

So it seemed Thoreau had no use for either society or his fellow man as is abundantly evident from his many references to the worthlessness of society and the conformity of establishment. Thus, he became a hermit, living off the land and in solitude for much of his life. Was Thoreau right? I think not. I think that need of fellow beings and the love and companionship they provide is of the utmost importance. To give of oneself to others in their service and to take the satisfaction this giving brings is more valuable than material things. learned knowledge or any number of hours spent in solitary meditation. So much i. to be gained from the association of others. Through a better understanding of our fellow beings I feel we can find them our most valuable possessions. For better understanding brings about tolerance and tolerance encourages liking and liking is the parent of love, and love is God. So many of us are searching for answers to the whys' and ways of the world, but we are not first stopping to find a beginning. I think the beginning is with learning to love our fellow beings. Thoreau was disenchanted with society and government. He saw it to be full of hypocrisy and felt that it was totally bad. What he failed to see was that perhaps he could instigate change rather than running from it and spending his life alone. His writing depicts him to be a bitter and cynical man who at the age of 45 died not knowing he ad missed living because he had not learned the tolerance nd love of others. ********

JU

)¢

9

January 18 – 21

on weekdays.

Truth."

lines of dishes including

major appliances including

washers, dryers and re-

frigerators of an as yet un-

determined line and tele-

either RCA or Zenith.

furniture in the future.

be carpeted throughout.

vision sets which will be

Only the ground floor and

balcony will be used for mer-

chandise at present, Cosper

explained, with the second

The building is near com-

floor to be used to sell used

pletion of inside-and-out re-

modeling job. The store will

Bob Lane of Merkel will

work as appliance service-

man with the store which will

offer repairs on all makes,

models and types of ap-

qualified customers. Cosper

He commented that re-

sponse to his new Western

Auto Associate store has been

favorable, and that need for

a low-to-middle priced furni-

ture store in Merkel appeared

to be there; hence he has

high hopes for the new

Credit will be available to

pliances from the start.

said.

venture.

The Merkel Church of remodeled their building and

wish to have their friends Christ will hold a gospel come visit. meeting January 18 thru 21, Mr. and Mrs. Gill live at Larry Gill. associate minister of the congrega-1418 Sunset in Merkel and

. have two children. tion has announced. Services will be Sunday at 10:30 a.m. Auxiliary and 6 p.m. and at 7:30 p.m. Glenn Owen of Abilene, and regular preacher at the Mer-To Choose kel Church of Christ will be speaker for the meeting.

Glenn has previously done mission work in Brazil and has been guest speaker for

a preachers meet in Spain. He is fluent in Spanish and Portugese as well as elequent Merkel Fire Department will in English. The young minister has also worked with the TV Program, "Harold of The congregation at the Merkel Church of Christ invites all area residents to

come to this inspirational meeting. They have recently department. Past recipiants of the award are Fire Chief Waymon Adcock and As-Merkel Home Furnishings

ing.

to this office.

Warren

Awarded

Administration degree.

awarded Bachelor of Busi-

While diplomas are due to

be mailed sometime during

February, those wishing to

take part in formal gradua-

tion ceremonies in the spring

may do so by contacting the

office of the Vice President

for Academic Affairs. Public

graduation ceremonies are

conducted only in the spring

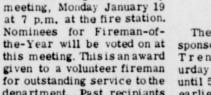
and at the conclusion of the

summer session.

Degree

ness degrees.

Horton.



better start early if you want to take back over the lead next year. Topping the Merkel Stock The Ladies Auxiliary to the

hold its regular monthly sistant Chief Billy Lucas.

grade student at Merkel Public Schools, is the daughter of Mr. and Mrs. Eddie Glen Sandusky.

10 at the Merkel High School all showmanship was Cindy Ag barn. The girls did okay, too, it is shown since they School Future Farmers of captured two grand champion awards and one reserve champion award. Guys, you'd daughter of Mr. and Mrs. Jack Boone and showed the reserve grand champion medium weight hog in the swine division. The showmanship

Show was Marissa Sandusky, a Merkel 4-H Club member, who showed the grand cham-

This year it was evidently

a good one for the young

ladies as they dominated

competition at the Merkel

Livestock Show held January



There will be a garage sale sponsored by the youth of the Trent Baptist Church Saturday, January 17 from 9 a.m. for outstanding service to the until 5 p.m., it was announced earlier this week. The sale will be held in Trent at the Baptist Church Parsonage across from the church build-All members of the auxiliary ing. are urged to attend this meet-

Of C In a special called meet-L ing held Thursday, January Dianna Seymore resigned Nominates the office of treasurer. Jennye Martin was elected **New Directors** Members present were:

Mrs. Jackie Cannon, Mrs. Joe The Merkel Chamber of Swinney, Mrs. Kobert Harris, Commerce met Monday Mrs. Jack Martin, Mrs. David afternoon. Plans for the an-Seymore and Mrs. Jerry nual banquet as well as nominations for new directors was the business of the day.

