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The Post Dispatch

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Post Notes

VFW Ladies' Auxiliary meets June 1

The Ladies' Auxiliary VFW will meet at 7 p.m. June 1, instead of June 8. The purpose of the meeting is for installation of officers.

Christian School bake sale Saturday

The First Baptist Church Christian School will host an end of the year bake sale Saturday, May 30 in front of the OS Ranch Shop on East Main Street from 9 a.m. to 2 p.m.

Baseball camp set for June 1-3

A summer baseball camp has been set for June 1-3 from 8:30 to 10:30 a.m. at the David Nichols park. Registration is \$10 per student in third through eighth grade. Those interested may sign-up at the Elementary School office with Mrs Postell or at the Middle School with Mrs Cash. Coach Fred Postell is directing the baseball camp.

Nazarene Church Caravan May 27

Caravan, a special program at the Church of the Nazarene begins May 27, with signing up continuing this week. The program offers an active, hands-on learning approach to help young people discover essential physical, social, mental and spiritual skills. There is no registration fee, but parents must register their children. Transportation will be provided for all meetings. For more information call Mark at 495-4606 or Marcie at 495-3121.

PHS sports video tapes now on sale

The Post Antelope Booster club now has 1997-98 sports video tapes available for sale. The video tapes are the same as those shown at this year's all-sports banquet. Those interested may call Carol Payne at 495-2560 to purchase a copy of the video tape for \$30 each.

Church softball league organized

A co-ed church softball league is planned for June 14-July 19 in Post. Games will be played at the Little League fields on Sunday evenings after church services. Entry fee for each team is \$50. Call Darryl Smith at the First Baptist Church (495-3554) for more information.

Vacation Bible School June 1-5

The First Baptist Church will present "Veggie Town Values" for its 1998 Vacation Bible School. The material is a part of the popular Veggie Tale Videos. The VBS will be held June 1-5 from 9 a.m. to noon for children ages four years old through fifth grade.

Bold Gold boys' basketball camp

PHS coach Richie Thornton has announced a Bold Gold Boys' Basketball Camp to be held June 8-12 from 8 a.m. until noon. The cost per person is \$15 for boys in fifth through ninth grades. For more information call Thornton at 495-2770.

Pre and kindergarten sign-up

The Post Elementary School is conducting sign-up for pre-kindergarten and kindergarten the next few weeks for the 1998-99 school year. Interested parents should contact the school during office hours Monday through Thursday 8 a.m. to 3 p.m. and 8 a.m. to noon on Friday. To sign-up, parents must present the child's birth certificate, immunization record and social security card.

Summer food service program

The Post Independent School District announces the sponsorship of the summer food service program to begin June 8 and continue through July 16. A snack will be provided at the school cafeteria, 309 W. 8th St., behind the elementary school. Children 18 years of age and younger are eligible to participate. The program is non-discriminatory, no one may be rejected because of race, color, national origin, sex, age, disability, religion, or political belief.

Junior cheerleading registration

Registration and measuring for junior cheerleading uniforms for the fall will be held at Citizens Bank on Tuesday, June 2 and Tuesday, June 9 from 7 to 9 p.m. for classes which begin in August. There is no age limit for the junior cheerleading classes. The monthly fee is \$20 and \$5 for each additional child. Uniforms are approximately \$170. Those returning from last year will need to sign-up on one of those days. Those interested in selling old uniforms or poms should bring them to the registration. There will be no late registration. For more information call Kim Lott at 629-4340.

Trailblazers set bake sale June 20

A special fund-raising bake sale will be held Saturday, June 20 at United Supermarkets by members of the Garza County Trailblazers. All assistance and donations are greatly appreciated. Call Katharine Trammell at 495-3384 to assist or donate.

Style show, decorating contest July 31

As part of the Black Gold & Glamour Style Show and Luncheon on Friday, July 31 at the Post Community Center, there will be a table decorating contest. Prizes of \$100, \$150 and \$200 will be awarded to participating groups, clubs or organizations for their service projects or favorite charity. The entry fee is \$10 and the deadline for entry is June 25. Contact Lisa Kirkpatrick at 495-2235 for more details.

Summer "tent show" at Garza Theatre

The Garza Theatre tribute to Harley Sadler's Old Time Tent Show presents "Saintly Hypocrites and Honest Sinners" beginning June 5. Performances will be held three weekends: June 5-6, 12-14 and 19-20. Curtain times at 7:45 evenings and 2:30 p.m. for the Sunday, June 13 matinee. Call the theatre box office at 495-4005 for reservations.

County faces budget crunch with low oil prices, lower values

by Wesley W. Burnett

The Garza County Commissioners Court took a peek at next year's budget work at Monday's regular meeting, discovering that preliminary figures from the Central Appraisal District paint a bleak picture for next year's projected tax revenues.

"Of course, this isn't the final word," Garza County Judge Giles Dalby said, "but it looks like a drop of \$75 million in total evaluations." The court is expected to begin budget work next month, and Dalby was preparing commissioners for the difficult task they face. Oil prices have been hovering around the \$12 per barrel range, and that, coupled with normal depletion, is having a dramatic impact on tax revenue projections.

In other action, commissioners authorized Judge Dalby to enter into negotiations with Hockley County for housing prisoners. The jail overcrowding conditions have stretched the capacity here, and another local jail facility is needed, according to the Judge's explanation.

County administrative assistant Bryan Grimes reported to commissioners about recent grant applications to assist the MAD DADS program and the Garza County Trailblazers. Grimes said that efforts are underway to assist in locating private funding for the senior citizen's organization to relocate into another building or construct new facility.

Grimes also informed the court about a meeting he attended in Lubbock regarding use of Reese AFB vacated housing units. "It appears it will be at least a year before these units are available," Grimes explained, "the issue of transferring title from the Air Force to the Reese AFB Redevelopment Board is the hold up." He also said that U.S. Senator Kay Hutchison and Congressman Larry Combest are supporting the effort to use the old base housing for local community housing development.

Attending the meeting were commissioners Royce Josey, Mason McClellan and Lee Norman; Dalby, treasurer Ruth Ann Young, deputy clerk Lena Duran and county attorney Leslie Acker.

• Weather in Post •

Date	High	Low	Precip
5/20	99	68	—
5/21	99	70	—
5/22	99	70	—
5/23	Not Available		—
5/24	Not Available		—
5/25	100	63	n/a
5/26	100	61	—

May total rainfall — 0.201
 Rainfall year-to-date — 4.351
 (Records courtesy Garza County Sheriff's Department)

Liability stalls Lubbock talks on Lake Alan Henry oil wells

by Wesley W. Burnett

Last week the City of Lubbock announced in local news media reports that negotiations with Garza County mineral owner Bert Fields had broken down and the issue would be put before a condemnation hearing panel in district court here.

"Well, as far as we're concerned, we are waiting for response to the latest proposal that was worked out with the arbitrator," Fields' attorney Bob Greenberg of Dallas told us Tuesday morning.

Greenberg said that neither he nor Fields have received any word from the City of Lubbock, "and we're just waiting to hear from them. We have negotiated in good faith, we had an agreement on the monetary settlement, and it was a real surprise to us to read that Lub-

bock is backing out," Greenberg said.

The issue apparently that has stalled negotiations is Lubbock's insistence on not assuming potential future liability. Fields has interest in oil wells up stream from the Lake Alan Henry dam, and flooding will cover up the wells.

"It is absolutely ridiculous to expect Mr Fields to sell his interest and then be held responsible for future liability," Greenberg added. "If you sell your car to someone, would you accept responsibility for future liability? Once the property changes hands, the new owner has to accept liability, that's just plain common sense."

Greenberg said that the whole issue is a r basic question of property rights.



PHS honor graduates recognized at last week's awards ceremony are (back row, left to right) Natlie Pollard, Sharla Cruse, Brandon Patschke, Arimy Gradine, (middle row) Macee Mills, Micaela Eagle, Cameron Miller, Amber

Dean, Robert Reiter, (front row) Kathy Gerner, Jodi Gregory, Cassie Short, Erica Gomez and Melissa Gutierrez. See story and details on Page 12.

Births

Cutter Davis

Chad and Shanon Davis of Ralls are proud to announce the birth of their son, Cutter Kash. He was born May 19, 1998 at Methodist Hospital in Lubbock. Cutter weighed 7 lbs. 14 ozs. and was 21 1/2 inches long.

He is welcomed home by a big sister, Ashlee and a big brother, Blake. Grandparents are Leslie and Linda Davis of Post and Ronny and Kathleen Ragland of Ralls.

Great grandparents are Juanita Justice of Lubbock, Clara Ragland of Dickens and E.O. Boyd of Crosbyton.

Great-great grandparent is Lena Hammett of Ballinger.

Avery Wright

Coby Don and Keitha Beth Wright of Lubbock proudly announce the birth of their daughter, Avery Elizabeth. She was born Tuesday, May 19, 1998 at 12:29 a.m. at Methodist Hospital. Avery weighed 7 lbs. 4 ozs. and was 20 inches long.

Grandparents are Noel and Orabeth White of Post and Bobbie Sokoll and the late Don Wright of Slaton.

Great grandparents are Quannah and Sue Maxey and Beulah White of Post and Mrs Marcy Felty of Slaton.

Nothing reveals a man's character better than the kind of joke at which he takes offense.

—G.C. Lichtenberg



Wendy Payano and Reginald Burnette

Payano, Burnette announce engagement

Wendy Miguelina Payano and Reginald Louis Burnette announce their engagement and forthcoming marriage.

Wendy is the daughter of Bishop Jose A. and Mrs Felicia Payano of Post. Reginald is the son of Mrs Rebecca Hackney of Durham, North Carolina. Wendy is a 1990 graduate of Amsterdam High School in Amsterdam, New York and a 1996 graduate of Texas Tech University with a degree in Communication Studies. She is currently employed by Fadduol, Glasheen and Valles law firm in Lubbock.

Reginald is a 1983 graduate of Jordan High School in Durham, North Carolina. He is currently employed at Air Product in Durham, North Carolina.

A July 18, 1998 wedding has been planned.

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Jennie Spence and Douglas Smith

Spence, Smith announce wedding

Mr and Mrs Lonnie Spence and Tomahawk, Kentucky. Rebecca is a 1994 graduate of Sheldon Clark High School. She is also a 1996 graduate of Mayo Vocational School.

Rebecca is the daughter of Lonnie and Jennie Sue (Mollett) Spence of Tomahawk, Kentucky. Douglas Louis Smith is the son of Cecil (Pete) and Janice Wynell (Schwarz) Smith of Slaton. He is the grandson of Lela P. Smith and the late Vester Smith of Post. Douglas is a 1993 graduate of Southland High School and is currently a junior in college.

The double ring wedding will take place on Saturday May 30 at Phillips Cove Freewill Baptist Church in Tomahawk, Kentucky.

Refreshments will follow the ceremony. All friends and family are welcome.

The couple will reside at Tomahawk.



Steffi Norman

Norman receives certificate

Steffi Norman received a certificate of excellence award in U.I.L. spelling/ Steffi represented Post Elementary School 3rd grade and scored 100 percent in the University Interscholastic League spelling contest on April 2.

Steffi was coached by Peggy Ashley, her 3rd grade teacher.

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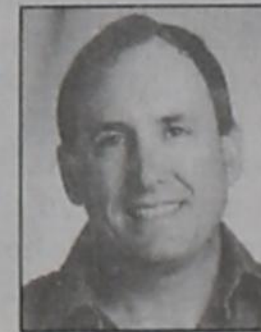
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Macee Mills, Natalie Pollard lead PHS Class of '98 graduation

Macee Mills has been recognized as valedictorian of the 1998 graduating class of Post High School. Salutatorian is Natalie Pollard. Commencement exercises for Mills, Pollard and their classmates are set for 8 p.m.

Honor graduates (listed by rank in class), according to a release by the PHS office, are Mills, Pollard, Micaela Eagle, Kathy Gerner, Cassie Short, Sharla Cruse, Arimy Gradine, Cameron Miller, Robert Reiter, Erica Gomez, Melisa Gutierrez, Brandon Patschke, Jodie Gregory, Amber Dean and Jenny Conoly.

