

BAZE BOOKBINDING  
514 W. 7TH ST  
AMARILLO TX 79101

# The Post Dispatch

The Newspaper serving the people of Garza County

Sixty-eighth Year Number 18

USPS 439-620

Newsstand price 50 cents

Wednesday, September 29, 1993

## Rendezvous of the Arts begins Oct. 8

### Meet the Artists Preview party signals start of Rendezvous activities

The brainchild of Caprock Cultural Association board member Carolyn Chapman back in 1990, the Post Rendezvous of the Arts is entering its fourth year. This year's extravaganza is set to open October 8 at 6 p.m. at the Post Community Center with the 1993 "Meet the Artist Preview Party."

Housing the famous professional artists in the empty downtown stores in Post, decorating them in the western motif, proved to be one of the biggest attractions for Post's annual Founders' Day celebration. The Rendezvous included Tex-West and Friends, cowboy poets, storytellers and musicians who delighted the full house audiences.

When the downtown stores filled up with new businesses in 1991, the Rendezvous was moved to its present location at the Post Community Center. With the help of inventive members of the Caprock Cultural Association, the 1993 Rendezvous has been moved to the weekend prior to this year's Founders' Day (Oct. 8 and 9) to be able to provide the public with a larger variety of art and entertainment.

Art lovers are invited to stop on by and browse through the works of 24 outstanding professional artists who will display museum quality work in bronze, oils, watercolor, pencil, wood, jewelry and bits and spurs. The artists attracted to the Rendezvous hail from Arkansas, Oklahoma, New Mexico and all over Texas.

The "Wild West Saloon" doors will open at 8 p.m. with the featured attraction being a "Wild West Stage Show", supper and cash bar.

Supper guests and artists will enjoy a wild west experience complete with dance hall queens, root'n toot'n cowboys, poker players, a wild west shootout and stage music. During the course of the dinner though, the stage full of talent may be interrupted with some saloon "goin' on".

Saloon guests need not worry though as the town marshal will be close at hand to take care of any wayward renegades.

The art exhibit and sale will continue on Saturday, October 9 in the community center beginning at 9 a.m. and concluding at 6 p.m. As an added treat, there will be several mini-performances in the wild west saloon throughout the day.

Along with the meet the artist night and wild west show on October 8, this year's event includes a number of other activities. Scoot a boot to the music of "Shades of Country" on October 9 at the rodeo grounds north of town. Friendly and outgoing Robert Joe Vandygriff brings his popular band to town for an unforgettable performance. The Dennison band performs regularly at Texas Joe's in Arlington. He has also been a favorite in Lubbock for a number of years.

Tex-West and Friends, performing cowboy poets, musicians and storytellers from the successful Cowboy Symposium in Lubbock will be featured again on October 16 at the Garza Theatre during the annual Founders' Day celebration.

This year's Rendezvous will include the new attraction of the Plainsmen Muzzleloaders. This group depicts the lifestyles of the fur trading era. They will set up camp October 16 on East Main. The primitive camp will feature tomahawk and knife contests. The costumed participants will have their trading blankets and will be more than willing to explain a bit of this historic era to the viewers.

A special feature at this year's Rendezvous of the Arts will be the Invitational Collector - Artist Golf tournament scheduled for the Caprock Golf Course. The shotgun start begins at 8 a.m. Saturday, October 9. Players will be competing for \$1,000 worth of art. Tournament participants will be eligible for a free practice round of golf on Friday, October 8. The tournament will be limited to the first 44 golfers to sign up.

Reservation deadlines for both the golf tournament and the Meet the Artist - Wild West Saloon is this Friday, October 1.

They can be made by contacting the Caprock Cultural Association office at 495-4148 or stopping by the office at 127 E Main in Post.



Dispatch Photo by Jerry Taylor

## Pride of Post band entertains at Ralls

**MARCHING TO THE BEAT.** Pride of Post Band members (l-r) Daniel Garcia, Andrea Wallace, Liza Martin, Tracy Shumard and Devin Odom perform during the half-time festivities at Ralls last Friday night. The 50 member marching band has performed at all Antelope football games this season, both home and away.

## Founders' Day only two weeks away

by Laura Puma

Harvest time with a hint of fall in the air, signals October is upon us. New Founders' Day banners flying all along Main Street - more subtle reminders that Post Founders' Day is nearing. Get ready; here it comes - Spectacular Saturday, October 16 which promises to be another fabulous segment of the totally fun-filled Founders' Day package - one citizens will long remember. Main Street will be packed with truly amazing activities virtually all day. From the shade of the trees around the historic Garza County Courthouse all the way down to and including Algeria Park. So much excitement going on in between, it will certainly take the whole day to see, hear, taste, smell, and feel it completely.

The exhilarating day will unfold, as the magic chefs for the Chili Cook-off roll into town and set up under the shade trees at the courthouse. This newest addition to the Founders' Day festivities will begin setting up their colorful facilities early; fixin', mixin' and blendin' their secret ingredients that will tantalize your taste buds, as the aroma drifts from their bubblin' cooking pots right down Main Street - a nose pleasin' way to start the day.

This special event, which attracts chili specialists from all over west Texas, will be jointly sponsored by Sprite, furnishing all the banners, posters and trophies; and the local Post Merchants Association. Some surprise celebrity judges will be on hand to sample and decide the three

See "Founder's day" on page 8

## School district goals outlined

by John Cordson

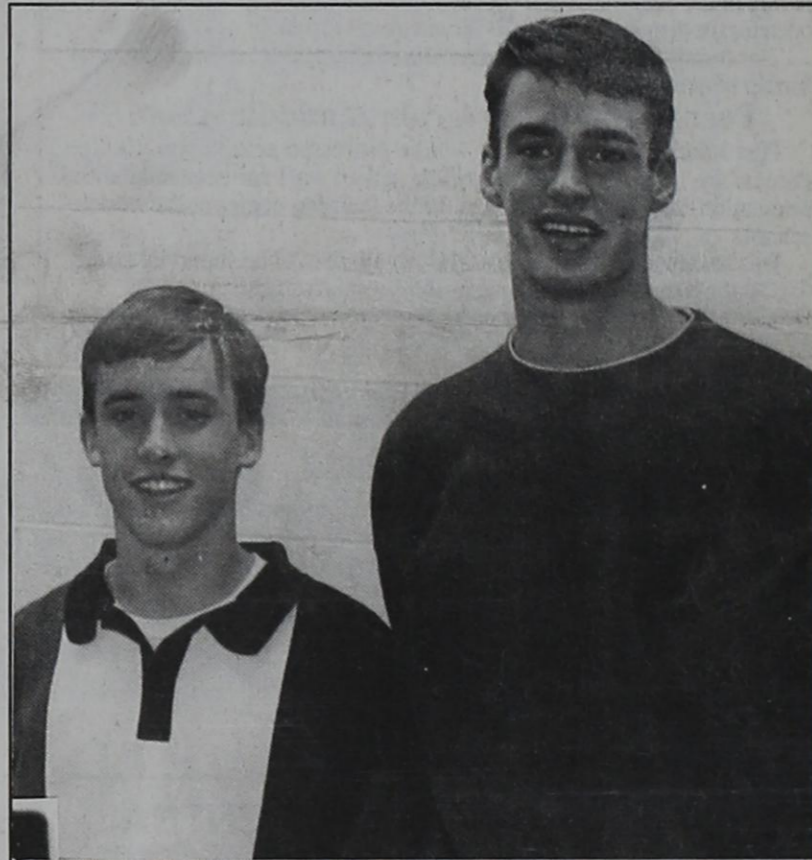
Improvement in TAAS scores topped the list of campus improvement goals discussed at the Post ISD school board meeting held September 14. Principals Dan Rankin, Marita Jackson and Joe Giddens each presented the school board with short and long term goals developed by the site based committees at each campus.

Elementary principal Rankin presented the goals developed for 1993-94 on the elementary campus. The four short term goals included improving TAAS summarization skills by 10 percent, improving TAAS scores on spelling, capitalization and punctuation by 10 percent and having 65 percent of all students master all sections of the TAAS test.

Long term goals consisted of a larger cafeteria, replacing the third, fourth and fifth grade rooms, hiring an elementary art teacher, a sprinkler system to water the grass, a covered walkway to the cafeteria, elementary students not eating lunch before 11 a.m. and establishing an Early Childhood Center for pre-kindergarten and kindergarten.

Another recommendation by the elementary site based committee was that snacks no longer be sold to the elementary children in the cafeteria.

See "Schools" on page 8



Cody Collier and Phillip Leininger

## Post students earn National Merit Program recognition

Post High School seniors Cody Collier and Phillip Leininger have been named as Commended Students in the 1994 National Merit Scholarship Program. A Letter of Commendation from National Merit Scholarship Corporation (NMSC), which conducts the program, will be presented by the school to these outstanding seniors.

Collier and Leininger were among the approximately 35,000 Commended Students throughout the nation who are being honored for their outstanding performance on the 1992 Preliminary SAT/National Merit Scholarship Qualifying Test. The test is the route of entry to the 1994 Merit Program.

Commended Students have shown exceptional academic promise by placing among the top five percent of more than one million program entrants. Commended Student's test scores are only slightly below the level required to continue in the competition for Merit Scholarships to be awarded in 1994.

## Commissioners back Prop 14

by John Cordson

Garza County Commissioners voted to back the Coalition for Proposition 14 in the upcoming November Constitutional election. The commissioner court voted unanimously to adopt a resolution supporting the coalition and its efforts to pass proposition during the court's September 27 meeting.

