Severe Weather? Tune in Post City Radio

Classic Cable Channel 17 For up-to-the-minute reports from Garza Response Team storm spotters LIVE

Old Mill Trade Days This weeken.

The Host Bispatch

74th Year Number 44 © 2000 The Post Dispatch

Newsstand Price 50¢

Thursday, March 30, 2000

City and school district elections may be cancelled

by Sheri Lewis

legally cancel their upcoming other candidates have filed. elections, thanks to a state law tax dollars.

and school district's May 6 elec- in hopes of reclaiming their spots, tion have closed. Each entity has but no other candidates have three open positions on its gov- filed. three open positions on its gov- filed. erning board to be filled in the election, and each saw a total of council members will consider a three candidates file for the open resolution at their April 4 meet-

- John Redman, W.G. (Bill) Pool the three unopposed candidates and Harold Craig - have filed the office holders.

accepted through 5 p.m. April 10.

2 at the hospital district facility.

board seats.

Four candidates

vie for two spots

on hospital district

Betty Nelson Striblin has filed as a candidate for the Garza Hos-

pital District board of directors, bringing the total number of can-

Two incumbents, David Tyler and Michael Travis, as well as chal-

lengers Striblin and Maria Berta Fuentes, have declared their can-

didacy in the election, which will determine who will fill two open

Candidate filings for the May 6 hospital district election will be

Early voting in the election will run April 19 through 5 p.m. May

The City of Post and the Post as candidates for the Ward 2, 3 Independent School District may and 5 positions respectively. No ISD board members are likely to

In the Post ISD, the three in- next regular meeting on April 11. designed to help such bodies save cumbents whose positions are open — Mark Short, Rex Cash Candidate filings for the city's and Diana Looney - have filed

On Tuesday, city officials said ing which, if approved, would For the city, three incumbents cancel the election and declare

April 4 District officials will meet Tues-

day, April 4, to open bids on the new gymnasium project.

School district officials said Post

consider the same action at their

New gym

Superintendent Dr. Bobby Bain said trustees will meet April 11 to award contracts to successful bidders, and dirt work should begin very soon after that.

The school district is working with Kim Houp Architects of Fort Worth and DSA Construction of Cleburne on the 29,000-squarefoot project, which is expected to carry a price tag of no more than \$2.6 million.

Funding for the gym will come from district monies. No bond issue will be required, according to district officials.

The structure will feature a brick face and sides, as well as a pitched metal roof. Once completed, it will have a capacity of about 950, which should easily accommodate graduations, assemblies and basketball games.



Drawing rave reviews and plenty of laughter at the Garza Theatre are "Boeing Boeing" cast members (back, left to right) Jeff Conner, Anna Wilson, Jeremy Danial, (front) Valerie Burelsmith, Tracy Polk and Mickie Klafka. The play continues this weekend, call the box office at 495-4005 for reservations.

Commissioners approve grant application for Courthouse renovation

The Garza County courthouse approve a grant application for "Basically it would be taking the vation Monday afternoon when sist with the project. county commissioners voted to

According to the county's appli- Dalby said. cation, county officials are seek- The structure, built in 1923, has funds to aid in a \$2.08 million grade. project which would see the As part of the grant application, courthouse rewired; the installa- the county must commit to pay tion of a new heating system; the 10 percent of the total cost of the addition of an elevator; and an overall facelift.

came a step closer to a total reno- \$1.7 million in state funds to as- courthouse back to its original condition," County Judge Giles

ing \$1.7 million in state grant never undergone a major up-

(Continued on Page 6)

Blood shortage prompts drive

Due to the national blood shortage, United Blood Services of Lubbock is experiencing an extremely critical need of all blood types. UBS is asking all eligible donors to act now. Because the shortage is nationwide, it is critical to draw blood locally.

"We are facing a critical situation and have no resource other than local blood donations," said a UBS spokesman. "The inventory for

emergency cases is very low, especially for types O+ and O-." The Post Church of God of Prophecy will host a blood drive Mon-

day, April 3, from 5-9 p.m. at the fellowship hall. For an appointment, call Jose Payano at 495-2006.

Post ISD to install sprinkler system at baseball park

The Post Independent School District's board of trustees agreed to install a sprinkler system at the city baseball field during their March 21 meeting.

Trustees agreed to erect a tank near the field and to pump water from South Lake to the pressurized tank, which would feed the planned irrigation system at the baseball field.

Earlier this month, school district and city representatives met to discuss a proposal which would allow the school district to handle maintenance of the baseball facilities. Both governing bodies agreed that as long as the arrangement did not disrupt youth baseball, softball and T-ball league play, it would be beneficial to both.

"The city has been very, very cooperative," said Superintendent Dr. Bobby Bain.

In other business, trustees:

 Following a closed meeting, extended the contract of Athletic Director Richard Gorman, giving him a two-year contract with the beginning of the next school year.

 Extended the contracts of the instructional staff. Accepted the resignations of middle school coach Madonna Sharon

Approved textbook adoptions for the 2000-2001 school year.

 Tabled action on the purchase of a freezer for the lunchroom. Paid bills and received a number of routine reports.

and middle school teacher Mr. Stone, who will be retiring.

Post Notes

Blood drive Monday

United Blood Services of Lubbock has scheduled a blood drive in Post on Monday, April 3 from 5 to 9 p.m. at the Church of God of Prophecy, 602 W. 14th St. For appointments contact Jose Payanoo at 495-2006.

Church sets inside sale Saturday

An "inside sale" and bake sale will be held Saturday, April 1 at the Church of God of Prophecy at 6702 W. 14th from 8 a.m. to 1

Reception honors artist

A reception Saturday and Sunday at the Algerita Art Center will honor artist Avery Lidsey. The public is invited to attend both days, Satuday from 10 a.m. to 5 p.m. and Sunday from noon to 4

Oral history workshop March 30

The Southwest Collection Library at Texas Tech University is sponsoring an oral history workshop March 30 from 8:30 a.m. until 4 p.m., with lunch served to participants. The project features training for people interested in collecting quality interviews and preserving history. Call (806) 742-3749 for more information and to register.

Magic of Sebastion Tickets

The Post Lions Club has started soliciting help from area businesses for its annual fund raising event, "Magic of Sebastian." The magic program will be presented May 6. Tickets purchased by businesses are distributed to children to attend the magic show.

Run-off elections set

The Democratic and Republican party primary run-off elections will be held Saturday, April 11, with early voting to be held April 3-7. Democrats will vote at the Norwest Bank Community Room with Republicans casting ballots at the old First National Bank Bldg on East Main Street in David Stelzer's office.

Summer recreation applications

Applications for summer recreationp program are available at the Elementary School office during school hours. The deadline for submitting applications is April 10.

Clean up, fix up, paint up in Post

The City of Post is sponsoring a voluntary campaign to promote Spring Cleaning around homes. Citizens are encouraged to clean any accumulated weeks or debris, including junked or abandoned cars. If you need assistance, call city hall at 495-2811.

Curfew public hearing March 30

A public hearing will be held Thursday, March 30 at 6:30 p.m. in the City Council chambers regarding a petition for imposing a curfew. Anyone wishing to express an opinion is encouraged to attend the public hearing.



"Good to Above Average Year"

"Chief" Frank Runkles points the ceremonial feather to the north, northeast indicating a "good to above average" year for agriculture. The traditional Taba'na Yuan'e ceremony was held March 22, a historical day, according to Runkles. "We've never had rain on Taba'na Yuan'e," he said. The rain forced the event under cover at the Post Stampede Rodeo grounds covered slab. Cold and rainy weather did not bother the hardy folks who witnessed the 27th Taba'na Yuan'e here. (See more on Page 8)



The Boy Scout movement was founded by Lord Baden-Powell of England. His army experiences convinced him that British boys needed more physical training and experiences in outdoor life.

Congratulations PHS U.I.L. **Spelling Team**

for your First Place District Win! **Good Look at Regional!** Terri Solis Meagan Mills **Tandi Humble** Jessica Mason

Coach Doris Giddens

Bee Hive Flower Shop

Brad & Penny Xane, Madison and Chloe 232 E. Main - (806) 495-1100

(800) 537-2099

Feagin, Bennett wed in March 11 ceremony

Jamie Feagin of Post and Randall Bennett of Lubbock were wed in a double-ring ceremony conducted March 11, 2000, in Post with Ed Hicks officiating.

The bride is the daughter of Robert Feagin of Plainview and LaGayluah McReynolds of Post. Parents of the bridegroom are Harry and Becky Bennett of Lubbock.

The ceremony was conducted in a setting filled with candelabra accented with tulle bows and pink, yellow and lilac silk flowers. Tulle pew bows were accented with silk flowers as well.

Given in marriage by her father, the bride wore a white satin empire waist wedding gown with a beaded bodice that led into a full satin skirt. The skirt featured a banded hemline beaded like the bodice and a three-foot train of white satin. The back of the dress was accented with a bow and a long row of tiny white buttons. The bridal bouquet, fashioned by Tim Tatum, featured featured a generous assortment of flowers of lilac, yellow and pink, accented with wisteria.

Luci Birdsong of Lubbock served as maid of honor. Bridesmaids were Betty Chisum and Kasey Bennett, both of Lubbock.

Best man was the groom's father, Harry Bennett. Groomsmen were Andrew Bishop and Josh Rhodes, both of Lubbock.

Serving as usher and candlelighter was Lance Nickens of Austin, cousin of the groom.

Music used during the ceremony included "Amazed," by Lone Star and "No Place That Far," by Sarah Evans. The bride walked down the aisle to "Because You Love Me," by Jo Dee Messina. The couple left for the reception to "Your Love Amazes Me" by John Berry.

The reception followed in the Hotel Garza, which was decorated with grapevines, Precious Moments accents, and lighted door faces decorated with tulle and grapevine and yellow, pink and purple silk flowers.

Members of the house party included Karen Palmer, Margie Maestes, Earline Bagby, Stephanie Smith and Delores Redman

Following a wedding trip to Anaheim and Los Angeles, Calif., the couple will reside in Lubbock.

The groom's parents hosted the rehearsal dinner at the Hotel Garza. The bride, a 1993 Post High School graduate, attended Lubbock Christian University where she received a B.S.I.S. in elementary education. There, she was listed in Who's Who Among American College Students and named to the Dean's List, 1994-1997. She is currently employed by the Lubbock Independent School District.

The groom is a 1994 graduate of Coronado High School. He is employed by Santa Fe Restaurants.

'About Face' open at **Buddy Holly Center**

G in Lubbock.

The event is sponsored by Supporters of the Fine Arts (SOFA) as its annual fund raiser.

with a cash bar and silent auction at John Hope.

'About Face, an exhibition of artist- were invited to create masks for the made masks, is presently on display exhibition. Participating artists this at the Buddy Holly Center, 1801 Ave. year include Future Akins, Jean Badger, Lisa Beaman, Lynda Billings, Karen O. Brown, Dana Campbell, Frank Cheatham, Jane Cheatham, Charise Davis Rives, Ken Dixon, About Face opened for viewing Jamee Eaton, Carol Fitzgerald, Tuesday. SOFA will host a reception Danielle Harmon, Leah Harper and

the center on Saturday from 6:30 to Also, Betty Hope, Carol Howell, 10 p.m. Entertainment at the event Jim Howze, Lahib Jaddo, James will be provided by the Eduardo Johnson, Marva Jones, Pat Maines, Alcavaga Trio. Proceeds from mask Cecily Maples, Chester Marston. sales will benefit future programs of Birgit McRae, Terry Morrow, Cynthia the Fine Arts Galley in the Buddy O'Conner, Omar Rodriguez, Myra Rodriguez, Jerry Smith, Doc Admission to the exhibit is free of Spellmon, Bo Tan, Steve Teeters, Larry Thompson and Dee Wolff.

Artists from throughout the region For more information, call 767-

Call Judy's Jabberin with your "jabberin" 495-2816

Judy's Jabberin' By Judy B. Bush

Boy this weather is really for going to the lake, not working don't you think?

The rain was wonderful and just maybe we will get a little more in the near future instead of six months or so.

Important Birthday

There is a very special lady that I love alot celebrating her 92nd birthday oday (Tuesday, March 28). To Willie Mae Dye, by the time you see this the day will have passed, but I hope you had a great time with your kids and most of all I hope you had a really

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Friday

happy birthday!! Summer Recreation (Don't forget)

For kids interested in enrolling in the summer recreation program, applications are available at the office in the Elementary building during school hours.

Deadline will be April 10th, so don't delay.

Breakfast Get-together

Last Saturday morning, Katherine Johnson hosted a breakfast for the "coffee bunch" and they all had a great time.

Those attending were: Lucille Bush, Velma Brown, Fannie Ballentine, Sherry Poole, Fidge Cravy and of course Katherine.

A special prayer: "Lord, here we are again, and we sure hope you are too" was the prayer used to open the second special session of the legislature

in 1986 which had been called to deal with shortages in the state treasury.

E-Mail

A Pastor went to his church office on Monday morning and discovered a dead mule in the church yard. He called the police. Since there did not appear to be

any foul play, the police referred the pastor to the health department.

They said since there was no health threat that he should call the sanitation department. The manager said he could not pick up the mule without authorization

Now the Pastor knew the mayor and was not to eager to call him. The mayor had a bad temper and was generally hard to deal with, but the Pastor called his

The mayor did not disappoint him. He immediately began to rant and rave at the Pastor and finally said, "Why did you call me any way? Isn't it your job to

The pastor paused for a brief prayer and asked the Lord to direct his response. Then, he replied "Yes, Mayor, it is my job to bury the dead, but I always like to notify the next of kin first!'

