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The Post Dispatch

74th Year Number 36 © 2000 The Post Dispatch Newsstand Price 50¢ Thursday, February 3, 2000

Prison turmoil prompts changes

Federal officials made a visit to the Giles W. Dalby Correctional Facility last week following what has been described as a "small disturbance" in the unit's population.

Representatives of the Federal Bureau of Prisons visited the prison, a move interim Warden J.C. Conner described as "standard procedure... following an incident."

The "incident" occurred early last week and involved the use of chemical agents "in a couple of places," he said. It apparently started in the kitchen where three inmates who were working "weren't doing something right" and got into a disagreement with a security employee.

"Things were totally under control the entire time," Conner said, adding that there was never any danger to inmates or employees.

No inmates were injured in the disturbance, the warden said. One officer was injured afterwards when he slipped in a puddle of water and hurt his knee.

Although a specific count of the number of inmates involved in the incident was unavailable, Conner said seven have been "charged with infractions of the rules of the facility." These men will be subject to disciplinary measures — the loss of "good time," placement in an individual cell area, or restrictions on recreation and/or commissary rights.

In the meantime, prison officials are working to correct a list of several deficiencies cited by the federal team during its three-day visit.

Most of the deficiencies found were centered around the facility's food service, the need for better communication with the inmate population to identify problems, and a third recommendation "along these lines," Conner said.

Specific deficiencies cited dealt with controlling movement of inmates; the need for a recreation yard (the area is under construction but due to inclement weather is not yet finished); the need for additional program activities (plans to satisfy this recommendation are "in the works," Conner said); and menu revisions to include more ethnic foods to better reflect the make up of the unit's population.

Conner said the federal audit was "very helpful" in assisting local prison officials to "better understand the policies and procedures" set forth. An "action plan" has already been devised to make sure the facility satisfies each of the goals established by federal officials.

The medium-security 1,094-bed prison, which has been open since October, housed more than 400 male federal prisoners at the time of the disturbance. Conner said that number has dropped "very slightly" in the past few days, but inmate counts typically fluctuate at such facilities.

Editor's Note: Informed sources have stated "off the record" that the inmate count has been lowered to 300 and that the facility has been given a 30 day deadline to correct the 26 listed deficiencies.

Other sources have informed The Post Dispatch that the altercation was an all-out "riot," with prisoners "tearing up everything, stuffing linens in the toilets and flushing until the place was flooded."

These sources also confirm that "gassing" was ordered to quell the disturbance.

New warden being sought at GWDCF

An interim warden is on duty at the Giles W. Dalby Correctional Facility after the men holding the unit's two top positions left their jobs last week.

Terry Bartlett, who had served as warden of the facility since its opening, resigned his post Jan. 26. The resignation, effective immediately, was given for personal reasons, said J.C. Conner, regional director for Management and Training Corp., the firm responsible for managing the prison.

Additionally, the facility's assistant warden, Mike Runnels, accepted a "lateral transfer" to the Dallas area last week, said Conner, who has assumed the role of interim warden until a replacement for Bartlett can be hired.

Conner refused to speculate as to whether or not Bartlett's resignation and Runnels' decisions to leave their jobs at the Post unit were related to the "small disturbance" experienced in the facility last week.

"Both Warden Bartlett and Warden Runnels... were very, very professional people," Conner said. "I'm glad Warden Runnels decided to take a lateral transfer.... I'm going to miss Warden Bartlett because he's a true professional in everything he does."

MTC has initiated the process to find a new warden for the facility, but that process could take as long as 60 days.

"It takes a while to find a warden," said Conner.

Beau Mann held on kidnapping charge

A 17-year-old former Post resident has been jailed in Worcester, Mass., in connection with the Jan. 8 kidnapping of a local man.

Beau Mann turned himself in to Worcester law enforcement officials Saturday, Lt. J.W. Jolly of the Garza County Sheriff's Department said. The young man turned himself in after learning from family members he was wanted for kidnapping.

Mann, who has been charged with kidnapping, has waived extradition and should be brought in to the local jail in the next couple of weeks, Jolly said.

An arrest warrant for Mann was issued Jan. 17 in connection with the kidnapping and assault of a 17-year-old Post man earlier this month. The incident reported to authorities began locally when the victim was allegedly picked up by Mann at the victim's grandmother's home.

The victim voluntarily got into the vehicle driven by Mann, believing they were going to ride around town, but reports indicate the joy ride quickly deteriorated when the auto stopped in an isolated area of the county. There, the victim said he was assaulted by Mann, as well as individuals traveling in two other vehicles.



Post volunteer firemen battled a huge blaze last Thursday evening at 12th and Avenue I, as the old Edna Blodgett home was completely demolished. Winds swept the fire southward, also severely damaging the Jack Brown house. Both houses had been vacant for some time. No cause for the fire has been determined. Firemen were on the scene all night Thursday. (Photo by Jerry Taylor)

Wells quints at home in Lubbock

Mike and Jamie Wells celebrated Tuesday (2/1/00) the first night at home with all five of their sons. Mike's parents, Jim and Sharla Wells of Post, reported that parents and boys are doing just fine. "We want to thank all of you who have done so much to help our children," Sharla said, "it is greatly appreciated. The quints are reported to be only one of three sets of surviving male quintuplets in the United States.

Post Notes

Blood Drive Thursday 4-9 p.m.

The Post Lions Club sponsored Blood Drive will be held Thursday, February 3 from 4 to 9 p.m. at the Post Church of Christ. No appointments are necessary. There is an urgent need for blood of all types.

SPCAA holds public meeting Feb. 8

South Plains Community Action Assn. Inc. will hold a public meeting from 7 to 9 p.m. Tuesday, February 8 at the Housing/Community Services building at 1611 FM 300 in Levelland. Emergency Shelter Grants Program (ESGP) and use of these funds will be discussed. The program is used to protect and improve the lives and safety of the homeless, with special emphasis on elderly, handicapped and families with children. Those needing transportation to the meeting should call 495-2329. Written views may be submitted to Luis Perez, SPCAA Community Services Director, P.O. Box 610, Levelland, Texas 79336 or call (806) 894-4560.

Grandma Brag Pages Deadline

The deadline for the popular "Grandma Brag Pages" will be Friday, February 4 at 4 p.m. The annual pages of grandchildren photos will be published Thursday, February 10. The cost per photo continues at the same rate of \$5 for singles. Photos, information and payment should be sent to The Post Dispatch, P.O. Box 490, Post, Texas 79356 or delivered to 123 E. Main Street.

Weatherspotter school set

Officials with the National Weather Service will conduct a weatherspotter storm school Monday, March 6, beginning at 7 p.m. at the fire station. Although the school is designed for fire department personnel, all interested residents are invited to attend free of charge. The program will be about two hours. For more information on the school, contact Delbert at 495-2811.

Sirens to be tested

The city's weather or tornado sirens are scheduled to be tested at noon on Monday, March 6. According to officials with the sheriff's department, the sirens should emit a steady, constant tone during the two-minute testing period. The alarms have not been tested in about two years.

"Oh Boys" concert for Wells quints

"Oh Boys" is the title of a Christian Benefit Concert for the Mike Wells family to be held on Feb. 26, beginning at 7 p.m. in the Lubbock Municipal Auditorium. General admission tickets are \$7 and may be purchased at Wells Pharmacy in Post. Children under six years of age are free. All proceeds and donations will be given to the Wells Quints Fund, Plains National Bank in Lubbock. The local singing group, "Called Out," will be among the groups performing at the concert.

Ladies' Auxiliary bake, garage sale

Members of the VFW Ladies' Auxiliary plans a bake and garage sale Saturday, Feb. 5 at the VFW Hall on the Clairmont Hwy, beginning at 8 a.m. Anyone wishing to donate items for the sale should bring them to the VFW Hall or call Janet Ratliff at 495-3511, JoAnn Stelzer at 495-3393 or Alva Shepherd at 495-2470 for pickup.

Joint drug raid nets two arrests

The discovery of a methamphetamine lab, narcotics and drug paraphernalia led to the arrest of three Post residents over the weekend.

Christopher Redman, 26, and Rosa Redman, 20, were arrested without incident just before midnight Friday, Deputy Constable Bo Kimmons said. The two were arrested after they were served a search warrant at their home in the 100 block of West 14th Street.

While searching the couple's trailer house, a portable methamphetamine lab and suspected narcotics were discovered by authorities, Kimmons said. Several hundred dollars in cash was also seized.

Christopher Redman was charged with possession of a controlled substance with intent to deliver. He and his wife were both charged with manufacturing of a controlled substance and endangering a child.

The couple's 8-month-old son was in the family trailer home at the time the methamphetamine lab was reportedly discovered, the deputy constable said. The child has been turned over to his grandparents.

The third person, 19-year-old Trey Conner, was arrested minutes later after authorities served a second warrant at a home in the 100 block of South Avenue Q.

A search of Conner's residence resulted in the discovery of suspected narcotics and drug paraphernalia, Kimmons said. Evidence at both scenes appears to link the two locations.

"We've linked it to the first one," the deputy constable said.

Suspected narcotics seized during the searches has been turned over to the Department of Public Safety lab for testing. Items discovered during the two incidents also have led authorities to continue their investigation, Kimmons said.

About a dozen law enforcement officials representing the constable's office, the sheriff's department and DPS officers participated in serving the search warrants.

The warrants were obtained upon the signature of County Judge Giles Dalby at about 11:30 p.m. Friday.

Sheriff Kenny Ratke said the arrests were the result of a long-term investigation. Information from several local sources was developed to facilitate the effort.

"I would like to personally applaud the new deputy assigned to work narcotics interdiction, Terry Moore," the sheriff said.

"I would also like to personally applaud all those that assisted our agency."



Earning "Best Play" award at the recent Garza Theatre Willy Awards were cast members of "On Golden Pond," directed by Glenn Polk (center). Others in the cast were (left to right) Steve Berry, Sam Mercer, Juanice Myers, Polk, assistant director Twila Polk, Jake Morgan and Rob Holton. (Photo by Zoe Kirkpatrick). (More on page 10).

Community shower honors quintuplets

A community-wide layette shower was held at the Norwest Community Room Saturday morning, Jan. 29, honoring Jantzen, Briley, Zachary, Landen and Jaden Wells, quintuplet sons of Mike and Jamie Wells.

The registry table was laid with a blue linen cloth and featured an ivy and daisy arrangement interspersed with candles. A photograph of the babies highlighted the table.

The serving table was covered with a white linen cloth. At the center of the table was a bow attached to a quiver made of lemon leaves filled with five arrows, each accented with daisies and iris. This centerpiece reflected a promise which the mother of the quints had received more than a year ago during her meditation on day. Psalms 127:3-5 and 128:3 were scriptures impressed upon her at that time, "Children are a heritage of the Lord; and the fruit of the womb is his reward. As arrows are in the hand of a mighty man, so are the children of the youth. Happy is the man that hath his quiver full of them."

Name plates, porcelain bib ornaments portraying the names of each of the quints, were placed around the table. Gifts of money from the hostesses were tied to the arrows in the quiver with blue satin ribbons.

Jamie Wells, mother of the quints, and Sharla Wells, grandmother, were special guests. They brought scrapbooks with numerous pictures and items of interest concerning all of the new babies. These were enjoyed by all. Coffee and cookies were served to those who attended.

Hostesses for the shower were Carolyn Black, Jana Bullard, Patsy Craig, Lisa Copeland, Jane Davis, Joleta Edinbergh, Peggy Graves, Nancy Gordon, Theresa Harp, Kay Hays, Paula Jackson, Bunny Lynch, Cindy Mitchell, Carol Payne, Joy Pool, Shelley Ramage, Metta Tyler, Linda Lewis, Helen Thomas and Nancy Thuett.

