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# Grand Jury indicts local man for murder of Edna Blodgett

by Becky Warren  
 The Garza County Grand Jury presented an indictment on Wednesday, September 30, 1995 against Jerry T. Smith, charging him with the June 3, 1993 murder of Edna Blodgett.

The indictment stated that Smith "did intentionally and knowingly cause the death of an individual, Edna Laverne Blodgett, by all possible means of doing the killing, including with an instrument unknown to the grand jury."

Blodgett, who was reported missing on June 3, 1993, was the subject of a massive search which involved the Texas Rangers, FBI, local sheriff deputies and canine unit.

Garza County Sheriff Kenny Ratke emphasized, "we believe that sufficient evidence was produced to the grand jury to indicate that Jerry T. Smith caused the death of Edna Blodgett."

"At this particular part of the investigation the body of Blodgett has not been located," said Ratke. "It is our belief at the sheriff's office that she is deceased."

Ratke also stated, "according to the Texas State Law you do not have to produce a body in order to charge a person with murder."

Smith, who is currently being held at Huntsville State Prison for forgery, will be returned to Garza County to stand trial. A trial date has not been set at this time.

## A total of 21 indictments handed down

by Becky Warren

The Garza County Grand Jury handed down 21 indictments on Wednesday, September 20, 1995.

Marvin Pettet was indicated on charges of aggravated sexual assault. His wife, Diane Pettet was indicated on compelling prostitution. By the Texas Criminal Laws "compelling prostitution is if a person commits an offense if he/she knowingly causes by any means a person younger than 17 years to commit prostitution." The case involves a 13 year old girl. Also indicated in the case is Manuel Espinoza for indecency with a child involving the same girl.

Other indictments handed down by the grand jury were:

- Clarence Warren, one count of indecency with a child;
- Kimberly Burtch, unauthorized use of a motor vehicle;
- Jerry T. Smith, murder;
- Clarence Gonzales, possession of marijuana (over five pounds);
- Carl Dean Heron, felony DWI;
- Richard Lynn Purdy, felony DWI;
- Alice Perez Sanchez, possession with intent to deliver;
- Steven Lee Curb, possession with intent to deliver;
- Timothy Kevin Smith, delivery of controlled substance (cocaine);
- Juan Carlos Roman, two counts of delivery of a controlled substance (cocaine);
- Anastacia Ramirez Tarango, delivery of a controlled substance (cocaine);
- Frank Gallardo, delivery of a controlled substance (cocaine);
- Costello Rosas, delivery of a controlled substance (cocaine);
- Eldridge Lee Taylor, possession of a controlled substance (methamphetamine);
- James W. Ward, Jr., felony DWI;
- Juan Castaneda Zavala, felony DWI;
- Hector Manuel Zubia, felony DWI.

# The Post Dispatch

The Newspaper serving the people of Garza County

Seventieth Year Number 18 USPS 439-620 Single Copy price 50 cents © 1995 The Post Dispatch Thursday, September 28, 1995

## Commissioners put final stamp of approval on budget, tax rate

by Wes Burnett

After several sessions studying and revising the county budget, Garza County commissioners approved the final version at the regular meeting Monday, with a tax rate of \$.40 per \$100 evaluation. The total estimated revenues of \$1,617,009 will be added to reserves of \$337,694 for a budget of \$1,954,703. A reserve of \$260,000 will be maintained, providing an excess of \$103,690 over expected expenses.

The court appointed five citizens to serve on the Juvenile Detention Center Development Board, naming Janie Lopez, Sherry Pollard, Victor Ashley, Bob Macy and Drew Kirkpatrick to oversee the project. They will work with the architect, builder and operator of the proposed juvenile detention center.

Judge Giles Dalby informed the court that Corplan Inc.'s James Parkey said that his research indicated that the county could purchase the city-owned land for the site, with Corplan Inc. paying an advance lease payment for the total purchase price. The purchase price would be set by an appraisal.

In other action, the court set the date of November 2 for an election by county residents living outside of the city limits of Post to ratify the creation of the Garza County Underground and Fresh Water District. Current appointed board members will serve until the U.S. Department of Justice approves a voting plan for permanent board members. Dalby said that a conversation with one of the Dept. of Justice attorneys on civil rights matters indicated that an at-large election for board members might be approved. No decision was made on that issue.

Dalby also reported that a Texas Association of Counties workshop will be conducted in Post October 26. The regional workshop will host county personnel from the West Texas area.

Attending the meeting were commissioners Royce Josey, John Valdez, Mason McClellan, Lee Norman, Judge Dalby, clerk Sonny Gossett and treasurer Ruth Ann Young.

## Garza County United Way sets \$13,500 goal

Budget requests were presented to the board of directors of the Garza County United Way at a special meeting Monday evening, with a total of \$13,500 in the budget.

Board members heard from 12 participating organizations in Garza County.

United Way president Carol Peppers introduced board members Reba Probst, Jerry Tyler, Cathy Muzyn, Judy Massey, Jacky Harp and Wes Burnett.

The fund raising drive will kick-off October 15, with a goal of completing this year's campaign by November 30.

Participating units this year are the Garza County Mental Health, Garza County Trailblazers, South Plains Boy Scout Council, Garza County Child Welfare, Post Junior Girls' Basketball, Meals on Wheels, My Special Place, Salvation Army, Summer Baseball, American Red Cross, Women's Protective Services, Post Satellite School and Post Girl Scouts.

## Don Caldwell's 'Cowboy Night' set at Tower Theater Saturday

Don Caldwell's "Cowboy Night" is on tap at the Tower Theater September 30, featuring Sagebrush Sounds, J.B. Allen, Alan Harry Wolf and hosted by Blue Prairie.

The country and western musical show is billed as a real family entertainment event.

The show starts at 7 p.m. Tickets are on sale at Lily Dale's, Norwest Bank, the Hotel Garza and at the door.

Reservations may be obtained by calling 495-3461 or 495-3854. Admission for the show is \$7.50. Special rates for groups of eight or more are \$6.50 and \$5.50.

The Tower Theater will hold open auditions for a new production in October. All types of entertainers are encouraged to audition. Contact Wanda Mitchell for more information at 495-3461 or Ruth Lewis at 495-3297.



Bob Collier takes a moment to appreciate the historical flags on display at Norwest Bank last week in observance of Post Founders' Day. The flags were on display courtesy of the Snyder National Guard unit.

## "You Can't Take It With You" opens at Garza Oct. 6

A delightful family comedy opens at the Garza Theatre October 6 with "You Can't Take It With You," directed by Tim McIntire. Performances will be offered Friday through Sunday October 6-8, 13-15 and 20-22.

McIntire has cast a number of popular Garza Theatre veterans for

the performances. Starring in the play are Mitchell Britton, Bill Lyon, Shirley Cahn, Mickie Klafka, Rick Fay, Linda Merriott, Debra Stoffregen, Peter Contreras, Cherri Brooks, Peter Harris, Ric Wells, Mark Hobgood, Lori Britton, Milton Cox, Christy Morris, Scott Timms and Rafie Gallego.

Tickets for the show are \$8 each for adults and \$5 for students ages six to 12 years old. Groups of 12 or more are granted special discounts.

Friday and Saturday shows begin at 7:45 p.m. and Sunday matinees are at 2:30 p.m. Tickets may be purchased at the Garza Theatre box office, open Monday through Friday from noon to 4 p.m. or call 495-4005.

## Modest increase reported in sales tax rebate to City of Post

The most recent city sales and use tax rebate to the City of Post shows a modest increase of 5.52 percent over the same period last year. The check this month for \$15,292.09 compares to \$14,491.41 last year. The total rebate for 1995 is at 10.76 percent above last year at \$154,440.59, compared to \$139,437.08 for the same period in 1994.

The current payment from the state comptroller represents taxable sales in July and reported in August by businesses filing monthly returns. The state-wide average was 5.5 percent increase over last year.

## 4-H... more than you imagined

National 4-H Week celebrates the accomplishments of 4-H youth during the week of October 1-7. The theme for 1995, "4-H... More Than You Ever Imagined," reflects the variety of 4-H programming and the diversity of the lives and backgrounds of 4-H youth throughout our nation.

Diverse groups of youth from across our country participate in 4-H activities. Young people between ages 5 and 19 develop leadership, citizenship, interpersonal, and workforce skills in a variety of 4-H programs. Of the total number of youth in 4-H, 26 percent are from minority, racial-ethnic groups. These diverse groups of youth participate in 4-H projects that fall within 4 major academic disciplines: biological sciences, social sciences, arts and humanities, physical sciences. Our greatest number of young participants are active in the biological sciences.

4-H creates supportive environments for culturally diverse youth and adults to reach their fullest potential. 4-H's innovative programs meet the evolving needs of our nation's diverse suburban and urban youth while continuing to fulfill the needs of young people in rural America. Over 5.6 million youth participate each year in 4-H's "hands-on: self-determined learning activities. 4-H is part of the Youth Development program of the cooperative Extension System.

(Continued on Page 9)

## September 30 Crop insurance deadline stares at producers

Sales closing dates for crop insurance are much earlier than last year for fall planted crops and certain perennials.

According to Victor Ashley, Executive Director of the local Farm Service Agency, "Last year, sales closing dates were extended to accommodate producers because the crop insurance law was changed during the growing season. This year's sales closing dates are the standard 'old' dates."

The sales closing dates for crops in this area are: September 30 for wheat.

In most cases, crops insured last year are automatically insured this year. Producers planting insurable crops that were not planted last year need to obtain at least the catastrophic level of insurance by the sales closing date to be eligible for many USDA farm programs and loans.

Catastrophic coverage may be obtained at the local Consolidated Farm Service Agency office or from a crop insurance agent.

Producers wanting to change their insurance provider or contract need to make the change before the applicable crop's sales closing date.

