PHS seniors awarded

Post High School graduating seniors were recognized for their achievements at the annual awards ceremony Monday evening. Jayson Fry was named as the 1996 valedictorian and Jill Stelzer as salutatorian. Both Fry and Stelzer received Texas Tech University

Beth Murray, Lori Hudman and David Norman, Post Rotary Club.

Mike McDougal, Dominica Polanco, Christina Soto, James Cahill

Other scholarships presented at the ceremony included: Stelzer and Amanda Perez, R.C. Standefer Memorial.

Murray, Texas Association of Extension Homemakers.

Tracy Shumard and Jeff Redman, Fina Petroleum.

scholarships at

Andrea Wallace, Woman's Culture Club.

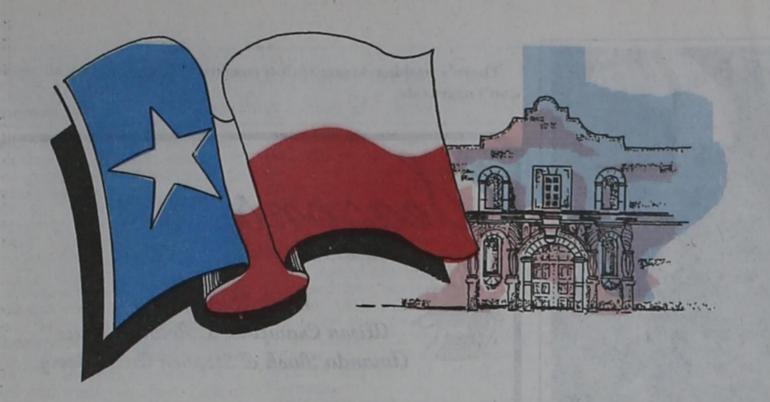
Robert Kilmer, Xi Delta Rho Sorority.

scholarships for honors.

and Bertha Soria, Vendors.

David Norman, Post Art Guild.

annual ceremony



Inside this week:

EngagementPage 2 Grandparents.....Page 3 Mr, Miss PHSPage 4 Dole on ChinaPage 5 Sports.....Page 6 ClassifiedPage 7 Jurisdiction?Page 8 ObituaryPage 9 Golf Champs!.....Page 10

FFA Talent Team advances to area competition

Post High School FFA talent team members Jeff Redman, Vance Guthrie, Johnny Collazo, Natalie Pollard and Slade Bevers will compete Friday at 7 p.m. in the ASU student union building in San Angelo for the area FFA talent competition.

The team will perform country and western and rock and roll tunes in their eight minute time slot.



Earning scholarships for their academic achievements presented at Post High School's annual awards program Monday evening are (back row, left to right) Vernon Soto, Mike McDougle, Travis Hair, B.J. Hart, Jeff Redman,

(front row) Lori Hudman, Andrea Wallace, Jill Stelzer and Jayson Fry. Fry was named valedictorian and Stelzer salutatorian for the 1996 graduating class. (Photo by Barbe Bevers)

Community Workshop

The Lubbock United Neighborhood Association is sponsoring a community workshop, "The No Sweat Way To Planning A Special Event Without Losing Your Mind," tonight, May 16, 7-9 p.m., at the Algerita Art Center. This workshop is designed for anyone who has to produce a public event. For more information call the art center at 495-4000.

Post Stampede Rodeo approved

The Post Stampede Rodeo Board of Directors is proud to announce that they have been approved to host a professional rodeo. Performances will be August 8-10. Spaces for advertising are available. For more information contact Danny Robertson, Jay Pollard, Barry Morris, Casey Zachary or Mike Babb. Spring Egg-stravaganza at OS Museum

There's a Spring Egg-stravaganza at the OS Museum which

features an exhibit of beautiful eggs and scultpure. The museum is located at 201 East Main Street and is open Monday through Saturday 10-12 and 1-5. A elevator is provided for your convenience. If you request more information call 495-3570.

VFW to hold Memorial Day services

The VFW Post 6797 will hold Memorial Day services on Monday, May 27, at 10 a.m. at the Terrace Cemetery. Paul Jones will be the featured speaker. Breakfast will be served at the VFW Hall from 7-8:30 a.m. Andy Stelzer asked that if you know where veterans from your family is buried that flags will be available to mark their graves.

"Creative Vests" workshop

Ruby Clingman from Rhea's Crafts will give a two hour workshop on appliqued vests Friday, May 31, 10 a.m. to 12 noon. There are two styles to choose from, both may be viewed at the Algerita Art Center, or call 495-4000 for more information.

Ranch-Dance fiddle band

The "Fabric and Flower" exhibit at the Algerita Art Center closes with a special performance by the Ranch-Dance Fiddle band, Saturday, June 1, 3-4 p.m. Come listen to some old time tunes like 'Turn Me Over', 'Ten Pretty Girls', 'Coming Through the Rye' and many more. This is family entertainment and is free to the public.

Fabric & Flower exhibit at the Algerita

The "Fabric & Flower Exhibit" opens Thursday, May 9 and continues through June 1. Jo Moore from Los Milagros Herb Farm will give a free presentation on "All About Herb Vinegars" Saturday May 11, 10-11 a.m. Next week "The No Sweat Way to Planning a Special Event Without Losing Your Mind" workshop by Holly Smith on May 16, 7-9 p.m.

Christian School enrollment 96-97

Registration is currently open at First Baptist Christian School, grades PK3-4th grade, for the 1996-97 school year. PreSchool classes are available to those children who will be age 3 or 4 before September 1st.

Elementary classes are available for grades Kindergarten -4th grade. Classes are filled on a first-come, first served basis. You may call 495-3554 from 8 a.m. - 4 p.m. for further information. Registration and book fees are required at time of enrollment for all new students. birth certificate, social security number, and up-to-date shot records are also mandatory.

First Baptist Christian School offers a quality, Christcentered education with a low student-teacher ratio. It is staffed by qualified and committed Christian teachers. FBCCS is a member of the Association of Christian School International.

Slaton Art Show June 15

The 26th annual exhibition Slaton Art Show sponsored by the Women's Division of the Slaton Chamber of Commerce will be held Saturday, June 15, at Slaton's Texas Avenue Opry House located at 161 Texas Avenue. Paul Wylie of Lubbock will be the juror. For further information please contact the Slaton Chamber of Commerce at 828-6238 or Sally Estes at 828-5111.

Magic of Sebastian

The 'Magic of Sebastian' will be presented on Friday, May 17, at 7 p.m. in the Elementary School auditorium. Tickets are now on sale for \$4 each. The event is sponsored by the Post Lions Club. You may reserve tickets by calling 495-4066. Businesses and residents will be called upon to assist. Proceeds will benefit eve glasses and scholarships in Post.

e Most Bispatch Seventieth Year Number 50 USPS 439-620 Single Copy Price 50 cents © 1996 The Post Dispatch Thursday, May 16, 1996

Windmill Museum draws interest at commissioners court meeting

by Wes Burnett

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If enough private interest can be generated here, Garza County could become the home of a proposed \$5 million Windmill Museum, and it could happen within a year. Coy Harris of Lubbock presented plans for the specialized museum and asked for support from the commissioners' court for the project. Judge Giles Dalby said that there might be local interest, and that commissioners would make some contacts for support. No financial support from the commissioners court was requested nor offered.

The Windmill Museum, the only one of its kind in America, and according to Harris, perhaps in the world, will preserve rare equipment and working windmills, demonstrating the importance of the windmill in the development of vast areas of the west. "There was a time when windmills were seen even in our towns," Harris commented, "and until the REA came along, windmills were critical to agricultural life in West Texas."

The museum currently has an endowed fund of \$450,000, but would need considerably more in order to build the facility as envisioned. "We are ready to get started," Harris commented, "and we think Garza County is ideally situated for this international exhibit." Harris pointed out the economic benefits of the museum, which will attract tourists from around the world.

In other matters, the court heard a report from county agent John Senter on soil moisture conditions, which he said are bleak. "It is getting real serious, especially for beef cattle operators," Senter emphasized. He informed the court about a workshop this week and the importance of cattle producers to look closely at the vitamin A

level in their herds. "Last month there were 20 head of cattle which died in Borden County, they were all low on vitamin A," Senter

The court approved a request from insurance provider Blue Cross/ Blue Shield to offer special life insurance coverage for employees on a volunteer basis. The approval followed a survey report from insurance representative John Young.

The court appointed Leslie Acker to serve out the current term as county attorney. Acker has been acting as county attorney by temporary appointment until he fulfilled residency requirements. He took his oath of office Wednesday afternoon.

The court also approved Acker's proposal to inventory the law library and with the cooperation of the Garza County Historic Museum, move older books to the museum, making room at the courthouse law library. He also informed the court that there will be a significant reduction in expenses for subscriptions, as he is trimming several publications that he feels are not needed.

A discussion about purchasing a new van for assistance to the elderly resulted in an agreement by the court to buy a used eight passenger van. The old van now being used to deliver Meals on Wheels and assist elderly without transportation, has experienced major repair problems. The replacement van is expected to cost \$15,000. The original van was purchased through a grant, which is not now available.

Attending the meeting were commissioners Royce Josey, John Valdez, Mason McClellan, Lee Norman, Judge Giles Dalby, clerk Sonny Gossett, treasurer Ruth Ann Young and attorney Leslie Acker.



STATE CHAMPS! Post High School's Lady Lope Golf team brought home the State Championship trophy following last week's competition in Austin. Team members are (left to right) Natalie Pollard, Kasey Hardin, Jill Stelzer,

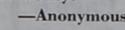
Coach Chili Black, DeeJé Estep and Becca Stelzer. Jill Stelzer also earned State Medalist honors for her individual effort. (Photo by Barbara Hardin)

Havins-Black announce engagement

Mr and Mrs William L. Havins of Charles D. Black of Post.

the approaching marriage of their daughter, Rachel Angela, to Mr Charles Black Chuck is the son of Mr and Mrs Horseshoe Bay, Texas.

Why is there so much month left at the end of the money?



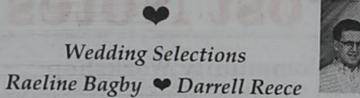


The "TOTAL" truth is... Janet is 40! from your "TOTAL" friends

Great Gifts Great Grads

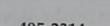
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Births **Garrett Cade** McKinney

Gary and Alicia McKinney are proud to announce the arrival of their first born son, Garrett Cade McKinney. He was born at St. Mary's Hospital on Sunday, May 5, 1996 at 7:05 p.m. Garrett weighed 5 lbs. 8 ozs. and was 20 inches long.

