

Huggins chosen as judge for Spring Art Show

by JoAnn Mock

The Post Art Guild has chosen Jammey Huggins of Seminole, Texas as the judge for the 1995 Spring Art Show. Jammey is known for her still life pastels and oils. Her specialty is marble sculptures of buffalo influenced by the Southwest heritage and Indian influence.

Entries for the show were accepted Monday, April 17 and until noon on Tuesday, April 18. Jammey will judge the entries today (Wednesday, April 19). The show will be open to the public Thursday, April 20 through Sunday, April 30 from 9 a.m. until 6 p.m.

Jammey has been a regular exhibitor in Post at the Annual Rendezvous of the Arts since 1991 and in The Annual American Plains Artist Show in the Permian Basin. Jammey has won the prestigious Arrowhead Award, the Plainsman Award, and the Golden Spur Award from Odessa, Texas. She also has won the Irma W. Kite Memorial Award in Roswell at the Fine Arts League National Show in Roswell, N.M. Best of Miniature Sculpture at the New Mexico Miniature Arts Society in Roswell and second place in Sculpture at the United Council of Artists International Show in Roswell, the Collectors Choice Sculpture Awards in Lawton, Okla and in LaLuz, New Mexico.

Jammey exhibits at the Indian Canyon Ranch in Lamesa, Rotary Club Art Exhibit in Amarillo, West of the Pecos in Pecos, Texas Wild Bunch, Arts & Crafts Festival in Albuquerque, N.M. Texas Regional Exhibit of America in

Dallas, and many other Texas and New Mexico Art shows.

She is a member of the Oil Painters of America, American Plains Artists, Llano Estacado Art Association, National Art Education Association and the Texas Art Education Association.

She serves as Advisory Committee member of West Texas Region for scholastic Art Awards from Texas Tech, Department of Art and is on the Advisory Board of the Art Institute for the Permian Basin.

For more information about the Spring Art Show, call the Algerita Arts Center at (806)495-4000 or JoAnn Mock at (806)495-4148.

Everyone is urged to come by and see all the different aspects of art that is shown.



Jammey Huggins will judge this year's Post Art Guild Spring Art Show.

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Post Notes

Scholastic book fair Apr 18-21 & 24

Parents of Post Elementary School students are invited to attend the Scholastic Book Fair April 18-21 and 24 at the school's learning center. Students will visit the Book Fair during regular hours as a part of their normally scheduled library period.

Parents may visit the Learning Center during the day between 7:30 a.m. and noon or between 1 to 4 p.m. Each student will receive a book list which represents some of the books that may be purchased at the fair. The order form on the back of the book list may be used.

Alternate selections should be made in case of shortages of popular titles and the 7.25 percent sales tax must be added to all orders.

Selections range from 99 cents to \$19.95.

Girl Scouts conduct clothing drive

Post Girl Scouts are conducting a clothing drive through April 21. Good, clean used clothing may be brought to the Girl Scout house at 506 W. 7th Monday through Thursday from 3:30 to 5 p.m. For more information call 495-3057.

Little Mr & Miss Post contest Apr 22

The annual "Little Mr and Miss Post" pageant will be held April 22, sponsored by Xi Delta Rho sorority. Entry forms for the event may be at participating merchants. Entries must be submitted by April 20 to SPS, Ammons Printing or C&T Rental Tools. For more information call 495-2319.

Foster parent workshop offered

Methodist Home will hold a foster parent workshop Thursday, April 19 at Forrest Heights United Methodist Church, 3007 33rd St, in Lubbock. Those interested in learning more about private foster care should plan to attend this workshop. For more information call 806-792-0099. Pre-registration will end April 18.

Elementary library holds book fair

The Post Elementary Library will hold its annual Scholastic Book Fair beginning Tuesday, April 18 and continue through Friday, April 21. The book fair will also be open Monday, April 24. A special parents' book fair night will be held Thursday, April 20 from 7 to 9 p.m. in the library.

'Fajita Feast' to help ACS drive

The annual Garza County Chapter of the American Cancer Society fund raising "Fajita Feast" will be held April 27 from 5:30 to 7:30 p.m. at the Hotel Garza. A full variety of chicken, beef or shrimp fajitas, with side dishes, will be served.

A silent auction will also be conducted at the event. The ACS chapter is accepting contributions for the silent auction and monetary donations. R.S.V.P. and donations should be mailed to P.O. Box 917, Post, Tex. 79356. Deadline for reservations will be April 21.

Booster club plans sports banquet

The Antelope Booster Club will host an informal "All Sports Banquet" honoring Post High School athletes on Monday, May 1 at the community center. Tickets for the 7 p.m. brisket supper must be reserved by April 27. Call 629-4446, 495-4157, 495-3854 or 629-4213 for information and reservations.

Middle school library hosts book fair

The Post Middle School library will host a Scholastic Book Fair April 24-27 and May 1 from 8 a.m. to 3:30 p.m. The reading event features the newest titles from more than 70 publishers and presents students, parents and teachers. This is a golden opportunity to see the latest works by popular authors and illustrators of books for young people. Call 495-2874 for more information.

Art Guild holds drawing for painting

A \$300 original painting will be awarded to some lucky Post Art Guild patron who holds the winning ticket to an April 30 drawing. Each \$5 donation entitles the ticket holder to a chance for the painting. Tickets may be purchased at the Algerita Art Center. For additional information call Jane Mason at 495-2980 or JoAnn Mock at 495-4148.

Sheriff needs update on livestock lists

The Garza County Sheriff's Department is updating its livestock listing to better assist area stockmen. Livestock owners should contact the Sheriff's Department by telephone or mail to identify stock and their location. Call 495-3595 for additional information.

OS Museum presents 'Window to Spring'

The OS Museum is offering its "A Window to Spring" exhibit, featuring "an Egg-stravaganza" at the museum, located at 201 E. Main Street. The exhibit is opened to the public Monday through Saturday from 10 a.m. to noon and 1 to 5 p.m. There is an elevator available inside the entrance on Avenue I.

Beans & Cornbread lunch benefit

A beans and cornbread lunch this Sunday is planned at the First United Methodist Church, with proceeds to benefit Linda Gordon. The event is sponsored by the Men's Ministry of Encouragement. "The beans are good, but the cause is better," Bob Green comments. Take out orders are available by calling 495-2942. The cost of the meal is a donation.

PHS band earns Division I ratings

The Post High School Antelope band earned two Division I ratings at last week's regional U.I.L. competition in Sundown. PHS was only one of three class AA schools to earn Division I ratings in both Concert and Sight Reading contests.

"We are very proud of these students," band director David Lewis exclaims, "we haven't reached this level since 1991." (See next week's issue for more details and photo).

Post ISD employees give sick leave to help Gordon

Trustees approve transfer

by Wes Burnett

The generosity of faculty, staff and administrators was approved by the Post Independent School District board of trustees at last week's regular meeting, providing for transfer of sick leave to Linda Gordon.

Mrs. Gordon, who is currently in the hospital in Houston, has been battling cancer and Post ISD employees have volunteered the remainder of their sick leave time so that Mrs. Gordon will continue to receive her pay.

Superintendent Dr. Bobby Bain said it appears that the transfer of sick leave days will total 51.

Trustees took the action following an executive session at the April 11 meeting, when they discussed sick leave policy and reviewed recommendations for substitute teachers.

Added to the substitute teacher list were Ralynn Key, Lori Robinson and Cathy Murzyn.

Prior to the closed session, the board approved entering into a contract with Region 17 Educational Service Center to hire a consulting firm to review the school's facilities for compliance with federal mandates included in the American's Disabilities Act (ADA). Trustee Jeff Lott questioned the need for the survey, and suggested that once a list is made up the school district would be held liable for the changes. He asked what would happen if the school ignored the federal requirements. Dr. Bain explained that not to comply would put the district in the position of losing federal funds.

The cost of the survey was set at \$1,450, which Dr. Bain explained was much less expensive due to the cooperation of area schools contracting with James Lancaster and Associates through the Region 17 Service Center.

Elementary principal Dan Rankin and high school principal Joe Giddens presented results of parental surveys. Both reported that a small percentage of parents returned the surveys, but that information was helpful in determining areas for improvement.

In other action the board agreed to make necessary immediate repairs to the football stadium seating in order to hold graduation exercises there. Dr. Bain and Giddens pointed out the deteriorating condition of the wood seats. A brief discussion about the costs and various methods for making corrections followed. No decision was made, although trustees took under consideration replacing the wood with aluminum seating. The cost is estimated at approximately \$100,000. "We have a serious potential liability here," Dr. Bain emphasized.

Trustees also approved student transfer policies.

No action was taken on a proposal to implement alcohol and drug testing for bus drivers. Dr. Bain introduced the proposal, which was a policy recommended by the Texas Association of School Boards. Trustees discussed the levels which would be used, and methods of testing. Trustee Gary Workman said "sometimes these tests show positive when people are taking antihistamines or

Parents' Book Fair Night is set for Thursday, April 20

by Connie Flores

Parents' of all elementary school students are invited to attend a special Parents' Book Fair Night on Thursday, April 20th, 7 - 9 p.m. in the Elementary Learning Center. This is an opportunity for parents and their children to come and enjoy an evening out while viewing the best books available in children's literature which have been carefully selected by reputable educators and editors.

Bring your own cameras and take your child's picture with Clifford, the Big Red Dog. Sign up for a special drawing plus the classroom who has the most number of parents attending will be given \$30 worth of books for the classroom.

So make plans now to attend this special event and enjoy a family night out together with your children.

decongestants." Trustee Jeff Lott said he was concerned that a person might drink a glass of wine or beer the night before and still have traces the next day.

Board president Barbara Hardin presented certificates of recognition to students and teachers for a variety of achievements. Bluebonnet Reading Achievement for three years went to Tandy Humble and Barrett Scrivner; most valuable player District 4AA basketball to Cody Bain; One Act Play district champions Bitt Sims, Chris Ashley, Beth Murray, Amy Mason, Carly Rudd, Nikki Pollard, Jay Childers, Jeff Redman, Tim Martin and sponsor Candace McConnell;

U.I.L. academic district champions Amanda Bush, Salli Bush, Macee Mills, Kathy Gener, Alisha Nelson, Holly Hardin, Tonya Harp, Sonya Harp, Jayson Fry, Bitt Sims, Mike McDougle, Nikki Pollard, Natalie Pollard, Lorena Voss, Jill Stelzer, Vincent Fields, Bryan Justice, Travis Hair, Secret Bilbo, Beth Murray, Carly Rudd, Cameron Miller, James Cahill, Natalie Pollard, April Leary, Erica Gomez and sponsors Sandra Alexander, Carolyn Black, Amy Easterling, Doris Giddens, Candace McConnell, Kim Mills, Delton Moore, Melvena Moore, Christy Morris, Malea Mullins and Joy Pool.

Attending the meeting were trustees Gary Workman, Rex Cash, Mark Kirkpatrick, Jeff Lott, Alexia Collier and Barbara Hardin.

Money from drug seizures to fund deputy salary

by Wes Burnett

Sheriff Kenny Ratke informed the Garza County Commissioners' Court at a special called meeting Monday morning that money collected from the sale of property seized in connection with drug arrests could be used to pay the remainder of this year's salary for a deputy.

The issue was in response to a notification from the Texas Natural Resources Commission denied an application for funding related to solid waste management enforcement. Sheriff Ratke reported that District Attorney Ricky Smith said that funds from seizures could be used to offset salaries for deputies. Smith recommended that a careful accounting be maintained by the treasurer of how the funds are used.

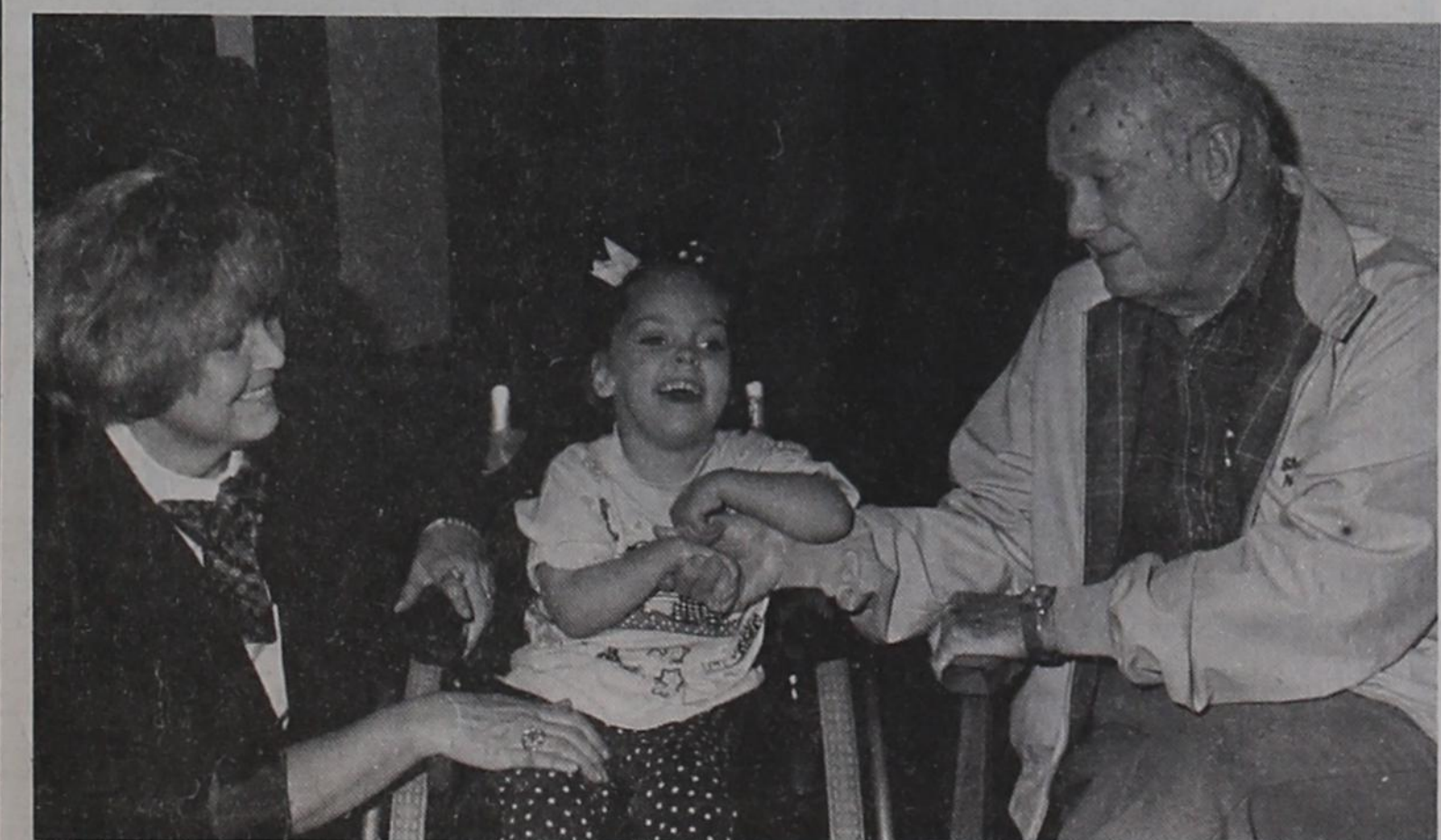
Ratke explained that funds from seized property related to state district court cases are distributed with 30 percent to the court and the remainder to the county. In federal district court cases 20 percent goes to the court. Ratke said that in one case funds were distributed by the federal court to the IRS and other agencies before being returned to the county.

In other action at the meeting, commissioners delayed a decision on hiring a community service coordinator until all applicants had been interviewed. The court set a special hearing on that issue for Thursday, April 20 at 9 a.m.

Judge Giles Dalby reported that Dr. Cathy Volanty of the Texas Agricultural Extension Service called last week, indicating that further review of Kelly Ahrens was being conducted. Ahrens was named by the commissioners' court to serve as family and consumer agent. "We hope to hear sometime this week on when she will begin her duties," Dalby added.

Commissioners appointed Noah Gutierrez, Delores Redman, Pam Workman and Irene Ammons to serve with county attorney Preston Poole on the general assistance appeals committee. Court policy calls for the committee to have two non-county related appointees, two county elected officials or employees (but no member of the commissioners' court) and the county attorney.

(Continued on Page 5)



Kelsey Hays (center) stopped by Giles McCrary's office last week to express her appreciation for the annual contribution provided by the E.A. Franklin Charitable Trust to The Parenting Cottage. Kelsey's grandmother Kay Hays joins in the thanks. The Parenting Cottage is a non-profit organization which specializes in mobilizing the strengths of "special needs" children and their parents. Located in Lubbock, The Parenting Cottage serves South Plains families with special needs children aged birth to six years old.



Mark Paden (left) and Tim McKinstrie (right) kept the audience stomping and clapping during their "Dueling Banjo" rendition at the Tower Theatre last Saturday night. (Photo by Tim Burnett)

Amy Thane, Terry Lasseigne announce engagement, May 5 wedding

Amy Thane and Terry Lasseigne will be married May 5, 1995 at Arlington Hall in Dallas, Texas.

Katie O'Neal and the late Raymond E. Thane of Flower Mound are the parents of the bride-elect, a 1988 graduate of Marcus High School. She is currently employed by Dallas Fidelity National Title Agency, Inc. as an escrow assistant.

Derril and Agnes Lasseigne of Lafayette, La. are the parents of the bridegroom, a 1984 graduate of Carencro High School. He is currently the owner and president of Illuminations by Greenlee.

Amy is the granddaughter of Ray McClellan and the late Nita McClellan.



