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The Post Dispatch

Seventieth Year Number 47 USPS 439-620 Single Copy Price 50 cents © 1996 The Post Dispatch Thursday, April 25, 1996

White River Lake at lowest level ever

by Andrea Skeekowski
With White River Lake at the lowest level it has ever been, Post and the three other cities that rely on it as their primary source for water are looking for alternatives and praying for rain.
According to White River Municipal Water District officials, the water level at the dam is seriously low at 27 feet with 15 to 19 feet at the intake where water goes into the system. Estimates given by these officials say that if there is no more rain, there is enough water now to last people until October or November of 1997.
Rick Hanna, City Manager said part of the reason for the water shortage, besides the lack of rain, is that the watershed is less productive. Furrow diking, the CRP program and other no till farming methods create less run off, and water is retained on the surface. Post needs it to rain in the right places in order to make use of the water.
Several options are being considered if it does not rain soon. The City Council might be forced to plan a conservation program for the summer, Hanna said.

(Continued on Page 9)

Post Notes

Fund raiser for church

The Light House Christian Center will hold a fund raiser on Saturday, April 27, from 10 a.m. to 4 p.m. at 314 North Avenue I. Carne Guisada plates will be for sale for \$4 a plate. They will feature rice, beans and hot sauce. We will also deliver. You can order by calling 495-2382. Thank you for your support!

Antelope Band to participate in festival

The Post Antelope Marching Band will participate in the Waves Music Festival in New Braunfels. The band will be leaving Post on Friday, April 26 at 8 a.m. and will return on Sunday, April 28 at 7L30 p.m.

Post Summer Baseball

Post summer baseball will hold their opening ceremonies on Saturday, April 27th at 4 p.m. at the David Nichols ball park. All teams will be introduced at that time and games will start that night at 5:45 p.m.

LULAC National Scholarship announced

The League of United Latin American Citizens (LULAC) is awarding scholarships to deserving Hispanic students who are in college or will be enrolling in college next fall. Hispanic students who have excelled academically and who demonstrate need, leadership, and a commitment to their community are encouraged to apply. Students interested in applying for an LNSF scholarship must first contact their school counselor or the scholarship committee of the local LULAC Council to request a scholarship application. The deadline for applying to the program is April 30. You may also contact Carmen Lopez at 495-4443, Joey Quintana at 495-3357, Teofilo Rodriguez at 495-3749, Frank Flores at 495-2160, Soyla Reyna or Frank Tobias at 495-3057.

All-Sports Banquet to be May 2

The Post High School All-Sports Banquet will be held at the community center Thursday night, May 2 at 7 p.m. Tickets are now on sale at \$5 a person. Contact Lou Ann Terry at 204 West Main or First United Methodist Church office from 9 a.m. to noon. Deadline to purchase tickets is April 26th. The banquet is sponsored by Antelope Booster Club. The meal will be catered.

MHMR family support group to meet

The family support group sponsored by Garza County Mental Health Center will meet again on Thursday, April 25th from 5:15 to 6 p.m. at the Mill Complex Conference Room, East 7th and Avenue C. This month's topic will be New Hope for Schizophrenia. Child care will be provided if notice is given at least 24 hours in advance. For more information, call Sheri Cannon at 495-2813.

Benefit for Roy Arval Siewert

A benefit will be held for Roy Arval Siewert on Saturday, April 27th, from 5-7 p.m. The event will be held at the Post school cafeteria and will feature a BBQ plate for a \$5 donation. Also a fund has been established at Norwest if you wish to make a donation. Also raffle tickets for a chance on a 25" color tv with remote will be sold. If you need further information you may contact JoAnn Reed at 629-4376, Debbie Line at 495-3957 or Marie Odom at 495-3045. The donations will be used to help offset medical expenses.

Old Mill Trade Days 2nd anniversary

Preparations at Old Mill Trade Days are in high gear for the Second Anniversary event, May 3-5 at the park in Post. Marvin and Sheree Butler and the Old Mill Trade Days staff, as well as vendors, have been putting in extra hours getting ready for the big celebration. Watch for details later.

Benefit for Dee Collazo

A benefit for Dee Collazo will be held on Saturday, May 4th, starting at 12 noon. The benefit will be held at the VFW and will feature a BBQ with all the trimmings. An auction will be held with a dance following that evening starting at 9 p.m. with "Puro Tegano".

Bike-A-Thon to be held

A Bike-A-Thon will be held on Saturday, May 4th. All proceeds will be donated to St. Jude's Childrens Hospital. The riders are seeking donations from sponsors. For information contact JoAnn Perez at 495-2943.

Salute to 1996 Seniors

The Post Dispatch annual salute to the seniors from Post and Southland High Schools will be on May 23rd. Call Becky at 495-2816 to reserve your senior in this commemorative edition to be included in our May 23rd paper.

Spring Egg-stravaganza at OS Museum

There's a Spring Egg-stravaganza at the OS Museum which features an exhibit of beautiful eggs and sculpture. The museum is located at 201 East Main Street and is open Monday through Saturday 10-12 and 1-5. An elevator is provided for your convenience. If you request more information call 495-3570.

Chances on half a beef

The youth of the Church at the Barn are selling chances on a half of beef. The proceeds will be used for the youth to go to Six Flags. Tickets are \$1 each. For more information contact Tony Conner at 495-3944 or go by Holly's Texaco. Drawing will be held April 28th.



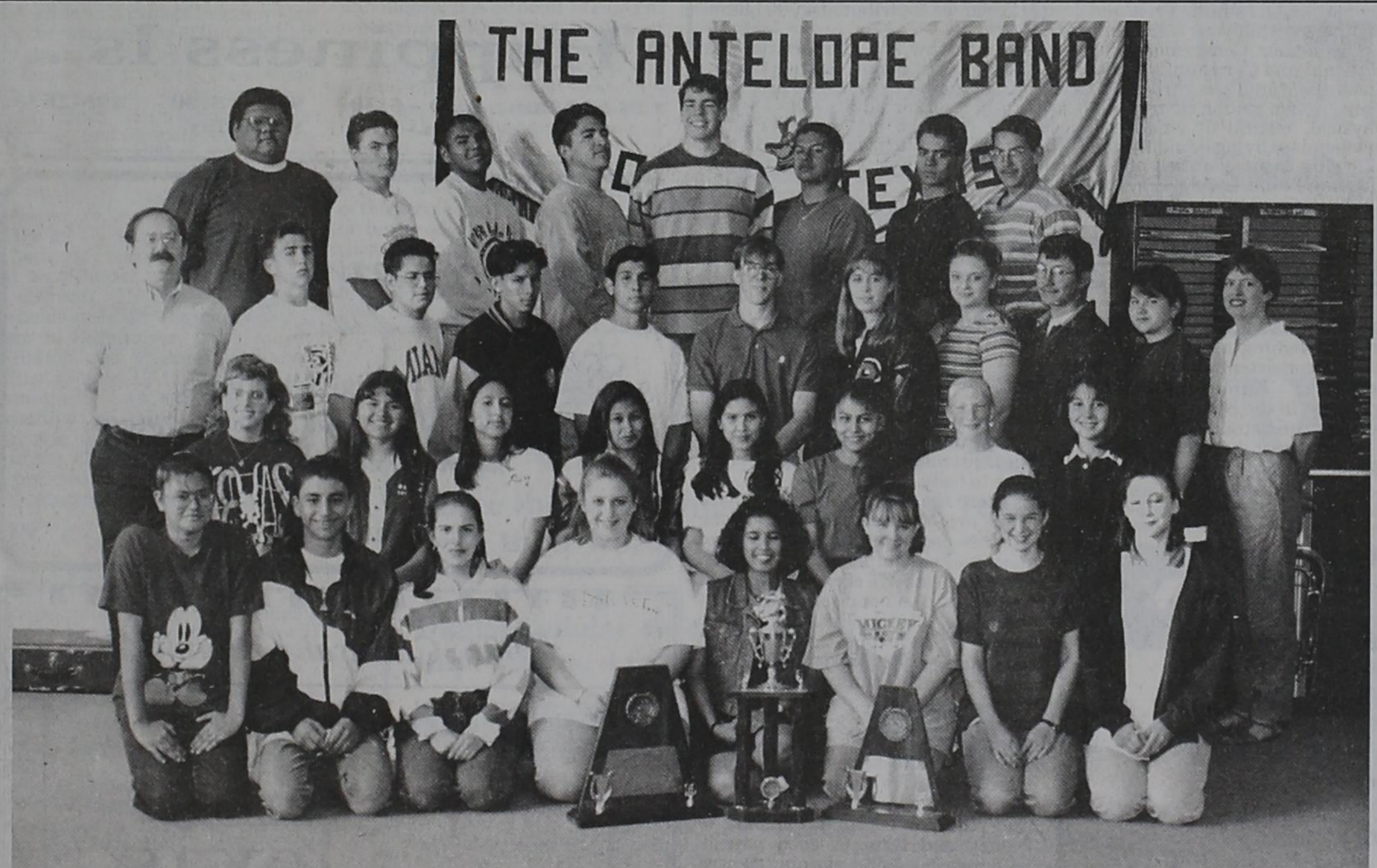
Garza Theatre's "The Foreigner" cast continues its three weekend run Friday, Saturday and Sunday. On stage are (left to right) Mark Hobgood, Christy Morris, Mike Morgan, Laura "Mac" Bryan and (front) Blair King. Also on stage are Jim Plummer and Bill Woodard, not available for this photo. The play continues through May 5. (Photo by Charles Wallace).

Short agenda dispatched by county commissioners

by Wes Burnett
Approving reports, minutes, payables and training for the sheriff's department occupied the Garza County Commissioners' Court at the regular meeting Monday morning.
Sheriff Kenny Ratke's request to attend a special jail training program was approved.
Judge Giles Dalby informed the court that Corplan Inc.'s James Parkey reported that investors are now reviewing the bonds issued for the construction of the proposed juvenile detention center in Post.
Attending the meeting were commissioners Royce Josey, John Valdez, Mason McClellan, Lee Norman, Judge Giles Dalby and clerk Sonny Gossett.

Legal challenge to local elections rumored

by Wes Burnett
Neither the Garza Memorial Hospital District nor the Post Independent School District have been formally notified of a rumored legal challenge to the at-large election systems. The federal law suit filing was reported last week by the Lubbock Avalanche-Journal, but as of Tuesday, April 23, official notification by the two government units had not been received.
As soon as the documentation is available, The Post Dispatch will report details of the legal challenge.

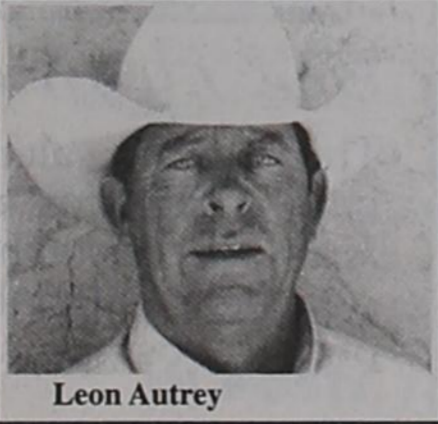


SWEEPSTAKES BAND!! There are only two "Sweepstakes" bands in the history of Post High School, one in 1991 and the 1996 band. PHS band members earned the honor following the Region 16 concert and sight reading contest. Band members earned Division I ratings at the event in Sundown (the day the electricity went off). They had also earned Division I ratings in marching. Members of the band are (back row, left to right) Joseph Sanchez, Bill Cole, Jake Loreda, Marty Dissinger, Jay Childers, Jose Diaz, Sammy Zubia, Adam

Gutierrez, (second row from back) band director David Lewis, Derek Guthrie, Jason Abraham, Isaac Perez, Freddy Peña, Robert Kilmer, Tammie Matthies, Heather Mason, Leonard Rodela, Elizabeth Stegall, assistant director Erin Pedersen, (second row from front) Jennifer Morgan, Leticia Ortiz, Flora Gomez, Olga Torres, Veronica Peña, Loretta Ortiz, Jennifer Hubble, Shelley Shifflett, (front row) Orfa Diaz, Mundy Villesca, Jennifer Josey, Lacey Hodges, Dominica Polanca, Patricia Martin, Bryony Martin and Angel Blevins.

"Big doin's" set for May 4 with Cowboy Spring Roundup

The Cowboy Spring Roundup in Post on May 4, in conjunction with Old Mill Trade Days' second anniversary celebration, will feature music, storytelling and old fashioned chuck wagon goodies. The Cowboy Spring Roundup, sponsored by the Post Economic Development Corp. (PEDC), Post Chamber of Commerce, OS Museum, Norwest Bank of Post and Citizens Bank of Post.
Confirmed poets, storytellers and musicians for the event include Leon Autrey, Paul Davidson, Clay Lindley, Andy Wilkinson, Blue Prairie and Keen Ridge Riders. Performances will be held on a downtown stage early afternoon and at 7 p.m. at the Tower Theater.
The Cowboy Spring Roundup is billed as capturing of the true "Old West" spirit.



Leon Autrey

Annual Spring Art Show begins Sat.

The annual Spring Art Show at the Algeria Arts Center opens this week with artists checking in April 24 through noon Thursday. The show opens to the public Saturday and continues through May 4. Judge for the show this year is Gary Ward, a second generation artist from Canyon.
The annual show is one of the most prestigious in West Texas, due to the quality of works and recognition of artists who exhibit works.
Post Art Guild, which sponsors the annual show, is selling tickets for an opportunity to own a piece of valuable original art work \$300. Tickets for the drawing are available at the Algeria Arts Center.



Gary Ward

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Up and Down Main Street

by Wanda Mitchell, Post Chamber of Commerce

Erma Bombeck will be missed by many. Just think, in the past year we have lost two of our great humorist in Lewis Grizzard and now Erman Bombeck. Both of these people have cheered up many with their special brand of humor. Their books were always a favorite for patients in the hospital or just anyone who needed a lift.



Their humor always involved things that everyone experiences everyday. Erma was best at talking about housework, kids, husbands, etc. and Lewis made any sport or daily activity seem like it had happened to all of us. We could take a lesson from these two people. Sometime, we blow a problem way out of proportion when, if we would take a little time, we might just see that it isn't a matter of life or death. We might even find some humor of our own in our own problems.

So much of what we see every day is "gloom and doom" that we forget to be grateful for the small, but wonderful things that are happening around us.

You can have a really rough day at work and then go watch a little dribblers or a little league ballgame and get so caught up in this that you completely forget you had a problem.

Now I'm telling you, folks, this is a big deal for our kids. This is serious stuff. They are learning to be competitive, to accept defeat gracefully, and to be overall good sports. Something all of us need a refresher course in from time to time.

Is all this long distance choice of service confusing you? If you call those 800 #'s and ask questions about their long distance service, it gets even more confusing. They will ask you how many calls you make a month, where you call and how long your conversations last.

Why does everything we do have to be so complicated. I am so tired of choices for everything. Just try to order a sandwich. White bread or wheat? Toasted or plain? Mayo or mustard? Halved or whole? Crust or no crust? By the time you get through making all the decisions, you don't really care if you get the sandwich or not.

And it doesn't even end there. Fries or tater tots? Small order or large? Do you want any ketchup with your fries? You get a free ice cream with your meal. Vanilla or chocolate? Cone or cup?

By now you want to say, "Just give me the sandwich, keep the fries and the ketchup and give the ice cream to the dog. I just want to go home." Nothing is simple anymore. It keeps your mind whirling all the time. That is why it wears out sooner.

I had a call just today that asked, "Would you like to have free long distance service and never have to pay for a long distance call again?" Yeah — sure! My mind isn't THAT worn out!

When something sounds too good to be true, rest assured it is. So be very careful in selecting your service. Less or even none is not always better.

Have a good week, try to laugh at yourself, get ready for a wonderful day in downtown Post on May 4 and above all.....Take Pride and Take Part in Post!!!!!!



Little Mr and Miss Post winners Tray Howe (second from left) and Lacey Williams (second from right) are joined by runners-up Ryan Johnston (left) and Bailey Odom (right) at the annual event last Saturday evening. (Photo by Barbe Bevers)



Mini Miss Post winner Brooke Morris (right) and runner-up Amber Wilson share the limelight at the annual event last Saturday evening. (Photo by Barbe Bevers)

Art, if it is to be reckoned as one of the great values of life, must teach men...tolerance.
—Somerset Maugham

*My, my, how time flies.
Happy 50th
Birthday, Mom
Love, Sherry, Greg & Justin*



Garza County Senior Companions (left to right) Emilie Cervantez, Gonzalo Raymundo and Margarite Romero assist senior citizens. (Not available for photo, Angela Raymundo).

National Volunteer week April 21 - 27
National Volunteer Week 1996 will be observed this week. The Senior Companion Program has volunteers that work in Garza county for 20 hours each per week. The volunteers are Emilia Cervantes, Mary Gunn, Angelita Raymundo, Gonzalo Raymundo and Margarita Romero. During 1995 these people as well as Lillie Price and Jesus Rodriguez contributed 4,700 hours to others within our community.
The Senior Companion program is funded by The Corporation for National and Community Service — The National Senior Service Corps. Local sponsorship is thru South Plains Community Action. The program keeps active senior citizens who in turn help other adults who have a physical, mental or emotional need that must be met in order that independent living be maintained. The Companion Program is active in the following eight counties of the South Plains: Bailey, Cochran, Garza, Hockley, Lamb, Lynn, Terry and Yoakum.

Garza Healthtalk
by Danny Guthrie, RN
Exercise is one of the key elements for maintaining a healthy physical state. A consistent exercise regimen promotes numerous healthy processes in the body. The key word here is consistency. The exercise regimen must be performed on a regular basis.
Some of the benefits associated with regular exercise include-burning

of stored fat cells reducing total body fat; range of motion of the joints stretching and limbering ligaments and tendons; release of certain hormones promoting strength and agility; strengthening and toning of skeletal muscles; and cardiovascular stimulation promoting strength of the heart muscle and increasing blood flow to body tissues.