Maternal grandparents are Tim and Edwina Pettyjohn of Post. Great grandparents are Elwood and Evaline Lowe of Farmington,

Paternal grandparents are William and Ruth McKinney of Grand Prairie. Great grandparents are E.R. and Goldie Powell of Hereford, and Vesta McKinney of Tucumcari, N.M.

Every flower is a soul blossoming out to nature.

-Gerard De Nerval

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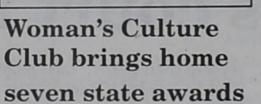
Flavored Coffees



Garrett Cade McKinney



Donna Craig



by Mary Neff The convention marks a first for the woman's culture club of Post by celebrating our "First" Caprock District President, Donna Craig, and the "First" time our club has won seven first-place awards for programs and projects. Both "Firsts" denote a great deal of hard work and

dedication to the local, state and national organizations.

Donna Craig and Mary Neff attended the TFWC state convention in Austin on April 25–27, 1996, and Woman's Culture Club of Post was the state winner in conservation with our recycling project and program, home life with our substance abuse project, GFWC fundraising, poetry and with Craig and Neff's resumes.

The state convention was highlighted with the installation of Craig as 1996-1998 TFWC Caprock District president. Craig's term as TFWC Caprock District president will be during the 100th birthday of the largest of woman's clubs (GFWC).

The convention was held at the Holiday Inn Town Lake, with the installation and an afternoon tea honoring the incoming GFWC president, Faye Dissinger and the incoming TFWC president, Minnie Simmang, and their executive committees. Both events were held at the TFWC clubhouse. The TFWC clubhouse is a beautiful old mansionstyle house located on the University of Texas campus, very near the state capitol of Texas.

"Award-winning" recycling center staffed by Arthur Kelly on Wednesday afternoons from 3:30 to 5:30 p.m.

Green Thumb

The Green Thumb Garden Club

The meeting was called to order and Carlene Kyle acting as installing officer used the theme of Ships Go

Edna Owen, President, was given a flag of leadership. Sybil Cockrum, Vice President –

The minutes were read.

Names were drawn for secret pals. Those present were: Margaret Barley, Fleta Caffey, Sybil Cockrum, Thelma Epley, Annie Laura Francis,

There's nothing wrong with teenagers that reasoning with them won't aggravate.

-Unknown



Bridal Selections Alison Crawford & Rodney Hays Amanda Bush & Stephen Quisenberry

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Bridal Selections Alison Crawford - Rodney Hays



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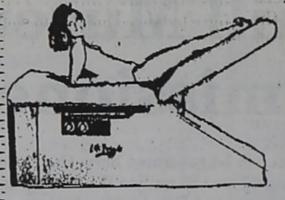
> **Bridal Selections V** Raeline Bagby and Darrell Reece

Alison Crawford and Rodney Hays

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Please remember to support the

Garden Club

met Thursday night in the home of Ida Jones. Ida and Edna Owen were Members enjoyed a salad supper and delicious desserts.

First Mate flag as assistent in

Fleta Caffey, Secretary-Treasurer
-Log Keeper Flag as keeper of records
and important data.

A letter was read from Jennifer Fumagalli, inviting members to workshop at the Algerita Art Center from May 9th to 31st.

Shorty King, Carlene Kyle, Marion Wheatley, Jewel White and hostesses.

Member FDIC

We have experienced love from our Lord through our church, our families, our friends. and now through each other. With our parents blessing we joyfully request your presence to witness before God and man a celebration of love when we exchange marriage vows on Saturday. the eighteenth of May nineteen hundred and ninety-six at two o'clock in the afternoon at First United Methodist Church 216 W. 10# St. Post. Texas Dana Jo Morris Michael Wayne Carter Reception following

On June 15

Macro-1 Now more the importan needs of th macronutr ents-water, ber, carboh drate, prote and fats-are utmost impo tance. Wh

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now? By tl

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Up and Down Main Street

by Wanda Mitchell, Post Chamber of Commerce

Almost time for graduation. Another school year gone by. It was hard to say "good-bye" to

Lane, Joy and Janie. The reception for these three was really nice and I really don't know who gets the credit for it but whomever it is,



you did a great ob. The awards assembly was nice and went very fast. Lost of awards and recognition's were given along with many scholarships in about 1 hour and 15 minutes. That is good planning. Congratulations to all the receipients of awards, honors and scholarships

We are very excited about the "June Jamboree" at the Tower theatre. There will be three shows in June, all different, all produced by different people, and the best variety we think we have had so far. One June 1st Don Caldwell will be presenting "The Fabulous 50's" with Donnie Allison, Leslie Sawyer, Terri Sue Caldwell and Don Caldwell and the Lubbock Texas Rhythm Machine. Now you may say, "I've seen the 50's show". Rest assured, you haven't. This is an entirely new show with new material and you won't want to

On June 15th, Tommie Anderson and Jazz Alley will be doing a New Orleans type Dixieland Show. You will hear a little of the history of Dixieland and a "Louis Armstrong" reason that we...... Take Pride and show that unmulched soil may lose as much as twice as much

and if you have heard them, I This know you will be there.

On June 29 there will be a touched just by Rusty Hudelson from South about every-Plains College. There are some thing that you class reunions going on that weekend and we expect all the class of 1976 will want to be on and most of us hand for this one. You will be come into concelebrating your 20th reunion and tact with some what a great way to do it than to go back to the 70's at the Tower

This same weekend there will be that our county tank water is a West Texas Scout and Truck falling daily, cattle are begin-Round-Up held in Post as well as ning to suffer pastures are show-Old Mill Trade Days.

summer" won't be so lazy in Post, planting moisture and a good,

Friday night is prom night in Post and we know that there will be so many beautiful and handsome young men and women running high in home lawns with entering the Community Center for the Jr.-Sr. Prom. I love to just sit and watch them go in. This night belongs to them and we wish sen to assist mother nature with them a good, safe time.

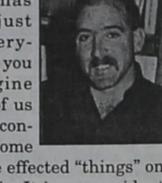
We were in Galveston and Houston over the weekend and it I live in Post. We were going out to irrigation in the landscape. dinner in Houston Saturday night Maintenance practices such as and you couldn't get on the freeway for the limos. It was prom night somewhere in the city and they took up at least two parking spaces ficiency of any landscape as well everywhere you went. We don't see too many of those in Post.

Living on the Edge of the Caprock

by John Senter, CEA-AG

you have never heard this group, Landscape practices save water...

long drought has can imagine and most of us



or all of the effected "things" on a daily basis. It is very evident ning to suffer, pastures are show-Sounds like the "lazy days of ing stress, crop land is needing general rainfall would surely improve spirits. As you have noticed, activity is

watering in full swing. If you are among the many who have choyour own personal rainfall, keep in mind that proper maintenance is the key principle in reducing mulching, mowing and fertilizas the ability to survive a

water to evaporation as mulched an average. Mulch is a layer of fertilizer is needed for most face around plants. Mulches can area. be organic materials, such as and woven plastic.

Use a mulch wherever possible. A good mulch preserves soil moisture, prevents soil compaction, keeps soil temperatures more moderate and reduces weed populations. In case weeds do get a foothold, they are much easier to pull if a mulch has been

Organic mulches will decompose and sometimes wash away, so make checks regularly and replacements when necessary.

In addition to mulching, other practices help save water in the

landscape. Mowing turfgrass at the proper height helps conserve moisture. The optimum height to mow St. Augustine grass for water conservation is three inches. For Common Bermuda, the proper height is closer to 2 1/ 2 inches.

A good rule of thumb to keep in mind is to never remove more that one-third of the leaf surface at one mowing. By leaving the grass taller, you will promote a deeper more efficient root system and consequently add more drought tolerance to your lawn. Taller grasses act like a living mulch, thus reducing soil moisture evaporation. Also grass that is allowed to grow taller will grow slower; therefore requiring less mowing and watering.

Another maintenance practice that adds to the efficient use of water is proper fertilization. Applying fertilizer to the lawn at the proper time and in the proper amount can save time, effort and money through reduced mowing and watering.

As another "rule of thumb" fertilize the lawn once in the spring and again in the fall to produce a green quality turf without the excess growth and high maintenance.

Use a slow-release form of nisoil. With our string of days with trogen in the spring and a quick high temperatures, moderate release in the fall. Apply only winds and low humidity, you can one pound of nitrogen fertilizer rest assured that evaporation per 1,000 square feet of lawn at totals may run as high as one- one time. By utilizing this apthird inch per day and that's as proach, it is possible that no other material covering the soil sur- shrubs and trees in the lawn

As has been pointed out before, shredded bark, compost, and measure how much water you wood chips; or inorganic materiapply to your lawn in a specific als such as lava rock, limestone amount of time. This will vary from house to house because of difference in water pressure and application method. Remember, don't apply more water than your lawn can absorb. Monitor your lawn and apply water only when it is needed. The old standby rule of watering on a weekly basis is just that - Old!

> Take care to do your part for water conservation and lawn improvement. From the looks of the spring up to this point, it may be a summer to remember.



Grandparents' Corner

Great grandmother Bettye (Little Mama) Gaskill of Fort Worth got a special visit last month from her great granddaughter Becca Warren, along with Bettye's grandson Dewayne and her daughter Becky (Nanny) Warren. Becca is the daughter of Dewayne and Tomoko Warren of Okinawa. Dewayne is the son of Becky and Chet Warren of Post.

Bring your favorite grandparent photo to The Post Dispatch to be included in this weekly feature. Photos will be published "first come, first served."

I don't know much about being a millionaire, but I bet I'd be darling at it.

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—Dorothy Parker

Neighbor to Neighbor by Kelly Ahrens, CEA-FCS

Macro-nutrient needs for elderly

Now more than ever before, the importance of nutritional needs of the

macronutrients-water, fiber, carbohydrate, protein and fats—are of utmost importance. Why worry about it now? By the

ooks

year 2000 there will be approximately 40 million people in the ing a balanced meal plan such as United States over the age of 65. Many will remain active and healthy. Others will suffer from one or more chronic diseases, live alone or have varied backgrounds and current living situations. That's why knowledge about the macronutrient needs of this over 65 age group is important.

Not to be forgotten is the nutrient water. The elderly are subject to inadequate water intake due to a decrease in the antidiuretic hormone with aging and more water loss through urine. Memory loss or physical incapability may prevent the ability to satisfy their thirst or inability to express their need for fluids. For whatever the reason, dehydration is a common problem for the elderly.

Dehydration can be prevented by consuming approximately one and one half to two liters of fluid per day, or more if there is vomiting, diarrhea or other increased fluid loss.

