

Commissioners get good news from audit

by Wes Burnett

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Garza County commissioners received good news Monday at the regular meeting of the court as auditor Steve Sawyers reported a financial reserve of more than \$652,000, "that gives you four months of reserve," he commented. Sawyers emphasized that due to the continuing uncertainty of tax evaluations related to oil production, the commissioners had done a "very good job of managing the county's finances." The auditor presented a page-by-page assessment of the audit. Copies of the audit are available for public inspection at the clerk's office.

In other action, the commissioners approved changes to the employee policies, a matter which had been continued from last month.

Out-going precinct two commissioner Albert Stone was appointed to serve on the Garza County Underground Water District. He was nominated by commissioner Herbert Walls. The appointment is to replace board member S. Rafe Foreman, who has moved. Judge Giles Dalby explained that the board will begin its duties following legislative action in Austin. "Representative (David) Counts has promised that this item will be at the top of his list for the next legislature," Dalby explained.

Commissioners approved the closing of the courthouse January 2, 1995 in observance of the new year holiday. The next meeting will be held Monday, December 26 at 9 a.m. and a special

meeting is scheduled January 1, 1995 at 9 a.m. to administer oath of office to those officials elected in the November general election.

Agriculture extension agent John Senter reported to the court that agricultural revenues are down "several thousand dollars, mostly due to the dry land cotton this year." Senter also said that 4-H youth entries in area stock shows have increased 150 percent.

Commissioners agreed to submit recommendations for farm-to-market road



Going to jail wasn't all that bad for Giles McCrary ... he had a few friends to bail him out... all in the name of fun and helping with the food drive for needy families. Also locked up were JoAnn Mock

(left), Sheriff Kenny Ratke and United Supermarket's Glen Brown. The "jail" was inside the United store. (Photo by Bill Galusha)

Postites respond to food needs in special drive

improvements to a state legislative panel for consideration in the next session of the legislature. Each commissioner is preparing a specific report on road conditions by precinct.

Attending the meeting were Judge Dalby, commissioners Walls, John Valdez, Stone and Lee Norman; clerk Sonny Gossett, treasurer Ruth Ann Young, sheriff Kenny Ratke and newly elected commissioners Mason McClellan and Royce Josey.

Post ISD trustees consider eliminating tobacco products

by Wes Burnett

Tobacco users may have to change their habits at school activities if a recommended policy change is implemented by the Post Independent School District board of trustees.

The item was discussed briefly at the regular meeting Monday night, as trustees requested the issue be debated by all three school campus site based decision making committees. Citing the controversy of the issue, trustees are seeking more input before making a decision.

The current policy restricts the use of all tobacco products by school employees or students, but does not demand adherence by the public. "We try to encourage adults to set a good example," Dr Bain commented.

The issue came to the attention of trustees following the football game at Sundown this year, when the announcer at the stadium there informed those in attendance that all tobacco products are forbidden to be used on any of Sundown's school property. That includes the football stadium.

"I asked their superintendent," Dr Bain added, "how do you go about enforcing this rule? He said they just remind people about the policy and most comply voluntarily."

"It's an issue that has been brought to my attention," Post ISD board president Barbara Hardin explained, "and several people have asked me about this after that game."

In other action, trustees approved payment of bills, the monthly financial report and a change of budget request.

A new block scheduling at the high school was approved, following a detailed explanation by principal Joe Giddens.

The new schedule will give students more opportunity to take classes in preparation for college and helps the school meet new state requirements for Chamber of Commerce, Lehman Brown, Mrs Fondy; course offerings.

The day will open with a 45 minute period, followed by a 90 minute block, then another 45 minute "homeroom or tutoring" block, another 90 minute period and then a 35 minute lunch. The lunch period is expected to begin at 12:45 and continue until 1:20 p.m.

The afternoon classes will include 90 and 45 minute periods.

"The limitations we have on gymnasium space tied our hands on trying to get this set," Giddens explained.

The new schedule provides for courses to be completed in one semester and a nine week grading period is anticipated.

Dr Bain asked if a food or rest break could be set sometime in the morning, expressing his concern that students would be going from 7:45 to 12:45, "that's a long time, especially for our athletes," he said.

Giddens said he was considering the possibility of allowing food and drink in the homeroom period.

Dr Bain then reported to the board about a Texas Education Agency required "campus report card" that will be mailed to parents of high school and middle school students, and will be hand carried home by elementary students.

Trustee Mark Kirkpatrick pointed out that the TEA mandated information is misleading, particularly related to the comparison of student cost. "I think if anyone really reads this, they will get the impression that something is wrong," Kirkpatrick remarked. The information compares averages of all schools, but does not show campus comparisons. He used the example of the middle school, which shows a per student cost significantly below high school. "They should

by Wes Burnett

Jaquita Blevins came into our office Monday morning with a list of hundreds of local people who have donated food and money for the special food drive. "The response is just great," she said, "and we just want to say a special thanks Frank Herridge, Mia Navarro and David Miller; to everyone who has helped."

She especially pointed out the cooperation and assistance of the following businesses and organizations: United Supermarket, Pizza Hut, Garza County Sheriff's Department, Country Carousel, Rosie's Restaurant, Post Girl Scouts, Post Boy Scouts, Post High School, FHA Club, Post Elementary School and Higginbotham-Bartlett Lumber Co.

Pizza Hut is continuing its offer of \$2.00 off for any large pizza with a donation of two cans of food, or \$1 off a medium pizza with a one can donation. The offer continues through December 21.

Post High School students and faculty contributed 1,209 cans, Girls and Boys scout troops brought in 1,130 cans and the Poker Drive by the Blue Knights motorcylce club raised the total by 150 to 2,489 cans.

"We have plenty of food and supplies to feed 50 needy families," Blevins added, "and we think we'll have more than enough to feed other families." She encouraged people to call 495-2517 to add a family to the list.

After the identified families have been served, any excess supplies will be donated to Post CARES.

So, here is a list of known contributors as of Monday morning:

In the jail: Jim Graham, Darryl Smith, Shane Smith, Glen Brown, Thressa Harp, Jim Jackson, Giles C. McCrary, JoAnn Mock, Kenny Ratke and Maritta Jackson.

Contributors

H&M Construction, Jackie Gonzales, J.W. Jolly, Kenny Ratke, Moe Herridge, Marcella Oden, Gordon Terry, Shal Tidwell, Buddy Hutto, Patsy Bilbo, Michael (unknown last name), Blevins Pumping Service;

Sheila Melton, Sonny Mason, The Post Dispatch, Bill Galusha, Bob Collier, Jerry Riedel, Larry and Karleen McDougal, Judy Massey, Peggy Lott, Carol Peppers, Larry Moore, Jason Lohse, Marry M. Norman, E.A. Howard; Kay Hays, Delbert Rudd, Patsy Craig, Carol Payne, Kay Postell, Dan Hodges, Palmer Construction, Hudman Furniture, BJB Company, Billy McKamie, John Fields, Ira Pump & Supply, Susan Pennell;

Gary Blevins, Helyn Fields, Sarah, Daniel and Steven Butts, Ted Tatum, Teresa Williams, Melba Cimental, Susan Gonzales, Greg Williams, Shellee Odom, Pat Chancelor, Jim Curry, Dusty Clary, C&T Rental Tool;

Mrs Baird's Breads, West Texico, Pritchard, Jim Plummer, Starkey Electric, Post Insurance Agency, Post Lions Club, C.J. Concuna, Mrs Wallace, Post

Letters to Santa Claus featured in December 21 **Merry Christmas edition**

The annual Merry Christmas edition of The Post Dispatch will be published Wednesday, December 21, with a deadline of Friday, December 16 for the popular "Dear Santa Claus" letters.

Christmas greetings and holiday wishes are traditional features of this special edition of The Post Dispatch.

Advertisers are encouraged to reserve space early and to take advantage of the Christmas discount rates for Christmas greetings advertisements. Dispatch staff members have a wide selection of sizes and themes with customized messages designed specifically for each customer. Contact Lillie Hart, Dee Pitman or Wes Burnett at 495-2816 for personal service.

The Post Dispatch is also offering free color for advertisers during the month of December for any advertisement that is one half page or larger in size. This offer is good for any edition of the newspaper during the month.

Barbie Bevers, Emillio Luna, Shack Thomas, Billie Blacklock, Robert Benevides, Bobby Smith, Anna Wilson, Samantha Perez;

Camille Blevins, Angel Blevins, Wesley Jarrett, Central Office Post ISD, Jacob, Peggy and Paige Lott, Amanda and Sandra Luna, LoLamae Ledbetter,

Ashley Mason, Bob Dickson, Lori Gonzales, Eboni Gonzales, Naomi Gonzales, Maritta Jackson, Susan, Jay, Walon, Jennifer and Lyndee Strawn and the Post Middle School student council.

I didn't count, but it looks like we covered most of the town with this list.

Wes and Pat Burnett **purchase The Post Dispatch**

Wesley W. and Patsie R. Burnett have purchased The Post Dispatch from Post Publishing Co. The ownership change took effect Friday, December 9, 1994. "We are delighted to be back on Main Street," Wes Burnett said, "we have missed our friends and the excitement of being in the midst of our community.

Wes and Pat, who had bought the newspaper from the Jim Cornish estate in September 1982, sold the newspaper to Todd W. Newton of Bismarck, N.D. and his Post Publishing Co. on July 31, 1992. After the sale in 1992, Wes entered graduate school at Texas Tech University to complete teaching certification requirements. He was employed by Lubbock ISD from June 1993 to October 20, 1994 as a special education teacher.

"It was a great experience," Burnett added, "and there was terrific personal rewards in my teaching field. But when push came to shove, I have to admit my heart and mind were still planted firmly at 123 E. Main St."

"We are deeply appreciative to the employees at the Dispatch," Burnett emphasized, "their dedication and above-the-call of duty are unmatched anywhere.'

He specifically praised staff members Dee Pittman, Lillie Hart and Bill Galusha.

"We will continue publishing a newspaper to meet the needs of the people of Garza County," Burnett said, "and we will work through our philosophy that The Post Dispatch belongs to the people and we are merely stewards for a while, striving to live up to the expectations of the people we serve."

"Remember, if you think it's news, then we think it's news," Burnett concluded.



make the comparison with other middle schools," he added.

The board entered into an executive session, listed on the agenda as personnel matters.

Following the closed session, trustees approved the adding of Sandra Moreno as a substitute teacher.

Trustees attending the meeting were Hardin, Gary Workman, Rex Cash, calling in to vent their opinions. Kirkpatrick, Jeff Lott and Alexa Collier.

Dispatch offers Christmas subscription bonus

The Post Disptach is offering its readers an 18 month subscription for \$15 during the special Christmas bonus program.

All subscribers who renew their subscriptions during the month of December will benefit from this offer. "Even if you haven't received a notice of renewal from us," Dispatch publisher Wes Burnett said, "you may renew now and get the extra six months added to your subscription.

