Plaina Libmary
Box 419
Plains, TX 79355



VARSITY VOLLEYBALL GIRLS - front row, Itr, Melissa Green, Sandra Ramos, Kemi Cobb; back row, Coach Charles Cain, Michelle Lowe, Vee Ann Fitzgerald, Leslie Patton,
Rena McElroy, Amy Jones and Jo Lena Powell.


JV VOLLEYBALL TEAM MEMBERS include Lupita Ramos, Darce Pierce, Roseanne Martinez, manager; Lora Luna, Betsy Blair, Ogla Ramirez, Monica Flores, Leslie Gonzales, Brandy Lester, Andrea Salas and Coach Joyce Pierce.


9TH GRADE VOLLEYBALL TEAM, Itr, are Jennifer Cowart, Shandy Willett, Mandi Davis, Rhonda Cowart, Heather Bowlin, Jennifer Day and Eloise Mares.

## Cowgirls Win Championship At Denver City Tournament

The Cowgirls brought home the championship trophy from the Denver City Invitational Volleyball Tournament for the second year in a row last weekend. Rena McElroy paced the Cowgirls with fifteen kills as they rallied from a one game deficit to defeat Lubbock Dunbar 10-15 15-3 15-10 in the championship match Saturday night. Melissa Green led all servers with twelve points. Jo Lena Powell added ten.

They advanced to the tournament by winning two of three matches in pool play Friday. The Sweetwater Mustangs handed the Cowgirls their first loss of the season Friday morning. Rena recorded six points in the 6-15 13-15 match. The Cowgirls bounced back to blitz Monterey 15-4 15-6 and stopped Ft. Davis 15-8 15-3. Melissa led the Cowgirls with five kills and ten service points against the Lady Plainsmen and Sandra Ramos logged twelve points against Ft. Davis.

The Cowgirls came out on top 158 15-6 in their first round of play against Lubbock High Saturday morning. Rena led the attack with seven kills and two blocks and Michelle Lowe and Sandra combined for seven digs. Melissa and Jo Lena ended the match with eight and seven service points respectively.

Avenging their earlier loss to Sweetwater, the Cowgirls advanced to the finals by downing the Mustangs 15-7 15-13. Rena notched nine kills offensively and Leslie Patton, Jo Lena and Rena combined for four blocks.

The Cowgirls, now 10-1, tripped up Snyder 15-13 15-5 in out of town competition Tuesday night. Leslie Patton led all servers with nine points and Rena McElroy put down six kills and recorded two blocks.

The Cowgirls hosted Wink Saturday and will be at home Tuesday, Sept. 11 when they take on Denver City. Ninth grade competition will begin at 5 p.m.

JUNIOR VARSITY - Ogla Ramirez recorded seven points in the JVs' 11-15 2-15 loss to the Snyder JV Tuesday afternoon in the Tiger gym.

The JV returned to Snyder this weekend to compete in the Snyder Junior Varsity Tournament. They will host Denver City Tuesday, Sept. 11. JV competition will follow the 5 p.m. 9 th grade match.

NINTH GRADE - The Snyder Ninth Graders slipped by the Cowgirls 15-9 11-15 15-11 in the Ninth Graders season opener Tuesday afternoon in Snyder. Rhonda Cowart led all servers with thirteen points followed by Eloise Mares with eleven and Heather Bowlin with seven. Mandi Davis, Jennifer Day, Jennifer Cowart and Shandy Willett complete the Ninth Grade squad.

## Services Held

## Tuesday, Sept. 4

 For Hayden BoxServices for Hayden Box, 72, of Plains were held at 10:30 a.m. Tuesday in Sept. 4 in First Baptist Church with the Rev. Ken Horn, pastor, officiating.

Burial was in Plains Cemetery under direction of Brownfield Funeral Home.

Box died Sunday morning at his home.

He was born in Farmersville Sept. 17, 1917 and moved to Yoakum County in 1924. He married Marie Walton on July 29, 1946 in Coleman. He attended school in Moreland Community and in Plains. He served as a medic in the U.S. Army during World War II and had farmed until retiring in 1980. He was a member of the Veterans of Foreign Wars.

Survivors include his wife; two sons, Wayne of Plains and David of Austin; two brothers, Tom of Plains and Leroy of Lovington, N.M.; five grandchildren; and two great-grandchildren.

Pallbearers were Tommy Guy Box, Kelvin Fortner, Joe Hines, Ron Craft, Donnie Maines and Dunk Brian.


This week is the final article in the focus on teenagers, and the problems that they and their parents face in this technological age. Information is taken from articles written by Dr. Thomas C. Barrett, American Association of School Administrators.

Drugs and Alcohol
According to a 1989 study by the National Institute on Drug Abuse, drug use is dropping among U.S. teens. Of the 17,142 high school seniors surveyed:

* 19.7 percent said they used an illicit drug at least once the previous month, down from 21.3 percent in 1988. Of these drugs, teenagers most often mentioned marijuana ( 16.7 percent) and cocaine ( 2.8 percent).
* 71.8 percent, as opposed to 69.2 percent in 1989, said they considered occasional cocaine use very risky.
* 77.2 percent, versus 74 percent in 1988, disapproved of even occasional use of marijuana.
* The percentage of seniors responding that they had consumed alcohol during the 30 days prior to the survey fell from 72 percent in 1980 to 60 percent in 1989. The percentage reporting heavy drinking (having five or more drinks at one time during the prior two weeks) also decreased, from 41 percent in 1983 to 33 percent in 1989.