The Coalition for Proposition 14 was formed to help generate support for the prison bond package and educate the public on the necessity for these bonds. The coalition itself is composed of the Conference of Urban Counties, The Texas Association of Counties, The District and County Attorneys Association, The Association of Sheriffs, People Against Violent Crime and MUSCLE.

"I think we as Garza County could go on record supporting the state jail," said Garza County Judge Giles Dalby prior to the vote backing the support resolution. "Every county I know is supporting and working to get their people behind it."

The proposition, if passed, would permit the issuing of \$1 billion in bonds that would be used to build more prisons across the state, including the prison of state jails Judge Dalby referred to before the vote. The bonds would finance the 22,000 state jail beds, along with additional prison, juvenile and mental health facilities.

The Coalition for Proposition 14 cited the jail construction program as a critical component of resolving the state's broken criminal justice system.

See "Commissioners" on page 8



Dispatch Photo by John Cordson

## Elementary students celebrate Constitution's birthday

**POST ELEMENTARY** students celebrated the nation's 206th anniversary of the signing of the U.S. Constitution during a September 21 ceremony that included the presentation of a certificate of appreciation from a representative of U.S. Sen. Phil Gramm's office. Among the Post Elementary students to attend the assembly were Mrs. Nancy Norman's second grade students. Pictured are: (students) l-r bottom, Jamie Valdez, Chessuaf Garcia, Ricky Reyna, Mark McCallister, Mario Gomez, Jordan Smith and Eddie Gutierrez. Middle row; Tiffany Tidwell, Sierra Reiter, Nicole Saldivar, Eboni Gonzales and Patricia Hester. Back row; Terri Curtis, Tameka Lockhart, Dedra Apolinar and Kristine Morris. Adults pictured are: left bottom, Post Mayor Jim Jackson. Top; Jennifer Crabtree from Sen. Gramm's office. Right bottom, Post Elementary principal Dan Rankin. Top; Mrs. Norman.





# 4 DAY SALE

WED THUR FRI SAT  
29 30 1 2

Good thru October 2 in Lubbock, Plainview, Levelland, Slaton, Post, Brownfield, Littlefield.

Quantity Rights Reserved. No Sale to Dealers.

Compare And Save

## Sprite or Mr. Pibb

Regular or Diet



3-Liter

# .98

## GROCERY



Campbell's Home Cookin Soups

Chicken Noodle, Chicken & Rice, Chicken Vegetable, Clam Chowder, Cream of Mushroom, Cream of Chicken, or Vegetable Beef

10.75 oz. **.88**

Fine Fare Macaroni & Cheese Dinner

3 for **.88**

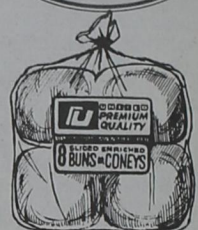
7.25 oz.



Keebler Club Crackers

Regular, Wheat, or Low-Salt

2 for **\$4**



United Hamburger or Hot Dog Buns

2 for **\$1**

8 ct. pkg.

Field Trial Chunks

Dog Food **\$2.98**

20 lb.

Eagle El Grande Tortilla Chips

Asst. 16 oz. **.98**

General Mills Cereals

15 oz. Cheerios, 14 oz. Honey Nut Cheerios, or 12 oz. Wheat Total

**\$2.98**

Gladiola Cornbread Mix

White, Yellow, or Biscuit Mix

4 for **.88**



Northern Bath Tissue

**.88**

White or Prints

4 Roll

Minute Maid Lemonade or Fruit Drinks

Asst. 64 oz. **.78**

Fine Fare Light Spread

**\$1.18**

3 lb. tub



Cranberry Ocean Spray Drinks

Cranberry, Cran-Grape, Cran-Apple, Cran-Strawberry, or Cran-Raspberry

64 oz. **2 for \$5**



Bluebell Ice Cream

or Yogurt

**2 for \$5**

All Varieties 1/2 Gallon

Fine Fare Tater Tots

**.98**



Tombstone 12" Pizza

Original or Thin **2 for \$5**

21-22 oz. **\$1.78**

Fine Fare Hashbrown Potatoes

**\$1.08**

2 lb.

12 oz. **.98**

Lucky Leaf Frozen Apple Juice

**.98**

Ultra Tide Regular, Free, or with Bleach 98-110 oz. **\$6.48**

Vidal Sassoon Shampoo or Conditioner Asst. 17 oz. **\$2.69**

Oil of Olay Regular, Sensitive or Oil Free 6 oz. **\$7.89**

Secret or Sure Solid Deodorants Asst. 2.7 oz. **\$1.99**

Clorex Bleach 10¢ OFF Label **.88** 1 Gallon



Medium Yellow

# Onion

**4 lbs. \$1**

US #1 Russet Baking Potatoes **4 lbs. \$1**



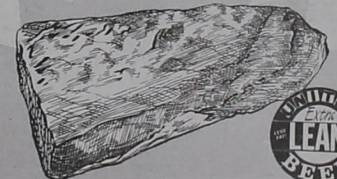
United Extra Lean Boneless Ribeye Steak

**\$4.49**

USDA Choice Rib Eye Steak **\$4.69**

California Jumbo Peaches **lb. .98**

Cagle Split Fryer Breast **\$6.29**



United Extra Lean Briskets Packer Trim

**\$1.19**

Market Trimmed **lb. \$1.69**



• Eighth

Continued from page 4

Rabbits failed to handle the 'Lopes kick following the McElroy touchdown. Woods recovered on the Ralls 30. Eight plays later Cody Nelson carried over from nine yards out. Anthony Gomez added the two point conversion for a 28-14 Post lead.

Joseph DeLos Reyes joined in the 'Lopes turnover parade with a fumble recovery of his own. "The offensive line and defensive line are greatly improved," said eighth grade coach Darrell Radle. "We're very proud of this group. They never quit and more physical every week. The defense is definitely getting better."

Seventh grade 'Lopes edge past Jackrabbits

The Post Middle School seventh grade 'Lopes scored once in the first quarter and then again in the third quarter as the Bold Gold shutout the Ralls Jackrabbits 12-0. The 'Lopes got their first win of the season on the Rabbits home field last Thursday, September 16.

Junior 'Lopes post second straight shutout

Bold Gold Junior Varsity fullback Saul Martinez enjoyed a career day as the junior 'Lopes opened up district play with a 38-0 white washing of the visiting Ralls Jackrabbits Thursday, September 16 in Post. The shutout was the 'Lopes second in as many weeks.



Dispatch Photo by John Cordes

'LOPES junior varsity defender Julian Aranda closes in on a Ralls player in the Antelope's 38-0 win.

Martinez scored all three of the 'Lopes first half touchdowns as the Bold Gold raced to a commanding 22-0 lead. The 'Lopes starting fullback took the ball on the game's first play and ran the sweep 72 yards to paydirt and an early 6-0 lead for Post. Tailback Rodney Moore carried the ball across the goal line on a successful two point attempt and the 'Lopes led 8-0.

Jerry Crawford, Roland Basquez, Julian Aranda, Jake Laredo and Chad Williams. "These guys have done a good job of blocking for our backs all season," said Rasberry.

"On defense, we just had fun. They moved the ball on us a little bit in the first half but we took control in the second half," said Rasberry. "We had two blocked punts, a fumble and an interception."

score of the third period. The first came on a four yard run by 'Lope tailback David Quintana. Moore added his second two point conversion run to give Post a 30-0 lead.

• Ralls

Continued from page 4

the Post 11. Simpson stood in the pocket (note the protection needed and provided for the receiver to sprint 40 yards) and tossed a perfect strike to Anthony Martin at the 50 yard line. Martin couldn't get a handle on the pass and dropped the ball. No problem for Simpson. After a short dive into the line by Castillo moved the ball to the 15. Martin was given a chance to redeem himself as the Bold Gold coaching staff called his number again.

off from his wingback position, carried in for the score. The sophomore showed some speed of his own on the run. Taking the hand off on a reverse, Simpson dipped into the line and when the Ralls containment men followed, he shifted into high, cut back to the outside and raced around left end for the score. McDonald's PAT kick gave the 'Lopes a 27-0 lead with 7:10 left in the quarter.

after a leaping catch by Bodie Simpson at the Ralls 41 and a roughing the passer call against Ralls on the same play. Castillo and Bell moved the ball to the Ralls 21 with :20 left in the half. Jim Riley Simpson and Martin took it from there. Martin ran a simple slant pattern and Simpson hit him in the numbers with a fourth down pass.

Advertisement for ALLSUP'S featuring various food and household items with prices. Items include COCOA CHIP, ICED OATMEAL OR COCONUT SUNNY COOKIES, SHURFINE CUT GREEN BEANS, WHOLE KERNEL SHURFINE CORN, TOM'S TOASTED PEANUTS, THRIFTY HOUND DOG FOOD, VALLEY FARE BATHROOM TISSUE, ALLSUP'S MILK, BREAD, SAUSAGE & BISCUIT, PEPSI COLA, SHURFINE FACIAL TISSUE, SHUR-FINE BLEACH, ALLSUP'S CORN DOGS, VALLEY FARE BATHROOM TISSUE, OLD FASHION WAFERS, CORN KING 12oz Bacon pkg, and FITTI DIAPERS.

