## Young Farmer Of The Year Award Presented To Tracy Welch

The Yoakum County Farm Tour held Sept. 22 proved to be the largest in a number of years with 120 Yoakum County citizens attending.

The tour began at 8:30 a.m. in Stanford Park with Gary Walker, Sandy Land Underground Water Conservation District manager, providing information on water quality and pump efficiency. Mario Avila explained the State of the Art Surveying Equipment, the Soil Conservation Service uses and the SCS viewpoint on conservation compliance. Tracy Welch offered information on Row Till practices in cotton, while Don Parrish explained other cotton production practices. Bruce Lester explained the positive and negative aspects of growing Hybrid Forage Sorghum and contract requirements.

Growing cotton organically was the final topic the tour addressed. Jett Wilmeth explained the positive and negative aspects of growing organic crops. Marketing, certification, fertilizers, yields, costs and contract prices were topics of discussion.

The tour concluded at 11:20 and those attending the tour visited AG related booths that were set up in the park for public information. Several types of farm equipment were also available for viewing.

As in the past, one highlight of the farm tour was the presentation of the Farmer and Young Farmer of the Year Awards. Yoakum County Judge, Dallas Brewer presented Jerry Everitt of Denver City with the Farmer of the Year Award. The award is fairly new and goes to a Yoakum County farmer who has excelled in all areas of agriculture production. Tracy Welch was awarded the Yoakum County Young Farmer Award by Brad Crump, Young Farmer president. The Young Farmer Award is presented to a member of the Young Farmers organization who has excelled in agriculture production and community involvement.

The day's activities ended with a Jackpot Trap Shoot sponsored by Yoakum County Young Farmers.
"The Texas Agriculture Extension Service and Soil and Water Conservation Districts of Yoakum County would like to recognize everyone who assisted with the Farm Tour," stated Terry Millican, Yoakum County Extension Agent - AG. "Those offering assistance were Yoakum County Young Farmers, Yoakum County ASCS, Plains State Bank, Brownfield State Bank, Plains I.S.D., Yoakum County State Bank, Sandy Land Underground Water Conservation District, Gary Walker, Mike Cobb, Rex Swann, Dallas Brewer, Bruce Lester, Tracy Welch, Don Parrish, Jett Wilmeth and Gary Six. You made it a huge success."


TRACY WELCH receives Young Farmer of the Year recognition plaque from Young Farmers' president Brad Crump.

> Daylight Savings Time Ends Oct. 25

# National Center For Policy Analysis Says 'Clinton Plan Not Feasible' 

The economic plan proposed by Democratic presidential candidate Bill Clinton would slow an already sputtering national economy, cause the loss of 747,000 jobs over the next four years and increase the federal deficit by $\$ 113$ billion, according to a study by the National Center for Policy Analysis.

The Dallas-based "think tank", the only private organization that forecasts the economic impact of every major tax bill, has frequently criticized Bush administration economic policies. But the study said the tax package proposed by the president last spring was "considerably better for the economy than the Clinton proposal because the Clinton plan would discourage private sector investment."
"The Clinton plan bears an eerie resemblance to the 1990 budget package - the one in which President Bush broke his promises not to raise taxes," said Aldona Robbins, a former U.S. Treasury economist who co-authored the study. "Like the 1990 budget deal, the Clinton plan promises more government spending, higher taxes on the rich and deficit reduction that will probably never take place," she said.

The federal government's current economic policies are the result of an agreement between Bush and the Democratic leadership in Congress an agreement that Bush now says was a mistake. Many, including Robbins, argue that the budget agreement has slowed economic growth and prolonged the current recession. Although Clinton has criticized the Bush administration, he has been careful not to criticize congressional Democrats who were part of the agreement.
"The most surprising thing about Clinton's economic plan is that it is almost a carbon copy of the policies he has been criticizing," said Robbins. "Clinton is criticizing the status quo but promising more of the same."

