

1992 Academic All-District


ACADEMIC ALL-DISTRICT PLAYERS are required to be on the varsity squad and maintain a 90 or above average. Cowboys receiving this honor include Lenny Morrow, Brad Ashburn, Jason Smith, Brad McMinn, Brian Wilson, Lacy McAdams and Ladd Winn. Cowgirls are Heather Bowlin, Rhonda Cowart, Amy Crutcher, Daphne Lowe, Brandy Lester and Ashlee Winn.


## Mario Avila Selected

## As District Conservationist

Slaton native, Mario Avila Sr. has been selected to assume the duties of District Conservationist in Yoakum County. The USDA-SCS (Soil Conservation Service) recently announced, that his promotion would be effective March 22, 1992.

He is a 1971 graduate of Slaton High and received a BA degree from Texas Tech University in 1975. Upon graduation from Tech, he was commissioned a second lieutenant and served six years in the U.S. Army. Currently he is a Major in the U.S. Army Reserves.

After completing his enlistment in the Army, Avila returned to Texas Tech and received a bachelor of science degree in 1985. He has previously worked with the SCS in Lubbock County and is currently assigned to the Tahoka field office.

Avila and his wife, Margarita are parents of a son, Mario Jr. and a
daughter Sonia. A sophomore at Texas Tech, Mario Jr. plays with the Red Raider Football team. Sonia, 13 years old, is active in basketball, track and band and is a cheerleader at Slaton Jr. High.

The Avila family attends the


MARIO AVILA SK.


FORMER COWBOY VISITS LIBRARY - Danny White, former quarterback for the Dallas Cowboys, was in Plains last Monday evening presenting a seminar on "Nu Skin" products, hosted by Pam Ryan. The program was held in the Heritage Room of Yoakum County Library. As word began to spread of the superstar athlete being in town, numerous Cowboy fans were on hand seeking autographs which White graciously provided.

## PAGE 2 MARCH 15, 1992, THE PLAINS PRIDE

## Plains Farm Supply, Inc. To Hold John Deere Day

Plains Farm Supply, Inc. of Plains and Denver City will hold its annual John Deere Day on Thursday, March 26 at Plains School Cafeteria, said Vaughn Culwell, president of Plains Farm Supply, Inc.
"This year we're pleased to have a John Deere Day spokesperson, rancher and actor Wilford Brimley," said Culwell. "He'll join us on film to introduce the theme of John Deere Day 1992, which is "Working Together, A Way of Life".

The activities will include new films about farming techniques and equipment, plus entertaining short films about rural activities across the country. "We'll also have things for the kids to do, plus great food, contest, surprises and a lot more," said Culwell.

John Deere Day will start at 6:30 p.m. "To celebrate another year of working together, we invite everyone

## New Member Joins Chamber

Plains Chamber of Commerce members welcomed Harry Richardson as a new member to the organization Tuesday, March 3 at their regular monthly meeting in Johnnie's Restaurant.
L.J. Sanders presented facts and information on the proposed Resource Conservation and Development Area. Also discussed were further plans for the 7th Annual Chamber Banquet, which is scheduled Thursday, April 9 in the Plains School Cafeteria. Special guest speaker, is renowned artist and former minister, Kennethy Wyatt of Tulia.

Members present were Billie Blundell, Linda and Ty Earl Powell, Jim Warren, Gary Walker, David Brunson, Jim Barron, Toni Jones, Mary Jo St. Romain, Dolores Davis, Carolyn Culwell, Harry Richardson and David Bunch. L.J. Sanders was a guest.

Next meeting will be Tuesday, April 7 at 7 a.m. in Johnnie's Restaurant. Interested persons are welcome to attend.

## Filmtime

The little filmtime people gathered together Wednesday, March 11 for a film presentation of "A Pocket For Corduroy". They also enjoyed reading the books, "Going on a Bear Hunt" and "One Bear All Alone". Flannel board story was "Goldilocks and the Three Bears".

Plains Masonic Lodge meets first Tuesday monthly at $8 \mathrm{p} . \mathrm{m}$. All M.M. welcome. Alton McGinty, W.M. T.J. Miller, Sec.
to get together and salute our way of life at this popular annual event," said Culwell.

For more information, contact Vaughn Culwell at Plains Farm Supply, Inc. at 806-456-2877.

## Filing Deadline Is March 18

The candidate filing deadline for the City of Plains general election, to be held on May 2, 1992 is 5 p.m. on March 18.

Applications can be picked up at the City Hall at 601 11th Street during regular working hours.

This year, write-in candidates must file a "declaration of write-in candidacy" by 5 p.m. on the 30th day before the election (April 2, 1992) in order for votes cast for a write-in candidate to be valid.