Subscribers may either mail payment to 123 E. Main St., Post, Texas 79356 or drop off payment at the office. "We have a mail slot in the front door," Burnett added, "in case we happen to be closed when you come by."

Opinions... speak out in the Dispatch

by Wes Burnett

The past few months I have tuned in occasionally to some of the various radio talk shows, and have been impressed with the volume and spirit of people

Some call this a new phenomenon, but historically speaking, it is not something that just arrived.

Newspapers in this country have been the voice of the people from the earliest days... especially was this true during the late 18th century when Americans were first discovering who they were.

That's one of the reasons we are introducing a new weekly feature in the Dispatch ... an opinion page. A place where ideas may be aired, and open to any forum.

On this page we are introducing nationally syndicated columnists and editorial cartoons which you may or may not agree with. And that's where you come in... we eagerly solicit your views on local, regional, state and national events. Or, if you just want to get something off your chest ... or maybe you want to respond to one of our columnists... here's your chance. Your letters will be edited for brevity, grammar and spelling... and of course,

we have to make sure there is no slander or libel or other legal restrictions. As always, letters must be signed, but you may request your name be withheld from publication ... and we will protect your identity in that case.

Garza County precinct four commissioner Herbert Walls (right) is congratulated by Judge Giles W. Dalby (left) during a retirement ceremony Monday afternoon. Joining Judge Dalby are commissioners Albert Stone and John Valdez. Walls served the county as an employee and as commissioner for 31 years. He will retire Decmber 31, 1994.

Page 2 The Post Dispatch Wednesday, December 14, 1994

Opinions Legislators must read before they pass...

Legislators must read before they pass... by Wesley W. Burnett

A few days after the November election I wrote our new congressman, William (Mac) Thornberry, a three page letter, in which I outlined some of the reasons I voted for him, and what I expect of him when he goes to Washington. I explained to Mr Thornberry that when it came time to vote, I did not vote so much for him, as I voted against his opponent in the election. And that is not to say that I don't respect Mr Thornberry, it's just being honest. I really didn't know much about him, and what little I did know came from the propaganda stuff included in his television advertising. At least I didn't see a whole lot of negative advertising from his camp, and that said something about the man.

But I wanted Mr Thornberry to start off his representation with a clear understanding of his situation... he is going to have to build some trust among his constituents.

My letter listed a series of reasons why I could not vote for Mr Sarpalius... (1) I wrote the former congressman on a number of issues the past few years, and when I got a reply it was an obvious form letter... and often as not skirted my questions completely. The most flagrant of these replies came after I raised questions about the federal government involvement at the Branch Davidian compound. The best Mr Sarpalius could do was to inform me that Secretary Bentsen (Treasury Secretary Lloyd) would be conducting an investigation. Right... the treasury department is going to do a thorough investigation of its own, that's about like Janet Reno investigating President Clinton. I believe the American people deserve better.

(2) I also requested Mr Sarpalius to take a close look at the so-called North American Free Trade Agreement and to explain the portions of that document (which I took the time to research at the Texas Tech library) which delegate licensing and certification requirements to the NAFTA tribunal... circum venting Texas law. I got a simplified response. I later read that Mr Sarpalius admitted that he had not taken the time to read the documentation (I can see why, it was

several thousand pages)... relying on others to inform him of its implications. The American people deserve better... the very least would be for our legislators to read what they intend to vote on before they vote.

After listing a few other problems I had with our former congressman (some of it just plain personal opinion), I reminded Mr Thornberry, that as an attorney, surely he would not recommend a client to sign any document that has not been read and thoroughly understood. To me, that is just basic common sense. Now, Mr Congressman, if you don't have time to read what is being debated, then please just vote "no." Or, if you read it and you aren't sure what it all means, or the legislation is so convoluted as to make you dizzy, then vote "no." I told

Mr Thornberry in plain English, if you don't understand it, how do you expect us to understand it?

Take any recent piece of legislation, either from our state legislature or congress... try to read it. I dare you. You will understand why Mr Sarpalius relied on others to tell him what was in what he was voting for. The language and packaging of legislation is beyond description and incomprehensible. We should demand simple, plain, easy to understand legislation... after all, these are laws that directly affect all of us... and if we are to be expected to abide by these laws... then we should be able to read it without having to buy a book or hire an attorney to explain it.

And congressmen... all legislators, should be required to live under the same laws that are applied to us. Maybe that will change.

I also told Mr Thornberry that I would like him to support former Tennessee governor Lamar Alexander's proposal that congress meet for only six months a year, cut their pay and benefits in half... and allow congressmen and their staff to live the other six months at home... where they can feel and see and understand what it is we expect from them.

Just think, if Mr Thornberry were in Washington for only six months, he wouldn't have to buy a house there, he could rent and then come home... we might even get to know him... he might even get to know us. Wouldn't that be something?

Destroying our children

by Walter E. Williams

According to the National Right to Read Foundation, last year, the National Adult Literacy Survey reported that among adults with 12 years of schooling, over 96 percent couldn't read, write and compute well enough to attend college. In 1990, 40 million young Americans with nine to 12 years of schooling could not make sense out of a printed page. Only 56 percent of blacks over the age of 14 could read.

There's little new about this downward spiral. In 1964, 20 percent of Selective Service registrants scored in the lowest rank (Category V) on the Armed Forces Qualifications Test (AFQT), making them ineligible; another 20 percent scored little better, putting them in Category IV.

How do liberals and the civil rights and education establishments explain these results? If you said a heritage of slavery, racism, poverty, a need for the Outcome-Based Education program and not enough money, go to the head of the class. We've been duped. Let's look at it, but first, a bit of history. During World War II, only nine percent of recruits scored in Category V on the AFQT. Most of these were Depression-era young men who never attended school. In 1930, only three million older Americans couldn't read, compared to today's 40 million. Also, in 1930, 80 percent of blacks could read, compared to only 56 percent today. If we buy liberals' excuses for today's educational mess, we must also believe there was less racism and poverty and more spent on education in 1930 than today. That's nonsense. The explanation for what we see today is that we've allowed hustlers, quacks and charlatans to sell us on harebrained schemes that could work nowhere, no how. One of these schemes is that there are five million students in special education classes with four million of them having no physical or mental handicap — unless it's that new handicap called attention

deficit disorder. By the way, when teachers sent notes home about my not paying attention in class, Mom cured it overnight.

How do liberals and the education establishment respond to efforts to reverse the educational destruction of our kids? They attack. A case in point is Thaddeus Lott, the principal of Houston's Mabel B. Wesley Elementary School. Nearly all his students are poor and black. Yet, on standardized tests, they average at least one year above grade level.

According to a story in Destiny magazine (October 1994), Wesley Elementary consistently produces test scorers in the top 80 percent to 90 percent of the Houston Independent School District (HISD), which includes Houston's wealthy areas.

The HISD's early response to Lott's success was to deny Wesley Elementary materials given to other schools. HISD representatives barged into a first-grade

teacher's class, accused her of cheating to raise student scores and barred her

from the class while they conducted a search. Of course, they found nothing.

Now, as a result of parental demands and publicity, Lott's methods have been

Lott's success is driven by his simple educational creed: "Students, given

opportunity and direction, can learn. Blacks and other minorities are the

intellectual match of white children." The trouble for Lott is that the education

establishment sees him as an authoritarian, anti-modern principal who uses

I say great - we need more Lotts. Black people must stop allowing muddle-

headed liberals, civil rights organizations and a self-serving education

establishment to make our children virtually useless for the high-tech world of

the 21st century. And, by the way, white education is nothing to write home

Entered at U.S. Post Office, Post, Texas for transmission through the mails as Second Class matter, according to an Act of Congress, March 3, 1879.

Wesley W. Burnett, Publisher Deirdre Pittman, Business Manager Lillie Hart, Advertising Manager

> Subscription Rates: Garza County - \$15 per year In Texas - \$18 per year Out of State - \$24 per year

> > Deadline: Mondays at 5 p.m. 123 E. Main St Post, Texas 79356 806-495-2816

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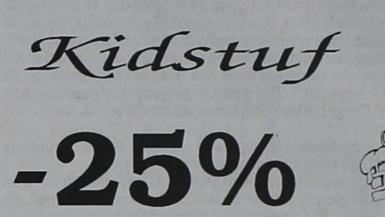
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Have you ever seen a Gideon?

by Robert Fulghum

I'm riding up in an airport parking-garage elevator with a casually dressed, middle aged man who is carrying a heavy cardboard box. Nothing about him commands my attention. But as he exits on his floor, something registers as the door begins to close. It's the label on his box: "Gideons International."

Ohmygod, a Gideon. I've never seen one. Jamming the door open, I race after him. "Hey, wait — are you a Gideon?"

He stops, blushes, smiles. "Yes."

I don't know what to say. I've caught a Ninja Warrior For God at work. Someone like him must have been in every hotel room I've ever occupied. Just leaving a book. Right there in the little drawer underneath the night stand beside the bed. The book is always there. A Gideon Bible.

The original Gideon was the chief of a small band of fighting men of the tribe of Mannasseh, who led his clansmen into battle against the wicked Midianites and slayed them pretty thoroughly. That's according to the book of Judges sixth and seventh chapters.

"No offense," I tell the nice man with the box, "but I know the story of the original Gideon, and quite frankly, you don't seem like the commando type to me."

And he's not. He's a salesman — commercial carpeting. A Christian, but not affiliated with any particular church because he's on the road all the time and really doesn't have much of a home base.

"Well, I'd like to know a little about the Gideons."

For the next half hour, we're there in the parking lot, leaning up against the fender of his Oldsmobile, talking history and religion. It wasn't his idea — he was pretty shy, actually — but he was willing to answer if I'd ask.

The modern Gideons were founded by two guys just like him. They were traveling salesmen — lonely and tired — who met in a small hotel in Wisconsin in 1898. They found they had a common faith and common needs. The following July, they formed an association of Christian traveling men who would take advantage of their mobility to spread their faith — not as preachers

or missionaries or evangelists in the usual sense.

exported to other Houston public schools.

phonics, rote and drill to teach students.

Despite the warlike ways of their namesake, the Gideons' goal was simply seeing that the Bible was available in hotel rooms where traveling salesmen spent the night.

Almost 100 years later, there are more than 100,000 members worldwide in 150 countries. And they still do only what they set out to do — make the Bible available to anyone who needs it. Free. Though there is a paid administrative staff, all the distribution is done by members.

Almost 100,000 Bibles are shipped each day. Every 15 days, Gideons place or replace one million Bibles. Not only in overnight lodgings, but in hospitals, homeless shelters, parochial schools, jails and to the armed services.

The Gideons don't make a lot of noise or get much press. In a quiet, persistent way, they keep their faith. They know a lot of jokes are made about Gideon Bibles, but that doesn't bother them. Because they also know a lot of people have needed and used the life preserver they provide. The evidence is in the hundreds of thousands of grateful letters that come to them from believers and non-believers alike.