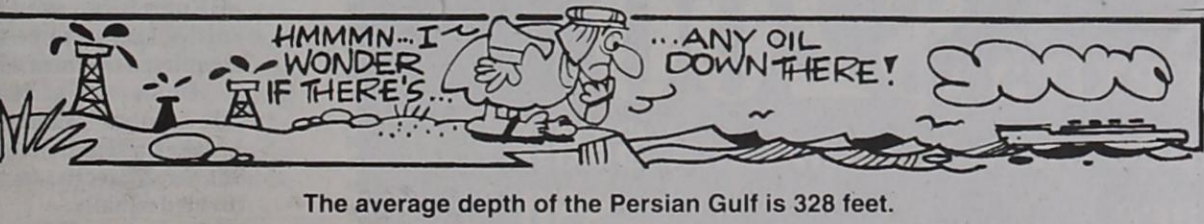
A Season to Remember

1983 'Lopes bury Tahoka

Football Yesteryears October 1, 1983 The Post Antelopes held possession of the football ten times at the Tahoka Bulldogs' homecoming and the 'Lopes scored on eight of those times and added a defensive score for good measure, demolishing the Bulldogs 60-6.

abruised thigh muscle. Outstanding blocking by the offensive line set the stage for the high scoring 'Lopes performance. Chuck Morris did his job at kicking, as he hit six of nine extra point attempts.

on their minds, marched in six plays to Post 44, and on fourth down pulled a fake punt, as John Lott took the shot snap and raced through a gaping hole up the middle to the Post 30 yard line.



The average depth of the Persian Gulf is 328 feet.

For all of your classified or display advertising needs call The Post Dispatch at 495-2816

COMBO OF THE MONTH 2 CHIMICHANGAS OR 2 BEEF & SALSA BURRITOS EACH COMES WITH A TALLSUP FOR ONLY \$1.99

# FOOTBALL FOOTBALL FOOTBALL

## CitizensBANK



Member FDIC

Rice at Texas

## United Supermarket

*the personal touch*

123 N. Broadway 495-3217

New Orleans at LA Rams

## Lucas Motors

Newly stocked complete line of auto parts at discount prices!  
Affordable Quality Used Cars  
"A Great Deal Depends on Your Dealer"

111 S. Broadway 495-3001

Wyoming at Air Force

## Jan's

*Little Luxuries... Small Indulgences*

211 E. Main 495-3311

Georgia Tech at Florida State

## Hudman Furniture Inc.

Your Credit is Good

301 E. Main 495-2615

San Diego at Seattle

## Wallace Lumber Co., Inc.

Your Pro Hardware store - everything for the homeowner or contractor!

119 N. Ave. H 495-2835

LA Raiders at Kansas City

## Higginbotham-Bartlett Lumber Co.

"Your Jones Blair Paint Dealer"

Offering special financing plans to fit your needs

110 S. Broadway 495-2080

Greenbay at Dallas



405 N. Broadway OPEN EVERYDAY 6 a.m. to Midnight 495-3794

Tahoka at Whiteface



Examples of Jerry's work are printed each week on this page

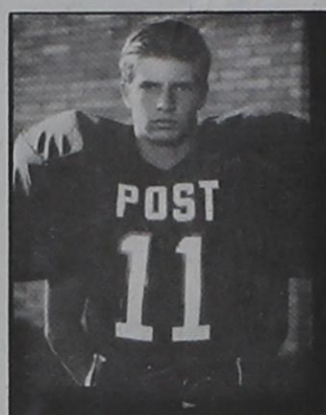
Your own Antelopes

806-866-9603

Christmas is around the corner book your sitting NOW!

Ralls at Crosbyton

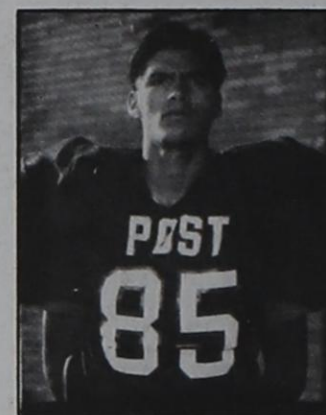
# The 1993 Post



#11 Heath Eagle  
Quarterback



#10 Casey Hart  
Quarterback



#85 Javier Saldivar  
End



P. O. BOX 1109  
SNYDER, TEXAS 79549



Phone: 1-915-573-1133  
1-800-552-0991

# Football C

# \$145

offered each week in Prizes given in Post City Bucks by POST MERCHANT

all you do is

PICK THE WINNERS! one game will be four

FIRST PLACE .....

SECOND PLACE .....

THIRD PLACE .....

\* Prizes will be awarded with a gift certificate redeemable at any of the participating sponsors for merchandise or services to the amount shown on the certificate

### WATCH THIS SPACE EACH WEEK

For instructions on where to submit your completed entry form. Boxes for entry forms will be moved every week to six different participating sponsors.

THIS WEEK...submit your entry form before 5 p.m., Friday at one of the following sponsors:

- 1st National
- El Matamoros
- B & B Liquor
- The Chaparral
- Handy Hardware
- Collier Drug

# \$100<sup>00</sup> Bonus Each Week

offered by  
The Post Dispatch

If you guess EVERY game correctly!\*

This \$100 bonus will be awarded in the form of "Post City Bucks," good at your choice of any of the 16 participating sponsors of this contest.

\*To win the \$100 bonus you must correctly pick all 16 winning teams plus the winner of the tie-breaker.

## GRAND PRIZE WINNER GETS

# an extra \$200

2nd place ..... \$100

3rd Place ..... \$50

To be drawn at the end of the Contest

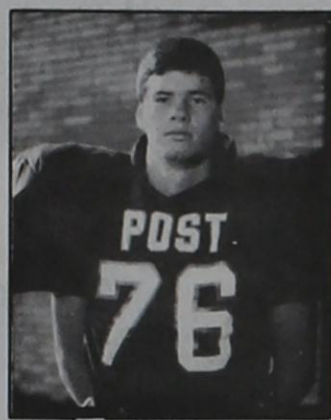
### RULES AND REGULATIONS

1. The contest will continue through November 5 every week. A separate contest will be held every week.
2. There are 19 games to pick each week. One game in each participating sponsor's ad appearing on this page will be designated as the "tie-breaker". Guess the names of the teams you believe will win, in the game designated as the "tie-breaker", guess the score of the game.
3. Anyone at least 12 years old or older may enter. Only one entry per person. More than one entry will be accepted for that person. Only the official entry form published in the Post Dispatch on this page will be eligible for contest. Facsimile, photo copy or other reproduction of the entry form will not be accepted.
4. Entry forms must be submitted to designated sponsor no later than 5 p.m. each Friday prior to the game listed for that week.
5. Entry forms must be completely completed and signed by the person submitting the form. All entries will be disqualified if the correct address is not provided. In all instances, the decision of the judges will be final.
6. Entry forms must be signed by the person submitting the entry. Only one person other than the person submitting the form will be allowed to sign the form.
7. In the case of a tie, the contest will be decided by a "tie-breaker" game score will be determined by the nearest points spread method. In case of a tie, the scores will be divided equally.
8. Employees of The Post Dispatch and their families are not eligible to participate in the contest. Other employees of participating sponsors may enter the contest.

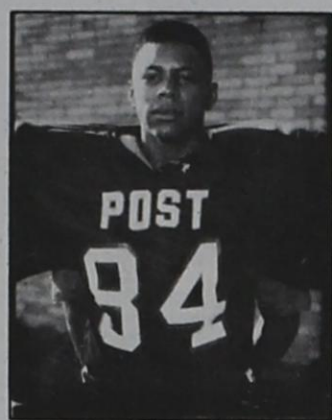
# FOOTBALL FOOTBALL FOOTBALL

ALL FOOTBALL FOOTBALL FOOTBALL FOOT

# Post Antelopes



#76 Stewart Childers  
Tackle



#84 Tori Harper  
End



#30 Noe Gomez  
Full Back

**South Plains  
Answering Service**  
Diana Poe 495-3069



**THE FIRST  
NATIONAL BANK**  
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Texas A & M at Texas Tech

**E1**

**Matamoros**

The Best In Mexican Food  
701 N. Broadway 495-3848

Yale at Central Florida

**The Post Dispatch**

You realize of course that advertising in your hometown newspaper goes directly to your best customers...every week! When you want results... you can't beat The Post Dispatch!

495-2816

Philadelphia at New York Jets

**B&B Liquor**

Monday - Thursday 10 a.m. to 9 p.m.  
Friday & Saturday - 10 a.m. to 11 p.m.  
Sunday - Noon to 6 p.m.  
503 E. Main 495-2365

Oklahoma at Iowa State

**CHAPARRAL**

Steak House & Bar-B-Q  
OPEN 7 DAYS A WEEK  
Catering for Small or Large Parties  
JIM JACKSON, Owner  
Post, Texas



Lubbock Hwy  
495-3622

Lubbock Hwy.

Notre Dame at Stanford

**Handy Hardware & Gifts  
Handy Oilfield Supplies**

Serving Post for more than 15 years!