The 1976 Chamber of Commerce Banquet will be held Tuesday, March 16 at 7:30 p.m. in the Merkel High School Cafeteria. A theme will be discussed and chosen at the next chamber meeting.

Jerry Michael Warren of Speaker for the March Merkel was one of 151 Angelo banquet will be Lee Herring, State University students who senior vice president of completed degree require-Grand Prairie First State ments at the conclusion of the Bank. fall semester. Warren re-Price for tickets to this ceived a Bachelor of Business vear's dinner has been set

at \$3.75 per person. Of the 151 fall graduates. A committee was appointed 18 were awarded master's to select the outstanding citidegrees, 46 Bachelor of Arts zen of the year to be predegrees, 55 Bachelor of sented at the banquet. Science degrees, and 32 were

Six nominees for new directors were presented and approved by the current directors. Of the six nominat-

ed, each chamber member is vote for three. Ballots will be mailed to chamber members in the next week or uary 17. so, it was announced.

Those nominated are Bob Hammond, Tommy Carson, Pat Castille, Finley Barnett, Russell McAnally and Sarah Eckols.

pion steer. Marissa, an eighth 89 entries and according to Brown. spokesman, was a very successful show. Grand champion lamb was shown by Dede Mitts and Dwain English Taking honors for the over-

showed the grand champion heavyweight hog. This year entries were Boone of the Merkel High judged by Billy Riley, voca-America. Cindy is the tional agriculture teacher at Santa Anna. Other results were as follows:

Beef Division award was presented by Tay-Heifers-1. Buster Brown, lor Electric Cooperative. Merkel 4-H; 2. Michelle Brown, Merkel 4-H; 3. B. This year's stock show had

Consumer Pension Plan Available At Farmers Merchants Bank And

"An IRA offers meaning-

"And, during the period the

It should be noted that IRA

funds may not be withdrawn

before age 59 and one-half.

without heavy financial

penalties, except in the event

of disability or death. On the

other hand, funds in an IRA

account must begin to be with-

drawn no later than the year

in which the individual

reaches age 70 and one-half.

terested eligible wage

earners to stop by Farmers

& Merchants National Bank

to discuss the possibility of

establishing an individual re-

tirement account tailored to

meet their own specific finan-

cial needs, objectives and

means,

Hensley invites all in-

money is in the retirement

creasing in amount.

cial institution is now offer-Individual Retirement Acing potential IRA investors counts (IRAs), the new taxdeductible retirement savconvenient method for building retirement income ings programs for wage earnthat includes the additional ers not otherwise covered by advantages of relatively longa pension plan, are now availterm high interest rates, no able through Farmers & Merservice fee and FDIC inchants National Bank. surance coverage for all ac-A significant new financial

service, IRAs were made counts up to \$40,000." possible by provisions of the ful financial benefits to the Employee Retirement Income individual consumer," Security Act (ERISA) of 1974. Hensley pointed out. "Any Their creation will allow mileligible employee can put up lions of middle-and lowerto 15 per cent of his or her income Americans--for the earned income, up to a maxfirst time--to save towards imum of \$1,500, into an intheir retirement and receive dividual retirement account, the same tax break long proand defer paying taxes on the vided to individuals covered entire amount until it is withby company pension plans. drawn upon retirement."

Individual wage earners, below the age of 70 and onehalf, who have not particifund, it is earning interest (also tax deferred) and inpated in a qualified pension plan at any time during a calendar year, are invited to visit Farmers & Merchants National Bank to see about establishing their own IRA program through a bank trust or custodial account. Don W. Hensley, president of Farmers & Merchants National Bank, said "This finan-

Vets To **Mee**t The World War I Veterans

and Ladies Auxiliary will have their regular monthly meeting Saturday, Jan-

> A noon pot luck luncheon will be served followed by a business meeting.

All elegible veterans and ladies are urged to attend.

Lightweight steers-1. Buster Brown, Merkel 4-H: 2. Grant Sandusky, Merkel FFA: 3. Carla Shelton, Merkel FFA.

Heavyweight steers-1. Marissa Sandusky, Merkel 4-H; 2. Grant Sandusky, Merkel FFA; 3. Marissa Sandusky.

Grand champion-Marissa Sandusky, Merkel 4-H Reserve champion-Grant Sandusky, Merkel FFA

Sheep Division Hampshire-1. Dede Mitts, Merkel FFA; 2. Bill Fisher, Merkel FFA; 3. Glen Braune, Merkel FFA. Southdown-1. Glen Braune, Merkel FFA; 2. G. Braune; 3. Dede Mitts, Merkel FFA. Crossbred-1. Tommy Swinney, Merkel 4-H; 2.

Sheila Swinney, Merkel 4-H 3. Glen Graune, MerkelFFA. Grand champion-Dede Mitts

Reserve grand champion-Bill Fisher, Merkel FFA.

