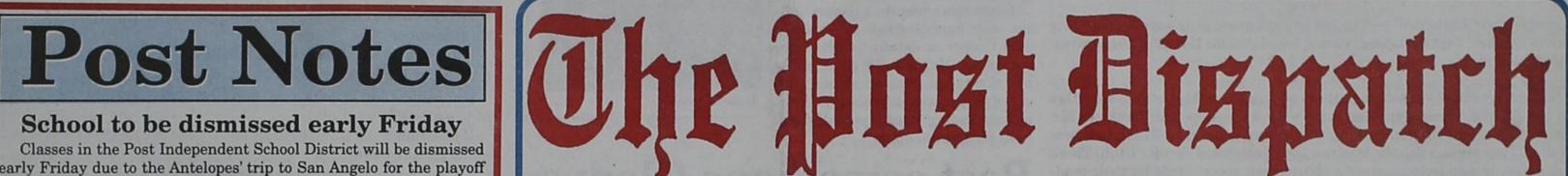
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Antelopes headed for regional tilt

'Lopes capture **Bi-District** Championship in 49-38 win over Hale Center (See Page 6 for details)



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early Friday due to the Antelopes' trip to San Angelo for the playoff game. Classes will be dismissed at 12:25 p.m.

Ms. Texas Senior breakfast Saturday

A coffee for individuals interested in being contestants of the Ms. Texas Senior - Panhandle/South Plains Pageant will be held Saturday, Nov. 21, beginning at 10:30 a.m. at the Hotel Garza. The pageant is open to ladies ages 60+.

MAD DADS garage sale continues

The MAD DADS garage sale will continue Saturday, Nov. 21, at the 4-H Barn from 8 a.m. to 1 p.m. More items have been added so be sure to drop by and check it out.

Church to host Thanksgiving meal

The First Baptist Church will sponsor its annual community Thanksgiving meal Wednesday, Nov. 25, from 5:30-7:30 at the school cafeteria. The meal will consist of turkey and dressing and the trimmings and is planned for those who may not be having their own meal for Thanksgiving day. The community is invited. For more information, call the church at 495-3554.

Assistance available for energy needs South Plains Community Action Association Inc. has received additional funding from the Texas Department of Housing and Community Affairs to operate the Comprehensive Energy Assistance Program (CEAP). The primary intent of the program is to make funds available to enable SPCAA to respond to energy needs affecting low-income households. Priority will be given to eligible households containing one or more persons age 60 or above, a handicapped individual and families with young children under the age of six. For more information, contact Billie Williams or Ysabel Overton at 495-2329 between the hours of 8 a.m. and 5 p.m. on weekdays.

GHD board orders study

Seventythird Year Number 25 USPS 439-620 Single Copy 50 cents © 1998 The Post Dispatch Thursday, November 19, 1998

on cost of continuing

Covenant System plans to cut back

by an answering service who would then contact the physician oncall. The physician would then contact the patient and either instruct them on how to handle the situation until they could be seen in the clinic or advise them to travel to Lubbock where they could receive immediate medical attention.

The changes in the contract would allow for a reduction in the subsidy the hospital district pays to Covenant, Markham said, but noted that his organization could not provide expanded services (caring for nursing home patients, home health patients, detention center patients and patients from the soon-to-be-opened 1,000-bed prison) without a subsidy. He said a \$150,000-210,000 annual subsidy would be required to provide the "high quality care... that Covenant Health Systems wants to provide.' Markham said he has been in contact with the state representative who authored the legislation for the creation of the Level V Trauma and Stabilization Center designation and learned that is is 'doubtful if this designation will ever (be) approved." He said he has visited with a member of the committee that will set the rules

National Education Week observed

November 16-20 is National Education Week. Teachers and staff members of the Post Independent School District will be recognized during the week by volunteers and room mothers. This week provides a good opportunity" for local residents to show their appreciation to the staff of the school system for the job they do with the young people of Post.

Dispatch Thanksgiving deadline set

Deadline for The Post Dispatch's Wednesday, Nov. 25, Thanksgiving edition will be Monday, Nov. 23, at 5 p.m. "We will have to print on Tuesday," said Wes Burnett, publisher.

Church to host bake sale, fish fry

The Pleasant Home Baptist Church will have a bake sale and fish fry Saturday beginning at 10:30 a.m.

Victim program Nov. 19 meeting

The Garza County Victims Assistance Program will have a volunteer meeting Nov. 19 at 5 p.m. in the Citizens Bank Community Room. Anyone interested in becoming a volunteer with the Victims Assistance Program is urged to attend. For further information, call Jayta Cravy at 495-2479.

Discount Bible, book sale scheduled

The Women's Ministries of the Church of God of Prophecy, 602 W 14th, will sponsor a discounted Bible and Christian book sale Nov. 19, 20 and 21. Hours on Thursday, Nov. 19, and Friday, Nov. 20, will be from 4-9 p.m. Hours for Saturday, Nov. 21, will be from 9 a.m. until noon.

Head Start fund raiser under way

Post Head Start parents will be selling two-year pocket planners to raise money for the group's children's Christmas gifts. The pocket planners will be here soon and project organizers say they make the perfect stocking stuffers. The planners will come in four styles - footprints, angels, kittens and bears. To order, call 495-4037 or 495-3253 or contact any Head Start parent.

Cub Scout popcorn sales under way

Post Cub Scout Pack 314 is observing its annual popcorn sale. Orders must be placed by Friday, Nov. 20. Anyone interested in purchasing popcorn should contact Bill Short at 495-4104 or Will Morrow.

GED program continues in Post

The GED adult education program in in its second month of educational service to the Post community. The program takes place in Room 210 of the elementary school each Monday from 4-8 p.m. To participate, you must be a Texas resident of at least 18 years of age and not enrolled in a public school or at least 17 years of age and officially withdrawn from school. The GED test will be given in Lubbock at Matthews Learning Center several times in coming weeks.

Santa Claus is coming to Post!

The Post Commerce & Tourism Bureau is planning a bigger than ever lighted Christmas parade for December 5 beginning at 6 p.m. A

services at clinic

A study to determine what, if any, savings could be realized with the retention of the Garza Memorial Hospital District was ordered by the district's board members during their regular meeting Thursday morning.

According to minutes from the meeting, the board decided "a study needed to be done to determine whether or not a cost savings could be demonstrated by retaining the Hospital Board."

The group also ordered that the study should include a review of the financial impact the abolition of the hospital district would have on all local taxing entities. Hospital Administrator Maritta Reed was instructed to contact Mason, Warner & Co. to make arrangement for the financial study.

No timeline regarding the study was denoted in the minutes. The board's move to request a study followed a presentation by Jason Markham of Covenant Health Systems (formerly Methodist Hospital). According to the minutes of the meeting, Markham visited with the board about the local clinic and the need to change the facility into a more "traditional" clinic. He said that many times when patients are coming to the clinic after regular business hours they are not being seen but are being sent to Lubbock. He also noted that the clinic is "not being used" in the after-hours time periods.

"The clinic has seen probably less than 12 patients after hours in the last month and... maintaining at 24-hour clinic is very expensive," the minutes state.

There have been problems recruiting physicians to cover the 24- day, November 10 at the Post Community Center. hour clinic but that Covenant, under its contract with the local hospital district, would have no problems recruiting physicians for a clinic with "more traditional clinic hours, from 8 a.m. until 6 or 7 p.m. Monday through Friday, with (a) half-day clinic on Saturday," has been studying and preparing for the Y2K problem for the past Markham said.

Board members were asked to consider amending Covenant's con- serve Christ" when people are in need. tract to reflect the hour changes. With these changes, he said, pa-

Post holiday events

Post and Garza County plan to ring in the holiday season in style with a flurry of activities scheduled the first weekend in December.

- The Garza Theatre's rendition of "Steel Magnolias."
- An open house at the Garza County Historical Museum.
- An open house at the OS Ranch Shop.
- Regular visiting hours at the OS Ranch Museum.
- The annual Cowboy Christmas Ball at the Tower Theater.
- at the Hotel Garza Bed & Breakfast.
- merce & Tourism Bureau.
- The final Old Mill Trade Days event prior to the upcoming holi- in need.' day season.

Mitchell.

ism Bureau is conducting an angel contest much like the scarecrow-contest alone, we must all work together if we are to survive."

(Continued on Page 4)

Y2K seen as potential for **Christian outreach**

by Wes Burnett

A vision of Christian ministry in times of crisis was emphasized at the second community-wide Y2K preparedness meeting held Tues-

Led by Tom Hurley, the meeting included background information about the depth and width of correcting date sensitive embedded computer chips and the enormity of the problem. Hurley, who five years, emphasizes the "wonderful opportunity for churches to

"Most people will not be prepared to survive without electricity," tients could call the clinic after-hours and the call would be answered Hurley pointed out, "they are in denial and will continue to be in denial until it's too late. That's why those few of us who see the

potential devastation of this event must step up and be prepared to help others." Hurley then explained his vision for Christian ministry.

"This Sunday, we must all begin preparing to help others by tak-The following activities are scheduled to take place that weekend: ing a box or boxes of food to our churches, where they can be stored safely and be available when people are in need." Hurley reminded those in attendance that right now very few, if any, of Garza County's churches are even planning for the potential disaster related to Y2K.

"By January 1999," he emphasized, "every family should have at least four days of food and water and other necessities set aside... • A Cowboy Christmas Tea featuring entertainment by Doug Smith and by the summer of 1999 there should be from 10 to 14 days on hand." Beyond that, Hurley said, "we must be careful not to run • The annual lighted Christmas parade sponsored by the Post Com- afoul of anti-hoarding measures, and to avoid that, let's each bring our excess food to our churches, where it can be shared with others

Hurley said that recent reports of government planning for mar-"It's a pretty full weekend of things," said the bureau's Wanda tial law makes it imperative that individual families begin storing food now, "when the military takes over, there'll be no chance to In conjunction with the upcoming holiday season, the Commerce & Tour- store up additional supplies," he added. "No one family can do this Hurley emphasized the opportunity for Christians to use this potential crisis for God's purposes, and to demonstrate Christian love by sharing with others. "Am I my brother's keeper?" he asked ... then smiling broadly, answered his own question, "Yes, you bet I am."

total of \$1,000 in prizes will be awarded to the best three lighted parade floats. Call for information about entering a float to 495-3461. **Church offers fish dinners on Fridays**

The Holy Cross Catholic Church will offer fish dinner plates, featuring fried catfish and the trimmings, every Friday starting at 5 p.m. Cost will be \$5 per plate.

Holiday Fashion Fare set Dec. 9

A special event, the Holiday Fashion Fare, will be held Dec. 9 from 11:45 to 1:15 p.m. at the Algerita Arts Center. A meal featuring two types of soup, baked potatoes and holiday foods will be served. Fashions from La Posta will be featured and an auction of arts and crafts from the Post Art Guild members will be conducted. Cost is \$5 per person.

Post-parade chili supper planned

The United Methodist Youth will have a chili supper Saturday, Dec. 5, following the downtown Christmas parade. The supper will run until 8:30 p.m. and will be held at the Methodist Church. Cost will be \$3 for adults and \$1.50 for children under 10. Donations are welcome.

More Post Notes on Page 4

held earlier this year.

In anticipation of the upcoming holiday celebrations, a Main Street workday has been scheduled for this Saturday, Nov. 21. All interested individuals are urged to come out and participate in the work day effort. For more information on any of the events listed above, contact Mitchell at the Commerce & Tourism Bureau at 495-3461.

Ratliff wins Dispatch Football Contest... again

Janet Ratliff missed three games to claim this week's Post Dispatch Football Contest prize. Ratliff collects \$25 in Post City Bucks^o redeemable at any of the participating merchants on the Football Contest.

See page 7 for the contest form and details.

Contest entries may be deposited at the following locations: Sonic, Town & Country and United Supermarket. Entries must be deposited before 5 p.m. every Friday.

Date	High	Low	Preci
Nov. 11	63	37	-
Nov. 12	67	38	-
Nov. 13	67	39	
Nov. 14	56	42	-
Nov. 15	74	42	_
Nov. 16	74	42	-
Nov. 17	76	42	-
Novemb	er rainfal	l - 0.60	
Year-to-c	late rainf	fall - 9.8	61

Page 2 The Post Dispatch, Thursday, November 19, 1998

Post Middle School Notes

by Nicole Gray

Club News - 7th and 8th grade STARS meeting Tuesday, 4 p.m. at MAD DADS. We plan to have Mr. Dean and Duchess there to talk to the students and play some games on helping them with their team work. STARS is also in the process of organizing its Christmas CARE deliveries with the student council. We plan for it to be very successful in helping others.

The student council successfully operated the concession stands during the junior high football season. Thanks for all those who participated and helped.

The National Junior Honor Society has successfully completed its fund raiser of angelic candles. All profits will go to their activities.

Sports, boys' football - A big congratulations to the 7th and 8th grade football teams for a great undefeated football season.

Sports, girls' basketball — The 7th and 8th grade girls have been getting ready for their first basketball games scheduled for Nov. 23 at Seagraves. Good luck, girls!

Something extra — Last week there was an assembly for Veteran's Day in the Middle School gym that went very well. A special thanks to Mr. Stone for organizing and making this program possible. There is a new club at Post Middle School. It is the 100 Accelerated Reader Club. There are students who have received a 100 on their report cards for their reading points in this class. Those students are Christin Collier, Donae Dalby, Dalle Foy, Ashlie Guerrero, Scott Zapert, Federico Reyna, Paula Voyles, Jennifer Reiter, Lisa Soto, Tayler Starkey, Xane Mason, Edgar Saucedo, Jessie Soto, Lyndee Strawn, Luz Reyes, Jerica Tyler, Diana Elizabeth, Elizabeth Serrano and Tana Starkey.