## Post Notes

### 4-H activities keep youth busy

The 4-H foods and nutrition project is scheduled October 2 at 4 p.m. at Gina Palmer's home, 1013 Sunset Dr.

4-H youth are participating in Old Mill Trade Days Saturday, September 30 with a booth promoting the 4-H program. Volunteers are needed... please call the extension office at 495-2050.

The annual 4-H Achievement Banquet will be held Saturday, October 7 at the community center. R.S.V.P. is needed by Wednesday, October 4.

An important meeting of the Lucky Clover 4-H club is set for Tuesday, October 3 at the showbarn. Parents and youth are urged to attend.

The 4-H fashion follies, held at the South Plains Fair last Sunday, included eight Garza County junior 4-H members. Participating were Heather and Keatha Palmer, LaRinda Ledbetter, Xane and Jessica Mason, Kelci Hart and Kelli and Christin Collier.

### Band boosters meet October 2

Post band boosters will meet October 2 at 7 p.m. at the band hall. Anyone interested in helping in any way is encouraged to attend. Booster meetings will be held every second Monday of each month.

### Hale County creative homemaker day

The 1995 Hale County Creative Homemaker Day is scheduled Saturday, September 30. A full day of exhibits, workshops and a tasting bee are planned. More information may be obtained at the extension office, 495-2050.

### Chapman performs at Trade Days

Autry and Diane Chapman will offer two performances Saturday, September 30 at the Old Mill Trade Days. The Chapmans will perform musical entertainment from 12:30 to 1 p.m. and from 1:30 to 2 p.m. The music includes 40s, 50s country sounds. Old Mill Trade Days opens Friday, September 27 and continues through Sunday, October 1. The park is open from 9 a.m. to 6 p.m. all three days.

### Headin' & healin' to benefit WPS

The Pitchfork Ranch at Guthrie is sponsoring a Headin' and Healin' Saturday, October 7 to benefit the Women's Protective Services. The event includes a saddle team roping, barbecue and auction. For more information call Women's Protective Services at 792-7295 or Bob Moorhouse at 806-284-2223.

### Sophomore class to operate concession

The sophomore class will be operating the concession stand at high school football and basketball games this year. Nachos, pizza and Frito pie with homemade chili will be available as well as candy, popcorn, cold and hot drinks. You are encouraged to come out and eat at the ballgames and support this group.

### Class of '45 reunion Oct. 6-7

The PHS Class of 1945 will hold its 50th reunion October 6-7 at the Citizens Bank community room on Saturday from 2-4 p.m. For more information contact Edna Mae Owens at 495-2580.

### Band set Oct. 13 for taco supper

Tacos and beans will be the featured supper for this year's band booster fund-raising event, to be held October 13 at the school cafeteria. Tickets are \$4 and may be purchased from any band member or call Irene Fry at 495-3125.

### Post VFD plan chili supper Oct. 21

The Post Volunteer Fire Department plans a chili supper fund raising event October 21 from 5-7 p.m. at the fire station. Donations will be accepted for the chili supper, complete with beans, hot sauce, cheese and onions. The funds will be used to purchase new equipment and for training.

### Antelope booster club meets Monday

The Post Antelope Booster Club meets on Mondays at the PHS library at 7 p.m. All parents and fans of Antelope athletes are urged to attend the meeting.

### Immunization clinic Sept. 27

The Texas Department of Health will conduct an immunization clinic September 27 from 9 to 11:30 a.m. and from 1 to 4 p.m. at the service building on the Snyder Hwy in Post. A flu clinic will be held October 5 at a cost of \$7 per flu shot.

### XI Delta Rho

Members of the XI Delta Rho Chapter Beta Sigma Phi held their monthly meeting on September 25 in the Citizens Bank meeting room. Hostesses for the evening were Sherry Dornier and Karen Palmer. Members enjoyed sandwiches, chips, dips and cherry cobbler. The business meeting was conducted by president Ila Workman. Karen Palmer discussed new party ideas. Pledges were discussed for the

new year. Members also enjoyed the revealing of their secret sister from the previous year. Those attending the meeting were Celia Mason, Lisa Starkey, Ila Workman, Alice Bell, Donna Jones, Johnny Francis, Sherry Dornier, Joyce Teaff, Melinda Mason, Staci Marts, Karen Palmer, Pam Zachary, Amy Morris, Vicki Walls, Dana Babb and Jody Butler.



FFA chapter members attending the Mesa District meeting were (left to right) J.C. Stelzer III, Clay Ashley, Michaela Eagle, Joey Ward and Brent Justice.

### FFA members attend Mesa District meeting

by Michaela Eagle  
On Monday, September 18th, seven members of the Post FFA chapter attended the first meeting of the Mesa District for the 1995-96 school year. The members traveled to Brownfield with advisors Lance Dunn and Perry Smith. It was the first FFA meeting that Greenhand members Becca Stelzer, Shanna Pannel, J.C. Stelzer, Daniel Fluiitt, Clay Ashley and Brent Justice had ever attended. For Michaela Eagle, this was the first meeting she has served as Mesa District's 1995-96 Treasurer. The meeting started with opening ceremonies and two speeches from two members who spoke on how FFA was a great organization and how it helped them.

Next, every member who attended participated in leadership activities which allowed them to meet FFA members from 18 other schools. Sandwiches and soft drinks were served at the end of the meeting.

### Woman's Culture Club

by Katharine Trammell  
The Woman's Culture Club met Wednesday, September 13, at 2 p.m. at Rosie's Restaurant. Nona Lusk and Katharine Trammell were hostesses.

Mary Neff, club president, presided over the business meeting. Peggy Smith was elected recording secretary.

Katharine Trammell gave a brief history of one of the first schools in Garza County. It was Knox Dugout School and its first term was 1895-96. Miss Lula Elkins was the teacher. Pupils were Allie, Charlie and Joe Callis, Elvy (Mrs. George Duckworth) and Pauline Knox, Banie and Dixie Smith.

Refreshments were served to: Mary Neff, Maxine Earl, Joyce Strubhart, Peggy Smith, Jan Crawford, Ruth Hall, Ruby Kirkpatrick, Dorace Wilson, Nona Lusk and Katharine Trammell.

### PHS class of '85 holds reunion

The Post High School Class of 1985 held their 10 year reunion September 22-23. Classmates attended the Homecoming football game Friday night and visited at a reception held at Citizens Bank after the game.

Saturday afternoon, classmates and their families gathered at the City Park for a cookout. Saturday evening, a catered dinner was held at the Post Community Center. Photographs of the class from kindergarten through high school were displayed for everyone to look at.

Throughout the weekend, 34 members of the class attended. Those attending were: Ron Mason of Tinker AFB, Ok; Scott Clinesmith of Norman, Ok; Regina Williams Lightard of Flatonia, Tx; Jim Rambolt of Albuquerque, NM; Faye Martin of Austin; Cynthia Samora Gonzales of San Angelo; Teresa Mesa of Amarillo; Mike Johnson of Levelland; Channa Williams Jones of Crosbyton; Delhanna Baldree of Ralls; Ricky Benton of Floydada; LaDonna Craig Buschmann, Rod George, Ricky Moore, Carla Odom Adams, Connor Howell, Ray Don Reeves, Jackie Wartes Patrick. Tom

Payton and Misty West Fellhauer, all of Lubbock; Sandra Abraham Moreno, Cathy Davis Murzyn, Vicki Green Walls, Curt Greer, Marta Holly Williams, Lisa Kocurek Morrow, Greg Massey, Roxanne McClellan Osborn, Rusty Morris, Keith Osborn, Patricia Price Taylor, Melissa Striblin, Mendy Tatum Dalby and Rhonda Williams Valdez, all of Post.

The Class of 1985 would like to thank the following who made their reunion a success: United Supermarkets, Citizens Bank, Post Community Center, Handy Gifts, Whistlin' Dixie Catering, Judge Giles Dalby, Jane Davis, Suzanne Hudman, Barbara Reece and Joe Giddens.

### Women's Division Chamber of Commerce

by Dianna Collier  
Marie Neff, President presided at the Women's Chamber monthly meeting held September 20, 1995 at the Community Center southeast room. Minutes were read and the treasurers reports were approved with the motions moved and seconded by Alice Cruse and Billie J. Cross.

The membership luncheon was postponed and will be rescheduled by chairman Gladys Blair. The garage sale will be held Saturday, October 14, 1995 at the Merchants building on South Avenue H. The hours are from 8 a.m. to 5 p.m.

Members present were: Sara Ault, Alice Cruse, Elizabeth Huffman, Billie J. Cross, Olive Shaw, Gladys Blair, Ruby Kirkpatrick, Katherine Trammell, Iva Hudman, Bessie Lee, Nona Lusk, Carolyn Halford, Marie Neff and DiAnna Collier.

Nothing reveals a man's character better than the kind of joke at which he takes offense.

—G.C. Lichtenberg

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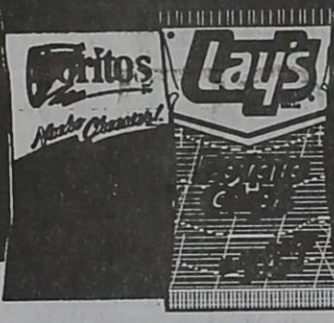
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### Graham 4-H club hold meeting

On Monday, September 11, 1995 the Graham 4-H club held the first meeting for the 95-96 school year. Those attending were: Barrett Schrivner, Matthew Ledbetter, Gregory Schrivner, LaRinda Ledbetter, John Radle, Chase Miller, Tye Mason, Xane Mason, Jessica Mason, Donae Dalby, Kayla Dunn, Kimberly Stelzer, Jay Cooper and Madison Mason as a Clover Kid.

The meeting was opened by Debbie Ledbetter. She welcomed all members new and old. The business meeting began with the election of officers.