231 E. Main 495-3516

NY Giants at Buffalo

**Computer Paper NOW  
at CHEAPER Prices!**

**Ammons Printing  
& Office Supplies**

121 E. Main 495-2743

Indianapolis at Denver

**Collier Drugs**

Bob Collier and Don Payne  
your family pharmacists

203 E. Main 495-2856

Loop at Southland

*The Circle T Lounge*

Dance  
**"Kathy Fields"**

Saturday, Oct. 2 - 9pm to 2am  
CONVENIENT DRIVE UP WINDOW at 116 S. Av F

Idalou at Sundown

# Contest

145

Given in Post City Bucks Sponsored  
MERCHANTS

all you to is  
game will be found in each Sponsor's ad

Last week's winners:

**First Place**  
Don Ammons  
Pick up your  
"Post City Bucks" at  
B & B Liquor

**Second Place**  
Mary Owens  
Pick up your  
"Post City Bucks" at  
The Chaparral

**Third Place**  
Jerry Owens  
Pick up your  
"Post City Bucks" at  
1st National Bank

**Tie-Breaker**  
Team #1 Post vs #2 Seagraves

## ENTRY FORM

Write in Your chosen winners

Wes-T-Go _____	B & B Liquor _____
United Supermarket _____	Collier Drugs _____
Citizens Bank _____	Ammons Printing _____
Jerry's Photography _____	The Chaparral _____
Lucas Motors _____	The Post Dispatch _____
Jan's _____	E1 Matamoros _____
Hudman Furniture _____	1st National _____
Higginbotham-Bartlett _____	Handy Hardware & Gifts _____
Wallace Lumber _____	Circle T Lounge _____

team #1 \_\_\_\_\_ TIEBREAKER \_\_\_\_\_ team #2 \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

SIGNATURE \_\_\_\_\_

REGULATION: Contest will continue through November 5, 1993. Each week \$145 in prizes offered each and...

9 games to pick each week. One game will be found in each sponsor's ad appearing on this page. Write down the name of the sponsor you will win, in the Entry Form. On the tie-breaker, guess the actual score of the game.

At least 12 years old or older may enter the contest. Only one entry per person. Multiple entries will disqualify all entries. Only the official entry form printed by The Post Dispatch is eligible for consideration. No cash prizes. A photocopy or other reproduction of the entry form will not be accepted.

Entries must be submitted to designated sponsors no later than Friday prior to the games listed for that week.

Entries must be correctly completed and signed by the person submitting the form. Incorrect entries will be disqualified. In all instances, the decision of the sponsor is final.

Entries must be signed by the person submitting the form, or a person other than the one who submitted the entry.

In case of a tie, contestants guessing nearest to the actual score will be declared the winner. The tie-breaker will be determined by the pointspread method, picking the closest score. In case of a tie, prize money will be split.

The Post Dispatch and their families are ineligible to enter the contest. Owners and employees of participating sponsors are also ineligible.

ALL FOOTBALL FOOTBALL FOOTBALL FOOT

# • Founders' Day • Commissioners

Continued from page 1

top winners of the "best" Post Founder Day chili; cash prizes will be determined by the total number of entries. Additionally, trophies will be awarded for showmanship. This flamboyant competition and judging is a "must see"; as well as a chance for a yummy taste of some of these unusual delicacies once the judging is done.

At 9:30 a.m., with the chili cookin', the parking lot at United Supermarket will be filled with motorcyclists ready to begin the 3rd annual Post to Post Poker Run. A clever idea for a great cause; sponsored by the infamous Blue Knights Texas IX, who encourage all motorcycle riders to enter. An entry fee of five non-perishable food items and \$5 benefits the Ladies Auxiliary of the Veterans of Foreign Wars - Post 6797 and United Supermarkets, U Can Share Food Drive. The excitement will begin as the riders leave Post in this staggered procession until 12:30 p.m.; checking in at five points on a charted course with riders receiving a playing card at each checkpoint. The winner will hold the bet Poker had at the final rally point out at the VFW Hall, with a barbecue dinner and awards given at 2:30 p.m.

Believe it or not, this is just the beginning! After an energetic send off for the Poker Run, get ready to enjoy all the entertainment going on in the First National Bank parking lot - just one of many starting points you may choose. Many unique crate booths will be set up there, featuring woodcrafts, leather care products, photographers, face painting, exhibition tumbling, carnival rides, and the Deep Creek cloggers performing at 1:30 p.m. just to mention some of the activities at this location.

You may choose to begin your day at the Community Center where the Gun, Bits and Spur Show will be on exhibit from 10-6 for your leisurely viewing. Sponsored by the Post Art Guild, this too will be a "can't miss" during this fun-filled day.

Listen, as you stroll through downtown Post for the sweet fiddle sounds of the student fiddlers posted on various corners for your enjoyment. As you stop to catch the many activities along Main Street, your nose will pick up the great smells of the various food vendors dispersed at Avenue I, H, and L including the Catholic Church. Delectable treats including tamales, fajitas, Frito pies, hamburgers, hot-dogs, barbecue, sandwiches, brisket, ice cream, baked goods, and drinks of every variety can be found at one of these locations making the day even more satisfying.

To increase the pleasure of this memorable day, the local merchants have created an "Artisan's Walk", which means you can stroll into most any of the shops along Main Street and experience an artistic treat of some variety. Impossible to cover them all, I'll tease you with just a taste of this portion of the festivities. If you stop in front of Danish Imports you can experience the sounds of the musical group, Sagebrush Sounds, soothin' toe tappin' music, some of which is played over the downtown speaker system daily, and available inside on tapes.

Just down the block, at Manna Square you can step inside for a lesson in the unique art of Fly tying, being taught by Dan Hodges. Then over at the historic Hotel Garza, you might go in and look

## Medical experts warn of flu

In the 1993-94 flu season, North America will likely be hit by A/Beijing (H3N2), a variant of the flu that predominated in 1991-92.

Some East Coast people will be immune to this Beijing variant because it circulated there, sometimes with fatal results, at the end of the 1992-93 season, said epidemiologist Dr. W. Paul Glezen of the Influenza Research Center at Baylor College of Medicine in Houston.

Most people elsewhere in North America have not been exposed to it, but the 1993-94 vaccine provides protection, Glezen said.

"Because there is so little natural immunity to this variant of Beijing flu," Glezen said, "it could hit hard. People at high risk for flu complications should get vaccinated."

The elderly are particularly susceptible to such potentially deadly complications as pneumonia.

Other high-risk groups are:

- People with immune-system disorders and heart and lung disease, including asthma and chronic bronchitis.

- People with diabetes, chronic kidney disease and chronic anemia, including sickle cell disease.

- Health-care workers and home care givers likely to have frequent contact with the other groups.

Flu season normally runs from December to March, and Baylor Flu Center experts traditionally recommended vaccination no later than Thanksgiving.

Since the early-start 1991-92 flu season, however, they suggest

around; where the talented watercolor artist, Glenda Morrow, will be painting and have some of her work displayed. Another unique experience will be going on at Handy Gifts; which will have on-site Buzz McMillan, a spokesman for Miss Martha from nearby Big Springs. Watch him show the different stages for the making of the world famous Miss Martha's "All God's Children" collection figures which are made from crushed pecan shell flour and a resin blend, and register for a special door prize to be given at the end of the day.

Be sure to catch the displays of great old antique cars, full of nostalgia; and also those powerful two wheelers available for a peek all afternoon, after the Poker Run rally around town, at convenient locations on Main Street.

Getting tired? Then you'll want to head over to the famous Garza Theatre, grab a seat and enjoy the Tex West show going on every hour beginning at 11 a.m. Relish the old west, enjoy the cowboy poets, great storytellers and talented musicians any hour during the day - it will be well worth it!

With the historic cultural community well represented during Founders' Day, there will be truly some of the world's finest artistic works available. The Caprock Cultural Association will feature a photographers exhibit and sale at the CCA building; while the Post Art Guild features their art display and sale at the Algerita Art Center in the old Algerita Hotel - all on Main Street, just for you.

Additionally, the Caprock Cultural Association will also present an action packed Plainsmen Muzzleloaders Rendezvous with live demonstrations and primitive displays of the historic fur traders depicting life during that era. All of this will be going on down at Algerita Park on the far east of town throughout the whole day. A must, you and the kids will truly love!

This is truly an exciting fun-filled calendar of activities and events put together by an extremely dedicated, energetic group of folks who are interested in the growth of Post. Appropriately stated by Barbara Hardin, Main Street Manager, "Founders' Day is not designed to make money, it is to promote Post and put any profits back into downtown."

Three business support groups, the Post Chamber of Commerce, the Post Merchants Association and the Main Street Advisory Board commissioned by the City Council work together to bring to reality this annual festival. The Founders' Day Committee, part of the Main Street Advisory Board has prepared and mailed to you a complete daily events schedule for the Seventh Annual Founder's Day Celebration.

Available on Saturday will be an information booth to aid you in finding any of the particular events you want to see. They will be selling balloons, caps, tee shirts and posters of the Founders' Day painting by Duward Campbell. You will be able to purchase your last minute chances for those beautiful silver mounted spurs, handmade by Robert Campbell, to be raffled off at the ranch rodeo competition on Sunday.

Your part? Get ready, come to town, and participate in this unforgettable day. Bring the kids, aunts, uncles, friends and relish the whole day of events guaranteed to help preserve the history and legacy of your town, Post.

## Continued from page 1

State jails are a new type of institution designed to be less costly to build and operate than traditional prisons. They rely more on dormitory-style construction rather than individual cells. Offenders convicted of certain non-violent crimes would be sentenced to these state jails, leaving the more expensive beds in the state prisons open for hard-core felons. By opening this room in the prison system, the current backlog of state prisoners being held in county jails could be reduced. Currently the backlog of prisoners being housed in county jails is over 24,000.

Garza County is not immune to the problem as evidenced by the commissioners decision to make provisions to house excess if the need should arise.

+++++

The commissioners court spent a good deal of their meeting time reviewing the proposed changes in the county's employee policy manual. The elected county officials (excluding the commissioners court which did the preliminary work on the handbook) met and went through the handbook page by page.