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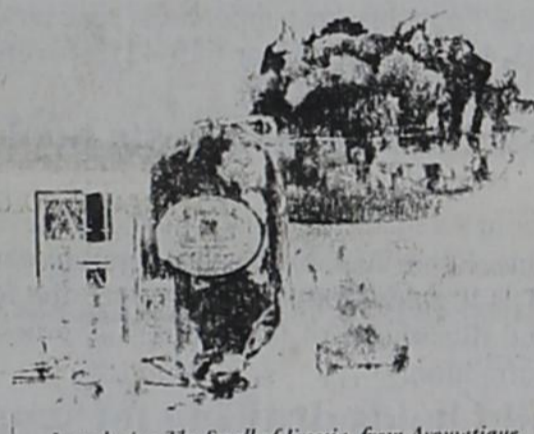
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Gift Selections
Will Kirkpatrick - Ralynn Key
Aaron Davis - Jamie Hawkins

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April 28-30
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Make plans to attend the 17th Annual Lubbock Arts Festival, April 28-30. With more than 100 artist exhibits, the Kids Kingdom for hands-on crafts, live performances on four stages, plus international culinary delights, there's something for the whole family!

- Friday, April 28, Preview Night. Tickets \$10.
- Saturday, April 29, 10 a.m. to 9 p.m.
- Sunday, April 30, noon to 6 p.m.

So come join the fun of the 17th Annual Lubbock Arts Festival and let your imagination run free!

For information about the Lubbock Arts Festival, or if you have questions about accessibility, call (806) 744-2787

A project of the Lubbock Arts Alliance, Inc. In cooperation with Civic Lubbock



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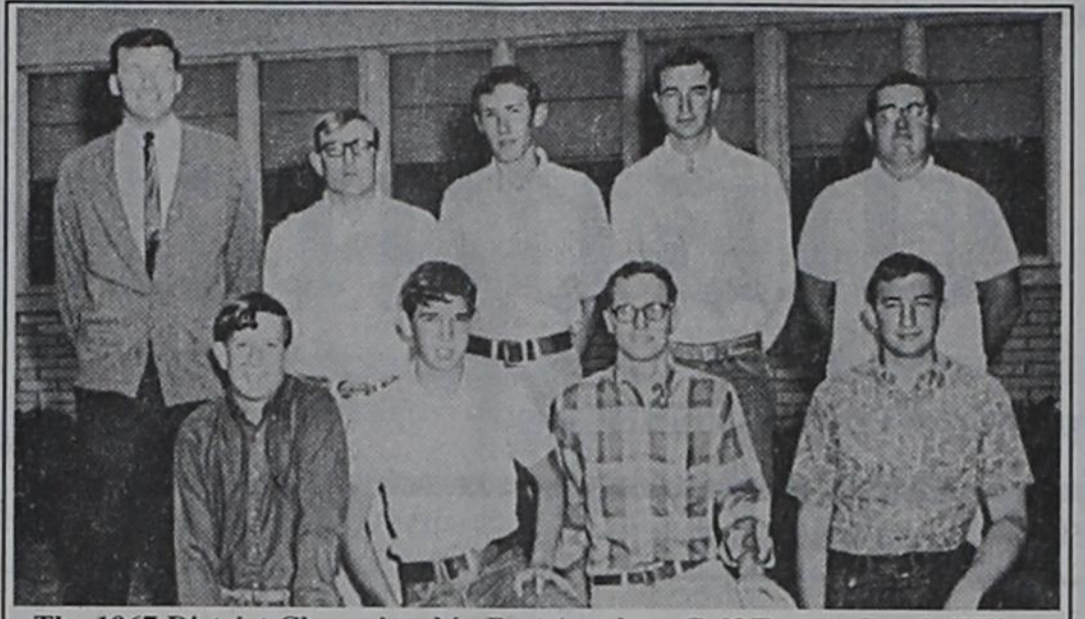


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1995 District 4AA Golf Champions join PHS 1967 golfer Jimmy Bartlett (center) with the team trophy following last week's tournament at Idalou. PHS 1995 Golf Champions are (left to right) Robbie Palmer, Josh Grisham, Heath Eagle, Casey Hart, Jerry Graham, Slade Bevers and B.J. Hart. (Photo by Martha Baker)



The 1967 District Championship Post Antelope Golf Team - Coach Wilbert Bigott, (left to right) "A" team members Jimmy Bartlett, Mike Scott, Larry Johnson and Felton Gatlin; "B" team members (front row) James McBride, Ben Miller, Ronald Thuett and Joey Lee. Until this year, the 1967 team had been the last varsity boys' Golf team to win the district title. (Photo courtesy Jan Bartlett from the 1967 PHS annual, "Caprock.")

Governor Bush declares Jump Rope for Heart Coordinator Appreciation Day

In honor of the more than 2,000 dedicated Jump Rope For Heart coordinators who help reinforce the benefits of physical exercise and a healthy lifestyle, as well as encouraging volunteerism, Governor George W. Bush has declared Wednesday, May 3, 1995 as Jump Rope For Heart Coordinator Appreciation Day in Texas.

In the proclamation, Governor Bush notes, "In 1993 two of every five deaths of Texas residents were caused by cardiovascular disease. Heart disease remains the state's number one killer, claiming the lives of 53,835 Texas residents in 1993." Governor Bush also noted that research shows the importance of early prevention because cardiovascular disease begins in children as young as three years old.

He further stated that the Jump Rope For Heart (JRFH) program is a joint educational and fundraising program of the American Heart Association, Texas Affiliate and the Texas Association for Health, Physical Education, Recreation and Dance, two organizations that share a long-standing interest in the health of Texas citizens. The JRFH program, adopted in 1980, is designed to teach children how to develop positive health attitudes and behaviors and raise funds to help fight the leading cause of death in Texas. The JRFH program is helping save lives because of the more than 2,000 JRFH coordinators dedicated to teaching healthy lifestyles curriculum.

Over 2,000 public and private schools took part in JRFH in 1993-94, involving more than 140,000 participants. And in that year the JRFH program helped fund 24 research grants in Texas totaling \$985,000.



Mr and Mrs Linal Lynn Pierce

Lisa Haynes, Linal Pierce exchange vows March 13

Mr and Mrs Larry Haynes are proud to announce the marriage of their daughter, Lisa Renee, to Linal Lynn Pierce of New Boston, Texas.

The groom is the son of Mr and Mrs Allen Rose of New Boston and the late Billy Linal Pierce.

The couple were married March 13, 1995 at the Iglesia Bautista Mexicana in Post. Bro. Darryl Smith, pastor of the First Baptist Church in Post, officiated the double ring ceremony.

Given in marriage by her father, the bride wore a white tea-length gown accented in front by pearls and white sequence. She carried a bouquet of white flowers with greenery and accented with dark blue, purple, pink and yellow ribbon threaded throughout the bouquet.

Serving as matron of honor was Hilary Barnes of Lubbock, best friend of the bride and Allen Rose, step-father of the groom, served as best man.

A reception followed in the home of Nancy Flanigan. A two-tiered wedding cake, decorated in the bride's chosen colors, and punch were served by Flanigan and Lou Ann Terry.

The couple are making their home in Post.

The groom is employed by Wes-T-Go and is a student at South Plains College. The bride is employed by Garza Memorial Hospital.

Up and Down Main Street

by Wanda Mitchell, Post Chamber of Commerce

O.K. we give up! Please, folks, tell the Tower Theatre board what you want! We had the best show last Saturday night and only 82 in attendance. Pretend for just a minute that you are running for office. You tell the voters what you are going to do for them and you ask for their input about programs that they want you, as their representative, to follow.

WE NEED YOUR SUPPORT just like you politicians need votes. Since we are on that subject, I can count on one hand the elected officials that have attended the Tower Theatre. If the citizens didn't support you any better than you have supported this endeavor, you would be out of a job real quick.

The board will be talking to businesses in the near future to try and get some help with ticket sales via ticket giveaways, drawings, etc. Think about what you, as a business person or individual, can do to help this theatre get off the ground.

I was reading an article the other day titled: How You Lose Customers:

- 1% leave because they die.
- 3% leave because they move.
- 5% leave because of friends in similar business.
- 9% leave because of competitive reasons.
- 14% leave because of product or service dissatisfaction.
- 68% leave because of poor service or indifference.
- 96% of all unhappy customers never complain.
- 91% of those who don't complain will choose another service.
- 50% of all unhappy customers will tell 9 others.

If a business loses one customer who normally spends \$50.00 a week, it will experience a \$949,000 reduction in sales the following year.

When trying to sell something:

1. Show the facts. Get to the point as soon as possible.
2. Always tell the truth and don't use such expressions as "to tell the truth" or "honestly".
3. Show me some proof. It might be a newspaper or magazine article or something else that demonstrates that it's just your opinion that your particular proposal is a good one.
4. Let them know where the idea, product or service worked for someone like them.
5. Show them a letter from someone who has benefited from the product, service or idea.



The Post Art Guild's Spring Art Show starts Thursday, April 20th and will be on display until the end of the month. This is always a very good show and we encourage everyone to stop by the Algierita Art Center and see it. You may also purchase art at this show so remember Mothers Day is coming up in May and nothing makes a more lasting gift than a wonderful piece of art.

We want to wish all our regional qualifiers from Post High School "Good Luck" in Abilene this weekend. We will all be pulling for you at home so go in there and make us proud.

We hope everyone had a great Easter Holiday and we hope you will.....TAKE PRIDE AND TAKE PART IN POST!!!!

Beauty Tips

by Leslie Tatum

Here are a few more tried and true beauty tips:

When using sunless tanning lotion, (Tan in a bottle), apply moisturizing lotion on after for a smoother, silkier tan.

Put powder (loose or pressed) under your lashes so your mascara won't smudge.

If you have a droopy mouth, do not apply lip pencil or lipstick in the corners. Stop your pencil and lipstick just short of the corners and use a darker lip color on the bottom lip than on the top. This technique will lift lips visibly.

Store your powder puff with the label side facing the powder so that it doesn't absorb oil from the puff.

Fill in lips with lip liner then apply lipstick for a long-lasting lip color.

Deadline for all advertising is 5 p.m. on Mondays.

Handy Gift's

Bridal Selections

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**Will Kirkpatrick - Ralynn Key
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Rosie's Restaurant

All You Can Eat Lunches

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| <p>Thurs., April 20 Steaks, twice baked potatoes, boiled okra and carrots.</p> <p>Fri., April 21 Hand-breaded chicken strips, mashed potatoes, blackeyed peas, fried okra and corn bread.</p> <p>Mon., April 24 Tuna casserole or salmon, skillet potatoes, ranch beans and salad.</p> | <p>Tue., April 25 Hamburger steak or pepper steak, mashed potatoes, navy beans and corn.</p> <p>Wed., April 26 Fried catfish, french fries, cole slaw, red beans and hush puppies.</p> |
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Post Antelope Powerlifting Team

(left to right) Saul Martinez, Ray Perez, Manuel Zubia, Sammy Zubia and David Norman.





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Grandparents' Corner



Wilma Williams is smiling broadly for a good reason, and the good reason is her lovely granddaughter Danica Maisie Williams of Post. The three year old is the daughter of Kurt and Cynthia Williams.

Bring your favorite grandparent photo to The Post Dispatch to be included in this weekly feature. Photos will be published "first come, first served."

Green Thumb Garden Club

by Margaret Barley

"We are all creative; in some of us, it's just waiting to get out." So said Billie Osborne when we met April 13th at Alma William's home.

Cross-stitch was Billie's first venture into handwork creations and she brought some lovely pieces to show us, including an antelope. This was not just any antelope, it was a beautiful antelope and, of course, had special meaning for her family.

She also brought some elegant pillowcase dolls made from antique pillowcases. Pink, yellow and purple are the usual colors in antique pieces. It was unusual when they used blue. (Just in case you didn't know that little tidbit.) Then there were jointed Teddys made from mohair, and earrings, (from boots to pumpkins), made from heavy watercolor paper.

Billie expressed a sincere sentiment that the things we love should be out where we can see and use them, not "saved" in a drawer. A most enjoyable presentation.

Actually, the refreshments served by Alma and Gladys Blair prior to the program, were certainly creative themselves. The pocket sandwiches were not only delicious, but pretty as well. Add the chips, pickles, spiced tea, frozen fruit desert and beautifully decorated Easter cake, and what more could you want. Of course, there was one tense moment when the decision had to be made whether to cut the

white cake or the chocolate one. I was silently saying "chocolate, chocolate, chocolate," when Carlene Kyle spoke up and said she couldn't eat chocolate. Bummer!! Alma, knife in hand, paused only a moment and began cutting the white cake. Don't see how the chocolate could have been any better. Dee-luscious!!

Those of us fortunate enough to enjoy such a pleasant evening were Annie Laura Francis, Thelma Epley, Ida Jones, Edna Mae Owens, Irene Mitchell, Marion Wheatley, Shorty King, Carlene Kyle, and our hostesses. Can only hope that Billie enjoyed it too; we sure enjoyed having her.

Amity Study Club

Amity Study Club met in the home of Mrs. Carolyn Sawyers April 11th. Boo Olson was co-hostess.

Janie Davis gave a book review of Mary Lubbock Laswell's 1958 novel "I'll Take Texas".

Other members present were Barbara Babb, Sandra Alexander, Joy Pool, Ginger Carlisle, Ruth Ann Young, Martha McClendon, Iva Hudman, Joyce Strubhart, Sue Shytles, Joy Dickson, Marion Wheatley, Ida Mae Wilks, Louella Bilberry, Edna Owen, Margaret Bull, Suzanne Hudman, and Kathy Rankin.

Living on the Edge of the Caprock

by John Senter, CEA-AG

Let ye' be judged!!

And they were! Speaking of course of the animals at the recent Clarendon Junior College Open Livestock Judging Contest. The Garza County 4-H Livestock Judging Team established their place on the "totem pole" and that place is second to none.

The team, composed of Jarrett Bland, Aaron Cooper, Kevin Hart, Jennifer Josey and Ryan Wulfjen, took top honors in the Junior division of the contest.

Now, before we get into the mind-boggling details, let us keep in mind that these are 4-H members that range in age from 14 to 12. During the course of the contest, the members are asked to place nine classes livestock of four animals per class and the contestants placings are then compared to the "official" placings which are established by the college judging team.

The total number of points for any one class is fifty and the individual contestants score are tallied for an individual and a team total. It would be fairly simple if the members could evaluate just one specie of livestock for the entire contest - but no that's too simple.

The kids are asked to evaluate breeding cattle, slaughter cattle, breeding sheep, slaughter lambs, breeding hogs and finally, slaughter hogs. Sound simple?

Maybe, but try this - you have only ten minutes per class and when you are done with one class, it's on to next one. No break, no milk and cookie recess, no nothin'. Just two hours of evaluation and each participant is on his or her own, no notes no printed material - nothing to use for reference except the hours of practice these kids put in.

Now for the "gravy on the chicken fry"! It is a must to keep in mind that our team participated along with 18 other teams from the Texas panhandle. Now, hold on to your hat!

Our team won the following honors: fourth place overall team in sheep with 392 out of a possible 450; third place team in swine, 368 out of 450; second place team in cattle 383 of 450 points.

Ryan Wulfjen was named fourth

high point individual in sheep with a 143 score of the possible 150 and Jennifer Josey was high point individual in sheep judging with a perfect 150 of 150 score.

In total points accumulated in the individual rankings, Aaron Cooper placed fourth in the entire contest with an overall score of 385 of the possible 450 points and Ryan Wulfjen placed first in the contest and high point individual in the Junior Division with a total of 389 points out of a possible 450. In case you haven't deciphered yet, the team was named champion team in the 18 team contest with a total team score of 1143 points out of the 1350 possible! That much gravy will make more that just your head swell!

This is the first time in recent memory that a Garza County 4-H team has created this much stir in a contest and these kids deserve every bit of congratulations they can get. When you see them, give the kids a big Post pat on the back - they earned it.

Educational programs conducted by the Texas Agricultural Extension Service serve people of all ages regardless of socioeconomic level, race, color, sex, religion, handicap or national origin.

Births

Alexis D'Nae Perez

Congratulations to Rebecca and Lupe Peez Jr. on the birth of their first baby, Alexis D'Nae. She was born March 23, 1995 at 8:13 p.m. at St. Mary's Hospital in Lubbock. Alexis weighed 5 lb. 13 oz. and was 19 1/2 inches long.

Maternal grandparents are Maria Espinoza of Andrews and the late Robert Espinoza.

Paternal grandparents are Rose and Lupe Perez of Post.

Great grandparents are Antonio and Benita Perez of Slaton and great great grandparents Gomecindo and Paula Perez of New Deal.



The Garza County 4-H Livestock Judging Team was named Champion Junior Division team at the recent Clarendon Junior College Livestock Judging Contest. Team members are (left to right) Garza County Extension Agent John R. Senter, Kevin Hart, Jennifer Josey, Ryan Wulfjen, Aaron Cooper and Jarrett Bland.

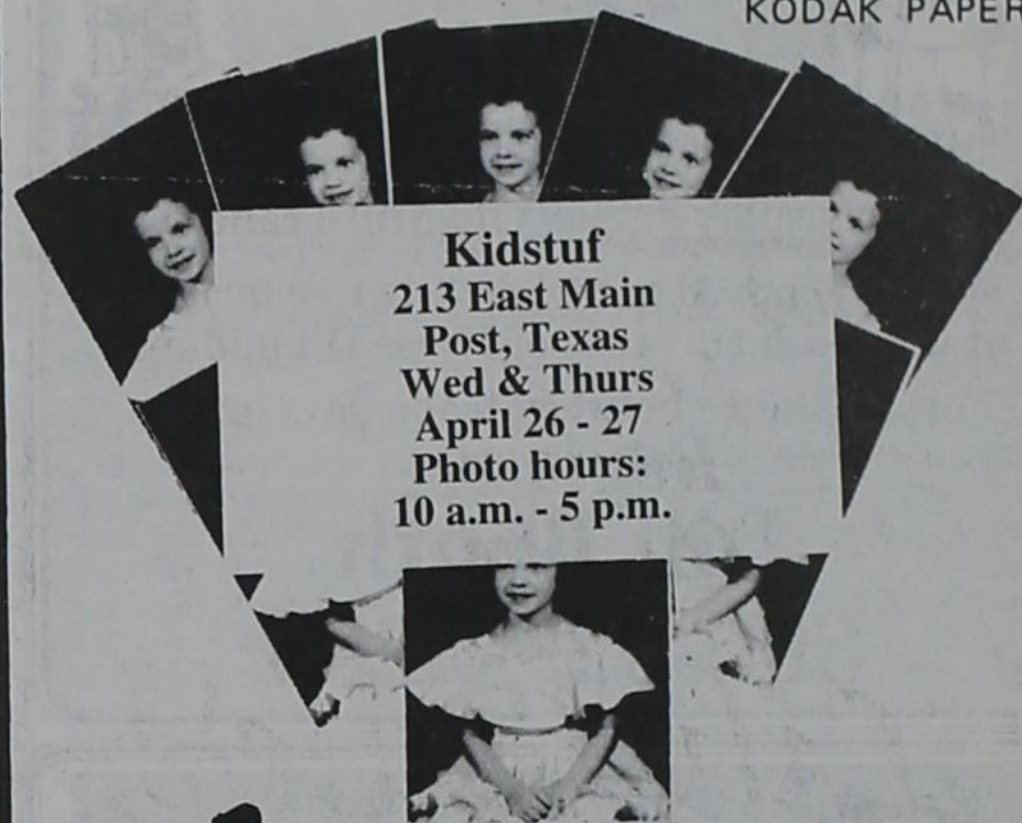
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Tax 'n Facts

by Terri S. Cash, CPA

Write off job-hunting costs

In a perfect world, everyone would have a terrific job. Even then, some folks would beout looking for a better one. What you should know is that you can deduct job-hunting costs, even if not successful.