Barrett Schrivner was elected president; LaRinda Ledbetter, vice-president; Jessica Mason, secretary; and Donae Dalby, reporter.

Sr. council delegates elected were Matthew Ledbetter and John Radle. Xane Mason and Kayla Dunn were elected Jr. delegates.

The club also elected a sweetheart, Kathy Gerner to represent the club at the Achievement banquet in October.

### Up and Down Main Street

by Wanda Mitchell, Post Chamber of Commerce

After all the scare of the rain and cold, Founders' Day turned out to be beautiful. There was a nice crowd Friday night who got to hear some of the best music we've ever had. The decorations were wonderful and the grounds of Old Mill Trade Days were a perfect setting for "Old West Charm". If everyone had as much fun as I did, I say it was quite successful.



Downtown Saturday was a lot of fun, too. Many vendors with a variety of items and food vendors with a variety of food made the day enjoyable and, hopefully, profitable. The Keen Ridge Riders gave a great show at the Tower Theatre and we want to thank Norwest for sponsoring this show.

With the cancellation of the Ranch Rodeo, our crowd was light for Saturday night. However, those who showed up had a great time again. As usual, Jody Nix provided wonderful dance music.

We want to thank all the folks who bought the auction items at the Black Tie and Boots Ball. We especially thank Citizens Bank for purchasing the bronze, "The Visionary" by Ben Miller. This is a one-of-a-kind done especially for Founders' Day and we are so glad that it will remain in Post for everyone to enjoy. Thanks too to Charles Hardin for buying the Tower print donated by A.C. Cash and The Frame Shop, to Rex Cash for purchasing Jane, the "All Gods

Children" figurine donated by Handy Gifts.

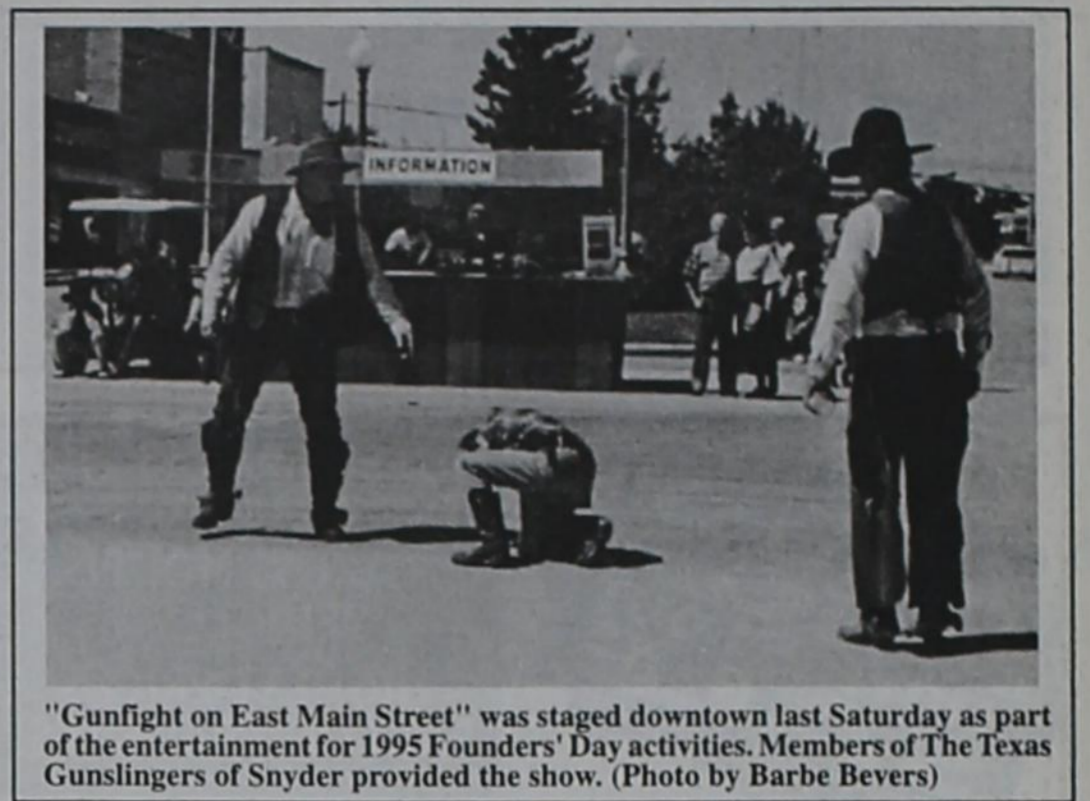
To that wonderful performer, Rex Thomas for purchasing the coat donated by Lily Dale's, to Roy Middleton of Lubbock for purchasing the jewelry from Danish Imports and also the belt donated by La Posta. To Lance Folsom for purchasing the Hat Rack from Max Haney, owner of Caprock Discount Boots and the framed clock donated by Seasons and to the Post Yacht Club (you figure this one out) for purchasing the fish fryer donated by Handy Hardware. These people added a lot to the profits and we appreciate the buyers and the donors very much.

We are busy getting ready for another Old Mill Trade Days weekend. I hope the weather will cooperate once again for this weekend.

Cowboy Night is on tap at the Tower Theatre this Saturday night. If you like real cowboy music, you will really enjoy this show. We will be featuring music by Blue Prairie, Sagebrush Sounds, Howlin' Alan Wolf and others. This is great family entertainment and we hope you will be there.

Can you believe October is almost here? Before we know it Thanksgiving and Christmas will be along. The Christmas catalogs are already arriving. Neiman's "big gift" for this year is a necklace with 185.5 carats of diamonds for only \$900,000.00. Can you believe that? Wearing nearly a million dollars around your neck? I doubt they will sell many of those.

Remember that the first District game for the Post Antelopes is this Friday night against Ralls. Let's all go to the game and support our team and above all let's .....TAKE PRIDE AND TAKE PART IN POST!!!!!!



"Gunfight on East Main Street" was staged downtown last Saturday as part of the entertainment for 1995 Founders' Day activities. Members of The Texas Gunslingers of Snyder provided the show. (Photo by Barbe Bevers)

Education is what you have left over after you have forgotten everything you have learned.

—Anonymous

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November 3-5

December 1-3 and December 29 - 31

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March 1-3  
March 29-31  
May 3-5  
May 31 - June 2  
June 28-30

### Sheriff's office has quiet

#### week receiving only 50 calls

by Becky Warren  
The sheriff's office recorded a quiet week receiving only 50 calls. On September 20, a 29 year old male was arrested for public intoxication. He was transferred to Scurry county.

A 23 year old male was arrested for public intoxication. He was transferred to Scurry county.

A 37 year old male and a 24 year old male were both picked up for 20 day commitments. Also an 18 year old female was picked up for a 20 day commitment.

On September 21, 18 year old Francisco Garza Lamas was arrested on a warrant for possession of a controlled substance. He is currently still being held in Garza County jail.

On September 23 a 59 year old male was arrested for family violence. He was released on a \$5,000 bond.

On September 24, a 19 year old

male and a 21 year old male was arrested on warrants out of Potter County. They are both being held for Potter County officials.

Also a 44 year old female was arrested for disorderly conduct by assault. She was released after paying \$232 in fines and court cost.

On September 25 a 52 year old male was arrested on a commitment.

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THIS WEEKEND - Sept. 29, 30 & Oct. 1

### Borden County Cheerleaders



1995-96 Borden County cheerleaders are top row (left to right) Sandy Brummett, Jr., Reagan Smith, Jr., Maggie Flanigan, Jr., Faith Farmer, Sr.; seated (left to right) Katie Kemp, Fr., Mascot - Nadia Baeza, Sr., and Nicole Lawrence, Sr.

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## Neighbor to Neighbor

by Kelly Ahrens, CEA-FCS

### Benefits and risks of exercise and hypertension

Article # 4 in the series: Nutrition, Health and Wellness for Older Adults



Individuals who exercise regularly have a lower risk of heart disease and a lower blood pressure than those who don't according to a recent study of approximately 15,000 Harvard male alumni. Sedentary alumni had a 35 percent greater chance of developing hypertension. Alumni exercising vigorously had lower blood pressure, and effects that were independent of body weight.

Still another study found the relative risk of hypertension about one and a half times greater in sedentary individuals than in non-sedentary persons. What makes exercise have this blood pressure lowering effect? Most likely the desirable changes in body weight, body composition, or by stress reduction. The question arises as to whether regular exercise can reduce high blood pressure rather than prevent its development. Many studies have been conducted to see if exercising results in a significant reduction in blood pressure. In a 10-week study, sedentary men with mild hypertension reduced their blood pressure levels

to high normal levels. It took 30 minutes of aerobic exercise such as walking briskly, bicycling or running for four times per week at a level well within the comfort level to be effective.

Other types of isometric exercise such as lifting, pushing, holding or hanging movements may not be recommended for people with hypertension or at least should be monitored. If you or a family member has problems with hypertension, contact your physician for the exercise recommendations for your particular problem.

The overall impact of exercise on reduced risk of disease and improved quality of life makes it a logical and important part in both the prevention and treatment of hypertension.

Besides changing your sedentary lifestyle, you can also improve your eating patterns by following the dietary guidelines which tells us to cut down on sodium, fats, sugar, alcohol, to increase complex carbohydrates, to eat a wide variety of foods in moderation and to drink enough water throughout the day, and to attain and maintain a weight appropriate for your height and bone structure.

Start following the United States Department of Agriculture "Food Guide Pyramid" or another dietary guide that may be recommended by your physician today for another positive lifestyle change.

Educational programs conducted by the Texas Agricultural Extension Service serve people of all ages regardless of socioeconomic level, race, color, sex, religion, handicap, or national origin.

\*\*\*  
True contentment is the power of getting out of any situation all that there is in it.