There are many forms of exercise that are available today. Some exercise programs require the use of machines or equipment and some do not. The best form of exercise is what feels best to you and something that you enjoy doing. The best way to choose is to explore some of the programs and try one for a time. You will find one that suits your individual taste.

One of the best forms of exercise for someone who is not willing to spend time and money on equipment or public centers is walking. Walking is something almost anyone can do and requires a minimal amount of money and time. A good pair of walking shoes and clothing geared for the weather is all that is required. And if you are not an outdoorsman, walking can be done indoors with the use of a treadmill, which may require a bit more money than the outdoorsman.

Walking requires at least a 20 minute period of a fast-paced walk. The arms should be used as they are when running to allow more muscle groups to work. The time and pace may be adjusted to correlate and/or satisfy your personal needs.

Before starting any kind of rigorous exercise routine, be sure to see your physician for permission to begin the routine, especially if you have an underlying health problem. He/she may have suggestions for the best exercise routine to fit your individual needs. And remember, exercise healthy and don't overdo. Too much exercise too fast can be more damaging than healthy. Begin slow and work yourself up.

He has half the deed done,
he who has made a beginning.
—Horace

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1996 Cultural Calendar

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Neighbor to Neighbor

by Kelly Ahrens, CEA-FCS

Weight-lifting builds more than muscles in older women!!

Strength training has traditionally been associated with young men, but now it also is being recommended for older women. Research reported in the Spring issue of Nutrition Updates on strength training in women (ages 50-70) shows benefits in increasing hip bone density, increasing muscle mass and strength, decreasing fat and improving balance. These improvements help prevent falls and broken bones, a debilitating problem for older women.



"Once women are over 40, they can get estrogen replacement therapy, but they can't replace bone mass," said Judith Warren, gerontology specialist with the Texas Agricultural Extension Service. She noted that weight training leads to increased muscle mass, resulting in greater muscle stamina, greater ability to retain oxygen levels in the muscle tissue, and a decreased risk of bone fracture. The increased muscle resistance shows the benefits of strength training. Aerobic exercise also is beneficial for the cardiovascular system. It keeps the muscles strong and deters the weight gain common in aging individuals. Walking, climbing stairs and gardening are examples of aerobic exercise that benefit older adults. Exercise is going to help the older

body keep the muscle to fat ratio higher. Always check with your doctor before starting a new exercise program. Begin slowly and increase your time and activity level.

The following tips are recommended for strength training for older adults:

- *try to exercise three to four times per week
- *choose a weight that you can lift 8 to 12 repetitions

- *make sure the weight you choose is 80% of the heaviest weight you can lift one time

- *keep retrying your strength on the heaviest weight that you can lift as time passes

- *warm up and stretch for at least 10 minutes to prevent injury

- *begin each exercise session with repetitions without weights

- *in the beginning concentrate on muscles in the shoulder, arms and thighs

- *alternate the muscle groups that you exercise, exercise the upper-body muscles during one session and lower-body muscles the next

- *perform strength building movements slowly, take 6 to 9 seconds per each repetition, rest for a few seconds between each lift

- *inhale before you lift, exhale as you lift, and then inhale again as you lower the weight.

- *Just remember that all of us need daily exercise, and be careful to not overdo your exercise program!

Extension programs serve people of all ages regardless of socioeconomic level, race, sex, color, religion, disability or national origin.

The music ministry of John Webster Saturday

The Chaffin Agency, Inc and Norwest Banks proudly present Gospel Music Nashville Style featuring John Webster and His Studio 87 Nashville Band on Saturday, April 27, 1996 at 7:30 p.m. in the Lubbock Fair Park Coliseum located at Broadway and Avenue A.

Tickets are \$5 in advance and \$6 at the door. For groups of 15 or more the tickets are \$4 each in advance.

Tickets are also available at Goodnews Bookstore, Baptist Bookstore, Bailey's Bookstore and The Love Shop (South Plains Mall).

For advance group ticket purchases call 806-793-2200.

The program will consist of your favorite gospel songs along with many of John Webster's original compositions soon to be released from Nashville.

John is a member of the International Country Gospel Music Association; Founder of the Lubbock Gospel Opry and Founder/Director of Vision Ministries now based in Fort Worth.

Webster has been involved in gospel music his whole life. As a teenager, he traveled across southern states (three years) with the Crusaders Quartet, playing piano and singing lead vocal. After moving to Texas, in 1975, and working in secular business for a number of years he organized and directed two groups (one live band) over a period of time prior to launching his solo career.

Information concerning the music ministry of John Webster; or scheduling concerts, revivals, or other events, may be obtained through The Chaffin Agency, Inc., 4306-56th St., Lubbock, Texas 79413. (806-793-2200).



Texas Agricultural Extension Service
The Texas A&M University System
Extension Extras

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

EPC Meeting

The Garza County Extension Program Council Executive Board will meet at noon on Monday, April 29 at the Chaparral Restaurant.

4-H & Youth Committee

The Garza County 4-H and Youth Committee will meet at 7:30 p.m. Tuesday, April 30 in the Garza County Courtroom.

Republic of Texas documents at library

A copy of documentation related to the Republic of Texas Provisional Government's legal challenges and other explanatory material is now available for public inspection at the Post Public Library. Included in the set of documents is the transitional plan, which is outlines a two-year transition from state to republic government. For more information call 210-349-8994.

Dana Morris honored with shower

Miss Dana Morris, bride-elect of Michael Carter, was honored with a wedding shower at the fellowship hall of the First United Methodist Church on Saturday.

Approximately 50 guests were registered by Kayla Dunn from 10 until 11 a.m.

Special guests included Jean Morris, mother of the honoree; Jean Hoffmann, mother of the future bridegroom from Eastland; and Wanda Morris, grandmother of the bride-elect.

The honoree's chosen colors of blue and yellow were used on the serving table which was covered with an ecru lace cloth over yellow and featured a blue silk flower swag, a gift from Fannie Ballentine. Yellow candles with silver and crystal appointments completed the table decor.

Coffee, orange juice, sausage balls, and a variety of breads were served by Nancy Morris, sister of the honoree.

The 14 hostesses presented the couple with a set of blue T-fal cookware.

Hostesses were: Glenda Stevens, Eddie Aten, Roxanne Osborne, Barbara Reece, Jennie Cowdrey, Orabeth White, Jane Terry, Judy Bush, Alma Williams, Lucille Bush, Doris Lester, Batchie Morris, Janey Middleton and Judy A. Bush.

Dana Morris, Michael Carter announce engagement

Jack and Jean Morris wish to announce the engagement of their daughter, Dana to Michael Carter, son of Dub and Jean Hoffmann of Eastland.

The couple plan to marry May 18, 1996 at the First United Methodist Church in Post.

The bride-elect is a graduate of Texas Tech and is presently employed at Gene Messer Ford.

The future bridegroom attends Texas Tech.

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Living on the Edge of the Caprock

by John Senter, CEA-AG

Shooters blast out state qualification...

Continuing the impressive list of accomplishments of our county 4-H members has become the norm for this column in the past few weeks. Once again, our members brought recognition to our county. This past Saturday, our County 4-H program was represented by 17 members at the District 4-H Rifle competition in Lubbock and the final results are something to behold.



Before we get into the accolades, it is only fitting that congratulations be given to three men who made the accomplishments possible. Bruce Ledbetter, Kim Wilks and Larry Scrivner have been in charge of 20-plus rifle toting kids for better than six weeks. These guys have devoted personal time, money and patience to the Shooting Sports project and never forgotten that safety was the most important aspect. Keep in mind that when this project began weeks ago, there were some of the kids that had never picked up a .22 rifle. At the end of the training, these same kids knew safety, proper gun handling, sight alignment, proper breathing and competitive shooting and these are things a bunch of grown folks can't "hit a bull's-eye" at. Thanks to these men for your work and dedication.

Now for the rest of the story! The following 4-Hers represented us at the meet: Junior 1, (ages 9-11) team 1- Garrett Chapman, Gregory Scrivner and Colt Vernon; Junior 1, team 2- Christopher Curb, Casey Williams and Michael Williams. Junior 2, (ages 12-13) team 1- Josh Fumagalli, LaRinda Ledbetter, Matthew Norman and Barrett Scrivner; Junior 2, team 2- Tandi Humble, Clint Johnson and Randy Moore. Senior team, member 14 and over: Matthew Ledbetter, Seth Pennell, J.C. Stelzer and Kipp Wilks.

All of these 4-Hers did an excellent job representing us. Here's the good part - in individual competition, LaRinda Ledbetter placed first in the Junior 2 division in the kneeling position with a score of 70 of possible 100 points. She and the rest of her team mates blasted out a second place finish in the Junior 2 competition.

Our Senior rifle team of Ledbetter, Pennell, Stelzer and Wilks accomplished something that has never been done in Garza County. These four sharpshooters qualified for a trip to Texas 4-H State Roundup and a spot in the Texas Rifle competition, to be held in June at Texas A & M University. Our records show that this is a feat that has not been accomplished since at least 1962, the time our records began! The team shot their way to a second place senior division finish and an automatic state berth.

Having been in attendance at the contest, and being able to watch the reactions when the results were announced, it is difficult to say who was more excited - the shooters or the shooter coaches. At any rate, all of the 4-Hers who competed and represented us so well deserve a great big congratulations! Best of luck to the coaches and the senior team at

Texas 4-H competition. By the way, if you have a child between the ages of third grade and 19, and want him or her to learn to shoot safely and correctly, consider joining 4-H. Judging from the results, it might be one of the best things you could do for your children.

Customer Notice

On February 15, 1996, GTE Southwest Incorporated (GTE SW) filed a tariff with the Public Utility Commission of Texas for Advanced Credit Management (ACM). If approved by the Commission, ACM will provide a toll limit for all new and existing medium and high risk single line residence and business customers based upon their credit and payment history. If a toll limit is reached, the customer's telephone number will be subject to having its outgoing long distance, collect, third number billed, and GTE calling card calls blocked until payment has been made. ACM has no monthly charge or nonrecurring charge associated with it. This filing has been assigned Docket No. 15372.

Persons who wish to intervene or comment on this filing should notify the Commission by June 21, 1996. Requests for further information should be mailed to the Public Utility Commission of Texas, 7800 Shoal Creek Boulevard, Suite 400N, Austin, Texas, 78757, or you may call the Public Utility Public Information Office at (512)458-0223 or (512)458-0227, or (512)458-0221 teletypewriter for the deaf.



Congratulations Lady Lope Track Team



Lady Lope Track Team - (back row, left to right) Army Gradine, Kristen Webb, Nikki Pollard, Sharla Cruse, Flora Gomez, (middle row) Jodi Gregory, Tasha Clay, Nicole Cruse, Torri Foster, Pam Chapman, (front row) Erica Gomez, Jennifer Strawn, Aleida Marin, Jenny Conoly and Rachel Reiter.

Old Mill Trade Days Celebrating our 2nd Anniversary
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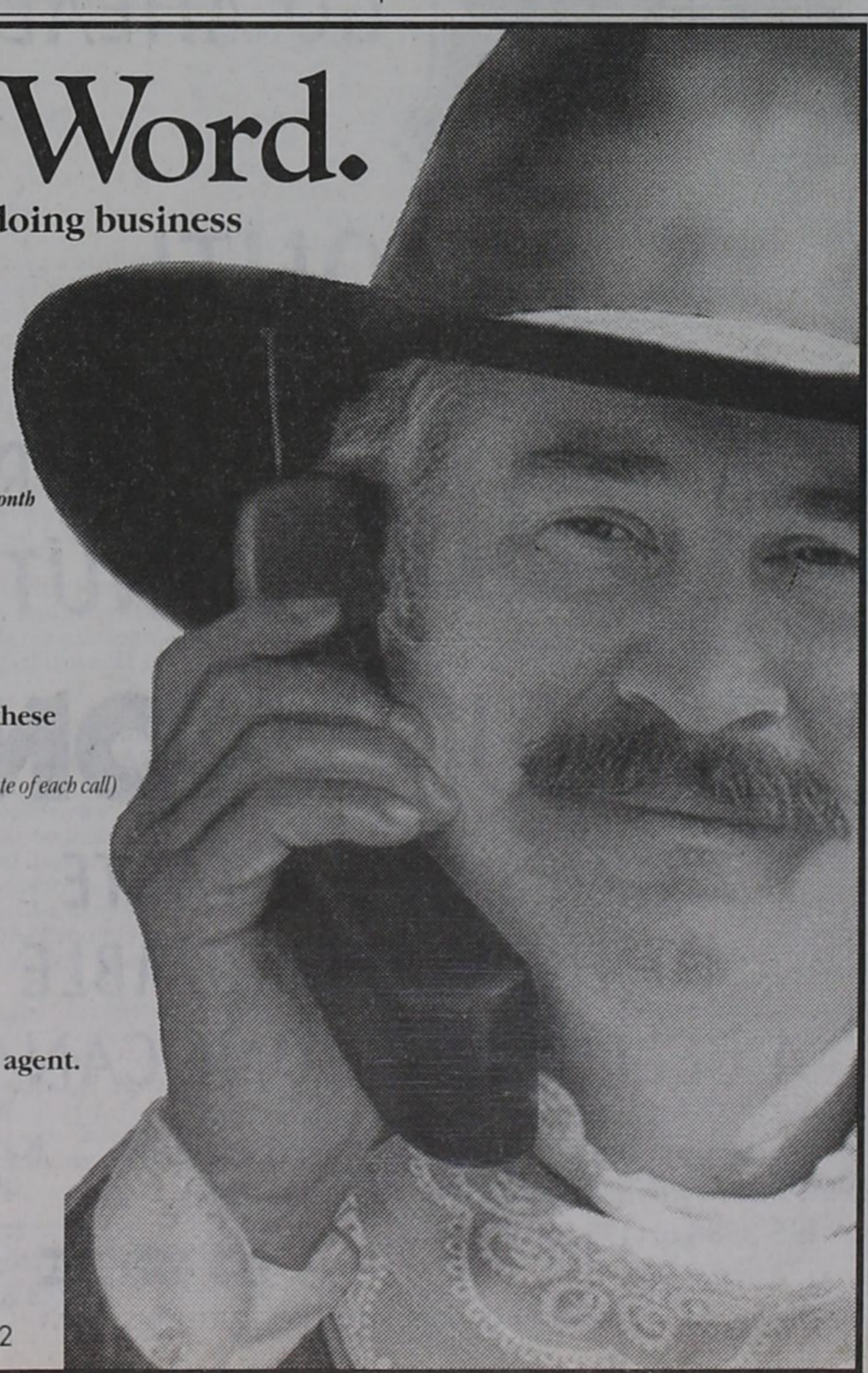
All DCT rate plans are billed in advance. A \$25.00 activation fee is charged when establishing service.

For more information, call 1-800-662-8805 or see your local authorized agent.

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West Texas Press Assoc. offers scholarships

Applications are now being accepted from high school seniors and junior and senior college students for two \$500 college scholarships, according to Wes Burnett, publisher of The Post Dispatch.

The Post Dispatch is a member of the West Texas Press Association, the world's largest press organization because of the vast geographic area it encompasses. The Association will be presenting scholarships to two future journalists in print media whose career goals include working with a community newspaper.

Through the Bob Craig Memorial Scholarship program, a graduating high school senior and a college junior or senior will each be presented with a \$500 scholarship. The scholarship is named in honor of longtime *Hamlin Herald* publisher Bob Craig, who died in 1981. He served 18 years on the WTPA board in all offices, including president in 1967 and secretary/treasurer from 1969.

The scholarship will be divided into payments of \$250 per semester for two semesters for each of the two scholarship winners. The winners must be enrolled in at least three hours of college or university journalism courses each semester that the scholarship is awarded.

Each applicant must fill out an application form and write an essay based on the theme "My Future and Career Plans in Community Journalism."

One scholarship will be presented to a graduating high school senior and the other will be presented to a student who is already attending a college or university as a print journalism or advertising major.

Last year's recipients were Leslie Weeks of Canadian, a senior journalism major at Texas Tech University, and Jennifer Comedy, a graduate of Haskell High School, who entered Texas A&M last fall as an agriculture journalism major.

Application forms have been sent to member newspapers and high schools throughout the West Texas region and to college journalism departments. Prospective applicants may secure a form from the high school journalism department or counselor or the local newspaper office. Applicants must be from the West Texas area.

Applications and essays must be sent to M. Gene Dow, WTPA Scholarship Chairman, P. O. Drawer 1200, Seminole, Tx 79360, and be postmarked on or before June 17, 1996.

Scholarship recipients will be chosen by the directors of the West Texas Press Association and will be announced at the Association's Annual Convention, July 18-20, 1996, in Fort Worth, Texas.

BACK TO BASICS COOKING



(DM)—Chicken soup, the original health food, takes on a new dimension in **Oriental Chicken Noodle Soup**. Browned chicken wings cook with peas, carrots and capellini in a savory broth until the chicken virtually falls off the bone. The richness of this soup comes not only from the wings, but from the addition of naturally brewed Kikkoman Lite Soy Sauce and sherry. Lite soy sauce has less sodium than regular brewed soy sauce, yet retains all of its distinctive flavor enhancing qualities because the salt is removed after brewing. Just before serving, hot pepper sauce and additional lite soy sauce are stirred in to give the soup a pleasing zest.