For a variety of reasons, fiber in our diet is important for all of us. Water-holding fibers, such as those found in wheat bran, along with adequate water intake, are helpful with reducing constipation and in decreasing formation of diverticula in the colon. Soluble dietary fibers, those in oats, legumes and fruits, have been reported to improve control of blood sugar in diabetes, lower total cholesterol, LDL cholesterol and triglycerides without changing HDL cholesterol. Both types of fibers are in fruits and vegetables. However, be cautious of more than two to four servings of fruits, which can cause an increase in blood sugar, especially in persons with diabetes.

High quality protein found in the meats, poultry, fish, dry beans, eggs and nuts group are a special interest for this age group for maintaining fitness since a wasting away of muscle each decade after age 45 occurs.

Protein requirements remain constant as for other ages with the exception of stress from an illness or infection, thus requiring additional protein. Energy intake needs to be enough to maintain a normal weight and prevent undesired weight loss.

Overeating fats and carbohydrates results in protein used for energy draining necessary amino acids. Decreased muscle mass and less physical activity reduce the need for calories so fat intake is usually decreased in the elderly to approximately 25-30 percent of total calories.

Moderation in eating and changing the diet such as reducing cholesterol to reduce risk factors are good for any age. Followthe Food Guide Pyramid, which promotes good health without creating undue hardships or decreasing the quality of life, is the type of dietary recommendations being made by most health organizations.

Extension programs serve people of all ages regardless of socioeconomic level, race, sex, color, religion, disability or national origin.



Shauna Windham

Former student A team player

Abilene – Shauna Windham was an A team player for her team Zero Gravity in Abilene's AYBA basketball league. They won third place honors

in the All City tournament.
Shauna is a 6th grade student at Wylie ISD Middle School. She is the daughter of Danny and Lesa Windham, formerly of Post.

Ladies **Auxiliary VFW**

The Ladies Auxiliary of Post 6797 held their monthly meeting May 13 at the VFW Hall.

JoAnn Stelzer, president presided over the business meeting. Members discussed selling Buddy Poppies on the 24 of May at United, and about the memorial breakfast at the VFW Hall on May 27. They also talked about having a bake sale in June for the Jimmy Mason family to help with medical expenses.

medical expenses. Installation of new officers for the 199697 year was held. Jo Ella Sparlin was the installing officer presiding over the ceremonies. The ladies voted to not have a meeting on the 27 of May (Memorial Day).

The meeting was closed with a prayer by Jo Ella Sparlin.

Members present were: Shirley Williams, Ruth Walls, Alva Shepard, Jo Ella Sparlin, Melvis Taylor, Faye Stone, Rosemary Stelzer, Lola Ryan, Dena Morgan, JoAnn Stelzer and Viola Strawbecker. Viola Strawhecker.

Tax 'n Facts by Terri Cash, CPA

Avoiding Future Taxes

Much retirement planning is

based on reducing taxes now: contributions to IRAs, Keoghs and 401(k) accounts are deductible from current income. Another option that shields more is to utilize insurance-product investments to reduce taxes later. Start early and invest in an immediate annuity; a \$50,000 investment can earn more than \$10,000 annually for five years. Part of the payout is return of principal, so taxes are low. Use the annuity proceeds to buy an investment-grade life insurance policy -- better yet a joint policy -- that accumulates cash value on a tax-deferred basis. After 12 years or so, the investor can withdraw about \$7,500 a year tax free for life.

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Garza Healthtalk

Abuse comes in many forms by Gary O'Neill, R.N.

including sexual abuse, physical abuse, as well as, emotional and Aperson in an abusive relationship psychological abuse. It holds no must first of all realize that abuse is

it goes unnoticed, unless of course, you can see the physical evidence. Which could include such things as happened. It won't happen again!" fractures, blackened and swollen eyes, etc. Another form of abuse is matter what kind, I urge you to seek the emotional and psychological help in dealing with this problem. abuse that is at times very difficult to Talk to your friends, family, or health detect. Emotional and psychological care provider, or maybe your local abuse could include such things as: law enforcement agency. Another being called stupid, or you're fat and excellent source of emotional support ugly, or that you are worthless. Abuse would be by your local church or attacks a persons self-esteem, clergy. Lubbock has a 24 hour crisis confidence and slowly begins to tear line (765-8393). Use or call them, a person apart. Before long a victim of abuse does feel worthless with an extremely low opinion of ones self.

Many times they are made to feel SHOULD NOT BE TOLERATED IN Many times they are made to feel that whatever happens to them is their own fault and eventually they abuse, and/or elderly abuse are also actually believe their abuser.

Leaving an abusive relationship is not easy. Many times the victim feels that they cannot make it on their own. Many times the circumstances of being un-employed, having children to care for, or having no place to go will often prevent a victim

from leaving a relationship or from seeking any help. In addition to these Abuse comes in many forms, worries there is also the threat of retaliation from the partner.

A person in an abusive relationship boundaries with regards to age, gender, race, or if you are rich or poor. It occurs not only in small towns, large towns, but it also occurs in many isolated places.

Must hist of all realize that abuse is taking place. Many times the victim would deny that the abuse was actually happening in order to keep the relationship going, or to even save the relationship completely. In Abuse is unfortunately a prevalent such cases the victim often feels like occurrence in our society. Many times this is a normal behavior or "I asked

If you are the victim of abuse no

common occurrences and these will be discussed in articles in future

If you, are anyone that you know, have any questions or concerns regarding this article, PLEASE, feel free to call me or anyone else at Garza Memorial Hospital (495-2828).

Chancellor joins Air Force May 1

Andria Chancellor, daughter of Mr and Mrs Patrick Chancellor of Post, enlisted in the Air Force on May 1, according to SSgt Anderson, Air Force

Upon successfully completing the Air Force's six weeks basic military training at Lackland Air Force Base, near San Antonio, she is scheduled to receive technical training in the Mechanical career field.

Pvt Javier Saldivar graduates from basic training

Army Pvt Javier Saldivar has graduated from basic military training at Fort Leonard Wood, Waynesville,

During the training, students received instruction in drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, first aid, and Army history and traditions.

Saldivar is the grandson of Esequiel and Delfine Saldivar of Post. He is a 1995 graduate of Post High

DWI's and assaults keep deputies busy last week with 80 calls

By Becky Warren

The Garza County sheriff's office received 80 calls during the past

On Tuesday, May 7, a 41 year old male was arrested on a warrant for public intoxication. He had been placed on a continence agreement and did not pay his fine. He laid out his fine in jail and was released.

On Friday, May 10, a 21 year old male was arrested for assault "Class C". He was released on a \$500 bond. A 23 year old male was arrested on a warrant to revoke his probation. He was released on a \$3,000 bond. Also a 27 year old male was arrested for assault "family violence". He was released on a \$3,500 bond.

On Saturday, May 11, a 38 year old male was arrested for driving while intoxicated. He was released on a \$1,500 bond. Also a 43 year old male was arrested for driving while intoxicated. He was also released after posting a \$2,500 bond.

On Sunday, May 12, a 23 year old female was arrested for driving while license suspended. She was still being held at press time.

It is very easy to forgive others their mistakes. It takes more gut and gumption to forgive them for having witnessed your own.

—Jessamyn West



Fabric & Flower exhibit at Algerita

The "Fabric and Flower" exhibit various cotton products.

on exhibit including a "Crazy Quilt" made in the 1870's and the "Flower Garden" made in the 1920's. Although quilting began over 200 years ago as a means of surviving the cold winters it has now become an art.

Artists featured in the fiber medium are Patsy Sanderson, MaryLee Wriston, Lucile McBride, Linda Wyatt, Ruby Clingman, Willie Dey, Donniece Smith, Sara Ault, Billye Hackney, Miss Mary Washington Pullian, and Etta Clarkston. Also on exhibit is an all-organic cotton display from Cotton Plus, Ltd., consisting of blankets and 4000.

opened May 9th at the Algerita Art
Center located at 131 East Main Street
in Post.

The Fiber medium consists of quilts,
wall hangings and a variety of
needlework. Several antique quilts are

Flower exhibits include the works
of area artists Deanna Gibson of the
Glass Slipper and Judy Henly of Judy
Henly Designs. Arrangements include
wreaths, baskets, potted flowers, bird
houses and swags. The quality of the flower exhibit is exceptional.

The "Fabric and Flower" exhibit will close with a special performance by the Ranch-Dance Fiddle Band, Saturday, June 1, 3-4 p.m. Come listen to some old time tunes like Turn Me Over', 'Ten Pretty Girls', 'Coming Through the Rye' and many more. This is family entertainment and free to the public.

The Algerita is open Tuesday through Friday and Trade Day Saturday, 10 a.m. - 12 noon and 1-5

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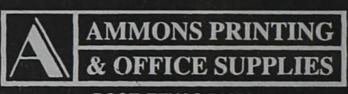
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Class Schedule Summer 1996 Classes Begin: May 28th End: July 25th Students must be present to enroll

Post Extension Post High School

Registration: Monday, May 20 - 6:30-8 pm

US/ST/Loc Gov

Day & Time Instructor Course

TH 6-10:10 pm Staff HIST 1302 US His 1865-Further Information:

GOVT 2305

Call Western Texas College at 915/573-8511

Counseling Office - ext. 313 Admissions Office - ext. 394

*Tuition & Fees *Out-of-District Hours \$142 \$229 · Total does not

T 6-10:10 pm Ritchev, K

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TICKETS AT THE DOOR **ARE \$5**

ADVANCE TICKETS \$4 - AT THE DOOR \$5

Brady's Package Store 501 E. Main - 495-3150 Specials good May 16 - May 22, 1996 Brady's Package Store wants your business and we will work hard to keep it! This week's specials are...

Bartles & James **Wine Coolers**

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Miller, MGD, MGD Light

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Come by and see us. We have all your beverage needs.

Property Tax Protest and Appeal Procedures

The law gives property owners the right to protest actions concerning their property tax appraisals. You may follow these appeal procedures if you have a concern about:

the value placed on your property
any exemptions that may apply to you
the cancellation of an agricultural appraisal · the taxable status of your property · the local governments which should be

 any action taken by the appraisal district that adversely affected you.

Informal Review

taxing your property

Property owners are urged to contact the appraisal district and use the informal review process if they have questions about, or disagreements with the value placed on Iheir property. Phone (806) 495-3518.

Review by the Appraisal Review Board If you can't resolve your problem informally with the appraisal district staff, you may have your case heard by the appraisal review board (ARB).

ARB is an independent board of citizens that reviews problems with appraisals or other concerns listed above. It has the power to order the appraisal district to make the necessary changes to solve problems. If you file a written request for an ARB hearing (called a notice of protest) before the deadline, the ARB will set your case for a hearing. You'll receive written notice of the time, date and place of the hearing. The hearing will be informal. You and the appraisal district representative will be asked to present evidence about your case. The ARB will make its decision based on the evidence presented. You can get a copy of a protest form from the appraisal district office at 123 E. Main, Post, Texas.