Scholarship recipients include:

Valedictorian — Macee Mills
 Salutatorian — Natalie Pollard
 Russell Wilkes Jr. Memorial Scholarship — Micaela Eagle
 Jimmie Bartlett Memorial Scholarship — Natalie Pollard, Jerry Graham
 R.C. Standefer Scholarship — John Barbosa, Chad McDougal Alvin Young
 Humanitarian Award — Brandon Patschke
 William Rogers Memorial Scholarship — Robert Reiter
 Benevolent Fund — Tye Haney, Jodi Gregory
 Danny Foster Memorial Scholarship — Kathy Gerner

Amity Study Club — Luke Cooper, Arimy Gradine
 Texas State Teachers Association — Sharla Cruse
 Post Women's Culture Club — Sharla Cruse
 Xi Delta Rho — Melisa Gutierrez
 Gamma Mu — Jenny Conoly
 Jim and Helen Cornish Memorial Library Scholarship — Jenny Conoly, Cassie Short
 W.F. and Maury Shiver Scholarship — Kathy Gerner
 J.E. and Mayme Durrett — Macee Mills, Natalie Pollard
 Derrick Dunn Memorial Scholarship — Tye Haney
 James E. Pollard — Natalie Pollard
 Larry Haynes Jr. Memorial Scholarship — Ricky Quinonez
 Linda Gordon Memorial Scholarship — Macee Mills
 Sports Boosters — Russ Moore, Macee Mills
 Fina Scholarships — Natalie Pollard, Jamie Hernandez, Sam Woods
 Caprock Council of Girl Scouts — Sharla Cruse
 Vendors Scholarships — Orlando Castillo, Steve Gonzales, Erica Gomez
 New Century Energies — Micaela Eagle



PHS Valedictorian Macee Mills (left) and Salutatorian Natalie Pollard.

Knowing what to do in an emergency can be critical to life

Minutes count in medical emergencies. What people do in the time between their call to 9-1-1 and when emergency medical technicians or paramedics arrive could prevent death or disability, according to the Texas Department of Health (TDH). "Some of the most critical moments in a medical emergency are right after the problem has occurred, whether it's a car wreck or heart attack," said Dr. William R. Archer III, Texas Commissioner of Health. "If you think it's an emergency, call EMS. Then take steps to help the victim until EMS arrives. Traumatic injuries are the leading killer of young people between the ages of 1 and 44, and more than 9,600 Texans died of trauma in 1996."

As part of National and Texas EMS Week May 17-23 and Trauma Awareness Month, TDH offers these tips on the care that you can give an injured person before EMS arrives:

Heart attack/chest pains
 Call 9-1-1 immediately. Have the person sit or recline, whichever is more comfortable. Loosen clothing at neck, chest and waist. If the person collapses and loses consciousness, try to awaken him or her. If there is no breathing and no pulse in the neck, begin CPR, if you are trained.

Bleeding
 Call 9-1-1 immediately for serious or spurting blood. Have the person lie down. Apply firm, direct pressure over the wound to stop bleeding. Use the cleanest available pad — a cloth, handkerchief or clothing if necessary. If the pad becomes soaked, leave it on and put another one on top of it. DO NOT use tourniquets. Avoid coming in contact with another person's blood. Elevate the injured limb unless a fracture or broken bone is involved. Raise the person's feet higher than the head. Maintain pressure until EMS arrives.

Broken bones
 Call 9-1-1 immediately for a serious injury such as a broken or dislocated bone. Keep the injured limb from moving. Apply cold (not ice) packs to minimize swelling. If a bone protrudes through the skin, cover it with a dressing, but DO NOT try to push the bone back in. For excessive bleeding, use direct pressure around the area. If you suspect multiple broken bones, or the bone protrudes through the skin, or when the neck, back, pelvis or thigh might be broken, DO NOT attempt to move the person unless he or she is in immediate danger.

Burns
 Remove the person from danger and the source of the burn if it is safe to do so. For serious burns, call 9-1-1 immediately. Cover the burned area with a cool, wet cloth, but do not over-cool. Raise burned arms or legs higher than the person's heart. DO NOT break blisters or remove burned skin. DO NOT use butter, ointments or home remedies. For small or minor burns, immerse in cool water. Keep the body temperature normal — cover the injured person lightly if necessary and if possible.

Convulsions/seizures
 Call 9-1-1 immediately. Protect the person from further injury by removing obstacles. Turn the person to one side and do not try to restrain movements. If the person has fallen or shows evidence of injury, do not move the person unless he or she is in immediate danger. Do not prop up the head and do not put anything in the person's mouth.

Head, neck or back injuries
 Call 9-1-1 immediately. DO NOT wait to see if pain or discomfort goes away. Tell the person to remain absolutely still and calm. Do not move the person unless he or she is in immediate danger. Severe, deep cuts

should not be cleaned. Cover cuts with a clean cloth and do not apply heavy pressure to bleeding area. Do not attempt to stop bleeding from the ears, nose or mouth.

Poisoning/overdose

Call 9-1-1 immediately. Then call the Texas Poison Control Network at 1-800-POISON-1 and describe the product, the amount swallowed and

time it was taken. Look inside the person's mouth. If you see burns or smell something similar to gasoline, do not induce vomiting. Do not use syrup of ipecac unless the poison control center tells you to use it. Send a container of the suspected poison to the hospital with the person.

"The care that you provide for an injured person may be the care that saves a life," Archer said. "Now is the best time to learn what to do in an emergency."

To receive a copy of TDH's brochure "When Minutes Count: A Citizen's Guide to Medical Emergencies," call the Bureau of Emergency Management at 512-834-6700 or write TDH Bureau of Emergency Management, 1100 W. 49th St., Austin, Tx 78756.

Extension Extras

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

Steer Hoof Trimming

All county 4-H and FFA members with steers should plan to be at the county show barn Monday, June 1, 5:30 p.m. If you need assistance getting your cattle to the barn, call John at 495-4400 by 4:30 p.m. on the 1st.

Camp Orientation

All 4-H'ers going to Electric Camp or Leadership Camp must attend Camp Orientation 5:30-6:30 p.m., Monday, June 8 at the Extension Office.

4-H Record Books/Project Forms

4-H'ers who plan to prepare Record Books or Project Forms need to come by the Extension Office for current forms. If you participated in any project since last July, you need to turn in a Project Form to be eligible to receive your year pin or a Record Book to be eligible for other county awards. The deadline to turn books or project forms in is July 1.

Deputies report eight arrests

Eight arrests were made in Garza County during the past week, according to sheriff's department records.

On May 22, a 40-year-old male was arrested for driving while license suspended (released the same day on \$1,500 bail bond).

Four arrests were made May 23, including that of a 36-year-old male arrested for displaying a firearm in a public place, discharging a firearm in a public place and public intoxication (released the next day on \$1,500 and \$500 bail bonds); a 22-year-old male arrested for paraphernalia and possession of marijuana/under two ounces (released the next day on \$2,000 bail bond); a 34-year-old male arrested for paraphernalia and possession of marijuana/under two ounces (released the next day on \$2,000 bail bond).

Also on May 23, Martin Rynn Norman, was arrested at his residence for assault by threat. He was released the next day after posting \$500 bail. Mr Norman reported that he objected to deputies invading the privacy of his property without a search or arrest warrant, and in the heat of defending his property rights, after deputies refused to leave his property, Norman allegedly verbally assaulted one of the deputies.

Arrested on May 24 were a 45-year-old male picked up for driving while license suspended (released the next day on \$1,500 bail bond) and a 37-year-old male arrested for DWI/third or more and driving while license suspended (released the next day on \$6,500 bail).

A single arrest came May 25, that of a 21-year-old male picked up for possession of marijuana/under two ounces (released the next day to the Border Patrol).

Lawmen received about 70 calls for service over the past week. They included, on May 22, a two-vehicle accident about 1.5 miles south of Southland on U.S. 84 (injuries were reported and an EMS vehicle and wrecker responded); a stolen boat on 380 West; juveniles popping firecrackers in the 200 block of East 7th; a single-vehicle accident without injuries at the intersection of CR 125 and CR 260 (a truck hit a phone pole); a grass fire northwest of the golf course (fire department notified); and a burglary in the 200 block of West 13th (house reportedly broken into but nothing reported missing).

Calls received on May 23 included a report of a burglary on Avenue F; gunshots fired at Lake Alan Henry; and a house fire in the 500 block of West 13th (fire department notified).

Incoming calls recorded on May 24 included a request for medical assistance in the 1000 block of West 10th (no further details recorded); an automobile accident without injuries (no address given); a grass fire (no location recorded); and a report of criminal mischief in the 500 block of West 14th (back gate kicked in and a cat killed).

Calls recorded on May 25 included a report of a theft in the 200 block of East Main; a broken window on Avenue H; and individuals shooting BBs at a boy on a bicycle in the 500 block of Avenue I.

Authorities were asked to assist a local resident who reported finding a snake in a house in the 800 block of Pine on May 26.

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Obituaries

J.B. Stewart

Private memorial services for retired M/SGT, USAF J.B. Stewart, 74 were held May 23, 1998 in San Diego, California. USAF Honors Ceremony is scheduled for late summer at Fort Rosecrans in California.

Mr Stewart died May 17, 1998 in San Diego, California. He was born August 4, 1923 in Post. He was one of 12 children born to Virgil and Ida Stewart. He married Bernice Kurlich on February 3, 1946 who preceded him in death on February 3, 1979. They had four children. He married Fern J. Kendall on August 4, 1987. His career in the USAF took him around the world.

Survivors include his wife, Fern; two daughters, Terry (Kristi) Hughes of Phoenix, Arizona; Candy Walsh of San Diego, California; two sons, Jerrold Stewart of San Diego, California and Cory Stewart of Phoenix, Arizona; two sisters, Joy Huffaker of Denver City and Janet Hall of Post; and seven grandchildren.

Golden Plains Care Center news

We had so much fun during National Nursing Home Week. United Supermarkets donated a whole bunch of delicious watermelons for our watermelon social, and Billie Jean Cross cooked our hamburger patties for our cook-out.

Alvin Crow the "western swing fiddler" came and performed for us and our very own Danny Guthrie and his son Derek also played. Mr Warren Hardt got up and sang a couple of songs and he did a GREAT JOB.

On Wednesday we all loaded up and went to the park for a picnic. Thanks to Spartan Transportation for giving us a ride.

A big thanks to Danny Guthrie, Joann Robison, Kimberly Bland-McClaran, Valerie Mize, Helen Fields, Betty Garza, Mary Graves, Hector Chapa, Kelly Harris and Billie Jean Cross who took a car full of excited residents and Hector Chapa loaded all the wheelchairs in a trailer and off we went.

The team work I saw during the whole event made me so proud to work with such a wonderful, caring group. We also watched slide show movies and ate popcorn during that busy week.

On Thursday we had our "Senior Olympics" and here are the results:
Bean Bag Toss
 1st place - Jim Taylor (40 ft)
 2nd place - Warren Hardt (36 ft)

3rd place - Sebastian Pena (33 ft)
Wheelchair races - 1st heat
 1st place - Dempsey Zachary (33.58 sec)
 2nd place - Tony Ortiz (43.74 sec)
Wheelchair races - 2nd heat
 1st place - Ione Hughes (10.29 sec)
 2nd place - Roy Sneed (11.00 sec)
 2nd place - Vera McWhorter (11.00 sec)
 3rd place - Una Mae Jackson (10.99 sec)

Wheelchair races - 3rd heat
 1st place - Pink Wilks (42.94 sec)
 2nd place - Mabel Robinson (50.77 sec)
 3rd place - Hadrian Ramirez (1.05.98)

25 ft walk - 1st heat
 1st place - Sebastian Pena (9.88 sec)
 2nd place - Mabel Robinson (18.02 sec)
 3rd place - Pearl Moreman (18.16 sec)

3rd place - Judy Howard (21.43 sec)
 4th place - Dewey Chapman (1.36.22)
25 ft walk - 2nd heat
 1st place - Jim Taylor (4.54 sec)
 2nd place - Marvel Pearson (9.13 sec)

Spelling Bee
 1st place - Ione Hughes
 2nd place - Vera McWhorter
 3rd place - Judy Howard

Shuffleboard

1st place - Warren Hardt (200 points)
 2nd place - Lois Baldree (190 points)
 3rd place - Jim Taylor (130 points)

Everyone did a fantastic job! I would also like to thank Lola Ledbetter and Bert Fluitt for bringing by cookies. They were delicious! Also a big thanks to Patsy Sanderson for bringing by ice cream.

We would like to welcome Una Mae Jackson and welcome back Glenn Pruitt and Jack Brown.

We wish a speedy recovery to Mildred Shumard, Sebastian Pena and Ruth Head. Get well soon!

If anyone happens to have a pair of rubber boots (size 10 1/2) we have a resident who really needs them so he can work out in the flower beds and not get his tennis shoes dirty. Til next week, Bunny

Letters to the Editor

Letters to the Editor Policy: We require all letters to be signed, however, names may be withheld from publication by request. Letters may be edited for brevity, grammar and punctuation.