"We decided we should all get together and go through the policy manual together," said County Attorney Preston Poole who served as the officials spokesman at the meeting. "Each of us found different things."

Since the elected officials were the ones who were going to be more closely working with the provisions laid down by the manual, they asked for the opportunity to come before the court and offer changes or clarification's in the manual.

Major areas the officials had questions on were sick leave, vacations and insurance.

Basically this is all of our recommendations," said Poole.

## • Schools

Continued from page 1

"The kids won't like it and you're going to have some parents who don't as well," said Rankin.

He said the committee wanted to eliminate the snacks because many felt the children were opting for the "junk food" of the snack and bypassing the lunches prepared by the cafeteria staff.

Middle School principal Jackson presented her campus's goals developed by the site based committee



## Donations make new score board possible

POST ISD superintendent Dr. Bobby Bain (far right) accepts a check from United Supermarket rep Glen Brown while 'Lope athletic director and head football coach Dewayne Osborne (far left) accepts a check from First National Bank of Post President Charles Hardin as payment for the new football score board. United and First National each donated \$4,900 towards the score board.

Dispatch Photo by John Cordson

for that campus. They echoed the elementary goals concerning improvement of TAAS results.

These goals included promoting students self image, building leadership skills, teaching and promoting responsibility, meeting the standard for achievement as measured by the Texas Academic Excellence Indicator System within five years, improving student achievement in the classroom, encourage more effective use of the library by students and teachers, increasing attendance to a minimum of 98 percent, keeping the drop out rate at zero, developing a

quality fine arts department and continuing with the improvement of the technology teaching tools at the campus.

High school principal Giddens was the final campus administrator to present goals to the board of trustees. Goals set by the Academic Excellence Indicator Council/Site Bases Management Team at the high school consisted of improving the overall TAAS Exit level test results by two percent, keeping the student dropout rate below 2.5 percent and have 98 percent of all students graduate on schedule, increase the NAPT

percentile rating of each class by three percent, increase the number of students graduating with an advanced seal on their transcript to 25 percent, maintain a 96.5 overall attendance record and achieve an acceptable rating in each of the test indicators (50 percent of the spring graduates taking either the ACT or SAT, average SAT score to be 874 or higher, average ACT score to be 20 or higher and 15 percent or more above the criterion of college admissions), develop a college prep class and paint classrooms.

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## Middle School

Kasey Hardin, Jennifer Josey, Airmy Gradine, Natalie Pollard, Rachelle Jones and Macee Mills

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## Yesteryears

Gleaned from the files of the Post Dispatch. Microfilm copies are available at the Post Public Library

10 years ago

September 28, 1983

The First National Bank Community Room was the scene for the presentation of awards to the riders who participated in the St. Jude Childrens Hospital Bike-a-thon. Winning riders were: Lance Bagby, Aaron Davis, Matt Holly, Oliver McDougle, Genaro Martinez Jr., Becky Shumard and Bryant Windham.

Bobbie Jo Kingery, great-granddaughter of Mr. & Mrs. D.H. Bartlett of Post, was crowned National Miss Dixie Deb for the Silhouettes of America Youth Scholarship Program after a week of competition in Arlington.

20 years ago

September 27, 1973

Jim Prather and the O.S. Ranch Benefit Steer Roping Art Exhibit were featured in a United Press story in all daily newspapers in Texas last week as a feature on the upcoming weekend event.

Chosen for the "Citizens of the Week" were Jennifer Miller and Edward Price, both sophomores at Post High School.

Nine Germans, members of the Western Indians Friends Club of Cologne, Germany, that built a replica of an American western town and named it "Lubbock Town," visited in Garza County. They witnessed just about every phase of "cowboying" at the Cross H Ranch.

30 years ago

September 26, 1963

The first state loan for construction of the new White River dam, filtration plant and water pipelines to the four member towns lacked some \$230,000 of paying the first bill.

J.B. Rickels, new administrator at Garza Memorial Hospital, was featured in a front page picture standing beside the hospital x-ray equipment recently purchased by the county.

By the skin of their teeth and quarterback Pat Cornell's kicking toe, the Post Antelopes defeated a big, tough Morton Indian team here, 7 to 6, Friday night in a game that was so close it could have gone either way at any time.

40 years ago

October 1, 1953

Jolanda Rosas, daughter of Mr. and Mrs. Toby Rosas of Post, arrived at 11:25 a.m. Sunday as the 100th baby born in the Garza County Memorial Hospital, which opened Aug. 4, 1952.

Transfer of the Double U Co. headquarters from Post to Levelland was to be completed by Nov. 1, it was announced Wednesday by Monta J. Moore, manager.

Seven Girl Scouts received first class awards at a Court of Awards Ceremony, Wednesday. They were: Frances Dietrich, Barbra Haragan, Linda Lott, Patricia Crowley, Sharon Brooks, Lucy Trammell and Mary Bowen.

50 years ago

October 7, 1943

Garza County went over the top in the Third War Loan Drive with a grand total of \$385,798 according to John Head, chairman of the Garza drive. The quota set for this county was \$362,300.

## Scholarships available for high school seniors

Materials for the 1993-94 Coca-Cola Scholars Program are now available in over 19,000 high schools across the nation.

In this merit-based program, high school seniors can compete for 50 four-year \$20,000 scholarships and 100 four-year, \$4,000 scholarships, for study at any accredited U.S. college or university. Selection is based on leadership, achievement and commitment, both inside and outside the classroom.

The Coca-Cola Scholars are a very diverse group, representing all 50

states and currently attending more than 215 different colleges and universities across the U.S. Nearly 90% of the Scholars attended public high school where they were very active in leadership positions and community service.

For more information and an application for this unique scholarship may be obtained from the scholarship coordinator at the local high school. The application deadline is October 31.

## PCG continues to combat boll weevils

by Shawn Wade

Lubbock-based Plains Cotton Grower's (PCG) says heavy boll weevil pressure from the Rolling Plains has pushed the weevil far afield during the past few weeks.

PCG, operator of one of the largest pest management operations in the world, will meet the increased pressure head on according to PCG Boll Weevil Coordinator Roger Haldenby. Haldenby explains that the 30 year old PCG program will conduct mapping the control operations in several areas that normally do not feel the heat from migrating boll weevils.

PCG is in the process of completing the mapping of cotton fields in parts of Gaines, SW Dawson, Martin and Howard counties where heavy weevil populations to the east and south have pushed weevils into High Plains cotton fields.

"The PCG Control Program was in place to stop the westward

migration of boll weevils and prevent them from gaining a foothold on the High Plains," says Haldenby. "To fulfill that role we will be doing everything we can to offset the heavy migration we have seen so far this year."

According to Dr. Don Rummel, Extension Entomologist at the Texas Agricultural Experiment Station in Lubbock, the high number of weevils moving into the area this year results directly from the last three mild winters. Rummel notes that the mild winter temperatures allowed hibernating weevils to survive in environments where they normally would not.

As an example Rummel points out that weevils were able to successfully overwinter in both mesquite and CRP grasslands, two of the least protective environments available to hibernating boll weevils.

## New USDA AMS handbook available

Tremendous changes in the way cotton is grown, graded and processed have occurred during the past ten years. According to Lubbock-based Plains Cotton Growers (PCG) the job of figuring out what some of these changes mean just got a little easier.

To help keep producers abreast of these changes the United States Department of Agriculture Agricultural Marketing Service (USDA AMS) has printed an updated version of its handbook titled "The Classification of Cotton". The new handbook details the authority of the USDA AMS Cotton Division, and explains the methods used to classify cotton and get that information back to the producer.

The subject of how cotton is classified also receives a thorough explanation. Sections are included

determining the quality factors determined by instrument evaluation and those which are determined by qualified classers. There is also an overview of the quality control procedures used to insure accuracy in the classification system.

"Producers should find the new handbook very helpful," says Donald Johnson, PCG Executive Vice President. "Many producers are looking for a better understanding of how the classing system works and this handbook will provide many of the answers they want."

The "new" handbook updates a previous edition printed over ten years ago. Copies of the handbook are available on request. For more information about how to obtain a copy of the handbook contact the USDA Classing Office in your area.

## Researchers discover possible missing link to cotton ailment on High Plains

A research associate at the Texas Agricultural Experiment Station (TAES) in Lubbock may have discovered the missing link to one of the most prevalent diseases in cotton on the High Plains.

Looks can often be deceiving and prior to Dr. James Mertely's breakthrough, wet weather blight was considered to be synonymous with a fungus called aschochyum which causes the disease in other parts of the world. However, the research plant pathologist believes he has now isolated the problem as a bacterium, rather than a fungus.

Wet weather blight is a condition

in cotton that occurs when weather is cool and damp and cotton plants are relatively young. Mertely said there wasn't much wet weather blight this season but enough to find a few specimens for isolation purposes.

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### Melonie Valdez reigns over Fiestas Patras festivities

MELONIE VALDEZ reigned over the recent Fiestas Patras festivities sponsored by the Los Mexicanos organization. Activities sponsored by the group included a parade down Post's Main Street and dancing by a number of dance groups at the rodeo grounds.

## Counselor's Corner

Featuring contributions from the three Post ISD counselors  
 Daisy Breedlove - Post High School  
 Sharla Wells - Post Middle School  
 Donita Rogers - Post Elementary



As school begins, high school students are caught up in the whirl surrounding both academic and extra-curricular activities. One of the most important activities for graduation seniors is choosing a college or technical school. That school choice will, for most students, also involve seeking scholarships and financial aid. In these days of ever-rising prices, tuition and books have followed the trend to an extent that is truly breath-taking. It becomes very important, therefore, for the students to have access to as much information as possible about where the money is and how to get it.