ERT changes name to GCRT

by Arnold Fry

The Garza County Emergency Response Team is changing the name to Garza County Response Team.

It has been determined that there is a conflict and some residence are confusing the G. C. E. R. T. with the local Ambulance Service (EMS). To

avoid farther conflict the GCERT will now be known as GCRT.

The team will not change any of its services, in fact we plan on expanding services to assist the citizens we serve. The Team would like to say a big thank you to Judge Dalby and the Garza County Commissioners for approving to pay our phone services.

The Team would like to remind every one of our Grocery Giveaway we will have a table at Trade Days this weekend. The Team was busy last Thursday night directing traffic at a house fire in the 300 block of North Ave. H.

We would like to commend the Post Volunteer Fire Department for a very professional job containing to fire, and protecting the surrounding structures. The GCRT reminds every one that Severe Storm Season is getting near and we hope every one is starting to get prepared at this time.

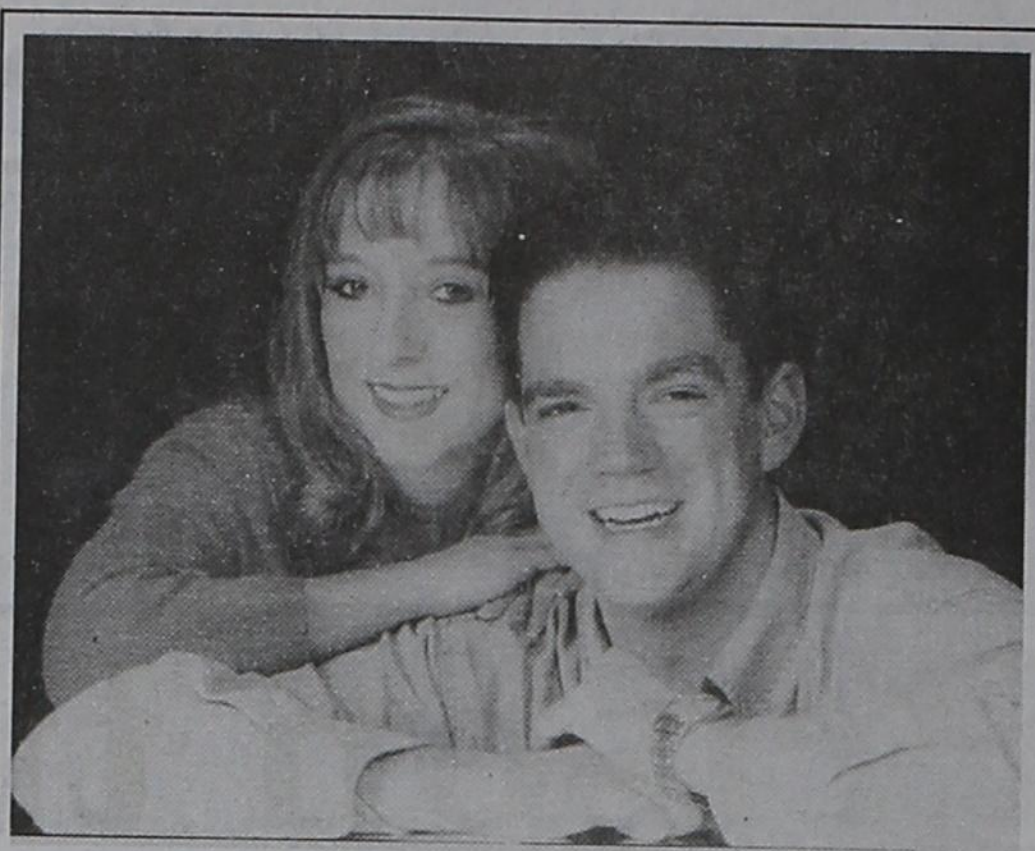
Seventh grader passes ACT test

Wesley Atkinson, a 13-year-old seventh grade student at Brady Junior High School in Brady, has taken and passed his ACT test.

The former Spur resident, son of Carla Bailey of Brady and Bo Atkinson of Dallas and grandson of Don and Glenda Atkinson of Post, was selected through the Duke University Talent Identification Program to take the test.

Out of a possible 36 points, he scored a 16. His highest score was a 21 in the science portion of the exam.

According to reports, Atkinson scored higher than 55 percent of college-bound students taking the ACT test. Taking the ACT test will now help Atkinson's chances of getting a scholarship when he graduates from high school.



Jamie Feagin and Randall Bennett have announced their engagement, with a March 11, 2000 wedding planned in Post. Jamie is the daughter of LaGayleah McReynolds of Post and Robert Feagin of Plainview. Randall is the son of Mrs and Mrs Harry Bennett of Lubbock. Jamie is employed with the Lubbock ISD and Randall is assistant manager of Santa Fe Restaurant in Lubbock.

Amity Study Club begins new year

by Louella Bilberry

Amity Study Club met Tuesday, Jan. 25, in the home of Jane Davis. Roll call was answered by telling of tiny little blessings that had come our way. Most of us answered with a big blessing — "that we had our health," or "we could still get up and go!" (OK, OK, so we do see a doctor more often and our get-up-and-go is a little slower!)

One of our projects is Women's Protective Services. Anne Sims, our coordinator for that project, asked us to bring "care packages" to our next meeting. These packages are to have daily necessities (toothbrushes, toothpaste, combs, brush, soap, deodorant, whatever you would need for daily use) put in a quart-size ziplock bag.

Dedra Adams sent a request by Kathy Rankin that we once again support a student to attend one of the two STARS trips in June. We voted to give \$250 to cover the cost of a trip. This is a wonderful program through the middle school.

Barbara Babb gave a book report based on some of Barbara Johnson's books — "Stick a Geranium in Your Hat and Be Happy", "Splashes of Joy in the Cesspools of Life," "Quick, Mama, Get the Hammer!" and "There's a Fly on Daddy's Head!"

Mrs. Johnson had a wonderful life — a loving husband and three fine

sons but her world crumbled around her. Her husband was in a terrible accident that left him blind and a "vegetable" until his death; son, Steve, was killed in Vietnam; then son Tim was killed in an accident, leaving her with son Larry.

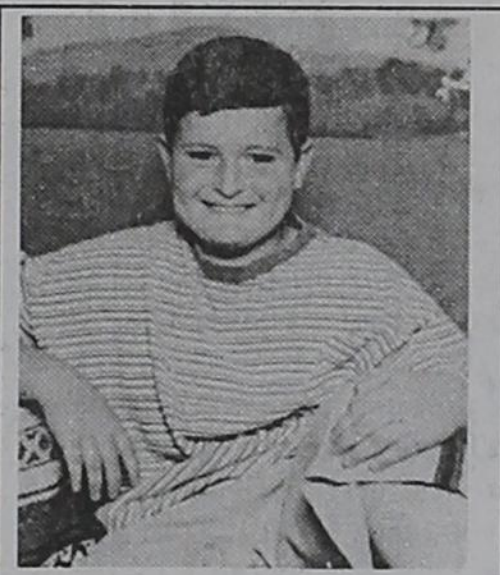
He helped her care for his father, he was her pride and joy, until the day she discovered he was gay. She confronted him. Hurt, angry, confused and frightened, she could not understand or accept. Larry left the next day and she lost him for 11 years. After months of grief she put him in God's hand and with God's help, got on with her life.

From this experience began her "Spatula Ministry" for others whose lives have been torn apart. She helped them get through their despair with love, humor and turning them toward God. Visit the library and check out some of her books!

Jane and co-hostess Margaret Bull served slices of pound cake smothered with a fruit sauce and whipped cream for those of us with no will power.

Other members in attendance were Sandra Alexander, Joy Dickson, Iva and Suzanne Hudman, Edna Owen, Joy Pool, JoAnn Miller and Anne Sims.

Our thanks to all who supported Amity by adding your name to the Christmas greeting in the Post Dispatch.



Wesley Atkinson



Webster's Dictionary was named for Noah Webster, an American lexicographer, author and teacher. He published his first dictionary in 1806, and the two volume American Dictionary of the English Language in 1828.

Judy's Jabberin'

By Judy B. Bush

As I start this out on this Monday, they are predicting rain and snow for tonight. Sure hope they are right. On the other hand, I hope their forecast for the week end is also correct, as I do not wish to spend trade days in 30 degree temps!!



Allane Report

I visited with Allane for a few minutes the other day and she is feeling some better. I know she is going stir crazy in the house, but hope she stays in and gets completely well so she can be back soon. I miss her!

You take care Allane. We love ya!!

If you're Interested

Sandy Smith and Helyn Fields and really working hard at enlisting some new volunteers at Golden Plains Care Center.

Now this does not mean they are going to ask for your time. There are many ways you can help and you are needed believe me.

Give the girls a call if you are interested. They and the residents would certainly appreciate it. Call Sandy at 495-2816 or Helyn at 495-2336.

Some New Cleaning Tips

I received these tips over the internet and they are pretty interesting.

Bounce.....the stuff you use in your dryer.
•Eliminates static electricity from your television screen. Since Bounce is designed to help eliminate static cling, wipe your TV screen with a used sheet of Bounce to keep dust from resettling.

•Dissolves soap scum from shower doors. Clean with a used sheet of Bounce. (also works on mini-blinds.)

•Cleans baked-on food from a cooking pan. Put a sheet in the pan, fill with water, let sit overnight, sponge clean. The anti-static agents apparently weaken the bond between food and the pan while the fabric softening agents soften the baked-on food.

Can you believe this. Think I'll try these. Will give you a few more next week.

Birthdays this Week

Friday, February 4: Traven: Lawrence and Trevah Yarbro; anniversaries; Joe and Alma Williams and Ed and Laurie McBride; Saturday, February 5: Mary Welborn, C.J., Mike Norris and Kelsey Wimmer; anniversary; Mr. and Mrs. Joe Sanchez; Sunday, February 6: Anita Morris and Tyler Cowley; Monday, February 7: Marie Bustoz, R.C. Reed, Tom Raben, Crystal Osborn, Courtney Twosend and Tabatha Cowley; anniversary; Carl and Debbie Bowles; Tuesday, February 8: Anita Quintana, Aunt Susan, Uncle Leno, Vernon Soto, Joe Salas and Ryan Ulm; anniversary; Fred and Kay Postell; Wednesday, February 9: My daughter-in-law, Devron Crispin, Patrick Chancellor, Ervey Gomez, Dustin Ammons and Casey Cummings; Thursday, February 10, Jon Hataway, Shelby Boling, Earl Chapman and Charles Hardin.

Via email

Need We Say More!

One afternoon a man came home from work to find total mayhem in his house.

His three children were outside, still in their pajamas, playing in the mud with empty food boxes and wrappers strewn all around the front yard. The door of his wife's car was open, as was the front door to the house.

Proceeding into the entry, he found an even bigger mess. A lamp had been knocked over, and the throw rug was wadded against one wall. In the front room the TV was loudly blaring a cartoon channel, and the family room was strewn with toys and various items of clothing. In the kitchen, dishes filled the sink, breakfast food was spilled on the counter, dog food was spilled on the floor, a broken glass lay under the table, and a small pile of sand was spread by the back door.

He quickly headed up the stairs, stepping over toys and more piles of clothes, looking for his wife. He was worried she may be ill, or that something serious had happened.

He found her lounging in the bedroom, still curled in the bed in her pajamas, reading a novel. She looked up at him, smiled, and asked how his day went.