ORIENTAL CHICKEN NOODLE SOUP

- | | |
|---------------------------------------|--|
| 8 chicken wings, about 1 1/2 pounds | 4 tablespoons Kikkoman Lite Soy Sauce, divided |
| 1 teaspoon minced fresh ginger root | 1 package (10 oz.) frozen peas & carrots |
| 2 teaspoons vegetable oil | 4 ounces uncooked capellini (angel hair pasta), broken into 2-inch lengths |
| 2 tablespoons dry sherry | 1 teaspoon Tabasco pepper sauce. |
| 2 tablespoons distilled white vinegar | |

Disjoint chicken wings; discard tips. Cook chicken and ginger in hot oil in Dutch oven or large saucepan over medium-high heat until chicken is browned, about 10 minutes. Add 4 cups water, sherry, vinegar and 1 Tbsp. lite soy sauce; cover and bring to boil. Reduce heat; simmer 45 minutes. Add peas & carrots; simmer, covered, 3 minutes. Stir in capellini; return to boil. Cook, uncovered, 3 minutes, stirring occasionally. Remove from heat; stir in pepper sauce and remaining lite soy sauce. Serve immediately.

Makes 6 servings.

Each serving: 243 calories, 11g fat, 35mg cholest., 475mg sodium, 21g carb., 16g protein.

Judge Hansard to rule on Lake Alan B. Henry mineral rights dispute

District Judge George Hansard heard arguments last week in Post from the City of Lubbock and Dallas oilman Bert Fields, Jr. in the continuing dispute of mineral rights at the Lake Alan B. Henry site near Justiceburg.

The latest battle regards the right of Fields to take depositions of city officials in support of his motion to dismiss the condemnation of Fields' land for Lake Alan B. Henry. After hearing arguments, Judge Hansard took the matter under advisement and will notify both parties of his ruling.

Fields, through his attorney Bob Greenberg of Dallas, has filed a motion to dismiss the city's condemnation suit because he says the city is not going to use the lake for a public purpose within a reasonable time span. According to Greenberg, "Unless the lake is used for a public purpose within a reasonable amount of time, the taking of the land by condemnation is unconstitutional."

The city contends that the purpose of the lake is to provide water for Lubbock, although it may take 30 years before that is necessary. In the meantime, Fields has begun drilling a well on the lease in the area where the city seeks condemnation. Preliminary reports indicate a good well.

Cotton Services Co. extends Postex lease

Kent Bennett has found his fulfillment of the American Dream in Post, Texas.

Today, Cotton Services Company, the cotton distribution company he started after almost thirty years in the cotton industry, is pleased to announce that it will exercise its option to extend its lease with the Post Economic Development Corporation for the Postex Old Mill Building for another five years, commencing January 20, 1997.

Cotton Services Company, formed in 1991, bases its operations out of Post. Other locations, in addition to Postex Warehouse in Post, include Big Spring and Saginaw. Bennett states, "We fell fortunate to be in Post. I would like to thank the Post Economic Development Corporation, which owns the Postex Old Mill Building, for being so helpful in working to meet the needs of our growing company. We look forward to contributing to the community for many years."

According to Bennett, Cotton Services Company hires most of its employees from Post and the surrounding areas. In 1995, the company contributed about \$200,000 to the local economy in wages and goods and services purchased. This translates into an economic impact of about \$1.4 million to the area according to Wanda Mitchell, of the Post Chamber of Commerce. Bennett concluded by saying, "We consider our partnership with Post to be successful, and look forward to many years of mutual prosperity."

Republic of Texas provisional government announces meetings

The provisional government of the Republic of Texas has announced its public meeting schedule through December 1996, subject to change. In its effort to inform citizens about the Republic, the provisional government will meet on the following dates in these cities:

- May 11 - El Paso, Clarion Hotel.
- June 1 - Lufkin
- June 22 - Amarillo
- July 13 - Abilene
- August 3 - McAllen
- August 24 - Tyler
- September 14 - San Angelo
- October 5 - Waco
- October 26 - Beaumont
- November 16 - Midland-Odessa
- December 7 - San Antonio/Austin
- December 28 - Longview

For more information contact the Republic of Texas office at (210) 349-8994.

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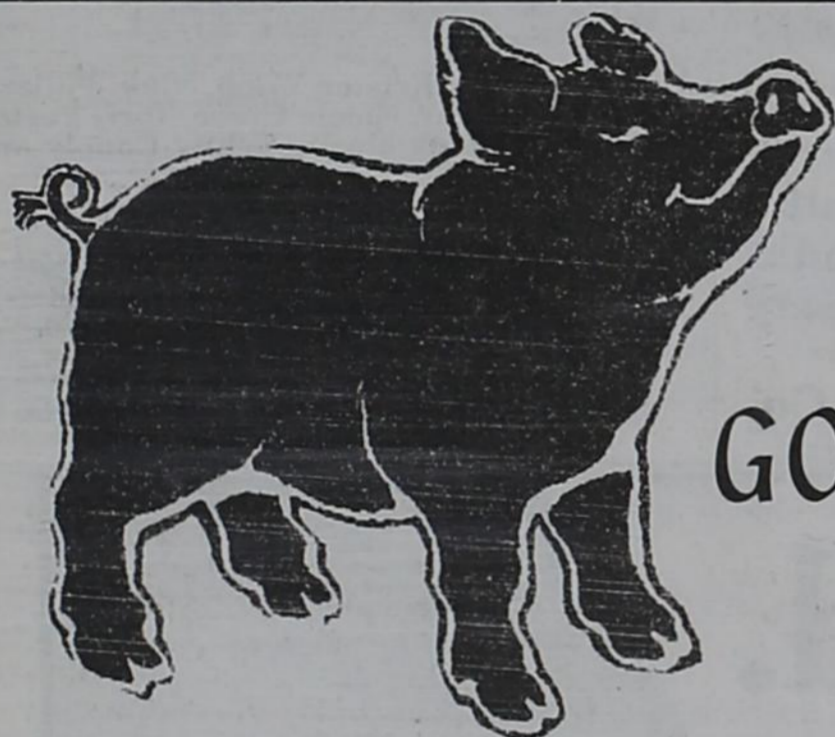
For more information, or Out-of-Town ticket purchases, call (806) 793-2200



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Lubbock

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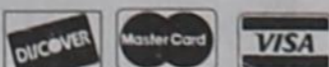
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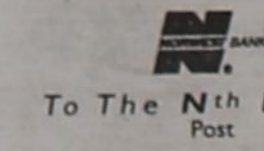
Congratulations Eighth Grade Girls



Eighth Grade Girls Track Team - (back row, left to right) Kelli Collier, Callie Johnston, Channa Cruse, Kayla Huff, Amy Line, (middle row) Stephanie Looney, Keisha Holly, Jackie Davis, Kerry Cahill, Lauren Webb, Courtney Bratcher, Cassie Miller, (front row) Camie Payne, Amy Little, Selicia Hernandez, Erin Gregory, Candi Reed and Kelci Hart.

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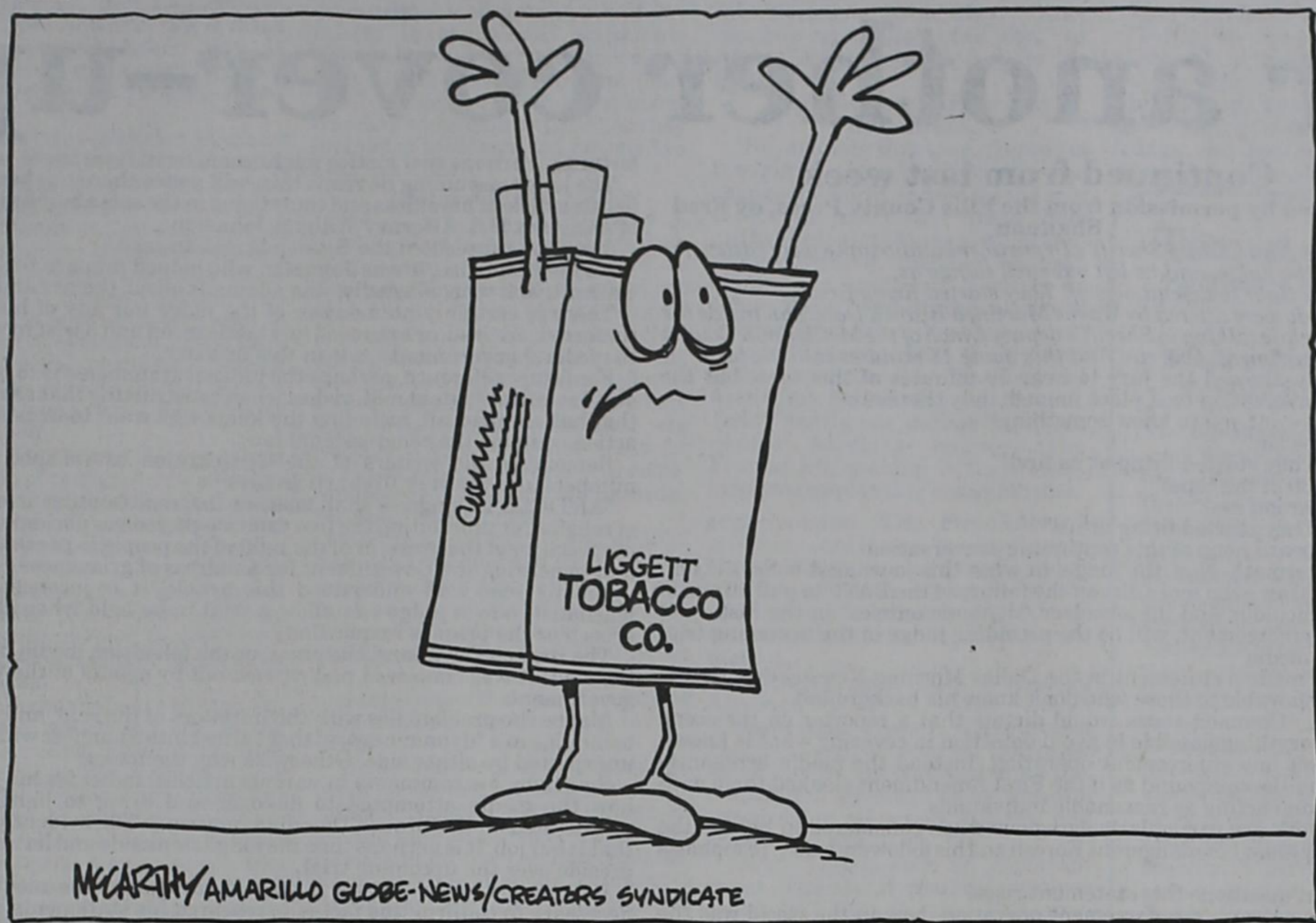


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Opinions

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MCCARTHY/AMARILLO GLOBE-NEWS/CREATORS SYNDICATE

If we are the enemy... who are we fighting?

by Wesley W. Burnett

Last week I pointed out that in 1933 the U.S. Congress, by amending the October 1917 "Trading With the Enemy Act," changed the definition of "enemy" to include U.S. citizens. In other words, when it comes to the declarations of "national emergencies," the U.S. government considers its own citizens as the enemy.

And this country has been in a state of declared national emergency ever since. Now, as long as Congress denies its Constitutional responsibilities and allows this dangerous practice to continue, Americans will never know real freedom... our freedom will only be that which our "benevolent" rulers allow us to enjoy.

That's why politicians such as Sen. Kay Bailey Hutchison can say with true conviction, "none of our rights are absolute." I have to say that in light of the fact that we are in a national emergency ("War on Drugs, War on Poverty, War on this or that and the other thing), Senator Hutchison is correct... because when there is a war going on, the Constitution is cast aside until the war is over.

People in the 1930s thought World War I was over, and they were right. However, Congress did not repeal the emergency powers it granted President Wilson during those wartime days. When President Roosevelt needed some political maneuvering to operate outside of the Constitution, the 1917 legislation was dusted off for a new "war." Congress approved the legislation without reading the actual document, which had a new definition for "enemy."

Here is the actual wording (Schroder, P. 30-31):
 The Emergency Banking Act, March 9, 1933
 Sec. 2. Subdivision (b) of Section 5 of the Act of October 6, 1917 (40 Stat. L. 411), as amended, is hereby amended to read as follows:

"(b) During time of war or during any other period of national emergency declared by the President, the President may, through any agency that he may designate, or otherwise, investigate, regulate, or prohibit, under such rules and regulations as he may prescribe, by means of licenses or otherwise, any transactions in foreign exchange, transfers of credit between or payments by banking institutions as defined by the President, and export, hoarding, melting, or earmarking of gold or silver coin or bullion or currency, by any person within the United States or any place subject to the jurisdiction thereof; and the President may require any person engaged in any transaction referred to in this subdivision to furnish under oath, complete production of any books of account, contracts, letters or other papers, in connection therewith in the custody or control of such person, either before or after such transaction is completed. Whoever lawfully violates any of the provisions of this subdivision or of any license, order, rule or regulation issued thereunder, shall, upon conviction, be fined not more than \$10,000."

This legislation has made dictators of our presidents, with unlimited power to rule by executive decree. The only limitation to this power is the reaction of the people... who so far, have been easy prey, like little children trusting big daddy.

Next Week: More on government enemies

Wisdom

"Government is not reason, it is not eloquence, it is force; like fire, a troublesome servant and a fearful master. Never for a moment should it be left to irresponsible action."

President George Washington, 1796

The Constitution for the United States

Preamble

We the people of the United States, in order to form a more perfect union, establish justice, insure domestic tranquility, provide for the common defense, promote the general welfare, and secure the blessings of liberty to ourselves and our posterity, do ordain and establish this Constitution for the United States of America.

ARTICLE 11

Section 1. The executive Power shall be vested in a President of the United States of America. He shall hold his Office during the Term of four Years, and, together with the Vice President, chosen for the same Term, be elected as follows:

Each State shall appoint, in such Manner as the Legislature thereof may direct, a Number of Electors, equal to the whole Number of Senators and Representatives to which the State may be entitled in the Congress; but no Senator or Representative, or Person holding an Office of Trust or Profit under the United States, shall be appointed an Elector.

The Electors shall meet in their respective States, and vote by Ballot for two Persons, of whom one at least shall not be an Inhabitant of the same State with themselves. And they shall make a List of all the Persons voted for, and of the Number of Votes for each; which List they shall sign and certify, and transmit sealed to the Seat of the Government of the United States, directed to the President of the Senate. The President of the Senate shall, in the Presence of the Senate and House of Representatives, open all the Certificates, and the Votes shall then be counted. The Person having the greatest Number of Votes shall be the President, if such Number be a Majority of the whole Number of Electors appointed; and if there be more than one who have such Majority and have an equal Number of Votes, then the House of Representatives shall immediately chuse by Ballot one of them for President; and if no Person have a Majority, then from the five highest on the List the said House shall in like Manner chuse the President. But in chusing the President the Votes shall be taken by States, the Representatives from each State having one Vote; A quorum for this Purpose shall consist of a Member or Members from two thirds of the States, and a Majority of all the States shall be necessary to a Choice. In every Case, after the Choice of the President, the Person having the greatest Number of Votes of the Electors shall be the Vice President. But if there shall remain two or more who have equal Votes, the Senate shall chuse from them by Ballot the Vice President.

The Congress may determine the Time of chusing the Electors and the Day on which they shall give their Votes: which Day shall be the same throughout the United States.

No Person except a natural born Citizen, or a Citizen of the United States, at the time of the Adoption of this Constitution, shall be eligible to the Office of President; neither shall any Person be eligible to that Office who shall not have attained to the Age of thirty five Years, and been fourteen Years a Resident within the United States.

In Case of the Removal of the President from Office, or of his Death, Resignation, or Inability to discharge the Powers and Duties of the said Office, the Same shall devolve on the Vice President, and the Congress may by Law provide for the Case of Removal, Death, Resignation or Inability, both of the President and Vice President, declaring what Officer shall then act as President, and such Officer shall act accordingly, until the Disability be removed, or a President shall be elected.

The President shall, at stated Times, receive for his Services, a Compensation, which shall neither be increased nor diminished during the Period for which he shall have been elected, and he shall not receive within that Period any other Emolument from the United States, or any of them.

Before he enter on the Execution of his Office, he shall take the following Oath or Affirmation:—"I do solemnly swear (or affirm) that I will faithfully execute the Office of President of the United States, and will to the best of my Ability, preserve, protect and defend the Constitution of the United States."

Throwing the poor a leaden life preserver

by Stephen Chapman

With Bob Dole and many of his Republican colleagues abandoning their resistance, Congress appears ready to order employers to raise the wages of their lowest-paid workers from \$4.25 to \$5.15 an hour. While it's striving to help poor people, Congress might also want to decree that the wind should always be at their backs, that the sun should always shine on their side of the street and that all their paths should run gently downhill.



You may think these analogies are inappropriate, and you're right. Telling the sun where to direct its rays wouldn't do any good, but it also wouldn't do any harm. Raising the minimum wage, alas, isn't merely useless. It will produce plenty of damage, including lost jobs, that its supporters prefer to ignore.

The Clinton administration tirelessly cites a single study purporting to show that employment actually increased in California and New Jersey fast-food restaurants after those states lifted their wage floors. The study suggested that if you charge more for unskilled labor, employers will want more of it.

Does that make sense? If it did, going-out-of-business sales would feature big price hikes. Magazine subscription offers would invite readers to pay double the newsstand price. Credit card companies would offer special "teaser" interest rates of 30 percent annually. And apples falling off trees would soar into outer space.

No one can truly doubt that jobs will vanish if the minimum wage rises. Some workers don't produce enough to justify a \$5.15 an hour wage, and a higher minimum wage makes it illegal for those people to work.

Congress and the White House think those employees are better off not working than working for a demeaning level of pay. But inexperienced young people who can't find minimum-wage jobs as a result of this measure may lose more than one job — they may never get on the employment ladder at all. Unskilled people are better off working at low-paying jobs, which prepare them for higher-paying jobs, than idling on the street corner, which prepares them for more idling on the street corner.