The ground rules are these: you must be looking for a new job in the same trade or business you're in. Costs cannot be written off for first-job hunts or after long periods of unemployment.

You can deduct: the cost of producing and mailing resumes to prospective employers; the cost of newspapers or trade journals you buy for the want ads; fees of employment agencies and career counselors; costs incurred for courses to improve skills required in your field; travel expenses to job interviews; and even legal and accounting fees to check over employment contracts.

It's important to document all expenses, especially for out-of-town trips for interviews and for job hunts that don't pan out. Keep records of everything you spend and everyone you see.

You'll find the answers to your tax questions at:



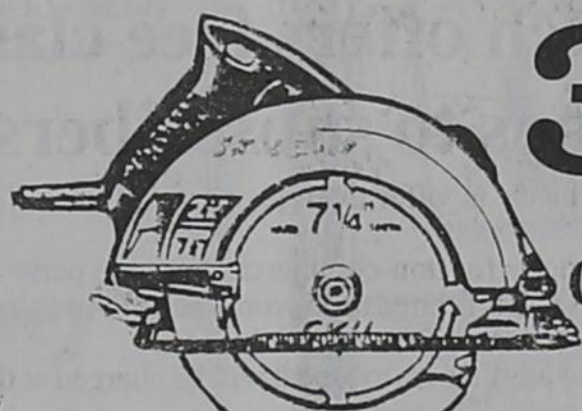
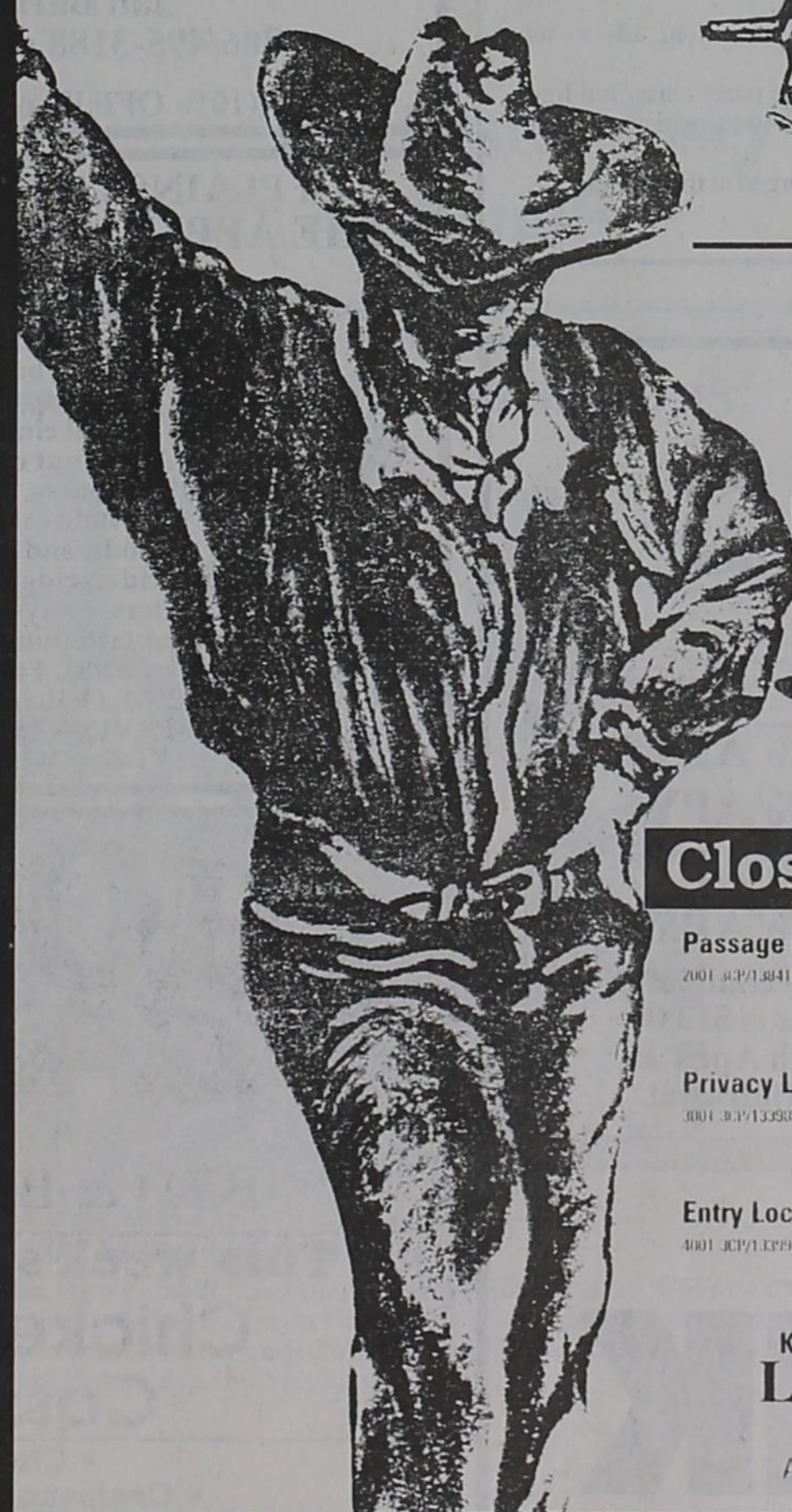
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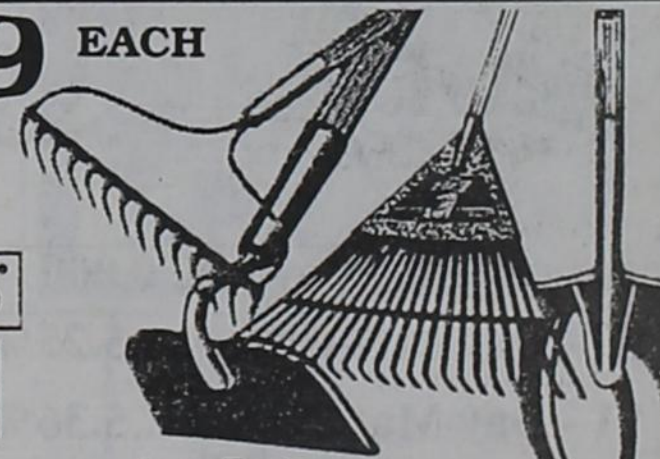


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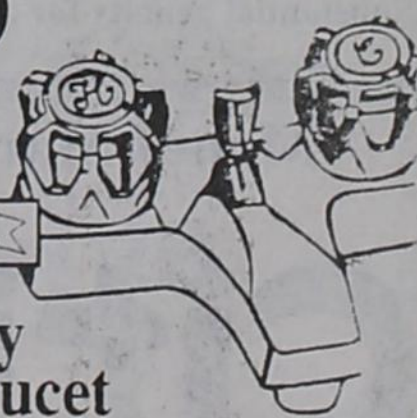


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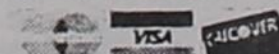


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Linda Puckett brings museum to life...

by Chip Morris
Texas Tech School of Mass Communications

The Post Museum is headed in a new direction, and fast. Linda Puckett, who took over as director in mid-February, has a lot of plans to have the interior of the limestone building remodeled by September, just in time for the Founder's Day Celebration.

In the meantime, the museum is now open Tuesday through Friday from 10 a.m. to noon and from 1 to 4 p.m. and during Old Mill Trade Days weekends. Renovating buildings is nothing new for Puckett.

"We, the Post Art Guild, under the leadership of then president (1983) JoAnn Mock, re-did the old Algerita Hotel and opened in 1984 as a wonderful art center. Our meager \$5,000 club savings served as our seed

money for the other \$45,000 that were raised through grants and donations, saving a historic building from demolition," Puckett said.

"This position sort of just fell into my lap when former Director Brenda Brown moved to Abilene. My predecessors have done an excellent job getting the museum re-opened. I'm very excited about this new challenge," Puckett said.

The museum already houses a variety of exhibits, such as the mammoth bones that occupy much of the first room following the main entrance. The bones, discovered by Bruce Ledbetter more than 20 years ago, are said to be the largest find according to paleontologist Joe Taylor of Crosbyton. The mammoth is said to have stood approximately 20 feet tall, Puckett said. The Indian room, which follows the

mammoth's resting place, is special to Puckett.

"My mother is Cherokee and I have always been in search of my history," Puckett said. "Three years ago I was given the Indian name Una Wahi, which in English means 'friendly eagle'," Puckett said.

Several of the items, including trade beads, a breast plate, and a war shirt, along with other artifacts, all have significant meanings and history. The trade beads, some of which are called Columbus beads because they were brought over to America on Columbus' maiden voyage in 1492, can be found on the breast plate which is made skillfully of bones and leather with a medicine wheel and an abalone shell crafted into it.

"Indians were attracted to anything that was shiny or sparkled. The war shirt has a pin which was probably taken from a white settler, possibly during a raid, that features the Wells Fargo inscription on it," Puckett said.

Also on display in the Indian room are records and artifacts dating back to 800 A.D. from the Garza archaeological site, which is 16 miles south of Post, and were dug up by Frank "Chief" Runkles and the S.P.A. Society in 1959, Puckett said.

As the hallway extends down the central corridor, one can find a law library housed in glass casings that was donated by Maxine Earl.

After the remodeling is complete, Puckett will provide a resource room complete with the law library and several research materials including a computer, copier and possibly a scanner. The room will be large enough for several people to do independent studies and can also be used as a meeting room, Puckett said.

"Most everything here has been donated to the museum, some are on loan. I really stress that folks consider placing their family heirlooms on loan. It's a difficult decision to 'give away' personal items. Then at a later date their children and grandchildren may want them back. I do think those items would be safer at the museum rather than being stored in a barn deteriorating. We will be keeping accurate records also," Puckett said.

The remainder of the downstairs exhibits specialize in important local figures, including the legendary C.W. Post, as well as rooms with specific themes.

"When all the work is done, I'd like to concentrate more on his (Post) writings. The room we have now just isn't large enough to house all of his artifacts. He was definitely a man before his time," Puckett said.

George Samson, the man who did the stone masonry on the Algerita Art Center and the museum, which was originally a sanitarium when it was erected in 1912, is also featured. A Scottish man by birth, Samson was hired by Post in order to help design Post City, Puckett said. Samson was very active in horticulture, and pictures of his work can be seen in the room designated to him.

The surgeons' room, currently located at the back of the building, is in honor of the Dr. D.C. Williams and Dr. Arnold C. Surman, who were hired directly from medical school by the

sanitarium founder and chief surgeon, Dr. A.R. Ponton, Puckett said. Several early 20th century surgical instruments can be found here, including a crude device that looks like a cross between pliers and a wrench that was used for pulling teeth.

"I want to recreate the old operating room exactly the way it was," Puckett said, pointing to a picture at the front of the hall of how the room once looked.

But, the original operating room is upstairs and will have to be renovated, Puckett said.

Other rooms which are open include a replica of a small church that is furnished with antique pews, a pipe organ, and hymnals. A fully decorated bedroom that contains many artifacts from the year 1913 sits at the end of the hall. The bedroom's contents include a quilt, bed, lamp, a pair of eyeglasses that have hair clips instead of ear rests, and a premodern curling iron.

"Back then they put the curling iron on the lamp to heat it up. It was an easy way to get burned," Puckett said.

There is also a parlor with an antique piano that was donated by Diane Cordson along with an old stereo and antique dishes that are as light as a feather, Puckett said.

The rooms that will be opening upstairs are quite numerous.

"We're going to have a doctor's office next to the operating room that will be dedicated to both Dr. Williams and Dr. Surman," Puckett said.

The Post Art Guild used to have a room that they met in on the second floor that is uniquely designed. There is a patchwork of assorted colors for the carpet and the long windows offer a pleasant view of Post. The guild will be remodeling that room as a memorial to deceased members, and will feature a permanent exhibit," Puckett said.

As the stairs give way to the second floor, Puckett has plans for installing swinging doors that will open up to the 19th century West. There will be a farm room, bunkhouse, millinery shop, and a cowboy room. Space permitting, Puckett said, she would also like to have a chicken house and an old saloon.

One obstacle, however, that faces the museum is that of the law requiring an elevator in buildings that are more than one-story along with a wheelchair ramp.

"The installation of the elevators is going to be very expensive. We're also looking at the option of installing a chair-lift on the stairs, but as for now we are still quite uncertain," Puckett said.

"I want to be able to write an affordable booklet to let the people know the extensive history this community has to offer," Puckett said.

The building was donated in 1967 to be a museum by families of Mr and Mrs Marshall Mason Sr., their son, Marshall Mason, Jr. and daughter, Mrs. James L. Minor.

The old sanitarium, full of tales and memories, is awaiting any who are interested and intrigued by all the history the building has to offer.

"A lady came in who was born here in 1916 and her father was the sheriff of Post in the 1920's," Puckett said. "Also, Catherine Cathcart was born, married, and had her honeymoon all in this building."



Linda Puckett has aggressive plans for the Garza County Museum and is currently involved in a major paint-up and spruce-up project. She assumed her new duties at the museum upon the departure of former director Brenda Brown, who moved to Abilene. (Photo by Chip Morris)



District 4A Golf Champions celebrating last Wednesday afternoon are (left to right) Tonya Harp, DeeJé Estep, Secret Bilbo, Christie Oden, Holly Hardin and Jill Stelzer. The varsity Lady Lope golf team won the district title following the second round tournament at Idalou. (Photo by Barbara Hardin)

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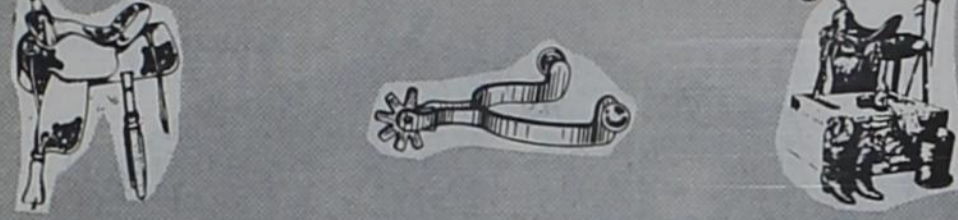
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Blue Bird Circle sets pace for volunteers

Wishing to be "bound together in a circle of love and good will," fifteen women formed Methodist's first volunteer group in the early 1920s. Today, the Blue Bird Circle has more than 600 members. One of them is Edith Park, a founding member who, at the age of 101, is still active in the group. "I love my work with the Blue Birds," she says, "because Methodist is such a good place to concentrate my volunteer efforts."

The Blue Bird Circle Clinic for Pediatric Neurology at Methodist is the project closest to the hearts of this special group of volunteers. Founded in 1949 on the premise that no child with a neurological disorder should go without medical care and treatment, it was the first pediatric neurology clinic in the South and one of only three in the country. Last year, the Blue Bird Circle contributed more than \$1 million to the clinic, funds that come from a thrift store located near downtown which bears the Blue Bird's name and a special Easter egg and basket project which keeps this "flock of volunteers" especially busy in the spring.

A second volunteer organization, The Methodist Hospital Auxiliary, was founded in 1928 and now boasts a membership of 400. This group generates funds for the hospital through Methodist's gift shop and the Auxiliary

Thrift Shop, but the biggest fundraiser is the annual Silver Tea and Bazaar. In 1994, gifts from the Auxiliary of more than \$75,000 were donated to the hospital for the purchase of much-needed medical equipment, a wheelchair compatible van and 15 rocking chairs for moms to use to lull Methodist's newest and tiniest "patients" to sleep.

Members of the hospital's third volunteer group, the Methodist Hospital Service Corps, literally wear their hearts on their sleeves. That's where you'll see the letters M.H.S.C., the Corps' motto, which also stands for ministering, helping, serving and caring. More than 200 volunteers proudly carry on the tradition which began in 1947 as they perform duties in 14 hospital departments. In fact, this group donated 17,500 hours of service to Methodist last year. Operation of a book cart for patients and visitors is just one of the ways this group helps spread smiles throughout the hospital.

You might say all of the volunteers, like Edith Park, have been a very special part of Methodist's 75-year tradition. "I thank the good Lord for all the blessings I've had," says Park, "and I want to repay him all the way. I just try to please Him every day and pay him back for my happy life."



Linda Merriott (left to right), Emily Hataway and Christy Morris debate the issue of matchmaking in this scene from the Garza Theatre production of "Fiddler on the Roof." The play concludes its popular run Sunday, April 23. (Photo by Charles Wallace)

Drug seizure money...

(Continued from Page 1)

Commissioner Lee Norman reported that there had been no response from the Post Economic Development Corp. regarding the proposed rental fee on the weight station building.