Part of choosing a college or technical school is getting information about the physical plant, courses of studies being offered, and student activities available on campus. Such information can be found in college catalogues and informational brochures, and a library of catalogues is being built. Any student can request information on any school or program and every effort will be made to honor those requests. Some schools also have special publications discussing financial aid and those, too, will

be provided to students. Information on scholarships will be distributed in a timely manner and all seniors will be encouraged to apply.

Post High School will soon begin the development of a "Portfolio" program that will enable each student to have at his or her fingertips those documents that are necessary for successful applications of scholarships and grants. The portfolios will contain, among other things, an up-to-date resume, a transcript, letters of recommendation and personal essays...all items that both job and college applications require.

Either the SAT or the ACT test is also required both for entrance to most colleges and for purposes of financial aid applications. Registration for those examinations is now occurring. Students are aware of the dates of testing, and are being encouraged to handle their own registration. Any needed help is available in the counselor's office.

In time, a routine will be established for selection of schools and pursuit of financial aid. Even though there will be a great deal of support from staff members in the students' endeavors, the thrust of this program will be to give the students the tools they need to take care of themselves in the competitive world of post-high school work and education. It may be that once the student is actually attending the school of his or her choice, other financial aid opportunities may be available to those who know where to look. We want to do all we can to educate them in how to appropriately and successfully apply for what they need.

An important part of any student's planning is parental participation. Parents are welcome to visit the school at any time to discuss their child's plans.

## Texas Tech's school of music to host festival

Texas Tech University's School of Music will host a festival of 19 concerts with the theme "Great Britain: A Celebration on the High Plains." The Selection of orchestral/choral works, chamber and solo performances as well as an entire concert dedicated to English organ music will begin October 17 and continue through November 21.

The annual festival, which began with a Mozart celebration in 1991, is an opportunity to bring together the diverse musical groups of Lubbock in a unified effort, said

Robert Walzel, artistic coordinator of the music festival heightens the musical variety and the excitement of the series.

"I believe the selection of a British theme creates an interesting musical palette. We often are overwhelmed with the music from the Viennese School by such composers as Mozart, Beethoven and Brahms. England, however, has a wealth of music that equals or surpasses that of many other countries," Walzel said. "The British music represented during this concert series certainly

will entertain because it's music that was written to be beautiful and pleasing to the ear."

The concert series will offer instrumental and vocal works by historic and contemporary British composers such as Gustav Holst, Ralph Vaughan William's, Benjamin Britten, Edward Elgar and John Rutter.

The festival will feature internationally known clarinetist David Campbell, a London soloist and performer with the City of Birmingham Symphony Orchestra.

### Beef Up Your Word Power

with Dr. Charles Somerville  
 Ameliorate v. - to make it better  
 Exacerbate v. - to make it worse  
 Example of how ameliorate and exacerbate are used when combined with the noun legislation.  
 Legislation n. - the laws passed by faraway legislators to ameliorate local community problems, but instead often exacerbate them.



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The Lynn - Garza County Farm Bureau invites you to attend the **ANNUAL COUNTY CONVENTION and meal on Tuesday the 12th of October** at the School Cafeteria in Tahoka. Dinner will begin at 7pm with the meeting following.

The main purpose of this annual meeting is to adopt policies for the coming year, and by-law changes as proposed by the Board of Directors. New officers and directors will be elected at this time.

**This is your organization** all members are encouraged to attend

### How Many Chances Do You Get To Prevent Cancer?

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 A low-fat diet including plenty of fresh vegetables, fruits, and whole grain foods may help lower your family's risk of cancer. The American Cancer Society can send you information on healthy eating. For a free brochure, call 1-800-ACS-2345 and join the Great American Food Fight Against Cancer.



### Tax 'n Facts by Terri S. Cash, CPA

**MOVING ASSETS OF THE FAMILY FIRM**  
 Owners of small businesses--or not-so-small firms that are closely held--often plan to pass the company on to the next generation. The key is to accomplish this at the lowest cost in gift or estate tax. Each owner can use the \$600,000 lifetime exclusion and the \$10,000 per recipient annual exclusion from gift and estate taxes.

There are several advantages to making lifetime gifts of stock: the certainty of dividing control as the donor wishes, removing the stock from the taxable estate, and removing potential appreciation in the stock from the estate. A recent ruling offers another plus.

Valuing shares in a closely held company includes appraising the earning capacity and the value of assets and liabilities. Control is a variable, too. Where the stock previously owned by one person is transferred to three or more individuals, each of them receives a minority interest in the company. Recently the IRS ruled that a discount can be applied in valuing such a stock gift because no one shareholder would have sufficient control to influence management or force liquidation of the firm.

Small-business owners get good tax advice from the professionals at Mason, Warner & Co., P.C.

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**PUBLIC NOTICE**  
 Young Farmer Endowment Program  
 The Comptroller of Public Accounts is accepting requests for refunds of the special \$5 license fee on farm and ranch vehicles that agricultural producers have been required to pay to their County Tax Assessor-Collector before August 30, 1993.  
 If you believe you are eligible for this refund, contact the Comptroller's Office at 1-800-252-1382 for a refund claim form, or obtain one at your County Tax Assessor-Collector's office.  
 The Comptroller's Office is authorized to make refunds only for claims received by November 1, 1993. Claim forms and refunds of the \$5 special license fee paid on or after August 30, 1993, will be available only from County Tax Assessor-Collectors.  
**JOHN SHARP**  
 Texas Comptroller of Public Accounts

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# The Winning Team

## Administrators and Staff of our Schools

We appreciate your dedication to our youth!!

### Post Independent School District

**Central Office Staff**  
 Dr. Bobby J. Bain, Superintendent of Schools  
 Kay Hays, Secretary to the Superintendent  
 Tonya Rudd, Bookkeeper  
 Linda Richardson, Bookkeeping Assistant  
 Kay Postell, Bookkeeping Assistant/PEIMS Clerk  
 Ben Sanchez, Bus Maintenance/Grounds Upkeep  
 Ignacio Varela, Maintenance Director  
 Brandy Warren, Office Aide

**Athletic Department**  
 Dewayne Osborne, Athletic Director  
 Roy Acosta, Grounds/Custodian  
 Toby Basquez, Custodian

**High School Staff**  
 Joe Giddens, Principal  
 Sandra Alexander  
 Kelly Beckwith  
 Jennifer Berg, Choir Director  
 Carolyn Black  
 Daisy Breedlove, Counselor  
 Rebecca Crownover  
 Lance Dunn  
 Amy Easterling  
 James Easterling  
 Susan Ferguson  
 Doris Giddens, Librarian  
 Billy Gordon  
 Suzanne Hudman  
 Rick Jones  
 Candace McConnell  
 Bart McMeans  
 Kim Mills  
 Delton Moore  
 Melvena Moore  
 Christine Morris  
 Dewayne Osborne, Athletic Director  
 Joy Pool  
 Fred Postell  
 Tammy Ramsey  
 Mitchel Rasberry  
 Aaron Rathbun, Band Director  
 Perry Smith  
 Derek Sneed, Band Director  
 Lane Tannehill  
 Barbara Reece, Secretary  
 Jan Bartlett, Typing Aide  
 Pat Cruse, Aide  
 Jane Davis, Media Aide  
 Lu Ann Terry, Music Aide  
 Kenith Bullard, Custodian  
 Tony Basquez, Custodian

**Middle School Staff**  
 Marita Jackson, Principal  
 Dedra Adams  
 Tammy Ayala  
 Jennifer Berg, Choir Director  
 Charles Black  
 Kim Bridges  
 Willa Didway  
 Tonya Dunn  
 Kristi Fulmer  
 Greg Henry  
 Wanda Osborn  
 Darrell Radle  
 Kathie Rankin  
 Tammy Ramsey  
 Aaron Rathbun, Band Director  
 Derek Sneed, Band Director  
 Margaret Tannehill  
 Nancy Vaughn, Librarian  
 Serena Voss  
 Sharla Wells, Counselor  
 Robert Wilson  
 Linda Wood  
 Sue Cash, Secretary  
 Shirley Bland, Typing Aide  
 Frances Craig, Media Aide  
 Danny Sanchez, Sp. Ed. Aide  
 Jimella Simpson, ECIA Aide  
 Lu Ann Terry, Music Aide  
 Carlos Martinez, Custodian  
 Rosie Perez, Custodian  
 Gabriel Saldivar, Custodian

**Elementary School Staff**  
 Dan Rankin, Principal  
 Loretta Alaway  
 Janie Ammons, School Nurse  
 Peggy Ashley  
 Donna Aten  
 Martha Baker  
 Kenda Baskin  
 Jennifer Berg, Choir Director  
 D'Anne Bishop  
 Maggie Boerner  
 Patsy Byrd  
 Alexa Collier  
 Lisa Copeland  
 Cathy Courtney  
 Connie Flores, Librarian  
 Kathleen Fluitt

