

## ★ Williams wins final 1998 Dispatch Football Contest...

Nolan Williams edged out two other contestants, all missing five games, to claim this week's Post Dispatch Football Contest prize. Susan Radle and Simmon Owens also missed five games, but Williams' guess of the tie breaker score was nearest to the actual score of the NY Jets at Tennessee. All three chose Tennessee to win, but Williams' guess of Jets 15, Oilers 29 was nearer to the actual score of Jets 25, Oilers 3. Williams collects \$25 in Post City Bucks<sup>®</sup> redeemable at any of the participating merchants on the Football Contest. We appreciate all our sponsors for this year's Post Dispatch Football Contest, and look forward to another great season in 1999.

• Weather in Post •

Date	High	Low	Precip
Nov. 17	76	42	—
Nov. 18	70	44	—
Nov. 19	80	52	—
Nov. 20	73	38	—
Nov. 21	53	38	—
Nov. 22	68	48	—
Nov. 23	79	48	—
November rainfall	— 0.60		
Year-to-date rainfall	— 9.861		

Records courtesy Garza County Sheriff's Dept.

## Post Notes

### Women's Division Christmas party

The Women's Division of the Post Commerce and Tourism Bureau will hold its annual Christmas party Tuesday, December 8 at 7 p.m. in the Hotel Garza. Members are encouraged to bring a guest.

### Santa Claus is coming to Post!

The Post Commerce & Tourism Bureau is planning a bigger than ever lighted Christmas parade for December 5 beginning at 6 p.m. A total of \$1,000 in prizes will be awarded to the best three lighted parade floats. Call for information about entering a float to 495-3461.

### Church to offer fish dinners on Fridays

The Holy Cross Catholic Church will offer fish dinner plates, featuring fried catfish and the trimmings, every Friday starting at 5 p.m. Cost will be \$5 per plate.

### Community Christmas singing

A community wide Christmas singing program will be held at 7 p.m. Wednesday, December 9 at the First United Methodist Church. The singing program will include community churches. Each church will provide one or two musical numbers. A love offering will be received for a specific community need. Everyone is invited. For more information call the Methodist Church at 495-2942.

### Holiday Fashion Fare set Dec. 9

A special event, the Holiday Fashion Fare, will be held Dec. 9 from 11:45 to 1:15 p.m. at the Algerita Arts Center. A meal featuring two types of soup, baked potatoes and holiday foods will be served. Fashions from La Posta will be featured and an auction of arts and crafts from the Post Art Guild members will be conducted. Cost is \$5 per person.

### Post-parade chili supper planned

The United Methodist Youth will have a chili supper Saturday, Dec. 5, following the downtown Christmas parade. The supper will run until 8:30 p.m. and will be held at the Methodist Church. Cost will be \$3 for adults and \$1.50 for children under 10. Donations are welcome.

### Tower plans Cowboy Christmas Ball

The second annual Cowboy Christmas Ball at the Tower Theater has been scheduled for Dec. 5 from 8-11 p.m. The evening's entertainment will include Rusty Hudelson's Knights of the West, Classic Country and Bob Wills Western Swing dance music with John Hartin (fastest guitar of the west), Rusty Hudelson's flying keyboard fingers, Tania Moody yodeling (joined by her alter ego Gaynelle Strawbuck, comedienne and cowgirl extraordinaire) and Schahara Hudelson's tributes to Patsy Cline and Buddy Holly. Holiday trimmings and eats and treats will surround those who attend this boot-scootin' event. The theater's no smoking/no alcohol policies will be in effect. Tickets are \$10. Reservations may be made by calling 806-894-3552.

### Toys for Tots applications sought

Applications for needy children to receive "Toys for Tots" gifts will be accepted by the Post Lions Club through December 3. No applications will be accepted after that date. Anyone who knows of families in need may apply. Applications are available at the Garza County Sheriff's Department or at Fashion Cleaners. The Lions Club is also accepting donations and new Christmas items for the program.

### Faculty vs. alumni basketball game

The PHS Student Council is planning a faculty vs. alumni basketball game on December 14 at 7 p.m. Those interested in participating should contact Shelley at 495-3656 or Kasey at 495-3987. Please leave a message if no answer.

### Cook books on sale

The Women's Division of the Post Commerce and Tourism Bureau announces the arrival of the special cook books. The books are \$10 each and are on sale at Twins Fashions, OS Ranch Shop, Garza Historical Museum, Post Library and the Algerita Gift Shop. Call JoAnn Stelzer at 495-3393.

### Raffle to benefit injured firefighter

The Post Fire Department will be raffling off \$150 worth of groceries from United Supermarket Dec. 12 at their chili supper. Raffle tickets will be sold by firefighters for \$1 each; tickets may also be purchased from Delbert Rudd at 495-2618, Mark Short at 495-2355 or Darrell Reece at 495-02565. Proceeds from the raffle will benefit fellow firefighter Jo Ann Winters, a member of the Oplin Volunteer Fire Department who was severely burned Oct. 14 while fighting a brush fire.

### United Way campaign seeks \$21,150

The Garza County United Way campaign is seeking a total of \$21,150 to fund 13 participating units. Donations may be made by mailing to Garza County United Way, P.O. Box 425, Post, Texas 79356. Last year the Garza County United Way was honored as one of the top units of its size in the nation.

### GED program continues in Post

The GED adult education program in its second month of educational service to the Post community. The program takes place in Room 210 of the elementary school each Monday from 4-8 p.m. To participate, you must be a Texas resident of at least 18 years of age and not enrolled in a public school or at least 17 years of age and officially withdrawn from school. The GED test will be given in Lubbock at Matthews Learning Center several times in coming weeks.

## Garza County United Way campaign report



Total contributions through November 24...  
**\$3,663**

Goal this year:  
**\$21,150**

United Way

# The Post Dispatch

Seventythird Year Number 26 USPS 439-620 Single Copy 50 cents © 1998 The Post Dispatch Wednesday, November 25, 1998

## Post ISD trustees review annual academic report

by Sheri Lewis

A public hearing on the AEIS (Academic Excellence Indicator System) report reflecting the Post Independent School District's 1997-98 performance was reviewed by trustees at their regular monthly meeting Nov. 18. The report, compiled by the Texas Education Agency, gave the Post ISD an "academically acceptable" accountability rating. The multifaceted report gives an overview of the district's demographic data, TAAS (Texas Assessment of Academic Skills) test scores, attendance and dropout rates, and SAT and ACT scores, with comparisons made with other school districts similar to the Post ISD, as well as statewide averages. It also details the district's campus improvement plans.



### Christian School Students "Jump for Hearts"

Students at the First Baptist Christian School devoted their time and energy last Friday in a fund raising effort for the Heart Association's "Jump for Hearts" project. (see story on page 3).

Copies of the report are available for public inspection at any Post ISD campus and at the district's administrative offices, said Dr. Bobby Bain, district superintendent.

Following the hearing, trustees approved the campus improvement plans and district improvement plan; received a report from auditor Ken Robison, whose routine, state-required audit of the school district showed the entity to be in

(Continued on Page 3)

## Commissioners accept safety award for county

The Garza County Commissioners Court accepted the 1997 Texas Association of Counties (TAC) Safety Award at its regular meeting Monday morning. James Cain, TAC representative, made the presentation, in which he cited the county's continuing safety record.

The award was earned for the county's record of involvement and commitment to safety in the workplace, as well as for controlling its Workers' Compensation claims. The honor means that Garza County, which participates in the counties' pool through TAC, is obtaining substantial savings for taxpayers as a result of the TAC Workers' Comp coverage. Premiums are reduced for public entities which have lowered their claims rates.

Garza County has saved approximately \$43,700 in Workers' Compensation costs in 1997, compared to the manual rates for Workers' Compensation which were published by the State of Texas.

To qualify for this honor, the entity must have a safety program rated in the top 10 percent of approximately 350 government entities that collectively self-insure their Workers' Compensation in this

pool. Only 38 of these entities were honored this year.

These programs are evaluated by the Texas Association of Counties Safety Specialists who work with each pool member to develop loss control and safety programs.

In the evaluation of the program, the following criteria are considered:

- Safety program elements in place;
- Activity and success of program in the 1997 calendar year;
- Support for the program by the upper management, governing board or commission that directs the operations of the entity;
- Recent loss history; and
- Improvement in the safety program since 1996.

The TAC Safety Awards are presented annually.

In other action, the commissioners heard a report from Bryan Grimes about efforts to expand a governor's grant program for offsetting costs of housing youth at the Garza County juvenile detention center.

Currently, the governor's grants are distributed directly to the various association of governments, such as the South Plains Association of Governments (SPAG), which in turn provide funding for counties within those associations.

The Juvenile Justice and Delinquency Prevention Program funds have been used by SPAG to provide rebates to counties who send youth to the local detention center.

Grimes is applying to the governor's office to see if the funds from the Permian Basin Association of Governments could be used in the same fashion. Currently 60 percent of the counties in the PBAG have contracts with the Garza County detention center.

If approved, the overall cost to those counties outside of the SPAG would be able to benefit from the grants.

## "Steel Magnolias" makes return to Garza Theatre

Advance tickets are currently available to all performances of the Garza Theatre's upcoming production of "Steel Magnolias," scheduled to take the stage Dec. 4-6, 11-13 and 18-20.

Tim McIntire will direct the production, which will feature the talents of Linda Ellis, Laura Bryan, Christy Morris, Sally Graham, Barbi Brown and Morgan Mercer.

Curtain times will be at 7:45 p.m. for Friday and Saturday performances. Sunday matinee performances will be at 2:30 p.m.

Tickets cost \$8 for adults and \$5 for children ages 6-12.

The Garza Theatre box office, located at 226 E. Main, is open weekdays from 12:30-5 p.m. Their telephone number is 495-4005.



### Sprucing Up Main Street

Last Saturday morning Loveta Josey (left) and Sherry Jones were busy sprucing up the store front at Twins Fashions on Main Street. The "sprucing up Main Street" Saturday was part of the preparations for the Christmas parade and activities for December 5.



# From farming to framing is no problem for Youngs

by Kelly Shriber

From farming to framing, the new owner of The Frame Shoppe, Tommy Young, enthusiastically throws himself into whatever job he is doing.

"Working at the shop is quite different than farming," Young said. "I'm indoors all the time."

Young formally took over The Frame Shoppe Oct. 10, and he has been open for business ever since. With the "farming not very good right now," Young started looking for other avenues to invest in. The Frame Shoppe is something he has been interested in for a long time.

Young and his wife, Ruth Ann, are partners in the business. Ruth Ann Young, Garza County treasurer, does the bookkeeping for The Frame

Shoppe. She will soon begin her third term as county treasurer, and even though she enjoys being involved with the new business, being county treasurer is "her number one job."

Both of the Youngs were raised in Post. They have three grown children. Jay, the oldest son, lives in Plano. D'Lynn Barnhart and her husband, Jayson, and daughter, Emma K., live in Lewisville. Son, Ken, and his wife, Sherri, and children, Ashley and J.D., live on the family ranch near the Youngs. All of the children enthusiastically encouraged Tommy and Ruth Ann in their new venture.

The Frame Shoppe currently only services the town they love, but even-

tually they would like to extend to the surrounding areas.

"We want to expand into neighboring small towns," Ruth Ann Young said, "places that don't have a frame shop."

Tommy Young is learning more about his new craft each day. Much of his initial knowledge came from the former Frame Shoppe owners.

"Dan and Jennifer helped make the transition," he said. "I'm learning pretty fast. I have made mistakes, but not many."

In the past month, Tommy Young has learned to cut plain or fancy mats from suede, linen and plain mat material, learned to build frames and cut glass. His wife helps him occasionally in the framing process, helping with color selections and finishing. She leaves the cutting and building to her husband.

According to Ruth Ann Young, "The Frame Shoppe is more than just pictures." They can do shadow boxes, frame needlework and keepsakes also. The Youngs hope to expand into other retail areas soon.

Tommy and Ruth Ann welcome all to come in and visit them in the shop. They offer a huge selection of frame types, mats in many choices of color and texture. Numbered and signed prints are available and they have sources to order almost any type of print. The popular Post-Founders Day prints are also available.

## Luncheon and style show December 9

Members of the Post Art Guild have made plans for a luncheon, style show and auction to be held Dec. 9.

The group met last week and elected officers for the coming year.

Christmas ornaments were made by members Marie Neff, Geraldine Butler, Joann Mock, Linda Puckett, Sherri Riedel, Ann Bratcher and their guest, Barbralee Newcome.

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Madison Kate Lasseigne

## Madison Kate Lasseigne

Terry and Amy Lasseigne are happy to announce the arrival of their daughter, Madison Kate, born October 17, 1998 at 3:53 p.m. in Presbyterian Hospital, Dallas, Tx. Madison weighed five pounds, fourteen ounces and was 20 inches long.

Grandparents are Roger and Katie O'Neal of Lake LBJ and the late Raymond Thane and Agnes Lasseigne of Lafayette, La and the late Derrill Lasseigne.

## Grads earn peace officer certificates

Daniel Yarbro, Thomas Albert, Angelia Melton and Lin Pierce graduated from the South Plains Association of Government Peace Officer Academy Friday, Nov. 20.

The school began Jan. 4 of this year, requiring 560 hours of classroom instruction and training. The group attended instruction three days each week and some weekends.

Commencement exercises were conducted at the Ko-Ko Palace in Lubbock.

## Theta Eta Meets In Post

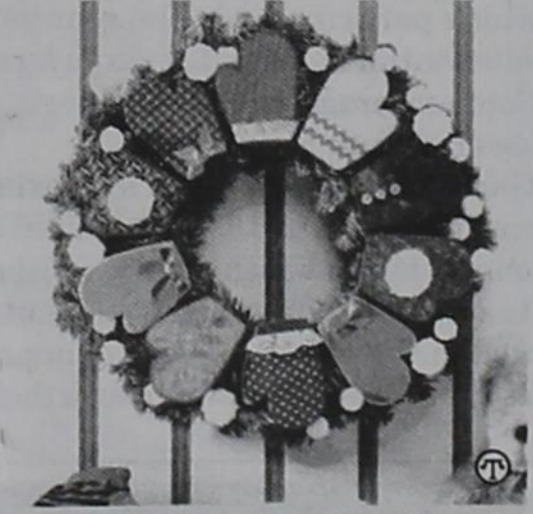
The Theta Eta Chapter of Delta Kappa Gamma met in the Post Elementary Learning Center on Monday November 9, 1998. Prior to the meeting there was an executive meeting, snacks, and fellowship. President Connie Flores, and other Post members welcomed out of town guest.

The program was Technology using the Internet as a life-long learning tool. The presenter was Mr. Marvin Self, Post Elementary Assistant Principal. Special guest was Charlene Davis, Area XII Coordinator.

## Holiday Hints: Create Untraditional Holiday Wreaths

(NAPS)—'Tis the season to make new traditions.

While evergreen boughs trimmed with bows and ornaments remain the traditional holiday decoration, the HIA (Hobby Industry Association) offers these tips to create fabulous and fun "untraditional" holiday wreaths:



Find complete instructions for thousands of holiday craft projects, like this "Mitten Wreath" from Hot Off The Press, at your local craft store.