According to the study, the Clinton plan promises a net increase of $\$ 132.5$ billion in taxes, including higher tax rates for upper-income families. Higher tax revenues combined with reductions in defense spending are supposed to fund almost $\$ 200$ billion in new spending on "infrastructure" and other domestic spending programs.

Although the Clinton plan contains some private sector incentives, including a lower capital gains tax rate, Robbins says that "these incentives are more than offset by the higher tax rates Clinton would impose on investment income."

According to the NCPA forecast, Clinton's economic plan would produce the following results: 1) Private sector investment in the U.S. economy would be $\$ 413$ billion lower than under present policies, leading to 747,000 fewer jobs by 1996 and more than one million fewer by the year $2000 ; 2$ ) The nation's output of goods and services would be $\$ 173$ billion lower than it
otherwise would have been by 1996 and $\$ 584$ billion lower by the end of the decade; and 3) The economy would generate less tax revenue, increasing the federal deficit by $\$ 113$ billion over the next four years.

The NCPA also compared the Clinton plan to a "pro-growth" plan proposed in the spring by Bush and modified by the Republicans in the House of Representatives. According to the study: 1) The Bush plan would lead to the creation of 369,000 new jobs by 1996 and 604,000 by the end of the decade; 2) The additional em-
ployment and investment under the Bush plan would increase domestic output by $\$ 226$ billion through 1996 and by $\$ 871$ billion by the end of the decade; and 3) The difference in the Bush plan and the Clinton plan between now and the year 2000 is worth about $\$ 5,820$ to every man, woman and child in the country.

The NCPA forecast did not include the negative effects of Clinton's proposals to require employers to provide health insurance or to mandate employee training because not enough details were available. "Including these proposals could double the expected number of lost jobs," said Robbins.

The National Center for Policy Analysis is a non-profit, non-partisan public policy research institute.

Bad Officials Are Elected By Good People Who Don't Vote!!

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## FREE <br>  <br> COMPUTER SEMINAR NOVEMBER 7, 1992 IN THE PLAINS SCHOOL CAFETERIA 11 A.M. TO 2 P.M. <br>  <br> "Being from Plains I know that there are not a lot of resources when it comes to computers. I have received calls from the Yoakum County area and have been asked if we could offer a seminar in the smaller towns. A lot of people are intimidated by the computer, when in actuality they are much easier to use than pencil and paper. If you have children in school, you are well aware that computers are a must in all levels of schools, (elementary, intermediate, high school and college) as well as a mandatory requirement in most of today's work forces. <br> Computer Systems Distributors, Inc. (CSDI) is happy to announce that we will be holding seminars in Plains, TX. Offering: <br> DOS <br> 11:00 A.M. TO 12:00 P.M. <br> ENTRY LEVEL COMPUTER 12:00 P.M. TO 1:00 P.M. BASIC HARDWARE NEEDS 1:00 P.M. TO 2:00 P.M.

"We will have various computer sizes, speeds, and portables for you to work on. This free seminar will be on the 7th of November at the Plains School Cafeteria from 11:00 a.m. to 2:00 p.m. and if the response is great enough we can arrange to come back.
"If you are interested please call us at 1-806-793-2447 and ask for Terri (Dunn) Arthur for more information.
"CSDI offers competitive pricing on computer systems ranging from $\$ 795.00$ and up. CSDI custom builds and designs each system to the customers' specifications. We offer software that can help the agribusinessman and retail businesses keep up with the daily accounting and or word processing. Students will have knowledge at their finger tips with the educational programs that we have on CD - ROM.
"We look forward to hearing from you. You need to register for the seminar by November 2, 1992 so that we can know how many computers to bring. The number again is 1-806-793-2447."


MR. AND MRS. FOY COGBURN

## Foy \& Redell Cogburn

## To Celebrate Anniversary

Mr. and Mrs. Foy Cogburn will be complimented with a golden wedding anniversary reception Saturday, Oct. 31 in Fairground Extension Building in Durango, Co. from 2 until 4 p.m. Friends and relatives are invited.

Hosting the event will be the couple's sons, James Cogburn of Hobbs, NM and Edwin Cogburn of Monahans, and their families. The Cogburns have six grandchildren and six great-grandchildren.