Norma Gafford  
 Lu Nell Gribble  
 Patricia Hammonds  
 Rebecca Haney  
 Natha Jo Hart  
 Carlene Kyle  
 Dorothy McCook  
 Carol McDonald  
 Stacy Marts  
 Cres Merrell  
 Micki Miller  
 Karen Nichols  
 Nancy Norman  
 Billie Osborne, PE  
 Edna Owen  
 Pamela Owen  
 Debbie Palmer  
 Rowena Pierce  
 Shari Poole  
 Susan Radle  
 Tyra Rasberry  
 Aaron Rathbun, Band Director  
 Dorieta Rogers, Counselor  
 Derek Sneed, Band Director  
 Teresa Terry  
 Ruth Walker  
 Debra Webb  
 Louella Bilberry, Secretary  
 Gloria Abraham, K-Aide  
 Irene Abraham, ECIA Aide  
 Jody Ammons, Aide  
 Linda Collazo, 2nd Grade Aide  
 Olga Deleon, Write to Read  
 Geneva Espitia, 1st Grade Aide  
 Linda Gordon, PE Aide  
 Kay Haworth, K-Aide  
 Carol Payne, PE Aide  
 Pearl Riley, Aide  
 Karla Schooler, Special Ed. Aide  
 Jetta Stegall, ECIA Aide  
 Joyce Tatum, Media Aide  
 Lu Ann Terry, Music Aide  
 Paula Valdez, ESL Aide  
 Ollie Abraham, Custodian  
 Antonia Ammons, Custodian  
 Lupe Perez, Custodian  
 Rosa Gonzales, Custodian  
 Mary Sanchez, Custodian

**Lunchroom Staff**  
 Johnnie Willson, Supervisor  
 Ingrid Boteler  
 Joy Dawson  
 Novaline Gordon  
 Marie Odom  
 Jo Ann Reed  
 Mercy Sanchez  
 Joyce Siewert  
 Susan Soto  
 Carmen Walls  
 Opal York, Custodian  
 Debbie Line, Custodian  
 Bus Drivers  
 Prudencio Basquez  
 Shirley Bland  
 Ingrid Boteler  
 Irvin Cross  
 Carolyn Cruse  
 Jaynie Dickson  
 Marie Odom  
 Danny Sanchez  
 Jo Ann Reed  
 Parent Patrol  
 Jack Clinesmith, Supervisor  
 Pauline Clinesmith  
 Lorene Gordon

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 Mary Margaret Norman  
 Jeanette Horne  
 Peggy Lott  
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 Cheryl G. Barron, 2nd Grade  
 Dena L. Basinger, 1st Grade  
 Laura G. Bryan, Journalism, English, Theatre, 1 AP  
 Allene F. Burkes, Home Ec, FHA, Counselor  
 Mary A. Cardona, Teacher Aide, Secretary to Principal  
 Wynelle F. Craft, Payroll, Financial Clerk  
 Gerald G. Edwards, Maintenance  
 Regina C. Edwards, Custodial  
 David W. Farquhar, Vo Ag, FFA  
 Emma Flores, Cafeteria Manager  
 Maria A. Flores, Cafeteria Helper  
 Maria E. Garza, Teacher Aide  
 Janice L. Giddens, Business Ed, Computers  
 Kimberly Gober, 5th Grade  
 Marilyn J. Jones, Computer Literacy, Secondary Math  
 Brett A. Koch, Principal - El Hi  
 Thomas E. Lewis, Secondary Sciences  
 Jonathan M. Lorenz, Boys Coach/Social Studies  
 Philip Maldonado, Jr., Resource Aide  
 Claudette A. McKee, Secondary Math  
 Rebecca K. McLendon, Spanish-Language Arts, Art  
 Leslie E. Moore, Reading, CLA, ELS, TAAS  
 Beatrice D. Saldivar, Cafeteria Helper  
 W.C. Sapp, Maintenance  
 Kim Thomas, School Nurse  
 Amy C. Thuet, Resource  
 Mary L. Turner, 4th Grade, Resource  
 Peggy B. Wheeler, Librarian  
 Lynn M. Wilke, 3rd Grade  
 Janyce G. Williams, Girls Coach/El PE/ Social Studies  
 Rocky D. Winn, All PE, Social Studies, ALC  
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**Former Post resident wins saddles in Lamesa**

Former Post resident Steve White (on left in top photo and second from right in bottom photo) won two trophy saddles in the recent Lamesa Rodeo Association team roping and calf roping competition that was held in conjunction with the annual Lamesa Rodeo.

Lyndall Sharp (on left bottom photo) teamed with White to win the team roping.

Also in the picture is three year old Shelli White (next to her dad in the bottom photo).

White is the son of Noel and Orabeth White of Post.



**Advice offered on how to cope with asthmatic school children**

If your child says he's allergic to school, it may be the truth. "Many asthma attacks occur indoors where children spend most of their time," said Dr. Benjamin Interiano, an assistant professor of medicine at Baylor College of Medicine in Houston. "At school, they are often exposed to allergens that can trigger asthma."

Asthma is the leading cause of school absenteeism, amounting to 10 million lost days a year, according to Interiano. It is especially prevalent among African-American children, who suffer more serious attacks.

Asthma attacks are frequently caused by allergies to dust and mold. Chalkboards, plants, dusty carpet, and chemicals used for art and

science projects can all be possible culprits.

Exercise can also cause an asthma attack if preventive measures are not taken. However, asthma should not impede a child from participating in physical education and team sports, said Interiano, who is also medical director of the Baylor/Methodist Hospital Asthma Institute of Houston.

**Proper conditioning could help athletes avoid knee injuries**

Many common knee injuries can be avoided if athletes would properly condition the joint.

"The knee is like a mechanical device," said Dr. David Lintner, an orthopedic surgeon at Baylor College of Medicine in Houston. "It can stand only so much wear and tear without proper maintenance."

Conditioning should include strengthening and flexibility exercises for the muscles that provide support around the knee.

Well-conditioned muscles can withstand more of the pounding that knees absorb during running or jogging. Conditioned knees also stand up to more of the slashing and jumping movements typical in many sports such as basketball, racquetball and tennis.

Common injuries in these sports include strains and sprains, which can take several days or weeks to heal. In more severe injuries, ruptures of the ligaments, tendon, cartilage or muscle around the knee could require surgery and weeks or even months of recovery time.

Lintner recommends developing both strength and flexibility in the quadriceps and hamstrings, the muscles leading down the legs and

around the knees. He also suggests building strength in the gluteus muscles which add support to the hips. This improves balance to decrease the risk of serious falls or knee-twists.

A good way to begin increasing strength in the legs and hips is by doing squats. This is an easy exercise that benefits overall leg strength.

Place the feet 18-24 inches from the wall and lean so the back is flat against the wall. Slide down until the thighs are at a right angle to the wall. Hold, and slide back up.

Lintner says leg presses using weights also strengthen the legs while providing variety in an exercise routine. Using a weight machine, the weights are pushed away from the body with the feet while in a sitting position on the bench press.

Another good weight exercise is leg curls. A weight is strapped to the ankle and the leg is bent at the knee until the heel touches the buttock. This can also be done while laying flat on the stomach.

Some people make the mistake of relying heavily on knee extensions, another weight-bearing exercise. The

leg dangles off a bench and lifts weights upward at the knee.

"This exercise can be beneficial, but can also do more harm than good because the kneecap can become irritated," said. "Talk with a weight-training expert about the need for extensions and the proper way to do them."

Lintner says toe lifts and heel lifts can also be included in a strengthening routine.

Standing straight, raise up on the toes and go down again several times. Repeat this on the heels as well to increase strength in the calf muscles and improve overall leg tone.

"Stretching is a vital part of any exercise program," said. "Runners especially should always remember to take 10 or 15 minutes just stretching the hamstrings and quadriceps muscles to prevent injury."

A regular routine of these exercises several times a week, along with whatever activity a person enjoys, will decrease the risk of a knee injury," said.

**TAXES, TAXES, TAXES**

Will President Clinton's tax bill affect you?

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DATE: September 30, 1993

TIME: 10:00 A.M.

LOCATION: FIRST NATIONAL BANK OF POST 216 W. MAIN

LIMITED SEATING AVAILABLE CALL 495-2872 FOR RESERVATIONS TODAY

**THE ACCOMPANYING TAX NOTICE IS WRONG!**

The Southland Independent School District is required by state law to publish the accompanying tax notice in this form, even though the notice is deceptive.

Because of an omission in the recently enacted state law, Southland I.S.D. may not include revenue collected by the county education district in the calculation of taxes for the 1992-93 school year. The effect of this is to understate last year's actual school tax rate and produce an inaccurate comparison of last year's tax rate to this year's tax rate.

The correct comparison of tax rates is as follows:

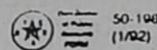
Last year's (1992-93) total school tax rate (including county education district taxes):

**\$1.31850**

This year's (1993-94 proposed school tax rate):

**\$1.31850**

Percentage of change: None



**Notice**

**of Vote on Tax Rate**

The Southland I.S.D. conducted a public hearing on a proposal to increase your property taxes by 239. percent on September 23, 1993 at 7:00 a.m.

The Southland I.S.D. Board of Trustees is scheduled to vote on the tax rate at a public meeting to be held

on Thursday, September 30, 1993 at 7:00 a.m.

at Southland I.S.D. Administration Building

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extended to us during th  
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For all the many thing  
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you and God Bless.  
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David King  
The family of Juanita  
to thank everyone who ce  
sent cards, food and flo  
loss of our loved one.  
Thank you for your  
support.  
Karen Davis and fami  
Lynette Thumett and fa



### Arsenic Acid use dates announced by TDA

Important dates concerning the use of Arsenic Acid on cotton have been released by the Texas Department of Agriculture according to Lubbock-based Plains Cotton Growers (PCG).

