The Post Dispatch

The Newspaper serving the people of Garza County

Sixty-eighth Year Number 5

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Wednesday, June 30, 1993

Fun July 4 planned by chamber

Thanks to a little help from the city of Post, the Post Chamber of Commerce's Fourth of July celebration can go ahead as scheduled. The event planned for Saturday, July 3, was in danger of being cancelled because of an insurance concern. The city stepped up to bat and agreed to sponsor the day, allowing plans to move ahead.

Several groups have already signed up for booth space at the city park where a majority of the festivities will take place. Some of the food booths will include frito pies and hot dogs being sold by PostEMT's; barbecue and Hawaiian shaved ice (Corner Grocery). The senior citizens will sell ice cream and there will also be a cake walk to

benefit Cathy Gafford's daughter.
The Middle School cheerleaders will man a dunking booth and there will be a ball game at Nichols field between board members and sponsors. A fireworks display after dark tops off the day.

City/County airport project work nearing completion

Tentative plans were made Monday, summer food program continue to be Commissioner's Court regular meeting for opening ceremonies at the Post/ Garza County airport that has recently three weeks. undergone a major facelift. Thanks to funds provided by the Texas Department of Transportation, the some were lengthened. The project costapproximately \$500,000.

Stanley Butler, spokesman for the airports governing body, told the commissioners that "no date has been nailed down", but July 10 looked like a good target date for the ceremony.

Along with the usual dignataries, great," said Dalby. Butler said there might be a practice flying session by local flyers.

"It would be a little practice session, not an air show," said Butler. "Still I don't know if the FAA would stand for that, I have to check on it."

According to Butler, workers at the airport lack "two or three days of having all the lights installed and some touch up work" to have it ready for a

Results from the county sponsored

June 28 at the Garza County impressive. According to coordinator Mikki Miller, the program has fed slightly over 3,000 meals in its first

Miller expects the program to reach its peak in the next two or three weeks and then drop off somewhat once the airport's runways were repaved and summer education and recreation program ends.

Garza County Judge Giles Dalby complimented Miller on the success of the program and her work.

"We're doing a land office business over there. If all of our programs worked as well as that one it would be

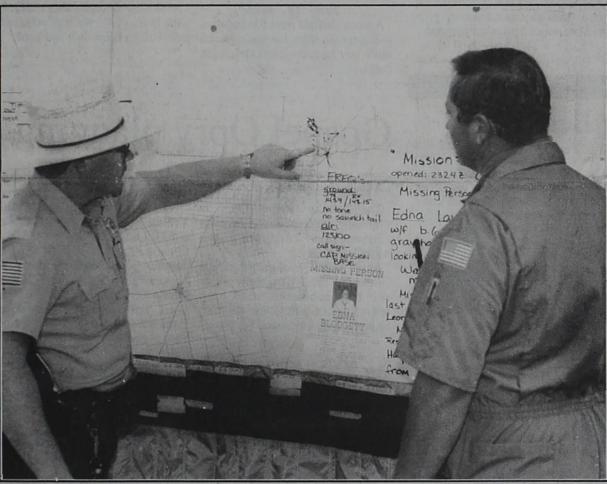
He said the program was reaching the children it was intended too when it was first proposed. Primarily younger children, under high school age, are the main customers each day at the

elemntary school cafeteria. The program's success led to the approval of an extra \$300-400 to pay for additional food. This will be used to purchase food items to enhance some menu items and to provide



Dispatch Photos by John Cordse

Searchers fail to find missing woman



Dispatch Photo by John Cordson

GARZA COUNTY Sheriff's Deputy Maurice "Mo" Herridge (left) and a member of the Civil Air Patrol plot search patterns on a map of the county during the search for Edna Blodgett.

Air and ground search comes up empty

by John Cordsen

An extensive ground and air search of Garza County by volunteers from the Civil Air Patrol (CAP) has failed to turn up any clues to the whereabouts of Edna Blodgett. This portion of the search was suspended late Friday night. Law enforcement officials will still continue to follow up on any clues turned into to the sheriff's department.

"At this point we will take any lead anybody can give us," said Garza County Sheriff Kenny Ratke. "We have gone through everything imaginable trying to come up with a lead - - - so far we've come up dry."

The 76 year old Post woman was last seen on June 2 by mental health workers. She was reported missing soon after and was officialy listed as a missing person on June 14, this according to the Garza County Sheriff's Department.

The first ground search began Sunday, June 20 with members of the Post Volunteer Fire Department lending a hand. The CAP was called in Wednesday with eventually more than 50 members from the volunteer organization taking part in the search. CAP members came from as far away as Ft. Worth and San Angelo to take part in the search.

According to Col. Walt Shuman, commander of the CAP Group I from Lubbock and CAP coordinator of the search, the first flight over the area took place late Wednesday evening.

"We came down and oriented ourselves to the area," explained Col.



AN unidentified member of the Civil Air Patrol records information radioed in by search teams looking for Edna Blodgett.

The search was carried out in two type to up and take off," said Ratke. phases, an air search that included five airplanes and two helicopters and a ground search complete with dogs.

county," said Ratke. "This included an isn't there supporting the idea. extensive search in the northern part of the county but we came up empty." Ratke, along with other searchers disapperance was unusual behavior

for Blodgett. "A lot of things about this seem out be more than welcome.

of character for her, she was not the

As with a majority of missing persons cases, questions of foul play have been brought up. Ratke hasn't dismissed "We ran an intensive search of the this scenerio, but says the evidence

"I can't really say we have anything solid to indicate foul play," said Ratke Even though search efforts for who know Blodgett, said the Blodgetthave been scaled back, Ratke stressed that any information on the location of the missing woman would

Accident results in **DWI** arrest

A two vehicle accident early Sunday evening left seven people with bumps and bruises and one man facing DWI charges. The accident occured at the corner of 12th Street and

According to Garza County Sheriff's Deputies, a 1988 Ford pickup driven by a 34 year old man (the name is being withheld pending the outcome of the investigation) ran the stop sign on 12th Street and was struck by a 1989 Ford Mustang carrying six juveniles ages 14 through

The Mustang was northbound on Ave. S when it struck the left side of the pickup as it was attempting to turn left onto Ave. S. The force of the blow knocked to the report filed by officials.



the pickup onto its right side. There were no serious injuries, just "bumps and bruises" according

Both the DPS and Garza County Sheriff's Department investigated the accident.

High Rollers headed to Nationals

Several members of the Caprock High Rollers tumbling school are headed to San Diego, California and national competition. Five tumblers from Amy Thuetts school will be headed west soon for the July 6-10 national competition.

Meagan Mills, Barrett Scrivner, Shay Baldridge, Aimee Martin and Dodie Morris were honored last week as Post Mayor Jim Jackson declared the week of July 6 through 10 as "High Rollers Week" in Post.

The Mayor presented the tumblers with a proclamation declaring the week in their honor during a visit to the groups training site west of town on Highway 380.

The proclamation reads: "Whereas, Meagan Mills, Barrett Scrivner, Shay Baldridge, Aimee Martin and Dodie Morris, members of the Caprock High Rollers, have earned their way to national competition; and Whereas, said association and named parties have been ably coached and assisted by Amy Thuett of this community; Now, Therefore, I, Jim Jackson, Mayor of the City of Post, by the authority vested in me by the laws of the state of Texas, do hereby proclaim July 6 through July 10, inclusive, as "High Rollers Week" in the city of Post and call upon all of the citizens of the city of Post to give proper honor and respect to our worthy citizens hereby



ACCEPTING THE PROCLAMATION for the High Rollers is coach and instructor Amy Thuett (left). Pictured are Front row; Aimee Martin and Shay Baldridge. Back row; Thuett, Meagan Mills, Barrett Scrivner

Filing deadline today at 5 p.m.

Candidates have filed in all wards

The Post City Council is assured of crowded district with three candidates having candidates for all five seats up

for election August 14.

candidates running unchallenged. At ticket in August. press time, Mayor Jim Tackson is also without a challenger.

for ward one while Marion Cruse has the same distinction in ward five.

Ward three is shaping up as the most

seeking this seat. Harold Lucas, Jack Currently wards one and two have Ault and Archie Gill will fill acrowded

Ward four has one of the two incumbents running. J.A. Holliman Juanita Pantoja is the only candidate will face the challenge of W.G. "Bill" Poole. Jim Schooler faces the challenge of John Butterfield for the

right to represent ward five. Deadline for filing is 5 p.m. June 30

News Briefs

Garza County sponsoring food program

Garza County is sponsoring the Summer Food Service Program this year for Post children. Meals were provided at the Post School lunchroom beginning Monday, June 7 and will continue until July 30. Breakfast is served from 7:45 until 8:45 a.m. with lunch being served from 11:30 a.m. until 12:30 p.m. All children ages 1-18 are eligible to participate in the program. They cannot be discriminated against because of race, color, national origin, sex, age, disability, religion, or political belief.

Anyone who believes that they have been discriminated against should write immediately to: Director, Civil Rights Division, MC E-609, Texas Department of Human Services, P.O. Box 149030, Austin, Texas 78714-930 or to the Secretary of Agriculture, Washington D.C. 20250. (Note: Discrimination complaints based on religion, or political beliefs must be referred only t o the Director, Civil Rights Division, Texas Department of Human Services.

Class of 1988 reunion Saturday

The Post High School class of 1988 will be holding its fifth year reunion Saturday, July 3 beginning at 1 p.m. in the Post City Park. The festivities will conclude with the fireworks display sponsored by the city and Post Chamber of Commerce.

WPS offers support group

Women's Protective Services offers a support group every Thursday for adults who have been emotionally, physically or sexually abused by a spouse, relationship partner or family member. The group meets every Thursday, from 3-4 p.m. at the WPS' office located at the Postex, Mill. For more information call 495-2437.

Commodities distribution

The commodities distribution are held on the third Monday every month at the Service Center on the Snyder Highway. The center will be open for the distribution from 9 - 12 and from 1-3 p.m. New applications will be accepted beginning March 5.

Utility Assitance funds available

The South Plains Comminity Action Association, Inc. recently announced it has received Utility Assitance Program funds that will be used to assist the truly needy in Garza County.