Absentee voting by personal appearance will be conducted April 13 through April 28, 1992. Mail-in-ballot applications will be accepted from March 3 through April 24, 1992.

Polls will be open on election day from 7 a.m. to 7 p.m. at the Plains City Hall.


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## Plains Elementary Announces Six Weeks Honor Roll

Brenda Smith, principal, an- Rogers, Crystal Scitern, Ryan Swann, nounces the honor roll for the fourth Kayla Willis, Elizabeth Wilmeth and six weeks period at Plains Elementary Mackenzie Winn. School.

FIRST GRADE - Amanda Blake Kelly Bowers, Justin Calsoncin, Justin han, Jeremy Diamond, Wendy Fierro, Chambliss, Daniel Clay, Jayce Clay- Trisha Garza, Moises Gonzales, Ashton, Joshua Curtis, Sandra P. Gallegos, ley Gonzales, Tanner Hamm, Arasely Krystal Gonzalez, Jill Gray, Chase Luna, Kendall May, Ragan McGinty, Howell, Jessica Knight, Kimberly Valarie Vasquez, Chelsi Wagnon and Martinez, Bradley Palmer, Amanda Becky Wilmeth.

THIRD GRADE - Christina Barri-

## Shower To Honor Miss Becky Ellis

A bridal shower to honor Becky Ellis, bride-elect of Garret Blomstedt will be held in the home of Mrs. Judy Fitzgerald on Tuesday, March 24.

Friends and relatives are invited. Calling hours are from 4 to 6 p.m. Selections have been made at Jerri's Boutique and Bayer Lumber.

## Miss Karen Cobb To Be Honored

Karen Cobb, bride-elect of Shane McMinn, will be honored with a bridal shower on Sunday, March 29 in the home of Mr. and Mrs. Macky McWhirter.

Friends and relatives are invited to call between the hours of 2:30 and 4 p.m. The McWhirters home is located at 1104 4th Street in Plains.

Gift selections have been made at Jerri's Boutique and Renaissance Flowers and Gifts in Plains and Nelson's Pharmacy in Brownfield.

## Prepare Foods

## 'The Lean Way'

March is nutrition month. Celebrate it by eating right, suggests Joan Chandler, Yoakum County Extension Agent-HE. Eating right means choosing from a wide variety of foods, meats, milk and dairy products, fruits, vegetables, grains and cereals. However, eating right doesn't only involve the foods you select. Proper preparation of the foods you bring into your kitchen is also an important part of eating right. Become a leaner cook by following these simple guidelines: 1) fry less often; 2) Roast, bake, grill, braise or broil meat, poultry and fish; 3) Use marinades and herbs instead of high fat sauces and gravies to flavor meat, fish and poultry; 4) Season cooked vegetables with herbs, lemon or stock; 5) Baste meats and poultry with stock or broth and a minimum amount of butter or margarine; 6) Stir-fry often; use a nonstick wok or pan and only a small amount of oil; 7) Rely on the mi crowave to reheat leftovers and cook fish, vegetables and poultry with a minimum amount of fat; and 8) Eat fresh fruit, sherbets, ices, fruit gelatins, angel food or sponge cake for dessert.

Select a varied diet and prepare your foods the lean way and you will be eating right. PRIDE, P.O. BOX 774, OLTON, TEXAS 79064-0774.

Broadway \& Hwy. 214

## Music Festival Date Changed

Plains Fine Arts Club met Thursday, March 5 at 7:30 p.m. in the clubroom for their regular monthly meeting. Carolyn Culwell was program coordinator and the group listened to a tape.

Karen Ford was welcomed as a new member. Other matters discussed included the rescheduling of the Sa cred Music Festival. The event will take place Sunday, April 12.

Members attending were Carolyn Culwell, Christy Brink, Beth Ann Cain, Dolores Davis, Frankie Walker, Allene Carnohan, Lois Miller, Judy Fitzgerald, Martha Palmer, Jean Craft, Jerri Ellis, Mary Dale Forbus, Dianne Bennett and Sandra Ellison.

Next meeting will be held Thursday, April 2 at 7 p.m. The UIL band members will be special guests.

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## Cowboys Win First

 At DC Track MeetThe Cowboys won the Denver City Track Meet with a total of 188 points. Michael Sainz won three gold medals and Jason Smith won four medals in leading the Cowboys to victory. The Cowboys dominated the distance races and relays.

Results:
400. Relay - Sterling Lovelace, Dan Partin, Jason Smith and David Bitolas won first place with a time of 46.0.