Thanks to the Dispatch

Thank you for your great coverage of the "Fiddlin' Around" week with Alvin Crow. All of the events were well attended, touching many people in Post with uplifting musical experience.

We also want to express our appreciation to the many, many people who helped in so many ways to make this musical week such a great success. Folklife Committee: JoAnn Mock, Toni King, Jenifer Fumigalli and Jim Plummer

Killer children: One example

This latest round of kids killing kids at school is one everybody expects to be used by organizations like Hand Gun Control to further the anti-gun political agenda. To counter this very likely barrage of propaganda, perhaps the little known similar event here in Huntsville, Alabama might help for the insight it provides.

At the end of February or the first of March of this year, our little town here in the Appalachian foothills was shocked to hear the local late evening news. That afternoon, some young man about 17 or 18 years of age had taken an axe and chopped his parents to death; he then attacked his brothers and sisters, who were mauled badly but survived.

After brutalizing his family, this "kid" hopped into the family car and started driving wildly everywhere. The cops learned of the murders, put out an "all points" bulletin and finally captured the youth while he was driving around. The TV footage showed this wildman being taken into the jail for booking; even though snow was lightly falling, the accused wore no shirt and took the opportunity to spit at one of the TV cameramen.

This was a devil if there ever was one. While our community was in shock, further details about the circumstances of this individual became known. This man came from a deeply religious family with a middle class background.

But in the months prior to this killing spree, he had gotten into satanism, and the signs of such went unnoticed by his parents, who followed the standard school advice for dealing with problem youth: administer RITILIN.

Is it guns, or drugs and satanism?
 Larry Becraft, Huntsville, Alabama

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Spiders and Scorpions

The bad news is there are 21,000 poison species, the good news is only about 50 cause human illness, the ones we are concerned with are the Black Widow and Brown Recluse spiders and the common scorpion.

The Black Widow spider has a black body with red spots or an hourglass shape on its belly. Like all spiders and scorpions they are usually timid, however the female is aggressive when guarding her eggs. Its bite is initially only a pin prick sensation followed by some mild redness and swelling, similar to any insect bite. Later crampy pain develops in the area of the bite, which can spread to the entire body. Severe reactions may cause muscle cramping of the abdomen and even respiratory compromise.

Brown Recluse spiders are tan to dark brown and about 1 inch in diameter. It has a characteristic violin shaped darker area on the back. The bite is usually painless or only mild burning. Within a few hours pain develops, followed by a blanched area on the skin and then a small blister may form. This area can spread over days or even weeks becoming darker in the center and turn to an enlarging open sore as the surrounding tissue dies. Occasionally systemic symptoms may cause respiratory, blood or kidney problems.

The scorpion common to W. Texas is a clear, tan color and about 2-3 inches long. Its sting is very painful for 30-45 minutes, followed by some localized numbness and tingling. There may be a metallic taste in the mouth and flu like symptoms that resolve in 24 hr.

Most encounters with spiders and scorpions are accidental as they all prefer habitats that are not frequently disturbed such as, barns, basements, attics or closets.

Most bites from insect's just call for some watchful waiting, good washing of the area and perhaps a little Benadryl. However, if you think you have been bitten by one of the above or have any of the symptoms mentioned, you should contact your medical provider, at the very least you may need to up date your tetanus and/or receive antibiotics. The very young and very old and those with underlying medical problems are always more at risk.

Michael Travis PA-C

More Post Notes

Christian School enrollment

Those parents who are interested in enrolling students for the First Baptist Christian School for the 1998-99 school year may do so now.

Early registration is suggested, classes are filling up quickly. The school has openings for those in grades kindergarten through second and preschool classes, ages three and four (must be three or four before September 1).

Registration fees, birth certificates, immunization records, social security numbers and previous school records are required upon enrollment. Call the First Baptist Church for more information at 495-3554 or visit the church at 402 W. Main. The school is a member of the Association of Christian Schools International.

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- | | |
|---|------------------------------------|
| Assembly of God | |
| First Assembly of God (Spanish) | 407 May St. |
| Baptist | |
| Calvary Baptist Church | 210 E. 6th, 495-2342 |
| First Baptist Church | 402 W. Main, 495-3554 |
| First Baptist Church, Wilson | 628-6333 |
| Pleasant Home Baptist Church | E. 14th & N. Ave F |
| Templo Bautista | 315 W. Main, 495-2416 |
| Trinity Baptist Church | 915 N. Ave O, 495-3038 |
| Justiceburg Baptist Church | Justiceburg, Don Blackcock, pastor |
| Catholic | |
| Holy Cross Catholic Church | Ave. K and Main St., 495-2791 |
| Disciples of Christ | |
| First Christian Church | 812 W. 13th, 495-3716 |
| Church of Christ | |
| Church of Christ | 108 N. Ave. M, 495-2326 |
| Graham Chapel Church of Christ | 5 miles W. Hwy 380, 2 miles south |
| Church of God | |
| Church of God of Prophecy | 602 W. 14th, 495-3644 |
| Power House Church of God and Christ | Pine Ave. |
| Lighthouse Christian Center Church of God | 314 N. Ave I, 495-2237 |
| Church of the Nazarene | |
| Church of the Nazarene | 202 W. 10th, 495-3044 |
| Grassland Nazarene Church | 327-5656 |
| Non-Denominational | |
| Church on the Go | 113 W. Main, 748-7623 |
| United Methodist | |
| First United Methodist Church | 216 W. 10th, 495-2942 |
| Graham Chapel United Methodist Church | 495-3492 |
| Presbyterian | |
| First Presbyterian Church | 910 W. 10th, 495-2135 |

If I despise my neighbor

by Pastor Jose A. Payano, United Church of God of Prophecy

Luke 18:1-9
 And he spake this parable unto certain which trusted in themselves that they were righteous, and despised others:

Two men went up into the temple to pray; the one a Pharisee, and the other a publican. The Pharisee stood and prayed thus with himself, "God, I thank thee, that I am not as other men are, extortioners, unjust, adulterers, or even as this publican. I fast twice in the week, I give tithes of all that I possess." And the publican, standing afar off, would not lift up so much as his eyes unto heaven, but smote upon his breast, saying, "God be merciful to me a sinner."

I tell you, this man went down to his house justified rather than the other: For every one that exalteth himself shall be abased; and he that humbleth himself shall be exalted.

Matthew 13:47-51
 Again, the kingdom of heaven is like unto a net, that was cast into the sea, and gathered of every kind; Which, when it was full, they drew to shore, and sat down, and gathered the good into vessels, but cast the bad away. So shall it be at the end of the world: The angels shall come forth, and sever the wicked from among the just, and shall cast them into the furnace of fire. There shall be wailing and gnashing of teeth. Jesus saith unto them, "Have ye understood all these things?" They say unto him, "Yea, Lord."

Proverbs 14:21
 He that despiseth his neighbor sinneth: but he that hath mercy on the poor, happy is he.

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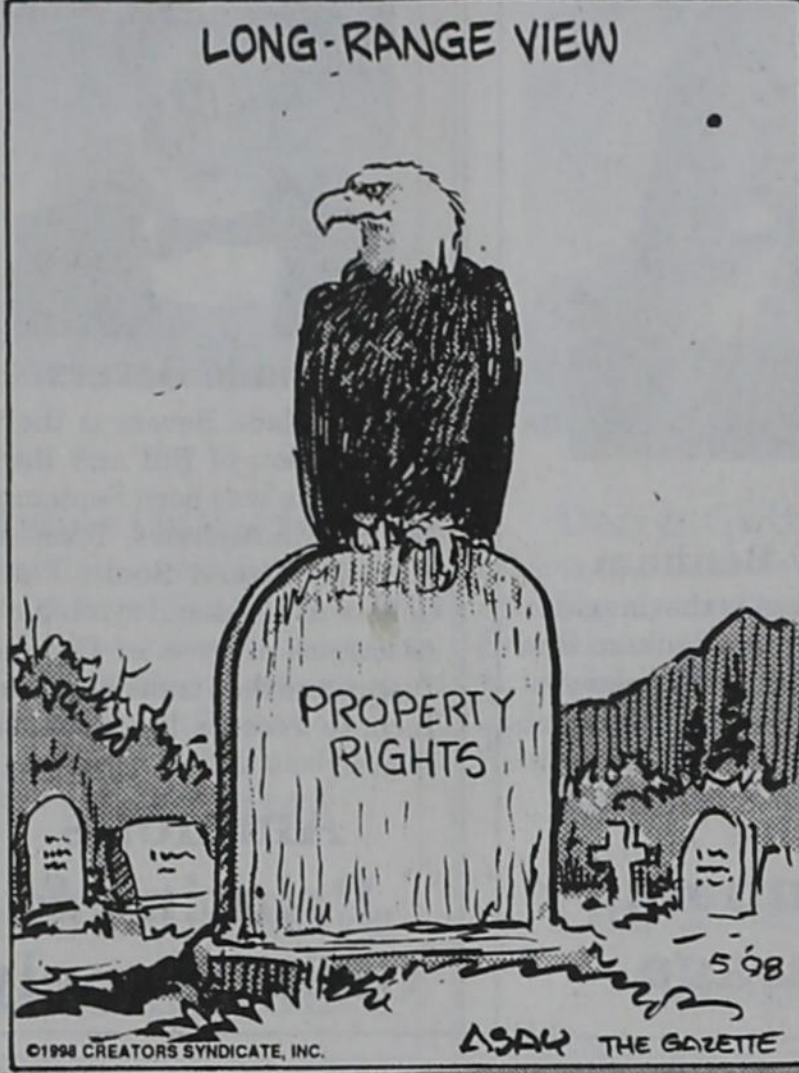
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Opinions

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CLOSE-UP VIEW



LONG-RANGE VIEW

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GOP backs down again...

by Vin Suprynowicz



For a moment last week, it appeared a few congressional Republicans had remembered why they were sent to Washington.

First, there are President Clinton's strong approval ratings in the public opinion polls. Add to those the relentless badgering of left-wing activists in the East Coast media — anxious to label any minor divergence from welfare-state orthodoxy as a sure sign the ruthless Republicans will soon be murdering orphans and oldsters in the streets — and you have a recipe for paralysis among a party that, four years ago, swept to power on a dynamic (for Washington) platform of government cutbacks, lower taxes, and more freedom for Americans to conduct their private lives as they see fit.

For a moment, recovery seemed at hand, as House Budget Committee chairman Rep. John Kasich, R-Ohio, issued a draft, \$1.7 trillion 1999 federal budget that actually called for — gasp! — a 1 percent reduction in federal spending.

But Speaker of the House Newt Gingrich — the one whom the Washington press corps keeps reviling as such a rabid slasher — immediately dubbed the proposals "neither desirable nor attainable."

Faced with wailing and lamentations not just from Democrats, but from his own Speaker and other GOP "moderates," Rep. Kasich retreated on March 14, and withdrew his "radical" outline.

What were the radical measures proposed by Congressman Kasich? Did he propose eliminating the IRS and its income tax and replacing it with nothing at all — allowing the federal government to eke out a living on excise taxes alone, as it successfully did for most of its first 125 years?

He did not ... although that is precisely the kind of bold proposal that might successfully reposition the "middle ground" in the much-needed debate over federal expansion and usurpation.

Did Mr. Kasich propose shutting down the huge (and constitutionally unauthorized) bureaucracies at the federal departments of Education, Labor, Housing and Urban Development, and Health and Human Services?

Why, no. Although the nation would doubtless be better off without these counterproductive boondoggles, Republicans have learned the hard way that the ululating chorus of the Washington media will promptly join the Democrats in simpering that to touch a hair on the head of these agencies would render America's precious children homeless, diseased, and illiterate ... and probably condemn them to spend their lives laboring in sunless coal mines, to boot.

No, the only federal departments which Budget Chairman Kasich

proposed to eliminate were the useless offices of Energy and Commerce.

And here I thought it was the Republicans who always wanted to subsidize industrialists, oil-shale miners, agribusiness conglomerates, and international glad-handers.

One would think Democrats — always seeking to divert any talk of budget cuts into a discussion of "corporate welfare" — would have raced to embrace these minor and overdue prunings.

The Kasich proposals called for \$100 billion in new savings over five years, mostly by reducing the rate of growth of domestic programs. A projected \$6.6 billion would have been trimmed from food stamps; \$4.8 billion would have been saved by allowing states to limit spending under Medicaid. A further \$2.7 billion would have been snipped by eliminating "earned-income" payments to low-income workers without dependents.