The program is to assist eligible persons experiencing an energy related crisis or energy related emergency. Priority will be given to households with persons 60 years old or older and or with handicapped

A person must apply at South Hwy. 84 in Post between the hours of 8 a.m. until 12 noon and 1 through 5 p.m. Persons applying for energy assistance need to bring a utility bill and evidence of income for the prior

Jim Graham named Post Lion of the Year



Dispatch Photo by John Cordsen

REVEREND JIM GRAHAM was honored as the Post Lion of the Year during the Post Lions Club meeting Thursday evening, June 24. Graham, the current president of the local club, will continue in this capacity for the coming year.

The Lions Club meets every Thursday morning at 6:30 at the Chaparral Steakhouse.

Children need energy snacks during the summer months Summer time means more play of nutrition at Baylor College of

time for children and an increased Medicine in Houston. need for high-energy snacks, says a By giving some thought to snack nutritionist at the USDA's selection, Montandon believes Children's Nutrition Research parents can meet their children's

"Parents can reinforce good eating positive nutritional message. habits this summer by providing healthy treats," says Dr. Corinne high-fat convenience foods, Montandon, an assistant professor

dietary needs while sending a

Instead of stocking the kitchen their children with plenty of with chips, cakes, sodas and other

Entered at U.S. Post Office, Post, Texas for transmission through the mails as Second Class matter, according to an Act of Congress, March 3, 1879.

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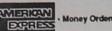
The Post Dispatch 495-2816







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POST's own Giles McCrary received a personal "thank you" from board Chairman Gloria Galey from the Parenting Cottage in Lubbock for his contributions to the non-profit children's home.

McCrary thanked for helping The Parenting Cottage

Ona Maxey Berdine

Mrs. Berdine was born in Berdine, all of Weatherford.

McCasland family reunion

held June 26 in Post

member of the clan is Georgia Worth.

The festive occasion included good Brownwood.

food, videos and people sharing

Health, Medicare, Life,

Mutual Funds

Annuities.

Call Harold Craig

495-2995

McCasland Tyra of Post.

childhood memories.

1993 in Weatherford at the daughters, Inez Yeary, Oleta Galbreath-Pickard Funeral Home Pickett, Valdene Berdine and Zona

Antelope, TX on April 2, 1897. Attending the services from Post

She moved to Garza County in were: Mr. and Mrs. Maxey, Mr.

1903 where she attended school at and Mrs. Noel White, Mr. and Mrs.

Graham Chapel and Gossett Lewis Mason, Mrs. Ronnie Graves

Approximately 50 descendants of The parents and grandparents of

the McCasland family enjoyed a those present included Mr. and Mrs. reunion June 26 at the Post Frank Landrum McCasland of

Community Center. Nita and Bobby Lamesa. Cousins came from

Terry of Post were the local hosts Lamesa, Tulia, Lubbock, San

for the reunion. The oldest surviving Antonio, Brownwood and Ft.

Two family members, Judy and organized by Viva Lou Hill of Ft.

Gary Jones of Lamesa entertained Worth. She was assisted by her

the gathering with gospel music. sister, Betty Sue Simpson of

Representatives from The Parenting Cottage in Lubbock came to Post last Thursday to personally thank Giles McCrary for his contribution to the children's home.

Board chair Gloria Galey and Beth Satterwhite were present to personally thank McCrary.

Founded in 1982, the Cottage serves a population of individuals who, because of unavoidable circumstances, are unable to help themselves. Each year, the Cottage serves approximately 350 children ranging in age from birth to six

The children have one or more disability such as speech-language deficit, physical disability, emotional disturbance, developmental delay and/or any

Obituaries

other condition that may be viewed has high risk medically.

The Cottage is open to any family in the South Plains region. The services are provided at no charge regardless of income, ethnicity or family background.

Services available to children include diagnostic screening, developmental assessment, therapy (physical, occupational and speechlanguage), developmental playgroups, transportation, transitional assistance and followup. Each child's program is individually designed and administered to meet his or her special needs.

The Cottage operates on a low overhead budget that is funded each year through contributions, gifts and one major fund raiser per year.

Berdine; and two sons, E.H. and Bo

and Louis Sinclair of Lubbock.

The reunion was promoted and

Church

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Morning Worship 10:55

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Health Insurance

Dispatch Photo by John Cordsen

Law Enforcement

Thursday, July 1

Swiss steak, corn, spinach casse-

ole, biscuits, stewed apples, choice

Monday, July 5

Hamburger on a bun, tater tots or fries, mixed vegetables, cantaloupe,

lettuce & tomatoes, onions & pick-

les, chocolate chip cookies, choice of beverage.

of beverage.
Friday, July 2

≈clip and save

CLOSED

Menus

June 15, 1993

on a surety bond after being arrested DWI charges. He was released on a on theft charges. He was referred to PR bond. county court. June 16, 1993

filed against a 21 year old man by city court on a bail bond. following his arrest. He was released on a bail bond. Charges were brought in county court.

Following revocation procedures criminal trespass charges. in city court, a 23 year old woman Department of Corrections.

Assault charges (family code) were filed against a 47 year old man in county court. He was released on a bail bond. June 18, 1993

A 17 year old woman was released Disorderly conduct charges (by from city court (Capias Pro Fine) for time served (laid and paid)

with theft of over \$20 but under fines. \$200 and felony DWI. He was released from district court for the DWI on a PR bond. The theft served against a 24 year old man. charges were filed in city court. The He remains in custody in Lubbock man was released after paying fines County. and court costs.

June 19, 1993

a 22 year old man. He was released from county court on a bail bond. after paying city fines and court

June 20, 1993

Tuesday, July 6

mashed potato, spinach, wheat rolls, watermelon, choice of beverage.

Wednesday, July 7

w/cheese sauce, cucumbers & on-

ions, hot roll, peach cobbler, choice

Chicken fried steak, white gravy,

BBQ chicken, peas, cauliflower

A 27 year old man was released A 46 year old man was arrested in

June 21, 1993 A 29 year old man was charged

Trail Blazers

Criminal trespass charges were with disorderly conduct and released June 22, 1993 A 21 year old man remains in

custody following his arrest on A 33 year old man remains in

is awaiting transfer to the Texas custody on a county court commitment after being arrested for evading detention. June 23, 1993

A 23 year old woman was released from city court (Capias Pro Fine) for time served (laid and paid)

verbal threat) were brought against a 22 year old man. He was released A 58 year old man was charged after paying city court costs and June 25, 1993 *

Outstanding DPS warrants were

June 27, 1993 A 34 year old man was charged

Assault charges were filed against with DWI (1st). He was released

Gospel Opry planning Funeral services for Ona Maxey Survivors include her sister, special July 3 show Berdine were held Friday, June 25, Quanah Maxey of Post; four

The Tahoka Gospel Opry is The show will be in the old planning a special July 3 Venture Foods building in Tahoka extravaganza celebrating the at 2001 Lockwood. nation's birthday.

singing in the 7 p.m. show, there by George Martin, the Masters will be a concession stand open Men's Quartet of O'Donnell, the be homemade ice cream.

Featured singers include the Along with several gospel groups Tahoka Community Voices directed beginning at 6 p.m. There will also West Texas Praise Team with Dalton Wood and Donna Gilley of , New Mexico.

Slaton hosting little league All-star contests July 5

(11-12 year olds) will be at the ball park. participating in an All-star "Come early and come hungry,"

a team from Shallowater.

Tahoka and O'Donnell.

Little league All-stars from Post There will be refreshments served

tournament beginning July 5 in said Bobby Dell Johnson, president of Slaton little league.

16th and Crosby at 6 p.m. against would play Slaton Tuesday night at 8 p.m. A loss would send Post into Other teams involved in the five the losers bracket to face the loser team tournament include Slaton, of the Tahoka, O'Donnell game.

Brook Capps receives commission Army

been commissioned a second lieutenant upon graduation and awarded a bachelor of science degree Army officers. from the U.S. Military Academy, assignment to the Field Artillery West Point, NY. The academy is a four-year

educational institution, charged

Army Cadet Brook W. Capps has with the task of training young Americans to become professional

The lieutenant is scheduled for Branch He is the son of Paul Capps of

Ingram and Edith Capps of Post. Capps is a 1989 graduate of Post High School.

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Dr Lewis Moore OPTOMETRIST

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COMPLETE VISUAL CARE



Always Love by Doug Ston audience. Trasi is the C Craft of Post a granddaught Fitzgerald of Se Randy is the Lawson of Hol Mr. and Mrs. D. Honor atten Clark of Hobb and Danny 1 nephew of the Given in ma bride wore a w Marcos. Th adorned with p throughout the

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Trasi Dawn C Lawson excha April 24, 199 April 24, reside

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interspersed intertwined bouquet was o groom, Barba Beach, Califor For tradition a blue garter, the year of he something old was the hoop from her Pos Marcie Sneed was the neck cultured pearl Presiding a were twin nie and Lynn Lav registered fr Fountain Vall

Blue Sout distinctive bluegrass mu

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Chicago, Illi

College's Workshop W 25-30. Registration The annual e attracted blue musicians fr nation and o people are th this summer's mandolin, bas concerts, jam gospel sing-a-music theory

This year's pa up from suc Colorado Spri NY, Gresham CA as well as Fort Worth. The works members of premiere headquartered experienced in performance in guest Sawtelle

member of th

Hot Rize and it acoustic music
Cost for five and activities Meals and lo available in S at a cost of \$1

Trasi Dawn Craft and Randy Thomas Medication only good if taken properly Lawson exchange vows in Hobbs

Trasi Dawn Craft and Randy Thomas Lawson exchanged wedding vows aunt Polly April 24, 1993 at Long's residence in Hobbs, New Mexico.

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The double ring ceremony was performed by uncle of the bride, William F. Fitzgerald of Epworth United Methodist Church in Abilene before a plush arrangement of fuschia bougainvillea. Recorded music "I Will Always Love You" by Whitney Houston and "Made for Loving You" by Doug Stone gave pleasure to the audience.

Trasi is the daughter of Wynelle F. Craft of Post and Thomas D. Craft of Aspermont. She is also the granddaughter of Mildred D. Fitzgerald of Seymour.

Randy is the son of Dee and Marge Lawson of Hobbs, and the grandson of Mr. and Mrs. D.G. Lawson of Andrews. Honor attendants were Shaundra Clark of Hobbs, friend of the couple and Danny Lawson, of Chicago, nephew of the groom.