The side effects don't end with eroding the job base. Workers lucky enough to find jobs paying the new minimum wage will find it harder to get fringe benefits, as employers try to offset the new expense. A

fast-food cashier or office janitor might be better off with \$4.25 an hour with medical coverage than \$5.15 without. Today, employers and employees are free to make that deal. Tomorrow, they won't be.

Trying to help poor people by raising the minimum wage is like trying to help them by putting price controls on bread, rent and gasoline. In the first place, it spreads many or most of its benefits around to people who are not poor. A lot of minimum-wage workers are teen-agers from middle-class families, not single mothers struggling to support three kids.

In the second place, it tends to backfire. Fixing the price of fuel was supposed to assure cheap gasoline, but it also produced maddening shortages and long lines at the pump. We learned the folly of price controls on gasoline; we have yet to learn the folly of price controls on labor.

Supporters of the increase claim we will reap big welfare savings, since higher wages will lift some recipients out of poverty. But while some workers may see their earnings go from \$4.25 an hour to \$5.15 an hour, others will see their earnings go from \$4.25 an hour to \$0.00 an hour.

The legislation on Capitol Hill isn't the looniest attempt to repeal the laws of economics. Baltimore and Milwaukee have passed "living wage" ordinances that require a super-minimum wage for companies seeking municipal contracts, and other cities may follow suit. Baltimore's pay floor is \$6.10 an hour, rising to \$7.70 an hour in 1998.

All across America, big-city mayors are lamenting their inadequate resources and trying to avoid driving out middle-class taxpayers. Yet these ordinances force them to pay more without getting more. As a result, they'll have to raise taxes or cut back on services, encouraging their residents to head for the suburbs.

This approach makes it harder for cities to trim budgets by privatizing some functions, like garbage collection. Private companies will no longer be able to undercut overpaid municipal employee unions, which might explain why municipal employee unions are enchanted by the idea. Contractors will be encouraged to hire skilled workers and fire unskilled ones.

Those who favor laws mandating more money for low-paid workers say they are trying to help the poor, and some of them really are. But they're the sort of friends the poor would be better off without.
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Rot at the top... dumber down colleges

by Walter E. Williams

For decades now, we've known about the scandalous, broad-based decline in the academic preparation of our high school students. While this has been occurring, college enrollments have skyrocketed. The question is: If more and more students are ill-prepared for college, how do we explain increased college enrollment?



The answer's easy. Colleges have dumbed down curriculum so as to accommodate dumber students. No better evidence of collegiate dumbing down can be found than in a report by the Princeton, N.J. based National Association of Scholars (NAS), titled "The Dissolution of General Education."

The report, released last March, is a study of U.S. News and World Report's annual list of "America's Best Colleges." What it finds is truly remarkable. The percentage of top colleges with English department composition requirements slipped from 98 percent in 1914 to 36 percent today. Traditional mathematics was a graduation requirement at 82 percent of the colleges in 1914; today, it's required at 12 percent. In 1914, 86 percent of these top colleges required courses in physical and biological sciences. This requirement plummeted to 34 percent by 1993.

College administrators may protest NAS findings by saying, "We still have mathematics requirements!" But very often, they've watered down math courses such as math for sociology or education majors. Such courses teach recipe techniques where little is taught about the underlying theory. At some colleges, taking a course where essay exams are given qualifies the student as having had composition writing experiences.

Given this college rot, one should not be surprised to find companies hiring people to teach college graduates basic writing and computational skills. Neither should one be surprised to find that students earning advanced degrees in math and the sciences to be increasingly foreign or foreign born. If we listen to Pat Buchanan and close our borders, Silicon Valley might become a ghost town.

In lieu of highly disciplined subjects, colleges have substituted courses with little or no academic content such as: gender (sex is the proper term) and ethnic studies. Where I teach, George Mason University, there's a new sequence of touchy-feely courses where students learn to emote about AIDS and homelessness. These courses are little more than activist propaganda and proselytizing of mush-brained students.

We'd like to think that college presidents and top administrators can halt the decline in higher education, but that's whistling Dixie. They're under immense pressures by campus political forces. Boards of trustees have the ultimate responsibility for their colleges, but as I found out during my short stint as a trustee at a major university, boards of trustees are little more than yes men for the president.

The only real hope lies with parents. Parents must realize that sending their kids off to college means more than tearful goodbyes and signing tuition checks. They must read catalogs. Ask for copies of course syllabi. Find out percentages of courses taught by teaching assistants. Finally, put little confidence in statements by college admissions office personnel and official publications.

I wish the National Association of Scholars' work were exaggerated, but my almost 30 years' experience as a professor suggests otherwise. But take a wee bit of heart. There are some notable alternatives to

the rot at the top where youngsters can get an excellent liberal arts education. The colleges that most readily come to mind are: Grove City College in Pennsylvania, Hillsdale College in Michigan and College of the Southwest in Hobbs, N.M.
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Socialism Is Legal Plunder

by Frederick Bastiat (1801-1850)

excerpt from "The Law"

published by The Foundation for Economic Education Inc., Irvington-On-Hudson, New York, N.Y.

Mr de Montalembert has been accused of desiring to fight socialism by the use of brute force. He ought to be exonerated from this accusation, for he has plainly said "The war that we must fight against socialism must be in harmony with law, honor, and justice."

But why does not Mr de Montalembert see that he has placed himself in a vicious circle? You would use the law to oppose socialism? But it is upon the law that socialism itself relies. Socialists desire to practice legal plunder, not illegal plunder. Socialists, like all other monopolists, desire to make the law their own weapon. And when once the law is on the side of socialism, how can it be used against socialism? For when plunder is abetted by the law, it does not fear your courts, your gendarmes, and your prisons. Rather, it may call upon them for help.

To prevent this, you would exclude socialism from entering into the making of laws? You would prevent socialists from entering the Legislative Palace? You shall not succeed, I predict, so long as legal plunder continues to be the main business of the legislature. It is illogical -- in fact, absurd -- to assume otherwise.

Editor's Note: Mr Bastiat's description of socialism is as profoundly true today as it was in 1850. The only difference is the fact that in 1850 Americans not only opposed socialism, they had a solid republic from which to insulate themselves from the disastrous democracies that ravaged Europe in those days. It was only after the war between the states that socialists got the upper hand in the political arena... and life has been a series of socialistic misadventures for Americans until this day. And the ideas of socialism are not isolated in Washington, D.C. or Austin, Texas. Right here in Garza County and the City of Post the ugly stink of socialism is all around us. It is most evident in our attempts to get government -- whether it be county, city, hospital, school or a myriad of other agencies -- to solve this or that problem. In the May 24 municipal election it is the socialists' concept of "economic development" that will be decided... and I might add, decided by a form of democracy in action... in other words, 50.1 percent of those who vote will decide. So, once again, we will witness the destruction of individual liberty by mob rule... and if the socialists win, the 49.9 percent who do not volunteer their money, will just have to pay... they will have no choice. That is the shame of legal plunder.

A Constitution will only serve the people if the people insist on its tenets to be upheld by all.

Book Fair great success

The Scholastic Book Fair was a great success last week. Students, parents, teachers, and all the volunteers who helped are to be commended for their contribution. There were lots of books purchased that will provide many fun hours of enjoyable reading. During Parents' Book Fair night Kylie Easterling received a free book after her mother came closest to

guessing how much money was in the sunken treasure. We had \$42.62. The Guadalupe Bass, better known as the black bass is the state fish. Successfully answering the question were the parents of Jerica Tyler, Kyzandra Harper and Eric Pederson. Each of their children received a free book. Other books were given to students who participated in the book fair activities throughout the week.

Whatever is good to know is difficult to learn.

—Greek proverb

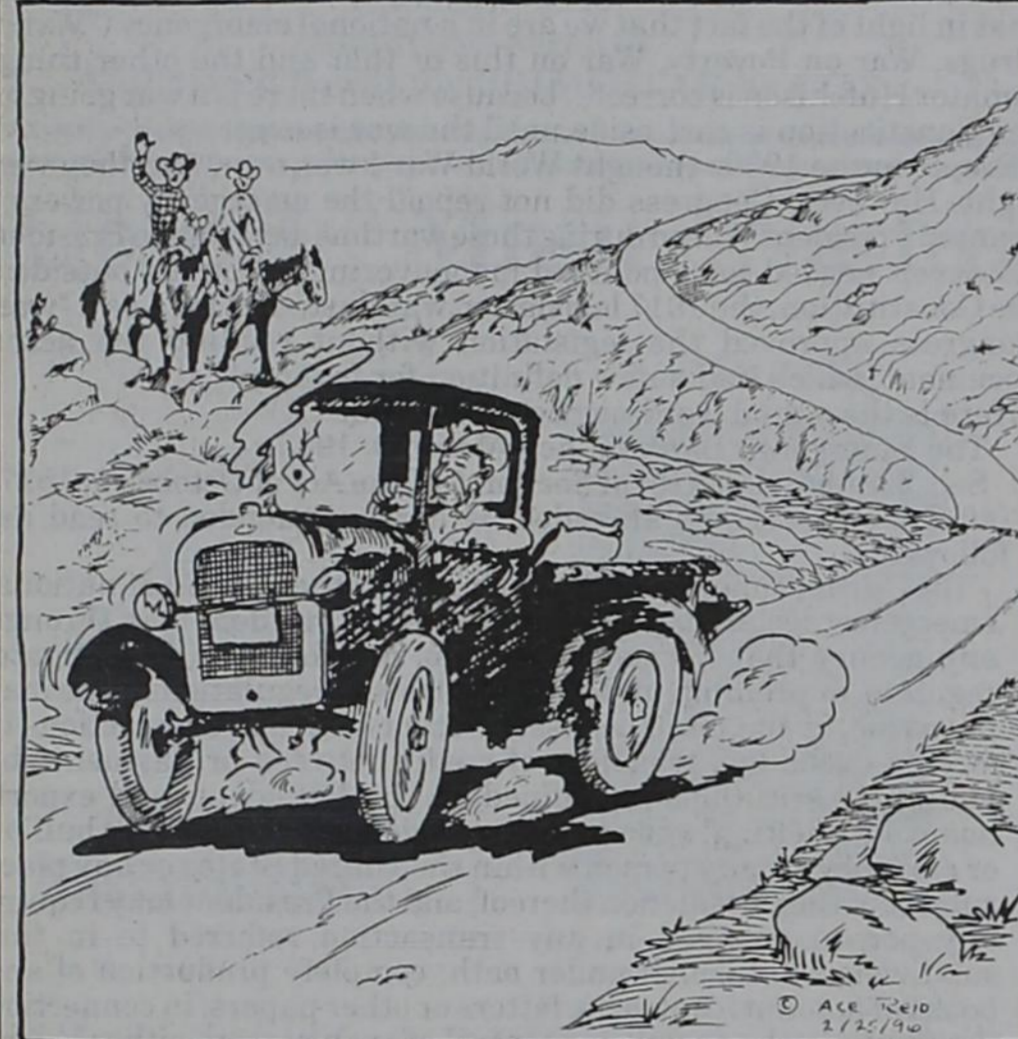
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COW POKES

By Ace Reid



"There goes a man of his word. One time he said he wasn't gonna trade pickups till they got a little cheaper."

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A guaranteed justice or another cover-up?

Continued from last week

Reprinted by permission from the Ellis County Press, by Fred Shannon

The McClennan County Sheriff's Department audio tapes were edited, for the jury, by the judge, and he left out such things as, "I have a right to defend myself! They started firing first." These words were uttered by Wayne Martin, a Branch Davidian inside the compound, while talking to Sheriff's deputy Lynch of the McClennan County Sheriff's Department. One can find this quote 18 minutes into the tape. Smith only allowed the jury to hear 59 minutes of this tape, but the following conversation took place immediately thereafter:

Martin: "I want you to know something!"

Lynch: "Yes sir."

Martin: "They started firing at us first!"

(Time 59:30 of the tape)

Lynch: "Pardon me?"

Martin: "They started firing at us!"

The jury heard none of this continuing conversation

3. The Aftermath—Now the judge, in what this journalist believes is an attempt to throw even more dirt on the failure of the BATF to pull off one of the most ridiculous and ill-conceived "dynamic entries" in the history of federal law enforcement, will be the presiding judge in the upcoming trial against the media.

This man made a statement in the Dallas Morning News article that is almost unbelievable to those who don't know his background.

He states, "Common sense would dictate that a reporter on the scene would do everything possible to avoid detection in covering what is known to be a secret law enforcement operation. Instead the media arrogantly descended on the compound as if the First Amendment cloaked them with immunity from acting as reasonable individuals.

Their actions are particularly egregious when considered in light of the fact that they knew how dangerous Koresh and his followers were." (Emphasis added).

Man, what questions this statement raises!

If it was a secret law enforcement operation, how in the world was the media made aware of it. Maybe someone, who wanted coverage for the BATF told them?

Unbelievable, but maybe possible.

How did the media know "how dangerous Koresh and his followers were?" How dangerous were the Branch Davidians to the American public, especially those 19 children who were murdered on April 19, 1993.

For the record, let the following be a revelation. In the court transcript John MacLemore, the news reporter for KWTX-TV, (the TV station is listed as one of the defendants in the upcoming lawsuit) described how he happened to be involved.

He was ordered to work at 7 a.m. on the morning of the raid. These were not his regular working hours. (Does this maybe suggest a leak of a secret law enforcement operation to you? Maybe the secret operation had as many "intentional" holes in it as the attempted cover-up of the federal operation.)

MacLemore further testified he was accompanied by Dan Muloney, the cameraman. They proceeded to the area "where he expected the raid to take place."

Sounds an awful lot like a "leak" to this old buffalo. Bucket's got a hole in it.

Further in his testimony, he stipulates he was not aware the BATF agents were even involved in the raid.

He states, also, that he missed the turnoff into the compound, and only after spotting the helicopters circling the compound that he drove back to the intersection of Double E Ranch Road.

It was then he witnessed the pickups and the cattle trailers entering into the compound area.

The two newsmen "waved to the agents, who waved back, and we followed them into the compound."

The newsmen took shelter behind a school bus and remained in that location until the firing ceased.

Let the record also show that MacLemore did relate, in court, words to the following effect, "We saw the agents jumping out of the trailers and firing at the building and running with the ladders to climb the roof. (Sound as if they were there to peacefully serve a search warrant?)

We never saw anyone in the windows firing back, and we were not able to determine who fired first, but we did not hear the BATF announce their presence until after the firing had started."

A question has to be asked. Will this judge let in testimony telling how these two newsmen were abused by federal law enforcement officials, even while bringing out wounded BATF agents on the hood of their truck.

This occurred because there were not enough BATF driven ambulances available to carry out the results of this "well conducted" secret law enforcement operation?"

Impeachment is a hard word to stomach by those of us who try to believe our judicial system is credible, but judges making allowances for trials to be held in violation of any one of those Amendments to the Constitution, called The Bill of Rights, is totally incomprehensible, and, to use the judge's word, an absolutely "egregious" act on the part of the judiciary.

Recently that must have become perfectly evident to another district judge in New York. The words "IMPEACH HIM!!!" were heard ringing around the Congress and within the Johnny Come Lately administration.

Judge Baer, the ultra-liberal and a Clinton appointee, suddenly came to his senses and admitted, "there might be more evidence that can be revealed," and a new trial was ordered for the famous dope-dealer of Yonkers.

Term limits for elected officials will be great, but term limits for federal judges is a better deal. Some of the arrogance will then depart. It is hopeful some of these individuals will then not be so involved with their own

fortunes. Perhaps real justice might come forth from these trials.

The judge, assuming he reads this, will notice there has been no mention in this article of his offices and court being in the same building as the offices of Assistant U.S. Attorney William Johnston.

Johnston prosecuted the Branch Davidian case.

No mention, also, it was Johnston who helped prepare the BATF search warrant, and who, allegedly, was adamant about the dynamic entry.

There is certainly no mention of the judge nor any of his staff having conferred, advised, or approved any tactic to aid and assist in whitewashing the federal government's role in this disaster.

For future reference, perhaps the judicial system needs to be reminded of our forefathers' intent and wishes when constructing that sacred document that has endured all, including the idiots who want to legislate by judicial actions outside the congressional law.

Remember the writers of the Constitution established "priority" by numbers and the very first article says:

"ARTICLE I. Congress shall make no law representing an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press, or of the right of the people to peacefully assemble, and to petition the Government for a redress of grievances."

Having read and understood this article, it is inconceivable, to this journalist, how a judge can allow a trial to be held when the freedom of speech or the press is in question.

The Branch Davidians, the press, or the television media didn't organize the raid. It was conceived and carried out by agents of the United States government.

Maybe the problem lies with the initiators of the raid, and their decision to indulge in a "dynamic entry" that turned into a slugfest which was totally unexpected by either side. Otherwise why the fiasco?

Smith, by his comments in various articles, indicates his abhorrence of how the media attempted to discover and bring to light, the atrocity perpetrated on the Branch Davidian innocents. He evidently, is not aware that is our job. It is perhaps time the judge step aside and let another judicial preside over the upcoming trial.

It is perfectly obvious he is prejudiced against the media. All that is necessary to confirm this fact is to research his statements relative to the upcoming trial. An appeal is certain, and the conviction will probably be overturned, constitutionally, even if the media is found guilty.

There was an epitaph, which really struck home to this reporter, and was uttered by one of the defendants when the judge gave his sentencing decision.

The defendant who made it can't be recalled, but, paraphrasing, he said something to the effect, "Judge you are going to sentence us for what these people believed we did, but there will come a time when you will stand before a greater judge, and you better believe you better be 'squeaky clean.'"