Note: You shouldn't try to contact ARB members outside of the hearing. The law requres ARB members to sign an affidavit saying that they haven't talked about your case before the ARB hears it.

Review by the District Court

After it decides your case, the ARB must send you a copy of its order by certified mail. If you're not satisfied with the decision, you have the right to appeal to district court. If you choose to go to court, you must start the process by filing a petition within 45 days of the date you receive the ARB's order. If the appraisal district has appraised your property at \$1,000,000 or more, you must file a notice of appeal with the chief appraiser within 15 days of the date you receive the ARB's order.

Austin, Texas 78746-6565.

More Information You can get more information by contacting your appraisal district at Garza Co. Appraisal District, 124 E. Main, Post, TX, (806) 495-3518. You can also get a pamphlet describing how to prepare a protest from the appraisal district or from the State Comptroller's Property Tax Division at 4301 Westbank Drive, Building B, Suite 100,

Deadline for Filing Protests with the ARB*

Usual Deadline

On or before May 31 (or 30 days after a notice of appraised value was mailed to you, whichever is later).

Late protests are are allowed if you miss the usual deadline for good cause. Good cause is some reason beyond your control, like a medical emergency. The ARB decides whether you have good cause.

Late protests are due the day before the appraisal review board approves records for the year. Contact your appraisal district for more information.

Special Deadlines

For change of use (the appraisal district informed you that you are losing agricultural appraisal because you changed the use of your land), the deadline is before the 30th day after the notice of the determination was mailed to you.

For ARB changes (the ARB has informed you of a change that increases your tax liability and the change didn't result from a protest you filed), the deadline is before the 30th day after the notice of the determination was mailed to you.

If you believe the appraisal district or ARB should have sent you a notice and did not, you may file a protest until the day before taxes become delinquent (usually February 1). The ARB decides whether it will hear your case based on evidence about whether a requred notice was mailed to you.

*The deadline is postponed to the next business day if it falls on a weekend or holiday.

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Will Dole betray himself on China policy?

by Stephen Chapman

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> Some Americans voted for Bill Clinton in 1992 because they rejected President George Bush's policy toward China. They could not have been pleased when, as president, Clinton adopted the same policy as Bush. But take heart: Those who favor Clinton's 1992 position may be able to get it by voting for Bob Dole.

I should hasten to mention that I am talking about the BQB Dole

of 1996. This is the Dole who has let it be known that he is weighing the option of opposing the president should Clinton decide once again, as expected, to extend China's Most Favored Nation trading status for another year, despite Beijing's sins on human rights, Taiwan and nuclear proliferation.

He should not be confused with the Bob Dole we have known lo these many years, who has unwaveringly supported promoting commerce with the world's biggest nation. As recently as 1994, he called on the administration to "do the right thing with respect to MFN for China — unconditional extension and abandonment of the failed linkage to human rights. The time is past for bluster and threats and feel-good pronouncements.'

But that was when Clinton was still threatening to revoke MFN, giving Dole the pleasure of taking the other side. Now that Clinton has essentially adopted Dole's longtime position, Dole may see considerable political advantage in abandoning it. An about-face would allow him to portray Clinton as soft on both trade and security while appeasing GOP House conservatives who have always wanted to link commercial ties to human rights. It would also attract Buchananites and others who want to cut off trade with China mainly because they want to cut off trade with everybody.

But a flip-flop would not be wise, quite apart from the matter of its extravagant hypocrisy. The minor boost Dole might gain would be greatly outweighed by the damage to his reputation. His campaign, after all, is hoping to exploit the widespread view of Clinton as a craven jellyfish who has absolutely no principles and can never stick to a position — whether it's on Bosnia, welfare reform, the minimum wage, a middle-class tax cut or a balanced budget. How can Dole do that if he reverses himself in the heat of battle on an issue of such fundamental importance?

He would stand exposed as Clinton's moral equal, a windsock obedient to every transient political breeze. He would forfeit his claim to be the steady, mature leader needed to replace the undisciplined, feckless, ever-changing adolescent now occupying the Oval Office. And he would deepen the cynicism of disaffected voters who suspect that the two major parties are more interested in playing "gotcha" than in solving problems.

More important is that if he is elected president, Dole would find himself committed to a wrong-headed policy adopted purely for political convenience. That is exactly the mistake Clinton made in the 1992 campaign, when he had immoderate fun roasting Bush for his allegedly wimpy policies on trade with China and the war in

As president, Clinton had to make a humiliating retreat on both issues simply because he discovered what he obviously had never considered before — that sticking to his original positions would be dangerous and destructive. Does Dole want to have to do the same era Air Force veteran, and three-time chairman of the Arizona

be bad for American consumers since it would mean huge duties on all the Chinese-made goods we buy. It would be bad for American exporters and their employees, whose sales in China have more than doubled in the last five years and who could expect retaliatory sanctions that would sharply curtail their shipments. It would be bad for American companies trying to operate in China, which would probably find much of their business going to Japanese and European

Most conspicuously, it would be bad for the cause of democracy and human rights. It would weaken the most powerful forces working to erode authoritarian control — the growth of private enterprise, the expansion of contacts with the outside world and the rapid improvement in living standards. The Chinese government is determined to maintain its iron political grip in spite of all these forces. This is living in a fool's paradise: No dictatorship ever has.

What is needed from Americans is what they often find hard to muster-patience with a slow but inexorable process that has already made China much freer than it used to be and will eventually yield even more dramatic changes. Bob Dole knows that, but he may be willing to forget.

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Quota wars and all that stuff

by Walter E. Williams

Last April, the U.S. Supreme Court refused to block Mississippi's

mandate that its state universities, including its three black ones, have the same admission standards. Earlier this year, a federal appeals court ruled against race-based admissions preferences at the

University of Texas Law School Last year, the University of California Board of Regents banned racial quotas at all of its universities.

This year, Sens. Robert Dole (R-Kan.) and Charles Canady (R-Fla.) introduced the "Equal Opportunity Act of 1996," which bans racial decision-making in federal hiring and

awarding contracts. Later this year, Californians will vote on the California Civil Rights Initiative, a ballot measure to eliminate race- and sex-based preferences.

Racial quotas, euphemistically labeled affirmative action, have lost their broad political appeal. But many have yet to receive the message. Columnist William Raspberry described the Dole-Canady bill as "an all-out, in-your-face attack, a walking away from hardearned civil rights gains." Rep. Barney Frank (D-Mass.) called it a "safe haven for bigots," and Rep. Nita Lowey (D-N.Y.) said the Dole-Canady bill was a "unilateral disarmament in the war on racism and

discrimination.' Let's give thought to why so many are against equal standards for college admissions or employment. Frequently, tests determine whether a person gains admission to a college or gets a job. So one investigatory question is: Are blacks in fact attaining, say, higher SAT, GRE and LSAT scores but then college admission office racists secretly remove points to deny them admission and make us look bad? Or are blacks achieving higher test scores and colleges showing

If these despicable admission practices are not occurring, the affirmative action vision forces us into a more embarrassing area of inquiry to find out why blacks are not admitted to college in greater numbers and, once admitted, fail to graduate at a rate exceeding 70 percent. More specifically, the question is: Can black people compete with others when the competitive standards are identical? If we come up with a "no" answer, then it is cruel and unfair to have racially equal admission standards. It means there'll be no blacks in college. It's analogous to wanting Japanese players in the NBA. That goal cannot be achieved if we insist on the same performance standards for Japanese as we have for whites and blacks. Compassion in both cases screams for goals and timetables — in a word, quotas.

inferiority that's implied in calls for racial double standards. Today's fact of poor black academic-achievement has nothing to do with intellectual inferiority or racial discrimination. It has much more to do with preparation. The government schools that serve blacks are the worst in the nation. These schools have some of the nation's highest per-pupil expenditures yet have some of the lowest quality teachers and administrators. Violence against students and

education, blacks will be handicapped in any activity requiring education and skills. Part of the tragedy is that quota supporters stand in opposition to effective measures to create better education, measures such as school choice or educational vouchers

The days of race-based entitlements are numbered. We should not lament them and brood. We should begin a ruthless struggle for black academic excellence, taking no prisoners in the process. Keep in mind that at one time blacks weren't allowed in professional basketball or football. Today, blacks dominate. Do we chalk that fact up to quotas or excellence?

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Warning

"Germans who wish to use firearms should join the SS or the SA. ordinary citizens don't need guns, as their having guns doesn't serve the state.

The Constitution for the United States

Preamble We the people of the United States, in order to form a more perfect union, establish justice, insure domestic tranquility, provide for the common defense, promote the general welfare, and secure the blessings of liberty to ourselves and our posterity, do ordain and establish this Constitution for the United States of America.

Article 2

United States, shall be removed from Of fice on impeachment for, and Conviction of Treason, Bribery, or other high Crimes and Misdemeanors.

Heinrich Himmler

heard. It is not a matter of politics, it is a matter of survival." Letters of support may be addressed to the Zhadanovs at 2944 W. 5th St., Apartment 20J, Orooklyn, N. Y. 11224.

Editor's Note: Rick Tompkins will be one of four presidential candidates scheduled to speak at the 1996 Libertarian Party of Teaxs Section 4. The President, Vice President and all civil Officers of the State Convention in Lubbock June 8-9. Mr Tompkins will share speaking time June 9 with Harry Browne, Irwin Schiff, Carl Raskaup and vice presidential candidate Jo Jorgensen.

Results of Lawful Plunder

by Frederick Bastiat (1801-1850) excerpt from "The Law" published by The Foundation for Economic Education Inc., Irvington-On-Hudson, New York, N.Y.

It is impossible to introduce into society a greater change and a greater evil than this: the conversion of the law into an instrument of plunder.

What are the consequences of such a perversion? It would I do not accept the insinuation of inherent black intellectual require volumes to describe them all. Thus we must content ourselves with pointing out the most striking.

In the first place, it erases from everyone's conscience the distinction between justice and injustice.

No society can exist unless the laws are respected to a certain degree. The safest way to make laws respected is to make them respectable. When law and morality contradict each other, the teachers is the order of the day. As long as schools deliver fraudulent citizen has the cruel alternative of either losing his moral

sense or losing his respect for the law. These two evils are of equal consequence, and it would be difficult for a person to choose between them. The nature of law is to maintain justice. This is so much the case that, in the minds of the people, law and justice is one and the same thing. There is in all of us a strong disposition to believe that anything lawful is also legitimate. This belief is so widespread that many persons have erroneously held that things are "just" because law makes them so. Thus, in order to make plunder appear just and sacred to many consciences, it is only necessary for the law to decree and sanction it. Slavery, restrictions, and monopoly find defenders not only among those who profit from them but also among those who suffer from them.