- Cut 10 mitten shapes from 1/2" thick plastic foam. Cover with and glue on colored fabric. Glue the shapes on an artificial wreath with mitten wrists facing toward center. Decorate with buttons, bows, lace, et cetera.
- Paint a snowman's face and shoulders onto the crown and bottom third of the brim of a straw hat. Paint the rest of the brim blue with dots of snow. Add buttons, bows, a scarf and a one-dimensional felt-top hat.
- Wrap 12 thin, rectangular pieces of plastic foam in metallic gift-wrapping paper. Adorn with metallic ribbons and place spherically around the plastic foam wreath and glue in place.

For additional tips and craft projects, visit your local craft store or the i-craft.com web site.

Con "United Way" estamos construyendo los cimientos para un mañana mejor...



# Judy's Jabberin'

By Judy B. Bush

I guess this week will formally announce the beginning of the holiday season! Can you believe it?

While doing a trade show in Colorado City this past weekend, I was amazed to see so many houses with their trees up and all the yard decorations. Let's get a move on folks!

## Early Thanksgiving

Delfina Castillo called this morning and said their family had celebrated an early Thanksgiving this year so that they could share the time with David Cisneros who was home on holiday from the service.

David has just completed his time in Korea and will go on to Colorado Springs where he will be stationed.

I'm sure they all enjoyed getting to see David and sharing their time together.

## Bold Gold

I want to take this time to congratulate all of the team and the coaches for a fine year.

You all should be proud of the year that you have had, I know that all of the town is!

Once again congratulations! Great job!

## Reminder

Remember that the dispatch will be closed Thursday and Friday for the Thanksgiving holiday. All of you families that are having get togethers call in on Monday and let me know so that we may share your news with everyone.

## Birthdays This Week

Birthdays for this week: Thursday 26; Carol Short, Billy Dörner, Leticia Martin and Angelica Tobias.; Saturday 28; Mikey Suarez III, Kotelyn Redman, Shane Horton, Kristi Ehrig and Dameon Gobin. Anniversary; Terry and Sandra Jarrett (goofed on this one last week); Sunday Nov. 29; Joe Alaway; Anniversary, A big happy anniversary to two of my most favorite people, Don and Allene Ammons.

Monday 30; Heath Eagle and Billy Parker; Tuesday Dec. 1; Kelli Martin and Grandma Gunn; Wednesday 2; Christin Collier, Minnie Lynch and Jerry Epley. Anniversary, Valentin and Davina Soto.

## Soup Time

Everyone remember the Holiday Fashion Fare Dec. 9th at the Algerta Arts Center.

It will be a really fun time and will support our Art Guild also.

I hear that Jerry Riedel is cooking up some mean bean soup, with other treats supplied by Guild members all for the low price of \$5! How can you miss?

## Special

My mom received a Thanksgiving poem in the mail last week, and tho some of you may have received one also I want to share this with everyone.

Lord,  
We humbly ask Thy blessing  
on the turkey and the dressing,  
on the yams and cranberry jelly,  
and the pickles from the deli.  
Bless the apple pie and tea,  
bless each and every calorie.  
Let us enjoy Thanksgiving dinner.  
Tomorrow we can all get thinner.  
For all Thy help along the way  
we're thankful this Thanksgiving day.  
We're thankful too, for all our dear ones,  
for all the far away and near ones.  
Although we may be far apart,  
we're together in my heart.  
Keep us in Thy loving care,  
This is my Thanksgiving prayer.  
P.S. Anyone who wishes may help with the dishes!  
This poem was sent by the children of Boys Town.

## Till Next Week

Guess that is all for this week. May you all have a wonderful Thanksgiving. If you are traveling, do so with care and return home safely. May God Bless each and everyone of you.

Happy Thanksgiving!

The Post Dispatch 495-2816

## Christmas Lighting

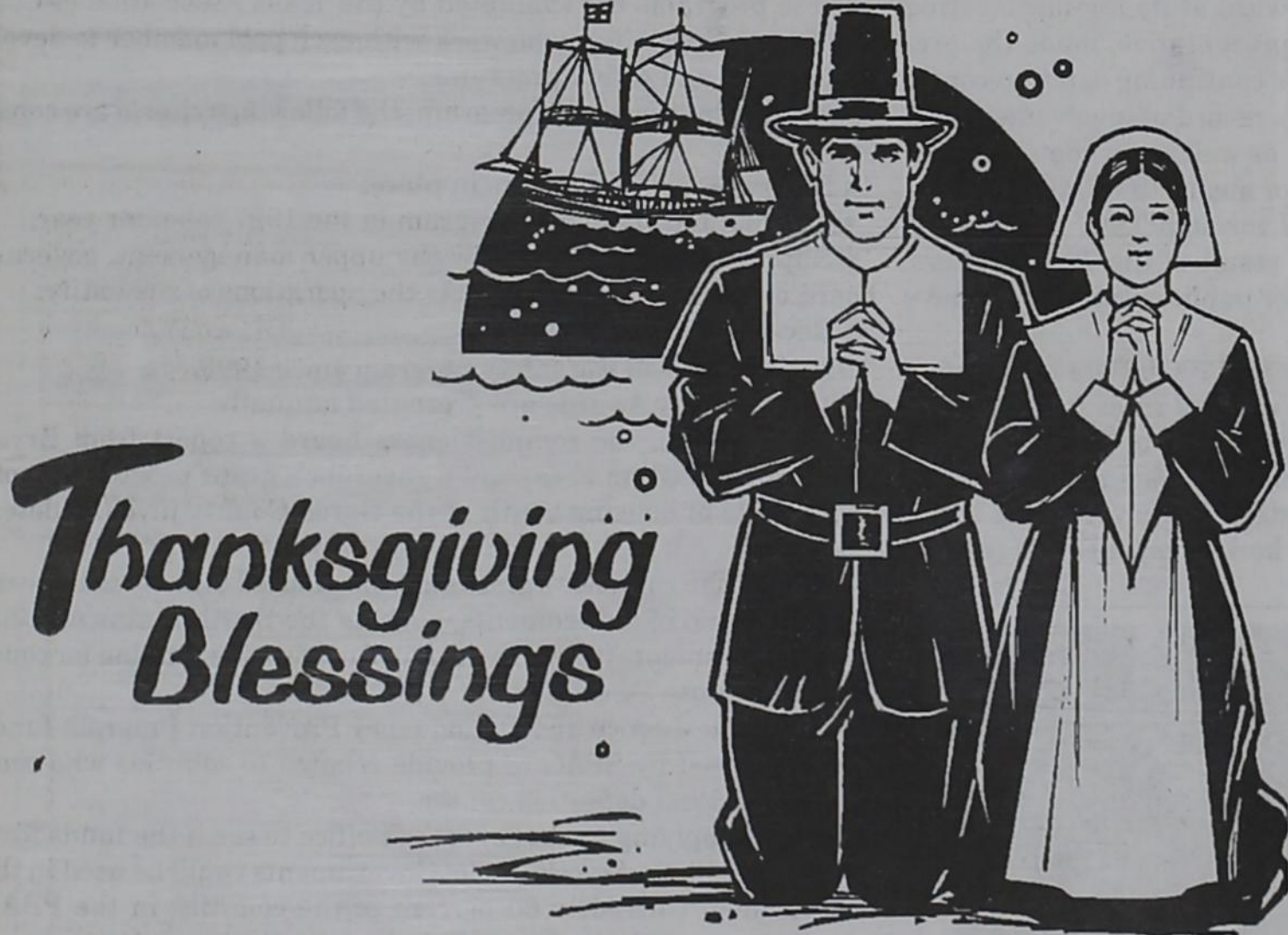
We hang lights for residential and business.

Local references

Local Call

998-4213 or 759-1504

Michael Angeley



May you be blessed with prosperity and friendship, just as you have brought us, this past year. Best wishes to all for a beautiful and bountiful holiday, along with our most sincere thanks.

WE WILL CLOSE THURSDAY, NOVEMBER 26

Your friendly hometown bank...

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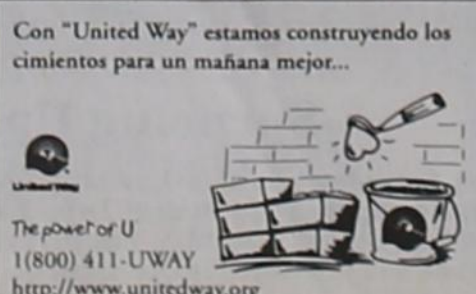
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We'd like to join you and your family in giving thanks for all the blessings we share, including the gift of your friendship, and ask that all your prayers be answered this Thanksgiving season.

We feel truly fortunate to have neighbors like you, and look forward to your continued patronage.

## Justice-Mason Funeral Home

Dee, Janet, Bryan and Brent  
301 W. Main 495-2833



## Neighbor to Neighbor

by Kelly Ahrens, CEA-FCS

### Healthful meal plan for diabetes, using the pyramid approach

I want to remind all residents that the month of November has been designated by the American Diabetes Association as National Diabetes Month. Knowing how to modify your own recipes to reduce fat, saturated fatty acids, cholesterol, sugar and sodium and how to increase your dietary calcium are all important.

You can see how easy it is to incorporate the foods you like within a healthful eating style by choosing a diet that follows the dietary recommendations of the USDA Dietary Guidelines that are the research basis for the USDA Food Guide Pyramid. This food guide also is varied, moderate and balanced. The Pyramid is simply an outline of what to eat daily.



It is no rigid prescription, but gives a general guide that permits you to select healthful choices within each group. That helps to insure that you obtain necessary nutrients with enough calories to maintain a healthy weight.

The Pyramid also focuses on fat because most Americans eat too much fat in their diet. Following the Pyramid will help you to keep your intake of total fat and saturated fat low. By lowering the fat in your diet, you can reduce the chances of getting certain diseases while also help you maintain a healthy diet.

#### Women's Nutrition Issue—Cutting Fat

One of the biggest women's nutrition issues is to cut down on fat in the diet for weight loss and reducing cholesterol blood levels. It is still very important to select food wisely so that you obtain through foods all recommended nutrients in the Recommended Dietary Allowance (RDA).

Follow the USDA Food Guide Pyramid to help you make the right low-fat choices so you can meet these requirements. Discover the best nutritional choices to help ensure that you are meeting the RDA without increasing the fat content of your meal plan. Select more complex carbohydrates from the breads, cereals, rice and pasta, more vegetables and fruit while selecting lower fat choices of dairy products within the milk, yogurt and cheese groups and leaner cuts of meat (leg and loin cuts), poultry, fish while removing the excess fat prior to cooking.

Healthful meals with less fat will be the best way lower calories in the diet since fat contributes more than twice as many calories as either carbohydrates or protein. So, during nutrition month make this lifestyle change!

#### New Findings—A New Mozzarella Cheese to Lower Fat in Pizza

Americans consume nearly 100 acres of pizza daily. This figure translates to an average of 7.7 pounds of that delicious, stringy mozzarella cheese topping per person per year. Scientists with the Agricultural Research Service have developed a type of mozzarella with only 10 percent fat by weight and textural properties similar to those of commercial full fat mozzarella compared to the regular mozzarella with about 22 to 24 percent fat by weight and part-skim with about 17 percent fat. Regular pizza consumed by school aged children has about 20 percent fat cheese. So you can count that 40 percent of the calories in a serving of pizza are contributed by fat. This new cheese will help provide lower fat pizzas that still have similar properties in taste and palatability to those of the full fat mozzarella.

Programs conducted by the Texas Agricultural Extension Service serve people of all ages regardless of socioeconomic level, race, color, sex, religion, handicap or national origin.



Texas Agricultural Extension Service  
The Texas A&M University System  
Extension Extras



Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

#### Home for Holidays Cookbook

Copies of the Home for the Holidays cookbook are available at the Extension Office for \$5 each. Please come by the Extension Office at 102 South Avenue L to order.

#### Ag Committee Meeting

The Extension Program Council Ag Improvement Committee will meet at the Extension Office on Tuesday, December 1, 8:00 a.m., to complete the Ag Increment Report and evaluate 1998 ag programs.

#### 4-H Christmas

All 4-H families are urged to attend a county-wide 4-H Christmas Party and Pot-Luck supper on Thursday, November 17 at 6:00 p.m. at the show barn. Each family is asked to bring a covered dish. Each 4-H'er is asked to bring a canned good item and an ornament for a tree to be donated to a needy family. Each 4-H'er also is asked to bring a \$5 gift (for a boy or girl) for the Chinese gift game.



Post High School Marching Band members on the field at San Angelo last Friday included (left to right) Jeremy Abraham, Jonna Raben, Michael Collazo, Jamie Dawson, Amy Pedersen, Angel Blevins, Jessica Garza, Jason Fields, Blake Brown and LaRinda Ledbetter. (Photo by Jerry Taylor)



The Pride of Post Marching Band rounded out the football season last Friday at San Angelo with a combined performance with the Sonora High School Band. Band members on the field included (left to right) Stacie Morris, Kelsey Wimmer, Heather Bullard, Joey Cimental, Anya Garcia, Wesley Jarrett, Donna Montoya, Chris Morales, Belen Rodriguez and Jose Saucedo. (Photo by Jerry Taylor)

## Post ISD...

(Continued from Page 1)  
"good financial shape"; approved the EPEC shared services contract, which allows the district to participate in a special education cooperative with the Ralls, Crosbyton and Lorenzo school districts; and hired two substitute teachers — Shelley Haney and Kelly Macy.

The board also handled regular monthly business, as well as received routine reports from various district officials.

The next meeting of the Post ISD board of trustees has been scheduled for Dec. 8 at 7:30 p.m. in the administration building.

## SPC spring pre-registration

South Plains College's spring pre-registration for currently enrolled students on the Levelland campus is scheduled for Dec. 1-3.

Preregistration will be from 2-6 p.m. in the Sundown Room.

Preregistration for currently enrolled students at the Reese Center campus will be from 4-8 p.m. Dec. 1-3.

SPC's regular spring registration is scheduled for Jan. 11-12 at the Reese Center, Jan. 14 on the Levelland campus and Jan. 13 for returning students and Jan. 14 for new students on the Lubbock campus.

To obtain a 1999 spring class schedule, contact the SPC Admissions Office in Levelland at 806-894-9611, ext. 2374; the Lubbock campus at 747-0576, ext. 4660; or the Reese Center at 747-0576, ext. 2902.

## Christian School students help with "Jump for Hearts"

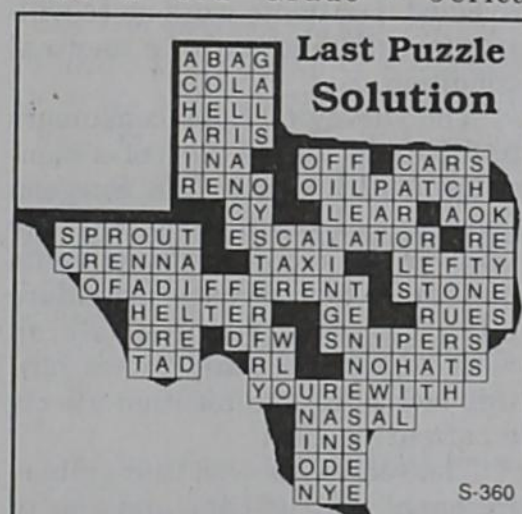
Last Friday students at the First Baptist Christian School participated in the "Jump for Heart" activities, assisting with fund raising for the Heart Association.

Students participating in the event included:

Kindergarten - Anthony Bishop, Shelby Bridgeman, Cheree Conner, Katie Hair, K-K Haynes, Skyler McCleskey, Riley Odom, Morgan Williams and Jake Wischkaemper.