Also, Lesley Rutherford, James Soto, Martina Gibson, Amanda Workman, Erica Moore, Brice Easterling, Brandi Melton, Karla Contreras, Tony Garay, Patricia Hester, Kristy Shifflett, James Smith, Justin Williams, Callie Smith, Lacee White, Adam Nobles, Brody Conner, Tyler Bennett, Byron Mason, Felix Valdez, Kayla Dunn, Kaycee Gorman, Zach Lopez, Rosalinda Alaniz, Landly Couch, Corey Davidson, Kyle Gunn, Tamie Heckaman, Kris Hernandez, Charles Huffman, Vanessa Leos, Zane Marts, Josh Payne, Tiffanie Tuttle, Alex Chapa, Cole Easterling, Logan Gregory, Jacob Lott, Amanda Morris, Steve Rivera, Hilary Smith, Jordon Tatum, Laura Ervin, Jerrad Grisham, Meagan Hoover and Eric Pederson.

Deadline for Next Week Monday, November 23rd., 5:00 p.m. We will publish Wednesday, Nov. 24th

Abilene's Bailey Lester recognized for football achievements

A young man with local connections is one of the reasons the Abilene Cooper Cougars have attained their seventh straight postseason playoff berth.

Former Post resident Bailey Lester, son of Jackie and Chad McNeely of Abilene and the late Gary Lester and grandson of Dorris Lester of Post and Gene and Lorrye Lou Moore of Rising Star, plays left tackle on the front line. He and three other senior players have, according to their coaches, had a significant impact on the Cougars' march to the District 4-5A championship.

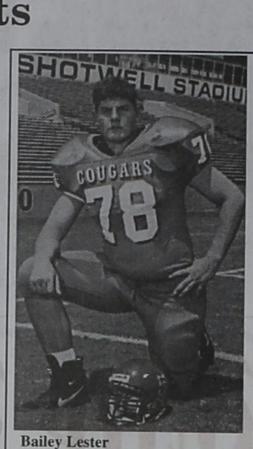
"Scholarship-wise, he's (Lester) got the best chance because of his size." said Cooper Assistant Coach Mike Patterson. "He's 6'7", 285 pounds. He has raw talent. He's developed into one of the great ones for us. He's done an outstanding job ad is probably our most physical lineman."

Post comediane Gladys Blair entertains Amity Study Club

by Louella Bilberry

The Amity Study Club, during its Tuesday, Nov. 12 meeting, was entertained by Post's own First Lady of Comedy, Gladys Blair.

To fulfill a promise made to her dear friend, Lois Cook, Gladys entered the Senior Mrs. Texas Pageant in Abilene last year. It was her debut as a stand-up comedian. Since then, she has entertained at area clubs and meetings. Her biggest thrill so far was an appearance at the Roy Clark Club in Branson, Missouri.



Jan. 29-31. Gladys encourages all

ladies 60+ and proud of it to enter.

No, no bathing suits! Judging will be

based on a private interview with the

judges, evening dress, philosophy of

life and talent. Talents can be

needlework, handcrafts, painting,

quilts, knitting - not just singing,

dancing or playing an instrument.

Look around. We have neat, talented

Amity will again have its Christmas

greeting in the Post Dispatch. We

haven't raised the price, it's still \$3

ladies in Post. Sponsor one!

show off our town!!

I just want to wish each boy and the coaching staff good luck and say

I wanted to let everyone know that Glen Bratcher is home at last and doing much better. After eleven weeks in St. Mary's Hospital and rehabbilation center I know he is glad to be home.

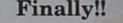
Birthdays This Week

Birthdays for this week: Thursday 19; Kailie Harris and Jaden Wiseman.: Friday 20; Cissy Miller and Jimmy Morris; Anniversary, Chuck and Patricia Kane: Saturday 21; Suzi Clary, Edward Frausto, Angela Lopez, Javier Saldivar and Rachael Siewert: Sunday Nov. 22; Kelli Collier and Josh Hubble; Anniversary, Terry and Sandra Jarrett. Monday 23; Allen Dolberry, Jordan Bratcher, Heather Fox and Kathy Hair: Anniversary, Tim and Renie Gaydos: Tuesday 24; Krisha Bush, Norma Crispin and Jason Ballard: Anniversary, James and Amy Easterling: Wednesday 25; Berry Tanner, Kyle Josey and Austin

Judy's Jabberin' By Judy B. Bush

Well it is springtime again! Have you ever?? I am beginning to wonder if these farmers are ever going to get a freeze.

Special Message I want to send a special message to Pat Ayala. You are in my thoughts as well as many more. May God shine his blessing on you and Anita.



I must let everyone know that I finally got to see my Dallas grandbaby Friday night.

My nice boss was kind enough to let me have a couple of days off and I tagged along with my sister (Jane Terry) to market in Dallas.

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The kids met us at the motel and we all went out to eat and had a good visit. The only snag of the trip was it rained the whole time we were there!

Christmas Parade Time

To remind everyone, the annual lighted Christmas parade is coming up December 5th.

I don't know how many town merchants are entered but this is such a neat parade for everyone not just business folks.

Old Mill Trade Days will be going on that weekend with many out of town guests in Post.

If possible, take time to enter. Let's have the biggest parade yet and

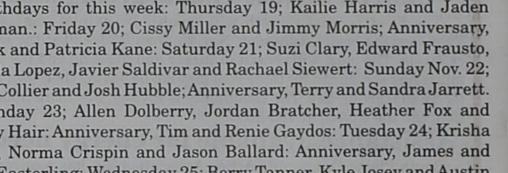
Hat's Off

Those Lopes are something! I love this time of year when everyone is so excited about the football team.

congratulations for the season thus far. Be safe!

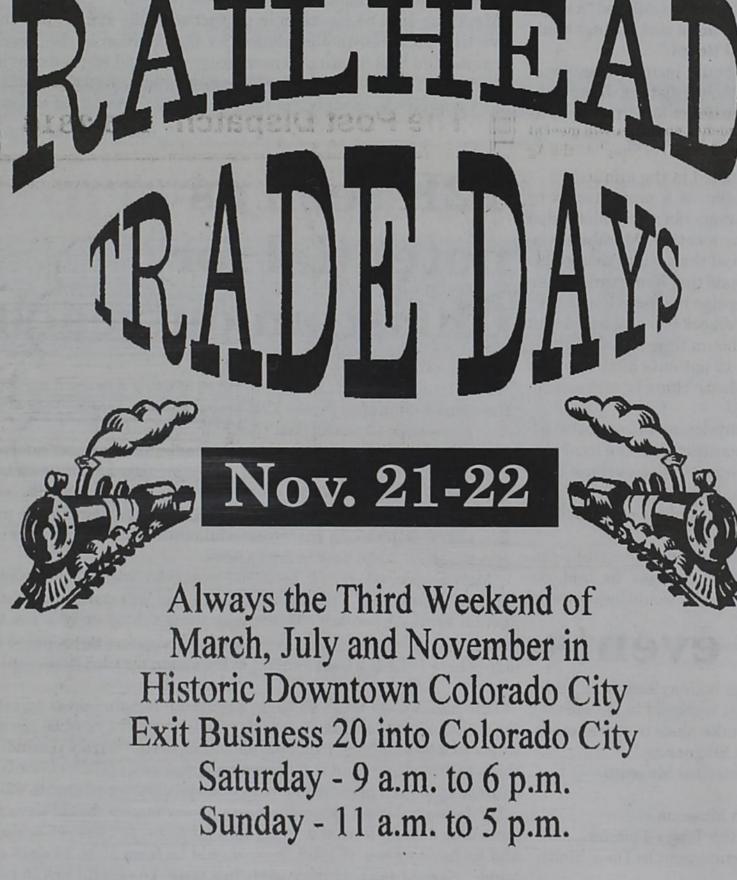
Getting Better

Glad you are feeling better Glen! Get well soon.



Dispatch will close Thursday & Friday

Abilene? No, she didn't win but she brought a bigger prize home — the first ever South Plains/Panhandle Senior Mrs. Texas Pageant to be held



• More than 100 vendors selling arts and crafts, clothing, food, antiques and collectibles.

• Located in the heart of the Antique **District in downtown Colorado City.**

• Historical walking tour or enjoy a horse and buggy ride throughout the city.

for each family or an individual. Please, don't wait to be called! Call us! We are fewer in number this year and we don't want to miss anyone. This is our fund raising project for the scholarship we give each year to a Post graduate.

Members are reminded to bring their Toys for Tots to the next meeting. Club gift exchange is to be a Christmas ornament with a \$5 limit. Our hostesses at First Methodist Fellowship Hall were Joy Dickson and Marian Wheatley. Other members in attendance were Sandra Alexander, Margaret Bull, Ginger Carlisle, Jane Davis, Iva Hudman, Naomi Matsler, Edna Owen, Joy Pool, Carolyn Sawyers, Ruth Ann Young and Louella Bilberry.

Shower honors Will and **Crystal Osborn**

A wedding shower honoring Will and Crystal Osborn was held Sunday, Nov. 15, from 2-3 p.m. at the Citizens Bank Room.

Guests were served from a table accented with crystal and the couple's chosen colors of navy and burgundy. Cookies, nuts and cranberry punch were served.

Special guests included Venita Price, mother of the bride; Joyce Smith, grandmother of the bride; Keith, Kelly and Keeton Rogers, brother-in-law, sister and nephew of the bride; Jerry and Wanda Osborn, parents of the groom; and Roxanne Osborn, sister-in-law of the groom. Hostesses for the occasion were Sue Cash, Marge Tannehill, Willa Didway, Frances Craig, Kim Greer, Jimella Simpson, Kathie Rankin, Debbie Palmer, Dedra Adams, Jamie Cooper, Susannah Mercer and Pam Humble.

The hostess gift to the couple was a vacuum cleaner.

GCU&FWCD adopts rules

The Garza County Underground and Fresh Water Conservation District adopted rules and regulations for the district at an Oct. 6 hearing. The newly-adopted rules require a drilling permit for all wells expected to produce in excess of 25,000 gallons of water per day (17.36 gallons per minute), district officials said. Permit forms may be obtained at the county clerk's office at the Garza County courthouse. A \$100 deposit will be required on all permits. The deposit will be refunded upon return of all correctly completed enrollment forms and log of the well (if the well is completed), upon return of the drilling permit marked abandoned (if the permit location has been abandoned without having been drilled), or if the drilling permit has been denied by the district board of directors.

Till Next Week

88888888

Christmas Lighting

We hang lights for residential

and business.

Local references

Local Call

998-4213 or 759-1504

Michael Angeley

THANKS

to Garza County

Voters for your

support

Mason

McClellan

County Commissioner Precinct 2

pd. pol. adv. paid for by Mason McClellan, Rt 3,

The holidays

or turkey.

Take a load off

and let Mike smoke

We also offer catering

Babb's Bar-B-Que.

Call 495-1273

for pricing information

or to book your event!

your holiday ham

for your holiday

get-togethers or

plan your party at

Post, Texas 79356

are here!!

888888

Guess that is all for this week. Call in your news and share with everyone. May God Bless each and everyone of you.

Go Lopes!

28 8

Fields.

Just take the Business 20 Exit to downtown Colorado City to enjoy the fun. Saturday from 9 a.m. to 6 p.m., Sunday

from 11 a.m. to 5 p.m.

• Sponsored by the Colorado City Area **Chamber of Commerce.**

For more information contact the Colorado City Area Chamber of Commerce (915) 728-3403 or P.O. Box 242, Colorado City, TX 79512

It is only the ignorant who despise education. -Publilius Syrus

Neighbor to Neighbor by Kelly Ahrens, CEA-FCS

A look at Mexican-Americans' diets and diabetes

From a nutritional standpoint, a traditional Mexican-American diet offers many advantages, but some ingredients cause people to become overweight, making them more susceptible to diabetes, says a registered dietitian.

"The Mexican-American diet reflects Spanish and Indian influences mainly vegetarian, based primarily on maize, beans and squash," said Dr. Morrison; in 1982 we gathered in Overland Park, Ks., 83 in Grand Canyon,

Texas Agricultural Extension Service. "It is high in complex carbohydrates and emphasizes the consumption of fruits and vegetables rich in vitamins A and C, which is just what the USDA dietary guidelines recommend."

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The two drawbacks of the Mexican-American diet are the liberal use of added fat, particularly lard, and a preference for high-fat meats, she said. A contributing factor is stove-top cooking, such as stewing or frying with liberal amounts of oil and lard, instead of baking or broiling. Most foods, including meat, beans, tortillas, rice and potatoes, are fried.

"When a person's diet consist of mainly fried foods, added fat and other Trinity Baptist in Post and brother-in-law of the bride. high-fat products, this could lead to obesity," said Bielamowicz, a member of the cultural diversity committee of the American Diabetes Association- was long time friend, Sylvia Winder of Lubbock. Texas Affiliate. "As a result, this individual could end up with hypertension, health disease, diabetes mellitus or a combination of these illnesses." According to the American Diabetes Association, more than one million of the estimated 22 million Hispanics in the United States have diabetes - one daughter Holly, grandson Chris and Tonie, with daughter Faith, grandson

women with diabetes show significantly higher death and complication rates during pregnancy.

Only a few steps need to be taken to cut down on fat, sodium and sugar in the diet, Bielamowicz said. Meals and recipes can be modified by following these steps:

* Increase carbohydrate intake up to 55 percent to 60 percent. Eat more servings of breads, cereal, pasta, fruits and vegetables. Continue to serve sopa de arroz (Spanish rice), sopa de fideo (a similar noodle dish), potatoes, tortillas or beans with each meal.