The Kasich budget would have ended \$6 billion in synthetic coal and shale oil tax credits, and eliminated the AmeriCorps salaried "volunteer" program (a Clinton favorite) and the Corporation for Public Broadcasting. Kasich would also have rolled back the so-called income tax "marriage penalty."

President Clinton would likely have vetoed such measures, of course. But Rep. Kasich, a potential year-2000 presidential contender, touted the plan as a way for Republicans to draw sharp contrasts with the president next fall, when control of the House will again be at stake.

"Earlier this year, President Clinton called for increased spending, increased government and increased taxes — something we all know the American people have rejected," read a section of Mr. Kasich's proposal. "Therefore, we decided to commit our budget this year to those goals that will give something back to America's families, instead of taking more away from them."

But that was before Rep. Kasich turned tail, of course, scrapping his 47-page proposal.

Though hardly radical, the Kasich plan might have recaptured some of the vision and vigor which caused Americans to so overwhelmingly embrace the GOP "Contract with America" four years ago.

Instead, the Nerf Republicans have once again folded up their meager tents, and snuck away in the night.

Vin Suprynowicz is the assistant editorial page editor of the Las Vegas Review-Journal. Readers may contact him via e-mail at vin@lvj.com. The web site for the Suprynowicz column is at <http://www.nguworld.com/vindex/>. The column is syndicated in the United States and Canada via Mountain Media Syndications, P.O. Box 4422, Las Vegas Nev. 89127.

And thereafter, growth and government

by Walter E. Williams

James Gwartney and Randall Holcombe, economics professors at Florida State University, and Robert Lawson, an economics professor at Capital University in Columbus, Ohio, have just completed a report for Congress' Joint Economic Committee. The title is "The Size and Function of Government and Economic Growth."



The report points out, as just about every American knows, the expansion of the U.S. economy has now moved into its eighth year. It's been 15 years since a major recession. That's the good news.

Despite this performance, the real rate of economic growth during the 1990s is less than half that achieved in the 1960s. In fact, our average rate of growth has fallen during each of the last three decades.

Greater economic stability, but less rapid growth, has also been the pattern of other developed nations. Gwartney, Holcombe and Lawson, using data from 60 nations, produce convincing evidence that there's a strong negative relationship between the size of government, increases in government expenditures and economic growth.

In the case of our country, the authors conclude: If government expenditures, as a percent of gross domestic product (GDP), had remained at their 1960 level, the 1996 GDP would have been \$9.16 trillion instead of \$7.64 trillion. That translates into \$23,440 in additional income for the average family of four.

The authors also compared developed countries with the smallest increases in the size of government between 1960 and 1996 to those with the largest increases and looked at their growth rates. In 1960, government spending as a percentage of GDP in the United States, Iceland, Ireland, United Kingdom and New Zealand averaged 28.9 percent. The growth rate for those countries in 1960 averaged 4.3 percent. In 1996, government spending in those countries rose, averaging 39.1 percent, and their growth rates fell, averaging 2.7 percent.

Developed nations with the largest increases in government size between 1960 and 1996 were Portugal, Spain, Greece, Finland, Sweden and Denmark. In 1960, those governments spent an average of 28.1 percent of their GDP, and their growth rates averaged 6.4 percent. In 1996, government spending averaged 54.5 percent of GDP, and their growth rates fell to an average of 1.2 percent. From their statistical estimates, Gwartney, Holcombe and Lawson show that for each 10 percent increase in government spending, there's a 1 percent decrease in the rate of growth.

The authors are not anarchists; they acknowledge an important critical role for government, namely that of providing the legal and physical infrastructure for the operation of the market and a limited set of public goods to provide a framework conducive to economic growth.

As governments move beyond these core functions, however, they adversely affect economic growth through the disincentive effects of taxation, diminishing returns as government takes on activities for which it is ill-suited and government interference with the wealth-creation process. Governments aren't as effective as markets in adjusting to changing circumstances and discovering innovative production methods.

The Gwartney, Holcombe and Lawson study understates government size because it doesn't take into account its regulatory burden. But even with this minor shortcoming, will the study's persuasive argument and evidence lead Congress to reduce government size? I doubt it.

The reason is that it is impossible for any of us to know or appreciate how much wealthier we would have been had government expenditures remained where they were when John Kennedy was president. In other words, how can a family of four know that it is \$23,440 poorer because of Washington and its state and local governments?

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Choosing when to obey the law and when not to obey it

by Wesley W. Burnett

It seems to me that one of the most serious problems infecting this nation is the overwhelming evidence that elected and appointed government officials selectively obey the law. When it is convenient, or it satisfies the need to control people, then the law is adhered to with great vigor, but when the law stands in the way of political agendas, then it is simply ignored.

And when this happens, what recourse do ordinary citizens have? What method of redress of grievance is available? Except for the ballot box, there is none. Public officials who violate their oaths of office, or openly violate the law, are not easily subjected to the same judicial system which slams the rest of us with fines or jail time.

The "exempt" tags on the back of those government vehicles is not the only protection they have against aggrieved citizens... the "good ole boy" judicial system also kicks in when anyone tries to demand law and order be observed by government agents.

I recently called the Texas Secretary of State to inquire about this very issue... "well, the thing to do is take the evidence to your district attorney," I was told. Accusation of wrong-doing by fellow politicians is not going to get very far in this system. No grand jury is going to hear the evidence unless the district or county attorney present the charge. You or I can not take charges to the grand jury. The system is stacked in favor of government agents.

It's time we "subjects" demand government agents adhere to the law, not just the parts they like. Perhaps some day we will elect and appoint people to government service who will take their oaths of office seriously. Failing that, a new constitution which holds government agents accountable is in order.

What law requires privately owned vehicle registration?

by Wesley W. Burnett

In the continuing saga of trying to determine the lawful requirement to register privately owned vehicles, I am pleased to report that County Attorney Leslie Acker responded to my written request for information.

The answer Mr Acker provided did not specify any law requiring vehicles owned by private individuals to be registered. In the letter, the county attorney said that I was incorrect by stating that "only" government units were affected, because the word "only" does not appear in the Chapter 501.004:

"(a) This chapter applies to a motor vehicle owned by the state or a political subdivision of the state."

Significantly, Mr Acker did not refer to Chapter 502.002, which is often cited by ill-informed government agents as the code section demanding registration. But registration of vehicles is tied directly to Chapter 501.

No motor vehicle may be registered by the state if there is no state approved certificate of title. All of the statutes dealing with operation of motor vehicles depend on Chapter 501 (Certificate of Title Act) for enforcement.

So, if you own a motor vehicle which has no lien attached to it, you are not required by law to apply for a certificate of title with the state. And if you do not have a certificate of title with the state, you will be unable to apply for registration of your vehicle.

The question is quite simple... what law requires a motor vehicle owned by a private individual (not by a government unit) to be titled by the state in the form a certificate of title? If there is such a law, why have State Senator Robert Duncan, State Representative David Counts and City Attorney Harvey Morton not responded to my inquiries? Why has our county attorney failed to cite the law which requires this action?

Mr Acker said that I "disregarded the purposes of these laws." The fact is, since the law does not specify that I am one who is bound by it, why do I care what the purpose of it is? Maybe I'm just a bit slow, but I can not see why I need to bother with a law doesn't apply to me.

That's why I want to see the law that says something like this: "All motor vehicles owned by any person or organization in Texas is required to apply for a Certificate of Title with the state and register the vehicle in accordance with Chapter 502."

In an attempt to expand the meaning of the law, Mr Acker implies, but does not say so, that since the word "only" is not in Chapter 501.004, that I am included. I responded to this line of reasoning by quoting several U.S. Supreme Court decisions on the "plain meaning" rule of law and added:

"Mr Acker, if I wrote a contract with you, and the very opening of the contract specified that this contract applies to Leslie C. Acker and Wesley W. Burnett, isn't it clearly a matter of law that this contract would not apply to anyone other than those stated in the contract?"

It is absolutely absurd to expect people to guess as to who the law applies to and who it doesn't apply to, when the statute itself says directly that "This chapter applies to a motor vehicle owned by the state or a political subdivision of the state." Who else does it apply to? The statute doesn't say... the law must clearly state who it applies to, otherwise, how is anyone to know for sure who is affected by the law?

So, I will continue to seek the answer to a really quite simple question: what law requires the application of a certificate of title for a motor vehicle not owned by the state or a political subdivision of the state?

Is there anyone in government who can answer this simple question?

Local Government Meetings

Monday, June 2

• Post City Council, 6:30 p.m., City Hall.

Monday, June 8

• Garza County Commissioners' Court, 9 a.m., 3rd floor courthouse.

Tuesday, June 9

• Post ISD board of trustees, 7:30 p.m., administration building.

Thursday, June 11

• Garza Hospital District board of directors, 7 a.m., board meeting room, old hospital building.

Congratulations Class of '98



Amanda Pierce

Amanda Jo Pierce is the 18 year old daughter of Elaine and George Pierce. She was born March 1, 1980 in Rotan. She plans to attend South Plains for two years and then move to Houston and attend the University of Houston Clear Lake. In those four years I plan to major in teaching and counseling.

Rowena Pierce



Natalie Pollard

Natalie Pollard is the 18 year old daughter of Jay and Sherry Pollard. She was born in Lubbock. She plans to attend Hardin Simmons University in the fall and major in Biology and then she will go on to medical school at Texas Tech.

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Evangelina Quinonez

Evangelina Quinonez is the 19 year old daughter of Ricky and Eva Quinonez. She was born in Slaton. She plans on working for about a year, then plans to attend WTC to become an LVN or to attend IBC.

REEF CHEMICAL



Ricky Quinonez

Ricky Quinonez is the 17 year old son of Ricky and Eva Quinonez. He was born in Slaton. He plans to attend South Plains college for a couple of years and then transfer to West Texas A&M College in Canyon. He then plans to be a band director in a school about as big as Post High School.

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Javier Ramos

Javier Francisco Ramos is the 19 year old son of Tony Ortiz and Marie Ortiz. He was born in Mexico. His future plans are to attend South Plains College and major in Auto Tech and get certified and work for an auto company.

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Katrina Reed

Katrina Reed is the 19 year old daughter of R.C. and Helen Curtis. She was born in Slaton. Her future plans include finding a job that will help her pay for college. She plans on majoring in child care.

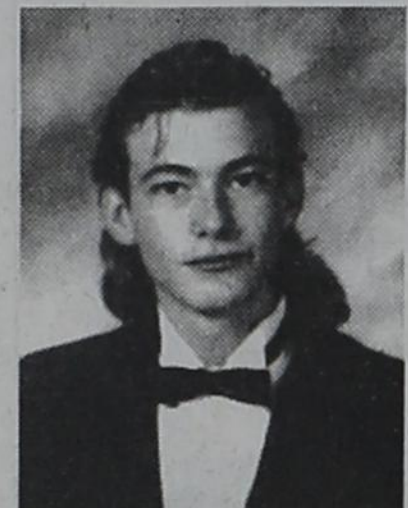
South Plains Answering Service



Nicole Reed

Nicole Reed is the 17 year old daughter of Helen and R.C. Curtis. She was born in Slaton. Her future plans are to attend South Plains College to become an RN.

Dickens Electric Cooperative Inc.



Robert Reiter

Robert Reiter is the 16 year old son of Debbie Jenkins and Robert Reiter. He was born in Lubbock. He intends to wait until next year and begin going to college at South Plains in Lubbock. I would like to be a mechanic now, and later go into diesel mechanics and auto body repair.

Ira Pump



Veronica Rivera

Veronica Lynn Rivera is the 18 year old daughter of David and Rita Rivera. She was born in Lubbock. She plans to attend South Plains College to be a social worker and then she plans to get married.

B&B Backhoe



Andrea Rodriguez

Andrea Rodriguez is the 17 year old daughter of Tony and Angelina Rodriguez. She was born in Lubbock. She plans to attend the University of Texas at El Paso and major in Physical Therapy. Later on, begin a family of my own and live a happy life.

Holly's Drive-Inn



Patsy Romero

Patsy Renee Romero is the 18 year old daughter of Carlos and Mary Romero. She was born in Post. She plans on attending International Business College and majoring in the business field. She then plans on majoring in cosmetology.

Twins Fashions



Ana Sanchez

Ana Sanchez is the 17 year old daughter of Laura Lopez. She was born in Chicago, Illinois. She plans on attending South Plains College to be a flight attendant.