Contrast the Gideons' generous gesture with the rage, violence and militancy that are in current fashion in some religious circles. I wonder — what happened to bringing peace on Earth? But I have noticed that those who are really sure about something don't make a lot of noise about it. Nobody gets evangelical over whether the sun will rise tomorrow or not. Those who are most certain of their faith simply live it. The angry noisemakers stand on the thinnest ice.

With all the religious bombast and fierce fanaticism being spewed out over the cultural landscape, it's a relief to stand in a parking lot and talk with a graceful man who does not shame and damn and attack in the name of his faith. His way and the way of the Gideons is an old and better way to "walk humbly with thy God" and "love thy neighbor as thyself. Copyright 1994 Robert Fulghum

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Will computers take over the writing trade?

by Stephen Chapman

Editor's Note: Stephen Chapman is on vacation. The following column was originally published in July 1986.

Computers have taken over mathematical calculations, aerial dogfights, automobile design, telephone transmissions and a host of other tasks that used to be done by slow-witted, clumsy, fallible humans. It was only a matter of time before they started poking their noses into writing.

"The latest in personal-computer software tries to help people write better," reports the Wall Street Journal. "It fixes misspellings, offers synonyms, catches sexist words, flags clichés and even rates a piece of writing against the Gettysburg Address." Some programs sound alarms upon spotting overly long sentences or the dreaded passive construction (as in, "My article was criticized by the computer" instead of "The computer criticized my article").

The improvement of writing, granted, is a noble goal. Anyone who has a

Medieval monks, upon hearing of the invention of the printing press, entertained similar hopes, and some probably went so far as to buy new golf clubs. They were disappointed. It slowly dawned on me that a computer which could produce a column for me at the touch of a button could do the same thing for my superiors, thus enabling them to dispense with me entirely. Previously dormant Luddite impulses promptly welled up within me, and only an alert security guard restrained me from using a tire iron on my VDT.

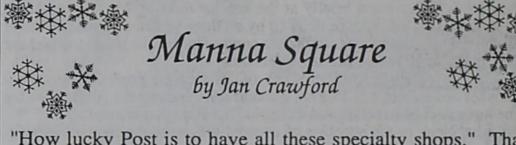
But for now, there's no reason for writers to worry. The history of computers in making humans obsolete is not exactly unblemished. Witness the continuing plague of erroneous bills, balky cash machines and computers that are almost always on the blink. If I fail to turn in my column on time, my editor can relieve his frustration through vigorous screaming. If a computer misses its deadline, he can only weep.

Nor are these particular programs all they pretend to be. My home computer's word processing program notes any word I use that doesn't appear in its internal dictionary. To judge from the profusion of unrecognized words, the dictionary contains about 16 entries. One program examined by The Wall Street Journal, when asked to evaluate the Gettysburg Address, lamented its "weak, wordy writing style." I suspect the real problem, though, is that the software is designed not by professional writers, but by computer nerds. How else could you get a program that makes fun of the Gettysburg Address? So, being a man of varied talents, I have created my own software, which writes columns automatically. This is the first product. If you aren't satisfied with the result, don't blame me — there must a bug in the program. Life * Auto * Fire * Farm Liability Health Insurance * Annuities * IRA's



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"How lucky Post is to have all these specialty shops." That comment resounds within the walls of MANNA SQUARE and JAN'S daily! The variety of gifts and collectibles available from all of us is super. Talk about a festive atmosphere and the fun is just beginning! There are lots of new ideas up our sleeves, with more in the works to make your '95 the most exciting year yet!

If you enjoy a bargain **SENTIMENTAL MOON** has them. Karen's recent buying trip to Ft. Worth brought back many hidden treasures.

Mark December 19-23 on your calendars! **RUMORS** is revving up for their APPRECIATION DAY'S with the best Goodies you've ever tasted. All their customers and friends are gaily welcomed to partake in their annual tradition of NOTHING "FAT FREE" topped with an extra helping of fun and laughter.

Share in the Christmas spirit with CHANNEL 31. Their broadened programming is attracting more and more viewers and advertisers. Stop by and express your appreciation for their community service.

It's Gift Certificate time at **THE NAIL SHOP**. For those of us who are on our feet all the time, give them a break with a professionally given pedicure. Just call Melinda at 495-3822.

For your Holiday parties, a new look from AND ETC. will really turn heads. Let Nancy give you some added highlights to warm the winter cold.

As you rummage through VICTORIA'S ATTIC you'll find everything from hat pins to doll beds and her Christmas

perverse taste for legal briefs and think-tank monographs, as I do, will welcome anything that promises to clarify murky prose. Some of the readers who write me letters could use a device to cool overheated rhetoric, although it's probably too much to expect that one of these programs could be incorporated into a green felt-tip pen.

Still, I have mixed feelings about the growing ability of computers to combat bad writing. My initial reaction to the news was positive. First, it occurred to me that this would make it possible to turn editing over to machines. My heart was gladdened at the prospect of mass unemployment among dozens of editors who, over the years, have taken sadistic pleasure in mutilating my carefully fashioned paragraphs.

My second reaction was that this advance would also make writing much easier. As it is, writing a column means absorbing a small mountain of facts, weighing a host of conflicting arguments, organizing my thoughts, putting them into words and polishing those words into the gleaming prose my readers have come to expect. This, as you may imagine, is a Herculean task for which no amount of money can properly compensate, though a doubling of my salary would help a little.

I envisioned the day when I would be able to punch a few instructions into my computer — say, "Figure out what should be done about the world debt crisis" — and have it produce a column suitable for publication, freeing your overworked polemicist to spend the rest of the day casting lures instead of aspirations.

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Really, I haven't lost JAN'S sells marbles. the right of the people peaceably to assemble, and to petition the Government The Bill of Rights as provided in the First Ten mine...MARBLES...that is. Small works of art. Who wants to shoot first? JAN'S also has the hottest collectible on the Amendments to the market today, LIGHTED STAINED GLASS HOUSES. Constitution of the United for a redress of grievances. From iridescent ANGEL Stained Glass Boxes to Rosemary States Article 1 Health, Medicare, Life, Nelson's NOAH's ARK and ANGEL jewelry. From fanciful Congress shall make no law TEA POTS to the latest designs in THROWS and TREE Annuities. respecting an establishment **CHAMPUS Supplement** SKIRTS, JAN'S has it all. of religion, or prohibiting the free exercise thereof; or **Call Harold Craig** abridging the freedom of 495-2995 - 20 ** ** ** ** ** speech, or of the press; or

ornaments are a must at 15% OFF. More and more friends and business associates are lunching in VICTORIA'S TEA ROOM amid one-of-a-kind gifts.

JUST FRIENDS is helping Santa fill our stockings with special Lotions and Potions from Camille Beckman to Fairy Dust, and frames to CD's and Tapes, 20-50% OFF. Come see how to win a *Carole Little* leather jacket!

STUDENTS IN THE fashion buying and textile selection class at South Plains College recently modeled cotton fashions for the Texas International Organic Cotton and Apparel Expo at the Civic Center in Lubbock. Pictured are (seated, I-r) Malisa Guillen of Maple; Leigh Lane from Knox City; (middle row, I-r) Sara Lichte of Littlefield; Monica Escandon of Ropesville and Sandra Ortiz of Post; (back row, I-r) Lisa Blackwell of Lubbock; Misty Webb of Brownfield and Cindy Brown, program coordinator and associate professor of fashion merchandising.

Post student models fashions at Symposium

Symposium at the Civic Center in organic cotton industry. Lubbock.

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Sandra Ortiz from Post, a fashion industry,' said Cindy Brown, Brownfield, Sandra Ortiz from Post, merchandising student from South program coordinator and associate Jennifer Mitchell from Lubbock and Plains College, recently got an professor of fashion merchandising. Malisa Guillen from Maple. eyeball look at the growing organic 'They also made some contacts that Organic cotton is used in a variety cotton industry as one of the six could be valuable in the future." The of garments, including swimsuits, SPC models for this fall's Texas symposium was aimed at producers, dresses, children's clothes and casual International Organic Cotton manufacturers and retailers in the wear, said Brown. "Some of the real

"The students gained some Knox City, Cheryl Wright from such as brown, gold and green," she knowledge of the organic cotton Sweetwater, Misty Webb from added.

casual clothing is made from cotton SPC models were Leigh Lane from actually grown in different colors,

The Post Dispatch Wednesday, December 14, 1994 Page 3

Eric and Jacqueline Reece honored with reception

reception and shower.

guests.

surrounded by six small round island A buffet table featured trays of cold cakes, nuts and wedding bell mints cuts, cheese, dips and crackers.

Mr. and Mrs. Eric Reece of The serving table was covered in a array of gifts and a large crystal

of the groom served punch and A white three tiered wedding cake coffee from a brass punch bowl urn.

candy dish filled with money gifts.

Mr. and Mrs. George Reece, parents of the groom hosted the reception.

Members of the house party and hostesses for the surprise shower were:

Judy Bush, Jennie Cowdry, Jan Bartlett, Ruth Ann Young, Jean Morris, Suzanne Hudman, Orabeth White, Kay Hays, Diane Graves, Sandra Alexander, Edwina Pettyjohn, Willa Didway, Kathy Rankin and Sharla Wells.

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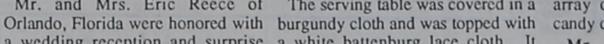
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a wedding reception and surprise a white battenburg lace cloth. It wedding shower at the fellowship was highlighted by a large silk hall of the First United Methodist flower basket arrangement and brass Church recently. The couple was candlesticks with mauve swirl married in Orlando on November 17 tapers. Crystal and brass before coming to Post for the appointments were used.

Courtney Short registered the groom and Carol Short, sister-in-law

Photo contest at Texas Tech University

Texas Tech University Center Programs will host the third annual "Behind The Lens Photography Contest. " Entries will be displayed in the University Center Courtyard February 1 - 10, 1995. For more information come by the UC Activities Office or call (806) 742-3621.

The contest is open to anyone. The entry fees are as follows: TTU students \$3, TTU

faculty/staff \$5, Public school students \$4, others \$6. Entry forms and fees are due in the

UC Ticket Booth, Wednesday, Jan 25, 4:30 pm. All photos must be received by Friday, Jan. 28, 5 pm in the UC Activities Office.

Photos must be picked up Saturday , Feb. 11 by 5 pm.

Photos can be either black and white or color and must be at least, 5 x 7 inches. Photos must be framed or matted and ready to hang with string or wire attached securely to the back.

Best of show will receive \$75. Other prizes have been donated by

hosts law training

Garza County Sheriff Kenny Ratke and sheriff's department staff hosted a

10 hour training in-service session in

In addition to Garza County deputies and the sheriff, law enforcement officers

from Crosby County, White River Municipal Water District and Brownfield

The session was conducted through

the South Plains Association of Governments in its continuing education

Topics included child abuse

investigation, family violence, cultural

diversity and the role of law enforcement

Police Department participated.

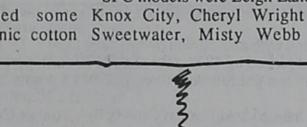
Garza County

local businesses.

Post last Saturday.