First Grade - Marla Crenshaw, Cody Dean, Kirstie Edwards, D'Nae Johnson, Olivia Key, Chloe Mason, Alex Miller, Heath Palmer, Chelsey Sapp, Hannah Smith, Branda Stevens, Drew Tyler and Quinton Valdez.

2nd & 3rd Grade - Jerica



Crenshaw, Christopher Crenshaw, Timothy Crenshaw, Lauren Hair, Chad Miller, Hayden Smith and Whitney Williams.



Ty Cobb had a higher lifetime batting average than any other player in the history of baseball.

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Magnet's  
Monday, November 30, 1998  
7:00 p.m. till 8:00 p.m.  
Norwest Bank community room  
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At United Way we are laying the foundations for a better tomorrow...

By funding programs that help educate children, care for the elderly, train local leaders and assist neighbors in need, we are helping to lay the foundations for healthy, thriving communities. We make the most of your contribution by working in partnership with local business and government to improve our community charities.

United Way... making your caring count!



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# President issues special proclamation of thanks

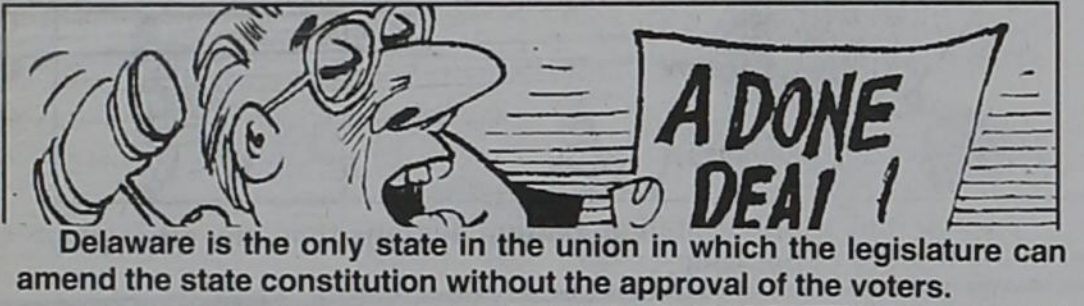
*Editor's Note: Our thanks to Carol Tobias for bringing President George Washington's Thanksgiving Proclamation to us. It was given in New York Oct. 3, 1789 (as published in "Our Country's Founders: A Book of Advice for Young People," edited, with commentary, by William J. Bennett):*

(Commentary): "Our first Thanksgiving was, of course, held by the Pilgrims in the fall of 1621. Washington's Thanksgiving Proclamation was our first national Thanksgiving. Abraham Lincoln in 1863 made it an annual national holiday to be celebrated on the last Thursday of November. Originally it was a day of thanks and prayer and supplication and request for divine blessing. A few helpings of those would go nicely and wouldn't hurt with the stuffing and gravy of today."

(Proclamation): "Whereas it is the duty of all Nations to acknowledge the providence of Almighty God, to obey his will, to be grateful for his benefits and humbly to implore his protection and favor, and Whereas both Houses of Congress have by their joint Committee requested me 'to recommend to the People of the United States a day of public thanks-giving and prayer to be observed by acknowledging with grateful hearts the many signal favors of Almighty God, especially by affording them an opportunity peaceably to establish a form of government for their safety and happiness.'

"Now therefore I do recommend and assign Thursday the 26th, day of November next to be devoted by the People of these States to the service of that great and glorious Being, who is the beneficent Author of all the good that was, that is, or that will be. That we may then all unite in rendering unto him our sincere and humble thanks, for his kind care and protection of the People of this country previous to their becoming a Nation, for the signal and manifold mercies, and the favorable interpositions of his providence, which we experienced in the course and conclusion of the late war, for the great degree of tranquility, union, and plenty, which we have since enjoyed, for the peaceable and rational manner in which we have been enabled to establish constitutions of government for our safety and happiness, and particularly the national One now lately instituted, for the civil and religious liberty with which we are blessed, and the means we have of acquiring and diffusing useful knowledge and in general for all the great and various favors which he hath been pleased to confer upon us.

"And also that we may then unite in most humbly offering our prayers and supplications to the great Lord and Ruler of Nations and beseech him to pardon our national and other transgressions, to enable us all, whether in public or private stations, to perform our several and relative duties properly and punctually, to render our national government a blessing to all the People, by constantly being a government of wise, just and constitutional laws, discreetly and faithfully executed and obeyed, to protect and guide all Sovereigns and Nations (especially such as have shown kindness unto us) and to bless them with good government, peace, and concord. To promote the knowledge and practice of true religion and virtue, and the increase of science among them and Us, and generally to grant unto all Mankind such a degree of temporal prosperity as he alone knows to be best."



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**Garza County Church Directory**

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First Assembly of God (Spanish) 407 May St.

**Baptist**  
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First Baptist Church 402 W. Main, 495-3554  
First Baptist Church, Wilson 628-6333  
Pleasant Home Baptist Church E. 14th & N. Ave F  
Templo Bautista 315 W. Main, 495-2416  
Trinity Baptist Church 915 N. Ave O, 495-3038  
Justiceburg Baptist Church Justiceburg, Don Blackcock, pastor  
Pleasant Valley Hwy 84 & North 399 - (806) 828-4174

**Catholic**  
Holy Cross Catholic Church Ave. K and Main St., 495-2791

**Disciples of Christ**  
First Christian Church 812 W. 13th, 495-3716

**Church of Christ**  
Church of Christ 108 N. Ave. M, 495-2326  
Graham Chapel Church of Christ 5 miles W. Hwy 380, 2 miles south

**Church of God**  
Church of God of Prophecy 602 W. 14th, 495-3644  
Power House Church of God and Christ Pine Ave.  
Lighthouse Christian Center Church of God 314 N. Ave I, 495-2237

**Church of the Nazarene**  
Church of the Nazarene 202 W. 10th, 495-3044  
Grassland Nazarene Church 327-5656

**Non-Denominational**  
Church on the Go 113 W. Main, 748-7623

**United Methodist**  
First United Methodist Church 216 W. 10th, 495-2942  
Graham Chapel United Methodist Church 495-3492

**Presbyterian**  
First Presbyterian Church 910 W. 10th, 495-2135

**The "Lady Elgin"**  
Darryl Smith, First Baptist Church  
Many years ago off the shore of Chicago a ship by the name of "Lady Elgin" was sinking. The more than 300 passengers were one by one drowning in the freezing waters of Lake Michigan. A seminary student by the name of "Nat," a trained swimmer, happened by. With little thought of his own safety, the young man jumped in the waters, swam to the survivors, and pulled one to the shore.  
He repeated this process until he had saved 23 passengers. All the other passengers perished.  
Because of the rigors of the cold waters and the physical excursion, Nat became ill and lived out his days as an invalid. But maybe even more amazing than his heroism was the fact that in the days that followed, not one of those whom he rescued ever took the time to personally thank him. What a tragedy!  
At Thanksgiving, we as a nation, pause to express appreciation to God for His goodness to us. It would be tragic to fail to do so. He is the one, after all, who through his Son, saved us from eternal separation from Him. Pause this Thanksgiving and tell Him how grateful you are.

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## Obituaries

### Zula Pearl Partlow

Services for Zula Pearl Partlow, 65, of Post were held Sunday, Nov. 22, 1998, at 2 p.m. in the Hudman Funeral Home with the Rev. Darryl Smith of the First Baptist Church officiating. Burial followed in the Terrace Cemetery. She died Nov. 20 at 8:50 a.m. at her home.  
Born Feb. 1, 1933, in Pleasant Valley, to Hubert William Baxter and Artie Dovey Altman, she was a caregiver and a Baptist.  
Survivors include one son, Roger Blair of Post; one brother, Doyle Baxter of Bloomfield, New Mexico; three grandsons, Bobby Glen Blair, Robby Dale Blair and Shad Franklin Blair; and two great-grandchildren, Macy Dawn Blair and Vance Reid Dale Blair.  
Pallbearers were Robby Blair, Bobby Blair, Shad Blair, Weldon Smith, Joe Pennell and Shawn Pennell.

### Jeannie Bilberry Wilkinson

Graveside services for Jeannie Bilberry Wilkinson, 45, of Snyder, were held Saturday, Nov. 21, 1998, at 10 a.m. in the Terrace Cemetery with the Rev. David Graves of Calvary Baptist Church officiating. The Wright Colonial Funeral Home of Snyder was in charge of arrangements.  
Visitation was conducted Friday, Nov. 21, from 4-6 p.m. at the funeral home.  
She died Nov. 17 at her home.  
Born Nov. 7, 1953, in Post, she married Harry Wilkinson Dec. 9, 1990, in Snyder. He preceded her in death. She was a retired nurse's aid.  
Survivors include her mother, Edna Bilberry of Post; her father, John Huffman of Post; four sisters, Joni Huffman, Judi Martin and Lizz Shankles, all of Snyder, and Dian Pette of Cody, Wyoming; two brothers, C.J. Bilberry of Post and John Bilberry of England; a daughter, Dawn Bilberry of Post; a son, Chris Bilberry of Snyder; several nieces and nephews; and a special friend, Rudy Gonzales of Huntsville.  
She was preceded in death by two sons, Raymond Bilberry and Damon Bilberry, and two grandchildren.

### Clark James Kinch

Graveside services will be held Wednesday, November 25 for Clark James Kinch, who died November 21, 1998 in Lubbock at Methodist Hospital. Joe Gregory will officiate the services at Terrace Cemetery, where burial will be under the direction of Hudman Funeral Home.  
Mr. Kinch was born Feb. 13, 1973 in Chicago, Ill. and had been a plumber and construction worker. He was the son of Frank Gomez and Mary Kinch. He is survived by his parents, Marcial and Mary Salinas of Post; children Clark James Kinch II of post and Cara Lavario of Oklahoma; sisters Wendi Rivera of Post and Nicole Lohr of Phoenix, Arizona.  
Pallbearers will be Fernie Rivera, Tommy Graham, Marcial William Salinas, David Cerns, Ron Dickman and Josh Hubble.

**spotlight on health**  
Helping Your Doctor Help You  
(NAPS)—Talking to your doctor more may improve your health.

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### Wayne Runkles

Services for Wayne Runkles, 59, of Midland were held Tuesday, Nov. 24, 1998, at 2 p.m. in St. Mark's United Methodist Church with the Rev. Jo Gay, pastor of St. Mark's, the Rev. Douglas Runkles of Levelland and the Rev. Bob Ford of Abilene officiating. Burial followed in the Resthaven Cemetery under the direction of the Pipkin Funeral Home.

He died Saturday morning, Nov. 21.  
Born June 2, 1939, in Erath County to Frank A. and Alylene Byrd Runkles, he grew up in Post. In 1953 he became an Eagle Scout and was a Vigil member of the Order of the Arrow of the South Plains Council. He graduated from Post High School in 1958. He married Linda Lane Livingston Jan. 24, 1959.

He graduated from Texas Tech University in Lubbock in 1963. He worked for Travelers Insurance Company as a casualty underwriter from 1963-1968.

In 1968, he moved to Midland to go into the insurance agency business. In 1976, he founded his own agency, The Insurance Man and Associates. He was active in Independent Insurance Agents in Midland, serving as president of the organization from 1972-1973. He served on various committees of the Texas Association of Independent Insurance Agents (TAIA), including the property committee and the legislative committee. From 1985-1997, he served as a regional vice-president of the TAIA.

He was an active member of St. Mark's United Methodist Church for 30 years where he held several positions of leadership. He served as treasurer and chair of the finance committee from 1982-1994, chairman of the endowment fund committee, chairman of the trustees and chairman of the board three different times.

He served as chairman of the board of InFocus Ministries Inc., an evangelistic ministry to teens based in Levelland.

He was an avid hunter and outdoorsman. He was an endorsement member of the National Rifle Association, a life member of the Bass Angler Sportsman Society, and a member of Ducks Unlimited and the National Wild Turkey Federation.

Survivors include his parents, Frank A. and Alylene Runkles of Post; his wife, Linda L. Runkles of Midland; one son, Douglas L. Runkles and wife, Joanna, of Levelland; one daughter, D'Lane Runkles Maselunas and husband, Bill, of Dallas; three grandchildren, Elli and Nicholas Runkles of Levelland and Fiona Lane Maselunas of Dallas; one brother, Donald Runkles of Houston; three sisters, Ramona Ross of Corpus Christi, Wanda Moore of Midland and Delores Patty of Oklahoma City, Oklahoma; and numerous nieces and nephews.

Pallbearers were John Underwood, Larry Crawford, Phillip Becker, Clyde Greene, Dan Lineberger and Don Chandler. Honorary pallbearers were Dr. John Worrell, Dr. John Staub and The Insurance Man and Associates staff.

The family has requested memorials be made to St. Mark's United Methodist Church Endowment Fund, 1701 N. Main, Midland, TX 79701, or to InFocus Ministries, 613 Cactus Drive, Levelland, TX 79336.

**Monk's Mound**, the largest of hundreds of burial mounds built by Mississippi American Indians, covers 16 acres and is bigger at the base than Egypt's Great Pyramid.

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## PRESCRIPTION FOR LONGEVITY PART II

Since last week 65,000 people in America turned fifty. Last week diet and exercise were discussed as ways to delay the aging process and prevent the onset of disabling illnesses. Below is the rest of a "prescription for longevity".

**JUDICIOUS USE OF SUPPLEMENTS**  
Calorie needs decline one third by age 65, but nutritional needs remain constant. A sound diet theoretically provides all the vitamins and minerals we need, however we hear more and more everyday about how our diets fall short in even the minimum requirements. Despite their best efforts many older adults are deficient in vitamins B6 and B12, folic acid, D and E and calcium.

**DRINKING ENOUGH WATER**  
Virtually all chemical processes in the body either take place in water or use it as part of the reaction. 6 to 8 glasses of clear fluids a day will provide adequate hydration, which is important in optimal organ function.

**NOT SMOKING**  
A pack a day smoker is 4 times likely to develop heart disease than a non smoker. 5 years after they stop an ex smoker has about the same risk as a non-smoker. Lung cancer risks return to normal after 15 years. Enough said!

Other prescriptions are, avoiding excessive sun exposure, limiting alcohol consumption, reducing stress and remaining socially active.

If you want more details on any of these "prescriptions", check with your medical provider, they have or know who can give you all the information you need.

Michael Travis PA-C  
UMC EMERGENCY CENTER

A new public awareness campaign is working to improve patient-doctor communications.

According to a recently released survey, more than 90 percent of America's doctors say that many serious medical problems could be avoided if patients were more willing to talk about their medical condition.

The survey of 1,000 consumers and 250 doctors is part of a campaign led by former U.S. Surgeon General C. Everett Koop, M.D., to uncover the reasons why patients and their health care providers often have a hard time talking with one another and to see how this lack of communication affects a patient's health.

The survey showed that embarrassment, lack of time and fear of bad news were the major obstacles to communication.

One-fourth of the consumers surveyed admitted that embarrassment kept them from talking to their doctor about a medical problem. One in eight adults (13 percent) reported they had not talked with a doctor about a health problem because they were afraid of getting bad news. One in five consumers (17 percent) had not talked with a physician about a troubling medical concern because the doctor seemed rushed.

In the survey, these communication difficulties were common whenever the concern focused on a sensitive health issue, such as bladder control or mental illness.