He looked at her bewildered and asked, "What happened here today?"

She again smiled and answered, "You know every day when you come home from work and ask me what in the world I did today?"

"Yes" was his incredulous reply.

She answered, "Well, today I didn't do it."

What About Those Girls!

I just want to say to the girls varsity basketball team how proud I am of you.

Your team, coach and managers have every reason to be beaming. Best of luck from here on out to a group of winners!

Till Next Week

Hope all of you have a wonderful weekend. Don't forget Old Mill Trade Days, bundle up and come on out! God bless each of you.

The Post Dispatch 495-2816

★ **Brial Selections** ★
for
Alisha Nelson and Wayne McKim
Jamie Feagin & Randall Bennett
★ **Main Street Mercantile** ★

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Smoke and Mirrors gets rave review

by Louella Bilberry
There were few of us but we were loud with our applause and laughter at the opening performance of Smoke and Mirrors.

Smoke and Mirrors, what do those words bring to mind? Subterfuge? Deception? Friday night we were treated to both.

Hamilton Orr, a movie producer/director and his wife, Barbara, are visiting at the beach home of a governor friend who is away. Next we meet, nervous, high-strung Clark Robinson, who has come to work with Hamilton on the sequel of "Vicksburg," their last movie. Clark believes Hamilton did not do justice to his script of "Vicksburg" and he doesn't want the sequel to be messed up. They do agree they don't want to continue with the lead mall star — they detest him and want him out in hopes of getting a bigger star.

(Men with heart problems should

have their pills handy when lovely Barbara comes downstairs in her bikini!)

Derek Coburn, suntanned, macho and egotistic, comes upon the scene. (Ladies, control yourselves as he strips down to his swim trunks!).

To this mix of egos, anger and jealousy, stir in a few glasses of hard liquor and they get louder and to us, funnier.

We are now introduced to the local country-bumpkin, good-ole-gal sheriff who's worried Governor Bob's house is getting messed up!

I promise, you will have a fun time at this murder/comedy. Now that's two words you seldom see together.

The set is great! I'm always amazed how these talented people can design and build such sets with their limited space and resources. Congratulations, Beth, Mitchell and crew!



Garza County Judge Giles W. Dalby (left) and county extension service secretary Diane Graves (right) present a plaque to agent Kelly Ahrens at a special farewell reception last week. Ahrens has moved to San Angelo. (Photo by Judy Bush)

Palestinian professor addresses UMW group

Ghassan Andoni addressed a gathering of United Methodist Women Tuesday morning, Jan. 25, in the fellowship hall of the church.

Andoni is a professor of physics in a university north of Jerusalem and an advocate for peace among the Palestinians and Israeli. Also, he is director of the Rapproachment Center.

The center promoted dialog between these people who have strong issues of justice, especially since 1948 when Israeli soldiers leveled more than 400 villages, forcing more than 700,000 Palestinians to flee into neighboring countries where most live in refugee camps and have no place to call home.

Andoni spoke with no hatred or bitterness, but told stories of the Palestinians. He was informative, as well as entertaining, and all were glad he came.

Hostesses Carolyn Black and JoAnn Miller served a light brunch enjoyed by the following members and their guests: Janna McCallister, Linda Couch, Ada Lou Bird, Joy Dickson, Marion Wheatley, Jane Odom, Susie Shytles, Katherine Johnson, Diann Windham, Mary Edwards, MaryLynn Bell, Patty Kirkpatrick, Paulette Lawrence, Pixie Grisham, Lewis Earl and Rhonda McCarty of Midland, who is hostess for Andoni and Dr. James Bell.

Sheriff reports 11 arrests

Eleven individuals were arrested in Garza County during the past week, according to sheriff's department records.

Arrests included that of an 18-year-old male for DWI (released on PR bond); a 28-year-old male, revoked probation (\$5,000 bail bond); a male, age unavailable, for public intoxication (time served, fine paid); a 26-year-old male, driving while license suspended (\$5,000 bail bond); a 35-year-old male, driving while license suspended; a 28-year-old female, possession of marijuana/under two ounces (\$5,000 bail bond);

a 46-year-old male, DWI/1st (\$1,500 PR bond); and a 30-year-old male, warrant/criminal non-support (\$3,000 cash bond).

Also, a 19-year-old male, possession of a controlled substance (\$15,000 bail bond); a 20-year-old female, endangering a child, manufacturing and delivery of a controlled substance and possession of a controlled substance; and a 26-year-old male, endangering a child, manufacturing and delivery of a controlled substance and possession of a controlled substance.

Lunch Menus

Trail Blazer

Monday, February 7, 2000
Polish sausage, cabbage, corn, fresh tomatoe, cornbread and orange spicecake.

Tuesday, February 8, 2000
Beef roast, mashed potatoes, mixed vegetables, coleslaw, biscuit and brownies.

Wednesday, February 9, 2000
Chicken and dumplings, pea salad, green onions, cornbread and peach cobbler.

Thursday, February 10, 2000
Baked ham, rice, mixed vegetables, wheat roll and gingerbread.

Friday, February 11, 2000
Chicken fry, cream gravy, baked potato, green beans, wheat roll and apricots.

Post ISD

Monday, February 7, 2000
Breakfast: Cinnamon toast, sausage link, fruit and milk.

Tuesday, February 8, 2000
Breakfast: Biscuit and gravy, ham, fruit and milk.

Wednesday, February 9, 2000
Breakfast: French toast, sausage, grape juice, fruit and milk.

Thursday, February 10, 2000
Breakfast: Bacon, egg and cheese burritos, juice and milk.

Friday, February 11, 2000
Breakfast: Cereal, Graham crackers, juice and milk.

rolls, jello and choice of milk.

Thursday, February 10, 2000
Breakfast: Oatmeal, bacon, toast, fruit and milk.

Friday, February 11, 2000
Breakfast: Cereal, toast, fruit and milk.

Lunch: Manwich, salad, sliced peaches, cookie and choice of milk.

Southland ISD

Monday, February 7, 2000
Breakfast: Biscuits, gravy, sausage, juice and milk.

Lunch: Chicken strips, cream potatoes, mixed vegetables, apple crisp, gravy, roll and milk.

Tuesday, February 8, 2000
Breakfast: Breakfast pizza, juice and milk.

Lunch: Chicken sandwich, lettuce/tomatoes, fries, cookies and milk.

Wednesday, February 9, 2000
Breakfast: Cinnamon rolls, fruit and milk.

Lunch: Hot wings, fries, salad, pudding and milk.

Thursday, February 10, 2000
Breakfast: Bacon, egg and cheese burritos, juice and milk.

Lunch: Quesadillas, salad, Spanish rice, beans, jello and milk.

Friday, February 11, 2000
Breakfast: Cereal, Graham crackers, juice and milk.

Lunch: Cheeseburgers, fries, lettuce/tomatoes, cake and milk.

It is the business of the comic poet to paint the vice and follies of human kind.

—William Congreve

Texas Agricultural Extension Service
The Texas A&M University System

Extension Extras

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

4-H Club Meeting

The Golden Clover 4-H Club will meet Monday, February 7, at 7:00 p.m. at the Show Barn. The program will be presented by Benjie Smith covering the Shooting Sports Project and Gun Safety. Anyone wishing to join 4-H is welcome to attend.

Cotton Conference

The Southwest Panhandle Cotton Conference will be held Friday, February 11, beginning at 8 a.m. at the Deaf Smith County Bull Barn in Hereford. Five CEU's will be available. Registration fee is \$10 which covers the noon meal, refreshments and hand-out materials. Featured guest speaker will be Dr. Carl Anderson, Professor and Cotton Marketing Specialist, along with other specialists from the Texas A&M University system. For more information call the Extension Office at 495-4400 or to make reservations, call (806) 364-3573.

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Tomorrow is a mystery

Today is a gift

That is why they call it the present

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Obituaries

Mildred Simpson

Services for Mildred Simpson, 86, of Lubbock were at 2:00 P.M. Saturday, January 22, 2000 at the First Presbyterian Church in Post with Dr. Jerry Koch, pastor, officiating. Burial was in the Terrace Cemetery, under the personal care of Justice-Mason Funeral Home of Post.

Mrs. Simpson died Thursday, January 20, 2000 at Covenant Medical Center in Lubbock.

The former Mildred LaHue was born in Bonham to E.C. and Ada (Brown) LaHue. At an early age came to Post with her family to work for the Postex Cotton Mill. She attended school at Post and later worked for the O.Z. Ball Company in Slaton. She married Paul Simpson December 25, 1938 in Tahoka, prior to Paul going into the army. They made their home in Post. In 1964 she moved to Lubbock and worked for Hemphill-Wells until 1980 when she started her own alterations business. She retired in 1988 and returned to Post where she also did alterations. She was a member of the Post Chamber of Commerce, she is a volunteer worker at the Garza Theater and was active in the Presbyterian Ladies Organization. In 1991, she returned to Lubbock, due to health. She was a lifelong member of the Presbyterian Church.

Survivors include two sons: Gary and wife Nancy of Stillwater, Oklahoma and Craig and wife Patricia of Lubbock; one daughter: Deborah Simpson of Lubbock. One sister: Jewell Barry of Slaton; and two grandchildren, Matthew Simpson and Mark Simpson.

Pallbearers were Johnny Minor, Bobby Barry, Troy Simpson, Bob Hudman, Shelly Simpson and Jim Jackson.

Louise Wright Simpson

Services for Louise Wright Simpson, 81, of Norton were conducted at 2 p.m. Saturday, Jan. 29, 2000, at the Hudman Funeral Home with Charles McCook officiating. Burial followed in the Terrace Cemetery.

She died Thursday, Jan. 27, in the Bronte Nursing Home. Born July 4, 1918, in Garza County, she married Wallace Simpson June 11, 1938, in Post. He died Oct. 19, 1999. She attended and completed high school in Post and was a member of Beta Sigma Phi.

Survivors include two sons, Richard of Norton and Ronald of Abilene; one brother, Elwood Wright of Crescent Valley, Nevada, three grandchildren, Russell Simpson of Dripping Springs, Ryan Simpson of Stanton and Jenny Carpenter of Port Aransas; and two great-grandchildren, Riley Simpson and Laura Kate Simpson, both of Dripping Springs.



The Dallas Tap Dazzlers entertained the audience at this year's Panhandle-South Plains Ms Texas Senior America Pageant last Saturday evening. The routine, "Jail House Rock," was loudly applauded.

President Clinton returns to his big spending roots in his last State of the Union Address

The President delivered his State of the Union Address the other night, so it's a good time to ask ourselves - "What is the state of our union?"

Compared with other countries around the world, America is in good shape. But when you look at many of the cities and towns and rural communities across the Nation and in our area, you see that a lot of people are still struggling to get through.

Whether it's a farmer coping with low commodity prices and uncertain weather, a senior coping with the high cost of prescription drugs, or a Mom and Dad simply trying to pay the bills, we've got some real problems. But to really help them, we've got to put less power and control in the hands of Washington and big government, and more power and control in the hands of states, local communities, and individual Americans.

How we use the budget surplus will be the main focus of the fight this year. The surplus -- not counting Social Security -- is now expected to be around \$40 billion next year. The President has a long list of proposals where he thinks this money should be spent.

I -- and a good many others in Congress -- think that a good part of this money should be returned to you through lower taxes and by paying down the \$3.6 trillion national debt. The key is to take this money off the table in Washington, which the President does not want to do.

As a whole, the state of our union is strong. But the secret to this strength -- and the way to help those trying to make ends meet -- lies not with giving government more control, but with making sure government is smaller, smarter and working better for the people it's supposed to serve.