* Use corn tortillas instead of flour tortillas. Make tortillas from ingredients using whole wheat flour and margarine made with unsaturated fat such as canola, corn, soybean and safflower oils. Include beans daily to maintain high levels of soluble dietary fiber consumption. Increase intake of fresh fruits and vegetables. Drink water or diet soda instead of sweetened soft drinks.

* Incorporate sweets such as pan dulce into a mixed meal that includes protein and fat only if diabetes is controlled and body weight is reasonable. Account for calories in the total meal plan. Use no added sugar in drinks such as licuados and aguas frescas.

* Eat the appropriate amount of protein. Daily protein intake for the average man would be equivalent to that in 8 ounces of red meat or two cups of beans. For a woman, the intake would be 6.25 ounces of meat, or slightly Jacklyn Curb, Yuri Lopez, Ashley Wilson, Allen Heckaman and Janice do anything. more than one and a half cup of beans. *Reduce oil used in preparing sopas. Prepare frijoles cocidos (boiled beans) Levelland. We wish them good luck! instead of frijoles refritos (refried beans). Prepare meats asadas (grilled) instead of fried. Chill and skim fat off broths and stocks when preparing caldos. Use skim, 1 percent or lowfat milk instead of whole milk or cream. Monday, November 23, at 3:00 p.m. at the Post High School Ag Science Avoid high-fat cheese using part-skim milk queso fresco instead. Bake corn Building. All hogs, exhibitors and a parent must be present. November 23 tortilla chips to replace fried chips. Rather than frying tortillas, heat in foil is the Swine ownership deadline for Garza County Jr. Livestock Association in an oven, in a heavy pan for a short time on each side, or in a microwave stock show exhibitors. oven.

1998 Lucas Reunion

Alma (Matsler) and Allen Lucas moved to Garza County in August of 1922. They moved to the Verbena Community where they raised their family of six children in 1928 and remained there until they sold their farm and moved to Post in 1953.

After the deaths of Alma in 1975 and Allen in 1976, the children vowed they would continue that closeness and have a reunion each year. The 1998 reunion marks the 21st.

The reunions have taken place all over the states. The 1978 took place in Mundelein, Il., 79 in Ruidosa, N.M., 80 in Buchanan Dam, 81 in Fair Play, Co., where the main attraction was the wedding of Matthew and Donna Mary Kinney Bielamowicz, a nutrition specialist and professor with the Az., 84 Arrowhead, Ok., 85 Branson, Mo., 86 Post, 87 Durango, Co., 88 Overland Park again and in 89 Mundelein, Il. for the second time.

The 90's saw us back in Colorado, Ohio, Texas and Eugene, Or. The 1998 reunion was held at the Wagon Wheel Ranch near Snyder on October 30th.

Attending were; Harold Lucas, Ruth and Marshall Reno, Wilburn (Bill) and Lucille Lucas of Overland Park, Ks., Jo and Jack Morrison of Mundelein, Il. and James of Albuqueraue, N.M., Barbara and Val Laughlin of Marshall, Andrea Gass of Austin, and Louella Bilberry.

The oldest sister, Marqueritte and husband Alvie Claborn of Lawton, Ok. were unable to attend due to ill health.

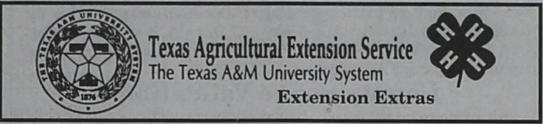
The highlight of this reunion was the marriage of Harold to Dorothy Harris Garrett, of Lubbock. Officiating was Rev. Billy Smith, pastor of

Giving the bride in marriage was her son Donald Garrett. Maid of honor

Harold's best man was his grandson, John David Gass of O'Donnell. Jo Morrison, sister of the groom played the wedding march.

Other guests were family of the bride: Donald and Virginia Garrett with in every 10 Hispanic adults. Also, population studies among Hispanic Jason, Fran Smith, sister of the bride and Lorie Harris of Lubbock.

After the ceremony a wedding dinner was served at the Rusty Spur Restaurant at the ranch.



Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin

Home for Holidays Cookbook

Extension Office for \$5 each. Please come by the Extension Office at 102 many of the faces that I see in Post each day. Not that our problems are the South Avenue L to order.

FCS Committee Meeting

The Extension Program Council Family and Consumer Science Committee will meet Thursday, November 19 at Noon at the Extension Office.

District 4-H Food Show

The Post Dispatch, Thursday, November 19, 1998 Page 3



This article is to honor the past war veterans that sacrificially gave up years of their time to serve when our Country needed them, for many they had to give up many years of their young life to get over some of the sights and sounds of War. We often forget about the sacrifices that were made by these men and thousands of others that made the ultimate sacrifice by giving up their lives for freedom. We take the freedom we have for granted so often now days.

Do we realize that without their service to our Country? We could be just like many other countries in the world. We would not be the biggest, best, and toughest country in the world if it had not been for these men and millions of others. Have you ever heard of someone getting caught trying to get out of America?

No, you hear of people getting caught getting into our country illegally. This should tell us all something. Millions of people would much rather be Americans than live in the country they live in. Our country has its problems, if you don't like it, do something about it. Get active in your community and help change things, or just leave.

These men were honored at the Veterans Day Assembly at Post School Auditorium on Nov. 11:

Jim Taylor, Glen Voss, Charles Williams, J.W. Jolly, Gene Little, Marion Mathews, Donald McLendon, James Mitchell, Tom Power, Charles Ratliff, J.C. Steele, A.J. Bauman, Robert Buckley;

Billy Carlisle, A.C. Cash, Andy Cross, Bob Dickson, Arlon Ford, Gene Hays, Lester Josey, Tommie Lewis, Terry Bartlett, Felipe Vargas, Billy Williams, J.C. Howard, William Josey, Lee Williams, Harold Lucas;

Stanley Mathis, George Miller, Harland Morris, Charles Propst, Ben Sanchez, Charles Baker, Glen Bratcher, Kenith Bullard, Billy Case, Mike Cisneros, Ralph Dean, Lewis Earl, John Gist, Bill Thomas, Hans Hudman, George Reece and Andy Stelzer.

To everyone who really understands the cost of freedom, we could not help but shed a tear at the playing of taps and the Veterans rising to honor their fallen comrades. Thank you men for the service and sacrifice.

Our Afterglow group will be going to Mexico this Christmas to build a house for a homeless family there. This will be an experience for us to learn what it could be like to live without freedom, without food, without shelter. This will be an opportunity for us to see what a foreign country is like and to help us really appreciate The United States of America.

I have been on a mission trip to Mexico once before and I had to go over there to see what we could do over here. This probably seems strange to Copies of the Home for the Holidays cookbook are available at the some, but I went to Mexico and saw the poverty, sickness, and disease, and same here as they are there, but the broken dreams and broken hearts are a lot the same.

This is an experience that many of us need to have to help us appreciate what we do have. One difference that we have here in America is that we can make a better life for ourselves if we are willing to work hard, set goals, and Garza County 4-H'ers Steffi Norman, Dionn Heckaman, Jennifer Josey, achieve them. We hold the keys to our future, and with Christ's help we c This mission trip to Mexico is an event that is sponsored by MAD DADS but not funded by MAD DADS INC. These teens that want to go have to come up with fund raisers themselves to go. They also have to pay \$l each. If any All swine to be exhibited at 1999 major stock shows will be validated one or any church that has not heard about this wants to go or get information please contact me or Brent Spears at 4951244 or 495-3554 as soon as possible. This will be a life changing experience for all who attend.



* Restrict egg consumption to less than three a week. Eat chorizo (sausage) and menudo only on special occasions. Instead, select some of the new, light sausage available on the market today. Drain fat from fried chorizo, and trim visible fat from meats. Avoid using lard in cooking. Use polyunsaturated oils or olive oil instead.

* Replace sweetened carbonated soft drinks with water or diet sodas. Use Increment Report and evaluate 1998 ag programs artificial sweeteners in beverages.

* Taste food first before using salt. Minimize consumption of salty snack foods such as chips, chicharrones (fried pork rinds) and dips. Instead of salt, use lemon in drinks or on fruits such as melon. Add flavor to foods using onion, garlic, cumin, oregano, cilantro and other spices.

Nearly any recipe can be modified for a more healthful meal, Bielamowicz said. For example, instead of having refried beans with Mexican sausage, eat boiled beans with chili sauce made with lean meat. Even tortilla chips can be baked to a golden brown in the oven rather than fried.

For more information on modifying recipes and planning health-ful menus, contact the family and consumer sciences Extension county agent in your area.



Holiday news deadline Deadline for Thanksgiving week will be 5:00p.m. Monday, Nov. 23 The paper will publish on

Wednesday, Nov. 25 The dispatch will close Thursday and Friday for the holiday.

Large Moving Sale Thursday and Friday 8:00 a.m. till 5:00 p.m. 708 West 7th. **Furniture - clothing** household items **Too many items to list Please!!** No early callers Ham, will be participating in the District Food Show November 21 at

County Swine Validation

District 4-H Gold Star Banquet

Laci Williams, Garza County 4-H Gold Star recipient, will be honored at the District Gold Star Banquet November 23 in Lubbock.

Ag Committee Meeting

The Extension Program Council Ag Improvement Committee will meet at the Extension Office on Tuesday, December 1, 8:00 a.m., to complete the Ag

Retired federal employees meet in Slaton

Members of Chapter 2160, National Association of Retired Federal Employees, met Nov. 10 at the Slaton Senior Center.

Elwanda Florey of Lamesa, program chairman, scheduled Ben Davis of Slaton as program presenter. He gave a program on his career with the U.S. Postal Service, comparing the work of sorting, dispatching and delivering the mail 40 years ago with the current mechanized and computerized postal delivery system. The effort is still labor intensive, Davis said, but in a different way and with faster results.

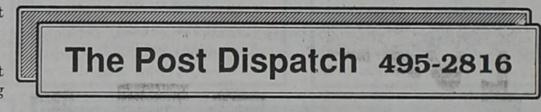
Since November if National Alzheimer's Month, members gave their annual contributions for the NARFE Alzheimers 2000 Fund. The donation will be divided between the national association and the Texas Tech research programs.

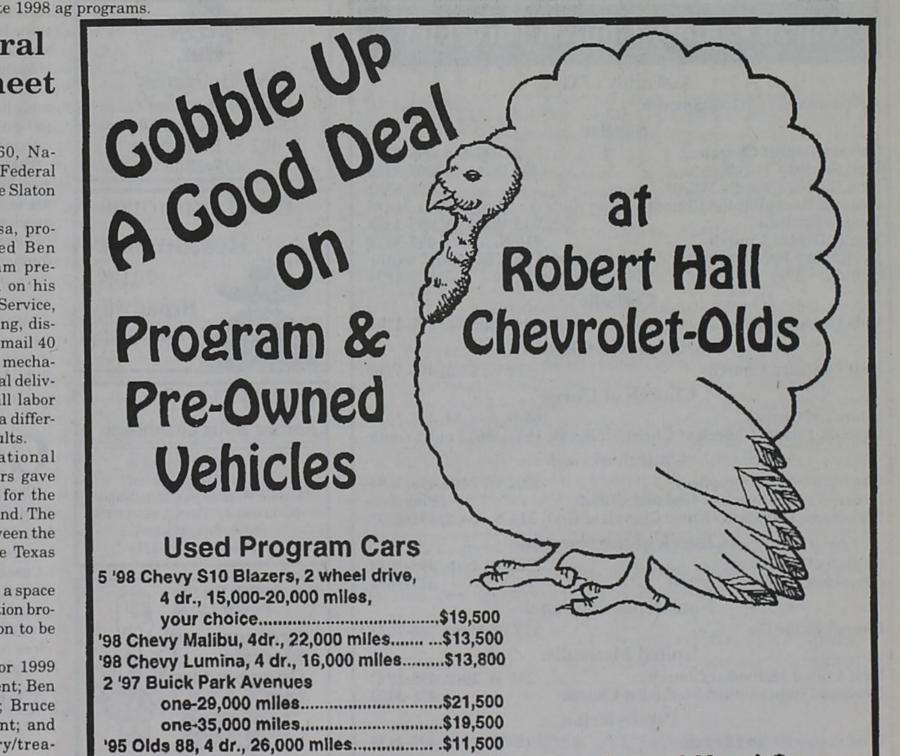
Members voted to purchase a space in the Texas NARFE Convention brochure for the 1999 convention to be held in Tyler in April.

Officers elected to serve for 1999 are Delphine Maxey, president; Ben Davis, first vice-president; Bruce Maxey, second vice-president; and Lorene Mangum, secretary/treasurer. The installation of new officers is scheduled to take place at the Dec. 10 Christmas party.

A man that has a taste of music, painting, or architecture, is like one that has another sense, when compared with such as have no relish of those arts. -Joseph Addison

If you feel that you want to help send this group of teens and sponsors on this mission trip you can make a donation to MAD DADS "Afterglow mission trip. "





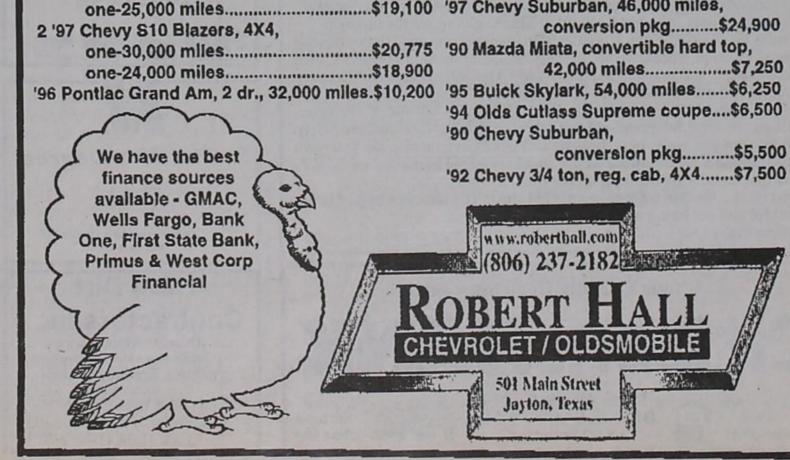
Pre-Owned Used Cars

.500	'96 Chevy Corsica, 49,000 miles\$6,450
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,800	82,000 miles\$4,900
,100	'97 Chevy Suburban, 46,000 miles,

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one-14,000 miles.....\$18 one-24,000 miles.....\$16

one-32,000 miles.....\$17

2 '98 Olds 88, 4 dr.,

2 '96 Chevy S10 Blazers, 4X4,

Page 4 The Post Dispatch, Thursday, November 19, 1998 Marijuana possession leads

arrests last week

Ten arrests were made during the past week in Garza County, most of them involving allegations of marijuana possession, according to sheriff's department records.