Cogburn and Redell Parks were married Oct. 30, 1942 in Lubbock. They lived in Brownfield and El Paso until he entered the service. They moved to Plains in 1951 and opened Cogburn-Young Hardware with Robert and Ita Young, operating the business almost 25 years. During this time, they reared their two sons and were active in the Church of Christ and community affairs.

The Cogburns moved to Durango in 1972 where he worked for the City of Durango until retiring. They are members of Ignacio Church of Christ and participate in Gem and Mineral Clubs in Durango and in Farmington, NM.

They request no gifts except the presence of family and friends.
NYLON OVERNITE BAGS \$695 METAL GLO POLISH \$299 CORDUROY CAPS $\$ 399$ SWEAT BANDS 996 BONSAI FESCUE SEED ${ }^{5300} \mathrm{lb}$. LOCKBACK POCKET KNIFE ${ }^{\$ 695}$ ALL 1992 SEED
$7 / \$ 100$


HOMEMAKERS HOST TEA - Members of Stateline and Turner Extension Homemakers Club hosted a tea recently in observance of Texas Extension Homemakers Association Week. Representing those clubs are, left to right, Gay Wilmeth, Gloria Lane, Bea Pippin, Sidney Murphey and Dorothy Jones; Extension Agent Joan Chandler is standing behind the group.

## HELP WANTED

Pre-School teacher needed for Head Start Director and Teacher in Denver City. Hig̀h School Diploma or G.E.D. required. Reliable transportation needed. Call 1-800-6589632 for application and interview. Equal opportunity employer.



## PRESIDENT

Have you ever met the President in real life? Well if you haven't, you don't know what you're missing!!

It was Wednesday, Sept. 2, 1992, and I had just dressed and eaten breakfast. Then I got my books and left the house. I got to school and went to my class and started on my math test. Then Mrs. Smith came and told us that Elementary, Junior High, and High School Gifted and Talented Classes were going to see the President at 9:00 a.m. I looked at the clock and it was 8:59. I looked at the clock again and it was 9:00.

Dustin, Lesli, and I went to the office to Mrs. Smith. Then we went to get in the van and we left to go to Shallowater.

When we arrived at the cotton gin, an officer had to look in the van to make sure that we didn't have any weapons to hurt the President. After we ate a lunch of sandwiches, we waited for an hour to see the President's jet plane come through Shallowater. We waited and waited and waited.

Finally, the plane arrived at REESE AIR FORCE BASE. Then President Bush started to speak. He talked for twenty minutes. Then we went to the van to start up the air conditioner and let it blow out the hot air. Then we left to go home. That was what happened seeing the President.

Sept. 16, 1992
Skyler Johnson
Grade - 4

## SEEING THE PRESIDENT

On September 2, 1992, the Gifted and Talented Class went to Shallowater, Texas to see the President. It took a long time for him to get there. While
we waited for him they played music. When the President arrived, he gave a speech. There were at least 1,000 people there. After his speech, we left and went back to Plains. Our parents picked us up.

Sept. 15, 1992
Elizabeth Clanahan
3rd Grade

## TRIP TO SEE BUSH

On Sept. 2, 1992, I went to see the President. At Shallowater, Texas with my Gifted and Talented Class and Mrs. Smith. We went in a white van with a blue circle on the side of both doors. When we where near Shallowater, we stopped at a store and went to the restroom. Then we went to the van and we opened the door and went inside the van. Elizabeth and I were sitting in the very back.

When we got to Shallowater, we got out of the van and went to the Junior High van and got one sandwich and a bag of chips with a coke. We went to the dumpsters and threw our food away. Then we walked through a big board. Then we found a place to sit. They played music so we could listen to it. Then we waited for the President to arrive. When the President arrived everybody was screaming.

Next he gave a speech about the land fills. Then he left on a jet. Then we left to go back to Plains.