For more information on this or any other issue before Congress, please write Mac Thornberry at 131 Cannon Building, Washington, DC 20515, or through his website at www.house.gov/thornberry/

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EPISTAXIS
A fancy word for a nosebleed, epistaxis is an equal opportunity problem that can strike any age group, of both sexes, at any time. While a majority of nosebleeds have a common cause, there are times when epistaxis may indicate a medical condition and on occasion, a serious one.
The main culprit of nosebleeds is the overeagerness to keep the nose clean. To be more blunt that means nose blowing and nose picking. However there are other causes. Allergies, low humidity, certain over the counter and prescription medications like decongestants and antihistamines can cause epistaxis. More serious causes include high blood pressure, some bleeding disorders and tumors.
There are two types of nosebleeds, anterior and posterior. Although both can be caused by the same problem, the most common is the anterior bleed. Anterior bleeds can usually be treated at home, while posterior bleeds need medical attention.
To treat your nosebleed at home pinch the nose, rather hard, right where the tissue stops and the bone begins. Do this while sitting up and for at least 10 minutes, without letting go. If this is not successful, blow the nose forcefully to expel any clots and spray the nostril with a decongestant and again hold pressure for 10 minutes. These maneuvers will stop all but the most stubborn anterior bleed.
A humidifier, some vaseline in the nose and sensible use of medications will go a long way to preventing epistaxis, but if a nose bleed continues to reoccur, see your medical provider to rule out a more serious cause.
MICHAEL TRAVIS PA-C
UMC EMERGENCY CENTER

Opinions

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Breeding terrorism

by Sheldon Richman
If 2000 had come in with a terrorist's bang, the blame would have to have been squarely placed at the feet of our foreign-policy makers. Of course, the perpetrator is directly responsible for the deaths and injuries of innocent civilians, but that doesn't alter the fact that the foreign-policy establishment, from President Clinton on down, are accessories. They created the indispensable conditions.

Too extreme a statement? Ponder this: someone recently asked when the last act of foreign terrorism was committed against Switzerland. Isn't it interesting that countries that mind their own business aren't targets of violence committed by citizens of other nations? Maybe there's a lesson there somewhere.

Apologists for activist government never tire of telling us that the benevolent state is our protector and that without it we'd be at the mercy of monsters. It is about time that we understood that the U.S. government does more to endanger the American people than any imagined monsters around the world.

How so? By pursuing its Grand Foreign Policy of meddling anywhere and everywhere. It stands to reason that if you stick your nose in other people's quarrels you will acquire enemies. Some of them will be unhappy about the interference and will retaliate. Tragically, they will not be so careful about discriminating between the offenders and innocent civilians. That's wrong, but so is the meddling that brings the retaliation about.

The failure to avoid harming innocents isn't something the U.S. government is in a position to pontificate about. Its perennial program of bombing and embargo—perfected by the Clinton administration—constitutes a handbook on how to punish people who have done you no wrong. The only thing that distinguishes terrorists from U.S. policymakers is that the terrorists don't have bombers or the capacity to inflict an embargo on the American people.

At the moment, the United States has sanctions against Iraq, Iran, Cuba, and Serbia. We know that those sanctions are not achieving their stated objectives. The rulers of those countries are virtually unaffected. But that doesn't mean the people aren't suffering. They suffer from the lack of food, medicines, and vital services. An administration that claims to want to do so much "for the children" is starving children in other countries.

An economic embargo was once regarded as an act of war, and for good reason. It is slow-motion mass murder. We might have learned from history that inflicting mass starvation on a population can come back to haunt. During World War I the Allies inflicted a devastating hunger blockade on Germany that lasted for months after the armistice. The starving children that didn't perish grew up to become Hitler's soldiers.

Not all of America's mass murder has been in slow motion. The bombers see to that. The United States has been responsible for the deaths of thousands, many civilians included. The survivors don't forget.

Bombing and economic sanctions are not the only ways that the United States has inflicted harm on foreign populations. It has also done so by aiding client states that have oppressed people. For example, Turkey has subjugated Kurds, Israel has repressed Palestinians and bombed its neighbors, and U.S.-backed dictators have committed atrocities against their own people.

The upshot is that U.S. policymakers have done their best to make foreigners hate the United States. Conservatives seem to believe that terrorists hate us because we are capitalist and wealthy. But that's implausible. Young men don't risk their lives and become terrorists to exact retribution for abstract offenses. They seek revenge for real crimes, such as the murder of family members.

There is a way to make the United States terrorist-proof: pursue a foreign policy proper to a constitutional republic, the same policy proposed by George Washington and Thomas Jefferson. In a word: nonintervention. Let countries and populations work out their own disputes. Meddling simply widens and intensifies conflicts.

Nonintervention should not be mistaken for "isolationism," or self-sufficiency. A policy of unconditional free trade—as opposed to managed trade—is not only consistent with political and military nonintervention: it also logically requires it. If government follows a policy of leaving its and other citizens alone, free trade is the default position.

As we enter the final year of the millennium, New Year's Eve was tranquil the world over. Nevertheless, the United States should reverse its imperial policy of policing the world.

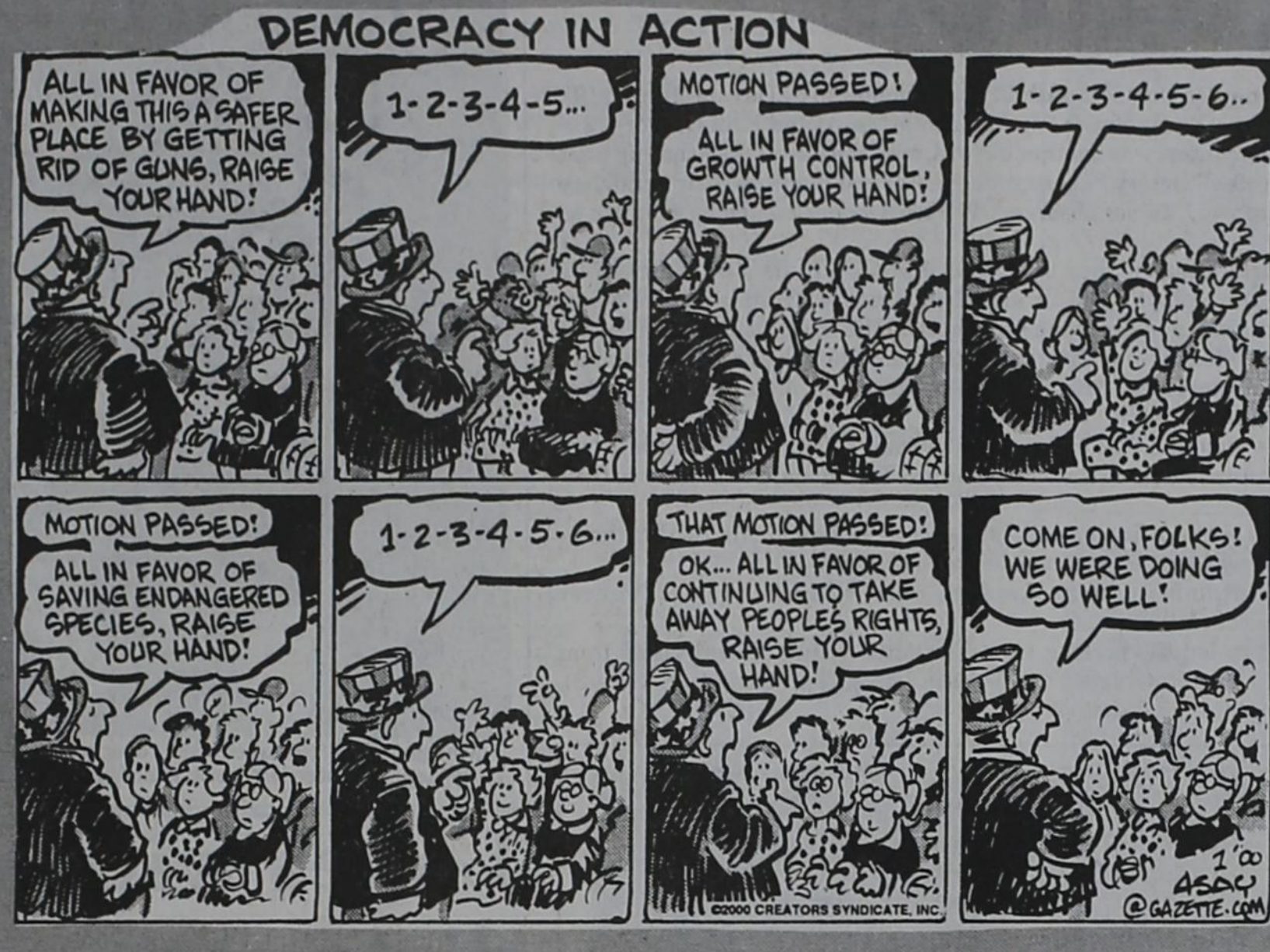
Sheldon Richman is senior fellow at The Future of Freedom Foundation in Fairfax, Va., and editor of Ideas on Liberty magazine. *The Future of Freedom Foundation 11350 Random Hills Road Suite 800 Fairfax VA 22030 Tel. (703) 934-6101 Fax (703) 352-8678 E-mail: fff@fff.org http://www.fff.org*

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And thereafter, black Confederates

by Walter E. Williams

During our War of 1861, ex-slave Frederick Douglass observed, "There are at the present moment, many colored men in the Confederate Army doing duty not only as cooks, servants and laborers, but as real soldiers, having muskets on their shoulders and bullets in their pockets, ready to shoot down ... and do all that soldiers may do to destroy the Federal government."



Dr. Lewis Steiner, a Union Sanitary Commission employee who lived through the Confederate occupation of Frederick, Maryland said, "Most of the Negroes ... were manifestly an integral portion of the Southern Confederacy Army."

Erwin L. Jordan's book "Black Confederates and Afro-Yankees in Civil War Virginia" cites eyewitness accounts of the Antietam campaign of "armed blacks in rebel columns bearing rifles, sabers, and knives and carrying knapsacks and haversacks."

After the Battle of Seven Pines in June 1862, Union soldiers said that "two black Confederate regiments not only fought but showed no mercy to the Yankee dead or wounded whom they mutilated, murdered and robbed."

In April 1861, a Petersburg, Virginia newspaper proposed "three cheers for the patriotic free Negroes of Lynchburg" after 70 blacks offered "to act in whatever capacity may be assigned to them" in defense of Virginia. Erwin L. Jordan cites one case where a captured group of white slave owners and blacks were offered freedom if they would take an oath of allegiance to the United States.

One free black indignantly replied, "I can't take no such oaf as dat. I'm a seesh nigger." A slave in the group upon learning that his master refused to take the oath said, "I can't take no oath dat Massa won't take."

A second slave said, "I ain't going out here on no dishonorable terms." One of the slave owners took the oath but his slave, who didn't take the oath, returning to Virginia under a flag of truce, expressed disgust at his master's disloyalty saying, "Massa had no principles."

Horace Greeley, in pointing out some differences between the two warring armies said, "For more than two years, Negroes have been extensively employed in belligerent operations by the Confederacy. They have been embodied and drilled as rebel soldiers and had paraded with white troops at a time when this would not have been tolerated in the armies of the Union."

General Nathan Bedford Forrest had both slaves and freemen serving in units under his command. After the war, General Forrest said of the black men who served under him "(T)hese boys stayed with me ... and better Confederates did not live."