Six of the 10 arrests made involved charges of possession of marijuana, under two ounces. A seventh arrest dealt with possession of drug paraphernalia.

Arrests made Nov. 13 included that of a 20-year-old male, picked up for DWI/first (released the same day on \$1,500 bail bond); a 38-year-old male, possession of marijuana, no driver's license, no insurance (released the next day on \$1,500 bond); and a 36-year-old male, Ricky Don Mindieta, picked up for public intoxication and assault on a peace officer.

Arrested Nov. 14 was a 38-year-old male picked up for possession of marijuana, under two ounces (released the same day on \$1,500 bond).

Three arrests were made Nov. 15, including that of a 22-year-old male, DWI/first (released the same day on \$1,500 PR bond); a 29-year-old male, possession of marijuana, under two ounces (released the same day on \$1,500 bail bond); and a 26-year-old male, possession of marijuana, under two ounces (released the same day on \$1,500 bail bond).

A trio of arrests also came on Nov. 17, including that of a 20-year-old man picked up for possession of marijuana, under two ounces; a 20-year-old man, possession of drug paraphernalia (released the same day after paying \$246.25 in fine and court costs); and a 35-year-old male, possession of marijuana, under two ounces.

Fewer than 60 calls for service were received by the department over the past week, according to reports. Those calls for service included, on Nov. 12, a medical emergency in the 100 block of East 5th Street (transport made to University Medical Center, Lubbock).

Calls received on Nov. 14 included a gasoline drive-off at a South Broadway convenience store (\$12.02 worth of gasoline reportedly taken); three missing yearlings about 11 miles out on 380 east; an automobile accident, no injuries, in the 100 block of West 5th; and a report of the smell of marijuana in the area of the 500 block of West 6th Street.

Incoming calls fielded on Nov. 16 included a report of a vehicle on fire about 10 miles out on U.S. 84 north (fire department called); a medical emergency in the 800 block of 6th Street (transport made to Methodist Hospital, Lubbock); and a domestic dispute in the 100 block of East Avenue N.

Central Bail Bonds has 24 offices with 30 agents making them the state's largest private surety bail bond company. Central's local office is located at 131 W. Main Street, Post, Texas 79356 (806) 495-3830

More Post Notes...

(Continued from Page 1) **Tower plans Cowboy Christmas Ball**

The second annual Cowboy Christmas Ball at the Tower Theater has been scheduled for Dec. 5 from 8-11 p.m. The evening's entertainment will include Rusty Hudelson's Knights of the West, Classic Country and Bob Wills Western Swing dance music with John Hartin (fastest guitar of the west), Rusty Hudelson's flying keyboard fingers, Tania Moody yodeling (joined by her alter ego Gaynelle Strawbuck, comedienne and cowgirl extraordinaire) and Schahara Hudelson's tributes to Patsy Cline and Buddy Holly. Holiday trimmings and eats and treats will surround those who attend this boot-scootin' event. The theater's no smoking/no alcohol policies will be in effect. Tickets are \$10. Reservations may be made by calling 806-894-3552.

Toys for Tots applications sought

Applications for needy children to receive "Toys for Tots" gifts will be accepted by the Post Lions Club through December 3. No applications will be accepted after that date. Anyone who knows of families in need may apply. Applications are available at the Garza County Sheriff's Department or at Fashion Cleaners. The Lions Club is also accepting donations and new Christmas items for the program.

Raffle to benefit injured firefighter

The Post Fire Department will be raffling off \$150 worth of groceries from United Supermarket Dec. 12 at their chili supper. Raffle tickets will be sold by firefighters for \$1 each; tickets may also be purchased from Delbert Rudd at 495-2618, Mark Short at 495-2355 or Darrell Reece at 495-02565. Proceeds from the raffle will benefit fellow firefighter Jo Ann Winters, a member of the Oplin Volunteer Fire Department who was severely burned Oct. 14 while fighting a brush fire.

United Way campaign seeks \$21,150

The Garza County United Way campaign is seeking a total of \$21,150 to fund 13 participating units. Donations may be made by mailing to Garza County United Way, P.O. Box 425, Post, Texas 79356. Last year the Garza County United Way was honored as one of the top units of its size in the nation.

County Swine Validation

All swine to be exhibited at 1999 major stock shows will be validated Monday, November 23, at 3:00 p.m. at the Post High School Ag Science Building. All hogs, exhibitors and a parent must be present. November 23 is the Swine ownership deadline for Garza County Jr. Livestock Association stock show exhibitors..

Total Home Health Care sets activities for

Obituaries

Charles W. Wood

Services for Charles W. Wood, 73, of Snyder were held Friday, Nov. 13, 1998, at 2 p.m. in the First Baptist Church with the Rev. Darryl Smith officiating, assisted by the Rev. Jim Wright of Grace Lutheran Church of Snyder. Burial followed in the Terrace Cemetery under the personal care of the Justice-Mason Funeral Home.

He died Wednesday, Nov. 11, at his home in Snyder.

Born July 28, 1925, in Post, he was the grandson of pioneer family Charlie B. and Lillie Everett and was the third child of W.L. "Dick" and Gladys (Everett) Wood. He graduated from Post High School in 1942. He entered the Marine Corps in 1943, serving in the South Pacific in the 2nd Marine Raider Battalion. He was awarded the Rifle Marksman and was entitled to wear one Bronze Star with the Asiatic-Pacific Campaign Medal for participation in the Marianas Operation. He was also entitled to wear the American Campaign Medal and the Victory Medal of World War II.

He married Myra Waggoner Dec. 3, 1949, in Clovis, New Mexico. He served on the Post Volunteer Fire Department along with his father, Dick Wood, who served 37 years as a volunteer fireman. He lived in Odessa and worked for Armco-Union Wire Rope as warehouse manager for 37 years. After retirement, he lived in Lubbock prior to moving to Snyder in November 1997.

Survivors include his wife, Myra Wood of Snyder; four sons, Jim William Wood of Denison, Richard Warren Wood of Snyder, Charlie Luther Wood of Midland and Kevin Ray Wood of Arlington; three brothers, W.L. Wood Jr. of Satellite Beach, Florida, Harry Wood of Odessa and Bobby Dean Wood of Lubbock; one sister-in-law, Lu Stockton of Lubbock; eight grandchildren; and two great-grandchildren.

The family has suggested memorials be made to the Big Spring Hospice or to Grace Lutheran Church of Snyder.

Kevin Morris

Services for Kevin Morris, 25, of Post were held Tuesday, Nov. 17, 1998, at 11 a.m. in the Post Church of the Nazarene with the Rev. Jim Graham officiating. Burial followed in the Terrace Cemetery under the personal care of the Justice-Mason Funeral Home. Fix-

He died Friday, Nov. 13, in Beaumont.

Born April 20, 1973, in Post, he attended Post schools and worked in the oil field construction business. He was a member of the Post Church of the Nazarene.

Survivors include his mother, Trecia Morris of Post; his father, Wesley Morris of Post; his maternal grandmother, Pat Owens of Lubbock; his paternal grandparents, Harlan and Imogene Morris of Post; and two halfbrothers, Rodney Tidwell of Post and Steve Tidwell of Virginia Beach. Virginia.

Pallbearers were Eric Hair, John David Fields, Joe Baker, Craig Greathouse, Darrin Brown and Butch Greathouse.

by Wes

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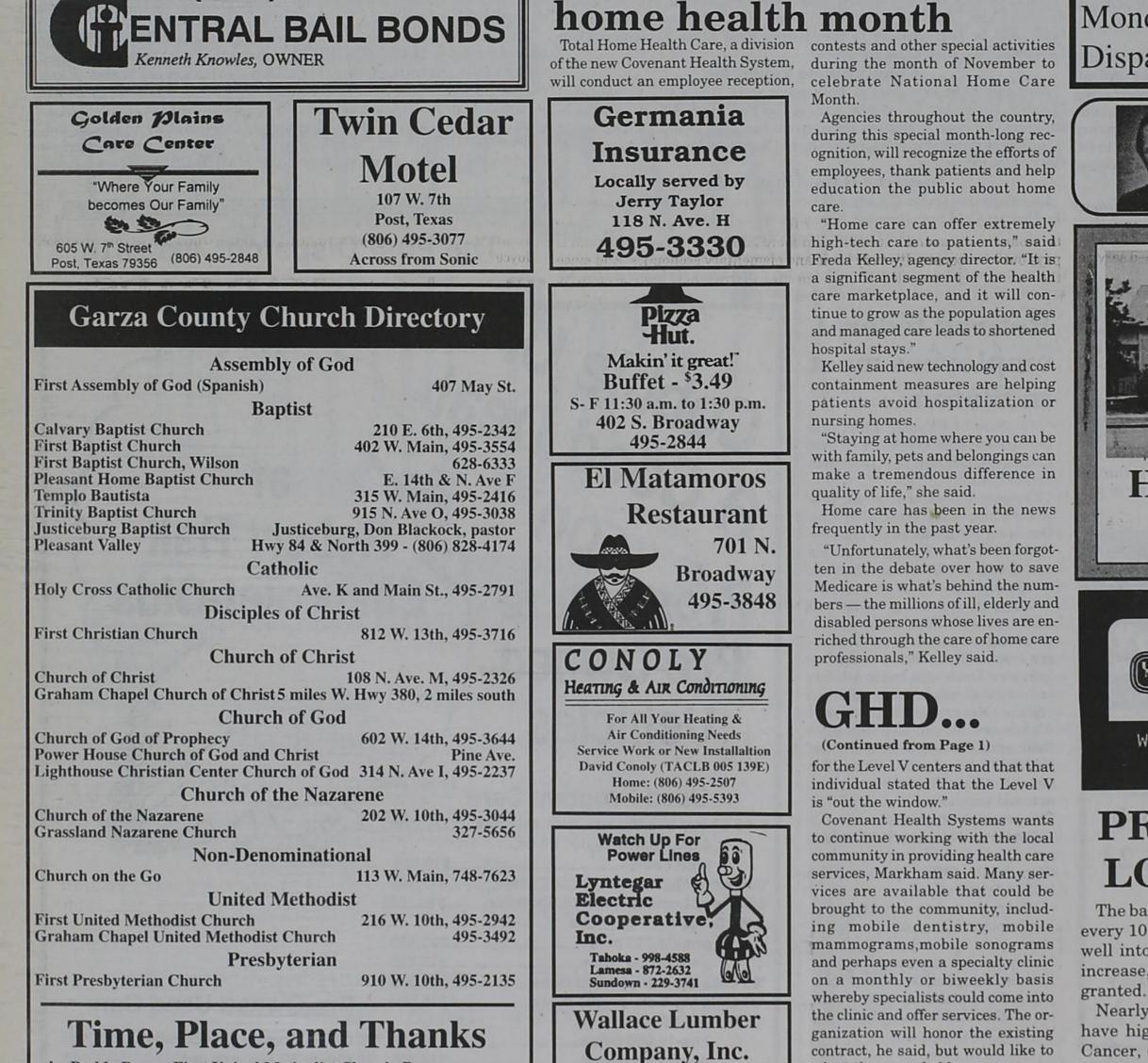
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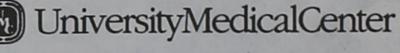
Monday, November 23rd, 5:00 p.m. Dispatch closed Thursday & Friday

contract, he said, but would like to adopt the amended hours.

"There is a difference in a perceived need and a real need and ... the 24-hour clinic is not being used," Markham said, according to the **DOWE MAYFIELD, C.L.U.** Life Insurance & Annuities **Call Lubbock** 797-8089 3305 81st, Suite F, Lubbock



Hudman Funeral Home 615 W. Main 495-2821



where the experts are

PRESCRIPTION FOR LONGEVITY - PART I

The baby boomers have arrived. There is someone turning fifty every 10 seconds in America today and this trend will continue well into the next century. While life expectancy continues to increase, a healthy middle and old age cannot be taken for

Nearly half of older Americans suffer from arthritis; one third have high blood pressure, and over one tenth have diabetes. Cancer, osteoporosis and lung diseases, along with all the disabilities that frequently accompany them also are prevalent.

This week and next will be a "prescription for longevity". Lifestyle factors that are proven to increase longevity and delay onset of disabling illnesses.

ENDURANCE AND STRENGTH TRAINING - Walking, jog-

Time, Place, and Thanks

by Buddy Payne, First United Methodist Church, Post Thanksgiving has traditionally become a time for giving thanks. It seems everyone considers giving thanks for something this time of year. Whether it is turkey, family, football or something more serious, we are thankful. I guess the only ones not thankful at Thanksgiving are the turkeys! Psalm 100:4 says, "Enter His gates with thanksgiving and His courts with praise." In other words, we are literally brought into God's presence with Thanksgiving and praise. Paul tells us in I Thessalonians 5:18, "In every thing give thanks ... "We are to be thankful in all things. Frankly, this being thankful at all times a pretty tall order. However, perhaps we need to spread out our arena of thanks. Can you see? Give thanks. Can you walk, hear, breathe and talk? Give thanks. Do you have friends, a job a good outlook? Give thanks. Get the idea? We can literally be thankful all the time, if we try.