Given in marriage by her dad, the bride wore a white satin gown by San Marcos. The gown was heavily adorned with pearls on the bodice and throughout the skirt, puff ruffle sleeves and a cathedral length train completed the gown. The headpiece was of white satin trimmed with pearls, swirling around the crown with the veil cascading to the bride's waist. The bride carried a bouquet of white and mauve silk roses, with blue highlights interspersed with rope pearls and intertwined with greenery. The bouquet was decorated by aunt of the groom, Barbara Raley of Huntington Beach, California.

For traditional accents, the bride wore a blue garter, carried a 1967 penny for the year of her birth, in her shoe for something old. Something borrowed was the hooped underskirt borrowed from her Post graduating classmate Marcie Sneed Oden. Something new was the necklace and earring set of cultured pearls, a gift from her mother.

Presiding at the registration table were twin nieces of the groom, Andrai and Lynn Lawson of Midland. Guests registered from Huntington Beach, Fountain Valley and Parris, California; Chicago, Illinois; Albuquerque and



Mr. and Mrs. Randy Lawson

Dilley, Lubbock and Post.

Cake was served at the reception Ruidoso, New Mexico, immediately following the ceremony by friend of the bride, Penny Peden of punch, with an ice floe of wedding

The bride and groom opened gifts following the reception.

Mauve and royal blue laced pouches, crafted by sister of the bride, Sudie Mexico. Miller of Houston, were given out by

Abilene, Midland, Odessa, Monahans, Miller. The newlyweds departed for on the sofa at home," said Dr. the weeklong honeymoon trip to Susan J. Garrison, an associate

The bride is a 1986 graduate of Post rehabilitation at Baylor. High School. She also graduated from Lubbock. The cake was topped with a American Commercial College of done in the 1950's to help people miniature bride and groom at the altar Lubbock and attended Texas Tech like Garrison's grandfathers. and decorated with mauve and royal University. She is currently employed Typically, elderly patients were blue roses highlighting the white with Sonny's Oilfield Services of background. Traditional wedding Hobbs, a division of Bergstein's. The bridegroom is a 1982 graduate of rings keeping it cool, was served by Hobbs High School. He attended sister of the groom, Candi Forge of Baylor University in Waco. He is presently employed with Smith & Sons of Hobbs.

> Mr. and Mrs. Randy T. Lawson will be making their home in Hobbs, New

be hazardous.

hospitalizations are prescription symptoms to your doctor may return if all medication is not related. The most common reason immediately. Common trouble taken. for complications is failure to Patrick Pritchett, director of Pharmacy at Methodist Hospital.

Consult a Doctor: When your sure you understand how to correctly use it. Also, make sure the following guidelines:

medications you are currently taking and any past side effects. Include vitamins, laxatives, muscle relaxants and birth control pills.

be taken.

but if not used properly, they can Ask if there are any foods that your medication. should be avoided.

"Seven percent of all involuntary • Report any unexpected you are feeling better. Symptoms

doctor prescribes medication, make if you don't follow doctor's orders," important.

•Tell your doctor about all checking the label to make sure it's bottles. what you think it is. Turn on the Find Friendly Pharmacist: light for safety when you take Finding a helpful pharmacist is medicine at night.

•Ask about possible side effects or warnings such as "don't mix with to get all your medication from the any special precautions that should alcohol" or "do not take with same pharmacy," Pritchett said. milk."

Medications can be great at •Ask about the drug's side effect •Don't skip doses, adjust doses or relieving pain and suffering and when combined with alcohol, use old medicines to mix with the increasing a person's quality of life, tobacco or coffee, if appropriate. new. Never let another person take

·Take all your medication, even if

signs include rash, nausea, diarrhea, Keep Out of Reach of follow usage directions," said dizziness, headache or stomach Children: When children find medications, the colorful pills look Take Medicine Carefully: like candy to them. That is why "Serious complications may result tamper-proof containers are so

> said Pritchett. It may help to use If you do not have small children or you have arthritis, you may not •Never take medicine without need hard-to-open, tamper-proof

another resource in handling all •Pay close attention to special your medication. "It's a good idea

Stroke treatments improving

An aggressive team approach not available a generation ago is sending stroke survivors home, where they can often care for themselves, says a rehabilitation expert at Baylor College of Medicine in Houston.

"Both of my grandfathers died as a result of strokes and all the families Hobbs, New Mexico; Houston, nieces of the bride, Heather and Ashley could do for them was let them lie professor of physical medicine and

> There was not much that could be institutionalized or required much assistance at home from their families.

"Our goal today is to make stroke survivors as self-sufficient as possible," said Garrison, who works with stroke survivors.

Garrison becomes involved with a patient as soon as the initial danger has passed, after physicians pinpoint the area of the brain damaged by the stroke. Knowing this allows the doctor to determine which functions might be regained with therapy.

"Interviews with the patient and family members also help us to know what type and how much function has been lost. It is an important step towards getting the stroke survivor back into mainstream living as quickly as possible," Garrison said.

A physical therapy plan is designed to teach patients how to use healthy limbs while the affected muscles regain strength. A team of therapists helps patients regain the use of muscles, limbs and language when speech has been affected.

Recovery usually begins with a physical therapist manually moving the patients' muscles or limbs to show them what the movement looks and feels like.

A common problem is loss of feeling in the arms of legs. It may be difficult for patients to tell how much, or even when, a limb is being moved.

Patients can be taught to know what movement feels like through the use of functional electrical stimulation. A low-voltage current stimulates the muscle so the patient will learn what it feels like when the limb moves. This helps determine the amount of effort necessary to walk, or move an arm or wrist for instance.

"It takes an enormous amount of exercise and determination on the part of the patients," Garrison said. "There is frequently pain and soreness from moving muscles and joints in ways they have never been

moved before."

"Anybody who has experienced soreness and pain from exercise can imagine what a stroke survivor must go through, only magnify the work and the pain several times over," she said.

"Therapists, nurses, doctors and family members with a positive attitude can send stroke survivors home with basic skills and the confidence to care for themselves," Garrison said.

Bridal Selections Tina Blacklock and Jamie Pewitt

Handy Hardware or **Handy Gifts**

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Bluegrass guitarist will perform at South Plains Community College

distinctive guitarists on the bluegrass music scene today, will be a special guest for South Plains College's annual Bluegrass Workshop Week, scheduled July

Registration deadline is July 10. The annual event has traditionally attracted bluegrass music fans and musicians from throughout the nation and overseas. About 60 people are thus far signed up for this summer's round of activities, which include instruction on banjo, mandolin, bass, fiddle, and guitar, concerts, jam sessions, a cookoff, gospel sing-a-long, guitar repair, music theory and other topics. This year's participants are signed up from such varied places as Colorado Springs, CO, Rochester, NY, Gresham, OR, and Moorpark,

Fort Worth. The workshop is taught by members of Country Gazette, a premiere bluegrass band headquartered at SPC, Gerald Jones, experienced in recording and live performance in Dallas, and special guest Sawtelle. He is a founding member of the bluegrass group, Hot Rize and is also an experienced

CA as well as Austin, Houston and

Cost for five days of instruction and activities is \$225 per person. Meals and lodging will also be available in SPC's residence halls at a cost of \$110 per person based

Charles Sawtelle, one of the most on double occupancy. Water and electricity hookups for recreational vehicles are available on lighted, level sites within walking distance of workshop classes. Cost for an RV hookup is \$10 per day. Meals may be purchased in the college's

dining hall at an additional package price of \$60.

Instructors are Alan Munde on intermediate and advanced banjo; Gerald Jones on beginning banjo; Dawn Watson on mandolin; Steve Garner on bass; Ed Marsh on fiddle; Joe Carr and Charles Sawtelle on intermediate/advanced flatpicking lead guitar styles; and Dave Hardy, beginning guitar.

The workshop schedule includes sign-in and registration at 3 p.m. July 25, orientation from 7-8 p.m. that night and a jam session at 8 p.m. Other activities throughout the week will include music theory for bluegrass pickers, instrument workshops and lessons, singing and harmony workshop, private lessons, ensemble workshops, vocal workshop, masters of bluegrass, and a student showcase concert.

Special events will include a cookout and jam session at 6 p.m. July 26, group singing at 8 p.m. July 27, tour at 7 p.m. July 28, country dance with lessons at 8 p.m. July 28, and free concert by Country Gazette at 7 p.m. July 29.

The instructors are experienced in

their field. Munde, a full-time music faculty member at SPC, was a founding member of Country Gazette and has recorded many top-selling albums of banjo music.

Steve Garner has performed with Byron Berline, Buddy Spicher and Billy Foster. He toured one summer with SPC's country music road show, Country Caravan, and later worked in a music show in Custer, S.D.

Joe Carr, also a full-time faculty member at SPC, began his professional career with Roanoke before joining Country Gazette. He served as emcee for the group in addition to playing guitar. In addition to his recordings with Gazette, he has made several fiddle, guitar and mandolin teaching courses available.

Dawn Watson, a member of Country Gazette and a fulltime bluegrass music faculty member, has taken top prizes in mandolin contests, including the 1989 Arizona State Championship. She later moved to Nashville and worked with the touring band Petticoat Junction and studied with mandolin picker Bobby Clark.

For more information, contact the SPC Continuing Education Office at South Plains College, 1401 S. College Avenue, Levelland, Texas 79336, or phone SPC at (806) 894-9611, ext. 341.

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Glenda Morrow

Glenda Morrow art show to open July 1 at Hotel Garza

will host a one person art show you have to go on and experiment featuring the works of Post artist with many different things," said Glenda Morrow. The show will run Morrow. through August 15 and will include Hotel on July 11 from 1 to 6 p.m.

medium of choice, Morrow creates artist even if it were illegal." primarily floral designs with some abstract work included.

consecutive one person art show at the Hotel Garza. A show featuring A partner in the Spotted Pony in the works of Glen Lyles was downtown Post, Morrow markets recently completed at the Hotel.

Plummer, the show "was a real good success."

Morrow loves the freedom and creativity involved in art.