It was not just Southern generals who owned slaves but northern generals owned them as well. General Ulysses Grant's slaves had to await the Thirteenth Amendment for freedom. When asked why he didn't free his slaves earlier, General Grant said, "Good help is so hard to come by these days."

These are but a few examples of the important role that blacks served, both as slaves and freemen in the Confederacy during the War Between the States. The flap over the Confederate flag is not quite as simple as the nation's race experts make it.

They want us to believe the flag is a symbol of racism. Yes, racists have used the Confederate flag, but racists have also used the Bible and the U.S. flag. Should we get rid of the Bible and lower the U.S. flag?

Black civil rights activists and their white liberal supporters who're attacking the Confederate flag have committed a deep, despicable dishonor to our patriotic black ancestors who marched, fought and died to protect their homeland from what they saw as Northern aggression. They don't deserve the dishonor.

To find out more about Walter Williams, and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate web page at www.creators.com.
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Why it's so important to ignore Iowa

by Vin Suprynowicz

Democracy on a mass scale can be a good way to keep the peace, but it rarely produces much to be proud of.

That's why the founders made democracy such a small part of our system. Federal judges don't stand for election (nor did U.S. senators, till 1912). Even the president is supposed to be chosen not by some mob, but by either Congress or an electoral college (whose delegates are not required to mimic the popular vote. In 1972 a Virginia elector cast his vote for Libertarian nominee John Hospers and Theodora "Toni" Nathan — the first woman so honored. That elector's vote counted; he was not led away in chains.)

If the group must settle on one thing for lunch, by all means let's get whatever the plurality of "voters" want. Just don't try to convince me the ballot results "prove" McDonald's offers the best cuisine in town.

Consider the recent balloting among 700 "music professionals" which led cable network VH-1 to declare the Rolling Stones' "Satisfaction" to be the greatest rock song in history.

The winning entry may be the most familiar song in rock history. It may be the most easily recognized song in rock history. But it isn't even the Rolling Stones' best song, for heaven's sake. (This is the band that brought us "Brown Sugar," "Sympathy for the Devil," and "Tumbling Dice.")

"Satisfaction," one will recall, is the classic anthem of teen rebellion against a commercial culture whose pitchmen tell us "how white our shirts can be" — a major social crisis of the '60s which seems to have receded a bit with time, recorded by a set of scruffy teens who, at the earliest opportunity, ran out to buy country estates and Bentleys and medium-sized Latin American countries with more amiable banking laws. (And God bless them for it.)

Anyway, what happens in such "democratic" tallies is that such masterpieces as "Stairway to Heaven" (No. 4), "Hotel California" (No. 7), "Johnny B. Goode" (No. 15) and "Layla" (No. 16) — not to mention the life work of folks like Lennon & McCartney — effectively cancel each other out. Acquired tastes are cast out, and what remains is a consensus of mediocrity. We can only thank our lucky stars the victory didn't go to "Wild Thing" (No. 50) or "Hang on Sloopy."

Which brings us to the similar exercise now occurring in the parallel political universe, where Americans will soon choose whether the next corrupt millionaire socialist to rule America will be Al Gore, George W. Bush, John McCain, or Bill Bradley.

Oh, is "socialist" too harsh? Just tell me which of these four candidates stands opposed to graduated federal taxes on income, corporations, and inheritances; and massive federal insurance programs for health care ("Medicare," "Medicaid") and old-age pensions ("Social Security.")

Calls for such programs made up the major platform planks of Norman Thomas' 1932 Socialist Party, which even Franklin Roosevelt and his Democrats savagely reviled at the time as "fantastic and un-American" — even if they did promptly turn around and enact most of it, as soon as they'd gotten themselves safely elected by promising "an immediate and drastic reduction of governmental expenditures ... of not less than 25 percent ... by abolishing useless commissions and offices."

The only way to identify a non-socialist in American politics today is to wait for the Washington Post, the New York Times, and everyone allowed to appear on camera for CBS and NBC to shriek in unison that said candidate

is a "doctrinaire right-wing extremist" who only gets votes "as a protest" or by "buying them."

These commentators quadrennially mew that the Iowa caucuses and New Hampshire primary are a terrible place to start choosing our presidents, complaining the demographics of these states are too white and too rural. They especially object to the caucus process, in which only the votes of those who are active in a political party, own cars, and are able to follow a map to the caucus location, count.

What this objection really means, of course, is that the kind of folks who dominate the New Hampshire (and particularly the Iowa) process are politically knowledgeable Americans who work and pay taxes, speak English, and may even once have read the U.S. Constitution.

Just look at how quickly these media pobaahs assured you nothing important happened in Iowa last Monday. When they don't mind flogging hundreds of thousands of words about some 6-year-old Cuban immigrant found floating in an inner tube, why the big rush to drop the curtain of silence and "move on to New Hampshire" (and then quickly to states with even bigger numbers, where the races are even more dependent on the media), assuring us the Iowa caucuses are a dumb show that mean nothing, nothing at all?

Because Iowans this winter got a close look at two candidates whom the national news media hope you'll never get to see. Other than Libertarians (who are apparently all painted that special shade of blue which disappears when placed in front of a TV camera), if one had to name the two candidates active in the process today who would be most likely to completely eliminate the personal income tax and the tyrannical, counterproductive War on Drugs, those candidates would clearly be magazine publisher Steve Forbes, and a black American and former ambassador named Alan Keyes.

And when all those taxpaying rural Republicans got together in Iowa Monday night, only 40 percent of them voted for Texas Democrat (even Texas Democrats say he's a Texas Democrat) George W. Bush — the anointed, big-money, "inevitable" candidate who was immediately declared the "victor."

Wasn't he? While 44 percent of them voted for either Steve Forbes or Alan Keyes. Didn't they? But that wasn't worth a headline. Oh no. Because that might indicate that, after 67 years of "New Deal," the yokels are starting to wake up.

So it's: Pay no attention to the little people behind the curtain. They're not "diverse" enough. They're too "conservative." They're too "white." They're too "rich."

They're too inconvenient. Vin Suprynowicz is assistant editorial page editor of the Las Vegas Review-Journal. His new book, "Send in the Waco Killers: Essays on the Freedom Movement, 1993-1998," is available at 1-800-244-2224.

Vin Suprynowicz, vin@lvjr.com
"The evils of tyranny are rarely seen but by him who resists it." — John Hay, 1872

"The whole aim of practical politics is to keep the populace alarmed — and thus clamorous to be led to safety — by menacing it with an endless series of hobgoblins, all of them imaginary." — H.L. Mencken

Lady Lopes win two big district games

by Wes Burnett

Posting a season record of 23-1, and undefeated in District 3-AA, the Post Lady Lope basketball team pulled out two big district wins last week. On January 25 the team clipped Seagraves 41-39 and last Friday (1/28) came from behind to edge Stanton 49-46.

"Those were two really big games for us," coach Ron Taylor emphasized. "Seagraves and Stanton both have really good teams." The coach praised the players as well as fans for this year's success. "We want people to know how much we appreciate their support, the gyms are full of our fans, and it really does make a big difference to the players."

The Lady Lopes have three more district games: Plains (Tuesday), Tahoka (Friday) and Coahoma (Tuesday, 2/8). "We are in a position to win the district outright," Taylor said, "and that would give us a bye for the first round of the play-offs."

Playing great defensive basketball, the Lady Lopes only shot 27 percent from the field in the 41-39 win over Seagraves. "Even with those problems," Taylor added, "we shut down their big guns, and played outstanding defense to win the game."

Kenda Looney led the team with 11 points, followed by Davida Gregory (9), Kelly Moore (8), Emily Smith (8), Meagan Mills (3) and Erin Gregory (2). The Stanton contest was another big win, with the Lady Lopes coming from behind for a 49-46 victory. "These young ladies just made up their mind they were going to win," Taylor observed. The Lady Lopes trailed by as much as 11 points.

In the fourth quarter, they outscored the Lady Buffs 14-5, sparked by crucial defensive plays by Mills and Erin Gregory. Trailing by one point, Mills stole the ball and raced the full length of the court, going to the basket with a left-handed lay-up. Later, after the Lady Buffs had scored, with just seconds left in the game, Erin stole the ball and took off toward the basket for another two-pointer.

Then Mills stole the ball and passed the ball to Erin, who shot a three-pointer with 18 seconds on the clock. She was fouled and put in the two free-throws.

"Erin was a big key," Taylor said, "she shot three for four, hit two big three-pointers and was six for six from the free-throw line."

"This was certainly one of the best high school basketball games I've ever coached," he concluded.

Erin Gregory led the scoring with 14 points. Other scoring came from Looney (11), Davida Gregory (8), Yvonne Lopez (5), Mills (4), Smith (3), Moore (2) and Camie Payne (2).



Meagan Mills (10) takes a shot over a Seagraves defender in the varsity Lady Lope win here last week. (Photo by Jerry Taylor)

Lopes win another district game

The Post Antelope basketball team won their second district game this season in a 51-46 contest here against Seagraves on January 25. "This was an important win for us," coach Dane Vickers said, "we haven't won too many district games in recent years, and these young players showed they've got the makings for great things."

Coach Vickers praised the Lopes for their rebounding and control of turnovers.

Billy Crawford led the team with 19 points, followed by Michael Huff (17), Jarrett Vickers (8) and Justin Gorman (7).

Last Friday the team had trouble with Stanton's pressure defense, losing 52-35. "They never gave up," coach Vickers commented, "and I was well pleased with their effort. We have to work through these kind of games and get better."

Huff led with 10 points. Other scoring came from Gorman (9), Vickers (5), Crawford (4), Raul Ortiz (4), Brandon Bell (2) and Jaime Collazo (1).

J.V. boys take 48-37 win over Stanton

The Post junior varsity boys' basketball team played one of its best games last Friday in a 48-37 win over Stanton. "Super effort," coach Chris Morrow said about the effort. "This is the best game this year by this team, they really played well!"

The young Lopes led 10-6 at the end of the first period, 20-16 at half-time and 33-23 at the end of the third period.

Lance Curtis led the team with 17 points, followed by Jon Eilenberger with 12. Others scoring were Kenny Ratke (7), Tye Mason (4), Brody Robertson (2), Hector Reyna (2), Noah Gutierrez (2) and one each by Luis Zubia and Brice Easterling.

On January 25 the junior varsity lost to Seagraves 41-34. Scoring came from Curtis (8), Reyna (7), Eilenberger (7), Robertson (5), Gutierrez (5) and Ratke (2).

J.V. girls clip Seagraves 36-31

The Post Junior Varsity Lady Lopes slipped by Seagraves 36-31 in the Tuesday, Jan. 25 contest.

LaRinda Ledbetter led the scoring at 14 points, followed by Mandi Terry (6), Jenny Jones (6), Angela Hester (5), Jessica Mason (2), Nicole Gray (2) and Regina Collazo (1).

Stanton pulled off a 43-33 win over the Post J.V. girls last Friday, with Ledbetter again leading the scoring at 13 points. Others scoring included Hester (6), Mason (6), Collazo (6) and Tandi Humble (2).

PHS Basketball Schedule

Feb. 4	Tahoka	J.V. & Varsity (there)
Feb. 8	Coahoma	J.V. & Varsity (there)
J.V. Lopes "B" & Jr. High		
Feb. 7	Coahoma	Girls here, boys there

8th grade boys whallop Tahoka

The Post eighth grade boys' basketball team whalloped Tahoka 46-18 in the January 31 contest. Mitchell Mills ripped off 19 points, with Jerry Curtis getting 10.

Other scoring came from Adrian Laredo (5), Brody Conner (4), Javen Abraham (3), Mitch Holly (3) and Francisco Duran (2).