Swine Division Lightweight-1. Taresia English, Merkel 4-H; 2. Tommy Sloan, Merkel FFA; 3. Jessie Sparks, Merkel FFA. Mediumweight-1. Cindy Boone, Merkel FFA; 2. Tonya Moore, Merkel FFA; 3. Taresia English, Merkel 4-H. Heavyweight-1. Dwain English, Merkel FFA; 2. Cindy Boone, Merkel FFA; 3. Taresia English, Merkel 4-H.

Grand champion-Dwain English, Merkel FFA

Reserve grand champion-Cindy Boone, Merkel FFA.

Poultry Division Capons-1. Randy Harris, Merkel FFA; 2. Harris; 3. Harris.

Rabbit Division

Glen Arnold, Merkel FFA; 2. Arnold; 3. Arnold. The following made donations to the 1976 Merkel Livestock show:

E. A. Conley Barber Shop S & T Tire Company Joe Swinney Lloyd Gilmore Leon Harris T. J. Neill **Jack Boone** Alvin Braune Higginbotham-Bartlett West Texas Utilities Co. Mansfield Farm & Ranch Supply Braggs

Hicks Auto Supply **Planters Gin of Trent**

CONTINUED ON PAGE 5

priced lines of furniture. Two Hardin-Simmons Uni-Used furniture will be sold at Cosper will rent the buildng for the furniture store, which at first will encompass 10,000 square feet of showroom space, from Pinky Cypert of Merkel, who is remodeling the structure now. Cosper, formerly a salesnan for an Abilene plumbing holesaler, said that although will open the store in the Heath Street. st part of February, he will

arch. Over sixty pieces of furniture will be for sale at the outset in February, Cosper mencement exercises or insaid, to include lines of Broyabsentia.

id a grand opening in

A new furniture store,

Chevrolet dealership.

here in October 1975.

a later date.

Merkel Home Furnishings Center, will open in early opens will be small electrical February on the southwest appliances, to be displayed corner of Second and Kent on the store's balcony, and streets in Merkel. The building formerly housed a

Owner of the new business will be Rodney Cosper, young merchant who recently moved Received to Merkel from Abilene to open the Western Auto Store Degrees Cosper said that he will have \$15,000 worth of mer-From HSU chandise for sale when the business opens featuring mainly lower and middle

versity students from Merkel have completed their degree requirements at the close of the fall semester in December. They are Judy Hester Dudley, bachelor of science degree, daughter of Mr. and Mrs. J. L. Hester of Route 1, and William Kenneth Jones, bachelor of

music, son of Rev. and Mrs. Kenneth F. Jones of 1500 No commencement exercises are held at the end of the fall semester. The graduates will receive their degree in the May com-

hill, Bassett, and Krochler. Also for sale when the store Corningware. Carpet, linoleum, and tile will also be sold, he said. Future plans for the furniture store include stocking

Dudley, Jones

Genter To Open In February

THE MERKEL MAIL Thursday, January 15, 1976 PAGE 2

COMPLETE SHARPENING SERVICE

SAWS -- KNIVES -- SCISSORS

MOWERS -- GARDEN & SHOP TOOLS

Nolan Palmer Recounts Growth

A lifetime of "always treating the other person like I like to be treated myself" has put Nolan Palmer in the front ranks of successful auto dealers in Texas, His Palmer Pontiac and GMC Motor Company in Merkel is the highest volume per capita dealership in the Dallas zone. His business has grown from around 50 cars sold per year when he first opened in 1948 to a current 650-700 new and used car sales per year. Now he keeps around 65 cars in stock and the dollar volume of his business has increased 1000 per cent. At first he was allocated two new Pontiacs per month; now his allocation is unlimited. He has customers from across Texas and from other states who call him when they want to buy a car.

"Over the years I'vecultivated a good clientele over the telephone," he modestly explained. He has a large fleet account in Fort Worth. Palmer has always been in the Merkel area, having grown up on a farm near here along with three brothers and two sisters. His brothers all went into business for themselves, too -- one into farming, one into building contracting, and the other into the insurance business. Palmer said he believes that growing up on a farm with responsibilities as a youngster might have contributed to the initiative which former Ann DuBose of



NOLAN PALMER-Showing new cars is not new to Nolan Palmer. He is pictured above giving Mrs. Don Hensley the particulars of this model. Mrs. Hensley is the wife of Don Hensley, president of Farmers and Merchants National Bank in Merkel.

The annual telecast is the

the Palmer children carried into their careers as adults. Mr. and Mrs. Palmer, the

Merkel, have a son and a daughter. About his hometown, Palmer proclaims, "Merkel

last 20 years."

Palmer these days finds time to visit his daughter, Pat Leveridge, and his sonin-law and grandchildren in Mercer Island, Washington, twice a year. He also loves to go pheasunt hunting in Nebraska --- "much more challenging than dove or quail hunting," he says --- and fishing at the family's second home at Cisco Lake.