Happy Anniversary Trip

Harold and Jeneice Reno, along with their son Joe and wife Kay of May, traveled to San Antonio over the weekend to celebrate the 50th wedding anniversary of Bill and Melba Stone.

They returned to Brownwood on Sunday where Joe's children surprised him with a birthday party to celebrate his 50th. As I hear, it was a big blowout, but it would have to be to keep up with Joe!!

I know several other folks from Post attended the Stone's anniversary party. Let me know who you are!!

Birthdays this Week

Friday, March 31; Onieta Gunn, Alex Perez, Casey Williams and James Lee Morgan: Saturday, April 1; Patti Criswell, Briana James, Yvette Armedariz and Ethan Baldree: Sunday, April 2, Brother-inlaw, Mack Terry and Kayla Morris; anniversary; Susan and Pat Pennel: Monday, April 3; Tonya Dunn, Nichole Cruse, Kaitlyn Josey, Justin Gorman and Ricardo Tobias; anniversaries; Carrie and Rodney Meeks, Mike and Freda Harper and Randy and Jana McCallister: Tuesday, April 4: Marandia Palmer, Elizabeth Bacheco, Lydia Soto, Deloris Johnson, Marita Jackson and Jaquita Blevins: Wednesday, April 5, Jack Walter, Raul Salazar, Raymon Rodriquez, Jennifer Ferguson and Dee Pantoja; anniversary, Lori and Billy Parker: Thursday, April 6, Amanda Soto, Mike Taylor, Nathan Webb and Mandy Soto.

Missed last week: birthday, Francisca Sanchez, march 29 and she and husband Danny, celbrated their anniversary March 27.

....................................

On Paul Harvey this morning: Our future generations will look back at our law on drinking and driving and be amazed. It's against the law to drink and drive, yet all taverns have parking lots, most vans have 12 cup holders and when buying beer the first thing they ask you for is your driving licence! Go figure!!

Till Next Week

Hope you all have a great week end. This is Old Mill weekend so enjoy. I know for a fact they have some great talent lined up, check it 🥊 out. May God bless each of you and I'll see you next week.

Heroes Aren't Born. They're Trained. Save The Day. Learn CPR.

> HEART ATTACK & STROKE Read the signs. Raise a flag.

American Heart



Don't Be An April Fool!

The OS Ranch Shop has some exciting things happening on Apirl Fool's Day, Saturday, April 1.

> · Metal Art and Metal Furniture by Oliver Shadden (Custom Orders Taken)

· "Where Hearts Gather" cookbook signing by Susan Cannon (Great Gifts).

Meet New Manager Sherry Edmiaston

 Bridal Selection for: Lori Hudman and Lindsay Feagan (Bride Elect of Brandon Bird)

OS Ranch Shop

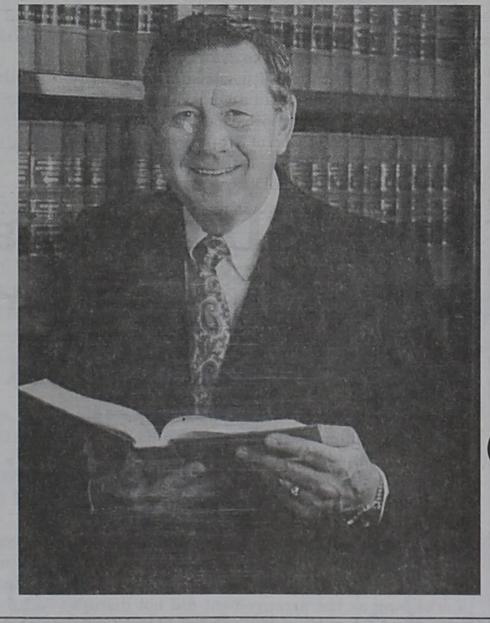
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Slaton 828-6545

deck of cards.

size of a ping pong ball.

is the size of a racquetball.

· A serving of meat is the size of a

· A serving of peanut butter is the

Aserving of cut fruit or vegetables

Thompson said Mexican food

lovers might be surprised to learn

that five tortilla chips makes a

"It always comes down to the

serving, adding up to 125 calories.

amount of food you are eating," she

said. "In the perfect world, people

would listen to internal signals and

only eat when they are hungry, sleep

when they are tired and stop eating

She recommends practicing

portion control by limiting what you

put on your plate and leaving the

rest in the kitchen. Tips on eating

out include sharing a dish with a

friend, ordering an appetizer instead

of a meal and having a house salad

before eating the main course. She

also suggests avoiding buffets

because the sight of the food triggers

a week to keep track of portion sizes.

By looking at that, a person can

determine where the cuts need to be

The small adjustment, Thompson

A good tip for those who want to

the desire to eat more.

Classified Ad Network

The whole plate of pasta would lose weight is to keep a food diary for

A serving of cheese is the size of said, will result in a big payoff.

when they are full."

Self-police your diet:

no more super sizing

At a time when super sizing is the

fast food restaurant norm, it's hard to

pass up the temptation of more for

yourself unnecessary calories and

weight gain. Eating healthier involves

not only watching what types of food

you eat but also how much you are

eating, said Sue Thompson, R.D.,

manager of Methodist Health Care

System's Institute for Preventative

Most Americans are accustomed to

large portions and don't realize the

healthy benefits of even slightly

reducing the amount eaten, she said.

For example, by cutting on thumb-

sized piece of meat out of your daily

diet, you would lose six pounds a year.

shocked if they saw their portions,"

she said. "A steak serving is not the 10

ounces you buy from the butcher or

get at a restaurant, but half of that."

consider a plate of spaghetti a serving,

when, in fact, a fist-sized portion of

probably add up to more than half of

your daily allotment of carbohydrates.

Here are some other comparisons that

Texas Statewide

can help you visualize what a portion made.

pasta is a serving.

three dominoes.

Or think about pasta. Most people

"The average person would be

Resist. Downsize instead and spare

your money.

Medicine.

'57 Classmates enjoy Ruidoso retreat

by Orabeth White

Wow! What a weekend! One big slumber party!

Seven special friends from Post High School Class of 1957 plus one mutual friend met in Ruidoso for a fun-filled weekend of visiting, recalling many wonderful memories and showing off grandkids' pictures.

The mountain home of the late Lester Nichols was the scene of the weekend retreat.

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On Thursday, Barbara Stone Tatum, Rexene Welch Pennell of Mineola and Orabeth Maxey White cash. were joined in Tatum, N.M., by Leslie Nichols McBride of Hobbs, N.M., and continued on to Ruidoso.

Friday morning, Leslie and Orabeth drove to El Paso International Airport to pick up Anne Osborn Gallegos of Orange, Calif. The group had not seen Anne in more than 40 years.

Friday evening, Barbara Wheatley Ethridge, Oneita Jones Gunn and Judy Bush, the youngster of the group, drove out to add their share of

Many hours were spent reading some of the famous "Antelope Echo" editions, looking at old pictures and

annuals. At one of the restaurants, the young waitress was so excited about the "reunion" and she asked if we had annuals way back then.

Three meals were eaten out by the ladies, one at the Lodge in Cloudcroft, one at the Inn of the Mountain Gods and one at Casa Blanca.

Shopping and hitting the hot spots, including the casino, were included in the trip. We found out that one of the group was a real "gambler," but won't say which one. No one came back to the cabin with any extra

Saturday evening we enjoyed the fireplace and Anne cooked homemade tortilla chips and salsa for us.

The highlight of the trip was all eight attending worship services together at the Gateway Church of Christ on Sunday.

Then it was back to the cabin for sandwiches on the deck where we watched the bluejays and a squirrel eat peanuts. We even saw a large

Then, reluctantly, we cleaned the house, packed and all left for home after a fantastic weekend renewing old friends, fun and much, much laughter. With eight women, you can imagine how much talking was done.



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> > Vibes call 495-4067

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Texas Agricultural Extension Service The Texas A&M University System

Extension Extras

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

County-wide 4-H Club Meeting

A county-wide 4-H Club meeting for all Generation H and Golden Clover 4-H families will be at 7:00 p.m., Monday, April 3 at the show barn. This will be a welcoming meeting for Greg Jones, new County Extension Agent-Agriculture. Each 4-H family is asked to bring two dozen cookies, drinks will be furnished. A Horticultural program will be presented by Christie

Ag Waste Pesticide Collection Programs

There will be free and confidential Agricultural Waste Pesticide Collection Programs April 3, 8:00 a.m. to 1:00 p.m. at the Scurry County Coliseum in Snyder, and April 5, at the Birdsong Peanut plant at Brownfield. Also includes acceptance of the following recyclables: lead acid batteries, oil, oil filters (2 drum limit), empty and rinsed plastic pesticide containers. For more information come by the Extension Office.

Lost & Found

Items found after stock show include three keys, a hair clip and a glass baking dish. These may be picked up at the Extension Office.

Letters to the Editor

Letters to the Editor Policy: We require all letters to be signed, however, names may be withheld from publication by request. Letters may be edited for brevity, grammar and punctuation.

Congrats to One-Act Play cast

I had the opportunity to view the District 3AA One-Act Play competition on March 25. Post High School's production of "The Miracle Worker" was very impressive. Being a parent of one of the cast, I know how many hours of practice and preparation (part of which was during spring break) by the cast and crew

Although they did not advance to Area Competition, they should be very proud of their performance. Candace Boling's hard work and dedication is to be commended.

Mary Edward

Births



Chloe Nicole

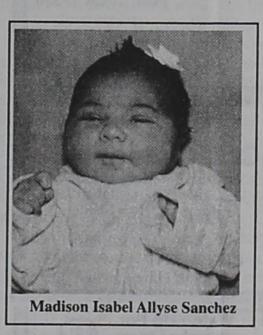
Cowley Jennifer, Mike and Alisha Reiter would like to announce the birth of their niece, Chloe Nicole Cowley.

Chloe was born March 19, 2000 at 2:16 p.m. at Lynn County Hos-

She weighed eight pounds, five ounces and was 19 and 1/2 inches

Proud parents are Bobby and

Pam Cowley of Post. Maternal grandparents are Kenny and Carla Reiter of Post. Paternal grandparents are Donnie and Debbie Cowley of Post.



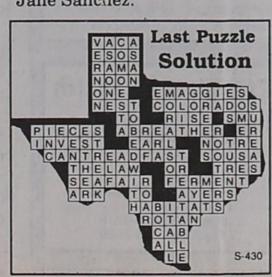
Madison Isabell Allyse Sanchez

Mr. and Mrs. Danny Sanchez are proud to announce the birth of their daughter, Madison Isabell Allyse.

Madison was born March 12, 2000 at Covenant Medical Center in Lubbock.

She weighed eight pounds, ten ounces and was 21 inches long. She was welcomed home by sisters Selena and Valerie.

Paternal grandmother is Pat Jane Sanchez.



Daniel Ryan Gomez

Christina Pearson and Art Gomez are proud to announce the March 7, 2000, birth of their son, Daniel Ryan Gomez, at 7:44 a.m. at Covenant Hospital.

The baby weighed seven pounds, six ounces, and was 21 inches in

He is welcomed home by his big brother, Christian Pearson.

Maternal grandparents are Sandra Pearson of Post and the late Kent

Paternal grandparents are Marciano and Maria Gomez of New



Daniel Gomez

Employee Perks That Pay Off Many companies offer benefits to attract and keep good employ-

Tax 'n Facts

by Terri Cash

ees. The best plans are those that don't cost the company very much. Consider, for instance, cafeteria plans and flexible spending

arrangements. Under a cafeteria plan, employees can pick and choose among various options to spend the employee benefit total the company offers. If a worker doesn't need full medical coverage-perhaps a spouse has it-he or she can choose another benefit, perhaps education assistance or dependent-care assistance. The cost is the same, but the employee

Flexible spending accounts permit the employee to pay for medical expenses not covered by insurance or childcare or other options with pretax dollars. It costs the company nothing more than simple administrative expenses-but the employees benefit.

Other low-cost perks include supper money and cab fare when working late or small gifts for personal events.

We've got good ideas for small-business owners. Talk with us at

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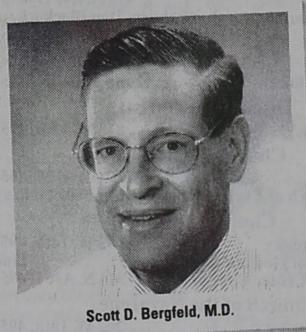
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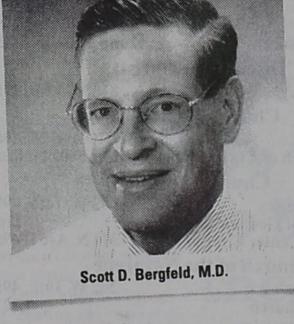
Terri Cash Post, Texas

5202 Indiana, Lubbock, Tx.

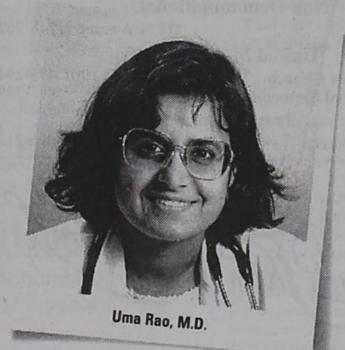
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Practitioner, Isabel Rodriguez. She will be leaving her position and moving to Lubbock. Patients of Isabel Rodriguez can Continue treatment with Scott D. Bergfeld, M.D.