Tahoka takes one from 8th grade girls

The Post eighth grade girls' basketball team fought every inch of the way in a 39-29 loss to Tahoka on January 31. "From the tip-off to the last buzzer," coach Madawn Sherrin commented, "these girls hustled and would not quit. They played aggressively and as a team. I am proud of their improvement and their maximum effort."

Scoring for the team included Starlett Greathouse (17), Terri Curtis (4), Crystal Crawford (4), Erica Moore (2) and Tayler Starkey (2).

7th grade boys win 40-39

The Post seventh grade boys' basketball team won one more game January 31 in a 40-39 squeaker over Tahoka.

Jett Lott led the team with 15 points, followed by Tony Garay (7), Jordan Tatum (6), Jerrad Grisham (6), Eric Pedersen (4) and Colton Valdez (2).

7th grade girls drop one to Tahoka

The Post seventh grade girls' "A" basketball team lost 28-22 on January 31 to Tahoka. "We played well enough against a tough Tahoka team," coach Madawn Sherrin said, "but little mistakes cost us."

Patricia Hester led the scoring with eight points, followed by Kaycee Gorman (6), Donae Dalby (4) and Logan Gregory (2).

"B" team wins 41-5
The 7th grade girls' "B" team won 41-5 in its January 31 game against Tahoka. "These girls played two, 10 minute running halves," coach Sherrin said. "They hustled throughout the game, playing very well together."
Mendy Morgan scored 13 points, with Dalle May Foy getting 10. Others scoring included Lesley Rutherford (5), Tracy Nelson (4), Jordan Melius (4), Cherrell Reed (2), Dianna Ratke (2) and Lacey White (1).



Jenny Jones goes over the top of a Seagraves defender for the Post junior varsity Lady Lopes. (Photo by Bruce Ledbetter)



Angela Hester puts the ball up for the junior varsity Lady Lopes during action here last week. (Photo by Bruce Ledbetter)



Billy Crawford puts in another two points for the Post Antelopes in their win over Seagraves here last week. (Photo by Jerry Taylor)



Justin Gorman (22) takes a jump shot for the Post Antelopes in the Seagraves game here last week. (Photo by Jerry Taylor)

New district 4-AA alignment announced

Post High School will join Idalou, Ralls, Sundown and Tahoka in a new Class AA district beginning in the fall of 2000. The two-year U.L.L. realignment was announced Tuesday morning, and originally included Lorenzo ISD.

Lorenzo immediately challenged the alignment, citing enrollment of 110 students, well below the bottom enrollment number for Class AA schools. "We're not sure right now whether we'll remain as a five-team district, or if they will add another team to put us in a six team district," PHS athletic director Richard Gorman said.

Gorman said that the U.L.L. has until February 22 to make the decision, but it is expected to announce the change earlier.

"Whichever way it goes," Gorman said, "it won't affect our non-district schedule." The football schedule opens with a scrimmage with Stanton, followed by opening of the season with Hamlin, then Denver City, Abernathy, Coahoma and Shallowater. There will be an open date after the Shallowater game.

"We think this is a good realignment for us in all sports," Gorman said.



Kenda Looney fights for a rebound for the Post Lady Lopes in the crucial win over Seagraves last week. (Photo by Jerry Taylor)

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Mary Kay Beach was a 1939 graduate of Post High School and attended many sports events throughout the years.

Post City Radio

P.O. Box 794 - Post, Texas 79356

"On Golden Pond" takes Willy for Play of the Year

by Louella Bilberry

The Community Center was the scene of the 14th annual Willy Awards gala Saturday night, Jan. 22.

Elegantly dressed ladies and gentlemen greeted each other, visited and mingled, checking out the items on display for the silent auction and the table of snapshots taken at rehearsals and performances. Another table had photos from scenes of the plays to be voted on for that award and also all the programs to be voted on were displayed.

Linda Ellis, president of the theatre board, introduced Emily Hataway, who sang the Willy theme song, "Life is a Cabaret." Will McCrary sang it at the first Willy Awards 14 years ago. Karen Nichols accompanied Emily. Karen is the music teacher at Post Elementary School.

The first award was for Best Program Cover Design and presented by Steve Berry for "The Unsinkable Molly Brown." The award for Best Set Design went to Amy and Steve Sever for "The Housekeeper." The award was presented by Micki Klafka. Amy and Steve not only built the set but they were also the stars of the play!

Jeff Conner and his guitar entertained us with two old 1930s blues songs — "Blind Man Willie" and "Stomp Down Rider." Later in the program, he did a number written in 1963 in honor of Martin Luther King, "Walking Man Blues."

Morgan Mercer presented the Willy for Best Actor in a Cameo Role to Rob Holton for "On Golden Pond." Chris Borland presented the award for Best Actress in a Cameo Role to Joyce Meadows in "The Unsinkable Molly Brown." Chris surprised us by pulling out and reading his acceptance speech for his award last year in the same category. If you saw last year's "Li'l Abner" you could not have forgotten his "Evil Eye Flegel!" He wasn't able to be here for last year's awards, so he was forgiven for padding his part!

Anna Wilson sang "If You Believe" from the Prince of Egypt. Later in the program she sang the beautiful "My Heart Will Go On" from "Titanic."

Linda Ellis presented three new awards this year, the "Youth Achievement" plaque went to Morgan Mercer. The award for "Special Music" went to Chris Bohannon. Brandon Bohannon accepted the award for Chris. Steve Berry accepted his award for "Audience Ringer." (Never heard that one before? Well, he was the one who kept the audience hissing and booing the villain Jack Dalton in "Curse You, Jack Dalton!")

Christy Morris introduced a very polite exchange student. He told us he was from Armadork, Whatselvania, a small country where the men outnumbered the women three to one. He went on to explain the courting ritual. The men take turns serenading the lady they hope to win. If she chooses one, she drops a white rose to him. With that said, this nice young man with the long feather in his hat took out his whateselele and began to strum and sing his song. With his accent, I couldn't catch all the words, but one line sounded like, "I want to make whoop-de-do with you-u-u!" You should have been there to appreciate his performance.

There was a tie for "Best Actor in a Supporting Role." Willys presented by Jake Morgan went to Sam Mercer in "Golden Pond" and Anthony Burton in "Glass Menagerie." Best Actress in a Supporting Role presented by Mitch Britton went to Karyn Forner in "Glass Menagerie."

Morgan Mercer presented the Willy for Best Actor in a Lead Role to Glen Polk in "On Golden Pond." Brandon Bohannon presented the award for Best Actress in a Lead Role to Linda Ellis in "Glass Menagerie."

At last it was time for the big one — the Best Play of the Year and the winner was "On Golden Pond," directed by Glen Polk. He called the cast and crew and his wife up to share the honor. He not only acted in this play, directed this play but also designed and built the set with the

help of his wife, daughter, Amy, and son-in-law, Steve Sever.

Christy Morris, Linda Ellis, Naomi Matsler and others did a great job in decorating the stage/platform. The backdrop was sheer black with silver stars. A network of small multi-colored lights shown through the black sheer fabric. Hanging in front of that was a huge silver medallion and at each front corner of the stage hung long shimmering strands of silver. Loose on stage were many red, white and black balloons.

Once again, office manager Naomi Matsler made the Willys from molds made by her brother, David Nichols.

I must now identify the foreign exchange student who "brought the house down" with his whateselele, his song and his body language — Rob Holton! Encore! Encore!



Earning Willy Awards at the recent Garza Theatre annual event were (left to right) Glenn Polk (Best Actor), Rob Holton (Best Cameo Actor), Sam Mercer (Best Supporting Actor) and Linda Ellis (Best Actress). (Photo by Zoe Kirkpatrick)



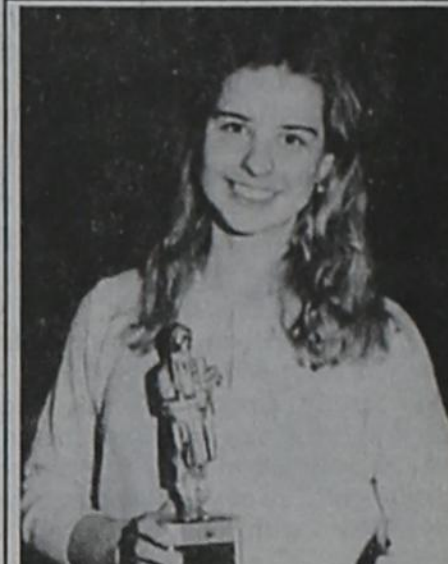
Steve Berry won the Audience Ringer Award at the 2000 Willy Awards. (Photo by Zoe Kirkpatrick)



Best Supporting Actress award went to Jake Morgan. (Photo by Zoe Kirkpatrick)



Gene Cole accepted the Best Supporting Actor award for Anthony Burton for his performance in "Glass Menagerie." (Photo by Zoe Kirkpatrick)



Best Cameo Actress award went to Joyce Meadows at the Willy Awards. (Photo by Zoe Kirkpatrick)



Steve and Amy Sever were honored at the annual Willy Awards with the Will McCrary Spirit Award. (Photo by Zoe Kirkpatrick)



Garza Theatre director Christy Morris (right) presents the Youth Achievement Award to Morgan Mercer. (Photo by Zoe Kirkpatrick)

The Post Dispatch 495-2816

Tax 'n Facts

by Terri Cash

What A Trust Can Do For You

A will indicates where you want your assets to go. A trust may make the distribution more certain. Various kinds of trusts are available to meet your special needs. Basic: a testamentary trust, described in your will, takes effect after your death. A living trust can be set up now.

A 2503 (c) trust can be set up for each child, permitting various individuals to transfer up to \$10,000 into it. Its uses are flexible: for college expenses, long-term estate planning, whatever. Certain withdrawal "windows" must be provided.

A "special needs" trust can be set up to hold assets to enrich the life of a child with a disability without reducing the child's eligibility for government assistance.

A QTIP (qualified terminable interest property) trust can be set up to allow a spouse all the trust income, but after his or her death, the assets can be divided amongst the offspring.

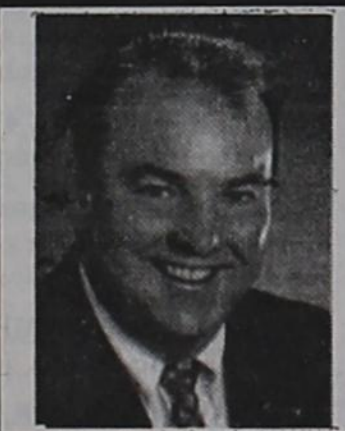
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LET'S DON'T GAMBLE WITH OUR FUTURE

- **FACT:** During the 1998-1999 crime report period the sheriff's dept. Has had zero unsolved sexual assaults, robbery, and homicides and currently the burglary rate in Garza County is at an all-time low
- **FACT:** Under Sheriff Ratke's administration the Garza County sheriff's dept. Has been a major force in the fight against drugs in Garza County and across the south plains. He has provided every major resource available to his staff to accomplish this goal. His effectiveness is without question!
- **FACT:** The sheriff has managed a county jail that has operated in compliance with the state commission on jail standards without any costly litigation to county taxpayers since becoming sheriff in May of 1992
- **FACT:** Sheriff Ratke has 18 years of continuous law enforcement experience and has gained the respect of his peers throughout the state as well as other parts of the country
- **FACT:** Sheriff Ratke is an experienced law enforcement educator who has trained newly hired correctional staff at the Giles Dalby Correctional Facility. Sheriff Ratke has refused any pay for this service and has elected to have his wages placed in a pool that is used for continuing education for his department staff again saving tax dollars.
- **FACT:** Since taking office sheriff Ratke has consistently refused payment for providing security at events that benefit the youth of Garza County
- **FACT:** Sheriff Ratke has created and participated in an effective jail ministry to change the lives and attitudes of those who have had the misfortune of entering the Garza County jail
- **FACT:** Sheriff Ratke puts YOU first!