Palmer's son, Ron, owns and operates Holiday Motor Company in Abilene. Ron and his wife have a one-yearold daughter.

Both of his children went to high school in Merkel. Palmer has won trips to New York, Bermuda, Las Vegas Lake Tahoe and elsewhere in Pontiac-sponsored contests for high volume and

work includes Abilene radio stations KRBC, KNIT-FM.

Bank Tops In Deposit Increase Rate

"The commercial live-

Farmers and Merchants National Bank in Merkel has for the second year in a row recorded the largest increase in deposits, on a percentage basis, of any Taylor County bank. F & M Bank completed 1975

with a 32 per cent increase in deposits. The increase over two years has been 68 per cent. Deposits have grown as follows, announced bank president Don Hensley: 1973---\$6,273,691.81

1974---\$8,514,325.15 1975---\$11 228 708.55 Hensley said several factors accounted for the growth. "If I were to pick any one influence," Hensley commented, "it would be because of the wholehearted community support of our bank. This is always necessary, because as our community grows, so grows the F & M Bank. The local economy during 1975 was much stronger than in 1973 and 1974," Hensley added.

"Our area economy is stronger than in other areas throughout the Southwest, and we have not experienced the adverse effect of the recession our national economy has recently undergone," he continued. "Although the farmers and ranchers are not receiving

acceptable prices for their livestock and commodities the prices are greatly improved over recent years. This is necessary in order of machinery, fuel and production," he commented.

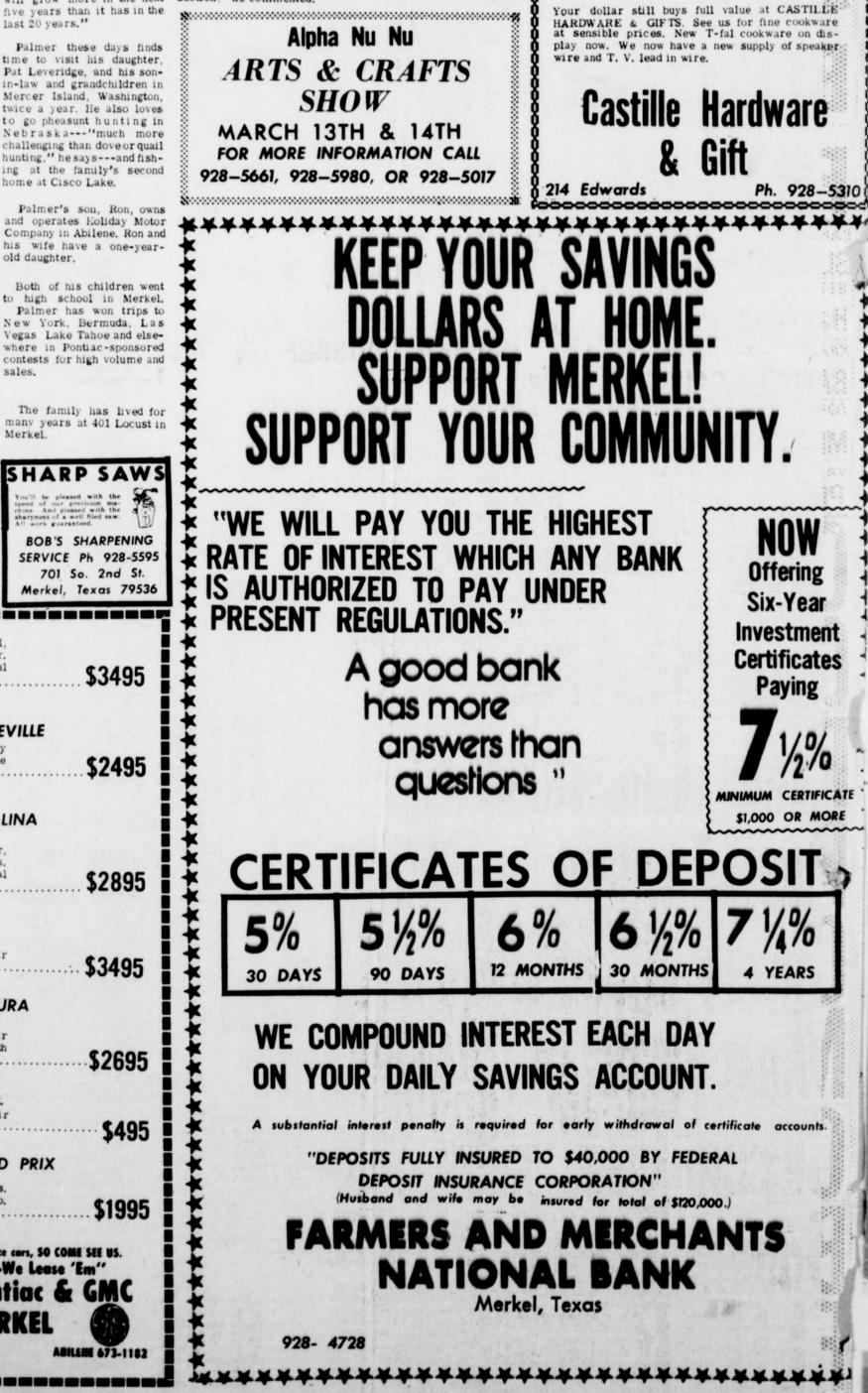
stock feeding industry in this area has had a marked improvement over the depressed markets experienced 12 to 18 months ago. In the past 12 months, commercial cattle feeders have been in the position to recoup some of the heavy losses experienced," Hensley noted. "With our growth, the Farmers and Merchants National Bank is in a position to adequately meet the loan needs of our local farmers, ranchers, and cattle feeders, as well as the money needs of our local merchants. We look for a continued improvement in our national economy, with our local outlook being excellent for 1976. We are very optimistic, and are proud to be a part of this growth," Hensley concluded. Farmers and Merchants is an independent bank with local ownership.