El Matamoros Restaurant



Miquel Sanchez

Miquel Sanchez is the 19 year old son of Laura Lopez. He was born in Chicago, Illinois. His future plans are to attend South Plains College in Levelland or the college in Amarillo. If this doesn't work I plan to work with my uncle in his company.

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Cassie Short

Cassandra Short is the 18 year old daughter of Johnny and Lea Hair and Mike and Laura Short. She was born in Lubbock. She plans to attend Angelo State University where she will major in pre-veterinarian medicine. She some day hopes to become a successful veterinarian.

Jimmy and Hildegard Marlin



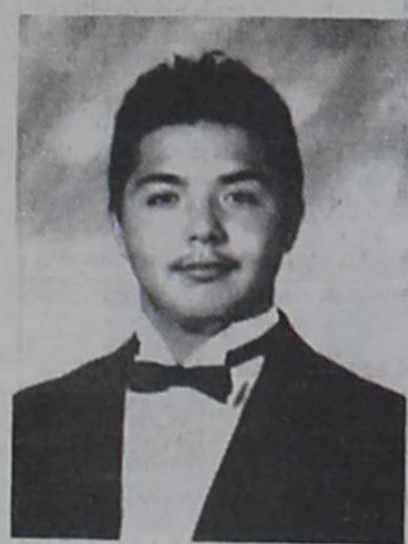
Christa Soto

Christa Soto is the 17 year old daughter of Kevin and Cheri Dixon and Frank Soto. She was born in Victoria. Her future plans are undecided at this time.

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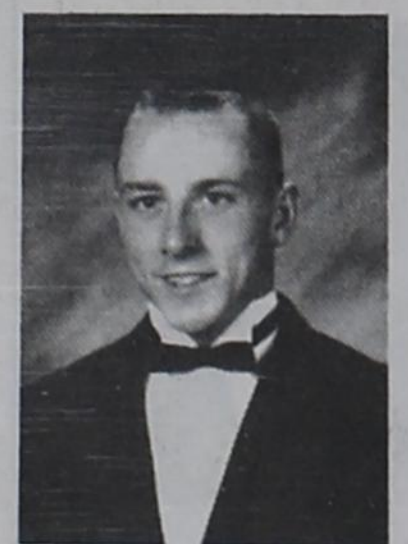
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Domingo Soto

Domingo Soto is the 19 year old son of Frank Soto and Kevin and Cheri Dixon. He was born in Post. He plans to attend a junior college and become a phlebotomist and then attend a four year college and get a degree as a Lab Technician.

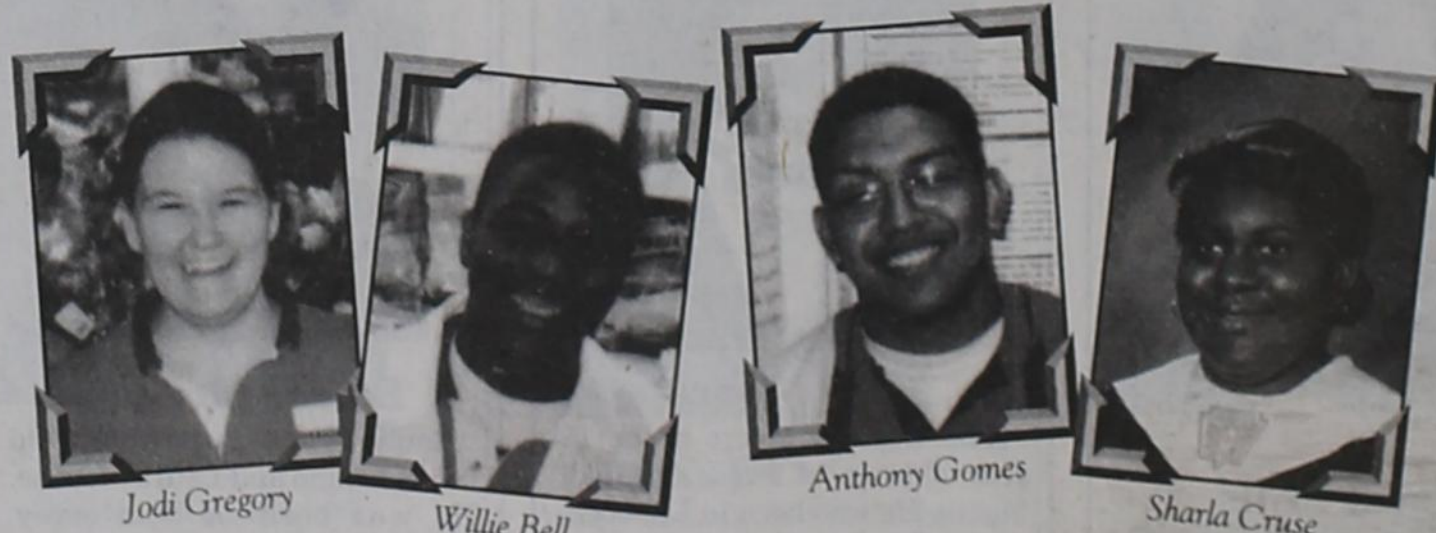
The Post Dispatch



Sam Woods

Sam Woods is the son of David and Trena Woods. He was born in Post. He plans to attend Angelo State University where he will receive a degree in pre-dental school. He also plans to play football for Angelo State Rams.

LD's Daughters CAFETERIA



Jodi Gregory

Willie Bell

Anthony Gomes

Sharla Cruse

United Supermarkets

123 N. Broadway • Post

Southland High School



Jaime Anaya

Jaime Anaya is the son of Cleatus Anaya and Cruz Goven. He was born in Lubbock. He plans to attend LCU and major in Agriculture and hopefully play basketball at LCU.

**Hackberry
Coop Gin**



Victor Ayala

Victor Ayala is the 19 year old son of Patty and Victor Ayala. He was born in Post. He plans to attend Frank Phillips College then transfer to Texas Tech and major in Secondary Education.

**Hackberry
Coop Gin**



Jennifer Hubble

Jennifer Hubble is the 17 year old daughter of Kathie Nelson. She was born in Graham. She plans to attend Frank Phillips College then transfer to West Texas A&M and major in Secondary Education.

**George's
Restaurant**



Norma Maldonado

Norma is the daughter of Angie and Daniel Maldonado. She was born in Lubbock. She plans to marry Emilio Flores and attend a two year college after her baby is born.

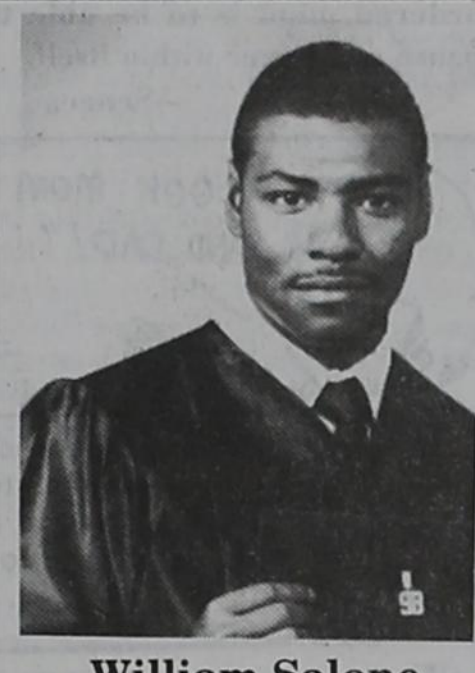
**The Post
Dispatch**



Lora Olive

Lora Olive is the 18 year old daughter of Bennis and Mary Olive. She was born in Post. She plans to attend South Plains and then transfer to Texas Tech majoring in medicine.

**Thompson &
Thompson
TK, Denise & Jill**



William Salome

William Darnell Salome is the 18 year old son of Sylvia Green. He was born in Victoria. He plans to study contracting and construction at the junior college level.

**Southland
Hardware**

Neighbor to Neighbor

by Kelly Ahrens, CEA-FCS

International Pickle Week!

Peter Piper picked a peck of pickled peppers and they were probably in preparation for a party for Pickle Week! Many people consider the three-day Memorial Day weekend the official beginning of summer. But since 1948, what has actually signaled the start of the warm weather season is International Pickle Week.

This purposefully preposterous annual observance, initiated by Pickle Packers International, lasts a full ten days to include two weekends. During this time pickle lovers everywhere get to go public with their passion for the prince of pickled products.

Americans consume over 29 billion pickles each year. If all those pickles were placed end-to-end, they would reach the moon and back 8.25 times. (But don't worry, that will never happen. Americans would never give up their pickles for such a ridiculous purpose!) Dill pickles are the most popular type of pickle, followed by sweet pickles. (Pickled peppers are hot too....)

The top ten prime pickle-producing states are California, Colorado, Florida, Indiana, Michigan, Ohio, North and South Carolina, Texas, and Wisconsin. Pickle production has increased 50% in the last five years.

Good pickles have an audible crunch at 10 paces. This can be measured at *crunch-offs* using the scientific device known as the Audible Crunch Meter. Pickles that can be heard at only one pace are known as denture dills. Pickles are fat-free and low in calories. An average size dill contains 15 calories. Pickles are most often used as a sandwich accompaniment, but they are also popular eaten as a snack straight from the jar. (Don't be silly, reach for a dilly!)

Pickling is one of the oldest methods of food preservation, discovered at the dawn of civilization, thousands of years ago in Mesopotamia. A history lesson for the pickle enthusiast!

*About 200 B.C. - Aristotle commends the healing properties of cured cucumbers.

*100-30 B.C. - Believing they made her more beautiful, Cleopatra eats pickles regularly. Julius Caesar shares pickles with his army.

*800 A.D. - In France, cucumbers are grown in Charlemagne's garden.

*1492 - Columbus brings pickles to the New World. They were supplied by Amerigo Vespucci to prevent sailors from getting scurvy.

*1611 - Shakespear writes in "The Tempest:" "I have been in such a pickle since I saw you last." (Act V, Scene 1) Ever since then, the phrase "in a pickle" has meant to be in a perplexing predicament.

*1659 - In what is known as Brooklyn, Dutch farmers sell sour pickles from market stalls, beginning the nation's commercial pickle industry.

*1776 - George Washington, John Adams, Thomas Jefferson and Dolly Madison are all revolutionary pickle enthusiasts.

*1804-14 - Napoleon believes pickles are health-giving and orders his chef to serve them to the troops. Legend has it the Battle of Waterloo was lost on a day he forgot the pickles.

*1819-1901 - Queen Victoria is a royal fan of pickles and snacks on them often. TODAY - How do YOU promote pickle progress?

Remember, a picnic with pickles is a perfectly dill-ightful way to celebrate the summer season!

Extension programs serve people of all ages regardless of socioeconomic level, race, sex, color, religion, disability or national origin.



MAD DADS plans first full summer season

MAD DADS has some big plans for its first full summer season in Post.

"We're just trying to work things out," said MAD DADS' Rodney Tidwell. "This is our first time during the summer and we're trying to get it worked out to where we can give local kids some fun things to do."

Summer activities planned by MAD DADS organizers include:

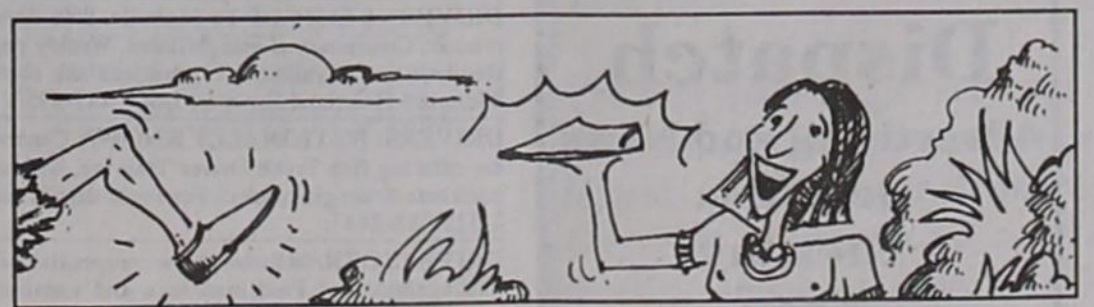
- Saturday Night Movie Night, to be held every other Saturday night beginning at 8 p.m. at Da House. Participants will be treated to a special movie screening as part of this newly-organized activity.
- A street dance (no date set yet).
- Sometime in July, MAD DADS supporters plan to take a group of local youths to The Ballpark in Arlington to watch a Texas Rangers baseball game. Youths who participate in MAD DADS fundraisers will be eligible to participate.
- The creation of a sand pit volleyball court at the city park.
- Possible expansion of hours at Da House.