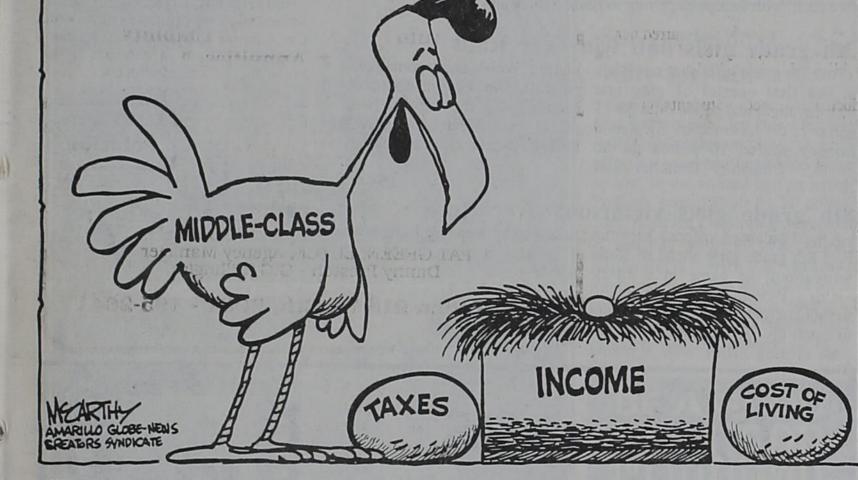
program.

supervisors.



was served by Trevah Bush ad Jana The couple was presented with an Bullard.

Melanie Morris, sister of the



Camacho returns from deployment

Reynaldo Camacho, 1987 graduate violation of international sanctions. of Post High School, recently returned from a six-month deployment to the Western Pacific and Indian Oceans while serving aboard the guided missile cruiser USS Shiloh.

Camacho and USS Shiloh departed San Diego in mid-April and sailed to the Persian Gulf, where the crew conducted maritime interception operations--boarding and searching

Bishop wins grocery raffle

Lee Bishop won the Xi Delta Rho grocery raffle drawing, which was held December 2.

Tickets were sold by sorority members and local 4-H clubs. All proceeds went to benefit the Garza County Trail Blazers.

Navy Petty Officer 3rd Class ships headed to and from Iraq in

Camacho is one of 388 crew members aboard the guided missile cruiser which carries Tomahawk cruise missiles and served as part of the USS Carl Vinson carrier battle group. USS Shiloh also joined

British forces in several exercises designed to help the crew members work better together.

Camacho also visited Hawaii, Bali, Indonesia, Bahrain, Thailand and the United Arab Emirates during the deployment which was the first for the two-year old ship.

He joined the Navy in May 1991.

Citrus-based fruit juices a deterrent to stones

Afflicting more than 1 million Americans each year, kidney stones are not only common, they also can be uncommonly painful. But a diet rich in citrus-based fruit juices and low in salt can help prevent kidney stones, according to Dr. Khashayar Sakhaee, professor of internal medicine at UT Southwestern Medical Center at Dal-

Kidney stones are hard masses of salts and minerals, such as calcium phosphate and calcium oxalate, that lar results, Sakhaee speculated.

build up over time. Research by Sakhaee and his colleagues at UT Southwestern showed that a high-sodium diet raised levels of calcium in the urine and lowered levels of citrate, a chemical that helps prevent formation of kidney stones. Drinking a quart of orange juice a day was found to increase urinary citrate levels, helping block stone formation. Grapefruit, cranberry and grape juice, also high in citrates, would probably produce simi-



Sparky wants you to have a happy and safe holiday. So he wrote these tips to help you safely enjoy the Christmas season.

Color Sparky with crayons or markers and clip this page out. Then, check your safety list to make sure your home is ready for the holidays. (Ask for your parent's help!)

Unplug lights before making any repairs or replacing light bulbs.

Test lights before stringing.

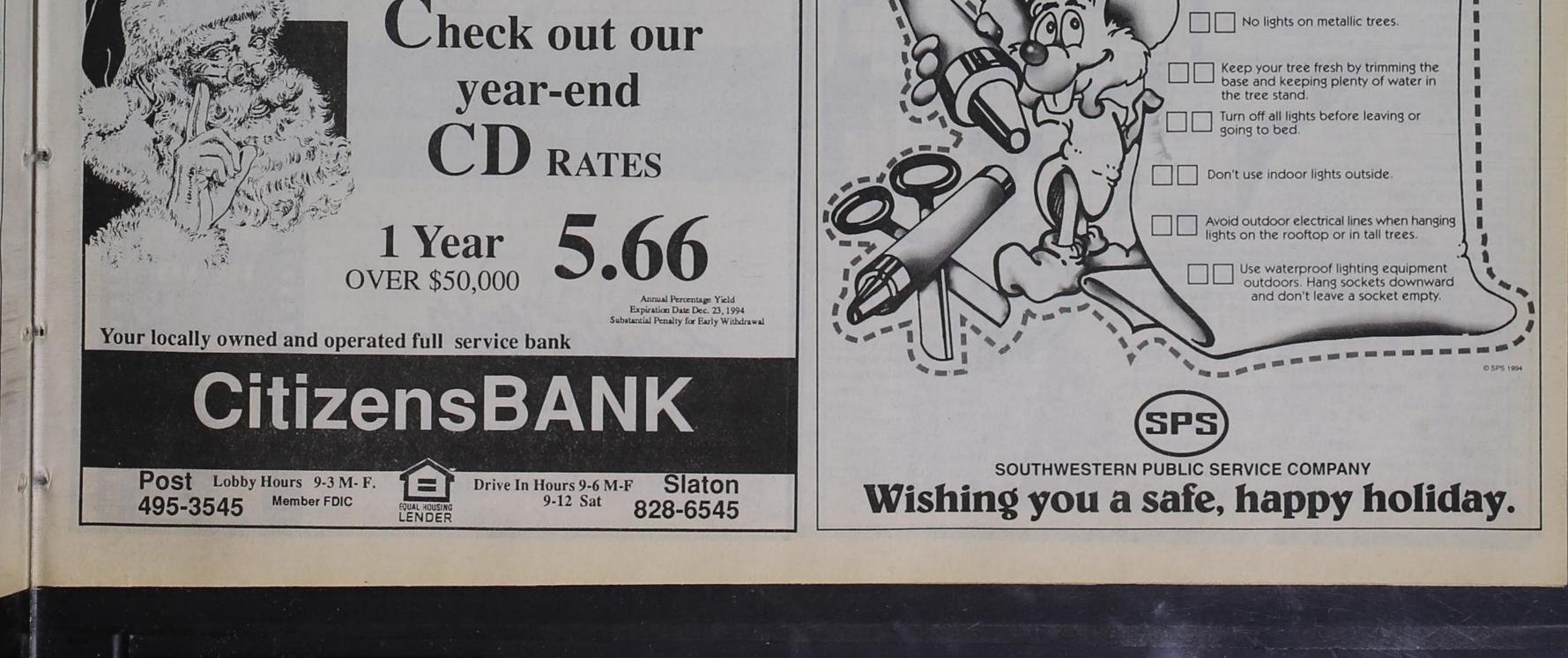
Check all cords for frayed or bare wires, cracked insulation, loose connections and damaged plugs or light sockets.

SAFETY L

Don't overload circuits with too many plugs!

the tree stand.

going to bed.



Sports Lady Lopes take second at Coyote tourney

The Post Lady Lope basketball team captured the consolation final last Saturday at the Borden County Coyote Christmas Tournament, edging Klondike 39-36 in the final game.

Nikki Pollard led the Lady Lopes with 16 points in the game, followed by Amber Cooper with 12.

Holly Hardin was credited with seven points and two each were scored by Katina Davis and Angela Jefferson.

The varsity ladies led 13-12 at the end of the first period and trailed by one point at half-time as Klondike led 18-17. The two teams matched 10 points each in the third period, but the Lady Lopes outscored Klondike 12-8 in the final period.

The Lady Lopes stretched their season record to seven wins and four losses. Tournament play opened on Thursday with a squeaker, as Grady won 44-43. Cooper led the scoring with 13 points. Others scoring included Steel with 8, Oden got seven, Hardin and Tracy Shumard both scored six and Davis picked up three points.

Cooper hit the nets for 21 points in the Friday 48-39 win over Borden County. Hardin collected another 13 points, followed by Oden with seven, Steel at four, two by Williams and one by Jill Stelzer.

The team is coached by James Easterling

J.V. girls smother New Deal

The Post junior varsity girls' basketball team smothered New Deal December 6 in a 41-18 win.

Cassie Short led the team with 16 eight, Natalie Pollard at seven, Arimy Gradine with six and Jody Hawkins two and Mills collected one. scoring four points.

> Take third place at **Snyder Tournament**

Playing class 4A and 5A teams at the Snyder tournament last weekend, the young Lady Lopes took third place. sophomores 49-34.

up seven, Hawkins sunk six, Pollard and Bobbie Davis hit for two points.

The girls came right back Friday and took a 45-36 win over Snyder.

Saturday the junior varsity girls faced tough competition with Midland Lee, losing 48-35.

Pollard led the team with 11 points. points, followed by Deejè Estep with Gomez got another nine, Short put in up four and Cooper got two points. seven, Estep got five, Gradine hit for

> In the final tournament contest the Lady Lopes took a commanding win over Idalou 46-29.

Short led the team with 16 points, followed by Pollard with 13 and Estep with 10. Gradine connected for four They started by out-gunning Abilene's and Mills put in another three points. "We played excellent basketball

Gradine led the scoring with 19 during the tourney," coach Kim points. Short and Erica Gomez picked Snodgrass commented. We had fun beating those bigger schools. We got five, Macee Mills collected three showed them just because we're a 2A margin to 45-41 at the opening of the school does not mean we can not play final period, but New Deal put another basketball."

"Even in the loss to Midland Lee." Short led the scoring with 16 points, the coach added, "that Lady Lope pride followed by Pollard with 11. Gradine hung in there and they never gave up.

8th grade boys take

third at tourney

The Post 8th grade boys' basketball team took third place at last weekend's All-Saints tournament in Lubbock. "We played well enough to win and started hitting our free throws in the fourth quarter and it saved us," coach Lane Tannehill commented.

The team edged All-Saints 28-25 in the final game last Saturday with Joey Ward scoring 11 points. Raymond Perez got nine points, Clell Knight picked up three, two points each were scored by Albert Armendariz and T.J. Gaydos and Todd Holbert got one.

The tournament opened Friday with the Post 8th graders winning 42-36 over Christ the King. "Everyone played well," coach Tannehill added.

Armendariz led the scoring with 13 points, followed by Ward with 10. Daniel Fluitt hit for five, Charley Bell, Raymond Perez and Matt Cooper got four and Knight was credited with two points.