According to Koop, "Open, comfortable discussion between patients and their physicians is the only way to effectively deal with health concerns, especially those involving sensitive matters." Koop, along with other health leaders, has launched a public awareness campaign titled **Take Time to Talk**, to improve communication between patients and their physicians. "Better communication will ultimately improve the level of health and the quality of life in the U.S.," he said.

The public awareness campaign includes a free **Take Time To Talk** brochure to help patients, doctors and other health care providers (e.g., nurses and physician assistants) overcome communication barriers. The brochure provides helpful information, including tips and guidelines for improving discussion between patients and physicians.

For a free copy of the brochure, or more information, call 1-800-931-3321. **Take Time to Talk** is sponsored by Pharmacia & Upjohn.

\*\*\*  
Eighty percent of success is showing up.  
—Woody Allen



# Opinions



## What Republican Revolution?

by Jacob G. Hornberger

The dictionary defines "revolution" as a complete change in something. Thus, when Republicans called the 1994 election results a Republican revolution, everyone naturally assumed that there was going to be a complete change in the nature of government in America. In the euphoria of the '94 election results, Republicans said that taxes and government spending were going to be slashed.

They called for the end of Franklin Roosevelt's New Deal programs and Lyndon Johnson's Great Society programs. There was talk about abolishing a multitude of departments and agencies, including the Departments of Education and Commerce, and, of course, the National Endowment for the Arts.

After all, this was a revolution - a complete change in the nature of the federal government. Alas, with Republicans proudly endorsing another \$1.7 trillion budget, it's not hard to see that the revolution fizzled before it even got a good start. What would a real revolution look like? Well, Franklin Roosevelt himself provided us a good example.

But to grasp the magnitude of that revolution, it is necessary to recognize the magnitude of the revolution it replaced - the revolution of 1776. Imagine living in a society where the federal government imposed no income taxation; welfare; Social Security; Medicare; Medicaid; immigration controls; drug war; restrictions on foreign travel; and economic regulations.

As a result of the American revolution, citizens of the United States in the 19th century were free to engage in businesses enterprises and enter into economic transactions without federal regulation. And they were once free to accumulate unlimited amounts of wealth and do whatever they wanted with it - spend, save, invest, donate, or hoard it.

Now, that was a revolution! And the result of this revolution was the most prosperous (and charitable) period the world had ever seen. Penniless people, who otherwise would have died of starvation or sickness, as their ancestors had throughout the Middle Ages, flooded American shores throughout the 19th century to have the chance to survive.

And not only did they survive, they prospered in a manner mankind had never before even imagined. And it was that accumulation of wealth that funded museums, schools, colleges, opera houses, and a multitude of other charitable activities - purely on a voluntary basis (and not because of an income-tax deduction because, again, there was no income tax). Then came the revolution of 1932.

The seed for it had been planted in 1913, with the enactment of the 16th Amendment - the income-tax amendment. More seeds were sown in the 1920s, with the advent of a few welfare-state programs. But it was Franklin Roosevelt who completely changed the role of government in American society. For the first time in American history, the primary function of the federal government became to tax one group of people in order to deliver the money to others.

Here was the advent of the welfare state in America. That, indeed,

was a revolution! Harkening back to America's 1776 ideological roots, Republicans still talk about the virtues of "private property, free markets, and limited government." Unfortunately, however, it is all mere rhetoric. Republicans meekly surrendered to the Roosevelt revolution long ago.

Eager to talk about private acts of immorality, Republicans shun any discussion of the political immorality in which they themselves are now engaged. Taking a person's property against his will in order to give it to someone else is no longer political theft. Republicans now call it charity and compassion. Governmental interference with economic activity is no longer tyranny. It is now called freedom.

The income tax, the welfare state, the drug war, immigration controls, and the regulated society are not an abandonment of the principles on which America was founded. They are a continuation of them. And today, Republicans openly and proudly embrace and expand such New Deal and Great Society programs as Social Security, Medicare, Medicaid, and federal aid to education.

It's all what psychiatrists would call a "the life of the lie" - a life, to paraphrase Goethe, in which the slave is grateful to his masters because he falsely believes he is free. With the most hobbled president in recent memory, Republicans had one of the greatest opportunities in political history to overturn the Roosevelt revolution and restore the revolution on which this nation was founded.

The 1998 budget deal, entailing the taxing and spending of another \$1.7 trillion of the hard-earned money of the American people, is proof positive that the 1994 Republican revolution was no revolution at all.

Mr. Hornberger is founder and president of The Future of Freedom Foundation, publisher of the upcoming book *Your Money or Your Life: Why We Must Abolish the Income Tax* by Sheldon Richman. The Future of Freedom Foundation 11350 Random Hills Road Suite 800 Fairfax VA 22030 Tel. (703) 934-6101 Fax (703) 352-8678 E-mail: FFFVA@compuserve.com www.fff.org

### Limits on government

**Government shall never promote, control, nor interfere with any religious or philosophical organization or activity.**

**Article 2, Section 8  
Texas Constitution 2000**

Printed copies of the Texas Constitution 2000 are available at The Post Dispatch or order by mail to Texas Constitution, P.O. Box 918, Post, Texas 79356. Cost is \$2.00 each, postage included or \$1 each for 10 copies or more. For a link to the entire constitution go to this web site: [www.tcrf.com](http://www.tcrf.com)

## And thereafter, tragedy in black neighborhoods

by Walter E. Williams

The Learning Channel and Discovery Channel both feature shows about medical trauma centers around the United States. Many trauma patients suffer from gunshot and stabbing wounds. Some of them are gang-bangers, but quite a few are innocent victims of drive-by shootings or stray bullets through walls or windows.

Doctors and social workers are shown consoling grieving friends and family members, sometimes having to tell them their loved one died, or is brain dead, or will never walk again.

Some of the justifications given for the shooting or stabbing by the victim, his family or friends defy imagination. The victim might have worn the wrong color jacket or looked at the perpetrator the wrong way. The victim might have stepped on the foot or brushed against the perpetrator, or he might have dated the wrong girl in the wrong neighborhood. Most often, the victim is black and the perpetrator is, not a policeman, not a white person but another black person.

Sometimes, the victim's family mentions the tragedy of day-to-day life in black neighborhoods, a life that no one should have to live. Nights punctuated by sounds of gunfire. People afraid to come to their windows or serving meals on the floor for fear of stray bullets. Parents wondering whether their children will get through a school day safely.

Parts of black life in some neighborhoods, not featured on TLC and Discovery programs, include law-abiding people living behind bars, facing wanton property destruction, traveling miles outside of their neighborhoods in order to access supermarkets and other stores.

What is seen today in black neighborhoods is entirely new. Psycho-babblers tell us it's a result of poverty, discrimination and a legacy of slavery. During the '40s and '50s, I lived in North Philadelphia's Richard Allen housing project. Nights were not punctuated by gunfire. Many



residents seldom locked their doors. Within a few blocks, there were supermarkets and many stores that attracted both neighborhood and non-neighborhood shoppers, not to mention providing full-time and part-time employment opportunities. I hope there's no psycho-babbler stupid enough to explain North Philadelphia's, as well as other slum neighborhood's, greater civility in the '40s and '50s by saying back then blacks weren't as poor, didn't face as much discrimination and were unencumbered by a legacy of slavery.

What's seen in black neighborhoods is easy to explain: Black people have accepted it. You say, "Williams, what do you mean, black people accepted it?" Let me put it this way: Would black people sit still for the nonsense of psycho-babblers, politicians and civil-rights leaders if white thugs and sociopaths were coming to their neighborhoods shooting, stabbing and battering black people? My guess is black people would arm themselves and stop it. Being shot or stabbed by a black person is just as devastating as being shot or stabbed by a white person.

By the same token, black people living in fear and their neighborhoods being turned into wastelands by blacks should be no more tolerable than if the same thing was done by whites.

It's not totally true that black people have accepted the day-to-day mayhem in their communities. Those with means to do so leave. But that's not an option for many. The solution calls for law-abiding black people to build an unyielding intolerance for crime and property destruction. If the civil authorities won't do their job of ensuring safety, that simply means black people must bring political pressure and at the same time organize privately to guarantee neighborhood safety - by any means necessary.

To find out more about Walter Williams, and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate web page at [www.creators.com](http://www.creators.com).  
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## Letters to the Editor

*Letters to the Editor Policy: We require all letters to be signed, however, names may be withheld from publication by request. Letters may be edited for brevity, grammar and punctuation.*

### A few things we do for our community...

Almost every week someone will come into our office and ask a question like, "How much do you charge to put in a wedding announcement?" or "How much do you charge for printing an obituary?" or "How much does it cost to get an anniversary picture in the paper?"

It got us to thinking... maybe we should make a list of all the little things we do which are absolutely free to our readers, subscribers and advertisers... so here's a list, and it's probably not complete by any means...

**What we give at no charge, and have done so since we came to Post in September 1982:**

- Free notices in Post Notes for community activities... churches, civic organizations, school activities.
- Free thank you notes on the classified page for those who have had emergencies in their families... deaths, hospitalization, fires and so forth.
- Free photos for all sorts of events... anniversaries, weddings, births, holidays, funerals, reunions and on and on and on.
- Free photos we've taken after we are finished with production. Just come in and pick out the ones you want. We even give away the negatives.
- Free stories and announcements about every imaginable community event, church or family events.
- Free extra copies of newspapers to our faithful subscribers when something special is printed about them or their families.
- Free obituary notices... you'd be surprised how many newspapers actually charge for printing obituaries... ask Curtis Hudman or Dee Justice, they'll tell you.

This is our basic philosophy, which we came to Post with and will continue to hold to until God takes us away... **This is your hometown newspaper, if you think it's news, then we think it's news.**

And all of this free stuff is made possible by our loyal advertisers... our ability to provide a community newspaper is only possible with advertising support. Fortunately, we have hundreds of happy advertisers, and they know the value of advertising in The Post Dispatch. They know, because our readers spend their money with our advertisers.

That's what makes it all click.

## Thanksgiving is more than just one day and a bunch of good food

by Wes Burnett

We are going to max ourselves out this week... first, we are cramming two days worth of work into one day, so we can get to the press on Tuesday instead of Wednesday.

Then we're going to play pressure cooker here Wednesday preparing and mailing out statements to our customers, 'cause this is the last publication this month.

Then we're going home and squeeze another two days into one getting ready for that delicious Thanksgiving dinner... I know, most of you are certain that I won't have much to do with that production, but you're wrong about that.

Sure, Pat will probably be up 'til midnight or later getting it all put together... but you think I'm left out of the loop? Hey, it's my job to make sure all the trash gets taken out... and the tables and chairs are set up... and carpet is vacuumed and all the stuff on the counter top is stashed away out of sight.

You know, the list goes on and on.

Then all the fun really begins... when family start arriving... that's what it's all about... the little ones, their parents (who used to be the little ones), the older ones (who used to be the younger parents). There'll be the usual sampling in the kitchen and all the other wonderful sights and smells that go with this special time of the year.

And when we wind down Thursday night, and look around at those who are staying the night... it is a powerful reminder of the most marvelous blessings God gives us. The sharing and the love... it's just more than can be described.

Friday we'll begin the "cleanup," and that's where I'm in full bloom. Saturday we may take a trip to New Mexico and repeat the process, this time as guests of another family member... by the time this weekend is over, I predict we'll be ready to go back to work... just to get away from the temptations of all that food.

We are so blessed... how can we ever thank God enough? Can't be done, but he understands, that's the beauty of it, isn't it?

### Local Government Meetings

**Tuesday, December 1**

- Post City Council, 6:30 p.m., City Hall.

**Wednesday, December 9**

- Post ISD board of trustees, 7:30 p.m., administration building.

**Thursday, December 11**

- Garza Hospital District board of directors, in the clinic building, 7 a.m. (Thursday after 10th of each month)

**Monday, December 14**

- Garza County Commissioners' Court, 9 a.m., 3rd floor courthouse.

**Monday, December 28**

- Garza County Commissioners' Court, 9 a.m., 3rd floor courthouse.



# Broncos edge 'Lopes in overtime

by Wes Burnett

The Post Antelopes could not overcome a series of fumbles and missed opportunities in the Regional Championship game at San Angelo last Friday night, finally running out of downs in overtime as the Sonora Broncos took the trophy home with a 14-7 win.

The Antelopes were within striking distance four times in the game, but could muster only one score, that coming with less than three minutes left in the game. Defensively, the Antelopes contained Sonora most of the game, giving up one big play in the second quarter, and then one in overtime. With so many of the Antelopes playing defense and offense, it seemed from the sidelines that the pounding by the Broncos wore down the Post players in the overtime effort.

## First Half Action

Post fans cheered loudly when Luke Williams recovered a fumble for the Antelopes on Sonora's opening drive of the game. Taking the ball at the Bronco 35, Billy Crawford crashed over right guard to the 31 and it looked like the 'Lopes were headed for the end zone for a quick strike. On second down Raymond Jefferson took the pitchout around right end, ramming his way to the 17... when the first setback hit the 'Lopes... the ball popped loose and Sonora recovered the ball.

The defense gave up a first down, but held firmly, forcing a punt. The 'Lopes began their second possession at their own 36. The offense picked up a first down at the 45, but were unable to convert and punted on fourth down. And the see-saw defensive battle continued through the first quarter with neither offense being able to sustain a drive.

The Broncos had the ball going into the second quarter, and ripped off successive first downs with Anthony Renfro and Tom Jacoby pounding out the yardage. On second down from the Post 31, Jacoby looked like he was hauled down by three Antelopes, but somehow managed to wiggle free and raced down the right sideline to the end zone. With 7:53 left in the half, the Broncos led 7-0.

The Antelopes came back after the kickoff, picking up two first downs before running out of steam and forced to punt on fourth down from their own 40 yard line. The defense held, and the 'Lopes took the ball back with 1:52 left in the half. On third down from the Sonora 41, a pass deep to Clell Knight was intercepted at the nine yard line, and the Broncos ran out the clock.

## Second Half Action

Fans came alive again with the Antelopes' opening possession in the second half. Crawford and Jefferson rammed the ball consistently, along with a crucial third down conversion pass from Jay Gorman to Knight. Crawford burst through the line to pick up a first down at the Sonora 36. Then Jefferson lost the handle on the pitchout from Gorman, the ball fell to the ground and Sonora covered it at the Post 48 yard line. Another missed opportunity.

The defense shined one more time, when Braden Conner stepped in front of a receiver, intercepted a pass at the Post 45 and returned it to the Sonora 49.

This time Post fans just knew the 'Lopes would score. Jefferson broke two tackles and raced to the 19, Johnny Jefferson broke through to the four and again to the one. On second down Crawford fumbled the ball and Johnny Jefferson covered it at the five. Then Johnny was trapped around left end for no gain and on fourth down a pass to the end zone sailed over the head of receivers... and Sonora took over on downs. Another missed opportunity.

Again the defense held, forcing a punt. The 'Lopes took the ball with 1:03 left in the third quarter, and managed a seven play drive, getting to the Sonora 28 before being set back on a penalty, then on fourth down a pass to Conner bounced off his shoulder pads with two defenders hanging on to him.

Sonora returned with a sustained drive, that ate up a big chunk of the clock, finally being forced to punt on fourth down at their own 47 yard line.

The Antelope touchdown drive began with 5:52 on the clock from the Post 27 yard line. Gorman threw a pass to Knight and then on third down found Conner at the 35, who zig-zagged his way to the 47. Gorman's pass intended for Knight was tipped and an alert Daniel Fluitt caught the ball at the Sonora 25 and took it to the 13 for a first down.