Tidwell said MAD DADS is working closely with the local summer recreation program and the municipal pool in an effort to provide safe and fun activities for local youths. However, MAD DADS does not have any swim parties scheduled this summer as were scheduled last year. Such activities are costly, Tidwell said, and MAD DADS currently does not have the funds to cover such activities.

In addition to the above activities, MAD DADS is also organizing a summer job program for local teens. The purpose of the program is to pair up local youths interested in handling odd jobs with local business people and residents who have such work available. Monies raised through such jobs will not go to MAD DADS, but rather to the youth or youths handling the work, Tidwell said.

Anyone interested in assisting with the ongoing operations of MAD DADS or in listing a job with the work program should contact the organization at 495-1244.

MAD DADS officials also plan to spend a lot of time this summer working on writing grant applications. Any grant monies received through this application process would be used to help expand the Da House facility. Along with working on grants, the organization's supporters also plans to continue its signature street patrol program.



The original users of rubber were the Mayan and other Latin-American Indians. They made rubber shoes by dipping their feet in latex and letting the latex dry on them.

Military News

Navy Petty Officer 3rd Class Carey S. Quisenberry, whose wife, Amanda, is the daughter of Ricky and Judy Bush of Post, recently returned from a six-week deployment to the Eastern Atlantic Ocean and Mediterranean Sea while assigned aboard the amphibious command ship and Commander, U.S. Second Fleet flagship, USS Mount Whitney, homeported in Norfolk, Virginia.

Quisenberry was among 50,000 service members from 15 NATO and 10 Partnership for Peace (PFP) nations who participated in the NATO Exercise "Strong Resolve '98". Conducted in the surrounding seas and airspace of Norway, Portugal and Spain, the multinational live exercise tested the full spectrum of NATO missions. It was the first large-scale exercise presenting two simultaneous crises in separate geographic regions.

The 1996 graduate of Tahoka High School joined the Navy in August 1996.

Woman's Culture Club

Woman's Culture Club Social Committee members Ruby Kirkpatrick, Iva Hudman and Jan Acker were hostesses for a luncheon at Hotel Garza, Wednesday, May 13 at 1 p.m.

Peggy Smith, club president offered the blessing and presided over the business meeting.

Jane Mason and Howard Hopkins of Lubbock provided luncheon music. Howard played guitar accompaniment for his and Jane's solos and duets. They sang old familiar songs that we all love and enjoy.

New officers for the club years 1998-99 and 1999-2000 were installed by Donna Craig, outgoing Caprock District president. New officers are: Jan Acker, president; Maxine Earl, first vice-president and program chairman; Peggy Smith, second vice-president; Iva Hudman, treasurer and corresponding secretary; and Jona Jones, recording secretary.

Those attending the luncheon were guests Jane Mason, Howard Hopkins, Jane Davis, Sue Maxey and Janet Hall and members: Peggy Smith, Jan Acker, Donna Craig, Nona Lusk, Maxine Earl, Yvonne Kennedy, Iva Hudman, Jona Jones, Ruby Kirkpatrick, Bebe Boren, Dorace Wilson and Katharine Trammell.

Judy's Jabberin'

By Judy B. Bush



It is really nice to be back this week! Let me just start off this time by letting each and everyone of you know how much all of your calls, cards and prayers meant to me. I think that everyone has a tendency to take life and all the wonderful things that go with it for granite. Well let me tell you, as I'm sure many other people know, that when a Dr. mentions the word tumor, your whole world turns up side down.

I am a very lucky person, as all of the test have turned out o.k. I am blessed with a wonderful husband and family, a great extended family in Wes, Pat and Barbie, a wonderful church family and many, many friends that have been there for me. I love you all!!

I want to send a special get well message to Alma Williams. She took a tumble off the porch, and a broken hand has been the result. She knows I love her and hope she is up and bouncing soon.

The Fluitt clan had a mini reunion Saturday the ninth at the Graham Community Center. Everyone enjoyed a good visit and lots of good food. Those attending were: Lucille Bush, Ricky and Judy Bush, Jerry and Judy Bush, Trevah and Daniel Yarbrough, Traci Freeman all of Post, and Kevin and Devron Crispin of Dallas.

Harold and Jeneice Reno of Post, Maurice and Dorris Fluitt and Kim Winn of Bowie, Delwin and Cathy Fluitt, daughter Belinda and her 3 sons. Tom Fluitt, Johnny and Dorothy Fluitt all of Houston, Bob Fluitt and daughter Shelly of Dallas, W.O. and Bert Fluitt of Post, Norman and Nadine Jones of Lubbock, Marion and Nell Matthews of Post, their daughter and son-in-law Gail and Larry Gilbreth of Meadow and grandson Dillon, Chester and Batchie Morris and Lanny Fluitt all of Post.

I wanted to send a special congratulations to Nancy Morris. She graduated from South Plains in Levelland May 15. Nancy will continue on at Texas Tech this next fall, but I'm embarrassed because I cannot remember her major! Sorry Nancy.

Also, Lucie Rodriguez, a 1992 graduate from Post High, received her BA degree May 16 from Wayland Baptist University in Plainview. Congratulations to you Lucie.

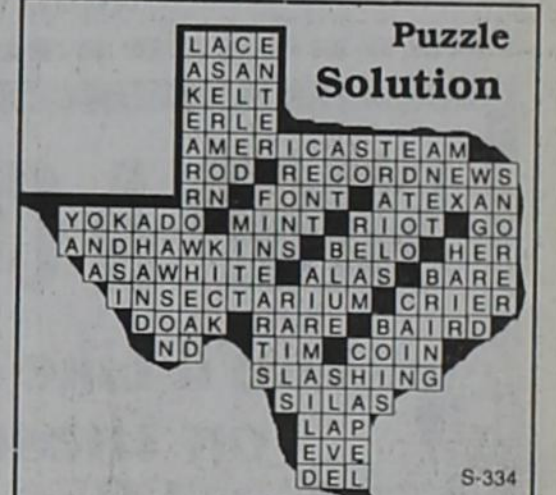
I missed lots of birthdays last week, so I am including them this time: Thursday May 21: Brandon Martin and Don Alaway. Saturday May 23: Robby Gossett, Jason Lee Howard, Guy Nelson, Carmen Forrer and Shanna Pennell. Sunday May 24: Cecil Martinez, Sr., Donna Baker and Bobby Heckaman. Monday May 25: David Stelzer and Robert Soto. Tuesday May 26: Patricia Albert. Wednesday May 27: Chad Pate. Thursday May 28: L'shea Clary, Steffi Norman and Amy Flores. Friday May 29: Jo Ann Stelzer and Woodrow Bishop. Saturday May 30: Jeff Hood, Todd Irato and Justin Levario. Sunday May 31: Talina Bird, Katie Colvin, and Kamdon Baker.

Monday June 1: Jennifer Hubble, Hildegard Marlin, Bill Bevers, Corey Cruse and Angelia Tobias. Tuesday June 2: Reece Belongia and Susan Fumagalli. Wednesday June 3: Tamara Mason, Angela Robinson, Cathy Courtney, Ashley Hair, Lauren Webb and Jeni Irato.

Anniversaries: Friday May 22: Bill and Joy Pool. Sunday May 24: Leslie and Diana Looney and Tommy and Rosemary Cole. Saturday May 30: James and Debbie Morris. Monday June 1: Michael and Phyllis Robertson. Tuesday June 2: Jerry and Cindy Taylor.

I want to take this time to congratulate all of the Post High Seniors! You all have had a wonderful year and I know that the best times are ahead of you. Best wishes to you all!

Guess that is all for this week. Remember this is Old Mill Trade Days weekend. Go out and enjoy the weather. Let's all pray for a little rain tho, we have lots of farmers out there that need it. God willing, see you next week.



Citrus fruits are grown in greater quantity than any other fruit in the United States.

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Ribeyes Cooked on the Grill
Bar-B-Q • Mexican Food • Fried Catfish
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Hurry -- this sale ends May 31, 1998 -- so call or come by Lyntegar Electric Cooperative today for details, for a free demonstration or to pick up your equipment.

Call 998-4588

Lyntegar Electric Cooperative, Inc. is an authorized programming dealer for Golden Sky Systems, Inc., formerly DSTV.



Memorial Day Services at Terrace Cemetery this year were again hosted by members of the VFW Post 6797. Post commander Chuck Ratliff lowered the flag to half mast as other VFW members salute. Paul D. Jones offered was guest speaker for the event, pointing out the sacrifices veterans have made in defense of the nation.

Yesteryears

by Pat Burnett

June 1, 1988
10 Years Ago

Eric Reece, graduating senior, received the Faculty Benevolent Fund Scholarship and the Ladd Memorial Scholarship...Chief Frank Runkles recently received the Boy Scout Order of Arrowmen Committee Founder's Award...Terrell and Addie Brown received the "Yard of the Week" honors this past week...Mike McClellan caught a 12 lb. 12 oz. bass at the Houston County Lake.

June 1, 1978
20 Years Ago

Happy Birthday today goes to Mrs. Ralph Kirkpatrick, Reba Jones, Mrs. Linda Foster and Sone Bustos...Jennie Lee Benton was hit by a car Monday. She received minor bruises and lacerations... "Star Wars" was the theme for a birthday party honoring Richard Hudman on his seventh birthday last Tuesday...

May 30, 1968
30 Years Ago

Peter Morales signs a letter of intent to attend Baylor University on a four year track scholarship...Miss Jennifer Nance Wilson of Galveston is visiting her grandparents, Mr and Mrs C.R. Wilson...This week at the Tower Theater you can see "Stay Away, Joe" with Elvis Presley, Burgess

Meredith and Joan Blondell, "The Sons of Katie Elder" with John Wayne and Dean Martin and "Red Line 7000" a hot racing movie with James Ward and Marianna Hill.

May 29, 1958
40 Years Ago

Mozelle Edwards passed out booklets at last Thursday's open house at the mill for the Cotton Carnival...Mr and Mrs Clarence Maddux and children, Alton and Billy, moved Wednesday to Mineral Wells, where they will make their new home...Jan Herring spent the weekend in Lubbock with her grandparents, Mr and Mrs H.A. Watson while her parents were in Dallas...The Waters reunion enjoyed the day Sunday at Mackenzie State Park in Lubbock...

May 27, 1948
50 Years Ago

Mr and Mrs Clyde Hundley and daughter, Mary Ann, and a group of friends from Crosbyton attended the rodeo here Thursday night...Mr and Mrs George Lemon and children and Marlin Minter were guests in the home of the Ed Warrens on Friday...Mrs Bertha McKinney returned home from the West Texas Hospital Friday and is doing nicely...Little Janice Moreman is ill with the measles...Mrs Alton Carr and daughter, Camilla, are visiting Mrs Carr's mother in Chillicothe this week.

Swimming pool opens for summer

The Post municipal pool opened its doors for the first time in the 1998 season last weekend but the facility is scheduled to begin observing its regular hours beginning this weekend.

The pool will be open Saturday and Sunday from 1-5 p.m. and will be closed on Monday. Beginning Tuesday, the pool will be open daily from 1-5 p.m.

Regular hours are Tuesday-Sunday, 1-5 p.m. The pool will be closed on Mondays.

Admission to the pool is \$2 per person. Season passes are available and the pool is available for party rentals.

Managing the municipal facility again this year are Jim and Carla Scholer.



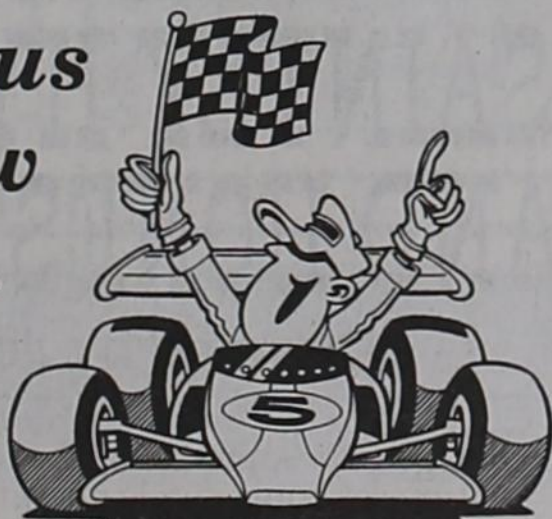
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See us to make sure your family outing goes as smooth as possible!

R&D Automotive

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495-4074

NEWS

OF NEWBORNS

There's something a parent can do for a newborn baby that may save his or her life.