Covenant Family Healthcare Center

announces the relocation of Family Nurse

and Uma Rao, M.D. Medical records will remain

at the clinic. Call for an appointment today and

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Scott D. Bergfeld, M.D. Board Certified, Family Practice

Uma Rao, M.D. Board Certified, Internal Medicine

Hours: Mon. - Fri. 8:00 am - 6:00 pm Saturday Hours: 8:00 am - 12:00 noon

Obituaries

Emmett Shedd

Services for Emmett Shedd, 71, of Post were held at 3 p.m. Sunday, March 26, 2000, at the Church of God of Prophecy with the Rev. Jose Payano, pastor, and the Rev. Oscar Newdiger of Brownfield officiating. Burial followed in the Terrace Cemetery under the direction of the Hudman Funeral Home.

He died Friday, March 24, at Covenant Medical Center.

Born May 25, 1928, in Lometa, he married Doris Partlow Dec. 19, 1953, in Post. She died Sept. 11, 1997. He was a retired pumper for George R. Brown Partnership and a member of the Texas Archeological Society.

Survivors include two daughters, Terry Robison of Ranger and Penny Mahan of New Deal; two sons, Joe Shedd of Levelland and Mark Shedd of Wimberley; one brother, Delbert Shedd of Trussville, Ala.; two sisters, Onella Snow of Hodges, Texas, and Laverne Soules of Sundown; 16 grandchildren; and six great-grandchildren.

He was preceded in death by one son, Devin Shedd, in 1956.

Lunch Menus

Trailblazers

Monday, April 3, 2000 Baked ham, corn, fried okra, salad, biscuit and peach cobbler.

Tuesday, April 4, 2000 Roast beef, brown gravy on toast, tator tots, zucchini, salad and cake. Wednesday, April 5, 2000 BBQ chicken, butter beans, squash, wheat roll and lemon pudding.

Thursday, April 6, 2000 Taco Salad, pinto beans, stewed tomatoes, apricots and oatmeal

Friday, April 7, 2000 Catfish, potato salad, spinach, sliced tomatoes, cornbread and cake.

Post ISD

Monday, April 3, 2000 potat Breakfast: Breakfast pizza, orange milk. juice, fruit and milk. Lunch: Corn dog, French fries,

mixed vegetables, pears and choice and milk.

of milk.

Lunch: Tuesday, April 4, 2000 Breakfast: French toast, sausage

link, fruit and milk. Lunch: Manwich, salad, sliced and milk. peaches, cookie and choice of milk. Wednesday, April 5, 2000

Breakfast: Malt-o-meal, Canadian bacon, toast, fruit and milk.

Thursday, April 6, 2000 Breakfast: Muffin, sausage, fruit

Lunch: Tamales, pinto beans, salad, M & M's and choice of milk. Friday, April 7, 2000 Breakfast: Cereal, toast, fruit and

Lunch: Cheeseburger, H.B. salad, tater tots, fruit roll-up and choice of milk.

Southland ISD Monday, April 3, 2000

Breakfast: Cereal toast, and milk. Lunch: BBQ rib sandwich, potato salad, beans, jello and milk. Tuesday, April 4, 2000

Breakfast: Biscuits, gravy, fruit Lunch: Hamburger steak, creamed potatoes, salad, peach cobbler and

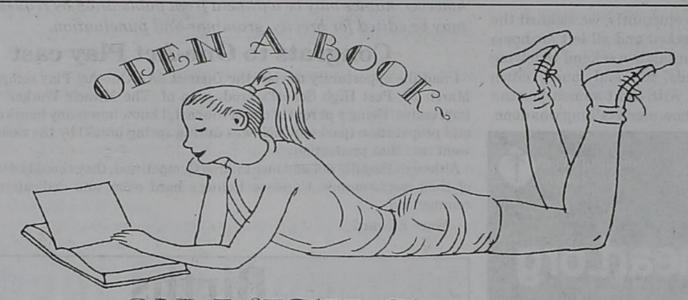
Wednesday, April 5, 2000 Breakfast: Breakfast burritos, juice

Lunch: Fish, cole slaw, fries, blushing pears and milk.

Thursday, April 6, 2000 Breakfast: Breakfast pizza, fruit

Lunch: Beef enchiladas, rice and beans, cake and milk. Friday, April 7, 2000

Garza County officials joined South Plains Community Action Association representatives last week in dedicating a new bus. W.D. Powell Jr, executive director of SPCAA opened the dedication.



Golden Plains

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WITH THE SHOW!

Grisham named national winner

The United States Achievement Academy has announced that Jarrad Grisham from Post Middle School has been named a United States National Award Winner in English.

The award recognizes fewer than 10 percent of American students.

A member of the National Junior Honor Society, STARS, Garza County 4-H, Fellowship of Christian Athletes and the Methodist Youth Group, he is an active member of the seventh grade football team, basketball team and track team. He enjoys snow skiing, water skiing, jet skiing, hunting and fishing.

Grisham was nominated for the honor by Pam Humble. As a winner. his name will appear in the United States Achievement Academy official yearbook, which is published nationally.

Make a memorial through ALA

The American Lung Association of Texas can dedicate a memorial in the name of a loved one.

Memorial gifts help the Lung Association prevent lung disease and improve the care for those who suffer from it.

Gifts can also be dedicated to someone who has decided to quite smoking or in honor of a special birthday or anniversary.

For more information on how to make a dedication, contact the ALA of Texas at (800) LUNG-USA.

Breakfast: Cereal, Graham Saturday April 1, 2000 Lunch: Chicken nuggets, gravy, crackers, fruit and milk. whipped potatoes, green beans, hot Lunch: Cheeseburgers, fries, rolls, pudding and choice of milk. lettuce and tomatoes, ice cream and 9:00 A.M. milk.

Personal Reflections Photography

Community Center Rotary Room Call 495-3244 for more information

The Post Dispatch 495-2816

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315 W. Main, 495-2416

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Justiceburg, Don Blackock, pastor

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Assembly of God

First Assembly of God (Spanish)

Bapti-t Calvary Baptist Church

First Baptist Church First Baptist Church, Wilson Pleasant Home Baptist Church

Templo Bautista **Trinity Baptist Church** Justiceburg Baptist Church Hwy 84 & North 399 - (806) 828-4174 Pleasant Valley

Catholic Holy Cross Catholic Church Ave. K and Main St., 495-2791 Disciples of Christ

812 W. 13th, 495-3716 First Christian Church **Church of Christ**

108 N. Ave. M, 495-2326 **Church of Christ** Graham Chapel Church of Christ 5 miles W. Hwy 380, 2 miles south Church of God

602 W. 14th, 495-3644 Church of God of Prophecy Power House Church of God and Christ Pine Ave. Lighthouse Christian Center Church of God 314 N. Ave I, 495-2237 Church of the Nazarene

202 W. 10th, 495-3044 Church of the Nazarene 327-5656 Grassland Nazarene Church Non-Denominational

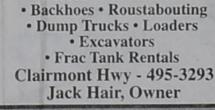
111 N. Avenue I, 748-7623 Church on the Go

United Methodist 216 W. 10th, 495-2942 First United Methodist Church 495-3492 Graham Chapel United Methodist Church

Presbyterian First Presbyterian Church

910 W. 10th, 495-2135





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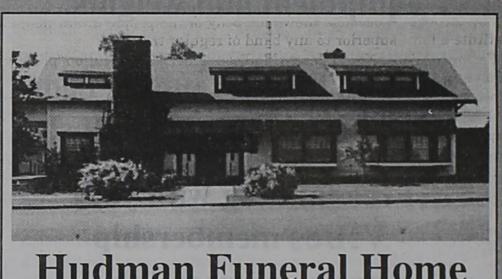
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KIDNEY FAILURE

The kidneys are one of the most important organs in the body. Their many functions include maintaining the chemical and fluid balance of the body, clean waste material from the body, stimulate red blood cell production and help regulate blood pressure.

The kidney is a tough organ that can function to the bitter end. We can in fact, live very comfortably and safely with just one kidney. This does not mean that it is indestructible. There are many things that can quickly, or over time destroy the kidneys, sometimes with little warning. As the kidneys become impaired they can no longer adequately filter the waste products or regulate the body's fluids. These waste products accumulate in the blood and tissues causing the person to swell and feel ill

Acute renal failure is sudden, usually short-term loss of kidney function. Causes include infection, dehydration, trauma or shock to the body, some medications and poisons. Chronic renal failure is a progressive, irreversible deterioration of the kidneys over months or years. The main causes are uncontrolled high blood pressure and uncontrolled diabetes. Other causes are infections, drugs and some kidney diseases.

Symptoms of kidney failure include; nausea and vomiting, weakness, chest pain, elevated blood pressure, confusion and restlessness. These are caused by the kidney being so damaged it can no longer filter the waste products from the body.

If your medical provider suspects renal failure they will run many tests to determine the cause, these may include; frequent blood pressure checks, blood and urine tests, x-rays and ultrasounds, possibly a biopsy of kidney tissue.

Treatment depends on the cause of the failure. Antibiotics, steroids, vitamins, surgery and regulation of diet are sometimes used. As the failure progresses an artificial means of extracting the waste products from the body called dialysis is used. This continues for the rest of the person's life, unless they have a successful kidney transplant. Which are few and far between.

MICHAEL TRAVIS PA-C. UMC EMERGENCY CENTER

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Opinions



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by Walter E. Williams

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exploit the emotions of uninformed American people for

Unfortunately, most Americans don't have the foggiest notion of why the Framers of the Constitution, through the Second Amendment, guaranteed our right to keep and bear arms. Our leftist establishment would like us to believe the Second Amendment was written to protect our

duck- and deer-hunting rights. Don't take my word—read what was actually said during the constitutional debates. Thomas Jefferson said: "No man shall ever be debarred the use of arms. The strongest reason for the people to retain the right to keep and bear

arms is, as a last resort, to protect themselves against tyranny in government." Tench Coxe, assistant secretary of the treasury (1789), said, "The unlimited power of the sword is not in the hands of either the federal or state governments, but, where I trust in God it will ever remain, in the hands of

Noah Webster said, "The supreme power in America cannot enforce unjust laws by the sword, because the whole body of the people are armed, and constitute a force superior to any band of regular troops."

the advantage of being armed which Americans possess over the people of almost every other nation, the existence of subordinate governments, to which the people are attached ... forms a barrier against the enterprises of ambition

debates. Here's my question to you: Which one of those statements sounds like the Framers had deer- and duck-hunting in mind when they wrote the Second Amendment?

The Framers gave us the Second Amendment so we could have at least a last-ditch fighting chance against government encroachment on our liberties.

Whenever there's a tragedy involving gun use, Bill Clinton, Al Gore, the Who are the people who desperately want to disarm law-abiding Americans? gun-control lobby and the news media seize it as another opportunity to The answer doesn't require rocket science to figure that one out.

> The strongest advocates of gun control are the very people who seek greater and greater control over our lives. They're the people who want to take away our rights to property, freedom of speech and religion, and other liberties. They're cowards and want to feel safe doing so

> They figure if we're first disarmed they can trample over our liberties with impunity. If these people had guts and a modicum of respect for the Constitution, they'd seek repeal of the Second Amendment. Instead, they pursue an agenda to repeal it by stealth.

> The latest attempts are the suits against arms manufacturers for crimes committed with guns. Last week, gun manufacturer Smith & Wesson caved in to this pressure by signing a voluntary gun-control agreement with the Clinton-Gore administration.

> That "voluntary" agreement seeks to force arms manufacturers to do what today's laws do not require and create an "oversight commission" to ensure compliance. Arms manufacturers Glock Inc. and Browning refused to sign

the agreement. In response, New York's Attorney General Eliot Spitzer told them, "If you do not sign, your bankruptcy lawyers will be knocking at your door." That kind of official threat is an indication of just how bold and emboldened In Federalist Paper No. 46, James Madison said the Constitution "preserves" America's tyrants have become in the wake of our acquiescence — threatening destruction of people who refuse to go along with "voluntary" agreements.

We Americans have set dangerous precedents. We can rest assured that those pushing for gun control have no intention of stopping short of total gun confiscation. At some point, we who cherish liberty must summon the Numerous sentiments like these were expressed during the constitutional courage of our forefathers and tell America's tyrants, "Give me liberty, or give me death!'

The longer we wait, the greater the ultimate bloodshed.

To find out more about Walter Williams, and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate web page at www.creators.com.

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The Eisenhower enigma

by Vin Suprynowicz

When Robert A. Taft stepped aside (more's the pity) in 1952 and allowed dangerous and unconstitutional usurpations of the "Progressive" Wilson Dwight David Eisenhower to claim the GOP presidential nomination era (I recently asked historian Jeff Hummel, author of "Emancipating unchallenged, it was only on Eisenhower's personal promise, man-to-man, Slaves, Enslaving Free Men," who lists Eisenhower among the nation's 10 that Eisenhower would keep GOP platform promises (dating back to '36) to roll back the Roosevelt welfare state, and especially that he would trim back the harmful misallocation of resources to the massive peacetime military-industrial complex.

Eisenhower broke those promises with a sneer. Though no one would have taken the general for a member of the Psychic Friends Network, he did have sufficient military experience — with an emphasis on production capacity and logistics — to have applied at least (start ital)some(end ital) skepticism to the vastly overblown CIA estimates that Russia (by then a well known is his impact on real military spending. ... slave state held together with baling wire and patch-welds) was about to become more economically powerful than the U.S.

his putter (at best) while red-baiters like Nixon and Tailgunner Joe McCarthy savaged the First Amendment, and the Dulles brothers busied themselves overturning elected regimes and installing puppet tinpot dictators from Tehran to Managua.