—G.K. Chesterton

## Grandparents' Corner



Lester and Theona Josey are surrounded by their grandchildren: (back row) Jeremy Josey, Jay Josey, Lester, Theona, (front row) Erica Schooler, Kenda Josey, Jennifer Josey and Monica Schooler. Jeremy and Kenda are the children of Kyle and Diane Josey; Jennifer and Jay are the children of Kohlen and Patti Josey; Erica and Monica are children of Karla and Jim Schooler.

Bring your favorite grandparent photo to The Post Dispatch to be included in this weekly feature. Photos will be published "first come, first served."

### Local flutist accepted in LYSO

Bryony Martin has been accepted for membership in the Lubbock Youth Symphony Orchestra. She is the 13 year old daughter of Jerry and Elizabeth Martin of Post and a member of the PHS band.

The LYSO is governed and supported by the Lubbock Symphony Orchestra board of directors, Lubbock Symphony Guild and the Junior League of Lubbock with the purpose of providing a program of high quality orchestral and ensemble training for committed young musicians in Lubbock and the surrounding area, by offering a variety of performance experiences and professional musical education and

performances. The orchestra offers the opportunity for young, gifted musicians to discover within themselves a source of enrichment, beauty, and the means of aesthetic expression which will last a lifetime. Prospective and current members must audition each season. Admission and placement is solely based on musical ability. The LYSO performs two full length concerts each season as well as performing one concert with the LSO annually.

Bryony invites everyone to come and enjoy the concerts at the Lubbock Municipal Auditorium on November 12th, February 9th and 10th and March 3rd.



Bryony Martin

### Post Middle School Cheerleaders



1995-96 Post Middle School cheerleaders are (back row, left to right) Brailey Feagin, Selecia Hernandez, Amy Line, Kenda Looney, Camie Payne, (front row) Mandi Leary, Kelci Hart, Yvonne Lopez, April Line and Mandy Terry.

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**Tax 'n Facts**  
by Terri S. Cash, CPA  
Special Help In Disaster Areas

What does it mean when the President declares a state or a region a national disaster area? Besides special loans for relief and aid from organizations such as the Red Cross, there are certain tax-related advantages that help residents make up for their losses.

Homeowners have four years to replace their principal residences tax free, the count starting after the end of the year when insurance proceeds are delivered. (For ordinary casualty losses, like fires, there's just a two-year replacement period.)

There won't be tax on gains from insurance if the owner decides not to replace specially insured items such as stamp collections, art and jewelry. However, if these items are not replaced, then the new residence and its furnishings should cost at least as much as the insurance proceeds that the owner received for both the home and those specially insured items. Insurance received for other personal property is tax free, according to IRS rules.

Looking for tax knowhow? You'll find it at

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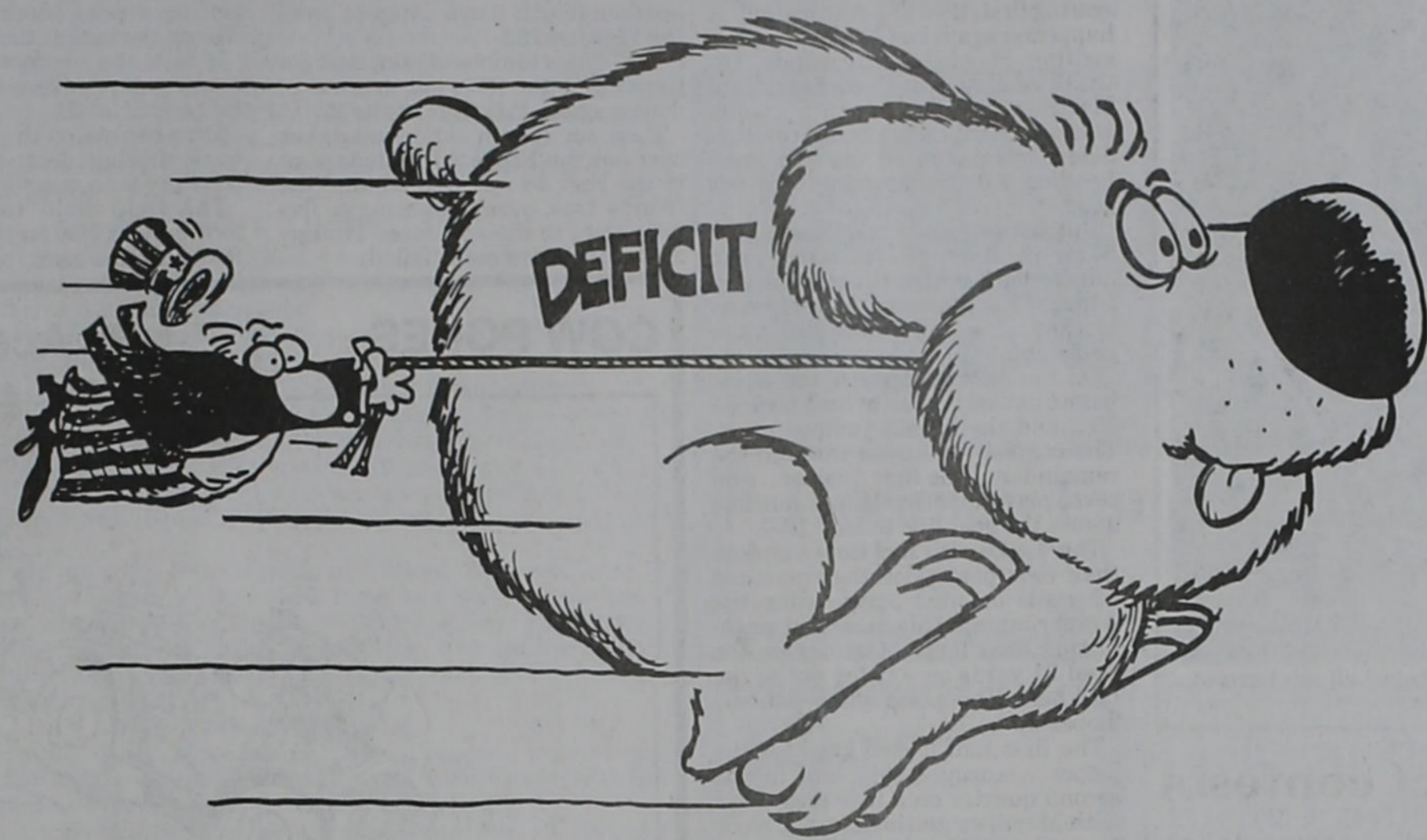
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**Editor's Note:** We have been informed by Creators Syndicate that Robert Fulghum has decided to discontinue his weekly column. His fans, including those of us at The Post Dispatch, will miss his wit and genius... but, his "factoids" will still be with us.

# Opinions



NEARBY AMARILLO GLOBE-NEWS/CREATORS SYNDICATE

## Have Republicans really learned from Ruby Ridge?

by Stephen Chapman



The congressional hearings on the shoot-out at Ruby Ridge have been a grim exercise, as senators try to figure out how a man who did nothing more than sell a pair of abbreviated firearms could end up the target of a massive law enforcement effort that cost taxpayers close to \$1 million and killed his wife and son. The only redeeming feature is the novel sight of Republican lawmakers railing against the mistreatment of a convicted felon by overzealous police.

Certainly the dismay is justified. Randy Weaver, who was being sought for arrest after failing to appear in court on a weapons charge, was regarded as a "dangerous fugitive" on the strength of a false report that he was a bank robber. His adolescent son was gunned down after he fired at federal marshals who had shot and killed the family dog. Weaver and his wife never fired at anyone, but both were shot by FBI snipers, who had made no attempt to negotiate with them and were acting under an illegal "shoot on sight" policy.

The current agency director, Louis Freeh, has disowned the policy, but he promoted the supervisor who oversaw the operation — only to be forced later to rescind the promotion, suspend the official and turn the matter over to prosecutors. No one has made a good case that federal law enforcement officers behaved well, and the Justice Department has implicitly accepted blame by agreeing to pay \$3.1 million in compensation to Weaver and his daughters.

It is no stunning revelation that law enforcement personnel sometimes abuse their authority — except to conservatives in Congress. In their usual view of things, police abuses are a liberal myth and constitutional rights are mainly a refuge for the guilty. They normally take great delight in ridiculing civil libertarians for worrying about fairness for criminals instead of justice for victims.

You only have to go back to House debate on the crime bill last winter to get the flavor of their thinking. A letter to the president signed by Speaker Newt Gingrich, Majority Leader Dick Army, Judiciary Committee Chairman Henry Hyde and Crime Subcommittee Chairman Bill McCollum said that "the message of this administration to law enforcement is that we will tie your hands whenever possible." They asked him to support a measure relaxing the rules on police searches and seizures, so that criminals will "not be able to get off on legal technicalities."

In defending that idea in the House debate, Hyde fumed that Democratic opponents "are very concerned about the rights of the accused. We are very concerned about the rights of society and the victim." All the Republicans were trying to do, said Hyde, is "protect the community from guilty people."

There's nothing wrong with that. The error is assuming that the police are always to be trusted. The Fourth Amendment, which bans unreasonable searches and seizures, doesn't make that mistake: It recognizes that citizens need protection not only against criminals but also against the government.

The provision the GOP was pushing (approved by the House, pending in the Senate) would allow the use of evidence illegally seized by police in warrantless searches — as long as they were acting in "good faith." Ignorance of the law would be an excuse, but only for cops. The intent of the measure is to encourage them to worry less about respecting the constitutional rights of suspects and more about putting them behind bars, whatever it takes.

That approach, of course, is exactly what brought about the bloodshed at Ruby Ridge. Weaver was a small-time crook at most, and it took three years of contact with an undercover informant before he agreed to the transaction for which he was sought — selling two sawed-off shotguns. He was later acquitted on that charge, with the jury seeing him as the victim of government entrapment, though he was convicted of failing to show up for his trial.