Just think ... we can walk closer to God and in His presence by just being thankful and not being turkeys.

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Drive-In Hours: 9-6 M-F

9-12 Saturday

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minutes. In other business, hospital board members:

 Voted to accept the \$1,500 bid of the Clark, Thomas, Winters & Newton law firm to draft the proposed revisions to the hospital district's enabling legislation. David Counts has agreed to sponsor a bill to amend the enabling legislation but the board agreed that a law firm needed to be retained to draft the proposed revisions.

 Reviewed the four bids received on the proposed replacement of an air conditioning unit at the hospital facility. The \$2,678 bid from Post Heating & Air Conditioning for an ARCOAIRE unit was accepted. · Approved a pair of indigent applications. · Paid the monthly bills.

ging or cycling along with light strength training improves cardiovascular and respiratory systems as well as muscle and bone. Exercise is the single most important anti-aging measure anyone can follow, regardless of age, disability, or general level of fitness. A sedentary lifestyle accelerates nearly every unwanted aspect of aging.

A HEALTHY DIET - Increasing fruits and vegetables in our diet cuts the risk of colon cancer in half and substantially reduces the risk of heart disease, diabetes and many other gastrointestinal problems. Switching from high fat to low, and in some people reducing sodium intake reduces blood pressure. Reducing the "beef and butter" in our diet can lower our cholesterol and the risk of heart disease.

Save this article and give it, along with next weeks, to someone over fifty that you care about. Maybe that someone is yourself. MICHAEL TRAVIS PA-C UMC EMERGENCY CENTER



Question: who are the indigents?

by Wesley W. Burnett

accuses me and this newspaper of printing bias (assumed to mean unfriendly) material about the Garza Family Health Clinic. Let there be no doubt about this newspaper that were derogatory or "biased" about the Garza Family than the indigent, Health Clinic. We have, however, published letters to the editor and editorials raising questions about the obligations of the clinic related to its tax subsidy from the Garza Hospital District.

A lot of people think that if we keep a hospital tax, we will be guaranteed There's a letter to the editor on this page, which among other things, some kind of health care, and as it has been shown over and over again (and had been informed on an injury. there are more examples like the one cited in the letter on this page which Later, a family member called Maritta Reed regarding the situation. we have not detailed on these pages), neither the government nor the Maritta told her to bring the child back to the clinic and they would be seen. the inaccuracy of those charges ... we have never, ever, printed editorials in privately owned clinic are obligated nor authorized to care for anyone other They refused, stating that they were going to Lubbock. Maritta also

The Post Dispatch, Thursday, November 19, 1998 Page 5

Entered at U.S. Post Office, Post, Texas for transmission through the mails as Second Class matter, according to an Act of Congress, March 3, 1879. Periodical Rate Postage Paid at Post, Texas 79356. Postmaster: send address changes to: The Post Dispatch, P.O. Box 490., Post, Texas 79356 (806) 495-2816 - Fax 495-2059 Wesley W. Burnett, Managing Director and Publisher 123 E. Main Street, Post, Texas 79356 **Subscription Rates:** To Addresses in Garza County: \$26.00 per year. All other addresses in Texas or the U.S. - \$30.00 per year **Deadline**: Tuesdays at 4 p.m. Advertising Rate: \$4.50 per column inch (SAU) 20% discount with four consecutive runs. e-mail: tpostdispa@aol.com All material Copyright 1998 The Post Dispatch Wissercert VISA **Member Texas Press Association 1998**

Letters to the Editor

Letters to the Editor Policy: We require all letters to be signed, however, names may be withheld from publication by request. Letters may be edited for brevity, grammar and punctuation.

Dispatch didn't get all the facts in editorial

First of all, let me say, this newspaper tends to be biased in what it prints about Garza Family Health Center. I have yet to read anything positive concerning our facility and the medical services available.

Regarding last week's editorial, "Question: do we have a hospital?", the issue of an injured child being refused services is untrue. The adult with the child, came to the clinic and simply stated that the child needed to see a doctor, there was no mention of an injury of any kind.

She then presented a medicaid form that had expired on 10/31/98. She was told that her medicaid form was expired and that we needed the current month's form which could be obtained at the Department of Human Resources; she still never mentioned an injury. This same procedure is followed at every other medical facility. The child would have been seen if we

informed them that the child would have been seen the first time if the clinic

Actually, we are strong proponents of private enterprise, and since the Garza Family Health Clinic is owned and operated by a non-government corporation, it is none of our business how that clinic conducts its affairs... with the obvious exception, of course, as it pertains to the those funds which come from our taxes.

It is not our purpose to damage a private business... in our editorial last week, we simply used an example of a person who was turned away from the clinic, whether it be for an injury or for a case of the flu is not relevant... the fact is, the Garza Family Health Clinic, being privately owned and operated, is under no obligation to serve anyone it chooses not to serve, regardless of the reason... unless, of course, the person being denied service is a Garza County indigent.

medical care of indigents in Garza County, and it has entered into a contract with Covenant Health Systems to provide those services, then by law and contract the Garza Family Health Clinic must provide care for the indigent. And, for that matter, that is the clinic's only responsibility in regards to its contract with the hospital district.

relationship of the privately owned clinic and the hospital district. The clinic is not responsible for opening its doors to just anyone who wishes to get service there. Many people have the mistaken belief that because our tax money is being used to subsidize the clinic, that the clinic then must take care of us. The truth is (yes, we do try really hard to print the truth) that the Garza Hospital District is not authorized by law to serve anyone other than those people who live in this county who are also declared as indigent.

Garza Family Health Clinic than you would at any other business in town. There is no obligation by the hospital district, nor the clinic, to take you as a patient, unless you are an indigent. The truth is, the hospital district has behaved as if it had responsibility for everyone's health care for so many years, that most people, including hospital board members, are having serious difficulty accepting the fact that they are only responsible for the health care of the indigent.

When you narrow down the scope of the district's responsibilities to what open the doors of its hospital to those who are not indigent. it is lawfully authorized to do, it becomes obvious that the \$500,000 in tax is based on actual annual expenses for the few indigent cases in Garza County in recent years of \$20,000.

When people in Garza County finally realize that the hospital district is our tax money. only authorized to care for the indigent... and that there is no requirement nor authority for government to take care of those of us who can take care for ourselves... then the demand for elimination of this tax will become even more virulent than it has been.

Which was the primary thrust of the editorial I wrote last week, using the personnel had been told about an injury. example of the child being turned away from the clinic, not because of an injury, but because of the clinic's rules about payment. You see, if the emergencies have to be transferred to Lubbock. It is also our policy to collect purpose of the hospital district was to provide health care for everyone, then payments, make arrangement for payment and/or collect insurance the question about payment would be moot... as in all socialized government programs... you'd simply go in and demand to be served.

What is creating such a fuss among the tax payers here is the misconception that the clinic is required to provide service to those of us who are not time of this incident and does not know what actually transpired. indigent. That's the central problem with so many people griping about the clinic, they completely misunderstand the role the government subsidized clinic plays in this community.

It is a private business, and in order for that business to survive, it must this a newspaper or just another cheap tabloid? be economically sound... it must earn more money for its services than it pays out in expenses. It's very basic and elementary economics. And since the tax subsidy provided by the hospital district may not be used to Because the Garza Hospital District is charged with responsibility for the supplement care for those not declared indigent, you can begin to see why certain people are turned away ... because if they can't pay, and they aren't declared indigent, the clinic will lose money.

I am happy that we have a privately owned clinic in this town. I wish those people who work there could recognize that my editorials are designed to educate people here about the misuse of our taxes. It is none of our business There is widespread misunderstanding in this community about the how that clinic operates or how it enforces its policies, other than as it relates to care for the indigent.

> Last year, when we demanded to be shown the constitutional authority for using tax money for services other than for the indigent, the hospital district's lawyer said, in effect, that all people in Garza County are eligible for services subsidized by the taxing authority ... but when non-indigent Garza County folks get turned away from the clinic due to their inability to pay... it then becomes clear that not everyone is in fact eligible for the care.

And that is the truth. Only those who are declared as indigents are If you aren't an indigent, you have no more right to demand service at the authorized to receive benefits from our taxes. All other expenses incurred by the hospital district are in violation of the law and a misuse of our money. We ought to demand that government adhere to its limited functions. The hospital district is not only unable to secure health care for the rest of us, attempting to do so is flatly none of the district's business. It is charged with caring for the indigent... and we, those of us who pay this tax, are basically setting aside our money to help those who can't help themselves. The hospital district was never authorized to subsidize private clinics, or to

It's time we accept this truth, and if you doubt the truth of what I write, money expended every year, is 60 percent more than is really needed. That I'll show you the original enabling legislation and the 1876 Texas constitution to support my claim. Those who disagree, have as yet not provided any evidence of constitutional or statutory authority to support the misuse of

> So, the next person who calls me to complain about the clinic not doing this, or doing that, please remember, unless the aggrieved person is an indigent, it is no business of mine.

Take it up with the owner of the business.

It is this clinic's policy to treat minor emergencies, the more severe information for services rendered, as does the newspaper and every other business anywhere, which is only right since this is what you call business. The person who called the paper with this complaint was not present at the Furthermore, I think that it would be in the best interest of this county if the editor would bother to at least attempt to check the facts before printing his editorials. Do you not feel a responsibility whatsoever to print the truth? Is

Thank you for allowing me to inform you of the true facts in this instance. Joyce Teaff

Thanks to MAD DADS and Rodney Tidwell

I'm writing to express my thanks and appreciation to Rodney Tidwell and MAD DADS for Da' House. Not everyone realizes how important it is for many teens who live in Post. This is a place for teens to go to play games, spend time with friends, and do all of this in a healthy environment. With Post being such a small town, there aren't many things to do. I believe that Da' House keeps some teens off the streets and out of trouble.

I would also like to thank MAD DADS and Rodney for their support in everything that Post students participate in. Whether it be sports, band, U.I.L., Student Council, FHA, FFA or NHS, Rodney and MAD DADS are behind us all the way. That encouragement helps to do everything to the best of our ability.

We see Rodney at our games or activities, always telling us what a great job we've done and are going to do. Even though he may not be speaking directly to me, it still encourages me to do my best.

Many teens complain that there is nothing to do here in Post. Maybe these people need to just give Da' House a chance. I know that it is a fun place for me, and somewhere I feel safe. It's a place for me to go where my parents don't have to worry about me getting into trouble or getting hurt.

So, once again I thank you, Rodney, for being there for me and any other teen or adult who needs you. I also thank all the MAD DADS volunteers for help that they give us and Rodney. Without those volunteers, Rodney could not do all the great things he does for so many. Stacy Morris

The strongest reason for people to retain the right to keep and bear arms is, as a last resort, to protect themselves against tyranny in government.

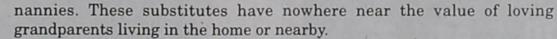
> **Thomas Jefferson Papers**, P. 334 (C.J. Boyd, Ed., 1950)

And thereafter, family debasement

by Walter E. Williams

Good economists always ask whether the benefits of a social policy outweigh its costs, and are there negative unintended consequences. Let's ask this question about Social Security, keeping in the back of our minds the biblical admonition, "Honor thy mother and father, as the Lord thy God commanded."

Dr. Jennifer Roback, a research fellow at the Stanford University-based Hoover Institution, penned an excellent article in the Oct. 5 Forbes Magazine titled, "Chopping the Family Tree." The article gives us some hints why parents are not honored as they were in the past. My summarization is simple: We don't honor our parents because, through the tax code, we can get somebody else to honor them. That might be a bit too old age?" Roback says, without government-guaranteed support in old age, cynical, so let's look at Roback's analysis. home once socialized insurance schemes are in place." That is a terrible human cost. Many lonely old people languish in nursing homes or hospices, awaiting the grim reaper, because their care is paid for by government through Medicare. Social Security and Medicare make it convenient for and forth to the doctor, home care and other senior-citizen services makes children to forget about their parents' physical and emotional needs. Roback also points to a geographical fallout from Social Security: "Without huge cost to the structure of the family. Social Security, it is unthinkable that so many elderly people would be living in Sunbelt retirement communities, so far away from their children." consequences. Throughout most of human history, households included more than two generations, meaning they consisted of children, parents and grandparents. In cases where grandparents weren't actually in the household, they were in close proximity.



Also, for most of human history, elderly people died in the homes and in the presence of their children. Grandchildren had a ringside seat and could observe old age and death close up and, at the same time, be taught their responsibilities toward the aged. When the elderly are kept at arms length, we're cut off from the lessons of this universal reality. There's another fallout from Social Security. For most of human history, parents had to rely on their children in old age. Roback asks, "How many parents would stand for their adult children's avoiding work or responsibility if those parents knew they would have to rely on lazy kids for support in their parents would be less likely to permit their children to squander family Roback says, "Families are less likely to care for their aging members at resources to "find themselves." Parents who knew they would have to depend on their children would have greater incentive to assure that their children were productive. Government programs of elderly assistance such as transportation back being inattentive to our parents' needs more convenient, but it comes at a Another negative consequence of Social Security is the powerful political bloc of senior citizens seeking to enhance their entitlements at the expense Heightened isolation of older people produces other socially destructive of everyone else. Politicians love this, and to keep this constituency, they must demagogue about programs for the elderly and saving Social Security. But we might ask just how much reverence we should have for a system that has severely weakened mankind's oldest institution - the family.

Limits on government

Government shall never issue charters, licenses, certificates of competency, nor any form of recognition or registration for any organization or individual.