Attending the meeting were commissioners Royce Josey, John Valdez, Mason McClellan, Lee Norman, Judge Giles Dalby, clerk Sonny Gossett and treasurer Ruth Ann Young.

AGRIFACTS

SPINACH

Spinach is grown primarily in the Texas Winter Garden, an area west of San Antonio. This year's harvest of 10 million pounds was less than half of last year's crop. Diseases were rampant early in the season, devastating the fall crop.



1994 Texas Spinach Production

| | |
|------------------------|---------------|
| Rank in U.S. | #4 |
| Acres harvested | 2,800 |
| Total production value | \$2.8 million |



Source: Texas Agricultural Statistics Service and the Texas Agricultural Extension Service
Graphic: Agricultural Communications, The Texas A&M University System

Not much action reported by Sheriff

Could have been the Easter weekend, but Sheriff Kenny Ratke said Monday that "it was really a fairly quiet week."

No arrests were made in connection with a theft of service reported Friday, April 14. Deputies responded at 1:27 p.m. to a call from the Pizza Hut about a group of young men who raced out of the restaurant without paying their bill.

Deputies headed south on U.S. Hwy 84, searching for the pickup truck which Pizza Hut employees identified. Approximately 30 minutes later the vehicle was stopped by Scurry County law enforcement officers, and Garza County deputies followed the vehicle back to Post. "They are now driving the speed limit," the deputy said on his radio report.

Ratke said the young men were allowed to make restitution and continued on their Easter vacation.

April 11 deputies arrested a 17 year old female for a Class C assault by threat. The juvenile was released on a \$200 cash bond.

April 12 Sergio Lopez was charged with felony DWI and released on a \$5,000 bond.

Ratke said that the department responded to 65 calls during the past week.



McCarthy/AMERICAN GLOBE NEWS/CREATION SYNDICATE



Eighth Grade Girls' Track

(back row, left to right) Monica Guerrero, Veronica Peña, Olga Torres, Amber Baker, (second row from back) Jennifer Josey, Kendly Jefferson, Kristen Webb, Pam Chapman, (third row from back) Rachel Reiter, Casey Hardin, Hannah Jefferson, Rachelle Jones, Tasha Gilbert, Shanna Pennell, (front row) Becca Stelzer, Jennifer Strawn, Flora Gomez and Jammie Lawrence.



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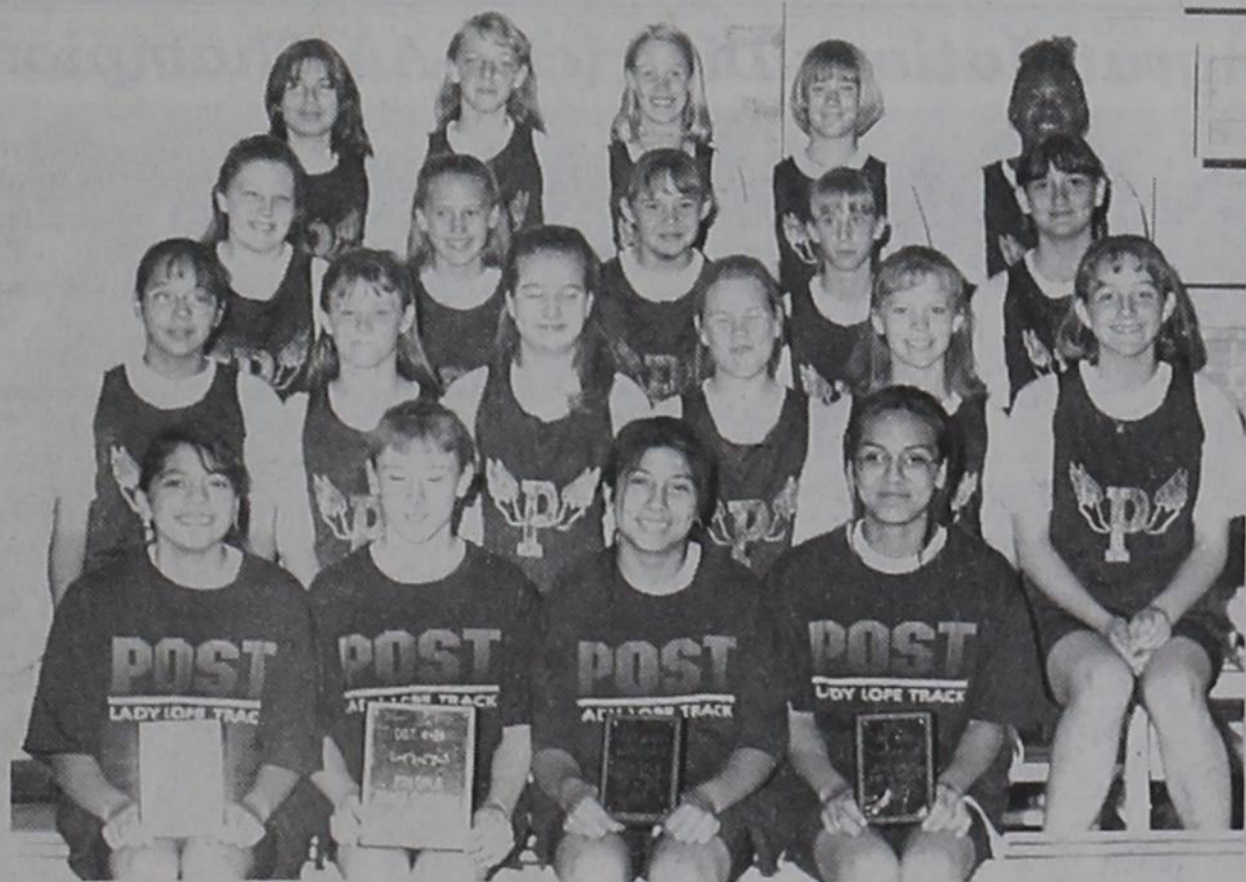
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Seventh Grade Girls' Track

(back row, left to right) April Abraham, Kerry Cahill, Courtney Bratcher, Kelli Collier, Channa Cruse, (second row from back) Erin Gregory, Amanda Leary, Gayla Huff, Kelci Hart, Keisha Holly, (third row from back) Becky Garza, Amy Little, Lauren Webb, Camie Payne, Candi Reed, Callie Johnson, (front row) Angela Trevino, Amy Line, Selicia Hernandez and Stephanie Looney.



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State Capital



HIGHLIGHTS

By Lyndell Williams & Ed Sterling
TEXAS PRESS ASSOCIATION

AUSTIN — The Texas House approved a bill that would retool the state's welfare system and establish alimony.

Rep. Harvey Hilderbran, R-Kerrville, said his bill creates time limits, requires responsibility in work and clamps down on benefits for those who have children out of wedlock while on welfare.

State Comptroller John Sharp praised Hilderbran's bill, saying the measure would "free Texas taxpayers from the upward spiral of public assistance costs and needy Texans from the downward cycle of dependency." Sharp's office helped develop the legislation.

Hilderbran's bill would:

- Require welfare recipients to work;
- Limit cash benefits paid under Aid to Families With Dependent Children; and
- Set a time limit on receiving AFDC benefits.

The bill moves on to the Senate, where a companion bill is being considered. The measure is expected to be fine-tuned in a House-Senate conference committee before the end of the legislative session.

Sen. Judith Zaffirini, D-Laredo, sponsor of the companion bill, said she would not object if an alimony amendment were added to the bill. Alimony bills have gained Senate approval during each of the past five legislative sessions, but each has failed in the House.

In the House bill, courts would be allowed to order payments to either spouse in a divorce case, provided they were married at least 10 years and the spouse seeking payments lacked the means to meet minimum needs.

Making Deadbeats Pay

The importance of being earnest about parental duties rose again in bills sponsored by Sen. Chris Harris, R-Arlington, which passed without debate in the Senate last week.

The bills would apply to a parent who is at least 90 days behind in paying child support, and who has failed to make good on past-due support under a payment plan, he said.

Judges presently only have the authority to jail non-paying parents, and this bill gives them an option, Harris added.

Drug Board Belly-Up

State legislators last week recommended dissolving the Texas Commission on Drug and Alcohol

Abuse due to "gross mismanagement, waste and possible theft" of public funds.

Members of the House and Senate Investigative Committees voted 9-0 for receivership after Col. James Wilson, director of the Department of Public Safety told them that conditions at the agency warrant the move.

The agency which funds hundreds of local drug and alcohol treatment providers serves more than 61,000 Texans, employs 271 people and has an annual budget of about \$186 million.

In a letter to Gov. George W. Bush, Wilson noted an "absence of fiscal and management controls" in the agency and that audits of 23 treatment providers reveal widespread noncompliance with TCADA contracts.

The next step takes place this week, when the Legislative Audit Committee votes on the recommendation. If the committee votes in favor of receivership, the recommendation would be sent on to Gov. Bush for approval.

Budget Shuffling Begins

House and Senate members put their heads together last week, beginning the work in conference committee to find common ground on a state appropriations bill for 1996-97.

The Senate-approved version of the state budget, totaling \$80.2 billion, would pump more money into education and welfare, while the House's more conservative spending bill would come to \$77.6 billion and dedicate more funding to the criminal justice system.

Senate Finance Committee Chairman John Montford, D-Lubbock, conceded, "I am sure we are going to have to come down some."

Bush Snaps Back at EPA

If there was ever any doubt of Gov. Bush's belief that Texas can do a better job of regulating itself than the federal government, it was erased last week.

Bush didn't take kindly to an EPA official's unsolicited comment regarding Texas' vehicle emissions testing program.

When Mary Nichols, the Environmental Protection Agency's assistant administrator for air and radiation, sent him a letter warning that an emissions-testing bill pending in the state Senate would not meet federal law, the governor fired back a letter saying it was "uncalled for and totally inappropriate ... for a federal agency to inject itself into our state legislative debate."

Other Highlights

■ The Senate approved a bill allowing doctors and dentists to make credit contracts with patients and charge up to 18 percent interest. The bill by Sen. Frank Madla, D-San Antonio, has moved to the House for consideration.

■ A bill requiring state health officials to notify, with or without consent, the partner of a person with the AIDS virus, has been tentatively approved by the House. The measure is by Rep. Paul Sadler, D-Henderson.

Rainfall shortage troubles high plains cotton growers

Lack of rainfall and a declining water table pose problems for cotton growers on the Texas High Plains as they begin preparing their fields for planting. Some 6.4 million acres of cotton are expected to be planted in Texas this year, with some 4 million of that on the High Plains.

Since Jan. 1, the 25-county area around Lubbock which annually produces about half of the state's cotton has received less than an inch of rain. Lubbock has recorded only 0.97 inches of precipitation — about half its long-term average for the first three months of a year.

Combined with the below-average precipitation last year, fields are without adequate subsoil moisture for planting and for a good growing season, said Kater Hake, cotton agronomist with the Texas Agricultural Extension Service.

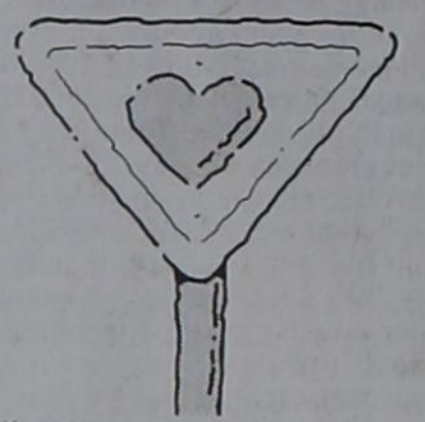
"Fields without some deep water could suffer severe loss if July rains (during the peak of the growing season) aren't timely," Hake said. Some farmers who irrigate from wells are running into problems as they water

fields in preparation for planting in the next few weeks, he noted.

"Well capacity is down substantially from 1994, and many wells are pumping dry during the prewatering," Hake said. He said that the High Plains Underground Water Conservation District Number One reports that the average pumping depth dropped about two feet from last year. The water district noted that the year before, the average water depth dropped one foot, while the 10-year average annual decline has been half a foot.

"Although producers are working their fields, applying herbicides and prewatering, conditions are less than optimum," Hake said. He noted that high winds and unusually high temperatures are resulting in evaporation losses of pre-plant irrigation water.

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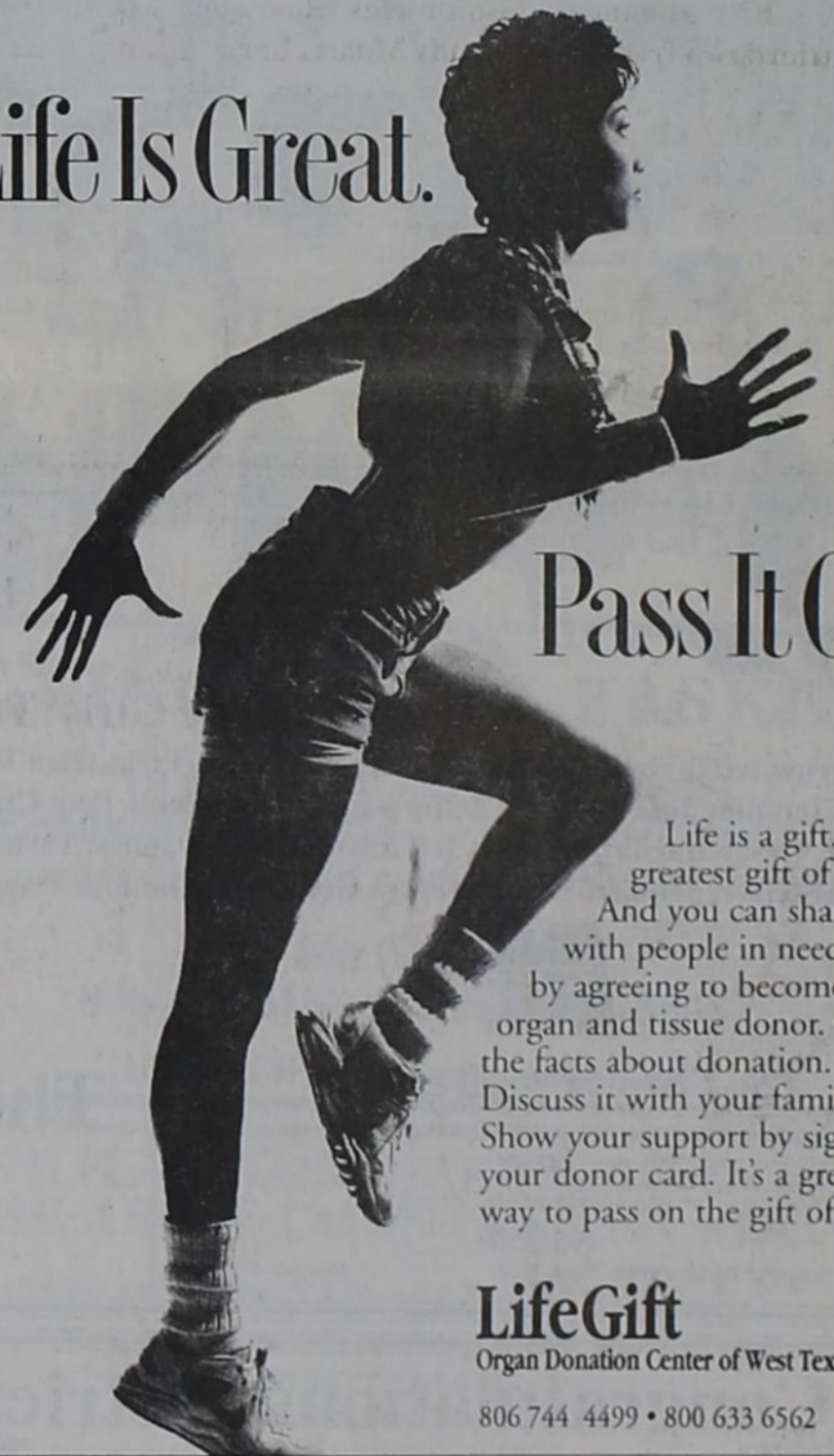
To The Nth Degree™

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216 West Main Street
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Life is a gift. The greatest gift of all. And you can share life with people in need, just by agreeing to become an organ and tissue donor. Get the facts about donation. Discuss it with your family. Show your support by signing your donor card. It's a great way to pass on the gift of life!

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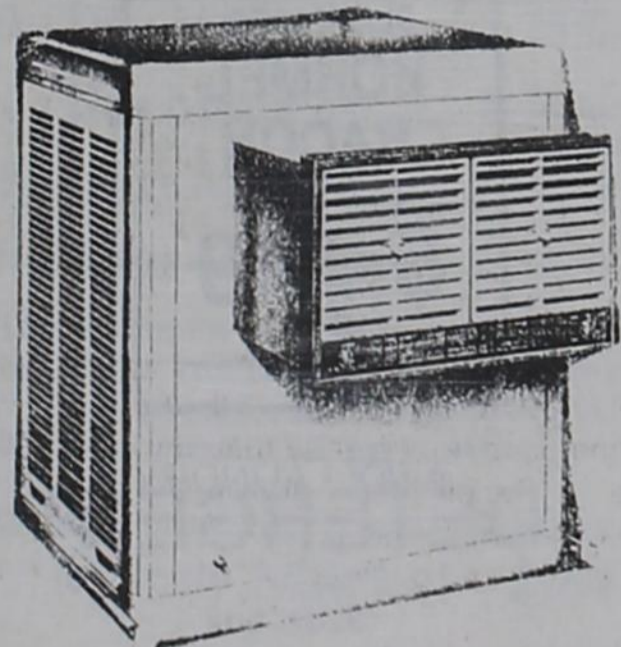
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495-2816

Spring is here! Which means summer is on the way! Get ready now for those hot, dry days with cool air from Hudman's

ARVIN home air conditioners...



Keep your home cool and comfortable this summer with good air conditioning from Hudman Furniture. We have a large selection of Arvin coolers in stock, ready for immediate delivery.

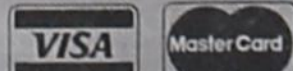
starting as low as **259⁹⁵**

Financing and installation available

Your Credit Is Good

Hudman Furniture Co.

