$107.

Will Warren, Breckenridge, 1090# Char pr, \$650; 660# blk bull, \$77. J.A. Brogdon, Millsap, 585# Char bull, \$78; 420# blkwf bull, \$85.

Deward Leatherwood, J/boro, 1135# crn cow, \$33; 490# blk bull, \$83. Sale every Monday starting at noon.

Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you too, can become great. -Mark Twain

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Co. Sheriff	30,131	780	0	31,035	840	0
Co Tax A/C	25,702	840	0	26,473	900	0
Co Treas	28,000	480	0	28,840	540	0
Co Clerk	25,383	960	0	26,144	1,020	0
Justice Peace #1	21,949	1,140	0	22,607	1,200	0
Justice Peace #2	21,949	960	0	22,607	1,020	0
Cons- table #1	17,000	120	(Lake Patrol) 10,000	17,810	180	(Lake Patrol) 10,000
County Attorney	24,830	180	(State Funded) 16,950	25,575	240	(State Funded) 16,950
Comm Pct #1	20,863	360	. 0	21,489	420	0
Comm Pct #2	20,863	240	0	21,489	300	0
Comm Pct #3	20,863	600	0	21,489	660	0
Comm Pet #4	20,863	0	0	21,489	60	0

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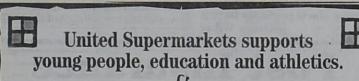
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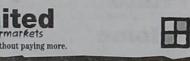


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Wyoming at Texas A&M North Texas at Texas Tech Arkansas at Oklahoma

Colorado at Southern California New England at NY Jets ____ Jacksonville at Baltimore ____

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Washington at Detroit ____ Tie-Breaker **Green Bay at Buffalo**

(Enter your guess of the actual score for each team)

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