Though these statistics are encouraging, substance abuse continues to be a major threat to the well-being of teenagers.

Contrary to what many think, it may not be peer pressure that determines if a teen will abuse drugs or alcohol - but rather how he views himself and the world around him, and his ability to find solutions to his problems. For example, as one 17 -year-old girl who became a drug addict at the age of 13 said, "The difference between me and kids who experiment with drugs is that they do it to get high and feel good at times, and I do it all the time to keep from feeling bad." This girl had difficulty coping with life, so she postponed the pain and fear she felt by living in a world of unreality.

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## bal, Denver City Toumey, 1, 94 TBA <br> BIG BURGER SALE!

It may be difficult to determine if a child is using or experimenting with drugs or alcohol, since most young people try to hide this behavior from their parents. If you are concerned about substance abuse, you may want to contact a local mental health center or one of the sources listed in this publication.

As parents, we can also help our teenagers avoid drug and alcohol use in these important ways:

ACT AS A ROLE MODEL. Children learn more from what parents do than what parents tell them.

KEEP WELL-INFORMED. While it isn't necessary to become an expert on drugs, each of us should know some facts - such as the chemicals young people use most frequently and what behaviors they cause. Public libraries, local mental health organizations, and health and drug rehabilitation clinics may be good sources of information. A very informative publication that lists many specific drugs and their effects, signs of drug use and ways parents can help their children, is available from the U.S. Department of Education. This booklet, "Schools Without Drugs" can be ordered by sending your name and address to: Schools Without Drugs, Pueblo, Colorado 81009.

Go Cowboys!! toast, apple juice and milk.

WEDNESDAY - Toast, hash browns, orange juice and milk.

THURSDAY - Waffles, syrup, butter, tomato juice and milk.

FRIDAY - Toast, cereal, pineapple juice and milk.

## LUNCH

MONDAY - Submarine sandwich, French fries w/catsup, lettuce, pickles, chocolate pudding and milk.

TUESDAY - Nachos w/meat and cheese sauce, Spanish rice, lettuce, tomatoes, Blueberry cobbler, crackers and milk.

WEDNESDAY - Hamburgers, lettuce, pickles, potato chips, fruit, chocolate chip cookies and milk.

THURSDAY - Pizza, corn, tossed salad, hot rolls, peanut butter, honey and milk.

FRIDAY - Salisbury steak and gravy, mashed potatoes, green peas, hot rolls, Jell-O and milk.

## SCHOOL EVENTS

MONDAY - Volleyball, Tatum, $\mathrm{H}, 7$ th/8th at 6 p.m. CDT

TUESDAY - Volleyball, Denver City, H, 9th/JV/V at 5 p.m.

THURSDAY - Football, Seagraves, T, JV at 6 p.m.; Football, Seagraves, ?, 7 th/8th scrimmage at 5 p.m.

FRIDAY - Football, Seagraves, H, Varsity at 8 p.m.

SATURDAY - Volleyball, Imperial Tourney, T, Varsity, TBA; Volley-

## SCHOOL MENU

## BREAKFAST

MONDAY - Toast, apricot preserves, grape juice and milk.

TUESDAY - Cinnamon rolls, C.

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Notice is hereby given that the Commissioners' Court of Yoakum County will receive bids until 10:00 a.m. on the 14th day of September, 1990 for not less than four miles of seal coating. Bids are to be received for review by September 14th with action to be taken on September 17, 1990
Bid prices on the seal coating are to be stated per square yard. Additional specifications and volume requirements may be obtained from Precinct 4 Commissioner Johnnie Fitzgerald, Route 1, Plains, Texas 79355 (telephone \#806-456-6525).

Sealed bids should be marked "BID" on the outside of the envelope and delivered or mailed to County Judge Dallas Brewer, P.O. Box 456, Plains, Texas 79355.

Commissioners' Court reserves the right to reject any or all bids. Published in The Plains Pride Sept. 9, 1990

## FOR SALE

FOR SALE: 2 Bedroom Mobile Home, located on $1 / 4$ block lot. Good location. Good price. Call $456-2242$ or 456 8176.

1976 LINCOLN TOWN CAR with 90,000 miles. Very good condition. Call before Sept. 13. (806) 456-5075.

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| $1 \prime$ | $33^{c}$ | $17^{c}$ |
| $11 / 4 \prime$ | $45^{c}$ | $28^{c}$ |
| $11 / 2^{\prime}$, | $52^{c}$ | $35^{c}$ |
| $2 \prime$ | $67^{c}$ | $54^{c}$ |
| $3 \prime$ | $s 1.35$ | $92^{c}$ |
| $4 \prime \prime$ | $s 1.80$ | $s 1.50$ |

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ALTERNATED ENERGY SOURCES
Synthetic fuels offer many potential advantages but there is still one major challenge to overcome the huge initial expense of building commercial size plants. This, coupled with the uncertainty of future prices for gas and oil, makes synthetic fuel plants a relatively risky investment.

LEA COUNTY ELECTRIC COOPERATIVE, INC.

THE PLAINS PRIDE, SEPTEMBER 9, 1990, PAGE


## Yoakum County Hospital <br> Denver City, Texas

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## of <br> James P. Chudleigh, M.D.

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