Card Of Thanks

WE WOULD LIKE TO Express our deepest thanks to all the people of Merkel and the surrounding area for the unending kindness shown by you to us, since our recent loss by fire to our home. Words cannot express our gratitude. May God Bless you all.

> Sincerely, The Jimmy King Family 46-2tnc

BOB'S SHARPENING SERVICE 701 SO. 2nd ST. - PH. 928-5595 MERKEL, TEXAS 79536 ****** The Light Touch BY PAT CASTILLE The question of the hour is neither political nor economic. It's, "Mom, what is there to do?" Ping Pong Diplomacy is letting your husband win six straight games before you tell him about the car. Heard about the minister who keeps unpaid bills in a file marked "Due Unto Others?" The sum of the parts CAN be greater than the whole--especially when repacking a vacation suitcase. One reason a dollar won't do as much for people: as it once did is that people won't do as much for a dollar as they once did. Your dollar still buys full value at CASTILLE HARDWARE & GIFTS. See us for fine cookware at sensible prices. New T-fal cookware on display now. We now have a new supply of speaker ::



Rehab '76 Off And Running With Array Of Stars

The special will be co-

Rehab '76 is set to take place on Saturday, January 17, 1976. The Sixth annual telecast to benefit the West Texas Rehabilitation Center will air from 7 p.m., Saturday, until 2 a.m. Sunday. The seven-hour television spectacular will originate live and in color from the Abilene Civic Center, will be seen and heard in a three state area, and will feature a sparkling array of stars of stage screen, and television.

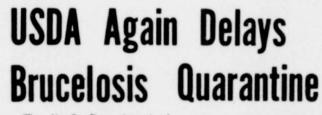
Ken Curtis, Gunsmoke's "Festus Haggen" will appear for the first time on a Rehab telecast, and Arti Johnson, the sly German on Laugh-In, also will make his first appearance on the telecast.

popular repeaters on the show. Also featured will be Helen O'Connell, Connie Smith, Slim Pickens, Rex Allen, Jr., Arthur Duncan, Pedro Gonzales Gonzales, Johnny Gimble, The Men of the West, the Angle Sisters, and the Rehab '76 Orchestra. Other personalities expected to appear during the telecast include Bill Mack, Dick Yaws, Don Harris, Ace Reid, Ronald McDonald, Larry Mahan, Lon Gay, Ernie Taylor and Monte Henson. Additional personalities are expected to be on hand for the

show also.

kickoff for the West Texas hosted by Rex Allen and Shari Lewis, both familiar and Rehabilitation Center's yearround fund-raising program. The Center is a private, nonprofit treatment and diagnostic center serving the handicapped of the Southwest. The Rehab '76 network of television stations includes KRBC-TV, Channel 9, Abilene; KACB-TV, channel 3, San Angelo; KXTX-TV. channel 39, Dallas; KTVV-TV. channel 36 Austin; KSWO-TV. channel 7, Lawton, Oklahoma; KAMR-TV, channel 4, Amarillo; KMCM-TV, channel 9, Monahans; and KWAB-TV, channel 4, Big Spring. sales. The Rehab '76 radio net-

is a dandy place to live! It's growing and is on the up to offset the increased cost now -- I predict that Merkel will grow more in the next five years than it has in the



The U. S. Lepartment of Agriculture (USDA) today announced it is postponing the effective date of a brucellosis quarantine on Texas cattle, until further notice.

Meanwhile, according to officials of USDA's Animal and Plant Health Inspection Service (APHIS), Texas is complying with the "uniform methods and rules" which set forth minimum standards for the 50 states participating in the cooperative brucellosis program.

In response to a temporary court order issued December 30, the Texas Animal Health Commission began requiring the S-branding of cattle exposed to brucellosis to prevent them from being diverted from shipment to slaughter, and also requiring tighter controls of cattle entering brucellosis-free areas of the state.