Article 2, Section 7



home. It deprives young mothers of assistance and instruction in child- page at www.creators.com. rearing. Instead, they are left dependent on day-care centers, manuals and

To find out more about Walter Williams, and read features by other Their absence removes the accumulated wisdom of the elderly from the Creators Syndicate writers and cartoonists, visit the Creators Syndicate web

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Texas Constitution 2000

Copies of the Texas Constitution 2000 are available at The Post Dispatch or Good News Bookstore in Lubbock. For a link to the entire constitution go to this web site: www.tcrf.com

Local Government Meetings Monday, November 23 • Garza County Commissioners' Court, 9 a.m., 3rd floor courthouse.

Tuesday, December 1 Post City Council, 6:30 p.m., City Hall. Monday, December 14 · Garza County Commissioners' Court, 9 a.m., 3rd floor courthouse.

Thursday, December 11

• Garza Hospital District board of directors, in the clinic building, 7 a.m. (Thursday after 10th of each month)

Page 6 The Post Dispatch, Thursday, November 19, 1998

Offensive show brings Bi-District trophy home in win over Owls

by Wes Burnett

Last Friday night at Levelland, the Post Bold Gold Antelopes raced by the Hale Center Owls 49-38 to capture the Bi-District Championship and advance to the Area Championship competition. The Antelopes will meet the Sonora Broncos in the San Angelo Stadium Friday night at 7:30 p.m. (see related story on this page).

The Antelopes cruised to a 35-14 lead at halftime against the Owls, setting the pace early in the game by recovering the opening kickoff at the Hale Center 27, then scoring three plays later. A stout defense bottled up the Owls, and a precision offense showcased a championship team which obviously had winning on its mind.

It was the second meeting of the two teams this season, the Antelopes winning the September match-up 29-15.

Matt McCallister got things going for the 'Lopes on the opening kickoff, when Braden Conner's high kick fell in between Hale Center players, who stood motionless as McCallister raced to his left sideline and fell on the ball at the 27 yard line. Post fans, who were already highly motivated, burst out of their seats. Billy Crawford got the call around left tack, breaking through defenders to the 13, then Raymond Jefferson cut around his right end to the 12 and on second down Crawford blasted over left guard, knocking down defenders to the end zone for a 6-0 lead. Conner's extra point put the 'Lopes out front 7-0 with 10:50 on the first quarter clock.

After an exchange of punts, Hale Center put its first points on the board in a four play drive, tying the game at 7-7 with 5:12 on the first quarter clock. The Post offense ran out of downs on a seven play drive, and Hale Center faced second down early in the second quarter on a six play effort. The Hale Center quarterback dropped back and lofted a pass deep downfield, which Michael Ulm intercepted at the Post 44 yard line.

Five plays later the 'Lopes led 14-7 when quarterback Jay Gorman ran the option around his left end to perfection, dodging and faking defenders to the end zone for the final 20 yards. Conner's extra point was on the mark with 9:59 left in the first half.

The Owls were not fazed by the score, as they came back quickly to score on a three play drive, and with 8:56 on the clock the score was knotted one more time. But that was just the beginning for the Antelopes.

After the kickoff, the Antelopes racked up a five play, 49 yard touchdown drive, featuring heavy duty running by Jefferson and Crawford and a key pass reception by Clell Knight. The big play came on first down at the Hale Center 49 when Jefferson took the pitchout around his right end and outraced defenders to the 16 yard line. Crawford took it to the 14 and on second down Jefferson ripped over right tackle, leaving two defenders clawing grass as he went into the end zone. The extra point attempt was blocked, but the 'Lopes took a 20-14 lead with 7:20 left in the half. The Lope defense made adjustments and forced a punt after three downs. Leading the defensive surge were Clay Ashley and Johnny Jefferson. The 'Lope offense took the ball at their own 46 yard line with 5:53 on the clock. On second down Gorman threw a pass to Crawford, who raced the distance to the goal line, only to be called back for a holding penalty. Jefferson took the ball to the 36, then on second down Gorman connected with Ulm on the fade pass near the goal line, who muscled his way into the end zone to give the 'Lopes a 26-14 lead. Going for two points, Gorman rolled to his right and hit Conner in the end zone with a pass. The 'Lopes took charge with a 28-14 lead and 5:18 remaining in the half. Again the defense controlled the line of scrimmage. Ashley, Frank Reyna and Gorman played key roles in the effort, forcing a punt on fourth down from the Hale Center 32 yard line. The eight play touchdown drive that followed ate up most of the clock, with the fade pass to Conner coming on first down from the Hale Center 34 yard line. It was a great throw and catch, as Conner faked two defenders, racing the final 10 yards to the end zone. His extra point gave the 'Lopes a commanding 35-14 first half lead. Hale Center's last ditch effort to score failed when a pass deep in Antelope territory was deflected by Conner and then caught by Rocky Gomez, who returned it to the Hale Center 35 yard line. An unsportsmanlike conduct penalty set the ball back to the Post 45. Two plays later Gorman's long pass intended for Ulm was intercepted by Hale Center and the clock ran down to zero.

Owls started an eight play touchdown drive, picked up the two point conversion and narrowed the lead to 41-22 with one second left in the third quarter. The 'Lope offense bounced back, scoring on a 10 play, time-eating drive, highlighted by Jefferson and Baker running. Jefferson ran into the end zone from the 11 yard line with 7:36 left in the game and Gorman threw the ball to Daniel Fluitt in the end zone for the two point conversion, to close out the Antelope scoring.

The Owls scored again late in the fourth quarter, then covered an onside kick and scored again with 50 seconds left in the game. The 'Lopes ran out the clock to preserve a 49-38 victory.

Sonora Broncos are champions also

Exclusive to The Post Dispatch by Tryon Fields

The 1998 Sonora Broncos are the current reigning District 2-2A champions. This season the Broncos have compiled a 9 and 2 overall record with an unblemished 5 and 0 record in district. The Broncos two loses were to 3A power houses Brady and Colorado City.

Friday night, the Broncos will field a team that is composed of 13 seniors, 13 juniors, and 10 sophomores. On offense, the Broncos have averaged 263 yards of total offense while scoring 22 points per game out of a wing T formation. Bryce Williams (175 lb. Sophomore) will handle the quarterbacking duties.

Anthony Renfro (170 lb. Senior), Tom Jacoby (185 lb. Sophomore), and Graham Bloodworth (155 lb. Junior) will handle the ground attack duties, while Williams favorite receivers are Demetrio Castro (150 lb. Senior), Brad Legan (205 lb. Senior), Breg Hughes (175 lb. Senior), and Tanner Fields (150 lb. Senior).

The offensive line will average 218 lbs. and is anchored by Brady Lock (235 lb. Junior) at center, guards Andy Sanchez (230 lb. Junior) and Jake Trainer (220 lb. Sophomore). Anthony Sanchez (205 lb. Sophomore) and Caleb Taylor (225 lb. Junior) will be playing the tackle position. The tight end duties will be shared by Lupe Ramon (205 lb Senior) and Brad Legan (205 lb. Senior).

Defensively, the Broncos have limited their opponents to 8 points per game while only giving up an average of 177 total yards of offense per game. Using a 4-3 alignment and a 4 deep secondary, the Broncos are led by Senior linebacker Brad Legan (205 lbs.). The other two linebackers are Breg Hughes (175 lb Senior) and Crispen Lira (160 lb. Sophomore).



Billy Crawford lunges over a Hale Center defender, stretching himself for another PostAntelope touchdown during the 49-38 Bi-District win at Levelland last Friday evening. (Photo by Jerry Taylor)



Second Half Action

The 'Lopes fizzled in their first possession of the second half, and the fourth down punt was blocked, setting up the Owls at the Post 46 yard line. Six plays later the offense trotted back onto the field, following a strong defensive effort. Gomez and McCallister led the charge. Then on fourth down Hale Center lost the football on a high snap, which was recovered by John Radle at the Owl 17 yard line.

It took three plays to score, with Jeremy Baker catching the pass from Gorman and breaking through tacklers to the one yard line, then Crawford tried left to the one-half yard line for a first down, then on second down rammed into the end zone over left tackle. The extra point failed and the 'Lopes led 41-14.

The teams exchanged punts and with 2:42 left in the third quarter, the

The front four of the Bronco defense averages 204 lbs. with Lupe Ramon (205 lb. Senior), Reggin Glasscock (240 lb. Senior), Michael Castilleja (165 lb. Senior), and Anthony Sanchez (205 lb. Sophomore) making up this unit.

The Bronco secondary is led by Senior Tanner Fields (150 lbs.), Anthony Renfro (170 lb. Senior), Demetrio Castro (150 lb. Senior) and Graham Bloodworth (155 lb.

"They look like Seagraves..."

The Sonora Broncos are a strong running team, according to PHS coach Richard Gorman, who compares the Broncos to Seagraves. "They look and play a lot like Seagraves," he explained. "We're really going to have play better and more consistent on defense," Gorman added, "we just won't have the luxury of giving up the big play." Gorman praised all the Antelope linemen, both offense and defense, for their outstanding effort in last week's win over Hale Center.

Sonora won the coin toss at the coaches' meeting last Saturday, and chose San Angelo for the site. The Antelopes will be the visitor.

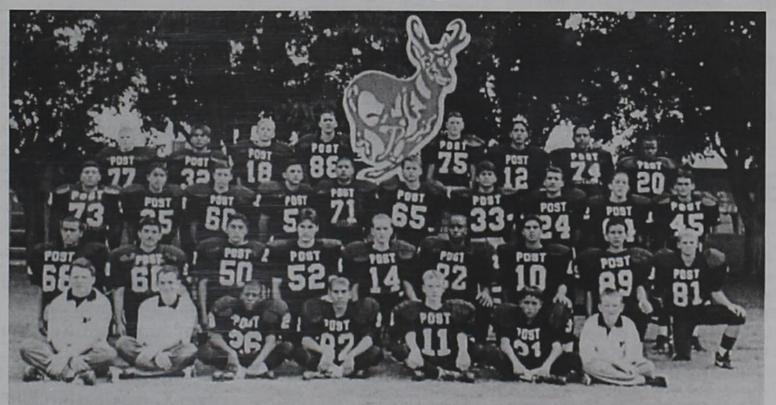
Game time is at 7:30 p.m. at Bobcat Stadium... which is just off Knickerbocker. Antelope fans should enter San Angelo on U.S. Hwy 87, head south to Knickerbocker, turn right and look for the stadium on the right.

Justin Gorman (14) and Michael Ulm (11) celebrate another great defensive effort as teammate Johnny Jefferson (40) trots off the field. (Photo by Jerry Taylor)



A host of Antelope defenders squash a Hale Center running back in action at Levelland last Friday night. (Photo by Jerry Taylor)

Congratulations Antelope Junior Varsity



Congratulations 8th Grade Antelopes Two Years Undefeated District Champions



Post Antelope Junior Varsity - (back row, left to right) Steve Norman (77), Brandon Perez (32), Cody Zachary (88), Aaron Cooper (75), Joey Cimental (12), Joey Rodriguez (74), Eujean Bell (20), (middle row) Ricardo Saucedo (73), Adrian Serrano (25), Tim Pena (60), Steve Martinez (51), Obed Diaz (71), John Smith (65), Roland Castaneda (33), Justin Acevedo (24), Mike Gonzales (84), Hector Reyna (45), (second row from front) Jeremy Bland (66), Miguel Torres (68), Fabian Flores (50), Dominic Reyna (52), Waylon Strawn (14), Jonathan Curtis (22), Jamie Collazo (10), Jose Saucedo (89), Kevin Hart (81), (front row), managers Jarrod Greene and John Goen, Allen Bell (26), Jorge Rivera (82), Brandon Massey (11), Rene Mendoza (31) and manager Josh Cowley.

Jimmy &	Greg, Judy &	
Hildegard Marlin	Hayley Massey	
Pam & Casey	Jay, Susan,	
Zachary & Ruth	Jennifer & Lyndee	
Williams	Strawn	

Post Antelope 8th grade football team - (back row, left to right) Lance Curtis, Daryl Dissinger, R.C. Reed, Luis Zubia, Israel Estrada, Noah Gutierrez, Seth Redman, Brody Robertson, (second row from back) Brandon Bell, Brice Easterling, Tye Mason, Jordan Smith, Cody Fox, Brian Looney, Kenny Ratke, Joey Barrera, Tyler Bennett, Eric Alaniz, (second row from front) Ronnie Parrish, Traven Smith, Russell Eaton, Victor Soto, James Rudd, Alex Moreno, Will Reed, Adam Nobles, Manuel Saucedo, (front row) Matthew White, Byron Mason, Jeremy Ayala, Pablo Perez, Patrick Gonzales, Jordan Nelson and Chase Tatum.

We're Proud of You!

Kenny, Nora and Diana Ratke

Herman & Diane Guthrie and Kim Bennett Noah, Rosa, Melissa and Lisa Gutierrez

Mason Computer Service Steve, Janice & Tamara Mason Congratulations Post Bold Gold Antelopes Bi-District Champions!



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SPS releases data on recent customer survey

Customers to SPS: Provide Us Plentiful, Low-Cost, Clean Power

The most important step South- and want more energy conservation western Public Service Company can programs and more information take is to assure there is enough from SPS related to conservation and electricity to meet customers' needs other energy-related subjects. They now and in the future, consumers are uncertain about the benefits of from four states insisted at the utility's recent "town hall meeting" on electricity issues, SPS reported today. Second in importance is provid- 25 percent to 33 percent on their ing service at the lowest rate.

Almost equally important is con- a different electric service provider. tinuing to take care of the environ- SPS reported the customers' opinions ment. Customers want sufficient new capability to generate power, but they are reluctant to see monthly electric bills increase by much. They are concerned about how electricity is produced, and greatly prefer future power supply sources that would have "steady operating costs" and that "would reduce customer electric bills in the long run."