This is not to minimize the evils of communism — that regime of mass every fellow traveler who ever grabbed for the fig leaves of "socialism," "progressivism," and "modest agrarian reform."

in the minds of an (initially) disbelieving world, from the Font of Freedom suggestion of Andrew Johnson is actually a strong one, because he did into The Cloaked Assassin in the Night? At the very least, I believe we can thank Ike for today's familiar and oppressive regime of airport metal detectors and strip-searches, fobbed off as "protection" against the hobgoblin states to set up their heinous system of Black Codes for the freed slaves. of "international terrorism."

Has anyone bothered to simply ask these (rare) rascals why they hate also fostered the backlash of Republican Reconstruction."

Most importantly, Eisenhower made no efforts (that I've been able to discern) to roll back the Roosevelt New Deal and implode some of its most counterproductive agencies, at precisely the time that a booming post-war economy and a public desire "to get back to normal" created the best historical opportunity to do so.

I blame Nixon and Ford and even Reagan for not doing more to roll back Washington City's burgeoning and extraconstitutional welfare/police state. But at least they had the excuse that "These agencies have been entrenched for 40 years. Their unionized employees now elect congressmen. Get real."

Eisenhower had no such excuse. Why should we assume Americans wouldn't have welcomed an announcement, shortly after the end of the Korean War, from Ike the calm and reassuring father-figure, that "The Great Depression is over. The Second World War is over. Even granting that our late, great leader President Roosevelt meant well and did the best he could in our time of trial, the voters have now rejected his faction and its collectivist, interventionist legacy. Just as we returned to normal in to normal in 1919, let us now systematically close down most of these dated Depression-era federal agencies of Messrs. Hoover and Roosevelt, with all their taxes and regulations so foreign to a free, peacetime America ..."

If Harding and Coolidge deserve credit for rolling back many of the

greatest presidents) why not hold Eisenhower responsible for failing to do the same in 1953-1956, when the best opportunity presented itself?

This week, Mr. Hummel replied:

"Taft indeed would probably have been a much more libertarian president than Eisenhower (though the comparison of Jefferson out of office and in office reminds us that our expectations can always be disappointed). I give Eisenhower high marks nonetheless primarily for his foreign policy, which you know I weight heavily. He ended the Korean war, as he promised. Less

"There are other ways in which Eisenhower moved to ease Cold War tensions (such as Summit meetings), all of which were reversed under Yet Eisenhower remains a curiously ominous figure, passively stroking Kennedy. Eisenhower also refused to get the U.S. too involved in Vietnam at the time of the French defeat.

"Yes, with respect to domestic policy, Eisenhower didn't do enough to roll back the New Deal. But at least there were few new statist initiatives, as there had been under Truman and would be again under Kennedy-Johnson. (The two worst exceptions are the acts creating the Interstate slavery and organized murder now stands hideously exposed, and with it highway system and federal aid to education, both passed as Cold War defense initiatives)," Mr. Hummel continued.

"Remember finally that these ratings are relative. Whom besides those But who can yet measure the long-term results of turning this country, I've put in the top 9 would you rank above Eisenhower? Your previous preside over significant post-Civil War demobilization. Yet he had almost no influence on that, while at the same time he encouraged the southern Not only was that a gross violation of civil liberties in and of itself, but it

Texas Constitution 2000

Based fundamentally on the principles defined in the American Declaration of Independence

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Section 1. The Texas Constitutional Convention secretary shall prepare a formal notification of the completion of the new constitution to the State of Texas Secretary of State. Upon approval by the convention, the notification and the adopted constitution shall be signed by all delegates present. The notification and a copy of the adopted constitution shall be delivered personally by officers of the Texas Constitutional Convention.

For a link to the entire constitution go to this web site: http://www.terf.com

To be ratified at county ratification conventions For more information or to volunteer go to this web site:

www.tcrf.com

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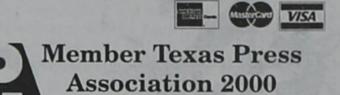
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It is the mission of this newspaper to promote the rights of indivdiduals, guided by the principles so eloquently described in the American Declaration of Independence. The right of life, liberty and ownership of property are the cornerstone for our freedom. Government's sole purpose is to enhance our liberty and freedom. Therefore, we hold every elected and appointed agents of government accountable to that standard.



What kind of Americans sit on our juries?

by John Silveira

In the early 1960s the late Stanley Milgram, a psychologist at Yale, conducted an experiment to gain insight into how ordinary Germans could have staffed concentration camps and sent millions to their deaths.

Here's how the test was set up: Participants were enlisted as "teachers" while others were enlisted as "learners." Each teacher was paired with a learner and the learners were to read a list of word-pairs. When the learner was given one of the words in a word-pair, he was to recite the other word. All the learner had to do was give the proper response, but if he failed, the teacher was to administer a shock. The shocks could be gentle, or severe. They ranged up to 450 volts. It was, to all appearances, a test to see how well the learners could learn with this "shock therapy."

But, in reality, the learners were not being tested at all. It was the teachers themselves who were being tested. The learning tests were rigged, the shocks were faked, and the learners cries of pain were phony. What Milgram wanted to discover was how willingly the teachers would administer pain. Most scientists didn't believe more than a small percentage of Americans would willingly inflict pain in such an experiment. What Milgram discovered was that, although some of the teachers did refuse to, many others—fully 60 percent—willingly administered shocks of greater and greater intensity and

Why were they willing to overlook the "pain" they inflicted on the hapless learners? They did this because they wanted to please the scientists conducting the experiment. It was, in other words, to please authority.

Here's my point: As soon as the judge in a courtroom asks jurors if they are willing to bring a verdict of guilty, if the prosecutor proves his case, even if they, the jurors, disagree with the law, the judge is taking the position of the scientist (Milgram) who conducted the test; the jurors are now in the position of the "teachers." Now, if Milgram's percentage held true, and fully 60 percent of the population would bring a verdict of guilty even if they felt the law was wrong-or evil-then that would leave the other 40 percent to vote their conscience. Since it only takes one dissenting juror to hang a jury, the likelihood of a guilty verdict being administered for violation of a bad law should be negligible.

As a mathematician, I can calculate the chance that there would be at least one person on a jury of 12 randomly selected persons who would vote his conscience and stand in the way of Americans being found guilty of bad laws. The chances are about 458 to 1 that the average jury would have at least one such person. With odds like that prosecutors should find it so risky to try people for violating bad laws that they would cease to prosecute them. Legislators should then find it necessary to rescind such laws. It is what the Founding Fathers of this country intended and it was the way the court system in this country originally operated.

But here's the catch: Today, judges ask jurors, "Will you bring a verdict of guilty, even if you disagree with the law?" All prospective jurors who say they would not bring a verdict of guilty when they feel the law is wrong are systematically excluded from juries all over America.

Then, the judge goes on to extract an oath from the remaining jurors (an oath that is nonbinding, though most jurors don't know it) to bring a guilty verdict if the prosecutor proves his case beyond a reasonable doubt, even though they may feel the law is unjust.

What this means is that if you yourself are on trial, your fellow citizens who have been allowed to fill the jury box are the "teachers" in Milgram's experiment who are willing to inflict pain, at your expense, to please authority-in this case the judge. Furthermore, if you yourself are seated on a jury, it is because the judge has already determined that you are part of

How does this make you feel? John Silveira is senior editor for Backwoods Home Magazine, http:// www.backwoodshome.com

that 60 percent that is willing to inflict pain, even when you know it's wrong.

Do the good have to be punished for the sins of the few?

by Wesley W. Burnett

Thursday night (3/30/00) there will be a public hearing regarding a petition calling for the Post City Council to impose a curfew on citizens based on their

This call for a curfew is nothing short of a direct rejection of the American Declaration of Independence, and makes a mockery of the principles upon which this great nation is founded. The very idea of restricting anyone's liberty based simply on their age is astounding.

I guess I should not be surprised, but I am curious as to why American citizens, who proudly wave the flag which is a symbol of freedom and liberty the world over, do not see the contradiction in their petition.

It used to be a solid American principle that a person is innocent until proven guilty. And that principle, embodied in the Fourth Amendment to the U.S. Constitution, was at one time a protector for people against abusive government.

It's a sad state of affairs that we have come to in this country, when we value the enforcement of city codes above the principles of liberty for which our ancestors fought and died.

I will attend the meeting Thursday evening, and I will try to persuade our city council members that their foremost obligation is to secure the rights of individuals guaranteed by our constitution. They did, after all, make an oath to that affect when they accepted their elected offices.

And I respectfully ask that those who support the restriction of liberty based on the age of individuals, to take another look at the U.S. Constitution, and quote to me that part which authorizes any government to arrest and detain citizens based on their age.

The same government that restricts young people, clearly then, has the power to restrict the liberty and freedom of people, of any age. Today it might be 17, but government ignoring constitutional authority can change that age to whatever it wishes.

I urge our elected officials to use some common sense and reject this petition to punish the innocent with the guilty.

Courthouse project

(Continued from Page 1)

project, but county officials agreed to bump that figure up to 15 percent. Dalby said county officials hope that by agreeing to pay 15 percent instead of the required 10 percent that state officials will give Garza County a better chance when applications are consid-

The county will fund its portion of the project through reserve funds, plus some revenues received through the operation of the new prison facility, Dalby said.

Deadline for the county's application is Monday, April 2, but Dalby said there is no timeline by which this proposed project can be

A total of \$100 million has been earmarked by the state for use in courthouse restoration. Funds will be administered by the Texas Historical Commission.



If you are thinking of getting a bird for a pet, consider the cockatiel. They're good whistlers, can mimic short phrases and have an average life span of ten to twenty years.





Post Antelope Spring Sports



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Golf Tennis Track

March 29 and April 5 **District Tournament**

March 31 **Post Invitational Meet** Post, Floydada, Idalou, O'Donnell

April 1 **New Deal Meet Antelopes & Lady Lopes**

Baseball

Fri., March 31 at Hale Center Tues., April 4 at Plains

VARSITY

March 30 6 p.m. vs Tahoka (here) Monday, April 3 - LCHS (here)

Junior Varsity

Middle School Track

March 30 - at Floydada

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The Post Dispatch

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Republican Candidate for **Garza County Sheriff**

Pd Pol Adv pd for by Jon Smith, 610 W. 4th St., Post, Texas 79356

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Golden Plains Care Center

Lopes finish fourth in Caprock contest

The Post High School varsity boys track team took a fourth place overall finish in the Caprock Relays held March 25 in Post.

Floydada topped the meet with a total of 154 points, followed by Colorado City with 100, Shallowater with 93 and Post's 57. Rounding out the field were Slaton, 50; Ralls, 31; and Roosevelt, 27.

Contest results for the Lopes included:

• Shot put — Crawford, 52'6" (record), first place.

• Discus — Crawford, 138'11" (record), first place; and Huff, 121'5", fourth place.

110 Hurdles — Radle, 16.18, second place; Silva, 17.74, sixth place.
100 Dash — Sims, 11.67, fifth place.

400 Dash — McCallister, 52.43, third place.
300 Hurdles — Silva, 45.61, fourth place.

• 1600 Relay — third place, 3:38.69.

8th grade Antelopes top Caprock Relays

The Post Middle School eighth grade boys track team bested all of their competitors in the Caprock Relays held in Post.

Post scored 166 points, followed by Lubbock Cooper with 143; Tahoka, 127; Slaton, 68; and Roosevelt, 34.

Kris Hernandez logged the only first place finish for the 'Lopes, taking it in discus with a throw of 120'8".

Second place finishes went to Adrian Loredo, shotput, 34'2"; 400 m relay, Langly Couch, Zane Marts, Josh Cross and Mitchell Mills, 49.8; 110 hurdles, Jerry Curtis, 20.18; 300 m hurdles, Carlos Hernandez, 51.35; 200 m dash, Zane Marts, 26.4; 1600 meters, Ricky Reyna, 5:42.94; and 1600 meter relay, Mark McCallister, Zane Marts, Josh Cross and Mitchell Mills, 4:09.39.

Third place finishes went to, in triple jump, Mitchell Mills, 32'3"; high jump, Josh Cross, 4'8"; discus, Owen Gilbert, 109'11"; 2400 meters, Ricky Reyna, 9:26.8; 800 meters, David Rivera, 2:39.86; 400 m dash, Kris Hernandez, 1:02.78; 300 m hurdles, Francisco Duran, 51.55; 200 m dash, Josh Cross, 26.48; and David Rivera, 1600 meters, 5:53.28.

Fourth place wins included, in shot put, Mark McCallister, 33'1"; long jump, Kris Hernandez, 16'1"; high jump, Brody Conner, 4'8"; 2400 meters, Carlos Hernandez, 9:43.7; 100 m dash, Mitchell Mills, 13.05; and 200 m dash, Manuel Menjares, 26.6.

Fifth places went to, in long jump, Manuel Menjares, 16'; 110 hurdles, Francisco Duran, 21.17; and 100 m dash, Manuel Menjares, 13.06.

Zane marts took sixth in high jump with a jump of 4'8". Mark Norman took sixth in the 800 meters with a time of 2:43.28.

Post 7th grade boys top meet

The Post Middle School Antelopes outscored all participating teams in the Caprock Relays.

Post racked up a total of 168 points, followed by Lubbock Roosevelt, 145; Lubbock Cooper, 111; Tahoka, 76.5; and Slaton, 49.5.

First place finishes included, in pole vault, Trent McDonald, 7'6"; 400 m relay, Israel Landa, Quinton Odom, Cody Marts and Jett Lott, 52.02; and 2400 meters and 1600 meters, Andrew Espinosa with times of 9:30.6 and

6:04.33 respectively.