Yet federal marshals treated him as a "dangerous fugitive" and mounted a huge effort to bring him in at almost any price. The price was the lives of three people — one federal marshal, one 14-year-old boy and one mother shot in the head as she held her baby in her arms.

Weaver was a paranoid white separatist who defied the law, but even Republicans could see that law enforcement agencies committed the greater sins. Sen. Charles Grassley of Iowa denounced federal agents as "swashbucklers" and Sen. Fred Thompson of Tennessee declared that "Ruby Ridge has become a symbol for not only government excesses but a tendency to sweep its own wrongdoing under the rug."

Yes, there are times when police abuse the rights of suspects, and there are times when accused people are innocent. Republicans have learned something about the dangers of lawless law enforcement, but they may not be ready to carry the lesson beyond Ruby Ridge. COPYRIGHT 1995 CREATORS SYNDICATE, INC.

## 'We know what is best for you' is sheer political arrogance

by Walter E. Williams



Let's begin with a problem that the Hoover Institution's Visiting Scholar Paul Romer might pose: Imagine a simple manufacturing process that requires attaching 20 different parts to a frame. They may be attached in any order: part 1 first, then part 8, part 14, etc. Or you can first attach part 18, part 11 next, then part 3, etc. The number of possible sequences for attaching those 20 parts to the frame totals 20 to the 18th power. That's a pretty large number, roughly the number of seconds since the big bang.

Now think a moment about the thousands of parts involved in automobile manufacturing. Japanese assembly-line workers are allowed to experiment with slightly different ways of doing their jobs. They may, for example, put the rearview mirror on the door before attaching the door to the car, or they may do it the other way around. That way, the company can discover which is the more efficient method.

These two manufacturing problems aren't important in and of themselves. What's important is that there are literally trillions of ways of doing even the simplest of tasks. That being the case, what would you think of a person, a committee or a bureaucrat who said, "I (we) know which is the single most efficient way of doing a particular task"? Unless that person has tried the trillions of ways of doing that task, how can he know? You'd probably call him a fool. And if he were a politician and mandated one way of doing the task, and outlawed all others, you'd probably call him an arrogant fool.

That is precisely the description we can give politicians who want to micro-manage our lives. How can Clinton and Hillary know, as they pretended last year in their attempt to nationalize our health-care system, what is the best use of a person's earnings? Jennifer might be a healthy 25-year-old young lady who chooses to risk being uninsured so she can save that money to purchase high-tech computer equipment to research and develop an idea she has on DNA. Or she might want to save the money to start a landscaping business. What the Clintons and their minions were in effect saying was "Of the millions of possible uses for that \$3,000 Jennifer earned, its best use is to purchase health insurance."

How can they possibly know that? They don't even know Jennifer. I'm not saying Jennifer can predict her future perfectly or knows what best serves her long-term interest. But who's in the best position to make the choice about her earnings: Clinton or Jennifer? And how arrogant and brutal it is when they tell Jennifer, "Even if you swear not to take a single taxpayer dollar should you get sick, we're going to make you buy health insurance whether you want to or not. If you resist, we'll put you in jail."

Fortunately, Clinton was unsuccessful in nationalizing health care, but think about the thousands upon thousands of regulations mandating the way we do things, as if bureaucrats knew the most efficient method of getting things done. Republican efforts toward regulatory reform should take this information and knowledge issue into account. For example, instead of Environmental Protection Agency's mandating antipollution methods, there should be reasonable pollution targets, like industries can emit only so many tons of pollutants into the air. This would permit companies and local communities to develop and experiment to meet the target, so the best means could be discovered.

Far more wisdom can be found among millions of individuals acting privately to discover the best ways of doing things than in a room full of bureaucrats. COPYRIGHT 1995 CREATORS SYNDICATE, INC.

## National Education Association resolved to make October 'Gay/Lesbian' month

by Wesley W. Burnett

According to a release from the Concerned Women for America Legislative Action Committee, the National Education Association (NEA) has proclaimed October as Gay/Lesbian History Month.

Now, I am not impugning the First Amendment rights of this organization, but I share the concern of others across the nation that the influence of this powerful teacher lobbying group, which among other things, has convinced our political leaders in Washington about the wisdom of "outcome-based" education and recommended curriculum that is unacceptable to a large number of parents.

But that gets to the central issue in this controversy... who has control of the children... the state, through its compulsory attendance laws, or the parents?

Before you start calling our superintendent and griping, I think I can assure you that Post ISD will not be implementing this outrageous resolution from the NEA... however, if the Texas Education Agency dictates that we do it... then you will see it done. For in this state, no superintendent, principal, teacher or board of trustee dare ignore an edict from the TEA.

If you want real control of your child's education, you have to do more than complain... you have to take charge of the education yourself.

### Wisdom

"Since the general civilization of mankind, I believe there are more instances of the abridgement of the freedom of the people by the gradual and slight encroachments of those in power, than by violent and sudden usurpations..."  
 James Madison, 1788

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The conventions of a number of the States having at the time of their adopting the Constitution, expressed a desire, in order to prevent misconstruction or abuse of its powers, that further declaratory and restrictive clauses should be added: And as extending the ground of public confidence in the Government, will best insure the beneficent ends of its institution.

### ARTICLE VIII

Excessive bail shall not be required, nor excessive fines imposed, nor cruel and unusual punishments inflicted.

## A blueprint for reform

by Congressman Mac Thornberry

As most people know by now, this past April the Medicare Board of Trustees released their annual report on the health of the Medicare system. In their report, the Board — which includes three members of the President's cabinet — warned that the Medicare system would be bankrupt by the year 2002 if something is not done to prevent "The Medicare program is clearly unsustainable in its present form," they wrote. "The Trust Fund continues to be severely out of balance and is projected to be exhausted in about seven years." As if to erase any doubts that the problem required immediate attention, the Trustees concluded their report by stating, "We strongly recommend that the crisis presented by the financial condition of the Medicare Trust Fund be urgently addressed on a comprehensive basis, including a review of the program's financing methods, benefit provisions and delivery mechanisms."

In the five months since the report was released, Congress has held 28 hearings on Medicare reform. Members like me also spent a lot of time back home asking folks what they thought about the issue. In fact, I spent much of the past summer driving around the District meeting with people about Medicare. I spoke with seniors and talked with doctors. I toured hospitals and visited nursing homes. I heard horror stories about the system, and its rampant waste, abuse, and fraud. I also heard how much Medicare means to those individuals who rely on the system every day.

Along with other members of the House, I passed along what I heard to the congressional leadership and the committees responsible for writing the bill. They turned around and put this information into a plan which was released last week. The plan is called The Medicare Preservation Act of 1995. It is a blueprint for reform. I say blueprint because it is not set in stone. We realize that you can't change a 30-year old program overnight. It takes time. It takes hard work. And it takes open communication between Congress and the American people. This is why I am asking every voter in the 13th District to read as much as they can about the blueprint over the next few weeks and then to contact me with their thoughts and opinions.

Perhaps the first and most important thing anyone should know about this plan is that it does save Medicare. It does so by maintaining the same level of benefits Medicare recipients have always received without raising taxes. This is a critical point to keep in mind, for there have been warnings about Medicare before and Congress has always taken steps to repair it. But these repairs were made by increasing taxes. The federal government has raised payroll taxes 23 times in the past 27 years, yet Medicare is still going broke. Raising taxes is not the answer. Reducing the rate of the system's growth is. Medicare has been growing at a rate of 10.5 percent. We want to bring it down to the rate the private health care sector is growing at — around 6.5 percent. Medicare spending will still increase over the next seven years by \$1,900 — from \$4,800 per person in 1995 to \$6,700 per person in the year 2002.

The next important thing to remember about this proposal is that it gives seniors the right to choose the health care plan that serves their needs the best. One size does not fit everyone. Accordingly, under the blueprint, every senior would be mailed a brochure containing a list of plans from which to choose. Traditional Medicare would be included among these plans, but so would plans for the private sector. No plan would offer fewer benefits than Medicare currently provides, and not all of the plans would cost the same. Indeed, some people may choose to spend a little more money on a plan that gives them the type of coverage that they desire, while others may choose to remain in traditional Medicare. The important thing is that Medicare will still be there — but so will some other choices, as well.

Another important thing to remember about this plan is that it combats waste, fraud, and abuse. As Medicare is designed now, doctors are paid for procedures whether the patient needs them or not. The result is that taxpayers get cheated out of their money and Medicare patients get cheated out of proper care. By allowing the private sector to compete for your business, the system will root out fraud and abuse and squeeze out waste. Frivolous paperwork and regulations will be cut, and tough anti-fraud provisions will be enforced. One of the more innovative of these provisions will allow seniors to turn the tables on Medicare cheats by reporting cases of fraud and abuse. In cases where fraud is proven, the senior who reports it will receive a cash reward.

The final point to remember about this plan is one that I made before. This plan is just a blueprint, and will be refined as Congress hears back from the American people. I spent this past weekend in Claude and Wellington talking it over with some folks up there, and will be doing the same in other towns over the next few weeks. It is highly unlikely that everyone will like everything in this bill. Already, the plan is being criticized by some for increasing monthly premiums for Medicare Part B. While it is true that premiums under the proposal will increase to \$90 in seven years, it must also be remembered that premiums would have increased anyway. Indeed, the monthly premium has nearly doubled in the last seven years alone. In 1988, the average premium was \$24.80. This year it is \$46.10. A similar increase over the next seven years may be reasonable, particularly when one considers that it is only \$7 more than the premium increase contained in the President's budget. The only difference between the two plans is that our proposal saves Medicare and his does not.

In the end, that is what the debate is all about — preserving a program that serves over 37 million Americans. Let us not fall victim to the political name-calling and partisan bickering that have plagued such debates in the past. Let us instead work together to save Medicare and make it work better for all of us — seniors, health care providers, and taxpayers.