Sept. 15, 1992
Chelsi Wagnon
3rd Grade

## AN EXCITING FIELD TRIP

On Wednesday, Sept. 2, 1992 all of the Gifted and Talented classes in Plains School District went to Shallowater, Texas to see President George Bush give his speech. Hearing him talk
was a once in a life time chance. Very few children, or adults for that matter, get to go hear a speech from someone who is going to be in the history books from now until the world is over. I am especially glad that I got to go because I had only seen George Bush on television before. I thought it was very nice of Mr. Simmons to let us take such a great field trip. Seeing President Bush made me really hyper. I am the only one in my family that has ever seen him live. When I watched the news that night I felt special just because I was there that day. I remember feeling a little bit overjoyed when I finally saw him. He is nice and has things organized and in good control. I was just so happy to be there.

Sept. 16, 1992
Lesli Rowe
4th Grade
OUR TRIP TO SHALLOWATER BY KEL TON MASON

When the Gifted and Talented Class went to see the President, it was hot, but cool in the van. We left at 9 a.m. and got there at 11:30 a.m. After we got there we had to go through a metal detector. After a two-hour wait in the hot sun at the Co-op Gin in Shallowater, the President arrived. Everybody yelled as hard as they could. As his speech matured, something excited the crowd. What excited the crowd was when the President said that he was going to cut the taxes across the board.

He also excited the crowd by saying, "I plan to give 75,000 dollars to farmers."

A few more things excited the crowd. After his one hour speech, he shook a few hands, including Marcey House of 6th grade, and Kristen Gray of 5th grade.
...Continued to Page 7


QUEEN AND HER COURT - Darce Pierce, center, daughter of Joe and Joyce Pierce, was crowned Homecoming Queen during Homecoming festivities held Oct. 2. She was escorted by Brad Ashburn, son of Sheila and Stanley Ashburn. Members of the Queen's Court and their escorts were, left, Misty Willett, daughter of Paula and Jerry Willett, and Jay Rushing, son of Debbie and Morris Rushing. At right, Jennifer Day, daughter of Teresa and Carl Stroup, and Ladd Winn, son of Lynne and Tony Winn.

What's Cooking At School?

## BREAKFAST

MONDAY - Toast, oatmeal, grape juice and milk.

TUESDAY - Cinnamon roll, toast, apple juice and milk.

WEDNESDAY - Toast, hash browns, orange juice and milk.

THURSDAY - Pancakes, syrup, butter, fruit punch and milk.

FRIDAY - Toast, cereal, pineapple juice and milk.

## LUNCH

MONDAY - Barbecue on bun, French fries w/catsup, combination salad, pears and milk.

TUESDAY - Taco salad w/cheese, pinto beans, Kosher spears, lettuce and tomatoes, crackers, apple cobbler and milk.

WEDNESDAY - Hamburgers, lettuce, pickles, onions, Chee-tos, fruit, Halloween cake and milk.

THURSDAY - Turkey and dressing, cranberry sauce, sweet potatoes, hot rolls, broccoli w/cheese sauce, fruit salad and milk.

FRIDAY - Chicken strips w/gravy, green beans, rice, hot rolls, pineapple slices and milk.

## SCHOOL EUENTS

MONDAY - Volleyball - Seminole - 7th/8th - Here - 5 p.m.

TUESDAY - TAAS Testing (Exit Test)

WEDNESDAY - TAAS Testing Continues

THURSDAY - TAAS Testing Continues; Football - Petersburg 7th/8th - There - 5 p.m.; Football - Petersburg - JV - There - 7:30 p.m.

FRIDAY - District Football Game against Petersburg - V - Here - 7:30 p.m.

SATURDAY - Volleyball Alpine at Monahans - V - 10:30 a.m.; District Cross Country - Lamesa

CHRISTMAS SEALS: THE \# 1 HOPE FOR THE \#3 KILLER: LUNG DISEASE.