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Card of Thanks

I would like to take the time to say thank you to everyone in the community who so graciously gave to the recent clothing/food drive. Your kindness was greatly appreciated not only by myself but also those individuals who benefited from the drive. As always, I am very proud of the community in which I live.

Sincerely,
Jayta Cravy/Victims' Assistance Program

Thank you seems so little, when you think of all the personal things people do when you can't do for yourself.

My family, Corkey, Donna, Deann, Dustin and Barbara have kept me going by waiting on me non-stop for three weeks. My friends, all of you, kept me in your prayers, also with food, cards, calls and visits.

Thank You,
Allane Ammons

In addition to above, I personally would like to thank everyone who brought food! Allane is having to eat my cooking and I'm almost certain it is prolonging my dear wife's recovery.
Corkey Ammons

We would like to thank you all for the Christmas Poinsettias and flowers that were brought to the church. It was kind of everyone who participated in the help around the church during the holidays.

Father Neyland was extremely grateful for this. Also, a very special thanks to Eva and her daughter Alana for helping me with the decorations of the Christmas tree at the church. Once again, thanks to all of the following: Eva McCartney and Alana Zubia, Frank and Anthony Flores, Johnny Flores, Laura Moreno, Kathy Fluit, Paula Valdez, Juanita and Herbert Pantoja, The CYO members, Justin Acevedo Mando Rodriguez, Beatrice Perez, Adelina Quintana, Amanda and Anity Quintana, Gary Shifflett and Ramon Garza from United Supermarket and Elida Martinez. Sincerely,
Father Malacollm Neyland
Sulema (Sue) Acevedo
Coordinateor

Personals

Post Independent School District invites the Senior Citizens of the district to come by the Superintendent's office and receive a gift of a complimentary general admissions pass that will admit you to all school functions. (You will be asked to present identification so that a pass can be issued in your name).

Post Group of Alcoholics Anonymous
Meets every Thursday night at the First Presbyterian Church, 901 West 10th at 8 p.m. Closed meetings are held except on the last Thursday of the month, which is an open meeting. Door opens at 7 p.m. and the meeting starts at 7:30 p.m. cake and coffee following the meeting. Anyone who wishes to talk or ask about an alcohol problem, call 495-4152, 495-4185 or 629-4393.

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Help Wanted

Nurses Unlimited Inc., needs attendants to assist with personal care, meal preparations and light house keeping. Part time basis. Please call Monday-Friday, 8am-5pm. 1-888-892-8512.

Post City Radio is accepting applications for advertising sales. Generous commission, flexible hours, full or part time. Send resume to Post City Radio, P.O. Box 794, Post, Texas 79356.

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Homes for Sale

Two bedroom, one bath. 701 W. 5th. Call 495-3930.

House for sale. Country property, 5/2 on one acre. \$49,950. Call 761-9790.

Two bedroom, one bath home. 206 W. 12th. Utility room, unattached garage. Call 495-2793.

Miscellaneous for Sale

Triple booth in Duffey's Peak at Old Mill Trade Days. Booth has drop lighting, large storage closet, three entrances with locking doors. Call 495-2816 days, 327-5254 evenings or 915-758-3350 and leave message.

Red metal tubular bunk bed, one new mattress, one used. Desktop w/ two hanging shelves that attach to one end; 7 1/2" by 6" insulated window w/arch top; two arch windows. Call 495-4007

Garage Sales

Thursday, 1:00 pm to 6:00 pm; Friday 9:00 am till 1:00 pm. 810 W. 7th. Double bed, swivel rocker, Nordi Track Sequoia, queen size water bed w/drawers, exercise bike, couch with recliner on each end, washer, clothes and misc. Weather permitting.

Bake sale, garage sale, Saturday, February 5, VFW Hall. 8:00 am till sold out.

Barkley Estate Sale

Many antiques and new items. Large and small. February 4, 5 and 6. Friday, Saturday and Sunday afternoon. 619 Burlington in Spur.

Legal Notices

Notice Of Application

Notice is hereby given that the Cholla Petroleum Inc, 5949 Sherry Ln Ste 850, Dallas, Texas 75225 has made application for a spacing exception permit under the provisions of Railroad Commission Statewide Rule 37 (16 Tex. Admin. Code Section 3.37) Applicant seeks exception to distance between wells to drill Well No. 6, Connell Lease, 334.5 Acres, Sec. 64, Bk. 5, G. H. & H.R.R. Co./W. A. Corbett Survey, A-634, Arlene (Glorieta) Field(s), Garza County, being 8.5 miles in a east direction of Post, Texas. The location of this well is as follows:

1.350' from the north line and 2507.8' from the east line of lease
1.350 from the north line and 2507.8 from the east line of survey

As part of this application, applicant also seeks permits authority in the Arlene (San Andres) field(s). No rule 37 (38) is necessary pursuant to the field rules for this field(s)

Field rules for the Arlene (Glorieta), Arlene (San Andres) fields are 440/1000, 40 acres.

This well is to be drilled to an approximate depth of 3,300 feet.

Pursuant To The Terms of Rule 37(h) (2) (A), this application may be granted administratively if no protest to the application is received. An affected person is entitled to protest this application. Affected persons include owners of record and the operator or lessees of record of adjacent tracts and tracts nearer to the proposed well than the minimum lease line spacing distance. If a hearing is called, the applicant has the burden to prove the need for an exception. A Protest should be prepared to establish standing as an affected person, and to appear at the hearing either in person or by qualified representative and protest the application with cross-examination or presentation of a direct case. The rules of evidence are applicable in the hearing. If you have questions regarding this application, please contact the Applicant's representative Tom Obenchain, Production Analyst, at 214-692-7052. If you have any questions regarding the hearing procedure, please contact the Commission at (512) 463-6899.

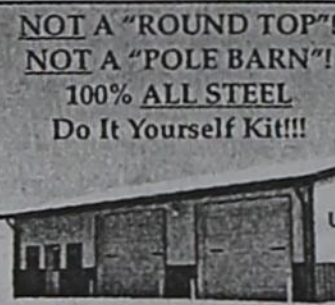
If you wish to request a hearing on this application, an intent to appear in protest must be received in the Railroad Commission's Austin Office by February 22, 2000 at 5:00 p.m. If no protest is received within such time, the requested permit may be granted administratively

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'96 Ford Aero Star Van - Extra clean, rear A/C, well equipped, NADA Wholesale \$9,775, our discount \$1,475, (below wholesale) quick sale price.....	\$8,300
'95 Astro Van - LT package, rear A/C, extra clean, NADA Wholesale \$9,100, our discount \$1,600, Below Wholesale Price.....	\$7,500
'96 Chevy Ext. Cab Pickup - V/6, Auto Trans, A/C, one owner, nice.....	\$9,450
'98 Chevy 3/4 Ton 4X4, Reg. Cab Pickup - 350-V/8, 5 speed, new tires, extra clean.....	\$15,450
'97 Buick LaSabre, 4 Door Sedan - Limited model, leather trim, 39,000 actual miles.....	\$14,200
'98 Buick Century - 4 door, extra clean, 41,000 miles.....	\$11,950
'97 Ford Expedition, Eddie Bauer - White w/ tan leather, one owner.....	\$20,500
'97 Tracker Convertible - 4 cyl 5 speed, A/C, nice.....	\$5,400
'96 Olds Achieva - 2 door, V/6-Auto, A/C.....	\$4,250
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Yesteryears

by Pat Burnett

Classified

ACROSS

1 TXism: "grip like a snappin' turtle"
 5 TXism: "got knocked down ___ or two"
 6 TXism: "mamma" (waitress)
 7 TX Strait's "All My Exes Live ___ Texas"
 8 TXism: "molar ___ (toothbrush)"
 9 what TX shot putter Stuiwe got in Atlanta
 15 Houston has large ___ space industry
 16 extraordinary
 17 TXism: "he could wear ___ shirt to a church social" (lazy)
 19 closet pests
 22 seat of Wharton Co.
 27 TX John Wesley Hardin was known for his quick-___
 28 Jefferson has the "Diamond ___ Murder Trial"
 29 a Cowboy loss
 30 preserves a corpse
 32 ___ Jo, TX
 33 "honcho's" helper
 36 TX saying: "One ___ one Ranger"
 37 Houston's Hermann Park has Wortham World of ___ mates
 38 Sonora
 39 Mohair Company TX O'Hair won the Supreme Ct. ___ to ban school prayer

DOWN

1 TXism: "___ on the hoof" (hog)
 2 TXism: "fits like ugly on an ___"
 3 "winter Texans" in the Valley
 4 TXism: "mean as a bulldog on ___"
 8 "Meet ___ St. Louis"
 9 TXism: "___ out of water"
 10 TX Kristofferson's "Why ___ Lord?"
 11 Cowboy Smith (init.)

The Original TEXAS CROSSWORD
 by Charley & Guy Orbison
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12 tame
 13 biblical prophet
 14 Nocona Boot Co. slogan: "___ Rodeo!"
 15 TXism: "busier than ___ a boomtown"
 16 Semite
 18 Von ___ TX
 20 TXism: "he's at the end of ___"
 21 TXism: "___ cement" (permanent)
 22 Devane of TX Tommy Lee's film "Rolling Thunder" (init.)
 23 TXism: "if ___ a rooster, he'll crow"
 31 security for a debt
 34 Manson killed this TX actress Sharon
 35 TXism: "sneaky as ___ egg-sucking dog"
 37 instrument of TX "Queen" Spivay
 40 TXism: "___ as molasses"
 43 TXism: "tough as ___ hide"
 44 drink proposal (2 wds.)
 50 "Bum" Phillips book "He Ain't ___"
 51 ___ Pepper

Household Hints And 'Receipts' Appear In Ladies' Aid Cookbook 40 Years Old

The young bride of 1950 may not be as capable a housewife at the beginning as was her grandmother 40 years ago.

This must be true, judging from the explicit directions given in cookbooks today, comparing them with the "hit-or-miss" receipts published years ago.

The Baptist Women's Missionary Union published the "Ladies Aid Cook Book" around 1911. It was printed by the Post City Post. Mrs. I. L. Duckworth has a copy. Recipes include one for preserved husbands as well as county attorney stew and sour milk biscuits.

County attorney stew was a main dish for the early-day cowboy. It was really known by another name, now called son-of-a-gun, but when ladies were present, the cook referred to it as "County attorney stew". After all, the cowboys would say, there really wasn't any difference.

Duckworth Gives Recipe

The late Bud Duckworth's recipe was included in the Ladies Aid Cookbook. "Take sweet bread, marrow gut, small part of liver and kidneys and all of the heart and tenderloin of a calf, cut all up into small bits, also add parts of leaf fat put all together with salt and pepper to taste into a vessel with water to cover and cook for half a day. Can use any steak instead of tender loin but this is best."

The late Mrs. Hume assumed the reader of her recipes knew the fundamentals of cooking. To make egg pan cakes, she says, "Take stale bread, either grate or grind it in food chopper, make a batter as for any pan cakes using sour milk, eggs, salt and soda according to the quantity desired, use two tablespoons of flour in batter, cakes will turn better."