If we fulfill this obligation, we will not only be doing the right thing. We will also be doing our job.

**Editor's Note:** Although Congressman Thornberry and other of his Republican colleagues claim to be opposed to socialism, they apparently are not sincere about their statements. This program can not be reformed, it must be eliminated and to do anything short of that is to face the stark reality of socialism square in the face. It has not worked, it will not work and as long as our elected officials bow to the pressure of stealing money from one group of citizens and giving to another, America will continue to slide down into the pitiful slime pit of socialistic destruction.

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# Sports



B.J. Hart (14) sets the line for the Antelope offense during action here last Friday with Floydada. Left side linemen are (71) Adam Gutierrez, (70) Jeremy Josey and (65) Chad Williams. (Photo by Jerry Taylor)

## Freshmen post 2-1 record in pre-district contests

**by Brent Ross**  
The Post freshmen won their first game of season defeating Cooper 24-20 on Sept. 7 in Post. The Lopes first score was set up by Roy Soto's 22 yard trap play on third and 12. Charlie Bell took it in from two yards for the touchdown. Post's second score came on a twelve play, 70 yard drive that was highlighted by Bell's 25 yard scamper behind the blocking of Josh Loper, J. C. Stelzer, Daniel Fluitt, T. J. Gaydos, Soto, Jeremy Aguilar and Isaac Perez. The two-point conversion was run in by quarterback Joey Ward. The final scoring drive was 55 yards on eight plays with Ward passing 22 yards to Raymond Perez for the touchdown. Terry Foster added the two-point conversion. The defense allowed only 171 total yards and added Foster's interception to seal the victory.

Post took its 1-0 record on the road and defeated Lubbock Christian High School 26-0 Sept. 14 in Lubbock. Post's first touchdown was set up by Foster's punt block. Bell took the ball into the endzone for 19 yards capping off the two play, 23 yard drive, but the extra point was no good. The second touchdown was all Foster. He again blocked a punt and then scored the eight yard touchdown on fourth and one. The two-point attempt was no good. With two minutes left in the game, Post got the ball on downs at the L. C. H. S. 33 yard line and on the first play Foster took it 33 yards for

the touchdown. The extra point was no good. On the ensuing kickoff, Adrian Martin stripped the ball away from the return man and Michael Ulm scooped it up and returned the ball 35 yards for the fourth touchdown. The extra point was once again missed.

The Lopes two-game winning streak came to an end when they were defeated by Floydada 24-12 Thursday in Floydada. The first score

came when Foster returned a kickoff for 70 yards behind the blocks of Loper and Steve Ayalar. Post got their second score when Perez knocked the ball loose on a sweep and Ward picked it up and returned it 40 yards for a touchdown. Post coach Fred Postell said the defense did not play well in the first half, but played a great deal better in the second half. He also said the offense was hampered by penalties and mistakes.

## Junior varsity loses tough game 20-14

**by Brent Ross**  
The junior varsity Antelopes lost to Floydada 20-14 Thursday in Floydada. Floydada came out running and opened up an early 14-0 lead. From that point on, the Lopes controlled the game outscoring Floydada 14-6.

"We spotted them 14 points early, then we dominated until the very end," Post coach Mitch Raspberry said. "We let Floydada have to many big plays."

On offense, the Lopes rushed for 154 yards on 20 carries and were three of seven for 25 yards through the air. Sam Woods shouldered the bulk of the ground game gaining 68 yards on four carries and scoring a touchdown. He was followed by Anthony Gomez who carried it nine times for 44 yards and Chris Guerrero who had 42 yards and a touchdown on seven carries. The passing attack was led by quarterback Sam Woods as he went three for seven for 25 yards finding Slade Bevers twice for 22 yards and J. P. Perez on a three yard two-point conversion.

The defense saw Floydada run the ball thirty-eight times and only pass it once. The Lopes allowed 189 yards on those 38 carries and gave up twelve yards on the one pass completion.

"These young men showed a lot of character in the Floydada game," Raspberry said. "I felt like we didn't lose, we just ran out of time."

## Post High School Varsity Cheerleaders



1995-96 Post High School varsity cheerleaders are (back row, left to right) Andrea Wallace, Jody Hawkins, DeeJé Estep, (front row) Aleida Marin, Angela Jefferson and Jill Stelzer.

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## Floydada takes advantage of miscues, 'Lopes look to start district with win

**by Wes Burnett**

It seems every Friday this season the Post Antelopes get off to a bang... scoring first, then slipping behind. It happened again last Friday with the visiting Floydada Whirlwinds. On the third play from scrimmage, Saul Martinez ripped through a gaping hole over right tackle, broke through defenders and raced the end zone. Leading 7-0, homecoming fans felt good.

But just as quickly, the 'Winds came back in four plays, using the quarterback option to cross the end zone. The point-after kick was blocked... the Lopes were still in the game at 7-6.

On the next possession, the home team fumbled the ball at the Floydada 49... and the 'Winds jumped on it. The contest saw-sawed through the remainder of the first quarter... and seven plays later the visitors punched across the goal line to lead 12-7.

The Lopes still had hopes and on their next possession they marched 63 yards on nine plays, using the power running of Martinez and quick-hitting Todd Terry. Martinez got the final 21 yards on a delay out of the backfield, the point after put the Lopes up 14-12.

The first half looked good for the Lopes... scoring again late in the second quarter on a four play drive with Martinez getting a great block from Chad Williams, then breaking through two would-be tacklers to the end zone. The Lopes led 21-12 at the half.

Something came off the wheels in the second half. After Floydada punted, the Lopes couldn't pick up a

fourth down, but on the next play Floydada fumbled and Post recovered... but then failed to make another fourth down attempt from the Floydada 35.

The 'Winds fumbled again, Post got the ball at the 35... but ran out of downs again, this time at the 22.

Then on fourth down mistakes overtook the Lopes. A Floydada punt to the Post 38 was muffed, and the 'Winds took over, mounting a five play drive to the end zone. Trailing 21-18, the extra point failed.

The Lopes took the kickoff, mounted a seven play drive, before running out of downs at the Floydada 48, and getting a punt blocked, giving the 'Winds the ball at the Post 22.

It took the visitors four plays to score again, this time taking the lead for good at 24-21.

Time ran out on the Lopes as they were driving deep into Floydada territory for a come-back.

The Bold Gold takes on Ralls tomorrow at 7:30 for the first district matchup this year.

## COW POKES

By Ace Reid



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## Post High School Junior Varsity Cheerleaders



1995-96 Post High School junior varsity cheerleaders are (back row, left to right) Natalie Pollard, Flora Gomez, Rachelle Jones, (front row) Becca Stelzer, Macee Mills and Melissa Gutierrez.

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# Yesteryears

by Pat Burnett

10 Years Ago  
October 2, 1985

Jan Crawford will have the formal opening of her new shop, Jan's, Saturday, October 5.

Nona Lusk and Inez Ritchie recently attended the Texas Extension Homemakers Assoc. State Convention at Longview.

The grand prize winner in the Health Fair Poster Contest went to Mathew Valadez of Southland. His prize was a digital watch donated by Western Auto.

The Ladies Auxiliary honored 2 members who are Gold Star members with red roses and a fish dinner. They are Annie Odum and Madge Webb.

20 Years Ago  
October 2, 1975

Night deputy Mike Crawford accidentally shoots himself on the end of his little finger while cleaning his gun.

A surprise birthday supper was given for Helen Livingston at the home of her daughter, Lorry Moore, Friday night, September 26.

Four Post Babe Ruth players have been named to Babe Ruth Baseball's Athletes of the year program for 1975. The four players are Evans Heaton and Ramie Holly with the White Sox and Billy Smith and Virgil Morris with the Cubs.

30 Years Ago  
September 30, 1965

Jimmy Overman, Garza County 4-H club member, showed the grand champion spotted sow in the swine judging competition at the Panhandle South Plains Fair in Lubbock.

Mrs. Sallie Williams celebrated her 103rd birthday Sept. 27.

Post whips Abernathy 13 to 6 Friday night. The Post Antelope lineman of the week is Jack Huff, a 200 pound Junior center.

Mr. and Mrs. James Dooley motorcycled to Andrews Sunday and visited her sister and family, the Harry Yochums.

40 Years Ago  
September 29, 1955

County Judge Oscar Graham, 58, dies in his sleep today in the Graham community.

Rains estimated at from 11 to 14 inches fell in the Justiceburg area over the weekend. The heavy rains washed out 3 bridges and caused heavy damage to ranch ponds and crops.

George "Scotty" Samson has been named general superintendent of the agricultural department of the South Plains Fair.

Miss Faye Ruth Hamilton of Odessa was a weekend guest of the O.G. Hamilton family.

Mr. and Mrs. H.A. McBride of Gladiola, N.M. visited the W. E. Edmunds family Saturday. Mrs. McBride, the former Edna Malm, resided here in 1916.

50 Years Ago  
September 27, 1945

Some recent births are: Patricia Jo, daughter of Seaman 2-C and Mrs. Hollis Branson born September 13; Sol Ralph Jr., son of Pvt. and Mrs. Sol Davis, born September 19; and Susan, daughter of Mr. and Mrs. Joe Shirley, born September 22.

Cpl. Fletcher Hagood, Japanese prisoner since the fall of Guam in 1941, has been liberated. Lieutenant H.G. Tyson, Jr. also has been released from a prison camp where he's been since the fall of Bataan.

Since January 20, 1942, when the daylight savings time act went into effect, there have been hundreds of complaints against it. Since it is no longer necessary, the clocks in the nation will be set back an hour on Sunday, September 30 when war time officially gives way to peace time once more.

Miss Kathryn Childress, Sophomore student at A.C.C. in Abilene, visited her family this weekend.