No truer words were ever spoken.

Cover-ups stink. Further actions to convince the America public there was no cover-up stink worse.

(Note: Thanks to Jack DeVault for the courageous authorship of his revealing book, *The Waco Whitewash*.)

A Day of Shame: Over 180 Rep join Schumer in assaulting the Bill of Rights from Gun Owners of America

The House of Representatives voted Thursday April 18 to pass the Government Terror bill by a vote of 293-133. The bill which Rep. Charles Schumer (D-NY) and President Clinton had pushed for so long found help from an unlikely source — 188 Republicans who were in large part brought to the table because of their leadership. Republicans like House Speaker Newt Gingrich (R-GA), Majority Leader Dick Army (R-TX), and Judiciary Chairman Henry Hyde (R-IL) all spent time recently pushing the bill among their colleagues. And Rep. Bob Barr — an important fixture on the Judiciary Committee — did considerable work lobbying other Republicans, urging their support for the bill.

Among those voting for the blatantly unconstitutional measure were area Congressmen Mack Thornberry, Charles Stenholm and Larry Combest.

Freshmen stand tall. Despite pressure from the top, more than two dozen Freshmen Republicans bucked their leadership and refused to violate the Constitution. Several of these Freshmen — and some long term Congressmen — were staunch pro-gunners who clearly saw the assault being waged on the Second Amendment and all the Bill of Rights.

Pro-gun Congressmen voting against the bill included Steve Stockman (R-TX), Helen Chenoweth (R-ID), Rep. Phil Crane (R-IL), Joe Scarborough (R-FL) and others. These Congressmen were among that group of men and women who temporarily killed the terror bill last year when GOA activists bombarded the House with calls, postcards, faxes and emails. "Roll Call", which is the newspaper of

record on Capitol Hill, reported in February that "Gun Owners (of America) played a leading role in killing last year's anti-terrorism legislation. Conservative House Republicans — many of them freshmen — backed the (GOA) position and refused to follow Barr."

In fact, GOA and friends were able to get many, many harmful provisions removed, including a provision that could have put the firearms industry out of business. Indeed, this one provision would have severely punished gun dealers for selling a firearm to someone that they should have known was going to use it in a violent crime. Without being clairvoyant, gun dealers would have faced tremendous harassment from the BATF.

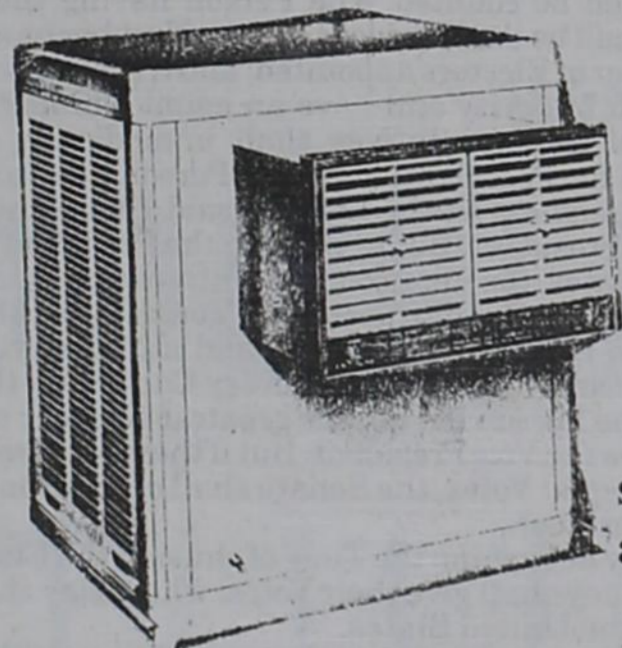
Coalitions FOR and AGAINST the terror bill. "The Washington Post stated on Friday that "Most of the opponents (in Congress) were Democratic liberals or conservative Republicans." This was generally true, although there were a few notable exceptions.

Outside the Congress, GOA was joined by more than 20 other groups — including the ACLU and CCRKBA — in opposing the bill. While some in the media labeled this an odd coalition, it was only topped by the strange "bedfellows" supporting the bill. Rep. Charles Schumer (D-NY) applauded Republicans Hyde, Hatch and McCollum for "the leadership they displayed." Rep. Hyde returned the compliment, thanking Mr. Schumer "for his cooperation" and for being "very helpful on this bill." Hyde also listed the coalition of groups outside the Congress that supported the terror bill. He mentioned about a dozen groups, including "the Christian Coalition; the Anti-Defamation League... (and) National Rifle Association."

"Hall of Shame" Award: Sen. Bob Dole. The biggest disappointment came when Sen. Bob Dole betrayed gun owners last year. On May 26, 1995, he asked for a "Unanimous Consent" agreement that "no assault weapons amendments be in order to the terrorism bill" (Source: Congressional Record, 5/26/95, p. S7610). By doing this, Sen. Dole prevented any repeal amendment from being attached to the terror bill. Attaching a gun ban repeal to the terrorism bill would have done one of two things: it would either have ensured that the gun ban repeal was enacted into law, or more likely, would have ensured the defeat of the terror bill. But Bob Dole took the lead in squelching the gun ban repeal, thus ensuring that the repeal would not stall their efforts at passing a government terror bill.

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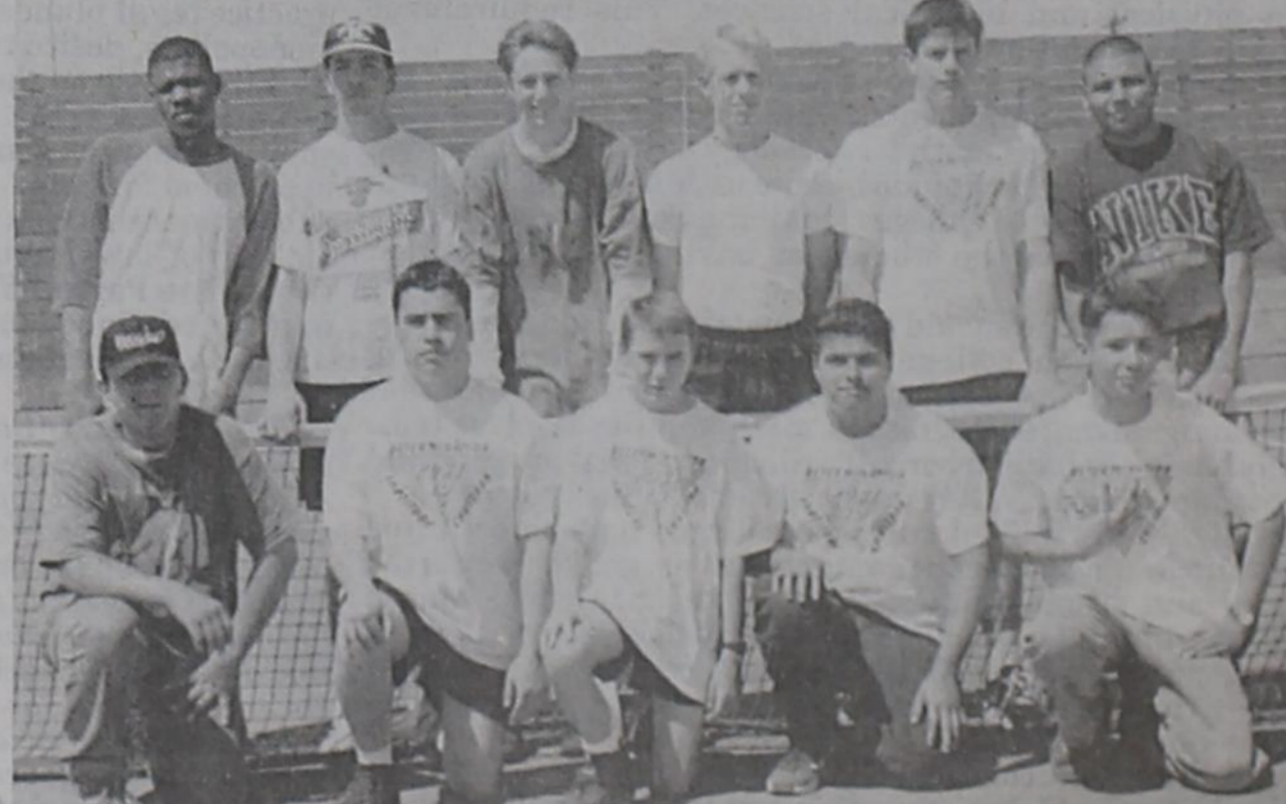
301 E. Main



495-2615



Congratulations Varsity Boys' Tennis



Varsity Boys' Tennis Team - (back row, left to right) Wade Bell, Lance Goen, Nathan Webb, Chad McDougal, Russ Moore, Jake Loreda, (front row) Ricky Quinonez, Brian Bustoz, Cameron Miller, Raymond Perez and Emilio Moreno.



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National Arbor Day celebrated today

Friday marks the 124th celebration of National Arbor Day, a day of tree planting by school children, neighborhoods, and community groups across America. While some states celebrate Arbor Day at different times of the year, the last Friday in April is National Arbor Day.

Arbor Day is celebrated in many ways. The most creative celebration happens when several groups get together. For example, libraries have joined in the fun and presented a free seedling to every child who checked out a book during Arbor Day week. A YMCA and a Senior Walkers Club worked with a Midwestern city to dedicate a fitness trail on Arbor Day, planting trees along the route. A local garden club gave away 20 trees in a raffle drawing, and Boy Scouts planted them.

Arbor Day activities are an expression of caring. An elementary classroom that won \$25 in a contest chose to buy and plant a tree in the school yard rather than spending the money on treats. A garden club sponsored an Adopt-a-Tree program; its members took home seedlings from the city nursery to grow for a year, then returned them for planting in city parks.

Some Arbor Day events are competitive, which can add to the fun. At a recent Arbor Day rally, more than 250 grade schoolers competed to see how much litter they could collect in an hour's time from one of the city's most heavily used parks. The prize was a red oak tree that they planted at their school. Media Celebrity Challenge races are fun, too. They increase community awareness of Arbor Day and provide some good-natured competition.

Arbor Day is a perfect educational opportunity. In a rural elementary school, each student "adopted" a tree within the school's windbreak. Multimedia instructional materials provided by The National Arbor Day Foundation in its "Grow Your Own Tree" kit helped them learn about tree care and tree growth. When they completed the lesson, they received a Tree Care Card.

History of Arbor Day

Arbor Day was the idea of J. Sterling Morton, editor of Nebraska's first newspaper, who moved to Nebraska City from Michigan in the mid-1800s. An impassioned journalist and orator, Morton held a deep personal commitment to bring new families to Nebraska. He knew this would be difficult in a place where just three percent of the land was wooded. There were few trees for firewood, fence posts and — a crucial commodity — lumber. His message became, "Plant Trees."

Morton was diligent, and in 1872 Nebraska became the first state to proclaim Arbor Day. More than one million trees were planted in Nebraska on that day. The idea quickly spread, and by 1890 Arbor Day was celebrated in every state, making it one of the oldest formalized conservation observances in the world.

While many states celebrate the event on the last Friday in April, the "official" National Arbor Day, others set the date to coincide with better times to plant trees in their climates. For example, Florida celebrates Arbor Day in January, Alabama in February, Alaska in May, and Hawaii in November. Arbor Day has now spread beyond the United States and

is observed in many countries of the world.

J. Sterling Morton was proud of the success of Arbor Day. "Other holidays repose upon the past," he wrote. "Arbor Day proposes for the future."

The National Arbor Day Foundation

"Never doubt that a small group of thoughtful committed citizens can change the world. Indeed it's the only that ever has." This quote from anthropologist Margaret Mead, coupled with J. Sterling Morton's simple but profound message to "Plant Trees," embody the mission of The National Arbor Day Foundation.

In 1972, on the 100th anniversary of the first Arbor Day, The National Arbor Day Foundation was formed. Today nearly one million members across America support the Foundation, making it the world's largest tree-planting environmental organization. The Foundation's mission continues to encompass Morton's plea to plant trees, and to become effective stewards of the environment; a mission that is even more vital today than in Morton's own lifetime.

Through programs such as Tress for America™, Tree City USA®, Conservation Trees™, Rain Forest Rescue®, and, of course, Celebrate Arbor Day™, The National Arbor Day Foundation advances environmental stewardship all across America and around the world.

"Arbor Day is such an important event because it usually involves children," noted John Rosenow, founder and President of The National Arbor Day Foundation. "Arbor Day may be the first opportunity a child

has to experience the magic of planting a tree and caring for it. This can instill, at a very early age, a desire to make a positive contribution to the world."

The best way to celebrate the Arbor Day idea is to plant trees, a simple notion with far-reaching results.

To help involve as many Americans as possible in tree planting, the Arbor Day Foundation will provide 10 free white flowering dogwood trees — with showy spring flowers, scarlet autumn foliage and red berries — to each person who joins the Foundation.

Tax 'n Facts

by Terri Cash, CPA

Easing Out Of The Family Business

New tax proposals may protect small family-owned businesses from estate taxes that threaten their continued existence. Meanwhile, more and more owners are finding tax-advantaged ways to transfer ownership to the next generation. Distributing assets before death cuts estate taxes. What makes this transfer even more attractive to business owners is how the value of the gift can be discounted. According to a 1993 Internal Revenue Service ruling, a minority stake, even 49 percent, can be as much as 30 percent less valuable than a 51 percent majority. A parent could give each child \$13,000 worth of shares in a business, discount the value to \$10,000, and still remain under the \$10,000-a-year-per-person limit on gifts not subject to gift tax. If the spouse is a co-owner and consents, double these amounts. Continuing this process over years, an owner could ease out of business and keep the gift, its future appreciation and future income out of the taxable estate. Estate planning gives less to Uncle Sam and more to your heirs. Talk to us about it at:

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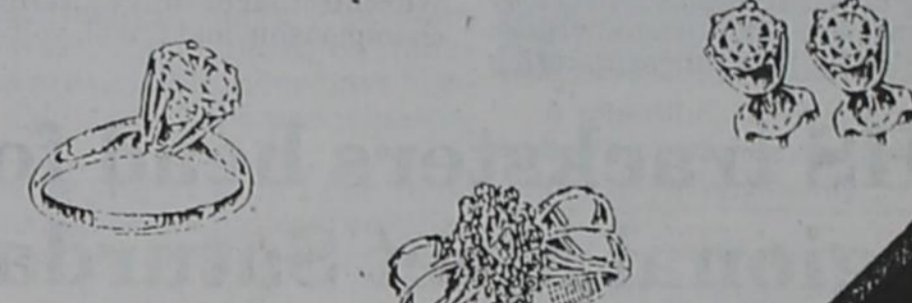
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Congratulations Seventh Grade Boys



Seventh Grade Boys' Track Team - (back row, left to right) Joey Cimental, Stephen Montoya, Aaron Cooper, Raul Ortiz, Clinton Curtis, Ryan Wulfen, (second row from back) Jarad White, Eugene Bell, Joey Rodriguez, Bronco Davis, Ross Babb, Justin Norman, Steve Martinez, Jerry Vance, (third row from back) Casey Short, Steve Norman, Steve Rodriguez, Gabriel Silva, Jamie Collazo, Tyrone Jefferson, Amando Rodriguez, Kevin Hart, Tim Peña, Pablo Garcia, (front row) Obed Diaz, Brant Whisenhunt, Ricky Halford, Wesley Jarrett, Paul Quiñones, Jeremy Baker, Chris Morales and Kirk Moore.

Steve & Jamie Cooper

Chirs, Jeff & Brina Whisenhunt

Joe and Melba Cimental

The Ronnie Halford Family

GARZA COUNTY COMBINED STATEMENT OF CASH POSITION

| FUND | AS OF 03-31-96 | | | TOTAL/ FUND |
|-----------|-----------------|-----------------|-------------|----------------|
| | DEMAND DEPOSITS | CERT OF DEPOSIT | INVESTMENTS | |
| GENERAL | 532511.16 | | 669611.69 | 1202122.85 |
| R&B #1 | 41058.92 | | | 41058.92 |
| R&B #2 | 64374.89 | 20000.00 | | 84374.89 |
| R&B #3 | 25842.19 | 10000.00 | | 35842.19 |
| R&B #4 | 37762.35 | 101803.75 | | 139566.10 |
| LATERRAL | 4327.70 | | | 4327.70 |
| LANDFILL | 20500.88 | | | 20500.88 |
| TOTAL/ALL | 726378.09 | 131803.75 | 669611.69 | 1,527,793.53 |

FUNDS

*INVESTMENTS:

| FUND | TYPE | MATURES | PRICE | PAR VALUE | RATE |
|---------|---------|----------|-----------|-----------|-------|
| GENERAL | FNDN | 08-09-96 | 474396.69 | 485000.00 | 4.944 |
| GENERAL | FNMA | 09-17-96 | 195215.00 | 200000.00 | 5.155 |
| R&B #2 | CD 8898 | 05-24-96 | 20,000.00 | | 4.850 |
| R&B #3 | CD 8899 | 05-24-96 | 10,000.00 | | 4.850 |
| R&B #4 | CD 8900 | 05-24-96 | 53,000.00 | | 4.850 |
| R&B #4 | FNMA | 09-17-96 | 48803.75 | 50000.00 | 5.155 |

I hereby certify the above to be true and correct.

Paula Ann Young
Garza County Treasurer

Terri Cash
County Judge

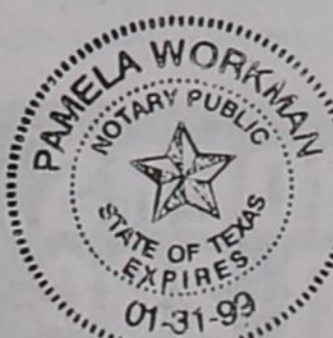
Lee Norman
Comm., Pct. #1

Mason McClellan
Comm., Pct. #2

Chas. Kelly
Comm., Pct. #3

Steve Long
Comm., Pct. #4

Sonny Gossett
Attest Co. Clerk



Sworn to and subscribed before me on the 24th day of April, 1996.