"To create is to boggle the mind and alter the mood," explains Morrow. "When the urge to create comes, I can keep the momentum going if I let God in and free my mind. I find that when I try to control and do things my way, I lose the spontaneity of the project and have to leave it alone until my mind and spirit can again be free and roll with the flow of creating."

Much of the talent Morrow exhibits is natural. She says she has had little training further than just the "basics".

McBride's granddaughter

signs with Central College

Beginning July 1, the Hotel Garza "I think after you learn the basics,

"When I decided to become an a public reception for Morrow at the artist, I found that I already was one and had been all my life," said Working with watercolor, her Morrow. "I probably would be an concerted effort by Democrats and

She won her first ribbon back in the first grade and used to drive her The Morrow art show is the second father crazy, always sharpening

some of her "one of a kind" clothes According to Innkeeper Jim and other items through the outlet. Recently she has discovered a new form of expression, marbling.

> "My newest interest is marbling my own fabric and watercolor paper," said Morrow. "It is exciting and boggles my mind as I lift it out of the dye. You have absolutely no control of what appears, you get something new and different every

> Morrow is thankful to be granted the talents she has used in her work. She is quick to give credit where it is due.

> "I'm very glad God allowed my to be an artist," said Morrow. I love every aspect of it."

Gov. "No new taxes" is good for Texas

by Governor Ann Richards The people of Texas said they wanted government to live within

its means. They said they wanted us to do more with less.

They said, in no uncertain terms,

"No new taxes!" We heard your message loud and

On June 17, 1993, I signed into law the general appropriations bill for the 1994-95 biennium. It is truly a budget of both austerity and

achievement. Just as important as what we did to meet the needs of Texas, is what we did not do. We did not raise taxes.

This budget meets the basic needs of the people of Texas with no new taxes.

This is an impressive achievement when you remember that when the Legislature convened in January newspaper headlines told us we were facing a \$7 billion budget shortfall. Sacrifices had to be made, but I believe the will of the people has been achieved.

Everybody likes to talk about making government lean and mean... and you hear a lot of election year rhetoric about the tax and spend policies of one political party versus the other. Usually this no-new-taxes notion gets more lip service than real results.

But the fact of the matter is that passing this austere budget took a Republicans alike. While gridlock and finger-pointing may prevail in Washington and other states, Texas once again showed that we can cut government and deliver on this most fundamental promise.

The leadership of Lieutenant Governor Bob Bullock and House Speaker Pete Laney helped us hold the line on taxes. Senator John Montford and Representative Rob Junell led the way in the Legislature. Comptroller John Sharp once again showed us many cost-cutting measures that have helped us cut spending.

With limited growth in state revenues colliding with burgeoning court orders and federal mandates, budget decisions were extremely difficult and often painful. But this budget was written in the most open and thoughtful process in the

Deadline for all news and advertising... Mondays, 5 p.m.

Tax 'n Facts

by Terri S. Cash, CPA WHAT YOU CAN'T DO WITH

AN IRA An Individual Retirement Account is smart saving because of its tax-deferral advantage. Even if you can't use it to reduce your tax bite, it may be a good investment.

IMPORTANT: DO IT RIGHT It makes sense to fund your IRA as early in the year as you can, so the money has longer

time to grow tax-deferred. · No matter how much you have in your IRA--and it grows fast!--you may not borrow from it. The penalty disqualifies the entire IRA.

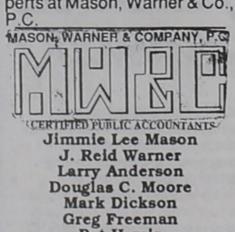
· Don't try to sell your own property to your IRA; this is prohibited. · Don't invest IRA funds in

collectibles like art, antiques

Don't take out IRA money before you're 59 1/2; generally there's a 10% penalty in addition to the tax you pay on the distribution, with certain ex-

 Don't neglect to take out a minimum distribution at 70 1/ Do you qualify for a deducWAFER

tion IRA? Talk to the tax experts at Mason, Warner & Co., P.C.



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Terri Cash 108 S. Ave I Post "Around the corner from

Danish Imports"

history of the state.

It began in January when my office presented the Legislature with a fair budget proposal, Working for Texas, that maintained critically needed services, made new investments where needed and balanced the books without raising taxes. Over \$250 million of our money-saving initiatives from Working for Texas have been incorporated into this budget.

This budget authorizes an expenditure of \$70.1 billion in total funds for the 1994-95 biennium, this represents an increase of 5.5 percent per annum,

the lowest growth in the overall state budget in over 30 years.

Through the efforts of our Office of State-Federal Relations, and other key state agencies, Texas will receive \$19.8 billion in federal funds. That's an increase of more than \$4 billion from the record level projected with passage of the 1992-93 budget.

My administration will net for Texas \$38 billion in federal funds, an increase of almost 70 percent from the previous administration.

Some other highlights of this budget bill include: ·Funding to provide

immunizations for every child in •Funding to make our streets safer

through the addition of 22,000 new state jail beds and 1,000 new prison

•New initiatives to provide higher

educational opportunities along our Texas border area and throughout the state;

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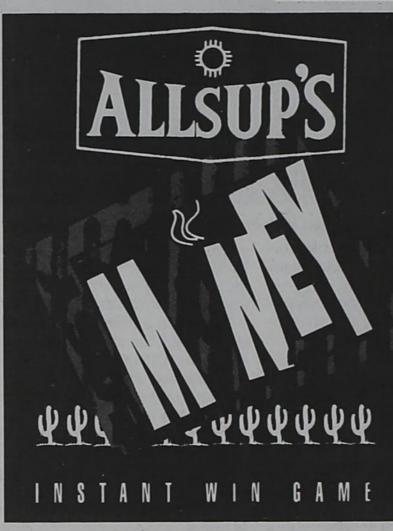
and Darrel

 A benefits increase for our retired teachers and state employees, plus funds to preserve current state contribution levels to our teachers retirement pension system;

•Restoring funding for critical health and human service programs. All of this will prove to the rest of the country that Texas is a great place to do -- or bring -- business. And we did it all...with no new

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at the The Post Dispatch

DENISE McBRIDE, granddaughter of Lucile McBride of Post

recently signed a letterof intent to play basketball with Central

College. Witnessing the signing is Denise's mother, Glen McBride

of West, Texas. The 5-11 forward isnot only an outstanding athlete,

she maintained a perfect 4.0 GPA in West.

Herfatheris James McBride.

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State board of education member decries funding inequity for schools

Editor's note: (The following article by State Board of Education member Monte Hasie just underscores how twisted and unfair the school funding system is not only in Texas, but other states across the nation.

Our retired

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teachers

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Having come from a community that landed one of these state prisons, it was sometimes difficult watching local officials compete tooth and nail to land this "big" economic windfall.. They boasted of jobs, not the low paying jobs available before the prison arrived, but jobs where entry level positions paid more than a teacher with five years experience would

The differences didn't stop with the pay. The facilities for convicted felons was far and above those used by local school children. Everything at the prison was stateof-the art while school children just five miles down the road had to learn in buildings that did not heat well in the winter and did not have any type of cooling system for the summer.

It is an unforgettable experience to see classes of 20-25 kindergartners and first graders crammed into their small rooms in late August suffering under sweltering 105 degree temperatures. Their only relief from this heat were small room fans their teachers brought from home because the school district didn't have enough money to purchase its own fans.

It's a sad commentary to know if prisoners were forced to attend classes in similar conditions, the number of lawsuits filed by concerned groups (not just the inmates) would close the buildings

before the chalk dust had time to

by Monte Hasie

State Board of Education The answer to funding public education in Texas is very simple: pass a law making it a felony to be between 6 and 18 years of age. Then we can send all of our school children to jail where the state will spend \$35,000 a year to help them instead of a paltry \$2,300. That way, every child could grow up having his own teacher. Talk about test scores going up!

In November, voters will be asked to pass a \$1 billion prison bond issue to increase capacity by 20,000 beds (\$50,000 per bed, not counting interest which will probably double or triple the cost). Of course, if we borrow the money (instead of appropriating the needed amount) we are spending tomorrow's tax dollars today and there are two distinct benefits:

•The politicians of today can be heroes in their hometowns by bragging that they have prisons in 88 locations across the state.

·Politicians can write articles and tell the world they did a great job of increasing spending by only 12.9 percent (\$8 billion) this biennium after an increase the previous twoyear cycle of 32.4 percent (\$15.5 billion) and did not have to raise taxes. Of course, at the same time, it was necessary for the Legislature to NOT fund even enough money for the growth of the student population of the non-voting school children of Texas. I believe all of this falls under the heading of false economy.

When the governor of Texas increases her staff from some 185

Manioures

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persons to 345 and when state employees increase during her regime by 34,000 through the first quarter of this year, there is going to be a day of reckoning and it is steamrolling down the track toward the taxpayers of Texas--full speed

On top of all of this frivolous activity, let me now note and all of us long remember that \$1 billion was budgeted for the schools when a minimum of \$1.2 billion was needed for the growth in enrollment

In addition, after the voters rejected Robin Hood by some 60 percent to 40 percent--even after being threatened with school closure, consolidation and a state income tax--the Legislature then passed a law and presented to the courts a solution which arguably is the same thing as Robin Hood.

Where is the threat to our schools? -- Our Legislature has attempted to legislate the school childrens' permanent school fund to make investment decisions that could cost the students \$1.7 billion over the next 10 years, so the politicians will not have to fulfill their financial responsibilities for this biennium.

What is the answer? At some point, we need our elected representatives to do what you and I do at home. They need to say: "This is a good idea, but we cannot afford it." We, as taxpayers, cannot afford all of these good ideas either.

Again, local school boards will have to raise local taxes because of state legislative action. When, are we as taxpayers, going to yell "calf

Teen moms targeted by Girl Scout camp

surrounding 18 counties are invited child safety, health and nutrition, 4957. to attend special week-long camp education and career information Baby beds, port-a-cribs, high designed for them and their babies. and beauty and glamour. The camp will be held July 18-24 The cost of the camp is \$10. you have baby furniture that you at the Girl Scout Camp Rio Blanco This includes meals, lodging, and can loan for the week or can donate located east of Crosbyton. Teen program activities. Scholarships are your time for the week to assist moms ages 10-18 and their children available by contacting Caprock with childcare, call the council ages 3 month to 3 years are invited Girl Scout Council, 2567 74th office at 745-2855. to attend. Mothers can be married Street, Lubbock, TX 79423 or by

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Teen moms in Lubbock and the Sessions will include parenting, calling 745-2855 or 1-800-530-

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Post grad. completes nurses training

Kristi Kim Radle, a 1988 graduate of Post High School, recently completed training at the Methodist Hospital School of Nursing R.N. course in Lubbock, She graduated June 4, 1993 at Lubbock United Methodist Church.