Following a January 8 hearing, Judge J. T. Boyd of the state's 64th. Judicial District in Castro County, issued a temporary injunction directing the Texas Commission to continue enforcing these measures until further orders by the court, or until such time as the new state regulations can be put into effect. The Commission has scheduled a hearing for February 5 on these regulations

USDA officials said they will continue cooperating with Texas in carrying out a bru-

MERKEL AUTO SERVICE 1022 NORTH 1st Where Juan's Garage Used To Be) Jerry & Bill Holmes New Managers. We Work On All Vehicles, Big, Small, And Foreign, Also Do Body Work. We Have A Nice, Clean, Solid Ford Pickup For Sale. Come On Down To See Us.

HAVE A HAPPY NEW YEAR!

cellosis eradication program, including the payment of indemnities to owners of infected cattle. Also, Texas counties will

retain their standing in the national brucellosis program. Most of the state's 254 counties are currently rated as 'modifiedcertified" brucellosis areas; 25 are "certified brucellosis-free," but 28 are listed as "noncertified,"



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of security you deserve. Call your Farm Bureau Insurance agent .. he can give you that good feeling of security.



KFMN-FM, and KWKC. This many years at 401 Locust in Merkel. year's show also will be broadcast on WBAP, Fort Worth; KEND, Lubbock; and KENM in Portales, New Mexico. The Rehab '76 television spectacular is considered the largest benefit telecast originating in the Southwest. Several members of Beta Sigma Phi Sorority from Merkel will be among the ladies answering phones at Rehab '76.

-----**4 CATALINA** Sedan, air, power, tilt wheel, cruise, stereo tape player. Bronze with white top. Real

nice for..... 73 PONTIAC BONNEVILLE 2 dr. H. T., air, power, rally II wheels, white color, blue inyl top. ONLY..... 73 PONTIAC CATALINA

dr. sedan. Air and power, radial tires, 36,000 miles. Beautiful blue color. Real nice. Only

4	GM	IC					
4	ton,	V-8, , beige	4	spe	eed	,	a
ilu	power	, Derge	• •	•••	•••	• •	•

73 PONTIAC VENTURA

2 door, V-8, automatic, air and power, yellow color with black vinyl top. Only

67 PONTIAC G.T.O. 2 dr. H. T. automatic, air and power. ONLY

ERKEL, TEXAS 928-5113

71 PONTIAC GRAND PRIX

Air and power, rally wheels. Green color, green vinyl top. Only We have Several other nice cars, SO COME SEE US. "We Sell 'Em-We Lease 'Em" Palmer Pontiac & GMC

MERKE



THE MERKEL MAIL PAGE 4 Thursday, January 15, 1976



Miscellaneous

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PUBLIC IN THE COUNTY COURT OF TAYLOR COUNTY TEXAS

ESTATE OF F. J. BARKHURST, NO. **Girl Scouts** News

NOTICE

DECEASED

****************************** NOTICE TO ALL PERSONS HAVING CLAIMS AGAINST THE ESTATE OF F. J. BARKHURST, DECEASED

Notice is hereby given that original Letters Testamentary for the Estate of



Police Report

of television sets from For the third time in three Palmer Pontiac, which ocweeks, Palmer Pontiac at curred Friday, December 26, 1208 North First Street in locks to the building bre Merkel has been burglarized changed. No signs of forcible and television sets stolen entry have been found in the from the firm's showroom. burglaries, with means of The most recent in the entry remaining unknown. Two TV sets were stolen in

the December 26 burglary, and a color set worth \$500 was taken December 16.

Anyone having information that might assist in the investigation of the burglaries is urged to contact Crouse and/or any other member of the Merkel Police Depart-

Thursday January 8, 1976 at 2 p.m. in the home of Mrs. W. D. Ramsey. Mrs. Clyd Mimms gave the devotiona

Minutes of the last meeting were read by Mrs. Ramsey who presided in the absence of the club president. The program was a discus-

Refreshments were served to Mesdames Clyde Mimms, Hugh Taylor, Don Adair, Clyde Chancey, and the host and hostess Rev. and Mrs.

The next regular club meeting will be held in the home of Mrs. Hugh Taylor at 2 p.m. January 22, 1976.

Senior Citizens

The Senior Citizens met for their regular luncheon January 13 with 60 members attending. Following a short business meeting, Miss Loretta Teaff brought the devotional, "Be Yourself." Rev. Whitlock of Trent

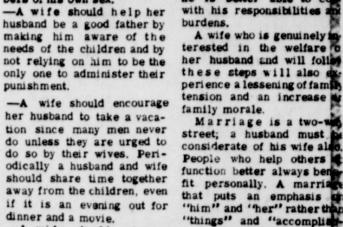
Game nights will be h on Thursday nights and ea 4th. Thursday night is amateur night with a special program being prepared. All Senior Citizens are