1600 Relay - Plains won first with a 3:38.2 time. Members of the team are Sterling Lovelace, Lenny Morrow, Jason Smith and Michael Sainz. Jason set a new school record in the 1600 Relay with a leg time of 50.6 .

3200 Run - Coming in first was David Corrales with a time of 11:06 and right behind him was Joe Valdez with a second place time of $11: 16$. Placing fourth was Ralph Coronel with 11:22.

1600 Run - First place went to David Corrales for his time of 5:02.3 and second place was Ralph Coronel with $5: 15.2$; and fourth place, Joe Valdez coming in with a time of 5:18.1.

800 Run - Michael Sainz won first place with 2:09.5; Jason Smith, second with 2:09.8 and Lenny Morrow, 3rd, with 2:11.8.

400 Dash - Michael Sainz came in first with a 51.9 finish; Sterling Lovelace, 3rd place with 57.2; and Jay Rushing, 5th place, with 57.9.

200 Dash - 4th place, David Bitolas, 24.9.

100 Dash - 3rd place, Dan Partin, 11.6; David Bitolas, 11.8.

110 H. Hurdles - 2nd, Jimmy Robertson, 17.8.

300 I. Hurdles - 1st, Jimmy Robertson, 44.9.

Shot Put - 2nd, Stoney Garland, 41'4"; 5th, Mario Mares, 36'10".

Discus - 3rd, Stoney Garland, 107'4".

Pole Vault - 2nd, Jose Ramirez, 10 '.

Long Jump - 3rd, Jason Smith, 18'7"; 5th, Jimmy Robertson, $16^{\prime} 5^{\prime \prime}$; 6th, Jay Rushing, $16^{\prime} 2^{\prime \prime}$.

Triple Jump - 5th, Jimmy Robertson, $35^{\prime} 8^{\prime \prime}$.

## NOTICE

Plains I.S.D. Business and Tax Offices will have abbreviated hours during Plains I.S.D. Spring Break March 16-20.

Hours will be 2 to 5 p.m. on March 16, 17 and 18. Offices will be closed on Thursday, March 19 and Friday, March 20.


SUZIE KNOX, GUEST SPEAKER

## Plains Students Win Regional In Essay/Poster Competition

Area I Association of Soil and Sanders, new president of the South Water Conservation Districts an- Plains Association of Conservation nounces regional winners from Plains. Districts. "The environment depends Betsy Blair of Plains High School won second in the essay contest and Bryan Covarrubias of Plains Junior High School won third in the poster contest.

These youngsters will be recognized at the Area I Soil and Water Conservation Districts' spring banquet at Wayland Baptist University in Plainview on May 14.

Melissa Rogers is Miss Blair's cooperating teacher and Joyce Pierce teaches Covarrubias science. "We're proud of these placings out of 51 other counties' competitors," said L.J

## School Board Members Meet In Special Session Wednesday

The Plains Independent School District Board of Trustees met in a called session on Wednesday, March 4 at 10 a.m. in the board room of the administration building.

Members present were Stanley Ashburn, Rickey Bearden, Roger Bennett, Eddie Earnest, Jerry Parrish, Linda Powell and Tony Winn.

Also present were Pete Simmons, superintendent; Don Brooks and Bill Burt of BGR Architects and Engineers of Lubbock; Larry Cole, Plains City Councilman; John Gilbert, Consultant for City of Plains; T.J. Miller, Plains Mayor; Tom Mandry of Mandry Electric of Lubbock; and Don Hinkle, Maintenance Supervisor.

Mrs. Linda Powell moved and Mr. Stanley Ashburn seconded that the school electrical repair work be declared an emergency and therefore would not be submitted to the bidding process. Motion carried in favor 7 to 0

Ashburn moved and Rickey Bearden seconded that the district enter into contract with Tom Mandry Electric for

## Mrs. Webb's Business Classes Talk About Future Budgeting

The business classes at Plains of how much it really costs to live in High School and their teacher, Mrs. Tess Webb, enjoyed a visit last week from Executive Secretarial School representative, Suzie Knox. Mrs. Knox spoke to the students on the importance of planning and budgeting for the future.

She began her presentation by having students write down a list of expenses that they will encounter when they leave home and begin "life on their own". This led into a discussion on these future leaders."

Yoakum County SWCD also announced that trees are still available for a minimal cost to area residents. For more information, interested persons may contact Beverly Lowrey, district secretary.
"Planting an idea, such as Joyce Pierce and Melissa Rogers have done with these students is a wonderful deed," said Mrs. Powell, education chairman for the Yoakum SWCD, "but the rest of us can surely invest in the future by planting a tree."
electrical repair work as per proposal by Mandry Electric. Motion carried 7 0.