Put them everywhere. The No. 3 killer of Americans - big and small - is ung disease. The No. 1 hope for the No. 3 killer
is the American Lung Association. Christmas Seals help us keep the hope alive. It's a matter of ife and breath.
AMERICAN $\neq$ LUNG ASSOCIATION 1-800-252-LUNG

## Proclamation

Whereas, tobacco, alcohol, and other drugs have reached epidemic stages, with the 15 to 24 year old age group dying at a rate which is higher than that of any other age group; and

Whereas, in an effort to combat the continuing demand for drugs in our State, it is imperative that members of our communities launch visible, unified prevention education efforts directed toward both youth and adult age groups; and

Whereas, Texans' War on Drugs is sponsoring the Red Ribbon Campaign all across Texas during Red Ribbon Week, to offer Texans the opportunity to demonstrate their commitment to drug-free lifestyles; and

Whereas, Governor Ann Richards of Texas is serving as State Honorary Chairperson, and will help provide a statewide focus for a Drug-Free State during this weeklong promotion; and

Whereas, individuals and groups in business, government, law enforcement, education, religious institutions, sports teams, and service organizations, as well as youth, physicians, senior citizens, members of our State's Armed Forces, and others will demonstrate their commitment to drug-free, healthy lifestyles, by wearing and displaying Red Ribbons during Red Ribbon Week;

Now, therefore, I, Dallas Brewer, Judge of Yoakum County, do hereby proclaim the
 of the Texans' War on Drugs toward eliminating the illegal use of drugs in our communities by sponsoring the Red Ribbon Campaign to foster a high quality of life for the youth and adults in Texas, and throughout the United States.

In witness whereof, I have hereunto set my hand, and caused the Great Seal of the County of Yoakum, Texas to be affixed this 19th day of October, 1992.

Attest:

Linda Lowrey<br>Criminal District Attorney

Toni Jones
Treasurer
s/Dallas Brewer County of Yoakum

Macky McWhirter<br>Commissioner Precinct 4

## Mae Barnett <br> District Clerk

Dallas Brewer
County Judge

Ruby Bruton
County Clerk
Melba Crutcher
Justice of Peace

# Quolleyball 

7TH GRADE

The 7th Graders, now 14-1, rallied to defeat Lamesa after suffering their first loss of the season to Seminole in dual competition last Monday afternoon. Shawna Box served four points for the Wranglers in their 9-15 6-15 setback to the Maidens. Kassie Lowe added three; Cecilia Moreno, three; Lindsey Six, two; Sandi Warren, two; and Wendy Beckham, one. The Wranglers took a three game match from Lamesa for the second time this season. Cecilia led all servers with 21 points in the 15-2 10-15 15-10 win. Dolly Gonzales notched six; Shyloh Winn, five; Sandi, three; Wendy, two; and Kassie, two. Seminole claimed a 15-1 15-1 match with the 7th Grade B Team.

## 8TH GRADE

The 8th Graders went 1-1 in dual competition last Monday, stopping Seminole 15-12 15-2 and losing to Lamesa 9-15 11-15. Combined service points for the two matches included: Kyley Bearden, 18; Bridget Bernal, two; Samantha Blake, 12; Kristy McClure, four; Mary Morales, three; Lyndi Rowe, six; and Tessa St. Romain, five.

## 9TH GRADE

The 9th Graders eased by Tahoka last Monday, taking the match 15-1 15-0. Maria Moreno served 23 consecutive points and Rachel Garcia ended the match with seven consecutive points.

Competing in the Lamesa 9th Grade Tournament, Saturday, Oct. 10, the Cowgirls overcame a one game deficit to defeat Denver City 13-15 15-$715-4$ in first round action. Maria led the Cowgirls with 11 points, followed by Kelly McGinty and Amanda Koncaba with 10 each. Maria and Becky

St. Romain combined for 14 points in their 13-15 $11-15$ semifinal loss to Seminole. Snyder took the third place match from the Cowgirls with a 16-14 10-15 15-13 win. Becky notched 11 points and Rachel, ten.