Crawford was thrown for a loss to the 14, then trapped for no gain and on third down Gorman found Knight again at the four yard line. Post took a time out with 3:09 on the clock. It was fourth down and do or die. Gorman took the snap, pitched the ball to his left to Raymond Jefferson, who avoided a tackler at the end zone, and stretched his body across the line for the touchdown. Conner's extra point tied the game at 7-7 with 3:03 on the clock.

Sonora managed to muscle its way to two first downs and ran out the clock, setting up the overtime.

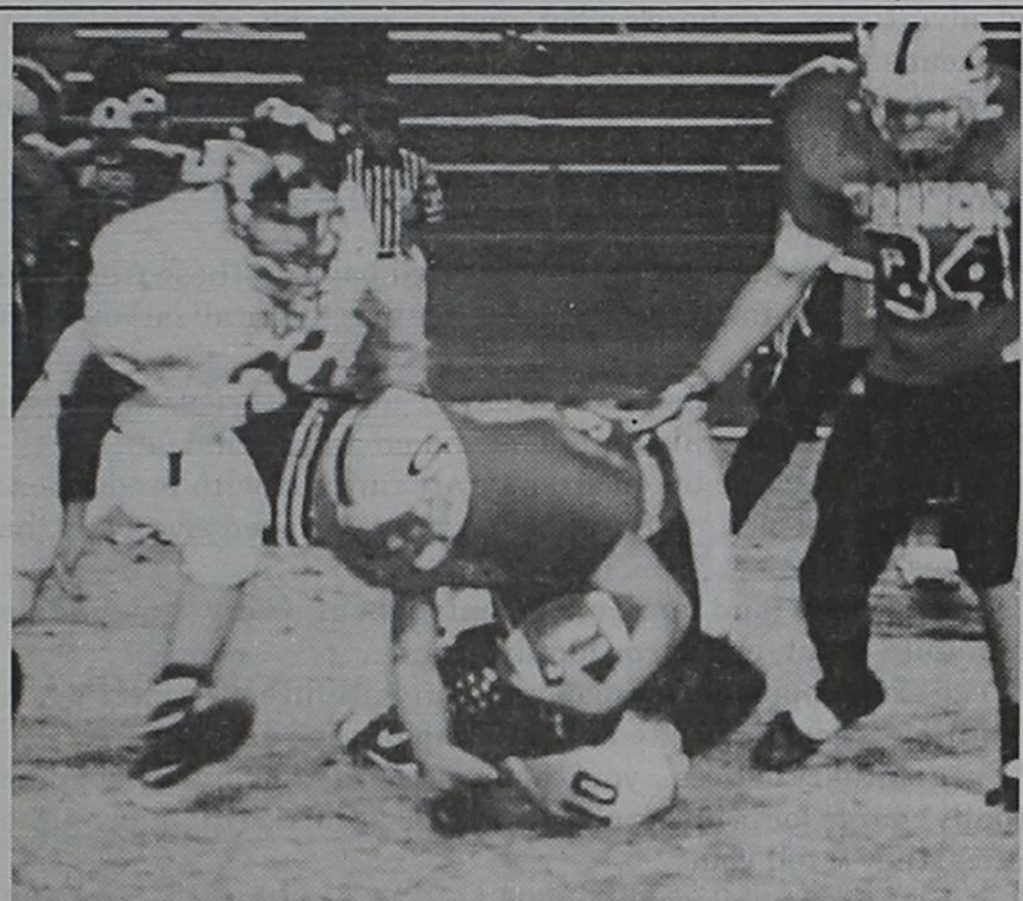
The Broncos won the toss and elected to take the ball, heading north from the 25 yard line. The big play came on third down at the 20 when quarterback Bryce Williams avoided Antelope defenders, picking up a first down at the six. Two plays later Renfro crashed into the end zone and the extra point kick put the Broncos ahead 14-7.

The 'Lope offense took the field at the 25. Raymond Jefferson took the pitchout around his left end to the 18. Then Jeremy Baker was stopped cold at the line of scrimmage. A pass deep to Johnny Jefferson went incomplete and on fourth down Raymond Jefferson, needing to get reach the 15 yard line for a first down, was gang tackled over right guard about 1/2 yard shy of the mark. Referees signaled for a measurement, but it was obvious the ball was nowhere near the 15, and the game was over.

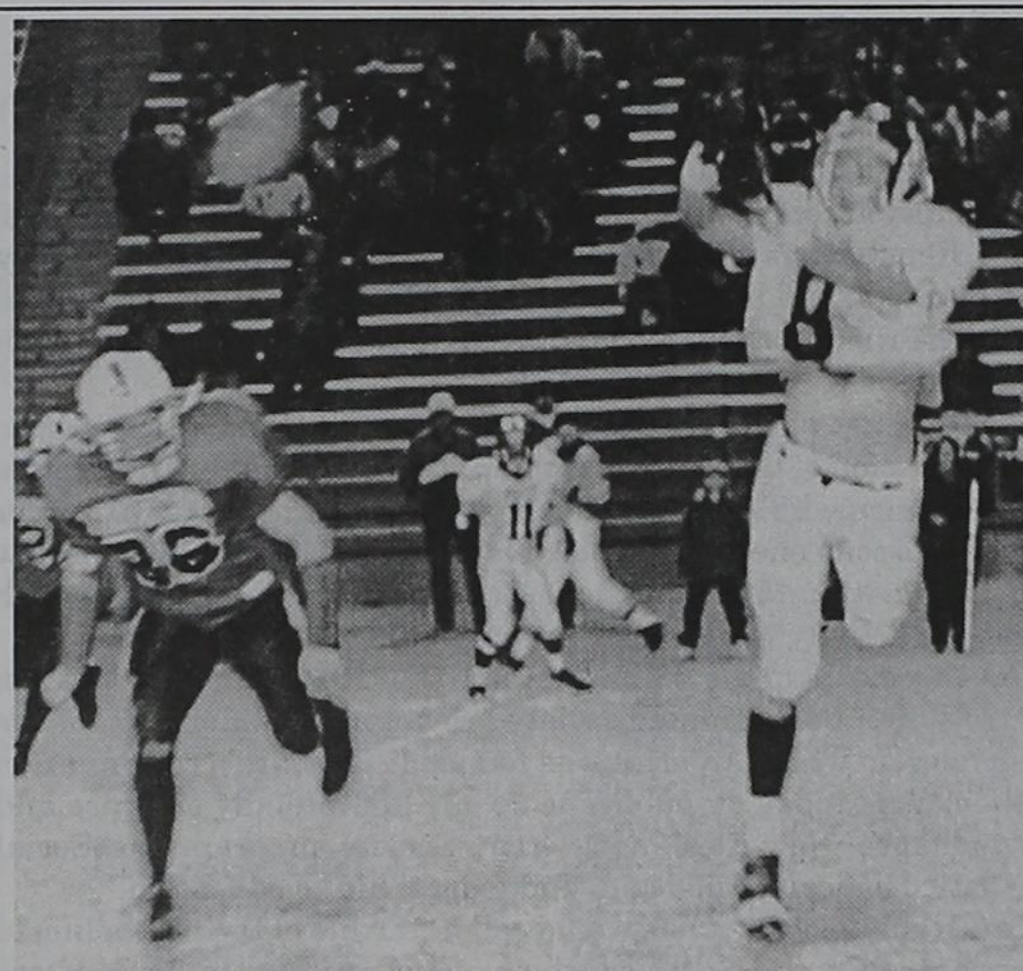
The Antelopes gave it all they had ... and capped another championship season with seven wins and four losses.



Johnny Jefferson skirts around his right end looking for running room against the Sonora Broncos in last Friday's regional contest at San Angelo. (Photo by Jerry Taylor)



Braden Conner (10) brings down a Sonora running back for the Antelopes as Rocky Gomez (35) comes in to help on the play. (Photo by Jerry Taylor)



Clell Knight reaches out for a Jay Gorman pass to set up another first down for the Antelopes as a Sonora defender watches. (Photo by Jerry Taylor)



Raymond Jefferson stretches out to cross the end zone for the touchdown late in the fourth quarter at San Angelo. (Photo by Jerry Taylor)

**Post Antelopes  
#11  
Congratulations on  
a great season!**

**Michael, we are  
very proud of you!**

**Love, Dad, Paula,  
Jacy, Bayleigh,  
Cooper & Peyton**

## Delegates to formally adopt new Texas constitution

A new Texas constitution will be formally adopted at the historic Washington-on-the-Brazos State Park on December 12, 1998 when the 13th session of the Texas Constitutional Convention convenes at 10 a.m. in the park's Education Center. Delegates to the convention, having met monthly since July 4, 1997, are scheduled to sign 125 archival copies of the Texas Constitution 2000 in the formal ceremony. All sessions of the convention are open to anyone interested in observ-

ing this historic political development.

Designed to secure the rights of individuals and severely limit the power and functions of government, the new constitution includes a ratification plan based on the United States Constitution model (Article 7). The next step in ratification is the appointment of 12 qualified Texans to serve on the Texas Constitution Ratification Committee (TCRC), which will be responsible for implementing the peaceful and lawful ratification plan (see Article 9). Ratification will be conducted through county ratification conventions.

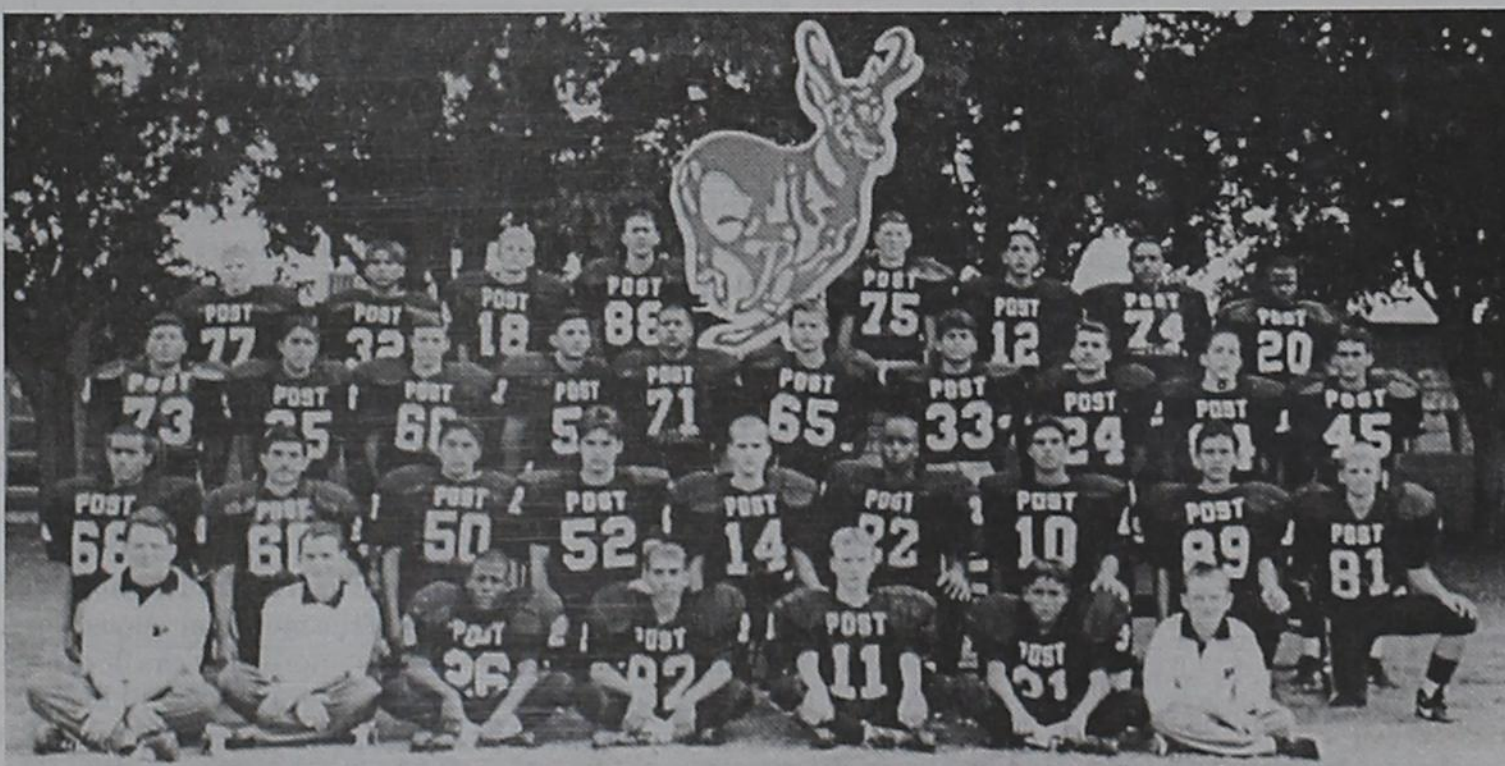
Members of the TCRC will be financially compensated by the Texas Constitution Ratification Fund (TCRF), a pure contract trust organization established for the purpose of promoting the ratification of Texas Constitution 2000. Texans interested in applying for appointment to the TCRC should visit the web site ([www.tcrf.com](http://www.tcrf.com)) for application information or contact TCRC search committee chairman Wesley W. Burnett at (806) 495-4135.

For those unfamiliar with the Texas Constitution 2000, it establishes clear and unequivocal definition of individual rights (Article 1), strict limits on government (Article 2), a simple, plain and common sense definition of the law (Article 3), a county judicial system based on at-random selected juries who decide the facts as well as the law, puts most political power at the county level, establishes a national assembly made up

of one member from each of 254 counties, demands neutrality in relations with other governments and eliminates all forms of taxation, funding government through strictly voluntary methods.

**13th Session  
Texas Constitutional  
Convention  
December 12, 1998  
Washington-on-the-Brazos  
State Park**

## Congratulations Antelope Junior Varsity



Post Antelope Junior Varsity - (back row, left to right) Steve Norman (77), Brandon Perez (32), Michael Huff (18), Cody Zachary (88), Aaron Cooper (75), Joey Cimental (12), Joey Rodriguez (74), Eujan Bell (20), (middle row) Ricardo Saucedo (73), Adrian Serrano (25), Tim Pena (60), Steve Martinez (51), Obed Diaz (71), John Smith (65), Roland Castaneda (33), Justin Acevedo (24), Mike Gonzales (84), Hector Reyna (45), (second row from front) Jeremy Bland (66), Miguel Torres (68), Fabian Flores (50), Dominic Reyna (52), Waylon Strawn (14), Jonathan Curtis (22), Jamie Collazo (10), Jose Saucedo (89), Kevin Hart (81), (front row), managers Jarrod Greene and John Goen, Allen Bell (26), Jorge Rivera (82), Brandon Massey (11), Rene Mendoza (31) and manager Josh Cowley.

**Jimmy &  
Hildegard Marlin**

**Pam & Casey  
Zachary & Ruth  
Williams**

**Greg, Judy &  
Hayley Massey**

**Jay, Susan,  
Jennifer & Lyndee  
Strawn**



**Happy Thanksgiving**

**From Our Family To Yours**

May your table be graced with good friends, good food, good fortune—all the trimmings for a memorable Thanksgiving holiday. We know we'll be thinking of you as we count our blessings, and recall with gratitude all the moments we've spent serving our fine neighbors and friends this past year. Thanks!

**The Post Dispatch**

Wes, Pat, Judy, Sherry  
Michelle, Amy and Jonna



## Drug possession charges keep deputies busy

Six individuals were detained in the Garza County Jail during the past week, according to sheriff's department reports.