301 E. Main



495-2615

Congratulations District 4-AA Champions



Junior Varsity Boys' Track Team

(back row, left to right) Steve Gonzales, Eric Lopez, Paul Perez, Jamie Hernandez, Israel Aranda, Homer Gomez, coach Bart McMeans, (front row) Roy Perez, Michael Sanchez, Orlando Castillo, Joseph DeLosReyes, Anthony Flores, Anthony Gomez and Brad Holbert.



OPEN EVERY DAY 6 a.m. to MIDNIGHT
405 N. Broadway 495-3794

South Plains Answering Service

495-3069

Libertarian Party of Dallas County distributes \$1,000,000 bills to late tax filers

The Libertarian Party of Dallas County handed out \$1,000,000 bills to late income-tax filers at the Main Post Office, Monday evening in Dallas.

"Well, not really million-dollar bills," admitted Vicki Flores, Interim Chair of Dallas County Libertarian Party. "We wish they were because no matter how hard Americans strive to achieve the American Dream the government manages to redistribute individual wealth to someone else who has exchanged nothing in return or to someone that has produced less or nothing at all."

The mock money points out that every five seconds the Federal bureaucracy spends One Million Dollars; Twelve Million Dollars every minute. That's more than One and a Half Trillion Dollars every year.

"This year's rally is particularly significant with the passing of the 100th anniversary marking the U.S. Supreme Court's declaration that the income tax was unconstitutional," said Ms. Flores. "April 17 is the day the anger of Americans at politicians becomes

most apparent. It's the day when they can see the fruits of their labor being confiscated and squandered by big government and when many come to realize that income tax is just a method for politicians to steal from them."

Professor Walter Williams made the same point at the 104th Congress AA Orientation, hosted by the Center for Market Processes, (December 9-10, 1994). He stated that today the federal government spends more than \$4 billion per day! That comes to more than \$6,000 per year per person or, controlling for inflation a 9,000 percent increase in federal spending between 1929 and today. Doctor Williams continued, saying, the colonists, who were paying about 67 cents a year in taxes, went to war with Great Britain claiming, "Taxation without representation is tyranny."

"Do rallies like this do any good?" "Of course," stated the LPDC Chair, Flores. "Only a few years ago we were ridiculed in the media for making assertions that the IRS system should be abolished and predicted that the

nation would come to realize libertarian ideas should prevail. This last campaign season produced a Republican who bought radio program time to advance a campaign promising to abolish the IRS. Presently, Republican Bill Archer, (R), Rep. U.S. House, is now spearheading a major campaign in the House to abolish the IRS and the income tax. He has a substantial following from both members of congress and the public. Even this week's public television program The MacGlauphin Group saw a rarely occurring bout of moral conscience and insight with a panelist advancing that it was time to end the reign of the IRS Gestapo.

Chairman Vicki Flores continued, "So why is there this sudden change of political conscience? It happened because libertarians were willing to take the moral high ground, as did the Founders, and be continually ridiculed for their intellectual stand in the defense of liberty over the past two decades. But there is no real change in political conscience among the entrenched politicians, only an opportunity to take advantage of a reawakening of the intrinsic human desire for liberty. To them it is simply an opportunity to cash in on what appears to be a popular theme. Hopefully this windfall of the power-lusters will blow up in their face and Americans will come to realize

it's not America they want to take back, but their individual liberty. Should Americans happen to wake from their hundred-year sleep and demand their liberty back, we will see an immediate reversal of positions of these sunshine patriots who now claim that they will get government out of our lives."

For now, however, we await the coming of the thieves to steal from us the fruits of our labor as they do each April and whom our Supreme Court has labeled as robbers.

"To lay with on hand the power of the government on property of the citizen and with the other to bestow it upon favored individuals to aid private enterprises and build up private fortunes is none the less a robbery because it is done under the forms of law and is called taxation."

U.S. Supreme Court Savings and Loan Association v. Topeka, (1875).

Stamp hike to pay for 'image' ads?

The Postal Service is spending thousands of dollars on a new "image" ad campaign for its monopoly service — raising questions about why its customers are paying \$3 billion a year in higher first class mail rates.

Those questions were fired today by the Coalition to Make Our First Class Mail First Class as the new ads appeared in newspapers.

The ads have a headline that states "If it surprises you that the U.S. Postal Service is not funded by tax dollars, join the crowd."

"If it surprises you that the U.S. Postal Service is wasting money, you must not have dealt with them much," Scott Macdonald, communications director for the coalition, shot back.

"First class mail is a monopoly. Millions of Americans are prohibited by federal law from sending mail by any other means."

"Why does the Postal Service need to spend thousands of dollars on ads to promote something we can't avoid — even if we want to?"

"Surely this money would be better spent on finding ways to improve on-time deliveries that continually fall well below Postal Service's stated standards."

Macdonald called the ads "the latest example of a long list of Postal Service waste and inefficiency that includes huge bonuses for executives while the agency ran up nearly a billion-dollar deficit, million-dollar mistakes on stamps honoring various Americans and rope-climbing junkets to Florida in the name of improving teamwork."

Edward Gleiman, chairman of the independent Postal Rate Commission charged with overseeing the rates charged by the Postal Service, criticized the agency's feel-good advertising last fall.

"Coming on top of the rate increase, people are going to scratch their heads and wonder why this money is being spent and ask if this is wasteful," Gleiman told the Washington Post.

The coalition called on the Postal Service to stop wasting money on feel-good advertisements and, instead, concentrate on delivering mail on time.

The Coalition to Make Our First Class Mail First Class has more than 150 member-organizations that represent more than 150 member-organizations that represent more than five million businesses and individuals. Its members include the Association of Retired Americans, American Farm Bureau Federation, National Minority Business Council, National Association of Realtors, American Small Business Association, National Federation of the Blind and the National Council of Senior Citizens.

Dispatch offers free classified ads to subscribers

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Girl Scout leader Jaquita Blevins (right) congratulates Laura Tobias on her top Girl Scout cookie sale award during the annual Father-Daughter Girl Scout banquet.



Giles McCrary received a special award for his continuous service to the Caprock Girl Scout Council during last week's annual Father-Daughter banquet. Girl Scout leader Jaquita Blevins presented the award.

Girl Scouts hold annual Father-Daughter banquet

by Carol Tobias

Post Girl Scouts held their annual Father-Daughter banquet last Monday evening with the undersea theme "The Incredible Voyage". Mistress of Ceremonies was Caprock Council Executive Director Kimberly Bradford assisted by her husband, both avid sailors. Other special guests included Katherine Trammel, Mr. and Mrs. Giles McCrary, Caprock Representative Rancee Parker and friend Mark Sims, and Mr. and Mrs. Jim Jackson.

The evening began with a flag ceremony by Kerri Cahill, Naomi Gonzales, and Laura Tobias. Grace was then led by Troop 35 and 294 before the meal catered by Chaparral restaurant.

Entertainment for the evening was provided by each troop followed by presentation of their earned badges and year stars:

Troops 35 and 294: leader Julie Gonzales; "The Incredible Whale". Troop 276: leader Kristy Rutherford, "The Three Suckers".

Troop 104: leader Dede Smith, "The Three Little Fish".

Troops 69 and 388: leader Jaquita Blevins, "The Ship Wreck Switch".

Troop 47: leader Carol Tobias, "Ghost Ship and 'Princess Pat'".

Troop 162: leader Shawna Crane, "In My Pocket".

Troop 363: leader Shelly Odum, "Day-O".

Special awards were then presented by Jaquita Blevins. Giles McCrary was recognized for his many years of support to Girl Scouting with an Appreciation Award plaque from the Caprock Council. Other awards presented were this year's top cookie sellers: Brownie's, Starlett Greathouse; Junior, Laura Tobias; Cadette, Sharla Cruse. Jaquita also presented Sharla

with her Silver Award and announced that she had been accepted to participate in an International Wider Opportunity in Norway next summer. Jennifer Hubble was also honored with her ten year pin.

Troop awards were presented as well in the contest the girls had been working on since last fall—keeping the Scout House clean and orderly. Taking first place was Troops 35 and 294; second place, Troop 47; 3rd place, Troop 162; and 4th place, Troop 104.



Sharla Cruse was recognized for her accomplishments at the Father-Daughter Girl Scout banquet. Sharla will be traveling to Norway this summer on a special Girl Scout program.

Congratulations District Champions!



Seventh Grade Boys' Track

(back row, left to right) Jarrett Bland, Mike Saldivar, Dominic Pequeño, Billy Crawford, Adrian Gonzales, Luis Leos, Matthew Ledbetter, Scotty Gaydos, (second row from back) Josh Fumagalli, Marc McClain, Eric Montañez, Jason Fields, Raymond Jefferson, Brandon Conner, Chris Saldivar, R.T. Todd, (third row from back) Randy Moore, Larry Young, Luke Williams, Ruben Gomez, Beau Britnell, Will McReynolds, Raymond Silva, (front row) Jason Howard, Adam Guerrero, Joseph Martinez, Marcus Lopez, Johnny Jefferson, Rocky Gomez, John Radle and Matthew McCallister.

Triple M Pump & Supply
495-3503

T&G Welding

629-4472

Lee Norman



Eighth Grade Boys' Track

(back row, left to right) Jeremy Aguilar, T.J. Gaydos, Roy Soto, Matt Cooper, J.C. Stelzer, Joe Don Schoonover, Michael Felts, Jeremy Abraham, (second row from back) Jared Pittman, Andrew Martinez, Charlie Bell, Todd Holbert, Steven Aguilar, Clell Knight, Tim Quintana, Ronnie Eaton, Isaac Perez, (third row from back) Derreck Cowley, Rodrigo Ceja, Clay Ashley, Joey Ward, Joseph Abraham, Mickey Collazo, Tyler Wimmer, Brent Justice, Andy Martinez, (front row) Terry Foster, Monty Humble, Jason Hair, John Benham, Josh Bustoz, Daniel Fluitt, Mike Martinez, Frank Reyna and Bobby Reiter.



Isaac's Welding

495-2369

Extra-long dog. Extra-low price!

The DQ Extra-long Hot Dog
It's top dog on the DQ 99¢ Value Menu.
The only Value Menu with 99¢ Treats and 99¢ Eats, all day, every day!

99¢
DQ VALUE MENU

AGRIFACTS

PEACHES

Peaches are grown in many areas of Texas, but the Hill Country is widely known for the fruit's high quality and abundance. Orchards featuring early-maturing, low-chill varieties are making it profitable to grow peaches deeper into South Texas. Low chill peaches are those that need fewer hours of less than 40 degrees to mature and sweeten.

| 1994 Texas Peach Production | |
|---|----------------------------------|
| Rank in U.S. #10 | 1% Texas 99% all other states |
| Pounds harvested 14.9 million | |
| Total production value \$5.8 million | Total U.S. Production |

Source: Texas Agricultural Statistics Service and the Texas Agricultural Extension Service Graphic, Agricultural Communications, The Texas A&M University System

Sports

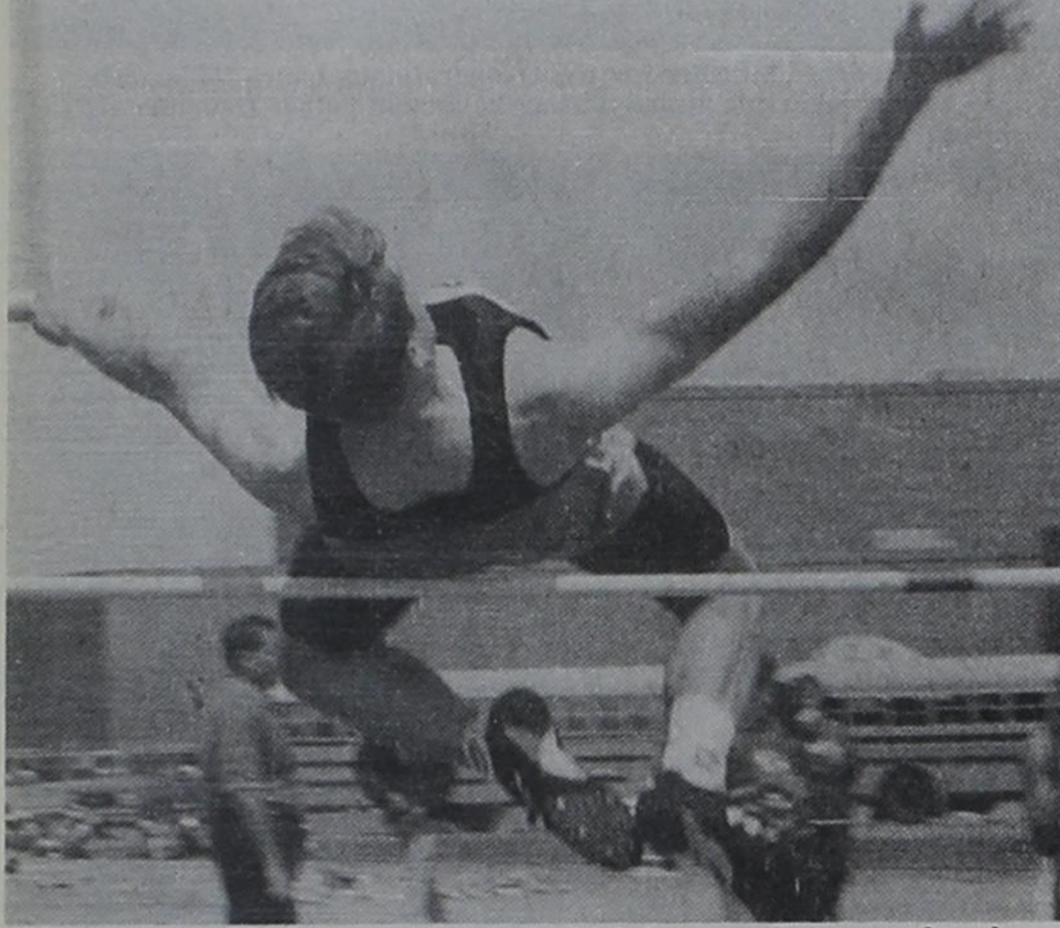
Antelope varsity wins District 4AA track championship

Scoring a total of 137 points, the Post Antelope varsity track team "walked" away with the District 4AA championship trophy following last Thursday's competition at Seagraves.

A host of regional qualifiers will advance to the regional competition in Abilene April 28 and 29. First and second place finishers at district will advance to the regional meet. The exception to this rule was a third place finish by Josh Grisham in the 110 meter hurdles due a "no-pass, no-play" disqualification for the second place winner.

One surprise at the district meet was Cody Bain's second place finish in the high jump. He had not competed in this event since his freshman year, and had only begun practice on Tuesday.

A sad note at the district meet was the injury Javier Saldivar suffered when he struck his knee against the concrete edge at the long jump pit. He had won first place in the triple jump, but after being rushed to the hospital in Seminole, coach Lane Tannehill says it is doubtful that Saldivar will be able to compete this year.



Cody Bain springs over the bar in the high jump to place second at the district meet. He is practicing this week for the regional competition in Abilene.

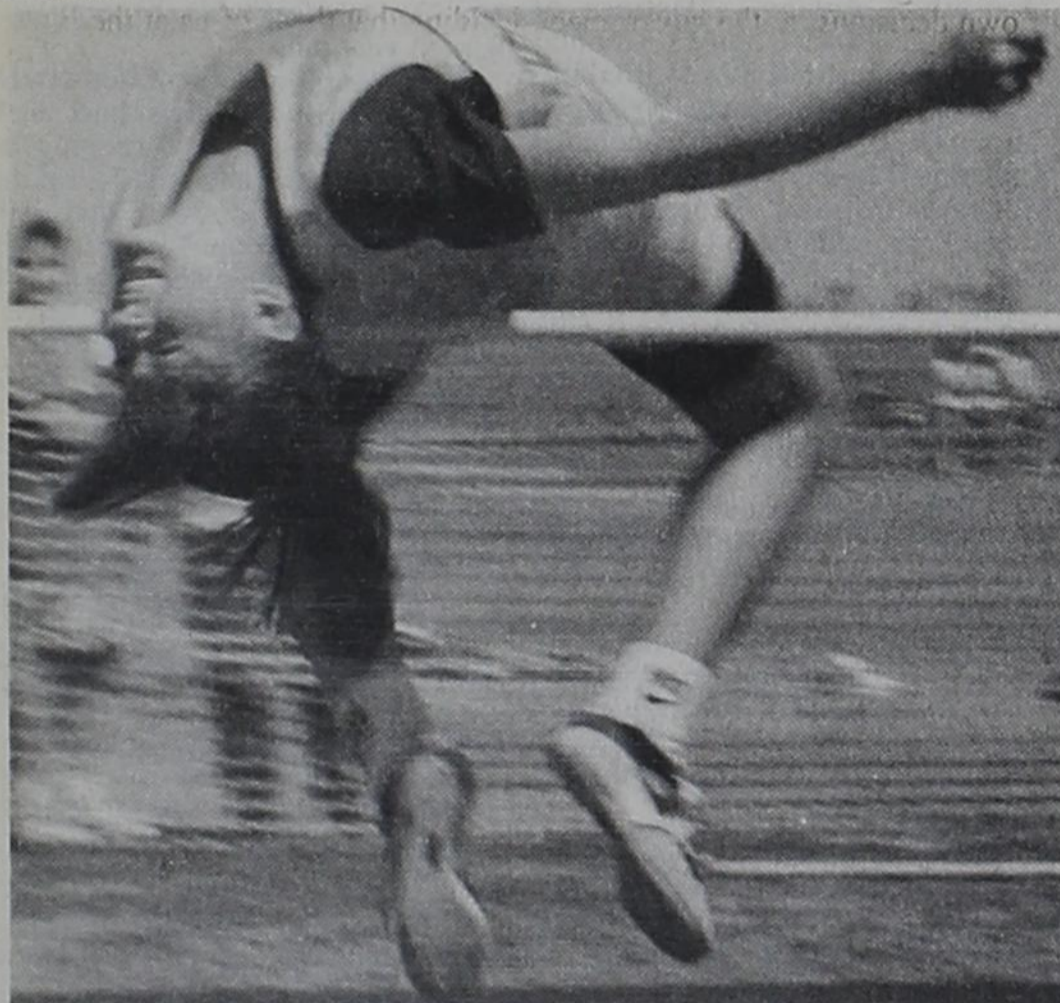
Lady Lopes win District 4AA golf championship

The Post Lady Lope golf team captured the District 4AA championship following last week's second round of play at Idalou. The PHS girls scored a combined 788 in the tournament, easily outpacing second place Idalou at 1014 and Sundown at 1018.