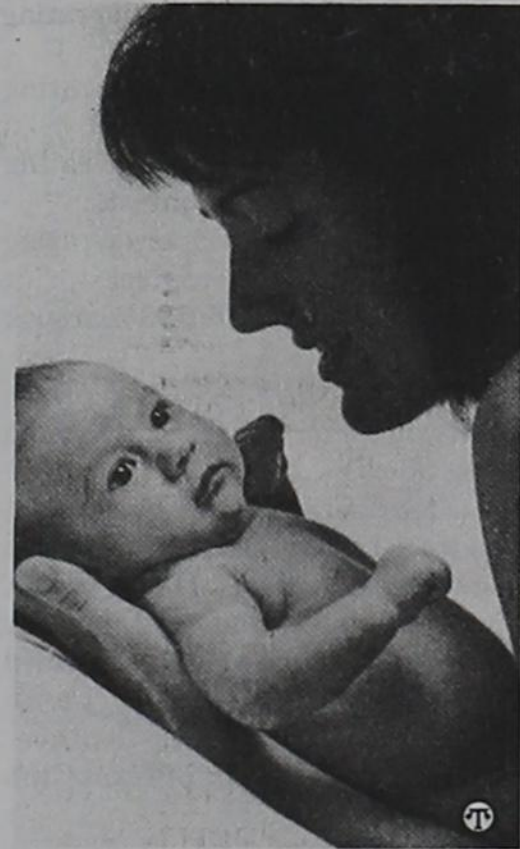
That thing is to arrange for the infant's umbilical cord blood to be collected and saved.

"Cord blood" is the blood that remains in the placenta and umbilical cord following birth and is normally discarded. In the late 1980's, researchers found that cord blood is a rich source of stem cells and can be used in place of bone marrow for transplantation in cancer treatments. The only time these cells can be collected is immediately after delivery of the baby.

One of the greatest tragedies in modern medicine is when a life can be saved, but no matching marrow donor can be located. We have all seen the tragedy of a donor drive trying to find a match for a child with a life-threatening disease. Presently, one half of the patients searching for a bone marrow match die while waiting.

By collecting and storing your baby's cord blood, you ensure immediate availability of exactly matching stem cells for your child should they ever need treatment. This "biological insurance" eliminates the risk of disease progression while trying to find a match, as well as complications from using donor cells. The cord blood cells may also provide a match for the mother or siblings. Individuals with a family history of cancer or genetic diseases are quick to see the benefits of cord blood collection and storage.

In terms of the procedure, the

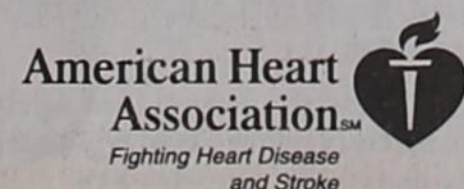


It's been called nature's safety deposit box: a newborn's umbilical cord contains special stem cells that may some day save the child's life or that of a relative.

blood is collected in a five-minute procedure that amounts to little more than drawing blood. The blood is then shipped overnight to a laboratory for processing and cryogenic storage in a security vault. No one but the parents or child can access these cells.

For information about cord blood storage and how it can benefit your child and family, contact Cord Blood Registry at 1-800-588-6377.

"The family suggests that memorial contributions be made to the American Heart Association." When people want to honor a loved one and fight heart disease.



Fighting Heart Disease and Stroke

ACROSS

- 1 TX Big Bopper's "Chantilly"
- 5 TXism: "mean ___ old range cow"
- 6 Harlingen FM
- 7 honorary TX Ranger: Stanley Gardner
- 8 how Dallas Cowboys are known (2 wds.)
- 17 TXism: "ram ___ (boss)"
- 18 Wichita Falls Times-

- 21 he carried TX in '72 pres. election (init.)
- 22 computer type style
- 23 "you can't take TX out of ___"
- 24 TX 7-11 Southland was bought by Japan's Ito Co. in '91
- 29 TXism: "green as ___ money"
- 30 "One ___, one Ranger"
- 31 TXism: "right from the get-___"
- 32 Big Sandy ___ Journal
- 34 big TX media owner: A.H. ___ Corp.
- 35 TXism: "no flies on ___ (attractive)"
- 36 TXism: "cute ___-faced calf"
- 37 "woe is me"
- 38 TXism: "steppin' like a ___ foot boy in a cactus patch"
- 39 Fort Worth Zoo's "buggy" exhibit

- 41 TX network news-woman Catherine SMU Heismann winner Walker
- 43 TXism: "the brand is still smoking" (___ meat)
- 44 seat of Callahan Co.
- 45 Cotton Bowl "Irish" team in '93 (abbr.)
- 46 this Dallasite Brown won Heismann at 45-across
- 47 pre-game ___ toss
- 48 Dallas Stars penalty

- 50 * Marner"
- 51 TXism: "in the ___ of luxury"
- 52 Dec. 24 or 31 ___ Rio, TX
- 53 ___

DOWN

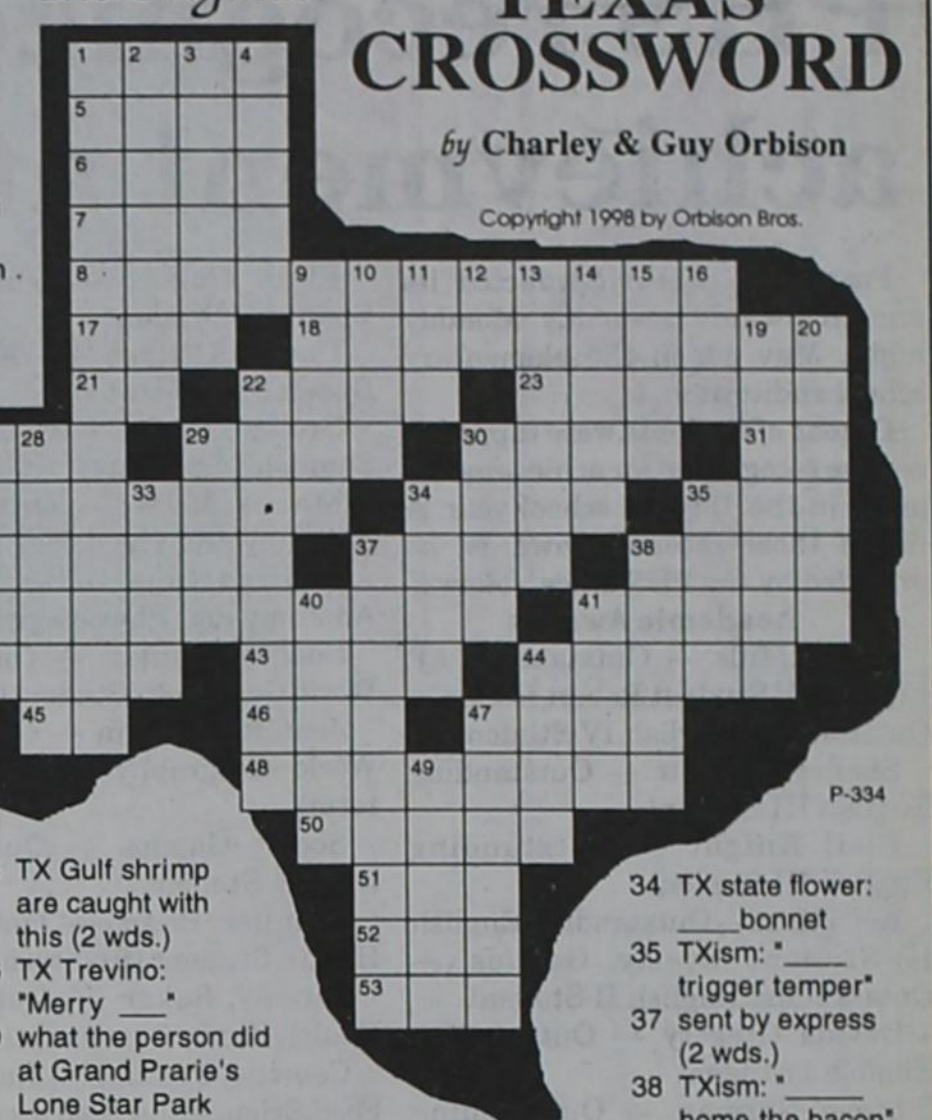
- 1 body of water near Wichita Falls
- 2 TXism: "looks good enough to give ___"
- 3 TXism: "___ it a day" (quit)
- 4 TXism: "go ahead in 9 brandin' or shootin'"
- 10 TX state sales tax is six per ___
- 11 "___ your age"
- 12 TXism: "___ tight he squeaks when he walks"
- 13 horse paths
- 14 former Cowboy ___ Tall" Jones

The Original

TEXAS CROSSWORD

by Charley & Guy Orbison

Copyright 1998 by Orbison Bros.



- 15 TX Gulf shrimp are caught with this (2 wds.)
- 16 TX Trevino: "Merry ___"
- 19 what the person did at Grand Prairie's Lone Star Park
- 20 one who makes noise during sleep
- 22 Houston Museum of ___
- 24 TXism: "dance with who brung ___"
- 25 TXism: "sticks like tar ___ road"
- 26 Alice AM
- 27 TXism: "land ___"
- 28 Lamesa is seat of this county
- 29 Ranger "Pudge's" glove
- 30 paper quantity
- 33 TXism: "he'll ___ you into a funeral home" (mean horse)
- 34 TX state flower: ___ bonnet
- 35 TXism: "___ trigger temper"
- 37 sent by express (2 wds.)
- 38 TXism: "___ home the bacon"
- 40 train tracks
- 41 this Kathryn ran against Steve Bartlett for Dallas mayor in '91
- 44 ___ d'arc tree
- 47 wedding ___
- 49 TXism: "___ labor" (little pay)



A new sign welcomes travelers on U.S. Hwy 84, courtesy of the Post Antelope Booster Club. The sign was painted by Bob Chennault, with labor and materials for the sign donated by several local businesses and individuals.

Lunch Menus

Trail Blazers

Fri., May 29, 1998

Crispy fish, baked beans, broccoli, coleslaw, cornbread, chocolate pudding, beverage.

Mon., June 1, 1998

Chicken w/squash, (Calabaza con Pollo), unfried refried beans, Mexican corn, corn or flour tortillas, cinnamon bananas, beverage.

Tues., June 2, 1998

Meatloaf, new potatoes in sauce, broccoli, celery sticks, wheat roll, white cake, beverage.

Wed., June 3, 1998

BBQ chicken, butterbeans, spinach, coleslaw, cornbread, rice/ bread pudding w/ raisins, beverage.

Thursday, June 4, 1998

Roast, mashed potatoes, mixed vegetables, coleslaw, biscuit, brownie, beverage.

Post ISD

School out for summer holidays

Truth is always paradoxical. —Henry David Thoreau



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Sunday All Day
CHICKEN DINNERS only 2.49



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CITY OF POST

TEXAS COMMUNITY DEVELOPMENT PROGRAM

CONTRACT NUMBER 716090

FINAL PUBLIC HEARING

The City of Post will conduct a final public hearing on its 1996 Texas Community Development Program Water Grant on Tuesday, June 2, 1998 at 6:25 P.M. The meeting will be held at City Hall, 105 East Main, Post, Texas.

Topics to be discussed are completion of water lines in the northwest and southeast areas of the City. Also, other items will include the number of beneficiaries and expenditure of grant and local funds.

The City encourages recipients of the project as well as other interested citizens to participate in the hearing. Citizens unable to attend this meeting may submit their views and comments to Rick Hanna, City Manager. Handicapped individuals that wish to attend this meeting should contact City Hall to arrange for assistance. Individuals who require auxiliary aids or services for this meeting should contact City Hall at least two days before the meeting so that appropriate arrangements can be made. If anyone interested in attending the public hearing requires a translator, please contact the City Hall office prior to the public hearing so arrangements may be made. All written comments will be addressed in writing within fifteen days after public hearing.

PHS recognizes student achievement at ceremony

Post High School conducted its annual awards assembly Monday night, May 18, in the elementary school auditorium.