On Nov. 17, three individuals were arrested, including a 20-year-old male picked up for possession of marijuana, under two ounces (released the same day on \$1,500 bail bond); a 20-year-old male, possession of drug paraphernalia (released the same day after paying a \$246.25 fine and court costs); and a 35-year-old man picked up for possession of marijuana, under two ounces (released the same day on \$1,500 bail bond).

A 21-year-old man, Mario O. Romero, was arrested Nov. 18 and charged with public intoxication, disorderly conduct and assault (released Nov. 20 on a \$2,500 bail bond).

An 18-year-old man, Christopher Eighinger, was picked up for theft on Nov. 20 (released the same day on time served, fine paid).

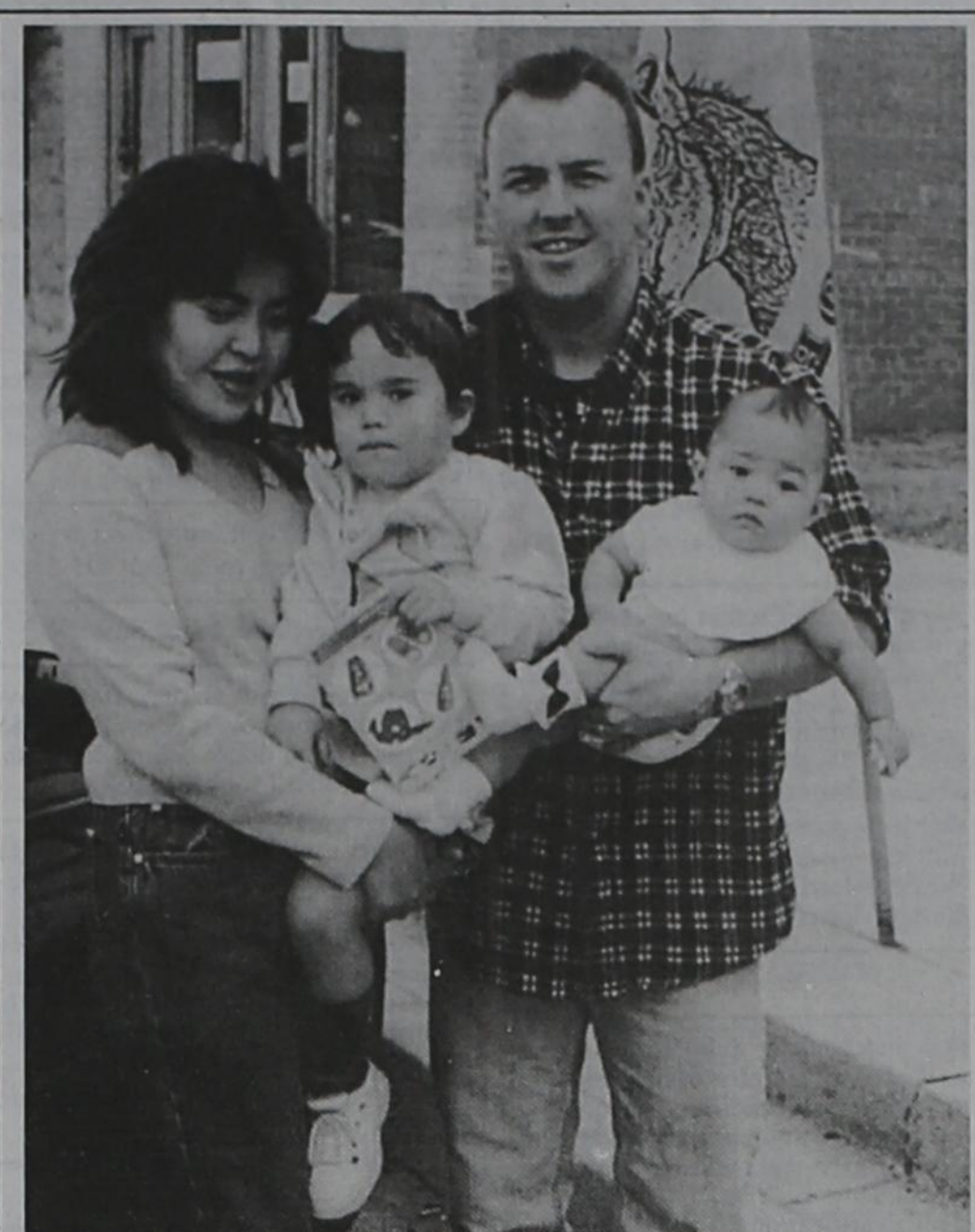
A 20-year-old male was locked up Nov. 21 for a weekend commitment. About 75 calls for service were fielded by law enforcement officials during the same time period. Those calls included, on Nov. 18, a report of a domestic dispute in the parking lot of a North Broadway business.

Calls received on Nov. 19 included a report of the front door of a house in the 700 block of West 11th Street having been kicked in when the owner returned home; an automobile accident on U.S. 84 north at the city limits (ambulance called and transport made to University Medical Center, Lubbock; no further details recorded); a juvenile playing with a ball breaking a window at a residence in the 600 block of South Avenue H; and damage to a vehicle in the 500 block of West 5th Street when another vehicle "peeled out," spraying dirt and gravel.

Calls received on Nov. 20 included a report of an attempted theft and disturbance in the 300 block of North Avenue H and an automobile accident at Main and Broadway (no details recorded).

On Nov. 21, lawmen were called out to investigate a report of juveniles throwing beer bottles into the street on Avenue R; a fight in progress in the 300 block of North Avenue I (it was determined there was no fight but rather the individuals involved were "playing"); and an assault at a location on North Avenue F.

Incoming calls on Nov. 22 included a request for an ambulance on CR 120 (transport made to UMC); a disturbance in the 100 block of West 4th; and a hit-and-run accident in the 800 block of West 6th.



Stopping by The Post Dispatch during a visit in Post with family and friends last week were Dewayne Warren, his wife Tomoko and their children Rebecca and Angelica. Dewayne has been recently reassigned to McChord AFB, Washington from a tour of duty in Okinawa. He is the son of Chet Warren of Post and Becky Warren of Fort Worth.

### The Cold Within

Six humans trapped by happenstance  
In black and bitter cold.  
Each one possessed a stick of wood,  
Or so the story's told.  
Their dying fire in need of logs,  
The first woman held hers back  
For on the faces around the fire  
She noticed one was black.  
The next man looking cross the way  
Saw one not of his church,  
And couldn't bring himself to give  
The fire his stick of birch.  
The third one sat in tattered clothes  
He gave his coat a hitch.  
Why should his log be put to use  
To warm the idle rich?  
The rich man just sat back and thought  
Of the wealth he had in store.  
And how to keep what he had earned  
From the lazy poor.  
The black man's face bespoke revenge  
As the fire passed from his sight,  
For all he saw in his stick of wood  
Was a chance to spite the white.  
And the last man of this forlorn group  
Did naught except for gain.  
Giving only to those who gave  
Was how he played the game.  
The logs held tight in death's still hands  
Was proof of human sin.  
They didn't die from the cold without,  
They died from the cold within.  
—Author unknown

## SPS residential customers to get 7% rate reduction

The reductions in coal transportation cost will be realized by SPS customers directly through lowered fuel costs. Fuel costs make up a portion of the total electric bill. SPS does not make any profit on its fuel costs, according to company officials. All savings are passed on to customers.

"We are delighted to provide these significant savings to our customers," said David M. Wilks, president of SPS. "The SPS fuel group and the fuel supplier TUCO certainly deserve credit for significant achievements on our customers' behalf."

The decreases costs reflect amendments to contracts between TUCO, the coal supplier to SPS, and the Burlington Northern and Santa Fe Railway, the railroad company that hauls coal from Wyoming to fuel SPS power plants.

Residential customers of Southwestern Public Service (SPS) Company will see about a 7 percent reduction in the cost of electric service, according to a recent announcement from the company.

A residential customer of SPS using 1,000 kilowatt-hours monthly will save about \$48 annually beginning in 1999. Industrial customers and other high-volume electricity purchasers will see larger percentage decreases because fuel costs ac-

count for a greater portion of their total electric bill.

Overall, SPS customers will see a reduction of almost \$210 million in costs between now and the end of 2002. Depending on the type of customer and usage patterns, reductions in overall rates will range from 7-11 percent, beginning in early 1999.

## Post Insurance

Serving Post since 1911

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- Farm & Ranch

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Central Bail Bonds has 24 offices with 30 agents making them the state's largest private surety bail bond company.

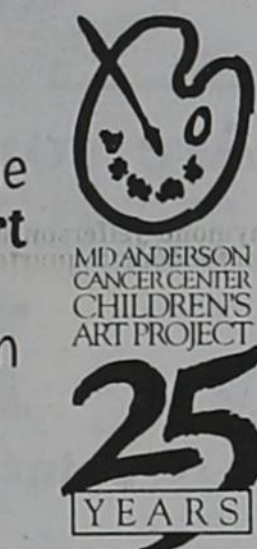
Central's local office is located at 131 W. Main Street, Post, Texas 79356

(806) 495-3830

**CENTRAL BAIL BONDS**  
Kenneth Knowles, OWNER

Send holiday cards and gifts from the Children's Art Project at M. D. Anderson Cancer Center.

Celebrating 25 years of making life better for children with cancer.



Call 1-800-231-1580 for a free catalogue.

## Lynn County Hospital

announces the association of

**Bruce Fried, M.D.**

Board certified in family practice

Dr. Fried's office is located in

Lynn County Hospital Clinic Building, Suite B

Highway 380 - West

2600 Lockwood Street

Tahoka, Texas

Dr. Fried will begin seeing patients on

Tuesday, December 1, 1998

Office hours are:

Monday, Wednesday, Thursday and Friday 8:30 a.m.- 5:00 p.m.

Tuesday 8:00 - 12:00 noon

Phone 998-4602 Appointments preferred

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TURKEY BUFFET!

Linda Daugherty



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Every Day

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495-0297

### POST INDEPENDENT SCHOOL DISTRICT

COMBINED STATEMENT OF REVENUES, EXPENDITURES, AND CHANGES IN FUND BALANCE  
ALL GOVERNMENTAL FUND TYPES  
AUGUST 31, 1998

	Governmental Fund Types	
	General Fund	Special Revenue Fund
<b>REVENUES:</b>		
Local, Intermediate, and Out-of-State	\$ 4,735,179	\$ 38,540
State Program Revenues	2,295,512	137,610
Federal Program Revenue		483,693
Total Revenues	\$ 7,030,691	\$ 657,843
<b>EXPENDITURES:</b>		
<i>Current</i>		
Instruction & Instructional Related Service	\$ 4,078,687	\$ 493,701
School Administration	357,221	1,576
Support Services - Student (Pupil)	641,272	228,125
Administrative Support Services	403,164	15,435
Support Services - Nonstudent Based	610,504	
Ancillary Services	8,385	
Capital Outlay	189,435	29,056
Intergovernmental	166,582	
Total Expenditures	\$ 6,455,250	\$ 767,893
Excess (Deficiency) Revenues Over Expenditures	\$ 575,441	\$ (110,050)
Other Resources		106,163
Other (Uses)	(106,163)	
Excess (Deficiency) of Revenues and Other Resources Over (Under) Expenditures and Other Uses	\$ 469,278	(3,887)
Fund Balance/Equity - September 1 (Beginning)	3,696,538	11,406
Fund Balance/Equity - August 31 (Ending)	\$ 4,165,816	\$ 7,519



# Classified Advertising

## Card of Thanks

The Garza County Victims Assistance Program would like to take the time to say Thank You to all of those who participated in the recent bake sale. Your time, effort and love was truly appreciated. Yours very truly,  
Jayta Cravy

Thank you to those who helped with special gifts and donations to the Ladies VFW Auxiliary District meeting. Your help was much appreciated.  
The Ladies Auxiliary

I would like to use this means to express my most sincere gratitude to all of our friends for the flowers, food and thoughtful acts of kindness during the loss of my son Kevin.  
A special thanks to Roger and Kathy Hair and family, Ken and Alice Bell and

family, Lisa and Skip Starkey, Donna Jones and Lori who got the ball rolling to get my son back home. Thank you is just not enough to say to all of those who donated money. I will never forget you.

Also to Bro. Graham, Dee and Janet Justice, Marcella and Sharla Hair and the ladies of the Nazarene Church.  
May God bless each of you,  
Trecia Morris  
Randy Baker

Words cannot express how much we appreciate our friends at this time of loss. Thank you all so much for the cards, flowers and food.

A special thank you to Bro. Graham, Dee and Janet Justice, Marcella and Sharla and the ladies of the Nazarene church.

Post is a special town.  
May God bless,  
Wesley Morris family and  
Harlen Morris family

## Personals

Post Independent School District invites the Senior Citizens of the district to come by the Superintendent's office and receive a gift of a complimentary general admissions pass that will admit you to all school functions. (You will be asked to present identification so that a pass can be issued in your name).

**Post Group of Alcoholics Anonymous**  
Meets every Thursday night at the First Presbyterian Church, 901 West 10th at 8 p.m. Closed meetings are held except on the last Thursday of the month, which is an open meeting. Door opens at 7 p.m. and the meeting starts at 7:30 p.m., cake and coffee following the meeting. Anyone who wishes to talk or ask about an alcohol problem, call 495-4152, 495-4185 or 629-4393.

## Help Wanted

Detective - Private Investigator trainees. Good wages 806-767-0171.

West Texas Centers for MHMR has Crew Supervisor position available in the Post area. Position will ensure that assigned contracts are met while providing supervision and training for people with developmental disabilities in a mobile work crew. Must have high school diploma or GED and meet requirements for driving agency vehicles. Drug free workplace. Schedule varies. \$582 paid biweekly (\$15,132 annually). Excellent benefits, E.O.E. Applications may be obtained in Post at East 7th and Avenue C, in Big Spring at 409 Runnels or by calling Jobline 800-687-2769.

General laborers for prison project. References required. Call 747-2846.

## Homes for Sale

Two and one half acres in south Lubbock. Three BR - 1 bath house on site with three bedroom, 1 bath mobile home that brings \$400 month income. Large Shop, four stall arena, fenced with good well. Cooper School district. Call 785-0221 or 745-3588.

3 bedroom, 2 bath, brick, 2 large lots. Call 495-3045 or 495-4545.

House for sale: 119 South Ave. R. Three BR, one bath, den-living area on three lots. Call 620-4003 days or 629-4455 after 5:00 p.m.

Large house: Three bedrooms, two bath, carport and storage room. Call 495-3384.

## Miscellaneous for Sale

Pre-recorded videos, over 1000 movies. Two to four movies on each tape. \$5 per tape. Trailer house behind car wash. Saturday 8:30 till sold out.

Snapper, self-propelled, rear bagger lawn mower. Great condition, call 495-2816 or 327-5254 after 6p.m.

Sundance hot tub, cadillac of hot tubs, like new and great for stress. Also, Wolfe tanning bed, works great. Call 495-4067.

Cemetery lots for sale. Grassland cemetery. 806-799-8960.

## Garage Sales

Yard sale: Friday, 9:00 a.m. till gone. 506 Pine, shoes, dishes, tables and misc. Cheap.

## Feed & Seed & Livestock

ALFALFA HAY: Small bales and 1500 lb. squares. B & L Enterprises, 915-573-8911 or pager 1-800-508-4212

## Vehicles for Sale

1990 Cadillac, four door Brougham. Low mileage, like new. Call A.C. Cash, 806-495-3152.

## Business Opportunities

Money problems? Need help? We've got the answers you need. For fast results call 800-299-2041.