## JUNIOR VARSITY

The Cowgirls have been victorious in their last two matches, toppling Tahoka 15-3 15-7 and ousting Andrews 15-5 7-15 15-1. Dusty Beckham was lead server in both matches, serving nine points against the Lady Bulldogs and 21 against the Lady Mustangs. Individual statistics in the Andrews match included Jennifer Cowart, two digs; Jennifer Earnest, three kills, two digs; Misty Willett, one dig, three aces; Dusty, one kill, three digs, two aces; Margie Gonzales, four kills, one dig; and Valerie Blair, three kills.

## VARSITY

The Cowgirls outplayed the Lady Bulldogs 15-1 15-1 when they traveled to Tahoka, Monday, Oct. 12. Darce Pierce led all servers with 15 points. Cowgirl hitting included Amy Crutcher, eight kills; Ogla Ramirez, two kills; Brandy Lester, one kill; Rhonda Cowart, five kills. Amy and Rhonda combined for three blocks defensively.

The Andrews Lady Mustangs threw the Cowgirls for a 9-15 15-12 515 loss Saturday, Oct. 10. The Cowgirls came from behind in game two to force a third game but couldn't take charge of the deciding game. Individual statistics included Shandy Willett, two aces; Amy, nine kills, four blocks; Ogla, two kills, three digs, two aces; Kara Holder, one kill, four digs; Darce, two kills, one dig; Brandy, five kills, four digs; Stacey Jones, two kills; and Rhonda, four kills.

FINAL MARKDOWNS

## ELECTRICAL MYTHS AND MISCONCEPTIONS

hyth: - electrical arcs - jump- several feet through the air.
facts: © ELECTRICAL arcing:
 20 V/CM OR 50 V/IM


 Like. omec coninet is moc, A loms are

hyth: - electrical shorts in homes cause fires
fact:- - ELECTRICAL -shorts- gemeralli do mot cause fires it 120/240V. overloads ano poor electrical connections can cau 三 fires.
hyth: - invisible mageetic forces pull uiviry vićtims intu high voltage power limes.
fact: - no -invisible pulling forces- pull victims into a 3 voltage POWER LIMES.
hyth: - fuses and eitrcuit breakers should prevert electrical shock.
FACTS:- FUSES/CIRCUIT BREAXERS ARE MOT IMSTALLED TO PREVEIT ELECTRICAL Shock, but protect against onmgerous electrical overlonds and fires.

- Fuses, circuit breakers - rated - 1 - 3 amps and up

MANIFESTATOMS OF ELECTRICAL SHOCK

| - CURRENT* (AMPS) | SYMPTOM |
| :---: | :---: |
| 0.001 | TIMGLING PERCEPTIOM |
| 0.009-0.015 | - \% Let - 60- Effect |
| 0.020-0.040 | RESPIRATORY ARREST |
| 0.050-0.150 | cardiac ventricular fibrillation |
| $>0.075$ | possible cardiac arres |

these current values may yary somehhat due to
various physiological differemces in humans.
LEA COUNTY ELECTRIC COOPERATIVE, INC.
-OWNED By Those he serve"
Lovington/Tatum, NM

## Expired Subscriptions:

## JULY

DANNY CRAWFORD
JAMES P. CHUDLEIGH
MR. \& MRS. GRAU LLOYD
KIM VAN DYKE
AUGUST

GUY WILLIAMS

SUBSCRIPTIONS TO EXPIRE

## SEPTEMBER

JOHNNIE L. FITZGERALD
JOE PIERCE
LACI S. NAYLOR
SHELL WESTERN E \& P INC.
DENVER CITY LIBRARY

OCTOBER
ALLSUPS \#119
CHARLEY ELLIS, INC.
MAURINA SMITH
EDDIE BRINK
BILL J. GLASSFORD
RAY JONES
\$15 YOAKUM COUNTY $\$ 16$ OTHER AREAS

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FIRETRUCK ADMIRED BY YOUNGSTERS - Brenda Wauson, left, and Charles Diamond, right, Plains Volunteer Firemen, showed off the firetruck Wednesday for youngsters at Plains Library. Shown with them, left to right, front row, Matt Jimenez, Michael Crump, Jordan Chambliss, Blake Parrish, Todd Williams, Chris Loya, Alisha Wauson, Lucas Brink. Back row, Holden Welch, Ryan Crump, Britnie Duran, Kimberly Jackson, Seth Cypert, Lauren Davis, Callie Howell, Amber Friesen and Allison Friesen.