Pamela Workman
Pamela Workman, Notary Public

Sports

Bulldogs bark loudly at Lopes

by Becky Warren
On the game played Friday, April 19th, the Tahoka Bulldogs barked at the Lopes and practically ran them up a tree. The Bulldogs gained the lead in district with a 8-3 win over the Post Lopes.
Our top five batters were a combined four for 15. That's a .267 average. Those same top five through the first three games of district batted .300.
Batting for Post were Anthony Flores, 2 for 4, 2 home runs, 3 RBI's; Armando Ayala, 2 for 3, 2 singles; Steve Gonzales, 1 for 2, single.
We need to give credit to their pitcher, Matt Garcia, who struck out 11 and gave up only three really strong hits. The two home runs by Anthony Flores and a single by Steve Gonzales. We left runners in scoring

position in the first, second, third and sixth innings. That sixth inning was a bases loaded situation.
Sam Woods, pitch hitting, hits a hard line drive in the right center alley and their center fielder made a superb play on for the third out.
A three run home run by Matt Garcia in the first (the two base runners had got on via walk) and Gerald Cantu's solo homer in the third and two run homer in the seventh accounted for five of their eight runs.
This coupled with five errors on our part made for a disappointing day for the Lopes.
We are 3-1 and Tahoka is 4-0 and everyone else has at least two losses. We control our destiny concerning a championship and the playoffs.

PHS tracksters head for Regional Meet Saturday

Post High School track team members are headed for Abilene to compete in the regional meet Saturday.
Lady Lopes to compete are Tasha Clay in the 300 meter hurdles, Aleida Marin in the 800 meter dash, Sharla Cruse in the discuss and shot put and Nicole Cruse in the discus event.
The varsity boys' 400 meter relay team of Jamie Hernandez, Paul Arausa, Freddy Peña, Steve Gonzales and alternate Josh Loper will represent PHS at regional. Arausa also will compete in the 200 meter dash.

Sports Medicine Briefs

The pulse knows
Are you working out too hard? The answer is just a heartbeat away. "Your pulse is one of the best fitness indicators, and it can tell you if you're pushing your body too hard," said Dr. John Cianca, a sports-medicine expert at Baylor College of Medicine in Houston.
To use your pulse as a workout gauge, a baseline must be established. "Each morning for a week, take your resting pulse before you get out of bed," Cianca said. "Count the number of heartbeats in 10 seconds and then multiply by six. Doing this for a week will establish your average resting pulse. It can then be used as a 'measuring stick'."
Your morning resting pulse may go down as you get in better physical shape, but, if it goes up, you're overdoing it.
"If your average morning pulse has been 50 beats per minute and all of a sudden it shoots up to 60 or 65, it's time to let your body rest for a couple of days," Cianca said.

'Concentration training' helps performance
The ability to concentrate can be improved through practice.
"The successful athlete concentrates on the task at hand and filters out everything else," said Dr. Francis Pirozzolo, chief of neuropsychology at Baylor College of Medicine in Houston. "When our minds are focused on the past or future, we cannot be as effective in our present performance."
Concentration involves not only paying attention to what is relevant, but also being able to ignore the irrelevant.
Regardless of the sport, treat some practice or training sessions just as seriously as a competition.
"For example, while warming up by playing catch, baseball or softball pitchers can work on refining their attention skills by throwing to a specific target," Pirozzolo said. "A simple game of catch becomes an

opportunity to practice concentrating and increasing accuracy."
Exercise may help prevent arthritis

People who exercise may be less apt to develop arthritis.
"Exercise is key to keeping tendons, ligaments and bones strong, and it can also help people overcome arthritis," said Dr. Sandra Sessoms, associate professor of medicine at Baylor College of Medicine in Houston. "Studies show that a walking program for moderately advanced osteoarthritis of the knee can be helpful."
Walking and cycling are both excellent exercises for preventing and treating osteoarthritis, which is the most common cause of arthritis. Osteoarthritis takes aim at the joints' connective tissue, such as cartilage, ligaments and tendons. The knees and hips are especially susceptible.
Exercise strengthens connective tissue, making arthritis less likely. Lack of movement may lead to weak tissue and immobility.



PHS Lady Lopes competing at the regional track meet Saturday in Abilene are (left to right) Tasha Clay, Nicole Cruse, Aleida Marin and Sharla Cruse.



Headed for the regional track meet in Abilene Saturday are PHS Antelope varsity track team members (left to right) Freddy Peña, Paul Arausa, Steve Gonzales, Jamie Hernandez and Josh Loper.

Congratulations Antelope Baseball Team



Antelope Baseball Team - (back row, left to right) Coach Mitch Rasberry, Steve Gonzales, Sammy Zubia, Jamie Hernandez, Jeremy Josey, Roy Perez, Sam Woods, T.J. Gaydos, Coach Fred Postell, (front row) Coach Randy Matthews, Joseph Abraham, Seth Pennell, Todd Terry, Armando Ayala, Robert Kilmer and manager Eric Lopez. Anthony Flores and David Perez not available for photo.

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Congratulations Antelope Track Team



Varsity Boys' Track Team - (back row, left to right) Elijah McElroy, Vance Guthrie, Billy Crawford, Josh Loper, (middle row) Orlando Castillo, Roland Basquez, Israel Perez, Steve Gonzales, Jamie Hernandez, (front row) Michael McDougale, Paul Arausa, Sam Woods and Freddy Peña.

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Possession of mushrooms, accident top sheriff's report

By Becky Warren
The sheriff's office was kept very busy this week.
On Wednesday, April 17, 30 year old Kevin Fay of Austin was arrested for possession of mushrooms (controlled substance) which is a felony. He was also arrested for possession of marijuana. He was released after posting a \$1,000 cash bond (controlled substance) and a \$500 cash bond (marijuana possession). Also a 36 year old male was arrested for possession of marijuana. He was released on a \$1,500 bond. A 37 year old male was arrested for failure to appear

(issuance of a bad check) warrant. He was released on a \$2,000 property bond.
On Friday, April 19, a 41 year old male was arrested for public intoxication. He was released after paying \$230 in fines and court costs.
On Saturday, April 20, Deputy Bo Kimmons was involved in an accident. According to Sheriff Kenny Ratke, Kimmons, while on duty in the Garza County Sheriff's patrol unit, failed to yield right of way at the intersection of 10th Street and Avenue N. The car was hit broadside by a pickup, which was driven by Ivan Line. The accident was reported

at 1:10 p.m.
Line, who complained of pain in his rib area, was transported to Garza Memorial Hospital by the Post EMS. He was treated and released.
DPS trooper Kyle Edwards, who worked the accident, issued a citation to Kimmons for failure to yield right of way.
Also on April 20, a 21 year old male was arrested on city warrants. He is still being held.
On April 21, a 17 year old male was arrested on a warrant for burglary of a motor vehicle. He was released on a \$2,500 bond. A 22 year old male was arrested on a warrant for criminal mischief. He was released on a \$2,500 bond. Also a 22 year old male was arrested. He was released to the border patrol.

White River at its lowest level in history

(Continued from Page 1)

Currently White River is in the process of drilling approximately nine wells below the Dam, and if these wells prove to be productive and potable, that water will be pumped into treatment plants and distributed to all of the cities, Hanna said.
So far, tests indicate the wells will be productive. If the wells below the dam don't produce enough quality water, however, the City Councils of each town affected could get together and further study the problem.

Another viable option according to Hanna is to pump water from nearby Lake Allen Henry and use the existing treatment plant and distribution system to supply all four towns. The cost for this would then be shared by the four towns, and also oil companies that use the water. This is a possibility that all town administrations said should be considered, Hanna said.

Another option is to get water 10 to 15 miles west of town where there seems to be adequate ground water for now, Hanna said. Still another option that has been studied is to tie on to Lake Meredith along with the other cities, but this has proven to be cost prohibitive and not a solution.

Bob Cass, City Manager of Lubbock advised he would consider hosting a meeting with the administration with all cities involved and also he would make his staff available in doing a primary assessment of the feasibility of piping water from Lake Allen Henry to White River. Although these projects are possible, none have been endorsed formally by any of the City Council's of the participating cities, Hanna said.

Hanna emphasized, "Should a pipeline project from Lake Allen Henry to White River be determined as the best long term solution then all of the citizens of the affected entities should be allowed to vote on the project".

Create A Memorable Mother's Day

(NAPS)—Right before your eyes, your children are learning and growing in so many ways, everyday. Before you know it, they won't be children anymore. That's why one of the greatest gifts you can give a parent or grandparent this Mother's Day is a memory that will last a lifetime.

One way to capture that moment, is to have a portrait taken and presented as a special Mother's Day gift. To help, Expressly Portraits, a nationwide chain of portrait studios, offers professional portraits that are ready to take home the day they're taken.



A beautiful, professional portrait of a cherished child can be a valued gift in any family.

"We get lots of dads bringing the kids in for portraits at this time of the year," says Herman Robert, director of photography for Expressly Portraits. "We work with them to make sure they get the best possible shot of their kids, and then help them choose the portraits and the package that works best for them."

For maximum convenience, Robert recommends calling ahead to schedule your photo session, "so you're ready to go the second you walk into the studio." And, to make sure the shot is expressive of your child's individuality, and where they happen to be at this particular stage of their development, Robert recommends incorporating one of Expressly Portraits many backgrounds and/or props, or bringing along something that your child is "into," whether it's a Barbie, in-line skates or the newest action figure. "You'd be surprised how much a prop like that can personalize a portrait and make it memorable."

One should never know too precisely whom one has married.
—Nietzsche

Congratulations Eighth Grade Boys District Champions!!



Eighth Grade Boys Track Team - (back row, left to right) Jarrett Bland, Dominic Cerda, Scotty Gaydos, Luis Leos, Dominic Pequeño, Dominic Reyna, Michael Stelzer, Matthew Ledbetter, (middle row) Luke Williams, Randy Moore, Ruben Gomez, Chris Saldivar, Johnny Jefferson, Marcus Lopez, Raymond Jefferson, R.T. Todd, Braden Conner, Adrian Gonzales, (front row) Ricky Alvarez, Will McReynolds, Matthew McCallister, Rocky Gomez, David Villesca, John Radle, Jason Howard, Josh Fumagalli and Raymond Silva.



Dickens Electric Cooperative, Inc.



Congratulations J.V. Track Team



Junior Varsity Track Team - (back row, left to right) Steve Ayala, Erik Lopez, Chris Hernandez, Jay Gorman, Terry Foster, (front row) Tim Quintana, Frank Reyna and Matt Cooper. Derek Guthrie not available for photo.

South Plains Answering Service

Lee Norman

Brady's Package Store



Congratulations Seventh Grade Girls District Champions!



Seventh Grade Girls Track Team - (back row, left to right) Keri Holly, Brailey Feagin, Kenda Looney, Jenny Jones, Dianna Williams, Miranda Palmer, Lindsey Rudd, Ashley Holly, (second row from back) Belen Rodriguez, Kristy Saldivar, Rhonda Thompson, Princess Garcia, Laci Williams, Jamie Dawson, Ashley Mason, (third row from back) Amy Pedersen, Brandi Gunn, Anally Simental, Camille Blevins, Yvonne Lopez, April Line, Mandy Terry, Davida Gregory, Vondi Gradine, (front row) Mayra Armendariz, Erin Ayala, Jennifer Perez, Ashley Hair, Jonna Raben, Miranda McClain and Kelsey Wimmer.

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Friendlier. Better.
And Better And Better.



To The Nth Degree Post

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Congratulations Varsity Girls' Tennis



Varsity Girls' Tennis Team - (back row, left to right) Cassie Short, Shelley Shifflett, Rachelle Jones, Bertha Soria, Tammy Matthies, Melissa Gutierrez, Macee Mills, (front row) Andrea Rodriguez, Kathy Gerner, Jennifer Hubble, Amanda Hair, Christina Soto and Tamara Mason.

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Studio of Music

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| <p>Rockin' Rhythm Camp July 8 - July 13 Grades 2 - 5 with 1 - 2 yrs. of piano inst.</p> | <p>NOTEBUGSTERS CAMP July 15 - 20 Grades 5 - 7 with 2 or more yrs. of piano inst.</p> |
| <p>•Sight Reading •Music Olympics •Improvisation •Hymns •Pop & Jazz •Music Games •Swimming</p> | |
| <p>Jazz Jammer's CAMP July 22 - 27 Grades 8 - 12 with 3 or more yrs. of piano inst.</p> | <p>CUBBY BEAR PIANO CAMP July 29 - Aug 3 Grades 1 - 4 with no previous piano inst.</p> |
| <p>Schedule 9:30 a.m. - 2:30 p.m. Swimming 1:15-2:30 Lifeguard on Duty Registration Apr. 15 through May 25</p> | |
| <p><i>Grandmothers, this is a great way to entertain your grandchildren during the week.</i></p> | |

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Classified Advertising

Rates: Private Party - 25¢ per word, payable in advance, individuals only.

Commercial: 50¢ per word. Payable in advance unless credit approved by management.

Card of Thanks

We would just like to Thank everyone who helped with our benefit. You all put so much hard work and love into it that we can never express adequately how grateful we are.

We would also like to thank all of you who came and made the generous donations. This money will make such a difference in our struggle with the medical expenses we've had ever since Madison's accident in 1992. It's been a crazy four years!

But through it all our friends have helped out in every way imaginable. The love and help has known no boundaries. Churches and Sunday School classes of churches which we are not even members have brought food, sent prayer letters, cards and flowers. That to us is very special. The hardest thing for us was swallowing our pride and admitting the obvious - We could no longer make it alone.

Thank you all for picking up and making everything look bright again. We will be fine.

Sincerely,
Brad and Penny Mason and girls

A great big thank you goes to the crowd that had lunch at Trail Blazers last Tuesday during the blackout. You were super. Also to our shut-ins for waiting so patiently for your lunch to be delivered. And a special Thank You to the staff for keeping a cool head. I know it wasn't easy switching from all that electric equipment to gas but you did - and put out a very good meal.

Again Thanks,
Director, Juanita Peel

Thank you for your prayers and concerns during Bobby's illness.

Our love,
Bobby and Nita Terry

We need to send a special thank you to our many friends, neighbors and relatives. The cards, flowers and especially the prayers have been most welcome and appreciated. The food has been delicious. Again Thank You from the bottom of our hearts.

Punk and Juanita Peel

Personals

Lonely? Afraid? Depressed? Call CONTACT: 1-800-886-4351. Free, Confidential, Anonymous - 24 hours per day.

Post Group of Alcoholics Anonymous meets every Thursday night at the First Presbyterian Church, 901 West 10th at 8 p.m. Closed meetings are held except on the last Thursday of the month, which is

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an open meeting. We have supper at 7 p.m. and the speaking starts at 8 p.m. Anyone who wishes to talk or ask about an alcohol problem, call 495-4152, 495-4185 or 629-4393.

Post Independent School District invites the Senior Citizens of the district to come by the Superintendent's office and receive a gift of a complimentary general admissions pass that will admit you to all school functions. (You will be asked to present identification so that a pass can be issued in your name).

Spanish Speaking AA

Spanish speaking AA meetings will be held every Tuesday night at the Catholic Church from 8-9 p.m. Come one, come all.

Services and Repairs

Would like to tear down old barns for the lumber. Call 495-3977.

Assisted Senior living. Nursing home alternative. Country home north of Slaton. 806-828-3545 or 828-6706.

Help Wanted

Drivers needed - Must have Class A CDL. Apply in person at Davis Oilfield Service, Inc., Lubbock Hwy, Post, Tx. 495-3805.

Post ISD is accepting applications for the position of school crosswalk guard. You may pick up an application at the superintendent's office at 501 South Avenue K.

Help wanted for different shifts. Apply in person. See Susan at Wes-T-Go, 405 N. Broadway.

Homes for Rent

3 bedroom farm house. Call 745-2881.

Homes for Sale

3 bedroom/1 1/2 baths, garage/private fence. 612 W. 11th St. Post. 327-5226.

1800 sq. ft. 3 bedroom/2 bath, large bay window, 402 Osage. Nice neighborhood. 495-4067.

Santa Fe style custom home. 3 bedroom/2 1/2 bath on 3.43 acres in Cedar Hills. 2 fireplaces. Call 806-495-2028. Shown by appointment only.

Price reduced. Still Negotiable 3 bedroom/2 1/2 bath on 3.43 acres in Cedar Hills. 2 fireplaces. Call 495-2028, by appointment only.

3 bedroom/2 bath, 2 lots, lots of storage. 806-495-2396.

Residential Lots for Sale

Wanted to buy: lot with utilities and water hook-up for a mobile home. Call 495-2379.

**Birthday • Anniversary • Wedding
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Jimella Simpson**
After 5 p.m.
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Post, Texas

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Annuities,
CHAMPUS Supplement
Call Harold Craig
495-2995**

Miscellaneous for Sale

Boys size 16 slim suit. Double breasted gold jacket, black dress pants, black shirt and tie. Worn only once. Ideal for end of school activities. Priced to sell. 495-3977.

1983-32 ft travel trailer, 1976 3/4 ton Ford pickup, T030 Ferguson tractor, 5 ft. Bush hog shredder and 1966 GMC winch truck. See at 501 W. 3rd St. Call 495-3263.

Cook'n Cajun Smoker and grill. Used once. \$22. Jean 495-2630.

10 ft. satellite dish and box, Emerson VCR, 6 tires, 75/15 P235 in good condition. 495-2538.