She is currently employed at Methodist Hospital in the cardiac critical unit. She is the daughter of Susan

and Darrell Radie of Post.

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113764	STARS OF	SOUTH PLAINS	STARS OF	BASEBALL	POST	STARS OF	B.B. TOHOKA
8 AM	GOSPEL MUSIC	BASKETBALL	GOSPEL MUSIC	TOHOKA\POST	ON SCREEN	GOSPEL MUSIC	VS POST
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10 AM	COMMISSION'S COURT	CLOSING CEREM.	SR. LEAGUE W.SOXS\BRAVES	LAND FILL SPECIAL	\/ \/	CHAMPIONSHIP	3RD OF JULY BOLF SCRAMBLE
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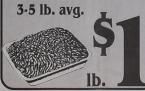
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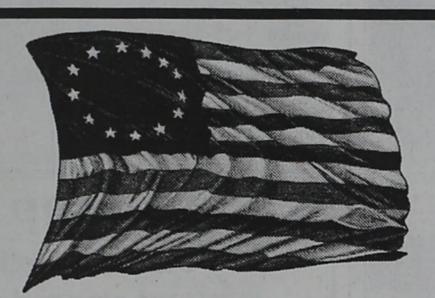


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111 S. Broadway 495-3001



May your celebrations be in the heart and may this weekend be exciting and safe. We Invite you to enjoy the sidewalk sale and have fun in the park Thanks for all the support

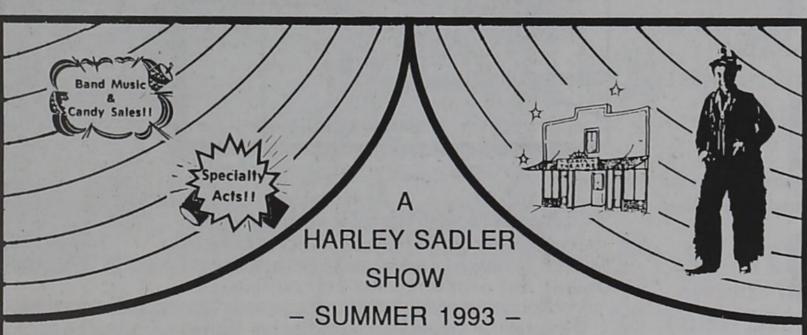
The Post Dispatch

We will be closed Friday July 2nd in observance of Independence Day

226. E. Main Post, Texas 79356

00000000000000000 Garza Theatre

Telephone 1-800-846-3706 or 806/495-4005



"Natalie Needs A Nightie"

Directed by Jane Prince-Jones

DAVID WEAVER, JR. JON STEELE CHARLES SOMERVILL **ALISON HOEFLER** RAINA KENNEDY DON EVELYN FONDY

> featuring The Musical Gray's Stock Company Benefit Show: July 10th, 2:00 p.m.

20 PERFORMANCES

July 1-4, 8-11 15-18, 22-25, 29-Aug. 1



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Curtain Times: 7:45 p.m. - Sunday Matinee - 2:30 p.m. Tickets: Adults - \$7.00 -:- Students - 6/12 - \$4.00

BOX OFFICE HOURS:

Monday-Friday: 12 Noon- 5:00 p.m. • Saturday-Sunday: Noon-Showtime ASK ABOUT OUR SPECIAL RATES FOR GROUPS

State Sen. John Whitmire praised

Texas State Senator John Whitmire (D-Houston) has received high praise for his role in the overhaul of the state's penal code and criminal justice system. Senator Whitmire, a 20 year veteran of public office, is the sonin-law of Judge Giles and Nelda

Senator Whitmire was lauded in a recent editorial in the Houston Chronicle for his leadership in getting the reforms through the legislature. As chairman of the Senate Criminal Justice Committee, Whitmire is credited

guided the complex and controversial measure through the legislature.

The package of reforms was two years in the making. It was so controversial that many elected officials considered it dead the moment it arrived on the Senate floor. The Houston editorial says the bill passed largely because of Whitmire "shepherded it through. In the final days of the session, bickering with the House over provisions regarding hate crimes and sodomy was particularly contentious. During these by the Houston paper with having squabbles, Whitmire showed the

aplomb of a veteran lawmaker. He was instrumental in maintaining enough rational dialogue between opposing sides to the things ironed

The article says a key element was a Whitmire proposal to divert thousands of non-violent felons from state prisons to less expensive state-run jails.

Whitmire was also elected president pro tem of the Senate at the close of the recent session. Whitmire will serve in this post until January of 1995. As president pro tem, Whitmire is third in line of succession to the governor ship.

Richards signs tax incentive bill

tax incentives for new and expanded Richards said. 1998.

support of the legislation.

"The estimates that I've seen for risk and uncertainty. surpasses 650 million barrels for important piece of legislation to programs."

enhanced oil recovery (EOR) The benefits of this legislation Natural Resourses. "This legislation will provide subject to the tax credit. Producers jobs for Texas. excellent incentives for oil must make considerable up-front "This state has an abundance of producers to continue to invest in expenditures and are subject to high oil and old wells. Without future drilling and oil recovery risk and uncertainty. The tax credit programs like this, the State of projects," the Governor stated in incentive passed under Senate Bill Texas will only have an abundant 466 would help to reduce producer supply of shut-in wells. Shut-in

Governor Richards signed into the period extending to 1998. We help the oil and gas industry passed law in early June Senate Bill 466 welcome and encourage the future in the 73rd legislative session," which will extend by four years the projects that will result in badly said Sen. Bill Sims (D-San opportunity to qualify for existing needed jobs in the oil industry," Angelo), author of the bill and chair of the Senate Committee on

projects. This bill would extend include additional investment in oil House sponsor Rep. Robert Early the existing 50% severance tax production infrastructure and greater (D-Portland), who is the chair of break for EOR projects through operating efficiency due to the House Energy Resources longer operational life of projects Committee said the bill will mean

wells only mean less jobs and less the additional recovery of Texas oil "This bill was the single most severance tax for our state's

Lady 'Lopes Basketball camp concludes







Dispatch Photos by John Cordsen AFTER strutting their stuff in for parents and family (top), participants in the recently completed Lady Lopes Basketball camp taught by members of the Texas Tech National Champion Lady Raiders, campers received awards and certificates.

Living on the Edge of the Caprock

Horse of a different color!

At the District 4-H Horse Show, held on June 21, five county 4-Hers came through in impressive fashion. The five girls that represented our county and their individual results are as follows:

Christy Reiter: finished in the top 15 overall in showmanship competition; fifth in western pleasure and fourth in western riding.

Kim Reiter: received a tenth place finish in western riding; fourth in western pleasure; fourth in halter competition on grade geldings and third in Reining competition.

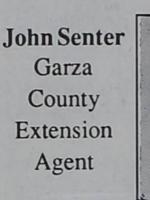
Lori Hudman: second in the stakes race and first in the barrel race.

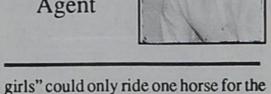
Bobbie Jo Davis: ninth in the stakes race; eighth in the pole bending and seventh in barrel racing. Heather Dickson: second in the

barrrel race. What's just as impressive is that all five of these girls qualified for state competition in August, that is 100% of

the Garza County entries qualifying for the State Horse Show! To put the icing on the "4-H Horse and thanks for a great effort.

cake", these girls and their dedication to the cause brought Garza County home with a third place finish out of the entire 20-plus counties in the district.' These girls finished with 39 points, just two behind Scurry County in second and only six points behind first place Hale County which had 18 participants. To top all this off, keep in mind that every one of the "fab-five





entire event. It was a super-showing for our county program and a great effort by these girls. Special thanks to Glenna Reiter, Darla Davis, Mr. and Mrs. Curtis Hudman and Janie Dickson for their support in this event. When you see these girls congratulate them and if you're looking for a horse trainer, look to one of these five!! Congratulations

Plains farmers are facing. With the

development of a 160-acre farm,

called the Agricultural Complex for

Advanced Research and Extension

Systems (AG-CARES) at Lamesa,

irrigation, fertility, weed and insect

management are now being

evaluated in a whole farm situation.

conservation tillage system has

been found that has gained

acceptance in growing areas with

sandy soils west and south of

Lubbock. It consists of using

wheat or rye as a winter cover crop,

The cover crop is sprayed and

chemically killed prior to planting

the cotton. The cotton is then

planted directly back into the cover

crop residue. This standing stubble

from the cover crop protects the

soil from erosion and helps the

cotton get an improved growing

Because of this and other research,

interest has increased across the

cotton belt in producing cotton in a

"Conservation tillage systems in

which the crop is planted into the

residue from previous crops have

shown potential for reducing

machinery, fuel and labor use," said Keeling. "It has also shown

potential as a means of increasing

The advantage of using

conservation tillage systems as

compared to a clean tilled soil lies

in the erosion factor, he said. On a

clean tilled soil, with no crop

cover, every time it rains or the

conservation tillage system.

profit."

Keeling explained.

Through such research, a

Challenges being met

Increasing the profitability of growing cotton while reducing soil erosion is a challenge that is being met head-on by researchers at the Texas Agriculture Experiment Station here.

Because the growing season for cotton on the High Plains is marginally short, a late planting or replanting date combined with cool, wet weather in the fall can reduce cotton yields and quality.

Nonetheless, cotton remains the most agriculturally viable crop in the area in terms of both acreage and crop value. Any means of providing it with a better start and protecting it from the adversities of the West Texas weather allows cotton growers to better take advantage of the short growing

Research being conducted at the experiment station here is providing answers to challenges facing cotton growers. For the past seven years, scientists have been studying cotton growth in conservation tillage systems using crop residue to provide early season protection from the weather.