Frenship "B" team edged the Post boys 48-46 in the second tournament game. "The third quarter hurt us, we just couldn't hit the bucket and had too many turnovers," Tannehill explained. Bell led the team scoring with 14 points, followed by Knight with 13 and Ward with 10. Armendariz picked

Varsity boys lose to New Deal

The Post Antelope varsity basketball team fell 66-54 to New Deal in the Tuesday, December 6 non-district contest. The 'Lopes trailed 15-12 at the end of the first period and halftime were down 34-26. The 'Lopes cut the 21 points up, while the 'Lopes could muster only 13 on the boards.

Bodie Simpson and Russ Bird led the 'Lope scoring with 11 points each,



Bodie Simpson (left) and Brad Lawson (right) battle for a lose ball during the varsity boys' contest here Tuesday, December 6 with New Deal. (Photo by Jerry Taylor

'Lopes take second place at **Borden Co. Tourney**

The Post Antelope varsity boys' basketball team took second place at last outscored New Deal 65-55 in the weekend's Borden County tournament. The team went into the finals having Tuesday, December 6 contest.

outscored Grady 62-53 and Borden County 60-37. Forsan won the championship The Lady Lopes took a three point contest 61-47.

In that game last Saturday Alvin Reed scored 18 points to lead the 'Lopes. and went to the lockers at halftime Brad Lawson collected eight, Eric Hanna got six, Cody Bain and Russ Bird both with a 28-23 margin. scored four, Justin Terry got three and two points each were scored by Bodie The team widened the margin in the Simpson and Jerry Crawford.

Tournament play opened Thursday, December 8 with a 62-53 win over Grady Deal's 17 and then finished off the as Simpson led the team at 14 points. Crawford picked up 12 and Reed got 10 fourth period by holding New Deal to points. Bird and Hanna both scored eight, Lawson got four and three points 15 points and adding another 14 for each were credited to Ashley and Terry.

In the second tournament contest the 'Lopes handed host Borden County by Amber Cooper led the scoring with 60-37 with Hanna leading the team at 14 points. Lawson followed with 11, 18 points, followed by Christie Oden Travis Hair got seven, Reed was credited with six, Crawford and Simpson got with 14 and Katina Davis with 13. five each, with four points going to Bain, Ashley and Bird.

Varsity Girls whip New Deal 65-55

The Post varsity girls' basketball team

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lead, 17-14 at the end of the first period

third period, adding 23 points to New

the 10 point winning margin.

Holly Hardin collected eight, Falisha

was credited with eight, four points I was proud of these girls. each were scored by Estep and Mills and Davis got two.



Andrea Wallace dribbles the ball around a defender during the Tuesday, December 6 contest here with New Deal. The varsity girls won 65-55. (Photo by Jerry Taylor)

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followed by Alvin Reed with 10. Brad Lawson put up nine points, Jerry Crawford hit for six, Eric Hanna put in four and Chris Ashley was credited with three.

8th grade girls win at All Saints

The Post Middle School eighth grade girls' basketball team over powered Crosbyton 33-20 in the opening game at last Friday's All Saints Invitational tournament, qualifying for the championship final. The young Lady Lopes were edged by Christ the King 32-24 in the championship game.

Rachele Jones led the team with 10 points in the championship semi-final game with Crosbyton. Jennifer Strawn scored six points, followed by Becca Stelzer with five, Pam Chapman and Tasha Gilbert each scored four points and two points were credited to Kendley Jefferson and Kristen Webb. In the Saturday contest with Christ the King Jones led the team again with 10 points. Strawn collected six, Jefferson got four and two each were scored by Chapman and Stelzer.

495-3050, if busy dial 495-4094

7th grade girls nab win over Ralls

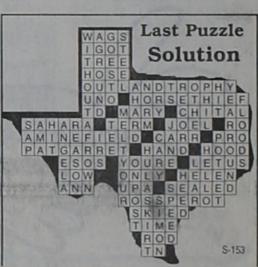
Post 7th grade girls shut out Ralls Lauren Webb each contributed 4 in the first quarter of play last points to the win and Candi Reed Monday night and pulled off a 20-13 rounded out the offense with 2 win over the Jackrabbits. Stephanie points. Good defensive play kept Looney scored 10 points in the Ralls from scoring more points. game. Courtney Bratcher and

8th grade girls victorious over Ralls

Post 8th grade girls ahead of Ralls 7 points, Becca Stelzer with 6 throughout the game in a 38-29 points, Rachele Jones with 5 points, victory. Post took the lead in the and Torrie Foster with 4 points. first quarter and never allowed Ralls Kasey Hardin and Hannah Jefferson to catch up. Kristen Webb led the each scored 2 points. Post scoring effort with 8 points

A well balanced offense kept the followed by Kendley Jefferson with

Jefferson came off the boards with five, Chelisa Williams picked up four, Tiffany Steel put in two and Nikki Pollard was credited with one.



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pointer during the Lady Lopes' win over New Deal here December 6. (Photo by Jerry Taylor)

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The 7th grade boys walked away Crosbyton posed the next hurdle close affair with Post victorious by with the championship trophy at the on the way to the championship in a 4 points. The final score was Post All Saints Tournament in Lubbock high scoring game which Post won 34-TC 30. The high point man for

last week. Post had an easy win 53-49. Post finished out the game Post was Billy Crawford who over Midland 36-23 for the first with a whopping 22 points in the contributed 12 points in the final game to advance to the winning fourth quarter after a slim 6 point game. Luis Leos scored 10 points bracket. In this game Billy third quarter. Billy Crawford again and Chris Saldivar added 6 points. Crawford led the scoring for Post led the scoring with 18 points. Raymond Jefferson and Braden with 10 points. He was followed Raymond Jefferson and Luis Leos Conner rounded out the offense with closely by Raymond Jefferson with added 12 points each. Braden 4 points and 2 points respectively. 8 points. Luis Leos and Braden Conner posted 6 points for the game Coach Black commented "Our Connner scored 6 points each. and Scotty Gaydos and Rocky seventh grade boys played three good Rocky Gomez scored 4 points and Gomez added 2 points each. Chris Saldivar scored 2 points in the The championship game with We are proud of them." winning effort.

Trinity Christian proved to be a

7th grade boys win All Saints tournament

games in winning this tournament.



Eric Hanna fights for a loose basketball during the Post Antelope contest here with New Deal December 6. (Photo by Jerry Taylor)

8th grade boys

Armendariz with 8 points. Raymond Perez was successful for 5

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points.

The Post Dispatch Wednesday, December 14, 1994 Page 5



Bodie Simpson takes a shot for two points during the December 6 varsity boys' contest with New Deal here. (Photo by Jerry Taylor)

J. V. Boys Overwhelm New Deal

games," he added.

Antelopes came alive in the second points each in a fast paced game quarter scoring 24 additional points to 13 for New Deal.

A 73-55 win over New Deal last David Perez led the Lope scoring Tuesday balanced the record for the with 6 field goals, 1 three point J. V. boys at 3-3 for the season. basket and 7 free throws for a total According to Coach McMeans the of 22 points. B. J. Hart and Jeremy win is attributed to great team effort. Josey followed with 14 points each. "We really played good team Todd Terry finished the game with a offense. If we play unselfish like total of 7 points. Roy Perez added 6 this all year we will win a lot of points to the game. Jay Childers put 2 field goals in for 4 points and The first quarter saw Post with Jake Loredo, Noel Saldivar, and Kip only a 1 point lead but the Wilks contributed an additional 2

7th grade boys lose 28-38

Poor shooting in the third quarter stymied the Post 7th grade boys in their game with Ralls. The first quarter ended with Post 16, Ralls 17 but the offensive for Post just couldn't get untracked in the third which saw Post adding only 2 points to the score. The offense rallied in the fourth with 10 points but could not overcome the lead held by Ralls. The final score was Post 28, Ralls 38.

Braden Conner led Post in scoring with 10 points. Rocky Gomez contributed 7 points followed by Billy Crawford with 4 points. Luis Leos, R. T. Todd and Marcus Lopez each made 2 points. Raymond Jefferson completed a free throw for 1 point



Chelissa Williams scraps for a rebound during the Lady Lope victory here over New Deal Tuesday, December 6. (Photo by Jerry Taylor)

8th grade girls participate in All Saints Tourney

hurdle facing the 7th grade girls in formidable in the consolation semi- trophy came down to an exciting the All Saints Tournament last week final game. Post won 17-10. fourth quarter. Unfortunately in Lubbock. Post got off to a slow Another slow start in the first Frenship was able to hold on to the start and was unable to overcome the quarter had players nervous but they lead with the final score Post 15, early lead established by CTK in the picked up the defense holding Frenship 18. Amy Line led the 13-28 loss. Stephanie Looney led Lubbock Trinity to only 1 point in scoring for Post with 4 points the scoring for Post with 6 points. the second quarter and fired up the followed by Courtney Bratcher with Camie Payne, Jackie Davis and offense in the second half to win the 3 points. Erin Gregory, Camie Sclicia Hernandez scored 2 points game. Stephanie Looney again led Payne, Stephanie Looney and each and Lauren Webb scored 1 the scoring with 9 points, followed Lauren Webb each contributed 2 point. Post was able to put some by Candi Reed with 4 points. Amy points. points on the board in the second Line and Lauren Webb each scored 2 half and slow down the CTK points. scoring.

Christ The King was the first Lubbock Trinity proved less The final game for the consolation



What better gift for a cherished loved one or friend this Christmas than "30 Years of Festive Foods," a commemorative cookbook from Southwestern Public Service. Packed with 2500 tried and true recipes, this handy cooking aid is packaged in a durable three-ring binder with a quick-reference format that's easy to use.

"30 Years of Festive Foods" is on sale now at local SPS offices, or may



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Page 8 The Post Dispatch Wednesday, December 14, 1994

Living on the Edge of the Caprock

Pecan shortfall may bring higher prices

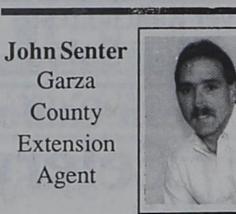
Many folks, including myself, think that a good Christmas meal is not complete until the last piece of pecan pie is topped with whipped cream and eaten. If you find yourself one of these "devoted pecan pie eaters", or maybe you're a pecan pie creator, you may feel the effects of a shortfall in the 1994 pecan crop.

Last year at this time, Texas pecan production was on track for a record harvest. However, news from the Texas Pecan Growers Association says this year's crop may be only half of the 75 to 80 million pounds that were produced in 1993. As a result, prices may increase for the first time in five years. Reports and rumors of the heavy should let you crack a few pecans to October rains were first thought to make sure they're of good quality. have caused the shortage. It now considered to be an alternate bearing

crop. Extension Horticulturist and Pecan favorite recipe! Specialist, has some advice on what to

look for. If you are buying shelled pecans, the kernels should have a light gold color and a light oily sheen. You should break a few kernels to make sure they are fully developed and do not contain air pockets.

If you are buying pecans that have not been shelled, make sure they are not fuzzy on the outside. Vendors



As for prices, expect to pay appears that some natural reduction somewhere in the neighborhood of can be expected since pecans are two dollars per pound for in-shell pecans. You can find a shortcut to your favorite pie and avoid the shelling by Nevertheless, there are still plenty of purchasing shelled pecans. However, good pecans to be found, especially at you should expect to pay somewhere roadside markets and wholesale in the area of five dollars per pound for operations. Dr. George McEachern, this luxury. Good luck with your

Back when . . .