## State Capital



## HIGHLIGHTS

By Lyndell Williams & Ed Sterling  
TEXAS PRESS ASSOCIATION

AUSTIN — James A. "Andy" Collins announced last week he would step down Feb. 1 as executive director of the Texas Department of Criminal Justice and go into private business.

The *Houston Chronicle* reported the governor's office had ordered an investigation into Collins' business dealings a week before he announced his resignation. A day later, the *Austin American-Statesman* reported no investigation had been ordered.

The situation left heads spinning on the prison agency's nine-member governing board. Ellen Halbert, vice chairman of the Texas Board of Criminal Justice, said she was "very upset that the board was not told why Andy was leaving."

Collins said that in July he formed Professional Care of America Inc., a jail management firm to operate in Louisiana. Former Houston Mayor Fred Hofheinz and Jim Brunson, a former officer with N-Group Securities Inc., are listed as directors in Collins' firm. Hofheinz and Brunson said they resigned after lending their names for the incorporation papers.

Collins also said he is under contract with Hofheinz' Viewpoint Development Corp. to operate a jail for juveniles in La Salle Parish, La., if and when Viewpoint raises the private money to build it.

In 1994, a federal jury awarded more than \$79 million in damages to nine mutual funds that alleged N-Group and others fraudulently marketed bonds used to pay for the building of six private prisons, which the state of Texas purchased. Collins was subpoenaed as a witness in the trial. He acknowledged that some of his testimony could be viewed as favorable toward N-Group.

Though Collins' private business plans were laid while he was head of the TDCJ, he said he did not work on them on state time and had not been paid.

Collins' annual salary as head of the state agency is \$120,000. He began as a prison guard 23 years ago and worked his way to the top.

**Faith in Economy on Rise**  
Texas Comptroller John Sharp says consumers, investors and business owners appear to hold steady optimism that the Texas economy will continue to grow.

Texas' faith in the state economy is up 17.5 percent compared to a year ago.

"Consumer confidence, retail sales, new housing permits — up 26.6 percent in July — and the Texas Stock Index are the strongest components of this month's *Leading Texas Economic Indicators*," Sharp said.

The Index, which is produced by Sharp's office each month to help predict changes in the economy, registers 124.7, an increase of 2.1 percent compared to one year ago.

By comparison, Sharp said, the U.S. Index of Leading Economic Indicators is at 101, down 0.7 percent compared to one year ago.

## 4-H Week

(Continued from Page 1)

For more information about 4-H, contact the Garza County Extension office at 495-2050.

4-H participates in the Combined Federal Campaign (CFC) as a member of Children's Charities of America federation. 10 REASONS YOUTH JOIN 4-H!

4-H is the largest non-formal youth education organization in the United States. 4-H reaches over 5.6 million youth every year through its mission, "to create supportive environments for culturally diverse youth to reach their fullest potential."

THE TOP 10 REASONS TO JOIN 4-H 1. Develop skills to succeed in the workplace. 2. Improve goal-setting and decision-making skills.

3. Become a community leader. 4. Go to 4-H "Citizen Washington Focus" or National 4-H conference.

5. Learn to care for and make decisions about the environment. 6. Meet kids from across the country.

7. Participate in a Workforce Preparation Apprenticeship program.

8. Learn about citizenship and how it works.

9. Teach a 4-h Drug Education lesson.

10. Have lots of FUN in 4-H!!!!!!

**Clemons Latest to Switch**  
State Rep. Billy Clemons of Pollok last week shed his affiliation with the Democratic Party in announcing he had joined the Republican Party.

The six termer said he would seek re-election in 1996 for the seat representing the East Texas counties of Angelina, Houston, San Augustine and Trinity. His crossover cuts the Democratic majority in the state House to 86-64.

**AIDS Toll Heavy in Prisons**  
During the last five years, AIDS has been the leading cause of death for incarcerated felons in the Texas Department of Criminal Justice, the *Austin American-Statesman* reported.

AIDS has been the most frequent cause of death among inmates every year since 1990, with the exception of 1991, when cancer was the leading cause. As of August, 72 inmates had died of AIDS in 1995.

"The people that end up in prison are basically poor, inner-city and nonwhite, and they're young," said James W. Marquart, a criminal justice professor at Sam Houston State University in Huntsville. "They've had crappy health care in the free world. That's what's going on in prison today."

## Redistricting Plan Approved

A group of Republican plaintiffs has successfully challenged the state House and Senate districts as being unconstitutional on grounds of racial gerrymandering.

Last week, a panel of three federal judges approved a temporary redistricting plan that will change boundaries in Harris County's 18 state House districts and six Senate districts for the 1996 elections.

Plaintiffs argued that efforts to create safe districts for minority legislators resulted in zig-zagging district lines and political segregation, the *Houston Chronicle* reported.

The changes will affect voting patterns and representation for some 270,000 Harris County residents.

## Dog Track to Close

Declining business is forcing the closure of Valley Greyhound Park in Harlingen, which was the first of three dog-racing tracks to open in the state.

The \$16.2 million, 3,000-seat track, which has lost \$5 million since it opened in September 1990, is to close Sept. 30.

Earlier this month, the Texas Racing Commission decided not to allow the dog track to simulcast horse races in partnership with the Cameron County Fair Association.

A bill that would have allowed Texas pari-mutuel tracks to operate off-track betting parlors failed to gain approval in the state Legislature this year.

## Other Highlights

The House Banking Committee voted in favor of an amendment to a sweeping budget bill that would end the Texas ban on home equity loans. The amendment, by U.S. Rep. Steve Stockman, R-Friendwood, would undo earlier legislation by U.S. Rep. Henry B. Gonzalez, D-San Antonio, who has fought to preserve Texas' home-stead protections for more than 40 years.

**Last Puzzle Solution**

**ACROSS**

- cotton bundle
- TXism: "\_\_\_\_\_ hombre" (mean)
- Aggie sports star J.V. "\_\_\_\_\_ Sikes"
- Gen. Robert \_\_\_\_\_ once served in TX
- TX Caroline Hunt \_\_\_\_\_ once owned the posh \_\_\_\_\_ Air in California
- TX Perot's old firm
- TX Priscilla's lover Farr who was killed in Cullen's mansion
- TX Fairchild suffers from \_\_\_\_\_ in "Based On An Untrue Story"
- Travis Tritt's \_\_\_\_\_ Quarter (Call Someone Who Cares)
- TXism: "\_\_\_\_\_ a hand" (assisting)
- some Dentonites in film "Necessary Roughness"
- JFK suffered a \_\_\_\_\_ wound in TX
- TX-Mex currency exchange house
- TXism: "useless as a saddle on \_\_\_\_\_"
- cattle drive paths
- TX singers \_\_\_\_\_ & Croft
- some TX kids go to \_\_\_\_\_ school
- TX lake which means "The King's Salt"
- ag commissioner Perry campaign: "Totally \_\_\_\_\_"
- TXism: "beats anything \_\_\_\_\_ saw"

**DOWN**

- TX sportscaster Eric Nadel's "A Page from \_\_\_\_\_"
- home of Dyess AFB
- fishing pond near Austin (2 wds.)
- San Antonio street: \_\_\_\_\_ Adams
- Kuwait's "top dog"
- Neiman-Marcus "75 'His and Her" X-mas gift: (2 wds.)
- horse's sway-back
- TX Jones' "\_\_\_\_\_ Still Thinks I Care"
- state fair event: "\_\_\_\_\_ Contest"
- Houston Museum of Fine \_\_\_\_\_
- Roman emperor
- TX's LTV builds "Star Wars" missiles for this \_\_\_\_\_
- TXism: "\_\_\_\_\_ bones" (doctor)
- TXism: "ugly \_\_\_\_\_ sin"
- overlooks Lake \_\_\_\_\_
- Austin: \_\_\_\_\_ Bonnell
- TXism: "don't give a hoot \_\_\_\_\_ a holler"
- engrossed
- TXism: "worn to a frazzle"
- slow mollusk
- 39 ignited again
- TXism: "the \_\_\_\_\_ sleeps fast" (efficient or active)
- TXism: "does a cat have a climbing gear?"
- George H. to George W. (abbr.)
- TX actor Torn (init.)
- TXism for "apply" (3 wds.)
- \_\_\_\_\_ a-bool
- town and county: \_\_\_\_\_ San

## Garza County History

Courtesy of the Garza County Historical Museum

The first home of A. Clark family as it was in the early days of Garza County. The home was located 10 miles west of Justiceburg.

**The Garza County Historical Museum**  
119 N. Ave. N - 806-495-2207  
open Tues-Sat., 10-Noon and 1-5 p.m.

Support your museum, financial help needed to preserve our history.

## Lunch Menus

**Trail Blazers**  
Friday, September 29  
Chicken enchiladas, Mexican corn and beans, stewed tomatoes, tossed salad w/Ranch dressing, Angelfood cake, choice of beverage.  
Monday, October 2  
BBQ chicken, butterbeans, spinach, tossed salad/Ranch dressing, cornbread, bread or rice pudding w/Raisin sauce, choice of beverage.  
Tuesday, October 3  
Tuna noodle casserole, blackeye peas, brussels sprouts, cornbread or roll, apple cobbler, choice of beverage.  
Wednesday, October 4  
Meatloaf, new potatoes w/sauce, broccoli, celery sticks, wheat roll, angelfood cake, choice of beverage.  
Thursday, October 5  
Chicken salad sandwich, pea salad, tomato slices, apricot cobbler, choice of beverage.

**Post ISD**  
Friday, September 29  
Breakfast: Breakfast Burrito, fruit, milk.  
Lunch: Fish, macaroni and cheese, peas 'N carrots, slaw, sherbert cup, milk.  
Monday, October 2  
Teacher workday—No school for students.  
Tuesday, October 3  
Breakfast: Breakfast pizza, fruit, milk.