These conservation tillage systems are gaining acceptance not only in West Texas, but across the United States as well. This is because of their effects in reducting soil erosion, allowing more efficient use of soil water, decreasing costs of production and increasing profitability, said Dr. Wayne Keeling, systems agronomy scientist at the Lubbock station.

Since 1990, agricultural scientists have been able to test such new technology as conservation tillage under the same conditions High



Auburn Hammond

Hammond enjoys tennis camp

Auburn Hammond was among the 110 participants in a recent John Newcombe Tennis Camp.

The Post Middle School student was named the most improved Wimbledon player (advanced younger girls).

While attending the camp, Hammond attended several lessons along with numerous fun activities such as horseback riding, swimming, movies and an exhibition match between the camp's tennis pros.



King sized snake found in Post front yard

RAUL JONES carefully examines the king sized Bull snake found in Post's north side. The six foot plus snake was found near Ave. Q and 15th Street.

ground is irrigated the soil is slicked over. It must be roughed up again with equipment such as a sandfighter or rotary hoe to prevent soil from blowing and damaging young plants.

Keeling says one of the initial obstacles in using conservation tillage systems is weed control. Cotton growers are accustomed to having herbicides incorporated into the soil before planting the cotton. Therefore, other means of controlling weeds are essential.

One method of combatting weeds is through strip tillage. This consists of an incorporated band where the cotton is planted. Strip tillage along with chemigation herbicide applications can effectively provide weed control equaling that of a conventional tillage system, Keeling said.

With the adoption of conservation tillage systems, growing cotton can now be a less risky option for farmers on the High Plains, the

Postal service announces aggressive action against fraudulent post cards

The U.S. Postal Inspection Service announced recently that it was taking the fight against fraudulent postcards to the streets with an unusual twist to an old

In an extraordinary effort to educate potential victims about this perennial scourge, Inspectors mailed more than two hundred thousand postcards to individuals all over the country, offering recipients a "GUARANTEED PRIZE.'

This familiar ruse promises that you have definitely won one of several seemingly big-ticket prizes, such as a luxury automobile, vacation cruise, diamond necklace or cash. To claim your free prize, you simply call an 800 or 900 number furnished on the postcard. At this point, you're connected to a high-pressure "yak" (sales agent)) who spells out the real deal.

Guess what? Before any prize is awarded, you'll have to pay the promoter a fee of some kind, be it a registration fee or shipping charge. This is the tip-off to the rip-off. The scheme is aimed at separating the prize winner from enough money to cover the worthless

vacation certificate or cheap costume jewelry which may or may not be sent in return, plus a nice profit for the operator.

Those who respond to the Inspectors' postcard and call 1-800-448-5656 will get some helpful

Priva Classi

Thanks sch

It is wonder

that pulls toget

Looking for smile again so

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meets every

Presbyterian (p.m. Closed m the last Thur

which is an

supper at 7 p.m. 8 p.m. Anyone about an alcoh

or 629-4393.

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advice instead: •Don't pay anything for a "free prize" if you don't know what you're getting. (Remember, calling a 900 telephone number costs money.)

·Don't deal with firms or individuals that make high-pressure demands for an answer RIGHT NOW! (Take time to check them out.)

•Don't give out your credit card number to anyone you don't know. (Callers that want a credit card number or expiration date to verify anything about you aren't to be trusted.)



Stop - Shop - Cool

Summer Savings Lemonade

Gift Selections Tina Blacklock & Jamie Pewitt Tonya Dunn & Drew Kirkpatrick

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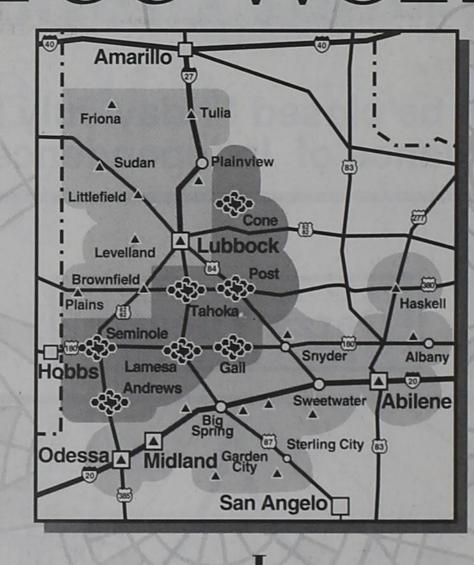
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In the early days of cellular use on the South Plains, the world seemed flat. You could only travel in certain areas without falling off the edge. Once you crossed the edge of a cellular coverage area, a whole new world of roaming access numbers and charges awaited you.

Without a roaming guide you could get lost. With so many cellular areas, you had to keep up with roaming access numbers, and which areas they went with.

Well, today things are different. Digital Cellular has introduced a 'Free World' roaming system. You can roam around the Digital Cellular Extended Coverage Area without additional tolls or roaming charges. Regular airtime rates apply, but in the Digital Cellular Extended Coverage Area, roaming charges and access numbers are a thing of the past.

So now, whether you're driving from Friona to Sterling City, or Haskell to Odessa or even in downtown Lubbock, Digital Cellular is putting you on the line for less. Less hassle, Less cost.

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SUMMER SPORTS CAMP Sponsored by Coach Mitchel Rasberry and Coach Darrell Radle WHAT: Basketball and Football Camp

WHEN: July 12 - 16, 1993

TIME: 9:00 a.m. - 11:30 a.m. Basketball

1:00 p.m. - 3:30 p.m. Football

WHO: All boys who have completed 5th, 6th, 7th

and 8th grades WHERE: High School gymnasium and practice

field

GOALS OF CAMP: Camp will stress sportsmanship, competition, fundamentals and fun.

DEADLINE: July 1st, 1993 Coaches will be at the High School Field House July 1-2 from 1 to 3 pm for further information call 495-3133

Registration

Name	
Parents Name	
Address	*
Phone	
Last Grade Completed	
Camp Choice (circle one)	

Football only Basketball/Football Basketball only \$50 (all day) \$30 (afternoon) \$30 (morning)

Fee covers camp cost, t-shirt and certificate T-shirt Size small medium

(mens sizes) Post High School and coaches not responsible for injuries Parents signature

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Private Party Classified Rates

PAYABLE IN ADVANCE All private party classified ads must be paid in advance. Rate Per Word Minimum \$3 per ad

NO BUSINESSES AT THIS RATE. STRICTLY NON-COMMERCIAL, PRIVATE PARTY RATE.

Cards of Thanks Up to 50 words free. All words over 50 at 25¢ each.

DEADLINE FOR COPY AND **PAYMENT IS** Mondays at 5 p.m.

> Commercial Classified Rates

Rate Number Per Word Per Time of Times Bold faced copy

Card of Thanks

May I take this opportunity to say thanks to each one of you for your visits, cards, phone calls and letters during my recent hospital stay. I especially appreciated your prayers. May the good Lord bless each one of you.

Sincerely, Gilbert Griffin

I would like to take this opportunity to thank the people who supported us with their visits, flowers, food, financial help, and prayers. Please continue to pray for

Thanks to Kay Hays, Delbert Rudd and Bro. Horne for starting the benefit that was sponsored by the First Baptist Church and Volunteer Fire Dept.

Thanks school cafeteria ladies for making cookies, and everyone else who helped in any way with the benefit. I was disappointed that I was unable to attend. It is wonderful to be from a community

that pulls together in a time of need. Love, Melodie Yarbro

Personals

Looking forward to seeing your pretty smile again soon.

Love, Shane

Public Service

Post Group of Alcoholics Anonymous meets every Thursday night at the First Presbyterian Church, 910 W. 10th at 8 p.m. Closed meetings are held except on the last Thursday night of the month, which is an open meeting. We have supper at 7 p.m. and the speaking starts at 8 p.m. Anyone who wishes to talk or ask about an alcohol problem, call 495-3667 or 629-4393.

Post Independent School District invites the Senior Citizens of the district to come by the Superintendent's office and receive a gift of a complimentary general admissions pass that will admit you to all school functions. (You will be asked to present identification so that a pass can be issued in your name).

Public Service

Spanish Speaking AA Spanish speaking AA meetings will be held every Tuesday night at the Catholic Church from 8-9 p.m. Come one, come

Weekly Alcohol-Drug Education Awareness Seminars 8 p.m. Monday's. Open to the public,

no charge. Postex Plant Conference Room, 7th and Ave. C. City County Drug and Alcohol Abuse.

> City County Drug and Alcohol Abuse

A non-profit service organization to assist with treatment placement, referrals, and confidential counseling for the substance abuser, alcoholic or family members concerned about their loved ones drinking or drug addiction. For information or appointment call office 495-3173 or 24 hour number 495-3788. All call strictly confidental. We Care. Director Glenda Baker CADAC, Assistant Director Lynette Massey CADAC.

Services and Repairs

Word processing: resumes, typing,

billing, also bookkeeping for small businesses. 495-3228. Help Wanted

ATTENTION STUDENTS: National retail firm filling summer opening in Post. \$9.25 to start, must be 18. Interview in Lubbock. 806-793-0536.

SECOND INCOME

OPPORTUNITY WANTED: Teachers * Retired Couples * Housewives interested in extra income. Call 806-629-4247.

Immediate Openings Trimming photos without prior experience. Make up to \$350 per week. Call now 1-800-685-9303.

Housing Assistance

Hookups now available for mobile homes and travel trailers. Inquire at P.E.D.C. 495-2818.

Homes for Sale

2 bedroom, new central air heat pump and insulation, lovely fenced back yard, one block from schools, large producing pecan tree in back yard, \$20,000. Call Barbara, 495-3987; Kim, 495-3719 or Mike and Wanda, 495-3104. Mitchell Real Estate.

Lots for Sale

1.48 acres, hwy. frontage, on curve -Lubbock Highway. 495-3428.

Miscellaneous for Sale

Honda 3 wheeler, 4 speed - 70 hp; 3 wheeler - model 380, spray tank.

495–3127.

Divan w/matching chair & coffee table and chair & ottoman. Real cheap, call

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Garage Sales

Craft sale: handmade crafts by Kathy Hubble, Friday and Saturday, 8:30-4:00 (in front of the shop behind George's on

Garage sale: Friday 8 to ? 612 W. 11th St. Lots of things.