THE MERKEL MAIL Thursday, January 15, 1976 PAGE

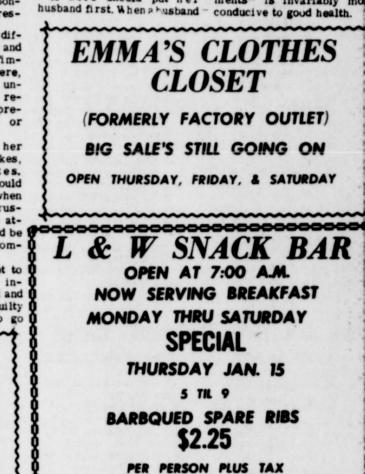
nows his wife is on his : he is better able to com with his responsibilities : burdens.

these steps will also experience a lessening of family tension and an increase

Marriage is a two-w street; a husband must considerate of his wife also People who help others function better always be fit personally. A marria that puts an emphasis " "him" and "her" rather the "things" and "accomplia



-A wife should put her ments" is invariably more



OWNER LETA HEADY

1035 N. 2ND 928-5484

fishing or hunting with members of his own sex.

men commit suicide more husband be a good father by Lets face it; men are in making him aware of the need of help! On the family needs of the children and by level, what can wives do to not relying on him to be the alleviate their husband's

> -A wife should encourage her husband to take a vacation since many men never do unless they are urged to do so by their wives. Periodically a husband and wife should share time together away from the children, even

husband to be moody or irritated. She should be a good listener and should encourage her husband to talk so that she can share his responsibilities and daily pressures. -A wife should know the dif-

ference between nagging and constructive criticism. Timing is all important here, as the wife should wait until her husband is in a receptive mood before presenting different ideas or suggestions.

-A wife should know her husband's likes and dislikes. his needs and tastes. Frustrations at home should be avoided, especially when the husband undergoes frustrations on the job. The atmosphere at home should be kept relaxing and comfortable.

-A wife should attempt to share some common interests with her husband and vet not make him feel guilty if he should desire to go

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Doctor Rongers'

Health Column

By EDWARD W. RONGERS

CHIROPRACTOR

longevity:

tional, but men are more

emotionally disturbed, thus

burdens and help guarantee

him a longer and more re-

warding life? Here are some

practical steps that a wife

can begin which may help to

increase her husband's

-A wife should permit her

often than women.

Men react to stressful circumstances with greater insecurity and anxiety, therefore having more nervous breakdowns than women.

sooner. Women may be more emo-

short lived since the male death rate during the first week of life is 32 percent higher than the females. In the general population at large, there are 95 males to every 100 females. In later life, past age 75, there are 65 males for every 100 females. Why is it that males outnumber females only at birth? One reason is that from childhood to old age, males main-tain a constant higher mortality rate. They exercise poor judgement about their health and well-being, foregoing adequate nutrition, sleep, rest and proper exercise. It could be said they neglect their health to a selfdevastating degree while pur-

In my first health article,

I wrote that women are

genetically stronger than

men. However, males do have

a numerical advantage at

birth since there are 105 boy

babies born for every 100

girls. But this advantage is

suing success and security. Males are more susceptible to all major diseases, especially genetic diseases, and are dieing from these diseases more readily than women. However, women get

sick more often than men, but they also recover more often. Men are less able to tolerate stress and also less able to endure such things as exposure, fatigue and shock than women. More men drink than do women and therefore outnumber women in the alcoholic statistics. More men than women are

victims of cancer of all kinds. suffer more heart attacks. strokes, and stomach ulcers, men stutter more than women and when nutrition is lacking, they will also starve

Merkel Locker Plant Lemens Butane Farmers Coop Society #1



RANDY HARRE ... inkes first place in Capon Division



CINDY BOONE ... with her reserve champior

STOCK SHOW

CONTINUED FROM PAGE 1

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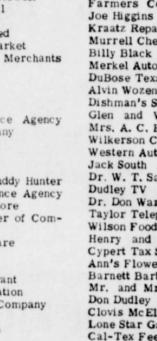
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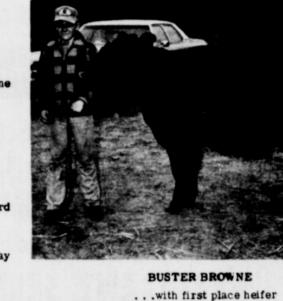
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"Face To Face"

"age O Thursday, January 15, 1976 Louise Sudderth's Home Reflects Many Talents

To the south of LouiseSudderth's house off Farm Road 126S Castle Peak and Blowout Mountain of the deep blue hills of Mulberly Canyon rise sharply out of the flat ranch land. A mile and a half to the north of the house, the cars and trucks on Interstate 20

Cotton **Prices Strong**

Cotton prices had been week, but on Thursday they began to rise and by January 9 they were strong again, reports B. B. Manly of the Abilene Classing Office. Cotton that miked 3.5-4.9 brought 16 to 21 cents per pound above CCC loan rates. Grades 52, 42.32 mike 3.5-4.9 rangedin price from 45 to 53 cents per pound. The same grade and staple, mike 3.0-3.2 brought 43 to 47 cents per pound, Grades 33 and 43 mike 3.0-3.2. brought from 42 to 45 cents per pound, and brought 36 to 41 cents perpound if miked 2.6-2.9. until late in the week, demand was light and trading was slow.