Second place finishes included, in pole vault, Ryan Babb, 7'; discus, Steve Rivera, 83'; 110 m hurdles, Jerrad Grisham, 21.45; 300 m hurdles, Trent McDonald, 52.88; 200 m dash, Israel Landa, 52.88; and 1600 m relay, Quinton Odom, Cody Marts, Trent McDonald and Israel Landa, 4:22.52.

Taking third place finishes were, in long jump, Jett Lott, 16'2"; 2400 meters, Jesse Soto, 10:03.7; 110 hurdles, Eric Pederson, 21.83; 200 m dash, Jett Lott, 27.99; 1600 meters, Zachary Lopez, 6:11.81.

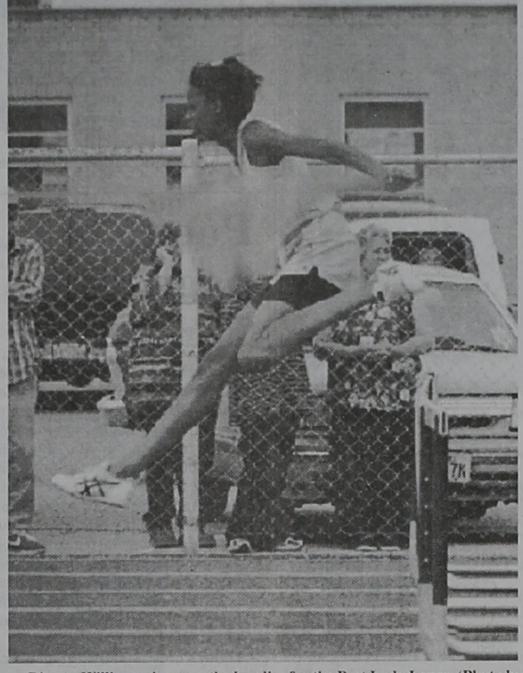
Taking fourth place were, in high jump, Eric Pederson, 4'10"; 2400 meters, Colton Valdez, 10:25.9; 800 meters, James Soto, 2:45.06; 300 m hurdles, Jerrad Grisham, 53.02; 200 m dash, Cody Marts, 28.01.

In fifth place finishes were, in shot put, Dajuan Hill, 30'4"; long jump, Israel Lnada, 15'9"; 800 meters, Zachary Lopez, 1:48.87; and 400 meters, Ryan Babb, 1:05.17.

Sixth place finishes went to, in triple jump, Eric Pederson, 27'8"; long jump and 110 hurdles, Eric Gonzales, 15'4" and 22.25 respectively; and 100 m dash, Jett Lott, 13.52.



Kelly Moore leaps over the hurdles for the Post Lady Lopes. (Photo by



Dianna Williams rips over the hurdles for the Post Lady Lopes. (Photo by

Lady 'Lopes win hometown meet

The Lady 'Lopes won the Caprock Relays track meet held March 25 in Post, earning a total of 164 points.

Other team totals included Shallowater, 118; Colorado City, 89; Slaton, 70; Roosevelt, 51; Floydad, 35; Snyder, 33; and Ralls, 29.

Manuela Hernandez was high point individual with 31 points.

Individual accomplishments included:
3200 — Dee Dee Jarrett, third place.

• 400 Relay — Dianna Williams, Yvonne Lopez, Meagan Mills and Manuela Hernandez, first place.

100 Hurdles — Dianna Williams, first place; Kelly Moore, third place; and Kenda Looney, fourth place.
100 Dash — Regina Collazo, fourth place; and Yvonne Lopez, sixth place.

100 Dash — Regina Collazo, fourth place; and Yvonne Lopez, sixth place.
 800 Relay — Meagan Mills, Dianna Williams, Kenda Looney and Yvonne Lopez, first place.

• 400 Dash — Davida Gregory, third; Kyzandre Harper, sixth.

• 300 Hurdles — Kelly Moore, first place; Regina Collazo, third.

200 m — Manuela Hernandez, third place.
1600 m — Dee Dee Jarrett, second place.

• 1600 m relay — Meagan Mills, Manuela Hernandez, Davida Gregory and Kelly Moore, second place.

Triple jump — Manuela Hernandez, first place; Kelly Moore, third.
Long jump — Vondi Gradine, third place.

• High jump — Dianna Williams, second; Manuela Hernandez, third.

High jump — Dianna Williams, second; Manuela Hernandez, third.
Discus — LaRinda Ledbetter, second place.

The group will compete at the Mean Green Relays in New Deal Saturday.

D71 --- 4-1- --- 1-1- -4 ----4

JV boys take medals at meet

The Post High School junior varsity boys tracksters earned 24 points in the Post Caprock Relays held March 25.

Topping the meet was Shallowater with 145 points, followed by Colorado

City, 93; Floydada, 80; Roosevelt, 73; Slaton, 69; and Ralls, 41.
Individual results included, in discus, Redman, third place, 97'2"; 300 m hurdles, Nobles, second place, 46.97, and Zubia, fourth place, 47.94; and



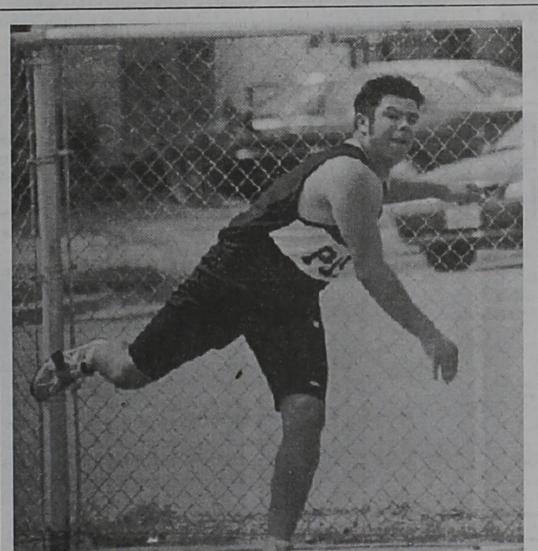
Matt McCallister gets the jump in the 400 meter dash for the Post Antelopes. (Photo by Lanny Lee)

Lopes • Lopes •

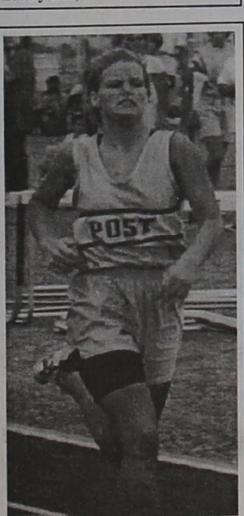


-2830

Kelly Moore (front) takes the baton from Davida Gregory in the 1600 meter relay. (Photo by Lanny Lee)



Noah Gutierrez puts the shot for the Post Antelopes at the relays here last Saturday. (Photo by Lanny Lee)



Davida Gregory races to the finish line in the 400 meter sprint. (Photo by Lanny Lee)

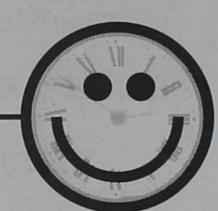


Volunteer timers at last Saturday's Post Caprock Relays were (top, left to right) Ronnie Dunn, Kelli Jackson, Fred Postell, (lower) Marita Jackson, Bo Jackson, Drew Kirkpatrick and Alexa Collier. (Photo by Lanny Lee)

THIS WEEKEND WE LOSE AN HOUR...



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Offer is valid for new activations on qualifying service plans. 60 free airtime minutes applies to local calls and expire each month. "Free Weekends for Life" is limited to 300 weekend minutes per month and applies to calls made within the home calling area only from 8pm Friday to 11:59pm Sunday. Does not include taxes, assessments or tolls. May not be combined with America Toll Free. Incoming and outgoing calls are rounded up and billed in full minute increments from the time the network begins to process the call through its termination. Featured hardware available at all Cellular One stores and participating dealers while supplies last. Minimum term commitment required. Other restrictions apply. Please see written materials in store for details.

The Sunrise Wind

Frank Runkles pointed his feather to percent accurate. the north, northeast, it was the 27th Runkles, who is also known as Mato' handcrafted of rawhide and wood. annual re-enactment here of an Nom'pa Sake, meaning Bear Two Other volunteers as ceremonial ancient Plains Indian ceremony.

ceremony that Runkles has led since in 1973. The event provides an granddaughter Sarah Kirkpatrick; it began here in 1973. Pioneers in opportunity for people to experience a Linda Puckett (Un Ah Wa'hi Friendly Garza County had observed the event piece of traditional Indian culture. in 1906 when the recalled the legend . The ceremony begins about an hour Ho'ta Wi'n" Lady Gray Badger) and as told by Indians years before.

Claws, decided to turn the ceremony dancers: Zoe Kirkpatrick (Was'ate The Taba'na Yuan'e is a unique into a traditional Indian performance Kim'anela Pretty Butterfly) and her

before sunrise, with the building of a Jayta Cravy. Taba'na Yuan'e translates to fire. As in past years, Kenneth They perform as Indian maidens Sunrise Wind. The wind's direction at LeBlanc (Wica'sa Cha' pa, Chief in the ceremony. the exact moment of sunrise on the Beaver) carefully constructed the fire. Jack Ramey (Kiya Wanbli Chief first day of spring has been used to Materials are all natural grasses and Eagle) serves as medicine man. His determine the agricultural success sticks, arranged in the form of a teepee task is to cleanse the ceremonial

During the ceremony, volunteer Last week (3/22/00) when "Chief" have shown predictions to be 92 John Corey (Ha'nska Ta-to'-kala Tall Chief Antelope) plays a drum

Eagle), Shirley LeBlanc (Hok'ala

for the upcoming year. Records kept and lit by rubbing two sticks together. ring of evil spirits just before the sun



Performing at this year's Taba'na Yuan'e ceremony were (left to right) Jack Ramey, John Cory, Mike Cory, Frank Runkles and Ken LeBlanc.



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Pointers A Tigger That Children **Can Take Home**

(NAPS)—Children can share memorable moments with Winnie the Pooh's loveable Tigger as he dances, sings and bounces his way into hearts and homes everywhere with a new home video.

Sing A Song With Tigger, from Walt Disney Home Video, comes hot on the heels of the new motion picture, The Tigger Movie.

This Tiggerific video features three brand-new songs written and composed by the legendary Sherman Brothers, who are best known for Chim Chim Cherr-ee and other beloved songs from "Mary Poppins."

Children can dance and sing along with Tigger as he bounces through his scrapbook, sharing musical moments and adventures with his friends Piglet, Eeyore and, of course, Pooh.

Tigger scrapbook stamps are included with the video, which helps teach children how to make their own scrapbooks.

Just in time for Easter gift-giving, Sing A Song With Tigger is perfectly priced at less than \$15.

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"Whenever a junk motor vehicle is located on public property or private premises, a notice to abate, stating the nature of the nuisance, shall be served on the registered owner of the vehicle, the occupant of the premises upon which the vehicle is located, and any lien holder, by certified mail with a five (5) day return receipt requested attached thereto....."

It is contrary to Ordinances of the City of Post and to Texas Sate Law to allow junk or abandoned vehicles to be placed on city streets or state highways. It is classified as a public nuisance to place a junk car on private property within the City of Post, subject to a \$200.00 fine per vehicle + costs

Junk or abandoned vehicles parked on the streets or highways in Post, or junk vehicles parked in front yards are in violation of the law......lf you need assistance disposing of your junk or abandoned vehicle please contact Cynthia at City Hall 8:00 to 12:00 495-2811



Enhancing the traditional Taba'na Yuan'e ceremony were (left to right) Zoe Kirkpatrick, Linda Puckett, Sarah Kirkpatrick, Jayta Cravy and Shirley LeBlanc.

Poe to in pageant Sunday

Haley Poe, 2 1/2-year-old daughter of Lanny and Harriett Poe and sister of Dustin Poe of Post, will participate in the All-Star Kids Beauty Pageant Sunday at 2-p.m. at the Hawaiian Room, 5609 Villa Drive, in Lubbock.

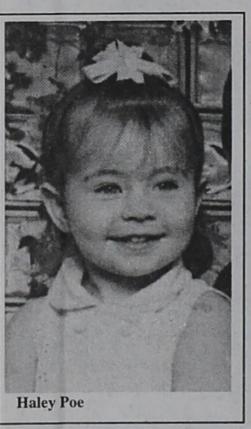
Haley will be entered in the following competitions - Babe (dressed in Sunday best), Beautiful Babe (judged on facial features only), Playwear (judged on garment attire), Special Event (athletic wear, judged on garment attire only) and Photogenic (professional or nonprofessional photos are judged).

Haley's cream-and-white pageant dress for the Beautiful Babe contest is from Miss Texas in the South Plains Mall and her hair bows were created by Thressa Harp. She will wear a leopard suit in the Playwear contest and will be a ballerina in Special

Her pageant sponsor is South

Plains Answering Service. Haley is the granddaughter of Diana Poe and David Walker and the great-granddaughter of Marietta Pruitt.

All-Star Kids is a Dallas-based pageant in which each participating child receives a trophy.



The diesel cruise liner Queen Elizabeth II gets six inches to the gallon.

Movie Hints by Wes Burnett

Several folks have asked me recently to give some hints about movies. I stewed on this for a while, not sure exactly how to go about it, and I sure didn't want to be confused with being a "movie critic." So from time-to-time I'll dash off my feelings about movies I've seen.