Garage Sale: Friday, July 2, 212 South Ave. F, 8 a.m.-3 p.m.

Pets and Supplies

Free puppies - blonde or black, male or female. Very cute. Call 495-3660 after

Legal Notices

REAL ESTATE AUCTION POST, TEXAS **GARZA COUNTY** TUESDAY, JULY 6, 1993, 2:00 P.M. PREVIOUS OWNERS: V.O. RASBURY

LEGAL DESCRIPTION: Being in the County of Garza, State of Texas, to-wit: A rectangular tract of land 140 feet in width and 186 feet in depth, out of Survey No. 2, S.F. 4531, Abstract 1116, adjacent to the North right-of-way line of U.S. Highway No. 380 and being

more particularly described as follows: BEGINNING at a point 2595.7 feet East of the East City Limits of the Original Town of Post and 6.0 feet North of the North line of Main Street extended; THENCE North 0° 13' West a distance

of 186.0 feet to a point; THENCE North 89° 47' East a distance of 140.0 feet to a point;

THENCE South 0° 13' East a distance which is productive of oil or gas. of 186.0 feet to a point; THENCE South 89° 47' West a distance of 140.0 feet to the place of beginning and containing 0.598 acres of

land, more or less: Including all buildings, signs, fixtures and personal property located on the above described tract of land.

AND being the same property Woods and wife, Tommie R. Woods, recorded in Vol. 119, Pg. 62 of the Deed Records of Garza County, Texas, and dated March 12, 1974.

LOCATION OF AUCTION: GARZA COUNTY COURTHOUSE

BE SOLD FOR CASH TO HIGHEST TAXES DUE THEREON.

TITLE: TITLE WILL BE 78711 (Telephone 512/445-1373). CONVEYED BY SUBSTITUTE TRUSTEE'S DEED

SPECIAL NOTICE: This sale is being made without covenant or have your attorney or title company reject any bid. inspect title before sale. CONTACT: BOBBY FLETCHER AUCTIONEER

BOX 609 TxS 7131 WOLFFORTH, TX 79382 806/866-4201 FAX # 806/866-2020

Need more space? We'll store your stuff!!

Low rates 420 S. Broadway Self Storage 495-4063 Legal Notices

Notice of Application For Fluid Injection Well Permit

Rocker A Operating Co., Clairemont Highway, Post, Texas 79356 has applied to the Railroad Commission of Texas for a permit to inject fluid into a formation which is productive of oil or gas.

The applicant proposes to inject fluid into the Glorieta formation, Adobe Franklin lease, Well Number 5 WIW. The proposed injection well is located 11 miles NW of Post in the PHD Glorieta Field, in Garza County. Fluid will be injected into strata in the subsurface depth

interval from 4220 to 4235 feet.

LEGAL AUTHORITY: Chapter 27 of the Texas Water Code, as amended, Title 3 of the Natural Resources Code, as amended, and the Statewide Rules of the Oil and Gas Division of the Railroad Commission of Texas.

Request for a public hearing from persons who can show they are adversely affected; or requests for further information concerning any aspect of the application should be submitted in writing, within fifteen days of publication, to the Underground Injection Control Section, Oil and Gas Division, Railroad Commission of Texas, Drawer 12967, Capitol Station, Austin, Texas 78711 (Telephone 512/445-1373).

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described in a deed from Eugene Hays the Texas Water Code, as amended, Title and wife, LaVerne Hays to William H. 3 of the Natural Resources Code, as amended, and the Statewide Rules of the Oil and Gas Division of the Railroad Commission of Texas.

Request for a public hearing from persons who can show they are adversely FIRST FLOOR, WEST FOYER, affected, or requests for further information concerning any aspect of the located in POST, GARZA COUNTY, application should be submitted in EXAS writing, within fifteen days of TERMS: THE REAL ESTATE WILL publication, to the Underground Injection Control Section, Oil and Gas Division, BIDDER. SOLD SUBJECT TO ALL Railroad Commission of Texas, Drawer 12967, Capitol Station, Austin, Texas

Bids will be taken on abandoned storage. Various household articles. South Broadway Self Storage, Space #28. warranty, expressed or implied, as to Call 495-4063 for more information. title, possession or encumbrances. Please Owner reserves the right to accept or

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> After 5 p.m. 806-495-3318 Post, Texas

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Post, Texas 79356 (806) 495-2952 **Several Vacancies** Come in and see if you qualify

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* Mini-blinds * Washer/ Dryer Connections * On site Laundry Facilities *Water, Sewer, & Trash Paid

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ADVERTISEMENT FOR BIDS South Plains Community Action Association, Inc., will receive sealed proposals addressed to Mr. Bill Powell, 411 Austin, P.O. Box 610, Levelland, Texas 79336, to furnish all labor, material, services, and equipment necessary for the Interior & Exterior Renovation of a Building for Spartan Public Transportation at Post, Texas until 3:00 p.m. local time, Tuesday, July 13, 1993. All bids will be opened and read aloud. Any bid received after 3:00 p.m. will be returned unopened. The owner reserves the right to reject any or all bids and to waive any or all formalities.

Bidders may secure copies of the contract documents from the Architect, Parkhill, Smith & Cooper, Inc., Architects/Engineers, 4010 Avenue R. Lubbock, Texas 79412 (806-747-0161) upon paying \$15.00 per set. This amount is nonrefundable. Plans will be available starting June 28, 1993.

A Bid Security will be required. The successful Bidder must furnish a Performance Bond and Payment Bond upon award of the contract.

Bids may be held by the Owner for a period not to exceed sixty (60) days from the date of the opening for bids.

For additional information contact Mr.

Gary Paquette at the offices of the Architect, 806-747-0161.

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Jerry **Taylor** 115 N. Ave. H Post, Texas 79356 495-3330

> or 495-3875

\$500 REWARD

Offered for information leading to the arrest and conviction of person or persons involved in theft of 2/3 SDT copperwire from Starkey Oilfield Services 495-2543



POOL COMPANY, an industry leader in oilfield services, is accepting applications in the SALT CREEK AREA for: TRANSPORT/VACUUM/KILL TRUCK DRIVERS

Position reuqires a minimum of 3 years' experience with transport/vacuum & kill truck operations and maintenance. Must be certified by D.O.T. standards. POOL COMPANY offers an excellent wage and benefit package including medical/dental insurance, paid vacations/holidays, sick leave and retirement plan. Must have clean driving record and pass POOL's stringent

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LAND LIQUIDATION SALE: Lots and homesites across Texas, all for sale by owners. Buyers and sellers call now for free information. 1-800-364-6612. American Land Liqui-

DRIVERS: EXPERIENCED OTR flatbed, benefits, assigned new conventional equipment, sign on bonus, flexible time off and more. Run 48 states. Call immediately. Roadrunner Trucking 1-800-876-7784. LOCAL VENDING ROUTE: \$1,200 a week

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210-792-4953. WOLFF TANNING BEDS. New commercial-home units from \$199. Lamps, lotions, accessories. Monthly payments low as \$18. Call today. Free, new color catalog. 1-800-

ATTENTION: ALL TERRAIN three/four wheeler accident victims: You may be entitled to compensation for injuries. Call Attorney Charles Johnson for free consultation. 1-800-

FRIENDLY HOME PARTIES now has openings for demonstrators. No cash investment. Part time hours with full time pay. Two catalogs, over 700 items. Call 1-800-488-4875. 77 YEAR OLD custom lubricant company interested in area sales reps. Paid field training. Contact Primrose Oil, P.O. Box 29665, Dallas, TX 75229, 214-241-1100.

GOT A CAMPGROUND membership or timeshare? We'll take it. America's largest resale clearinghouse. Call Resort Sales Interna-

bucks in a Covenant truck, our top team earned over \$85,000 last year. OTR drivers you know the best way to increase earnings is to drive with a growing company. Nobody is growing faster than Covenant Transport. We are expanding our conventional air ride fleet, and we need drivers now! If you are 23 years old with one year OTR experience and have a Class A CDL, with a H/M endorsement, and you are interested in earning top pay and benefits call 1-800-441-4394/915-852-3357.

ADOPTION: HAPPILY MARRIED veterinarian and artist wife, financially secure desire to share much love, security and bright future with infant. Expenses paid. Call Patsy and Earnon 1-800-326-8514 Jt's illegal to be paid for anything beyond legal/medical expenses. ADOPTION: ANXIOUS CHILDLESS couple wish to share love, security and future opportunity with a newborn. Legal, confidential, allowed expenses paid. Please call anvtime. Cheryl and Glenn 1-800-501-0001. It's

medical expenses. ADOPT: LOVING, FINANCIALLY secure couple longing to share our warm happy home with your newborn. Let us help you through this difficult time. Wendy/Dave 1-800-872-3938. It's illegal to be paid for anything beyond

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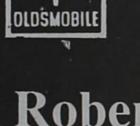
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Robert Hall Chevrolet-Olds-GEO Jayton, Texas 806-237-2182

4/2.5 Central heat and air. Fenced in back yard on a

3/2 Large living room and kitchen, storage house, green house and wonderful back yard. 3/2.5 custom-built 2-story in Cedar Hills. 3/2/2 LUXURY, Brick FP, Good Location, under \$70M 4/2 recently remodeled, good location to school.

3/2/1 Brick, very nice. Great location for children. Nice carpet. Fenced yard 3 unit rental. \$3,000 down with good credit. Near schools. Present income: \$475 /mo. REDUCED \$3,000 3 BDR, New Evap AC, some new carpt., bath just redone. 2 storage build's., large lot, fenced yard, under 30M

3/2/1 Reduced to Sell! Great Location! Newly painted inside and outside. Central air and heat. Fenced yard with lots of fruit trees.

LOCATION, low move in.

corner lot. MUST SEE

2 bedroom, 1 1/2 bath mobile home. 2 BDR, 3 to choose from, all \$20,000 or less. one w/centrl H/A; one w/appliances; 2 w/fenced yrds. GOOD

Commercial lots for sale, Six Lots. Vicinity of N. Ave. H and 12th street

Mitchell Real Estate Kim 495-3719

Travis 806-353-0866 Mike and Wanda 495-3104

Commercial bldg. on three lots. Downtown. Good

Barbara 495-3987

Yesteryears

available at the Post Public Library

June 24, 1983

David Morrow, son of Mr. and Mrs. Charles Morrow, received the lead role in the play "First Act Texas, Second Act New York" written by Austin author, Sterling Price. The play was presented August 4 at the Hyde Park Showplace in Austin.