Dozens of students were tapped to receive recognition for achievements made in the 1997-98 school year. A list of those receiving awards, as provided by the PHS office, follows:

Academic Awards

- Macee Mills — Outstanding AP English IV Student Robert Reiter — Outstanding English IV Student
- Shelley Shifflett — Outstanding English III Student
- Clell Knight — Outstanding English III Student
- Kelci Hart — Outstanding English II Student
- Scotty Gaydos — Outstanding English II Student
- David Gregory — Outstanding English I Student
- Steve Norman — Outstanding English I Student
- Kelci Hart — Outstanding Algebra II Student (first term)
- Scotty Gaydos — Outstanding Algebra II student (second term)
- Jennifer Bratcher — Outstanding Precalculus Student (first term)
- Rodrigo Ceja — Outstanding Precalculus Student (second term)
- Clell Knight — Outstanding Precalculus Student (second term)
- Melisa Gutierrez — Outstanding Calculus Student
- Ashley Mason — Outstanding Algebra I Student
- Stephen Montoya — Outstanding Algebra I Student
- Jennifer Morgan — Outstanding Geometry Student
- Angie Quinonez — Outstanding Mathematics of Money Student
- Maria Macias — Student Making the Great Gains in Math
- Rachel DeLaRosa — Outstanding Spanish II Student
- Pam Chapman — Outstanding Spanish II Student
- Erica Castro — Outstanding Spanish I Student

- Flora Gomez — Outstanding Spanish I Student
- David Gregory — Outstanding Spanish I Student
- Scotty Gaydos — Outstanding Spanish I Student
- Macee Mills — Outstanding Anatomy and Physiology Student
- Rodrigo Ceja — Outstanding Anatomy and Physiology Student
- Shelley Shifflett — Outstanding World Geography Student (first term)
- Jennifer Morgan — Outstanding World Geography Student (second term)
- Scotty Gaydos — Outstanding Biology Student
- Jennifer Perez — Outstanding Health Student (first term)
- Jeremy Baker — Outstanding Health Student (second term)
- Courtney Bratcher — Outstanding Food Science and Nutrition Student
- Shanna Pennell — Outstanding Apparel and Textiles Student
- Jennifer Morgan — Outstanding Comprehensive Home Economics Student
- Misty Clary — Outstanding Parenting and Child Development Student
- Brooks Conner — Outstanding Freshman Agriculture Student
- Chris Metsgar — Outstanding Sophomore Agriculture Student
- T.J. Gaydos — Outstanding Junior Agriculture Student
- Outstanding Agriculture Mechanics Student
- Erica Castro — Outstanding Theatre Arts I Student
- Kelsey Wimmer — Outstanding Technical Theatre I Student
- Jennifer Bratcher — Outstanding World History Student
- Melisa Gutierrez — Outstanding Government Student
- Tye Haney — Outstanding Economics Student
- Erin Gregory — Most Valuable U.S. History Student (first term)

- Scotty Gaydos — Most Valuable U.S. History Student (second term)
 - Macee Mills — Special presentation, highest ranking math/science student
- ### UIL Academic & Extracurricular Awards
- Natalie Pollard — First place district UIL newswriting and regional qualifier; third place district UIL feature writing, regional qualifier.
 - Kelci Hart — Second place district UIL newswriting, regional qualifier.
 - Laci Williams — First place UIL district editorial writing, regional qualifier.
 - Lacey Hodges — Third place UIL district editorial writing, regional qualifier.
 - Cameron Miller — Sixth place UIL district headline writing.
 - Kelsey Wimmer — Sixth place district UIL literary criticism.
 - Natalie Pollard — First place district UIL poetry interpretation, regional qualifier.
 - Daniel Fluitt — Third place district UIL prose, regional qualifier.
 - Jason Fields — Third place individual UIL district calculator, regional qualifier.
 - Scotty Gaydos — Second place individual UIL district calculator, regional qualifier.
 - Shelley Shifflett — Fifth place individual UIL district calculator, regional qualifier.
 - Derek Guthrie — Third place individual UIL district numbersense, regional qualifier; Fifth place individual UIL district mathematics.
 - Macee Mills — Second place individual district and regional UIL spelling; first place team, district and regional UIL spelling; second place team, state UIL spelling.
 - Shelley Shifflett — First place individual, district and regional UIL spelling; second place individual, state UIL spelling; first place team, district and regional UIL spelling; second place team, state UIL spelling.
 - Kathy Gerner — Third place individual, district UIL spelling; fourth place individual, regional UIL spelling; first place team, district and regional UIL spelling; second place team, state UIL spelling.
 - Derek Guthrie — Fourth place district UIL science.
 - Josh Fumagalli — Sixth place district UIL computer science.
 - Pam Chapman — First place district UIL computer applications,

- regional qualifier, Fifth place district UIL accounting.
- Clell Knight — Best Actor district, All-Star Cast area UIL one-act play, 4AA district champion; Area 2 qualifier in UIL one-act play.
- Natalie Pollard — Best Actress district and area UIL one-act play; 4AA district champion; Area 2 qualifier in UIL one-act play.
- Daniel Fluitt — All-Star Cast district; honorable mention All-Star Cast area UIL one-act play; 4AA district champion; Area 2 qualifier in UIL one-act play.
- Candi Reed, Micaela Eagle, Matt Cooper, Lindsey Rudd, Derreck Cowley, Cassie Short and Kelsey Wimmer — 4AA district champion; Area 2 qualifier in UIL one-act play.
- Scotty Gaydos — Third place district UIL cross-ex debate.
- Kelci Hart — Third place district UIL cross-ex debate.
- David Gregory — Sixth place district UIL cross-ex debate.
- Erin Gregory — Sixth place district UIL cross-ex debate.
- Jason Howard — District champions, first place district, state qualifier cross-ex debate.
- Derreck Cowley — District champions, first place district, state qualifier cross-ex debate.
- Jenny Conoly — First place district, third place regional, state qualifier Lincoln-Douglas debate.
- Luke Williams — Third place district, regional qualifier Lincoln-Douglas debate.
- Cameron Miller — First place district UIL current events, regional qualifier.
- Erica Gomez — Third place district UIL informative speaking, The Pride of Post High School Band — Sweepstakes Award for superior ratings at marching, concert and sightreading contest (third consecutive year for the band to achieve this award).
- Jeremy Abraham — Association of Texas Small Schools Band Region and Area Honor Band; TMEA Honor Band.
- Josh Fumagalli — Association of Texas Small Schools Bands Region and Area Honor Band; TMEA Honor Band; superior rating at solo & ensemble contest.
- Derek Guthrie — Association of Texas Small Schools Bands Region and Area Honor Band; TMEA Honor Band; superior rating at solo and ensemble contest. Joey Cimental — TMEA Honor Band. Channa Cruise — TMEA Honor Band.
- Jamie Dawson — TMEA Honor Band. Emilio Moreno — TMEA Honor Band.
- Ricky Quinonez — TMEA Honor Band.
- Charles Jones — Superior rating at solo and ensemble contest.
- Jennifer Morgan — Superior rating at solo and ensemble contest.
- Erin Ayala — Superior rating at solo and ensemble contest.
- Belen Rodriguez — Superior rating at solo and ensemble contest.
- Kristy Saldivar — Superior rating at solo and ensemble contest.
- Ashley Mason — Superior rating at solo and ensemble contest.
- Jeremy Payne — Superior rating at solo and ensemble contest.
- Micaela Eagle — 1997-98 Yearbook Editor
- Scotty Gaydos — First place, Lightweight Yorkshire, San Antonio Stock Show.
- J.C. Stelzer — Breed Champion, Finewool Lambs, San Angelo Stock Show; second place, Heavyweight Finewool Lambs, Houston Livestock Show; champion, All-Around Member, Texas Club Lamb Association; first place, Showmanship Division of Texas Club Lamb Association.
- Kelci Hart — Academic Recognition on all parts of the TAAS.
- Justin Gorman — Academic Recognition on all parts of the TAAS.
- Scotty Gaydos — Scored 100 percent on all parts of the TAAS.

- football, first team offensive tackle and second team defensive end.
- Orlando Castillo — All-district football, first team offensive fullback and defensive linebacker.
- Sam Woods — All-district football, first team offensive halfback and defensive secondary and second team kicker.
- Jamie Hernandez — All-district football, first team offensive receiver and defensive secondary.
- Russ Moore — All-district football, first team defensive tackle and second team offensive tackle; Academic All-District in football.
- John Barbosa — All-district football, first team defensive linebacker.
- Steve Gonzales — All-district football, second team offensive tight end and honorable mention defensive end.
- Homer Gomez — All-district football, second team offensive fullback.
- Erick Lopez — All-district football, second team defensive tackle Academic All-District in football.
- Roy Soto — All-district football, honorable mention offensive guard.
- Tye Haney — All-district football, honorable mention offensive center.
- Clell Knight — All-district football, honorable mention offensive flanker; Academic All-District in football.
- Daniel Fluitt — All-district football, honorable mention defensive linebacker; Academic All District in football.
- Slade Bevers — All-district football, honorable mention defensive secondary; Academic All-District in football.
- Chad McDougal — Academic All-District in football.
- Cameron Miller — Academic All-District in football.
- Clell Knight — All-District boys basketball; Academic All-District Boys Basketball.
- Daniel Fluitt — Academic All-District Boys Basketball.
- Russ Moore — Academic All-District Boys Basketball.
- Natalie Pollard — All-District Girls Basketball; Academic All-District Girls Basketball.
- Macee Mills — Honorable Mention All-district Girls Basketball; Academic All-District Girls Basketball.
- Army Gradine — Honorable Mention All-District Girls Basketball.
- Rachelle Jones — Academic All-District Girls Basketball.
- Kasey Hardin — Academic All-District Girls Basketball.
- Jennifer Bratcher — Academic All-District Girls Basketball.
- Cassie Short — Academic All-District Girls Basketball.
- Rachelle Jones — Academic All-District Cross Country.
- Dianna Williams — First place district, 400m relay, regional qualifier; first place district, 100m hurdles, regional qualifier.
- Erica Gomez — First place district, 400m relay, regional qualifier.
- Selicia Hernandez — First place district, 400m relay, regional qualifier.
- Rhonda Thompson — First place district, 400m relay, regional qualifier; second place district, 100 meters, regional qualifier.
- Sharla Cruse — First place district, shot put and discus, regional qualifier; Academic All-District Girls Track.
- Army Gradine — Second place district, 100m hurdles, regional qualifier.
- David Gregory — Academic All-District Girls Track.

- Erin Gregory — Academic All-District Girls Track.
- Camie Payne — Academic All-District Girls Track.
- Cassie Short — Academic All-District Girls Track.
- Sam Woods — First place district, second place regional, sixth place state, 100 meter hurdles; first place district and regional, second place state, 300 meter hurdles.
- Brandon Patschke — Academic All-District Boys Track.
- Clell Knight — District singles champion, boys tennis, regional qualifier; Academic All-District Boys Tennis.
- Russ Moore — District doubles champion, boys tennis, regional qualifier.
- Cameron Miller — District doubles champion, boys tennis, regional qualifier; Academic All-District Boys Tennis.
- Emilio Moreno — Third place district tennis, doubles.
- Chad McDougal — Third place district tennis, doubles.
- Daniel Fluitt — Third place district tennis, singles; Academic All-District Boys Tennis.
- Shelley Shifflett — District singles champion, girls tennis, regional qualifier; Academic All-District Girls Tennis.
- Kelci Hart — Third place district doubles girls tennis; Academic All-District Girls Tennis.
- Amy Pederson — Third place district doubles girls tennis; Academic All-District Girls Tennis.
- Andrea Rodriguez — Third place district singles, girls tennis.
- Jerry Graham — District and regional champions, state qualifier, boys golf; All-District.
- Marcus Lopez — District and regional champions, state qualifier, boys golf; regional third medalist; All-District.
- Jay Gorman — District and regional champions, state qualifier, boys golf; All-District.
- Justin Norman — District and regional champions, state qualifier, boys golf; All-District.
- Slade Bevers — District and regional champions, state qualifier, boys golf; All-District.
- Justin Gorman — District and regional champions, state qualifier, boys golf.
- John Radle — All-District, boys golf.
- Kasey Hardin — District champions, regional qualifiers, girls golf team; first place district, regional medalist, state qualifier; All-District Girls Golf; Academic All-District Girls Golf.
- Yvonne Lopez — District champions and regional qualifiers, girls golf; All-District Girls Golf.
- Becca Stelzer — District champions and regional qualifiers, girls golf; All-District Girls Golf; Academic All-District Girls Golf.
- Natalie Pollard — District champions and regional qualifiers, girls golf; All-District Girls Golf; Academic All-District Girls Golf.
- Kelli Collier — District champions and regional qualifiers; Academic All-District Girls Golf.
- Miranda Palmer — District champions and regional qualifiers, girls golf.
- Perfect Attendance — Belen Rodriguez, Mandy Terry, Scotty Gaydos, Erin Gregory, Pam Chapman, Jay Gorman, T.J. Gaydos, Steve Gonzales, Jodi Gregory, Cameron Miller, Macee Mills, Ricky Quinonez.

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