10 years ago December 12, 1984 The 15 Antelope football players named to the All-District football team are Delton Osborn, Benny Hair, Joel

Lonnie Welborn has created a lovely angel on the front door of his parents

home. Mr. and Mrs. Paul Duren spent the weekend in Dallas visiting Mr. and



Post Chamber of Commerce secretary Wanda Mitchell (center) presents the \$100 Christmas parade prize to Cub Scout pack members (left to right) Michael Huff, Chance Howe, Brandon Hernandez and Colt Vernon.

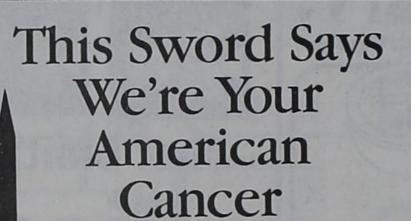
New laser surgery may help those affected by congested nose to breathe easier

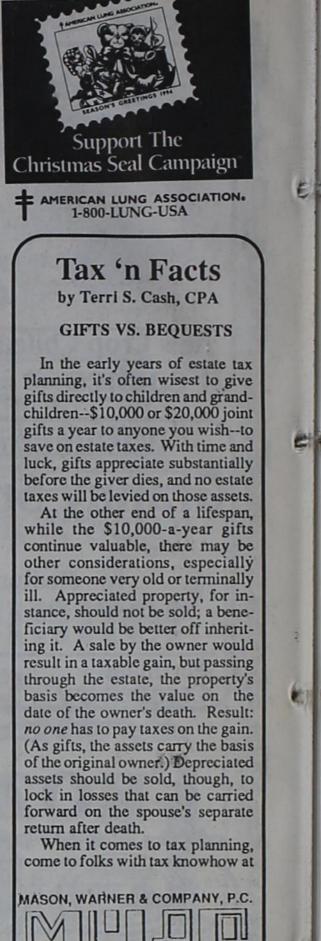
Free

People who have a chronically requires only topical anesthetic, little pain, requires no packing an congested nose but who aren't helped by allergy treatment may benefit from a new laser procedure aimed at reducing nasal tissue.

The new procedure - laser-assisted turbinate reduction (LATR) - uses a laser to reduce the size of the turbinates, the soft-tissue projections with a bony center in the nose that warm and humidify air. "This is a new way of treating something that's reasonably common," said Dr. Richard Mabry, professor of otorhinolaryngology at

which is sprayed into the nose, allows the patient to return almost carries little risk of bleeding, causes immediately to normal activities.





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Kirkpatrick, Ricky Moore, Rodney Hays, Albert Nava, Curt Greer, Bruce Crenshaw, Tracy Price, Jay Valdez, Keith Osborn, Kenneth Gill, Jay Fluitt, James Mock and Curt Cowdrey.

Margie Harper is Employee of the Week at Garza Memorial Hospital. Andrea Armendariz was born December 3 at 10 a.m. in Garza Memorial Hospital.

20 years ago

December 12, 1974

Mr. and Mrs. Teddy Jackson and children, Mr. and Mrs. Jimmy Floyd and Mrs. Pat Johnson and Billy spent the weekend in Post recently visiting Mrs. Annie Odom.

A picnic was held by the Post 4-H girls last Saturday at the home of Mr. and Mrs. Arnold Sanderson.

Mrs. Sue Maxey was hostess to the Graham Thursday Club when it held its Christmas party December 5 in her home.

30 years ago December 17, 1964 Earl Chapman namedby the School Board to replace Board President E.R. (Buster) Moreland, who stepped down for health reasons.

Mrs. David Shultz and Mrs. Hettie Mae Robinson.

40 years ago December 16, 1954

Polly O'Neal made a movie "Victory Springs" with screen actress Greer Garson for the Gonzales Warm Springs Foundation for crippled children. Mrs. Boo Olson gave a Christmas

party for her music pupils and their parents Sunday afternoon. Margie Ann Harrison celebrated her ninth birthday with a party given by her mother, Mrs. Buck Harrison.

Miss Barbara Norris announces her engagement to Ronald Babb.

50 years ago December 14, 1944

The soldier of the week is Sgt. Mason Justice, son of Mr. and Mrs. Cameron Justice.

The S.S. C.W. Post, a 10,500 ton Liberty ship was named in honor of C.W. Post, founder of Post, Texas.

"The White Cliffs of Dover" with Irene Dunne is showing at the Garza Theater Sunday and Monday. Some prices at the local grocery this week are t-bone steak 42¢ lb., peanut butter, 83/4 oz jar, 16¢ and bell peppers 17¢ lb.

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UT Southwestern Medical Center in Dallas, who performs the outpatient procedure at the medical center James W. Aston Ambulatory Care Center.

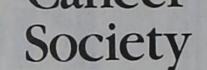
People may have nasal congestion because of a physical obstruction, like a deviated septum or nasal polyps. Or it could be a condition called rhinitis, an irritation or inflammation of the nose. Rhinitis causes the turbinates to become congested and swell so that it is difficult to breathe through the nose. Rhinitis may be caused by allergies, but it also can result form temperature changes, weather changes, stress, fatigue, hormonal changes or medications. "Turbinates will congest and swell due to a lot of things, some of which are treatable," Mabry said. "For instance, people who have allergies should be treated appropriately for that allergy."

Those whose rhinitis can't be treated may benefit from the LATR procedure. "There's a significant population out there who have seen a physician and been told they're not allergic and they just have to live with it," Mabry said. "For those people, this may offer another way out." Mabry estimates up to 20 percent of the patients he sees for nasal obstruction are candidates for the new procedure.

LATR uses a carbon-dioxide laser to decrease the size of the enlarged turbinates. The outpatient procedure

No idea is so outlandish that it should not be considered with a searching but at the same time with a steady eye. -Winston S. Churchill

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Even though there are many cancer organizations, there is only one American Cancer Society. Follow the sword in the battle against cancer. For more information call 1-800-ACS-2345.

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Yes, Digital Cellular is once again offering its Christmas Special. Give the gift of Digital Cellular telephone service to anybody on your list, and we'll waive the normal \$25 activation fee. Plus we'll give them their first \$50 of airtime within the Digital Cellular home system, free! (And if you want to give this wonderful gift to, oh, yourself, we promise not to say a word. Hey, you've been good this year. You deserve it.) So see your local authorized Digital Cellular of Texas agent today, or call 1-800-662-8805. But if you miss out again this year, you better not ... well, you know.



Come by and enjoy refreshments with us Monday, December 19. Santa will he here for kids of all ages.



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Box 53118 • Lubbock, Texas 79453 • 1-800-662-8805 • 924-5432 Offer ends December 16, 1994 and is good for new connections only. Certain restrictions apply.



Post Middle School STAR members performed a special puppet for elementary school students in a drug prevention campaign this week. Puppeteers are (back row, left to right) Kevin Hart, Ryan Wulfjen, Clinton Curtis, Dianna Williams, Anali Simental, (front row) Tim Pena, Miranda McClain, Raul Ortiz and Joey Cimintal. Puppeteer Mandy Terry was not present for the photo. (Photo by Lillie Hart)

Alzheimer's Disease ranks fourth among elderly deaths

As many as 200,000 Texans who Alzheimer's disease, according to personnel throughout Texas with health officials. That number is information and referral about expected to swell dramatically as the available resources to combat the state's population continues to age. Alzheimer's epidemic in Texas. The As more Texans develop the program operates a toll-free devastating illness, which so far has information line, 1-800-242-3399, no cure, proportionately more from the program's office in Austin. families will face the hardships associated with the fourth leading patients die each year in the U.S., cause of death among the elderly.

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Alzheimer's disease, November 4-5 unknown, although researchers are in Austin, coincidentally was held studying links to possible genetic, within days of former President

As many as 100,000 Alzheimer's according to Durden. She said the The first statewide conference on degenerative brain disorder's cause in physiological, environmental and

require round the clock care.

"Some of these similar causes of graine sufferer. dementia-like symptoms can be treated or cured, if detected early Pet givers must be ready enough," Durden said. "And other disorders, such as Huntington's disease and Parkinson's disease sometimes are mistaken for Alzheimer's. Usually, it is only after eliminating all other possible causes of Alzheimer's symptoms, that physicians narrow their diagnosis to Alzheimer's. Even then, the

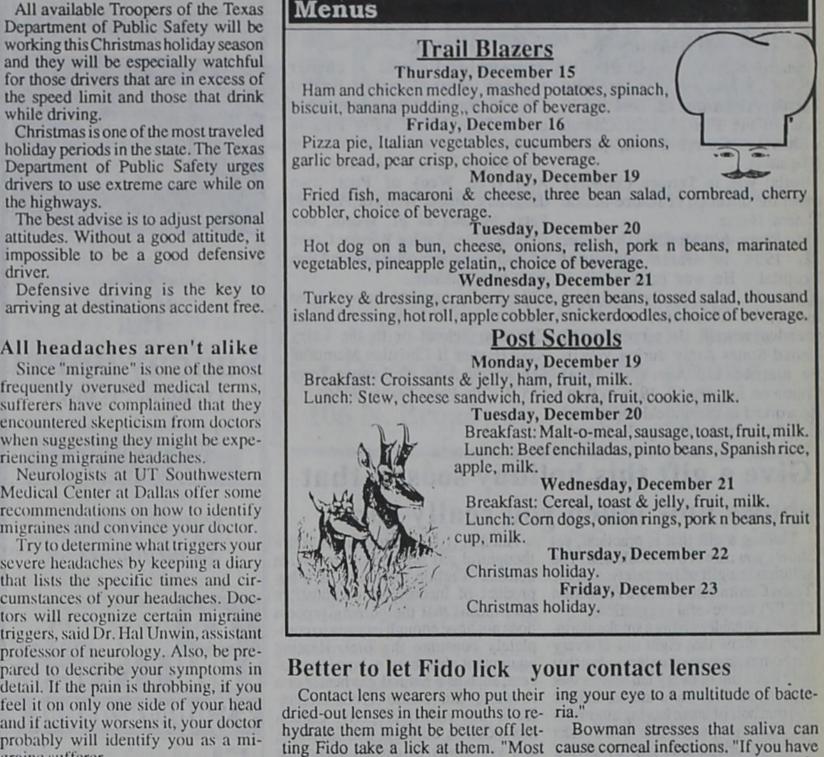
Holiday safety top priority for troopers

while driving.

the highways.