A letter of congratulations was received by Mr. and Mrs. H M. Compton from Doug Blankenship, chairman, board of advisors, Outstanding Young Men of America. William Rodney Compton received this distinctive honor in an elite group of young men from the entire United States for excellence in endeavors and civic activities.

Troop 316 of Post went to Camp Post for a week of camping. The troop took Citizenship in the world, Wilderness Survival, Environmental Science, Swimming and Canoeing Merit Badge

> 20 years ago June 28 1973

Melvena Stewart, who finished first in pole bending and was second high point individual, was Garza County's only qualifier for the state 4-H Horse show in the District 2 show here Monday, but two other Garza County riders, Jan Hall and John Hedrick, were named as alternate state

Post High School student Joe Craig, son of Mr. and Mrs. Bob Craig of Post, left Dallas by Braniff International Airlines Sunday, for Belo Horizonte, Brazil, as one of four exchange students being sponsored by the Tahoka Club.

Grant Lott, who owns and operates the White Auto Store here, was installed as president of the Post Rotary Club Tuesday by Bob Collier during the club's weekly luncheon meeting in City Hall.

> 30 years ago June 27, 1963

Barry B. Thompson assumed his new duties here Saturday as Superintendent of schools, replacing R. T. Smith, who has moved to San Angelo.

A pickup truck loaded with minnows

Gleaned from the files of the Post for fish bate struck a wooden light pole Dispatch. Microfilm copies are at Broadway and West 7th Street early yesterday morning and scattered minnows all over the highway.

Wayne Kiker spent a three week vacation with his parents, Mr. and Mrs. W.C. Kiker. Wayne is working as a clerical employee in the recording room of the Identification Building of the Federal Bureau of Investigation in Washington, D.C.

40 years ago July 2, 1953

Two long steps toward safe-guarding the City of Post against any future water problems due to inadequate facilities were taken this week with the installation of a new 975 gallon-aminute booster pump, and awarding of contracts for construction of approximately fourteen blocks of new vater mains.

Cecil Bullard, 12 year-old son of Mr. and Mrs. T.W., Bullard and one of Post Dispatch's newsboys, is enjoying a well-earned vacation this week along with the other members of his family, including his older brother Kenith, who is also a Dispatch newsboy.

Miss Wanda Norman, 18, daughter of Mr. and Mrs. B.A.Norman of Post, has entered the Miss Lubbock Beauty Pageant, which is being sponsored by the Lubbock Junior Chamber of

O.B. Kelly, who was Garza County's first sheriff, is now living in Ontario, Calf. and was the subject of a feature story in the recent issue of the San Bernardino Sun-Telegram.

50 years ago July 1, 1943

The Graham Homemakers Club sponsored an all-day meeting at the Graham school house on Thursday, June 24. Four quilts were put up and quilted for the Red Cross. This makes a total of eleven quilts that the club has

The cotton mills operated over a period of thirty years by the Postex Mills were sold Thursday afternoon to Leslie Evans and Company, according to the statement made by Herbert Jones, vice-president and general manager of the concern since 1919. Operation will begin in two or three weeks, Jones

Pittmans latest winners in "Yard of the Week" contest



JACK AND DEIRDRE PITTMAN are the winners of this week's Post Chamber of Commerce "Yard of the Week Contest" The winning yard is at 201 W 11th. Pictured with the Pittmans are their two daughters Krista and Kendra.

TAHOKA GOSPEL OPRY proudly presents ... A Star Spangled Community Celebration SATURDAY, JULY 3RD Showtime at 7:00 p.m. Concession Stand opens at 6:00 p.m. with Homemade Ice Cream Tahoka Community Voices' while it lasts! directed by George Martin Also DON'T MISS Masters Men's Quartet THIS ONE !!! For more information call 998-5254 Texas Praise Team with Dalton Wood

CELEBRATE WITH US!

No Admission Charge

2001 Lockwood

(Old Venture Foods Bldg.)

Donna Gilley

Chemical tan better than the real thing

safe for your skin, stay out of the sun this summer and hit the bottle. That is, a bottle of artificial tanning cream.

"The only truly 'safe' tan is the kind you rub on your skin," says Dr. John Wolf, chief of Dermatology at The Methodist Hospital in Houston. Don't be fooled into believing the artificial color on your skin is actually a base for a deeper, darker tan. "Artificial tanning creams offer no protection against the sun's damaging rays," says Wolf, "so be sure to apply sunscreen or sunblock

before you head out into the sun." Wolf says a suntan is simply a sign of damage to your skin, so he strongly discourages anyone from deliberately "tanning." But, he does have advice for those who insist on worshipping the sun. Go slowly, use a sunblock that will offer the maximum protection.

However, not everyone will spend their summer days spread on a

"Your Hometown

Supermarket"

*Supermarket *

Sunday Buffet

11:30 a.m. - 1:30 p.m.

402 S. Broadway

495-2844

Matamoros

701 N Broadway

→ 495-3848

JIM WHITNEY

915/573-2083

806/495-3963

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Pizza

beach towel soaking up the sun as they darken and damage their skin.. many people find themselves under the sun in the garden, on the golf course, at a picnic, or just cruising in a convertible. In fact, 75 percent of the damage done by the sun's rays happens during our every day

"Everyone, regardless of their skin tone, should use a sunscreen with an SPF of at least 15 everyday," says Dr. Wolf. If your goal is to completely block out the sun, an SPF of 30 is recommended.

If you're going swimming or playing a sport, choose a sunscreen or block that won't easily wash off in the water or with perspiration. A wide-brimmed hat is a good shield, but most clothing will not act as a barrier between the sun and your skin.

Sunlight damage is increased by wind, heat, and humidity and during the hours of 10 a.m. until 3 p.m. when the sun's rays are the strongest.

Once you think you've covered yourself with sunscreen, Dr. Wolf advises checking a few other 'out of the way' and often missed places.

"Your ears, nose, lower lip, neck, shoulders, feet, and in some cases, the top of your head should be protected too," Wolf explains. Those places are the most common spots for the development of malignant melanoma, a potentially fatal form of skin cancer.'

A melanoma may appear as a dark brown or black spot that is usually

irregular in shape and color. The appearance of a new or changing mole should prompt a visit to a doctor so it can be examined, especially if it pops up suddenly or is painful, itching, or bleeding.

Wolf says it's never too late to start taking precautions to save your skin, but it's best to start as early as possible. "Teach your children to make a habit of using sunscreen," says Wolf, "much of the sun's damage happens before a person reaches the age of 25."



Happy 40th James ("Nubbin")

Love: Melinda, Jennifer, Mendy, James Lee

Steak House & Bar-B-Q

OPEN 7 DAYS A WEEK

This Service Directory is brought to you by area businesses that encourage you to attend worship services this Sunday

Baptist

Calvary Baptist Church210 E. 6th, Post 495-2342 First Baptist Church402 W. Main, Post 495-3554

Catholic

Holy Cross Catholic ChurchAve K, Post 495-2791

Christian First Christian Church812 W 13th, Post 495-3716

Church of Christ

Church of God Church of God of Prophecy602 W 14th, Post 495-3644 Power House Church of God and Christ Pine Ave, Post

Church of the Nazarene Church of the Nazarene 202 W 10th, Post 495-3044

Lutheran

St, John Lutheran Church 1305 Dickson, Wilson 628-6573 Methodist-United

First United Methodist Church 216 W 10th, Post 495-2942 Non-Denominational

Caprock Christian Fellowship220 E. Main, Post 495-2765 Presbyterian

Presbyterian Church910 W 10th, Post 495-2135 "If your church is not mentioned in this please send us their information



From the Pulpit **Community retains** wholesome values

I wanted to take this first tragedy. opportunity to write to express my love and appreciation for the spirit of this community. I thought communities like this were some figment of ones imagination, figment of ones imagination, many people are something that the older being blessed, it is generation talk about that passed away a long time ago.

I have found Post to be a town where the Mayor is not ashamed to confess and live for the Lord Jesus Christ. It is also a place where the men still gather for a cup of coffee and clean conversation. It is a place where the druggist will get up at midnight and open his store to meet the need of a person he has never met. Post is also a place where people open up their homes and place a glass of iced tea in your hands when you come by to visit.

This community is also a place where hospital visits are based on need and not on denomination. I have found Post to be a place where the media is influenced by God instead of controlled by the

Post is also a community where a man can still do business based on a hand shake and his word.

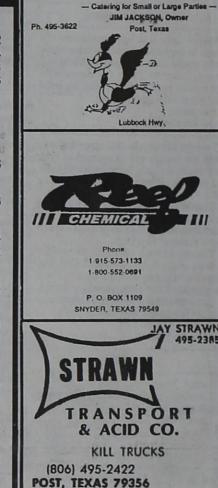
I have experienced that Post is a community that not only rejoices together but also weeps together. This is a place where comfort abounds when a member experiences the loss of a loved one or an unexpected or prolonged

However good Post may be, it can still be better. In a town where so often easy to overlook those who are distressed and down cast. I

would like to challenge the community of Post to see the multitudes around here who

are in need. The scripture teaches us in Matt. 9:36 that when Jesus saw the multitudes, he felt compassion for them, because they were distressed and down cast. Like sheep without a shepherd. I would like to challenge the Christian community of Post to see the masses that are in need, who are beaten down, discouraged, and have no shepherd to lift them out of their distress. It is time to reclaim our brothers and sisters who have wondered from the fold, who are weary and who have lost heart. It is our Christian duty to hunt through the canyons and find those who are lost and cannot find their way home.

It is time for us as God's people to proclaim Jesus Christ, the good shepherd to those who are lost and gone astray. To you who are distressed and weighed down with the burdens of life I offer you Jesus Christ, the good shepherd, the faithful protector and guardian of the fold, who will accept all who will call upon his name.



"Give thanks to the Lord, because He is good; His love is eternal!"

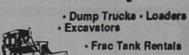
JIM W. STRAWN, Owner

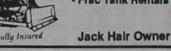
Psalm 107:1

We welcome you and your family to worship with us this Sunday.



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