All metal 10 X 10 Morgan building with garage door on front and lights inside. \$3,000. Call 495-3529.

Custom made 3 shelf bookcase with handcrafted dark stained wood. Comes with beautiful beveled full mirror in the back. About 5 ft X 3 ft. \$125. Call 495-3884.

Garage Sales

614 W. 10th St. Friday and Saturday, 9 a.m. - 4 p.m. Washer/dryer, sofa, chairs, dining table with six chairs and hutch, bedroom suite, mens clothes, linens, household items, beautiful hanging crystal combination lamp/table.

Two family garage sale. Both Pollard families. Saturday only, 9 a.m., 1002 W. 10th St.

Yard sale: 211 W. 12th St. Lots of baby clothes and baby furniture, misc. Saturday, 9 a.m. to ? No early callers.

Pets and Supplies

1/2 heeler 1/2 lab puppies to good home. All males. Call 495-3977 or come by 505 W. 7th St. after 6 p.m.

Free - 3 beautiful little kittens. 1 Calico female, 1 black male, 1 gray male. 495-3986.

Legal Notices

Notice of Application for Oil and Gas Waste Disposal Well Permit

HAT Oil and Gas, Inc., P.O. Drawer 320, Snyder, Texas, 79550-0320, is applying to the Railroad Commission of Texas for a permit to dispose of produced salt water or other oil and gas waste by well injection into a porous formation not productive of oil and gas.

The applicant proposes to dispose of oil and gas waste into the San Andres-Glorieta Formation, Kerr/McGee Lease, Well Number 1 (SWD). The proposed disposal well is located seven (7) miles South of Post in the NO HAT (ELLENBURGER) Field, in Garza County. The waste water will be injected into strata in the subsurface depth interval from 2590 to 4627 feet.

LEGAL AUTHORITY: Chapter 27 of the Texas Water Code, as amended, Title 3 of the Texas Natural Resources Code, as amended, and the Statewide Rules of the Oil and Gas Division of the Railroad Commission of Texas.

Requests for a public hearing from persons who can show they are adversely affected, or requests for further information concerning any aspect of the application should be submitted in writing, within fifteen (15) days of publication, to the Environmental Services Section, Oil and Gas Division, Railroad Commission of Texas, P.O. Drawer 12967, Capitol Station, Austin, Texas 78711-2967 (Telephone 512/463-6792).

Notice of Application For Fluid Injection Well Permit

Primrose Operating Co., P.O. box 1319, Wichita Falls, Tx 76307 is applying to the Railroad Commission of Texas for a permit to inject fluid into a formation which is productive of oil or gas.

The applicant proposes to inject fluid into the San Andres and Glorieta formation, Jim Hall lease, Well Number 3. The proposed injection well is located 4 miles SE of Justiceburg in the Dorward Field, in Garza County. Fluid will be injected into strata in the subsurface depth interval from

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1900 to 2510 feet.

LEGAL AUTHORITY: Chapter 27 of the Texas Water Code, as amended, Title 3 of the Texas Natural Resources Code, as amended, and the Statewide Rules of the Oil and Gas Division of the Railroad Commission of Texas.

Request for a public hearing from persons who can show they are adversely affected, or requests for further information concerning any aspect of the application should be submitted in writing, within fifteen days of publication, to the Environmental Services Section, Oil and Gas Division, Railroad Commission of Texas, P.O. Box 12967, Capitol Station, Austin, Texas 78711 (Telephone 512/463-6792).

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The applicant proposes to inject fluid into the San Andres and Glorieta formation. Exxon Fee "R" lease, Well Number

7. The proposed injection well is located 4 miles SE of Justiceburg in the Dorward Field, in Garza County. Fluid will be injected into strata in the subsurface depth interval from 1890 to 2500 feet.

LEGAL AUTHORITY: Chapter 27 of the Texas Water Code, as amended, Title 3 of the Texas Natural Resources Code, as amended, and the Statewide Rules of the Oil and Gas Division of the Railroad Commission of Texas.

Request for a public hearing from persons who can show they are adversely affected, or requests for further information concerning any aspect of the application should be submitted in writing, within fifteen days of publication, to the Environmental Services Section, Oil and Gas Division, Railroad Commission of Texas, P.O. Box 12967, Capitol Station, Austin, Texas 78711 (Telephone 512/463-6792).

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mit to inject fluid into a formation which is productive of oil or gas.

The applicant proposes to inject fluid into the San Andres/Glorieta formation, Exxon Fee "G" lease, Well Number 33, 41, 43 and 52. The proposed injection well is located 4 miles SE of Justiceburg in the Dorward Field, in Garza County. Fluid will be injected into strata in the subsurface depth interval from 1890 to 2565 feet.

LEGAL AUTHORITY: Chapter 27 of the Texas Water Code, as amended, Title 3 of the Texas Natural Resources Code, as amended, and the Statewide Rules of the Oil and Gas Division of the Railroad Commission of Texas.

Request for a public hearing from persons who can show they are adversely affected, or requests for further information concerning any aspect of the application should be submitted in writing, within fifteen days of publication, to the Environmental Services Section, Oil and Gas Division, Railroad Commission of Texas, P.O. Box 12967, Capitol Station, Austin, Texas 78711 (Telephone 512/463-6792).

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DRIVERS EXPERIENCED OR INEXPERIENCED North American Van Lines has owner operator openings (single-op & double-op) in relocation services & blanket wrap divisions. Tractor purchase programs, no trailer maintenance expenses, pay for performance, safety & longevity. Bonuses. Tuition-free training! 1-800-348-2147 Dept. A-36.

DRIVERS - OTR ... EXPERIENCE pays at Melton! Great bonuses, top benefits, and respect... because you deserve it! Plus excellent get-home and time-off policy, paid flatbed training for experienced drivers! Minimum 23, 1 year recent OTR experience. Melton Truck Lines, Inc. 1-800-635-8669, M/F - EOE.

DRIVERS - SINGLES/TEAMS - O/O lease program - no money down. Must meet DOT requirement. Late model walk-in. Call Arctic Express 1-800-927-0431.

DRIVERS - SOLO/TEAMS, \$2,000.00 (teams) sign-on. Top teams earn \$104,000+, top trainers earn 70k+, major benefits/motel & deadhead pay. Covenant Transport 1-800-441-4394. Students call 1-800-338-6428.

DRIVERS WANTED. E.L. Powell & Sons, Tulsa, OK. We offer late model equipment, good insurance, mileage pay. One year verifiable flat bed experience. 918-446-4447. 1-800-444-3777.

YOUNGER BROTHERS A bulk liquid transporter is hiring drivers. Excellent benefits package, \$100.00 layover pay. For information contact Kathy Bullock 1-800-234-6628/322.

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NAVY NUCLEAR POWER trainees wanted. H.S. grads with math background. Ages 17-24. Relocation required. Houston, 1-800-853-6600; Dallas/Ft. Worth, 1-800-492-9738; San Antonio, 1-800-292-5547.

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Yesteryears

by Pat Burnett

10 Years Ago April 24, 1986

The first production of the newly created Caprock Community Theatre, "The Silver Whistle" debuts in Post tonight at the school auditorium. The stars in this play are Will McCrary, Jack Alexander, Preston Poole, Jennifer Miller, Anne Leake, Debbie Chambliss, David Murphy, Patsy Bilbo, Ronnie Gradine, Jack King, Jack Chambliss, Mike Tooms, Jan Olson, Ronnie Metsgar and "Rojo" the rooster who was loaned by Fernie Reed.

Doug Flanigan was named winner of this year's Soil Conservation Poster Contest.

Ben Kirkpatrick and Don Voyles rescued Paul Wayne Jones of Idalou, from drowning at the Holiday Inn in San Angelo recently. They were all there for the San Angelo track relays.

20 Years Ago April 22, 1976

Hail causes \$500,000 damages to roofs, cars and mobile homes in Post this past week.

Perry Hunsaker was named administrator for the Garza Memorial Hospital.

The engagement and forthcoming marriage of Kim Mitchell and Larry Mills is announced. They will be married August 21.

Happy Birthday today goes to Mrs. Glen Huffaker, Butch Bowen, Mrs. Charlie Baker, Barbara Blacklock, Mrs. O.E. Montgomery, Elizabeth Carter and Mrs. H.M. Compton.

30 Years Ago April 28, 1966

Mrs. Mabel Martin is visiting with her son and daughter-in-law, Mr and Mrs J.E. Evans, in

California. Mr and Mrs Burney Francis spent the Easter holidays with their son, Neal, who is stationed at Keesler A.F.B.

Mayor Harold Lucas will throw out the first ball Monday night to officially open the 1966 Little League baseball season in Post.

Mary Ann Dennis of Gail, freshman student at Incarnate Word College, San Antonio, was named second alternate college division Fiesta Queen in the torchlight Fiesta Flambeau parade in San Antonio.

40 Years Ago April 26, 1956

Mrs M.E. Corbin, of Denver, Co and formerly of Post visited here over the weekend in the home of Mrs Eva Bailey and Mrs Ella West. She was enroute to Waco to attend her granddaughters high school graduation.

Jessie Lee of Jessie Lee's Beauty Salon of Lubbock spoke to the Amity Club members in the home of Mrs N.R. King.

Weekend guests in the R.E. Cox home were Mr and Mrs Roy Green and family of Lubbock.

50 Years Ago April 25, 1946

College students visiting family and friends over the Easter holidays were Marshall Mason, Dan Rodgers, E.W. Williams, Holmes McLish, Elwood Wright, Bill Edwards and David Williams and guest, Miss Earline Reed.

Mr and Mrs Max Gordon are announcing the arrival of a son, Billy Max, born April 19 in Brownfield.

At the Garza theatre this week you can see "The Bells of St. Mary's" with Bing Crosby and Ingrid Bergman and "Meet me on Broadway" with Marjorie

State Capital



HIGHLIGHTS

By Lyndell Williams & Ed Sterling
TEXAS PRESS ASSOCIATION

AUSTIN — Texas Commissioner of Higher Education Kenneth Ashworth has decided to scrap the state's minority scholarship program, following the spirit of a March federal court ruling ending the affirmative action enrollment policy at the University of Texas.

Last week, Ashworth told the Higher Education Coordinating Board the 5th U.S. Court of Appeals rejection of UT's law school admissions process means the state can no longer implement its federally imposed plan to desegregate its higher education system, the *Houston Chronicle* reported.

"We have to abide by the law, but I don't like it. If the ruling holds and we don't find some way to work around it, Texas will be badly damaged, given the role our program plays in enrolling minorities who will go on to make up so much of the state's 21st century work force," Ashworth said.

The Texas Access and Equity Plan, approved and monitored by the U.S. Office of Civil Rights, already had awarded more than \$1.5 million to 1,300 minority students for the 1995-96 school year.

The 5th Circuit ruling resulted from a 1992 lawsuit filed by four white students who claimed they were victims of reverse discrimination when the university rejected their law school applications while accepting minorities with lower scores.

Ashworth said his decision does not require approval of the Coordinating Board, and that he will reinstate the minority scholarship program only if the state is granted a stay while the case is under appeal to the U.S. Supreme Court.

A stay has been filed with the 5th Circuit by Attorney General Dan Morales.

Former Prison Chief Opens Up

An interview with James A. "Andy" Collins, former executive director of the Texas Department of Criminal Justice, will appear on newsstands April 25 in the May edition of *Texas Monthly* magazine, the *Austin American-Statesman* reported.

In the interview, Collins admits he had hoped to go to work for companies that received contracts from the Texas prison system while he was chief. And he criticizes the five-year prison-building program he helped design, saying much of the \$1.5 billion the state invested in new prisons should have been spent on juvenile offender programs. From 1990 to 1995, the prison system more than tripled in capacity from 45,000 beds to 146,000 beds.

Under way are state and federal investigations regarding a \$33.7 million contract with Vi-

taPro Foods Inc. that was approved on Collins' watch without competitive bids. VitaPro is a soybean-based meat substitute the prison system purchased to feed inmates.

After resigning from the TDCJ in December, Collins took a \$1,000 a day consulting job with VitaPro, triggering conflict of interest accusations against him.

Meanwhile, Collins is off the VitaPro payroll and VitaPro is off the prison menu, but 100 tons of the stuff are sitting in prison warehouses.

Can't Read? Don't Pass 'Em

Texans — 93 percent of that is — are against promoting students from third to fourth grade without being able to read, according to a poll conducted by the Texas Federation of Teachers.

John Cole, president of the state's second-largest professional educators' group, said 23 percent of third-graders can't pass third grade reading requirements.

The poll also shows 66 percent of Texans believe students should not be advanced to a higher grade unless they develop the learning skills required at the lower level.

TU to Form Huge Conglomerate

Texas Utilities agreed last week to purchase natural gas company Enserch Corp., forming a power company serving most of North Texas.

Texas Utilities will spend \$1.7 billion to acquire most of Enserch — which includes Lonestar Gas, the state's biggest gas company — pending approval by federal regulators and stockholders.

Tom Baker, a TU spokesman, said the merger should have no apparent impact on customers.

Jim Hines, a Lonestar Gas spokesman, said the combined companies eventually might eliminate duplicate costs such as billing and customer service and offer energy users "one-stop shopping" for gas and electricity.

Report Signals Insurance Hike

Insurance companies have asked Texas Insurance Commissioner Elton Bomer for an 11.3 percent increase in automobile insurance for Texans, but a report written by administrative law judges recommends a 6.3 or 6.4 percent increase.

Bomer is expected to set the new "benchmark" rate this summer. Insurance companies use the rate to determine how much to charge customers for coverage. Charges can range from 30 percent above or below the benchmark rate.

Drug Laws to Be Examined

It's a puzzle: U.S. Customs allows the importation of certain prescription narcotics, stimulants and sedatives, but in Texas, law enforcement officials arrest people for possessing the same drugs or "controlled substances."

Gov. George W. Bush has asked his advisors to examine conflicting state and federal drug laws and prepare to discuss the issue at an April 26 meeting of the Governor's Criminal Justice Division.

Post Art Guild

by Geraldine Butler

The Post Art Guild met Monday April 9th at the Algierita Art Center, with Marie Neff presiding. Linda Puckett was hostess. Other members present were, JoAnn Mock, Sara Ault, Glenda Morrow, Ann Bratcher, Gracie Hodges, and Geraldine Butler.

Glenda Morrow led the program by showing her method of defining the negative spaces in a painting or drawing. Members showed their own methods, and an exchange of ideas and discussion was enjoyed by all.

During the business session it was decided to have Hugh Campbell, from San Angelo, conduct a week-end workshop, September 20th and 21st. Mr Campbell is a working artist, who wins many awards and prizes with his work, which is mostly oils and pastels. The workshop will be in those media. Students will work in their preference of these two media. Student problem areas are encouraged to be brought to the attention of the instructor, with private discussion to follow.

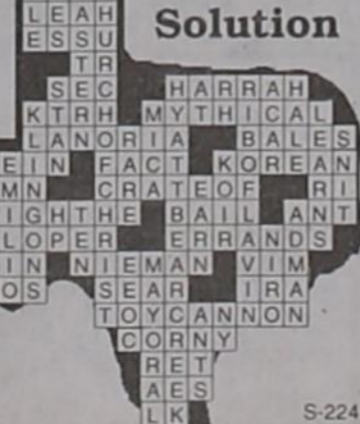
All persons interested in improving their talents or in learning a new media are encouraged to participate in this workshop. Call Jennifer at 495-4000, at the Art Center for further information.

The Spring Art Show will take place April 24th through May 4, 1996. Entries will be accepted the 24th from 9 a.m. until 7 p.m. and again the 25th, from 9 a.m. until noon.

Gary Ward will be the juror. He is an art teacher in the middle schools of Canyon, and has shown much of his work at the Founders' Day "Rendezvous of the Arts," at the Community Center.

More information is available by calling Jennifer at 495-4000 at the Algierita Art Center.

Last Puzzle Solution



Grandparents' Corner

Mack and Lola Ledbetter recently enjoyed the company of their nine grandchildren: (top, left to right) Matthew Ledbetter, Lorry Ledbetter, Cliff Walter, Chanda Moreman, Clint Walter, Meagan Moreman, LaRinda Ledbetter, (front) Chris Bowles and John Walter. They are the children of Bruce and Debbie Ledbetter of Post, Carolyn and Robert Walter of Canton, Debbie and Carl Bowles of Plainview and Larry Moreman of Lubbock.

Bring your favorite grandparent photo to The Post Dispatch to be included in this weekly feature. Photos will be published "first come, first served."

Lost Pet Corner

Call the City of Post at 495-2811 for information

All dogs found new homes

This week we are pleased to announce that the two dogs at the animal shelter last week have been adopted. There are no lost dogs at the animal shelter this week.

In case there are animals brought to the shelter before our next edition, those interested in adopting these lost pets may call City Hall at 495-2811.

Tip of the Week: Animals chosen as pets bring special responsibility to those of us who enjoy the companionship of animal pets.

There are no lost animals in the shelter this week

Child Abuse and Neglect Facts Sheet

In the final column on child abuse we focus on child abuse and neglect. Here are some tips for you.

In Texas:

- * In fiscal year 1995, Texas' child protective service agency received and referred for investigation an estimated 107,895 reports of alleged child abuse and neglect.
- * About 50,746 children were found to be substantiated victims of child abuse and neglect in Texas in fiscal year 1995.
- * Number of confirmed victims by type of abuse and neglect:
 - Abandonment - 1,034; Emotional Abuse - 3,455; Medical neglect - 2,371; Lack of supervision - 20,466; Physical abuse - 15,958; Physical neglect - 7,771; Refusal to accept parental responsibility - 1,113; Sexual abuse - 7,926.
- * Victims may have up to four types of abuse and/or neglect.