The Post Dispatch Wednesday, December 14, 1994 Page 9

Menus



people falsely believe that a human's a herpes simplex sore in your mouth, mouth is cleaner than a dog's mouth, you could transfer that bacteria to your so they wouldn't think twice about eye, and that could cause a severe using their own saliva to wash the ulcer," he said. Bowman also doesn't lenses," said Dr. R. Wayne Bowman, recommend running your lenses unassociate professor of opthalmology der tap water. "Tap water isn't sterile at UT. Southwestern Medical Center and contains Acanthamoeba, an orat Dallas. "You run the risk of expos- ganism that can cause an eye infection that could lead to blindness."

at the **Post Dispatch** 5888 mm 5 **SI** only per page (International faxes \$5 per page) 123 E. Main • Post, Texas phone 495-2816 • fax 495-2059

impossible to be a good defensive driver. Defensive driving is the key to arriving at destinations accident free.

All headaches aren't alike

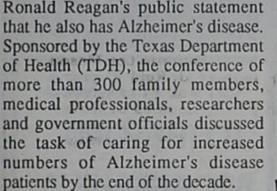
Since "migraine" is one of the most frequently overused medical terms, sufferers have complained that they encountered skepticism from doctors when suggesting they might be experiencing migraine headaches.

Neurologists at UT Southwestern Medical Center at Dallas offer some recommendations on how to identify migraines and convince your doctor.

Try to determine what triggers your severe headaches by keeping a diary that lists the specific times and circumstances of your headaches. Doctors will recognize certain migraine triggers, said Dr. Hal Unwin, assistant professor of neurology. Also, be prepared to describe your symptoms in Durden said the TDH Alzheimer's progresses, usually over a period of detail. If the pain is throbbing, if you are 65 or older now have Program assists families and medical years, the patient's physical feel it on only one side of your head condition and dementia worsen to and if activity worsens it, your doctor probably will identify you as a mi-

to teach responsibility

Many parents (and others) think a new pet makes the perfect holiday gift. Dr. Donna Persaud, assistant professor of pediatrics at UT Southwestern Medical Center at Dallas, thinks pets should be a part of growing up, but advises parents to teach their children responsible pet ownership.



Baby-Back Pork Ribs & Smoked Turkeys & Beef Tender 101n. Veronda Durden, director of TDH's Alzheimer's Program, said, "The challenge faced by medical specialists, researchers and health care providers is enormous. While we search for a cure for Alzheimer's as well as the means to prevent the disease, we also must improve treatments of Alzheimer's many symptoms. Care providers, health professionals and the public alike must be better educated about management of patients and their illness. It also is crucial that our society provide real support for families struggling with this tragedy."

226 E. Main Post, Texas 79356

viral factors. The disorder was named after a German neurologist who first described Alzheimer's disease in 1906. Its early symptoms include memory loss about recent events, confusion, severe disorientation, anxiety and loss of speech. As the fatal disease

diagnosis is only about 90 percent accurate."

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Few of us can stand prosperity. Another man's, I mean. -Mark Twain

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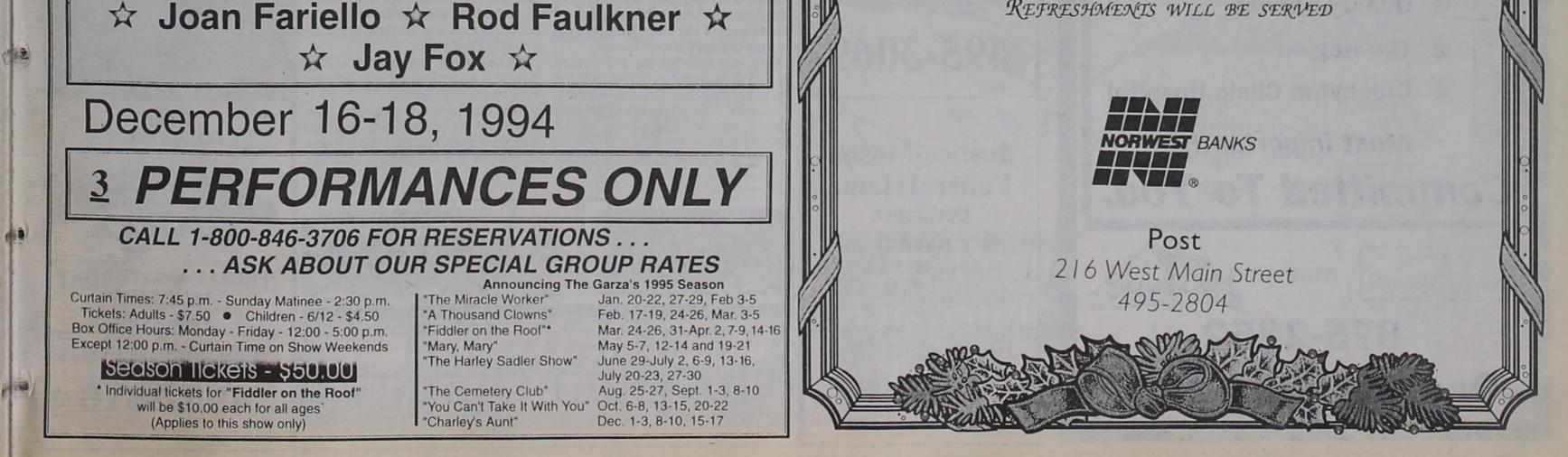
"Parents need to demonstrate and teach the child the right way to pet or play with their pet," Persaud said. It's particularly important for parents to supervise very young children (those under 2) around pets. "Children at that age are exploring their world; they're testing things.

If the child acts inappropriately with the pet, separate the child and the animal and explain and demonstrate the correct behavior, Persaud recommended. It's also important to make sure the pet is kept clean and that its immunizations are current. That helps keep the pet and child healthy, Persaud added.

> the Holiday Season at our CHRISTMAS OPEN HOUSE

Join us in celebrating

FRIDAY, DEC. 16 9 AM - 3 PM



Page 10 The Post Dispatch Wednesday, December 14, 1994

Obituaries

Charles K. "C.K." Pierce

with Rev. Darryl Smith, pastor Post. officiating.

Funeral Home.

12, 1994 in Garza Memorial of Austin; six grandchildren and five Hospital. He was born April 5, great-grandchildren, 1911 to W.T. and Emily (Rutledge) The family suggests memorials be Pierce, in Whitesboro where he made to the First Baptist Church attended school. He served in the Christian School or to the Larry United States Army during WWII. King Haynes II Christian Memorial He married Iva Ann (Pee Wee) Scholarship fund, c/o Luanne Terry Crume on January 12, 1946 in Post. 615 W. 7th, Post, Texas 79356. He worked in the oilfield and retired in 1974 from the George R. Brown

Funeral services for Charles K. Partnership. He was a charter "C.K." Pierce, 83, were held member of the Trinity Baptist Tuesday, December 13, 1994 at 3:30 Church. He was a lifetime member p.m. in the First Baptist Church of the John Miller VFW Post in

Survivors include his wife, Iva Burial was in Terrace Cemetery Ann (Pee Wee) of Post; two under the direction of Justice-Mason daughters, Sharla Wells of Post and Patsy Mountz of Ft. Worth; one Mr. Pierce died Monday, December step-daughter, Janice Barrow Grape

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Give a gift this holiday season that shows how much you really care

Finding a gift that is practical, yet shows you care is a difficult task. The solution is a gift of fire safety, and the Texas Commission on Fire Protection (TCFP) has several suggestions.

First, consider giving a smoke alarm. Studies show that eight out of every ten homes have smoke alarms, but that only three out of every ten homes that experience fires have smoke alarms and that half of those having alarms do not work properly. The TCFP asks identication is a natural gas nearer of a fireplace, can release carbon monox-ide if not vented properly. Carbon monoxide is odorless and invisible, Texas to bridge this gap by giving smoke alarms as gifts this holiday. "Perhaps the home next to yours is

one without a working smoke alarm," said Michael E. Hines, executive di-rector of the TCFP. "Because most homes where fires occur don't have smoke alarms, those of us who do have

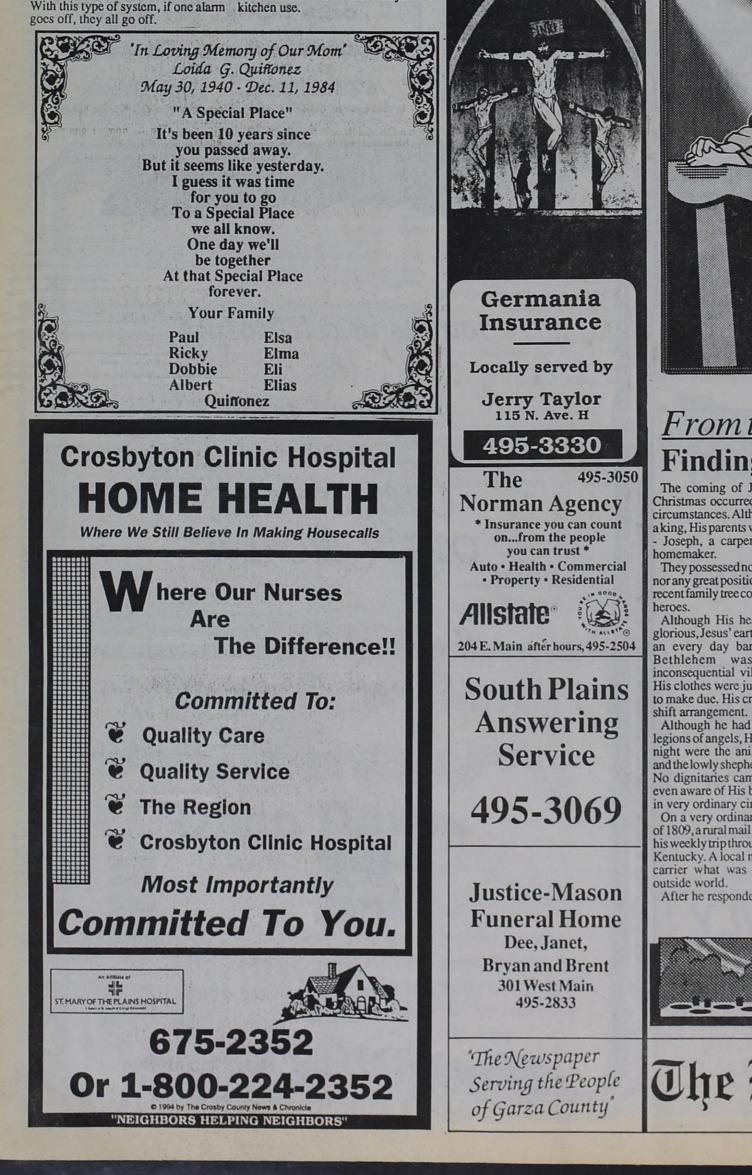
neighbor or friend already has one smoke alarm, consider giving a sec-ond alarm this holiday. "Adding smoke could use more than one.