They said that if they could direct SPS investment in future resources, they would select a mix of traditional fossil-fueled plants (natural gas and coal), renewable energies and energy-efficiency programs that reduce demand for power. "Our first reaction to these survey results is that customers are telling us to take a balanced approach — make sure the electricity is always there, keep costs down, continue to be good stewards of the environment, and invest prudently in new technologies for the Resource Plan - its plan for supplyfuture," said SPS Chairman Bill ing growing demand for power - to Helton.

The customers indicated they would like SPS to use more renewable energy sources - they especially favor sioner Judy Walsh of the Texas comwind-powered generation - if electric reliability could be maintained and

possible competition in the electric industry.

They said they would need to save monthly bills to change from SPS to after reviewing questionnaires completed at the SPS Town Meeting on Electricity Issues held Oct. 2 and 3 in Amarillo.

A scientifically selected sample of about 250 SPS customers from Texas, New Mexico, Oklahoma and Kansas met and questioned panels of experts with differing views on a variety of subjects. This process is called Deliberative Polling. Dr. James Fishkin, director of the Center for Deliberative Polling, of the University of Texas at Austin, oversaw the poll and the Town Meeting. "The Deliberative Polling process places participants under conditions where they can think about the issues," Fishkin said. "The sample in Amarillo was very representative and became well-informed. Their considered judgments deserve to be listened to." The results will be incorporated by SPS into its Integrated be filed with the Public Utility Commission of Texas in January.

Chairman Pat Wood and Commismission were panelists at the SPS Town Meeting, as was Chairman rates for off-peak hours in the eve-Wayne Shirley of the New Mexico nings, early mornings and weekends, Public Utility Commission. Other while paying higher rates during results included:

of how they would be affected. The biggest benefits they see from competition: development of new technology, better responsiveness to customers, and a greater range or products, services and rates. Their biggest fears about competition: receiving unsolicited telemarketing calls; having to deal with complex and confusing information in order to make a choice; being subject to deceptive trade practices by new competitors.

Alternative Energies, Conservation and the Environment

Customers are most concerned about conserving water and maintaining water quality in this area. Customers are moderately concerned about power-plant air emissions, but believe automobiles and other sources are greater contributors to pollution. Among renewable energy sources, wind by far was preferred by customers, with solar power second. The customers were asked to consider "all the possible actions SPS could take" - such as adding renewable resources, providing efficiency programs for low-income customers, and improved practices to reduce emissions, and to report, "what is the greatest total amount you would be willing to pay per month above your current bill to have SPS pursue those actions you desire?"

The mean, or "average" response was \$3.13. The median (half of the customers willing to pay more; half less) was \$2.00.

Pricing options

Customers most liked the idea of "time-of-use" pricing - paying lower



their bills not go up much. They prefer the higher costs of generation from renewable sources be paid in part by those customers who volunteer to pay a premium price for "green power" and in part by spreading the higher costs across all customers' bills.

They are cautious about changing the way they are billed for electricity. They like energy conservation,

Competition

Customers are divided over of 6.9) whether competition in the electric industry would be a good idea: 35 percent believe they would be a bet- sounds on my spirit make a ter off with competition, while the music too. rest think they would be about the same or worse off - or are uncertain

peak demand times. (On a scale of 10, this received an average rating ***

Just as my fingers on these keys make music, so the self-same

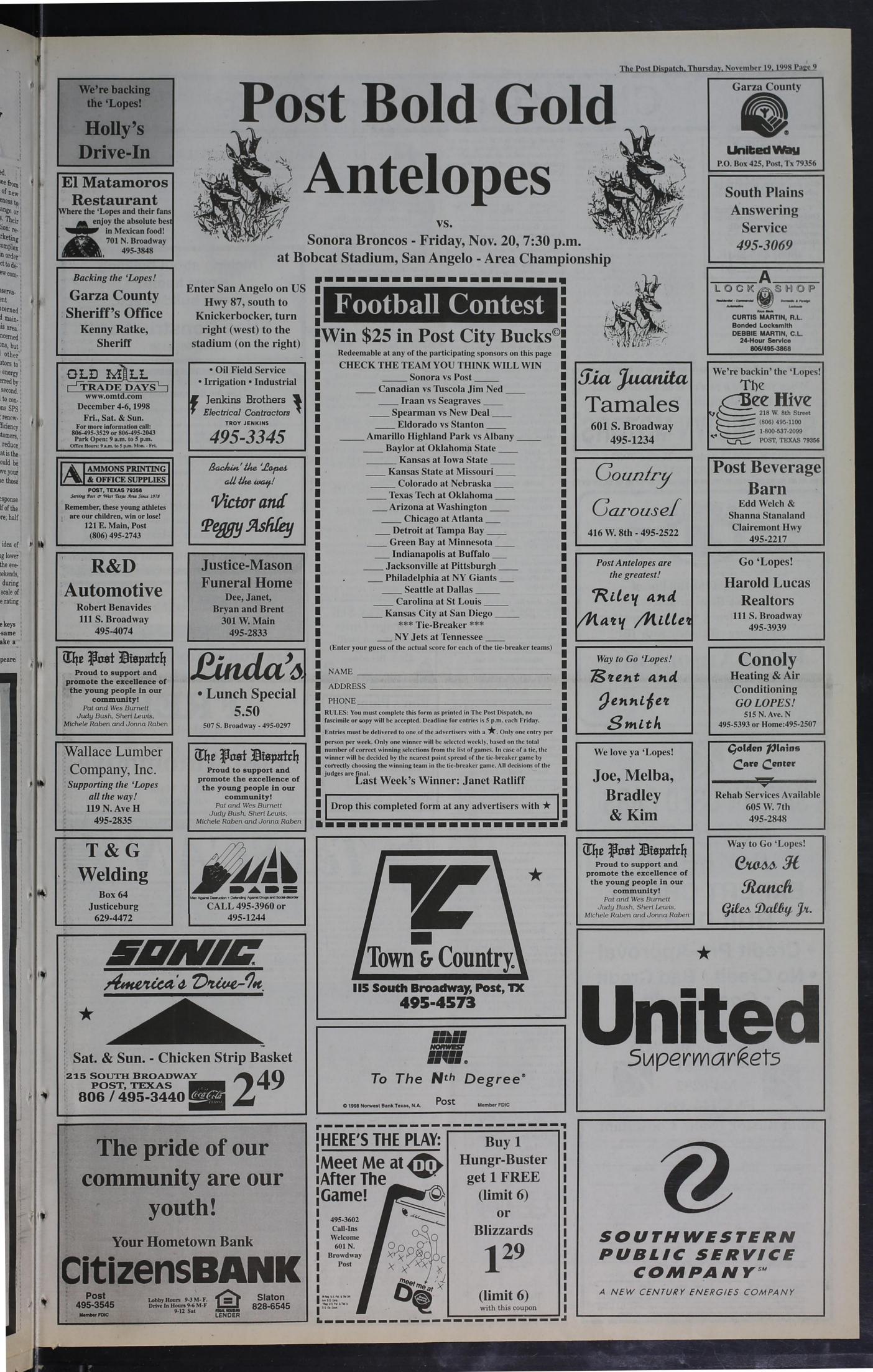
-William Shakespeare

The Post Bold Gold Antelopes... and The Post Dispatch what a team!

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hometown newspaper!



Page 10 The Post Dispatch, Thursday, November 19, 1998

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Classified Advertising

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Card of Thanks

I want to thank everyone for the acts of kindness shown to me and my family during this stressful time we are going through

For all of the calls, cards and prayers we will forever be thankful. May God bless each of you.

Danny and Tonya Vernon and family

We would like to express our graditude to all of the individuals who organized the benefit at Post High School on November 14, 1998. To all of the faculty, staff and students who participated in the event, we want you to know how much you blessed us. Your outpouring of love and support has been overwhelming. Thank you also for your generous gift. God bless you all,

Pat Ayala and family

Personals

Post Independent School District invites the Senior Citizens of the district to come by the Superintendent's office and receive a gift of a complimentary general admissions pass that will admit you to all school functions. (You will be asked to present identification so that a pass can be issued in your name).

Post Group of Alcoholics Anonymous Meets every Thursday night at the First Presbyterian Church, 901 West 10th at 8 p.m. Closed meetings are held except on the last Thursday of the month, which is an open meeting. Door opens at 7 p.m. and

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the meeting starts at 7:30 p.m. cake and coffee following the meeting. Anyone who wishes to talk or ask about an alcohol problem, call 495-4152, 495-4185 or 629-4393.

Help Wanted

Detective - Private Investigator trainees. Good wages 806-767-0171.

West Texas Centers for MHMR has Crew Supervisor position available in the Post area. Position will ensure that assigned contracts are met while providing supevision and training for people with developmental disabilities in a mobile work crew. Must have high school diploma or GED and meet requirements for driving agency vehicles. Drug free workplace. Schedule varies. \$582 paid biweekly (\$15,132 annually). Excellent benefits, E.O.E. Applications may be obtained in Post at East 7th and Avenue C, in Big Spring at 409 Runnels or by calling Jobline 00-687-2769.

General laborers for prison project. References required. Call 747-2846.

West Texas Centers for MHMR has Crew Supervisor positions available in Seminole area. Position will ensure that assigned contracts are met while providing supervision and training for people with developmental disabilities in a mobile work crew. Must have high school diploma or GED and meet requirements or driving agency vehicles. Drug free workplace. Schedule varies. \$582 paid biweekly (\$15,132 annually). Excellent benefits, E.O.E. Applications may be obtained in Big Spring at 409 Runnels or by calling Jobline 800-687-2769.

Mobile Homes for Sale

Mobile home on two lots for sale. Call 495-4003 or come by 516 West 5th.

Homes for Sale

3 bedroom, 2 bath, brick, 2 large lots. Call 495-3045 or 495-4545.

House for sale: 119 South Ave. R. Three

Lunch Menus

Lunch: Ham and cheese sandwich,

chicken noodle soup, chips, sugar

Wednesday, Nov. 25, 1998

Tuesday, Nov. 24, 1998

cake and milk.

cookies and milk.

Breakfast:

milk.

Trail Blazer

Friday, Nov. 20,1998 Pepper Steak, salad, noodles, peas and carrots, wheat roll, oranges and bananas.

Monday, Nov. 23, 1998 Fish, blackeyed peas, asparagus, cornbread, orange sections and chocolate cake.

Tuesday, Nov. 24, 1998 Green chili chicken, pinto beans, tossed salad, roll and fruit salad.

Wednesday, Nov. 25, 1998 Pork chop, baby limas, harvard beets, tossed salad, hot roll, pumpkin bars or crunch.

Thursday, Nov.26,1998 Holiday

Post ISD

Friday, Nov.20,1998

Breakfast: cereal, toast and jelly, fruit and milk. Lunch: Fish, macaroni and cheese,

peas, carrot sticks, hush puppies, fresh apple and choice of milk. Monday, Nov. 23,1998

Breakfast: Churros, sausage links, fruit and milk. Lunch: Fajitas, onions and peppers,

refried beans, salad, Reese's Cup and choice of milk.

Tuesday, Nov. 24,1998 Breakfast: Cereal, toast, fruit, and milk.

Lunch: Fried chicken, mashed potatoes, gravy, green beans, hot rolls,

pudding and choice of milk. Wednesday, Nov.25,1998 Breakfast:

Lunch: Holiday

Breakfast: Lunch: Holiday

Southland ISD

Friday, Nov. 20,1998 Breakfast: Cereal, toast, juice and Milk.

Lunch: Bar-b-que sandwich, chips, pickle spears, ice cream and milk.

Monday, Nov. 23,1998

Lunch: Holiday Thursday, Nov. 26,1998 Breakfast: Biscuit, bacon, juice and Breakfast: Lunch: Holiday

To appreciate nonsense requires a serious interest in life. -Gelett Burgess

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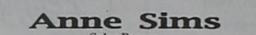
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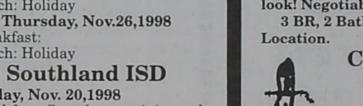
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Menard County. Live oak, cedar cover, new well, electricity. Great deer, turkey hunting. \$1500 down, \$295/month, (11% APR, 20 years).

Junction area. Barn, live oaks, deer, turkey, \$176,000. Owner finance, low down. Additional

ACROSS 41 "believe ____ not" The Original TEXAS 42 TX H.L. Hunt aired 1 state legislator his political ____ on Glenn who opposed CROSSWORD "Life Line" in late 50s the lottery in '91 45 Indian pole 5 Big Bend Ranch 46 spy novelist Deighton by Charley & Guy Orbison Natural 47 humorist Bombeck 6 TX school test 48 mined TX metals 7 Cybill of TX-filmed Copyright 1998 by Orbison Bros. 49 official rebuke "The Last Picture 52 TX youngsters learn Show" (init.) 'em in school 8 TXism: "got a 53 business abbr. for of arrows in his Agent in Garza county, was complete loss quiver" (capable) presented the Texas Superior 9 Cuban "two-step" Service Award in ceremonies at 15 TX town Texas A & M University ... The Green 16 Marlon Brando heads Thumb Garden Club met in the for TX in this '66 film home of Ida Jones with Carlene 18 acorn product (2 wds.) Kyle as co-hostess. The ladies made 20 goodnight gal in song 39 wreaths for the holidays... Maxine 22 TXism: "she has Durrett Earl's most memorable to sneak upon 54 TXism: "active 2 43 44 to fix Thanksgiving was in the mid 20's as a fox in a her hair" (homely) 46 48 when natural gas came to the home house" 27 TXism: "useless as 55 decades (abbr.) of the J.R. Durrett family. Her 50 panty to a pig" P-359 mother didn't have to use the coal-DOWN 28 works bread dough burning stove for heating the entire 29 TXism: "up 1 TXism: "smart as 11 TX cooler (abbr.) house. a bunkhouse _ 53 without a paddle" 12 TXism: "useless as 30 Dodger Carl who 2 historical period speaking 54 signed TX Nokona 3 TXism: "proud as mule" 34 "yes ____, that's ball gloves 13 long-eared rabbit 55 32 Gen. Zachary who 4 El Paso's early my baby" 14 on the briny Olson, Elaine Copple, Pat Smiley, 35 TX electronics co. fought in TX in Mex.name meant "_ 15 TX B.J.'s " Teddy Jackson, Lloyd Barker, Kirt Amer. War (init.) 37 quoted A Feeling" Robinson, Mrs. Dick Cravy, Steve 40 bereft, desolate **33** lineage the north" 16 this TX Harper was Short and Kelvin Thomas... The 43 Dublin, TX was 36 she sheep 8 TXism: "him and in "Tender Mercies" 23 __Allen, TX flagpole at Post Middle School fell 37 Sidney ____ Howard named after city of the truth ain't 17 Emmitt's favorite 24 retirement nest egg into the street last Wednesday wrote screenplay for this country (abbr.) going steady" 25 drive the places

Norwest, Wells Fargo announce merger completed

19 this Calhoun

starred with TX

Martha Hyer in

"Red Sundown"

Wells Fargo & Company and Norwest Corporation recently announced they have completed their merger, creating the new Wells Fargo, a diversified financial services company.