Jill Stelzer was named first medalist in the final round with a 93, followed by Holly Hardin as third medalist with a 99.

DeJé Estep scored a 102, Tonya Harp finished with a 103, Christie Oden followed with 123 and Secret Bilbo completed the team scoring with 128.

The team will advance to regional competition, slated for April 27 and 28 in Abilene.



Amber Cooper slips over the bar in the high jump at the district track meet. She placed second to advance to the regional competition.

'Lope baseball team still in the hunt for district title

Chip Morris
Texas Tech School of Mass
Communications

The Post High School Antelope baseball team has quite an impressive stat sheet for the 1995 season. With 14 wins under their belts and only six losses, mostly attributable to errors, the Antelopes are still in contention for post-season play.

The team together is batting .255 with 72 hits in 282 trips to the plate. Four batters are hitting over .300 with David Perez leading the pack with 14 hits in 34 at bats and a .412 batting average, followed by M. Zubia at .379, Pennell at .321, and J. Terry at .318.

The runs are being driven in all across the boards, but Flores leads the hunt with getting runners in when they're on base with 7 R.B.I.'s. J. Terry is close behind with 6 R.B.I.'s and both combined share half of the Antelope home runs with one a piece. Gonzales and D. Perez share the honors of the other two long balls.

The Antelopes have crossed home plate a total of 60 times and D. Perez is responsible for more than 1/5 of those runs with 13. M. Zubia, with 10 runs, Pennell with 8, in addition to D. Perez are accountable for over 1/2 of the Antelope runs.

D. Perez single handedly has 6 of the Antelopes 12 doubles, while no one has yet hit a three bagger during the season.

The solid pitching staff is another key contribution to the success of the Antelopes this year. In 40 innings pitched, D. Perez has a very respectable 1.9 E.R.A. (Earned Run Average) averaging more than a strikeout per inning with 48 and only 23 bases on balls. Flores and Josey have a 3.7 and 4.2 E.R.A. respectively with 18 strikeouts between them. The three pitchers combined have a 2.67 E.R.A. with just 24 earned runs in a total of 63 innings pitched.

The fielding percentage of the team is at .854 with 189 put outs, 128 attempts, and 54 errors. Four fielders have better than a .900 fielding percentage on the defensive side of the ball who are D. Perez at .962 with 58 put outs, 19 attempts and just 3 errors, R. Perez with a .957 percentage in 64 attempts and 3 errors, S. Zubia with a .944 and only 3 errors, and Josey with just 2 errors and a .905 percentage.

Post sports schedule

Friday, April 21
5 p.m. High School baseball at Tahoka.
Regional qualifiers track meet at Abernathy.

Tuesday, April 25
5 p.m. High School baseball at Idalou.

District Meet Results

First Place
Saul Martinez, Corey Cruse, Freddy Peña and Alvin Reed, 400 meter relay, 44.57.

Saul Martinez, 100 meter dash, 10.69.
Brad Lawson, 400 meter dash, 50.0.
Brad Lawson, 200 meter dash, 22.77.

Corey Cruse, Cody Bain, Paul Arausa and Brad Lawson, 1600 meter relay, 3:29.4.
Javier Saldivar, triple jump, 40' 4 1/2".

Second Place
Corey Cruse, 400 meter dash, 52.19.
Saul Martinez, 200 meter dash, 23.15.
Cody Bain, high jump, 6'.

Third Place
Josh Grisham, 110 meter hurdles, 16.19.
Javier Saldivar, long jump, 19' 8 1/4".

Fourth Place
B.J. Hart, 3200 meter run, 11:28.45.
Alvin Reed, 100 meter dash, 11.22.
Josh Grisham, 300 meter intermediate hurdles, 44.63.
Ray Perez, shot put, 46'.

Fifth Place
Chris Ashley, 110 meter hurdles, 16.68.
Ray Perez, discus, 116' 5".

J.V. boys win district meet at Seagraves

The Post junior varsity boys' track team took first place in last Thursday's District 4AA track meet at Seagraves, finishing with 163 points. Sundown followed in second with 155.

District Meet Results

First Place
Steve Gonzales, long jump, 18'.
Steve Gonzales, Sam Woods, Anthony Gomez and Anthony Flores, 400 meter relay, 47.81.

Todd Holbert, 800 meter run, 2:19.37.
Sam Woods, 100 meter hurdles, 16.93.
Todd Holbert, 1600 meter run, 5:43.86.

Second Place
Anthony Flores, high jump, 5' 2".
Jamie Hernandez, triple jump, 35' 5".
Seth Pennell, 800 meter run, 2:23.43.
Ray Perez, 200 meter dash, 25.60.
Seth Pennell, 1600 meter run.

Third Place
Anthony Flores, long jump, 17' 3".
Ray Perez, 3200 meter run, 12:53.25.
Ray Perez, 800 meter run, 2:25.60.
Jamie Hernandez, 100 meter hurdles, 18.02.
Steve Gonzales, 100 meter dash, 11.98.

Fourth Place
Homer Gomez, John Paul Perez, Israel Perez and Orlando Castillo, 1600 meter relay, 3:56.22.
Sam Woods, triple jump, 34' 4".
Israel Perez, 400 meter dash, 56.52.
Sam Woods, 300 meter hurdles, 47.79.

Fifth Place
Anthony Flores, 100 meter dash, 12.16.
Orlando Castillo, 400 meter dash, 57.44.

Sixth Place
Orlando Castillo, high jump, 4' 10".
Steve Gonzales, 200 meter dash, 26.26.



Saul Martinez rips across the finish line to win the 100 meter dash for the Antelopes. (Photo by Tim Burnett)

Sixth Place
Freddy Peña, 100 meter dash.
"These kids competed extremely well!" coach Tannehill exclaimed, "after Javier injured his knee, the team really turned up the heat and got after it! We're very disappointed for Javier, because he was such an important part of our track team," the coach added.



Chelisa Williams placed second in the 800 meter run to advance to the regional meet. In this photo she is finishing the 1600 meter run. (Photo by Tim Burnett)



Cody Bain (left) takes the baton from Corey Cruse on the way to a first place finish for the Antelope 400 meter relay team. (Photo by Tim Burnett)



Paul Arausa (left) takes the baton from Cody Bain in the 1600 meter relay. Arausa was called into action for the event following the injury to Javier Saldivar. The Lopes won the relay and will advance to the regional competition in Abilene next week. (Photo by Tim Burnett)



Chelisa Williams (left) takes the baton from Falcia Jefferson in the 800 meter relay. The Lady Lopes took first place in the event. (Photo by Tim Burnett)

Lady Lopes take second at District meet, regionals next

The Post Lady Lope track team will compete in eight events at the regional track meet in Abilene next week, following action at last Thursday's District 4AA meet in Seagraves.

District Meet Results

First Place
Tiffany Steel, Amber Cooper, Angela Jefferson and Chelisa Williams; 400 meter relay, 51.69.
Tiffany Steel, 100 meter dash, 12.50.
Steel, Tammy Jefferson, Falcia Jefferson and Chelisa Williams; 800 meter relay, 1:51.12.
Chelisa Williams, 200 meter dash, 27.75.

Second Place
Amber Cooper, high jump, 5' 2".
Sharla Cruse, discus, 98' 6".
Sharla Cruse, shot put, 34' 1 1/4".
Alidia Marin, 800 meter run, 2:41.33.

Third Place
Christie Oden, discus, 97' 6".
Christie Oden, shot put, 33".
Tammy Jefferson, 200 meter dash, 28.84.
Tiffany Steel, long jump, 15' 9".

Fourth Place
Nikki Pollard, discus, 88' 6".
Nicole Cruse, shot put, 31' 11".
Melissa Williams, 200 meter dash, 29.43.

Fifth Place
Katina Davis, 100 meter hurdles, 17.09.

Sixth Place
Falcia Jefferson, 100 meter dash, 13.25.
Jodi Hawkins, 100 meter hurdles, 17.16.



Chelisa Williams finishes in first place for the Lady Lopes in the 400 meter relay.



Brad Lawson brings the baton across the finish line for the Lopes for a first place finish in the 400 meter relay. (Photo by Tim Burnett)

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Wesley W. Burnett, Publisher

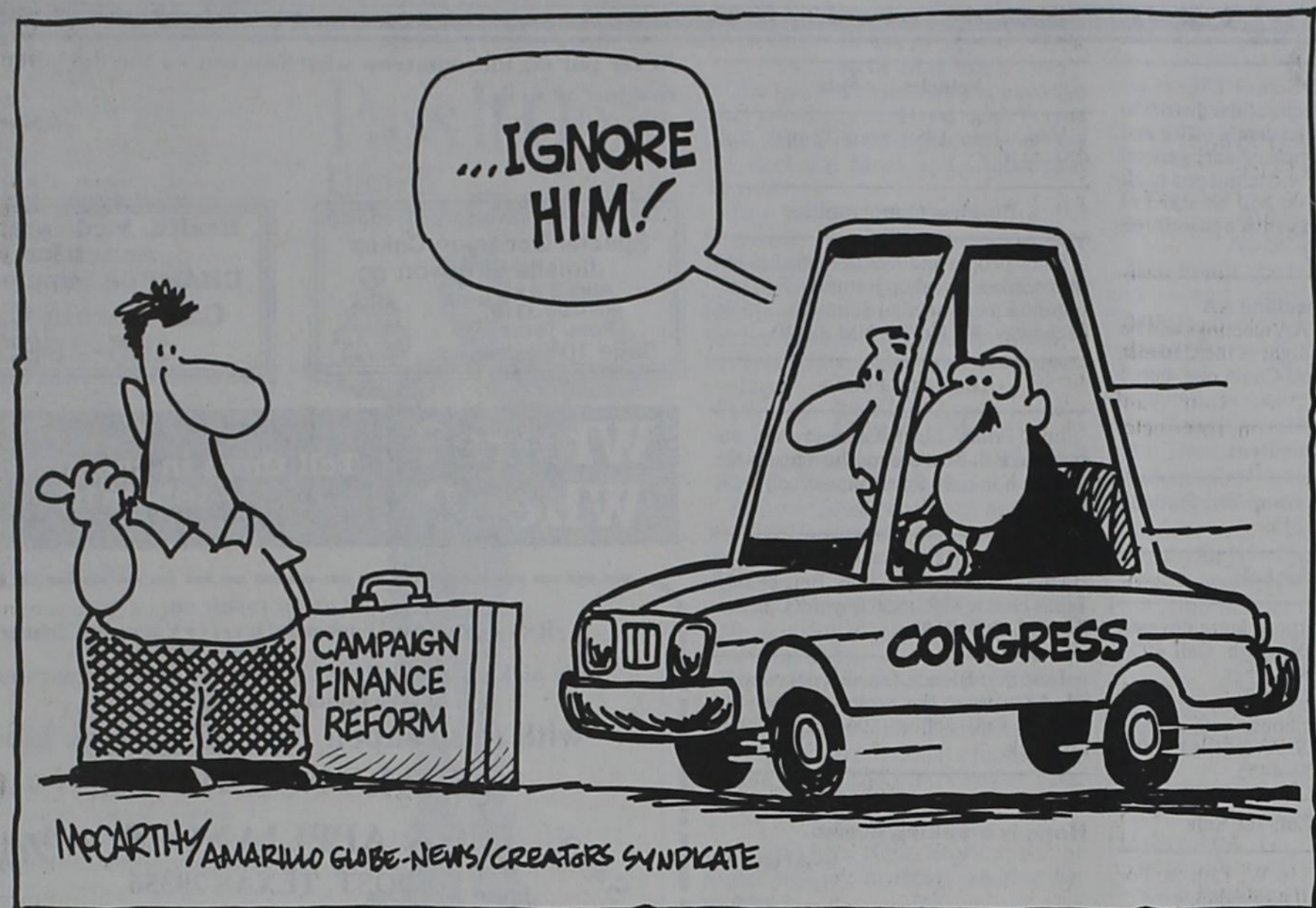
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Opinions



The day the federales burned our Constitution...

by Wesley W. Burnett
On this date two years ago I came into my house at lunch time, the t.v. was on as NBC brought live coverage of events at the Mt Carmel compound outside of Waco. I stood in front of the t.v., leaning on the back of my recliner, and watched with horror as U.S. Army tanks rammed into the side of the home that housed those weird followers of David Koresh. Then I saw the smoke, then flames coming out of that house... and I cried... first I uttered a profanity not decent enough to print... out of shock I stood in amazement and watched agents of "my" government bombarding and burning a privately owned residence, which was home to approximately 80 children, women and men. And as the fire continued to spread I proclaimed, "they are burning those people!"

I cried. And I still weep inside and tremble just a little, when I replay that mental video tape of the tanks and the fire. It is still incomprehensible to me that a government of the people, for the people and by the people could stoop so low as to use the most sophisticated military weapons to destroy a handful of people who just happen to believe in a weird religious fanatic. And then I had to suffer the even worse realization that those around me said things like, "they deserved what they got," or "hell, they should've nuked 'em." Good, sensitive, Christian people said things like that to me in the days following that horribly insensitive murder of innocent children, women and men. If I could have fled to some corner of the world to hide, I would have done so.

But I couldn't. So in absolute frustration and not a little bit of anger, I did what I think Americans should do in situations like these: I wrote a letter to my congressman, for what good that did:

April 20, 1993
Dear Congressman Sarpaluis:
I am writing to express my outrage at the blatant misuse of government power from the beginning of the illegal raid on the Branch Davidian Compound near Waco on February 28, continuing through yesterday's "final solution" instigated by federal agencies who for all practical purposes usurped the responsibility of local and state law enforcement in McLennan County (Texas). I sincerely hope you are as disturbed by the erosion of our individual freedom as I am, and that you will take whatever legislative action is necessary to eliminate the use of our tax dollars to fund the ATF or the FBI. As far as I can see, neither of these expensive agencies serve the citizens in the important aspect of defending the Constitution and individual liberty they are sworn to protect. I am ashamed of our elected officials who have authorized such power to be used against its citizens. We would expect these kind of tactics to be used in non-democratic countries. Something has happened to our concept of freedom, and it isn't right... it isn't the America I served during my Air Force career.

If we as a country can not tolerate the idiosyncrasies of weird or strange religious movements, then all of us should be frightened. It's not too far a step from deciding that the followers of Vernon Howell should be protected from their own decisions, to the government deciding that those of us at the First Presbyterian Church of Post are also subversives and need protection from our "brain washing." I am absolutely appalled at the lack of concern by our political leaders for their carefree attitude toward physical violence aimed at the very citizens who should be protected. (How) shameful... little children, whose parents believed they were teaching Christian ethics, suffering the fear and torture of U.S. Army tanks plowing through the walls of their home. Whoever is responsible, whether congress for funding such agencies, or the president for authorizing such actions, should be held accountable.

Then I submitted a list of 10 specific questions, that as a citizen I felt (and feel) I am entitled to have answers to... questions about due process, why the sheriff did not deliver the search warrant... what Constitutional authority was used to completely shut down a Texas roadway, what federal statutes authorize such raids as was conducted there... and who authorized the use of U.S. Army equipment and force against citizens?

The answer I received from former Congressman Sarpaluis was an insult to my intelligence and added to my sense of outrage. It was as if he had two piles of letters... one against the government action and one in favor... for I got a standardized "we'll investigate" letter which answered not one single question I posed.

Ditto for the same letter I sent to Senator Phil Gramm and former Senator Bob Krueger. I have to agree with columnist Walter Williams, who says in his article this week, not one congressman will stand up to defend the constitution, and worse, very few Americans seem to care.

It is a pity, and I am still grieving for our country, which to me is drifting closer and closer to a form of tyranny we have not witnessed here since the writing of our Constitution more than 200 years ago.

Dear Editor
February 28 thru April 19, 1993 a tragic event occurred before the eyes of Texas.

All citizens, who know the truth, remember the men and women who fought for life, liberty and property (toward the pursuit of happiness), in Waco.
Timothy W. Burnett

Wisdom

"I believe there are more instances of the abridgement of the freedom of the people by gradual and silent encroachments of those in power than by violent and sudden usurptions."
James Madison

We the People

of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defense, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.

Article 1, Section 9 (Continued from last week)

Section 9. The Migration or Importation of such Persons as any of the States now existing shall think proper to admit, shall not be prohibited by the Congress prior to the Year one thousand eight hundred and eight, but a Tax or duty may be imposed on such Importation, not exceeding ten dollars for each Person.

The Privilege of the Writ of Habeas Corpus shall not be suspended, unless when in Cases of Rebellion or Invasion the public Safety may require it.

No Bill of Attainder or ex post facto Law shall be passed.

No Capitation, or other direct, Tax shall be laid, unless in Proportion to the Census or Enumeration hereinbefore directed to be taken.

No Tax or Duty shall be laid on Articles exported from any State. No Preference shall be given by any Regulation of Commerce or Revenue to the Ports of one State over those of another, nor shall Vessels bound to, or from, one State, be obliged to enter, clear, or pay Duties in another.

No Money shall be drawn from the Treasury, but in Consequence of Appropriations made by Law; and a regular Statement and Account of the Receipts and Expenditures of all public Money shall be published from time to time.

No Title of Nobility shall be granted by the United States; and no Person holding any Office of Profit or Trust under them, shall, without the Consent of the Congress, accept of any present, Emolument, Office or Title, of any kind whatever, from any King, Prince, or foreign State.