Sale and use dates for Arsenic Acid are:

October 31, 1993 - Last day anyone can legally sell, offer for sale or deliver for sale stocks of Arsenic Acid.

December 31, 1993 - Last day any person can legally use any existing stocks (product in growers possession) of Arsenic Acid.

Provisions have also been made to take care of leftover stocks of Arsenic Acid. From December 31, 1993 through March 31, 1994 Elf Atochem will buy back unopened containers of Arsenic Acid from both retailers and growers. Procedures for returning unopened containers will be provided on or before February 1, 1994 and the buy back will continue for 45 days from the date the notice is given.

For more information about these dates contact local Texas Department of Agriculture offices.

### Organization offers golf discount card in blindness prevention program

Now that school is back in session and the weather is cooler, it's the ideal time to purchase a "Golf Fore Sight" card from Texas Society to Prevent Blindness. \$25 enables you to play 23 different courses one time free.

The courses include: Abernathy Country Club, Brownfield Country Club, Caprock Golf Course, Elm Grove Golf Course, Floydada Country Club, Gaines County Golf Course, Hillside Acres Country Club, Island Oaks Golf Course, Levelland Country Club, Littlefield Country Club, Lorenzo Country Club, Meadowbrook Golf Course, Morton Country Club, Muleshoe Country Club, Olton Country Club, Plains Fairway Golf Course, Plainview Country Club, Gaines Country Golf Course, Shadow Hills Golf Course, Slaton Golf Course, Spur Golf Course, Sundown Municipal Golf Course, and Yoakum County Golf Course.

The Texas Society to Prevent Blindness is a non-profit health agency working to preserve sight and prevent blindness. They offer free sight-saving programs, glaucoma and vision screenings in the Lubbock area.

For further information on the "Golf Fore Sight" program, call (806) 797-6701.

**YOUTH REVIVAL**

Saturday, October 2nd  
Through  
Tuesday, October 5th

Speaker - Mark McMillan  
Music - Nick Watts

Times:  
Sat. Mon. Tues. - 8:00 p.m.  
Sunday - 10:45 a.m. and 6:00 p.m.

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**OCT. 9**  
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**OCT. 9**  
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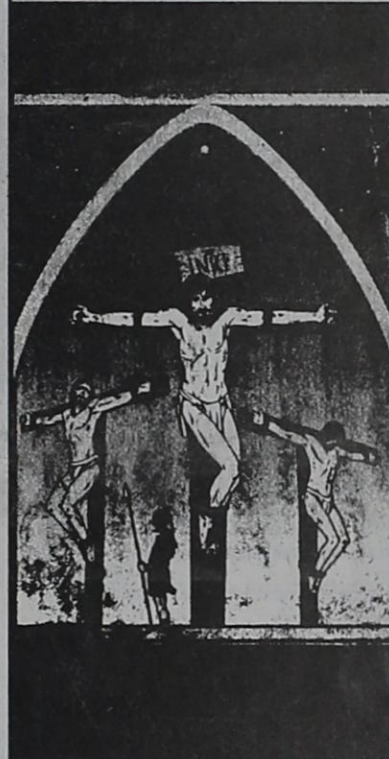
**Sunday Buffet**  
11:30am - 1:30pm

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495-2844

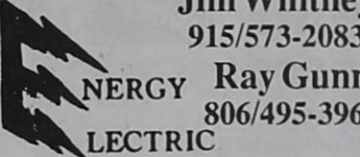
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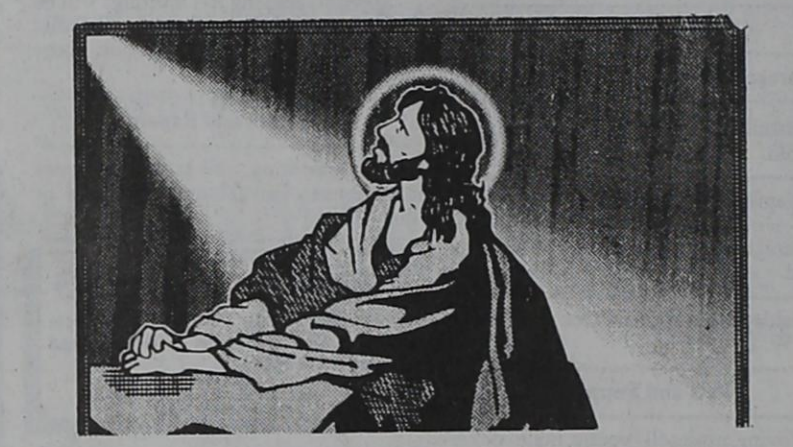
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### This Service Directory is brought to you by area businesses that encourage you to attend worship services this Sunday

- Baptist**
- Calvary Baptist Church ..... 210 E. 6th, Post 495-2342  
First Baptist Church ..... 402 W. Main, Post 495-3554  
First Baptist Church ..... Wilson 628-6333  
Templo Bautista ..... 315 W. Main, Post 495-2416  
Trinity Baptist Church ..... 915 N. ave O, Post 495-3038  
Justiceburg Baptist Church, Sunday @ 11:00, Don Blacklock, Pstr
- Catholic**
- Holy Cross Catholic Church ..... Ave K, Post 495-2791
- Christian Church of Christ**
- First Christian Church ..... 812 W 13th, Post 495-3716
- Church of Christ ..... 108 N ave M, Post 495-2326  
Graham Chapel Church of Christ ..... 7 miles west on Tahoka Hwy 1 mile south
- Church of God**
- Church of God of Prophecy ..... 602 W 14th, Post 495-3644  
Power House Church of God and Christ ..... Pine Ave, Post
- Church of the Nazarene**
- Church of the Nazarene ..... 202 W 10th, Post 495-3044
- Lutheran**
- St. John Lutheran Church ..... 1305 Dickson, Wilson 628-6573  
Parsonage ..... 628-6244  
St. Paul Lutheran Church ..... Wilson 628-6471
- Methodist-United**
- First United Methodist Church ..... 216 W 10th, Post 495-2942  
Graham Chapel United Methodist ..... Rt. 3 Post 495-3492
- Non-Denominational**
- Caprock Christian Fellowship ..... 220 E. Main, Post 495-2765
- Presbyterian**
- Presbyterian Church ..... 910 W 10th, Post 495-2135
- "If your church is not mentioned in this please send us their information"



### From the Pulpit Capitol punishment

America is being seduced into believing that capitol punishment is so cruel, inhumane and unjust that a "just" nation cannot even think of having such a law. Every excuse imaginable is being put forth to get us to become active in opposing that final punishment. We are made to feel guilty for being so quick to put a person to death (10-15 years is quick?) We realize the strong feelings on the subject.

Is there a standard to guide us? Are our emotions the deciding factor? Does each state or nation make its own rules? Are we left in the dark on this important topic? No! The Bible, the guide given to us by the Creator, Jehovah, gives us some very clear rules to help us know what to do. We even read the "WHY"! That should settle the question. But, we realize that many in the USA do not care about what the Bible says. We will give some scriptures on the topic and then look at some reasoning used by those opposing the Bible. Maybe we can see God's wisdom on the subject.

Life is precious to God. In fact, he wants certain people to be put to death so that the innocent can live in peace. Who was to be put to death when God ruled Israel? Murderers - (Genesis 9:6; Lev. 24:17) Adulterers - (Deut. 22:22; Lev. 20:10) Blasphemers - (Lev. 24:14-23) Idolaters - (Deut. 13:2-6; Num 25:1-13) Homosexuals - (Lev. 20:13) Rapists - (Deut. 23:23-27) Incest - (Lev. 20:10-11) and Kidnappers - (Deut. 24:7).

There are other crimes or sins that also demanded the death penalty, but space will not allow us to deal with those. God is the author of the above list of ones to be killed.

Some react to God in horror, as though God is too harsh, cruel and unfeeling. We are told that rather than kill an individual, we should lock them up (some for life) to remove them from society. Do you see problems with man's thinking? There is nothing more cruel and inhumane than locking someone up for life. No family relations and no release for sexual desires that God gave us. That is why we hear of so much perversion in the prison system. The people have homosexual relations for satisfaction. Many that are terrified of that life style have it forced upon them in the prisons. By carrying out the death penalty for such people, we would have less problems in the prisons. Guards would not fear for their lives by cruel prisoners who have no hope. The prisoners have no reason to respect life.

People opposed to the death penalty should be made to answer the following: Why is it cruel and inhumane to put a murderer to death by firing squad, but it is okay to send our young men to war to fight and be killed. Send the law abiding young man to his death, but do not kill one who has broken laws by killing others? And why is it cruel to kill a murderer, but not cruel to kill an innocent unborn baby?

Why put some to death? Eccl. 8:11 "Because sentence against an evil deed is not executed speedily, the hearts of the sons of men is fully set to the devil."

Punishment does deter crime! In writing about a rebellious child, Moses said to stone the person. Why? To put evil away from you; and all Israel shall fear and not act that way. (Deut. 17:13; 19:20)

Look at the cost to society. We try these folks, put them away for a short time, let them murder and rape again. Revolving doors, with huge costs each time. We should know by now that we do not rehabilitate these folks. Innocent people are the ones to suffer when the criminal goes free to repeat the crimes.

We would not have the financial crisis of building more prisons and getting more judgeships if we would listen to God and put these blots on society to death.

Capitol punishment is a deterrent. Penalties not carried out, or delayed, do not create fear and respect for law and justice. God is the one that started the death penalty. He said the death penalty would cause others not to sin. The penalty carried out would help our society.

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PSALM 107:1

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