## Lost and Found

Lost: Gold tennis bracelet with dia-

monds. Lost at Allsupps on Hwy. 84 or at Post Office. Call 495-2816. Reward offered.


Lost last week at Allsupps on Lubbock Hwy. Black and grey tabby cat. Call 806-892-2476. Reward.

Lost, two hounds (half hound and half heeler) answer to Ginger and Luther. Last seen at 707 West 12th. Call Lori at Subway, 495-2272. \$100.00 reward.


## Legal Notices

We would like to express our gratitude to all of the individuals who organized the benefit at Post High School on November 14, 1998. To all of the faculty, staff and students who participated in the event, we want you to know how much you blessed us. Your outpouring of love and support has been overwhelming. Thank you also for your generous gift.  
God bless you all,  
Pat Ayala and family

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Commercial and Legal: 50¢ per word. Payable in advance unless credit approved by management.  
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**John Bustoz - Sales Consultant**  
Simply fill out this form and mail it back to the address above. Approval notification can be done within hours of receipt of this form.

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Present Address (number and street) City State Zip			
Previous Address (street, city, state)			
Current Employers Name		Address	
Social Security Number		Years on Job	
Employers Phone		Gross Monthly Salary	
Applicants Signature	Home Phone	Date	

CONSUMER REPORT: I agree that a consumer report may be obtained in connection with the application and that such report may be used by the lender to determine my creditworthiness. I understand that the lender may also obtain information from other sources, which information may be used by the lender to determine my creditworthiness. I understand that the lender may also obtain information from other sources, which information may be used by the lender to determine my creditworthiness.

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Let me do your footwork...


Lovely brick 3/2/2, CH/AC, fireplace, storage bldg., fenced, corner lot, and much more!!  
3/2/2, fireplace, fruit & pecan trees on large lot, needs T.L.C.  
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2 BR/1 Bath + small office or nursery, cellar, 2 room shop, carport, 2 lots. Affordable!!  
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Apartment house or B&B, furnished, parking. You need to look! Negotiable, make offer.  
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Sales Person  
(806)495-3171 Mitchell Real Estate



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**TexSCAN Week of Nov. 22, 1998**  
**BUSINESS OPPORTUNITY**  
\$1.00 STORES! \$1-\$10 Stores! 10,000 products! Stores worldwide. Complete from \$15,000 down, O.A.C. Call 1-800-829-2915  
**AVON PRODUCTS - START** your own business. Work flexible hours. Enjoy unlimited earnings. Call toll free 1-888-942-4053. \$20 start-up.  
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**CARPET CLEANING FRANCHISE** available. Excellent income opportunity. All equipment, training, & support included. \$12,900 - some financing available. Free video. Heaven's Best Franchises, 1-800-568-3605.

**DRIVERS WANTED**  
**CONTINENTAL EXPRESS** needs OTR & Regional drivers. Voted among the top 10 small carriers. Paid benefits. 90-95% no-touch freight. 1-800-727-4374. EOE. 1-800-695-4473.  
**DRIVER - C/O/O.** Super Regional! What is it? We've got it! You'll want it! Call for information. Class A CDL required. Arnold Transportation, 1-800-454-2887.  
**DRIVER COVENANT TRANSPORT** \*Coast to coast runs\* Teams start 35¢/37¢. \$1,000 sign-on bonus for experienced company drivers. For experienced drivers and owner operators. 1-800-441-4394. Graduate students 1-800-338-6428.  
**DRIVER - FLATBED.** START up to 34¢/mile. Medical, Dental & Life, 401(K). Consistent miles. Midwest or 48 states. 3 years OTR + 1 year flatbed. Combined Transport. 1-800-637-4407.  
**DRIVERS NEEDED FOR** over the road local, regional. Carriers offering free training with no contracts & no pay-backs. For more information call 1-888-209-0617.  
**DRIVERS - O/O'S SMITHWAY** Motor Express. New Pay package, weekly pay. Great home time. Your choice flatbed or van. New conventional equipment. Charles Malone, 1-800-952-8091.  
**DRIVERS START UP TO 50¢/year.** 2500 - 3000 miles/week. 100% conventional sleepers. Benefits and bonus program. Mostly no-touch/drop-in-hook. Call OTRX today. 1-800-423-6939  
**DRIVERS WANTED: PROFESSIONAL** OTR T/T drivers. 1 year experience. Only the highly motivated, safety oriented need apply. We offer: Big trucks-big hoods, big mileage and more. For more information on our 48 state operation: Call Elite Express at 1-800-441-4318.  
**FREE TRAINING & FIRST** year income \$30K - Stevens Transport - OTR truck drivers wanted!

Non-experienced or experienced 1-800-333-8595.  
\*\*NEW PAY PACKAGE\*\* Teams earn up to 44¢/mile. Sols earn up to 32¢/mile. Pay package includes safety & longevity bonuses. 3 months + school minimum experience. 80% Drop & hook, no touch freight. Assigned conventional freightliners, incredible benefits & miles, miles, miles. Celadon Trucking, 1-800-729-9770.  
**RAPID FREIGHT** of Texas is seeking OTR drivers. Minimum 1 year experience. Class A CDL with HazMat required. Call recruiting 1-800-299-7274, ext. 21 or ext. 41.  
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# Yesteryears

by Pat Burnett

## Nov. 30, 1988 10 Years Ago

Bobby Sifuntez will be participating in the filming of the movie "Born on the 4th of July" which is now being filmed in Dallas and stars Tom Cruise. Bobby is the grandson of Mr. and Mrs. Gene Solis and Mr. and Mrs. Phil Vargas, all of Post... Joyce Strubhart, club president, was hostess to the Needlecraft Club Thanksgiving luncheon. Members voted to make a donation to Cal Farley's Boys Ranch and Girlstown, U.S.A... Herbert and Lois Walls had all their children and grandchildren in their home for Thanksgiving dinner... Christy Sutherland has been named recipient of the Reed, Cameron Kroh Memorial Scholarship at the University of Kansas in Lawrence, Kansas.

## Nov. 30 1978 20 Years Ago

Happy Birthday tomorrow goes to Melinda, Sue Presson, Carolyn Bowen, Barbara Sue Parrish, Donna Kay Short, Merle Jenkins, Kenneth Barnes and Trudy Lynn Adams... Mr. and Mrs. Paul Jorgenson and son, Richard, visited with Mr. and Mrs. Mike Mitchell and Pat during the Thanksgiving holidays... Jess Knight of Justiceburg won the saddle bronc riding competition in the recent Lone Star Circuit Finals.

## Nov. 28, 1968 30 Years Ago

Congressman George Mahon is scheduled to address the Post Rotarians here Tuesday at their weekly luncheon... Mr. and Mrs. Lowell Short left Friday to make their home in Fort Worth. The Shorts have lived in Post for 22 1/2 years... Miss Theresa Maddox will graduate this week from Jessie Lee's Beauty School in Lubbock... Neal Francis received his discharge from the Air Force Nov. 15 at Elmendorf AFB, Alaska... Mr. and Mrs. A.C. Cash returned last week from a six day all expense paid prize winning trip to Bermuda.

## Nov. 27, 1958 40 Years Ago

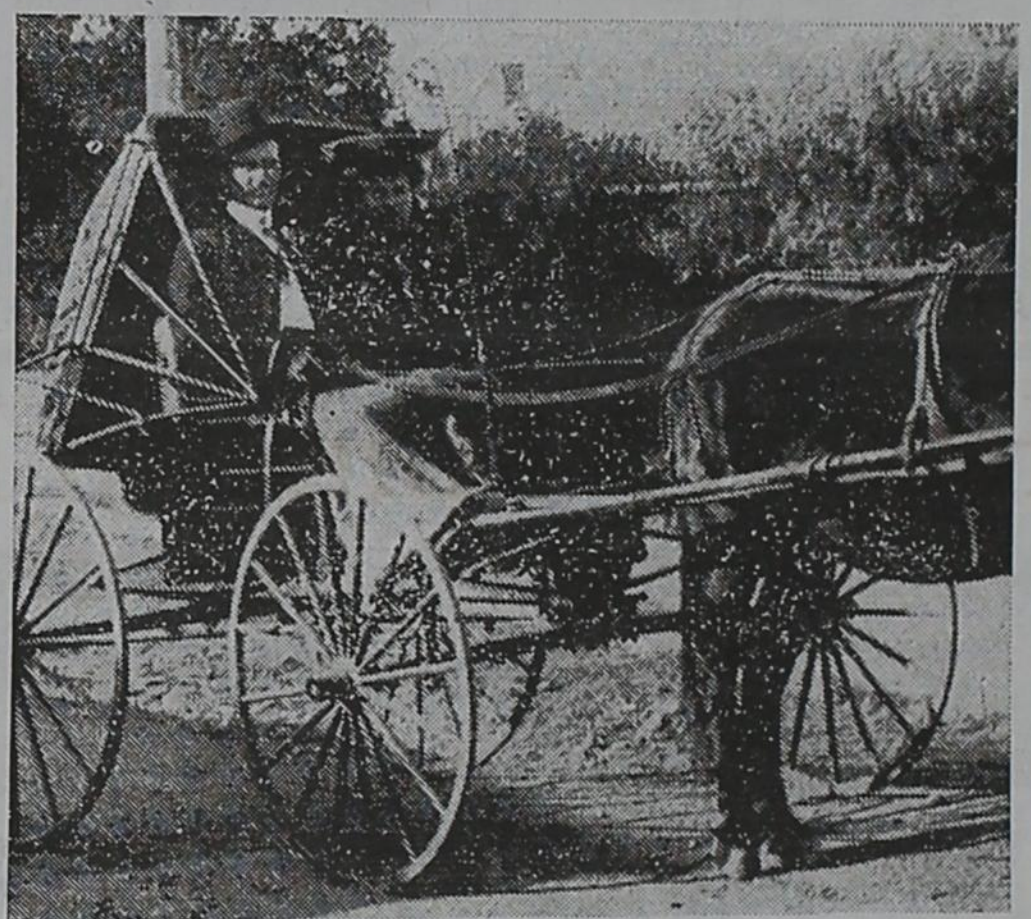
Army Pvt. John C. Boren is a member of the 18th Infantry Band at Fort Riley, Kan... Post December Dollar Days will give local and area shoppers a bargain kickoff to the Christmas gift buying season... The

home of Mrs. E.R. Moreland was the scene for a layette shower honoring Mrs. Donald Ammons Saturday afternoon... The 7th grade girls basketball team has been chosen. The members are Linda McMahon, Linda Pennell, Margie Harrison, Carol Billings, Mary Beth Ford, Marilyn Williams, Rometa Solis, Carol Hodges, Lynette Potts, Guylenn Quinn, Linda Rogers and Betty Jo Hill.

## Nov. 25, 1948 50 Years Ago

Mrs. Joe Callis, teacher, took 23

first grade pupils on a field trip Wednesday afternoon. The group walked eight blocks in the school neighborhood studying nature... Buck Floyd and family of Jayton attended the football game last Friday... Mrs. Hans Hudman lost a purse containing \$100 Saturday... Mr. and Mrs. V.J. Campbell are visiting today in New Mexico with their son, Leland and his family... Mrs. Geraldine Wells and Peggy visited in Lubbock Saturday afternoon... Mrs. Mellvin Hill has been ill this week.



TOGETHER 65 YEARS

Mr. and Mrs. O. B. Franklin will observe their 65th wedding anniversary Friday at their home on Route 1, Post. The lower picture shows Mr. and Mrs. Franklin at the time of their marriage in Coleman County.

From The Post Dispatch, Nov. 28, 1968

## Lunch Menus

### Trail Blazer

Friday, Nov. 27, 1998

Holiday

Monday, Nov. 30, 1998

Chicken fried steak, white gravy, corn, peas and carrots, hot roll and pineapple.

Tuesday, Dec. 1, 1998

Roast beef, brown gravy, tater tots or fries, peas and carrots, toast or bread and fruit salad.

Wednesday, Dec. 2, 1998

Carne guisada, green beans, Mexican rice, ambrosia fruit salad and pudding.

Thursday, Dec. 3, 1998

Meatloaf, new potatoes with sauce, broccoli, celery sticks, wheat roll and lemon cake.

### Post ISD

Friday, Nov. 27, 1998

Breakfast:

Lunch: Holiday

Monday, Nov. 30, 1998

Breakfast: French toast, sausage links, fruit and milk.

Lunch: B-B-Que on bun, pinto beans, slaw, pineapple slices and choice of milk.

Tuesday, Dec. 1, 1998

Breakfast: Malt-o-meal, toast, sausage, fruit and milk.

Lunch: Chicken nuggets, whipped potatoes, green beans, jello, hot rolls and choice of milk.

Wednesday, Dec. 2, 1998

Breakfast: Scrambled egg, toast, sausage links, fruit and milk.

Lunch: Chili dog, French fries, green peas, cherry crisp and choice of milk.

Thursday, Dec. 3, 1998

Breakfast: Breakfast taco, fruit, orange juice and milk.

Lunch: Tamales, pinto beans, salad, peaches and choice of milk.

### Southland ISD

Friday, Nov. 27, 1998

Breakfast:

Lunch: Holiday

Monday, Nov. 30, 1998

Breakfast: Oatmeal, toast, juice and milk.

Lunch: Candian bacon pizza, salad, corn, pudding and milk.

Tuesday, Dec. 1, 1998

Breakfast: Managers choice

Lunch: Meat loaf, au gratin potatoes, pinto beans, roll, fruit and milk.

Wednesday, Dec. 2, 1998

Breakfast: Scrambled eggs, sausage, biscuit, juice and milk.

Lunch: Steak fingers, mashed potatoes, gravy, peas, roll, cookies and milk.

Thursday, Dec. 3, 1998

Breakfast: Cinnamon toast, fruit and milk.

Lunch: Spaghetti, green beans, tossed salad, garlic bread, jello and milk.

## The Original TEXAS CROSSWORD

by Charley & Guy Orbison

Copyright 1998 by Orbison Bros.