(Continued next week)

Who will lose from the attacks on tobacco?

by Stephen Chapman

The tobacco industry, whose unspeakable crime is making and promoting a product voluntarily consumed by 26 million Americans every day, is once again — or still — under attack. Its enemies have launched two new offensives that are advertised as efforts to protect public health but are really part of a long-range strategy to repeal the right to smoke.

Every time I write on the subject of tobacco and its enemies, I get letters accusing me of being a lifelong chain smoker who cannot draw a waking breath except through a menthol filter. Actually, a youthful introduction to chewing tobacco permanently inoculated me against attraction to the leaf in any form. I would no more put a lighted cigarette in my mouth than I would a lighted firecracker.

But the freedom of adults to decide for themselves what petty vices to enjoy shouldn't be the exclusive concern of tobacco fiends. The measures to restrict and harass cigarette companies and their customers will no doubt someday be used against other people with other unpopular preferences.

One threat comes in the form of lawsuits against the tobacco industry. Several states, including Mississippi, Florida, Minnesota and West Virginia, have gone to court demanding huge sums in damages to repay them for the alleged cost of treating smokers' ailments under Medicaid. Florida, for example, says it is entitled to \$4.4 billion.

Then there is a class-action suit, now awaiting trial in a federal court in New Orleans, that asks \$50,000 in damages for each of the 50 million Americans who have ever smoked, which works out to a total amount that makes the federal budget look puny: \$2.5 trillion.

So far, despite 813 lawsuits over 40 years, the tobacco companies have never paid a dollar in damages. As an R.J. Reynolds spokesman has explained, "Juries have consistently found that smokers should be held responsible for their own actions."

But legislators in Florida hope to bypass such medieval attitudes with a new law that forbids cigarette makers from using their strongest defense — that smokers knew the risks and smoked anyway. The law also spares the state the bother of having to demonstrate that any particular Medicaid patient was actually harmed by smoking.

"They're going to have to come to court, and no more of these stupid little



defenses," said one exceptionally fairminded plaintiff's lawyer who helped draft the law.

The lawsuit approach may be far better for plaintiff's lawyers than for taxpayers. A study by the Commonwealth Foundation, a Virginia think tank, found that if the effort to recover Medicaid funds is successful, the states will get no more than 15 cents of every dollar awarded. The rest will go to the lawyers and the federal government.

The suits are based on the mistaken idea that smokers inflict the costs of their habit on everyone else. In fact, scholarly studies show that overall, smokers fully pay their freight.

On Capitol Hill, meanwhile, Sens. Tom Harkin (D-Iowa) and Bill Bradley (D-N.J.) have come up with yet another method to impoverish cigarette manufacturers by denying them a right granted to every other industry in America. It would prohibit them from deducting the cost of advertising and promotion on their tax returns.

The thinking is that Americans cannot be trusted to evaluate cigarette ads on their own and decide whether and what to smoke. The premise of the First Amendment is that the antidote to bad messages is good messages; the premise of this idea is that the antidote to bad messages is suppression, direct or indirect.

The American Civil Liberties Union thinks the Harkin-Bradley bill violates the Constitution by imposing a financial burden on speakers because the government dislikes what they say. Whether the Supreme Court agrees or not, the measure is not exactly a monument to the ideals of tolerance and open debate.

Both types of attack could be used to penalize, or eradicate, other industries supplying legal goods to willing customers. Should cattlemen, dairy farmers and candy bar makers be held liable for all the medical costs generated by clogged arteries and damaged hearts? Should companies with controversial products — rogut whiskey, adult magazines, violent video games, mindless TV talk shows — be subject to special punitive tax burdens to discourage us from buying them?

The targets are cigarette makers, but the victims will be the millions of Americans who think the satisfactions of smoking are worth the risks. The spirit of bullying paternalism, however, won't stop there. When the government shrinks the sphere of freedom for tobacco companies and their customers, it threatens to cramp us all.

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Is it really so good to live to a ripe old age?

by Robert Fulghum

SEATTLE — My wife has been trying to get me to read news stories about people who live long and healthy lives.

She's a doctor. And a vegetarian. She's excited about studies of isolated groups of people who dwell 12,000 feet up in the Andes or way out in the Russian boondocks. They eat chickpeas and gravel and walk six miles a day to get water. Shriveled up old prunish people whose life secret is that they never change clothes or take baths.

This is not my idea of a long and happy life. They look ugly and unhappy and bored. I don't want to be one of them. Or married to anybody like them, either. I think long life is as overrated as natural child birth. I'll pass on both of them. Most of the really old people I've known are royal pains in the butt. Oh, sure, tell me about your sainted mother or your wonderful great-grandfather and how he or she lived to be 150 years old. I said "most."

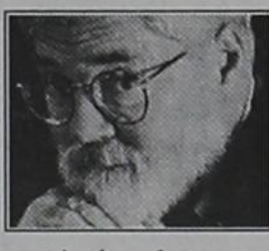
My secret to a long and happy life? It's all in my personal health-care plan: Third Aid.

Not First Aid. That's what you do in immediate crises. If you cut yourself, you spend half an hour looking all over the house for a Band-Aid. Meanwhile, the bleeding has stopped — all you need now is a piece of duct tape.

Second Aid is calling the doctor because you've got the flu. By the time you actually get in for a checkup, the flu is gone. While you've been waiting, you've got some extra sleep, been patted on the head, taken some aspirin and eaten some chicken soup. You're cured.

Third Aid is my version of preventive medicine — so you don't need as much First and Second Aid. I read through my wife's medical school textbooks, and I noticed that in just about every crisis, the book said to have the patient lie down in a comfortable place and make sure the patient could breathe, wasn't bleeding and was warm and dry. I think they call this the ABC checkup — for Airway, Blood and Comfort — or something like that.

In addition to this ABC business, I read about this Placebo Effect thing. That's



where no matter what you do, anywhere from 30 to 60 percent of what gets wrong with you heals itself if you just give it time and think good thoughts. It's kind of like staying amused while your body does its thing.

See, doctors can really do something with only about 15 percent of what ails you. Your bod does the rest. Or you die.

If you want to practice Third Aid, what do you do?

First, realize your body makes house calls — so does your brain.

Every once in awhile, when you're not sick, lie down and examine yourself. Ask yourself three questions: Am I breathing? Am I bleeding? And am I comfy? If your answers are yes, no and yes, you're gonna live a while longer. Then ask: Am I hungry? Am I thirsty? Is there anything in the house to eat? If yes, eat and drink. If not, don't.

This is important: If you know something isn't necessary or isn't good for you, don't get up and do it. If you do it anyhow, don't complain about it — just lie down, shut up and wait.

It's elemental: When in doubt, get down. Take a nap.

Try reading a human body manual — you'd do as much for your car, why not your body? I read that the effectiveness of 90 percent of doctors' visits depend on attention and trust. I figure if I pay attention to myself and trust my body, I don't have to bother the doctor.

But suppose I have something serious and really need a doctor? I can't get steak, butter, bacon, chocolate or recreational drugs from a doctor. And if that ain't the cure, then let 'er rip.

That's my health plan.

I'm told that 80 percent of us will die in a hospital bed hooked up to tubes and wires. Not me. I want to die at a dance or a delicatessen — from too much fun and food. I won't live to be 100. So? Who would want me to?

Any and all contributions to Robert Fulghum's columns are welcome. Please send him your stories, complaints, suggestions, factoids and interesting lies. Write to Robert Fulghum care of this newspaper.

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Republicans could learn lesson from Russians

by Walter E. Williams

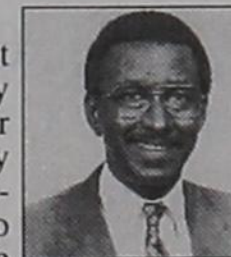
Republicans might benefit from mistakes made by Soviet reformers. The reformers' biggest mistake was that they didn't eliminate their former Communist rulers. Their power to obstruct should have been destroyed by firing all party members, eliminating state bureaucracies and selling state-owned businesses. The reformers' second mistake was to make only incremental efforts toward the transition to free markets and private ownership of property.

Their excuse was the possibility of social disruption that might have accompanied a radical transition toward liberty and privatization.

However, in the Czech Republic, Vaclav Havel and his supporters moved more radically toward a free market. And to some extent, that was true in Estonia. These reformers rightfully recognized that the sooner the transition, the less disruptive it would be in the long term and the quicker the social and economic recovery.

Republicans should profit from the communist experience and their own history. After all, 1946 saw a Republican sweep similar to 1994's with the same expectations of balanced budgets, lower taxes and less intrusive government. But as we all know, the country went rapidly in the opposite direction. If this electoral sweep is going to mean anything, Republicans must abandon all thoughts of conciliation and cooperation with Washington's tyrannical forces. Pruning and clipping are out. Washington's bureaucracy should be viewed just as homeowners view noxious lawn weeds. If weeds are just clipped, they'll grow back stronger. You have to go after the roots. Therefore, Republicans shouldn't be talking about spending cuts here and there; they should be talking about wholesale elimination of federal agencies and programs.

For starters, Congress should eliminate the departments of: Education, Energy, Housing and Urban Development, and Health and Human Services.



Not only does the U.S. Constitution not authorize most of the activities of these agencies, they've become a cancer to the nation.

A few before-and-after questions will highlight the cancer: Was student achievement higher before or after the creation of the Department of Education (1979)? Were city neighborhoods nicer and safer before or after HUD (1965) was created? Were the poor more upwardly mobile before or after the creation of the Department of Health, Education and Welfare (1953)? Whatever minuscule benefits resulting from these agencies have been dwarfed by the cost.

The question is whether Republicans have the moral courage to do the right thing. We shouldn't be that optimistic. Most Republicans, particularly those in the Senate, differ little from Democrats. Sen. Edward Kennedy (D-Mass.), a liberal Democrat, believes in using our earnings for handouts to cities and poor people. Sen. Robert Dole (R-Kan.), a conservative Republican, believes in using our earnings for handouts to agri-business and banks.

The good news is that most of the freshman Republicans in the House are honest and dead serious about restoring limited and constitutional government. But even they have little understanding of our Constitution and the republican form of government it guarantees.

Look at their recent "triumphs." With just a modicum of respect for our Constitution, Republicans wouldn't have tinkered with last year's crime bill; they would have repealed it. Neither would they have voted for the recent tort reform bill. After all, our Constitution grants Congress no authority to fight street crime or set limits on monetary awards. The framers left those functions to states and local jurisdictions.

The tragedy for us is that not one congressman stands up to protest these unconstitutional acts of Congress. But worse yet is few Americans know or care.

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Card of Thanks

We wish to thank everyone for their support and care in helping us with our loved one, Nettie Lou Parrish. Also thanks for the prayers, food, flowers and cards. A special thanks to Dee and Janet Justice for all your help in our time of need.
 Jimmie Parrish
 Jimmie Lee and family
 Johnny and family
 Donald and family
 Jewell Parrish

In Memory of Jerry Hester
 Pain and suffering are things of the past.
 Jerry Hester is now with God at last. Joy and sunshine is what she gave to all. In many ways she was like the Apostle

Paul.
 Inspiring faithfulness to others, To all her sisters and brothers. Her home is now with God above. Where she is sheltered by his love. by Kim (Hester) Copeland
 We want to thank everyone for the food, the cards, the flowers and prayers while mom was in the hospital and after her death. Your thoughtfulness and appreciation are greatly appreciated.
 Shorly Hester
 George and Carol Hester
 Scott and Kim Copeland

Our bake sale was a success! A special thanks to all who made it successful by your purchases and contributions.
 Trailblazer Senior Citizens

Personals

Post Group of Alcoholics Anonymous meets every Thursday night at the First Presbyterian Church, 901 West 10th at 8 p.m. Closed meetings are held except on the last Thursday of the month, which is an open meeting. We have supper at 7 p.m. and the speaking starts at 8 p.m. Anyone who wishes to talk or ask about an alcohol problem, call 495-4152, 495-4185 or 629-4393.

Post Independent School District invites the Senior Citizens of the district to come by the Superintendent's office and receive a gift of a complimentary general admissions pass that will admit you to all school functions. (You will be asked to present identification so that a pass can be issued in your name).

Spanish Speaking AA
 Spanish speaking AA meetings will be held every Tuesday night at the Catholic Church from 8-9 p.m. Come one, come all.

Homes for Rent

Small 2 bedroom house for. Partially furnished. Call 495-2459.

Homes for Sale

Brick 3-2 plus carport, large covered patio, fenced. 1001 W. 15th. Call 495-3041 or 495-3133. By owner.

3 bedroom, 1 bath house with storage shed on 3 lots. 119 S. Ave. R. \$15,000. Call 495-2174 or 629-4455.

Residential Lots for Sale

2 lots for sale at 316 W. 15th St. For more information call 495-3043.

Miscellaneous for Sale

4 all steel arch buildings. New, never erected, can deliver. 40x30 was \$5990 now \$2990; 40x62 was \$10,850 now \$5975; 50x76 was \$13,500 now \$9800; 50x150 was \$21,000 now \$14,900. Endwalls are available. 1-800-320-2340.

First Communion dress. Little girl size 10. Can be seen at 615 W. 11th St.

For Sale: Two wheel shop made trailer with tool box. Call 495-2644 or come by 415 N. Ave. M.

Garage Sales

Four family garage sale. 120 N. Ave. R. April 20-21, Thursday and Friday 8 a.m. to 6 p.m. Hide-A-Bed, 2 love seats, 2 dining tables, 5 dinette chairs and lots more.

Big Garage Sale: Saturday April 22, 10 a.m. 515 W. Main. Super single waterbed, furniture and lots more. All items not marked are 50 cents.

Patio Sale 1001 W. 15th. Furniture and clothes. Sat 8-12 April 22.

3 family garage sale. Saturday 4/22/95 8 a.m. to 7. 123 N. Ave. M.

Pets and Supplies

1/2 Blue Healer, 1/2 ? puppies to give away. 505 W. 7th after 5 p.m.

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Business Opportunities
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Lost and Found
 Lost Friday black Chinese Pug, answers to B.J. Lost around Justice-Mason funeral home. If found please call 495-2833.

Lost Jan. 14, 1995 3 miles north on Hwy 84, Northbound side, Belt buckle, Texas classic 1993. \$50 reward. Call collect 512-869-4108.

Lost Pet: Blonde female cocker spaniel. Answers to the name of Sadie. \$50 reward. Call collect 806-765-7179 in Lubbock.

Hope is a waking dream. —Aristotle

Channel 31 schedule

Wednesday, April 19
 8 a.m. - Gospel Music
 10 a.m. - Commissioners Court
 Noon - First Baptist Church
 2 p.m. - Bike safety course
 4 p.m. Band U.I.L. contest
 6 p.m. - Gospel Music
 8 p.m. - Tour America
 10 p.m. - Nazarene Church

Thursday, April 20
 8 a.m. - Gospel Music
 10 a.m. - Patriotic Assembly
 Noon - Voice of Salvation
 2 p.m. - Tower Theatre
 4 p.m. - Steam Trains
 6 p.m. - Gospel Music
 8 p.m. - The great Yellowstone fire
 10 p.m. - First Baptist Church

Friday, April 21
 8 a.m. - Gospel Music
 10 a.m. - Yellowstone in winter
 Noon - Choir and band concert
 2 p.m. - Bluebonnet reading awards
 4 p.m. - Lady Lopes Golf
 6 p.m. - Gospel Music
 8 p.m. - Tour Canada
 10 p.m. - Lighthouse Christian Center

Saturday April 22
 8 a.m. - Gospel Music
 10 a.m. - Tower Theatre
 Noon - Band U.I.L. contest
 2 p.m. - Bicycle Safety
 4 p.m. - Varsity Girls Golf
 6 p.m. - Gospel Music
 8 p.m. - Varsity Golf
 10 p.m. - City Council meeting

Sunday, April 23
 8 a.m. - Gospel Music
 1 p.m. - Church of Christ
 2 p.m. - Nazarene Church
 3 p.m. - Voice of Salvation
 4 p.m. - First Baptist Church
 5 p.m. - Lighthouse Christian
 6 p.m. - Gospel Music
 8 p.m. - Great Teton wilderness
 10 p.m. - Gospel Music

Monday, April 24
 8 a.m. - Gospel Music
 10 a.m. - Steam Trains #2
 Noon - Nazarene Church
 2 p.m. - Lion's club puppets
 4 p.m. - Post City Council
 6 p.m. - Gospel Music
 8 p.m. - Post ISD trustees
 10 p.m. - Church of Christ

Tuesday, April 25
 8 a.m. - Gospel Music
 10 a.m. - Commissioners Court
 Noon - Church of Christ
 1 p.m. - Lighthouse Christian Center
 2 p.m. - Magic Show
 4 p.m. - Varsity Golf
 6 p.m. - Gospel Music
 8 p.m. - Tour America
 10 p.m. - Voice of Salvation

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Never put off till tomorrow what you can do the day after tomorrow just as well. —Mark Twain

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 Applications must be submitted prior to 11:30 a.m., on the 5th day of May, 1995. The City of Post is an Affirmative Action/Equal Opportunity Employer and individuals or firms submitting proposals will not be discriminated against because of their race, color, religion, sex, national origin, mental or physical disability, marital status, parenthood or age.
 A packet of information outlining services required by the City has been prepared, and interested parties may obtain copies of this packet by contacting the person below:
 Rick Hanna, City Manager
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Photo by Kevin, a licensed newspaper photographer, courtesy of the organ donor.

- Tips to Parents**
- Being a good parent today is a challenge. Here are some tips to help create a loving relationship with children and still set and enforce the limits that they need.
 - When children misbehave, let them know that you dislike what they did and not who they are.
 - Rewarding good behavior is more effective than punishing misbehavior.
 - Try to "catch" your children being good. Be generous with your praise.
 - Punishment should be used to help teach children about the consequences of their behavior. Never punish in anger.
 - Setting a good example is the best way to teach your children how you want them to behave.

Texas Department of Protective and Regulatory Services with special thanks to the Texas Coalition for the Prevention of Child Abuse and the Limestone County Child Welfare Board, because it shouldn't hurt to be a child.