"Gone With the Wind" 9 Guadalupe River

juniper thickets are

10 TXism: "___ blazes 21 high respect

a wide trail" (large) 22 TX football class

habitat for golden-

38 TX Willie's "Farm

39 TX Stone Phillips'

Indianapolis, Ind.

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13 14

in San Francisco and has \$196 billion in assets, 15 million customers, 5,836 stores and almost 102,000 "Our customers, communities, "We're committed to the goal of do-

executive officer of the new company. ments and other materials."

"We firmly believe this new com- "For our 15 million customers, pany, which combines the best of nothing changes yet. Integrating sysboth organizations, will become the tems is expected to take from six premier financial services company month to two years to complete. Durin the United States and the leading ing the second half of next year, banking franchise in the Midwest Norwest customers will begin seeing The new company is headquartered and Western United States,"said the Norwest name change to Wells Dick Kovacevich, president and chief Fargo on their stores, checks, state-

28 Palestine AM radio 50 graphic computer

44 identification with

symbols

another's feelings

51 Streep of TX-filmed

"Silkwood" (init.)

spike again

26 to relate poetry

any better I

couldn't stand it"

31 TXism: "if

The Post Dispatch, Thursday, November 19, 1998 Page 11



Send holiday cards and gifts from the **Children's Art Project** at M. D. Anderson Cancer Center.

Celebrating 25 years of making life better for children with cancer. Call 1-800-231-1580 for

a free catalogue.

Ancient clipping tells story of Duckworth - Knox marriage

(Ed. Note: On Sunday afternoon at 1 o'clock, Mr. and Mrs. George Duckworth of Justiceburg, pioneer residents of Garza County, will hold open house at the Garza County 4-H Building here on the occasion of their 50th wedding anniversary. The following article is from a 1908 edition of The Post City Post, telling of the Duckworths' marriage here. Since the journalistic style of the day was followed in both headings and article, we are sorry that the clipping was not in good enough condition for The Dispatch to reproduce in facsimile. However, we are running the write-up just as it appeared in Post's first newspaper 50 years ago.)

the weekend with Claudia's parents.

Yesteryears

by Pat Burnett

Nov. 20, 1988

10 Years Ago

Syd Conner, County Extension

Nov. 21 1978

20 Years Ago

Happy Birthday today goes to Jan

morning. No one was injured,

according to Principal Bud Davis...

Karla Morris was honored with a

birthday dinner in the home of her

parents last week. Attending were

"Post City Wedding Was Grand Affair."

"Marriage Vows Were Solemnized by Judge Boren of That City." "Sumptuous Supper Was Spread. "Miss Elva Knox and Mr. George Duckworth Were Married at The Algeita Hotel November 18th-Thirty-One Guests Were Present at The Wedding."

"By far the most interesting affair, social or otherwise, that has occured here during the autumn was the nuptial of Miss Elva Knox and Mr. George Durham Duckworth, on the evening of the 18th just, at the the Algerita Hotel.

"The bride is the beautiful and loveable daughter of Mr. Dock

boughs, the lobby gay in the natural colors, and the color scheme of the parlor was preserved in the dining room, but a bright tint added here and there.

"At 7:30 o'clock the bridal party, moving to the sweet strains of, "Call Me Thine Own", swept down the grand stairway, passed through the lobby and entered the parlor; aglow with warm and twinkling lights. Standing before the especially prepared altar, the attendents grouping themselves on each side, the groom and his fair companion heard the solemn words, delivered by Judge Boren, which unite them each to each for all time.

"The ceremony over, friends gathered around and showered congratulations, while, "O Promise Me", was softly played.

"A sumptuous wedding supper was served in the dining room, where covers were laid for 31 guests. American flags were places as flavors.

"Mesdames Brown, Swartz, Conway, Gardner and Miss Brown assisted most gracefully and graciously at the punch bowls.

"The bride's costume was made of beautiful champagne colored silk elaborately trimmed with meadhony and lace. Orange blossoms nestled in her hair.

'The attendants were as follows: W. A. Duckworth, brother of the groom, and Miss Virgie Jutice, V. A. Wilks and Miss Nichols of Colorado, Sam Wilks Jr. with Miss Annie Butler. "A ball was given and the many

dancers glided to the sweet music of the Colorado String band 'til a wee hour. "As the happy people sought their homes, the watchful stars twinkled soft benediction; a gentle breeze flowed up from the south and its barewings bore a wonderous message, "Love, nought all else is, save love."

Lisa Cowdrey, Nita Gunn, Kerri Pool, Melinda and Melissa Tatum, Jarita Norman and Donna Baumann. Nov. 21, 1968 **30 Years Ago**

J.L. Hedrick is in Garza Memorial Hospital with a broken pelvis suffered when his horse fell with

him recently at his ranch home here... Mrs. Nell McCrary was hostess for a Thanksgiving party for the Needlecraft Club in her home last Friday. Mrs. Joe Callis told a Thanksgiving story and closed the program with a prayer... The Post

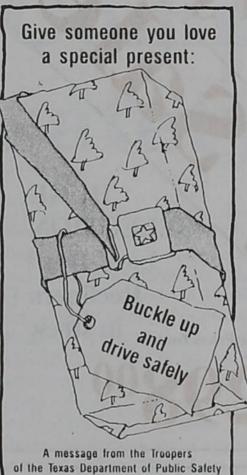
Knox, a prominent ranchman, who resides some miles southeast of this city. "The groom is the manager of

employees. It ranks seventh in assets and third in the market value of its will benefit from this merger with vide outstanding customer service stock at Sept. 30 among U.S. band holding companies.

array of products and services.

shareowners and team members all ing it right so we can continue to progreater convenience and a broader throughout the integration," said Paul Hazen, chairman of Wells Fargo. "Dozens of transition teams comprised of hundreds of team members are committed to making sure we begin every discussion with what's best for the customer and ensure the interests of our team members and shareholders are aligned. We're going to take our time. We're going to do it right."

The combined franchise has 2,859 banking stores and covers 21 states from California to Ohio.



ORDER OF THE ARROW - Chris VanDeValde was awarded the Order of the Arrow, the Duane Parker Award, from Nakona Lodge at a banquet in Lubbock's First Presbyterian Church Saturday, November 5. Chris was one out of five hundred scouts chosen for the award.

From The Post Dispatch, November 20, 1988

Antelopes, under new head coach Kenny Poole, will open their 1968-69 basketball season here Tuesday night against the Cotton Center Elks... Mr. and Mrs. Larry Duane Welch are the parents of a daughter, Duana Cheryl, born Nov. 14 in West Texas Hospital. The infant weighed six and three-fourths pounds at

> Nov.20, 1958 40 Years Ago

birth.

Mitchell Williams of Tahoka officially announced today that he has resigned as district attorney for the 106th Judicial District, effective Dec. 1... Joan Chilcoat underwent an appendectomy last week. She returned home last Monday and is recuperating satisfactorily ... Mrs. W.C. Kiker, Alice Fay and Diane, visited Saturday in Lubbock with Mr. and Mrs. Roy Brown, Jr... Judy Gossett had a birthday party at Antelope Alley Saturday. Everyone had a great time ... At the Tower Theatre this week you can see "From Here to Eternity" with Burt Lancaster, Montgomery Cliff, Deborah Kerr, Frank Sinatra and Donna Reed.

Nov. 18, 1948 50 Years Ago

Eugene Ford was host in his home last Thursday night for a party for the football boys, their dates and other guests... All the girls in school are drooling over Roy Josey's beautiful eyes ... Mr. and Mrs. Charles Daughtery have moved from the Power apartments to the Baker apartments, across the street on North Broadway... Allen Cash and Frank O'Neal of San Angelo are hunting deer in Mason County this

the Llano Cattle Company, who has large and important affairs entrusted to his care.

"This young couple number by the score their friends, who joyfully unite in wishing them a pleasant journey through life.

"The hotel, magnificient in apartments at all times, was especially prepared for the glad occasion. The parlor | was decorated in white, trimmed with native cedar

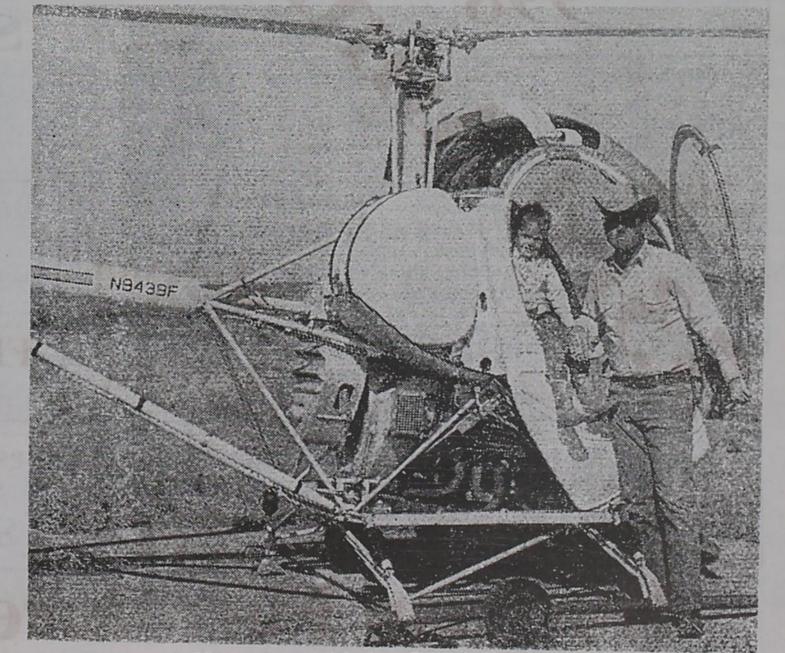
From The Post Dispatch, November 20, 1958



Marshall Reno, one of the been with the company since mainstays in the "front end" de- returning from the army several partment of Connell Chevrolet years ago and is well trained in Company, is shown completing the friendly art of servicing autothe lubrication of a car. He has mobiles.

From The Post Dispatch, October 28, 1948





JUNIOR HILLBILLIES? — This scene is part of the Junior Play, "Feudin, Fussin' and Fightin'" which will be presented Saturday night, Nov. 18 in the Primary Auditorium at 7:30. Shown I to r, Chuck Black, Jimmy Pruitt, David Poole, Eddie Bass, Donna Baumann, Susan Strawn, Mark Short, Lea Ann Babb, Christy Workman and Susan Sawyers. - (Staff Photo)

From The Post Dispatch, November 16, 1978

HelicopterAdded to Ranch Equipment

Rancher Bob Macy and his five-year-old daughter, Sharla, are shown with the Hughes 300 helicopter Macy recently purchased for observation work on his ranch and for other business purposes.

From The Post Dispatch, November 20, 1958

Page 12 The Post Dispatch, Thursday, November 19, 1998

Gym filled to capacity for "Meet the Lady Lopes" night

by Barbara Hardin

The Post High School gymnasium was filled almost to capacity on Thursday night as parents and supporters of the Lady 'Lopes and Antelopes came together to get a glimpse of the 1998-99 Lady 'Lope basketball team.

Ronnie Gradine, president of the Antelope Booster Club, welcomed the crowd and introduced Coach Ron Taylor, director of girls athletics and head girls coach. Coach Taylor introduced the other girls' coaches -Coach Christi Daily and Coach Rito Hernandez, and then the seventh and eighth grade teams before presenting the junior varsity and varsity teams for this season.

The Lady 'Lope varsity will consist of Kasey Hardin, senior; Rachelle Jones, senior; Becca Stelzer, senior; Jennifer Strawn, senior; Kristen Webb, senior; Erin Gregory, junior; Lauren Webb, junior; Davida Gregory, sophomore; Kenda Looney, sophomore; and Meagan Mills, freshman.

Meet the Lady 'Lopes was followed



Post Antelope Booster Club president Ronnie Gradine (left) and PHS girls' basketball coach Ron Taylor (center) welcome South Plains College girls' coach Lyndon Hardin during last week's "Meet the Lady 'Lopes" night. (Photo by Barbara Hardin)





Some of varsity Lady Lopes enjoying the "Meet the Lady Lopes" night last week are (left to right) Jennifer Strawn, Kristen Webb, Davida Gregory, Rachelle Jones, Lauren Webb, Erin Gregory, Vondi Gradine, Meagan Mills, Kelli Collier, Kasey Hardin and Ashley Mason. (Photo by Barbara Hardin)



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