48 Metroplex airport  
50 Lee Oswald ('63) and Charles Whitman ('66)  
53 TXism: "just a \_\_\_" (little)  
54 Dallas' \_\_\_ Thornton frwy.  
55 TX men in church: \_\_\_ allowed"

56 TX Stephen Stills' "Love the One \_\_\_"  
59 talkin' through your nose  
60 TX border agency (abbr.)  
61 product of 62 across

62 TX poet Naomi  
17 San Angelo hosts Rocky Mountain \_\_\_  
19 this Boone starred in TX-made "State Fair"  
23 TX Evelyn of "Gone With the Wind"  
24 William Travis' home state (abbr.)  
25 TX Crenshaw is a touring \_\_\_  
26 Astro official (abbr.)  
27 TXism: "agile as a snake \_\_\_"  
28 TXism: "he couldn't find an egg \_\_\_ sitting hen"

29 Texas' black-\_\_\_ jack rabbit  
31 Houston had 1st electric street \_\_\_  
32 mesquite chopper road"  
33 TXism: "fire and fall back"  
38 TX-made "Born on the \_\_\_ of July"

40 \_\_\_ Worth  
41 TX Guadalupe is state's largest spring-\_\_\_ river  
42 Davy's home state  
49 this O'Daniel was elected gov. in '40 landslide (init.)  
51 home state of "should've been" Texan John Wayne  
52 TX Senator Gramm  
57 TX succeeded from this in 1861  
58 ex-Cowboy great White

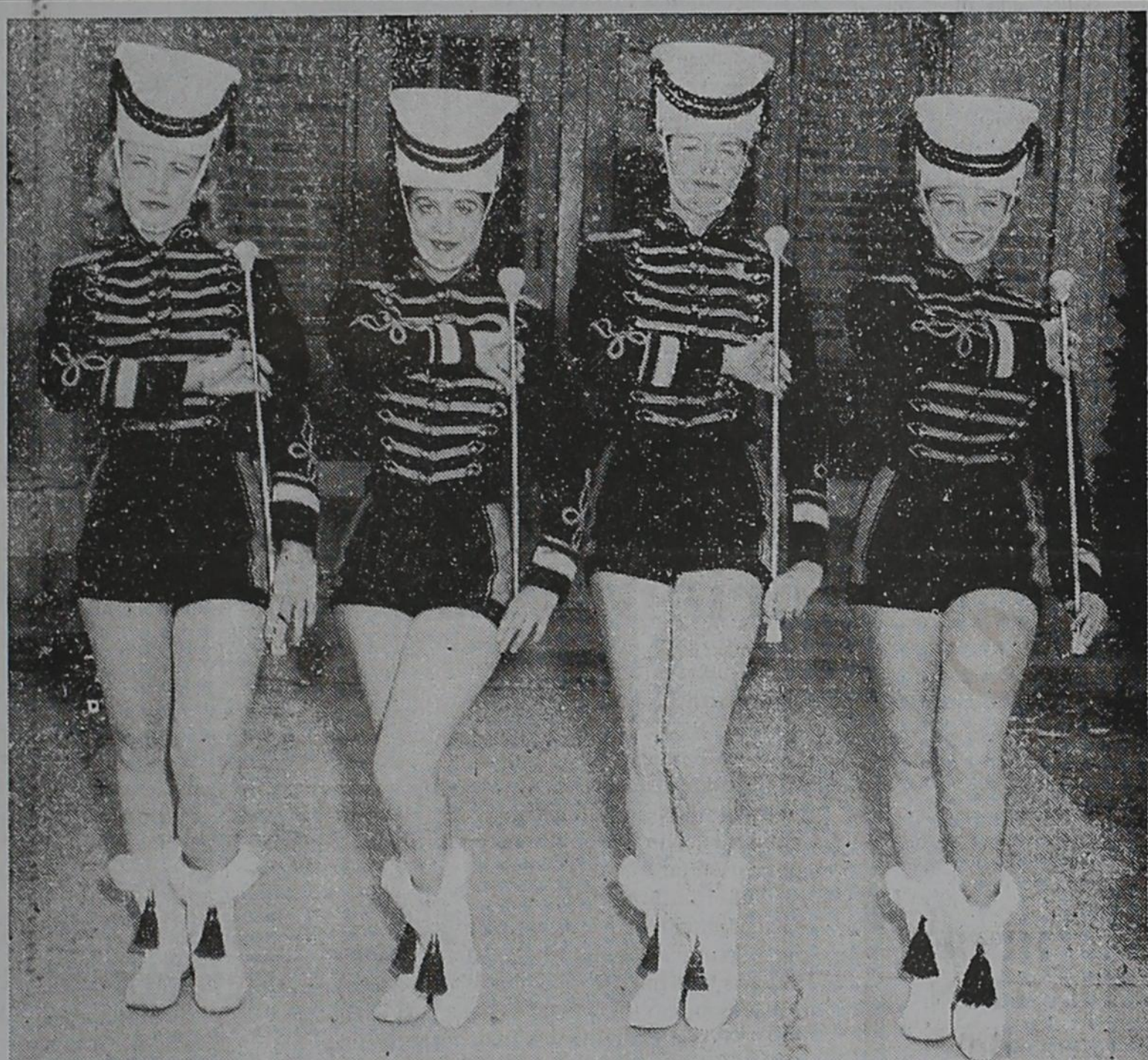
### ACROSS

- 1 TXism: "\_\_\_ of bones" (skinny)
- 5 TX Dr. Pepper rival
- 6 TXism: "come \_\_\_ or high water"
- 7 ex-Maverick Tarpley played with \_\_\_ Salonica in Greece
- 8 TXism: "big fish \_\_\_ small pond"
- 9 Electra hosts a "Goat Cook-\_\_\_"
- 12 bumper or street
- 16 TX or Nevada town
- 18 TX field where "black gold" is extracted
- 20 Drabek won the \_\_\_ Young award before he was an Astro
- 21 type of jet
- 22 TXism: "mighty fine"
- 24 TXism for "Kid"
- 30 Sanger Bros. was 1st to have one in TX
- 34 Heyford's Ely who was Tarzan (init.)
- 35 Richard of film "On Wings of Eagles" about TX Perot
- 36 Love Field transport
- 37 Texans Frizzell or Bush
- 39 TXism: "that's a horse \_\_\_ color"
- 43 "JFK" director Oliver
- 44 TX Railsback was Charles Manson in film "\_\_\_ Skelter"
- 45 in '66, Rice won \_\_\_ College Bowl
- 46 regrets
- 47 found in TX mines

### DOWN

- 1 TXism: "warm \_\_\_" (sit)
- 2 Cascade Caverns are near this town
- 3 Waterfowl Habitat \_\_\_ of Texas
- 4 "Buffalo \_\_\_ won't you come out...?"
- 9 "Popeye" character by TX Duvall (init.)
- 10 TXism: "lost everything but the \_\_\_ in my teeth!"
- 11 Canton's First Monday \_\_\_ Market
- 12 Channing and TX Burnett
- 13 TXism: "chompin' \_\_\_ the bit" (eager)
- 14 record label for TX Charley Pride
- 15 \_\_\_ of breath

## The Post Dispatch 495-2816



ADD BEAUTY TO BAND

These four twirlers are helping win the Post Antelope Band wider recognition this year than it ever has had. They, along with the band, have won the plaudits of foot-

ball crowds at six out-of-town games this season. From left to right are Judy Gossett and Minnie Lee Mathis, juniors, and Judy Clary and Ruthell Martin, freshmen.

From The Post Dispatch, November 27, 1958



HIGH ROLLERS - (back row, left to right) instructors Cheryl Thompson and Amy Thuet, (second row from back, left to right) Jenny Gonzales, Meagan Mills, Vondi Gradine, Cha'la Boles, Jamie Gildewell, Erin Gregory, Jodi Gregory, (second row, left to right) Becca Stelzer, Davida Gregory, Ashley Mason, Heather Palmer, Barrett Scribner, (front row, left to right) Tye Mason, Ronnie Jay Parrish, Penny Massey, Kaycee Osborne and April Line. Not available for photo were Kim and Christy Ritter and Jerica Tyler.

From The Post Dispatch, November 30, 1988

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Attending the Mrs Texas Senior Panhandle South Plains Pageant coffee for interested contestants last Saturday at the Hotel Garza were (back row, left to right) Sharon Williams and Londa Henry of Lubbock's Ventura Place, Isabelle Stelzer, event director Gladys Blair, assistant Georgia Slough, hostesses Heidi Phillips and Robin Stewart, (front row) Lavern Hornsby, Marie Neff, Jimella Simpson, Mary Beaty and Mary Ingram. The pageant will be held in Post January 29, 30 and 31, 1999.

## Mmmm! Marvelous Mini Meatballs Are a New Twist on an Old Favorite

Warm up a crisp cool evening with the great taste of simple but not-so-ordinary meatball recipes. From a satisfying bowl of hearty soup to a last-minute appetizer, this exceptionally moist and flavorful meatball will spice up your repertoire of favorite recipes. The Marvelous Mini Meatballs recipe combines just the right seasonings with lean ground beef and oatmeal—a whole grain ingredient, which can be a low fat source of soluble and insoluble fiber and can add great flavor, texture and nutrition.

The smaller version of this classic tastes great and works well in a wide variety of recipes so you may want to make a double batch. Just freeze the extras in plastic freezer bags or an airtight container for a last-minute meal or a quick appetizer.



Sweet 'N Sour Mini Meatballs are just one of the many meatball recipes that uses the whole grain goodness of oatmeal for hearty texture and flavor.

### Quick and Easy Meatball Soup

This nutritious, quick and easy soup is sure to take the chill off a cold day!

- 1 Recipe Marvelous Mini Meatballs, prepared
  - 2 cans (14.5 oz. each) beef broth or no-fat beef broth
  - 2 cups water
  - 1 can (14.5 oz.) diced tomatoes with garlic and onion
  - 4 ounces uncooked elbow macaroni (1 cup)
  - 1 can (15 oz.) cannellini beans
  - 1 teaspoon dried Italian seasoning flakes
- Bring broth, water and tomatoes to boil in large saucepan. Add cooked meatballs and macaroni; cook, stirring occasionally, 9 to 11 minutes or until pasta is tender. Add beans and Italian seasoning. Heat thoroughly; serve. Makes 6 servings.

### Meatballs Italian

An especially kid-pleasing version of an all-time favorite.

Place desired number of cooked Marvelous Mini Meatballs and your favorite prepared spaghetti sauce in saucepan. Heat on medium until warmed through. Serve over cooked pasta or on French bread for meatball

sandwiches. Use mini French rolls for a hearty appetizer or an easy party finger-food.

### Sweet 'N Sour Meatballs

Serve this mini meatball appetizer or entrée the next time you get together with family or friends. The slightly sweet and tangy sauce will delight guests of all ages.

Combine 1 cup apricot preserves and ½ cup chili sauce in 2-quart glass baking dish; mix well. Add 25-30 cooked meatballs, stirring until evenly coated. Bake at 350°F, uncovered, 10 to 15 minutes or until heated through. Serve as an appetizer or over cooked rice for a quick and delicious meal.

### Meatballs Stroganoff

An easy rendition of a popular recipe.

Combine 1 can (10 ¼ oz.) light or regular cream of mushroom soup, ½ cup light or regular sour cream and ¼ cup of milk in large saucepan. Season with salt and pepper, if desired. Heat on low, stirring often, until smooth. Add 25 to 30 cooked meatballs and cook until warmed through. Serve over cooked noodles or rice.

## Prostate cancer research

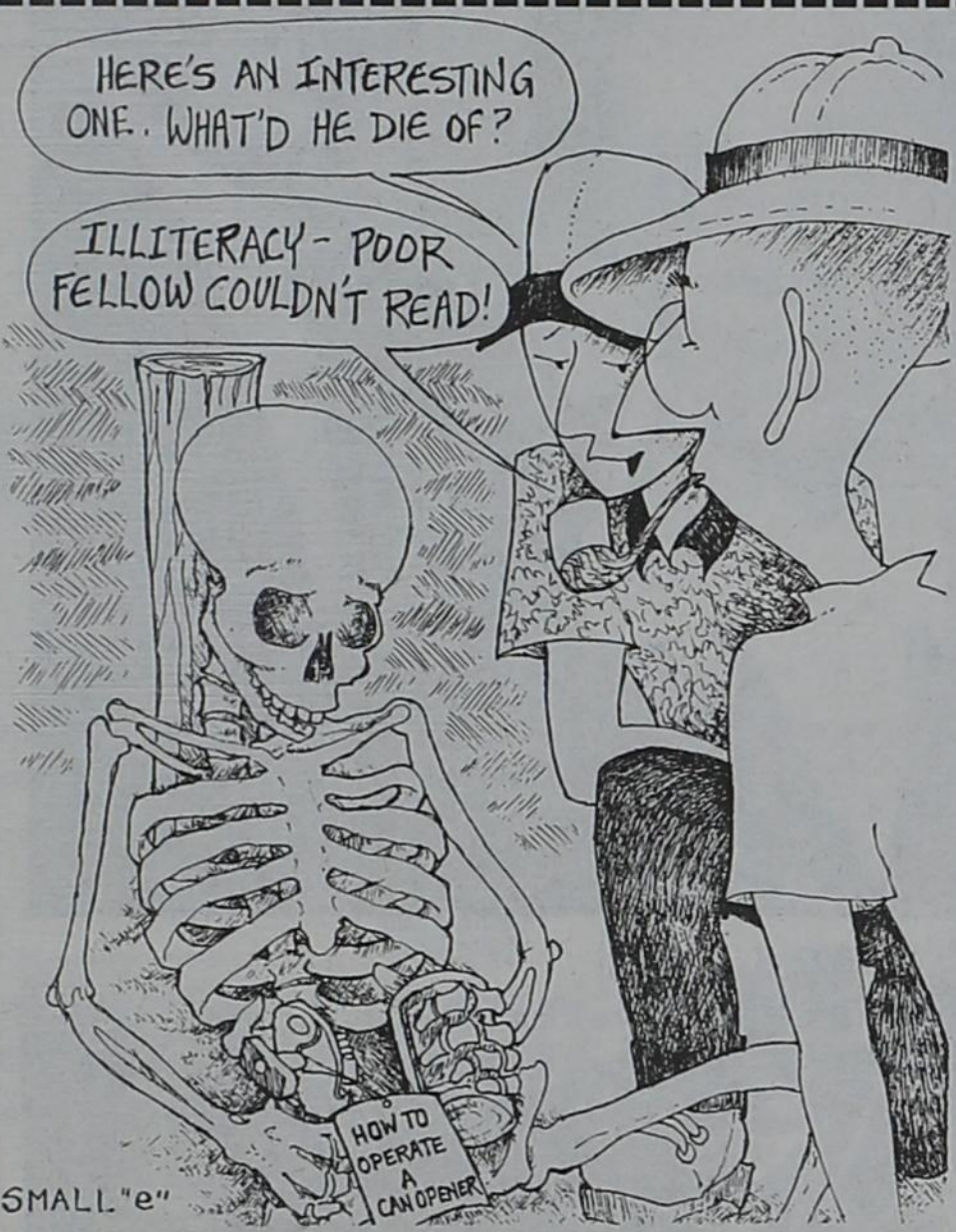
Men with prostate cancer are needed for research on gene therapy treatments for the disease at Baylor College of Medicine in Houston.

Newly-diagnosed patients as well as men whose cancer has recurred despite previous radiation therapy are eligible for the study, which requires surgery, radiation therapy and two weeks of drug treatment.

Patients are responsible for the costs of surgery, radiation therapy and hospitalization, but these might be covered by insurance. Temporary housing expenses will be reimbursed for out-of-town participants. Gene-therapy costs will be covered by the study investigators.

For more information, call 713-798-5137.

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## SPC student orientation dates set

New student orientation for the spring 1999 semester at South Plains College will be Dec. 8, Dec. 14 and Jan. 12.

Orientation begins at 8 a.m. in the SPC Student Assistance Center on the third floor of the library.

Students who have submitted an application for admission will be notified of orientation dates.

Orientation is required of all entering full-time students and transfer students who have fewer than 30 semester hours.

A TASP test called QuickTasp will also be given Dec. 7 for students planning to attend orientation on the following day, said Claudine Oliver, director of guidance and counseling.

TASP measures college-level skills in reading, writing and math and is now required of all new students entering Texas public colleges and universities before they enroll in college-level courses. Certain exemptions apply.

TASP fee is payable in two money orders, one for \$29 to TASP and one for \$5 to SPC. Students need to pre-register for the QuickTasp by contacting the SPC Office of Guidance and Counseling at 806-894-9611, ext. 2366 or 2368.

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## The Post Dispatch

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