In our Nation:

- * The link between substance abuse and child abuse has strengthened over the years. Parental abuse of alcohol and use of other drugs has been identified as a major factor contributing to child maltreatment and death.
- * Abused and neglected children frequently suffer decreases in IQ and an increase in learning disabilities.

depression, and drug use.

- * Suicide, violence, delinquency, and drug and alcohol abuse are frequently related to child abuse.
- * Studies of adults show that up to 38 percent of women report experiences of various types of sexual victimization during childhood and adolescence, and about 10 percent of men report sexual abuse during childhood and adolescence.
- * Although child abuse occurs in all racial, ethnic, cultural, and socioeconomic groups, physical abuse and neglect are more likely among people living in poverty.
- * For more information on national issues, contact the National Clearinghouse on Child Abuse and Neglect Information, P.O. Box 1182, Washington, D.C., 20013-1182, (800) FYI-3366.

The Post Dispatch will not be responsible for photos left at the office more than 30 days.

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Tickets:
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Box Office Hours:
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12:00 - 5:00 p.m.
Except Show Weekends
12:00 p.m. - Curtain Time

"Ball, Book and Conder" 1996
"Cal On A Hot Tin Roof" Dec. 6, 8, 13, 15, 20, 22, 1996

Ladies' Auxiliary VFW news

The Ladies Auxiliary of Post 6797 held their monthly meeting April 22nd at the VFW hall.

Joann Stelzer, president presided over the meeting.

A business meeting was held and a date of July 20th was set for the benefit for Jimmy Mason. Also the members voted on having a garage sale on June 8th.

Two new members were welcomed into the auxiliary at the meeting, Tawana McCrary and Viola Strawhecker.

New officers for the 1996-97 year were elected: JoAnn Stelzer, president; Shirley Williams, Senior Vice President; Lana Conner, Jr. Vice President; Alva Shepherd, Secretary;

Woman's Culture Club news

by Katharine Trammell

The Woman's Culture Club met Wednesday, April 10, at 2 p.m., at the Garza County Memorial Museum. Hostesses were Maxine Earl and Nona Lusk.

Mary Neff, club president, presided over the business meeting.

Peggy Smith, club secretary, read the minutes of the last meeting.

Mary read a letter from Dorothy S. Kemp, in-coming state president of G.F.W.C., T.F.W.C.

"A thank you" was read from Lucille Barbaud, outgoing Caprock District president, for her gift.

"Dorace Wilson, treasurer, gave a financial report. Dorace reported the results of the Easter page in "The Post Dispatch".

Lois Cook reported on the meeting of the scholarship committee and presented the names of four Post High School seniors. Members voted by ballot and selected one, to be announced at the school awards assembly.

Mary stated that the Woman's Culture Club received the following awards at the recent Caprock District Convention. They are nine first place awards, second place award on year book decoration, and one award for participation.

A delightful program was presented by Jane Mason, who sang a variety of spring songs,

Students earn superior rating

Thirty five pupils from Bethel Studio of Music brought back 70 Superior ratings and 7 excellent ratings in the Pastoral Festival Saturday at Texas Tech.

Pupils entered in Piano solos, piano duets, piano trios and quartets and in hymns. Superior ratings qualify the pupils for the All State Competition May 18th at Southwest Texas University in San Marcos.

Among those pupils from Post are Jerica Tyler, daughter of Jerry and Marinette Tyler and Sonda Leininger, daughter of Dr. Larry and Linda Leininger.

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The Original TEXAS CROSSWORD

by Charley & Guy Orbison
Copyright 1996 by Orbison Bros.

ACROSS

- TX Ranger Clark plays first
- Orbison hit: "the Lonely"
- Adams Street is in San Antonio
- tear apart
- TXism: "two-bit (poor horse)"
- poker IOU
- Oklahoma town
- canned fruit is pillless and
- TXism: "he's spring chicken" (old)
- "Rave On" is TX Holly's
- Cowboys post season contest
- in '37 this event caused the death of students in New London (2 wds.)
- El _____ Stars won 1st Sun Bowl
- bootmaker Tony
- TX-made V-22 Osprey tilt- _____ aircraft
- how "Giant" star Dean died (2 wds.)
- filmed in Galveston: "Capricorn"
- TXism: "hungry _____ on a _____ concrete pasture"
- exCowboy Holt (init.)
- TXism: "tight as a cinch on _____ horse"
- salsa ingredient
- George H's son & George W's brother

DOWN

- Cascade Caverns are near this town
- vulture seen at the Fort Worth Zoo: _____ condor
- TXism: "snot- _____ drunk"
- TXism: "bright _____ and bushy tailed"
- Streep of TX-filmed "Sikwood" (init.)
- Dobie book: " _____ England"
- former Duncanville state rep. Glenn
- Cameron AM radio
- the mechanical bull
- TX outlet malls offer _____ priced goods
- Santa _____ National Wildlife Refuge
- Coleman's Fiesta de _____ Paloma
- Barbie to Ken (2 wds.)
- film: "From Here to _____"
- TXism: "as worthless _____ boot"
- Denton female university
- Love Field arrival guess
- TX wheeler dealer: Billy _____
- TXism: "let's _____ horse trading"
- hateful
- " _____ fly, don't bother me"
- San Antonio-born actress Prentiss (init.)
- Congressman from McAllen: Kika de _____ Garza
- TXism: "naked _____ jaybird"
- TXism: "I'll slap _____ new hat size!"
- horse food
- TXism: "strong enough to _____ horseshoe" (coffee)
- Chester, TX named for this pres. (init.)
- College Station's " _____ Jazz Festival"
- TXism: "old dirt"
- 23-down represents the 15 _____ District race in Oatmeal, TX: " _____ Thon"
- "Texas When _____ feed"
- Tex-Mex mafia: " _____ EI _____"
- TX pitching legend Nolan (init.)
- TXism: "tough _____ hoe"

People Can Become Infected With Worms Commonly Found In Dogs And Cats

(NAPS)—Children and parents in pet-owning families can become infected with worms harbored by their pets. Unless preventive steps are taken, these families may be exposed to a "zoonotic" health threat or diseases that can be transmitted from animals to humans.

According to current statistics, nearly six out of every ten American households include a dog or a cat among their family members. With these statistics in mind, health experts and veterinarians are educating pet owners about the human health threat associated with worms commonly found in their dog or cat. Four gastrointestinal parasites, or worms, often found in dogs and cats are roundworms, tapeworms, hookworms and whipworms (dogs only).

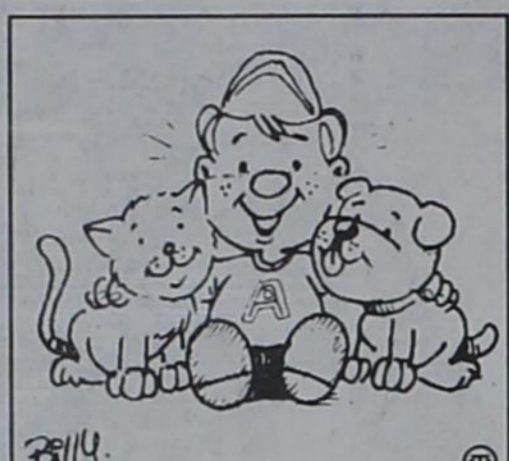
Roundworms And Hookworms A Common Problem

Experts state that almost all puppies and kittens are infected at birth with roundworms or hookworms, or both. Puppies and kittens can be infected during gestation if the mother is infected, or infected from their mother's milk through nursing. The mother can be infected even though no sign of illness has been seen by the pet owner.

Severe roundworm or hookworm infections in puppies and kittens can be life threatening. It is important, whether symptoms of worm infection are apparent or not, that puppies and kittens be taken to a veterinarian as soon as possible. Most pet owners are not aware that this first visit to a veterinarian for worm diagnosis and treatment for their puppy or kitten should be at a very early age, before it is time for beginning the routine schedule of pet health vaccinations.

The control of worms in pets has a two-fold purpose. The health of the pet is a primary concern. An equally important concern is protecting the environment from worm eggs which are shed by infected animals, contaminating surroundings and presenting a health threat to other pets and family members.

Puppies and kittens that carry a prenatal worm infection from their mother can begin shedding worm eggs into the environment as early as two weeks for puppies and three weeks for kittens. It is these eggs in the pet's surroundings that pose an ongoing health threat to children, adults, and other pets in the household.



Homes with pets are also likely to have children. That's why it is so important to take precaution against parasites.

Worm infection from pets typically occurs by way of eggs in contaminated soil, which are transferred to the hands and then to the mouth, or by eggs on the fur of the animal passing to the mouth of children. Particularly at risk are children between the ages of one and four years with a history of eating dirt, and children who come in close contact with soil or a pet during play.

Many of these infections in children or adults are asymptomatic, meaning that there is no outward sign of illness. But in numerous cases the infection can lead to severe organ damage and health problems. For example, Dr. Peter Shantz of the CDC (Centers for Disease Control and Prevention) states that about 10,000 American children are infected with zoonotic parasites each year, and an estimated 700 of these children lose vision due to the worm infection. Vision loss occurs as worm larvae migrate to the eye and produce a scar on the retina of the eye or cause even worse eye damage.

Regular Exams And New Products Offer Family Members Protection

For pet-owning families, two things offer protection against human infection from worms in pets. First is cleanliness. Yards and kennels should be kept clear of feces. And hands should be washed carefully after handling or playing with a pet.

The second preventive measure against worm infection from pets is regular visits to a veterinarian so that your pet can be examined for worms. Pets can be treated when a positive diagnosis is made. Pet owners should ask their veterinarian for more information about gastrointestinal parasites and the new products available for protection of both pets and family members.

WTC announce summer classes

Summer classes begin May 28 at Western Texas College's Snyder campus and at each of four area extension centers, located in Post, Crosbyton, Haskell and Colorado City. Classes are open to those beginning or continuing college work, as well as to high school students who have completed at least their sophomore year and passed all section of the TAAS test. Courses are transferable to other colleges.

Students at the Post extension may take Government 2305 or History 1302. Registration for high school students applying for early admission will take place on Monday, May 13 from 3:45-5 p.m. at Post High School. All others may register Monday, May 20 from 6:30-8 p.m. at Post High School. Both classes are offered in the evening at Post High School. Schedules are available at the counselor's office at Post High School,

or call WTC at (915) 573-8511.

Schedules for students wanting to take classes on the Snyder Campus are available by calling WTC at (915) 573-8511. Classes are offered during the day and at night.

Early admission applicants should bring: 1) a completed Early Admissions form, available at their counselor's or principal's office; 2) a copy of their high school transcript; 3) ACT, SAT, and/or TASP scores if available; 4) driver's license if applicable, and social security card.

All other applicants should bring: 1) driver's license; 2) social security card; 3) TASP/ACT/SAT scores if applicable; 4) high school transcript/GED; 5) college transcript if applicable.

If you have questions, please call Western Texas College at (915) 573-8511. The Snyder campus is located at 6200 South College Avenue.



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Menus

Trail Blazers

Friday, April 26
Turkey and dressing, gravy, green beans, wheat roll, grapefruit or orange sections, pumpkin pie, choice of beverage.

Monday, April 29
Cheese enchiladas, pinto beans, okra and tomatoes, onions, peppers, picante, saltines, fruit salad, choice of beverage.

Tuesday, April 30
Oven fried fish, corn, turnip greens, coleslaw, cornbread, pineapple gelatin, tarter sauce, choice of beverage.

Wednesday, May 1
Meatloaf, mashed potatoes, mixed vegetables, tossed salad/Ranch dressing, wheat roll, peach cobbler, choice of beverage.

Thursday, May 2
Liver and onions or smothered steak, macaroni and cheese, green beans, tossed salad/Thousand Island dressing, wheat roll, brownies, choice of beverage.

Post ISD

Friday, April 26
School out - Bad weather day.

Monday, April 29
Breakfast: Breakfast pizza, fruit, milk.

Lunch: Corn dog, French fries, mixed vegetables, cake, milk.

Tuesday, April 30
Breakfast: Muffins, sausage link, fruit, milk.

Lunch: Nacho supreme, refried beans, broccoli, pineapple slices, milk.

Wednesday, May 1
Breakfast: Oatmeal, bacon, toast 'n jelly, fruit, milk.

Lunch: Chicken strips, gravy, whipped potatoes, green beans, Jello, hot roll, milk.

Thursday, May 2
Breakfast: French toast sticks, syrup, fruit, milk.

Lunch: Enchiladas, pinto beans, Spanish rice, fruit cup, milk.

There should be tellers of funny stories to visit the sick. A good funny story is an elixir of life.

—Christian Morgenstern

Flea Control Your Cat Will Love

(NAPS)—Freeing felines from fleas has just become easier—thanks to a new oral flea control treatment that cats can actually enjoy.

Available by prescription only through veterinarians, PROGRAM® (lufenuron) Suspension is a once-a-month liquid medication to control flea infestations. Labeled with no warnings and no side effects, you simply mix it with a couple of table-spoons of wet food and give it to your cat as a special monthly treat.

PROGRAM offers pet owners a convenient alternative to messy flea sprays, dips and powders. Not only is it convenient, it also provides continuous protection that can't wash out or accidentally fall off.

In laboratory research, one dose of PROGRAM proved effective for a full month and prevented 98 percent of treated flea eggs from developing into adults.

"PROGRAM is easy to administer which is good news for anyone who has ever treated a cat for fleas," according to Dr. Jan Strother, DVM, North Alabama Veterinary Clinic. "Because of their unique behavior and temper-



ament, protecting cats from fleas is particularly challenging."

PROGRAM is safe to use with cats of varying sizes and weights, including pregnant and nursing females and even kittens as young as six weeks.

PROGRAM has no special handling or safety precautions and can be used safely with other pet and premise flea control treatments.

Visit your veterinarian, and arm yourself this spring with the latest secret weapon against fleas. Both you and your cat will be happy you did.

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This Church Directory is brought to you by these businesses to encourage you to attend worship services this Sunday

Assembly of God
First Assembly of God (Spanish) 407 May St.
Baptist
Calvary Baptist Church 210 E. 6th, 495-2342
First Baptist Church 402 W. Main, 495-3554
First Baptist Church, Wilson 628-6333
Pleasant Home Baptist Church E. 14th & N. Ave F
Templo Bautista 315 W. Main, 495-2416
Trinity Baptist Church 915 N. Ave O, 495-3038
Justiceburg Baptist Church Justiceburg, Don Blacklock, pastor

Catholic
Holy Cross Catholic Church Ave. K and Main St., 495-2791

Disciples of Christ
First Christian Church 812 W. 13th, 495-3716

Church of Christ
Church of Christ 108 N. Ave. M, 495-2326
Graham Chapel Church of Christ 5 miles W. Hwy 380, 2 miles south

Church of God
Church of God of Prophecy 602 W. 14th, 495-3644
Power House Church of God and Christ Pine Ave.
Lighthouse Christian Center Church of God 314 N. Ave I, 495-2237

Church of the Nazarene
Church of the Nazarene 202 W. 10th, 495-3044
Grassland Nazarene Church 327-5656

Lutheran
St John Lutheran Church, Wilson 1305 Dickson, 628-6573
St Paul Lutheran Church, Wilson 628-6471

United Methodist
First United Methodist Church 216 W. 10th, 495-2942
Graham Chapel United Methodist Church 495-3492

Presbyterian
First Presbyterian Church 910 W. 10th, 495-2135

A call for Repentance
by Don Blacklock, Justiceburg Baptist Church

Anyone who will take the time to look around, can see that there is a lot that is wrong with our land. There are problems that have developed that are destroying everything our nation stands for. We have ungodly leaders making decisions that are taking away our rights.

We have legalized murder by the abortion of millions of babies. Killing babies as a form of birth control, has become so common that we have accepted it and no longer weep for the sin it is.

The children who are allowed to be born today, see a world where life is meaningless. Most kids today don't live in a home where there is a mom and dad that love them and each other. They don't see love, so they don't feel loved. As a result these kids are bitter and hurt.

Respect for others disappears and rebellion sets in. We hand these kids over to school systems that are more concerned with the budget than they are with basic understanding.

Of course, there's no discipline in our schools, because there is no discipline at home, or even our churches. Drugs are a way of escape for these kids. By altering the mind, they loose site of the real world, without realizing that they are giving up their chance to make a difference by being somebody.

The lack of respect in our kids is often due to the fact that our kids receive no respect at home, school, or anywhere else. We have forgotten that even when a child makes a mistake, he still deserves the respect he needs to have another chance. It is so easy to cast stones at our kids, but those who hold the stone's need to realize that they, too have made mistakes.

We have to take responsibility for the world we have given our kids to grow up in. Our kids didn't elect our leaders. Our kids didn't create abortion, didn't invent drugs. Our kids didn't destroy the family. Our kids didn't create our school system, and didn't invent disrespect. They didn't put the church to sleep nor invent sin, but our kids will soon be our leaders.

Yes, there is a lot wrong with our land. Our kids are the results of our failures. Can our kids be turned around? Only if we turn around first.

"If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I forgive their Sin, and will heal their land".

God's people, Christians, must humble themselves before God and seek to restore His will in their lives by repenting of our sins. Only if this happens will God be able to bring healing to our land.

Never in the history of the world has there been a greater need for real revival in the Body of Christ. It is up to God's people to make the change. We must turn, we must confess, we must repent.

"My desire is to heal and restore my people. My will is to bless the children and create in them a heart of love. I call for my people to cry out in these last days before the latter rain to fall," saith the Lord.

United Supermarkets

United Supermarkets

I am your God and will take care of you until you are old and your hair is gray. I made you and will care for you.
Isaiah 46:4

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Lamesa - 872-2632
Sundown - 229-3741

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