Yesteryears

by Pat Burnett
10 Years Ago
April 24, 1985

The little Miss and Mister Post this year are Laticia Hood and Wayne Line. The Mini Miss and Mister Post are Rachelle Jones and Christopher Warren.

Top honors of the day in the Scrambler Tennis Tournament went to Dan and Kay Lamb.

Pam Ehret has been honored at Hardin-Simmons University with the Emery Speech Scholarship. Ehret, a freshman, has posted a 4.0 grade point average.

20 Years Ago
April 17, 1975

Dwight Funk is the new manager of Gibson's Discount Center.

Tommy Young has been appointed the 1975 Wagon Boss for Garza County for the West Texas Boys Ranch annual roundup.

Miss Debra Robin Salter and Chip Polk exchanged wedding vows April 12 in Amarillo.

New Hospital Auxiliary officers recently installed are Mrs. Bernie Jones, Mrs. Maxine Cummins, Mrs. J.E. Parker, Mrs. Helen Richards, Mrs. Harold Lucas and Mrs. Charles Tate.

30 Years Ago
April 22, 1965

Mr. and Mrs. Boots Storie spent the Easter holiday in Brady visiting her mother.

Debbie and Becky Brewer donates their pet jackrabbit "Jackie," to Lubbock's Rimrock City and Zoological Gardens. It's one of the first donations to the zoo.

The "good Samaritan bunch" of Grassland plowed Reuben Wilke's farm for him Friday as he has been ill for several days.

40 Years Ago
April 21, 1955

Two hundred and sixty three first and second grade pupils of Garza County received Salk Polio inoculations Tuesday at Garza Memorial Hospital. Three lines of students were run by Drs. A.C. Surman, John Roundtree and Harry Tubbs.

Bill Thomas was elected commander of John Miller Post 6797 of the Veterans of Foreign Wars at the annual election of officers.

Anna Belle Carey and Moody Graham were presented this year's Post High School Citizenship Award by principal Chant D. Lee.

50 Years Ago
April 21, 1945

A recent birth is Joseph Charles Voss born April 9th to Mr. and Mrs. C.M. Voss.

The entire nation mourns the death of President Franklin D. Roosevelt. He died April 12, 1945.

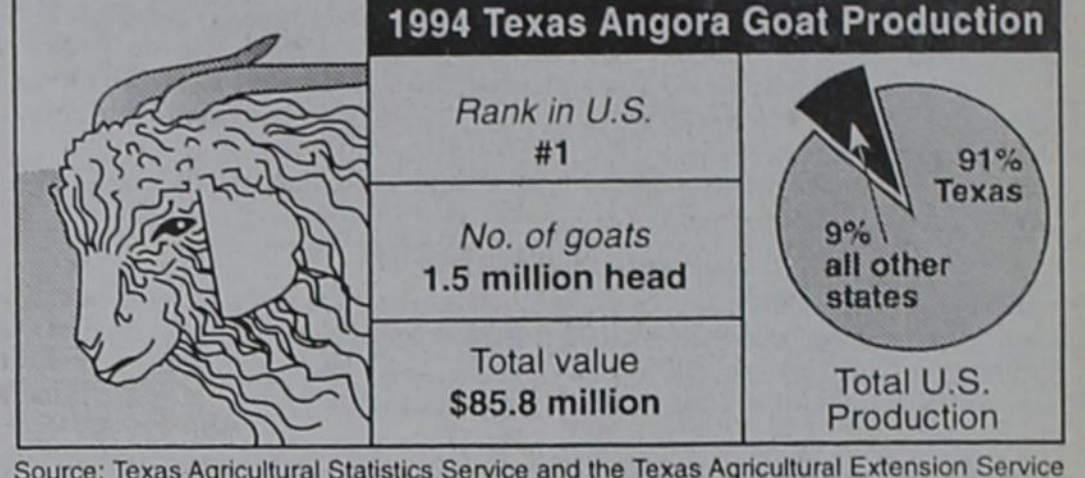
The Soldier of the Week is Pvt. Jackson W. Satterwhite.

Harold Voss opened a tailor shop on Saipan Island similar to the one he operated in Post when he had the City Cleaners.

Latest prices at the local grocery store are large laundry soap 23 cents, corn meal 1/2 lb. box 9 cents, green beans 11 cents, beef roast 28 cent a lb.

ANGOR GOATS

Angora goats originated in the Angora District of Asia Minor and were introduced into the United States in 1849. Goats are grown for their mohair fleece. The main production area in Texas is the Edwards Plateau.



Source: Texas Agricultural Statistics Service and the Texas Agricultural Extension Service. Graphic: Agricultural Communications, The Texas A&M University System

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THE COMMISSIONERS' COURT OF GARZA COUNTY, TEXAS WILL ACCEPT SEALED BIDS UNTIL 9:00 A.M., APRIL 24, 1995 FOR THE PURCHASE OF ONE (1) RUBBER TIRED FRONT END LOADER. BIDS WILL BE ACCEPTED ON A TOTAL COST BID BASIS. THE COUNTY RESERVES THE RIGHT TO ACCEPT OR REJECT ALL BIDS. MACHINE BID MUST MEET THE FOLLOWING MINIMUM SPECIFICATIONS:

- ONE 1990 OR NEWER DIESEL POWERED, 4 WHEEL DRIVE, RUBBER TIRED, FRONT END LOADER WITH A MINIMUM NET 100 HORSEPOWER. ONE 1975 544 B RUBBER TIRED LOADER WILL BE TRADED IN;
- FOUR CYLINDER, FOUR CYCLE ENGINE, TURBOCHARGES WITH DIRECT FUEL INJECTION, DIESEL;
- POWER SHIFT TRANSMISSION WITH 4 FORWARD AND 3 REVERSE SPEEDS, AUTO-SHIFT, SINGLE LEVER CONTROL;
- 2.25 YARD BUCKET, ONE SET OF BOLT ON CUTTING EDGES, AUTOMATIC LIFT AND BUCKET KICKOUTS
- SEALED LOADER LINKAGE
- MINIMUM BREAKOUT FORCE-22,000 LBS.
- MINIMUM OPERATING WEIGHT-20,000 LBS.
- PRESSURIZED ROPS CAB, FACTORY INSTALLED AIR CONDITIONER AND HEATER
- ADJUSTABLE SUSPENSION SEAT/CLOTH
- TWO LEVER HYDRAULIC CONTROLS
- FRONT AND REAR WORKING LIGHTS
- 17.5 X 25 TIRES, 12 PLY L2 OR SUBSTITUTE RADIALS
- 12 OR 24 VOLT SYSTEM
- 50 AMP ALTERNATOR
- WINDSHIELD WASHER WITH FRONT AND REAR WIPERS
- REAR DRAWBAR
- ETHER STARTING AID
- Z BAR LINKAGE
- FENDERS-FRONT AND REAR

PLEASE LIST ALL EXCEPTIONS WHICH DO NOT MEET THE MINIMUM SPECIFICATIONS.

ACROSS

- TXism: "just down the ___ a piece" (near)
- TX Perot is ___ big government
- Roy Orbison band: "___ Kings" (56)
- TXism: "___ hill for a stepper" (simple)
- TX Jenkins book: "Life ___ Ownself"
- TXism: "porch sitter"
- half of TX mohair goes to this continent event at Jacksonville's Tomato Fest: "Red ___ Tandem Bike Tour"
- signing incentives for TX athletic stars
- Rio Grande or Red Antonio ___
- Tex-Mex hot treats
- Austin (1835): "War ___ our only resource"
- TX Kite's '93 Vegas golf camp site: "___ Golf Club"
- Brady's "Great ___ Gallop" is 5-K run
- TXism: "steppin' ___ high cotton"
- TXism: "heavy as the front ___ John Deere"
- TXism for petroleum field (2 wds.)

DOWN

- TXism: "smart as a bunkhouse ___"
- TX is no ___ in cattle production
- TXism: "hard as putting up ___ a windstorm"
- prehistoric finds in Glen Rose (2 wds.)
- TX George Jones' "The Race ___" file on Lee Harvey Oswald
- TX mine deposits
- "___ in the tub"
- Sinatra of "Four for Texas" (init.)
- Houston International arrival guess
- "in the ___ for love"
- in Morris Co. on 11
- Hawaii stadium of '93 TX Pro Bowlers
- ABC's Frank of Monday Night Football (init.)
- Midland TV station
- TX "Tarzan" Ely
- tasty name for sodium sulfate found in West TX
- this Brad is leaving Cowboys to announce Rangers
- cattio auction offer
- TXism: "blister ___" (handle)
- TX Janis Joplin tune: "___ Blues"
- this Fort Worth Zoo is oldest in TX
- Kuwait's "top dog"
- on TX Holly's grave-stone: "___ On"
- TXism: "mean as ___ on a gun-powder diet"
- ship steering wheel
- Soviet KGB kept a ___ file on Lee Harvey Oswald
- TX mine deposits
- "___ in the tub"
- Sinatra of "Four for Texas" (init.)
- Houston International arrival guess
- meat cut: tender ___
- TXism: "two peas in a ___" (identical)
- Capt. ___ Lucas drilled Spindletop
- TXism: "put ___ the back burner"
- medicinal plant grown in the Valley
- TX Dale Evans' "Ah ___ San Antone!"
- Dr. Red Duke organ.
- Hardin Co. on 327
- "Texas" comes from the ___ Indians
- TX Charley's "Then Who ___?" (74)

The Original TEXAS CROSSWORD
by Charley & Guy Orbison
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Obituaries

Doyce Weldon Taylor

Funeral services were held April 18 at University Baptist Church in Abilene for Doyce Weldon Taylor, who died April 15, 1995 in Ozona. Services were conducted by Rev. Ron Curtis with burial at Blackwell Cemetery under the direction of Elliott-Hamil Funeral Home of Abilene.

Mr Taylor was born in Blackwell where he attended school. He was employed by Wes-Tex Drilling Company for more than 31 years and was a tool pusher. He moved to Abilene from Blackwell in 1950. He married Joan Wrinkle Taylor in 1954 in Abilene. He was a member of the University Baptist Church.

Survivors include his wife, Joan of Abilene; daughters Treva Brooks of Edmond, Okla. and Alanna Taylor of Abilene; son Doyce Wayne Taylor of Abilene; sister Betty Jo Lemond of Abilene; brothers Harold Taylor of Odessa, Kenneth Taylor and Leland Taylor of Mt Pleasant; one grandchild and several nieces and nephews.

Memorials may be made to the American Heart Association, Abilene Chapter, 149 North Willis, Abilene, Texas 79603.

Ruby Ray Davies

Services are scheduled at 10 a.m. today in Abilene for Ruby Ray Davies, who died at her residence April 16, 1995. Services will be officiated by Dr Jack Riddlehoover at North's Memorial Chapel, 242 Orange Street. Graveside services will be held in Post at 3 p.m., under the direction of North's Funeral Homes.

Mrs Davies was born in Estellin and was reared in Pleasant Valley. She married William E. Davies in 1936 and lived in Post from 1936 to 1957, when she moved to Abilene.

She was a homemaker and member of the Baptist Church. Mrs Davies is survived by her son, Wendell Davies of Amarillo; daughters Jerilyn Cook of Irvin, Molly Davies of Abilene, a grandson, Johnathan Cook of Irvin; sister Jewel Davies of Cisco and brother Leo Harrison of Plains.

Memorial contributions may be made to the West Texas Rehabilitation Center, 4601 Hartford, Abilene, Texas, 79605.



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Coach Kim Snodgrass (right) assists Angela Jefferson (center) who had just completed the final lap of the 1600 meter relay for the Lady Lopes at the District track meet. Teammate Jodi Hawkins (left) joins the two. (Photo by Tim Burnett)

Dispatch offers free classified ads to subscribers

The Post Dispatch is offering free, personal classified ads to its subscribers. The offer is strictly for non-commercial, private party classified line advertisements and is limited to 25 words per ad. Additional words will cost 25 cents per word, payable in advance. Classified word ads that are to repeat will be charged at the regular rate for additional runs.

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THE NEW INVISA Benefits of hearing aids vary by type of hearing loss, noise environment, accuracy of hearing evaluation and proper fit.

Menus

Trail Blazers

Thursday April 20

Baked chicken with mushroom sauce, mashed potatoes, broccoli, tossed salad, bran muffin, lemon cake, choice of beverage.

Friday, April 21

Brisket, au gratin potatoes, fried okra, dill pickle slices, wheat roll, apricot cobbler, choice of beverage.

Monday, April 24

Hamburger on a bun, tater tots, 3 bean salad, lettuce, tomatoes, onions, pickles, mayo, mustard, ketchup, carrot cake, choice of beverage.

Tuesday, April 25

Roasted chicken, kidney beans, zucchini, tossed salad, hot roll, peaches, choice of beverage.

Wednesday, April 26

Cheese enchiladas, red beans, okra and tomatoes, onions and peppers, picante sauce, crackers, fruit salad, choice of beverage.

Post I.S.D.

Thursday, April 20

Breakfast: Oatmeal, sausage, toast, fruit, 1/2 pint milk.

Lunch: Spaghetti w/meat sauce, tossed salad, California Mix, pear halves, garlic toast, 1/2 pint milk.

Friday, April 21

Breakfast: Cowboy bread, fruit, 1/2 pint milk.
Lunch: Chicken fried steak 'n cream gravy, whipped potatoes, green beans, pudding, hot rolls, 1/2 pint milk.

Monday, April 24

Breakfast: Cereal, toast, fruit, 1/2 pint milk.
Lunch: Chicken nuggets, cream gravy, whipped potatoes, green beans, peaches, hot rolls, 1/2 pint milk.

Tuesday, April 25

Breakfast: Malt-O-Meal, sausage, toast, fruit, 1/2 pint milk.
Lunch: Sloppy Joes, fried okra, slaw, blueberries w/topping, home made bun, 1/2 pint milk.

Wednesday, April 26

Breakfast: Date muffins, fruit, 1/2 pint milk.
Lunch: Nachos supreme, salad, Pork 'N Beans, jello w/topping, 1/2 pint milk.

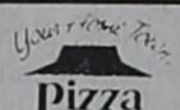
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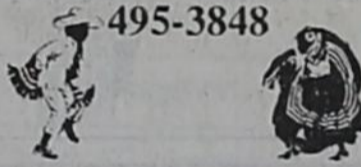


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Dee, Janet,

Bryan and Brent

301 West Main

495-2833



Presbyterian Church (U.S.A.)

Garza Family

Health Center

"A Division of Methodist Hospital"

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M.D.F.A.A.F.D.

and staff

111 N. Ave I 495-2853

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Cooperative

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Cast your burden on the Lord, and he will sustain you; he will never permit the righteous to be moved. Psalm 55:22

The Post Dispatch

495-2816

This Church Directory is brought to you by these businesses to encourage you to attend worship services this Sunday

Assembly of God Baptist 407 May St.

Calvary Baptist Church 210 E. 6th, 495-2342
First Baptist Church 402 W. Main, 495-3554
First Baptist Church, Wilson 628-6333
Pleasant Home Baptist Church E. 14th & N. Ave F
Templo Bautista 315 W. Main, 495-2416
Trinity Baptist Church 915 N. Ave O, 495-3038
Justiceburg Baptist Church Justiceburg, Don Blackcock, pastor

Holy Cross Catholic Church Ave. K and Main St., 495-2791

Desciples of Christ 812 W. 13th, 495-3716

First Christian Church 812 W. 13th, 495-3716

Church of Christ 108 N. Ave. M, 495-2326

Graham Chapel Church of Christ 5 miles W. Hwy 380, 2 miles south

Church of God 602 W. 14th, 495-3644

Power House Church of God and Christ Pine Ave.

Iglesia De Dios De La Profecia 508 N. Ave. G, 495-3735

Bread of Life Church of God 314 N. Ave I, 495-2237

Church of the Nazarene 202 W. 10th, 495-3044

Grassland Nazarene Church 327-5656

Church of the Nazarene 202 W. 10th, 495-3044

Grassland Nazarene Church 327-5656

St John Lutheran Church, Wilson 1305 Dickson, 628-6573

St Paul Lutheran Church, Wilson 628-6471

United Methodist

First United Methodist Church216 W. 10th, 495-2942

Graham Chapel United Methodist Church495-3492

Non-Denominational

Caprock Christian Fellowship220 E. Main, 495-2765

Lighthouse Christian Center314 N. Ave I, 495-2237

Presbyterian

First Presbyterian Church910 W. 10th, 495-2135

Revivals begin with prayer

by Darryl Smith

All the revivals that have swept our nation have been birthed in prayer. The First Great Awakening in America in the 1740's was ignited by Jonathan Edwards' booklet which called God's people to join in "Extraordinary Prayer." In the next two decades revival fires swept across our nation. The Second Great Awakening in the early 1800's began from a call by pastor Isaac Backus for ministers to pray for awakening. Prayer groups sprang up and the revival fires burned. In the Revival of 1858, a layman, Jeremiah Lamphier, announced a weekly businessmen's noon prayer meeting in New York City. In the course of several months every public facility in the city was filled with people praying at noon. In the next year one million people in our nation came to faith in the Lord Jesus Christ. God stands true to His word, "If my people, which are called by my name, shall humble themselves and pray..."

The time has come for another sweeping revival in our country. God's Word and history tells us that prayer is the place to start. On May 4 we have the unique opportunity to participate in the National Day of Prayer. Originally constituted in 1775 by the Continental Congress, the National Day of Prayer will observe its 44th consecutive observance in 1995. All across our nation groups and individuals will be praying. Prayers will be lifted up on behalf of our families, young people, schools, churches and government officials. The theme verses for this year are Jeremiah 29:12-13, "Then you will call upon me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart."

Plans are under way for our community in Post to gather for prayer. Details will be announced in our churches. I realize that we can not agree on everything as Christians but surely we can agree to pray. Let us come together to pray on Thursday, May 4 that God might sweep across our community and nation in a new wave of revival.



Where can I go from your spirit? Or where can I flee from your presence? Psalm 139:7

Do not neglect to show hospitality to strangers. Hebrews 13:2

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