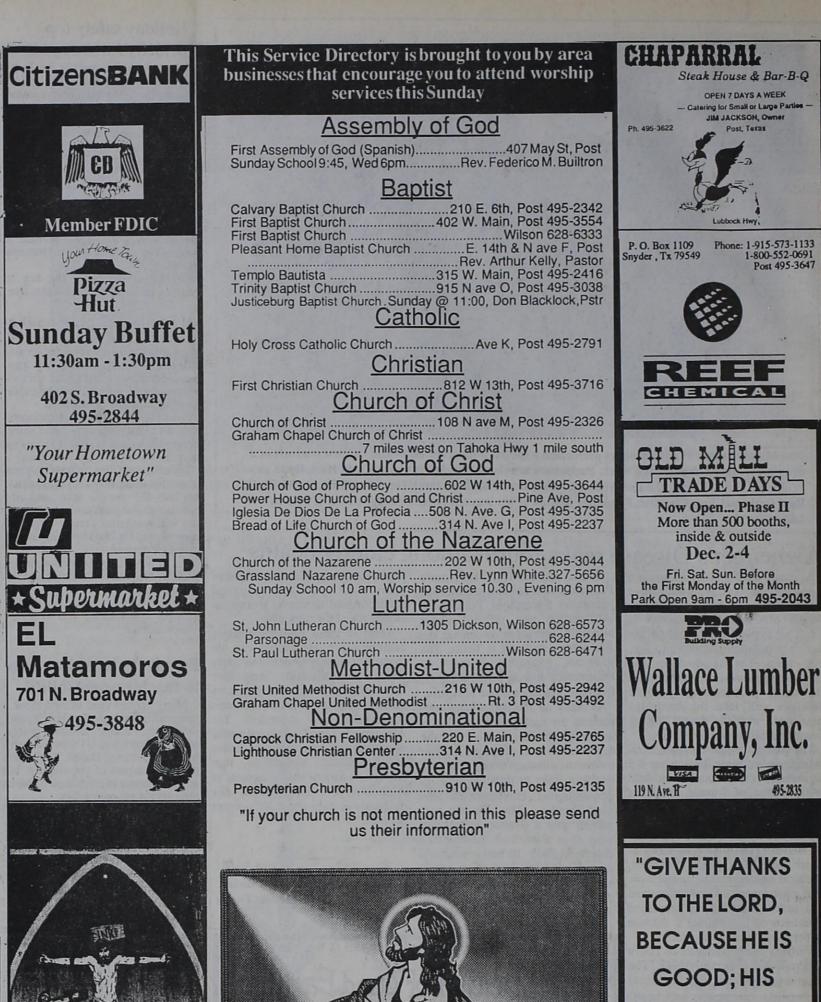
Another type of alarm that makes a thoughtful gift is a carbon monoxide detector. Carbon monoxide is a byproduct of incomplete combustion.

This means that the burning process does not have enough oxygen to com-pletely consume the fuel. Heating equipment that uses a burning process, such as a natural gas heater or a and symptoms of carbon monoxide poisoning are similar to those of the flu or a cold.

Several types of carbon monoxide detectors are now marketed to the con-sumer. You can choose from batteryoperated or plug-in models. All models sound an alarm when carbon monsmoke alarms must help. The gift of a oxide levels reach a pre-set level; some smoke alarm does say you care." models also give a digita Hines explained that even if your carbon monoxide levels. models also give a digital readout of

Finally, consider giving fire extinguishers to those you love. Who could use an extinguisher? A young driver alarms increases your protection with a new car, a new homeowner, a against fires," he said. Most homes college student on his or her own for the first time - almost anyone. Be sure For stocking stuffers, buy batteries for the smoke alarm. Most smoke alarms use 9-volt or AA batteries. to match the fire extinguisher with its intended use, however. The label on the extinguisher will tell whether it is For protection for the entire home, rated for use in an automobile or a consider interconnected smoke alarms. boat, for the whole house or just for





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The Post Dispatch Wednesday, December 14, 1994 Page 11





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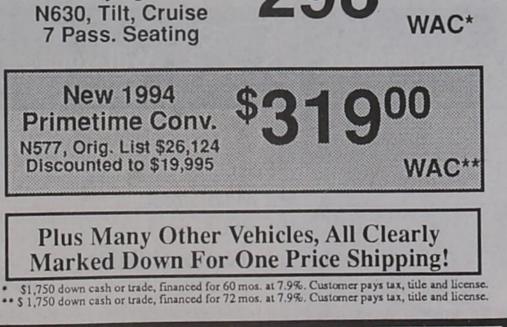
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Page 12 The Post Dispatch Wednesday, December 14, 1994

Holidays bring seasonal affective disorder to many

disorder, 'tis not the season to be Baylor. jolly.

winter. A psychologist at Baylor more common in higher latitudes. College of Medicine in Houston holiday "blues".

"The blues are common during the occur," Frugè said. holidays and mostly comes and SAD symptoms include fatigue, goes. But people with SAD are sluggishness, oversleeping, often depressed all winter long,": overeating, and weight gain. said Dr. Ernest Frugè, an assistant Symptoms usually begin during

Seasonal affective disorder (SAD), a contributing factor to SAD, the most often a form of depression, disorder appears to be related to a occurs with the seasons, especially low-light environment. It is also "As the longer days of spring and light for several weeks.

says SAD differs from the typical summer are replaced with short, dark days of winter, mood changes can light therapy are detected within the

Post Notes 🖾

Music Dept. to perform X-mas concert The high school band and choir will present their Christmas concert Thursday, December 15 at 7:30 p.m. in the Elementary Auditorium. Admission is free and the public is encouraged to attend.

Gospel Singing December 17 Everyone is invited to attend the monthly Ole Time Gospel Singing Saturday, December 17 at 7 p.m. at the Senior Citizens Center.

Middle school to dismiss early Dec. 21 Post Middle School students will be dismissed at 12 noon December 21 for the Christmas break. Bus students will be supervised until the bus runs at 2:30 p.m.

Christmas program to be presented at Church of God of Prophecy

The Church of God of Prophecy invites you to attend this year's Christmas program, "I Give You Jesus". The program will be presented December 17 at 7 p.m. at the church located at 602 W. 14th Street. Starving Artist and Crafters Sale extended The Starving Artist and Crafters Sale has been extended until Christmas at the Algerita Art Center. The event is open to everyone. For more information contact Jane Mason at 495-2980 or Marie Neff at 495-2051.

Memorial Scholarship fund established The Larry King Haynes II Christian Memorial Scholarship Fund has been established and contributions or memorials can be made at Norwest or Citizens Banks. For further information contact LuAnne Terry secretary and treasurer.

Art Guild to sponsor T-Shirt painting

For people with seasonal affective professor of family medicine at adulthood and appear four times more commonly in women as in Frugè says although stress may be men. It can run in families with a history of alcoholism or depression. The first line of treatment for SAD is light therapy, which exposes the patient to white fluorescent indoor

Studies show that results with first week of treatment.

Although light therapy can produce side effects such as headache, eye strain, irritability and insomnia, the effects are mild and can be lessened by decreasing light intensity.

If light therapy is ineffective, a physician may add antidepressants to the treatment regimen.

Diet, exercise and stress management can also help increase energy level, Frugè says, but it is important to seek medical attention.

"Before you assume you're depressed or have SAD, get a physical examination to make sure that other possibly more serious symptoms," Frugè said.

How to avoid some of those Holiday pounds

The sweet smells and tastes of the holidays make it hard for most of us to avoid putting on weight. The average person gains five to seven pounds between Thanksgiving and New Year's Day, according to Jo Ann Carson, director of the clinical nutrition program at UT Southwestern Medical Center at Dallas.

Carson offers four strategies for dealing with tempting treats: frequency of consumption, portion size, preparation or substitution.

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wouldn't believe it if I weren't seeing it with my own eyes.

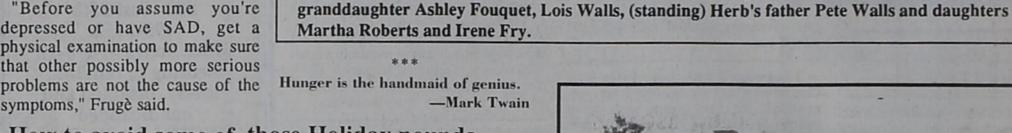
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Truth is stranger than fiction.

For example, if eggnog is your holiday downfall, you might just enjoy it for Christmas instead of drinking it every night during the holiday season. The second strategy is to have just a sip instead of a whole cup. The third technique calls for preparing the eggnog with low-fat milk and egg whites in place of cream and whole eggs. A final option is to have something else entirely - like a sparkling water or fruit punch with fewer calories.



Hudman Funeral Home 615 W. Main 495-2821





at the courthouse are family members (seated, left to right) granddaughter Leslie Fouquet, great-

Truth is stranger than fiction.



Will wonders never cease

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Will wonders never cease.

The Post Art Guild will be sponsoring a t-shirt painting December 9 and 10. Glenda Morrow is the instructor and all materials are included in the \$28 fee. Call 629-4393 to sign up.

Garza Theatre in need of volunteers The Garza Theatre is in need of volunteers to serve as ushers for the plays. They would like to encourage individuals, organizations or clubs to call 495-4005 or 1-800-846-3706. Excellent opportunity to see the plays and be involved in the community.

Fund established to benefit Gordon A benefit fund has been established at the First National Bank of Post for Linda Gordon. All donations will assist Gordon with incurred medical expenses.

Service Officer available in courthouse The Garza County Service officer will be available at the Garza County Courthouse 9 a.m. until 4 p.m. the third Saturday of each month from 9 a.m. until 4 p.m. For an appointment or information call Ann Stelzer at 327-5301 after 6 p.m.

FBC seeking Senior Adult Choir members The First Baptist Church would like to extend an invitation to anyone ages 55 and over to come and join our Senior Adult Choir. Our Choir meets on Wednesdays from 10:30-11:30 a.m. in the church Fellowship Hall. A pot-luck lunch will follow rehearsal on the first Wednesday of the month.

Xi Delta Rho establishes scholarship fund The Xi Delta Rho chapter of Beta Sigma Phi has established a memorial fund to be used for scholarships for local graduating high school seniors. To make a donation to the scholarship fund call Karen Palmer at 495-2023 or Jaynie Dickson at 495-3422. Both can be reached during the evening hours.

Post Cares in need of food donations Post Cares is in need of non-perishable food items. Please bring donations by 222 E. 8th or call 495-2060 for pick-up service.

Commodities distribution

The commodities distribution are held on the fourth Friday of every month at the Service Center on the Snyder Highway. The center will be open for the distribution from 9 - 12 and from 1-3 p.m. The commodities distribution will continue at the Service Barn until further notice. Commodities will be distributed in Southland on the fourth Thursday of cach month.

Caprock Ladies Golf Association

The Caprock Ladies Golf Association will hold their weekly meetings every Wednesday night at 6 p.m. at the Caprock Golf Course. Any woman who enjoys playing golf or would like to learn the game is encouraged to attend.

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Our new free personal checking account is so great, it's unbelievable. But here's the proof. There's no minimum balance, no monthly service charge, no limit on the number of checks you can write, your first order of 150 personalized checks (wallet or duplicate, standard design) is free and the offer is good as long as you have your account at your Norwest Bank in Texas. So stop by your Norwest Bank and talk to the people you've known in the past about the free checking account that's changing the future. Plus, only Norwest gives you free access to more than 39 Instant Cash machines in Texas.



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