This week, I'll give my ideas about current movies showing in Lubbock. Movies I Like

. Sixth Sense - This was one of the best, if not the best, movies of the year in 1999. And surprise, it's still showing, although now at the "\$1.50" Showcase theater. I suggest, if you haven't seen it, you should plan on seeing it at least twice... the second time around you see and recognize stuff that enhances the experience. For us (Pat and I), it was a "three-scar" thriller. I measure the intensity by the number of scars I have on my hand at the end. You see, we still hold hands at the movie, and Pat digs her nails into my hand when scenes are a bit exciting.

• Toy Story 2 - Another holdover at Showcase, is a just a fun movie, and not just for kids. To me, it was ever bit as good as the first one.

· American Beauty - The Oscar winner is a good movie, no doubt. But frankly, I found it a bit dark, foreboding and well, I just didn't feel comfortable with the theme. Maybe I'm just a bit old fashioned. Lots of twists and turns, very intense. Definitely not for children. This one is still showing at Cinemark's 16.

• The Straight Story - Here's one of the best of the year, in fact, it rates right up there with the Green Mile. I highly recommend this movie for all of you, children included... especially children. It's a powerful yet simple story of a real person. You may remember the story from a few years ago when an Iowa man drove his lawn mower to Wisconsin to see his ailing brother. Must see. This one is also at Cinemark 16.

• Cider House Rules - This one is a bit complicated ... I rate it as one of the very best movies. I must point out, however, that part of the theme is a "country" doctor who helps women abort unwanted pregnancies. Still, it is a movie worth seeing, for it includes some important moral issues, there is great acting and it's got a good ending. Now showing at Tinseltown.

• Erin Brockovich - If you're like us, you'll love Julia Roberts in this movie. She is just dynamite, and has a great supporting cast. It's a great story about underdogs taking on the big guys. Nothing particularly nasty, but there is some rough language. At Tinseltown. . Hanging Up - Wasn't as good as I had hoped it would be. Sort of slap-

stick, but Walter Mattheau is always a hoot. The three sisters are some of our favorites. Not the top of the list, but a fun movie. Not for children. At · Drowning Mona - Here's a "sleeper" movie, with Danny Divito at this

best. It's a "who-done-it" with some strange characters and a lot of fun. At • Tigger Movie - It'll be mostly boring for adults, but hey, if you can't take

a little time to watch these movies with your children and grandchildren, shame on you. At Tinseltown.

Movies I Didn't Like

• The Talented Mr Ripley - We rarely just get up and walk out of a movie after paying the top dollar one has to pay today. But we did. And we complained to one of Tinseltown's assistant managers, who admitted that he too got up and walked out. He gave us a rain check. The problem with this, and so many movies coming out of Hollywood is the glorification or normalization of homosexuality which is just offensive to us.

· Any Given Sunday - We didn't actually walk out, but we should have. This one is a glorious waste of money, talent and time. Don't even bother. . Whole Nine Yards - It had the makings for a good movie, with some

popular actors, but it just didn't make it. Not worth the money. . Wonder Boys - Wow! We just knew this would be a great movie. And

it was a brilliant acting job by Michael Douglas. It was most entertaining, but it followed the Hollywood rule and included some nasty homosexual scenes. If that doesn't bother you, you'll like the movie.

That's it for now. There are a lot of other movies we haven't seen, and frankly, there's not enough time or money to see them all. Hope this info is helpful.

The Post Dispatch 495-2816



Thank You!

For all my friends and supporters in the **Democratic Party Primary Election.** Remember to vote!

Garza County

Pd Pol. Adv. Paid for by Lee Norman, Box 566, Post, Texas

Commissioner Pct. 1

ACROSS The Original 45 TXism: "put up TEXAS CROSSWORD shut up" 1 early TX explorer 46 "three" so, of the border Cabeza de 47 Rockport festival 5 TX Vikki Carr's 49 grain must Hombres" to make "red eye" by Charley & Guy Orbison 6 Austin botanical 52 Noah's boat event: "Flora 53 TXism: "hot enough 7 lunch time Copyright 2000 by Orbison Bros. buckle pavement" 8 Galveston-filmed 54 mother of TX dancer "Capricorn Debbie Allen, Vivian 9 College Station yell: 55 places where you'll "Gig normally find critters 17 TXism: "get your built" (be still) 19 TX river and Rocky Mountain state 21 TXism: "I'm fixin' 22 TXism: "good Lord willing and the 58 in Fisher creek don't

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You Baby"

56 ____ Chica, TX

57 TX Hagman film:

"Getting Away

From ___ "

Attention Grandparents

Don't forget to pick up your Grandchildren's photos from the Valentine promotion at The Post Dispatch.



CRUSADE CHAIRMEN — Mrs. Faye Mathis, left and Mrs. Nelda Dalby, right, show one of the posters which will be distributed to several businesses in town in preparation for the opening of the annual door-to-door Cancer Crusade. Packets were distributed to volunteers at a coffee Thursday night, March 21 in Mrs. Dalbys' home. (Staff Photo)

From The Post Dispatch, March 27, 1980



FHA GIRLS MODEL AT MIDLAND

At the district Future Homemakers of America meet at Midland last week, these five Post High School girls modeled costumes they had made in FHA. From left to right are: Carolyn Moore, street wear, soft pink wool pleated skirt with weskit and deeper pink cotton broadcloth blouse worn with black patent shoes and bag and black sailor hat; Anne Morris, special occasions, black cotton trimmed with white polished cotton collar; Marsha Smith, sports, shades of blue and green printed quilted cotton slim slacks and blue cotton blouse; Beverley Young, school, full gathered skirt in tones of blue with solid blue cotton, with roll-up sleeves and pleat in center back; Janet Hutto, sleeping, blue cotton satin pajamas trimmed with embroidered nylon edging.—(Staff Photo.)

From The Post Dispatch March 24, 1960

Yesteryears

by Pat Burnett

March 28, 1990 10 Years Ago

Derek and Raenell Sneed, of Canyon, are proud to announce the birth of their daughter, Alexia LaShae.

Alexia was born Thursday, February 22, 1990 at 10:38 a.m. at University Medical Center in Lubbock.

Alexia weighed six pounds six ounces and was 20 1/4 inches long at birth.

Services for Thelma Burkett were held Tuesday, March 27, 1990 at 11 a.m. in the Pleasant Valley Baptist Church with Rev Kenfieth Winchester, pastor, officiating:

Mrs Burkett died Monday, March 26, 1990 at 2:34 a.m. in Lubbock's Methodist Hospital after an illness.

She was born February 19, 1903 in Archer City, Texas. She attended school at Knox City and Aspermont. She married Lawrence Burkett on February 5, 1920 in New Mexico. They came to Garza County in 1928 to farm in the Pleasant Valley Community.

Navy Fireman Recruit Rolando L. Armendariz, a 1989 graduate of Post High School, recently reported for duty aboard the aircraft carrier USS Constellation, homeported in San Diego, Calif.

He joined the Navy in September 1989.

The old saying of being "at the right place, at the right time," certainly holds true for a group of musicians from Post. Better known as the "Clubhouse Gang" band, this group of eight guys will be the opening act for the "Holly Dunn Concert" at the Midnight Rodeo in Lubbock on March 29.

The band members are Jimmie Bartlett, Ted Brannon, Clyde Cash, Jessie Collazo, Danny Guthrie, Joe Harris, Jimmy Jones and Pat Riedel.

> March 27, 1980 20 Years Ago Birthdays today are:

Johnny Carl Claborn Kelly Washburn Owen Gilbert Mrs. G. W. McAlister Mrs. Dale Cravey Elizabeth Moreno

Glenda Morrow, local artist, was the winner of one of the purchase prizes at the Snyder Palette Club's ninth annual exhibition held last weekend in the Scurry County Coliseum.

A bridal coffee Saturday morning in the home of Mrs. Quanah Maxey honored Mrs. Ronnie Parrish.

Approximately 35 guests called between 9:30 and 11 a.m.

Special guests included

the honoree's mother, Mrs.
Docia Whitehill of Slaton,
and her mother-in-law, Mrs.
A. O. Parrish.

Larissa Lee Gordon, daughter of Mr. and Mrs. Jack Gordon, celebrated her second birthday with a party in her honor Sunday afternoon in her home.

Patsy Sanderson and Paula Cawthon will be giving a quilting program on Thursday, April 3, at 2 p.m. in the courtroom in the Garza County Court house.

The program will be on basic quilting techniques and machine quilting. There is no cost to attend.

March 26, 1970 30 Years Ago

Mrs. R. B. McCord is visiting in the C. E. Short home and is feeling real well.

Steve McDonald of Yakima, Wash., has received his honorable discharge from the Armed Forces after serving over a year in Viet-



Can people laugh themselves well? A new study will explore the healing power of comedy.



2579 S. Loop 289; Lubbock, TX • 806 745 2525 www.sciencespectrum.com nam. He is at home now with his family. Paternal grandparents are Mr. and Mrs. A. E. Riley and maternal grandparents are Mr. and Mrs. W. G. McCleskey.

Post's Little League has a woman president — for the first time in its history.

Mrs. Markey Rasbury was elected president of the league at a meeting Monday night, succeeding Jerry Conoly.

Fourteen census takers who will visit every dwelling unit in the area during the 1970 Census of Population and Housing, which starts Wednesday, April I, will be trained in classes here Monday and Tuesday nights, March 30-31.

Mr. and Mrs. Fred Gossett are home after an 11-day trip which took them to Eastland to visit relatives; to Fort Worth to visit a daughter, Mrs. E. A. Dunlap, and family; a visit in Austin with relatives; a trip to Corpus Christi and on through the Rio Grande Valley. Fred fished some at Junction.

March 24, 1960 40 Years Ago

Mr. and Mrs. Aubrey Phillips and Martha visited over the weekend with his aunt and uncle, Mr. and Mrs. Virgil Dawson.

Eddie Hatfield, who is stationed in San Diego, Calif. with the Navy, visited his sister, Mrs. Spencer Kuykendall, and family over the weekend. Also visiting in the Kuykendall home were Shirley, Beverly and Glenda Hatfield at Louise Jordon, all of Plainview.

PHS has gone Beatnik. Curtis Didway, Dan Rankin, Queenie Washburn, Scottie Pierce and Hoss Smith have started a beard. Seems the seniors girls are going beatnik. too.

Lubbock visitors Friday were Mr. and Mrs. Garland Davies and Carol and Pink Wilks, who went for a six-weeks checkup.

Monday, February 29, Mrs. Nell McCrary came to talk to 7C about Hawaii. It was a very interesting

> March 30, 1950 50 Years Ago

Mrs. David Schultz and daughters, Mrs. Lettie Mae Robinson and Mrs. Paul Duren were in Slaton Saturday.

Mr. and Mrs. Tot Rutledge of Los Angeles, Calif., who are visiting here in the Roy Baker home left Thursday to visit with relatives in Longworth.

Mrs. Ralph Kahlich of Wilson, spent part of last week here in the home of her sister, Mrs. Ge-

orge Tillman.

Mr. and Mrs. Roy Baker and

Mrs. T. A. Edmonson spent Sunday in Longworth

day in Longworth.

Mary Paul Daugherty, small daughter of Mr. and Mrs. C. E. Daugherty, is recovering in her home after having pneumonia. She was in a Lubbock hospital

from Thursday until Sunday.

Mr. and Mrs. Harvey Herd and children, Tevis, Betty Claire and Danny of Midland spent Saturday night and Sunday with the John Herds. Betty Claire remained for the week

ined for the week.

Mrs. Robert Cox and daughter,
Lin Alyn, spent Tuesday in Ralls
with their parents and grandparents, Mr. and Mrs. Joe Moore.

Mrs. J. R. Mayo of Austin is visiting with her sister, Mrs. J. D. King and family. Mrs. W. F. Cato and family vi-

Mrs. W. F. Cato and family visited with relatives in Slaton Sunday.

Dickie Beggs is wearing a cast

on one of his fingers because of breaking a leader in it Sunday after popping a piece of wire.

The sixth grade class of the Justiceburg school is sponsoring a box supper Friday night and proceeds will be used to take the class on a trip to Carlsbad Caverns. The public is cordially invited.

Practice and thought might gradually forge many an art.

t. —Virgil

The Post Dispatch

P.O. Box 490 - Post, Texas 79356 - 495-2816



TABA'NA YUAN'E - "Chief" Frank Runkles recites the ancient Indian tradition during last Thursday's annual Taba'na Yuan'e observation here. The wind at sunrise came from the southwest, indicating a below average year. Television coverage of the event was seen locally and on world-wide via CNN cable news. (Photo by Becky Warren)

From The Post Dispatch, March 28, 1990

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Proverbs 27 - 10 Thine own friend, and thy fathers friend, forsake not -

Card of Thanks

This has been demonstrated many times and ways in our live these past weeks. We stand amazed by the expressions of love being put into action by so many friends and neighbors. The prayers, cards, letters, visits and calls, "carepackages" from caring concerned people. Our neighboring farmers, the gin gang, ambulance personnel and firemen, Sam and Tina who expressed a deep concern at the scene-Laverne, who was not only a personel chaffeur, but also provided moral support. Deb and Mike who was waiting at the hospital, the dear frinds who quickly got there and provided care for the animals. To the doctors and nurses who showed they cared in a very personal way.

MORE MILES, MORE MONEY

COVENANT TRANSPORT

Plus 6¢ for all miles over 15,000 in a month

Owner Operator Teams

**Coming April 1, 2000 **

OUR LARGEST PAY INCREASE EVER!

OUR LARGEST

Pay Increase

EVER!