The Constitution is the law of the land, along with properly executed treaties. All other legislation is merely regulation.

A presidential candidate who cares about individual liberty

by Vin Suprynowicz

'Libertarians are the only ones who would listen ...'

On Saint Patrick's Day, following a campaign appearance in New Jersey, Libertarian presidential hopeful Rick Tompkins drove to Brighton Beach, the Russian immigrant enclave in Brooklyn, N.Y., to meet with Anna and Eli Zhadanov.

Anna and Eli are the wife and son of Sam Zhadanov, the 69-yearold Russian immigrant plastics manufacturer who-late in the game, when his customers started acting squirrely—checked with a local lawyer to make sure there was nothing illegal about filling wholesale orders for little plastic perfume bottles, even if someone were to later re-sell them to store crack cocaine, a product Sam Zhadanov has never trafficked in.

The attorney correctly informed old Sam that manufacturers of such generic containers are specifically exempted from the federal definition of "drug paraphernalia," since otherwise the folks who manufacture various sizes of plastic sandwich bags would be in a world of hurt.

But the federals don't care what the law says. They arrested Sam and charged him with "conspiracy to transport" all the cocaine they figured could have fit in all the little plastic bottles he manufactured over the years (tons.) They seized his life savings out of his safe at home. They seized his social security checks. They harassed his other customers until he was forced to sell the plastics factory he'd built up over the years with his own hands. Then they seized that money, too.

Finally, when they had everything, they told Sam Zhadanov his 58 year-old wife would starve when he went away to prison, unless he took their best offer, as recommended by his lawyer—who until four months earlier had worked as a federal prosecutor in New York.

The offer was: Plead guilty to all charges, we'll give half the money back to your wife to live on, and you won't do hard time.

Zhadanov pleaded guilty. But before his wife saw a penny of the promised half of the Zhadanovs' life savings, the IRS stepped in and seized it, saying a deal cut with the prosecutors had no binding effect

"It was a trick," says son Eli. ~It was a scam from the very beginning."

Then came the "no hard time" part—five years in Allenwood. Rick Tompkins, the Fully-Informed Jury activist, 20-year Vietnam-Libertarian Party, says Brighton Beach is hardly New York's The consequence of trying to isolate the Beijing government would swankiest address, but that Anna Zhadanov's modest apartment is

> nicer inside than out. "Eli came over with his son, a beautiful little boy of about 6 or 7 with dark hair and bright eyes, who was very well-behaved. We talked for awhile, and then Anna served a beautiful spread of ethnic Russian

> "It was an incredible feeling sitting and talking to these eminently nice, respectable people. These are not criminals. I reiterated the shame I felt for my country. As (Libertarian political strategist) George O'Brien says, the government is hurting people every day.

> "The phone rang, and it was Sam. Apparently he calls from prison every day. His hunger strike lasted 25 days, and then his health got

> "They still can't deal appropriately with his dental problem, which was in large part caused by the way he was treated by the government. Hed spent \$20,000 on dental implants just days before they descended on him. They refused to give him the opportunity to go back to his dentist, so the implants began to deteriorate. He's in a special medical facility now in Kentucky, but even there they don't have the special expertise to deal with his problem. And it looks like they'll

> ship him back to Allenwood soon.' Son Eli decided to close his small but successful 1 O-year-old New York ad agency to reopen his father's business in smaller, rented quarters. "He decided to revive his dad's business in large part to keep his spirits up. They manufacture mainly devices his father had patents on, some life-saving medical devices he d invented. Eli managed to get some of the products into one of the home shopping networks, so now he actually has more back-orders than they can fill. Of course he still has cash-flow problems.

> Anna and Eli Zhadanov "pretty much think the press is worthless," Tompkins said. "Anna said more than once: Libertarians are the only ones who would listen to us. Even a lot of people they thought of as

their friends pulled away." In a recent letter to Rick, Eli Zhadanov writes:

"Dear Mr. Tompkins: On behalf of my father, my mother and myself please accept our warmest gratitude and appreciation to you and Kathy for your support. All of us have been deeply touched by your outrage and concern over my father's situation. More importantly, your letter gave us a sense of hope and strength from a realization that the spirit of America is alive and well in people like you. In your words one hears the voice of a true American patriot.

"We admire your courage to speak the truth and stand up against the government terror and oppression. Unfortunately, most Americans are blind to the greatest threat to this country since the American Revolution: their own government raging out of control.

"To us, immigrants from the former Soviet Union, the symptoms are too clear, the prospects are too horrifying. It is essential to our struggling democracy that your voice and those of your supporters be

Sports

Bulldogs knock 'Lopes out of co-district championship

By Becky Warren The Tahoka Bulldogs, playing at home last Friday, May 10, knocked the Post 'Lopes out of a co-district championship by one run, 7-6.

The win gave the Bulldogs the outright district championship and forced Post into a one game playoff with Idalou to determine the second place representative in the playoffs.

The Lopes grabbed a one run lead in the top half of the first inning on a single by Jamie Hernandez that scored Anthony Flores. Flores had walked after Armando Ayala lead off the game with a strike out. Steve Gonzales followed Hernandez's single with another strike out. David Perez then singled driving Hernandez on

With runners at first and third and two outs, T.J. Gaydos slapped a grounder to Shawn Brewer at second. Brewer then flipped the ball to short stop Mike Rodriguez covering second forcing out Perez to end the inning. Tahoka came right back in the

bottom of the first scoring 2 runs to

go up 2-1.
Mike Rodriguez followed Gerald Cantu's lead off fly out to Steve Gonzales in left with a walk. Edward Ramirez then doubled on a 3-2 pitch deep in to the left corner scoring Rodriguez. Matt Garcia was hit by a pitch and then both runners advanced to second and third respectively on a passed ball. Shawn Brewer followed Garcia with a deep shot to left field

two but the go ahead run scored. Post left three men in scoring position over the course of the next two innings and Tahoka was able to push across two more runs with two outs in the third. Ayala got the first two batters to pop up and ground out Perez stuck out six of those, got two to Anthony Flores at short stop. But then four straight singles by Shawn others to fly out, and was involved in the other out.

Brewer, Monty Hale, Edward Rodriguez and Steve Wiseman allowed Brewer and Hale to score.

The situation looked bleak for the Antelopes in the top of the fourth as Todd Terry lead off with a strike out, but quickly turned bright as Jeremy Josey and Roy Perez hit back to back

singles. With Perez's scoring Josey, who had advanced to second and third on passed balls, Perez then stole second and advanced to third on another passed ball. Armando Ayala walked then stole second. Anthony Flores then struck out for the second time in as many at bats for out number two.

With the score 4-2 Tahoka and two outs, Jamie Herenandez took a 3-2 pitch to the fence in the left center alley for a game tying two run double. Hernandez's double was followed by Steve Gonzales second walk of the day. David Perez was up next and proceeded to drive a hard shot down the third base line for a double into the left corner scoring Hernandez and Gonzales. That gave Post a 6-4 lead with a runner standing at second base. T.J. Gaydos, who had just missed driving a run in the third with a line shot that their second baseman, Shawn Brewer, made a great play on, then popped up to the third baseman to end the inning.

David Perez came in to pitch in the bottom of the fourth and seemed to have things well in hand as he struck that Gonzales caught for out number out the top two batters of Tahoka's two but the go ahead run scored. to dribble a slow grounder back to him on the mound. In fact through the 4th, 5th and 6th innings Tahoka was unable to do much as David faced 12 batters (minimum is nine).

In the bottom of the seventh though, things did not go as well.

Matt Garcia lead off the inning for Tahoka with a Texas leaguer that Jeremy Josey could make the catch on in right field. Shawn Brewer than reached base on an error by Armando Ayala at short that allowed Garcia to score. Brewer then was thrown out by Roy Perez trying to steal second for out number one and no men on base. Monty Hale struck out for out number two and no men on base. Edward Rodriguez then singled, Steve Wiseman get on via an error by Jamie Hernandez and then their number nine hitter got a walk on four straight ball, loading the bases.

That brought their lead off hitter, Gerald Cantu, to the plate. David

quickly got up two strikes against Cantu. With a 1-2 count, David struck out Cantu on a low curve ball that Roy Perez couldn't handle behind the plate. According to the rule, with two out and first base occupied, the batter-runner must be put out or in this case (the bases being loaded) the force out must be completed. Neither one was done and the tying run scored. The bases were still loaded and David struck out Mike Rodriguez

with the winning run on third base. Post had a chance in the top of the eighth, Roy Perez lead off the inning with a line shot to right field that Monty Hale made a great catch on for out number one. Armando Ayala then struck out for out number two. Anthony Flores and Jamie Hernandez then walked putting the go ahead run at second. Steve Gonzales then struck out to end the

Honest criticism is hard to take, particularly from a relative, a friend an acquaintance or a stranger.

-Franklin P. Jones

In the bottom of the eighth, Edward Ramirez lead off with a walk and was followed by clean up hitter Matt Garcia who struck out on four pitches. Shawn Brewer then hit a fielder's choice forcing out Ramirez on second base. That gave Tahoka two outs with a runner at first base. Monty
Hale then blasted the first pitch he
saw deep into the left center alley for
a game winning double. The relay
throw from Armando Ayala to Roy
Perez at the plate was just a few feet away from getting the man out at home. Tahoka won 7-6.



Lt Cmdr Gardner

S.T.A.R.S. sponsors drug prevention

program

The S.T.A.R.S. program at Post Middle School sponsored a program on drug prevention. All students went during their homeroom classes on Tuesday, May 7th to hear Lieutenant Commander Gardner.

Lieutenant Commander Gardner received his commission at Officer Candidate School, Newport, Rhode p.m.. Island in September 1980.

A selection of various service awards Lieutenant Commander Gardner is entitled to wear include the Navy Achievement Medal, National Defense Medal, South West Asia Service Medal and the Sea Service Deployment Ribbon (with two

Community Calendar

Friday, May 17, 1996 Junior-Senior prom, Community

Tuesday, May 21 1996 12 noon - Rotary, Rotary room,

Community Center Thursday, May 23, 1996 7 a.m. - Lions Club, Chaparral Post Middle School cheerleaders for 1996-97 are (back row, left to right) eighth

graders April Line, Brailey Feagin, Kenda Looney, Yvonne Lopez, Laci Williams, (front row) seventh graders Emily Smith, Tandi Humble, Meagan Mills, Kelly Moore and Manuela Hernandez. (Photo by Becky Warren)

Bold Gold football schedules released

By Becky Warren Athletic director/head coach Richard Gorman recently released the 1996 Bold Gold football schedules.