Quality of cotton showed little change as compared to the previous week. Grade 42 continued predominant at 33 percent of classing. Grades 32, 52, and 33 accounted for 13 to 18 percent, Fifty-two percent was reduced ingrade because of bark as compared to 40 percent a week ago. Staple 31 was the predominant length at 46 percent, with staples 30 and 32 about 24 percent each.

look like tiny toys silently winding their way across the land.

"We never hear a sound from them -- we can just see them." Mrs. Sudderth said. To the east and west for miles and miles, cattle graze and furrows of gentle farmland rest, dotted by occasional windmills and lonely farmhouses. To take in the spectacle to the fullest is the aim of the Sudderth house a nale west of Merkel. Picture windows present the view in all directions.

The energies and talents of Mrs. Sudderth are reflected throughout her home. The house itself was designed by Mrs. Sudderth and her daughter -- and a remarkable design it is. Encompassing less than 2,000 square feet, the red brick ranch-style house gives the appearance from the inside of being much larger. Its features include five bedrooms -- each with windows giving access to the vista outside, a huge den with a fireplace, and a spacious kitchen and workroom.

In 1955, after her husband Aaron died, Mrs. Sudderth went to McMurry College ir Abilene and studied mechanical drawing and drafting. "I love math and I like to work with my hands," were the reasons she gave for deciding to take up the subjects -- studies that enabled her to draw to scale the floor plans of her house. in which she has lived for seven years.

Mrs. Sudderth's sister, who owns the farm and ranch land surrounding the home, encouraged her to build there, where she has two irrigation wells as well as city water on the acre of land she has with the house.

The house is furnished with

Here Are Two 'Different' Cakes

Recipes for two delicious and unusual calles have been provided us for this week's recipe column. The first, from Mrs. Carlton King, is for a cake that's really easy to make as well as tempting.

PINEAPPLE CAKE Grease and flour a 9 X 12 pan.

1 1/2 cups sugar 1/4 cup brown sugar

2 cups flour 1 tsp. soda

Mix dry ingredients with fingers. Add one cup of nuts dry ingredients. Add one

grandchildren. piano which she said she ment". among her grandchildren. who play in high school and college bands and orchestras. She loves entertaining, and often hosts Alpha Nu Nu sorority, of which she is

director, at her home. At Christmas, she has at least 30 guests. She holds an open house once a year and enjoys bridge and forty-two.

Artistic talent runs strong in her family -- she doesn't paint but many of her rela-



NEEDLEPOINT IS HER POINT OF INTEREST-Mss. Louise Sudderth is shown with one of her many pieces of needlepoint. The Sudderth home is filled with such handic raft produced at the hands of Mrs. Sudderth and her daughter, Mrs. Darla Mawson who lives with her mother.

evidence of the astounding lene, who is 31 years old volume of needlepoint and this month.

other hobbies with which Mrs. Mrs. Sudderth is serving Sudderth occupies herself. for the fourth year on Tay-Chairs, spreads, cushions lor County Child financial and trunk covers bear her advisory board, and served handiwork -- and they are but for eight years on the ada very small part of all that ministrative board of Elmshe's done. Also, she's a wood West Methodist Church masterful cake decorator. in Abilene, where she had "Most of it I give away," been living before moving she said. One year for Christ- back here seven years ago. mas she made eight Afghans, She is yearbook chairman of one for each of her eight Merkel Garden club. She makes needlepoint covers for She has an organ and a

each yearbook. As if she didn't have enough plays "for my own amuse- to keep her busy, she reads but there are for at least two and often several serious musicians four hours a night, usually

Card Of Thanks

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ness meeting. The resignation of Rojean Hicks from the office of president was accepted and new officers were elected to fill the posts of president. vice president and treasurer. Those elected were president, Martha Sue Justice; vice president, Peggy Vanderwerker; and treasurer, Sarah Eckols. Revision of committees was also discussed.

Plans were made for Alpha Nu Nu members to participate in the answering of telephones at the Rehab '76 to be held at the Abilene Civic Center Saturday. Several members planned to attend a workshop at the rehab center Tuesday night for instruction in the procedure to be \$1/4 - 1/3 OFF Reg. Price used during the Rehab '76. \$1/4 - 1/3 OFF Reg.

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6 eggs, beaten Then add: 12 oz. package of vanilla wafers, crushed 1 cup chopped pecans l can coconut Mix all together, then add 1/2 cup milk. Bake for one hour and 45 minutes in tube pan in a 300 degree oven. -- MRS. JOHNNY THOMAS

And finally, a refreshing salad from Mrs. W. T. Sadler.

COOL BEAN SALAD Two 16 oz. cans of green fiction. "I watch very little TV,"