## Bush...

Continued from Page 4
The he left in his Limo and we left after a great speech from President Bush.

## PRESIDENT'S SPEECH

## From Anne

When our Gifted and Talented class went to see the President at Shallowater Gin, 9:00 A.M. The drive up there was two hours, with one stop on the way. We arrived at the gin at 11:30 a.m. Then we had to wait three hours until the President arrived. The he spoke for twenty minutes.

He said, "My opponent, Bill Clinton, said he was going to raise taxes 1 billion dollars, but I want to cut the taxes across the board. I know I made the mistake once, but, I'm not going to make it again!"

After he was through speaking, he left, and so did everyone else. We arrived back to Plains at 4:45 p.m. That experience will always be remembered by each one that went.

## '92 Christmas Seals Campaign Underway

A lot has changed about Christmas since 1904. Christmas trees are as apt to come from a factory as a forest; nutcrackers have given way to Nintendo games in children's stockings. One thing that hasn't changed is Christmas Seals.

The colorful seals can still be found on millions of cards and packages each year. And they're still the country's leading source of funds for fighting lung disease.

The American Lung Association has just mailed the 1992 Christmas Seals to some 35 million homes in the U.S., including 600,000 homes here in Texas.

If you don't receive your Christmas Seals in the mail by the end of October, call the ALA of Texas at 1-800-252-LUNG.

## Filmtime

Charles Diamond and Brenda Wauson of Plains Volunteer Fire Department entertained Filmtime youngsters Wednesday at thé Plains Library. Showing off the firetruck and giving tips on fire safety, the two found an interested audience.

Jordan Chambliss and Blake Parrish's fifth birthdays were celebrated. Film of the day was "The Remarkable, Riderless, Runaway Tricycle".

Sharing birthday cookies and punch were Alisha Wauson, Lucas Brink, Chris Loya, Jacob Brink, Matthew Jimenez, Allison and Amber Friesen, Justin Perry, Todd Williams, Callie Howell, Holden Welch, Michael and Ryan Crump, Seth Cypert, Britnie Duran, Lauren Davis and Kimberly Jackson.

## Lubbock Jr. League Sponsors Event

The Junior League of Lubbock proudly announces its 13th Annual Holiday Happening, "Gifts of the Season", Nov. 11-15 in the Lubbock Memorial Civic Center.

Holiday Happening is a festive extravaganza featuring over 100 merchants from Lubbock and from across the United States offering unique items to delight area shoppers. Along with the spectacular shopping, you will find culinary delights as well as holiday entertainment for the whole family.

As one of the Junior League's annual fund raising events for the 12 years, Holiday Happening has enabled over one million dollars to be returned to the community for various projects. such as the Ronald McDonald House, South Plains' Children's Shelter, South Plains Food Bank and other cultural, educational and charitable projects.
"We invite you to come join in the excitement and share in the gifts of the season," says Donna Payne, publicity chairman. For ticket information call (806) 777-5026.

Yoakum Librarians Attend Annual Library Meeting

Latrell McDonnell and Ann Greer attended the annual meeting of Texas Library Association District 9 Oct. 10 in Midland Student Center.

John Deats, Midland College Librarian, was program director. Guest speakers were Betty Anderson and Maridell Fryar. Theme of the program was "Unsolved Mysteries/Invisible Students: Gender and Cultural Equity in the Classroom/Library".

Program sessions included "Handbook of Texas", Doug Barnett; "Cowbells and Coffins", Mary Frances Beverley; "Personal Journals and SelfDiscovery", Dr. Larry Griffin; "Two Glass Buttons, "Bringing Texas History to Life for Young Readers", Marguerite Crain; "Magazines and Books",

Torn White; "What's It To You?" "How Automation Affects Reference Cataloging and Circulation", Chris Peterson; and "War Scene on the Rio Grande, a History of Mexican Revolution on the Texas Border", Dr. Frank Samponaro.