Varsity Aug. 23 - Tahoka (scrim) - here -

Aug. 30 - Shallowater (scrim) there - tba;

Sept. 6 - Floydada - here - 8 p.m.; Sept. 13 - Slaton - there - 8 p.m.; Sept. 20 - Lockney - there - 8 p.m.; Sept. 27 - Seagraves - there - 8

Oct. 4 - Morton*** - here - 8 p.m.; Oct. 11 - Crosbyton* - here - 7:430

Oct. 18 - Ralls* - there - 7:30 p.m.; Oct. 25 - Abernathy* - here - 7:30

Nov. 1 - Idalou* - there - 7:30 p.m.; Nov. 8 - New Deal* - here - 7:30

*** Homecoming * District 4-AA game **Junior Varsity**

Aug. 23 - Tahoka (scrim) - here -Aug. 30 - Shallowater (scrim) -

Sept. 5 - Floydada - there - 7 p.m.; Sept. 12 - Slaton - here - 7 p.m.; Sept. 19 - Lockney - here - 6 p.m.; Sept. 26 - Seagraves - here - 6:30

Oct. 3 - Morton - there - 7 p.m.; Oct. 10 - Crosbyton - there - 6 Oct. 17 - Ralls, here - 6 p.m.; Oct. 24 - Abernathy - there - 6 good and greated big thanks to

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Lonely? At TACT: 1-80

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Oct. 31 - Idalou - here - 6:30 p.m.; Nov. 7 - New Deal - there - 6 p.m. Freshman

Aug. 23 - Tahoka (scrim) - here -

aug. 30 - Shallowater (scrim) - tba

Sept. 5 - Floydada - there - 5:30

Sept. 12 - Slaton - here - 5 p.m.; Sept. 19 - OPEN: Sept. 26 - Colorado City - here - 5

Oct. 3 - Snyder (H.S. field) - there Oct. 10 - Lubbock Christian - here

7:30 p.m.; Oct. 17 - OPEN; Oct. 24 - Lubbock Christian - there

Oct. 31 - Idalou - here - 5 p.m.; Nov. 7 - OPEN. Junior High 7 & 8 Sept. 12 - Slaton (scrim) - there - 5

Sept. 19 - Lockney - here - 5 p.m.; Sept. 26 - Seagraves - there - 5

Oct. 3 - Morton - there - 5 p.m.; Oct. 10 - Crosbyton -here - 5 p.m.; Oct. 17 - Ralls - there- 5 p.m.; Oct. 24 - Abernathy - here - 5 p.m.; Oct. 31 - Idalou - there - 5 p.m.; Nov. 7 - New Deal - here - 5 p.m.

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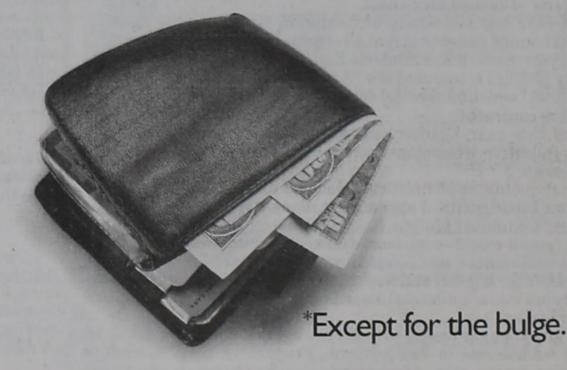
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Special thanks also to the Class of '67' for the beautiful plant. The family of Dovie Young

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Personals

Lonely? Afraid? Depressed? Call CON-TACT: 1-800-886-4351. Free, Confidential, Anonymous - 24 hours per day.

Post Group of Alcoholics Anonymous meets every Thursday night at the First Presbyterian Church, 901 West 10th at 8 p.m. Closed meetings are held except on the last Thursday of the month, which is an open meeting. We have supper at 7 p.m. and the speaking starts at 8 p.m. Anyone who wishes to talk or ask about an alcohol problem, call 495-4152, 495-4185

Post Independent School District invites the Senior Citizens of the district to come by the Superintendent's office and receive a gift of a complimentary general admissions pass that will admit you to all school functions. (You will be asked to present identification so that a pass can be issued in your name).

Spanish Speaking AA

Spanish speaking AA meetings will be held every Tuesday night at the Catholic Church from 8-9 p.m. Come one, come

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Would like to tear down old barns for the lumber. Call 495-3977

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Dickens Electric Cooperative, Inc. - is now taking applications for Lineman or Lineman Trainee. Duties will include line construction and line maintenance. Commercial Drivers License (CDL) will be required and line experience preferred.

quarters building in Spur or you may call (806) 271-3311 for an application to be mailed. Applications will be accepted through May 17, 1996 at 5 p.m. Dickens Electric Cooperative, Inc. is an equal opportunity employer. We do not discriminate because of a person's race, color, religion, sex or national origin.

Now hiring part time/full time housekeeper, \$5 hour. Apply in person at Rocket

Mobile Homes for Sale

Mobile home – 14 X 76, 2 bedroom/2 bath fully paneled. Call 495–3797 after 5 p.m. Leave message if no answer.

Homes for Sale

1800 sq. ft. 3 bedroom/2 bath, large bay window.402 Osage. Nice neighborhood. 495-4067.

Santa Fe style custom home. 3 bedroom/2 1/2 bath on 3.43 acres in Cedar Hills. 2 fireplaces. Call 806-495-2028. Shown by appointment only.

3 bedroom/2 bath, 2 lots, lots of stor-

Miscellaneous for Sale

Boys size 16 slim suit. Double breasted gold jacket, black dress pants, black shirt and tie. Worn only once. Ideal for end of school activities, \$25, 495-3977

Dresser with 4 drawers, \$50. Call Becky at 495–2816.

Super single waterbed with 6 drawer underdresser, \$75, 495-4096 after 5 p.m.

Garage Sales

Friday and Saturday, 8 a.m. till ?. La-dies housedresses size 16-18, misc. items. 123 N. Ave. L.

306 Osage, 9 a.m. Saturday.

Thursday and Friday, 9 a.m. - 5 p.m. 205 W 12th. Clothes, mens shirts, girls clothes and misc, cheap.

Back yard sale - 207 Mohawk Dr. Saturday, 9 a.m. No early birds.

702 N. Ave. F. Saturday, 10 a.m. to ?.

Saturday, 9:30 a.m. to 1 p.m. 1006 W.

Friday 9 a.m. to 2 p.m. 1 mile west of city limits on Lubbock hwy on the south side. Childrens clothes and misc.

Treasures to junk sale. Friday and Saturday 8:30 a.m to 4 p.m. Lawnmower, 3 wheeler, welder to "what-nots", stuff and more stuff, 401 N. Ave. O.

10th and Ave. K. Annex at church. Saturday, 9 a.m. to 4 p.m.

Feed & Seed & Livestock

Bantam chickens and weaning pigs for sale, cheap. 263-4546.

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1990 Ford F-150 Lariot Supercab, captains chairs, 351 engine. \$8,500. Contact

J.W. at sheriff's office.

1987 Cadillac Sedan Deville, 1 owner, clean, new tires, must see to appre-

1987 Chevy Blazer 4 X 4, low miles. Make offer. 495–2883.

1993 Olds Achieva, 51K, new tires,

95 Thunderbird, loaded, must sell. 327-

Commercial Property

Food concession at Old Mill Trade Days. 806-794-2851. Money maker and

Automatic simply means that you can't repair it yourself. -Frank Capra

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-Martin Luther King, Jr.

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92 Short, Wide Bed, New Engine, Extra Clean, Auto Trans, Chevy Pickup \$8,995

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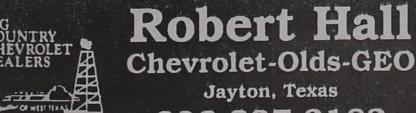
93 Sportside, Extra Clean, One Owner, Silverado Chevy Pickup . \$12,800

95 Extended Cab, w/Warranty, 2-Wheel Drive, Silverado, Loaded, 30,000 Miles, Like New

Chevy Pickup . \$17,500

95 4-Door, Low Miles, Like New w/Warranty Chevy Corsica .. \$9,250

95 4-Door, Loaded, w/Warranty Chevy Lumina \$12,500









Yesteryears

by Pat Burnett

10 Years Ago May 15, 1986

The Post Art Guild has named of the Month.

Holleman has arrived for duty

Amber Kay Copaus was named Bees to a 7-5 victory over a Snyder winner of the "Spring Fling for team. Mom" Essay contest.

Members of the Lubbock City Council held a working retreat in Post last Saturday.

20 Years Ago May 13, 1976 Doctor of the Year by the South score and slid into home base. Plains Dental Assistants Association.

County Museum.

Charles Ray Hawkins, G.H. month of free shows. Newberry, Lanita Jean McAfee, and Robbie King.

State UIL contest.

30 Years Ago May 19, 1966 Last rites for Mrs. Mattie Catherine Caylor, 85, a resident of Post for 48 years was held

Wednesday. recovering in a Plainview hospital from injuries he received in a farm accident. He

was run over by a tractor. Best all-around Post High School athletes were named at the all sports barbecue: Ricky Welch and Ruben Solis for all around boy athletes; Linda Altman at best all-around girl

Mrs Jerry Thuett is elected Young Homemakers president.

40 Years Ago May 17, 1956 Mrs J.N. Gossett, 82 is honored at birthday dinner on Mother's

Mrs Willie Goodjoin was selected as "Mother of the Year" in the A "Super Saturday Shindig" Garza County Mother's Day and TV Telethon to help finance Contest. She was presented a fur the renovation of the old Garza stole in a special program at the Tower Theatre.

A recent birth in Garza County Minnie Ola Stewart as its Artist was Freda Louise, daughter of Mr and Mrs James Halford, born May Army Spec 4 Donald B. 10 in the Garza memorial Hospital. Alton Taylor won his first game with the 15th Infantry, West of the season at Snyder Sunday afternoon by hurling the Post Wood

50 Years Ago

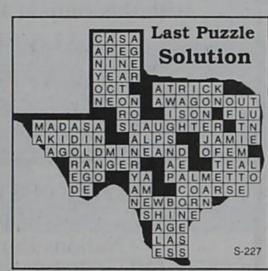
May 16, 1946 R.B. Dodson had the misfortune his right limb. The accident occured when Dodson, playing on Dr B.E. Young was chosen the fireman's team, attempted to

Mr and Mrs Ames Shifflett and children moved this week from Garza County's first jail has Polar. Their new home will be near been donated to the Garza Close City on the Scott Storie farm.