Spring Into Chevrolet

2000 Suburban (new body)

Stock #3277, 2 in Stock - Red w/

Gray Cloth or White w/Gray Cloth

- 3,084 Discount

2000 Blazer LS

Stock #3058, 2 door, Red w/Gray

Cloth, V/6, Auto, CD

\$32,050 Sale Price

\$35,134

The great outpouring of visits and cards to the door each and every day with food, and prayers, some from people we had never met, but who have made an impact on our lives. The pastors from numerous churches and chaplains who were by our side night and day- Kim and Patsy who provided a home away from home in a gracious way. Our own towns churches and pastors who prayed with us and bore our burdens as God's commandment in-

To our own church family and our pastors Bro. Bill and Bro. Jerry - you have given us your very best and continue to do

Many more whose names we have not mentioned, but whose expressions we have

not forgotten. Thanks to all of you from the bottom of

our hearts. Irvin Cross

Quiere expresar. Su aqradecimiento a los familiares y amistades Que estubieron con nosotros apoyandonos, el dia del fallecimiento, de nuestro padre el Sr. Jose Rodriquez.

Nuestro mas sincero Agradecimiento. Que Dios los Bendiaga Fam. Rodriquez

When you need a new or used car or truck...

Call Shannon Pierce at

BOB BROWN MOTORS:

202 S. 3rd, Lamesa, Texas 79331

(806) 872-2144

My name is Patsy Self and I am writing for Iva Hudman's sons and daughters. Our Step-Father, Victor Hudman passed away last Friday morning after a long battle with Alzheimer's. We were completely overwhelmed with the many, many friends of Mom's and Victors who came

Lease Purchase

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* * * * * * *

Experienced Drivers

and Owner Operators

1-800-441-4394

Graduate Students

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\$1,000 Sign-on Bonus

for Exp. Company Drivers

paper goods, flowers and offers of help doing whatever needed to be done.

The combined families made for quite a large gathering for the noon meal Sunday but two tables were filled to overflowing with food. Your support shown to us was truly appreciated by all of us.

Words aren't enough to express our gratitude but we just wanted you to know your words of comfort and assistance will not be soon forgotten by any of us.

Victor was a very special man in our lives and we will miss him so very much. John and Wanda Hogue

Patsy and Dicky Self Linda and Kenneth Frye Jerry and June Hogue

Personals

Post Independent School District invites the Senior Citizens of the district to come by the Superintendent's office and receive a gift of a complimentary general admissions pass that will admit you to all school functions. (You will be asked to present identification so that a pass can be issued in your name).

Post Group of Alcoholics Anonymous Meets every Thursday night at the First Presbyterian Church, 901 West 10th at 8 p.m. Closed meetings are held except on the last Thursday of the month, which is an open meeting. Door opens at 7 p.m. and the meeting starts at 7:30 p.m, cake and coffee following the meeting. Anyone who wishes to talk or ask about an alcohol problem, call 495-4152, 495-4185 or 629-

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Last chance for FREEDOM! Send your donation today to TCRF, 6112 N. Mesa, Suite 223, El Paso, Texas 79912. Help ratify Texas Constitution 2000. Enjoy life without government control or taxation of your life and property. www.tcrf.com

Help Wanted

Attn. Post: Postal positions. Clerks/ carriers/sorters. No exp. required, benefits. For exam, salary and testing information call (630) 836-9243 ext. 6148/8 am - 8 pm 7 days.

RN, LVN and CNA needed. All shifts, Health insurance benefits, vacation and excellent working environment. Golden Plains Care Center, 605 West 7th,call 806-495-2848.

Homeworkers Needed \$635 weekly processing mail. Easy! No experience needed. Call 1-800-440-1570 Ext. 5070 24 hrs.

Own A Computer? Put it to work! \$25 - \$75/hr. PT/FT 1-800-784-8556 www.pcpays.com

Post Insurance: Secretary **Position** Salary + bonus apply in person 106 N. Broadway

I am looking for...

a man or woman to represent Farm Bureau in this area. The person we seek is probably employed but may be experiencing job dissatisfaction because of insufficient income or lack of potential for professional growth.

> •Two year training income •Bonuses

Assigned accounts

 Licence Assistance Continuing education If you would like to represent one

of the most respected companies n the industry... Farm Bureau Insurance

P.O. Box 908 • Tahoka, Texas

806-998-4320

Homes for Rent

Country living, close to town. 2 bed-

Country Living. 3 bedroom, 2 bath

room, one bath. Call 629-4393.

home on West 380. Call 495-2458.

Apartments for Rent

You must see these beautiful apartments at Windmill and Century Heights Apartments in Slaton. We are now leasing one and two bedroom newly remodeled units, \$325 and up. Call and visit for our specials, you'll be glad you did!! 1-806-

Homes for Sale

Two bedroom house for sale, renovations needed, \$3500. Call 495-2848 or 495-3949 after 5pm.

Country living, close to town! 3 bedroom, two bath, two car garage, one acre with fruit trees. Private back yard. Call Shane, 495-3521 8 am - 5 pm. After 5 call 915-573-0266.

CHAMINADE CAPITAL CORPO-RATION: If you own land or city lots and need a home financed for your property, call Mike Mitchell at 806-495-3104 or 806-495-5515.

Home for Sale 2 bedroom, one bath, 117 S. Ave. Q. Call 495-3521, 629-4033 evenings.

Cedar Hills Home: 3.16 acres, customized 2-story, 3 bedroom, 2 1/2 bath, 2 car garage. Spectacular view, workshop/storm celler, game room, updated features-roof, paint, tile, a/c. Motivated sellers. serious buyers call (806) 794-9879.

Miscellaneous for Sale

New steel building in crate. 40x22 was \$5,880 now \$2,830. Must sell! 1-800-292-0111.

14' Lonestar boat and trailer w/spare. 15 HP Johnson w/electric start. Misc. equipment. 403 Osage Drive 495-2778.

Stove, refrigerator, roll-away bed, hidea-bed and king size bed. 312 North Ave.

Garage Sales

Friday, 8 am till ?, 114 E. 12th. Stereo, \$40, lots of milkglass and bicycles.

Three families, Saturday 9 am - 1 pm. 407 North Ave. H.

3 family yard sale, Saturday, 107 E. 7th, 8 am. Lots of everything.

Four family garage sale, Saturday, 302 Mohawk. Lometa Epley.

1012 Camden Circle, Saturday, 8:30 till 3:00. Pam Humble.

Metal adjustable shelving, checking counters, glass cases, greeting cards, "junque" (806) 799-5908.

702, North Ave. F, Saturday, all day. Lots of nice items. Nice table and chairs.

Commercial Property

Commercial building for lease. 30x140. Call 495-2588.

Legal Notices

Accepting Bids For Removal of Doors, Replacing With Windows The Housing Authority of the City of Post will be accepting bids for removal of existing patio doors. After removal they will be replaced with a single window and siding. Twenty four (24) windows will be 36x48 and will require studding, drywall

Painting on the inside will be needed, paint will be provided. Ten (10) units will

and exterior siding.

require double windows 30x36 each. Bids need to be received by April 10, 2000 at 1:00 P.M. If you need more information please call or come by office at 709 Caprock Drive, or call (806) 495-2233. We will require Proof of Insurance and Performance Bond.

Requesting Bids For Painting The Housing Authority of the City of Post, Texas will be accepting bids for painting the exterior of our buildings, 47 residental, 2 storage, 1 office building.

We would like to have the paint rolled or brushed, not sprayed. There will be some caulking, scraping and primer where needed. Including nails pulled out, nails driven in, caulking holes, etc in order to do a good job.

We have three sites: First one is on Pine Street, Maple Street and South Ave.F. This section will require the most preparation. There are 14 houses and 1 storagae building. This is about 18,200 sq. ft. total for this section.

Site Two:Burlington Place and Highland Place. This site has 18,500 sq. ft. with a lot less preparation to do. There are 17

houses and 1 storage building. Site Three:Caprock Drive, and is in very good shape. Very little preparation needed. We have 15 houses and 1 office.

This has 8,300 sq. ft. of work to be done. Bids need to be received by April 10, 2000 at 1:00 P.M. For further information please call or come by the office at 709 Caprock Drive, or call (806) 495-2233. We will require Proof of Insurance and have a Performance Bond.

We are never further from our wishes than when we imagine that we posses what we have desired.

---Goethe

The Post Dispatch 495-2816

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106 N. Broadway

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GREAT PRICE! 2 BR, 1B, garage, fencing. 206 W. 12th. CHARMING! 3 BR, 1.5 B, C-H/A, garage, carport, fencing. 807 W.

MAIN STREET! 3 BR, 2B, C-H/A, carport. 909 W. Main. BARGAIN! 6 rooms, 1B, fireplace, carport, fencing, 2 1/2 lots,

AFFORDABLE! 2 BR, 1 BR/OFC, 2B, C-H/A, 116 S. Avenue Q. IN CONTRACT - MANY EXTRAS! 3 BR, 2B, C-H/A, fenced, on corner. 315 N. Avenue N.

MOTIVATED SELLER! HUGE PRICE REDUCTION! Brick 3/2.5/ 2, formal dining, 2 living areas, C-H/A, extras include: basement/rec. room, enclosed porch, fencing. 1002 W. 10th. SOLD! Frame, 4 BR, 2 bath, C-H/A, 510 W. 5th.

REDUCED! 3 BR, 2 B, garage/workshop, cellar, fenced, corner lots. 114 W. 13th.

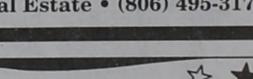
REASONABLE! 2 BR, 1 B, CP, cellar, shop, 2 lots. 505 W. 14th. AVAILABLE! Nice neighborhood! 2 lots at 601 W. 11th. For the Absolute Best in Personal Service

• Ranch • Farm • Residential



Sims Anne

Real Estate • (806) 495-3171



Mitchell Real Estate

location on West Main Street. •• ISOLATED MASTER - 3 BR, 2 BA, central H/A,

.. HANDY MAN'S DREAM - Lots of room, perfect

corner lot, carport, storage building

•• NEEDS TLC - 2 BR & study or 3 BR, 1 BA, garage, central H/A, storm cellar. Priced to sell as is. .. PRICE REDUCED - 3 Jarge bedrooms, 2 bath, brick,

fireplace, come lot, remodeled with beautiful hardwood floors.

•• 3 BR/2 BA, close to school, new carpet, storage

•• 2 Story commercial building with basement, Main

'Years of experience and four salespeople to serve you"

Kim Mills - 495-3719

Barbara Hardin -495-3987

Mike and Wanda Mitchell - 495-3104 or

495-5515 or 495- 5146

2000 Olds Alero Coupe

Stock #3259, Black w/ Gray Cloth; 36 month Smartbuy, 7.5%, 34@\$303.76 Guaranteed residual=\$9,564.00; 15,000 miles per year

GM makes your first payment!

\$18,045

- 880 Discount \$17,165 Sale Price

2000 Olds Intrigue GX Stock #3187, Sandstone Metallic

w/ Neutral Cloth \$23,375

\$20,550 Sale Price

2000 3/4 Ton Reg. Cab

4x4 Pickup

Stock #3270, Pewter w/ Gray Cloth;

350 V/8, 5 speed, Tilt, Cruise,

Cassette

500 Farm Bureau

5.9% GMAC

- 1,575 Discount - 1,250 Rebate "or"

\$21,928 - 1,778 Discount

GMAC Smartbuy, 36 months, 5.8%, 15,000 miles per year, \$20,150 S.ale Price 35@284.56, Guaranteed residual

\$12,498.96 2000 Tahoe (new body) Stock #3254, Pewter w/Graphite Cloth

> \$33,301 2,866 Discount \$30,435 S.ale Price

2000 Tahoe Limited Edition Stock #3047, 4 door, Black w/Gray Cloth

\$34,579 6,241 Discount \$28,340 S.ale Price

Stock #3203, 350 Auto, Pewter w/Gray Cloth, Silverado Seating \$27,685

2000 1 Ton Crew Cab

3,011 Discount

500 Farm Bureau



\$24,277 - 2,582 Discount

\$21,195 Sale Price **Used Vehicles** '90 Ford Short Wide Bed Pickup.....\$5,950

'98 Chevy Blazer, 4 door.....\$15,900 '98 Chevy 3/4 Ton 4x4 Reg. Cab Pickup.....\$15,500 '96 Chevy Short Wide Bed Pickup.....\$8,900 '97 Chevy 3/4 Ton Reg. Cab Pickup......\$12,500 '99 Z71 Ext. Cab Pickup.....\$22,900 '94 Buick Skylark, 4 door.....\$4,500 '98 Chevy Z71 Ext. Cab Pickup......\$18,900 '96 Chevy Z71 Ext. Cab Pickup.....\$13,500 '96 Chevy 4x4 Suburban.....\$20,900

'97 Chevy 4x4 Ext. Cab Pickup.....\$13,900

'98 Chevy Tahoe, 4 door.....\$18,500

'93 Chevy Suburban.....\$9,750

'97 Chevy Venture Van, 4 door.....\$17,600

'93 Sportside Reg. Cab Z71, 4x4.....\$10,500

\$24,175 Sale Price GENUINE CHEVROLET

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Jayton, Texas

Robert Hall

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COLDSMOBILE

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There will be

South Ave.F.

and I storagae

500 sq. ft. with There are 17

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office at 709

06) 495-2233. Insurance and

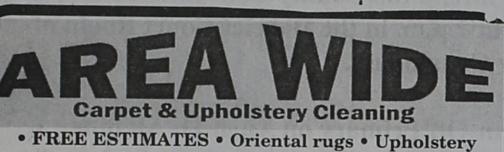
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Needs'

07 W.

3/2.5/

Kelly Moore leaps for the Post Lady Lopes in the long jump. (Photo by



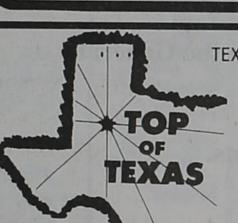
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baton for the Post Lady Lopes in the 1600 meter relay. (Photo by Lanny Lee)



Yvonne Lopez pushes toward the finish line for the Lady Lopes in the 800 meter relay. (Photo by Lanny Lee)



TEXAS LIMOUSIN ASSOCIATION'S **BULL & FEMALE**

1 p.m. Saturday, **April 1, 2000** Lubbock, Texas **Lubbock Stockyards**

120th & South University

Texas Limousin Association

Lee Pritchard, Executive Secretary P.O. Box 239 • Crowley, TX 76036

817/297-2462 • FAX 817/297-3433 • e-mail: TXLimo@aol.com

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BUSINESS OPPORTUNITIES AT&T, MCI, PAYPHONES rts. 29 High traffic

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1-800-800-3470, 24 hrs. FUN SIZE BARS or Nuggets - All brands vending route available. Will sell by 4/09/2000. Under \$9,000 minimum investment required. Excellent profit potential. Lease/finance available. 1-800-637-7444.