**Southland ISD**  
Monday, October 2  
Breakfast: Breakfast burrito, fruit, milk.  
Lunch: Sloppy Joe's, french fries, pork 'n beans, cookie, milk.  
Tuesday, October 3  
Breakfast: Cream of wheat, toast, juice, milk.  
Lunch: Chili Cheese potato, salad, corn, cake, milk.  
Wednesday, October 4  
Breakfast: Muffins, sausage, juice, milk.  
Lunch: Vegetable soup, sandwich, carrot sticks, oatmeal raisin cookie, milk.  
Thursday, October 5  
Breakfast: Biscuit, bacon, eggs, juice, milk.  
Lunch: Salisbury Steak, Au gratin potatoes, peas, jello, roll, milk.

## The Post Dispatch 495-2816

The **TOWER THEATRE**  
Post, Texas

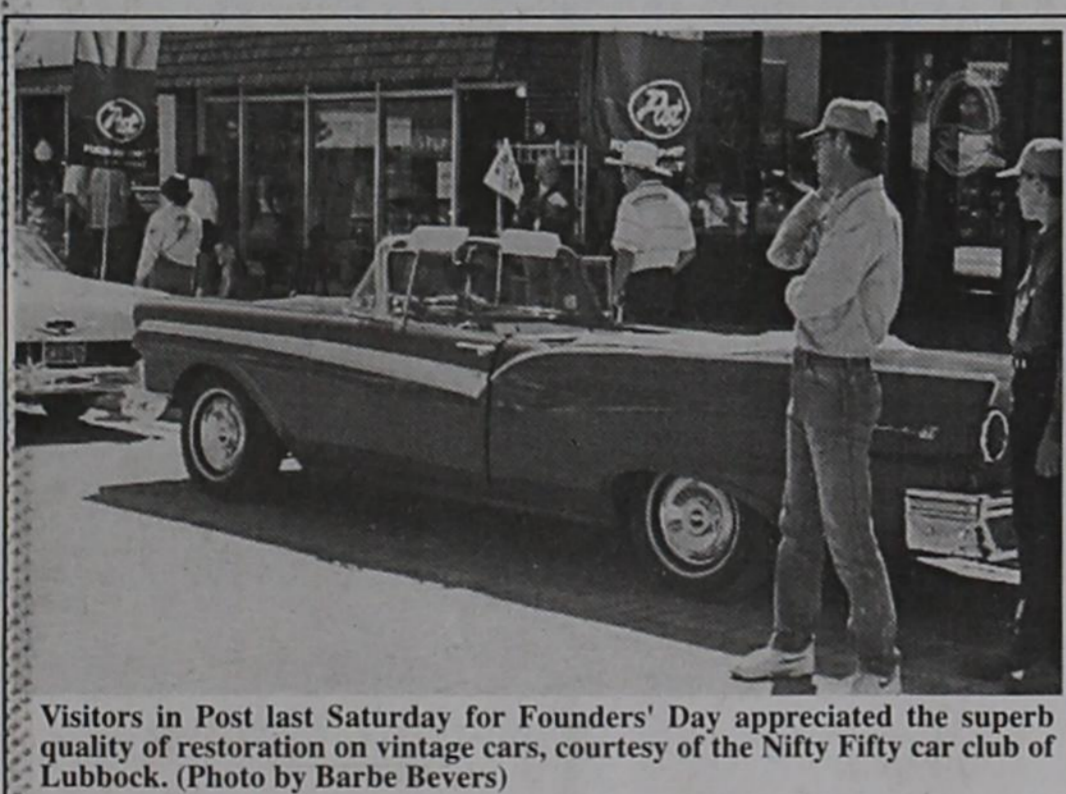
Presents:  
Don Caldwell's "Cowboy Night" at the Tower Theatre in Post, Texas.  
Saturday, September 30, 1995, at 7:00 PM.

Performances begin at 7:00 P.M.  
Admission \$7.50  
For Information or Reservations Call 806-495-3461 or 806-495-3854

## The Original TEXAS CROSSWORD

by Charley & Guy Orbison

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Visitors in Post last Saturday for Founders' Day appreciated the superb quality of restoration on vintage cars, courtesy of the Nifty Fifty car club of Lubbock. (Photo by Barbe Bevers)

Computer Training Coming to Post October 10th

## WINDOWS: AN INTRODUCTION

Where: Post High School Computer Lab  
When: Tuesdays, 7 - 9:30 p.m.  
October 10 - 31, 1995  
Instructor: Melvena Moore

Textbook: Windows - The Introductory Program  
(Textbook is required & will be available for purchase the first night of class)

Course Cost: \$35 plus \$14 = \$49  
**PRE-REGISTRATION IS REQUIRED**  
To pre-register and for further information, call (915) 573-8511, ext. 390.

Pre-registration deadline: 12 noon, Monday, October 9

Western Texas College is an equal opportunity institution and is in compliance with ADA. Applications are accepted and considered without regard to race, color, creed, sex, age, national origin, veteran's status or disability.

## St Mary Hospital Neurology Center offers "falls school" Oct. 3

St Mary of the Plains Hospital Neurology Research and Education Center (NREC) will present a falls prevention and education seminar, Tuesday, October 3, 1995, from 9 a.m. to noon (4102 24th Street, Suite 501). There is no charge for the program.

"Falls are a major problem and concern among individuals suffering from neurological disorders and their families," said Center Coordinator Trudy Hutton. "Knowing what one can do to prevent or avoid falls can improve one's quality of life and encourage more active living."

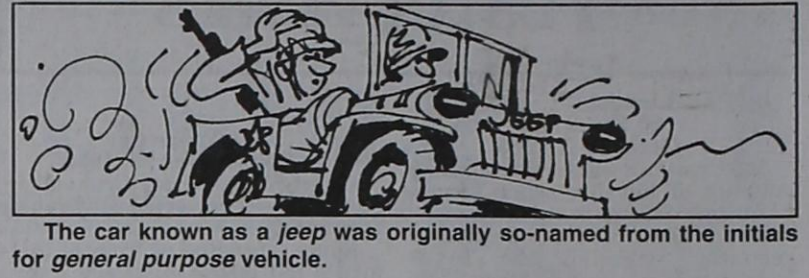
Drs JoAnn Shroyer, chairman of the Department of Merchandising, Consumer Economics and Environmental Design, and Jeff Elias, professor and assistant chairman of the Department of Psychology, of Texas Tech University, have been working with the Neurology Center staff to develop

the program. It is intended to educate people at risk for falls about the steps to take to prevent this danger.

Shroyer has done extensive work on adapting one's home environment to deal with specific problems such as falls. Elias has worked in the area of Parkinson disease research for more than 10 years.

The Falls School will include presentations by Dr Shroyer and Elias, individual assessments of participants for their risk of falling, a question/answer session with the presenters, and printed materials. Because participation to this program is limited, reservations are required. Additional "Falls Schools" will be held throughout the fall.

For more information or to make reservations, call Judy Ribble in the NREC Information Center at 796-2647.



The car known as a jeep was originally so-named from the initials for general purpose vehicle.

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# Post Bold Gold Antelopes

VS.

Ralls Jackrabbits - Friday, Sept. 29 - 7:30 p.m.

Thurs., Sept. 28  
J.V. at Ralls - 6 p.m.  
Freshmen at  
Colorado City - 5 p.m.

**Antelope Stadium**  
**1995 Post Antelopes**

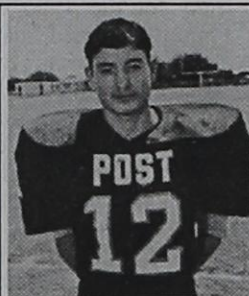
Thurs., Sept. 28  
7th & 8th Grade  
host  
Ralls - 5 & 6:30 p.m.



Nathan Webb



Nikki Pollard



Roy Perez



Israel Perez



Todd Terry



Freddy Peña

**Football Contest**

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\_\_\_\_\_ Tahoka at Idalou \_\_\_\_\_  
\_\_\_\_\_ Ralls at Post \_\_\_\_\_  
\_\_\_\_\_ Crane at Seagraves \_\_\_\_\_  
\_\_\_\_\_ Texas Tech at Baylor \_\_\_\_\_  
\_\_\_\_\_ Rice at Army \_\_\_\_\_  
\_\_\_\_\_ Texas at SMU \_\_\_\_\_  
\_\_\_\_\_ Jacksonville at Houston \_\_\_\_\_  
\_\_\_\_\_ Dallas at Washington \_\_\_\_\_  
\_\_\_\_\_ Kansas City at Arizona \_\_\_\_\_  
\_\_\_\_\_ New England at Atlanta \_\_\_\_\_  
\_\_\_\_\_ Denver at Seattle \_\_\_\_\_  
\_\_\_\_\_ NY Giants at San Francisco \_\_\_\_\_

**TIE-BREAKER**  
\_\_\_\_\_ Miami at Cincinnati \_\_\_\_\_

(Enter your guess of the actual score for each team)

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
PHONE \_\_\_\_\_

**RULES:** You must complete this form as printed in The Post Dispatch, no facsimile or copy will be accepted. Deadline for entries is 5 p.m. each Friday. Entries must be delivered to The Post Dispatch office at 123 E. Main Street. Only one entry per person per week. Only one winner will be selected weekly, based on the total number of correct winning selections from the list of games. In case of a tie, the winner will be decided by the nearest point spread of the tie-breaker game by correctly choosing the winning team in the tie-breaker game. All decisions of the judges are final.

Last Week's **WINNER!** Judy Guerrero  
Missed 3 Games,  
won by tie-breaker

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Nov. 4th - Don Caldwell's "Nostalgia Night"  
Dec. 2nd - Children's Afternoon Christmas Show,  
"Hoot & Annie" at 4:00 p.m.  
Dec. 2nd - Don Caldwell's "Nostalgia Night"

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