Mrs F.E Marable won the Happy Birthday today goes to Mother's Day award given by the Herman Messer, Rayford Bates, Garza theatre for being the oldest David Tyler, W.J. Huddleston, mother to register. Her prize is a

Don Brown was honored by his party. Those present were Mary Brenda Price placed fourth in Nell and O.K. Bowen, Dovle and 220 dash at State Track meet. Dayle Nelson, Johnnie Johnson, David Morrow placed third in David Tyler, Helena Nita Carr, informative speaking in the Bobby Onel, Judith King, Charlotte Brown, Geraldine Dunlap, Wilma Jean Welch and Laquita Brown.

The game of mahjongg was Three year old Kirk Stevens is first played in China around 2,500 years ago.



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Who has jurisdiction?

by Wesley W. Burnett I have a personal friend who is sitting in the Midland County jail as the result of standing firm on his Constitutional rights. The judge who ordered him jailed has told my friend that he will stay in that jail until he recants his

rights.

He is guilty of refusing to give in to a federal judge, who does not have jurisdiction in this case. My friend is guilty of fighting for his rights as a property owner. Several years ago he purchased land in the Davis Mountain Resort development, paid for title insurance, then later discovered that the title was not clear, and worse, that the land survey was incomplete and in some cases not even done at all. He is not the only land owner in that deal to lose the value of their investments due to the lack of clear titles to property,

The title insurance company refused to honor the policy, so my friend filed a law suit, along with others, to force the issue. The Texas General Land Office declared the survey faulty and in effect agreed with the complaining land owners. The case went to the Texas Supreme Court, as a class action suit on behalf of the citizens of the Republic of Texas. The Supreme Court of Texas ruled it had no jurisdiction.

So, seeking relief from the damages incurred by the faulty titles, which the title insurance company refused to make good, my friend took his case to the Republic of Texas Milam District Court of Common Pleas. There a jury heard the arguments, reviewed the evidence and ruled on behalf of the landowners and the citizens of the Republic.

Liens were placed against the title company to secure the judgment. The title company filed a law suit for injunctive relief in a federal court. last Friday afternoon of breaking The federal judge, who had earlier been a party as a private attorney with one of litigants in the same case, ruled to force my friend to "cease and desist" and to remove the liens. Refusing to comply, my friend posted a reply to the U.S. Supreme Court and the 5th Circuit Court of Appeals. In a reminder that neither state nor federal courts have jurisdiction in the case, my friend stood

The federal judge issued a show cause order for contempt of court for my friend's failure to respond to the previous order to cease and desist. Being a man of high moral character and integrity, my friend refused to surrender to the demand, citing his obligation to the citizens and his inability and lack of authority to order a court to reverse its decisions.

While working at his farm on his property in Jeff Davis County, my friend was kidnapped by two federal marshals and has been in jail since May 4, first in Monahans and now in Midland. He appeared at a hearing Thursday, May 9 and presented his case to a federal judge, who in open court declared that he does not recognize international law in his court. The news media accounts of this event have painted a picture of my friend

Jimmy Tyler, Phil Bouchier, Mrs mother, Friday afternoon at the as some kind of "nut" and it has grieved me to hear the reactions. He is a Robert Pace, Mrs Dean Robinson roadside park for his birthday decent, peaceful and lawful citizen. He is a "nut" in the sense that he is dedicated to the cause of liberty and individual rights. He is being held, not on criminal charges of any kind, but on a civil contempt in a civil court matter. It is really pitiful to see how powerless good people become when they challenge the almighty power of the federal government... which in this particular case does not even warrant jurisdiction, as the entire issue is

related to titles to private property.
Richard McLaren is a good man. I write this in an attempt to balance the prejudiced reporting I have seen in daily newspapers in hopes that somehow a few people will see the injustice of what has happened to him.

allegations of overcharging.

over the last decade.

Policyholders of Allstate and

Farmers have a lawsuit pending in

a South Texas state court alleging

the companies have overcharged

customers more than \$100 million

Farmers said the companies would

the insurance companies were

misinformed by state regulators

In other news, Bomer adopted

about how to calculate premiums.

a fraud-prevention policy that

requires new insurance agents to

be fingerprinted and submit to

Bomer said that every year

consumers are defrauded by a

few agents who would not have

been issued a license if they had

disclosed their criminal records to

the Texas Department of Insurance.

Morales Gets Party Help

nominee for the seat now occu-

pied by Republican U.S. Sen. Phil

Gramm, said last week he would

accept help from party headquar-

ters in Washington, D.C., but he

would not take orders from a cam-

still be my own man. No one is

going to tell me what to do,"

Morales told the Austin American-

Sen. Bob Kerry, D-Neb., and

lem. "Victor has got a winning

strategy. There is no need to change

do all the work that running a

statewide campaign requires and

will turn over the day-to-day

Morales said he could no longer

a single thing about that."

Greg Weiner, an aide to U.S.

"The bottom line is that I will

Victor Morales, the Democratic

The policy will go into effect

criminal background checks.

this summer.

paign coordinator.

Statesman.

comply with Bomer's order.

Spokesmen for Allstate and

Bomer has acknowledged that



HIGHLIGHTS By Lyndell Williams & Ed Sterling TEXAS PRESS ASSOCIATION

AUSTIN - Attorney General Dan Morales continued to wage war on the tobacco industry last week when he suggested Texas sell more than \$500 million in tobacco stocks it holds in its pension and

endowment funds. "Texas should not be in business with those who seek to do our children harm. Our state should repudiate its financial involvement in these unconscionable efforts to profiteer at the expense of our children's lives," Morales told the

Dallas Morning News. But Jack Maroney, an attorney for Philip Morris Inc., a defendant in the lawsuit, characterized Morales' plea to dump tobacco stocks as "another attack on busi-

In late March, Morales filed suit against the tobacco industry on federal racketeering charges.

Last week, Morales wrote letters requesting the sell-off to the Teachers Retirement System, the Employees Retirement System, the Permanent University Fund and the Permanent School Fund, the Morning News reported.

Morales spokesman Ron Dusek said the attorney general was obligated to tell the state funds that "tobacco stock will plummet" as a result of litigation against the industry, and that his letters were made public because his advice could affect the stock market.

The largest investor in tobacco stocks of the four funds is the Teacher Retirement System, which holds \$413 million.

Also last week, State Board of Education chairman Jack Christy of Houston said the 14-member panel would meet this week and discuss Morales' request to sell tobacco stock in the Permanent School Fund, which the board oversees, the Houston Chronicle reported.

Christy told the Chronicle he believes it is morally wrong for the state to invest education dollars in tobacco stocks. "On one hand we're telling the kids (smoking) is evil, and on the other hand we're taking the tobacco industry's

profits." Ray Sullivan, a spokesman for Gov. George W. Bush, said the governor would leave the decision of whether to divest tobacco stocks with the boards that govern the four

funds. Bomer Orders Billing Change

Insurance Commissioner Elton Bomer ordered Allstate and Farmers insurance companies to change the way they have calculated auto and homeowners insurance premi-

Last week, Bomer ordered the two companies to stop rounding bills to the nearest dollar a practice that has resulted in

teams eam \$104,000/year, \$2,000 sign-on bonus, '94 or newer Freightliner Conventionals, excellent benefits. Convenant Transport: 1-800-441-4394; Graduate students: 1-800-338-6428. DRIVERS - CALARK INTERNATIONAL offers great pay, benefits and the chance to get

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The oldest living thing on earth is believed to be a bristlecone pine tree in California named Methuselah, and estimated to be 4,700 years



Texas Agricultural Extension Service The Texas A&M University System

Extension Extras

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

Post 4-H Club.....

.....will meet tonight at 7:00 p.m. at the Show Barn. New officers will be elected for 1996-97.

4-H Camp Deadline

Deadline to register for 4-H Leadership Camp at Levelland, and 4-H Electric Camp at Cloudcroft, New Mexico, is 4:00 p.m., Friday, May 17. Come by the Extension Office to sign up this

GCJLA Horse Show/4-H Pee-Wee Horse **Show & Garza County Mesquite Country** 4-H Horse Show

The Garza County Jr. Livestock Association Horse Show is June 1 beginning at 8:00 a.m. at the rodeo grounds. Deadline to sign up for this Halter Class show is 5:00 p.m., Wednesday, May

Any Pee-Wee eight years and under may sign up for the 4-H Pee-Wee Horse Show that will immediately follow the GCJLA Horse Show on Saturday, June 1. Pre-register at the Extension Office by 5:00 p.m., Wednesday, May 29.

The Garza County Mesquite Country 4-H Horse Show will begin at 9:30 a.m. June 1 at the Post Stampede Rodeo Grounds. Registration will begin at 8:30 a.m.

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by Charley & Guy Orbison

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logistics to Weiner.

- 1 Texarkana slogan: "Twice as _ 5 San Antonio-based
- insurance giant 6 former Fort Worth mayor Willard
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16 TXism: "so dark you

- couldn't find your mighty state . . . " 21 Abilene's Ty
- was in sequel to "Mighty Ducks" 22 ex-Spurs owner
- B.J. "Red" __ tea 28 a Canyon in TX's
- Big Bend area 29 ex-Cowboy Pat who wrote "On Any Given Sunday*
- 30 a Yankee who sold barbed wire in TX 4 TXism for achieved 32 played in Cotton (3 wds.) Bowl in '96 (abbr.)
- 33 X-mas letter to Santa (2 wds.)-36 TX Crenshaw's driving aid (2 wds.) hand __ it" 37 state job agency

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- 38 in 1800s longhorns Hitzges (init.) were driven through 12 TXism: "hot this in Santa Anna Mountain (2 wds.)
- 55 TXism: "__ have to get better to die" 1 TX Dell is ___ Oliver 13 dog: Great
- on "Evening Shade" 2 TX King Vidor's "A Tree _ _ Tree* 3 Columbus ship that sailed to TX in '92

39 TX Robby Benson's

41 Corpus Christi: "Spark-

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ling City by the .

42 TX Fawcett was this

46 Astros' Drabek (init.)

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49 San Antonio Zoo 1st bred

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47 TXism: "Panhandle

45 Houston's ZZ Top

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- 8 bib over_ 9 TX Bill Moyers won this in '92 (3 wds.) 10 TXism: "try your
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 - enough to sunburn
- - 14 TX Kite feats: hole-in-_ 15 Mountain in Llano County 16 TXism: "esta .
 - (good) 17 TX Sly Stone's " the Music* 18 poor sitting posture 24 TXism: "mad as a 20 TXism: "does
 - have a climbing gear?" (yes) 22 TX grocer:

Texas Crossword

- 25 leaves out "Buddy" Minyard 23 Charley & Guy:
 - potatoes _-editors of the
 - 28 the Fin NAFTA 31 Lake _ Pines 50 TXism: painted 34 this Gray was Sue Ellen on "Dallas" (init.)