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ATTN. DRIVERS: FLEETWOOD Transportation hiring long-haul flatbed drivers. Peterbuilt equipment. Guaranteed home time and complete package of benefits. Also need long-haul owner

operators. Please call 1-800-458-4279. DRIVER - COVENANT TRANSPORT *Coast to coast runs *Teams start 42c-45c *\$1,000 signon bonus for experienced company drivers. Ex-

perienced drivers and owner operators, 1-800-441-4394. For graduate students 1-800-338-6428. \$\$DRIVER\$\$ EXPERIENCED & TRUCK school graduates - Make top \$\$\$/good benefits and more. No experience necessary. We train our drivers. Apply today - start ASAP!! 1-877-315-1163. DRIVER - WESTWAY EXPRESS - 1-800-993-7483. Great pay - 27 cpm to 32 cpm. 83 cpm owner/operator. 10,000 miles/month guaranteed.

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Truck, 1-800-237-4642. DRIVERS: \$1,000 SIGN-ON with 6 months experience. Regional. Van and flatbed. Excellent pay, equipment, benefits. Student training available. Arrow Trucking, 1-888-277-6937.

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DRIVERS - COMPANY DRIVERS ... 6 months more breathing room? Debt consolidation, no visit our website at www.aisetxok.com to read OTR start at 30 cpm. Great hometime, miles, qualifying. *Free consultation, 1-800-556-1548. money & freight. Many options. CDL/A, Call

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all the bells and whistles. *Paid weekly. *Great pay. *\$1,000 sign-on bonus. *Training opportunities. SRT-1-877-BIG-PAYDAY (1-877-244-7293) Toll Free. DRIVERS-OWNERS OPS: Run regional.

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DRIVERS. . . . HIRING EXPERIENCED & inexperienced drivers! Off-site CDL training available. Ask about \$1,000 sign-on bonus. Job stability, consistent miles, assigned equipment. Swift Transportation 1-800-284-8785. (EOE-M/F).

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Lawyer volunteers time

find him working as an unpaid Center - was available. volunteer at the Legal Hotline for Older Texans. At the hotline, Franklin heard about the Legal Hotline for mans the phone and offers free legal Older Texans. This, added to his advice to low-income Texans overage experience with his parents, 60. It's a far cry from what his life cemented his plans. used to be like.

Franklin earned a law degree at SMU, but never planned to practice. Instead, he used his legal expertise Medicaid, contracts, trusts, debtor's to complement his degree in rights, landlord/tenant disputes and petroleum engineering. Both gave him the background he needed to succeed in the oil business.

After he'd held executive positions at various oil companies, Franklin founded his own firm, Costa Resources Inc. During the Texas oil boom Robin Leach came to one of his parties to film the pilot for "Lifestyles of the Rich and Famous." Then a Dallas magazine ran a picture of him standing on the front seat of his Rolls Royce Corniche, one of his oil wells chugging away in the background.

So why is Franklin doing volunteer legal work today?

When his parents were in their 80s, they fell ill. Franklin's father, in fact, had to be placed in a nursing home while his mother was hospitalized to recover from a serious auto accident. As Franklin visited the nursing home week after week, he became aware of the legal needs that older people have. Helplessly, he watched so many of the elderly deplete their assets when, with good legal advice, they might have protected them.

Alongside that was another event. It began innocently enough, with Franklin turning up at Midland College to sign up for an Internet course that would earn him continuing education credits lawyers need to amass each year.

The Internet course was full, but the registration clerk indicated that

Spring 2000 Trail Ride for Rehab set

The Spring 2000 Trail Ride for Rehab will take place April 15-16 at the Green Ranch near Albany.

Registration will begin after 3 p.m. April 15 and continue April 16 beginning at 8 a.m. Volunteer Trail Ride chairmen are Kelly Gill, Mac Sayles and Thomas Hicks.

The weekend will feature a daylong ride on April 15 and a shorter ride on the morning of April 16. Three meals will be served. Weekend activities will include an auction of numerous items and a Sunday morning worship service.

The Green Ranch is located approximately 12 miles northeast of Albany near the Hubbard Creek Lake. The ranch terrain includes rolling hills, green fields and wooded hilltops, providing an excellent habitat for the game that roam the ranch - whitetail deer, wild boar, turkey and quail.

Expenses for the event are underwritten by Lawrence Hall Chevrolet, which means participants' fees will go directly to treatment services at West Texas Rehabilitation Center in Abilene, San Angelo and

Several other businesses also provide underwriting.

Cost for the trail ride is \$40 minimum per adult and \$15 minimum per child 12 and under. Pre-registration and a \$25 deposit are required. A negative Coggins test also is required.

To sign up for the ride or for more information, call John Thomas in Abilene at 915-793-3510; Eva Horton in San Angelo at 915-223-6300; or Mac Sayles in Tuscola, after 7 p.m., at 915-554-7884.





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few years ago might be surprised to Bower oft he Texas Legal Services made by calling 1-800-622-2520.

Franklin took Bower's course and

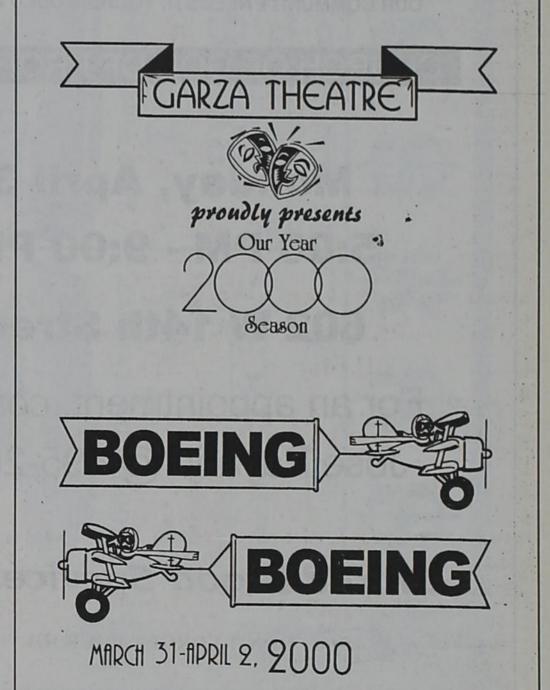
Franklin donates several hours each week to the hotline, where he counsels callers about Medicare, similar problems.

"Pro bono work is very satisfying," he said. "The needs are so enormous. My hope is that more attorneys will volunteer to serve older Texans."

The Legal Hotline for Older Texans has been in existence for more than a

Those who knew Bob Franklin a another course—one taught by Bruce decade. It is a toll free call and can be





NOTICE OF PROPOSED INCREASE IN ENVIRONS GAS RATES AND SERVICE CHARGES

GITTING ACCEPTAGE THE PARTIES AS VERY VARIABLE BUD On March 8, 2000 Energas Company filed a statement of intent with the Railroad Commission of Texas to increase its gas rates in the unincorporated areas ("Environs") surrounding the sixty-seven West Texas Cities listed below. The proposed increase would affect all classes of environs tariff customers including Residential, Commercial, Public Authority, Small Industrial and Air Conditioning customers and would be identical in relative magnitude to those proposed by the Company for the sixty-seven West Texas cities in the Company's pending Appeal at the Railroad Commission. The proposed effective date for the increase is April 27, 2000. The Railroad Commission may delay the proposed effective date for up to 150 days. However, the environs rates will not be changed until the rates inside the sixty-seven West Texas Cities are changed. There are approximately 22,275 Environs customers in the unincorporated areas surrounding the sixty-seven West Texas Cities from which the Company has appealed to the Railroad Commission. The proposed changes in environs rates are expected to increase the Company's annual revenues by approximately \$1.0 million or 8.5%, adjusted for normal weather. The change is a "major change" under state law only in the environs of Lubbock and Odessa.

Energas proposes to restructure its gas rates to moderate bill variability during the heating season, to increase its revenues from gas service by increasing the customer charges and lower pricing blocks, and to increase its charges for miscellaneous services such as reconnecting gas services following nonpayment. The Company also proposes changes to its Gas Cost Adjustment ("GCA") Clause to collect all of the gas cost and related taxes instead of just the difference between actual gas cost and a base cost of gas in the base rates. Copies of the proposal may be obtained at the Energas Office at 5110 80th, Lubbock, Texas, 79424

Customers who are affected by the proposed environs rate changes may, within 30 days following the proposed effective date, file written comments or a protest with:

> Docket Services Section Legal Division (Re: Docket No. 9002-9068) Railroad Commission of Texas P.O. Box 12967 Austin Texas 78711-2967

Any such protest must be received by the Commission no later than May 27, 2000. The deadline to file a petition to intervene in the case as a party is May 27, 2000.

Abernathy	Lamesa	Quitaque
Amherst	Levelland	Ralls
Anton	Littlefield	Ransom Canyon
Big Spring	Lockney	Ropesville
Bovina	Lorenzo	Seagraves
Brownfield	Los Ybanez	Seminole
Buffalo Springs Lake	Lubbock*	Shallowater
Canyon	Meadow	Silverton
Coahoma	Midland	Slaton
Crosbyton	Muleshoe	Smyer
Dimmitt	Nazareth	Springlake
Earth	New Deal	Stanton
Edmonson	New Home	Sudan
Floydada	Odessa*	Tahoka
Forsan	O'Donnell	Timbercreek Can
Friona	Olton	Tulia
Hale Center	Opdyke West	Turkey
Нарру	Palisades	Vega
Hart	Pampa	Wellman
Hereford	Panhandle	Wilson
Idalou	Petersburg	Wolfforth
Kress	Plainview	
Lake Tanglewood	Post	

Seminole Shallowater Silverton Slaton Smyer Springlake Stanton Sudan Tahoka Timbercreek Canyon Tulia Turkey Vega Wellman Wilson Wolfforth

The Post Dispatch 495-2816

WE'RE OUT FOR

OUR COMMUNITY NEEDS IT. YOURS WOULD DO NICELY.

CHURCH OF GOD OF PROPHECY

Monday, April 3 5:00 PM - 9:00 PM 602 W 14th Street

For an appointment, contact Jose Payano @ 495-2006

United Blood Services



DON'T FORGET YOUR ID!

Three booked in Garza County

Three individuals were booked into the Garza County Jail during the past week, according to reports from the sheriff's department.

A 29-year-old male was picked up for public intoxication March 25 (released the next day to the Border Patrol).

A 26-year-old male was arrested March 26 for DWI, driving while license suspended, reckless driving, evading, possession of marijuana and domestic assault.

A 23-year-old male was arrested March 26 for possession of marijuana, under two ounces (released the next day on \$1,500 bail bond).



Central Bail Bonds has 24 offices with 30 agents making them the state's largest private surety bail bond company.
Central's local office is located at 131 W. Main





Thanks to each and all of the 1,288 voters in Garza County for casting your ballot in the March 14 **Democratic Primary.**

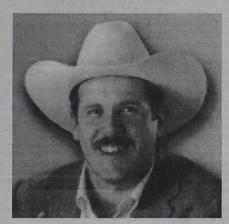
You are invited to attend the County Convention on Saturday, April 1 at 2 p.m. in the District Court Room of the Garza County Courthouse.

Remember the Run-Off Primary on April 11. All nine precincts will be consolidated into one voting location at Norwest Bank Community Room. Early voting will be April 3-7.

Continue to cast your Democratic vote in the General Election November 7, 2000.

Make your voice heard. Every vote counts.

Lewis H. Earl **County Chairman**



LEE BARRON FARM BROADCASTER

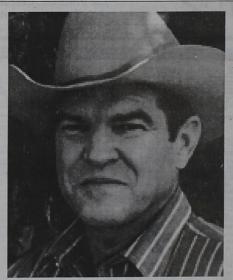


Your PANHANDLE South Plains Сомво

(FOR FARM AND RANCH News)

TEXAS AGRICULTURE TV NETWORK

TEXAS AG NEWS KJTV/34/Lubbock -6:00 A.M./SATURDAY KFDA-TV/10/AMARILLO -6:30 A.M./SUNDAY



JERRY LACKEY FARM BROADCASTER



KFRE-AM 580 / LUBBOCK - AG ED WITH LEE BARRON 12:30 - 1:30 P.M. M-F

AG SERV. Co. 5613 VILLA DRIVE - LUBBOCK, Tx. 79412 (806) 747-8900 TEXAS AG TV NETWORK - P.O. Box 1941 - SAN ANGELO, Tx 76902 - (915) 949-8800