Waffles 'Are Delicious'

"Lilly's Waffles" is probably a recipe given by Mrs. J. H. Babb. Direction are: "3 eggs beaten separately, teaspoon of salt, tablespoon of sugar, 2 cups of sweet milk, flour for a thick batter, then stir in white and lastly 1 1/2 teaspoonful of baking powder, these are delicious."

The late Mrs. Lee Duckworth, mother of I. L. Duckworth, contributed a large percentage of the recipes. For sour milk biscuits, she advised:

"Sift one quart of flour, make a hole in the center, set down sifter, put in sifter one teaspoon salt, one leveled teaspoon of soda, one half teaspoon baking powder, sift these ingredients in flour, and mix with a little flour in center, then one cup of sour milk (any kind), if very sour use more soda, if very fresh, use less. I never measure Cottolene or shortening of any kind; use your own judgment, mix well, using as little flour as possible and do not work any more than is necessary, roll thin, cut out and

bake in three minutes."

Choose Anonymity

Whatever member of the Ladies Aid who gave advice on how to preserve a husband chose to remain unknown. She said:

"Be careful in your selection. Do not choose too young, and take only such as have been reared in a good moral atmosphere. Some insist on keeping them in pickle, while others keep them in hot water. This only makes them sour, hard and some times bitter. Even poor varieties may be made sweet and tender and good by garnishing them with patience, well sweetened with love and flavored with kisses to taste. Then wrap them in a mantle of charity. Keep warm with a steady fire of domestic devotion, and serve with peaches and cream. When thus prepared, will keep for years."

Like Spanish Rice

Mrs. C. M. Eudy gave a recipe for Soda de Arroz which parallels closely our present-day recipe for Spanish Rice. It is:

"A Mexican way of preparing rice. Wash well one cup of rice, dry well in sun, heat one tablespoon of lard and when smoking hot put in the dry rice and fry until a golden brown, have ready one good sized tomato, one onion and a small pinch of garlic, chopped as fine as possible put this on the rice and cook, then pour over this a sufficient amount of any kind of meat stock to cook well, when done, garnish with parsley and one hard boiled egg, sliced thin."

Mrs. Duckworth had a recipe for baked turkey and dressing included.

Kill The Turkey

"Always kill the turkey," she advised, "the day before, carefully pick and singe, dry thoroughly inside and out and salt it, preserve liver and gizzard, be particular not to break gall, cut off neck close to back, but have enough of the neck skin to put the dressing through, tie wings close to body when killed, when ready to put turkey on, rinse off with warm water and dry, have dressing ready and dress. Bake in a roaster or put a well greased cloth over turkey."

"Take cold biscuit and egg bread and soften with boiling water, take potato masher and mash thoroughly, season with salt, pepper and sage, cut up onion very fine, four or five eggs, some stale light bread can be used. Be careful not to get too much water on bread at first or it will be too watery, adding a little sweet milk, mix all together, raisins or oysters can be used if desired but with oysters only use light bread."

Salad Dressing

Mrs. J. J. Nichols of Snyder gave a recipe for salad dressing: "Whites and yolks of three eggs beaten stiffly, lump of butter size of quail egg, tablespoon of sugar, small cup of vinegar,

mustard, pepper and salt to taste. Cook in double boiler to the right consistency."

Mrs. J. B. Walker gave a recipe for mayonnaise.

"Work the yolks of two eggs to a smooth paste, add 2 salt spoons of salt, hal salt spoon of cayenne, salt spoon of dry mustard and a teaspoon of oil; mix these thoroughly and add the strained juice of half a lemon. Take what remains of a half pint of olive oil and add it gradually a teaspoonful at a time and every fifth teaspoonful add a few drops of lemon juice, until you have used two lemons and a half to a pint of oil."

Contains Household Hints

Back page of the cook book contained several household hints. One is entitled:

"Whooping Cough." It says "Mix turpentine, and olive oil, equal parts; apply to the nose, throat, chest and back, give 5 drops every time a coughing spell occurs."

"Drive Flies: "Pull down shades, close all doors but one. Burn a hand full of cotton rags. This will drive them."

The young housewife was grateful for the hint on stove polish: "Add a little molasses to your stove polish. It will make stove shine better and polish will not burn off so quickly."

Under poultices is this advice: "Ginger poultices instead of mustard will relieve neuralgia and will not blister."



MRS. ELBERT RUDD (Judy Sue Lofton)
Judy Sue Lofton and Elbert Rudd are wed Jan. 28
 From The Post Dispatch, February 5, 1970

February 7, 1990
10 Years Ago

The Post Art Guild (PAG) has announced a new addition to its youth art program - "Kids 'n Art."

Cody Bullard is proud to announce the arrival of his sister, Rebecca Paige. Paige is the daughter of Keith and Jana Bullard. She was born Thursday, January 18, 1990, at 3:32 p.m. and weighed eight pounds and 14 ounces. She was 20 and one-half inches long.

Southland Junior High boys took first place at the Wellman tournament January 20. The final score in the first game against Dawson was Southland 41, Dawson 36. In the second game, Southland overwhelmed Wellman with a score of 39 to 35. The top scorers in the game were Jason Haire and Matt Valadez. Congratulations to Southland's Junior High boys.

Mayor Giles C. McCrary, Marie Noff and Maxine and Lewis Earl are among the outstanding individuals who have been nominated by their peers for membership in the Texas 200, a select committee of the Texas Arts Council, created by its Board of Directors in 1989.

February 7, 1980
20 Years Ago

Happy Birthday this week goes to that little Valentine, Patti McClellan. She celebrates hers, Feb. 14.

The PHS Choir attended regional in Lubbock last Saturday and received a rating of 5. CONGRATS for your efforts.

Coach James Easterling's Post JV girls club came from behind in the fourth period here Tuesday night to edge the Cooper JVs 38 to 37 in the preliminary of the tripleheader.

The Junior class play, "The Soapy Murder Case" by Tim Kelly, was presented Saturday evening in the Primary Auditorium to an

February 5, 1970
30 Years Ago

MRS. RAYMOND Garza fell off a chair at her home last Friday and broke her left arm. She had broken her right arm in a fall from a ladder last summer and has been bothered with it ever since. Now she has broken her left arm - oh, my! Looks like when it rains, it pours. Hope all goes well with you this time, Mrs. Garza.

Steve Sawyers, Post 7th grade student and son of Mr. and Mrs. Ed Sawyers, has been named as first place winner in an essay contest on the subject, "My Stake in the Natural Resources of Texas," and was presented the first place check of \$15 last Friday afternoon in a junior high school assembly.

Director Georgie M. Willson and the "Top Twenty," his Post High School singing group, are "sweating out" whether or not they will be selected to appear on television's Ted Mack Amateur Hour.

Mr. and Mrs. Wesley Stephens celebrated their 50th wedding anniversary in their new home on West 10th Street last Sunday when their son and daughters and families entertained with an open house from 2 until 5 o'clock in the afternoon.

February 4, 1960
40 Years Ago

Mr. and Mrs. J. W. Putman and Mrs. Charles Williams Jr. were in Dickens Saturday afternoon to attend funeral services for C. A. White, 69, brother-in-law of Putman.

The Little Homemakers 4-H Club met in the home of Mrs. Leta Smith last Friday.

Mrs. Smith, county agent, gave a demonstration on making biscuits, after which the girls worked in groups and made biscuits.

Mr. and Mrs. R. A. Moore entertained with a party recently honoring their daughter, Sharon Kay, on the occasion of her 17th birthday.

Rhea Peel, daughter of Mr. and Mrs. E. E. Peel of Route 3, is the 1960 Betty Crocker Homemaker of Tomorrow of Post High School, Mrs. Wilma Hill, home economics instructor, announced today. Rhea is a senior.

February 2, 1950
50 Years Ago

Six machines are building terraces in the Duck Creek Soil Conservation area this week, A. P. Ottinger, soil conservationist announced.

Mrs. Addie Yantis spent the weekend visiting her son, Lynn, in Stamford.

DeWayne Hoover, small son of Mr. and Mrs. Jerry Hoover of Lubbock, and grandson of Mr. and Mrs. O. H. Hoover of Route 3, underwent a tonsilectomy in Lubbock Memorial Hospital Monday.

Mr. and Mrs. G. R. Day spent Sunday evening in Floydada with their son and daughter-in-law, Mr. and Mrs. Glen Day.

Mrs. Lee Davis and Mrs. W. M. Kirkpatrick attended the P-TA Executive Board Committee meeting of District 14 in Lubbock, Saturday.

The Rev. and Mrs. I. D. Walker of Lubbock visited Sunday in the George Barker and Jim Hays homes.

Mr. and Mrs. N. W. Stone and Mrs. A. Stone were in Austin and Temple last week.

Mr. and Mrs. E. L. McLaugh of Petersburg visited relatives here Sunday.

Birthdays today are:
 Katie Mae Martin
 William Zetman
 "Red" Floyd
 Mrs. N. L. Luck, Lubbock
 Mrs. Vida Brant
 Mrs. Rudford Chapman, Plainview
 Zelma Stephens, Burch, O.

Nothing in life is to be feared. It is only to be understood.
 —Marie Curie

Invited to join band—
Post girl to go on European tour

Rhonda Rogers, who plays the tympani in the Post High School band, has been accepted for membership in the United States Collegiate Wind Band which will make a concert tour of England and seven European countries in July and August.

She is the daughter of Mrs. Rosemary Rogers.

The invitation to tour with the band was received by Rhonda from Prof. Al G. Wright, Purdue University's director of bands.



From The Post Dispatch, February 7, 1980



MR. AND MRS. TOMMY YOUNG
 (Photo courtesy Casteel Studios)

Double ring vows pledged by Ruth Ann Long, Tommy Young
 From The Post Dispatch February 4, 1960

226 E. Main Post, Texas 79356 Telephone (806)495-4005

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Curtain Times:
 Friday & Saturday - 7:45 p.m. - Sunday Matinee - 2:30 p.m.

Tickets:
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Box Office Hours:
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 12:30 - 5:00 p.m.
 Except Show Weekends
 12:00 p.m. - Curtain Time

WELCOME TO OUR YEAR 2000 SEASON

CALL OUR BOX OFFICE AND MAKE RESERVATIONS 495-4005

The production has been partially funded by the Texas Commission on the Arts and the Capric Cultural Association.

From The Post Dispatch, February 2, 1950

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TexSCAN

TexSCAN Week of January 30, 2000

ANTIQUES

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BUSINESS OPPORTUNITIES

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VACATION

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Post volunteer firemen faced a precarious situation last Thursday evening when a fire at 12th and Avenue I raged out of control, threatening structures to the south and west. Firemen were on the scene throughout the night and into Friday. None of the damaged property was occupied and no cause has been determined. (Photo by Jerry Taylor)

Kidnapping

(Continued from Page 1)

Following the assault, the victim was shoved into the trunk of the car and driven around for some time, reports indicate. When the trunk was opened, he was doused with hot water but managed to get out of the vehicle and kick Mann.

He ran to a nearby house for help and broke a window before Mann allegedly caught him from behind and began choking him. The suspect disappeared when a man came out of the home and indicated the police had been called.

The neighborhood police were called to is in the 5500 block of Fordham Street in northwest Lubbock.

The victim was taken to University Medical Center, Lubbock, and was treated for cuts and scrapes to the face, neck, chest and arms prior to being released.

Four other individuals also have been identified as reportedly having been involved in the Jan. 8 incident. All are from Lubbock County.

The cases against these individuals are expected to be presented to the grand jury in coming weeks, Jolly said.

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Feb. 10, 2000

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Page 12 Old Mill Trade Days, February 4-6, 2000
Right on the Corner, Right Downtown!