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- Castro County's The Prayer Chapel
- * (prostitute) 51 TXism: *fits like hide _ a horse*

35 TX Lyle Lovett's

"Here _ _ "

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40 once a pen name of

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37 TXism: "got the

43 TXism: "fought

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P-228

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The funera on April 5, 1 Repub Provision material Library. plan, wh

May. dangers fo Senior cit against the danger, for sunny sum garden.

> May 17 Call 1 For a

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Obituaries

Jimmy Rogers Smith

Former Post resident Jimmy Rogers Smith, 65, of Flagstaff, Arizona, a retired teacher, coach, and school administrator died April 3, 1996 at the Flagstaff Medical Center. He was born October 31, 1930 in Liberty Hill, Texas. Jimmy will be remembered as a member of Post's 1948 championship football team. He graduated from Post High School in 1950 as did his wife,

Janie Shepherd. Both still have many friends and relatives in the Post area.

He graduated from Sul Ross State University, Alpine, Texas. He taught in Marfa, Texas and Colton, California. He moved to Flagstaff from California 10 years ago after completing a 28

year career in education. Continuing his love of working with young people, he volunteered his services at many local high school events. He was a veteran of the Korean War and a 32nd-degree Mason. He loved northern Arizona and was an avid outdoor sportsman.

He was a devoted husband, father, and grandfather.

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1-866-4255.

Survivors include his wife, Janie of Flagstaff; son, Randy; son Roger and wife Mary Ann and their children Nicole, Ryan, Araiana and Ethan; daughter Beverly Hurley and granddaughter Caitlin Hurley, all of Flagstaff; daughter Kay Hart and grandchildren Chad, Shaun and Candice Thomas, all of Phoenix; brothers, Leroy, Lenard, Bill and Milo and sister Carolyn Brock, all of Texas. He was preceded in death by his parents Milo and Dollie of Post and brother

The funeral was held in Flagstaff with burial in Flagstaff Citizens Cemetery on April 5, 1996.

Republic of Texas documents at library

A copy of documentation related to the Republic of Texas Provisional Government's legal challenges and other explanatory material is now available for public inspection at the Post Public Library. Included in the set of documents is the transitional plan, which is outlines a two-year transition from state to republic government. For more information call 210-349-8994.

Morning and early evening are the

best for outdoor activities, says Dr.

She says seniors should wear hats

beverages. If seniors are living in

homes without air-conditioning and

they are nervous about keeping windows open, friends and family

should help position fans to cool the

One in five people suffering a heart attack calls a doctor or drives to the

hospital. They should call 911. The

lost minutes or hours can be deadly.
"Often people are in denial", says
Dr. Brian Zachariah, assistant

Dr. Brian Zachariah, assistant professor of emergency medicine and director of Emergency Medical Services at UT Southwestern Medical Center at Dallas. "They want to believe the pain will go away, that they're not having a heart attack".

Zachariah says calling 911 puts you in contact with help quickest because the dispatchers are part of the medical team. Memorize and call a seven-digit phone number for an ambulance only if your area is not covered by 911.

Menus

Friday, May 17 Oven fried chicken, white gravy,

mashed potatoes, harvard beets, bran muffin, pineapple, choice of beverage. Monday, May 20

Baked chicken, corn, okra, tossed salad/Ranch dressing, biscuit, peach

salad/Ranch dressing, biscuit, peach cobbler, choice of beverage.

Tuesday, May 21

Roasted turkey, sweet potatoes, green beans, tossed salad/Thousand Island dressing, wheat roll, cranberry dessert, choice of beverage.

Wednesday, May 22

Braised beef tips, rice, brussel sprouts, carrot sticks, cornbread, apple cobbler, choice of beverage.

Thursday, May 23

Fish, baked beans, broccoli, coleslaw, cornbread or hushpuppies, rocky road pudding, choice of

rocky road pudding, choice of

Friday, May 17 Breakfast: Cowboy bread, fruit,

Lunch: Cheeseburger, tater tots, hamburger salad, orange, milk.

Monday, May 20 Breakfast: Breakfast pizza, fruit,

Lunch: Nachos supreme, refried beans, broccoli, pineapple slices, milk. Tuesday, May 21 Breakfast: Muffins, sausage link,

Lunch: Chicken salad sandwich,

Wednesday, May 22 Breakfast: Oatmeal, bacon, toast

Lunch: Manager's Choice, milk. Thursday, May 23

Lunch: Chicken nuggets, whipped potatoes, green beans, fruit cocktail

Breakfast: French toast sticks,

lettuce and tomato, french fries,

beverage.

fruit, milk.

'n jelly, fruit, milk.

syrup, fruit, milk.

Post ISD

Trail Blazers

to call 911

If you're in pain, it won't hurt

May health news tips

Rising temperatures pose

dangers for elderly Senior citizens may need to alter some longtime habits to protect against the special threats they face from overexposure to heat. They could Dallas. actually be putting their health in danger, for example, by spending and cool clothing, and they should sunny summer afternoons in the drink plenty of non-alcoholic garden.

Miracle Far QSC

Miracle Ear will be in Post May 17th from 9 a.m. to noon at the

Senior Citizens Center 103 S. Ave. I. Call 1-800-808-0188 For an appointment



Be sure to visit our next

Randall King will be at the 11-12 noon, Wednesday, May 22. Free tests and service for convenience.



INVISA

Scholarships

(Continued from Page 1)

B.J. Hart and DeeJé Estep, Post ISD Benevolent Fund. DeeJé Estep, TSTA and Russell

Wilks Jr. Memorial.

B.J. Hart and Jeff Redman, Amity Study Club.

Marci Hill, Gamma Mu Sorority.

Lori Hudman, Ella Mae Hudman Memorial, Howard College and Post Chamber of Commerce.

Vernon Soto, W.F. and Maury Shiver and UTPB.

Aleida Marin and Raquel Martinez, Jim and Helen Cornish Memorial Library.

Aleida Marin, Post Lions Club. Jeff Redman and Andrea Wallace, J.R. and Mayme Durrett Memorial.

Jeff Redman, James E. (Jimmie) Pollard Sr. Memorial, South Plains College and Danny Foster Memorial.

memorial.

Alvin Reed, Leo Club.

Marine Certificates Achievement.

> **Deadlines:** Advertising **Stories**

> > Photos Letters Classified

TUESDAY NOON thank you The Post Dispatch

Jayson Fry, George Pierce

B.J. Hart, Larry King Haynes II Memorial.

Saul Martinez, Jill Stelzer, Joseph Sanchez and Beth Murray,



Post High School students got a real fire practice last Friday afternoon when a small fire broke out in the construction area between the two wings of the campus building. Post Volunteer Firemen quickly extinguished the fire, which was contained in a small area of the construction site of the new library complex. (Photo by Barbe Bevers)

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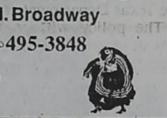
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The Post Dispatch

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Baptist Calvary Baptist Church First Baptist Church First Baptist Church, Wilson Pleasant Home Baptist Church Templo Bautista **Trinity Baptist Church**

402 W. Main, 495-3554 628-6333 E. 14th & N. Ave F 315 W. Main, 495-2416 915 N. Ave O, 495-3038 Justiceburg, Don Blackock, pastor Catholic

210 E. 6th, 495-2342

Holy Cross Catholic Church Ave. K and Main St., 495-2791 **Disciples of Christ**

First Christian Church 812 W. 13th, 495-3716

Church of Christ

108 N. Ave. M. 495-2326 **Church of Christ** Graham Chapel Church of Christ 5 miles W. Hwy 380, 2 miles south Church of God

602 W. 14th, 495-3644 Church of God of Prophecy Power House Church of God and Christ Pine Ave. Lighthouse Christian Center Church of God 314 N. Ave I, 495-2237 Church of the Nazarene

Church of the Nazarene 202 W. 10th, 495-3044 **Grassland Nazarene Church** 327-5656

Lutheran St John Lutheran Church, Wilson 1305 Dickson, 628-6573 St Paul Lutheran Church, Wilson

United Methodist First United Methodist Church 216 W. 10th, 495-2942 **Graham Chapel United Methodist Church**

Presbyterian First Presbyterian Church

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Forgive your enemies

by Jack Alexander, First Christian Church

Colossians 3:13 says, "Forgive whatever grievances you may have against one another. Forgive as the Lord forgave you".

It is very difficult to forgive those who have hurt you, but one must forgive for his own sake not because they deserve it. Do it so your heart can be whole again. The people from your past cannot continue to hurt you today unless you allow them to hurt you by holding out resentment against them.

Anytime you resent someone, you give him a piece of your heart, you give him a piece of your attention, a piece of your mind. This is not what you want or need, so take it back by forgiving. Forgive those who hurt you. Pray for those who hurt you. Instead of rehearsing that hurt over and over, release it.







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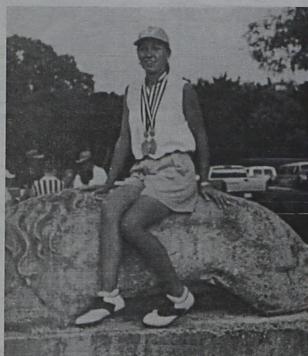
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Class AA State Medalist Jill Stelzer (Photo by Donna Stelzer)



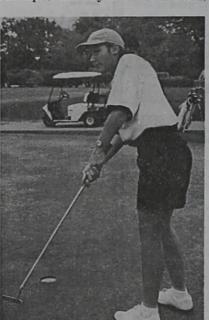
Dee Jé Estep (photo by Debbie Palmer)



1996 Class AA State Golf Champions - (back row, left to right) Natalie Pollard, Becca Stelzer, Kasey Hardin, (front row) Jill Stelzer and DeeJé Estep. (Photo by Barbara Hardin)



Kasey Hardin (photo by Debbie Palmer)



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To The Nth Degree Post

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Donny & Donna Stelzer

Bob & Debbie Palmer

Dickens Electric Cooperative

Caprock Golf Course

Jay, Sherry, Nikki & Jace Pollard

> Kidstuf Pat & Virgil Bilbo



Jill Stelzer (photo by Debbie Palmer)



than local valuations, but the Tex

Becca Stelzer (photo by Debbie Palmer)



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