Luncheon was served in Chaparral Hall with entertainment by Midland College/Community Brass Ensemble.

Pages and Prints Bookstore hosted an author's reception immediately following.

A hen is only an egg's way of making another egg.
-Samuel Butler

## OIL FIELD PUMPERS WANTED

Independent seeks company pumpers experienced in all phases of oil well pumping, including waterflood operations, injection pumps and lact units required. Excellent salary, benefits and vehicle. Plains, Texas area. Submit resumes to: CENTRAL RESOURCES INK \% The Plains Pride, P.O. Box 774, Olton, Texas 79064. (Envelopes should be marked "RESUME". They will be forwarded.)

## PETROLEUM ENGINEER SUPERINTENDENT NEEDED

## MUST HAVE TEN YEARS EXPERIENCE in drilling, production

 and reservoir engineering. Southeast New Mexico and Northern Basin Area. Submit resumes to: CENTRAL RESOURCES INK c/o The Plains Pride, P.O. Box 774, Olton, Texas 79064. (Envelopes should be marked "RESUME". They will be forwarded.)

## Reminder:

Set your clocks back one hour at 2 A.M. on October 25. And whenever you change your clocks, change the batteries in your smoke detectors. It could save your life.

A public service message from the

PAGE 8, OCTOBER 21, 1992, THE PLAINS PRIDE

## Children Need Good Eating Habits

Children learn which foods to eat, how much, and when to eat as they interact with people. Therefore, family members have a great influence on the development of eating habits.

According to Joan Chandler Yoakum County Extension Agent-HE researchers have found that parents and children often have similar tastes The simplest explanation is that the same foods are available for all family members to eat. Parents serve as models, teachers, mediators, providers, stage managers and directors.

Children may copy what they see their parents eating. Parents, therefore are models. A mother who drinks diet soft drinks all day is sending an unspoken message to her child. A father who says "I don't like vegetables don't give me any," is likewise a model. Siblings who misbehave at the table also give messages about suitable mealtime behavior.

Television also plays an important role in children's food habits. Ninetyeight percent of American homes have at least one television set. On the average, pre-school children watch more than 25 hours of television a week. This limits chances for physical activity and interaction with others. Also TV watching can affect the food choices a child makes.

Parents have the primary responsibility for teaching their young children about a good diet. Talking with children about the kinds of food needed for good health can help them make better food choices. Parents can have these discussions while grocery shopping, watching television or at the dinner table. Also, help children to develop an interest by allowing them to assist when preparing food.

Parents can also lessen the impact of advertising by helping children to understand what they see. They should point out the difference between commercials and TV shows, explain that advertising sells foods by making them sound appealing, and talk about the nutritional merits of advertised foods.

Making mealtime pleasant can also help to set the stage for developing good food habits in children. This will influence what foods children accept and how much they enjoy eating Make meals a time for relaxed family interaction. Limit distractions to let your child focus on eating. Include your child in mealtime conversation and praise good behavior at the table. Remember, your child learns by watching how you eat and behave at the table.

Parents also are responsible for directing the child-feeding activity. Children's eating habits are best when parents recognize and respond in suitable ways to their needs. You'll need to be aware of feeding cues coming from your child. Children shouldn't be forced to clean their plates if they're full. Neither should a hungry child be forced to wait until mealtime to eat. A light snack such as a cracker or an apple slice can carry them over until
mealtime without ruining their appetite.

As children try new behaviors or make mistakes, give positive feedback. Be consistent - not rigid one time and indifferent the next. Mixed messages
can be confusing to a child. Be sensitive to your child's development readi-
ness and set some mealtime standards that will help your child develop lifelong positive eating habits.

WANTED: LVN for home health service. Daytime hours. Good benefits. One year experience preferred. Medical Arts Home Health, 321 N. Main, Denver City. Call (806) 5923507. 28/4tc