There being no further business, the meeting was adjourned by President Jerry Parrish.
the real world.

Mrs. Knox and Mrs. Webb agreed that most students are really surprised when they find out the price of rent, food, transportation, gasoline and insurance, etc... They also added that many students are motivated by this particular presentation to work really hard in school so that they can go on to college, have a career, and make a decent living some day.

## Cowgirls Finish <br> In Fourth Place At DC Track Meet

The Plains Cowgirls scored 72 points and finished in fourth place behind Denver City with 185 points; Seminole, 121; and Sundown with 81.

Tallying up points for the Cowgirls were the following:

Ogla Ramirez - 1st, 3200 Run with a time of $13: 37.27$; and 2 nd, 800 Run with a time of 2:44.74.

Rhonda Cowart - 1st, 400 Run, 65.92

Kemi Cobb - 4th, 100 M . Hurdles, 18.01

Shandy Willett, Rhonda Cowart, Kemi Cobb and Amy Crutcher - 2nd, 400 M. Relay, 54.56

Kemi Cobb, Jennifer Cowart, Malissa Ramirez and Shandy Willett 800 M. Relay, 4th, 2:02.52

Jennifer Cowart, Shandy Willett, Rhonda Cowart and Amy Crutcher 2nd, 1600 M. Relay, 4:28.06

Coach Edwin Brink stated that he was "extremely pleased with the girls' initial outing. The times were extremely good for the first meet, coupled with the high winds".

## NAPT TESTING

Beginning with the 1991-92 school year the state will have a new achievement test for grades 3-11. The school districts will no longer purchase achievement test from different companies.

In February 1991 the State Board of Education authorized a contract with the Riverside Publishing Company to provide national comparative data for students in grades 3-11. The program established by this contract, The Norm-referenced Assessment Program for Texas (NAPT), is scheduled to continue through the 1994-95 school year. The State Board of Education has also authorized a contract with The Psychological Corporation to provide scoring, reporting, and other related services for these tests.

This year's NAPT test will be administered the week of April 6 . All school districts throughout the state will test at this time.

Sincerely,
Arlon Alexander
Counselor
Plains High School

## Food Preservation Seminar To Be Held At Lubbock SPS

With spring quickly approaching, professional home economists, homemakers and others with an interest in food preservation techniques will want to make plans to attend one of two "Food Preservation Updates", sponsored by the Texas Agricultural Extension Service.

The first program will be held on Thursday and Friday, April 9-10, 1992 at the Southwestern Public Service Reddy Room, located at 1120 Main Street in Lubbock. This training has been designated as an in-service training for professionals. Sessions will begin at 9 a.m. each day, with a one-hour lunch break at noon, and conclude at 4 p.m.

Registration for both days will be $\$ 20$. Included in that cost are the following publications: "So Easy to Preserve", a guidebook from Georgia Extension Service; "Ball Blue Book"; "Kerr Kitchen Cookbook"; and chil and drying food pamphlets.

The second update program will be held on Saturday, April 11, and it will also be held at the SPS Reddy Room. Beginning at 9 a.m., those who attend will be free to go at 3 p.m. The fee for Saturday is only $\$ 10$ and this includes the publications listed above, except the Georgia Extension guide, but order forms will be available. This session is open to the public, so anyone who would like to have the latest information about food preservation should make plans to attend.

Only limited space is available for either of the sessions; therefore, participants must pre-register by March 30, 1992. No registration will be taken at the door. Registration fees are transferable, but not refundable.

To register, contact Joan Chandler, Yoakum County Extension Agent, Home Economics at 456-2263 or contact Lynda Fogerson at the Swisher County Extension Office in


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## Tokio Resident

 Raises 'Big Bird'Tokio residents Royce and Dorothy Kelley, retired from the Tokio Post Office, have turned their retirement years into an exciting new business adventure.

In September 1990, the Kelleys purchased their first emu and confess that the ensuing year was one of learning. Few people are familiar with the gentle, flightless bird from Australia, they explain.

When grown, an emu stands approximately three feet tall and weighs from 125 to 150 pounds. Their long necks allow them to reach over a five foot fence.

Emus lay large green eggs. "You really get excited when you find your first egg," says Dorothy. "And each egg after!" The eggs have an incubation period of 48 to 54 days.

Kelley says an adult pair can be fed for about 50 to 75 cents a day or the cost of keeping "an old cow". A good laying pair can produce 20 to 40 eggs in a laying season.
"With a 65 to 90 percent hatch, it's a lot better than one calf a year and what's really great is when those big green eggs turn into big green bucks," says Kelley.
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